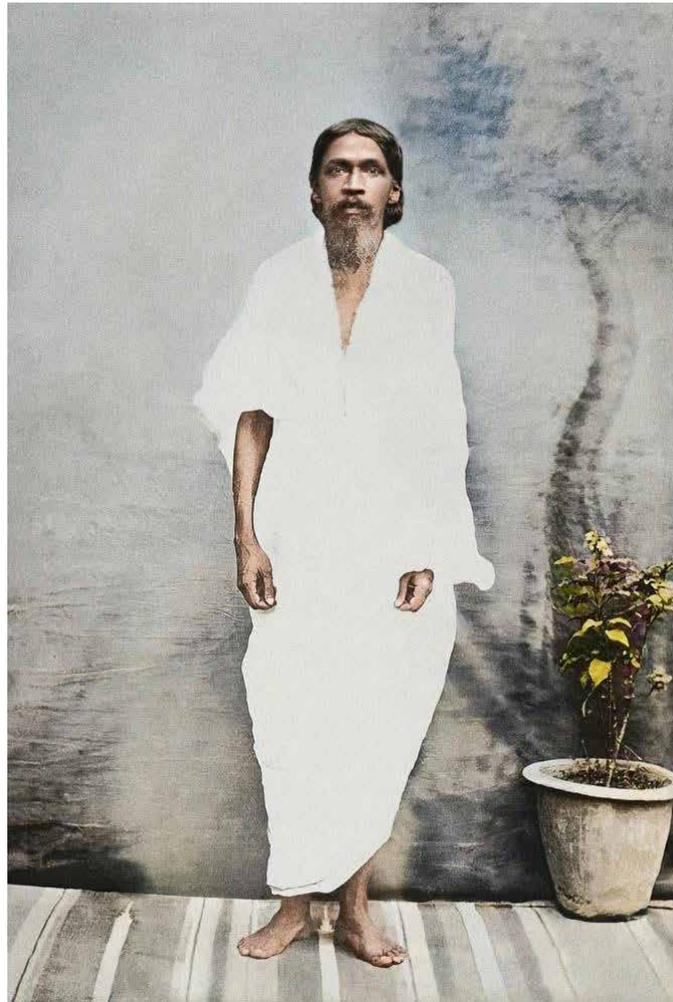




News & Notes

#950 A weekly bulletin for residents of Auroville 24 November 2022



One seated in the sleep of Superconscience, a massed Intelligence, blissful and the enjoyer of Bliss...
This is the omnipotent, this is the omniscient, this is the inner control, this is the source of all.

Mandukya Upanishad

My self is that which supports all beings and constitutes their existence...
I am the self which abides within all beings.

Gita

Pondering



The Truth-Consciousness is everywhere present in the universe as an ordering self-knowledge by which the One manifests the harmonies of its infinite potential multiplicity. Without this ordering self-knowledge the manifestation would be merely a shifting chaos, precisely because the potentiality is infinite, — which by itself might lead only to a play of uncontrolled unbounded Chance.

The Supreme Truth-Consciousness Life Divine by Sri Aurobindo

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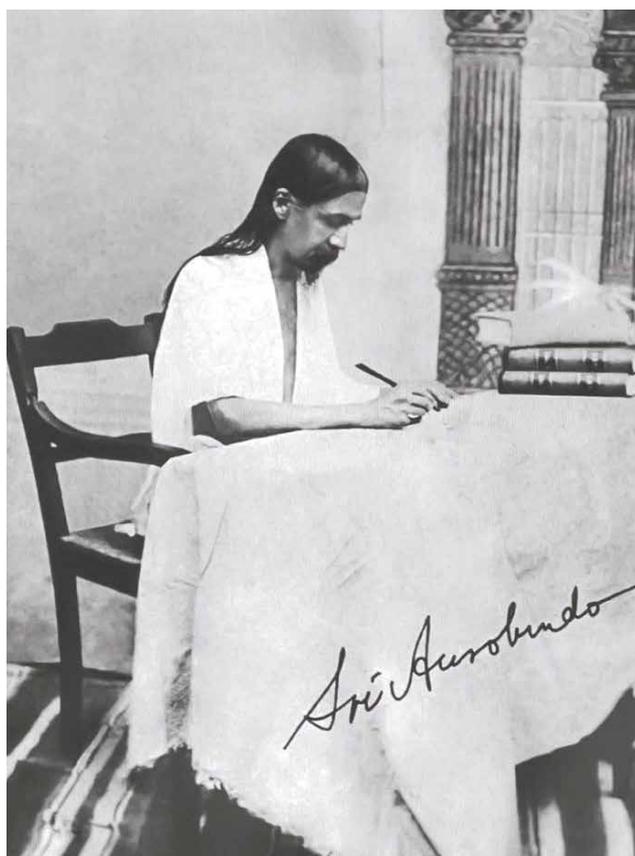


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Congrats & Thx to N&N Team



Congrats to the current team for having brought us to the 950th issue of News & Notes, smartly navigating us in a trusted, timely manner through unsettling times with apt choice of quotes, quirks, cartoons and information.

Thank you, Agnijata and Roy!

Submitted by Mauna



**Hard deadline for submissions
TUESDAY 3pm**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail.
- There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in, 0413-262-2133



House of Mother's Agenda

"In fifty years the whole world, all the receptive section of humanity (I am not saying intellectual, I am saying receptive), all the receptive section of the world will be embraced—not "embraced": ABSORBED in the power of Sri Aurobindo's thought.

Those who already are have the good fortune of being the first ones, that's all."

The Mother, Agenda 16 February 1972 (+ 50 years = 2022)

The Vision of the World-Spirit¹—The Double Aspect

(continued from last week)

For this Spirit, this Divine is only in outward form the Destroyer, Time who undoes all these finite forms: but in himself he is the Infinite, the Master of the cosmic Godheads, in whom the world and all its action are securely seated. He is the original and ever originating Creator, one greater than that figure of creative Power called Brahma which he shows to us in the form of things as one aspect of his trinity, creation chequered by a balance of preservation and destruction. The real divine creation is eternal; it is the Infinite manifested sempiternally in finite things, the Spirit who conceals and reveals himself for ever in his innumerable infinity of souls and in the wonder of their actions and in the beauty of their forms. He is the eternal Immutable; he is the dual appearance of the Is and Is-not, of the manifest and the never manifested, of things that were and seem to be no more, are and appear doomed to perish, shall be and shall pass. But what he is beyond all these is That, the Supreme, who holds all things mutable in the single eternity of a Time to which all is ever present. He possesses his immutable self in a timeless eternity of which Time and creation are an ever extending figure.

This is the Truth of him in which all is reconciled; a harmony of simultaneous and interdependent truths start from and amount to the one that is real. It is the truth of a supreme Soul of whose supreme nature the world is a derivation and an inferior figure of that Infinite; of the Ancient of Days who for ever presides over the long evolutions of Time; of the original Godhead of whom Gods and men and all living creatures are the children, the powers, the souls, spiritually justified in their being by his truth of existence; of the Knower who develops in man the knowledge of himself and world and God; of the one Object of all knowing who reveals himself to man's heart and mind and soul, so that every new opening form of our knowledge is a partial unfolding of him, up to the highest by which he is intimately, profoundly and integrally seen and discovered. This is the high supreme Stability who originates and supports and receives to himself all that are in the universe. By him in his own existence the world is extended, by his omnipotent power, by his miraculous self-conception and energy and Ananda of never-ending creation. All is an infinity of his material and spiritual forms. He is all the many gods from the least to the greatest; he is the father of creatures and all are his children and his people. He is the origin of Brahma, the father to the first father of the divine creators of these different races of living things. On this truth there is a constant insistence. Again it is repeated that he is the All, he is each and every one, sarvaḥ. He is the infinite Universal and he is each individual and everything that is, the one

Force and Being in every one of us, the infinite Energy that throws itself out in these multitudes, the immeasurable Will and mighty Power of motion and action that forms out of itself all the courses of Time and all the happenings of the spirit in Nature.

And from that insistence the thought naturally turns to the presence of this one great Godhead in man. There the soul of the seer of the vision is impressed by three successive suggestions. First, it is borne in upon him that in the body of this son of Man who moved beside him as a transient creature upon earth and sat by his side and lay with him on the same couch and ate with him in the banquet and was the object of jest and careless word, actor in war and council and common things, in this figure of mortal man was all the time something great, concealed, of tremendous significance, a Godhead, an Avatar, a universal Power, a One Reality, a supreme Transcendence. To this occult divinity in which all the significance of man and his long race is wrapped and from which all world-existence receives its inner meaning of ineffable greatness, he had been blind. Now only he sees the universal Spirit in the individual frame, the Divine embodied in humanity, the transcendent Inhabitant of this symbol of Nature. He has seen now only this tremendous, infinite, immeasurable Reality of all these apparent things, this boundless universal Form which so exceeds every individual form and yet of whom each individual thing is a house for his dwelling. For that great Reality is equal and infinite and the same in the individual and in the universe. And at first his blindness, his treatment of this Divine as the mere outward man, his seeing of only the mental and physical relation seems to him a sin against the Mightiness that was there. For the being whom he called Krishna, Yadava, comrade, was this immeasurable Greatness, this incomparable Might, this Spirit one in all of whom all are the creations. That and not the veiling outward humanity, avajānan mānuṣīm tanum āśritam, was what he should have seen with awe and with submission and veneration.

(to be continued next week)

Sri Aurobindo, *Essays on the Gita*,
Chapter XI, pages 390-392

https://sri-aurobindo.co.in/workings/sa/13/essays_on_the_gita_19_e.pdf

¹ Gita, XI. 35-55

Townhall Speaks

L'AVENIR D'AUROVILLE



L'avenir d'Auroville

ATDC Application Announcement

1. Auroville Model Farm and Training and Production Center—GB—PA—2588

- Applicant/s: Ramalingam
- Location/area: Sustenance Farm
- Area for which approval is sought: 16,187.4sqm
- Project brief: Establishing an Auroville Model Farm and Training and Production Center for aspirant Aurovillian farmers.
- List of activities:
 - Cultivation
 - Training
 - Sustainable Agriculture
 - Regenerating Internal Resources
 - Sustainable Healthy and Conscious Food

Cost of the project is projected at Rs. 8,79,000/- which will be funded through a Gol Grant.

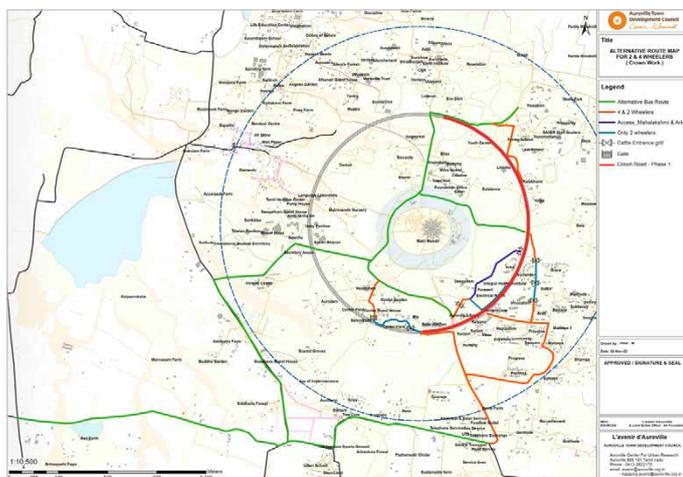
2. Prototype for Temporary Volunteer Lodging

- Project: Temporary Prototype for Temporary Volunteer Lodging
- Project Holder: Kalya
- Location: Near former Last School (outside Master Plan)

The Auroville Town Development Council has given special approval for the project of making temporary housing prototypes (keet capsules) near old Last School, in the Aspiration area, as part of the "1000 more" project that aims to welcome 1000 new volunteers into Auroville.

Crown Works update

Dear residents, The Crown work is moving forward. The stretch between PTDC and Youth Center (up to the crossing with the road from Matrimandir to Auroshilpam) is Phase 1. Please look at the map below showing the routes which will be made available for the various modes of transport. The marked stretch of the Crown will be inaccessible until the end of December.



Please note:

1. Ambulance will be parked at Sunship until the Crown work is completed.
2. Arka and Mahalakshmi Home will have their emergency access via Mahalakshmi Park.

3. Center Field cycle path will be open temporarily for motorized 2-wheelers.
4. Kalabhumi and Cripa will be accessible via Gaia field.
5. Cars and buses will have to strictly stick to the demarcated route. Kindly do not attempt to take the cars on the routes marked for 2-wheelers.
6. All other locations should have no blockages on their emergency accesses.

Signage will be erected in multiple locations. Please bring to our attention anything we may have overlooked.

We understand that it is a time of inconvenience for some; we thank you for keeping the larger picture in mind and for helping us during this period by approaching us in case of any measures to be taken to ease the situation. If it is in our capacity, we will surely facilitate.

Let's build Her Auroville together, with joy and gratitude.

*With kind regards, L'Avenir d'Auroville
Govind, Hemant, Jaya, Ponnusamy,
Prasad, Sindhuja, Toby
Submitted by Lieve*

BCC UPDATE

The current BCC team did a cold start due to the situation in our community. Currently we are reviewing maintenance, TOS, Silver Fund policies. We are preparing an annual recurring budget review for the year 2023-24 beginning in December and will contact the services receiving the city services budget. Along with FAMC the annual work plan will also be prepared.

Mid December we expect to reach out to the services-that generally are supported from BCC-for their 2023-2024 budgetary needs. This will be a slightly improved format than the one each recipient entity has been used to fill over the past few years. We will collect the budget and other human resources data directly in a database using online forms.

BCC is now using the new platform at collective.auroville.org.in to receive support requests from our community members on various topics related to BCC. We encourage all our community members to login at collective.auroville.org.in and click on the "Support Requests" to contact BCC. This helps the BCC team to properly track all support requests in a task management system and helps us to respond to you in a timely manner.

If you need to contact BCC directly by email for any other reason, the following are BCC contact information:

Our emails

- Unit contributions: bccfinance@auroville.org.in
- Budget: bccreview@auroville.org.in
- Maintenances & personal requests: bcc.care@auroville.org.in
- Group: bccoffice@auroville.org.in
- Accounts: bcc.checkpoint@auroville.org.in
- Contribution: cscontribution@auroville.org.in

BCC Office Location

I floor, Archives building. Entrance from rear side.

Office hours

Monday—Friday: 9am—12:30pm, 2:30—4:30pm
Saturday: 9am—12:30pm

Team

Naren, Ocean, Radhika, Rupali. Anjana, Ganesh, Jairaj, Kalai, Selvaraj A.

*With best regards,
BCC,
Naren, Ocean, Radhika, Rupali*

ON LEGAL DEVELOPMENTS AND COURT CASES

Dear Community, we are receiving many questions from residents in regards to the ongoing court cases, especially after very reductive statements were made recently on social media and other communication channels by those supporting the takeover by the Secretary’s Office. As you can imagine, the situation is complex and nothing is as simple as it may seem. We invite all to be aware that simplistic statements on legal matters are often biased interpretations, and do not do justice to the complexities at play. We have full confidence in the work of our lawyers.

Legal processes take time and there will be ups and downs. This is not the end of the legal road we are on and we all have to stay centered, be patient, offer trust and support to each other and to those working for us in different spheres, and have faith. Out of what could be considered the most intense and challenging experience Auroville has faced so far, there is also an immense opportunity to learn, to grow stronger in our aspiration and closer to our ideal.

We are in a space of the Unknown, at a crossroads.

Let us collectively call for Mother’s Grace and trust that all that is happening is part of the yoga, of the path towards the New Dawn that we aspire to manifest in Auroville.

