



# News Notes

#1049 A weekly bulletin for residents of Auroville 17 October 2024



*Thou art That, O Swetaketu.*

*Chhandogya Upanishad*

*Thou art man and woman, boy and girl;  
old and worn thou walkest bent over a  
staff; ... thou art the blue bird and the  
green and the scarlet-eyed. ...*

*Swetaswatara Upanishad*

## Pondering



A unity behind diversity and discord is the secret of the variety of human religions and philosophies; for they all get at some image or some side clue, touch some portion of the one Truth or envisage some one of its myriad aspects. Whether they see dimly the material world as the body of the Divine, or life as a great pulsation of the breath of Divine Existence, or all things as thoughts of the cosmic Mind, or realise that there is a Spirit which is greater than these things, their subtler and yet more wonderful source and creator,—whether they find God only in the Inconscient or as the one Conscious in inconscient things or as an ineffable superconscious Existence to reach whom we must leave behind our terrestrial being and annul the mind, life and body, or, overcoming division, see that He is all these at once and accept fearlessly the large consequences of that vision,—whether they worship Him with universality as the cosmic Being or limit Him and themselves, like the Positivist, in humanity only or, on the contrary, carried away by the vision of the timeless and spaceless Immutable, reject Him in Nature and Cosmos,—whether they adore Him in various strange or beautiful or magnified forms of the human ego or for His perfect possession of the qualities to which man aspires, his Divinity revealed to them as a supreme Power, Love, Beauty, Truth, Righteousness, Wisdom,—whether they perceive Him as the Lord of Nature, Father and Creator, or as Nature herself and the universal Mother, pursue Him as the Lover and attracter of souls or serve Him as the hidden Master of all works, bow down before the one God or the manifold Deity, the one divine Man or the one Divine in all men or, more largely, discover the One whose presence enables us to become unified in consciousness or in works or in life with all beings, unified with all things in Time and Space, unified with Nature and her influences and even her inanimate forces,—the truth behind must ever be the same because all is the one Divine Infinite whom all are seeking.

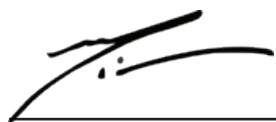
*Progress to Knowledge—God, Man and Nature,  
The Life Divine—Sri Aurobindo*

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# House of Mother's Agenda

"... Awake to his hidden possibility,  
 Awake to all that slept within his heart  
 And all that Nature meant when earth was formed  
 And the Spirit made this ignorant world his home,  
 He shall aspire to Truth and God and Bliss.

Interpreter of a diviner law  
 And instrument of a supreme design,  
 The higher kind shall lean to lift up man.

Man shall desire to climb to his own heights.

The truth above shall wake a nether truth,  
 Even the dumb earth become a sentient force.

The Spirit's tops and Nature's base shall draw  
 Near to the secret of their separate truth  
 And know each other as one deity.

The Spirit shall look out through Matter's gaze  
 And Matter shall reveal the Spirit's face.

Then man and superman shall be at one  
 And all the earth become a single life.

Even the multitude shall hear the Voice  
 And turn to commune with the Spirit within  
 And strive to obey the high spiritual law:

This earth shall stir with impulses sublime,  
 Humanity awake to deepest self,  
 Nature the hidden godhead recognise.

Even the many shall some answer make  
 And bear the splendour of the Divine's rush  
 And his impetuous knock at unseen doors.

A heavenlier passion shall upheave men's lives,  
 Their mind shall share in the ineffable gleam,  
 Their heart shall feel the ecstasy and the fire.

Earth's bodies shall be conscious of a soul;  
 Mortality's bondslaves shall unloose their bonds,  
 Mere men into spiritual beings grow  
 And see awake the dumb divinity.

Intuitive beams shall touch the nature's peaks,  
 A revelation stir the nature's depths;  
 The Truth shall be the leader of their lives,  
 Truth shall dictate their thought and speech and act,  
 They shall feel themselves lifted nearer to the sky,  
 As if a little lower than the gods.

For knowledge shall pour down in radiant streams  
 And even darkened mind quiver with new life  
 And kindle and burn with the Ideal's fire  
 And turn to escape from mortal ignorance.  
 The frontiers of the Ignorance shall recede,  
 More and more souls shall enter into light,

Minds lit, inspired, the occult summoner hear  
 And lives blaze with a sudden inner flame  
 And hearts grow enamoured of divine delight  
 And human wills tune to the divine will,  
 These separate selves the Spirit's oneness feel,  
 These senses of heavenly sense grow capable,  
 The flesh and nerves of a strange ethereal joy  
 And mortal bodies of immortality.

A divine force shall flow through tissue and cell  
 And take the charge of breath and speech and act  
 And all the thoughts shall be a glow of suns  
 And every feeling a celestial thrill.

Often a lustrous inner dawn shall come  
 Lighting the chambers of the slumbering mind;  
 A sudden bliss shall run through every limb  
 And Nature with a mightier Presence fill.

Thus shall the earth open to divinity  
 And common natures feel the wide uplift,  
 Illumine common acts with the Spirit's ray  
 And meet the deity in common things.

Nature shall live to manifest secret God,  
 The Spirit shall take up the human play,  
 This earthly life become the life divine."

*(to be continued next week)*

*Sri Aurobindo, Savitri,  
 A Legend and a Symbol*

*Book Eleven: The Book of Everlasting Day*

*Canto One: The Eternal Day: The Soul's Choice and the  
 Supreme Consummation*

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

*With love and gratitude,  
 Gangalakshmi (HOMA)*



# Townhall Speaks

## BCC OFFICE'S New Landline Phone

Dear community, the BCC office 's new landline phone number is **0413 3509953**.

The old phone number has been disconnected.

*BCC Team,  
(Angurajan, Arthi, Kalaiarsi, Ravindra, Victoria)*

## FAMC OFFICE'S New Landline Phone

Dear Community, the FAMC office's new landline phone number is **0413 3509954**.

The old phone number has been disconnected.

*Balaji, FAMC Admin*

# Community News

## Passing On

### J. JAYARAMAN PASSES ON

We regret to inform the community of the passing of J. Jayaraman, a resident of Shanti, at the age of 65.

Those who wish to pay their final respects may do so at his residence in Shanti, where his remains will be kept until the cremation.

*Submitted by Lisa*



### AUROSHASTRI PASSES ON



Our dear son and brother Auroshastri passed away on Saraswati Puja.

We miss him so much—Bobby, Andre, Suryan, and Jivatma

*Bobby, Andre, Suryan, and Jivatma*

## Matrimandir News & Schedules

### MATRIMANDIR ACCESS INFORMATION

#### Access to the Park of Unity and Matrimandir

#### The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE.

- The Park of Unity is open to Aurovilians and Newcomers daily, 6am—7:30pm
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm

Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.

Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

#### The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
  - Monday—Saturday: 6—8am, 4:30—7:30pm.

- Sunday: 6am—12pm, 4:30—7:30pm.
- The Inner Chamber is open to SAVI registered Volunteers:
  - Wednesday—Monday, 8—8:40am. Arrival at 7:45am at the Office Gate.
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in):
  - Any day except Tuesday & Sunday: 8—8:35am. Arrival at 7:45am at the Office Gate.
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
  - Tuesday 9—11am.
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in): Tuesday 8—8:30am.

#### The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders:
  - Monday—Sunday, 7—8am, daily 5—6pm.
  - Tuesday morning, closed.

#### Access to Matrimandir for Visitors and Guests

##### Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre:
  - Daily, 9am—5:30pm.

#### The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

*Antoine, Divya Karun, John H.,  
Judith, Sundar K*

### AMPHITHEATRE—MATRIMANDIR Meditations at sunset with Savitri

Every Thursday, 5:30—6pm (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville. We follow the sun and the timing changes with the season...



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.
- **Dear Guests,** please carry your Guest Card with you. Access only for the Amphitheater from 5:15pm. Thank you.

*Surya and Velmurugan for Amphitheater team*

*Awakening Spirit*

**SAVITRI BHAVAN**

**Schedule, October 2024**

**Exhibitions**



- **Meditations on Savitri:** The entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **A Bilingual Exhibition on "Sri Aurobindo: A life sketch in photographs"** with texts both in English and Tamil is displayed in the upper corridor.
- **Glimpses of the Mother:** Photographs and texts in the Square Hall.

**Films: Mondays, 4pm in the Sangam Hall**

- **October 21:** Children of Auroville, Part Two—Here and Now. Children who were born in Auroville or who came at an early age tell their stories of how they grew up and when they went out for further education and decided to come back. A film by Doris and Francis, Auroville Video Productions in 2011. Duration: 58min.
- **October 28:** The Great Adventure—Auroville Becoming 50. The film is a beautiful kaleidoscope of Auroville's history, its activities and events, constructions and research by Doris and Francis and Auroville Video Productions in 2018. Duration: 50min.

**Full Moon Gathering**

Thursday, 17 October, 7:15—8:15pm in front of Sri Aurobindo's statue

**Regular Activities**

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays, 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 5:30—7pm:** OM Choir led by Narad
- **Fridays, 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Everyone is welcome

*Dhanalakshmi*

**The Children of Auroville, Part Two: Here and Now**

- **Monday, 21 October 2024, 4pm @ Savitri Bhavan.** Duration: 58min.

These are stories of the children who were born here or came at an early age. They grew up here, went out for further education and decided to come back to Auroville.

Sixteen young Aurovilians speak about their experiences in other countries and what called them back to Auroville. Being back in Auroville, they like to be creative. We get to know about their work and creativity, their concerns, and their dreams.

A non-profit video about educational expansion by Doris and Francis, Auroville Video Production, in 2011. Duration: 58min.

The film is [available on the Savitri Bhavan YouTube channel](#).

*Margrit for Savitri Bhavan*

**House of Mother's Agenda welcomes you**

The House of Mother's Agenda at Savitri Bhavan informs that from August 2024:

- **Monday—Saturday, 3—5pm** Ganga Lakshmi is here to welcome you.

Moreover, those who want to listen to the Agenda of the Mother's in French. That will be possible:

- **Every day, 3—5pm**

Welcome to the Infinite Joy.

*Ganga Lakshmi*

**BRAHMANASPATI KSHETRAM**

**Calendar of regular events of October 2024**

Every Tuesday 6:45 - 7:30pm  
**Savitri Reading**

Every Thursday 6:00 - 6:30pm  
**Meditation**

10th & 24th Thursday 6:30 - 7.30pm, reading  
**"The Mother's Questions & Answers- Vol-7"**  
in English

17th, Thursday at 6:30pm full moon, reciting  
**Sri Aurobindo's Gayatri Mantra** for 30min

No.3/134, Kalathu Mettu Street  
Edayanchavadi, Auroville



kshetram2014@auroville.org.in

*Rajan*



**BHARAT NIVAS**  
PAVILION OF INDIA: AUROVILLE

**A weekly study circle on The Synthesis of Yoga—Sri Aurobindo**

**A weekly study circle on**

**The Synthesis of Yoga**  
- Sri Aurobindo

**By Deepti Tewari**



The Mother's very last message to Auroville

"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work."

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."  
27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions."  
02.05.1970

**4:30 pm - 5:30 pm**  
**Every Tuesday**

**Venue :**  
Resource Library,  
Bharat Nivas, Auroville

Scan for Location



Parking available outside at the Bharat Nivas Main Gate

*Monisha*

**Savitri Satsang**  
with Narad  
Every Wednesday, 4:30 - 5:15 pm  
followed by the **Om Choir**, 5:30 - 6:15 pm  
at SAVITRI BHAVAN - Square Hall

We will begin with,  
Book 1 The Book of Beginnings,  
Canto 1, The Symbol Dawn.

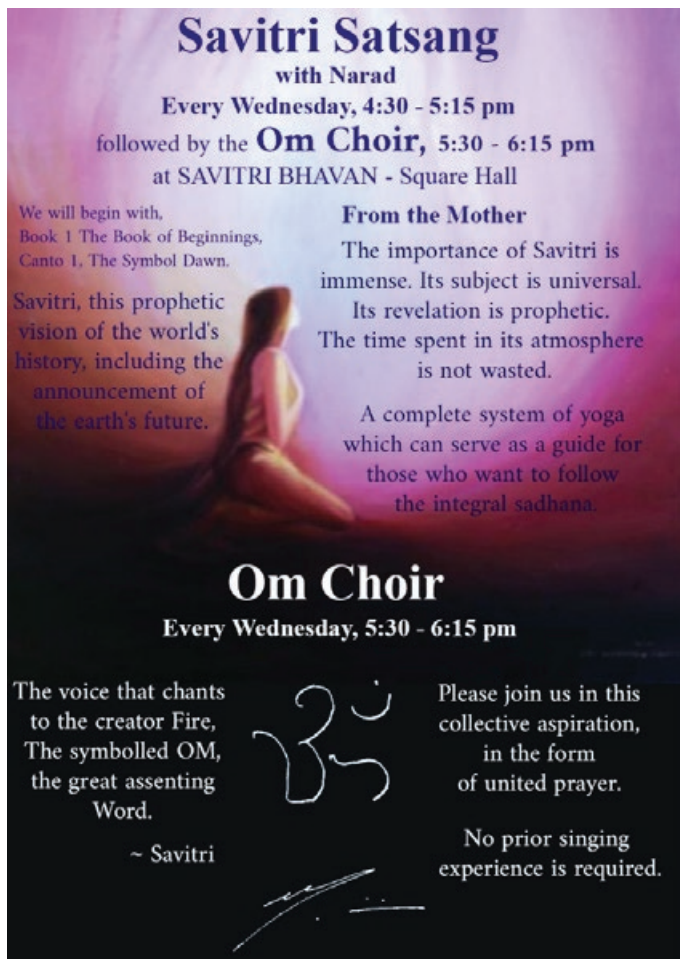
Savitri, this prophetic vision of the world's history, including the announcement of the earth's future.

**From the Mother**  
The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted.  
A complete system of yoga which can serve as a guide for those who want to follow the integral sadhana.

**Om Choir**  
Every Wednesday, 5:30 - 6:15 pm

The voice that chants to the creator Fire, The symbolled OM, the great assenting Word.  
~ Savitri

Please join us in this collective aspiration, in the form of united prayer.  
No prior singing experience is required.



Narad

*Education*

**KULAI CREATIVE CENTRE**  
Next to Auroville Bakery, Kulilapalayam  
[kulaicreativecentre.auroville@gmail.com](mailto:kulaicreativecentre.auroville@gmail.com)  
8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tues-day	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednes-day	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thurs-day	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiyam, Silambam, Up-cycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15.		

Selva for KCC

**SAIIR INVITES VOLUNTEERS AND PARENTS**

**Associated with Auroville Schools to IEPG—4**

Integral Education Practitioner Gathering (IEPG) is a three-day program to deepen our understanding of both the principles and practices based on the teachings of Sri Aurobindo and The Mother.

- We are inviting the volunteers and parents to join us for the fourth IEPG.

**Why should you join us?**

Feedback collected from 70 participants after IEPG 3 highlighted the strong sense of community, mutual support, and shared purpose, helping to strengthen connections among Auroville's educators and their alignment with the ideals of Integral Education.

Over the course of three days, participants engaged in a holistic approach that deepened their understanding of child development, teaching principles from Sri Aurobindo, and the importance of cultivating joy and love in the classroom.

Participants expressed a renewed commitment to integrating these practices into their classrooms, focusing on self-awareness, psychic discovery, and fostering a joyful, stress-free learning environment for children.

Most importantly, you should join us because we are all collectively committed to creating an environment that nourishes the connection of our children with their psychic beings.

**Program Details:**

- 26 October, 8:30am—5pm
- 27 and 28 October, 9am—5pm
- Venue: Morning sessions till 10.30 at Unity Pavillion and after that all session till 5 pm at Udavi School
- Registration: October, 8:30am
- Online registration is mandatory for participation. [Click on this link to register](#)

Further details will be communicated through WA 2 days before the program ONLY after online registration is done.

Sohela for Team SAIIR

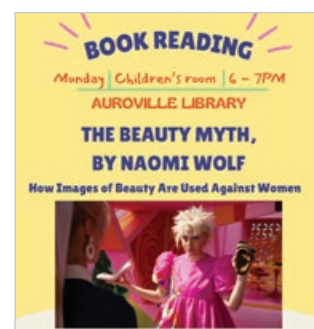
**BOOK READING CIRCLE**

at Auroville Library:

Mondays 6—7pm in the Children's Room

**The Beauty Myth by Naomi Wolf**

If you identify as a woman, you know how performing and owning our gender can be both empowering and disempowering at the same time. I have a niece who has been conscious of her weight since she was 9 years old, and a friend who went on a crash diet before her wedding and ended up with a hemoglobin level of 6 (for reference, the minimum for women is 12). Women are constantly expected to look a certain way, and that 'certain way' is more often than not dictated by the beauty industry and the media. It is time to change. I invite you to step into your greatness and acknowledge all that you are besides your appearance irrespective of your gender.



This reading circle is for both men and women

Sohela, +91 8233277556

**ACADEMIC TUITION OFFERED**

With my 18 years of experience in education, I offer academic tuition sessions from grade 1 to university level in all subjects. Also I am a spoken English and Hindi language trainer. My contact number is 8270512606.

Ashwini, Aspiration

**AUROVILLE LIBRARY**

**Our other reading circles**

- **Mondays 6—7pm**, main building:  
*The Prophet* by **Kahlil Gibran**,  
hosted by Malcolm (+91 9080159721)
- **Tuesdays 6:30—7:30pm**, main building:  
*A New Earth* by **Eckhart Tolle**,  
hosted by Debashish (+91 7678208825)
- **Thursdays 6—7pm**, main building:  
*When Things Fall Apart* by **Pema Chodron**,  
hosted by Helen & Serena  
(+91 7094753054/ +91 8489760966)

**Auroville Library Contacts and Timings**

- **Phone:** 0413 2622 894
- **Email:** [avlib@auroville.org.in](mailto:avlib@auroville.org.in)
- **Opening timings:**
  - **Mornings:** Monday—Saturday:  
9am—12:30pm
  - **Afternoons:**  
Monday, Wednesday, Thursday, Friday & Saturday:  
2—4:30pm  
Tuesday: 4—6:30pm



Laura

**BOOST YOUR AUROVILLE PROJECT WITH AI:  
Enthusiasts Ready to Help!**

Have an established Auroville project using online channels? Looking to improve with AI? We're local GenAI enthusiasts excited to explore AI's potential with you!



For those ready to apply AI, we can explore custom solutions, help integrate AI tools, and brainstorm AI-driven strategies for your online presence. You're the expert in your field; we're passionate about AI. Together, we can discover new possibilities.

We're eager to help find ways to analyze your data, streamline tasks, personalize user experiences, and investigate AI-powered marketing—all tailored to your Auroville project.

Ready to collaborate?

- Contact us on WA:  
Manisha 9999955321, AL 9843941207.

Let's learn, grow, and innovate together with AI! *Manisha*

**EARTH INSTITUTE:  
November on-campus Training Course**

We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning.

Limited seats are available on a first-come, first-served basis. Register now & join the clan!

