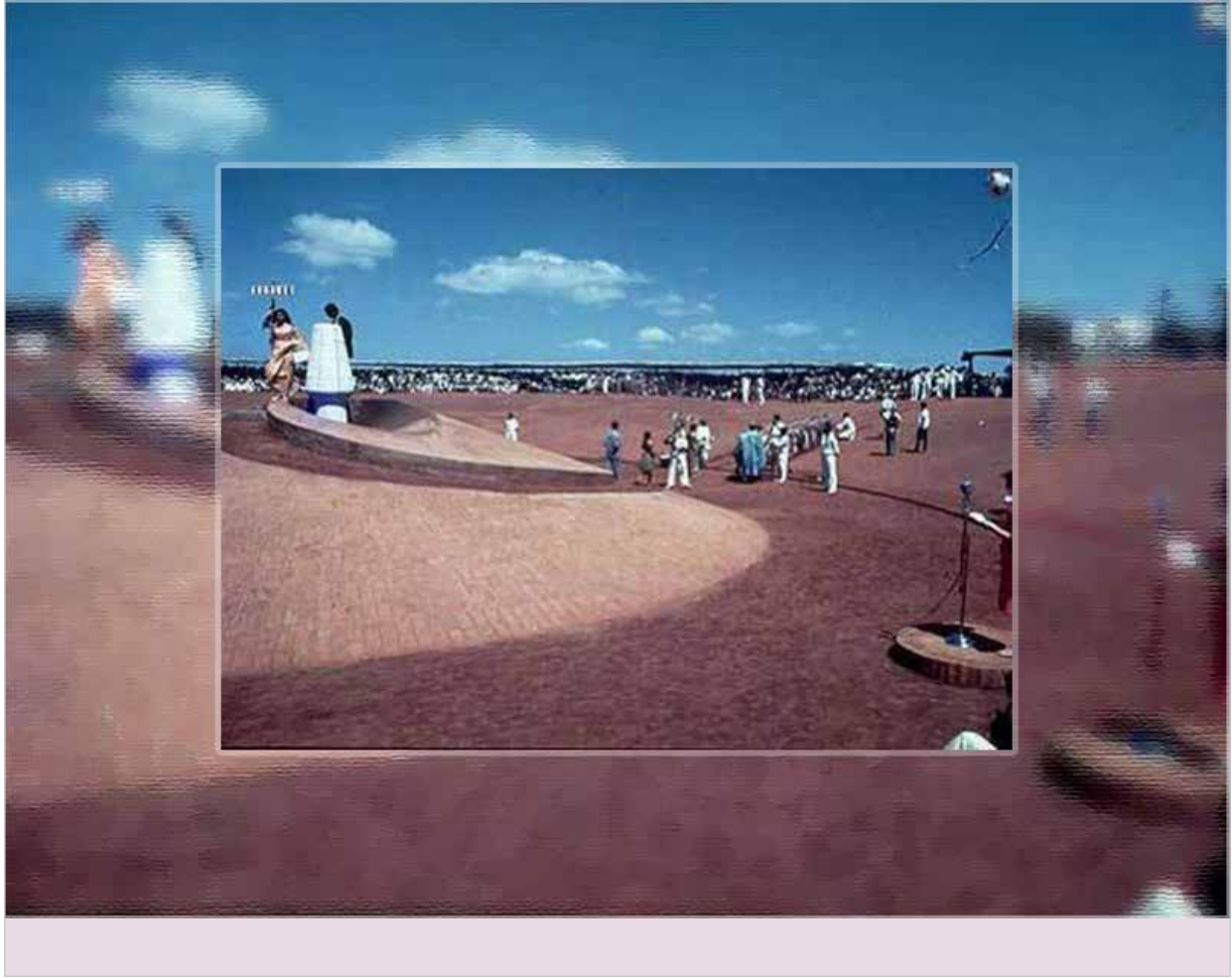




News Notes

#1016 A weekly bulletin for residents of Auroville 29 February 2024



सत्यस्य घोषणं नरिभ्यं भवति

*By the Names of the Lord and hers they shaped and measured the force of the Mother of Light;
wearing might after might of that Force as a robe the lords of Maya shaped out Form in this Being.*

*The Masters of Maya shaped all by His Maya;
the Fathers who have divine vision set Him within as a child that is to be born.*

Rig Veda

Pondering



It is the cryptic verses of the Veda that help us here; for they contain, though concealed, the gospel of the divine and immortal Supermind and through the veil some illuminating flashes come to us. We can see through these utterances the conception of this Supermind as a vastness beyond the ordinary firmaments of our consciousness in which truth of being is luminously one with all that expresses it and assures inevitably truth of vision, formulation, arrangement, word, act and movement and therefore truth also of result of movement, result of action and expression, infallible ordinance or law

*The Supreme Truth-Consciousness,
The Life Divine by Sri Aurobindo*

Contents

PONDERING	1
Emergency Services	4
HOUSE OF MOTHER'S AGENDA	5
Chapter XXVII—The Gnostic Being, The Life Divine	5
COMMUNITY NEWS	6
Passing On	6
The Passing of Shakuntala	6
Dominique Giraud Passes On	6
Awakening Spirit	6
Building Matrimandir, Labour of Love 1971-2008	6
Amphitheatre—Matrimandir, Meditation with Savitri	6
Savitri Bhavan March 2024	7
Exhibitions	7
Films	7
Dream Divine Series	7
Full Moon Gathering	7
Regular Activities	7
The Dream Divine Series:	
Film '36 Years of Research in Auroville'	7
Bases of Yoga—The Mother's Talks	
An Interactive Book Reading Circle	7
Reading Circle of the Human Cycle	7
Brahmanaspati Kshetram	8
Podcast Series by Manoj Pavithran	
based on The Synthesis of Yoga	8
The Om Choir	8
Savitri Satsang By Narad	8
Mudra Chi	8
Arts for Land	8
Art For Land Exhibition	8
Land Fundraisers' Newsletter	9
The Special Month of February 2024	9
Acres For Auroville Flier—February 2024	9
LFAU Letter—February 2024	9
New Land for Auroville—A Record Number	
of New Acres!	9
Thillai—My Life With Auroville, From Inception	
To Information	9
Inspiring Quotes—Two Texts By Sri Aurobindo	9
Donating	9
Education	9
Auroville Library	9
Giving Away Books by Sri Aurobindo,	
The Mother and Their Disciples	9
Talk at the Auroville library:	
Cycling Journey from Delhi to Auroville	9
Weekly Timings	9
Story time At the Auroville Library!	9
Volunteers for the AV Schools Art and Craft Camp	10
'An integral approach to physical education	
for Auroville in the Light of The Mother	
and Sri Aurobindo'	10

International	10
The French Pavilion	10
French Pavilion in partnership with	
Les Baladantes: The Man Who Planted Trees	10
Conference No. 3. How the shape of our society	
shapes our relationship with the invisible.	10
Speech by the outgoing chairman	
of Auroville International	11
For Your Information	11
EcoService Guidelines	11
Health Care	12
Health Fund Pending Bills	12
Santé Services March 2024	12
Working Hours	12
Tests and Sample collection	12
For emergencies	12
Appointment	12
Santé Services Schedule	12
Aurokiya Integral Eye Centre @ Arka	12
Maatram at Arka	12
Aurodent Dental Clinic	12
Animal Care	13
Auroville Dog Shelter	13
Monthly Transparency Report February 2024	13
Festivals	13
Bharat Nivas presents Om Navah Shivaya	
on the occasion of Maha Shivratri	13
Hindustan Vocal Carnatic	13
The Glimpses Of Arthanareeswarar	14
The Arts	14
Le Festival de Littérature Française à Auroville	14
Auroville Harmonies Singing The World:	
Women's Choir Conducted By Antoine	14
Tango Duet Concert	14
From Darkness To Light by Supriya Menon Meneghetti	15
Samsara, Exhibition	15
Feel The Vibe: Music & Dance Performance	15
Concert: An hour of Dance Music	15
Intimate Acoustic Concert	16
Ambiguous by Danasegar S	16
Art Exhibition by Crystal What's in a speck of dust	16
Firehead Soul Liberate Shining in the Dark	16
Books & Cards	16
Weave Lifelines	16
Dance Activities	16
Auroville Tango Activities	16
Tango Dance Class	16
Join Our Bollywood Dance Session	17
Salsa Dance Class	17
Zumba with Preeti	17
Angam Tree	17
LA Style Salsa Dance	17

Music and Art Activities	17
Tanjore Art Classes	17
Light Fish Professional Photography Studio	17
Photo Circle Meets Again	17
Explore WaterColor Techniques	17
Center for Research Education Experience in Visual Arts	18
Hibiscus Art Village Project	18
A Creative Reading and Writing Workshop With Kamal Swaroop	18
Open-Mic Night at Yatra's Artiste Cafe	18
Bansuri (Flute) Group Classes With Michael	18
Sports & Martial Arts	18
Swimming Class	18
Auroville Cyclothon	19
Kshetra Kalari, Aspiration	19
Bharat Nivas presents Kalaripayattu Class in Collaboration with Kalarigram	19
Kalpna Gym	19
Tai Chi Hall Daily Classes	19
Yang Style Tai-Chi 16 Form	19
Abhaya Martial Arts	19
Auroville Aikido Schedule	19
Looking for Volleyball players	20
Bioregion Activities	20
Mohanam March 2024:	
Conscious and Cultural Tour, Workshops & Therapy	20
Tours	20
Make and Take Workshop	20
Classes and Therapies	20
Auroville Bioregion Experience with Mohanam Team	21
Auroville Sunday Tour & Brunch Experience	21
Mohanam School of Art & Music activities	21
Auroville Bioregion Festival Information	21
Thiruvannamalai Eco & Spiritual Services	21
Enlight: Light of Auroville	21
Arts and Crafts Workshops	21
Enlight Tour Activity	21
Fireside Drumming	21
Musical Instruments Workshop	21
Sound Healing	21
Kuilai Creative Center Activities	22
Auroville Bamboo Centre March Program 2024	22
Bamboo Centre Campus Tour	22
Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch	22
Training and workshop	22
Egai: Art of Giving	23
Coconut Shell Craft Workshop	23
Incense Making Workshop	23
Cooking class	23
Nature Activities	23
Conscious Nature Immersion at MahaKali Park	23
Food Forest Tour	23
Edible Weed Walks	23
Help Needed	24
Important Update on Talam Pay!	24
Ceasing Support to Software Services from 1 April, 2024	24

Honorary Voluntary	25
Wellpaper Needs a Volunteer	25
Gau Seva at Sadhana Forest!	25
Volunteering Opportunities @ Language Lab!	25
Taxi Share	25
To Chennai Aairport, 6 March, 7pm	25
Work Opportunities	25
Egai Office Manager Position	25
Quiet Healing Center	
Looking for experienced massage therapists	25
Looking For A Half Day Cook	25
Available	25
Office Space Available	25
Egai Velai Workspace	26
Foods, Goods and Services	26
Forest Pottery	26
Auromode Hive's Open House	26
Dropzy	26
New Waves	26
Free store Opening Times	26
Rupavathi Joy Activities	26
Bio-Region Temple Tour	26
South-Indian Cuisine—Cooking Class	26
Thai Massage	27
Tailoring	27
Latest News from Inside India Travel Shop	27
Auroville Media	27
Aurofilm's Archives:	
The First Auroville Singing Festival	27
Auroville Radio:	
Last published podcasts:	27
Poetry	27
Fog	27
O God!	27
Voices and Notes	27
Mandala	27
A New India is Arising	28
Languages	28
News From Auroville Language Lab	28
3rd ALL Open House!	28
Conversation Practice sessions	28
Our first full-length publication	28
Something New: Evening Programs!	29
Current Schedule of Classes	29
Looking for	29
Help Integrate People! program	29
The Language Lab is open	29
Classes, Workshops & Healing Arts	29
Shiatsu	29
Authentic Movement, Life/Art process, Danse du sensible & Sensorimotor drawing	30
Sitara and Munay-Ki Yoga School	30
Chakra Yoga Meditation Sound Initiation	30
Reconnecting with your Inner Cycle	30
Mindful Monday	30
Acro Yoga	30
Awareness Through the Body Intro	31

Body in Light, Life in Light: Energy Healing Workshop _____	31
Yoga Classes in Bharat Nivas _____	31
Yoga with Rachel _____	31
Detox your Mind & Breathe, Heal your Body _____	31
Authentic Relating Workshops _____	32
Auromode Yoga Space March 2024 Schedule _____	32
Vinyasa flow with Bala _____	32
Mobility with Karalakattai _____	32
Arka Wellness Center & Multipurpose Hall _____	32
Treatments _____	32
Classes _____	32
Angam Tree Traditional Massage Therapy Classes _____	32
Wellness Wood Products _____	33
Karakattai _____	33
Therapies _____	33
Sound Healing Therapy _____	33
Massage Therapy _____	33
Dance Movement Therapy _____	33
Student Internship Program: Traditional Bodywork _____	33
Beautiful Sounds _____	33
Traditional Mantra and Stotra Classes _____	34
Women's Circle _____	34
Pitanga Program March 2024 _____	34
Drop-In Classes _____	34
Youth activities _____	35
Healing Space _____	35
New Activities _____	35
Surya Namaskar with Aadhithya _____	35
New Yoga classes with Rachel _____	35
Verité Programs March 2024 _____	35
Yoga & Re-creation Programs _____	35
Workshops (pre-registration required) _____	36
Therapies (by appointment only) _____	36
Verité Workshops Pre-registration required _____	36
Sivananda Yoga: Masterclass with Mani _____	36
Food is Medicine—Lifestyle Health Practice with Parvathi _____	36
Awareness Through the Body Exploration with Amir _____	36
Holistic Approach to Ayurvedic Lifestyle with Dr. Geeta _____	36
Introduction to Traditional Thai Yoga Massage (Nuad Boran) with Andres _____	36
Face & Eye Yoga: Face your Self with Mamta _____	36
Cinema _____	38
Cinema Paradiso _____	37
Film Program 4 March to 10 March 2024 _____	37
Eco Film Club _____	38
Schedule of Events _____	38
The Lost Elephants of Timbuktu _____	38
Aurofilm Presents _____	38
At Multi Media Centre Auditorium (MMC, Town Hall) _____	38
Accessible Auroville Public Bus _____	38
Bus passes _____	38

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7): 108

News & Notes Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in

Editors' Note



Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery is rain on Friday.

Light and Peace, Roy and AgniJata

House of Mother's Agenda



Chapter XXVII—The Gnostic Being, The Life Divine

(continued from two weeks ago)

A supramental gnostic individual will be a spiritual Person, but not a personality in the sense of a pattern of being marked out by a settled combination of fixed qualities, a determined character; he cannot be that since he is a conscious expression of the universal and the transcendent. But neither can his being be a capricious impersonal flux throwing up at random waves of various form, waves of personality as it pours through Time. Something like this may be felt in men who have no strong centralising Person in their depths but act from a sort of confused multipersonality according to whatever element in them becomes prominent at the time; but the gnostic consciousness is a consciousness of harmony and self-knowledge and self-mastery and would not present such a disorder. There are, indeed, varying notions of what constitutes personality and what constitutes character. In one view personality is regarded as a fixed structure of recognisable qualities expressing a power of being; but another idea distinguishes personality and character, personality as a flux of self-expressive or sensitive and responsive being, character as a formed fixity of Nature's structure. But flux of nature and fixity of nature are two aspects of being neither of which, nor indeed both together, can be a definition of personality. For in all men there is a double element, the unformed though limited flux of being or Nature out of which personality is fashioned and the personal formation out of that flux. The formation may become rigid and ossify or it may remain sufficiently plastic to change constantly and develop; but it develops out of the formative flux, by a modification or enlargement or remoulding of the personality, not, ordinarily, by an abolition of the formation already made and the substitution of a new form of being,—this can only occur in an abnormal turn or a supernormal conversion. But besides this flux and this fixity there is also a third and occult element, the Person behind of whom the personality is a self-expression; the Person puts forward the personality as his role, character, persona, in the present act of his long drama of manifested existence. But the Person is larger than his personality, and it may happen that this inner largeness overflows into the surface formation; the result is a self-expression of being which can no longer be described by fixed qualities, normalities of mood, exact lineaments, or marked out by any structural limits. But neither is it a mere indistinguishable, quite amorphous and unseizable flux: though its acts of nature can be characterised but not itself, still it can be distinctively felt, followed in its action, it can be recognised, though it cannot easily be described; for it is a power of being rather than a structure. The ordinary restricted personality can be grasped by a description of the characters stamped on its life and thought and action, its very definite surface building and expression of self; even if we may miss whatever was not so expressed, that might seem to detract little from the general adequacy of our understanding, because the element missed is usually little more than an amorphous raw material, part of the flux, not used to form a significant part of the personality. But such a description would be pitifully inadequate to express the Person when its Power of Self within manifests more amply and puts forward its hidden daemonic force

in the surface composition and the life. We feel ourselves in presence of a light of consciousness, a potency, a sea of energy, can distinguish and describe its free waves of action and quality, but not fix itself; and yet there is an impression of personality, the presence of a powerful being, a strong, high or beautiful recognisable Someone, a Person, not a limited creature of Nature but a Self or Soul, a Purusha. The gnostic Individual would be such an inner Person unveiled, occupying both the depths—no longer self-hidden—and the surface in a unified self-awareness; he would not be a surface personality partly expressive of a larger secret being, he would be not the wave but the ocean: he would be the Purusha, the inner conscious Existence self-revealed, and would have no need of a carved expressive mask or persona.

