



# News Notes

#941 A weekly bulletin for residents of Auroville 22 September 2022



*Annapurna farm*

Pranic energy is the life of creatures; for that is said to be the universal principle of life.

*Taittiriya Upanishad.*

He who knows this Self who is the eater of the honey of existence and the lord of what is and shall be, has thenceforward no shrinking.

*Katha Upanishad*

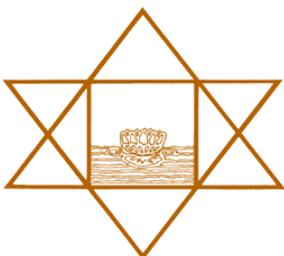
He who has found the bliss of the Eternal has no fear from any quarter.

*Taittiriya Upanishad.*

## *Pondering*

Even in the death of the body there is no cessation of Life, only the material of one form of life is broken up to serve as material for other forms of life. Similarly we may be sure, in the uniform law of Nature, that if there is in the bodily form a mental or psychic Life energy, that also is not destroyed but only breaks out from one form to assume others by some process of metempsychosis or new ensouling of body. All renews itself, nothing perishes.

*Life, Life Divine by Sri Aurobindo*



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# House of Mother's Agenda

*'In fifty years the whole world, all the receptive section of humanity (I am not saying intellectual, I am saying receptive), all the receptive section of the world will be embraced—not'embraced': ABSORBED in the power of Sri Aurobindo's thought.*

*Those who already are have the good fortune of being the first ones, that's all.'*

*The Mother, Agenda  
16 February 1972 (+ 50 years = 2022)*

## The Message of the Gita



*'The mind of knowledge and the will of action are not all; there is within you a heart whose demand is for delight. Here too in the heart's power and illumination, in its demand for delight, for the soul's satisfaction your nature must be turned, transformed and lifted*

*to one conscious ecstasy with the Divine. The knowledge of the impersonal self brings its own Ananda; there is a joy of impersonality, a singleness of joy of the pure spirit. But an integral knowledge brings a greater triple delight. It opens the gates of the Transcendent's bliss; it releases into the limitless delight of a universal impersonality; it discovers the rapture of all this multitudinous manifestation: for there is a joy of the Eternal in Nature. This Ananda in the Jiva, a portion here of the Divine, takes the form of an ecstasy founded in the Godhead who is his source, in his supreme self, in the Master of his existence. An entire God-love and adoration extends to a love of the world and all its forms and powers and creatures; in all the Divine is seen, is found, is adored, is served or is felt in oneness. Add to knowledge and works this crown of the eternal triune delight; admit this love, learn this worship; make it one spirit with works and knowledge. That is the apex of the perfect perfection.*

*'This Yoga of love will give you a highest potential force for spiritual largeness and unity and freedom. But it must be a love which is one with God-knowledge. There is a devotion which seeks God in suffering for consolation and succour and deliverance; there is a devotion which seeks him for his gifts, for divine aid and protection and as a fountain of the satisfaction of desire; there is a devotion that, still ignorant, turns to him for light and knowledge. And so long as one is limited to these forms, there may persist even in their highest and noblest Godward turn a working of the three gunas. But when the Godlover is also the God-knower, the lover becomes one self with the Beloved; for he is the chosen of the Most High and the elect of the Spirit. Develop in yourself this God-engrossed love; the heart spiritualised and lifted beyond the limitations of its lower nature will reveal to you most intimately the secrets of God's immeasurable being, bring into you the whole touch and influx and glory of his divine Power and open to you the mysteries of an eternal rapture. It is perfect love that is the key to a perfect knowledge.*

*'This integral God-love demands too an integral work for*

*the sake of the Divine in yourself and in all creatures. The ordinary man does works in obedience to some desire sinful or virtuous, some vital impulse low or high, some mental choice common or exalted or from some mixed mind and life motive. But the work done by you must be free and desireless; work done without desire creates no reaction and imposes no bondage. Done in a perfect equality and an unmoved calm and peace, but without any divine passion, it is at first the fine yoke of a spiritual obligation, kartavyam karma, then the uplifting of a divine sacrifice; at its highest it can be the expression of a calm and glad acquiescence in active oneness. The oneness in love will do much more: it will replace the first impassive calm by a strong and deep rapture, not the petty ardour of egoistic desire but the ocean of an infinite Ananda. It will bring the moving sense and the pure and divine passion of the presence of the Beloved into your works; there will be an insistent joy of labour for God in yourself and for God in all beings. Love is the crown of works and the crown of knowledge.*

*'This love that is knowledge, this love that can be the deep heart of your action, will be your most effective force for an utter consecration and complete perfection. An integral union of the individual's being with the Divine Being is the condition of a perfect spiritual life. Turn then altogether towards the Divine; make one with him by knowledge, love and works all your nature. Turn utterly towards him and give up ungrudgingly into his hands your mind and your heart and your will, all your consciousness and even your very senses and body. Let your consciousness be sovereignly moulded by him into a flawless mould of his divine consciousness. Let your heart become a lucid or flaming heart of the Divine. Let your will be an impeccable action of his will. Let your very sense and body be the rapturous sensation and body of the Divine. Adore and sacrifice to him with all you are; remember him in every thought and feeling, every impulsion and act. Persevere until all these things are wholly his and he has taken up even in most common and outward things as in the inmost sacred chamber of your spirit his constant transmuting presence.'*

*(to be continued next week)*

*Sri Aurobindo.  
Essays on the Gita, pages 588-590*

[https://sri-aurobindo.co.in/workings/sa/13/essays\\_on\\_the\\_gita\\_19\\_e.pdf](https://sri-aurobindo.co.in/workings/sa/13/essays_on_the_gita_19_e.pdf)

# Townhall Speaks

## L'AVENIR D'AUROVILLE/ AUROVILLE TOWN DEVELOPMENT COUNCIL (ATDC)

The applications below have gone through the full review process including community feedback during its preliminary design approval and will now be issued the Final Building Approval. Please note that construction can only begin after the Stay Order on construction imposed by NGT is lifted.

Application forms, drawings & area maps for these have been uploaded on the Intranet in the application announcement posting. Any concerns or queries regarding the below building NOC's can be sent till 6 October 2022 to [application-avenir@auroville.org.in](mailto:application-avenir@auroville.org.in)

### Application no: BA A—2548

- **Project:** Sunship—common facilities (La Petite Epicerie)
- **Application type:** Final Building Approval
- **Ref:** Preliminary Design Approval: PDA announced on 17 of June 2021, Approval given on 4 of October 2021
- **Structure:** RCC roof (ground floor), GI sandwich panel (first floor) and RCC structural frame with masonry (aerocon blocks)
- **Applicant/s**—Louis Cohen
- **Architect/Designer**—Auroform
- **Structural Consultant**—La Premiere Constructions
- **Community/ area**—Sunship/Admin area
- **Built-up area:** 635.55 sq.m.
- **Building height:** G+1
- **Estimated Cost of the project and funding source:** Rs. 88,11,000, and it will be privately funded.

**Project brief:** The aim of this project is to model de-centralized service nodes for residential clusters, thereby addressing effectively the issue of mobility in Auroville by reducing unnecessary traffic and to go towards a more and more pedestrian friendly city. The Habitat Area is now a densely populated one with Sunship, Citadines, Inspiration, Mitra and Town Hall complex. The urban density calls for activities that cater to the needs of the residents and visiting Aurovilians. This project proposed to make a PTDC and collective e-vehicle parking node for this region. The building actually responds to a need in the now-densely populated city center and aims to provide essential services thereby minimizing traffic in the city.

The building itself is design with open floor plans that will suit adaptation to any use in the future. Framed concrete structure will also allow for walls to be demolished and relocated to effectively re-use the building for another purpose.

### Application no: BA A—2563

- **Project:** Bakery extension
- **Application type:** Final Building Approval
- **Ref:** Preliminary Design Approval: PDA announced on 26th August 2021
- **Structure:** GI corrugated sheet with masonry
- **Applicant/s**—Elumalai
- **Community/ area**—Douceur
- **Built-up area:** 50 sq.m.
- **Building height:** G
- **Estimated Cost of the project and funding source:** Rs.3,99,110 /-

**Project brief:** Auroville Bakery unit is supporting Auroville economy with their business of the bakery and Cafe. The team of Cafe is in urgent need of an extension of their current kitchen facility In order to keep up with increasing numbers of Aurovilians, newcomers and guests visiting AV Bakery Cafe. They would like to build an additional 50 sqm of space at the back of the Cafe's kitchen, consist-

ing of three additional spaces—kitchen preparation space, store/kitchen cooking utensils and refrigerator /freezer space. Design of the extension was made by Vinayagam of Mahasaraswati Construction, and is worth Rs. 3,99,110/-, which will be funded by Auroville bakery.

It must be noted that the Bakery team has already constructed 25 sq.m. Without obtaining final building approval from ATDC. The total built up area including the violation is 75 sq.m. This application is now being processed for the remaining built-up area of 50 sq.m. and total extension including the violation will be regularised at the time of issuance of Completion Certificate.

*Kind regards, Priya, For L'avenir d'Auroville*

## FROM THE ENTRY SERVICE—ES # 148

**Dated: 22-09-2022**

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com). We thank you in advance.

### NEWCOMER ANNOUNCED:



**Ellyn**



**Kaia**



**Srinivasan**

- Ellyn Tia PLEIMAN (USA) staying in Auromodele and working at Mattram, Auro Orchard & Kulai Creative Centre
- Kaia NIGHTINGALE (Canadian) staying in Grace and working at Pitchandikulam Forest
- Srinivasan ARUMUGHAM (Indian) staying & working at the Youth Centre (wrongly announced as staying in Arya in NN dated 4 August, 2022—ES #143)

**NOTE:** The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process. The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF). A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

*Thanks, William, For the Entry Service*

## POWER HAS BEEN DISCONNECTED

Dear Community, the Council would like to inform you that the power supply of the RA Working Group room, as well as to the AvC office desk, on the 1<sup>st</sup> floor of Town Hall has been disconnected on 14 September, 2022.

The Council reported the incident to the Auroville Electrical Service (AVES) on 18 September by email, to which an automatic email acknowledgement was received.

*Sincerely, Auroville Council  
Balaji, Claudine, Julia, Philippe, Samrat,  
Shiva, Shivaya (TOS), Suryan, Svenja*

## STANDING TRUE TO OUR VALUES AND IDEALS

Dear Community, during this painful and deeply saddening time for us all and Auroville, our best recourse is that of standing true to our values and ideals while also aspiring for a truer and more spiritualised way of being.

With this in mind the Auroville Council feels strongly drawn to bring to everyone's attention the persistent animosity expressed by certain individuals towards their fellow Aurovilians through certain public communication channels and platforms.

We would like to say that regardless of one's points of view, to ridicule and aggress our fellow brothers and sisters is not concomitant to the values of Auroville and is harmful to Auroville as a whole. We sincerely request, while staying true to our inner call, that we remain decent and goodwill towards each other. Let us try to elevate our vibration to that of unity and peace, realizing that many of us struggle to do so, but without shaming each other for it. And if necessary let us speak the truth of our feelings and our understanding, but let us also do so with kindness in our heart and with magnanimity in our thoughts and outlook.

We take inspiration from Mother's words: 'Whatever may be the circumstances, rudeness or curt behaviour is never permissible'.

We must remember that regardless of our differences, we are kin and friends, brought here by our Divine purpose to manifest Auroville.

