



News Notes

#1034 A weekly bulletin for residents of Auroville 4 July 2024



Photo by Manohar

One controlling inner Self of all beings. ... As the Sun, the eye of the world, is not touched by the external faults of vision, so this inner Self in beings is not touched by the sorrow of the world.

Katha Upanishad

The Seer, the Thinker, the Self-existent who becomes everywhere has ordered perfectly all things from years sempiternal.

Isha Upanishad

Pondering



But it may be said that the reason for the Divine Will and delight in such a difficult and tormented progressive manifestation and the reason for the soul's assent to it is still a mystery. But it is not altogether a mystery if we look at our own nature and can suppose some kindred movement of being in the beginning as its cosmic origin. On the contrary, a play of self-concealing and self-finding is one of the most strenuous joys that conscious being can give to itself, a play of extreme attractiveness. There is no greater pleasure for man himself than a victory which is in its very principle a conquest over difficulties, a victory in knowledge, a victory in power, a victory in creation over the impossibilities of creation, a delight in the conquest over an anguished toil and a hard ordeal of suffering.

*The Divine and the Undivine
The Life Divine, Sri Aurobindo*

Contents

PONDERING	1
HOUSE OF MOTHER'S AGENDA	5
TOWNHALL SPEAKS	6
Observations & Caution regarding the RAD	6
Karan Singh to the Working Committee, 2013	6
Auroville Housing Service is Recruiting one Receptionist and one Secretary	6
Attention: Aurovilians & Newcomers who are Business Visa Holders	7
City Services Contributions and Payments Reports	7
COMMUNITY NEWS	7
Passing On	7
Gajendran Passes	7
Awakening Spirit	7
Savitri Satsang by Narad	7
Bharat Nivas	8
Call for Cultural Event Participation	8
A weekly study circle on The Synthesis of Yoga—Sri Aurobindo	8
Savitri Bhavan	8
Schedule, July 2024	8
Exhibitions	8
Films	8
Full Moon Gathering	8
Regular Activities	8
The Rainbow Bridge—Sri Aurobindo's Savitri as a Mantra for Transformation	8
In Memoriam of Paolo Tommasi: An Exhibition of his Paintings	9
Seeking our Inner Being: Circles of Discussion in Various Languages in Auroville	9
Amphitheatre—Matrimandir	9
Brahmanaspati Kshetram	10
Education	10
Study at AIAT for skills of the future and integral personality development	10
Call for Grant Proposals: SDZ Funding in 2024	10
Struggling with Programming ?	10
Ilaignarkal Education Centre: Auroville Further Learning Programme for all age groups	11
Kulai Creative Centre	11
Auroville Library has resumed opening hours after the summer break	11
Youth Initiative	11
Karaoke Pizza Night	11
Interactive Psychology Sessions with Youth	11
Sun & Soil: Natural Building Workshop	12
Maker Space	12
Gatherings	12
Honour Auroville's Land Potluck	12
Health Care	12
Aurodent Experiment: July Month Offer	12

Santé Services, July 2024	13
Working Hours	13
Tests and Sample collection	13
For emergencies	13
Appointment	13
Santé Services Schedule	13
International	13
New Co-Working Space!	13
Art For Land	13
Invitation to Donate Artwork for the "Unity, Kindness and Friendship" Art for Land Exhibition	13
About the Painting	13
Details of the Exhibition	13
How to Contribute	13
The Arts	14
Bharat Nivas	14
Manushi on a quest Bharatnatyam by Radhika Shetty	14
Sri Krishnarpanam, Bharatnatyam by Udayalakshmi	14
Multiple Activities	14
Bharat Nivas: Regular Workshops, Classes & Exhibitions	14
Business Activities	14
Bharat Nivas Invites Arts and Crafts	14
Dance Activities	14
Zumba with Preeti	14
Dance Classes by Mani	15
Salsa Dance Class	15
Tango Dance	15
Auroville Tango	15
A Call To Co-Create: Multidisciplinary Improvisation Lab	15
Music and Art Activities	15
SVARAM Enters a New Phase	15
SVARAM Sound Journey @ The Atelier	15
Building a Live Music Culture	16
CREEVA Art Activities	16
Explore WaterColor Techniques	16
Tanjore Art Classes	16
Light Fish Professional Photography Studio	16
Sports & Martial Arts	16
Swimming Class by Mani	16
Aikido News Update	17
Adult classes	17
Children/ young students	17
Abhaya Martial Arts Restarting	17
Kshetra Kalari, Aspiration	17
Tai Chi Classes	18
Ultimate Frisbee	18
Bharat Nivas presents Kalaripayattu Class	18
Girl Futsal/football Club	18
Kalpana Gym	18

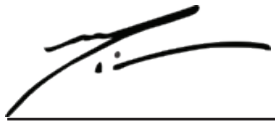
Nature Activities	18
Food Forest Tour	18
Permaculture 360° Farm Tour	18
A Herbal Medicinal Plants Course For Beginners	18
Martuvam Healing Forest	18
Edible Weed Walk	19
Bioregion Activities	19
Enlight Activities	19
Auroville Bamboo Centre July Program 2024	20
Tours	20
Bamboo Centre Campus Tour	20
Auroville Bamboo Tour with Special Bamboo Lunch	20
Training and workshop	20
One-Day, Make and Take Workshops	20
Furniture Workshop	20
Bamboo Lampshade	20
3 Hours Make and Take Workshops	20
Bamboo Toys	20
Bamboo Musical Instruments	20
Bamboo Jewellery	20
Bamboo Planter	20
Upcoming Workshops & Camps, July 2024	20
Bamboo Furniture Workshop, Beginner Course	20
Bamboo & Wood furniture Workshop, Intermediate Course	20
Bamboo Geodesic Workshop, Advanced Course	21
Auroville Bamboo Summer Camp	21
Auroville Bamboo Reinforcement	21
Mohanam, Soul of Soil July 2024	21
Tours	21
Auroville Northwest Tour	21
Mohanam Campus Tour	21
Make and Take Workshops	21
Classes	21
Cooking Class	21
Saree and Veshti Experience	22
Auroville Bioregion Experience with Mohanam Team	22
Musical Healing with Divine Meditation	22
Thiruvannamalai Eco & Spiritual Services	22
Tour to Thiruvannamalai	22
Egai	22
Craft Activities	22
Wellness Woodcraft Activity of Auroville	22
Carpentry & Wooden Craft Workshops	22
Paper Craft Workshop @ Wellpaper, Auroville	23
Available	23
Office Space Available	23
Twin Size Bed Available	23
E-Bike Available	23
Looking For	23
Calico Cat Needs a Home	23
Vikas Community is looking for a full-time gardener	23
Deepanam School is looking for full-time gardener	23
Part-Time Nanny Needed	23

Help Needed	23
Rainwater Harvesting System	23
Seeking Educational Funding	24
Work Opportunities	24
Rider opportunity at Dropzy	24
Quiet is Looking for a Female Massage Therapist	24
Aurofilm is looking for a Graphic Designer/ Marketing person	24
Honorary Voluntary	24
Integral Mathematics Sessions looking for an Assistant	24
Gau Seva at Sadhana Forest!	24
Volunteer Opportunity: English Teaching with Reach for the Stars	25
Kuilai Creative Center Seeks Volunteers	25
Inside Auroville	25
Farm Service is looking for Volunteers	25
Animal Care	25
Monthly Transparency Report June 2024	25
Overview	25
Donations and Cease and Desist Order	25
Expenditures	25
Restarting of our ABC Program	26
Weekly Mobile Vet Clinic	26
Infrastructure Improvements	26
MoU with Mettupallayam Veterinary College	26
A Last Call about the Responsibility of Auroville	26
Foods, Goods and Services	26
Book Binding	26
Bella Vita	27
Saturday Foodlink Market	27
Reduced-Price Maroma Products for all Aurovilians in the Outlet Store	27
Anitya: Community Lunch	27
Eco Femme Open House	27
Artiste Cafe: Craving South Indian Food?	28
Sarvam Computers Offers Reliable Service	28
Qutee Electric Scooter Service	28
Hairdresser	28
Travel News From Inside India	28
Some current offers	28
Trip ideas	28
Travel Tips	29
Surabhi Supplies	29
Dropzy	29
New Waves	29
Rapid Care Services	29
Rupavathi Joy Activities	30
Bio-Region Temple Tour	30
South-Indian Cuisine—Cooking Class	30
Thai Massage	30
Tailoring	30
Freestore Invites you to Participate	30
Poetry	30
ReMAins	30
Until tonight	30
Chau Goupi	30

Voices and Notes	30
Joke	30
RADiculous Grandstanding	31
Realisation: Psychic Being	31
The Pressing Question	32
Classes, Workshops & Healing Arts	32
Angam Tree	32
Quiet Healing Center	33
New Therapy Offerings at Quiet	33
Energy Healing with Reiki	33
Holistic Foot Reflexology	33
Integrated Energy Healing & Foot Reflexology	33
Gravity Colon Hydrotherapy	33
WOGA (Yoga in Water) with Friederike & Tamara	33
Baby Watsu with Friederike	33
Auromode Yoga Space July 2024 Schedule	34
Vinyasa flow with Bala	34
Mobility with Karlakattai	34
5 day Yoga, Meditation, Pranayama and Yoga Nidra Workshop	34
Auroville Yoga 200hr TTC schedule	34
5 day Auroville Yoga Festival	34
Mindfulness For Stress Reduction (MFSR)	34
Bharat Nivas The Art of Self-Diagnosis: MAYA	34
A Satsang On the Integral Yoga	35
Vérité	35
Workshops	35
Mindfulness Kindfulness with Helen	35
Food is Medicine: Lifestyle Health Practices w/ Parvathi	35
Understanding Pranayama & its Practice in Asanas & Meditation with Radhika	35
Awareness Through the Body: Exploration of the Element Space with Amir	35
Food is Medicine: Lifestyle Health Practices with Parvathi	35
Yoga & Re-creation Programs	35
Therapies (by appointment only)	35
Workshops (pre-registration required)	36
Taste Of Yoga @ Vérité	36
Leela Therapy	36
Bharat Nivas, Integral Healing: Light of Ayurveda and guidance of Mother and Sri Aurobindo	36
Regeneration Listening Circle	36
AcroYoga	36
Traditional Mantras and Stotras Chanting Classes	37
Sound Therapy & Self Healing, 2 in 1 Session	37
Mindful Monday	37
Arka Wellness Center & Multipurpose Hall Regular Activities, June	37
Treatments	37
Classes	37
Tao of Tea	37
It Matters	38
Schedule from 4 July to 13 July	38
Yoga with Rachel	38

Detox your Mind & Breathe Heal your Body	38
Languages	38
News From Auroville Language Lab	38
Evening Programs!	38
Our first full-length publication	38
Looking for	39
Tomatis	39
New Language Courses at ALL	39
Spanish Beginner Class with Mila	39
Tamil Reading & Writing and Also Spoken Intermediate with Murugesan	39
Tamil Beginner Course with Saravanan	39
Experience the magic of Persian Language and Poetry	39
New Beginner Hindi with Kaushal	39
New Beginner Sanskrit with Kaushal	39
English	39
New Beginner English Class	39
Discover the Fun in Learning English through Theatre by Rupam	39
Ongoing English Classes	39
To join or enquire	39
Schedule: Language Courses at ALL	40
The Language Lab is open	40
Cinema	40
Aurofilm Restarts Friday Film Screenings	40
Eco Film Club Every Friday at Sadhana Forest	40
Schedule of Events	40
Let Us Be Heroes	40
Cinema Paradiso	41
Film Program 8 July to 14 July 2024	41
Emergency Services	42
N&N Guidelines	42
Editors' Note	42
Accessible Auroville Public Bus	42





House of Mother's Agenda

(continued from last two weeks)

Heaven's wiser love rejects the mortal's prayer;
Unblinded by the breath of his desire,
Unclouded by the mists of fear and hope,
It bends above the strife of love with death;
It keeps for her her privilege of pain.

A greatness in thy daughter's soul resides
That can transform herself and all around
But must cross on stones of suffering to its goal.

Although designed like a nectar cup of heaven,
Of heavenly ether made she sought this air,
She too must share the human need of grief
And all her cause of joy transmute to pain.

The mind of mortal man is led by words,
His sight retires behind the walls of Thought
And looks out only through half-opened doors.

He cuts the boundless Truth into sky-strips
And every strip he takes for all the heavens.

He stares at infinite possibility
And gives to the plastic Vast the name of Chance;
He sees the long results of an all-wise Force
Planning a sequence of steps in endless Time
But in its links imagines a senseless chain
Or the dead hand of cold Necessity;
He answers not to the mystic Mother's heart,
Misses the ardent heavings of her breast
And feels cold rigid limbs of lifeless Law.

The will of the Timeless working out in Time
In the free absolute steps of cosmic Truth
He thinks a dead machine or unconscious Fate.

A Magician's formulas have made Matter's laws
And while they last, all things by them are bound;
But the spirit's consent is needed for each act
And Freedom walks in the same pace with Law.

All here can change if the Magician choose.

If human will could be made one with God's,
If human thought could echo the thoughts of God,
Man might be all-knowing and omnipotent;
But now he walks in Nature's doubtful ray.

Yet can the mind of man receive God's light,
The force of man can be driven by God's force,
Then is he a miracle doing miracles.

For only so can he be Nature's king.

It is decreed and Satyavan must die;
The hour is fixed, chosen the fatal stroke.

What else shall be is written in her soul
But till the hour reveals the fateful script,
The writing waits illegible and mute.

Fate is Truth working out in Ignorance.

O King, thy fate is a transaction done
At every hour between Nature and thy soul

With God for its foreseeing arbiter.

Fate is a balance drawn in Destiny's book.

Man can accept his fate, he can refuse.

Even if the One maintains the unseen decree
He writes thy refusal in thy credit page:
For doom is not a close, a mystic seal.

Arisen from the tragic crash of life,
Arisen from the body's torture and death,
The spirit rises mightier by defeat;
Its godlike wings grow wider with each fall.

Its splendid failures sum to victory.

O man, the events that meet thee on thy road,
Though they smite thy body and soul with joy and grief,
Are not thy fate,—they touch thee awhile and pass;
Even death can cut not short thy spirit's walk:
Thy goal, the road thou chooseth are thy fate.

On the altar throwing thy thoughts, thy heart, thy works,
Thy fate is a long sacrifice to the gods
Till they have opened to thee thy secret self
And made thee one with the indwelling God.

O soul, intruder in Nature's ignorance,
Armed traveller to the unseen supernal heights,
Thy spirit's fate is a battle and ceaseless march
Against invisible opponent Powers,
A passage from Matter into timeless self.
Adventurer through blind unforeseeing Time,
A forced advance through a long line of lives,
It pushes its spearhead through the centuries.

Across the dust and mire of the earthly plain,
On many guarded lines and dangerous fronts,
In dire assaults, in wounded slow retreats,
Holding the ideal's ringed and battered fort
Or fighting against odds in lonely posts,
Or camped in night around the bivouac's fires
Awaiting the tardy trumpets of the dawn,
In hunger and in plenty and in pain,
Through peril and through triumph and through fall,
Through life's green lanes and over her desert sands,
Up the bald moor, along the sunlit ridge,
In serried columns with a straggling rear
Led by its nomad vanguard's signal fires,
Marches the army of the waylost god.

Then late the joy ineffable is felt,
Then he remembers his forgotten self;
He has refound the skies from which he fell.

(to be continued next week)

Sri Aurobindo, Savitri: A Legend and a Symbol
Book Six: The Book of Fate
Canto Two: The Way of Fate and the Problem of Pain
<https://incarnateword.in/cwsq/34/the-way-of-fate-and-the-problem-of-pain>

Gangalakshmi (HOMA)

Townhall Speaks

OBSERVATIONS & CAUTION REGARDING THE RAD

We are deeply concerned about the way Auroville and its issues are being communicated within the community and across social media and further. The latest is a video promoted by a so-called RA group. The presenter comes across as confused and ignorant about Auroville and makes presumptions about what the Mother wanted or not, and ends with a categorical statement about 800 people losing their homes outside the master plan which has caused alarm amongst residents.

This call to “resist” by creating panic was the precursor to start an unqualified Emergency RAD to vote against ALL land exchange, is both dishonest and manipulative and will be catastrophic for Auroville giving again ample opportunity for outside developers to move in.

It is important to know how the document, which is the basis of this claim, said to be approved by the Governing Board, was obtained—from the Auroville Foundation office, the present Land Board or from the MoE?

We request those conducting the “anonymous” RAD to make this available to the Working Committee or publish it in News and Notes, Auronet or Massbulletin.

That apart, it is no secret that consolidating the land in the city area as well Green Belt as per the master plan has been a firm aspiration for decades. However, land acquisition, particularly in the city area had dwindled steadily in the last years preventing a planned and sustainable growth to provide for Aurovilians who are still without housing and to welcome new people and volunteers by assuring accommodation, basic infrastructure and facilities. If 50,000 are to be accommodated, largely in the city area and some in the greenbelt, we need to create our solutions proactively and consciously.

Land exchange has been an important element of consolidating the land for Auroville, starting with the city. We are attaching a letter from the then Chairman, Dr Karan Singh, who voices extreme frustration about Auroville’s lack of will and general resistance to take this through, already over ten years ago, in 2013. The more we delay the more we make it difficult to grow as prices skyrocket and outside developers buy up the land. We have already lost the southern greenbelt to unlimited pizza restaurants and traffic jams and no one seems bothered. Land exchange is a feasible way to consolidate our city area first, as the Mother wanted, and then the greenbelt. The more we reject the master plan or remain ignorant about it, the more we have a haphazard development where we should not.

The Auroville Foundation has been overseeing land deals and land exchange. Till March 2024, 48.49 acres were acquired by exchange and another 18 acres added via a donation.

