



News Notes

#955 A weekly bulletin for residents of Auroville 29 December 2022



Matrimandir Gardens, Photo by Kripa

He who in his vastness is a continent of bliss, — the friend of the Soma-giver
and he carries him safely through, — to that Indra raise the chant.

You uphold earth and heaven, O Mitra King and King Varuna, by your greatnesses;
you increase the growths of earth, you nourish the shining herds of heaven, you pour forth the rain of its waters,
O swift in strength.

Rig Veda

There sight travels not, nor speech, nor the mind.

We know It not nor can distinguish how one should teach of It: for It is other than the known;
It is there above the unknown. It is so we have heard from men of old who declared That to our understanding.

The Kena Upanishad

Pondering



The true soul secret in us — subliminal, we have said, but the word is misleading, for this presence is not situated below the threshold of waking mind, but rather burns in the temple of the inmost heart behind the thick screen of an ignorant mind, life and body, not subliminal but behind the veil, — this veiled psychic entity is the flame of the Godhead always alight within us, inextinguishable even by that dense unconsciousness of any spiritual self within which obscures our outward nature. It is a flame born out of the Divine and, luminous inhabitant of the Ignorance, grows in it till it is able to turn it towards the Knowledge.

The Double Soul in Man, The Life Divine by Sri Aurobindo

Contents

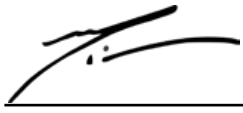
PONDERING	1
HOUSE OF MOTHER'S AGENDA	4
TOWNHALL SPEAKS	5
Land Board membership	5
Funds & Assets Management Committee Report December 2022	5
How will work be organized and distributed in Auroville?	5
Funds & Assets Management Committee Report, December 2022	5
From The Entry Service—ES # 163	7
COMMUNITY NEWS	7
Auroville Matters	7
Auroville United	7
Truth is Incompatible with Falsehood	8
Awakening Spirit	8
Amphitheater—Matrimandir: Meditation with Savitri read by Mother to Sunil's music	8
Daily Peace Meditation	9
Introduction to the Integral Yoga of Sri Aurobindo and the Mother	9
Alexandra David-Néel: 1911-1924 Journey through India, China and Tibet	9
Acres for Auroville	9
The Land Fundraisers New Year's Card	9
In Three Languages	9
Thank you	10
Heartfelt Gratitude	10
Happy New Year!	10
Happy new year to all!	10
Health Care	10
Aurodent—Dental Clinic	10
The Arts	10
Kalakendra: Paintings by Amitabh Sengupta	10
The World of Flowers and Leaves	11
The Divine Seed	11
Artist's Bio	11
Artist Statement	11
Krishna Das In Auroville	11
Manifesting the Galaxy & Ganesha Guided Tour	12
Illuminating 2023	12
Activities	12
Beginner's Course for the Indian Bamboo Flute	12
Edible Weed Walk	12
IPK mathematics activities In January	13
Assistance in mathematical understanding	13
Math behind an effective storytelling	13
Math exploration session for children	13
Walk with Us	13
Photo Circle Meets	13
The Regular Afternoon Painting Classes at Kalakendra	13
Aurogames Session At Humascape	13

Tango Dance Class	13
Salsa Dance Class	14
Swimming Class	14
Bharat Nivas: Regular classes & Cultural Events, January 2023	14
Harmony Hall	14
SAWCHU	14
Progress Hall	14
Sharanam	15
Kalakendra	15
Bhumika Hall: Sri Aurobindo Centre for Studies	15
Bharat Nivas Cultural Events	15
Looking For	15
Auroville Potter's Market Looking for Newspaper	15
Looking for a Long Term House Sitting	15
Looking for an Electrical Scooter Sharing Partner	15
Simple Office Type Software Laptop	15
Gatherings	15
Kalabhumi Meeting & Community Get Together	15
Projects	16
Ma-hom—Collective Housing	16
Collective Housing in the context of 1000 Aspirants	16
Collective Housing for Auroville	16
Honorary Voluntary	16
Gau Seva at Sadhana Forest!	16
Taxi Sharing	16
From Chennai Airport, 19 January, 10pm	16
To Chennai Airport, 22 January, 10am	16
To Chennai Airport, 12 January, 9:30am	16
To Chennai Airport, 8 January, 1 pm	16
Lost and Found	16
Rain Pants Found	16
Available	16
Mac book air M1 Available	16
Kittens Needs a Home	17
Help Needed	17
Fundraiser: Eyes that See, Photo Exhibition	17
Foods, Goods and Services	17
Eco Femme Open House	17
Reconnecting with your Inner Cycle	17
Auromode Hive Open House	17
Enlight for Conscious Tourism	17
Latest News from Inside India—Travel Shop	18
Voices and Notes	18
Auroville Radio	18
Last published podcasts	18
Compilation of letters to the Chairman of the Governing Board	18
Auroville Poetry	18
Why recall and regret?	18
The past	18
We watch so much drama	18

Classes, Workshops & Healing Arts	18
Angamtree	18
Mudra Chi 2023	19
Awareness through the Body Sessions	19
Shiatsu—an Art of Touch	19
Authentic Relating Games	19
Family and Systemic Constellation Workshop	19
Arka Wellness Center & Multipurpose Hall	20
Classes	20
Treatments	20
Inside Myself	20
Activities by Dr. Sehdev Kumar	20
Freedom From Fear	20
Peace Within: Peace Without	20
JIVA: your journey in healing and transformation	21
Natural Horsemanship	21
New: Webinars Natural Horsemanship with Mirabelle	21
Workshop in Holotropic Breathwork	21
Journey of the Soul,	21
Transforming trauma, with Sigrid	21
The Incarnating Soul Webinar	21
Our Venue Sharnga Guesthouse	22
Quiet Healing Center	22
Somatic Yoga Classes with Linda Lee	22
Liquid Flow Essence with Dariya & Daniel	22
Heartfull® Meditation Classes with Avantika Nirupama	22
Birenda Massage Course with Jean-Louis & Sivacoumar	22
Watsu 1 with Petra	22
Vérité Intensives	23
Prana Yoga: Tuning Life Energy Training (3-day workshop) with Ananda	23
Anatomy for Yoga Practitioners: The Knee	23
Yoga Nidra: Know your soul & Feel The Universe with Ved	23
Languages	23
News From Auroville Language Lab	23
The Language Lab's Opening Hours	23
Looking for a Volunteer	23
Tomatis	23
Current Language Courses at ALL	23
New: Sanskrit with Kaushal	23
New: Beginner Italian	23
New: Tamil Written and Spoken with Murugesan	23
New: English for Total Beginners with Rupam	23
New: Intermediate Spanish with Susana	24
German with Verena	24
French with Jean-François	24
English Conversation with Ramesh	24
Beginner and Pre-Intermediate English with Rupam	24
Current Schedule of Classes	24
A note to present and past students	25
To join or enquire	25

Cinema	25
Eco Film Club	25
Schedule of Events	25
Dirt! The movie	25
Aurofilm	25
Reminder: A Mexican Mini Film Festival	25
"Wendy And Lucy"	25
Cinema Paradiso	26
Film Program 9 January to 15 January 2023	26
N&N Guidelines	25
Hard deadline for submissions TUESDAY 3pm	25
How to submit material	25
Disclaimer	25
Emergency Services	26
Accessible Auroville Public Bus	27
The Last Moment	27
News & Notes: Auroville's internal collective instrument to share information	27





House of Mother's Agenda

Happy New Year!

"To My Immortal Children with My Immortal Love."
The Mother

(continued from last week)

Often our thoughts are finished cosmic wares
Admitted by a silent office gate
And passed through the subconscious's galleries,
Then issued in Time's mart as private make.
For now they bear the living person's stamp;
A trick, a special hue claims them his own.
All else is Nature's craft and this too hers.
Our tasks are given, we are but instruments;
Nothing is all our own that we create:
The Power that acts in us is not our force.
The genius too receives from some high fount
Concealed in a supernal secrecy
The work that gives him an immortal name.
The word, the form, the charm, the glory and grace
Are missioned sparks from a stupendous Fire;
A sample from the laboratory of God
Of which he holds the patent upon earth,
Comes to him wrapped in golden coverings;
He listens for Inspiration's postman knock
And takes delivery of the priceless gift
A little spoilt by the receiver mind
Or mixed with the manufacture of his brain;
When least defaced, then is it most divine.
Although his ego claims the world for its use,
Man is a dynamo for the cosmic work;
Nature does most in him, God the high rest:
Only his soul's acceptance is his own.
This independent, once a power supreme,
Self-born before the universe was made,
Accepting cosmos, binds himself Nature's serf
Till he becomes her freedman—or God's slave.
This is the appearance in our mortal front;
Our greater truth of being lies behind:
Our consciousness is cosmic and immense,
But only when we break through Matter's wall
In that spiritual vastness can we stand
Where we can live the masters of our world
And mind is only a means and body a tool.
For above the birth of body and of thought
Our spirit's truth lives in the naked self
And from that height, unbound, surveys the world.
Out of the mind she rose to escape its law
That it might sleep in some deep shadow of self
Or fall silent in the silence of the Unseen.
High she attained and stood from Nature free
And saw creation's life from far above,
Thence upon all she laid her sovereign will
To dedicate it to God's timeless calm:
Then all grew tranquil in her being's space,
Only sometimes small thoughts arose and fell
Like quiet waves upon a silent sea
Or ripples passing over a lonely pool
When a stray stone disturbs its dreaming rest.
Yet the mind's factory had ceased to work,
There was no sound of the dynamo's throb,

There came no call from the still fields of life.
Then even those stirrings rose in her no more;
Her mind now seemed like a vast empty room
Or like a peaceful landscape without sound.
This men call quietude and prize as peace.
But to her deeper sight all yet was there,
Effervescing like a chaos under a lid;
Feelings and thoughts cried out for word and act
But found no response in the silenced brain:
All was suppressed but nothing yet expunged;
At every moment might explosion come.
Then this too paused; the body seemed a stone.
All now was a wide mighty vacancy,
But still excluded from eternity's hush;
For still was far the repose of the Absolute
And the ocean silence of Infinity.
Even now some thoughts could cross her solitude;
These surged not from the depths or from within
Cast up from formlessness to seek a form,
Spoke not the body's need nor voiced life's call.
These seemed not born nor made in human Time:
Children of cosmic Nature from a far world,
Idea's shapes in complete armour of words
Posted like travellers in an alien space.
Out of some far expanse they seemed to come
As if carried on vast wings like large white sails,
And with easy access reached the inner ear
As though they used a natural privileged right
To the high royal entries of the soul.
As yet their path lay deep-concealed in light.
Then looking to know whence the intruders came
She saw a spiritual immensity
Pervading and encompassing the world-space
As ether our transparent tangible air,
And through it sailing tranquilly a thought.
As smoothly glides a ship nearing its port,
Ignorant of embargo and blockade,
Confident of entrance and the visa's seal,
It came to the silent city of the brain
Towards its accustomed and expectant quay,
But met a barring will, a blow of Force
And sank vanishing in the immensity.
After a long vacant pause another appeared
And others one by one suddenly emerged,
Mind's unexpected visitors from the Unseen
Like far-off sails upon a lonely sea.
But soon that commerce failed, none reached mind's coast.
Then all grew still, nothing moved any more:
Immobile, self-rapt, timeless, solitary
A silent spirit pervaded silent Space.