This, then, would be the nature of the gnostic Person, an infinite and universal being revealing—or, to our mental ignorance, suggesting—its eternal self through the significant form and expressive power of an individual and temporal self-manifestation. But the individual nature-manifestation, whether strong and distinct in outline or multitudinous and protean but still harmonic, would be there as an index of the being, not as the whole being: that would be felt behind, recognisable but indefinable, infinite. The consciousness also of the gnostic Person would be an infinite consciousness throwing up forms of self-expression, but aware always of its unbound infinity and universality and conveying the power and sense of its infinity and universality even in the finiteness of the expression,—by which, moreover, it would not be bound in the next movement of farther self-revelation. But this would still not be an unregulated unrecognizable flux but a process of self-revelation making visible the inherent truth of its powers of existence according to the harmonic law natural to all manifestations of the Infinite.

(to be continued next week)

Chapter XXVII—The Gnostic Being
The Life Divine by Sri Aurobindo

Pages 1029-1032

https://sri-aurobindo.co.in/workings/sa/37_21_22/the_life_divine_21_22.pdf

With love and gratitude,
Gangalakshmi (HOMA)



Community News

Matrimandir News



In her glorious kingdom of eternal light
All-ruler, ruled by none, the Truth supreme,
Omnipotent, omniscient and alone,
In a golden country keeps her measureless house;
In its corridor she hears the tread that comes
Out of the Unmanifest never to return
Till the Unknown is known and seen by men.
Sri Aurobindo

Passing On

THE PASSING OF SHAKUNTALA

With a heavy heart we inform family, neighbors and friends, of the passing of our dear Shakuntala Patel, 78, at her residence in Swayam.

Born in Nairobi, Kenya, Shakuntala came to Pondicherry and Auroville in the early 70s and spent many years here. After ups & downs in life, she rejoined Auroville in the early 90s and settled in Djaima & then Swayam.

Her personality was a unique one, that of a free spirited soul, that lived life on her own terms. Only those close to her became aware of her in-depth studies of the works of Sri Aurobindo and The Mother as she preferred an inward, secluded life. Though inclined to a quiet, peaceful existence, she kept herself updated with the world events, Auroville happenings etc, occasional pottery sessions, visits to friends, cycling, walking, or driving around. She and her family have contributed and supported Auroville and individuals within the community over the years though she preferred never to talk about it.

Her eccentric nature and very few friends, lead her to spend most of her time quietly on her own though she made friends easily. She traveled to Gujarat regularly taking care of her ancestral home over many years. She visited her family in London UK and remained a British Indian.

We celebrate the life of our dear friend which she lived on her own terms, and who left just as quietly, by herself. Her smile, courage, frankness and free spirited life will be always with us as her remembrance and eternal presence on Auroville soil, in Sri Aurobindo and The Mother's Light! May her soul rest in peace in the vicinity of the Divine Light. Auroville bids adieu to another of its gems.

Farewell. My friend, Shakuntala Patel! May you find your Peace in the Infinite Journeys ahead, to the Light! **Dharmesh**



DOMINIQUE GIRAUD PASSES ON

This is to inform the community that Dominique Giraud has passed away on the night of the 22 to 23 February 2024 in her sleep. She was visiting her family in Auroville: her son Olivier, his wife Rima and their two children Pia and Ami. She was 77 years old.

This was her fourth stay in Auroville, a place she considered her second home....She chose to make it her final resting place.

As the Little Prince said: 'Where I'm going, you understand, it's too far away, I can't take this body....'

'We will miss her dearly but we are eternally grateful to her for choosing us...her grandchildren - Pia and Ami call her 'Mamifique', we call her 'Maman', Dominique or Domirani, it depends...'

'A laughing star is added to the firmament.

Lisa

Awakening Spirit

BUILDING MATRIMANDIR

Labour of Love 1971-2008

Monday, 4 March 2024, 4pm at Savitri Bhavan.



Duration: 52min.

This impressive and touching documentary on building the Matrimandir shows archival footage of the early stages of the construction and the Foundation Stone ceremony, gives a more comprehensive coverage of the final stages of this Divine project, and includes interviews with some of the builders.

The construction of Matrimandir represents a special aspect of the growth of Auroville and its soul.

On 14 August 1970, the Mother gave the following message: 'The Matrimandir wants to be the symbol of the Divine's answer to man's aspiration for perfection. Union with the Divine manifesting in a progressive human unity.' She added: 'The Matrimandir wants to be the symbol of the Universal Mother according to Sri Aurobindo's teaching.'

The Foundation Stone of the Matrimandir was laid on the Mother's birthday on 21 February 1971. On that day, the Mother's message was: 'Let the Matrimandir be the living symbol of Auroville's aspiration for the Divine.'

The two DVD editions of the film in three languages (English, Hindi, Tamil) and in eight languages (Dutch, English, French, German, Italian, Lithuanian, Portuguese, Spanish) published by Auroville Video Production in 2008 are available for a donation at the Matrimandir.

- The English version can also be seen on the [AuroMaa channel](#) and [YouTube](#)

Submitted by Margrit

AMPHITHEATRE—MATRIMANDIR

Every Thursday at Sunset (weather permitting)

5:30—6pm

Meditation with Savitri

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil



Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

Reminder to all: the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

- Dear Guests, please carry your Guest Card with you
- Access only for the Amphitheatre from 5:15pm and for the meditation time.

Surya for Amphitheatre Team

SAVITRI BHAVAN

March 2024



Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall. A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

Films

Mondays at 4pm in the Sangam Hall

- **March 4:** Building Matrimandir—Labour of Love 1971-2008. The Matrimandir is the soul of Auroville; the documentary shows the dedicated work and construction. Duration: 52min.
- **March 11:** Meditations on Savitri, Book 1—Canto 3: The Yoga of the King: The Yoga of the Soul's Release. This film is about the yoga of King Aswapati. Aswapati's soul is liberated from Ignorance and his mind and body are transformed which enables him to draw the energies that can transmute humanity. Duration: 29min.
- **March 18:** The Traveller and The Worlds, Part One of Sri Aurobindo's Savitri. In this lecture Shraddhavan considers three main points: 1. The Traveller, Aswapati—who is he? 2. A brief look at the Worlds through which he passes on his quest. 3. The significance of this journey in his unique poetic masterwork. Duration: 63min.
- **March 25:** How the Mother's Inner Quest brought Her to Sri Aurobindo. A talk by Lopa given at the Sri Aurobindo Ashram about the Mother's psychological, spiritual and occult experiences and those of Sri Aurobindo and their meeting on 29 March 1914 in Pondicherry. Duration: 51min.

Dream Divine Series

- Weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to guide newcomers to understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

Full Moon Gathering

- Sunday, 24 March, 7:15—8:15pm in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30–12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30—5:30pm:** Mudra-chi led by Anandi
- **Tuesdays 5:30—6:30pm:** OM Choir led by Narad
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays 10am:** Bases of Yoga—An interactive book reading circle
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi

- Exhibitions, Main Building and Office are open Monday to Saturday 9—5
- Library and Digital Library is open Monday to Friday 9—5

Dhanalakshmi
for Savitri Bhavan Team

THE DREAM DIVINE SERIES

Film '36 Years of Research in Auroville'



**Wednesday, 6 March, at 4:30pm @ Sangam Hall,
Savitri Bhavan,**

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to introduce newcomers to the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and The Mother and the Integral Yoga. There will be a weekly session every Wednesday 4.30-5.30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Everyone is welcome

Dhanalakshmi for Savitri Bhavan

BASES OF YOGA—THE MOTHER'S TALKS An Interactive Book Reading Circle



Every Saturday, 10—11am

'One must truly say, Yes I want to progress with sincerity ... whatever happens, I want to progress. Then it comes'. The Mother

During September 1954—May 1955, the Mother took up Sri Aurobindo's book 'Bases of Yoga' in her Wednesday classes for comments and answers to questions. In this reading circle we will explore those powerful and transformative words expressed by the beloved Mother, to understand the meaning of 'Yoga' and how we can adopt the teaching in our daily life (This Book is part of collected works Vols. 6 and 7).

- Free for all. Join us every Saturday 10—11am

Venue: Garden Room, Savitri Bhavan

For more details, contact Debashish, 7678208825 WA, b.deb253@gmail.com

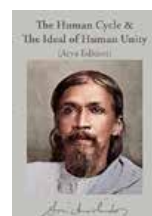
Dhanalakshmi
for Savitri Bhavan Team

READING CIRCLE of the Human Cycle

Starting a discussion group on The Human Cycle by Sri Aurobindo.


If you'd like to join and participate, contact me on +380678392683, phone or WA.

Leonid Shokh



BRAHMANASPATI KSHETRAM

Calendar of regular events of March 2024



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

*To my dear little child
Live only for the Divine*

Calendar of regular events of March 2024


Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

14th & 28th Thursday 6:30 - 7.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

24th, Sunday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

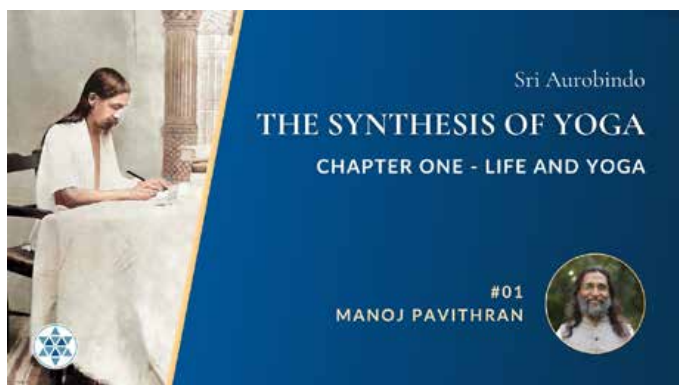
No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

Location


kshetram2014@auroville.org.in

Submitted by Rajan

PODCAST SERIES BY MANOJ PAVITHRAN based on The Synthesis of Yoga



I am very happy to offer a podcast series exploring Sri Aurobindo's book, The Synthesis of Yoga.

The first episode was released on 21 February 2024

• Here is the link: <https://youtu.be/BZ4lCvHt5y0>.

It is available on my YouTube Channel, Evolution Fast-forward.

Weekly episodes will be released on Wednesdays at 6 am.
If you wish to receive notifications regarding new episode releases, please subscribe to my YouTube channel:

• <https://www.youtube.com/@EvolutionFast-forward>.

I will be happy to receive your feedback so that I can refine and improve this series.

Manoj, Purnam,
manoj@auroville.org.in

THE OM CHOIR

5:30—6:30pm, Tuesdays @ Savitri Bhavan

All are welcome to join with Narad and the choir to explore the sound of OM in an aspiration for collective harmony and transformation for ourselves, humanity and the Earth.

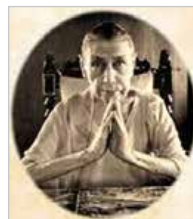
Noel Parent

SAVITRI SATSANG BY NARAD

Wednesdays, 6:30pm @ Kalpana

Savitri reading by Narad on Wednesdayss at 6:30pm in alpana Community @ E1-2B, East Block, 1st Floor (above the parking area). Cordially inviting you all.

William



MUDRA CHI

We have our classes

- on Tuesdays at 4:30pm
@ Savitri Bhavan
- Facilitator Anandi Ayun


Everybody Welcome!

Anandi


Arts for Land

ART FOR LAND EXHIBITION

4 February—5 April @ Unity Pavilion



Art for Land
Art Exhibition



Unity Pavilion
Opening on 4th Feb 2024, at 5pm
Exhibition will be on 4th February - 5th April

Over a hundred artists have generously donated their creations to Art for Land whose sale proceeds are dedicated for land purchase via the Acres for Auroville campaign. The new current exhibition at UPAV is a most beautiful one—devoted to the theme of 'Dhyanam' (Contemplation), with works of a great variety of styles.

All are for viewing, and for sale—either at the Unity Pavilion or online!

• <https://land.auroville.org/a4l-exhibition-february-april-2024/>

Mandakini

LAND FUNDRAISERS' NEWSLETTER

The Special Month of February 2024

This February holds three dates that are the reason why we call this our 'special month' newsletter—February 21, 28 and 29. Honoring the energy of these special days, we present six articles of information & inspiration—one of which shares the life journey of Auroville pioneer Thillai Ganapathi, and one which announces land consolidation in the last months of 2023.

We encourage you to explore our bulletin that shares the spirit that builds Auroville, and we sincerely thank all the land donors who make land progress possible !

- <https://land.auroville.org/a4a-february-2024-newsletter/>

Acres For Auroville Flier—February 2024

Central to the deep meaning of Auroville is the existence of the Matrimandir—fruit of decades of devotion by so many, and a spiritual magnet for everyone. Recently, three people of different experiences spoke about the effect of the Matrimandir upon them. Our flier shares the deep feelings they expressed.



- And Version Française en pdf ...Tamil version in pdf: <https://land.auroville.org/a4a-flier-21-february-2024/>

LFAU Letter—February 2024

The 29th will be the 26th anniversary of the Supramental descent, and the day before will be the 56th anniversary of Auroville's inauguration. Everywhere, we see the acceleration of change in human life, shaking up our notions, breaking structures down, making way for something new. What this 'new' will be depends a lot on us.

- And Version Française en pdf ...Tamil version in pdf: <https://land.auroville.org/lfauletter-2128-february-2024/>

New Land for Auroville—A Record Number of New Acres!

In November and December 2023, 20 new plots totalling 19.4 acres were acquired for consolidating Auroville's Master Plan area via purchase and exchange. These plots are located



in 10 central parts of the City and in 6 key Greenbelt farms and nature preserves. This brings the total of previously-missing land added in 2023 to 26.07 new acres—a record increase for land consolidation!

- <https://land.auroville.org/new-land-for-av-acquired-nov-dec23/>

Thillai—My Life With Auroville, From Inception To Information

AV pioneer Thillai Ganapathi was born five kilometers from Auroville, and at age nine, walked to attend Auroville's 1968 Inauguration ceremony. After his Master's degree, he and his wife Kalai joined Auroville as teachers at New Creation school. Thillai has served on many AV committees, and notably as a translator for Tamil books and texts. His family counts 3 generations in Auroville. In Tamil & English.



- <https://land.auroville.org/thillai-inception-to-information/>

Inspiring Quotes—Two Texts By Sri Aurobindo

Here is soul nourishment for our individual and collective paths. The first text is from 'The Divine and Undivine'—and the second is the conclusion of 'Man, A Transitional Being' (began in our last issue). The common theme is who we are and who we may become. We end with The Mother's words: 'The more we concentrate on the goal, the more it blossoms forth and becomes precise'.

- <https://land.auroville.org/inspiring-quotes-sri-aurobindo-2/>

Land prices continue to rise and donations are the only source for Auroville's still-needed consolidation! We thank you all for your solidarity & support!

Donating

- <https://land.auroville.org/new-banking-information/> & www.land.auroville.org
- Contact: lfau@auroville.org.in +91 413 2622657

Acres for Auroville is a collaboration of Auroville International & Lands for Auroville Unified Mandakini

Education

AUROVILLE LIBRARY

Giving Away Books by Sri Aurobindo, The Mother and Their Disciples

Dear community, Auroville Library will be giving away books by Sri Aurobindo, The Mother and their disciples from February 21st through (at least) March 2nd. Most are in English and French, with a few in other languages. Also available will be books about Auroville. Please pass by during our opening hours to have a look.



If you have some related books at home that you would like to pass on to others, welcome to add them to our giveaway.

Talk at the Auroville library: Cycling Journey from Delhi to Auroville

- Saturday, 2 March, 5—6:30pm

Deepa will share her cycling journey from Delhi—Auroville during the pandemic without phone, money, tent, map, compass, watch..



Deepa, is the founder of (inter) nationally acclaimed alternative initiatives in: gift culture, zero waste lifestyle, minimalism, slow travel, flow funds, reclaiming your food one pot at a time, living a self designed—intentional—deschooled life etc. For the last decade she has been exploring spirituality through various mediums. The last 1.3 years were spent traveling through Brazil and Germany sharing these experiences—अनुभव, rooted in lived practices in daily life. She is in India now, living nomadically with whoever invites her, expanding her definition of home, friends and family. More about her skill set—work—life—travels. All Welcome! Kathrin

Weekly Timings

- Mornings: Monday—Saturday, 9am—12:30pm
- Afternoons: Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

Story time At the Auroville Library!

Every Saturday, 10—11am: Children's storytime.

- Contact: 0413 2622894, avlib@auroville.org.in.

Kristen, for the Auroville Library

VOLUNTEERS

for the AV Schools Art and Craft Camp

'The mind is profoundly influenced by what it sees and, if the eye is trained from the days of childhood to the contemplation and understanding of beauty, harmony and just arrangement in line and colour, the tastes, habits and character will be insensibly trained to follow a similar law of beauty, harmony and just arrangement in the life of adult man.'

'But beyond and above this intellectual utility of Art, there is a highest use, the noblest of all, its service to the growth of spirituality in the race.'

Sri Aurobindo on Arts

Dear Community, we are delighted to announce an upcoming Auroville Schools Arts and Crafts Camp for over 800 students. The highlight of this event is also the fact that more than 20 teachers from all our schools have come together over the last month to organise this three day event which promises an immersive experience for each student. The camp will offer activities like painting, clay modeling, paper craft, art and craft modeling, cyanotype, carpentry and more.

We are seeking support from the community and friends to make this event a memorable experience. We need enthusiastic volunteers who would like to assist the teachers in holding these creative spaces during the three days of the camp. We are looking for a minimum of 3 and max 5 days of commitment between 9th-15th March 2024.

Whether you are an experienced artist or simply enjoy working with children, your time and dedication will make a meaningful difference. If you are passionate about art and education write to us at saiier@auroville.org.in with the **subject line** 'Interested in Volunteering for the AV Schools Art and Craft Camp'

Nilima

'AN INTEGRAL APPROACH TO PHYSICAL EDUCATION for Auroville in the Light of The Mother and Sri Aurobindo'

'We are not here to do (only a little better) what the others do. We are here to do what the others cannot do because they do not have the idea that it can be done. We are here to open the way of the Future to children who belong to the Future. Anything else is not worth the trouble and not worthy of Sri Aurobindo's help.'