We support that Land Exchange has to be handled better and are working towards an SOP with the Auroville Foundation for a better and transparent outcome that is best for Auroville. But as long as there are continuous statements that are inflammatory along with unsubstantiated slanderous charges of corruption and a permanent will to block anything and everything and go to court, this will not succeed. The choice lies with us, if we want to serve the Mother’s city and Her Dream or demand our right to live and do as we please which would be in direct contradiction with the Charter.

So, please inform yourselves about Auroville and what the Mother actually said and wanted before signing blindly and letting your signature be used for other intentions.

*The Working Committee,
Anu, Arun, Joseba, Selvaraj, Tine*

KARAN SINGH to the Working Committee, 2013

Dear Aurovilians, I had occasion to review the progress of land consolidation with the Auroville Working Groups dealing with the issue of land on the 8 November 2013. I was dismayed to learn that since 1 April 2013, Auroville has managed to secure only about five acres of land. The progress in land consolidation has been very slow for many years now.

The Board finds the progress highly unsatisfactory. The City envisaged by the Mother is under serious threat from speculative developers buying large tracts of land in the neighbourhood. Land prices have risen exponentially making it difficult for Auroville to raise the resources required to purchase all the remaining lands in the City and the Green Belt. While the Government of India has been increasing financial support to Auroville through Plan Grants, we cannot expect funds from the Government for purchase of lands. In the present situation, Auroville has no option but to raise resources through sale/ lease of lands outside the master plan or to exchange these lands for more critical lands in the City/ Green Belt.

Given this scenario, there can be no dogmatic approach opposing all exchanges/ sales of Auroville lands outside the Master plan Area. It is incomprehensible to me and my colleagues in the Board as to why the possessive attitude of a few residents refusing to move from their present location should block all progress in land consolidation. Residents need to remind themselves that they have been chosen especially for building the City that the Mother wanted, with no private property, it is also clearly not acceptable that even preliminary talks with the Mailam Swamy who owns a large tract of land in the Green Belt are being blocked. The Governing Board has, therefore, authorised the Secretary of the Auroville foundation to have exploratory talks with the Swamy.

I call upon all residents to understand the seriousness of the issue and close ranks in a sincere effort to secure all lands in the city area by 31 March 2015. We also need to evolve a clear strategy for protecting the Green Belt through acquisition/ exchange of critical lands to control access.

*Yours sincerely,
Karan Singh*

AUROVILLE HOUSING SERVICE

is Recruiting one Receptionist and one Secretary

We’re looking for talented and passionate individuals (Aurovillian / Newcomer) to join our team for the post of receptionist and secretary. If you possess excellent written and verbal communication skills in English, we want to hear from you!

Those who meet the criteria below for each of the posts, are eligible to apply before 6 July 2024.

Both are full-time commitments with maintenance support.

For Secretary

In this role, you will be responsible for

- Creating clear and concise content for various topics within the housing functions
- Keeping track of the pending issues
- Will be responsible for implementing topic-based communication plans and follow-ups
- Providing exceptional administrative support to the Housing Services team
- Understanding the requirements of the Housing Services departments and its administrative requirements
- Preparing Housing Services meeting agendas and minutes
- Supports continuity among the teams by documenting and communicating actions, irregularities, and updating.
- Coordinating with team members and other related offices to Housing Service such as FAMC, Working Committee & ATDC.
- Maintains confidentiality

Qualification

- Grasping of topics in Auroville context and able to be compose communication that are dealing with sensitive issues
- The ability to work independently and as part of a team on necessary functions of the Housing Services
- Proficient in Microsoft Office tools
- Experience with social media management
- Strong writing and editing skills
- Excellent organizational and time management skills
- Education, Experience: University/college degree is required
- Handles pressure

Interested? To work in a collaborative and supportive environment! Join our team and help us make a difference! Please submit your resume and cover letter with the position applying to housing@aroville.org.in.

For Reception

Are you organized, detail-oriented, and passionate about excellent customer service? In this role, you will be the glue that holds our department together. You'll be responsible for:

- Managing resident enquiries and concerns efficiently (written and verbal Communication skills), Listening, Professionalism
- Scheduling appointments and meetings for topics and members and staffs
- Maintaining accurate and up-to-date records of various interactions with walk-in and on line queries
- Maintains confidentiality
- Following the books of procedures, monitoring logbook
- Processing applications and paperwork
- Preparing Housing Services meeting agendas and minutes (shared responsibility in the absence of the secretary)
- Supports continuity among work teams by documenting and communicating actions, irregularities, and continuing needs
- Setting reminders for coordinating with team member and other offices
- Handles pressure

Qualification

- Strong organizational and time management skills
- Excellent communication and interpersonal skills
- Proficient in Microsoft Office (Word, Excel, Outlook)
- Ability to prioritize tasks and meet deadlines
- A positive and professional demeanor
- Experience working in a customer service environment (a plus)
- To take on challenges that may arise
- Education, Experience: University/college degree is a plus

Interested? To work in a collaborative and supportive environment?

Join our team and help us make a difference! Please submit your resume and cover letter with the position applying to housing@aroville.org.in.

Banu (for Housing Service)

ATTENTION: AUROVILIANS & NEWCOMERS who are Business Visa Holders

Please get in touch with the Working Committee & Mr Koshy at the Foundation office at the earliest.

- workingcom@aroville.org.in
- visa_ccs-avf@aroville.org.in

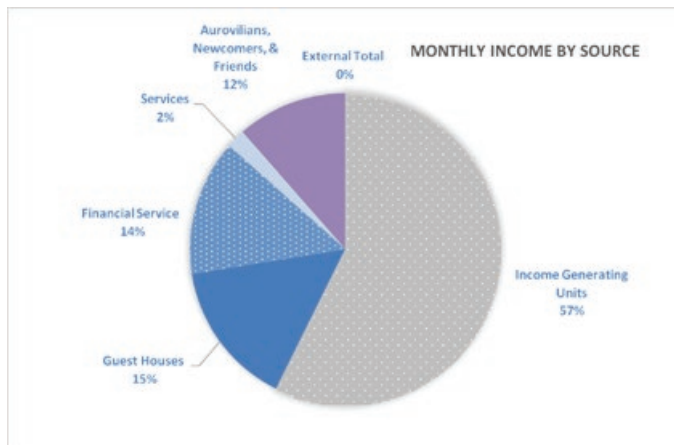
The Working Committee, Anu, Arun, Joseba, Partha, Selvaraj, Tine

CITY SERVICES CONTRIBUTIONS AND PAYMENTS

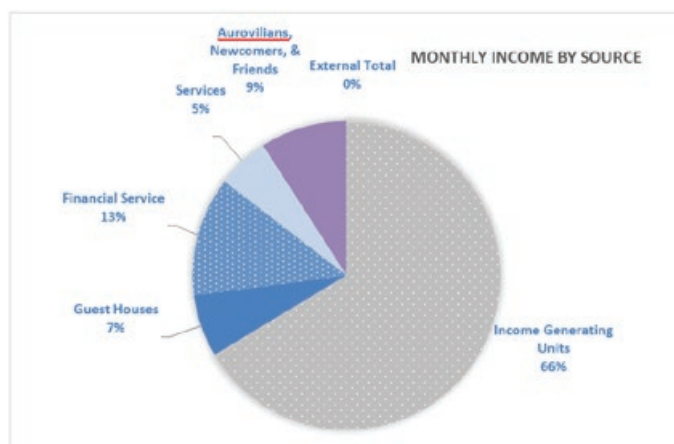
Reports

Read full reports following the links:

- [April 2024](#)



- [May 2024](#)



Paper version: April report was published in N&N 1033. May 2024 report is printed after the last page.

Community News

Passing On

GAJENDRAN PASSES



This is to inform the community of the sudden passing of Gajendran, who worked at Matrimandir and ran GP Cafe. Our deepest condolences go to his family and close friends.

Om. Lisa

Awakening Spirit

SAVITRI SATSANG BY NARAD

Wednesdays, 6:30pm, from 3 July

Savitri reading by Narad on Wednesdays at 6:30pm (from 3 July) in Kalpana Community, @ E1-2B, East Block, 1st Floor (above the parking area). Cordially inviting you all.

William

**BHARAT NIVAS:
Call for Cultural Event Participation**



Dear Aurovilians, as we are approaching the month of August, which is traditionally a time of vibrant festivities and joyous gatherings, with the celebrations of Sri Aurobindo's 150th Birth Anniversary and of Auroville, we would like to invite you to offer the community a series of enriching activities and cultural events to be held in Bharat Nivas campus in the different venues available, such as art exhibitions, theatrical performances, classes, etc.

These events should not only celebrate the milestones of the city, but also inspire the community to reflect on the values and visions that shape Auroville's unique identity.

Please send us your proposals with contents and potential dates as soon as possible, so we can integrate them in the general calendar of activities.

Monisha, BN Team

**BHARAT NIVAS PRESENTS
A weekly study circle on The Synthesis
of Yoga—Sri Aurobindo**

BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville

Bharat Nivas presents

A weekly study circle on
The Synthesis of Yoga
- Sri Aurobindo

By Deepti Tewari

The Mother's very last message to Auroville
"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work."
27.03.1973

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."
27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions."
02.05.1970

4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location

The Mother's very last message to Auroville:

"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work".

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."

27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions."

02.05.1970

Parking available outside at the Bharat Nivas Main Gate.

Monisha, BN Team

SAVITRI BHAVAN SCHEDULE, JULY 2024



Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **A new Bilingual Exhibition on "Sri Aurobindo: A life sketch in photographs"** with texts both in English and Tamil is displayed in the upper corridor.
- **Special Exhibition In Memoriam of Paolo Tommasi:** An Exhibition of his Paintings in Savitri Bhavan's Square Hall from Monday, 1 July till 20 July.
 - **Inauguration:** Monday, 1 July, 10am

Films: Mondays, 4pm, Sangam Hall

- **July 8:** The Rainbow Bridge—Sri Aurobindo's Savitri is a mantra for transformation—the 2nd Dr.M.V. Nadkarni Memorial Lecture by Sonia Dyne. Duration: 73min.
- **July 15:** The Teachings of Flowers—The Life and Work of the Mother of the Sri Aurobindo Ashram, Part 1 by Loretta Shartsis. Duration: 50min.
- **July 22:** The Teachings of Flowers—The Life and Work of the Mother of the Sri Aurobindo Ashram, Part 2 by Loretta Shartsis. Duration: 70min.
- **July 29:** The Life Divine by Sri Aurobindo, Book 1, Chapter 1, The Human Aspiration. Shraddhavan reads the text conscious, concentrated, slow and clear, with the texts on the screen. A wonderful opportunity to listen to The Life Divine with a good English pronunciation. Duration: 24min.

Full Moon Gathering

- **Sunday, 21 July, 7:15—8:15pm** in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 5:30—7pm:** OM Choir led by Narad
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday 9—5

The Rainbow Bridge—Sri Aurobindo's Savitri as a Mantra for Transformation

The 2nd Dr. M.V. Nadkarni Memorial Lecture by Sonia Dyne

- **Monday, 8 July, 4pm @ Savitri Bhavan.**
- **Duration: 73min.**

Sonia Dyne got to know Dr. Nadkarni (1933-2007) when he was living and teaching in Singapore. For her, Dr. Nadkarni was an outstanding teacher and someone who constantly inspired the people around him with his spirit of dedication to the Integral Yoga.

The image of the rainbow bridge comes from Sri Aurobindo's poem *A God's Labour*.

*I had hoped to build a rainbow bridge
Marrying the soil to the sky
And sow in this dancing planet midge
The Moods of infinity.*

Written in 1935, it describes in clear and succinct words the nature and purpose of his work, the met challenges on the way, and the dangers, discoveries and the ultimate success of the great mission he had undertaken in collaboration with the Mother. Basing herself on *Savitri* and *Mother's Agenda* Sonia Dyne examines where and how these challenges, dangers and discoveries take place.

She also argues that the poem *Savitri* is a living bridge created in the consciousness of Sri Aurobindo and the Mother and endowed with the power to effect a profound change in the way we see ourselves and experience life. A spiritual light manifesting itself as poetry is the true source of *Savitri's* power to raise our consciousness to a higher level and bring it nearer to the plane of Intuitive Mind. The word having a transformative power is known as mantra.

Sri Aurobindo mentions that through the medium of mantras—their meaning and sound—the inspirations of the Universal Soul can enter the individual soul in the easiest way. And this constitutes the special function and power of Sri Aurobindo's great mantric poem *Savitri*.

A booklet with DVD from Sonia Dyne's inspiring talk *The Rainbow Bridge*—Sri Aurobindo's *Savitri* as a mantra for transformation is available at Savitri Bhavan.

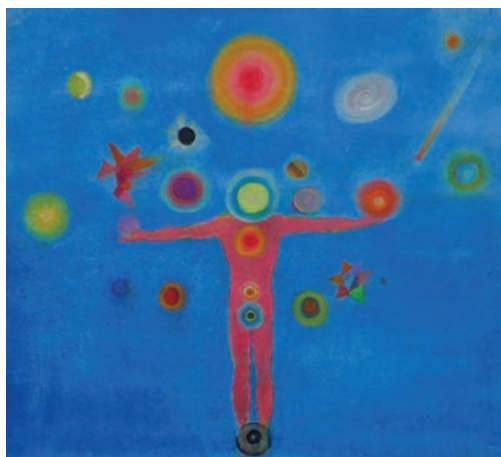
Auroville Radio recorded the talk and the link is:

- <https://www.aurovillradio.org/the-rainbow-bridge/>

And the [video version is uploaded on YouTube](#).

In Memoriam of Paolo Tommasi: An Exhibition of his Paintings

- Ongoing till 20 July @ Square Hall, Savitri Bhavan



At the age of thirty-eight, Paolo Tommasi visited Pondicherry in 1966 and met the Mother. He had always been a spiritual seeker; after meeting the Mother he realized that his quest had ended. He participated in Auroville's Founding Ceremony in 1968. When Auroville was established, he helped Roger Anger to design the "Matrimandir" as well as the twelve gardens surrounding it. His paintings and sketches have been exhibited in many galleries across the globe.

Pondicherry was a special place for Paolo. He had once remarked: "In no other places do I feel my soul awaken and do I achieve that inner work that gives meaning to my life; becoming more aware of myself and the mystery that surrounds us." In 2010, he settled in Pondicherry and remained closely associated with Auroville and the Sri Aurobindo Ashram.

In the last week of June 2020, Paolo was diagnosed with Covid-19. He passed away on 17 July at the age of 92. Savitri Bhavan has been entrusted with the legacy of many of his paintings. Everyone is welcome.

Margrit and Dhanalakshmi for Savitri Bhavan

SEEKING OUR INNER BEING **Circles of discussion in various languages in Auroville**

on Saturdays

English: 20 July, 3:30—5pm & 24 August, 3:30—5pm
@ Pavilion of Tibetan Culture

French: 13 July, 3:30—5pm & 17 August, 3:30—5pm
@ French Pavilion

Dear Community, the Auroville we love and we came for, is a spiritual Community aiming at Human Unity, in which people from all over the world live intentionally with the goal to hasten the shift of consciousness.

In "To be a True Aurovilian", Mother explains that there is within us "an 'Inner Being', free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."

In addition to the interviews of Aurovilians and non-Aurovilians on their quest of this 'Inner Being'

- <https://www.aurovillradio.org/author/inner-being-team/>
and

- <https://www.youtube.com/@SeekingourInnerBeing>

we are happy to launch discussion circles on the topic.

These talks are conducted in the mother tongue of participants to enable an easier and freer sharing on their spiritual quest. During these circles, confidentiality is required, no quotes or academic speeches are encouraged, just simple sharing on one's experience and deep listening with care and sensitivity to others.

For now, these dialogues are held in English and French, and soon, circles will open in Tamil, Spanish and Russian. Circles in additional languages can also be proposed if interest is shown.

- **The 1st dates in English** will take place at the Pavilion of Tibetan Culture, on Saturday, 20 July, from 3:30 to 5pm and on Saturday, 24 August, from 3:30 to 5pm.
 - Please book to attend.
- **The 1st dates in French** will take place at the French Pavilion, on Saturday, 13 July, from 3:30 to 5pm and Saturday, 17 August, from 3:30 to 5pm.
 - Please book to attend.

If you wish to reserve your place or you feel called to participate in this project in any other way, please send an email to: innerbeing.auroville@gmail.com

We thank you for your help and support,

Dan for the Inner Being team,
<https://innerbeing.auroville.org>

AMPHITHEATRE—MATRIMANDIR

Thursdays, 6—6:30pm (weather permitting)


During the Summer months, Sunil's music and *Savitri* read by Mother will be replaced by the beautiful **New Year Musics, also by Sunil and with each time a different prayer by the Mother**, recorded with the music

- Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!
- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you and note that access is for the Amphitheatre only from 5:45pm and until meditation ends.

Surya for Amphitheater team



BRAHMANASPATI KSHETRAM



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

*To my dear little child
The eternal Mother
eternally embraces her
child.*

Calendar of regular events of July 2024
Every Thursday 6:00 - 6:30pm
Meditation

11th & 25th Thursday 6:30 - 7.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

21st, Sunday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street Location
Edayanchavadi, Auroville 

kshetram2014@auroville.org.in

Submitted by Rajan

*Education***STUDY AT AIAT FOR SKILLS OF THE FUTURE
and integral personality development**

Auroville Institute of Applied Technology offers opportunities for Aurovilians and Non-Aurovilian youths from the region, who passed 10+2 or equivalent certificates to pursue their higher education leading to a bachelor's degree B.Voc. in professional engineering courses affiliated with Pondicherry University. These courses in emerging technologies are three years in duration, skill-centric focusing on the implementation of technologies.

