



News Notes

#1048 A weekly bulletin for residents of Auroville 10 October 2024



Tamarind tree Kuilapalayam by John Mandeem

Long and narrow is the ancient Path,—I have touched it, I have found it,—the Path by which the wise, knowers of the Eternal, attaining to salvation, depart hence to the high world of Paradise.

Brihadaranyaka Upanishad

I am a son of Earth, the soil is my mother. ... May she lavish on me her manifold treasure, her secret riches. ... May we speak the beauty of thee, O Earth, that is in thy villages and forests and assemblies and war and battles.

Atharva Veda

Pondering



A perception of other worlds or planes of existence which have an eternal or at least a more permanent duration; it perceives behind the mortality of the bodily life of man the immortality of the soul within him. A belief in the immortality, the eternal persistence of the individual human spirit apart from the body is the keyword of this conception of life... the belief in the individual immortality of the human spirit;...As a necessary consequence, the idea of its sojourn on earth as a temporary passage or a departure from its highest eternal nature and of a heaven beyond as its proper habitation;...Our mortality is only justified in the light of our immortality; our earth can know and be all itself only by opening to the heavens; the individual can see himself aright and use his world divinely only when he has entered into greater planes of being and seen the light of the Supreme and lived in the being and power of the Divine and Eternal.

An integration of this kind would not be possible if a spiritual evolution were not the sense of our birth and terrestrial existence; the evolution of mind, life and spirit in Matter is the sign that this integration, this completed manifestation of a secret self contained in it is its significance. An involution of spirit in the Inconscience is the beginning; an evolution in the Ignorance with its play of the possibilities of a partial developing knowledge is the middle, and the cause of the anomalies of our present nature,—our imperfection is the sign of a transitional state, a growth not yet completed.

The Aim of Life; Four Theories of Existence, The Life Divine—Sri Aurobindo

Contents

PONDERING	1
HOUSE OF MOTHER'S AGENDA	4
TOWNHALL SPEAKS	5
City Services Contributions and Payments, September 2024	5
FAMC Office's new landline phone	5
Clarification regarding the Dog Shelter project	5
Application Help Desk Clarification	6
COMMUNITY NEWS	6
Matrimandir News & Schedules	6
Matrimandir Access Information	6
Amphitheatre, Meditations at sunset with Savitri	6
Awakening Spirit	7
Savitri Bhavan	7
Savitri Bhavan Schedule, October 2024	7
House of Mother's Agenda welcomes you	7
The Children of Auroville, Part One—Early Education	7
Brahmanaspati Kshetram	7
Bharat Nivas: A weekly study circle on The Synthesis of Yoga—Sri Aurobindo	8
Savitri Satsang & Om Choir with Narad	8
Education	8
SAILER Invites volunteers and parents associated with Auroville Schools to IEPG—4	8
The Beauty Myth by Naomi Wolf	8
Auroville Library	9
Monoso: Thank You!	9
Kulai Creative Centre	9
Academic tuition offered	9
Auroville Ilaignarkal Education Centre Special Invitation: Festival of Evolution	9
Boost Your Auroville Project with AI	9
Ferrocement Special Course	9
Youth Initiatives	10
Laughter is The Best Medicine	10
Maker Space	10
Ecology	10
Come & Check Eco Service Treasures	10
Health Care	10
Santé Services Schedule, October 2024	10
Tibetan Doctor to visit Auroville	11
Aurokiya Integral Eye Centre	11
Free Delivery by Pharmacy of AV Health Centre	11
Childbirth preparation classes	11
AuroDent dental clinic	11
Offering Nursing Services	11
Animal Care	12
Raising 'Hope' One Dog House at a Time: Youth Centre and Youthlink Step In	12

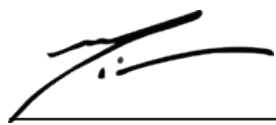
Gatherings	12
Marc's Rooftop Sessions: Coffee, Music, and Culture	12
Yatra Art and Culture Foundation's 19 th Anniversary Celebration—2024	12
Vijayadashami Celebrations	12
Music & Arts	12
Hindustani Drama Ishquyen Ki Aanch	12
Sunil Sree: More Than Once	13
Bharat Nivas: Shakti	13
Catching the Shooting Stars	13
CREEVA: Diversity in Expression	13
Dance Activities	13
Zumba with Preeti	13
Navratri Garba 2024	14
Auroville Tango	14
Dance Classes by Mani: Salsa, Tango	14
Ballet Dance Classes with Fleur	14
Multiple Activities	15
Bharat Nivas: Regular Workshops, Classes & Exhibitions	15
Music, Art & Craft Activities	15
Artiste Cafe: Open-Mic Night	15
Svaram Sound Experience Sound Journey	15
Svaram Open Workshops: Sonic Festival 2024	15
Explore WaterColor Techniques	16
Basics of Music Distribution workshop	16
Creative Writing	16
CREEVA	16
International	16
The French Pavilion and Unicorn Collective present: The Art of Storytelling	16
La Vita Divina	16
Sports & Martial Arts	17
Aikido Classes	17
Abhaya Martial Arts	17
Tai Chi Hall in Sharanga	17
Kshetra Kalari, Aspiration	17
Bharat Nivas presents Kalaripayattu Class	17
Swimming Class by Mani	17
Ultimate Frisbee	17
Girls' Futsal Football Club	18
Kalpana Gym	18
Nature Activities	18
Mindful Forest Walk & Sacred Drum Journey	18
Herbal medicinal plants course for beginners	18
Workshop Highlights	18
Permaculture 360° Farm Tour	18
Food Forest Tour with Smoothie Bowls and More...	18

Bioregion Activities	18
Egai	18
Tour to Thiruvannamalai	19
Auroville Bamboo Centre Workshops, October	19
Enlight Auroville	20
Mohanam Program, October	20
Craft Activities	22
Wellness Woodcraft: Auroville Activity	22
Paper Craft Workshop @ Wellpaper, Auroville	22
Help Needed	22
Support for Giuseppe	22
Community-Supported Film Theaters: Cultural and Social Hubs	22
Mountain to Sea	23
Available	23
Office Spaces Available: Aurelec	23
Office Space Available: Auromode	23
Large Art Frames Available	23
Looking For	23
Renuka Looking for Work	23
Work Opportunities	23
The Human Resource team is looking for an Aurovilian to lead BCC Finance	23
Kindergarten Head @ Mohanam	23
Eco Femme is looking for Video Editor/ Content Creator	24
Social Media Account Manager	24
Honorary Voluntary	24
Volunteering at Ecoservice	24
Gau Seva at Sadhana Forest!	24
AuroOrchard: Volunteer and Learn Farming	24
Martuvam Healing Forest Call for Volunteers	24
Kuilai Creative Center Seeks Volunteers	24
Inside Auroville	25
Foods, Goods & Services	25
La Ferme Cheese, Auroville	25
Hemplanet	25
Gastronomica: Fresh Flavors Every Day!	25
Anitya: Community Lunch	25
Enjoy the Essence of The Sprout	25
Lunch Scheme at Bharat Nivas Pathway Cafe	26
Goyo Korean silent restaurant	26
Sudha's Kitchen	26
Reduced-Price Maroma Products	26
Naturellement Garden Café is open	26
FoodLink market open every day	26
Integral Harmony Farm offers charcoal	26
Qutee Electric Scooter Service	27
Annapurna Farm Baskets	27
Book Binding	27
ITS: Integrated Transport Service	27
Shared Transport Service	27
UTS: Unity Transport Service	27
Sarvam Computers Offers Reliable Service	27
Dropzy	27
Eco Femme	27
Rapid Care Services	28
Surabhi Supplies	28

Hive Coworking Space—Open House	28
New Waves	28
Service Available	28
Rupavathi Joy Activities	29
Poetry	29
A Stalk Of Rice	29
A Bird, came down the Walk	29
Voices & Notes	29
If the Inner Hermit with His Flame	29
Always Travelled Alone	29
What is and Why “Supramental”?	29
Sacred scarab	30
Auroville Media	30
Auroville Radio	30
Classes, Workshops & Healing Arts	30
Auromode SPA Offers Cosmetology Services	30
Mindfulness for Stress Reduction (MBSR)	30
Drop-in Class on Meditation, Yin Yoga, Sound Journey	30
Kundalini classes	31
Sing! The Embodied Voice Retreat	31
Auromode Yoga Space October—November	31
Quiet Healing Center Workshops	32
Angam Tree Wellness Hut	32
The Quantum—Karmic Multiverse Book Reading Satsang	33
Svaram Atelier Open for Creative & Healing Arts	33
Traditional Mantras and Stotras Chanting Classes	33
Arka Wellness Center & Multipurpose Hall	33
Sound Therapy & Self Healing	33
Holistic Well-Being Services @ Anitya Community!	34
Pitanga Cultural Centre Program October 2024	34
Taste Of Yoga @ Vérité	36
Vérité Yoga & Re-creation Programs, Treatments, Therapies & Workshops	37
It Matters Schedule from 10 to 26 October	38
Radical Transformational Stewardship: RTS	38
Leela Therapy	38
Tao of Tea 茶道 Cha Dao Sencha Syle Tea Ceremony	39
Languages	39
Bolstering English	39
Tamil classes for absolute beginners	39
Tamil Classes Offered	39
Italian Class	39
Auroville Language Lab	39
Cinema	39
Eco Film Club	39
Aurofilm	40
Auroville Film Institute Study Circle	40
Cinema Paradise Film Program 14 to 20 October 2024	41
Emergency Services	40

NRN Guidelines

Roy & Agnijata, News & Notes
newsandnotes@auroville.org.in



House of Mother's Agenda

The Immanent shall be the witness God
 Watching on his many-petalled lotus-throne
 His actionless being and his silent might
 Ruling earth-nature by eternity's law,
 A thinker waking the Inconscient's world,
 An immobile centre of many infinitudes
 In his thousand-pillared temple by Time's sea.
 Then shall the embodied being live as one
 Who is a thought, a will of the Divine,
 A mask or robe of his divinity,
 An instrument and partner of his Force,
 A point or line drawn in the infinite,
 A manifest of the Imperishable.

The supermind shall be his nature's fount,
 The Eternal's truth shall mould his thoughts and acts,
 The Eternal's truth shall be his light and guide.
 All then shall change, a magic order come
 Overtopping this mechanical universe.
 A mightier race shall inhabit the mortal's world.
 On Nature's luminous tops, on the Spirit's ground,
 The superman shall reign as king of life,
 Make earth almost the mate and peer of heaven,
 And lead towards God and truth man's ignorant heart
 And lift towards godhead his mortality.

A power released from circumscribing bounds,
 Its height pushed up beyond death's hungry reach,
 Life's tops shall flame with the Immortal's thoughts,
 Light shall invade the darkness of its base.
 Then in the process of evolving Time
 All shall be drawn into a single plan,
 A divine harmony shall be earth's law,
 Beauty and joy remould her way to live:
 Even the body shall remember God,
 Nature shall draw back from mortality
 And Spirit's fires shall guide the earth's blind force;
 Knowledge shall bring into the aspirant Thought
 A high proximity to Truth and God.

The supermind shall claim the world for Light
 And thrill with love of God the enamoured heart
 And place Light's crown on Nature's lifted head
 And found Light's reign on her unshaking base.
 A greater truth than earth's shall roof-in earth
 And shed its sunlight on the roads of mind;
 A power infallible shall lead the thought,
 A seeing Puissance govern life and act,
 In earthly hearts kindle the Immortal's fire.
 A soul shall wake in the Inconscient's house;
 The mind shall be God-vision's tabernacle,
 The body intuition's instrument,
 And life a channel for God's visible power.
 All earth shall be the Spirit's manifest home,
 Hidden no more by the body and the life,
 Hidden no more by the mind's ignorance;
 An unerring Hand shall shape event and act.

The Spirit's eyes shall look through Nature's eyes,
 The Spirit's force shall occupy Nature's force.
 This world shall be God's visible garden-house,
 The earth shall be a field and camp of God,
 Man shall forget consent to mortality
 And his embodied frail impermanence.
 This universe shall unseal its occult sense,
 Creation's process change its antique front,
 An ignorant evolution's hierarchy
 Release the Wisdom chained below its base.
 The Spirit shall be the master of his world
 Lurking no more in form's obscurity
 And Nature shall reverse her action's rule,
 The outward world disclose the Truth it veils;
 All things shall manifest the covert God,
 All shall reveal the Spirit's light and might
 And move to its destiny of felicity.
 Even should a hostile force cling to its reign
 And claim its right's perpetual sovereignty
 And man refuse his high spiritual fate,
 Yet shall the secret Truth in things prevail.
 For in the march of all-fulfilling Time
 The hour must come of the Transcendent's will:
 All turns and winds towards his predestined ends
 In Nature's fixed inevitable course
 Decreed since the beginning of the worlds
 In the deep essence of created things:
 Even there shall come as a high crown of all
 The end of Death, the death of Ignorance.
 But first high Truth must set her feet on earth
 And man aspire to the Eternal's light
 And all his members feel the Spirit's touch
 And all his life obey an inner Force.
 This too shall be; for a new life shall come,
 A body of the Superconscient's truth,
 A native field of Supernature's might:
 It shall make earth's nescient ground Truth's colony,
 Make even the Ignorance a transparent robe
 Through which shall shine the brilliant limbs of Truth
 And Truth shall be a sun on Nature's head
 And Truth shall be the guide of Nature's steps
 And Truth shall gaze out of her nether deeps.
 When superman is born as Nature's king
 His presence shall transfigure Matter's world:
 He shall light up Truth's fire in Nature's night,
 He shall lay upon the earth Truth's greater law;
 Man too shall turn towards the Spirit's call.

(to be continued next week)

Sri Aurobindo, Savitri—A Legend and a Symbol
Book Eleven: The Book of Everlasting Day
Canto One: The Eternal Day: The Soul's Choice and the
Supreme Consummation
<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>
 With love and gratitude, Gangalakshmi (HOMA)

Townhall Speaks

CITY SERVICES CONTRIBUTIONS AND PAYMENTS

September 2024

Summary	Unspecified	Specified	Total
Buffer Opening Balance (BOB)	12,92,63,0987	—	12,92,63,0987
Monthly Contributions (Int. + Ext.)	2,06,96,171	5,17,382	2,12,13,553
Total Contributions (OB+Monthly Inc.)	14,99,59,269	5,17,382	15,04,76,651
Total Payments	1,84,61,438	5,17,382	1,89,78,820
CS Ending Balance (Includes BOB)	13,14,97,831	—	13,14,97,831

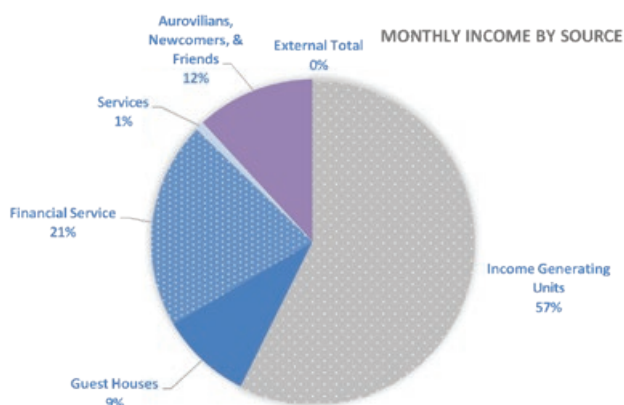
Monthly loss/gain **22,34,733**

Internal Contributions

Source	Unspecified	Specified	Total
Income Generating Units	1,17,90,603	3,74,637	1,21,65,240
Guest Houses	19,39,675	4,000	19,43,675
Financial Services	43,00,000	96,685	43,96,685
Services	1,87,639	—	1,87,639
Aurovilians, Newcomers, & Friends	24,78,254	42,060	25,20,314
Internal Total	2,06,96,172	5,17,382	2,12,13,554

External Contributions

Government of India for SAIIR	—	—	—
Government of India for Other	—	—	—
Other Contribution	—	—	—
Project Contributions	—	—	—
Foreign Contributions	—	—	—
External Total	—	—	—



See full report:

- In Printed version at the end of the issue,
 - In Computer/ Mobile version [please follow the link.](#)
- BCC Team (Angurajan, Arthi, Jothiga, Kalaiarasi, Kaileshvaari, Ravindra, Victoria)

FAMC OFFICE'S

New Landline Phone

Dear Community, the FAMC office's new landline phone number is

- 0413 3509954.

The old phone number has been disconnected.

Balaji, FAMC Admin

CLARIFICATION

Regarding the Dog Shelter Project



Auroville
Town
Development
Council

L'avenir d'Auroville

Clarification regarding the Dog Shelter project and correcting misinformation in their latest announcement in the N&N dated 03.10.24:

- The Dog Shelter (DS) received a site NOC for 6.7 acres in 2023 from ATDC next to the Red Earth Riding School owing to the construction of a VIP access road through the current site. The Dog Shelter in its current location uses less than 2 acres of land.
- A petition from the village of Edayanchavady was received by AVF asking that this shelter should not be allowed in that location in the village citing reasons of disturbance from noise.
- A review of the site location and quantum of land allocated was asked to be initiated by the AVF authorities in the first quarter 2024.
- Meanwhile, the DS team sent in their Preliminary Design Application for the newly allocated site of 6.7 acres. Once the review of site location and quantum of land is completed, a revised Preliminary Design Application will be processed based on the approved scope and program of spaces.
- FAMC was brought on board this conversation by ATDC which was a step that had been mistakenly skipped in 2023.
- FAMC gave a clear decision that the DS will function with the basic scope relevant for Auroville only i.e. Rescue & Release, facilitate sterilisation and vaccination. FAMC has not approved any expansion in the scope of activities of the Dog Shelter.
- The matter of location and quantum of land is still under discussion with the AVF authorities, along with the scope of DS in line with the SPCA and the mandate of the Auroville project, and the guidelines given by The Mother regarding animals in Auroville, specifically in her Aspiration Talks.
- The matter will be concluded as soon as a common agreement is reached between the DS, FAMC, ATDC and AVF authorities.
- After many meetings with FAMC and the DS team, ATDC in its meeting held on 10-09-24 has formally rescinded the site NOC issued in 2023. ATDC will process a new site location and an appropriate quantum of land for this project as soon as agreements are reached.
- Excerpt from the ATDC meeting minutes are as follows: "Subsequently after due discussions amongst the designated persons it was agreed that the Dog Shelter NOC should be rescinded and a new application processed with the basic scope of project as agreed by FAMC. Sindhuja (Planning) presents this in this ATDC meeting and a decision is taken that the Site NOC issued is now rescinded."
- Sindhuja has not resigned from ATDC and continues as a member.