- **Contact:** +91 9159225078/ 0413 2623330/ 2623064
- **Registrations are open:**  
<https://registration.earth-auroville.com/>

T. Ayyappan

*Youth Initiatives*

**MAKER SPACE**

Monday to Thursday, 8:30am—12:30pm  
@ Youth Center

Dear Community, we are excited to share with you the news of our newly launched Maker Space! This collaborative workspace is a hub for creativity, exploration, and skill development for makers of all ages. We have already had 30 participants engage in exciting projects, and we are looking to expand our offerings.



In order to continue providing a dynamic and resourceful environment for our community, we are reaching out to ask for your support.

We are seeking donations in cash or in kind, specifically materials such as wood, metal, and other upcycling materials that will help our makers bring their ideas to life.

Your generosity will help us provide a space where individuals can experiment, learn, and create in a hands-on, project-based learning environment.

- If you are interested in supporting our Maker Space with a donation, please reach out to us at [Youthlink@auroville.org.in](mailto:Youthlink@auroville.org.in) or for in cash donations you can directly transfer to our account **251048**.

Your contribution will make a meaningful difference in the success of our program.

Thank you for considering supporting our Maker Space. We look forward to hearing from you and continuing to empower makers in our community.

*Lucrezia & Youthlink team*

**LAUGHTER IS THE BEST MEDICINE**

26 October, Saturday, 9:30am—1:30pm @ CRIPA

Join us for an immersive playful cheerful workshop on therapeutic storytelling to decode why "Laughter is The Best Medicine" and how to create it while exploring one's own uniqueness. Interactive, fun, and light-hearted experience allowing participants to discover oneself and different types of humor, their own humorous style, and how humor can enhance communication and relationships. Looking at life from the lens of humor.

- [Register via the link](#) or scan the QR code!
- Facilitator: Siddharth & Smriti

Register



*Jisung on behalf of Youthlink*



**'STATIC HANGING' WORKSHOP**

24 October, Thursday, 4:30 - 6pm

@ Dehashakti sports & physical education

Dear all, YouthLink is hosting its first 'Static Hanging' Workshop!

Why learn the static hang?

It's a under-utilized method to:

- Decompress the spine.
- Improve grip strength.
- Stretch the upper body.
- Relieve shoulder pain.
- Promote increased blood flow.



Learn the proper way to apply the static hang under the guidance of Nitin & find out more about its benefits in person.

No registration required, show up and have fun with the community.

*Arun on behalf of Youthlink*

*Ecology*

**COME & CHECK ECO SERVICE TREASURES**

Monday to Saturday,  
10:30am—12:30pm & 3—4:30pm

Dear Community, we are delighted to offer a variety of valuable items at Eco Service, like plates, PVC pipes, repair materials, mirrors, glass bottles, and much more.



We welcome all recyclers or anyone needing such items to take them anytime from Monday to Saturday between 10:30am—12:30pm and 3—4:30pm.

- It's best to call Sumit at 6379669034 to confirm his availability before you come by. See you soon!

*Laura H. for Eco service team*

*Health Care*

**ASITA TO PROVIDE IN-HOME SERVICES**

**For The Elderly**

My humble greetings, I am very blessed to be a part of this wonderful community. As a Behavior Technician in ABA therapy, trained by Centria HealthCare, I also hold a master's in Sociology and a bachelors in Psychology. I've contributed to projects in Maternal and Child Health, Nutrition, and Childcare, and I currently offer my expertise as a fellow in Medicine and Health Management at AVF.

I have worked with the Emergency Medical Services (EMS) in the past and currently, I am providing my services at Senior Living centers and in-home services for the elderly in and around Auroville, focusing mainly on memory improvement for patients with nerve disorders through engaging activities like storytelling, puzzles, and music therapy to enhance their receptivity.

I also provide family counseling, offering my guidance and emotional support.

I am happy to offer my services to all.

- Feel free to contact me by booking an appointment through Santé reception 0413 2622803 on Wednesday and Saturday morning.

*Asita Dutta, Santé Team*

**SANTÉ SERVICES**



**Schedule, October 2024**

**Working Hours**

- Monday—Saturday, 9—12:30pm & 2—4:30pm

**Tests and Sample collection**

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

**For emergencies**

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

**Appointment**

- Please call Santé on 0413 2622803 during working hours for an appointment

**Santé Services Schedule**

<b>Doctor Consultation</b> with Dr.Senthil & Dr.Pavan: Monday to Saturday	<b>Nurse Care</b> Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
<b>Ayurveda</b> with Dr. Be: TOS	<b>Integrative Psychotherapy</b> with Juan Andres: TOS
<b>Acupuncture</b> with Andres: TOS	<b>Homeopathy</b> with Michael: Monday/ Wednesday/ Saturday
<b>Physiotherapy &amp; Massage</b> with Galina: Monday to Friday	<b>Physiotherapy</b> with Arun: Monday to Saturday (except Friday)
<b>Women's Wellness</b> with Paula: Tuesday & Wednesday	<b>Soundbed Session</b> with Sandhya/ Thilagam: Monday to Saturday
<b>Bio-Well Assessment</b> (Evaluation of your well-being) with Helena—inquiry through email <a href="mailto:adminsante@auroville.org.in">adminsante@auroville.org.in</a>	

*In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.*

*Dasha for Santé Services,*  
[sante@auroville.org.in](mailto:sante@auroville.org.in), <http://sante.auroville.org.in>

**TIBETAN DOCTOR TO VISIT AUROVILLE**

Greetings to you all.

This is to your information that the Tibetan Doctor and the team based in Chennai Mentseekhang, are paying the monthly Medical visit on:

- **Thursday, 17 October, 2—5:30 pm**
- **Friday 18 October, full day, 8:30am—1pm & 2—5:30pm.**
- **Saturday, 19 October, morning, 8:30am—1pm.**



The consultation is happening at Pavilion of Tibetan Culture, International Zone, Auroville.

To get your appointment:

- 0413 2622401 or 8489067332 WA
- Consultation is held at Tibetan Pavilion Auroville.

*Kalsang for Pavilion of Tibetan Culture*

**FREE DELIVERY**

**by Pharmacy of Auroville Health Centre**

The Pharmacy can provide free delivery by Dropzy for Aurovilians, Newcomers and Auroville guests staying in Auroville guest houses.

- The order should be sent to the following email: [pharmacyauroville@auroville.org.in](mailto:pharmacyauroville@auroville.org.in) *Lili and Dr Uma*



**Aurokiya Integral Eye Centre**  
(An Auroville Unit)  
In collaboration with The School For Perfect Eye Sight, Pondicherry

**Auro Centre For Perfect Vision**

**Eye Yoga & Vision Therapy**

Experience Natural Visual Healing with us

- ✓ Eye Yoga for Children
- ✓ Eye Yoga for Adults
- ✓ Vision Stress Relief Therapy
- ✓ Customized Vision Therapy
- ✓ Eye Relaxation Techniques
- ✓ Sports Vision Enhancement Training
- ✓ Dry Eye Therapy
- ✓ Eye Nutrition Guide



Private Sessions  
Group Sessions  
Online Sessions Available

\* With a fully equipped eye clinic facility

Aurokiya Integral Eye Centre, in collaboration with The School for Perfect EyeSight, has launched the Auro Centre for Perfect Vision for eye yoga and vision therapy. We offer a transformative approach to address common eye issues, improve visual clarity, reduce eye strain, and support overall eye health. Our facility will offer regular eye yoga and vision therapy sessions, comprehensive eye exams, and follow-up care.

Please contact us for sessions and details

- Email: [aurokiya@auroville.org.in](mailto:aurokiya@auroville.org.in)
- Contact: 8012305151, 9704258709

*Aurosugan for Aurokiya*

### CHILDBIRTH PREPARATION CLASSES

Hall of Light, Creativity community, on Wednesdays

Childbirth preparation classes, including fathers, are offered throughout the year, at Hall of Light, Creativity community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



- **5—6pm, movement classes** like yoga, dance, breath work, etc
- **6—7pm, theory** on various aspects of pregnancy

Like to join the classes?

- [Join our WA group here](#) or send message to Bala +91 9892699804 to add you in the group

All classes are drop in/out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

- **If you'd like to know more** about our work email us [morningstar@auroville.org.in](mailto:morningstar@auroville.org.in)
- and **general administrative queries** to Bala + 91 9892699804 WA only. *Submitted by Bala*



**AURO DENT**

Dental Clinic  
Auromode, Auroville.

**For Appointment please contact us**  
Email: [aurodent@auroville.org.in](mailto:aurodent@auroville.org.in)  
Phone: 0413-2622063 What's up: 9629199328

**Working hours**  
Monday Friday (9am 1 pm & 2pm 6 pm) Saturday (9am 1pm)

### OFFERING NURSING SERVICES

Greetings to the community, it's my pleasure to introduce myself to all of you.

My name is Madhi and I'm 26 years old. I've been living in Auroville since my childhood with my family. I have done my bachelors degree in B.Sc (Nursing) and I have two years experience as a staff nurse in hospitals (one year in psychiatric ward, six month in ICU and six month in emergency).

Past two years I've been working with private diagnosis and health care in Auroville.

- Home visit care for elderly people, bed ridden patient, psychiatric patient, etc.

Kindly get in touch with me if you need assistance, hospital care, homecare, home visits, or a caretaker. I'm happy to offer my professional skills in the appropriate and proper way.

**Madhi, 9597222826 call/ WA**  
[madhiazhagan014@gmail.com](mailto:madhiazhagan014@gmail.com)

### *Animal Care*

### AN URGENT CALL FOR SUPPORT from the AV Administration

The Auroville Dog Shelter which has protected the city of Auroville and its surroundings since 2005, is now in a state of crisis. Despite playing a crucial role in taking care of the AV Community's animal population, vaccinating and sterilizing them, and preventing rabies outbreaks, the shelter is facing severe financial shortfalls due to a lack of adequate funding from the Auroville administration.



During a recent rabies outbreak, the shelter, through sheer determination and one donor (AVI USA) who provided urgent life saving funds, vaccinated over 900 dogs and cats—an effort that saved countless lives and contained the spread of this deadly disease. However, despite its clear value to public health to keep residents and animals safe from this deadly disease, the shelter's calls for help were met with silence by the former Auroville administration.

The Auroville Dog Shelter currently cares for over 300 rescue dogs but struggles to meet its basic monthly running costs of Rs 3 lakh. The shelter receives only Rs 50,000 per month from BCC—an insufficient amount that has left it reliant on donations and fundraising. The situation has become unsustainable as often donations are not enough to cover the basic needs of the shelter like food, medicines, and vaccinations. Without increased support, the shelter might not survive and cannot continue to protect the Community. Please help to raise awareness so that the new Auroville administration understands its responsibility towards its municipal dog shelter.

We, the undersigned, demand that the Auroville Foundation provide the necessary financial support to the Auroville

Dog Shelter. This is not only a call to Auroville as a spiritual city to show compassion towards animals but a necessary step to safeguard public health for the residents and hundreds of thousands of yearly visitors of Auroville. Specifically, we request that the shelter's funding be increased to Rs 3 lakh per month until it can become self-sufficient to ensure its continued operation.

This shelter is not just about dogs—it's about the safety and spirit of the entire Auroville community. Let's make sure that the values of compassion and care remain at the heart of Auroville.

- Please help us raise awareness and support our petition!
- Please sign our petition here: <https://www.change.org/AurovilleDogShelter> (You can choose to remain anonymous)

As the rainy season has started we urgently need your help! Please donate used cloth, food, and building materials at our donation barrel at Old Pour Tous in Kuliyappalam or drop them off in the shelter or if it's not raining every Friday at our mobile vet clinic in front of Solar Kitchen.

- For donation, please use our FS 251391 or check our website [www.aurovilledogshelter.com](http://www.aurovilledogshelter.com) for other approved donation gateways.

*Arthur*  
for the Auroville Dog Shelter Team

*Theatre, Music & Arts*

**AUROVILLE SINGING FESTIVAL 2024**  
Saturday, 26 October, 7:30pm @ CRIPA  
Sunday, 27 October, 7:30pm @ CRIPA



Two days, two different programs

*Marta*

**INVITATION: DIVERSITY IN EXPRESSION**  
**Group Painting Exhibition**

17 October to 13 November  
@ Tibetan Pavilion

Inauguration:  
Sufi performance by Osiva  
17 October, 3—5pm

Join us for an inspiring  
showcase of artistic diversity!

*Sathyamuthu*



**SUNIL SREE: MORE THAN ONCE**

18 October—6 November

Opening on Friday, 18 October, 4:30pm

*More Than Once* examines the themes of repetition, resilience, and transformation through the lens of the everyday.

The works engage with objects and imprints that carry the weight of familiarity, drawing attention to what is often dismissed or overlooked. By recontextualizing these elements, the boundaries between the ordinary and the profound are blurred, inviting reflection on cycles of use, disposal, and renewal.

Repetition becomes a method of exploration, where each iteration reveals new layers of meaning. The process of reworking these materials speaks to the persistence inherent in both artistic and societal practices, while subtly critiquing systems of excess and disposability. Here, repetition is not simply the act of duplication, but an opportunity for transformation, offering a nuanced perspective on the potential for renewal within everyday life.

*More Than Once* opens a dialogue on the tension between potential and realized form, where the act of repetition becomes a method of discovery rather than mere duplication. "More Than Once" highlights the persistence embedded in creative and social cycles, revealing beauty and meaning within the very act of continuous creation and re-creation.

- Tuesday—Friday, 2—5:30pm,
- Saturday, 10am—12:30pm, 2—5:30pm
- Monday by appointment only: [centredart@auroville.org.in](mailto:centredart@auroville.org.in)
- Guided visits on Saturday at 10:30am

*Submitted by Marco*

**HINDUSTANI DRAMA: ISHQUYEN KI AANCH**

22—23 October, 7:30pm @ CRIPA

We invite the community to a Hindustani Drama based on an epic true love story between famous Indian poets .

*Sahir—Amrita* in play called *Ishquyen Ki Aanch*, written & directed by Umair Ahrar. A drama depicting a great love story of love and longing.

Join us in celebrating a great love saga that lasted a century.



*Romel for Bigul Theatre Group*

**TAKING SIDES**

20 October, 7pm @ CRIPA

Seating on first come, first served basis

Donations are welcome! (At the Venue)

Contact to know more +91 99586 24306

*Jill for Auroville Theatre Group,*  
9486416173



**SHAKTI**  
The Divine Forces, beauty & resilience of the feminine  
By  
Aurodyuti Dutta  
Sumati Kaldindi  
*(Teaching Bharatanatyam in Sri Aurobindo's school of Pondicherry)*



**07:00 pm**  
From 26 October 2024  
Venue:  
SAWCHU,  
Bharat Nivas, Auroville



Scan for Location

*Dance Activities*

**Upanna STUDY TANGO**

**AUROVILLE TANGO**  
New batch starts  
the first week of each month

<b>MON</b> 19:00 Introduction to Tango 20:00 Opensource	<b>WED</b> 19:30 Guided Practica 20:00 Practilonga
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**HARMONY**  
Bharat Nivas

No partner required.  
Bring socks or dance shoes.  
And plenty of joy!

Tango @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- Monday: 7—Introduction to Tango, 8—Open Source
  - Wednesday
    - 7:30—Guided Practica, 8—Long Practice
- No partner required. Bring socks or dance shoes.  
And plenty of joy!
- +91 9821166082, [tango@auroville.org.in](mailto:tango@auroville.org.in) Maud

**ZUMBA WITH PREETI**

**New Creation Dance Studio**  
Sweatout & Smile

**ZUMBA** Every Mondays!

Zumba classes are happening

@ New Creation Studio, every Monday, 6pm

For regular classes DM: 8281746763

Vega

**DANCE CLASSES BY MANI**

**Salsa Dance Class**



**SALSA DANCE CLASS**

Choose your Dance

- ✓ Bachata Dance
- ✓ kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now  
**+91 86376 33696**

**Bakisata\_dance**

**Tuesday salsa class 6:30 pm**  
**Saturday workshop 7:0 pm**

New creation, dance studio  
Embrace the Rhythm and Let Go!

**Tango Dance**

**TANGO DANCE**

**MONDAY**  
Beginner 6:30 to 7:30 pm  
Intermediate 7:30 to 8:30pm

**FRIDAY**  
Workshop 6:30 to 7:30pm  
Open practice 7:30 to 8:30pm

Auroville, cripa

**CONTACT US BY**

**+91 86376 33696**  
**Bakisata\_dance**



Submitted by Mani

**BALLET DANCE CLASSES**

with Fleur

@ New Creation Dance Studio

*Ballet dance class with Fleur*

*Dance initiation*  
Age 4 to 5  
Every Monday from 2.30 to 3.30pm

*Classical ballet level 1*  
Age 6 to 7  
Every Monday from 3.45 to 4.45pm

*Classical ballet levels 2&3*  
Age 8 to 10: Every Saturday from 9.15 to 10.30am  
Age above 10: Every Saturday from 10.30am to 12.00pm

9600225764  
New creation Dance studio

FLEUR SOUMER  
LOTI




Fleur, 9600225764

*Multiple Activities*

**BHARAT NIVAS**  
 भारत निवास மயூத் திவான்  
 The Pavilion of India, Auroville

**REGULAR WORKSHOP, CLASS & EXHIBITION**

**MONDAY TO FRIDAY**  
 06:00 AM - 07:00 AM  
**KALARIPAYATTU CLASS** at Bhumika Hall

**TUESDAY & THURSDAY**  
 06:30 PM - 08:30 PM  
**FENCING CLASS** at Harmony hall

**MONDAY, WEDNESDAY & FRIDAY**  
 06:30 PM - 09:30 PM  
**TANGO CLASS** at Harmony hall

**TUESDAY**  
 04:30 PM - 05:30 PM  
**THE SYNTHESIS OF YOGA** at Resource Library

**FRIDAY**  
 11:00 AM - 12:00 PM  
**SAVITRI STUDY CIRCLE** at Resource Library

**WEDNESDAY**  
 05:45 PM - 06:55 PM  
**INTEGRAL HEALING** at Bhumika Hall

**MONDAY TO SATURDAY**  
 09:30 AM - 12:30 PM  
**RESOURCE LIBRARY** at 1<sup>st</sup> Floor - Bhumika Building

**EXHIBITIONS - MONDAY TO SUNDAY**

09:00 AM - 05:00 PM  
**THE DAWN OF AUROVILLE - PHOTO EXHIBITION** at Kala kendra

09:00 AM - 04:30 PM  
**WILDLIFE ART GALLERY** at Old LOE Building (old post office)

09:00 AM - 04:30 PM  
**THE CITY THE EARTH NEEDS** at India Space

Enquiry Contact: Krishna at +91 97878 80211

*Music, Art & Craft Activities*

**CREATIVE WRITING**

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves and also the spontaneous resources we harbor inside to overcome obstacles and evolve. Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.



Duration of the session: 1h30min.

- If you want to know more about me, check my Vlog I Just Wanna Write:  
<https://www.youtube.com/@IJustWannaWrite.channel/videos>
- For Info and to book your session, write at  
[ijustwannawrite.email@gmail.com](mailto:ijustwannawrite.email@gmail.com)

If you want to know more about me, check my blog:

<https://ijustwannawrite.com>

Let's keep up with the good writing!

