



News & Notes

#937 A weekly bulletin for residents of Auroville 25 August 2022



The Soul of man, a traveler, wanders in this cycle of Brahman, huge, a totality of lives, a totality of states, thinking itself different from the Impeller of the journey. Accepted by Him, it attains its goal of Immortality.

Swetaswatara Upanishad

The soul seated on the same tree of Nature is absorbed and deluded and has sorrow because it is not the Lord, but when it sees and is in union with that other self and greatness of it which is the Lord, then sorrow passes away from it.

Swetaswatara Upanishad

Pondering



Such is the teaching, calm, wise and clear, of our most ancient sages. They had the patience and the strength to find and to know; they had also the clarity and humility to admit the limitation of our knowledge. They perceived the borders where it has to pass into something beyond itself

The Destiny of the Individual, Life Divine by Sri Aurobindo

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House of Mother's Agenda

"In fifty years the whole world, all the receptive section of humanity (I am not saying intellectual, I am saying receptive), all the receptive section of the world will be embraced—not "embraced": **ABSORBED** in the power of Sri Aurobindo's thought.

Those who already are have the good fortune of being the first ones, that's all."

The Mother, Agenda 16 February 1972 (+ 50 years = 2022)

October 19, 1960



(The day before "Kali Puja," the ritual festival devoted each year in India to the goddess Kali, the warrior aspect of the universal Mother)

Mother: She has already been here for two days and... Oh, yesterday especially, she was so... in such a mood!—like a warrior. I said to her, "But why not change them through... through an excess of love?"

So then she answered (I remember how she put it), "First a good punch in the chest (she didn't say 'in the nose!'), a good punch in the chest, and then when they're down, gasping for air, they're ready."

That's one opinion!

* * *

(Concerning a tantric)

Those people deny the reality of all physical needs.

It's quite all right when you've come **TO THE END**, when you have totally mastered the body by means of the spiritual consciousness. But until then, I don't agree—I do not at all agree.

It's the same as when X tells people, "I am feeding you, so eat!" And he serves you ten times more than you can put in. If you tell him, "My stomach can't digest it," he answers that this is nonsense: "Eat, and you will see!" And in fact, up above—that is, once you've mastered it—it's perfectly true. But we aren't there yet, far from it! He himself is sick all the time.

Then he would answer, "Everyone is sick."—But that's no reason.

It's very well to say, "If you live in the Spirit, it's not the same." That's quite true, but... **MUCH** later. For the last two years, I myself have been learning this, and I see how difficult it is—one mustn't boast. And to say, "Oh, it's all the same to me," is a way of boasting. It **SHOULD NOT** be all the same to you. This body is not meant for us—it wasn't for us that it was given, it's for the Work, so consequently it must be in working order.

Satprem: That's what annoys me sometimes. Why not have this mastery? We **SHOULD** be masters of it. With consciousness, we should be able to be the masters of our bodies.

Mother: Yes, this was precisely the extraordinary thing Sri Aurobindo had. He made no effort... But then he didn't use it on himself!

But for humans, this is something **UNTHINKABLE**.

He wanted to go.

You see, he had decided to go. But he didn't want me to know that he was doing it deliberately; he knew that if for a single moment I knew he was doing it deliberately, I would have reacted with such a violence that he would not have been able to leave!

And he did this... he bore it all as if it were some unconsciousness, an ordinary illness, simply to keep me from knowing—and he left at the very moment he had to leave. But...

And I couldn't even imagine he was gone once he had gone, just there, in front of me—it seemed so far away... And then afterwards, when he came out of his body and entered into mine, I understood it all... It's fantastic.

Fantastic.

It's... it's absolutely superhuman. There's not one human being capable of doing such a thing. And what... what a mastery of his body—absolute, absolute!

And when it came to others... he could remove an illness like that (*gesture, as if Mother were calmly extracting an illness from the body with her fingertips*). That happened to you once, didn't it? You said that I had done this for you—but it wasn't me; he was the one who did it... He could give you peace in the mind in the same way (*Mother brushes her hand across her forehead*). You see, his actions were absolutely... On others, it had all the characteristics of a total mastery... Absolutely superhuman.

One day, he'll tell you all this himself. [1]

Now I understand it.

It's tre-men-dous.

1. He came to tell us this fifteen years later, as a matter of fact, while we were writing The Divine Materialism.

(to be continued next week)

Volume 1. 1960:
Agenda
of the Supramental Action Upon Earth

https://sri-aurobindo.co.in/workings/ma/agenda_01/1960-10-19-01_e.htm

Townhall Speaks

TO THE RESIDENTS OF AUROVILLE: REGISTER OF RESIDENTS

Dr. Jayanti S. Ravi., IAS, Secretary
Date: 19 August 2022



As you all know the register of residents urgently needed an updating. To complete the process for updating, an initial deadline of 10 June 2022 was communicated to all residents. Many residents complied with this requirement. In spite of extending the deadline several times (30 June, 15 July, 31 July, and 15 August 2022) we find that some of you have not yet filled up the form despite the fact that there was a deadline for the same.

In terms of Section 18(2) of the Auroville Foundation Act, 1988, the Secretary is tasked with the duty to maintain the Register of Residents ("RoR"). Section 18(2) is extracted herein below:

"18. Residents' Assembly:

(2) *The Secretary to the Governing Board shall maintain the register of residents in such manner as may be prescribed and all the persons who are residents of Auroville and who are of the age of eighteen years and above are entitled to have their names entered in the register on an application made to the Secretary in such form as may be prescribed."*

However, as a matter of affording one last opportunity, it is hereby informed that the filled up form required for updating the RoR should be submitted to the office of the secretary on or before **31 August 2022**. No further extension will be granted under any circumstance

whatsoever and it is specifically stated that those who still don't submit the forms as mentioned in this letter will not find their names in the updated RoR.

Therefore, the Residents of Auroville are required to act in compliance with the statute and submit the filled-up

AUROVILLE FOUNDATION
MINISTRY OF EDUCATION, GOVT. OF INDIA

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forms to the Office of the Secretary for the purpose of updating of RoR.

Kind regards,
Auroville Foundation office
[Use this link to register OnLine](#)

REMOVED FROM AURONET



Dear community, This is only to inform you that, this morning Sunday 21 August, by 11am, our AuroNet post reminding the Residents on the current Emergency RAD was removed by the AuroNet moderators, with no explanations given whatsoever.

As our scope of work includes sending regular reminders on the processes happening in the community, we are unsure whether AuroNet is still an adequate communication platform we can rely upon.

It would be useful to receive an explanation from the AuroNet moderators.

The RAS Team
Dan, Giovanni P, Sathish A, Tatiana S

SITE APPROVAL FOR MOTHER'S FLOWER GARDEN



L'avenir d'Auroville

L'avenir d'Auroville/ ATDC presents the below project's Site Approval

This is a Site Approval which gives the applicant the approval to mark and clear the site of undergrowth, along with preparations for next phases—Preliminary Design Approval, to which Final Building Approval will follow.

- For more details, please see our AuroNet post <https://aurville.org.in/article/92422>.

The Mother's Flower Garden, City Area, Site Application 2571

- **Applicant/s:** Rabindra, Narendra, Poonam, Jyoti
- **Proposed community/area:** Garden strip and Mahalakshmi park behind Solar Kitchen area and south of Kindergarten
- **Area for which approval is sought:** 20,234sqm (5 hectares) of which 400sqm will be the built up area of the buildings.
- **Project brief:** The aspiration of the project is to manifest a garden which will be beautifully landscaped according to the significance The Mother has given the flowers and which will house all the flowers that The Mother has given significance to, in Auroville.

"The Mother's Flower Garden" project aspires and envisions a creation of a beautiful, meditative, inspiring space which will house most of these 898 varieties of flowers with their bursts of colors, fragrances, shapes, sizes and vibrations, permanently in Auroville.

A space of learning, growing and connecting to the deeper self in us through the psychic in the vegetal world.

The Mother's Flower Garden requires a different approach from the present places in Auroville like the Botanical Gardens {Tropical Dry Evergreen Forest (TDEF)}, Darkali park (TDEF), Matrimandir Nursery (specific to MM gardens), Pitchandikulam (TDEF), Mahalakshmi park because the aims of each of these places are different than ours.

To grow so many varieties of flowers based on The Mother's significance in an atmosphere of concentration, beauty and wonder requires space specific for this purpose and many factors like water management, soil study, for nearly each type of flower to be looked into.

We will be collaborating with all concerned in Auroville but require a permanent place, that is, a piece of land from where we will not be asked to move out in the near future, after investing all our effort.

Our project is mainly educational in nature with aspects of self-sustainability in it. Already for The Divine Flowers project from which The Mother's Flower Garden has emerged, children are involved in growing the flowers and discovering the journey from seed to flower and in the various activities organized during the exhibition.

Submitted by Lieve
For ATDC

AUROVILLE COUNCIL MONTHLY REPORT, JULY 2022

Working groups (WGs) are of the Residents Assembly (RA) AVFO is for Auroville Foundation Office, GB is for Governing Board

- Presentation of Council (AVC) work to new members
- Review with subgroups
- Update of the RA decision-making policy (RAD), possibly with the Citizen Assembly
- WGs mandates evaluation
- RA participation proposal and Participatory Working Groups PWG22 (deselection)
- AVC & RAS mandates
- Conflict Resolution Council (CRC) proposal
- Review sharing and communication with the main WGs, invite the youth and the community

Possible Council Restructuring

1. Council wants to create a framework, reach out to resource persons, find out what is driving us, and find new ways of communication
2. Council wants to explore the possibility of having a knowledgeable discussion panel to focus on what we want to connect, to agree on, to bring topics that give a sense of unity, to brainstorm, to create a momentum

Action plans

1. Council wishes to favor initiatives from residents towards a horizontal organization. Some members from the Council are attending the Evergreen meetings organized by some residents.
2. We plan to have more open spaces to harvest opinions across the community, and reflect on functions & roles of the RA
3. Today Aurovilians are occupying the Council meeting room, day and night, after AVFO's request to leave the place within 24 hours on the 2nd of July.

Points discussed with FAMC

1. FAMC lost their office on the first floor of Town Hall
2. BCC budget needs to be approved, stalemate with AVFO
3. In the last selection process, two seats remained vacant in the FAMC, thus today the FAMC requests 2 new members to be selected.
4. Joint meetings with WCom, youth representatives and Council
5. The Residents Assembly is denied its fundamental role, it needs to be united, to protect the Spirit of Auroville. People from outside under AVFO have been given de facto positions in our working groups and internal organization
6. We have to deepen our intention and put back the RA in its legal place
7. Current structures can change for participation and exploration of collective intelligence
8. Self-evaluation and criticism has to come to the table, the intention is to act with care and take steps. We intend to formulate a response plan in case of emergencies.
9. There was a discussion to bring people together through concrete plans, we welcomed ideas from residents such as regular meetings, march and potluck
10. Council sent to Wcom comments on 59th GB minutes

Joint meeting with Entry Board

1. Council joined the Entry Board in their meeting to find out how the team is coping with the present situation
2. We clarified that the admission of residents in the Master List and Register of Residents is the prerogative of the Residents' Assembly only, for which the EB received its mandate
3. The AVF secretariat's role is to maintain the RoR up to date with these inputs

Organization review: WGs and RA

• WGs

1. Main WGs to have joint meetings on a weekly basis
2. Propose coordinated action instead of firefighting
3. Website & forum:
4. We created a temporary Emails account as we were blocked from the auroville.org.in domain. The currently used email address is avcouncil@auroville.services Auronet's password was given away by one of the Auronet admin without our consent. Many users lost their access to Auronet website.

• RA

1. Concentrate on the core issue (1) get back RA territory (2) spread information faster
2. Start WGs open house, AVC open house is every Thursday morning 9 to 11
3. Propose 'synthesis' group: council can be a common ground for envisioning and reaching out to the community (similar to dreamweaving)

Actual situation.

1. Several decisions are pending, as we are waiting for the court case hearing results for the NGT, the Wcom and the FAMC
2. Decisions of the RA need to be announced officially as "resolutions"
3. As per legal advice, RA needs a letterhead for the resolutions; the Council already certified the RAD/03/22 decision.

Other topics

1. The Council met with the Entry Board to discuss the matter of a Friend of Auroville having received a lot of feedback. It is now up to the Entry Board to take into consideration all feedback received and take an informed decision with the applicant's extension of the Friend of Auroville status and all that it implies
2. Youth Housing Selection Team: the new Council representative is Svenja

The Auroville Council

Sathiya,

Secretary for the Auroville Council

HOUSES AGAINST RECOGNISED WORK FOR TRANSFER

Dear Community, an asset is currently available for transfer:

- Citadines, CIT011, Single Person
- Citadines, CIT017, Single Person
- Citadines, CIT016, Couple

To apply, please click on the new "Houses Available" button in the very right column of the Auronet main page.