Joel, Inbox manager for L'avenir d'Auroville team

Appointed members: Govind, Hemant (inactive), Jaya, Ponnusamy, Prasad, Sindhuja & Toby
Member-Secretary: Dr. G. Seetharaman

APPLICATION HELP DESK CLARIFICATION



L'avenir d'Auroville

Dear community, in the previous edition of News & Notes the formation of an Application Help Desk of L'Avenir d'Auroville was mistakenly sent for publication without the approval of the ATDC team.

- **Kindly note that this publication is rescinded.**

For any L'avenir d'Auroville related queries, including queries specifically related to filling of application forms or others, you may send your request in writing to avenir@auroville.org.in so that your communication and the subsequent responses of any member/ staff/ resource person, is transparent and visible for the whole team of L'avenir d'Auroville.

Jaya and Prasad for L'avenir d'Auroville team

Appointed members: Govind, Hemant (inactive), Jaya, Ponnusamy, Prasad, Sindhuja & Toby

Member-Secretary: Dr. G. Seetharaman

Community News

Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity and Matrimandir

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE.

- The Park of Unity is open to Aurovilians and Newcomers daily, 6am—7:30pm
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm

Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.

Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Auroid cards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
 - Monday—Saturday: 6—8am, 4:30—7:30pm.
 - Sunday: 6am—12pm, 4:30—7:30pm.
- The Inner Chamber is open to SAVI registered Volunteers:
 - Wednesday—Monday, 8—8:40am. Arrival at 7:45am at the Office Gate.
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
 - Any day except Tuesday & Sunday: 8—8:35am. Arrival at 7:45am at the Office Gate.
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
 - Tuesday 9—11am.
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in: Tuesday 8—8:30am.

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders:
 - Monday—Sunday, 7—8am, daily 5—6pm.
 - Tuesday morning, closed.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre:
 - Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

Antoine, Divya Karun, John H., Judith, Sundar K

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri

Every Thursday, 5:30—6pm (weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville. We follow the sun and the timing changes with the season...

From Thursday, 26 September timing is: 5:30 to 6pm (instead of 6—6.30 pm)

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Dear Guests,** please carry your Guest Card with you. Access only for the Amphitheater from 5:15pm. Thank you.

Surya and Velmurugan for Amphitheater team



Awakening Spirit

Savitri
B H A V A N

Schedule, October 2024

Exhibitions

- **Meditations on Savitri:** The entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **A Bilingual Exhibition on "Sri Aurobindo: A life sketch in photographs"** with texts both in English and Tamil is displayed in the upper corridor.
- **Glimpses of the Mother:** Photographs and texts in the Square Hall.

Films: Mondays, 4pm in the Sangam Hall

- **October 14:** The Children of Auroville, Part One—Early Education. A film about education in Auroville at the beginning. This film is made by Doris and Francis, Auroville Video Productions in 2009. Duration: 41min.
- **October 21:** Children of Auroville, Part Two—Here and Now. Children who were born in Auroville or who came at an early age tell their stories of how they grew up and when they went out for further education and decided to come back. A film by Doris and Francis, Auroville Video Productions in 2011. Duration: 58min.
- **October 28:** The Great Adventure—Auroville Becoming 50. The film is a beautiful kaleidoscope of Auroville's history, its activities and events, constructions and research by Doris and Francis and Auroville Video Productions in 2018. Duration: 50min.

Full Moon Gathering

Thursday, 17 October, 7:15—8:15pm in front of Sri Aurobindo's statue

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays, 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 5:30—7pm:** OM Choir led by Narad
- **Fridays, 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Everyone is welcome

Dhanalakshmi

House of Mother's Agenda welcomes you

The House of Mother's Agenda at Savitri Bhavan informs that from August 2024:

- **Monday—Saturday, 3—5pm** Ganga Lakshmi is here to welcome you.

Moreover, those who want to listen to the Agenda of the Mother's in French. That will be possible:

- **Every day, 3—5pm**

Welcome to the Infinite Joy.

Ganga Lakshmi

The Children of Auroville, Part One—Early Education

- **Monday, 14 October 2024, 4pm @ Savitri Bhavan.**
Duration: 41min.

At the time of the pioneers, in Auroville, there was a beautiful mixture of Westerners, Indians from the surrounding villages and all over India, and the children born here. Photos of the Indian families were brought to The Mother, and she decided about their joining in Auroville. They were called integrated families. In 1970, the first school in Aspiration had about 35 children including the children of the integrated families. Teachers from the Ashram came daily to the school in Aspiration.

Shraddhavan recounted three occasions that brought all together: in the morning during the assembly for quiet meditation, Sanskrit, and chanting of mantras, in the wonderful French kitchen for meals, and while doing sports in the afternoon.

The first children of Auroville remember the joy and excitement of learning. How fast could they run? How quiet could they be? How could their feet listen to the earth? They experienced theater, drama, and music with adults.

After the Mother's passing, serious disagreements happened between Shyamsundar, the secretary appointed by the Mother for Auroville, and Navajata of the Sri Aurobindo Society. It became clear that Auroville needed independence from the Sri Aurobindo Society. Therefore, the Auroville Society was founded in November 1975. The situation continued to escalate. Changes were made for Auroville and that also affected the school. Teachers and students were asked to live in Auroville or to leave. Self-destruction was the result.

A veritable revolution started in Auroville. For the children it was devastating. It was like a darkness covering up everything. The children could not understand what was happening. Some people were taken to jail, the burning of books in the school happened, and some Aurovilians were beaten up by other Aurovilians. The teachers were preoccupied by political activities. And French revolutionaries took over the school and destroyed its laboratories. There was no school in Aspiration anymore.

The children were lost and free. Some enjoyed total freedom, and others wanted to study. Some went to Udavi school, many to Johnny's school, to Centre school, and then to the newly built Transition school. Later, some youth of Auroville made efforts to have classes in Aspiration again, and in 1984 Last School was reopened.

This valuable film about Auroville's history was made by Doris and Francis, Auroville Video Productions, in 2009. Duration: 41min.

Margrit for Savitri Bhavan

BRAHMANASPATI KSHETRAM

Calendar of regular events of October 2024

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

10th & 24th Thursday 6:30 - 7.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

17th, Thursday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

kshetram2014@auroville.org.in



Rajan



A weekly study circle on The Synthesis of Yoga—Sri Aurobindo

The Synthesis of Yoga - Sri Aurobindo



By Deepti Tewari

The Mother's very last message to Auroville
 "Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work."

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."
 27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions."
 02.05.1970

4:30 pm - 5:30 pm
Every Tuesday

Venue :
 Resource Library,
 Bharat Nivas, Auroville

Scan for Location



Monisha

SAVITRI SATSANG & OM CHOIR with Narad

Savitri Satsang

with Narad

Every Wednesday, 4:30 - 5:15 pm

followed by the **Om Choir**, 5:30 - 6:15 pm
 at SAVITRI BHAVAN - Square Hall

We will begin with,
 Book 1 The Book of Beginnings,
 Canto 1, The Symbol Dawn.

Savitri, this prophetic vision of the world's history, including the announcement of the earth's future.

From the Mother

The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted.

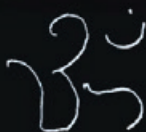
A complete system of yoga which can serve as a guide for those who want to follow the integral sadhana.

Om Choir

Every Wednesday, 5:30 - 6:15 pm

The voice that chants to the creator Fire, The symbolled OM, the great assenting Word.

~ Savitri



Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

Narad

Education

SAIIER INVITES VOLUNTEERS AND PARENTS

Associated with Auroville Schools to IEPG—4

Integral Education Practitioner Gathering (IEPG) is a three-day program to deepen our understanding of both the principles and practices based on the teachings of Sri Aurobindo and The Mother.

- We are inviting the volunteers and parents to join us for the fourth IEPG.

Why should you join us?

Feedback collected from 70 participants after IEPG 3 highlighted the strong sense of community, mutual support, and shared purpose, helping to strengthen connections among Auroville's educators and their alignment with the ideals of Integral Education.

Over the course of three days, participants engaged in a holistic approach that deepened their understanding of child development, teaching principles from Sri Aurobindo, and the importance of cultivating joy and love in the classroom.

Participants expressed a renewed commitment to integrating these practices into their classrooms, focusing on self-awareness, psychic discovery, and fostering a joyful, stress-free learning environment for children.

Most importantly, you should join us because we are all collectively committed to creating an environment that nourishes the connection of our children with their psychic beings.

Program Details:

- 26 October, 8:30am—5pm
- 27 and 28 October, 9am—5pm
- Venue: Morning sessions till 10.30 at Unity Pavillion and after that all session till 5 pm at Udavi School
- Registration: October, 8:30am
- Online registration is mandatory for participation.

[Click on this link to register](#)

Further details will be communicated through WA 2 days before the program ONLY after online registration is done.

Sohela for Team SAIIER

BOOK READING CIRCLE

at Auroville Library:

Mondays 6—7pm in the Children's Room

The Beauty Myth by Naomi Wolf

If you identify as a woman, you know how performing and owning our gender can be both empowering and disempowering at the same time. I have a niece who has been conscious of her weight since she was 9 years old, and a friend who went on a crash diet before her wedding and ended up with a hemoglobin level of 6 (for reference, the minimum for women is 12). Women are constantly expected to look a certain way, and that 'certain way' is more often than not dictated by the beauty industry and the media. It is time to change. I invite you to step into your greatness and acknowledge all that you are besides your appearance irrespective of your gender.

This reading circle is for both men and women

Sohela , +91 8233277556



AUROVILLE LIBRARY

Our other reading circles

- **Mondays 6—7pm**, main building:
The Prophet by Kahlil Gibran,
hosted by Malcolm (+91 9080159721)
- **Tuesdays 6:30—7:30pm**, main building:
A New Earth by Eckhart Tolle,
hosted by Debashish (+91 7678208825)
- **Thursdays 6—7pm**, main building:
When Things Fall Apart by Pema Chodron,
hosted by Helen & Serena
(+91 7094753054/ +91 8489760966)

Auroville Library Contacts and Timings

- **Phone:** 0413 2622 894
- **Email:** avlib@auroville.org.in
- **Opening timings:**
 - **Mornings:** Monday—Saturday: 9am—12:30pm
 - **Afternoons:**
Monday, Wednesday, Thursday, Friday & Saturday:
2—4:30pm
Tuesday: 4—6:30pm

Laura

MONOSO: THANK YOU!

I want to give a big thanks
to Charu for his vibrant Hindi Translation
and B for making possible this Edition of Monoso
Anandi-ayun

KULAI CREATIVE CENTRE

Next to Auroville Bakery, Kulapalayam
kulaicreativecentre.auroville@gmail.com
8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tues-day	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednes-day	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thurs-day	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiyam, Silambam, Up-cycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15.		

Selva for KCC

ACADEMIC TUITION OFFERED

With my 18 years of experience in education, I offer academic tuition sessions from grade 1 to university level in all subjects. Also I am a spoken English and Hindi language trainer. My contact number is 8270512606.

Ashwini, Aspiration

AUROVILLE ILAIGNARKAL EDUCATION CENTRE

Special Invitation: Festival of Evolution

3—14 October

Dear Friends, Vanakkam!

Ilaignarkal Education Centre cordially invites you to participate in the cultural event:



Navaratri Utsav—doll show as part of Dasara Celebrations.

This year the theme for research is on Evolving Humanity. We invite all of you to be with us and participate in the special 10 days event.

- **Place:** Ilaignarkal Education Centre, Auroville
- **Date:** Thursday, 3—Monday, 14 October
- **Time:** 10am—12noon and 2—6pm everyday.
- **RSVP** Ilaignarkal Education Centre Team
0413 2623773, tamil@auroville.org.in

R. Meenakshi for IEC Team

BOOST YOUR AUROVILLE PROJECT WITH AI:

Enthusiasts Ready to Help!

Have an established Auroville project using online channels? Looking to improve with AI? We're local GenAI enthusiasts excited to explore AI's potential with you!



For those ready to apply AI, we can explore custom solutions, help integrate AI tools, and brainstorm AI-driven strategies for your online presence. You're the expert in your field; we're passionate about AI. Together, we can discover new possibilities.

We're eager to help find ways to analyze your data, streamline tasks, personalize user experiences, and investigate AI-powered marketing—all tailored to your Auroville project.

Ready to collaborate?

- **Contact us on WA:**
Manisha 9999955321, AL 9843941207.

Let's learn, grow, and innovate together with AI! Manisha

FERROCEMENT SPECIAL COURSE

14—17 October @ Auroville Earth Institute



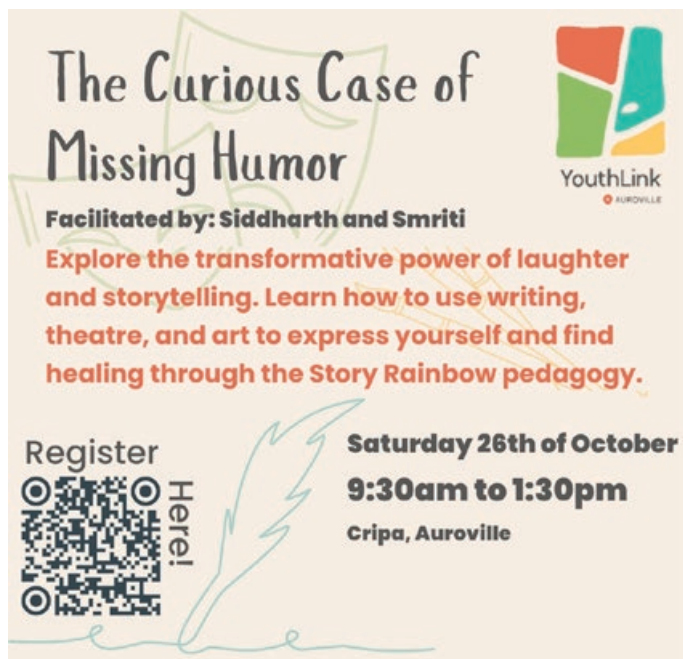
We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning. Limited seats are available on a first-come, first-served basis. Register now & Join the Clan!

- **Contact:**
+91 9159225078 / 0413 2623330/ 2623064
- **Registrations are open:**
<https://registration.earth-auroville.com/> T. Ayyappan

Youth Initiatives

LAUGHTER IS THE BEST MEDICINE

26 October, Saturday, 9:30am—1:30pm @ CRIPA



Join us for an immersive playful cheerful workshop on therapeutic storytelling to decode why “Laughter is The Best Medicine” and how to create it while exploring one’s own uniqueness. Interactive, fun, and light-hearted experience allowing participants to discover oneself and different types of humor, their own humorous style, and how humor can enhance communication and relationships. Looking at life from the lens of humor.

- [Register via the link](#) or scan the QR code!
- Facilitator: Siddharth & Smriti

Jlsung on behalf of Youthlink

MAKER SPACE

Monday to Thursday, 8:30am—12:30pm
@ Youth Center

Dear Community, we are excited to share with you the news of our newly launched Maker Space! This collaborative workspace is a hub for creativity, exploration, and skill development for makers of all ages. We have already had 30 participants engage in exciting projects, and we are looking to expand our offerings.



In order to continue providing a dynamic and resourceful environment for our community, we are reaching out to ask for your support. We are seeking donations in cash or in kind, specifically materials such as wood, metal, and other upcycling materials that will help our makers bring their ideas to life.

Your generosity will help us provide a space where individuals can experiment, learn, and create in a hands-on, project-based learning environment.

- If you are interested in supporting our Maker Space with a donation, please reach out to us at Youthlink@auroville.org.in or for in cash donations you can directly transfer to our account 251048.

Your contribution will make a meaningful difference in the success of our program.

Thank you for considering supporting our Maker Space. We look forward to hearing from you and continuing to empower makers in our community. *Lucrezia & Youthlink team*

Ecology

COME & CHECK ECO SERVICE TREASURES

Monday to Saturday,

10:30am—12:30pm & 3—4:30pm

Dear Community, we are delighted to offer a variety of valuable items at Eco Service, like plates, PVC pipes, repair materials, mirrors, glass bottles, and much more.



We welcome all recyclers or anyone needing such items to take them anytime from Monday to Saturday between 10:30am—12:30pm and 3—4:30pm.

- It’s best to call Sumit at 6379669034 to confirm his availability before you come by. See you soon!