Francesca

**SVARAM**  
 SOUND EXPERIENCE

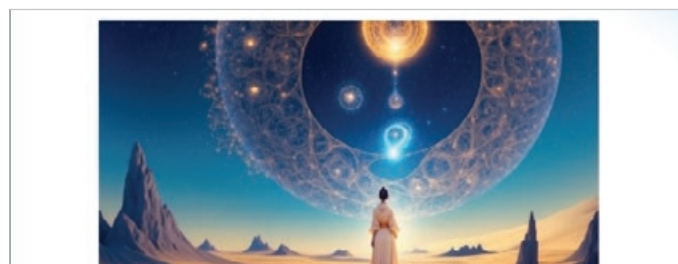
**SOUND JOURNEY**

We are back for our 2024-2025 Season!  
**Every Wednesday**  
 5:30 - 6:30 pm  
 Unity Pavilion, Auroville

In the meantime, we continue to offer our personalised Sound Experiences. Please scan the QR Code below for details

Submitted by Zech

**SVARAM OPEN WORKSHOPS:  
 Sonic Festival 2024**



@ Svaram Atelier, 2<sup>nd</sup> Floor, Utsav Building

**Vocal Techniques and Health by Anushka Gunpuh**

- 15 October, 9am—5 pm

Drawing from classical vocal techniques, learn essential practice methods and breath control as you embark on a journey with your voice.

Understand the vocal anatomy and gain simple tools to maintain a strong and healthy voice.

**Rhythms in Motion by Tommaso & Dhruv**

- 17 & 18 October, 9am—5pm

Join Tommaso and Dhruv for an immersive exploration of rhythm, where latin percussion meets creative improvisation. You'll delve into the interplay between melody and rhythm, focusing on how to weave the rhythms across the low-end and high-end of your instrument.

- Limited spots available
- For registration, please contact: +91 8794802163,  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in)

Zech

**EXPLORE WATERCOLOR TECHNIQUES**

- Thursday, Friday & Saturday,  
 10am—12pm @ Unity Pavilion
- Art with Mr. K. Janakiraman
- For more details  
 9443648774, 7558401106



Submitted by Arun

**Workshop**  
For Musicians & Producers  
**Basics of Music Distribution**  
With **Ritnika Nayan**

Kalabhumi Music Studio      25 October, 2024

**07 PM - 09 PM**

25 October, 7—9pm @ Kalabhumi Music Studio

Learn how to distribute, monetise and officially release your music on all digital platforms and create your artist profile on platforms like Spotify, Apple Music, Deezer, Amazon music etc. Workshop is facilitated by Ritnika Nayan, author of the book Indie 101 and received multiple accolades and has been working on major projects such as Lollapalooza India and the Guns & Roses India Tour.

- Registration: <https://hangar18.studio/register>

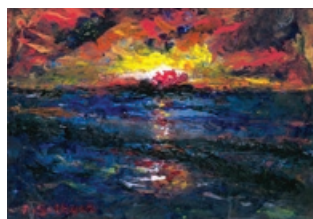
Organized by Sunshine Music  
in collaboration with Hangar 18 Studio

*Edo for Kalabhumi Music Studio*  
+91 98438 93652

**CREEVA: CENTRE FOR RESEARCH**  
**Education Experience In Visual Arts**

Weekly Art Activities

- **Watercolor Landscape class** by Sathya, Monday, 5—7pm.
- **Figurative Drawing Session**, Tuesday, 5—7pm.
- **Open Studio** (A space to explore your artistic expression.) Art supplies are available.
  - Open from 12:30—4:30pm, Monday to Friday.
  - If you plan to attend at other times, please inform us in advance. Contact: Abi—+91 9042058981
- **Portrait**: For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.



CREEVA Studio, Creativity Community, Auroville

- [sathyacolour@auroville.org.in](mailto:sathyacolour@auroville.org.in)
- +91 9486145072 WA Sathya.

*Sathya*

*International*

**STORYTELLING FOR CHILDREN**  
With **Mireille**

Wednesday, 23 October, 5pm @ French Pavilion

Come and hear, share, and let your imagination soar!

Join us for an enchanting storytelling session where children and adults alike can dive into extraordinary worlds through stories that travel across time and space. You are welcome to bring your favorite tales, whether they're from the past or imagined futures, and share them with us if you wish.



- **Open to all languages**—French, English, and more.
- **Feel free to bring stories in any language** that speaks to you!

Thank you and have a wonderful day!

*Vivekan*

**LA VITA DIVINA**

Dear Italian friends, although Auroville Radio is going through a difficult period and is currently unable to continue publishing podcasts, I want to reassure you that you can still enjoy listening to Sri Aurobindo's The Life Divine in Italian. The reading is posted regularly on the Gate of Dreams Italia YouTube channel.



- Find it by clicking on: <https://www.youtube.com/@gateofdreamsitalia8047>

*Francesca*

*Sports & Martial Arts*

**ABHAYA MARTIAL ARTS**

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.



**Our regular classes**

- **Monday**: MMA/ Grappling 5:30pm, coach Giacomo
- **Wednesday**: MMA/ Grappling 5:30pm, coach Giacomo
- **Friday**: Kickboxing 5:30pm, coach Ruben

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA. *Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.*

**Brazilian Jiu-Jitsu Classes For Kids!**

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from **4 to 13** on **Tuesdays and Thursdays, 4—5pm**. Contribution is required.
- Send your kids in **sportswear**, with a **bottle of water** and a **big smile**.



The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self defense training and it has proven results in building cognitive skills and fine motor development, especially for kids.

- For more information and to be part of the WA group contact +91 8448077070 *Giacomo for Abhaya*

**KALPANA GYM**

Kalpana Gym is open 7—9am & 5—8pm

- Monday to Saturday

All are welcome!

*Satyakam*

### AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



#### Adult classes

- Tuesday, Thursday and Saturday, 6—7:30am, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- We are happy to announce an additional class on Wednesdays, 5:30 - 7:pm. The first class will be on Wednesday, 30 October. Welcome!

#### Children/ young students

- Monday, Wednesday and Friday from 4 to 5pm.
- For the time being no Saturday 9—10am class are offered.

#### Contact for more info and registration

- [budokan@auroville.org.in](mailto:budokan@auroville.org.in)
- 8300643963 WA, Philippe G.  
9952812843 WA, N. Murugan

*Cristo, Rita, Surya,  
and Philippe for Auroville Aikido*

### KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

#### Kalari Classes for Beginners

- Morning classes: 6:30—7:30am  
Monday, Wednesday, Friday
- Evening classes: 5—6pm,  
Tuesday, Thursday, Saturday



#### Kalari Classes for Advanced People

- Morning classes 6:30—7:30am  
Tuesday, Thursday, Saturday

#### Kalari Massage Available

- By appointment, 9042009200, Maneesh

*Maneesh For Kalari Team*

### BHARAT NIVAS

presents **Kalaripayattu Class**  
in Collaboration with Kalarigram:  
Bhumika Hall,  
6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- [bharatnivas@auroville.org.in](mailto:bharatnivas@auroville.org.in),  
office: 0413 262253



*Monisha for BN Team*

## Swimming class

Swim to Serenity: Waves of Strength!

Watersport\_mani

**Book Now**

+91 86376 33696

20% Swimming class only

- water therapy
- open water
- Oceanic
- water dance
- water movie
- swimming in pool

**Package swimming class**

### TAI CHI HALL IN SHARANGA

#### Schedule of classes

- Every day except Sundays.
  - Mondays and Saturdays: 7:30—9:30am
  - Tuesdays to Fridays: 7:30—9am



*Krishna*

### ULTIMATE FRISBEE:

#### First under 24 Women's Hat Tournament in India 2 & 3 November @ Gaia Field

Dear Auroville Community, we are happy to announce that Auroville Ultimate will be hosting the first under 24 Women's Hat Tournament in India on 2 & 3 November at the beautiful Gaia Field!



Whether you're an Ultimate Frisbee enthusiast or new to the sport, this is a fantastic opportunity to come out, cheer for the players, and enjoy an array of activities, including food stalls, fun games, and the chance to connect with fellow community members.

Bring your friends and family, and make a day of it! Let's come together to celebrate sport, community and Diwali!

- For any questions, feel free to reach out!  
[@rhinos.ultimate](#) (Instagram)

*Smiti for Auroville Ultimate*

### GIRLS' FUTSAL Football Club

Every Wednesday at 5:10pm  
@ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.



- Just contact Beber 6385635943 for more details

*Submitted by Beber*

### Nature Activities

#### PERMACULTURE 360° FARM TOUR

Every Saturday, 11am—1pm @ Terra Soul

Join us every Saturday from 11am to 1pm for an immersive tour of our permaculture farm in Auroville!

**What to Expect:** Guided tour of our lush permaculture farm, hands-on experience with sustainable practices, delicious farm-to-table lunch made from our fresh harvest, a chance to connect with Nature and like-minded individuals.

- **Auroville Contact:** Juan 9443434182
- Limited spots available! Register now to secure your place before coming and step into a world of sustainability.

Follow us on Instagram [@terrasoul\\_community](#) for more updates and glimpses of farm life!



*Juan*

**MINDFUL FOREST WALK & SACRED DRUM JOURNEY**

Sunday, 20 October, 3:30—5pm  
@ Revelation Forest, Auroville

Embark on a transformative journey:  
Mindful Forest Walk

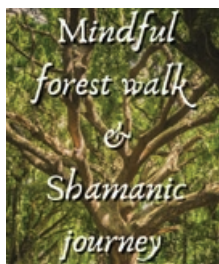
- Connect with nature’s rhythms
- Cultivate inner peace

Sacred Drum Journey

- Shamanic drumming
- Release blocks, awaken inner wisdom

For details contact Kundhavi Devi:  
9360043538

- Contribution basis *Rebecca for Revelation Forest*



**HERBAL MEDICINAL PLANTS COURSE**

**For beginners**

Monday—Friday, 9—11:30am

**Workshop Highlights**

- **Curriculum:** Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- **Expert Guidance:** Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.



Discover 35 medicinal plants and their health benefits to support your health and well-being. No prior experience is necessary.

• **Contact Us:**

- [martuvam@auroville.org.in](mailto:martuvam@auroville.org.in),
- +91 9345454232 call/ WA,
- @ Alankuppam.



*Submitted by Shivaraj*

**FOOD FOREST TOUR**

**With Smoothie Bowls and More...**

Every Saturday & Sunday, 9:30—11:30

**FOOD FOREST TOUR**  
WITH SMOOTHIE BOWLS...and more

EVERY SATURDAY & SUNDAY from 9:30 to 11:30

Come to an experience in my permaculture garden, learn about organic farming and get inspired to start growing your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers. After the tour we are going to create delicious nourishing **RAW VEGAN SMOOTHIE BOWLS**

at La Ferme Community (5min from AV Bakery)  
Sign up and more Info [www.myfoodforest.in](http://www.myfoodforest.in)  
whats app Sarah 9047421044

For groups of min 4 people any other weekday is possible.

*Submitted by Sarah*

*Bioregion Activities*

**EGAI**

+91 9159468946, [egai@auroville.org.in](mailto:egai@auroville.org.in)

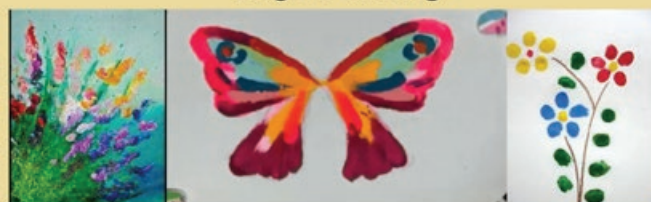


**Toys Workshop**



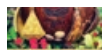
Craft toys made of wood and bamboo

**Finger Painting**



Tap into your inner child learn how to paint with your finger

Anand: + 91 9791896488/[egai@auroville.org.in](mailto:egai@auroville.org.in)



**Coconut Shell Workshop**



Craft earrings, keychains, pendants and bowls

**Incense Making Workshop**



Come and make your own Agarbatties.



**Visit our store @Auromode**





**UTAVI**  
Empowering communities

**Egai Vēlai**

Infrastructure support to space deficient community and village artisans and craftsmen



**Egai Kaiṇṇai**

Assisting craftsmen of varied skill sets via materials and tools to offer workshops for the traveler community

**Egai Kalai**

Conscious intent for youth of all needs to learn a skill to build their future "Dream" of Self Determination

**Contact: Anand**  
 egai@auroville.org.in +91 91594 68946  
<https://auroville.org/page/egai>  
<https://auroville.org/page/donate-from-india>

Anand

**TOUR TO THIRUVANMALLAI**



I have been arranging a tour of Thiruvannamalai by AC car or AC van every Tuesday.

- We leave in the morning at 6am and back at 6pm.
- To join the tour please text me. WA 9090819998 WA.

Arabinda

**AUROVILLE BAMBOO CENTRE  
Lampshades Workshop**

Experimental Various Bamboo Lampshades

**Workshop on 29th - 30th of October 2024**



**This workshop focuses on small scale LAMP SHADES making from bamboo and wood combination.**

Bamboo grows all around the world and is abundant across Southeast Asia. It is the most sustainable material in the world, also it is affordable, easy to work with and has a very low carbon footprint. It is known to be a material of the people and can be used for basic self-construction projects or multi-storied structures with high engineering precision.

**What you learn?**

- Learning how to use bamboo as a material.
- Learning the Tools and Techniques.
- Interacting with Technicians and Facilities for Problem Solving.
- Learning to work and design with Bamboo.
- Complete Hands On Experience.
- Learn and work with people all over the world.
- Learn critical theory about Bamboo and its uses.
- Learn Cutting and joineries.
- Learn Splitting
- Learn Bending and Straightening

**Rs: 4700**

All Cost include of:  
Workshop  
Training Material  
Refreshment & Lunch



For more information, special requirement, and pre-booking contact: Preferred: [bambooworkshop@auroville.org.in](mailto:bambooworkshop@auroville.org.in) or [bamboocentre@auroville.org](mailto:bamboocentre@auroville.org)

or +91 8300949081, 0413 2623806, 2964727

Mani, <https://aurovillebamboocentre.org/>



Contact: Balaji/ Anand

8270071581/ 9159468946, [enlight@auroville.org.in](mailto:enlight@auroville.org.in)

**Explorative educational experiential**



**Learning to cook is a life skill**



**Two Hours Tour with a/c car**



**Program Outline**

- Tour from 9:30am to 11:30am
- Visiting Tibetan Pavilion, Savithri Bhavan, Mother's Flower Garden, Ride through Residential Zone, Green belt area, Industrial Zone

**Bioregional village tour**

**Traditional Welcome**



Handicrafts

**Village Walk**



History and Culture

**Kolam Experience**



Native Lunch



For inquiries Scan here



enlight@auroville.org.in +91 91594 68946, +91 82700 71581

**Pottery workshop**



*Arun, Anand and Balaji*

**MOHANAM PROGRAM  
October 2024**

Mohanam Auroville Campus

2min from Vérité,

6min from Matrimandir,

8min from Visitor’s Center

Experience, Explore, Energise



For more information and registration for all the tours, workshops, classes and events:

- Email: [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in)
- Call/WA: 8300949079
- Office Timing: 10am—4pm
- Working Days: Monday to Saturday

**Tours inside Auroville**

**Auroville Northwest tour**

- 10:30am—1pm, every day, except Sundays
- 1 day advance booking is necessary.



This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. It is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

**Mohanam Campus tour**

Come and visit Mohanam Village Heritage Centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti, herbal tea.

- 10am—4pm, every day, except Sundays
- 1 day advance booking is necessary.

**Make & Take workshops at Mohanam Campus**

- 10am—4pm, every day except Sundays
- 1 day advance booking is necessary.



Join and experience the learning aspect of engaging in the art and craft workshops. Manifest your inner self through various materials and form using creative technique.

- Pottery making \_\_\_\_\_ 1 hrs
- Kolam mandala painting \_\_ 2hrs
- Coconut shell craft \_\_\_\_\_ 3hrs
- Incense making \_\_\_\_\_ 1.5hrs
- Lampshade making \_\_\_\_\_ 3hrs
- Paper marbling \_\_\_\_\_ 1hrs
- Candle making \_\_\_\_\_ 1.5hrs
- Soap making \_\_\_\_\_ 2hrs or 1day

**Classes at Mohanam Campus**

- **Cooking Class:** Learn how to cook traditional South Indian food and snacks with this cooking class. You’ll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
  - 10am—12:30pm, every Saturday
- **Saree and Veshti Experience:** Choose a saree and veshti from a variety of beautiful sarees and veshtis in our library. Get your traditional south Indian look with help of our women’s group members who will assist you to drape/ wear the saree & veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience.
  - 10am—4pm, Monday to Saturday

**October month events @ Mohanam Campus**

Event	Day	Time	Booking model
Mohanam Drum Circle	Every Thursday	5:30—6:30pm	Walk-in
Herbal chai with Dr. Loganathan	Every Saturday	4—6:30pm	Pre-booking required
Tamil Chanting with Mr. Anandou	Every Saturday	5:30—6:30pm	Pre-booking required
Nila Soru—Moonlight Dinner	17 October	6:30—8:30pm	Pre-booking required

## Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville: tour, retreat space, camping, temple visit, ashram, Girivalam full moon experience. The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

## Auroville Bioregion Experience with Mohanam Team

**Soul of Soil:** opening the gateway to the village program for August, conscious and cultural tour, Auroville bio-region hub for art, craft and culture to bridge and promote local Tamil culture: touch, ride, feel, taste, hear, discover, experience

- Village Tour \_\_\_\_\_ 3hrs
- Munnur & Perumukkal visit \_\_\_\_\_ 6hrs
- Salt Dune & Kaluveli Tank Visit \_\_\_\_\_ 6hrs
- Bio-region Village Temple Tour \_\_\_\_\_ 4hrs (Irumbai Shiva Temple & Panchavadi Hanuman Temple)
- Navagraha Temple visit \_\_\_\_\_ 3hrs (Moratandi Navagraha Temple & Prithyangara Temple)
- Wood Fossil Visit and Quarry Shower \_\_\_\_\_ 6hrs

## Auroville Sunday Tour & Brunch Experience

To unlock the full potential of youth and women through art, craft, culture and traditional knowledge. By connecting the local villages to the international community and reconnecting the locals to their traditional knowledge.

**Experience the Following Activities:** Mohanam Campus Tour, Bamboo Sound Garden, Bamboo Tour, Tree House Experience and Special Steams Brunch

- 10am—1pm, Every Sunday
- One Day Advance booking is necessary
- Contact: Preferred through email [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in), or call +91 8300949081

## Volunteers Invitation

Join the Mohanam Team—Make a lasting impact! Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis!

- We're looking for individuals with skills in: Facilitation and training, Written Documentation and Filing, Administration, Accounting, Teaching kindergarten children, WordPress Website Management, Newsletter Creation, Film Making, Canva Designing, Digital Marketing and Promotion, Physical Marketing and Promotion, Fund-raising and Grant Writing, Program Coordination, Kitchen Management, Campus Logistics and Maintenance, Team building and leadership, Content Writing—blogs, social media posts, program descriptions, etc. Social media handling—Instagram, Facebook, Youtube and LinkedIn

- **Volunteering Duration**
  - Short term volunteers: Minimum 3 months
  - Long term volunteers: Minimum 6—12 months
- **Language you must know:** English
  - Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi
- **Campus Timings:** 8:30am—5pm
- **Working Days:** Monday to Saturday. We might require you to be there on Sunday in case of special programs/ events.