The following B.Voc. courses are based on Integral Education and conducted at AIAT Campuses in Irumbai, Aurobrindavan and Udavi—C3STREAM Land Designs campuses:

1. Software Development & Machine Learning
2. Electronics and Electric Technologies incl. Sustainable Energy
3. Mechatronics and Production Technologies
4. Applied Electronics and Chip Design
5. Information Technology

In a two-month internship program/ year at the industrial sites students will practice in an industrial environment and will be mentored by professionals. The integral education includes Radical Transformation Leadership, Yoga, Meditation, communication and entrepreneurship, 3rd Language (Hindi, German or French). The syllabuses are designed by AIAT and approved by the university, focusing on ma-



ior-oriented relevant minor subjects resulting in a smaller number of subjects than for a B.E. course. The main benefits of joining a B.Voc. course against B.E./B.Tech. are:

1. Bachelor's Degree after three years instead of four years
2. Internship of 6 months and project work instead of just 2 weeks
3. Specialisation during three years instead in 4th year or in 5th year of Master's degrees
4. Relevant major-oriented minor subjects
5. It costs less and is within Auroville
6. Skill-centric, project-based and industrial experience makes you job-ready/ Placement
7. Participate in Auroville cultural programs
8. Bus facilities
9. AIAT helps you to apply for a stipend or a bank loan.

For more information Pl. contact:

Auroville Institute of Applied Technology—College

- Phone or WA: 8903166923, Webpage: aiat.in
- Or visit AIAT campus at Aurobrindavan

Lavkamad and Sanjeev Ranganathan

CALL FOR GRANT PROPOSALS**SDZ Funding in 2024**

The Project Coordination Group (PCG) will be meeting to review grant proposals for possible funding by Stichting De Zaaier. **The last date to submit proposals for this call is Monday, 22 July 2024.** You are welcome to submit earlier or send us a draft version of your proposal for comment prior to the due date. (If you plan to submit a proposal, please carefully read this full announcement to the end.) All documents related to this purpose are to be submitted in the prescribed forms as attachments, emailed to pcg@auroville.org.in

Please note that in case your proposal is not ready by this date, there will be another call for proposals for SDZ later this year.

Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or students of any individual classes, your project is to be reviewed by all concerned School Boards prior to submitting to the Project Coordination Group. (Please contact all individual schools before submitting your proposal to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

For more information, application forms or assistance please write to pcg@auroville.org.in

The last date for submitting proposals for this call is Monday, 22 July 2024. Please submit earlier if possible.

NB There will be another opportunity to submit proposals for funding by Stichting de Zaaier announced later this year.

Pala for the Project Coordination Group

**STRUGGLING
with Programming ?**

Dear all, I am thrilled to help anyone who is struggling with learning a programming language or needs help with a project.

Please WA me at 9042483649

Pawan



ILAINARKAL EDUCATION CENTRE
Auroville Further Learning Programme
for All Age Groups



Activities	Days	Timing	Resource Persons
Tailoring (sewing)	Monday to Friday	10am—3pm	I.Pachaiammal
Spoken English class	Monday to Friday	session I: 3—4:30pm session II: 4:30—6pm	B. Anandou
Yogasana Class	Monday to Friday	6—7pm	B. Anandou
Tamil Typing class (computer)	Monday to Friday	2—4pm	C.V. Ramesh Karunakaran
Hindi class	Every Tuesday	4:30—5:30pm	Colonel Chandra Sekar (Retd)
French class	Wednesday	4:30—5:30pm	A. Arivan
Body awareness	Wednesday	10am—12noon	M. Muthukumari
Viyazhavattam circle—Tamil Literature	Thursday	4:30—5:30pm	R. Meenakshi
Entrepreneurship	Friday	4:30—5:30pm	S. Sivakumar
Art and Painting class	Saturday	10am—12noon	N. Janaki

Contact: 0413 2623773, tamil@auroville.org.in

R. Meenakshi for IEC

KULAI CREATIVE CENTRE

Next to Auroville Bakery, Kulapalayam
kulaicreativecentre.auroville@gmail.com
 8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session, Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tuesday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednesday	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thursday	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiyam, Silambam, Upcycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15		

Except English, all the others are FREE for everyone from the ages of 10 to 16, but please [register through this link](#) or scan QR code or call us 8608473385 WA

Volunteers are most welcome!

Selva for KCC



AUROVILLE LIBRARY HAS RESUMED
normal opening hours after the summer break

Our timings are:

- **Mornings:** Monday—Saturday: 9am—12:30pm
- **Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4.30pm
 - Tuesdays: 4—6:30pm

Laura for Auroville Library.

0413 2622894,
avlib@auroville.org.in



Youth Initiative

KARAOKE PIZZA NIGHT

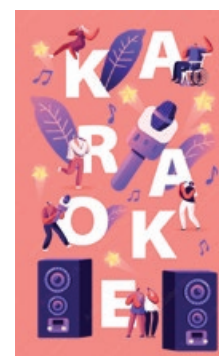
Friday, 5 July, 7—10pm @ Youth Centre

Dear Community, YouthLink & Youth Centre are thrilled to extend its warm invitation to you for an exciting Karaoke Pizza Night. Join us for an unforgettable evening where you can sing your heart out while relishing on delicious pizza.

Whether you believe you have the voice of a professional or you're just a shower singer, this event is tailor-made for everyone to come together, have a blast, and foster a sense of togetherness within our community. Don't forget to bring your favorite song to share with us!

Looking forward to seeing you there!


Prashast



INTERACTIVE PSYCHOLOGY SESSIONS

With Youth

INTERACTIVE PSYCHOLOGY SESSIONS WITH YOUTH



Empowering youth through open conversations ;
 Creating a safe space for self-reflection and intentional learning

Every Monday, 4:30—6pm @ Auroville Library

We are happy to inform you that YouthLink in collaboration with Juan Andres is offering interactive psychology sessions!

- **These interactive psychology sessions are catering to youth from the ages of 16 to 30 ONLY!**

The idea behind these sessions are to empower Youth through open conversations and to create a safe space for self reflection and intentional learning!

If you are a Youth and would like to delve into a topic, learn together with your peers and discuss subjects you would usually not talk about, join us!

Jiseong Park for Youthlink Team

Gatherings

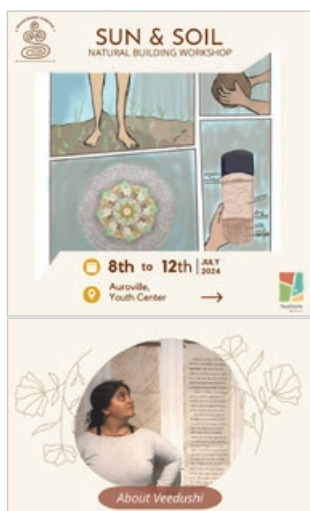
SUN & SOIL: NATURAL BUILDING WORKSHOP

8—12 July, 7:30am—5pm @ Youth Center

Delve into the heart of ancient techniques and modern sustainability. Unravel the intricate tapestry of natural buildings and materials, weaving together the timeless wisdom of cob, wattle, and daub. Join us for this 5-day full-time workshop 7:30am—5pm.

Discover the essence of mud through hands-on exploration and theory. Bring structures to life, each whispering stories of generations yet to unfold.

Soil Walk, Natural Building, Dorodango Art, Bio Enzyme Workshop, Open House



- **Introduction:** Learn ancient techniques and modern sustainability, explore natural building materials in a 5-day workshop. Bring structures to life with mud, cob, and wattle.
- **Theory:** Explore theoretical aspects and techniques of earth architecture. Learn about mud composition, historical building methods, and essential building elements.
- **Soil Walk:** Uncover the hidden marvels nestled in plain sight through this captivating soil walk where the earth serves as a canvas for imagination and connection to nature.
- **Dorodango Art:** Explore the serene world of Japanese pottery, where patience meets creativity. Discover the art of molding earth into beautiful spheres, revealing hidden luster through layering and polishing.
- **Hands-On Exploration:** Mix sand, soil, and straw to create premixes, test them before final mixing, add fillers like bottles and stones to make seating, and prepare Wattle And Daub mix with cow dung.
- **Open House:** At the conclusion of the workshop, there will be an open house where visitors can come and admire the artwork and creations crafted during the event.
- **For registration and more info** please go to our website: youthlink.org.in

Lucrezia for Youthlink Team

MAKER SPACE

Monday to Friday, 8:30am—12:30pm @ Youth Center

Join us for our new youth maker space at the Youth Center, Monday to Friday from 8:30am till 12:30pm.

Discover the endless possibilities of learning, creating, and innovating with wood, metal and more, in our collaborative workspace. A facilitator will be available to provide assistance in learning how to use the tools and technologies, as well as hands-on experience in bringing your ideas to life.

Don't miss out on this exciting opportunity to be a part of our growing maker community.

- **What can you learn:** Cutting Board/ Lamps/ Renovation Of Furniture/ Metal & Woodwork / Welding/ Arts & Crafts/Jewellery/ Upcycling

Lucrezia for Youthlink team



HONOUR AUROVILLE'S LAND POTLUCK

Saturday, 6 July @ Certitude, 5:30pm onwards



Dear Auroville family, we hope you are all excited and preparing for the potluck this Saturday, 6 July at Certitude from 5:30 pm onwards!

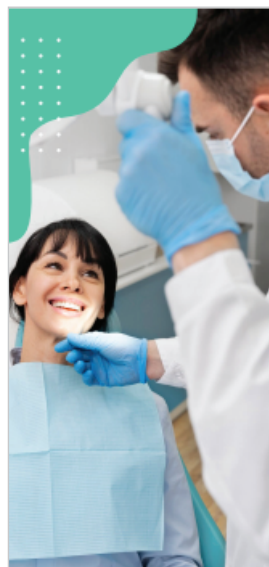
Please bring a handful of soil from your community and a candle for the light mandala to honour Auroville's land. Here are a few more reminders:

1. We are trying to make this a zero waste event. It will help if you bring your own cup, bowl, plate and spoon.
2. No throwaway plastics please!
3. There will be different stations for veg, vegan and non-veg food, please follow the signs.

Even if it's not possible for you to bring food, please do come. Let us get together for a joyful evening, with song, food and conversations in our Auroville family ...

Raju for Community Gathering Team

Health Care



AURODENT EXPERIMENT

July Month Offer

Filling treatment for donation

We would want to conduct a research to determine how our clinic can pay all costs associated with delivering affordably priced dental care to anybody who wishes to get it in Aurodent. We believe someone who can donate more will help those who are struggling to afford it. We will be delighted to see you in Aurodent and join in this new experiences. Note: Donations are only accepted for filling treatments during the month of July.

BOOK APPOINTMENT NOW

AUROMODE (OPPOSITE OF CSR), AUROVILLE 605101. WHAT'S UP 9629199328 LAND LINE: 0413-2622063

July Month Offer

Get your dental fillings on a donation basis! We would want to conduct a research to determine how our clinic can pay all costs associated with delivering affordably priced dental care to anybody who wishes to get it in Aurodent. We believe someone who can donate more will help those who are struggling to afford it. We will be delighted to see you in Aurodent and join in this new experience.

- **Note:** Donations are only accepted for filling treatments during the month of July.

Book Appointment Now:

9629199328 WA, land line 0413-2622063

Auromode (Opposite of CSR) Sutha for Aurodent

SANTÉ SERVICES, JULY 2024



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Senthil: Monday to Friday	Nurse Care: Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage: with Galina: Monday to Friday (except Wednesday)	Physiotherapy with Arun: Monday to Saturday (except Friday)
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	Soundbed Session: with Sandhya/ Thilagam: Monday to Saturday

- In Santé, we value our patient’s confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in, <http://sante.auroville.org.in>

International

NEW CO-WORKING SPACE!

The **European House** is pleased to welcome you in its co-working space. Come benefit from our wifi and the quiet of our place to focus and get your work done!

Free contribution, Help us pay our internet bills and improve the place! Come enjoy the quiet of our conference room 3 mornings a week! **A place you can privatize!** Do you need a place to host a meeting? A workshop? Or any other group activity: Send a request and book the place!

Marie, +33 695524430,
european.house.auroville@gmail.com

Art For Land

**INVITATION TO DONATE ARTWORK
 for the “Unity, Kindness and Friendship”
 Art for Land Exhibition**

Dear Friends, we hope this message finds you well.

We are excited to announce an upcoming exhibition titled “Unity, Kindness, and Friendship”, celebrating the values of togetherness, compassion, and camaraderie. This special event will be held from 4 August, marking the birthday of Sri Aurobindo, and will serve as a fundraising initiative for Art for Land, Auroville, dedicated to the noble cause of land consolidation of the Auroville Masterplan.

We warmly invite you to participate by donating artwork that reflects the exhibition’s theme. You can contribute a piece from your existing collection or create something new inspired by the spirit of unity, kindness, and friendship. Your generous contribution will not only enhance the cultural and artistic richness of the event but also support to secure land for Auroville.

About the Painting

Our invitation is beautifully illustrated by Pablo Picasso’s Bouquet of Peace (1958), a painting that embodies the essence of peace and harmony. The artwork depicts two hands holding a bouquet of vibrant flowers, symbolizing a unified gesture of peace and goodwill. Picasso’s creation serves as a timeless reminder of the power of art to bridge differences and foster a sense of community.



We hope that Picasso’s masterpiece will inspire you to create and donate an artwork that resonates with the themes of unity, kindness, and friendship.

Details of the Exhibition:

- Theme:** Unity, Kindness, and Friendship
- From 4 August @ Unity Pavilion, Auroville**

If possible, please include a title for your artwork that resonates with the chosen theme.

How to Contribute

Send your artwork to the Unity Pavilion at your earliest convenience. Please include a brief description of the piece and its relevance to the chosen theme. Your participation will be a significant addition to our exhibition and a step towards achieving our goal. We believe your artwork will inspire and move many, highlighting the profound impact of art in fostering community and goodwill.

We look forward to your positive response and are here to assist with any further details or arrangements you may require.

**Jaya and Doris for Art for Land
 Mandakini for Acres for Auroville
 info: +91 7558401108**



The Arts

BHARAT NIVAS



**Manushi on a quest
Bharatnatyam by Radhika Shetty**

**Sri Krishnarpanam,
Bharatnatyam by Udayalakshmi**

Submitted by Monisha

Multiple Activities

Business Activities

**BHARAT NIVAS INVITES
Arts and Crafts**



Dear Aurovilians, Bharat Nivas invites individuals and activities interested in putting up art, craft, and food stalls in our Pathway and exhibitions and artwork in Kalakendra.

Please write to us at bharatnivas@auroville.org.in or contact our Trustee Janmejay at 8249335483. **Monisha, BN Team**

Dance Activities

ZUMBA WITH PREETI

Zumba classes are happening
@ New Creation Studio, every Monday, 6pm
For regular classes DM: 8281746763

Submitted by Vega

DANCE CLASSES BY MANI

Salsa Dance Class

Choose your Dance

- ✓ Bachata Dance
- ✓ Kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now
 +91 86376 33696

SALSA DANCE CLASS

Tuesday salsa class 6:30 pm
 Saturday workshop 7:0 pm

Bakisata_dance
 New creation, dance studio
 Embrace the Rhythm and Let Go!

Tango Dance

TANGO DANCE

MONDAY
 Beginner 6:30 to 7:30 pm
 Intermediate 7:30 to 8:30 pm

FRIDAY
 Workshop 6:30 to 7:30 pm
 Open practice 7:30 to 8:30 pm

Auroville, cripa

CONTACT US BY
 +91 86376 33696
 Bakisata_dance

Submitted by Mani

Ustanna STUDY TANGO

AUROVILLE TANGO
 New batch starts the first week of each month

MON 19:00 Introduction to Tango 20:00 Open source	WED 19:30 Guided Practica 20:00 Practilonga
--	--

Tango @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- Monday
 - 7pm—Introduction to Tango, 8pm—Open Source
- Wednesday
 - 7:30pm—Guided Practica,
 - 8pm—Long Practice

No partner required. Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082, tango@auroville.org.in Maud

A CALL TO CO-CREATE

Multidisciplinary Improvisation Lab

Thursdays, 5—7pm @ CRIPA Small Hall

Through Dance, Move, Visual Arts, Poetry, Spoken Word, Theater. And Music

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB

THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL
 DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

Discover the boundless potential of collaborative improvisation

Krishna

Music and Art Activities

SVARAM ENTERS A NEW PHASE

Dear SVARAM Friends, May we have your kind attention please? SVARAM has now entered a new phase of progressive development. To ensure you continue receiving our Current News & Developments, Posts and Newsletters, we are updating our Subscription List.



- If you would like to stay up to date through email, you will need to fill in our simple [Subscription Form here](#). Thank you so much for your kind attention.

Aurelio

SOUND JOURNEY @ THE ATELIER

SVARAM SOUND EXPERIENCE

SOUND JOURNEY is back!

Weekly sessions at the UTSAV Building restart on Wednesday, 3rd July 2024

See you there!

Scan for details

For details please scan the QR Code or click this link:

- <https://svaram.org/sound-journey-the-atelier/>

Zech for SVARAM Team

BUILDING A LIVE MUSIC CULTURE



Dear unit-holders, well-wishers and fellow community members in Auroville, our community of musicians and collaborators at Kalabhumi Music studio, has been organizing Live music events featuring Auroville musicians and the likes from the Bioregion and other parts of India.

With the aspiration to build a thriving live music culture in Auroville, that develops as a platform for musicians to curate their music and grow, we are on the lookout for sponsors and patrons who believe in what we are doing, and would like to join us on this collective musical journey.

You can follow us on Instagram and Youtube for a recap of our programmes and upcoming events. Links and contacts below.

KGL Organising Team, Mehul & Edo
 +91 9843893852, mehulk_no@auroville.org.in
[@kalabhumimusicstudio.av](https://www.instagram.com/kalabhumimusicstudio.av)

CREEVA ART ACTIVITIES

Centre for Research Education
 Experience In Visual Arts



Our Art Activities:

- **Watercolor Landscape** by Sathya
 Wednesday 5—7pm.
- **Figurative Drawing Session**
 Friday 5—7pm.
- **Root Of Art** by C. Sivacoumar to know the basic value of art, contact: +91 8870129626
 Saturday 4:30—6:30pm.
- **Portrait by Sathya.** All art lovers! Looking for a unique and personalized portrait experience? I'm offering live portrait sketches and paintings done within about 30 minutes of your sitting. Capture your essence in a beautiful artwork. Let me know to book your session.