You will be directed to our Housing Transfer App at

<https://housing.auroville.org.in>

All you need to do is:

- click on the transfer you are interested in,
- view all the details and pictures of the asset for transfer

and if you wish to apply,

- click on the "Apply" button and fill in the online application form.

Once the indicated deadline for applying has passed, you will receive an email from Housing Transfer with the date for the site visit.

For any questions, please feel free to come and see Venkatesh at Housing Service Office

*Thank you, the Housing Service
K. Venkatesh & Amy.L*

FROM THE ENTRY SERVICE—ES # 144

Dated: 25-08-2022

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to entryservice@auroville.org.in. We thank you in advance.

NEWCOMER ANNOUNCED:

- Pedro GASPER (Portuguese) staying in Yantra and working at SAILER

NEWCOMER RESTARTING THE PROCESS:

- Bharathiraja KASINATHAN (Indian) staying in Kriya and working at Mira Computers

NOTE:

The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

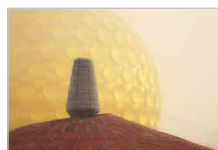
A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Service

Community News

Auroville Matters

A DECISIVE ACTION



"What Sri Aurobindo represents in the world's history is not a teaching, not even a revelation; it is a decisive action direct from the Supreme."

*The Mother's Agenda,
February 28, 1961*

https://sri-aurobindo.co.in/workings/ma/agenda_02/1961-02-28-01_e.htm

The "Who are They?" is now known. The "Who are We?" is now known. The "Where is this We going?", the Perpetual Becomings of the One Being towards the Divine Manifestation, is now known. The "How?" is also known and fully written, available even through the light of a liquid crystal screen. A transmission.

The Sunlit Path of Surrender has been gifted as the easiest and most joyful answer.

It's now just up to each individual to be a willing servitor of the Divine Consciousness, the core of our Auroville Charter, the key that is the required Bhakti for being a true Aurovilian: <https://auroville.org/page/core-documents>

In the meantime, the churning, the pokings, the "clamour of the surface"* as part and parcel of the Divine Play, continue... *Om Namo Bhagavate*

References:

* Sri Aurobindo on "Equality" in [The Synthesis of Yoga](#), from page 698 to 728.

Here is The Mother on the absolute necessity of "Perfect Equality" in the advanced Supramentalisation stage of the Triple Transformation of Integral Yoga (Psychicisation, Spiritualisation, Supramentalisation). The Mother's Agenda is crucial specifically for the understanding of the experiences of the psychophysical changes while on the Yoga of the Cells: [The Mother's Agenda, February 25, 1961](#)

Zech . 2022.08.20

PS: The Mother's Agenda of November 8, 1960 is the correct date as referred to in my posting last week: The Discombobulating Human Scene

WE AGREE...

1. We agree that Auroville's development is in a "stand still" since dozens of years,

2. We agree that the City envisioned by The Mother: the Galaxy with 50 000 people has been held up by a part of Auroville' residents.

3. We agree that the RA has been functioning in a conflicting manner instead of being a dynamic forum for exchange of progressive ideas.

4. We agree that the internal organization of Auroville is dysfunctioning since years with nominations, votes etc... which can only lead to a political atmosphere, power trips, exclusions instead of allowing a fraternal respect and all to be willing servitors with their talents.

5. We agree that, with the passing of years, a certain "laissez aller" and property without property attitude has developed which may create certain tensions and goes against the Charter of Auroville.

6. We agree that the present attempt by the new working groups (WC, FAMC, TTDC etc...) to revive Auroville' ideals, Prosperity etc... are most welcome and necessary.

7. We agree that any interference by outside agencies: press, court, police and other "authorities" to impose one's view should have no voice in Auroville and be removed.

8. We agree that any politically based recommendation (votes, RA...) should be revisited to generate an inclusive process with psychic rather than mental consultation.

9. We agree that the present divisive situation should cease and evaporate, giving voice to the "in fact" existing strong fabric of fraternity in Auroville.

Before recognising the RA, which is not a political entity or party, let us pose and act constructively with the set of suggestions by Kireet Joshi in his interview. Then the RA can be the voice and not a weapon.

*Let us all be worthy of Sri Aurobindo 150th year,
Jean-Jean*

Remembering

SWEET MEMORIES WITH ANANDA.



Coming Friday 26th is Ananda Memorial Day, so we would like to share our Sweet memories with Ananda.

*Thank you,
Deepa
for Ananda and Michiko*

[See Page 28](#)

Passing On

BRUCE ELLIOT

This is to inform the community that at noontime of Monday 22 August, our brother Aurovilian Bruce Elliot left his body at the age of 82 at Marika's Home after coping with metastatic throat cancer.

Originally from Massachusetts, USA, Bruce came to India in the nineties and lived several years in the Ganeshpuri Ashram near Mumbai. From there he joined Auroville in 1999 and was confirmed as Aurovilian in November 2000, working at Matri-mandir Nursery. Because of gradually deteriorating health, he had to stop working and devoted his time to the study of Sri Aurobindo's works and authoring a book on him.

As he lived as a recluse, we will mostly remember him for his twice a day walk -always seemingly in a hurry- from Prarthna to Solar Kitchen for his meals, with a peaceful and light expression on his face. Since April this year, he was taken up in Marika's Home and was very appreciative of the kindness of the people around and the quality of care he was given.

As per Bruce's specific wishes, there will be no visitation or viewing at Farewell; his remains were cremated at Auroville's mandapam on August 23.

Fare well, Bruce. We will meet again! OM

Mauna



Awakening Spirit

SAVITRI BHAVAN, SEPTEMBER 2022



Exhibitions

- **Meditations on Savitri:** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- **Glimpses of the Mother:** Photographs and texts In the Square Hall from 15 September onwards
- **Sri Aurobindo:** A life sketch in photographs In the upper corridor

Films

- **Mondays at 4pm**

We continue the series of Meditations on Savitri with meditative films of passages from Sri Aurobindo's epic poem Savitri—A Legend and a Symbol, read by the Mother, accompanied by Her own organ music and illustrated with paintings made by Huta under the guidance and inspiration of the Mother. We offer these films, in order to concentrate within, to be with our soul and psychic being and the Divine presence.

- **September 5:** Meditations on Savitri, Book 2: The Book of the Traveller of the Worlds, Canto 7, 9-15. Duration: 42min.
- **September 12:** Meditations on Savitri, Book 3: The Book of the Divine Mother, Canto 1- 4. Duration: 22min.
- **September 19:** Meditations on Savitri, Book 4: The Book of Birth and Quest, Canto 1-4. Duration: 43min.
- **September 26:** Meditations on Savitri, Book 5: The Book of Love, Canto 1-3. Duration: 32min.

Full Moon Gathering

- **Saturday, September 10, 7:15—8:15pm** in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30–12 noon:** Savitri Study Circle
- **Mondays 3-4pm:** Sri Aurobindo's Isha Upanishad led by Dr.Jai Singh
- **Tuesdays 3-4pm:** Yoga and the Evolution of Man led by Dr.Jai Singh
- **Tuesdays, Fridays, Saturdays 4-5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 6:45-7:30am:** Reading Savitri: practising the sound and rhythm with Patricia
- **Fridays 3-4pm:** The Finding of the Soul (in Savitri Book 7 Canto 5) led by Dr.Jai Singh
- **Saturdays 3-4pm:** Introduction to Integral Yoga, led by Ashesh Joshi
- **Saturdays 4-5.15pm:** Satsang, led by Ashesh Joshi
- **Saturdays 5pm:** Mudra-chi led by Anandi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9-5
- **Library** is open Monday to Friday 9-5
- **The Digital Library** can be accessed on request Monday to Friday 9-4

*Everyone is welcome,
Dhanalakshmi for Savitri Bhavan*

Thank you!

TO ALL OF OUR KIND DONORS



Lea, Maisie, Mohini and Maya have all safely returned back to Auroville after having an incredible time in the UK and at the Summerhill Festival of Childhood. Chandni has stayed on in the UK for a little while longer to spend time with her family there.

They have created a short presentation to let you know how they got on. Please [follow this link to read all about it!](#)

Thank you all so much for your kind generosity, they literally could not have made it without you!

Amy

MEDITATION WITH SAVITRI READ BY MOTHER TO SUNIL'S MUSIC

6 to 6:30pm, Amphitheatre—Matrimandir
Every Thursday at Sunset.



During the summer the Meditation is with Mother and Sunil's "New Year Music", before we restart a cycle of Savitri read by Mother to Sunil's music.

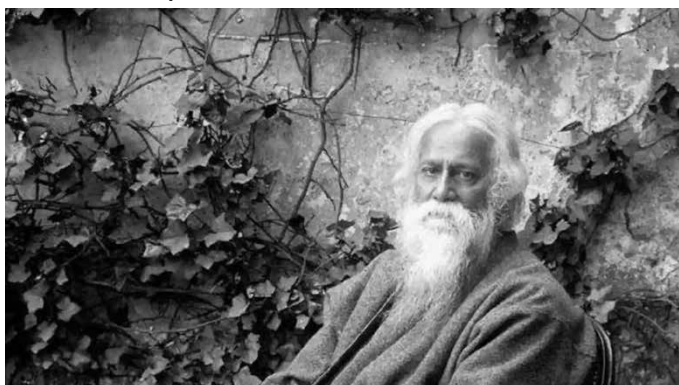
Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you.
- Access only for the Amphitheatre from 5:45pm.
- Please be seated by 5:55pm.

*Thank you,
Surya & Amphitheatre Team*

**AN OFFERING OF TAGORE SONGS
by Nandita-di and her students**



**SAWCHU (Bharat Nivas),
Wednesday, 31 August, 7:30pm**

Nandita di would like to stop her Hindustani Music classes at the end of August as she feels that it is time to do so after 20 years of teaching. It is her wish, as well as ours, to offer together a final concert.

- It is dedicated to Sri Aurobindo's 150th anniversary.
- We will be presenting songs by Rabindranath Tagore for the occasion.
- The concert will take place at SAWCHU (Bharat Nivas) on Wednesday, 31 August. At 7:30pm. Duration: 1hr.

Thank you and hope to see you all.

Nandita di's students: Arati, Devi, Joy, Meha, Sonali, Surendra and Valli

Sonali

**SAMVAD CAFE'S SPEAKER OF THE MONTH
Saturday, 27 August, 2—3:30pm**

As a part of Samvad Cafe's Speaker of the Month for August, we'll be interacting with Thiru. Kothandaraman.

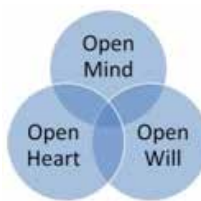
He will be sharing his reflections on the book Bharata Shakti Mahakavyam by Kaviyogi Shuddhananda Bharati. A highly regarded modern epic filled with the essence of Indian philosophy and spirituality.

All are welcome to join in.

- Please drop us a line at naveenv@auroville.org.in for the venue details.

*Warmly,
Sangeetha*

U.LAB: LEADING FROM THE EMERGING FUTURE



U.Lab is a highly experiential course based on Theory U, a framework that is rooted in the belief that the quality of the results that we create in any kind of social system is a function of the quality of awareness, attention or consciousness that the participants in the system operate from. It offers practical guidance on how awareness based systems

change and a method of learning from the emerging future allow individuals, organizations, and communities to turn ideas into real world change.

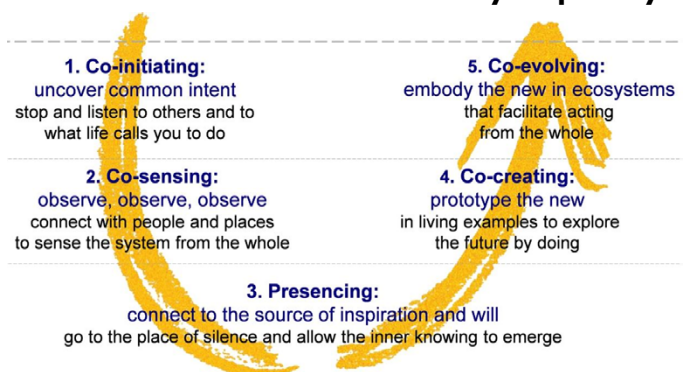
U.Lab is developed by the Presencing Institute at Massachusetts Institute of Technology (MIT), USA and more than 1,00,000 people from 180+ countries have participated in it, creating a global movement for profound social, environmental and personal transformation. This approach to leading change is practiced by business, government, and civil society leaders around the world—many of whom you will meet during this course.



