



News Notes

#1038 A weekly bulletin for residents of Auroville 1 August 2024



Let the Knower distinguish the Knowledge and the Ignorance.

Two are joined together, powers of Truth, powers of Maya, — they have built the Child and given him birth and they nourish his growth.

Rig Veda

Pondering



In our scrutiny of the seven principles of existence it was found that they are one in their essential and fundamental reality: for if even the matter of the most material universe is nothing but a status of being of Spirit made an object of sense, envisaged by the Spirit's own consciousness as the stuff of its forms, much more must the life-force that constitutes itself into form of Matter, and the mind-consciousness that throws itself out as Life, and the Supermind that develops Mind as one of its powers, be nothing but Spirit itself modified in apparent substance and in dynamism of action, not modified in real essence.

The Vedic seers were conscious of such a divine self-manifestation and looked on it as the greater world beyond this lesser, a freer and wider plane of consciousness and being, the truth-creation of the Creator which they described as the seat or own home of the Truth, as the vast Truth, or the Truth, the Right, the Vast, or again as a Truth hidden by a Truth where the Sun of Knowledge finishes his journey and unyokes his horses, where the thousand rays of consciousness stand together so that there is That One, the supreme form of the Divine Being.

*The Knowledge and the Ignorance,
The Life Divine, Sri Aurobindo*

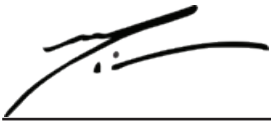
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House of Mother's Agenda

As one drowned in a sea of splendour and bliss,
 Mute in the maze of these surprising worlds,
 Turning she saw their living knot and source,
 Key to their charm and fount of their delight,
 And knew him for the same who snares our lives
 Captured in his terrifying pitiless net,
 And makes the universe his prison camp
 And makes in his immense and vacant vasts
 The labour of the stars a circuit vain
 And death the end of every human road
 And grief and pain the wages of man's toil.

One whom her soul had faced as Death and Night
 A sum of all sweetness gathered into his limbs
 And blinded her heart to the beauty of the suns.
 Transfigured was the formidable shape.
 His darkness and his sad destroying might
 Abolishing for ever and disclosing
 The mystery of his high and violent deeds,
 A secret splendour rose revealed to sight
 Where once the vast embodied Void had stood.

Night the dim mask had grown a wonderful face.
 The vague infinity was slain whose gloom
 Had outlined from the terrible unknown
 The obscure disastrous figure of a god,
 Fled was the error that arms the hands of grief,
 And lighted the ignorant gulf whose hollow deeps
 Had given to nothingness a dreadful voice.

As when before the eye that wakes in sleep
 Is opened the sombre binding of a book,
 Illumined letterings are seen which kept
 A golden blaze of thought inscribed within,
 A marvellous form responded to her gaze
 Whose sweetness justified life's blindest pain;
 All Nature's struggle was its easy price,
 The universe and its agony seemed worth while.

As if the choric calyx of a flower
 Aerial, visible on music's waves,
 A lotus of light-petalled ecstasy
 Took shape out of the tremulous heart of things.

There was no more the torment under the stars,
 The evil sheltered behind Nature's mask;
 There was no more the dark pretence of hate,
 The cruel rictus on Love's altered face.

Hate was the grip of a dreadful amour's strife;
 A ruthless love intent only to possess
 Has here replaced the sweet original god.

Forgetting the Will-to-love that gave it birth,
 The passion to lock itself in and to unite,
 It would swallow all into one lonely self,
 Devouring the soul that it had made its own,
 By suffering and annihilation's pain
 Punishing the unwillingness to be one,
 Angry with the refusals of the world,
 Passionate to take but knowing not how to give.

Death's sombre cowl was cast from Nature's brow;
 There lightened on her the godhead's lurking laugh.
 All grace and glory and all divinity
 Were here collected in a single form;

All worshipped eyes looked through his from one face;
 He bore all godheads in his grandiose limbs.
 An oceanic spirit dwelt within;
 Intolerant and invincible in joy
 A flood of freedom and transcendent bliss
 Into immortal lines of beauty rose.

In him the fourfold Being bore its crown
 That wears the mystery of a nameless Name,
 The universe writing its tremendous sense
 In the inexhaustible meaning of a word.

In him the architect of the visible world,
 At once the art and artist of his works,
 Spirit and seer and thinker of things seen,
 Virat, who lights his camp-fires in the suns
 And the star-entangled ether is his hold,
 Expressed himself with Matter for his speech:
 Objects are his letters, forces are his words,
 Events are the crowded history of his life,
 And sea and land are the pages for his tale.

Matter is his means and his spiritual sign;
 He hangs the thought upon a lash's lift,
 In the current of the blood makes flow the soul.

His is the dumb will of atom and of clod;
 A Will that without sense or motive acts,
 An Intelligence needing not to think or plan,
 The world creates itself invincibly;
 For its body is the body of the Lord
 And in its heart stands Virat, King of Kings.

In him shadows his form the Golden Child
 Who in the Sun-capped Vast cradles his birth:
 Hiranyagarbha, author of thoughts and dreams,
 Who sees the invisible and hears the sounds
 That never visited a mortal ear,
 Discoverer of unthought realities
 Truer to Truth than all we have ever known,
 He is the leader on the inner roads;
 A seer, he has entered the forbidden realms;
 A magician with the omnipotent wand of thought,
 He builds the secret uncreated worlds.

Armed with the golden speech, the diamond eye,
 His is the vision and the prophecy:
 Imagist casting the formless into shape,
 Traveller and hewer of the unseen paths,
 He is the carrier of the hidden fire,
 He is the voice of the Ineffable,
 He is the invisible hunter of the light,
 The Angel of mysterious ecstasies,
 The conqueror of the kingdoms of the soul.

(to be continued next week)

*Sri Aurobindo, Savitri, A Legend and a Symbol
 Book Eleven: The Book of Everlasting Day,
 Canto One: The Eternal Day: The Soul's Choice and the Supreme Consummation*

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

With love and gratitude, Gangalakshmi (HOMA)

Townhall Speaks

DONATION CHANNELING GROUP

Donations received in Unity Fund April to June 2024

Descending order of amount, 27.07.2024

N	Entity	Amount, Rs
1	Matrimandir	20,427,648
2	Crown Road Project	8,712,739
3	Sadhana Forest	7,358,351
4	Auroville Green Energy	3,960,250
5	Pitchandikulam Forest	2,181,917
6	Botanical Gardens	2,047,552
7	Land Service	1,954,035
8	Youth Link	1,722,646
9	SAIER- General	1,600,000
10	Isaiambalam School	1,079,533
11	STEM Land	869,799
12	Oli School	775,333
13	Auroville Dog Shelter	661,621
14	Red Earth	548,879
15	Savitri Bhavan	477,143
16	Vidyamandir (Samskritam Av)	432,746
17	Kids Care	405,295
18	Auroville Institute of Applied Technology	398,595
19	Isai Ragam	350,280
20	Weltwaerts	264,180
21	Yuvabe	253,655
22	Thamarai	242,870
23	Auroville Health Centre	209,310
24	Deepam	177,016
25	Kuilapalayam Creative Centre	159,371
26	Talam	124,677
27	Mother's Flower Garden	123,119
28	Aurokiya	112,547
29	Udavi School Trust	103,166
30	New Creation Sports	100,000
31	Auro Orchard Farm	93,214
32	Last School	80,000
33	Housing, Micheal Gransitzki Auromodele	75,000
34	Mohanam Cultural Centre	60,651
35	AV Dental Centre Education Research Rural Action	51,000
36	Auroville Language Laboratory	48,426
37	Aurogreen Farm	47,801
38	Malarchi Boarding	46,502
39	Sanskrit Research Institute	43,485
40	Pavilion De France	42,384

41	Illion	40,144
42	Wasteless	40,000
43	City Services	39,925
44	Auroville Radio TV	39,498
45	CIRHU	37,200
46	Auroville Village Action Group	33,251
47	Aikiyam School	24,851
48	Housing General	24,145
49	Auroville Today	23,863
50	Agni Veda Research	20,000
51	Annapurna Farm	19,618
52	Eco Femme	18,884
53	Discipline Farm	17,350
54	Purnam Center for Integrality	17,291
55	New Creation Child Development	17,000
56	Seeking Our Inner Being	15,984
57	Life Education Centre	15,635
58	Prisma	15,410
59	SAIER- Scholarship	13,400
60	Joy of Impermanence	11,206
61	Arul Vazhi School	7,529
62	Morning Star	7,382
63	Lilaloka	5,432
64	Unity Pavilion	5,284
65	AV Nature Camp	5,019
66	Citadine Art Centre	3,145
67	Auroville Health Services	3,088
68	Holistic	2,180
69	AV Library	1,000
70	TLC	974
71	Solitude Farm	498
	Total	58,948,922

Chandresh, Naren & Sandeep
for DCG

Community News

Baby Born

ISHANA DEVARAJ ARRIVES

I am pleased to inform the community that Sharmila Devaraj has got a new female baby named Ishana Devaraj, normal delivery on 15.07.2024 (Monday) at the Nallam Hospital with the special care of our Auroville Morning Star team. Thanks a ton.

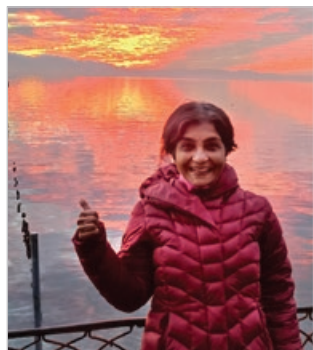


Sharmila Devaraj

Passing On

IN MEMORIAM BINDU

Bindu Mohanty passed away on 28 July in a hospital in Germany at the age of 55. Bindu had joined Auroville in 1994 and was working in Auroville as the Lead Faculty of the American Living Routes—Study Abroad Programs in India for more than 11 years. She gained a Ph.D. in Sri Aurobindo studies from the California Institute of Integral Studies (CIIS) in 2008 with her thesis “Spiritual ideals and social psychology of Auroville: A transdisciplinary interpretive inquiry.” In later years she was also active as Senior Coordinator (Research and Partnerships) of the Indian Revitalizing Rainfed Agriculture Network.



She was also one of the contributors of Auroville Today. In 2023, she went to Germany to be with her German husband Karl-Heinz, where it was discovered that she had cancer. She then shared this reflection:

A brush with mortality/ immortality



“As kids, my brother and I would lie for hours on the terrace of our house, captivated by the star-studded skies of summer nights. Even though I was in awe of this majestic splendor, I would wonder what’s beyond. It depressed me slightly that I could not escape the universe. I would always be contained by it.

In retrospect, I believe that these childhood thoughts laid the foundations of the alternative life I built for myself. Job, career, husband, and children, all seemed a bit mundane, attracted as I was by the deep mysteries of Life, Death, and an inexplicable ever-expanding universe. And while I have had peak experiences, moments of great tranquility, where I felt united with some universal primal force, it was never really a daily lived experience. And given the inexorable demands of life, like most people, I allowed myself to be chained to the hum-drum routine of work and feeding myself 3 times a day.

Then, out of the blue, while treating a persistent cough and chest pain, the doc announced that I had a malignant tumor that needed to be operated on. I had already gone through other scary prognosis of pulmonary fibrosis, pulmonary embolism etc., but cancer? Cancer was in its own league, and had the evil, ultimate ring of something life-threatening and terminal (even though most forms of cancer are treatable). And while I may have grandiose thoughts and experiences, I was a coward when it came to pain. I did not want to live out the rest of my days dealing with pain and disease management. All my plans for the future, of reinventing my life in Germany, crumbled before me, as I was forced to confront this death sentence that had been laid on me. I did not know then, and I do not know still, how bad the cancer is. But I found myself pondering on the reasons to live, whittling down all sentimental thoughts. For instance, I know I have a very, very caring circle of friends and family, but I also know with the relentless passage of time, I will soon fade away from the memories of my loved ones. Truly, everything in this life is

marked by mortality . . . if we put aside all religious and spiritual explanations of death, death seems to be a nihilism. A negation of all that one’s life stood for, and that kind of makes the struggle to live pointless.

I found myself, as I did as a kid, wondering about the immortal primal forces of our universe, and our connection to it. On days when I struggled with pain, discomfort, and sheer lack of energy, I struggled with fear and on good days, I held on to hope. I smiled at myself for oscillating thus between dualities—hope and fear; life and death. And I told myself that the ultimate miracle would be to be free from the grip of these dualities that run through all existence.

Coming out of anesthesia after the surgery, my first thought was that “I am part of the force that started this universe.” And that was the most comforting and freeing thought I had. Death comes to all—sooner or later. But the power that made the universe could well be immortal—this seems to be borne out by science as well—and well, if one were part of this force then death would merely be a change from one dimension to the other. As mentioned earlier, there are times when I have felt a calm, vast, primordial force, transcendent and yet united with my being. And I realized that knowing this force intimately, being able to connect with it at will, would be a reason to live. It would endow whatever days I have left in this life with meaning.”

A silent gathering in memory of Bindu was held at the Matrimandir Banyan Tree on 30 July.

[This is an interview with Bindu](#), sent by Julian to the AVI centers.

Annemarie

PRATEEK PASSES ON

Tejaswi and Prateek were long term volunteers in Auroville from 2021 to 2023 and had worked with Auroville units such as Talam and Yuvabe during their stay. They got married in 2023 and moved to Bangalore and later to Chennai. They were planning to move back to Auroville on 28 July and were in Auroville last week to finalize their move. In



a very tragic and shocking incident on Tuesday, 23 July, Prateek suffered a heart attack and passed away. He was 34 years old and had no known health issues. The incident took place in the Grace community. The news is still sinking into the ones close to them. His last rites were concluded in Bangalore.

Prateek was a very generous, caring and loving person. He will be dearly missed by his friends and family. Please keep him, Teja and their family in your thoughts and prayers. We pray for The Mother’s Grace.

We also want to thank the AV Emergency Services team, AV Security & Working Committee for the prompt support provided during this time.

*Love and light,
friends of Prateek and Teja
Submitted by Priyanka*

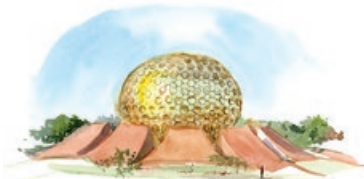
TO DORIS AND SANGHA

For your touching note in a moment like that. Also for a much needed proposal for the use of the *motorcycle helmet* when driving a two wheeler, it would be a good habit and useful sacrifice of your dearest friend!

In Her Love, Anandi ayun, Realization

Matrimandir News and Schedules

MATRIMANDIR ACCESS INFORMATION



Access to the Park of Unity and Matrimandir

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to **Aurovilians and Newcomers** Daily, 6am—7:30pm
- **Aurovilians may bring close family and friends** to the Gardens Daily, 9am—3:30pm

Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.

Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to **Aurovilians and Newcomers**:
 - Monday—Saturday: 6—8am, 4:30—7:30pm
 - Sunday: 6am—12pm, 4:30—7:30pm
- The Inner Chamber is open to **SAVI registered Volunteers**:
 - Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate
- The Inner Chamber is **open to Aurovilians** wishing to accompany a **maximum of 5 close family and friends**, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
 - Any day except Tuesday & Sunday: 8—8:35am.
Arrival at 7:45am at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the **Children of Auroville and the Outreach Schools**:
 - Tuesday 9—11am
- The **Auroville units can bring their staff** to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in:
 - Tuesday 8—8:30am

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders
 - Monday—Sunday, 7—8am
 - Tuesday morning, closed.
 - Daily 5—6pm

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass.
- Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre:
 - Daily 9am—5:30pm

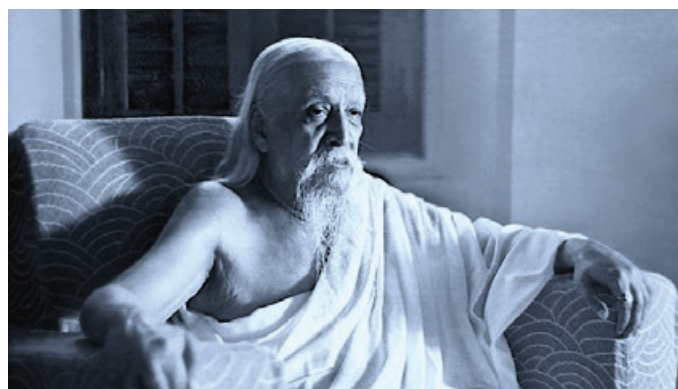
The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

Antoine, Divya Karun,
John H., Judith, Sundar K

Awakening Spirit

SRI AUROBINDO'S ROOM DARSHAN on August 15, 2024



Dear friends, to celebrate Sri Aurobindo's Birthday, the Sri Aurobindo Ashram will keep Sri Aurobindo's Room open for Darshan on 15-08-2024. Darshan is open to all. These are the available options to have a Room Darshan on 15 August:

- **Early morning:** You may join the general Darshan queue from 4am onwards. No tokens are required until the meditation in the Samadhi begins.
- **After the meditation:** From 6:40am onwards, a token is required for entry. You can get your token at the booth near the Ashram Post Office. In this case, you will probably have to wait or come back later at the time indicated on the token.
- **If you are a resident of Auroville**, you may book your token for the afternoon hours from 12 to 3:30pm at Pitanga in advance. Please read below how to register.

To facilitate the visit to Sri Aurobindo's Room after 6:40am, the Ashram will distribute tokens.

Aurovilians and Newcomers will have the opportunity to pre-register for a token. Volunteers and guests of Auroville may collect their tokens at the Sri Aurobindo Ashram directly.