*Sincerely, your Working Committee,
Aravinda, Bharathy, Chali, Hemant, Maël, Sauro, Valli*

FUTURE ROADS & OTHER PHYSICAL DEVELOPMENT, IMPACT ON RESIDENTS

Dear community, we noticed in the News & Notes (No. 947, 3 November, 2022) an announcement by ‘The Resettlement Group’.

We want to let you know that we are concerned that no process is mentioned along with the announcement. Our primary concerns are ensuring proper and timely notification to affected individuals, adequate and appropriate compensation/ financial assistance, and genuine consideration for the person/ people involved. We are committed to the development of Auroville and its future roads to be done in a transparent manner agreed-upon by the community, and we are fully aware that residents will be directly impacted. The way that we care for each other in these instances is vitally important.

*Sincerely, FAMC selected by the Residents’ Assembly,
Amy B., Bobby P., Danny, Elodie, Mita R., Palani, Ranjith*

UPDATE ON BRIDGING MAINTENANCES

Dear Community, we are aware of many on-going concerns in the community for those Aurovilians who have been placed on Bridging Maintenances without due process or justification by the Foundation Office appointed FAMC/BCC and Accounts Officer.

As previously announced, the RA BCC is coordinating support for these Aurovilians in case it will be needed. Donors have come forward for this, and we invite others to contact us if you wish to contribute. We are also in touch with the individuals impacted, few of which have decided to take up other work in Auroville.

While prepared for this eventuality, we very much hope that Maintenances to those Aurovilians who are working for Auroville and in need of support will not be cut due to a conflict situation, as this would be a grave breach of Auroville’s core values and ideals.

*With care and concern,
Your RA BCC members (Aurosugan, Danny, Enrica,
Hans, Mahi, Rathinam, Sacha, Suryamayi, Verena)*

- Office Hours at the Council Meeting Room, Town Hall
 - Tuesdays 10:30am—12pm (Drop in)
 - Tuesdays 2:30—3:30pm (By Appointment)

FROM THE ENTRY SERVICE—ES # 157

Dated: 24-11-2022

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:



Camille Bhuvana Prerana Rajeshwari Vijaybaskar

- Camille CANDIDA (USA) staying in Udumbu and working at AVHS & SEA
- Bhuvana PACHAIPPAN (Indian) staying in Buddha Garden and working at Yuvabe
- Prerana DAS (Indian) staying in Aurodam and working at Teachers Center—SAIIR
- Rajeswari ARUMUGHAM (Indian) staying in Celebration and working at Mohanam
- Vijaybaskar THIRUMAL (Indian) staying in Savitri Bhavan Hostel and working at Aire Mask and Savitri Bhavan

CHILD OF NEWCOMER:

- Diksha BALARAMAN (Indian) born on 18/08/2020 (daughter of Bhuvana)

NEWCOMER CONFIRMED:

- Manu BAHUGUNA (Indian)
- Nazeem ABDUL (Indian)
- Sonia SALMON (French)
- Valeria ANDREA (Chilean)

AUROVILIAN ANNOUNCED:

- Sathya ARUMUGAM (Indian) staying in Shanthy Community and working at ACUR & AVHS



Sathya

AUROVILIAN CONFIRMED:

- Aureore GALARZA (French)
- Roberto PANICHI (Italian)

YOUTH TURNED 18 CONFIRMED:

- Anusha VINAYAGAM (Indian)
- Devselyan THAMBIDURAI (Indian)
- Jagdishan LOGANATHAN (Indian)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

*Yours, The Entry Board
(Alain, Aureore, Dheena, Jayanthi, Lakshmanan, Matilde,
Matripasad, Ramanarayana and Swadha)*

CITY SERVICES ANNUAL REPORT FOR 21-22

Dear Community, the RA BCC are happy to share with you that our City Services annual report website, <https://budget.auroville.services> has been updated to show the activity of the financial year 2021—22.

As you may know, various areas of community activity, from education to administration to farming to health and more are supported by the City Services budget, which is primarily funded by internal (Auroville) contributions, and administered by the Budget Coordination Committee (BCC).

This website shows the annual report of the previous year and gives a comprehensive overview of the overall budget: how it was funded, and how these funds were used. This includes the various sources of funding, and the various sectors of activity funded. It specifies how many services were supported in each sector, what their activities were, how many people worked in these and who they reached.

We hope you will take the time to visit and learn more about our communal budget, which we all participate in, as contributors and/or beneficiaries.

The budget prepared and approved for the current financial year (2022—23) by the RA BCC and RA FAMC is also available at this website, however, given that the RA BCC no longer has access to City Services funds, it is unknown whether disbursements by those who do will follow these budgetary allocations.

*With a big thank you to our Resource Person
Avinash for his work on this report website,
Your RA BCC members,
(Aurosugan, Danny, Enrica, Hans, Mahi, Rathinam,
Sacha, Suryamayi, Verena)*

Community News

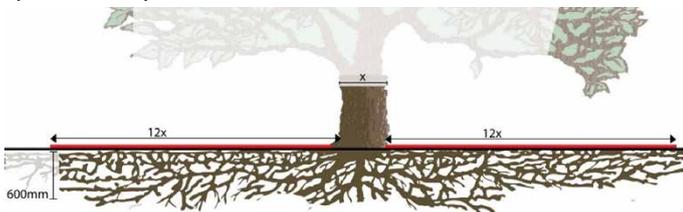
Auroville Matters

TREES ALONG THE ROAD

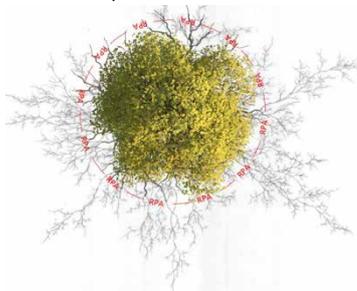
stretch between the Solar Kitchen and Mahalakshmi Home

There is little information to people and zero consultation with stakeholders along this stretch. Apparently, the streetlights will be replaced and if these hadn't been removed, they would have been destroyed. So now I am wondering; what is to happen to the trees?

Aspect one concerns the trees that have been there for quite a few years:



In many cases around here, branches and stems are damaged through various means during construction projects but nobody every seems to think about the roots. In many countries, there are standards (i.e. BS5837 in the UK and AS 4970 in Australia) that help people think about such things as it generally yields a benefit for all parties. Basically, it just says that if a tree is to be retained, its roots should be considered also, and its Root Protection Area (RPA), as seen in the pictures below, fenced off.



Aspect two concerns the trees that were planted two years ago. A bit of background on the project:

- Funded through the Project Coordination Group with funds from Stichting De Zaaier
- Approved by the then TDC (approved tree locations were shifted 3 times to ensure no future conflicts so trees would not be moved or damaged)
- Received no objections from all the infrastructure teams (Aurinoco, Telephone Service, Electrical Service, Water Service, Road Service)
- Endorsed by AV library, Farewell, Sante, Arka, Mahalakshmi Home, Surrender Community, Humanscapes, Kalpana (essentially everyone on the stretch except for one person in Kalpana which only came to light after completion of the project)
- Passed the two-week feedback process for residents on Auronet and News and Notes.

[Here is the original project](#) in case you didn't see it and are curious.

A good part of the reasoning for carrying out this project was to see the response and to see how it worked or didn't (as a process) in Auroville. It wasn't just about planting a few trees.

So, what is to happen to this long-term, transparent, collaborative project and the trees/assets to Auroville?

Thank you, Island, +91 7598103616

NEED FOR A ROADMAP FOR AUROVILLE DEVELOPMENT

Dear Working Committee of the Residents' Assembly!

As you know, we are two members of the International Advisory Council who have on several occasions been critical of the current line followed by the administration of the Auroville Foundation.

In particular, we have objected to coercive and exclusionist measures taken without consultation with the Auroville community, and the consequent alienation of this community. We have also objected to selective visa recommendations and other intimidatory tactics. And we have closely followed your communications on recent urgent issues, in particular the encroachments of Auroville lands.

We would like to submit to you that while this countering of wrong steps taken by the current administration is very necessary, it does not address the deeper question of what a proper roadmap for Auroville's development should be — a roadmap rooted in Mother's vision for Auroville, rooted also in Auroville's considerable accomplishments and pool of expertise.

While it is entirely for Auroville experts to formulate this roadmap, our advice is to present it as a comprehensive vision, which integrates not only urban development, but the economic, environmental, educational and social development of the bioregion, for which Auroville has already made so much commendable work.

Such a presentation would, we hope, convince everyone that the community knows what sort of development it aspires to, and has within it all the expertise needed to implement it.

We feel an urgent need for such a roadmap to be formulated, possibly on the basis of already existing studies or documents, i.e. without waiting for more complete plans currently under elaboration. In our perception, such a roadmap could be presented to the Governing Board, and its Chairman in particular, to our Council, and to the Government of India, and would in effect offer a way out of the current impasse.

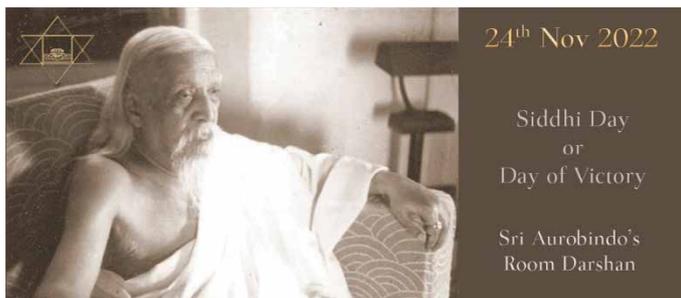
Kindly let us know if there is anything we can do to help in this.

*With our best wishes,
Michel Danino & Gabi Gillessen*

Awakening Spirit

SRI AUROBINDO'S ROOM DARSHAN

24 November, 5—11am



The Sri Aurobindo Ashram has announced that Sri Aurobindo's Room will open on 24 November for general Darshan from 5 to 11am.

- Tokens are not required.

Submitted by Mallika and Andrea

AMPHITHEATER—MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music
5:30 to 6pm, every Thursday at Sunset



We follow the sun and the timing changes with the season...

We are restarting from Book 1. Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, laptops, cell phones, etc. No Photos.
- **Dear Guests,** please carry your Guest Card with you
- **Access only for the Amphitheater from 5:15pm.**

*Thank you, Surya & Velmurugan,
for Amphitheater team*

LECTURE: PEACE WITHIN



Peace Within: Peace Without
Revisiting Sri Aurobindo's Vision for Our Times

December 7, 2022, Wednesday, 5:15- 6:30 pm
by
Professor Sehdev Kumar

Based on Sri Aurobindo's trilogy of *The Human Cycle*, *The Ideal of Human Unity*, and *War and Self Determination*, this lecture presents the integral vision of Sri Aurobindo about matters of war and peace in the world, spiritually and existentially synthesizing the within and without in one seamless whole.

*Dr. Sehdev Kumar is a Professor Emeritus of Environmental Studies at the University of Waterloo, Canada. A nuclear physicist, Prof. Kumar is a historian and a philosopher of science, and an ardent pacifist. He has written and spoken extensively about matters of war and peace, from scientific and spiritual perspectives. He is the author of several books including *The Vision of Kabir* and *7000 Million Degrees of Freedom*. His forthcoming book is *Angels in Black Holes*.*

HOW THE MOTHER'S INNER QUEST BROUGHT HER TO SRI AUROBINDO

Monday, 28 November, 4pm at Savitri Bhavan.



Duration: 51 min.

Lopa, the former student of the Sri Aurobindo International Centre of Education, has collected stories recounted by the Mother about herself. She speaks about the Mother's psychological, spiritual and occult experiences and those of Sri Aurobindo and their meeting in 1914.

As a child, the Mother meditated in her chair. She sleepwalked, wrote poems, and received spiritual teachings in her dreams. At the age of thirteen in Paris, the Mother went out of her body in the evenings and she was wearing a long golden robe to which the suffering people found refuge. And when she was twenty, she created a passage through the vital world, so that when people died, they could go through a safe passage to the Light. Nowadays, we know that people with Near-Death-Experiences, NDE, pass through a radiant tunnel to the realm of light.

In 1906 and 1907, the Mother traveled to Tlemcen, Algeria and stayed with Max and Alma Theon learning advanced occultism from them. Alma Theon was a powerful medium and with her occult vision she could see the Mother wearing a crown with twelve pearls above her head and said: 'You are That'—Tat.

Around the time when the Mother stayed in Tlemcen, Sri Aurobindo had his own occult experiences. In Baroda, he was practicing pranayama five hours a day and realized that it protected him from mosquitoes. He also became aware that there was an electric current around him, that his body was glowing, and that poetry was flowing easily to him. Then, under the guidance of Yogi Vishnu Bhaskar Lele he experienced the total silencing of his mind and found that in the state of silent consciousness he was able to continue with his political work for India's Independence. Then from within, the inner voice of the Master of his Yoga was guiding him and giving him his sadhana.

The first contact between the Mother and Sri Aurobindo came about through the question regarding the spiritual meaning of the hexagram, the ancient symbol in many religions and of Shakti and Shiva. Then in 1914, the Mother was able to come to Pondicherry and meet Sri Aurobindo. When she saw him for the first time, she realized that it was the same Krishna she had seen again and again in her dreams. They recognized each other and shared their spiritual and occult experiences. In particular, the knowledge about the Divine spark, the psychic being, which the Mother had received from the Theons, enriched the revolutionary Integral Yoga developed jointly by the Mother and Sri Aurobindo.

The film is also available on YouTube.

Margrit

For Your Information

REPORTS OF THEFTS

Dear community, over the last two weeks AVSST has received reports of thefts which took place in various communities in Auroville.



Please remember to take the following basic precautions:

- **Lock doors and windows** at night or whenever away from a room or the house
- **Keep valuable items out of reach and view** (wallet, money, bag, laptop, cell phone etc...), and preferably **locked** away
- Make sure **doors and windows cannot be opened** via a cut in the mesh
- **Remove keys from locks and keep them out of reach**
- Make sure you have **saved AVSST's emergency phone number 9443090107** and **immediately report** any suspicious activity/ theft/ attempted theft
- **Inform your neighbors** of any incident or suspicious activity

AVSST is regularly patrolling public spaces of Auroville but basic precautions need to be taken by all in order to prevent thefts.

Anandamayi Legrand,
for the Auroville Safety & Security Team (AVSST)
Emergency (24/7): +91 944 30 90 107
Vehicle Access: +91 94 88 75 24 35
Office: +91 413 2623 400

EMF SURVEY

The Centre for Building Biology is conducting a survey to map the current levels of electromagnetic radiation in Auroville.



The data will be inserted into CSR Geomatics' database and visualized on a related web GIS portal reachable at gis.avcsr.org. The data can also be used as a starting point to come to a wireless communication plan based on EMF-levels according to the ALARA principle (As Low As Reasonably Achievable). Which means EMF-levels as low as possible to avoid health issues, while guaranteeing adequate wireless communication.

The survey of the levels along the AV roads is done and we would like to continue doing this survey inside the communities. Before we come to your community, we will inform you with a separate email.

We will not enter houses, in case you wish an individual assessment of your house you can contact us by mail, rene@auroville.org.in. Basic house assessments of Auroville residences done by The Centre for Building Biology is a free service for Aurovillians and newcomers. Apart from the high frequency EMF (mobile communication, WIFI...) also low frequency EMF (magnetic and electric fields caused by installations and appliances), and air quality (dust, CO₂, VOC's...) can be tested.

Regards, René, Mona,
Giordano and Adele
(On behalf of the
Centre for Building Biology)

Lands for Auroville

LANDS FOR AUROVILLE UNIFIED (LFAU)

Auroville Centre for Urban Research,
Administrative Area,
Auroville—605101, Tamil Nadu, India
24 November, 2022

An attitude towards Auroville's present situation

Dear friends & well-wishers of Auroville, many of you may have heard about the heightened times in Auroville. Sincere, varied, and even extreme concerns are being expressed about the future of Auroville. These range from safeguarding the autonomy and freedom of the community to overcoming the status quo and accelerating the emergence of a unique universal town that The Mother envisioned. What sort of attitude should we adopt in these turbulent times?