U.Lab @ Auroville

Some Aurovilians, Newcomers and Volunteers have participated in the U.Lab course before. If there are some participants interested in taking this course together, we can collectively explore this in the context of our life in Auroville and to manifest an Integral Economy.

Here is a brief outline of the "Theory U" journey:



Online Registration

The entire 14-week course (starting on 8th September, 2022) is offered freely, without any fees. If you want a certification, there are some fees. It is an online course that can be taken at your own pace (with a commitment of about 6 hours per week) and there would be some group sessions for which participants in Auroville can meet in person. If you would like to be part of the group sessions, please send me an email on deven@auroville.org.in

- To register online, visit: <http://u-lab.org/>

Best wishes, Deven



**SPIRITUAL HISTORY OF INDIA
IN THE LIGHT OF SRI AUROBINDO**
Evolution Fast-Forward Part 4



Monday, 29 August 2022, 4pm, at Savitri Bhavan.
Duration: 67 min.

This film traces the spiritual evolution of India over the past 4,000 years, seen through an original Indic perspective based on Sri Aurobindo's research. It discusses the past and future of India's spiritual self-discovery, the progress of its civilization and the evolution of consciousness. The chapters of the film include *Age of Intuition* which corresponds to Vedic times, *Age of Reason*, *Age of Devotion*, *Age of Power* and *Age of the Body*.

"In the India of Vedic times we have the record left of the other line of achievement, that of spiritual self-discovery;... We may say that here in India the reign of Intuition came first, intellectual Mind developing afterwards in the later philosophy and science. [...] If we analyze the spiritual history of India we shall find that after reaching this height there was a descent which attempted to take up each lower degree of the already evolved consciousness and link it to the spiritual at the summit."—Sri Aurobindo, *Letters on Yoga— I, Spiritual Evolution and the Supramental*, p.267.

The Age of Intuition that resulted in the composition of the Vedas was the age of mysteries and the earliest dawn of spiritual awakening and evolutionary transformation of human nature. The Vedic experience was orally transmitted across generations and coded as mantras. Sri Aurobindo refers to this ancient mantric knowledge as *Devabhāṣā*—the language of gods, the expression applied to the Sanskrit language—in which the creative power of the word was central. The Rishis discovered the flame of aspiration, or *Agni* arising from their innermost depth and on the physical plane the expressions of this aspiration became Vedic mantras. This *Agni*, this flame of aspiration was not only within themselves. They saw it everywhere around them carrying forward the mysterious process of evolution towards the higher levels of consciousness.

Then came another phase of evolutionary process—the *Age of Reason*. Sri Aurobindo says: "The Vedic age was followed by a great outburst of intellectual philosophy which yet took spiritual truth as its basis and tried to reach it anew, not through a direct intuitive or occult process as did the Vedic seers, but by the power of the mind's reflective, speculative, logical thought; at the same time processes of Yoga were developed which used the thinking mind as a means of arriving at spiritual realization, spiritualising this mind itself at the same time." (p. 267)

A powerful movement of revival of the truth of the Veda developed in the form of the *Brahmanas* and the *Upanishads* around 1500 BCE- 800 BCE and the *Vedānta* in 900 BCE-1600 CE. The *Brahmanas* focused on conservation of the forms of Vedic ritual while the *Upanishads* sought to express the very soul of the Veda. They sought to recover the lost or veiled knowledge by meditation and spiritual experience. The two Indian epics, the *Ramayana* of Valmiki and the *Mahabharata* of Vyasa further explored the ideals of spiritual progress and self-realization and applied them in the social life of Indian people. And the *Bhagavad Gita* brought in a whole new synthesis of knowledge. In them, the spiritual truths of the Veda and *Upanishads* were given a new shape and made more accessible to the common man.

After the bright and powerful Age of Reason, the center of consciousness of the Indian civilization shifted further down to the heart. Thus, the Age of Devotion arrived giving emotional dimension to India's spiritual culture, 700 CE-1600 CE. This was the time of the Puranic literature which retained the truth of the Veda but created new forms of expression. The emergence and growth of regional Bhakti movements and their evolutionary impulse reverberated across the Indian subcontinent over the whole millennium.

In the **Age of Power**, around 600 CE onwards, the center of consciousness shifted further downward. This corresponded to the emergence of Tantra and the compilation of the Puranas. The union of Shiva and Shakti as the focal point of spiritual realization came to the forefront in the Tantra through the practice of *Bija mantras* or seed sounds. Over the centuries, Tantras and Puranas mingled and gave rise to the most vital and enduring movements of the classical age of India. They had the most lasting result on the minds of the people. They open the common mind to the higher and deeper levels of truth and experience. Indian cosmology and epistemology deeply impacted various cultures across Asia. It was the universality of Indian art, science and technology that attracted India's neighbors. India's spiritual influence spread far and wide.

After spiritualizing the mind, emotions and dynamic energy, the center of consciousness of the Indian civilization shifted further down around 1100 CE which gave rise to the **Age of the Body** which aimed at the conquest of the body consciousness. This shift brought forth the body consciousness and its spiritualization as the next stage in India's mission. It emerged naturally as the continuation of the ongoing development of Tantra and the knowledge of the chakras. The body and its divinization became the field of research and area of expertise of Indian yogis. To accomplish this, Hatha yoga was developed and systematized based on the ancient wisdom. For a Hatha yogi the body is not merely a mass of living matter but a mystic bridge between the spiritual and the physical being. Hatha yoga gives to the soul in the physical body the power, light, purity, freedom and the ascending scales of spiritual experiences. However, the practitioners of Hatha yoga were unable to discover the right method and the power of the spirit that could transform and divinize the physical body.

Sri Aurobindo stated the following about the transformation of power and body consciousness: "*Then followed an era of the development of philosophies and Yoga processes which more and more used the emotional and aesthetic being as the means of spiritual realization and spiritualised the emotional level in man through the heart and feeling. This was accompanied by Tantric and other processes which took up the mental will, the life-will, the life of sensations and made them at once the instruments and the field of spiritualisation. In Hatha Yoga and in the various attempts at divinisation of the body there is also a line of endeavor which attempts to arrive at the same achievement with regard to living matter; but this still awaits the discovery of the true characteristic method and power of spirit in the body. [...]*" (pp.267-268)

And the following lines speak about the future direction of spiritual effort and the nature of the work carried out by Sri Aurobindo and the Mother: "*Our Yoga is in its principle a taking up and summarizing and completing of this process, an endeavor to rise to the highest possible supramental level and bring down its consciousness and powers into mind, life and body.*" (p.268)

This new and informative film by Sopanam can also be [seen on YouTube](#).

Margrit

ART FOR LAND 2022—EVENTS CALENDAR



August 25

- Movie Screening, 10am—12pm, 2—4pm
- Community Fun: Folk Dance Orissa, 7pm—8:30pm
- Peace Meditation, 6pm—7pm

August 26

- Movie Screening, 10am—12pm
- Cultural Event By Tbc, 7pm—8:30pm
- Peace Meditation, 6pm—7pm

August 27

- Movie Screening, 10am—12pm, 2pm—4pm
- Cultural Event: Dance & Carnatic, Music by Usha & Bhoopalan, 7—8pm

August 28

- Movie Screening, 10am—12pm
- Puppet Show by Kumud, 5:30pm—6pm

August 29

- Movie Screening, 10am—12pm, 2—4pm
- *Puppet Show by Kumud, 5:30—6pm

August 30

- Movie Screening, 10am—12pm, 2—4pm

August 31

- Movie Screening, 10am—12pm
- Sound Bath, 5:30—6:30pm
- Peace Meditation, 6—7pm

September 1

- Movie Screening, 10am—12pm, 2—4pm
- Peace Meditation, 5—6pm
- Community Fun by Garba Dance, Gujarat, 7—8:30pm

August 2

- Movie Screening, 10am—12pm, 2—4pm
- Cultural Event by Ilaignarkal School, 7—7:15pm
- Cultural Event, Kathak Dance by Debolina, 7:15—8:15pm

September 3

- Movie Screening, 10am—12pm, 2pm—4pm
- Closing Event, Flute Recital by Sarthak & Tabla by Tapan Chaterjee, 7pm—8:30pm

Mandakini

ART FOR LAND EXHIBITION AND LAND FUNDRAISER 2022

August 7 to September 4, 10am—6pm daily at the Unity Pavilion



Donations from fundraising are the only source for Auroville's needed land purchase!

Acres For Auroville, in association with Unity Pavilion and Auroville Art Service is happy to invite you to Art For Land's 2022 Exhibition & Land Fundraiser

Now in our 7th year, AFL is an important annual support for needed land purchase, and a recognized showcase for Auroville's artistic creativity. We thank all the artists who have donated their works and all the event organizers for their energy—we appreciate your inspiring solidarity!

This year again, the walls, halls and tables of the Unity Pavilion are filled with artworks of many media for sale to raise funds for the land, all **generously donated** by Auroville, Ashram and friend artists from India and around the world. The Exhibition's artworks can be seen and purchased at the Unity Pavilion, or via the online gallery at our dedicated website artforland.in which provides purchase, donation and events information.

Please see our calendar for all the event details.

Proceeds from art sales, books, cards and events all go for land purchase via the Acres for Auroville land campaign, Art for Land's initiator.

- For more information on the Exhibition, the Inauguration, and the Events Calendar, please contact: unitypavilion@auroville.org.in and +91 4132623576 by phone, artforland@auroville.org.in and our website artforland.in

We warmly invite everyone to participate in this annual action of creativity, beauty and unity.

Join us for Art For Land to raise funds for consolidating Auroville's Master Plan land!

Arun

Gatherings

VEGAN POTLUCK

Friday, 2 September, 6:30—10pm, Le Morgan, Town Hall



Come and join us in a vegan feast! YouthLink invites everyone for our second vegan potluck! In the first event we managed to collect all of the recipes and create a book of vegan delights. For our second event we encourage everyone to try and bring the recipe as well as the dish to add to our compilation. The recipe book will be there for everyone to view and enjoy.

We hope to see lots of hungry and lovely people there :) Warmly, YouthLink, Ankita, Aurore, Krishna, Lucrezia, Medha, Namu, Sanata, Tenzin

Health Care

CARE FOR THE LIVER



Wash out anger and frustration, and energy will flow again

In Ayurveda, out of the 3 doshas (Vata, Pitta, Kapha) Pitta is the bilious humour, it is the capacity to digest anything that enters the 3 levels of consciousness: in the physical (to digest food, liquids, air, sensations), in the vital (to transform emotions, feelings, desires, ambitions...) and in the mental (to shine light and intelligence).

In the physical, it is the energy of heat, digestion and transformation that is secreted between the stomach and the bowel and flows through the liver, spleen, heart, eyes and skin. When the energy is not centred in this area, it will create the following symptoms:

Bloating, abdominal distension, retention or constipation, acidity, reflux, indigestion, vomiting, PMS, menses pain, muscle tension, body pain (inflammation in the joints), body rigidity, disturbed sleep, insomnia

In the vital, it is the capacity to observe and understand manifestations in the inner being or what comes through the 5 senses. It flows through the outer layer of the heart, the pericardium. When the light is down, it creates stress, frustration, impatience, anger, bitterness, grudge, nervousness, anxiety, mood swings, pretension, arrogance, intolerance.

The intelligence and knowledge pour through the mental when poised. When agitated, it leads to a lack of clarity to understand situations, over-thinking, recurrent thinking, restlessness, over-activity, agitation, loss of values, opinionated, preconceived ideas, hypersensitivity, distorted or distorting thoughts, smart aleck, mental rigidity

Some special food items and activities or herbal remedy can help to ground the energy in the heart and to nourish the body, making the liver happy again and the pericardium inflated with nice energy

Recommended food and liquids:

- **Proteins:** veg— lentils, all dal, sesame seeds ; non-veg—chicken and chicken liver, fish, eggs, sardines, octopus, crab
- **Grains/Cereals:** corn, millet (eg: varagu, ragi, kambu...), rye, oats, wheat (such as chapati, not bread nor pasta)
- **Vegetables:** all green vegetables (alfalfa, broccoli, celery, leek, spinach), beetroot, cabbage, carrot, fennel, lotus roots, pumpkin, radish, tomato
- **Fruits:** dates, grapes or raisins, pomegranate
- **Herbs:** chamomile, fennel seeds, fresh ginger, mint, oregano, parsley, thyme

Gather the energy in the heart or navel:

- Deep breathing, sighing, yawning, pranayama (anuloman viloman, sheetali, sheetakari, chandra bhedana: left nostril breathing, OM chanting), athletic sports (including cardio, collective sports, individual sports), TaiChi, Qi Gong, manifesting love, listening to relaxing music, gardening, contact with nature, earthing, contact with water (water sports, walking in the sea), walking barefoot, full moon bathing, stargazing, all forms of art (painting, dancing, singing, playing an instrument), massage, crying

- **Mother's flowers or Bach flowers** can be of good help with stagnant energies or recurrent emotions.
- **In the workplace:** drink regularly water, take regular breaks from the screens and breathe, spray Holy Basil essential oil or do fumigation with dry tulsi leaves

When Pitta is balanced it shines loving kindness and has excellent capability of observing, learning, understanding, organising, planning for the benefit of all or a greater cause.