Therefore let us remember to be decent, good willed, kind, and joyful in our endeavor to realize the Divine.

*With warm regards to all Aurovilians,  
Auroville Council  
Balaji, Claudine, Julia, Philippe, Samrat,  
Shiva, Shivaya (TOS), Suryan, Svenja*

## FUNDS AND ASSETS MANAGEMENT COMMITTEE

(FAMC) of the Residents Assembly, August 2022 Report

- **Members:** Amy B., Bobby P., Danny, Elodie, Mita R., Palani, Ranjith
- **Resource Person:** Carel

*We continue to meet at least twice a week. In addition to this, we meet regularly with the other Residents' Assembly-selected working groups, the Working Committee, the Auroville Council, and the Town Development Council. We have regular, good contact with the Budget Coordination Committee and met again the Housing Board for a regular 'check in'.*

*Please bear in mind that this is a report of decisions or events of a certain period and in the meantime changes, progress, or/ and collaboration might have occurred in any given subject.*

### 1. Concerning the Office of the Secretary, Auroville Foundation (AVFO).

There has been no direct contact between the FAMC of the Residents Assembly and the Office of the Secretary, Auroville Foundation over the month of August. Each of the seven pending topics listed in our July monthly report remain unanswered. Finally, Dr. Jayanti Ravi continues to completely disregard the outcome of the Residents' Assembly Decision in which the residents overwhelmingly rejected all the office orders and standing orders issued by the Office of the Foundation.

Our 19 August 2022 email addressed to the Secretary, Dr. Jayanti Ravi, as well as to Chandresh Patel, Torkil Dantzer, Sathyamoorthy Pathchiappan (Kalya), Jocelyn Brynhild, Geeta Hemant, and B.S. Sathyanarayan, concerning implementation of the Madras High Court judgment of 12 August 2022, was not answered. Regarding the same, the letter dated 18 August 2022, sent by registered speed post to the Auroville Foundation Office, to the attention of the Secretary, was refused.

Our 28 August 2022 email concerning changes to the Budget Coordination Committee, sent to Dr. Jayanti Ravi, Secretary, was not responded to.

## 2. General issues

- a. **Need 2 more FAMC members.** The Auroville Council replied to our inquiry for the remaining members. This is not going to happen anytime soon. It was recommended the team involve more resource people.
- b. **Secretarial Assistance for the FAMC.** We still need secretarial and administrative assistance. Aurovilians with admin experience, including working with spreadsheets, a good command of English, and good knowledge of Auroville working groups, acronyms, etc. are welcome to contact us at 'famc@auroville.services'.
- c. **Resource Person.** Carel continues to provide valuable support to our team on a wide range of topics.
- d. **Announcements.** FAMC continues to keep residents informed through posts on the ForAll Intranet site. Please visit it regularly for updates from us. We also publish monthly updates in the News and Notes.
- e. **Meet and Greet 30 July 2022.** We published an initial report and a second, final report in the News & Notes on 11 August and 1 September 2022, and on the ForAll Intranet. On our regular agenda, we still have three topics for deep reflection and exploration that were brought to us by residents.
- f. **General Meeting.** We were pleased to participate in the general meeting, on the topic of the Working Committee selected by the Residents' Assembly initiating an emergency Residents' Assembly Decision (RAD), at Kalabhumi on 13 August. It was heartening to see several hundreds of residents in attendance.
- g. **Budget Coordination Committee (BCC).** We met with the BCC a few times over the month of August. The main concern was how to keep operations running with the confusion caused by an announcement of changes to the BCC. The members shared with us their efforts to meet Chandresh, Geeta, Kalya, Torkil, and Satyanarayan, but their emails were not answered.
- h. **FAMC office.** We have set up a desk and computer in the former Koodam office along with the Working Committee. In a separate announcement we shared that our open hours have started, every Wednesday, beginning on 21 September from 2.30 to 4.30 pm. Please pass by with your questions, suggestions, comments, or just to say 'Hello'.
- i. **FAMC team building.** During this month we reached out to a facilitator to lead us in a half-day workshop on team building. More will be reported in September as due to packed schedules, it took place only on 7 September.

## 3. Finance.

A subgroup was formed to review the financial system, including increasing understanding of the current system and considering how it can be improved and better supported.

Funds in an escrow account were reviewed. The case involved an Aurovillian who had left the value of a transferred housing asset for his future housing in Auroville upon his return. The Aurovillian passed away while abroad. The Housing Board asked about reallocation of the funds. The possibilities were reviewed at length and it was finally agreed to allocate 50/50 to Mahalakshmi Home and Marika House for extension or renovations only.

A report was received that members of the long-standing Loan Group were changed without any notice to our team. Two of our members are in the Loan Group. Inquiries were made, letters sent. We were informed by one Loan Group member that the status quo would remain but when we asked for clarification what 'status quo' meant we did not receive a reply. To our best knowledge the unauthorized changes that were made are in place.

We have been working through a draft audit report on Afsanah Guest House with the concerned individuals. A detailed explanation of this audit report was sent to both suspended executives and responses were received from one of them. Unfortunately one of the executives, who is currently suspended, did not cooperate with the process. After working with the other currently suspended executive on specific audit points, in early September we asked the outside firm to send us the finalized report. In the meanwhile we are supporting the team at Afsanah Guest House to implement points for improvement highlighted in the audit report. The next step is to work with the Guest House Trust trustees on the best way forward, including reviewing the status of the executives currently under suspension.

#### 4. Housing.

During the month of August we spent several hours reviewing the Housing Board's proposed, revised Housing Policy. This review has been put on hold in light of the current situation.

We also proposed one member to start attending the Housing Board meetings because as per the Housing mandate, one FAMC member is part of the Board. This proposal was not agreed by the Housing Board citing the pending outcome of the FAMC court case. For the time being, this response was accepted by the team.

During one meeting with some Housing Board members in August we were requested to review a homestay proposal, and to give support to the ongoing housing survey. This is still under our consideration.

#### 5. Unit, Trust, and activity related.

*For the time being we have set up a file folder for receipt of hard copy documents. Documents can be dropped off in the former 'Koodam' office located at Kailash youth housing located across from the Auroville Library. Uma, the secretary for the Working Committee, has graciously agreed to support us by receiving our documents, until we have an FAMC office again.*

- a. **Afsanah Guest House.** We re-appointed Ms. Auradha Markus as the interim executive from 1 September 2022 to 31 December 2022.
- b. **Pour Tous Purchasing Service (PTPS).** We met with some members of the PTPS Advisory Board, and some of the Auroville Service Trust trustees over the month of August to understand more of the current situation.
- c. **City Service unit.** Executive changes were processed: Danny was reappointed until 31 March 2023. Rathinam's resignation was approved. Avinash was appointed (9 September 2022 to 31 March 2023).
- d. **SAIIR.** It came to our attention that Divya Kapoor had resigned from SAIIR as one of the executives quite a while ago. We have requested SAIIR to consider a third executive to work with Sanjeev R., and Ashoke C..
- e. **Activity requests.** We have received two activity requests and followed-up with the proposed managers.

#### 6. Other.

- a. The Working Committee of the Residents' Assembly requested a media contact from our team. One member volunteered.

- b. The former FAMC was requested by the BCC to consider an Enterprise Resource Planning (ERP) initiative. We took it up afresh and after reviewing the material noted that any new system will have to be linked to the current system and the professionals involved. It was agreed to put this topic under 'pending'.
- c. For several days in August we were focused on gathering all the relevant details to present at the meeting in Kalabhumi on 13 August. Information was shared by all four RA selected working groups. This was done to get the residents' input on a suggestion that the Working Committee of the RA would initiate an Emergency Residents' Assembly Decision (RAD).
- d. The former FAMC had constituted the Funds and Assets Resource Group (FARG) in May 2021. This team functioned through May 2022. We thanked the previous members for their participation and contribution and that team was dissolved. We worked on a revised brief and considered who to invite to the new team.
- e. At the end of the month we had a short meeting with some members of the Forest Group. We discussed various issues around accounting and formalizing the accounts.
- f. We took up where the former FAMC left off on the topic of eateries in the City Area. The community earlier this year had been requested to give their input and many people responded. The overwhelming answer was that these eateries should be service-oriented.
- g. We reviewed a concept note 'Health in Auroville' from Dan. It was fairly comprehensive. We asked him to choose his specific area of interest and to prepare a detailed proposal to send back to us.

*Submitted by Amy B*



# Community News

*Attention!*

## MISSING PERSON

Dear friends, it has come to our attention that the following person named Jaswanth, has been missing for the past 3 months. He is a 16-year-old boy from Cuddalore.

The police have requested us to circulate his details in our community. If he is seen anywhere, you can contact the numbers given in the image at the bottom.

Please keep all the security alerts about this and also please share the details with students.

**Best Regards, Arun,  
Working Committee**

*Awakening Spirit*

## AMPHITHEATER—MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music  
5:30 to 6pm, every Thursday at Sunset



We follow the sun and the timing changes with the season...

We are restarting from Book 1. Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.
- **Dear Guests,** please carry your Guest Card with you
- **Access only for the Amphitheater from 5:15pm.**

**Thank you,  
Surya & Velmurugan  
(Amphitheater team)**

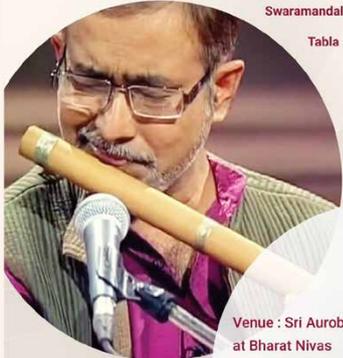
## THE DIVINE FLUTE RECITAL

On the occasion of  
150<sup>th</sup> of Sri Aurobindo Birth Anniversary  
50<sup>th</sup> - Bharat Nivas presents  
\*Sponsored by the Golden Chain Fraternity

**BHARAT NIVAS**  
भारत निवास ભારત નિવાસ  
The Pavilion of India, Auroville

**The Divine Flute Recital**  
by Pandit Sudip Chattopadhyaya  
One of the Flag bearers of Pandit Pannalal Ghosh Gharana  
& empaneled member of ICCR since 1992.

Chanting : Madhumita Chattopadhyaya  
Swaramandala : Bryce Grinlington  
Tabla : Dr. Udayaraj Karpur



Venue : Sri Aurobindo Auditorium  
at Bharat Nivas  
Date : Monday 19 th September 2022  
Time : 8 pm  
Duration : 75 mins

BHARAT NIVAS  
भारत निवास ભારત નિવાસ  
The Pavilion of India, Auroville

**Regards, Vani,  
BN Cultural Team**

## MEDITATIONS ON SAVITRI, BOOK 5

The Book of Love, Canto 1-3

*Savitri*  
B H A V A N

The Destined Meeting Place, Satyavan and Satyavan and Savitri

Monday, 26 September, 4pm at Savitri Bhavan

Duration: 32min

Savitri had traveled for months across the earth, passed through many cities and traversed rivers and plains in order to find her mate and to take up her unfinished divine task. Everything is led by the Omniscience, and events take place at the appointed place and time. Unknowingly she comes near her goal. Savitri's path leads up to a highland country where the air is soft and delicate, the surroundings green and delightful. She is surrounded by high mountain peaks. A gentle breeze stirs meadows of flowers.

