



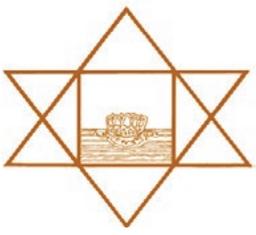
# News & Notes

#1085 A weekly bulletin for residents of Auroville 26 June 2025



Flowering cacti in the Garden of the Unexpected.  
Photo by Terra

## Pondering



The divine Friend of all creatures conceals His friendliness in the mask of an enemy till He has made us ready for the highest heavens; then, as in Kurukshetra, the terrible form of the Master of strife, suffering & destruction is withdrawn & the sweet face, the tender arm, the oft-clasped body of Krishna shine out on the shaken soul & purified eyes of his eternal comrade & playmate.

The strangest of the soul's experiences is this, that it finds, when it ceases to care for the image & threat of troubles, then the troubles themselves are nowhere to be found in one's neighbourhood. It is then that we hear from behind those unreal clouds God laughing at us.

Sri Aurobindo, *Essays Divine and Human*,  
Aphorisms 499 and 507

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# House of Mother's Agenda

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(continued from last week)

I was with A.R. when he meditated here... his body is still ONE body.

*But he has the realization of "That."*

Yes, yes, in a certain way.

And that's why (because he is very conscious of the Divine Presence), that's why I said, "Don't ask me what you should do: it's in your body that you must find out." I can't say, because... because the Divine realizes himself differently in everyone—otherwise there would be only one person!

I don't want to give him any advice at all, I absolutely refuse to do that.

*What I find remarkable in his case is the way in which he has EMBODIED his realization, because it's really not something he has cross-legged in meditation: he is solidly full of this Consciousness. One feels it, I mean. That's what I find rather extraordinary.*

(after a silence)

But here in India, that stillness comes from contempt for the body: it must be nullified as much as possible. Its very existence must be nullified. And that's precisely what Sri Aurobindo rose up against, saying, "No! The body must PARTICIPATE in the experience." So naturally, A.R. is convinced that the body must participate in the experience, that's why he has the right attitude. But to be convinced, he wants to realize NOW the consciousness that will be the consciousness of what Sri Aurobindo calls the Supramental. That is to say, to BE the Divine, without distinction between the body and the rest—to be the Divine....

If the time has come for that, it's very good—that's why I don't want to intervene. But I don't know, I don't know if the time has come for that.... There are moments when the body is thoroughly convinced—moments when it seems impossible that the time might not have come—but at other moments, it gets completely veiled. And that comes from the fact that despite everything, the awareness of the mixture is becoming very clear. Which means that the realization is partial; it's partial, fragmentary. And for a very simple reason (there's no arguing): it's because somehow or other, the appearance will have to change. This body has capacities—that's visible—it has capacities which many other bodies don't have, but it's still uncertain, not established, not complete. So in this transitional period, there will certainly be one who will get through to the other side, that is, who will reach realization—there has to be a realization at some point, you see. Well, it must be... In any case, with A.R., the attitude is good, so there's nothing to say. But as he isn't developed mentally, that's where a mixture of influences remains<sup>3</sup>—that's where. It's not in the body, it's in the mind. And I don't want to replace that mixture with a... (*Mother gestures to show an authority imposing itself*)... All that I can do is to give the necessary atmosphere, and that's that.

(to be continued next week)

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<sup>3</sup> That is what Satprem had vividly felt: a gap between A.R.'s living experience and his mentalization of it, as if he were seeking to shut the ocean within a graduated thermometer.

The Mother's Agenda, October 18, 1969

<https://incarnateword.in/agenda/10/october-18-1969>

Gangalakshmi (HOMA)

# Townhall Speaks

## SHORT-TERM

### Tender-Cum-Open Auction

It is hereby notified that a Short-Term Tender-cum-Open Auction will be conducted for the sale of timber of the following species: Acacia/Pencil Wood, Neem, Khaya Siventhenia, Thailamaram, Atcha, Peltophorum/ Service tree, Mayil Konnai, Pulian. The Eligible contractors, firms, and individuals are invited to participate in the auction. The last date for submission tender application is **3 July 2025 at 5pm**.

Interested parties may inspect the available timber at the yard during office hours, from 9:30am to 5:30pm.

For further details, including terms and conditions, please refer to the official auction document available at [www.aurovillefoundation.org.in](http://www.aurovillefoundation.org.in).

*Officer on Special Duty,  
Submitted by Dominique*

## ATDC: APPLICATION



*L'avenir d'Auroville*

**A. The following application has received Preliminary Design Approval** (feedback requested before the 10 July 2025 to be sent to: [avenir@auroville.org.in](mailto:avenir@auroville.org.in)):

Project Name: Ilango—PDA (Rebuilding of House)

Applicant/s: Ilango

Location/area: Promesse Community/ Outside Master Plan

Estimated Cost: 14,60,362/-

Area for which approval is sought: 75 Sq.m

**Project brief:** Ilango has applied for permission to rebuild a house on the site of a previous structure that was constructed over 30 years ago without formal approval. The earlier house had remained unused for over a year, had sustained partial damage, and was recently allocated to the applicant by the Housing Service.

Ilango has now approached ATDC seeking approval to proceed with the demolition of the existing structure and the reconstruction of a new house on the same plot.

### Clarification on Project Feedback Process:

In Auroville, we aspire to a way of life guided by inner values—free from personal desire, preferences, and the sense of ownership. In this spirit, the practice of requiring or prioritizing subjective approval from immediate neighbours for development projects is no longer part of the application process.

When projects are published for community feedback, personal or subjective comments such as “neighbours choosing neighbours” or “neighbours setting development guidelines” will not be considered. All other constructive and relevant feedback is welcome and will be reviewed as part of the evaluation process.

We recognize that some projects may evoke personal opinions or attachments. We respectfully invite all Aurovilians to share their views in a spirit aligned with the ideals of *Human Unity, Progressive Harmony, and The Spirit of Auroville*.

- For more information on specific projects or to schedule a meeting, please contact L'avenir d'Auroville (ATDC) at: [avenir@auroville.org.in](mailto:avenir@auroville.org.in)

Joel

# Community News

## Matrimandir News & Schedules

### AMPHITHEATRE—MATRIMANDIR

#### Meditations at sunset with Savitri

6—6:30pm, every Thursday  
(weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in) one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm.
- Guests are requested to bring along their Aurocards.
- **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

*Velmurugan for Access team*

### MATRIMANDIR ACCESS INFORMATION

#### Changes to the Access Policy

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in).
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in).
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at [auroville.org](http://auroville.org).

#### Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in) before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.

- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in) one or two days in advance.

### Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.  
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.  
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in)

- Any day except Tuesday & Sunday:  
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in)

- Tuesday 8—8:30am.

### The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

### Access to Matrimandir for Visitors and Guests

**Matrimandir Viewing Point:** The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre.  
Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: [auroville.org](http://auroville.org)

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

### Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

- **The Park of Unity**

Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: **9am—3:30pm.**

- **4:30—6pm**, with prior information to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in) the latest by 11am on the day of the visit.

- **The Inner Chamber of Matrimandir**

Aurovilians with close family and friends (max. 3, not guests):

- **Monday to Saturday** (Tuesday morning Closed) **8—8:35am.** Arrival 7:45am at the Office Gate with prior booking to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in)

- **Thursday Meditations at sunset with Savitri**

The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine  
for Matrimandir Executives Team

## *Awakening Spirit*

### SAVITRI BHAVAN SCHEDULE, JUNE—JULY 2025



#### Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

#### Films: Mondays, 4pm

- **30 June: The Aim of Life.** Throughout the history of human thought, there has been a persistent questioning of what the goal of human existence is. As a free exploration of students and seekers, this educational film by **Kireet Joshi** (1931-2014) attempts to answer the following questions: 'What am I meant to do?', 'What role do I have to play in this vast and mysterious universe?', and 'What is the best and the highest goal that I should aim for to realize?'

To see how various great historical personalities from the fields of science, philosophy, literature, and art from East and West sought, lived, and pursued their special 'Aim of Life' is both thought-provoking and mind-broadening. *Duration: 52min.*

From the film we learn that the **Buddha** (563—483 B.C.) recognized desires as the root of suffering and death, taught detachment, knowledge, and silence, and sought after *Utter Transcendence*; **Socrates** (469—399 B.C.) stood firm for *Full Perfection of Knowledge and Life*; **Alexander the Great** (356—323 B.C.) searched for *Relentless Adventure*; **Jesus Christ** (4 B.C.—30 A.D.) brought forth the message of *Agape*, the Love of God, which can be experienced in every heart, and to love each other as God loves us, thus to treat others with the same kindness, respect, and fairness that one desires for oneself; **Prophet Muhammad's** (570—632 A.D.) message was the submission to the *Will of God*; **Shankara** (8<sup>th</sup> century) taught that *Brahman alone is real*; **Leonardo da Vinci** (1452—1519) was in search of *Excellence in scientific investigation and artistic expression and integral development of man*; **Chaitanya's** (1486—1534) aim was to realise the *Ecstasy of Divine Love*; **Rene Descartes** (1596—1651) searched for *Truth through Reason*; **Swami Vivekananda's** (1863—1902) fundamental question was 'Have you seen God?'; **Albert Einstein** (1889—1955) believed in nature's inherent harmony and developed a *New World Vision* based on the relations between energy, matter, light, space, and time; **Jawaharlal Nehru** (1879—1964) wished to discover a *Living Philosophy* and bring it to India; and **Bertrand Russel's** (1872—1970) goal was to attain *Freedom of the Mind*.

The Mother explored the possibility of having an Integral Aim of Life. Her play *The Ascent to Truth* provides insight into various goals of life and their limitations. Many people sought the Truth, but very few proceeded and reached their destination. To succeed in it, the quest must continue despite the alluring temptations along the way. She indicates the

path towards an Integral Life and a New World: it requires that the seekers have faith and absolute trust in the Divine Grace and practice total surrender to the Divine Will.

Kireet Joshi was in constant contact with The Mother and became an expert on Free Progress Education. The goal of his life was to promote Integral Education based on the ideas of Sri Aurobindo and The Mother and use it for teachers' training. His studies and educational research resulted in books and multiple articles.

Besides, he was the editor of the educational publication *The Aim of Life* by SAIER in 1999/ 2005 which gives interesting historical insights and detailed information about the lives, will, and consciousness of great historical personalities from science, philosophy, and literature. The film *The Aim of Life* is based on this publication and is meant to bring it to life.

Kireet Joshi also established the *Sri Aurobindo International Centre of Educational Research (SAIER)* at Auroville and was the Chairman of the Auroville Foundation from 1999—2004.

The film is available at the Savitri Bhavan website:

- <https://savitribhavan.org/>
- **July 7 Meditations on Savitri, Book 8 and Book 9—The Book of Death and The Book of Eternal Night.** Savitri faces Satyavan's death in the forest and follows Satyavan and Death. *Duration: 42min.*
- **July 14 The Great Mystery of Water**—This awarded Russian documentary of 2006 discusses the importance, the memory and structure of water. *Duration: 86min.*
- **July 21 The Teachings of Flowers—The Life and Work of the Mother of the Sri Aurobindo Ashram, Part 1** by Loretta Shartsis: The Mother used flowers for teaching Integral Yoga. *Duration: 54min.*
- **July 28 The Teachings of Flowers—The Life and Work of the Mother of the Sri Aurobindo Ashram, Part 2** by Loretta Shartsis. *Duration: 70min.*

**This month:**

- NO OM Choir and NO Savitri Satsang
- NO Satsang led by Ashesh Joshi

**Full Moon Gathering**

- **Thursday, 10 July, 7:15—8:15pm** in front of Sri Aurobindo's statue

**Dream Divine Series**

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

Presentation by Chitra on "To be a True Aurovilian"

- **Friday, 27 June, 4—5pm** @ Sangam Hall, Savitri Bhavan. Everyone is welcome.



**Building Matrimandir—A Labour of Love. Auroville 1971—2008**

- **Friday, 4 July, 4—5pm** @ Sangam Hall, Savitri Bhavan. Everyone is welcome.



