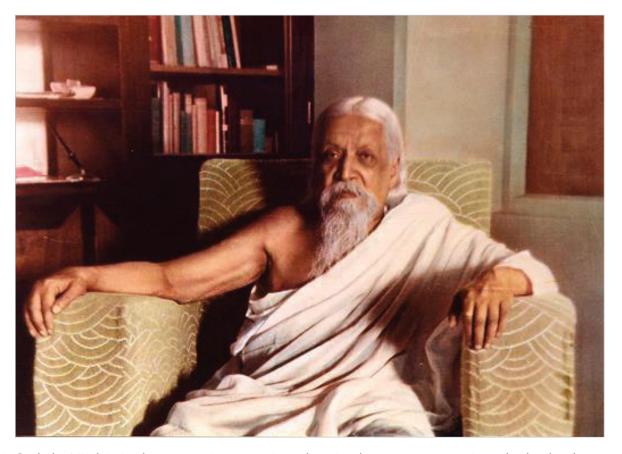


#1040 A weekly bulletin for residents of Auroville 15 August 2024



Here this God, the Mind, in its dream experiences again and again what once was experienced; what has been seen and what has not been seen, what has been heard and what has not been experienced and what has not been experienced, what is and what is not, all it sees, it is all and sees.

Prasna Upanishad



But this consciousness of Self, as it is timeless, so is capable also of freely regarding Time as a thing reflected in it and as either the cause or the subjective field of a changing experience. It is then the eternal "I am", the unchanging consciousness on whose surface changes of conscious experience occur in the process of Time. The surface consciousness is constantly adding to its experience or rejecting from its experience, and by every addition it is modified and by every rejection also it is modified; although that deeper self which supports and contains this mutation remains unmodified, the outer or superficial self is constantly developing its experience so that it

can never say of itself absolutely, "I am the same that I was a moment ago."

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# House of Mother's Agenda

Or side by side reclined upon my vasts Like bride and bridegroom magically divorced They wake to yearn, but never can they clasp While thinly flickering hesitates uncrossed Between the lovers on their nuptial couch The shadowy eidolon of a sword. But when the phantom flame-edge fails undone, Then never more can space or time divide The lover from the loved; Space shall draw back Her great translucent curtain, Time shall be The guivering of the spirit's endless bliss. Attend that moment of celestial fate. Meanwhile you two shall serve the dual law Which only now the scouts of vision glimpse Who pressing through the forest of their thoughts Have found the narrow bridges of the gods. Wait patient of the brittle bars of form Making division your delightful means Of happy oneness rapturously enhanced By attraction in the throbbing air between. Yet if thou wouldst abandon the vexed world, Careless of the dark moan of things below, Tread down the isthmus, overleap the flood, Cancel thy contract with the labouring Force; Renounce the tie that joins thee to earth-kind, Cast off thy sympathy with mortal hearts. Arise, vindicate thy spirit's conquered right: Relinquishing thy charge of transient breath, Under the cold gaze of the indifferent stars Leaving thy borrowed body on the sod, Ascend, O soul, into thy blissful home. Here in the playground of the eternal Child Or in domains the wise Immortals tread Roam with thy comrade splendour under skies Spiritual lit by an unsetting sun, As godheads live who care not for the world And share not in the toil of Nature's powers: Absorbed in their self-ecstasy they dwell. Cast off the ambiguous myth of earth's desire, O immortal, to felicity arise." On Savitri listening in her tranquil heart To the harmony of the ensnaring voice A joy exceeding earth's and heaven's poured down, The bliss of an unknown eternity, A rapture from some waiting Infinite. A smile came rippling out in her wide eyes, Its confident felicity's messenger As if the first beam of the morning sun Rippled along two wakened lotus-pools. "O besetter of man's soul with life and death And the world's pleasure and pain and Day and Night, Tempting his heart with the far lure of heaven, Testing his strength with the close touch of hell, I climb not to thy everlasting Day,

Even as I have shunned thy eternal Night.

To me who turn not from thy terrestrial Way, Give back the other self my nature asks. Thy spaces need him not to help their joy; Earth needs his beautiful spirit made by thee To fling delight down like a net of gold. Earth is the chosen place of mightiest souls; Earth is the heroic spirit's battlefield, The forge where the Archmason shapes his works. Thy servitudes on earth are greater, King, Than all the glorious liberties of heaven. The heavens were once to me my natural home, I too have wandered in star-jewelled groves, Paced sun-gold pastures and moon-silver swards And heard the harping laughter of their streams And lingered under branches dropping myrrh; I too have revelled in the fields of light Touched by the ethereal raiment of the winds. Thy wonder-rounds of music I have trod, Lived in the rhyme of bright unlabouring thoughts, I have beat swift harmonies of rapture vast, Danced in spontaneous measures of the soul The great and easy dances of the gods. O fragrant are the lanes thy children walk And lovely is the memory of their feet Amid the wonder-flowers of Paradise: A heavier tread is mine, a mightier touch. There where the gods and demons battle in night Or wrestle on the borders of the Sun, Taught by the sweetness and the pain of life To bear the uneven strenuous beat that throbs Against the edge of some divinest hope, To dare the impossible with these pangs of search, In me the spirit of immortal love Stretches its arms out to embrace mankind. Too far thy heavens for me from suffering men. Imperfect is the joy not shared by all. O to spread forth, O to encircle and seize More hearts till love in us has filled thy world! O life, the life beneath the wheeling stars! For victory in the tournament with death, For bending of the fierce and difficult bow, For flashing of the splendid sword of God! O thou who soundst the trumpet in the lists, Part not the handle from the untried steel, Take not the warrior with his blow unstruck.

(to be continued next week)

Are there not still a million fights to wage?

Sri Aurobindo, Savitri, A Legend and a Symbol Book Eleven: The Book of Everlasting Day, Canto One: The Eternal Day: The Soul's Choice and the Supreme Consummation

https://incarnateword.in/cwsa/34/the-eternal-day-thesouls-choice-and-the-supreme-consummation

> With love and gratitude, Gangalakshmi (HOMA)

#### THE BIRTHDAY OF FREE INDIA, 15 AUGUST, 1947

15 August, 1947 is the birthday of free India. It marks for

her the end of an old era, the beginning of a new age. But we can also make it by our life and acts as a free nation, an important date in a new age opening for the whole world, for the political, social, cultural and spiritual future of humanity.

15 August is my own birthday and it is naturally gratifying to me that it should have assumed this vast significance. I take this coincidence, not as a fortuitous accident, but as the sanction and seal of the Divine Force that guides my steps on the work with which I began life, the beginning of its full fruition. Indeed, on this day I can watch almost all the world-movements which I hoped



to see fulfilled in my lifetime, though then they looked like impracticable dreams, arriving at fruition or on their way to achievement. In all these movements free India may well play a large part and take a leading position.

Sri Aurobindo's message, August 15 1947

# Townhall Speaks

## CITY SERVICES CONTRIBUTIONS AND PAYMENTS, July 2024

#### **Summary**

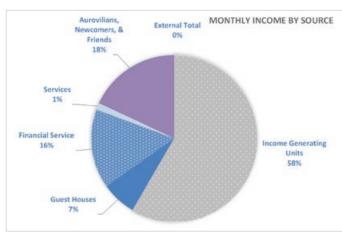
	Unspecified	Specified	Total
Buffer Opening Balance (BOB)	12,75,97,777	_	12,75,97,777
Monthly Contributions (Int. + Ext)	1,98,29,373	13,24,880	2,11,54,253
Total Contributions (OB+Monthly Inc)	14,74,27,150	13,24,880	14,87,52,030
Total Payments	1,81,64,051	13,24,880	1,94,88,931
CS Ending Balance (Includes BOB)	12,92,63,098	_	12,92,63,098
Monthly loss/ gain			16,65,321.77

#### **Internal Contributions**

Source	Unspecified	Specified	Total
Income Generating Units	1,18,31,150	5,19,435	1,23,50,585
Guest Houses	14,39,615	6,000	14,45,615
Financial Services	31,63,497	96,685	32,60,182
Services	2,82,289	_	2,82,289
Aurovilians, Newcomers, & Friends	31,12,822	7,02,760	38,15,582
Internal Total	1,98,29,373	13,24,880	2,11,54,253

#### **External Contributions**

Government of India for SAIIER	_	_	_
Government of India for Other	_		_
Other Contribution	_	_	_
Project Contributions	_	_	_
Foreign Contributions	_	_	_
External Total	-	-	-



#### See full report here

In paper version the full report is attached at the end of the issue

BCC Team (Angurajan, Arthi, Jothiga, Kalaiarasi, Kalaimathi, Kaileshvaari, Ravindra, Victoria)

# Community News

## Matrimandir News & Schedules

## COLLECTIVE MEDITATION for Sri Aurobindo's Birthday with Dawn-fire



# 15 August, 4:45—6am @ Matrimandir Amphitheatre Sri Aurobindo belongs to the future; he is the messenger of the future. He still shows us the way to follow in order to hasten the realisation of a glorious future fashioned by the Divine Will. —The Mother

- Entrance from the Mahasaraswati (West) Gate ONLY. Open from 4am.
  - All are requested to be seated by 4:45am.
  - The gate will remain closed from 5 to 5:45am.
  - Parking as per instructions below.
- Important Information:

The Dawn-fire meditation at the Amphitheatre of the Matrimandir is an opportunity for individuals to experience inner silence in a unique collective setting. To maintain the special atmosphere, everyone is requested to maintain complete silence.

**Please note** that during the meditation, from 5 to 5:45am the gates will remain closed. Latecomers may join in after 5:45am. Access is limited to the Amphitheatre and up to 7am only.

Cellphones, Cameras, Tablets and other recording devices are strictly not allowed in the Park of Unity, the Matrimandir Gardens and the Amphitheatre.

You may leave your belongings at home, in your vehicle or deposit them at the 'Custody Facility' near the designated parking area outside the Park of Unity. Matrimandir Management will try to take utmost care of your items, but will not be responsible for theft or damage of items deposited at the "Custody Facility'.

Please do not bring your pets to the Matrimandir.

#### • Parking Instructions

- All are requested to avoid coming by car.
- Coming from Solar Kitchen and Visitors Center side: Park at the Second Banyan, then walk outside.
- Coming from Town Hall side: Park in front of West gate.
- Dropping off passengers at the Second Banyan gate is not permitted.
- Through your participation, you can help make collective meditation a precious moment of inner experience.
- Thanking all in advance for your understanding and cooperation.

#### **Evening Program: Savitri Music**

6pm @ The Amphitheatre

Entrance from the Office Gate from 5:30 to 5:45pm only. Guests need to bring along their Aurocard

Bonne Fête and see you there

Antoine, Divya Karun, John H, Judith, Sundar K, MM Executives

#### **MATRIMANDIR ACCESS INFORMATION**

## Access to the Park of Unity and Matrimandir

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE.

• The Park of Unity is open to Aurovilians and Newcomers daily, 6am—7:30pm



 Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm

**Volunteers and Donors** require a pass to enter the Park of Unity. Timings will be indicated on the pass.

**Published events in the Park of Unity** are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

#### The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
  - Monday—Saturday: 6—8am, 4:30—7:30pm
  - Sunday: 6am—12pm, 4:30—7:30pm.
- The Inner Chamber is open to **SAVI registered Volunteers**:
  - Wednesday—Monday, 8—8:40am.
     Arrival at 7:45am at the Office Gate.
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to <a href="maximum.mmconcentration@auroville.org.in">mmconcentration@auroville.org.in</a>:
  - Any day except Tuesday & Sunday: 8—8:35am.
     Arrival at 7:45am at the Office Gate.
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
  - Tuesday 9—11am
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to <a href="mmconcentration@guroville.org.in">mmconcentration@guroville.org.in</a>:
  - Tuesday 8—8:30am

#### The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders:
  - Monday—Sunday, 7—8am
  - Tuesday morning, closed.
  - Daily 5—6pm

#### **Access to Matrimandir for Visitors and Guests**

#### **Matrimandir Viewing Point**

- The Viewing Point is open to the general public on presentation of a Pass.
- Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre:
  - Daily 9am—5:30pm

#### The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

Antoine, Divya Karun, John H., Judith, Sundar K

## Lands for Auroville

## ACRES FOR AUROVILLE Land Campaign

15 August—Birthday of Sri Aurobindo & of India's Independence Opening Pathways to a New World!



#### "We are Witnessing the Birth of a New World"

"There are several ways of reaching it ... one may be deeply disgusted with what exists... one may feel within oneself the touch, the approach of something positively beautiful and true, and willingly drop all the rest so that nothing may burden the journey to this new beauty and truth.

What is indispensable in every case is the ardent will for progress, the willing and joyful renunciation of all that hampers the advance; to throw away far from oneself all that prevents one from going forward, and to set out into the unknown with the ardent faith that this is the truth of tomorrow, *inevitable*, which must necessarily come, which nothing, nobody, no bad will, even that of Nature, can prevent

from becoming a reality ... a reality which is being worked out now and which those who know how to change, how not to be weighed down by old habits, will surely have the good fortune not only to see but to realise....

But if we could remember ... that we are at an exceptional hour, at a unique time, that we have this immense good fortune, this invaluable privilege of being present at the birth of a new world, we could easily get rid of everything that impedes and hinders our progress.

So the most important thing, it seems, is to remember this fact; even when one doesn't have the tangible experience, to have the certainty of it and faith in it, to remember always, to recall it constantly ... to do all that one does with this great truth as the background, as a constant support, this great truth that we are witnessing the birth of a new world."

Auroville was created to be a first universal base for this realization.

"Acres for Auroville" is a unity action to acquire the Township's Master Plan land as designated for its physical body: the encircling land needed to protect the Matrimandir, and the surrounding land for consolidating and developing the City and Greenbelt.

Join us to protect the treasure of the Matrimandir and Auroville for generations to come!

- Donating & Tax Deductibility information: https://land.auroville.org/new-banking-information/
- News, videos, and land information: land.auroville.org
- Contact: <u>lfau@auroville.org.in</u>

Image: The flower The Mother named Faithfulness; Quote: from "Words of The Mother" as published in "A Forecast for the Third Millenium" by All India Magazine, January 2000, Sri Aurobindo Ashram Trust, Pondicherry, India

Acres for Auroville is a collaboration of Auroville International & Lands for Auroville Unified

Sending love, Mandakini

#### LANDS FOR AUROVILLE UNIFIED (LFAU)

15 August 2014—15 August 2024

Auroville Centre for Urban Research, Administrative Area, Auroville—605101, Tamil Nadu, India

On the morning of 15 August 2014, about twenty people gathered in the mini-conference room on the first floor of the Town Hall building in Auroville. The purpose of that small gathering was to launch, on Sri Aurobindo's birthday, a special campaign called Acres for Auroville (A4A), a joint collaboration of LFAU and the international centers of Auroville International. Among the supporters and well-wishers that were present were early settlers like Frederick and Alain Grandcolas. The late Thiru Mahalingam, representing the elder generation of Auroville, and Sindhuja, representing the youth of Auroville, cut the Inauguration ribbon.

A decade has passed since that launch. Looking back, the campaign has proved its relevance, and its usefulness. A total of 181 new acres of land, both in the planned City area and the Greenbelt have been financed by the combined fundraising actions of Acres for Auroville, LFAU, and the GreenAcres campaign.

A beautiful A4A action is the Art for Land Exhibition & Fundraiser led in conjunction with the team at Auroville's Unity Pavilion. Hundreds of artists have donated their precious works to be sold as resources for Auroville's needed land consolidation. We have also held inspiring events such as "Landing Auroville". Donations from supporting runners "For the Land" in Auroville Marathons have added to our resources. Books and products have been created whose proceeds are dedicated for A4A.

Our annual land fundraisers New Year's cards are seen on desks throughout Auroville as started in A4A Year 2. Side by side, we launched our quarterly newsletter which along with land consolidation updates present the lives, work, contributions, and aspirations of newcomers and long-term residents of Auroville, while highlighting the international nature of the Township. On a number of occasions, Auroville Today has published news, updates, and articles on the campaign and even re-printed content from our newsletter, as have many of the centers of Auroville International.

Acres for Auroville has been recognized and appreciated by Dr. Karan Singh, former chairman of the Governing Board of the Auroville Foundation. It has received encouraging mention in a message to Auroville by the International Advisory Council then chaired by Sir Marc Tully.

While our team is divided between France and Auroville, we have not felt any impediment of distance in our daily work thanks to our shared vision and commitment. Carried on the wings of conscience that to safeguard the planned Auroville area is a primary task for the emergence of a city that can be the Pole Star for India and the world, we intend to carry it forward as long as needed. We sincerely thank all those who have donated, supported and collaborated with us over the past ten years. We hope you will stay with us as we begin our eleventh year of service for Auroville. Together, we serve the future of peace and hope and the effort for better things in the world. Along with Jothi and Sigrid, we thank you!

With trust in Auroville's bright future, Aryadeep, Mandakini

- Please specify your donations for Acres For Auroville via check or bank transfer (and online for Indian residents):
  - Donating & Tax Deductibility: https://land.auroville.org/new-banking-information/
- News, videos, and land information: land.auroville.org
- Contact: Ifau@auroville.org.in

## ART FOR LAND EXHIBITION Unity, Kindness, Friendship



#### Unity Pavilion presents Art for Land exhibition, August 2024

• Featuring: Amar, Ben, Crystal, Dilip Patel, Grace Gitadelila, Janakiraman, Jyoti Khare, Lara Boriotti, Marie Claire Barsotti, Marlenka, Mira Vard, Prabhat Biswas, Sunil Patel, Sreedevi Magulur, Vivechana.

In loving memory of Kratu, we present a special tribute exhibition showcasing his work, generously donated by him to Art For Land.

We thank you immensely in advance, Doris, 7558401106

#### Auroville Matters

#### **OPEN LETTER TO ALL AUROVILIANS**

Dear Aurovilians, on Sunday evening I accidentally watched the video entitled A song of our times—56 years, don't you count us gone.

To my great surprise, I appear in the middle of the video. Yet no one ever asked me for permission. Those frames were shot during the covid period for an interview in which I was asked to talk about my creative activity in Auroville.

To my great surprise, on Sunday I discovered that those same images have now been reused in another project, of a completely different nature and purpose from the original. I therefore feel obliged to declare that no one asked me

for permission to publish said frames in a video whose preparation I knew nothing about. I also declare that no one, of any tendency or side, is authorized by me to use my image without prior consent, especially to promote their own messages.

Finally, I declare, and make known, that I do not belong to any *side*. Like many others here in Auroville, I belong to Sri Aurobindo and The Mother and only to Them. My life in Auroville is silent, I do not go to any meetings and I have chosen my own path to follow. Be respectful of it, even if you do not understand or approve of it.

Francesca from Sanjana

Awakening Spirit

#### **SAVITRI BHAVAN**

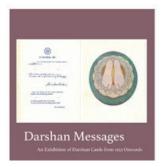


#### Schedule, August 2024

#### **Exhibitions**

- Meditations on Savitri: the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- A new Bilingual Exhibition on "Sri Aurobindo: A life sketch in photographs" with texts both in English and Tamil is displayed in the upper corridor.
- Special Exhibition: Darshan Messages. The Words of Love and Inspiration: 24 July—18 August 2024 in Savitri Bhavan's Square Hall.