The Mother, 6 September 1961

Dear Community, we are delighted to announce an upcoming workshop titled 'An integral approach to physical education for Auroville in the Light of The Mother and Sri Aurobindo' for all individuals associated with physical education, physical fitness training, and sports in Auroville.

The above words of The Mother are the first words of the SAIER policy. Drawing inspiration from it, we offer the workshop:

**Saturday, 16 March, 9:30am—12:30pm
@ SAWCHU, Bharat Nivas**

Key Topics to be Covered

1. Understanding the Integral Approach to Physical Education
2. Understanding the Need of Integrating Physical Education with Scientific and Academic Curriculum
3. Introduction to a 1 year Training Program for PE Teachers and Facilitators of Auroville.

The workshop will also be a shared platform for us to come together and share ideas and thoughts to pave the way forward for a new, promising and evolved shift in our approach to physical education in Auroville.

We invite all physical education instructors, sports coaches, fitness trainers, educators, and anyone passionate about promoting holistic well-being through physical activities to join us for this enriching workshop.

- To register kindly fill the google form:
<https://docs.google.com/forms/d/19eJ8VMs5dt3xoKgqt6HFQSNAClxXOOhmk9WCF7KSo0/edit> Nilima

International

THE FRENCH PAVILION

French Pavilion in partnership with Les Baladantes: The Man Who Planted Trees

- Sunday, 3 March, 6pm @ The French Pavilion



The French Pavilion in partnership with Les Baladantes is happy to invite you for a film and a reading-sharing of texts around 'The Man Who Planted Trees' by Jean Giono

The Man Who Planted Trees is a short story written in 1953 by the French writer Jean Giono to 'make people love planting trees', in his own words. The story conveys many messages, particularly ecological and humanist ones. The story of Elzéard Bouffier is often considered a parable of the positive action that man can have on his environment and the harmony that ensue. The short story is also an ode to work, to stubbornness, to patience, to humility, and to rurality.

During this evening, we will read together texts by Jean Giono and texts about nature, then we will watch the film 'The Man Who Planted Trees' (30 min, French with English subtitles) by Frédéric Back, narrated by Philippe Noiret. You are welcome to bring and share texts that you like around the themes of this book. We will read some extracts together after watching the film.

Conference No. 3. How the shape of our society shapes our relationship with the invisible.

- Wednesday, 6 March, 5pm @ the French Pavilion.

The French Pavilion continues its series of conferences on the relationships between spirituality and social life.

- **Lecture by Mazen**, professor of philosophy. In French

In this lecture, Mazen will address the question of spirituality from the point of view of social organization. How any society in its organization constitutes a certain shaping of the links between the visible (the world of the senses) and the invisible (the spiritual), between the One and the Many.

What about the way in which societies seek the unity of the social body on these two levels of the visible and the invisible? How can a critical analysis of societies open up avenues on how to articulate spirituality and social life in the service of human unity?

Mazen is a professor of philosophy. He currently teaches at the National Institute for Young Blind People (INJA) in Paris, and is a trainer at the Valentin Haüy association. Born in Lebanon, at the junction of cultures and religions, his search for the link between religion and society has been a long-standing field of inquiry for him. The conference will be given in French.

Vivekan

SPEECH BY THE OUTGOING CHAIRMAN of Auroville International

at AVI's general meeting in Auroville on 24 February
(personal reflections)

Vanakkam, Bonjour, Namaste, Good afternoon, thank you for your presence, much appreciated. As former Chairman of the AVI Board, I am pleased to hand over to a person of competence, integrity and moderation, John Mulrey, new interim Chairman of the Board elected unanimously by its members. If I may give him one word of advice, it's to always keep things in moderation. Spectacular and impulsive actions achieve nothing and are counter-productive. That's what most of the Aurovilians we've met over the past few days have told us. Many of them are saying they've realized that fighting a powerful machine is useless, exhausting and inevitably leads to backfires. Having moved beyond this stage of confrontation, they are now concentrating on their work, done with awareness, confidence and—why not—also joy, and come what may...

The highest quality of John is that he doesn't impose his ideas, but he knows how to induce discipline. I hope I'm not revealing any highly confidential information, but from the very first day of our Board's meetings we had this week in Auroville, people were speaking up while waiting their turn. What a miracle! What I hadn't been able to achieve in four years, in other words, correct habits dating back many years, John was able to do it in half a day! I confess that establishing discipline is not one of my first qualities, but I'm working on it, maybe for a future life...

It should yet be remembered that discipline was very important for Mother. A few weeks ago at the Pavillon de France, we had an excellent talk given by Rémy Astruc on the subject of Divine Anarchy, of which Mother had a vision for the Auroville ideal of governance. The most important point to arise was that there can be no divine anarchy without discipline—external discipline, of course, but above all the discipline of always referring to the inner guide, of connecting everything to the Divine in the heart, of listening to and visualizing Mother's inner voice and gaze in all daily actions and community decisions.

Lack of discipline is also what has been reproached to Aurovilians over the past decades, and what serves as justification for the authorities in place to 'realign' Auroville, to use their special vocabulary. Certainly, mistakes have been made in the past, and new mistakes are being made today, just as other mistakes will be made in the future. Humanity is a perfectible soil, and it's well known that it's by learning from our mistakes that we can progress, both individually and collectively.

In a text proposed a few weeks ago, which some of you may have read, I developed several hypotheses concerning Auroville's future, based on some rumors that were circulating. There's another one that we're hearing more and more among residents, which could be called the Diaspora Mirage (or the Tibetan example). According to this scenario, Auroville would soon no longer exist as such, and Aurovilians would all leave for other parts of the world, spreading the spirit of Auroville, in much the same way as the Tibetans spread Tibetan spirituality and culture across the planet after the Chinese invaded their country.

In my opinion, this is a very unfortunate roadmap, and above all, a great illusion. Auroville cannot be located anywhere but on the sacred and spiritual soil of India. Other Aurovilles may spring up around the world in the future, but not before this unique and primordial Auroville, as Mother intended, has reached full maturity. Yes, we can understand and respect the lassitude that several are feeling at the moment, but as a member of Auroville International and Chairman of Auroville Canada, I encourage Aurovilians, as far as it's legally possible to do it, to stay, to hold on, despite all the blows and setbacks. And Auroville International will always be at their side through all storms and adverse winds.

To conclude, I'd like to read you a few extracts from the recent book by Goupi, an Aurovilian from the very beginning, and the man who carried the Canada-Quebec ban-

ner at the inauguration of Auroville on February 28, 1968: 'The Earth is changing, moving into another stage. It's opening up. There's everything that says: 'Why not something else? To move on to something else... means... to go towards something that resembles nothing we know, nothing we believe... And the beauty of it is that we don't know what comes ahead... We need to empty ourselves to let the light shine through and manifest joy. Let's be that Joy. Let's feel within us, at the center of us, that Being who has kept in touch with what brought him here, and who knows that it can be otherwise. Let's connect. Let's reconnect.

The difficult times that Auroville has been going through since December 2021 may be happening precisely because we still have things to learn, or have forgotten some of them. When we sometimes wander too far from the path, the blow is stronger. Nothing happens by accident. In reality, these not-so-positive moments allow us to step out into something larger... There are down here no superior beings who hold the truth. Opposing the pros and cons is pointless... We're going to have to get through this collectively...'

**Christian Feuillette, AVI Board's member
(ex-AVI Board's chairman), AVI Canada's chairman
Om Namo Bhagavate**

For Your Information

ECOSERVICE GUIDELINES

Greetings from the Ecoservice. We would like to bring a few things to the notice of all members of the community.

Landfill

One of the main attempts in Auroville regarding waste management is to reduce and gradually eliminate landfill. We are aware that it is a long road to get there but we constantly try. However, in the past few months we have noticed a substantial increase in the amount of Landfill and a big part of it is unclean and unwashed plastic, jars and bottles. We therefore insist that all food containers be it plastic or glass bottles, cups, and jars etc. are rinsed before disposal.

The cleaner everyone keeps the waste the more effective the segregation can be done at our end. Without that little yet most important support from every individual the Eco Service cannot do its part effectively.

At present about 25% of our waste still ends up in Landfill, let us work together to bring this as close to nil as possible.

Electronics and E-Waste.

Please do not dispose of your E-Waste in the waste bins, rather bring them to our facility directly.

Mattresses, Pillow

To reiterate—we do not pick Mattresses, Pillows and Ceramics. Please do not put ceramics along with Glass. Ceramics are best crushed and buried. Similarly, the mattresses that have jute /coir can be used for mulching.

Clothes.

Please dispose of only those clothes or fabrics in the waste bin that are absolutely unusable. Old clothes still wearable ought to be sent to Free Store or cotton ones to either Puncture Service or any motor vehicle mechanics of your preference as they constantly need 'tuni' for their work.

Cash Tips

It has also been brought to our notice by a few residents that the Eco Service pick up staff sometimes ask for 'bonus' or 'tips'. We request everyone to not support or encourage this practice. Please do not give any cash to our team members and please do bring to our notice any such demands if made.

Sumit and B for Eco Service



Health Care

HEALTH FUND PENDING BILLS

Dear Health Fund Members, the end of the financial year is approaching and we kindly request you to check if you have any medical bills from April 2023 onwards.



We need to receive those bills in/before March of this year in order to process/refund them. Any of those bills received/deposited later than March of this year will not be refunded/processed!

Please check and deposit them at Sante or Health Centre in the respective bill boxes.

Stefan
for Health Fund Team



March 2024

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr.Senthil: Monday to Friday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Tuesday/ Wednesday /Friday	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/Saturday
Integrative Psychotherapy with Juan Andres: Monday to Friday	Physiotherapy with Arun & Rebeca(tos): Monday to Saturday
Functional Medicine with Lize: Wednesday & Friday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email adminsante@auroville.org.in	Physiotherapy & Massage with Galina: Monday to Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha
for Sante Services,
sante@auroville.org.in,
<http://sante.auroville.org.in>

AUROKIYA INTEGRAL EYE CENTRE

@ Arka

Working Hours: Monday—Saturday, 9am—5:30pm

Services Provided

- First aid services, including conjunctivitis, corneal abrasion and ulcers, trauma, and foreign bodies
- Comprehensive eye examination with advance technology
- Dispensation of glasses and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind eye hospital for surgeries and procedures
- Natural eye healing sessions (eye exercises, eye yoga, and vision therapy)
- Outreach: Screening camps and eye health education (Schools, Workplaces and Villages)



Contact: aurokiya@auroville.org.in; aurokiya@gmail.com,
WA/ Mobile: 8012305151.

Aurosugan,
www.aurokiya.com

MAATRAM AT ARKA

All sessions and activities of Maatram that were occurring at Mitra hostel now take place in our space at Arka. We provide consultation with professionals trained in Psychiatry, Clinical Psychology, Neuro/Bio feedback therapy, Integral eye movement therapy, NLP, EMDR, Art therapy, self-work with clay etc



Therapists schedule for Open Consultation Hour (OCH), 9—10am

Monday	Saif
Tuesday	Rashmi
Wednesday	Palani
Thursday	Chetna
Friday	Gopa

OCH is a walk-in session where anyone can come without an appointment. If the therapist is already seeing someone by the time you walk in, please leave your contact details and we will revert.

- Message or call: 9087709434
- maatram@auroville.org.in
- <https://maatram.org.in/>

Megha for Maatram

AURODENT Dental Clinic



Dental Clinic
Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sutha

Animal Care

AUROVILLE DOG SHELTER



Auroville Dog Shelter

Experience the Real Yoga of Work!

Volunteer at the Auroville Dog Shelter

Immerse yourself in the world of 300 indie dogs

For true animal lovers

Location   [auroville.dogs](https://www.auroville.dogs)

Whatsapp: 8122225266 (Arthur)
89394 49413 (Tamil spoken)

 AUROVILLE DOG SHELTER

Arthur for the Auroville Dog Shelter

MONTHLY TRANSPARENCY REPORT

February 2024

As part of our commitment to transparency, we are happy to present our report for February.

Overview

- New admissions: 10 (186 since April 2023)
- Rabies suspect cases: 0
- Adoptions: 13
- Rehoming and Releases: 0
- Vaccinations administered: 22
- ABC shelter dog sterilisation: 14
- Deworming: 20 doses for adults and 8 puppies

Donations and Grants Awarded

This month we received Rs. 286,703 in monetary contributions which includes Rs. 50,000 funds from BCC and donations we have received at our Puppy Fair. We are very happy to announce that AVI USA has awarded us this month a grant of USD 609 to support the running costs of the shelter. The Animal Welfare Board of India has recognized the Auroville Dog Shelter as a charitable organization for the welfare of animals and issued a grant of Rs. 6.25 lakh for three months for food and medical expenses connected with the obligation to continue our sterilization program and microchip all of our dogs.

Expenditures

- **Animal Food:** This month we fed our dogs 1.5 tons of rice, 2 tons of chicken, and 750 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 1.1 lakh. As one chicken farmer is buying all the cheap rice at a high market rate, it has been a tough struggle to purchase the necessary quantity of rice. If you have any rice to donate to our shelter, we would appreciate it very much. We are also out of pedigree food which we use to supplement food for weaker dogs as the big manufacturers prefer to rather destroy nearly expired food than sell it to shelters for a discounted price.

- **Staff Costs:** Total staff costs for this month for our workers, paid animal care staff, veterinarians, and volunteers was Rs. 1 lakh this month. We granted our workers a pay rise for their outstanding work. They are the backbone of our shelter.
- **Medical Costs:** The medical costs in February for purchases of much-needed medicines, syrups, vaccinations, and surgery materials summed up to Rs. 49,262. Thanks to the awarded grant money we will be able to upgrade our very basic medical equipment to improve the quality of care and services.

Auroville Puppy Fair

On 4 February we invited dog lovers to the first Auroville Puppy Fair which we organised together with the Puppy Camp. We were overwhelmed by the enthusiasm and joy of more than 450 visitors who visited our shelter. A lot of interesting activities like puppy yoga, grooming, guided shelter tours, and even a spa workshop, information stalls, fun, and games took place. 7 puppies found their forever homes. We want to thank especially the many children who had given the finishing touch, painted, and decorated all of our newly constructed dog houses and dog apartments. Matrimandir Executives were so friendly to donate the leftover cut-offs from the plastic used for the MM lake as floor protection. Our dogs have already moved into their new homes and just love them!

Surgeries and Vet Consultations

Dr. Anandi and her team started with regular sterilizations beginning of this month. Despite our extremely tight budget we are committed to providing free or donation-based sterilizations for adopted former shelter dogs. For other dogs, we ask for a donation of Rs. 3,000 per dog (Aurovilians Rs. 2,500). This month most of our shelter dogs were sterilized, and now we will expand our services to sterilize soon all young teenagers of Puppy Camp and have already a steady growing waiting list of private dogs waiting for sterilizations. If you want to neuter your dog, please contact the shelter.

We thank everyone for your continued support of the Auroville Dog Shelter! We are moving forward soon with a new shelter towards a bright future for our canine friends and everyone who loves animals.

*Auroville Dog Shelter Team,
Tine, Joseba, Coco, Arthur, Kiran, Ranjit, Mar*

Festivals

BHARAT NIVAS PRESENTS OM NAVAH SHIVAYA on the occasion of Maha Shivratri

Hindustan Vocal Carnatic

- Friday, 8 March, 7pm @ Sri Aurobindo Auditorium



07:00 pm
08th March
Friday

Venue :
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville.

Hindustan Vocal Carnatic
By Kalaimamani V. Vinayagam and Team

By Kalaimamani V. Vinayagam and Team

Dr. V. Vinayagam, Guinness Record Holder for The Largest Bharatha Natyam dance

- **Enquiry Contact:** Krishna, +91 97878 80211

The Glimpses Of Arthanareeswarar

- Friday, 8 March, Kala Kendra, Bharat Nivas



On the auspicious occasion of Maha Shivarathri (8 March), we take the privilege to unveil the statue of the deity Arthanareeswarar. Grey Serpentine Stone. Width 30cm/ Height 70cm. Ardhnanarishvara is a form of the Hindu deity Shiva combined with his consort Parvati. Ardhnanarishvara is depicted as half-male and half-female, equally split down the middle. The right half is usually the male Shiva, illustrating his traditional attributes.

We heartily welcome one and everyone for viewing this one of its kind creation

For Enquiry: + 91 82493 35483 **Monisha, BN Team**

The Arts



AUROVILLE
Festival de Littérature Française

A l'occasion du 150ème anniversaire de la naissance de Sri Aurobindo,

Bienvenue à Auroville les 2 et 3 mars 2024

Au Pavillon de l'Unité, Zone Internationale, Auroville

Pour une fête de la littérature française avec des discussions variées, des lectures en direct, du cinéma et du théâtre et une découverte des œuvres de Sri Aurobindo.

Réservez vos dates 2 et 3 mars 2024

De 10h à 17h30
Inscription au Pavillon de l'unité

2 and 3 March, 10am—5:30pm @ Unity Pavilion

Evening Programme at 6.30 pm

The festival will highlight Sri Aurobindo's views on the emerging world and France, its political history, literature and spirit. It will bring together writers who have a special affinity with Pondicherry, the Ashram & Auroville.

Sessions will include panels on the rich and well loved voices of French literature, including the recent Prix Goncourt (Nouvelles) 2023 winner, the necessity of an Intercultural world, in a book by Asgarally, prefaced by Nobel prize winner, Le Clezio. Further, a deep dive in the Yoga of the Cells in view of the recent scientific discoveries, a short film with discussion, and a play: Sri Aurobindo Nous Parles de Napoleon.

The two days of enrichment are not to be missed. To include the wider audience the festival will try to keep a bilingual flavor as is possible. The 150 Year programmes are being held under the aegis of the Ministry of Culture, with the support of the Auroville Foundation.

