



News Notes

#1029 A weekly bulletin for residents of Auroville 30 May 2024



The Unseen with whom there can be no pragmatic relations, unseizable, featureless, unthinkable, undesignable by name, whose substance is the certitude of One Self, in whom world existence is stilled, who is all peace and bliss — that is the Self, that is what must be known.

Mandukya Upanishad.

One sees it as a mystery or one speaks of it or hears of it as a mystery, but none knows it.

Gita

Pondering



All these things we see around us are then the thoughts of an extra-cosmic Divinity, a Being with an omnipotent and omniscient Mind and Will, who is responsible for the mathematical law of the physical universe, for its artistry of beauty, for its strange play of samenesses and variations, of concordances and discords, of combining and intermingling opposites, for the drama of consciousness struggling to exist and seeking to affirm itself in an inconscient universal order.

*Indeterminates and Cosmic Determinations,
The Life Divine, Sri Aurobindo*

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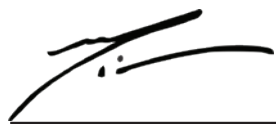
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House of Mother's Agenda

(continued from last week)

The Immortal bound to earth's mortality
Appearing and perishing on the roads of Time
Creates God's moment by eternity's beats.

He dies that the world may be new-born and live.

Even if he escapes the fiercest fires,
Even if the world breaks not in, a drowning sea,
Only by hard sacrifice is high heaven earned:
He must face the fight, the pang who would conquer Hell.

A dark concealed hostility is lodged
In the human depths, in the hidden heart of Time
That claims the right to change and mar God's work.

A secret enmity ambushes the world's march;
It leaves a mark on thought and speech and act:
It stamps stain and defect on all things done;
Till it is slain peace is forbidden on earth.

There is no visible foe, but the unseen
Is round us, forces intangible besiege,
Touches from alien realms, thoughts not our own
Overtake us and compel the erring heart;
Our lives are caught in an ambiguous net.

An adversary Force was born of old:
Invader of the life of mortal man,
It hides from him the straight immortal path.

A power came in to veil the eternal Light,
A power opposed to the eternal will
Diverts the messages of the infallible Word,
Contorts the contours of the cosmic plan:
A whisper lures to evil the human heart,
It seals up wisdom's eyes, the soul's regard,
It is the origin of our suffering here,
It binds earth to calamity and pain.

This all must conquer who would bring down God's peace.

This hidden foe lodged in the human breast
Man must overcome or miss his higher fate.

This is the inner war without escape.

* * *

'Hard is the world-redeemer's heavy task;
The world itself becomes his adversary,
Those he would save are his antagonists:
This world is in love with its own ignorance,
Its darkness turns away from the saviour light,
It gives the cross in payment for the crown.

His work is a trickle of splendour in a long night;
He sees the long march of Time, the little won;
A few are saved, the rest strive on and fail:
A Sun has passed, on earth Night's shadow falls.

Yes, there are happy ways near to God's sun;
But few are they who tread the sunlit path;
Only the pure in soul can walk in light.

An exit is shown, a road of hard escape
From the sorrow and the darkness and the chain;
But how shall a few escaped release the world?

The human mass lingers beneath the yoke.

Escape, however high, redeems not life,
Life that is left behind on a fallen earth.

Escape cannot uplift the abandoned race
Or bring to it victory and the reign of God.

A greater power must come, a larger light.

Although Light grows on earth and Night recedes,

Yet till the evil is slain in its own home
And Light invades the world's inconscient base
And perished has the adversary Force,
He still must labour on, his work half done.

One yet may come armoured, invincible;
His will immobile meets the mobile hour;
The world's blows cannot bend that victor head;
Calm and sure are his steps in the growing Night;
The goal recedes, he hurries not his pace,
He turns not to high voices in the night;
He asks no aid from the inferior gods;
His eyes are fixed on his immutable aim.

Man turns aside or chooses easier paths;
He keeps to the one high and difficult road
That sole can climb to the Eternal's peaks;
The ineffable planes already have felt his tread;
He has made heaven and earth his instruments,
But the limits fall from him of earth and heaven;
Their law he transcends but uses as his means.

He has seized life's hands, he has mastered his own heart.

The feints of Nature mislead not his sight,
Inflexible his look towards Truth's far end;
Fate's deaf resistance cannot break his will.

In the dreadful passages, the fatal paths,
Invulnerable his soul, his heart unslain,
He lives through the opposition of earth's Powers
And Nature's ambushes and the world's attacks.

His spirit's stature transcending pain and bliss,
He fronts evil and good with calm and equal eyes.

(to be continued next week)

Sri Aurobindo, Savitri, A Legend and a Symbol
Book Six: The Book of Fate
Canto Two: The Way of Fate and the Problem of Pain

<https://incarnateword.in/cwsa/34/the-way-of-fate-and-the-problem-of-pain>

With love and gratitude,
Gangalakshmi (HOMA)

Community News

Awakening Spirit

BHARAT NIVAS PRESENTS

A weekly study circle on The Synthesis of Yoga Sri Aurobindo



By Deepti Tewari

The Mother's very last message to Auroville

"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work.

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."
27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions."
02.05.1970

4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location



The Mother's very last message to Auroville

'Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work'

'To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga.

27.03.1973

'Programme: Research through experience of Supreme truth. A Life Divine. But no religions.'

02.05.1970

Parking available outside at the Bharat Nivas Main Gate

Monisha, BN Team

AMPHITHEATRE—MATRIMANDIR

Thursdays, 6—6:30pm (weather permitting)

During the Summer months, Sunil's music and Savitri read by Mother will be replaced by the beautiful New Year Musics, also by Sunil and with each time a different prayer by the Mother, recorded with the music



Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you and note that access is for the Amphitheatre only from 5:45pm and until meditation ends.

Surya for Amphitheater team

Savitri
B H A V A N

Schedule June 2024

Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall.
- **A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor

Film

- **June 24: The Yoga of the Earth**

This beautiful meditative film contains passages from Book One, The Book of Beginnings of Sri Aurobindo's Savitri—A Legend and a Symbol read by the Mother and her commentaries, illustrated by Huta's paintings. Produced by Savitri Bhavan in 2016 with audio restoration and programming by Holger. Duration: 32min.

This month

- No Mudra Chi
- No OM Choir

Full Moon Gathering

- **Friday, 21 June, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Wednesdays 4:30—5:30pm:** Dream Divine Series
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays 10—11:30am:** Bases of Yoga Book Reading Circle led by Debashish
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday 9—5

Reflections on Passages in Savitri:

The Debate of Savitri and Death Larry Seidlitz

- **Friday, 31 May, 4—5pm @ Sangam Hall**



The epic battle in Savitri is not fought with bows and arrows on an earthly battlefield, but in a colloquy between the god Death and the goddess Savitri in the realms of consciousness between earthly life and nothingness. Their debate parallels the argument between the dominant scientific view of existence and the spiritual evolutionary view championed by Sri Aurobindo. Of course, Savitri wins not only the debate, but secures a victory over death itself and brings back to life her dead husband. Thus, the debate concerns the superiority and antecedence of Spirit versus Matter, and depending on the truth of this crucial issue hangs our individual and collective fate. The selected passage encapsulates the essential points of both arguments, and considers their implications for life.

Book Release: Two Translations of 'The English of Savitri' by Shradhdhavan

- **Savitri Shabdarnut**, Gujarati Translation by Kirit Thakkar, Volume 18
- **L'Anglais de Savitri**, French Translation by Dominique, Volume 1

Honoring Shradhdhavan in deep gratitude on her birthday. She considered 'The English of Savitri' her life's work.



- **Tuesday, 4 June, 5pm @ Sangam Hall of Savitri Bhavan**
- Transport will be arranged leaving from the Ashram balcony gate in Pondy at 3pm

The Dream Divine Series: A film by Alan Basis & Joseh Garcia



Will be played in the Sangam Hall of Savitri Bhavan

- **Wednesday, 5 June, 4:30—5:30pm**

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to introduce newcomers to the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and The Mother and the Integral Yoga. There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Bases of Yoga—The Mother's Talks: An Interactive Book Reading Circle

- **Every Saturday, 10—11am**

'One must truly say, Yes I want to progress with sincerity ... whatever happens, I want to progress. Then it comes'. The Mother

During September 1954—May 1955, the Mother took up Sri Aurobindo's book 'Bases of Yoga' in her Wednesday classes for comments and answers to questions. In this reading circle we will explore those powerful and transformative words expressed by the beloved Mother, to understand the meaning of 'Yoga' and how we can adopt the teaching in our daily life (*This Book is part of collected works Vols. 6 and 7*).

- Free for all. Join us every Saturday 10—11am

Venue: Garden Room, Savitri Bhavan

- **For more details**, contact Debashish, 7678208825 WA, b.deb253@gmail.com

Dhanalakshmi for Savitri Bhavan



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

*To my dear little child
The eternal Mother
eternally embraces her
child.*

Calendar of regular events of May 2024

Every Thursday 6:00 - 6:30pm
Meditation

9th & 23rd Thursday 6:30 - 7.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

23rd, Thursday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

Location



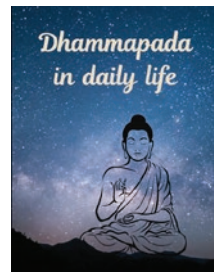
kshetram2014@auroville.org.in

SATSANGA ON DHAMMAPADA IN DAILY LIFE

Ongoing till 8 June (4 Weeks)

5am—6am every day, Online Zoom Call

We warmly invite you for an online Satsanga to integrate the teachings of Dhammapada in our day-to-day life. We will be referring to the original verses in Pali and also Commentaries on the Dhammapada by The Mother as a guidance to integrate these pearls of wisdom offered by Gautama Buddha into our everyday life.



We request that participants commit to attending everyday for the first three days (Sunday, 12 May to Tuesday, 14 May) and then decide whether they would like to continue or not for the remaining period of the Satsanga.

- **Why and What:** Absorb all the 26 chapters of the Dhammapada and hold space for individual and collective reflections, practices, experiments and above all—Divine Grace.
- **How:** श्रवण, मनन, नदिधियासन (Listening, Reflecting, Self-enquiry & Embodiment)
- **Which Language:** English will be the primary means of communication and we also will listen to the original Dhammapada verses in Pali/Hindi and sometimes also Commentaries on the Dhammapada by The Mother audio in French. The reflections can be shared in any language preferred by the participant.
- **Who:** Whether you are a beginner or well-versed with Dhammapada, the format welcomes all to learn and share together.

In this collective learning journey, we will all progress together, each at his/her pace. If this interests you and you'd like to participate then please sign up on: <https://tinyurl.com/dhammapadasatsanga>

- **To know more**, feel free to connect with us devabhasha@auroville.org.in

Deven

PERFECTING MATH

For Grades:
Students going to 7th and 8th
Duration: 3 June—28 June
(3 days a week—1 hour each)



Perfecting Math

Course Overview

	Monday	Wednesday	Friday
Week 1	Arithmetic	Algebra	Geometry
Week 2	Arithmetic	Measurements	Geometry
Week 3	Arithmetic	Graphs	Geometry
Week 4	Q.Papers	Q.Papers	Q.Papers

- [Registration form link](#)
- Last day to Register is May 26, 2024
- For queries: snehal_nc@auroville.org.in
- WA/Message: +91 9529673687

Snehal

ILAINARKAL EDUCATION CENTRE



Auroville Further Learning Programme for All Age Groups

Activities	Days	Timing	Resource Persons
Tailoring (sewing)	Monday to Friday	10am—3pm	I.Pachaiammal
Spoken English class	Monday to Friday	session I: 3—4:30pm session II 4:30—6pm	B. Anandou
Yogasana Class	Monday to Friday	6—7pm	B. Anandou
Tamil Typing class (computer)	Monday to Friday	2—4pm	C.V. Ramesh karunakaran
Hindi class	Every Tuesday	4:30—5:30pm	Colonel Chandra Sekar (Retd)
French class	Wednesday	4:30—5:30pm	A. Arivan
Body awareness	Wednesday	10am—12noon	M. Muthukumari
Viyazhavattam circle-Tamil Literature	Thursday	4:30—5:30pm	R. Meenakshi
Entrepreneurship	Friday	4:30—5:30pm	S. Sivakumar
Art and Painting class	Saturday	10am—12noon	N. Janaki

Contact: 0413 2623773, tamil@auroville.org.in
R. Meenakshi for IEC

STUDY AT AIAT for skills of the future and integral personality development

Auroville Institute of Applied Technology offers opportunities for Aurovilians and Non-Aurovilian youths from the region, who passed 10+2 or equivalent certificates to pursue their higher Education leading to a bachelor's degree B.Voc. in professional engineering courses affiliated with Pondicherry University. These courses in emerging technologies are three years in duration, skill-centric focusing on the implementation of technologies.