Laura H for Eco service team

Health Care



Schedule, October 2024

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr.Senthil & Dr.Pavan: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: TOS	Integrative Psychotherapy with Juan Andres: TOS
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday (except Friday)
Women’s Wellness with Paula: Tuesday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry through email adminsante@auroville.org.in	

In Santé, we value our patient’s confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in, <http://sante.auroville.org.in>

TIBETAN DOCTOR TO VISIT AUROVILLE

Greetings to you all.

This is to your information that the Tibetan Doctor and the team based in Chennai Mentseekhang, are paying the monthly Medical visit on:

- **Thursday, 17 October, 2—5:30 pm**
- **Friday 18 October, full day, 8:30am—1pm & 2—5:30pm.**
- **Saturday, 19 October, morning, 8:30am—1pm.**

The consultation is happening at Pavilion of Tibetan Culture, International Zone, Auroville.

To get your appointment:

- 0413 2622401 or 8489067332 WA
- Consultation is held at Tibetan Pavilion Auroville.

*Kalsang
for Pavilion of Tibetan Culture*



Aurokiya Integral Eye Centre
(An Auroville Unit)
In collaboration with The School For Perfect Eye Sight, Pondicherry

Auro Centre For Perfect Vision

Eye Yoga & Vision Therapy

Experience Natural Visual Healing with us

- ✓ Eye Yoga for Children
- ✓ Eye Yoga for Adults
- ✓ Vision Stress Relief Therapy
- ✓ Customized Vision Therapy
- ✓ Eye Relaxation Techniques
- ✓ Sports Vision Enhancement Training
- ✓ Dry Eye Therapy
- ✓ Eye Nutrition Guide

Private Sessions
Group Sessions
Online Sessions Available

* With a fully equipped eye clinic facility

Aurokiya Integral Eye Centre, in collaboration with The School for Perfect EyeSight, has launched the Auro Centre for Perfect Vision for eye yoga and vision therapy. We offer a transformative approach to address common eye issues, improve visual clarity, reduce eye strain, and support overall eye health. Our facility will offer regular eye yoga and vision therapy sessions, comprehensive eye exams, and follow-up care.

Please contact us for sessions and details

- Email: aurokiya@auroville.org.in
- Contact: 8012305151, 9704258709

Aurosugan for Aurokiya

FREE DELIVERY

by Pharmacy of Auroville Health Centre

The Pharmacy can provide free delivery by Dropzy for Aurovilians, Newcomers and Auroville guests staying in Auroville guest houses.

- The order should be sent to the following email: pharmacyauroville@auroville.org.in *Lili and Dr Uma*

CHILDBIRTH PREPARATION CLASSES

Hall of Light, Creativity community, on Wednesdays

Childbirth preparation classes, including fathers, are offered throughout the year, at Hall of Light, Creativity community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



- **5—6pm, movement classes** like yoga, dance, breath work, etc
- **6—7pm, theory** on various aspects of pregnancy

Like to join the classes?

- [Join our WA group here](#) or send message to Bala +91 9892699804 to add you in the group

All classes are drop in/out, if you are few minutes late or need to leave early we understand.

Morning Star is a unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

- **If you'd like to know more** about our work email us morningstar@auroville.org.in
- and **general administrative queries** to Bala + 91 9892699804 WA only.

Submitted by Bala

AURODENT DENTAL CLINIC

AURO DENT

Dental Clinic
Auromode, Auroville.

For Appointment please contact us
Email: aurodent@auroville.org.in
Phone: 0413-2622063 What's up: 9629199328

Working hours
Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sutha

OFFERING NURSING SERVICES

Greetings to the community, it's my pleasure to introduce myself to all of you.

My name is Madhi and I'm 26 years old. I've been living in auroville since my childhood with my family. I have done my bachelors degree in b.sc (nursing) and i have two years experience as a staff nurse in hospitals (one year in psychiatric ward, six month in icu and six month in emergency).

Past two years I've been working with private diagnosis and health care in Auroville.

- Home visit care for elderly people, bed ridden patient, psychiatric patient, etc.

Kindly get in touch with me if you need assistance, hospital care, home care, home visits, or a caretaker. I'm happy to offer my professional skills in the appropriate and proper way.

*Madhi, 9597222826 call/ WA
madhiazhagan014@gmail.com*

Animal Care

**RAISING 'HOPE' ONE DOG HOUSE AT A TIME:
Youth Centre and Youthlink Step In**

We are beyond grateful to the wonderful teams at the Youth Centre and Youthlink for their incredible support in building 20 new dog houses for our shelter! With the monsoon fast approaching, and our old shelter overcrowded and in disrepair, these efforts couldn't come at a more crucial time. The situation at the old shelter has become dire, with crumbling facilities and delays in constructing the new Auroville Dog Shelter, largely due to external sabotage by certain individuals. We simply cannot let our dogs endure another rainy season under such dangerous conditions—last year's flooding turned part of the shelter into a lake, threatening the lives of our animals.



To counter this, we have transformed an unused 0.3-acre section of the old shelter, previously overgrown and prone to flooding, into a secure and vibrant space we call "HOPE." After clearing the area of thick undergrowth, we fenced it in and installed drainage systems and a water-holding pond to ensure it remains dry throughout the monsoon. While we've made significant progress, there's still work to do. We are currently working on dividing the space into large outdoor areas for around 50 to 60 dogs and hope to raise the ground using leftover material from the Matrimandir Lake excavation. This will allow us to plant trees, bushes, and flowers, creating a beautiful and shaded dog sanctuary, where the colorful houses crafted by Auroville's best Youth will be placed.

We're inviting the AV Community to join the "Dog House Painting Workshop" this Friday, 11 October and Saturday, 12 at the Youth Centre from 9:30am. Support us by adding the finishing artistic touches to the dog houses!

We also need "plant donations" to bring the area to life with fast-growing trees, bushes, flowers, and plants that can withstand the energy of our lively dogs. Donations can be dropped off at the Mobile Vet Clinic in front of Solar Kitchen on Fridays from 10:30am to 12:30pm, or brought to the shelter. If you have many plants to offer, we may be able to arrange a pickup.

Together, let's give our dogs a safe and beautiful place to call home this monsoon season—a place of "Hope."

As we are running low on funds, we appreciate any financial support. Please consider donating to FS 251391 or visit our website at www.aurovilledogshelter.com for more ways to help.

Arthur for Auroville Dog Shelter

**YATRA ART AND CULTURE FOUNDATION'S
19th Anniversary Celebration—2024**

Saturday, 12 October, 5pm

@ Yatra Art and Culture Foundation,
Perumal Kovil Street, Kondamur



Dear Parents, Teachers, Students and Friends,
We cordially invite you to Yatra Art and Culture Foundation's 19th Anniversary Celebration which will be held this year at our outreach centre in Kondamur. The children of the Foundation and the Yatra Theatre Team are excited to be performing a full cultural program for you.

All are welcome !!!

0413 2623071/ 9751033162,
Yatra Srinivassan

VIJAYADASHAMI CELEBRATIONS

VIJAYADASHAMI POOJA 06:00 am
KALARIPPAYATTU PERFORMANCE 07:00 pm
ALL ARE WELCOME 12 October 2024
KSHETRA KALARI
Aspiration community, Sports Ground +91 9585153355
Auroville, Tamil Nadu 605101 +91 9042009200

Vadivel and Maneesh

Gatherings

**MARC'S ROOFTOP SESSIONS:
Coffee, Music, and Culture**

Join us every Friday for Marc's Rooftop Sessions, where specialty coffee meets live music and a laid-back rooftop vibe. Sip on nano lot brews, curated teas, and Matilde's signature fermented drinks while enjoying live performances by Caffeine and Darren.

We have a new Mexican menu for you to indulge in.

- Where: **Marc's Café Rooftop Terrace**
- When: **Every Friday evening 5:30 to 9pm**

Celebrate coffee, music, and community at Marc's Rooftop Sessions.
Eden Uriel, Brand Ambassador



Music & Arts

**HINDUSTANI DRAMA
Ishqyen Ki Aanch**

22—23 October, 7:30pm @ CRIPA

Inviting the community to a Hindustani Drama based on an epic true love story between famous Indian poets .

Sahir—Amrita in play called *Ishqyen Ki Aanch*, written & directed by Umair Ahrar. A drama depicting a great love story of love and longing.

Join us in celebrating a great love saga that lasted a century.

Romel for Drama Team



SUNIL SREE: MORE THAN ONCE

18 October—6 November

Opening on Friday, 18 October, 4:30pm



SUNIL SREE

Opening 18 October 2024 at 4.30 pm
18 Oct - 6 Nov

CENTRE D'ART CITADINES, AUROVILLE

Tue - Fri 2 to 5.30 / Sat 10 to 12.30 - 2 to 5.30

Monday by appointment only - centredart@auroville.org.in

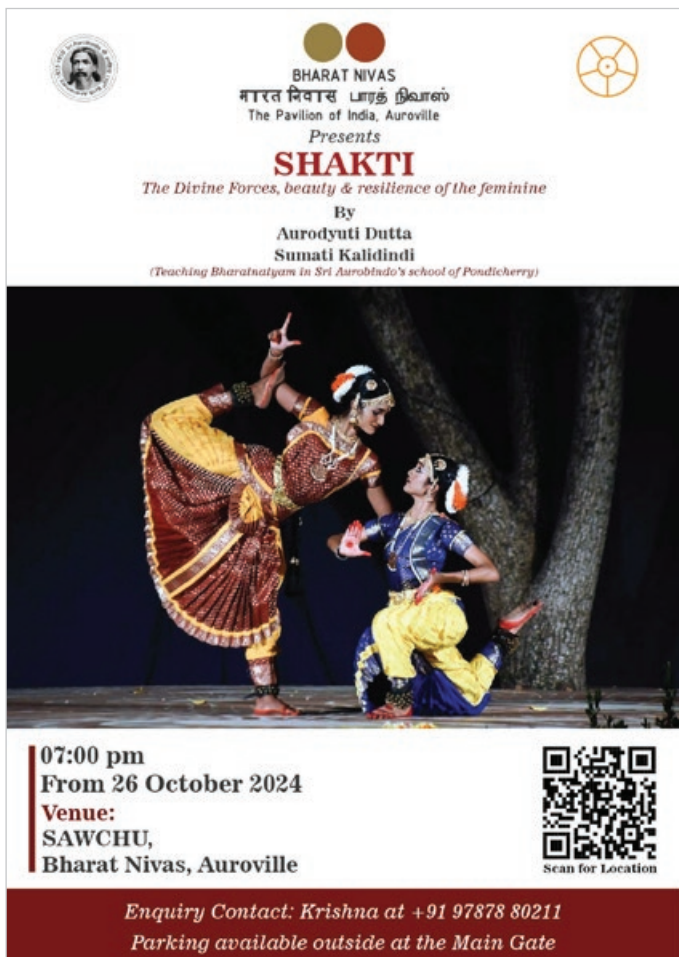
Please park at town hall parking

MORE THAN ONCE

- Tuesday—Friday, 2—5:30pm,
- Saturday, 10am—12:30pm, 2—5:30pm
- Monday by appointment only: centredart@auroville.org.in
- Guided visits on Saturday at 10:30am

Submitted by Marco

BHARAT NIVAS: SHAKTI



BHARAT NIVAS
भारत निवास பாரத நிவாசம்
The Pavilion of India, Auroville

Presents
SHAKTI
The Divine Forces, beauty & resilience of the feminine

By
Aurodyuti Dutta
Sumati Kalidindi
(Teaching Bharatnatyam in Sri Aurobindo's school of Pondicherry)

07:00 pm
From 26 October 2024
Venue:
SAWCHU,
Bharat Nivas, Auroville

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate

CATCHING THE SHOOTING STARS

12 October, 7pm @ Adishakti Theatre

Catching the Shooting Stars a solo clown show performed by Maya Krishnan and directed by Andres Fagiolino.

Synopsis: "Catching the Shooting Stars" is a reflection on life, death, and the magnetic force of courage. The story follows a clown who wakes each day believing it will be her last. It's a reminder to embrace both life's joys and its inevitable storms. This play celebrates flaws, friendship, and the strength to live every day as if it were the final one.



As a principle, the entry is free in Adishakti, it is first come, first served and the Donations are welcome and would help us out a lot. We'd love to see you at the show.

Vinayakumar, Artistic Director, Adishakti Theatre

CREEVA: DIVERSITY IN EXPRESSION



CREEVA
Center for Research Education Experience in the Visual Arts

CREEVA presents group exhibition of paintings
Diversity in expression

Inauguration on 17th October from 3.0Pm to 5.0Pm
October 17th to November 13th 2024
Pavillion of Tibetan culture, International zone, Auroville.

Gallery timing: 9.00 Am to 12.30 Pm
2.00 Pm to 4.45 Pm (except Sunday)

Contact Sathya on 9486145072 (WA)
Akhila on 9880277470

Submitted by Sathya

Dance Activities

ZUMBA WITH PREETI



New Creation Dance Studio
Sweatout & Smile
ZUMBA
Every Mondays!

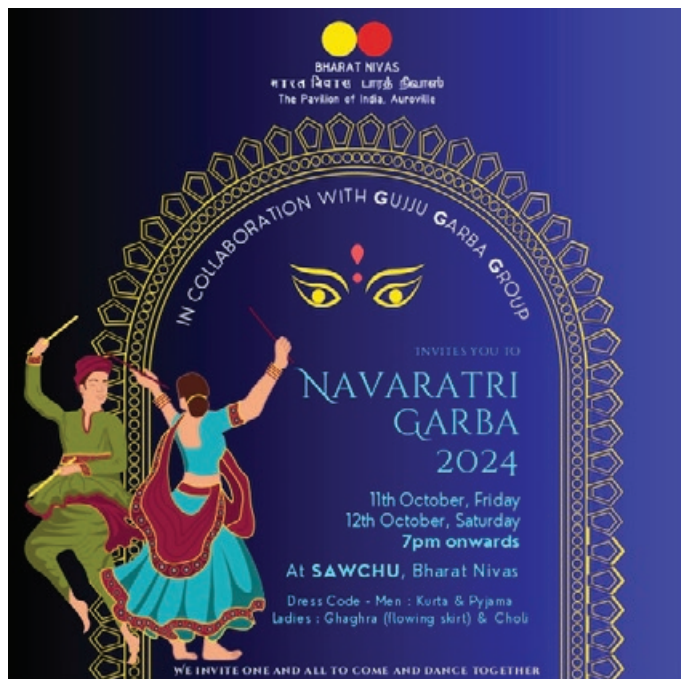
Zumba classes are happening @ New Creation Studio, every Monday, 6pm
For regular classes DM: 8281746763 Vega

IN COLLABORATION WITH GUJJU GARBA GROUP

Invites you to Navratri Garba 2024

11 & 12 October, Friday & Saturday, 7pm onwards

@ SAWCHU, Bharat Nivas



Dress code

- Men: Kurta & Pyjama
- Ladies: Ghaghra (flowing skirt) & Choli

We invite one and all to come and dance together.

Mona

AUROVILLE TANGO



Tango @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- Monday: 7—Introduction to Tango, 8—Open Source
 - Wednesday
 - 7:30—Guided Practica, 8—Long Practice
- No partner required. Bring socks or dance shoes.
And plenty of joy!

• +91 9821166082, tango@auroville.org.in Maud

DANCE CLASSES BY MANI

Salsa Dance Class



Tango Dance



Submitted by Mani

BALLET DANCE CLASSES

with Fleur

@ New Creation Dance Studio



Fleur, 9600225764

Multiple Activities



BHARAT NIVAS
 भारत निवास ஸ்ரீவிழாஸ்
 The Pavilion of India, Auroville

REGULAR WORKSHOP, CLASS & EXHIBITION

MONDAY TO FRIDAY
 06:00 AM - 07:00 AM
KALARIPAYATTU CLASS at Bhumika Hall

TUESDAY & THURSDAY
 06:30 PM - 08:30 PM
FENCING CLASS at Harmony hall

MONDAY, WEDNESDAY & FRIDAY
 06:30 PM - 09:30 PM
TANGO CLASS at Harmony hall

TUESDAY
 04:30 PM - 05:30 PM
THE SYNTHESIS OF YOGA at Resource Library

FRIDAY
 11:00 AM - 12:00 PM
SAVITRI STUDY CIRCLE at Resource Library

WEDNESDAY
 05:45 PM - 06:55 PM
INTEGRAL HEALING at Bhumika Hall

MONDAY TO SATURDAY
 09:30 AM - 12:30 PM
RESOURCE LIBRARY at 1st Floor - Bhumika Building

EXHIBITIONS - MONDAY TO SUNDAY

09:00 AM - 05:00 PM
THE DAWN OF AUROVILLE - PHOTO EXHIBITION at Kala kendra

09:00 AM - 04:30 PM
WILDLIFE ART GALLERY at Old LOE Building (old post office)

09:00 AM - 04:30 PM
THE CITY THE EARTH NEEDS at India Space

Enquiry Contact: Krishna at +91 97878 80211

Music, Art & Craft Activities



Open-Mic night
Every Saturday 7 pm to 9:30 pm


Whether you're a singer, musician, dancer, comedian, actor or poet...young or simply young at heart... join us for an evening of smiles and creativity in our cosy garden cafe. And of course enjoy our traditional home-cooked South Indian food!

Artiste Café'
 Open Monday to Saturday
 (8:30 am to 9:30 pm)
 Sunday Holiday

Contact: 0413-2623071
 Mobile: 97867 72209

Near New Creation,

SVARAM SOUND EXPERIENCE





SVARAM
 SOUND EXPERIENCE

SOUND JOURNEY

We are back for our 2024-2025 Season!
Every Wednesday
 5:30 - 6:30 pm
 Unity Pavilion, Auroville

In the meantime, we continue to offer our personalised Sound Experiences. Please scan the QR Code below for details

Submitted by Zech

**SVARAM OPEN WORKSHOPS:
 Sonic Festival 2024**



@ Svaram Atelier, 2nd Floor, Utsav Building

Song Writing and Improvisation by Varun Rao

- 14 October, 9am—5 pm

Write simple songs, learn to improvise and co-create musical soundscapes.