In a sunlit recess upon the forest edge a single narrow path runs straight as an arrow amongst the giant trees. There Savitri gets her first sight of the one for whom she has come from so far. At first, she sees him simply as a part of the beautiful scene, but suddenly her heart looks at him and recognises the one who is nearer to her than her own heart-strings.

*All in a moment was surprised and seized... / A mystic tumult from her depths arose... / Swept through the turmoil of her bosom's space... (p.395)* Savitri reins in the horses, and the chariot stops. Her inner vision recognises his eyes from her past, the eyes that have claimed her soul and known through many lives. Satyavan's soul responds and he turns to this vision of beauty and adores the new divinity in things. *Gaze met close gaze and clung in sight's embrace. (p.396)*

Satyavan speaks first to Savitri and asks her name: *Musing she answered, 'I am Savitri, / Princess of Madra. Who art thou? What name / Musical on earth expresses thee to men? (p.402)* Satyavan tells her about the blindness and exile of his father, King Dyumatsena, and about his own life in the forest amongst the wild birds and animals. In Nature he felt a divine touch and a call but had not been able to touch the World-Mother's feet.

*I glimpsed the presence of the One in all. / But still there lacked the last transcendent power... / O golden princess, perfect Savitri... / Descend, O happiness, with thy moon-gold feet / Enrich earth's floors upon whose sleep we lie. (p.405, 406, 408)*

Savitri's fathomless soul looks out at him and answers: *'O Satyavan, I have heard thee and I know; / I know that thou and only thou art he.'* (p.409) She comes down from her chariot and gathers an armful of flowers from the forest- verge with which she weaves a simple garland. The sun is their witness and marriage-fire: *The wedding of the eternal Lord and Spouse / Took place again on earth in human forms: / In a new act of the drama of the world / The united Two began a greater age. (p.411)*

Then Satyavan shows to her his parent's hermitage and her future world. Savitri is happy and tells him that her heart will stay here, but that she will swiftly return to Madra to inform her father Aswapati about their meeting and her choice.

A meditative film made of passages from Sri Aurobindo's epic poem SAVITRI—A Legend and a Symbol read by the Mother, accompanied by Her own organ music and illustrated with paintings by Huta under the guidance and inspiration of the Mother. The film can connect us to the Divine Presence within and lead us towards the spiritual truth and the New Consciousness.

- In the beginning there is also a short video of Huta speaking about her work with the Mother. Duration: 5min.

**Submitted by Margrit**

## ONE DAY CONFERENCE, COMMEMORATING SRI AUROBINDO'S 150<sup>TH</sup> ANNIVERSARY

See below the E-card and invitation letter of the Unesco Conference that will take place in Paris, on September 30, 2022. The central theme is Sri Aurobindo's Five Dreams, its message of a progressive unity and the next evolutionary step along with a discovery of Auroville.

Sri Aurobindo's 150<sup>th</sup> commemoration programmes are under the charge of the Ministry of Culture and the Auroville Foundation has been asked to coordinate. Final approvals of names and some elements of the programme are awaited.

A dedicated team from Auroville with one member each from the Sri Aurobindo Ashram Pondicherry and Delhi Branch participated actively, collaborating with the Auroville Foundation and the UNESCO team in Paris to pull all this together in about 3 weeks.

The team includes: Franz, Manoj, Devasmita, Egle, Tapas, Joel, Satyakam, Jaya & Anu from Auroville plus Devdip from the Sri Aurobindo Ashram and Jayanthi Ramachandran from the Delhi Ashram.

The link to the website with the programme details and live stream links should be active in a few days after all areas are approved. We invite you to join the sessions.

At this critical time of Auroville and the world's history we invoke Sri Aurobindo's vision for the future to which all humanity aspires: A new spirit of oneness will take hold of the human race...

**Warmly, Tine  
For The Working Committee**

**UNESCO, Paris, 30 September 2022, 15:00—22:00**  
**Sri Aurobindo's Dream of Human Unity:  
Manifesting at Auroville**

The association between Auroville and UNESCO dates back to before the foundation of Auroville. In September 1966, The Mother, (originally Mirra Alfassa from Paris), the spiritual collaborator of Sri Aurobindo and the founder of Auroville, appointed Roger Anger, the chief architect of Auroville, to first present the city to the world, at UNESCO, Paris. Since then the collaboration has continued for over 55 years, as the founding ideas of Auroville echo key UNESCO values, principles, and priorities.

The year 2022 signifies two historic dates, both celebrated on the 15th of August: the 150<sup>th</sup> birth anniversary of Sri Aurobindo and the 75<sup>th</sup> year of Free India. We are honoured to invite you to a conference at UNESCO, dedicated to Sri Aurobindo's anniversary, The conference is hosted by the Ministry of Culture of India, the Auroville Foundation and the office of the Permanent Delegation of India to UNESCO at Unesco, Paris, on the 30 of September 2022, in collaboration with Auroville, the Ministry of Culture, India, and other International & Unesco leaders to disseminate the vision and message of Sri Aurobindo. The Five Dreams' his message for free India and the world on 15 August, 1947 will be the key theme.

The first dream related to a revolutionary movement leading to a free and united India. The second dream envisaged the resurgence of Asia. The third dream saw the necessity of 'a world-union forming the outer basis of a fairer, brighter and nobler life for all mankind'. The fourth dream speaks 'of the spiritual gift of India to the world; the final dream marks a step in evolution to raise man to a higher and larger consciousness.

The last three Dreams of Sri Aurobindo find their expression and their seeds in the conception of Auroville—a place to realize an actual Human Unity and a Conscious Society. Auroville was planned as a city to carry forward the transformative work initiated by Sri Aurobindo: an evolutionary journey towards humanity's greater material and spiritual potential. The city plan presented before the world in 1968, is the physical catalyst of this unprecedented experiment. Auroville, also referred to as 'The City of Dawn' is conceived for 50,000 inhabitants from around the world where people of good will are welcome to work for a higher and truer life.

The support of UNESCO and all others towards the culmination of Sri Aurobindo's work is of crucial importance and requires all your support to make this dream for humanity a living reality.

We welcome your presence at UNESCO, Paris, on 30 September, 2022

- **contact:** [sriurobindo-unesco@auroville.org.in](mailto:sriurobindo-unesco@auroville.org.in)
- **info:** [sriurobindoaurovilleconference2022.org](http://sriurobindoaurovilleconference2022.org)

### DAILY PEACE MEDITATION

Unity Pavilion, Peace Hall

Monday, Tuesday, Wednesday, Friday 6 to 6:45pm

Thursday 5 to 5:45pm

Submitted by Arun

## LET'S CELEBRATE THE EQUINOX WITH TEA

TAO OF TEA—CHA DAO 茶道

• This unique **Tea Ceremony** will change your perspective towards tea drinking, especially if you are a **TEA LOVER**.

It is a One Life Time Experience as each Tea Master has his own way of serving Tea. That's what brings the Uniqueness of a Tea Ceremony.

• This journey is a **1 hour session**. You are free to join one of the dates mentioned.

One of the finest organic Tea of your choice will be served. For those sensitive to tea there is a blend of herb/flower/tea available as an alternative. During the Tea Ceremony Session there will be a sharing about their potential beneficial effects on the Body.

- Children from 5 years onwards are most welcome.
- Limited seats available

Regards, Arun

## Books

### LABORATORY OF EVOLUTION LIBRARY

LOE Library is now located at **Horizon**, in front of Sve Dam, inside Lorenzo Building (Food Lab. and Quantum Lab.)



#### Opening:

- Monday to Saturday **mornings** 9 to 12am
- Monday, Wednesday, Friday **afternoons** 2:30 to 4:30pm

Focused on the evolutive vision and work of Sri Aurobindo and The Mother, and on the many related subjects, from Traditional knowledge : Religion, Esoterism, etc. to Contemporary Science: New Physics, New Biology, New Dimension, NDE, Body Consciousness and Health, etc. LOE lending **Library** is open to Aurovilians, Newcomers and Guests.

They can find the complete works of Sri Aurobindo and The Mother in many languages, and also books written by Ashram Disciples, Aurovilians and documents on Auroville, as well as CD and DVD related to Auroville ( films and lectures). The Research aspect of the Unit is being reshaped and information will be given later.

Laboratory of Evolution Library, A Unit of SAIER Kalyani for LOE

## THE WILD SEAGULL BOOKSHOP IN VISITORS' CENTER ANNOUNCES



We are happy to announce a **French week** from **23 September to 3 October**. During that time, our books in French published in Auroville will sell at half price.

Chithra

## Health Care

### AURODENT—DENTAL CLINIC



Dental Clinic

Auromode, Auroville.

For Appointment please contact us

Email: [aurodent@auroville.org.in](mailto:aurodent@auroville.org.in)

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

### INTEGRAL HEALTH:

#### A SPIRITUAL APPROACH TO MEDICINE (2)

##### A call for participation to the community

Since our last announcement (N&N 940, page 20), we have started collecting testimonials related to Parkinson, Dementia and Fibromyalgia (& other auto-immune diseases), from both patients and practitioners.

As today, we renew our call for participation to the community, we would also like to explain what we understand by 'Integral Health'.

In fact, Integral Health is not a concept but a reality. When we consider that 'certain illnesses are created by pre-conditioned and/or specific behavior, it is because there are numerous cases where these illnesses have been reversed (or significantly improved) in the patient, either by an insight or a deep emotion, a complete change of routine or a tailor-made mix of alternative (meaning non-allopathic) practices.

Integral health can possibly unfold through a complete shift of our eating habits (with regards to one's Ayurvedic constitution), the knowledge of the involvement of our subtle bodies and/or energy in our life (Homeopathy, Acupuncture, etc.), the discovery of a deeply rooted pattern within us (Hypnosis), some invisible loyalty related to our lineage (Systemic Constellation), etc.

Through a relevant combination of several practices, highlighted by the exploration of the 'purpose' of a given illness, Integral Health figures out an innovative way to address any issue related to health.

Furthermore, parallel to the 3 above mentioned illnesses, for which we have started to document and plan innovative approaches of treatments, we are open to extend the scope of our work to what the Community would like to share and convey to us regarding Integral Health.

Please, reach out to us with your comments and proposals.

Dan, [dan.auroville@gmail.com](mailto:dan.auroville@gmail.com) &  
Dr Be, [be.ayurveda@gmail.com](mailto:be.ayurveda@gmail.com)

**TREATING SEASONAL COLD, COUGH, VIRAL FEVER, BODY ACHE, FLU**



The summer rains cooled down the atmosphere, bringing more humidity in the air that makes the nights cooler. In such an environment, our immune system can struggle with the temperature differences.

In our physical, appetite is reduced, digestion and metabolism slow down, slight constipation or retention can be felt with the bowel movement and overall a feeling of tiredness, fatigue or sluggishness. Leading to symptoms in the respiratory system such as cold, cough, viral fever, body ache, flu, Covid.

Warm and bright Pitta is in slow motion, short-tempered, frustrated, impatient, irritated/ irritable/ irritating...