The following B.Voc. courses are based on Integral Education and conducted at AIAT Campuses in Irumbai, Aurobrindavan and Udavi-C3 Land design campuses:

1. Software Development & Machine Learning
2. Electronics and Electric Technologies incl. Sustainable Energy
3. Mechatronics and Production Technologies
4. Applied Electronics and Chip Design
5. Information Technology

In a two-month internship program/year at the industrial sites students will practice in an industrial environment and will be mentored by professionals.

The integral education includes Radical Transformation Leadership, Yoga, Meditation, communication and entrepreneurship, 3rd Language (Hindi, German or French).

The syllabuses are designed by AIAT and approved by the university, focusing on major-oriented relevant minor subjects resulting in a smaller number of subjects than for a B.E. course. The main benefit of joining a B.Voc. course against B.E./B.Tech. are:

1. Bachelor's Degree after three years instead of four years
2. Internship of 6 months and project work instead of just 2 weeks
3. Specialisation during three years instead in 4th year or in 5th year of Master's degrees
4. Relevant major-oriented minor subjects
5. It costs less and is within Auroville
6. Skill-centric, project-based and industrial experience makes you job-ready/Placement
7. Participation in Auroville cultural program
8. Bus facilities
9. AIAT helps you to apply for a stipend or a bank loan.

For more information please contact:

- Auroville Institute of Applied Technology-College
- Phone or WA: 8903166923
- Webpage: aiat.in
- Or visit AIAT campus at Aurobrindavan
Lavkamad and Sanjeev Ranganathan

STRUGGLING with Programming ?

Dear all, I am thrilled to help anyone who is struggling with learning a programming language or needs help with a project.

Please WA me at 9042483649

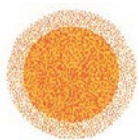
Pawan



INTEGRAL APPROACH TO PHYSICAL EDUCATION

One year course in Auroville

The Auroville Physical Education Board (AV-PEB, SAIER) has designed a teachers' training foundation course for physical education (PE) teachers in Auroville (AV). This comprehensive program has been designed to cover basic aspects of PE teaching in AV as well as understanding physical education in the Light of Sri Aurobindo and The Mother.



The aim is to create, in years to come, a new sports teaching squad for AV, with sports teachers having knowledge of sports science as well as practical training, with a deeper understanding of the spiritual significance of the human body. This new squad will be better equipped and more effective in implementing physical education, conducting research and in offering services to AV schools and community.

Key Components of the Course

Integral Education Principles

- **Main Facilitator**
 - Praveen, Member of PE Committee of Sri Aurobindo Ashram
- **Major Topics**
 - Introduction to Integral Yoga
 - Auroville Aims and Ideals
 - Understanding the Integral Approach to Education
 - Spiritual and Mental Well-being
 - Yoga and Meditation Practices
 - Psychological Aspects of Physical Education
 - Stress Management Techniques

Sports Sciences

- **Main Facilitator**
 - Savitri, BSc Sports Science/Nutrition
MSc Sports Nutrition
- **Major Topics**
 - Anatomy and Physiology
 - Biomechanics
 - Exercise Physiology
 - Sports Nutrition
 - Sports Injuries and Rehabilitation
 - Sociology of sports

Practical Training

- **Main Facilitators**
 - Pedro, BSc Sports Science, MSc Sports Science, PhD Sports Science
 - Ruben, Mental Health Educator, Martial Arts trainer and practitioner,
- **Major Topics**
 - Teaching Practicum in Auroville Schools
 - Pedagogy and Teaching Methodologies:
 - Teaching Games for Understanding (TGFU)
 - Lesson Planning and Implementation
 - Assessment and Evaluation Techniques
 - Classroom Management Strategies
 - Mentorship and Feedback Sessions
 - Project Implementation in Physical Education Settings
 - First aid training

Criteria for Participation

- The course is open to ALL and will prioritize those who wish to become PE teachers in AV.
- The foremost task from the participants for this program is:
 - Commitment to learn
 - Commitment to attend fully

Requirement on enrolment

To begin with, the course is designed for those who can give a part time commitment six days a week, including practicum/teaching sports at various AV schools from 2:30 to 5pm Monday through Friday. Throughout the year, there will be ongoing assessment of participants' quality of work as well as at the end of the year an assessment and review in order to reach a PASS grade.

Support for Aurovilians and Newcomers

In order to make it possible for as many participants as possible to attend this course AVPEB will work towards ensuring material support for the participants. We would like no aspirant to miss this opportunity due to a financial constraint or concern.

At the end of this course each participant will be able to integrate the new PE teaching squad in AV and be a teacher on par with the other teachers of AV.

Special Note

The Program is open to ALL interested, Aurovilians, newcomers and volunteers, with or without a degree in Sports Science and preferably with some Sports or Yoga practice experience.

The program is NOT exclusive for those that are already physical education teachers in Auroville Schools like Deashakti, Udavi, Ness, etc. but open to ALL interested in participating in the program

Contact

- 9361591906 WA
- All those you feel called and those who would like to know more, please [click on the link to fill the form](#)

*Savitri, Lijun, Praveen, Pedro, Ruben and Nilima
Submitted by Nilima for SAIER*

SUMMER CAMP WITH ENLIGHT

Every Saturday, 10am—5pm, June



Summer Camp: Age 10-15

One Day Program: Meet and Greet. Coconut shell craft, Lunch break, Drumming, Dance

- One Day Prior Booking Required
- Contact Anand: enlight@auroville.org.in, +91 9159468946

Arun, Anand and Balaji

AUROVILLE LIBRARY

Summer Opening Timings:

- **Mornings:**
Monday—Saturday: 9am—12:30pm
- **Afternoons:**
Tuesday, Thursday, Saturday: 4—6:30pm

Book Reading Circle with Debashish

Book Reading Circle with Debashish will resume on Tuesday,

- 21 May, at 6:30pm at the Auroville Library.

0413 2622894, avlib@auroville.org.in.

Kristen, for the Auroville Library

For Your Information

**AUROVILLE SECURITY AND EMERGENCY SERVICES
9443090107**

Dear friends, as you were informed earlier the Auroville Security Services has changed its name to ASES , Auroville Security and Emergency Services.

- The emergency phone number is the same: 9443090107.

This number has been functioning since March 2024.

Srijita for the
Auroville Security & Emergency Services (ASES)
Email: ases@auroville.org.in
Emergency: 9443090107, Office: 04132623400

Health Care

SANTÉ SERVICES, MAY 2024



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr.Senthil: Monday to Friday	Nurse Care. Thilagam, Ezhil, Archana, Sandhya. Daily, No appointment necessary
Ayurveda with Dr.Be: Monday/ Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: Monday/ Tuesday/ Wednesday/ Friday/ Saturday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email adminsante@auroville.org.in	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

- In Santé, we value our patient’s confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Sante Services,
sante@auroville.org.in, <http://sante.auroville.org.in>

MAATRAM

Closing For The Month Of May

Maatram will not conduct any OCH sessions (Open Consultation Hours) as we will remain closed for the month of May 2024. Megha



**AURODENT
Dental Clinic**



Dental Clinic
Auromode, Auroville.
For Appointment please contact us
Email: aurodent@auroville.org.in
Phone: 0413-2622063 What’s up: 9629199328
Working hours
Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sudha

AUROKIYA INTEGRAL EYE CENTRE

Arka, Auroville

**Therapeutic Eye Compress Sessions
(For) Digital Eye Strain & Dry Eye**

- Digital screen exposure reduces Meibomian (tear) gland secretion, leading to tear-film instability and Dry Eye. Dry Eye damages the eye surface causing eye strain, itching, irritation, redness, watering or headache
- Therapeutic Eye Compress offer protection and relief from Digital Eye Strain and Dry Eye



Consult us for More Information

- aurokiya@gmail.com, www.aurokiya.com

*Aurosugan
for Aurokiya Eye Care*

International

NEW CO-WORKING SPACE!

New co-working space!

- Mon 8:00AM to 12:00PM
- Tues 8:00AM to 12:00PM
- Thur: 8:00AM to 12:00PM

GOOD
20
FREE

WiFi
Chairs
Tea

The European House is pleased to welcome you in its co-working space. Come benefit from our wifi and the quiet of our place to focus and get your work done !

Free contribution, Help us pay our internet bills and improve the place! Come enjoy the quiet of our conference room 3 mornings a week! **A place you can privatize!** Do you need a place to host a meeting? A workshop? Or any other group activity: Send a request and book the place!

Marie, +33 695524430,
european.house.auroville@gmail.com

Art For Land

VIVRE ENSEMBLE LIVING TOGETHER

Opening on May 15 at 5pm

VIVRE ENSEMBLE LIVING TOGETHER

Art For Land
SUMMER EXHIBITION



Adil Writer | Anamika Borst | Audrey Wallace - Taylor
Ben Van Vliet | Kratu Carlotto | Loretta Shartsis | Marie Claire Barsotti
Pierre Legrand | Veronique Menanteu

Summer Exhibition @ Unity Pavilion

Multiple Activities

BHARAT NIVAS
भारत निवास பாரத் நிவாஸ்
The Pavilion of India, Auroville

REGULAR WORKSHOP, CLASS & EXHIBITION

- MONDAY TO FRIDAY**
06:00 AM - 07:00 AM
KALARIPAYATTU CLASS at Bhumika Hall
- TUESDAY & THURSDAY**
06:30 PM - 08:30 PM
FENCING CLASS at Harmony hall
- MONDAY, WEDNESDAY & FRIDAY**
06:30 PM - 09:30 PM
TANGO CLASS at Harmony hall
- TUESDAY**
04:30 PM - 05:30 PM
THE SYNTHESIS OF YOGA at Resource Library
- FRIDAY**
11:00 AM - 12:00 PM
SAVITRI STUDY CIRCLE at Resource Library
- WEDNESDAY**
05:45 PM - 06:55 PM
INTEGRAL HEALING at Bhumika Hall
- MONDAY TO SATURDAY**
09:30 AM - 12:30 PM
RESOURCE LIBRARY at 1st Floor - Bhumika Building

EXHIBITIONS - MONDAY TO SUNDAY

- 09:00 AM - 05:00 PM
THE DAWN OF AUROVILLE - PHOTO EXHIBITION at Kala kendra
- 09:00 AM - 04:30 PM
WILDLIFE ART GALLERY at Old LOE Building (old post office)
- 09:00 AM - 04:30 PM
THE CITY THE EARTH NEEDS at India Space

Enquiry Contact: Krishna at +91 97878 80211

Monisha for BN Team

Theatre & Dance Activities

DANCE CLASSES BY MANI

Salsa Dance Class



Choose your Dance

- ✓ Bachata Dance
- ✓ kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now

+91 86376 33696

Bakisata_dance

SALSA DANCE CLASS

Tuesday salsa class 6:30 pm
Saturday workshop 7:0 pm

New creation, dance studio
Embrace the Rhythm and Let Go!