Based on the building blocks of sound and creative free association, tap into your innate musical flow and discover your song lines and enchanting melodies.

Vocal Techniques and Health by Anushka Gunpulk

- 15 October, 9am—5 pm

Drawing from classical vocal techniques, learn essential practice methods and breath control as you embark on a journey with your voice.

Understand the vocal anatomy and gain simple tools to maintain a strong and healthy voice.

Rhythms in Motion by Tommaso & Dhruv

- 17 & 18 October, 9am—5pm

Join Tommaso and Dhruv for an immersive exploration of rhythm, where latin percussion meets creative improvisation. You'll delve into the interplay between melody and rhythm, focusing on how to weave the rhythms across the low-end and high-end of your instrument.

- Limited spots available
- For registration, please contact: +91 8794802163, svaramprograms@auroville.org.in

Submitted by Zech

EXPLORE
WaterColor Techniques

- Wednesday & Saturday, 10am—12pm @ Unity Pavilion
- Art with Mr. K. Janakiraman
- For more details 9443648774, 7558401106



Submitted by Arun

BASICS OF MUSIC DISTRIBUTION WORKSHOP
25 October, 7—9pm @ Kalabhum Music Studio

Workshop

For Musicians & Producers

Basics of Music Distribution
With Ritnika Nayan

Kalabhum Music Studio 25 October, 2024

07 PM - 09 PM

Learn how to distribute, monetise and officially release your music on all digital platforms and create your artist profile on platforms like Spotify, Apple Music, Deezer, Amazon music etc. Workshop is facilitated by Ritnika Nayan, author of the book Indie 101 and received multiple accolades and has been working on major projects such as Lollapalooza India and the Guns & Roses India Tour.

- Registration: <https://hangar18.studio/register>

Organized by Sunshine Music in collaboration with Hangar 18 Studio

Edo for Kalabhum Music Studio
+91 98438 93652

CREATIVE WRITING

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves and also the spontaneous resources we harbor inside to overcome obstacles and evolve. Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.



Duration of the session: 1h30min.

- If you want to know more about me, check my Vlog I Just Wanna Write: <https://www.youtube.com/@IJustWannaWrite.channel/videos>
- For Info and to book your session, write at ijustwannawrite.email@gmail.com

If you want to know more about me, check my blog:

<https://ijustwannawrite.com>

Let's keep up with the good writing!

Francesca

CREEVA
Centre for Research Education Experience
In Visual Arts

Weekly Art Activities

- **Watercolor Landscape class** by Sathya, Monday, 5—7pm.
- **Figurative Drawing Session**, Tuesday, 5—7pm.
- **Open Studio** (A space to explore your artistic expression.) Art supplies are available.
 - Open from 12:30—4:30pm, Monday to Friday.
 - If you plan to attend at other times, please inform us in advance. Contact: Abi—+91 9042058981
- **Portrait**: For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.



CREEVA Studio, Creativity Community, Auroville

- sathyacolour@auroville.org.in
- +91 9486145072 WA Sathya.

Sathya

International

THE FRENCH PAVILION AND UNICORN COLLECTIVE
presents: The Art of Storytelling

Workshop by Mireille

Wednesday, 16 October, 4:30—6pm
@ French Pavilion (opp. Visitor Centre)

Telling a story is much more than just speaking words. It's about using your own words, reclaiming a narrative, playing with your voice, your gestures, and your entire body to captivate the audience. It's an art that draws on the storyteller's authenticity while creating an intimate connection with those who listen.

After studying psychology, Mireille discovered her passion for storytelling, combining her understanding of human emotions with the art of narration. For 25 years, she has worked alongside renowned storyteller M. Hindenoch, exploring oral traditions. Mireille has shared her stories in France, Italy, Ladakh, Chandigarh, and Rajasthan, captivating diverse audiences. She also leads workshops for both children and adults, helping them find their narrative voice, and occasionally incorporates paper theater to enhance the storytelling experience.



- **Workshop for adults** every 15 days
- **Booking required:** 9042059889

Vivekan

LA VITA DIVINA

Dear Italian friends, although Auroville Radio is going through a difficult period and is currently unable to continue publishing podcasts, I want to reassure you that you can still enjoy listening to Sri Aurobindo's The Life Divine in Italian. The reading is posted regularly on the Gate of Dreams Italia YouTube channel.



- Find it by clicking on: <https://www.youtube.com/@gateofdreamsitalia8047>

Francesca

Sports & Martial Arts

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



Adult classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.

Children/ young students

- **Monday, Wednesday and Friday from 4 to 5pm**
- for the time being no Saturday 9—10am class are offered.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

*Cristo, Rita, Surya,
and Philippe for Auroville Aikido*

ABHAYA MARTIAL ARTS

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.



Our regular classes

- **Monday:** MMA/ Grappling 5:30pm, coach Giacomo
- **Wednesday:** MMA/ Grappling 5:30pm, coach Giacomo
- **Friday:** Kickboxing 5:30pm, coach Ruben

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA. *Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.*

Brazilian Jiu-Jitsu Classes For Kids!

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from **4 to 13** on **Tuesdays and Thursdays, 4—5pm**. Contribution is required.
- Send your kids in **sportswear**, with a **bottle of water** and a **big smile**.

The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self defense training and it has proven results in building cognitive skills and fine motor development, especially for kids.

- For more information and to be part of the WA group contact +91 8448077070 *Giacomo for Abhaya*



TAI CHI HALL IN SHARANGA

Schedule of classes

- Every day except Sundays.
 - **Mondays and Saturdays: 7:30—9:30am**
 - **Tuesdays to Fridays: 7:30—9am**

Krishna



KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200, Maneesh



Maneesh For Kalari Team

BHARAT NIVAS

presents **Kalaripayattu Class**

in Collaboration with Kalarigram:

**Bhumika Hall,
6—7am, Monday to Friday**

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in, office: 0413 2622253

Monisha for BN Team



SWIMMING CLASS

by **Mani**

Swimming class

Swim to Serenity: Waves of Strength!

Watersport_mani

Book Now

+91 86376 33696

20% Swimming class only

- water therapy
- open water
- Oceanic
- water dance
- water movie
- swimming in pool





Package swimming class

Submitted by Mani

ULTIMATE FRISBEE

The Auroville Women's team has regular practices:

- **Wednesday, Saturday, 4:30—6:30pm @ Gaia Field**

Sessions are open to anyone who would like to try their hand at the sport.

*Uttara
for Ultimate Frisbee*



**GIRLS' FUTSAL
Football Club**

Every Wednesday at 5:10pm
@ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.



- Just contact Beber 6385635943 for more details

Submitted by Beber

KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm
◦ Monday to Saturday

All are welcome!

Satyakam

Nature Activities

MINDFUL FOREST WALK & SACRED DRUM JOURNEY

@ Revelation Forest, Auroville
Sunday, 13 October, 3:30—5pm

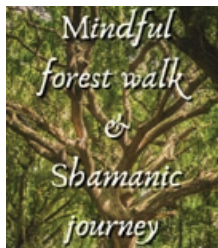
Embark on a transformative journey:

Mindful Forest Walk

- Connect with nature's rhythms
- Cultivate inner peace

Sacred Drum Journey

- Shamanic drumming
- Release blocks, awaken inner wisdom



- For details contact Kundhavi Devi: 9360043538
- Contribution basis

Rebecca for Revelation

HERBAL MEDICINAL PLANTS COURSE FOR BEGINNERS

Monday—Friday, 9—11:30am

Workshop Highlights

- **Curriculum:** Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- **Expert Guidance:** Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.



Discover 35 medicinal plants and their health benefits to support your health and well-being. No prior experience is necessary.

Contact Us:

- martuvam@auroville.org.in,
- +91 9345454232 call/ WA,
- @ Alankuppam.



Submitted by Shivaraj

PERMACULTURE 360° FARM TOUR

Every Saturday, 11am—1pm @ Terra Soul

Join us every Saturday from 11am to 1pm for an immersive tour of our permaculture farm in Auroville!

What to Expect: Guided tour of our lush permaculture farm, hands-on experience with sustainable practices, delicious farm-to-table lunch made from our fresh harvest, a chance to connect with Nature and like-minded individuals.

- **Auroville Contact:** Juan 9443434182
- Limited spots available! Register now to secure your place before coming and step into a world of sustainability.

Follow us on Instagram @[terrasoul_community](#) for more updates and glimpses of farm life!



Juan

FOOD FOREST TOUR

FOOD FOREST TOUR
WITH SMOOTHIE BOWLS...and more

EVERY SATURDAY & SUNDAY from 9:30 to 11:30

Come to an experience in my permaculture garden, learn about organic farming and get inspired to start growing your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers. After the tour we are going to create delicious nourishing **RAW VEGAN SMOOTHIE BOWLS**

at La Ferme Community (5min from AV Bakery)
Sign up and more info www.myfoodforest.in
whats app Sarah 9047421044

For groups of min 4 people any other weekday is possible.

Bioregion Activities

EGAI

+91 9159468946, egai@auroville.org.in

UTAVI
Empowering communities

Egai Vēlai
Infrastructure support to space deficient community and village artisans and craftsmen

Egai Kaivinaï
Assisting craftsmen of varied skill sets via materials and tools to offer workshops for the traveler community

Egai Kalai
Conscious intent for youth of all needs to learn a skill to build their future "Dream" of Self Determination

Contact: Anand
egai@auroville.org.in +91 91594 68946
<https://auroville.org/page/egai>
<https://auroville.org/page/donate-from-india>



Coconut Shell Workshop




Craft earrings, keychains, pendants and bowls

Incense Making Workshop




Come and make your own Agarbatties.



Toys Workshop



Craft toys made of wood and bamboo

Finger Painting



Tap into your inner child learn how to paint with your finger

Anand: + 91 9791896488/egai@auroville.org.in



Visit our store @Auromode



Anand: + 91 9791896488/egai@auroville.org.in

Anand

TOUR to Thiruvannamalai



I have been arranging a tour of Thiruvannamalai by AC car or AC van every Tuesday.

- We leave in the morning at 6am and back at 6pm.
- To join the tour please text me. WA 9090819998 WA. Arabinda



AUROVILLE BAMBOO CENTRE Workshops October 2024

HYPERBOLIC PARABOLOID DOME WORKSHOP

Come and experience with The Magical Grass in Earth "BAMBOO"



17, 18, 19 OCTOBER - 2024

Rs: ₹ 10,700

Learn cutting and joineries / Learn Splitting / Learn Bending and straightening Theory about Bamboo and its uses / Wood with Bamboo combination

Auroville Bamboo Centre welcomes the opportunity to continue and practice on the Bamboo Hyperbolic Paraboloid Dome, with interested parties, whether students or professionals.

FOR REGISTRATION - PREBOOK IN ADVANCE

Experimental Various Bamboo Lampshades

Workshop on 29th - 30th of October 2024



This workshop focuses on small scale LAMP SHADES making from bamboo and wood combination.

Bamboo grows all around the world and is abundant across Southeast Asia. It is the most sustainable material in the world, also it is affordable, easy to work with and has a very low carbon footprint. It is known to be a material of the people and can be used for basic self-construction projects or multi-storied structures with high engineering precision.

What you learn?

- Learning how to use bamboo as a material
- Learning the Tools and Techniques.
- Interacting with Technicians and Faculties for Problem Solving.
- Learning to work and design with Bamboo.
- Complete Hands On Experience.
- Learn and work with people all over the world.
- Learn critical theory about Bamboo and its uses.
- Learn Cutting and joineries.
- Learn Splitting.
- Learn Bending and Straightening.

Rs: 4700

All Cost inclusive of: Workshop Training Material Refreshment & Lunch



For more information, special requirement, and pre-booking contact

Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org

or +91 8300949081, 0413 2623806, 2964727

<https://aurovillebamboocentre.org/>

Mani for Bamboo Team



Contact: Balaji/ Anand
8270071581/ 9159468946
enlight@auroville.org.in

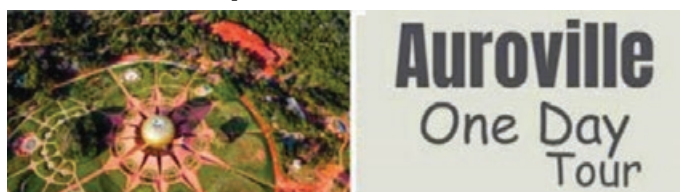
Explorative educational experiential



Township Cycle Tour



Auroville one day tour



Bioregional village tour



Pottery workshop



Submitted by Balaji

MOHANAM PROGRAM

October 2024

Mohanam Auroville Campus

2min from Vérité,

6min from Matrimandir,

8min from Visitor's Center

Experience, Explore, Energise



For more information and registration for all the tours, workshops, classes and events:

- Email: mohanamprogram@auroville.org.in
- Call/WA: 8300949079
- Office Timing: 10am—4pm
- Working Days: Monday to Saturday

Tours inside Auroville

Auroville Northwest tour

- 10:30am—1pm, every day, except Sundays
- 1 day advance booking is necessary.



This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. It is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

Mohanam Campus tour

Come and visit Mohanam Village Heritage Centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti, herbal tea.

- 10am—4pm, every day, except Sundays
- 1 day advance booking is necessary.

Make & Take workshops at Mohanam Campus

- 10am—4pm, every day except Sundays
- 1 day advance booking is necessary.



Join and experience the learning aspect of engaging in the art and craft workshops. Manifest your inner self through various materials and form using creative technique.

- Pottery making _____ 1hrs
- Kolam mandala painting __ 2hrs
- Coconut shell craft _____ 3hrs
- Incense making _____ 1.5hrs
- Lampshade making _____ 3hrs
- Paper marbling _____ 1hrs
- Candle making _____ 1.5hrs
- Soap making _____ 2hrs or 1day

Classes at Mohanam Campus

- **Cooking Class:** Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
 - 10am—12:30pm, every Saturday
- **Saree and Veshti Experience:** Choose a saree and veshti from a variety of beautiful sarees and veshtis in our library. Get your traditional south Indian look with help of our women's group members who will assist you to drape/ wear the saree & veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience.
 - 10am—4pm, Monday to Saturday

October month events @ Mohanam Campus

Event	Day	Time	Booking model
Mohanam Drum Circle	Every Thursday	5:30—6:30pm	Walk-in
Herbal chai with Dr. Loganathan	Every Saturday	4—6:30pm	Pre-booking required
Tamil Chanting with Mr. Anandou	Every Saturday	5:30—6:30pm	Pre-booking required
Nila Soru—Moonlight Dinner	17 October	6:30—8:30pm	Pre-booking required

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville: tour, retreat space, camping, temple visit, ashram, Girivalam full moon experience. The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

Auroville Bioregion Experience with Mohanam Team

Soul of Soil: opening the gateway to the village program for August, conscious and cultural tour, Auroville bio-region hub for art, craft and culture to bridge and promote local Tamil culture: touch, ride, feel, taste, hear, discover, experience

- Village Tour _____ 3hrs
- Munnur & Perumukkal visit _____ 6hrs
- Salt Dune & Kaluveli Tank Visit _____ 6hrs
- Bio-region Village Temple Tour _____ 4hrs (Irumbai Shiva Temple & Panchavadi Hanuman Temple)
- Navagraha Temple visit _____ 3hrs (Moratandi Navagraha Temple & Prithyangara Temple)
- Wood Fossil Visit and Quarry Shower ___ 6hrs

Auroville Sunday Tour & Brunch Experience

To unlock the full potential of youth and women through art, craft, culture and traditional knowledge. By connecting the local villages to the international community and reconnecting the locals to their traditional knowledge.

Experience the Following Activities: Mohanam Campus Tour, Bamboo Sound Garden, Bamboo Tour, Tree House Experience and Special Steams Brunch

- 10am—1pm, Every Sunday
- One Day Advance booking is necessary
- **Contact:** Preferred through email mohanamprogram@auroville.org.in, or call +91 8300949081

Volunteers Invitation

Join the Mohanam Team—Make a lasting impact! Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis!

- We're looking for individuals with skills in: Facilitation and training, Written Documentation and Filing, Administration, Accounting, Teaching kindergarten children, WordPress Website Management, Newsletter Creation, Film Making, Canva Designing, Digital Marketing and Promotion, Physical Marketing and Promotion, Fundraising and Grant Writing, Program Coordination, Kitchen Management, Campus Logistics and Maintenance, Team building and leadership, Content Writing—blogs, social media posts, program descriptions, etc. Social media handling—Instagram, Facebook, Youtube and LinkedIn
- **Volunteering Duration**
 - Short term volunteers: Minimum 3 months
 - Long term volunteers: Minimum 6—12 months
- **Language you must know:** English
 - Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi
- **Campus Timings:** 8:30am—5pm
- **Working Days:** Monday to Saturday. We might require you to be there on Sunday in case of special programs/ events.

Do you share our passion for empowering village children, youth, artists, artisans and girls, while appreciating Tamil culture? Yes! We invite you to contribute your expertise and make a real difference in our community.

- **Benefits of Volunteering with Mohanam:** Be part of a meaningful cause, help fulfil Mother’s vision of bridging Auroville and villagers, gain valuable experience and develop new skills, work in a supportive and collaborative environment, campus lunch and beverages



- **Ready to join us?** [Submit your application through this link](#) or scan the qr code and submit your application.