Open Studio is a creative space where individuals can explore various forms of visual art, such as Printmaking, Drawing, Painting, Recycled art, Installation, Collage, Sculpting, and more. Art supplies are provided, and you are welcome to stay as long as you'd like during your session. A facilitator will be available if you need assistance.

- The studio is open from 12:30 to 4:30pm, Monday to Friday.
- If you plan to attend at other times, please inform in advance, contact Abi +919042058981.

CREEVA Studio, Creativity Community
sathyacolour@auroville.org.in, +91 9486145072 WA,
 Sathya

EXPLORE

WaterColor Techniques

- Wednesday & Saturday, 10am—12pm @ At Unity Pavilion
- Art with Mr. K. Janakiraman
- For More Details
 9443648774, 7558401106

Submitted by Arun

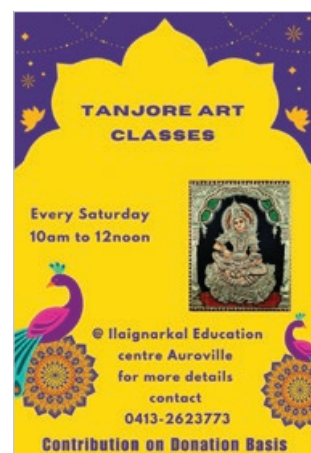


TANJORE ART CLASSES

Every Saturday,
 10am—12noon

@ Ilaignarkal Education Center

Tanjore paintings hold cultural and religious significance, originating in Tamil Nadu, India. They depict Hindu deities and mythology with vibrant colors and intricate details. The use of gold leaf adds opulence, reflecting the region's artistic heritage. These paintings serve representations of South Indian art, preserving traditional techniques and contributing to the rich tapestry of India's cultural history



- For more details contact
 0413 2623773

• Contributions on Donation Basis

Ayyanar

LIGHT FISH

Professional Photography Studio

Photography Services

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Samvit Blas, Light Fish,
 9442526287,
sales@light-fish.com



Sports & Martial Arts

SWIMMING CLASS BY MANI

Swimming class

Swim to Serenity: Waves of Strength!

Watersport_mani

Book Now

+91 86376 33696

20% Swimming class only

- water therapy
- open water
- Oceanic
- water dance
- water movie
- swimming in pool

Package swimming class

AIKIDO NEWS UPDATE

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. Seen as such, and in the perspective of the integral development of the being as emphasized by Sri Aurobindo and the Mother, it is no wonder that Aikido has always been greatly valued in Auroville and introduced since the very early years. Both children and adults can enjoy and benefit from its complete practice. There are no competitions in Aikido. On the self-defense aspect of it, an aggressor's attack may be stopped without harming or injuring him/her.



Adult classes

The Aikido group at Auroville Budokan (Dehashakti) welcomes new practitioners, Youth and Adult students, and the ones who would like to revive an old (abandoned) practice! So, we are happy to share our schedule:

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.

To progress with the practice and feel its benefits, all students are encouraged to be regular and attend a minimum of 2 classes a week.

- **Practice outfit:** In the beginning, new students can wear long and comfortable pants and a T-shirt (no tight-fitting clothes). A white keikogi (practice suit) will soon be necessary to continue. We have some in stock and can lend them out.

Your Health Fund or private insurance are required, as well as a reasonable contribution for AV Budokan (SAILER) are requested. Non Aurovilians will contribute per class or monthly according to status in Auroville (see the teacher in charge). For children classes please see separate announcement.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan
- 83001 89062, Surya, no WA

Auroville Aikido, Registration of Children/ young students

- School year 2024-2025
- Restart the year on Monday, 8 July

Dear Parents, dear All,

- **Registration:** We welcome all students (new and the already registered ones) from 8 years of age (3rd Grade) to register for the Aikido classes. We restart the year on Monday, 8 July, on par with Dehashakti Sports. As you may know, classes take place at the Aikido Dojo at Dehashakti (the Auroville Budokan).

- **Attendance:** Students joining for the first time are given a one-two month trial period during which they can withdraw if they do not like or it is felt unsuitable for them at the moment. Then to integrate and progress with the practice, students of all ages are expected to be regular and attend at least 2 classes a week out of the 3 offered.

As in any school, a whole year commitment is required; presence is noted down and submitted monthly to the School Board/representative; parents are expected to communicate with us in case the child is/will be absent. Evaluations (kyu passage) will be held once or twice during the year, and possibly a workshop with (an) invited high-ranked Aikido master(s) will be organised if funds are available...

- **Timing:** Monday, Wednesday and Friday from 4 to 5 pm (for the time being no Saturday 9 to 10 am class are offered. Let's see later this year if it is possible for us to organise it...)

- **Practice outfit:** In the beginning, new students can wear long and comfortable pants and a T-shirt (no tight-fitting clothes). A white keikogi (practice suit) will soon be necessary to continue the practice. We have some in stock and will lend them out. Nandini can also make the keikogi for your child if needed and if you are a participant to the service.

- **Note:** Please return the keikogi (with the belt!) to the Budokan if your child has stopped or if it needs to be changed. They will be re-used!

Conditions:

1. Please note that all students need to be part of the **Auroville Health Fund or insured** by a personal insurance.
2. We are maintaining the Budokan/Aikido Dojo ourselves (without city budget) and therefore all students (and the teachers too!) are asked to contribute Rs. 1650/- as an annual contribution, to be deposited in the Aikido/ Budokan Account #252731. Thank you for your attention to this. The annual contribution will need to be transferred shortly after the beginning of the school year, or after the successful trial period (August/ September).
3. A monthly contribution is asked from non Auroville children. For information, AV Budokan is a sub-unit of SAIER.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan
- 83001 89062, Surya, no WA

With best regards,
Cristo, Rita, Surya, and Philippe
Surya for Auroville Aikido

ABHAYA MARTIAL ARTS RESTARTING

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.



Our regular classes

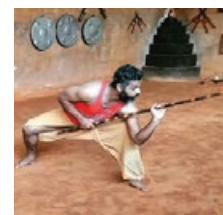
- **Monday:** MMA/Grappling 5:30pm, coach Giacomo
- **Wednesday:** MMA/Grappling 5:30pm, coach Giacomo
- **Friday:** Kickboxing 5:30pm, coach Ruben

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA
Contribution required. Be punctual, short nails, in sports-wear and no jewelry. Stay home if you are sick or if you have open wounds.
Giacomo

KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Class for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday



Kalari Massage Available

- By appointment, 9042009200, Maneesh

Where Body Becomes Eyes, Maneesh For Kalari Team

TAI CHI CLASSES

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

- **Mondays & Saturdays**
 - 7:30—8:30am: Chi
 - 8:30—9:30am: Form
- **Tuesdays—Fridays**
 - 7:30—8am: Chi, 8—9am: Form



We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School—Stevanovitch Method (artduchi.com). All are welcome to drop in.

- **Our next beginner's intensive: 5—24 August**
taichi.auroville.org, taichi@auroville.org.in
 Warmly, Krishna

ULTIMATE FRISBEE

Regular Sessions

- Wednesday, Saturday, 4:30—6:30pm @ Gaia Field

No prior experience needed!

Selvi for Ultimate Frisbee
 Auroville Women's Team



BHARAT NIVAS PRESENTS

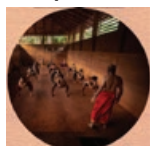
Kalaripayattu Class

in Collaboration with Kalarigram

Bhumika Hall, 6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in, office: 0413 262253

Monisha for BN Team



GIRL FUTSAL/FOOTBALL CLUB

Every Wednesday at 5:10pm @ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

- Just contact Beber 6385635943 for more details

Beber



KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm

- Monday To Saturday

All Are Welcome!

Satyakam

Nature Activities

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious **VEGAN ICE CREAMS** and more...

EVERY SUNDAY from 9:30 to 11:30
 at La Ferme Community (5min from AV Bakery)
 for groups of min 5 people it can happen any day of the week

Sign up and infos whats app Sarah 9047421044
myfoodforestgarden@gmail.com
myfoodforestinfo.wordpress.com
www.youtube.com/myfoodforest

terraSOUL
 @ AUROVILLE
Permaculture 360°
 Experience Permaculture Life at Terra Soul

Ever wondered what sustainable living looks like?
 Join us
Saturday from 11:00 AM to 1:00 PM
 for an immersive tour of our permaculture farm in Auroville!

- ✓ Guided tour of our lush permaculture farm
- ✓ A chance to connect with Nature and like-minded communities
- ✓ Delicious farm-to-table lunch made from our fresh harvest

CALL & BOOK A TOUR NOW
JUAN - 9443434182
[terrasoul_community](https://www.instagram.com/terrasoul_community)

Every Saturday, 11am—1pm @ Terra Soul

Join us every Saturday from 11am to 1pm for an immersive tour of our permaculture farm in Auroville!

- **What to Expect:**
 - Guided tour of our lush permaculture farm
 - Hands-on experience with sustainable practices
 - Delicious farm-to-table lunch made from our fresh harvest
 - A chance to connect with Nature and like-minded individuals
- **Auroville Contact:** Juan 9443434182
- Limited spots available!

Register now to secure your place before coming and step into a world of sustainability.

Follow us on Instagram [@terrasoul_community](https://www.instagram.com/terrasoul_community) for more updates and glimpses of farm life!
 Juan

A HERBAL MEDICINAL PLANTS COURSE

For Beginners

Monday—Friday, 9—11:30am

Martuvam Healing Forest

Discover 35 medicinal plants and their health benefits to support your health and well-being.

MARTUVAM HEALING FOREST

AN HERBAL MEDICINAL PLANTS COURSE FOR BEGINNERS

No prior experience necessary

Workshop Highlights

- **Curriculum:**
 - Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- **Expert Guidance:**
 - Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.
- **Contact Us:**
 - martuvam@auroville.org.in, +91 9345454232 call/ WA,
 - @ Alankuppam.

Submitted by Shivaraj

EDIBLE WEED WALK
Saturday, 13 July, 7:30am

A little bit of rain, trigger a lush growth. Let's Go for a Walk

Saturday, July 13 th
7:30am to 8:30am (8:45am max)

Registration w/ contribution is required (min 8 max 10 in this walk)
Registration deadline : Friday, 12th @ noon

Location of walk within Auroville will be decided and shared with the registered participants on Friday evening

Contribution :
Rs. 500/person (for all).
Rs.350/person for Aurovilian and SAVI-registered volunteers

Contribute only by : FS Account # 251937 or by UPI (scan QR code)

Edible Weed Walk @ Nimas
Boerhavia diffusa/Punarnava
புனர்வா, மூக்கிரட்டை கீரை
Page 15 in Edible Weeds book

If walk is cancelled contribution will be returned within 2 working days using same payment method used

WhatsApp +91 98409 86907

Tamil Nadu is experiencing a wet summer. Wettest in 20 yrs it seems. This regular sprays may not last for long, but enough to encourage some lush growth in wild weedy plants. Inspired by this rain announcing this special Edible Weed Walk on **Saturday, 13 July 2024 at 7:30am.**

- To join you would need to pre-register w/ contribution only through **FS Account #251937** or via the UPI QR code on the poster.

The walk will be at an easily accessible location within Auroville. Exact location will be decided after the registration closes. Registered participants will be informed. The walk will be guided along with the Edible Weeds coloring book. If you don't have a copy of the book, you will be able to borrow one during the walk.

However if the registration doesn't reach a minimum of 8 people, or if it rains at 7am on Saturday, 13th, the walk will be canceled and by or before 10th all contributions will be refunded using the payment method used within 2 working days.

Nina

Bioregion Activities

ENLIGHT ACTIVITIES

Tours

Sound Bath

Fireside Drumming

Instrument Workshop

Cooking Class

Pottery Workshop

+91 9159468946,
enlight@auroville.org.in

Astanga Yoga

Deep Tissue Massage

Sound Healing

Dance Movement

Karlakattai

+91 91594 68946
enlight@auroville.org.in

Arun, Anand and Balaji

AUROVILLE BAMBOO CENTRE July Program 2024

Tours

Bamboo Centre Campus Tour

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



Auroville Bamboo Tour with Special Bamboo Lunch

- 11:30am—12:30pm, Every Saturday

Book your slot and enjoy our delicious Bamboo special lunch featuring a variety of fresh, local and organic ingredients. Reserve before Friday afternoon to secure your spot.

Note: People are requested to Manage their own transport & Contribution for the tour is mandatory.

Training and workshop

- Daily Make and Take Hands-On Workshop Experiences

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

One-Day, Make and Take Workshops

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Registration one day in advance.



Furniture Workshop

This immersive learning experience offers the opportunity to learn the fundamentals of Furniture Construction and then MAKE AND TAKE the furniture piece back home. This unique workshop will take place under the guidance of an expert.

Bamboo Lampshade

Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.

3 Hours Make and Take Workshops

- 10am—12:30pm or 2:30pm—5pm
- Every day except Sunday
- Walk-in registration available



Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.

Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

Bamboo Planter

Come and learn to make your own Bamboo Planters at Bamboo Centre and take home your own hand made Planter at the end of the workshop.

Upcoming Workshops & Camps, July 2024

Bamboo Furniture Workshop, Beginner Course

- 6—7 July, 9am—5pm

This workshop focuses on small scale furniture making from bamboo for example chairs tables, shelves, etc... The Bamboo Furniture workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.

Bamboo & Wood furniture Workshop, Intermediate Course

- 13—15 July, 9am—5pm

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs tables, shelves, etc... The Bamboo Furniture workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

Bamboo Geodesic Workshop, Advanced Course

- 27—29 July, 9am—5pm

This workshop focuses on where you will learn how to design and build a Geodesic Dome using bamboo.

The Bamboo Geodesic workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

Auroville Bamboo Summer Camp

- 15—20 July

Join us this summer for an unforgettable experience at our Eco-Living Summer Camp! Dive into the world of sustainable living, learn the art of bamboo furniture and construction, and immerse yourself in the beauty of eco-friendly practices.

Auroville Bamboo Reinforcement

- 11—13 July

Bamboo reinforced concrete construction follows mixed proportions of concrete and construction techniques, which are used for steel reinforcement. In this case steel reinforcement is replaced with bamboo reinforcement. Properties of bamboo reinforcement along with mixed proportions of concrete, design and construction techniques, are used for bamboo reinforced concrete.



BAMBOO SUMMER CAMP IN AUROVILLE
FROM JUL 15 - 20 2024

Discover the World of Eco-Living & DIY Skill Building!

Join us this summer for an unforgettable experience at our Eco-Living Summer Camp! Dive into the world of sustainable living, learn the art of bamboo furniture and construction, and immerse yourself in the beauty of eco-friendly practices.

WHAT TO EXPECT:

Bamboo Furniture Workshop: Unleash your creativity and learn to craft stunning furniture pieces from sustainable bamboo. From chairs to tables, explore the versatility of this eco-friendly material under the guidance of skilled artisans.

Bamboo Construction Skills: Delve into the techniques of building structures using bamboo. From simple shelters to intricate designs, master the fundamentals of bamboo construction and contribute to a greener future.

Eco Tour & Community Life Experience: Embark on an eye-opening eco tour, where you'll witness firsthand the beauty of sustainable living practices. Engage with local communities, learn about their eco-friendly initiatives, and gain invaluable insights into community life.

Who Should Attend: This camp is perfect for enthusiasts of eco living and those passionate about DIY skill building. Whether you're a beginner or have some experience, our workshops cater to all skill levels.

Auroville Bamboo Centre,
Kottakarai, Mangalam Campus,
Auroville. 605 111

Telephone: 0413-2623806, +91 8300949081
Website: aurovillebamboocentre.org
Email: bambocentre@auroville.org

For more information, special requirement, and pre-booking contact:

Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org

or +91 8300949081, 0413 2623806, 2964727

Flexible training dates offered to groups

- **Contact:** Voice call and WA: 8300949081, <https://aurovillebamboocentre.org/>

Balu

MOHANAM, SOUL OF SOIL

July 2024



MOHANAM PROGRAM

Conscious and Cultural Tour, Workshops & Therapy, Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture.

Touch, Ride, Feel, Taste, Hear, Discover, Experience, Tours

Tours

- Advance booking is necessary
- **Contact:** preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sundays

Auroville Northwest Tour

- 10:30am—1pm, every day except Sunday

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

Mohanam Campus Tour

- 10am—4pm, every day except Sunday

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, Saree & Veshti library, herbal tea.

Make and Take Workshops

- One day advance booking is necessary
- **Contact:** preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sunday

Join and experience the learning aspect of engaging in Arts and Craft Workshop. Manifest your inner self through various materials and forms using creative techniques.

- Pottery making _____ 1hrs
- Kolam Mandala Painting __ 2hrs
- Coconut shell craft _____ 3hrs
- Incense Making _____ 1 1/2hrs
- Lampshade Making _____ 3hrs
- Paper Marbling _____ 1hrs
- Candle making _____ 1 1/2hrs
- Soap making _____ 2hrs or 1 day

Classes

Cooking Class

- 10am—12:30pm, every Saturday

Learn how to cook traditional South Indian foods and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.

Saree and Veshti Experience

- 10am—4pm, every day, except Sunday

Choose a Saree and Veshti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women’s group members will assist you to drape / wear the saree & Veshti. You can ask us for a photo-shoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience.