Do you share our passion for empowering village children, youth, artists, artisans and girls, while appreciating Tamil culture? Yes! We invite you to contribute your expertise and make a real difference in our community.

- **Benefits of Volunteering with Mohanam:** Be part of a meaningful cause, help fulfil Mother's vision of bridging Auroville and villagers, gain valuable experience and develop new skills, work in a supportive and collaborative environment, campus lunch and beverages
- **Ready to join us?** [Submit your application through this link](#) or scan the qr code and submit your application.



Let's build a brighter future together!

- For more information, contact us: [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in), 8300949079, 04132190757, 04132622667 **Balu**

## Craft Activities

### WELLNESS WOODCRAFT: AUROVILLE ACTIVITY

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects. Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests. Woodworking can also provide a sense of community and connection with other like-minded individuals.

#### Carpentry Workshop (Wood Joinery)

##### Beginners Level

- Basics of wood & tools.
- Introduction & hands on practice of hand & power tools.
- Half-laps Joint.
- Bridle Joint.
- Motise & Tenon Joint.



#### Spoon Carving Workshop

##### Beginners Level

- Basics of wood & tools.
- Marking & cutting.
- Shaping with hand tools.
- Sanding & finishing.



#### Bowl & Plate Turning Workshop

##### Beginners Level

- Basics of wood, hand & power tools.
- Introduction & function of turning lathe & tools.
- Preparation of wood for slabs.
- Hands on practice of wood turning.



Advance booking is necessary

- DM to register: +91 9952589649
- [wellnesswoodcraft@auroville.org.in](mailto:wellnesswoodcraft@auroville.org.in)

Anand for Wellness Woodcraft

### PAPER CRAFT WORKSHOP @ WELLPAPER, AUROVILLE

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

+91 9385744722, 0413 2969722 **Zeevic**



*Help Needed*

**SUPPORT FOR GIUSEPPE**

We are in need of financial support to continue to pay for the people that give their time and energy to look after Giuseppe. The food costs are also above what is received from Auroville. Any smaller or bigger contribution is most welcome.

- For contributions you may use FS ac.102518 (Giuseppe).
- For additional information, contact +91 9489601312, call or WA

*Shivaya and Enrica*

**COMMUNITY-SUPPORTED FILM THEATERS:**

**Cultural and Social Hubs**

Community-supported film theaters play a vital role in enriching culture, building social connections, and boosting local economies. By offering free screenings and low-cost venues, they make quality films accessible to all, with a lasting impact on education, society, and cultural awareness. Unlike commercial cinemas, they feature independent, international, and classic films, offering unique experiences beyond mainstream entertainment. These spaces foster discussions and collaborations, strengthening the social fabric.

Even in large cities like San Francisco and Chicago—and here in Auroville—these theaters are cherished cultural spaces. They attract diverse audiences and help local businesses like restaurants and guesthouses. Funded by donations, memberships, and volunteers, these theaters focus on accessibility, inclusion, and a far-reaching impact on culture and education.

**Why Community Film Theaters Deserve Support**

1. **Education:** Offering workshops and educational programs that enrich learning in unique ways.
2. **Community Engagement:** They foster bonds and create shared cultural experiences.
3. **Cultural Enrichment:** Providing access to films that enhance cultural diversity.
4. **Economic Impact:** Drawing visitors and supporting local businesses.
5. **Versatile Event Spaces:** Ideal for hosting presentations, discussions, and community events.

**A Perfect Fit for Auroville**

Auroville's emphasis on human unity, education, and cultural diversity makes it an ideal setting for a community film theater like Cinema Paradiso. It aligns with Auroville's ethos, enriching the cultural landscape, supporting educational programs, and boosting the local economy.

**An Open Call for Support: Let's Thrive Together**

We need your support to not just survive but thrive. Here's how you can help:

1. **Financial Contribution:** Consider contributing Rs. 1000/month or more to cover essential costs and continue our programs.
2. **Ideas and Connections:** Share ideas, links, or resources that help us bring films we can't currently afford or upgrade our equipment.

Your support will ensure we continue offering high-quality films for free and maintain the professional space you've come to expect—even as we transition to become a Unit. To contribute, set up an automatic monthly payment at Financial Service (FS Account #105106) and email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in).

*Nina and Marco  
for Team MMC-CP*



Karsha nuns of the Gelugpa (Yellow Hat) sect, led by the Dalai Lama, live in harmony with nature, dedicating their lives to Buddhist study, practice, and a deep sense of community.

We aim to bring 10 nuns from the remote Karsha Nunnery in Ladakh to Auroville, with filmmaker Serena Aurora documenting their transformative journey.

We are very excited and grateful to announce the following cooperation between Aurora's Eye Films and Inside India: This project has been approved by AV International USA and is currently on their platform to raise awareness and funds. We are asking for some extra support from whoever would like to:

- A special FS Account has been made for that very purpose on: **252230**

Thanks a lot for your attention and interest,

*Olivier for Aurora Eyes Films & Inside india team*

*Looking For*

**Renuka Looking for Work**

Renuka, a great housekeeper, is looking for part-time work. She has extensive experience working in Auroville, is meticulous, dependable and has a wonderful personality. She is great with children and is very responsible. Please call or message her daughter Poovizhi, 9047247301 or Ribhu 9488483871 for more information. *Ribhu*

**Looking For A Full Time Job**

Arul worked for Centre d'Art Archives for 3 years. We have enjoyed working with her, she brings a nice atmosphere to the office, she is reliable, professional and efficient.

She speaks Tamil and good English, knows photoshop and Final cut. She previously worked in different AV units and services as receptionist and administrator.

- Arul lives in Kottakarai and is looking for a full time job.
- You can contact her by: +91 9585165402 WA

*Maud, Centre d'Art*

**Looking for Long Term House Sitting**

I'm looking for a long term house sitting, but I'm also open to a shorter term too, from the end of October. I'm clean, tidy, responsible and I love animal. If it resonate to you, please contact me:

- +91 8489764602 WA or
- [lakshmiprem369@gmail.com](mailto:lakshmiprem369@gmail.com)



*Lakshmi*

### Seeking House Sitting

My name is Carmen, an Aurovilian and looking in Auroville for a long term house sitting/ room. Contact me at 8531017772. **Carmen**



### Looking for a French tutor

My 10<sup>th</sup> grader son, studying in Future School, needs some regular help in French, with spoken and written practice. He has a basic level in the subject. Please contact me.

[abhaprakash@auroville.org.in](mailto:abhaprakash@auroville.org.in),  
04132969796 (6 to 8pm) **Abha**

*Available*

### Office Spaces Available: Aurelec

- A well protected 47sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco) and canteen facilities.
- Conveniently located office room (around 50 sqm.) inside Aurelec premises is available, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.
- 35.12 sqm. space available inside Aurelec Premises. This space is ideal for a workshop or office, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco), canteen and sports facilities.



Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail [adps@auroville.org.in](mailto:adps@auroville.org.in) **Siva for ADPS Trust**

### Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Interested people may contact Mr. Pandian at Auromode in person, +91 99433 90391 or [pandian@auroville.org.in](mailto:pandian@auroville.org.in) **Pandian**



*Work Opportunities*

### THE HUMAN RESOURCE TEAM

#### Is looking for an Aurovilian to lead BCC Finance

They would need good communication skills to interact with fellow Aurovilians.

**Skills:** Excel, Google drive/ sheets, English

They should be Aurovilian at least 5 years with the related experience. *Note: If Aurovilians are not interested within 14 days after the notice, Newcomer or Bioregion will be taken for the position.*

- **Dear Residents**, kindly reach out to the Human Resource Team if you are looking for a job or if you are in need to hire someone. Please contact [hr-bcc@auroville.org.in](mailto:hr-bcc@auroville.org.in) or pass by our office at BCC.

**Raja and Suresh for Human Resource Team**

### KINDERGARTEN HEAD



**@ Mohanam**

Join our team at Mohanam, Auroville, as a dedicated Kindergarten Head. We're seeking a passionate educator to lead our thriving kindergarten program.

- **Responsibilities:** Curate current curricular, Manage teachers, Ensure student well-being, Manage resources, Collaborate with parents, Report and documentation
- **Qualifications:** Master's degree in early childhood education or B.Ed, 3+ years experience, Strong leadership, communication, and organization skills, Passion for child development.
- **Apply now:** [mohanameducation@auroville.org.in](mailto:mohanameducation@auroville.org.in)

**Balu for Mohanam**

### ECO FEMME is looking for

#### Video Editor/ Content Creator

Eco Femme is looking for a passionate Video Editor / Content Creator to join our team part-time. If you are driven by the idea of producing impactful content that reflects our brand values of sustainability and empowerment, we'd love to hear from you.

In this role, you will be responsible for shooting and editing video content (both short and long form) for our social media channels and website, as per ideas and guidance from the Communications Team Leader.

- **Proven experience required:**
  - 1+ years of experience in film-making and editing for social media platforms
  - Strong video editing skills using tools like Adobe Premier, Final Cut Pro, or mobile editing apps
  - Basic understanding of graphic design principles
  - Familiarity with Google Drive Suite
  - Competent written and verbal English

We are based in Auroshilpam.

- **Starting date:** Immediate, this position requires the candidate to be present at our office on a daily basis.

For more detailed information and applications, please write to [maha@ecofemme.org](mailto:maha@ecofemme.org) with your updated CV. Looking forward to hearing from you!

#### Social Media Account Manager

Eco Femme is looking for a creative individual to join our team as a Part Time Social Media Account Manager. If you're passionate about making a positive social impact, love working across a range of social media platforms and skilled in coordination and organization, this may be your ideal role!

- **Proven experience required:**
  - 1+ year experience in account management of Instagram, Facebook and YouTube
  - Word press (website updates)
  - Google Drive suite
  - Graphic / aesthetic sensitivity
  - Competent written and verbal English

We are based in Auroshilpam.

**Starting date:** Immediate

For more detailed information and applications, please write to [maha@ecofemme.org](mailto:maha@ecofemme.org) with your updated CV. Looking forward to hearing from you!

**Mahalakshmi Prabhakar**

*Honorary Voluntary*

**VOLUNTEERING  
at Ecoservice**

Everyone in Auroville is volunteering at Ecoservice when you sort your waste at home. Not everyone wants to or needs to come to Ecoservice to help manage our efforts to recycle everything, end landfill and achieve zero waste (by the way, that's written in our famous Masterplan). But we all need to know what's happening. Also a new Ecoservice facility is planned but meanwhile...

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

Tuesday mornings is a dedicated time that all are welcome to randomly drop in for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.



*B for Ecoservice*

**GAU SEVA  
at Sadhana Forest!**



Your heartfelt service is needed at the Sadhana Forest Gashala!

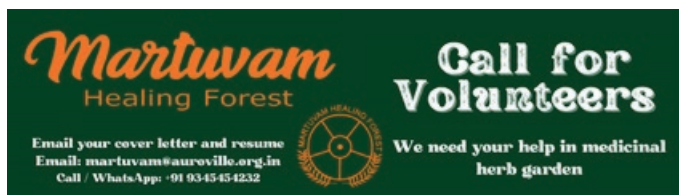
You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

[sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in),  
8525038274WA or call 8122274924

*The Sadhana Forest team,  
Aviram*

**MARTUVAM HEALING FOREST  
Call for Volunteers**



We need your help in medicinal herb garden

Send us your cover letter and resume

[martuvam@auroville.org.in](mailto:martuvam@auroville.org.in)

+91 9345454232 Call/ WA

*Shivaraaj*

**KUILAI CREATIVE CENTER SEEKS VOLUNTEERS**

We are looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English:
  - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.



Kindly contact: [kuilaicreativecentre@auroville.org.in](mailto:kuilaicreativecentre@auroville.org.in)  
or call us 8608473385

*Selva for KCC*

**INSIDE AUROVILLE**

Offers consulting services voluntarily in gratis (Pro Bono) for the below areas only to registered units/ activities who/ which do not have a qualified and experienced in-house resource.

**Focus:**

- **Startups:** Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details: Surajkiran, 9884204918 (Voice and WA), [surajkiranv@gmail.com](mailto:surajkiranv@gmail.com) *Balaji*

**AUROORCHARD:**

**Volunteer and Learn Farming**



[auroorchard@auroville.org.in](mailto:auroorchard@auroville.org.in),  
9566631079 WA, Nidhin for AuroOrchard team

*Foods, Goods & Services*

**HIVE COWORKING SPACE  
Open House**

18 October, Friday, 9am - 5pm

@ HIVE, Auromode

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - All for FREE on our Open House.



- Visit us at [www.auromode.in/hive-coworking](http://www.auromode.in/hive-coworking) for more details on our plans and facilities.
- For inquiries: [auromodehive@auroville.org.in](mailto:auromodehive@auroville.org.in)  
+91 7092197375 WA / +91 9042759540 WA or drop by.

All are Welcome!!!

*Dhesh for Hive Team*

**MARC'S ROOFTOP SESSIONS:  
Coffee, Music, and Culture**

Join us every Friday for Marc's Rooftop Sessions, where specialty coffee meets live music and a laid-back rooftop vibe. Sip on nano lot brews, curated teas, and Matilde's signature fermented drinks while enjoying live performances by Caffeine and Darren.

We have a new Mexican menu for you to indulge in.

- Where: **Marc's Café Rooftop Terrace**
- When: **Every Friday evening 5:30 to 9pm**

Celebrate coffee, music, and community at Marc's Rooftop Sessions.  
*Eden Uriel, Brand Ambassador*



**MANDALA POTTERY  
Annual Diwali Sale!**

Sale on till 15 November  
9am—12pm & 1—4pm only

Mandala Pottery invites you to our studio for our Annual Diwali Sale!

Tableware, Decorative & Architectural Ceramics ...marked down by at least 20%!!!

- Sundays & holidays closed.
- Please call prior to coming at odd hours ;)

Everybody's welcome!

*Adil for Mandala Pottery, Dana, Auroville.*  
0413 2622685, [www.mandalapottery.com](http://www.mandalapottery.com),  
*mandala pottery on Google Maps!*



**LA FERME CHEESE, AUROVILLE**



**Gift Hamper For Your Loved Ones!**

- A sample set of 8 different cheeses now available.
- **La Ferme Cheese Is Open For Guided Tours.** Like all our products, the sample set is also available at our factory outlet, along with a guided tour of the manufacturing unit, **from 2:30—4:30pm on prior appointment** (closed on Sundays)

**La Ferme Cheese Promotions**

- **Ricotta Cream Cheese, Discount 45%**

A fresh cheese excellent when sweetened with honey, ideal for pastries, for spread preparations and as thickener in sauces.

- **Goat Cheese, Discount 25%**

Made in the French-Mediterranean way, cylinder shaped and develops a natural mold-covered crust when aging for about 4 weeks.

*C.Arumugam for La Ferme Cheese,*  
0413 2622212



**Explore the Benefits of Hemp!**

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.

- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.  *Davide*

**GASTRONOMICA:**

**Fresh Flavors Every Day!**

Visit Gastronomica for a wide selection of fresh bread, focaccias, sliced pizza romana, and sandwiches.



We also offer quality cured meats, cheeses, homemade sauces, and sweets in jars, all available for takeaway. Additionally, we have a full range of handcrafted pasta, including tagliatelle, penne, fusilli, and more. Our daily lunch specials feature dishes like ravioli, lasagna, or roast chicken. Whether you're looking for a quick meal or premium ingredients to take home, we have something for everyone!

- **Monday to Saturday:** 9am—7pm  
**Sunday:** 10am—3pm
- **Location:** right opposite Auroville Bakery, Kulapalayam
- **Contact:** +91 70102 883943  *Davide*

**LAUNCHING: THE KINDNESS STORE**

**Sunday, 20 October,**  
10am - Learning & Preparing, 1pm - Lunch



During this week's Kindness Kitchen, we are launching - **The Kindness Store**, a place for sharing, connecting and recycling. Anyone can share—be it skills like guitar lessons, gifts like books, or services like rides. If an item is particularly meaningful, you can lend it temporarily and ask for its return later. Without any strings attached, this store is an experiment to spread trust, love and smiles.

- **Menu:** High Protein Salad, Mixed Vegetable Pulav, Gravy, Papad
- **Hosted** at the home of Nirmala & Naresh: Pushpanjali, Kottakarai, Bioregion Auroville.
- **To RSVP** [fill this form](#) or +91 9223379171 WA

Kindness Kitchen is an experiment in generosity and heart-felt connections. No prices, no strings attached.

Guests are invited to contribute from the heart, not for what they received, but for those who come after. At the end, everyone has an opportunity to keep the chain alive and pay it forward with money, time or other expressions of wealth for future guests.  
*Nirmala Naresh*

### ANITYA: COMMUNITY LUNCH

12:30 on Thursdays @ Anitya



#### Community, Nature, and Nourishing Vegan Meals

Every Thursday at 12:30 PM, we invite you to enjoy a delicious, vegan community lunch in the peaceful, green surroundings of Anitya Community, part of the Joy of Impermanence Project. Whether you're a local or a visitor, it's a perfect opportunity to savor fresh, locally-sourced food in great company.

Our meals are 100% vegan, made with love, and featuring seasonal vegetables from Auroville farms. Prepared in our community kitchen and served in our lush garden, the atmosphere is as nourishing as the food itself. You'll taste the flavors of the region while supporting sustainable, local farming practices.

#### What to Expect:

- A delicious, plant-based meal inspired by local cuisine.
- Fresh and seasonal ingredients from Auroville farms.
- A beautiful outdoor setting, surrounded by greenery.
- A warm, inviting space to relax and connect with fellow community members and visitors.

**When:** Every Thursday at 12:30 PM

**Where:** Anitya Community, 500m after Center GH (meeting point is Anitya's community kitchen)

**How:** Advance booking and Contribution required (discount for AV/ NC). Please contact Serena at least one day prior: +91 8489760966 WA

Come for the food, stay for the connection with nature and community! We look forward to welcoming you.

*Mathilde for the JOI Anitya Community*

### ARTISTE CAFE

**CRAVING SOUTH INDIAN FOOD?**  
Vegetarian & Homely Food

**Break-Fast, Lunch & Dinner Available**

**Open Monday to Saturday (8.30 am to 9.30 pm)**

Open-Mic night at Yatra's 'Artiste Café' every Saturday from 7pm to 9:30pm!

Artist Café  
Near New Creation, Kuilapalayam, Auroville.  
2623071, 9786772209  
yatraartistecafe@gmail.com

Monday to Saturday, 8:30am—9:30pm

Open-Mic night at Yatra's 'Artiste Café' every Saturday, from 7 to 9:30pm!

Yatra Srinivassan, 9786772209, [yatraartistecafe@gmail.com](mailto:yatraartistecafe@gmail.com)

### ENJOY THE ESSENCE OF THE SPROUT

Monday—Saturday, 7am—4pm, UTSAV, Verite, Radial



Enjoy the essence of The Sprout in Auroville, where Vegetarian Mediterranean cuisine meets modern and healthy dining in a cozy and relaxed atmosphere.

At The Sprout you will enjoy a vegetarian menu with vegan options, with every dish meticulously crafted from scratch each day. Our menu is designed to be delicious, healthy, and fun. We blend flavors, textures, and concepts to bring you a new dining experience every day. Plus, every bite leaves you feeling fantastic!

