



News Notes

#1043 A weekly bulletin for residents of Auroville 5 September 2024



He who has found
the bliss of the Eternal
is afflicted no more
by the thought,
“Why have I not done
the good?
Why have I done evil?”
One who knows the self
extricates himself
from both these things.
Taittiriya Upanishad

Pondering



In the infinity of being and its infinite awareness concentration of consciousness, Tapas, is always present as an inherent power of Consciousness-Force: it is a self-held or self-gathered dwelling of the eternal Awareness in itself and on itself or on its object; but the object is always in some way itself, its own being or a manifestation and movement of its being.

The concentration may be essential; it may be even a sole indwelling or an entire absorption in the essence of its own being, a luminous or else a self-oblivious self-immersion. Or it may be an integral or else a total-multiple or a part-multiple concentration. Or it may be a single separative regard on one field of its being or movement, a single-pointed concentration in one centre or an absorption in

one objective form of its self-existence.

The first, the essential, is at one end the superconscious Silence and at the other end the Inconscience; the second, the integral, is the total consciousness of Sachchidananda, the supramental concentration; the third, the multiple, is the method of the totalising or global overmental awareness; the fourth, the separative, is the characteristic nature of the Ignorance. The supreme integrality of the Absolute holds all these states or powers of its consciousness together as a single indivisible being looking at all itself in manifestation with a simultaneous self-vision.

Exclusive Concentration and the Ignorance, Life Divine—Sri Aurobindo

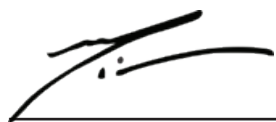
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House of Mother's Agenda

But Savitri answered to the radiant God:
 "In vain thou temptst with solitary bliss
 Two spirits saved out of a suffering world;
 My soul and his indissolubly linked
 In the one task for which our lives were born,
 To raise the world to God in deathless Light,
 To bring God down to the world on earth we came,
 To change the earthly life to life divine.
 I keep my will to save the world and man;
 Even the charm of thy alluring voice,
 O blissful Godhead, cannot seize and snare.
 I sacrifice not earth to happier worlds.
 Because there dwelt the Eternal's vast Idea
 And his dynamic will in men and things,
 So only could the enormous scene begin.
 Whence came this profitless wilderness of stars,
 This mighty barren wheeling of the suns?
 Who made the soul of futile life in Time,
 Planted a purpose and a hope in the heart,
 Set Nature to a huge and meaningless task
 Or planned her million-aeoned effort's waste?
 What force condemned to birth and death and tears
 These conscious creatures crawling on the globe?
 If earth can look up to the light of heaven
 And hear an answer to her lonely cry,
 Not vain their meeting, nor heaven's touch a snare.
 If thou and I are true, the world is true;
 Although thou hide thyself behind thy works,
 To be is not a senseless paradox;
 Since God has made earth, earth must make in her God;
 What hides within her breast she must reveal.
 I claim thee for the world that thou hast made.
 If man lives bound by his humanity,
 If he is tied for ever to his pain,
 Let a greater being then arise from man,
 The superhuman with the Eternal mate
 And the Immortal shine through earthly forms.
 Else were creation vain and this great world
 A nothing that in Time's moments seems to be.
 But I have seen through the insentient mask;
 I have felt a secret spirit stir in things
 Carrying the body of the growing God:
 It looks through veiling forms at veiless truth;
 It pushes back the curtain of the gods;
 It climbs towards its own eternity."
 But the god answered to the woman's heart:
 "O living power of the incarnate Word,
 All that the Spirit has dreamed thou canst create:
 Thou art the force by which I made the worlds,
 Thou art my vision and my will and voice.
 But knowledge too is thine, the world-plan thou knowest
 And the tardy process of the pace of Time.
 In the impetuous drive of thy heart of flame,
 In thy passion to deliver man and earth,
 Indignant at the impediments of Time
 And the slow evolution's sluggard steps,
 Lead not the spirit in an ignorant world

To dare too soon the adventure of the Light,
 Pushing the bound and slumbering god in man
 Awakened mid the ineffable silences
 Into endless vistas of the unknown and unseen,
 Across the last confines of the limiting Mind
 And the Superconscient's perilous border line
 Into the danger of the Infinite.
 But if thou wilt not wait for Time and God,
 Do then thy work and force thy will on Fate.
 As I have taken from thee my load of night
 And taken from thee my twilight's doubts and dreams,
 So now I take my light of utter Day.
 These are my symbol kingdoms but not here
 Can the great choice be made that fixes fate
 Or uttered the sanction of the Voice supreme.
 Arise upon a ladder of greater worlds
 To the infinity where no world can be.
 But not in the wide air where a greater Life
 Uplifts its mystery and its miracle,
 And not on the luminous peaks of summit Mind,
 Or in the hold where subtle Matter's spirit
 Hides in its light of shimmering secrecies,
 Can there be heard the Eternal's firm command
 That joins the head of destiny to its base.
 These only are the mediating links;
 Not theirs is the originating sight
 Nor the fulfilling act or last support
 That bears perpetually the cosmic pile.
 Two are the Powers that hold the ends of Time;
 Spirit foresees, Matter unfolds its thought,
 The dumb executor of God's decrees,
 Omitting no iota and no dot,
 Agent unquestioning, inconscient, stark,
 Evolving inevitably a charged content,
 Intention of his force in Time and Space,
 In animate beings and inanimate things;
 Immutably it fulfils its ordered task,
 It cancels not a tittle of things done;
 Unswerving from the oracular command
 It alters not the steps of the Unseen.
 If thou must indeed deliver man and earth
 On the spiritual heights look down on life,
 Discover the truth of God and man and world;
 Then do thy task knowing and seeing all.
 Ascend, O soul, into thy timeless self;
 Choose destiny's curve and stamp thy will on Time."
 He ended and upon the falling sound
 A power went forth that shook the founded spheres
 And loosed the stakes that hold the tents of form.

(to be continued next week)

Sri Aurobindo,
 Savitri—A Legend and a Symbol
 Book Eleven: The Book of Everlasting Day
 Canto One: The Eternal Day: The Soul's Choice
 and the Supreme Consummation
<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>
 Gangalakshmi (HOMA)

Townhall Speaks

AUROVILLE VOLUNTEERS

Guidelines

Dear unit holders and representatives, we are writing to inform you about the recent updates to the Auroville Volunteers Guidelines. Given the instances of misuse and the dissemination of incorrect information regarding volunteer status, it is crucial that all unit holders and representatives are fully aware of these updated guidelines.

The revised guidelines outline the requirements, responsibilities, and expectations for both volunteers and the units hosting them. We ask that you review these guidelines carefully to ensure compliance and to maintain the integrity of the volunteer program in Auroville.

Please make sure that all relevant personnel within your unit are informed of these changes and that the guidelines are strictly adhered to.

Thank you for your cooperation and understanding.

- [Auroville Volunteers Guidelines, July 2024](#)

Savi team:

Don, Gaurav, Manimozhi,
Monica, Pranshula, Sandjivy, Saranya, Vivek

Community News

Passing On

VAISHALI

Passes Away



Vaishali Jain, a radiant 27 year old young woman, known to her close friends as Vishu, tragically left her body on Sunday, 1 September at 12:12pm due to a traffic accident.

Originally from Delhi, she made Auroville her new home in 2021. She immersed herself in the life and culture of Auroville, being active and volunteering for several activities and communities of Auroville, such as the Youth Centre, Revelation Forest, Kalabhumi, Upcycling, and numerous art

festivals and events. She was a beloved member of our community touching many lives with her bright smile.

Being an Artist herself, Vaishali was also known amongst the artists of Auroville for her generous and open heart. She was passionate about the Arts and organized spaces where Artists could co-create and collaborate. She will be remembered by our community as a free-spirited, fun-loving, and kind soul who held space for the sharing of Art in and around Auroville.

She is fondly remembered and lives on in the hearts of her family and those fortunate enough to have called her a friend. Om

Submitted by Lisa

AURIENNE PASSES



It is with heavy hearts that we share the sad news of the passing of our dear friend, sister of Auroville, Aurienne Factor on the 1st of September 2024 due to complications of strokes in the US where she was living for many years. Her sister Durgaura and son Kanyen were there for her.

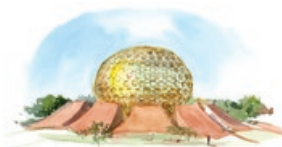
Aurienne was born in Auroville on Dec 29, 1971 and given her name by The Mother. She lived with her family: mother Myrtle, father Kenneth and sister Durgaura in Certitude. Myrtle and Kenneth moved to India and the Ashram in 1965 and were pioneers of Auroville, Kenneth riding his bicycle from Pondy to Auroville daily to work on the Matrimandir excavation prior to moving to Certitude.

You are in our hearts and memories forever, Aurienne! Farewell!

Submitted by Lisa

Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION



Access to the Park of Unity and Matrimandir The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE.

- The Park of Unity is open to **Aurovilians and Newcomers** daily, 6am—7:30pm
- **Aurovilians may bring close family and friends** to the Gardens daily, 9am—3:30pm

Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.

Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aucoards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to **Aurovilians and Newcomers**:
 - Monday—Saturday: 6—8am, 4:30—7:30pm.
 - Sunday: 6am—12pm, 4:30—7:30pm.
- The Inner Chamber is open to **SAVI registered Volunteers**:
 - Wednesday—Monday, 8—8:40am. Arrival at 7:45am at the Office Gate.
- The Inner Chamber is **open to Aurovilians** wishing to accompany a **maximum of 5 close family and friends**, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
 - Any day except Tuesday & Sunday: 8—8:35am. Arrival at 7:45am at the Office Gate.
- The Inner Chamber, the Petals and the Gardens are open to the **Children of Auroville and the Outreach Schools**:
 - Tuesday 9—11am.
- The **Auroville units can bring their staff** to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in: Tuesday 8—8:30am.

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders:
 - Monday—Sunday, 7—8am, daily 5—6pm.
 - Tuesday morning, closed.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass.
- Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre:
 - Daily 9am—5:30pm.

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

Antoine, Divya Karun, John H., Judith, Sundar K

AMPHITHEATRE—MATRIMANDIR

Meditation at sunset with Savitri

Every Thursday 6—6:30pm (weather permitting)

After the summer time with our meditations with Sunil's New Year Music, we restart the cycle of Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music. Enjoy the beautiful open space, in the very center of Auroville!



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.
- **Dear Guests,** please carry your Guest Card with you. Access only for the Amphitheatre from 5:45pm and the time of the meditation. *Surya, Velmurugan and Vinay*

Auroville Matters

WELCOME TO AUROVILLE CONNECT

Dear Friends, welcome to Auroville Connect.

This is a space to share information about the city in the making—its vision & ideas, its Dream for humanity, its aspirations & its happening things, news and initiatives—through all its challenges, serious difficulties and its extraordinary beauty...

You can find us on:

- WhatsApp
- Facebook
- Instagram: @auroville_connect
- YouTube

Here are a few starting links:

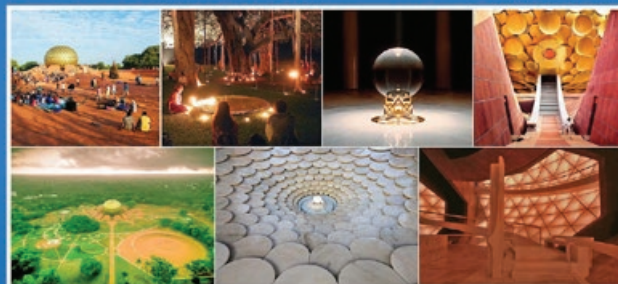
- [Why Auroville Connect](#)
- [Auroville: How it all began & why](#)

We will bring you regular updates in this space the N&N has generously offered!



CIRCA AUGUST 2024

We continue on towards the Life Divine...



A Public Declaration as True Aurovilians

The Online Global Petition is now LIVE!

Please scan the QR Code to view and support:



In the Sunlit Path of Bhakti we offer ALL to the Supreme Divine Mother MahaShakti for harmonious transformation

To consciously participate, please scan the QR Code on the flyer or click the following link:

- <https://change.org/trueaurovilians>

Zech, 2024.08.27

Awakening Spirit



Schedule, September 2024

Exhibitions

- **Meditations on Savitri:** The entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **A Bilingual Exhibition on "Sri Aurobindo: A life sketch in photographs"** with texts both in English and Tamil is displayed in the upper corridor.
- **Glimpses of the Mother:** Photographs and texts in the Square Hall.
- **Special Exhibition:** The Living Symbol of The Mother in Garden Room 18—20 September 2024.

Films

Mondays, 4pm in the Sangam Hall

- **September 9:** Remembering Huta—The Offered One. Huta (1931-2011) was trained by the Mother in painting and in illustrating passages from Sri Aurobindo's epic Savitri. Duration: 20min. Followed by The Mother on "How to Read Savitri". Duration: 7min.
- **September 16:** Nirod-Da: An Inspiration—Honouring the memory of Nirodbaran. Nirodbaran (1903-2006) was the scribe and personal attendant of Sri Aurobindo. A film by the Gnostic Centre, New Delhi. Duration: 36min.

- **September 23:** Alexandra David-Nèel—1911-1924 Journey through India, China and Tibet. This remarkable woman (1868-1969) was a close friend of The Mother in Paris, and visited Sri Aurobindo in 1912. The film is in French with English subtitles. Duration: 104min.
- **September 30:** The Life Divine by Sri Aurobindo—Book 1: Ominipresent Reality and The Universe, Chapter III: The Two Negations, 2. The Refusal of the Ascetic—read by Shraddhavan. The original text will appear on the screen. Duration: 56min.

Full Moon Gathering

Tuesday, 17 September, 7:15—8:15pm in front of Sri Aurobindo's statue

Special Workshop

Science and Magic of Colour, the Living Symbol of The Mother

- 17 and 21 September, 4—7pm

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays, 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 5:30—7pm:** OM Choir led by Narad
- **Fridays, 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Everyone is welcome

Dhanalakshmi for Savitri Bhavan

The Living Symbol of The Mother Exhibition

- Savitri Bhavan, Garden Room, 18—20 September



You are invited to join an exhibition covering topics relating to harmony of colors and The Mother's symbol. Over 50 exhibits will be on display venturing into the depths of The Living Symbol of The Mother. Come to learn more, get inspired and get creative at home or during one of the workshops as per the poster below.

Science and Magic of Colour, the Living Symbol of The Mother Workshops



- Science of light and color
- Physiology of color vision
- Color psychology
- Colour theory in art and design
- Significance of colour in traditional Yoga

By gaining full insight into these scientific aspects of color, participants are set to develop a deeper appreciation for the arrangement of colors in the symbol of the Mother. The symbol is considered a living symbol, and the choice of colors for different qualities may vary slightly for each individual based on their own personal growth and development of specific qualities.

To put the knowledge into practice, each participant will have the opportunity to create their own coloured symbol of the Mother by selecting a particular color scheme from a range of options provided.

- **Workshop 1: 17 September @ Sangam Hall, 4—7pm**
Deep-dive into all of the above will take place during this workshop.
- **Workshop 2: 21 September @ Sangam Hall, 4—7pm**
Digital resources will be covered during this workshop, allowing participants to continue learning and practicing color harmony at their leisure.
- **Workshops include** an individual ~1.5h crafts atelier during the 2 half for which participants are encouraged to bring a light coloured T-shirt.

Larry's Presentations

Fundamentals of Sri Aurobindo's Philosophy in Savitri

1. The Brahman: The Absolute, The Omnipresent Reality, the Divine
2. The Involution and Evolution of the Spirit
3. The Psychic Being
4. Fate, Karma and Free will
5. Error, Falsehood and Evil
6. Supermind and the life divine
7. The Occult Worlds
8. Ishwara-Shakti
9. The Realisation of the Spiritual Self
10. The Hard Truth of the Mankind's Lower Nature
11. The Divine Mother

Reflections on Passages in Savitri:

Started from February 2024

1. What is Fate?
2. The Psychology of Fate
3. The Supramental Worlds

Dhanalakshmi for Savitri Bhavan

House of Mother's Agenda welcomes you

The House of Mother's Agenda at Savitri Bhavan informs that from August 2024:

- **Monday—Saturday, 3—5pm** Ganga Lakshmi is here to welcome you.

Moreover, those who want to listen to the Agenda of the Mother's in French. That will be possible:

- **Every day, 3—5pm**

Welcome to the Infinite Joy.

Ganga Lakshmi



Remembering Huta—The Offered One

- **Monday, 9 September 2024, 4pm @ Savitri Bhavan.**
Duration: 7min and 20min.

Huta, as Savita D. Hindocha (1931-2011) was born into a wealthy Gujarati family in East Africa and was drawn to the Mother and joined the Sri Aurobindo Ashram in 1955. The Mother gave her the name "Huta" meaning "The Offered One". Huta developed deep faith, and her life was lived with: *All can be done if the god-touch is there (Savitri, p.3).*

In this compilation about Huta's life, her remarkable dedication and learning to paint under the Mother's guidance, there are also film clips showing the Mother in action.

In 1956, the Mother began training Huta in oil painting, and in late 1961 asked Huta to start illustrating selected passages from Sri Aurobindo’s epic Savitri under her careful guidance. This project was named *Meditations on Savitri* by the Mother and culminated in a series of 472 paintings. As part of the project, Huta also tape-recorded the Mother’s recitations of the corresponding passages from the poem.

In 1963, as documented in Mother’s Agenda, the Mother clearly explained the colours of the twelve worlds so that Huta could paint the picture illustrating the following lines:

A Will, a hope immense now seized his heart,/ And to discern the superhuman’s form/

He raised his eyes to unseen spiritual heights,/ Aspiring to bring down a greater world. (p.76)

This work *Meditations on Savitri* ended in 1966. It resulted in four publications and 18 Films made by Manohar based on Huta’s material.

The 472 paintings are on permanent display in the picture gallery of Savitri Bhavan.

Huta was also inspired to make illustrations of Sri Aurobindo’s poems, and she recited the chosen lines of the poems. The Mother approved all. From this material Manohar made two films named *Pictures of Sri Aurobindo’s Poems*.

Then the Mother decided to explain *Savitri* ‘in its true sense’. This project named *About Savitri* started in 1968. The Mother read out the passages from *Savitri* and after a little meditation gave Her comments that Huta tape-recorded and transcribed. Inspired by the Mother’s comments, Huta painted her inspirations. The Mother saw the transcriptions and all the paintings. This work continued till August 1971 and covered Book 1 of *Savitri—The Book of Beginnings*, Cantos 1 to 4. The project *About Savitri* resulted in four publications and one film by Savitri Bhavan.

In 2002, Huta entrusted all her paintings and many other related materials to the care of Savitri Bhavan.

Huta’s creativity and dedication to the Mother and Sri Aurobindo’s work have given us many spiritual treasures. As she herself put it, “I am happy to share these gifts with everybody in the Mother’s consciousness, truth, and love”.