**11 July:** Introduction to Savitri and Savitri Bhavan by Shraddhavan—A video

**18 July:** Auroville towards a Sustainable Future—A Film

**25 July:** Fragmentation and Degeneration—Two Inner Difficulties on the Path—A talk by Manoj

**Regular Activities**

- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4—5pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:30pm** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4 —5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

*Dhanalakshmi for Savitri Bhavan*

*Bharat Nivas Presents*

**A WEEKLY STUDY CIRCLE**

**on The Synthesis of Yoga—Sri Aurobindo**

A weekly study circle on

## The Synthesis of Yoga

- Sri Aurobindo



**By Deepti Tewari**

**4:30 pm - 5:30 pm**

**Every Tuesday**

**Venue :**  
Resource Library,  
Bharat Nivas, Auroville

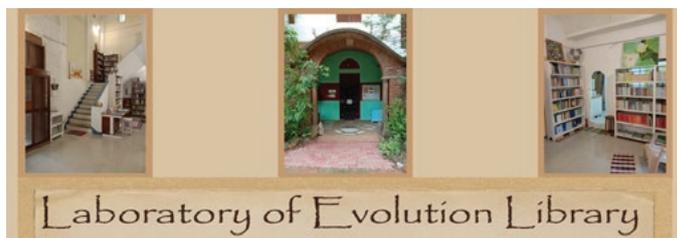


**Scan for Location**



*Submitted by Monisha*

**LABORATORY OF EVOLUTION LIBRARY**



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building.

*Kalyani*

## Education

### Foundation for World Education (FWE) and Stichting de Zaaier (SDZ):

#### CALL FOR GRANT PROPOSALS

With regard to grant proposals for possible funding by the Foundation for World Education (FWE) and Stichting de Zaaier (SDZ) in the second half of 2025, a two part-grant application and budget request form is available on request from [pcg@auroville.org.in](mailto:pcg@auroville.org.in)

- **Please submit** your filled in forms and any other documents related to this purpose as attachments to a covering email addressed to: [pcg@auroville.org.in](mailto:pcg@auroville.org.in)
- **Latest** by Monday, 14 July 2025.

Questions and early submissions are welcome.

*Devi, Pala, Sauro, Tineke, Vani  
for the Project Coordination Group*

#### WORKSHOP ON WRITING

##### Your PCG Funding Application

Saturday, 28 July, 9:30am—12:30pm

@ Pitchandikulam Forest

Only 12 seats available—Free Workshop

Do you have a valuable idea but feel unsure how to present it for the upcoming PCG funding application?

This free, practical workshop is designed to support Aurovilians from all backgrounds—especially those who need help with language, formatting, and proposal confidence.

- **Your idea could relate to:** Education, research, publication, business improvement, art and culture, scientific study, heritage, integral education research, climate change, biodiversity, tree planting, teacher trainings, waste management, nature camps, innovative methods of teaching, creating resource materials, alternative technology, watershed management, and more.
- **We especially welcome those who:**
  - Need bilingual support (Tamil/ Hindi/ your language to English)
  - Tamil Aurovilians needing bilingual support
  - Want help aligning their ideas to PCG formats
  - Are engaged in action research and need documentation guidance
  - Need a confidence boost to begin writing
  - Want to respond meaningfully to the PCG grant call
- **You'll receive practical support with:**

Translating ideas into strong proposals

- Structuring content in line with PCG requirements
- Documenting and presenting your work clearly
- Understanding the proposal process and expectations

This is a hands-on session. You'll walk away with clarity—and possibly a nearly complete proposal!

- Seats are limited to 12. Please register early.
  - Call Dr. Lourde Epinal, PhD at 9943911698
  - Register your name at: [lourdes@auroville.org.in](mailto:lourdes@auroville.org.in)

Let's make your ideas part of Auroville's future. *Lourde*

#### VISUAL MATHEMATICS CLASSES

We are happy to bring back 'Visual Mathematics classes' to **children under 7 years**. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

*Snehal, +91 9529673687 WA*

## LEARNING SPACE

opens doors for kids

of guests, volunteers and newcomers from 1 July

Aarambham Learning Space is open from July 1 for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.



A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at [aarambham@auroville.org.in](mailto:aarambham@auroville.org.in).

*Alexey for Aarambham Learning Space team*

## SUPPORTIVE LEARNING SATELLITE

### SLS Team

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAIER. Our service began in 2015 under the umbrella of the Teachers' Center, SAIER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

- Academic or behavioral aspects
- Referrals for children requiring further medical support or assessment
- Advise and help to implement family support
- Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity
- Please contact us: 9655519546, [sls@auroville.org.in](mailto:sls@auroville.org.in)

*Ana and Laura for SLS Team*

## TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1<sup>st</sup> to 12<sup>th</sup> grade level in all subjects.
- **Crash course** available for 10<sup>th</sup> and 12<sup>th</sup> grade level.
- **For further information** contact [ashree@auroville.org.in](mailto:ashree@auroville.org.in)/ 8270512606 WA only. *Ashwini*

செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP ( ONLY 10 TO 20 STUDENTS PER GROUP )
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY AND THURSDAY	10 AM TO 11:30 AM	FREE	ABOVE 16 years
கையல் செயல்பாடு TAILORING ACTIVITY	MONDAY TO SATURDAY	2 PM TO 4 PM	FREE	ABOVE 13 years
மாலை நேர கல்விக் வகுப்புகள் EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8 PM	FREE	From 1 <sup>st</sup> Grade to 9 <sup>th</sup> Grade
கராத்தே KARATE	MONDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஹிப்-ஹாப் நடனம் HIP-HOP DANCE	TUESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
சிலம்பம் SILAMBAM	WEDNESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
புரத நாட்டியம் BHARATHA NAATTIYAM	THURSDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
குழந்தைகள் விளையாட்டு பூங்கா CHILDREN PARK	EVERYDAY	10 AM TO 7 PM	FREE	ABOVE 5 years
ஒவியம் மற்றும் கைவினை ART AND CRAFT	MONDAY TO SATURDAY	2 PM TO 3:00 PM	FREE	ABOVE 5 years

Email: [kulaicreativecentre@auroville.org.in](mailto:kulaicreativecentre@auroville.org.in) OR [kulaicreativecentre.auroville@gmail.com](mailto:kulaicreativecentre.auroville@gmail.com)  
 WhatsApp: + 91-86084 73385 / 9843195290 WEBSITE: [www.kulaicreativecentre.org](http://www.kulaicreativecentre.org)

Submitted by Selva for KCC

**SATORI:**

**Educational Services**

- Physics and Chemistry CBSE grades 11—12;
  - Edexcel IGCSE and International Advanced Levels (grades 9—12).
  - Mathematics 7—8 grades as preparation to high school science.
  - Exam preparation through knowledge and understanding.
- Sergei, 9442934078, [satori.auroville@gmail.com](mailto:satori.auroville@gmail.com)

*Ecology*

**SEA CHANGE**

@ Marc's Cafe Store

Saturday, 28 June, 10:30am, Free Admission



Our oceans cover 71% of the planet and produce over half the oxygen we breathe, yet they face an invisible crisis that most of us unknowingly contribute to every day. Microplastics—tiny particles smaller than 5mm—are everywhere in our marine environment, and they're finding their way back to our dinner plates through the seafood we eat.

WasteLess invites you to learn about this critical issue, just like our 13,800 Sea Change students have. During this engaging one-hour session, you will discover how plastic waste from our daily lives travels through waterways to the ocean, where it breaks down into microscopic particles that marine animals mistake for food. Through live demonstrations and visual learning boards, you will witness the journey of plastic pollution and understand how it bioaccumulates through the food chain.

Together, we will explore practical solutions for reducing plastic waste in your daily routine, learn about alternatives to single-use plastics, and discover how simple switches can break the microplastics cycle. The event will demonstrate how supporting ocean education creates lasting impact—just 1,500 Rupees provides one student with comprehensive environmental education that they carry into their homes and communities.

Join our mission to educate 500 more students about ocean protection and become part of a growing movement of ocean champions.

[info@wastelessindia.org](mailto:info@wastelessindia.org), [www.wastelessindia.org](http://www.wastelessindia.org)

Luise for WasteLess

*Youth Initiative*

**CRASH COURSE:**

**Crack Your Interview Successfully**

Starts 6 July @ Youth Camp

12 power-packed sessions to help you succeed your interview.

- Duration: 12 Classes
- Venue: Youth Camp (ILLAM)
- Limited Seats: Book Now!
  - Contact Ashwini 8270512606 WA

Ashwini

*Health Care*

**SANTÉ SERVICES SCHEDULE**



**Working Hours**

- Monday—Saturday, 9—12:30pm & 2—4:30pm

**Tests and Sample collection**

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

**For emergencies**

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

**Appointment**

- Please call Santé on 0413 2622803 during working hours for an appointment

**Santé Services Schedule**

<b>Doctor Consultation</b> with Dr. Pavan & Dr. Sana: Monday to Saturday	<b>Nurse Care</b> Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
<b>Ayurveda</b> with Dr. Be: Tuesday/ Wednesday/ Friday	<b>Integrative Psychotherapy</b> with Juan Andres: Monday to Friday (TOS from 13 June onwards)
<b>Physiotherapy &amp; Massage</b> with Galina: Monday—Friday (Available from 16 June onwards)	<b>Homeopathy</b> with Michael: Monday/ Wednesday/ Saturday
<b>Midwifery &amp; GYN Care</b> with Paula: TOS	<b>Soundbed Session</b> with Sandhya/ Thilagam: Monday to Saturday
<b>Bio-Well Assessment</b> (Evaluation of your well-being) with Helena—inquiry email: <a href="mailto:adminsante@auroville.org.in">adminsante@auroville.org.in</a>	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,  
[sante@auroville.org.in](mailto:sante@auroville.org.in),  
<http://sante.auroville.org.in>

**ADDICTION RECOVERY SESSIONS**

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1<sup>st</sup> floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery.

Raam & Palani

## MORNING STAR BIRTH AND WOMEN'S WELLNESS CENTER

### Is Being Built Behind Santé

I am happy to tell you that the Morning Star Birth and Women's Wellness Center is being built behind Santé. The architect is Mona and the contractor is Mohan at Aurovalli.

We carefully identified trees on the site and have preserved or relocated as many as possible.

While awaiting the completion of our birth center, we have an office at Arka.

You may contact us at [morningstar@auroville.org.in](mailto:morningstar@auroville.org.in)

Paula for Morning Star



## AURODENT: HEALTHY TEETH, HAPPY LIFE

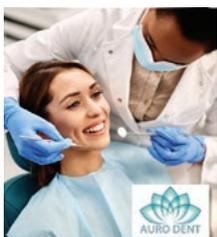
A healthy mouth is the key to a healthy body. Regular dental check-ups help prevent pain, protect your smile, and save you from costly treatments later. Don't wait for the pain—prevent it!

### For Appointment

- 9629199328 WA, 0413 2622063 landline
- [aurodent@auroville.org.in](mailto:aurodent@auroville.org.in)

### Working Hours:

- Monday to Friday, 9am—5:30pm
- Saturday, 9am—to 1pm
- @ Auromode



Jayasutha for Aurodent

## WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:

- Hearfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem



## SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovillian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
  - Kindly get in touch with me if you need my service.
- +91 7904769496 WA, [auroshruthi@auroville.org.in](mailto:auroshruthi@auroville.org.in)

Sruthi Sundaram

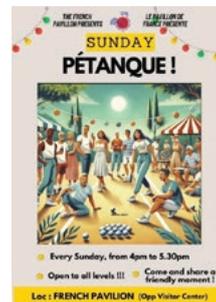
## International

French Pavilion presents

### SUNDAY PÉTANQUE: Call for a Co-Leader Every week, 4—6:30pm

Since the beginning of the year, our sessions have been a great success. With the playing ground now expanded, we are looking for a volunteer to co-lead the Sunday Pétanque games, every week from 4 to 6:30pm. Goodwill and accountability are all that's needed for this role—no special expertise required.

- If you're interested or would like to know more, feel free to reach out at [france.auroville@gmail.com](mailto:france.auroville@gmail.com)



Vivekan

Unity Pavilion Presents

### SENCHA-STYLE TEA CEREMONY



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

\* Sessions are available as a one-on-one experience or for groups (4+ people)  
\* Children (5+ years) are welcome. Special Kids birthday sessions available.