- **The timing for the Registration of the tokens will be:**
 - Tuesday, 6 August and Wednesday, 7 August
 - 9am—12pm & 3—5pm

Please come in person to register your token and identify yourself as a resident if you are not known to the organisers. Residents who are unable to come to Pitanga themselves can send someone with a request note stating the name(s) and number(s) of tokens required. We will do our best to meet your needs.

We remind you, dear friends, that we do not accept requests by email or telephone. (Sorry for the inconvenience).

- **Transportation:** Darshan day is on Thursday. Please see Paulette's announcement elsewhere in the News.
- **Venue for the registration of tokens is:** Pitanga, Samasti.

We are grateful to the Sri Aurobindo Ashram for continuing its cooperation with Auroville on the Darshan days.

Andrea for Pitanga team

PONDY TRIPS ON DARSHAN DAY: AUGUST 15

15 August is Sri Aurobindo's birthday, and also India's Independence Day.

The SAIER bus will leave from Matri-mandir at 3pm via the ordinary route and will return from Pondy at 6pm, to allow those willing to use Av's collective transport the visit of Sri Aurobindo's room.

- Tokens are required, see Pitanga's arrangements.
- This is not a commercial bus and the offer is for Aurovilians, newcomers and volunteers wishing to have darshan in Sri Aurobindo's room.



Paulette

SAVITRI SATSANG BY NARAD

Wednesdays, 6:30pm

Savitri reading by Narad on Wednesdays at 6:30pm

in Kalpana Community,
@ E1-2B, East Block,

1st Floor
(above the parking area).

Cordially inviting you all.

Submitted by William



SAVITRI BHAVAN

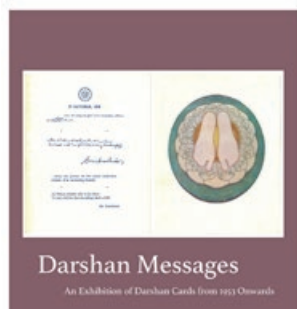


Schedule, August 2024

Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **A new Bilingual Exhibition on "Sri Aurobindo: A life sketch in photographs"** with texts both in English and Tamil is displayed in the upper corridor.
- **Special Exhibition: Darshan Messages.** The Words of Love and Inspiration: **24 July—18 August 2024 in Savitri Bhavan's Square Hall.**

The exhibition traces the history of the deeply significant tradition of Darshan card gifting in Sri Aurobindo Ashram, Pondicherry. The tradition of distributing collective messages on several special days each year was started by Sri Aurobindo and the Mother with a view of addressing the public in a more meaningful and effective way. The exhibition consists of the original cards, some of them bearing the Mother's signature, dating back to the 1950s. The visitors will be able to familiarize themselves with the history of Darshan messages and hopefully get a feeling of the powerful forces conveying them.



Films: Mondays 4pm in the Sangam Hall

- **August 5: Meditations on Savitri, Book 2—The Book of the Traveller of the Worlds, Canto 1—4.** In the course of Involution, the Spirit descends from The World Stair and the Soul has to ascend in the course of Evolution. Duration: 40min.

- **August 12: Sri Aurobindo—An Indian Mystic Who Worked for Human Unity.** The video encapsulates the different phases and facets of Sri Aurobindo's inspiring life and unique teachings. A tribute to the Master by the Sri Aurobindo Ashram Delhi Branch. Duration: 49min.
- **August 19: Supramental Manifestation upon Earth—The Day of The Lord.** Video-talk by Dr. Alok Pandey about the New Consciousness and how it is working, growing and shaping the new generation and the earth's future. Duration: 50min.
- **August 26: The Life Divine by Sri Aurobindo—Book 1: Ominipresent Reality and The Universe, Chapter 2: The Two Negations, 1. The Materialist Denial,** read by Shraddhavan. The original text will appear on the screen. Duration: 56min.

Full Moon Gathering

Monday, 19 August, 7:15—8:15pm in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 5:30—7pm:** OM Choir led by Narad
- **Fridays 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday 9—5

Integral Mathematics:

A Journey of Insight and Inspiration

Explore the qualitative essence of mathematics through ancient Sanskrit scriptures, revisiting Sri Aurobindo's illuminating insights, and tracing the paths of history's greatest mathematicians. This series invites you to nurture qualities of insight, intuition, and intellectual depth, unveiling the transformative power of mathematical exploration.



Sankhya Philosophy by Kapila Muni

- **24 August, 28 September, 26 October, 30 November 4—5pm @ Sangam Hall, Savitri Bhavan**

Embark on a transformative journey through the qualitative realm of mathematics, where the mind's eye uncovers profound insights and timeless wisdom. In this illuminating lecture series, we delve deep into the essence of mathematics and its profound impact on the human spirit.

- **Section 1: "Echoes of Wisdom":** Delve into the sacred texts of ancient Sanskrit scriptures, including Vedic and Vedantic teachings, resonating with the wisdom that transcends time. Explore the same texts that ignited the intellectual flame within Sri Aurobindo, illuminating pathways to understanding mathematics in its purest form.
- **Section 2: "Insights Illuminated":** Navigate the corridors of knowledge as we revisit the profound commentary and insights of Sri Aurobindo. Gain clarity and depth in your comprehension of mathematics through the lens of a visionary sage, enhancing your appreciation for its qualitative dimensions.

- **Section 3: “Inspirations Unveiled”:** Trace the footsteps of the greatest mathematicians in history and uncover the narratives behind their revolutionary discoveries. Connect with the human spirit that propels mathematical exploration, finding resonance in their journeys of insight and revelation.

Through these three enlightening sections, we invite you to integrate and nurture the qualities of insight, intuition, and intellectual depth that mathematics cultivates within the receptive mind. Join us as we embark on a quest to unravel the qualitative tapestry of mathematics, illuminating the path to greater understanding and enlightenment.

Meditations On Savitri, Book 2—The Book of The Traveller of The Worlds, Canto 1-4

- **Monday, 5 August, 4pm @ Savitri Bhavan.**
Duration: 40min.

Entering the subtle universe of the Unknown, Aswapati is shown in a single view all its vastness and variety: all the symbols of the Spirit’s Reality offer themselves to his experience in all their marvelous splendour and multiplicity and all the intensity of their beautiful or terrible delight. He sees that all worlds and planes of existence are arranged hierarchically. They are mounting up from the base of Matter and ascending to the unknowable heights of the Spirit. He perceives **The World-Stair** from which the Spirit descended in the course of Involution and which the Soul has to ascend in the course of Evolution.

All the worlds are interconnected forming a great chain and influencing each other. This stair of the gradations of Being and Consciousness is within each of us. It links the lowest levels of Inconscience with the highest levels of Superconscience and makes it possible that the human soul can journey back from its adventure of birth in the world of matter.

Closest to our own earthly existence is **The Kingdom of Subtle Matter**. Aswapati finds it to be a realm of wonder and delight. All that we dream of achieving here on earth is already mapped out in full detail there. But although delightful are its summits, its lower levels are dangerous. The unconsciousness of earth-matter has originated from there.

After entering the domains of Life, he witnesses **The Glory and The Fall of Life**. He finds endless seeking and a spirit of adventure which cares only for variety, regardless of danger, fall and pain. But Aswapati is also shown that Life’s true native home is divine and full of Bliss. He is shown the beautiful worlds of griefless life: their heavenly joy and love, their innocent youthfulness, their dynamism, and endless delight.

Further, in the domain of **The Kingdoms of the Little Life**, he finds an uncertain and unsure world; it has been born from the meeting of **Life with Matter**. Led by the earth-bound mind, Life’s play becomes limited and monotonous. There Aswapati sees Life as a little light born in a great darkness, not knowing where it has come from or where it must go.

A meditative film of Huta’s paintings illustrating passages from *Savitri* read by The Mother and accompanied by her own organ music which can connect us to the Divine Presence within and lead us towards spiritual truth and the New Consciousness.

In the beginning, there is also a short video of Huta speaking about her work with The Mother. Duration: 5min.

- The videos *Meditations on Savitri* can be seen at the Savitri Bhavan website:
<https://savitribhavan.org/meditations-on-savitri-video/>

*Margrit and Dhanalakshmi
for Savitri Bhavan*



BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

A weekly study circle on The Synthesis of Yoga—Sri Aurobindo



By Deepti Tewari

The Mother’s very last message to Auroville

“Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work.”

“To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga.”
27.03.1973

“Programme: Research through experience of Supreme truth. A Life Divine. But no religions.”
02.05.1970

4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location



The Mother’s very last message to Auroville:

“Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work”.

“To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga.”

27.03.1973

“Programme: Research through experience of the Supreme truth. A life divine. But no religions.” 02.05.1970

Monisha, BN Team



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Calendar of regular events of August 2024

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

8th & 22nd Thursday 6:30 - 7.30pm, reading
“The Mother’s Questions & Answers- Vol-7”
in English

15th, Thursday at 6:00 - 6:30pm,
Sri Aurobindo’s Birthday 1872, Meditation

19th, Monday at 6:30pm full moon, reciting
Sri Aurobindo’s Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

kshetram2014@auroville.org.in



SATSANGA on Living Loving Truth

Welcome to a Satsanga on
Living Loving Truth

A collective learning space to integrate the wisdom
from the Bhagavad Gita + Dhammapada in daily life.

4th August to 15th September

Details on: bit.ly/livinglovingtruth | devabhasha@auroville.org.in



“Truth alone can give to the world the power of receiving
and manifesting the Divine Love.”

The Mother (CWM-15, pp. 189)

What is Truth? What is Love?

How can we live and grow together in loving truth?

To explore such questions deeply, we warmly invite you for
an online Satsanga on Living Loving Truth from 4th August
to 15th September. The Sanskrit word सत्संग/ Satsanga can
have various interpretations, we refer to it in the context
of “associating with Truth” or being in company of friends
who are receptive to (Loving) Truth.

- More details are on: bit.ly/livinglovingtruth

Deven for Vidyamandir
and Samskritam Auroville Team

CHANTING the entire Bhagavat Gita



श्रीमद्भगवद्गीता
Chanting the entire Bhagavad Gita

We invite all to come together with a harmonious
collective aspiration and immerse in the Bhagavad Gita.
We will chant all the 700 shlokas in Sanskrit. All are
welcome to join anytime (whether for few minutes or
entire duration) and chant together or simply listen and
soak in the sacred vibrations.

Date: 18th August, 2024 (Sunday)

Time: 6:00 am to 9:30 am

Venue: Savitri Bhavan, Auroville

For details write to: devabhasha@auroville.org.in

With Sincerity and Gratitude,
Samskritam Auroville and Savitri Bhavan Team

Deven for Vidyamandir
and Samskritam Auroville Team

AMPHITHEATRE—MATRIMANDIR Meditation at sunset with SAVITRI

Every Thursday 6—6:30pm (weather permitting)

After the summer time with our meditations
with Sunil’s New Year Music, we restart the
cycle of Savitri, Sri Aurobindo’s long mantric
poem, read by Mother to Sunil’s incredible
music. Enjoy the beautiful open space, in the
very center of Auroville!



- **Reminder to all:** The Park of Unity is a place for silence,
meditation and inner work and is to be used only as
such. We request everyone: please do not to use cam-
eras, i-pads, cell phones, etc. No photos.
- **Dear Guests,** please carry your Guest Card with you.
Access only for the Amphitheatre from 5:45pm and the
time of the meditation. Thank you.

Surya, Velmurugan and Vinay

Education

AUROVILLE SCHOOLS Financial Situation

Dear fellow Aurovilians, the Auroville School Board would
like to share with you that our financial situation has be-
come more difficult since July of 2024. Pre-Creche, Nan-
danam, Kindergarten, Deepanam, Transition School, Last
School, and Future School have all received reductions
in their budgets: both in allocated maintenance, and in
monthly recurring expenses from SAIER/BCC. The cut
originates from FAMC’s direction for higher effectiveness
and efficiency; SAIER was requested to work out the dis-
tribution.

While some changes may take place the new budget re-
flects a reduction of 19% on the allocated Maintenances
(-22.5 full-time equivalent maintenances) and around
14% reduction of monthly recurring expenses (-Rs.93,683
across schools), fully effective from August onward. Schools
are affected in different ways by these changes and please
contact individual schools if you need more information.

We at the school board remain committed to providing
integral education to the children and while the financial
situation is challenging we will rise to the occasion and be
creative about funding. We also request the understanding
and support of the community and the parents as we ad-
dress this new situation.

Dawn,
for Auroville School Board

UDAVI SCHOOL NEW PHONE NUMBER

Please note Udavi School new land line phone number
0413 3509906

The old phone number has been disconnected.

Davaselvya

BASIC PYTHON PROGRAMMING free for all

Every Tuesday, 10—11am
@ The Sprout Cafe

If you are interested in
learning Python then let’s
meet at the Sprout Cafe
every Tuesday at 10—
11am

- If it rains then no class
as laptops can get
wet.

- To register please WA or call Pawan @ 90424 83649

PS: Please don’t contact me regarding help with website
development. Pawan



KULAI CREATIVE CENTRE

Next to Auroville Bakery, Kulapalayam
kulaicreativecentre.auroville@gmail.com
 8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session, Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tuesday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednesday	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thursday	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiam, Silambam, Upcycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15		

Except English, all the others are FREE for everyone from the ages of 10 to 16, but please [register through this link](#) or scan QR code or call us 8608473385 WA



Volunteers are most welcome!

Selva for KCC

AUROVILLE LIBRARY

Opening Hours

Our timings are:

- **Mornings:** Monday—Saturday: 9am—12:30pm
- **Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4.30pm
 - Tuesdays: 4—6:30pm

Laura for AV Library, 0413 2622894,
avlib@auroville.org.in

New Book Reading Circle

When Things Fall Apart:

Heart Advice for Difficult Times by Pema Chodren



- Starts on Thursday, 1 August
 Thursdays, 6—7pm @ Auroville Library

Join us in reading this heart based guide on how to deal with life's challenges.

- **For details** WA Helen on 7094753054 or Serena on 8489760966
 Helen & Serena

ILAINARKAL EDUCATION CENTRE



Auroville Further Learning Programme for All Age Groups

Activities	Days	Timing	Resource Persons
Tailoring (sewing)	Monday to Friday	10am—3pm	I.Pachaiammal
Spoken English class	Monday to Friday	session I: 3—4:30pm session II: 4:30—6pm	B. Anandou
Yogasana Class	Monday to Friday	6—7pm	B. Anandou
Tamil Typing class (computer)	Monday to Friday	2—4pm	C.V. Ramesh Karunakaran
Hindi class	Every Tuesday	4:30—5:30pm	Colonel Chandra Sekar (Retd)
French class	Wednesday	4:30—5:30pm	A. Arivan
Body awareness	Wednesday	10am—12noon	M. Muthukumari
Viyazhavattam circle—Tamil Literature	Thursday	4:30—5:30pm	R. Meenakshi
Entrepreneurship	Friday	4:30—5:30pm	S. Sivakumar
Art and Painting class	Saturday	10am—12noon	N. Janaki
Siddha Healing consultancy	Every month, 2 nd week Tuesday	9:30am—4pm	Vaithiar K.P.Selvam Vellore

3 months courses is available

0413 2623773, tamil@auroville.org.in

R. Meenakshi

Youth Initiative

YOUTHLINK IS LOOKING FOR Soft Skills Team people

We at YouthLink, and more specifically the **Soft Skills Team** in YouthLink are looking for **facilitators, passionate people or anyone wanting to share their knowledge** to reach out to us and see how we can collaborate!

The Soft Skills Team in YouthLink focuses on the mind, emotions, feelings, communication and all skills that will help one navigate through life more smoothly. If you work or are passionate in an activity related with what we do and want to share with the community of Auroville and more specifically, Youth, please reach out to us through our email youth-link@auroville.org.in!



Looking forward to working and co creating together!

Madhu for the YouthLink team

MAKER SPACE

Monday to Friday, 8:30am—12:30pm
@ Youth Center

Join us for our Maker Space at Youth Centre Monday to Friday from 8:30am till 12:30pm. Registration required for booking and it's free!

Discover the endless possibilities of learning, creating, and innovating with wood, metal and more, in our collaborative Workspace.

What can you learn?

- Cutting Board/ Lamps/ Renovation of Furniture/ Metal & Woodwork/ Welding/ Arts & Crafts/ Jewellery/ Upcycling



A facilitator will be available to provide assistance in learning how to use the tools and technologies, as well as hands-on experience in bringing your ideas to life. Don't miss out on this exciting opportunity to be a part of our growing maker community!



Lucrezia
for YouthLink team

EARTH SHASTRA
offering 8th edition

21—29 September, 2024 in Auroville

In Partnership with
youth alliance FLOURISH YouthLink

EARTH SHASTRA
Community in the times of Ecological Crisis

21st - 29th Sep, 2024

Applicants **Live Now!!!**

Auroville
Tamil Nadu

A 9 day experiential leadership journey to discover the interconnections between ecology & economy.

Contact us for more details: - connect@youthallianceofindia.org

Earth-Shastra is a 9-day immersive journey that will bring together 20 young changemakers from across India and 10 from Auroville, to slow down with a community of like-hearted people and make sense of the climate emergency and converging crises of our times. The focus is to develop the capacity to understand the global and climate crisis, and the humility to start with small actions. It also involves focus on personal transformation and nurturing a deep community over the 9-days and beyond. It is a leadership experience to orient one's life path as a response towards greater harmony with oneself, others and nature. The immersive journey will involve nature connects, reflective circles, hands-on activities, content sessions and mentoring.

- This (8th) edition of Earth-Shastra by Youth Alliance (NGO based in Delhi) is being co-created with Flourish and YouthLink. This program can only accommodate a limited number of participants (max 30) due to its nature.
- Please make sure you can participate over the 9 days before signing up.
- **The last date to apply is 11th August!**



To learn more or apply, scan the QR code.