Tango Dance

MONDAY
Beginner 6:30 to 7:30 pm
Intermediate 7:30 to 8:30pm

FRIDAY
Workshop 6:30 to 7:30pm
Open practice 7:30 to 8:30pm

Auroville, cripa

CONTACT US BY
+91 86376 33696
Bakisata_dance

TANGO DANCE

Submitted by Mani

A CALL TO CO-CREATE

Multidisciplinary Improvisation Lab

Thursdays, 5—7pm @ Cripa Small Hall

Through Dance, Move, Visual Arts, Poetry, Spoken Word, Theater. And Music

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay
- between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB

THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form
- Embrace the unknown and explore the interplay between disciplines
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL
DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

Discover The Boundless Potential Of Collaborative Improvisation
Krishna

CIRHU AND SURYA PERFORMANCE LAB PRESENT:

Freedom of the body

7, 8, 9 of June 2024

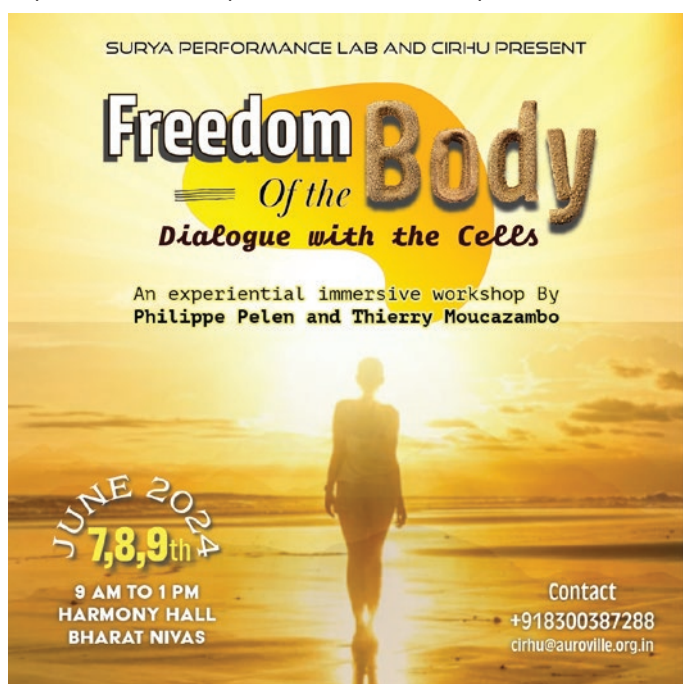
An experiential immersive workshop designed and guided By Philippe Pelen and Thierry Moucazambo From Surya Performance Lab **Dialogue with the Cells**

Thanks to the vision of The Mother and Sri Aurobindo

A path to follow from the mind to the heart and from the heart to the body, through deep relaxation, frequencies, meditation, Pranayama, yoga, visualization, and a spontaneous natural dance.

A joyful experience for a transformation of the body.

The first experiential event was done in April for CIRHU. After the great success of this event with very deep and thoughtful feedback & testimonies, we decided to offer this workshop to the Auroville community and guests. It is open to everyone: Aurovilians, Newcomers, Volunteers and guests who want to discover and experiment with cellular consciousness. It is also open to participants who attended the first event and wanted to experience the deeper inner-self in their practice.



- **Location:** Harmony Hall, Bharat Nivas
- **Time:** 9am—1 pm. Please come at 8:45am
- **Contribution:** Guests: Rs. 5000, Aurovilians, Newcomers, Volunteers: Rs. 1500
- **Contact:** cirhu@auroville.org.in or +91 8300387288
WA for registration. Registration is mandatory.

'...all the cells of the body were athirst for that Light which wants to manifest...' The Mother

For better integration and understanding, it is essential to follow the 3 days of immersive, experiential event. This experience is designed as a path of awakening.

'The unity of heart and body is the foundation of all true spiritual realization.' Sri Aurobindo

At this stage, our body becomes the field of exploration and experimentation, a conscious living laboratory.

'Every cell of our being is a sacred temple where divinity resides, and personal transformation begins by honouring this sacred presence within us.'—The Mother

- **Each participant should wear** light, flexible clothing suitable for movement and bring a yoga mat or towel.

Some testimonies

Shivakumar: A Profound Shift in Perspective. While the 'Freedom of the Body' workshop concluded weeks ago, its impact continues to resonate within me, sparking profound changes in how I perceive myself and my connection to the physical realm. Your guided exploration of cellular consciousness, allowing us to enter and exit the body at a cellular level, was truly unique.

SIV: After 19 years with Auroville, this was the first time I ever did anything related to the cellular realms of the body. I now understand that I have to develop the capacity to go inside. How I do not know yet. For years I have been wondering about what this inner world is like when you live in it. Now I understand more about what it means. To me this is Huge!

Ocean: Having spent almost 18 years on my path of self-discovery, learning about myself, human interactions and reality we live in, in search for the Truth and unity, only this time I was able to tap into something so close to myself, yet never explored before, giving a feeling of coming home. Although I made an attempt to understand the 'Mind of the Cells', I was not able to experience it myself but rather touched the subject intellectually. It all changed in your workshop... I found myself tapping into something very precious and I would call extraordinary, an intimate connection with myself. It almost felt like entering through a new door. And you gave us the key! Introducing us into the world of our cells, not mentally but by our perception and awareness with ease.

Philippe Pelen and Thierry Moucazambo

They are dancers, performers, choreographers, directors and energy healers from Reunion Island, a French multicultural island in the Indian Ocean, where they founded the Talipot Theatre.

Coming from an island with memories of slavery and colonization, they developed a methodology, a process they called 'decolonization of the body, of the cells, of the imagination and the mind.'

Their exploration of the actor-dancer's body has organically evolved into a transformative energy healing.

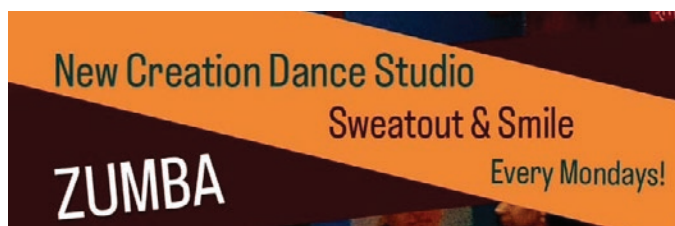
They teach their method in different universities around the world, in different spiritual and artistic groups. They have also lectured at UNESCO, created and directed 34 shows and performed in 83 countries with artists from all over the world.

Inspired by the teachings of Sri Aurobindo and The Mother, they are deeply into the Yoga of the Cells and dialogue with cells. They have been trained by Bhaga from the Auroville Laboratory of Evolution, by Barbara, and different mentors, scientists in the world and many special 'First people' leaders in South Africa, New Caledonia, and Australia.

In Auroville, they founded the Surya Performance Lab and created many shows.

*Philippe and Thierry,
Surya Performance Lab
8903869078*

ZUMBA WITH PREETI



Zumba classes are happening
@ New Creation Studio, every Monday, 6pm
For regular classes DM: 8281746763

Submitted by Vega

AUROVILLE TANGO

@ Harmony Hall,
Bharat Nivas

New batch starts the first week of each month

- **Monday**
 - 7pm—Introduction to Tango,
 - 8pm—Open Source
- **Wednesday**
 - 7:30pm—Guided Practica,
 - 8pm—Long Practice

No partner required.
Bring socks or dance shoes.
And plenty of joy!

- +91 9821166082, tango@auroville.org.in

Submitted by Maud

JOIN OUR BOLLYWOOD DANCE SESSION

@ Auromode! Every Tuesday, 5—6pm

@ Auromode Apartments, Near Upassana and CSR

Learn How To Dance Bollywood & Kollywood, Tosalion, Aurzmedt! For more information and to reserve your spot, contact: balaganesh.siva@gmail.com, +919446762034 WA only

Don't miss out on the chance to add some Bollywood and Kollywood flair to your dance repertoire. See you on the dance floor! Contribution Requested.

Balaganesh SIVA

EXPLORE

WaterColor Techniques

- Wednesday & Saturday, 10am—12pm @ At Unity Pavilion
- Art with Mr. K. Janakiraman
- For More Details 9443648774, 7558401106

Submitted by Arun

Music and Art Activities

CREEVA ART ACTIVITIES

Centre for Research Education
Experience In Visual Arts



Our Art Activities:

- **Watercolor Landscape** by Sathya
Wednesday 5—7pm.
- **Figurative Drawing Session**
Friday 5—7pm.
- **Root Of Art** by C. Sivacoumar to know the basic value of art, contact: +91 8870129626
Saturday 4:30—6:30pm.
- **Portrait by Sathya.** All art lovers! Looking for a unique and personalized portrait experience? I'm offering live portrait sketches and paintings done within about 30 minutes of your sitting. Capture your essence in a beautiful artwork. Let me know to book your session.



Open Studio is a creative space where individuals can explore various forms of visual art, such as Printmaking, Drawing, Painting, Recycled art, Installation, Collage, Sculpting, and more. Art supplies are provided, and you are welcome to stay as long as you'd like during your session. A facilitator will be available if you need assistance.

- The studio is open from 12:30 to 4:30pm, Monday to Friday.
- If you plan to attend at other times, please inform in advance, contact Abi +919042058981.

CREEVA Studio,
Creativity Community
sathyacolour@auroville.org.in,
+91 9486145072 WA, Sathya

TANJORE ART CLASSES

Every Saturday,
10am—12noon

@ Ilaignarkal Education center

Tanjore Paintings Hold Cultural And Religious Significance, originating In Tamil Nadu, India. They Depict Hindu Deities And Mythology With Vibrant Colors and Intricate Details. The Use Of Gold Leaf Adds Opulence, Reflecting the Region's Artistic Heritage. These Paintings Serve Representations Of South Indian Art, Preserving Traditional Techniques and Contributing to The Rich Tapestry Of India's Cultural History

- For more details contact 0413 2623773
- Contributions on Donation Basis

Ayyanar

LIGHT FISH

Professional Photography Studio

Photography Services

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography



Samvit Blas, Light Fish,
9442526287,
sales@light-fish.com

SVARAM

Sound Experience



We are inviting you to an especially curated Sound Journey Pre-registration required . Maximum 20 participants Please scan the QR Code below for details or email us at svaramprograms@auroville.org.in

Timon for SVARAM

The Sound of Bamboo

Various Styles of the Indian Flute



Group Classes With Michael

@ Kalabhumi Music Studio, Every Friday

Beginner: 11am—12pm,

Advanced: 12noon—1pm

Drop in is possible at any time, flutes available to borrow or buy.

- **Contribution:** Guests: Contribution required, Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- **Connect:** michael@sound-of-bansuri.com
+91 9150567003 WA
- **More Info:** www.the-sound-of-bamboo.com
- **To Donate:** <https://pay.auroville.org/divine-arts>
- **Learn More About Divine Arts:**
 - <https://auroville.org/page/divine-arts>

Submitted by Michael

Sports & Martial Arts

SWIMMING CLASS BY MANI

Watersport_mani
Book Now
+91 86376 33696
20% Swimming class only

- water therapy
- open water
- Oceanic
- water dance
- water movie
- swimming in pool

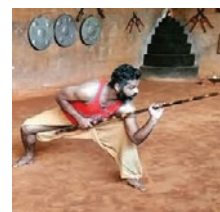
Package swimming class

Mani

KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Class for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By apointment, 9042009200, Maneesh



Where Body Becomes Eyes,
Maneesh For Kalari Team

AUROVILLE AIKIDO

Summer Update

@ Auroville Budokan, Dehashakti near Dana:

Adults' regular schedule for beginners and all levels:



- **During the Summer we continue our early classes but discontinue the Wednesday evening and Sunday morning.**

So, welcome to join this beautiful and complete practice in the form of a Japanese martial art:

- **Every Tuesday, Thursday, Saturday from 6 to 7:30am (with N. Murugan and/or Surya).** Reasonable contributions required for the Budokan (a LEAD activity).

