



News Notes

#1041 A weekly bulletin for residents of Auroville 22 August 2024



Where there is duality, there other sees other, other hears, touches, thinks of, knows other. But when one sees all as the Self, by what shall one know it? it is by the Self that one knows all this that is. . . . All betrays him who sees all elsewhere than in the Self; for all this that is is the Brahman, all beings and all this that is are this Self.

Brihadaranyaka Upanishad

*Disk Cleaning Team training
Photo by Agni*

Pondering



It is, then, this double wall of self-imprisonment, this self-fortification in the bounds of a surface ego, that is the cause of our limited knowledge or ignorance, and if this self imprisonment were the whole character of our existence, the ignorance would be irremediable. But, in fact, this constant outer ego-building is only a provisional device of the Consciousness-Force in things so that the secret individual, the spirit within, may establish a representative and instrumental formation of itself in physical nature, a provisional individualisation in the nature of the Ignorance, which is all that can at first be done in a world emerging out of a universal Inconscience.

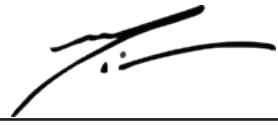
*Knowledge by Identity and Separative Knowledge,
The Life Divine—Sri Aurobindo*

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House of Mother's Agenda

O king-smith, clang on still thy toil begun,
Weld us to one in thy strong smithy of life.
Thy fine-curved jewelled hilt call Savitri,
Thy blade's exultant smile name Satyavan.
Fashion to beauty, point us through the world.
Break not the lyre before the song is found;
Are there not still unnumbered chants to weave?
O subtle-souled musician of the years,
Play out what thou hast fluted on my stops;
Arise from the strain their first wild plaint divined
And that discover which is yet unsung.
I know that I can lift man's soul to God,
I know that he can bring the Immortal down.
Our will labours permitted by thy will
And without thee an empty roar of storm,
A senseless whirlwind is the Titan's force
And without thee a snare the strength of gods.
Let not the inconscient gulf swallow man's race
That through earth's ignorance struggles towards thy
Light.

O Thunderer with the lightnings of the soul,
Give not to darkness and to death thy sun,
Achieve thy wisdom's hidden firm decree
And the mandate of thy secret world-wide love."
Her words failed lost in thought's immensities
Which seized them at the limits of their cry
And hid their meaning in the distances
That stir to more than ever speech has won
From the Unthinkable, end of all our thought,
And the Ineffable from whom all words come.

* * *

Then with a smile august as noonday heavens
The godhead of the vision wonderful:
"How shall earth-nature and man's nature rise
To the celestial levels, yet earth abide?
Heaven and earth towards each other gaze
Across a gulf that few can cross, none touch,
Arriving through a vague ethereal mist
Out of which all things form that move in space,
The shore that all can see but never reach.
Heaven's light visits sometimes the mind of earth;
Its thoughts burn in her sky like lonely stars;
In her heart there move celestial seekings soft
And beautiful like fluttering wings of birds,
Visions of joy that she can never win
Traverse the fading mirror of her dreams.
Faint seeds of light and bliss bear sorrowful flowers,
Faint harmonies caught from a half-heard song
Fall swooning mid the wandering voices' jar,
Foam from the tossing luminous seas where dwells
The beautiful and far delight of gods,
Raptures unknown, a miracled happiness

Thrill her and pass half-shaped to mind and sense.
Above her little finite steps she feels,
Careless of knot or pause, worlds which weave out
A strange perfection beyond law and rule,
A universe of self-found felicity,
An inexpressible rhythm of timeless beats,
The many-movemented heart-beats of the One,
Magic of the boundless harmonies of self,
Order of the freedom of the infinite,
The wonder-plastics of the Absolute.
There is the All-Truth and there the timeless bliss.
But hers are fragments of a star-lost gleam,
Hers are but careless visits of the gods.
They are a Light that fails, a Word soon hushed
And nothing they mean can stay for long on earth.
There are high glimpses, not the lasting sight.
A few can climb to an unperishing sun,
Or live on the edges of the mystic moon
And channel to earth-mind the wizard ray.
The heroes and the demigods are few
To whom the close immortal voices speak
And to their acts the heavenly clan are near.
Few are the silences in which Truth is heard,
Unveiling the timeless utterance in her deeps;
Few are the splendid moments of the seers.
Heaven's call is rare, rarer the heart that heeds;
The doors of light are sealed to common mind
And earth's needs nail to earth the human mass,
Only in an uplifting hour of stress

Men answer to the touch of greater things:
Or, raised by some strong hand to breathe heaven-air,
They slide back to the mud from which they climbed;
In the mud of which they are made, whose law they know
They joy in safe return to a friendly base,
And, though something in them weeps for glory lost
And greatness murdered, they accept their fall.
To be the common man they think the best,
To live as others live is their delight.
For most are built on Nature's early plan
And owe small debt to a superior plane;
The human average is their level pitch,
A thinking animal's material range."

(to be continued next week)

Sri Aurobindo, Savitri,
A Legend and a Symbol,
Book Eleven: The Book of Everlasting Day,
Canto One: The Eternal Day:
The Soul's Choice and the Supreme Consummation
<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

With love and gratitude,
Gangalakshmi (HOMA)

Editors' Note



For those who find by the quote of the Brihadaranyaka Upanishad on the Cover Page confusing, here is an explanation by Sri Aurobindo:

FOUR WAYS OF KNOWLEDGE

Sri Aurobindo next takes up the ways of knowing in this new chapter. "Our surface cognition, our limited and restricted mental way of looking at ourselves, at our inner movements and at the world outside us and its objects and happenings, is so constituted that it derives in different degrees from a fourfold order of knowledge.

- The original and fundamental way of knowing, native to the occult self in things, is a knowledge by identity;
- The second, derivative, is a knowledge by direct contact associated at its roots with a secret knowledge by identity or starting from it, but actually separated from its source and therefore powerful but incomplete in its cognition;
- The third is a knowledge by separation from the object of observation, but still with a direct contact as its support or even a partial identity;
- The fourth is a completely separative knowledge which relies on a machinery of indirect contact, a knowledge by acquisition which is yet, without being conscious of it, a rendering or bringing up of the contents of a pre-existent inner awareness and knowledge.

A knowledge by identity, a knowledge by intimate direct contact, a knowledge by separative direct contact, a wholly separative knowledge by indirect contact are the four cognitive methods of Nature."

Sri Aurobindo cites the following passage of Brihadaranyaka Upanishad in support of these four ways of knowledge: "Where there is duality, there other sees other, other hears, touches, thinks of, knows other. But when one sees all as the Self, by what shall one know it? it is by the Self that one knows all this that is.... All betrays him who sees all elsewhere than in the Self; for all this that is is the Brahman, all beings and all tis that is are this Self."

Brihadaranyaka Upanishad

Townhall Speaks

ATDC: APPLICATION ANNOUNCEMENT

22-08-2024

The following application has received Site Approval (feedback period ends on 5 September 2024 and feedback shall be sent to avenir@auroville.org.in):

Surabhi Supplies & Service—Office & Storage Yard

(Note: This project is being re-announced with a new site location. The previous announcement with regards to this project's site application can be found here <https://auroville.org.in/article/96857> Since the SSN campus layout has evolved in the meanwhile, Surabhi Supplies is being re-assigned to this new location.)

- **Applicant/ s:** Iyyappan & Prabhu
- **Location/ area:** Southern Service Node
- **Area for which approval is sought:** 1285 sq.m

- **Project brief:** Surabhi Supplies is a registered procurement service under the Service Trust which handles procurement of materials and equipment for all kinds of Auroville projects, units and individuals. As a steadily growing service, it requires a small office/ storage/ yard area for the work.

A site in the Southern Service Node, next to the former Foodlink building, is being allocated to this service. This is being allocated on a temporary basis, as the service will have to be shifted to the Industrial Zone at a later stage. Therefore only temporary structures will be allowed to be built or placed on this site.

Constructive feedback guidelines

- Subjective and personal approval of projects from neighbours to the projects has no resonance with the ideals of Auroville where we have committed to a life guided by no desire, no preferences and no sense of ownership. This subjective "approval from the neighbours" is no longer part of the application process as this has no place in Auroville.
- When we publish projects for approval, we will discard all subjective and personal feedback with respect to "neighbours choosing neighbours" or "neighbours choosing development guidelines". All other feedback is welcome and will be part of the process.
- No matter the personal opinions and attachments some may have regarding some projects, we take this opportunity to invite Aurovilians to use a tone in their feedback, inspired by The Spirit of Auroville, Human Unity and Progressive Harmony.
- For more information on the projects contact L'avenir d'Auroville (ATDC) write to: avenir@auroville.org.in for an appointment.

Joel, Inbox manager
Members: Dr G. Seetharaman (MS),
Selvaganappathi (coordinator), Govind,
Jaya, Ponnusamy, Prasad, Sindhuja & Toby

Community News

Remembering

ANANDA

Jean Freansua Rene Louis Bertaux



Michiko and Deepa



Matrimandir News & Schedules

AMPHITHEATRE—MATRIMANDIR

Meditation at sunset with Savitri

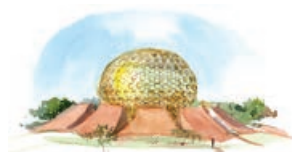
Every Thursday 6—6:30pm (weather permitting)

After the summer time with our meditations with Sunil's New Year Music, we restart the cycle of Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music. Enjoy the beautiful open space, in the very center of Auroville!



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.
- **Dear Guests,** please carry your Guest Card with you. Access only for the Amphitheatre from 5:45pm and the time of the meditation. *Surya, Velmurugan and Vinay*

MATRIMANDIR ACCESS INFORMATION



Access to the Park of Unity and Matrimandir

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE.

- The Park of Unity is open to **Aurovilians and Newcomers** daily, 6am—7:30pm
- **Aurovilians may bring close family and friends** to the Gardens daily, 9am—3:30pm

Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.

Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to **Aurovilians and Newcomers:**
 - Monday—Saturday: 6—8am, 4:30—7:30pm.
 - Sunday: 6am—12pm, 4:30—7:30pm.
- The Inner Chamber is open to **SAVI registered Volunteers:**
 - Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.
- The Inner Chamber is **open to Aurovilians** wishing to accompany a **maximum of 5 close family and friends**, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
 - Any day except Tuesday & Sunday: 8—8:35am.
Arrival at 7:45am at the Office Gate.
- The Inner Chamber, the Petals and the Gardens are open to the **Children of Auroville and the Outreach Schools:**
 - Tuesday 9—11am.
- The **Auroville units can bring their staff** to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in: Tuesday 8—8:30am.

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders:
 - Monday—Sunday, 7—8am.
 - Tuesday morning, closed.
 - Daily 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass.
- Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre:
 - Daily 9am—5:30pm.

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

Antoine, Divya Karun, John H., Judith, Sundar K

Lands for Auroville

ART FOR LAND EXHIBITION

Unity, Kindness, Friendship

Unity Pavilion presents Art for Land exhibition, August 2024

- **Featuring:** Amar, Ben, Crystal, Dilip Patel, Grace Gitadelila, Janakiraman, Jyoti Khare, Lara Boriotti, Marie Claire Barsotti, Marlenka, Mira Vard, Prabhat Biswas, Sunil Patel, Sreedevi Magulur, Vivechana.

Art for Land Exhibition

August 2024

Artists

Amar / Ben / Crystal /
Dilip Patel / Grace Gitadelila /
Janakiraman / Jocelyn Janaka /
Jyoti Khare / Lara Boriotti /
Marie Claire Barsotti /
Marlenka / Mira Vard /
Prabhat Biswas / Sunil Patel /
Sreedevi Maguluri /
Vivechana

Opening on
15th August 2024 at
5:30 pm
Venue: Unity Pavilion

All are Welcome!

In loving memory of Kratu, we present a special tribute exhibition showcasing his work, generously donated by him to Art For Land

In loving memory of Kratu, we present a special tribute exhibition showcasing his work, generously donated by him to Art For Land.

We thank you immensely in advance,
Doris, 7558401106

LAND FUNDRAISERS' NEWSLETTER

The Anniversary month of August 2024

On 15 August 1872, Sri Aurobindo—the harbinger of a new age, a new world and a more evolved spiritualized humanity—was born, and Auroville was created to serve and hasten the realisation of his evolutionary vision. On 15 August 2014, one decade ago, we launched the Acres for Auroville (A4A) land campaign to help complete the consolidation of Auroville's physical base. We are happy to share our particularly rich and inspiring newsletter launching Year 11 of our unity action, in support of the goals, purpose and realization of Auroville.



- <https://land.auroville.org/10th-anniversary-of-a4a-newsletter-15-8-2024/>

• Acres For Auroville Flier—15 August 2024

"We are witnessing the birth of a New World", The Mother declared, "a reality which is being worked out now." Stating that this new world is "the truth of tomorrow, inevitable, which must necessarily come", she invited us to collaborate in the adventure and do all "with this great truth as the background, as a constant support". Working and acting with this certitude is a form of faithfulness. Version française en pdf ... & Tamil

- <https://land.auroville.org/a4a-flier-15-august-2024/>

• LFAU Letter—15 August 2024

On 15 August 2014 about twenty people gathered in Auroville's Town Hall to launch a special new campaign called "Acres for Auroville" as a collaboration of LFAU with the worldwide centers of Auroville International. A decade has passed and thanks to the enthusiasm, work, and collaboration of donors, artists, friends and supporters, the campaign has come to play a central role in Auroville's vital land consolidation. Version française en pdf ... & Tamil



- <https://land.auroville.org/lfauletter-15-august-2024/>

• Album—10 Years of the Acres for Auroville Land Campaign

Acres for Auroville was started as a unity action for completing and consolidating Auroville's physical base. The Mother issued a message in 1970 calling on us to contribute to this vital need, and A4A is dedicated to raising both awareness and funds. Our many support actions and your solidarity over the past ten years have enabled the addition of 181 once-missing City and Greenbelt acres. Here is a visual review of these 10 dynamic years, and a reminder that the job is not over yet!



- <https://land.auroville.org/album-10-years-of-the-acres-for-auroville-land-campaign/>

• Paulette—The Avatar's One Family (Part 1)

Paulette was born in Italy of French and Hungarian parents. Her young life was marked by the devastation of World War 2 and her generation's quest for unity and meaning. The discovery of Sri Aurobindo led her to her travel overland and alone to the Sri Aurobindo Ashram in 1973. There, she began cycling out to Auroville to participate in the Matrimandir concretings, where she finally settled in 1985. Paulette's deep and moving story carries great historical and spiritual significance.

- <https://land.auroville.org/paulette-the-avatars-one-family/>

• Svaram—A Sound Journey of Creativity and Collaboration

SVARAM started as an educational and cultural project launched by Aurelio who recognized the great talent of local children and the richness of the bioregion's cultural heritage. Honored by the UN initiative 'Music as a Natural Resource', Svaram manufactures over a hundred types of musical instruments produced by its 80+ team members and exported to over 36 countries. It is also a recognized training and research center into music and the healing effects of sound. Its motto is:



"Bringing the joy of music and the magic touch of sound into everyone's heart and hands."

- <https://land.auroville.org/svaram-sound-journey-creativity/>

• Art For Land—New 15 August Exhibition

Art For Land is a beautiful action for Auroville's land held at Auroville's Unity Pavilion and now in its 9th year. Original artworks are donated by artists whose sales proceeds go to the A4A campaign for the consolidation of Auroville's designated Master Plan area. This newest exhibition's theme of "Unity, Kindness and Friendship" features works by 16 Auroville artists. In loving memory of Kratu, there is a special tribute exhibition showcasing his works. All the artworks can also be viewed and purchased at the AFL dedicated website <https://www.artforland.in/>



- <https://land.auroville.org/a41-exhibition-august-15th-unitypavilion/>

• Inspiring Quotes: Certitude, Faithfulness, Transformation, Victory

Many important messages were given in The Mother's comments on the spiritual significance of flowers. Our A4A Flier quotes The Mother on certitude and the spiritual victory that is happening and assured. Here is more of what The Mother and Sri Aurobindo said about these vital qualities. The quotes on physical transformation were contributed by a donor who also supports runners in the Auroville Marathon, seeing such events as important elements for the change that is in process.