Love and light, Be@Sante clinic

AURODENT—DENTAL CLINIC



Dental Clinic
Auro mode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

The Arts

THE CREATIVE WRITING PLAYGROUND



Dear Writing wanderers on the Path of Creativity, the creative writing classes are now online at this address: <https://satsangarts.auroville.org>.

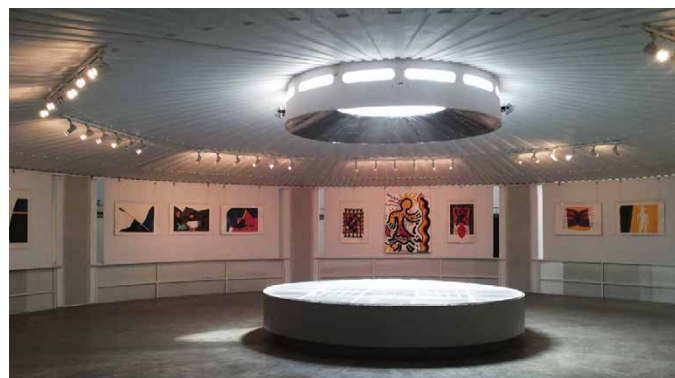
It's a temporary blog, waiting for the beautiful, insightful new website to be completed. There are no live classes right now, even though I do not exclude that there may be some in the future.

Please enjoy it and share with me if the experience is to your liking writing at: satsangarts@auroville.org.in.

Peace! Francesca

**KALAKENDRA ART GALLERY
HOSTS WATERCOLOR PAINTING SESSIONS**

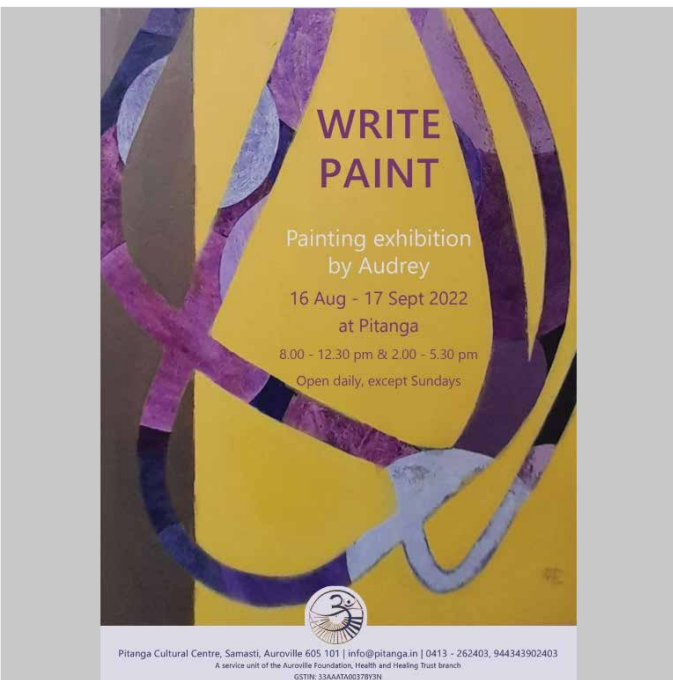
Tuesday and Thursday Afternoons from 2:30 to 4pm



Bharatnivas Kalakendra Art Gallery hosts regular watercolor painting sessions. All are welcome. Contribution from Guests is expected. **Tapas, Bharatnivas Kalakendra Team**

04132622488

bharatnivas-kalakendra@auroville.org.in



Thanks, Sathya

Help Needed

DONATION FOR THE TOUR

Dear Auroville, I am approaching you for financial help. Our group of singers, musicians and dancers worked for quite some time on the project "Harmonies inspired by Sri Aurobindo's poetry." We performed in CRIPA on 6 and 7 of August and are still going to perform on 31.08 in the Hall of Harmony, Pondicherry Sri Aurobindo Ashram. So, we got very good feedback from many people. Sri Aurobindo Ashram in Delhi is ready to receive us and give us accommodation and food. We need to raise money for plane tickets for 11 people. I think it is very important that Sri Aurobindo as a great poet, poet of the future will sound all over Delhi. It is our offering to Sri Aurobindo which is also a message from Auroville to India and the world.

Please help us to fulfill this act by donating something to the account **251031 in FS Shakti Artist**. We are planning to go maybe mid October. Please add the description "donation for the tour". Thank you very much in advance.

Love, Shakti

FUNDRAISING FOR URBAN DESIGN STUDIES

Dear community, Hello again!

My name is Bhavya. I grew up in Auroville, and since 2018, I've been pursuing a Bachelor's degree in Urban Design at CEPT University in Ahmedabad, India. I'm passionate to learn about how people behave and move within public spaces. As part of my university studies, I have been selected to study abroad for a semester. It is an exciting and rare opportunity but it is challenging for me financially. I've started a fundraising campaign and I have been sharing my progress with the community.

In this update, I am happy to announce that my article, 'One Dream and Many Questions' has been published! I invite you to read the August Issue of Auroville Today, where I explore the thoughts and questions that have shaped my aspirations to become an Urban Designer for Auroville.

I am also delighted to share that I have raised **59%** of my fundraising goal! 37% was donated from inside Auroville via the financial service account. And 22% was donated from friends and well wishers all around the world via the Ketto crowdfunding page. Your support has been absolutely amazing and I am so grateful to be part of this wonderful community.

I request you to please share the link of my online crowdfunding page through which well-wishers can contribute anonymously and in their preferred currency. Every share can help me reach my goal!

- <https://www.ketto.org/fundraiser/exchange-program-bhavya-trivedi>

Contributions are also welcome in **FS Account 106288**. Every contribution is deeply appreciated. If you'd like to know more or can help me further, I would love to have a chat! Please contact me at aurobhavya@gmail.com.

Thank you for your time and your generosity.

Bhavya

PS: If you would like to read the article, but do not have access to Auroville Today, please write to me and I can share a soft copy with you!

CALL FOR HELP FOR OUR FAMILY MEMBER ANAND

Matrimandir Executives and Coordinators are making an Appeal on behalf of long-time Aurovilian and Matrimandir Coordinator, Anand. Anand suffered a severe head injury in a motorcycle accident in mid July. He was taken to Apollo Hospital in Chennai for emergency brain surgery and spent a month there in intensive care. Later he was brought to PIMS for further care. Anand is now at home but still bedridden and unable to speak. The expenses incurred for his treatment are far beyond the amount that can be provided by the Health Fund so Matrimandir has opened an account number **251019** in the Financial Service where all contributions will be most gratefully received.



Thank you for your kind support.

Matrimandir Executives, Coordinators and co-workers.

Submitted by Judith

Taxi Share

August 29 from Chennai Airport



I am arriving at Chennai Airport on August 29 at 10:30am.

I'm looking to share a taxi to Auroville. If anyone is interested, contact me on: +91 9612780088

Manou

Sports

SWIMMING CLASSES

Kids (6+) & Adults
Courses from beginners to advanced level

To book contact
Mani
+91 8637633696

Swimming classes

Mani Ganesan, aurovillemani@auroville.org.in

BADMINTON TOURNAMENT

On this special year of 150th Sri Aurobindo birth Anniversary, Auroville badminton Team will be holding a badminton tournament starting from 2 to 10 September 2022, and all finals will be held on 11 September on the Certitude badminton court. We request all participants to give their entries.

Categories are:

- Sub-junior Girls Double's
- Junior Girl's Double's
- Women Double's
- Sub-junior Boys Doubles
- Junior boys Doubles
- Men's Double (Cat C)
- Men's Doubles
- Super Senior Doubles (Above 60+) Doubles

Please give your entries to:

- Manickam 94430 01761
- Palani 94435 35172
- Bharathy 9751110018/ 9443617098

**AUROVILLE
BADMINTON
TOURNAMENT
2022**



**Last Day of Registration
Thursday 1st of September 2022**

2nd Sep' 22 - Sub Junior Girls Doubles
3rd Sep' 22 - Sub Junior Boys Doubles
4th Sep' 22 - Junior Boys Doubles
5th Sep' 22 - Junior Girls Doubles
6th Sep' 22 - Women's Doubles
7th Sep' 22 - Men's Doubles (Cat C)
8th & 9th Sep' 22 - Men's Doubles
10th Sep' 22 - Super Senior Doubles
11th Sep' 22 - Finals

Contact: 975111 0018 / 94436 17098
94430 01761 / 94435 35172

Thanks, Bharathy Manickam Palani Lakshmi
for Certitude Badminton

Looking For

Looking for a Bedframe



Dear friends, i am looking for a bed frame until March next year—with or without a mattress. Dimensions 2m x 1m60. To borrow, or for contribution.

Daniel, 97872 48198 WA,
or danielrabin@yahoo.com

Seeking House Sitting Opportunity



Hello & Namaste! I am Pragya Upadhyay, a registered SAVI volunteer. Currently going through YUCCA Newcomers program, August 2022. I am a practitioner of Yogic lifestyle. And working as a Psychologist for 6 years with children, adolescents, parents & educators; & researching in the field of Perinatal Psychology. I love all life forms and enjoy interacting with people of all ages coming from cross-cultural backgrounds. It replenishes my soul to connect with nature and being around animals. I enjoy taking care of pets and indoor plants, along with gardening and grounding.

I am looking forward to the experience of house sitting in Auroville for the months of September, October and November. (Any of these months or all)

WA +91 9598089526, pragya.cpsy@gmail.com

Gratitude! Pragya Upadhyay

Housekeeper is Needed

A housekeeper willing to work is needed, 8:30am to 5pm, with their own TVS. Contact Rajasekar 9486842522"

Gratefully, Maggi

Devi Looking for Household Work

Dear Friends, Devi, an Amma, a helping lady is looking for household cooking and cleaning work. If anyone needs help, please contact her at +91 95850 56013

Warmth, Divyanshi

A Labrador looking for Foster family



Because of the COVID-19, our family can not come back to AV, so we need to find a foster family for our dog. He is an adult Labrador, needs to go out for a walk twice a day. He likes to live with people, we would wish that he can stay indoors, rather than outdoors in a garden, except for his food. We will be willing to pay money for foster care, the time will be about 4 to 5 months.

• If somebody is willing to take care of him, please contact: 7598743286, or 1483195304@qq.com

Thank you! Jane

Available

Small Fridge

I am moving and have a small fridge available, about 100L. Daniel, 97872 48198 WA or danielrabin@yahoo.com

Massage Bed Available

Heavy duty massage bed available. Needs some repair.

Samata, Transformation, samata.meinhardt@gmail.com

Four Puppies

We have 4 beautiful healthy puppy's are available for adoption. Please call or WA 9361591906 to come and see them.

Pedro

Three Puppies



3 healthy 3 month old puppies raised on mother's milk (plus food) are available for adoption to a good home. They are dewormed, healthy, happy and will make good watch dogs and give you lots of love. Both male and female available.

Nandita, nandita@sharan-india.org, +91 9488483286

Dance



25 August, 7-8:30pm, Unity Pavilion

Regards, Arun

Work Opportunities

HR HUB INITIATIVE



HR Hub Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in

Inventory/stock In-charge (full time position)

Looking for an Inventory/stock in-charge personnel to handle stock and develop a comprehensive inventory tracking system to streamline needs and costs.

The main responsibilities of this position include managing tracking systems and supporting procurement. The successful candidate will offer recommendations to ensure ideal levels of inventory for the kitchen and in stores. Prospective candidates with inventory control experience in edibles are encouraged to apply.

- **Responsibilities and duties:** Ensure accurate product inventory; develop an inventory tracking system to streamline our operations; communicate with procurement in-charge & accountant about current stock and potential issues with orders; conduct daily analyses to forecast potential inventory issues; report on inventory activities and variances...
- **Requirements:** Knowledge in data entry and basic tally; Able to multi-task and work independently; in-depth understanding of groceries and how to appropriately store them; punctual and Full-time commitment.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at hr.hubauroville@gmail.com.