Let’s build a brighter future together!

- For more information, contact us: mohanamprogram@auroville.org.in, 8300949079, 04132190757, 04132622667 **Balu**

Craft Activities

WELLNESS WOODCRAFT: AUROVILLE ACTIVITY

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects. Whether you’re creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests. Woodworking can also provide a sense of community and connection with other like-minded individuals.

Carpentry Workshop (Wood Joinery)

Beginners Level

- Basics of wood & tools.
- Introduction & hands on practice of hand & power tools.
- Half-laps Joint.
- Bridle Joint.
- Motise & Tenon Joint.



Spoon Carving Workshop

Beginners Level

- Basics of wood & tools.
- Marking & cutting.
- Shaping with hand tools.
- Sanding & finishing.



Bowl & Plate Turning Workshop

Beginners Level

- Basics of wood, hand & power tools.
- Introduction & function of turning lathe & tools.
- Preparation of wood for slabs.
- Hands on practice of wood turning.



Advance booking is necessary

- DM to register: +91 9952589649
- wellnesswoodcraft@auroville.org.in

Anand for Wellness Woodcraft

PAPER CRAFT WORKSHOP @ WELLPAPER, AUROVILLE

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

+91 9385744722, 0413 2969722 **Zeevic**



Help Needed

SUPPORT FOR GIUSEPPE

We are in need of financial support to continue to pay for the people that give their time and energy to look after Giuseppe. The food costs are also above what is received from Auroville. Any smaller or bigger contribution is most welcome.

- For contributions you may use FS ac.102518 (Giuseppe).
- For additional information, contact +91 9489601312, call or WA

Shivaya and Enrica

COMMUNITY-SUPPORTED FILM THEATERS:

Cultural and Social Hubs

Community-supported film theaters play a vital role in enriching culture, building social connections, and boosting local economies. By offering free screenings and low-cost venues, they make quality films accessible to all, with a lasting impact on education, society, and cultural awareness. Unlike commercial cinemas, they feature independent, international, and classic films, offering unique experiences beyond mainstream entertainment. These spaces foster discussions and collaborations, strengthening the social fabric.

Even in large cities like San Francisco and Chicago—and here in Auroville—these theaters are cherished cultural spaces. They attract diverse audiences and help local businesses like restaurants and guesthouses. Funded by donations, memberships, and volunteers, these theaters focus on accessibility, inclusion, and a far-reaching impact on culture and education.

Why Community Film Theaters Deserve Support

1. **Education:** Offering workshops and educational programs that enrich learning in unique ways.
2. **Community Engagement:** They foster bonds and create shared cultural experiences.
3. **Cultural Enrichment:** Providing access to films that enhance cultural diversity.
4. **Economic Impact:** Drawing visitors and supporting local businesses.
5. **Versatile Event Spaces:** Ideal for hosting presentations, discussions, and community events.

A Perfect Fit for Auroville

Auroville’s emphasis on human unity, education, and cultural diversity makes it an ideal setting for a community film theater like Cinema Paradiso. It aligns with Auroville’s ethos, enriching the cultural landscape, supporting educational programs, and boosting the local economy.

An Open Call for Support: Let’s Thrive Together

We need your support to not just survive but thrive. Here’s how you can help:

1. **Financial Contribution:** Consider contributing Rs. 1000/month or more to cover essential costs and continue our programs.
2. **Ideas and Connections:** Share ideas, links, or resources that help us bring films we can’t currently afford or upgrade our equipment.

Your support will ensure we continue offering high-quality films for free and maintain the professional space you’ve come to expect—even as we transition to become a Unit. To contribute, set up an automatic monthly payment at Financial Service (FS Account #105106) and email us at mmcauditorium@auroville.org.in.

Nina and Marco
for Team MMC-CP

Karsha nuns of the Gelugpa (Yellow Hat) sect, led by the Dalai Lama, live in harmony with nature, dedicating their lives to Buddhist study, practice, and a deep sense of community.

We aim to bring 10 nuns from the remote Karsha Nunnery in Ladakh to Auroville, with filmmaker Serena Aurora documenting their transformative journey.

We are very excited and grateful to announce the following cooperation between Aurora's Eye Films and Inside India: This project has been approved by AV International USA and is currently on their platform to raise awareness and funds. We are asking for some extra support from whoever would like to:

- A special FS Account has been made for that very purpose on: **252230**

Thanks a lot for your attention and interest,

Olivier for Aurora Eyes Films & Inside india team

Available

Office Spaces Available: Aurelec

- A well protected 47sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco) and canteen facilities.
- Conveniently located office room (around 50 sqm.) inside Aurelec premises is available, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.
- 35.12 sqm. space available inside Aurelec Premises. This space is ideal for a workshop or office, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco), canteen and sports facilities.



Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in
Siva for ADPS Trust



250ml square Marasca bottles

On sale.
 Call 9443790180,

Guidelma Grandi

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Interested people may contact **Mr. Pandian** at Auromode in person, +91 99433 90391 or pandian@auroville.org.in

Pandian

Large Art Frames Available

I have 2 huge art frames to give (extra strong, but heavy). One is 129 x 115 cm and in reasonably good condition and the other one converted into a fantastic looking mold picture, which is worth hanging onto a covered terrace wall. The mold picture is a real piece of art, but unfortunately I have no storage or wall to keep it. Its outer size is 143 x 108 cm. If you want it inside, you need to fix a sheet on the back.



- Please call Birgitta 9442300574

Birgitta

Looking For

Renuka Looking for Work

Renuka, a great housekeeper, is looking for part-time work. She has extensive experience working in Auroville, is meticulous, dependable and has a wonderful personality. She is great with children and is very responsible. Please call or message her daughter Poovizhi, 9047247301 or Ribhu 9488483871 for more information.

Ribhu

Work Opportunities

THE HUMAN RESOURCE TEAM

Is looking for an Aurovilian to lead BCC Finance

They would need good communication skills to interact with fellow Aurovilians.

Skills: Excel, Google drive/ sheets, English

They should be Aurovilian at least 5 years with the related experience. **Note:** If Aurovilians are not interested within 14 days after the notice, Newcomer or Bioregion will be taken for the position.

- **Dear Residents**, kindly reach out to the Human Resource Team if you are looking for a job or if you are in need to hire someone. Please contact hr-bcc@auroville.org.in or pass by our office at BCC.

Raja and Suresh for Human Resource Team

KINDERGARTEN HEAD

@ Mohanam

Join our team at Mohanam, Auroville, as a dedicated Kindergarten Head. We're seeking a passionate educator to lead our thriving kindergarten program.



MOHANAM PROGRAM

- **Responsibilities:** Curate current curricular, Manage teachers, Ensure student well-being, Manage resources, Collaborate with parents, Report and documentation
- **Qualifications:** Master's degree in early childhood education or B.Ed, 3+ years experience, Strong leadership, communication, and organization skills, Passion for child development.
- **Apply now:** mohanameducation@auroville.org.in

Balu for Mohanam

ECO FEMME IS LOOKING FOR

Video Editor/ Content Creator

Eco Femme is looking for a passionate Video Editor / Content Creator to join our team part-time. If you are driven by the idea of producing impactful content that reflects our brand values of sustainability and empowerment, we'd love to hear from you.

In this role, you will be responsible for shooting and editing video content (both short and long form) for our social media channels and website, as per ideas and guidance from the Communications Team Leader.

- **Proven experience required:**
 - 1+ years of experience in film-making and editing for social media platforms
 - Strong video editing skills using tools like Adobe Premier, Final Cut Pro, or mobile editing apps
 - Basic understanding of graphic design principles
 - Familiarity with Google Drive Suite
 - Competent written and verbal English

We are based in Auroshilpam.

- **Starting date:** Immediate, this position requires the candidate to be present at our office on a daily basis.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Social Media Account Manager

Eco Femme is looking for a creative individual to join our team as a Part Time Social Media Account Manager. If you're passionate about making a positive social impact, love working across a range of social media platforms and skilled in coordination and organization, this may be your ideal role!

- **Proven experience required:**
 - 1+ year experience in account management of Instagram, Facebook and YouTube
 - Word press (website updates)
 - Google Drive suite
 - Graphic / aesthetic sensitivity
 - Competent written and verbal English

We are based in Auroshilpam.

Starting date: Immediate

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Mahalakshmi Prabhakar

Honorary Voluntary

VOLUNTEERING AT ECOSERVICE

Everyone in Auroville is volunteering at Ecoservice when you sort your waste at home. Not everyone wants to or needs to come to Ecoservice to help manage our efforts to recycle everything, end landfill and achieve zero waste (by the way, that's written in our famous Masterplan). But we all need to know what's happening. Also a new Ecoservice facility is planned but meanwhile...

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

Tuesday mornings is a dedicated time that all are welcome to randomly drop in for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.



B for Ecoservice

GAU SEVA

at Sadhana Forest!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from **7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

AUROORCHARD:

Volunteer and Learn Farming

auroorchard@auroville.org.in,

9566631079 WA, *Nidhin for AuroOrchard team*

MARTUVAM HEALING FOREST

Call for Volunteers

We need your help in medicinal herb garden

Send us your cover letter and resume

martuvam@auroville.org.in

+91 9345454232 Call/ WA

Shivaraj

KUILAI CREATIVE CENTER SEEKS VOLUNTEERS

We are looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English:
 - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.



Kindly contact: kulaicreativecentre@auroville.org.in

or call us 8608473385

Selva for KCC

INSIDE AUROVILLE

Offers consulting services voluntarily in gratis (Pro Bono) for the below areas only to registered units/ activities who/ which do not have a qualified and experienced in-house resource.

Focus:

- **Startups:** Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details: Surajkiran, 9884204918 (Voice and WA), surajkiranv@gmail.com **Balaji**

Foods, Goods & Services

LA FERME CHEESE, AUROVILLE



Gift Hamper For Your Loved Ones!

- A sample set of 8 different cheeses now available.
- **La Ferme Cheese Is Open For Guided Tours.** Like all our products, the sample set is also available at our factory outlet, along with a guided tour of the manufacturing unit, **from 2:30—4:30pm on prior appointment** (closed on Sundays)

La Ferme Cheese Promotions

- **Ricotta Cream Cheese, Discount 45%**

A fresh cheese excellent when sweetened with honey, ideal for pastries, for spread preparations and as thickener in sauces.

- **Goat Cheese, Discount 25%**

Made in the French-Mediterranean way, cylinder shaped and develops a natural mold-covered crust when aging for about 4 weeks.

C.Arumugam for La Ferme Cheese, 0413 262212

HEMPLANET



Explore the Benefits of Hemp!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.

- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821

Davide



Fresh Flavors Every Day!

Visit Gastronomica for a wide selection of fresh bread, focaccias, sliced pizza romana, and sandwiches.

We also offer quality cured meats, cheeses, homemade sauces, and sweets in jars, all available for takeaway. Additionally, we have a full range of handcrafted pasta, including tagliatelle, penne, fusilli, and more.

Our daily lunch specials feature dishes like ravioli, lasagna, or roast chicken. Whether you're looking for a quick meal or premium ingredients to take home, we have something for everyone!

- **Monday to Saturday:** 9am—7pm
Sunday: 10am—3pm
- **Location:** right opposite Auroville Bakery, Kulapalayam
- **Contact:** +91 70102 883943

Davide

ANITYA: COMMUNITY LUNCH

12:30 on Thursdays and Saturdays



Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

- Contribution required, (discount for AV/ NC & Volunteers)
- See you at 12:30 on Thursdays and Saturdays in our community kitchen!
Nikethana for the Anitya team

ENJOY THE ESSENCE OF THE SPROUT

Monday—Saturday, 7am—4pm, UTSAV, Verite, Radial



Enjoy the essence of The Sprout in Auroville, where Vegetarian Mediterranean cuisine meets modern and healthy dining in a cozy and relaxed atmosphere.

At The Sprout you will enjoy a vegetarian menu with vegan options, with every dish meticulously crafted from scratch each day. Our menu is designed to be delicious, healthy, and fun. We blend flavors, textures, and concepts to bring you a new dining experience every day. Plus, every bite leaves you feeling fantastic!

We invite you to savor not only our food but also the welcoming atmosphere and exceptional experience at The Sprout, where premium service is delivered with genuine hospitality. Enjoy!

www.thesprout.in, Monica

LUNCH SCHEME AT BHARAT NIVAS

Pathway Cafe

We are happy to offer the community including volunteers and guests a special lunch scheme at

- Rs 100 per day, or
- Rs 500 for six days, or
- Rs 2500 for the whole month (30 days).



The menu includes Rice, sambar, or dal, potato poriyal, one egg (boiled or omelet), curd, pickle, and little salad.

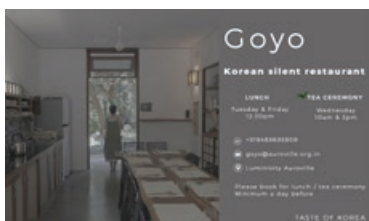
- The only required condition is one has to **book any day but before 10:30am**. WA 9090819998
- Please come and check it out.

Arabinda for Pathway cafe

GOYO KOREAN SILENT RESTAURANT

Lunch:
Tuesday & Friday,
12:30pm

Tea Ceremony:
Wednesday,
10am & 3pm



@ Luminosity Auroville

- Please book for lunch/ tea ceremony minimum a day before: +919489693809, goyo@auroville.org.in

Won Ja for Taste of Korea

SUDHA'S KITCHEN

We are open from Monday—Saturday, 8am—9pm

We are open after the summer break and serving Mediterranean Cuisine for breakfast, lunch and dinner.

We are warmly welcoming you to join us and taste our fresh and delicious food.

You can find more about us on:

- Instagram @Sudhaskitchenav & Dropzy app.
- Contact number: +0413 3509884, +91 7094358547
- E-mail ID: sudhaskitchen14@gmail.com



Sudha

REDUCED-PRICE MAROMA PRODUCTS for all Aurovilians in the Outlet Store



Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is:

- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

See you there!

Jesse for The Maroma Team

NATURELLEMENT GARDEN CAFÉ IS OPEN

9am—7pm

Dear friends, Naturellement Garden Café is open for its regular hours 9am to 7pm. You are again welcome for an early dinner! Last orders taken at 7 sharp, but you can then stay on at your leisure.



Chitra for Naturellement

FOODLINK MARKET OPEN EVERY DAY

Monday—Saturday, 9:30am—12:30pm

FOODLINK MARKET
Fruits, vegetables, milk & eggs from Auroville farms

Monday - Saturday
9:30 AM - 12:30 PM

FoodLink
Solar Kitchen Complex
Crown Road, Auroville

Call/WhatsApp:
+91 83002 68804

No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- For more info, call/ WA +91 83002 68804 or pass by.

Foodlink Team, Isabelle
[FoodLink basket order form here](#)

INTEGRAL HARMONY FARM OFFERS CHARCOAL

We are excited to offer our top-end charcoal at low prices. We now offer two types of charcoal for sale: Grade One and Grade Two.



Grade One charcoal is of the highest quality, distinguished by its silvery tone and exceptional properties.

Grade Two charcoal is meant for agricultural purposes: to improve the yields and soil health by incorporating Grade Two charcoal into the soil.

- We now offer **Grade One charcoal** at Rs.40 a kilo and **Grade Two charcoal** at Rs.30 a kilo.
- We provide our charcoal in convenient **2-kilo and 5-kilo bags**, which are available for pickup
 - at the Botanical Garden (open from 9am to 5pm),
 - PTPS (open from 8am to 6pm), or our farm (open from 9 to noon and then 2 to 4 in the afternoon.)
- We also have **10 kilo bags** available for pickup from our farm for those needing larger quantities, although these must be ordered in advance.

Write to us, and we will prepare a bag for you. Additionally, we can accommodate higher quantity orders, but please be ready for a potential wait due to high demand. Beyond individual sales, we proudly offer regular deliveries to other farms and forests.

- Contact Velmurugan at +91 9751468504 or integralharmonyfarm@auroville.org.in

*For Integral Harmony Farm,
Pranav and Velmurugan*

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

ANNAPURNA FARM BASKETS



Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly. Residents/ volunteers/ guests can select

from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

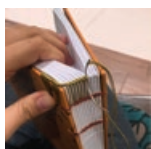
We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.



8940648542, Michel



Dear Community Members, greetings from ITS (Integrated Transport Service). We are happy to inform you that ITS is extending our working hours to better support the community.

- The working hours are from 8:30am—7pm, effective now.
- To book a E-van or E-auto, please contact us
- +91 8098776644/ +91 9442566256 **Rajesh I.TS**

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in
Rajesh.D for Shared Transport Service



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

Lakshmi for UTS Transport Service Team

SARVAM COMPUTERS Offers Reliable Service

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in Utsav Complex.



And we would always like to provide you with fast and reliable service. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

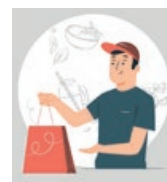
Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/ stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- Download link as shown below:

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

Sathish Arumugam for Dropzy,
+91 8098144686,
www.dropzy.in

ECO FEMME

Open House every Thursday, 10:30am

Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!



Submitted by Mila

RAPID CARE SERVICES



Dear Residents, we are thrilled to announce that Rapid Care Services, your trusted one stop solution for repair and maintenance and ancillary works since 2022, is expanding its range of services.

In addition to our existing offerings, we are now providing the following additional services.

The new services are designed to offer a more comprehensive support for your home and yard.

- Landscaping design and development
- Deep cleaning services (Home improvement)

Our team remains dedicated to providing reliable service meeting customer satisfaction. Whether you need help with our new offerings or our original services, we're here to be of assistance.