Before this screening, we will present *The Mother on Reading Savitri in her voice*. Duration: 7min.

- The film about Huta is available on YouTube under the title: Remembering Huta on her Birthday 1 September <https://www.youtube.com/watch?v=YIF4gMrRuhg>

With golden light and peace and gratitude... ..and in offering all to Mother and Sri Aurobindo...

Margrit for Savitri Bhavan

BRAHMANASPATI KSHETRAM

Calendar of regular events of September 2024

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

12th & 26th Thursday 6:30 - 7.30pm, reading
“The Mother’s Questions & Answers- Vol-7”
in English

17th, Tuesday at 6:30pm full moon, reciting
Sri Aurobindo’s Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

kshetram2014@auroville.org.in



BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

A weekly study circle on The Synthesis of Yoga—Sri Aurobindo



By Deepti Tewari

The Mother’s very last message to Auroville

“Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work.

“To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga.”
27.03.1973

“Programme: Research through experience of Supreme truth. A Life Divine. But no religions.”
02.05.1970

4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location



The Mother’s very last message to Auroville:

“Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work”.

“To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga.”
27.03.1973

“Programme: Research through experience of the Supreme truth. A life divine. But no religions.” 02.05.1970

Monisha for BN Team



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Celebration of Ganesh Birthday
Saturday 7th September, 2024



7th at 5pm - 6.30pm
Exhibition (Kolu), texts on Ganesha from The Mother and Sri Aurobindo, and as well as small collection of Ganesha statues.

Chanting, singing, flowers, fruits, sweets, lights & incense are welcome

Exhibition (Kolu) will be kept open on 9th and 10 from 9am to 12pm

Group visits are available only in the mornings of 11th, 12th & 13th Sept, with prior booking

WhatsApp +91 7639 845 821

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville





We are happy to inform you that seeds, seedlings and flowering plants, especially Marigold, are available at site from 9am to 6pm.

Rabi, 86088 54330 for MFG Team
Jyoti, Naren, Poonam, Rabi & Satyakam
mothersflowergarden@auroville.org.in

Education

BASIC PYTHON PROGRAMMING

Free for all

Every Tuesday, 10—11am @ The Sprout Cafe



If you are interested in learning Python then let's meet at The Sprout Cafe every Tuesday at 10—11am

- If it rains then no class as laptops can get wet.
- To register please WA or call Pawan @ 90424 83649

PS: Please don't contact me regarding help with website development. Pawan

KULAI CREATIVE CENTRE

Next to Auroville Bakery, Kulilapalayam
kulaicreativecentre.auroville@gmail.com
8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session, Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tuesday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednesday	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thursday	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiam, Silambam, Upcycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15		

Except English, all the others are FREE for everyone from the ages of 10 to 16, but please [register through this link](#) or scan QR code or call us 8608473385 WA

Volunteers are most welcome!



Selva for KCC

AIAT PROFESSIONAL BACHELOR DEGREE COURSES



Auroville Institute of Applied Technology offers Professional Bachelor Degree courses (B.Voc.) of three years duration affiliated with Pondicherry University in Software Development and Machine Learning, Electric & Electronics Technologies (Renewable Energy), Mechatronics and Production Technology and Applied Electronics and Chip Design.

All these courses are offered at AIAT campuses in Aurobrindavan, Irumbai together with Stemland at Udavi.

Candidates with 10th and +2 are eligible to join these courses. Special discount on fees is available for Aurovilians and female students. After course completion students aspiring for further studies can do so at Pondicherry University under the MoU signed in 2022 between the two entities. B.Voc. courses are skill centric based on integral Education.

- The B.Voc. classes begin on **9 September 2024**.
- **For more information** please visit AIAT campus at Aurobrindavan during the working hours or contact

Dr. Sanjeev Ranganathan
or Lavkamad
principal.aiat@auroville.org.in

AUROVILLE LIBRARY

Auroville Library will be closed
on Saturday, 7 September for Ganesh Puja.

Opening Hours

Our timings are:

- **Mornings:** Monday—Saturday: 9am—12:30pm
- **Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4.30pm
 - Tuesdays: 4—6:30pm
 - 0413 2622894, avlib@auroville.org.in

Reading Circle new timings

Book "The Prophet" By Kahlil Gibran

- **Mondays, 6—7pm**

All are welcome to listen or read along.

Organized by Mal

- +919080159721

Malcolm & Laura
for Auroville Library

KALVI SCHOOL

for Integral Education

Kalvi School for Integral Education offers

- Spoken Tamil Lessons to Aurovilians and Newcomers
- The school also admits Children between 3-4 years for KG classes

Location: On Djaima—Dana Road.

For Details call Shankar, 8940193339



Shankar

ACADEMIC TUITION OFFERED

With my 18 years of experience in education, I offer academic tuition sessions from grade 1 to university level in all subjects. Also I am a spoken English and Hindi language trainer. My contact number is 8270512606.

Ashwini, Aspiration

SUPPORTIVE LEARNING AND SPECIAL NEEDS COURSE

Hybrid Format



Teachers Centre-SAILER offers the Supportive Learning Satellite program to meet the needs of Auroville educators and parents. We have now developed a teacher's training course in inclusive education and special needs in alignment with Integral Education.

This is a foundation course of 10 months for all those who are interested in this

field of work and committed to meet the needs of Auroville education. The main purpose of this course is to create a pool of educators for Auroville equipped with a better understanding of inclusive education and neurodivergent children.

This course is open to all educators and Aurovilians, newcomers and volunteers with a deep interest in this topic.

The course aims to strengthen Auroville education and uphold the fundamental concepts of inclusivity and neurodiversity. Thus the course demands that participants are committed to the completion of regular assignments and acceptance to undertake necessary assessments.

Participants are required to:

- Attend 3 hours per week—online session
- Commit to self-paced study and assignments approximately 4-5 hours per week
- Attend 1 offline session of 4 hours (Physical attendance) per month
- Two Weekends internship tentatively scheduled in the month of January and September 2025
- Undertake assessments—some of the assessment criteria will include class participation, portfolio-assignments, individual assessments, study cases etc.

To register fill out the form at the link below:

- <https://tinyurl.com/slscourseauroville>

The course is open to all and selected participants will be offered a full course scholarship after undergoing the following stages of selection:

1. Registration through Google Forms in the link provided
2. Interaction meeting with members from Teachers' Centre—SAILER
3. Preliminary assessment before the start of the course (details for this will be shared at the time of the interaction.)

On successful completion of the course, candidates will receive a certificate from Teachers' Center—SAILER

For any queries or more details write to the Teachers' Center SAILER: teacherscenter@auroville.org.in

*Ana and Nilima
on behalf of Teachers' Centre, SAILER*

BOOST YOUR AUROVILLE PROJECT WITH AI:

Enthusiasts Ready to Help!

Have an established Auroville project using online channels? Looking to improve with AI? We're local GenAI enthusiasts excited to explore AI's potential with you!



For those ready to apply AI, we can explore custom solutions, help integrate AI tools, and brainstorm AI-driven strategies for your online presence. You're the expert in your field; we're passionate about AI. Together, we can discover new possibilities.

We're eager to help find ways to analyze your data, streamline tasks, personalize user experiences, and investigate AI-powered marketing—all tailored to your Auroville project.

Ready to collaborate?

- Contact us on WA:
Manisha 9999955321, AL 9843941207.

Let's learn, grow, and innovate together with AI! *Manisha*

Youth Initiatives

NVC PRACTICE SESSIONS

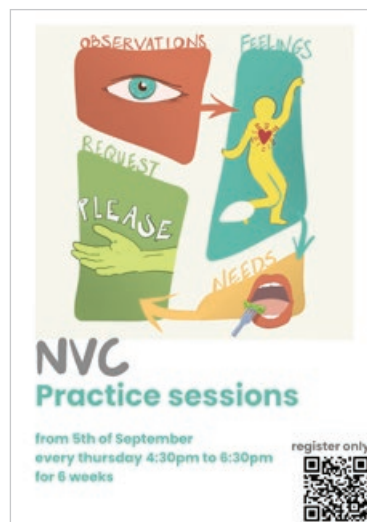
YouthLink would like to invite you to a Nonviolent Communication workshop, Facilitated by Vega (CNVC-certified trainer).

NVC is a communication tool that helps us connect from our hearts. This tool can enhance connection and understanding and make us more aware so we can make choices from a conscious space.

During this workshop, you will learn to practice basic principles of Nonviolent Communication and explore different ways of connecting oneself and others from the heart.

- **6-week Practice Sessions:**
From 5 September every Thursday, 4:30—6:30pm

Practice sessions for those with basic NVC experience, for deeper understanding and daily application. *Jisung*



MAKER SPACE



Monday to Thursday, 8:30am—12:30pm @ Youth Center

Dear Community, we are excited to share with you the news of our newly launched Maker Space! This collaborative workspace is a hub for creativity, exploration, and skill development for makers of all ages. We have already had 30 participants engage in exciting projects, and we are looking to expand our offerings.

In order to continue providing a dynamic and resourceful environment for our community, we are reaching out to ask for your support. We are seeking donations in cash or in kind, specifically materials such as wood, metal, and other upcycling materials that will help our makers bring their ideas to life.

Your generosity will help us provide a space where individuals can experiment, learn, and create in a hands-on, project-based learning environment.

- If you are interested in supporting our Maker Space with a donation, please reach out to us at Youthlink@auroville.org.in or for in cash donations you can directly transfer to our account **251048**.

Your contribution will make a meaningful difference in the success of our program.

Thank you for considering supporting our Maker Space. We look forward to hearing from you and continuing to empower makers in our community. *Lucrezia & Youthlink team*

KIRTAN CIRCLE

Monday, 9 September, 4:30—6pm
@ Youth space, Center Field

Join the Kirtan circle! Kirtan is a form of singing and chanting, often performed in a call-and-response style. It serves as a spiritual practice that fosters connection, community, and a deep sense of inner peace.

Jisung on behalf of Youthlink

MONEY AND ME

Saturday, 7 September, 10am—4pm
@ Youth Space, Center Field

Want to learn more about money and your relationship with money in a fun way, through games and sharing? Attend our Money&Me workshop!

- We have restricted places, so please register only if you are sure that you can attend. [Link here](#) or scan the QR code!
- If you need more info, please email annaesus@youthlink.org.in

Jisung on behalf of Youthlink

Health Care

AYURVEDA CLASSES

Every Monday, ongoing till end of September

We will learn how this Science of life can be directly applied on a daily basis to understand oneself and others' health, to understand imbalances/ diseases and what Ayurveda recommends to rebalance body and mind, also to gain knowledge on the medicinal plants that grow in our surroundings useful to sustain our health all through the year. Learn how the food, emotions, relations, environment, climate, seasons, season of life (from childhood to seniorhood) can influence the state of well-being in the physical, vital and mental.



- Ayurveda classes will be held in **Santé**:
- **Every Monday:**
 - **2pm, beginners:** basic principles, daily routine, routine through the seasons
 - **3:15pm, advanced:** reading of Ashtanga Hridaya Volume 1, one of the 3 main ancestral textbooks of Ayurveda that gives the basics of Ayurveda in Sanskrit with translation in English
- **Classes will run until end of September 2024**
- If you are interested please send me WA message +919489505691.

With much love and happiness to share this profound knowledge.
Be @ Santé Clinic

AURO DENT
Dental Clinic
Auromode, Auroville.
For Appointment please contact us
Email: aurodent@auroville.org.in
Phone: 0413-2622063 What's up: 9629199328
Working hours
Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours:

- Monday—Saturday, 9am—5:30pm

Services Offered:

- First aid for eye conditions, including conjunctivitis, corneal abrasions, ulcers, trauma, and foreign bodies.
- Comprehensive eye examinations using advanced technology.
- Dispensing of glasses and contact lenses.
- Provision of eye medicines, including Homeopathy, Allopathy, and Ayurvedic drops.
- Personalized support for visiting Aravind Eye Hospital for surgeries and procedures.
- Natural eye healing sessions, including eye exercises, eye yoga, and vision therapy.
- Outreach programs, including screening camps and eye health education at schools, workplaces, and villages.



Contact: aurokiya@auroville.org.in, aurokiya@gmail.com
www.aurokiya.com, 8012305151 WA/ Mobile

Aurosugan for Team Aurokiya

SANTÉ SERVICES, SEPTEMBER 2024



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Senthil: Monday to Friday	Nurse Care: Thilagam, Ezhil, Archana & SandhyapDaily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: TOS
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday (except Friday)
Women's Wellness with Paula: Tuesday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in, <http://sante.auroville.org.in>

CHILDBIRTH PREPARATION CLASSES

Hall of Light, Creativity community, on Wednesdays

Childbirth preparation classes, including fathers, are offered throughout the year, at Hall of Light, Creativity community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



- 5—6pm, **movement classes** like yoga, dance, breath work, etc
- 6—7pm, **theory** on various aspects of pregnancy

Like to join the classes?

- [Join our WA group here](#) or send message to Bala +91 9892699804 to add you in the group

All classes are drop in/out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

- If you'd like to know more about our work email us morningstar@auroville.org.in
- and **general administrative queries** to Bala + 91 9892699804 WA only. *Submitted by Bala*

CHANGE OF NAME

AVHS into AVHS For Seniors

We are providing healthcare to senior Aurovilians over 65 years old, at home and in our senior facilities.

- If needed, we provide caregivers (who need to be paid). The caregivers take care of the senior and his close environment, until recovery. Once recovered, they cannot be employed by the patient for private works; AVHS for Seniors needs them for care of the next seniors.
- We are NOT handling mental situations.

Contact

- Mechtild 9787626452 or
- Paula 9488239348
- E-mail avhs@auroville.org.in
- In case of emergency: AV ambulance 9442224680
- Other ambulances 108

Submitted by Patricia

FREE DELIVERY

provided by Pharmacy of Auroville Health Centre

The Pharmacy can provide free delivery by Dropzy for Aurovilians, Newcomers and Auroville guests staying in Auroville guest houses.



- The order should be sent to the following email: pharmacyauroville@auroville.org.in

There are 4 ways to make an order by email:

- Medicines sold without prescription and other items: only the name of the medicines or items
- Medicines prescribed by doctor: photo of the prescription by email
- If the paper prescription is required we will inform you by email. The delivery agent will come first to your place to take the prescription.
- If the prescription is to be refunded by the Health Fund, we can also put it with the pharmacy bill in the Health Fund box at the Health Center reception. For that you need to write in your email that you require a refund from the HF, and take a photo of the prescription with your mobile before you give it to the delivery agent.

- You have to mention the mode of payment: account, cash or UPI. You need to send your name, your address, your mobile phone number. *Lili and Dr Uma*

International

LA VITA DIVINA

Dear Italian friends, although Auroville Radio is going through a difficult period and is currently unable to continue publishing podcasts, I want to reassure you that you can still enjoy listening to Sri Aurobindo's The Life Divine in Italian. The reading is posted regularly on the Gate of Dreams Italia YouTube channel.



- Find it by clicking on: <https://www.youtube.com/@gateofdreamsitalia8047>

Francesca

New co-working space!

- Mon 8:00AM to 12:00PM
- Tues 8:00AM to 12:00PM
- Thur: 8:00AM to 12:00PM

The **European House** is pleased to welcome you in its co-working space. Come benefit from our wifi and the quiet of our place to focus and get your work done!

Free contribution, Help us pay our internet bills and improve the place! Come enjoy the quiet of our conference room 3 mornings a week! **A place you can privatize!** Do you need a place to host a meeting? A workshop? Or any other group activity: Send a request and book the place!

Marie, +33 695524430,
european.house.auroville@gmail.com

WORKS ON THE INTEGRAL YOGA IN ITALIAN

Dear Friends, in the last years I started publishing my works in Italian on Integral Yoga

- Le Sette Tetradi dello Yoga Integrale
- Devi—Viaggio tra gli avatar femminili del passato e del futuro
- Lo Yoga Integrale e i dodici archetipi
- Senhal—I doni oscuri



They are available on Amazon and I still have some copies with me.

I am now happy to share, after a lot of requests, that a copy of **Lo Yoga Integrale e i dodici archetipi** e **Senhal—I doni oscuri**, will be available very soon at our Auroville Library.

Giacomo

TALES AND OTHER STORIES
Through fables narrated by Mireille
Saturday, 14 September, 5pm
@ the French Pavilion

Stories and fables have been traveling since the dawn of time. Let us explore these ancient times and follow the path taken by the fabulists.

Mireille

CONTES et autres HISTOIRES
1. Au fil des fables

Les récits et les fables voyagent depuis la nuit des temps. Explorons ces temps anciens et suivons le chemin qu'ont emprunté les fabulistes.

Raconté par Mireille

Au pavillon de France.
Samedi 14 Septembre à 17H.

Mireille

Animal Care

AUROVILLE DOG SHELTER
Monthly Transparency Report August 2024

As part of our commitment to transparency, we are happy to present our report for August.



Overview

- New admissions: 24 (274 since April 2023—10 tiny puppies dumped again!)
- Rabies suspect cases: 3 (2 confirmed)
- Adoptions and Releases: 10
- Vaccinations administered: over 500 until 2.9. and ongoing (Vaccination Campaign Drive)
- ABC shelter dog sterilizations: 12 (98 since February)
- Deworming: hundreds (as part of Vaccination Campaign Drive)

Donations

This month, Rs. 174.866 arrived in our FS account and Rs. 136.700 on our bank account, which includes FAMC Rs. 50.000 and also donations sent by AVI USA (USD 620) covering barely our basic monthly running costs of Rs. 3 lakh. An additional grant of USD 6.000 has been sent to cover the costs of the mass vaccination drive (more details below).

At the beginning of the month, we found ourselves with zero funds and no idea how we would purchase food for our dogs. In desperation, we reached out to the Auroville Visitors Centre for permission to set up a fundraising table, but our request was denied by the Visitors Centre Executives. With no other options, we took to the road near Bharat Nivas, asking visitors and guests for donations. Thankfully, this effort was successful. We are seeking trustworthy volunteers to help us make this direct form of fundraising a regular event. Please contact our shelter if you want to support us!

Expenditures

- **Animal Food:** This month we fed our dogs 1.8 tons of rice, 1.8 tons of chicken, and 820 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 1 lakh.
- **Staff Costs:** Total staff costs for this month for our workers, paid animal care staff, 2 veterinarians, and volunteers was approx. Rs. 1.5 lakh this month. The increase is due to the many extra hours for our vets and vet technician to conduct mass sterilisation.
- **Medical Costs:** This month we were able to buy urgently medicines and spent Rs 51,996, which does not include the vaccinations.
- **Additional Costs:** Due to the onset of an early monsoon we had to urgently fix up some enclosures to make them rain safe which cost us about Rs. 20,000—As we only have one small freezer which was not enough to store sufficient meat in case some meat shops have no stock, we had to purchase a new freezer for Rs. 30,365.