The exhibition traces the history of the deeply significant tradition of Darshan card gifting in Sri Aurobindo Ashram, Pondicherry. The tradition of distributing collective messages on several special days each year was started by Sri Aurobindo and the Mother with a view of addressing the public in a more meaningful and effective way. The exhibition



consists of the original cards, some of them bearing the Mother's signature, dating back to the 1950s. The visitors will be able to familiarize themselves with the history of Darshan messages and hopefully get a feeling of the powerful forces conveying them.

#### Films: Mondays 4pm in the Sangam Hall

 August 19: Supramental Manifestation upon Earth— The Day of The Lord. Video-talk by Dr. Alok Pandey about the New Consciousness and how it is working, growing and shaping the new generation and the earth's future. Duration: 50min. August 26: The Life Divine by Sri Aurobindo—Book
 1: Ominipresent Reality and The Universe, Chapter
 2: The Two Negations, 1. The Materialist Denial, read by Shraddhavan. The original text will appear on the screen. Duration: 56min.

#### **Full Moon Gathering**

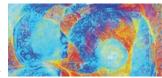
Monday, 19 August, 7:15—8:15pm in front of Sri Aurobindo's statue

#### **Regular Activities**

- Sundays 10:30—12noon: Savitri Study Circle led by Larry Seidlitz
- Mondays 3—4pm: The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- Tuesdays 3—4pm: Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- Tuesdays, Fridays, Saturdays 4—5pm: L'Agenda de Mère: listening to recordings with Gangalakshmi
- Thursdays 4—5pm: Videos of The English of Savitri led by Shraddhavan
- Thursdays, 5:30—7pm: OM Choir led by Narad
- Fridays 3—4pm: The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- Saturdays 5—6:30pm: Satsang, led by Ashesh Joshi
- Exhibitions, Main Building and Office are open Monday to Saturday 9—5
- Library and Digital Library is open Monday to Friday 9—5

## Integral Mathematics: A Journey of Insight and Inspiration

Explore the qualitative essence of mathematics through ancient Sanskrit scriptures, revisiting Sri Aurobindo's illuminating insights, and tracing the paths of history's greatest



mathematicians. This series invites you to nurture qualities of insight, intuition, and intellectual depth, unveiling the transformative power of mathematical exploration.

#### Sankhya Philosophy by Kapila Muni

24 August, 28 September, 26 October, 30 November
 4—5pm @ Sangam Hall, Savitri Bhavan

Embark on a transformative journey through the qualitative realm of mathematics, where the mind's eye uncovers profound insights and timeless wisdom. In this illuminating lecture series, we delve deep into the essence of mathematics and its profound impact on the human spirit.

- Section 1: "Echoes of Wisdom": Delve into the sacred texts of ancient Sanskrit scriptures, including Vedic and Vedantic teachings, resonating with the wisdom that transcends time. Explore the same texts that ignited the intellectual flame within Sri Aurobindo, illuminating pathways to understanding mathematics in its purest form.
- Section 2: "Insights Illuminated": Navigate the corridors of knowledge as we revisit the profound commentary and insights of Sri Aurobindo. Gain clarity and depth in your comprehension of mathematics through the lens of a visionary sage, enhancing your appreciation for its qualitative dimensions.
- Section 3: "Inspirations Unveiled": Trace the footsteps of the greatest mathematicians in history and uncover the narratives behind their revolutionary discoveries. Connect with the human spirit that propels mathematical exploration, finding resonance in their journeys of insight and revelation.

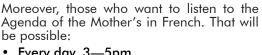
Through these three enlightening sections, we invite you to integrate and nurture the qualities of insight, intuition, and intellectual depth that mathematics cultivates within the receptive mind. Join us as we embark on a quest to unravel the qualitative tapestry of mathematics, illuminating the path to greater understanding and enlightenment.

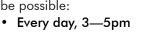
#### House of Mother's Agenda welcomes you

The House of Mother's Agenda at Savitri Bhavan informs that from August 2024:

Monday—Saturday, 3—5pm Ganga Lakshmi is here to welcome you.

Agenda of the Mother's in French. That will be possible:





Welcome to the Infinite Joy.



#### The Day of the Lord: The Supramental Manifestation of 29 February 1956

- Monday, 19 August, 4pm @ Savitri Bhavan.
- Duration: 50min.

In this video-talk given at Savitri Bhavan in 2016, Dr Alok Pandey reflects upon important spiritual events and their shaping of Earth's destiny and the future of humanity.

Widely known and celebrated is 15 August 1947, the day of Sri Aurobindo's birthday and the day India became free. This date is very special for Índia and in Éarth's history.

Not so well-known, but an important spiritual event is the coming together of Mirra Alfassa, later known as The Mother and Sri Aurobindo in Pondicherry. They had the same spiritual philosophy, consciousness, and possibilities and were destined to work out "the matrix of new Time". Their divine collaboration was essential for preparing processes of conscious evolution so that the Supramental conscious force could descend on Earth and transform matter. Finally, on the 29 February 1956, the Divine presence was there in the time of the common meditation. The Mother had a form of living gold, bigger than the universe, and was facing a huge and massive golden door which separated the world from the Divine. She looked at the door, and knew and willed, in a single movement of consciousness, that "The **Time has come**", and lifted with both hands a mighty golden hammer and struck one blow, one single blow on the door and the door was shattered to pieces. Then the Supramental Light and Force and Consciousness rushed down upon earth in an uninterrupted flow. (Mother's Agenda, Vol.1)

#### A New World and a New Consciousness was born.

The long and intense tapasya of Sri Aurobindo and the Mother bore fruit and settled the Supramental Manifestation upon Earth, amid our struggling humanity. Since then, a New Consciousness has been active upon earth, growing by the day, by the minute and the hour, and shaping the earth's future.

Years before, the Mother recognised and reflected on the presence of conscious force on Earth which is documented in her **Prayers and Meditations**. On July 6, 1914, she wrote:

"What plenitude in the perception! The entire individual being, modest, humble, surrendered, adoring, calm and smiling, feeling one with all beings, unable to make any difference of value, in perfect solidarity with all things, is kneeling down before Thee together with them all; and at the same time the formidable omnipotence of Thy Force which is here, ready for the manifestation, waiting, building the propitious hour, the favourable opportunity: the incomparable splendour of Thy victorious sovereignty.

The Force is here. Rejoice, O you who are waiting and hoping: the new manifestation is sure, the new manifestation is at hand. The Force is here.

All nature exults and sings in gladness, all nature is at a festival: The Force is here.

Arise and live; arise and be illuminated; arise and battle for the transfiguration of all: The Force is here."

The film is on YouTube

Ganga Lakshmi, Margrit and Dhanalakshmi for Savitri Bhavan

#### **PONDY TRIPS ON DARSHAN DAY: AUGUST 15**

15 August is Sri Aurobindo's birthday, and also India's Independence Day.

The SAIIER bus will leave from Matrimandir at 3pm via the ordinary route and will return from Pondy at 6pm, to allow those willing to use Av's collective transport the visit of Sri Aurobindo's room.

- Tokens are required, see Pitanga's arrangements.
- This is not a commercial bus and the offer is for Aurovilians, newcomers and volunteers wishing to have darshan in Sri Aurobindo's room.

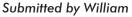


**Paulette** 

#### **SAVITRI SATSANG BY NARAD**

Wednesdays, 6:30pm

Savitri reading by Narad on Wednesdays at 6:30pm in Kalpana Community, @ E1-2B, East Block, 1st Floor (above the parking area). Cordially inviting you all.





#### **SRI AUROBINDO'S POEMS An Offering**

Tuesday, 20 August, 6—7pm @ Sangam Hall, Savitri Bhavan



Dear community and poetry lovers, a warm welcome to a very special poetry event with readers from Auroville and Ashram presenting a selection of Sri Aurobindo's poems as an offering to Him.

- Readers: Anandamayi, Aravinda, Joy, Malcolm, Maurice, Otto, Srimoyi
- Music: Aurelio

A gentle reminder: Please be seated 5—10 minutes before, close to the readers, to hear the readings without mic.

From organizers, Anandamayi, Anandi and Joy



Calendar of regular events of August 2024

Every Tuesday 6:45 - 7:30pm Savitri Reading

Every Thursday 6:00 - 6:30pm Meditation

8th & 22nd Thursday 6:30 - 7.30pm, reading "The Mother's Questions & Answers- Vol-7" in English

15th, Thursday at 6:00 - 6:30pm, Sri Aurobindo's Birthday 1872, Meditation

19th, Monday at 6:30pm full moon, reciting Sri Aurobindo's Gayatri Mantra for 30min

> No.3/134, Kalathu Mettu Street Edayanchavadi, Auroville



kshetram2014@auroville.org.in



#### **BHARAT NIVAS**

PAVILION OF INDIA: AUROVILLE

A weekly study circle on The Synthesis of Yoga—Sri Aurobindo



#### By Deepti Tewari

The Mother's very last message to Auroville

"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work.

"To live in Auroville means to do the Yoga of Work. So all Aurovillans must take up a work and do it as a yoga." 27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions." 02.05.1970

4:30 pm - 5:30 pm Every Tuesday

Venue:

Resource Library, Bharat Nivas, Auroville



The Mother's very last message to Auroville:

"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work".

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga." 27.03.1973

"Programme: Research through experience of the Supreme truth. A life divine. But no religions." 02.05.1970 Monisha for BN Team



#### **Program**

- 15 August, 10am: A talk by Alok Pandey, Remembrance of Sri Aurobindo
- 15 August, 11:30am: A presentation of The Mother's Flower Garden architecture and landscape by Neel and Supriti of Ovoid
- 17 August, 7am: Chanting by Sanskritam Auroville
- 17 August, 9am: A talk by Narad on flowers related to Sri Aurobindo

MFG Team, Jyoti, Naren, Poonam, Rabi & Satyakam

## CHANTING the entire Bhagavat Gita



### श्रीमद्भगवद्गीता Chanting the entire Bhagavad Gita

We invite all to come together with a harmonious collective aspiration and immerse in the Bhagavad Gita. We will chant all the 700 shlokas in Sanskrit. All are welcome to join anytime (whether for few minutes or entire duration) and chant together or simply listen and soak in the sacred vibrations.

**Date:** 18th August, 2024 (Sunday) **Time:** 6:00 am to 9:30 am **Venue:** Savitri Bhavan, Auroville

For details write to: devabhasha@auroville.org.in

With Sincerity and Gratitiude, Samskritam Auroville and Savitri Bhavan Team

Deven for Vidyamandir and Samskritam Auroville Team

## AMPHITHEATRE—MATRIMANDIR Meditation at sunset with Savitri

Every Thursday 6—6:30pm (weather permitting)

After the summer time with our meditations with Sunil's New Year Music, we restart the cycle of Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music. Enjoy the beautiful open space, in the very center of Auroville!



- Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5:45pm and the time of the meditation. Thank you.

Surya, Velmurugan and Vinay



## SUPPORTIVE LEARNING AND SPECIAL NEEDS COURSE Hybrid Format



Teachers Centre-SAIIER offers the Supportive Learning Satellite program to meet the needs of Auroville educators and parents. We have now developed a teacher's training course in inclusive education and special needs in alignment with Integral Education.

This is a foundation course of 10 months for all those who are interested in this

field of work and committed to meet the needs of Auroville education. The main purpose of this course is to create a pool of educators for Auroville equipped with a better understanding of inclusive education and neurodivergent children.

This course is open to all educators and Aurovilians, newcomers and volunteers with a deep interest in this topic.

The course aims to strengthen Auroville education and uphold the fundamental concepts of inclusivity and neuro-diversity. Thus the course demands that participants are committed to the completion of regular assignments and acceptance to undertake necessary assessments.

Participants are required to:

- Attend 3 hours per week—online session
- Commit to self-paced study and assignments approximately 4-5 hours per week
- Attend 1 offline session of 4 hours (Physical attendance) per month
- Two Weekends internship tentatively scheduled in the month of January and September 2025
- Undertake assessments—some of the assessment criteria will include class participation, portfolio-assignments, individual assessments, study cases etc.

To register fill out the form at the link below:

https://tinyurl.com/slscourseauroville

The course is open to all and selected participants will be offered a full course scholarship after undergoing the following stages of selection:

- 1. Registration through Google Forms in the link provided
- Interaction meeting with members from Teachers' Centre—SAIIER
- 3. Preliminary assessment before the start of the course (details for this will be shared at the time of the interaction.)

On successful completion of the course, candidates will receive a certificate from Teachers' Center—SAIIER

For any queries or more details write to the Teachers' Center SAIIER: teacherscenter@auroville.org.in

Ana and Nilima on behalf of Teachers' Centre, SAIIER

#### **KULAI CREATIVE CENTRE**

Next to Auroville Bakery, Kuilapalayam kulaicreativecentre.auroville@gmail.com 8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session, Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tuesday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednes- day	Mother's 12 Quality Ses- sion (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thursday	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiyam, Silambam, Upcycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15		

Except English, all the others are FREE for everyone from the ages of 10 to 16, but please register through this link or scan QR code or call us 8608473385 WA

Volunteers are most welcome!



#### **AUROVILLE LIBRARY**

#### **Opening Hours**

Our timings are:

- Mornings: Monday—Saturday: 9am—12:30pm
- Afternoons:
  - Monday, Wednesday, Thursday, Friday & Saturday: 2—4.30pm
  - Tuesdays: 4—6:30pm
  - 0413 2622894, avlib@auroville.org.in

#### **Reading Circle on Thursdays**

When Things Fall Apart: Heart Advice for Difficult Times by Pema Chödrön

 Started on Thursday, 8 August Thursdays, 6—7pm @ Auroville Library

Join us in reading this heart based guide on how to deal with life's challenges.

 For details WA Helen on 7094753054 or Serena on 8489760966



#### **Books to give away at Auroville Library**

For 2 weeks, from 8—22 August

We'll be offering surplus Mother, Sri Aurobindo, Disciples and Auroville-related books for free. Pass by during our opening hours to see what's available.



#### **Reading Circle on Tuesdays**

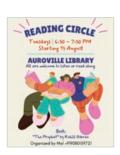
Book "The Prophet" By Kahlil Gibran

 Tuesdays, 6:30—7:30pm, started 13 August

All are welcome to listen or read along. Organized By Mal

+919080159721

Mal & Laura for Auroville Library



## ILAIGNARKAL EDUCATION CENTRE Auroville Further Learning Programme for All Age Groups



Activities	Days	Timing	Resource Persons
Tailoring (sewing, craft )	Monday to Friday	10am— 3pm	I.Pachaiammal
Spoken English class	Monday to Friday	session I: 3—4pm, session II 4—5pm	B. Anandou
Yogasana Class	Monday to Friday	5—6pm	B. Anandou
Tamil Typing class (computer)	Monday to Friday	2—4pm	C.V. Ramesh Karunakaran
Hindi class	Every Tuesday and Friday	4:30— 5:30pm	Colonel Chandra Sekar (Retd)
French class	Wednesday	4:30— 5:30pm	A. Arivan
Body awareness	Wednesday	10am— 12noon	M. Muthuku- mari
Viyazhavattam circle-Tamil Litera- ture	Thursday	4:30— 6pm	R. Meenakshi
Entrepreneurship	Friday	4:30— 5:30pm	S. Sivakumar
Art and Painting class	Saturday	10am— 12noon	N. Janaki
Siddha Healing consultancy	Every month 2nd week Tuesday	9:30am— 4pm	Vaithiar K.P. SelvamVellore

#### Contact Ilaignarkal Education Centre

• 0413 2623773, tamil@auroville.org.in

R. Meenakshi

#### BASIC PYTHON PROGRAMMING Free for all

Every Tuesday, 10—11am @ The Sprout Cafe



If you are interested in learning Python then let's meet at the Sprout Cafe every Tuesday at 10—11am

If it rains then no class as laptops can get wet.

12

• To register please WA or call Pawan @ 90424 83649 PS: Please don't contact me regarding help with website development. Pawan

#### KALVI SCHOOL FOR INTEGRAL EDUCATION

Kalvi School for Integral Education offers

- Spoken Tamil Lessons to Aurovilians and Newcomers
- The school also admits Children between 3-4 years for KG classes

Location: On Djaima—Dana Road. For Details call Shankar, 8940193339



Shankar

#### BOOST YOUR AUROVILLE PROJECT WITH AI: Enthusiasts Ready to Help!

Have an established Auroville project using online channels? Looking to improve with AI? We're local GenAI enthusiasts excited to explore AI's potential with you!



For those ready to apply AI, we can explore custom solutions, help integrate AI tools, and

brainstorm Al-driven strategies for your online presence. You're the expert in your field; we're passionate about Al. Together, we can discover new possibilities.

We're eager to help find ways to analyze your data, streamline tasks, personalize user experiences, and investigate Alpowered marketing—all tailored to your Auroville project.
Ready to collaborate?

 Contact us on WA: Manisha 9999955321, AL 9843941207.

Let's learn, grow, and innovate together with Al! Manisha

#### **COURSE ON PROGRAMMING MOBILE APPLICATIONS**

Monday & Thursday, 4:30—6:30pm 2 September—31 October

C3STREAM Land is excited to announce a course on Programming Mobile Applications. This 16-sessions course is designed to provide you with the skills and knowledge needed to develop mobile apps for both iOS and Android platforms using the Flutter framework.



For more details, please check out the course announcement attached and fill out the registration form using the link below:

- Register: <a href="https://tinyurl.com/programmobile">https://tinyurl.com/programmobile</a>
  If you have any questions, feel free to reach out to <a href="nithyas-andhosh.ezee@gmail.com">nithyas-andhosh.ezee@gmail.com</a> or 9751241372
- Last day of registration 28 August 2024.

Sanjeev

#### Youth Initiatives

4:30 to 6pm

#### **EMBODIED JOURNALING**

22 August from 4:30—6pm

@ Youth Space, Aurodam (Follow the sign boards!)

Navigating our core values. Our core values are often hidden in our experiences. These values are always at play either consciously or unconsciously.

Understanding the values we hold dear to us helps us make aligned decisions. They become our anchors in times of confusion and despair, and are highlighted when we experience happiness and contentment.

In this embodied journaling exercise, we will discover what our core values are for the current phase of

our life (considering these values can change as we change). Join us on 22 August from 4:30—6pm for an Embodied

Journaling experience!

Looking forward to seeing you there!

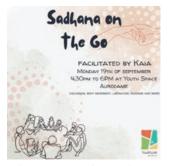
Madhu for the YouthLink team

#### **SADHANA ON THE GO**

Monday, 19 August, 4:30-6pm

Youthlink in collaboration with Kaia would like to invite you for a unique and transformative journey Sadhana on the Go.

On Monday, 19 August, from 4:30—6pm, join us at Youth Space, Aurodam to embark in this joyful adventure! You will discover how to widen attention and open awareness so you can more consistently be your most aware, loving, awe-



some self during the day, whether in company, in service or at play. This event is open to everyone.