We have faith that the ultimate outcome of the turmoil will be good because we have faith that Auroville is not merely a human project, that a "secret Will" is at work behind Auroville through the human instruments.

*"Whether it seem good or evil to men's eyes,
Only for good the secret Will can work."*

Sri Aurobindo, Savitri

This of course does not mean that we should leave aside our discernment and choice for what seems good and right and beautiful to us. We can keep our position and our standpoint according to what "God gives us to see the right" (as Lincoln said in his Gettysburg address) while never losing faith and hope for the ultimate victory of the good, right and beautiful.

We know that most of you have this faith. We are convinced of your sincere goodwill for Auroville, and your commitment to Auroville. You may be feeling concerned, even worried about the current state of affairs in Auroville but we also know that your collaboration has deeper roots than philanthropy or even idealism. Your collaboration with Auroville is rooted in the soul.

In fact, this is the secret of Auroville: it is the deeper soul connection which has brought most Aurovillians to Auroville and it is the same thing with most of the friends and donors to Auroville. We are together—united at a deeper level—and sharing a common hope, a common vision, and a common adventure.

With trust in Auroville's bright future,
Aryadeep, Mandakini

Please specify your donations for "ACRES FOR AUROVILLE" via check, bank transfer or online:

- Donating & Tax Deductibility information: <https://land.auroville.org/new-banking-information/>
- News, videos, and land information: www.land.auroville.org
- Contact: lfau@auroville.org.in



ACRES FOR AUROVILLE LAND CAMPAIGN

24 November—Sri Aurobindo's Siddhi Day



Path in the newly-created Garden of the Unexpected in the Matrimandir Oval

"The coming of a spiritual age must be preceded by the appearance of an increasing number of individuals who are no longer satisfied with the normal intellectual, vital and physical existence of man, but perceive that a greater evolution is the real goal of humanity and attempt to effect it in themselves." Sri Aurobindo

Auroville was created to be a first pathway towards a spiritual future, inspired by Sri Aurobindo's evolutionary vision of a "progressing universal harmony". The Mother stated "We are here to prepare the way for the new creation" which would be a truer and more harmonious one. And she announced that "Auroville is the place where this new way of living is being worked out".



But because the way forward is "a completely new road", The Mother called it the "Great Adventure" inviting our participation in building this pioneering path. And since the achievement will be progressive, we're invited in for the long haul—advancing step by precious, often difficult step!

Sri Aurobindo wrote: "the individuals who will most help the future of humanity in the new age will be those who will recognise a spiritual evolution as the destiny and therefore the great need" because "a total spiritual direction given to the whole life and the whole nature can alone lift humanity beyond itself."

**Auroville Is The Place For Building This Pioneering Path!
Let's Buy The Still-Missing Land For Its Needed Physical Base!!**

Please specify your donations for "ACRES FOR AUROVILLE" via check, bank transfer or online:

- Donating & Tax Deductibility information: <https://land.auroville.org/new-banking-information/>
- News, videos, and land information: www.land.auroville.org
- Contact: lfau@auroville.org.in

Photo: Piero Cefaloni. Quotes: *Collected Works of Sri Aurobindo (CWSA) Vol. 25, p. 263; Collected Works of The Mother (CWM), Vol. 2, p. 49; CWM, Vol. 9, p. 152, Mother's Agenda, p. 221; CWM, Vol. 9, p. 151; CWSA. Vol. 25, p. 265; CWSA, Vol.21, p.1096*

Acres for Auroville is a collaboration of Auroville International & Lands for Auroville Unified

Mandakini

GREEN COLUMN

What is normal in times of extreme change?

What do COP 27 updates, monsoon and population data and the recent Indian Government's lifestyle program have in common? They each point to our collective quest to make sense of our world and respond appropriately. Given that we seem to agree that climate change is increasing risk for all but carbon emissions and species extinction are not declining there's something very wrong with our collective competency...



Normal Monsoon?

So what is up with the definition of a "normal monsoon"? According to the India Meteorological Department this year's monsoon is normal if the average rainfall across the country falls within a range of 10% more or less than the long term average. Even if there are extreme droughts in one part or floods in another. People dying in Assam when their houses are washed away, or in Rajasthan when their cattle are starving might disagree with this definition of normal.

That is why scientists from the Indian Institute of Technology, Gandhinagar and Helmholtz Centre for Environmental Research in Leipzig, Germany, developed a new framework to account for rainfall variations over time and geography and extreme weather events within the season. They found that while 84 years were declared normal in the last 121 years (1901–1921), 13 years (out of 84) were not normal, based on the new framework, due to dry and wet extremes ([see their article here](#)). It is expected that climate change will lead to many more local variation and therefore the whole way of looking at "what is normal?" needs to adapt.

The summer monsoon season (June-September), when India receives 80% of the total annual rainfall, sustains the major crop-growing season (kharif). Policy and practices need to adapt to local conditions, but the first step is to agree when we actually have a problem.

This leads us to exhibit "B" in this column's eclectic collection of facts and figures: the human population. Are we with too many? How many people is that actually?

World population

We never know precisely how many of us are alive at any one time, but this Tuesday is the United Nations' best estimate on when we'll reach 8 billion human beings. Eight billion. It's a number too big to imagine but think of it this way: in the time it takes you to read this paragraph, the world's population grew by around 20 people. Next para, another 20 people. And so forth...

Homo Sapiens have roamed the Earth for roughly 300,000 years. There were perhaps 230 million of us when the ancient Egyptian civilisation came to an end. The population had more than doubled by the Renaissance in 1500 and doubled again by 1805 when the Rosetta Stone was discovered. These are all pretty rough estimates (we didn't have comprehensive censuses in the Middle Ages) but the human population has been on a slow burn, until recent centuries, when it exploded.

The 2 billion mark was reached just before the Great Depression in 1925, and it took just 35 years to get to the third billion. Since then, we added another billion every 10 to 15 years.

While the Earth's population is growing quickly, the rate of growth is slowing down. Eventually, it will start falling and our societies will shrink. We've already hit peak child – there will never again be more children alive than there are

today, with fertility rates plummeting across the globe. The UN projects 9.7 billion humans in 2050 and 10.4 billion in the 2080s. From there, numbers will plateau for a couple of decades, before falling around the turn of the 22nd century. We're getting older and older, which means there are fewer people able to work to support more people who can't. We're also becoming more urban: by 2050 it's projected that more than two-thirds of the world population will live in cities, many of which along coastlines threatened by sea level rise.

How many humans the planet can/should sustain has been a contentious question. Some say 3 billion, some 10. One of the big questions is how much space to leave for non-human beings? Humans and our farm animals now make up 96% of all mammalian biomass on Earth – other mammals make up only 4%. And plastic is expected to outweigh all fish in the ocean by 2050. This points not just to our absolute numbers, but our lifestyle and consumption pattern too.

Enter the Government of India behaviour change campaign: Lifestyle For Environment (LiFE). India's updated Nationally Determined Contribution (NDC) includes measures such as reducing the volume of carbon emissions per unit of GDP and cutting down use of fossil fuels to generate electricity. But at the top of the list is "LiFE", a "healthy and sustainable way of living based on traditions and values of conservation and moderation, spread through a mass movement. (...) The vision of LiFE is to live a lifestyle that is in tune with our planet and does not harm it," [a government statement says](#). It was [first proposed](#) by Prime Minister Narendra Modi at the COP26 summit in Glasgow in 2021.

But experts say there is a contradiction between this aim and the increase in consumption that both drives and is spurred by economic growth. "Modernity basically means increased consumption. The concept of LiFE is not in conformity with that trend of consumerism," says Dr Nilanjan Ghosh, president of the Indian Society for Ecological Economics and a director at think-tank Observer Research Foundation in an [interview with the BBC](#).

One can also wonder about the moral legitimacy of a state that is still actively promoting coal mining, synthetic fertilizers and institutional speculation. Which brings us to our last and final exhibit: the COP. Was it a waste of time having countless diplomats haggle over words in a statement that does not include any specific target in emission reduction?

COP 27 Outcomes

After days of intense negotiations that stretched into early Sunday morning in Sharm el-Sheikh, Egypt, 200 governments at the latest UN Climate Change Conference reached an agreement including a funding mechanism to compensate vulnerable nations for "loss and damage" from climate-induced disasters. While this fund was seen as a welcome step in the right direction, there appeared to be little forward movement on the phasing out of fossil fuels, and the need to limit global warming to 1.5 degrees Celsius.

So-called developing nations made strong and repeated appeals for the establishment of a fund to compensate the countries that are the most vulnerable to climate disasters, yet who have contributed little to the climate crisis. "Clearly this will not be enough, but it is a much-needed political signal to rebuild broken trust," UN chief Antonio Guterres underscored. "We need to drastically reduce emissions now –and this is an issue this COP did not address," he lamented, saying that the world still needs to make a giant leap on climate ambition, to end its addiction to fossil fuels by investing "massively" in renewables and make good on the long-delayed promise of \$100 billion a year in climate finance. He added that while a fund for loss and damage is essential, it's not an answer if the climate crisis washes

a small island state off the map –or turns an entire African country into a desert.

Observers have warned that new language including "low emissions" energy alongside renewables as the energy sources of the future is a significant loophole, as the undefined term could be used to justify new fossil fuel development against the clear guidance of the UN Intergovernmental Panel on Climate Change (IPCC) and the International Energy Agency (IEA).

According to The Conversation ([see here](#)) some of the reasons behind the failure of COP 27 include:

- increased power of fossil fuel lobby due to the scramble for non- Russian gas
- absence of civil society under the autocratic regime of host Egypt's government
- bad timing with US mid term elections and the soccer World Cup in Qatar
- general lack of trust, largely due to unmet promises for the famous \$100 billion.

Sources: *Down to Earth, The Hindu, UN Cop27, Casey Briggs, Mongabay India, BBC, The Conversation*

Lisbeth & Gijs

***The Green Column appears bi-monthly in the News & Notes. We report on green issues in Auroville, the bioregion and the wider world. We like to hear from you !*

avgreencenter@auroville.org.in
or avgreencenter@gmail.com

Bioregion

VASTU MARUBU:

THE LIVING TRADITION—A SHILPI SPEAKS

• A 1991 National award-winning documentary on the traditional art and technology of Temple architecture and sculpture anchored by Sculptor-Designer, Dr. Ganapathi Sthapathi.

- Kalarigram, 24 November, 6:30—8:30pm.
- Free screening.

Followed by an interactive session with architect and educator Sashikala Ananth who will join us online from Kotalgiri. She was instrumental in envisioning and conceptualizing the documentary film with director Bala Kailasam.

• We are also offering a one day theoretical and experiential workshop on 'vAstu shilpa'

A beginner's workshop on the background and design principles of the 3000 year old architecture and sculpture tradition of India and it's relevance in today's context.

Sketch source: Govt College of Architecture & Sculpture, Mahabalipuram

- **26 November, Saturday**
- **Venue:** Kalarigram
- **Timing:** 9:30am—5:30pm
- **Kalari session:** 7—8:30am

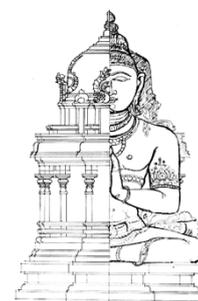
With Lakshmanan Gurukkal & Ar. Sashikala Ananth

Co-Facilitators: Chandana Reddy, Radhika Soni, Kalaivani & Merve Tekin

- Breakfast and Lunch will be included as part of the workshop.

All are welcome to register. Those interested in receiving further details, please send a mail to chandanareddy84@gmail.com or contact Kalaivani at 8600026603

*Thank you very much,
Chandana*

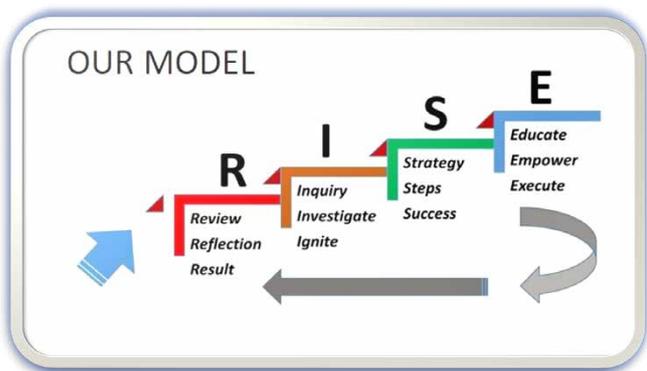


AROHANAM GRASSROOTS INNOVATION



Sound is first offered to the world, the voice of our soul formed from the tunes of our feelings and notes of our emotions. Our life is composed of many and multiple themes and chords of interactions. Cultivated and grown among different environments encompassing into One Village. The beginning of all societal interactions starts from the village, the core of our culture and continuity.

the core of our culture and continuity.



Arohanam seeks to facilitate a re-connection with our point of origin to learn from the experiential knowledge passed down generations. We believe that the many disconnects among us, as a people, are due to the lack of connectivity with our roots.

Our process in the journey of traversing the bridge to the everlasting now the place we exist and traverse in eternity for perpetuity.

Regards, Surajkiran
9884204918, Voice and WA

Health Care

AURODENT—DENTAL CLINIC



Dental Clinic
Auro mode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

TIBETAN DOCTORS' VISIT TO AUROVILLE

8 & 9 November @ Pavilion Of Tibetan Culture

Greetings to you all! This is to inform you regarding the visit of the Tibetan Doctor's team, Mentseekhang, based in Chennai, to Auroville for their monthly visits on Thursday, 8, and Friday, 9 December.



- To get your appointment kindly WA 8489967332 or call @ 0413 2622401, or mail to bodkhang97@gmail.com.

With best regards,
Pavilion Of Tibetan Culture,
International zone

The Arts

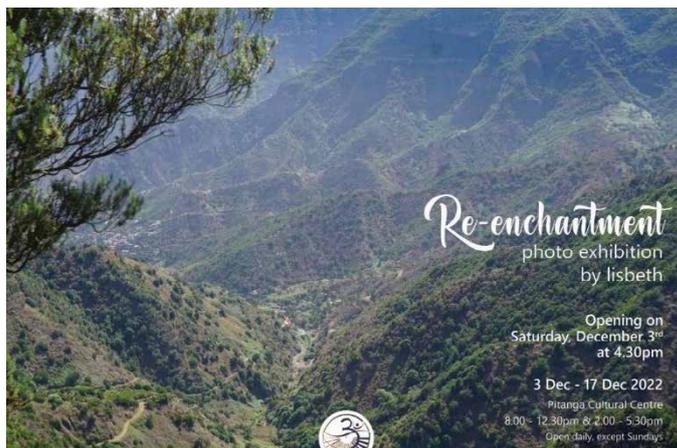
PITANGA



(0413) 2622403 / WA 9443902403
info@pitanga.in

Invitation to have a look at our new exhibition

Re-enchantment
photo exhibition by Lisbeth



- Opening on Saturday, December 3, at 4:30pm.
- Exhibition dates: 3—17 December, 2022
- Open daily, except Sundays:
8am—12:30pm & 2—5:30pm

If you wish to receive Pitanga's program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile!
Submitted by Andrea, on behalf of Pitanga

DON'T MISS "FROM MY ORGANIZED CHAOS"

If you missed the opening of the artist from Indore (Madhya Pradesh) Aabhas Mahindre at the Centre d'Art Citadines, you still have two weeks to remedy. So therefore, and especially if you work too much, between yoga, a meeting, a run in town, please hop over to Centre d'Art. It's worth it.

During the first lockdown, Aabhas was unable to reach his studio, which was in the red zone. At home, idle, he started making the work you can see there. He used stuff he had around, a bit of materials, a few small objects of daily life, old magazines, etc.