Rs. 400 per person  
Rs. 300 per person for Groups of 4 or more

PRE-BOOKING OR BY APPOINTMENT  
Call/Whatsapp +91-9385428400 for bookings



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment: +91 9385428400 WA

## THE MOTHER'S SYMBOL, Matrimandir & 12 Qualities



## ART CLASS with Artist Janakiraman



Priya for Unity Pavilion

*Animal Care*

**ENDING ANIMAL CRUELTY  
in Auroville**

The recent, deeply distressing case of Emma, a dog belonging to a late Aurovilian who was allegedly starved almost to death under the care of Selveraj from the Surya Nivas community, has spurred a dedicated group of animal lovers to action. This incident, sadly not isolated, highlights an urgent need for the Auroville Community to address animal welfare more effectively and find a way to end animal cruelty.

The newly formed group is meeting weekly, and is diligently working on several fronts:

- Collecting evidence of numerous other instances of animal abuse throughout the bioregion.
- Reviewing and consolidating all legal frameworks that protect animals and hold abusers accountable.
- Reflecting deeply on the community's responsibility when violations of animal rights occur regularly—often weekly or even daily.
- Developing both immediate and long-term strategies to bring about meaningful and lasting change.

Rebuilding our relationship with animals is undoubtedly one of the many world challenges the Mother envisioned Auroville would address. The time has come for our community to embody this vision through concrete action and ensure the well-being and respectful treatment of all creatures within our bioregion.

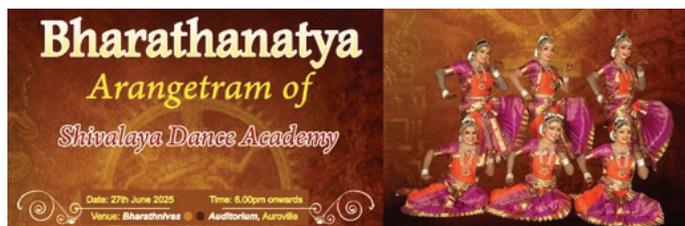
- If you want to join this initiative please contact [aurovilledogshelter@auroville.org.in](mailto:aurovilledogshelter@auroville.org.in)

Submitted by Mukhande

*Theatre, Music & Arts*

**BHARAT NIVAS PRESENTS  
Bharathanatya**

27 June, 6pm & Sri Aurobindo Auditorium



Submitted by Pavithra

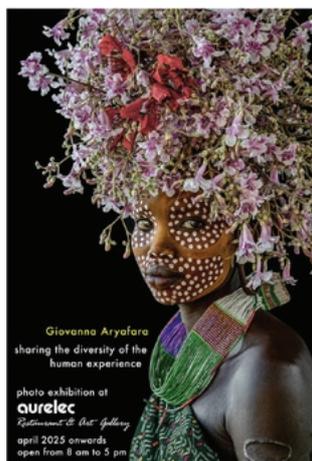
**AURELEC: GIOVANNA ARYAFARA  
Sharing the Diversity  
of the Human Experience**

Photo exhibition  
@ Aurelec Restaurant & Art  
Gallery,  
open 8am—5pm, ongoing

Giovanna Aryafara, a photographer, travels the world in search of subjects that awaken our emotions, invoke a sense of shared spirituality, and reveal our world through a minimalist, design-inspired lens.

Her works offer access to the beauty of our Earth, inspired by her love of sharing the diversity of human experience.

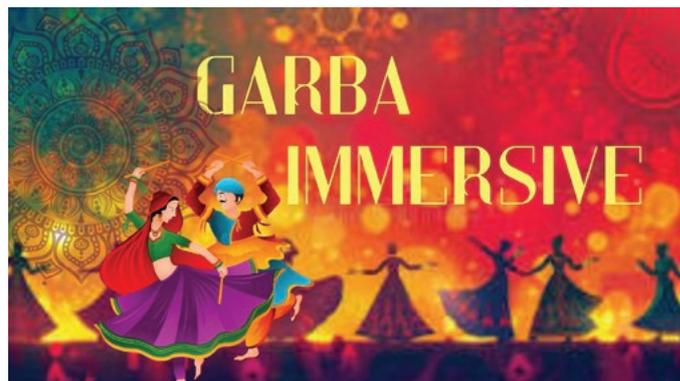
Jana for Aurelec



*Dance Activities*

**GARBA: THE VIBRANT FOLK DANCE OF GUJARAT**

1 July—30 September, Tuesdays, 4:45—6pm  
@ CRIPA, Auroville



Step into an immersive experience of Garba—the vibrant folk dance of Gujarat. Rooted in the celebration of Shakti, this is a living tradition of rhythm, reverence and the collective—deeply experienced during the festival of Navratri! Connect with not just the dance but a whole culture that surrounds it.

- **Contribution:** Pay as per your comfort. Please consider the 3 facilitators, venue, props and items needed. Note that this is not a regular class but an immersion in a culture.

- More details on the following link: <https://lightwithin.my.canva.site/garba>

+91 8870730567 WA, Megha

**DANCE CLASSES BY MANI**

Choose your Dance: Bachata, Kizomba, Salsa, Tango  
Register now: +9186376 33696

**Salsa Dance**

- @ New Creation dance studio
  - Tuesday: Salsa class, 6:30pm
  - Saturday: Workshop, 7pm
- @Bakisata\_dance



**Tango Dance @ CRIPA**

- Monday
- Beginner, 6:30–7:30pm
  - Intermediate, 7:30–8:30pm
- Friday
- Workshop, 6:30–7:30pm
  - Open practice, 7:30–8:30pm
- Contact: +91 8637633696



Mani

**AUROVILLE TANGO**

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**  
7–Introduction to Tango  
8–Improvers
- **Wednesday**  
7:30–Guided Practica  
8–Long Practice

No partner required.  
Bring socks or dance shoes.  
And plenty of joy!

- +91 9821166082, [tango@auroville.org.in](mailto:tango@auroville.org.in) Maud



*Theatre, Music & Art Activities*

**SVARAM ACTIVITIES**

**Svaram Experience—Sound Garden**



- Daily, [see location and timings here](#) or scan the QR Code

**Svaram Musical and Sound Healing Instruments Showroom**

- Monday to Saturday, 8:30am—5pm
- [See location here](#) or scan the QR Code



**Svaram Sound Experience**



- By Appointment Only
- Available sessions: Solo, Duo, or Group
- Please [click here for details and contact info](#)
- or scan the QR Code

**Our Social Media links**

- YouTube: <https://www.youtube.com/@SvaramStreams/about>
- Facebook: <https://www.facebook.com/svaram.org>
- Instagram: <https://www.instagram.com/svaramsoundexperience/>
- Website: <https://svaram.org>

Aurelio for the SVARAM Team



**Weekly Art Workshops & Sessions**

- **Watercolour Painting Workshop** by Sathya
  - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
  - Every Tuesday, 5—7 pm.
- **Live Portrait** by Sathya:
  - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,
  - Contact Abi: +91 90420 58981.

For info contact Sathya:

- +91 9486145072, [sathyacolour@auroville.org.in](mailto:sathyacolour@auroville.org.in)  
Sathya for CREEVA Art Studio, Creativity

**THE WOMEN'S CHOIR 'AUROVILLE HARMONIES'**

**Is Recruiting**

You are a woman; You love to sing; Or you want to sing  
Join Auroville Harmonies and discover the songs of the world.  
Beginners are welcome. Rehearsals resume in mid-July.

- If you are interested, contact Antoine:  
[antoine@auroville.org.in](mailto:antoine@auroville.org.in), +33 620284999 WA  
Antoine

*Sports & Martial Arts*

**KSHETRA KALARI @ ASPIRATION SPORT GROUND**

- **Kalari Classes for Beginners**
  - Morning classes: 6:30—7:30am  
Monday, Wednesday, Friday
  - Evening classes: 5—6pm,  
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
  - Morning classes 6:30—7:30am  
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
  - By appointment, 9042009200



Maneesh

*Bharat Nivas presents*

**KALARIPAYATTU REGULAR CLASS**



**Bharat Kalari**  
Offers  
**Kalaripayattu**  
Regular Class

Monday - Friday  
Morning: 06:00 am - 07:00 am  
Evening: 05:00pm - 06:00 pm

Venue:  
Bharat Kalari  
Opp. Sri Aurobindo Auditorium,  
Bharat Nivas, Auroville

- Monday to Friday
  - Morning: 6—7am, Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium  
Monisha for BN Team

## THE ART OF CHI

### Stevanovitch Method

New classes with Hans from Tuesday, 8 July onwards  
Tai Chi Quan & Chi

- @ Dehashakti outside
- Tuesday and Thursdays  
6:30—7:45am

### Body awareness & Relaxation

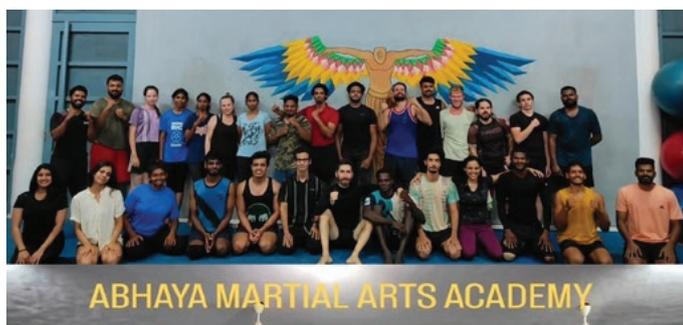
- @ Budokan Dojo, Dehashakti
- Wednesdays, 5—6:15pm

For more info: 8110848123 WA.



Hans

## ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



### Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

### Please note:

- Contribution required
- Be punctual
- Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

### Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30—4:30pm**  
for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

After many requests, we're thrilled to restart Brazilian Jiu-Jitsu and foundational MMA classes for children at Dehashakti Gym! Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline, self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:**  
+91 84480 77070

Giacomo for Abhaya

## AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

### Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. Welcome!

### Children/ young students

- **Monday, Wednesday and Friday, 4—5pm**.

### Contact for more info and registration

- [budokan@auroville.org.in](mailto:budokan@auroville.org.in)
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

Cristo, Rita, Surya & Philippe  
for Auroville Aikido

## SWIMMING CLASS

### Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport\_mani

Book now:  
+91 8637633696

Package swimming class



Mani

## GIRLS' FUTSAL Football Club

Tuesday and Friday, 5:10pm  
@ Dehashakti

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Age group 15+ only.
- Contact Beber 6385635943 for details

Beber



## KALPANA GYM

Open 7—9am & 5—8pm Monday to Saturday

Satyakam



## Multiple Activities

### Announcement to All Aurovilians

#### COLLABORATE WITH BHARAT NIVAS!

Dear Auroville Community, Bharat Nivas—the Pavilion of India and the heart of our Indian cultural gateway—is inviting collaborations across a wide range of activities: Yoga classes, Meditation, Pranayama and Philosophy courses, cultural exchanges, art workshops, music sessions, and more!



Our vision is to make Bharat Nivas a vibrant, community-driven hub for physical and social development where all residents and guests can learn, practice and grow together.

Whether you are a seasoned practitioner, a teacher in training, an artist or simply passionate about sharing your skills and knowledge, we want to hear from you.

What We're Looking For:

#### Regular Classes & Workshops (daily or weekly)

- Various Yoga style practices. Pranayama sessions
- Meditation methods (mindfulness, mantra, moving meditation)
- Martial arts offerings (Tai Chi, Silambam, Gatka)
- Talks on Indian schools of philosophy (Vedanta, Sankhya, Sri Aurobindo's Integral Yoga)
- Classical music or dance (Kathakali, Odissi, Carnatic vocals, Tabla, Sitar)
- Ayurveda & wellness sessions (abhyanga, dietary consultations)
- Handicraft & cultural arts (Madhubani painting, block printing, Kathakali mask-making)

#### One-off Events & Masterclasses

- Short intensives (1–7 days) like a dance & movement workshop
- Long intensives (>7 days) such as a residential Ayurveda immersion or multi-week dance module
- Multi-disciplinary performances (dance-music-yoga fusions)
- Cultural exchanges (guest artists)
- Digital content creation (recorded lectures, podcasts, virtual masterclasses)

#### Why Collaborate?

- **Share Your Gift:** Enrich Bharat Nivas's offerings and deepen community bonds.
- **Learn & Grow:** Access support from our coordination team, dedicated teaching spaces (Harmony, outdoor spaces, rooftop, Progress & SWACHU halls), and technical resources.
- **Co-create Auroville's Future:** Help build a living laboratory of human unity and integral education.