Aurore on behalf of Youthlink

#### NONVIOLENT COMMUNICATION WORKSHOP

YouthLink would like to invite you to a Nonviolent Communication workshop, facilitated by Vega (CNVC-certified trainer).

NVC is a communication tool that helps us connect from our hearts. This tool can enhance connection and understanding and make us more aware so we can make choices from a conscious space.

During this workshop, you will learn to practice basic principles of Nonviolent Communication and explore different



ways of connecting oneself and others from the heart.

#### There are two types of sessions available

- 2-day NVC Introduction workshop: 24 & 25 August, Saturday & Sunday, 9:30am—4:30 pm
- 6-week Practice Sessions: From 5 September, every Thursday, 4:30—6pm

\*The Practice Sessions are designed for those who have participated in at least one Basic NVC session and are seeking a deeper experience. Jisung on behalf of Youthlink

## YOUTHLINK IS LOOKING FOR Soft Skills Team people

We at YouthLink, and more specifically the Soft Skills Team in YouthLink are looking for facilitators, passionate people or anyone wanting to share their knowledge to reach out to us and see how we can collaborate!

The Soft Skills Team in YouthLink focuses on the mind, emotions, feelings, communication and all skills that will help one navigate

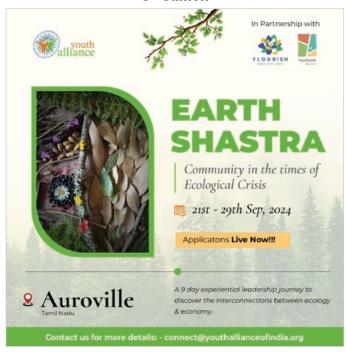


through life more smoothly. If you work or are passionate in an activity related with what we do and want to share with the community of Auroville and more specifically, Youth, please reach out to us through our email <u>youth-link@auroville.org.in!</u>

Looking forward to working and co creating together!

Madhu for the YouthLink team

#### EARTH SHASTRA OFFERING 8th edition



21—29 September, 2024 in Auroville

Earth-Shastra is a 9-day immersive journey that will bring together 20 young changemakers from across India and 10 from Auroville, to slow down with a community of likehearted people and make sense of the climate emergency and converging crises of our times. The focus is to develop the capacity to understand the global and climate crisis, and the humility to start with small actions. It also involves focus on personal transformation and nurturing a deep community over the 9-days and beyond. It is a leadership experience to orient one's life path as a response towards greater harmony with oneself, others and nature. The immersive journey will involve nature connects, reflective circles, hands-on activities, content sessions and mentoring.

• This (8th) edition of Earth-Shastra by Youth Alliance (NGO based in Delhi) is being co-created with Flourish and YouthLink. This program can only accommodate a limited number of participants (max 30) due to its nature.

Gwjwn for YouthLink

#### **MAKER SPACE**

Monday to Friday, 8:30am—12:30pm @ Youth Center

Join us for our Maker Space at Youth Centre Monday to Friday from 8:30am till 12:30pm. Registration required for booking and it's free! Discover the endless possibilities of learning, creating, and innovating with wood, metal and more, in our collaborative Workspace. What can you learn?



Cutting Board/ Lamps/ Renovation of Furniture/ Metal & Woodwork/

Welding/ Arts & Crafts/ Jewellery/ Upcycling

A facilitator will be available to provide assistance in learning how to use the tools and technologies, as well as hands-on experience in bringing your ideas to life. Don't miss out on this exciting opportunity to be a part of our growing maker community!



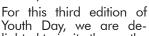
Lucrezia for YouthLink team

#### **AUROVILLE YOUTH SUMMIT 2024**

Saturday, 17 August, 9:30am—4pm

@ Mukta's house (Our new working space), Aurodam

Join us in celebrating International Youth Day with the Auroville Youth Summit, a one-day event dedicated to sharing and discovering diverse perspectives and ues among the youth of Auroville. The day will be filled with energizing activities and collective games, story-sharing sessions, value discussions, contemplations on Auroville and our lives, and a fun exercise: "If I was the president of Auroville, I would ... " etc.





lighted to invite the youths to engage in various activities and enjoy a delicious lunch together. All youth who feel the call to connect, exchange ideas, and embody the power of change in Auroville are welcome to join us. Registration is required.

Gwjwn for YouthLink

Health Care

## CHILDBIRTH preparation classes

Hall of Light, Creativity community, on Wednesdays

Childbirth preparation classes, including fathers, are offered throughout the year, at Hall of Light, Creativity community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes



and concepts. You're welcome to join us for a consultation and then enroll in classes.

- 5—6pm, movement classes like yoga, dance, breath work, etc
- 6—7pm, theory on various aspects of pregnancy

Like to join the classes?

• <u>Join our WA group here</u> or send message to Bala +91 9892699804 to add you in the group

All classes are drop in/ out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

- If you'd like to know more about our work email us morningstar@auroville.org.in
- and general administrative queries to Bala + 91 9892699804 WA only. Submitted by Bala



#### **Working Hours**

• Monday—Saturday, 9—12:30pm & 2—4:30pm

#### **Tests and Sample collection**

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

#### For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

#### **Appointment**

 Please call Santé on 0413 2622803 during working hours for an appointment

#### Santé Services Schedule

<b>Doctor Consultation</b> with Dr. Senthil: Monday to Friday	Nurse Care: Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: TOS
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage: with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday (except Friday)
<b>Bio-Well Assessment</b> (Evaluation of your well-being) with Helena: TOS	Soundbed Session: with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services, sante@auroville.org.in, http://sante.auroville.org.in



Dental Clinic Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday - Friday (9am - 1 pm & 2pm - 6 pm) Saturday (9am - 1pm)

#### **AYURVEDA CLASSES RESUME**

#### Every Monday, from 12 August til end of September

We will learn how this Science of life can be directly applied on a daily basis to understand oneself and others' health, to imbalances/disunderstand



eases and what Ayurveda recommends to rebalance body and mind, also to gain knowledge on the medicinal plants that grow in our surroundings useful to sustain our health all through the year. Learn how the food, emotions, relations, environment, climate, seasons, season of life (from childhood to seniorhood) can influence the state of wellbeing in the physical, vital and mental.

- Ayurveda classes will be held in Santé:
- Every Monday:
  - 2pm, beginners: basic principles, daily routine, routine through the seasons
  - 3:15pm, advanced: reading of Ashtanga Hridaya Volume 1, one of the 3 main ancestral textbooks of Ayurveda that gives the basics of Ayurveda in Sanskrit with translation in English
- Classes will run until end of September 2024
- If you are interested please send me WA message +919489505691.

With much love and happiness to share this profound Be @ Santé Clinic knowledge.

#### **FREE DELIVERY**

#### provided by Pharmacy of Auroville Health Centre

The Pharmacy can provide free delivery by **Dropzy** for Aurovilians, Newcomers and Auroville guests staying in Auroville guest houses.



The order should be sent to the following email:

pharmacyauroville@auroville.org.in

There are 4 ways to make an order by email:

- 1. Medicines sold without prescription and other items: only the name of the medicines or items
- 2. Medicines prescribed by doctor: photo of the prescription by email
- 3. If the paper prescription is required we will inform you by email. The delivery agent will come first to your place to take the prescription.
- 4. If the prescription is to be refunded by the Health Fund, we can also put it with the pharmacy bill in the Health Fund box at the Health Center reception. For that you need to write in your email that you require a refund from the HF, and take a photo of the prescription with your mobile before you give it to the delivery agent.
- You have to mention the mode of payment: account, cash or UPI. You need to send your name, your address, Lili and Dr Uma your mobile phone number.

#### **PAVILION OF TIBETAN CULTURE ANNOUNCES Pulse Diagnosis with Tibetan Doctor** Samphel Tsering La

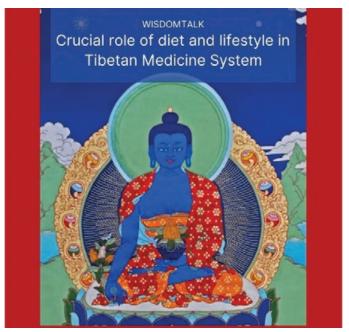
Based in Chennai Mentseekhana

- 21 August, 2—5pm
- 22 August, 8:30am—1pm, afternoon 2—5pm
- 23 August, 8:30am—1pm

To get your appointment kindly dial 0413 2622401 or

8489067332 WA. For more information contact us on the above given details. Submitted by Kalsang





Friday, 23 August, 5—6pm



Pavilion of Tibetan Culture invites you to a talk by the visiting Tibetan Amchi Dr. Samphel La followed by vegan, gluten-free, artisanal pizzas by Auroville's #Pizzawale

Kalsang on behalf of the Pavilion Of Tibetan Culture. International zone Auroville

#### Animal Care

#### SUSPECTED RABID DOG

This is to inform the AV Community that the rescue team of the Auroville Dog Shelter caught on Monday morning, 12 August inside Transition School a black female dog that acted extremely aggressively and displayed signs of a possible rabies infection. This dog had been seen roaming around last night at Grace Community, where it also bit and attacked other dogs. It then moved on to Arati 2 and was spotted this morning at Kalpana before we could locate and catch it at Transition School.



So far three persons including a child

have been injured by the dog and also several dogs have been attacked. If you have come in contact with this rabies suspect dog, have suffered an injury, or came in contact with the saliva of the dog, please immediately contact the Health Centre for a vaccination shot.

If you know of any dogs or other animals which had been bitten by this dog, please contact the Auroville Dog Shelter (Arthur, 8122225266, WA) with the location of the injured dog and a picture so that we can vaccinate it. If your pet dog was bitten, please seek out a vet for vaccination.

Some people said that this dog had a few puppies. We are still looking for information about these puppies, which could also be infected if the mother dog has rabies. Our vet put the dog now under strict quarantine for 14 days. If the dog dies within 14 days then it is likely it was infected with rabies and a brain biopsy will be done to confirm it.

Please be rather safe than sorry! Rabies once symptoms begin to show in the human body which can be up to a year later is 100% fatal. It can be prevented by a simple vaccination.

- For any questions: <u>aurovilledogshelter@auroville.org.in</u>
- For emergencies, Arthur at 8122225266 WA

#### International



- Mon 8:00AM to 12:00PM
- Tues 8:00AM to 12:00PM
- Thur: 8:00AM to 12:00PM

The **European House** is pleased to welcome you in its coworking space. Come benefit from our wifi and the quiet of our place to focus and get your work done!

Free contribution, Help us pay our internet bills and improve the place! Come enjoy the quiet of our conference room 3 mornings a week! A place you can privatize! Do you need a place to host a meeting? A workshop? Or any other group activity: Send a request and book the place!

Marie, +33 695524430, european.house.auroville@gmail.com

#### **LA VITA DIVINA**

Cari amici e care amiche d'Italia, nonostante la Auroville Radio stia attraversando un periodo di difficoltà e non riesca ad andare avanti con le pubblicazioni dei podcast, voglio rassicurarvi sulla pos-



sibilità di poter continuare ad usufruire dell'ascolto de La Vita Divina di Sri Aurobindo. La sua lettura viene postata regolarmente sul canale

 YouTube di Gate Of Dreams Italia. Lo potrete trovare clickando su:

https://www.youtube.com/@gateofdreamsitalia8047

Dear Italian friends, although Auroville Radio is going through a difficult period and is currently unable to continue publishing podcasts, I want to reassure you that you can still enjoy listening to Sri Aurobindo's The Life Divine in Italian. The reading is posted regularly on the Gate of Dreams Italia YouTube channel.

 Find it by clicking on: <a href="https://www.youtube.com/@gateofdreamsitalia8047">https://www.youtube.com/@gateofdreamsitalia8047</a>

 Francesca

### Theatre, Music & Arts

## ACTORS AND ACTRESSES NEEDED For Short Film

Actors and actresses needed for a short film on social injustice and sacred beginnings of Life.

#### **Profiles:**

- Woman, above 30yrs
- Man, above 32 yrs
- Woman, ca. 17-22yrs
- Woman, above 50yrs
- Man, above 50 yrs

Commitment to prior-filming rehearsals (3-4 times) is a must.

 And any children, women, men for a short recording of a celebration scene.

#### Filming time frame:

Some time between 26 August and 2 September.

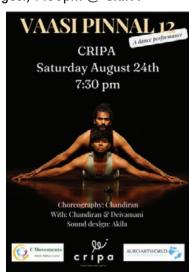
Looking forward to taking you aboard.

mothersworkforTheMotherswork@gmail.com 9751513906, Ulrike Urvasi

#### **VAASI PINNAL 12**

Saturday, 24 August, 7:30pm @ CRIPA

According to varma science, the circularity of the life energy (Vaasi) of the body is related to the circularity of the movements in the universe. Both the outer and the inner body react to the activation and interconnection of the 12 vital points within the body. The articulation of these 12 vital points forms the 12 pathways within the body. The articulation of the Vaasi in the vital channels leads to spiral movements within the spine and limbs.



The dance becomes the

manifestation of these movements in relation to space and time. As the dancing bodies keep reacting to the more and more complex inner activation and connections, the Vaasi becomes a single continuous movement inside, and, on the outside, the two bodies become one.

The duet, at first a physical response to the Vaasi, becomes an emotional response to the flow of energy inside the body—through the exploration of dynamics, weight, force, space and time as well as opposition, energy, coordination, weight negotiation, sensing and listening between two bodies.

The work addresses the idea of togetherness and opposition in silence.

This contemporary dance performance is supported by CRIPA, Auro Artworld—International Talents, and C Movements—Wholistic Wellness Centre

Choreography: Chandiran

• With: Chandiran & Deivamani

• Sound Design: Akila

Krishna

#### CENTRE D'ART CITADINES: EMERGING BY SRIDAR K.

23 August—7 September

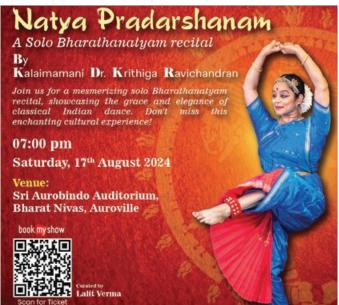
Tuesday to Saturday 9:30—12:30, 1:30—5:30

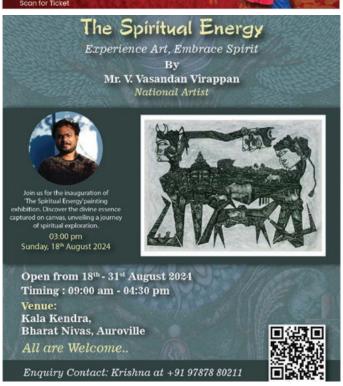
Opening: Friday, 23 August, 4:30pm Marco

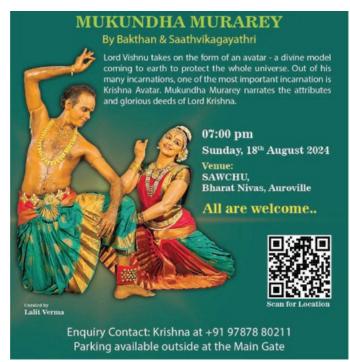




















Tango @ Harmony Hall, Bharat Nivas New batch starts the first week of each month

- Monday
  - 7pm—Introduction to Tango, 8pm—Open Source
- Wednesday
  - 7:30pm—Guided Practica, 8pm—Long Practice
     No partner required. Bring socks or dance shoes.
     And plenty of joy!
- +91 9821166082, tango@auroville.org.in
   Maud

#### DANCE CLASSES BY MANI Salsa Dance Class



#### **Tango Dance**



## A CALL TO CO-CREATE Multidisciplinary Improvisation Lab

Thursdays, 5—7pm @ CRIPA Small Hall

Through Dance, Move, Visual Arts, Poetry, Spoken Word, Theater. And Music

- Step beyond labels and redefine your art form. Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration. Self-motivated creation. Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word. Emotional storytelling through embodied movement and music.

A CALL TO GO-CREATE
MULTIDISCIPLINARY
IMPROVISATION
LAB
THROUGH PANCE MOVE VISITAL ARTS
POCTEV. SPOKEN WORD. TREATER AND MUSIC
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between disciplines.
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Eganomators for individual expression.
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Discover the boundless potential of collaborative improvisation

Submitted by Krishna



Zumba classes are happening

@ New Creation Studio, every Monday, 6pm
For regular classes DM: 8281746763 Vega

#### **BALLET DANCE CLASSES WITH FLEUR**

@ New Creation Dance Studio



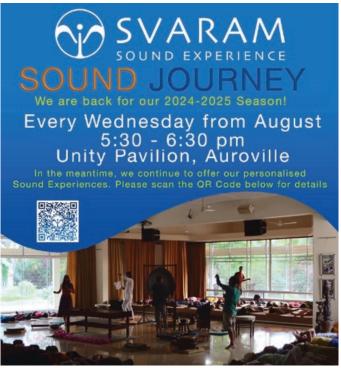
In a playful and attentive approach, each course is designed to allow children to experiment ballet movements, space and creativity.

We have batches for children from  $3^{1}/_{2}$  to 14 years old.

- Dance initiation
  - Age 4 to 5, every Monday, 2:30—3:30pm
- Classical ballet level 1
  - Age 6 to 7, every Monday, 3:45—4:45pm
- Classical ballet levels 2 & 3
  - Age 8 to 10: Every Saturday, 9:15—10:30am
  - Age above 10: Every Saturday, 10:30am—12pm

Fleur, 9600225764

Music & Art Activities



In the meantime, we continue to offer our personalized Sound Experiences. Please scan the QR Code for details.

Zech for SVARAM studio

#### **TANJORE ART CLASSES**

Every Saturday, 10am—12noon @ Ilaignarkal Education Center

Tanjore paintings hold cultural and religious significance, originating in Tamil Nadu, India. They depict Hindu deities and mythology with vibrant colors and intricate details. The use of gold leaf adds opulence, reflecting the region's artistic heritage. These paintings serve as representations of South Indian art, preserving traditional techniques and contributing to the rich tapestry of India's cultural history.



- For more details contact 0413 2623773
- Contributions on Donation Basis

Ayyanar

#### **LIFE EDUCATION CENTRE**



22, 23 & 24 August, 2-4:30pm

Joy of Working with Hands invites you for a Community Painting Project! Join us as we journey into a deep flow state through the art of stippling.

Facilitated by Deeya Bhugra, an independent visual artist from New Delhi, India. Her oeuvre spans painting, photography and poetry.

- Life Education Centre, a Centre for Holistic Learning Experiences, opp. Isai Ambalam School
- Age 20+, participation fee Rs. 500
- +91 9810800965 WA, pre-registration required!

All materials will be provided by us. Devi Namasivayam

## BHARAT NIVAS PRESENTS: SHADES OF LIGHTS 3 Day stage lighting workshop



3, 4 & 5 September, 10am—6pm @ Sri Aurobindo Auditorium, Bharat Nivas

Come and learn the art and craft of stage lighting, enhance technical skills, explore creative design techniques, to transform any stage into a visual masterpiece. Whether you're an aspiring lighting designer, theater enthusiastic or a professional seeking to refine your skills, this workshop is designed for you.