Auroville Bioregion Experience with Mohanam Team

- Village Tour _____ 3hrs
- Munnur & Perumukkal visit _____ 6hrs
- Salt Dune & Kaluveli Tank Visit _____ 6hrs
- Bio-region Village Temple Tour _____ 6hrs (Irumbai Shiva Temple & Panchavadi Hanuman Temple)
- Navagraha Temple visit _____ 3hrs (Moratandi Navagraha Temple & Prithyangara Temple)
- Wood Fossil Visit and Quarry Shower ___ 6hrs

All above activities one day Advance booking is necessary

- **Contact:** preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sunday

Musical Healing with Divine Meditation

- June 29, Saturday, 6—8pm
- **Contact:** preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667

Join us for an enchanting evening of Musical Healing with Divine Meditation! Rehan’s musical healing creates a sanctuary of solace, lifting spirits and soothing souls with every note. Nila Amma guides us with her tantric healing meditation, leading hearts toward profound tranquility and spiritual awakening. Come be part of this transformative experience, connecting with like-minded souls through the power of instruments and notes on a journey toward unity, integrity, peace, love, and abundance.

- Free entry, tea and snacks available

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services (Aurunachala—Auroville): Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- Preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667

Balu for Mohanam Centre

TOUR TO THIRUVANMALLAI



Again, starting a tour to Thiruvannamalai, every Tuesday. Leaving at 6 or 6:30am from visitors center back at 6:30pm.

- To register: 9090819998 WA.

Arabinda

EGAI



Retail Store



Products



Workshops



Skilling

+91 9791896488,
egai@auroville.org.in

Submitted by Anand

Craft Activities

WELLNESS WOODCRAFT

Activity of Auroville

Carpentry & Wooden Craft Workshops



Fri & Sat

DIY WOODWORKING

AGE: 15+ DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

**MAKE & TAKE WORKSHOP
Kitchenware & Home Decor**

(Bowl, Chopping Board, Rolling pin, Candle & Incense holder)

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects.



SPOON CARVING WORKSHOP
BEGINNER LEVEL 
 Basics of wood & tools **Age: 15+**
 Marking & cutting **2 Days Make & Take workshop**
 Shaping with hand tools
 Sanding & finishing
WELLNESS WOODCRAFT AUROVILLE **Every Wed & Thu**
 DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests.



WOOD JOINERY **BEGINNER LEVEL**
 Mortise & Tenon
 Half-laps
 Bridle Joints
 Hand & Power tools

DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in
Age: 15+
Mon & Tue

Woodworking can also provide a sense of community and connection with other like-minded individuals.

- **Advance booking is necessary: Anand**
wellnesswoodcraft@auroville.org.in, +91 9952589649WA

PAPER CRAFT WORKSHOP @ Wellpaper, Auroville

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- Contact Zeevic, +91 9385744722, 0413 2969722

Zeevic



Available

Office Space Available

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Interested people may contact **Mr. Pandian** at Auromode in person, +91 99433 90391 or pandian@auroville.org.in **Pandian**

Twin Size Bed Available

Twin size bed, silk cotton mattress, coconut chair separate base mattress, four silk cotton cushions, two yoga size cotton mattresses all in good condition!

- Contact mobile 8072449091, **Grace**

E-Bike Available

Electrical Cycle Hero Lectro C4. Almost new, Color Lilac, Rps.24.000

Anandi ayun, 9952746385
anandi7@auroville.org.in

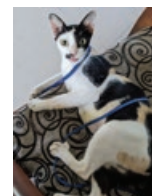


Looking For

Calico Cat Needs a Home

Hello, can any animal lover give an indoor-outdoor home to a beautiful young calico cat, female, 1-2 yrs, operated? Very playful and feisty personality. Leaving for Europe.

Thanks, Allie
 9751395232, phone/ WA



Vikas Community is looking for a full-time gardener

Given the next retirement of our gardener who has worked here for over two decades, Vikas Community is looking for a full-time gardener. English communication skills are required. Please get in touch with Gali: gali@auroville.org.in



Deepanam School is looking for full-time gardener

Deepanam School is looking for a full-time gardener to maintain the school campus. Work timings: 8am—4pm, Monday to Saturday. To know more, contact

- Kamala: 9442067030 or Anu: 94888 26660.



Shaalini for the Deepanam Team

Part-Time Nanny Needed

We are seeking a female for our 10 months old.

Job Description: Engage in playtime activities, ensure the baby's safety, 4 hours a day. If you are interested, for more details please contact: 9042457622.

Sivaoli



Help Needed

RAINWATER HARVESTING SYSTEM

Dear Auroville Community, I'm Mariappan working for ACUR Town hall (Aurovilian) and living in Mango Garden with my family. In our Community I don't have enough water for my day-to-day needs, my neighbour only shares a little amount of water with me. To solve that problem I have a sustainable solution to build a Rainwater Harvesting system next to my house.



I already got permission from L'avenir Auroville to do it. The estimate of the Project is Rs 68000 and i have little savings to begin it, but I really need some donations to finish it.

Please donate to my **FS Account 106135**, Mariappan, to support Sustainable plans in Auroville.

Mariappan, 8940662433

SEEKING EDUCATIONAL FUNDING

Dear friends, My name is Mithila, born and brought up in Auroville. I have passed my 12 grades at New Era School in Science stream academic year 2023-24 batch.

After a lot of thinking, research and discussions I have decided to take up Bachelors in Pharmacy at Sathyabama College in Chennai.

Both my parents have been giving their service to Auroville for the past 16 to 26 years. My mother Nirmala is a teacher at Isai Ambalam School and my father Kumar is working with Farm group. Currently our family is being runned by one maintenance worker that is from my mother. I have an elder brother who is also studying at MGR University Chennai in his final year of Bachelors in Physiotherapy. To support both of us for our studies my family has been facing issues financially.

After several searches over colleges that have a good facility to facilitate my studies. So I decided to pursue my course in Sathyabama College Chennai. The fee structure for my course is as following,

- Course Name: **B.Pharm.**
- Fee per annum: **Rs.2,50,000**
- Fee for the entire course: **Rs.10L**
- Hostel Fee per annum: **Rs.1,20,000**

Since my brother's studies were supported by SEF, so I had reached out with a request for financial support, they have offered to support my study with **Rs.1,50,000** with which I have managed to confirm my admission at Sathyabama College.

With this I would like to reach out to my fellow Aurovilians to cover the balance fee for my course and the hostel fee, even a small contribution is most welcome and much appreciated.

I am sure that my studies will be helpful for Auroville in the coming future.

- Financial Service Account no: **251777**
- Account name: **Mithila study**

*With lots of love & hope, Mithila
Submitted by Vinith*

Work Opportunities

RIDER OPPORTUNITY AT DROPZY

Dropzy, a mobile app platform for Products and Services from in and around Auroville helping to deliver to its customers is looking for "Riders" to join its rider pool.



Dropzy has been steadily growing over the last 8 months since its launch and is at a stage now that it needs to increase its rider pool for efficient and timely delivery to its customers in Auroville and Pondy.

As a rider, you'll be alerted through our mobile app alert system when new orders arrive and if you are in a position to accept the order, you can accept the order to pick up and deliver it.

- This isn't full time work, if you are someone that can spare some of your time during the day (anytime from 8am till 10pm) at your convenience and want to earn some extra pocket money, then this is for you.
- Driving license for legally riding a two-wheeler is a must.
- Please get in touch with us by sending a WA message or calling the number 8098144686 for more details.

Sathish Arumugam For Dropzy
+91 8098144686

www.dropzy.in

Follow us on Instagram for updates

QUIET IS LOOKING FOR

a female massage therapist

We are looking for a qualified female massage therapist to work either full-time or part-time at the Quiet Healing Center.



If you are interested to become part of Quiet's dynamic team and work in our beautiful beach environment, please email your application with background info and qualifications to quiet@auroville.org.in.

We'll invite you afterwards for an interview to review your application and discuss our work conditions with you in person.

Guido for Quiet Healing Center Team

www.quiethealingcenter.info/quiet@auroville.org.in

AUROFILM IS LOOKING FOR

a Graphic Designer/ Marketing person

Aurofilm is looking for a Graphic Designer/Marketing person, to create Marketing Material for their upcoming Film and Animation Courses and to spread the word about it via local PR and online marketing.



- Please contact us at 08300189062 (Surya) or 7517394469 (WA Abhijit).
- Compensation offers will be discussed upon meeting.

Surya

Honorary Voluntary

INTEGRAL MATHEMATICS SESSIONS

looking for an Assistant

Integral Mathematics Sessions for children is looking for kind, understanding, helping hands of integral Educators to assist during math sessions.



Requirements

- Open mindset.
- Must understand and practice Integral yoga by The Mother and Sri Aurobindo. Doesn't believe in teaching.
- A living joyful Being.
- Understanding Mathematics is an added advantage.

Working Hours:

- Wednesday, 4:30—6pm
- Thursday, from 2—5:30pm
- Friday, 2:45—3:45pm

Please write back to snehal_nc@auroville.org.in with your intentions (why you want to join), thoughts, and details.

Snehal

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

The Sadhana Forest team,
Aviram

VOLUNTEER OPPORTUNITY:

**English Teaching
with Reach for the Stars**

Sundays, 2—3:30pm

Reach for the Stars in Auroville is seeking English teaching volunteers for weekly classes held on Sundays from 2 to 3:30pm. If you're passionate about education and making a difference, join us in empowering students through English language skills.

- **Requirements:** Fluency in English, enthusiasm for teaching.
- **Contact:** reachavteam@gmail.com

Make a difference with Reach for the Stars!

Submitted by Poovizhi

**KUILAI CREATIVE CENTER
Seeks Volunteers**



We are looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English:
 - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.

Kindly contact:

- kulaicreativecentre@auroville.org.in
- or call us 8608473385

Selva for KCC

INSIDE AUROVILLE

Offers consulting services voluntarily in gratis (Pro Bono) for the below areas only to registered units/activities who/which do not have a qualified and experienced in-house resource.

Focus:

- **Startups:** Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details:

Surajkiran, 9884204918 (Voice and WA)

surajkiranv@gmail.com

Balaji

FARM SERVICE

is looking for Volunteers

Mondays at 10:30am, for an interview

@ Bhumika Hall, Bharat Nivas

Dear Friends, The Farm Service is looking for volunteers to serve in the farming sector. Interested candidates (Aurovilians) may come to the Bhumika Hall (Bharat Nivas) on Mondays at 10:30am for an interview.



Gino for Farm Service

Animal Care

MONTHLY TRANSPARENCY REPORT

June 2024

As part of our commitment to transparency, we are happy to present our report for June.

Overview

- New admissions: 9 (236 since April 2023—among them several pets dumped by heartless owners)
- Rabies suspect cases: 0
- Adoptions and Releases: 21
- Vaccinations administered: 42
- ABC shelter dog sterilizations: 8 (74 since February)
- Deworming: 35 puppies

Donations and Cease and Desist Order

This month, our funding situation has improved despite many bureaucratic hurdles. Auroville's new Donation Channeling Group is gradually becoming operational, and we finally received the donations already collected in May and June from AVI USA. However, due to immense bureaucracy, there are significant delays before donations reach the shelter. This directly impacts our dogs' safety and the shelter's overall running. We hope that the situation will improve in the next month.

We have received information from several reliable sources that the former management of the IACC shelter has intensified its disinformation campaign against the Auroville Dog Shelter. They have been contacting not only local donors but also international donors, spreading completely false information about our shelter. These falsehoods include claims that dogs are dying, that we have closed access to the public, accusations of fund embezzlement, and even allegations that we bribed the Department of Animal Husbandry to issue favorable reports. These actions constitute defamation and have caused us severe financial damage, as some regular donors have stopped their contributions. We have issued a cease and desist order to the former managers of IACC to stop their sabotaging actions, which have plunged the shelter into a severe financial crisis over the past few months. We hope that reason will prevail and these attacks will cease immediately. If not, Auroville officials will have no other option but to file defamation charges.

We are deeply grateful to the Foundation for Animal Welfare Projects (FAWP.NL), a wonderful animal care organization in the Netherlands, who listened to our call for help for their generous donation of €3,000. Their support has come at a critical time, enabling us to uphold and continue the high standard of our animal care. We hope that the Donation Channeling Group and FAMC will release this urgently needed donation quickly.

This month, Rs. 295,620 arrived in our FS account, including donations sent by AVI USA covering our basic monthly running costs of Rs. 3 lakh. Additionally, Rs. 40,000 in donations were received in our AV Foundation—Auroville Dog Shelter account from generous local donors. Our Milaap Fundraiser generated Rs. 76,224, which will help us prepare our dogs and shelter for the upcoming monsoon season. You can view the fundraiser here: Milaap Fundraiser.

Expenditures

- **Animal Food:** This month we fed our dogs 1.8 tons of rice, 2.1 tons of chicken, and 700 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 1.1 lakh.
- **Staff Costs:** Total staff costs for this month for our workers, paid animal care staff, 2 veterinarians, and volunteers was approx. Rs. 1 lakh this month.

- **Medical Costs:** This month we were able to start buying urgently medicines again for Rs 32,700—We are almost out of vaccinations and need urgently to provide tick treatment with Bravecto to our dogs to prevent a tick fever outbreak. This will cost us approximately Rs 90,000—If you want to contribute to raise the funds for this important medicine, please contribute to our FS 251391 or to a variety of AV-approved donation gateways which you can find on our website: www.aurovilledogshelter.com

Restarting of our ABC Program

Thanks to the generosity of some wonderful dog lovers, who sponsored 20 ABC surgeries we were able to restart our free and donation-based sterilization program again. We have weekly surgeries with a limited capacity of a maximum of 4 dogs to offer for Rs. 3,000 per dog (Aurovilians Rs. 2500) including if needed, free vaccinations. We still have a long waiting list of shelter-teenaged dogs to get sterilized. We offer free sterilizations for every puppy which had been adopted from our shelter or in cases of financial problems for the owner. Our goal once the new Auroville Dog Shelter has been built to receive government grants to be able to offer free sterilizations to everyone and thus stop the suffering of many newborn puppies while keeping the dog numbers down and the Community safe from rabies and other diseases.

Weekly Mobile Vet Clinic

At the beginning of June, we launched a soft trial run of a new service we provide to the Auroville Community. The mobile vet clinic is open every Friday from 11:30am until 1:30pm at the parking lot in front of Solar Kitchen to provide free veterinary advice from our vet team, give health checkups to all kinds of animals, not just dogs, offer cost-price vaccinations and reserve sterilization slots. We also have always a bunch of cute puppies with us hoping that some will get adopted and give information about our fostering program.

The response of Auroville residents on their way to their Solar Kitchen lunch was overwhelming and we are happy to get in direct contact with many people, talking about our animal care work and the services we are offering and sharing our plans for the future of animal care in Auroville. In week 2 we upgraded the simple mobile clinic with an information panel with maps and details about the construction of the new Auroville Dog Shelter. For the next 8 weeks, we will collect all feedback, integrate as much as possible in our detailed project planning, and present our vision for the new Auroville Dog Shelter in an event at Savitri Bhavan beginning of September. We also will try to set up soon on our website www.aurovilledogshelter.com a possibility for the AV Community to provide direct online feedback, suggestions, and criticism about the new Auroville Dog Shelter, which is so much more than just a place to care for dogs, but will become a place for all Aurovilians, visitors, and guest and have a big impact on the entire Community.

We hope to be able to expand the mobile vet clinic from Auroville to the neighboring villages in the next weeks to provide daily veterinary help free of charge or donation-based for every animal in the bioregion of Auroville. We need to heal, vaccinate, sterilize, and ensure the health of animals in the entire area, as it will have a direct impact on Auroville. The danger of rabies has to be eliminated and the number of new puppies controlled. We urgently need funds to be able to expand our services to the villages around Auroville.

Infrastructure Improvements

Despite the rapidly deteriorating condition of the old shelter, which is severely overcrowded and falling apart, we must endure another monsoon season at the current location due to delays caused by individuals opposing the construction of the new Auroville Dog Shelter. In response, we have built a temporary kitchen after the roof of the old

kitchen collapsed. Thankfully, several wonderful new volunteers have joined the shelter, including a particularly skilled individual who has been instrumental in helping our team rebuild, improve, and repair the failing infrastructure. To address the extreme overcrowding and ensure safe conditions for our dogs during the monsoon season, we have decided to construct additional dog enclosures and self-made doghouses. These measures will help protect our 280 residents through the rainy season until we can finally relocate to the new shelter. We ask kind-hearted Aurovilians and dog lovers to assist us with their time, energy and donated materials to make the shelter rain-safe before September. If you have old roof sheets, materials, cement, or strong plastic tarps, please consider donating them to the shelter.

MoU with Mettupallayam Veterinary College

We are pleased to announce that, following a long period of increasing cooperation with Mettupallayam RIVER College, the Auroville Dog Shelter has officially entered into a Memorandum of Understanding (MoU) with this esteemed animal care and teaching institution. The official MoU documents were signed on June 29th by our executives and management, alongside the Dean of RIVER College. This marks a significant milestone in the history of our shelter. Moving forward, we will not only serve as an animal care facility but also as a center for education, learning, and research for veterinary students from Mettupallayam College. Our veterinary team is excited to provide mentorship and guidance to the students, who will gain hands-on experience by volunteering at our shelter.

A Last Call about the Responsibility of Auroville

As a city, Auroville holds the responsibility of managing its municipal services, including the dog shelter. The operation of the shelter is crucial for public health, as it helps prevent the spread of diseases like rabies and canine distemper. It also maintains community safety by managing the stray dog population through sterilizations. Covering the shelter's basic running costs is a fundamental responsibility that underscores Auroville's commitment to animal welfare and community well-being, in line with the values of Sri Aurobindo and the Mother.

In June, our manager had a brief discussion with the FAMC, but regrettably, we were informed that the monthly funding of Rs. 50,000 from the BCC for the shelter will not be increased. This leaves us in a constant struggle for survival, uncertain if we will have enough funds to provide food and medicines for our dogs. This financial strain prevents us from expanding our services or repairing the shelter to ensure it lasts until the new facility is operational. We urgently need to provide necessary medical care, such as BRAVECTO tick treatment for all our dogs this month, and continue offering free vaccinations and sterilizations.

We extend our heartfelt thanks to everyone for your continued support of the Auroville Dog Shelter. We are especially grateful to the donors who visited our shelter, witnessed our work, and chose to help us navigate this challenging period. Despite ongoing resistance, we remain optimistic about beginning construction on the new Auroville Dog Shelter soon.