Our old ambulance stopped working and doors had been fallen off, which cost us Rs. 15,000 to fix. Our new ambulance, which we had purchased thanks to a grant by the TNAWBI has been outfitted with a cupboard to store medicines, a foldable treatment table and chairs and a big tent to make it fit for street treatments. The outside design will be applied after the vaccination drive as we need the ambulance for it.

Puppies Continue to Be Dumped

It's a sad reality that still lots of puppies are getting dumped in front of our already completely overcrowded shelter, some just a few weeks old. We do whatever we can to accept dogs to our maximum capacity but once we are full, we are unable to take in more. We ask dog lovers and Aurovilians to support us by fostering dogs for limited time periods. Please contact the shelter directly, it would save lots of precious lives!

New Temporary Enclosures and Mass Sterilizations

To address the rapidly growing canine population in Auroville and the surrounding areas, we urgently need to launch a mass sterilization program. This is the only effective way to end the suffering and improve the health of the animal population. Our goal is to increase the number of sterilizations from 4 operations per week to 20, ultimately reaching 1,000 dogs per year. This effort will have a significant impact and help eliminate the suffering of newborn puppies twice a year across the region.

Unfortunately, we receive only a monthly budget of Rs. 50,000 from Auroville, which covers just a fraction of our monthly running costs of Rs. 3 lakh. To support this vital sterilization program, we are applying for a sterilization grant from TNAWBI, which would provide Rs. 370 per dog. However, this amount does not even cover the full cost of the operations, so we rely heavily on donations to make this program a reality.

The guidelines for the sterilization grant are stringent, and our current shelter, which is old and deteriorating, does not meet the required standards due to its missing or collapsing infrastructure. Therefore, it is imperative that we begin construction on the new Auroville Dog Shelter as soon as possible.

Due to a lack of funds to hire workers, our dedicated staff has been working tirelessly, on top of their already demanding schedules, to build a new temporary area at the back of the shelter, which we've named "HOPE." We have manually cleared the ground of thick overgrowth, set up pillars around the area, and are hopeful that we can start fencing soon. The next step will be to construct at least 20 to 30 dog houses using wood from trees that were felled when Auroville cut down a significant number of trees for the new VIP road through the shelter.

We urgently appeal to Aurovilians, dog lovers, and AV Units to contribute their time, energy, and materials to help us build these new enclosures. Despite our calls for assistance, not a single Aurovillian has come forward to

help us with this essential project. Without these new enclosures, we will not have the space needed to expand our mass sterilization program and will be unable to rescue any more dogs. Please support our shelter by volunteering your time and energy to help build the new area.

Partnership with Dr. Shiranee Pereira of People for Animals Chennai Charitable Trust

At the beginning of this month, our executive and manager had the privilege of visiting Dr. Shiranee Pereira at her shelter near Seethanjeri in northern Tamil Nadu, where she cares for over 1,000 animals, including dogs, cats, donkeys, horses, cows, and even camels. It was an incredible learning experience for us, witnessing the lifelong dedication of Dr. Pereira, one of India's most respected animal caretakers, whose work has had a profound impact across the country. We are honored and deeply grateful to collaborate with her Trust.

Rabies Cases In Auroville and Mass Vaccination Drive

Earlier this month, we captured a dog at Transition School that exhibited symptoms of rabies after biting five people, including two children, as well as several other dogs. Shortly afterward, another dog we rescued from the road in Irumbai, on the way to Auroville, also showed signs of rabies. After both dogs passed away, we asked our partners of the renowned Mettupalyam College (RIVER) with whom we have signed a MoU to conduct post-mortem tests. Brain samples were taken, and a quick test confirmed rabies. These samples have been sent to a lab in Bangalore for further analysis, and we have alerted the Department of Animal Husbandry, TNAWBI, and government officials about the potential risk of a major outbreak in Auroville and surrounding villages.

In response to this urgent situation, we requested an immediate one-time emergency fund of Rs. 70,000 from the Auroville Foundation to purchase rabies vaccines, but we have not even received a reply. However, thanks to the incredible support from AVI USA, who promptly responded to our call for help, we received a grant of USD 6,000. This funding allowed us to purchase all the necessary vaccines and cover the costs of a mass vaccination drive.

We quickly organized a vaccination campaign in Auroville and six surrounding villages, offering free multi-vaccinations that protect dogs against seven viruses, including rabies. We are also providing free rabies boosters for cats. Our goal is to achieve a 70% vaccination rate, as recommended by the WHO, to prevent a major outbreak and establish herd immunity. Concurrently, we are conducting a survey to determine the total canine and feline population in the area, which is essential for securing future sterilization grants. With the help of veterinary students sent by the Dean of Mettupallyam College (RIVER) we were able to vaccinate over 500 dogs and a few cats in the first few days of our ongoing campaign alone.

Our campaign has garnered significant support from local panchayats, village presidents, residents, and the Department of Animal Husbandry, who monitored our work. Several local TV stations and media outlets have also covered our efforts. We remain committed to ensuring that Auroville, along with its residents, guests, visitors, and children, is protected from dangerous viruses.

New Auroville Dog Shelter

After six months of delays in constructing the new Auroville Dog Shelter, due to complaints from our new neighbors, the refusal of building permission by Sindhuja despite AT-DC's support, and the lack of a signed budget request by Auroville officials for the Rs. 2 crores reserved by the governing board, we now have hope. With the recent changes in Auroville's administration, it seems the final obstacles may soon be cleared, allowing us to finally begin building the urgently needed new Auroville Dog Shelter.

*Auroville Dog Shelter Team,
Tine, Joseba, Arthur, Mar*

Festivals



"Voices of Unity"
AUROVILLE
SINGING FESTIVAL

Dear Singing Voices!

Please join us for the Auroville Singing Festival 24', which will happen in CRIPA on **Sat 26 and Sun 27 of October @ 7.30pm to 9.30pm.**

Let's make our Voices, in our native languages, be heard in Harmonious Unity.

Kindly fill the form in the following link to join us in this soul touching event: <https://tinyurl.com/24AVSF>

Subscription **dead line: Friday the 6th of September.**
No late subscription accepted.
Auditions: Sun 1 of September and Sun 8 of September - 8pm to 10pm
The location for the audition will be mentioned once you are registered

AVSF team:
Shakti, Rolf
Marta

Whatsapp +393756145618

Dear Singing Voices! Please join us for the Auroville Singing Festival 24', which will happen in CRIPA on Saturday, 26 and Sunday, 27 October @ 7:30—9:30pm.

Let's make our Voices, in our native languages, be heard in Harmonious Unity.

- **Kindly fill the form** in the following link to join us in this soul touching event: <https://tinyurl.com/24AVSF>
- **Subscription deadline:** Friday, 6 September. No late subscription accepted.
- **Auditions:** Sunday, 8 September, 8—10pm

The location for the audition will be mentioned once you are registered, +393756145618 WA

AVSF team: Shakti, Rolf, Marta

Theatre, Music & Arts

**CENTRE D'ART CITADINES:
Emerging by Sridar K.**



EMERGING by **SRIDAR.K**

Tuesday to Saturday 09:30am - 12:30pm, 01:30 - 05:30pm
Centre d'Art, Citadines, Auroville - centredart@auroville.org.in

Ongoing till 7 September

Tuesday to Saturday 9:30—12:30, 1:30—5:30

Marco

**CARNATIC CLASSICAL
VOCAL MUSIC CONCERT**

By
Dr. P.V.Bose

Crossoverband TranSwaras bags award at Los Angeles



Dr P V Bose , a classical vocalist of the Carnatic system of classical music will present a concert at Bharat Nivas. He will be presenting Carnatic ragas and composition during the concert and explain the salient features of the ragas. He will be accompanied by Violin and Mridangam.

07:00 pm
Saturday, 21st September 2024
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville



Scan for Location

GULDASTA

Garland of music as an offering to Sri Aurobindo

By
Sri Nilimesh Chakraborty (Tabla)
Sri Monit Paul (Sarod)



Join us for a mesmerizing evening of Guldasta, where the harmonious melodies weave together as a heartfelt offering to Sri Aurobindo.

07:00 pm
Tuesday, 17th September 2024
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville



Scan for Location

VOCAL MUSIC CONCERT

By
Dr. P.V.Bose

Crossoverband TranSwaras bags award at Los Angeles



Dr P V Bose , a classical vocalist of the Carnatic system of classical music will present a concert at Bharat Nivas. He will be presenting Carnatic ragas and composition during the concert and explain the salient features of the ragas. He will be accompanied by Violin and Mridangam.

07:00 pm
Saturday, 21st September 2024
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville



Scan for Location

ART EXHIBITION BY BEL JIMENEZ

If I was a Flower

6 September—1 October @ Pitanga

*Seeking its own perfect form in souls and things.
Life kept no more a dull and meaningless shape.*

Sri Aurobindo, Savitri



if i was a flower...

a dialogue with the spirit of nature
and its form.

if i was a flower
*Seeking its own perfect form in souls and things.
Life kept no more a dull and meaningless shape.
Sri Aurobindo, Savitri*

Art Exhibition 6 September
by Bel thru
1 October 2024
at Pitanga

Exhibition timings: Daily, except Sundays
8:00am – 12:30pm & 2:00pm – 5:30pm
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAAB0378Y9N

- **Art Gallery timings at Pitanga:**
Monday to Saturday
8:30am—12:30pm and 2:30—5:30pm.
Sundays are closed.

Bel is an Aurovilian artist who studied art at the University of Barcelona. She says: “Here in Auroville, I’ve been developing a different approach to art, I’m inspired by nature and I’m using what nature offers me as the main materials. My aim is to connect with the light and the purity of nature, and to reflect that in my work.”

Andrea

ART EXHIBITION THE SECRET SOUL

by Hufreesh Dumasia

@ Tibetan Pavilion

Exhibition Extended: 8 August—7 September

9am—12:30pm & 2—5pm, Sunday Closed



ART EXHIBITION

The Secret Soul

HUFREESH DUMASIA

TIBETAN PAVILLION

EXHIBITION EXTENDED

8 AUG - 7 SEPT

Kalsang

ADISHAKTI'S URMILA



adi shakti
Laboratory for Theatre Arts & Research

Urmila

WRITTEN & DIRECTED BY NIMMY RAPHEL

Date: 8th September 2024
Venue: Kerala Arts and Crafts Village,
Kovalam, Thiruvananthapuram.
ONLY CAMPUS ENTRY TICKET 100/-,
AVAILABLE AT THE ENTRANCE GATE
Time: 7:30 PM

Date: 12th September 2024
Venue: School Of Drama, Thrissur
Time: 7 PM, **ENTRY FREE**

Date: 16th September 2024
Venue: St. Aloysius College, Mangalore
Time: 7 PM

Date: 18th September 2024
Venue: Ninasam, Heggodu
Time: 7:00 PM

Date: 20th September 2024
Venue: Rangashankara, Bengaluru
Time: 7:30 PM

Date: 21st September 2024
Venue: Rangashankara, Bengaluru
Time: 3:30 PM and 7:30 PM

Date: 27th September 2024
IHC Theatre Festival'24
Venue: India Habitat Centre, New Delhi
Time: 7:00 PM

**SHOW
TOUR**

“Urmila” is a thought-provoking play that delves into the complex ethical and gender-related issues that have been woven into the fabric of society throughout history. Set in the ancient land of Ayodhya, the play centers on the character of Urmila from the Ramayana, a woman whose life is dramatically altered by a seemingly innocuous command from her husband, Lakshmana: “Sleep, my sleep.” This deceptively simple directive raises profound questions about autonomy, consent, and the price individuals, especially women, have paid for their obedience throughout time.

Throughout history, the human body has been employed as a powerful symbol and metaphor for social protests. When traditional avenues for negotiation fail, individuals have resorted to their own bodies as a last resort to resist oppressive societal norms. Urmila finds herself in a situation where she is left with no agency to challenge the status quo, and she grapples with the notion of using her body as a form of protest to reclaim her sanity, her mind, and her very existence.

Can Urmila envision a means to express her resistance without succumbing to the demand to “Sleep, my sleep”? Can her body become a message, a defiant statement of self-determination? Will she ever muster the courage to declare, “I won’t sleep,” when confronted with Lakshmana’s repeated command to slumber?

The play explores the power dynamics inherent in the relationship between Urmila and Lakshmana, raising questions about consent, agency, and approval. Urmila’s journey represents a broader commentary on the struggles faced by individuals indifferent time periods and perhaps even in the future. “Urmila” offers a compelling exploration of these themes in the context of ancient stories, making them relevant and thought-provoking for contemporary audiences.

Nimmy Raphel, Adishakti Theatre

Multiple Activities



BHARAT NIVAS
 भारत निवास பாரத நிவாஸ்
 The Pavilion of India, Auroville

REGULAR WORKSHOP, CLASS & EXHIBITION

- MONDAY TO FRIDAY**
 06:00 AM - 07:00 AM
KALARIPAYATTU CLASS at Bhumika Hall
- TUESDAY & THURSDAY**
 06:30 PM - 08:30 PM
FENCING CLASS at Harmony hall
- MONDAY, WEDNESDAY & FRIDAY**
 06:30 PM - 09:30 PM
TANGO CLASS at Harmony hall
- TUESDAY**
 04:30 PM - 05:30 PM
THE SYNTHESIS OF YOGA at Resource Library
- FRIDAY**
 11:00 AM - 12:00 PM
SAVITRI STUDY CIRCLE at Resource Library
- WEDNESDAY**
 05:45 PM - 06:55 PM
INTEGRAL HEALING at Bhumika Hall
- MONDAY TO SATURDAY**
 09:30 AM - 12:30 PM
RESOURCE LIBRARY at 1st Floor - Bhumika Building

EXHIBITIONS - MONDAY TO SUNDAY

- 09:00 AM - 05:00 PM
THE DAWN OF AUROVILLE - PHOTO EXHIBITION at Kala Kendra
- 09:00 AM - 04:30 PM
WILDLIFE ART GALLERY at Old LOE Building (old post office)
- 09:00 AM - 04:30 PM
THE CITY THE EARTH NEEDS at India Space

Enquiry Contact: Krishna at +91 97878 80211

Dance Activities



AUROVILLE TANGO
 New batch starts the first week of each month

MON 19:00 Introduction to Tango 20:00 Opensource	WED 19:30 Guided Practica 20:00 Practilonga
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Tango @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- Monday
 - 7pm—Introduction to Tango, 8pm—Open Source
 - Wednesday
 - 7:30pm—Guided Practica, 8pm—Long Practice
- No partner required. Bring socks or dance shoes.
 And plenty of joy!

+91 9821166082, tango@auroville.org.in Maud

DANCE CLASSES BY MANI

Salsa Dance Class



SALSA DANCE CLASS

Choose your Dance

- ✓ Bachata Dance
- ✓ Kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now
 +91 86376 33696

Bakisata_dance

Tuesday salsa class 6:30 pm
Saturday workshop 7:0 pm

New creation, dance studio
 Embrace the Rhythm and Let Go!

Tango Dance



TANGO DANCE

MONDAY
 Beginner 6:30 to 7:30 pm
 Intermediate 7:30 to 8:30pm

FRIDAY
 Workshop 6:30 to 7:30pm
 Open practice 7:30 to 8:30pm

Auroville, cripa

CONTACT US BY
 +91 86376 33696
 Bakisata_dance

A CALL TO CO-CREATE

Multidisciplinary Improvisation Lab

Thursdays, 5—7pm
 @ CRIPA Small Hall

Through Dance, Move, Visual Arts, Poetry, Spoken Word, Theater. And Music

- Step beyond labels and redefine your art form. Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration. Self-motivated creation. Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word. Emotional storytelling through embodied movement and music.

Discover the boundless potential of collaborative improvisation
 Submitted by Krishna



A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB
 THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word.
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL
 DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

New Creation Dance Studio

Sweatout & Smile

ZUMBA

Every Mondays!

Zumba classes are happening
 @ New Creation Studio, every Monday, 6pm
 For regular classes DM: 8281746763 Vega

BALLET DANCE CLASSES WITH FLEUR



@ New Creation Dance Studio

In a playful and attentive approach, each course is designed to allow children to experiment ballet movements, space and creativity.

We have batches for children from 3½ to 14 years old.

- **Dance initiation**
 - Age 4 to 5, every Monday, 2:30—3:30pm
 - **Classical ballet level 1**
 - Age 6 to 7, every Monday, 3:45—4:45pm
 - **Classical ballet levels 2 & 3**
 - Age 8 to 10: Every Saturday, 9:15—10:30am
 - Age above 10: Every Saturday, 10:30am—12pm
- Fleur, 9600225764*

Music & Art Activities

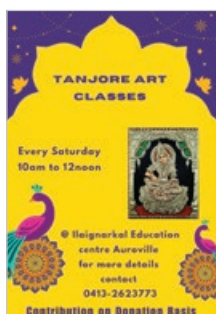
In the meantime, we continue to offer our personalized Sound Experiences. Please scan the QR Code for details. *Zech*

TANJORE ART CLASSES

Every Saturday, 10am—12noon
@ Ilaignarkal Education Center

Tanjore paintings hold cultural and religious significance, originating in Tamil Nadu, India. They depict Hindu deities and mythology with vibrant colors and intricate details. The use of gold leaf adds opulence, reflecting the region's artistic heritage. These paintings serve as representations of South Indian art, preserving traditional techniques and contributing to the rich tapestry of India's cultural history.

- For more details contact 0413 2623773
- Contributions on Donation Basis



Ayyanar

BASIC ANALOGUE PHOTOGRAPHY

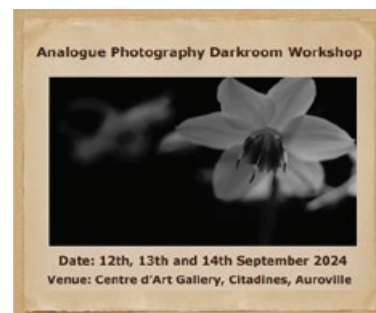
Darkroom Workshop by Sasikanth S.

12—13—14 September

@ Centre d'Art Gallery, Citadines, Auroville

Program & Timings

- **Thursday, 12 September, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 13 September, 9am—2pm:** Film photo shoot (in your own time),
2pm—5pm: Develop your roll of film.
- **Saturday, 14 September, 9am—12:30pm & 2—5pm** (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.
- **Registration Contact:** centredart@auroville.org.in
- The workshop fee for Guests: Rs.3000 incl. GST.
- The workshop is free for Aurovilians, New-comers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.
- All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.



Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809 WA

Number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

PHOTO CIRCLE TO MEET

Friday, 6 September, 5pm

@ Centre d'Art multimedia room, Citadines



After the summer break, Photo Circle meets again. The Photocircle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images. You are all welcome. *Marco*

CENTRE FOR RESEARCH EDUCATION EXPERIENCE

In Visual Arts

Weekly Art Activities

- **Watercolor Landscape** class by Sathya
 - Wednesday, 5—7pm.
- **Figurative Drawing** Session,
 - Friday, 5—7pm.
- **Open Studio**—a space to explore your artistic expression. Art supplies are available.
 - Open from 12:30 to 4:30 PM, Monday to Friday.
 - If you plan to attend at other times, please inform us in advance. Contact Abi: +91 9042058981
- **Portrait:** For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.