We invite you to savor not only our food but also the welcoming atmosphere and exceptional experience at The Sprout, where premium service is delivered with genuine hospitality. Enjoy!

[www.thesprout.in](http://www.thesprout.in), Monica

### LUNCH SCHEME AT BHARAT NIVAS

#### Pathway Cafe

We are happy to offer the community including volunteers and guests a special lunch scheme at



- Rs 100 per day, or
- Rs 500 for six days, or
- Rs 2500 for the whole month (30 days).

The menu includes Rice, sambar, or dal, potato poriyal, one egg (boiled or omelet), curd, pickle, and little salad.

- The only required condition is one has to **book any day but before 10:30am**. WA 9090819998
- Please come and check it out.

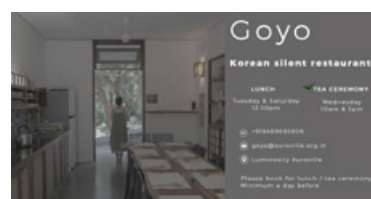
*Arabinda for Pathway cafe*

### GOYO KOREAN SILENT RESTAURANT

**Lunch:**  
Tuesday & Saturday,  
12:30pm

**Tea Ceremony:**  
Wednesday,  
10am & 3pm

@ Luminosity Auroville



- Please book for lunch/ tea ceremony minimum a day before: +919489693809, [goyo@auroville.org.in](mailto:goyo@auroville.org.in)

*Won Ja for Taste of Korea*

### SUDHA'S KITCHEN

We are open from Monday—Saturday, 8am—9pm

We are open after the summer break and serving Mediterranean Cuisine for breakfast, lunch and dinner.

We are warmly welcoming you to join us and taste our fresh and delicious food.



You can find more about us on:

- Instagram @Sudhaskitchenav & Dropzy app.
- Contact number: +0413 3509884, +91 7094358547
- E-mail ID: [sudhaskitchen14@gmail.com](mailto:sudhaskitchen14@gmail.com)

*Sudha*



## NATURELLEMENT GARDEN CAFÉ IS OPEN

9am—7pm

Dear friends, Naturellement Garden Café is open for its regular hours 9am to 7pm. You are again welcome for an early dinner! Last orders taken at 7 sharp, but you can then stay on at your leisure.



Chitra for Naturellement

## FOODLINK MARKET OPEN EVERY DAY

Monday—Saturday, 9:30am—12:30pm

**FOODLINK MARKET**

Fruits, vegetables, milk & eggs from Auroville farms

Monday - Saturday  
9:30 AM - 12:30 PM

FoodLink  
Solar Kitchen Complex  
Crown Road, Auroville

Call/WhatsApp:  
+91 83002 68804

No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- For more info, call/ WA +91 83002 68804 or pass by.

*Foodlink Team, Isabelle*  
[FoodLink basket order form here](#)

## INTEGRAL HARMONY FARM OFFERS CHARCOAL

We are excited to offer our top-end charcoal at low prices. We now offer two types of charcoal for sale: Grade One and Grade Two.



**Grade One charcoal** is of the highest quality, distinguished by its silvery tone and exceptional properties.

**Grade Two charcoal** is meant for agricultural purposes: to improve the yields and soil health by incorporating Grade Two charcoal into the soil.

- We now offer **Grade One charcoal** at Rs.40 a kilo and **Grade Two charcoal** at Rs.30 a kilo.
- We provide our charcoal in convenient **2-kilo and 5-kilo** bags, which are available for pickup
  - at the Botanical Garden (open from 9am to 5pm),
  - PTPS (open from 8am to 6pm), or our farm (open from 9 to noon and then 2 to 4 in the afternoon.)
- We also have **10 kilo bags** available for pickup from our farm for those needing larger quantities, although these must be ordered in advance.

Write to us, and we will prepare a bag for you. Additionally, we can accommodate higher quantity orders, but please be ready for a potential wait due to high demand. Beyond individual sales, we proudly offer regular deliveries to other farms and forests.

- Contact Velmurugan at +91 9751468504 or [integralharmonyfarm@auroville.org.in](mailto:integralharmonyfarm@auroville.org.in)

*For Integral Harmony Farm,  
Pranav and Velmurugan*

## REDUCED-PRICE MAROMA PRODUCTS

for all Aurovilians in the Outlet Store



Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is:

- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

See you there!

*Jesse for The Maroma Team*

## QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovillian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email [govindaraj@auroville.org.in](mailto:govindaraj@auroville.org.in) for any of your requirements. Upgrade to electric transport and solar power.

*Govindaraj & B for Qutee Electric Scooter Service*

## ANNAPURNA FARM BASKETS



Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly. Residents/ volunteers/ guests can select

from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



*Madhuri for Annapurna Farm*



Dear Community Members, greetings from ITS (Integrated Transport Service). We are happy to inform you that ITS is extending our working hours to better support the community.

- The working hours are from 8:30am—7pm, effective now.
- To book a E-van or E-auto, please contact us
- +91 8098776644/ +91 9442566256

*Submitted by Rajesh I.T.S*

### SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

**Location:** ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

**Contact:** 8098776644/ 9442566256, [its@auroville.org.in](mailto:its@auroville.org.in)

*Rajesh.D for Shared Transport Service*



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: [uts@auroville.org.in](mailto:uts@auroville.org.in)

*Lakshmi for UTS Transport Service Team*

### SARVAM COMPUTERS Offers Reliable Service

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in **Utsav Complex**. And we would always like to provide you with fast and reliable service. **Sarvam Computer offers** all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



#### Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

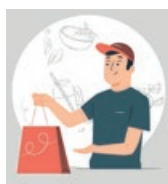
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263

• [sarvamcomputers@auroville.org.in](mailto:sarvamcomputers@auroville.org.in)

*Bala*

### DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/ stores; deliver them to the customers at their doorsteps and convenience.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- Download link as shown below:

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

*Sathish Arumugam for Dropzy,  
+91 8098144686,  
[www.dropzy.in](http://www.dropzy.in)*

### RAPID CARE SERVICES

Dear Residents, we are thrilled to announce that Rapid Care Services, your trusted one stop solution for repair and maintenance and ancillary works since 2022, is expanding its range of services.



In addition to our existing offerings, we are now providing the following additional services.

The new services are designed to offer a more comprehensive support for your home and yard.

- Landscaping design and development
- Deep cleaning services (Home improvement)

Our team remains dedicated to providing reliable service meeting customer satisfaction. Whether you need help with our new offerings or our original services, we're here to be of assistance.

For more information or to schedule a service, please don't hesitate to contact us. We look forward to continuing to serve you with our enhanced range of services!

#### Services offered

Category	Service
Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Newly Added	
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
  - **Primary Email:** [rapidcare@auroville.org.in](mailto:rapidcare@auroville.org.in)
  - **Secondary Email:** [rcsrapidcareservice@gmail.com](mailto:rcsrapidcareservice@gmail.com)
  - **Instagram handle:** @rapidcare1 *Balaji & Arun*

### SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money. **Contact us for all your procurement needs:**



- [surabisupplies@auroville.org.in](mailto:surabisupplies@auroville.org.in)
- +91 98438 46458 WA, Phone

*Iyyappan*

**ECO FEMME**

**Open House every Thursday, 10:30am**

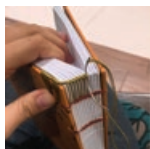
Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!



Submitted by Mila

**BOOK BINDING**

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulapalayam.



8940648542, Michel

**NEW WAVES**

Offering PCB Assembly and appliance repairs at Aurelec

If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- [newwaves@auroville.org.in](mailto:newwaves@auroville.org.in)  
[newwavesauroville@gmail.com](mailto:newwavesauroville@gmail.com)



Dhanda

• Office open afternoons only  
Monday to Saturday, 2—5pm

**SERVICE AVAILABLE**

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service



Please contact Ranjith, Aurovilian:

8610997059, [subramani13@auroville.org.in](mailto:subramani13@auroville.org.in). Ranjith

**RUPAVATHI JOY ACTIVITIES**

**Bio-Region Temple Tour**

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

**South-Indian Cuisine—Cooking Class**

Learn to cook some delicious delicacies of south India with Rupavathi. Please book sessions in advance.

- Monday to Saturday, 10am—5pm @ Creativity.

**Thai Massage: Monday—Saturday, 9am—5pm.**

To book massage sessions or for more information, please contact me personally.

**Tailoring:** We can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact information below  
**Contact:** Phone/ WA 8098845200,  
[rupavathijoy@gmail.com](mailto:rupavathijoy@gmail.com) Rupavathi Joy

*Voices & Notes*

**THE SUPRAMENTAL SOLUTION**

“What is the solution?” Amidst the intense collective churnings, this question was again asked by another aspiring True Aurovilian, and surrender as an answer is highlighted. This Sunlit Path of Surrender or Bhakti has always been the anchor of Auroville’s Three Core Ideal Vision-Goals.<sup>1</sup>

But surrender to who and for what?

Here are our Avatar founders Sri Aurobindo and the Mother for guidance:

“But something has happened in the world’s history which allows us to hope that a selected few in humanity, a small number of beings, perhaps, are ready to be transformed into pure gold and that they will be able to manifest strength without violence, heroism without destruction and courage without catastrophe.

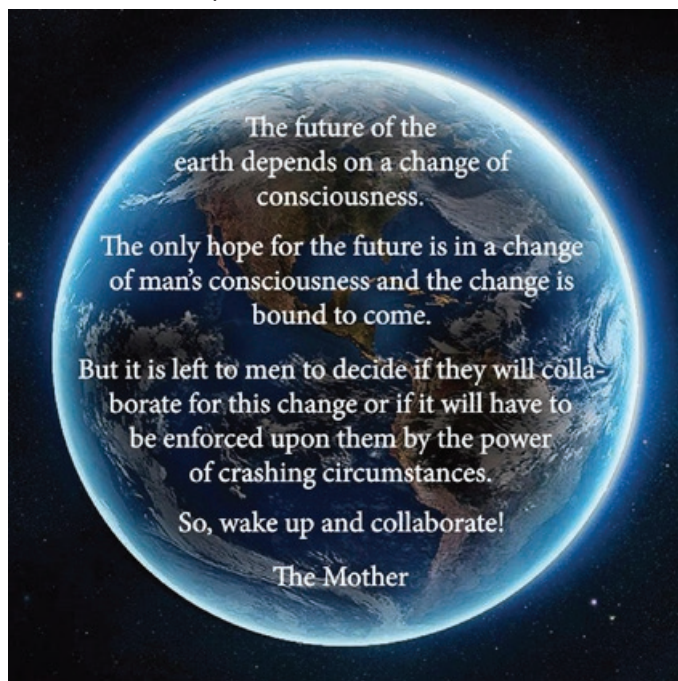
But in the very next paragraph Sri Aurobindo gives the answer: “If man could once consent to be spiritualised.” If only the individual could consent to be spiritualised... could consent.”<sup>2</sup>

“And even this unification which already demands a return to the Spirit behind things, is not enough; there must be added to it a vision of the future, the goal towards which humanity is moving, the future realisation of the world, that last “spiritual revolution” Sri Aurobindo speaks about, which will open a new age, that is, the Supramental Revolution.”<sup>3</sup>

There! Sri Aurobindo and the Mother have given all the answers crystal clear, even lovegifting us the easiest and most joyful Sunlit Path of Bhakti to the Supreme Divine Mother MahaShakti.

“If we would realise a higher formation or status of being, then it is still through Her, through the Divine Shakti, the Consciousness-Force of the Spirit that it has to be done; our surrender must be to the Divine Being through the Divine Mother: for it is towards or into the Supreme Nature that our ascension has to take place and it can only be done by the Supramental Shakti taking up our mentality and transforming it into Her Supramentality.”<sup>4</sup>

Who is She exactly?



Sri Aurobindo fully reveals Her in “The Mother”.<sup>5</sup>

“If man could once consent to be spiritualised.”

It all unfolds from that conscious act.

IF... and we have been amply warned if not.

Om Namo Bhagavate  
Zech . 2024.10.06

<sup>1</sup> <https://auroville.org/page/core-documents>

<sup>2</sup> <https://incarnateword.in/cwm/09/27-march-1957>

<sup>3</sup> <https://incarnateword.in/cwm/09/3-april-1957>

<sup>4</sup> <https://incarnateword.in/cwsa/21/brahman-purusha-ishwara-maya-prakriti-shakti>

<sup>5</sup> <https://incarnateword.in/cwsa/32>

## MEETING WITH UNION HOME MINISTER

on Tuesday, 24 September

Attended by: Shri Amit Shah (HM), François G (FG), Aravinda M (AM), Valli S (VS), S. Balamurugan (SB), and Prashant H (PH)

### Meeting Notes (the conversation was a lot in Hindi) SUMMARY

1. HM mentioned that whatever happened in Auroville in the last three years, the tough actions by the government, was very much needed and was implemented by them. Auroville/Aurovilians are not above any law of the land and have to follow them.

2. He further mentioned that that phase is now over. Secretary has been transferred out of AVFO, and they want to work with us (residents) in a collaborative way to continue this unique Auroville experiment which is one of its kind not just in India but also in the whole world.

3. In the coming days, he wants us to meet the LG of Pondicherry and the Governor of TN separately, where we give a representation of our grievances of what went wrong in the last 3 years. After our meeting with the two Governors, he will also talk to them and also consult with the Ministry of Education.

4. After these meetings and consultations, HM will again call us for a meeting in Delhi and we will work together on the way forward.

5. HM said that if any amendment to the Auroville Foundation Act is required, it will be done only with the consent of the Auroville residents in consultation with the Auroville residents. He said that he will not make any amendment to the law without the consent of the people of Auroville.

6. HM said that Auroville would exist for another hundred or two hundred years and that it was created by Aurobindo's philosophy and that there would be no destruction to it.

7. François Gautier asked HM how come Jayanti Ravi was holding both the position of Revenue Secretary Gujarat and Secretary Auroville Foundation. Minister seemed surprised and said he will look into it.

François G

### NOTES OF THE MEETING with Governor Ravi in Chennai Raj Bhavan, 9 October, 2024

**Present:** The GB Chairman Shri.R.N.Ravi; François Gautier; Arun Ambathy, Balamurugan; Jeyandira Saraswathi and Padmanabhan.

The meeting started with François's representation of the current administrative situation in Auroville, viz., 1\* Land deals, financial losses caused and encroachments; 2\* Visa issues; 3\* Vacuum created in the functioning of Auroville, by the absence of the Secretary; 4\* the ongoing issues with adverse administrative and financial implications.

1. François proposed that the Governing Board may consider appointing 2 Aurovilians as GB members, following the previous GB format. Padmanabhan referred to Aster Patel and Krishna Tiwari holding such GB positions in the past. The Chairman resonated with the proposal and expressed that he is not the right authority to address this, and the Ministry is the appropriate authority who could consider this, where he would also do his part to propose this to the Ministry. The Chairman suggested François make the suggestion to the Ministry, which the Chairman will also support.

2. The wrongful decisions of working groups, such as FAMC, Working Committee, Land Board, etc following Mrs Jayanthi Ravi's instructions, were brought to his attention—which he immediately refuted, stating that she is not the Secretary anymore and hence, she cannot give any orders to the working groups. When François insisted that Mrs

Ravi's interference in the day-to-day administration is still there, through a few working group members, he repeated again that she is not the Secretary and she cannot interfere in the administration. He insisted on this thrice. He asked for substantial proof regarding the former Secretary's interference through the working group members.

3. François asked about on the ongoing visa issues, including the issues of Central contribution Fund (CCF) being used to hold off the Visa recommendation letters, and making it a prerequisite for stay of Foreign Aurovilians in Auroville; to which the Chairman responded agreeing to the stagnancy in processing the Visa applications and assured that there will be no more holding of visa matters and that the Governor has ordered to process the applications swiftly and look into all the visa related issues.

4. Regarding the appointment of new Secretary, the Chairman stated that till the new Secretary comes Mr. Seetharaman will act as the Officer on Special Duty (OSD) with limited authority. The Chairman, however, confirmed that Mr. Seetharaman cannot act as Secretary. François interjected that Mr Seetharaman is only a school teacher and may not be fit to act as the Auroville acting Secretary, especially as he comes only twice a week and has no ground knowledge of the Auroville's problems and aspirations.

5. Regarding the land scams, François insisted that at least a 1000 crores had disappeared from the public eye, in land exchanges, sales, underhand deeds by the Land Board, which is now only represented by Krishnamoorthy and Meenakshi, having thrown out all the other members. He brought to the Governor's attention WhatsApp messages from Krishnamoorthy, to members of Mrs Jayanthi's working groups, stating that if he goes down the Entire Foundation will go down with him. François also handed over to the Governor details of land sales or exchanges : where, how many acres, the prices and the actual market value of these lands, which were often sold and exchanged by Krishnamoorthy at nearly hundred times below their actual value. Governor Ravi assured us that he will look very carefully into all the issues and shall take necessary legal action against the wrongdoings.

Major Arun, Padmanabhan, Balamurugan, and Jeyandira then gave further details of these deceit lands deals:

- the AVF led land transactions where huge financial loss has been caused to Auroville;
- the rampant land encroachment and the inaction on the part of the Foundation office to tackle the encroachments with legal action;
- the documents substantiating corruption in land exchange dealings by the Auroville Foundation Section officer Ms. Meenakshi and the Secretary appointed land board member Krishnamoorthy;
- Auroville Foundation's current practice of exclusive land exchange to real estate brokers instead of dealing with the land owners directly and the adverse impression it had left in the minds of the villagers, were explained to the Chairman.
- possible recovery of the prime lands that Auroville has lost in the recent past and an effective mechanism against losing any further lands, under the existing land administration team Ms. Meenakshi and Krishnamoorthy.

6. The Chairman assured that he will do the needful if we provide him with all the material evidences of such wrong doings in land deals, administrative decisions by working groups causing adverse financial implications on Auroville, and such other matters that adversely affect Auroville functions, in order to enable him to take legal actions.

7. François asked about the appointment of new Secretary and the timeframe thereof, to which the Chairman replied that considering the existing vacuum in the effective functioning of Auroville, the Government may expedite the appointment of new Secretary soon.

François

## MISREPRESENTATION, MANIPULATION, and Malpractices in Auroville

Unapproved “minutes,” questionable representation, and unethical actions spark controversy in Auroville.

This article uncovers the manipulation and power struggles threatening the ideals of Auroville’s organisation, and is in particular reference to this and this.

Auroville, as an experimental township designed for Human Unity and collective progress, has long been a place where ideals and reality of organisation converge. However, recent events have sparked controversies, multiple court cases, and media mudslings are shaking these core principles. At the center of this current storm are two documents presented by **Friendly Guy** (name changed as the personality is inconsequential in our quest for Awareness), who led a small delegation of four people to meet with two Governors and members of the Governing Board of the Auroville Foundation. Following this meeting, FG released a public report labelled as the “minutes” of the meeting. This document presented as “minutes” has since opened some eyes, raised a few eyebrows and some critical questions—related to a host of moral, professional, and legal concerns. FG’s release of the so-called ‘minutes’ without any sign of approval or signatures from the two Governors involved not only calls into question the validity of the document but also highlights a broader issue of protocol breaches and misrepresentation in organisation matters related to Auroville.