#### Highlights of the workshop:

- Fundamentals of Stage Lighting
- Lighting for Theatre/ Stage Performances
- Designing and execution of lighting
- Hands on practice
- Advanced lighting techniques
- · Creative lighting

Registration Fee: Rs 5000/-

Facilitator: Dr. L. Binu Kumar, Lighting Designer, Bharat Nivas

- For registration: bharatnivas@auroville.org.in
- For enquiries: +91 6383196503 Monisha

#### CENTRE FOR RESEARCH EDUCATION EXPERIENCE In Visual Arts

#### **Weekly Art Activities**

- Watercolor Landscape class by Sathya
  - Wednesday, 5—7pm.
- Figurative Drawing Session,
  - Friday, 5—7pm.
- **Open Studio**—a space to explore your artistic expression. Art supplies are available.
  - Open from 12:30 to 4:30 PM, Monday to Friday.
  - If you plan to attend at other times, please inform us in advance. Contact Abi: +91 9042058981
- **Portrait**: For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.



CREEVA Studio, Creativity Community, Auroville sathyacolour@auroville.org.in, +91 9486145072 WA, Sathya

#### **CREATIVE WRITING**

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves and also the spontaneous resources we harbor inside to overcome obstacles and evolve.



Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.

Duration of the session: 1h30min.

For Info and to book your session, write at <u>ijustwannawrite.email@gmail.com</u>

If you want to know more about me, check my blog:

https://ijustwannawrite.com

Let's keep up with the good writing!

Francesca

#### **SURYA PERFORMANCE LAB & CIRHU PRESENT** Freedom Of The Body: Dialogue with the Cells

23, 24, 25 August, 9am—1pm @ Harmony Hall, Bharat Nivas. Please come at 8:45am

The theme of this workshop is joy, Ananda in the cells.

An experiential immersive workshop by Philippe Pelen and Thierry Moucazambo.

A path to follow from the mind to the heart and from the heart to the body, through deep relaxation, frequencies, meditation, Pranayama, yoga, visualization, and a spontaneous natural dance. A joyful experience for the transformation of the body.

This workshop is open to all: Aurovilians, newcomers, volunteers and guests who want to discover and experiment with cellular consciousness. It is also open to participants who have at-

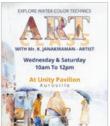


tended previous workshops and want to experience deeper inner practice. Each workshop offers a different experience.

Registration: cirhu@auroville.org.in, +91 8300387288 WA. Philippe and Thierry for Surya Performance Lab **WaterColor Techniques** 

**EXPLORE** 

- Wednesday & Saturday, 10am—12pm @ Unity Pavilion
- Art with Mr. K. Janakiraman
- For more details 9443648774, 7558401106 Submitted by Arun



Sports & Martial Arts

#### JOIN US FOR THE SPIRIT OF OLYMPICS EVENT!



16 August, 2—5pm @ Dehashakti Sports Ground

A wonderful opportunity for the community to come together! This event will host:

- An exhibition of Auroville students' creations based on various topics related to the Olympic symbols, games and athletes. Our students, right from kindergarten to high school, have made drawings, paintings, essays and written poetry. Come and encourage the little ones!
- The second exhibition is an offering from Devashish Dada and his students from the Ashram school who have created informative and creative posters on the facts of Olympics with special emphasis on the Paris Olympics.
- We will screen some memorable moments from the Olympic games.
- And lastly, we have organized many games for you to participate in and celebrate the true spirit of sports.

Bring your enthusiasm and energy as we celebrate the values of friendship, respect, and excellence. Let's make this a memorable event for all!

> Nilima, on behalf of Dehashakti and AVPEB teams together

#### **AIKIDO CLASSES**

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



#### **Adult classes**

 Tuesday, Thursday and Saturday, 6—7:30am, early morning. Beginners are most welcome. Girls and women are especially called to join us.

#### Children/ young students

- Monday, Wednesday and Friday from 4 to 5pm
- for the time being no Saturday 9 to 10am class are of-

#### Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G. 9952812843 WA, N. Murugan 83001 89062, Surya, no WA

Cristo, Rita, Surya, and Philippe for Auroville Aikido

#### KSHETRA KALARI. ASPIRATION

@ Aspiration Sport Ground

#### • Kalari Classes for Beginners

- Morning classes: 6:30—7:30am Monday, Wednesday, Friday
- Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- Kalari Classes for Advanced People
  - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- Kalari Massage Available
  - By appointment, 9042009200, Maneesh

Where Body Becomes Eyes, Maneesh For Kalari Team

#### **ABHAYA MARTIAL ARTS**

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We



took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.

#### Our regular classes

- Monday: MMA/Grappling 5:30pm, coach Giacomo
- Wednesday: MMA/Grappling 5:30pm, coach Giacomo
- Friday: Kickboxing 5:30pm, coach Ruben

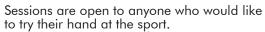
If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.

Giacomo

#### **ULTIMATE FRISBEE**

The Auroville Women's team has regular practices:

Wednesday, Saturday, 4:30—6:30pm
 @ Gaia Field



Uttara for Ultimate Frisbee



#### **BHARAT NIVAS PRESENTS KALARIPAYATTU CLASS**

in Collaboration with Kalarigram
Bhumika Hall,
6—7am, Monday to Friday

For Registration: Contribution is applicable for the class

 <u>bharatnivas@auroville.org.in</u>, office: 0413 2622253



Monisha for BN Team

#### **GIRL FUTSAL/ FOOTBALL CLUB**

Every Wednesday at 5:10pm @ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

 Just contact Beber 6385635943 for more details

Submitted by Beber

#### SWIMMING CLASS by Mani



Submitted by Mani

#### **KALPANA GYM**

Kalpana Gym is open 7—9am & 5—8pm • Monday To Saturday

All are welcome!

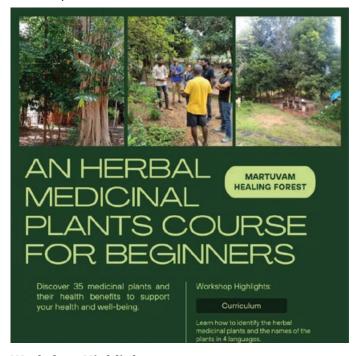
Satyakam

### Nature Activities

## HERBAL MEDICINAL PLANTS COURSE for beginners

Monday—Friday, 9—11:30am

Discover 35 medicinal plants and their health benefits to support your health and well-being. No prior experience is necessary.



#### **Workshop Highlights**

- Curriculum: Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- Expert Guidance: Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.
- Contact Us: <a href="martuvam@auroville.org.in">martuvam@auroville.org.in</a>,
  - +91 9345454232 call/ WA,
  - @ Alankuppam. Submitted by Shivaraj

#### **FOOD FOREST TOUR**

#### With Smoothie Bowls and More...

Every Saturday & Sunday, 9:30—11:30



Submitted by Sarah

#### PERMACULTURE 360° FARM TOUR

Every Saturday, 11am—1pm @ Terra Soul



Join us every Saturday from 11am to 1pm for an immersive tour of our permaculture farm in Auroville!

What to Expect: Guided tour of our lush permaculture farm, hands-on experience with sustainable practices, delicious farm-to-table lunch made from our fresh harvest, a chance to connect with Nature and like-minded individuals

- Auroville Contact: Juan 9443434182
- Limited spots available! Register now to secure your place before coming and step into a world of sustainability.

Follow us on Instagram @terrasoul\_community for more updates and glimpses of farm life! Juan



## Bioregion Activities

## AUROVILLE BAMBOO CENTRE August Program 2024

#### **Tours**

Bamboo Centre Campus Tour: Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and



wellness services related to bamboo curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.



- Auroville Bamboo Tour with Special Bamboo Lunch:
   Book your slot and enjoy our delicious Bamboo special lunch featuring a variety of fresh, local and organic ingredients. Reserve before Friday afternoon to secure your spot.
  - 11:30am—12:30pm, every Saturday
  - Note: People are requested to manage their own transport & Contribution for the tour is mandatory.

#### Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily Make and Take Hands-On Workshop Experiences

- One-Day, Make and Take Workshops
  - 9am—12:30pm, 1:30—5pm
  - Every day except Sunday
  - Registration one day in advance.



Furniture Workshop: This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then Make and Take the furniture piece back home. This unique workshop will take place under the guidance of an expert.

 Bamboo Lampshade: Come and learn to make your own Bamboo Lampshade at Bamboo centre and take home your own hand made lampshade at the end of the workshop.

#### 3 Hours Make and Take Workshops

- 10am—12:30pm or 2:30pm—5pm
- Every day except Sunday
- Walk-in registration available



- Bamboo Toys: Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.
- Bamboo Musical Instruments: We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.
- Bamboo Jewellery: Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- Bamboo Planter: Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.

#### **Upcoming Workshops & Camps, August 2024**

## Bamboo Products & Interior Design Workshop, Intermediate Course





#### 22—24 August

This workshop focuses on small scale products and interiors made from bamboo and wood combination for example chairs, tables, shelves, lamps, etc

#### **Bamboo Joineries, Beginner Course**

30—31 August





The Bamboo Joineries workshop is a two day immersive learning experience that offers the opportunity to learn the fundamentals of bamboo joineries, while engaging in a unique self-inquiry in the company of an international team of mentors.

## For more information, special requirement, and pre-booking contact:

Preferred: <u>bambooworkshop@auroville.org.in</u> or <u>bamboocentre@auroville.org</u>

or +91 8300949081, 0413 2623806, 2964727

Flexible training dates offered to groups

• Contact: Voice call and WA: 8300949081, https://aurovillebamboocentre.org/

Mani

## MOHANAM PROGRAM August 2024

Mohanam Auroville Campus 2min from Vérité, 6min from Matrimandir, 8min from Visitor's Center Experience, Explore, Energise



Contact: preferred <a href="mohanamprogram@auroville.org.in">mohanamprogram@auroville.org.in</a> Call: 8300949079, 04132190757, 04132622667

#### **Tours inside Auroville**

#### **Auroville Northwest tour**

• 10:30am—1pm, every day, except Sundays

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. It is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

#### **Mohanam Campus tour**

Come and visit Mohanam Village Heritage Centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti, herbal tea.

• 10am—4pm, every day, except Sundays For both tours, 1 day advance booking is necessary.

#### Make & Take workshops at Mohanam Campus

10am—4pm, every day except Sundays

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest your inner self through various materials and form using creative technique.

0	Pottery making	_1hrs
0	Kolam mandala painting _	_2hrs
0	Coconut shell craft	_3hrs
0	Incense making	_1.5hrs
0	Lampshade making	_3hrs
0	Paper marbling	_ 1 hrs
0	Candle making	_1.5hrs
0	Soap making	_2hrs or 1day

For all the above 1 day advance booking is necessary.

#### **Classes at Mohanam Campus**

- Cooking Class: Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
  - 10am—12:30pm, every Saturday
- Saree and Veshti Experience: Choose a saree and veshti from a variety of beautiful sarees and veshtis in our library. Get your traditional south Indian look with help of our women's group members who will assist you to drape/wear the saree & veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience.
  - 10am—4pm, every day, except Sunday

#### August month events @ Mohanam Campus

Event	Day	Time	
Indo-African Drum Circle with Dosa Night	Every Thursday, 16, 22, 29 August	5:30— 6:30pm	
Gametime	Every Friday, 16, 23, 30 August	5:30— 7:00pm	required
Seed Symphony— Aadi Perukku	3 August	10:30am— 12:30pm	
Herbal chai with Dr. Loganathan	Every Saturday, 17, 24, 31 August	4—6:30pm	Pre-booking
Tamil Chanting with Mr. Anandou	Every Saturday, 17, 24, 31 August	5:30— 6:30pm	Pre-l
Nila Soru—Moonlight Dinner	19 August	6:30— 8:30pm	

For more information and registration for all the above August events:

Contact: preferred <a href="mohanamprogram@auroville.org.in">mohanamprogram@auroville.org.in</a> Call: 8300949079, 04132190757, 04132622667

Timing: 10am—4pm, Monday to Saturday

#### **Volunteers Invitation**

Join the Mohanam Team—Make a lasting impact! Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis!

• We're looking for individuals with skills in:

Facilitation and training, Written Documentation and Filing, Administration, Accounting, Teaching kindergarten children, WordPress Website Management, Newsletter Creation, Film Making, Canva Designing, Digital Marketing and Promotion, Physical Marketing and Promotion, Fundraising and Grant Writing, Program Coordination, Kitchen Management, Campus Logistics and Maintenance, Team building and leadership, Content Writing—blogs, social media posts, program descriptions, etc. Social media handling—Instagram, Facebook, Youtube and Linkedin

- Volunteering Duration
  - Short term volunteers—Minimum 3 months
  - Long term volunteers—Minimum 6-12 months
- Language you must know: English
  - Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi
- Campus Timings: 8:30am—5pm
- Working Days: Monday to Saturday. We might require you to be there on Sunday in case of special programs/events.

Do you share our passion for empowering village children, youth, artists, artisans and girls, while appreciating Tamil culture? Yes! We invite you to contribute your expertise and make a real difference in our community.

- Benefits of Volunteering with Mohanam: Be part of a meaningful cause, help fulfil Mother's vision of bridging Auroville and villagers, gain valuable experience and develop new skills, work in a supportive and collaborative environment, campus lunch and beverages
- Ready to join us? <u>Submit your application through this link</u> or scan the qr code and submit your application. Let's build a brighter future together!

#### **Upcoming at Mohanam**

Mohanam Café coming soon... We welcome your suggestions related with food and cafe timings at mohanamprogram@auroville.org.in

#### Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville: tour, retreat space, camping, temple visit, ashram, Girivalam full moon experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

 For more information, contact us: <u>mohanamprogram@auroville.org.in</u>, 8300949079, 04132190757, 04132622667

## Auroville Bioregion Experience with Mohanam Team

Soul of Soil: opening the gateway to the village program for August, conscious and cultural tour, Auroville bio-region hub for art, craft and culture to bridge and promote local Tamil culture: touch, ride, feel, taste, hear, discover, experience

0	Village Tour	 _3hrs
0	Munnur & Perumukkal visit	6hrs
0	Salt Dune & Kaluveli Tank Visit	6hrs
0	Bio-region Village Temple Tour (Irumbai Shiva Temple & Panchavadi Hanuman Temple)	 6hrs
0	Navagraha Temple visit (Moratandi Navagraha Temple & Prithyangara Temple)	 3hrs

Wood Fossil Visit and Quarry Shower\_\_\_6hrs

All above activities one day Advance booking is necessary

• Contact: preferred <a href="mailto:mohanamorogram@auroville.org.in">mohanamorogram@auroville.org.in</a>

- Contact: preferred mohanamorogram@auroville.org.ir or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sunday

Balu



EGAI means GIVING takes its inspiration from the coconut tree whose entire being contributes to the betterment of its eco-system.





**Youth Programs** 

Products





Workshops

Service and Learning

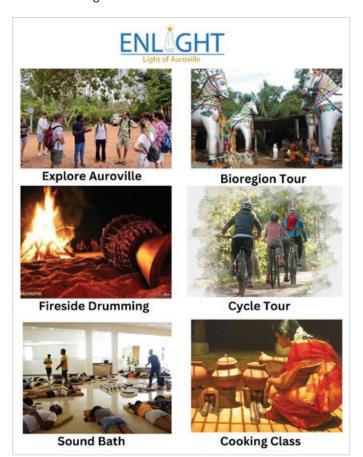
Mobile: + 91 9791896488/Email:egai@auroville.org.in www.egai.co.in +91 9791896488, egai@auroville.org.in



#### **TOUR TO THIRUVANMALLAI**



Again, starting a tour to Thiruvanmallai, every Tuesday. Leaving at 6 or 6:30am from Visitors Center back at 6:30pm. To register: 9090819998 WA. Arabinda



+91 9159468946, enlight@auroville.org.in

Anand

### POTTERY WORKSHOP



#### GET YOUR HANDS DIRTY AND CREATE MAGIC

Join us for our Pottery workshops to experience working in clay and gain one-on-one instructions on how to create your piece. Enlight offers a natural and relaxed environment to immerse yourself in Pottery. Our workshops are focused on Pottery for beginners, so no prior experience is required.



ENLIGHT Anand:9159468946 / Balaji:8270071581 Email us: enlight@auroville.org.in

#### **EARTH INSTITUTE On-Campus Training Course**

**Training** Courses

SEPTEMBER ON-CAMPUS

CSEB Intensive: 09th Sep - 14th Sep AVD Intensive : 16th Sep - 21st Sep



**EARTH INSTITUTE** 

We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning. Limited seats are available on a first-come, first-served basis.

#### Register now & join the clan!

- Contact: +91 9159225078/ 0413 2623330/ 2623064
- Registrations are open: https://registration.earth-auroville.com/

T. Ayyappan, Co-Director

## Craft Activities

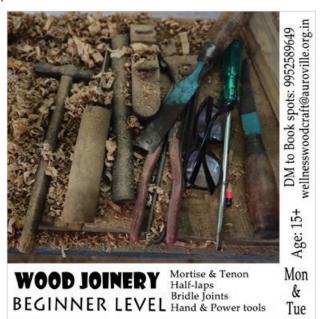
## WELLNESS WOODCRAFT: Carpentry & Wooden Craft Workshops



Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects.



Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests.



Woodworking can also provide a sense of community and connection with other like-minded individuals.

 Advance booking is necessary: wellnesswoodcraft@auroville.org.in, +91 9952589649 WA Anand

#### PAPER CRAFT WORKSHOP

#### @ Wellpaper, Auroville

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.



Contact Zeevic, +91 9385744722, 0413 2969722 Zeevic

Anailable.

#### Office Spaces Available: Aurelec

A well protected 47sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for airconditioners, high speed fiber



internet access (BSNL and Aurinoco) and canteen facilities.

Conveniently located office room (around 50 sqm.) inside Aurelec premises will be available from 1 August 2024, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

 Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/2622294 or e-mail adps@auroville.org.in

Siva for ADPS Trust

#### Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Interested people may contact

Mr. Pandian at Auromode in person, +91 99433 90391 or pandian@auroville.org.in

Pandian

#### **Household Items Available**

- Split Air-Conditioner 2 Tonne capacity,
- Flatscreen television Sony brand 32" size,
- TataSky dish tv connection with equipment,
- Home inverter with battery,
- Aquaguard water purifier RO+UV model

Available immediately. Please contact 9488830338 for details. *Manu* 

#### **Long Term House Sitting Available**

Long term house sitting for Aurovilians or Newcomers with contract through Housing Service. House is located in the center of Auroville. Two bedrooms, kitchen with dining space, living room, bathroom with big front and back terrace.

- Available from 18 August 2024. No pets.
- Contact through WA with some information about yourself: 9443535087
   Aurora

#### MacBook Pro Available

Hello. Mid 2010 MacBook Pro Available. 512G storage /4G RAM. Includes Photoshop (2018), Illustrator (2019), Abelton Live 10. Minor cosmetic damage but doesn't affect performance. Perfect for basic design/music work. With original charger + a compatible charger. Price 22, 000INR



Telegram/ WA: +91 6230832547, Manou

#### **Glass Bead Curtain**

Bijou classic deco curtain blue, green and white pattern 185cm length/85cm width available against contribution. 9655534514 WA. Isha



Looking For

#### **Looking for Housekeeping Work**

Devi is looking for Housekeeping work. She is from Bommayapalayam. Skills: she is an experienced cook, taking care of the house, kids, pets and garden.