Children classes (from age 8) will restart in July.

For more info, please contact us:

- Surya 8300189062, 0413 2623813
- Philippe 8300643963/WA
- N. Murugan 9952812843/WA
- budokan@auroville.org.in, m

Looking forward to see you at the Budokan dojo,

Surya for Auroville Aikido

KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm

- Monday To Saturday

All Are Welcome!

Satyakam

ULTIMATE FRISBEE

- **Regular Sessions**
 - Wednesday, Saturday, 4:30—6:30pm @ Gaia Field
- No prior experience needed!



Selvi for Ultimate Frisbee Auroville Women's Team

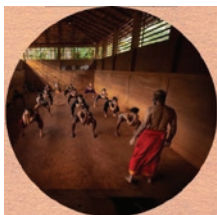
BHARAT NIVAS PRESENTS

Kalaripayattu Class in Collaboration with Kalarigram

Bhumika Hall, 6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in, office: 0413 262253

Vani for BN Team



TAI CHI CHUAN IN SHARNGA

Summer Schedule

Tuesday—Friday:

- 7:30—8am Chi
- 8—9am Tai Chi Chuan form

Except 27 May—1 June when there will be class only on 28 May, Tuesday, and 31 May, Friday

taichi.auroville.org, taichi@auroville.org.in



Warmly, Krishna

GIRL FUTSAL/FOOTBALL CLUB

Every Wednesday at 5:10pm

@ Dehashakti

We started a girl's football team in dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

- Just contact Beber 6385635943 for more details

Beber



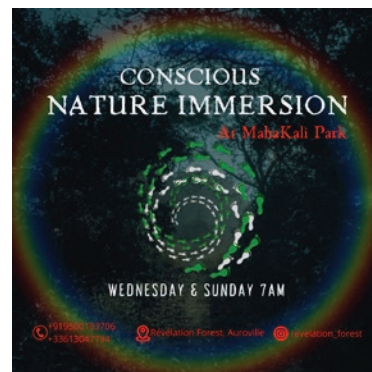
CONSCIOUS

Nature Immersion

@ MahaKali Park

Every Wednesday and Sunday 7am

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic 'Web of Life' brings, in turn, insights for our self-study and yoga of work.



- **Contribution** accepted for the management of the site.
- Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.
- **Meeting point** at Revelation's main gate 5-10 min before the time of the session (Search for 'Revelation Forest' on Google Maps)
- **Contact:** +919500183706, Arun +918349917282, Rahul. Better to confirm your venue by one WA message, especially if it rains
- We also do custom programs, training and healing sessions on prior demands.

Please note: The park is not yet accessible without our supervision, thank you for your understanding!

- Gmap link: Revelation forest Auroville

Submitted by Arun

Bioregion Activities



Tours



Sound Bath



Fireside Drumming



Instrument Workshop



Cooking Class



Potterv Workshop

+91 9159468946, enlight@auroville.org.in

Nature Activities

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious


VEGAN ICE CREAMS and more...


EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

for groups of min 5 people it can happen any day of the week

Sign up and infos whats app Sarah 9047421044
myfoodforestgarden@gmail.com

myfoodforestinfo.wordpress.com
www.youtube.com/myfoodforest






Astanga Yoga




Deep Tissue Massage



Sound Healing



Dance Movement



Karlakattai

+91 9159468946, enlight@auroville.org.in
Arun, Anand and Balaji

**AUROVILLE BAMBOO CENTRE
June Program 2024**

Tours

Bamboo Centre Campus Tour

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



Auroville Bamboo Tour with Special Bamboo Lunch

11:30am—12:30pm, Every Saturday

Book your slot and enjoy our delicious Bamboo special lunch featuring a variety of fresh, local and organic ingredients. Reserve before Friday afternoon to secure your spot.

Note: People are requested to Manage their own transport & Contribution for the tour is mandatory.

Training and workshop

• **Daily Make and Take Hands On Workshops Experiences**

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

One-Day, Make and Take Workshops

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Registration one day in advance.

Bicycle Furniture Lampshade Giraffe

MONDAY TO SATURDAY 09:00AM TO 05:00PM - 1 DAY






Furniture Workshop

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

Bamboo Lampshade

Come and learn to make your own Bamboo Lampshade at Bamboo centre and take home your own hand made lampshade at the end of the workshop.

Bamboo Giraffe

Come and learn to make your own Bamboo Giraffe at Bamboo centre and take home your own hand made lampshade at the end of the workshop.

Bamboo Bicycle (For Kids)

Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops

- 10am—12:30pm or 2:30pm—5pm
- Every day except Sunday
- Walk-in registration available

JEWELLERY, TOYS, MUSICAL INSTRUMENTS, PLANTER, ARCHERY







Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

Bamboo Planter

Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.

Bamboo Archery

Come and learn to make your own Bamboo Archery at Bamboo centre and take home your own hand made Archery at the end of the workshop.

This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course

Upcoming Workshops & Camps, June 2024

Bamboo Furniture Workshop—Beginner Course

- 6—7 June, 2 days, 9am—5pm

This workshop focuses on small scale furniture making from bamboo for example chairs tables, shelves, etc...

The Bamboo Furniture workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm, 6—7 June

Bamboo & Wood furniture Workshop—Intermediate Course

- 13 to 15 June, 9am—5pm

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs tables, shelves, etc...

The Bamboo Furniture workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

Bamboo Geodesic Workshop—Advance Course

- 27—29 June, 9am—5pm

This workshop focuses on where you will learn how to design and build a Geodesic Dome using bamboo.

The Bamboo Geodesic workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

For more information, special requirement, and pre-booking contact:

Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org

or +91 8300949081, 0413 2623806, 2964727

Flexible training dates offered to groups

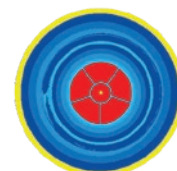
- **Contact:** Voice call and WA: 8300949081, www.aurovillebamboocentre.org

Balu

MOHANAM, SOUL OF SOIL

June 2024

Conscious and Cultural Tour, Workshops & Therapy, Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture.



MOHANAM PROGRAM

Touch, Ride, Feel, Taste, Hear, Discover, Experience, Tours

Tours

- Advance booking is necessary
- **Contact:** preferred mohanamogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sundays

Auroville Northwest Tour

- Every day, 10:30am—1pm, every day except Sunday

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

Mohanam Campus Tour

- 10am—4pm, every day except Sunday

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, Saree & veshti library, herbal tea.

Make and Take Workshops

- One day advance booking is necessary
- **Contact:** preferred mohanamogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sundays

Join and Experience the learning aspect of engaging in arts and Craft Workshop, Manifest your inner self through various materials and form using creative technique.

- Pottery making
- Kolam Mandala Painting
- Coconut shell craft
- Incense Making
- Lampshade Making
- Paper Marbling
- Candle making
- Soap making

Dally, Make and Take, Hands-On Workshops at Bio region Art & Craft Centre(Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam compus)

Classes and Therapies

Mohanam offer a variety of classes, and therapies, where participants can explore the classes and therapies.

Cooking Class

Timing: 10 am- 12.30 pm Day: Saturday

Saree and Vesti Experience

Timing: 10 am-4 pm
Day: Everyday, Except Sundays

Cooking Class

- 10am—12:30pm, every Saturday

Learn how to cook traditional South Indian foods and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.

Saree and Vesti Experience

- 10am—4pm, every day, except Sundays

Choose a saree and Veshti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape / wear the saree & Vashti. You can ask us for a photoshoot as an add on, south Indian style make-over—choose between kolam & cooking for an inclusive traditional

Auroville Bioregion Experience with Mohanam Team

- Village Tour
- Munnur & Perumukkal visit
- Salt Dune & Kaluveli Tank Visit
- Bio-region Village Temple Tour (Irumbai Shiva Temple & Panchavadi Hanuman Temple)
- Navagraha Temple visit (Moratandi Navagraha Temple & Prithyangara Temple)
- Wood Fossil Visit and Quarry Shower

All above activities one day Advance booking is necessary

- **Contact:** preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667

- 10am—4pm, every day except Sunday

Auroville Sunday Tour & Brunch Experience

Indian Asian Steam Food

Experience Northwest of Auroville & Village Artisan

- One day advance booking is necessary
- **Contact:** preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sundays

Experience the Following Activities: Mohanam Campus Tour, Bamboo Sound Garden, Bamboo Tour, Tree House Experience and Special Steams Brunch

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services (Aurunachala—Auroville): Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- Preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667

Balu For MohanamCentre



EGAI @ ISAIAMBALAM ROAD

+91 9791896488 WA /0413 2963034

We are creating sustainable livelihood for native artisans and craftsmen using coconut shells to encourage the next generation to pursue this art. We are also making the younger generation to become aware of the harm of plastic and start using local and eco-friendly products.



Happy to share that Egai has open it's boutique at Auromode Inviting everybody visit our boutique

Workshops

- **Coconut Shell Craft**

Embark on a crafting journey with coconut shells can be both exhilarating and challenging. For those eager to start but unsure where to begin, do some beginner-friendly tutorials to get you going.



- **Incense Making**

Come and make your own Agarbatties. Learn the basic methods of making incense so you can create your own blends and aromas! Learn in an easy way, with resources that will help you throughout the process of learning.



- **Musical Instruments**

Learn to Make handcrafted piece of musical art that you can carry with you in your handbag or make a decoration at home. It is made of pure natural coconut shell.



Products

We make craft work out of eco-friendly materials like coconut shell. All our products are unique by design. The raw materials are sourced from local communities and are sustainable. We spend a great deal of time ensuring the quality of each product.



Velai Craft Co-working Space

We are offering a fully furnished machine shop to make and manufacture products and handicrafts as per your needs. We are also offering space to hold workshops for art and craft.



Kalai Skilling Initiative

Conscious intent for youth of all needs ‘Dream’ of self-determination. Focussed on encouraging students to develop their skill apart from academics. The initiative focuses on five categories arts, craft, music, dance, story telling to grow their creative thinking.

Kaivnai Craft Program

- Monday to Saturday, 10am—5pm.

Community and village artisans, working, growing their skills and livelihood opportunities. Book your workshop and support them.



Tamil Suvai

Creating a fusion of cuisine and craft fun activity for a warm summer day. Patrons can partake in easy to do crafts activities, taste foods and join our journey. Bringing together local entrepreneurs and providing native food unique to the bioregion community. People wanting to set up stores contact us at egai@auroville.org.in to register.



Book Your Workshop Now

- Talk to Anand egai@auroville.org.in, 09791896488

Submitted by Arun

Craft Activities

DISCOVER EARTHEN ARCHITECTURE

CSEB Intensive Training Course
10th to 15th June

AVD Intensive Training Course
17th to 22nd June

JOIN THE CLAN!

We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning.