- For programme and speaker details visit: aurovillelifestfr.org
- For any other info write to aurovillelifest@auroville.org.in
Anu & Sudha, Festival coordinators

AUROVILLE HARMONIES SINGING THE WORLD

Women's Choir Conducted By Antoine

Saturday, 2 March, 8pm & Sunday, 3 March, 6:30pm



Cripa, Antoine

TANGO DUET CONCERT



Monday, 4 March, 8pm, Cripa

To kickstart The 11th Auroville Tango Festival, Auroville Tango presents a special Tango Duet Concert with two renowned Argentinian musicians to bring you an evening of Tango music in the milonguero style (music intended for dancing).

- **Pablo Montanelli**

Tango pianist, composer and TDJ, born in Buenos Aires to a family of tangueros, Pablo was the artistic director of the renowned tango quintet El Cachivache for 10 years and started his solo career in 2016, playing traditional and modern tango music along with his original compositions.

- **Pablo Gignoli**

Argentinian Bandoneonista and composer based in France since 2012, Pablo has made significant contributions to the modern tango scene in Europe as a member of many renowned tango orchestras including the Orquesta Típica Fernández Fierro and TAXXI Tango XXI Orchestra, and part of the piano and bandoneon duo Volco & Gignoli.



Maud for Tango Festival Team

FROM DARKNESS TO LIGHT

by **Supriya Menon Meneghetti**

Opening on Friday, 8 March, 4pm

Monday to Saturday 10am—12pm and 2—5:30pm

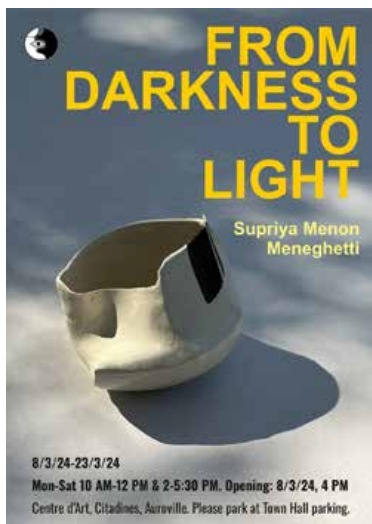
Supriya Menon Meneghetti is a multidisciplinary artist based in Auroville. She has been in the field of ceramics for the last 30 years: as a student at the Golden Bridge Pottery in Pondicherry; an independent artist; a teacher; and a curator of multiple exhibitions in India and abroad. Since 1994, she has worked with various artists globally, developing a deepened skill set while experimenting with new styles in order to create her own unique pieces.

Her work is personal to her life and experiences, deeply intertwined with femininity and nature. This interplay reflects her life as a woman and the spaces in which she creates her art.

Through the years she has also studied the Japanese art of flower arrangement, Ikebana. This too has been incorporated into her styles and art.

Today, Supriya heads the ceramic studio at Maroma, in Auroville, as well as curating and taking part in exhibitions in India and abroad. In the last three years, she has curated 'Out of the box' (2022) in Faenza, Italy; 'True Blue—The water faithful' (2023) in Pondicherry; and 'Clay in Touch' (2023) in Auroville.

Marco



SAMSARA, EXHIBITION

Ongoing—10 March @ Pavilion of Tibetan Culture

Monday—Saturday, 9am—12:30pm and 2—5pm

Dear members of the community, we warmly invite you to Samsara, an exhibition. A passing through of within and a passing through of without, Samsara presents two bodies of work from us, a pair of twins, and our journey over the past few years. Through this exhibition, we bring to you two perspectives through which we find ourselves observing the world—painting and mapping.

- Please join us at the Pavilion of Tibetan Culture from 24 February to 10 March, Monday—Saturday, 9am—12:30pm and 2—5pm.



See you there!
Bhavyo and Bhavya

FEEL THE VIBE

Music & Dance Performance @ Cripa

Saturday, 16 March, 7:30pm



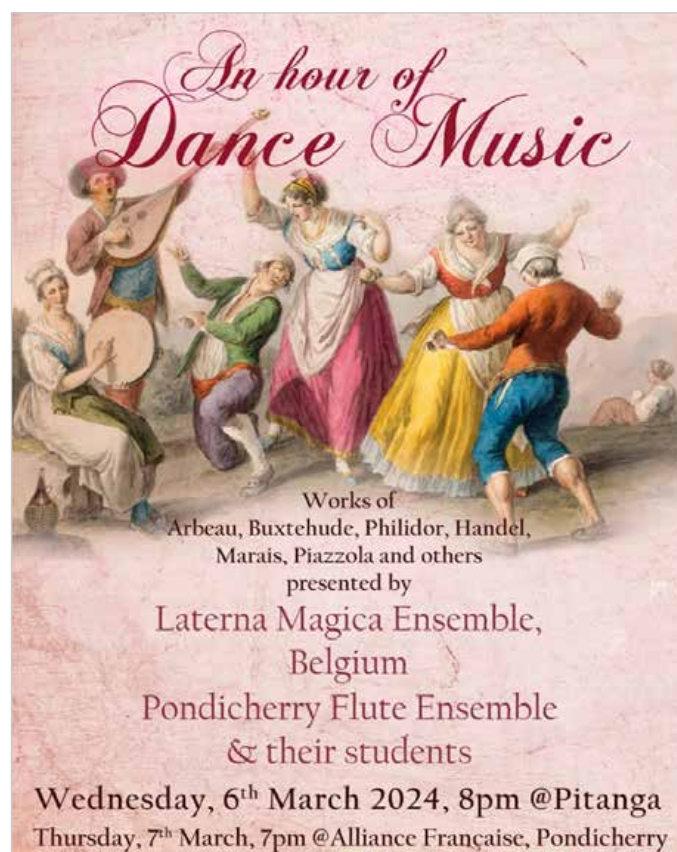
Join us to feel the VIBE of music
and dance performance by Auroville Youth.

Submitted by Sonia

CONCERT

An hour of Dance Music

Wednesday, 6 March at 8pm @ Pitanga



Happy Auroville Birthday ahead!

Love, Andrea

INTIMATE ACOUSTIC CONCERT

1 March, 5:30pm @ Maloka-yoga hall
Anitya community)

Join us for an intimate music journey at Maloka-yoga hall, Anitya community (Joy of Impermanence).

Lily, who recently released her first EP after finding inspiration in Auroville 2 years ago, is excited to share her heartfelt songs with you for the first time. With Hung Vi by her side, the duo will also showcase some of their own compositions and a brand-new musical project they've been crafting together. You will be invited to sing along with them for some of the songs. Get ready for a cozy moment with eclectic tunes and warm vibes.



Come on time!

- **Where to find Anitya:** continue on the main path after center gh/ serendipity and you will find us on the right side after 500m **Mathilde, 7094058699 WA for info**

AMBIGUOUS BY DANASEGAR S

Ongoing till 2 March @ Centre d'Art Auroville
Monday to Saturday, 11am to 5pm



Dominique Jacques

ART EXHIBITION BY CRYSTAL

What's in a speck of dust. ..

Ongoing—4 March @ Pitanga



Daily, except Sundays
8—12:30pm & 2—5:30pm

Submitted by Verena

FIREHEAD SOUL LIBERATE

Shining in the Dark

Illustrations by Songsin Tiewsomboon from Thailand



@ Aurelec Restaurant & Art Gallery

February—March 2024, 8am—5pm

Beansprout & Firehead, Shining in the Dark

Drawing is not what one sees but what one can make others see. Songsin Tiewsomboon

Franz

Books & Cards

WEAVE LIFELINES



To download **Weave Lifelines** and other poetry e-books by Anandi Z., please click on the link:

<https://auro-ebooks.com/weave-lifelines/>

Voluntary contribution.

Anandi Z

Dance Activities

AUROVILLE TANGO ACTIVITIES

@ Harmony Hall, Bharat Nivas



- **Monday, Class:**
 - 7pm intermediates; 8pm beginners
- **Wednesday, Practica:**
 - 7:30pm guided practica; 8pm practilonga
- **Friday, Open Source: 6:30—8pm**
No partner required, bring socks or dance shoes and plenty of cheer!
+91 9821166082, tango@auroville.org.in
Submitted by Aurevan

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

By appointment: any time you can do class

Information:

- Bring water bottle, socks,
- Every month new batch beginner, Minimum commitment 1 month,
- Listen more Tango music, Dance Tango every day by booking for couples or Individuals, Be on time



For bookings contact us:

- +918637633696, bakisatadance@gmail.com. **Mani**

JOIN OUR BOLLYWOOD DANCE SESSION

@ Auromode! Every Tuesday, 5—6pm

@ Auromode Apartments, Near Upassana and CSR



Learn How To Dance Bollywood & Kollywood, Tosalion, Aurzmedt! For more information and to reserve your spot, contact: balaganesh.siva@gmail.com, +919446762034 WA only

Don't miss out on the chance to add some Bollywood and Kollywood flair to your dance repertoire. See you on the dance floor! Contribution Requested. **Balaganesh SIVA**

SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment:** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming**
+918637633696



Mani, @bakisata_dance

ZUMBA WITH PREETI

Zumba classes are happening



@ New Creation Studio, every Monday, 6pm
For regular classes DM: 8281746763

Submitted by Vega



LA Style Salsa Dance

Every Thursday, 7:30pm @ CRIPA, Kalabhumu

Salsa is dance from Los Angelo, It's all with Music & Dance with Presence of mind. It is FUN, GREAT skill to have in life, way to make new friends, relieves stress, builds confidence, exercise and universal dance. SALSA dancing not only feels good, but it also improves your physical strength, endurance, flexibility and coordination. You can get a real high in energy from dancing and in the stressful world we reach this natural calm is a Good Thing.



Beginner:

- Basic steps, Front and back, Side to side, Cross legs, Front turning, Back turning
- Practice with Partners with all basic steps, Partner sequences, Turning and leading
- How to get the beats or rhythms, Dance with Partners
- Feedback sessions

Contact: Instructor Raja, +91 9751395939, Voice and WA

• Contribution Based

• www.angamtree.com/workshops

• Kindly WA to be added to the Salsa WhatsApp +91 9751395939

Raja

Music and Art Activities

TANJORE ART CLASSES

Every Saturday, 10am—12noon

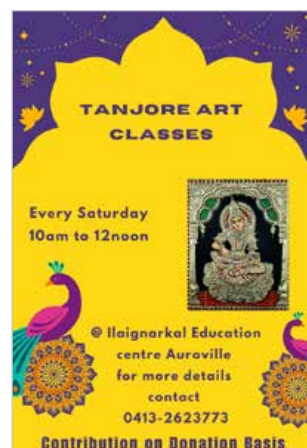
@ Ilaignarkal Education center

Tanjore Paintings Hold Cultural And Religious Significance, originating In Tamil Nadu, India. They Depict Hindu Deities And Mythology With Vibrant Colors and Intricate Details. The Use Of Gold Leaf Adds Opulence, Reflecting the Region's Artistic Heritage. These Paintings Serve Representations Of South Indian Art, Preserving Traditional Techniques and Contributing to The Rich Tapestry Of India's Cultural History

- For more details contact 0413 2623773

- Contributions on Donation Basis

Ayyanar



LIGHT FISH

Professional Photography Studio

Photography Services

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Samvit Blas, Light Fish,
9442526287,
sales@light-fish.com



PHOTO CIRCLE MEETS AGAIN

Friday, 1 March, 5pm

@ Centre d'Art Multimedia Room, Citadines

Dear photographers, Photo Circle meets again on Friday, 1 March at 5pm in the Centre d'Art multimedia room, at Citadines

The Photocircle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images.
Everybody's welcome

Marco



EXPLORE

WaterColor Techniques

- Wednesday & Saturday, 10am—12pm @ At Unity Pavilion
- Art with Mr. K. Janakiraman
- For More Details 9443648774, 7558401106

Submitted by Arun



CENTER FOR RESEARCH EDUCATION EXPERIENCE in Visual Arts

Art Activity

- **Infusing Colors By Angela** (in this session You'll learn color composition, and you'll enjoy discovering your creation.)
 - Mondays 4—6pm.
 - Contact: 9042237193
- **Watercolor Class By Sathya**
 - Every Thursday 4—6pm.
- **Life Drawing Session**
 - Every Saturday 2—4pm.
- **Portrait:** Live portrait in sketch and watercolor painting in 40 min, by Sathya.



'Open Studio' is a creative space for individuals to explore various forms of visual art. Art supplies are provided, and you are welcome to stay as long as you'd like during your session. A facilitator will be there if you need help.

- The studio is open 12:30—4:30pm, Monday to Friday.
- If you plan to attend at other times, please inform in advance. Contact Abi at +919042058981.

CREEVA Studio,
+91 9486145072 WA,



Sathya

HIBISCUS ART VILLAGE PROJECT

At Svedame Community

Propose Liberation

5 Days, Monday To Friday, 11 To 15 March

Art Camp Experience

LIBERATION

I Have Thrown From Me The Whirling Dance Of Mind
And Stand Now In The Spirit's Silence Free,
Timeless And Deathless Beyond Creature-Kind,
The Centre Of My Own Eternity.
I Have Escaped And The Small Self Is Dead;
I Am Immortal, Alone, Ineffable;
I Have Gone Out From The Universe I Made,
And Have Grown Nameless And Immeasurable.
My Mind Is Hushed In A Wide And Endless Light,
My Heart A Solitude Of Delight And Peace,
My Sense Unsnared By Touch And Sound And Sight,
My Body A Point In White Infinities.
I Am The One Being's Sole Immobile Bliss:
No One I Am, I Who Am All That Is.

Sri Aurobindo

- **We Call Painters, Sculptors, Creators Of Art Objects** All Artists Interested Can Bring Own Materials
- **We Provide Only** Chairs, Tables, Space And Drinks And Saturday 16 March Collective Exhibition, Music, Poetry, Dance
- **Please Contact Us** If You Wish To Participate In This Collective Experience.
 - Louis, +91 80985 65426 WA
 - Elena, +91 7418105246 WA

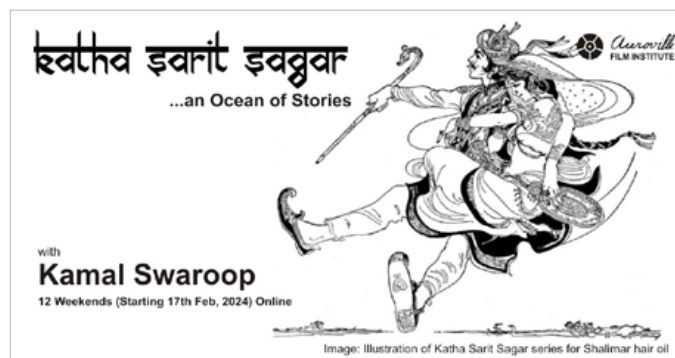
Submitted by Helena

A CREATIVE READING AND WRITING WORKSHOP

With Kamal Swaroop

12 Weekends, Online. Ongoing

14:30 to 18:30 IST.



Warmly, Richa

OPEN-MIC NIGHT AT YATRA'S ARTISTE CAFE

Every Saturday from 7—9:30pm!



Join us in our cozy garden cafe for an evening of smiles and creativity. Whether you are a singer, musician, dancer, comedian, actor or poet...young or simply young at heart... you are most welcome to perform. And of course all are welcome to watch.

- Traditional home-cooked South Indian food available.
- Artiste Café
- Near New Creation Sports Ground, Kulapalayam Open Monday to Saturday (8am to 9.30pm) Sunday—Holiday.
- Contacts: 0413 2623071, 9786772209, yatraartistecafe@gmail.com Yatra Srinivassan

BANSURI (FLUTE)

Group Classes With Michael

The Sound of Bamboo

Various Styles of the Indian Flute



- Kalabhumi Music Studio, Every Friday
 - Beginner: 11am—12pm,
 - Advanced: 12noon—1pm

Drop in is possible at any time, flutes available to borrow or buy.

- **Contribution:**
 - Guests: Contribution required
 - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- **Connect:** michael@sound-of-bansuri.com +91 9150567003 WA
- **More Info:** www.the-sound-of-bamboo.com
- **To Donate:** <https://pay.auroville.org/divine-arts>
- **Learn More About Divine Arts:**
 - <https://auroville.org/page/divine-arts>

Michael

Sports & Martial Arts

SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact +91 8637633696

Mani



AUROVILLE CYCLOTHON



Dear Auroville Communities, online registration for the Auroville Cyclothon 2024 as 1st edition started from this year, scheduled for Sunday, March 10, 2024, is open.

If you plan to join this edition of the Auroville Cyclothon, we invite you to register via the following link:

- <https://www.aurovillecyclothon.com/>.

Please note that registration remains open from 15 February, Noon, until 2 March, Noon.

The organizing team is dedicated to ensuring a safe and injury-free ride for all registered participants. We strongly encourage comprehensive training for the ride and wish you an exceptional experience at Auroville and its bio-region.

Murali, Prabhu and Raju, Auroville Cyclothon Team

KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Class for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200, Maneesh



*Where Body Becomes Eyes,
Maneesh For Kalari Team*

BHARAT NIVAS PRESENTS

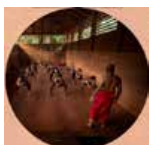
Kalaripayattu Class

in Collaboration with Kalarigam

Bhumika Hall, 6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in,
office: 0413 2622253

Parking available outside the Bharat Nivas main gate
Vani for BN Team



KALPANA GYM

Kalpana Gym is open

- 7—9am & 5—8pm
- Monday To Saturday

All Are Welcome!

Satyakam

TAI CHI HALL

Daily Classes

The Tai Chi Hall in Sharnga community offers daily classes six days a week.