She's happy to work part-time or full-time or any weekday. If interested please call me +91 9585161245, 790420690

Giri Thirumala

#### **Seeking House Sitting (Mireille)**

I am Mireille, a newcomer and looking forward to house sitting for the beginning of October. I could keep your house pretty, organized and clean. I like gardening. I need a house for at least 6 months (3 months is also possible).



- You can join me: 9042059889 or +33618709157
- <u>88chemins@gmail.com</u>, <u>Mireille\_nc@auroville.org.in</u>

Mireille

#### Seeking Housing Sitting (Kanchan)

I am Kanchan Avchare, a new volunteer in Auroville. I am living here in a guest house with my 4 year old son. I am looking forward to house sitting. I have no pets and I don't mind pets. I am someone who will keep the space organized and lively. I need a house for at least two months and can extend until March, 2025 if available.

9207209987 Phone, WA, Kanchan

#### **Seeking Housing Sitting (Pranathi)**

My name is Pranathi. I've been in Auroville for the last 4 years (in my newcomer process) and I have housesat 9 houses in this duration. I would like to earnestly request the community to connect me with any long term House Sitting opportunities from 11 August (minimum 6 months to one year) with kitchen and bathroom attached, safe and economical for a young female. I would gladly send the reference letters/ testimonials from my previous stewards as well. +91 9446762034 WA, +91 7845052034 Phone, pranathi@ecofemme.org



#### **SUPPORT FOR GIUSEPPE**

We are in need of financial support to continue to pay for the people that give their time and energy to look after Giuseppe. The food costs are also above what is received from Auroville. Any smaller or bigger contribution is most welcome.

- For contributions you may use FS ac. 102518 (Giuseppe).
- For additional information, contact +91 9489601312, call or WA
   Shivaya and Enrica

#### **FUNDRAISING FOR AN INTERNSHIP**



Dear fellow Aurovilians and friends, my name is Ajith, a young Aurovilian and the elder son of Logu (Loganathan), who runs the Mahasaraswathi store in Aspiration, and Manimegalai, who works at Solar Kitchen. Both my parents are long-term Aurovilians. Born and raised in Auroville, I earned a bachelor's degree in civil engineering and developed a strong interest in sustainable design and alternative

construction, influenced by various pioneers and Aurovilians in the field. Currently, I work with Pitchandikulam Forest on streamlining interpretation centre designs across Tamil Nadu. I am writing to seek partial support for pursuing higher studies in Canada, where I was accepted in November 2023, with courses starting in January 2025.

My journey began during my college days with an internship at Dustudio and hands-on workshops at the Auroville Earth Institute, where I learnt the basics of architectural design and earthen construction techniques. After my degree, I deepened my knowledge by volunteering at Sacred Groves as an intern engineer, further expanding and applying my learning to projects with natural materials like earth and lime, just before COVID-19. I then joined Matrimandir for a year, overseeing the excavation of the lake test pond and the open water channel, watershed management and tree transplantation works, and some of the gardens. This role not only helped me get closer to the spirit of self and work in Auroville but also provided valuable experience in managing and overseeing critical infrastructure projects in a well-coordinated manner.

My career path led me to Bangalore, where I worked with Wright Inspires, an architectural firm specializing in ecoresponsive building techniques, for almost two years. This role broadened my perspective on sustainable construction, from design to execution. I contributed to systems for better stakeholder collaboration, increased efficiency, and improved team functionality, highlighting the importance of efficient management in enhancing creative design practices. This experience inspired me to pursue a postgraduate diploma in management studies in a global context.

Driven by the desire to expand my management skills and knowledge, I was accepted in November 2023 into Conestoga College, Ontario, Canada, for a postgraduate diploma in Management and Leadership Development. This program offers a significant opportunity to advance my understanding of managing sustainable construction practices. My goal is to return to Auroville with a better grasp of real-time management and construction practices, making meaningful contributions in this field.

To support this important step in my career, I am seeking partial financial assistance to cover the following expenses:

- Visa fees: Rs. 45, 000 (all included)
- Flight expense: Rs. 1, 00, 000
- Food, accommodation, and living expenses for the first three months: Rs. 3, 00, 000

Given the community's recent challenges, I have opted for an educational loan to cover tuition fees but require additional support for other expenses. Any assistance, whether through donations or interest-free loans, would be greatly appreciated. Contributions can be made to Financial Service account 252058—Ajith Studies.

If you are able to offer help or need more information, please contact me at +91 9585207637 or via email at <a href="mailto:auroajith@gmail.com">auroajith@gmail.com</a> or <a href="mailto:ajith@auroville.org.in">ajith@auroville.org.in</a>. I would be really happy to share more about my plans and journey.

With gratitude and joy,

#### SUPPORT THE PUBLIC TRANSPORT IN AUROVILLE

Dear All, Accessible Auroville Public Bus service started in 2016 with help of an Italian donor, who contributed to purchase a public bus to Auroville, with the specific aim of creating a means of transportation for differently-abled individuals.



Since 2016, we have

received good support from Aurovilians and Guests until the Covid pandemic started. The service was meant to be self-sustained by collecting contributions from the bus users to cover the running expenditure. We were supported by AVI Canada and well-wishers from Auroville to cover the yearly maintenance like Insurance, Fitness Certificate, Yearly Maintenance of the vehicle etc.

Since Covid-19, the users of the bus have reduced and it became hard to cover the running cost of the bus. Therefore, we often requested help from the community to support. We tried various options to increase the use of the bus but no real progress. Only during the season, the bus is filled with people. This shows that most Aurovilians are willing to use their individual vehicles to visit Pondicherry instead of using the public transport.

We do not get any financial support from BCC for our monthly running cost or yearly maintenance. We tried a few times to get support from BCC to encourage public transport in Auroville so as to avoid the steady increase of individual transport, taxis etc. It has not been accepted since 2016.

Therefore, we invite Aurovilians, Newcomers, Volunteers and Unit workers from Pondicherry to use this service to support the public transport in Auroville. The Service is provided from Monday to Saturday with 3 trips in a day between Auroville—Pondicherry—Auroville. While increasing the number of users, the service will be able to continue on its own without any financial crisis. So far, the service could function because financial gaps were generously covered by advance given by Auroville Vehicle Service & Aurocabs Taxi Service. But it can't continue as of now. Recently Aurocabs contributed new seats for the bus (which are yet to be fixed).

Financially, the bus service is in a bad debt of around 1.4 Lakhs (April—July 2024) as of now and the expense for the yearly maintenance of the vehicle is coming ahead in end of September, which will need around Rs.1, 06, 500 towards Fitness Certificate, Vehicle Painting, renewal of Insurance, replacement of tyres and other mechanical works.

Once again, we are seeking donations to keep the service going on.

We request you to donate in our account no: 251675/ AV Accessible Bus.

Details of works to be done in end of September 2024:

- Re-Painting of Bus: Rs. 15,000
- Tinkering work: Rs. 13,000 (Body + flooring rear door)
- Tyres Replacement: Rs. 23,500 (2 Tyres)
- New seat fitments: Rs. 9,000 (14 seats)
- Renewal of Insurance: Rs. 30,500 (2024—2025)
- Mechanical works: Rs. 9,000Fitness Certificate: Rs. 6,500

Total: Rs.1, 06, 500

Let us join together to reduce the carbon footprint and the traffic around us. By supporting public transport, you could have a safe journey, reduce the carbon footprint and save money.

Raju, for Accessible Auroville Public Bus, Auroville

## THAMARAI LEARNING CENTRE Needs Sports Equipment



Dear community, do you have any weights/ dumbbells, kettle bells, medicine/ strength balls, resistance bands, punching bags and or gloves etc that you are not using?

We could really make great use of these at the **Thamarai Learning Centre!** 

the children in our after-school and weekend programs, as well as for health programs with local youth and adults:

- Please contact us: thamarai@auroville.org.in or +91 9566936746 WA
- Or maybe you would like to donate for us to directly purchase this needed equipment? If so, we welcome with gratitude any contribution to FS account number: 251633

Carla, for the Thamarai Team

## Work Offering

#### **EXPERIENCED TEACHER SEEKING POSITION**

Kalaivani from Bommayapalayam village is a dedicated and qualified Tamil teacher with 4 years of teaching experience seeking a challenging role. She holds a Master's degree in Tamil and an B.Ed qualification, demonstrating her commitment to the Tamil language and education.

With a proven track record of engaging students and delivering effective lessons, Kalaivani is eager to contribute her expertise to a dynamic educational environment.

- Key Qualifications: M.A. in Tamil, B.Ed, 4 years of teaching experience, strong command of the Tamil language
- Excellent communication and interpersonal skills

If you are seeking a passionate and skilled Tamil teacher, please contact Kalaivani at 70948 42105, 7904210690

Submitted by Giri

## Work Opportunities

#### **FAMC OFFICE ADMINISTRATION PERSON**

Funds & Assets Management Committee (FAMC) is looking for a full time Office Administrator.

- As an Aurovilian, if you are passionate about implementing the City of Truth and all its needed assets, resources and funding and if you can list all the sub groups of FAMC and more, provide a succinct outline of the work required of each of the sub groups, we would like to meet you.
- Understanding of proper communication, use of Google Workspace for various administration tasks, use of project coordination tools, facilitations of meetings, tracking works to completion with a proper closure etc. are skills that are pre-requisite. Some areas of gaps may be supported for learning and overcoming. If you are in for the long haul, we welcome you to come participate.
- Working with the FAMC members and as a team member, full and complete team trust and confidentiality is expected.

If interested please send us email on famc@auroville.org.in, Balaji, FAMC Admin

## BHARAT NIVAS Looking For Office Assistance Full Time

This is to inform you that we are looking for office assistance full time. Basically the job will be to follow the communications, looking after the bookings of different venues, entire responsibility of communications, co-ordinations of events etc.

 Note: Experience of computer knowledge along with full experience of speaking and writing English is a must.
 Janmejay Mohanty, Bharat Nivas Trustee, 8249335483

## ECO FEMME IS LOOKING FOR an International Sales Coordinator!

Would you like to join our Sales team, working with International retail customers? We are look-

eco • femme

ing for a full-time member. Skills and experience required:

- Proven experience in sales coordination or a related field.
- Competent written and verbal English communication skills with a dash of creativity.
- Proficiency in Google Workspace, specifically Google Sheets, Docs, and Slides.
- Ability to speak other languages, specifically European languages, is a plus.

We are based in Auroshilpam.

Starting date: Immediate

For more detailed information and applications, please write to <a href="mailto:maha@ecofemme.org">maha@ecofemme.org</a> with your updated CV. Looking forward to hearing from you!

Maha

Honorary Voluntary

## INTEGRAL MATHEMATICS SESSIONS looking for an Assistant

Integral Mathematics Sessions for children is looking for kind, understanding, helping hands of integral Educators to assist during math sessions.



#### Requirements

Open mindset, must understand and practice Integral yoga by The Mother and Sri Aurobindo. Doesn't believe in teaching. A living joyful Being. Understanding Mathematics is an added advantage.

#### **Working Hours:**

- Wednesday, 4:30—6pm
- Thursday, from 2—5:30pm
- Friday, 2:45—3:45pm

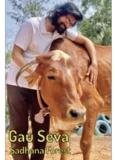
Please write back to <a href="mailto:snehal\_nc@auroville.org.in">snehal\_nc@auroville.org.in</a> with your intentions (why you want to join), thoughts, and details.

Snehal



Nidhin for AuroOrchard team

#### **GAU SEVA AT SADHANA FOREST!**



Your heartful service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924 The Sadhana Forest team, Aviram

#### FARM SERVICE IS LOOKING FOR VOLUNTEERS

Mondays at 10:30am, for an interview @ Bhumika Hall, Bharat Nivas

Dear Friends, The Farm Service is looking for volunteers to serve in the farming sector. Interested candidates (Aurovilians) may come to the Bhumika Hall (Bharat Nivas) on Mondays at 10:30am for an interview. *Gino* 



## KUILAI CREATIVE CENTER Seeks Volunteers

We are looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English:
  - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.

#### **INSIDE AUROVILLE**

Offers consulting services voluntarily in gratis (Pro Bono) for the below areas only to registered units/activities who/which do not have a qualified and experienced in-house resource.

#### Focus:

- Startups: Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections— Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

#### **Contact Details:**

Surajkiran, 9884204918 (Voice and WA), surajkiranv@gmail.com

Balaji

## Foods, Goods & Services THE SPROUT IS OPEN ON 15 AUGUST

#### 4 20 ---- +:II 4----

6:30am till 4pm

Our cafe will be open from 6:30am till 4pm on Sri Aurobindo's birthday & Independence day, and 7am—4pm on other days except Sunday. The Sprout has vegetarian and vegan food, includ-



ing our house blend of vegan Barista milk. The breakfast options include omelet & toast (vegan or with Auroville eggs), Chia bowls, Strawberry bowls & much more. Our daily lunch menu consists of 3 different dishes all freshly prepared—visit www.thesprout.in to see the daily menu available.

The Sprout is situated inside Auroville, on the Verite Radial in the UTSAV building. Monica

## POUR TOUS WATER SERVICE Activity

January 2020—December 2023

#### **Activities of PTW**

- Bore well pump checking, repair & maintenance
- Water tank cleaning and maintenance
- Exterior & interior Emergency plumbing, repair and maintenance
- Sludge & Septic tank maintenance
- Water supply by tank of (2500 & 5000 liters)
- Generator supply (4kva, 7.5kva—10kva & 40kva) and Compressor

The work and objectives of PTW are essentially an Emergency 24/7 Repair & Maintenance Public Service. We are available for emergencies

Plumbing
Workshop
Pump Repair
Septic tank
Transport
Water Tank
Compressor
Miscellaneous

PTW Activity 2020-23

(Number of Interventions)

129122 95

2,503

such as Plumbing/ Pipe broken/ Sludge crises/ Borewell & Pump problems/ Compressor/ Water delivery/ Fire/ or other natural damage.

The present report presents an image of Pour Tous Water's activities from January 2020 to December 2023.

#### **Activities**

In number of hours, the dominant activity is Plumbing work (nearly 2/3 of the total number of interventions).

Distribution	of	Activity	over	227
Places				

The activity is dispersed over 227 communities or identified places. But 1/3 of the interventions cover 10 communities, 50% cover 20 communities, etc.

Nbr, Places	%, Activity
10	33%
20	50%
51	75%
92	90%
227	100%

#### **Activity in Number of Interventions**

Nbr Interventions	2020	2021	2022	2023 Gr	and Total	%	Evol
Plumbing	512	651	649	691	2,503	65%	1.35
Workshop	35	135	80	40	290	8%	1.14
Pump Repair	91	68	64	99	322	8%	1.09
Septic tank	114	25	14	17	170	4%	0.15
Transport	16	55	70	66	207	5%	4.13
Water Tank	52	43	22	12	129	3%	0.23
Compressor	11	8	38	65	122	3%	5.91
Miscellaneous	14	54	5	7	80	2%	0.50
Generator renting	8	1	1	5	15	0%	0.63
Grand Total	853	1,040	943	1,002	3,838	100%	1.17

81% of the number of interventions belong to Plumbing, Workshop activities and Pump repairs. There is an increase of +17% over 3 years (+35% for Plumbing).

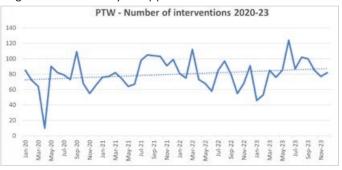
#### **Activity in Number of Hours**

Nbr of Hours	2020	2021	2022	2023 G	rand Total	%	Evol
Plumbing	1,358 h	1,423 h	1,339 h	1,505 h	5,625 h	62%	1.11
Pump Repair	428 h	297 h	264 h	345 h	1,334 h	15%	0.81
Workshop	120 h	228 h	150 h	83 h	580 h	6%	0.69
Septic tank	322 h	84 h	36 h	33 h	475 h	5%	0.10
Compressor	66 h	14 h	70 h	137 h	286 h	3%	2.09
Water Tank	117 h	75 h	44 h	23 h	258 h	3%	0.20
Transport	41 h	43 h	80 h	80 h	243 h	3%	1.95
Miscellaneous	26 h	106 h	11 h	17 h	159 h	2%	0.67
Generator renting	36 h	2 h	2 h	10 h	49 h	1%	0.26
Grand Total	2,512 h	2,270 h	1,993 h	2,232 h	9,006 h	100%	0.89

77% of the number of worked hours belong to Plumbing and Pump repairs.

#### **Evolution**

PTW Service registers a slow growth of activity of +17% from 2020 to 2023, with Plumbing, the main activity, increasing by +35%. The evolution of the number of registered hours does not reflect the evolution of the number of interventions, which might be due to faulty or approximate entries in the Journal.



#### Pour Tous Water is a free service

We are glad to announce that Pour Tous Water (PTW) is a free service following the spirit of the Resident Assembly decision taken in January 2014.

BCC/FAMC and the Pour Tous Water team came to an agreement that the BCC budget will cover all the PTW expenses.

• A monthly recurring budget of around Rs 63,000 is allocated.

Pour Tous Water will give free emergency services as per the list below:

#### Free service offered by Pour Tous Water

- 1. Plumbing—Exterior & Interior emergency, repair and maintenance
- 2. Water supply—deliver ASAP water by tank on the spot for user in needs: i.e. natural damage, emergency situation, AV cultural event and educational event.
- 3. Borewell and pump (repair and maintenance)
- 4. Generator supply emergency for pump repair work
- 5. Standby Pump supply during emergency period
- 6. Sludge removal (temporarily coordinate with outsiders)

Pour Tous Water offers all Auroville's residents, communities, services and commercial units alike its services, labour is free, material if needed for replace without extra charges by PTW.

- Transfers should be done only to the City Service PTW collection account: #240302, payments in cash are not accepted.
- Contact PTW at Abri:
  - Landline 2622899
  - Office Mobile: 9843644308
  - Email: ptw@auroville.org.in

Grace for the Pour Tous Water Team

## EXCITING NEWS from Sudha's Kitchen!

We are open from Monday—Saturday, 8am—9pm

We are open after the summer break and serving Mediterranean Cuisine for breakfast, lunch and dinner.

We are warmly welcoming you to join us and taste our fresh and delicious food.

t, u h

You can find more about us on:

- · Instagram @Sudhaskitchenav & Dropzy app.
- Contact number:
  - +0413 3509884, +91 7094358547
- E-mail ID: <u>sudhaskitchen14@gmail.com</u>

Submitted by Sudha

## INTEGRAL HARMONY FARM Now Offers Charcoal

Our team at the Integral Harmony Farm is thrilled to announce the completion of our new charcoal kiln, a project that was conceptualized a year ago and has been in the making for the past three months. The kiln boasts a unique design that merges some of the best elements of Japanese and Scandinavian ideas. This innovative design, incorporat-



ing features from both streams of thought, ensures optimal performance and efficiency. High-quality steel construction enhances durability and maximizes heat retention and distribution, producing superior charcoal. We are confident that our kiln represents the pinnacle of charcoal-making technology in the region—we even hazard to say that our kiln is the best charcoal machine in Auroville and perhaps in all of South India! Meticulous planning and execution have paid off, as we have fired it twice already, yielding excellent results. We are writing not only to show off but also to share the fruits of our labor with you. We are excited to offer our top-end charcoal at low prices. We now offer two types of charcoal for sale: Grade One and Grade Two.