#### Interested? Here's How to Connect

- **Email us at [bharatnivas@auroville.org.in](mailto:bharatnivas@auroville.org.in) with:**
  - Your name & Auroville affiliation (Aurovillain, New Comer, SAVI Volunteer ). Proposed activity (title, brief description, frequency/dates)
  - Any resources or support you'll need (space, equipment, co-facilitator)
- **We'll follow up** to discuss logistics, scheduling, and how we can support your initiative.
- **Deadline for Initial Proposals July 15, 2025.** Feel free to reach out any time—this is an ongoing, rolling invitation!

Let's come together to co-create a rich tapestry of practice, learning and cultural exchange at Bharat Nivas. We look forward to your ideas, enthusiasm and collaboration!

**Bala, Bharat Nivas**  
Events & Programs Coordination Team

## Bioregion & Nature Activities

### SADHANA FOREST

#### Plant Based Saturday

- **Every Saturday, see the schedule**

Join us every Saturday for a day of connection, learning, and delicious plant-based food!

Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

#### Schedule:

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge

#### Vegan Potluck

- **First Saturday of the month: 5 July, 6pm**

Join us on Saturday from 6pm for our monthly vegan potluck! It's a fun evening full of tasty plant-based dishes, community spirit, and new friends! Bring a vegan dish to share, or just bring yourself and enjoy what's on the table (yes, there's dessert!).

The potluck is a substance free space. Come hungry, leave happy. Everyone's invited!

Aviram

### EGAI GIVING

#### Arts and Crafts



**Toys Workshop:** Craft simple toys made of wood and bamboo.

**Finger Painting Workshop:** Tap into your inner child and learn how to paint with your fingers.

**Coconut Shell Workshop:** Make and take earrings, keychains, bowls, and pendants.

**Incense Workshop:** Come and make your own agarbatties.

#### Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488,  
[egai@auroville.org.in](mailto:egai@auroville.org.in)

Anand

#### WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.



**Wellpaper:**

+91 9385744722, 0413 2969722

Submitted by Viji

## SOLITUDE FARM ACTIVITIES

### Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from.

- Free guided farm tour only on Saturdays, 11:30am.

For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: [solitudepermaculture@gmail.com](mailto:solitudepermaculture@gmail.com)



### Education at Solitude Farm

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

#### • 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

#### • Mini Permaculture Workshop

- Please email us: [solitudepermaculture@gmail.com](mailto:solitudepermaculture@gmail.com) for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- *Introduction to permaculture through local food:* Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- *Handmade Soap-Making:* By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

### Farm Fresh Basket Service

A long term commitment to your health!

A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at [solitudepermaculture@gmail.com](mailto:solitudepermaculture@gmail.com) to book your basket.

*Krishna*  
for the Solitude farm & café  
[Krishna's newsletter!](#)



## MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

[mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in)

Call/WA: 8300949079

Office: 10am—4pm,  
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.



### Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



- The Make & Take workshops can be booked for any day Monday—Saturday, 10am—12:30pm or 2—5pm.

### Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

### Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

**Tours inside Auroville with Mohanam**

Tour Activity, Time	Description
<b>Auroville Northwest Tour</b> Monday to Saturday, 10:30am—10pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
<b>Mohanam Campus Tour</b> Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

**Gingee One-Day Experiential Tour**

One-Day Symposium on Gingee and Pondicherry: Its History, People, and Connections

- 12 July, 8am—5pm

Discover the deep-rooted cultural and historical ties between Gingee and Pondicherry in this immersive one-day symposium Led by Prof. A. Chellaperumal, Tagore National Research Fellow, the day offers a unique blend of heritage exploration, sacred sites, village traditions, and artisan interactions. With the theme “Sustainably Rooted in History & Spirit,” the journey unfolds from millet breakfasts to fort hikes, temple visits to village lunches, ending in quiet sunset reflection.

Come experience the people, stories, and spirit that connect these timeless landscapes.

**Thiruvannamalai Eco & Spiritual Services**

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

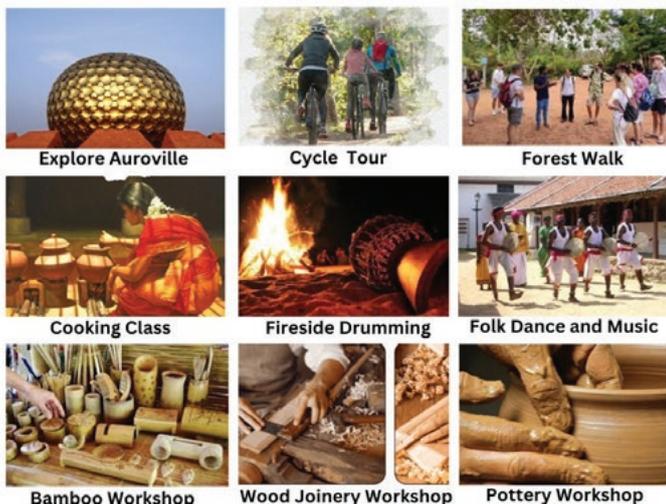
The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in), 8300949079

Balu for Mohanam Program

**ENLIGHT**



ENLIGHT

+91 76398 10621/82700 71581/0413-2963034  
[enlight@auroville.org.in](mailto:enlight@auroville.org.in)

Arun, Anand and Balaji for Enlight Team

**AUROVILLE BAMBOO CENTRE EVENTS**

**Bamboo Centre Campus Tour**

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

**Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch**



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

**Special Bamboo Lunch for Groups in week days**

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

**Trainings and workshops**

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

**Daily, Make and Take Hands-on Workshops Experiences**

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

**3 Hours Make and Take Workshops:**



- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
  - 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

**Upcoming Workshops, July 2025**

**Hyperbolic Paraboloid Dome Workshop**

- 4—5 July, 9am—5pm

This workshop focuses on Bamboo Hyperbolic Paraboloid Dome building construction from bamboo and various natural materials.



The Bamboo Hyperbolic Paraboloid Dome workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.

**Musical Installation**

- 24, 25 & 26 July, 9am—5pm

This workshop explores the intersection of sound, scale, and sustainability by building a large-scale xylophone using bamboo.



The Bamboo Music Installation workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.

**For more information, special requirement, and pre-booking contact:**

- Preferred: [bambooworkshop@auroville.org.in](mailto:bambooworkshop@auroville.org.in) or [bamboocentre@auroville.org](mailto:bamboocentre@auroville.org)
- or +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- [www.aurovillebamboocentre.org](http://www.aurovillebamboocentre.org)

*Balu for Bamboo Centre Team*

*Office Spaces*

**Aurelec Spaces Available**

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail [adps@auroville.org.in](mailto:adps@auroville.org.in) *Siva for ADPS Trust*

**Office Space Available: Auromode**

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian at Auromode in person, +91 9943390391 or [pandian@auroville.org.in](mailto:pandian@auroville.org.in)

*Pandian*

*Looking For*

**Family of 4 Looking for a Long-Term House Sitting**

We are a family of 4 with 2 kids, age 2 and 5, newly newcomers, and we are looking for a long-term house sitting in Auroville. We are clean and minimalist people, the kids mostly like to play outside, so an outdoor space would be wonderful. Please feel free to contact me on +916385549802 WA.

*Meghan and family*

*Available*

**2010 Honda Unicorn motorcycle**

Towards contribution. New engine, carburetor, tires. Contact Jorge at +91 9786296441

*Jorge*

**Bicycle**

Towards contribution. Good bicycle, not too used. Accepting offers.

*Anandi, Realization,*  
[anandi7@auroville.org.in](mailto:anandi7@auroville.org.in)



*Honorary Voluntary*

**GAU SEVA AT SADHANA FOREST!**



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

[sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in),

8525038274WA or call 8122274924

*Aviram for Sadhana Forest team*

### VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



**Tuesday mornings  
is a dedicated time that all  
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA

### Work Offering

#### AIAT'S INTERNSHIP COLLABORATION OPPORTUNITY Software Development & IT

Students from the "Software Development & Machine Learning" program at Auroville Institute of Applied Technology (AIAT) are seeking opportunities to contribute to real-time projects as part of their mandatory annual internship requirement.



We are currently looking for projects or roles in the areas of Software Development and other IT-related domains either long term projects or short projects. If your Unit or Activity has relevant work, which fits our students profile and would be open to involving our students, we are very much interested in collaborating.

Our experienced staff, with decades of industry expertise, are actively involved in guiding the students and overseeing the quality of project outcome.

Interested Units/ Activities may contact:

- [amarnath.t@auroville.org.in](mailto:amarnath.t@auroville.org.in), +91 9994216702 WA

We look forward to building meaningful collaborations that support both student learning and community development.

Amarnath

### Work Opportunities

#### CONTENT CREATION, RETREAT LOGISTICS, Proofreading, Website Updates

Hello, I am looking for people who can support the different areas of my work — content creation, retreat logistics, proofreading, website updates etc.

- Some roles are ideal for interns or volunteers,
- and others could be paid.

If you feel you can contribute to the field of Vedic Astrology, or know someone who might be a good fit, please take a look at this page:

- <https://www.allthingsvedic.in/work-with-us>

You'll find all the details there, along with a short form to be filled.

Vikram Devatha 9843948288,  
Submitted by Megha

#### AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY seeking for qualified candidates

Auroville Institute of Applied Technology (<https://aiat.edu.in/>) is currently seeking qualified candidates for the position of Assistant Professor in the field of Electrical and Electronics background. Applicants must hold a Master's degree in a relevant discipline.

- Interested candidates are invited to send their CV to [info@aiat.edu.in](mailto:info@aiat.edu.in). Amarnath

### COLOURS OF NATURE:

#### Looking for a Gardener

We are looking for a gardener to take care of our garden. Basic experience in gardening is preferred. Interested person may contact us at 0413 2622587 landline.

Manikandan for the Colours of Nature,  
Auroshilpam

### AIKIYAM SCHOOL:

#### Join Our Team of Educators!

Are you passionate about shaping young minds and fostering a love for learning? We are looking for dedicated and qualified educators to join our esteemed institution!

- Social Science Teacher (Middle/High School)
- Pre-Primary Teacher

**Requirements:** Bachelor's or Master's Degree in the respective subject with B. Ed (for Social Science Teacher), Diploma or Certification in Early Childhood Education (for Pre-Primary Teacher), Prior teaching experience preferred, Strong communication in Tamil, English and classroom management skills.

**What We Offer:** Competitive salary package, Supportive and dynamic work environment, Professional development opportunities, Engaging curriculum and innovative teaching methodologies

**How to Apply:** Send your resume and a cover letter to [aikiyamschool@auroville.org.in](mailto:aikiyamschool@auroville.org.in) or contact 9786211534, 0413 2622358 for more details.

Join us in nurturing the leaders of tomorrow.

Radhakrishnan, Principal NCBS

### Foods, Goods & Services

#### ANNOUNCEMENT OF AUROVILLE WATER SERVICE (AWS) regarding the water supply and waste water tariffs

Dear Aurovilians/units/services,

AWS needs to increase the basic water-tariff with Rs. 4 per m3 and the basic waste-water tariff with Rs. 3 per m3. This is an increase of 15%.

AWS calculates the total direct cost made for the water supply and divides this by the amount of m3 water delivered (metered). The cost is mainly electricity for borewell-pumps, boosters and grey-water delivery-pumps and has increased, last year, by 20% per unit. Furthermore, AWS has operators in the different areas who also take care of the maintenance. This will increase by 8% this year. A small part of the office overhead is allocated to the water-supply (billing etc.).

As AWS has different tariffs for water-supply and waste-water in different parts in Auroville, we will apply the 15% with a minimum of Rs. 3/- per m3. For schools the tariff will be 50% of the standard tariff (Rs. 15/- m3).

The tariff changes will be effective per 1 July, 2025.