For more information or to schedule a service, please don't hesitate to contact us. We look forward to continuing to serve you with our enhanced range of services!

Services offered

Category	Service
Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Newly Added	
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

Balaji & Arun

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money. **Contact us for all your procurement needs:**



- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: Iyyappan

Let's simplify and optimize your sourcing process together!
Iyyappan, Surabhi Supplies

HIVE COWORKING SPACE—OPEN HOUSE



Hive Coworking

FREE ON EVERY FRIDAY

OPEN HOUSE

FREE COFFEE | FREE FAST WI-FI | FREE DESK

11 October, Friday, 9am—5pm @ Hive, Auromode

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—All for Free on our Open House.

Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.

For inquiries: auromodehive@auroville.org.in, +91 7092197375 WA, +91 9042759540 WA or drop by. All are Welcome!!! *Dhesh for Hive Team*

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec
If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in
newwavesauroville@gmail.com



- **Office open afternoons only Monday to Saturday, 2—5pm**

Dhanda

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service



Please contact Ranjith, Aurovilian: 8610997059, subramani13@auroville.org.in. *Ranjith*

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi. Please book sessions in advance.

- Monday to Saturday, 10am—5pm @ Creativity.

Thai Massage: Monday—Saturday, 9am—5pm.

To book massage sessions or for more information, please contact me personally.

Tailoring: We can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact information below

Contact: Phone/ WA 8098845200,

rupavathijoy@gmail.com

Rupavathi Joy

Poetry

A STALK OF RICE

A stalk of rice
Stops shooting up
And lowers its head
When it is ripe
And full-filled.

With joyful Gratitude,
Anandi Z

A BIRD, CAME DOWN THE WALK



A Bird, came down the Walk -
He did not know I saw -
He bit an Angle Worm in halves
And ate the fellow, raw,
And then, he drank a Dew
From a convenient Grass -
And then hopped sidewise to the Wall
To let a Beetle pass -
He glanced with rapid eyes,
That hurried all abroad -
They looked like frightened Beads, I thought,
He stirred his Velvet Head. -
Like one in danger, Cautious,
I offered him a Crumb,
And he unrolled his feathers,
And rowed him softer Home -
Than Oars divide the Ocean,
Too silver for a seam,
Or Butterflies, off Banks of Noon,
Leap, splashless as they swim.

By Emily Dickinson

Voices & Notes

IF THE INNER HERMIT WITH HIS FLAME

Always Travelled Alone

If the inner hermit with his flame always travelled alone,
If we burnt the habits and tastes which displayed till now
our finished past,

If remembering the coming Future we tore out the old
chimeras

Where in this ocean of intense fire or in this blue sky all
is the same immense Journey with Thee,

We now know that exposed to numberless lives we even
unknowingly fulfil the promise of this imperceptible past
with this earthly body that is the parchment on which
can be read the legend written and told by Thee.

Thy white Light awakened us, it is our common signature.

This is our memory found again in the depth of this sun,
it is She, our winged soul, which reunited all our lives,
the Only one since the first.

Thou have inscribed Thy sweet Peace in the cave of our
breast, Thou art this mighty fire which revived our soul,
where these solar seeds disperse in the midst of this
rolling ocean.

With the triple key of Knowledge, Works and Love Thou
openest for us all the locks of the Spirit, where all thirsts
are quenched.

With my profound joyful surrender,
GangaLakshmi, House of Mother's Agenda

WHAT IS AND WHY "SUPRAMENTAL"?

As we are invited to participate in the Auroville of the Supramental Masters themselves the Avatars Sri Aurobindo and the Mother, in their Gurukula Garden City of Dawn of the Sun-eyed Children, in the bosom of Bharat Mata the Guru of Nations, Cradle of the incoming new apex species the Supramental being, the integral ideals for each aspiring Deva Sangha member¹ is to open to ever wider and vaster perspectives to transcend the limitations of mental Homo sapiens.

"The world is not an unhappy accident, it is a marvel moving towards its expression."

— Sri Aurobindo



Supramental = Beyond Mind

Here are the initial references on the Supramental for study as part of the progressive initiation process:

- <https://incarnateword.in/sabcl/16>
- <https://incarnateword.in/compilations/sri-aurobindos-writings-1/spiritual-and-supramental>
- <https://incarnateword.in/cwm/15/the-supramental>
- <https://incarnateword.in/cwm/15/the-supramental-manifestation-upon-earth>
- <https://incarnateword.in/other-authors/satprem/sri-aurobindo-or-the-adventure-of-consciousness/15-the-supramental-consciousness>
- <https://chatgpt.com/share/6700d996-35d8-8013-9aa3-1f5028f9dc95>

There are many paths, but the easiest and most joyful is the Sunlit Path of Bhakti to the Supreme Divine Mother Maha-Shakti. We continue on towards the Life Divine for all on this very Earth...

¹ <https://auroville.org/page/core-documents>

SACRED SCARAB

I'm sure that many Aurovilians in previous incarnations lived in ancient Egypt. They created in Auroville the pyramid building and sphinx. In Egypt there are mummies of sacred bull Apis and sacred scarab.



Scarab or scarabaeus is a dung eater beetle. There are many dung eaters or coprophages in the world. For example there is a beetle which eats only elephant dung. Coprophags play an important role in ecosystems.

English men brought sheep to Australia. It gave a good profit but there was one problem: sheep ate grass but grass can't use sheep's dung. After bringing from England special coprophages for sheeps' dung the balance was returned.

In Auroville there are some coprophages. Nobody paid attention to them. Great naturalist Carl Linney said: "Natura in minimus maxima miranda"—nature at its smallest is special and miraculous. *Boris*

Auroville Media

AUROVILLE RADIO

Dear Aurovilians, Your favourite radio is always working for you. Stay tuned!

- [Here you can see on-air schedules.](#)



Last published podcasts

- [Lali talks about Horse Riding in Auroville.](#) (Education)
- [Marlenka's weekly Offering—Ep.120.](#) (Literature)
- [Exploring Education in Arts, Animation and Film-making—Ep. 34 "How Do The Elements And Principles Of Art Work Together?"](#) (Cinema)
- [Teens Connect Ep. 12—Mirco](#) (Education)
- [Seeking Our Inner Being S.2, Ep.5.](#) (Spirituality)
- [Teens Connect Ep. 11.](#) (Education)
- [Seeking Our Inner Being S.2, Ep.4—Sophie](#) (in French) (Spirituality)
- [Seeking Our Inner Being S.2, Ep.3.—Paul Vincent](#) (in French) (Spirituality)

....and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

- Please note, our domain has changed from aurovillerradio.org to aurovillerradiotv.org. Kindly update your bookmarks.

Wobbli for AV Radio

Classes, Workshops & Healing Arts

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.



*Megha
for Auromode SPA*

MINDFULNESS FOR STRESS REDUCTION (MBSR)

8 week course

Tuesdays, 5—7pm, starting 29 October



The Mindfulness Based Stress Reduction (MBSR) course is considered the gold standard in mindfulness meditation globally, with a growing body of research supporting its wide-ranging health & wellbeing benefits. It synthesizes ancient Eastern spiritual practices with emerging findings from neuroscience, positive psychology & Mind-Body Medicine.

The MBSR course has been found to improve participants' ability to cope with the stresses of everyday life—cultivating space to respond rather than react. Through a gentle, kind curiosity participants become familiar with their patterns of stress reactivity & explore the possibility of making healthier choices to support improved wellbeing.

Research has found the MBSR course can help with anxiety, depression, management of chronic pain, diabetes, lowering blood sugar levels & reducing menopausal symptoms. It can also improve emotional regulation, increase attention, focus & memory; and plant inner seeds of resilience, kindness & self-acceptance.

The course is suitable for those new to meditation as well as experienced meditators looking to deepen their practice. It is guided by Helen, an Aurovillian and qualified MBSR teacher.

- The course is run over 8 weekly sessions. Sessions will be held 5—7pm on Tuesdays for 8 weeks from 29 October to 17 December. The course will be held at Creativity Hall of Light.
- **Pre-registration is required.** Please contact Helen on 7094753054 WA to book or see innersightav.org

Helen

DROP-IN CLASS

on Meditation, Yin Yoga, Sound Journey



Sitara has been living in Auroville for 22 years. Over the years she held many different transformational workshops, and recently she started to offer Yoga Teacher Trainings.

To learn more about Sitara see

- <https://sitaramunay-kiyoga.org/sitara/>

In this class she will teach her favorite combination of meditation, yin yoga and sound journey

Submitted by Giovanni

KUNDALINI CLASSES

Thursdays, 5—6.30pm

@ The Hall of Light, Creativity

Kundalini Yoga is a dynamic and powerful practice designed to enhance your physical, mental, and emotional health. It purifies your electromagnetic field as well as your nadis. By the end of the session, you will feel more spacious, calm, and joyful. To achieve these benefits, Kundalini Yoga combines Asanas, Pranayamas, Mudras, and Mantras.



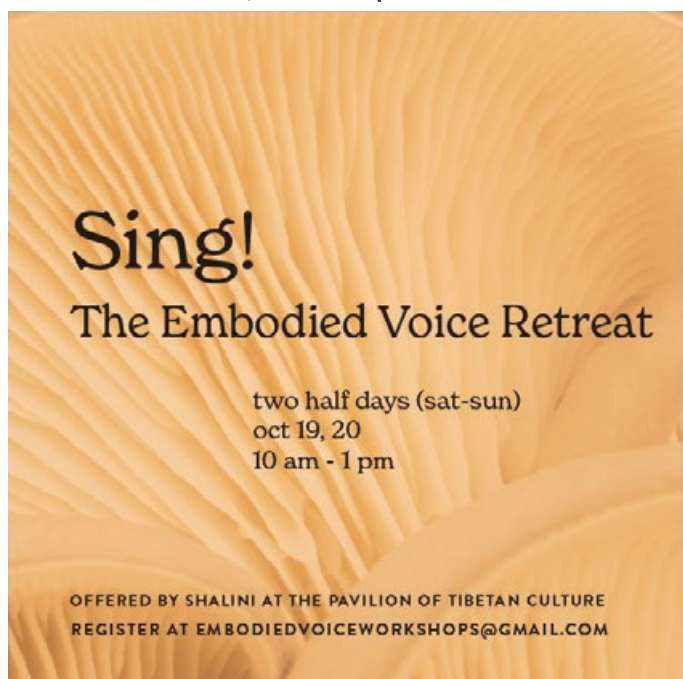
- **All levels,**
Come 5 minutes before,
Bring a cloth or towel to cover the mat.
- On contribution.
- **Contact:** Bel, 7598892065 WA.
Certified Kundalini Yoga teacher.

Submitted by Bel

SING!

The Embodied Voice Retreat

19 & 20 October, 10am—1pm @ Tibetan Pavilion



This weekend retreat offers space to soften and unfreeze a bit, and come in connection with your own voice.

Expect rest and listening, intuitive sound-making, movement and self-massage, processes of self-compassion, and partner or group explorations to play, sing, or give voice in a way that feels both wild and safe.

Everyone is welcome! You will be invited to relax into a deep place of allowing and enownness, and to witness what then unfolds in an honest process.

• **About the facilitator:**

Shalini has studied vocal traditions from various parts of the world and holds a postgraduate qualification in voice pedagogy. Her approach to voice work is somatic, playful, and deeply accepting.

- **To register or to inquire** about one-on-one sessions, email embodiedvoiceworkshops@gmail.com

Shalini

AUROMODE YOGA SPACE

Aurrothaima—Hospitality Trust

October—November Schedule

Registration a must for all the programs. Email or WA us to know about the fee structure and other details.

balaganesh.siva@gmail.com,

+91 9892699804 WA only

October—November 2024 Schedule

Day	Time	Description
All days of the week except Wednesday & Saturday	6:30—8am	Vinyasa flow Yoga with Arun
All days of the week, Monday to Sunday	5:30—7pm	Vinyasa flow Yoga with Arun
200 Hr of Yoga TTC November 6 to November 27	6:30—9:30am & 3:30—7pm	Embrace the Yogi Lifestyle—200 Hr Yoga Alliance Certified intensive

Vinyasa flow with Arun

Traditional yoga practices are characterized by discipline, and we believe in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice every day of the week except Wednesdays.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. We have few mats to use if you don't have one. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

- **Friday, Saturday & Sunday, 5:30—7pm**

Auroville Yoga 200 hr TTC

Embrace the Yogi Lifestyle—200 Hr Yoga Alliance Certified intensive:

- **22 days, 6—27 November**
- **6:30—9:30am—3:30—7pm, daily, except Sunday**

We offer you the chance to experience the Yogi way of life. Whether you have aspirations to become a yoga teacher or simply want to deepen your personal journey, our TTC (Teacher Training Course) is an opportunity to focus on what truly matters. It's about becoming a better student of life and enhancing five key areas of health: physical, mental, financial, social, and ultimately, spiritual.



Here, you'll find a community of like-minded individuals who are committed to practicing asanas, meditation, pranayama, and living a life enriched with yogic philosophy. Our course blends teachings from Patanjali's Yoga Sutras and South Indian traditions, offering a holistic approach to integrating ancient wisdom into your daily life.

If you're searching for a meaningful way to spend your time, focused on self-development and inner growth, this TTC is for you. Whether you choose to teach or not, remember that the ultimate goal is to become a lifelong learner and a true student of the Yogi lifestyle.

- Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.
- Yoga Philosophy of Patanjali and other texts.
- Sequencing skills, subtle anatomy, mantra chanting
- Introduction to Kalaripayatu, Animal flow, Sound healing, Karma Yoga and more.

Internationally recognised Yoga Alliance, USA accredited Certification.

- [Find our Yoga Shala, Auromode Apartments](#) **Bala**

QUIET HEALING CENTER



Workshops, 5—26 October

Baby Watsu® Classes with Appie & Friederike

- **Wednesday 16 & 30 October, 9:30—11am**

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. Towards the end, there is free playtime.



- Please bring towels and a closing swimming pant for your baby; for babies between 2 and 12 months with their parents.

Woga® 1 & 2 with Dariya.

- **17—18 October, 1—6pm**

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height. It focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.



Woga classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. The key difference is that you are in a warm water pool! By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

- **Prerequisites: no previous experience required (also no need to know how to swim!).**

WOGA® (Yoga in Water) Class w/ Friederike & Tamara

- **19 & 27 October, 4:30—6pm**

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.



- **Prerequisites: no previous experience required (also no need to know how to swim!).**

OBA (Oceanic Bodywork Aqua) 1 with Dariya

- **20—25 October, 8:45am—6pm**

In this 6-day course, you'll learn to combine elements of soft stretching, aquatic deep tissue massage, and joint release, as well as energy and breath work in a unique way above and under water (with a nose clip). You'll also be introduced to a fluid sequence, including especially designed movements, which allow the whole spine to swing and energy to flow. OBA 1 focuses mainly on underwater movements, which are both emotionally



revealing and deeply relaxing. You'll also learn more about your own body mechanics and how to support and move each person as effortlessly as possible. At the end of this 50-hour course, you will be able to offer friends and acquaintances a complete OBA session.

- **Prerequisites:** OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

Watsu Yoga Round with Ellie & Roberto

- **Saturday, 26 October, 3—6:30pm**

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being. While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!



- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Guido for Quiet, +91 9488084966,

www.quiethalingcenter.info/ quiet@auroville.org.in



Traditional Massage Therapy Classes

Our course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamil Nadu, Southern India. It is one of the oldest systems of medicine in India.

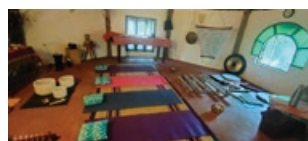


The certificate course:

- **Has three levels:** Basic, 10 Hours;/ Intermediate, 20 Hours; Advanced, 30 Hours.
- **Covers the following modules:** Varma Massage Therapy, Varma Touch Therapy, Varma Myology (Muscles), Varma Defense Methods.

Arunachala Sound Healing Therapy

Positive musical psychotherapy using Visualization, Breathing.



Idumban Karlakattai Muscle Therapy

To strengthen the nervous system, improve posture and stamina, build strength and mobility, detox the body.



Siddha Varma Kalai Massage Therapy

Acupressure and deep tissue varma points healing massage therapy.



Nattiyakkalai Movement Arts Therapy

Psychotherapeutic use of movement to promote emotional, social, cognitive, and physical integration.



Raja, WA/ Voice +91 9751395939, www.angamtree.com

THE QUANTUM—KARMIC MULTIVERSE

Book Reading Satsang

Every Thursday 5 pm to 6 pm

Svaram Atelier, 2nd Floor, Utsav Building



Join us for an interactive journey through 'The QuantumKarmic Multiverse,' where we explore the intersection of quantum mechanics and ancient wisdom. Engage in group discussions, guided meditations, and visual presentations that bring these ideas to Life, whether you're new or experienced, this weekly gathering is a space to deepen understanding, align with cosmic rhythms, and connect with Like-minded seekers. Come with an open heart and a curious mind!

Nadim Hamdan, author of *The Quantum Karmic Multiverse*, bridges quantum mechanics with ancient spirituality, drawing on Sufism, shamanism, and Yoga. With a background in IT, Regenerative Finance, and Decentralized Governance, he guides others toward self-transformation, regenerative Living, and deeper cosmic understanding.