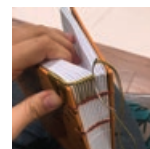
*With gratitude, Auroville Dog Shelter Team
Tine, Joseba, Arthur, Mar*

Foods, Goods and Services

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulapalayam.

8940648542, Michel



BELLA VITA

10am—9pm every day except Wednesdays

Bella Vita
OUR DAILY BREAD & MORE!

Our opening hours will be 10 am to 9 pm every day except Wednesdays

NATURELLEMENT

REACH US
Utsav Building, Auroville 605101 Tamil Nadu
0413-2972034 / 2622034 / 2623267
naturellement@auroville.org.in www.naturellement.in

Dear Auroville community, it is our great pleasure to share the opening of our new outlet Bella Vita on Monday, 1 July. You will find Bella Vita in the Utsav building, (just opposite the Vérité programs entrance.)

- Our opening hours will be 10am to 9pm every day except Wednesdays

In Bella Vita all Naturellement products will be available and an additional range of baked goods, as well as salads, ice cream and other delicacies! Since Bella Vita will be open up to 9pm, Naturellement Garden Cafe will close at 5:30pm for the next month or two. We'll keep you updated.

You are welcome to experience our new space; for a light meal, a refreshing drink, an ice cream and much more!

The Bella Vita Team

0413 2972034/2622034 /2623267
naturellement@auroville.org.in
<https://www.naturellement.in/>, Chitra

SATURDAY FOODLINK MARKET

Saturdays, 10am—12:30pm

FOODLINK MARKET

Fruits, vegetables, milk & eggs from Auroville farms

6th July
Saturday
10:00 AM - 12:30 PM

FoodLink
Solar Kitchen Complex
Crown Road, Auroville

Call/WhatsApp:
+91 83002 68804

No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

Dear community, we are organising a market weekly on Saturdays between 10am and 12:30pm. Please drop by FoodLink to get freshly harvested vegetables, fruits, eggs, and milk from the Auroville farms.

Isabelle M
for FoodLink team
+91 8300 268804 Mobile and WA
[FoodLink basket order form here](#)

REDUCED-PRICE MAROMA PRODUCTS



for all Aurovilians in the Outlet Store

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is

- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

See you there! *Jesse for The Maroma Team*

ANITYA: COMMUNITY LUNCH

12:30 on Thursdays and Saturdays



Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

- Contribution required, (discount for AV/ NC & Volunteers)

See you at 12:30 on Thursdays and Saturdays in our community kitchen!

Nikethana
for the Anitya team

ECO FEMME

eco femme

Organically certified

Monday to Friday 9 am to 5 pm
Auroshilpam 605 101, Auroville

ecofemme.org

Open House

Every Thursday, 10:30am

Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!

Mila

ARTISTE CAFE: CRAVING SOUTH INDIAN FOOD?

CRAVING SOUTH INDIAN FOOD ?
Vegetarian & Homely Food

Artiste Café

Break-Fast, Lunch & Dinner Available

Open Monday to Saturday (8.30 am to 9.30 pm)

Open-Mic night at Yatra's 'Artiste Café' every Saturday from 7pm to 9:30pm!

Artist Café
Near New Creation, Kulpalayam, Auroville.
2623071, 9786772209
yatraartistecafe@gmail.com

2623071, 9786772209,
yatraartistecafe@gmail.com, Yatra Srinivassan

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in **Utsav Complex**. And we would always like to provide you with fast and reliable service.



Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Submitted by Bala

QUTEE

Electric Scooter Service

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available.



The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.

New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418 for any of your requirements. Upgrade to electric transport and solar power.

B for Qutee Electric Scooter Service

HAIRDRESSER

Hairdresser. For you and/ or your child' s next haircut: inspired, striving-for-the-perfect, 12 yrs young artist Ahana looks after you and/ or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de



Ulrike

TRAVEL NEWS FROM INSIDE INDIA

(Tuesday, 2 July 2024)

Namaste, Bonjour, Hello and Vana-kkam from Inside India. We are always open and ready to take the hassle away from you when it comes to booking your travels, be it in and out of India, as well as Inside India itself...



You name it, we do it: Flight tickets, Bus tickets, Train tickets, Travel Insurance, Visas, transport in Taxis, even some required nights of rest if that is the case...

- **Our door is open** from 9:30 till 4pm.
- Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10:30am till 4pm, landline 2623030
- Monday to Friday, Saturdays on appointment only.
 - He can also be contacted anytime via mobile or WA: +91 9894598686
 - And by email: travelshop@inside-india.com

We can also help you build the dream tour of India in general, Southern India in particular. You may send us your request by email: insideindia@auroville.org.in or insideindia@inside-india.com

Some current offers

- **Armenia Airways** announces the commencement of its operation in India from Delhi to Yerevan weekly three days Tuesday, Thursday and Sunday.
- **Air Canada** expands service to Canada for winter 2024/25:
 - Only non-stop Mumbai—Toronto route launches on 28 October 2024, four times weekly from Mumbai
 - Delhi—Calgary flights via London Heathrow beginning 28 October 2024
 - Delhi—Vancouver flights connect conveniently this winter via London Heathrow
 - Delhi—Montreal flights are now daily.
- **Air India** has offered fare from Chennai to Milan, Copenhagen, London.
- **Etihad** airways offers fares is available from Chennai to Milan, Brussels, Madrid, Munich.
- **Malaysian** airways, Singapore airways & Thai airways special fare from Chennai to Seoul.
- **Air Vistara** special fare from Chennai to Frankfurt, Paris.
- **Oman Airways** offer fare from Chennai to Milan, Munich, London.
- **Aeroflot** flight offer fare is available from Delhi—Moscow—Delhi.

Trip ideas

- Looking for a weather change, why not Nepal, Kashmir, or Ladakh... and of course closer to Auroville, Kodai-kanal is there too...
- A change of scenery only one short flight away, Cochin maybe... Sri Lanka of course... Andaman Islands? Maldives...

Travel Tips

- Several travelers were “boarding denied” as check-in staff didn’t accept the **e-FRRO Stay Visa** as valid document without backing it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available anymore, take at least a photocopy of the original Visa.
- **Indian nationals** can now be issued long-term, multi-entry Schengen visas valid for two years after having obtained and lawfully used two visas within the previous three years. The two-year visa will normally be followed by a five-year visa, if the passport has sufficient validity remaining. During the validity period of these visas, holders enjoy travel rights equivalent to visa-free nationals.
- **Srilankan Tourist Visa** 30 days single entry fees waiver scheme for citizens of China, India, Indonesia, Russia, Thailand, Malaysia, and Japan is valid until further notice. Indian Nationals can apply for E-tourist visa through the given link <https://www.srilankaevisa.lk/> Indian Nationals are entitled to visa exemption for the purpose of tourism and short-term business engagements, for a period not exceeding 60 days. Visa on arrival at the immigration checkpoints on arrival for the purpose of tourism, for a period not exceeding 15 days.
- **The Embassy of the Republic of Turkey** announces that Turkish authorities has commenced requiring the “Electronic Airport Transit Visa” (e-ATV) for Indian & Nepalese passport holders traveling to Mexico, Panama, Colombia and Venezuela, Transiting via the Istanbul Airport.
- **eVisa fees waiver scheme** has been introduced for citizens of India, China, Indonesia, Russia, Thailand, Malaysia, and Japan, with immediate effect, valid until 31 May, 2024 (Last date of arrival) for tourism only. To avail of the scheme, please select the 30-day single entry eVisa option.
- **Thailand** has extended its visa exemption program for tourists from India and Taiwan for another six months, allowing these travelers to enter the country without a visa until November 11, 2024. Travelers from India and Taiwan can stay for a maximum of 30 days without a visa.
 - Also, [this LINK will tell you](#) all that you need to know about Flight delays and/or cancellations.
 - Finally, [this LINK can be useful too](#) in case you are traveling on your own... or not...

*Thanks a lot to all of you who already trusted us.
Have a great week...*

Priyal, Rima, Olivier for Inside India New Team

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



Contact us for all your procurement needs:

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: Iyyappan

Let’s simplify and optimize your sourcing process together!
Iyyappan, Surabhi Supplies

DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

• Download link as shown below:

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

*Sathish Arumugam for Dropzy,
+91 8098144686, www.dropzy.in*

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec.

If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in
newwavesauroville@gmail.com



- Office open afternoons only
Monday to Saturday, 2—5pm

Dhanda

RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, DTH, Security Camera
Electrical Works	Wiring & Meter box, Lights, Switches & Sockets, Motion sensor.

- Contact: + 91 8270071581/ +91 7639810621
- Primary Email: rapidcare@auroville.org.in
- Secondary Email: rcsrapidcareservice@gmail.com
- Instagram handle: @rapidcare1

For Rapid Care, Balaji & Arun

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi. Please book sessions in advance.

- Monday to Saturday, 10am—5pm @ Creativity.

Thai Massage

- Monday—Saturday, 9am—5pm.

To book massage sessions or for more information, please contact me personally.

Tailoring

We can tailor and customize any kinds of dresses, saris, blouses and kurtas.

- Contact: Phone/WA 8098845200, rupavathijoy@gmail.com

Rupavathi Joy

FREESTORE

Invites you to Participate



Dear Community members, As many of you would know, the Freestore was conceived since the inception of Auroville. By divine grace, we at the Freestore continue to serve in the joyful spirit of free sharing as a community. We invite you again to be a part of our joyful journey together!

- You can do that by participating in our free exchange concept of items like clothes, accessories, and many more by giving what you don't use any longer and taking what you find useful.
- Volunteer your services by helping us check, display beautiful items, interact, care, and create in so many unique ways.

Do join, share and care along with us at the free store.

At her service,
Kamala

Poetry

REMAINS

What remains
When the soul
Leaves the body?

A still frame
Burnt to ashes,
Buried not so deep,
Stays alive
In memories.

The soul journeys on.
Life here stays the same.
Or is it slightly stirred?

Whatever remains,
Ma still holds the reins.

Anandi Z.

UNTIL TONIGHT

Until tonight they were separate specialties,
different stories, the best of their own worst.
Riding my warm cabin home, I remember Betsy's
laughter; she laughed as you did, Rose, at the first
story. Someday, I promised her, I'll be someone
going somewhere and we plotted it in the humdrum
school for proper girls. The next April the plane
bucked me like a horse, my elevators turned
and fear blew down my throat, that last profane
gauge of a stomach coming up. And then returned
to land, as unlovely as any seasick sailor,
sincerely eighteen; my first story, my funny failure.
Maybe Rose, there is always another story,
better unsaid, grim or flat or predatory.
Half a mile down the lights of the in-between cities
turn up their eyes at me. And I remember Betsy's
story, the April night of the civilian air crash
and her sudden name misspelled in the evening paper,
the interior of shock and the paper gone in the trash
ten years now. She used the return ticket I gave her.
This was the rude kill of her; two planes cracking
in mid-air over Washington, like blind birds.
And the picking up afterwards, the morticians tracking
bodies in the Potomac and piecing them like boards
to make a leg or a face. There is only her miniature
photograph left, too long now for fear to remember.
Special tonight because I made her into a story
that I grew to know and savor.
A reason to worry,
Rose, when you fix an old death like that,
and outliving the impact, to find you've pretended.
We bank over Boston. I am safe. I put on my hat.
I am almost someone going home. The story has ended.

Anne Sexton

CHAU GOUPI

The seventies at the Ashram
Teaching...

The eighties till now a Auroville
Learning..

Next...
She knows.
Te Amo.

Anandi ayun

Voices and Notes

JOKE

Adil Writer is a ceramist. Some years ago he had the students and organized an Exhibition of their works. Adil asked me to visit the Exhibition and to write about it. I did this and gave my text to Adil. He liked it and sent it to "News and Notes."



Adil added my portrait to the text and in my forehead he put a third eye. It was only a joke, a compliment, or a fantasy.

Adil is Parsi. Parsis means people from Persia. Some Parsis live in Auroville. Industrialist Tata, dear friend of Auroville was Parsi too. First Parsis arrived in India about one thousand years ago. They were Zoroastrians. Zoroaster founded Zoroastrianism about 10 centuries B.C. Zoroastrians are Fire's worshippers. Teaching of Zoroastrianism is in the ancient book Avesta. **Boris**

RADICULOUS GRANDSTANDING

Dear Auroville Community, you already know, I've a thing for these RADs. The absurdness, the arrogance, and the aggression inherent in these exercises are not lost on me. I feel compelled to address the recent statement from the Working Committee of the Residents' Assembly (RA), which I will refer to as the "Non-Working Committee" due to their lack of genuine progress and transparency. This group has once again engaged in their facade of governance through the RAD process, where only their supporters vote and the radicals themselves count the votes. This process is nothing short of "RADiculous Grandstanding."

The RAD process, as it stands, is fundamentally flawed and meaningless. It represents the opinion of a homogenized group of about 500 residents, while the remaining 2000 residents are left out. Such a narrow representation cannot and does not reflect the diverse views and needs of the entire Auroville community.

If there are legitimate concerns about the land deals, the appropriate action is to present concrete proofs and demand a thorough investigation. Halting all land exchanges through this RAD process is not the answer. It is counterproductive and harms the broader goals of Auroville.

In 2013, the then GB Chairman, Dr. Karan Singh, expressed his frustration over the community's resistance to land consolidation efforts. He recognized the urgent need to secure land for Auroville's Master Plan area. With land prices skyrocketing and private development happening at breakneck speed, it is imperative that these exchanges proceed to secure land for the city and the green belt as quickly as possible.

While transparency, proper consultation, and adherence to due process are essential, stopping all exchanges through a flawed RAD process is not the answer. We should focus on ensuring that land deals are conducted ethically, transparently, and in accordance with established procedures. The RAD's call for a pause on exchanges until trust is rebuilt and proper processes are established is unrealistic and could cause irreversible delays and harm to Auroville's progress.

We must prioritize the consolidation of Auroville's lands to protect its future. The outlying lands can be strategically used to exchange for the Master Plan area of Auroville. This approach aligns with the vision of the Master Plan, which was created to safeguard Auroville's land and ensure its development as a city dedicated to human unity and progress.

I urge all residents of Auroville to consider the broader implications of halting land exchanges and to focus on solutions that address concerns without jeopardizing the future of Auroville. Let us work together to ensure that land exchanges are conducted fairly, transparently, and in the best interests of the entire community.

If you cannot help, its ok. But, for heaven's sake, don't waste your energy by even paying attention to this ridiculous political grandstanding, who are fighting for designations and power positions.

Lakshay

REALISATION

Psychic Being

On 1 April, 2011, Fool's Day, I started writing about psychic being. Appalled by the misuse of the term I never speak about and here I was, compelled to write about as if a question of life and death. Indeed, it is.

Cycling, as during my solitary walks, I dialogue with "the child" within, entering another world. To do good to all creatures: this is what "the child" is about. I do know that I belong to that other world, where I enter at will, and which I always knew as the real thing: the inner world of my childhood. The outer world is desecrating fiction temporarily concealing the real thing: *kalos kai agathos*, the beautiful and good of ancient Greece.

The higher vital screams in anguish at the squalor I am confronted with. Screams when I read the world news and the local ones. Anguish and hopelessness, wherever I turn. But the more I am confronted with the suffering imparted by my fellow beings, the more "the child" asserts itself. When the outer being is but a mass of indescribable pain "the child" takes over, calm, putting forward his *raison d'être*: the advent of the new world and society.

"The child" in us can and will take over, even if only for a short while, to remind us to never lose hope. We cannot give up, cannot let ourselves go. Shattered to pieces, we must resist and say no to all that wants us to give up. Destruction is all over, within as without Auroville. But we do have the psychic being, our one asset. If others' psychic beings join and resist, Auroville will be reborn out of its ashes. Group-soul! And so will the world, if the psychic beings all over the planet take the rein of the individual personalities and everyone stands for what's high and noble and beautiful, calling it upon earth by the force of the collective soul.

The supramental is to be reached by stages, the journey has begun; the power to bring it down on earth rests with us. To activate that power the psychic must take over: the psychic world—a first step of the ascension—is contingent and real.

The psychic being only can save the world. You. I. LOVE. There is no other way. The psychic being is the soul in us that aspires for a world of justice and equity, of compassion, understanding and charity. This is the purport of educational fairy tales, Sri Aurobindo saw the qualities of the psychic being as typical of the Christian saints. If children are reared that way there are strong chances that, instead of being superseded by mental education (and simultaneously with it, the burgeoning low vital and its passions), the psychic being will keep guiding them through life. Even if this is not visible all the time, its stronghold remains as the guidance and sustenance through the challenge of life.

The psychic being is the knight within us, the champion of the poor and the oppressed, of the weak and the enslaved. If we allow its silent flame, always turned to the light, to organize our lives the psychic being will make of it an expression of integral beauty: beauty of feelings, beauty of deeds, beauty of aspiration and lofty ideals. Even the seemingly insignificant actions of daily life will have their dignity for nothing is unworthy, nothing too trivial for the Divine. Each second spent on earth should be part of an everlasting work of art according to which we should fashion our existence.

The psychic being will not shun from the anti-divine forces that belittle and deny it. Incapable of feelings such as hostility, superiority, judgment or repulsion, the psychic being is the calm, strong warrior that serenely faces Darkness and turns it into Light. For, ultimately, everything is the Divine, the Four Emanations too. Born out of It, to the Divine they shall return, once the grand opus of transformation is achieved.

Paulette, 1 April, 2011

THE PRESSING QUESTION

The pressing question for each invited participant to ask oneself is "Why am I in Auroville?"

Here's our founder the Mother, especially for the ones experiencing difficulties in understanding that this City of Dawn is a multi-generational project with a distinct purpose of hastening the progress of the individual and the collectivity, both spiritually and materially. Thus:

"(About certain individuals and groups willing to aid Auroville's development)

They may not practice themselves, but if they do not know about Yoga, how can they understand the purpose of Auroville?"