CREEVA Studio, Creativity Community, Auroville
sathyacolour@auroville.org.in,
+91 9486145072 WA, Sathya



EXPLORE
WaterColor Techniques

- Wednesday & Saturday, 10am—12pm @ Unity Pavilion
- Art with Mr. K. Janakiraman
- For more details 9443648774, 7558401106



Submitted by Arun

CREATIVE WRITING

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves and also the spontaneous resources we harbor inside to overcome obstacles and evolve.



Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.

Duration of the session: 1h30min.

- If you want to know more about me, check my Vlog I Just Wanna Write: <https://www.youtube.com/@IJustWannaWrite.channel/videos>
- For Info and to book your session, write at ijustwannawrite.email@gmail.com

If you want to know more about me, check my blog:

<https://ijustwannawrite.com>

Let's keep up with the good writing!

Francesca

Sports & Martial Arts

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



Adult classes

- Tuesday, Thursday and Saturday, 6—7:30am, early morning. Beginners are most welcome. Girls and women are especially called to join us.

Children/ young students

- Monday, Wednesday and Friday from 4 to 5pm
- for the time being no Saturday 9 to 10am class are offered.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan
- 83001 89062, Surya, no WA

Cristo, Rita, Surya, and Philippe for Auroville Aikido

ABHAYA MARTIAL ARTS

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.



Our regular classes

- Monday: MMA/ Grappling 5:30pm, coach Giacomo
- Wednesday: MMA/ Grappling 5:30pm, coach Giacomo
- Friday: Kickboxing 5:30pm, coach Ruben

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA

Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds. Giacomo

SWIMMING CLASS
by Mani



Submitted by Mani

KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- Kalari Classes for Beginners
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- Kalari Classes for Advanced People
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday



- Kalari Massage Available
 - By appointment, 9042009200, Maneesh

Maneesh For Kalari Team

BHARAT NIVAS

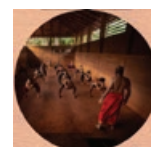
presents Kalaripayattu Class

in Collaboration with Kalarigram:

Bhumika Hall, 6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in, office: 0413 2622253

Monisha for BN Team



TAI CHI HALL IN SHARANGA



Schedule of classes after 24 August

- Every day except Sundays
 - Mondays and Saturdays, 7:30—9:30am
 - Tuesdays to Fridays, 7:30—9am
 - Upcoming: no classes on 28, 29 August, 3 September
- Krishna*

ULTIMATE FRISBEE

The Auroville Women's team has regular practices:

- **Wednesday, Saturday, 4:30—6:30pm @ Gaia Field**

Sessions are open to anyone who would like to try their hand at the sport.



Uttara for Ultimate Frisbee

GIRL FUTSAL/ FOOTBALL CLUB

Every Wednesday at 5:10pm @ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

- Just contact Beber 6385635943 for more details



Submitted by Beber

KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm
 ◦ Monday To Saturday

All are welcome!

Satyakam

Nature Activities

HERBAL MEDICINAL PLANTS COURSE for beginners

Monday—Friday, 9—11:30am

Workshop Highlights

- **Curriculum:** Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- **Expert Guidance:** Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.



Discover 35 medicinal plants and their health benefits to support your health and well-being. No prior experience is necessary.

- **Contact Us:** martuvam@auroville.org.in,
 ◦ +91 9345454232 call/ WA,
 ◦ @ Alankuppam.

Submitted by Shivaraj

PERMACULTURE 360° FARM TOUR

Every Saturday, 11am—1pm @ Terra Soul

Join us every Saturday from 11am to 1pm for an immersive tour of our permaculture farm in Auroville!

What to Expect: Guided tour of our lush permaculture farm, hands-on experience with sustainable practices, delicious farm-to-table lunch made from our fresh harvest, a chance to connect with Nature and like-minded individuals.

- **Auroville Contact:** Juan 9443434182
- Limited spots available! Register now to secure your place before coming and step into a world of sustainability.

Follow us on Instagram [@terrasoul_community](#) for more updates and glimpses of farm life!

Juan



Bioregion Activities

AUROVILLE BAMBOO CENTRE September Program 2024



Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

Book your slot and enjoy our delicious Bamboo special lunch featuring a variety of fresh, local and organic ingredients. Reserve before Friday afternoon to secure your spot.

- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Training and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily Make and Take Hands On Workshop Experiences



One-Day, Make and Take Workshops

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Registration: One day in advance.

- **Furniture Workshop**

This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.

- **Bamboo Lampshade**

Come and learn to make your own Bamboo Lampshade at Bamboo centre and take home your own hand made lampshade at the end of the workshop.

- **Bamboo Giraffe**

Come and learn to make your own Bamboo Giraffe at Bamboo centre and take home your own handmade giraffe at the end of the workshop.

- **Bamboo Bicycle (For Kids)**

Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

2 Hours Make and Take Workshops

- 10am—12:30pm or 2:30—5pm
- Every day except Sunday
- Registration: Walk-in registration available

- **Bamboo Toys**

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- **Bamboo Musical Instruments**

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional craftsmen and take home your own hand made instrument at the end of the workshop.

- **Bamboo Jewellery**

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- **Bamboo Planter**

Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own handmade Planter at the end of the workshop.

- **Bamboo Archery**

Come and learn to make your own Bamboo Archery at Bamboo centre and take home your own handmade Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops & Camps, September

Bamboo Rammed Earth Workshop, Intermediate Course

- 5—7 September, 9am—5pm
- 3 days, full day intensive session

The Bamboo and Rammed Earth workshop is a 3 days immersive learning experience that offers the opportunity to learn the fundamentals of bamboo construction and rammed earth, while engaging in a unique self-inquiry in the company of an international team of mentors.

Bamboo Furniture Workshop, Beginner Course

- 13—14 September, 9am—5pm
- 2 days, full day intensive session

This workshop focuses on small scale furniture making from bamboo for example chairs tables, shelves, etc...

The Bamboo Furniture workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5 pm.

Bamboo Hyperbolic Paraboloid Dome Workshop, Advanced Course

- 26—28 September, 9—5pm
- 3 days, full day intensive sessions.

The Bamboo Hyperbolic Paraboloid Dome workshop is perfect for Architects, Students, Engineers, Environmentalists, Green Practitioners and anyone who wants to gain skills on sustainable lifestyle and hands-on experience working with bamboo, one of the most eco-friendly building materials, while also exploring various aspects of sustainable living. It is for anyone who is concerned about building a more environmentally sustainable world. (e.g. engineers, architects, technicians, supervisors, masons, students and laymen).

For more information, special requirement, and pre-booking contact

Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org

or +91 8300949081, 0413 2623806, 2964727

Flexible training dates offered to groups

- Contact: Voice call and WA: 8300949081, <https://aurovillebamboocentre.org/>

Mani

MOHANAM PROGRAM

September 2024

Mohanam Auroville Campus

2min from Vérité,
6min from Matrimandir,
8min from Visitor's Center

Experience, Explore, Energise



MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

- Email: mohanamprogram@auroville.org.in
- Call/WA: 8300949079
- Office Timing: 10am—4pm
- Working Days: Monday to Saturday

Tours inside Auroville

Auroville Northwest tour

- 10:30am—1pm, every day, except Sundays
- 1 day advance booking is necessary.

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. It is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

Mohanam Campus tour

Come and visit Mohanam Village Heritage Centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti, herbal tea.

- 10am—4pm, every day, except Sundays
- 1 day advance booking is necessary.

Make & Take workshops at Mohanam Campus

- 10am—4pm, every day except Sundays
- 1 day advance booking is necessary.

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest your inner self through various materials and form using creative technique.

- Pottery making _____ 1hrs
- Kolam mandala painting __ 2hrs
- Coconut shell craft _____ 3hrs
- Incense making _____ 1.5hrs
- Lampshade making _____ 3hrs
- Paper marbling _____ 1hrs
- Candle making _____ 1.5hrs
- Soap making _____ 2hrs or 1day

Classes at Mohanam Campus

- **Cooking Class:** Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
 - 10am—12:30pm, every Saturday
- **Saree and Veshti Experience:** Choose a saree and veshti from a variety of beautiful sarees and veshtis in our library. Get your traditional south Indian look with help of our women's group members who will assist you to drape/ wear the saree & veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience.
 - 10am—4pm, Monday to Saturday

September month events @ Mohanam Campus

Event	Day	Time	Booking model
Mohanam Drum Circle	Every Thursday	5—6:30pm	Walk-in
Herbal chai with Dr. Loganathan	Every Saturday	4—6:30pm	Pre-booking required
Tamil Chanting with Mr. Anandou	Every Saturday	5—6:30pm	Pre-booking required
Nila Soru— Moonlight Dinner	17 September	6—8:30pm	Pre-booking required



Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville: tour, retreat space, camping, temple visit, ashram, Girivalam full moon experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

Auroville Bioregion Experience with Mohanam Team

Soul of Soil: opening the gateway to the village program for August, conscious and cultural tour, Auroville bio-region hub for art, craft and culture to bridge and promote local Tamil culture: touch, ride, feel, taste, hear, discover, experience

- Village Tour _____ 3hrs
- Munnur & Perumukkal visit _____ 6hrs
- Salt Dune & Kaluveli Tank Visit _____ 6hrs
- Bio-region Village Temple Tour _____ 6hrs (Irumbai Shiva Temple & Panchavadi Hanuman Temple)
- Navagraha Temple visit _____ 3hrs (Moratandi Navagraha Temple & Prithyangara Temple)
- Wood Fossil Visit and Quarry Shower _____ 6hrs

Volunteers Invitation

Join the Mohanam Team—Make a lasting impact!

Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis!

- We're looking for individuals with skills in:

Facilitation and training, Written Documentation and Filing, Administration, Accounting, Teaching kindergarten children, WordPress Website Management, Newsletter Creation, Film Making, Canva Designing, Digital Marketing and Promotion, Physical Marketing and Promotion, Fund-raising and Grant Writing, Program Coordination, Kitchen Management, Campus Logistics and Maintenance, Team building and leadership, Content Writing—blogs, social media posts, program descriptions, etc. Social media handling—Instagram, Facebook, Youtube and LinkedIn

- **Volunteering Duration**

- Short term volunteers: Minimum 3 months
- Long term volunteers: Minimum 6-12 months

- **Language you must know:** English

- Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi

- **Campus Timings:** 8:30am—5pm

- **Working Days:** Monday to Saturday. We might require you to be there on Sunday in case of special programs/ events.

Do you share our passion for empowering village children, youth, artists, artisans and girls, while appreciating Tamil culture? Yes! We invite you to contribute your expertise and make a real difference in our community.

- **Benefits of Volunteering with Mohanam:** Be part of a meaningful cause, help fulfil Mother's vision of bridging Auroville and villagers, gain valuable experience and develop new skills, work in a supportive and collaborative environment, campus lunch and beverages



- **Ready to join us?** [Submit your application through this link](#) or scan the qr code and submit your application.

Let's build a brighter future together!

- For more information, contact us: mohanamprogram@auroville.org.in, 8300949079, 04132190757, 04132622667

Submitted by Balu

EGAI

+91 9159468946, egai@auroville.org.in

UTAVI

Empowering communities

Egai Vēlai

Infrastructure support to space deficient community and village artisans and craftsmen

Egai Kaivinaḷai

Assisting craftsmen of varied skill sets via materials and tools to offer workshops for the traveler community

Egai Kalai

Conscious intent for youth of all needs to learn a skill to build their future "Dream" of Self Determination



Coconut Shell Workshop

Embark on a crafting journey with coconut shells



Incense Workshop

Come and make your own Agarbatties.



Toys Workshop

Craft toys made of wood and bamboo



Finger Painting Workshop

Tap into your inner child learn how to paint with your finger

Visit our store at Auromode

Music Box

Custom Made with multiple coconut shell instruments

About Us

Enlight is an endeavour by youth who have grown up within the consciousness of Auroville—a place of continuous harmony and spiritual awakening. Enlightenment in this journey is focused on creating awareness about responsible tourism and slow travel.



Explore Auroville

- **Crown Road Tour: Connect Four Zones**
10am—12:30pm, all days except Sunday

This tour educates the audience about the cultural consciousness of Auroville. The inspiring journey of the residents in their path of self-determination. Visit a wide range of units and activities which have coupled tradition and modernity.

- **Farm Tour: Organic Farming**
7am—9am, all days except Sunday

This tour, will not be your average comfort-holiday activity, instead, it will be a rewarding experience—both tangible and intangible. It can best be enjoyed slowly while cherishing the freshly grown fruits and vegetables. At the end of the tour, you also shop for other value-added farm produces like spices and organic personal care products.

- **Forest Walk: Experiencing Nature**
7—9am, all days except Sunday

Healing forest walks are meditative walks that we take in nature, either alone or in small groups. It is an effective way of finding calm and balance. Nature helps us in becoming free of negative thoughts that pull us down, and through the walks we find answers to difficult questions which brings clarity to our lives.

- **Cycle Tour: Ride within Auroville**
7—9am, all days except Sunday

Cycling through forest trails while listening to stories enhances the adventure, merging captivating narratives with the natural beauty around you. This fusion creates a uniquely immersive experience. It includes:

- Cycles for the Experience will be provided
- Storyteller for the Experience
- A small snack (Cookies/ Herbal Tea)

Bioregion Tour

- **10am—12:30pm, all days except Sunday**

Take a break from your city life and dig deep into the heart of rural villages around the Auroville, where a land of history and culture can be experienced.

- **Sri Mahakaleswarar Temple—Irumbai**

Did you know Auroville’s existence was predicted 1000 years before its creation by a great Rishi named Kaduveli Siddar in Irumbai, unlocking the secret with us. Manjaneeswarar Ayyanar Appan- Keezhputhupattu: Get to know one of the most famous Aynnar temple in Tamil Nadu which hold great legends.

- **The Great Canyon—Bommayarpalayam**

Discover the beauty of the naturally formed Canyon in Auroville.

- **The Bat Village—Kazhuperumpakkam**

A village that has not celebrated Diwali for decades to support their co-family members to live peacefully. The history behind the Bat village.

Workshops

Every day except Sunday (One day prior booking)

- **Pottery Workshop**

Join us for our Pottery workshops to experience working in clay and gain one-on-one instructions on how to create your piece. Enlightenment offers a natural and relaxed environment to immerse yourself in Pottery. Our workshops are focused on Pottery for beginners.



- **Instrument Making Workshop**

Introduction to uses of Instruments and how to make musical instruments like bamboo flute, bamboo scraper, rattles, bamboo whistle and bamboo tongue drum. “Make and Take”.

- **Stone Carving Workshop**

Introduction to uses of tools and materials, in this workshop, you will learn the making of statues with the stone. A basic method of carving any kind of statue.

- **Candle Making Workshop**

Dive into the art of candle making with our immersive workshop. Perfect for beginners and seasoned crafters alike, this hands-on experience will teach you how to create beautiful, aromatic candles from scratch.

- **Drumming Workshop**

Experience the rhythmic heartbeat of community and connection at our Drumming Circle. Whether you’re a seasoned drummer or a first-time participant, all are welcome to join in the joyous celebration of music and rhythm.

- **Cooking Class Workshop: South Indian Cuisine**

Complete your travel experience by learning the art of south Indian cuisine with native women. Learn to cook local native dishes using hand pound spices and earthen pots and pans.

- **Jam Making Workshop**

Making your own jam takes a little time, patience, and sticky fingers, but soon you’ll be rewarding yourself with jars of jam for days to come. Once you learn how to make jam, you can tweak it with a mixture of fruit and sugar to your liking

Wellness

Every day except Sunday (One day prior booking)

- **Music Therapy: Guided Relaxation**

Embark on a journey of the alignment of mind, body and soul by exploring alternative forms of healing. Experience the therapy powers of sound frequencies in your healing journey. You will experience a unique sound healing session in a uniquely healing place.

Around Auroville: Fossil Wood Park

Every day except Sunday (One day prior booking)

Thiruvakkarai (also spelled as Tiruvakkarai) is a village in the Vanur taluk of Viluppuram district of the Indian state of Tamil Nadu. Situated on the periphery of Auroville global township, it is the home of National Fossil Wood Park, Sandstone Canyon Stream and Chandramouleeswar temple.



- **To register: 9090819998 WA**

Arabinda

EARTH INSTITUTE
On-Campus Training Course

CSEB Intensive : 09th Sep - 14th Sep
AVD Intensive : 16th Sep - 21st Sep

We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning. Limited seats are available on a first-come, first-served basis.

Register now & join the clan!

- **Contact:** +91 9159225078/
0413 2623330/ 2623064
- Registrations are open:
<https://registration.earth-auroville.com/>

T. Ayyappan, Co-Director

Craft Activities

WELLNESS WOODCRAFT:
Auroville Activity

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects. Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests. Woodworking can also provide a sense of community and connection with other like-minded individuals.

Carpentry Workshop
(Wood Joinery)
Beginners Level

- Basics of wood & tools.
- Introduction & hands on practice of hand & power tools.
- Half-laps Joint.
- Bridle Joint.
- Motise & Tenon Joint.



Spoon Carving Workshop
Beginners Level

- Basics of wood & tools.
- Marking & cutting.
- Shaping with hand tools.
- Sanding & finishing.



Bowl & Plate Turning Workshop
Beginners Level

- Basics of wood, hand & power tools.
- Introduction & function of turning lathe & tools.
- Preparation of wood for slabs.
- Hands on practice of wood turning.



Advance booking is necessary

- DM to register: +91 9952589649
- wellneswoodcraft@auroville.org.in

Anand for Wellness Woodcraft

PAPER CRAFT WORKSHOP @ WELLPAPER, AUROVILLE

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.



- Contact Zeevic, +91 9385744722,
0413 2969722 Zeevic

Help Needed

SUPPORT FOR GIUSEPPE

We are in need of financial support to continue to pay for the people that give their time and energy to look after Giuseppe. The food costs are also above what is received from Auroville. Any smaller or bigger contribution is most welcome.

- For contributions you may use FS ac.102518 (Giuseppe).
- For additional information, contact +91 9489601312,
call or WA Shivaya and Enrica

THAMARAI LEARNING CENTRE

Needs Sports Equipment



Dear community, do you have any **weights/ dumbbells, kettle bells, medicine/ strength balls, resistance bands, punching bags and or gloves** etc that you are not using?