- On donation basis
- For registration, please contact: +918754802163
svaramprograms@auroville.org.in

Zech for Svaram Team

SVARAM ATELIER

Open for Creative & Healing Arts



Svaram Atelier, located on the second floor of the Utsav Building, is now open for morning rentals, offering an inspiring space for those involved in the Creative and Healing Arts. The atelier is equipped with air conditioning, backup power (UPS), fully-equipped kitchen and includes two therapy rooms available for use. These facilities can be rented for a minimal contribution.

- For further details, please reach out via email at:
svaramprograms@auroville.org.in. Shaheen

TRADITIONAL MANTRAS AND STOTRAS

Chanting Classes

@ Serendipity Community
with Sonia Novaes

Fridays, 5pm,
Regular Class

serendipityauroville@gmail.com

+91 8940288090

Sonia



ARKA WELLNESS CENTER & MULTIPURPOSE HALL

Regular Activities, October

For any details and queries, you can contact us:

arka@auroville.org.in, 0413 2623799



Treatments

Treatment	Therapist	When
Body Logic, Soft massage and Deep Tissue massage	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 0413 2623767 antarcalli@yahoo.fr
Integral Regression therapy, Integral Reiki healing, Breathwork—the holotropic way	Niyati Thakkar	Only by Appointment niyatithakkar2112@gmail.com Monday to Sunday 7041391995

Classes

Classes	Teacher	When
Pilates	Teresa	Tuesday & Thursday 7:30—8:30am, Friday: 5:30—6:30pm by Appointment: 7867998952
Iyengar yoga	Olesya	Wednesday, Saturday, 6:30—8am, Monday, Thursday, Saturday, 5—6:30pm, or by Appointment: 9159052743
Eye yoga and Wellness retreat	Aurosugan & Priyanka	Every day morning: 7—8am by Appointment only: 8012305151/ 9704258709

Submitted by Ramana for Arka

SOUND THERAPY & SELF HEALING, 2 in 1 Session

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- First, by immersing yourself in the vibrations from a sound bed—which will travel through your body to the organ chosen for healing—accompanied by musical instruments (gong, singing bowls, etc.) and vocals, you will start to connect with your body's consciousness.

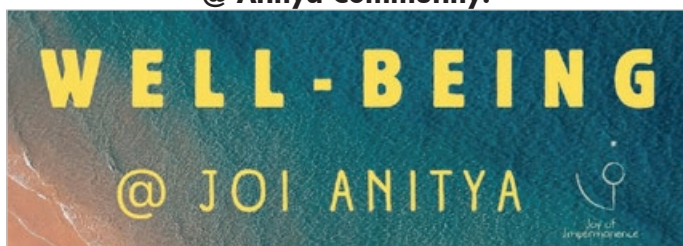


- Second, by performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- If this resonates with you, then please contact 9385428400 call/ WA to book your session today!
- Donation Based

Submitted by Isha

**HOLISTIC WELL-BEING SERVICES
@ Anitya Community!**



The Joy of Impermanence—Anitya Community Project is offering a variety of holistic well-being services to nurture your body, mind, and spirit. Located in the serene environment of Anitya Community, Centerfield, Auroville, our skilled practitioners are here to guide you on your journey toward health and inner peace. Below is an overview of the therapies available and how to get in touch:

Thai Yoga Bodywork with Andres

- Contact: +91 9751607501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Ayurvedic Massage with Elene

- Contact: +91 7094143719

Rooted in ancient Indian healing traditions, Ayurvedic Massage uses herbal oils and specific techniques to detoxify and rejuvenate your body. This holistic treatment aims to balance your doshas (body energies), promoting overall well-being and harmony.

Integral Coaching with Dave

- Contact: +44 7564119728

Integral Coaching offers a personalized approach to personal development, helping you achieve your goals by integrating all aspects of your life—mind, body, emotions, and spirit. Dave will work with you to identify your strengths and challenges, guiding you towards lasting transformation.

Shah-Lu-Ha-Ka Bodywork with Nikki

- Contact: +91 7094716136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

Mindfulness Meditation with Helen

- Contact: +91 7094753054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self.

Women Circles with Prem Shakti

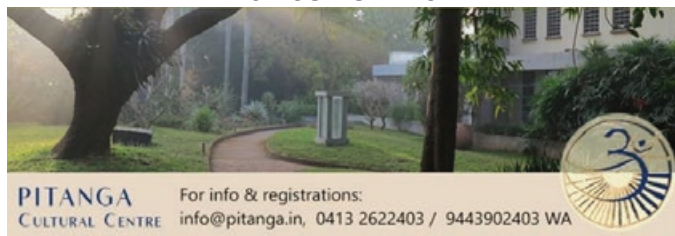
- Contact: +91 9489244823

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Prem Shakti, these circles provide a nurturing environment where women can explore their personal growth, creativity, and spirituality.

- **Location:** Anitya Community, Centerfield, 500m after Center Gh, Auroville
- **Bookings:** For more information or to book a session, please contact the practitioners directly via WhatsApp.
- **Email:** joyofimpermanence@auroville.org.in

Mathilde for the JOI Anitya team

PITANGA CULTURAL CENTRE



Program October 2024

Holiday closures: October 11 and 31

Drop-In Classes

- Join without prior registration!

Mondays	
7:30—9am	Asanas mixed level with Rachel
8:30—10am	Yoga Therapy with Gala
4—5pm	Doing No-Thing Consciously with Mike
5:30—6:45pm	Vinyasa Flow Yoga with Dinagar
5:30—7pm	Vocal Sound Healing with Lola
Tuesdays	
7:30—8:45am	Self Practice with Rachel
7:30—8:45am	Ojasana Hatha-Nada Yoga with Ojas, only on 15 October
5:30—7pm	Antigymnastique® with Francesca F., starts 15 October
Wednesdays	
7:30—9am	Asanas mixed level with Rachel
8:30—10am	Yoga Therapy with Gala
5:30—6:45pm	Vinyasa Flow Yoga with Dinagar
5:30—7pm	For Giving Love, Transmuting heavy emotions with Dr. Lasko's tools, with Marie-Claire, begins 16 October
Thursdays	
7:30—8:30am	Lucid Journey—Immersive Guided Meditation with Malcolm, begins 10/10
4:30—5:30pm	Aviva Exercise with Suriyagandhi
Fridays, holiday 11 October	
6:45—8am	Pranayama with François & Namrita, For former "The Art of Living" course participants
7:30—9am	Asanas mixed level with Rachel
8:30—10am	Yoga Therapy with Gala
4:30—5:30pm	Readings of the Life Divine with Balvinder
5:15—6:15pm	Feldenkrais with Shari, not on 18 October
5:30—6:45pm	Vinyasa Flow Yoga with Dinagar
Saturdays	
7:30—8:45am	Ojasana Hatha-Nada Yoga with Ojas, only on 12 & 19 October
9—10:30am	Asanas intermediate level with Rachel
2:30—4:30pm	Truth Based Relationships, Practical Sessions with Juan Andrés, starts 19 October
4—5pm	Odissi Classical Dance, a beginners' class especially for children, with Agila, assisted by Rekha

Youth Activities

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

- **Asanas for Teenagers with Lisbeth**
 - Mondays, Wednesdays, 4—5:15pm
 - These classes are for the teenagers from AV schools and started in July.
- **Yoga for children, from 9 yrs. +, with Gala**
 - Saturdays 10—11am
 - Resumes 12 October
- **Energy games for children, 9 yrs. +, with Gala**
 - Saturdays 11am—12pm
 - Resumes 12 October

Classes—By Prior Registration

- **Art Therapy with Gala**
 - Thursdays, 3—5pm for adults
 - Fridays, 3—5pm for families
- **ATB Exploration with Isora, and teachers in training Rosario and Teresa**
 - Thursdays, 5:30—6:45pm
 - Prior registration required.

Awareness through the body aims to provide tools for individuals to expand their consciousness, explore the different planes of their being and discover their inner selves in a joyful space. Please book your place with Pitanga beforehand.

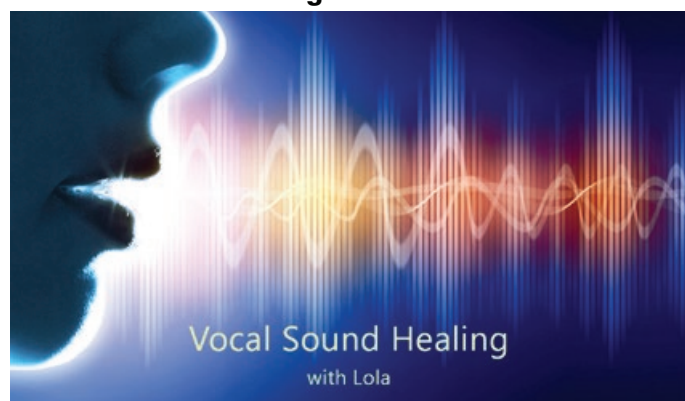
- **Private Yoga sessions with Rachel** available on request.

Healing Space—By Appointment

- **Antigymnastique® individual session** by Francesca F.
- **Bio-Resonance** (with Bi-Com machine) by Afsaneh
- **Cranio Sacral Technique** by Anne H.
- **Chiropractic** by Afsaneh
- **Shiatsu** by Patricia G.
- **Syntropy Insight Bodywork** with Véronique D.
- **Thai Yoga Massage** by Juan
- **Yoga Therapy Sessions** with Nadia A.

New Activities

- **Vocal Sound Healing with Lola**



Practice and embody the power of voice, your most potent healing instrument

- Mondays, 5:30—7pm, begins on October 7

The voice is the only tool more powerful than the gong, especially your own voice, because you self-generate the healing vibrations to shift energetic blockages. The practice is about opening yourself up to a new way of exploring your voice. Immerse yourself in this powerful session, discover your own voice, take a step to experiment through sound, music and movement.

- No experience needed.
- This is a drop-in class for adults.

• **Lucid Journey with Malcolm: Immersive Guided Meditation**

- Thursdays, 7:30am—8:30am, begins on October 10
- 1-Hour Guided Session: 15min Intro, 30-min Meditation, 15min Integration

An audio-visionary voyage into inner astral planes: Mindfulness, Flowstate, Beauty, Dreams, Identity. You are invited to join us as we explore our own unseen worlds, unveil our deepest hidden truths, and inspire our own awakening.

“Naturopathic practices have been known to alleviate stress, anxiety and grief while promoting self-healing and spiritual awareness.”—Dr. Li Hubbard N.D.

• **Antigymnastique® with Francesca F.**

- **Group class: Tuesdays, 5:30—7pm**
- **Begins on October 15**
- This is a drop-in class with limited places available.
- Individual sessions by appointment, contact Pitanga

An invitation to discover, connect and live in your body.

Embark on a voyage through your body and its history: discover how your body has been quietly reorganizing, adapting and protecting itself throughout your life. You will learn to perceive and understand your body in a deeper, more accurate and autonomous way.

Each session is an opportunity to (re)discover and awaken new parts of your body. Class by class, you will learn to free yourself from the contractions, stiffness, muscle and joint pain that are draining and limiting your freedom. This will allow you to regain your mobility, your vitality, your health and your independence.

Antigymnastique® is a unique method of bodywork comprised of subtle but powerful movements performed at your own rhythm, created by physiotherapist, Thérèse Bertherat. Francesca is a licensed Antigymnastique® therapist. For more information: <https://antigymnastique.com>

• **Harmonization of Spirit and Body, sessions by Nadia Labiod**

- **Please contact us for an appointment.**

Any physical or mental unwellness begins in an instant, usually after a shock that we can call a triggering conflict.

Nadia’s sessions are aimed at restoring the harmony of body and mind by creating a personalised, nutritional diet and accompanying the process by decoding the symptoms of physical, vital, emotional, mental and spiritual imbalance.

Nadia is a certified Naturopath (Lyon, France), which includes nutrition and psychology (among other fields).

• **Truth Based Relationships: Practical Sessions with Juan Andrés**

- Saturdays 2:30—4:30pm, starts 19 October
- This is a drop-in class.

Practical Sessions based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés.

Use the opportunity for conscious growth that all your relationships offer you in everyday life.

First timers need to have previously explored the content at asrmodel.com.

• **Yoga Therapy sessions with Nadia A.**

- **Please contact us for an appointment.**

Yoga therapy is a specialized application of yoga practices to help with physical, mental, and emotional well-being. Unlike group classes, individual yoga therapy sessions are tailored to address specific health issues or personal goals.

Benefits: It can be beneficial for a wide range of issues such as chronic pain, anxiety, depression, insomnia, digestive problems, and more. The therapist might incorporate specific poses or exercises that target the symptoms you’re experiencing.

The aim is to create a balanced program based on your individual needs that’s safe and effective for your specific needs.

• **For Giving Love with Marie-Claire**

- Wednesdays, 5:30—7pm
- Begins on October 16
- This is a drop-in session.

Transmuting heavy emotions with Dr. Lasko

Marie-Claire invites you to an inner dialogue with yourself that helps you to let go of all heavy emotions and release energy patterns that could otherwise drain your energies.

Dr Laskow’s tools guide you through a process of forgiveness to complete your own healing. Forgiveness does not mean forgetting or accepting what has been done. It does not mean loving others, which may or may not happen in the process. It’s simply taking back the energy that you have bound up with your feelings about certain people, releasing energy patterns that might otherwise contribute to illness.

• **Cranio Sacral Technique & Ancient Healing Technique, sessions by Anne Hildebrand**

- Please contact us for an appointment.

“Graduated in Biodynamic Cranio Sacral Technique from Ged Sumner’s Body Intelligence Training schools in India and France, I have trained my hands to listen to the music of the bodies and create the right space of safety and caring for the body to tune in and play its own scales. I also use ancient healing techniques passed down from the Cree lineage of the Bear Clan and rely on journeys into the non-ordinary reality (invisible world) to receive information that supports change.

These two techniques accompany physical and emotional traumas as well as certain unusual situations that are not traditionally dealt with.

These practices are done on a table, dressed, with a delicate touch of the areas suffering from restriction. A session can take place in silence or with explanations. The receiver is free to move and speak.”

Workshop

• **Unlock Your Divine Blueprint: The Art of Conscious Living Workshop**



- A 3-days transformative journey with Preeti Mahurkar
- Monday, 21, Wednesday, 23, Friday, 25 October
- 2 hours per day: 3—5pm
- Prior registration required. Please contact Pitanga.

Welcome to this transformative 3-day journey, discover your life’s purpose, harmonize your body, mind, and soul, and unlock your divine blueprint. This immersive experience combines:

- Energy Management & Chakra Alignment
- Mind-Body-Soul Harmony & Integral Yoga
- Destiny Tuning & Emotional Mastery
- Quantum Physics principles for conscious evolution
- Practical tools & techniques for holistic development
- Learn Holistic life skills NLP—Neuro linguistic programming & Emotional Intelligence for conscious living

By integrating NLP, Emotional Intelligence, and ancient wisdom, you’ll:

- Empower yourself as a cocreator of your reality
- Cultivate emotional resilience and self-awareness
- Shift from victimhood to empowerment
- Align with your highest potential
- Live a life of purpose, harmony, and fulfilment

Join us on this liberating journey.

For: Spiritual seekers, those seeking emotional resilience, self-awareness, and purpose.

Contact Preeti for further information: 9850896576, 9699930672 or ask Pitanga to send you a workshop brief.

• **Workshop “Born Free” with Ange Sabine Blanchflower. A Five-Day Transformative Workshop**



- Monday, 21—Friday, 25 October,
- 12:45—1:45pm, for 5 days
- Registration required.

Ange invites, “Discover how you can deconstruct the Beliefs that keep you from living your best life and your Purpose.”

Ange Sabine Blanchflower is a Consultant with the Proctor Gallagher Consultants Division. Her mentor Bob Proctor is to this day the leading Teacher of Self Development and Human Potential. And the approach is a holistic one—Spiritual, Mental and Physical.

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless. If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile!

2622403/ 9443902403 WA,
info@pitanga.in, Andrea



Monday to Saturday
9am—12pm & 13—16:30pm

Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

Anandhi for Vérité

VÉRITÉ

Please contact Vérité @ 0413 2622045,
2622606, 9363624083

or programming@verite.in, www.verite.in



Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Pranayama & Meditation	7:30—8:30am	Mamta
	Restorative Yoga (no class 14 October)	9:15—10:15am	Ramya
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	9:15—10:15am	Mani
	Face & Eye Yoga	5—6pm	Mamta
	Awareness Through the Body Exploration (ATB)	5—6:15pm	Vega
Wednesdays	Yoga for Happy Hips	7:30—8:30am	Dev
	Breath & Mind Harmony (no class 16 Oct)	9:15—10:15am	Ramya
	Hatha Vinyasa Yoga	5—6pm	Andres
	Kirtan: Songs for Your Soul—Contributions are voluntary	5—6pm	Mamta
Thursdays	Hatha Yoga Essentials	7:30—8:30am	Dev
	Yin Yoga—Deep Tissue Release	9:15—10:15am	Radhika
	Open Heart Space Meditation (no class 31 Oct)	5—6pm	Samrat
	Deep Sound Bath (no class 31 Oct)	5—6pm	Satyayuga
Fridays	Pranayama & Meditation	7:30—8:30am	Radhika
	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement	5—6:30pm	Vega
Saturdays	Strengthen and Align Yoga	7:30—8:30am	Dev
	Sivananda Yoga	5—6pm	Mani
	Deep Sound Bath	5—6pm	Satyayuga

Treatments and Therapies

Therapies (by appointment only)	Therapist
Thai Yoga Massage Bodywork	Andres
Face & Neck Massage	Mamta
Biodynamic Craniosacral Therapy	Mila
Food is Medicine: Lifestyle Health Practices Consultation	Parvathi
Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs	Parvathi
Birenda Massage	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Craniosacral Therapy and Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 12 October	Pain Management: Yoga for Chronic Headache	9:15am—12pm	Dev
Saturday, 12 October	Introduction to Ayurveda and it's Lifestyle	2—4pm	Dr. Geeta
Friday, 18 October	Understanding Pranayama & its Practice in Asanas & Meditation	9:15am—12pm	Radhika
Friday, 18 October	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Saturday, 19 October	Pain Management: Yoga for Lower Back Pain	9:15am—12pm	Dev
Saturday, 19 October	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr. Geeta
Saturday, 26 October	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 26 October	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi

Pain Management: Yoga for Chronic Headache with Dev

- Saturday, 12 October, 9:15am—12pm

This pain management workshop focuses on a holistic approach to managing chronic headaches. Learn gentle stretches and strengthening poses for the neck, shoulders, and scalp and breathing techniques that reduce tension and promote relaxation. Personalized attention and modifications will be given to safely accommodate individual's needs.