He thus created a kind of diary, each page of which is a small artwork combining drawing, collage, impressions, burns, etc... each of them tells an anecdote, a memory, a conversation. It's like a comic strip story that Aabhas shows us, a pretext to rediscover and order the treasures of ordinary life, the tiny objects that we usually throw away without thinking. It brings back bits of memory, traces of life, it evokes the invisible and the unsaid, and sometimes pays tribute to admired artists.

You'll find Andy Warhol and Yayoi Kusama, you'll see people walking by his window in a very hot day, a girlfriend and a broken promise, and even a cigarette butt.

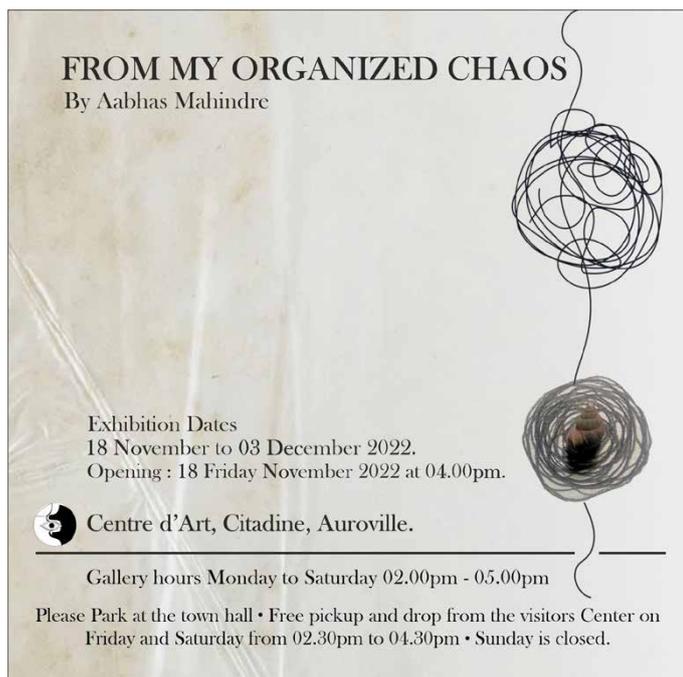
So, please go and have a look at the exhibition, because it's good to see what some artists can do with too much free time, because it's full of talent, intelligence and humor. Furthermore you will have the chance to meet in person the artist, who will stay in Auroville until December 3.

Please go there because it's good for the soul, and it is not so frequent these days. Isn't it?
Dominique Jacques

FROM MY ORGANIZED CHAOS

Centre d'Art Gallery, Citadines

Centre d'Art Gallery, Citadines, Auroville invites you to an exhibition "From My Organized Chaos" by Aabhas Mahindre



- **Exhibition Dates** 18 November—3 December.
- **Gallery hours:** Monday to Saturday, 2—5pm
- Centre d'Art Gallery, Citadines, Auroville.
Please Park at the Town Hall.
- Free pickup and drop from the visitors Center on Friday and Saturday, 2:30—4:30pm.
- Sunday is closed.

Exhibition overview

This exhibition is a long time in the making ever since the first lockdown settled us away from all the world. settling the world around us to stillness. which drew my mind and attention towards the chaos inside my thoughts and the layers of memories accumulated over the years. sorting through it over the years resulted in the form of "from my organized chaos" which is to be displayed in this exhibition.



Artist Statement

From my organized chaos. As our mind is full of thoughts and memories which pile up slowly layer by layer, it's kind of a mess, like my working space where there are lots of things collected over the time as I have been working, few of these were used and few were left unused. In my work I have slowly organized it, taking and arranging it. Whilst working, I discover every object has a memory connected to it and has a tiny story of its own. Which becomes a hook in innumerable memories. These works of mine have turned into a memorable diary. My work often lingers on common things which are around us. I try to collect, as in cosmos, nothing is useless, and everything is used and to be reused. I like to take the time out to see the beauty of the marks people make on the world knowingly or unknowingly. Treasure the ordinary: whatever is made out of caring. Find the beauty in some cluttered, nature, around everyday objects and stories while it's still around us.

Aabhas Mahindre
Submitted by Sri/ Centre d'Ar
+91 4132622699
centredart@auroville.org.in
www.centredart.in

UNSEEN REALITIES

Centre d'Art Gallery, Citadines,
Friday, 9 December, 4:30pm

Centre d'Art Gallery, Citadines, Auroville invites you to an exhibition "Unseen Realities" by Aparna Ashok



- **Exhibition opening:** Friday, 9 December, 4:30pm
- **Exhibition Date:** 9 – 24 December.
- **Gallery hours:** Monday to Saturday, 2—5pm
- Centre d'Art Gallery, Citadines, Auroville.
Please Park at the Town Hall.
- Free pickup and drop from the visitors Center on Friday and Saturday, 2:30—4:30pm.
- Sunday is closed.

Introduction

How can you ever know who you are, if you feel like you don't belong?

"Unseen Realities" is an exhibition that draws our attention to feelings of confusion and estrangement ethnic minority groups are often left with, whilst trying to navigate life in a predominantly white society.

Drawing on personal experience, the narrative around the work addresses intimate feelings of 'otherness' faced as an Indian living abroad. The installations invite the viewer to actively participate and engage with the work and also consider the role of white supremacy in creating underlying tensions and discourse between concepts of social and personal identity and cultural racism. Perhaps you identify with the narrative or see parts of yourself in the subjects. If we take a closer look at the workings of society, is it fair for us to constantly feel this urge to change ourselves and to please others to fit in? Why must we have to wear a mask and live a lie?

Artist Biography

Aparna Ashok commonly known as Chaos, is a Multisensory artist, self-portrait photographer and performer who constantly finds herself shuttling between Chennai, India and the UK. She is driven by research and curiosity about the complexities of human experience and identity.

Before graduating with an MA in Visual Communication from the Royal College of Art, Aparna completed her BA in Visual Arts at Stella Maris College in Chennai, India.

Aparna's work centres around social benefit through the creation of scenarios and opportunities for interaction. She often finds herself working with themes pertaining to identity, death and rituals. Her practice is rooted in creating curated designed experiences.

Submitted by Sri/ Centre d'Art

KALABHUMI GOES LIVE

KALABHUMI Goes LIVE!
Saturday Nov 26 / 7-10 PM

BulletProof Funk
Kalabhumi's funk and soul band showcasing new tunes from their recent gigs around TN

NoizeGate
Kalabhumi's rockers are back! Get ready for their powerful brew of 1960 and 1970s music

Roadkill Pizza
The new Kalabhumi Music Studio punk and grunge band featuring some of the most firey tunes you'll hear!

VENUE: **KALABHUMI MUSIC STUDIO** AUROVILLE
featuring: **VIJAYAN'S NEAPOLITAN PIZZAS** **KAJIMBA MIRACLE BEVERAGES**

TEN 10 FOR BOOKINGS **8056795810** **TEN10LOKA**

In case of rain the event might be postponed... stay tuned!

Submitted by Edo

CREATIVE WRITING PLAYGROUND



Dear Creative Writers, the official and definitive Creative Writing Playground is finally online!! What a relief! You can find it visiting my website Gate of Dreams at gatedreams.com. Please click on the "Creative Writing" button at the top. You'll have to subscribe but

don't worry, it's for free! Since it's for us Aurovilians, New-comers and Volunteers only. The transitory Creative Writing Playground Blog has been shut down and won't be visible anymore. Inside the current new one, you'll find some more exercises, suggestions for prompts and a few articles on the theory of creative writing already posted. I'll keep uploading it weekly, so check it often.

The rest of the website it's still under construction therefore don't be upset if you happen to click on some other buttons and nothing happens.

I also have another great announcement for you: a podcast series will be launched this or next week on AVRadio and it's called "I Just Wanna Write". I will be waiting for your feedback and comments.

And don't forget: we're all creative beings. So don't hesitate to give it a try.

Catch you later Auroville. Peace.

Francesca

THINK 3D

Think 3D
Product Design Workshop
for Engineers, architects, designers and students
Discover 3D software, production technologies & rapid prototyping

Where?
Auroville Institute of applied Technology
Irumbai Main Road

When?
03, 04 & 10, 11 Dec

How long?
9-12 am morning class
1-5 pm evening class

contact us:
info@aiat.in

bit.ly/3FncKw9 register now!

Auroville Institute of Applied Technology
A College of the Auroville Foundation
Under the Ministry of Education, Govt. of India
Affiliated to Pondicherry University

Creating your own product from scratch can be tough. That's why we want to help you discover new solutions for designing, constructing and manufacturing.

In our workshop you get hands-on experience in operating lathes, milling machines and 3d Printers. Professionals guide you through the process of bringing your ideas to life. You will learn about:

- principles of engineering design
- subtractive and additive manufacturing methods
- basics of CAD Software
- Manufacture parts on milling machines, lathes and rapid prototyping

If you are interested in taking part in the workshop, [register here](http://info@aiat.in) or write a email to info@aiat.in.

Warm regards, Jean Yves
for Auroville Institute of Applied Technology
I am at your disposal for any question you may have.
Voice &WA, 9159387573

Activities

LESSONS IN CARNATIC SINGING

Each class begins with the meditative practice of yoga of sound (Yoga Nadopasana) by visualizing the eight chakras corresponding to the eight notes, then we will sing a raga while studying the pulse and rhythms as well as a composition of the Carnatic repertoire.

- **Every Monday:** Classes for children, 5—6pm
 - **Every Friday:** Classes for adults, 5—6pm
 - **Private lessons:** on demand
 - **Educational concerts:** Every Monday and Friday, 6—7pm
- Bruno, at the veena, will introduce you to the nature, construction, subtleties and purposes of Carnatic music.



- **Free of Charge**
- **Venue:** Music room at Bruno's in Utility.

Please leave your vehicle at the entrance to the community.

9597922185, Bruno

SVEDAME, BUTTERFLY BARN

Kirtan-Bhajan

- Wednesday, 30 November, 5—6:30pm



Kirtan-Bhajan with Upahar and friends Join us for another circle of singing from our hearts, honoring divinity in all forms, in all life.

Svedame, Butterfly Barn is registered under Auroville Art Service.

Laughter Yoga

- Thursday, 1 December, 4—4:45pm
- Svedame, Butterfly Barn (registered under Auroville Art Service)



Aurodariya

WALK WITH US



Rains are here—A rainy day is a perfect time for a walk in the woods. Join us for a curated walk in one of the densest forests of Auroville. Connect with nature through all your senses!

Also, learn about one of the most successful reforestation projects which brought back a thriving tropical forest from scratch.

- **Time:** Monday to Friday—7 am
- **Venue:** Parking area opposite CSR and Auromode Apartments
- **Duration:** 1 hr
- **Special Instructions:** Please wear full sleeves and full pants to prevent mosquito bites. You may also carry some mosquito repellants. Carry a raincoat or an umbrella if it's rainy.

Contact +91 99580 84473, WA only
Regards Arun

TANGO DANCE CLASS

Every Monday group class
Cripa, Auroville

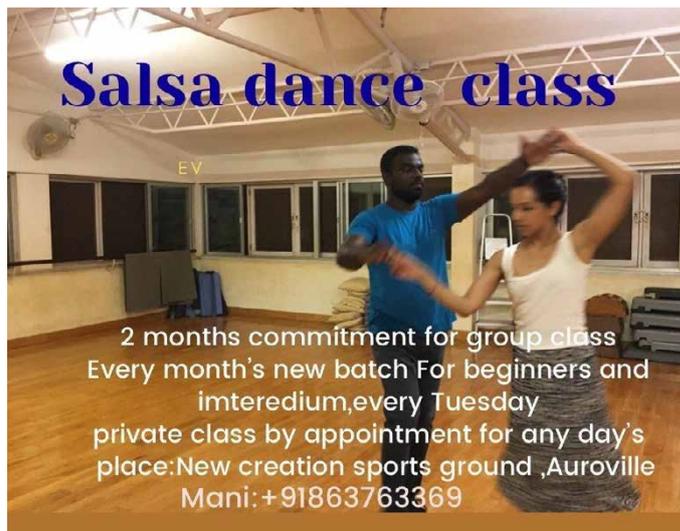


2 month commitment for a group class. Every month a new batch starts for beginners and intermediate. If they want to learn private class for Tango dance any day by appointment.

Mani, +918637633696, In: bakisata_dance

SALSA DANCE CLASS

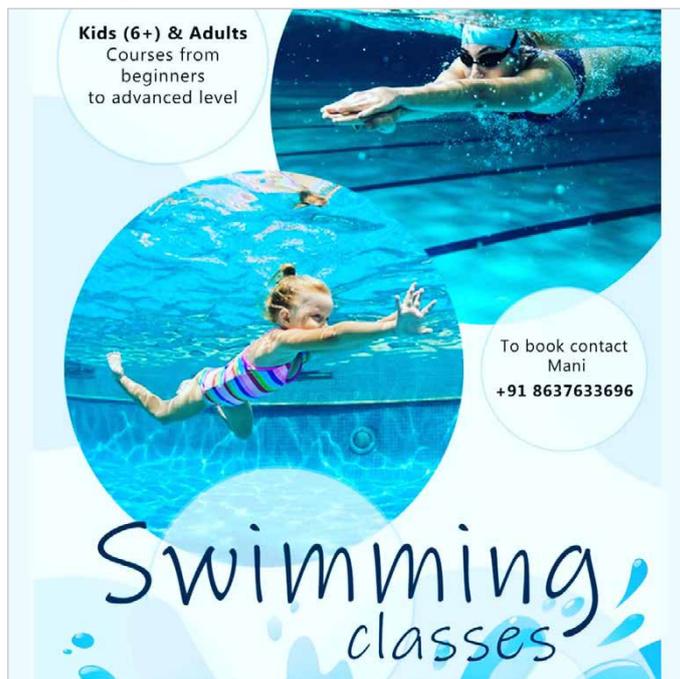
Every Tuesday group class
New Creation Sports Ground, Auroville



2 month commitment for a group class. Every month a new batch starts for beginners and intermediate. If they want to learn private class for Salsa, Bachata and Kizomba Dance any day's by appointment. Mani: +918637633696

SWIMMING CLASS

Any age kids and Any age adult by appointment.



Mani, +918637633696

AUROGAMES SESSION AT HUMASCAPE

Sessions with Aurogames games help develop concentration and memory. Open to all ages from 6 year old on. The sessions take place in small groups, for a better stimulation of the children. For individual sessions, it is best to make an appointment.



- Sessions take place at **Humanscape**, the community building
- Tuesdays, Wednesdays and Thursdays, 4—5pm
- Limited places, please reserve and confirm your venue.
- Possibility of private session on appointment only.
- Free of Charge

Geetha 7094688421, Veronique 9488512678

Looking For

Chandru Seeks a Job

Hi, my name is Chandru and I'm 31 years old. I have been studying in AV schools since my childhood and worked in different AV Units like Well Café, FoodLink, Language Lab, Gas Service and for the past 18 months for AVRPT Digital Archive. I used to baby-sit for different AV kids. I have studied Corporate Secretaryship at Auroville Institute of Applied Technology and I can use basic Microsoft Office Suite and I am willing to learn and start and take an internship. I would like to find a full-time or even part-time work/internship in an office where I could take care of data entry tasks and Office/Excel duties.



Please write or WA me for any proposal. I'll be grateful to receive it. For references please contact Alessandra, alessandra.silver.in@gmail.com, or Sonia, sonialalitadevi@gmail.com

- **Contact Detail:** Chandru, k.chandru@live.com or phone/WA: +91 9566616759
Thank you so much! Sincerely, Sonia

Anyone going to Chennai Central Train Station?



Anyone going to Chennai central train station? I need to send a document to the station. Please contact Umberto 7598331379.