- <https://land.auroville.org/inspiring-quotes-2/>

We sincerely thank all the donors, artists, and supporters who have made our 10 years of land progress possible. May we continue on together till the job of land consolidation is done!

Contact: lfau@auroville.org.in and +91 413 2622657

Donating:

- <https://land.auroville.org/new-banking-information/>
- and <https://land.auroville.org/>

*Love and gratitude,
Mandakini*

Awakening Spirit

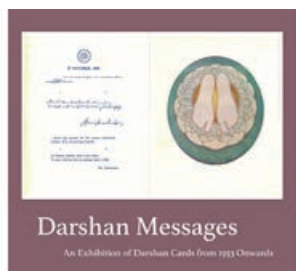
Savitri
B H A V A N

Schedule, August 2024

Exhibitions

- **Meditations on Savitri:** The entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **A new Bilingual Exhibition on "Sri Aurobindo: A life sketch in photographs"** with texts both in English and Tamil is displayed in the upper corridor.
- **Special Exhibition: Darshan Messages.** The Words of Love and Inspiration: **24 July—18 August 2024 in Savitri Bhavan's Square Hall.**

The exhibition traces the history of the deeply significant tradition of Darshan card gifting in Sri Aurobindo Ashram, Pondicherry. The tradition of distributing collective messages on several special days each year was started by Sri Aurobindo and the Mother with a view of addressing the public in a more meaningful and effective way. The exhibition consists of the original cards, some of them bearing the Mother's signature, dating back to the 1950s. The visitors will be able to familiarize themselves with the history of Darshan messages and hopefully get a feeling of the powerful forces conveying them.



Films: Mondays 4pm in the Sangam Hall

- **August 26: The Life Divine by Sri Aurobindo—Book 1: Ominipresent Reality and The Universe, Chapter 2: The Two Negations, 1. The Materialist Denial,** read by Shraddhavan. The original text will appear on the screen. Duration: 56min.

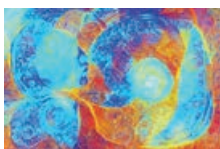
Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 5:30—7pm:** OM Choir led by Narad
- **Fridays 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday 9—5

Integral Mathematics:

A Journey of Insight and Inspiration

Explore the qualitative essence of mathematics through ancient Sanskrit scriptures, revisiting Sri Aurobindo's illuminating insights, and tracing the paths of history's greatest mathematicians. This series invites you to nurture qualities of insight, intuition, and intellectual depth, unveiling the transformative power of mathematical exploration.



Sankhya Philosophy by Kapila Muni

- **Mathematic of Tattwavada**
- **Saturday, 24 August, 4—5pm @ Sangam Hall**

We are in the process of exploring Kapila Muni's Sankhya Philosophy. We have spent about three sessions to understand Prakriti and its Vikaras, Purusha, three Gunas, Adhi-atma, Adhidaivika and Adhibhuta.

Since we finished the basis of tattvavada, let's take time to understand existent mathematics which can be directly related to everything we have learned so far (with a philosophical perspective).

Snehal

House of Mother's Agenda welcomes you

The House of Mother's Agenda at Savitri Bhavan informs that from August 2024:

- **Monday—Saturday, 3—5pm** Ganga Lakshmi is here to welcome you.

Moreover, those who want to listen to the Agenda of the Mother's in French. That will be possible:

- **Every day, 3—5pm**

Welcome to the Infinite Joy.

Ganga Lakshmi



Talk on Finitude and Infinity

- **Wednesday, 28 August, 4—5pm @ Sangam Hall of Savitri Bhavan**

Dr. Frieder Herb will give a talk on "Finitude and Infinity" in Sri Aurobindo's Savitri, in the Mother's Writings, and in Science. Everyone is welcome!



Frieder Herb is a physicist working in research and development at KYBURZ in Zurich. He is a regular visitor to the Sri Aurobindo Ashram in Puducherry. He has a deep interest in Savitri, Sri Aurobindo's epic poem.

Dhanalakshmi

The Life Divine by Sri Aurobindo—Book 1, Omnipresent Reality and The Universe, Chapter 2

- **The Two Negations: The Materialist Denial,** read by Shraddhavan
- **Monday, 26 August, 4pm at Savitri Bhavan.** Duration: 56min.

In Chapter 1 Sri Aurobindo reflects upon human aspiration and its continuous pursuit of the ideals of God, Light, Freedom and Immortality and the contradictions of its normal earthly life experiences.

In Chapters 2 and 3, he examines the existing philosophies from West and East that do not reconcile Spirit and Matter or Purusha and Prakriti. These two great opposite philosophies are negating one part of Brahman, either the all-pervading spirit or the material existence.

Chapter 2, *The Materialist Denial* forms its thesis, and Chapter 3, *The Refusal of the Ascetic* forms the antithesis, while Chapter 4 titled *Reality Omnipresent* provides the synthesis.


The materialistic sciences and philosophy study the physical senses and the processes in the physical. In future this will be useful for the evolution of consciousness, because nature will reveal its hidden faculties and its innate impulse toward self-realisation.

Sri Aurobindo himself said about *The Life Divine* in a conversation with Nirodbaran way back in 1940: "What I have tried to give in the book [*The Life Divine*] is a metaphysical foundation of Yoga and a new view of life. Any book of philosophy has to be metaphysical...it is not the language but the thought-substance that may be difficult to follow." (*Vol. 1, p. 5)

Shraddhavan reads the text in a conscious, concentrated, slow, and clear way. The original text is given on the screen. It is a wonderful opportunity to listen to *The Life Divine* by *Sri Aurobindo* in good English pronunciation.

- The video is also available on YouTube under the title: [The Life Divine by Sri Aurobindo Book 01 Chapter 02](#)

In getting a deeper understanding of Sri Aurobindo's *The Life Divine*, Ananda Reddy's publication *Deliberations on The Life Divine** is very helpful. *Margrit for Savitri Bhavan*



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre


Calendar of regular events of August 2024

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

8th & 22nd Thursday 6:30 - 7.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville


Location 

kshetram2014@auroville.org.in



BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

A weekly study circle on The Synthesis of Yoga—Sri Aurobindo



By Deepti Tewari


The Mother's very last message to Auroville:
"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work."
27.03.1973

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."
27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions."
02.05.1970

4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location 

The Mother's very last message to Auroville:

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"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."
27.03.1973

"Programme: Research through experience of the Supreme truth. A life divine. But no religions."
02.05.1970
Monisha for BN Team



We are happy to inform you that seeds, seedlings and flowering plants, especially Marigold, are available at site from 9am to 6pm.

Rabi, 86088 54330 for MFG Team
Jyoti, Naren, Poonam, Rabi & Satyakam
mothersflowergarden@auroville.org.in



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre



Exhibition (Kolu) on Lord Ganapati

The Auroville Bhramaspati Kshetram in Edyanchavadi will celebrate Ganesh's birthday on September 7, 2024 with an exhibition (Kolu) on Ganesha.

While we have texts on Ganesha from the Mother and Sri Aurobindo, as well as a small collection of Ganesha statues, we would like to widen the presentation's scope and are looking for depictions of Ganesha made with different forms and materials such as statues, paintings, stamps, prints, books and writings on Ganesha.

We would be happy to borrow such items for the exhibition, or receive as donation towards our collection.

Donations of funds towards the creation of the exhibition are most welcome; our account number is 252473.

If you have any questions or details, please contact me by WhatsApp. Rajan +91 7639 845 821

Rajan

Education

BASIC PYTHON PROGRAMMING

Free for all

Every Tuesday, 10—11am @ The Sprout Cafe



If you are interested in learning Python then let's meet at the Sprout Cafe every Tuesday at 10—11am

- If it rains then no class as laptops can get wet.
- To register please WA or call Pawan @ 90424 83649

PS: Please don't contact me regarding help with website development. *Pawan*

KULAI CREATIVE CENTRE

Next to Auroville Bakery, Kulapalayam
kulaicreativecentre.auroville@gmail.com

8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session, Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tuesday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednesday	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thursday	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiyam, Silambam, Upcycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15		

Except English, all the others are FREE for everyone from the ages of 10 to 16, but please [register through this link](#) or scan QR code or call us 8608473385 WA



Volunteers are most welcome!

Selva for KCC

ACADEMIC TUITION OFFERED

With my 18 years of experience in education, I offer academic tuition sessions from grade 1 to university level in all subjects. Also I am a spoken English and Hindi language trainer. My contact number is 8270512606.

Ashwini, Aspiration

AUROVILLE LIBRARY

Opening Hours

Our timings are:

- **Mornings:** Monday—Saturday: 9am—12:30pm
- **Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4.30pm
 - Tuesdays: 4—6:30pm
 - 0413 2622894, avlib@auroville.org.in

Reading Circle on Thursdays

When Things Fall Apart:
 Heart Advice for Difficult Times by
 Pema Chödrön

- Started on Thursday, 8 August
 Thursdays, 6—7pm @ Auroville Library

Join us in reading this heart based guide on how to deal with life's challenges.

- For details WA Helen on 7094753054 or Serena on 8489760966



Books to give away at Auroville Library

• For 2 weeks, from 8—22 August
 We'll be offering surplus Mother, Sri Aurobindo, Disciples and Auroville-related books for free. Pass by during our opening hours to see what's available.



Reading Circle on Tuesdays

Book "The Prophet" By Kahlil Gibran

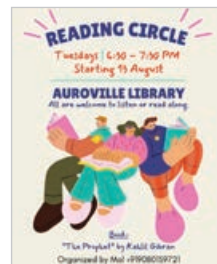
- Tuesdays, 6:30—7:30pm, started 13 August

All are welcome to listen or read along.

Organized By Mal

- +919080159721

Mal & Laura for Auroville Library



ILAINARKAL EDUCATION CENTRE
Auroville Further Learning Programme
for All Age Groups

Activities	Days	Timing	Resource Persons
Tailoring (sewing, craft)	Monday to Friday	10am—3pm	I.Pachaiammal
Spoken English class	Monday to Friday	session I: 3—4pm, session II 4—5pm	B. Anandou
Yogasana Class	Monday to Friday	5—6pm	B. Anandou
Tamil Typing class (computer)	Monday to Friday	2—4pm	C.V. Ramesh Karunakaran
Hindi class	Every Tuesday and Friday	4:30—5:30pm	Colonel Chandra Sekar (Retd)
French class	Wednesday	4:30—5:30pm	A. Arivan
Body awareness	Wednesday	10am—12noon	M. Muthukumari
Viyazhavattam circle-Tamil Literature	Thursday	4:30—6pm	R. Meenakshi
Entrepreneurship	Friday	4:30—5:30pm	S. Sivakumar
Art and Painting class	Saturday	10am—12noon	N. Janaki
Siddha Healing consultancy	Every month 2nd week Tuesday	9:30am—4pm	Vaithiar K.P. SelvamVellore

Contact Ilaignarkal Education Centre

- 0413 2623773, tamil@auroville.org.in R. Meenakshi

KALVI SCHOOL FOR INTEGRAL EDUCATION

Kalvi School for Integral Education offers

- Spoken Tamil Lessons to Aurovilians and Newcomers
- The school also admits Children between 3-4 years for KG classes

Location: On Djaima—Dana Road.

For Details call Shankar, 8940193339



Shankar

SUPPORTIVE LEARNING AND SPECIAL NEEDS COURSE

Hybrid Format



Teachers Centre-SAIER offers the Supportive Learning Satellite program to meet the needs of Auroville educators and parents. We have now developed a teacher's training course in inclusive education and special needs in alignment with Integral Education.

This is a foundation course of 10 months for all those who are interested in this

field of work and committed to meet the needs of Auroville education. The main purpose of this course is to create a pool of educators for Auroville equipped with a better understanding of inclusive education and neurodivergent children.

This course is open to all educators and Aurovilians, newcomers and volunteers with a deep interest in this topic.

The course aims to strengthen Auroville education and uphold the fundamental concepts of inclusivity and neurodiversity. Thus the course demands that participants are committed to the completion of regular assignments and acceptance to undertake necessary assessments.

Participants are required to:

- Attend 3 hours per week—online session
- Commit to self-paced study and assignments approximately 4-5 hours per week
- Attend 1 offline session of 4 hours (Physical attendance) per month
- Two Weekends internship tentatively scheduled in the month of January and September 2025
- Undertake assessments—some of the assessment criteria will include class participation, portfolio-assignments, individual assessments, study cases etc.

To register fill out the form at the link below:

- <https://tinyurl.com/slscourseauroville>

The course is open to all and selected participants will be offered a full course scholarship after undergoing the following stages of selection:

1. Registration through Google Forms in the link provided
2. Interaction meeting with members from Teachers' Centre—SAIER
3. Preliminary assessment before the start of the course (details for this will be shared at the time of the interaction.)

On successful completion of the course, candidates will receive a certificate from Teachers' Center—SAIER

For any queries or more details write to the Teachers' Center SAIER: teacherscenter@auroville.org.in

*Ana and Nilima
on behalf of Teachers' Centre, SAIER*

BOOST YOUR AUROVILLE PROJECT WITH AI:

Enthusiasts Ready to Help!

Have an established Auroville project using online channels? Looking to improve with AI? We're local GenAI enthusiasts excited to explore AI's potential with you!



For those ready to apply AI, we can explore custom solutions, help integrate AI tools, and brainstorm AI-driven strategies for your online presence. You're the expert in your field; we're passionate about AI. Together, we can discover new possibilities.

We're eager to help find ways to analyze your data, streamline tasks, personalize user experiences, and investigate AI-powered marketing—all tailored to your Auroville project.

Ready to collaborate?

- Contact us on WA:
Manisha 9999955321, AL 9843941207.

Let's learn, grow, and innovate together with AI! *Manisha*

COURSE ON PROGRAMMING MOBILE APPLICATIONS

Monday & Thursday, 4:30—6:30pm

2 September—31 October

C3STREAM Land is excited to announce a course on **Programming Mobile Applications**. This 16-sessions course is designed to provide you with the skills and knowledge needed to **develop mobile apps** for both iOS and Android platforms using the Flutter framework.

For more details, please check out the course announcement attached and fill out the registration form using the link below:

- Register: <https://tinyurl.com/programmable>

If you have any questions, feel free to reach out to nithyas-andhosh.ezee@gmail.com or 9751241372

- Last day of registration **28 August 2024.** *Sanjeev*

Youth Initiatives

NONVIOLENT COMMUNICATION WORKSHOP

YouthLink would like to invite you to a Nonviolent Communication workshop, facilitated by Vega (CNVC-certified trainer).

NVC is a communication tool that helps us connect from our hearts. This tool can enhance connection and understanding and make us more aware so we can make choices from a conscious space.

During this workshop, you will learn to practice basic principles of Nonviolent Communication and explore different ways of connecting oneself and others from the heart.



There are two types of sessions available

- **2-day NVC Introduction workshop:** 24 & 25 August, Saturday & Sunday, 9:30am—4:30 pm
- **6-week Practice Sessions:** From 5 September, every Thursday, 4:30—6pm

*The Practice Sessions are designed for those who have participated in at least one Basic NVC session and are seeking a deeper experience.

Jisung on behalf of Youthlink

EMBODIED JOURNALING

22 August from 4:30—6pm

@ Youth Space, Aurodam (Follow the sign boards!)

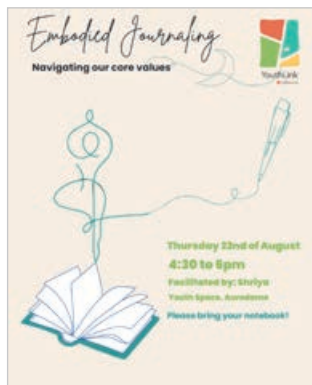
Navigating our core values. Our core values are often hidden in our experiences. These values are always at play either consciously or unconsciously.

Understanding the values we hold dear to us helps us make aligned decisions. They become our anchors in times of confusion and despair, and are highlighted when we experience happiness and contentment.

In this embodied journaling exercise, we will discover what our core values are for the current phase of our life (considering these values can change as we change).

Join us on 22 August from 4:30—6pm for an Embodied Journaling experience! Looking forward to seeing you there!

Madhu for the YouthLink team



SOFT SKILLS TEAM

We at YouthLink, and more specifically the **Soft Skills Team** in YouthLink are looking for facilitators, passionate people or anyone wanting to share their knowledge to reach out to us and see how we can collaborate!