Toby for Auroville Water Service

#### AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra  
for Auromode Restaurant





- Cafeteria is closed on Tuesday evenings instead of Monday evenings! Please join us on Monday nights for our full range of dishes, including Korean, Dosas, etc.
- Also, the Cafeteria is now on Dropzy! Please check our Takeaway menu!

**Summer is coming.** Let's celebrate with special offers at cafeteria visitors centre.

- Every day, 7:30—9am 50% Discount for Aurovilians on our organic breakfast items!
- Every Thursday 50% Discount for Aurovilians on Korean dishes
- Every Friday 50% Discount on non-veg dishes

**Reminder!** Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer Aurocard holders on all our menus.

*Kyonghyon Lee for Right Path Cafe*

### NATURELLEMENT GARDEN CAFE

#### Summer Discount every Thursday

For those staying on in Auroville in the heat and sweating it out with us! Through May and June we offer a 50% discount on our menu in Naturellement Garden Cafe every Thursday.



So please come and chill out in our AC lounge!

And remember, although we take the last orders at 7pm, you are welcome to stay on at your leisure, as long as you want.

*Martina for the Naturellement team*

### NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

*Parthasarathy Krishnan*





**VEGAN CAFE**  
**TASTE OF YOGA**

Raw | Gluten-free | No added sugar  
Vérité Integral Learning Center



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats, light lunch & drinks have been designed with utmost care, integrating sattvic principles to promote overall well-being.

**Monday to Saturday**  
**08:30 - 16:30**

*Kathir for Vérité programming*

### THE SPROUT TIMINGS: DAILY, 7AM—4PM



*Monica for The Sprout team, [www.thesprout.in](http://www.thesprout.in)*

### DOWNLOAD OR ACCESS DROPZY APP

**Android:** <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

**iPhone Browser Version:** <https://app.dropzy.in/public/dropzy>

**Desktop:** <https://app.dropzy.in/public/dropzy/desktop-version>



*Sathish*

### BHARAT NIVAS PATHWAY

#### Medicinal Herbal Nursery Counter

**Medicinal Herbal Nursery Counter**  
**Green and Clean Land**



**Venue: Bharat Nivas Cafe,**  
**Bharat Nivas, Auroville**

**Green and Clean Land:** Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity.

Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

#### Souvenir Outlet



*Monisha*

### TAMIL NADU BASMATI RICE @ Siddhartha Farm

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.



This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.

- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
  - Whole grain rice, 25 kg
  - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at: [siddhartha.farm@auroville.org.in](mailto:siddhartha.farm@auroville.org.in), +91 8838012456

Available for immediate supply.

*Suha from Siddhartha Farm*

**FOODLINK MARKET IS OPEN EVERY DAY**



**Monday—Saturday, 9:30am—12:30pm**

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

• **For more info**, call/ WA +91 83002 68804 or pass by. *Isabella for FoodLink*

**ANNAPURNA FARM BASKETS**

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



*Madhuri for Annapurna Farm*

**HEMPLANET: EXPLORE THE BENEFITS OF HEMP!**

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. *Davide*

**LIVING ROOM CAFÉ**

**Open every day, 8am—9pm**

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.



We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

*Debo for The Living Room Cafe Team*

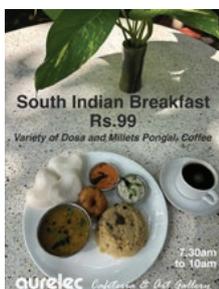
**SOUTH INDIAN BREAKFAST**

**@ Aurelec Cafeteria**

**7:30—10am**

Variety of Dosa and Millets Pongal, Coffee  
Rs.99

*Submitted by Shiva*



**ANY TIME DOSA AND PONGAL**

**@ the Pathway Café**

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

*Arabinda for Bharat Nivas team*



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

**Open House: 4 & 5 July, 9am @ ITS**



**ITS Survey**

We are surveying to understand your mobility needs and improve the shared transport system, starting with electric ITS Autos. Your input is vital in helping us create an efficient, affordable, and sustainable community-based transport service.

The survey has two parts:

- **ITS Auto Service—In and Around Auroville:** This section focuses on your current transport needs within Auroville and its immediate surroundings.
- **Shared Electric Mobility in Auroville and Pondicherry:** This section addresses your future mobility requirements for travel to Pondicherry and areas around Auroville.

Please take a few minutes to [fill out the Google Form](#).

Thank you for your participation.

*Rajesh for ITS*

**SUNRISE TAXI SERVICE**  
A Unit of Auroville Foundation

**Book A Taxi 24/7**

+91 9843880591

Office: (0413) 2220591, 2220592  
Office cell: 8610915429  
sunrisetaxi@auroville.org.in  
www.aurovillesunrisetaxi.in

*Sathish for Sunrise Taxi*



**Open 24 X 7:** Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: [uts@auroville.org.in](mailto:uts@auroville.org.in)

*Lakshmi for UTS*

### SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

**Location:** ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

**Contact:** 8098776644/ 9442566256, [its@auroville.org.in](mailto:its@auroville.org.in)

**Rajesh.D**  
for Shared Transport Service

### KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



**Our Services Include:**

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

**Repair & Service:**

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

**Contact Us:**

- +91 8300460679/ 680, [info@kinisi.in](mailto:info@kinisi.in)
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

**Debo**

### QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email [govindaraj@auroville.org.in](mailto:govindaraj@auroville.org.in) for any of your requirements. Upgrade to electric transport and solar power.

**Govindaraj & B for Qutee Electric Scooter Service**

### BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulapalayam.



**8940648542, Michel**

### AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store ([auroville.com](http://auroville.com)) in Aurosarjan Complex

Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

- WhatsApp: <https://chat.whatsapp.com/BY0sYI38DwFFdAffBsCRJ>

**AL Majumdar**  
+91 9843941207 WA

### RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



**Services offered**

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581

- **Primary Email:** [rapidcare@auroville.org.in](mailto:rapidcare@auroville.org.in)
- **Secondary Email:** [rcsrapidcareservice@gmail.com](mailto:rcsrapidcareservice@gmail.com)
- **Instagram handle:** @rapidcare1 **Balaji & Arun**

### FREE STORE SUMMER TIMINGS



As we move into the summer months, please note the updated operating hours for the Freestore for June:

**Monday to Saturday, 9am—12:30pm**

**Closed in the afternoon**

**Kamala for the Free Store team**

## CONSCIOUS CLOTHING CIRCLE @ UPASANA

28 June, 10am—4pm

A day to slow down, connect, and co-create.

Upasana's Conscious Clothing Circle is a monthly gathering—a living laboratory of design, dialogue, and discovery. Held on the last Saturdays of the month at the Upasana campus in Auroville, this space invites dreamers, designers, artisans, and changemakers to come together around a shared intention: to reimagine clothing as a conscious, collective, and creative culture.



- Please register at [office@upasana.in](mailto:office@upasana.in).

Uma



inside india  
DREAMS & MEMORIES

Inside India is closed on all Saturdays in June. For urgent matters or emergencies, you may contact our ticketing agent Ganesh at +91 9894598686.

### Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across **India and Sri Lanka**. Write to us at [tours@insideindiaauroville.com](mailto:tours@insideindiaauroville.com) to start planning.

- **We are open** Monday to Friday, 10am—5pm, @ our Kalpana Office in Auroville.

We also offer **Auroville Tours, Bicycle Tours** in the bio-region, and more! Get in touch to know what's on offer.

Have any questions? Need more support on our next flight? We're just a message away!

### Special Flight Offers

- **Eithad Airways**—From Chennai to Paris, London, Madrid, Milan.
- **Air India**—From Chennai to Paris, Frankfurt, Amsterdam, London, Milan.
- **Lufthansa**—From Chennai to Paris, Amsterdam, Madrid, Rome, Milan.
- **Gulf Airways**—From Chennai to London.
- **Emirates**—From Chennai to Madrid, Amsterdam, Milan.
- **Qatar Airways**—From Chennai to Paris, Madrid, Barcelona, Vienna, Berlin.

### Rail Europe Bookings now at Inside India

We are pleased to inform you that we are now offering booking services for Rail Europe—a convenient and efficient way to travel across the European continent by train. Rail Europe provides access to an extensive network of trains that connect travellers to over 30 countries across Europe.

PAN Card is mandatory for all Foreign Nationals and Indians Residing in Auroville to book Rail Europe tickets.

### Passenger Advisory Notice for All Travellers: Flight Delays & Extended Travel Times

Due to the ongoing conflict between Israel and Iran, travelers may experience flight delays, cancellations, and extended travel times, particularly on routes through or near affected airspace. Airlines are rerouting flights for safety, which may result in longer travel durations and altered schedules.

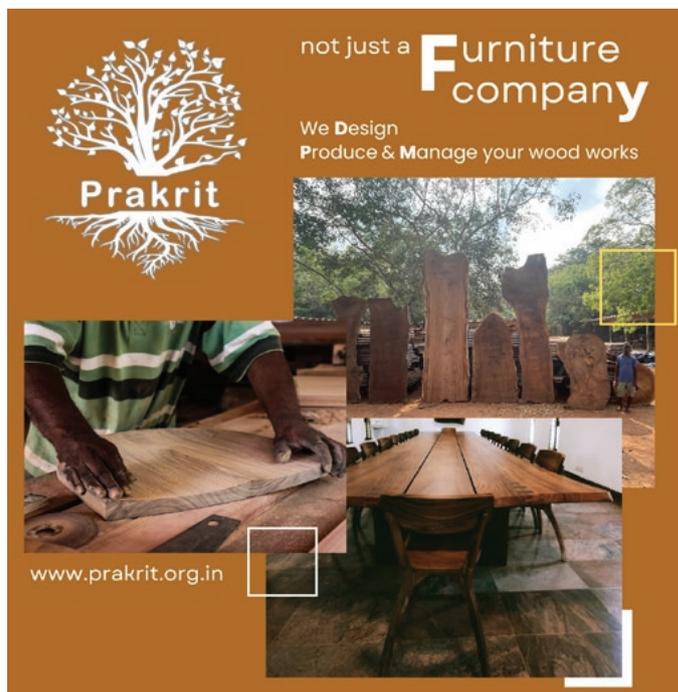
Passengers are advised to:

- Check flight status regularly with their airlines
- Allow extra time for connections and airport procedures.
- Stay informed through official airline and airport channels.

Have any questions? Need more support on your next flight? We're just a message away!

Shaheen for Inside India Team

## PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

### SARVAM COMPUTERS

#### Offers Reliable Service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



#### Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- [sarvamcomputers@auroville.org.in](mailto:sarvamcomputers@auroville.org.in)

Bala

### RUPAVATHI JOY ACTIVITIES

**Bio-Region Temple Tour:** Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

**South-Indian Cuisine:** Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

**Thai Massage & Tailoring:** We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph., [rupavathijoy@gmail.com](mailto:rupavathijoy@gmail.com)

Rupavathi

**SERVICE AVAILABLE**

Gardening work: fencing, cleaning, cutting, pruning, planting, digging, Keeth Hut house building any size, House repair: masonry, carpentry, plumbing, Shopping service  
Please contact Ranjith, Aurovillian:

- +91 8610997059, [suramani13@auroville.org.in](mailto:suramani13@auroville.org.in)

Ranjith

**SURABHI SUPPLIES**

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- Contact us for all your procurement needs:

[surabhisupplies@auroville.org.in](mailto:surabhisupplies@auroville.org.in)

+91 9843846458 WA, Phone, Iyyappan

*Poetry*

**PARTNER**

Not to satisfy  
Passing passion  
But to sustain  
Patient practice

Anandi Z.

*Voices & Notes*

**ANOTHER SIGNIFICANT CONTRIBUTION**

**To India's Architectural Landscape by Satprem**

I feel truly grateful to have been given the chance to serve Mother India once more by designing and building the world's largest dome built with Compressed Stabilized Earth Blocks (CSEB) for the Shree Krishnaganga Meditation Hall in Gujarat. This 33-meter diameter dome, weighing approximately 2,200 tons, was successfully completed on 2nd June after 17.5 weeks of dedicated and hard work from a committed team.



Over 115 days, around 297,560 blocks of 18 different sizes were carefully laid by an average of 22 masons, supported by 125 workers and guided by 4 supervisors. It was inspiring to witness the collective effort and perseverance that brought this project to life, showcasing the immense potential of sustainable building techniques developed by the Auroville Earth Institute.