Sri Aurobindo, Savitri—A Legend and a Symbol
Book 7: The Book of Yoga,
Canto 6: Nirvana and the Discovery
of the All-Negating Absolute

https://sri-aurobindo.co.in/workings/sa/2829/0039_e.htm

Townhall Speaks

LAND BOARD MEMBERSHIP

Dear Community, we would like to inform you that Helena Becker has resigned from the Land Board as of 1 November 2022 and that the terms of Rajavelu and Renu have expired in August 2022.

The remaining members are Raja N, Satyakam, Padmanabhan and Venkat. The Council is looking at the next Land Board member selection process to fill the current vacancies.

Sincerely, Auroville Council
(Balaji, Claudine, Julia, Philippe,
Samrat, Shiva, Shivaya, Suryan, Svenja)

FUNDS & ASSETS MANAGEMENT COMMITTEE REPORT December 2022

AUROVILLE

FUNDS AND ASSETS MANAGEMENT COMMITTEE

FOUNDATION

ACUR, AUROVILLE 605 101
TAMIL NADU, INDIA
adminfamc@auroville.org.in

How will work be organized and distributed in Auroville?

Money would be no more the sovereign lord. Individual value would have a greater importance than the value due to material wealth and financial position. Work would not be there as the means for gaining one's livelihood, it would be the means whereby to express oneself, develop one's capacities and possibilities, while doing at the same time service to the whole group, which on its side, would provide for each one's subsistence and for the field of his work.

The Mother

The important thing is the execution which is to be carried out without ever losing sight of the ideal we want to realise.

The Mother, December 1968

Funds & Assets Management Committee Report, December 2022

- All assets, buildings, farms, forests, lands are resources that belong to the Divine Mother to be optimally and diligently used by all. The assets are held in a structure-The Auroville Foundation-amenable to the laws of the land.
- FAMC has been set up in the Act to coordinate the funds & assets of Auroville held in trust for all. In view of this, the thrust of FAMC is to move forward on compliance, accountability and transparency in all areas pertaining to funds, assets, utilization and coordination with necessary human resources for the best results.
- We have reviewed and scrutinized SAIER budget and disbursements for all its entities. A meeting is held with the SAIER executives and Ashok da to find a common approach to review all the pertinent educational sectorial finance and operational needs.
 - It was recommended to define a budgeting process for schools and make a criteria based on the type of school.
 - To review the roles & responsibilities of the AV school board.
 - SAIER will organize a meeting with the AV school board & outreach board and asked FAMC to be present for that meeting.
 - It was proposed that the budgeting exercise for the coming year will be done along with a FAMC member
 - FAMC & SAIER jointly need to prepare guidelines for SAIER.
- Work is progressing with two large and diverse Auroville units to set up as a test-demo for centralized accounting with digitization. Digital Accounting Central platform

and server testing and upgrade is progressing. We aim to roll out a collective accounting platform to begin in the coming financial year.

- FAMC team has been working closely with the BCC team since the last three months. During this scrutiny of the contributions to city services by individual residents it has been ascertained that over six hundred residents do not contribute to the city services. We have launched a collection of CS Contribution from these residents. We will keep you updated about the data soon. BCC work processes review is done. Process automations for routine tasks have been defined and implementation is undergoing.
- In preparation for the upcoming financial year accounts consolidation from all the trusts, units AVFoundation called for a meeting of the main audit services firms that do Trust level audits. Discussion ensued to pull in the trust level accounts consolidation in order for Auroville Foundation level consolidation of accounts to be completed in May 2023. In discussion with the auditors it was identified that there was a big discrepancy in the noted reporting in income shown earned and in that income for which GST is recorded. Review is ongoing on the reporting and consolidation of GST and the earned amount to be matched locate the discrepancies.
- The Centralized Accounts platform is tested out with connectivity to the various accounting units of Auroville to check the performance of the access and the use and upkeep of the hardware and software platform.
- Pilot digitization process is ongoing with two units of Auroville to showcase the need for an online and digital systems for accounting for meeting the requirements for ready submission of GST across all the units and tracking of invoices, bills, and other necessary documents using systems and mobile handy apps.
- House asset registry audit has begun this month by the Housing Service along with a few temporary persons to help. Technical database application is developed for capturing the proper building assets data. GIS information and other pertinent parameters for the building are defined by ATDC, FAMC and Housing and these are digitally recorded by the Housing Survey team on the ground. Data quality is being checked now before the rest of the work is undertaken for completion.
- Housing Policy (2011) & Housing Mandate (2018) are revised and internal feedback and review is carried out. These drafts will be shared to the residents for feedback soon.
- FAMC is moving to eliminate monetization of housing assets in Auroville as per the regulation of donations. The attachment of a housing asset to the stewards as has been practiced in Auroville has led to many wrong precedents that don't stand the scrutiny of the required contribution regulations. FAMC and Housing Service is preparing statistics on previous house repair budgets, house transfers, office administration expenses, repatriation requests etc. to determine a realistic pricing for the transfers that are detached from the market valuation methods that were resorted to before for house transfers. The new transfer policy is undergoing revision and the methods are being reviewed.
- So far City Services Contributions by Units & Activities are not coming in a timely manner. There are several issues that contribute to it, for eg, traditionally, the tabulation of the contribution is always offset by one and a half year (Calculation of contribution schedule for 2020-21 was just completed in November and calculation for 2021-22 is still pending) to the fact that some Units & Activities have kept pending their contributions for over a few years. FAMC and BCC are now looking into this issue and looking at viable options to have the contribution be submitted in a timely manner by all. Review is also on-going to identify low performance activities who don't contribute to the City Services to seek to strengthen them or to close these.

- BCC budget requests from the municipal services were launched in December this year for the upcoming financial year 2023. The whole process is done using an online process tracking method to help streamline the process. This will help towards understanding the current annual budget of Auroville as a whole.
- All of the BCC budgets will be now put into proper tally accounting formats so that by the end of March, 2023 financial year, the full BCC budget will be ready for proper consolidation with the Auroville Foundation accounts. This will be the first time the exercise will be effected using proper accounting methods.
- FAMC, Working Committee and the Land Board teams are meeting bi-weekly to review the ongoing work. As needed more review or follow up work is undertaken by team members.
- FAMC had a meeting with Sri Ma stewards to understand the overview of the hospitality campus and possible suggested changes that will make the enterprise more welcoming and effective for a full potential for Auroville.
- Meeting was held with the Guest House Trustee and the GH trust accountant to review the overall operational dynamics of the trust. We reviewed the booking processes and guest registration and payment flow. We shared the observation that of the 14 large guest houses, some of them had reported nil contribution and some others very low contribution to the rate of a turnover worth two maintenance only for the whole operation. This was asked to be looked into and followed up. We also requested to get two more executives of the guest houses under the GH trust to step forward to take up the trusteeship role.
- Meeting with the Hospitality trustees will be scheduled in the coming month.
- FAMC urges all the stewards of “large” and small guest houses to contribute to the central fund as best as possible. The assets and goodwill for Auroville are for the overall support of the community at large.
- Discipline Farm review is completed. Changes are to be implemented.
- Ongoing initiatives:
 - Gratitude Farm engagement in the Demo Farm of Auroville.
 - Understanding Housing Service processes to make them simple and focused.
 - Prosperity work.
- New initiative started:
 - Digitizing & Centralization of all AV accounts, two units under test setup
- Work in reviewing or update of policies and mandates:
 - Upgrade request from large activity to unit is under review and follow up—list of entities given.
 - Review of those who have not progressed is underway.
- Work is begun to review low performance units over many years in operation to strengthen them or close their activities and engagements.
- Urgent items, routine items:
 - Review of funds distribution on recurring expenditures, collections
- Challenges:
 - Work Plan for sub group—Green buffer zones of the Master Plan.
 - Review of farm group submitted work plan to jointly make it realistic and expand the acreage under cultivation with needed training, infrastructure and technical support
- Resource people needed for the following teams:
 - House team
 - City Parks & Green buffer spaces Service planning
 - BCC team
- Integral Information Service
- Prosperity Sector
- Items still pending/ongoing –
 - Health Sector finance is being looked into.
 - Discipline Farm
 - Review of the SAILER regards budgets, finances, educational resources
 - 400 residents did not respond to the request to support City Service municipality
- As is evident, FAMC has a huge amount of work to do. We need collaboration from the community and we request all people with skills in management and accounting, as well as people with goodwill and willingness to work, to contact us.
- **Units and Trusts issues**—Appointment, reappointment or resignation of trustees, unit executives and activity manager:
 - **International Centre for Strategy and Communication** is a new activity under the umbrella entity **LEAD** (Learn Experience and Develop.) The scope of the work is *“Advancing knowledge in the field of strategy, communication and research based information.”* Lakshay DHARAN and Manisha MUNJAL are appointed as managers from 2022-12-10.
 - **Kattida Kalai Trust** under **Auroville Foundation**. Trustee Changes Resignation of Jean-Marc MORENO, Carlos HERRERA and Palani MANI dated to 2022-12-21. Reappointment of Margarita CORREA JARAMILLO and Debabrata SAHOO. Appointment of Arnout LEMAIRE dated from 2022-12-07 to 2027-12-06.
 - **Angam Tree Wellness Research and Education Centre** is a new activity under the umbrella entity **LEAD** (Learn Experience and Develop). The scope of the work is *“The service being focused on ensuring the continuity of the ancient and traditional arts of wellness and therapy handed down through generations. The word healing is the channeling and re-balancing of the energy points in the body, Using the therapeutic use of touch, sound and movement to reduce stress and anxiety”.* Raja NARAYANASAMY is appointed as manager from 2022-12-31.
 - **Enlight** is a new activity under the umbrella entity **LEAD** (Learn Experience and Develop). The scope of the work is *“Creating awareness about responsible and conscious tourism and Encouraging alternative and more mindful experiences and interactions between service providers , local communities, travelers and the environment, a blend of wisdom and pragmatism, Provide all an opportunity to learn and experience the open university of self learning through mentorship”.* Anandabaskaran VEERAPPAN, Balaji SRINIVASAN and Arun SELVAM are appointed as managers from 2022-12-31.
 - **Artisan Revolution** a unit under **Artisana Trust**. Appointment of Ms. Lila Zirnheld as an additional executive dated from 2022-12-31 to 2025-12-30. The other executives are Fabien BONTEMES & Mirra TARDEIL.
 - **Youth Link**, an activity under **LEAD**. Resignation of Kavitha SELVARAJ and Sathish VENKATESAN as managers dated to 2022-12-31. Appointment of Minpyo JEON and Sanata PRAKASH dated from 2022-12-31.
 - **Sangili**, an activity under **LEAD**. Resignation of Sophie HAUSER usage BALDWIN as manager dated to 2022-12-31. The current manager is Mr. Sundaram Sivakumar
 - **VSB Computers**, an activity under **ASSA**. Resignation of Aravindh JOSEPH as manager dated to 2022-12-31. The current manager is Mr. Venkatesh KANAKARAJAN.