The Soft Skills Team in YouthLink focuses on the mind, emotions, feelings, communication and all skills that will help one navigate through life more smoothly. If you work or are passionate in an activity related with what we do and want to share with the community of auroville and more specifically, Youth, please reach out to us through our email youthlink@auroville.org.in!

Looking forward to working and co creating together!

Madhu for the YouthLink team



MAKER SPACE

Monday to Thursday, 8:30am—12:30pm @ Youth Center

Dear Community, we are excited to share with you the news of our newly launched Maker Space! This collaborative workspace is a hub for creativity, exploration, and skill development for makers of all ages. We have already had 30 participants engage in exciting projects, and we are looking to expand our offerings.

In order to continue providing a dynamic and resourceful environment for our community, we are reaching out to ask for your support. We are seeking donations in cash or in kind, specifically materials such as wood, metal, and other upcycling materials that will help our makers bring their ideas to life.

Your generosity will help us provide a space where individuals can experiment, learn, and create in a hands-on, project-based learning environment.

- If you are interested in supporting our Maker Space with a donation, please reach out to us at Youthlink@auroville.org.in or for in cash donations you can directly transfer to our account **251048**.

Your contribution will make a meaningful difference in the success of our program.

Thank you for considering supporting our Maker Space. We look forward to hearing from you and continuing to empower makers in our community. *Lucrezia & Youthlink team*



Health Care

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours:

- Monday—Saturday, 9am—5:30pm

Services Offered:

- First aid for eye conditions, including conjunctivitis, corneal abrasions, ulcers, trauma, and foreign bodies.
- Comprehensive eye examinations using advanced technology.
- Dispensing of glasses and contact lenses.
- Provision of eye medicines, including Homeopathy, Allopathy, and Ayurvedic drops.
- Personalized support for visiting Aravind Eye Hospital for surgeries and procedures.
- Natural eye healing sessions, including eye exercises, eye yoga, and vision therapy.
- Outreach programs, including screening camps and eye health education at schools, workplaces, and villages.



Contact:

aurokiya@auroville.org.in, aurokiya@gmail.com

www.aurokiya.com, 8012305151 WA/ Mobile

Aurosugan for Team Aurokiya



Santé
August 2024

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/ 7: +91 9442224680
- Government Ambulance 24/ 7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Senthil: Monday to Friday	Nurse Care: Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: TOS
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage: with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday (except Friday)
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	Soundbed Session: with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in,
<http://sante.auroville.org.in>



Dental Clinic
 Auromodc, Auroville.
For Appointment please contact us
 Email: aurodent@auroville.org.in
 Phone: 0413-2622063 What's up: 9629199328
Working hours
 Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

CHILDBIRTH PREPARATION CLASSES

Hall of Light, Creativity community, on Wednesdays

Childbirth preparation classes, including fathers, are offered throughout the year, at Hall of Light, Creativity community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



- 5—6pm, movement classes like yoga, dance, breath work, etc
 - 6—7pm, theory on various aspects of pregnancy
- Like to join the classes?
- [Join our WA group here](#) or send message to Bala +91 9892699804 to add you in the group

All classes are drop in/ out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

- If you'd like to know more about our work email us morningstar@auroville.org.in
- and general administrative queries to Bala + 91 9892699804 WA only. *Submitted by Bala*

PAVILION OF TIBETAN CULTURE ANNOUNCES

**Pulse Diagnosis with Tibetan Doctor
 Samphel Tsering La**

Based in Chennai Mentseekhang

- 22 August, 8:30am—1 pm, afternoon 2—5pm
- 23 August, 8:30am—1 pm

To get your appointment kindly dial 0413 2622401 or 8489067332 WA. For more information contact us on the above given details.

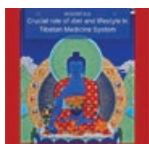


Submitted by Kalsang



TIBETAN EVENT CANCELED

Crucial role of diet and lifestyle in Tibetan Medicine System.
 Pizza wale.



We are sorry for the inconvenience caused by this. Both are postponed until further notice.

Submitted by Kalsang

AYURVEDA CLASSES RESUME

Every Monday, ongoing till end of September



We will learn how this Science of life can be directly applied on a daily basis to understand oneself and others' health, to understand imbalances/ diseases and what Ayurveda recommends to rebalance body and mind, also to gain knowledge on the medicinal plants that grow in our surroundings useful to sustain our health all through the year. Learn how the food, emotions, relations, environment, climate, seasons, season of life (from childhood to seniorhood) can influence the state of well-being in the physical, vital and mental.

- Ayurveda classes will be held in **Santé**:
- **Every Monday:**
 - **2pm, beginners:** basic principles, daily routine, routine through the seasons
 - **3:15pm, advanced:** reading of Ashtanga Hridaya Volume 1, one of the 3 main ancestral textbooks of Ayurveda that gives the basics of Ayurveda in Sanskrit with translation in English
- **Classes will run until end of September 2024**
- If you are interested please send me WA message +919489505691.

With much love and happiness to share this profound knowledge. *Be @ Santé Clinic*

FREE DELIVERY

provided by Pharmacy of Auroville Health Centre

The Pharmacy can provide free delivery by **Dropzy** for Aurovilians, Newcomers and Auroville guests staying in Auroville guest houses.



- The order should be sent to the following email: pharmacyauroville@auroville.org.in

There are 4 ways to make an order by email:

1. Medicines sold without prescription and other items: only the name of the medicines or items
2. Medicines prescribed by doctor: photo of the prescription by email
3. If the paper prescription is required we will inform you by email. The delivery agent will come first to your place to take the prescription.
4. If the prescription is to be refunded by the Health Fund, we can also put it with the pharmacy bill in the Health Fund box at the Health Center reception. For that you need to write in your email that you require a refund from the HF, and take a photo of the prescription with your mobile before you give it to the delivery agent.

- **You have to mention the mode of payment:** account, cash or UPI. You need to send your name, your address, your mobile phone number. *Lili and Dr Uma*

Animal Care

IMPORTANT UPDATE

About the Rabies Situation in Auroville

After two rabies suspect dogs have died, veterinarians from Mettupallayam College conducted a brain biopsy and a quick test that showed in both cases positive for a rabies infection. The samples have been sent for further testing to a lab in Bangalore and health officials and the Department of Animal Husbandry have been notified. A third dog which showed signs of a possible rabies infection had been caught in Kottakarai near Ganesh Bakery.



Our team has already started to conduct the first mass vaccination drives to vaccinate all dogs and cats who had come in contact with those three suspects.

We are happy to inform the Community that thanks to an incredible fundraising effort by AVI USA, we received sufficient funds to purchase a bulk order of multi vaccinations protecting against 7 viruses including rabies and were able to order sufficient rabies boosters to protect the entire area of Auroville and the surrounding villages.

Everyone who wants to have their pets protected through a FREE VACCINATION please contact Lore (6384180772 WA). Together with the veterinary students from Mettupalayam RIVER College we will organise mass vaccination drives in the coming weeks in the entire area to hopefully prevent a big outbreak of rabies and keep all residents and animals safe.

Our mobile vet clinic every Friday from 11:30 until 13:30 will serve as a vaccination camp. Please come by even without appointment with your pets for a FREE VACCINATION. Together we can keep Auroville safe and everyone protected! Please use this opportunity!

Arthur for AV Dog Shelter

International

The **European House** is pleased to welcome you in its co-working space. Come benefit from our wifi and the quiet of our place to focus and get your work done!

Free contribution, Help us pay our internet bills and improve the place! Come enjoy the quiet of our conference room 3 mornings a week! **A place you can privatize!** Do you need a place to host a meeting? A workshop? Or any other group activity: Send a request and book the place!

Marie, +33 695524430,
europa.house.auroville@gmail.com

LA VITA DIVINA

Cari amici e care amiche d'Italia, nonostante la Auroville Radio stia attraversando un periodo di difficoltà e non riesca ad andare avanti con le pubblicazioni dei podcast, voglio rassicurarvi sulla possibilità di poter continuare ad usufruire dell'ascolto de La Vita Divina di Sri Aurobindo. La sua lettura viene postata regolarmente sul canale



- YouTube di Gate Of Dreams Italia. Lo potrete trovare clickando su:
<https://www.youtube.com/@gateofdreamsitalia8047>

Dear Italian friends, although Auroville Radio is going through a difficult period and is currently unable to continue publishing podcasts, I want to reassure you that you can still enjoy listening to Sri Aurobindo's The Life Divine in Italian. The reading is posted regularly on the Gate of Dreams Italia YouTube channel.

- Find it by clicking on:
<https://www.youtube.com/@gateofdreamsitalia8047>

Francesca

Theatre, Music & Arts

ACTORS AND ACTRESSES NEEDED

For Short Film

Actors and actresses needed for a short film on social injustice and sacred beginnings of Life.

Profiles:

- Woman, above 30yrs
- Man, above 32 yrs
- Woman, ca. 17-22yrs
- Woman, above 50yrs
- Man, above 50 yrs



Commitment to prior-filming rehearsals (3-4 times) is a must.

- And any children, women, men for a short recording of a celebration scene.

Filming time frame:

- Some time between 26 August and 2 September.

Looking forward to taking you aboard.

mothersworkforTheMotherswork@gmail.com
9751513906, Ulrike Urvasi

VAASI PINNAL 12

Saturday, 24 August, 7:30pm @ CRIPA

According to varma science, the circularity of the life energy (Vaasi) of the body is related to the circularity of the movements in the universe. Both the outer and the inner body react to the activation and interconnection of the 12 vital points within the body. The articulation of these 12 vital points forms the 12 pathways within the body. The articulation of the Vaasi in the vital channels leads to spiral movements within the spine and limbs.



The dance becomes the manifestation of these movements in relation to space and time. As the dancing bodies keep reacting to the more and more complex inner activation and connections, the Vaasi becomes a single continuous movement inside, and, on the outside, the two bodies become one.

The duet, at first a physical response to the Vaasi, becomes an emotional response to the flow of energy inside the body—through the exploration of dynamics, weight, force, space and time as well as opposition, energy, coordination, weight negotiation, sensing and listening between two bodies.

The work addresses the idea of togetherness and opposition in silence.

This contemporary dance performance is supported by CRIPA, Auro Artworld—International Talents, and C Movements—Wholistic Wellness Centre

- **Choreography:** Chandiran
- **With:** Chandiran & Deivamani
- **Sound Design:** Akila

Krishna

CENTRE D'ART CITADINES: EMERGING BY SRIDAR K.

23 August—7 September

Tuesday to Saturday 9:30—12:30, 1:30—5:30

Opening: Friday, 23 August, 4:30pm

The unknown side of Sridar is a buried memory.

His father was a temple artist, of his childhood he keeps memories of marvels and an absolute devotion for the masterpieces he could admire throughout India, and make his own—the sculptures, the bas reliefs, the Ellora and Ajanta frescoes.

From childhood emerge, in layers, strips of memories, from the temples' peeling paintings, to the torn cinema posters, very vivid sensations of the age of learning that come up in many different shapes and colors on the walls of the village.

Later, he blurred the tracks, pretending to forget this prodigiously ancient world whose echoes continue to filter through his porous-looking stratigraphies, like those of a mural.

Pretending to forget, in order to scratch these overlapping wonders with fingernails and rediscover every time with a thrill that beauty is everywhere, in these ravines of times and dirty walls, and that the divine is always there, within reach of artists eager for space and lost details.

What Sridar paints, he considers as a separate entity from which he acquires knowledge. He listens to the universe, he is the recipient of lost secrets, of forgotten passages.

Marco



The Secret Soul ART EXHIBITION
Hufreesh Dumasia

8 - 24 AUGUST
 TIBETAN PAVILLION
 9am - 12.30pm
 2pm - 5.00pm
 Sunday closed

OPEN HOUSE AT PIERRE LEGRAND'S STUDIO

Monday, 26 to Wednesday, 28 August

10am—12pm & 3—5pm @ Sunship, 2nd Floor



3 DAYS
OPEN HOUSE
 Mon 26.08.24 to Wed 28.08.24

Studio Expo – Pierre Legrand
 M2 - SUNSHIP (2nd floor)
 10 am to 12 pm
 3 pm to 5 pm

BHARAT NIVAS

The Spiritual Energy: Experience Art, Embrace Spirit


The Spiritual Energy
Experience Art, Embrace Spirit
 By
Mr. V. Vasandan Virappan
National Artist

Join us for the inauguration of 'The Spiritual Energy' painting exhibition. Discover the divine essence captured on canvas, unveiling a journey of spiritual exploration.
 03:00 pm
 Sunday, 18th August 2024

Open from 18th - 31st August 2024
Timing : 09:00 am - 04:30 pm
Venue:
 Kala Kendra,
 Bharat Nivas, Auroville
All are Welcome..

Enquiry Contact: Krishna at +91 97878 80211



Draupathi

Draupathi
 Portrayal of An Epic Woman - Tamil Play in all art forms...
 Theatre, Music and Mahakavi Bharathi's Poetic Language




Written and Directed by
DHARINI KOMAL



DRAUPATHI
 Stands as a symbol of Woman power and Resilience in the Indian Epic "Mahabharatha".
 She represents the life of a contemporary woman who is torn between political power and ego.

சீரரசு

06:30 pm
 Saturday, 24th August 2024

Venue:
 Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

book show

 Scan for Ticket

Bharatanatyam Varnam by M.S.Kamakeshwari

Bharatanatyam Varnam
 By
M.s.Kamaleshwari
 Natya Darpana Dance & Music School

Join us for an enchanting Bharatanatyam performance on Ashtalakshmi Slogam. Witness a celebration of divine forms through classical dance.



07:00 pm
Sunday, 25th August 2024
Venue:
 Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

Multiple Activities



BHARAT NIVAS
भारत निवास பார்ந்த நிவாஸ்
The Pavilion of India, Auroville

REGULAR WORKSHOP, CLASS & EXHIBITION

- MONDAY TO FRIDAY**
06:00 AM - 07:00 AM
KALARIPAYATTU CLASS at Bhumika Hall
- TUESDAY & THURSDAY**
06:30 PM - 08:30 PM
FENCING CLASS at Harmony hall
- MONDAY, WEDNESDAY & FRIDAY**
06:30 PM - 09:30 PM
TANGO CLASS at Harmony hall
- TUESDAY**
04:30 PM - 05:30 PM
THE SYNTHESIS OF YOGA at Resource Library
- FRIDAY**
11:00 AM - 12:00 PM
SAVITRI STUDY CIRCLE at Resource Library
- WEDNESDAY**
05:45 PM - 06:55 PM
INTEGRAL HEALING at Bhumika Hall
- MONDAY TO SATURDAY**
09:30 AM - 12:30 PM
RESOURCE LIBRARY at 1st Floor - Bhumika Building

EXHIBITIONS - MONDAY TO SUNDAY

- 09:00 AM - 05:00 PM
THE DAWN OF AUROVILLE - PHOTO EXHIBITION at Kala Kendra
- 09:00 AM - 04:30 PM
WILDLIFE ART GALLERY at Old LOE Building (old post office)
- 09:00 AM - 04:30 PM
THE CITY THE EARTH NEEDS at India Space

Enquiry Contact: Krishna at +91 97878 80211

Dance Activities



AUROVILLE TANGO
New batch starts the first week of each month

MON 19:00 Introduction to Tango 20:00 Open source	WED 19:30 Guided Practica 20:00 Practilonga
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Tango @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- Monday
 - 7pm—Introduction to Tango, 8pm—Open Source
 - Wednesday
 - 7:30pm—Guided Practica, 8pm—Long Practice
- No partner required. Bring socks or dance shoes.
And plenty of joy!

+91 9821166082, tango@auroville.org.in Maud

DANCE CLASSES BY MANI

Salsa Dance Class



SALSA DANCE CLASS

Choose your Dance

- ✓ Bachata Dance
- ✓ Kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now
+91 86376 33696

Bakisata_dance

Tuesday salsa class 6:30 pm
Saturday workshop 7:0 pm

New creation, dance studio
Embrace the Rhythm and Let Go!