Sara for HR Initiative

Education

IPK ACTIVITIES

OFFERS MATHEMATICS ASSISTANCE TO CHILDREN



IPK Activities is offering one-on-one assistance in mathematical understanding for children from age 8-16yrs (against contribution). The intention is to discover/ re-discover the language

of mathematics through various aspects.

We would like children to have a fluid way of learning mathematics which can be molded as per one's needs. For more information please write to ipk@auroville.org.in or reach us any working day at 9529673687 between 1-4pm.

- To understand our learning approach; please click on the link to [listen to our latest podcast with Auroville radio](#)

In addition to the above; we are calling all the storytellers to discover and understand the mathematics behind storytelling! If you are a writer, director, actor or someone who loves to share a story or listen to stories, do come. If you are just a curious soul, you are welcome too!

- **Friday, August 26, 2—4pm, The European house**

This event is meant for adults. If any kids are interested, do connect with us and we can discuss the possibilities.

Snehal, for IPK

Practice Skills

LEARN ABOUT HEMP FIBER

Hemplanet facility, Saturday, 3 September, 9am—5pm



Come and learn all about hemp fibers and try your hand at making hemp paper at the Hemplanet facility. Tea/coffee and snacks included. Free for Aurovilians and Newcomers. Send an email to info@hemplanet.in to register.

- Guests please register through our website: <https://www.hemplanet.in/hemp-paper-workshop>

Tom

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day from 6am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us: e-mail to sadhanaforest@auroville.org.in, WA 8525038274 or call 8122274924.

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

Languges

The Language Lab's Opening Hours

Monday—Friday:

9:00am—12:00pm & 2:00pm—5:00pm.

Saturday: 9:00am to 12:00pm.

Location: International Zone, after Unity Pavilion & Pump House.

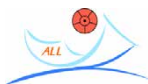
Phone: (0413) 2623 661, 4036920/22.

Email: info@aurovillelanguage.org



Find us on @aurovillelanguagelab
Auroville Language Lab Tomatis Research Centre

**NEWS FROM
AUROVILLE LANGUAGE LAB**



Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 4036922 or email us at tomatis@aurovillelanguage.org to schedule your Listening Tests & Consultations

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguage.org/tomatis-method.php>
- <https://www.aurovillelanguage.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Summer Language Courses at ALL

French with Jean-François

Jean-François's current courses are closed for new registrations. We will start new batches soon. You are welcome to enquire and register early for the forthcoming classes!

Jean-François conducts two courses:

- **French Conversation:** For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, and more.
- **Beginner French:** This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive and are structured around the "French in Action" modules developed by Professor Pierre Capretz of Yale University.

Hindi with Vatsla

Spots are filling up for Vatsla's Beginner Hindi course! You have two weeks to register!

We have always received great feedback on her course! The new batch starts on 3 September 2022. This three-month course is a blend of grammar and conversation, poetry and songs. We invite you to come and relish the beauty of the Hindi language. Enquire now to join!

- Classes will take place Saturdays, 10:00am to 12:00noon, for 3 months.

English Conversation with Ramesh

Our long-term volunteer, Ramesh, is ready to take your English-speaking skills to a new level. Yoga trainer, YouTuber, and Excel expert, Ramesh brings a range of experiences to his classes. Ramesh is offering English Conversation Classes for students who already know a bit of English. The feedback is excellent. Ramesh prepares his classes painstakingly and covers grammar as well.

- Classes take place Tuesdays & Fridays, 2:30pm to 3:30pm. Enquire now to join!

Beginner and Pre-Intermediate English with Rupam

Rupam's morning English classes have re-started after a short summer break. Classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs.

- Classes take place Tuesdays & Thursdays, 10:15am to 11:15am. Enquire now to join!

Spoken Tamil with Saravanan

- This course is now closed to new registrations.

For all the current and old students, we will soon be offering Practice sessions in Tamil on Saturdays. It would be a space where you could practise what you learned over the previous week. All are welcome! Watch this space for more details.

Tamil Written and Spoken with Murugesan

Our teacher, Murugesan, is ready to start a new Beginner Written & Spoken Tamil Course, as soon as we have a minimum of 4-5 students

- Classes will take place Tuesdays & Thursdays, 4pm to 5pm, for 3 months.

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please [fill out our form](#) to join or inquire about any language classes at the Lab! You can drop us an email to info@aurovillelanguage.org, or call us at 2623661

- **Please Note Registration** (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!

Language	Level	Time	Day(s) of Classes
English Always Ongoing	Beginner & Pre-Intermediate	10:15am—11:15am	Tuesday & Thursday
	Beginner & Pre-Intermediate, Group 2	TBA	TBA
	Pre-Intermediate & Intermediate, Started on 25 May 2022	02:30pm—03:30pm	Tuesday & Friday
French	Beginner, Started on 16 July 2022	02:30pm—04:30pm	Saturday
	French Conversation, Intermediate	02:00pm—03:00pm	Monday & Thursday
	French Conversation, Pre-Intermediate	03:30pm – 04:30pm	
German	A1 Beginner, Started on 16 June 2022	9am – 10:30am	Tuesday & Thursday
Hindi	Beginner, To start on 3 September 2022	10:00am – 12:00pm	Saturday
Tamil	Spoken Beginner, Started on 15 July	09:30am – 10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start August	03:00pm – 04:00pm	Tuesday & Thursday
Sanskrit	Beginner, To start September 2022	TBA	TBA
Spanish	Beginner, To start August 2022	TBA	TBA
	Spanish Conversation, To start August	TBA	
Japanese	Beginner, To start August 2022	TBA	TBA
Italian	Beginner, To start August 2022	TBA	TBA

Vismai
for Language Lab Team

Foods, Goods and Services

LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Mr. Ganesh our Travel Consultant can **only** be contacted directly for discussing Travel itineraries, issuing, rescheduling etc. for all kinds of ticketing. by phone/WA +919894598686, or travelshop@auroville.org.in or domestic@inside-india.com



Latest Flight offers from Chennai:

- **Lufthansa and Gulf airways** have good fares to Amsterdam, Stockholm, Paris, Nice, Frankfurt and Munich. LH has fly rail fares for Germany with Deutsche Bahn.
- **Qatar Airways** has competitive fares to Milan, Stockholm, Vienna in October.
- **Etihad Airways** has interesting offers to London, Rome, Milan, Paris, Barcelona and Amsterdam for flights in October month.
- **Oman Airways Europe schedule:** weekly 5 days to London and Milan on Mon, Wed, Fri, Sat, Sun. Weekly 4 days to Pairs and Munich, on Mon, Wed, Fri, Sun. Weekly 3 days to Zurich, on Wed, Fri, Sun and Istanbul on Mon, Wed, Fri.

Before making a flight booking please inform yourself of all compulsory Covid requirements.

Do not forget to comply with the required COVID documentation while returning back to India. Kindly fill out India arrival Aisruvidha online form, vaccine certificate or RT PCR negative test required.

Submitted by Joster

AUROMODE HIVE OPEN HOUSE

Dear All, Auromode Hive would like to invite you to an Open House on Saturday, 27 August from 10am to 5pm.

We will have free internet! All are welcome to try out our coworking space, Free of Charge!

For more details regarding our Plans check out our catalog at our WA Business No. 70921 97375

Auromode Hive Team

AURA NETWORK UPDATE



Hello again from the Aura Network team. Activity is increasing and we would like to request our users to delete their offers and needs when they are fulfilled or inactive. They are automatically grayed out when transactions are completed but still remain visible.

If you click on them, you have the option to edit or delete them. If each one takes care of his or her account, then an admin doesn't have to go into your account to do this.

- We continue with our **3pm Wednesday tea-times** at Volker's place in Sve Dame.

You can also check the website for any questions or information: www.auranetwork.app

Cheers, B, The Aura Team

Bioregion

SOUL OF SOIL

Auroville Cultural, Craft and Eco Experience Program for September 2022

Make and Take Hands On Experience & Workshops at Bio region Art & Craft center located in Mohanam campus



MOHANAM

Bamboo Musical Instrument

We at Mohanam are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at Mohanam Village Heritage Center from professional crafts men and take home your own hand made instrument at the end of the workshop.

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Mohanam Village Heritage Center from professional craftsmen and take home your own handmade Jewelry at the end of the workshop.

Bamboo Toys making

Come and learn to make your own Bamboo Toys at Mohanam Village Heritage Center and take home your own hand made Toys at the end of the workshop.

Clay Modeling and Terracotta

Come, invent and create desired articles, which may include flower petals, figurines, jewelry and numerous other objects. The resulting product hardens without firing to form a sturdy article, which even if it includes thin surfaces will stand normal handling. Learn making and take your designed article.

Incense Making

Come, Learn the basics of making your own natural incense. Workshop will introduce an Indian style of incense making using traditional materials. The workshop draws from the history of incense and students will be introduced to a variety of aromatic herbs, spices and powders. Participants will leave the class with their own incense to burn and share.

Paper Mache Art

Come, invent and create desired articles, which may include flower petals, figurines, jewellery and numerous other objects. Learn making and take your designed article.

Marbling

Paper marbling is a centuries-old art where paint is floated upon a bath of thickened water and drawn through with various tools to create striking, fluid patterns. In this marbling workshop, you will learn:

- how to make the thickened water
- how to prepare paper for marbling
- techniques for controlling the behavior of the paints
- how to create all kinds of beautiful patterns.

Lampshade

Want to make your own funky lampshade to use as a statement piece in your living room? Or just looking for unique things to do in Auroville? This DIY lampshade class will teach you how to design and create your very own lampshade to take home!

Palm leaf craft

Want to make your own art and craft using palmera leaf with our skilled artisans from the bio region? The palm leaves are utilized in making variety of products such as presentation boxes, plain boxes, hats, trays, baskets and more.

Coconut shell craft

Want to make your own art and craft using coconut shells? Love cooking with fresh coconuts? Don't toss the shells! Next time, repurpose them with these decor through coconut shell workshop by skilled bio region artisans

Kolam Mandala Painting Workshop

Learn the art of painting Kolam in various mediums, starting from canvas from our experts. Book now and register to be a part of the workshop.

- Days & Date: All working Days except Sunday
- 1-2 days advance booking is necessary

Contact: Preferred through Email at Mohanamprogram@auroville.org.in or +91 8300949079

Event

Auro-Santhai—Auroville Pondicherry Saturday market

Mohanam re-started the Auro-Santhai—Auroville Pondicherry Saturday market—This is a regular marketplace intended to sell foods, handicraft products and vegetables by the producing farmers and the local artisans directly to consumers. The Auro-Santhai weekend market consists of permanent stalls, kiosks, booths, tables or stands where artists, artisans, farmers and entrepreneurs sell their products.

Social Entrepreneurship tour by Sahithi Divi

This is mainly for the aspiring social entrepreneurs, creators and leaders who want to discover the world of social impact through Auroville and its rich social impact scenario

- Introduction to United Nations Sustainable Development Goals and social entrepreneurship
- Business consulting, branding, marketing strategy and network support
- Incubation support for aspiring social entrepreneurs
- Mentorship support
- LinkedIn profile or business portfolio building
- Design thinking for social impact- discussion
- Visit to two Auroville based social enterprises or rural enterprises (based on choice of participants to understand the business model, challenges and opportunities)

Now based in Auroville, calls it home as path shown by mother. Sahithi is a Forbes India 30 under 30 special mention, 2021, who has a master's degree in social entrepreneurship from, Hult international business school, California, San Francisco, a design thinking practitioner, national brand ambassador for SDGs by (CISMSE / ICTMAE) and founder of women leadership platform called Impact Scientist which is now a project of Mohanam.

- **Time duration:** 3 hours (minimum one and maximum 8 participants)
- **Lunch provided:** Kala akka traditional lunch in bamboo experiential farm (must apply 2 days in advance)
- **Contact:** mohanamprogram@auroville.org.in, +918300949079

Bio Region Village Tours

Cycle Tour with Mohanam Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles.

The route shall include the following destinations-

- Includes Tea and snacks
- **Duration:** 2 hours
- **Date:** 1-day advance booking is necessary
- **Day & Timing:** Sunday 6am to 8am

Auroville North-West Cycle Tour + Lunch

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- **Date and Time:** Every day 10:30am to 1pm (Except Sunday)
- **Meeting / Starting Point:** Visitor center
- 1-day advance booking is necessary for group bookings (for single bookings at least before 10 am)
- **For Bookings:** mohanamprogram@auroville.org.in or call us at +91 8300949079

Indo African Drum Circle with Food and Campfire

Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes.