**Stimulate The Digestive Fire:**

- Fasting one day a week or intermittent fasting (skipping one meal)
- Eat only when you feel hungry
- Eat light, easy to digest, cooked and spiced: vegetable proteins (dal, peas, beans, tofu...) with vegetables (all gourds, celery, beetroot, carrots, cabbage, fennel... mostly bitter taste veggies)
- Food should be warm, cooked with spices: ginger, turmeric, cumin, ajwain, black pepper, pippali, clove, rosemary, parsley, thyme, oregano, basil
- Favour tastes that are bitter (eg. bitter gourd) and astringent (eg. pomegranate, fennel seeds)

**Stimulate The Immune Response:**

(no need to do all; choose one that gives the energy)

- Spirulina + lemon juice in the morning before breakfast
- Be No3 (if not available, make your own mix with 1 Tbsp of tulsi powder + 1 Tbsp of ginger powder, 1 Tbsp of turmeric powder, 1 Tbsp of amla powder, ¼ tsp of black pepper powder, ½ tsp of cinnamon powder). Take ½ tsp with a sip of warm water in the morning before breakfast, you can add honey (is an expectorant in case of mucus and phlegm) and lemon juice (for extra vitamin C)
- Triphala powder: ½ tsp morning and evening in a sip of warm water
- Septilin: 1 tab morning before food
- Ashwagandha: 2 tabs (or ½ tsp) morning before food (to calm the nervousness system and to improve sleep)
- Nilavembu Kudineer: ½ tsp morning before food (in case of a feverish state)
- Kabasura Kudineer: ½ tsp morning before food
- Anu Tailam: 1 drop in each nostril morning and evening to get rid of congestion or mucus in the respiratory tract and especially nose and sinuses

All these can be used not only as a prevention (once a day) but while feeling the symptoms of cold, cough, fever, flu, it should be taken 3 times a day before food.

**Ayurvedic Herbs For Energy**

Triphala, guduchi, shatavari, bala, amalaki (amla), saffron, aloe vera, licorice and for the mind: bhringaraj, sandalwood, rose, lotus seeds, hibiscus.

*Be well, happy and peaceful  
Berengere (Be) @ Santé Clinic*

**AUROVILLE 80, THE POETRY OF DAILY LIFE**



Centre d'Art Auroville

Centre d'Art Gallery, Citadines, Auroville invites you to an exhibition 'Auroville 80 the poetry of daily life' by Nadia Loury.



- **Exhibition opening:** Friday, 16 September, at 4:30pm
- **Exhibition Date's:** 16 Sep—01st Oct
- **Gallery hours:** Monday to Saturday 2—5pm
- **Centre d'Art Gallery, Citadines, Auroville**  
*Please Park at the town hall.*
- **Free pickup and drop from the Visitors Center** on Friday and Saturday from 2:30 to 4:30pm.
- **Sunday is closed.**

**Auroville 80**  
**the poetry of daily life**  
**Nadia Loury**

16<sup>th</sup> September - 1<sup>st</sup> October 2022  
Opening Friday 16<sup>th</sup> September, 4.30pm

Centre d'Art, Citadine, Auroville  
Mon - Sat 2 pm - 5pm

Please park at Town Hall  
Free pickup and drop from the visitors center on Friday and Saturday from 14.30 to 16.30



Centre d'Art Auroville

Numerous communities in the Green Belt devoted their work to restoring the eroded earth and to planting forests: Pitchandikulam, Samriddhi, Fertile, Revelation, Hermitage, etc...

This work necessitated using iron mining bars to make holes in the laterite and to then plant highly-resistant species such as the 'Work Tree' (*Acacia auriculoformis*). Dams and water retainers were built to capture the monsoon rains, as well as thorny fences to protect the saplings from the wandering herds of cows and goats.

In 1982, the Government of India, impressed by the work of the Aurovilians, granted considerable funds over a period of 5 years to plant trees and carry out a scientific study on the results, so they could be reproduced elsewhere in India.

Seeds of indigenous species that are typical of the Tropical Dry Evergreen Forest (TDEF) were gathered from the sacred groves.

This seed-collection work enabled saving these species, safeguarding them within Auroville, and then propagating them throughout India. An identical work has been carried out for the re-introduction of indigenous medicinal plants.  
By Nadia Loury.

Warm Regards, Sri  
Centre d'Art Atelier

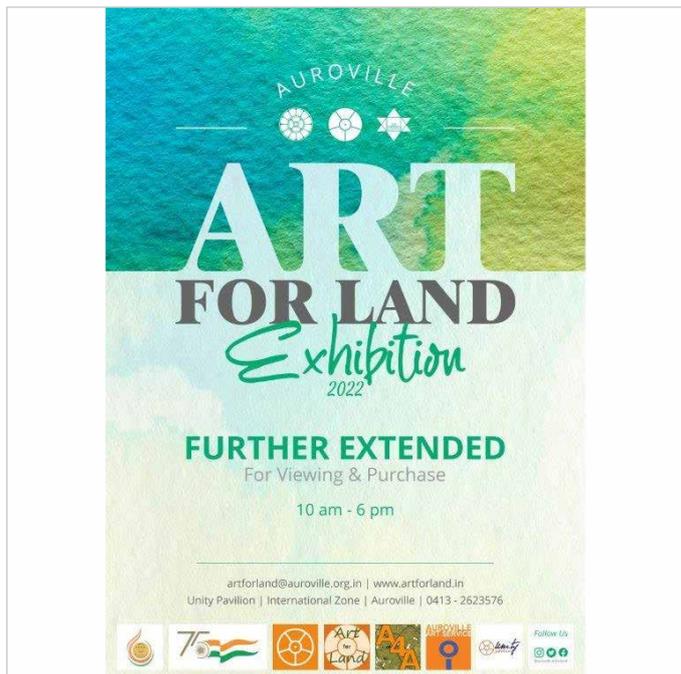
Citadines Auroville-605101 Tamil Nadu India  
+91 413 2622699, [centredart@auroville.org.in](mailto:centredart@auroville.org.in)  
[www.centredart.in](http://www.centredart.in)

**ART FOR LAND  
EXHIBITION AND LAND FUNDRAISER 2022**

Extension of the Exhibition for Viewing  
and Artwork Purchase!

Continued till September 30

**10am—6pm daily at the Unity Pavilion**



*It's too beautiful to take down yet!!*

**Art for Land—Acres for Auroville—Unity Pavilion—  
Auroville Arts**



are happy to invite you to the continuation of Art for Land  
2022 Exhibition & Land Fundraiser

*Beauty is his footprint  
showing us where He has passed*

We are happy to announce that the Art for Land 2022 exhibition has been extended with the artworks available for viewing and purchase at the Unity Pavilion. The works can also be seen on the online gallery and bought all year long via our dedicated website [artforland.in](http://artforland.in) which provides purchase, donation and events information.



- **And at Citadines Mondays—Saturdays, 2 to 5pm till October 1:** the exhibition of 'Auroville 80—the Poetry of Daily Life' by Nadia Loury



Sales of books, photographs, and postcards go for Auroville land purchase via Art for Land and Acres for Auroville.

We invite you to partake of the beauty of the Exhibition and the events, and by your presence and participation, support Auroville's land !

**Donations From Fundraising Are  
The Only Source For Land Purchase!**

Proceeds from art sales, books, cards and events all go for land purchase via the Acres for Auroville land campaign, Art for Land's initiator.

Join us for **Art For Land** to raise funds for consolidating Auroville's Master Plan land!

**Art Purchases Are Possible All Year-Long at [artforland.in](http://artforland.in)**

**[unitypavilion@auroville.org.in](mailto:unitypavilion@auroville.org.in),  
+91 413 2623576 by phone,  
[artforland@auroville.org.in](mailto:artforland@auroville.org.in)**

*Mandakini for Art for Land*

*The Arts*

**OPEN CALL FOR SOLO AND GROUP EXHIBITION  
AT CENTRE D'ART GALLERY,**



**Open call for solo and group exhibition at centre d'Art Gallery, auroville for the 2023 – 2024 Season**

Centre d'Art is pleased to accept submissions of cohesive art projects, we carefully go over all submitted portfolios. However, we hope you understand that due to a high number of applications, we cannot unfortunately reply in person to each submission. If we are interested in your work for exhibition, we will be sure to contact you via the details provided with your submission.

**Submission guidelines:**

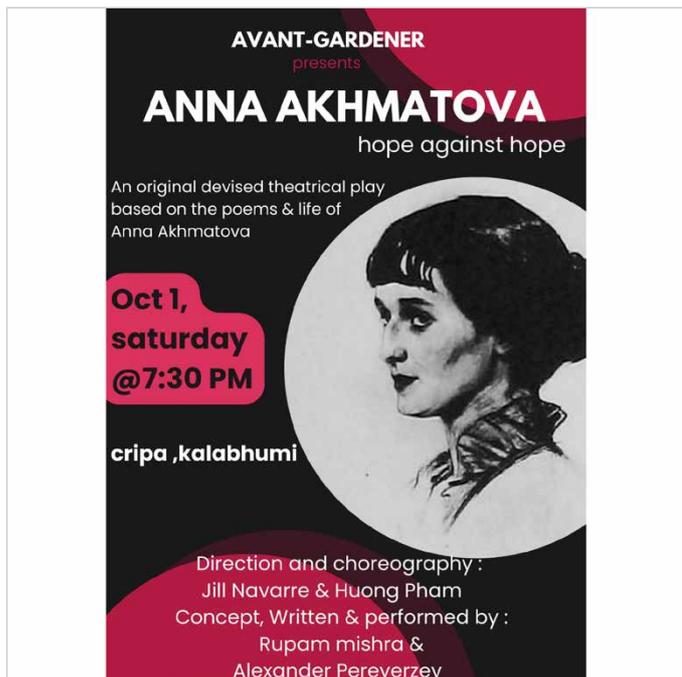
- The subject line of any submission email must begin with the subject 'Exhibition Submission'
- All images should be sent as jpeg files, at screen resolution, not more than twenty-five images.
- Attach a short artist statement for the project being submitted, that will help us understand your work better.
- Provide contact details – email address.
- **Application deadline: 15 Dec 2022**

For details please visit: [www.centredart.in](http://www.centredart.in)

Contact: [centredart@auroville.org.in](mailto:centredart@auroville.org.in)

**Warm Regards, Sri,  
Centre d'Art Citadines Auroville,  
+91 413 2622699**

**AVANT-GARDENER PRESENTS:  
ANNA AKHMATOVA HOPE AGAINST HOPE**  
Saturday, 1 October, 7:30pm, Cripa



Avant-gardener in association with Cripa, AV Arts Service presents Anna Akhmatova, Hope Against Hope. A devised theatrical play filled with joy, tears and human emotions.



We try to understand Anna's life and tribulations using her poems. Come witness the story of the great Russian poet and a great artist the world has ever witnessed.

- **Concept**, written and performed by Rupam mishra and Alexander Pereverzev
- **Choreography**: Jill Navarre and Huong Pham
- **Technical support**: Rupesh, Snehal, Subham and Saurav

Rupam

**LIVE MUSIC NIGHTS: THE COTTON CLUB**



**PITANGA**

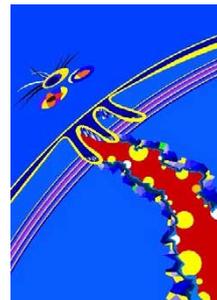


(0413) 2622403 / WA 9443902403  
[info@pitanga.in](mailto:info@pitanga.in)

**Exhibition Opening:  
New Reality, Vector Art exhibition By Matej Ukmár**

- Opening on Saturday, 24 September, 4—6 pm
- Exhibition timings:
  - 24 September—22 October
  - 8—12:30pm & 2—5:30pm

'My artistic work portrays the hidden side of life: the dreams, the underlying abstract potential full of undiscovered possibilities and solutions. We, humanity, facing so many challenges and conflicts on the macro and micro scale, need those solutions more than ever. I believe we are observing an emergence of a 'New Reality' that is touching and will inevitably touch the life of every individual on this planet.'