Tango Dance



TANGO DANCE

MONDAY
Beginner 6:30 to 7:30 pm
Intermediate 7:30 to 8:30pm

FRIDAY
Workshop 6:30 to 7:30pm
Open practice 7:30 to 8:30pm

Auroville, cripa

CONTACT US BY
+91 86376 33696
Bakisata_dance

A CALL TO CO-CREATE

Multidisciplinary Improvisation Lab

Thursdays, 5—7pm
@ CRIPA Small Hall

Through Dance, Move, Visual Arts, Poetry, Spoken Word, Theater. And Music

- Step beyond labels and redefine your art form. Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration. Self-motivated creation. Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word. Emotional storytelling through embodied movement and music.

Discover the boundless potential of collaborative improvisation
Submitted by Krishna



A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB
THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word.
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL
DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

New Creation Dance Studio

Sweatout & Smile

ZUMBA

Every Mondays!

Zumba classes are happening

@ New Creation Studio, every Monday, 6pm

For regular classes DM: 8281746763

Vega

BALLET DANCE CLASSES WITH FLEUR

@ New Creation Dance Studio



In a playful and attentive approach, each course is designed to allow children to experiment ballet movements, space and creativity.

We have batches for children from 3 1/2 to 14 years old.

- **Dance initiation**
 - Age 4 to 5, every Monday, 2:30—3:30pm
- **Classical ballet level 1**
 - Age 6 to 7, every Monday, 3:45—4:45pm
- **Classical ballet levels 2 & 3**
 - Age 8 to 10: Every Saturday, 9:15—10:30am
 - Age above 10: Every Saturday, 10:30am—12pm

Fleur,
9600225764

Music & Art Activities

HIBISCUS ART VILLAGE PRESENTS

Evolution Art Camp & Festival

26—30 August, 10am—5pm @ Sudha's Kitchen

31 August 12—10pm @ Sve Dame



Elena
for Hibiscus Art Village
@Hibiscus_av

In the meantime, we continue to offer our personalized Sound Experiences. Please scan the QR Code for details.

Zech for SVARAM studio

LIFE EDUCATION CENTRE

22, 23 & 24 August,
2—4:30pm

Joy of Working with Hands invites you for a Community Painting Project! Join us as we journey into a deep flow state through the art of stippling.

Facilitated by Deeya Bhugra, an independent visual artist from New Delhi, India. Her oeuvre spans painting, photography and poetry.

- **Life Education Centre**, a Centre for Holistic Learning Experiences, opp. Isai Ambalam School
- Age 20+, participation fee Rs. 500
- +91 9810800965 WA, pre-registration required!

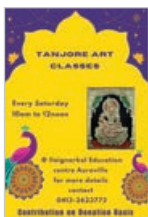
All materials will be provided by us.

Devi Namasivayam

TANJORE ART CLASSES

Every Saturday, 10am—12noon
@ Ilaignarkal Education Center

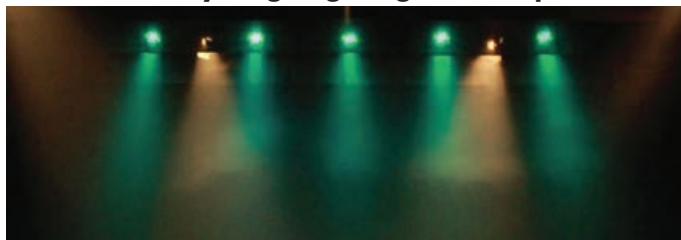
Tanjore paintings hold cultural and religious significance, originating in Tamil Nadu, India. They depict Hindu deities and mythology with vibrant colors and intricate details. The use of gold leaf adds opulence, reflecting the region's artistic heritage. These paintings serve as representations of South Indian art, preserving traditional techniques and contributing to the rich tapestry of India's cultural history.



Ayyanar

- For more details contact 0413 2623773
- Contributions on Donation Basis

BHARAT NIVAS PRESENTS: SHADES OF LIGHTS 3 Day stage lighting workshop



3, 4 & 5 September, 10am—6pm

@ Sri Aurobindo Auditorium, Bharat Nivas

Come and learn the art and craft of stage lighting, enhance technical skills, explore creative design techniques, to transform any stage into a visual masterpiece. Whether you're an aspiring lighting designer, theater enthusiastic or a professional seeking to refine your skills, this workshop is designed for you.

Highlights of the workshop:

- Fundamentals of Stage Lighting
- Lighting for Theatre/ Stage Performances
- Designing and execution of lighting
- Hands on practice
- Advanced lighting techniques
- Creative lighting

Registration Fee: Rs 5000/—

Facilitator: Dr. L. Binu Kumar, Lighting Designer, Bharat Nivas

- For registration: bharatnivas@auroville.org.in
- For enquiries: +91 6383196503 Monisha

CENTRE FOR RESEARCH EDUCATION EXPERIENCE In Visual Arts

Weekly Art Activities

- **Watercolor Landscape** class by Sathya
 - Wednesday, 5—7pm.
- **Figurative Drawing Session**,
 - Friday, 5—7pm.
- **Open Studio**—a space to explore your artistic expression. Art supplies are available.
 - Open from 12:30 to 4:30 PM, Monday to Friday.
 - If you plan to attend at other times, please inform us in advance. Contact Abi: +91 9042058981
- **Portrait:** For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.



CREEVA Studio, Creativity Community, Auroville
sathyacolour@auroville.org.in,
+91 9486145072 WA,
Sathya

CREATIVE WRITING

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves and also the spontaneous resources we harbor inside to overcome obstacles and evolve.



Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.

Duration of the session: 1h30min.

- For Info and to book your session, write at ijustwannawrite.email@gmail.com

If you want to know more about me, check my blog:

<https://ijustwannawrite.com>

Let's keep up with the good writing!

Francesca

SURYA PERFORMANCE LAB & CIRHU PRESENT Freedom Of The Body: Dialogue with the Cells

23, 24, 25 August, 9am—1pm

@ Harmony Hall, Bharat Nivas. Please come at 8:45am

The theme of this workshop is joy, Ananda in the cells.

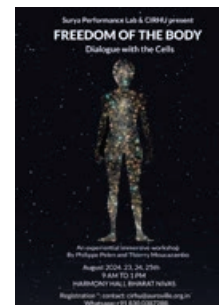
An experiential immersive workshop by Philippe Pelen and Thierry Moucazambo.

A path to follow from the mind to the heart and from the heart to the body, through deep relaxation, frequencies, meditation, Pranayama, yoga, visualization, and a spontaneous natural dance. A joyful experience for the transformation of the body.

This workshop is open to all: Aurovilians, newcomers, volunteers and guests who want to discover and experiment with cellular consciousness. It is also open to participants who have attended previous workshops and want to experience deeper inner practice. Each workshop offers a different experience.

- Registration: cirhu@auroville.org.in, +91 8300387288 WA.

Philippe and Thierry
for Surya Performance Lab



EXPLORE WaterColor Techniques

- Wednesday & Saturday, 10am—12pm @ Unity Pavilion
- Art with Mr. K. Janakiraman
- For more details 9443648774, 7558401106

Submitted by Arun



Sports & Martial Arts

ULTIMATE FRISBEE

The Auroville Women's team has regular practices:

- Wednesday, Saturday, 4:30—6:30pm @ Gaia Field

Sessions are open to anyone who would like to try their hand at the sport.

Uttara for Ultimate Frisbee



AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



Adult classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.

Children/ young students

- **Monday, Wednesday and Friday from 4 to 5pm**
- for the time being no Saturday 9 to 10am class are offered.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan
- 83001 89062, Surya, no WA

Cristo, Rita, Surya, and Philippe for Auroville Aikido

ABHAYA MARTIAL ARTS

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.



Our regular classes

- **Monday:** MMA/ Grappling 5:30pm, coach Giacomo
- **Wednesday:** MMA/ Grappling 5:30pm, coach Giacomo
- **Friday:** Kickboxing 5:30pm, coach Ruben

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA. *Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.* **Giacomo**

SWIMMING CLASS by Mani

Submitted by Mani

KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200, Maneesh



Where Body Becomes Eyes, Maneesh For Kalari Team

BHARAT NIVAS

presents **Kalaripayattu Class**

in Collaboration with Kalarigram:

Bhumika Hall,
6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in, office: 0413 2622253

Monisha for BN Team



TAI CHI HALL IN SHARANGA



Schedule of classes after 24 August

- Every day except Sundays
- Mondays and Saturdays, 7:30—9:30am
- Tuesdays to Fridays, 7:30—9am
- Upcoming: no classes on 28, 29 August, 3 September **Krishna**

GIRL FUTSAL/ FOOTBALL CLUB

Every Wednesday at 5:10pm
@ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

- Just contact Beber 6385635943 for more details



Submitted by Beber

KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm
◦ Monday To Saturday

All are welcome!

Satyakam

Nature Activities

HERBAL MEDICINAL PLANTS COURSE FOR BEGINNERS

Monday—Friday, 9—11:30am

Workshop Highlights

- **Curriculum:** Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- **Expert Guidance:** Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.

AN HERBAL MEDICINAL PLANTS COURSE FOR BEGINNERS

MARTUVAM HEALING FOREST

Discover 35 medicinal plants and their health benefits to support your health and well-being.

Workshop Highlights:

- Curriculum
- Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.

Discover 35 medicinal plants and their health benefits to support your health and well-being. No prior experience is necessary.

- **Contact Us:** martuvam@auroville.org.in,
 - +91 9345454232 call/ WA,
 - @ Alankuppam.
- Submitted by Shivaraj*

PERMACULTURE 360° FARM TOUR

Every Saturday, 11am—1pm @ Terra Soul

terra soul

@ AUROVILLE

Permaculture 360°

Experience Permaculture Life at Terra Soul

Ever wondered what sustainable living looks like?

Join us

Saturday from 11:00 AM to 1:00 PM

for an immersive tour of our permaculture farm in Auroville!

- ✓ Guided tour of our lush permaculture farm
- ✓ A chance to connect with Nature and like-minded communities
- ✓ Delicious farm-to-table lunch made from our fresh harvest

CALL & BOOK A TOUR NOW

📞 JUAN - 9443434182

🌐 [terrasoul_community](https://www.terrasoul_community.com)

Join us every Saturday from 11am to 1pm for an immersive tour of our permaculture farm in Auroville!

What to Expect: Guided tour of our lush permaculture farm, hands-on experience with sustainable practices, delicious farm-to-table lunch made from our fresh harvest, a chance to connect with Nature and like-minded individuals

- **Auroville Contact:** Juan 9443434182
- Limited spots available! Register now to secure your place before coming and step into a world of sustainability.

Follow us on Instagram @[terrasoul_community](https://www.instagram.com/terrasoul_community) for more updates and glimpses of farm life!

Submitted by Juan

FOOD FOREST TOUR

With Smoothie Bowls and More...

Every Saturday & Sunday, 9:30—11:30

FOOD FOREST TOUR

WITH SMOOTHIE BOWLS...and more

EVERY SATURDAY & SUNDAY from 9:30 to 11:30

Come to an experience in my permaculture garden, learn about organic farming and get inspired to start growing your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers. After the tour we are going to create delicious nourishing RAW VEGAN SMOOTHIE BOWLS

at La Ferme Community (5min from AV Bakery)

Sign up and more info www.myfoodforest.in

whatsapp Sarah 9047421044

For groups of min 4 people any other weekday is possible.

Bioregion Activities

AUROVILLE BAMBOO CENTRE August Program 2024



Tours

- **Bamboo Centre Campus Tour:** Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo curated into an educational tour with bamboo tea and refreshments.
 - 11am—12:30pm, 2:30—4:30pm
 - Every day except Sunday
 - Registration one day in advance.



- **Auroville Bamboo Tour with Special Bamboo Lunch:** Book your slot and enjoy our delicious Bamboo special lunch featuring a variety of fresh, local and organic ingredients. Reserve before Friday afternoon to secure your spot.
 - 11:30am—12:30pm, every Saturday
 - **Note:** People are requested to manage their own transport & Contribution for the tour is mandatory.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily Make and Take Hands-On Workshop Experiences

• **One-Day, Make and Take Workshops**

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Registration one day in advance.



- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then **Make and Take** the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo centre and take home your own hand made lampshade at the end of the workshop.

• **3 Hours Make and Take Workshops**



- 10am—12:30pm or 2:30pm—5pm
- Every day except Sunday
- Walk-in registration available
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.

Upcoming Workshops & Camps, August 2024

Bamboo Joineries, Beginner Course

- 30—31 August



The Bamboo Joineries workshop is a two day immersive learning experience that offers the opportunity to learn the fundamentals of bamboo joineries, while engaging in a unique self-inquiry in the company of an international team of mentors.

For more information, special requirement, and pre-booking contact:

Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
or +91 8300949081, 0413 2623806, 2964727
Flexible training dates offered to groups

- **Contact:** Voice call and WA: 8300949081, <https://aurovillebamboocentre.org/>

Mani

MOHANAM PROGRAM

August 2024

Mohanam Auroville Campus
2min from Vérité,
6min from Matrimandir,
8min from Visitor's Center
Experience, Explore, Energise



Contact: preferred mohanamprogram@auroville.org.in
Call: 8300949079, 04132190757, 04132622667

Tours inside Auroville

Auroville Northwest tour

- 10:30am—1pm, every day, except Sundays

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. It is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

Mohanam Campus tour

Come and visit Mohanam Village Heritage Centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti, herbal tea.

- 10am—4pm, every day, except Sundays

For both tours, 1 day advance booking is necessary.

Make & Take workshops at Mohanam Campus

- 10am—4pm, every day except Sundays

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest your inner self through various materials and form using creative technique.

- Pottery making _____ 1hrs
- Kolam mandala painting __ 2hrs
- Coconut shell craft _____ 3hrs
- Incense making _____ 1.5hrs
- Lampshade making _____ 3hrs
- Paper marbling _____ 1hrs
- Candle making _____ 1.5hrs
- Soap making _____ 2hrs or 1day

For all the above 1 day advance booking is necessary.

Classes at Mohanam Campus

- **Cooking Class:** Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
 - 10am—12:30pm, every Saturday
- **Saree and Veshti Experience:** Choose a saree and veshti from a variety of beautiful sarees and veshtis in our library. Get your traditional south Indian look with help of our women's group members who will assist you to drape/ wear the saree & veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience.
 - 10am—4pm, every day, except Sunday

August month events @ Mohanam Campus

Event	Day	Time	Pre-booking required
Indo-African Drum Circle with Dosa Night	Every Thursday, 22, 29 August	5:30—6:30pm	
Gametime	Every Friday, 23, 30 August	5:30—7:00pm	
Seed Symphony—Aadi Perukku	3 August	10:30am—12:30pm	
Herbal chai with Dr. Loganathan	Every Saturday, 24, 31 August	4—6:30pm	
Tamil Chanting with Mr. Anandou	Every Saturday, 24, 31 August	5:30—6:30pm	

For more information and registration for all the above August events:

Contact: preferred mohanamprogram@auroville.org.in

Call: 8300949079, 04132190757, 04132622667

Timing: 10am—4pm, Monday to Saturday

Volunteers Invitation

Join the Mohanam Team—Make a lasting impact!

Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis!

• We're looking for individuals with skills in:

Facilitation and training, Written Documentation and Filing, Administration, Accounting, Teaching kindergarten children, WordPress Website Management, Newsletter Creation, Film Making, Canva Designing, Digital Marketing and Promotion, Physical Marketing and Promotion, Fund-raising and Grant Writing, Program Coordination, Kitchen Management, Campus Logistics and Maintenance, Team building and leadership, Content Writing—blogs, social media posts, program descriptions, etc. Social media handling—Instagram, Facebook, Youtube and LinkedIn

• Volunteering Duration

- Short term volunteers—Minimum 3 months
- Long term volunteers—Minimum 6-12 months

• Language you must know: English

- Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi

• Campus Timings: 8:30am—5pm

• Working Days: Monday to Saturday. We might require you to be there on Sunday in case of special programs/ events.

Do you share our passion for empowering village children, youth, artists, artisans and girls, while appreciating Tamil culture? Yes! We invite you to contribute your expertise and make a real difference in our community.

• **Benefits of Volunteering with Mohanam:** Be part of a meaningful cause, help fulfil Mother's vision of bridging Auroville and villagers, gain valuable experience and develop new skills, work in a supportive and collaborative environment, campus lunch and beverages



• **Ready to join us?** [Submit your application through this link](#) or scan the qr code and submit your application. Let's build a brighter future together!