Gwjwn for YouthLink

AUROVILLE

Youth Summit 2024

Saturday, 17 August, 9:30am—4pm

@ Mukta's house

(Our new working space), Aurodam

Who am I, where am I, and what am I doing here?

AV Youth Summit 2024

Saturday 17 AUG
10am-4pm

Register here!

Register for a day of co-creation, contemplation, discussion, and connection on the topic of Youth and Auroville

Join us in celebrating International Youth Day with the Auroville Youth Summit, a one-day event dedicated to sharing and discovering diverse perspectives and values among the youth of Auroville. The day will be filled with energizing activities and collective games, story-sharing sessions, value discussions, contemplations on Auroville and our lives, and a fun exercise: "If I was the president of Auroville, I would ... " etc.



For this third edition of Youth Day, we are delighted to invite the youths to engage in various activities and enjoy a delicious lunch together. All youth who feel the call to connect, exchange ideas, and embody the power of change in Auroville are welcome to join us. Registration is required.

YouthLink
AUROVILLE

Gwjwn
for YouthLink

Health Care



Santé

August 2024

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Senthil: Monday to Friday	Nurse Care: Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: TOS
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage: with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday (except Friday)
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	Soundbed Session: with Sandhya/ Thilagam: Monday to Saturday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services, sante@auroville.org.in, <http://sante.auroville.org.in>

CHILDBIRTH PREPARATION CLASSES

Childbirth preparation classes, including fathers, are offered throughout the year, at Hall of Light, Creativity community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



- 5—6pm, movement classes** like yoga, dance, breath work, etc
- 6—7pm, theory** on various aspects of pregnancy

Like to join the classes?

- [Join our WA group here](#) or send message to Bala +91 9892699804 to add you in the group

All classes are drop in—out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville. Our goal is to bring respectful maternity care to all.

- If you'd like to know more about our work email us morningstar@auroville.org.in and general administrative queries to Bala + 91 9892699804 WA only. Bala

Business Activities

BHARAT NIVAS INVITES

Arts and Crafts



Dear Aurovilians, Bharat Nivas invites individuals and activities interested in putting up art, craft, and food stalls in our Pathway and exhibitions and artwork in Kalakendra.

Please write to us at

- bharatnivas@auroville.org.in
- or contact our Trustee Janmejaya at 8249335483.

Monisha, Bharat Nivas Team

International

New co-working space!

- Mon 8:00AM to 12:00PM
- Tues 8:00AM to 12:00PM
- Thur: 8:00AM to 12:00PM

GOOD 20 FREE
WiFi Chairs Tea

The **European House** is pleased to welcome you in its co-working space. Come benefit from our wifi and the quiet of our place to focus and get your work done!

Free contribution, Help us pay our internet bills and improve the place! Help enjoy the quiet of our conference room 3 mornings a week! **A place you can privatize!** Do you need a place to host a meeting? A workshop? Or any other group activity: Send a request and book the place!

Marie, +33 695524430, european.house.auroville@gmail.com

LA VITA DIVINA

Cari amici e care amiche d'Italia, nonostante la Auroville Radio stia attraversando un periodo di difficoltà e non riesca ad andare avanti con le pubblicazioni dei podcast, voglio rassicurarvi sulla possibilità di poter continuare ad usufruire dell'ascolto de La Vita Divina di Sri Aurobindo. La sua lettura viene postata regolarmente sul canale



- YouTube di Gate Of Dreams Italia. Lo potrete trovare clickando su: <https://www.youtube.com/@gateofdreamsitalia8047>

Dear Italian friends, although Auroville Radio is going through a difficult period and is currently unable to continue publishing podcasts, I want to reassure you that you can still enjoy listening to Sri Aurobindo's The Life Divine in Italian. The reading is posted regularly on the Gate of Dreams Italia YouTube channel.

- Find it by clicking on: <https://www.youtube.com/@gateofdreamsitalia8047>

Francesca

Ecology



Dear Friends, thank you for having joined us in celebrating our achievements, learning about everything waste, and offering your generous support! We are deeply grateful to be part of this wonderful community that consistently cheers us on.

- **In case you missed our Fundraiser event but still would like to help**, contact us at info@wastelessindia.org or donate directly to our Financial Service account: 251252

Your contribution, big or small, makes a real difference in our mission to empower children to become the change makers of tomorrow!

With deep gratitude, Chandrah & Ribhu, WasteLess founders, wishing you a nice day.

Luise for WasteLess

Art For Land

**INVITATION TO DONATE ARTWORK
for the "Unity, Kindness and Friendship"
Art for Land Exhibition**

Dear Friends, we hope this message finds you well.

We are excited to announce an upcoming exhibition titled "Unity, Kindness, and Friendship", celebrating the values of togetherness, compassion, and camaraderie. This special event will be held from 4 August, marking the birthday of Sri Aurobindo, and will serve as a fundraising initiative for Art for Land, Auroville, dedicated to the noble cause of land consolidation of the Auroville Masterplan.

We warmly invite you to participate by donating artwork that reflects the exhibition's theme. You can contribute a piece from your existing collection or create something new inspired by the spirit of unity, kindness, and friendship. Your generous contribution will not only enhance the cultural and artistic richness of the event but also support to secure land for Auroville.

About the Painting

Our invitation is beautifully illustrated by Pablo Picasso's Bouquet of Peace (1958), a painting that embodies the essence of peace and harmony. The artwork depicts two hands holding a bouquet of vibrant flowers, symbolizing a unified gesture of peace and goodwill. Picasso's creation serves as a timeless reminder of the power of art to bridge differences and foster a sense of community. We hope that Picasso's masterpiece will inspire you to create and donate an artwork that resonates with the themes of unity, kindness, and friendship.

Details of the Exhibition:

- **Theme:** Unity, Kindness, and Friendship
- **From 4 August @ Unity Pavilion, Auroville**

If possible, please include a title for your artwork that resonates with the chosen theme.

How to Contribute

Send your artwork to the Unity Pavilion at your earliest convenience. Please include a brief description of the piece and its relevance to the chosen theme. Your participation will be a significant addition to our exhibition and a step towards achieving our goal. We believe your artwork will inspire and move many, highlighting the profound impact of art in fostering community and goodwill.

We look forward to your positive response and are here to assist with any further details or arrangements you may require.

*Jaya and Doris for Art for Land
Mandakini for Acres for Auroville
7558401108*



Theatre, Music & Arts

ART EXHIBITION THE SECRET SOUL

by Hufreesh Dumasia

**8—24 August, 9am—12:30pm & 2—5pm
@ Tibetan Pavilion, Sunday closed**



Hufreesh

CELEBRATE MOTHERHOOD AND BREASTFEEDING

Call for Artists and Poets
Celebrate Motherhood and Breastfeeding

Breastfeeding is a sacred act that nourishes not only the body but also the spirit, connecting us to the timeless cycle of life and the shared essence of humanity. It is a profound reminder of our common journey and the divine bond that unites us all.



Enjoy special Art Creations, given for this important week!

Open for your Submission till 31 July! Daily, except Sunday from 4:30—6pm at Auro-mode, Morningstar office (former Yoga Studio).

Special Events

- Thursday, 1 August, 4:30—6pm
 - Presentation on Breastfeeding from
- Sunday, 4 August, 11am to 12:30pm
 - Poetry and stories sharing, enjoy a beautiful morning.
 - Golden Milk will be served during this event.
- Wednesday, 7 August, 4:30—6pm
 - Presentation "Birth—entry into the physical world. significance and miracle." Warmly welcome!

Contact:

- Ulrike Urvasi, 9751513906
mothersworkforTheMotherswork@gmail.com

Ulrike

"It is the Divine presence that gives value to life. This Presence is the source of all peace, all joy, all security. Find this Presence in yourself and all your difficulties will disappear." The Mother in Words of the Mother



Bharat Nivas
Presents
Live portraits
By
M Siva Prakash
Caricature Artist

Immerse yourself in the whimsical world of Siva Prakash, renowned caricature artist. Witness live portraits that capture the essence and charm of every subject with a touch of artistry and humor.



09:00 am - 04:30 pm
From 01st August 2024
Venue:
Kala Kendra,
Bharat Nivas, Auroville



Scan for Location

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate

The Divine Feminine

A Bharathanatyam Performance

By
Mrs. Chitra Rinnesh
Artistic director of
Rathinasabha music & dance academy

An accomplished artist and her talented students celebrate the strength, beauty, and spirituality of womanhood through classical dance.

07:00 pm
Saturday, 03rd August 2024

Venue:
SAWCHU,
Bharat Nivas, Auroville

All are Welcome.

The Nature's Life Journey

Painting & Photography Show by R.Rajendran

A Tribute to Late Manoj Kumar Dikshit (18 December 1974 - 16 July 2024)

Artist, Alumnus of Sri Aurobindo International Centre of Education (SAICE), Pondicherry.

Inauguration at 04:00 pm - 04th August 2024

Open from 04th - 17th August 2024

Timing : 09:00 am - 04:30 pm

Venue:
Kala Kendra,
Bharat Nivas, Auroville

Enquiry Contact: Krishna at +91 97878 80211

Parking available outside at the Main Gate

Conceptualised By
Janmejay Mohanty (Aurovilian)

The Nature's Life Journey

Sitar Concert

By Soham Munim

04:00 pm
04th August
Sunday

Venue :
Kala Kendra,
Bharat Nivas, Auroville.

All are Welcome..

Scan for location

VISHNU ARPPANAM

PUDUVAI BHARATHALAYA



By
Kalaimamani
Dr. Abhayakaram Krishnan
&
Kalaimamani
Dr. Preetha Prabhudhas
Troupe

07:00 pm
Sunday, 04th August 2024

Venue:
SAWCHU,
Bharat Nivas, Auroville



Scan for Location

Curated by
Lalit Verma

COLOURFUL BHAIRAVI

A musical soiree by
Sri Aurobindo Ashram group of vocalists
through the glimpses of its ten different moods and modes....





07:00 pm - Tuesday, 06th August 2024

Venue: SAWCHU,
Bharat Nivas, Auroville

All are welcome...




Scan for Location

Bharathanatyam Dance Performance


By
Smt. Anbarasi Ezhumalaiyan
Shivalaya Kalakoodam

An accomplished artist and her talented students celebrate the strength, beauty, and through classical dance.



07:00 pm
Wednesday, 07th August 2024

Venue:
SAWCHU,
Bharat Nivas, Auroville



Scan for Location

All are Welcome..

Shadow Puppet Show

By
 *The Unicorn Collective*
Auroville

*Show on Stories told by Mother performance at
Kala Kendra for Visitors and Aurovillians.
"It's an effort to do sadhana on mother's stories"*



Inauguration : 09th August 2024

Start from 10th August 2024

Timing :
10:00 am to 10:30 am
11:00 am to 11:30 am
12:00 pm to 12:30 pm
02:00 pm to 2:30 pm
03:00 pm to 3:30 pm

Venue:
Kala Kendra,
Bharat Nivas, Auroville



Scan for Location

Krishnaarpanam

By
Kalai Ilananmani J. Bharathi Arvind
Kalai Ilananmani J. Sankari Muruganatham
Sri Sarada Kalamandir Music, Dance School

Join us for a captivating performance that celebrates the grace and devotion dedicated to Lord Krishna.



07:00 pm
Saturday, 10th August 2024

Venue:
SAWCHU,
Bharat Nivas, Auroville



Scan for Location

A Live Concert event powered by Sunshine Music - Unit of Auroville Foundation



DEEPAW

ORIGINAL ROCK MUSIC HANDCRAFTED IN AUROVILLE

SATURDAY
AUG 3 2024
7:30-9:30 PM

KALABHUMI
MUSIC STUDIO

@KALABHUMIMUSICSTUDIO.AV

Book your seat here!



FOOD
DESSERTS
BEVERAGES



OPENING SOLO ACOUSTIC SET BY SAMAGR

Multiple Activities



BHARAT NIVAS
 भारत निवास பாரத நிவாஸ்
 The Pavilion of India, Auroville

REGULAR WORKSHOP, CLASS & EXHIBITION

- MONDAY TO FRIDAY**
 06:00 AM - 07:00 AM
KALARIPAYATTU CLASS at Bhumika Hall
- TUESDAY & THURSDAY**
 06:30 PM - 08:30 PM
FENCING CLASS at Harmony hall
- MONDAY, WEDNESDAY & FRIDAY**
 06:30 PM - 09:30 PM
TANGO CLASS at Harmony hall
- TUESDAY**
 04:30 PM - 05:30 PM
THE SYNTHESIS OF YOGA at Resource Library
- FRIDAY**
 11:00 AM - 12:00 PM
SAVITRI STUDY CIRCLE at Resource Library
- WEDNESDAY**
 05:45 PM - 06:55 PM
INTEGRAL HEALING at Bhumika Hall
- MONDAY TO SATURDAY**
 09:30 AM - 12:30 PM
RESOURCE LIBRARY at 1st Floor - Bhumika Building

EXHIBITIONS - MONDAY TO SUNDAY

- 09:00 AM - 05:00 PM
THE DAWN OF AUROVILLE - PHOTO EXHIBITION at Kala Kendra
- 09:00 AM - 04:30 PM
WILDLIFE ART GALLERY at Old LOE Building (old post office)
- 09:00 AM - 04:30 PM
THE CITY THE EARTH NEEDS at India Space

Enquiry Contact: Krishna at +91 97878 80211

Dance Activities



AUROVILLE TANGO
 New batch starts the first week of each month

MON 19:00 Introduction to Tango 20:00 Opensource	WED 19:30 Guided Practica 20:00 Practilonga
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Tango @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- Monday
 - 7pm—Introduction to Tango, 8pm—Open Source
 - Wednesday
 - 7:30pm—Guided Practica, 8pm—Long Practice
- No partner required. Bring socks or dance shoes.
 And plenty of joy!

+91 9821166082, tango@auroville.org.in Maud

DANCE CLASSES BY MANI

Salsa Dance Class



SALSA DANCE CLASS

Choose your Dance

- ✓ Bachata Dance
- ✓ Kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now
 +91 86376 33696

Bakisata_dance

Tuesday salsa class 6:30 pm
 Saturday workshop 7:00 pm

New creation, dance studio
 Embrace the Rhythm and Let Go!

Tango Dance



TANGO DANCE

MONDAY
 Beginner 6:30 to 7:30 pm
 Intermediate 7:30 to 8:30pm

FRIDAY
 Workshop 6:30 to 7:30pm
 Open practice 7:30 to 8:30pm

Auroville, cripa

CONTACT US BY
 +91 86376 33696
 Bakisata_dance

A CALL TO CO-CREATE

Multidisciplinary Improvisation Lab

Thursdays, 5—7pm
 @ CRIPA Small Hall

Through Dance, Move, Visual Arts, Poetry, Spoken Word, Theater. And Music

- Step beyond labels and redefine your art form. Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration. Self-motivated creation. Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word. Emotional storytelling through embodied movement and music.

Discover the boundless potential of collaborative improvisation
 Submitted by Krishna



A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB
 THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word.
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL
 DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

New Creation Dance Studio

Sweatout & Smile

ZUMBA

Every Mondays!

Zumba classes are happening
 @ New Creation Studio, every Monday, 6pm
 For regular classes DM: 8281746763 Vega

BALLET DANCE CLASSES WITH FLEUR

@ New Creation Dance Studio.



In a playful and attentive approach, each course is designed to allow children to experiment ballet movements, space and creativity.

We have batches for children from 3½ to 14 years old.

- **Dance initiation**
 - Age 4 to 5, every Monday, 2:30—3:30pm
 - **Classical ballet level 1**
 - Age 6 to 7, every Monday, 3:45—4:45pm
 - **Classical ballet levels 2 & 3**
 - Age 8 to 10: Every Saturday, 9:15—10:30am
 - Age above 10: Every Saturday, 10:30am—12pm
- Fleur, 9600225764*

Music and Art Activities

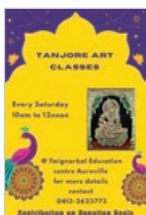
In the meantime, we continue to offer our personalized Sound Experiences. Please scan the QR Code for details.

Zech for SVARAM studio

TANJORE ART CLASSES

Every Saturday, 10am—12noon
@ Ilaignarkal Education Center

Tanjore paintings hold cultural and religious significance, originating in Tamil Nadu, India. They depict Hindu deities and mythology with vibrant colors and intricate details. The use of gold leaf adds opulence, reflecting the region’s artistic heritage. These paintings serve representations of South Indian art, preserving traditional techniques and contributing to the rich tapestry of India’s cultural history



- For more details contact 0413 2623773
- Contributions on Donation Basis

Ayyanar

RECORDING SACRED MUSIC IN A SACRED PLACE
a case study on the music of Hildegard of Bingen

Friday, 2 August, 5:30—7pm,
Svaram Atelier, 2F, Utsav building

Join Kim Cunio and Heather Lee as they unveil their latest recording of Hildegard von Bingen’s ethereal music, captured in the very place she composed nearly a millennium ago. Experience the beauty of Hildegard’s compositions, delicately crafted for women’s voices, resonating like angelic hymns ... Learn about their unique outdoor recording project, blending music with nature’s symphony.

Heather Lee: A soprano specializing in early and cross-cultural music, Heather Lee has performed at prestigious venues such as the UN and the White House. **Kim Cunio:** Composer and Head of the School of Music at ANU, Kim Cunio is recognized for his Grammy long list compositions and extensive international performances.

- For registration, please contact:
+91 8056058269, svaramprograms@auroville.org.in

Book your slots

Zech for SVARAM Team

CREATIVE WRITING

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one’s different sub-personalities, the unconscious strategies by which we sabotage ourselves and also the spontaneous resources we harbor inside to overcome obstacles and evolve.



Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.

Duration of the session: 1h30min.