- **Mondays & Saturdays**
 - 7:30—8:30am: Chi;
 - 8:30—9:30am: Form
- **Tuesdays—Fridays**
 - 7:30—8am: Chi; 8—9am: Form



We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School—Stevanovitch Method (artduchi.com). All are welcome to drop in.

taichi.auroville.org,
taichi@auroville.org.in
Warmly, Krishna



YANG STYLE TAI-CHI 16 FORM

Facilitated by Park Jiseong

Tai-Chi is the art of change.

Learning how to drive your energy.

Also called "Moving Zen"

Tai-chi is a mental & physical training method.

20 LESSONS from 4th of March
Every Mon, Wed, Fri 7AM—8AM

Register on 70943 39490 Town Hall Stage, Auroville

20 Lessons from 4 March:

- **Every Monday, Wednesday, Friday, 7—8am**
@ Town Hall Stage, Auroville
- **Register at 7094339490**

Jisung

ABHAYA MARTIAL ARTS

Abhaya has a team of certified coaches in various disciplines (MMA, Self Defense, Shou Wu, Tai Chi Chen style, Grappling, BJJ, Kickboxing, K1, Wing Chun) and offers classes to kids and adults, from beginners to experts.



- **MMA for adults:** Monday, 5:30pm in Dehashakti: (Giacomo—International Instructor)
- **MMA for kids:** Tuesday, 4pm in Dehashakti: (Giacomo, Monica—MMA assistants)
- **MMA for adults:** Wednesday, 5:30pm in Dehashakti (Giacomo—International Instructor)
- **K1 for adults:** Friday, 5:30pm in Dehashakti (Ruben—Kickboxing coach)

Be punctual, come in sportswear, short nails, no jewelry.

- For more info please contact abhaya@auroville.org.in or 9487340778 WA
- <https://www.instagram.com/abhayauroville/>

Giacomo

AUROVILLE AIKIDO SCHEDULE

Auroville Aikido at AV Budokan (Dehashakti) is happy to share again their Adults regular schedule for Beginners and others (with N. Murugan and Surya) for interested people to join this beautiful and complete practice in the form of a Japanese martial art:



- **Every Tuesday, Thursday, Saturday**
early morning from 6—7:30am and
- **Wednesday 5:15—6:30pm.**

For children classes (with Surya, Philippe G. and Cristo) and other info, please contact us:

- budokan@auroville.org.in, 8300189062 Surya,
9952812843 Murugan/WA, 8300643963 Philippe/WA.
- Reasonable contributions required. **Surya**

LOOKING FOR VOLLEYBALL PLAYERS



We are looking for people interested in playing 2x2 volleyball. If you are interested—please get in touch. We will be playing at Certitude.

2x2 volleyball is played on a same size court and net height. It could be more physically demanding yet it gives each player a lot of opportunities to engage and enjoy the game.

- WA to 7598869223 if you would like to join. **Slava**

Bioregion Activities

MOHANAM

Conscious and Cultural Tour, Workshops & Therapy

Auroville Northwest Experience

Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture

March 2024



Tours

Auroville Northwest Experience



- Every day, 10:30am to 1pm, Except Sunday

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

Mohanam Campus Tour

- Every day, 10am to 4pm, Except Sunday

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, Saree & veshti library, herbal tea.

- All above Tours One Day Advance booking is necessary
- Contact: preferred mohanamprogram@auroville.org.in,
- +91 8300949081, 10am—4pm every day except Sundays

Make and Take Workshop

Join and Experience the learning aspect of engaging in arts and Craft Workshop, Manifest your inner self through various materials and form using creative technique.

Pottery making	1hrs
Kolam Mandala Painting	2hrs
Coconut shell craft	3hrs
Incense Making	1—1/2 hrs
Lampshade Making	3hrs
Paper Marbling	1 hrs
Candle making	1—1/2 hrs
Soap making	2hrs or 1 day

Daily: Make and Take, Hands-on Workshops at Bio region Art & Craft Centre (Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam campus)

All above workshops one day Advance booking is necessary.

Make & Take Workshop

Join and Experience the Learning aspect of engaging in arts and craft Workshop, Manifest Your Inner Self through Various Materials and Form Using creative Technique

Pottery - 1hrs

Lamp Shade- 3hrs

Candle- 1-1/2 hrs

Incences 1-1/2 hrs

Coconut Craft - 3hrs

Stone Carving - 2hrs

Soap 2 hrs or 1Day

Paper Marbling - 1hrs

Kolam Mandala - 2hrs

- Contact: preferred mohanamprogram@auroville.org.in,
- or call: +91 8300949081, 10am—4pm every day except Sundays

Classes and Therapies:

Mohanam offer a variety of classes, and therapies, where participants can explore the classes and therapies.

Cooking Class

- 10am—12:30pm, Every Saturday

Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.

Saree and Vesti Experience

- 10am—4pm, Every Saturday

Choose a saree and Veshti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape / wear the saree & Vashti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional

Tamil Siddhars Ongara: Five Elements Yantra Chanting Therapies with Anandou

- 11am—12pm, every Thursday

Harmonizing the spirit with ancient wisdom: Begin on a transformative journey through Tamil Siddhars Ongara—Five Elements Yantra Chanting Therapies

Circle of Conversations & Dialogue with Prop. Sehdev Kumar

- 11am—12pm, Every Sunday

Fear, Forgiveness, Peace, Love, Hope, Redemption, Spiritual Journey & Everything under the Sun Every Question is a Part of the Spiritual Quest.

Indo African Drumming Circle with Mohanam Youth

- Every Thursday, 6—7:30pm

Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes. (with basic Contribution from each participant)

All above workshops one day Advance booking is necessary.

- Contact: preferred mohanamprogram@auroville.org.in,
- or call: +91 8300949081

Auroville Bioregion Experience with Mohanam Team

Village Tour	3hrs
Munnur & Perumukkal visit	6hrs
Salt Dune & Kaluveli Tank Visit	6hrs
Bio-region Village Temple Tour (Irumbai Shiva Temple & Panchavadi Hanuman Temple)	4hrs
Navagraha Temple visit (Moratandi Navagraha Temple & Prithyangara Temple)	3hrs
Wood Fossil Visit and Quarry Shower	6hrs

- All above Activities one day advance booking is necessary
- Contact: preferred mohanamprogram@auroville.org.in,
- or call: +91 8300949081, 10am—4pm every day except Sundays

Auroville Sunday Tour & Brunch Experience

To unlock the full potential of youth and women through art, craft, culture and traditional knowledge. By connecting the local villages to the international community and reconnecting the locals to their traditional knowledge.

Experience the Following Activities: Mohanam Campus Tour, Bamboo Sound Garden, Bamboo Tour, Tree House Experience and Special Steams Brunch

- One Day Advance booking is necessary
- Contact: preferred mohanamprogram@auroville.org.in,
- or call: +91 8300949081, 10am—1pm every day except Sundays

Mohanam School of Art & Music activities

Mohanam School of Art & Music Activities

Classes available for Kids (5 to 15 years old)





Western Dance
Indo African Djembe
Folk Dance

Classes available for Kids 5 to 15 years old

Classes	Day and Time
Western Dance	Sunday, 10—11am
Indo African Djembe Class	Sunday, 11am—12pm
Folk Dance	Sunday, 12—1pm

For more information, contact us

- Email: mohanamprogram@auroville.org.in
- Phone: +91 8300949081

Auroville Bioregion Festival Information

- Angalaparameswari Temple Festival – Alankuppam

Uncover the secrets of Mayanakollai! Join us for an unforgettable journey through ancient ruins, mystical landscapes, and untold tales

- **Friday, 8 March, 4 - 8pm**
Anointment of milk and chilies Shower.
Ceremony and Paramasivam (Lord Shiva) dressed as Parvati and walks the streets
- **Sunday, 10 March, 6 - 10pm**
Robbery of graves, condemnation of Vallala, destruction of the fort, Nisasani Surasamharam, creation of Kumbha.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us

- Email: mohanamprogram@auroville.org.in
- Phone: +91 8300949081 **Guru, for Mohanam**



Light of Auroville

Arts and Crafts Workshops



Join us, art and craft enthusiasts to learn from all the village artists and craftsmen who have been practicing and teaching to one and all

- Pottery workshop, Finger Painting, Thread Art

Enlight Tour Activity

- Explorative Educational Experience

Experience Auroville and travel through its cultural consciousness. It's art and crafts, Units and Activity.

- Township Cycle Tour

Learn about the Four Zones and Green Belt each focussed on important aspects of the township life.

- Bioregion Village Tour

Take a break from your city life and dig deep into the heart of rural villages around Auroville, where a land of history and culture can be experienced.



Fireside Drumming



The Power of The Healing Drum Circle. When you gather people in a circle around a fire and add the rhythmic beat of the drum, the result is the perfect environment to develop social bonds. Learn how to use these community-building tools for the healing drum circle.

community-building tools for the healing drum circle.

Musical Instruments Workshop

Tune into the joy of music through the journey of creating your own instrument and the delight of playing it and feeling contentment.

- Nut Shell Shaker
- Bamboo Tongue Drum
- Nose Whistle
- Bamboo Scraper
- Coconut Shell Shaker



Sound Healing

It's an ancient wellness practice for healing, relaxation, and self-care. Everything is Vibration, Everything is Frequency. Aura and Energy. Relieve your stress. Let go of anxiety. Release your fears. Heal your traumas.



Contact Us: +91 91594 6894, +91 82700 71581

- enlight@auroville.org.in **Arun, Anand and Balaji**

KUILAI CREATIVE CENTER ACTIVITIES



Activity	Day	Timing	Age Group. Only 10 To 20 Students Per Group
English Class	Monday, Tuesday & Thursday	10am—12pm	Above 18 Years
Tailoring Acitvity	Monday, Tuesday & Friday	11am—1pm and 2—4pm	Above 18 Years
Evening Tuition Classes	Monday to Saturday	6—8pm	From 1 grade to 10 grade
Physical Fitness Painting Upcycling Hip-Hop Awareness through the body	Saturday	9am—5pm	Above 8 Years
Bharat Naattiyam Karate Gardening Hip-Hop	Sunday	10am—4pm	Above 8 Years

- All activities are free for children and adults
Selva from KCC

AUROVILLE BAMBOO CENTRE



March Program 2024

Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm,
2:30pm—4:30pm
- Every day except Sunday
- Registration: One day in advance.



Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- 11:30am—12:30pm, Every Saturday
- Registration: One day in advance.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.



Bamboo Poured Mud Experimental Workshop

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

BAMBOO FURNITURE DESIGN WORKSHOP

Come and experience with The Magical Grass in Earth
"BAMBOO"



21ST - 23RD MARCH 2024

ONE-DAY MAKE & TAKE WORKSHOPS

An immersive learning experience that offers the opportunity to learn the fundamentals of bamboo products under the guidance of an expert.

Bicycle Furniture Lampshade Giraffe

MONDAY TO SATURDAY 09:00AM TO 05:00PM - 1 DAY



3 HOURS MAKE AND TAKE WORKSHOPS

An immersive learning experience that offers the opportunity to learn the fundamentals of bamboo products under the guidance of an expert.

JEWELLERY, TOYS, MUSICAL INSTRUMENTS, PLANTER, ARCHERY



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Contacts: email bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or 0413 2623806, 2964727, +91 8300949081
- Flexible training dates offered to groups
- Contact: Voice call and WA: 8300949081

www.aurovillebamboocentre.org

Murugan
For Bamboo Centre

EGAI: ART OF GIVING

+91 9791896488 WA /0413-2963034

@ Egai, Isaiambalam



Coconut Shell Craft Workshop



- Every Saturday, 2—4:30pm
- One Day Prior Booking Required
- +91 9791896488 WA 0413-2963034
- @ Egai, Isaiambalam

- Wednesday to Saturday, 3—4:15pm
- One Day Prior Booking Required
- +91 9791896488 WA 0413-2963034
- @ Egai, Isaiambalam

Cooking class



Egai is giving you an experience to explore village cooking methods of the ethnic coconut based cuisine cooked in traditional ecofriendly vessels.

- 1day pre-booking need to be done
- Every Saturday: Morning & Afternoon

- egai@auroville.org.in, www.egai.co.in
- 9629297514 / 9791896488 Submitted by Arun

Nature Activities

CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

Every Wednesday and Sunday 7am



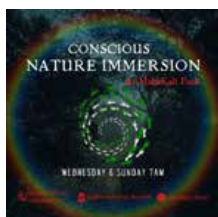
MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic 'Web of Life' brings, in turn, insights for our self-study and yoga of work.

- **Contribution** accepted for the management of the site.
- Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.
- **Meeting point** at Revelation's main gate 5-10 min before the time of the session (Search for 'Revelation Forest' on Google Maps)
- **Contact:** +919500183706, Arun +918349917282, Rahul. Better to confirm your venue by one WA message, especially if it rains
- We also do custom programs, training and healing sessions on prior demands.

Please note: The park is not yet accessible without our supervision, thank you for your understanding!

- Gmap link: Revelation forest Auroville

Arun



FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options. This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious **VEGAN ICE CREAMS** and more... **EVERY SUNDAY from 9:30 to 11:30** at La Ferme Community (5min from AV Bakery) for groups of min 5 people it can happen any day of the week. Sign up and infos whats app Sarah 9047421044 myfoodforestgarden@gmail.com myfoodforestinfo.wordpress.com www.youtube.com/myfoodforest

Sarah

EDIBLE WEED WALKS

Let's walk Edible Weed Walk @ NinaS **EDIBLE WEED WALKS ON SATURDAYS IN MARCH** *Oxalis corniculata* Creeping woodsorrel Pg.38 of Edible Weeds Coloring Book **The last five of the season Don't wait till the last moment to register** Dates: March 2024: 2, 9, 16, 23, 30 Pre-registration required Scan for the book WhatsApp +91 98409 36907 or Email: edibleweedwalk@gmail.com

We are right on the last month of the Edible Weed Walk season. In March we will have 5 sessions on Saturdays before we close the season:

- 2, 9, 16, 23, and 30 March 2024.
- You can join one or more.

To join, please do not wait for the last moment. We receive requests after the registration closes and sometimes even early in the morning of the walk. Do plan and register early. The walk will be on Saturdays at an easily accessible location within Auroville. It will be guided along with the Edible Weeds coloring book. If you don't have a copy of the book, you will be able to borrow one during the walk.

- Pre-registration and a contribution are required.
- **RSVP:** Preferred +91 9840936907 WA or edibleweedwalk@gmail.com to register

Nina

Help Needed

IMPORTANT UPDATE ON TALAM PAY!

Dear Friends, I'm Shankardevy from Talam. I'm writing to you for an important update regarding Talam Pay and I seek your support.

Talam Pay, one of the 25+ services developed and managed by Talam, is currently catering to 400+ units/activities. In terms of volume of payments, Talam Pay is processing payments of Rs.1 Crore (10 million) plus every month. Apart from these payments, Talam Pay also processes all online donations to Auroville.

At Talam, our experiment is about seeing practical ways of realizing Mother's Dream. So we offer our work as service to the community in the spirit of Mother's 'Dream' (in practical terms without service fee) and see how we can take care of the community needs and how the community can respond to this care. (It's not an easy experiment but a worthy experiment and the experiment has transformed me personally to who I'm today. Someday, I will write about this experience as a separate topic.)

Running Talam Pay, however, costs money from the day it was conceived as an idea, irrespective of how it was done in the spirit of Mother's Dream. We had been able to offer Talam Pay without demanding service fee because of several things: the Divine grace our team's low foot print on expenses and extended work hours (several times clocking 50—60 hrs a week) general donation offered to Talam by one well wisher and my personal donations both monetary and in-kind.

It's been almost 7 years since we started exploring several tech solutions and banking partners to provide Talam Pay service to the community. It's been 3 years, 2 months since we started processing our first payment. Now we are running out of funds. We also approached a few bodies in Auroville but we were told they couldn't support us. If each of us using Talam Pay (and those not using Talam Pay but still would like to support our service) could make a monthly contribution, it would help us continue this service. So I reach out to you personally to see how much you can contribute to us monthly.

Please [fill in this Google form](#) to indicate your monthly contribution. If at this point, if we are not getting reasonable support from the community, we will consider it as a service not so useful to the community that is worth supporting and we will be forced to close this service by 31 March due to financial and Human Resource constraints.

However, if we receive support from a majority of our community members, we will continue providing the service, work on improving Talam Pay infrastructure and features and would also work on bringing in QR based donations—a most requested feature from the community. All these depend on how the community decides to support Talam Pay. Quoting from our welcome email to every new Talam Pay account holder:

- What is the reasonable contribution for Talam Pay?

Thank you for asking. For most services in the world outside, 'reasonable' might mean how much a competitor providing similar service charges for or an average market value. At Talam, we believe 'reasonable contribution' is a mix of several aspects involving both of us:

You can choose an amount that feels right to you considering Your financial means, The value Talam Pay provides to your work. The money you save in one time setup fee, annual maintenance fee, transaction fee and in operational cost. What represents a gesture of commitment that you will continue using this service without abandoning it because you never paid for it. Your desire to support our continued work at Talam in this spirit of community service. Your desire to offset for people who use this service but are unable to contribute.

If your financial means are limited, then you can choose a token amount or even zero. In case you feel uncomfortable

about contributing zero, we want you to know that we hold no negative judgment about that. We welcome everyone regardless of ability or willingness to contribute. Regardless of the amount you choose, you will have the same privileges and access to Talam Pay as everyone else. We are not trying to draw you in to upsell you into a 'premium service.' This IS the premium service! Welcome!

- [Google form for your monthly contribution](#) is here.

I will provide an update on Talam Pay by March 15 based on the support received. Thank you very much! Looking forward to your support!

Shankardevy

PS: I take this opportunity to thank two Auroville entities who have recognised the spirit of our work and have been supporting us with a monthly contribution: Purnam and AVArts/TaiChi. Both of them had contributed Rs.4000 and Rs.150 every month respectively. Talam thanks them sincerely for this support.