Matej Ukmár

If you wish to receive Pitanga's program of activities by email, please write to us: [info@pitanga.in](mailto:info@pitanga.in)

See you at Pitanga, with a smile!  
With love, Andrea

**VISITING THE KOCHI BIENNALE**

In collaboration with A Sunlit Path, we are organizing a trip to the Kochi Biennale.



If you are interested in joining the group, please email us with 'Kochi Biennale' in the subject line.

All details like date, travel, stay, etc will be decided by the participants.

[aurovillearts@auroville.org.in](mailto:aurovillearts@auroville.org.in)

Krishna

*Bioregion*

**FESTIVAL OF EVOLUTION:  
NAVRATRI KOLU**

AUROVILLE  
ILAIGNARKAL EDUCATION CENTRE  
Invites you all

**FESTIVAL OF EVOLUTION  
(NAVRATRI KOLU)**  
TRADITIONAL DOLLS DISPLAY WITH A THEME



This Year Theme - CATTLE

Venue : Ilaignarkal Education centre, near TownHall, Auroville

**September 26th (Monday) till  
October 5th (Wednesday)**

Join us Every EVENING for Cultural events and Offerings

With regards, M. Sumitra Manou

**KCC CHILDREN MARKET**



25.09.2022 SUNDAY 9 AM-12PM

**@KUILAI CREATIVE CENTRE**  
Next to Auroville Bakery, Kullappalayam-Auroville Main Road. Ph: +919843195290

**ALL ARE WELCOME**

**Kuilai Creative Centre**

is conducting a **Children's Market**, by our own students. It's a great opportunity for the kids to learn—how to set up a stall, sell, buy, market their products, learn the value of money, and of course all of those by having great fun! Our Children will be setting up their stalls with veggies, fruits, food & snacks, DIY craft products, etc.

With Regards,  
Selva from KCC Protection,  
+919843195290,  
<https://kuilaicreativecentre.org/>  
<https://aviusa.org?form=Kuilai>

*Honorary Voluntary*

**GAU SEVA AT SADHANA FOREST!**



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day **from 6am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us:  
[sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in),  
WA 8525038274 or call  
8122274924.

Looking forward to welcoming you!  
The Sadhana Forest team, warmly, Shek

*Work Opportunities*

**TLC IS LOOKING FOR  
ENTHUSIASTIC DIY HANDYMAN/WOMAN**

TLC (The Learning Community) is looking for an enthusiastic DIY handyman/woman to join our team and work together with adults and children:



- A practical person, capable of helping us to maintain the physical aspects of our campus. Plumbing/electricity/ masonry/carpentry skills would be an asset, as well as the capacity to oversee maintenance work by external workers. Working closely with adults and children will be a part of the task.
- The position would require good English and communication skills, and Tamil would be a great bonus. A love of community is a must and would entail half-time work (5 mornings per week). Financial assistance could be offered if needed.

Please write to [tlc@auroville.org.in](mailto:tlc@auroville.org.in) if you are inspired to join our learning journey.

With much care and gratitude,  
TLC Aspiration Team  
Sara, Tamar, Mira, Mirna

*Looking For*

**Seeking House Sitting**



We are long-term volunteers in the Matri-mandir Gardens. We are looking for a house sitting from 25 September. We can take care of your pets and plants. Please contact us via WA: +33 673606243, Jeremy, Ines.

Terra

**Seeking a fluent French Speaker**



Bonjour. I am Radhika, a long term SAVI volunteer. I am seeking a fluent French speaker to practice French with. I have an intermediate level and want to improve my speaking.

Contact Radhika, +91 8129751964  
Thank you, Radhika Ravi

**Looking for a new place to reside.**

In exchange for my present place which is a one-room studio flat, ground floor with beautiful garden. For details contact 94863 63525. Marlenka Gray

*Available*

**Chicco Easy Relax Baby Bouncer**



**Product description:** Chicco Easy Relax Baby Bouncer Let your baby relax and play with his toys or enjoy watching you entertain him from this Chicco Easy Relax Baby Bouncer. Adjustable Backrest The anatomical backrest is designed to offer maximum comfort to your baby and to let him bounce and play happily. You can adjust the backrest in different positions to suit different activities and your baby's convenience. Fixed Mode When your baby is tired and needs to rest, you can set this baby bouncer in its fixed mode to let him take a refreshing nap. Practical Strap Handles This bouncer uses a 3-point safety harness to keep your baby safely strapped to it. The strap handles let you carry the baby from one room to another in a convenient manner when he falls asleep.

- Grey color, hardly used
- Contact: 6385635943 WA. **Beber, New Creation**

**Asus N766VZ Available**

- Intel Core i7—3610QM—2.3 GHz, Mémoire vive (RAM) | 6 Go—DDR3-SDRAM, SSD 256go + 1to Hard drive, 17.3 'inches | 1920 x 1080, Nvidia GeForce GT 650M—2048 Mo. Working very well. Good condition.
- BUT some stuff aren't working:
  - The DVD player has been dead for years... Never need to so I never changed it, 1 line of pixel is red, since years also. 2 keys on the keyboard (W and G) Are not working so you need a wire or wireless keyboard
  - Battery is new, Adapter also. 17' Laptop bag is provided.

I have used it for 10 years to do all my work and it has always been working very fine (just the few details shared before). I clean it and keep it in good condition as I used to work in IT. Since a few months I have not used it and it is staying in my house only. I am doing most of my work on my office computer so that is why I want to sell this laptop.

- Towards contribution. 6385635943 WA, **Beber**

**2 beautiful healthy puppies**



We have 2 beautiful healthy puppies with 2 months of age available for adoption to a good home. They are dewormed and very healthy. Free sterilization will be provided. Please call or what's up Pedro at +919361591906 or email [acancalata@tut-anota.com](mailto:acancalata@tut-anota.com). **Thanks in advance, Pedro**

**Beautiful Wooden Bed**



We are selling a Beautiful wooden bed 110cm width, 200cm length, 30cm height, surrounded by a wood border of 40 centimeters (total dimensions of the bed 150cm x 240cm). Very stable and removable.

Contact Marc by WA 9442006807

*Help Needed*

**SUPPORT AUROKIYA EYE CARE**

Dear All, I request you to support Aurokiya, to expand its service in Auroville and Bioregion by doing comprehensive eye examination along with general health screening at schools, workplace and bioregion villages. Aurokiyas Vision is to establish preventive and promotive healthcare model for achieving quality of life. Please also share the link with your friends and also join the session with Auroville International (AVI) USA to understand our larger scope in healthcare. Link: [www.aviusa.org/aurosugan](http://www.aviusa.org/aurosugan)



*Ecology*

**ECO SERVICE**

Dear Eco Service users, we would like to thank you for the continued support, trust and cooperation. The Eco Service is constantly trying to improve and find solutions and ways of dealing with the continued rise and inflow of the generated waste.



Our team has not grown since the last 5 years but the waste keeps on steadily rising. We now handle 12 to 14 Tons of waste per month and we segregate in more than 80 different categories to minimize the landfill as well as Auroville's footprint on our wonderful planet as well as our immediate surroundings.

We need your continued collaboration and at present more than ever.

We have therefore compiled a list of DOs and DON'Ts that we would request all users to strictly adhere to. It would go a long way in helping the Eco Service to do its task better.

**Please DO**

1. Empty and rinse your jars before sending it to us.
2. Rinse your curd and milk packets
3. Rinse your cereal and milk tetra paks
4. Take out the label trapped into the top part of your plastic pack, such as tofu, cookies, brownies and cheese packets.
5. When ordering Pizza do not ask for the small packet of ketchup as they all end up in the landfill.

**Please DO NOT**

1. Do not put TISSUE OR HAND NAPKINS in your paper bin but put in your SANITARY bin.
2. Do NOT send us your CIGARETTE BUTTS.
3. Please do NOT PUT WET WASTE OR FOOD WASTE to be mixed in any of our barrels.
4. Do not send us good clothes but take them to the Free Store.
5. Do NOT PUT SYRINGES AND OTHER MEDICAL WASTE in our waste barrels, it is a danger to us.

**We Do Not Pick Up**

1. Mattresses
2. Old and broken Toilets, Sinks and other Ceramics
3. Wood planks and broken wooden furniture.
4. Rubble

We intend to reach our goal of having a maximum of 3% to 7% non biodegradable waste getting into our land fill hence we need and request for the cooperation of all Eco Service users in attaining the same.

Thank you,  
Eco Service Team,  
Kottakarai Auroville  
Ph: 9443535172 or 9443090114

*Auroville Poetry*

**I HOLD A SMOOTH STONE**

I hold a smooth stone  
And wonder  
How much rubbing  
It has gone through.

Warm regards,  
Anandi

Education

**IPK MATHEMATICS ACTIVITIES THIS WEEK**

September 22 till September 30 at the European house



Please take a note of following mathematics activities happening at IPK from September 22 till September 30 at the European house.

**One-on-one assistance in mathematical understanding for children from age 8-16yrs**

- against contribution.

The intention is to discover / re-discover the language of mathematics through various aspects. We would like children to have a fluid way of learning mathematics which can be molded as per one's needs.

- To join this activity, please [click on the link](#)

For additional queries please write to [ipk@auroville.org.in](mailto:ipk@auroville.org.in) or reach us on whatsapp at 9529673687

**Math behind an effective storytelling**

Calling all the storytellers to discover and explore mathematics behind storytelling! If you are a writer, director, actor or someone who loves to share a story or listen to stories, do come. If you are just a curious soul, you are welcome too!

This week we will discuss the Fibonacci sequence and golden ratio of storytelling. We like to go impromptu. Course of these sessions is usually decided by participants. (Free entry, Donations are welcome)

- This event is for 18+yrs, RSVP to Snehal 9529673687
- Date : Saturday, September 24, 2022
- Time : 2—4pm

**Math exploration session for children between 3-7yrs**

- against contribution

Thank you so much for your wonderful response for this activity. Many of you have shown interest in making this a regular activity, hence we have created a detailed plan for the next four weeks.

- To join this activity please [click on this link](#)
- Please call or message 9529673687 for your doubts and queries.

**Please Note** that we are taking a break this Tuesday i.e. 27.09.2022 for ongoing activity. We will resume in October with four fresh sessions.

- To understand our learning approach please [click on the link](#) to listen to our latest podcast with Auroville radio

Snehal, for IPK

Foods, Goods and Services

**SERVICE**

Offer my services voluntarily in gratis for the below areas specifically to individuals/activities who/which do not have a qualified and experienced in-house resource.

**Focus:**

- Social Startups: Products and Services
- Project and Funding Proposal Preparation: Guidance only
- Email Marketing, Instagram, Business Communication, Website content

**Contact Details:**

- Surajkiran
- Mobile:988420 4918 (Voice and WA)
- Email: [surajkiranv@gmail.com](mailto:surajkiranv@gmail.com)

Surajkiran,  
Auroville

**NOWANA OFFERS NEW MENUS**



Dear Community, we are happy to announce that we are now offering two new menus, Fresh Ramen (at both our branches) and Gimbap (at Nowana in Auromodele).

We will also be starting our home delivery option due to the rainy weather from today onwards with a flat rate of 50 rs per drop. All soup items will not be available for takeaway or delivery. For Kimbap takeaway and delivery a pre order before 11 will be required.