Upcoming at Mohanam

Mohanam Café coming soon... We welcome your suggestions related with food and cafe timings at mohanamprogram@auroville.org.in

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville: tour, retreat space, camping, temple visit, ashram, Girivalam full moon experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

- For more information, contact us: mohanamprogram@auroville.org.in, 8300949079, 04132190757, 04132622667

Auroville Bioregion Experience with Mohanam Team

Soul of Soil: opening the gateway to the village program for August, conscious and cultural tour, Auroville bio-region hub for art, craft and culture to bridge and promote local Tamil culture: touch, ride, feel, taste, hear, discover, experience

- Village Tour _____ 3hrs
- Munnur & Perumukkal visit _____ 6hrs
- Salt Dune & Kaluveli Tank Visit _____ 6hrs
- Bio-region Village Temple Tour _____ 6hrs (Irumbai Shiva Temple & Panchavadi Hanuman Temple)
- Navagraha Temple visit _____ 3hrs (Moratandi Navagraha Temple & Prithyangara Temple)
- Wood Fossil Visit and Quarry Shower ___ 6hrs

All above activities one day Advance booking is necessary

- **Contact:** preferred mohanamprogram@auroville.org.in or 8300949079, 04132190757, 04132622667
- 10am—4pm, every day except Sunday

Submitted by Balu

EGAI

+91 9791896488, egai@auroville.org.in

UTAVI Empowering communities

UTAVI
Empowering communities

Egai Vēlai

Infrastructure support to space deficient community and village artisans and craftsmen

Egai Kaivinaṁ

Assisting craftsmen of varied skill sets via materials and tools to offer workshops for the traveler community

Egai Kalai

Conscious intent for youth of all needs to learn a skill to build their future "Dream" of Self Determination

Contact: Anand
egai@auroville.org.in +91 91594 68946

<https://auroville.org/page/egai>
<https://auroville.org/page/donate-from-india>





Coconut Shell Workshop

- Monday to Saturday, 2—4:30pm

For more information:

visit www.egai.co.in

+91 9791896488 WA

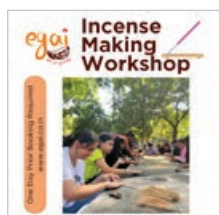


Incense Making Workshop

- Wednesday to Saturday, 3—4:15pm, @ Egai, Isaiambalam road, Auroville
- One day advance booking required, www.egai.co.in

For more information:

+91 9791896488 WA/ 0413 2963034



Our store in Auromode



+91 9791896488 WA/ 0413 2963034
Anand

ENLIGHT
Light of Auroville
Experience Programs
enlight@auroville.org.in

Explore Auroville

- Crown Road Tour: Connect Four Zones**
10am—12:30pm, all days except Sunday

This tour educates the audience about the cultural consciousness of Auroville. The inspiring journey of the residents in their path of self-determination. Visit a wide range of units and activities which have coupled tradition and modernity.

- Farm Tour: Organic Farming**
7am—9am, all days except Sunday

This tour, will not be your average comfort-holiday activity, instead, it will be a rewarding experience—both tangible and intangible. It can best be enjoyed slowly while cherishing the freshly grown fruits and vegetables. At the end of the tour, you also shop for other value-added farm produces like spices and organic personal care products.

- Forest Walk: Experiencing Nature**
7—9am, all days except Sunday

Healing forest walks are meditative walks that we take in nature, either alone or in small groups. It is an effective way of finding calm and balance. Nature helps us in becoming free of negative thoughts that pull us down, and through the walks we find answers to difficult questions which brings clarity to our lives. Above all, the intention of a healing forest walk is to create lasting peace and serenity.

Bioregion Tours

10am—12:30pm, all days except Sunday

Take a break from your city life and dig deep into the heart of rural villages around the Auroville, where a land of history and culture can be experienced.

- Sri Mahakaleswarar Temple—Irumbai:** Did you know Auroville's existence was predicted 1000 years before its creation by a great Rishi named Kaduveli Siddar in Irumbai, unlocking the secret with us.
- Manjaneeswarar Ayyanar Appan—Keezhputhupattu:** Get to know one of the most famous Ayyanar temple in Tamil Nadu which hold great legends and was build by Kulothunga Cholan 900 years ago.
- The Great Canyon—Bommayarpalayam:** Discover the beauty of the naturally formed Canyon in Auroville.
- The Bat Village—Kazhuperumpakkam:** A village that has not celebrated Diwali for decades to support their co-family members to live peacefully. The history behind the Bat village.

Workshops:

Every day except Sunday, one day prior booking

- Pottery Workshop**

Join us for our Pottery workshops to experience working in clay and gain one-on-one instructions on how to create your piece. Enlight offers a natural and relaxed environment to immerse yourself in Pottery. Our workshops are focused on Pottery for beginners, so no prior experience is required.

- Instrument Making Workshop**

Introduction to uses of Instruments and how to make musical instruments like bamboo flute, bamboo scraper, rattles, bamboo whistle and bamboo tongue drum. "Make and Take".

- Stone Carving Workshop**

Introduction to uses of tools and materials. In this workshop, you will learn the making of statues out of stone. A basic method of carving any kind of statue.

- Candle Making Workshop**

Dive into the art of candle making with our immersive workshop. Perfect for beginners and seasoned crafters alike, this hands-on experience will teach you how to create beautiful, aromatic candles from scratch. Discover the joy of crafting personalized candles that reflect your style and scent preferences.

- Drumming Workshop**

Experience the rhythmic heartbeat of community and connection at our Drumming Circle. Whether you're a seasoned drummer or a first-time participant, all are welcome to join in the joyous celebration of music and rhythm.

- Cooking Class Workshop**

Complete your travel experience by learning the art of south Indian cuisine with native women.

Wellness

Every day except Sunday, one day prior booking

- Music Therapy**

Embark on a journey of the alignment of mind, body and soul by exploring alternative forms of healing. Experience the healing powers of sound frequencies in your healing journey.

Anand +91 9159468946/ Balaji +91 8270071581

TOUR TO THIRUVANMALLAI



Again, starting a tour to Thiruvannamalai, every Tuesday. Leaving at 6 or 6:30am from Visitors Center back at 6:30pm.

To register: 9090819998 WA. **Arabinda**

EARTH INSTITUTE
On-Campus Training Course

SEPTEMBER ON-CAMPUS

Training Courses

CSEB Intensive : 09th Sep - 14th Sep
AVD Intensive : 16th Sep - 21st Sep



AUROVILLE EARTH INSTITUTE

We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning. Limited seats are available on a first-come, first-served basis.

Register now & join the clan!

- **Contact:** +91 9159225078/
0413 2623330/ 2623064
- Registrations are open:
<https://registration.earth-auroville.com/>

T. Ayyappan, Co-Director

Craft Activities

WELLNESS WOODCRAFT:
Carpentry & Wooden Craft Workshops





MAKE & TAKE WORKSHOP
Kitchenware & Home Decor

(Bowl, Chopping Board, Rolling pin, Candle & Incense holder)

Fri & Sat **DIY WOODWORKING**
AGE: 15+ DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects.



SPOON CARVING WORKSHOP

BEGINNER LEVEL

Basics of wood & tools
Marking & cutting
Shaping with hand tools
Sanding & finishing

Age: 15+


2 Days Make & Take workshop

WELLNESS WOODCRAFT AUROVILLE
Every Wed & Thu

DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in



Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests.



DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Age: 15+

WOOD JOINERY
BEGINNER LEVEL

Mortise & Tenon
Half-laps
Bridle Joints
Hand & Power tools

Mon & Tue

Woodworking can also provide a sense of community and connection with other like-minded individuals.

- **Advance booking is necessary:**
wellnesswoodcraft@auroville.org.in, +91 9952589649 WA Anand

PAPER CRAFT WORKSHOP
@ Wellpaper, Auroville

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- Contact Zeevic, +91 9385744722,
0413 2969722 Zeevic



Help Needed

THAMARAI LEARNING CENTRE

Needs Sports Equipment



Dear community, do you have any **weights/ dumbbells, kettle bells, medicine/ strength balls, resistance bands, punching bags and or gloves** etc that you are not using?

We could really make great use of these at the **Thamarai Learning Centre!**

To support our wellbeing activities with the children in our after-school and weekend programs, as well as for health programs with local youth and adults:

- Please contact us: thamarai@auroville.org.in or +91 9566936746 WA
- Or maybe you would like to donate for us to directly purchase this needed equipment? If so, we welcome with gratitude any contribution to FS account number: **251633**

Carla, for the Thamarai Team

STUDIES: BACHELOR OF SCIENCE IN NURSING

Dear Auroville Community, I hope this message finds you well. We are writing to share some exciting news about our younger daughter, Catherine. She has recently been accepted into her first year of college, where she will be pursuing a Bachelor of Science in Nursing. This is a dream come true for her, as she has always been passionate about helping others and making a difference in the world.

As you can imagine, starting college brings both excitement and financial challenges. The cost of tuition, books, supplies, and other necessary expenses is significant, and we are committed to doing everything we can to support Catherine in achieving her goals. However, we are reaching out you all for assistance during this important time in her life. The Scholarship Fund of Auroville has no funds at the moment, therefore we request the community for help.

We are kindly asking for your support to help Catherine as she embarks on this journey. Your contribution, no matter the amount, will go directly towards her educational expenses and help ensure that she can focus on her studies without the added stress of financial concerns. She needs Rs.2.25 lakhs to pay for her first year of Bsc. Nursing urgently.

- If you would like to support Catherine, kindly transfer to her FS a/c **252137**. Your generosity will make a meaningful impact on her ability to succeed in her chosen field.

Thank you for considering our request and for being a part of Catherine's journey to becoming a nurse. We are deeply grateful for your kindness and support.

Rina Raju, FS 7094384870, Raju, Auroville Printers, 9443202786, raju@auroville.org.in

FUNDS NEEDED TO REPAIR A ROOF

Sathyaka, Last School's ama for more than 10 years, needs financial help for a roof which is broken. She has tried to fix it many times but with the monsoon coming soon and with the current rains it's essential for her to repair it for good.



The solution would be to install steel sheets to make it completely waterproof. But this comes to the cost of 47,695rs with labor included. She can only afford to pay 10,000rs and the school cannot help her much with the current financial situation of the schools in Auroville.

- If you're willing to help please contact this number (one of Last School teachers): +917598087947

Fanny

SUPPORT FOR GIUSEPPE

We are in need of financial support to continue to pay for the people that give their time and energy to look after Giuseppe. The food costs are also above what is received from Auroville. Any smaller or bigger contribution is most welcome.

- For contributions you may use FS ac. **102518** (Giuseppe).
- For additional information, contact +91 9489601312, call or WA **Shivaya and Enrica**

SUPPORT THE PUBLIC TRANSPORT IN AUROVILLE

Dear All, Accessible Auroville Public Bus service started in 2016 with help of an Italian donor, who contributed to purchase a public bus to Auroville, with the specific aim of creating a means of transportation for differently-abled individuals.



Since 2016, we have received good support from Aurovilians and Guests until the Covid pandemic started. The service was meant to be self-sustained by collecting contributions from the bus users to cover the running expenditure. We were supported by AVI Canada and well-wishers from Auroville to cover the yearly maintenance like Insurance, Fitness Certificate, Yearly Maintenance of the vehicle etc.

Since Covid-19, the users of the bus have reduced and it became hard to cover the running cost of the bus. Therefore, we often requested help from the community to support. We tried various options to increase the use of the bus but no real progress. Only during the season, the bus is filled with people. This shows that most Aurovilians are willing to use their individual vehicles to visit Pondicherry instead of using the public transport.

We do not get any financial support from BCC for our monthly running cost or yearly maintenance. We tried a few times to get support from BCC to encourage public transport in Auroville so as to avoid the steady increase of individual transport, taxis etc. It has not been accepted since 2016.

Therefore, we invite Aurovilians, Newcomers, Volunteers and Unit workers from Pondicherry to use this service to support the public transport in Auroville. The Service is provided from Monday to Saturday with 3 trips in a day between Auroville—Pondicherry—Auroville. While increasing the number of users, the service will be able to continue on its own without any financial crisis. So far, the service could function because financial gaps were generously covered by advance given by Auroville Vehicle Service & Aurocabs Taxi Service. But it can't continue as of now. Recently Aurocabs contributed new seats for the bus (which are yet to be fixed).

Financially, the bus service is in a bad debt of around 1.4 Lakhs (April—July 2024) as of now and the expense for the yearly maintenance of the vehicle is coming ahead in end of September, which will need around Rs.1, 06, 500 towards Fitness Certificate, Vehicle Painting, renewal of Insurance, replacement of tyres and other mechanical works.

Once again, we are seeking donations to keep the service going on. We request you to donate in our account no: 251675/ AV Accessible Bus.

Details of works to be done in end of September 2024:

- Re-Painting of Bus: Rs. 15,000
- Tinkering work: Rs. 13,000 (Body + flooring rear door)
- Tyres Replacement: Rs. 23,500 (2 Tyres)
- New seat fitments: Rs. 9,000 (14 seats)
- Renewal of Insurance: Rs. 30,500 (2024—2025)
- Mechanical works: Rs. 9,000
- Fitness Certificate: Rs. 6,500

Total: Rs.1,06,500

Let us join together to reduce the carbon footprint and the traffic around us. By supporting public transport, you could have a safe journey, reduce the carbon footprint and save money.

Raju, for Accessible Auroville Public Bus

Work Offering

EXPERIENCED TEACHER SEEKING POSITION

Kalaivani from Bommayapalayam village is a dedicated and qualified Tamil teacher with 4 years of teaching experience seeking a challenging role. She holds a Master's degree in Tamil and an B.Ed qualification, demonstrating her commitment to the Tamil language and education.

With a proven track record of engaging students and delivering effective lessons, Kalaivani is eager to contribute her expertise to a dynamic educational environment.

- **Key Qualifications:** M.A. in Tamil, B.Ed, 4 years of teaching experience, strong command of the Tamil language
- **Excellent** communication and interpersonal skills

If you are seeking a passionate and skilled Tamil teacher, please contact Kalaivani at 70948 42105, 7904210690

Submitted by Giri

Available

Office Spaces Available: Aurelec

A well protected 47sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco) and canteen facilities.



Conveniently located office room (around 50 sqm.) inside Aurelec premises will be available from 1 August 2024, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in
Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Interested people may contact Mr. Pandian at Auromode in person, +91 99433 90391 or pandian@auroville.org.in

Pandian

Looking For

A Great Housekeeper a new workplace.

Hello community, Renuka is looking for part-time work in the afternoons from 1—4pm. She has extensive experience working in Auroville, is meticulous, dependable and has a wonderful personality. She is great with children and is very responsible. Please call or message 9047247301 her daughter Poovizhi or 9488483871 Ribhu for more information.

Ribhu

Seeking a Jalneti Teacher

I am looking for someone who can help me learn jalneti. If there is someone who can teach me the same, please get in touch with me. 7005301749 WA, meghaj782@gmail.com

Megha

Looking to Acquire an Acoustic Piano

Looking to buy an acoustic piano second hand in good condition. Any offer via 9488239348 WA or pauli@auroville.org.in

Paula



Lost & Found

Visa Card Lost

I lost my white visa wise card. If anybody found it please contact me +491714333881 WA, 9994191124 call.

Christin Jamarek



Work Opportunities

FAMC OFFICE ADMINISTRATION PERSON

Funds & Assets Management Committee (FAMC) is looking for a full time Office Administrator.

- As an Aurovilian, if you are passionate about implementing the City of Truth and all its needed assets, resources and funding and if you can list all the sub groups of FAMC and more, provide a succinct outline of the work required of each of the sub groups, we would like to meet you.
- Understanding of proper communication, use of Google Workspace for various administration tasks, use of project coordination tools, facilitations of meetings, tracking works to completion with a proper closure etc. are skills that are pre-requisite. Some areas of gaps may be supported for learning and overcoming. If you are in for the long haul, we welcome you to come participate.
- Working with the FAMC members and as a team member, full and complete team trust and confidentiality is expected.