CEASING SUPPORT TO SOFTWARE SERVICES

from 1 April, 2024

I'm writing to share an important update with the community on the software developed and managed by Talam.

In July 2023, the Secretary of the Auroville Foundation directed Talam to halt all software development projects for Auroville services and requested that we hand over the software we have developed to AIIS (Auroville Integrated Information Service). From the outset, we have complied with this directive. However, the designated receiving team, AIIS, has not actively pursued taking over these projects. In light of this, it has become increasingly challenging for us to maintain and support these projects, given that we were explicitly instructed to cease development and hand them over. Despite this, we have continued to support the projects spending our financial and human resources because AIIS has yet to assume responsibility, and we wish to prevent any disruption to the services that depend on this software during the transition.

It has now been eight months since we began supporting these projects without transition, and we are depleting our financial and human resources required to manage these services, which AIIS is supposed to oversee. Therefore, we will create backups of the code, database, and user-uploaded files as of March 31, 2024, for all affected services. We will provide FAMC with access to these backups on Google Drive, along with documentation for restoring the software. Please note that we will cease support for these services starting April 1, 2024. The services impacted by this decision are as follows:

1. Visitors Centre Online Website
2. House Transfer Application
3. Housing Survey
4. Guest Registration Service
5. Savi Volunteer Management
6. Donations Portal
7. Matrimandir Booking
8. Residents Service Dashboard
9. RoR Mobile App
10. Entry Service
11. Transport Service
12. Dairy Produce Management
13. Art for Land Online Sales Platform
14. Bazaar
15. Event Calendar
16. Proposals Platform
17. Auroville Directory
18. BCC Dashboard

19. Unity Fund Management
20. FAMC Dashboard
21. Server Administration
22. Backup Support

The following software will not be affected by this service discontinuation as they fall under Auroville Web Services' purview. For inquiries regarding these, please contact Manoj:

1. Auronet Main (Drupal Site)
2. Auroville.org
3. Auroville Account (Single Sign-On)

Thank you for your understanding.

Shankardevy on Behalf of Talam

Honorary Voluntary

WELLPAPER NEEDS A VOLUNTEER

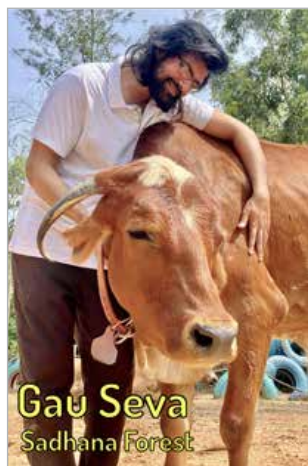


Wellpaper needs a Volunteer for doing physical work in the garden, for art sculpture installation.

- You can contact us 9385744722.

Viji for Wellpaper

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call
8122274924

*Looking forward
to welcoming you!
The Sadhana Forest team,
Shek*

VOLUNTEERING OPPORTUNITIES @ Language Lab!



Volunteering opportunities!



Do You wish to enhance your Auroville experience? Volunteering at the Language Lab can be profoundly enriching. We are currently looking for volunteers to fill the following positions:

- Language Teachers, Fundraiser Event Coordinator, IT Assistant, Executive Assistant
- Tomatis Children's Assistant
- Tomatis Research Assistant

Contact or visit us to find out more and get started!

- We are open Monday to Saturday,
9am—12pm and 2—5pm

Submitted by Vismay

Taxi Share

To Chennai Aairport, 6 March, 7pm

Nadia would like to share a taxi from Auroville, to Chennai airport, on Wednesday 6 March, departure at 7pm from New Creation. nadia.loury@orange.fr, + 33 607634492

Nadia

Work Opportunities

EGAI OFFICE MANAGER POSITION

• Responsibility:

- To maintain the day to day accounts and prepare monthly income and expense statements.
- To prepare, send customer invoices and handle customer enquiries.
- To maintain staff attendance records.
- To maintain the raw materials and finished goods records.
- To coordinate with retail stores and distributors.
- To coordinate Purchase the raw materials
- To coordinate with workshop team order fulfillment.
- To take workshop booking and scheduling.

• Experience background: 2 - 3 years art and crafts unit work experience.

• Kindly send us your resume at the following email ID: egai@auroville.org.in

• **Female** candidates preferred.

• **Skill requirement:** Good knowledge of MS office, billing software, English and Tamil languages. *Anand*



QUIET HEALING CENTER

Looking for experienced massage therapists



We are looking for **experienced massage therapists** (Aurovilians, Newcomers and Volunteers) who feel inspired to work in Quiet's dynamic and beautiful environment. If interested, please send an email with background details (age, gender, qualifications, work experience, etc.) to quiet@auroville.org.in after which we'll invite you for an interview.

www.quiethealingcenter.info, +91 9488084966, Guido

LOOKING FOR A HALF DAY COOK

Aurelec Restaurant is looking for a half-a-day Cook, timing 9:30am—2pm, who is familiar with cooking South Indian, North Indian and Western food including preparation of salads and juices.

- Interested may contact Mr. Siva of Aurelec in person or by phone to 2622293/ 2622294 or email your resume to adps@auroville.org.in

Siva For ADPS Trust



Available

Office Space Available

Office Space inside Auromode Premises with Superb infrastructure including Generator back up, 24 hours Security Services, Aqua Dyn drinking water, Car & Bike Parking, Restaurant and Hive A Co Working Place.

Interested People may contact Mr.Pandian at Auromode in person: +91 99433 90391 or pandian@auroville.org.in

Best Regards, Pandian



Egai Velai Workspace



EGAI VĒLAI
WORKSPACE

Available an hourly and daily basis
Contact us:
Email: egai@auroville.org.in
Mobile: 09791896488

We are offering a fully furnished machine shop to make and manufacture products and handicrafts as per your needs. We are also offering space to hold workshops in art, craft and culture.

- Available an hourly and daily basis
- Contact us: egai@auroville.org.in, 9791896488. Anand

Foods, Goods and Services

FOREST POTTERY

2 March, Saturday, 1—6pm
@ Forest Pottery, Samridhi

Forest Pottery invites you to an Open house hosted by Paula, apprentice of Ange. There will be teapots, cups, bowls, vases & more.

- Contact Paula:
+91 9159970619



Paula

AUROMODE HIVE'S

Open House

Friday, 8 March, 9am—5 pm

Dear All, Join us at Hive's Open House! Step into the world of unmatched productivity and limitless possibilities with lightning-fast Internet and Unlimited data—All for Free.

- Visit our website at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries, feel free to reach out to us on 7092197375 WA/ 9042759540WA.

See you on Friday!



Dhesh for Auromode HIVE Team

DROPZY



Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their doorsteps

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

• Download link as shown below

- Android <https://rb.ghttps://rb.g/32zcixy/32zcix>
- iPhone <https://rb.g/visp4c>
- Desktop <https://rb.g/bpnud5>



Android



iPhone



Desktop

Stay tuned in to our announcements and the app regularly, for more updates.

Sathish Arumugam For Dropzy
+91 8098144686, www.dropzy.in

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec. If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in,
newwavesauroville@gmail.com

- Office open afternoons only
Monday to Saturday at 2—5pm



Dhanda

FREE STORE OPENING TIMES

Morning hours:

- Monday to Saturday:
8:30am—1pm

Afternoon hours:

- Tuesday and Thursday:
2:30—4:30pm



We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

Kamala for Free Store Team

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen.

- Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

- Monday to Saturday, 10am—5pm @ Creativity.
Please book sessions in advance.

Thai Massage

- Monday—Saturday, 9am—5pm

To book massage sessions or for more information, please contact me personally.

Tailoring

We can tailor and customize any kinds of dresses, saris, blouses and kurtas.

- For any of the above services, contact
Phone/WA 8098845200, rupavathijoy@gmail.com
Rupavathi Joy

LATEST NEWS

from Inside India Travel Shop

Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10am till 4pm, Landline 2623030 Monday to Friday. Saturdays only on appointment. He can also be contacted anytime via cell phone or by +91 9894598686, and by mail travelshop@inside-india.com



- **Qatar** railways partnership with Deutsche Bahn (the national railway company of Germany). It means connecting from Frankfurt airport by train directly to 15 cities across Germany, and an additional one in Switzerland.
- **Qatar** airways offers are available from Chennai to Frankfurt, Rome
- **Oman** airways has offers from Chennai to Munich
- **Etihad** airways special fare is available from Chennai to Frankfurt, Paris, Rome
- **Gulf** airways special fare from Chennai to Milan
- **Qatar** airways offers are available from Chennai to Frankfurt, Rome

Several travelers were 'boarding denied' as check-in staff didn't accept the e-FRRO Stay Visa as valid document without backing it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available any more, take at least a photocopy of the original Visa.

Joster

Auroville Media

AUROFILM'S ARCHIVES



The First Auroville Singing Festival

Dear community, as part of Aurofilm's archives, we are sharing with you 3 documentaries about the first Auroville Singing Festival. It was organized with 130 participants from many different nationalities and held in the open air amphitheater at Kalabhoomi, in October 2013.

The first film (17min) includes interviews of the organizers, rehearsals and performances during the event:

- [Auroville Singing Festival 2013—Interviews and Rehearsals](#)

The second one (40 min) includes extracts of the first day performances of the Festival:

- [Auroville Singing Festival 2013 \(first day\)](#)

The third one (43min) includes extracts of the second day performances of the Festival:

- [Auroville Singing Festival 2013 \(second day\)](#)

We hope you enjoy watching and remembering this nice event that has more than 10 years of history in Auroville and which led to a new version of it last year!

Surya

AUROVILLE RADIO

Dear Aurovilians, Your favourite radio is always working for you. Stay tuned!



- [Here you can listen to the stream channel](#) (playing 24/7).
- [Here you can see on-air schedules.](#)

Last published podcasts:

- [Seeking Our Inner Being Se. 1, Ep. 9 Part 2.](#) (Spirituality)
- [Seeking Our Inner Being Se. 1, Ep. 9 Part 1.](#) (Spirituality)
- [Une série hebdomadaire de lectures par Gangalakshmi—460](#) (Integral Yoga)
- [Marlenka's weekly Offering—Ep.114](#) (Literature)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you, as an Aurovillian wish, make a donation to F.A. number 0867.

Thanks for your help!

...and more! on www.aurovillerradio.org.

For more information write to
radio@auroville.org.in

Peace and love, Wobbli

Poetry

FOG

The fog comes
on little cat feet.

It sits looking
over harbor and city
on silent haunches
and then moves on.
Carl Sandburg

O GOD!

O God!
Play in all roles
To Thy heart's content.
Remove Thy mask
Come out
From behind the screen
In the grand finale.

You promised, remember?

With joyful Gratitude, Anandi Z.

Voices and Notes

MANDALA

In Sanskrit mandala means a cycle, disc. In Buddhist tradition—sacred painting of the universe. In Auroville some flowering mandalas were created by a team of Auroculture when they collected flowers in Matrimandir garden. Flowers are intermediary between peoples and stars. In German, star is Stern, in Russian—zvezda, I like the French name of star—étoile.

Flowers are a symbol of beauty, peace, harmony. All flowers of Auroville are a giant mandala. They give people happy, joy. Spiritual names of flowers lead to divine consciousness of Aurovilians.

Auroculture lived in Aspiration community some years ago.



I asked her about spiritual names of flowers, she willingly answered me. There is a bush *Nyctanthes arbor-tristis*, common names—night Jasmin and tree of sadness. Spiritual name of its flowers—aspersion. Flowers of this plant appear at night, early morning they fall down. Of course, this plant likes the stars. That is celestial love.

We haven't an observatory in Auroville. But for sure we have a rabbit hole. Into it we can see any constellation, star, planet, that is enchanted world of course.

2023 was a rabbit year. From 10th February we live in year of dragon. Dragons can give to us the new possibilities. **Boris**

A NEW INDIA IS ARISING

A Call to the Youth of India

As relevant now as it was then...

'The future is not in our hands. When so huge a problem stares us in the face, we become conscious of the limits of human discernment and wisdom. We at once feel that the motions of humanity are determined by forces and not by individuals and that the intellect and experience of statesmen are merely instruments in the hands of the Power which manifests itself in those great incalculable forces. In ordinary times, we are apt to forget this and to account for all that happens as the result of this statesman's foresight or that genius' dynamic personality. But in times like the present we find it less easy to shut our eyes to the truth. We do not affect to believe, therefore, that we can discover any solution of these great problems or any sure line of policy by which the tangled issues of so immense a movement can be kept free from the possibility of inextricable anarchy in the near future. Anarchy will come. This peaceful and inert nation is going to be rudely awakened from a century of passivity and flung into a world-shaking turmoil out of which it will come transformed, strengthened and purified. There is a chaos which is the result of inertia and the prelude of death, and this was the state of India during the last century. The British peace of the last fifty years was like the quiet green grass and flowers covering the corruption of a sepulchre. There is another chaos which is the violent reassertion of life and it is this chaos into which India is being hurried today. We cannot repine at the change, but are rather ready to welcome the pangs which help the storm which purifies, the destruction which renovates.

One thing only we are sure of, and one thing we wear as a life-belt which will buoy us up on the waves of the chaos that is coming on the land. This is the fixed and unalterable faith in an overruling Purpose which is raising India once more from the dead, the fixed and unalterable intention to fight for the renovation of Her ancient life and glory...

If we realise this truth, if we perceive in all that is happening a great and momentous transformation necessary not only for us but for the whole world, we shall fling ourselves without fear or misgivings into the times which are upon us. India is the Guru of the nations, the physician of the human soul in its profounder maladies; She is destined once more to new-mould the life of the world and restore the peace of the human spirit.'

Sri Aurobindo, *Bande Mataram*—II: *Swaraj and the Coming Anarchy*

'What India needs especially at this moment is the aggressive virtues, the spirit of soaring idealism, bold creation, fearless resistance, courageous attack; of the passive tamasic spirit of inertia we have already too much. We need to cultivate another training and temperament, another habit of mind. We would apply to the present situation the vigorous motto of Danton, that what we need, what we should learn above all things is to dare and again to dare and still to dare.'

Sri Aurobindo, *Bande Mataram*—II: *Defying the Circular*
'A divine life in a divine body is the formula of the ideal that we envisage.'

Sri Aurobindo, *Essays in Philosophy and Yoga: The Divine Body*

- <https://incarnateword.in/compilations/a-call-to-the-youth-of-india/a-new-india-is-arising>
- <https://auroville.org/page/core-documents>

Zech

Languages

NEWS FROM AUROVILLE LANGUAGE LAB

Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!



3rd ALL Open House!



Thanks to all the people who came to the Open House this past Saturday, February 24th. It was the Lab's 3rd Open House. Visitors were welcomed with tours, film presentations, Tomatis listening and active phase exercise sessions, followed by lemon juice, fruit, and snacks. (The low-oil, no-chilly samosas were fantastic!) The mix of nationalities was wonderful to see, and the energy was uplifting and convivial.

Conversation Practice sessions

• Would be Mondays for Tamil, Tuesdays for Italian, Wednesdays for French & Chinese, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for German. Please come forward for other languages, especially Sanskrit and Hindi! All are welcome for these sessions.

• Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguageagelab.org or a message to +91 9843030355 WA.

Our first full-length publication

Our first full-length publication: We are delighted to share that our first full-length publication, 'From Resonance to Bonding' by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies.

• Order through our website:

<https://books.aurovillelanguageagelab.org/>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free here, before decided to order through Amazon.

- **We are looking for sponsors** to cover costs of the first print run, so that it can be available as a paperback.
- For now, in India, it is only available as a **Kindle e-book**. You can use a free kindle e-reader to access it.

Something New: Evening Programs!

• **Starting from 1 February 2024**, we are launching a new experiment. The Language Lab will **extend our opening hours from 5 to 7pm**, Monday to Friday. We will offer special evening programs which will include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque. Our regular day-time students could take advantage of these sessions as well. This is to revive an old idea of 'language exchange' and 'sharing languages'. This program will be free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well.

Current Schedule of Classes

Lan-guage	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	11am—12pm	Tuesday & Thursday
	Conversation Intermediate Start date 8 February	4—5pm	Tuesday & Thursday
	Conversation Pre-Intermediate Start date 12 February	4—5pm	Monday & Wednesday
	Movements & Theater To start February 2024	10:30am—12noon	Saturday
French	Beginner To start 10 February	2:30—4:30pm	Saturday
	Conversation Post Beginner Start 10 February 2024	10:30am—12noon	
	Conversation Intermediate Start date 5 February 2024	2:30—3:30pm	Monday & Thursday
Tamil	Spoken Beginner Start date 23 January 2024	9:30—10:30am	Tuesday & Friday
	Spoken Intermediate To Start February 2024	5:30—6:30pm	Tuesday & Friday
Sanskrit	Beginner To start March 2024	TBA	TBA
Hindi	Beginner February 2024	10:30—11:30am	Monday & Wednesday
German	A1.1 Beginner Start date 5 February	9:30—11am	Monday & Wednesday
	German Elementary S&W Start 6 February 2024	4—5pm	Tuesday & Thursday
Spanish	Beginner Start 24 January 2024	2:30—3:30pm	Monday
	Intermediate	2:30—4pm	Tuesday
Japanese	Beginner To start March 2024	TBA	TBA
Italian	Beginner Start date 7 February	4—5pm	Wednesday & Friday
	Intermediate Start date 15 February	4—5:30 pm	Thursday

If there is a language you would like to learn, and it's not on our list, please send us a query!

Looking for

- Volunteer(s) capable of reading & writing Kannada & Telugu, for proof-reading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment.

Help Integrate People! program

Aurotaranti will anchor a new program called 'HIP': Help Integrate People! This is a vocational English program where special attention will be given to beginner and pre-intermediate English language learners in different fields of work in Auroville, so that they may develop the vocabulary, concepts and conversational skills to help them excel in their workplaces.