In Her Service,
Smiles, FAMC (Chandresh, Geeta, Kalya,
Sathyanarayan, ShankarDev and Torkil)

FROM THE ENTRY SERVICE—ES # 163

Dated: 05-01-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- Felicetta BRADONI (Italian) staying in Sharnga and working at Dynamis
- Sarvadhini TAMIZHARASAN (Indian) staying in Udavi School Campus and working at Udavi School



Felicetta



Sarvadhini

CHILD OF NEWCOMER:

- Adithya TAMIZHARASAN (Indian) born on 30/08/2015 (son of Sarvadhini)

NEWCOMER CONFIRMED:

- Edoardo FASSI (Italian)
- Sandhiya SARAVANAN (Indian)
- Sedhupathi KARUNANITHI (Indian)



Vasantha

RETURNING AUROVILIAN ANNOUNCED:

- Vasantha JANI (Indian) staying in Fraternity and working at Matrimandir

AUROVILIAN CONFIRMED:

- Saravanan MUNUSAMY (Indian)



Dharani

SPOUSE OF AN AUROVILIAN ANNOUNCED:

- Dharani SARAVANAN (Indian) staying in Humanscapes (wife of Saravanan MUNUSAMY)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Board
Alain, Aure, Dheena,
Jayanthi, Lakshmanan, Matilde,
Matrivasad, Ramanarayana and Swadha



Community News

Auroville Matters

AUROVILLE UNITED

The New Year 2023 arrives as a moment that demands we make a choice in accordance with what is real, where we are going and what we are clinging to. What is Real? Real is Auroville. The call of the Mother that brought us here to create a new society of the people open to change and transformation. Surrender to the Divine and Transformation are the key words for the process that moves Auroville.

There are different forces, there are Divine forces, there are Hostile forces, one can say. So? The inner work and transformation presume the work of your psychic being to transform the energy of the darkness into Light. If the outer circumstances have become unbearable it means only that you have been given enough energy to transform and evolve. And that you could not understand the need for transformation when the problems were less.

As a New Comer (this year I am 19 years in Auroville) I heard a lot about Surrender. Each time when I tried to fight for what I considered right, old Aurovilians used to tell me: do not fight, surrender to the divine, find peace inside the heart, and a solution will come. That was hard to believe, but it worked. And it was true—only following this way I could evolve through the life in Auroville. Following the flow creates the optimal way for your journey.

Another advice that they gave me: conflict shows that there is a need for the change on both sides involved, do not take it personal, put it in between, and the best is to look into the heart and sort out what inner obstacle makes you fight instead of accepting reality and acting accordingly in a constructive way. That applies to both sides, but you can decide only for yourself.

That's why I am surprised by the endless fight within the RA and RA groups and committees, where there are so many old Aurovilians, with the Foundation.

Change has arrived, this is the fact. You can accept it or not, but life is like that. And still there is Auroville, there is the community, there is the Divine reason behind what is happening. The base of the old human order of Auroville has exploded. Some people were waiting for the change to come. The others were shocked and got hurt. But Change has happened. Like a tornado. When tornado comes, you do not fight with it, you try to do the best to rebuild the new world in the place of the destroyed one.

That's why I am surprised: instead of trying to make constructive steps for Auroville we all love and care about, to find possible solutions through the changed rules of the game, a big group of wonderful, clever and powerful people put all their efforts into the political fight, use their energy for the destructive confrontation.

The Rules Have Changed. But Auroville is here and nobody canceled the Divine Mother. Maybe it is time to switch from confrontation to the search for the solution (not how to bring back the old rules), what can we do best for Auroville and Auroville people in existing conditions?

The cynic and critical articles and reports—from whatever side they come—convey the feeling of fear, instability, fight and aggression to the readers. I am sure that these are not the feelings we need in Auroville to grow.

When you are writing your article, please look into your heart, what intention is behind it? To help Aurovilians in this difficult and painful time, or to make people feel more pain?

I would like to use the Dalai Lama's actions as an example. He gives his teachings to Chinese people even though he has

lost his motherland because of China invasion. Why can't we use His Approach as a reply to the things that hurt us?

I define News & Notes as the starting point of a united society. Auroville, Mother, Transformation—it is the base of our society that can never be shaken or broken.

What is happening on a material level—is the quest for our hearts that we have to sort out in The Mother's way—through inner transformation.

We respect all sides, we encourage people to put the best in their real work for Auroville in all the spheres of their life. There are so many things not yet done, not yet invented, not yet created.

In Georgian tradition there is a rule: when a woman throws a shawl in between fighting men they have to stop. I would like to throw the shawl in between Foundation and Residence Assembly.

Let's go down from the political, social to personal level, look into the eyes, connect the hearts and start building the new Auroville for the Mother, for the Divine, for the Evolution of the Universe.

AgniJata, News & Notes

TRUTH IS INCOMPATIBLE WITH FALSEHOOD

"Overmind is obliged to respect the freedom of the individual ..."

Oh, that's a revelation! I didn't know that.

"...including his freedom to be perverse, stupid, recalcitrant and slow."

Supermind is not merely a step higher than Overmind—it is beyond the line, that is a different consciousness and power beyond the mental limit."

(then a question:)

"Do you imply that the Supermind will not be obliged to respect the freedom of the individual?"

(Sri Aurobindo replies:)

"Of course I do! It will respect only the Truth of the Divine and the truth of things."

(September 18 & 19, 1935)

Oh, that's very interesting. It's wonderful, put it!

Then there's another text, but I am not sure ...:

"The scientific, rationalistic, industrial, pseudo-democratic civilisation of the West is now in process of dissolution and it would be a lunatic absurdity for us at this moment to build blindly on that sinking foundation. When the most advanced minds of the occident are beginning to turn in this red evening of the West for the hope of a new and more spiritual civilisation to the genius of Asia, it would be strange if we could think of nothing better than to cast away our own self and potentialities and put our trust in the dissolving and moribund past of Europe."

Centenary edition, Vol. 17, p. 196.

I didn't know he had said that....

I don't know if it's very wise to say it.... But it's very true."

The Mother's Agenda, July 27, 1968

https://sri-aurobindo.co.in/workings/ma/agenda_09/1968-07-27-01_e.htm

"One must choose between living in falsehood and living in Auroville, the two are incompatible."

May it be true!

We could say that those who get drunk do it to forget; but one doesn't come to Auroville to forget: one comes to Auroville, on the contrary, to remember.

Yes, we might rather put it in that form.

But the idea was mostly to insist on the **CHOICE**. Living in Auroville is a **CHOICE**. It's a choice, an attitude you adopt, a decision you make. Living in Auroville is a choice, you choose a certain life. But once you choose one thing,

some others become incompatible.... At any rate, living in Auroville is an **ACTION**, a decision you make, an action.

But this (Mother points to her note) is a concession to the present state of mankind..."

The Mother's Agenda, April 6, 1968

https://sri-aurobindo.co.in/workings/ma/agenda_09/1968-04-06-01_e.htm

∞

In the cycles of impermanence

The Supreme gives,

The Supreme takes,

With a "smile of love

that sanctions the long game",

Until such time

That the evolutionary push

Towards the Divine Manifestation

Exponentially hastens

With an intensified action.

∞

(Mother remains very tired. She nevertheless listens to a long paper on Auroville, which she rejects, and prepares with Satprem a note summing up the ideal of this future city:)

"For millennia, we have been developing outer means, outer instruments, outer techniques of living—and finally those means and techniques are crushing us. The sign of the new humanity is a reversal in the standpoint, and the understanding that inner knowledge and inner technique can change the world and master it without crushing it."

"Auroville is the place where this new way of living is being worked out, it is a center of accelerated evolution were man must begin to change his world through the power of the inner spirit."

Then Mother goes into a long contemplation

It seems to be an accelerated transformation, it's a little crushing.

We'll see."

The Mother's Agenda, August 3, 1968

https://sri-aurobindo.co.in/workings/ma/agenda_09/1968-08-03-01_e.htm

We'll see...