- For Info and to book your session, write at ijustwannawrite.email@gmail.com

If you want to know more about me, check my blog:

<https://ijustwannawrite.com>

Let’s keep up with the good writing!

Francesca

FREEDOM OF THE BODY: DIALOGUE WITH THE CELLS

Thanks to the vision
of The Mother and Sri Aurobindo

23, 24, 25 August, 9am—1pm

@ Harmony Hall, Bharat Nivas. Please come at 8:45am

An experiential immersive workshop designed and guided by Philippe Pelen and Thierry Moucazambo from Surya Performance Lab.

A path to follow from the mind to the heart and from the heart to the body, through deep relaxation, frequencies, meditation, Pranayama, yoga, visualization, and a spontaneous natural dance. A joyful experience for the transformation of the body.

This workshop is open to all: Aurovilians, newcomers, volunteers and guests who want to discover and experiment with cellular consciousness. It is also open to participants who have attended previous workshops and want to experience deeper inner practice. Each workshop offers a different experience.

The theme of this workshop is joy, Ananda in the cells.

• Contribution:

Aurovilians, Newcomers, Volunteers: Rs. 1500
Guests: Rs. 5000

• **Contact, registration:** cirhu@auroville.org.in, +91 8300387288 WA, Bianca.

• **Registration is mandatory.**

"...All the cells of the body were athirst for that Light which wants to manifest". The Mother

For better integration and understanding, it is essential to follow the 3 days of immersive, experiential event.

Each participant should wear light, flexible clothing suitable for movement and bring a yoga mat or towel.

"Every cell of our being is a sacred temple where divinity resides and personal transformation begins by honoring this sacred presence within us."—The Mother

Philippe Pelen and Thierry Moucazambo

They are dancers, performers, choreographers, directors and energy healers from Réunion Island, a multicultural French island in the Indian Ocean, where they founded the Talipot theatre.

Coming from an island with memories of slavery and colonization, they developed a methodology, a process they called "decolonization of the body, of the cells, of the imagination and the mind."

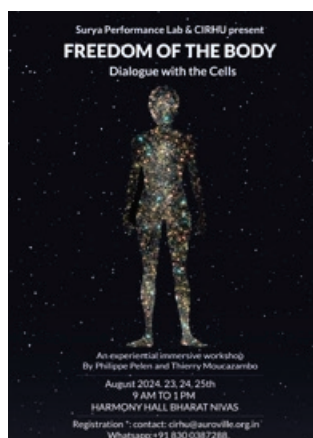
Their exploration of the actor-dancer's body has organically evolved into a transformative energy healing. They teach their method in different universities around the world, in different spiritual and artistic groups.

They have also lectured at UNESCO, created and directed 34 shows and performed in 83 countries with artists from all over the world.

Inspired by the teachings of Sri Aurobindo and The Mother, they are deeply into the Yoga of the Cells and dialogue with cells. They have been trained by Bhaga from the Auroville Laboratory of Evolution, by Barbara, and different mentors, scientists in the world and many special "First people" leaders in South Africa, New Caledonia, and Australia.

In Auroville, they founded the Surya Performance Lab and created many shows.

Philippe and Thierry
for Surya Performance Lab, 8903869078



Dear unit-holders, well-wishers and fellow community members in Auroville, our community of musicians and collaborators at Kalabhumi Music Studio, has been organizing Live music events featuring Auroville musicians and the likes from the Bioregion and other parts of India.

With the aspiration to build a thriving live music culture in Auroville, that develops as a platform for musicians to curate their music and grow, we are on the lookout for sponsors and patrons who believe in what we are doing, and would like to join us on this collective musical journey.

You can follow us on Instagram and Youtube for a recap of our programmes and upcoming events. Links and contacts below.

KGL Organising Team, Mehul & Edo
+91 9843893852, mehulk_no@auroville.org.in
[@kalabhumimusicstudio.av](https://www.instagram.com/kalabhumimusicstudio.av)

EXPLORE

WaterColor Techniques

- Wednesday & Saturday, 10am—12pm @ At Unity Pavilion
- Art with Mr. K. Janakiraman
- For more details 9443648774, 7558401106

Submitted by Arun



Sports & Martial Arts

TAI CHI HALL IN SHARNGA PRESENTS The Art Of Chi—Stevanovitch's method



Tai Chi Chuan Intensive

- 5 to 24 August, Monday to Saturday, 7:30—10:30am
- **Beginners: Chi and Tai Chi basics**

Three weeks, three steps through the discovery of the Chi work and the full 24-posture form.

Lead by Krishna, the work is essentially directed towards:

- Concentration techniques to stay focused;
- Mastery of the body through breathing and muscular relaxation; Improvement of movement through balance and coordination;
- Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

This is a recreational activity.

- **For information and booking**, contact Krishna at 0413-2623187, taichi@auroville.org.in taichi.auroville.org, www.artduchi.com

Krishna

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



Adult classes

• **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.

Children/ young students

• **Monday, Wednesday and Friday from 4 to 5 pm** (for the time being no Saturday 9 to 10am class are offered. Let's see later this year if it is possible for us to organise it...)

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan
- 83001 89062, Surya, no WA

Cristo, Rita, Surya, and Philippe for Auroville Aikido

ABHAYA MARTIAL ARTS

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.



Our regular classes

- **Monday:** MMA/Grappling 5:30pm, coach Giacomo
- **Wednesday:** MMA/Grappling 5:30pm, coach Giacomo
- **Friday:** Kickboxing 5:30pm, coach Ruben

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA. *Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.*

Submitted by Giacomo

KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Class for Beginners**
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200, Maneesh

Where Body Becomes Eyes, Maneesh For Kalari Team



KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm
◦ Monday To Saturday

All Are Welcome!

Satyakam

ULTIMATE FRISBEE

Regular Sessions

- Wednesday, Saturday, 4:30—6:30pm @ Gaia Field

No prior experience needed!

Selvi for Ultimate Frisbee Auroville Women's Team



BHARAT NIVAS PRESENTS KALARIPAYATTU CLASS

in Collaboration with Kalarigram

Bhumika Hall,
6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in, office: 0413 2622253

Monisha for BN Team



GIRL FUTSAL/ FOOTBALL CLUB

Every Wednesday at 5:10pm @ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

- Just contact Beber 6385635943 for more details

Beber



SWIMMING CLASS BY MANI

Swimming class

Swim to Serenity: Waves of Strength!

Watersport_mani

Book Now

+91 86376 33696

20% Swimming class only

- water therapy
- open water
- Oceanic
- water dance
- water movie
- swimming in pool

Package swimming class

Nature Activities

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious

VEGAN ICE CREAMS and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

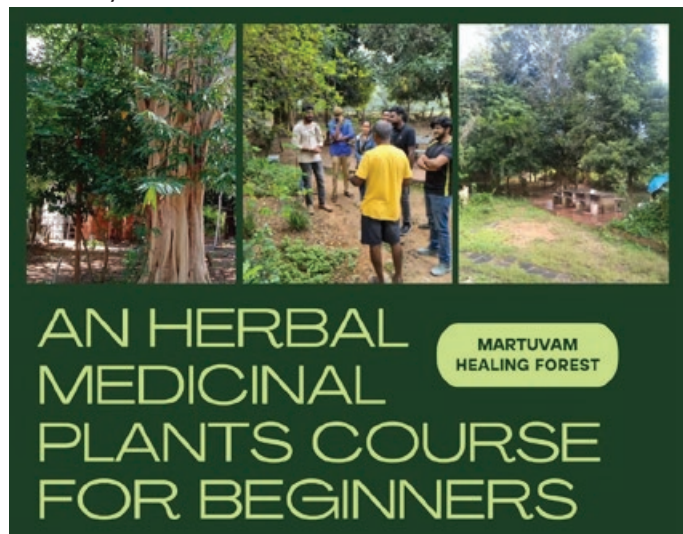
for groups of min 5 people it can happen any day of the week

Sign up and infos whats app Sarah 9047421044
myfoodforestgarden@gmail.com
myfoodforestinfo.wordpress.com
www.youtube.com/myfoodforest

HERBAL MEDICINAL PLANTS COURSE FOR BEGINNERS

Monday—Friday, 9—11:30am

Discover 35 medicinal plants and their health benefits to support your health and well-being. No prior experience is necessary.



Workshop Highlights

- **Curriculum:** Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- **Expert Guidance:** Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.
- **Contact Us:** martuvam@auroville.org.in,
 - +91 9345454232 call/ WA,
 - @ Alankuppam.

Submitted by Shivaraj

Every Saturday, 11am—1pm @ Terra Soul

Join us every Saturday from 11am to 1pm for an immersive tour of our permaculture farm in Auroville!

What to Expect: Guided tour of our lush permaculture farm, hands-on experience with sustainable practices, delicious farm-to-table lunch made from our fresh harvest, a chance to connect with Nature and like-minded individuals

- **Auroville Contact:** Juan 9443434182
- Limited spots available! Register now to secure your place before coming and step into a world of sustainability.

Follow us on Instagram @[terrasoul_community](https://www.instagram.com/terrasoul_community) for more updates and glimpses of farm life! *Juan*

Bioregion Activities

AUROVILLE BAMBOO CENTRE August Program 2024

Tours

- **Bamboo Centre Campus Tour:** Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo curated into an educational tour with bamboo tea and refreshments.
 - 11am—12:30pm, 2:30—4:30pm
 - Every day except Sunday
 - Registration one day in advance.



- **Auroville Bamboo Tour with Special Bamboo Lunch:** Book your slot and enjoy our delicious Bamboo special lunch featuring a variety of fresh, local and organic ingredients. Reserve before Friday afternoon to secure your spot.
 - 11:30am—12:30pm, every Saturday
 - **Note:** People are requested to manage their own transport & Contribution for the tour is mandatory.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily Make and Take Hands-On Workshop Experiences

- **One-Day, Make and Take Workshops**
 - 9am—12:30pm, 1:30—5pm
 - Every day except Sunday
 - Registration one day in advance.



- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then **Make and Take** the furniture piece back home. This unique workshop will take place under the guidance of an expert.

- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo centre and take home your own hand made lampshade at the end of the workshop.
- **3 Hours Make and Take Workshops**
 - 10am—12:30pm or 2:30pm—5pm
 - Every day except Sunday
 - Walk-in registration available



- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.

Upcoming Workshops & Camps, August 2024

Bamboo Product & Interior Design Workshop, Intermediate Course



- 22—24 August

This workshop focuses on small scale products and interiors making from bamboo and wood combination for example chairs, tables, shelves, lamps, etc

Bamboo Joineries, Beginner Course

- 30—31 August



The Bamboo Joineries workshop is a two day immersive learning experience that offers the opportunity to learn the fundamentals of bamboo joineries, while engaging in a unique self-inquiry in the company of an international team of mentors.

For more information, special requirement, and pre-booking contact:

Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org

or +91 8300949081, 0413 2623806, 2964727

Flexible training dates offered to groups

- **Contact:** Voice call and WA: 8300949081, <https://aurovillebamboocentre.org/>

Mani

MOHANAM PROGRAM

August 2024

Mohanam Auroville Campus

2min from Vérité,

6min from Matrimandir,

8min from Visitor's Center

Experience, Explore, Energise



Contact: preferred mohanamprogram@auroville.org.in

Call: 8300949079, 04132190757, 04132622667

Tours inside Auroville

Auroville Northwest tour

- 10:30am—1pm, every day, except Sundays

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. It is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

Mohanam Campus tour

Come and visit Mohanam Village Heritage Centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, Saree & veshti, herbal tea.

- 10am—4pm, every day, except Sundays

For both tours, 1 day advance booking is necessary.

Make & Take workshops at Mohanam Campus

- 10am—4pm, every day except Sundays

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest your inner self through various materials and form using creative technique.

- Pottery making _____ 1hrs
- Kolam Mandala Painting __ 2hrs
- Coconut shell craft _____ 3hrs
- Incense Making _____ 1,5hrs
- Lampshade Making _____ 3hrs
- Paper Marbling _____ 1hrs
- Candle making _____ 1,5hrs
- Soap making _____ 2hrs or 1 day

For all the above 1 day advance booking is necessary.

Classes at Mohanam Campus

- **Cooking Class:** Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
 - 10am—12:30pm, every Saturday
- **Saree and Veshti Experience:** Choose a saree and Veshti from a variety of beautiful sarees and Veshtis in our library. Get your traditional south Indian look with help of our women's group members who will assist you to drape/wear the saree & Veshti. You can ask us for a photoshoot as an add on, south Indian style makeover – choose between kolam & cooking for an inclusive traditional experience.
 - 10am—4pm, every day, except Sunday

August month events @ Mohanam Campus

Event	Day	Time	Pre-booking required
Indo-African Drum Circle with Dosa Night	Every Thursday, 1, 8, 16, 22, 29 August	5:30—6:30pm	
Gametime	Every Friday, 2, 9, 16, 23, 30 August	5:30—7:00pm	
Seed Symphony—Aadi Perukku	3 August	10:30am—12:30pm	
Herbal chai with Dr. Loganathan	Every Saturday, 3, 10, 17, 24, 31 August	4—6:30pm	
New Moon Ecstasy	4 August	6—7pm	
Tamil Chanting with Mr. Anandou	Every Saturday, 3, 10, 17, 24, 31 August	5:30—6:30pm	
Nila Soru—Moonlight Dinner	19 August	6:30—8:30pm	

For more information and registration for all the above August events:

Contact: preferred mohanamprogram@auroville.org.in

Call: 8300949079, 04132190757, 04132622667

Timing: 10am—4pm, Monday to Saturday

Volunteers Invitation

Join the Mohanam Team—Make a Lasting Impact!

Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis!

- We're looking for individuals with skills in:
 - Facilitation and training
 - Written Documentation and Filing
 - Administration
 - Accounting
 - Teaching kindergarten children
 - WordPress Website Management
 - Newsletter Creation
 - Film Making
 - Canva Designing
 - Digital Marketing and Promotion
 - Physical Marketing and Promotion
 - Fundraising and Grant Writing
 - Program Coordination
 - Kitchen Management
 - Campus Logistics and Maintenance
 - Team building and leadership
 - Content Writing—blogs, social media posts, program descriptions, etc.
 - Social media handling—instagram, facebook, youtube and linkedin
- **Volunteering Duration**
 - Short term volunteers—Minimum 3 months
 - Long term volunteers—Minimum 6-12 months
- **Language you must know:** English
 - Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi
- **Campus Timings:** 8:30am—5pm
- **Working Days:** Monday to Saturday. We might require you to be there on Sunday in case of special programs/events.

Do you share our passion for empowering village children, youth, artists, artisans and girls, while appreciating Tamil culture? Yes! We invite you to contribute your expertise and make a real difference in our community.

- **Benefits of Volunteering with Mohanam:** Be part of a meaningful cause, help fulfil Mother's vision of bridging Auroville and villagers, gain valuable experience and develop new skills, work in a supportive and collaborative environment, campus lunch and beverages
- **Ready to join us?** [Submit your application through this link](#) or scan the qr code and submit your application.



Let's build a brighter future together!

Upcoming at Mohanam

Mohanam Café coming soon... We welcome your suggestions related with food and cafe timings at mohanamprogram@auroville.org.in

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville: tour, retreat space, camping, temple visit, ashram, Girivalam full moon experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

- For more information, contact us: mohanamprogram@auroville.org.in, 8300949079, 04132190757, 04132622667

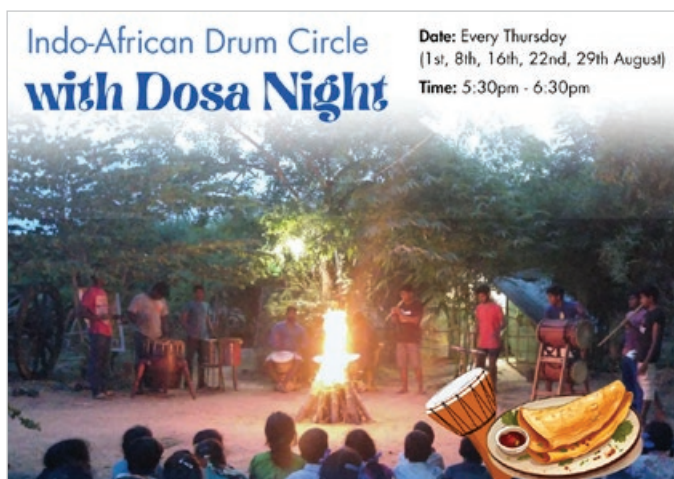
Auroville Bioregion Experience with Mohanam Team

Soul of Soil: opening the gateway to the village program for August, conscious and cultural tour, Auroville bio-region hub for art, craft and culture to bridge and promote local Tamil culture: touch, ride, feel, taste, hear, discover, experience

- Village Tour _____ 3hrs
- Munnur & Perumukkal visit _____ 6hrs
- Salt Dune & Kaluveli Tank Visit _____ 6hrs
- Bio-region Village Temple Tour _____ 6hrs (Irumbai Shiva Temple & Panchavadi Hanuman Temple)
- Navagraha Temple visit _____ 3hrs (Moratandi Navagraha Temple & Prithyangara Temple)
- Wood Fossil Visit and Quarry Shower ___ 6hrs

All above activities one day Advance booking is necessary

- **Contact:** preferred mohanamorogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- **10am—4pm, every day except Sunday** **Balu**





EGAI means GIVING takes its inspiration from the coconut tree whose entire being contributes to the betterment of its eco-system.