- Limited seats are available on a first-come, first-served basis. **Register now & Join the Clan!**
- Contact: +91 0413 2623330, 2623064 +91 9159225078,
- Registrations are open: <https://registration.earth-auroville.com/> T. Ayyappan

WELLNESS WOODCRAFT ACTIVITY OF AUROVILLE

Carpentry & Wooden Craft Workshops





MAKE & TAKE WORKSHOP

Kitchenware & Home Decor

(Bowl, Chopping Board, Rolling pin, Candle & Incense holder)

Fri & Sat **DIY WOODWORKING**
 AGE: 15+ DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects.



SPOON CARVING WORKSHOP

BEGINNER LEVEL


Basics of wood & tools
 Marking & cutting
 Shaping with hand tools
 Sanding & finishing

Age: 15+
2 Days Make & Take workshop

WELLNESS WOODCRAFT AUROVILLE
 Every Wed & Thu

DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests.



DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Age: 15+

WOOD JOINERY Mortise & Tenon
 Half-laps
 Bridle Joints
 Hand & Power tools

BEGINNER LEVEL

Mon & Tue

Woodworking can also provide a sense of community and connection with other like-minded individuals.

- Advance Booking Is Necessary: Anand wellnesswoodcraft@auroville.org.in, +91 9952589649WA
 Anand

PAPER CRAFT WORKSHOP @ WELLPAPER, AUROVILLE

10am—4pm, Every Day Except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper

- Contact Zeevic, +91 9385744744, 0413 2969722

Zeevic



Available

Office Space Available

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Interested people may contact **Mr. Pandian** at Auromode in person, +91 99433 90391 or pandian@auroville.org.in

Honorary Voluntary

SAVI TAKES A SUMMER BREAK

27 May—9 June 2024

Dear Community, Savi will be taking its summer break from the 27 May until the 9 June 2024. We will resume operations on the 10 June.

Saranya for The Savi team



FARM SERVICE IS LOOKING FOR VOLUNTEERS

Mondays at 10:30am, for an interview @ Bhumika Hall, Bharat Nivas

Dear Friends, The Farm Service is looking for volunteers to serve in the farming sector. Interested candidates (Aurovilians) may come to the Bhumika Hall (Bharat Nivas) on Mondays at 10:30am for an interview.



Gino for Farm Service

VOLUNTEER OPPORTUNITY:

English Teaching with Reach for the Stars
Sundays, 2—3:30pm

Reach for the Stars in Auroville is seeking English teaching volunteers for weekly classes held on Sundays from 2 to 3:30pm. If you're passionate about education and making a difference, join us in empowering students through English language skills.

- **Requirements:** Fluency in English, enthusiasm for teaching.
- **Contact:** reachavteam@gmail.com

Make a difference with Reach for the Stars! *Poovizhi*

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in, 8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

MARTUVAM

Is Looking For Website Designer

We need volunteer who knows about website designing and posting, our work about is introduction to Natural healing herbal plants. If any body is interested please contact

- Martuvam, 9345454232, martuvam@auroville.org.in

Thank you, Sivaraj

Taxi Share

Share taxi to Sri Ma once weekly in June

Send a message if interested. +91 96555 34514

Isha

Taxi to Chennai Airport on 6 June, 6:45am

Hello, I'm looking for someone to share a taxi to Chennai Airport on June 6, departing at 6:45am. Please email me: perineaualexia@gmail.com



Alexia

Animal Care

URGENTLY STAFF

And Volunteers Needed!

The Auroville Dog Shelter is offering two positions for animal caretakers, 25 hours per week and can compensate with half a maintenance.

- Please message Arthur, 8122225266 WA
Auroville Dog Shelter, Arthur



MONTHLY TRANSPARENCY REPORT MAY 2024

As part of our commitment to transparency, we are happy to present our report for May.

Overview

- New admissions: 22 (237 since April 2023)
- Rabies suspect cases: 0
- Adoptions and Releases: 15
- Vaccinations administered: 50+
- ABC shelter dog sterilisations: 0 (66 since February)
- Deworming: 120



Donations

This month was another tough month as we only received Rs. 253.200 in monetary contributions which includes Rs. 50.000 funds from BCC. It is the third month in a row where we are unable to covering our monthly running costs of Rs. 3 lakh. A lot of additional costs occurred to rebuild the collapsed kitchen, fix broken fences, and try to make enclosures rain-safe. At the moment Unity Fund is not able to disperse donations and the Donation Channeling Group is not yet functioning adding to our difficult situation with AVI USA not being able to send donations to Auroville this month.

Expenditures

- **Animal Food**
This month we fed our dogs 1.7 tons of rice, 2 tons of chicken, and 550 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 1 lakh.
- **Staff Costs**

Total staff costs for this month for our workers, paid animal care staff, 2 veterinarians, and volunteers was Rs. 1 lakh this month.

• **Medical Costs**

This month we could not order a lot of urgently needed medicines, which means that in June some dogs cannot get treated if we cant buy more stock! We spent Rs. 20.000 on the most urgent needed medicines, syrups, blood tests, and hospital visits.

Puppy Season again!

Once again, we are facing a surge in abandoned puppies, with numerous calls each day to rescue them. Our shelter has taken in 30 puppies and is now at full capacity. Other animal shelters are also unable to accept more rescues. We lack sufficient quarantine space, cages, staff, and funds to vaccinate, deworm, and eventually sterilize all these puppies. If more are abandoned at our shelter, we will have no choice but to release them, which will inevitably lead to suffering and death. Sick, hungry dogs will roam the area, posing significant health risks to the community. This situation is both dire and unacceptable.

Last year, children established a puppy camp, saving 45 puppies who were subsequently vaccinated, sterilized, and adopted, thanks to the generous support of some kind-hearted individuals.

The only effective solution to this escalating problem is mass sterilization. Every stray dog in Auroville and the surrounding villages must be sterilized. We managed to vaccinate and sterilize 65 dogs out of our 100-dog goal before funds ran out. Unfortunately, due to opposition from a few individuals with self-serving motives, the construction of our new dog shelter has been delayed. We urgently need to build a proper clinic that meets government standards to obtain the AWBI license, allowing us to catch and neuter street dogs effectively.

Electrical Fire in Clinic

The infrastructure of our old shelter is deteriorating rapidly. Last month, the kitchen roof collapsed, forcing us to fence off a half-finished dormitory and convert it into a temporary kitchen. Thanks to Quiet Healing Centre, we were able to use old roof sheets, so our workers don't have to cook in the rain. On Sunday morning, we discovered an electrical fire in our clinic caused by faulty wiring and high humidity. Fortunately, it didn't spread, but the entire electrical system is damaged. We urgently need electricity to keep our fridges with vaccinations running. Despite our fundraising efforts, we lack the funds to repair the electrical system.

The attacks from certain individuals have delayed the construction of the new dog shelter, meaning we must endure another monsoon season in this deteriorating facility.

We urgently request Aurovilians and dog lovers to assist us with their time, energy, and donated materials to make the shelter rain-safe before September. If you have old roof sheets, materials, cement, or strong plastic tarps, please consider donating them to the shelter.

Call for Donations

Regrettably, despite our best efforts to secure funding, we are unable to continue offering free sterilizations for dogs adopted from our shelter and for financially disadvantaged dog owners. We also had to stop ordering urgently needed vaccinations and medicines and will run out of vital medications soon. We have started a Milaap Fundraiser to save the Auroville Dog Shelter.

- <https://milaap.org/fundraisers/support-auroville-dog-shelter-5>
- Our FS Account: 251391
- For more donation possibilities including QR Code and bank account: www.aurovilledogshelter.com

Please help us get through this challenging time!

The Responsibility of Auroville

As a city, Auroville has the responsibility to care for its municipal services, including its dog shelter. Ensuring the shelter's operation is crucial for public health, preventing the spread of diseases like rabies and canine distemper, and maintaining community safety by managing the stray dog population through sterilizations. Covering the shelter's basic running costs is a fundamental responsibility that reflects Auroville's commitment to animal welfare and community well-being, being a city based on the values of Sri Aurobindo and the Mother.

Without immediate funds, the shelter will have to start releasing dogs in the streets, as it cannot afford to feed them or pay staff salaries. The shelter is appealing to the AV Foundation to change its stance and fund its basic monthly running costs of Rs. 3 lakhs so that the Auroville Dog Shelter can continue its vital work and services for the entire AV Community until the new shelter is built and we will be able to be self-sufficient and don't have to rely any longer on any funds from Auroville.

We thank everyone for your continued support of the Auroville Dog Shelter! We will pass the challenges and are moving forward towards a bright future for our canine friends and everyone who loves animals.

Auroville Dog Shelter Team
Tine, Joseba, Arthur, Mar

Foods, Goods and Services

GUEST REGISTRATION SERVICE
Summer Schedule

Guest Registration Service at Town Hall will be open ONLY in the mornings during the month of June 2024 and closed in the afternoons.

Our working hours will be 9:30 to 12:30
Monday—Saturday.

Rajeswari for Guest Registration Service Team
Town Hall
grs@auroville.org.in

SPROUT CLOSED FOR SUMMER BREAK



The Sprout will be closed
for summer break
from Saturday, 25 May
till Friday, 14 June.

See you back soon! Monica

REDUCED-PRICE MAROMA PRODUCTS



for all Aurovilians in the Outlet Store

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is

- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

See you there! *Jesse for The Maroma Team*

eco femme
Organically certified
Monday to Friday 9 am to 5 pm
Auroshilpam 605 101, Auroville
ecoforme.org
Revaluing menstruation... because Life depends on it!

Every Thursday, 10:30am

Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!
Mila

Artiste Café
Open Monday to Saturday (8.30 am to 9.30 pm)
Breakfast Lunch Dinner
Open-Mic night at Yatra's Artiste Café every Saturday from 7pm to 9:30pm!
Artiste Café
Near New Creation Sports Ground, Kuilapalayam, Auroville.
2623071, 9786772209
yatraartistecafe@gmail.com

2623071, 9786772209, yatraartistecafe@gmail.com
Yatra Srinivassan

ANNOUNCEMENTS
From Sarvam Computers

Dear Community members, Sarvam Computers is shifted to the new office space in Utsav Phase—1A, First floor. (Near Verite)

- Working Hours: 9am to 5pm except Sunday.

Customized computer assembling, all Computers, Laptops & all apple computers upgrade, Data backup and recovery, Network configuration & solutions, Repair & maintenance, all operating system installation.

- Please contact Bala: 9443211891, 9786953603
engelssarvamcomputers@auroville.org.in Bala



ANITYA: COMMUNITY LUNCH
12:30 on Thursdays and Saturdays

Limited seats available

Our Community Lunches Are Still Happening During The Summer! Contact Serena on WA to book one day in advance: +91 84897 60966

- Contribution required, (discount for AV/ NC & Volunteers)
- See you at 12:30 on Thursdays and Saturdays in our community kitchen!
Nikethana for the Anitya team

QUTEE
Electric Scooter Service

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available.



The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.

New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418 for any of your requirements. Upgrade to electric transport and solar power.

B for Qutee
Electric Scooter Service

COMPUTER & NETWORKING

I am Ramakrishnan Aurovillian experienced in Computer & Networking for 8+ years and gained more knowledge in creating-on new Fiber internet infrastructure and IT troubleshooting work for our Auroville community since 2015

And I am happy to provide the below services to our Auroville community

- Computer & Laptop—Sales & Repairing
- Ups Battery & Inverter—Sales & Repairing
- Cctv Camera Installation—Sales & Repairing
- Printer Sales & Repairing
- Printer Toner Refilling
- Routers And Modems Sale & Repairing
- Fibre Optics Cable Splicing—Sales & Servicing

Please feel free to contact Ramakrishnan:

- 9943919899, ramkrishna@auroville.org.in.

Ramakrishnan

RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera
Electrical Works	Wiring & Meter box, Lights, Switches & Sockets, Motion sensor.