Om Namo Bhagavate

Zech, 2022.12.30

Awakening Spirit

AMPHITHEATER—MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music

5:30 to 6pm, every Thursday at Sunset



We follow the sun and the timing changes with the season...

We are restarting from Book 1. Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.
- **Dear Guests,** please carry your Guest Card with you
- **Access only for the Amphitheater from 5:15pm.**

Thank you,

Surya & Velmurugan
(Amphitheater team)

DAILY PEACE MEDITATION

Unity Pavilion, Peace Hall

Monday, Tuesday, Wednesday, Friday 6 to 6:45pm

Thursday 5 to 5:45pm



Submitted by Arun

INTRODUCTION TO THE INTEGRAL YOGA

of Sri Aurobindo and the Mother

Tuesday, 10 January, 9am—12noon

Introduction to the Integral Yoga of Sri Aurobindo and the Mother on Tuesday, 10 January, at 9am—12noon



- **Focus:** The Inner being,
- **Led by:** Ashesh Joshi
- **Place:** Mirabelle Education Centre, Auromodele
- **Contact:** 9489147202.

All are Welcome,
Ashesh Joshi

ALEXANDRA DAVID-NÉEL

1911-1924 Journey through India, China and Tibet

Monday, January 9, 2023, 4pm at Savitri Bhavan.



Duration: 104 min.

Alexandra David-Néel was born in 1868, studied oriental philosophy in Paris, the Gita, the Upanishads and Buddhism and was the first Western woman to visit Lhasa. The aim of her journey was to experience the supreme beatitude, which frees one from all attachments, and to see the land of snow.

This remarkable woman was a close friend of the Mother in Paris. She also visited Sri Aurobindo in Pondicherry in 1912 and met both the 13th and 14th Dalai Lamas on her travels in 1911-1924 through India, China and to Tibet.

Being a well-educated writer, she described in considerable details the meetings and experiences she had during her travels. Her records were published in books and were used as the base for the film.

Interestingly, some Aurovilians act in the film, and Manoj Pavitrnan plays the role of Sri Aurobindo.

The film from 2012 by Pierre Javaux Productions and ARTE France / Fit Productions is in French with English subtitles.

Submitted by Margrit



Acres for Auroville

THE LAND FUNDRAISERS NEW YEAR'S CARD

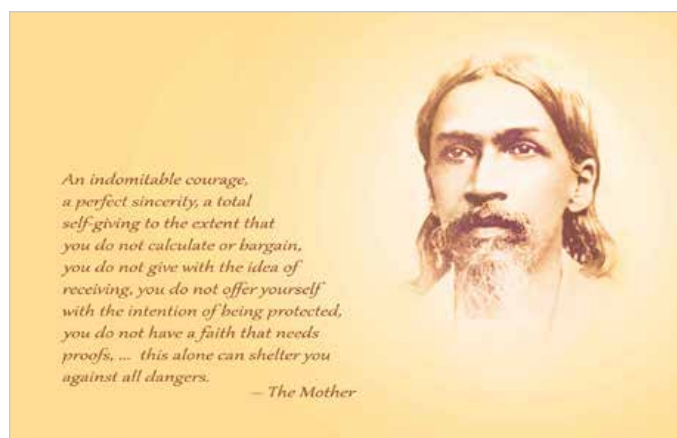
In Three Languages

A Warm Welcome To New Year 2023!

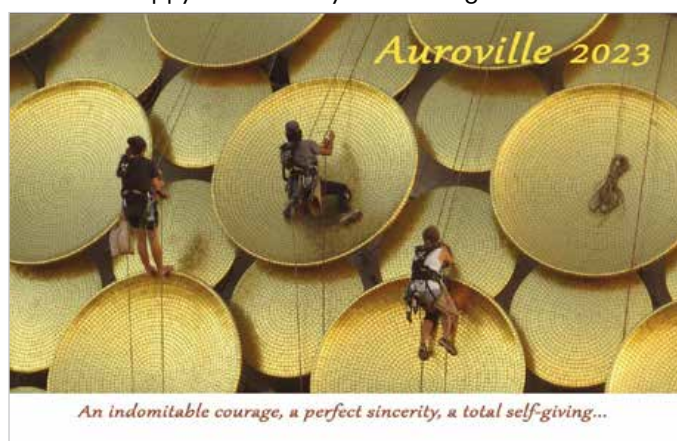
Dear Friends of Auroville's Beautiful & Harmonious Development, we are happy to share with you our annual New Year's card with its inspiring message of aspiration and unity. To see our card in three languages—English, Tamil and French:

- <https://land.auroville.org/our-2023-new-years-card-land/>

The original English version of our cards is available for free at the Town Hall Kiosk, Information Service at the Visitors' Center, the Unity Pavilion and the two Pour Tous centers (PTDC and PTPS). We invite you to take a card for yourselves, friends, and well-wishers to share our message for this New Year 2023.



We also take this opportunity to remind you of the inspiring and encouraging information we have shared during the past year in our four quarterly newsletters. They include the stories of four Auroville pioneers, four new Aurovilians (adding to Auroville's international mix), the history of land consolidation over the years as well as the past eight years of the Acres for Auroville campaign, our beautiful allied Art for Land support action, and the many solidarity creations and actions that support our efforts. If your busy 2022 didn't permit you to read them before, here are the links for some happy end-of-the year reading!



- A4A Newsletter For 21 February 2022—The Birthday Month
<https://land.auroville.org/a4as-february-2022-newsletter/>
- A4A 24 April Newsletter: A Fresh Update For Our Extended Auroville Family
<https://land.auroville.org/a4a-24th-april-newsletter-family/>
- Special Newsletter—Celebrating Sri Aurobindo's 150th Birth Anniversary & A4A's 9th Year
<https://land.auroville.org/a4a-15th-august-newsletter-family/>
- A4A November 2022 Newsletter & Re-Connect!
<https://land.auroville.org/a4a-24th-november-re-connect/>

This year has seen the addition of 10 new plots (comprising 9 acres & 84 cents) in the planned township area of Auroville (City & Greenbelt). We thank you for your valued support which is at the base of this progress. Solidarity works—so let us keep up our collective dynamism!

By supporting Auroville's harmonious land consolidation, together we strengthen Auroville's ability to be an inspiring beacon of hope and light.

With confidence in Auroville's bright future, our sincere appreciation, and our warmest wishes for a happy, harmonious and enriching 2023,

Lands for Auroville Unified (LFAU) and its two campaigns: "Acres for Auroville" (ALL Master Plan land) & "GreenAcres" (Greenbelt only)

Contact, News, videos, land and donation information:

- www.land.auroville.org
- lfau@auroville.org.in

*Warmest thanks and in solidarity,
Mandakini*

Thank you

HEARTFELT GRATITUDE



Dear Sponsors, warm seasons greetings and wishes for the year 2023 being even more magnificent and abundant.

We, at Unity Pavilion, take this opportunity to express our heartfelt gratitude to **AV Bakery, FoodLink, Mason & Co, Auroamirtham, PTPS, HERS, Tanto, Naturellement, MM Cheese and Auroorchard** for your generous donation of the requested items towards the X'mas celebrations.

The joy of the community coming together as a family, almost about 350+, to celebrate (after almost two years) was palpable. The fun and delight in cutting and making the decorations, the energy of the games and chants and finally the happiness of dancing. Food made with love and care was happily taken in and the smiles spoke volume. A big shout out to the Secret Santa who with his presence and lovely gifts made the children happy.

The above has been possible only with your generous support, deeply appreciated. Thank you from our hearts to yours and may this abundance be returned to you in manifold.

*Warmly and with love,
Arun, for Unity Pavilion Team*

Happy New Year!

HAPPY NEW YEAR TO ALL!



Dear friends, we would like to wish all of Auroville a new year filled with progress, light, and the certitude that all obstacles are only opportunities for growth.

May we transform difficulties into occasions to be together, and to collectively walk closer to the ideals of Auroville.

*In faith, Aravinda, Bharathy, Chali,
Hemant, Maël, Sauro, Valli*

Health Care

AURODENT—DENTAL CLINIC



Dental Clinic
Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

The Arts

KALAKENDRA: PAINTINGS BY AMITABH SENGUPTA



ARTWORLD
SARALA'S ART INTERNATIONAL



Artworld invites you to an exhibition of
paintings by
AMITABH SENGUPTA



Venue: Kalakendra Art Gallery

Time: 9 to 5pm.

Open on Sundays also

Exhibition extended

1st to 15th January 2023

artworldchennai@gmail.com, artworldindia.com

9840850839/ 9442121315

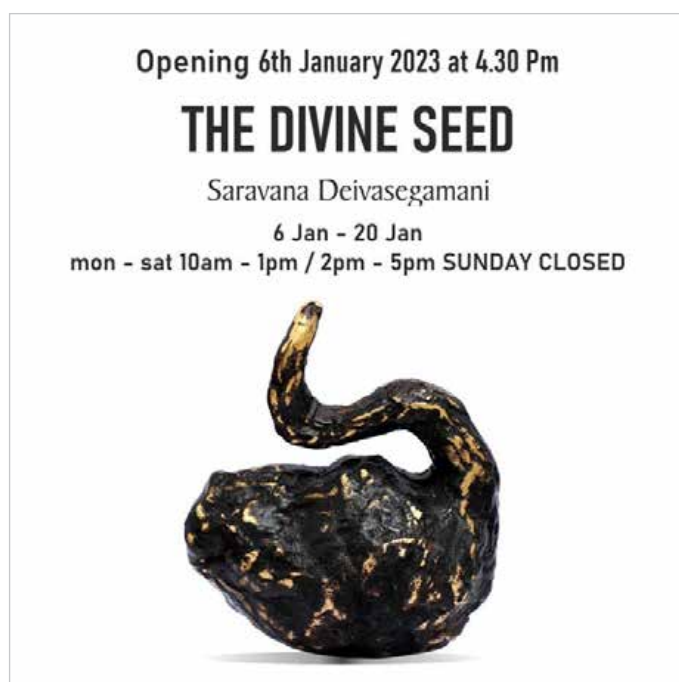
*Tapas, for Kalakendra,
Bharatnivas*

THE WORLD OF FLOWERS AND LEAVES



*Happy New Year!
Jin, for Shradhanjali*

THE DIVINE SEED



Centre d'Art Gallery, Auroville invites you to an exhibition "The Divine Seed" by Saravana Deivasegamani

- **When:** Exhibition opening on Friday, 6 January, at 4:30pm
- **Exhibition Dates:** 6—20 January
- **Gallery hours:** Monday to Saturday, 10am—1pm, 2—5pm. Sunday is closed
- **Where:** Centre d'Art Gallery, Citadines, Auroville.