Grade One charcoal is of the highest quality, distinguished by its silvery tone and exceptional properties. This versatile charcoal is suitable for a variety of technical applications:

- It is extensively used in the culinary world for grilling and barbecuing. Its ability to burn at high temperatures with minimal smoke makes it ideal for cooking.
- It is a vital component in smelting processes and metalworking in industry, where its high carbon content and purity enhance metallurgical outcomes.
- It is used as a precursor for water and air purification projects. Activated charcoal is employed in water purification and air filtration systems thanks to its exceptional adsorbent capabilities, which effectively remove toxins and impurities.
- It is used in specialist gardening applications, such as cultivating orchids.
- Lastly, it also finds its place as a precursor in health and beauty products, serving as a natural detoxifier in skin care treatments and teeth-whitening solutions.

Grade Two charcoal is meant for agricultural purposes. When used as a soil amendment, this form of charcoal offers numerous benefits for the earth. Its porous structure enhances soil aeration, water retention, and nutrient absorption, creating an optimal environment for plant growth. Charcoal also acts as a habitat for beneficial soil microorganisms, promoting a healthy and balanced ecosystem. Over time, incorporating charcoal into the soil improves soil structure, fertility, and overall health, leading to more sustainable and productive agricultural outcomes. Farmers and gardeners can significantly improve their yields and soil health by incorporating Grade Two charcoal into the soil.

- We now offer Grade One charcoal at Rs.40 a kilo and Grade Two charcoal at Rs.30 a kilo.
- We provide our charcoal in convenient 2-kilo and 5-kilo bags, which are available for pickup
  - at the Botanical Garden (open from 9am to 5pm),
  - PTPS (open from 8am to 6pm), or our farm (open from 9 to noon and then 2 to 4 in the afternoon.)
- We also have 10 kilo bags available for pickup from our farm for those needing larger quantities, although these must be ordered in advance.

Write to us, and we will prepare a bag for you. Additionally, we can accommodate higher quantity orders, but please be ready for a potential wait due to high demand. We understand the importance of convenience, and our pickup

and delivery options are designed to make your experience with us as smooth as possible.

Beyond individual sales, we proudly offer regular deliveries to other farms and forests. Our commitment to providing high-quality charcoal at affordable prices extends to supporting the wider agricultural and foresting community. Whether you need a small amount for personal use or larger quantities for commercial purposes, we are here to meet your needs and contribute to the sustainable development of Auroville.

 Contact Velmurugan at +91 9751468504 or <a href="mailto:integralharmonyfarm@auroville.org.in">integralharmonyfarm@auroville.org.in</a>

> For Integral Harmony Farm, Pranav and Velmurugan

#### NATURELLEMENT GARDEN CAFÉ IS OPEN

9am—7pm

Dear friends, Naturellement Garden Café is open for its regular hours 9am to 7pm. You are again welcome for an early dinner! Last orders taken at 7 sharp, but you can then stay on at your leisure.



Chitra for Naturellement Garden Café team

#### **GOYO KOREAN SILENT RESTAURANT**

Lunch: Tuesday & Friday, 12:30pm
Tea Ceremony: Wednesday, 10am & 3pm
@ Luminosity Auroville



 Please book for lunch/ tea ceremony minimum a day before: +919489693809, goyo@auroville.org.in

Won Ja for Taste of Korea

#### **ANITYA: COMMUNITY LUNCH**

12:30 on Thursdays and Saturdays



Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

Contribution required, (discount for AV/ NC & Volunteers)
 See you at 12:30 on Thursdays and Saturdays in our community kitchen!
 Nikethana for the Anitya team

#### **PATHWAY CAFE**

Bharat Nivas Pathway Cafe is happy to invite you to come and try our healthy and clean food at a very reasonable price and with a 20% discount for Aurovilians and newcomers and volunteers.



The menu includes sandwiches, Burger, Vada Pau, Bread omelet, with a variety rice and air fried French fries besides the juices and Lassi.

One can get a full lunch within Rs 100. Please come and try and encourage us. Aravind, Bharat Nivas Team



#### Ongoing till 31 August

**Location**: AVAG (Auroville Village Action Group Campus) Irumbai Main Road, Opposite TNEB Sub-Station Auroville-605111

**Products:** Ethnic wear for women, men and children. Up to 80% discount

Anbu and Nadia

#### LIVELY DISCOUNT

8:30am to 5pm, Opposite Ganesh Bakery



We are having a summer discount sale at a Lively. Discount on all kinds of clothing. Available to visit us from 8:30am to 5pm.

Rajavani for Lively Team

#### SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in **Utsav Complex**. And we would always like to pro-



vide you with fast and reliable service.

Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

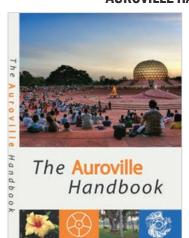
#### **Contact Sarvam Computers**

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

#### **AUROVILLE HANDBOOK**



Dear friends, greetings from Prisma, Auroville!

We are planning to reprint in the coming months a new version of the Auroville Handbook, which is a valuable guide to the many varied activities that take place in Auroville, an emerging international township. We will print 2000 copies, and are ready to print your full page advertisement. Meanwhile, we are happy to receive from you any suggestion, contribution or information.

The Auroville Handbook is a valuable guide to the many varied activities that take place in Auroville, an emerging international township situated in the south of India.

The Auroville Handbook provides information on Auroville's guest houses and visitor facilities, services, commercial units, arts and culture, health, yoga and sports, afforestation and renewable energy, international centers abroad, neighborhood, Puducherry and Chennai.

Size of Advertisement: 14 x 21 cm. (Extra 3mm bleed)

- 14 x 21cm = Rs. 10,000/- (Front Inside cover)
- 14 x 21cm = Rs. 10,000/- (Back Inside cover)
- 14 x 21 cm = Rs. 7,000/- (Full page—Inside)

Please contact us: <a href="mailto:prisma@auroville.org.in">prisma@auroville.org.in</a>
0413 2622296, 9442891912
Franz for Prisma

## REDUCED-PRICE Maroma Products for all Aurovilians in the Outlet Store

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet



- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

See you there! Jesse for The Maroma Team

#### **FOODLINK MARKET OPEN EVERY DAY**

Monday—Saturday, 9:30am—12:30pm



We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info, call/ WA +91 83002 68804 or pass by.
 Foodlink Team. Isabelle

FoodLink basket order form here

## JOIN US FOR THE TEST DRIVE Of the Ather Rizta Electric Scooter!

23 & 24 August, 9am—4pm



Dear Community Members, we invite you to test drive Ather's latest electric scooter, the Ather Rizta, along with other models. Experience them firsthand at our test drive event and deal directly with Ather to avoid additional charges.

**Location**: ITS (Integrated Transport Service), Solar Kitchen Area, Front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

#### **Highlights**

- Test Drives: Try out Ather's innovative electric scooters.
- Q&A Sessions: Get all your questions answered by our expert team.
- Interactive Demos: Explore the advanced features and eco-friendly benefits.
- Special Offers: Exclusive deals for attendees.

Join us to experience the future of electric mobility!

Rajesh.D for ITS (Integrated Transport Service) Team



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

Landlines: 0413 2623586, 0413 2623587Cellphones: 9047015801, 9443362218

• Email: <u>uts@auroville.org.in</u>

Lakshmi

for UTS Transport Service Team

#### SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.



 Taxi bookings can be made directly through our STS (ITS) office.

**Location**: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in Rajesh.D for Shared Transport Service



#### Open House every Thursday, 10:30am

Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!

#### **QUTEE ELECTRIC SCOOTER SERVICE**

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road



Service just off the tar road before the Puncture Service.

New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

You may call Qutee 9443372418 for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

#### SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service

Please contact Ranjith, Aurovilian:

8610997059, subramani13@auroville.org.in. Ranjith

#### **SURABHI SUPPLIES**

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, more through bulk purchases, saving you time and money.



Contact us for all your procurement needs:

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: lyyappan

Let's simplify and optimize your sourcing process together! lyyappan, Surabhi Supplies

#### **BOOK BINDING**

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kuilapalayam.



8940648542, Michel

#### **DROPZY**

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

Download link as shown below:

**Android** 





Stay tuned in to our announcements and the app regularly, for more updates.

Sathish Arumugam for Dropzy, +91 8098144686, www.dropzy.in

#### **NEW WAVES**

Offering PCB Assembly and appliance repairs at Aurelec. If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/8098193820
- newwaves@auroville.org.in newwavesauroville@gmail.com
- Office open afternoons only Monday to Saturday, 2—5pm



#### RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look



forward to your continued use of our services in the future.

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, DTH, Security Camera
Electrical Works	Wiring & Meter box, Lights, Switches & Sockets, Motion sensor.

• Contact: + 91 8270071581/ +91 7639810621

Primary Email: rapidcare@auroville.org.in

Secondary Email: rcsrapidcareservice@gmail.com

Instagram handle: @rapidcare1

For Rapid Care, Balaji & Arun

#### FREESTORE INVITES YOU TO PARTICIPATE

Dear Community members, as many of you would know,



the Freestore was conceived since the inception of Auroville. By divine grace, we at the Freestore continue to serve in the joyful spirit of free sharing as a community. We invite you again to be a part of our joyful journey together!

You can do that by participating in our free exchange concept of items like clothes, accessories, and many more by giving what you don't use any longer and taking what you find useful. Volunteer your services by helping us check, display beautiful items, interact, care, and create in so many unique ways. Do join, share and care along with us For the freestore team, Kamala at the free store.

#### **RUPAVATHI JOY ACTIVITIES**

#### **Bio-Region Temple Tour**

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

#### **South-Indian Cuisine—Cooking Class**

Learn to cook some delicious delicacies of south India with Rupavathi. Please book sessions in advance.

Monday to Saturday, 10am—5pm @ Creativity. Thai Massage: Monday—Saturday, 9am—5pm.

To book massage sessions or for more information, please contact me personally.

Tailoring: We can tailor and customize any kinds of dresses, sari-blouses and kurtas.

Contact: Phone/WA 8098845200, rupavathijoy@gmail.com

Rupavathi Joy

#### **HAIRDRESSER**

Hairdresser. For you and/ or your child's next haircut: inspired, striving-for-the-perfect, 12 yrs young artist Ahana looks after you and/ or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or <a href="mailto:essence.touch@yahoo.de">essence.touch@yahoo.de</a>



Ulrike

#### TRAVEL NEWS FROM INSIDE INDIA

Tuesday, 13 August, 2024

We are always open and ready to take the hassle away from you when it comes to booking your travels, be it in and out of India, as well as Inside India itself... You name it, we do it: Flight tickets, Bus tickets, Train tickets, Travel Insurance, Visas, transport in Taxis, even some



required nights of rest if that is the case...

Our door is open from 9:30 till 4pm.

Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10:30 till 4pm, landline 2623030 (Monday to Friday). Saturdays on appointment only.

He can also be contacted anytime via mobile or WA:

- · +91 9894598686 and
- by e-mail: <u>travelshop@inside-india.com</u>

We can also help you build the dream tour of India in general, Southern India in particular. You may send us your request by email:

- insideindia@auroville.org.in or
- insideindia@inside-india.com

#### Some current offers

- Etihad airways offer fare from Chennai to Paris, Frankfurt, Munich, Amsterdam, Brussels, Madrid, Milan, Zurich and Rome
- Air Vistara special fare from Chennai to Paris, Frankfurt, London
- Malaysian airways and Thai airways special fare from Chennai to Seoul.
- Air India offer fare from Chennai to Zurich, Copenhagen
- Qatar airways competitive fare from Chennai to Lisbon, Hamburg
- Aeroflot flight offer fare is available from Delhi—Moscow—Delhi.

We are accepting both Indian and International debit and credit cards, as well as UPI IDs and QR code payments at our office. #Conditions apply. And of course transfers on our Financial Service Account are very welcome...

#### **Travel Tips**

- Sri Lanka e-Visa Suspended due to multiple petitions, the Sri Lankan Supreme Court has suspended the new e-Visa system, implemented on 17th April 2024, effective 2nd August 2024. Key Points:
  - All e-Visa applications made after 2nd August will receive a refund. Please share the application number and details on travel.partner@srilankavisa.lk
  - Currently, there is no online platform for issuing e-visas.
- Effective 1 July 2024, all inbound travelers to Cambodia will be required to submit an electronic arrival card at least seven days prior to their arrival.
  - Known as the 'Cambodia e-Arrival' (CeA), this initiative aims to expedite and modernize the entry process.

The digital card replaces the traditional paper-based immigration form, health form and customs declaration, consolidating them into a single, convenient online portal.

Travelers can access the e-Arrival system through two channels:

- Official Website: The official government website, <u>https://arrival.gov.kh/</u>, allows for online submission of the e-Arrival card.
- Mobile App: The Cambodia e-Arrival app is available on the Apple App Store and Google Play Store.
   It offers a convenient mobile platform for completing the e-Arrival card.
- The Embassy of India in Bangkok, Thailand, issued a press release stating that the Government of India has announced a visa fee exemption scheme (e-Tourist visa) for ordinary Thai passport holders. The exemption applies to e-Tourist visas and will be effective from July 1 to December 31, 2024.

The new scheme allows Thai tourists to visit India for up to 30 days with double entry without paying any visa fees. However, e-Tourist visas must still be applied for in advance through the designated website: https://indianvisaonline.gov.in/evisa/tvoa.html.

- Important Notice for travelers applying for Schengen visa in West & South India:
  - For families applying together, it is permitted for just 1 of the parents to book an appointment slot under their name and for the rest of the family members to accompany them on the same appointment booking/ appointment letter.
  - Your familial relation must be verified via your passport, child's birth certificate, marriage certificate.
  - As per directive received from the Belgium Consulate in Mumbai, a family would be considered as Husband, Wife & their children under the age of 25 only. Visa Application Centre's would not permit entry to additional familial relations/ accompanies such as grandparents, siblings, house help, nanny etc. unless they have their individual appointment booking/ letter.
  - Travelers from West and South India who wish to apply for a Belgium visa under the below mentioned category can walk-in to their respective Visa Application Centre in the jurisdiction of the Belgium Consulate in Mumbai and do not need to book an appointment.

Several travellers were "boarding denied" as check-in staff didn't accept the e-FRRO Stay Visa as valid document without backed it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available anymore, take at least a photocopy of the original Visa.

 Also, this LINK will tell you all that you need to know about Flight delays and/or cancellations.

And be aware that Corona is NOT fully dead yet so some places may have some new "relaxed" restrictions mostly regarding the usage of masks in public places... this map will show you the "official" stands of most countries in the world but it might be good to search the specifics of the countries you are planning to visit before hand...

• Finally, this LINK can be useful too in case you are traveling on your own... or not...

Priyal, Rima, Olivier for Inside India New Team Poetry

#### **AUTUMN TWILIGHT**

A season now draws to its end The unforeseen approaches, A guardian goddess come to lend What body to our voices? The autumn now across the sky Is stained a blood-deep red, The wind it whispers in the trees The leaves fall to earth's bed. The twilight whispers in the wind A mood that seems to say, That all our loves have come to weep, But none have come to stay. And all our lives at last have come And gathered to her breast, All our lives at last have come At last have come to rest.

Roger Harris

#### SOMETHING GETS IGNITED

Something gets ignited

In me.

It burns

And lasts.

It scorches

And soothes.

It steals

And swallows

Me.

No, I can't resist it. And you don't have to

Save me.

Rest well.

It will rise

In you

As in me.

With joyful Gratitude, Anandi Z.

Voices & Notes

#### **AVATARHOOD**

"The Avatar therefore is a direct manifestation in humanity by Krishna the divine Soul of that divine condition of being to which Arjuna, the human soul, the type of a highest human being, a Vibhuti, is called upon by the Teacher to arise, and to which he can only arise by climbing out of the ignorance and limitation of his ordinary humanity. It is the manifestation from above of that which we have to develop from below; it is the descent of God into that divine birth of the human being into which we mortal creatures must climb; it is the attracting divine example given by God to man in the very type and form and perfected model of our human existence."

This is the central teaching, as it emerges in Sri Aurobindo's "Essays on the Gita".

Among those who accept the Avatar phenomenon, a certain mentality expects him to be free of human imperfections from the beginning. Arguing that the perfect cannot be burdened with human imperfection, these too are dualists, as Sri Aurobindo calls them in "Essays on the Gita"; what they opine would nullify the purpose for the divine descent. To re-establish justice and virtue is only one aspect; the divine Omnipotence

can also use vibhutis, great personalities and great movements. "There are two aspects of the divine birth; one is a descent, the birth of God in humanity, the Godhead manifesting itself in the human form and nature, the eternal Avatar; the other is an ascent, the birth of man into the Godhead, man rising into the divine nature and consciousness, madbhāvam āgatah; it is the being born anew in a second birth of the soul. It is that new birth which Avatarhood and the upholding of the Dharma are intended to serve." Adding, "Avatarhood for the sake of the Dharma would be an otiose phenomenon"; the "rising of man into the Godhead" is the Avatar's ultimate mission.

Without is within, society is the sum of countless souls. The Avatar manifests to lead the march towards a new law of being and a new ordering of society; his magnum opus is the transformation of the human race, from within no less than from without. The purpose of the divine incarnation is to bring about a leap of consciousness in the mass of individuals constituting the collective, in harmony with the spirit of the oncoming age. At the crossroads we have



reached, the Avatar's mission is to prepare the ground for the advent of a society of Gnostic supramental beings.

To our transitional existences the Avatar shows the way to the foreordained transformation of our nature. Taking upon himself the burden of human impossibilities, to make the Avatar's message accessible demands partaking our humanness. Sri Aurobindo explains that in charting the path for a new species the Avatar undergoes many trials; guiding mortals towards a more perfect state of being, by his own example he shows how obstructions can be overcome and the goal attained. This points to the self-sacrifice of the Divine in the deepest and most integral sense of the word: the sacrifice of his inborn perfection.

With regards to the Supramental Yoga Sri Aurobindo warns that his is a most difficult path, not to be commenced unless determined to pursue it till the end. In one letter he writes that his disciples are, by necessity, "not spotless Saints or perfect born Yogis but men who carry in them their human nature and typify each in his own way what is in the world and what has to be changed". He continues, "The influence of the hostile Forces was on them as on all human beings". Consequently, sadhana involves coming to terms with the play of hostile forces, whereas not to deal with them "would have been to leave the problem unsolved and the work undone." These forces are as much universal and connected to the world-scene as they are individual. In another letter Sri Aurobindo observes, "As for attacks, they can attack anybody. Christ and Buddha too had to bear the assaults of the Asura. But invasion in a man is only possible if there is something in him that gives a response and opens the gate."