<https://incarnateword.in/cwm/13/finance>

That is quite clear enough. Invited participants and good willed collaborators must know about Yoga, or must be made aware that this is a necessity prior to participating in Auroville. Even our educational systems for all ages must be geared for this, preparing and nurturing the new generation to fully discover their innate divinity. It is fortunate that we are already blessed with the Integral Supramental Yoga of our Avatar founders Sri Aurobindo and the Mother. Yoga has three fundamental inseparable legs: Bhakti-Jnana-Karma, Devotion-Knowledge-Action.

For those who already have some yogic experience, we were invited here not only to practice the old Yogas towards a Nirvanic escape or a Moksha. That is only the ascending path, the first necessity of being a True Aurovilian. And upon that Self-realisation, we descend back to the terrestrial Play to divinise Matter. This Integral Supramental Yogic process has been concisely and clearly outlined in our Three Core Ideals in the following order: A Dream, The Auroville Charter and To Be a True Aurovilian.

The first necessity of finding one's soul, one's psychic being is the basis of Yoga. Thus with those participating in Auroville without this basic yogic aspiration or experience, instead of harmoniously collaborating with the collective psycho-spiritual-supramental-material progress, the result is disharmony due to the persistence of the tamasic forces within them resisting progressive change. This tamasic attitude is one of the more tenacious negative aspects of the adverse and hostile cosmic forces influencing unconscious individuals that our Kalki Avatar founders Sri Aurobindo and the Mother label as "the past that seeks to endure."

Here are Sri Aurobindo and the Mother elucidating on the meaning and progressive stages of Yoga:

"One must first find one's soul, this is absolutely indispensable, and identify oneself with it. Later one can come to the transformation. Sri Aurobindo has written somewhere: "Our Yoga begins where the others end." Usually yoga leads precisely to this identification, this union with the Divine—that is why it is called "yoga". And when people reach this, well, they are at the end of their path and are satisfied. But Sri Aurobindo has written: we begin when they finish; you have found the Divine but instead of sitting down in contemplation and waiting for the Divine to take you out of your body which has become useless, on the contrary, with this consciousness you turn to the body and to life and begin the work of transformation—which is very hard labour. It's here that he compares it with cutting one's way through a virgin forest; because as nobody has done it before, one must make one's path where there was none. But to try to do this without having the indispensable directive of the union with the Divine within, within one's soul, is childishness. There.

I am speaking of yoga. I am not speaking of your life, of you all, you children here. That's different. You are here to develop yourselves. And when you are developed and have a precise thought of your own, a vision of your own, when you have enough knowledge to be able to choose freely what life you want to lead, then at that time you will take a decision.

But those who have already taken the decision, well for them it is first of all indispensable to find their soul and unite with their psychic being, and with the Divine who is within it. This is an absolutely indispensable beginning. One can't leap over that bridge; it is not possible. It can be done very quickly if you know how to use the help that's given to you (the Bhakti part); but it has to be done."

<https://incarnateword.in/cwm/07/2-november-1955>
(carefully read it all and understand)

All this progressive mindful understanding is part of the Jnana, the Knowledge part of the triune Bhakti-Jnana-Karma Yoga.

I write this for the proper understanding of this Divine Play, this Lila, this existence that we call Life that we are all engaged in, especially here in Auroville. It will continue on regardless of anyone's non-understanding or Ignorance of the Play. Either one progresses on in surrendered devotion, in Bhakti to the Supreme Divine Mother MahaShakti who has the effective Power to open us up to be more and more conscious, leading to the inner yogic harmony and joy in collaborating with the ever-hastening and unstoppable push of evolution towards the supremely decreed Life Divine here on Earth, or one learns through the long and hard egoistic path of disharmonious pain and suffering that will intensely compel the individual to change.

Thus so, again, the need for Yoga:

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances.

At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."

We continue on...

Zech, 2024.07.01

Classes, Workshops & Healing Arts



Ayurvedic Massage

Head and Foot Massage



Sound Healing



+91 97513 95939

QUIET HEALING CENTER



New Therapy Offerings at Quiet

Energy Healing with Reiki

Offered by Vyshnavi

Reiki is an ancient Japanese method for stress reduction, healing and relaxation. It helps easing tension and stress and supports the body to facilitate an environment for healing on all levels: physical, mental and emotional.



It reduces stress and pain, improves energy levels and mood, promotes sleep quality and clarity of thought, imparts self confidence and self love, improves the results of any medical treatment such as chemotherapy, surgery, child birth, psychological conditions and shortens the healing process. Reiki also works well together with other medical or therapeutic techniques to relieve side effects and promote quick recovery.

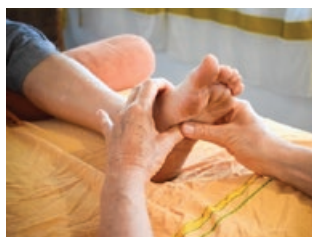


It reduces stress and pain, improves energy levels and mood, promotes sleep quality and clarity of thought, imparts self confidence and self love, improves the results of any medical treatment such as chemotherapy, surgery, child birth, psychological conditions and shortens the healing process. Reiki also works well together with other medical or therapeutic techniques to relieve side effects and promote quick recovery.

Holistic Foot Reflexology

Offered by Vyshnavi

Holistic Foot Reflexology is a deeply relaxing, healing and balancing tool for body, mind and spirit. It helps harmonising internal organs, blood circulation, nervous, hormonal & lymphatic systems, and boost your immunity and general well-being.



It's found to be effective for various health issues such as asthma, colds and bacterial infections, sinus problems, back problems, infertility issues, digestive problems, menstrual issues, arthritic pain, chronic fatigue, migraines and headaches, nerve tingling and numbness from medication.



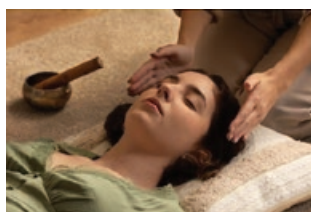
Integrated Energy Healing & Foot Reflexology

Offered by Vyshnavi

This treatment combines elements of Reiki and Holistic Foot Reflexology to integrate, circulate and revitalise your life energy. Reiki is an effective form of energy work, using spiritually guided life force energy to help easing stress and support the body to facilitate healing. Holistic Foot Reflexology stimulates the energy centres in the feet, thereby activating the lymphatic system and internal organs throughout the body.



Combined together, this integrated treatment stimulates the natural healing processes in the body and restores physical, emotional, mental and spiritual well-being.



Gravity Colon Hydrotherapy

Quiet Healing Center reopens its Colon Hydrotherapy Clinic from 1 July onwards!

This highly effective detox treatment offers a natural approach using gravity instead of machines to clean the colon through a continuous, gentle flow of warm water. It is a manual therapy that allows for feedback and dialogue between the client, your body and the therapist.



The objectives of Gravity Colon Hydrotherapy are: eliminating waste matter; toning the musculature of the colon, and complete detoxification of body, liver and blood. It is especially useful for insomnia, diabetes, high blood pressure, digestive complaints, fatigue, brain fog, skin problems, and women's health issues.

Gravity Colon Hydrotherapy is considered one of the most effective ways to support the body regaining its natural capacities and experiencing greater vitality and health. As such, this therapy is for anyone who aspires to inhabit a healthier body, mind and spirit!

WOGA (Yoga in Water) with Friederike & Tamara

• Saturday, 6 & 20 July, 4:30—6pm

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

• No previous experience required (also no need to be able to swim)!

Baby Watsu with Friederike

• Monday, 8 & 22 July, 9:30—11am

• For babies between 2 and 12 months with their parents.

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.



You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a closing swimming pant for your baby.

Guido for Quiet Healing Center Team
+91 9488084966

www.quiethealingcenter.info/
quiet@auroville.org.in

AUROMODE YOGA SPACE

July 2024 Schedule

Registration a must for all the programs. Email or WA us to know about the fee structure and other details.

balaganesh.siva@gmail.com

+91 98926 99804 WA only



Day	Time	Description
Monday—Friday	10am—11am	Mobility with Karlakattai
Every Friday	5:30pm—7pm	Vinyasa flow Asanas, Pranayama & Meditation
Every Saturday	5:30pm—7pm	Vinyasa flow Asanas, Pranayama & Meditation
Every Sunday	5:30pm—7pm	Vinyasa flow Asanas, Pranayama & Meditation
July 10—14	6:30—9:30am, 10am—1pm & 5pm—7pm	5 days Yoga, Meditation, Pranayama and Yoga Nidra Workshop intensive
August 1—22	6:30—9:30am & 3:30—7pm	200 Hr Vinyasa Flow TTC

Vinyasa flow with Bala

- Every Friday, 5:30—7pm
- Every Saturday, 5:30—7pm
- Every Sunday, 5:30—7pm

Vinyasa Flow yoga is a dynamic and fluid practice that links various yoga poses together in a sequence, creating a continuous flow of postures. Vinyasa Flow classes can vary in intensity and pace, making them accessible to practitioners of different levels. Like to try them ? Join us.

Mobility with Karlakattai

- Monday to Friday, 10—11am

Ready to enhance your flexibility and mobility? Karlakattai, a traditional Indian wooden tool, might just be the key! Used for centuries in Tamil Nadu, Karlakattai is a simple yet effective aid for improving joint mobility and overall flexibility. Join us every day to improve your overall posture correction.

5 day Yoga, Meditation, Pranayama and Yoga Nidra Workshop

- 10—14 July, 6:30—9:30am, 10am—1pm & 5—7pm

Join us for a five-day meditation, pranayama, and Yoga Nidra workshop! In this workshop, we will have daily meditation, learning about various pranayama techniques, and exploring the theory and philosophy of Yoga Nidra and of course Asanas. Our intention is to bring you the best of the world through this five-day intensive workshop. This is a non-residential workshop, but if you need accommodation in Auroville for these five days, we can provide recommendations. DM to know more

Auroville Yoga 200 hr TTC schedule

- 200 hours, 22 days, August 1—22
- 6:30—9:30am & 3:30—7pm
 - Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.
 - Yoga Philosophy of Patanjali and other texts.
 - Sequencing skills, subtle anatomy, mantra chanting
 - Not just Asanas, but a complete lifestyle experience in the International town of Auroville.
 - Discover the joy of a disciplined, sustainable & injury free self practise and gain tools to teach others.
 - Introduction to Kalaripayatu, Animal flow,
 - Sound healing, Karma Yoga and more.

Internationally recognised Yoga Alliance, USA accredited

5 day Auroville Yoga Festival

5 day Auroville Yoga Festival- July 10 to 14, 2024

Join us for this 5-day yoga festival celebrating life!

- Daily Asana Yoga - Vinyasa Flow
- In-depth study of Meditation and Pranayama practices
- Yoga Nidra - Theory and practice
- Sound healing journey
- Karma Yoga in Auroville Farms
- Introduction to Auroville lifestyle
- Fresh food and farm produce
- Visit and meditate in Matrimandir Gardens & Inner chamber
- Walk in Auroville Forests and more...



We invite you to take this opportunity to visit Auroville and give yourself the necessary pause. This is a non-residential course. We will guide you to find accommodation if you are from outstation. DM to know more.

Registration must

Auromode Yoga Space
Email - balaganesh.siva@gmail.com WA + 91 98926 99804

Bala

MINDFULNESS

For Stress Reduction (MFSR)

Monday, 8 July—Saturday, 13 July,
1 week intensive course

This course synthesises ancient Eastern wisdom on mindfulness with Western neuroscience, mind-body medicine & positive psychology.



The course can improve the ability to cope with the stresses of everyday life—giving space to respond to situations rather than react. It can help with anxiety & depression, to manage chronic pain, lower blood sugar levels, improve emotional regulation; increase attention, focus & memory; & plant inner seeds of happiness, kindness & acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

- Timings are: 7:30—9:30am Monday to Friday & 9am—4:30pm on Saturday, 13 July.

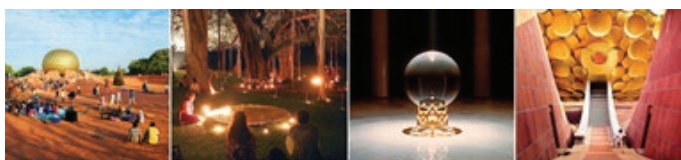
The course is led by Helen. Message her on 7094753054 for booking & details or see innersightav.org The course is hosted by InnerSight (an Activity under Hospitality Trust)

Helen

BHARAT NIVAS, THE ART OF SELF-DIAGNOSIS: MAYA

A SATSANG ON THE INTEGRAL YOGA

Tuesdays and Thursdays, 5:30—7pm



A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

“The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.” —The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

- Facilitated by Zech Joya
- **Venue:** Conference Room, G/F SAIER Building, Town Hall Complex, or at an agreed upon venue in Auroville
- **By appointment only:** please call 8300191193



[Please click this link for details](#) or scan the above QR Code

Also check Zech’s Weekly Sharings:

- <https://zechjoya.blogspot.com>

Or scan the QR Code on the right

Zech



VÉRITÉ

Please contact Vérité @ 0413 2622045, 2622606, 9363624083

or programming@verite.in, www.verite.in



Workshops

Pre-registration required

Mindfulness Kindfulness with Helen

- **Saturday, 6 July, 9:15am—12pm**

This half-day retreat provides a chance to unplug from the stresses of everyday life. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here and now. This session will blend mindfulness with kindness. Specifically, we will be gently exploring how we can soften, and be kinder and more compassionate to ourselves and others.

Food is Medicine: Lifestyle Health Practices w/ Parvathi

- **Saturday, 6 July, 2—4pm**

Learn about your body’s constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Understanding Pranayama & its Practice in Asanas & Meditation with Radhika

- **Friday, 12 July, 9:15am—12pm**

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

Awareness Through the Body: Exploration of the Element Space with Amir

- **Saturday, 13 July, 9:15am—12pm**

Awareness through the body (ATB) facilitates a space for introspection to reconnect with oneself, by exploring tools and giving opportunities for inner discovery. ATB offers a means to increase our capacity to be present. ATB is an eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga. In this session, we will explore the element of Space to cultivate contact with oneself and the world in a more intimate way.

Food is Medicine: Lifestyle Health Practices with Parvathi

- **Saturday, 13 July, 2—4pm**

Learn about your body’s constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga, Breath & Meditation Practice for Beginners	7:30am—8.30am	Mamta
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30am—8.30am	Mani
	Open Heart Space Meditation	5—6pm	Samrat
Wednesdays	Pranayama & Meditation	7:30am—8.30am	Radhika
	Kirtan Songs for Your Soul (no class 3 July), contributions are voluntary	5—6pm	Mamta
Thursdays	Gentle Hatha Yoga	7:30am—8.30am	Ramya
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Restorative Yin Yoga	7:30am—8.30am	Radhika
	Face & Eye Yoga	5—6pm	Mamta
Saturdays	Sivananda Yoga	7:30am—8.30am	Mani
	Deep Sound Bath	5—6pm	Satyayuga

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Face & Neck Massage	Mamta
Biodynamic Craniosacral Therapy	Mila
Food is Medicine: Lifestyle Health Practices Consultation	Parvathi
Birenda Massage	Radhika
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 6 July	Mindfulness Kindfulness	9:15am—12pm	Helen
Saturday, 6 July	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Friday, 12 July	Understanding Pranayama & its Practice in Asanas & Meditation	9:15am—12pm	Radhika
Saturday, 13 July	Awareness Through the Body: Exploration of the Element Space	9:15am—12pm	Amir
Saturday, 13 July	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Saturday, 20 July	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Saturday, 20 July	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Saturday, 27 July	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 27 July	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi

Taste Of Yoga @ Vérité



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

Kathir for Vérité Programming

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

• For more details see www.innersightav.org or contact Kardash on 9940934875 WA.



Integral Healing
Light of Ayurveda and guidance of Mother and Sri Aurobindo

5:45 pm— 6:55 pm
Every Wednesday
From 01 May 2024

Venue:
Bhumika Hall,
Bharat Nivas, Auroville

Workshop by **DR. GEETA AUROPREMI**

- Brief introduction of Ayurveda
- Swasthya, Aswasthya
- Dosha, prakriti
- Some herbs
- Lifestyle

₹.550 for guest / ₹.350 for Volunteer (savi Id)

Brief introduction of Ayurveda, Swasthya, Aswasthya, Dosha, Prakriti, Some herbs, Lifestyle

Enquiry Contact Monisha +91 8489347454 *Monisha*



Regeneration Listening Circle:

Mondays 6:00 am & Wednesdays 5:00 pm

Session duration: 1.5 h

Experiences of previous participants

Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again. Guest

I'm very sensitive and I could feel the spirits of Mother Nature with us in this circle; very beautiful. Newcomer
This talking-stick gives me Power; and with great Power, comes great Responsibility. Aurovilian

- Limited seating.
- **Location will be shared after your reservation under +49 1638041124 WA**

Submitted by Nadim

ACROYOGA

- **For guests and beginners** on appointment only,
- **Monday, Wednesday, Friday, 1am—12:15pm or 3—4:15 pm**
- **Contact +91 9047722740 WA**



Damien

TRADITIONAL MANTRAS AND STOTRAS

Chanting Classes

@ Serendipity Community with Sonia Novaes
Fridays, 5pm, Regular Class



serendipityauroville@gmail.com +91 8940288090

Submitted by Sonia

SOUND THERAPY & SELF HEALING, 2 IN 1 SESSION

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- First, by immersing yourself in the vibrations from a sound bed—which will travel through your body to the organ chosen for healing—accompanied by musical instruments (gong, singing bowls, etc.) and vocals, you will start to connect with your body’s consciousness.



- Second, by performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- If this resonates with you, then please contact 9385428400 call/ WA to book your session today!