We could really make great use of these at the **Thamarai Learning Centre!**

To support our wellbeing activities with the children in our after-school and weekend programs, as well as for health programs with local youth and adults:

- Please contact us:
thamarai@auroville.org.in or +91 9566936746 WA
- Or maybe you would like to donate for us to directly purchase this needed equipment? If so, we welcome with gratitude any contribution to FS account number: **251633**

Carla, for the Thamarai Team

STUDIES:

Bachelor of Science in Nursing

Dear Auroville Community, I hope this message finds you well. We are writing to share some exciting news about our younger daughter, Catherine. She has recently been accepted into her first year of college, where she will be pursuing a Bachelor of Science in Nursing. This is a dream come true for her, as she has always been passionate about helping others and making a difference in the world.

As you can imagine, starting college brings both excitement and financial challenges. The cost of tuition, books, supplies, and other necessary expenses is significant, and we are committed to doing everything we can to support Catherine in achieving her goals. However, we are reaching out you all for assistance during this important time in her life. The Scholarship Fund of Auroville has no funds at the moment, therefore we request the community for help.

We are kindly asking for your support to help Catherine as she embarks on this journey. Your contribution, no matter the amount, will go directly towards her educational expenses and help ensure that she can focus on her studies without the added stress of financial concerns. She needs Rs.2.25 lakhs to pay for her first year of Bsc. Nursing urgently.

- If you would like to support Catherine, kindly transfer to her FS a/c **252137**. Your generosity will make a meaningful impact on her ability to succeed in her chosen field.

Thank you for considering our request and for being a part of Catherine's journey to becoming a nurse. We are deeply grateful for your kindness and support.

Rina Raju, FS 7094384870, Raju, Auroville Printers,
9443202786, raju@auroville.org.in

FUNDS NEEDED to repair a roof

Sathyaka, Last School's ama for more than 10 years, needs financial help for a roof which is broken. She has tried to fix it many times but with the monsoon coming soon and with the current rains it's essential for her to repair it for good.



The solution would be to install steel sheets to make it completely waterproof. But this comes to the cost of 47, 695rs with labor included. She can only afford to pay 10, 000rs and the school cannot help her much with the current financial situation of the schools in Auroville.

- If you're willing to help please contact this number (one of Last School teachers): +917598087947

Fanny

SUPPORT Public Transport In Auroville

Dear All, Accessible Auroville Public Bus service started in 2016 with help of an Italian donor, who contributed to purchase a public bus to Auroville, with the specific aim of creating a means of transportation for differently-abled individuals.



Since 2016, we have received good support from Aurovilians and Guests until the Covid pandemic started. The service was meant to be self-sustained by collecting contributions from the bus users to cover the running expenditure. We were supported by AVI Canada and well-wishers from Auroville to cover the yearly maintenance like Insurance, Fitness Certificate, Yearly Maintenance of the vehicle etc.

Since Covid-19, the users of the bus have reduced and it became hard to cover the running cost of the bus. Therefore, we often requested help from the community to support. We tried various options to increase the use of the bus but no real progress. Only during the season, the bus is filled with people. This shows that most Aurovilians are willing to use their individual vehicles to visit Pondicherry instead of using the public transport.

We do not get any financial support from BCC for our monthly running cost or yearly maintenance. We tried a few times to get support from BCC to encourage public transport in Auroville so as to avoid the steady increase of individual transport, taxis etc. It has not been accepted since 2016.

Therefore, we invite Aurovilians, Newcomers, Volunteers and Unit workers from Pondicherry to use this service to support the public transport in Auroville. The Service is provided from Monday to Saturday with 3 trips in a day between Auroville—Pondicherry—Auroville. While increasing the number of users, the service will be able to continue on its own without any financial crisis. So far, the service could function because financial gaps were generously covered by advance given by Auroville Vehicle Service & Aurocabs Taxi Service. But it can't continue as of now. Recently Aurocabs contributed new seats for the bus (which are yet to be fixed).

Financially, the bus service is in a bad debt of around 1.4 Lakhs (April—July 2024) as of now and the expense for the yearly maintenance of the vehicle is coming ahead in end of September, which will need around Rs.1, 06, 500 towards Fitness Certificate, Vehicle Painting, renewal of Insurance, replacement of tyres and other mechanical works.

Once again, we are seeking donations to keep the service going on. We request you to donate in our account no: 251675/ AV Accessible Bus.

Details of works to be done in end of September 2024:

- Re-Painting of Bus: Rs. 15,000
- Tinkering work: Rs. 13,000 (Body + flooring rear door)
- Tyres Replacement: Rs. 23,500 (2 Tyres)
- New seat fitments: Rs. 9,000 (14 seats)
- Renewal of Insurance: Rs. 30,500 (2024—2025)
- Mechanical works: Rs. 9,000
- Fitness Certificate: Rs. 6,500

Total: Rs.1,06,500

Let us join together to reduce the carbon footprint and the traffic around us. By supporting public transport, you could have a safe journey, reduce the carbon footprint and save money.

Raju, for Accessible Auroville Public Bus

Work Offering

EXPERIENCED TEACHER SEEKING POSITION

Kalaivani from Bommayapalayam village is a dedicated and qualified Tamil teacher with 4 years of teaching experience seeking a challenging role. She holds a Master's degree in Tamil and an B.Ed qualification, demonstrating her commitment to the Tamil language and education.

With a proven track record of engaging students and delivering effective lessons, Kalaivani is eager to contribute her expertise to a dynamic educational environment.

- **Key Qualifications:** M.A. in Tamil, B.Ed, 4 years of teaching experience, strong command of the Tamil language
- **Excellent** communication and interpersonal skills

If you are seeking a passionate and skilled Tamil teacher, please contact Kalaivani at 70948 42105, 7904210690

Submitted by Giri

Available

Office Spaces Available: Aurelec

A well protected 47sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco) and canteen facilities.



Conveniently located office room (around 50 sqm.) inside Aurelec premises will be available from 1 August 2024, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in
Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Interested people may contact Mr. Pandian at Auromode in person, +91 99433 90391 or pandian@auroville.org.in



Pandian

Looking For

Looking for a Housekeeper for Half Day

Working hour would be from 8:30—12:30, 5—6 days. Work is watering garden, cleaning, making vegetables juices. We require an Amma who can understand english. Place of work is in the residential area. If interested please call Kay 943368410.



Krishna

Looking for a Full Time Gardener

We are looking for a full time gardener in Aurogreen. Our previous gardener, addicted to alcohol, cannot work anymore. We have another full time gardener but need two full time gardeners every day. Please call or WA Tine, 9843984181.



Tine

Looking for Housekeeping or Cooking Job

Dhanalakshmi, age 40, is looking for housekeeping or cooking job. She is looking for a full time job.

Work experience: 5 years worked in green guest house as cook and 2 years worked in Panism guest house also as a cook. Pls call 8870851894.

Submitted by Tine

Lost and Found

Camera Lens Lost

This is Aneesha from Chennai. We visited Auroville on August 27 and 28. We stayed in Swagatham on the 27th night. During our trip we lost our camera lens (canon 75-300mm telescopic lens) around 5:30pm on 27 August.



9566768439, Aneesha

Taxi Share

To Chennai Airport, Saturday, 7 September, 7am

I'm looking to share a ride from Auroville to Chennai airport on Saturday, 7 September at 7am. Join me and let's both save some money!

Brian Gygi, 8489440851,
nairbigyg@gmail.com

To Chennai Airport, Tuesday, 10 September, 3pm

Looking to share a taxi from Auroville to Chennai airport evening on Tuesday, 10 September. My flight is 11:30pm Please send me a message if you would like to share.



Ivana.frousova@yahoo.co.uk, Ivana

Work Opportunities

HUMAN RESOURCE TEAM will help you find a Job

Dear Residents, kindly reach out to the Human Resource Team if you are looking for a job or if you are in need to hire someone. Please contact hr-bcc@auroville.org.in or pass by our office at BCC.

Suresh and Raja for Human Resource Team

KINDERGARTEN HEAD

@ Mohanam

Join our team at Mohanam, Auroville, as a dedicated Kindergarten Head. We're seeking a passionate educator to lead our thriving kindergarten program.



MOHANAM PROGRAM

- **Responsibilities:** Curate current curricular, Manage teachers, Ensure student well-being, Manage resources, Collaborate with parents, Report and documentation
- **Qualifications:** Master's degree in early childhood education or B.Ed, 3+ years experience, Strong leadership, communication, and organization skills, Passion for child development.
- **Apply now:** mohanameducation@auroville.org.in

Balu for Mohanam

VACANCY AT TO BE TWO Auromode

Job Profile

- Part time job
- Content creation for Instagram and Facebook.
- Website Promotion.
- Managing our social media.

If interested please email tobetwo@auroville.org.in

Pavithra

AUROVILLE INSTITUTE of Applied Technology College

AIAT-College is looking for Assistant professors in English and Hindi

- **Min. qualification is a Masters degree in either English or Hindi or both.**

Please contact Lavkamad

- principal.aiat@auroville.org.in
- phone 9443238303



Lavkamad

Honorary Voluntary

AuroOrchard

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

MONDAY to SATURDAY 7AM TO 9AM and/or 9:30AM TO 12PM

EMAIL: auroorchard@auroville.org.in
WHATSAPP: 9566631079 (Nidhin)

Nidhin
for AuroOrchard team

GAU SEVA

at Sadhana Forest!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

KUILAI CREATIVE CENTER

Seeks Volunteers

We are looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English:
 - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.



Kindly contact: kuilaicreativecentre@auroville.org.in or call us 8608473385

Selva for KCC

FARM SERVICE IS LOOKING FOR VOLUNTEERS

Mondays at 10:30am, for an interview

@ Bhumika Hall, Bharat Nivas

Dear Friends, The Farm Service is looking for volunteers to serve in the farming sector. Interested candidates (Aurovilians) may come to the Bhumika Hall (Bharat Nivas) on Mondays at 10:30am for an interview.

Submitted by Gino

INSIDE AUROVILLE

Offers consulting services voluntarily in gratis (Pro Bono) for the below areas only to registered units/ activities who/ which do not have a qualified and experienced in-house resource.

Focus:

- **Startups:** Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details:

Surajkiran, 9884204918 (Voice and WA),
surajkiranv@gmail.com

Balaji

Foods, Goods & Services

NATURELLEMENT GARDEN CAFÉ IS OPEN

9am—7pm

Dear friends, Naturellement Garden Café is open for its regular hours 9am to 7pm. You are again welcome for an early dinner! Last orders taken at 7 sharp, but you can then stay on at your leisure.



Chitra for Naturellement Garden Café team

THE SPROUT



Closed for Ganesh Chaturthi

- The Sprout will be closed this Saturday, 7 September, in celebration of Ganesh Chaturthi

Enjoy the Essence of The Sprout



- Monday—Saturday, 7am—4pm
- UTSAV, Verite, Radial, Auroville

Enjoy the essence of The Sprout in Auroville, where Vegetarian Mediterranean cuisine meets modern and healthy dining in a cozy and relaxed atmosphere.

At The Sprout you will enjoy a vegetarian menu with vegan options, with every dish meticulously crafted from scratch each day.

Our menu is designed to be delicious, healthy, and fun. We blend flavors, textures, and concepts to bring you a new dining experience every day. Plus, every bite leaves you feeling fantastic!

We invite you to savor not only our food but also the welcoming atmosphere and exceptional experience at The Sprout, where premium service is delivered with genuine hospitality. Enjoy!

www.thesprout.in, Monica

PATHWAY CAFE

Bharat Nivas Pathway Cafe is happy to invite you to come and try our healthy and clean food at a very reasonable price and with a 20% discount for Aurovilians and newcomers and volunteers.



The menu includes sandwiches, Burger, Vada Pau, Bread omelet, with a variety rice and air fried French fries besides the juices and Lassi.

One can get a full lunch within Rs 100. Please come and try and encourage us. **Aravind, Bharat Nivas Team**

GOYO KOREAN SILENT RESTAURANT

Lunch: Tuesday & Friday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

@ Luminosity Auroville



- Please book for lunch/ tea ceremony minimum a day before: +919489693809, goyo@auroville.org.in

Won Ja for Taste of Korea

SUDHA'S KITCHEN

We are open from Monday—Saturday, 8am—9pm

We are open after the summer break and serving Mediterranean Cuisine for breakfast, lunch and dinner.

We are warmly welcoming you to join us and taste our fresh and delicious food.

You can find more about us on:

- Instagram @Sudhaskitchenav & Dropzy app.
- Contact number: +0413 3509884, +91 7094358547
- E-mail ID: sudhaskitchen14@gmail.com



Submitted by Sudha

ANITYA: COMMUNITY LUNCH 12:30 on Thursdays and Saturdays



Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

- Contribution required, (discount for AV/ NC & Volunteers)
- See you at 12:30 on Thursdays and Saturdays in our community kitchen!
Nikethana for the Anitya team

LIVELY DISCOUNT

8:30am to 5pm, Opposite Ganesh Bakery

We are having a summer discount sale at a Lively. Discount on all kinds of clothing. Available to visit us from 8:30am to 5pm.



Rajavani for Lively Team

HIVE'S OPEN HOUSE

6 September, Friday, 9am—5pm

Dear Community, join us at Hive's Open House. Step into the world of unmatched productivity and limitless possibilities with lightning-fast Internet and Coffee—All for Free.

- Visit our website www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: +91 7092197375 WA/ +91 9042759540 WA

See you on Friday!



Dhesh for HIVE Coworking Space Team

REDUCED-PRICE MAROMA PRODUCTS for all Aurovilians in the Outlet Store



Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is:

- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

See you there!

Jesse for The Maroma Team

ANNAPURNA FARM BASKETS



Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly. Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

FOODLINK MARKET OPEN EVERY DAY

Monday—Saturday, 9:30am—12:30pm

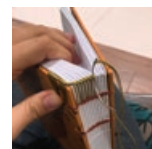
We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- For more info, call/ WA +91 83002 68804 or pass by.

Foodlink Team, Isabelle
[FoodLink basket order form here](#)

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.



8940648542, Michel

INTEGRAL HARMONY FARM

Now Offers Charcoal

Our team at the Integral Harmony Farm is thrilled to announce the completion of our new charcoal kiln. We are excited to offer our top-end charcoal at low prices. We now offer two types of charcoal for sale: Grade One and Grade Two.



Grade One charcoal is of the highest quality, distinguished by its silvery tone and exceptional properties. This versatile charcoal is suitable for a variety of technical applications: grilling and barbecuing, smelting processes and metal-working in industry, water and air purification specialist gardening applications, such as cultivating orchids, health and beauty products, serving as a natural detoxifier in skin care treatments and teeth-whitening solutions.

Grade Two charcoal is meant for agricultural purposes. Farmers and gardeners can significantly improve their yields and soil health by incorporating Grade Two charcoal into the soil.

- We now offer **Grade One charcoal** at Rs.40 a kilo and **Grade Two charcoal** at Rs.30 a kilo.
- We provide our charcoal in convenient **2-kilo and 5-kilo** bags, which are available for pickup
 - at the Botanical Garden (open from 9am to 5pm),
 - PTPS (open from 8am to 6pm), or our farm (open from 9 to noon and then 2 to 4 in the afternoon.)
- We also have **10 kilo bags** available for pickup from our farm for those needing larger quantities, although these must be ordered in advance.

Write to us, and we will prepare a bag for you. Additionally, we can accommodate higher quantity orders, but please be ready for a potential wait due to high demand. Beyond individual sales, we proudly offer regular deliveries to other farms and forests.

- Contact Velmurugan at +91 9751468504 or integralharmonyfarm@auroville.org.in

*For Integral Harmony Farm,
Pranav and Velmurugan*



Is Extending Our Working Hours

Dear Community Members, greetings from ITS (Integrated Transport Service). We are happy to inform you that ITS is extending our working hours to better support the community.

- **Our previous working hours** were from 8:30am—5pm.
- **The new working hours** will be from 8:30am—7pm, effective from 1 September, 2024.

To book a E-van or E-auto, please contact us

- +91 8098776644/ +91 9442566256 **Rajesh I.T.S**



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

*Lakshmi
for UTS Transport Service Team*

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in
Rajesh.D for Shared Transport Service

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418 for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

ECO FEMME

Open House every Thursday, 10:30am

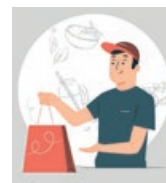
Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!



Mila

DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/ stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- **Download link as shown below:**

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

*Sathish Arumugam for Dropzy,
+91 8098144686, www.dropzy.in*

INSIDE INDIA TRAVEL NEWS

Tuesday, September 3, 2024

Namaste, Bonjour, Hello, and Vanakkam from the heart of travel—Inside India!

We're here to turn your travel dreams into reality, making every journey as seamless as a gentle breeze. Whether you're uncovering the secrets of India or chasing adventures across the globe, we've got your back. From flight, train, and bus tickets to travel insurance, visas, and taxis—we handle it all with a touch of magic. Need a passport renewal? Consider it done!



Office Hours & Contact Information

- **Location:** Kalpana Office
- **Hours:** 10am—5pm (Monday to Friday)
- **Contact:** Mr. Ganesh is ready to assist you at 2623030 (Landline) or +91 98945 98686 (Mobile/WhatsApp)
- **Email:** travelshop@inside-india.com

Exclusive Offers

- **Emirates**—from Chennai to Lyon, Paris,
- **Oman airways**—From Chennai to London, Cairo
- **Etiihad airways**— from Chennai to Paris, Frankfurt, London, Lisbon, Barcelona, Brussels, Munich, Amsterdam, Madrid, Milan, Rome, Dublin.
- **Thai airways**—from Chennai to Seoul.
- **Air India**—from Chennai to Paris, London, Milan, Nairobi.
- **Qatar airways**—from Chennai to Frankfurt, London, Brussels, Munich, Lyon, Milan.
- **Aeroflot**—from Delhi—Moscow—Delhi.

Important Travel Tips

- **Sri Lanka:** The Supreme Court has paused the new e-Visa system as of August 2, 2024. If you applied after this date, your refund is on its way.
- **Cambodia:** Starting July 1, 2024, all travelers must submit an e-Arrival card online at least seven days before arriving. This digital card streamlines your entry by combining immigration, health, and customs forms into one smooth process.
- **India-Thailand:** Thai citizens rejoice! The Indian government has waived the e-Tourist visa fee from July 1 to December 31, 2024. Enjoy up to 30 days of exploration in India with double entry—just don't forget to apply for your visa beforehand.
- **Schengen Visa Notice** for West & South India:
Planning a family trip to Europe? If you're applying for a Schengen visa in West or South India, just one parent needs to book an appointment slot, and the whole family can join in. Don't forget to bring your passports, birth certificates, or marriage certificates to verify your family ties.

Additional Travel Advisory

Some travelers have faced challenges with e-FRRO Stay Visas during check-in, resulting in denied boarding. We recommend carrying your original visa or a photocopy to avoid any issues.

Stay on top of flight delays, cancellations, and the latest COVID-19 guidelines with the newest advisories.

A heartfelt thank you to everyone who continues to trust us with your travel plans. Here's to an amazing week of adventures!