### • The Difference Between ‘Notes’ and ‘Minutes’

At the outset, it’s crucial to differentiate between ‘notes’ and ‘minutes.’ Meeting minutes are formal records of what was discussed and decided during a meeting, signed and agreed upon by all relevant parties. The fact that these ‘minutes’ were not approved or signed by the Governors involved points to a glaring issue. The document should at best be considered as personal ‘notes’ or interpretations from the meeting, which lack the formal weight that approved minutes carry.

### • FG’s Meeting with the Home Minister—A Breach of Representation Protocol ?

By presenting them as ‘minutes,’ FG is engaging in an unethical misrepresentation. This action not only compromises the trust between the involved parties but also casts a shadow on the overall transparency of Auroville’s organisation structures. It is unprofessional and immoral to circulate unapproved ‘minutes’ as an official document, especially when they might be used to advance a personal or factional agenda.

One of the most glaring critiques in this episode centers around the fact that Friendly Guy met with the Indian Home Minister, ostensibly representing Auroville. This raises an immediate and pertinent question: **Who is FG to represent Auroville in the power corridors of New Delhi?**

It appears FG does not even reside in Auroville full-time, with his primary residence being in Pune. This fact alone disqualifies him from speaking on behalf of Auroville’s 2,600 residents. The Auroville Foundation Act explicitly outlines the chain of communication: Auroville residents are to be represented by the Working Committee, which works in close collaboration with the Secretary and the Governing Board. In turn, the Governing Board communicates with the Government of India.

For FG to circumvent this structure is a flagrant disregard of Auroville’s established organisation model. Is he using Auroville to gain access to powerful political figures, or worse, to elevate his personal standing in the Delhi power corridors? It begs the question: **Why is the Indian government entertaining this breach of protocol?**

### • A Larger Issue of Inequality and Colonial Hangover

This situation also exposes a deep-seated issue that India, despite its freedom, has not fully escaped—**colonial hangover**. The fact that an overseas resident, white French citizen was granted an audience with the Home Minister, while a dark-skinned, South Indian resident like myself

would likely be denied similar access, is an uncomfortable reality that needs to be addressed in the power corridors of Bharat.

Are we, in modern-day Bharat, still so enthralled by foreign, white representatives that we overlook the legitimate structures set up by Indian law to manage places like Auroville? If I were to request a meeting with the Home Minister, would I be given the same consideration? **The question itself reflects the uneven playing field that still exists between foreign nationals and Indian citizens in certain contexts and corridors.**

It also forces us to ask whether FG is being used by the existing influential family structures as a tool to bypass or manipulate to control Auroville for personal gains and powers. The fact that FG has no official mandate to represent Auroville only exacerbates this issue. Moreover, Auroville is not a sovereign Vatican-like entity; it is bound by Indian law and operates under the oversight of the Government of India. So, why this oversight ?

### • The Lack of Transparency Regarding the Meeting with the Home Minister

Another troubling aspect of this situation is that there are no actual ‘minutes’ from FG’s meeting with the Home Minister. If no minutes exist, then why is there an attempt to frame a narrative (in the minutes of the meeting with Governors) based on this encounter? Could it be that the release of these unofficial ‘minutes’ serves a specific purpose—namely, to **embarrass and corner the Governors** who happen to be Governing Board members of Auroville, to act in a certain way?

If so, this is a political manoeuvre, not an effort to represent the real interests of Auroville residents.

### • FG and the ‘Influential Families’ of Auroville

Friendly Guy’s actions need to be viewed in the broader context of the **power struggle and control of influential families in Auroville** and the governing bodies that have been under constant attack. Over the last three years, the Secretariat, the Governing Board, and the Government of India have been relentlessly criticized by certain foreign factions in Auroville. Twenty-five cases have been filed against the Governing Board by the subservient Indians who religiously serve the influential foreign families, accusing them of being heavy-handed, authoritarian, and aligned with the so-called “RSS agenda” bracketed and boxed as a far-right nationalist group in India.

Given this backdrop, it is surprising that someone like FG, who represents a foreign faction that has constantly blamed the current government for promoting a Hindutva (Hindu nationalist) agenda, was granted an audience with the Home Minister. Why was this anti-Auroville individual given such privileged access, especially when the very people he represents have ridiculed and fought against the Government of India’s involvement in Auroville’s affairs?

### • The Divide-and-Conquer Strategy

FG was not alone in his meeting with the Governors. He was accompanied by four individuals, all handpicked for being South Indian. This move appears to be a **colonial-style divide-and-conquer strategy**, aimed at creating a wedge between North Indian and South Indian sentiments. By emphasizing regional differences, this faction hopes to maintain the status quo that benefits the influential foreign families of Auroville.

One of the attendees, for instance, is known to hold ~30 acres of land in Auroville in the name of a ‘forest.’ The land could easily be valued between ₹60-₹100 crores. If a few trips to meet high-level officials in the government can safeguard these resources, the motivation is clear: greed in the name of green.

### • An Appeal to the Governors and the Governing Board

In light of these disturbing developments, I appeal to the Governors and Governing Board to take immediate action to restore trust and transparency in Auroville’s organisation structures. Here are a few suggestions:

- **Appoint Passionate and Aligned Officials:** The Auroville Secretariat must be staffed by individuals who understand and are committed to the ideals of Auroville. Appointing bureaucrats who see this as just another job will reduce the Secretariat to a government machinery, devoid of the spirit that Auroville embodies.
- **Reevaluate Visa Policies:** The X Visa should not become a shield for foreigners who treat Auroville as an exotic retirement home or business hub. Those who fail to live by the Auroville Charter and Indian law should have their visas reconsidered. Auroville is not a Vatican for Westerners to exploit. Visa applications should be reviewed equitably, without giving preference to Western applicants over Africans, Asians, or South Americans. Western arrogance must no longer be given a free pass.
- **Tackle Corruption and Securing Auroville Lands:** If corruption exists, immediate steps must be taken to address it. However, this should not come at the cost of abandoning efforts to secure Auroville's lands. We must expedite the process of securing the remaining 2000 acres necessary for Auroville's planned development. Given the rapid pace of private development and internal encroachment, it is imperative to secure the remaining land. To achieve this, we must implement foolproof Standard Operating Procedures (SOPs) to prevent future corruption and ensure transparency in all our operations. Furthermore, we should prioritize the acquisition of the remaining 60 acres within the 5 sq km city area. This land should be secured by Auroville Day on February 28, 2025. To facilitate this process, we can explore land exchange options with neighboring landowners. Our outlying lands, totaling 1100 acres, can be leveraged as a resource for these exchanges. By taking decisive action and prioritizing transparency, we can protect Auroville's land, maintain our ethical standards, and ensure a sustainable future for our community.
- **A Call for Continuity and Realignment**

Finally, the release of these so-called 'minutes' is not just a breach of protocol, it is an affront to the very idea and ideals of Auroville. FG's actions, from misrepresenting the meeting to his personal encounter with the Home Minister, represent a deeper issue of inequality, privilege, and organisation failures in Auroville. As a conscious collective, we must uphold the highest ethical standards and take immediate action to address such instances of corruption and control. We must not tolerate lies, deceit, or falsehoods within our community. It is time for Auroville to stand up for its principles of equality and unity, and not allow vested interests to hijack its Future.

Lakshya Dharan

## Poetry

### THE HIDDEN SINGER

*The gods are less for their love of praise.  
Above and below them all is a spirit that needs nothing  
but its own wholeness, its health and ours.  
It has made all things by dividing itself.  
It will be whole again.  
To its joy we come together --  
the seer and the seen, the eater and the eaten,  
the lover and the loved.  
In our joining it knows itself. It is with us then,  
not as the gods whose names crest in unearthly fire,  
but as a little bird hidden in the leaves  
who sings quietly and waits, and sings.*

Wendell Berry

## THE FLOWER TURNS IT HEAD

*The flower turns it head  
To face the sun.  
I turn my head  
From the road ahead  
To see the flower  
Face to face.  
No, I'm not blocking the sun.  
It turns out that  
The flower has  
A larger face.  
Who is the director  
Of all these turns?  
With joyful Gratitude, Anandi Z.*

## Auroville Media

### AUROVILLE RADIO

Dear Aurovilians, Your favourite radio is always working for you. Stay tuned!

- [Here you can see on-air schedules.](#)



### Last published podcasts

- [Une série hebdomadaire de lectures par Gangalakshmi—468.](#) (Integral Yoga)
- [Tara talking about experiences Surfing.](#) (Education)
- [Tara and Lorenzo are interviewing their fellow students doing Community Service.](#) (Education)
- [Lorenzo talks about the Top 10 Bands of All Time.](#) (Education)
- [The Auroville symbol, The Mother's symbol & Sri Aurobindo's Symbol.—Lali](#) (Education)
- [Erhel talks about Education in Auroville in some schools.](#) (Education)

....and more! on [www.aurovillerradiotv.org](http://www.aurovillerradiotv.org)

For more information write to [radio@auroville.org](mailto:radio@auroville.org) or [radio@auroville.org](mailto:radio@auroville.org)

- Please note, our domain has changed from [aurovillerradio.org](http://aurovillerradio.org) to [aurovillerradiotv.org](http://aurovillerradiotv.org). Kindly update your bookmarks.

Wobbli for AV Radio

## Classes, Workshops & Healing Arts

### MINDFULNESS KINDFULNESS

#### Half Day Retreat with Helen

Saturday, 2 November, 9:15am—12:30pm

@ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalize in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.



This session will blend mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compassion—for ourselves & others.

Participants will have the choice of practicing in a seated position (on chair or cushion) or lying (on a yoga mat). It is suitable for everyone—those new to meditation as well as experienced meditators looking to deepen their practice.

- Booking is required.
- To register contact Helen, 7094753054 WA or visit [innersightav.org](http://innersightav.org).

Helen

## MINDFULNESS FOR STRESS REDUCTION (MBSR)

8 week course  
Tuesdays, 5—7pm, starting 29 October



The Mindfulness Based Stress Reduction (MBSR) course is considered the gold standard in mindfulness meditation globally, with a growing body of research supporting its wide-ranging health & wellbeing benefits. It synthesizes ancient Eastern spiritual practices with emerging findings from neuroscience, positive psychology & Mind-Body Medicine.

The MBSR course has been found to improve participants' ability to cope with the stresses of everyday life—cultivating space to respond rather than react. Through a gentle, kind curiosity participants become familiar with their patterns of stress reactivity & explore the possibility of making healthier choices to support improved wellbeing.

Research has found the MBSR course can help with anxiety, depression, management of chronic pain, diabetes, lowering blood sugar levels & reducing menopausal symptoms. It can also improve emotional regulation, increase attention, focus & memory; and plant inner seeds of resilience, kindness & self-acceptance.

The course is suitable for those new to meditation as well as experienced meditators looking to deepen their practice. It is guided by Helen, an Aurovilian and qualified MBSR teacher.

- The course is run over 8 weekly sessions. Sessions will be held 5—7pm on Tuesdays for 8 weeks from 29 October to 17 December. The course will be held at Creativity Hall of Light.
- **Pre-registration is required.** Please contact Helen on 7094753054 WA to book or see [innersightav.org](http://innersightav.org)

Helen

## AUROMODE SPA

### Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.



Megha for Auromode SPA

## SHAMANIC BREATHWORK & SOUND JOURNEY

Thursday, 31 October, 11am—12.30pm  
@ Anitya community, Maloka space

Experience deep clarity and true inner peace with Shamanic Breathwork—a powerful ancient journey that frees your mind, releases energy blockages, and revitalizes your entire being.

Feel more grounded, present, and connected to your authentic self as you access altered states of consciousness through rhythmic breathing and shamanic drumming.

The journey will conclude with the soothing waves of a Sound Journey, where the healing vibrations will carry you into deep inner harmony.

- **Reserve your space at:**  
Lakshmi: +91 8489764602 WA  
Email: [lakshmiprem369@gmail.com](mailto:lakshmiprem369@gmail.com)



Lakshmi

## YOGA WITH RACHEL

**One to One lessons—Small groups:** Weaving a tapestry of gentle guidance, leading you through each asana with detail. Verbal cues as a golden thread connecting breath and movement to the essence of your being. Each Asana as an expression of balance, inviting you to return with yourself, aligning your body, mind and spirit.



**Clases particulares—Pequeños grupos:** Tejiendo un tapiz de suaves movimientos, guiándote verbalmente a través de cada asana con detalle, como un hilo dorado que conecta la respiración y el movimiento con tu propia Esencia. Cada Asana, como expresión de equilibrio, invitándote a resonar contigo misma, alineando cuerpo, mente y espíritu. Rachel

## DROP-IN CLASS

on Meditation, Yin Yoga, Sound Journey



Sitara has been living in Auroville for 22 years. Over the years she held many different transformational workshops, and recently she started to offer Yoga Teacher Trainings.

To learn more about Sitara see

- <https://sitaramunay-kiyoga.org/sitara/>

In this class she will teach her favorite combination of meditation, yin yoga and sound journey

Submitted by Giovanni

## KUNDALINI CLASSES

Thursdays, 5—6.30pm  
@ The Hall of Light, Creativity

Kundalini Yoga is a dynamic and powerful practice designed to enhance your physical, mental, and emotional health. It purifies your electromagnetic field as well as your nadis. By the end of the session, you will feel more spacious, calm, and joyful. To achieve these benefits, Kundalini Yoga combines Asanas, Pranayamas, Mudras, and Mantras.



- **All levels,**  
Come 5 minutes before,  
Bring a cloth or towel to cover the mat.
- On contribution.
- **Contact:** Bel, 7598892065 WA.  
Certified Kundalini Yoga teacher.

Submitted by Bel

**AUROMODE YOGA SPACE**  
**Aurrothaima—Hospitality Trust**



**October—November Schedule**

Registration a must for all the programs.

Email or WA us to know about the fee structure and other details.

[balaganesh.siva@gmail.com](mailto:balaganesh.siva@gmail.com)

+91 9892699804 WA only

**October—November 2024 Schedule**

Day	Time	Description
All days of the week (Monday to Sunday)	5:30—7pm	Vinyasa flow Yoga with Bala
200Hr YTTC: Experience a Yogi Lifestyle in Auroville	6:30—9:30am & 3—5pm	November 7 to November 28

**Vinyasa flow with Arun & Bala**

Traditional yoga practices are characterized by discipline, and we believe in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice every day of the week except Wednesdays.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

Bala & Arun from the bio region of Auroville offer daily yoga classes in the evening all day of the week and

**• Date and Time:**

- Arun: Monday to Thursday, 5:30—7pm
- Bala: Friday, Saturday and Sunday, 5:30—7pm

**• Find our Yoga Shala**

- <https://youtube.com/shorts/8FTldxoWt9k?si=JMKXs062TplaE82D>
- <https://g.co/kgs/frzmN4>

**200Hr YTTC: Experience a Yogi Lifestyle in Auroville**

We invite you to experience the authentic Yogi lifestyle in Auroville. Whether you're aspiring to become a certified yoga teacher or simply wish to deepen your personal journey, our Teacher Training Course (TTC) offers you the opportunity to focus on what truly matters. This course is not just about yoga; it's about becoming a better student of life and enhancing the five key elements of health: physical, mental, financial, social, and spiritual.



In the heart of this international community, you'll find like-minded individuals committed to practicing yoga, meditation, and pranayama. Our teachings are a close blend of the Patanjali Yoga Sutras and South Indian traditions, offering a holistic approach to integrating ancient wisdom into a modern lifestyle.

Over the course of 21 days, you'll engage in daily yoga sessions, pranayama, meditation, and explore the philosophy of Patanjali. The program also includes sequencing skills, anatomy, mantra chanting, an introduction to Kalaripayattu, Animal Flow, sound healing, Karma Yoga, and much more.

By the end of the course, you'll earn a globally recognized 200-hour Yoga Alliance certification, preparing you to share the gift of yoga with others.

**Bala**



**Traditional Massage Therapy Classes**

Our course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamil Nadu, Southern India. It is one of the oldest systems of medicine in India.



The certificate course:

- **Has three levels:** Basic, 10 Hours;/ Intermediate, 20 Hours; Advanced, 30 Hours.
- **Covers the following modules:** Varma Massage Therapy, Varma Touch Therapy, Varma Myology (Muscles), Varma Defense Methods.

**Arunachala Sound Healing Therapy**

Positive musical psychotherapy using Visualization, Breathing.



**Idumban Karlakattai Muscle Therapy**

To strengthen the nervous system, improve posture and stamina, build strength and mobility, detox the body.



**Siddha Varma Kalai Massage Therapy**

Acupressure and deep tissue varma points healing massage therapy.



**Nattyakkalai Movement Arts Therapy**

Psychotherapeutic use of movement to promote emotional, social, cognitive, and physical integration.



Raja, WA/ Voice +91 9751395939, [www.angamtree.com](http://www.angamtree.com)

**SING!**

**The Embodied Voice Retreat**

19 & 20 October, 10am—1pm @ Tibetan Pavilion

This weekend retreat offers space to soften and unfreeze a bit, and come in connection with your own voice.

Expect rest and listening, intuitive sound-making, movement and self-massage, processes of self-compassion, and partner or group explorations to play, sing, or give voice in a way that feels both wild and safe.

Everyone is welcome! You will be invited to relax into a deep place of allowing and enownness, and to witness what then unfolds in an honest process.

**• About the facilitator:**

Shalini has studied vocal traditions from various parts of the world and holds a postgraduate qualification in voice pedagogy. Her approach to voice work is somatic, playful, and deeply accepting.

- **To register or to inquire** about one-on-one sessions, email [embodiedvoiceworkshops@gmail.com](mailto:embodiedvoiceworkshops@gmail.com) **Shalini**





## QUIET HEALING CENTER



**Workshops, 5—26 October**

### WOGA® (Yoga in Water) Class w/ Friederike & Tamara

• 19 & 27 October, 4:30—6pm

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.



• **Prerequisites:** no previous experience required (also no need to know how to swim!).

### OBA (Oceanic Bodywork Aqua) 1 with Dariya

• 20—25 October, 8:45am—6pm

In this 6-day course, you'll learn to combine elements of soft stretching, aquatic deep tissue massage, and joint release, as well as energy and breath work in a unique way above and under water (with a nose clip). You'll also be introduced to a fluid sequence, including especially designed movements, which allow the whole spine to swing and energy to flow. OBA 1 focuses mainly on underwater movements, which are both emotionally revealing and deeply relaxing. You'll also learn more about your own body mechanics and how to support and move each person as effortlessly as possible. At the end of this 50-hour course, you will be able to offer friends and acquaintances a complete OBA session.



• **Prerequisites:** OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

### Watsu Yoga Round with Ellie & Roberto

• Saturday, 26 October, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being. While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!



• **Prerequisites:** no previous experience required (also no need to know how to swim!).

### Baby Watsu® Classes with Appie & Friederike

• Wednesday, 30 October, 9:30—11am

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. Towards the end, there is free playtime.



- Please bring towels and a closing swimming pant for your baby; for babies between 2 and 12 months with their parents.