Please feel free to contact us on whatsapp 94870 06490 or on our landline number 0413 296 5490 for pick-up and delivery options.

Thank you for your support, have a nice week!

With regards, Nowana Team

**HELP WITH IT—COMPUTERS WITH DAMIEN**

Damien offers his services, for people and Auroville's structure, if you have any questions or problems with computers or smart devices.



It can be for:

- Operating system : Windows, MacOS,
- Hardware and Software,
- Network: Internet, Wi-Fi, Routers, Switch,
- Help to use your devices, computers, smartphones, tablets, printers,
- Anything you can think of...

Damien, with his 25 years of experience in IT services will have the pleasure to help you. These specific services will be on a donation basis.

- **By appointment only** in Auroville WA +336 58 340 343, Email : [contact@salens.fr](mailto:contact@salens.fr)

Damien

**AUROMODE HIVE: OPEN HOUSE**

Saturday, 24 September, 10am to 5pm

The flyer features the AuroMode logo and 'Hive Coworking space' branding. A central image shows a modern coworking space with people working at desks. Surrounding this image are various service icons and labels: '20% Off Aurovillians Newcomers Volunteers', 'Hi-Speed internet Fully AC Conference room Video projector Color printing Self serv. Kitchen', 'Productivity', 'Focus', 'Central', 'Comfortable', 'Economical', 'Easy', 'Auroville', 'Community', 'Smart', 'Available', 'Flexible', 'Productive', 'Creative', 'Network', 'Flexible', 'Available', 'Smart', 'Available', 'Community', 'Easy', 'Auroville'. Contact information at the bottom includes: Auroshilpam Auroville 605101 Tamil Nadu, India; 70921 97375; [auromodehive@auroville.org.in](mailto:auromodehive@auroville.org.in); [auroville.org](https://www.auroville.org); [auromodehive.com](https://www.auromodehive.com).

Auromode Hive would like to invite you to an Open House on Saturday, 24 September, from 10am to 5pm. We will have free internet! All are welcome to try out our coworking space, Free of Charge! For more details regarding our Plans check out our catalog at our WA Business No. 70921 97375

Auromode Hive Team, Auroshilpam

## AUROVILLE RADIO



Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

### Last published podcasts

- [Emergence—Live Concert](#) (Music)
- [Audible Weed Walk—Ep.93 'Nagananda \(The Joy of the Serpents\), Jitiya, and the wild weedy greens'](#) (Food Education)
- [Marlenka's Weekly Offering—ep.63](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi—410](#) (Integral Yoga)
- [Savitri, B. I, C. III, Part 5](#) (Integral Yoga)
- [Tamil Express—Lesson 25](#) (Tamil Language)

### Last Youtube live videos

- [Heartfulness meditation—Day 1, morning session](#)
- [Heartfulness meditation—Day 1, afternoon session](#)
- [Heartfulness meditation—Day 2, morning session](#)

...and more! on [www.aurovillerradio.org](http://www.aurovillerradio.org)

Please help us to relocate the radio!  
Donate to F.A. number 251369

For more information write to [radio@auroville.org.in](mailto:radio@auroville.org.in)

Peace and Love

Regards, Stefano

## HOW TO BUILD AUROVILLE AND FOR WHOM?

I am not sure that everybody really knows what is happening these days in Auroville, as Auronet has been taken over by the secretary and many accounts have been blocked, like mine. They did not like my post which reported how bad the Crown Road was being built. Just to mention some recent events:

After the trespassing of Pitchandikulam and the destruction of the gate on 23/03, the destruction of the live fence at Srma on 11/04 and in May, the destruction of the front side of Eternity Forest on 14 to 16/04, now Abri corner and Evergreen are being trespassed by P.K. Subramanian, a local politician and estate developer. For all these land grabbing, the secretary did not do anything, and the perpetrators of these crimes reported that she was OK with them.

The AV Foundation Office is organising with the Ministry of Education a conference at UNESCO Paris on the 30th September on Sri Aurobindo's dream of Human Unity, Manifesting at Auroville. The secretary will send 'Aurovilians' which do not represent Auroville, and who have contributed and organised all the violence which has happened since the 5th December 2021. How can the secretary be trusted, when she does nothing to secure the AV lands, as the estate officer of the Foundation, and especially when her words contradict her action? [See here](#). Did the Mother would have wanted Auroville to be built

with such disharmony, antagonism and violence to which these people have contributed?

Yes, things must be changed and improved in Auroville. Yes, we must 'clean the house', her temple, her Auroville, but this must be done only by us. Yes, we must focus more upon detailing the Galaxy and manifesting it. This also must be done by us. The Master Plan is not the Galaxy concept of Roger. Yes, trees will have to be cut, and buildings destroyed if they cannot be integrated in the Galaxy concept.

But what is important is not just to build Auroville, but how we build it, and for whom. The city of 50,000 people, the City at the Service of Truth, that the Divine Mother wanted and still wants will only be the outcome of a process, where we, Aurovilians, are working together in a progressive harmony and collaboration, which only can lead us towards Human Unity. I came here for that and I cannot accept this violence.

For those who want more information on my reports and letters, and what is really happening, please [access this link](#).

*For Truth and Love, very sincerely,  
Satprem*

## WHAT IS THIS NEW WAY OF WORK?

Auroville promises to be the City of Dawn, the Cradle of the transitional beings, and invites all who resonate to participate. Well, we get all sorts coming to join the fun... As an experimental churning grounds for a new way of life, for anyone who wants to truly live in Auroville, what exactly is this New Way of Work as a willing servitor of the Divine?

Here the Mother reveals her experiences:

'My method is essentially very simple: for each thing that comes, I say, 'Here, Lord, it's for You; change it, transform it.' A work of offering and dedication (gesture of presenting something to the Light). And this morning there was a sort of reply—not exactly to a question, but as though I were wondering 'How do I do it?' (because the Lord tells me I am here for His work), 'How do I do His work? What's the new way of doing the Work? We know all the old ways, but what's the new way?' And the reply came, very concrete, without words: 'By bringing the two extremes together.'

Everything you see, everything that comes to you or that you discover is automatically put in the presence of the Most High, of the Supreme. You join the two extremes. Your whole work is to make the junction.'

*The Mother's Agenda, November 14, 1962*

[https://sri-aurobindo.co.in/workings/ma/agenda\\_03/1962-11-14-01\\_e.htm](https://sri-aurobindo.co.in/workings/ma/agenda_03/1962-11-14-01_e.htm)

And so that is why the Sunlit Path of Sri Aurobindo and the Mother is the easiest and most joyful path. The Divine Mother<sup>1</sup> does the sadhana. One just needs to be a very conscious participant in the Supreme's Divine Play and sincerely offer everything that needs to be sorted out to Her. As the Supreme Shakti, She has the Power to transform, transmute or dissolve whatever.

Full intensity of life experience is to be expected, of course, as we remember Her call:

*'I invite you to the Great Adventure... Come what may...'*

*Om Namō Bhagavate, Zech. 2022.09.12*

<sup>1</sup> [https://sri-aurobindo.co.in/workings/sa/25/on\\_the\\_mother\\_sabcl\\_25\\_e.htm](https://sri-aurobindo.co.in/workings/sa/25/on_the_mother_sabcl_25_e.htm)

## HOW MUCH WORSE?

September 2022. Nine months ago, events related to the forcible implementation of the Master Plan had created a divide between a big portion of the Auroville residents and the Secretariat of the Auroville Foundation, supported by a few residents. Nine months during which the situation has continued to escalate further. Nine months of unlawful actions, nine months of provocations from all sides, nine months of growing intensity.

August 2022. I still hear community members sharing that they are 'for the road'. I still hear community members calling others 'anti-city'. I still hear community members wielding 'Mother's Dream' as a weapon. And I am truly shocked.

How many steps further will this need to take, for people to understand that the debate is no longer about forest, city or geometry? How much worse will this need to get for people to understand that there should be no more factions amongst Aurovilians, and that old stories need to be left behind, because the core issues have already shifted, since long?

What Auroville is now facing is the takeover of its institutions, its history, its funds and assets, its diversities, its freedom of thought, and more importantly its very soul and 'raison-d'être'. Auroville's experimental endeavors are endangered, its multicultural and international aspects are severely undermined, and attempts to create a new dogma have never been so strong.

The question that arises in my mind is: how can some Aurovilians support this takeover? How can a small minority collaborate with such actions as we are now seeing? How can people who truly care for Auroville indulge in what looks more and more like the destruction of this community? How can people who I have considered members of my family—a bit like aunts or grandparents, brothers and sisters of another generation—now want to kick out of Auroville half of their kin, for their alleged opposing opinions?

The issue at stake in Auroville is no longer an issue of planning. In fact it never really has been. It has very little to do with sustainability, nor with shapes or plans. This was only the trigger, the cover, the excuse. The issue at stake in Auroville has everything to do with Auroville's core purpose and values. It seems we now have an administration hell bent on rooting out inclusivity and collaboration, committed to bypass and dismiss all experiments in self-organization; perhaps undermining all fields of a truly collective life as well. Then, what about manifesting Auroville along with the evolution of our consciousnesses? What about the inner attitude that one is meant to nurture in order to be in Auroville: curiosity—a constant openness to explore the New Creation that is unfolding at each and every moment? In other words, the real issue at stake now, in my view, is to do with a confusion between spirituality in action as opposed to religious fanaticism.

On a more materialistic level, the foreseeable direction of the small group's current agenda will be the sale of Auroville to outside investors. Regardless of the shape and size of the city, the real issue at hand is: who will be living in the Secretary's Auroville, and how will these people come to join? There are already signs of a plan for a tourism-based Auroville, a spiritual Disneyland which would value numbers over the essence, and show-off achievements over real steps of inner progress. This is nowhere close to the Auroville I was raised in, nor to the Auroville I signed up for.

I stand for an Auroville that is given the freedom to grow and to experiment, even if this may include trials and errors along the way. I stand for an Auroville which is based on a gift economy and a true sharing of resources. I stand for an Auroville that looks at the quality and integrity of its residents, rather than their quantity. I stand for an Auroville that is an international township that rises beyond nations, creeds and religion. I stand for an Auroville where all residents can express themselves freely and respectfully, and

where the diversity of our voices is being valued and celebrated. I stand for an Auroville that has its own culture—a culture of weaving multiplicity into a living embodiment of Human Unity. I stand for an Auroville that honors Life in all its forms, that acknowledges the Divine Beauty in all that is, and bows before it.

Fanaticism has no place in the Auroville I stand for, for it is an Auroville dedicated to the evolution of consciousness, in which flexibility is revered as a core component of the change that we are here to serve.

Intolerance has no place in the Auroville I cherish, for it is an Auroville of brotherhood, of mutual respect and of true nobility.

Maël.

## Martial Arts

### ABHAYA MMA

Monday, Wednesday and Friday @5:30pm



Dear community, Recently we have had the honor of receiving a special coach of international caliber here at Abhaya martial arts Academy in Dehashakti. His name is Yari Orsini, and was the Italian mixed martial arts champion.

He is in India for a year to share his deep knowledge of martial arts, and teaches you to fight while keeping a smile on your face.

Our family is growing day by day. Come to Dehashakti gym on **Monday, Wednesday and Friday @5:30pm** to practice MMA in order to be in shape, learn real self defense skills, develop discipline, and do so while learning to be conscious throughout your mind and body.