Youth Programs



Products



Workshops



Service and Learning

Mobile : + 91 9791896488/Email: egai@auroville.org.in
www.egai.co.in

+91 9791896488, egai@auroville.org.in











Visit our store at Auromode for products and workshops
egai@auroville.org.in / +91 9791896488

TOUR TO THIRUVANMALLAI



Again, starting a tour to Thiruvananthapuram, every Tuesday. Leaving at 6 or 6:30am from Visitors Center back at 6:30pm.
 To register: 9090819998 WA. Arabinda





Township Tour



Bioregion Tour



Fireside Drumming



Cycle Tour



Pottery Workshop



Cooking Class

+91 9159468946, enlight@auroville.org.in Anand

Craft Activities

**WELLNESS WOODCRAFT:
Carpentry & Wooden Craft Workshops**



**MAKE & TAKE WORKSHOP
Kitchenware & Home Decor**




Fri & Sat

DIY WOODWORKING
AGE: 15+ DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

(Bowl, Chopping Board, Rolling pin, Candle & Incense holder)

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects.



SPOON CARVING WORKSHOP
BEGINNER LEVEL


Basics of wood & tools
Marking & cutting
Shaping with hand tools
Sanding & finishing

Age: 15+

2 Days Make & Take workshop

WELLNESS WOODCRAFT AUROVILLE
Every Wed & Thu

DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in



DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Age: 15+

Mon & Tue

WOOD JOINERY Mortise & Tenon
BEGINNER LEVEL Half-laps
Bridle Joints
Hand & Power tools

Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests.

Woodworking can also provide a sense of community and connection with other like-minded individuals.

- **Advance booking is necessary:**
wellnesswoodcraft@auroville.org.in, +91 9952589649WA
Anand

**PAPER CRAFT WORKSHOP
@ Wellpaper, Auroville**

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.



- Contact Zeevic, +91 9385744722, 0413 2969722

Zeevic

Available

Office Spaces Available: Aurelec

A well protected 47sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco) and canteen facilities.



Conveniently located office room (around 50 sqm.) inside Aurelec premises will be available from 1 August 2024, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/2622294 or e-mail adps@auroville.org.in

Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Interested people may contact Mr. Pandian at Auromode in person, +91 99433 90391 or pandian@auroville.org.in

Pandian

Offering House & Pet Sitting

We're a married couple from Europe with a love of nature and animals big-and-small. We've been housesitting for the past 3 years and will be returning to Auroville for the fourth time from mid-December 2024 until April 2025 and are available to house sit for you and your pets.



- Contact us at benkatrin@nomadicwanderers.world and read more about us at nomadicwanderers.world. Ben & Katrin

Long Term House Sitting Available

Long Term House sitting for Aurovilians or Newcomers with contract through Housing Service. House is located in the center of Auroville. Two bedrooms, kitchen with dining space, living room, bathroom with big front and back terrace.

- Available from 18 August 2024. No pets.
- Contact through WA with some information about yourself: 9443535087

Aurora

MacBook Pro Available

Hello. Mid 2010 MacBook Pro Available. 512G storage /4G RAM. Includes Photoshop(2018), Illustrator(2019), Abelson Live 10. Minor cosmetic damage but doesn't affect performance. Perfect for basic design/music work. With original charger + a compatible charger. Price 22,000INR



Telegram/ WA: +91 6230832547, Manou

Household Items Available

- Split Air-Conditioner 2 Tonne capacity,
 - Flatscreen television Sony brand 32" size,
 - TataSky dish tv connection with equipment,
 - Home inverter with battery,
 - Aquaguard water purifier RO+UV model
- Available immediately. Please contact 9488830338 for details.

Manu

Looking For

Seeking Long Term House Sitting

My name is Pranathi. I've been in Auroville for the last 4 years (in my new-comer process) and I have housesat 9 houses in this duration. I would like to earnestly request the community to connect me with any long term Housesitting opportunities from 11 August (minimum 6 months to one year) with kitchen and bathroom attached, safe and economical for a young female. I would gladly send the reference letters/ testimonials from my previous stewards as well.



- +91 9446762034, WA, +91 7845052034 Call
- pranathi@ecofemme.org

Pranathi

Need a Second Hand Scooter or Splendor

Hello! I am Megha. I am a long-term Savi volunteer here in Auroville. I am looking to buy a second hand splendor/scooter, which should be in good condition. If anybody is willing to sell or has any leads, please get in touch with me. In case, anybody has an extra and is willing to lend it for a few months, that will be great too.



• 7005301749 WA, meghaj782@gmail.com Megha

Looking For My Cat Carrier

Dear friends I am looking for my cat carrier/ basket (dark blue and beige) which I think I lent to someone sometime in the last few months (February/ March). If you have it, or know who has it, please return it to me. *Anandamayi*



Looking for Housekeeping Work

Devi is looking for Housekeeping work. She is from Bommayapalayam. **Skills:** she is an experienced cook, taking care of the house, kids, pets and garden.

She's happy to work part-time or full-time or any weekday. If interested please call me +91 9585161245, 790420690

Giri Thirumala

Taxi Share

Friday, 2 August, to Chennai Airport and back

Taxi Sharing on Friday, 2 August, Leaving Auroville around 6pm to Chennai Airport. Sharing available both ways. Contact chandra@auroville.org.in, 7397607345



Chandra

Lost and Found

Lost Hearing Aid

Greetings all, I have lost a pair of MDHearing Neo hearing aids. I would very much like to hear again. If you find them, please contact Brian at email nairbigyg@gmail.com or +91 8489440581.



Much gratitude, Brian Gygi

Help Needed

THAMARAI LEARNING CENTRE

Needs Sports Equipment



Dear community, do you have any weights/ dumbbells, kettle bells, medicine/ strength balls, resistance bands, punching bags and or gloves etc that you are not using?

We could really make great use of these at the Thamarai Learning Centre!

To support our wellbeing activities with the children in our after-school and weekend programs, as well as for health programs with local youth and adults:

- Please contact us: thamarai@auroville.org.in or +91 9566936746 WA
- Or maybe you would like to donate for us to directly purchase this needed equipment? If so, we welcome with gratitude any contribution to FS account number: 251633

Carla, for the Thamarai Team

SUPPORT FOR GIUSEPPE

We are in need of financial support to continue to pay for the people that give their time and energy to look after Giuseppe. The food costs are also above what is received from Auroville. Any smaller or bigger contribution is most welcome.

- For contributions you may use FS ac.102518 (Giuseppe).
- For additional information, contact +91 9489601312, call or WA

Shivaya and Enrica

Work Opportunities

MATRIMANDIR DISK CLEANING TEAM

Is Looking for New Members

Type of job: industrial climbing. It is hard and dirty physical work, much cleaning and not so much climbing.

We provide education for the new people, we use Petzl equipment and guarantee total security.



- Those who want to try please contact Julie +91 82484 88732

Julie

NEW CREATION GUEST HOUSE

Manager Assistant

We are looking for someone to help in New Creation Guest House—Manager Assistant

It is a very nice opportunity for someone looking for a long-time engagement. We are here in a very good position to work on our-selves and do our karma yoga. We are looking for someone to join the team on a long term. Full time work and maintenance available.



- **Must speak Tamil**
- We are looking for someone having those qualities:
 - Empathy and understanding (customer service oriented)
 - Multi-tasking and multi skills
 - Computer skills are a must
 - Leadership and attention to detail
 - Communication
 - Operational and financial management.
 - Having a sense of service work in Auroville, understanding values of AV.
 - Flexibility in terms of work and timings

More details

- Perhaps **communication skills** are on the top of the list of what makes an excellent hotel manager;
- Having a **friendly attitude** is one of the most essential qualities of excellent hotel management.
- Having friendly and **professional** personal skills are truly a must. As a hotel manager, you are a role model;
- Having a **strong Auroville work ethic** is an essential quality in our list of qualities.
- **Hotel managers must be good organizers.**
- **Respect is everything**, in every field of work and, importantly, in hospitality.
- **In an Auroville service—Karma Yoga oriented**

To get in touch with us

- newcreationgh@auroville.org.in
- Or contact Beber 638563 5943

Beber

**ECO FEMME IS LOOKING FOR
an International Sales Coordinator!**



Would you like to join our Sales team, working with International retail customers? We are looking for a full-time member.

Skills and experience required:

- Proven experience in sales coordination or a related field.
- Competent written and verbal English communication skills with a dash of creativity
- Proficiency in Google Workspace, specifically Google Sheets, Docs, and Slides.
- Ability to speak other languages, specifically European languages, is a plus.

We are based in Auroshilpam.

Starting date: Immediate

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you! **Maha**

Honorary Voluntary

**INTEGRAL MATHEMATICS SESSIONS
looking for an Assistant**

Integral Mathematics Sessions for children is looking for kind, understanding, helping hands of integral Educators to assist during math sessions.



Requirements

Open mindset, must understand and practice Integral yoga by The Mother and Sri Aurobindo. Doesn't believe in teaching. A living joyful Being. Understanding Mathematics is an added advantage.

Working Hours:

- Wednesday, 4:30—6pm
- Thursday, from 2—5:30pm
- Friday, 2:45—3:45pm

Please write back to snehal_nc@auroville.org.in with your intentions (why you want to join), thoughts, and details. **Snehal**

AuroOrchard

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

MONDAY to SATURDAY **EMAIL:** auroorchard@auroville.org.in
7AM TO 9AM and/or **WHATSAAPP:** 9566631079 (Nidhin)
9:30AM TO 12PM

Nidhin for AuroOrchard team

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from **7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

FARM SERVICE IS LOOKING FOR VOLUNTEERS

**Mondays at 10:30am, for an interview
@ Bhumika Hall, Bharat Nivas**

Dear Friends, The Farm Service is looking for volunteers to serve in the farming sector. Interested candidates (Aurovilians) may come to the Bhumika Hall (Bharat Nivas) on Mondays at 10:30am for an interview.



Gino

**KUILAI CREATIVE CENTER
Seeks Volunteers**

We are looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English:
 - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.



Kindly contact:

- kuilaicreativecentre@auroville.org.in
- or call us 8608473385 **Selva for KCC**

INSIDE AUROVILLE

Offers consulting services voluntarily in gratis (Pro Bono) for the below areas only to registered units/activities who/which do not have a qualified and experienced in-house resource.

Focus:

- **Startups:** Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details:

Surajkiran, 9884204918 (Voice and WA),
surajkiranv@gmail.com

Balaji

Animal Care

KITTENS LOOKING FOR A HOME

Very sweet and adorable kittens looking for a home. 4 months old, Vaccinated, Dewormed, Litter trained.

They were neutered last Saturday. Now they are ready to find a forever home.

They like outdoors and indoors and eat boiled chicken/fish/vegetables with rice, plus wet cat food. They love curd. **+919503332918. Kay**



PUPPIES NEED A HOME

Dear Community, five puppies who were born in the Kriya community are looking for caring homes. About a month old, they are trusting, healthy, and eager to spread their love. Sadly we are not able to keep them here as we already have many dogs.

- If you are interested please contact
 - Nidhin at +919566631079 or
 - Daniel +972537275369 WA preferred



Kriya Community, Submitted by Aurore

MONTHLY TRANSPARENCY REPORT July 2024

As part of our commitment to transparency, we are happy to present our report for July.



Overview

- New admissions: 14 (250 since April 2023—among them 4 dumped Labradors and a Pug!)
- Rabies suspect cases: 1
- Adoptions and Releases: 2
- Vaccinations administered: 35
- ABC shelter dog sterilizations: 12 (86 since February)
- Deworming: 50
- Bravecto given: 220 doses

Donations and Newsletter

This month, our funding situation has improved thanks to several kind hearted donors who saw our calls for support and decided to open their hearts and help our shelter. Unfortunately FAMC confirmed that they will not increase their meagre funding of Rs. 50,000 for 280 shelter dogs, not now and not in future. Sadly animal care is not on their priority list.

We have started a monthly Auroville Dog Shelter Newsletter to reach our donors who are not following our social media posts directly via email and keep them updated about the many improvements and activities of our shelter. If you want to subscribe to our newsletter, please drop us a mail at aurovilledogshelter@auroville.org.in

This month, Rs. 324,596 arrived in our FS account, which includes FAMC Rs. 50,000 and also donations sent by AVI USA (USD 594.46) and AVI Germany (Euro 446.50) covering our basic monthly running costs of Rs. 3 lakh. Additionally, Rs. 148,500 in donations were received in our AV Foundation—Auroville Dog Shelter account from generous local donors which we use to purchase medicines, vaccinations and improve the shelter infrastructure. We are also very grateful for the donation of 120 kg of pedigree food, some used roof sheets which we could use to make an enclosure and also for the donation of a small quantity of rice.

Expenditures

- **Animal Food:** This month we fed our dogs 1.9 tons of rice, 2 tons of chicken, and 750 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 1.1 lakh.
- **Staff Costs:** Total staff costs for this month for our workers, paid animal care staff, 2 veterinarians, and volunteers was approx. Rs. 1 lakh this month.
- **Medical Costs:** This month we were able to buy urgently medicines and spent Rs 30,391. We were able to purchase for Rs. 96,000 urgently needed BRAVECTO medicines to keep our dogs tick free and safe from tick fever after the number of cases surged dramatically. We also acquired a small stock of vaccinations to continue offering our cost-price-vaccination service for Rs. 300 at our mobile clinic and shelter.

Acts of Dog Cruelty

We are deeply appalled by the recent surge in dog cruelty and the abandonment of pets in Auroville. This month, we received a distressing rescue call about a dog whose face had been eaten by maggots. Tragically, there was nothing we could do for this poor dog, which died minutes after our team arrived. We discovered that this dog had been chased away by people nearby Verite Community instead of being helped. Such cruelty and indifference to the suffering of other beings is unacceptable.

This month alone, we have rescued four Labradors and one tiny pug that were heartlessly abandoned in Auroville. We are actively gathering information about these animal abusers and will file legal charges. There can be no tolerance for animal abuse in Auroville.

New temporary enclosures

To address extreme overcrowding and ensure safe conditions for our dogs during the monsoon season, we have decided to construct additional dog enclosures and self-made doghouses. These measures will help protect our 280 residents through the rainy season until we can finally relocate to the new shelter. We've already completed one enclosure for a very aggressive dog, Ollie, who loves his new space!

It took us a week to manually clear a previously unused and overgrown area of the shelter, transforming it into a dog forest where we can place dog houses, fence it, and expand the living space to improve the quality of life for our beloved canine residents.

We kindly ask Aurovilians, dog lovers and AV Units to assist us with their time, energy, and donated materials to help build these new enclosures and make the shelter rain-safe before September. If you have old roof sheets, materials, cement, or strong plastic tarps, please consider donating them to the shelter. We really need your help!!!! We have a donation barrel at Old Pour Toys in Kulilpalayam to receive donations in kind like food or cloth.

Partnership with Maneka Gandhi of People for Animals

We are thrilled to announce a promising partnership with India's foremost animal activist, the esteemed Mrs. Maneka Gandhi, who is also the chairwoman of India's largest animal charity, "People for Animals." This collaboration between our animal care organizations will significantly enhance the quality of care for all animals in Auroville and the entire bioregion. Additionally, sharing valuable knowledge will greatly benefit the construction of the new Auroville Dog Shelter.

Bollywood Spotlight on Auroville's Canine Stars!

Twenty of our fabulous dogs recently shared the limelight with renowned Bollywood actress Chandrika Ravi during a film shoot at Rock Beach in Pondicherry last Friday. Chandrika Ravi, a passionate animal lover, visited our shelter with the director and crew to meet our dogs and instantly fell in love with our dog residents! She has pledged to use her platform to promote our shelter, raising awareness and funds, and is eagerly anticipating her return to Auroville for the big opening of the new Auroville Dog Shelter.

A Final Call for Auroville's Responsibility

As a city, Auroville is responsible for managing its municipal services, including the dog shelter. The shelter's operation is essential for public health, preventing the spread of diseases such as rabies and canine distemper. Additionally, it ensures community safety by managing the stray dog population through sterilization programs, while also ensuring that every animal is healthy and cared for.

Auroville has had a dog shelter since 2005, it has one now, and it must continue to have one in the future. Please support us in maintaining this vital service to keep Auroville, its residents and animals safe! We extend our heartfelt thanks to everyone for your unwavering support of the Auroville Dog Shelter.

Despite ongoing resistance, we remain optimistic and look forward to beginning construction on the new shelter soon.

Auroville Dog Shelter Team, Tine, Joseba, Arthur, Mar

Foods, Goods and Services

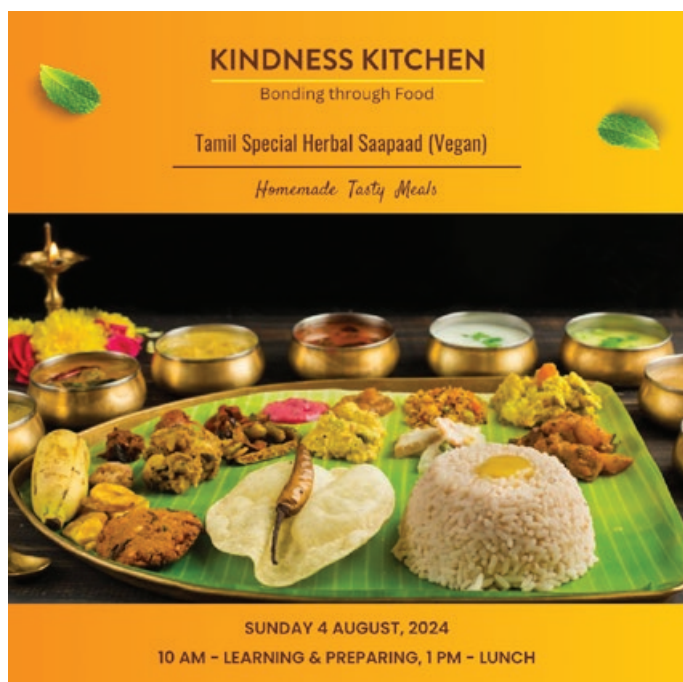
NATURELLEMENT GARDEN CAFÉ OPENING



9am—7pm, from 1 August onwards

Dear friends, Naturellement Garden Café will start opening for its regular hours 9am to 7pm from 1 August onwards. You are again welcome for an early dinner!