Thanks!
Umberto Cerasoli Jr

Available

If you are Looking for a Babysitter

Hello parents, my name is Sanjeevika, if you are looking for someone to look after your little one while you finish your errands or want to have some time for yourself, I am the person for you. I am fluent in English and Tamil both in writing as well as writing.



I have the experience of looking after toddlers. If you want reference I can give you the contact of the parents. I grew up in Auroville as well and live here. If you want to know more about me, contact me.

Contacts: 9363243340, sanjeevikasanjeevikrishna@gmail.com

Thank you, Sanjeevika

Coffee trees Planting season going on



I still have some coffee saplings Robusta variety to give away. Needs shade and a bit of water the first year.

If you are Interested contact me 9487567593, WA or Telegram or matildemadhuca@gmail.com

Matilde

Puppies

We were recently surprised with three puppies who were dropped in our garden. For us it is impossible to keep them, we have already adopted three dogs. Please help us and the puppies by taking care of one or more of them.



- Call or WA 9487421696, or call 04132969196

René, Nelly and Veerle

Wireless Keyboard Available

Hello all, I have a second-hand, wireless bluetooth keyboard for PC, laptop, tablet and smartphone that is available. It has the Apple keyboard setup. It's around one year old and works well. Model: Trust Nado Bluetooth Keyboard. For more info you can reach me at 8148081337.

Thanks, Satya

Lost and Found

Oreo is Missing

Missing dog named Oreo (aka oreo) from IACC Auroville dog shelter. Identifications: Black and white coloured indie dog limping its right hind limb (can't place that feet on ground). White color limbs with few black dots, white chest, black coloured body, hairy tail and neck.



Contact: 6383843212, Shiva

Earring & House Refund Lost

- **I lost my precious earrings** in or around Town Hall or on the way to Town Hall from Kulapalayam. It is a small round golden one with a white stone in the middle. If found please contact 7094136060, Ray
- **We have a house refunding issue.** If someone has the same kind of problem please contact us. Let us unite to be heard, 7094136060, Ray and Sofie
Warm Regards, Ray and Sofie, Petite Ferme

Work Opportunities

HR HUB INITIATIVE



HR Hub Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Carpenter (half time)

A Unit that works in the construction field and specializes in wood frame and roofing sector is looking for a Carpenter.

- The person needs to be able to correctly use wood cutting tools, circular saw, jigsaw, plane, drill, router, screwdriver... very manual and physical work, at height and outdoors. Wood carving, frame assembly, painting, sanding, polishing.
- Prerequisite is a minimum of experience in this field of activity, complete beginner abstain.
- Part time, morning time, timing to be defined. English recommended, or also french. Maintenance for construction sites outside Auroville.

Training as much as possible, alternating with more "tedious" work such as sanding, varnishing or polishing. There is a trial period.

Secretarial work (Half Time)

A Service of Auroville is looking for someone on a half time basis to take care of their communication, filing and archiving.

- Someone that can work independently, that is organized and methodical.
- Other soft skills required are a person that is welcoming, friendly and punctual.
- A perfect command of English, written & spoken; and a good command on basic computer softwares such as word, excel and google drive is required.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at hr.hubauroville@gmail.com.

- HR Hub is also looking for someone that can offer some time to the Candidates that wish to improve their English skills... If you can offer some conversational and written English classes do let us know and we can put you in contact with them.

Warmly Sara

Honorary Voluntary

SOME KEY POINTS ABOUT VOLUNTEERING

Temporary visitors coming from outside to participate in and learn from Auroville are considered as "honorary voluntary workers" and are welcome as long as they resonate with its ideals and values. Volunteers are all expected to learn about Auroville and its Charter and the Mother's "Dream". **ALL** volunteers must register at **Town Hall GRS** (C-form for foreigners); then obtain a Guest Aurocard at Financial Service, then have it updated to a Volunteer Aurocard after registration at Savi for their volunteer/internship service.



Registration as volunteers

This happens in the **Savi** office (Town Hall) by filling a Registration Form acknowledged and signed by their hosting place and guesthouse.

Foreign nationals must go through an admission process (started before arrival) that requires the recommendation of the Auroville Foundation Secretary in order to then obtain an Entry visa.

Time commitment

- **Indians:** 2 months minimum—6 months (extendable), 25 hours—36 hrs per week
- **Foreigners:** 9 months minimum—1 year (extendable), 25 hours—36 hrs per week

Volunteers must complete their current commitment before changing to a different activity.

Hosting place

The hosting place who takes the responsibility of volunteer/intern has to be a registered unit/service/activity in Auroville. An Aurovillian mentor has to be identified to follow-up the volunteers' activities and progress, and to acknowledge the achievements.

Residence in Auroville

As per the Auroville policy, the residence must be a registered Auroville place (volunteer residence, guesthouse, or unit's staff quarters). Any change of housing must be reported to Savi.

Refund

After 2 months of continuous Volunteering, those volunteers who are staying in Guest Houses with a minimum monthly rent of from rs 5,000 up to rs 22,500 can ask at Financial Services for a refund of up to 20%, which cannot exceed rs 4,500.

Those receiving any In Kind assistance or doing House Sitting are not eligible.

All requests for this reimbursement must be made only **after 6th of the month until 25th of the month**, and for not more than 2 months rent at a time within the current financial year.

Finance

There is no *paid work* for volunteers, since they are doing a service, whether student, trainee or volunteer. However, an In Kind contribution to support food and lodging expenses may be offered by the hosting unit, provided it does not exceed the amount of a half Auroville Maintenance (12,000).

A **900 Rupees Volunteer Contribution** is required monthly from all volunteers and interns. Hosting units are encouraged to pay this contribution for their volunteers since they benefit from their assistance.

Visa Formalities for foreign volunteers/interns

All foreign volunteers/interns who come to Auroville, must have an **X2-Entry visa**.

RRO registration for foreigners is mandatory within 14 days of arrival in India and this is facilitated at Savi.

Foreigners must provide proof of valid Insurance coverage (health, liability and repatriation).

No Tourist, Employment, Business or Student visas are accepted for Volunteering.

The Entry Visa does not allow extended/holiday travel within India or spending time outside of Auroville with the exception of one 2 week holiday agreed upon by the hosting unit/activity. Foreigners on this visa commit to work only for the one unit that sponsors them per the agreement and not to also work with other units, except in their free time.

Any change of unit/activity is only possible in certain, extreme situations and with Savi approval.

Any volunteer leaving Auroville for more than 2 weeks must advise Savi in advance.

Volunteers must advise Savi when they are finished and leaving Auroville, and must also return their Aurocard to Financial Services.

Best regards, Don, for Savi

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day **from 6am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us:

sadhanaforest@auroville.org.in,

WA 8525038274 or call 8122274924.

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

Help Needed

SUPPORT FOR MANJU'S HOUSE



Dear community, Manju (who works in our houses) and her family (2 boys, 10 and 9 years old) are in a very difficult situation with her house in Edayanchavadi.

The house fell into pieces in May 2022 and the family moved to a rented place. However the house needs to be rebuilt urgently, as Manju can't hold the rent plus loan and all the related expenses. She needs some extra financial help to build at least simple walls and roof and be able to move in as fast as possible.

We all support her in her efforts and any support from you all will be very helpful.

- AV Manju's house account 251427

Thank you so much, Claudia, Megha, Fanny and Erik, Bel, Claude, Vega, Petra, Shaalini, Palani

Tool for those who need help:

MATCHING DONATION OPPORTUNITY FOR SERVICES AND OUTREACH PROJECTS



Auroville International USA has a subscription to a dynamic, user-friendly fundraising software. We have helped many Auroville projects set up unique donor portals that allow them to collect donations in any currency through GooglePay, PayPal, Apple Pay, and credit card.

- You can see a sample portal at <https://aviusa.org?form=Sample>.
- If you want a more in-depth explanation, watch the video at www.aviusa.org/fundraising-training.
- Email us at info@aviusa.org with questions or requests to set up a donor portal for your service or outreach project.

Beginning December 1, any funds raised through one of these unique donor portals will be matched by AVI-USA. A few generous donors have joined us in supporting this match, and we currently have a pool of \$20,000 available. Funds will be available on a first come basis until the pool of funding is depleted.

The parameters for funding are:

- Donations must be received through a unique donor portal created by AVI USA for a specific Auroville service or outreach project
- Donations can come from donors in any country, including India
- The project must be verified by and have an account with Unity Fund
- Donations cannot support commercial work or personal expenses of any sort.
- Each project can only receive a maximum match of \$2,500
- AVI-USA retains 10% of every donation to cover things like banking fees and other overhead costs. So for every \$100 we receive, we deduct \$10 and then double it—a \$100 donation will result in \$180 sent to Auroville for the project.

Many thanks, Helen

AUROVILLE ACCESSIBLE PUBLIC BUS SEEKS FUNDING



Dear All, Auroville Accessible Public Bus was running at loss till end of October. Additionally we had annual insurance renewal and Annual Fitness certificate renewal from the Transport department. All together brought us a big minus. Auroville Vehicle Service had made

the advances to cover the running cost since August 2022. We were hoping the BCC would support the running cost for the year 2022—23 but unfortunately BCC has no access to grant any budget at the moment. We kindly request you to support the community public bus in contributing whatever amount is possible to you.

• **We are currently in minus of Rs.137,000**

We do understand the current situation of Auroville but if we don't get the support from the community now, there is no other option for us, other than to close the service completely.

You could transfer to our Account **251675/ AV Accessible Bus**

*Thank you,
Raju, Sauro & Susmita
for AV Accessible Public Bus Team*

SEEDS OF UNITY

Solitude Farm Auroville, 23 December, 5—10pm

Seeds of Unity... An offering by Auroville for Auroville... for all who cherish HER dream, community, and a celebration of togetherness on this land.

A coming together with no particular agenda but to celebrate our community with People Food Music. A free food offering of local food for 1000 people, pooja and havan, dance, fire, music, stories and art from our community and a live concert by Emergence. At Solitude Farm Auroville, 23 December @ 5—10pm

- This is a non-commercial event and is open to all.

The seeds of unity Festival preparation is in full swing. We have started cleaning up the space, organising lights, stage, decorations, performance, activities and of course the food and music. We still need lots of help from our Auroville Community and the Bio-region. We will need a lot of help to organise the collective cooking; peeling, chopping, squeezing lemons etc!!! Also we still need creative hands for the decoration. Any creativity, self sustained, energy is so welcome!

We also have a call for jugglers, fire artists, silks artists, clowns, martial artists, healers, acoustic musicians etc to be part of the event. We also need help with funds! Especially for the food offering but also for the lights, sound, stage, generator etc.

- Please have a look at the poster attached for the QR code or make a contribution on Financial service number: **252255 specifying Seeds of Unity Festival**. Any amount is gratefully received.

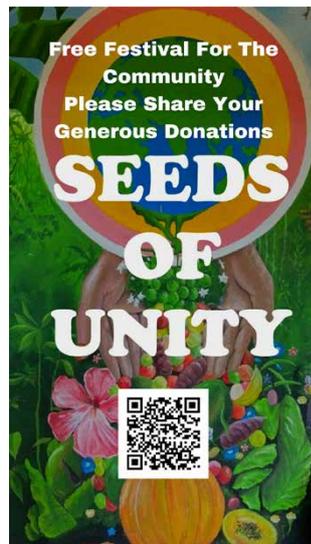
We welcome volunteers to come for cleaning up and site prep this Saturday, 26 November at 9am, refreshments and lunch will be provided.

- If you see yourself being involved in any other activity such as performance, decoration, cooking etc please contact us on 9361618654 WA or 9843319260 WA

There is a beautiful energy emerging around this event. Many people are coming together who don't necessarily work together or even know each other! Celebration has an amazing power of adhesion within a community and we would love you to be part of it! The creation of the event working on a collective level can bring about beautiful healing for us all!

Look forward to seeing you soon.

*Love, Seeds of Unity Team
Submitted by Krishna*



Foods, Goods and Services

BAKERY PRICES TO INCREASE



Dear Community, the Auroville bakery has not raised its prices in the last 5 years, to help keep everyone's economy balanced, but given the latest increases in India, we are forced to do so.

Please note that from November 28 prices at Auroville Bakery and Cafeteria will increase. Thank you very much for your understanding with which we trust to count.

*Elumalai
for Auroville bakery team*

RAPID CARE SERVICES

Dear Community members, we are happy to share with you that "Rapid Care Services" is a newly registered Activity under ASSA—Artisana Trust.

We offer the following services for our community:

- Repairs and maintenance for
 - Houses, Offices, Yards.
- We also do carpentry, welding, aluminum fabrication, masonry, wall painting, plumbing, electric work, washing machine repair & installation, A/C repair and installation, Inverter repair and installation, DTH installation and purchase assistance.
- We also do small and simple construction like extensions, remodeling and floor tilings for houses, apartments and offices.

We are a group of trained young Aurovillains who will be carrying out the tasks under the supervision of experts as mentors from various relevant fields of expertise and experience.

We will be sourcing all the necessary materials from Auroville units wherever possible and our staff will be composed of people from the Auroville community and bio region.

Kindly contact us and hire our services at the below mentioned contact details.

Best regards, Arun & Balaji.

Arun—7639810621 (Voice and WA)

Balaji—8270071581 (Voice and WA)

rapidcare@auroville.org.in

WELLPAPER: UPCYCLED CHRISTMAS DECORATION



Come buy some Upcycled Christmas Decoration ornaments on sale at Wellpaper. Hanging on string: Bells, Stars, Hearts, Trees and more. Made with techniques such as weaving, coiling and paper-mache from used newspapers. Eco-Friendly gifts at affordable prices.

Drop by anytime:

- 9:30am—5pm
- Monday—Saturday
- at Wellpaper in Mangalam, Kottakarai (Left turn next to Kalli temple, coming from Townhall way to Ganesh bakery).

All are welcome!

Sincerely, Mahima



ECO FEMME OPEN HOUSE

Every Thursday morning from 10:30am

Dear friends, join our open house at our office in Auroshilpam every Thursday morning from 10:30am. Come and learn about sustainable menstrual products and our not-for-profit programs and pick up discounted cloth pads, cups and cloth nappies.



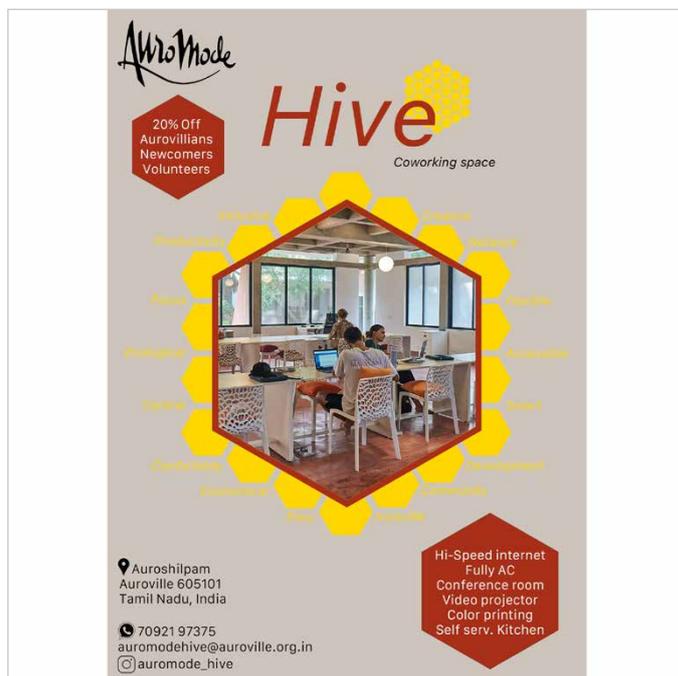
See you soon!