(With basic Contribution from each participant)

- **Day and Time:** Every Thursday between 6.00 to 7:30 pm (Pre booking is mandatory)
- **Venue:** Mohanam Village Heritage Center
- For more information, contact us: mohanamprogram@auroville.org.in or 8300949079

Thiruvannamalai—Mohanam Services

- Tour, Retreat space, Camping, Temple visit, Ashram Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the mohanam youth to Thiruvannamalai.

- For more information, contact us: mohanamprogram@auroville.org.in or 8300949079

Best regards, Satheesh Mohanam



Special Weekly – Edible Weed Walks : Celebrating the month
 on Saturdays, 20, 27 August and 3 September 2022
 Time: 7:30am to 8:45am (or 9am max)
 Location : In Auroville

Pre-registration required
 WhatsApp/SMS : +91 9840936907 or
 RSVP: edibleweedwalk@gmail.com
 Please specify the date of the walk you want to register for

Location and contribution details @ registration
 Registraton (max 10) open every week until Friday 3PM
 Location in Auroville is decided once registration is complete
 and informed to the registered participants.

The walk is offered for free but a contribution is collected at registration
 that goes towards the Edible Weeds project. To know more about the project/
 to donate please email.

Edible Weed Walk @ NinaS
 edibleweedwalk@gmail.com

On the occasion of
Sri Aurobindo's 150th Birth Anniversary & 50 Years of Bharat Nivas
 Presents

The release of **Edible Weeds and Naturally Growing Plants in Auroville**—second edition
 by **Deepti Tewari** in conversation with **Nina Sengupta**

Author: Nina Sengupta
Publisher: SAIER

Bhumika Hall, Bharat Nivas
Monday, 29th August 2022
5:00 pm to 6:00 pm

This book comprises botanical line drawings of 40 plants, with their vernacular, common, and scientific names. These plants, all of which are edible, but are considered just “weeds” are found not just in Auroville and its surroundings but across India, across the tropics and some of them occur seasonally even in cooler temperate climates. The book also includes a colored insert to serve as a coloring guide but is also handy for somebody who would take nature walks. Readers, adults, or young people can relax over, learn from, and have fun with this book at their own pace. The insert also tells the reader how to pre-process and use the plants as food.

The book's second edition is a testament to its journey that started years ago, literally underfoot as its author went about her daily life in Auroville, an international township located near Pondicherry. Her growing appreciation for tiny weed flowers along the pathways and little clumps of greens sticking out of the concrete as tiny representatives of wilderness made the author wonder about their identities, origins, and resilience in a world facing the threats of climate change. As an ecologist, she explored further; as an ardent doodler keen on science communication, she wished to share her finds visually; and as a foodie, she picked out 40 plants that stand to enrich the palate as well as the plate. The artisanal publication with hand-made paper cover, and the hand-stitched binding, are designed to convey environmentalism.

About The Book

This book comprises botanical line drawings of 40 plants, with their vernacular, common, and scientific names. These plants, all of which are edible, but are considered just “weeds” are found not just in Auroville and its surroundings but across India, across the tropics and some of them occur seasonally even in cooler temperate climates. The book also includes a colored insert to serve as a coloring guide but is also handy for somebody who would take nature walks. Readers, adults, or young people can relax over, learn from, and have fun with this book at their own pace. The insert also tells the reader how to pre-process and use the plants as food.

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Regards, Vani
 Bharat Nivas Cultural Team

Auroville Poetry

She passed by
 Then turned
 And smiled
 So luminously
 That the sun shines
 Shadowless
 No longer shying away
 Behind the clouds.

With joyful Gratitude,
 Anandi Zhang

Voices and Notes

AUROVILLE RADIO



Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

Last published podcasts

- [Savitri, B.I, C.III, part 4](#) (Integral Yoga)
- [Recitation of Sri Aurobindo's poems—Ep.3](#) (Sri Aurobindo)
- [Soul Tracks—Se.4 Ep.9 “3+1×2”](#) (Music)
- [Marlenka's Weekly Offering—ep.60](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi—408](#) (Integral Yoga)
- [A Poetic Tribute for the Maharishi Sri Aurobindo](#) (Sri A) [மகரிஷி ஸ்ரீ அரவிந்தருக்கு ஒரு கவிதை அஞ்சலி](#)
- [The Life of Sri Aurobindo in Tamil-Ep.28](#) (Sri Aurobindo) [“ஸ்ரீ அரவிந்தரின் வாழ்க்கை வரலாறு”](#)
- [Tamil Express—Lesson 22](#) (Tamil Language)

Last Youtube live videos

- [Drupad talk—Live at Savitri Bhavan, Auroville](#)
- [150th Sri Aurobindo's birthday and 75th Mother India Independence day—Light Mandala & Sacred Fire](#)
- [Kena Upanishad—Live performance by Sunaad group](#)
- [Hans talk—Live at Savitri Bhavan, Auroville](#)
- [Sri M talk with q. & a.—Savitri Bhavan 14th August 2022](#)
- [Sunil talk—Live at Savitri Bhavan, Auroville](#)

...and more! on www.aurovillerradio.org

Please help us to relocate the radio!
 Donate to F.A. number 251369

For more information write to radio@auroville.org.in

Peace and Love

Sai Priya
 For AV Radio

Classes, Workshops & Healing Arts

AWARENESS THROUGH THE BODY (ATB)
Saturday and Sunday, 3 and 4 September,



ATB hall in Transition School, 9am to 5pm

- **ATB1: A two-day introductory workshop with Amir**

ATB workshops aim to facilitate a space where all doing can stop and individuals can reconnect to themselves, finding tools and opportunities for self-discovery and inner growth. Listening to, and acknowledging the various inputs from both the inner and the outer world. A journey that allows us to better understand the complexity of our beings and to become more self-directed beings, organized around the inmost psychological centre, the truer part of our being.

A space to cultivate a mental positioning that allows us to grow in awareness of what we do, how we act, feel and think, instead of reacting to situations and circumstances.

A change of consciousness is equivalent to a new birth, a birth into a higher sphere of existence. The Mother 1964

- For more information visit the ATB website <https://awarenessthroughthebody.org/>
- For Registration: mail Amir connect@atbwithamir.com

Amir

INTEGRAL TAROT READING

As a tool for Inner Work with Valentina

- **2—5 pm @ Center Guesthouse, Auroville:**
 1. Major Arcana: 5, 6, 12, 13 September
 2. Minor Arcana: 19, 20, 26, 27 September
 3. Court Cards: 3, 4 October



It may be possible to register for the single modules.

- For details and registration, please send an email to: tarot4dreamers@gmail.com

*This workshop is organized by Synthesis, an activity under ASSA, a unit of the Auroville Foundation
Thanks so much, Valentina*



PITANGA



(0413) 2622403 / WA 9443902403, info@pitanga.in

Dynamic Balance with Osnat

"I invite you to enhance your balance in a program of 8 sessions, in which we will practice balance exercises from different methods and techniques with an emphasis on functional training. The program is designed for Seniors. It is recommended to attend all sessions."

Facilitated by Osnat (Physiotherapist).

- **Tuesdays 4:45—6:15pm**, starting on September 6 till end of October at Pitanga.

These are drop-in classes. Registration is not required. Just come and participate.

Sessions with Vani

Vani sharing with us again some therapy modules:

- **Journey to the memory of the body:**

Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these old belief systems put in place in the past, which keep us from living a very joyful life in the present. (Duration 1- 1.5 hrs)

- **Life Coaching:**

Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative and dynamic thread of your life again. It is also very helpful, to clarify the different steps to take for developing any new project.

Teen Yoga with Lisbeth

- **Teen Yoga has restarted on Wednesday, 17 August.**
- **Classes on Mondays and Wednesdays at 4—5pm**
- **Classes will continue till the first School Term break, September 24 and will resume again on October, 10.**

The Monday class is already full. If more young students between 10 and 15 years old are interested, they are requested to come on Wednesday and meet Lisbeth a little before 4pm to find out whether they can join.

Andrea for Pitanga



www.auroville-jiva.com, WA 9626006961

contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

Natural Horsemanship

- Individual and group sessions ongoingly

Mirrabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!



Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication—and it's just fun time to BE with a sensitive, naturally trained horse! Mirrabelle lives with horses since she was 3 years young. Past 10 years she fulfills her life's dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse. Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care—hoofs, nutrition, psychology, care, riding and therapy!

Contact: WA 9626565134, contact@auroville-jiva.com

Workshop in Holotropic Breathwork

- 2,3,4 September 2022



Facilitated by **KC Tomas**, (Grof Transpersonal Work representative India, Thailand and Sri Lanka), "Holotropic states of consciousness, then, are those non-ordinary, expansive, states that invite and support this innate movement towards wholeness. In the words of Grof:

"Holotropic states bring to consciousness that which has a strong emotional charge in us already. Something that is psychodynamically relevant at the time and is most available for us for conscious processing." When we enter a holotropic state with the intention of healing and self-discovery, it invites a kind of inner radar that scans our unconscious and brings to consciousness that material to which we most need to attend and heal."

All info and registration contact@auroville-jiva.com, WA 09626006961

Gurdjieff Sacred Dances

- 7, 8, 9 Sept with Nirupam Gyan

Nirupam Gyan sufi is sharing Sufi & Gurdjieff & more internationally for over a decade, 3 previous workshops here have met with an overwhelming response. Gurdjieff movements help to balance our 3 centers: the physical, the emotional and the intellectual. Through the unusual combination of movements, the asymmetry, the will to break habits, they help us to acquire a new quality of presence. It's a meditation through the movements. While being in the movement, we may experience the stillness inside, and be simultaneously aware of our inner and outer space.



- Facilitator Nirupam Gyan
- Venue Pavilion of Tibetan Culture

All info and registration Sigrid, contact@auroville-jiva.com, WA 9626006961

The Way of the Sufi: Retreat with Nirupam Gyan

- 10—14 September

Find yourself whirling... Sufi Zikr & Whirling, Sacred Gurdjieff dances, active meditations, breath, dance... woven together magically..by Sufi Nirupam Gyan, who has researched and facilitated Sufi past 15 years intensely. Experience Sufi Your heart will open wide, your mind still... and the world flying by Sufi Whirling is an ancient transformative practice—the Sufi Way Retreat is a life changing event, as many participants of our 5 workshops here convinced



- [Youtube link](#)
- [Photos of the retreat](#)

All info and registration Sigrid, contact@auroville-jiva.com, WA 9626006961

Our Venue Sharnga Guesthouse

- www.sharngaguesthouse.in

Sharnga Guesthouse is a green oasis, with a huge Banyan Tree, horses, birds, a lively tropical garden, with a small pool, gym and rooms from simple to AC, single to family units. A Yoga Hall, AC lounge with big screen, and the great service and international cuisine make it a perfect spot.

YEP We do offer adventure camps with kids programs, <https://www.facebook.com/YEPAV> parallel with wellness and healing sessions for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

- We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution. Acupuncture, Shiatsu, QiGong, TaijiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Pregnancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation

Submitted by Sigrid



VÉRITÉ INTENSIVE

Phone: +91413 2622045, 2622606,

Mobile: 7867805812

programming@verite.in,

treatments@verite.in, www.verite.in

Registration required for the following intensive

Yoga For Energy, Harmony & Well-Being with Rosa

- Saturday, 3 September, 9:30am to 12noon

There is a universal, divine power available for everyone that heals and helps, but we have to take it in. In this workshop we will learn to absorb this life force through the practice of Asana and Pranayama and use it for our bodies and our life.

Explore Your Bodies (Koshas) Through The Practice Of Yoga with Sabrina

- Saturday, 3 September, 9:30 to 12noon

You will be guided to experience your different 'bodies' (physical, vital, mental, intuitive and bliss) called Panchakosha in Yoga. Becoming aware of our bodies helps us to bring more clarity about what is happening within us in our daily lives, and enhance our yoga practice. As attention is strengthened, and awareness expanded, better understanding and self-management can occur. A beautiful session open to everyone.