Guido for Quiet, +91 9488084966,  
[www.quiethalingcenter.info/](http://www.quiethalingcenter.info/) [quiet@auroville.org.in](mailto:quiet@auroville.org.in)

## THE QUANTUM—KARMIC MULTIVERSE

### Book Reading Satsang

Every Thursday 5 pm to 6 pm

Svaram Atelier, 2<sup>nd</sup> Floor, Utsav Building



Join us for an interactive journey through 'The QuantumKarmic Multiverse,' where we explore the intersection of quantum mechanics and ancient wisdom. Engage in group discussions, guided meditations, and visual presentations that bring these ideas to Life, whether you're new or experienced, this weekly gathering is a space to deepen understanding, align with cosmic rhythms, and connect with Like-minded seekers. Come with an open heart and a curious mind!

**Nadim Hamdan**, author of *The Quantum Karmic Multiverse*, bridges quantum mechanics with ancient spirituality, drawing on Sufism, shamanism, and Yoga. With a background in IT, Regenerative Finance, and Decentralized Governance, he guides others toward self-transformation, regenerative Living, and deeper cosmic understanding.

- On donation basis
- For registration, please contact: +918754802163  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in)

Zech for Svaram Team

## SVARAM ATELIER

### Open for Creative & Healing Arts

Svaram Atelier, located on the second floor of the Utsav Building, is now open for morning rentals, offering an inspiring space for those involved in the Creative and Healing Arts. The atelier is equipped with air conditioning, backup power (UPS), fully-equipped kitchen and includes two therapy rooms available for use. These facilities can be rented for a minimal contribution.



- For further details, please reach out via email at:  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in). Shaheen

## TRADITIONAL MANTRAS AND STOTRAS

### Chanting Classes

@ Serendipity Community  
with Sonia Novaes

Fridays, 5pm,

Regular Class

[serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com)

+91 8940288090



Sonia

**ARKA WELLNESS CENTER & MULTIPURPOSE HALL**

**Regular Activities, October**

For any details and queries, you can contact us:

[arka@auroville.org.in](mailto:arka@auroville.org.in), 0413 2623799



**Treatments**

Treatment	Therapist	When
Body Logic, Soft massage and Deep Tissue massage	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 0413 2623767 <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a>
Integral Regression therapy, Integral Reiki healing, Breathwork—the holotropic way	Niyati Thakkar	Only by Appointment <a href="mailto:niyatithakkar2112@gmail.com">niyatithakkar2112@gmail.com</a> Monday to Sunday 7041391995

**Classes**

Classes	Teacher	When
Pilates	Teresa	Tuesday & Thursday 7:30—8:30am, Friday: 5:30—6:30pm by Appointment: 7867998952
Iyengar yoga	Olesya	Wednesday, Saturday, 6:30—8am, Monday, Thursday, Saturday, 5—6:30pm, or by Appointment: 9159052743
Eye yoga and Wellness retreat	Aurosugan & Priyanka	Every day morning: 7—8am by Appointment only: 8012305151/ 9704258709

*Submitted by Ramana for Arka*

**SOUND THERAPY & SELF HEALING,  
2 in 1 Session**

Rejuvenating soundbath combined with breathing techniques for maximum benefits.



- First, by immersing yourself in the vibrations from a sound bed—which will travel through your body to the organ chosen for healing—accompanied by musical instruments (gong, singing bowls, etc.) and vocals, you will start to connect with your body’s consciousness.

- Second, by performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

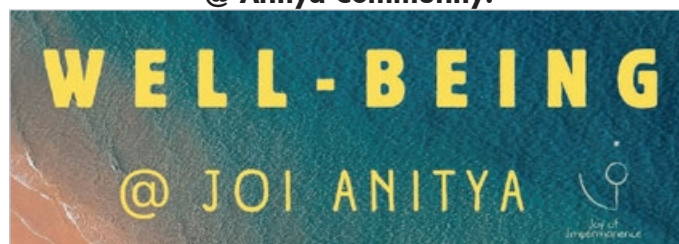
- If this resonates with you, then please contact 9385428400 call/ WA to book your session today!

- Donation Based

*Submitted by Isha*

**HOLISTIC WELL-BEING SERVICES**

**@ Anitya Community!**



The Joy of Impermanence—Anitya Community Project is offering a variety of holistic well-being services to nurture your body, mind, and spirit. Located in the serene environment of Anitya Community, Centerfield, Auroville, our skilled practitioners are here to guide you on your journey toward health and inner peace. Below is an overview of the therapies available and how to get in touch:

**Thai Yoga Bodywork with Andres**

- Contact: +91 9751607501

Combining elements of yoga, acupuncture, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

**Ayurvedic Massage with Elene**

- Contact: +91 7094143719

Rooted in ancient Indian healing traditions, Ayurvedic Massage uses herbal oils and specific techniques to detoxify and rejuvenate your body. This holistic treatment aims to balance your doshas (body energies), promoting overall well-being and harmony.

**Integral Coaching with Dave**

- Contact: +44 7564119728

Integral Coaching offers a personalized approach to personal development, helping you achieve your goals by integrating all aspects of your life—mind, body, emotions, and spirit. Dave will work with you to identify your strengths and challenges, guiding you towards lasting transformation.

**Shah-Lu-Ha-Ka Bodywork with Nikki**

- Contact: +91 7094716136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

**Mindfulness Meditation with Helen**

- Contact: +91 7094753054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you’re a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self.

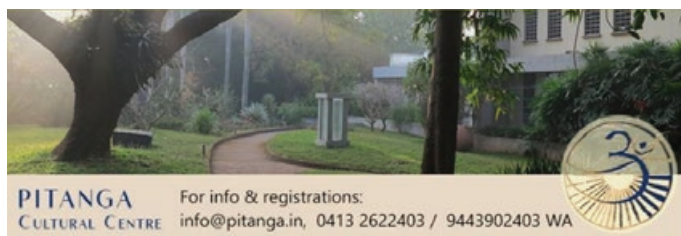
**Women Circles with Prem Shakti**

- Contact: +91 9489244823

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Prem Shakti, these circles provide a nurturing environment where women can explore their personal growth, creativity, and spirituality.

- **Location:** Anitya Community, Centerfield, 500m after Center Gh, Auroville
- **Bookings:** For more information or to book a session, please contact the practitioners directly via WhatsApp.
- **Email:** [joyofimpermanence@auroville.org.in](mailto:joyofimpermanence@auroville.org.in)

*Mathilde for the JOI Anitya team*



**Program, October** (Holiday closures: October 31)

**Drop-In Classes: Join without prior registration!**

Mondays	
7:30—9am	Asanas mixed level with Rachel
8:30—10am	Yoga Therapy with Gala
4—5pm	Doing No-Thing Consciously with Mike, not on 21 October
5:30—6:45pm	Vinyasa Flow Yoga with Dinagar
5:30—7pm	Vocal Sound Healing with Lola
Tuesdays	
7:30—8:45am	Self Practice with Rachel
5:30—7pm	Antigymnastique® with Francesca F.
Wednesdays	
7:30—9am	Asanas mixed level with Rachel
8:30—10am	Yoga Therapy with Gala
5:30—6:45pm	Vinyasa Flow Yoga with Dinagar
5:30—7pm	For Giving Love, Transmuting heavy emotions with Dr. Lasko's tools, with Marie-Claire, begins 16 October
Thursdays	
7:30—8:30am	Lucid Journey—Immersive Guided Meditation with Malcolm
4:30—5:30pm	Aviva Exercise with Suriyagandhi
Fridays	
7:30—9am	Asanas mixed level with Rachel
8:30—10am	Yoga Therapy with Gala
4:30—5:30pm	Readings of the Life Divine with Balvinder
5:15—6:15pm	Feldenkrais with Shari, not on 18 October
5:30—6:45pm	Vinyasa Flow Yoga with Dinagar
Saturdays	
7:30—8:45am	Ojasana Hatha-Nada Yoga with Ojas, only on 12 & 19 October
9—10:30am	Asanas intermediate level with Rachel
2:30—4:30pm	Truth Based Relationships, Practical Sessions with Juan Andrés, starts 19 October
4—5pm	Odissi Classical Dance, a beginners' class especially for children, with Agila, assisted by Rekha

**Youth Activities:** These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

- **Asanas for Teenagers with Lisbeth**
  - Mondays, Wednesdays, 4—5:15pm
  - These classes are for the teenagers from AV schools and started in July.
- **Yoga for children, from 9 yrs. +, with Gala**
  - Saturdays 10—11am
- **Energy games for children, 9 yrs. +, with Gala**
  - Saturdays 11am—12pm

**Classes—By Prior Registration**

- **Art Therapy with Gala**
  - Thursdays, 3—5pm for adults
  - Fridays, 3—5pm for families
- **ATB Exploration with Isora, and teachers in training Rosario and Teresa**
  - Thursdays, 5:30—6:45pm
  - Prior registration required.

Awareness through the body aims to provide tools for individuals to expand their consciousness, explore the different planes of their being and discover their inner selves in a joyful space. Please book your place with Pitanga beforehand.

- **Private Yoga sessions with Rachel** available on request.

**Healing Space—By Appointment**

- **Antigymnastique® individual session** by Francesca F.
- **Bio-Resonance** (with Bi-Com machine) by Afsaneh
- **Cranio Sacral Technique** by Anne H.
- **Chiropractic** by Afsaneh
- Harmonization of Spirit and Body, sessions by Nadia Labiod
- **Shiatsu** by Patricia G.
- **Syntropy Insight Bodywork** with Véronique D.
- **Thai Yoga Massage** by Juan
- **Yoga Therapy Sessions** with Nadia A.

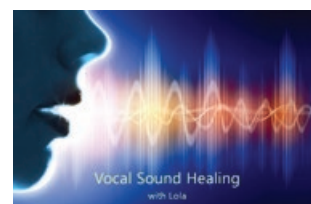
**New Activities**

- **Vocal Sound Healing with Lola**

Practice and embody the power of voice, your most potent healing instrument

- Mondays, 5:30—7pm

The voice is the only tool more powerful than the gong, especially your own voice, because you self-generate the healing vibrations to shift energetic blockages. The practice is about opening yourself up to a new way of exploring your voice. Immerse yourself in this powerful session, discover your own voice, take a step to experiment through sound, music and movement.



- No experience needed.
- This is a drop-in class for adults.

- **Lucid Journey with Malcolm: Immersive Guided Meditation**

- Thursdays, 7:30am—8:30am
- 1-Hour Guided Session: 15min Intro, 30-min Meditation, 15min Integration

An audio-visionary voyage into inner astral planes: Mindfulness, Flowstate, Beauty, Dreams, Identity. You are invited to join us as we explore our own unseen worlds, unveil our deepest hidden truths, and inspire our own awakening.

*“Naturopathic practices have been known to alleviate stress, anxiety and grief while promoting self-healing and spiritual awareness.”—Dr. Li Hubbard N.D.*

- **Yoga Therapy sessions with Nadia A.**

- **Please contact us for an appointment.**

Yoga therapy is a specialized application of yoga practices to help with physical, mental, and emotional well-being. Unlike group classes, individual yoga therapy sessions are tailored to address specific health issues or personal goals.

**Benefits:** It can be beneficial for a wide range of issues such as chronic pain, anxiety, depression, insomnia, digestive problems, and more. The therapist might incorporate specific poses or exercises that target the symptoms you're experiencing.

The aim is to create a balanced program based on your individual needs that's safe and effective for your specific needs.

- **Antigymnastique® with Francesca F.**
  - **Group class: Tuesdays, 5:30—7pm**
  - This is a drop-in class with limited places available.
  - Individual sessions by appointment, contact Pitanga

An invitation to discover, connect and live in your body.

Embark on a voyage through your body and its history: discover how your body has been quietly reorganizing, adapting and protecting itself throughout your life. You will learn to perceive and understand your body in a deeper, more accurate and autonomous way.

Each session is an opportunity to (re)discover and awaken new parts of your body. Class by class, you will learn to free yourself from the contractions, stiffness, muscle and joint pain that are draining and limiting your freedom. This will allow you to regain your mobility, your vitality, your health and your independence.

**Antigymnastique®** is a unique method of bodywork comprised of subtle but powerful movements performed at your own rhythm, created by physiotherapist, Thérèse Bertherat. Francesca is a licensed Antigymnastique® therapist. For more information: <https://antigymnastique.com>

- **Harmonization of Spirit and Body, sessions by Nadia Labiod**
  - **Please contact us for an appointment.**

Any physical or mental unwellness begins in an instant, usually after a shock that we can call a triggering conflict.

Nadia's sessions are aimed at restoring the harmony of body and mind by creating a personalised, nutritional diet and accompanying the process by decoding the symptoms of physical, vital, emotional, mental and spiritual imbalance.

Nadia is a certified Naturopath (Lyon, France), which includes nutrition and psychology (among other fields).

- **Truth Based Relationships: Practical Sessions with Juan Andrés**
  - Saturdays 2:30—4:30pm, starts 19 October
  - This is a drop-in class.

Practical Sessions based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés.

Use the opportunity for conscious growth that all your relationships offer you in everyday life. First timers need to have previously explored the content at [asrmodel.com](http://asrmodel.com).

- **For Giving Love with Marie-Claire**
  - **Wednesdays, 5:30—7pm, begins on October 16**
  - This is a drop-in session.

Transmuting heavy emotions with Dr. Lasko

Marie-Claire invites you to an inner dialogue with yourself that helps you to let go of all heavy emotions and release energy patterns that could otherwise drain your energies.

Dr Laskow's tools guide you through a process of forgiveness to complete your own healing. Forgiveness does not mean forgetting or accepting what has been done. It does not mean loving others, which may or may not happen in the process. It's simply taking back the energy that you have bound up with your feelings about certain people, releasing energy patterns that might otherwise contribute to illness.

- **Cranio Sacral Technique & Ancient Healing Technique, sessions by Anne Hildebrand**
  - **Please contact us for an appointment.**

"Graduated in Biodynamic Cranio Sacral Technique from Ged Sumner's Body Intelligence Training schools in India and France, I have trained my hands to listen to the music of the bodies and create the right space of safety and caring for the body to tune in and play its own scales. I also use ancient healing techniques passed down from the Cree lineage of the Bear Clan and rely on journeys into the non-ordinary reality (invisible world) to receive information that supports change.

These two techniques accompany physical and emotional traumas as well as certain unusual situations that are not traditionally dealt with.

These practices are done on a table, dressed, with a delicate touch of the areas suffering from restriction. A session can take place in silence or with explanations. The receiver is free to move and speak."

## Workshop

### • **Unlock Your Divine Blueprint: The Art of Conscious Living Workshop**

- A 3-days transformative journey with Preeti Mahurkar
- **Monday, 21, Wednesday, 23, Friday, 25 October**
- **2 hours per day: 3—5pm**
- Prior registration required. Please contact Pitanga.



Welcome to this transformative 3-day journey to create a new you!

We all have stories we tell ourselves, shaped by our beliefs, fears, and experiences. But are these stories aligning us with our highest truth or holding us back?

Often, we get entangled in the drama around us, feeling victimized instead of empowered. We forget that we are creators, capable of shaping our reality.

In this workshop, we'll explore how to:

- Recognize subconscious fears & beliefs and rewrite limiting stories
- Break free from victim mentality and reclaim your power as a co-creator of your destiny
- Deconstruct negative patterns and emotions
- Align with your purpose and passions
- Harness your energy for manifestation
- Embody conscious living principles

Join Preeti, a renowned author, certified life coach, and Integral development trainer with 25+ years of experience, on a transformative journey. Preeti specializes in conscious evolution, social issues, sustainable development, and integral development, drawing from ancient wisdom and modern techniques (quantum mechanics, NLP, emotional intelligence).

Author of "Heaven on Earth" series of books, she has published many articles and conducted numerous workshops on Sri Aurobindo and The Mother's teachings for esteemed organisations like in California Institute of Integral Studies and NAMAH etc... As visiting faculty at Symbiosis, ASM, JSPM, Pune, she empowers individuals to achieve their highest potential.

Join us on this liberating journey.

**Contact Preeti** for further information: 9850896576, 9699930672.

### • **Workshop "Born Free" with Ange Sabine Blanchflower. A Five-Day Transformative Workshop**

- **Monday, 21—Friday, 25 October,**
- **12:45—1:45pm, for 5 days**
- Registration required.

Ange invites, "Discover how you can deconstruct the Beliefs that keep you from living your best life and your Purpose."

Ange Sabine Blanchflower is a Consultant with the Proctor Gallagher Consultants Division. Her mentor Bob Proctor is to this day the leading Teacher of Self Development and Human Potential. And the approach is a holistic one—Spiritual, Mental and Physical.



*Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless.*

2622403/ 9443902403 WA,  
[info@pitanga.in](mailto:info@pitanga.in), Andrea

**VÉRITÉ**

Please contact Vérité @ 0413 2622045,  
2622606, 9363624083

or [programming@verite.in](mailto:programming@verite.in), [www.verite.in](http://www.verite.in)



**Yoga & Re-creation Programs**

Days	Drop-in Classes	Timings	Presenters
Mondays	Pranayama & Meditation	7:30—8:30am	Mamta
	Restorative Yoga (no class 14 October)	9:15—10:15am	Ramya
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	9:15—10:15am	Mani
	Face & Eye Yoga	5—6pm	Mamta
	Awareness Through the Body Exploration (ATB)	5—6:15pm	Vega
Wednesdays	Yoga for Happy Hips	7:30—8:30am	Dev
	Breath & Mind Harmony (no class 16 Oct)	9:15—10:15am	Ramya
	Hatha Vinyasa Yoga	5—6pm	Andres
	Kirtan: Songs for Your Soul—Contributions are voluntary	5—6pm	Mamta
Thursdays	Hatha Yoga Essentials	7:30—8:30am	Dev
	Yin Yoga—Deep Tissue Release	9:15—10:15am	Radhika
	Open Heart Space Meditation (no class 31 Oct)	5—6pm	Samrat
	Deep Sound Bath (no class 31 Oct)	5—6pm	Satyayuga
Fridays	Pranayama & Meditation	7:30—8:30am	Radhika
	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement	5—6:30pm	Vega
Satur-days	Strengthen and Align Yoga	7:30—8:30am	Dev
	Sivananda Yoga	5—6pm	Mani
	Deep Sound Bath	5—6pm	Satyayuga

**Treatments and Therapies**

Therapies (by appointment only)	Therapist
Thai Yoga Massage Bodywork	Andres
Face & Neck Massage	Mamta
Biodynamic Craniosacral Therapy	Mila
Food is Medicine: Lifestyle Health Practices Consultation	Parvathi
Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs	Parvathi
Birenda Massage	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Craniosacral Therapy and Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Energy Healing Reiki	Vyshnavi
Holistic Foot Reflexology	Vyshnavi
Integrated Energy Healing & Holistic Foot Reflexology	Vyshnavi

**Workshops (pre-registration required)**

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 18 October	Understanding Pranayama & its Practice in Asanas & Meditation	9:15am—12pm	Radhika
Friday, 18 October	Face & Eye Yoga: Face Yourself	2—4:30pm	Mamta
Saturday, 19 October	Pain Management: Yoga for Lower Back Pain	9:15am—12pm	Dev
Saturday, 19 October	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr. Geeta
Saturday, 26 October	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 26 October	Food is Medicine: Lifestyle Health Practices	2—4pm	Parvathi

**Understanding Pranayama & its Practice in Asanas & Meditation with Radhika**

- Friday, 18 October, 9:15am—12pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

**Face & Eye Yoga: Face Yourself with Mamta**

- Friday, 18 October, 2—4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

**Pain Management: Yoga for Lower Back Pain with Dev**

- Saturday, 19 October, 9:15am—12pm

This pain management workshop focuses on a series of gentle yet powerful poses, breathing techniques, and relaxation methods designed to alleviate back pain, improve posture, and enhance range of motion as well as overall well-being. You will learn about the causes of back pain and how yoga can help. Personalized attention and modifications will be given to safely accommodate everyone's needs.

**Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta**

- Saturday, 19 October, 2pm—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

**Sivananda Yoga: Masterclass with Mani**

- Saturday, 26 October, 9:15am—12pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

## Food is Medicine: Lifestyle Health Practices with Parvathi

• Saturday, 26 October 26, 2—4pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

### TASTE OF YOGA @ VÉRITÉ

Monday to Saturday  
9am—12pm & 13—16:30pm

Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.



Anandhi for Vérité Programs

## It Matters

### Schedule from 17 to 26 October

Weekly Activities—A/C Room

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
- **Info:** @auroville.curated, <http://itmatters.auroville.org/>

All activities are Rs./ 600 for guests, Rs./ 150 for Aurovilians/ Volunteers. Discount vouchers available.

Date	Activity
17 October, Thursday, 4—5pm	Laughter Yoga & Relaxation with Ancolie Dove
17 October, Thursday, 5:30—6:30pm	Taichi, The Way of the Leaf with Kaarthikeyan Kirubhakaran
18 October, Friday, 5:30—6:30pm	Calligraphy: Form & Expression with Jayesh
19 October, Saturday, 2—4pm	Intuitive Painting with Marie Claire Barsotti
19 October, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias
22 October, Tuesday, 5:30—6:30pm	Science of Meditation with Matthias
24 October, Thursday, 4—5pm	Laughter Yoga & Relaxation with Ancolie Dove
24 October, Thursday, 5:30—6:30pm	Taichi, The Way of the Leaf with Kaarthikeyan Kirubhakaran
25 October, Friday, 5:30—6:30pm	Calligraphy: Form & Expression with Jayesh
26 October, Saturday, 2—4pm	Intuitive Painting with Marie Claire Barsotti
26 October, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias
Date	Workshops in October*
19 October, Saturday, 10am—12pm	Drama in Me, Transformative Theatre Workshop with Rashi Bunny, Rs./900
26 October, Saturday, 10am—12pm	The Art of Conscious Living with Preeti Mahurkar, Rs./900

Pre-registration for Workshops is mandatory

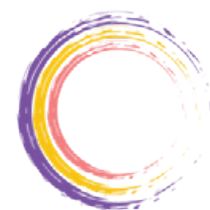
- 50% discount for Aurovilians and SAVI volunteers

Bhakti & Sandra

## RADICAL TRANSFORMATIONAL STEWARDSHIP

RTS

This social transformation workshop is designed to unleash your full potential and enroll others to transform our lives, our work and our society and produce results by using a whole system transformation methodology and integrated design principles. The workshop is open to all change-makers wanting to generate equitable and sustainable results for well-being. Facilitated by Bridget Horkan, Sanjeev Ranganathan, Srilatha Juvva, Sudarshan Rodriguez in partnership with Dr. Monica Sharma.



Dates:

- **Session 3:** Saturday, 9 & Sunday, 10 November
- **Session 4:** Saturday, 7 & Sunday, 8 December

Timings are: 8am—5pm Indian standard time

Check your local time below

- <https://www.thetimezoneconverter.com/?t=800%20am&tz=India&>
- <https://dateful.com/time-zone-converter?t=1700%20am&tz=India&>

The program will challenge each of us to delve deep into our being, and generate new breakthrough ideas, sourcing our abilities to envision a new future, commit ourselves to action and acquire the skills to attain this future. It consists of a series of 4 online workshops over 9 days (3 workshops during weekends and 1 workshop from Saturday to Monday), spaced apart by 1 month each. New capacities are introduced in each session and practiced inter-session to put these in action.

**Please note:** All participants must commit to participating in all the four sessions. Missing sessions or any day will result in not continuing further sessions/ days and dropping out of the course/ workshop.

- **To apply fill in this form** or contact [stewardship4newemergence@auroville.org.in](mailto:stewardship4newemergence@auroville.org.in)

**This program is offered** fee free for those in service to Auroville. We suggest a contribution of 1800 Rs to cover basic costs incurred in the 9 day program such as lunch, tea, coffee, handouts. Please transfer this to account 252975 at the financial services. Should you need a waiver please email us. All the facilitators and resource people are working in service, pro bono. Please feel free to contact us for any assistance at the above email.

Submitted by Bridget

## LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

- For more details see [www.innersightav.org](http://www.innersightav.org) or contact Kardash on 9940934875 WA.

Submitted by Kardash



**TAO OF TEA 茶道 CHA DAO**  
**Sencha Syle Tea Ceremony**

*The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)*



Discover a spiritual journey with a Sencha Syle Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/ flowers also available.)

Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. The ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/ WA +91 9385428400 Submitted by Isha

*Languages*

**BOLSTERING ENGLISH**

Native English speaker happily offers facilitation for English reading, speaking and composition.

Individual or small group sessions are for those connected to Auroville who already can read, write and speak English with adequate comprehension, and who wish to practice for presentations or performance or simply for clearer conversation. We can include rhythm, nuanced expression, and some dialects, if wished.



- Also inviting anyone at any level for SAVITRI.
- Scheduling is as-you-wish: long or short session(s); long or short intervals between sessions.

Patricia, 0413 2623750, [pat@auroville.org.in](mailto:pat@auroville.org.in)

**TAMIL CLASSES OFFERED**

Saturdays and Sundays

**எழுதப்பட்ட தமிழ் வகுப்புகள்**

Written Tamil Classes Offered in Auroville,  
 Donation-based

Contact Murugesan to setup timing: +91 8610916301

*Submitted by Malcolm*

**ITALIAN CLASS**

Hello! If you want to learn Italian from scratch or have already studied it but would like to continue practicing it, know that Francesca will start giving individual or group lessons from now! And because Francesca is intimately connected to the world of art and culture, the lessons will not only explore the use of the Italian language but will be an enjoyable introduction to different aspects of Italian culture, art and history. If you'd like to practice your Italian with me, this is the email [avgateofdreams@gmail.com](mailto:avgateofdreams@gmail.com). *Arrivederci! Francesca*

**AUROVILLE LANGUAGE LAB**

**The Language Lab is open**

- Monday—Friday, 9am—12pm & 2—7pm
- Saturday, 9am—12pm & 2—5pm
  - **Location:** International Zone, after Unity Pavilion & Pump House.
  - **Phones:** 2623661 (Lab), +91 9843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
  - **Email:** [info@aurovillelanguage.org](mailto:info@aurovillelanguage.org) and [tomatis@aurovillelanguage.org](mailto:tomatis@aurovillelanguage.org)

*Submitted by Mita*

*Cinema*

**ALESSANDRA SILVER:**

**The Owl-Eyed Guardian and the Banyan Dream**

Zoom, Saturday, 19 October

11am ET, 8am PT, 5pm Paris, 8:30pm India

Please join AVI USA and director Alessandra Silver on Zoom, this Saturday, October 19, for the premiere of Alessandra's film, *The Owl-Eyed Guardian and the Banyan Dream*. Read more & Register at [aviusa.org/banyandream-film](http://aviusa.org/banyandream-film).



- [Direct Registration link](#)

Ioana  
[aviusa.org/events](http://aviusa.org/events)

**PAVILLON DE FRANCE PRESENTS A FILM**

**Nureyev, The White Crow**

Saturday, 19 October, 4pm @ Cinéma Paradiso  
 In French



Directed by Ralph Fiennes

A young prodigy of the famous Kirov ballet, Rudolf Nureyev was in Paris in June 1961 to perform on the stage of the Opera. Fascinated by the Parisian nights and by the artistic and cultural life of the capital, he became friends with Clara Saint, a young woman from upscale circles.

But the KGB men responsible for monitoring him do not take kindly to his Western associations and call him back to order. Faced with a terrible dilemma, Nureyev will have to make an irrevocable choice, which will change his life forever.

*“The White Crow is a portrait of the artist as a young man, an attempt to show the complex array of factors—biographical, psychological, social, political—that led to the moment when the 23-year-old dancer made a decision that would change the history of ballet: Nureyev became Nureyev by defecting from Russia to the West at Le Bourget airport in France in June 1961 ...*

*Throughout the film, Fiennes and Hare suggest the extraordinary will and curiosity that drove Nureyev to dance, and to seek out art and culture wherever he could.”—New York Times*

*Vivekan*



**Aurofilm presents at Multi Media Centre Auditorium (MMC, Town Hall)**

**Reminder: Friday, 18 October, 8pm**

**“Pierrot The Fool”, (original title: PIERROT LE FOU)**

Directed by Jean-Luc Godard, France, 1965

With: Jean-Paul Belmondo, Anna Karina, Raymond Devos

**Synopsis:** Pierrot escapes his boring society and travels from Paris to the French Riviera with his children’s babysitter Marianne, a girl chased by hitmen from Algeria. They lead an unorthodox life, always on the run... The film is one of cinema’s essentials, perhaps because it came at the precise moment when Godard hit his all-time peak, many of his films are considered masterpieces and Pierrot is the crown jewel. A Mediterranean film, sunny and fully saturated colors thanks to the DOP Raoul Coutard!



Original French version with English subtitles. Duration: 1h50’

**Friday, 25 October, 8pm**

**“The African Queen”**

Directed by John Huston, USA, UK, 1951

With: Humphrey Bogart, Katharine Hepburn, Robert Morley  
“The African Queen” is a romantic comedy film, set during World War I. It is adapted from the novel of the same name by C.S. Forester.

**Synopsis:** Samuel Sayer (Robert Morley) and his sister Rose (Katharine Hepburn) are English Methodist missionaries in German East Africa (now most of Tanzania) in August 1914. Their post and supplies are delivered by a small steamboat named the African Queen, helmed by the rough-and-ready Canadian mechanic Charlie Allnut (Humphrey Bogart). After Rose’s brother is assaulted by a German soldier at the beginning of World War I, the steamer captain saves prim, sober Rose. Under many quarrels and struggles they have to survive a treacherous African river journey... *A brilliant, funny and exiting adventure film with wonderful dialogues!*



The film was selected for preservation in the United States National Film Registry in 1994, and the Library of Congress deemed it “culturally, historically or aesthetically significant”. And Humphrey Bogart won the Academy Award for Best Actor!

Original version in English with English subtitles. Duration: 1h45’

- **Note: Contributions are very welcome!**  
Aurofilm Collection Acc. No. 252658

Susana for Aurofilm Team

**CINEMA AND BEYOND:**

**Film Appreciation Programme**

2 & 3 November @ Future School Auditorium

Film appreciation is about analyzing and understanding the elements of a film to recognize why it works and what makes it great. The classes will help you understand film as a language; the history of film; its technology and aesthetics; how films use their distinctive language to construct meaning and stimulate our thoughts and feelings.



All sessions will feature talks, PowerPoint presentations, screenings of short films and film clips and interactive participation.

The course is taught by film director and well-known professor **Sivakumar Mohanan**, who has extensive experience in the field of cinematography.

- **For information and registration:** 8300364055 WA/ 0413 2622037/ [afacademy.team@gmail.com](mailto:afacademy.team@gmail.com)

Susana and Aurofilm team

**STUDY CIRCLE**



Film Institute @ Auroville is delighted to introduce an open study circle at the Auroville Film Institute, India Space, Bharat Nivas.



The Study Circle is designed in concurrence with the ongoing research and academic pursuits of the Film Institute Fellows. The sessions are open for all.

**Upcoming Schedule**

**Examining reality from cinema: A close-up and a long shot**

*Through this two day session we not only aim to identify the facets of cinema in reality but how reality itself takes shape as a consequence and intertwines with the filmic reality.*

Friday, 18 October, 10:30am—12:30pm	Screening & Discussion	<b>Close-Up (1990) by Abbas Kiarostami.</b> We screen this seminal film by Abbas Kiarostami, a film which tries to investigate the story of a man, Hossain Sabzian who impersonates a filmmaker, Mohsen Makhmalbaf, leading to the complex interplay of different facets of life.
Saturday, 19 October, 10:30am—12:30pm	Screening & Discussion	<b>Close-Up Long Shot (1996) by Moslem Mansouri, Mamhoud Chokrollahi.</b> And the companion documentary piece which examines the life of Hossain Sabzian and the consequences of the film Close-Up on his life.

- **Venue:** Auroville Film Institute, India Space, Bharat Nivas
- **For more information write to:** [info@aurovillefilm.institute.com](mailto:info@aurovillefilm.institute.com) & +919980590704

Richa for Auroville Film Institute





**CINEMA PARADISO**  
**Multimedia Center (MMC) Auditorium**  
**Film Program**  
**21 to 27 October 2024**

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

**Indian—Monday, 21 October, 8pm**  
**Sarkaru Noukari (Government Job)**

India, 2024, Writer-Dir. Shekar Ganganamoni w/ Tanikella Bharani, Sammeta Gandhi, Latha Reddy, and others, Drama, 117mins, Telugu w/ English subtitles, Rated: NR (PG)

Satya gets married after carefully choosing the right groom for herself. She marries Gopal, an orphan but a coveted government-job holder. Turned out Gopal is a health promoter entrusted with the AIDS awareness campaign in the village. However, the locals mock him for his profession. The couple is gradually deserted by the village and Satya is ashamed of her husband's job and gives Gopal an ultimatum. When asked to choose between marriage and his job, what'll Gopal pick?

**Potpourri—Tuesday, 22 October, 8pm**  
**The Grapes Of Wrath**

USA, 1940, Dir. John Ford w/ Henry Fonda, Jane Darwell, John Carradine, and others, Drama, 129mins, English w/ English subtitles, Rated: NR (PG)

The Joad clan, introduced to the world in John Steinbeck's iconic novel, is looking for a better life in California. After their drought-ridden farm is seized by the bank, the family—led by just-paroled son Tom—loads up a truck and heads West. On the road, beset by hardships, the Joads meet dozens of other families making the same trek and holding onto the same dream. Once in California, however, the Joads soon realize that the promised land isn't quite what they hoped.

**Selection—Wednesday 23 October, 8pm**  
**Only Lovers Left Alive**

USA-France, 2013, Dir. Jim Jarmusch, w/ Tilda Swinton, Mia Wasikowska, Tom Hiddleston and others, Drama-Fantasy, 123 mins, English w/ English subtitles, Rated: R

Set against the romantic desolation of Detroit and Tangiers, an underground musician, deeply depressed by the direction of human activities, reunites with his resilient and enigmatic lover. Their love story has already endured several centuries at least, but their debauched idyll is soon disrupted by her wild and uncontrollable younger sister.

**Interesting—Thursday, 24 October, 8pm**  
**Come Worry With Us**

Canada-USA, 2013, Write-Dir. Helene Klodowsky w/ Thierry Amar, Efrim Menuck, Jessica Moss, and others, Documentary-Music, 81mins, English w/ English subtitles, Rated: NR (PG)

The film follows Jessica Moss and Efrim Menuck of The Silver Mt. Zion Memorial Orchestra as they navigate parenthood and artistic ambitions while touring with their infant son, Ezra. Amidst economic challenges and a shifting music industry, they strive to balance family life, artistic integrity, and their band's political commitments in a precarious global landscape.

**International—Saturday, 26 October, 8pm**  
**Jam (Sleep)**

South-Korea, 2023, Writer-Dir. Jason Yu w/ Jung Yu-mi, Lee Sun-kyun, Kim Geum-soon, and others, Horror-Comedy, 95mins, Korean w/ English subtitles, Rated: NR (R)

Newlyweds Hyun-su and Soo-jin face a nightmare when he starts sleep-talking ominously, claiming, "Someone's inside." As he transforms during sleep without memory, Soo-jin's anxiety skyrockets, fearing he may harm her family. Despite attempts at treatment, Hyun-su's sleepwalking worsens, and she grows increasingly terrified for the safety of their unborn child. *Remembering this is the weekend before Halloween and the Indian festivity of honoring the departed spirits!*

**Children's Matinee—Sunday, 27 October, 4pm**  
**Pooh's Heffalump Halloween Movie**

USA-Philippines-Thailand, 2005, Dir. Saul Blinkoff, Elliot M. Bour w/ Jimmy Bennett, Peter Cullen, Jim Cummings, and others, Animation-Fantasy, 67mins, English w/ English subtitles, Rated: G

Join Roo and his friend Lumpy on a hilariously haunted Halloween in the Hundred Acre Wood! Excited to trick-or-treat, they hear Tigger's spooky tale about the Gobloon, who turns you into a jaggedy lantern. With courage, they decide to be "brave together, brave forever" and catch the Gobloon to make a special wish!

**New German Cinema @ Ciné-Club**

**Ciné-Club Sunday, 27 October, 8pm**  
**Angst Essen Seele Auf (Ali: Fear Eats the Soul )**

Germany, 1974, Dir. Rainer Werner Fassbinder w/ Bridgette Mira, El Hedi Ben Salem and others, Drama-Romance, 92 mins, German w/ English subtitles, Rated: R

The film revolves around the romance that develops between Emmi, an elderly German woman, a Moroccan migrant worker in postwar Germany. They fall in love, to their own surprise and to the outright shock of their families, colleagues, and drinking buddies. In *Ali: Fear Eats the Soul*, Fassbinder expertly wields the emotional power of classic Hollywood melodrama to expose the racial tensions underlying contemporary German culture.

*Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.*

*To organize a seminar/ program at MMC kindly email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.*

*Nina, MMC/ CP Group Account# 105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)*

**ECO FILM CLUB**

**Every Friday at Sadhana Forest**

**Schedule of Events**

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club



- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
  - 20:00 Dinner is served
  - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)

**Friday, 18 October**

**Grounded—The Earthing Movie**

2019 / 58 minutes / Rebecca and Joshua Tickell

This documentary reveals the scientific phenomenon of how we can heal our bodies by doing the simplest thing that a person can do—standing barefoot on the earth. The Earthing Movement is one of reconnecting people to our wonderful planet.

Aviram

*Emergency Services*

**Ambulance (24/7): Auroville—9442224680**

- PIMS—0413 2656271

**Security (24/7):**

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

**Health:**

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

**Mental health 24/7 support:**

- Vandrevalla Foundation +91 9999666555

**India Emergency Response Service (24/ 7): 108**

*Editors' Note*



**Hard deadline for submissions TUESDAY 3pm**

Roy & Agnijata, [NewsAndNotes@auroville.org.in](mailto:NewsAndNotes@auroville.org.in)

*Accessible Auroville Public Bus*

[avbus@auroville.org.in](mailto:avbus@auroville.org.in), +91 9443074825



**Auroville TO PONDICHERRY**

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



**Pondicherry TO AUROVILLE**

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

**Bus passes**

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way Monthly** (Workers/Volunteers)
- Rs.1200: **Student Monthly pass**

**AV account / Cash / UPI Transfer :**

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

**Bus passes are available**

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

**Contact**

- 0413 2623302

**Below link to join WhatsApp group**

**of Auroville Bus** to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>