If interested please send us email on famc@auroville.org.in, Balaji, FAMC Admin

BHARAT NIVAS

Looking For Office Assistance Full Time

This is to inform you that we are looking for office assistance full time. Basically the job will be to follow the communications, looking after the bookings of different venues, entire responsibility of communications, co-ordinations of events etc.

- **Note:** Experience of computer knowledge along with full experience of speaking and writing English is a must.

Janmejy Mohanty, BN Trustee, 8249335483

ECO FEMME IS LOOKING FOR an International Sales Coordinator!

eco femme

Would you like to join our Sales team, working with International retail customers? We are looking for a full-time member. Skills and experience required:

- Proven experience in sales coordination or a related field.
- Competent written and verbal English communication skills with a dash of creativity.
- Proficiency in Google Workspace, specifically Google Sheets, Docs, and Slides.
- Ability to speak other languages, specifically European languages, is a plus.

We are based in Auroshilpam.

Starting date: Immediate

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Maha

Honorary Voluntary

**INTEGRAL MATHEMATICS SESSIONS
looking for an Assistant**

Integral Mathematics Sessions for children is looking for kind, understanding, helping hands of integral Educators to assist during math sessions.



Requirements

Open mindset, must understand and practice Integral yoga by The Mother and Sri Aurobindo. Doesn't believe in teaching. A living joyful Being. Understanding Mathematics is an added advantage.

Working Hours:

- Wednesday, 4:30—6pm
- Thursday, from 2—5:30pm
- Friday, 2:45—3:45pm

Please write back to snehal_nc@auroville.org.in with your intentions (why you want to join), thoughts, and details.

Snehal

Nidhin for AuroOrchard team

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

FARM SERVICE IS LOOKING FOR VOLUNTEERS

Mondays at 10:30am, for an interview

@ Bhumika Hall, Bharat Nivas

Dear Friends, The Farm Service is looking for volunteers to serve in the farming sector. Interested candidates (Aurovilians) may come to the Bhumika Hall (Bharat Nivas) on Mondays at 10:30am for an interview.

Gino

**KUILAI CREATIVE CENTER
Seeks Volunteers**

We are looking for volunteers to help with...



- Evening Tuition to help with Math, Science, English:
 - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.

Kindly contact: kulaicreativecentre@auroville.org.in

or call us 8608473385

Selva for KCC

INSIDE AUROVILLE

Offers consulting services voluntarily in gratis (Pro Bono) for the below areas only to registered units/ activities who/ which do not have a qualified and experienced in-house resource.

Focus:

- **Startups:** Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details:

Surajkiran, 9884204918 (Voice and WA),

surajkiranv@gmail.com

Balaji

Foods, Goods & Services

AUROVILLE VEHICLE SERVICE

is closed

**from Thursday, 22 August till Sunday, 25 August
for the public**

Submitted by Raju

EXCITING NEWS

from Sudha's Kitchen!

We are open from Monday—Saturday, 8am—9pm

We are open after the summer break and serving Mediterranean Cuisine for breakfast, lunch and dinner.

We are warmly welcoming you to join us and taste our fresh and delicious food.

You can find more about us on:

- Instagram @Sudhaskitchenav & Dropzy app.
- Contact number:
+0413 3509884, +91 7094358547
- E-mail ID: sudhaskitchen14@gmail.com

Submitted by Sudha



NATURELLEMENT GARDEN CAFÉ IS OPEN

9am—7pm

Dear friends, Naturellement Garden Café is open for its regular hours 9am to 7pm. You are again welcome for an early dinner! Last orders taken at 7 sharp, but you can then stay on at your leisure.



Chitra for Naturellement Garden Café team

INTEGRAL HARMONY FARM

Now Offers Charcoal

Our team at the Integral Harmony Farm is thrilled to announce the completion of our new charcoal kiln. We are excited to offer our top-end charcoal at low prices. We now offer two types of charcoal for sale: Grade One and Grade Two.



Grade One charcoal is of the highest quality, distinguished by its silvery tone and exceptional properties. This versatile charcoal is suitable for a variety of technical applications: grilling and barbecuing, smelting processes and metalworking in industry, water and air purification specialist gardening applications, such as cultivating orchids, health and beauty products, serving as a natural detoxifier in skin care treatments and teeth-whitening solutions.

Grade Two charcoal is meant for agricultural purposes. Farmers and gardeners can significantly improve their yields and soil health by incorporating Grade Two charcoal into the soil.

- We now offer **Grade One charcoal** at Rs.40 a kilo and **Grade Two charcoal** at Rs.30 a kilo.
- We provide our charcoal in convenient **2-kilo and 5-kilo** bags, which are available for pickup
 - at the Botanical Garden (open from 9am to 5pm),
 - PTPS (open from 8am to 6pm), or our farm (open from 9 to noon and then 2 to 4 in the afternoon.)
- We also have **10 kilo bags** available for pickup from our farm for those needing larger quantities, although these must be ordered in advance.

Write to us, and we will prepare a bag for you. Additionally, we can accommodate higher quantity orders, but please be ready for a potential wait due to high demand. Beyond individual sales, we proudly offer regular deliveries to other farms and forests.

- Contact Velmurugan at +91 9751468504 or integralharmonyfarm@auroville.org.in

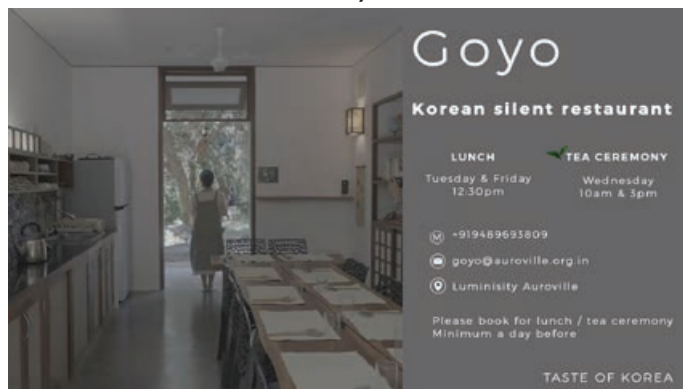
*For Integral Harmony Farm,
Pranav and Velmurugan*

GOYO KOREAN SILENT RESTAURANT

Lunch: Tuesday & Friday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

@ Luminosity Auroville



- Please book for lunch/ tea ceremony minimum a day before: +919489693809, goyo@auroville.org.in

*Won Ja
for Taste of Korea*

ANITYA: COMMUNITY LUNCH

12:30 on Thursdays and Saturdays



Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

- Contribution required, (discount for AV/ NC & Volunteers)

See you at 12:30 on Thursdays and Saturdays in our community kitchen!
Nikehana for the Anitya team

PATHWAY CAFE

Bharat Nivas Pathway Cafe is happy to invite you to come and try our healthy and clean food at a very reasonable price and with a 20% discount for Aurovilians and newcomers and volunteers.



The menu includes sandwiches, Burger, Vada Pau, Bread omelet, with a variety rice and air fried French fries besides the juices and Lassi.

One can get a full lunch within Rs 100. Please come and try and encourage us.

Aravind, Bharat Nivas Team

AVAL FASHION SALE

Ongoing till 31 August



Location: AVAG (Auroville Village Action Group Campus) Irumbai Main Road, Opposite TNEB Sub-Station Auroville-605111

Products: Ethnic wear for women, men and children. Up to 80% discount
Anbu and Nadia

LIVELY DISCOUNT

8:30am to 5pm, Opposite Ganesh Bakery



We are having a summer discount sale at a Lively. Discount on all kinds of clothing. Available to visit us from 8:30am to 5pm.

Rajavani for Lively Team

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in **Utsav Complex**. And we would always like to provide you with fast and reliable service.



Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

• 0413 2622050, 9443211891, 9786953603

• FS account: 251263

• sarvamcomputers@auroville.org.in

Bala

REDUCED-PRICE

Maroma Products

for all Aurovilians in the Outlet Store

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is:



• **Located in the Maroma Campus in Aspiration**

• **Open 9am—5pm, Monday—Saturday.**

See you there!

Jesse for The Maroma Team

ANNAPURNA FARM BASKETS



Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly. Residents/ volunteers/ guests can select from the range of produce/

products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

FOODLINK MARKET OPEN EVERY DAY

Monday—Saturday, 9:30am—12:30pm

FOODLINK MARKET
Fruits, vegetables, milk & eggs from Auroville farms
Monday - Saturday 9:30 AM - 12:30 PM
FoodLink Solar Kitchen Complex Crown Road, Auroville
Call/WhatsApp: +91 83002 68804

No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

• For more info, call/ WA +91 83002 68804 or pass by.

Foodlink Team, Isabelle

[FoodLink basket order form here](#)

JOIN US FOR THE TEST DRIVE

Of the Ather Rizta Electric Scooter!

23 & 24 August, 9am—4pm

ATHER
RIZTA ELECTRIC SCOOTER
TEST RIDE AVAILABLE
23 & 24TH AUGUST 2024
9 AM ONWARDS
OPEN HOUSE @ ITS, AUROVILLE
Don't miss this opportunity
PILLAI AUTO PRIVATE LTD

Dear Community Members, we invite you to test drive Ather's latest electric scooter, the Ather Rizta, along with other models. Experience them firsthand at our test drive event and deal directly with Ather to avoid additional charges.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, Front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Highlights

- **Test Drives:** Try out Ather's innovative electric scooters.
- **Q&A Sessions:** Get all your questions answered by our expert team.
- **Interactive Demos:** Explore the advanced features and eco-friendly benefits.
- **Special Offers:** Exclusive deals for attendees.

Join us to experience the future of electric mobility!

Rajesh.D for ITS (Integrated Transport Service) Team



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

*Lakshmi
for UTS Transport Service Team*

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in
Rajesh.D for Shared Transport Service



Open House every Thursday, 10:30am

Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!
Mila

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418 for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service



Please contact **Ranjith**, Aurovilian: 8610997059, subramani13@auroville.org.in. *Ranjith*

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



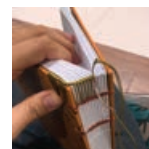
Contact us for all your procurement needs:

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: Iyappan

Let's simplify and optimize your sourcing process together!
Iyappan, Surabhi Supplies

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.



8940648542, Michel

DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/ stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- Download link as shown below:

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

*Sathish Arumugam for Dropzy,
+91 8098144686, www.dropzy.in*

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec. If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in
newwavesauroville@gmail.com



• Office open afternoons only
Monday to Saturday, 2—5pm *Dhanda*

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi. Please book sessions in advance.

- Monday to Saturday, 10am—5pm @ Creativity.

Thai Massage: Monday—Saturday, 9am—5pm.

To book massage sessions or for more information, please contact me personally.

Tailoring: We can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- Contact: Phone/ WA 8098845200,
rupavathijoy@gmail.com

Rupavathi Joy

GREETINGS

from Inside India

Tuesday, 20 August, 2024

We're here to make your travel plans effortless, whether within India or beyond. From flights, trains, and buses to visas, taxis, and even accommodation—we handle it all. Need a passport renewal? We've got you covered.



Office Hours:

- Location: Kalpana office
- Hours: 10 AM—5 PM (Mon-Fri)
- Contact: Mr. Ganesh: 2623030 (Landline), +91 9894598686 (Mobile/ WA)
- Email: travelshop@inside-india.com

Special Offers:

- Air India: Chennai to Zurich/ Copenhagen
- Qatar Airways: Chennai to Lisbon/ Hamburg
- Etiihad Airways: Chennai to Paris/ Frankfurt/ Munich/ Amsterdam/ Brussels/ Madrid/ Milan/ Zurich/ Rome
- Thai Airways: Chennai to Seoul
- Lufthansa: Chennai to Madrid/ Barcelona/ Dublin
- Ethiopian Airlines: Chennai to Johannesburg/ Nairobi
- Aeroflot: Delhi-Moscow-Delhi

Travel Tips:

- Sri Lanka: e-Visa system suspended as of August 2, 2024. Refunds available for applications post-August 2.
- Cambodia: e-Arrival card mandatory from July 1, 2024—submit online at least 7 days before arrival.
- India-Thailand: e-Tourist visa fee exemption for Thai citizens from July 1 to December 31, 2024.
- Schengen Visa Notice: Families applying for Schengen visas in West & South India can share one appointment slot. Ensure your family relation is verified with documents like a passport, birth certificate, or marriage certificate.

Travel Advisory:

- Bring original visas or copies for boarding: some travelers faced issues with e-FRRO Stay Visas.
- Stay updated on flight delays, cancellations, and evolving COVID-19 restrictions.

Olivier
for Inside India Travel Team

RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, DTH, Security Camera
Electrical Works	Wiring & Meter box, Lights, Switches & Sockets, Motion sensor.

- Contact: + 91 8270071581/ +91 7639810621
 - Primary Email: rapidcare@auroville.org.in
 - Secondary Email: rcsrapidcareservice@gmail.com
 - Instagram handle: @rapidcare1

For Rapid Care, Balaji & Arun

HAIRDRESSER

Hairdresser. For you and/ or your child's next haircut: inspired, striving-for-the-perfect, 12 yrs young artist Ahana looks after you and/ or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de



Ulrike

Poetry

INITIATION

To open this door
you need the right key.
To push it won't do,
no strength can move this.
No magic can do
or any other trick:
stay fully inside
to find out the key.
Be silent and quiet
in your lone quest,
avoid any rush
for this never helps.
And when finally
the right key is found
just throw it away:
the door's open wide.

Jivatman

RUN A BUSINESS

Run a business
 Work like bees
 To realize
 The value of the being
 The futility of busyness
 With joyful Gratitude, Anandi Z.

A STICK OF INCENSE

Whence did all that fury come?
 From empty tomb or Virgin womb?
 Saint Joseph thought the world would melt
 But liked the way his finger smelt.
 William Butler Yeats

THE SNAKE MAN

The Snake Man
 Smart, well groomed and gentle in appearance
 Skin moisturized shining, even bald shaved at times
 Soft spoken almost in a whisper he draws you in to him
 closer and closer
 A captivating story teller
 With soothing words that charm you
 A wide smile hiding his fanged teeth
 To be revealed when his laugh becomes a smirk
 Sounding sehsehehe he confuses
 With his forked tongue he splits you
 To see or not to see
 To believe or not to believe
 To feel guilt and shame or accuse and blame
 With every kiss he draws
 with one breath at a time
 More and more of your life force;
 Sucked away is your joy
 Sucked away is your enthusiasm
 Sucked away are your beliefs, goals and motivation
 He steals away all that is you;
 Your entire identity, your family and friends
 Your home, money and more..
 Literally taking the words you spoke out of your mouth
 For you to hear him appropriate your vision and thoughts
 Leaving you empty, depleted, exhausted and spiraling
 Grace

Voices & Notes

MORMONS MIGRATE

It was on 8 August about 9am in Sri Ma. There were clouds and sun, almost without wind. But the previous night in Auroville it was stormy and rainy. A mass of butterflies flew from North to South above the shore and swimming pool.



I didn't identify every example of these butterflies but near me I saw some dark specimens of *Euploe core* from family Nymphalidae, the local name of them is Mormons, that's not Mormon people from Christian sect. This dark Mormon butterfly is relative of bright monarch butterfly *Danaus plexippus*, famous migrant in North America, from Canada to Mexico. Many times I saw flying butterflies above Auroville's beaches from North to South by autumns but never registered moving in the opposite direction by spring. Migrate birds regularly move in opposite directions by autumn and spring.
 Boris

BINDU

My Lord, why did you give her such a short time for her brilliant life—55? She arrived in Auroville in 1994, me—1991. We were friends though she was a specialist in English literature from the state of Orissa, me—a biologist from Siberia, Russia. My English was so bad and she often helped me, corrected my texts for an Auroville newspaper. She was always ready for different jokes. I told her: "Bindu, I permanently want to embrace and kiss you". She answered: "No problem, embrace and kiss me if you want." She had two lives, in India and in English literature. But more, third life—in America. She worked more than 11 years in American Living Roots. Bindu had a Ph.D. from California Institute of Integral Science. I think about her Rudyard Kipling wrote his famous poem "If":

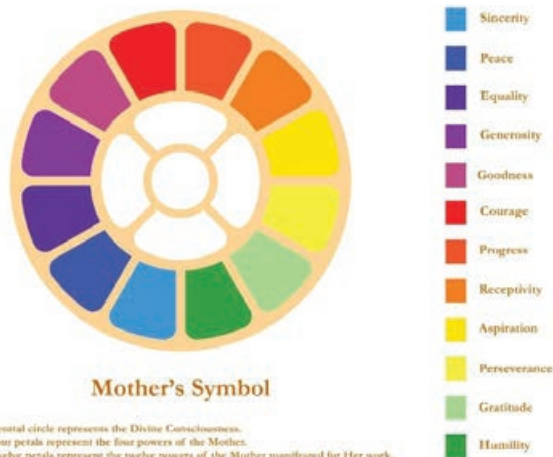
"If you can fill the unforgiving minute with sixty seconds' worth of distance run. Yours is the earth and everything that's in it."