- **Contact:** + 91 8270071581/ +91 7639810621
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1
- For Rapid Care, Balaji & Arun*

DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- **Download link as shown below:**

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

*Sathish Arumugam for Dropzy,
+91 8098144686, www.dropzy.in*

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec. If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in, newwavesauroville@gmail.com



- **Office open afternoons only Monday to Saturday at 2—5pm**

Dhanda

RUPAVATHI JOY Activities

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

- **Monday to Saturday, 10am—5pm @ Creativity.** Please book sessions in advance.

Thai Massage

- **Monday—Saturday, 9am—5pm.**

To book massage sessions or for more information, please contact me personally.

Tailoring

We can tailor and customize any kinds of dresses, saris, blouses and kurtas.

Contact

Phone/WA 8098845200, rupavathijoy@gmail.com

Rupavathi Joy

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



Contact us for all your procurement needs:

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: Iyyappan

Let's simplify and optimize your sourcing process together!
Iyyappan, Surabhi Supplies

FREE STORE

Summer Opening Hours



In the months of May and June we will be open from **8:30am to 1pm**



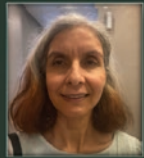
Kindly note: No afternoon

Kamala for Free Store Team

Poetry

POETIC EVENING IN UPASANA



Join us for a
POETIC EVENING
 1st June, Saturday 2024 | 6 pm – 7 pm |
UPASANA
 Auroshilpam, Auroville, Tamil Nadu 605101

Moderator
Anandi Zhang
Poet, Translator

Poet
Alka Balain
Parijat Petals
of longing and seeking

Everyone is invited!!
 Kindly note that the café will stay open on Saturday evening.
 9442982957, 9311041168

1 June, Saturday, 6—7pm

Dear friends, welcome to an evening of poetic reading and conversations, this coming Saturday, 1 June, 6—7pm at UPASANA, Auroville.

Alka recently released her debut poetry book, *Parijat Petals*, of longing and seeking, a book of mystical poems. You may discover yourself in the verses.

Alka and Anandi

LIFE IS A MAZE

Life is a maze
 That never ceases
 To amaze...

With joyful Gratitude,
 Anandi Z.

NEW MOON

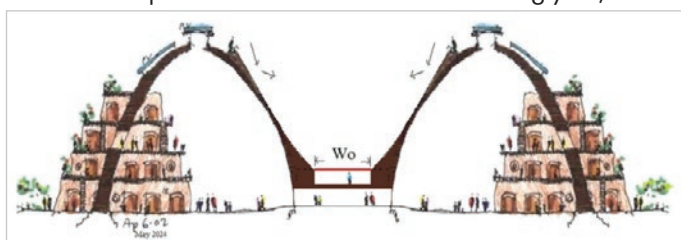
New Moon,
 Over meadow stands new moon,
 Over boundary of dew.
 Come, we'll make a friend of you,
 Dear, distant, alien.
 In the day I hide, am quiet...

Marina Tsvetaeva

Voices and Notes

BUILDING-INTEGRATED
 Solar Thermal Collector Systems

Building-Integrated Solar Thermal collector systems discussed with TVP vacuum flat-plate collectors with and without augmenting nonimaging CPC reflectors troughs. Cost items include: collector system (O&M, etc.); building; land. TVP Solar: up to ~ 180 C water HTF without glycol;

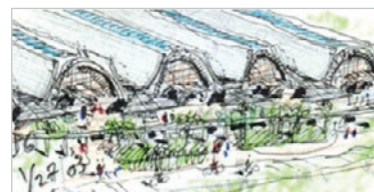


~\$800/m² (is that collector panel alone or with piping, pumps, etc.?)

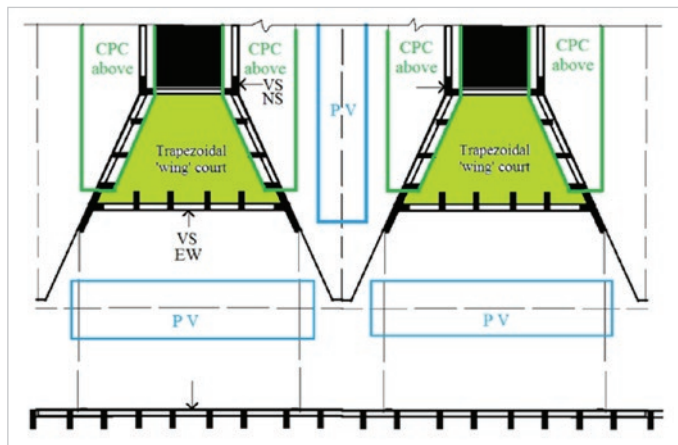
TVP Solar would be interested to discuss pilot projects with clear market

CPC trough reflectors add 15-20% gain per side, and soiling losses and cleaning costs can be significant for exterior reflectors.

Interior collector (BICNR) with exterior glazing (ETFE, glass): claims for ETFE film are very low soiling because dust does not stick on the ETFE film and rain water cleaning is sufficient without abrasive brush cleaning.



Mostly full coverage of vacuum flat-plate thermal collectors on a 'flat' roof in the tropics seems preferable from a collector system point of view, however for column free long span roofs in the humid tropics masonry vaults could avoid the expenses of reinforced concrete structures or steel trusses with corrosion concerns. A vault roofs configuration could fit with exterior augmenting nonimaging CPC reflector troughs with the double soiling losses of sunlight passing thru the soil and then reflected. Low rise modular masonry vaults could form a 'flat' roof with fill on the vaults and several supporting structures in the space. Much depends on the shape of the structured space that uses the solar thermal energy.



Joel Goodman

BEHIND THE DEFEATIST
 and Catastrophic Attitudes

Here, for all the participants in the Auroville of the Avatar Sri Aurobindo and the Mother, especially for you who are unwittingly causing disharmony in this intentional future-oriented community with your resistance to change, to initially understand what is behind your defeatist and catastrophic attitudes and habits that are contagiously debilitating, and to finally obliterate them:

The Mother's Agenda of 24 July 1965 and 28 September 1966:

- <https://incarnateword.in/agenda/06/july-24-1965>
- <https://incarnateword.in/agenda/07/september-28-1966>

Very intense what Sri Aurobindo and the Mother had to go through to usher in Satya Yuga, which only an Avatar can do, and everyone else who courageously followed in their footsteps.

At present after overwhelming odds, Auroville is already a wealth-generating community, and must continue on with this progressive development to help upgrade the living standards of all, so that we can carry on comfortably with what the Supramental Avatar incarnated on Earth for, each

successive players helping to sort out the most difficult preparatory stages, the result of which will take a few more generations before the Divine Manifestation of the new apex species the Supramental being.

This must be at least conveyed to all who come to participate here in Sri Aurobindo and the Mother's City of Dawn, so that even if we each have unique roles to play in these transitional stages, we are all existing in a fundamental Oneness, a Unity in Diversity, and that deep within we each aspire with a common Vision-Goal as per our Avatar founders': the Life Divine for all...

'Truth is on the march.'

Zech, 2024.05.26

Classes, Workshops & Healing Arts

VERITÉ

Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083

or programming@verite.in, www.verite.in



Workshops

Mindfulness Kindfulness with Helen

- Saturday, 8 June, 9:15am—12pm

This half-day retreat provides a chance to unplug from the stresses of everyday life. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here and now. This session will blend mindfulness with kindness. Specifically we will be gently exploring how we can soften, and be kinder and more compassionate to ourselves and others.

Food is Medicine: Lifestyle Health Practices with Parvathi

- Saturday, 8 June, 2pm—4:30pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Regular Events—June 2024

Classes

Yoga Breath & Meditation Practice for Beginners with Mamta

- Monday 7:30am—8:30am

Prana is the vital force or the subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will discuss the meaning of Prana & Pranayama, its references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana.

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Deep Sound Bath with Satyayuga

- Monday, Thursday & Saturday 5pm—6pm, begins 17 June

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystic chanting.

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Gentle Hatha Yoga with Claire

- Tuesday and Saturday 7:30am—8:30am

The session includes guidance in simple yogic breathing techniques and "warmups" for gentle joint rotation and stretching. We will then learn/ practice the Sun Salutation (and variations) and relaxation postures, including Savasana.

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Pranayama & Meditation: Re-balance your Nervous System with Radhika

- Wednesday 7:30—8:30am, no class 5 June

You will be guided in breathwork techniques such as Suka, Nadi Shodan and Kapala Bhati as well as Meditation, all of which help to develop focus and breath awareness, enabling grounding and re-balancing of the nervous system.

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Kirtan: Songs for Your Soul (contributions are voluntary) with Mamta

- Wednesday 5—6pm

Kirtan brings out our sacred vibration through uplifting rhythms into a state of divine love. This practice helps cleanse and nourish our energies and ground into our being.

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Restorative Yin Yoga with Radhika

- Friday 7:30am—8:30am (no class on 7 June)

Restorative, meditative and relaxing: Discover the restorative and regenerative effects of this practice through meditative sequences that target deep tissue and restore the energy balance in our body.

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Face & Eye Yoga with Mamta

- Friday 5—6pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Treatments and Therapies

Ayurvedic Lifestyle Consultation with Claire

Receive customized advice on diet, daily routines, herbal remedies, exercise, and stress management techniques, based on an assessment of your "dosha" (Vata, Pitta, or Kapha). The aim of Ayurveda is to promote optimal health, prevent illness, and enhance overall well-being by aligning one's lifestyle, natural constitution and the rhythms of nature.

- By appointment: treatments@verite.in +91 413 2622 606, +91 9363624083 WA

Biodynamic Craniosacral Therapy with Mila

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

- By appointment: treatments@verite.in +91 413 2622 606, +91 9363624083 WA

Birenda Massage with Radhika

A relaxing full body oil massage using a unique technique developed around the 1950s by Birenda of the Aurobindo ashram. This soft, yet profound massage helps to unfold a journey within oneself during which energy blockages and tensions surface so that they can be recognized and transformed.

- By appointment: treatments@verite.in
+91 413 2622 606, +91 9363624083 WA

Integrated Craniosacral & Foot Reflexology with Radhika

Craniosacral therapy is a safe and beneficial bodywork treatment that uses gentle pressure and movements to relieve stress and pain. It facilitates deep states of relaxation, hence enabling the body to heal and be brought back into balance and harmony. Foot reflexology involves applying pressure points and massage on different areas of the foot. Among its many benefits, it reduces stress, improves digestion, and promotes sound sleep. This integrated therapy provides the benefits of both craniosacral therapy and foot reflexology, easing one into a deep state of relaxation, strengthening the nervous system and accelerating the body's ability to heal and regenerate.

- By appointment: treatments@verite.in
+91 413 2622 606, +91 9363624083 WA

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage with Raja

Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body.

- By appointment: treatments@verite.in
+91 413 2622 606, +91 9363624083 WA

Heart-Centered Resilience with Susan

Learn simple, heart-focused skills to help regulate your body's response to stress. These scientifically validated tools have been proven to increase wellbeing, personal and professional performance, and quality of life. One or two 60-90-minute sessions are very useful, but for optimum learning, a series of 3 sessions is recommended

- By appointment: treatments@verite.in
+91 413 2622 606, +91 9363624083 WA

Holistic Foot Reflexology with Vyshnavi

Manual pressure is applied to specific "reflex points" of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, bringing more oxygen & nutrients to the cells, & helps reduce stress, improve digestion & promote sound sleep. Integrated Energy Healing & Holistic Foot Reflexology : These sessions combine elements of Pranic Healing (energetic cleansing), Reiki ("divine healing" through innate intelligence), & Reflexology to internalize, integrate, & circulate channelled energy.