Introduction to Ayurveda and it's Lifestyle with Dr. Geeta

- Saturday, 12 October, 2—4pm

This workshop takes you along the journey of Ayurveda, the ancient Indian medical system. Ayurveda has beautiful lifestyle practices, like diet, exercise, sleep and relaxation. Through this workshop you will learn the appropriate use of and principles behind the practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Understanding Pranayama & its Practice in Asanas & Meditation with Radhika

- Friday, 18 October, 9:15am—12pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

Face & Eye Yoga: Face Yourself with Mamta

- Friday, 18 October, 2—4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Pain Management: Yoga for Lower Back Pain with Dev

• **Saturday, 19 October, 9:15am—12pm**

This pain management workshop focuses on a series of gentle yet powerful poses, breathing techniques, and relaxation methods designed to alleviate back pain, improve posture, and enhance range of motion as well as overall well-being. You will learn about the causes of back pain and how yoga can help. Personalized attention and modifications will be given to safely accommodate everyone's needs.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

• **Saturday, 19 October, 2pm—4pm**

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Anandhi for Vérité Programs

It Matters

Schedule from 10 to 26 October

Weekly Activities—A/C Room

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
- **Info:** Instagram [@auroville.curated](#)
- <http://itmatters.auroville.org/>

All activities are Rs./ 600 for guests, Rs./ 150 for Aurovilians/ Volunteers. Discount vouchers available.

Date	Activity
10 October, Thursday, 5:30—6:30pm	Rhythm Awareness with Marko
12 October, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias
14 October, Monday, 5:30—6:30pm	Taichi, The way of the Leaf with Kaarthikeyan Kirubhakaran
15 October, Tuesday, 5:30—6:30pm	Science of Meditation with Matthias
17 October, Thursday, 4—5pm	Laughter Yoga & Relaxation with Anco-lie Dove
17 October, Thursday, 5:30—6:30pm	Rhythm Awareness with Marko
18 October, Friday, 5:30—6:30pm	Calligraphy: Form & Expression with Jayesh
19 October, Saturday, 2—4pm	Intuitive Painting with Marie Claire Barsotti
19 October, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias
Date	Workshops in October*
12 October, Saturday, 10:30am—12:30pm	Navratri Special Raas Garbha with Varsha, Rs./900
19 October, Saturday, 10am—12pm	Drama in Me, Transformative Theatre Workshop with Rashi Bunny, Rs./900
26 October, Saturday, 10am—12pm	The Art of Conscious Living with Preeti Mahurkar, Rs./900

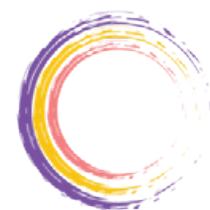
- **Pre-registration for Workshops is mandatory**
- 50% discount for Aurovilians and SAVI volunteers

Bhakti & Sandra

RADICAL TRANSFORMATIONAL STEWARDSHIP

RTS

This social transformation workshop is designed to unleash your full potential and enroll others to transform our lives, our work and our society and produce results by using a whole system transformation methodology and integrated design principles. The workshop is open to all change-makers wanting to generate equitable and sustainable results for well-being. Facilitated by Bridget Horkan, Sanjeev Ranganathan, Srilatha Juvva, Sudarshan Rodriguez in partnership with Dr. Monica Sharma.



Dates:

- **Session 2:** Saturday, 5 & Sunday, 6 October
- **Session 3:** Saturday, 9 & Sunday, 10 November
- **Session 4:** Saturday, 7 & Sunday, 8 December

Timings are: 8am—5pm Indian standard time

Check your local time below

- <https://www.thetimezoneconverter.com/?t=800%20am&tz=India&>
- <https://dateful.com/time-zone-converter?t=1700%20am&tz=India&>

The program will challenge each of us to delve deep into our being, and generate new breakthrough ideas, sourcing our abilities to envision a new future, commit ourselves to action and acquire the skills to attain this future. It consists of a series of 4 online workshops over 9 days (3 workshops during weekends and 1 workshop from Saturday to Monday), spaced apart by 1 month each. New capacities are introduced in each session and practiced inter-session to put these in action.

Please note: All participants must commit to participating in all the four sessions. Missing sessions or any day will result in not continuing further sessions/ days and dropping out of the course/ workshop.

- **To apply fill in this form** or contact stewardship4newemergence@auroville.org.in

This program is offered fee free for those in service to Auroville. We suggest a contribution of 1800 Rs to cover basic costs incurred in the 9 day program such as lunch, tea, coffee, handouts. Please transfer this to account 252975 at the financial services. Should you need a waiver please email us. All the facilitators and resource people are working in service, pro bono. Please feel free to contact us for any assistance at the above email.

Submitted by Bridget

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

- For more details see www.innersightav.org or contact Kardash on 9940934875 WA.

Submitted by Kardash

TAO OF TEA 茶道 CHA DAO
Sencha Syle Tea Ceremony

The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)



Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/ flowers also available.)

Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. The ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/ WA +91 9385428400 *Submitted by Isha*

Languages

BOLSTERING ENGLISH

Native English speaker happily offers facilitation for English reading, speaking and composition.

Individual or small group sessions are for those connected to Auroville who already can read, write and speak English with adequate comprehension, and who wish to practice for presentations or performance or simply for clearer conversation. We can include rhythm, nuanced expression, and some dialects, if wished.

- Also inviting anyone at any level for SAVITRI.
- Scheduling is as-you-wish: long or short session(s); long or short intervals between sessions.

Patricia, 0413 2623750, pat@auroville.org.in



TAMIL CLASSES FOR ABSOLUTE BEGINNERS

Start Date: Monday, 7th Oct 2024
Time: 7:15pm

Venue: Auroville Council Room

To Sign up:

1. Follow the QR Code -->
2. email: payilagampodcast@gmail.com

Spend 3 months learning to speak, read and write Tamil quickly: get to know a bit of the language and cultural history of Tamil with Sandeep

Sandeep

TAMIL CLASSES OFFERED

Saturdays and Sundays

எழுதப்பட்ட தமிழ் வகுப்புகள்

Written Tamil Classes Offered in Auroville, Donation-based

Contact Murugesan to setup timing: +91 8610916301

Submitted by Malcolm

ITALIAN CLASS

Hello! If you want to learn Italian from scratch or have already studied it but would like to continue practicing it, know that Francesca will start giving individual or group lessons from now! And because Francesca is intimately connected to the world of art and culture, the lessons will not only explore the use of the Italian language but will be an enjoyable introduction to different aspects of Italian culture, art and history. If you'd like to practice your Italian with me, this is the email avgateofdreams@gmail.com. *Arrivederci! Francesca*

AUROVILLE LANGUAGE LAB

The Language Lab is open

- Monday—Friday, 9am—12pm & 2—7pm
- Saturday, 9am—12pm & 2—5pm
 - **Location:** International Zone, after Unity Pavilion & Pump House.
 - **Phones:** 2623661 (Lab), +91 9843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
 - **Email:** info@aurovillelanguage.org and tomatis@aurovillelanguage.org

Submitted by Mita

Cinema

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 11 October: Lentils, a Miracle of Nutrition

2019 / 52 minutes / Frigge Mehring

In this documentary we dive deep into the world of lentils! Lentils are undemanding plants from drier regions, yet at the same time they are extremely rich in protein and are real power packs, full of minerals and trace elements. They could hold the key to fighting famines and to boost the nutritional profile of many people in an inexpensive way.

Aviram



Aurofilm presents at Multi Media Centre Auditorium (MMC, Town Hall)

Reminder: Friday, 11 October, 8pm

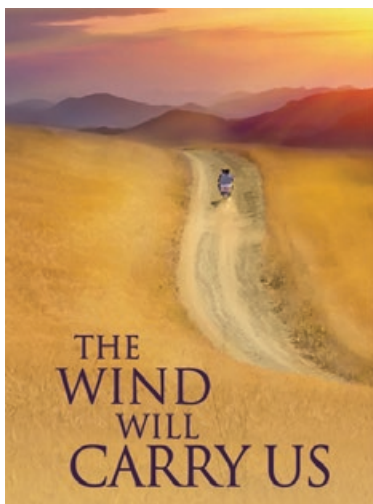
“The Wind Will Carry Us”

(Persian: در بادهای باد، Bād mā rā khāhad bord)

Directed by Abbas Kiarostami, Iran, 1999

With: Behzad Dorani, Noghre Asadi, Roushan Karam Elmi

Synopsis: A journalist and his two assistants arrive from Tehran to Siah Darreh, a village in Iranian Kurdistan. They pretend to be communications engineers, but they are waiting for the death of a woman who is over 100, to document the locals’ mourning rituals. However, she remains alive, and the journalist is forced to slow down and appreciate the lifestyle of the village... “This brilliant film could be Abbas Kiarostami’s greatest film; it’s one of his richest and most challenging films. A masterpiece, essentially poetic and a celebration of the human spirit”



The film was nominated for the Golden Lion at the 56th Venice International Film Festival. It won the Grand Special Jury Prize (Silver Lion), and received numerous other nominations and awards as well. *Original version in Persian with English subtitles. Duration: 1h58’*

Friday, 18 October, 8pm

“Pierrot The Fool”, (original title: PIERROT LE FOU)

Directed by Jean-Luc Godard, France, 1965

With: Jean-Paul Belmondo, Anna Karina, Raymond Devos

Synopsis: Pierrot escapes his boring society and travels from Paris to the French Riviera with his children’s babysitter Marianne, a girl chased by hit-men from Algeria. They lead an unorthodox life, always on the run... The film is one of cinema’s essentials, perhaps because it came at the precise moment when Godard hit his all-time peak, many of his films are considered masterpieces and Pierrot is the crown jewel. A Mediterranean film, sunny and fully saturated colors thanks to the DOP Raoul Coutard!



Original French version with English subtitles. Duration: 1h50’

- **Note: Contributions are very welcome!**
Aurofilm Collection Acc. No. 252658

Susana for Aurofilm Team

STUDY CIRCLE



Film Institute @ Auroville is delighted to introduce an open study circle at the Auroville Film Institute, India Space, Bharat Nivas.



The Study Circle is designed in concurrence with the ongoing research and academic pursuits of the Film Institute Fellows. The sessions are open for all.

Upcoming Schedule

This week, Auroville Film Institute explores novel modes of approaches and practices in documentary and the potentialities of it. In the Indian context, we examine the works of some path breaking filmmakers, such as Paromita Vohra and Madhushree Dutta.

• **Documentary & Animation**

In the study circle, we take a deeper dive into the animated form of documentary and its implications. Does this medium unravel the possibilities and avenues of expression of the real? Through our screenings and readings, we hope to address this question and arrive at an understanding of this form.

Thursday, 10 October, 10—12pm	Gender & the Indian Documentary	Screening & Discussion: Q2P (2006) directed by Paromita Vohra Duration: 55min
Friday, 11 October, 10—12pm	Documentary & Animation	Screening & Discussion: Waltz with Bashir (2008) directed by Ari Folman Duration: 1hr 30min
Saturday, 12 October, 10—12pm	Documentary & Animation	Reading & Discussion: If Truth Be Told, Can ‘Toons Tell It?: Documentary and Animation by Sybil DelGaudio Screening & Discussion: The Sinking of the Lusitania (1918) directed by Winsor McCay Duration: 12min
Monday, 14 October, 10—12pm	Exploration of Different Filmic Practices	Screening & Discussion: 7 Islands and a Metro (2006) directed by Madhushree Dutta Duration: 1hr 36min

- **Venue:** Auroville Film Institute, India Space, Bharat Nivas
- **For more information write to:**
info@aurovillefilm.institute.com & +919980590704
Richa for Auroville Film Institute

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
14 to 20 October 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday 14 October, 8pm
Mast Mein Rehne Ka (Living life to the fullest)

India, 2023, Writer-Dir. Vijay Maurya w/ Jackie Shroff, Neena Gupta, Abhishek Chauhan, and others, Comedy-Drama, 127mins, Hindi w/ English subtitles, Rated: NR (PG)

Kamath, a lonely old widower, lives in a mundane routine until a robbery disrupts his life. Found unconscious by the police the next day, they remark on his solitude. Seeking change, he attempts to befriend strangers and meets Mrs. Handa, a lively Punjabi woman. When her house is robbed, Kamath's presence raises suspicion, leading them both to the police station. Their friendship blossoms through charming escapades, like sneaking into other houses, which helps dissolve their loneliness. However, fate twists when they encounter the thief from their past in a stranger's home, intertwining their lives as they attempt to rediscover themselves. *A quirky unusual tale!*

Potpourri—Tuesday 15 October, 8pm
Travels With My Aunt

UK, 1972, Dir. George Cukor w/ Maggie Smith, Alec McCown, Louis Gossett Jr, and others, Globetrotting Adventure, 108mins, English w/ English subtitles, Rated: PG

At his mother's funeral, stuffy bank clerk Henry Pulling meets his Aunt Augusta Bertram (Dame Maggie Smith), an elderly eccentric with more-than-shady dealings who pulls him along on a whirlwind adventure as she attempts to rescue an old lover. *This is a tribute to the phenomenal lead actor Maggie Smith!*

Selection—Wednesday 16 October, 8pm
The Rocket

Australia-Thailand-Laos, 2013, Writer-Dir. Kim Mordaunt w/ Sithiphon Disamoe, Loungnam Kaosainam, Suthep Pongam, and others, Drama, 96mins, Lao w/ English subtitles, Rated: NR (PG-13)

A boy, who is believed to bring bad luck to everyone around him, leads his family and two new friends through Laos to find a new home. After a calamity-filled journey through a land scarred by the legacy of war, to prove he's not bad luck he builds a giant rocket to enter the most exciting and dangerous competition of the year: the Rocket Festival. *A film to watch!*

Interesting—Thursday 17 October, 8pm
Us, Our Pets and the War

Ukraine-Canada, 2024, Writer-Dir. Anton Ptushkin, Documentary-Drama, 79mins, Ukrainian w/English subtitles, Rated: NR (PG-13)

Amid violence and war, Ukrainian citizens are coming together to rescue animals that have been left behind by those forced to flee. From cats and dogs in abandoned buildings to lions and tigers in the nation's zoos, extraordinary rescue efforts are underway to bring them to safety. The film is a tribute to the very best of the human spirit despite the horrors of war. *Often forgotten covert victims of conflicts and war!*

International—Saturday, 19 October, 8pm
Lahn Mah (How to Make Millions Before Grandma Dies)

Thailand, 2024, Writer-Dir. Pat Boonitipat w/ Putthipong Asaratanakul, Usha Seamkhum, Sanya Kunakorn, and others, 125mins, Thai w/ English subtitles, Rated: NR (PG-13)

In this much acclaimed heartwarming tale, Amah, is a struggling widow and street vendor selling congee. She juggles her complicated relationships with her self-absorbed but wealthy eldest son, Kiang; aimless second son, Soei; and hardworking daughter, a single mother, Sew. Sew's son, M, a 20-something aspiring game streamer who dreams of success yet remains stagnant. When Amah is diagnosed with stomach cancer, M conspires with his cousin Mui, who had earlier unexpectedly inherited the family home after taking care of elderly relative, to do the same—and become the prime beneficiary of Amah's meagre estate. Since none of Amah's children step up, M moves into Amah's tiny apartment, navigating family bonds—with unexpected results. *A must watch!*

Children's Matinee—Sunday, 20 October, 4pm
The Inventor

USA-France-Ireland-Iran, 2023, Writer-Dir. Jim Capobianco w/Daisy Ridley, Marion Cotillard, Matt Berry, and others, Adventure-Animation, 100mins, English w/ English subtitles, Rated: PG

Curious inventor Leonardo da Vinci leaves Italy for the French court to experiment freely, creating flying contraptions and studying the human body. Joined by the adventurous Princess Marguerite, he seeks to uncover the ultimate question: "What is the meaning of it all?"

New German Cinema @ Ciné-Club
Ciné-Club Sunday 20 October, 8pm
Der Amerikanische Freund (The American Friend)

Germany, 1977, Dir. Wim Wenders w/ Dennis Hopper, Bruno Ganz and others, Drama, Crime, 128 mins, German w/ English subtitles, Rated: R

American expatriate Tom Reply, who sells art forgeries, joins a murder plot for extra cash. He recruits Jonathan, a dying cancer patient desperate to leave an inheritance for his family. Reluctantly agreeing, Jonathan proves to be no gunman, and the plan swiftly unravels.

In Berlin, an alcoholic man, recently released from prison, joins his elderly friend and a prostitute in a determined dream to leave Germany and seek a better life in Wisconsin.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Nina, MMC/ CP Group Account# 105106,
mmcauditorium@auroville.org.in