Bindu had a small body but a big old soul after many incarnations. She was good in Auroville and I'm sure she is nice now in heaven. And she is a great treasure in my heart. Bindu will live also in her excellent papers in Auroville Today. But of course the earth lost something seriously with Bindu. She was a unique person.

Boris

THE DIVINE UNDERSTANDING OF HUMILITY

As invited participants in Auroville this City of Dawn, let us repeatedly look very carefully at the Symbol of our founder the Mother and realise where Humility is situated in the progressive Integral Yogic practice towards Divine Perfection:



- <https://incarnateword.in/agenda/13/january-19-1972>
- "The first eight concern the attitude towards the Divine..." (Mother was very specific, that is, Humility is not towards the compromised transitional ego-bound human, but towards the Divine who speaks and works through Her surrendered instruments acting in Sincerity)
- "...and the last four towards humanity" (upon perfection of the first eight, with Equality as a proactive Samatā¹)

Why do we need this divine understanding of Humility? Because there is a dark side to using "humility" as a debilitating tool for psychological warfare. This group conditioning phrase "you must be humble, must be quiet" has been deviously used by many religious and false spiritual powerholders and manipulators in history and up to this day to control the weak, suppressed with "stupid humility", like Udar who became ineffectively speechless under this moral hypnosis during a critical life-changing chance to uplift someone's spirits, and was scolded by the Mother: "Udar! I put those words into your head and your stupid humility stopped you. Do you know that the lady's whole life would have been changed just by hearing those words? Re-

ally, Udar, you have been very stupid and I am not pleased. You have lost a great opportunity for opening her to me.”²

We can also refer to another of Mother’s Divine Guidance to go beyond these societal enslaving programmings and appearances for anyone aspiring “To Be A True Aurovilian”, from one of our Three Core Ideals³, to discover one’s Soul or Psychic being:

“The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances.

At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.”

We can also always remember that we are now in Mother India, Bharat Mata Herself of the Vedas, the Ramayana, the Mahabharata and the Bhagavad Gita, invited to participate in the Auroville the City of Dawn of the Supramental revolutionary Kalki Avatar Sri Aurobindo and the Mother the World Redeemer⁴, direct incarnations of the Supreme Divine Ishwara-Shakti. And we are their fearless and courageous torchbearers, willing servitors and Hero Warriors consciously working in our unique roles and capacities to transform or dissolve the adverse and hostile forces and puppets of the past that seeks to endure.

In the Sunlit Path of Bhakti to the Supreme Divine Mother MahaShakti we courageously continue on towards our specific collectively shared Vision-Goal towards the Supramental Victory!

Om Namo Bhagavate,
Zech, 2024.08.18

¹ <https://renaissance.aurosociety.org/what-is-yogic-sa-mata-sri-aurobindo-explains/>

² More Vignettes of Sri Aurobindo and The Mother, p.182 (as shared by a sister Aurovilian)

³ <https://auroville.org/page/core-documents>

⁴ <https://zechjoya.blogspot.com/2024/08/the-world-redeemer.html>

Classes, Workshops & Healing Arts

OPEN CIRCLE ON THE PSYCHIC BEING

Saturday, 24 August, 3:30pm
@ Pavilion of Tibetan Culture.

Dear Community, we remind you that the next Open Circle on the Psychic Being will happen Saturday 24 August at 3:30pm, at the Pavilion of Tibetan Culture. The topic of this sharing will be: Joy and challenges on our path.

Please, kindly book your participation in advance by sending us an email to innerbeing.auroville@gmail.com

If you like, you could also take a look at [our new website](#).

Dan
for the InnerBeing Team



FAMILY AND SYSTEMIC Constellation Workshop

- Saturday, 24 August, 9am—5:30pm
- Creativity Hall Of Light
- Contact: Moghan 9751110486



For Aurovilians, Newcomers and Registered Volunteers Only.

Moghan

ANGAM TREE WELLNESS HUT



Massage Therapist Development Program

This program is a scholarship based platform for the youth. Student Massage Therapists to learn more about the science and craft of therapy via research and becoming a more evidence-based practitioner. This is an opportunity for us to create better outcomes in our practice and generational continuity of our knowledge and skills.

- **Donate**
 - Contact: Raja +91 97513 95939
 - <https://auroville.org/page/angam-tree>
 - <https://auroville.org/page/donate-from-india>



Therapeutic Ayurvedic Massage

Traditional acupressure and deep tissue varma points healing



Sound Bath Meditation

Positive musical psychotherapy using Visualization, Breathing



Massage Therapy Class

Learn the native ancient medicine science of Siddha Varma Kalai

Raja: +91 97513 95939

<https://auroville.org/page/angam-tree>

Angamtree,
Raja Narayanasamy
+91 9751395939,
www.angamtree.com

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

- For more details see www.innersightav.org or contact Kardash on 9940934875 WA.



Kardash

QUIET HEALING CENTER



WOGA (Yoga in Water) Class with Friederike & Tamara

- Friday, 24 August, 4:30—6pm

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Baby Watsu Class with Friederike

- Monday, 26 August, 9:30—11am

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.



You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a closing swimming pant for your baby.

- For babies between 2 and 12 months with their parents.

WOGA (Yoga in Water) 1 & 2 Course with Pooja Gautam

- 28—29 August, 8:45am—5pm, 12 hours

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest high. It focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.



Classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. The key difference is that you are in a warm water pool!

By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu Basic® with Pooja Gautam

- 30—31 August, 8:45am—6:30pm, 16 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C). This basic introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. The flowing interaction with water, its fluid support and warm embrace, and the practitioner's presence provide a space for the client to experience the multi-layered benefits of this powerful and softening bodywork. Watsu offers an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas—ultimately, for freeing body and mind in a flow unique to each client and to each session.



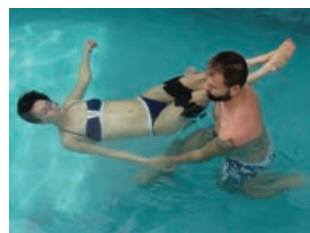
In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

WaterDance Fundamental with Roberto

- 3—8 September, 8:45am—6:30pm, 50 hours

In this basic course, we'll focus on three fundamental aspects of WaterDance, a unique aquatic therapy: vertical grounding, posture of both giver and receiver, and the breath.



The key movement is Water Breath Dance, in which you will float someone in your arms allowing them to gently sink as they exhale and rising with them as you both inhale. This creates a profound connection that carries through all other surface and underwater movements. Throughout the course, you'll also learn in a playful and yet attentive way how to bring your partner under water (with a nose clip). Sufficient time will be given for integrating fears or apprehensions to go under water.

In addition, you will learn and practice the basic WaterDance sequence, which forms the essential core of this powerful aquatic bodywork modality. On land, various tools such as guided meditations, body & energy work, active breathing exercises, and practicing effective communication skills will offer opportunities for connecting deeper with yourself and with others.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Guido
for Quiet Healing Center,
+91 9488084966
www.quiethealingcenter.info/
quiet@auroville.org.in



AUROMODE YOGA SPACE AUGUST 2024 SCHEDULE

Registration a must for all the programs. Email or WA us to know about the fee structure and other details.

balaganesh.siva@gmail.com, +91 9892699804 WA

Vinyasa Flow Yoga with Bala–August 2024

Traditional yoga practices are characterized by discipline, and Bala believes in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice every day of the week except Wednesdays.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

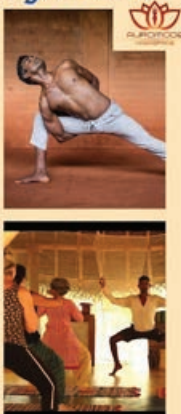
Friday, Saturday & Sunday
Time - 5 30 pm to 7 00 pm

Registration must

Please WA to know information about cost and other details

Auromode Yoga Space

Email - balaganesh.siva@gmail.com WA + 91 98926 99804



Fusion of Time: Dynamic Mobility – August 2024

Inspired by the ancient martial art forms of Kalaripayattu and Karlakatti, contemporary styles of yoga, and the modern movement practice of Animal Flow, this class offers a comprehensive approach to fitness. Our sessions are designed to improve overall fitness, strength, endurance, and flexibility.

Bala, a seasoned practitioner of these mixed modalities, will guide you through an hour-long exploration and fusion of these traditions to create a unique style of body conditioning aimed at enhancing your overall health and happiness.

Join us to transform your body and mind through this innovative fusion of time-honored practices.

Monday, Wednesday & Friday
Time - 10 00 am to 11 00 am

Registration must –Please WA to know information

Auromode Yoga Space

Email - balaganesh.siva@gmail.com
WA + 91 98926 99804



August 2024 Schedule

Day	Time	Description
Monday, Wednesday & Friday	10—11am	Fusion of Time: Dynamic Mobility
Friday, Saturday and Sunday	5:30—7pm	Vinyasa flow Yoga—Asanas, Pranayama & Meditation

[Find our Yoga Shala](#)

[Auromode Apartments](#), 0413 2622224

Bala

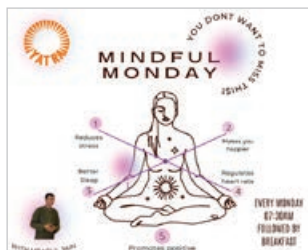
MINDFUL MONDAY

Every Monday, 7:30am, followed by breakfast

You don't want to miss this! Learn how a unique Japanese scientific meditation blended with ancient wisdom... That can change your life! Reduces stress, better sleep, makes you happier, regulates heart rate, promotes positive mood.

Book your spot now: Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kulapalayam

• 0413 2623071, +91 9751033162 Yatra Srinivassan



RADICAL TRANSFORMATIONAL STEWARDSHIP—RTS

This social transformation workshop is designed to unleash your full potential and enroll others to transform our lives, our work and our society and produce results by using a whole system transformation methodology and integrated design principles. The workshop is open to all change-makers wanting to generate equitable and sustainable results for well-being. Facilitated by Bridget Horkan, Sanjeev Ranganathan, Srilatha Juvva, Sudarshan Rodriguez in partnership with Dr. Monica Sharma.



Dates:

- Session 1: Saturday, 31 August to Monday, 2 September
- Session 2: Saturday, 5 & Sunday, 6 October
- Session 3: Saturday, 9 & Sunday, 10 November
- Session 4: Saturday, 7 & Sunday, 8 December

Timings are: 8am—5pm Indian standard time

Check your local time below

- <https://www.thetimezoneconverter.com/?t=800%20am&tz=India&>
- <https://dateful.com/time-zone-converter?t=1700%20am&tz=India&>

The program will challenge each of us to delve deep into our being, and generate new breakthrough ideas, sourcing our abilities to envision a new future, commit ourselves to action and acquire the skills to attain this future. It consists of a series of 4 online workshops over 9 days (3 workshops during weekends and 1 workshop from Saturday to Monday), spaced apart by 1 month each. New capacities are introduced in each session and practiced inter-session to put these in action.

Please note: All participants must commit to participating in all the four sessions. Missing sessions or any day will result in not continuing further sessions/ days and dropping out of the course/ workshop.

- To apply [fill in this form](#) or contact stewardship4newemergence@auroville.org.in

This program is offered fee free for those in service to Auroville. We suggest a contribution of 1800 Rs to cover basic costs incurred in the 9 day program such as lunch, tea, coffee, handouts. Please transfer this to account 252975 at the financial services. Should you need a waiver please email us.

All the facilitators and resource people are working in service, pro bono. Please feel free to contact us for any assistance at the above email.

Bridget

MIKSANG—A MINDFUL PHOTO WALK

Saturday, 24 August, 8—10am

Miksang means “Good Eye” in Tibetan. It is a form of contemplative, mindful photography. The focus is not on technique, but on discovering a moment of fresh, direct perception where the world stops us out of the blue and wakes us up to something deep and true.



In the practice of Miksang direct perception is paramount. When our eye, mind and heart are together in a single moment—seeing, appreciating, comprehending, expressing, sharing—that is all there is.

This practice can help you open to the present moment, meet the world as it is, and let the ordinary magic of the world erupt in front of you.

- No prior experience (of anything) is needed. All you need is something to take photos with.
- The session will be led by Helen—a mindfulness teacher with a passion for Miksang. For details and booking message Helen on 7094753054 or visit innersightav.org

Helen

MINDFULNESS FOR STRESS REDUCTION (MBSR)

1 week intensive course

Monday, 2 September—Saturday, 7 September

This course synthesises ancient Eastern wisdom on mindfulness with Western neuroscience, mind-body medicine & positive psychology. The course can improve the ability to cope with the stresses of everyday life-giving space to respond to situations rather than react. It can help with anxiety & depression, to manage chronic pain, lower blood sugar levels, improve emotional regulation; increase attention, focus & memory; & plant inner seeds of happiness, kindness & acceptance.



It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

Timings are

- 7:30—9:30am Monday to Friday
- 9am—4pm on Saturday, 7 September.

The course is led by Helen. Message her on 7094753054 for booking & details or see innersightav.org. Helen

Integral Healing

Light of Ayurveda and guidance of Mother and Sri Aurobindo

5:45 pm— 6:55 pm
Every Wednesday
From 01 May 2024

Venue:
Bhumika Hall,
Bharat Nivas, Auroville

Workshop by DR. GEETA AUROPREMI

- Brief introduction of Ayurveda
- Swasthya, Aswasthya
- Dasha, prakriti
- Some herbs
- Lifestyle

₹.550 for guest / ₹.350 for Volunteer (savi id)

Brief introduction of Ayurveda, Swasthya, Aswasthya, Dasha, Prakriti, some herbs, Lifestyle

Enquiry contact Monisha +91 8489347454

Monisha for BN Team



NEW TIME

Regeneration Listening Circle:

Learn the ways of Silence and how to utilize its Power
Saturday at 4:30 pm

Experiences of previous participants:

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again"—Guest

"I'm very sensitive, and I could feel the spirits of Mother Nature with us in this circle; very beautiful"—Newcomer

"This talking-stick gives me Power; and with great Power, comes great Responsibility"—Aurovillian

- Limited seating—Location will be shared after your reservation under +49 1638041124 WA
- Session duration: 1.5 h
- Group booking for the Consensus Circle is possible on request Nadim

VÉRITÉ

Please contact Vérité @ 0413 2622045,
2622606, 9363624083

or programming@verite.in,
www.verite.in



Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Gentle Hatha Yoga	9:15—10:15am	Ramya
	Open Heart Space Meditation	5—6pm	Samrat
Wednesdays	Hatha Vinyasa Yoga	5—6pm	Andres
	Kirtan: Songs for Your Soul. Contributions are voluntary (no class 14 August)	5—6pm	Mamta
Thursdays	Gentle Hatha Yoga	7:30—8:30am	Ramya
	Face & Eye Yoga (no class 15 August)	5—6pm	Mamta
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga Breath & Meditation Practice for Beginners	9:15—10:15am	Mamta
	Free Flow Dance & Movement (no class 9 August)	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Sivananda Yoga	5—6pm	Mani
	Deep Sound Bath (no class 10 August)	5—6pm	Satyayuga

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 24 August	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 24 August	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Saturday, 24 August	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Saturday, 31 August	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi

Sivananda Yoga: Masterclass with Mani

- Saturday, 24 August, 9:15am—12pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Face & Eye Yoga: Face your Self with Mamta

- Saturday, August 24, 2—4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Food is Medicine: Lifestyle Health Practices with Parvathi

- Saturday, August 24, 2—4pm

Learn about your body’s constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Food is Medicine: Lifestyle Health Practices with Parvathi

- Saturday, 31 August, 2—4pm

Learn about your body’s constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Cancellation of classes for the following:

- Deep Sound Bath with Satyayuga
Thursday, 22, Saturday, 24 August, 5—6pm

Change of class title for the following:

- Current title: Vinyasa Yoga—with Ramya
- New title: Gentle Hatha Yoga—with Ramya
- Schedule: Weekly on Tuesdays, 9:15—10:15am and Thursdays, 7:30—8:30am

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Face & Neck Massage	Mamta
Biodynamic Craniosacral Therapy	Mila
Food is Medicine: Lifestyle Health Practices Consultation	Parvathi
Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs	Parvathi
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

*Ramya & Kathir
for Vérité Programming*

ARKA

Wellness Center & Multipurpose Hall

Regular Activities, August

For any details and queries, you can contact us:

arka@auroville.org.in

0413 2623799



Treatments

Treatment	Therapist	When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 0413-2623767 antarcalli@yahoo.fr
Integral Regression therapy, Integral Reiki healing, Breathwork—the holotropic way	Niyati Thakkar	Only by Appointment niyatithakkar2112@gmail.com Monday to Sunday 7041391995

Classes

Classes	Teacher	When
Pilates	Teresa	Tuesday & Thursday, 7:30—8:30am, Friday, 5:30—6:30pm, by Appointment: 7867998952
Iyengar yoga	Olesya	Wednesday, Saturday, 6:30—8am, Monday, Thursday, Saturday, 5—6:30pm, or by Appointment: 9159052743

*Submitted
by Ramana for Arka*

A SATSANG ON THE INTEGRAL YOGA

Tuesdays and Thursdays, 5:30—7pm



A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

“The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.” —The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

- Facilitated by Zech Joya
- **Venue:** Conference Room, G/F SAIER Building, Town Hall Complex, or at an agreed upon venue in Auroville
- **By appointment only:** please call 8300191193

Please click this link for details or scan the above QR Code. Also check Zech’s Weekly Sharings:

- <https://zechjoya.blogspot.com>

Or scan the QR Code on the right



Zech

TAO OF TEA

The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)



Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/ flowers also available.) Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. The ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/ WA +91 9385428400

Submitted by Isha

It Matters

Schedule from 22 to 31 August

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
 - **Info:** Instagram @auroville.curated
 - <http://itmatters.auroville.org/>
- All activities are Rs./ 600 for guests, Rs./ 150 for Aurovilians/ Volunteers.
Discount vouchers available.