Please Park at town hall.

Free pickup and drop from the visitors Center on Friday and Saturday from 2:30 to 4:30pm.

The Divine Seed

Saravana Deivasegamani's love of nature drives his passion for sculpting. The seed has a special place in his inner meditations. It is not an inert object but a spiritual symbol that connects the human with the divine.

Saravana's solo exhibition, *The Divine Seed*, is an ode to nature. In this show, the Aurovilian artist presents a set of evocative sculptures and installations inspired by the many forms and manifestations of the natural world. Made of wood, metal, and reclaimed natural material, Saravana's carefully constructed, structurally balanced and visually alluring artworks prove his technical competence, ingenuity, as well as conceptual understanding of man and nature.

Artist's Bio

Saravana (b. Puducherry, 1984) is essentially a self-taught artist. He began his career as a metal craftsman and decorative grill designer. Over time, he honed his skills in fine art sculpting through self-study, experimentation, and vigorous practice. His first major exhibition was held in 2016 at Gallery Square Circle, Kala Kendra (as part of a two-person show with eminent painter and fellow-Aurovilian Juergen Puetz). The same year, his sculptural installation titled 'Creators' made entirely of natural Palmyra seeds won the National Award of the Lalit Kala Akademi. His award-winning work was displayed at the 58th National Exhibition in the National Gallery of Modern Art, Bangalore. He was also invited to the national artists' conclave in February—March 2017. Since then, Saravana has participated in a number of group exhibitions, artists' camps and workshops in Puducherry, Chennai, Bangalore, New Delhi, and Hampi. He has also conducted lecture demonstrations on how to convert scrap/found material into evocative art objects.

Artist Statement

I am a nature artist. For me, the concept of 'Nature' is intrinsically linked to both my life and work. I have seen, felt and learned how nature can nourish as well as affect human existence. Without Nature, there is no life, no humanity, and no existence. I spend most of my waking hours in the wild—watching and being one with nature and its glorious manifestations. In my art, I give shape to my reflections, experiences, and wonder of being with Nature. The recent pandemic has made me introspect on the connection between man-made creations and the natural world. In my work, I seek to express my concerns and also find answers to our present dilemmas. I firmly believe in what Sri Aurobindo once said: 'What Nature is, what God is, what man is can be triumphantly revealed in stone or on canvas.'

*Saravana Deivasegamani
Warm Regards, Centre d'Art Atelier*

KRISHNA DAS IN AUROVILLE

12 February,



Dear Community, we are excited to announce that world renowned mantra musician Krishna Das (www.krishnadas.com) will offer a live chanting event at the Matrimandir Amphitheater to launch the Summit on Science and Spirituality this February.

Registration for the event is required. If you plan to attend, please visit aviusa.org/

krishna-das to register and get a free ticket.

As you know the Matrimandir Amphitheater is a sacred space, and all attendees will be requested to stay seated during the concert.

The concert will also be live-streamed at Unity Pavilion, so if you would like to dance or move around, you are welcome to attend there.

If you would like to volunteer as an usher or greeter, please go to aviusa.org/kdvolunteers and enter your contact info in the form.

*Thank you,
Matthew Andrews (AVI-USA)*

MANIFESTING THE GALAXY & GANESHA GUIDED TOUR

Last guided tour through the exhibition "Manifesting the Galaxy & Ganesha" from the Bark of a Tree on Tuesday, 10 January at 4:30 sharp

On multiple requests Birgitta is offering a guided tour through her exhibition in the Unity Pavilion. The last chance to see this amazing exhibition is on January 11.

Description: During a meditation in the Matrimandir inner chamber, Birgitta had a vision of the Galaxy on the bark of the large Elephant Ear tree, which rows at the T-crossing near to Matrimandir's meditation entrance and town hall. The bark didn't only manifest beautiful Galaxies, but also quite incredible Ganeshas and even Hanuman.



"Multiple Ganesha", 2022, 119 x 84 cm, bark print with oil color on rice paper, painted with color pencils.



"Auroville Earth Galaxy", 2022, 97 x 97 cm, bark print with oil color on rice paper, painted from the back with acrylic water colors made from Auroville earth pigments.

To manifest the Galaxy from a tree bark is a paradox, which is uniting 2 different positions. And to find Ganesha & Hanuman—the removers of obstacles—on the same place is quite a sign! The Ganeshas are all fractal, which means they are formed from dozens of small Ganeshas.

Please come and see for yourself and get surprised. To manifest the Galaxy with her artwork from the bark of a tree is Birgitta's contribution to unity within Auroville.

Love, Birgitta

ILLUMINATING 2023

Friday, 13 January, 5:30—7:30pm,
Ok Upcycling Studio

ILLUMINATING 2023

See waste in a new light...!

UPCYCLED LIGHTING EXHIBITION

Opening reception
Friday, 13 Jan | 5:30 - 7:30 pm
Exhibit Jan 13 - 17

At **Ok Upcycling Studio**, Recentre
near Auroville Puncture Service

Upcycling STUDIO AUROVILLE

@OK Upcycling Studio, Auroville

Join us for the opening reception!

Come see the culmination of work from a diverse team of student and volunteer designers and artists. They have transformed waste into useful and beautiful objects that change how we feel, transform a space, and fulfill a purpose.

Hand-made in Auroville from waste materials sourced at EcoService.

Join us for an evening of seeing waste in a new light!

Ok, Darren & team / +91 93440 02972

Activities

BEGINNER'S COURSE for the Indian Bamboo Flute



Beginning on January 18 Chris will offer a month-long beginner's course for the Indian bamboo flute, known as the *bānsuri*. If you would like to learn how to play this simple, yet versatile and beautiful instrument then this is the perfect opportunity.

The course will cover both basic theory in the *Hindustāni* musical tradition, including concepts, notation, terminology, etc., and practical techniques used to play the instrument, such as how to properly blow into the mouth hole, cover sound holes with the fingers, add ornament, etc.

In the latter part of the course students will learn a *bandish* (i.e., a composition or song) in two different *rāgas*.

If you are interested in the course please tell Gaya so we can make arrangements. There is no charge for the course, but you will need a small *bānsuri* in the **key of G**. The Auroville music store, called Svaram, located next to Ganesh bakery sells good quality bamboo flutes.

Also, the Ravi music store in Kulapalayam sells flutes.

It is intended to hold class twice per week in the afternoon for 30-45 minutes on one of the guesthouse terraces. The guesthouse is located on Old Auroville road on the way to Bommayapalayam.

• Contact christopher_buchanan@hotmail.com

Chris

EDIBLE WEED WALK

*It's the season again for the
Edible Weed Walk in Auroville*

Weekly schedule for 8+1 walks

January 2023: Saturdays 7, 14, and 21

February 2023: Tuesday 21 (Special walk)

February 2023: Saturdays 25

March 2023: Saturdays 4 to 25

PRE-REGISTRATION REQUIRED

For Contribution & Registration:
Write to : edibleweedwalk@gmail.com

Edibleweedwalk @ Nina S

IPK MATHEMATICS ACTIVITIES IN JANUARY

Please take a note of the following mathematics activities happening at IPK in the month of January at the European house.



Assistance in mathematical understanding

- for children from age 8-16yrs (against contribution).

The intention is to discover / re-discover the language of mathematics through various aspects. We would like children to have a fluid way of learning mathematics which can be molded as per one's needs.

- Currently, we are running sessions on Saturdays.
- To enquire, please [click on the link](#)

Math behind an effective storytelling

Calling all the storytellers to discover and explore mathematics behind storytelling! If you are a writer, director, actor or someone who loves to share a story or listen to stories, do come. If you are just a curious soul, you are welcome too!

- **This is an online event.** (Donations are welcome)

This event is for 18+yrs, RSVP to Snehal: WA 9529673687

- Date: Every Monday
- Time: 10am—12noon

Math exploration session for children

- between 3-7yrs (against contribution)

Thank you so much for your wonderful response for this activity. Currently our batches are full for this activity, but in case you are interested, [please fill out a form](#).

Regards, Snehal



Rains are here—A rainy day is a perfect time for a walk in the woods. Join us for a curated walk in one of the densest forests of Auroville. Connect with nature through all your senses!

Also, learn about one of the most successful reforestation projects which brought back a thriving tropical forest from scratch.

- **Time:** Monday to Friday—7 am
- **Venue:** Parking area opposite CSR and Auromode Apartments
- **Duration:** 1 hr
- **Special Instructions:** Please wear full sleeves and full pants to prevent mosquito bites. You may also carry some mosquito repellants. Carry a raincoat or an umbrella if it's rainy.

Contact +91 99580 84473, WA only
Regards Arun

PHOTO CIRCLE MEETS

Dear photographers, this time Photo Circle meets on the **second friday of the month**

- Friday, 13 January at 5pm
- Centre d'Art multimedia room, Citadines.



The Photocircle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images.

Everybody's welcome. Marco

THE REGULAR AFTERNOON PAINTING CLASSES

at Kalakendra

Tuesdays & Thursdays, 2:30—4:30pm

The classes are resumed from this week,
1 January 2023 onwards.

All are welcome

Tapas, for Kalakendra Team, 9442121314,
04132622488

AUROGAMES SESSION AT HUMASCAPE

Sessions with Aurogames games help develop concentration and memory. Open to all ages from 6 year old on. The sessions take place in small groups, for a better stimulation of the children. For individual sessions, it is best to make an appointment.



- Sessions take place at **Humanscape**, the community building
- Tuesdays, Wednesdays and Thursdays, 4—5pm
- Limited places, please reserve and confirm your venue.
- Possibility of private session on appointment only.
- Free of Charge

Geetha 7094688421, Veronique 9488512678

TANGO DANCE CLASS

Every Monday group class

Cripa, Auroville



2 month commitment for a group class. Every month a new batch starts for beginners and intermediate. If they want to learn private class for Tango dance any day by appointment.