Last orders taken at 7 sharp, but you can then stay on at your leisure. *Chitra for Naturellement Garden Café team*



Sunday, 4 August

10am—Learning & Preparing, 1pm—Lunch

Come learn, cook, eat, laugh, chat and make heart bonds with like-minded people.

Menu—Tamil Special Herbal Saapaad (Vegan)

- Shivan Samba Rice (Traditional fragrant rice)
- Navadhanya Kara Kolumbu (Spicy tangy berry curry)
- Pirandai Thuvaiyal (Coarse Chutney made with a creep-er herb known for bone strengthening)
- Muringai Keerai Poriyal (Dry curry made of drumstick leaves)
- Paplikai Koottu (Raw Papaya cooked with lentils)
- Natu Takali Rasam (Native tomato curry)
- Appalam (Deep fried cracker)
- Tuyamalli Rice Paal Kolukattai (Rice flour & coconut milk dessert)

Hosted at the home of Nirmala & Naresh: Pushpanjali, Kottakarai, Bioregion Auroville.

To [RSVP fill this form](#) or WA +91 9223379171

Kindness Kitchen is an experiment in generosity and heart-felt connections. No prices, no strings attached. Guests are invited to contribute from the heart, not for what they received, but for those who come after. At the end, everyone has an opportunity to keep the chain alive and pay it forward with money, time or other expressions of wealth for future guests. *Nirmala Naresh*

EXCITING NEWS

from Sudha's Kitchen!

We are open from Monday—Saturday, 8am—9pm

We are open after the summer break and serving Mediterranean Cuisine for breakfast, lunch and dinner.

We are warmly welcoming you to join us and taste our fresh and delicious food.

You can find more about us on:

- Instagram Sudhaskitchenav & Dropzy app.
- Contact number: +0413 3509884, +91 7094358547
- E-mail ID: Sudhaskitchen14@gmail.com



Submitted by Sudha

PATHWAY CAFE

Bharat Nivas Pathway Cafe is happy to invite you to come and try our healthy and clean food at a very reasonable price and with a 20% discount for Aurovilians and newcomers and volunteers.

The menu includes sandwiches, Burger, Vada Pau, Bread omelet, with a variety rice and air fried French fries besides the juices and Lassi.

One can get a full lunch within Rs 100. Please come and try and encourage us. *Aravind, Bharat Nivas Team*



AVAM RESTAURANT CELEBRATES

7:30am—8:30pm all days

Free dessert on 2 August and 3 August.

Greetings from the heart of Auroville. Avam is a new restaurant in the terrace of Townhall serving international cuisine.

Celebrating two of our star team members' birthdays. Sasha, our marketing manager turns 18 years old on 2 August and Sareena let's just say growing gracefully another year on 3 August.

We would like to invite you all to come and join us in celebrating both birthdays with the newly open Avam team. Wish them a happy birthday and get a free dessert on us. 2 August and 3 August. *Meenakshi for Avam team*



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

Lakshmi for UTS Transport Service Team

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service



Please contact **Ranjith**, Aurovillian: 8610997059, subramani13@auroville.org.in. *Ranjith*

LIVELY DISCOUNT

8:30am to 5pm, Opposite Ganesh Bakery



We are having a summer discount sale at a lively discount on all kinds of clothing available to visit us from 8:30am to 5pm.

Rajavani for Lively Team

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in **Utsav Complex**. And we would always like to provide you with fast and reliable service.



Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

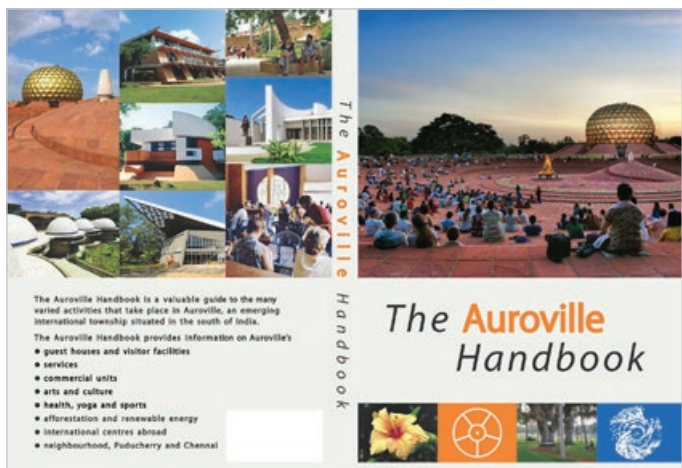
Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

• 0413 2622050, 9443211891, 9786953603

• FS account: 251263

• sarvamcomputers@auroville.org.in

Bala



Dear friends, greetings from Prisma, Auroville!

We are planning to reprint in the coming months a new version of the Auroville Handbook, which is a valuable guide to the many varied activities that take place in Auroville, an emerging international township. We will print 2000 copies, and are ready to print your full page advertisement. Meanwhile, we are happy to receive from you any suggestion, contribution or information.

Size of Advertisement: 14 x 21 cm. (Extra 3mm bleed)

• 14 x 21cm = Rs. 10,000/- (Front Inside cover)

• 14 x 21cm = Rs. 10,000/- (Back Inside cover)

• 14 x 21 cm = Rs. 7,000/- (Full page—Inside)

Please contact us:

• prisma@auroville.org.in

• 0413 2622296, 9442891912

Franz for Prisma

SATURDAY FOODLINK MARKET

Saturdays, 10am—12:30pm



Dear community, we are organising a market weekly on Saturdays between 10am and 12:30pm. Please drop by FoodLink to get freshly harvested vegetables, fruits, eggs, and milk from the Auroville farms.

Isabelle M, +91 8300 268804 Mobile and WA, [FoodLink basket order form here](#)

REDUCED-PRICE MAROMA PRODUCTS



for all Aurovilians in the Outlet Store

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is

• Located in the Maroma Campus in Aspiration

• Open 9am—5pm, Monday—Saturday.

See you there!

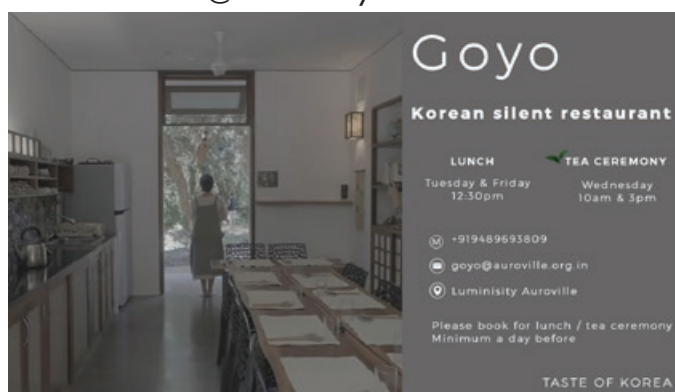
Jesse for The Maroma Team

GOYO KOREAN SILENT RESTAURANT

Lunch: Tuesday & Friday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

@ Luminosity Auroville



• Please book for lunch/ tea ceremony minimum a day before: +919489693809, goyo@auroville.org.in

Won Ja for Taste of Korea

ANITYA: COMMUNITY LUNCH
12:30 on Thursdays and Saturdays



Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

- Contribution required, (discount for AV/ NC & Volunteers)
- See you at 12:30 on Thursdays and Saturdays in our community kitchen!
Nikethana for the Anitya team

ECO FEMME



Open House every Thursday, 10:30am

Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!
Mila

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



Contact us for all your procurement needs:

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: Iyyappan

Let's simplify and optimize your sourcing process together!
Iyyappan, Surabhi Supplies

AMPERE NEXUS OPEN HOUSE

9 & 10 August, 9am—4pm

@ ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC



Dear Community Members, we warmly invite you to the launch of Ampere's latest electric scooter and other models. Experience them firsthand at our test drive event and deal directly with Ampere to avoid extra payments. Enjoy our e-scooters with exciting features like shorter charging times and longer runtime!

Contact:

- 8098776644, 9442566256, its@auroville.org.in

Highlights:

- **Test Drives:** Try out Ampere's innovative electric scooters.
- **Q&A Sessions:** Get your questions answered by our expert team.
- **Interactive Demos:** Explore the advanced features and eco-friendly benefits.
- **Special Offers:** Exclusive deals for attendees.

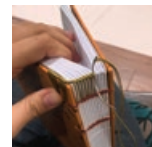
Join us to experience the future of electric mobility!

Rajesh.D
for ITS (Integrated Transport Service) Team

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilpalayam.

8940648542, Michel



DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- Download link as shown below:

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

Sathish Arumugam for Dropzy,
+91 8098144686, www.dropzy.in

TRAVEL NEWS FROM INSIDE INDIA

Tuesday, 30 July, 2024

We are always open and ready to take the hassle away from you when it comes to booking your travels, be it in and out of India, as well as Inside India itself...

You name it, we do it: Flight tickets, Bus tickets, Train tickets, Travel Insurance, Visas, transport in Taxis, even some required nights of rest if that is the case...

Our door is open from 9:30 till 4pm.

Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10:30 till 4pm, landline 2623030 (Monday to Friday). Saturdays on appointment only.

He can also be contacted anytime via mobile or WA:

- +91 9894598686 and
- by e-mail: travelshop@inside-india.com

We can also help you build the dream tour of India in general, Southern India in particular. You may send us your request by email:

- insideindia@auroville.org.in or
- insideindia@inside-india.com

Some current offers

- **Air India** has offer fare from Chennai to Milan.
- **Oman Airways** business class special offers are available on selected class from Chennai to Paris, London, Frankfurt, Milan, Munich, Zurich and Moscow except domestic and codeshare flight.
- **Malaysian Airways** and Thai airways special fare from Chennai to Seoul.
- **Aeroflot** flight offer fare is available from Delhi—Moscow—Delhi.

We are accepting both ting both Indian and International debit and credit cards, as well as UPI IDs and QR code payments at our office. #Conditions apply. And of course transfers on our Financial Service Account are very welcome...

Travel Tips:

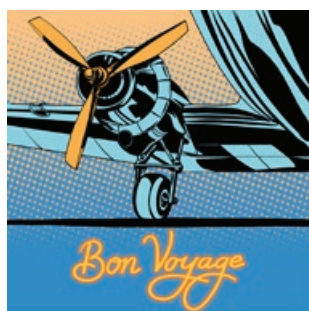
- **Srilankan Tourist Visa** 30 days single entry fees waiver scheme for citizens of China, India, Indonesia, Russia, Thailand, Malaysia, and Japan is valid until further notice. Indian Nationals can apply for E-tourist visa through the given link <https://www.srilankaevisa.lk/>
- Effective 1 July 2024, all inbound travelers to **Cambodia** will be required to submit an electronic arrival card at least seven days prior to their arrival.

Known as the 'Cambodia e-Arrival' (CeA), this initiative aims to expedite and modernise the entry process. The digital card replaces the traditional paper-based immigration form, health form and customs declaration, consolidating them into a single, convenient online portal.

Travelers can access the e-Arrival system through two channels:

Official Website: The official government website, <https://arrival.gov.kh/>, allows for online submission of the e-Arrival card.

Mobile App: The Cambodia e-Arrival app is available on the Apple App Store and Google Play Store. It offers a convenient mobile platform for completing the e-Arrival card.



- The Embassy of India in Bangkok, **Thailand**, issued a press release stating that the Government of India has announced a visa fee exemption scheme (e-Tourist visa) for ordinary Thai passport holders. The exemption applies to e-Tourist visas and will be effective from July 1 to December 31, 2024.

The new scheme allows Thai tourists to visit India for up to 30 days with double entry without paying any visa fees. However, e-Tourist visas must still be applied for in advance through the designated website:

<https://indianvisaonline.gov.in/evisa/tvoa.html>.

- Important Notice for travelers applying for **Schengen visa** in West & South India.
 - For families applying together, it is permitted for just one of the parents to book an appointment slot under their name and for the rest of the family members to accompany them on the same appointment booking/ appointment letter.
 - Your familial relation must be verified via your passport, child's birth certificate, marriage certificate.
 - As per directive received from the Belgium Consulate in Mumbai, a family would be considered as Husband, Wife & their children under the age of 25 only. Visa Application Centre's would not permit entry to additional familial relations/ accompanies such as grandparents, siblings, house help, nanny etc. unless they have their individual appointment booking/ letter.
 - Travelers from West and South India who wish to apply for a Belgium visa under the below mentioned category can walk-in to their respective Visa Application Centre in the jurisdiction of the Belgium Consulate in Mumbai and do not need to book an appointment.

Several travellers were "boarding denied" as check-in staff didn't accept the e-FRRO Stay Visa as valid document without backed it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available anymore, take at least a photocopy of the original Visa.

- Also, [this LINK will tell you](#) all that you need to know about Flight delays and/or cancellations.

And be aware that Corona is NOT fully dead yet so some places may have some new "relaxed" restrictions mostly regarding the usage of masks in public places... this map will show you the "official" stands of most countries in the world but it might be good to search the specifics of the countries you are planning to visit before hand...

- Finally, [this LINK can be useful too](#) in case you are traveling on your own... or not...

*Thanks a lot to all of you who already trusted us.
Have a great week...*

*Priyal, Rima, Olivier
for Inside India New Team*

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec.

If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in
newwavesauroville@gmail.com



- **Office open afternoons only**
Monday to Saturday, 2—5pm

Submitted by Dhanda

HAIRDRESSER

Hairdresser. For you and/ or your child's next haircut: inspired, striving-for-the-perfect, 12 yrs young artist Ahana looks after you and/ or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de



Ulrike

RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, DTH, Security Camera
Electrical Works	Wiring & Meter box, Lights, Switches & Sockets, Motion sensor.

- **Contact:** + 91 8270071581/ +91 7639810621
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rscrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

For Rapid Care,
Balaji & Arun

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi. Please book sessions in advance.

- **Monday to Saturday, 10am—5pm @ Creativity.**

Thai Massage

- **Monday—Saturday, 9am—5pm.**

To book massage sessions or for more information, please contact me personally.

Tailoring

We can tailor and customize any kinds of dresses, saris, blouses and kurtas.

- **Contact:** Phone/WA 8098845200,
rupavathijoy@gmail.com

Rupavathi Joy

FREESTORE

Invites you to Participate



Dear Community members, as many of you would know, the Freestore was conceived since the inception of Auroville. By divine grace, we at the Freestore continue to serve in the joyful spirit of free sharing as a community. We invite you again to be a part of our joyful journey together!

You can do that by participating in our free exchange concept of items like clothes, accessories, and many more by giving what you don't use any longer and taking what you find useful. Volunteer your services by helping us check, display beautiful items, interact, care, and create in so many unique ways.

Do join, share and care along with us at the free store.

For the freestore team,
at her service, Kamala

Poetry

IN A DREAM I MEET

In a dream I meet
my dead friend. He has,
I know, gone long and far,
and yet he is the same
for the dead are changeless.
They grow no older.
It is I who have changed,
grown strange to what I was.
Yet I, the changed one,
ask: "How you been?"
He grins and looks at me.
"I been eating peaches
off some mighty fine trees."

Wendell Berry

THE CHILDREN

The children
Dressed differently
In skins and skirts
Walk across fields of play
Hand in hand.
A seamless view.

With joyful Gratitude,
Anandi Z.

Voices and Notes

THE CORE VISION-GOAL BEHIND HUMAN UNITY IN AUROVILLE

In the context of the Core Vision-Goal of Auroville, we can clearly see the dilemma from the ongoing contrasting narratives of Human Unity that must be properly understood and harmonised in accordance with the Integral Supramental Yoga of our Avatar founders Sri Aurobindo and the Mother:

Human Unity only to maintain the old pitiful ways of the transitional mental human being

Human Unity to prepare for the advent of the new apex species the Supramental being

Do you see the glaring distinction?

Thus the Integral Supramental Vision-Goal must be properly understood, especially for all invited participants who are seriously engaging in Auroville. Otherwise the undivine false-separative mental call for Human Unity is hollow, dispersed, without cohesion, without the Unifying Power and Spirit of the Supramental, the Divine Truth-Unity Consciousness-Force.

Please read again and again, and understand deeply Auroville's Three Core Ideals in their integrality for proper application in conscious action:

<https://auroville.org/page/core-documents>

On March 10, 1972, four years after Auroville's inauguration and after an intense symbolic event that happened in the community, similar to the intense collective churnings Auroville is now experiencing, the Mother again reminded and warned the invited participants their Core Purpose for being in Her City of Dawn:

"I could put it this way: it's either progress, or death. Each and everyone must, must absolutely progress, make the required progress, or else... (gesture of dissolution).

That fire was symbolic—I suppose you know about it: there's been a terrible fire.

(R.:) Yes, yes. And I wanted to know what is the symbolic significance.

You see, we preach Unity, we say that humanity must be one, that all efforts must join together for the general progress, **for the advent of the Supramental...** but everyone pulls as hard as he can in his own direction. That's the situation.

So I wanted to tell all of you, "Practice what you say, or you will cease to exist."

One has no right to preach unity to the world when one gives such an example of utter division.... That's all. It's quite simple, so simple that a child could understand—but THEY don't understand."

<https://incarnateword.in/agenda/13/march-10-1972>

And with that the crucial question: "How can each invited participant understand?"

Again, the succinct and integral answers we can find in our Three Core Ideals which include the following:

"**The first necessity** is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. **At the centre there is a being free, vast and knowing, who awaits our discovery** and who ought to become the active centre of our being and our life in Auroville. ...

The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.