The above considerations, essential to grasp the ground-reality in which the Avatar operates, go hand in hand with the tremendous resistances those engaged in the evolutionary transformation have to face all along. Exposing the dynamics of the involution-evolutionary process, Sri Aurobindo unveils, "of course anyone who wants to change earth-nature must first accept it in order to change it. To quote from an unpublished poem of my own:

He who would bring the heavens here

Must descend himself into clay

And the burden of earthly nature bear

And tread the dolorous way."5

Paulette

(From the introduction I wrote to "Avatarhood—Human and Divine", third print.)

<sup>&</sup>lt;sup>1</sup> Essays on the Gita, CWSA 19, 157.

<sup>&</sup>lt;sup>2</sup> Ibid. 148.

<sup>&</sup>lt;sup>3</sup> Ibid. 642.

<sup>&</sup>lt;sup>4</sup> Ibid. 655.

<sup>&</sup>lt;sup>5</sup> Lines from A God's Labour. The quote is taken from Letters on Himself and the Ashram, CWSA 35, 284.

#### THE UNIFYING DIRECTION

Going back to Source is a shared Vision-goal of all seekers of an Integral Truth:

"Empty your mind of all thoughts. Let your heart be at peace. Watch the turmoil of beings, but contemplate their return. Each separate being in the universe returns to the common source. Returning to the source is serenity.

If you don't realise the source, you stumble in confusion and sorrow.

When you realise where you come from, you naturally become tolerant, disinterested, amused, kind-hearted as a grandmother, dignified as a king.

Immersed in the wonder of the Source<sup>1</sup>, you can deal with whatever life brings you..."

Chapter 16, Tao Te Ching by Lao Tzu

Translated by The City University of Hong Kong

http://web.archive.org/web/20040220095454/http://www.ee.cityu.edu.hk/%7Elmpo/laozi/

The Sanskrit word "Yoga" beautifully expresses this individual quest for re-union with Source. Here's Sri Aurobindo:

"The laws of being are at bottom one for all of us, because all existence is one existence; one spirit, one self, one mind, one life, one energy of process is at work; one will and wisdom has planned or has evolved from itself the whole business of creation. And yet in this oneness there is a persistent variety, which we see first in the form of a communal variation. There is everywhere a group energy, group life, group mind, and if soul is, then we have reason to believe that however elusive it may be to our seizing, there is a group-soul which is the support and foundation—some would call it the result—of this communal variety. That gives us a ground for a group karma. For the group or collective soul renews and prolongs itself and in man at least develops its nature and experience from generation to generation. And who knows whether, when one form of it is disintegrated, community or nation, it may not wait for and assume other forms in which its will of being, its type of nature and mentality, its attempt of experience is carried forward, migrates, one might almost say, into new-born collective bodies, in other ages or cycles? Mankind itself has this separate collective soul and collective existence. And on that community the community of karma is founded; the action and development of the whole produces consequence of karma and experience for the individual and the totality even as the action and development of the individual produces consequences and experience for others, for the group, for the whole."

https://incarnateword.in/compilations/the-hidden-forces-of-life/forces-of-action-and-reaction-and-destiny

In Auroville the City of Dawn of the Kalki Avatar Sri Aurobindo and the Mother, we go further from the individual Self-realisation of Oneness and descend back to Earth to continue and prepare this Divine Field for the Supramental evolution of consciousness, mind, life and material body in the collective mode, with a clear Vision-Goal of reaching a critical mass of awakened humans that will precipitate the advent of a new apex species the Supramental being with a Divine Direct Willpower the result of which is the blossoming of Satya Yuga, the Golden Age.

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent." — The Mother

https://auroville.org/page/core-documents

With the clarity of the Avatar's Revelations and the support of the Supreme Divine Mother MahaShakti's Creative Power, we here in Auroville are compelled towards this unifying direction continuing on as willing servitors and Hero Warriors of the Divine Consciousness-Force leading to the inevitable Life Divine on Earth...

Zech, 2024.08.10

#### **FARM ASSESSMENT RESEARCH**

Dear Community, happy to share with you the farm assessment work that we started in August 2023 urged by the need to have an overview of the individual farms and the farming sector as a whole. This has become more and more important due to the big



changes we are seeing in Auroville concerning farming and land.

 You can find the farm assessment at https://www.avfarmassessment.in/

Sincerely, Nidhin

When we designed this assessment, we intended to make an integral analysis of the farms keeping in mind their ecological, social, cultural and spiritual dimensions. We collected what data was not already available by meeting farmers and asking them questions from a prepared questionnaire. Despite our best efforts, we were not able to assess all these parameters in the same manner due to lack of time, resources, and available data (either due to data not being recorded, the unwillingness on the part of the stakeholders to share information and most importantly the inconsistencies in the consolidated accounts data). At the end of each report, we have tried to summarize the challenges faced by the farm in fulfilling their aspiration and a conclusion with the hope that it will help the farmers, the community, and the policy-making groups to reflect on the next steps.

A farm sector-level report is also provided to show trends, challenges, and possibilities across the entire farm sector. At the end of the analysis, key observations are listed which are a summary of the main challenges that keep the farm sector from growing, followed by a ten-point recommendation to help take some positive steps in the coming months and move forward with this work.

We appreciate all the hard work that goes into maintaining and working on a farm and we hope that this assessment can be a tool for different stakeholders to identify where and how Auroville farms can improve and be supported to realize food sustainability for the community.

We hope that this work will encourage a deeper conversation about our farms and farming in Auroville and look forward to your comments, feedback, and suggestions. You can reach out to all/ any of us.

 https://docs.google.com/spreadsheets/d/1F5qZ-YQCd6VLgsrTPtkyodqJlaVKpqgMburperraWb4/ edit?usp=gmail#gid=1004062467

Anshul, Avinash, Madhuri, Nidhin

## Classes, Workshops & Healing Arts

#### FAMILY AND SYSTEMIC CONSTELLATION WORKSHOP

- Saturday, 24 September, 9am—5:30pm
- Creativity Hall Of Light
- Contact: Moghan 9751110486

For Aurovilians, Newcomers and Registered Volunteers Only.



Moghan

#### **ACROYOGA**

- For guests and beginners on appointment only,
- Monday, Wednesday, Friday, 1am—12:15pm or 3—4:15 pm
- Contact +91 9047722740 WA

Damien



# ANGAM TREE WELLNESS HUT

Therapeutic Ayurvedic Massage Traditional acupressure and deep tissue varma points healing



Sound Bath Meditation
Positive musical psychotherapy using Visualization, Breathing



Massage Therapy Class Learn the native ancient medicine science of Siddha Varma Kalai

Raja: +91 97513 95939

https://auroville.org/page/angam-tree

- Therapeutic Ayurvedic Massage
- Traditional acupressure and deep tissue varma points healing
- Sound Bath Meditation
- Using musical instruments, Meditation, Visualization, Breathing
- Massage Therapy Class
- Principles of ancient medicine science of Siddha Varma Kalai
   Angamtree, Raja Narayanasamy +91 9751395939, www.angamtree.com

#### **QUIET HEALING CENTER**



#### WOGA (Yoga in Water) Class with Friederike & Tamara

Friday, 24 August, 4:30—6pm

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

 Prerequisites: no previous experience required (also no need to know how to swim!).

#### **Baby Watsu Class with Friederike**

• Monday, 26 August, 9:30—11am

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.



You'll learn and practice the

basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a closing swimming pant for your baby.

• For babies between 2 and 12 months with their parents.

#### WOGA (Yoga in Water) 1 & 2 Course with Pooja Gautam

• 28—29 August, 8:45am—5pm, 12 hours

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waistto-chest heigh. It focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under



water. The course also includes pranayama and meditation.

Classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. The key difference is that you are in a warm water pool!

By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

 Prerequisites: no previous experience required (also no need to know how to swim!).

#### **WaterDance Fundamental with Roberto**

• 3—8 September, 8:45am—6:30pm, 50 hours

In this basic course, we'll focus on three fundamental aspects of WaterDance, a unique aquatic therapy: vertical grounding, posture of both giver and receiver, and the breath.



The key movement is Water Breath Dance, in which you

will float someone in your arms allowing them to gently sink as they exhale and rising with them as you both inhale. This creates a profound connection that carries through all other surface and underwater movements. Throughout the course, you'll also learn in a playful and yet attentive way how to bring your partner under water (with a nose clip). Sufficient time will be given for integrating fears or apprehensions to go under water.

In addition, you will learn and practice the basic Water-Dance sequence, which forms the essential core of this powerful aquatic bodywork modality. On land, various tools such as guided meditations, body & energy work, active breathing exercises, and practicing effective communication skills will offer opportunities for connecting deeper with yourself and with others.

• **Prerequisites**: no previous experience required (also no need to know how to swim!).

Guido for Quiet Healing Center, +91 9488084966

www.quiethealingcenter.info/ quiet@auroville.org.in

#### **AUROMODE YOGA SPACE AUGUST 2024 SCHEDULE**

Registration a must for all the programs. Email or WA us to know about the fee structure and other details.

balaganesh.siva@gmail.com, +91 9892699804 WA

#### Vinyasa Flow Yoga with Bala-August 2024

Traditional yoga practices are characterized by discipline, and Bala believes in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice every day of the week except Wednesdays.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

Friday, Saturday & Sunday Time - 5 30 pm to 7 00 pm

Registration must

Please WA to know information about cost and other details
Auromode Yoga Space
Email - balaganesh.siva@gmail.com WA + 9198926 99804



Inspired by the ancient martial art forms of Kalaripayattu and Karlakatti, contemporary styles of yoga, and the modern movement practice of Animal Flow, this class offers a comprehensive approach to fitness. Our sessions are designed to improve overall fitness, strength, endurance, and flexibility.

Bala, a seasoned practitioner of these mixed modalities, will guide you through an hour-long exploration and fusion of these traditions to create a unique style of body conditioning aimed at enhancing your overall health and

Join us to transform your body and mind through this innovative fusion of time-honored practices.

Monday, Wednesday & Friday Time - 10 00 am to 11 00 am Registration must -Please WA to know information Auromode Yoga Space Email - balaganesh siva@gmail.com WA+919892699804





#### August 2024 Schedule

Day	Time	Description
Monday, Wednesday & Friday		Fusion of Time: Dy- namic Mobility
Friday, Saturday and Sunday		Vinyasa flow Yoga— Asanas, Pranayama & Meditation

Find our Yoga Shala Auromode Apartments, 0413 2622224

Bala

#### **LEELA THERAPY**

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see www.innersightav.org or contact-Kardash on 9940934875 WA. Kardash

#### AWARENESS THROUGH THE BODY Intro Workshop

## Intr<sup>O</sup> Awareness Through the Body



with Vega & Honor

Saturday, August 17th, 9.30am - 12.30pm

advance registration required:

dancingtree.smile@gmail.com / whatsapp: 9159856148

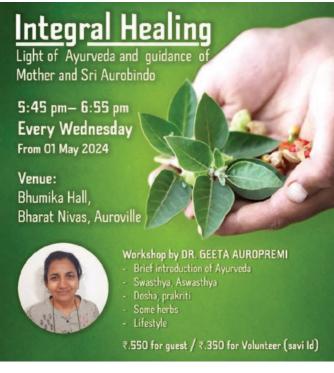
Dancing Tree, under Hospitality Trust, Auroville

ATB (Awareness Through the Body) facilitates a space to reconnect with oneself, and give opportunities for self-discovery and inner growth. In this workshop, we will practice basic foundations of ATB through various games and pair and group work. All are welcome who want to experience or deepen our connection and understanding with oneself and others.

- Inquiry: 91598 56148/ dancingtree.smile@gmail.com
- Registration link: https://shorturl.at/YySvN

Vega

#### **BHARAT NIVAS PRESENTS Integral Healing**



Brief introduction of Ayurveda, Swasthya, Aswasthya, Dosha, Prakriti, some herbs, Lifestyle

Enquiry contact Monisha +91 8489347454

Monisha for BN Team

#### RADICAL TRANSFORMATIONAL STEWARDSHIP—RTS

This social transformation workshop is designed to unleash your full potential and enroll others to transform our lives, our work and our society and produce results by using a whole system transformation methodology and integrated design principles.



The workshop is open to all changemakers wanting to generate equitable

and sustainable results for well-being. Facilitated by Bridget Horkan, Sanjeev Ranganathan, Srilatha Juvva, Sudarshan Rodriguez in partnership with Dr. Monica Sharma.

- Session 1: Saturday, 31 August to Monday, 2 September
- Session 2: Saturday, 5 & Sunday, 6 October
- Session 3: Saturday, 9 & Sunday, 10 November
- Session 4: Saturday, 7 & Sunday, 8 December

Timings are: 8am—5pm Indian standard time Check your local time below

- https://www.thetimezoneconverter.com/?t=800%20 am&tz=India&
- https://dateful.com/time-zone-converter?t=1700%20 am&tz=India&

The program will challenge each of us to delve deep into our being, and generate new breakthrough ideas, sourcing our abilities to envision a new future, commit ourselves to action and acquire the skills to attain this future. It consists of a series of 4 online workshops over 9 days (3 workshops during weekends and 1 workshop from Saturday to Monday), spaced apart by 1 month each. New capacities are introduced in each session and practiced inter-session to put these in action.

Please note: All participants must commit to participating in all the four sessions. Missing sessions or any day will result in not continuing further sessions/days and dropping out of the course/workshop.

To apply fill in this form or contact stewardship4newemergence@auroville.org.in

This program is offered fee free for those in service to Auroville. We suggest a contribution of 1800 Rs to cover basic costs incurred in the 9 day program such as lunch, tea, coffee, handouts. Please transfer this to account 252975 at the financial services. Should you need a waiver please email us.

All the facilitators and resource people are working in service, pro bono. Please feel free to contact us for any assistance at the above email. Bridaet

#### MINDFULNESS-KINDFULNESS: **Half Day Retreat**

Saturday, 17 August, 9:15am—12:30pm @ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalize in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention

softly, with care, to the here & now. This session will blend mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compas-



will have the choice of practicing in a seated position (on chair or cushion) or lying (on a yoga mat). It is suitable for everyone—those new to meditation as well as experienced meditators looking to deepen their practice.

Booking is required. To register WA Helen on 7094753054 or visit innersightav.org

#### MIKSANG—A MINDFUL PHOTO WALK

Saturday, 24 August, 8—10am

Miksang means "Good Eye" in Tibetan. It is a form of contemplative, mindful photography. The focus is not on technique, but on discovering a moment of fresh, direct perception where the world stops us out of the



blue and wakes us up to something deep and true.

In the practice of Miksang direct perception is paramount. When our eye, mind and heart are together in a single moment—seeing, appreciating, comprehending, expressing, sharing—that is all there is.

This practice can help you open to the present moment, meet the world as it is, and let the ordinary magic of the world erupt in front of you.

- No prior experience (of anything) is needed. All you need is something to take photos with.
- The session will be led by Helen—a mindfulness teacher with a passion for Miksang. For details and booking message Helen on 7094753054 or visit <u>innersightav.org</u>

Helen

#### MINDFULNESS FOR STRESS REDUCTION (MBSR)

1 week intensive course

Monday, 2 September—Saturday, 7 September

This course synthesises ancient Eastern wisdom on mindfulness with Western neuroscience, mind-body medicine & positive psychology.

The course can improve the ability to cope with the stresses of everyday lifegiving space to respond to situations rather than react. It can help with anxiety & depression, to manage chronic



pain, lower blood sugar levels, improve emotional regulation; increase attention, focus & memory; & plant inner seeds of happiness, kindness & acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

#### Timinas are

- 7:30—9:30am Monday to Friday
- 9am—4pm on Saturday, 7 September.

The course is led by Helen. Message her on 7094753054 for booking & details or see innersightav.org. The course is hosted by InnerSight (an Activity under Hospitality Trust)

Helen

#### MINDFUL MONDAY

Every Monday, 7:30am, followed by breakfast

You don't want to miss this! Learn how a unique Japanese scientific meditation blended with ancient wisdom... That can change your life! Reduces stress, better sleep, makes you happier, regulates heart rate, promotes positive mood.

your spot Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kuilapalayam

BOOK YOUR

0413 2623071, +91 9751033162

Yatra Srinivassan

#### FREEDOM OF THE BODY

16, 17, 18 August, 9am—1 pm, @ Harmony Hall, BN

We would like to thank all the participants who attended the wonderful 'Freedom of the Body' workshop at Harmony Hall in June. It was truly an amazing transformational experience for everyone. We experienced a dialogue with the cells



through deep meditation, deep relaxation and natural spontaneous dance. Many visualizations and exercises helped us to connect with the cells, listen to them and explore cellular memories. Cellular consciousness is definitely the last great and urgent adventure, as Mother said. It was a great joy for Thierry and I to welcome you, to share with you, to guide you in this adventure, with Mother's presence and blessings. Special thanks to Bianca and Sajiv for their great support with the organization.

It will be a joyful and wonderful experience in the powerful energy of Sri Aurobindo's birthday and Mother's blessings. The workshop is open to all. It is always a new experience with different programs.

 Registrations are open. Please contact CIRHU/ Bianca at: cirhu@auroville.org.in/ +918300387288

Philippe and Thierry, Surya Performance Lab

#### **REGENERATION LISTENING CIRCLE:**

Saturday at 4:30pm



#### **Regeneration Listening Circle:**

Learn the ways of Silence and how to utilize its Power Saturday at 4:30 pm

Learn the ways of Silence and how to utilize its Power

#### **Experiences of previous participants:**

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again"—Guest

"I'm very sensitive, and I could feel the spirits of Mother Nature with us in this circle; very beautiful"—Newcomer "This talking-stick gives me Power; and with great Power, comes great Responsibility"—Aurovilian

- Limited seating—Location will be shared after your reservation under
- +49 1638041124 WA
- Session duration: 1.5 h
- Group booking for the Consensus Circle is possible on request Nadim

#### VÉRITÉ

Please contact Vérité @ 0413 2622045, 2622606, 9363624083

or programming@verite.in, www.verite.in



#### **Yoga & Re-creation Programs**

Days	Drop-in Classes	Timings	Present- ers
Mondays	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Tuesdays Sivananda Yoga		Mani
	Vinyasa Yoga	9:15— 10:15am	Ramya
	Open Heart Space Meditation	5—6pm	Samrat
Wednes-	Hatha Vinyasa Yoga	5—6pm	Andres
days	Kirtan: Songs for Your Soul. Contributions are volun- tary (no class 14 August)	5—6pm	Mamta
Thursdays	Vinyasa Yoga	7:30— 8:30am	Ramya
	Face & Eye Yoga (no class 15 August)	5—6pm	Mamta
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga Breath & Meditation Practice for Beginners	9:15— 10:15am	Mamta
	Free Flow Dance & Movement (no class 9 August)	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Sivananda Yoga	5—6pm	Mani
	Deep Sound Bath (no class 10 August)	5—6pm	Satyayuga

#### **Workshops (pre-registration required)**

Day & Date	Workshops (pre-registration required)	Timings	Presen- ters	
Saturday, 17 August	The Path of Yoga Nidra: Insights and Practice for Deep Relaxation	9:15am— 12pm	Ramya	
Saturday, 17 August	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi	
Saturday, 24 August	Master Class: Sivananda Yoga	9:15am— 12pm	Mani	
Saturday, 24 August	Face & Eye Yoga: Face Your Self	2— 4:30pm	Mamta	
Saturday, 24 August	Food is Medicine: Lifestyle Health Practices	2— 4pm	Parvathi	
Saturday, 31 August	Food is Medicine: Lifestyle Health Practices	2— 4pm	Parvathi	

## The Path of Yoga Nidra: Insights and Practice for Deep Relaxation with Ramya

#### Saturday, 17 August, 9:15am—12pm

An immersive journey into the profound practice of Yoga Nidra. This workshop combines both theoretical understanding and experiential practice to deepen your knowledge and application of this transformative technique for deep relaxation.