We would like to invite Aurovilians, Newcomers, SAVI Volunteers and employees of Auroville Units to participate. Auroville units can share their specific requirements and sponsor their staff for these classes, which will take place at the Language Lab premises.

- Those interested in participating or enrolling their staff in these vocational English acquisition courses are requested to contact info@aurovillelanguage.org with the subject line **HIP programme**, so that we may assess and schedule private or group sessions as required.

Tomatis

There are spaces available for both language & therapeutic programmes!

- Please contact 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguage.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguage.org/tomatis-method.php>
- <https://www.aurovillelanguage.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyy-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

To join or enquire

Please fill out our form at <http://register.aurovillelanguage.org/>. You may also drop us an email at info@aurovillelanguage.org, call us at 2623661 or come visit us!

The Language Lab is open

- **Monday—Saturday, 9am—12noon & 2—5pm**
 - **Location:** International Zone, after Unity Pavilion & Pump House.
 - **Email:** info@aurovillelanguage.org
 - **Phone:** (0413) 2623661, 2622467, 919843030355
- Enzo, for Language Lab Team**

Classes, Workshops & Healing Arts

SHIATSU

Practicing Hours

Time to deepen your learning of meridians, give and receive SHIATSU. An Art of Touch for Health and Happiness! During these regular Shiatsu training hours in the month of February and more to come, we will mainly focus on the practical aspects of the Shiatsu Art of Touch. According to the needs of the participants, we will include a brief look into the extensive theory of Shiatsu as well. Contributions required for ensuring future seminars.

- Wednesdays, 7—9am during the month of February at Budokan, Aikido Hall, Dehashakti
 - Do contact Ulrike Urvasi at shiatsuindia@gmail.com or 9751513906 (WA, Signal, Telegram) for necessary registration or questions.
- Ulrike Urvasi**



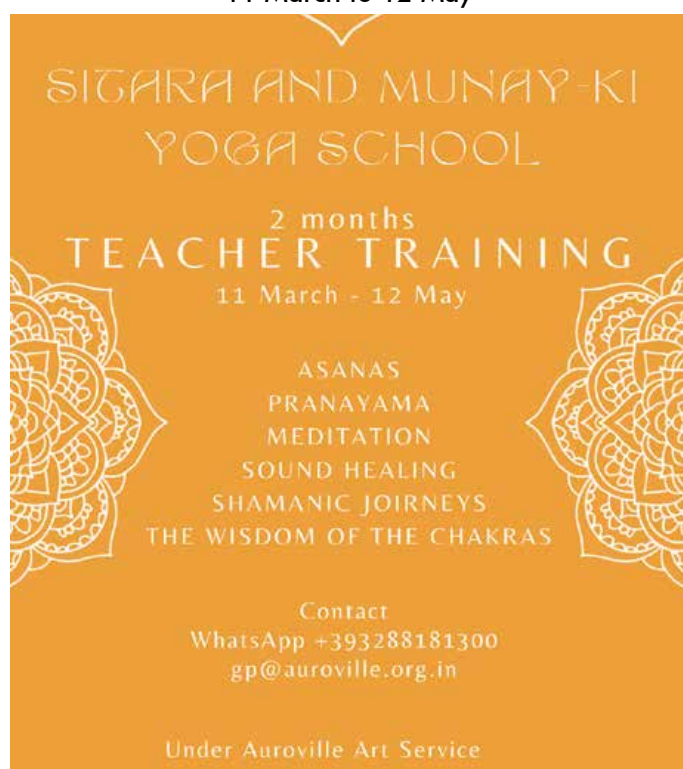
AUTHENTIC MOVEMENT, LIFE/ART PROCESS,
Danse du sensible & Sensorimotor drawing
 @ Hall of light Creativity, Tuesdays, 4:30—6:30pm,
 Ongoing till 12 March
 With Ambre Jaia, Donations for Creativity



Movement connects sensations, emotions, images, memories. It allows us to explore our inner world and express it, becoming more aware of it. In Authentic movement, we dive into a deep exploration in movement, while an external witness offers us an unconditional and safe presence, making us feel truly seen and accepted (which may heal deep insecure attachment wounds). Our inner witness also awakens. More alive and aware, we are able to gather precious insights along our 'movement in depth'. powerful transformations, and boosters for our creativity! Danse du sensible is a fine way to become more embodied and sensitive to our sensorial life. In Sensorimotor drawing, we draw with both hands, eyes closed, listening to the inner impulses of our physical and emotional body, letting then these impulses become visible on the paper. We use this practice to balance our nervous system and become attuned listeners of the hidden messages of our body. Each session will weave one or two of these modalities.

- **Contact :** +918301885179/ +33630018728 WA
 - *Please bring 2 sheets of A3 drawing paper and oily pastels*
- Lola*

SITARA AND MUNAY-KI YOGA SCHOOL
Chakra Yoga Meditation Sound Initiation
 11 March to 12 May



- For more information, please see our brand new web-site sitaramunay-kiyoga.wordpress.com

Sitara and Munay-Ki

RECONNECTING
with your Inner Cycle

Thursday, 7 March, 4—7pm
 @ Our office in Auroshilpam (Google map us!)
 Last for the season!

The world of menstruation as a gateway to connect with your body and your inner power:

Eco Femme invites you to explore...

- Wonderful and wild world of menstruation
- Women as cyclical beings
- Learn menstrual cycle tracking to nurture the power of your womb
- Embodied practices to connect with your body (including some belly dance steps)
- Eco-Sisterhood through sharing authentically.



Cost: On contribution basis, contact us to know more

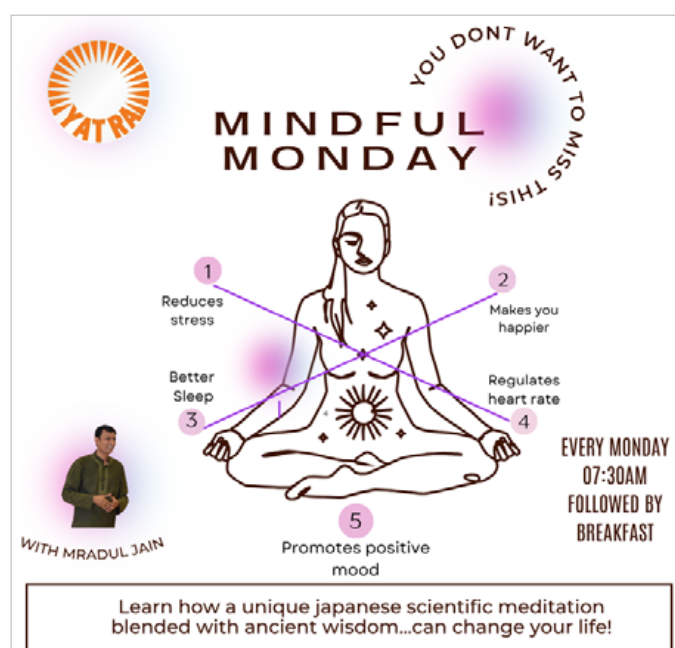
Prior registration required (Please email us at info@eco-femme.org or message us at 9487179556 to register/ask questions)

P.S. Everyone has a woman in their life—men, please don't shy away from joining!

Célia

MINDFUL MONDAY

Every Monday, 7:30am, followed by breakfast



You don't want to miss this! Learn How A unique Japanese scientific meditation blended with ancient wisdom...that can change your life! Reduces stress, Better Sleep, Makes you happier, Regulates heart rate, Promotes positive mood

- **Book Your Spot Now**
 - Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kulapalayam
 - 0413 2623071, +91 9751033162

Yatra Srinivassan

ACRO YOGA

- **First time & beginner**
 - By appointment only: 9047722740
- **Intermediate:**
 - Tuesday: 5—6:30pm
 - Saturday: 9—10:30am




Damien

AWARENESS THROUGH THE BODY INTRO

Saturday, 2 March, 9:30am—12:30pm
@ Transition School ATB hall

Intro
Awareness Through the Body
theme of 'leading & following'



with Vega & Honor
2nd March (Sat) 9.30am - 12.30pm

All are welcome for an introductory exploration of Awareness Through the Body (ATB). This practice, developed in Auroville, aims to build self-awareness and self-regulation, increasingly allowing us to lead from our innermost psychic center. Taking the theme of 'leading & following' we will explore roles that we are all called to adopt at times in our lives, whether it be at home, school, work or in society. We will use a variety of introspective and interactive, dynamic and still exercises gently leading us to a deeper space of awareness.

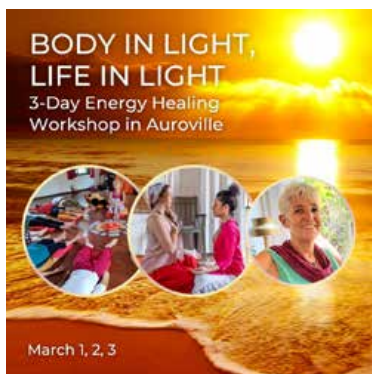
- **Advance registration required at:**
dancingtree.smile@gmail.com or 9159856148 WA. Vega

BODY IN LIGHT, LIFE IN LIGHT: Energy Healing Workshop

1, 2, 3 March, 9am—5pm @ Bhumika Hall, Bharat Nivas

In this 3-day workshop we explore with joy the 3 paths to ascension:

- Healing old pains, patterns and programming
- Aligning to your Divine Essence
- Tuning into mystical moments of realization by stepping into the frequency of the four powers of the Divine Mother: Wisdom, Harmony, Strength & Creation



Dive into powerful techniques for self-healing, and explore Fundamentals, Principles and Universal Laws of energy healing.

- **Facilitator:**
Sandyra, Energy Healer & Teacher since 25 years.
- **Register now:** contact@auroville-jiva.com, or +91 9443619403 WA. Niharika

YOGA CLASSES in Bharat Nivas

Daily drop-in Yoga Classes in Bharat Nivas.

- Ashtanga Yoga from 8—9:30am.
- Hatha Yoga 4:30—6pm.

Class is open for all levels. No pre registration required. Jessica



YOGA WITH RACHEL

INTEGRAL ALIGNMENT
ALINEAMIENTO INTEGRAL



Reservas en:
Bookings on: +91 7457085676, Rachel



- One to One lessons—Small groups

Weaving a tapestry of gentle guidance, leading you through each asana with detail. Verbal cues as a golden thread connecting breath and movement to the essence of your being. Each Asana as an expression of balance, inviting you to return with yourself, aligning your body, mind and spirit.

- *Clases particulares—Pequeños grupos*

Tejiendo un tapiz de suaves movimientos, guiándote verbalmente a través de cada asana con detalle, como un hilo dorado que conecta la respiración y el movimiento con tu propia Esencia. Cada Asana, como expresión de equilibrio, invitándote a resintonizar contigo misma, alineando cuerpo, mente y espíritu.

Submitted by Rachel

DETOX YOUR MIND & BREATHE Heal your Body



- **Scientific Meditation with sound healing for distress Mind Body and Soul.** Experience exclusive sound frequencies created by a Japanese Scientist.
 - Monday, Wednesday, Friday, 7—8:30am
 - Advance registration required
- **One To One Health & Wellness Therapy.** Anxiety, Depression, Mental Disorders, Sleep disorder Emotional Blockage Sensory Development
 - Pre appointment is required
- **Analysis of Multiple Intelligence using Scientific Neuroscience Tools.** Eligibility: Anyone from 6 years to 60 years of age
 - Pre appointment is required
- **Conscious Circle & Chanting**
 - Tuesday, 6:30—7:30pm
 - Reserve your space in Advance

Yatra Srinivasan,
Yatra Art and Culture Foundation, Yatra Arts Media,
Near New Creation Sports Ground, Kuilapalayam
0413 2623071, +91 9751033162,
<https://www.yatraarts.org/>,
<https://www.yatraartsmedia.org/>

AUTHENTIC RELATING WORKSHOPS

Every Thursday, Ongoing Till 14 March
9:15am—12:15pm, Hall Of Light, Creativity

AUTHENTIC RELATING WORKSHOPS

Every week different theme



Do you desire to go beyond the surface & connect deeply & authentically with others in a safe, heart-centered environment?

**JOIN US IN THE HALL OF LIGHT, CREATIVITY
EVERY THURSDAY FROM JAN 11TH TO MARCH 14TH
9:15AM-12:15PM**

Open to all

+918098503386
+919489244823



AV, NC & SAVI discounts available

+918098503386, +919489244823, Dave

AUROMODE YOGA SPACE

March 2024 Schedule

Registrations must for all the program. Email or WA us to know about the fees structure and other details.

balaganesh.siva@gmail.com +91 9892699804 WA only



Day	Time	Description
Monday to Friday	6:30—9:30am	Vinyasa flow Asanas, Pranayama and Meditation, Classes from March 3
Monday to Friday	10—11am	Mobility with Karalakattai Classes from March 3
Every Friday	5:30—7pm	Vinyasa flow Asanas
Every Saturday	5:30—7pm	Vinyasa flow Asanas
Every Sunday	5:30—7pm	Vinyasa flow Asanas

Vinyasa flow with Bala

Vinyasa Flow yoga is a style of yoga that emphasizes the coordination of breath and movement. It is a dynamic and fluid practice that links various yoga poses together in a sequence, creating a continuous flow of postures. Vinyasa Flow classes can vary in intensity and pace, making them accessible to practitioners of different levels.



Mobility with Karalakattai

Ready to enhance your flexibility and mobility? Karalakattai, a traditional Indian wooden tool, might just be the key! Used for centuries in Tamil Nadu, Karalakattai is a simple yet effective aid for improving joint mobility and overall flexibility. Join us every day to improve your overall posture correction.

Bala

ARKA WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, 0413 2623799

Treatments

Treatment	Therapist	when
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	Monday to Saturday by Appointment 9943410987
Cranio sacral, Lomi Lomi Kahuna massage, Bare-foot body massage	Silvana	Monday to Saturday by Appointment 9047654157
In Nutrition, Diet, Weight Loss and Weight Management, Psychosomatic	Nadia (English & French)	Monday and Wednesday afternoon by Appointment: 948 90 35 457
Kahuna, lomilomi Heartwork, hot stone Ili'Ili.	Sang	Monday to Sunday 8807132468, +4591118176 WA
Psychospiritual Intro-spective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday By Appointment: 0413-2623767 antarcalli@yahoo.fr
Chinese Fire Cupping and Moxibustion Therapy	Chun 8098900708	Monday to Saturday by Appointment

Classes

Classes	Teacher	when
Acro Yoga	Damien	Monday: 3—4:30pm, Tuesday: 5—6:30pm For regular classes By Appointment: 9047722740
Pilates	Teresa	Tuesday & Thursday 7:30—8:30am. Friday: 5:30—6:30pm By Appointment: 7867998952
Iyengar yoga	Olesya	Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm. Or by Appointment: 9159052743



Traditional Massage Therapy Classes

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamil Nadu, Southern India. It is one of the oldest systems of medicine in India.



- The certificate course has three levels:
 - Basic: 10 Hours,
 - Intermediate: 20 Hours,
 - Advanced: 30 Hours
- Course modules:
 - Varma Massage Therapy,
 - Varma Touch Therapy,
 - Varma Myology (Muscles),
 - Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at www.angamtree.com. Kindly share your profile with us at the below mentioned email address. We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

Wellness Wood Products

The Tree is very important for life. In our process we used the trees which have been used as pillars in old heritage houses in the villages. These pillars are more than 200 years old which have the synergy with the land. Our Karalakattai products are made from these heritage wooden pillars.



Karakattai

The history and origin of karlakattai, The name says it all!!

Karakattai (wooden Indian clubs) training is a traditional form of body conditioning practiced originally by Tamil warriors and other parts of south India in the past. The history and origins of karlakattai date back to ancient years ago when the civilizations were formed and the evidence is seen in the temple carvings and ancient scripts.

• **Contact:** Raja, +91 9751395939, www.angamtree.com

Therapies

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.



• You can learn more about us and register at www.angamtree.com/therapies

Student Internship Program: Traditional Bodywork

Our internship programme offers a unique opportunity to get experience of therapy setting and access modules of our in-house training programme on skills and planning.

- Respond to enquiries, Greet and Meet the Client, Complete Client Information Form
- Conduct postural assessment and evaluation
- Discuss the case with the supervising therapist—Perform any further additional assessments or enquires. Deliver Deep Tissue Massage



During the appointment the supervising therapist may enter the room, demonstrate any techniques or assessments—allow you opportunity to ask further questions

This position should only be applied for if the applicant is looking to start a career as a massage therapist and is interested in developing their skills and knowledge both as a therapist and how to grow and manage their client base. Kindly email your resumes with the subject title Internship Program at angamtree@auroville.org.in

- You can learn more about us and our initiatives at <https://angamtree.com>
- +91 9751395939, www.angamtree.com

Contribution based, Submitted by Raja

BEAUTIFUL SOUNDS

• Five Elements, duration 1h30

Tibetan bowls, gongs, shruti box, chamanic drum, overtones. Nidra Yoga with Tibetan bowls. Individual couple and group (max 7 peoples)



- **Benefits:** Harmonizes body and mind. Extreme relaxation Reduce anxiety. Panic attack. Emotional disorders. Realign the chakras. Energize the brain and cells...

• Angel Sounds, duration 1 hour

Massage with Tibetan bowl chakras and tuning forks (Reinforcement of the chakras and reharmonizes the right and left brain).

• Meditation With Gongs, duration 1 hour.

Experience a musical journey to go into transcendental meditation, Maximum 7 peoples

• Shamanic Journey

A workshop to connect to yourself to the Source. Experience a powerful journey in your inner self thanks to energetic exercises & transformative sounds.