Mani, +918637633696,
In: bakisata_dance

SALSA DANCE CLASS

Every Tuesday group class
New Creation Sports Ground, Auroville



2 months commitment for group class
Every month's new batch For beginners and
intermedium, every Tuesday
private class by appointment for any day's
place: New creation sports ground, Auroville
Mani: +91863763369

Mani : +918637633696, In: bakisata_dance

SWIMMING CLASS

Any age kids and Any age adult by appointment.



Mani, +918637633696

BHARAT NIVAS

Regular classes & Cultural Events, January 2023

Harmony Hall		
Wednesday		
Odissi Dance	5— 6:30pm	Devasmita, devasmita@auroville.org.in
Thursday		
Odissi Dance practice	5:15— 6:30pm	Akila
Friday		
Tango Practice	6—8pm	Olivier, olivier33@auroville.org.in
Saturday		
Bharatanatyam classes	10— 12pm	Caveri, sureshcaveri@gmail.com
Sunday		
Bharatanatyam classes	4—5pm	Caveri, sureshcaveri@gmail.com

BHARAT NIVAS

SAWCHU		
Monday		
Hatha yoga sessions	7— 8:30am	Khushmita, khushmita@auroville.org.in
Capoeira Classes	5— 6pm	Kiran, capoeira@auroville.org.in
Tuesday		
Semi-Classical dance	6— 7pm	Nithiya, nithiya3011@auroville.org.in
Wednesday		
Hatha yoga sessions	7— 8:30am	Khushmita, khushmita@auroville.org.in
Contact Dance	2:45— 5pm	Barnardo, soysemillaresonante@gmail.com
Tango Practice	7:30— 9pm	Jorge & Marie Pierre, tango@auroville.org.in
Thursday		
Capoeira Classes	5— 6:30pm	Kiran, capoeira@auroville.org.in
Friday		
Hatha yoga sessions	7— 8:30am	Khushmita, khushmita@auroville.org.in
Contact Dance	2:45— 5.00pm	Barnardo, soysemillaresonante@gmail.com
Attunement through sounds and singing	5— 6:30pm	Antoine, antoine@auroville.org.in
Saturday		
Semi-Classical dance	6:30— 7:30pm	Nithiya, nithiya3011@auroville.org.in
Sunday		
Semi-Classical dance	6— 7pm	Nithiya, nithiya3011@auroville.org.in

Progress Hall

Monday		
Vedic Chanting	4—5pm	Samskritam, devan@auroville.org.in
Tuesday		
Vedic Chanting	6:30— 8am	Samskritam, devan@auroville.org.in
Thursday		
Vedic Chanting	6:30— 8am	Samskritam, devan@auroville.org.in
Ashtanga Yoga	5— 6:30pm	Muthukumari, muthukumari@auroville.org.in
Saturday		
Study Circle—Sri Aurobindo's Essays on the Gita	4—5pm	Samskritam, devan@auroville.org.in
Bhagavad Gita Chanting	5—6pm	Samskritam, devan@auroville.org.in
Sunday		
Vedic Chanting	8— 9:30am	Samskritam, devan@auroville.org.in

Sharanam			
Monday	Tamil class	4—5pm	Shankar, shankar@auroville.org.in
Wednesday	Tamil class	4—5pm	Shankar shankar@auroville.org.in

Kalakendra			
Painting Class	2:30—4:30pm	Kalakendra,	bharatnivas-kalakendra@auroville.org.in

Bhumika Hall: Sri Aurobindo Centre for Studies...		
Monday—Saturday		
Resource Library	9:30—4pm	shilpa@auroville.org.in & bharatnivas-vani@auroville.org.in
Tuesday		
Sri Aurobindo's The Synthesis of Yoga reading session by Deepti Tewari	4:30—5:30pm	shilpa@auroville.org.in & bharatnivas-vani@auroville.org.in
Friday		
Savitri Reading group circle	11—12pm	shilpa@auroville.org.in & bharatnivas-vani@auroville.org.in
Saturday		
A New Series of Exploration on The Spirit of Auroville	5—6:30pm	shilpa@auroville.org.in & bharatnivas-vani@auroville.org.in

Bharat Nivas Cultural Events			
Monday—Saturday			
Painting Exhibition by Shri.Amitabh Sengupta (ongoing Exhibition)	9—5pm	Kalakendra, bharatnivas-kalakendra@auroville.org.in	
City Exhibition	9—4:30pm	India Space, bharatnivas@auroville.org.in	

Looking For

Auroville Potter's Market Looking for Newspaper

January 26-28

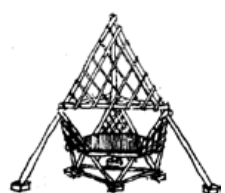
We are looking for newspapers to use for packing. Please email us with "newspaper available" in the subject line if you have old newspapers we can pick up.

aurovillepottersmarket@gmail.com



Krishna

Looking for a Long Term House Sitting



My newcomer period is over and for the final interview with the entry board I need a one year housing agreement. Please let me know if you have a house to offer in exchange for a few hours of work or a house sitting opportunity for one year.

Contact Details: Cibin Thomas

• cibinthomas@gmail.com, Mob/WA 9961711805

Warmly, Cibin

Looking for an Electrical Scooter Sharing Partner



Would you like to share joy and pain (well, rather: costs) for an Electrical Scooter with us? Environmentally much better than most petrol vehicles an E scooter is a super choice! Costs are best shared. The Joy of course also will be.

Interested? Contact Ulrike Urvasi 9751513906 WA, signal, Telegram only, mothersworkforthemotherswork@gmail.com

Ulrike

Simple Office Type Software Laptop

- Auroville Child Protection Team

Dear Community friends, Auroville Child Protection team is looking for a simple Office type software laptop.

If anyone has a spare one and wants to give away or on a small contribution we would be happy to make use of it.

- Contact: 9047245640 WA, avchild-protection@gmail.com



Pavithra and Hono

Gatherings

KALABHUMI MEETING & COMMUNITY GET TOGETHER

Friday, 20 January, 5:30pm onwards

Dear sisters and brothers, dear friends, you are all warmly invited to join us for a new Kalabhumi meeting, to co-create a space to review the past year, reflect on the present and revive our collective strength and action, looking forward.



For over a year, we have been facing struggles of an unprecedented intensity. Despite moments of fear and resignation visiting us daily, many are finding ways to address this unprecedented crisis in one way or another.

Although there are moments of feeling vulnerable, discouraged and helpless, the collective strength that has been shown over the past year has also been inspiring and touching, and kept us moving on.

After facing so many months of uncertainty, we feel that we need to revive together our collective fire, finding ways to make our actions more cohesive, encouraging the community to explore and embody new forms of leadership. Because united we stand, and divided we... get tired.

Please join us at Kalabhumi on Friday, 20 January, at 5:30pm to:

- reflect on the past year and assess where we are at today—the events that happened, our shortcomings, our achievements, our learnings;
- set intentions and priorities for the coming year; and
- find practical steps and actions that we are ready to take NOW—so that we can walk a few steps in the direction we want to see, while addressing today's priorities.

The meeting is scheduled to last until 7pm, and will be followed by a gathering with food stalls and occasions to come together as a community.

We cried together, we hoped together, we stood together.

Auroville is still calling for our joint actions. How do we answer?

With hope, The Organization Team
Allan, Elisa, Kripa, Lili, Maël, Valli
and other concerned residents

Projects

MA-HOM—COLLECTIVE HOUSING

Future housing in Auroville will be a game changer! It will be radically different, pre-financed, beautiful, fast, affordable and good quality.

Collective Housing in the context of 1000 Aspirants

Housing has been a challenge for a long time within Auroville. Lack of housing inside Auroville has given a boost to a lot of housing options in the nearby villages. A few hundred young people, who are interested in Auroville, are staying in villages. Similar numbers are waiting for the possibility to come to Auroville.

Future Housing of Auroville should be community living rather than individual houses. It is only possible when housing is created as a collective effort on a larger scale. That will open doors to welcome new people.

Collective Housing for Auroville

Investment in good quality collective housing is the need of the hour. For housing development elsewhere, land is usually the main constraint. Auroville has the land and the means to attract low-cost funding. This combined with a renewed focus on collective housing will provide a sustainable long-term solution.

There is a need for collective pre-built housing so that Aspirants and Newcomers are able to start work in Auroville right away. Collective housing will be created in the form of studios, apartments, dormitories and family units.

Low-cost pre-financing options will be found to fund housing development with repayment from Auroville's internal resources as part of the aim of making Auroville a self-supporting township.

When housing, food and other essential needs are provided, people's energy can be channeled towards Auroville. Common facilities will be an integral part of the collective housing projects. Auroville collective housing is the creation of community living spaces designed for sharing and collective living.

It is low rise dense housing with food and a common facility is at center. Per person cost of these houses is budgeted at INR 10 lakh.

This target cost can be achieved by

- Donations
- Low-cost financing options
- Efficient Building Practice
- Non-profit focus
- Mix arrangement of dormitory—single and family

These clusters can be created at multiple locations. The collective housing initiative will have a project management body which is responsible for its running and financial commitment to pay back loans. It will be a service with project implementation accountability.

Last 25 years of my work has been in Conscious clothing. It has created a milestone for the fashion industry in India. To move forward I see myself in creating conscious living spaces as the future for my work.

- <https://youtu.be/G-K2RXSarOM>

If you like to be part of it, support it, collaborate, pls write to Umah@auroville.org.in

Love n regards, Uma



Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day **from 6am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us:

sadhanaforest@auroville.org.in,

WA 8525038274 or call 8122274924.

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

Taxi Sharing

From Chennai Airport, 19 January, 10pm

Looking for 1, 2 or max 3 passengers to share a taxi from Chennai Airport on Thursday, 19 January 2023.

I am landing at 9am and if needed could wait a little before starting towards amazingly unique Auroville.

Please contact

- +34685673777 WA
- +917289907792 SMS only.



Merci beaucoup, Sunny

To Chennai Airport, 22 January, 10am

To stay ECO friendly I am very willing to share a taxi from Auroville to Chennai Airport on Sunday, 22 January 2023.