#### Our in house coaches:

- Giacomo: MMA and Self Defense
- Ruben: Kickboxing (K1 style)
- Michael: Muay Thai

Open to everyone from the age of 14 and over.

If you want to join please contact us via WA: 9487340778

Warm regards, Mir, Abhaya MMA

## Classes, Workshops & Healing Arts



### VÉRITÉ INTENSIVES & CLASSES

Phone: +914132622045, 2622606,

Mobile: 7867805812

[programming@verite.in](mailto:programming@verite.in),

[treatments@verite.in](mailto:treatments@verite.in), [www.verite.in](http://www.verite.in)

#### Vinyasa Krama Yoga: An Introduction with Joshna

- Saturday & Sunday, 1 & 2 October, 9:30am—12:30pm

Vinayasa Krama yoga is an ancient system developed by Sri T Krishnamacharya, which focuses on using the breath to go deeper into postures, thereby accessing the layers of the self. It is a practice involving dynamic movements of the bones, muscles and ligaments, static postures for internal organs, pranayama to access one's life force and pratyahara to go beyond it.

#### Canceled Classes & Workshops

The following classes and workshop with Rosa are canceled until further notice

- Yoga for All (Monday, Wednesday, Thursday and Saturday)
- Pranayama and Healing (Monday & Friday)
- Yoga for Energy, Harmony and Well-being (Saturday, 24 September)

Kathir, for Vérité Programming

### TRAINING SESSIONS FOR ADULTS WITH TERRA

Saturdays, 3 to 4:30pm, New Creation Dance Studio

This class is aiming to help students improve their body awareness through developing flexibility, strength and balance. Not suitable for complete beginners.

- Contact: +91 9488483289, Terra

*Thank you in advance, Terra*

### ANNE HILDEBRAND

Cranio Sacral Technic & Ancient Healing Technic

WA +91 948 80 84 684, Cell phone +33 679814670

### QUIET HEALING CENTER



[www.quiethealingcenter.info/quiet@auroville.org.in](http://www.quiethealingcenter.info/quiet@auroville.org.in)

+91 9488084966

### Oceanic Bodywork Aqua (OBA®) 1: Fluid Body with Dariya & Daniel

- Tuesday, 27 September—Sunday, 2 October, 8:45am—6pm

Developed by Kaya Femerling & Nirvano Martina Schulz, OBA is a deeply relaxing aquatic therapy modality, which takes place in a warm water pool (ideally 35°C). It combines elements of soft stretching movements, aquatic deep tissue massage and joint release, as well as energy and breath work in a unique way above and below water. Especially designed movements allow your whole spine to swing and energy to flow again.

In this 50-hour course, we'll approach water in a playful and friendly way. You'll learn working on cushions and floats, on the surface, and under water.

OBA 1 is mainly an underwater course, inviting you to experience the nurturing qualities of being held and to rediscover trust, peace within yourself, and a sense of coming home again. At the end of this course, you'll be able to offer friends and acquaintances an enriching OBA session.

- **Prerequisites:** OBA Basic, Liquid Flow Basic, Watsu 1, Healing Dance 1 or Waterdance 1

### Heartfull® Meditation Workshop with Avantika Nirupama

- Sunday, 2 October, 9:30—11:30am

*'Concentrate in the heart. Enter into it; go within and deep and far, as far as you can. Gather all the strings of your consciousness that are spread abroad, roll them up and take a plunge and sink down. A light is glowing there, in the deep quietude of the heart. It is the Divinity in you—your true being. Hear its voice, follow its dictates.'*

*The Mother*

Come learn how to make this a reality with the sacred techniques of Heartfull® Meditation. Heartfull® Meditation techniques will help you understand Sri Aurobindo's dictum 'All Life is Yoga' and connect you to his teachings in a deeper way.

Avantika has been studying Sri Aurobindo and the Mother's teachings, and Heartfull® Meditation, for twenty years. She has a 500-hour yoga teacher's certificate and translated some parts of Savitri in Marathi and Hindi. As mainstream schooling cultivates mind and ignores body and spirit, she home schooled her daughter after reading Sri Aurobindo's understanding of human existence to keep the connection with the Light.

- **Questions?** Contact Avantika at [avantikalight@gmail.com](mailto:avantikalight@gmail.com)

### OBA® Basic with Fred

- Saturday, 15 & Sunday, 16 October, 8:45am—6:30pm

Oceanic Bodywork Aqua (OBA®) is an aquatic bodywork modality given in a warm water pool (ideally 35°C). It combines elements of light movements and stretching, massage and mobilization of joints in connection with breathing and energy work conducted both on the surface and under water.

During this OBA® Basic course, you'll learn a number of simple movements, both on the surface (with and without cushion and noodle) as well as under water. You will also practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water.

You will experience floating other people and being floated on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- **Prerequisites:** no previous experience required (also not being able to swim!)

*Guy*

### PITANGA



(0413) 2622403 / WA 9443902403

[info@pitanga.in](mailto:info@pitanga.in)

### New activities at Pitanga

#### Yin Yoga Classes in French with Aurélie Chauvet

Yin Yoga is a subtle, slow, and meditative form of yoga, where the gravity of the body leads us to explore the deepest tissues of the fascia network. The postures, mostly done on the floor, are guided by a calming pranayama. Yin Yoga allows us to learn to know one's body through a functional approach of yoga. It allows us to explore a new technique inspired by Taoism and Chinese medicine in order to make the Chi circulate.

- **4 classes in October and November:**
  - Saturdays, 1 & 15 October, 12 & 26 November
  - Timing: 5—6:15pm

Welcome to our drop-in class. No prior registration is necessary.

#### • About Aurélie:

Graduated with a CAPES in Spanish and a master 2 in language sciences, Aurélie is passionate about education, languages, and travel. She works at Lycée français international de Pondichéry as Professor in Spanish and Trainer FLE/FLS language didactics. She first trained in Asthanga yoga (Yoga Inbound Barcelona, 200H), then moved on to train in Yin Yoga, with Sebastian Pucelle and Murielle Burelier (Geneva, 100H) and Anat Geiger (Bergen, 100H). She is also trained in the approach Yoga in Education (RYE). Yoga is an integral part of her daily life. Her approach to Yin Yoga is centered on the thread of the breath, which takes the practitioner to the edge of himself.

#### Dynamic Balance with Osnat

'I invite you to enhance your balance in a program of 8 sessions, in which we will practice balance exercises from different methods and techniques with an emphasis on functional training. The program is designed for Seniors. It is recommended to attend all sessions.'

- Facilitated by Osnat (Physiotherapist).
- Tuesdays, 4:45—6:15pm till end of October.

If you wish to receive Pitanga's program of activities by email, please write to us: [info@pitanga.in](mailto:info@pitanga.in)

*See you at Pitanga, with a smile! With love, Andrea*

## JIVA: YOUR JOURNEY IN HEALING AND TRANSFORMATION



[www.auroville-jiva.com](http://www.auroville-jiva.com), WA 9626006961  
[contact@auroville-jiva.com](mailto:contact@auroville-jiva.com), [Facebook](#), [Youtube](#)

### Natural Horsemanship

- Individual and group sessions ongoingly

Mirrabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!

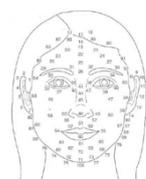


Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication – and it's just fun time to BE with a sensitive, naturally trained horse! Mirrabelle lives with horses since she was 3 years young. Past 10 years she fulfills her life's dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse. Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care – hoofs, nutrition, psychology, care, riding and therapy!

- Sessions afternoons 4—6pm or mornings 8—10am

Contact: WA 9626565134, [contact@auroville-jiva.com](mailto:contact@auroville-jiva.com)

### Acupuncture, Qigong, Shiatsu with Andres



Andres Lokutta, is a experienced practitioner in Acupuncture (over 12 years) , and further practices of Chinese Medicines: QiGong energy exercises, and Shiatsu: gentle stretches to increase energy flow.

Please contact us for an appointment via [contact@auroville-jiva.com](mailto:contact@auroville-jiva.com), WA 09626006961

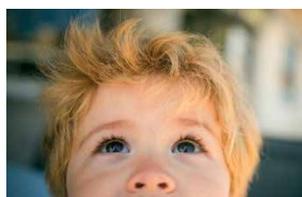
### The Incarnating Soul Webinar

- 1, 2, 3 October

We might ask ourselves... why we came, what for, what is the aim of our life, why did we incarnate?

How did our birth inform us and form strong beliefs?

What is the role of consciousness early in our lives?



A selection of the knowledge transmitted by The Mother and Sri Aurobindo, as well as 10 years clinical experience in Integral Regression therapy give insights into these questions. Short introspective moments for the participants invite to recall personal early memories.

- 1, 2, 3 October, 7- 8:30pm
- Facilitator Sigrid Lindemann, International faculty in classical homeopathy and Integral Regression therapy, living in Auroville for over 20 years. Founder of JIVA

Contact: [contact@auroville-jiva.com](mailto:contact@auroville-jiva.com), WA 9626006961

### Our Venue Sharnga Guesthouse

Sharnga Guesthouse is a green oasis, with a huge Banyan Tree, horses, birds, a lively tropical garden, with a small pool, gym and rooms from simple to AC, single to family units. A Yoga Hall, AC lounge with big screen, and the great service and international cuisine make it a perfect spot.

- [www.sharngaguesthouse.in](http://www.sharngaguesthouse.in)

**YEP** We do offer adventure camps with kids programs, <https://www.facebook.com/YEPAV> parallel with wellness and healing sessions for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

- We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution. Acupuncture, Shiatsu, QiGong, TaijiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Peggancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation

### HEARTFULL® MEDITATION WITH AVANTIKA NIRUPAMA

*'Those who feel the unquenchable thirst for something different will be protected in a cocoon of Light to traverse all perils of the convulsions of the old and dying world, for in part of their being they already belong to that light, to the New World.'*

*The Mother*

- Tuesdays 9:30 to 10:30am at Arka Guest House
- By donation

### What is Heartfull® Meditation?

Heartfull® Meditation is a dynamic meditation that welcomes your Spirit into every cell of your body. This is achieved by turning the mind inward to the Heart Chakra and connecting with the Divine source within us, the Pillar of Light.



As one surrenders and aspires, the Divine Light above begins to flow down through the crown chakra, expanding the Pillar of Light and eventually turning the body into a Divine physical manifestation of Love, Light and Truth.

Heartfull® Meditation teaches the Align and Shine Meditation Snacks™, unique meditation practices created by meditation master teacher, Savitri, a longtime devotee of Sri Aurobindo and The Mother.

- For questions or details: [avantikalight@gmail.com](mailto:avantikalight@gmail.com)

Avantika

*Languges*

### NEWS FROM AUROVILLE LANGUAGE LAB



### The Language Lab's Opening Hours

Monday—Friday: 9:00am—12:00pm & 2:00pm—5:00pm.

Saturday: 9:00am to 12:00pm.

Location: International Zone, after Unity Pavilion & Pump House.

Phone: (0413) 2623 661, 4036920/22.