- By appointment: treatments@verite.in
+91 413 2622 606, +91 9363624083 WA

Energy Healing Reiki with Vyshnavi

Reiki is an energy healing technique that promotes physical, emotional, and spiritual well-being by channelling universal life energy through the practitioner's hands. Practitioners gently place their hands on or near the client's body to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

- By appointment: treatments@verite.in
+91 413 2622 606, +91 9363624083 WA

Kathir for Verite Programming

VERITÉ PROGRAMS

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga, Breath & Meditation Practice for Beginners	7:30—8:30am	Mamta
Mondays	Deep Sound Bath (begins 17 June)	5—6pm	Satyayuga
Tuesdays	Gentle Hatha Yoga	7:30—8:30am	Claire
Wednesdays	Pranayama & Meditation (begins 12 Jun)	7:30—8:30am	Radhika
Wednesdays	Kirtan- Songs for Your Soul (contributions are voluntary)	5—6pm	Mamta
Thursdays	Deep Sound Bath (begins 20 June)	5—6pm	Satyayuga
Fridays	Restorative Yin Yoga (begins 14 Jun)	7:30—8:30am	Radhika
Fridays	Face & Eye Yoga	5—6pm	Mamta
Saturdays	Gentle Hatha Yoga	7:30—8:30am	Claire
Saturdays	Deep Sound Bath (begins 22 June)	5—6pm	Satyayuga

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 8 June	Mindfulness Kindfulness	9:15am—12pm	Helen
Saturday, 8 June	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi
Friday, 14 June	Ayurveda for Self-Harmony	9:15am—12pm	Claire
Saturday, 15 June	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi
Saturday, 22 June	Face & Eye Yoga: Face Your Self	9:15am—12pm	Mamta
Saturday, 22 June	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi
Friday, 28 Jun	Introduction to Ayurveda & Panchakarma	2—4:30pm	Dr Geeta
Saturday, 29 June	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Ayurvedic Lifestyle Consultation	Claire
Biodynamic Craniosacral Therapy	Mila
Birenda Massage	Radhika
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Heart-Centered Resilience	Susan

Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi

*Kathir
for Verite Programming*



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

Kathir

REGENERATION LISTENING CIRCLE:



Regeneration Listening Circle:
Mondays 6:00 am & Wednesdays 5:00 pm
Session duration: 1.5 h

Experiences of previous participants

Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again. Guest

I'm very sensitive and I could feel the spirits of Mother Nature with us in this circle; very beautiful. Newcomer
This talking-stick gives me Power; and with great Power, comes great Responsibility. Aurovilian

- Limited seating.
- Location will be shared after your reservation under +49 1638041124 WA

Nadim

**KOLAMYOGA
Foundation Courses**



Kolamyoga is offering

- [5th Video Basic foundation lesson](#). KolamYoga Foundation course lesson 5 Realms of Nature

Through drawing lines/ Kodu that attach to a straight aligned grid of dots/ Pulli. To be initiated into the realm of Nature's Form & Shapes their Symbolic values. Videographer Sasikanth Somu

- **Location:** Sharanga right gate, House of Grace

Also there are 7 more learning videos (that make up the 12 video lessons Basic foundation training course) to be released at every full moon of the next coming 7 months of this year 2024.

Go to Grace Gitadelila KolamYoga Youtube channel to find the Introduction and previous four video lessons. If you wish to be certified KolamYoga practitioner on completing the entire 12 video tasks you will need to regularly communicate your creations with me on +918072449091 WA for feedback etc.

Grace for KolamYoga

SOUND DROPS BY MONSOON

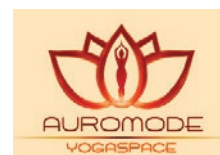


**Nāda Yoga & Sound Immersion
@ Auromode Yoga Space**

On the collective tuning of our voices, expand your listening to the subtle vibration of sound. Experience the meditative benefits of Nāda Yoga.

With a primed sense of listening; lie down, sink in & journey behind closed eyes as we weave texture, melody, voice & rhythm in a live soundscape.

- **Every Saturday from 10—11:30am**
- **Contribution:** Rs 700 per session
- **Instagram:** @monsoon.live
- **Info:** 8867037633
- Please register for sessions.





*Aurothaima,
an activity under Hospitality trust, Auroville
Varun Rao, 9686810408*

Integral Healing

Light of Ayurveda and guidance of Mother and Sri Aurobindo

5:45 pm – 6:55 pm
Every Wednesday
From 01 May 2024

Venue:
Bhumika Hall,
Bharat Nivas, Auroville

Workshop by DR. GEETA AUROPREMI

- Brief introduction of Ayurveda
- Swasthya, Aswasthya
- Dosha, prakriti
- Some herbs
- Lifestyle

₹.550 for guest / ₹.350 for Volunteer (savi Id)

Brief introduction of Ayurveda, Swasthya, Aswasthya, Dosha, Prakriti, Some herbs, Lifestyle
Enquiry Contact Monisha +91 8489347454 **Monisha**

It Matters

Schedule from 3 to 9 June

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
- **Info:** instagram @auroville.curated on itmatters.auroville.org/activities or
- All activities are Rs./600 for guests, Rs./150 for Aurovilians/ Volunteers. Discount vouchers available.



Date	Activity
30 May, Thursday, 5:30—6:30pm	Mandala drawing with Thamizh
31 May, Friday, 5—6pm	Mystery Activity: Attachment Theory talk N 4 with Thamizh
1 June, Saturday, 10—11am	Upcycled DIY with Abhipsa
3 June, Monday, 5—6pm	Tai Chi, the way of the leaf with Kaarthikeyan Kirubhakaran
4 June, Tuesday, 5:30—6:30pm	Children Mandala drawing age 5 to 13 with Thamizh
5 June, Wednesday, 5—6:30pm	Watercolor Art through Geometry and Meditation with Gino
6 June, Thursday, 5:30—6:30pm	Mandala Drawing with Thamizh
7 June, Friday, 5—6pm	Mystery Activity: Reveal on Insta the Same Day
8 June, Saturday, 10—11am	Upcycled DIY with Abhipsa
8 June, Saturday, 2—4pm	Intuitive Painting with Marie—Claire Barsotti*
8 June, Saturday, 4:30—5:30pm	Yoga Nidra & Sound Bath with Chandra

* extra fees for material may be applicable, please check website
Bhakti and Sandra

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

- For more details see www.innersightav.org or contact Kardash on 9940934875 WA. **Kardash**

ARKA

Wellness Center & Multipurpose Hall Regular Activities, May

For Any Details And Queries, You Can Contact Us At
arka@auroville.org.in & 0413 2623799

Treatments

Treatment	Therapist	When
Body Logic, Soft Massage & Deep Tissue Massage.	Pepe	Monday. to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti English & French	Monday to Sunday by Appointment: 0413 2623767 antarcalli@yahoo.fr
Chinese Fire Cupping and Moxibustion Therapy	Chun	Monday to Saturday by Appointment 8098900708

Classes

Classes	Teacher	When
Acro Yoga	Damien	For guests, only on appointment on Monday, Wednesday, Friday from 11am—12:15pm OR 3—4:15pm. Intermediate regular classes for long term stay: Aurovilian, Newcomer & Volunteer +91 9047722740 WA
Pilates	Teresa	Tuesday & Thursday, 7:30—8:30am, Friday 5:30—6:30pm by Appointment 7867998952
Iyengar yoga	Olesya	Wednesday & Saturday 6:30—8am Monday, Thursday & Saturday, 5—6:30am Or by Appointment 9159052743

Ramana for Arka

ACROYOGA

- For guests and beginners on appointment only,
- Monday, Wednesday, Friday, 1am—12:15pm or 3—4:15 pm
- Contact +91 9047722740 WA



Damien

QUIET HEALING CENTER Summer Break



Till Monday, 17 June

Quiet Healing Center will be closed from Friday, 26 April till Monday, 17 June for annual repair and maintenance works. With our apologies for any inconvenience,

Guido for Quiet Healing Center Team
+91 9488084966 Mobile & WA

TRADITIONAL MANTRA AND STOTRA CLASSES

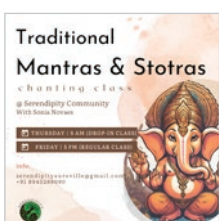
@ Serendipity Community with Sonia Novaes
Thursday, 9am, Drop-In Class

Friday, 5pm, Regular Class

- serendipityauroville@gmail.com, +91 8940288090

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes.

Sonia



TAO OF TEA 茶道

we use organic teas only

"The Universe in a Cup of Tea" The unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering... (Full poem recited at the ceremony.)

Discover a spiritual journey with a

Sencha Style Tea Ceremony

The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)

Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/flowers also available. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a 'once-in-a-lifetime' experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. the ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/WA +91 9385428400 Isha

MINDFUL MONDAY

YOU DON'T WANT TO MISS THIS!

MINDFUL MONDAY

EVERY MONDAY
07:30AM
FOLLOWED BY
BREAKFAST

WITH MRADUL JAIN

Learn how a unique Japanese scientific meditation blended with ancient wisdom...can change your life!

Every Monday, 7:30am, followed by breakfast

You don't want to miss this! Learn How A unique Japanese scientific meditation blended with ancient wisdom...that can change your life! Reduces stress, Better Sleep, Makes you happier, Regulates heart rate, Promotes positive mood

- Book Your Spot Now
 - Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kulilapalayam
 - 0413 2623071, +91 9751033162 Yatra Srinivassan

YOGA WITH RACHEL

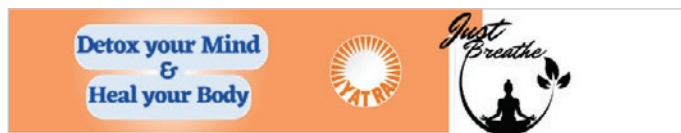
INTEGRAL ALIGNMENT ALINEAMIENTO INTEGRAL

Reservas en:

Bookings on: +91 7457085676, Rachel

• One to One lessons—Small groups
Weaving a tapestry of gentle guidance, leading you through each asana with detail. Verbal cues as a golden thread connecting breath and movement to the essence of your being. Each Asana as an expression of balance, inviting you to return with yourself, aligning your body, mind and spirit.

• *Clases particulares—Pequeños grupos*
Tejiendo un tapiz de suaves movimientos, guiándote verbalmente a través de cada asana con detalle, como un hilo dorado que conecta la respiración y el movimiento con tu propia Esencia. Cada Asana, como expresión de equilibrio, invitándote a resintonizar contigo misma, alineando cuerpo, mente y espíritu.
Submitted by Rachel



- **Scientific Meditation with sound healing for distress Mind Body and Soul.** Experience exclusive sound frequencies created by a Japanese Scientist.
 - Monday, Wednesday, Friday, 7—8:30am
 - Advance registration required
 - **One To One Health & Wellness Therapy.** Anxiety, Depression, Mental Disorders, Sleep disorder Emotional Blockage Sensory Development
 - Pre appointment is required
 - **Analysis of Multiple Intelligence using Scientific Neuroscience Tools.** Eligibility: Anyone from 6 years to 60 years of age
 - Pre appointment is required
 - **Conscious Circle & Chanting**
 - Tuesday, 6:30—7:30pm
 - Reserve your space in Advance
- Yatra Srinivasan, Near New Creation Sports Ground,
0413 2623071, +91 9751033162,
<https://www.yatraarts.org/>, <https://www.yatraartsmedia.org/>

Languages

NEWS FROM Auroville Language Lab



Please remember to put your mobile phones on flight mode and switch off all wireless and blue-tooth devices before you enter the Lab. We are a wireless-free space!

Evening Programs!

From 1 February 2024, we launched a new experiment. The Language Lab extended its opening hours from 5—6pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, poetry readings as well as self-learning and guided study in different languages with our mediatheque.