Departure from Auroville from 10—11am.

Please contact

- +34685673777 WA
- +917289907792 SMS only.



Thanks Sunny

To Chennai Airport, 12 January, 9:30am



Dear friends, Is anyone looking for taxi sharing from Auroville to Chennai Airport on 12 January, Wednesday, morning 9:30am?

If yes, please connect with me at divyanshi@auroville.org.in.

Warmth, Divyanshi

To Chennai Airport, 8 January, 1 pm



I leave for Chennai airport at about 1pm (afternoon) on the 8 January. Sharing is possible if you wish to leave around the same time or would like to come back from Chennai airport any time after 5pm on the same day.

Contact Nandita, nandita@sharan-india.org 9488483286 WA

Lost and Found

Rain Pants Found

I found rain pants on the road from Auroshilpam to Town Hall. Who lost it can contact me by e-mail joster@insideindia.dev.

All the best Joster

Available

Mac book air M1 Available

A Mac book air M1 bought on 29 September 2021 is available.

Contact Michele Teytaud (HEM) 9486308690

Kittens Needs a Home

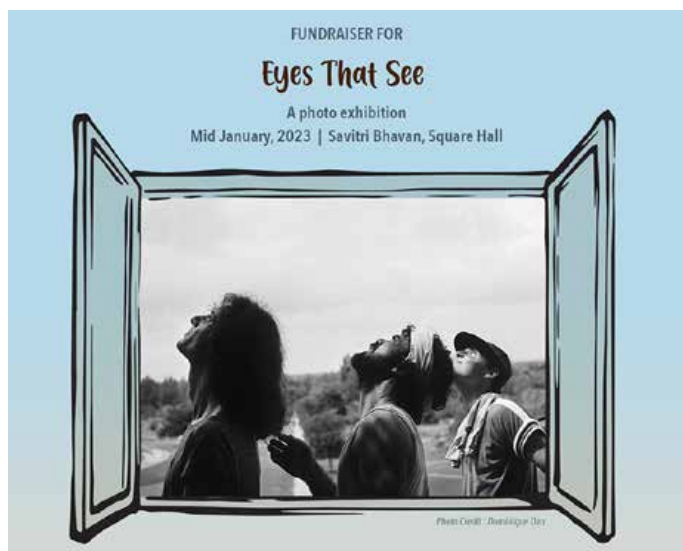
We are two kittens, brother and sister looking for a home. We were abandoned near Sanjana and we can not stay there much longer. We are playful and a bit shy. We would love to stay together but if not possible we can be adopted alone. Please call Bel, 7598892065

Bel



Help Needed

FUNDRAISER: EYES THAT SEE, PHOTO EXIBITION



Immersive eyes and gazes captured by around 15 Auroville photographers Poems, interactions, and an invitation to "SEE". We would like for this and future exhibitions to travel in and out of Auroville and share the beauty with many more people.

- We need Rs. 50,000/- to cover the costs (incl. reusable handcrafted frames, printing and creative elements) Will you "see to it" that it happens?
- Transfer what feels right to account no. 252963 (Our Home) Aurovilians and newcomers can make direct transfers; Volunteers and guests need to go to Financial Service to make the donation.
- Do please write "Donation to Eyes That See exhibition" in the description.

For people outside Auroville:

- you can donate via <https://donations.auroville.org>.
- Please write in the description "252963 Our Home Donations".
- Please email to ourhome@auroville.org.in to inform us of your donation details.

Thank you and see you, Anandi Zhang & Silky Arora

Foods, Goods and Services

ECO FEMME OPEN HOUSE

Every Thursday morning from 10:30am

Dear friends, join our open house at our office in Auroshilpam every Thursday morning from 10:30am. Come and learn about sustainable menstrual products and our not-for-profit programs and pick up discounted cloth pads, cups and cloth nappies.

See you soon!



The Eco Femme Team'

RECONNECTING WITH YOUR INNER CYCLE

The world of menstruation as a gateway to your inner power:

Eco Femme invites you to explore

- Wonderful and wild world of menstruation
- Power of menstrual cycle tracking/awareness
- Women as cyclical beings

P.S. Everyone has a woman in their life—men, please don't shy away from joining!

- **Date:** Wednesday, January 11
- **Venue:** Our office in Auroshilpam (Google map us!)
- **Time:** 5—6:30pm

P.S. This workshop is free of charge, but donations are welcome!

Pranathi Arpitha Prasad,
Eco Femme Ambassador Coordinator



CREATIVE WRITING PLAYGROUND

Creative Writing Playground weekly updates: this week's I "Just Wanna Write!" short podcast topic on AVRadio: Negative thinking and how to get rid of it by writing.

For others creative insight on writing, please subscribe to the Creative Writing Playground blog. It's for Aurovilians and Newcomers only and it's for free.

You can find it on gatedreams.com.



Enjoy! Francesca.

ENLIGHT FOR CONSCIOUS TOURISM

Enlight is a new activity under the umbrella entity LEAD (Learn Experience and Develop).

The scope of the work is "Creating awareness about responsible and conscious tourism and Encouraging alternative and more mindful experiences and interactions between service providers, local communities, travelers and the environment, a blend of wisdom and pragmatism, Provide all an opportunity to learn and experience the open university that is Auroville, self learning through mentorship". Kindly contact us for our services at the below mentioned contact details.

Best regards, Balaji, Anand & Arun,
for Enlight Team
Balaji, 8270071581 (Voice and WA)
Anand, 9159468946 (Voice and WA)
Arun, 7639810621 (Voice and WA)



LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Mr. Ganesh our Travel Consultant can only be contacted directly for discussing Travel itineraries, issuing, rescheduling etc. for all kinds of ticketing

- by phone or/ and by WA: +91 9894598686
- by email: travelshop@auroville.org.in or domestic@inside-india.com



Under the revised guidelines of the health ministry, the submission of a self-declaration form on the online Air Suvidha portal was implemented for passengers from China, Japan, South Korea, Hong Kong and Thailand. PCR test for them is mandatory. All International passengers will undergo a health screening on arrival.

Aircraft of most of the Airlines are fully booked and its advisable to make bookings well in advance. For travelers who accept flexible flight dates: there is a chance to get international flight tickets for only about 15 % higher

Joster

Voices and Notes

AUROVILLE RADIO



Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

Last published podcasts

- [Savitri, B. I, C. V, Part 2](#) (Integral Yoga)
- [Interview with Rasheed Josuf Prince of Nicobar Islands](#) (Interview)
- [The Grunge Contagion—Ep.01](#) (Music)
- [I just wanna write—Ep.4 “Negative thinking and how to get rid of it by writing”](#) (Creative Writing)
- [Kadhai Ketpoma—Ep.15](#) (Literature)
“நீ நதி போல ஓடிக்கொண்டிரு”
- [Marlenka’s weekly offering—ep.76](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi—424](#) (Integral Yoga)

...and more! on www.aurovilleradio.org

Please help us to relocate the radio!
Donate to F.A. number 251369

For more information write to radio@auroville.org.in
Peace and Love

COMPILATION OF LETTERS

to the Chairman of the Governing Board

Dear community, in response to the speech that was given by Shri R.N. Ravi, Chairman to the Governing Board, on 7 November 2022, a number of residents have sent letters to the Chairman and/or the Governing Board. This also included a collective letter which many had signed. Some of these letters were sent to the Working Committee of the Residents’ Assembly, so that we would forward them to the Chairman; others were sent directly to him, with us in copy.

These letters were deeply touching and powerful, and we have taken the initiative to compile them anonymously with the help of volunteers, and publish them. This work is now completed and we are thrilled to share with you a new booklet called “The Spirit of Auroville”, in which these letters have been assembled. We would like to extend our warmest gratitude to those who have worked on the compilation and layout of this booklet.

A digital version of the booklet can be found at this link:
<https://auroville.media/letters-to-gb-chairman/>

A printed version of it is on its way to the printing house and, once ready, will be available in the Auroville Council room, the Auroville Library, and our office (located on the Crown, opposite Auroville Library).

We hope this compilation will bring us hope and energy for the start of the new year. Our collective Spirit—that expresses itself in such a myriad of colors, shapes and nuances—is our biggest strength, that which we aim to safeguard, nurture and grow.

*In faith, Aravinda, Bharathy, Chali,
Hemant, Maël, Sauro, Valli*

Auroville Poetry

WHY RECALL AND REGRET?

Why recall and regret?
Why chew memories
Again and again
Like a dried sugarcane?

Puff!
Let the past pass.
Let the learnings live on.
And serve as a present
To the future.

THE PAST

The past
Flies past
Like a feather.

Clutch it
No further.
Let it fly
Past you.

WE WATCH SO MUCH DRAMA

We watch so much drama
Online, offline, everywhere.
We are programmed to
Script and act in dramas.

Uninstall the program
That is past service.
Create life stories
Afresh.

*With joyful Gratitude,
Anandi Zhang*

Classes, Workshops & Healing Arts

ANGAMTREE



Angamtree Varmam Wellness Research and Education Centre is now an approved and registered activity under L.E.A.D. The center will have its community name as Angamtree Wellness Hut. It will have the following sub-centers.