Email: [info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org)

Find us on @aurovillelanguagelab  
 Auroville Language Lab Tomatis Research Centre

Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space



## Summer Language Courses at ALL

### New: Spanish with Mila

Our long-time Spanish teacher, Mila, is starting two new batches:

- **Beginner Spanish:** This three-month course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach". Mila has been running this course since many years with tremendous success. The course starts on October 3 with an introductory meeting on September 28. We have very few spots left!
  - Classes will take place Mondays & Wednesdays, 2:30 to 3:30pm
- **Intermediate Spanish:** This course is for those who have a basic knowledge of the Spanish language and would like to further advance their skills. The course will start on the October 3.
  - Classes will take place Mondays & Wednesdays, 3:45 to 4:45pm

### English for Total Beginners with Rupam

Our long-time English instructor, Rupam, is ready to offer a course for total beginners. This course will take you through the very basics of the English language. Classes will be organized at the mutual convenience of the students and the teacher. Enquire now to register!

### French with Jean-François

Jean-François's current courses are closed for new registrations. We will start new batches soon. You are welcome to enquire and register early for the forthcoming classes!

Jean-François conducts two courses:

- **French Conversation:** For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, and more.
- **Beginner French:** This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive and are structured around the "French in Action" modules developed by Professor Pierre Capretz of Yale University.

### Hindi with Vatsla

- This course is now closed to new registrations.

### Spoken Tamil with Saravanan

- This course is now closed to new registrations.

For all the current and old students, we will soon be offering Practice sessions in Tamil on Saturdays. It would be a space where you could practise what you learned over the previous week. All are welcome! Watch this space for more details.

### English Conversation with Ramesh

The last batch for English Conversation with Ramesh concluded recently. We will announce a new batch soon! Stay tuned! Meanwhile, you're welcome to send us a query and reserve your spot for the next batch.

### Beginner and Pre-Intermediate English with Rupam

Rupam's morning English classes have re-started after a short summer break. Classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs.

- Classes take place Tuesdays & Thursdays,

10:15 to 11:15am. Enquire now to join!

### Tamil Written and Spoken with Murugesan

Our teacher, Murugesan, is ready to start a new Beginner Written & Spoken Tamil Course, as soon as we have a minimum of 4-5 students

- Classes will take place Tuesdays & Thursdays, 4 to 5pm, for 3 months.

*If there is a language you would like to learn, and it's not on our list, please send us a query!*

### To join or enquire

Please [fill out our form](#) to join or inquire about any language classes at the Lab! You can drop us an email to [info@aurovillelanguage.org](mailto:info@aurovillelanguage.org), or call us at 2623661

- **Please Note Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!**

### Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes
English, Always Ongoing	Beginner & Pre-Intermediate	10:15am—11:15am	Tuesday & Thursday
	Total Beginners	TBA	TBA
	English Conversation, To Start Oct 2022	TBA	TBA
French	Beginner, Started on 16 July 2022	02:30pm—04:30pm	Saturday
	French Conversation, Intermediate	02:00pm—03:00pm	Monday & Thursday
	French Conversation, Pre-Intermediate	03:30pm—04:30pm	
German	A1 Beginner, Started on 16 June 2022	9am—10:30am	Tuesday & Thursday
Hindi	Beginner, Started on 10 September 2022	10:00am—12:00pm	Saturday
Tamil	Spoken Beginner, Started on 15 July	09:30am—10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start September 2022	03:00pm—04:00pm	Tuesday & Thursday
Sanskrit	Beginner, To start October 2022	TBA	TBA
Spanish	Beginner, To start 3 October 2022	02:30pm—03:30pm	Monday & Wednesday
	Intermediate, To start 3 October 2022	03:45pm—04:45pm	
Japanese	Beginner, To start September 2022	TBA	TBA
Italian	Beginner, To start September 2022	TBA	TBA

### Tomatis

There are spaces available for both language & therapeutic programmes! Please contact 4036922 or email us at [tomatis@aurovillelanguage.org](mailto:tomatis@aurovillelanguage.org) to schedule your Listening Tests & Consultations

For more information about the Tomatis program, please have a look at the following links.

**About Tomatis**

**ALFRED TOMATIS METHOD**

*Better Listening Benefits Everybody*

*Learn Languages Faster*

*Balance and Coordination*  
Meniere's Syndrome  
Vertigo

*Autism*  
Hyperactivity  
Developmental & Language delays

*Attention*  
Concentration  
Memory

*Lethargy*  
Depression

*Voice Clarity*  
Singing

*Learning Disorders* Reading & Writing Issues  
*Dyslexia*

*Creativity and Release of Potential*

*Children* Teenagers Adults & Seniors

*Certain Kinds Of* Hearing Loss

*Focus & Sense Of Direction In Life*

*Lack Of* Sleep

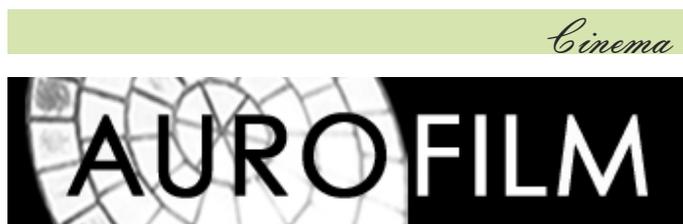
*Anxiety* Stress

AUROVILLE LANGUAGE LABORATORY

0413 2623 661 / 4036920 /22 tomatis@aurovillelanguagelab.org www.aurovillelanguagelab.org

- <https://www.aurovillelanguagelab.org/tomatis-meth-od.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Vismai  
for Language Lab Team



At Multi Media Centre Auditorium  
(MMC, Town Hall)

- **Reminder: on Friday 23 September, "Meetings With Remarkable Men"** by Peter Brook, UK, 1979
- On Friday 30 September, there will be no screening. Rendez-vous the week after!

Susana

**DREAMWEAVING THE AUROVILLE CROWN: 2022**

Documentary Screening and Panel discussion

1 October, Saturday, 4:30—7pm

Sri Aurobindo Auditorium, Bharat Nivas



Through this event, we will screen the premiere of a full video documentary on the overall Dreamweaving process followed by a panel discussion and Q&A session on the Dreamweaving experience, as well as current efforts, challenges and possible next steps.

All are warmly invited

Love, Dreamweaving team,  
Induja

**ECO FILM CLUB**

Every Friday at Sadhana Forest

**Schedule of Events:**

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!

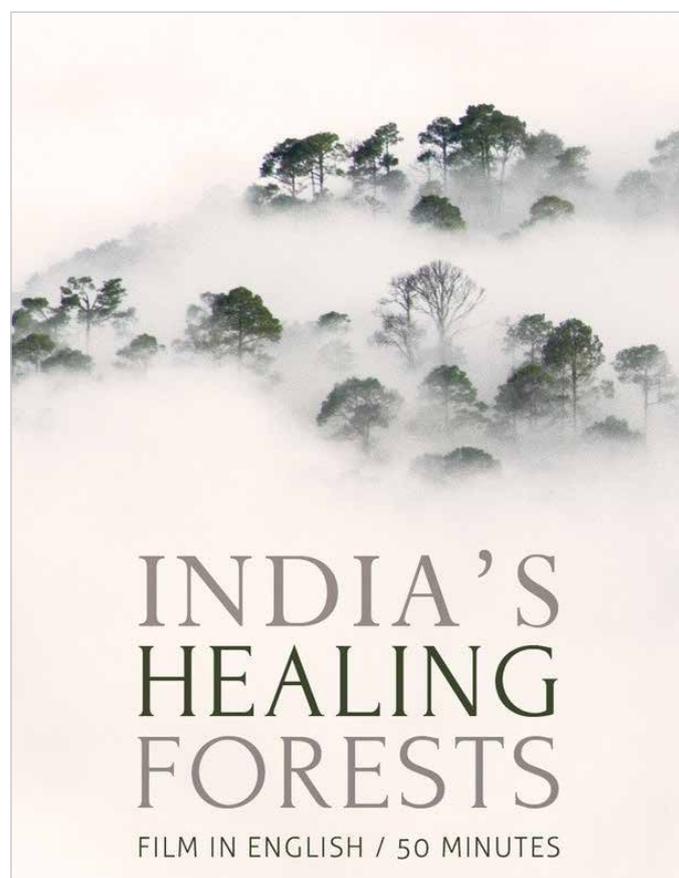
After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

**\*\*Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

**Friday 30 September: India's Healing Forests**  
2018/ 50 minutes/ Nitin Das

A nature documentary on the remarkable ways in which forests can heal our body, mind and spirit. The film is structured in the journey of a human life. Just like a river that starts off in the mountains and flows into the sea.



Warmly, Shek

*Accessible Auroville Public Bus*

[aubus@auroville.org.in](mailto:aubus@auroville.org.in), +91 94430 74825



**Auroville TO PONDICHERRY**

	Trip 1	Trip 2	Trip 3	Trip 4
Svaram	7:00	9:30	14:15	17:00
Verite Udayogam Junction	7:02	9:32	14:17	17:02
Auroshilpam Youth Center Junction	7:04	9:34	14:19	17:04
Town Hall Parking	7:06	9:36	14:21	17:06
Mahalakshmi Home	7:10	9:41	14:27	17:11
Vikas Radial Junction	7:11	9:43	14:30	17:13
Solar Kitchen (Round About)	7:12	9:44	14:32	17:14
Certitude Enterance	7:15	9:47	14:34	17:17
New Creation Road	7:19	9:52	14:39	17:22
SBI Bank / Kuilapalayam	7:20	9:54	14:41	17:24
Handy Market (ECR Junction)	7:24	9:59	14:46	17:29
Quiet Healing Center—Junction	7:27	10:04	14:49	17:33
Lotus Hotel, SV Patel Road	7:37	10:16	15:01	17:50
Ashram Road Junction	7:40	10:20	15:05	17:55
Ashram Dinning Hall	7:45	10:20	15:05	17:55



**Pondicherry TO AUROVILLE**

	Trip 1	Trip 2	Trip 3	Trip 4
Ashram Dinning Hall	8:00	13:00	15:30	18:10
Ashram Road Junction	8:02	13:02	15:32	18:14
Lotus Hotel, SV Patel Road	8:06	13:06	15:36	18:18
Quiet Healing Center—Junction	8:18	13:18	15:48	18:30
Handy Market (ECR Junction)	8:21	13:21	15:51	18:33
SBI Bank / Kuilapalayam	8:26	13:26	15:56	18:38
New Creation Road	8:28	13:28	15:58	18:40
Certitude	8:35	13:35	16:03	18:45
Solar Kitchen (Round About)	8:38	13:38	16:06	18:48
Vikas Road Junction	8:39	13:39	16:07	18:49
Mahalakshmi Home	8:40	13:40	16:08	18:50
Town hall Main Parking	8:45	13:45	16:13	18:55
Auroshilpam Youth Center Junction	8:47	13:47	16:17	18:57
Verite Udyogam Junction	8:49	13:49	16:19	18:59
Svaram	8:50	13:50	16:20	19:00

- Monthly Rs.550 (Aurovilians & New comers)
- Rs.100 one way for Aurovilian & New comers
- Rs.150 one way for Guest

*Emergency Services*

**Ambulance (24/7):**

- Auroville—9442224680
- PIMS—0413 2656271

**Security (24/7):**

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

**Health**

- Health Center—0413 2622123
- Santé—0413 2622803
- Farewell—8903836246

**Mental health 24/7 support:**

- Matram—9487746051

**India Emergency Response Service (24/7)**

- 108

*Important Information About N&Notes*



**Hard deadline for submissions or cancellations: Tuesday 3pm**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:**

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in).
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.
- We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

**Visiting hours: call or email for appointment.**

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes,

Media Centre, Town Hall,

[NewsAndNotes@auroville.org.in](mailto:NewsAndNotes@auroville.org.in), 0413-262-2133