The Eco Femme Team'

AUROMODE HIVE OPEN HOUSE

Friday, 25 November, 10am—5pm

Dear All, Auromode Hive would like to invite you to an Open House on Friday, 25 November from 10am to 5pm. We will have free internet! All are welcome to try out our coworking space, Free of Charge!!



For more details regarding our Plans check out our catalog at our WA Business No. 7092197375

Auromode Hive Team

LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Mr. Ganesh our Travel Consultant can only be contacted directly for discussing Travel itineraries, issuing, rescheduling etc. for all kinds of ticketing



- by phone or/ and by WA: +91 9894598686
 - by email: travelshop@auroville.org.in or domestic@inside-india.com
1. Under the revised guidelines of the health ministry, the submission of self-declaration forms on the online Air Suvudha portal stands discontinued.
 2. Aircraft of most of the Airlines are fully booked and it's advisable to make bookings well in advance.
 3. Lufthansa will have daily flights from April onwards.
 4. For travelers who accept flexible flight dates there is a chance to get international flight tickets for only about 15 % higher price than in the past. But if one books late and has a fixed itinerary it could be up to 40 % more.

All the best, Joster

Auroville Poetry

I TOOK A WALK

I took a walk
In drizzling rain.
She took an umbrella
And leaned it
Over my head.
A walk together
In rain and shelter.
With joyful Gratitude, Anandi Zhang

ANSWERS THAT CAME SPONTANEOUS

And then again someone
In agony posted the questions:
"Dr Kireet Joshi says RA is divine consciousness, GB is divine consciousness, IAC is divine consciousness. Is it like; the divine consciousness is in war with itself? I don't understand that, maybe it's some kind of Leela? Or, (is) it possible that he could be wrong."?
And the answers
That came spontaneous:
In essence, yes
Everything, the whole universe
Is this One Divine Consciousness
The Basis, the Source, of Oneness.
But in the Lila we start from the Abyss
From the relativity of the Inconscience
From utter Impotence and Ignorance
Ascending in evolution to Superconscience
Which has taken billions of years
To even get to our human mode here
Kurukshetras of all sorts
Within and without.
That is why we say man is transitional
We are still imperfect, the illogical mortal
Which is clearly quite obvious
Looking at our pitiful collective existence.
And so here We all are
The Spirit in Matter
Still going at it
Aspiring, persevering, co-learning
From seeming unending suffering
From Us no way of escaping
From This: Our One Eternal Now
Wherein the past-present-future
Unveiled by the Double Avatar's
Divine Revelation
Unfolds
Towards a Life Divine.

Zech, 2022.11.16

Voices and Notes

AUROVILLE RADIO



Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!
[Here you can listen](#) to the stream channel (playing 24/7).
[Here you can see](#) on-air schedules.

Last published podcasts

- [A Sharing about Sister Nivedita and her remarkable life with Swami Vivekananda and Sri Aurobindo by B](#) (Sri Aurobindo)
- [Kadhai Ketpoma-Ep.9 \(Literature\)](#)
"நீ நதி போல ஓடிக்கொண்டிரு"
- [Une série hebdomadaire de lectures par Gangalakshmi - 418](#) (Integral Yoga)
- [Marlenka's weekly offering - ep.71](#) (Literature)
- [Sri Aurobindo, La Vita Divina - Cap. 10](#) (Sri Aurobindo)

...and more! on www.aurovillerradio.org

Please help us to relocate the radio!
Donate to F.A. number 251369

For more information write to radio@auroville.org.in

Peace and Love

Regards, Wobbli

"HUMAN UNITY!"

Yes, this constant appeal or quest for human unity we loudly hear. But how will it ever happen without a change of consciousness to the Truth-Unity Consciousness? And this Truth-Unity Consciousness means seeing everyone and everything as already in union.

The Two who are One. United in the essence of our very existence, which is Oneness: the unique many that are the One. Life perpetually in movement in the principles of Yin-Yang.

And this change of consciousness cannot be imposed or forced on anyone. Well of course that's also part of the painful self-game of the ego's boomerang.

Mirror, mirror on the wall. That's why it's quite exhausting climbing a mountain or even a small hill. We each and every bit without anyone or anything of any sort can be excluded are all part and parcel of this Great Cosmic Game.

And so this change of consciousness can only come from within. But within means it is also happening in the already collective union, within this eternal Oneness that for the ego does not yet exist. The ego being this small self stuck in the me-illusion of separation.

So it gets kicked in the butt or hits its head on the wall or gets in some painful fall to shock itself out of its slumberous crawl or its humongous ego-spiritual (remember the parable of the Elephant Brahman?), until at some point this human's aspiring psychic being breaks open from the cracks created by all the shocks. And voila! Free at last! Well, for a while as the next level is already here, the Supramental.

Ahahaha... quite a humorist really our Supreme Consciousness

May the Force be with us all

Zech, 2022.11.19

TRUTH, LOVE, BLISS, BEAUTY.

"From Delight all these beings are born, by Delight they exist and grow, to Delight they return" (Taittiriya Upanishad)

"The name of That is the Delight; as the Delight we must worship and seek after it" (Kena Upanishad)

"Rare is the great of Soul to whom all is the Divine Being" (Gita)

"Whence shall he have grief; how shall he be deluded who sees everywhere Oneness? (Isha Upanishad)

"We can make many mistakes in the space of one life." (Raymond Chandler)

"Marriage is the death of Love." (Firangi in the film I recommend 'The Thugs of War')

Personally, I am in favor of Free Love...

Since quite some time I am extremely surprised to hear and read here and there negative, even hostile comments about Madame the Secretary J. Ravi. Contrary to the malicious rumors circulating about her, she appeared to me as an exceptional Being.

I met her for the first time last December during a very tense general meeting, sometime after the bulldozer went through, uninvited, the Blissful Youth Centre. For the meeting of my eyes with hers remains luminously memorable. There she spoke of Mother's Super-Conscious Dream (Auroville) and I felt her vibrant aspiration to realize Mother's Dream.

Sometime after she spoke, I felt like leaving the place and going to concentrate at Matrimandir so, I salute her with my heart, our eyes met and immediately I fell (spiritually) in Love with her. Her sparkling eyes took possession of my Soul's flame. I felt ecstatic and I left the place dancing like a mad man.

Then later I came to meet her several times and she revealed herself to my humble self to be one of the few most delightful person I ever met. She is a very refined, spirited, sweet, gentle, compassionate being, a great Soul according to my humble perception of events, beings and things. Every time I met her, my heart felt the beauty of her Radiant Heart. Imagine my joy!

A genuine spiritual splendor.

So, instead of gossiping blindly, I would like to invite all the Aurovilians of goodwill to meet her and see with the light of their Self what is right and what is wrong. I am personally converted by the charm, the magic, the purity of her smile.

Now, concerning the Galacting community's trauma, which along a long stretch of time has evolved slowly to a constellation, then to a suffocating nebula, my humble self must say that I am not qualified to judge if it must be manifested or not.

My main and only purpose in coming to live in Auroville was first to transform my ordinary ego-consciousness into an extraordinary non-ego, blissful consciousness. To a certain extent, I succeed in this domain.

The second purpose was to live in perfect unity and identity with my human sisters and brothers. For me this oneness consciousness must be the strong foundation on which will stand Auroville, the city of the dawn of a new humanity; otherwise, why a new city, even an eco-city?

This unity and joy to live and work together must be genuinely true, not a mere illusion, a fallacious advertisement for the benefit of our lovely businesses.

Some people may say: "But how to realize this Divine Loving unity?"

It's simple: just read attentively the works of Mother and Sri Aurobindo and follow with an intense sincerity Their guidance.

That's all!

I would like to add with a smile that the completion of the Master Plan Galaxy is not for tomorrow and that its final shape will be visible and enjoyable only from above, in case we are ready to fly a drone. (Not me!)

I am not interested in appearances, I am interested in reality, the Truth and the Love which walk hand in hand with it, if we want to manifest the wonderful beauties (inner as well as outer) that the Delight flowing in our veins will inspire us.

I would like to add to conclude that in Madame the Secretary J. Ravi there is something celestial, heavenly and I know that at the same time she is firmly and lovingly grounded on Mother Earth.

Soham

Post Scriptum

The world being what it is, it could not be otherwise. For the world is a masked form of Sachchidananda, and the nature of the consciousness of Sachchidananda and therefore the thing in which His force must always find and achieve itself is divine Bliss, an omnipresent self-delight. Since Life is an energy of His conscious-force, the secret of all its movements must be a hidden delight inherent in all things which is at once cause, motive and object of its activities; and if by reason of egoistic division that delight is missed, if it is held back behind a veil, if it is represented as its own opposite, even as being is masked in death, consciousness figures as the inconscient and force mocks itself with the guise of incapacity, then that which lives cannot be satisfied, cannot either rest from the movement or fulfil the movement except by laying hold on this universal delight which is at once the secret total delight of its own being and the original, all-encompassing, all-informing, all-upholding delight of the transcendent and immanent Sachchidananda. To seek for delight is therefore the fundamental impulse and sense of Life; to find and possess and fulfil it is its whole motive." (Life Divine p. 232)

"It follows that in this surface or desire-soul there is no true soul-life, but a psychic deformation and wrong reception of the touch of things. The malady of the world is that the individual cannot find his real soul, and the root-cause of this malady is again that he cannot meet in his embrace of things outward the real soul of the world in which he lives. He seeks to find there the essence of being, the essence of power, the essence of conscious-existence, the essence of delight, but receives instead a crowd of contradictory touches and impressions. If he could find that essence, he would find also the one universal being, power, conscious existence and delight even in this throng of touches and impressions; the contradictions of what seems would be reconciled in the unity and harmony of the Truth that reaches out to us in these contacts. At the same time he would find his own true soul and through it his self, because the true soul is his self's delegate and his self and the self of the world are one. But this he cannot do because of the egoistic ignorance in the mind of thought, the heart of emotion, the sense which responds to the touch of things not by a courageous and wholehearted embrace of the world, but by a flux of reachings and shrinkings, cautious approaches or eager rushes and sullen or discontented or panic or angry recoils according as the touch pleases or displeases, comforts or alarms, satisfies or dissatisfies. It is the desire-soul that by its wrong reception of life becomes the cause of a triple misinterpretation of the rasa, the delight in things, so that, instead of figuring the pure essential joy of being, it comes rendered unequally into the three terms of pleasure, pain and indifference." (Life Divine p. 234—235)

What is a galaxy without its billions shining soul-stars?

Thank you, Soham

A WISH

During the Covid lockdown, a few friends came to visit the farm to get something to plant and grow in their gardens. They took different varieties of spinach, roots, gourds, anything that they thought they would manage to grow.

The lockdown was quite a scare for all of us. Perhaps it was a wake-up call, but now we have forgotten about it. The threat it's over, and we are all back to thinking that food comes from shops and restaurants.

Sometimes I think and I wonder where all this food comes from, and why it looks all the same. There is absolutely no difference between the tomatoes from South India and those from North India. The same is for broccoli, cauliflowers, cabbage, and everything else. Local organic produce is rare. Have you ever asked yourself why?

To run a simple organic farm is a high risk, unless you also run a parallel business like a guest house, dairies (cheese, yogurt, desserts, etc), jams and dried fruits, educational programs, and more. The parallel business, whichever it is, can generate enough money to support the farm and give you a good life. On the other hand the farm alone cannot provide you with the same results.

One day though things might change, and we might be forced to realize that money is a collective hallucination and that we can't eat it. Then our guest houses, processed food and health therapies business will be useless. All of our entrepreneurs' ambitions will dissipate in the air.

When I share with people and friends that I want to run a project about reintroducing Native Edible Varieties in Auroville, people look at me as if I was telling them a fairy tale. I can almost see it in their eyes;

"how are you going to make money with such a project?"

Of course such a project is not going to generate money. Because it's not about money, it's about food security! Am I the only one here concerned about a food crisis in the near future?

About two weeks ago I was invited to a full moon ceremony with a sound bath, candles and stuff. We stood in a circle on a terrace, under the moonlight. Then the facilitator told us to imagine that God or our guiding angel appeared before us, and we could ask for a wish. As the lady (the facilitator) started going around and each of us said aloud his/her wish, I was starting to realize that I didn't have a wish. The more I analyzed my life and the more I saw that I actually have everything. All my basic needs are sorted, both my jobs are interesting and fun, I'm part of this amazing Auroville, I have enough challenges keeping me engaged, and I feel very fortunate to be in this journey called life.

When my turn finally came, I said that I had no wish and I was grateful for what I have, and that all I want is to continue following the plans of the Divine. The lady couldn't agree with me;

"you must have a wish, everybody has a wish"

But I couldn't come up with anything. As the ceremony carried on, I continued reflecting on this 'wish' topic. Perhaps this silly new age exercise helped me realize how fortunate I am. That night I told myself that I must always focus on this, and that I would be wary of wishes because they are illusions.

I'm here to embrace the responsibility which the Divine appoints me.

The farm situation is what it is, regardless of what I might wish.

Gino

REGARDING COP27



Sharm El Sheikh had an average annual rainfall of 7mm over the last 30 years (=climate); Puducherry had 1459mm. COP27 in this balmy 19-27

C Sharm El Sheikh has 62,000 participants which necessitated the A/Cs full on, but pools and coral reefs winked. 99.9% of the people had to be flown in as there are hardly any roads in the tip of Sinai, let alone a railway. Environmental consciousness by example, or fake show no. xx? In the end no clear commitment has been reached, not even on the long promised compensation fund for 3rd world countries who emitted far less CO₂ in the past and also in the present. PR China still wants to pretend being part of that group too while emitting 400% more CO₂ than India and rivaling the US in economic power. Some tried to label only coal CO₂ as bad, while green labeling natural gas and even oil. Bad for countries having only coal like India and China, but good for a place like Qatar, the location for the next COP-28. What is wrong with meeting in Alaska or Siberia? Both also have plenty of oil and could accommodate 70,000 people indoors without A/C. Why never a COP (or a Greta Thunberg) in PR China, the no.1 emitter by far? This whole circus is politics driven, not numbers based.

For CO₂ emission per person country wise see here: CO₂ Emissions | Global Carbon Atlas: tCO₂/person & time series.

I wouldn't call CO₂ a pollutant by the way as all animals breathe it out and all plants in in large amounts every minute. It is rather a benign gas at the present dosage of 0.04% in our air with an ever diminishing warming effect every time it doubles so not at all as scary as projected by Western media. From all CO₂ circulating in Nature only 3.86% can be attributed to human activities.

Anton

Classes, Workshops & Healing Arts



VERITÉ INTENSIVES

Phone: +91413 2622045, 2622606,

Mobile: 7867805812

programming@verite.in,

veriteprograms@gmail.com

A Practice of Yoga Nidra to Know your Soul & Feel the Universe

- Saturday, 3 December, 9:30am—12pm.

A Spiritual & Physical Wellness Program with Vedprakash

Yoga Nidra is a practice which helps to enhance peace of mind and build self-confidence. It is a form of meditation which helps to eliminate stress, fear and negativity from your body. It is a practice which is easy to adopt in our daily life, and will help you to feel the spiritual power within you. The practice can help to improve sleep, sharpen your mind, and even lower blood pressure. This workshop is open to all levels and ages.

HEARTFULL® MEDITATION CLASSES

with Avantika Nirupama



- Sunday, 27 November
- 9:30—10:30am

Thanks,

Guy for Quiet Healing Center

Q&V 950 - 24 November 2022

SATYAYUGA ACTIVITIES

Beautiful Sounds

Tibetan bowls, gongs, tuning forks (individual). Nidra Yoga with Tibetan bowls, meditation with gongs. Individual and/or small group (max 10 peoples)



French/English. speaking

- For more information +917639761930 WA ilmalor@yahoo.fr
- Location on request.

Co-creative music

- Every Sunday at 3pm. Tibetan bowls (35 minutes).
- To be in Theta mode. Music of the soul (1 hour mantras, bijas mantra, overtones and kototamas).