Josh for Verite Programs

VÉRITÉ PROGRAMS SEPTEMBER 2022

Phone: +91413 2622045, 2622606,

Mobile: 7867805812, 8489391876

programming@verite.in, www.verite.in



Yoga & Re-creation Programs

Social Distancing Practiced In All Programs

Days	Drop-in Sessions	Timings	Presenters
Mondays	Yoga for All	9 to 10:30 am	Rosa
Mondays	Pranayama & Healing	5 to 6:30pm	Rosa
Mondays	Hatha Vinyasa Yoga	5 to 6:15pm	Andres
Tuesdays	Anusara Yoga	9 to 10am	Radhika
Tuesdays	Physical & Spiritual Yoga (no class 6 Sep)	3 to 4:15pm	Shriya
Tuesdays	Holistic Yoga	5 to 6:30pm	Sabrina
Wednesdays	Holistic Yoga	8 to 9:30am	Sabrina
Wednesdays	Physical & Spiritual Yoga (no class 7 Sep)	3 to 4:15pm	Shriya
Wednesdays	Oriental Dance (no class 28 Sep)	5 to 6pm	Maria
Wednesdays	Yoga for All	5 to 6:30pm	Rosa
Thursdays	Yoga for All	9 to 10:30am	Rosa
Thursdays	Meditation & Mantra (no class 29 Sep)	3 to 4pm	Maria
Thursdays	Holistic Yoga	5 to 6:30pm	Sabrina
Thursdays	Free Flow Dance & Movement (no class 29 September)	5 to 6:30pm	Vega
Fridays	Pranayama & Healing	5 to 6:30pm	Rosa
Fridays	Hatha Vinyasa Yoga	5 to 6:15pm	Andres
Saturdays	Nataraj Dance Meditation	5 to 6:30pm	Nirmal
Saturdays	Yoga for All	5 to 6:30pm	Rosa

Intensives, preregistration required

Day & Date	Intensives	Timings	Presenters
Saturday, 3 September	Yoga for Energy, Harmony & Well-being	9:30am to 12pm	Rosa
Saturday, 3 September	Explore Your Different Bodies (Koshas) Through The Practice of Yoga	9:30am to 12:30pm	Sabrina
Saturday, 10 September	Yoga for Energy, Harmony & Well-being	9:30am to 12pm	Rosa
Thursday—Saturday, 15-17 September	Surya Kriya (Yoga & Meditation)	9:30am to 12:30pm	Maria
Friday, 16 September	Yoga for Energy, Harmony & Well-being	9:30am to 12pm	Rosa
Saturday, 17 September	5 yogic practices to balance your 5 Koshas	9:30am to 12pm	Sabrina
Saturday, 24 September	Yoga for Energy, Harmony & Well-being	9:30am to 12pm	Rosa
Saturday, 24 September	Shaucha: Yoga to Purify Body, Energy & Mind	9:30am to 12 pm	Sabrina

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai Yoga Therapy	Andres
Grounding & Relaxation Massage – Emotional Healing Massage – Fertility Massage	Prem Shakti
Cranio-sacral Therapy	Radhika
Foot Reflexology	Radhika
Cranio-sacral and Foot Reflexology	Radhika
Ayurvedic Oil Massage	Rosa

Regular Events, September 2022

Hatha Vinyasa Yoga with Andres at Vérité

- Monday & Friday 5 to 6:15pm

Participants are guided towards a tension-free state of well-being, through postures (asanas), breathing techniques (pranayama), activation of the energetic centers (chakras), and relaxation techniques (yoga nidra, savasana). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (santosha), equanimity (śamatha), health, connection and well-being are established in daily life!

- Contact 0413 2622045 or programming@verite.in.

Oriental Dance for Women with Maria at Vérité

- Wednesday 5 to 6pm (no class 28 Sep)

In this beginners level class, you will learn techniques of ancient Egyptian dance, the authentic source. Dance is a way to be yourself and to explore some of your other dimensions. Perfection is not important; having fun during the class is important. Discover the pleasure of dancing without any performance expectations, becoming aware of the sacred feminine, and reconnecting to our femininity away from the imposed social model.

- Contact 0413 2622045 or programming@verite.in.

Meditation and Mantra with Maria at Vérité

- Thursday 3 to 4 pm (no class 29 Sep)

Isha Kriya is a guided meditation for health and well-being. A very simple but powerful process using breath, thought and awareness to enhance the abilities of the mind and body. Each session ends with Nada Yoga (the yoga of sound), mantra to create an inner atmosphere of joy. Open to all from 12 years and up, beginners and experienced yoga practitioners.

- Contact 0413 2622045 or programming@verite.in.

Nataraj Dance Meditation with Nirmal at Vérité

- Saturday 5 to 6:30pm

Nataraj represents the energy of dance, Dance becomes meditation when mind dissolves and only the dance remains, when the 'doer' disappears and embodiment manifests. These 90 minute sessions follow Osho's Nataraj Meditation format with occasional enhancement of the soundtrack using live instrumental music.

- Contact 0413 2622045 or programming@verite.in.

Pranayama and Healing with Rosa at Vérité

- Monday & Friday 5 to 6:30pm

What people of advanced civilization knew, famous doctors across the ages (Paracelsus, Hahnemann, etc.) used, and modern science has 'discovered' and confirmed is that there is a higher power in all living things which contains life force, healing power, prana. Many, even with chronic, serious organic disease, experience healing through learning how to harness this innate power.

- Contact 0413 2622045 or programming@verite.in.

Yoga for All with Rosa at Vérité

- Monday & Thursday 9 to 10:30am and Wednesday & Saturday 5 to 6:30pm

These hatha yoga sessions focus on the structural alignment of the physical body through the practice of asana. Through precision, careful sequencing, and use of props, participants can experience harmony, strength and well-being for body and mind.

- Contact 0413 2622045 or programming@verite.in.

Anusara Yoga with Radhika at Vérité

- Tuesday 9 to 10 am

Anusara yoga is a physical practice that embraces the reality of life through attitude, alignment and action, helping us to feel more grounded and centered in our daily activities.

- Contact 0413 2622045 or programming@verite.in.

Holistic Yoga with Sabrina at Vérité

- Tuesday and Thursday 5 to 6:30pm & Wednesday 8 to 9:30am

Come experience a complete Hatha Yoga class, to balance the whole being! Each class includes pranayamas/ pranayamas/ mantras/ mudras/ asanas/ meditation.

- Contact 0413 2622045 or programming@verite.in.

Physical and Spiritual Yoga with Shriya at Vérité

- Tuesday and Wednesday 3 to 4:15pm (no class 6 & 7 SepTEMBER)

A yoga class for anyone who wants to understand and explore themselves through the body and breath. Sessions include 2 components: physical and spiritual; the physical asana practice is a medium to access the more subtle parts of the Self. Some days we sweat, some days we are balancing, and other days we are in a restorative space, but on all days the aim is to find the peace within!

- Contact 0413 2622045 or programming@verite.in.

Free Flow Dance and Movement with Vega at Vérité

- Thursday 5 to 6:30pm (no class 29 September)

The body can be a great guide to the soul, enabling us to connect and reveal ourselves through movement. Join us and give your body an opportunity to flow in its rhythm and Express itself freely.

- Contact 0413 2622045 or programming@verite.in.

Thai Yoga Therapy with Andres at Vérité

Sometimes referred to as assisted yoga, Thai Yoga Therapy (Nuad Boran) is an ancient technique used to improve the flow of energy throughout the body. The practitioner uses acupressure, stretching, pulling and rocking techniques to relieve tension, promote relaxation and improve flexibility and circulation.

- By appointment: +914132622606, +91 7867805812 WA, treatments@verite.in

Craniosacral Therapy & Foot Reflexology with Radhika at Vérité.

Craniosacral therapy is a safe and beneficial bodywork treatment that uses gentle pressure and movements to relieve stress and pain, and to bring the body back into balance and harmony. Foot reflexology involves applying pressure points and massage on different areas of the foot. Among many benefits, it reduces stress, improves digestion and promotes sound sleep.

- By appointment: +914132622606, +91 7867805812 WA, treatments@verite.in

Ayurvedic Massage with Rosa at Vérité.

This is a traditional Ayurvedic full body oil massage adapted to each person's specific needs. It is a 60 minute session that is designed to be both therapeutic and relaxing.

- By appointment: +914132622606, +91 7867805812 WA, treatments@verite.in

Grounding & Relaxation Massage, Emotional Healing Massage, Fertility Massage with Prem Shakti at Vérité

After an initial consulting phase, the needs of the client are assessed and deep tissue massage is applied to help release emotional tension. The client is coached via deep breathing through the massage process in order to help the body come back to its natural state of wellness. This massage helps to align body, mind, heart and soul so people can improve their health and gain more clarity and integrity in their lives.

- By appointment: +914132622606, +91 7867805812 WA, treatments@verite.in

Josh, for Verite Programs

SERENDIPITY: ACTIVITIES AND TREATMENTS UPDATE

(Ex. Joy Community in front of Center GH)

Center Field, Auroville—605101

Landline: +91 (0)413 2965693

Mobile/WA: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipityauroville.org>

<https://www.facebook.com/serendipityauroville>

Hatha Yoga with Ramesh

- Every Thursday from 5:30 to 6:30pm, drop in class..

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Traditional Sanskrit Mantras with Sonia

- Every Friday from 5 to 6 pm, drop in class.

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Head & Shoulders Marma Massage with Bala

- On appointment only (+91 9892699804)

Marma points means "vital points that hold life force energy". In this massage the practitioner uses fingers and hands to press (isometric / constant pressure) the specific point in head, face ,neck and shoulders .This massage is based on the principles of Ayurvedic and various martial art traditions. Marma massage can help in relieving deep-seated tensions and improving circulation and energy flow.

Shiatsu Massage with Sara

- On appointment only (+91 9443617308)

Shiatsu is a manipulative therapy developed in Japan and incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

Sara

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966

Watsu® Basic with Dariya & Daniel

- Saturday, 10, Sunday, 11 September 2022,
- 8:45am—6pm

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C).

In this course, you'll practice basic techniques and qualities (such as grounding, presence, stillness, movement, attention) to be with another person in water. You'll experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

Prerequisites: no previous experience required (also not being able to swim!)

Watsu® 1 Transition Flow with Dariya & Daniel

- Tuesday, 13—Saturday, 17 September 2022
- 8:45am—6pm

In this follow-up course, you'll be taught to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes and dispositions. You'll also learn about your own body mechanics and how to support and move each person as effortlessly as possible.



On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

Prerequisites: Watsu Basic

Oceanic Bodywork Aqua (OBA®) 1: Fluid Body with Dariya & Daniel

- Tuesday, 20—Sunday, 25 September 2022
- 8:45am—6pm

Developed by Kaya Femerling & Nirvano Martina Schulz, OBA is a deeply relaxing aquatic therapy modality, which takes place in a warm water pool (ideally 35°C). It combines elements of soft stretching movements, aquatic deep tissue massage and joint release, as well as energy and breath work in a unique way above and below water. Especially designed movements allow your whole spine to swing and energy to flow again.

In this 50-hour course, we'll approach water in a playful and friendly way. You'll learn working on cushions and floats, on the surface, and under water.

OBA 1 is mainly an underwater course, inviting you to experience the nurturing qualities of being held and to rediscover trust, peace within yourself, and a sense of coming home again. At the end of this course, you'll be able to offer friends and acquaintances an enriching OBA session.

Prerequisites: OBA Basic or equivalent course

Guy

Cinema



- **Reminder: on Friday 26th, 8pm, SUNDAYS AND CYBELE** (Les dimanches de Ville d'Avray) by Serge Bourguignon, France, 1961
- **Saturday 27th: Cine-Master-Class: Jean-Paul Belmondo, actor** (see below announcement)
- **And Friday 2 September, 8pm: "paterson"**

Directed by Jim Jarmush, US, 2016 – Cast: Adam Driver, Golshifteh Farahani, William Jackson Harper, Chasten Harmon, Barry Shabaka Henley, Rizwan Manji

Synopsis: This is the story of a man's life in a week's time. His name is Paterson, happily married man loving his profession: bus driver from the city of Paterson –and played by A. Driver! Mainly a poet, he has kept a book where he writes his poems, especially during the least spare time he get... From the New-Yorker: "Paterson is a delight. Few movies are this comfortable inside their own skin, and fewer still make you feel the same way. Jarmusch achieves this through ease and grace, the kind that comes not from conflict or strife, but from contemplation and appreciation." To enjoy quietly!

Original English version with Engl. subtitles. Duration: 1h58'

- **Saturday 27 August 2022: "CINE-MASTER-CLASS" 5 – 7:30pm at Aurofilm, Kalabhoomi (next to CRIPA)**

If you like to discuss, share and learn more about films and Cinema, we invite you to our Cine-Master-classes! Welcome to this chapter led by Jean-Luc B on actor Jean-Paul Belmondo

- **"Léon Morin prêtre" (Leon Morin, Priest)** by Jean-Pierre Melville, France, 1961

Overview:

Jean-Paul Charles Belmondo (1933-2021) was a French actor and producer. Initially associated with the New Wave movement of the late 1950-60s, he was a major French film star for several decades from the 1960s onward. His best known roles include Breathless (1960), That Man from Rio (1964), Pierrot le Fou (1965), Borsalino (1970), and The Professional (1981).