Olivier
for Inside India Travel Team

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



Contact us for all your procurement needs:

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: Iyyappan

Let's simplify and optimize your sourcing process together!
Iyyappan, Surabhi Supplies

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in **Utsav Complex**. And we would always like to provide you with fast and reliable service.



Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec.

If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in
newwavesauroville@gmail.com



- **Office open afternoons only**
Monday to Saturday, 2—5pm

Dhanda

RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, DTH, Security Camera
Electrical Works	Wiring & Meter box, Lights, Switches & Sockets, Motion sensor.

- **Contact:** + 91 8270071581/ +91 7639810621
- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1 *Balaji & Arun*

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service



Please contact **Ranjith**, Aurovilian:
8610997059, subramani13@auroville.org.in. **Ranjith**

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi. Please book sessions in advance.

- **Monday to Saturday, 10am—5pm @ Creativity.**

Thai Massage: Monday—Saturday, 9am—5pm.

To book massage sessions or for more information, please contact me personally.

Tailoring: We can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- **Contact:** Phone/ WA 8098845200, rupavathijoy@gmail.com

Rupavathi Joy

Poetry

SURVIVING A STROKE

*You stop my guitar
paralyzing my hand
and ask me to walk
with a leg immobile.*

*You ask me to walk
like a child who learns,
taking step after step
on a challenging ground*

*You asked me all this
when I'm so unprepared
to teach me perhaps
a tough lesson of life.*

*Now I ask your help
to face the mountain ahead
where I need to climb
to breeze a new air.*

Jivatman

TO MYSELF

*Sometimes I need to write a poem,
a short one, just a few lines,
and I'm done.*

*Sometimes I feel weak,
and sometimes I feel strong.
And I want to live with that.*

*To stop the fight within myself.
To love.*

Ivana

HE TALKS ABOUT

*He talks about
Being an introvert.
Words flow...
Cannot stop.*

*With joyful Gratitude,
Anandi Z.*

OR IT'S BETTER TO HAVE GONE

This week we share the poem by an Aurovilian that was posted on Auroville Connect on 12 August. It was rapidly translated into French & Tamil by friends, then set to music and then [made into a video](#).

Here is the full poem in the original English version:

*We came as seekers, hearts aflame,
To serve a vision, a Divine game.
A City of Dawn, with hope ignited,
For love and purity, with hearts united.
To evolve consciously as a human art,
Heal the world, and give it a new start.
With arms open and spirits free,
We pledged to serve whole humanity.
Better to have gone, if this be the way,
To hinder the Dream, day by day.
To cling to the past, with a fearful heart,
And tear the community apart.
Let those with vision and selfless grace,
Build a better future in this sacred space.
Once a beacon, the spirit is a fading light,
As shadows of ego clash and claim their right.
Promises broken, words and trust betrayed,
As power-hungry swords have swayed.
A sanctuary turned to a market place,
Where wealth and status dictate the pace.
A Dream deferred, with hope in decline,
Shadows creep, where light should shine.
Better to have gone, if this be the way,
To hinder the Dream, day by day.
To cling to the past, with a fearful heart,
And tear the community apart.
Let those with vision and selfless grace,
Build a better future in this sacred space.
A laboratory of peace, we sought to create,
But divisions deepen, fueled by hate.
A fortress mentality, stalls a narrow mind,
And regresses a noble design behind.
Oh, let us break free from this heavy chain,
And find our way back to love again.
Let's banish fear, and doubt dispel,
For Auroville's Future, let love dwell.
Or, it's better to have gone, if this be the way,
To hinder the Dream, day by day.
To cling to the past, with a fearful heart,
And tear the community apart.
Let those with vision and selfless grace,
Build a better future in this sacred space.*

- To join the [Auroville Connect WA group](#) use the link.

Anu

MY LADY CAN SLEEP

My lady can sleep
 Upon a handkerchief
 Or if it be Fall
 Upon a fallen leaf.
 I have seen the hunters
 kneel before her hem
 Even in her sleep
 She turns away from them.
 The only gift they offer
 Is their abiding grief
 I pull out my pockets
 For a handkerchief or leaf.

Leonard Cohen

AT THE END

At the end
 blue.
 after green
 and wind
 Butterflies dancing.

Anandi ayun

Voices & Notes

HELIOtropISM

In Latin, sol means sun. Solar kitchen is a sunny kitchen. In Greek the sun is helios. Scientific name of sunflowers is helianthus. For biologists, heliotropism is movement to sun (positive heliotropism—for example, plants) or from sun (negative heliotropism—for example, owls, bats, termites).



Usually, termites are active at night time or under cover. But in monsoon it is possible to see flying termites in light time. In August for five nights in Auroville was stormy and rainy weather (8—12 August). The night before 13 August wasn't raining. There were flying termites en masse on this cloudy morning. Sometimes people name termites "flying ants". But termites and ants are not relative, they had convergent evolution. Termites are more ancient than ants. In ecosystems termites play a very important role, they transform old organic matter. There are 2000 species of termites in the world, 270—in India.

Boris

TO THE HERO WARRIORS OF THE DIVINE

But Savitri answered to the radiant God:

*"In vain thou temptst with solitary bliss
 Two spirits saved out of a suffering world;
 My soul and his indissolubly linked
 In the one task for which our lives were born,
 To raise the world to God in deathless Light,
 To bring God down to the world on earth we came,
 To change the earthly life to life divine.
 I keep my will to save the world and man;
 Even the charm of thy alluring voice,
 O blissful Godhead, cannot seize and snare.
 I sacrifice not earth to happier worlds."*

Sri Aurobindo, Savitri¹, Book XI Canto I

<https://incarnatword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

¹ The Mother

The Victory over Death

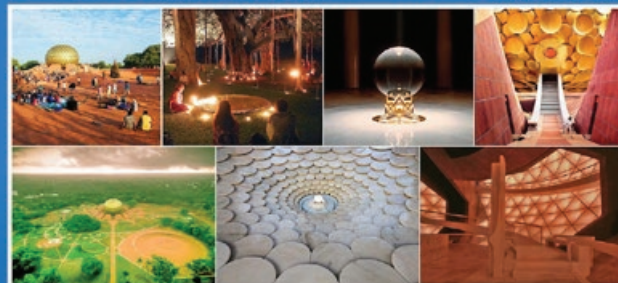
<https://motherandsriaurobindo.in/The-Mother/meditations-on-savitri/book-10-canto-4/>

Circa August 2024

We continue on towards the Life Divine...

To consciously participate, please scan the QR Code on the flyer or click the following link:

- <https://change.org/trueaurovilians>



A Public Declaration as True Aurovilians

The Online Global Petition is now LIVE!

Please scan the QR Code to view and support:



In the Sunlit Path of Bhakti
 we offer ALL to the
 Supreme Divine Mother MahaShakti
 for harmonious transformation

Zech, 2024.08.27

SRI AUROBINDO'S COMPASSION

Portulaca Grandiflora

I always saw him with a perfectly peaceful and smiling face, and above all, the dominant expression was compassion. That was what predominated in his appearance. An expression of compassion so ... so peaceful, so tranquil, oh, magnificent.

The Mother, Agenda 1965

Q: Why is the flower symbolizing your compassion so delicate and why does it wither away so soon?

A: No, compassion does not wither with its symbol—flowers are the moment's representations of things that are in themselves eternal.

Sri Aurobindo, 9-8-1936, SABCL 26, On Himself

Sri Aurobindo's compassion is always there to help you, but some effort is needed from your side also.

The Mother, CWM, 15

There are some rare individuals, born without a psychic being who are wicked; but they are very rare. For everyone there is always hope; even those who imagine that they are very strong in being wicked, even for them, there is a hope; it can awaken suddenly. But that's not what people think. What people think is, it's when you have no sentimental weakness

and vital emotion that people tell you, “You have a dried-up heart.” But that’s their opinion, it’s not a truth. A dried-up heart would be someone incapable of having any compassion; it is very rare. Even in people who had the reputation of being the most wicked there was always a small corner of their being open to compassion. At times it was ridiculously small, but it was there.

The Mother, CWM, 27 July 1955



With weakness and selfishness, however spiritual in their guise or trend, he [a sadhak of Integral Yoga] can have no dealings; a divine strength and courage and a divine compassion and helpfulness are the very stuff of that which he would be, they are that very nature of the Divine which he would take upon himself as a robe of spiritual light and beauty.

Sri Aurobindo, SABCL, The Synthesis of Yoga

The truth of Sri Aurobindo is a truth of love and light and mercy. He is good and great and compassionate and Divine. And it is He who will have the final victory.

The Mother, CWM, 15
Paulette

Classes, Workshops & Healing Arts

MOVING FORWARD

Moving Forward
with the vision, our life-purpose

In this workshop, you will:

- Explore your core values and what truly matters to you.
- Define your personal vision and mission statements.
- Learn how to set clear, actionable steps to bring your vision to life.

When : September 7, 8. (Sat, Sun) 9:30-4:30pm
Where : Tibetan Pavilion
With : Vega (8531012459)
Dancing Tree, under Hospitality Trust, Auroville

Discover Your Vision, Mission, and Life Purpose with Non-violent Communication! Are you ready to connect with your deeper purpose and live a life that truly aligns with your values? Join our upcoming workshop on the vision, Mission, and Life Purpose based on the principles of Non-violent Communication (NVC).

This workshop will be helpful for anyone seeking greater clarity and direction in life.

Whether you’re at a crossroads or simply looking to deepen your understanding of yourself, this workshop can support you with creating a life that resonates with your authentic self.

- **Date:** 7, 8 September (Saturday, Sunday), 9:30—4:30pm
- **Location:** Tibetan Pavilion, Auroville
- **Enquiry:** 8531012459
- **Registration:** <https://shorturl.at/7Hwh3>

Submitted by Vega

MIKSANG

A Mindful Photo Walk

Saturday, 14 September, 8—9:45am

Miksang means ‘Good Eye’ in Tibetan. It is a form of contemplative, mindful photography. The focus is not on technique, but discovering a moment of fresh, direct perception where the world stops us out of the blue and wakes us up to something deep and true.



In the practice of Miksang direct perception is paramount. When our eye, mind and heart are together in a single moment—seeing, appreciating, comprehending, expressing, sharing—that is all there is.

This meditative practice can help you open to the present moment, meet the world as it is, and let the ordinary magic of the world erupt in front of you.

- No prior experience (of anything) is needed. All you need is something to take photos with.
- The session will be led by Helen—a mindfulness teacher with a passion for Miksang.
- **For details and booking** message Helen on 7094753054 or visit innersightav.org Helen

ANGAM TREE WELLNESS HUT



Massage Therapist Development Program

This program is a scholarship based platform for the youth. Student Massage Therapists to learn more about the science and craft of therapy via research and becoming a more evidence-based practitioner. This is an opportunity for us to create better outcomes in our practice and generational continuity of our knowledge and skills.

- **Donate**
 - Contact: Raja +91 97513 95939
 - <https://auroville.org/page/angam-tree>
 - <https://auroville.org/page/donate-from-india>
- Angamtree, Raja Narayanasamy
+91 9751395939, www.angamtree.com



Therapeutic Ayurvedic Massage

Traditional acupressure and deep tissue varma points healing



Sound Bath Meditation

Positive musical psychotherapy using Visualization, Breathing



Massage Therapy Class

Learn the native ancient medicine science of Siddha Varma Kalai

KUNDALINI YOGA

Starting September 12

Thursdays, 5—6:30pm @ Hall of light, Creativity

Kundalini Yoga is a dynamic and powerful practice designed to enhance your physical, mental, and emotional health. It purifies your electromagnetic field as well as your nadis. By the end of the session, you will feel more spacious, calm, and joyful. To achieve these benefits, Kundalini Yoga combines Asanas, Pranayamas, Mudras, and Mantras.



- All levels, come 5 minutes before, bring your own mat. On Contribution.
- Contact: Bel, 7598892065 WA, certified Kundalini Yoga teacher.

Bel

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

- For more details see www.innersightav.org or contact Kardash on 9940934875 WA.

Kardash

AUROMODE YOGA SPACE

Aurrothaima—Hospitality Trust

September 2024 Schedule

Registration a must for all the programs. Email or WA us to know about the fee structure and other details.

balaganesh.siva@gmail.com,

+91 9892699804 WA

Vinyasa Flow Yoga with Bala—August 2024

Traditional yoga practices are characterized by discipline, and Bala believes in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

Friday, Saturday & Sunday
Time - 5:30 pm to 7:00 pm

Registration must

Please WA to know information about cost and other details

Auromode Yoga Space

Email - balaganesh.siva@gmail.com WA +9198926 99804



September 2024 Schedule

Day	Time	Description
All days of the week, (Monday to Sunday)	5:30—6:45pm	Vinyasa flow Yoga by Arun

[Find our Yoga Shala](#)

[Auromode Apartments](#), 0413 2622224

Submitted by Bala

WORLD FOREST THERAPY DAY

7 & 8 September 2024

@ Revelation Forest (Mahakali Park)

Wellness in tune with Nature

- Saturday, 7 September

On the occasion of World Forest Therapy Day celebrated on 7 September, Revelation Forest (Mahakali Park) will be hosting a series of Nature based Wellness and Mindfulness Activities. Spend half a day in Revelation Forest in Auroville, experience true wellbeing at all levels with us!

Register in link: <https://bit.ly/Wellnessintunewithnature>

Facilitators:

- **Aashish Amalraj**—Forest Bathing Guide, Heal Your Life® Coach, Daily SHOTT Facilitator, +91 8939712507
- **Dr Saravanan**—Holistic Health & Wellness Expert, +91 9486909586
- **Prashanth**—Holistic Fitness Practitioner, Calisthenics Specialist, +91 8870643313

Introduction to Shamanic Journey with Auromira

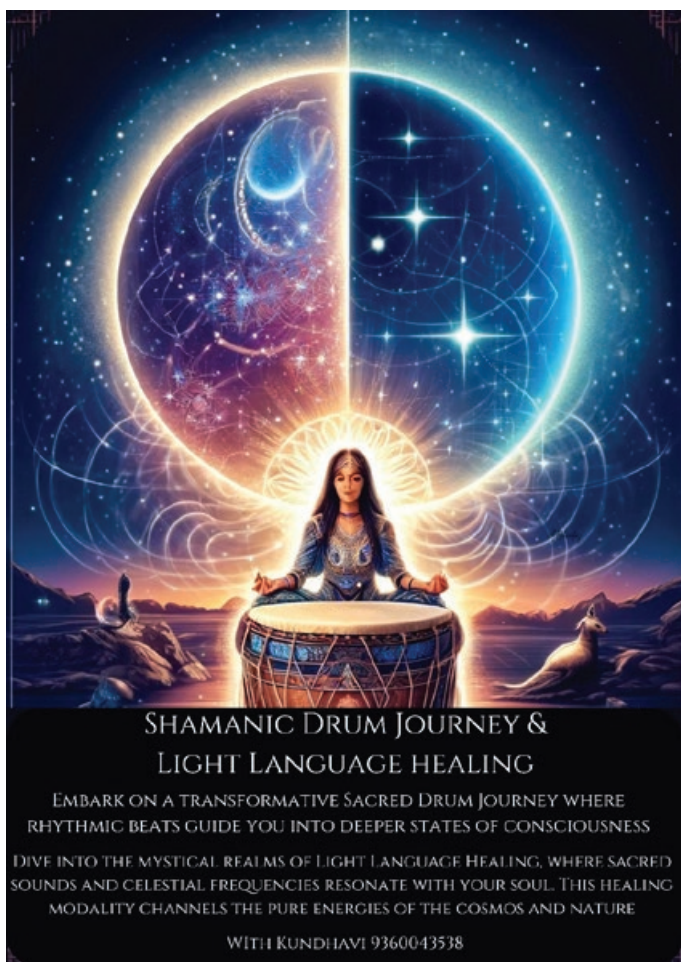
- Sunday, 8 September, 8—11am

Learn the ancient technique of shamanic journeying to connect with the unseen realms of Nature using a therapeutic live drum beat. Benefits include feeling deeply relaxed, connected and having a sense of wellbeing. No prior experience is needed.

- RSVP is a must, places are limited.
- Contact **Auromira**, +919489863188

Drum Journey at Revelation Forest

• 8 September, Sunday, 3:30—5pm



Embark on a transformative journey into the mystical realms of your soul! Shamanic drumming and light language will transport you to higher dimensions, releasing deep-seated blocks and igniting profound healing. As you soar to new vibrational heights, your body and soul will harmonize in perfect symphony.

- Join **Kundhavi Devi**, a gifted Shaman, Clairvoyant energy healer, Light language channel, Animal whisperer, Access consciousness healing practitioner
Kundhavi embodies the energy of pure love, dedicated to empowering humanity to realize their full potential and co-create the New Earth.
- Book your appointment now and experience the release of all energetic blocks and activate all the much needed new pathways in life: +919360043538, Kundhavi Devi

Submitted by Arun

MINDFUL MONDAY

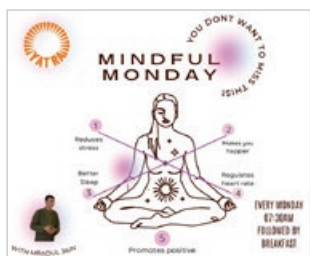
Every Monday, 7:30am, followed by breakfast

You don't want to miss this! Learn how a unique Japanese scientific meditation blended with ancient wisdom... That can change your life! Reduces stress, better sleep, makes you happier, regulates heart rate, promotes positive mood.

Book your spot now: Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kulapalayam

- 0413 2623071, +91 9751033162

Yatra Srinivassan



NEW TIME

Regeneration Listening Circle:

Learn the ways of Silence and how to utilize its Power
Saturday at 4:30 pm



Baby Watsu® Class with Appie & Friederike

• Monday, 9 & 23 September, 9:30—11am

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.



You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

- Please bring towels and a closing swimming pant for your baby. For babies between 2 and 12 months with their parents.

WOGA® (Yoga in Water) Class with Friederike & Tamara

• Friday, 13 & Monday, 30 September, 4:30—6pm

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.



- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu® Yoga Round with Ellie & Roberto or Fred

• Saturday, 14 & Sunday, 29 September, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being. While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being; body and mind become free to dance!



- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu® & OBA Basic with Fred

• **Tuesday, 17—Sunday, 22 September, 1—6:30pm, 31h**
 Watsu and OBA (Oceanic Bodywork Aqua) are bodywork and therapy modalities given in a warm water pool. In this course, you'll learn Watsu's basic sequence and techniques to work with someone on the surface. During the OBA Basic, you'll get acquainted with bringing your receiver under water (with a nose clip), thereby offering a unique experience.