Please have a look to the time lapse video and a few more photos.

- [Time lapse video](#)
- [A few more photos](#)

While the structure is not dedicated to any specific religious figure, it stands as a beacon of peace and unity—values that resonate deeply in today's world. This project serves as a demonstration of collaboration and shared vision, reinforcing the ideals of harmony and innovation that Auroville strives to embody.

The outer diameter of this dome is quite identical to the one of Matrimandir (~36 m).

Satprem,  
Director of the Auroville Earth Institute

**AUROVILLE RADIO TV**

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



**Last published podcasts**

- [Marlenka's Weekly Offering—Ep.141](#) (Literature)
- [Savitri—Ep.13 : Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Soul Tracks S.6, Ep.13 Brian Wilson \(1942—2025\)](#). (Music)
- [Cosmic Inner Weather Report—Ep. 9: "Potency, Protection and Permission"](#) (Conversations)
- [Menstrual Well-Being-Ep.2—"Before it Begins" with Kalvikarasi](#) (Health & Wellness)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.497](#) (Integral Yoga)

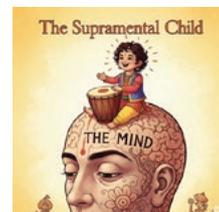
...and more! on [www.aurovillerradiotv.org](http://www.aurovillerradiotv.org)

For more information write to [radio@auroville.org.in](mailto:radio@auroville.org.in)

Sai Priya for Auroville RadioTV Team

**THE SUPRAMENTAL CHILD**

For the unaware and a bit fearful of the regional crashing circumstances happening globally, fear not! [29 February 1956](#) has already happened, thanks to the Kalki Avatar Sri Aurobindo and the Mother.



They even created this City of Dawn within Mother India for us to confidently continue on until the Day of Victory.

The ongoing battles are just the last spasms of the old world of the false-separative ego-mind. Intense of course, but they are needed powerful catalysts to poke the forgetful and reawaken the sleepy to once more fully aspire for Something else, to finally consent to wholeheartedly participate in this Great Adventure offered to us as per Auroville's Integrated Core Vision-Goals leading to the soon coming and unstoppable Golden Age, the Satya Yuga, the Life Divine on this very Earth.

For the utterly doubtful and faithless, there's nothing another human can do for you, except point to the Supreme Divine Mother MahaShakti. No one can do the surrendering and bhakti for you.

For the sincerely aspiring, wherever you are, here's the Mother, read very carefully and understand:

<https://incarnateword.in/agenda/13/april-12-1972>

Note: for readers of the printed version, please scan the QR Code to access the links or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>



Zech

*Classes, Workshops & Healing Arts*

**Mantras & Stotras**

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

☑ Friday - 5 pm (regular class)

☑ Drop-in classes available

for individuals or groups - book your session



Info: [serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com) | +91 8940288090

Friday, 5pm (regular class) @ Serendipity Community

+91 8940288090,  
[serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com)

Sonia

## MINDFULNESS KINDFULNESS

### Half day retreat with Helen

- Saturday, 28 June, 9:15am—12:30pm @ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalise in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.



This session blends mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compassion. Participants are in silence for most of the session, allowing a chance to go deep within.

Participants will have the choice of practicing in a seated position or lying. It is suitable for all—those new to meditation and experienced meditators looking to deepen their practice.

- It is a paid event (although it is on contribution basis, so the amount is of participants choice).
- It is offered through Inner Sight (an activity under Hospitality Trust).
- Booking is required. To register contact Helen
  - on 7094753054 WA or visit [innersightav.org](http://innersightav.org)

### The Potential of Kindness:

#### Random Acts of Kindness week

- 1—7 July 2025
- Launch event: Monday, 30 June, 4:30pm @ Creativity Hall of Light

As part of our research exploring the Potential of Kindness we're launching a 1 week Random Acts of Kindness Challenge. We're curious to see what—if anything—shifts within when we consciously undertake acts of kindness.



Research suggests that kindness can be most transformative when we go beyond our usual circles of compassion—so the challenge will be to offer acts of kindness to a range of people. This will include someone you do not know so well, someone you have a little difficulty with & yourself as well as those you care deeply about.

The week will run from 1—7 July and we ask participants to undertake 6 acts of kindness over 6 of those days.

Everyone aged over 16 is welcome to participate in the challenge. All we ask is that you read the guidance, undertake the challenges and complete three surveys to help us discover if and how undertaking acts of kindness creates positive shifts in how we feel. Those under 16 are of course most welcome to undertake acts of kindness over the week—they just do not need to register or complete the surveys.

- We will be launching the event with full details on Monday, 30 June, at 4:30pm @ Creativity Hall of Light, so if you intend to participate we encourage you to attend this event.
- However if you are unable to attend [you can register here](#) and we will send you the details needed to participate.
- If you have any questions WA Helen on 7094753054 or Nikki on 7094716136.

Helen & Nikethana

## INTEGRAL UNFOLDMENT

Life Coaching (Aletheia Coaching School)



Are you feeling stuck? Looking for a renewed purpose?

Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

By Dave (JOI Anitya),  
+44 7564119728 WA

### BHARAT NIVAS:

Yoga Schedule, June 2025



### Evening Vinyasa Flow Yoga with Bala

- Thursday, Friday & Saturday, 5:30—7pm

Vinyasa Flow yoga emphasizes the coordination of breath and movement, creating a dynamic and fluid practice. This style links various yoga poses together in a seamless sequence, building a continuous flow of postures that energizes the body and calms the mind. Whether you're a beginner or an experienced yogi, Vinyasa Flow classes adapt to your level, offering the perfect balance of intensity and mindfulness.



- **Drop in & Pre-registrations** are suggested through e-mail or WA. Write to us to know more about the fees structure and other details.
- **Contact:** [balaganesh.siva@gmail.com](mailto:balaganesh.siva@gmail.com) & +91 9892699804 WA only

Monisha, BN Team

### PITANGA CULTURAL CENTRE



PITANGA For info & registrations:  
CULTURAL CENTRE info@pitanga.in, 0413 2622403 / 9443902403 WA

#### Closed for renovation

Dear friends, We are still renovating for you and therefore Pitanga remains closed for activities! We need a little more time to finish the work. Next week we will inform you of our reopening date.

Andrea  
for Pitanga Team

**ARKA WELLNESS CENTER**

**Program**

[arka@auroville.org.in](mailto:arka@auroville.org.in), 0413 2623799



**Treatments**

Therapist	Treatments, When
Barbara	<ul style="list-style-type: none"> <li>• Yoga of Mother and Sri Aurobindo</li> <li>• Healing and Awareness on all levels (physical, vital, emotional, mental and psychic)</li> <li>• Mother's Flower Medicine (vibrational remedy)</li> <li>• Individual Sessions and Groupwork</li> <li>• Psychosomatic Therapy and Breath Therapy</li> <li>• Consciousness / Energy / Body Work based on Integral Yoga</li> </ul> Only by appointment <a href="mailto:baritam@auroville.org.in">baritam@auroville.org.in</a>
Pepe	<ul style="list-style-type: none"> <li>• Body Logic</li> <li>• Soft Massage</li> <li>• Deep Tissue Massage</li> <li>• Monday to Saturday</li> </ul> By appointment, +91 9943410987
Silvana 2 months TOS	<ul style="list-style-type: none"> <li>• Cranio-sacral</li> <li>• Lomi Lomi</li> <li>• Kahuna massage</li> <li>• Barefoot body massage</li> </ul> Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English</i> & <i>French</i>	Psychospiritual Introspective Tarot Reading <ul style="list-style-type: none"> <li>• Deconditioning Self Inquiry</li> <li>• I ching oracle</li> <li>• Inner/subpersonalities forces awareness</li> </ul> Monday to Saturday, by appointment only 0413 2623767, <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a>
Niyati Thakkar	<ul style="list-style-type: none"> <li>• Integral Regression therapy</li> <li>• Integral reiki healing</li> <li>• Holotropic technique breathwork</li> </ul> Monday to Saturday, by appointment only +91 7041391995, <a href="mailto:narayani-nc@auroville.org.in">narayani-nc@auroville.org.in</a>
Olesya 2 months TOS	<ul style="list-style-type: none"> <li>• Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines)</li> </ul> By appointment only, +91 9159052743 <a href="mailto:olesya@auroville.org.in">olesya@auroville.org.in</a>
Shruti	<ul style="list-style-type: none"> <li>• Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice</li> </ul> By appointment only, +91 7904769496 <a href="mailto:auroshruthi@auroville.org.in">auroshruthi@auroville.org.in</a>

**Classes**

Teachers	Classes	When
Damien 1 month TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Olesya 2 months TOS	Iyengar yoga	Monday, Wednesday, Saturday 6:30—8am. Monday, Thursday, Saturday 5—6:30pm. Or by appointment, +91 9159052743
Aurosugan & Priyanka	Eye yoga and well- ness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709
Priyamvada	Hatha yoga	Monday, 8—9am Friday, 7:30—8:30am By appointment, +91 9486261640

**Services**

**Aurokiya: Eye care center**

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, [aurokiya@auroville.org.in](mailto:aurokiya@auroville.org.in)

**Morning Star: Birth & women wellness**

- [morningstar@auroville.org.in](mailto:morningstar@auroville.org.in)
- Tuesday Morning

**Clinical/ Private consultation**

- Saturday, 9:30am—12:30pm, 2—4:30pm

**Maatram: Psychological & psychiatric consultation**

- By appointment, +91 9087709434  
[maatram@auroville.org.in](mailto:maatram@auroville.org.in)

**Convalescence Facility: Post-surgical and care facility**

- For aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, [arka@auroville.org.in](mailto:arka@auroville.org.in)

**Emergency Services: Ambulance & emergency service**

- +91 9442224680, [ambulance@auroville.org.in](mailto:ambulance@auroville.org.in)

**Svasti: Homeopathic consultation**

- By appointment, +91 9428429642  
[adiitva@auroville.org.in](mailto:adiitva@auroville.org.in)

**Health & Healing Trust: Administration office**

- [healthhealingtrust@auroville.org.in](mailto:healthhealingtrust@auroville.org.in)

Ramana, Arka

**LEELA THERAPY**

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line.

- For more details see [www.innersightav.org](http://www.innersightav.org) or Kardash +91 9940934875 WA.
- Please note updated timings:
  - Mornings: Monday & Wednesday,
  - Afternoons: Tuesday & Thursday
  - Full Day: Alternate Friday or Saturday

Kardash

**VÉRITÉ PROGRAM, JULY**

[www.verite.in](http://www.verite.in)

**Yoga & Other Classes**

0413 2622045, +91 9363624083 WA

[programming@verite.in](mailto:programming@verite.in)



Days	Drop-in Classes	Timings	Presenters
Mondays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Peace with Pranayama	5—6pm	Mamta
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yin Yoga: Deep Stretch & Relaxation	9:15—10:15am	Jivitesh
	Pranayama and Dharana	3:30—4:30pm	Kalidas
	Yoga Asana: Deep Stretch & Relaxation	5—6pm	Radha
Wednesdays	Pranayama & Vocal Toning	7:30—8:30am	Nikki
	Surya Namaskar: Yoga Foundation	9:15am—10:15am	Jivitesh
	Deep Sound Bath	5—6pm	Satyayuga
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Connect to the Inner Self: Stretch, Meditate & Journal	9:15—10:15am	Jivitesh
	Pranayama & Dharana	3:30—4:30pm	Kalidas
	Yoga Asana	5—6pm	Radha
Fridays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Breathwork Foundation: Learn, Practice & Integrate	5—6pm	Jivitesh
	Taralaya Flow Dance (No Class on 4)	5—6:30pm	Vera
Saturdays	Deep Sound Bath (No Class on 5)	5—6pm	Satyayuga
	Sivananda Yoga	5—6pm	Mani

**Classes**

**Sivananda Hatha Yoga: Strength, Flexibility, Peace with Nikki**

- Mondays & Fridays, 7:30—8:30am

Hatha yoga in the Sivananda tradition builds strength, flexibility and vitality in the body while calming the mind. The class will include Pranayama (breathing), Surya Namaskar (warm up), Asanas (steady postures) and Savasana (relaxation posture).