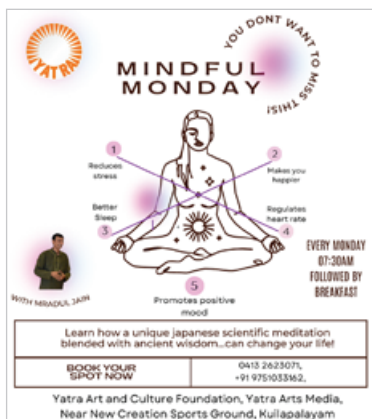
• Donation Based

Submitted by Isha

MINDFUL MONDAY

Every Monday, 7:30am, followed by breakfast

You don’t want to miss this! Learn how a unique Japanese scientific meditation blended with ancient wisdom... That can change your life! Reduces stress, better sleep, makes you happier, regulates heart rate, promotes positive mood. Book your spot now: Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kulapalayam



• 0413 2623071, +91 9751033162 Yatra Srinivassan

ARKA WELLNESS CENTER & MULTIPURPOSE HALL

Regular Activities, July

For any details and queries, you can contact us at arka@auroville.org.in & 0413 2623799

Treatments

Treatment	Therapist	When
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 0413 2623767 antarcalli@yahoo.fr
Chinese Fire Cupping and Moxibustion Therapy	Chun	Monday to Saturday by Appointment 8098900708

Classes

Classes	Teacher	When
Acro Yoga	Damien	For guests, only on appointment on Monday, Wednesday, Friday from 11am—12:15pm OR 3—4:15pm. Intermediate regular classes for long term stay: Aurovilian, Newcomer & Volunteer +91 9047722740 WA

Ramana for Arka

TAO OF TEA



The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)

Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/flowers also available. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. the ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/WA +91 9385428400

Submitted by Isha

It Matters

Schedule from 4 July to 13 July

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
- **Info:** instagram [@auroville.curated](#) on itmatters.auroville.org/activities or
- All activities are Rs./600 for guests, Rs./150 for Aurovilians/ Volunteers. Discount vouchers available.



Date	Activity
4 July, Thursday, 5:30—6:30pm	Mandala Drawing with Thamizh
5 July, Friday, 5:30—6:30pm	Kollywood Dance with Pranathi
6 July, Saturday, 2—4pm	Intuitive Painting with Chetana Deorah*
6 July, Saturday, 4:30—5:30pm	Psychology and Mantric Poetry with Matthias
9 July, Tuesday, 5—6:30pm	Energy and Spiritual Science with Louis—Patrick
11 July, Thursday, 5:30—6:30pm	Mandala Drawing with Thamizh
12 July, Friday, 5:30—6:30pm	Kollywood Dance with Pranathi
13 July, Saturday, 2—4pm	Intuitive Painting with Chetana Deorah*
13 July, Saturday, 4:30—5:30pm	Psychology and Mantric Poetry with Matthias

* extra fees for material may be applicable, please check website
Bhakti and Sandra

INTEGRAL ALIGNMENT

ALINEAMIENTO INTEGRAL

Reservas en:

Bookings on: +91 7457085676, Rachel

- **One to One lessons—Small groups:** Weaving a tapestry of gentle guidance, leading you through each asana with detail. Verbal cues as a golden thread connecting breath and movement to the essence of your being. Each Asana as an expression of balance, inviting you to return with yourself, aligning your body, mind and spirit.

- **Clases particulares—Pequeños grupos:** Tejiendo un tapiz de suaves movimientos, guiándote verbalmente a través de cada asana con detalle, como un hilo dorado que conecta la respiración y el movimiento con tu propia Esencia. Cada Asana, como expresión de equilibrio, invitándote a resonar contigo misma, alineando cuerpo, mente y espíritu.

Submitted by Rachel

DETOX YOUR MIND & BREATHE HEAL YOUR BODY

- **Scientific Meditation with sound healing for distress Mind Body and Soul.** Experience exclusive sound frequencies created by a Japanese Scientist.
 - **Monday, Wednesday, Friday, 7—8:30am**
 - Advance registration required
- **One To One Health & Wellness Therapy.** Anxiety, Depression, Mental Disorders, Sleep disorder Emotional Blockage Sensory Development
 - Pre appointment is required
- **Analysis of Multiple Intelligence using Scientific Neuroscience Tools.** Eligibility: Anyone from 6 years to 60 years of age: pre appointment is required
- **Conscious Circle & Chanting**
 - Tuesday, 6:30—7:30pm
 - Reserve your space in advance



Yatra Srinivasan,
Near New Creation Sports Ground,
0413 2623071, +91 9751033162,
<https://www.yatraarts.org/>, <https://www.yatraartsmedia.org/>

Languages

NEWS FROM AUROVILLE LANGUAGE LAB

Please remember to put your mobile phones on flight mode and switch off all wireless and blue-tooth devices before you enter the Lab. We are a wireless-free space!



Evening Programs!

From 1 February 2024, we launched a new experiment. The Language Lab extended its opening hours from 5pm—6pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, poetry readings as well as self-learning and guided study in different languages with our mediatheque.

This program is free of cost to everyone: Aurovilians, New-comers, Volunteers, Guests, and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests, are welcome to join. Come share your language with others!

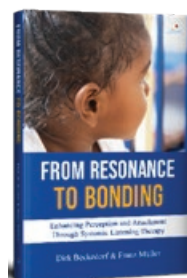
People have started to come back. **Sanskrit Chanting, Spanish, French and English Conversation Practice sessions** are happening on Mondays, Tuesdays, Wednesdays and Thursdays, 5-6pm. For the English conversation sessions, the focus continues to be on the Auroville Charter and The Dream. All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WA message to +91 98430 30355. You don't need to be a teacher; you simply should enjoy conversing with others and offer yourself for conversation practice. Incidentally, age no bar!

Our first full-length publication

We are thrilled to announce that the long-awaited printed copies have finally arrived!!! They are now on sale at the Lab and will be available soon at other outlets, and at the Auroville Library. Please come to the Lab, have a look, and pick up your copy!

- Order through our website: <https://books.aurovillelanguagelab.org/>



You can access the detailed Table of Contents, as well as 2.5 chapters [of the actual book for free here](#), before deciding to buy the paperback or order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb. The book holds deep insights for anyone working in the field of education.

Looking for

Someone who can type in English! We have many case notes to type up which detail the progress made—especially by children—during Tomatis programs. The work would have to be done at the Lab. We need someone who can type, cares for people, and will respect confidentiality. We could definitely still do with someone to help with **fundraising**. And we always welcome volunteer language teachers.

Tomatis

Please contact 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations. In case you wrote earlier but haven't heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/alfred-tomatis-method/>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

New Language Courses at ALL

- **For Registration:** info@aurovillelanguagelab.org
+91 9843030355 WA

Spanish Beginner Class with Mila

A journey of language and culture with our dynamic Spanish beginner class, guided by our long-time language teacher from Spain.

- **Monday & Wednesday, 2:30—3:30pm**

Tamil Reading & Writing and also Spoken Intermediate with Murugesan

We welcome back our other Tamil teacher, Murugesan. His daughter is fine now, (many in Auroville know the story), so he is happy to re-start teaching at the Lab. He will offer one class of Intermediate Tamil as well as another class specifically focussed on learning to read and write Tamil. Both classes will be an hour each and will start this coming Saturday (22.06.24).

- **Saturday, 9:30—10:30am and 11am—12pm**
- The classes have not started yet. Registration is still open.
- Murugesan is also available for **individual private** classes in Tamil on Saturdays. All sessions to be booked in advance.

Tamil Beginner Course with Saravanan

Catch up on Tamil sounds, learn basic grammar, and gain confidence in conversational Tamil. Our fun, interactive lessons and supportive environment make it easy and enjoyable.

- **Tuesday and Friday, 9:30—10:30am**

Registration is still open.

Experience the magic of Persian Language and Poetry

Explore the rich culture of Persia with Anita, from Iran, who studies ancient history and myths. Learn about famous poets like Rumi and Khayyam, and discover the stories of the ancient Zoroastrians. Listen to the lilting beauty of Persian and take your first steps to learn it. All are welcome to join this two-month course and also drop in per session.

- **Saturday 10—11:30am**

New Beginner Hindi with Kaushal

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

- The class has not started yet. We are waiting for a group of five to start. Registration is still open.
- **Wednesdays, 2—4pm**
- Duration 16 hours, over two months

New Beginner Sanskrit with Kaushal

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation, and chanting of selected mantras.

- The class has not started yet. We are waiting for a group of five to start. Registration is still open.
- **Thursdays, 2—4pm**
- Duration 16 hours, over two months

English

The Language Lab is happy to provide a dynamic English program for the month of June.

This includes **English Language Teacher Training**: learn how to incorporate student-driven content into a creative and holistic lesson plan.

A dedicated **Study Hall with emphasis on English tutoring** for all subjects: Do you have homework, a resume or a paper you are working on? We can help.

New Beginner English Class

Rupam will offer a new class for complete beginners: Let's start with the ABC of English!

Discover the Fun in Learning English through Theatre by Rupam

- Explore Shakespeare, other playwrights, short stories, and poetry with us. Enhance your English communication skills through fun and interactive sessions.
- Monday and Wednesday, 11am—12pm, age: 12+

Ongoing English Classes

The English Pre-Intermediate Youth group, general Pre-Intermediate, and Intermediate courses taught by Taranti and Rupam continue. Please see the schedule below.

To join or enquire

- Please fill our form at <http://register.aurovillelanguagelab.org/>
- Or drop us an email: info@aurovillelanguagelab.org
- call us at 2623661, text or WA at +91 9843030355 or come visit us!

Please Note

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you!

Language Courses at ALL

Lan- guage	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate 8-Hour (Monthly)	11am—12pm	Tuesday & Thursday
	Learn English through theatre 8-Hour (Monthly)	11am—12pm	Monday & Wednesday
	English Pre-Intermediate Youth Group 8-Hour (4 weeks)	3—4pm	Monday & Wednesday
	English Pre-Intermediate Adult Group 8-Hour (4 weeks)	4—5pm	Monday & Wednesday
	English Intermediate Adult Group 8-Hour (4 weeks)	4—5pm	Tuesday & Thursday
	Conversation Intermediate Started 9 April 8-Hour (4 weeks)	3—4pm	Tuesday & Thursday
	Study Hall and English tutoring 8-Hour (4 weeks)	4—6pm	Friday
	Facilitating English Teacher Training 8-Hours (4 weeks)	5—6pm	Monday, Tuesday & Wednesday
French	Beginner 8-Hour (1 months)	4—5pm	Tuesday & Thursday
Persian	Persian Language and Poetry	10—11:30am	Saturday
Sanskrit	Beginner	2—4pm	Thursday
Hindi	Beginner	2—4pm	Wednesday
Tamil	Spoken Beginner	09:30—10:30am	Tuesday and Friday
	Spoken Intermediate (TBA)	11am—12pm	Saturday
	Reading & Writing	9:30—10:30	Saturday
Spanish	Beginner Starting 3 June	2:30—3:30	Monday & Wednesday
	Intermediate Starting 3 June	To Be Announced	TBA
Italian	Beginner	To Be Announced	TBA
	Intermediate	To Be Announced	TBA

If there's a language you would like to learn but it's not listed, please let us know!

The Language Lab is open

- Monday—Friday, 9am—12pm & 2pm—7pm
- Saturday, 9am—12pm & 2pm—5pm
 - Location: International Zone, after Unity Pavilion & Pump House.
 - Phones: 2623661 (Lab), +919843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
 - Email: info@aurovillelanguage.org and tomatis@aurovillelanguage.org

Submitted by Mita

AUROFILM



Restarts Friday Film Screenings

The Aurofilm has restarted its Friday film screenings for you all at Multi Media Centre Auditorium (MMC, Town Hall)

- **Reminder: Friday, 5 July: A Scene At The Sea Japan, by Takeshi Kitano**
- **and Friday, 12 July, 8pm: Arrival, USA, 2016**

With: Amy Adams, Jeremy Renner, Forest Whitaker

Synopsis: Louise Banks, a Linguistics professor, is called to lead an elite team of investigators when gigantic spaceships touchdown in 12 locations around the world. As nations teeter on the verge of global war, Louise and her crew must race against time to find a way to communicate with the extraterrestrial visitors. Hoping to unravel the mystery, she takes a chance that could threaten her life and quite possibly all of mankind. Overview: A thoughtful, compassionate sci-fi movie beautifully mixing realism with a sense of wonder... (présenté par Abhijit)

Original version in English with English Subtitles, duration 1h.56'



Surya

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00 :)

Friday, 12 July

Let Us Be Heroes

2018/ 41 minutes/ Rebecca Cappelli

The film explores the impact of our food and lifestyle choices on our health, our home planet and our values. It shares inspiring stories from athletes, food and fashion entrepreneurs, a public speaker and an ocean environmentalist working to protect people, planet and animals.

Submitted by Aviram



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
8 July 2024 14 July 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall. *Watch out, now some days are mixed up from the usual!*

Indian—Monday 1 July, 8pm
Kurangu Pedal (Monkey pedal)

India, 2022, Writer-Dir. Kamalakannan w/Prasanna Balachander, Nakkalites Chella, Jansen Diwakar, and others, Drama, 119mins, Tamil w/ English subtitles, Rated: G
 A feel-good nostalgic film, inspired by a short story 'Cycle' by Rasi Alagappan, is set in 1980's village in Salem, Tamil Nadu. Mariappan a fifth-grade student has a solid summer vacation plan, to learn how to ride a cycle, and then ride up to Ooratchi Koattai temple. He even manages to rent a cycle from the village's new cycle-shop, to learn. His father who himself doesn't know how to ride a cycle comes to know about this and is upset. How a ride becomes a life changing for both Mariappan, his friends and his father is the crux of this story. Must watch!

Potpourri—Tuesday 2 July, 8pm
The Fundamentals of Caring

USA, 2016, Writer-Dir. Rob Burnett w/ Craig Roberts, Paul Rudd, Selena Gomez, and others, Comedy-Drama, 97mins, English w/English subtitles, Rated: NR (PG-13)
 Based on a novel by Jonathan Evinson, in this film Ben Benjamin, writer retires after a personal tragedy and becomes a caregiver for a Trevor Conklin, who suffers from Duchenne muscular dystrophy. When the two embark on an impromptu road trip, their ability to cope is tested as they start to understand the importance of hope and friendship. A film to watch!

Selection—Wednesday 3 July, 8pm
American Gangster

USA, 2007, Dir. Ridley Scott w/Denzel Washington, Russell Crowe, Chiwetel Ejiofor, and others, Biography-Crime, 157mins, English w/ English subtitles, Rated: R
 Based on true events, in this film, following the death of his employer and mentor, Bumpy Johnson, Frank Lucas establishes himself as the number one importer of heroin in the Harlem district of Manhattan. He does so by buying heroin directly from the source in Southeast Asia in a unique way. As a result, his product is superior to what is currently available on the street and his prices are lower. His alliance with the New York Mafia ensures his position. It is also the story of a dedicated and honest policeman, Richie Roberts, who heads up a joint narcotics task force with the Federal government.

Interesting—Thursday 4 July, 8pm
And The King Said, What A Fantastic Machine

Sweden-Denmark, 2023, Writer-Dir. Axel Danielson & Maximilien Van Aertryck w/ Chris Anderson, Felix Bergsson, Ulrika Bergsten, and others, Documentary, 88mins, Swedish-English-French-German-Arabic w/ English subtitles, Rated: NR (PG-13)
 From the first camera to 45 billion cameras worldwide today, the visual sociologist filmmakers widen their lens to expose both humanity's unique obsession with the camera's image and the social consequences that lay ahead.

International—Saturday, 6 July, 8pm
Aku Wa Sonzai Shinai (Evil Does Not Exist)

Japan, 2023, Writer-Dir. Ryūsuke Hamaguchi w/Hitoshi Omika, Ryô Nishikawa, Ryûji Kosaka, and others, Drama, 106mins, Japanese w/English subtitles, Rated: NR (R)
 In this slow-paced tale set in the rural Mizubiki, not far from Tokyo, Takumi and his daughter, Hana, lead a modest life gathering water, wood, and wild wasabi for the local udon restaurant. Increasingly, the townsfolk become aware of a talent agency's plan to build an opulent glamping site nearby, offering city residents a comfortable "escape" to the snowy wilderness. When two company representatives arrive and ask for local guidance, Takumi gets apprehensive of the impending assault on "nature", but is it only from outside but also within? Don't miss!

Children's Matinee—Sunday, 7 July, 4pm
The Peanuts Movie

USA, 2015, Dir. Steve Martino w/ Noah Schnapp, Bill Melendez, Hadley Belle Miller, and others, Animation-Adventure, 88mins, English w/ English subtitles, Rated: G
 Charlie Brown, Snoopy, and the whole gang are back in a heartwarming story. A new girl with red hair moves in across the street, and Charlie Brown falls in love. Now he tries to impress her, but he just can't do anything right. Snoopy in the meantime is writing a love story about his continuing battles with The Red Baron. In the midst of this Charlie Brown gets a perfect score on his standardized test and gets very popular; but he knows that there has been a mistake. Should he tell the truth and risk losing his popularity? Will he win the girl?

Black & White Classics @ Ciné-Club
Ciné-Club Sunday 7 July, 8pm
Manhattan

USA, 1979, Dir. Woody Allen w/ Diane Keaton, Mariel Hemingway, and others, Comedy-Drama, 96 mins, English w/ English subtitles, Rated: R
 Manhattan is a romcom which follows the romantic journeys of 42-year-old, divorced television writer Isaac Davis who is dating a teenager whilst problematically finding himself falling in love with his best friend's mistress. What pours more oil into the fire is the book which his ex-wife happens to be writing about their horrid time together.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Nina, MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES) —9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

*Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in*

Editors' Note



Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery is rain on Friday.

*Light and Peace,
Roy and AgniJata*

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 9443074825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Bus passes

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way Monthly** (Workers/Volunteers)
- Rs.1200: **Student Monthly pass**

AV account / Cash / UPI Transfer :

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join WhatsApp group

of Auroville Bus to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>