In this beginner's course, you'll practise basic techniques and qualities such as grounding, presence, stillness, movement, and attention while moving another person in water. You'll experience floating others and being floated, both on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit. This course offers an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas—ultimately, for freeing body and mind.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu® 1 TF (Transition Flow) Basic with Darya

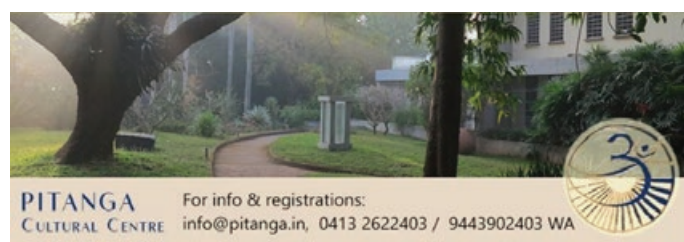
• **24—28 September, 8:45am—60pm, 34 hours**

In this follow-up course, you will be taught to connect the movements and positions you've learned in Watsu Basic with long, gracefully flowing transitions and to adapt your work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible. On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others. By attending this course, you'll have completed the first level of Watsu's 3-tier training program.



- **Prerequisites:** Watsu Basic

Guido for Quiet, +91 9488084966,
www.quiethalingcenter.info/
quiet@auroville.org.in



Program, September 2024

Holiday closure on Saturday, 7 September

Youth Activities

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

- **Asanas for Teenagers with Lisbeth**
 Mondays, Wednesdays, 4—5:15pm

These classes are for the teenagers from AV schools. It is still possible to join the course as there is some space in one of the classes. The student can come and try out, then see with the teacher.

You'll be added to the TeenYoga app for communication.

- **Yoga for children, from 9 yrs. +, with Gala**
 Saturdays 10—11am
- **Energy Games for children, 9 yrs. +, with Gala**
 Saturdays 11am—12pm

Classes—By Prior Registration

- **Art Therapy with Gala**
 Thursdays, 3—5pm for adults
 Fridays, 3—5pm for families
- **ATB Exploration with Isora, and teachers in training Rosario and Teresa**
 Thursdays, 5:30—6:45pm
 Prior registration required.

Awareness Through the Body aims to provide tools for individuals to expand their consciousness, explore the different planes of their being and discover their inner selves in a joyful space. Please book your place with Pitanga beforehand.

Healing Space—By Appointment

- **Acupuncture** by Heidi
- **Shiatsu** by Patricia G.
- **Syntropy Insight Bodywork** with Véronique D.
- **Thai Yoga Massage** by Juan

Drop-In Classes

Join without prior registration!

Mondays	7:30—9am, Asanas mixed level with Rachel
	8:30—10am, Yoga Therapy with Gala
	4—5pm, Doing No-Thing Consciously with Mike
	5:30—6:45pm, Vinyasa Flow Yoga with Dinagar
Tuesdays	7:30—8:45am, Self Practice with Rachel
	7:30—8:45am, Ojasana Hatha-Nada Yoga with Ojas
	5:30—7pm, KoTree Yoga with Grace Gitadelila
Wednesdays	7:30—9am, Asanas mixed level with Rachel
	8:30—10am, Yoga Therapy with Gala
	5:30—6:45pm, Vinyasa Flow Yoga with Dinagar
Thursdays	4:30—5:30pm, Aviva Exercise with Suriyagandhi
	5:30—7pm, KoTree Yoga with Grace Gitadelila
Fridays	6:45—8am, Pranayama with François & Namrita, For former "The Art of Living" course participants
	7:30—9am, Asanas mixed level with Rachel
	8:30—10am, Yoga Therapy with Gala
	4:30—5:30pm, Readings of the Life Divine with Balvinder
	5:15—6:15pm, Feldenkrais with Shari
	5:30—6:45pm, Vinyasa Flow Yoga with Dinagar
Saturdays, not on 7/09	7:30—8:45am, Ojasana Hatha-Nada Yoga with Ojas
	9—10:30am, Asanas intermediate level with Rachel
	4—5pm, Odissi Classical Dance, a beginners' class especially for children, with Agila, assisted by Rekha
	4—5:30pm, KoTree Yoga with Grace Gitadelila

New Activities

• **Syntropy Insight Bodywork** with Véronique D.

The body and mind connected in a deep state of relaxation allows the nervous system to find new pathways for a comfortable and graceful posture as well as for an open and fluid mobility with less effort.



Syntropy Insight Bodywork is the experience of a soft healing touch that will take you into very slow integrated movements.

Through deep listening, both the practitioner and the person receiving go on a common exploration which can feel like a dance on the way to new possibilities in the body and in Life in general.

“Make the impossible possible, the possible easy and the easy elegant.”—Moshe Feldenkrais

For an appointment with Veronique, please contact Pitanga.

• **Weekly Readings of the Life Divine** with Balvinder, Fridays, 4:30—5:30pm, resumes 6 September.

“The ascent to the divine life is the human journey... This alone is man’s real business in the world and the justification of his existence...” Sri Aurobindo

The weekly reading sessions of The Life Divine are led by Balvinder, an Aurovilian and lifelong student of Sri Aurobindo’s writings. Each session will proceed with Balvinder reading and giving explanations of the English prose.

No prior knowledge of The Life Divine is necessary, just an openness to experiencing the beauty and wisdom of Sri Aurobindo’s masterpiece. All are welcome to join. Feel free to come and listen even once to see if this is for you.

No registration is necessary. It is helpful to have a book. However, a few extra copies are with us.

• **Yoga with Rachel**

Monday, Wednesday, Friday
7:30—9am, Asanas mixed level

Rachel offers detailed verbal guidance and instruction based on her extensive practical experience to guide you into the posture, focusing on the alignment of body, mind and essence. This practice helps to improve physical and mental abilities, helping us to live in the present with stability and joy.

Tuesday 7:30—8:45am, Self Practice

The practitioner is invited to develop a deeper understanding of the asana practice by observing themselves in the different stages: observe, experiment, learn, stay, hold, undo, relax, rest or recover at your own pace to improve the understanding of your practice and one’s self. This is not a teacher-led class but a self-directed practice open to all yoga practitioners, while the teacher holds the space with her presence, helping in case of any doubt.

Saturday 9—10:30am, Asanas intermediate level

For regular practitioners who wish to deepen their practice and those who have a good understanding of the basic yoga postures with consistent practice and are able to maintain a stable Sirsasana and Sarvangasana or their variations for at least 5 minutes.

Private Yoga sessions available on request.

• **Vinyasa Flow** with Dinagar

Monday, Wednesday, Friday 5:30—6:45pm

In Vinyasa Flow Yoga, we connect asanas in a flowing sequence with the breath as our anchor.

Dinagar studied with Balaganesh in Auroville and completed his teacher training in November 2023. He is excited to share the benefits of this dynamic practice in Auroville and looks forward to learning and growing with you.

Pitanga is very happy to welcome an Auroville youth as a teacher in our team of dedicated facilitators.

• **Ojasana Hatha-Nada Yoga** with Ojas, Tuesdays & Saturdays, 7:30—8:45am

Ojas, volunteering with the Auroville Theatre Group, invites you to his classes: “Each 1 hour and 15-minute session will include pre-practice exercises to achieve correct yoga postures and flexibility for performing yoga asanas. I’ll also focus on breathing work to enhance Prana Shakti, known as life force. Towards the end of the session, I will incorporate sound healing and mantra chanting. This session is a combination of Hatha Yoga and Nada Yoga, designed to help participants experience their own selves and become more aware. As awareness deepens, they will move closer to the divine. I’m reminded of Sri Aurobindo’s words: ‘The principle of yoga is the turning of one or all powers of our human existence into a means of reaching divine being.’”

This is a drop-in class for adults.

• **KoTree Yoga** with Grace Gitadelila
Tuesdays & Thursdays 5:30—7pm,
Saturdays 4—5:30pm

KoTree Yoga is a feminine form in which asana sequences, movements and held poses, with attention to the breath, lead to create fluidity of fascia, muscle tonus, supple spine, and inner deep peace.

This is a drop-in class for all levels of adult practitioners.

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless.

If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile !

2622403/ WA 9443902403, info@pitanga.in, Andrea

ARKA WELLNESS CENTER & MULTIPURPOSE HALL

Regular Activities, September

For any details and queries, you can contact us:

arka@auroville.org.in, 0413 2623799



Treatments

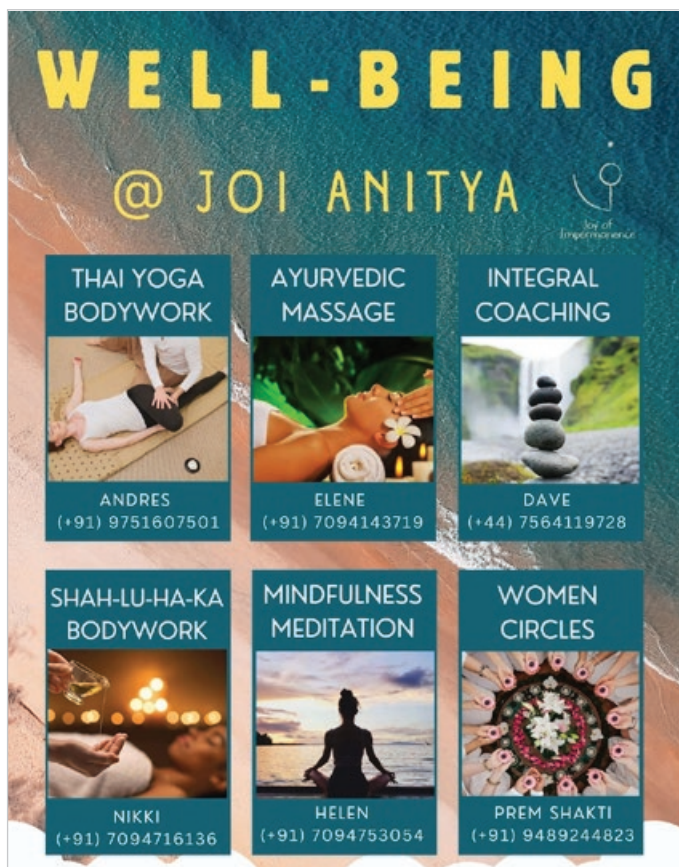
Treatment	Therapist	When
Body Logic, Soft Massage and Deep Tissue Massage	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment 0413 2623767 antarcalli@yahoo.fr
Integral Regression therapy, Integral Reiki healing, Breathwork—the holotropic way	Niyati Thakkar	Monday to Sunday Only by Appointment niyatithakkar2112@gmail.com 7041391995

Classes

Classes	Teacher	When
Pilates	Teresa	Tuesday & Thursday, 7:30—8:30am, Friday, 5:30—6:30pm, by Appointment: 7867998952
Iyengar yoga	Olesya	Wednesday, Saturday, 6:30—8am, Monday, Thursday, Saturday, 5—6:30pm, or by Appointment: 9159052743

Submitted by Ramana for Arka

**DISCOVER HOLISTIC WELL-BEING SERVICES
at Anitya Community !**



The Joy of Impermanence—Anitya Community Project is offering a variety of holistic well-being services to nurture your body, mind, and spirit. Located in the serene environment of Anitya Community, Centerfield, Auroville, our skilled practitioners are here to guide you on your journey toward health and inner peace. Below is an overview of the therapies available and how to get in touch:

Thai Yoga Bodywork with Andres

- Contact: +91 9751607501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Ayurvedic Massage with Elene

- Contact: +91 7094143719

Rooted in ancient Indian healing traditions, Ayurvedic Massage uses herbal oils and specific techniques to detoxify and rejuvenate your body. This holistic treatment aims to balance your doshas (body energies), promoting overall well-being and harmony.

Integral Coaching with Dave

- Contact: +44 7564119728

Integral Coaching offers a personalized approach to personal development, helping you achieve your goals by integrating all aspects of your life—mind, body, emotions, and spirit. Dave will work with you to identify your strengths and challenges, guiding you towards lasting transformation.

Shah-Lu-Ha-Ka Bodywork with Nikki

- Contact: +91 7094716136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

Mindfulness Meditation with Helen

- Contact: +91 7094753054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self.

Women Circles with Prem Shakti

- Contact: +91 9489244823

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Prem Shakti, these circles provide a nurturing environment where women can explore their personal growth, creativity, and spirituality.

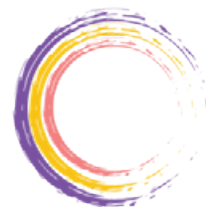
- **Location:** Anitya Community, Centerfield, 500m after Center Gh, Auroville
- **Bookings:** For more information or to book a session, please contact the practitioners directly via WhatsApp.
- **Email:** joyofimpermanence@auroville.org.in

Mathilde for the JOI Anitya team

RADICAL TRANSFORMATIONAL STEWARDSHIP

RTS

This social transformation workshop is designed to unleash your full potential and enroll others to transform our lives, our work and our society and produce results by using a whole system transformation methodology and integrated design principles. The workshop is open to all change-makers wanting to generate equitable and sustainable results for well-being. Facilitated by Bridget Horkan, Sanjeev Ranganathan, Srilatha Juvva, Sudarshan Rodriguez in partnership with Dr. Monica Sharma.



Dates:

- **Session 2:** Saturday, 5 & Sunday, 6 October
- **Session 3:** Saturday, 9 & Sunday, 10 November
- **Session 4:** Saturday, 7 & Sunday, 8 December

Timings are: 8am—5pm Indian standard time

Check your local time below

- <https://www.thetimezoneconverter.com/?t=800%20am&tz=India&>
- <https://dateful.com/time-zone-converter?t=1700%20am&tz=India&>

The program will challenge each of us to delve deep into our being, and generate new breakthrough ideas, sourcing our abilities to envision a new future, commit ourselves to action and acquire the skills to attain this future. It consists of a series of 4 online workshops over 9 days (3 workshops during weekends and 1 workshop from Saturday to Monday), spaced apart by 1 month each. New capacities are introduced in each session and practiced inter-session to put these in action.

Please note: All participants must commit to participating in all the four sessions. Missing sessions or any day will result in not continuing further sessions/ days and dropping out of the course/ workshop.

- **To apply fill in this form** or contact stewardship4newemergence@auroville.org.in

This program is offered fee free for those in service to Auroville. We suggest a contribution of 1800 Rs to cover basic costs incurred in the 9 day program such as lunch, tea, coffee, handouts. Please transfer this to account 252975 at the financial services. Should you need a waiver please email us. All the facilitators and resource people are working in service, pro bono. Please feel free to contact us for any assistance at the above email.


Submitted by Bridget


Integral Healing

Light of Ayurveda and guidance of Mother and Sri Aurobindo

5:45 pm – 6:55 pm
Every Wednesday

Venue:
Bhumika Hall,
Bharat Nivas, Auroville





Workshop by DR. GEETA AUROPREMI

- Brief introduction of Ayurveda
- Swasthya, Aswasthya
- Dosha, prakriti
- Some herbs
- Lifestyle

₹.550 for guest / ₹.350 for Volunteer (savi Id)

Brief introduction of Ayurveda, Swasthya, Aswasthya, Dosha, Prakriti, some herbs, Lifestyle

Enquiry contact Monisha +91 8489347454 **Monisha**

VÉRITÉ

Please contact Vérité @ 0413 2622045,
2622606, 9363624083

or programming@verite.in,
www.verite.in



Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Pranayama & Meditation	7:30—8:30am	Mamta
	Restorative Yoga	9:15—10:15am	Ramya
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	9:15—10:15am	Mani
	Free Flow Dance & Movement	5—6:30pm	Vega
	Face & Eye Yoga	5—6pm	Mamta
Wednesdays	Yoga for Happy Hips	7:30—8:30am	Dev
	Breath & Mind Harmony	9:15—10:15am	Ramya
	Hatha Vinyasa Yoga	5—6pm	Andres
	Kirtan: Songs for Your Soul—Contributions are voluntary	5—6pm	Mamta
Thursdays	Hatha Yoga Essentials	7:30—8:30am	Dev
	Open Heart Space Meditation	5—6pm	Samrat
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Pranayama & Meditation	7:30—8:30am	Mamta
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Strengthen and Align Yoga	7:30—8:30am	Dev
	Sivananda Yoga (no class 28 September)	5—6pm	Mani
	Deep Sound Bath	5—6pm	Satyayuga

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 6 September	The Path of Yoga Nidra: Insights and Practice for Deep Relaxation	9:15am—12pm	Ramya
Saturday, 7 September	Pain Management: Yoga for Lower Back Pain	9:15am—12pm	Dev
Saturday, 7 September	Introduction to Ayurveda & Panchakarma	2—4:30pm	Dr. Geeta
Saturday, 14 September	Awareness Through the Body: Exploration of the Element Space	9:15am—12pm	Amir
Saturday, 14 September	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Saturday, 21 September	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 21 September	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi
Saturday, 28 September	Pain Management: Yoga for Chronic Headache	9:15am—12pm	Dev
Saturday, 28 September	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi

The Path of Yoga Nidra: Insights and Practice for Deep Relaxation—with Ramya

- Friday, 6 September, 9:15am—12pm

An immersive journey into the profound practice of Yoga Nidra. This workshop combines both theoretical understanding and experiential practice to deepen your knowledge and application of this transformative technique for deep relaxation.

Pain Management: Yoga for Lower Back Pain—with Dev

- Saturday, 7 September, 9:15am—12pm

Pain Management workshop focuses on various yogic Techniques to understand, alleviate and also cure acute or chronic lower back pain. This workshop also includes various yogic approach and therapies to understand.

Introduction to Ayurveda & Panchakarma with Dr. Geeta

- Saturday, 7 September, 2—4:30pm

This workshop takes you along the journey of Ayurveda, the ancient Indian medical system and Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn the appropriate use of and principles behind the following practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Awareness Through the Body: Exploration of the Element Space with Amir

- Saturday, 14 September, 9:15am—12pm

Awareness through the body (ATB) facilitates a space for introspection to reconnect with oneself, by exploring tools and giving opportunities for inner discovery. ATB offers a means to increase our capacity to be present. ATB is an eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga. In this session, we will explore the element of Space to cultivate contact with oneself and the world in a more intimate way.

Face & Eye Yoga: Face yourself—with Mamta

• Saturday, 14 September, 2—4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Cancellation of classes for the following:

• **Deep Sound Bath with Satyayuga**
Monday, 2 September, Thursday, 5 September, Saturday 7 September, 5—6pm

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai Yoga Massage Bodywork	Andres
Face & Neck Massage	Mamta
Biodynamic Craniosacral Therapy	Mila
Food is Medicine: Lifestyle Health Practices Consultation	Parvathi
Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs	Parvathi
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi

Ramya for Vérité Programs

Taste Of Yoga @ Vérité



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

Anandhi for Vérité

It Matters

Schedule from 5 to 13 September

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
 - **Info:** Instagram @auroville.curated
 - <http://itmatters.auroville.org/>
- All activities are Rs./ 600 for guests, Rs./ 150 for Aurovilians/ Volunteers. Discount vouchers available.