This program is free of cost to everyone; Aurovilians, New-comers, Volunteers, Guests, and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests, are welcome to join. Come share your language with others!

In this thin summer period, where some people are out of station, only the English Conversation Practice sessions are happening: on Thursdays. The focus continues to be on the Auroville Charter and The Dream. All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or +91 9843030355 WA.

Our first full-length publication

We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: <https://books.aurovillelanguagelab.org/>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free here, before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is still only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We know many of you have complained that it is not available as a paperback. We have great news : very soon, it will be! The last print sample is being vetted, and the paperback will be available in about two-three weeks!

Looking for

Someone who can type in English! We have many case notes to type up which detail the progress made—especially by children—during Tomatis programs. The work would have to be done at the Lab. We need someone who can type, cares for people, and will respect confidentiality. We could definitely still do with someone to help with fundraising. And we always welcome volunteer language teachers.

Tomatis

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations. In case you wrote earlier but haven't heard back from us, please send us a reminder by email.

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMllyy-wZNdZcAng/videos>
- <https://www.listenwell.com/>

NEW Language Courses at ALL

Experience the magic of Persian Language and Poetry

- Saturday, 10—11:30am

Explore the rich culture of Persia with Anita, from Iran, who studies ancient history and myths. Learn about famous poets like Rumi and Khayyam, and discover the stories of the ancient Zoroastrians. Listen to the lilting beauty of Persian and take your first steps to learn it.

- For registration: info@aurovillelanguagelab.org, +91 8543030355 WA

New Beginner French with Samuel

- Tuesdays and Thursdays, 4—5pm,
8 hours (over one month)

We are happy to welcome SAMUEL, a native French speaker and volunteer from Martinique, who will conduct an 8-hour course, two hours per week, for a month. It will be an introduction to French, where you will learn how to greet people, conduct cordial exchanges, how to chat in an airport, and tell a little story. Just 8 hours, for a lovely French Introduction! So come and enjoy French with Samuel, Tuesdays and Thursdays from 4-5pm. Started on 14 May. All are welcome.

New Beginner Hindi with Kaushal

- Wednesdays, 2—4pm, Starting 5 June,
16 hours (over two months)

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

New Beginner Sanskrit with Kaushal

- **Thursdays, 2—4pm, Starting 6 June, 16 hours (over two months)**

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation, and chanting of selected mantras.

Dynamic English Program, June

The Language Lab is happy to provide a dynamic English program for the month of June.

This includes:

- **English Language Teacher Training:** learn how to incorporate student-driven content into a creative and holistic lesson plan.
- A dedicated **Study Hall with emphasis on English tutoring** for all subjects: Do you have homework, a resume or a paper you are working on? We can help.

New Beginner English Class

- **Monday and Wednesday, 11am—12pm, starting 23 May, age: 12+**

Rupam will offer a new class for complete beginners: Let's start with the ABC of English! Discover the Fun in Learning English through Theatre by Rupam! Explore Shakespeare, other playwrights, short stories, and poetry with us. Enhance your English communication skills through fun and interactive sessions.

- For registration: info@aurovillelanguagelab.org +91-8543030355 WA

Ongoing English Classes

The English Pre-Intermediate Youth group, general Pre-Intermediate, and Intermediate courses taught by Taranti and Rupam continue. Please see the schedule below.

Language	Level	Duration/Cycle	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	8-Hour Monthly Always Ongoing	11am—12pm	Tuesday & Thursday
	Learn English through theatre	8-Hour Monthly	11am-12pm	Monday & Wednesday
	English Pre-Intermediate Youth Group	8-Hour Monthly	3—4pm	Monday & Wednesday
	English Pre-Intermediate Adult Group	8-Hour Monthly	4—5pm	Monday & Wednesday
	English Intermediate Adult Group	8-Hour Monthly	4—5pm	Tuesday & Thursday
	Conversation Intermediate Started 9 April	8-Hour (4 weeks)	3—4pm	Tuesday & Thursday
	Study Hall and English tutoring	8-Hour (4 weeks)	4—6pm	Friday
	Facilitating English Teacher Training	8-Hours (4 weeks)	5—6pm	Monday, Tuesday & Wednesday
French	Beginner	8-Hour (1 months)	4—5pm	Tuesday & Thursday
Persian	Persian Language and Poetry	Starting 1 June	10—11:30am	Saturday

Sanskrit	Beginner	Starting 6 June	2—4pm	Thursday
Hindi	Beginner	Starting 5 June	2—4pm	Wednesday
Tamil	Spoken Beginner	Starting 1 June		
	Spoken Intermediate	Starting 1 June		
Spanish	Beginner	Starting 1 June		
	Intermediate	Starting 1 June		
Italian	Beginner	Starting 1 June		
	Intermediate	Starting 1 June		

If there's a language you would like to learn but it's not listed ... please let us know!

To join or enquire:

Please fill our form at <http://register.aurovillelanguagelab.org/> You may also email info@aurovillelanguagelab.org, call us at 2623661, text us at +91 9843030355 or come visit us!

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you!

The Language Lab is open

- **Monday—Friday, 9am—12pm & 2—7pm**
- **Saturday, 9am—12pm & 2—5pm**
- **Location:** International Zone, after Unity Pavilion & Pump House.
- **Email:** info@aurovillelanguagelab.org
- **Phone:** 0413 2623661, 3509932 (Tomatis), 2622467, 919843030355 (Lab)

Mita for Language Lab

Cinema

AUROFILM TAKES A BREAK



Aurofilm is taking their annual break in June 2024 and hence there will be

No Friday evening films in June.

So, on **Fridays 7, 14, 21, 28 June**, and as of now also **26 July 2024** if there are groups or individuals who want to book evening programs you can.

- **For example**, you can plan a program starting at 5pm ending by 7:30pm. Provided that the program ends by 9:30pm it should be fine.

Booking procedure will remain the same. If interested, you can decide on a date(s), starting and ending time of your intended program and write to us at mmcauditorium@auroville.org.in to inquire about availability. We go from there.

Nina,
Multimedia Center (MMC) Team



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
03 June 2024—09 June 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Indian—Monday 3 June, 8pm

Guthlee Ladoo

India, 2023, Writer-Dir. Ishrat R. Khan w/ Kiran Sharadrao Bhalerao, Pravin Chandra, Sanjay Mishra, and others, Drama, 105mins, Hindi w/ English subtitles, Rated: U (G)

Two little boys from poor families are friends. One believes and accepts his condition as his fate. But Guthlee, son of a sweeper, wants to go to school to change his realities. His father Mangru, the school headmaster are supportive. But the obstacle is his caste. Even the supportive headmaster seems powerless. What would happen to Guthlee's dream? *It is a critically acclaimed film to watch!*

Potpourri—Tuesday 4 June, 8pm

Gentleman's Agreement

USA, 1947, Writer-Dir. Elia Kazan w/ Gregory Peck, Dorothy McGuire, John Garfield, and others, Drama-Romance, 118mins, English w/ English subtitles, Rated: NR (PG)

Philip Green is a highly respected writer who is recruited by a national magazine to write a series of articles on anti-Semitism in America. He's not too keen because he's not sure how to tackle the subject. Then decides to pretend that he was Jewish to experience the prejudices that may exist and then write about them. It takes little time, but he experiences firsthand what he set out for, and it affects his persona and relations.

Interesting—Wednesday 5 June, 8pm

Eating Our Way To Extinction

UK, 2021, Writer-Dir. Otto Brockway w/ Kate Winslet, Anthony Robbins, Richard Branson, and others, Documentary, 82mins, English w/ English subtitles, Rated: NR (PG)

5 June is the World Environment Day! Starring globally renowned figures and the leading scientists, this powerful film takes the audience through a journey throwing light on an issue few wants to talk about or act upon—food choices. Alarming and entertaining the film compels audience look at food/food industry differently. *It also provides some food for after-thought: are we stigmatizing certain food and thereby people? Artificial meat is gaining popularity around the world. Is that the solution? If not, then what is?*

Selection—Thursday 6 June, 8pm

Khers Nist (No Bears)

Iran, 2022, Dir. Jafar Panahi w/ Vahid Mobasseri, Bakhtiar Panjei and others, Drama-Romance, 106 mins, Persian-Turkish w/ English subtitles, Rated: NR(PG).

Despite facing constant harassment and a six-year prison sentence, the director continues to push the boundaries of cinema with his deeply personal and thought-provoking work. Throughout the film, he explores themes of truth-telling, social activism, and the blurred lines between reality and fiction. The cinematography and direction are also top-notch, with the film's remote setting adding to its sense of isolation and tension.

International—Saturday, 8 June, 8pm

Das Lehrerzimmer (The Teachers' Lounge)

Germany, 2023, Writer-Dir. Ilker Çatak w/ Leonie Benesch, Anne-Kathrin Gummich, Rafael Stachowiak, and others, Drama-Thriller, 98mins, German-Turkish-Polish-English w/ English subtitles, Rated: PG-13 (R)

There is a theft at the teacher's lounge. Carla Nowak, a teacher, decides to get involved and investigate the theft as one of her students is a suspect. As she starts to investigate, she faces objections from her colleagues but continues nevertheless. Little did she know that here action would spiral into insurmountable issues for her. Loosely based on true events, the ordinary setting makes this thriller a nail-biting experience.

Children's Matinee—Sunday, 9 June, 4pm

Hugo

UK-USA, 2011, Dir. Martin Scorsese w/ Asa Butterfield, Chloë Grace Moretz, Christopher Lee, and others, Adventure-Family, 126mins, English w/ English subtitles, Rated: PG

In 1931 Paris, an orphan living in the walls of a train station. He also keeps the train station clock running. But there is a mechanical man that doesn't work and may hold a secret. He and his adventure-seeking friend Isabelle tries to unlock the mystery involving his late father and an automaton.

Black & White Classics @ Ciné-Club

Ciné-Club Sunday 9 June, 8pm

Pickpocket

France, 1959, Dir. Robert Bresson w/ Martin LaSalle, Mari-ka Green and others, Crime-Drama, 76 mins, French w/ English subtitles, Rated: NR (PG)

One of Bresson's compelling and intense movie, Using image and sound, the filmmaker strives to express the nightmare of a young man whose weaknesses lead him to commit acts of theft for which nothing destined him. However, this adventure and the strange paths it takes, brings together two souls that may otherwise never have met.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. You could financially support through a one-time or recurring donations to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution.

Nina, MMC/CP Group Account# 105106,

mmcauditorium@auroville.org.in

ECO FILM CLUB
Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films



20:00 Dinner is served
 21:15 Free bus from Sadhana Forest back to Solar Kitchen
 Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 7 June

Nature's response to urban sprawl

2019 / 42 minutes / Martin Gronemeyer, Michaela Kirst
 A new and surprising chapter in the theory of evolution. According to recent studies, it's in our cities, of all places, that animals and plants adapt particularly quickly to changing living conditions. Nature's response to the spread of cities is astonishing: Why do catfish in the river of a French city systematically prey on urban pigeons on the banks? Why do female birds on a university campus in California suddenly change their mating behavior? How do mice in New York's Central Park cope with an altered diet of human food waste? How have killifish in the Atlantic built up resistance to deadly chemical waste, and, is it possible for moths to adapt to nighttime light pollution? **Aviram**

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

N&N Guidelines

Hard deadline for submissions TUESDAY 3pm. The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Roy & Agnijata, News & Notes,
NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 9443074825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Bus passes

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way Monthly** (Workers/Volunteers)
- Rs.1200: **Student Monthly pass**

AV account / Cash / UPI Transfer :

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join On WhatsApp group

of Auroville Bus to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>