"Léon Morin, Priest" (by J.P. Melville, 1961) is set during WWII in Occupied France where. The film stars Emmanuelle Riva (Hiroshima Mon amour) as a jaded, lapsed Catholic mother and widow of a Jewish husband, who finds herself falling in love with a young, altruistic priest, played by Jean-Paul Belmondo. For his work in the film, Belmondo was nominated for the BAFTA Film Award for Best Foreign Actor. The film won the Grand price of Venice in 1961.

Duration: 1h.57'—Original French version with English subtitles

Jean-Luc will present Belmondo and introduce the film. Interaction will be encouraged after the screening.

- *The Aurofilm building is well ventilated. Please carry your mask and a torch light*



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
 Film Program
 29 August 2022 to 4 September 2022

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Maintaining standard Covid protocols, i.e. temperature check, registration, and Mask (and not scarves) etc. are a must even now. Please come prepared. To organize seminar/program please contact us via email.

We continue to have issues with our projector. It is getting repaired, and we will continue the program with an older alternative. Clearly it is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian- Monday 29 August, 8:00pm:
AYYAPPANUM KOSHIYUM (Ayyappan and Koshy)

India, 2020, Writer-Dir. Sachy w/ Biju Menon, Prithviraj Sukumaran, Ranjith, and others, Action-Drama, 177mins, Malayalam w/ English subtitles, Rated: NR (PG)

At its core, this is a tale of ego clash between two very different men. Ayyappan, a sub-inspector of police in Attapady, a tribal area, is married to a tribal woman activist, Kannamma, and lives simply. Koshy is an ex-army man. That and being the only son of influential Kurien John gives him a lot of entitlement. When Ayapapan arrests Koshy for a minor offence, the later take vouches to retaliate. *Nanjamma, a tribal singer from Attapady won the National Award for a song in this film.*

Italian- Tuesday 30 August, 8:00 pm:
L'ARMATA BRANCALEONE (For Love and Gold)

Italy, 1966, Dir. Mario Monicelli, w/ Vittorio Gassman, Katherine Spaak, Folco Lulli, 120 min., Adventure-Come-dy, Italian w/ English subtitles, Rated: Not Rated

11th Century. A group of rogues steal a scroll granting its bearer the property of the land of Aurocastro in Apulia (south of Italy). They elect a shaggy knight, Brancaleone from Norcia, as their leader, and decide to get possession of this supposedly wealthy land. Many adventures will occur during the journey. A comedy masterpiece, don't miss it.

Interesting - Wednesday 31 August, 8:00 pm:
NOSTALGIA FOR THE FUTURE

India, 2017, Dir. Avijit Mukul Kishore & Rohan Shivkumar, Documentary, 55mins, Hindi-English w/English subtitles, Rated: U (G)

This is a film on Indian modernity, the making of the citizen and the architecture of the home. It looks at four distinct imaginations of homes and bodies of buildings made over a century via audio and visual memories of a nation reinventing itself. It is shot on multiple formats, in color and B&W, using footage from state propaganda films and mainstream cinema. *The film will be screened courtesy Auroville Film Institute followed by a 15-20mins Q&A with the directors.*

Selection - Thursday 1 September, 8:00 pm:
KINKY BOOTS

UK-USA, 2005, Dir. Julian Jarrold, w/ Chiwetel Ejiofor, Joel Edgerton, Sara-Jane Potts, 107 min., Comedy-Music, English w/ English subtitles, Rated: PG 13

Charlie Price grew up with his father in the family shoe business, where he learns that Price & Sons Shoes is failing. While in despair at his failed attempts to save the business, Charlie has a chance encounter with flamboyant drag queen cabaret singer Lola. Her complaints about the inadequate footwear for her worklead to a bid to save the business by making men's fetish footwear. Meanwhile, at Ivan's insistence, Adam sets a goal to bake an apple pie, and all goes awry for the tree. Adam gets a perverse insight, and his hooligan mates provide the resolution.

International - Saturday, 3 September, 8:00 pm:
CODA

USA, 2021, Dir. Sian Heder, w/ Emilia Jones, Marlee Matlin, Troy Cotsur, Comedy-Drama, English w/ English subtitles, 111 mins, Rated: PG 13

As the only hearing person in her family, of deaf parents and sibling, Ruby Rossi always has a lot on her plate—trying to juggle hard work on her father's fishing boat, school-work, social life, and the family's expectations. When Ruby signs up for the school choir, the talented young girl finds herself at a crossroads; should she follow her dreams, or should she keep fighting everyday battles as a member of the proud Rossi clan? This is a remake of "La Famille Belier" that we have screened.

Children's Matinee—Sunday, 4 September, 4:30 pm:
THE KID WHO WOULD BE KING

UK, 2019, Dir. Joe Cornish w/ Louis Ashbourne Serkis, Denise Gough, Patrick Stewart, and others, Fantasy-Action, 120 mins, English, Rated: PG

Old school magic meets the modern world in this epic adventure. Alex thinks he's nobody until he stumbles upon the mythical sword in the stone, Excalibur. Now he must unite his friends and enemies into a band of knights and, together with the legendary wizard Merlin, take on the wicked enchantress Morgana.

Sunday 4 September, 8:00 pm:
TROY

USA, 2004, Dir. Wolfgang Petersen w/ Brad Pitt, Eric Bana, Orlando Bloom, and others, History-Drama, 163 mins, English w/ English Subtitles, Rated: R.

Based on Homer's "Iliad," this epic portrays the battle between the ancient kingdoms of Troy and Sparta. While visiting Spartan King Menelaus, Trojan prince Paris falls for Menelaus' wife, Helen, and takes her back to Troy. Menelaus' brother, King Agamemnon, having already defeated every army in Greece, uses his brother's fury as a pretext to declare war against Troy, the last kingdom preventing his control over the Aegean Sea.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You,
 MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "pre-views" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday 2 September

Wonders of Life—Expanding Universe

2013 / 59 minutes / Tim Green

Amidst the rich natural history of the United States, Professor Brian Cox encounters the astonishing creatures that reveal how the senses evolved. Every animal on Earth experiences the world in a different way, using a unique suite of senses to detect its physical environment. Tracing the evolution of these mechanisms is a story that takes us through life's journey—from single-celled organisms to more complex, sentient beings. Brian finds that over the course of 3.8 billion years, the senses have driven life in new directions and may, ultimately, have led to our own curiosity and intelligence.


PREMIERING IN AUROVILLE, 27 AUGUST

INIYAN



a short film by Yatra Srinivasan

Iniyam tells the story of an elderly Tamil man who traces his lineage back to Lemuria, an ancient island civilization that sank beneath the Indian Ocean thousands of years ago. Iniyam tells Ramu that he carries secrets from the past, awaiting a time when they can be linked to the future.

Iniyam is based on a story by Aurovillian Ruud Lohman and produced by **Yatra Arts Media** in collaboration with **Svaram**.
Concept- Aurelio & Yatra Srinivasan



27th August
Timings: 6.30 pm
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas

Sponsored by AVI Netherlands AND AVI USA


Submitted by Aurelio

On the occasion of Sri Aurobindo's 150th Birth Anniversary Bharat Nivas presents

Documentary Film Screening

"Kalaripayattu, the mother of all Martial Arts"
It combines defence techniques, dance, yoga and healing systems. It boosts both physical and mental fitness and body flexibility and functioning. Moreover there is no age to learn this art form.

Kalaripayattu is used by dancers to master the body. But there is no dance technique behind it.
Sharing on the values of Kalaripayattu & its basic foundation & its connection to Yoga which will be followed by Q & A.




Venue: Bhumika Hall, Bharat Nivas
Place: Saturday, 3rd September 2022
Time: 5 - 6 pm

Celebrating 50 Years
BHARAT NIVAS
ஈரோடு பிஊர் லாபி சேனா
The Pavilion of India, Auroville

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health

- Health Center—0413 2622123
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Matram—9487746051

India Emergency Response Service (24/7)

- 108

Important Information About N&N



Hard deadline for submissions or cancellations: Tuesday 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

Visiting hours: call or email for appointment.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes,
Media Centre, Town Hall,

NewsAndNotes@auroville.org.in, 0413-262-2133

Accessible Auroville Public Bus
avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3	Trip 4
Svaram	7:00	9:30	14:15	17:00
Verite Udayogam Junction	7:02	9:32	14:17	17:02
Auroshilpam Youth Center Junction	7:04	9:34	14:19	17:04
Town Hall Parking	7:06	9:36	14:21	17:06
Mahalakshmi Home	7:10	9:41	14:27	17:11
Vikas Radial Junction	7:11	9:43	14:30	17:13
Solar Kitchen (Round About)	7:12	9:44	14:32	17:14
Certitude Enterance	7:15	9:47	14:34	17:17
New Creation Road	7:19	9:52	14:39	17:22
SBI Bank / Kuilapalayam	7:20	9:54	14:41	17:24
Handy Market (ECR Junction)	7:24	9:59	14:46	17:29
Quiet Healing Center— Junction	7:27	10:04	14:49	17:33
Lotus Hotel, SV Patel Road	7:37	10:16	15:01	17:50
Ashram Road Junction	7:40	10:20	15:05	17:55
Ashram Dinning Hall	7:45	10:20	15:05	17:55



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3	Trip 4
Ashram Dinning Hall	8:00	13:00	15:30	18:10
Ashram Road Junction	8:02	13:02	15:32	18:14
Lotus Hotel, SV Patel Road	8:06	13:06	15:36	18:18
Quiet Healing Center— Junction	8:18	13:18	15:48	18:30
Handy Market (ECR Junction)	8:21	13:21	15:51	18:33
SBI Bank / Kuilapalayam	8:26	13:26	15:56	18:38
New Creation Road	8:28	13:28	15:58	18:40
Certitude	8:35	13:35	16:03	18:45
Solar Kitchen (Round About}	8:38	13:38	16:06	18:48
Vikas Road Junction	8:39	13:39	16:07	18:49
Mahalakshmi Home	8:40	13:40	16:08	18:50
Town hall Main Parking	8:45	13:45	16:13	18:55
Auroshilpam Youth Center Junction	8:47	13:47	16:17	18:57
Verite Udyogam Junction	8:49	13:49	16:19	18:59
Svaram	8:50	13:50	16:20	19:00

- Monthly Rs.550 (Aurovilians & New comers)
- Rs.100 one way for Aurovilian & New comers
- Rs.150 one way for Guest



Dear Our Lovely Ananda!

Jean Francois Rene Louis Bertaux

23.07.1953—26.08.2021

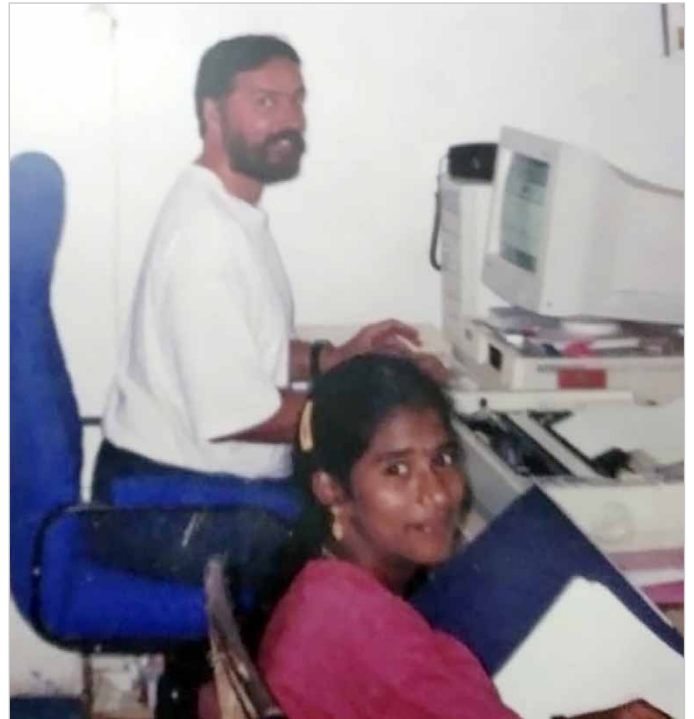


2019

Aikido 1983



Basketball tournament in Karanataka 1997



Accounting lesson



Boarding house In Fraternity 2002

Gratitude, your students!



Lotus basketball club in Pondy