Date	Activity
22 August, Thursday, 10:30—11:30am	Mehandi Designs Workshop with Varsha paw
22 August, Thursday, 5:30—6:30pm	Mandala drawing with Thami
23 August, Friday, 7—8am	Shatkarma Yoga & Asanas with Akira
23 August, Friday, 5:30—6:30pm	Kollywood dance with Pranathi
24 August, Saturday, 10—11am	Laughter Yoga with Ancolie
24 August, Saturday, 2—3:30pm	Sencha style Tea Ceremony with Isha
24 August, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias
26 August, Monday, 7:00—8:00am	Shatkarma Yoga & Asanas with Akira
26 August, Monday, 5:30—6:30pm	Taichi, The way of the Leaf with Kaarthikeyan Kirubhakaran
28 August, Wednesday, 7—8am	Shatkarma Yoga & Asanas with Akira
29 August, Thursday, 10:30—11:30am	Mehandi Designs Workshop with Varsha Pawar
29 August, Thursday, 5:30—6:30pm	Mandala drawing with Thamizh
30 August, Friday, 7—8am	Shatkarma Yoga & Asanas with Akira
30 August, Friday, 5:30—6:30pm	Kollywood dance with Pranathi
31 August, Saturday, 10—11am	Laughter Yoga with Ancolie
31 August, Saturday, 2—3:30pm	Sencha style Tea Ceremony with Isha
31 August, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias

Bhakti and Sandra



SOUND THERAPY & SELF HEALING

2 in 1 Session

Rejuvenating soundbath combined with breathing techniques for maximum benefits.



• First, by immersing yourself in the vibrations from a sound bed—which will travel through your body to the organ chosen for healing—accompanied by musical instruments (gong, singing bowls, etc.) and vocals, you will start to connect with your body’s consciousness.

• Second, by performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

• If this resonates with you, then please contact 9385428400 call/ WA to book your session today!

• Donation Based Submitted by Isha

TRADITIONAL MANTRAS AND STOTRAS

Chanting Classes

@ Serendipity Community with Sonia Novaes
Fridays, 5pm, Regular Class



serendipityauroville@gmail.com +91 8940288090 Sonia

Languages

BOLSTERING ENGLISH

Native English speaker happily offers facilitation for English reading, speaking and composition.

Individual or small group sessions are for those connected to Auroville who already can read, write and speak English with adequate comprehension, and who wish to practice for presentations or performance or simply for clearer conversation. We can include rhythm, nuanced expression, and some dialects, if wished.



- Also inviting anyone at any level for SAVITRI.
- Scheduling is as-you-wish: long or short session(s); long or short intervals between sessions.

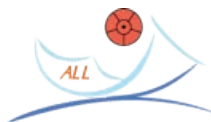
Patricia, 0413 2623750, pat@auroville.org.in

NEWS

from Auroville Language Lab

Tomatis

Please contact 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your



Listening Tests & Consultations. In case you wrote earlier but haven’t heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/alfred-tomatis-method/>
- <https://www.aurovillelanguagelab.org/tomatis-presentation/>
- <https://www.aurovillelanguagelab.org/tomatis-kids/>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBM-lywZNdZcAng/videos>
- <https://www.listenwell.com/>

New Language Courses at ALL

- Registration for all classes: info@aurovillelanguagelab.org, +91 9843030355 WA

Language Courses at ALL

Lan-guage	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate 8-Hour (Monthly)	11am—12pm	Tuesday & Thursday
	Learn English through theatre 8-Hour (Monthly)	11am—12pm	Monday & Wednesday
	Complete Beginner	TBA	TBA
French	Conversation, Beginner and Intermediate	4:20—5:20pm 10—11am	Friday Saturday
	German	Intensive German Class	9:30—11am
Intermediate (A1—A2)		9:30—11am	Tuesday & Saturday
Persian	Persian Language and Poetry	4—5:30pm	Thursday
Sanskrit	Beginner	2—4pm	Thursday
Hindi	Beginner	2—4pm	Wednesday
Tamil	Spoken Beginner	9:30—10:30am	Tuesday and Friday
	Spoken Intermediate	9am—10am	Saturday
	Reading & Writing	3pm—4pm	Saturday
Spanish	Beginner	2:30—3:30pm	Monday & Wednesday
	Intermediate	TBA	TBA
Italian	Beginner	TBA	TBA
	Intermediate	TBA	TBA

TBA: To Be Announced

The Language Lab is open

- Monday—Friday, 9am—12pm & 2pm—7pm
- Saturday, 9am—12pm & 2pm—5pm
 - Location: International Zone, after Unity Pavilion & Pump House.
 - Phones: 2623661 (Lab), +91 9843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
 - Email: info@aurovillelanguagelab.org and tomatis@aurovillelanguagelab.org

Submitted by Mita

TAMIL CLASSES OFFERED

Saturdays and Sundays

எழுதப்பட்ட தமிழ் வகுப்புகள்

Written Tamil Classes Offered in Auroville

- Donation-based.

Contact Murugesan to setup timing: +91 8610916301

Submitted by Malcolm

ITALIAN CLASS

Hello! If you want to learn Italian from scratch or have already studied it but would like to continue practicing it, know that Francesca will start giving individual or group lessons from now! And because Francesca is intimately connected to the world of art and culture, the lessons will not only explore the use of the Italian language but will be an enjoyable introduction to different aspects of Italian culture, art and history. If you'd like to practice your Italian with me, this is the email avgateofdreams@gmail.com. Arrivederci! Francesca



Cinema

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note:** Families and children are welcome! Dinner for children will be served at 19:00 :)



Friday, 23 August

Wild Karnataka

2019/ 52 minutes/ Amoghavarsha J. S. & Kalyan Varma
This film displays the varied habitats and species across Karnataka. Showcasing Bengal tigers and Indian elephants, along with lesser-known species like lion-tailed macaques, Indian leopards, birds, amphibians and reptiles. Come experience the wonders of Karnataka! The film is narrated by Sir David Attenborough. Aviram

AUROFILM

Aurofilm presents at Multi Media Centre Auditorium (MMC, Town Hall)

- Reminder: Friday, 23 August: Barry Lyndon.**
Directed by Stanley Kubrick. Drama, USA 1975

- Friday, 30 August, Amélie**

Directed: by Jean-Pierre Jeunet. France, Germany, 2001

With: Audrey Tautou, Mathieu Kassovitz, Rufus, Serge Merlin, Jamel Debbouze

Music: Yann Tiersen

Synopsis: The film tells the story of a shy, introverted and quirky waitress, Amélie Poulain, who decides to change the lives of those around her for the better

while dealing with her own isolation. Amélie is born in 1974 and brought up by eccentric parents who—incorrectly believing that she has a heart defect—decide to home-school her. To cope with her loneliness, Amélie develops an active imagination and a mischievous personality. This marking a fabulous destiny for Amélie who finds its charm in the little things decides to help people around her, making them happy. Not by doing great big things or giving money, but by little ingenuity...

"Amélie" is a wonderful and modern day fairy tale story, shot in over 80 Parisian locations, acclaimed director Jean-Pierre Jeunet ("Delicatessen"; "The City of Lost Children") invokes his incomparable visionary style to capture the exquisite charm and mystery of Paris through the eyes of a beautiful ingénue. With colorful and bright images and full of life!

Original version in French with English subtitles.

Duration: 2h03'

Aurofilm presents "Cine-Master class"

- Sunday, 25 August, 5—7:45pm at Aurofilm**
(Kalabhoomi, next to CRIPA)

If you like to discuss, share and learn more about cinema, we invite you to our Cine-Master classes!

Welcome to this chapter led by Dr. Alexander Pereverzev on **The Ascent** by Larissa Shepitko, USSR (1977)

Overview: Alexander will present the film before its screening, which will be followed by more insights and a discussion.

Larisa Shepitko's final film (based on the novel by the famous Belorussian Soviet writer Vasil Bykov) won the Golden Bear at the 1977 Berlin Film Festival and went on to be hailed as one of the finest works of late Soviet cinema. In the darkest days of World War II, two partisans set out for supplies to sustain their beleaguered outfit, braving the blizzard-swept landscape of Nazi-occupied Belarus. When they fall into the hands of German forces and come face-to-face with death, each must choose between martyrdom and betrayal, in a spiritual ordeal that lifts the film's earthy drama to the plane of religious allegory. With stark, visceral cinematography that pits blinding white snow against pitch-black despair. **The Ascent** finds poetry and transcendence in the harrowing trials of war. Original Russian version with English subtitles. Duration: 1h.49'

Alexander Pereverzev was born in St.Petersburg, Russia. He was associated with painter Nicholas Roerich's organizations and museums in Russia in the 1990s. Having studied Indian languages at the St.Petersburg State University, he went on to study Sanskrit in India, at the University of Delhi, obtaining a PhD degree in 2010. His professional interests include Indian philosophy. He likes traveling and visiting places of historical and religious importance, particularly in the Indian subcontinent. He works at Savitri Bhavan, Auroville, and is also an avid film enthusiast!

Jeanluc and team



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
26 August 2024—1 September 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall. *Watch out, now some days are mixed up from the usual!*

Indian—Monday 26 August, 8pm
Kida

India, 2022, Writer-Dir. Ra.Venkat w/ Madhi Anand, Arun, Deepan, and others, Drama-Thriller, 123mins, Tamil w/ English subtitles, Rated: NR (PG-13)

In a small village, a grandfather's determination to fulfill his grandson's Deepavali wish leads him to consider selling their beloved pet goat. However, when the goat goes missing, it sets off a chain of events that intertwine the lives and dreams of the villagers, highlighting themes of sacrifice, love, and the bonds that hold a community together. *Critics praise for its heartwarming narrative and strong performances, though some note its predictable plot.*

Potpourri—Tuesday 27 August, 8pm
Angst Essen Seele Auf (Ali: Fear Eats the Soul)

West Germany, 1974, Writer-Dir. Rainer Werner Fassbinder w/ Brigitte Mira, El Hedi ben Salem, Barbara Valentin, and others, Drama-Romance, 92mins, German-Arabic w/ English subtitles, Rated: NR (R)

The wildly prolific German filmmaker paid homage to his cinematic hero Douglas Sirk with this update of that filmmaker's *All That Heaven Allows* (1955). A lonely widow meets a much younger Moroccan worker in a bar during a rainstorm. They fall in love, to their own surprise and to the outright shock of their families, colleagues, and drinking buddies. The director expertly wields the emotional power of classic Hollywood melodrama to expose the racial tensions underlying the then contemporary German culture.

Selection—Wednesday 28 August, 8pm
Gaeuleul Hoomchineun Wanbyeokhan Bangbeob (How to Steal a Dog)

South Korea, 2014, Writer-Dir. Sung-ho Kim w/ Lee Re, Lee Ji-won, Eun-Taek Hong, and others, Crime-Family, 109mins, Korean w/ English subtitles, Rated: NR (R)

Ji-so, a young girl who doesn't have a house because of her bankrupted dad. In order to get money to buy a house she plans to steal wealthy people's dogs to earn reward money when she returns them. The movie beautifully captures the innocence and determination of childhood, with standout performances that bring depth to the characters.

Interesting—Thursday 29 August, 8pm
Frida

USA, 2024, Dir. Carla Gutierrez w/ Pablo Alarson, Jeanne Albanese, Tizoc Arroyo, and others, Animation-Documentary, 87mins, Spanish w/ English subtitles, Rated: R

A raw and magical journey into the life of iconic artist Frida Kahlo, told through her own words from diaries, letters, essays, and interviews. Vividly brought to life with lyrical animation inspired by her unforgettable artwork.

International—Saturday, 31 August, 8pm
Firebrand

UK-USA, 2023, Dir. Karim Aïnouz w/ Alicia Vikander, Junia Rees, Ruby Bentall, and others, History-Drama, 121mins, English w/ English subtitles, Rated: R

In Tudor England, Katherine Parr, the sixth wife of King Henry VIII, becomes Regent while Henry is away. She advocates for radical Protestant reforms, but upon Henry's return, his paranoia leads to the execution of her childhood friend for treason. Grieving and in danger, Katherine must navigate palace conspiracies and the threat of execution. As hope for a future free from tyranny hangs in the balance, Katherine faces a perilous choice: submit or fight for her beliefs.

Children's Matinee—Sunday, 1 September, 4pm
Despicable Me 4

USA, 2024, Dir. Chris Renaud & Patrick Delage w/ Steve Carell, Kristen Wiig, Pierre Coffin, and others, Adventure=Animation, 94mins, English w/ English subtitles, Rated: PG

Gru, Lucy, Margo, Edith, and Agnes welcome a new member to the family, Gru Jr., who is intent on tormenting his dad. Gru faces a new nemesis in Maxime Le Mal and his girlfriend Valentina, and the family is forced to go on the run.

Black & White Classics @ Ciné-Club
Ciné-Club Sunday 1 September, 8pm
Zimna Wojna (Cold War)

Poland—France, 2018, Dir. Pawel Pawlikowski, w/ Joanna Kulig, Tomasz Kot, and others, Drama—Romance, 89 mins, Polish w/ English subtitles, Rated: R.

A passionate love story between two people of different backgrounds and temperaments, who are fatefully mismatched and yet condemned to each other. Set against the background of the Cold War in the 1950s in Poland, Berlin, Yugoslavia and Paris, the film depicts an impossible love story in impossible times.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

*Nina, MMC/ CP Group Account# 105106,
mmcauditorium@auroville.org.in*

Emergency Services

Ambulance (24/ 7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/ 7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

*Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in*

Editors' Note



Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery is rain on Friday.

*Light and Peace,
Roy and AgniJata*

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 9443074825



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Bus passes

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way Monthly** (Workers/ Volunteers)
- Rs.1200: **Student Monthly pass**

AV account/ Cash/ UPI Transfer:

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join WhatsApp group

of Auroville Bus to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoUj2x>