Date	Activity
5 September, Thursday, 10:30—11:30am	Mehandi Designs Workshop with Varsha Pawar
5 September, Thursday, 5:30—6:30pm	Mandala drawing with Thamizh
6 September, Friday, 7:30—8:30am	Shatkarma Yoga & Asanas with Akira (Pre Registration only, 24h in advance)
6 September, Friday, 5:30—6:30pm	Kollywood dance with Pranathi
7 September, Saturday, 3—4pm	Art Mystery Activity with Sandra
7 September, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias
9 September, Monday, 7:30—8:30am	Shatkarma Yoga & Asanas with Akira (Pre Registration only, 24h in advance)
9 September, Monday, 5:30—6:30pm	Taichi, The way of the Leaf with Kaarthikeyan Kirubhakaran
11 September, Wednesday, 7:30—8:30am	Shatkarma Yoga & Asanas with Akira (Pre Registration only, 24h in advance)
12 September, Thursday, 10:30—11:30am	Mehandi Designs Workshop with Varsha Pawar
12 September, Thursday, 5:30—6:30pm	Mandala drawing with Thamizh
13 September, Friday, 7:30—8:30am	Shatkarma Yoga & Asanas with Akira (Pre Registration only, 24h in advance)

Bhakti and Sandra

SOUND THERAPY & SELF HEALING

2 in 1 Session

Rejuvenating soundbath combined with breathing techniques for maximum benefits.



• First, by immersing yourself in the vibrations from a sound bed—which will travel through your body to the organ chosen for healing—accompanied by musical instruments (gong, singing bowls, etc.) and vocals, you will start to connect with your body’s consciousness.

• Second, by performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- If this resonates with you, then please contact 9385428400 call/ WA to book your session today!
- Donation Based

Submitted by Isha

A SATSANG ON THE INTEGRAL YOGA

Tuesdays and Thursdays, 5:30—7pm



A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

“The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.” —The Mother



We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

- Facilitated by Zech Joya
- **Venue:** Conference Room, G/F SAIER Building, Town Hall Complex, or at an agreed upon venue in Auroville
- **By appointment only:** please call 8300191193

[Please click this link for details](#) or scan the above QR Code. Also check Zech’s Weekly Sharings:

- <https://zechjoya.blogspot.com>

Or scan the QR Code on the right

Zech

TAO OF TEA

Sencha Style Tea Ceremony

The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)



Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/ flowers also available.)

Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. The ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/ WA +91 9385428400

Submitted by Isha

TRADITIONAL MANTRAS AND STOTRAS

Chanting Classes

@ Serendipity Community with Sonia Novaes

Fridays, 5pm, Regular Class



traditional Mantras & Stotras

Chanting Class

@Serendipity Community
With Sonia Novaes

Fridays, 17h (Regular Class)

Info: +91 8940288090
serendipityauroville@gmail.com

serendipityauroville@gmail.com +91 8940288090 Sonia

Languages

BOLSTERING ENGLISH

Native English speaker happily offers facilitation for English reading, speaking and composition.

Individual or small group sessions are for those connected to Auroville who already can read, write and speak English with adequate comprehension, and who wish to practice for presentations or performance or simply for clearer conversation. We can include rhythm, nuanced expression, and some dialects, if wished.

- Also inviting anyone at any level for SAVITRI.
- Scheduling is as-you-wish: long or short session(s); long or short intervals between sessions.

Patricia, 0413 2623750, pat@auroville.org.in



TAMIL CLASSES OFFERED

Saturdays and Sundays

எழுதப்பட்ட தமிழ் வகுப்புகள்

Written Tamil Classes Offered in Auroville

- Donation-based.

Contact Murugesan to setup timing: +91 8610916301

Submitted by Malcolm

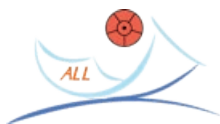
ITALIAN CLASS

Hello! If you want to learn Italian from scratch or have already studied it but would like to continue practicing it, know that Francesca will start giving individual or group lessons from now! And because Francesca is intimately connected to the world of art and culture, the lessons will not only explore the use of the Italian language but will be an enjoyable introduction to different aspects of Italian culture, art and history. If you'd like to practice your Italian with me, this is the email avgateofdreams@gmail.com. Arrivederci! Francesca



NEWS**from Auroville Language Lab**

- Did you know that the Language Lab is a wireless-free space? Please switch off your mobile (or put it on flight mode—No, silent mode is not enough!). You need to switch off the wireless signal on your mobile and all blue-tooth devices and laptops while in the Lab. Why? Look at <https://ehtrust.org>

**Language Classes** (see attached schedule for details):

- **New French classes:** Jean-Francois is back and offering 3 different French classes, at different levels, including a new batch for Beginners, as well as Pre-Intermediate and Intermediate Conversation. Classes will start on Monday 09th September, with a minimum of 5 persons. Please register now. Yanis is continuing two French conversation classes, one Beginner level and one Intermediate.
- **New English classes:** Rupam continues the Intermediate English class and is offering several new classes, all with a theatre twist.
 - **Creative Writing:** develop your creative writing journey by starting to write short stories which can be further developed into short scripts.
 - **The English of Shakespeare:** Let's read Shakespeare's plays together and enrich your literary journey.
 - **Learn English Through Theatre:** Looking for people interested in acting in English for an intimate performance in Auroville after 3 months. Beginner or Advanced level English classes can also be offered mornings, if there is interest.
- **Private English classes:** Vismai is offering individual English lessons at all levels.
 - **Ongoing Classes**
 - **Tamil:** Ongoing beginner class with Saravanan. Contact us to give your names for the next batch. Murugesan continues Intermediate Spoken Tamil classes and Reading and Writing Tamil on the weekends (Saturdays and Sundays) at the Lab.
 - **Spanish:** Mila's Beginner Spanish Class continues. You need to meet her first if you want to join now. She is also available for private lessons.
 - **German:** Ben continues the A1/A2 Intermediate level and one Advanced level class.
 - **Italian:** Karuna has just started an Advanced Italian class, which is once a week and open to all. It's great when students progress from one level to another! A new Beginner class is open for registration.
 - **New Intensive 10-day Introduction to Hindi and Sanskrit.** We are changing the format for Hindi and Sanskrit classes. For each language, Kaushal will offer an intensive format of one-hour everyday, for 10 days, starting Monday 16th September. Please register now.
 - **Didgeridoo:** Breath is the basis of everything. Sunny is offering classes with didgeridoos he has made by hand. It is a wonderful means to centre and calm.
 - **Registration is required for all classes:** Send an email to info@aurovillelanguagelab.org or call 0413-2623661. WA: +919843030355.
 - Louis is updating our schedule on our website weekly now. You can catch it here: [Language Lab Latest Schedule of Classes](#)

Evening Programs: Free and open to all, from 5-6pm everyday. These are not classes, but conversation practice sessions offered by native language speakers. It's a chance to practice what you learn in class or to revive a language you learnt earlier! Sessions can cover whatever you want, or sometimes they have a topic like Auroville, the Charter, the Dream, etc. The schedule: Mondays—French,

Tuesdays—Spanish, Wednesdays—Sanskrit Chants, Thursdays—English, Fridays—German/Italian. We are looking for anchors in other languages such as Hindi.

Evening Program special: Happy to welcome Ramesh, who will anchor Sanskrit chanting every Wednesday 5-6pm. We will learn to chant the Lalitahahasranaama (the 1000 names of the Goddess). Part of the Puranas, it is considered a powerful tool for spiritual growth, self-realisation and devotion. Each name reflects the various aspects, qualities and attributes of the Divine Mother, who is the ultimate reality, and the embodiment of love, beauty and power.

Tomatis

- Spaces are finally opening up for Aurovilians, New-comers and Volunteers (adults, teenagers and kids) to do the Tomatis listening training programs. Have a look at Alfred Tomatis Method—Auroville Language Lab for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguagelab.org.
- While we do offer 3-week wellness programs and shorter language integration and listening training programs, which are open to guests too, to do the whole program, you need a minimum of 4.5 months. Listening Tests and Consultations will be done only for those who are doing a program.
- Facts: Did you know that every single muscle of the human body is controlled by the ear, rather, the two ears working together? That "hearing" is different from "listening"? And that listening can be trained, with profound effects on how we learn, and interact with the world? This is what the Alfred Tomatis program does!
- Resonance, the book! Check it out at <https://books.aurovillelanguagelab.org>
- To enquire or register: send an email to tomatis@aurovillelanguagelab.org or call 0413 2622467 or 3509932.
- Film Shows: Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website, and at the Lab. You are welcome to watch them at the Lab. All are welcome.

Volunteers Needed

- **English teachers:** Are you a trained ESL (English as a Second Language) Teacher, or is your mother tongue English, or did you grow up speaking English at home? Can you give 1-1.5 hours, twice a week, for a minimum commitment of 3 months?
- **Idea organisers/project managers:** Do you have both an analytic and a synthetic mind? Is your mind super-organised but you never lose track of the larger picture? Can you mind-map or use Trello? Can you give one hour per day for two weeks?
- **App development advice:** We have a program we need to convert to a mobile/desktop/web app. Can you help?
- **Fundraising collaboration:** We need to find funds to finish the unique system of cooling-without-air conditioning in our building. We have a lot of ideas but need someone with some time. Are you that someone?
- Please send an email to info@aurovillelanguagelab.org with a copy to mita@aurovillelanguagelab.org

A very special event: On Tuesday, 10 September, from 5—6pm, Gregorian Chant, by Kim Cunio and Heather Lee. Kim and Heather are no strangers to Auroville. They have been coming here from Australia practically every year offering their advanced musical knowledge and incredible singing to Auroville. They will sing the chants of Saint Hildegard Von Bingen, which are musical offerings to the divine...deeply spiritual chants of great beauty, they hold the spark of golden light and love. This 30-minute musical offering will be live and unplugged (pure voice, no mics), so please come and enjoy the natural acoustics of our magical 11X11 inner courtyard. This will be a truly Gregorian experience!

Language Courses at ALL

(As per 3 September)

Language	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30—10:30am	Tuesday & Thursday
	Pre-Intermediate & Intermediate	11—12pm	Tuesday & Thursday
	Creative Writing	9:30—10:30am	Monday & Wednesday
	Learn English through theatre	11—12pm	Monday & Wednesday
French	Conversation, Beginner & Intermediate	4:20—5:20pm (Friday), 10—11am (Saturday)	Friday & Saturday
	Beginner	4:30—5:30pm	Monday & Wednesday
	Conversation, Intermediate	2:30—3:30pm	Tuesday & Thursday
	Conversation, Pre-Intermediate	11—12:30pm	Friday
Tamil	Spoken Beginner	9:30—10:30am	Tuesday & Friday
	Spoken Intermediate	9:30—10:30am	Saturday
	Reading & Writing	3—4pm	Saturday
Sanskrit	10-day Intensive, Introduction to Sanskrit	3—4pm	Starting 16 September, Monday to Friday, 2 weeks
Hindi	10-day Intensive, Introduction to Hindi	4—5pm	Starting 16 September, Monday to Friday, 2 weeks
German	Intensive/Advanced	9:30—11am	Monday & Wednesday
	Level A1/A2, Intermediate	9:30—11am	Tuesday & Saturday
Spanish	Beginner	2:30—3:30pm	Monday & Wednesday
	Intermediate	TBA	TBA
Italian	Beginner	TBA	TBA
	Advanced	4—5:30pm	Wednesday
Didgeridoo	Beginner	4:45—5:45pm	Tuesday & Thursday

TBA: To Be Announced

The Language Lab is open

- Monday—Friday, 9am—12pm & 2pm—7pm
- Saturday, 9am—12pm & 2pm—5pm
 - Location:** International Zone, after Unity Pavilion & Pump House.
 - Phones:** 2623661 (Lab), +91 9843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
 - Email:** info@aurovillelanguagelab.org and tomatis@aurovillelanguagelab.org

Submitted by Mita

AUROFILM



Aurofilm presents at Multi Media Centre Auditorium (MMC, Town Hall)

- **Reminder: Friday, 6 September, URG—Close to Eden** (Russian: Ypra) by Nikita Mikhalkov. USSR, 1991.

Synopsis: The Mongolian shepherd Gombo lives with his wife Pagma, their three children and his mother in a yurt in the steppe, far from the nearest settlement. On the way, a Russian driver Sergei has an accident and his truck breaks down. He meets Gombo and is warmly welcomed by his family.

Beijing rules that no minority couple may have more than three children. Pagma wants Gombo to go to the town and buy contraceptives. Gombo and Sergei travel to the town together and a whole new world opens up for Gombo. Sergei leads him to the red-light district and the evening ends at the police station... Those insignificant events cause big changes in Gombo's family life!

Mikhalkov's beautifully shot and touching tale of the impact of modernization on rural Mongolia was nominated for the Best Foreign Language Oscar and won the top Golden Lion award at the 1991 Venice Film Festival!—Original version in Mongolian and Russian with English subtitles. Duration: 2h

- **Friday, 13 September, MACHUCA**

Directed by Andres Wood, Chile, Spain, 2004

With: Matías Quer, Ariel Mateluna, Manuela Martelli, Aline Küppenheim, Federico Luppi

Synopsis: Set in Santiago during the months leading up to the 1973 coup d'état led by General Augusto Pinochet—who overthrew Salvador Allende's socialist government—the film tells the story of two boys who attend an elite Catholic school: Gonzalo Infante with a European background—and Pedro Machuca—who is poor and comes from an indigenous background. The story is told from the viewpoint of Gonzalo the 12-year-old upper-class boy, and it is set in a turbulent time in Chile. The working class was demanding social justice and significant changes to the country's socioeconomic structure.



(This interesting Latin American film, where the main characters are children, focuses on everyday life rather than on a real view of the life of the middle and upper classes in Chile and the political situation. The powerful events are accompanied by an incredibly beautiful soundtrack that drives the drama of the story)

The film won several awards and was Chile's Oscar entry for Best Foreign Language Film.

Original version in Spanish with English subtitles. Duration: 2h01

Susana and Aurofilm team



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
9 September to 15 September 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday 9 September, 8pm
Bramayugam (The age of madness)

India, 2024, Writer-Dir. Rahul Sadasivan w/ Mammooty, Arjun Ashokan, Sidharth Bharathan, and others, B&W, Drama-Horror, 139mins, Malayalam w/ English subtitles, Rated: NR (R)

In ancient Kerala, where Tantra/ Maya were prevalent, Thevan, a singer, narrowly escapes being caught by slave traders and finds himself lost. While fleeing, he stumbles upon an eerie household in the middle of a forest with a seemingly benevolent master and his servant. The master welcomes him, but it soon becomes clear that he is Chaatan, a malevolent spirit from folklore acting as master to capture and enslave whoever enters the house. The story delves into whether Thevan and the servant can break free from the spirit's control.

Potpourri—Tuesday 10 September, 8pm
Topio Stin Omihli (Landscape in the Mist)

Greece-France-Italy, 1988, Writer-Dir. Theodoros Angelopoulos w/ Michalis Zeke, Tania Palaiologou, Stratos Tzortzoglou, and others, Drama, 127mins, Greek w/ English subtitles, Rated: R

Yola, an eleven-year-old girl, and her five-year-old brother Alexandros run away from home to find their unknown father in Germany. Their journey is filled with dangers, from busy train stations to cold, rainy landscapes in Greece. Along the way, they meet Orestis, who offers to help, but they are unsure if they can trust him. As they face many challenges, they begin to lose hope. Will their quest to find their father be successful, or is it just a hopeless dream?

Selection—Wednesday 11 September, 8pm
Jodaeiye Nader Az Simin (A Separation)

Iran-France-Australia, 2011, Writer-Dir. Asghar Farhadi w/ Payman Maadi, Leila Hatami, Sareh Bayat, and others, Drama, 123mins, Persian w/ English subtitles, Rated: PG-13

In this widely acclaimed film, Nader and Simin argue about living abroad. Simin prefers to live abroad to provide better opportunities for their only daughter, Termeh. However, Nader refuses to go because he thinks he must stay in Iran and take care of his father, who suffers from Alzheimers. However, Simin is determined to get a divorce and leave the country with her daughter. A good watch!

Interesting—Thursday 12 September, 8pm
Inside The Mind of a Dog

USA, 2024, Dir. Andy Mitchell w/ Rob Lowe, Documentary, 75mins, English w/ English subtitles, Rated: PG

This film delves into the cognitive processes and emotional lives of dogs, exploring their history, domestication, and roles in human society. It highlights various university studies on canine cognition and behavior, particularly focusing on how dogs are trained to become service animals.

International—Saturday, 14 September, 8pm
Fly Me To The Moon

USA-UK, 2024, Dir. Greg Berlanti w/ Scarlett Johansson, Channing Tatum, Woody Harrelson, and others, Comedy-Romance, 132mins, English w/ English subtitles, Rated: PG-13

Sparks fly between a marketing executive Kelly Jones and a NASA official Cole Davis as he prepares for the Apollo 11 moon landing. Kelly makes the launch director Davis's already difficult task more difficult when the White House deems the mission too important to fail, the countdown truly begins.

Children's Matinee—Sunday, 15 September, 4pm
Puffin Rock and the New Friends

UK-Ireland, 2023, Dir. Jeremy Purcell & Lorraine Lordan w/ Chris O'Dowd, Amy Huberman, Beth McCafferty, and others, Animation-Family, 80mins, English w/ English subtitles, Rated: G

Follow the disappearance of the final Little Egg of the season in strange circumstances, leading Oona and her friends to embark on a race against time to try to save it before a big storm hits Puffin Rock and puts the island in danger.

New German Cinema @ Ciné-Club

Ciné-Club Sunday 16 September, 8pm
Alice In Den Städten (Alice in the Cities)

Germany, 1974, Dir. Wim Wenders, w/ Yella Rottländer, Rüdiger Volger, and others, Drama, 113 mins, German w/ English subtitles, Rated: R.

Journalist Philip Winter has a case of writer's block when trying to write an article about the United States. He decides to return to Germany, meets a German woman and her nine-year-old daughter Alice at the airport and become friends, the innocent friendship between Winter and Alice grows as they travel together through various European cities to find Alice's grandmother.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

*Nina, MMC/ CP Group Account# 105106,
mmcauditorium@auroville.org.in*

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 6 September

Nature's response to urban sprawl

2019/ 42 minutes/ Martin Gronemeyer, Michaela Kirst

It's a new and surprising chapter in the theory of evolution. According to recent studies, it's in our cities, of all places, that animals and plants adapt particularly quickly to changing living conditions. Nature's response to the spread of cities is astonishing: Why do catfish in the river of a French city systematically prey on urban pigeons on the banks? Why do female birds on a university campus in California suddenly change their mating behavior? How do mice in New York's Central Park cope with an altered diet of human food waste?



Nature's Response to Urban Sprawl

Aviram

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108

News and Notes

newsandnotes@auroville.org.in

Roy & AgniJata

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 9443074825



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Bus passes

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way Monthly** (Workers/ Volunteers)
- Rs.1200: **Student Monthly pass**

AV account/ Cash/ UPI Transfer:

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join WhatsApp group

of Auroville Bus to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoUj2x>