French/English. speaking

- For more information +917639761930 WA ilmalor@yahoo.fr
- Location on request.

Fitness training—karla kattai

Personal coaching for individuals and/or small groups (max 5 persons). I have 30 years of experience and I can tailor a program to meet your needs over the short, medium or longer term.

French/English. speaking

- For more information +917639761930 WA ilmalor@yahoo.fr
- Location on request.

Qi-Qong for facial rejuvenation and for the back (spine, shoulders, neck).

French/English. speaking

- For more information +917639761930 WA ilmalor@yahoo.fr
- Location on request.

Reiki

Energy for wellbeing and struggle against stress.

French/English. speaking

- For more information +917639761930 WA ilmalor@yahoo.fr
- Location on request.

Warmly, Satyayuga (Jean-Luc)

DHRUPAD
Retreat
Dec 9, 10, 11
offered by **NILOY AHSAN**
@dhrupad_niloy

an immersion into the meditative and healing vibrations of Rāga Sangeet

a retreat designed for:

- anyone looking for a yogic approach to sound and music
- music students looking to explore principles of Dhrupad/ classical music

Open to everyone, regardless of background in music

Obtain an overview of the various elements of (vocal) Dhrupad music

develop a holistic understanding and appreciation for the genre

explore how yoga as a way to connect to yourself

contribution requested

register before Nov 25 at: 88709 88843

A Sunil Pathi

Submitted by Abhaya

AUROMODE YOGA SPACE

Saturday Evening events

Saturday 26, November 2023

- Hatha Yoga with live Tibetan singing bowl
- Every Saturday 4—5pm

Balaganesh along with Jean Luc invite you for this special yoga session. Singing bowls along with simple hatha Yoga poses helps everyone to receive the yoga instruction on a deeper level, increasing their ability to move through weakness, fatigue, pain, mind-chatter and emotional tension. Singing bowls produce frequencies that easily change beta brainwaves into the alpha/theta meditative state (through a process called "entrainment"). In addition, since the body is primarily water, vibrations produced from the bowls can travel through the physical form to relax into muscles, bones and organs.



The union of a calm mind and a relaxed body, provides you access to something deeper in you and allows you to listen to the voice of your True Self, intuition, wisdom.

- Tamil culture & traditions
- 5:30—7 pm

As the last week of this lecture series, this Saturday we continue the conversation on Tamil literature through time. This week we focus on the Bakthi poems of Tamil language and also complete our conversation on **Saiva Siddhantham**

For more information please email us contact@auro-modeyogospace.com or balaganesh.siva@gmail.com, WA + 91 98926 99804

Bala

INTEGRAL TAROT READING

as a tool for Inner Work with Valentina

- Major Arcana: 7, 8, 14, 15 December
- Minor Arcana: 21, 22, 28, 29 December
- Court Cards: 4, 5 January 2023

INTEGRAL TAROT READING AS A TOOL FOR INNER WORK
with Valentina

1. Major Arcana: 7 | 8 | 14 | 15 Dec.
2. Minor Arcana: 21 | 22 | 28 | 29 Dec.
3. Court Cards: 4 | 5 Jan. '23

2 - 5 pm
Center Guesthouse, Auroville

FOR DETAILS AND REGISTRATION:
tarot4dreamers@gmail.com

2—5 pm @ Center Guesthouse, Auroville

It may be possible to register for the single modules.

For details and registration: tarot4dreamers@gmail.com

* This workshop is organized by Abhaya, an activity under ASSA, a unit of the Auroville Foundation

Submitted by Valentina

LAUGHTER YOGA

Laughter Yoga is a unique health craze sweeping the world, that was developed by Indian dr Madan Kataria. To get the scientifically proven health benefits from laughter, it must be extended for 15 to 20 minutes at the time. Natural laughter is conditioned and usually lasts for just a few seconds. Through laughter yoga one can laugh heartily for an extended period because it does not rely on humor, jokes or comedy.

LAUGH FOR HEALTH & HAPPINESS

Thursday
Dec 1st
4-4:45pm
Sve-Dame
Butterfly Barn

Joy Community
 More Oxygen Reduce Stress
 Creativity Play

"The best way to make friends is to laugh" the Mother
FUN FOR ALL - FAMILIES ARE WELCOME

Laughter is simulated as a body exercise in a group, with eye contact and childlike playfulness it becomes genuine spontaneous contagious laughter.

Reasons to Come to a Laughter session

- To bring more joy into your life
- To increase oxygen, endorphins, serotonin & oxytocin
- To reduce stress, inflammation, cortisol, & blood pressure
- To boost your immune system, self esteem & your mood
- To promote longevity, kindness & compassion
- To enhance flexibility, creativity & productivity

Monnet

TRANSFORMATIONAL YOGA & SOUND HEALING

Saturday, 3 December, 9:30am—12:30pm

@ Pavilion of Tibetan culture

Align your body, mind and heart through Transformational Yoga and Sound Healing

In this workshop we will open and activate the chakras tuning up the body with sound, allowing ourselves to explore and express our voices in freedom diving into a Sound bath.



Afterwards we will move through the practice of Transformational Yoga aligning the Body, Mind and Heart. In each asana we will practice Pranayama, Brahmari and chanting a Mantra to open and activate the heart chakra.

All are welcome to embody a wonderful experience

For registration please contact:

- Lakshmi 8489764602
- Lakshmiprem369@gmail.com

Activity offered under
 Abhaya Assa trust

YOGA OF FORGIVENESS



WITH DR. SEHDEV KUMAR

- Professor Emeritus, Canada
- Internationally renowned Author, Poet, Mediator
- Author of "7000 Million Degrees of Freedom", "Ocean in a Drop: Verses of Kabir"

Verite, Saturday, 26 November, 2—4:30pm.

- From the Darkness of Hatred & Indifference to the Light of Forgiveness is a momentous step
- From Fear & Festering Revenge to the Courage of Being is the True Journey of the Spirit

We must let go
 What ties us to the prison bars
 And dream once again of Freedom.
 In this freedom alone
 lies our true
 Redemption.

- Register: +91 7867805812

Thank you,
 Sehdev Kumar,

www.lotusinthestone.com

SAFE TOUCH AND HEALTHY BOUNDARIES

SAFE TOUCH & HEALTHY BOUNDARIES
 WORKSHOP
 WITH PREM SHAKTI

SATURDAY 26TH NOV 2022 @ 2:00-6:30 PM
 HARMONY HALL, BHARAT NIVAS
 TO REGISTER WHATSAPP 9489244823

BHARAT NIVAS
 भारत निवास
 The Pavilion of India, Australia

Workshop on "Safe touch and healthy boundaries" is an awareness session including embodied exploration of safe, consensual touch and ways to respect our limits, as boundaries are the distance where we can love ourselves and others simultaneously.

To register for the workshop

- please contact Prem Shakti, 9489244823 WA

Submitted by Shakti Wierzbicka

HOLISTIC HEALTH CARE

Classes

Edu-Kinesiology (Brain Gym)

The Brain Gym helps and improves our ability to learn and increase our performance through 26 movements that activate specific neurological circuits. This technique is a great help for everyone and much appreciated by teachers taking care of children.

- **Starting** from December 5, 2022
- **Venue:** New Creation
- Every Monday, 17—18:30pm
- **Language:** classes given in French
- **Inscription:**
 - yehovind@gmail.com
 - +33 686928426 WA

Energy Yoga

This yoga is the synthesis of a simplified tantric technique of Indo-Tibetan inspiration. It is adapted to the Western and the modern world (no complicated postures).

Beginner level

- **Starting** from December 8, 2022
- **Venue:** New Creation
- Every Thursday, 17—18:30pm
- **Language:** classes given in French
- **Inscription:**
 - yehovind@gmail.com
 - +33 686928426 WA



Sessions

Kinesiology

Kinesiology uses muscle testing to interrogate the body, balance it holistically, and help the person achieve their health and wellness goals.

By appointment only

- yehovind@gmail.com
- +33 686928426 WA

Yehovind (Ricardo)

PITANGA



(0413) 2622403 / WA 9443902403

info@pitanga.in

Dear friends, please note that the

- **Feldenkrais classes with Aurovici are pausing** for some time for personal reasons.

If you wish to receive Pitanga's program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile!

Submitted by Andrea, on behalf of Pitanga



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, November 2022

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday to Saturday
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30-8:30am. Wednesday 4:15pm Friday 5:30pm, Only by Appointment.
Iyengar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30-8am. Monday, Thursday, Saturday, 5-6:30pm.
Qigong Yang Style, self-massage	9600094875, +353877420282	Monday to Saturday, 8:30-9:30am,
Chakra Breathing Meditation	(WA), Marco	Friday: 7:30-8:30am, by Appointment
Heartfull Meditation	Avanthika, 6380238326	Tuesdays 9:30am to 10:30am
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, by appointment 9943410987	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana, by appointment 9047654157	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacolouring	Meha, by appointment, 9443635114	Monday to Saturday
Shiatsu, Thai Yoga Massage, Osteothai, Somatic Bodywork. Only by Appointment	Marco, WA +353877420282 9600094875	Monday to Sunday
Chinese Fire Cupping and Moxibustion Therapy	Chun, 8098900708	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina: 9791719387, +39346225804, WA	Monday to Saturday (Morning)
Acupuncture	Dr. Mohammad Sahel, 9994208068 Only Appointment	Monday to Saturday
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarijyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

AUTHENTIC RELATING GAMES

Tuesday, November 15, 5:30—7:30pm

Tuesday, November 29, 5:30—7:30pm

With Prem Shakti @ Bharat Nivas Harmony hall

AUTHENTIC RELATING GAMES



Do you desire to go beyond the surface & connect deeply & authentically with others in a safe, playful environment?

**JOIN US IN HARMONY HALL, BHARAT NIVAS
15TH NOVEMBER 5:30-7:30PM**

♥ open to all
(not only couples)

BHARAT NIVAS
भारत निवास பார்ந்த நிவாச
 The Pavillion of India, Auroville

♫ bring a friend
or partner

☎ +919489244823

💡 suggested
donation ₹250

The intention of this offering is to create a safe container for heart centered, authentic expression that leaves us more alive and resourced, so we carry the light into the world.

Authentic Relating is a practice using exercises, or games, to teach the skills necessary to quickly create deep, meaningful human connection. It steers people towards a greater sense of wholeness—a defragmentation of the self into a more cohesive whole—through freely expressing our true experience in the company of others. It is an approach to cultivating more genuine, fulfilling, and mutually rewarding relationships.

Please bring comfortable clothes and your presence.

With love & authenticity, Prem Shakti



www.auroville-jiva.com, WA 9626006961
contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

Natural Horsemanship

- Individual and group sessions ongoingly

Mirrabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!



Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication—and it's just fun time to BE with a sensitive, naturally trained horse! Mirrabelle lives with horses since she was 3 years

young. Past 10 years she fulfills her life's dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse. Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care—hoofs, nutrition, psychology, care, riding and therapy!

- Sessions afternoons 4—6pm or mornings 8—10am

Contact: WA 9626565134, contact@auroville-jiva.com

Acupuncture, Qigong, Shiatsu with Andres

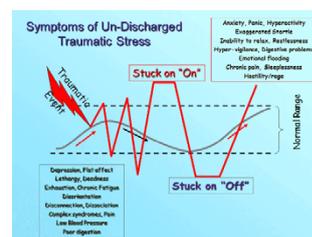


Andres Lokutta, is a experienced practitioner in Acupuncture (over 12 years), and further practices of Chinese Medicines: QiGong energy exercises, and Shiatsu: gentle stretches to increase energy flow.

Please contact us for an appointment via contact@auroville-jiva.com, WA 09626006961

Transforming trauma, 3 & 4 December with Sigrid

How to identify trauma and posttraumatic stress disorder? How to recover a person's full potential, energy and zest for life—and even integrate the wisdom of it all? 2 day workshop with theory and interactive exercises, A toolbox of techniques to apply in your therapeutic work.



The workshop is designed for therapists of body and mind, psychologists, and all who work with trauma.

Facilitator: Sigrid Lindemann, international faculty in integral regression therapy, Sensation method homeopathy, trauma therapy in Auroville for 20 years

- **Time:** 3 & 4 December, 9—5pm.
- **Venue:** Sharnga Guesthouse Yogahall, www.sharnaguesthouse.in

Integral regression therapy training

- Intro Session 13 December, 4:30—6:30pm
- Intro Webinar 14 December, 7—9pm

Integral regression therapy and energy work based on Sri Aurobindo and The Mothers integral Yoga, integrating trauma therapy, past life regression therapy, inner child work, NLP, and a client centric approach.



Typically, integral regression therapy addresses unexplainable pains, trauma from accidents or early childhood, questions about past lives, life purpose or restricting behavior patterns.

Sigrid: An in-depth training through a series of webinars the theory of this deeply healing approach is transmitted. Therapists wishing to integrate this approach in their psychotherapeutic or body- mind — healing work shall come for presence sessions, for four 3 day workshops to Auroville, to practice facilitating the 2hrs therapy sessions, and their own personal transformation.

- **The 7 Module training in Integral Regression Therapy starts end July with Modul 1 Reliving and transforming**

Sigrid Lindemann is integrating her large professional background in this focussed approach to transforming deep, longstanding issues towards an evolving consciousness and purpose of life. Sigrid is a transpersonal regression therapist, trainer in hypnotherapy and teacher of advanced classical homeopathy, with her background in Integral Yoga, living over 20 years in Auroville, Pondicherry.

All info: Sigrid contact@auroville-jiva.com, WA9626006961

Our Venue Sharnga Guesthouse

- www.sharnaguesthouse.in

Sharnga Guesthouse is a green oasis, with a huge Banyan Tree, horses, birds, a lively tropical garden, with a small pool, gym and rooms from simple to AC, single to family units. A Yoga Hall, AC lounge with big screen, and the great service and international cuisine make it a perfect spot.

YEP We do offer adventure camps with kids programs, <https://www.facebook.com/YEPAV> parallel with wellness and healing sessions for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

- We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution. Acupuncture, Shiatsu, QiGong, TaijiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Pregnancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966

Regular Offerings December 2022

Therapeutic Treatments	Therapists
Acupuncture	Linda
Aquatic Bodywork (Watsu®/ Oba® / Liquid Flow/ Waterdance)	Appie, Dariya, Daniel, Fred, Friederike, Guido, Orev, Roberto, Ursula
Ayurvedic Abhyanga Massage	Umberto
Ayurvedic Birenda Massage	Barath, Ellie, Kumar, Sheida
Ayurvedic Marma Massage	Kumar
Ayurvedic Niramaya Massage	Tatiana
Craniosacral Therapy	Shola
Deep Tissue Massage	Andrei, Shola
Etiomedicine	Lisa
Foot Reflexology	Linda, Sheida
Healing Touch Massage	Sami
Hypnosis Therapy	Shola
Kahuna Massage	Anwar
Lomi Lomi Massage	Umberto
Physiotherapy (Pt)	Jussi
Quantum Shiatsu Massage	Sami
Quiet Massage	Rita
Sound Healing	Sami
Thai Yoga Massage	Andres, Sheida
Traditional Chinese Medicine	Linda

NEWS FROM

AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space

Tomatis

There are few spaces available for both language & therapeutic programmes!

Please contact 4036922 or email us at tomatis@aurovillelanguage.org to schedule your Listening Tests & Consultations

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguage.org/tomatis-method.php>
- <https://www.aurovillelanguage.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: German with Verena

- **A1.1 Beginner German**

Great news for German Learners!

Verena will soon start a new A1.1 Beginner German Course! Verena has been trained through the Max Mueller Bhavan, Chennai/ Goethe Institute, and she brings a variety of interactive tools and offbeat approaches to her classes. We have always got excellent feedback on her course! By the end of this three-month course, you would be able to carry out simple conversations in German like introducing yourself, talking about your work, your family, your hobbies, and ask & answer questions about everyday things like shopping, restaurants, holidays, etc. No previous knowledge of German is needed for this course!