**Peace with Pranayama—Mind Body Breath Alignment with Mamta**

- Mondays, 5—6pm

Pranayama, which uses breathing exercises to nourish Prana, the vital force which keeps both body and mind functioning at their healthiest. The session concludes with a brief guided relaxation in Shavasana.

**Deep Sound Bath: Frequencies for Deep Relaxation with Satyayuga**

- Mondays, Wednesdays & Saturdays, 5—6pm, no class on 5 July

Based on the ancient art of using vibration to awaken the inner being and align the body, heart and soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystical chanting.

**Sivananda Yoga: Pranayama, Asanas & Relaxation with Mani**

- Tuesdays & Thursdays, 7:30—8:30am & Saturdays, 5—6pm

A classic Sivananda session, including basic pranayama (breathing) and Surya Namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

**Yin Yoga: Deep Stretch & Relaxation with Jivitesh**

- Tuesdays, 5—6pm

Poses are held for longer periods to gently stretch the deeper connective tissues, promote stillness in the body, and quiet the mind. An evening practice that helps to unwind, release stress and sleep deeply.

**Pranayama and Dharana: Breathe and Focus with Kalidas**

- Tuesdays & Thursdays, 3:30—4:30pm

Pranayama (yogic breathing) is said to charge every cell of the body and even energize the soul! Dharana (one-pointed concentration) quiets the mind and improves focus on all aspects of life. Learn to breathe and concentrate effectively in everyday life.

**Yoga Asana: Deep Stretch & Relaxation with Radha**

- Tuesdays & Thursdays, 5—6pm

Mindful movement to help release tension from the body and mind. We start with Pranayama (breath work), then gently progress to Asana (postures). The dynamic flow of the asana sequences activates the muscles, providing a vigorous, full body stretch while also promoting mental stability. The flow helps build stamina, strength, and flexibility. Each session concludes with Dharana (meditation) and Dhyana (concentration), leaving the practitioner feeling both energized and relaxed. The class is suitable for beginners to advanced level practitioners.

**Pranayama and Vocal Toning: Gentle Breath, Healing Voice With Nikki**

- Wednesdays, 5—6pm

Pranayama (yogic breathing) techniques with vocal toning exercises to promote physical and mental well-being. Pranayama develops our focus and awareness of breath and prepares the body and breath for vocal toning. Vocal toning uses the vibration of the voice as a healing tool through humming and the vocalisation of vowel sounds. All welcome; no previous experience with pranayama or vocalization is required.

**Surya Namaskar: Yoga Foundation with Jivitesh**

- Wednesdays, 9:15—10:15am

We focus on posture alignment, correct breathing, and holding the asanas (postures) for a deeper experience, and allow time to pause and reflect after each round to notice the changes in body and mind. Appropriate for all levels, including beginners.

**Connect to the Inner Self: Stretch, Meditate & Journal with Jivitesh**

- Thursdays, 9:15—10:15am

Gentle full-body stretches for better blood flow; Anapana meditation (observing the natural breath, just as it is) to help calm the mind, develop concentration, and come into the present moment, and a guided journaling practice to deepen self-awareness and our connection to the divine and inner self.

**Breathwork Foundation: Learn, Practice & Integrate with Jivitesh**

- Fridays, 5—6pm

A beginner-friendly session to understand the foundations of pranayama (yogic breathing)—what it is, how it works, and when to use it. Learn simple, effective techniques that support calm, clarity, energy, and better sleep, and ways to integrate the practice into daily life.

### Taralaya Flow Dance: Move in Freedom with Vera

- Fridays, 5—6:30pm, No Class on 4 July

Taralaya (a hybrid of two Sanskrit words, Taranga and Laya) means “flowing rhythm”. Taralaya Flow Dance offers a space for free movement exploration, with gentle guidance at the beginning and the end of the session.

### Workshops

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 28 June	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani
Friday, 4 July	Breathe to Restore: Exploring Pranayama for Holistic Well-being	9:15am—12pm	Dharani
Saturday, 5 July	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 5 July	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta
Friday, 11 July	Awareness Through the Body: Explorations	9:15am—12pm	Amir
Saturday, 12 July	Yoga Nidra: Deep Relaxation	9:15am—12pm	Kalidas
Saturday, 12 July	Introduction to Ayurveda & Its Lifestyle	2—4pm	Dr Geeta
Friday, 18 July	Rise in Love: Yoga	9:15am—12pm	Jivitesh
Saturday, 19 July	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 19 July	Face & Eye Yoga	2—4:30pm	Mamta
Saturday, 26 July	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani

### Why Yoga Works: An Experiential & Scientific Exploration with Dharani

- Saturday, June 28, 9:15am—12pm

Explore how mindful movement, breath, & attention influence our musculoskeletal, nervous, respiratory, circulatory & endocrine systems. Gentle yoga practices, simple scientific models, & guided reflection to bridge intellectual understanding with embodied awareness. Open to all; no prior knowledge of anatomy or physiology required.

### Breathe to Restore: Exploring Pranayama for Holistic Well-Being with Dharani

- Friday, 4 July, 9:15am—12pm

Explore pranayama (yogic breath) through traditional wisdom, modern scientific research, & guided practice. Experience how balancing, energizing, & calming breaths affect the brain, heart, & nervous system. Learn accessible tools to integrate into your daily life. Open to all — no prior experience needed.

### Pawanamuktasana Series: Energize the Joints with Mani

- Saturday, 5 July, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

### Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- Saturday, 5 July, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

### Treatments and Therapies

By appointment: [treatments@verite.in](mailto:treatments@verite.in)  
+91 413 2622 606, +91 9363624083 WA

Therapist	Therapies (by appointment only)
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage with Hair Care
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage
Marion	Chakra Balancing
	Access Bars: Energetic Head Massage

### Face & Neck Massage with Mamta

Face & Neck Massage is a rejuvenating technique using special face oils, massaged with varying pressures into the face & neck, along specific energy lines & points, to induce deep relaxation for the body & mind.

### Yoga Chikitsa: Personalized Yoga Therapy with Mani

One-to-one yoga therapy sessions tailored to everyone’s specific needs. Yoga Chikitsa includes assessment, teaching of various yogic tools, and structuring an appropriate practice sequence. The practice may include jattis (loosening of joints) kriyas (structured movements) asanas (isometric stretches) pranayamas (rhythmic breathing control) and relaxation techniques.

### Thai Yoga Massage with Mani

The therapist will guide and support the client in various yoga-like poses and stretches and apply gentle but firm pressure along the main energy channels of the body to help release energy blockages and allow vital energy to flow. Wear comfortable clothing suitable for movement.

### Food is Medicine: Lifestyle Health Practices Consultation with Parvathi

Personalized guidance in nutrition and lifestyle modifications to support health and well-being. Learn about your body’s constitution (Tridosha) and the plants, foods, spices and lifestyle practices that benefit your constitution and help prevent health complications.

### Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs with Parvathi

Healing Facial Therapy helps cleanse the facial skin, remove dead cells, boost collagen, reduce wrinkles, treat acne and allow the skin to glow, and feel soft and smooth. The indigenous herbs used are natural products that are selected for your specific skin type.

### Head Massage with Hair Care with Parvathi

A relaxing massage to the head and scalp using hair tonic oil. Stimulates blood circulation, helps to condition the hair, strengthen the roots, & relieve stress.

### Ayurvedic Massage: Detoxifying & Energy Balancing with Radha

Massage therapy is a core part of Ayurvedic healing, designed to enhance both physical and mental well-being. Using warm herbal oils and specific massage techniques helps the body heal, relieves stress, boosts energy, and promotes deep relaxation. This therapy is not just about relaxation but also aims to rejuvenate the body, improve circulation, flush out toxins, and bring the body's energies into balance, making it beneficial for overall health.

### Swedish Massage with Radha

Swedish massage is a relaxing, therapeutic, full-body treatment designed to support overall well-being. It focuses on gently working the muscles and soft tissues throughout the body to promote healing, reduce tension, and create a calming effect on the nervous system. The massage involves smooth, flowing strokes with the use of oil, making it soothing and comfortable. It's a gentle technique suitable for people of all ages and is perfect for restoring balance.

### Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage with Raja

A massage that integrates elements from Acupressure (application of pressure on specific points on the body), Deep Tissue (sustained, slow, deep strokes to target the inner layers of muscles and connective tissues) and Heart Healing (a gentle, relaxing technique that improves the delivery of oxygen to the heart).

### Healing Sound Bath with Tuning Forks with Satya-yuga

Sound Healing is a gentle yet powerful method to help you reconnect with your own innate high-level vibration. The vibration of the tuning forks and Tibetan bowls helps to recalibrate and free blocked energy, balance the right and left brain, and harmonize the chakras. This resonance supports the recalibration of our energy system, allowing creativity and peace to flow.

### Energy Healing Reiki with Vyshnavi

An energy healing technique that promotes physical, emotional, and spiritual well-being by channeling universal life energy through the practitioner's hands. Practitioners gently place "vital energy" flows through the body; a Reiki practitioner gently places their hands on or near the client's body to help guide this energy to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

### Holistic Foot Reflexology with Vyshnavi

Manual pressure is applied to specific "reflex points" of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, brings more oxygen & nutrients to the cells, & helps reduce stress, improves digestion & promotes sound sleep.

### Holistic Rebalancing Massage with Vyshnavi

A full-body treatment integrating elements of deep tissue massage, joint release, & energy balance. Rhythmic strokes & deep yet gentle pressure release tension from muscles & fascia, improving circulation & enhancing the body's natural ability to heal.

### Chakra Balancing with Marion

Blockages and toxins can accumulate not only in the body but also in our main energy centers, the chakras. These can be energies that are connected to our own past or that we have absorbed from our environment. Chakra cleansing aims to strengthen the energy field by dissolving blockages and activating self-healing powers, promoting fresh energy and a sense of lightness.

### Access Bars: Energetic Head Massage Session with Marion

Similar to acupuncture, the energy points on the head, which are connected to our most important brain areas, are activated by laying hands on them, creating a specific flow of energy. After one or a few sessions new synapses are created, and many find they can transform deeply held beliefs or thought patterns and initiate change more easily. Very helpful for chronic stress, burnout, anxiety, etc as it supports general well-being as well as physical healing processes.

Aparna & Anandhi

### WORLD GAME Summer Special



### World Game Summer Play!

Here is an opportunity to create 'your World' in a box filled with sand. This simple activity, known as 'Sandplay' opens up imagination and intuition, and reveals your own unique living soul.

What people say: "It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one's world. What was being built revealed a lot about my life trajectory and future orientation."

The duration of a session is 1.5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
  - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
  - [spiritandnature@auroville.org.in](mailto:spiritandnature@auroville.org.in)

Submitted by Aikya

### AUROMODE SPA

#### Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



## SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.

- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- **Contact** 9385428400 call/ WA to book your session today! Donation Based *Submitted by Isha*



## Languages

### NEWS FROM

#### Auroville Language Lab, 26 June



#### Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.

- Send an email to [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org).

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book! Check it out: <https://books.aurovillelanguagelab.org>
- To enquire or register: [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org) or call 0413 2622467 or 3509932.

#### Courses

##### Current Schedule of Classes, 26 June

See details here:

- <https://aurovillelanguagelab.org/current-schedule/>

##### Japanese for Beginners

We are pleased to announce the launch of a comprehensive Japanese course for beginners, designed to follow a structured syllabus using the renowned textbooks "Minnano Nihongo—Books 1 and 2". This program spans 1.5 years, with classes held once a week for 1.5 hours. Students will be required to purchase the textbooks.

The course will be taught by Naoko d'Anjou, a professionally trained instructor in Japanese language education. We are fortunate to have her expertise guiding this class.

We are seeking three highly committed students who are prepared to fully engage with the coursework. In addition to weekly classes, students will be expected to complete assignments and dedicate time for self-study and review outside of class. The course will be conducted entirely in Japanese, without translation, to create an immersive learning environment.

This program places a strong emphasis on mastering Japanese sentence patterns, oral communication, reading, writing, and kanji. Our goal is for students to reach JLPT N4 proficiency within six months and JLPT N5 within one year. Consistent pre-class preparation and post-class review are essential.

If you are ready to commit to this 1.5-year journey and are serious about learning Japanese, please send an email to [info@aurovillelanguage.org](mailto:info@aurovillelanguage.org) with the subject line: "Japanese".