Little by little it will be revealed to us what this new species must be, and meanwhile, **the best course is to consecrate oneself entirely to the Divine.**"

And the result of that faithful consecration is the Self-realisation of our fundamental Unity in Diversity, that underneath our multitudinous facade of differences, our seeming separative superficial appearances, We are All this One unfolding movement co-evolving towards the Life Divine.

With Matrimandir symbolising the Group Soul of Auroville and the Seat of the Supreme Divine Mother MahaShakti who Sri Aurobindo has fully revealed in His book '[The Mother](#)', we continue on in our fundamental unity with the Core Vision-Goal of this City of Dawn as willing servitors and Hero Warriors in the Sunlit Path of Bhakti to the MahaShakti towards the Divine Manifestation of the new apex species the Supramental being...

Zech, 2024.07.29

<https://zechjoya.blogspot.com/>

SVADHARMA:

Foundations of a Spiritualised Society

In referring to ancient India, Sri Aurobindo refers to a state of society that was a beginning of the ideal society. Focusing upon that spiritualised society as a preliminary attempt, "*Immortal India—Towards the Ideal Society*" contained a selection of Sri Aurobindo's texts on *chaturvarna*: the ethical and societal perfection inherent to the fulfillment of the four *varnas* (orders of society) required to be lived by each individual, as the "*Bhagavad Gita*" demands; this Vedantic canon contains the essence of perfection, individual and collective, and the last section of this book presented extracts from "*Essays on the Gita*" by Sri Aurobindo. The four *varnas* or social classes were intended as service—and not as the political, social or cultural domineering of one class over the others. To whatever *varna* one belonged, *moksha* was the ultimate aim of life: liberation, Self-realization. This being the goal, serving society according to one's *varna* played an essential role.



Those were the foundations of a democratic society in the etymological sense of the word—government by the people—where *dharma* was equally binding for all and even the king was a servant. If he betrayed the people and the *dharma*, the king could be killed "*like a rabid dog*" Sri Aurobindo points out, quoting Manu the legislator. The individuals' perfection manifested also as *svadharma*, *svabhava* and *adhikara*: fulfilling, respectively, one's *dharma*, natural predisposition and spiritual urge.

The reasons for the decline and the modes of resurgence of the soul and genius of India, land of the *sanatana dharma* or 'eternal religion', were also examined.

Mother India, *Bharata Mata*, "the guru of nations", is the country hosting Auroville.

Submitted by Paulette

In 1997, with a grant from the Government of India, I published "*Immortal India—Towards the Ideal Society*", under the sponsorship of the Sri Aurobindo 125th Birth Anniversary Group. Significantly, the book was presented on behalf of the Centre for Indian Culture. A Summary of the various chapters was included, stringing together statements by Sri Aurobindo, and a Sanskrit Glossary. This first publication was funded in the perspective of Auroville as the ideal society the Mother' envisions. Above is an excerpt from the Preface.

Classes, Workshops & Healing Arts

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.






Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.


Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).


- For more details see www.innersightav.org or contact Kardash on 9940934875 WA. Kardash

**ANGAM TREE
Wellness Hut**

Ayurvedic Massage Head and Foot Massage



Sound Healing
 **+91 97513 95939**

Submitted by Raja

**AWARENESS
Through the Body**

**Awareness Through the Body
intro & exploration**



with Vega & Honor
3rd August (Sat) 9.30am - 12.30pm
 advance registration required:
dancingtree.smile@gmail.com
 whatsapp: 9159856148

It will take place in Transition School.
[ATB registration. 3 August, 2024, Google Forms](#)

Submitted by Vega

QUIET HEALING CENTER



Watsu Yoga Round with Ellie & Fred

• **Thursday, 1 August, 3—6:30pm**

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being. While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!

• **Prerequisites:** no previous experience required (also no need to know how to swim).

Watsu Basic with Fred

• **Saturday, 3 & Sunday, 4 August, 8:45am—6:30pm**

In this 2-day course, you'll be introduced to the basics of Watsu, an aquatic bodywork modality that offers a wonderful opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, and—ultimately—for freeing body and mind in a flow unique to each person. You'll learn and practice Watsu's basic series of movements, body mechanics, and qualities, which are required to securely support and move another person in water. You'll experience floating others and being floated on the surface, thereby creating space for deep relaxation of body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

• **Prerequisites:** no previous experience required (also no need to know how to swim).

WOGA (Yoga in Water) Class w/ Friederike & Tamara

• **Friday, 9 August, 4:30—6pm**

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.

The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

• **Prerequisites:** no previous experience required (also no need to know how to swim!).

OBA Basic—Liquid Joy with Fred

• **Saturday, 10 & Sunday, 11 August, 8:45am—6:30pm**

OBA (Oceanic Bodywork Aqua) is an aquatic bodywork modality developed in the mid 80's. It combines elements of light movements, stretching, massage, and joint mobilisation in connection with breathing and energy work conducted both on the surface and under water.

In this 2-day course, you'll learn a series of simple movements both on the surface (with and without cushion and pool noodles) as well as under water (with a nose clip), which you'll be able to share with friends and relatives afterwards. You'll also practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water. At the same time, you'll experience floating others and being floated both on the surface and underwater, thereby creating space for deep relaxation and nurturing body, mind and spirit.

• **Prerequisites:** no previous experience required (also no need to know how to swim).

OBA 1—Fluid Body with Fred

• Monday, 13—Sunday, 18 August, 8:45am—6:30pm

In this 6-day course, you'll learn to combine elements of soft stretching, aquatic deep tissue massage, and joint release, as well as energy and breath work in a unique way above and underwater (with a nose clip). You'll also be introduced to a fluid sequence, including especially designed movements, which allow the whole spine to swing and energy to flow. OBA 1 focuses mainly on underwater movements, which are both emotionally revealing and deeply relaxing. You'll also learn more about your own body mechanics and how to support and move each person as effortlessly as possible. At the end of this 50-hour course, you will be able to offer friends and acquaintances a complete OBA session.



• **Prerequisites:** OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

WOGA (Yoga in Water) 1 & 2 with Pooja

• Wednesday, 28 & Thursday, 29 August
8:45am—6:30pm

Yoga in water is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Focus of Woga 1&2 is Hatha Yoga in water (asanas in standing position, on the wall, and in floating position), pranayama and meditation. Woga sessions are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period; the difference is that you are in a warm water pool!



Thanks to decrease in gravity, water allows greater ease of movement, unblocks articulations, lengthens and melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

• **Prerequisites:** no previous experience required (also no need to know how to swim).

Watsu Basic with Pooja

• Friday, 30 & Saturday, 31 August, 8:45am—6:30pm

In this 2-day course, you'll be introduced to the basics of Watsu, an aquatic bodywork modality that offers a wonderful opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, and—ultimately—for freeing body and mind in a flow unique to each person. You'll learn and practice Watsu's basic series of movements, body mechanics, and qualities, which are required to securely support and move another person in water. You'll experience floating others and being floated on the surface, thereby creating space for deep relaxation of body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.



• **Prerequisites:** no previous experience required (also no need to know how to swim).

Guido for Quiet Healing Center, +91 9488084966
www.quiethealingcenter.info/ quiet@auroville.org.in

ACROYOGA

- For guests and beginners on appointment only,
- Monday, Wednesday, Friday, 1am—12:15pm or 3—4:15 pm
- Contact +91 9047722740 WA



Damien

AUROMODE YOGA SPACE

August 2024 Schedule

Registration a must for all the programs. Email or WA us to know about the fee structure and other details.

balaganesh.siva@gmail.com

+91 9892699804 WA only

Vinyasa Flow Yoga with Bala—August 2024

Traditional yoga practices are characterized by discipline, and Bala believes in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice every day of the week except Wednesdays.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

Friday, Saturday & Sunday
Time - 5 30 pm to 7 00 pm

Registration must

Please WA to know information about cost and other details

Auromode Yoga Space

Email - balaganesh.siva@gmail.com WA + 91 98926 99804



Fusion of Time: Dynamic Mobility - August 2024

Inspired by the ancient martial art forms of Kalaripayattu and Karalakatti, contemporary styles of yoga, and the modern movement practice of Animal Flow, this class offers a comprehensive approach to fitness. Our sessions are designed to improve overall fitness, strength, endurance, and flexibility.

Bala, a seasoned practitioner of these mixed modalities, will guide you through an hour-long exploration and fusion of these traditions to create a unique style of body conditioning aimed at enhancing your overall health and happiness.

Join us to transform your body and mind through this innovative fusion of time-honored practices.

Monday, Wednesday & Friday
Time - 10 00 am to 11 00 am

Registration must - Please WA to know information

Auromode Yoga Space

Email - balaganesh.siva@gmail.com
WA + 91 98926 99804



Talk Announcement: Discovering Tamil Literature Series—Kamba Ramayanam

• Saturday, 10 August, 4—5pm

அறம் வெல்லும் பாவம் தோற்கும்

Dharma shall prevail and unjust will fail

This profound statement encapsulates the essence of the Kamba Ramayanam. Join us as we delve into the nuances of Tamil poet Kambar's epic poem, Ramayanam. Through this talk, we will explore Kambar's reflections on various philosophies of yoga, lifestyle, and other Tamil traditions that inspire and motivate us to embody a Dharmic lifestyle.



Why Attend?

This talk aims to introduce the philosophical, social, and cultural messages from the Kamba Ramayanam to a broader audience, particularly the Western world, where such knowledge is not widely available. It serves as an introduction to the rich poetry and literature of Tamil traditions and cultures.

Join us for an enlightening evening and immerse yourself in the beauty and wisdom of the Kamba Ramayanam.

August 2024 Schedule

Day	Time	Description
Monday, Wednesday & Friday	10—11am	Fusion of Time: Dynamic Mobility
Friday, Saturday and Sunday	5:30—7pm	Vinyasa flow Yoga—Asanas, Pranayama & Meditation
10 August, Saturday	4—5pm	Tamil Literature Series—Kamba Ramayanam
1—22 August, except Sundays	6:30—9:30am & 3:30—7pm	200 Hr Vinyasa Flow Yoga TTC

Submitted by Bala

Introduction to Meditation and the Integral Yoga
Finding the Psychic Being

Free 7 week Course
The ABC of Meditation and Inner discovery
5.30pm (open to all)

7th August
 Auroville
 SAIER Conference Hall
 Wednesday and Saturdays
Whatsapp: + 91 93615 91906

Submitted by Pedro

Regeneration Listening Circle:
Mondays 6:00 am & Wednesdays 5:00 pm
Session duration: 1.5 h

Limited seating. Location will be shared after your reservation under +49 1638041124 WA *Nadim*

BHARAT NIVAS PRESENTS

Integral Healing

Integral Healing
 Light of Ayurveda and guidance of Mother and Sri Aurobindo

5:45 pm— 6:55 pm
Every Wednesday
 From 01 May 2024

Venue:
 Bhumika Hall,
 Bharat Nivas, Auroville

Workshop by **DR. GEETA AUROPREMI**
 - Brief introduction of Ayurveda
 - Swasthya, Aswasthya
 - Dosh, prakriti
 - Some herbs
 - Lifestyle

₹.550 for guest / ₹.350 for Volunteer (savi Id)

Brief introduction of Ayurveda, Swasthya, Aswasthya, Dosh, Prakriti, Some herbs, Lifestyle

Enquiry Contact Monisha +91 8489347454

Monisha for BN Team

MINDFULNESS

for Stress Reduction (MBSR)

- Tuesday 5—7pm, starting 30 July
- 8 week course

The Mindfulness Based Stress Reduction (MBSR) course is considered the gold standard in mindfulness meditation globally, with a growing body of research supporting its wide-ranging health & well-being benefits. It synthesises ancient Eastern spiritual practices with emerging findings from neuroscience, positive psychology & Mind-Body Medicine.



The course has been found to improve participants' ability to cope with the stresses of everyday life—giving space to respond rather than react. Research has found it can help with anxiety & depression, management of chronic pain, diabetes, lowering blood sugar levels, and reducing menopausal symptoms. It can also improve emotional regulation; increase attention, focus & memory; and plant inner seeds of happiness, resilience, kindness & acceptance. It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice. It is run by Helen, an Aurovilian and qualified MBSR teacher.

- The course is run over 8 weekly sessions. Sessions will be held 5—7pm on Tuesdays for 8 weeks from 30 July to 16 September. The course will be held at Maloka, Anitya community.
- Pre-registration is required.
- Please WA Helen on 7094753054 to book or visit innersightav.org

Submitted by Helen

A SATSANG on the Integral Yoga



Tuesdays and Thursdays, 5:30—7pm

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

“The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.” —The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

- Facilitated by Zech Joya
- **Venue:** Conference Room, G/F SAIER Building, Town Hall Complex, or at an agreed upon venue in Auroville
- **By appointment only:** please call 8300191193

[Please click this link for details](#) or scan the above QR Code. Also check Zech’s Weekly Sharings:

- <https://zechjoya.blogspot.com>

Or scan the QR Code on the right

Zech



FREEDOM OF THE BODY

16, 17, 18 August, 9am—1 pm, @ Harmony Hall
Bharat Nivas

We would like to thank all the participants who attended the wonderful ‘Freedom of the Body’ workshop at Harmony Hall in June. It was truly an amazing transformational experience for everyone. We experienced a dialogue with the cells through deep meditation, deep relaxation and natural spontaneous dance. Many visualizations and exercises helped us to connect with the cells, listen to them and explore cellular memories. Cellular consciousness is definitely the last great and urgent adventure, as Mother said.



It was a great joy for Thierry and I to welcome you, to share with you, to guide you in this adventure, with Mother’s presence and blessings.

Special thanks to Bianca and Sajiv for their great support with the organization.

Special thanks to Bianca and Sajiv for their great support with the organization.

- **The next and new workshop Freedom of the Body** will be held 16, 17, 18 August, 9am—1 pm, @ Harmony Hall Bharat Nivas

It will be a joyful and wonderful experience in the powerful energy of Sri Aurobindo’s birthday and Mother’s blessings. The workshop is open to all. It is always a new experience with different programs.

- **Registrations** are open. Please contact CIRHU/ Bianca at: cirhu@auroville.org.in/ +918300387288

Philippe and Thierry, Surya Performance Lab

VÉRITÉ

Please contact Vérité @ 0413 2622045,
2622606, 9363624083

or programming@verite.in, www.verite.in



Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Vinyasa Yoga	9:15—10:15am	Ramya
	Open Heart Space Meditation	5—6pm	Samrat
Wednesdays	Hatha Vinyasa Yoga	5—6pm	Andres
	Kirtan: Songs for Your Soul. Contributions are voluntary (no class 14 August)	5—6pm	Mamta
Thursdays	Vinyasa Yoga	7:30—8:30am	Ramya
	Face & Eye Yoga (no class 15 August)	5—6pm	Mamta
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga Breath & Meditation Practice for Beginners	9:15—10:15am	Mamta
	Free Flow Dance & Movement (no class 9 August)	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Sivananda Yoga	5—6pm	Mani
	Deep Sound Bath (no class 10 August)	5—6pm	Satyayuga

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 3 August	Awareness Through the Body: Exploration of the Element Space	9:15am—12pm	Amir
Saturday, 3 August	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Saturday, 10 August	Introduction to Ayurveda & Panchakarma	2—4:30pm	Dr. Geeta
Saturday, 17 August	The Path of Yoga Nidra: Insights and Practice for Deep Relaxation	9:15am—12pm	Ramya
Saturday, 17 August	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Saturday, 24 August	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 24 August	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Saturday, 24 August	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Saturday, 31 August	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi

Awareness Through the Body: Exploration of the Element Space with Amir

• Saturday, 3 August, 9:15am—12pm

Awareness through the body (ATB) facilitates a space for introspection to reconnect with oneself, by exploring tools and giving opportunities for inner discovery. ATB offers a means to increase our capacity to be present. ATB is an eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga. In this session, we will explore the element of Space to cultivate contact with oneself and the world in a more intimate way.

Food is Medicine: Lifestyle Health Practices with Parvathi

• Saturday, 3 August, 2—4pm

Learn about your body’s constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Introduction to Ayurveda & Panchakarma w/ Dr. Geeta

• Saturday, 10 August, 2—4:30pm

This workshop takes you along the journey of Ayurveda, the ancient Indian medical system and Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn the appropriate use of and principles behind the following practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Face & Neck Massage	Mamta
Biodynamic Craniosacral Therapy	Mila
Food is Medicine: Lifestyle Health Practices Consultation	Parvathi
Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs	Parvathi
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

Kathir for Vérité Programming

ARKA

**Wellness Center & Multipurpose Hall
Regular Activities, August**

For any details and queries, you can contact us
arka@auroville.org.in & 0413 2623799



Treatments

Treatment	Therapist	When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 0413 2623767 antarcalli@yahoo.fr
Chinese Fire Cupping and Moxibustion Therapy	Chun	Monday to Saturday by Appointment 8098900708

Classes

Classes	Teacher	When
Pilates	Teresa	Tuesday & Thursday, 7:30—8:30am, Friday, 5:30—6:30pm, by Appointment: 7867998952

Submitted by Ramana for Arka



The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)

Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/flowers also available.) Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. The ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/WA +91 9385428400

Submitted by Isha

**SOUND THERAPY & SELF HEALING,
2 in 1 Session**

Rejuvenating soundbath combined with breathing techniques for maximum benefits.



• First, by immersing yourself in the vibrations from a sound bed—which will travel through your body to the organ chosen for healing—accompanied by musical instruments (gong, singing bowls, etc.) and vocals, you will start to connect with your body's consciousness.

• Second, by performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

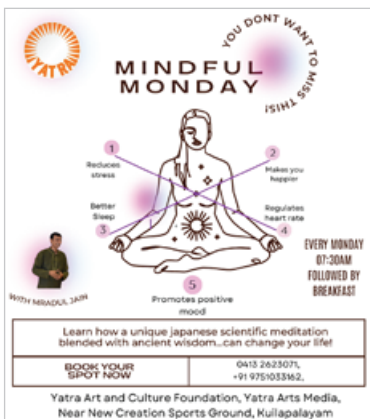
• If this resonates with you, then please contact 9385428400 call/ WA to book your session today!