- Classes will take place Mondays & Wednesdays, 11am—12:30pm. Course starts in November comprising 36 hours of teaching over three months. Register soon! Limited spaces.

- **A1.2 Beginner German**

This course is for students who have already taken a Beginner Course with Verena in the past or have a basic knowledge of German. The course is meant to deepen the basics previously learned and further advance the learner's German language skills.

- Classes take place Mondays & Wednesdays, 9—10:30am. Course started on October 31 comprising 36 hours of teaching over three months.

New: English for Total Beginners with Rupam

If you can read this, then obviously this course isn't for you! But, if you know someone who could use some basic, everyday English in their daily lives, feel free to pass this along. This one-month semi-intensive course will begin with the alphabet and take the students through basic nouns, verbs, and simple sentence structures.

- Classes will take place Mondays, Wednesdays, & Fridays, 11am—12noon. Enquire now to register!

New: French with Jean-François

Jean-François's first round of French courses concluded last month and we received fabulous feedback from his students! His new batches have just commenced. We are filling up spots quickly but you can still register!

Jean-François is offering four 3-month (24-hour) courses:

• Beginner French

This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course started on November 5.
Classes take place Saturdays, 2:30—4:30pm.

• Beginner French for Teens

This course is for students between 13 to 16 years of age. The course is based on exercises that use many mediums like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- The course started on November 12, and classes take place Saturdays, 11am—12noon.
We have 3-4 spots left.

• French Conversation (Pre-Intermediate)

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François will also review the grammar useful for basic conversation.

- This course started on November 21.
Classes take place Mondays & Thursdays, 2—3pm.

• French Conversation (Intermediate)

This course is for those who have a good level in French. In this course, the basics of public communication like expression, understanding, argumentation, meeting participation shall be deepened. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. At the end of the course, students will also have reviewed the grammar useful for interaction.

- This course started on November 3.
Classes take place Mondays & Thursdays, 3:30—4:30pm.

New: Tamil Written and Spoken with Murugesan

Our teacher, Murugesan, is ready to start a new Beginner Written & Spoken Tamil Course. This course is for those who wish to enrich themselves with the complex beauty of the Tamil written alphabet and speech. Murugesan will explore the difference between spoken & written Tamil, and focus on developing listening & reading skills through songs & lyrics. Grammar will also be taught with an emphasis on practical usage. The new batch will start in November.

- Classes will take place Mondays & Thursdays, 10—11am. The course will start as soon as we have a minimum of 5 students. It will run for three months comprising 24hours of teaching.

English Conversation with Ramesh

Ramesh's classes are ideal for pre-intermediate and intermediate level English speakers. The course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, building listening comprehension, fluency and confidence in speech. Ramesh will also touch upon basic grammatical concepts.

- Ramesh runs two groups:
 - Mondays & Thursdays, 2—3pm and
 - Tuesdays & Fridays 3:30—4:30pm.

This is a monthly course.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place Tuesdays & Thursdays, 10:15—11:15am. Enquire now to join!

Spoken Tamil with Saravanan

Saravanan has been running this interactive and practical-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

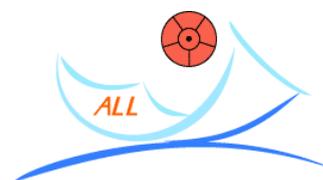
- Classes take place Tuesdays & Fridays, 9:30—10:30am. The course started November 1 and will run for three months comprising 24 hours of teaching.

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please [fill out our form](#) to join or inquire about any language classes at the Lab! You can drop us an email to info@aurovillelanguagelab.org, or call us at 2623661

- **Please Note** Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!



The Language Lab's Opening Hours

Monday—Friday:
9am—12pm & 2—5pm.

Saturday:
9am—12pm.

Location: International Zone,
after Unity Pavilion & Pump House.

Phone: (0413) 2623 661, 4036920/22.

Email: info@aurovillelanguagelab.org

Find us on    @aurovillelanguagelab
Auroville Language Lab Tomatis Research Centre



Current Schedule of Classes

Lan-guage	Level	Time	Day(s) Of Classes
English	Beginner & Pre-Intermediate	10:15—11:15am	Tuesday & Thursday
	Total Beginners To start soon	11am—12noon	Monday, Wednesday, Friday
	English Conversation Group 1: Started 7 November	2—3pm	Monday & Thursday
	English Conversation Group 2: Started 8 November	3:30—4:30pm	Tuesday & Friday
French	Beginner Started 5 November	2:30—4:30pm	Saturday
	Beginner for Teens Started 12 November	11am—12noon	
	French Conversation 1 To start 21 November	2 -3pm	Monday & Thursday
	French Conversation 2 Started 3 November	3:30pm—4:30pm	
German	A1.1 Beginner To start soon	11am—12:30pm	Monday & Wednesday
	A1.2 Beginner Started 31 October	9—10:30am	
Hindi	Beginner, Started 10 September	10am—12noon	Saturday
Tamil	Spoken Beginner, Started 1 November 2	9:30—10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start November	10– 11am	Monday & Thursday
Sanskrit	Beginner To start November	TBA	TBA
Spanish	Beginner: Group 1 Started 3 October	2:30—3:30pm	Monday & Wednesday
	Beginner: Group 2 Started 3 October	3:45—4:45pm	
Japanese	Beginner To start December	TBA	TBA
Italian	Beginner To start November	TBA	TBA

Submitted by Vismai



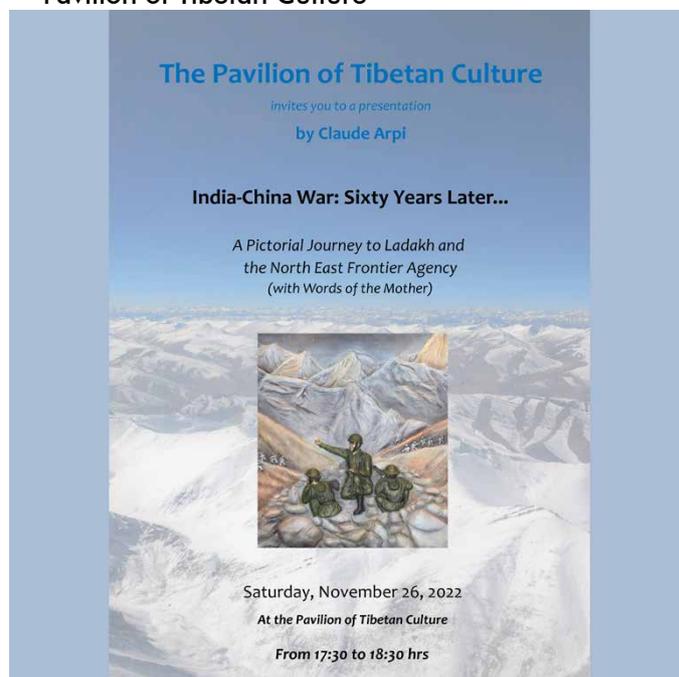
Interesting

INDIA-CHINA WAR: SIXTY YEARS LATER

A presentation by Claude Arpi

The Pavilion of Tibetan Culture invites you to a presentation by Claude Arpi *India-China War: Sixty Years Later...* A Pictorial Journey to the North East Frontier Agency and Ladakh, with Words of the Mother.

- **Saturday, November 26, 5:30—6:30pm**
Pavilion of Tibetan Culture



Sixty years ago, India had to go through one of the most dramatic episodes since her Independence.

In some ways, it was already predicted by Sri Aurobindo in 1950 in his Postscript to *The Human Cycle* and later in a letter to Amal Kiran as well as a discussion with Surendra Mohan Ghose. It was certainly not a simple occurrence.

On November 17, 1962, *The Mother* in *The Agenda* says: "The other conflicts were really very superficial, like minor ailments—skin diseases! Superficial things. There were some appalling horrors, utterly repugnant things, too, everywhere (I remember what happened in Algeria, I was kept informed and I knew what took place: horrible things). .. and yet they seemed. .. yes, they seemed like skin diseases of the earth! They were very superficial. But then suddenly up there [in NEFA and Ladakh], oh, it became something different. That was the impression: a very localized disease (anyone can catch it, but it's still very localized). While here, this conflict seems to have FUNDAMENTALLY disrupted something—profoundly. Is it because people THINK it may have a global consequence?... I don't know. Or is it truly the first sign of something very. .. very momentous?"

Claude Arpi, who recently visited Rezang La and Chushul, the main sites of the confrontation in Ladakh (in 1962 and 2020), will present the historical background through a series of extremely rare pictures of the conflict, but also maps and recent photos of the areas where the battles in Ladakh and the NEFA (today Arunachal Pradesh) took place.

The presentation showing the ground realities, as much as they can be reconstituted today, will include several quotes from the Mother, who saw the War from the highest level of Her Consciousness.

Submitted By Claude Arpi



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
 Film Program
 28 November 2022 to 04 December 2022

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Maintaining standard Covid protocols, i.e. temperature check, registration, and Mask (and not scarves) etc. are a must even now. Please come prepared. To organize seminar/program please contact us via email.

We continue to have issues with our projector. It is getting repaired, and we will continue the program with an older alternative. Clearly it is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian— Monday 28 November, 8pm
BABLI BOUNCER

India, 2022, Writer-Dir. Madhur Bhandarkar w/Taman-naah Bhatia, Sahil Vaid, Karan Singh Chhabra, and others, Comedy-Drama, 118mins, Hindi w/ English subtitles, Rated: NR (PG)

Babli belongs to a Haryanvi village bordering Delhi, famous for providing bouncers to clubs in the city. A chance encounter with Viraj changes the course of her life and she decides to take up the job of a bouncer at a club in Delhi. Eventually, when Viraj leaves her heartbroken, she finds true happiness in educating herself and taking her employment and her career seriously. *Unusual and interesting plot!*

Italian—Tuesday 29 November, 8pm
FREAKS OUT

Italy-Belgium, 2021, Dir. Gabriele Mainetti w/ Claudio Santamaria, Aurora Giovino, Pietro Castellitto, and others, Fantasy-Drama, 141 mins, Fantasy-Drama, Italian-German w/ English subtitles, Rated: R

Rome, 1943: Matilde, Cencio, Fulvio and Mario are the main freak attractions of the Mezza Piotta Circus—they are family. When the war hits Rome, the owner of the circus disappears in an attempt to find an overseas getaway for them all. The four friends are in disarray—but someone starts looking for them with a plan that could change the fate of the whole world.

Interesting—Wednesday 30 November, 8pm
HUMAN NATURE

USA, 2019, Writer-Dir. Adam Bolt w/ Jennifer Doudna, George Church, Alta Charo, and others, Documentary, 95mins, English w/ English subtitles, Rated: NR (PG)

The biggest tech revolution of the 21st Century isn't digital, it's biological. A breakthrough called CRISPR has given us, humans, unprecedented control over the basic building blocks of life. It opens the door to curing diseases, reshaping the biosphere, and also designing our own children. This is a provocative exploration of CRISPR's far-reaching implications, through the eyes of the scientists who discovered it. How will this new power change our relationship with nature? What will it mean for human evolution? To begin to answer these questions we must look back billions of years and peer into an uncertain future. *Don't miss!*

Selection—Thursday 1 December, 8pm
THE BIG SICK

USA, 2017, Dir. Michael Showalter w/ Kumail Nanjiani, Zoe Kazan, Holly Hunter, and others, Comedy-Drama, 120 mins, English-Urdu w/ English subtitles, Rated: R

Pakistani stand-up comic Kumail meets Emily, an American graduate student, at one of his shows—but is worried about what his traditional Muslim parents will think. When Emily suddenly falls sick, Kumail finds himself developing a bond with her parents. Inspired by Kumail's true story, this rom-com refreshes with its portrayal of coexistence and universal humanity.?

International—Saturday, 3 December, 8pm
VIVIR DOS VECES (Live twice, love once)

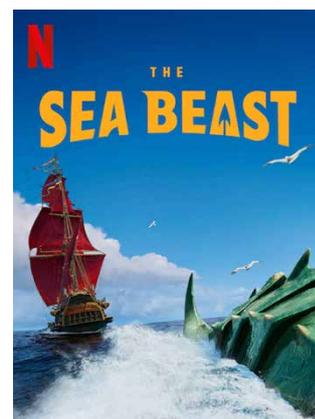
Spain, 2021, Dir. Maria Ripoll w/Oscar Martínez, Inma Cuesta, Mafalda Carbonell, and others, Comedy-Drama, 101mins, Spanish-Catalan w/ English subtitles, Rated: NR (PG-13)

A poignant tragic comedy about family, love, ageing, Alzheimer's and dementia. A successful Spanish mathematics professor, Emilio, faces the awful reality of Alzheimer's. He increasingly reverts to earlier memories of a lost love. With increasing support from his somewhat dysfunctional family, he, with his daughter and granddaughter embark on a crazy journey to find the love of his youth before he loses his memory, forging stronger family ties along the way. *A lovely film!*

Children's Matinee—Sunday, 4 December, 4:30pm
THE SEA BEAST

USA, 2022, Dir. Chris Williams w/ Karl Urban, Zaris-Angel Hator, Jared Harris, and others, Animation-Adventure, 110 mins, English, Rated: PG

In an era when terrifying beasts roam the seas, monster hunters are celebrated heroes. When young Maisie stows away on a great monster hunter's fabled ship, they take on an epic journey into uncharted waters.



Bruno Ganz Film Festival @ Ciné-Club
Sunday 4 December, 8pm

NOSFERATU (Nosferatu the Vampire)

Germany, 1979, Dir. Werner Herzog w/ Klaus Kinski, Bruno Ganz, Isabelle Adjani and others, Drama-Horror, 107 mins, German w/ English Subtitles, Rated: NR. (A)

The film is awash with style, texture and atmosphere. Visually stunning, complete with a haunting score, and exquisitely shot, this retelling of an old classic stands head and shoulders over nearly all of its peers.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. *Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.*

Thanking You,
 MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

Cinema

AUROFILM

presents at Multi Media Centre Auditorium, Town Hall

• **Reminder:** Friday 25 November, "Vision—From the Life of Hildegard von Bingen" by Margarethe von Trotta, Germany, 2009

• **Friday 2 December, 8pm: "Bob Roberts"**

Directed by Tim Robbins, US, 1992

With: Tim Robbins, Giancarlo Esposito, Ray Wise, Susan Sarandon

Overview: In his first movie as director, actor Tim Robbins explored with this unconventional comedy the make-off of a political campaign, with a touch of thought provoking yet visionary ideas. This documentary-style satire includes several original songs co-written and performed by writer/director/star Tim Robbins, and cameo appearances by other stars as reporters and news anchors.



Synopsis: In Pennsylvania in 1990, the election for the Senate opposes a conservative Republican folk singer, Bob Roberts, and the incumbent Democrat, Brickley Paiste. The film is shot through the perspective of Terry Manchester, a British documentary filmmaker who is following the Roberts campaign...

Original English version with English subtitles.

Duration: 1h44'

Kind regards, Susana

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday 2 December: Will roots save the world?

2021/ 42 minutes/ Stefanie Fleischmann, Christina Gantner
Plants must withstand periods of drought and heat, as well as flooding, and they use their roots to do this. Roots also help them actively search for nutrients in the soil, while warding off dangers such as pathogens and toxins. Now, scientists at the research institute Forschungszentrum Jülich in Germany are investigating root growth using high-tech methods. Along the world's coasts, too, roots are a life-saver. Coastal ecologist Professor Tjeerd Bouma has discovered that if special grasses are planted in front of dikes, they create a salt marsh that acts as a natural breakwater.



Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800 (Aurovilians & Newcomers/ No validity)
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108