The moment we get the required minimum of 3 registered students will determine the course start date.

#### Course Objectives:

- Learn beginner Japanese using "Minnano Nihongo—Books 1 and 2"
- Study kanji alongside grammar and vocabulary
- Focus on sentence patterns, oral practice, reading, and writing
- Achieve JLPT N4 level in 6 months, and N5 in one year
- Commit to weekly self-study and review

We welcome your inquiries and look forward to hearing from dedicated learners ready to embark on this rewarding language journey.

*So far, we have received just one (1) serious registration; unless we get at least two (2) more we will have to cancel the offering.*

#### Private and group classes for English

**Rupam:** Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

**Vismai:** offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

#### Intermediate English with Ashwini:

- Wednesday and Friday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

**Head on over to the Lab's online form** and complete your registration now so that we can keep you posted! <https://aurovillelanguagelab.org/registration/>

#### Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher for one-on-one lessons. The ideal candidate will possess a native-level command of Arabic, along with a passion for language instruction. Prior teaching experience and the ability to tailor lessons to individual student needs are desirable.

If you are enthusiastic about sharing your expertise and helping learners achieve fluency, we would love to hear from you! To apply, please send a brief cover email outlining your experience to:

- [info@aurovillelanguage.org](mailto:info@aurovillelanguage.org).

#### Coming Soon! Pre-Intermediate English w. Ashwini

There are plans for taking on a new batch of beginner English students some time mid-July (depending on registration take-up).

Keep an eye out for confirmed dates in upcoming News & Notes and the Lab's online course schedule here

- <https://www.aurovillelanguagelab.org/current-schedule/>

#### Spoken Hindi for Beginners with Ashwini

- New class starting in June with specific dates to be confirmed, Wednesdays and Fridays, 5:30—6:30pm

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

### French classes with Auroasha and Jade

Auroasha is pleased to offer a new beginner French course, starting 7 May and continuing through June. This course is designed for complete beginners who wish to start their journey in learning the French language and culture.

#### Course Details:

- **Instructor:** Auroasha
- Wednesdays and Fridays, 3—4:30pm
- Starting 7 May, open to all adult beginners

Auroasha's classes will focus on building foundational skills in French, including essential grammar, vocabulary, and pronunciation, through interactive and practical activities. The aim is to help participants gain confidence and fluency in everyday communication, as well as an appreciation for Francophone culture.

The emphasis will be on active participation and practical language use, ensuring that learners can quickly begin to communicate in French and understand the basics of the language.

**For more information or to register**, please contact the Language Lab at [info@aurovillelanguage.org](mailto:info@aurovillelanguage.org). Don't miss this opportunity to start learning French in a friendly and supportive setting!

### Tamil (Beginner) with Saravanan

- Next course starting on 1 July.  
Tuesdays and Fridays, 9:30—10:30am.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

### Italian—Beginner Level

- **Registration Open**

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguage.org/registration/>

### Beginner Spanish Course with Mila

- New class starting in August with specific dates to be confirmed, Mondays and Wednesdays, 2:30—4pm

This comprehensive beginner Spanish course, led by our veteran instructor Mila, is designed to equip you with the fundamental skills needed to understand and speak Spanish. Over the course of three months (36 hours), you will delve into essential grammar, vocabulary, and pronunciation, enabling you to engage in basic conversations and navigate everyday situations in Spanish. Whether you're planning a trip to a Spanish-speaking country or simply want to expand your language skills, this course offers a supportive and immersive learning environment to kick-start your Spanish language journey.

### Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French
  - with Isabelle (1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> week of the month)
  - with Coco and Gaspard (2<sup>nd</sup> and 4<sup>th</sup> week of the month)
- **Tuesdays:** Spanish with Gloria
- **Wednesdays:** Sanskrit chanting w. Remesh 5:30—6:30pm
- **Thursdays:** We are looking for a new anchor to host one more meet-up for English.
- **Fridays:** Conversational Hindi with Smriti, 5—6pm

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

### Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

### Current Schedule of Classes, 19 June

Language	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30—10:30am	Tuesday & Thursday Monthly with Rupam
	Pre-Intermediate & Intermediate	10:30—11:30am	Tuesday & Thursday Monthly with Rupam
	Creative Writing	9:30—10:30am	Monday & Wednesday Monthly with Rupam
	Learn English through theatre	11am—12pm	Monday & Wednesday Monthly with Rupam
	Intermediate with Ashwini	4:30—5:30pm	Wednesday & Friday
	Kids with Ashwini	4:30—6pm	Tuesday & Thursday
French	Beginner Adults	3—4:30pm	Wednesday & Friday with Auroasha
	Beginner Children	3—4:30pm	Wednesday & Friday with Jade
Tamil	Beginner	9:30—10:30am	Starting 1 July with Saravanan
Hindi	Spoken Beginner	5:30—6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	Registration Open with Karuna

### Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- **For language-related matters:** +91 9843030355WA.
- **For Tomatis** please use 0413 3509932.

*Mita, Mano, Louis & Vismai  
for Auroville Language Lab*

### LEARN

#### English and Hindi

- **Learn spoken/ written English and Hindi** language for fluency and confidence!
- **For more information** contact Ashwini: 8270512606.

*Ashwini, Aspiration*





**CINEMA PARADISO**  
**Multimedia Center (MMC) Auditorium**  
**Film Program**  
**30 June—6 July**

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

**Indian—Monday, 30 June, 8pm**

**Thiru. Manickam (Mr. Manickam)**

India, 2024, Writer-Dir Nanda Periyasamy w/ Jaseena, Ananya, Bharathiraja, and others, Thriller, 122mins, Tamil w/ English subtitles, Rated: NR (PG-13)

In a quiet village nestled in rural Tamil Nadu, Thiru Manickam lives a modest life as a respected schoolteacher—gentle, thoughtful, and firm in his ideals. But when he stands up against a powerful local system steeped in caste injustice and corruption, the stillness of his world begins to crack. What begins as a simple act of conscience spirals into a larger reckoning—pitting Manickam’s unwavering values against deeply entrenched prejudice. With growing tension and quiet resilience, his journey becomes one of resistance, solitude, and a profound sense of duty—to truth, and to the community he refuses to abandon. *Critically acclaimed for its grounded storytelling and powerful social message, the film resonates deeply with contemporary realities.*

**Potpourri—Tuesday, 1 July, 8pm**

**Mùi du du xanh (The Scent of Green Papaya)**

France-Vietnam, 1994, Writer-Dir Anh Hung Tran w/ Nu Yên-Khê Tran, Man San Lu, Thi Loc Truong, and others, Music-Romance, 104mins, Vietnamese w/ English subtitles, Rated: NR (PG-13)

In 1950s Saigon, young servant Mui quietly observes the rhythms of two very different households—first a crumbling aristocratic family, then a gentle pianist’s home. Through her eyes, we witness a world of subtle beauty, longing, and transformation, where silence speaks volumes and the scent of green papaya lingers like memory.

**Selection—Wednesday, 2 July, 8pm**

**Mænd & høns (Men & Chicken)**

Denmark-Germany, 2015, Writer-Dir. Anders Thomas Jensen w/ David Dencik, Mads Mikkelsen, Nikolaj Lie Kaas, and others, Satire-SciFi, 104 mins, Danish w/ English subtitles, Rated: NR

Gabriel and Elias—two eccentric, socially awkward brothers—set off on a bizarre journey to uncover their true parentage after learning they were adopted. What they find on a remote island is a crumbling mansion, three even stranger half-brothers, and a darkly comic family secret that rewrites everything they thought they knew.

**Interesting—Thursday, 3 July pm**

**Cornucopia**

UK-Iceland-USA, 2025, Dir. Lucrecia Martellsold & Ugadottir w/ Björk, Bergur Thorisson, Manu Delago, and others, Music-Documentary, 98mins, English w/ English subtitles, Rated: TV-MA (R)

Björk’s visionary concert merges live performance with surreal visuals, digital theater, and immersive soundscapes. Joined by musicians and a stirring message from Greta Thunberg, the experience becomes a sensory journey through nature, technology, and urgent environmental themes—bold, otherworldly, and unforgettable.

**International—Saturday, 5 July, 8pm**

**On Becoming a Guinea Fowl**

UK-Zambia-Ireland-USA, 2024, Writer-Dir. Rungano Nyoni w/ Susan Chardy, Elizabeth Chisela, Roy Chisha, and others, DarkComedy-Drama, 99mins, English-Bemba w/ English subtitles, Rated: PG-13

On a lonely road in Zambia, Shula discovers her uncle’s lifeless body—an event that unravels long-buried secrets during the days of mourning that follow. As family tensions simmer, a dark truth emerges beneath layers of tradition, silence, and survival. *Acclaimed for its bold storytelling and nuanced critique of patriarchy and memory.*

**Children’s Matinee—Sunday, 6 July 4pm**

**Captain Underpants: The First Epic Movie**

USA-Canada-France, 2017, Dir. David Soren w/ Kevin Hart, Thomas Middleditch, Ed Helms, and others, Slapstick-Adventure, 89mins, English-German w/ English subtitles, Rated: PG

George and Harold, two wildly imaginative fourth-graders, spend their days pulling pranks and creating comic books—until they accidentally hypnotize their grumpy principal, Mr. Krupp, into believing he’s a goofy, underpants-clad superhero. Chaos, laughter, and toilet-based villains ensue in this fast-paced, irreverent adventure about friendship, creativity, and the power of laughter.

*A Request to Parents and Guardians: The chairs’ springs are old, and frequent bouncing and swinging damages them. With zero budget for repairs, we ask parents to ensure seats are used gently. Your support will help continued matinee screening and will help preserve our venue for everyone’s enjoyment. Thank you!*

**Classic World Cinema @ Ciné-Club**

**Ciné-Club Sunday, 6 July, 8pm:**

**Nora Inu (Stray Dog)**

Japan, 1949, Dir. Akira Kurosawa, w/ Toshirō Mifune, Keiko Awaji, and Others, Drama-Noir, 122 mins, Japanese-French w/ English subtitles, Rated: NR

Murukami, a young homicide detective, has his pocket picked up on a bus and loses his pistol. Frantic and ashamed, he dashes about trying to recover the weapon without success until he is taken under the wing of an older and wiser detective, Sato. Together they track the culprit.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). We are facing challenges in maintaining and replacing equipment, as well as providing essential support for visiting filmmakers who share their work in person. We kindly request you to set up a recurring contribution for “MMC-CP” or “Filmmaker-guest Expense” via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/CP, Group Account# 105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

*Cinema*

**ECO FILM CLUB:**

**Every Friday @ Sadhana Forest**

**Schedule of Events**

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
  - 16:30 Tour of Sadhana Forest
  - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
  - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
  - 20:00 Dinner is served
  - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

**Friday, 27 June**

73 Cows/ 15 minutes/ 2021/ Alex Lockwood  
 Infinity and Back/ 22 minutes/ 2017/ Kuntal Joisher

- **The first film** is a touching story of a UK cattle farmer who was the first in the UK to switch to sustainable organic vegan farming.
- **The second docu-movie** showcases the first man, Kuntal Joisher, to climb Mt. Everest with 100% vegan gear and food.

*Aviram*



*About N&N*

**NEWS AND NOTES GUIDELINES**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

*The aim of New and Notes is to support any idea, that can shift Auroville as a community towards solutions:*

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

**Visiting hours:**

- Monday & Tuesday, 10am—12pm  
in N&N office in Multi Media Center

**Hard deadline for submissions: Tuesday 3pm**

**Poster to publish: Width 9.5cm x Height 4cm**

*Katiya & Alexey,*

[NewsAndNotes@auroville.org.in](mailto:NewsAndNotes@auroville.org.in)

*Accessible Auroville Public Bus*

[avbus@auroville.org.in](mailto:avbus@auroville.org.in)



**Auroville TO PONDICHERRY**

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



**Pondicherry TO AUROVILLE**

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

*Emergency Services*

**Ambulance (24/7):** Auroville—9442224680

- PIMS—0413 2656271

**Security (24/7):**

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

**Health:**

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

**Mental health 24/ 7 support:**

- Vandrevala Foundation +91 9999666555

**India Emergency Response Service (24/ 7):** 108