## Food is Medicine: Lifestyle Health Practices with Parvathi

#### Saturday, 17 August, 2—4pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/infusion teas.

#### Sivananda Yoga: Masterclass with Mani

#### • Saturday, 24 August, 9:15am—12pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

#### Face & Eye Yoga: Face your Self with Mamta

#### Saturday, August 24, 2—4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

## Food is Medicine: Lifestyle Health Practices with Parvathi

#### Saturday, August 24, 2—4pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas

#### **Cancellation of Classes for the following:**

- · Deep Sound Bath with Satyayuga
  - Thursday, 15 August, Saturday, 17 August, 5—6pm

#### Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Face & Neck Massage	Mamta
Biodynamic Craniosacral Therapy	Mila
Food is Medicine: Lifestyle Health Practices Consultation	Parvathi
Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs	Parvathi
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

> Ramya & Kathir for Vérité Programming

#### **ARKA**

#### Wellness Center & Multipurpose Hall Regular Activities, August

For any details and queries, you can contact us: arka@auroville.org.in

0413 2623799

#### **Treatments**

Treatment	Therapist	When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 0413-2623767 antarcalli@yahoo.fr
Integral Regression therapy, Integral Reiki healing, Breathwork—the holotropic way	Niyati Thakkar	Only by Appointment niyatithakkar2112@ gmail.com Monday to Sunday 7041391995

#### Classes

Classes	Teacher	When
Pilates	Teresa	Tuesday & Thursday, 7:30—8:30am, Friday, 5:30—6:30pm, by Appointment: 7867998952
lyengar yoga	Olesya	Wednesday, Saturday, 6:30—8am, Monday, Thursday, Saturday, 5—6:30pm, or by Appointment: 9159052743

Submitted by Ramana for Arka

#### A SATSANG ON THE INTEGRAL YOGA

Tuesdays and Thursdays, 5:30—7pm



A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." —The Mother



We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our

unique experiences on the path of rediscovering and embodying who we really are.

- Facilitated by Zech Joya
- Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, or at an agreed upon venue in Auroville
- By appointment only: please call 8300191193

<u>Please click this link for details</u> or scan the above QR Code. Also check Zech's Weekly Sharings:

https://zechjoya.blogspot.com

Or scan the QR Code on the right

Zech

#### TAO OF TEA

The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)

Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters



especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/flowers also available.) Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a "once-in-a-lifetime" experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- Venue: To be decided when you call to confirm your appointment. The ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/WA +91 9385428400

Submitted by Isha

#### It Matters

#### Schedule from 15 to 24 August

- Location: It Matters, Auroville Main Road next to Progress Transport Service
- Info: Instagram @auroville.curated
   All activities are Rs./600 for guests,
   Rs./150 for Aurovilians/ Volunteers.
   Discount vouchers available.



Date	Activity		
15 August, Thursday, 10:30—11:30am	Mehandi Designs Workshop with Varsha pawar		
16 August, Friday, 5:30—6:30pm	Kollywood dance with Pranathi		
17 August, Saturday, 2—3:30	Sencha style Tea Ceremony with Isha		
17 August, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias		
19 August, Monday, 7—8am	Shatkarma Yoga & Asanas with Akira		
19 August, Monday, 5:30—6:30pm	Taichi, The way of the Leaf with Kaarthikeyan Kirubhakaran		
21 August, Wednesday, 7—8am	Shatkarma Yoga & Asanas with Akira		
22 August, Thursday, 10:30—11:30am	Mehandi Designs Workshop with Varsha pawar		
22 August, Thursday, 5:30—6:30pm	Mandala drawing with Thamizh		
23 August, Friday, 7—8am	Shatkarma Yoga & Asanas with Akira		
23 August, Friday, 5:30—6:30pm	Kollywood dance with Pranathi		
24 August, Saturday, 2—3:30pm	Sencha style Tea Ceremony with Isha		
24 August, Saturday, 4:30—5:30pm	The Savitri Research Project with Mat- thias		

Bhakti and Sandra

## SOUND THERAPY & SELF HEALING 2 in 1 Session

Rejuvanating soundbath combined with breathing techniques for maximum benefits.

• First, by immersing yourself in the vibrations from a sound bed—which will travel through your body to the organ chosen for healing—accompanied by musical instru-



ments (gong, singing bowls, etc.) and vocals, you will start to connect with your body's consciousness.

- Second, by performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.
- If this resonates with you, then please contact 9385428400 call/ WA to book your session today!
- Donation Based
   Submitted by Isha

## TRADITIONAL MANTRAS AND STOTRAS Chanting Classes

@ Serendipity Community with Sonia Novaes Fridays, 5pm, Regular Class



serendipityauroville@gmail.com +91 8940288090 Sonia

#### DETOX YOUR MIND & Breathe Heal your Body

 Scientific Meditation with sound healing for destress Mind Body and Soul. Experience exclusive sound



frequencies created by a Japanese Scientist.

- · Monday, Wednesday, Friday, 7—8:30am
- Advance registration required
- One To One Health & Wellness Therapy. Anxiety, Depression, Mental Disorders, Sleep disorder Emotional Blockage Sensory Development
  - Pre appointment is required
- Analysis of Multiple Intelligence using Scientific Neuroscience Tools. Eligibility: Anyone from 6 years to 60 years of age: pre appointment is required
- Conscious Circle & Chanting
  - Tuesday, 6:30—7:30pm
  - Reserve your space in advance

Yatra Srinivasan, Near New Creation Sports Ground, 0413 2623071, +91 9751033162,

https://www.yatraarts.org/, https://www.yatraartsmedia.org/



#### **BOLSTERING ENGLISH**

Native English speaker happily offers facilitation for English reading, speaking and composition.

Individual or small group sessions are for those connected to Auroville who already can read, write and speak English with adequate comprehension, and who wish to practice for presentations or performance or simply for



clearer conversation. We can include rhythm, nuanced expression, and some dialects, if wished.

- · Also inviting anyone at any level for SAVITRI.
- Scheduling is as-you-wish: long or short session(s); long or short intervals between sessions.

Patricia, 0413 2623750, pat@auroville.org.in

## NEWS from Auroville Language Lab

#### **Tomatis**

Please contact 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your



Listening Tests & Consultations. In case you wrote earlier but haven't heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- <a href="https://www.aurovillelanguagelab.org/alfred-tomatis-method/">https://www.aurovillelanguagelab.org/alfred-tomatis-method/</a>
- <a href="https://www.aurovillelanguagelab.org/tomatis-presentation/">https://www.aurovillelanguagelab.org/tomatis-presentation/</a>
- https://www.aurovillelanguagelab.org/tomatis-kids/
- https://www.youtube.com/watch?v=wnpXprTl3m0
- https://www.youtube.com/channel/UCeTIG0y-sBMlyywZNdZcAng/videos
- https://www.listenwell.com/

#### **New Language Courses at ALL**

 Registration for all classes: info@aurovillelanguagelab.org, +91 9843030355 WA

#### Language Courses at ALL

Lan- guage	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate 8-Hour (Monthly)	11am—12pm	Tuesday & Thursday
	Learn English through theatre 8-Hour (Monthly)	11am—12pm	Monday & Wednesday
	Complete Beginner	ТВА	ТВА
French	Conversation, Begin- ner and Intermediate	4:20—5:20pm 10—11am	Friday Saturday
German	Intensive German Class	9:30—11am	Monday & Wednesday
	Intermediate (A1—A2)	9:30—11am	Tuesday & Saturday
Persian	Persian Language and Poetry	4—5:30pm	Thursday
Sanskrit	Beginner	2—4pm	Thursday
Hindi	Beginner	2—4pm	Wednesday
Tamil	Spoken Beginner	9:30— 10:30am	Tuesday and Friday
	Spoken Intermediate	9am—10am	Saturday
	Reading & Writing	3pm—4pm	Saturday
Spanish	Beginner	2:30—3:30pm	Monday & Wednesday
	Intermediate	TBA	ТВА
Italian	Beginner	TBA	ТВА
	Intermediate	TBA	ТВА

TBA: To Be Announced

#### The Language Lab is open

- Monday—Friday, 9am—12pm & 2pm—7pm
- Saturday, 9am—12pm & 2pm—5pm
  - Location: International Zone, after Unity Pavilion & Pump House.
  - Phones: 2623661 (Lab), +91 9843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
  - Email: info@aurovillelanguagelab.org and tomatis@aurovillelanguagelab.org

Submitted by Mita

#### **TAMIL CLASSES OFFERED**

Saturdays and Sundays

## எழுதப்பட்ட தமிழ் வகுப்புகள்

Written Tamil Classes Offered in Auroville

Donation-based.

Contact Murugesan to setup timing: +91 8610916301

Submitted by Malcolm

#### **ITALIAN CLASS**

Hello! If you want to learn Italian from scratch or have already studied it but would like to continue practicing it, know that Francesca will start giving individual or group lessons from now! And because Francesca is intimately connected to the world of art



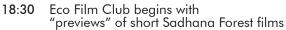
and culture, the lessons will not only explore the use of the Italian language but will be an enjoyable introduction to different aspects of Italian culture, art and history. If you'd like to practice your Italian with me, this is the email avgateofdreams@gmail.com. Arrivederci! Francesca



#### **ECO FILM CLUB Every Friday at Sadhana Forest**

#### Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club



20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00:)

## Friday, 16 August: Paradise or Oblivion

2012/48 minutes/ Roxanne Meadows

Featuring the life-long work of Social Engineer, Futurist, Inventor and Industrial Designer Jacque Fresco, this presentation advocates a new socio-economic system that is updated to present-day knowledge, which he calls a Resource-Based Economy. The film introduces the viewer to a value system that would be required to enable a caring and holistic approach to benefit human civilization. Aviram

#### **AUROFILM**



#### **Aurofilm presents at Multi Media Centre Auditorium (MMC, Town Hall)**

Reminder: Friday, 16 August No Screening

Friday, 23 August: **Barry Lyndon**. Directed by Stanley Kubrick. Drama, USA 1975

**Synopsis**: In the eighteenth century, in a small village in Ireland, Redmond Barry (Ryan O'Neal) is a young farm boy in love with his cousin Nora Brady (Gay Hamilton). When Nora gets engaged to British Captain John Quin (Leonard Rossiter), Barry challenges him to a duel of pistols. He wins and escapes to Dublin, but is robbed on the road. Without an alternative, Barry joins the British Army to fight in the Seven Years War. He deserts and is forced to join the Prussian Army, where he saves the life of his Captain and becomes his protégé and spy of Irish gambler Chevalier de Balibari (Patrick Magee). He helps Chevalier and becomes his associate until he decides to marry the wealthy Lady Lyndon (Marisa Berenson). They move to England and Barry, in his obsession of nobility, dissipates her fortune and makes a dangerous and revengeful enemy.

"Barry Lyndon" is a masterpiece in its own right. Magnified by Schubert's extraordinary music, by natural-light images and pictorial candlelit scenes, this is a film of superlatives. Original version in English with English subtitles. Duration:

#### Aurofilm presents "CINE-master class"

Sunday, 25 August, 5—7:45pm at Aurofilm (Kalabhoomi, next to CRIPA)

If you like to discuss, share and learn more about cinema, we invite you to our Cine-Master classes!

Welcome to this chapter led by Dr. Alexander Pereverzev on The Ascent by Larissa Shepitko, USSR (1977)

Overview: Alexander will present the film before its screening, which will be followed by more insights and a discussion.

Larisa Shepitko's final film (based on the novel by the famous Belorussian Soviet writer Vasil Bykov) won the Golden Bear at the 1977 Berlin Film Festival and went on to be hailed as one of the finest works of late Soviet cinema. In the darkest days of World War II, two partisans set out for supplies to sustain their beleaguered outfit, braving the blizzard-swept landscape of Nazi-occupied Belarus. When they fall into the hands of German forces and come faceto-face with death, each must choose between martyrdom and betrayal, in a spiritual ordeal that lifts the film's earthy drama to the plane of religious allegory. With stark, visceral cinematography that pits blinding white snow against pitch-black despair.

The Ascent finds poetry and transcendence in the harrowing trials of war.

Original Russian version with Eng. subtitles. Duration: 1h.49'

Alexander Pereverzev was born in St.Petersburg, Russia. He was associated with painter Nicholas Roerich's organizations and museums in Russia in the 1990s. Having studied Indian languages at the St.Petersburg State University, he went on to study Sanskrit in India, at the University of Delhi, obtaining a PhD degree in 2010. His professional interests include Indian philosophy. He likes traveling and visiting places of historical and religious importance, particularly in the Indian subcontinent. He works at Savitri Bhavan, Auroville, and is also an avid film enthusiast!

Jeanluc and team



# CINEMA PARADISO Multimedia Center (MMC) Auditorium Film Program 19 August 2024—25 August 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall. Watch out, now some days are mixed up from the usual!

## Special Screening—Monday 19 August, 8pm AYOTHI (Ayodhya)

India, 2023, Writer-Dir.R. Manthira Moorthy w/M. Sasikumar, Yashpal Sharma, Preethi Asrani, and others, Drama, 121mins, Tamil w/ English subtitles, Rated: NR (R)

Synopsis in previous announcement with 15 August Special series!

#### Potpourri—Tuesday 20 August, 8pm TOSUN PASA (Tosun Pasha)

Turkey, 1976, Dir. Kartal Tibet w/ Kemal Sunal, Müjde Ar, Adile Nasit, and others, Comedy, 90mins, Turkish w/English subtitles, Rated: NR (PG)

Late 19th century in Alexandria. Two traditionally rival Turkish families, "Seferoglu"s and "Tellioglu"s are competing for the "Green Valley". The winner will be determined by Daver Bey, who has a beautiful young daughter, Leyla. Both families try to arrange a marriage between a man from their family and Leyla. Tellioglus, who are behind in the race, desperately find a final solution: They will fake their idiotic butler, Saban, as the highest ranked Ottoman soldier in Egypt: Tosun Pasha.

## Selection—Wednesday 21 August, 8pm LES ENFANTS DES AUTRES (Other people's children)

France, 2022, Writer-Dir. Rebecca Zlotowski w/ Virginie Efira, Roschdy Zem, Chiara Mastroianni, and others, Comedy-Romance, 103mins, French-Hebrew w/ English subtitles, Rated: NR (PG-13)

Rachel loves her life, her students, her friends, her guitar lessons, even her ex. When she falls in love with Ali, she grows close to his 4-year-old daughter Leila. She tucks her in, looks after her, and loves her like a mother... which she isn't. Not yet. Rachel is 40. The desire for her very own family is growing stronger, and the clock is ticking. Is it too late?

## Interesting—Thursday 22 August, 8pm WHERE OLIVE TREES WEEP: No One Is Free Until We Are All Free

USA, 2024, Dir. Maurizio Benazzo & Zaya Benazzo w/ Ashira Darwish, Amira Hass, Gabor Maté, and others, Documentary, 103 mins, English w/ English subtitles, Rated: PG



This acclaimed film offers a poignant glimpse into the resilience of the Palestinian people under Israeli occupation, exploring themes of loss, trauma, and the quest for

justice. Through the stories of Palestinian journalist Ashira Darwish, activist Ahed Tamimi, and Israeli journalist Amira Hass, the narrative unveils the harsh realities of land confiscation, expulsions, imprisonment, and human rights violations. Dr. Gabor Maté's trauma-healing work with women tortured in Israeli prisons highlights the deep scars borne by ancient landscapes and their people. Despite the oppression, the enduring spirit and deep roots of the Palestinian people shine through. This critically acclaimed film has been shared with us by the Science and Non-duality (SAND) team, who produced the film.

## International—Saturday, 24 August, 8pm DOG GONE

USA, 2023, Dir. Stephen Herek w/ Rob Lowe, Johnny Berchtold, Kimberly Williams-Paisley, and others, Biography-Drama, 95mins, English w/English subtitles, Rated: NR (PG)

Amazingly based on true events, it is tale of a father and son who repair their fractured relationship during a forced hike of the Appalachian trail to find their beloved lost dog.

## Children's Matinee—Sunday, 25 August, 4pm WONKA

USA-UK-Canada, 2023, Writer-Dir. Paul King w/Timothée Chalamet, Gustave Die, Murray McArthur, and others, Adventure-Fantasy, 116mins, English w/ English subtitles, Rated: PG

Willy Wonka, the genius behind revolutionary chocolate creations, started by defying odds and turning dreams into reality. With bold vision, determination, and unexpected help from new friends, he transformed the chocolate industry. Hard work and a touch of magic proved that even the wildest dreams can make a difference.

#### Black & White Classics @ Ciné-Club

## Ciné-Club Sunday 25 August, 8pm FRANCES HA

USA, 2013, Dir. Noah Baumbach w/ Greta Gerwig, Adam Driver and others, Comedy-Romance, 86 mins, English w/ English subtitles, Rated: R

Frances lives in New York, but she doesn't really have an apartment. Frances is an apprentice for a dance company, but she's not really a dancer. She throws herself headlong into her dreams, even as their possible reality dwindles. Frances wants so much more than she has but lives her life with unaccountable joy and lightness.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at <a href="mmcauditorium@auroville.org.in">mmcauditorium@auroville.org.in</a>. Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Nina, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

### Emergency Services

#### Ambulance (24/7): Auroville—9442224680

PIMS—0413 2656271

#### **Security (24/7):**

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

#### Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

#### Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

NEN Guidelines



## Hard deadline for submissions TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes, Media Centre, Town Hall, NewsAndNotes@auroville.org.in

Editors' Note



#### Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery is rain on Friday.

Light and Peace, Roy and AgniJata

#### Accessible Auroville Public Bus avbus@auroville.org.in, +91 9443074825



#### **Auroville TO PONDICHERRY**

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



#### **Pondicherry TO AUROVILLE**

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

#### **Bus passes**

- Rs.800: For All (10 single trips)
- Rs.850: One-Way Monthly (Workers/Volunteers)
- Rs.1200: **Student** Monthly pass

#### AV account/ Cash/ UPI Transfer:

- Rs.100: One way trip—for all
- Rs.200: **Round trip**—for all.

#### Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

• 9am—12:30pm & 2—5pm

#### **Contact**

• 0413 2623302

#### Below link to join WhatsApp group

of Auroville Bus to get the regular updates of the bus:

https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x