• Donation Based Submitted by Isha

MINDFUL MONDAY

Every Monday, 7:30am, followed by breakfast

You don't want to miss this! Learn how a unique Japanese scientific meditation blended with ancient wisdom... That can change your life! Reduces stress, better sleep, makes you happier, regulates heart rate, promotes positive mood.



Book your spot now: Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kulapalayam

• 0413 2623071, +91 9751033162 Yatra Srinivasan

**TRADITIONAL MANTRAS AND STOTRAS
Chanting Classes**

@ Serendipity Community with Sonia Novaes
Fridays, 5pm, Regular Class



serendipityauroville@gmail.com +91 8940288090 Sonia

It Matters

Schedule from 1 to 10 August

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
- **Info:** Instagram @auroville.curated All activities are Rs./600 for guests, Rs./150 for Aurovilians/ Volunteers. Discount vouchers available.



Date	Activity
1 August, Thursday, 5:30—6:30pm	Mandala Drawing with Thamizh
2 August, Friday, 5:30—6:30pm	Kollywood Dance with Pranathi
3 August, Saturday, 2—3:30pm	Sencha Style Tea Ceremony with Isha
3 August, Saturday, 4:30—5:30pm	Psychology and Mantric Poetry with Matthias
5 August, Monday, 5:30—6:30 pm	Taichi, The way of the Leaf with Kaarthikeyan Kirubhakaran
8 August, Thursday, 10:30—11:30am	Mehandi Designs Workshop with Varsha pawar
8 August, Thursday 5:30—6:30pm	Mandala Drawing with Thamizh
9 August, Friday, 5:30—6:30pm	Kollywood Dance with Pranathi
10 August, Saturday, 2—3.30pm	Sencha Style Tea Ceremony with Isha
10 August, Saturday, 4:30—5:30pm	Psychology and Mantric Poetry with Matthias

* extra fees for material may be applicable, please check website Bhakti and Sandra

DETOX YOUR MIND

& Breathe Heal your Body

- **Scientific Meditation with sound healing for distress Mind Body and Soul.** Experience exclusive sound frequencies created by a Japanese Scientist.
 - Monday, Wednesday, Friday, 7—8:30am
 - Advance registration required
- **One To One Health & Wellness Therapy.** Anxiety, Depression, Mental Disorders, Sleep disorder Emotional Blockage Sensory Development
 - Pre appointment is required
- **Analysis of Multiple Intelligence using Scientific Neuroscience Tools.** Eligibility: Anyone from 6 years to 60 years of age: pre appointment is required
- **Conscious Circle & Chanting**
 - Tuesday, 6:30—7:30pm
 - Reserve your space in advance



Yatra Srinivasan,
Near New Creation Sports Ground,
0413 2623071, +91 9751033162,
<https://www.yatraarts.org/>,
<https://www.yatraartsmedia.org/>

Languages

ITALIAN CLASS

Hello! If you want to learn Italian from scratch or have already studied it but would like to continue practicing it, know that Francesca will start giving individual or group lessons from now! And because Francesca is intimately connected to the world of art and culture, the lessons will not only explore the use of the Italian language but will be an enjoyable introduction to different aspects of Italian culture, art and history. If you'd like to practice your Italian with me, this is the email avgateofdreams@gmail.com.



Arrivederci! Francesca

BOLSTERING ENGLISH

Native English speaker happily offers facilitation for English reading, speaking and composition.

Individual or small group sessions are for those connected to Auroville who already can read, write and speak English with adequate comprehension, and who wish to practice for presentations or performance or simply for clearer conversation. We can include rhythm, nuanced expression, and some dialects, if wished.



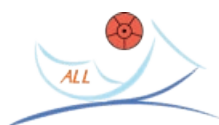
- Also inviting anyone at any level for SAVITRI.
- Scheduling is as-you-wish: long or short session(s); long or short intervals between sessions.

Patricia, 0413 2623750, pat@auroville.org.in

NEWS

from Auroville Language Lab

Please remember to put your mobile phones on flight mode and switch off all wireless and blue-tooth devices before you enter the Lab. We are a wireless-free space!



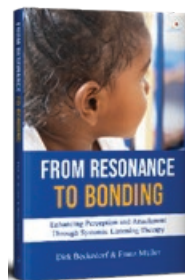
Evening Programs!

From 1 February 2024, we launched a new experiment. The Language Lab extended its opening hours from 5pm—6pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, poetry readings as well as self-learning and guided study in different languages with our mediatheque.

This program is free of cost to everyone; Aurovilians, Newcomers, Volunteers, Guests, and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests, are welcome to join. Come share your language with others!

People have started to come back. **Sanskrit Chanting, Spanish, French and English Conversation Practice sessions** are happening on Mondays, Tuesdays, Wednesdays and Thursdays, 5—6pm, respectively. For the English conversation sessions, the focus continues to be on the Auroville Charter and The Dream. All are welcome to these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WA message to +91 98430 30355. *You don't need to be a teacher; you simply should enjoy conversing with others and offer yourself for conversation practice. Incidentally, age no bar!*



Our first full-length publication

We are thrilled to announce that the long-awaited printed copies have finally arrived!!! They are now on sale at the Lab and will be available soon at other outlets, and at the Auroville Library. Please come to the Lab, have a look, and pick up your copy!

- Order through our website: <https://books.aurovillelanguagelab.org/>

You can access the detailed Table of Contents, as well as 2.5 chapters [of the actual book for free here](#), before deciding to buy the paperback or order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb. The book holds deep insights for anyone working in the field of education.

We are delighted to announce that our website has been updated and is now online. We warmly invite you to visit and explore the new features and services we have added.

Tomatis

Please contact 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations. In case you wrote earlier but haven't heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/alfred-tomatis-method/>
- <https://www.aurovillelanguagelab.org/tomatis-presentation/>
- <https://www.aurovillelanguagelab.org/tomatis-kids/>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

New Language Courses at ALL

- Registration for all classes: info@aurovillelanguagelab.org, +91 9843030355 WA

Beyond Language: Breath

Attune to one of the world's oldest instruments, the Didgeridoo, with classes guided by Sunny at Auroville Language Lab. Discover the art of circular breathing and enhance your well-being through this ancient practice. (One month)

- Starting from 6 August
- Tuesday & Thursday, 4:45—5:45pm

French Conversation with Yanis beginner and intermediate levels

- Friday, 4:20—5:20pm & Saturday, 10—11am

We're delighted to welcome YANIS, of Romanian and French origin, who will offer French conversation for beginner and intermediate levels. Yanis is 23 years old and loves meeting people. He's very dynamic, creative, and extremely motivated to teach French conversation. It would give him great pleasure to help people learn to speak French. Whatever your level of spoken French, come, and we'll see if the group can be managed together, or divided into two levels.

Level Up! Intermediate German Course with Ben

- Tuesday & Saturday, 9:30—11am

Open to all who want to improve their speaking skills, prepare for the A1 or A2 exams, or refine their understanding of grammar. Professional practice books are used.

Intensive German class with Ben, level A2

- Mondays and Wednesdays, 9:30 to 11am

Drop-in possible. We'll concentrate on an effective way to improve your German skills, with a focus on free speaking, especially for those who want to go abroad and feel more secure with conversation and comprehension.

Spanish Beginner Class with Mila

- Mondays & Wednesdays, 2:30—3:30pm

A journey of language and culture with our dynamic Spanish beginner class, guided by our long-time language teacher from Spain. The class has started; hurry and join.

Tamil Reading & Writing and also Spoken Intermediate with Murugesan

We welcome back our other Tamil teacher, Murugesan. His daughter is fine now, (many in Auroville know the story), so he is happy to re-start teaching at the Lab. He will offer one class of Intermediate Tamil as well as another class specifically focussed on learning to read and write Tamil. Both classes will be an hour each.

- Saturdays, 9—10am and 3—4pm
- The classes have not started yet. Registration is still open.
- Murugesan is also available for individual private classes in Tamil on Saturdays. All sessions to be booked in advance.

Tamil Beginner Course with Saravanan

- Tuesdays and Fridays, 9:30—10:30am

Catch up on Tamil sounds, learn basic grammar, and gain confidence in conversational Tamil. Our fun, interactive lessons and supportive environment make it easy and enjoyable.

The class has started; it is a very nice group; join now else you'll have to wait for the next round.

Experience the magic of Persian Language and Poetry

- Thursday 4—5:30pm (Note the change in timing!)

Explore the rich culture of Persia with Anita, from Iran, who studies ancient history and myths. Learn about famous poets like Rumi and Khayyam, and discover the stories of the ancient Zoroastrians. Listen to the lilting beauty of Persian and take your first steps to learn it. All are welcome to join this two-month course and also drop in per session.

New Beginner Hindi with Kaushal

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 month) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

- The class has not started yet. We are waiting for a group of five to start. Registration is still open.
- Wednesdays, 2—4pm
- Duration 16 hours, over two months

New Beginner Sanskrit with Kaushal

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation, and chanting of selected mantras.

- The class has not started yet. We are waiting for a group of five to start. Registration is still open.
- Thursdays, 2—4pm
- Duration 16 hours, over two months

To join or enquire

- Please fill our form at <http://register.aurovillelanguagelab.org/>
- Or drop us an email: info@aurovillelanguagelab.org
- call us at 2623661, text or WA at +91 9843030355 or come visit us!

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you!

Language Courses at ALL

Language	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate 8-Hour (Monthly)	11am—12pm	Tuesday & Thursday
	Learn English through theatre 8-Hour (Monthly)	11am—12pm	Monday & Wednesday
	Complete Beginner	TBA	TBA
French	Conversation, Beginner and Intermediate	4:20—5:20pm)	Friday
		10—11am	Saturday
German	Intensive German Class	9:30—11am	Monday & Wednesday
	Intermediate (A1-A2)	9:30—11am	Tuesday & Saturday
Persian	Persian Language and Poetry	4—5:30pm	Thursday
Sanskrit	Beginner	2—4pm	Thursday
Hindi	Beginner	2—4pm	Wednesday
Tamil	Spoken Beginner	09:30—10:30am	Tuesday and Friday
	Spoken Intermediate (TBA)	9—10am	Saturday
	Reading & Writing	3—4pm	Saturday
Spanish	Beginner	2:30—3:30	Monday & Wednesday
	Intermediate	To Be Announced	TBA
Italian	Beginner	To Be Announced	TBA
	Intermediate	To Be Announced	TBA

If there's a language you would like to learn but it's not listed, please let us know!

English

We thank Taranti for the wonderful group classes she offered so far. She is still available for private classes. We are looking for other native English teachers for group classes, who are ready to make a long-term commitment.

Pre-Intermediate and Intermediate English

This 8-hour monthly class is on

- Tuesday & Thursday morning, 11am—12pm.

New Beginner English Class

Rupam will offer a new class for complete beginners: Let's start with the ABC of English!

Discover the Fun in Learning English through Theatre by Rupam

- Explore Shakespeare, other playwrights, short stories, and poetry with us. Enhance your English communication skills through fun and interactive sessions.
- Monday and Wednesday, 11am—12pm, age: 12+

The Language Lab is open

- Monday—Friday, 9am—12pm & 2pm—7pm
- Saturday, 9am—12pm & 2pm—5pm
 - Location: International Zone, after Unity Pavilion & Pump House.
 - Phones: 2623661 (Lab), +91 9843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
 - Email: info@aurovillelanguage.org and tomatis@aurovillelanguage.org

Submitted by Mita

Friday, 26—Sunday, 28 July, 9am—9pm
@ Alliance Francaise, Pondicherry.
Free and Open to All

Submitted by Ashavari



Aurofilm presents at Multi Media Centre Auditorium (MMC, Town Hall)

- Reminder:** Friday, 2 August, 8pm. **The Boy And The Heron** Directed By Hayao Miyazaki, Japan 2023.
- Friday, 9 August, 8pm. Stairway To Heaven** (A Matter of Life and Death). Directed by Michael Powell and Emeric Pressburger, UK 1946

Synopsis: this film is the remarkable British fantasy that became the surprise hit of 1946. David Niven stars as Peter Carter, a World War II RAF pilot who is forced to bail out of his crippled plane without a parachute. He wakes up to find he has landed on Earth utterly unharmed... which wasn't supposed to happen according to the rules of heaven.

Will the celestial court allow Peter to live out his love on earth?

Original version in English with English subtitles. Duration: 1h44'



- NO screening Friday, 16 August**

Surya for Aurofilm team

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films



- 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note:** Families and children are welcome! Dinner for children will be served at 19:00 :)

Friday, 9 August

- 73 Cows/** 15 minutes/ 2021/ Alex Lockwood
- Infinity and Back/** 22 minutes/ 2017/ Kuntal Joisher

The first film is a touching story of a UK cattle farmer who became the first person in the UK to trade beef for sustainable organic vegan farming.

The second docu-movie showcases the first man, Kuntal Joisher, to climb Mt. Everest with 100% vegan gear and food.

Submitted by Aviram





CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
5 August 2024—11 August 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall. *Watch out, now some days are mixed up from the usual!*

Indian—Monday 5 August, 8pm
Sharmajee Ki Beti (Daughter of Mr. Sharma)

India, 2004, writer-Dir. Tahira Kashyap Khurrana w/ Shakshi Tanwar, Divya Duatta, Saiyami Kher, and others, Comedy-Drama, 116mins, Hindi w/ English subtitles, Rated: NR (PG-13)

In this feature directorial debut by the director, best friends Swati and Gurveen, in their early teens and on the cusp of puberty, are trying to come to terms with who they are. Swati thinks her mother, a hard-working-tutor Jyoti, has no time for her. Gurveen's mother, Kiran, struggles with urban loneliness and an absentee husband. At its core it is a humorous and heart-warming tale of resilience, aspirations, and coming-of-age.

Potpourri—Tuesday 6 August, 8pm
Dune: Part One

USA, 2021, Writer-Dir. Denis Villeneuve w/ Timothée Chalamet, Rebecca Ferguson, Zendaya and others, 155mins, SciFi-Adventure, English w/ English subtitles, Rated: NR

The film follows Paul Atreides, a brilliant young man destined for greatness, who must journey to the universe's most dangerous planet to secure the future of his family and people. As malevolent forces clash over the planet's exclusive supply of a precious resource that unlocks humanity's potential, only those who conquer their fear will survive.

Selection—Wednesday 7 August, 8pm
Traffic (Traffic)

France-Italy, 1971, Writer-Dir. Jacques Tati w/ Jacques Tati, Marcel Fraval, Honoré Bostel, and others, Satire-Comedy, 96mins, French-Dutch-English w/ English subtitles, Rated: G

At Altra Motors, Mr. Hulot designs an ingenious camper car with lots of clever features. A lorry hauls the prototype to an important auto show in Amsterdam, with Mr. Hulot alongside in his car and a spoiled, trendy PR exec, the young Maria, in her sports car packed with designer clothes and her fluffy dog. The lorry has every imaginable problem, delaying its arrival. A flat tire, no gas, an accident, a run-in with police, a stop at a garage, and numerous traffic jams showcase vignettes of people and their cars. Through interactions with these down-to-earth folks, Maria gradually loses her imperious conceit, becoming much more relaxed and fetching.

Interesting—Thursday 8 August, 8pm
Tiger 24

USA, 2022, Writer-Dir. Warren Pereira w/ Warren Pereira, Valmik Thapar, Yogesh Sahu, Documentary, 90mins, English w/ English subtitles, Rated: NR (PG)

When a wild tiger kills men who enter his territory, he is declared a man-eater and locked up in a zoo. This galvanizes massive social uproar, and activists take their cause to the streets, online, on to billboards and all the way to the Supreme Court. *29 August is International Tiger Day. We celebrate the occasion with this film.*

International—Saturday, 10 August, 8pm
Cabrini

USA, 2024, Writer-Dir. Alejandro Monteverde w/ Cristiana Dell'Anna, John Lithgow, David Morse, and others, Biography-Drama, English w/English subtitles, Rated: PG-13

This is a powerful epic of Francesca Cabrini, an Italian immigrant who arrives in New York City in 1889 and is greeted by disease, crime, and impoverished children. Cabrini sets off on a daring mission to convince the hostile mayor to secure housing and healthcare for society's most vulnerable. With broken English and poor health, Cabrini uses her entrepreneurial mind to build an empire of hope unlike anything the world had ever seen.

Children's Matinee—Sunday, 11 August, 4pm
The Inseparables



Belgium-France-Spain, 2023, Dir. Jérémie Degruson w/ Eric Judor, Jean-Pascal Zadi, Ana Girardot, and others, Fantasy-Animation, 90mins, English w/ English subtitles, Rated: NR (G)

A runaway puppet with boundless imagination and an abandoned stuffed animal toy in need of a friend cross paths in Central Park and pair up against all odds for an epic adventure of friendship in New York City.

Black & White Classics @ Ciné-Club
Ciné-Club Sunday 11 August, 8pm
Ida

Poland, 2013, Dir. Pawel Pawlikowski w/ Agata Kulesza, Dawid Ogrodnik and others, Drama, 82 mins, Polish w/ English subtitles, Rated: PG-13.

Anna, an orphan brought up by nuns in the convent, is a novice. She has to see Wanda, the only living relative. Both women start a journey not only to find their family's tragic story, but to see who they really are and where they belong. They question what they used to believe in.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Nina, MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

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- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

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Editors' Note



Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery is rain on Friday.

*Light and Peace,
Roy and AgniJata*

Accessible Auroville Public Bus

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Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

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Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join WhatsApp group

of Auroville Bus to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>