- **The morning:** qi qong & chamanic chants.
- **Afternoon:** pranayamas & 5 Elements, duration 1 hour

Possibility to book only for the morning or afternoon

• Nada Yoga Ananda

- **Every Wednesday, Thursday, Sunday, 4pm for 2 hours**
- **Ecstatic Wednesday,** Vowels chants Overtones (throat singing), Kototamas
- **Shamanic Thursday,** Reverse Bijas mantra Overtones Electric energy
- **Shamanic Friday,** Shamanism Native American's Chants & overtones (throat singing)
- **Sacred Sunday.** Mantras Desert's sounds Harmonics (mixe with gregorian chant, throat sing & noise singing)

• Tibetan bowls, 30 minutes.

To be in Theta mode. Singing for the soul(1h30 mantras, bijas mantra inverted, overtones and kototamas).

• Fitness training—karla kattai

- **Satyayuga.** Personal coaching for individuals and/or small groups (max 5 persons). I have 30 years of experience. needs over the short, medium or longer term.
- **Qi-Qong** for facial rejuvenation and for the back (spine, shoulders, neck).

• Reiki : Energy for wellbeing and struggle against stress...

• Full And New Moon

We will work with the energetic forces of the moon. Moon gong, sun gong, moon tibetan bowls and our group energy. We will create a energetic field to power your intention.

- Start promptly 7pm, finish 8:30
- Full moon: 22, 24, 25 February

• For more info: +917639761930 WA

- or satyayuga@auroville.org.in
- French and English speaking.
- Location on request.

Satyayuga

Traditional Mantras & Stotras

chanting class

@ Serendipity Community
With Sonia Novaes

THURSDAY | 9 AM (DROP-IN CLASS)
FRIDAY | 5 PM (REGULAR CLASS)

info:
serendipityauroville@gmail.com
+91 8940288090



@ Serendipity Community with Sonia Novaes

Thursday, 9am, Drop-In Class

Friday, 5pm, Regular Class

• serendipityauroville@gmail.com, +91 8940288090

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes. **Sonia**

WOMEN'S CIRCLE

Together we rise, united we shine—a circle of strength, support, and sisterhood.



We gather for 2h starting at 4:30pm
Jan 12 th, 19 th, 25 th
Feb 1st, 8 th, 16 th, 24 th
March 2 nd, 9 th, 16 th
In Maloka hall in Anitya community

+91 9489244823

Guests 400rs, for AV, NC & Savi volunteers discounts available

Joy of Impermanence

- We gather for 2h starting at 4:30pm
- 2, 9, 16 March
- @ Maloka hall in Anitya community
- Guests 400rs, for Aurovilians, Newcomers & Savi volunteers discounts available. +91 9489244823, Prem Shakti

PITANGA PROGRAM

March 2024



Drop-In Classes

- Join without prior registration!

	Class & teacher	Class level
Mondays		
7:30—9am	Asanas with Rachel	All levels
4—5pm	Biodynamic Deep Presence with Mike.	All levels
Tuesdays		
9—10:30am	Iyengar Yoga, Spine class, with Chloé	All levels
5—6:30pm	Restorative Yoga with Rachel	All levels
Wednesdays		
7:30—9am	Asanas with Rachel	All levels
Thursdays		
4:30—5:30pm	Aviva Exercise with Suriyagandhi	For women only
4:30—6pm	Vocal Sound Healing with Lola	All levels
5:30—6:45pm. On 7 March: 3pm—4:15pm	Restorative Yoga with Rachel	All levels
Fridays		
6:45—8am	Pranayama with François & Namrita	For former 'The Art of Living' course participants
7:30—9am	Asanas with Rachel	All levels
4:30—5:30pm	Weekly Readings of The Life Divine with Balvinder	All are welcome to join.
5:15—6:15pm	Feldenkrais class with Shari	All levels
5:15—6.45pm	For Giving Love Transmuting heavy emotions, with Marie-Claire	All are welcome to join!
Saturdays		
9—10:30am	Asana class, with Rachel	Intermediate level
11—12:15pm	ATB explorations with Isora, Rosario & Teresa	All are welcome to join!
4:30—5:30pm Not on March 2	Body Music with Anandi Z.	All are welcome to join!

Youth activities

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

- **Teen Yoga, with Lisbeth Mondays, Wednesdays 4pm—5:15pm.**

The classes **resume on Monday, 4. March**. New Auroville school students, fifth grade onwards can join by signing up with the Pitanga reception with your name, name of the child & contact no or WA

- Gala's children and Yoga classes resume in the week of **15 March**

Healing Space

- **By appointment, 262403, 9443902403**
 - Acupuncture by Heidi
 - Bio-Resonance (with Bi-Com machine) by Afsaneh
 - Chiropractic by Afsaneh
 - Cranio Sacral Therapy by Anne H.
 - Harmonization of Spirit and Body by Nadia L.
 - Thai Yoga Massage by Juan

New Activities

Surya Namaskar with Aadhithya

- **Monday 4—9 March, Monday—Saturday, daily 1 hour from 8:30am to 9:30am**

Surya Namaskar is the ultimate exercise for the body, mind and soul. In this course you will learn six different ways of practicing Surya Namaskar.



Learn how this may help you to avoid catching a cold or to remain calm in adverse conditions.

About the teacher: Aadhithya was taught the yoga practice at the age of 7 years by great Siddha Shri Chinmayapuree. While working internationally as a Consultant, he has been practising and teaching yoga for the last four decades wherever he goes. At present he and his family are visiting Auroville.

The course has limited places. Please register at Pitanga beforehand.

New Yoga classes with Rachel

Restorative Yoga—all levels

- **Thursdays, 5—6:30pm**
 - On 7 March 3—4:15pm

'Restorative poses and breath work help to calm and soothe the nervous system, improve sleep and reduce stress and anxiety as we open the body in a supported yoga practice. For new and continuing practitioners of all ages.'



Intermediate Asana Class

- **Saturdays 9—10:30am.**

For regular practitioners who wish to deepen their practice. For those who have a good understanding of the basic yoga postures with consistent practice and are able to maintain a stable Sirsasana and Sarvangasanar or their variations for at least 5 minutes.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in.

Submitted by Verena

VERITÉ PROGRAMS

March 2024

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083, 8489391876
- Email: programming@verite.in
- Website: www.verite.in



Yoga & Re-creation Programs

	Drop-in Classes	Timings	Presenters
Mondays	Yoga Breath & Meditation Practice for Beginners	7:30—8.30am	Mamta
	Pranayama & Meditation (no class 25 March)	9:15—10:15am	Radhika
	Regeneration Circle: Voices of Wholeness (contributions are voluntary (no class 25 March)	1:30—3pm	Nadim
	Yin Yoga Nidra (no class 25 March)	3:30—4:30pm	Bijou
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Sivananda Yoga	7:30—8.30am	Mani
	Yoga Asana: Deep Stretch & Relaxation (no class 19 & 26 March)	9:15—10:15am	Radha
	Face & Eye Yoga (no class 19 March)	3:30—4:30pm	Mamta
	Vocal Improvisation & Circle Singing	5—6:30pm	Lola
	Vinyasa Flow	5—6pm	Rebeca
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8.30am	Radha
	Gentle Hatha Yoga (no class 20 March)	9:15—10:15am	Claire
	Yin Yoga Nidra (no class 20 March)	3:30—4:30pm	Bijou
	Kirtan- Songs for Your Soul (contributions are voluntary)	5—6pm	Mamta
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Sivananda Yoga	7:30—8.30am	Mani
	Yoga for Inner Alignment—Pranayama & Asanas (no class 21 March)	9:15—10:15am	Radhika
	Gentle Hatha Yoga (no class 21 March)	3:30—4:30pm	Claire
	Vinyasa Flow (no class 7 March)	5—6pm	Rebeca
	Sufi Whirling & Zikr Practice	5—6pm	Prem
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8.30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement	5—6:30pm	Vega
Saturdays	Gentle Hatha Yoga	7:30—8.30am	Claire
	Sivananda Yoga	5—6pm	Mani
	Ecstatic Dance	5—6:30pm	Bijou

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, March 2	Master Class: Sivananda Yoga	9:15—12pm	Mani
Saturday, March 2	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi
Friday, March 8	Awareness Through the Body Exploration	9:15—12pm	Amir
Friday, March 8	Holistic Approach to Ayurvedic Lifestyle	2—4:30pm	Dr Geeta
Saturday, March 9	Introduction to Traditional Thai Yoga Massage (Nuad Boran)	9:15—4:30pm	Andres
Saturday, March 9	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Thursday, March 14	Yoga Therapy for Back Pain	9:15—12pm	Bijou
Friday, March 15	Master Class: Pranayama, Mantra & Asana for Internal Organs	9:15—12pm	Andres
Friday, March 22	Ayurveda for Self-Harmony	9:15—12pm	Claire
Friday, March 22	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi
Thursday, March 28	Moon Cycle & Yoga for Women	9:15—12pm	Radha
Thursday, March 28	Contact Improvisation Dance	2—4:30pm	Bijou
Friday, March 29	Understanding Pranayama & Its Practice in Asanas & Meditation	9:15—12pm	Radhika
Friday, March 29	Holistic Approach to Ayurvedic Lifestyle	2—4:30pm	Dr Geeta
Saturday, March 30	Safe Yoga Asana Practice—Do's & Don'ts	9:15—12pm	Rebeca
Saturday, March 30	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai Yoga Massage	Andres
Private Yoga Session / Yoga Therapy	Andres
Biodynamic Craniosacral Therapy	Mila
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Heart-Centered Resilience	Susan
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja

Kathir
for Vérité Programming

VERITÉ WORKSHOPS

Pre-registration required

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083, 8489391876
- Email: programming@verite.in
- Website: www.verite.in



Sivananda Yoga: Masterclass with Mani

- Saturday, 2 March, 9:15am—12pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Food is Medicine—Lifestyle Health Practice with Parvathi

- Saturday, 2 March, 2pm—4:30pm

Learn about your body constitution (Tridosha), and the importance of plant foods, spices and lifestyle practices to benefit your particular constitution. There will also be a demonstration of the proper way to make an herbal decoction/ infusion tea.

Awareness Through the Body Exploration with Amir

- Friday, 8 March, 9:15am—12pm

In this ATB exploration we combine introspective exercises with dynamic and fun activities to facilitate the process towards a deeper self-knowledge and more fulfilling forms of self-regulation.

Holistic Approach to Ayurvedic Lifestyle with Dr. Geeta

- Friday, 8 March, 2pm—4:30pm

Learn the fundamental principles of Ayurveda, India's traditional science of holistic self-care, including the concepts of Swasthya, Aswasthya, Dosha, & Prakriti. Based on her long-term experience as an Ayurvedic practitioner, Dr. Geeta will also share practical information about the use of herbs and simple lifestyle practices that support well-being.

Introduction to Traditional Thai Yoga Massage (Nuad Boran) with Andres

- Saturday, 9 March, 9:15am—4:30pm

Theory booklet included

Nuad Boran or Traditional Thai Yoga Massage Therapy is an ancient technique used to unblock energy stagnation & awaken our inner healer. This is achieved through both acupressure on the energy meridians (Nadis/Send Lines) & movements of the body & joints based on Yoga Asanas. No prior experience required; people of all backgrounds who feel drawn to it as a transformative practice are welcome.

Face & Eye Yoga: Face your Self with Mamta

- Saturday, 9 March, 2pm—4:45pm

Explore self-massage techniques & exercises for the face; revitalize the sense organs & enhance vision through candle gazing.

Kathir
for Vérité Programming



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
4 March to 10 March 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall. *Observing the international women's day (8th March) and women's month in some nations, we will try to bring films by and about women.*

Indian—Monday 4 March, 8pm

Fire In The Mountains

India, 2021, Writer-Dir. Ajitpal Singh w/Vinamrata Rai, Chandan Bisht, Harshita Tiwari, and others, Drama, 84mins, Hindi w/ English subtitles, Rated: NR (PG)

This much acclaimed debut feature by the director, filmed using handheld camera, tells the story of a woman unafraid to stand her ground and find ways forward for her family and village. Chandra and her husband, Dharam, run a homestay in a small Himalayan village. The terrain poses a problem to transport their son Prakash down the mountain in his wheelchair to go to the doctor and school. Though Chandra believes Prakash needs more medical attention, Dharam rather put the money toward a shamanic ritual. Tensions increase as their worldviews collide.

Potpourri—Tuesday 5 March, 8pm

The Red Shoes

USA, 1948, Dir. Michael Powell & Emeric Pressburger w/ Anton Walbrook, Marius Goring, Moira Shearer, and others, Drama-Musical, 135mins, Rated: NR (PG)

In this classic, Boris Lermontov is an authoritarian ballet impresario, whose proteges realize the full promise of their talents, but at a price: utter devotion to their art and complete loyalty to Lermontov himself. Under his near-obsessive guidance, young ballerina Victoria Page is poised for superstardom, but earns Lermontov's scorn when she falls in love with Julian Craster, composer of the ballet Lermontov is staging to showcase her talents. Vicky leaves the company and marries Craster, but still finds herself torn between her art and her heart.

Interesting—Wednesday 6 March, 8pm

Aeon Oz



Austria-Colombia-Germany-India-Nepal, 2023, Dir. Heinz Kasper w/Juana Del Mar Jimenez Infante, Experimental-Essay Film, 63mins, no dialog w/ animation in Sanskrit-English-German-Spanish, Rated: NR (G)

This subtle art film is about the element of light in its all-encompassing intensity. Where all spectra combine to form one element. Rapid cloud images, sublime places, reflecting backlights, poetic sound images, a euphoric body. Dancing metamorphoses around mysterious cultural monuments and impressive landscapes across India, Nepal and Colombia. A brilliant mystic conglomeration for all the senses. To hear, to see, to feel and to be... This screening is made possible by generous sharing by the film team. *In this Indian premiere of the film the director will be present in person for a brief Q&A after the screening. Don't Miss!*

Selection—Thursday 7 March, 8pm

Erin Bronkovich

USA, 2000, Dir. Steven Soderbergh w/ Julia Roberts, Albert Finney, David Brisbin, and others, Biography-Drama, 131mins, English w/ English subtitles, Rated: R

An unemployed single mother becomes a legal assistant and almost single-handedly brings down a California power company accused of polluting a city's water supply. This legal drama is based on the true story of a woman who helped win the largest settlement ever paid in a direct-action lawsuit.

International—Saturday, 9 March, 8pm

Papicha

France-Algeria, 2019, Writer-Dir. Mounia Meddour w/ Lyna Khoudri, Shirine Boutella, Hilda Amira Douaouda, and others, Drama, 108mins, French-Arabic w/ English subtitles, Rated: R

In 1997 Algiers, terrorists wanting an archaic Islamic state are everywhere. They oppress women, determined to control their bodies, clothing, and public space. Young student Nedjma is passionate about creating a fashion show. A film to watch!

Children's Matinee—Sunday, 10 March, 4pm

Moana

USA, 2016, Dir. Ron Clements-John Musker-Don Hall-Chris Williams w/Auli'i Cravalho, Dwayne Johnson, Rachel House and others, Animation-Adventure, 107mins, English w/ English subtitles, Rated: PG

In ancient Polynesia, when a terrible curse incurred by the demigod Maui reaches Moana's island, she answers the Ocean's call to seek out Maui to set things right.

Ridley Scott Film Festival @ Ciné-Club:

Ciné-Club Sunday 10 March, 8pm

Gladiator

USA-UK, 2000, Dir. Ridley Scott w/ Russell Crowe, Joaquin Phoenix, and others, Action—Drama, 155 mins, English w/ English subtitles, Rated: R

Maximus is a powerful Roman general, loved by the people and the aging Emperor, Marcus Aurelius. Before his death, the emperor chooses Maximus to be his heir over his own son, Commodus, and a power struggle leaves Maximus and his family condemned to death. The powerful general is unable to save his family. The only desire that fuels him now is the chance to rise to the top so that he will be able to look into the eyes of the man who will feel his revenge.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. You could financially support through a one-time or recurring donations to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution.

Thanking You, Nina

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

Cinema

ECO FILM CLUB Every Friday at Sadhana Forest

Schedule of Events

- 16:00** Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30** Tour of Sadhana Forest
- 18:00** Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30** Eco Film Club begins with 'previews' of short Sadhana Forest films
- 20:00** Dinner is served
- 21:15** Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:)



Friday, 8 March

The Lost Elephants of Timbuktu

2001 / 48 minutes / BBC Natural World

David Attenborough narrates this documentary following young research student Anne Orlando as she sets out on an unforgettable adventure, hoping to solve the mysteries surrounding a herd of elephants that inhabit the desert south of the fabled city of Timbuktu.

Shek



At Multi Media Centre Auditorium (MMC, Town Hall)

- Reminder: Friday, 1 March, **'The Treasure Of The Sierra Madre'**—United States, 1969, By John Huston
- Friday, 8 March, **'The Lemon Tree'**—Original Title: Etz Limon—Israel, 2008

Directed By Eran Riklis

With: Hiam Abbass, Rona Lipaz-Michael, Ali Suliman

Salma Zidane, Widow, lives on the Palestinian West Bank, in a little house flanked by lemon trees planted by her great-grand parents. Unfortunately, when the Israeli minister of defense builds a house adjacent to her own, her lemon trees are deemed a security risk. Salma hires a lawyer to prevent the powerful man from having her ancestral trees removed. Things seem bleak, but it looks like hope could shine in from an unexpected source, when the minister's neglected wife develops sympathy for Salma's plight. The film received nominations for several awards such as Best Actress and Best Screenwriter at the 21st European Film Awards. Based on a true story, this touching film is about the healing power of empathy in the continuing Israeli-Palestinian conflict. It is also a tribute to women on this year's Women's Day...

Original version in Hebrew and Arabic with English Subtitles—Duration: 1h.46'

Surya

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 9443074825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Bus passes

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way Monthly** (Workers/Volunteers)
- Rs.1200: **Student Monthly pass**

AV account / Cash / UPI Transfer :

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join On WhatsApp group

of Auroville Bus to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>