- Siddha Varma Kalai Therapy Sub-centre
- Arunachala Sound Healing Therapy Sub-centre
- Nattiyakalai Movement Arts Therapy Sub-centre

Contact details: Raja, manager +91 97513 95939

Warm regards, Raja Narayanasamy

MUDRA CHI 2023



The Mother's Mudras in a Tai-Chi Form will be

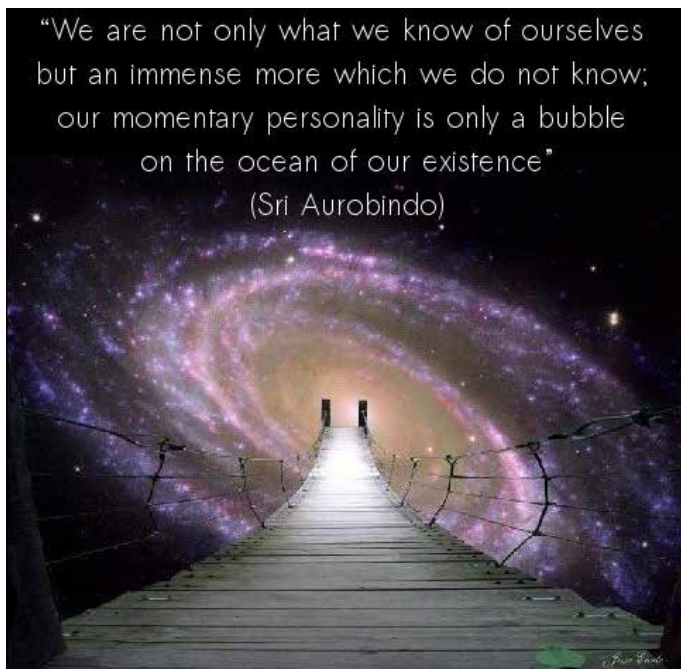
Every Tuesday at 4:30pm at Savitri Bhavan

Facilitator: Anandi-ayun

Everyone is Welcome

Anandi-ayun

AWARENESS THROUGH THE BODY SESSIONS



"We are not only what we know of ourselves but an immense more which we do not know; our momentary personality is only a bubble on the ocean of our existence"
(Sri Aurobindo)

Regular weekly sessions of ATB with are to start a new round. If you are interested in joining one of the groups, please write to atbconrosa@gmail.com and we will find the best fit for you.

We will be starting this coming week and it is only FOR those who will commit to a regular participation for a minimum of about 3 months. Those who like to come but can not commit to regularity, you are most welcome to the

- "Yoga Nidra" session on Thursdays in Pitanga, 11:30—12:30
- "Awareness and Joy" session every Friday, 9—10am also in Pitanga.

As many people have friends, family and guests who will be there for a shorter time period, if they want to experience ATB, keep in mind

- Sunday, 12 February, where I will be offering a morning ATB Introduction.

Love and Smiles, Rosa

SHIATSU—AN ART OF TOUCH

A six day seminar to continue or begin Your Journey.

Shiatsu meaning—thumb pressure—is associated with stress reduction and peace, vitalisation of life force or Ki as well as with addressing certain challenges on all levels of our being through touch.



This time we will explore the finer aspects of each meridian, which in Chinese Medicine terms are even called Soul Aspects.

Come, experience and explore conscious and calm Perception, inner Sensing and Awareness of Touch in connection with the study of 12 Classical Meridians and 5 Elements, Health Wisdom, strengthening and harmonizing exercises and ways to move for your daily practice.

This course is part of the first of four Seminar-Series spanning over the next 2—3 years for a complete Shiatsu Practitioner training.

- Monday, 9 January, 2—4pm: Introduction to Shiatsu and the Course. Open for All Interested.
- Wednesday, Friday, Saturday, 11, 13, 14 January and 18, 20, 21 January.
- Wednesday and Friday, 9am—4pm, Saturday 10:30am—5:30pm at Budokan, Auroville, at Dehashakti Sports Ground

Shiatsu—because Health matters!

- Contribution required for ensuring future seminars. Kindly give from your heart and according to your resources.
- Do contact Ulrike Urvasi at mothersworkforthemotherswork@gmail.com, 9751513906 (WA, Signal, Telegram)!

Certificate given on Completion of the Course

Ulrike

AUTHENTIC RELATING GAMES

Tuesday, January 10, 5:30—7:30pm, Tibetan Pavilion with Prem Shakti

AUTHENTIC RELATING GAMES



Do you desire to go beyond the surface & connect deeply & authentically with others in a safe, playful environment?

JOIN US IN PAVILION OF TIBETAN CULTURE EVERY TUESDAY 5:30-7:30PM



open to everyone



Guests ₹300



+919489244823



AV Residents Suggested ₹100

The intention of this offering is to create a safe container for heart centered, authentic expression that leaves us more alive and resourced, so we carry the light into the world.

Authentic Relating is a practice using exercises, or games, to teach the skills necessary to quickly create deep, meaningful human connection. It steers people towards a greater sense of wholeness—a defragmentation of the self into a more cohesive whole—through freely expressing our true experience in the company of others. It is an approach to cultivating more genuine, fulfilling, and mutually rewarding relationships.

- Towards contribution

Shakti Wierzbicka

FAMILY AND SYSTEMIC CONSTELLATION WORKSHOP



- Saturday, 14 January
- Creativity Hall of Light, 9 am to 6 pm
- Contact 9751110486, moghan@auroville.org.in

Moghan



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, January 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday to Saturday
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30-8:30am. Wednesday 4:15pm Friday 5:30pm, Only by Appointment.
Iyengar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30-8am. Monday, Thursday, Saturday, 5-6:30pm.
Qigong Yang Style, self-massage	9600094875, +353877420282 (WA), Marco	Monday to Saturday, 8:30-9:30am, by Appointment only
Chakra Breathing Meditation		Friday: 7:30-8:30am
Heartfull Meditation	Avanthika, 6380238326	Wednesday 4:30 to 5:30am
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, by appointment 9943410987	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana by appointment 9047654157	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacoloring	Meha, by appointment, 9443635114	Monday to Saturday
Shiatsu, Thai Yoga Massage, Osteothai, Somatic Bodywork and Sound Healing. Only by Appointment	Marco, WA +353877420282 9600094875	Monday to Sunday
Chinese Fire Cupping and Moxibustion Therapy	Chun, 8098900708	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina: 9791719387, +39346225804, WA	Monday to Friday (Morning)
Acupuncture, Only by Appointment	Dr. Mohammad Sahel, 9994208068	Monday to Saturday
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarjyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

INSIDE MYSELF

Inside Myself

20, 21, 22ND JANUARY '23

TAKE A
MOMENT
TO
TAKE
CARE
OF
YOURSELF



Apply Here

Become the creator of your life full of possibilities, joy and connection. Because creating possibilities, joy and connection starts from inside.

Leo Institute has developed a methodology that has transformed thousands of lives. It has been successfully offered in Auroville twice before.

- Limited Spaces Available, please Apply through Barcode
- Questions via WA +918940568266
- Workshop conducted by Michael through Comm4unity Education, under Hospitality Trust, of the Auroville Foundation, www.comm4unity.com
- In Collaboration with Leo Institute www.leo.institute/about-us/

Warm regards, Kavitha, for Comm4unity Education

ACTIVITIES BY DR. SEHDEV KUMAR

Freedom From Fear

- Professor Emeritus, Canada
- Internationally renowned Author, Poet, Mediator
- Author of "7000 Million Degrees of Freedom", "Ocean in a Drop: Verses of Kabir"



Verite, Saturday, 7 January, 2—4:30pm

Fear has an apocalyptic power; it can sap all energy, and make even thing inert and lifeless.

- Fear of Losing Face, Fear of Loneliness
- Fear of Love & Intimacy, Fear of Failure

How can one live with full intensity and with all ebbs and tides, without knowing what fears freeze the mighty river of one's life?

- Register: +91 7867805812

Peace Within: Peace Without

- Vérité, Saturday, 21 January, 2—4:30pm

Can there be Peace Within if there is Discordance in the Family?

Can there be Peace in the World if our Leaders are driven by Arrogance and Fear?

Can there be Peace in our Hearts if demonic forces of Injustice and Inequality keep flourishing in the World unheeded?

Let us aspire for an Integral Vision of Peace that celebrates



Love ∞ Harmony ∞ Dignity

At all levels

In the Phenomenological & Spiritual Universe Alike

- Register: +91 78678 05812

Dr. Sehdev Kumar, Professor Emeritus, Canada, Author, Poet, Mediator, Author of *Angels in Black Holes*, *Ocean in a Drop: Verses of Kabir*.
www.lotusinthestone.com



JIVA



your journey in healing and transformation

www.auroville-jiva.com, WA 9626006961
contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

Natural Horsemanship

- Individual and group sessions ongoingly

Mirabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!



Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication—and it's just fun time to BE with a sensitive, naturally trained horse! Mirabelle lives with horses since she was 3 years young. Past 10 years she fulfills her life's dream to bring children, adults and horses together in a healing way, in Auroville, Sharnaga Guesthouse. Mirabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care—hoofs, nutrition, psychology, care, riding and therapy!

- Sessions afternoons 4—6pm or mornings 8—10am

Contact: WA 9626565134, contact@auroville-jiva.com

New: Webinars Natural Horsemanship with Mirabelle

- Horse Care and Management (5 lessons)

- Basic needs,
- Basic anatomy
- Feed needs,
- Deworming
- Basic medical terminology

What we can learn from horses about leadership (5 lessons)

- History of horses and humans, and its significance
- Basic needs: similarities and differences
- Different kinds of intelligence and what they mean
- Non-verbal communication and energy levels, how to find neutral
- Setting yourself up for success, value-based Teamwork!

- Contact Mirabelle directly: 919626565134 WA or contact@auroville-jiva.com

Workshop in Holotropic Breathwork

- 1—5 January and 8—12 January



Facilitated by **KC Tomas**, (Grof Transpersonal Work representative India, Thailand and Sri Lanka, has guided over 1400 breathwork sessions), "Holotropic states of consciousness, then, are those non-ordinary, expansive, states that invite and support this innate movement towards wholeness. In the words of Grof: "Holotropic states bring to consciousness that which has a strong emotional charge in us already. Something that is psychodynamically relevant at the time and is most available for us for conscious processing."

When we enter a holotropic state with the intention of healing and self-discovery, it invites a kind of inner radar that scans our unconscious and brings to consciousness that material to which we most need to attend and heal. "

- Each of the 5 day workshops can be booked separately to empower your personal healing.
- At the same time, the 2 workshops are the first two of a 6 module facilitator training in JIVA Breathwork

All info and registration contact@auroville-jiva.com, WA 09626006961

Journey of the Soul, 26 January, 10am—2pm

- Venue: Sharnaga Guest House Yogahall

A 1 day workshop to explore the "Layers of the heart", an inner journey described by the Mother, and more recently by Soleil Lithman, a long term associate of Auroville. After a short Intro, we will follow a guided meditation. This workshop is an opening toward the dimensions of inner work proposed by The Mother. A workshop for all.



Facilitator Sigrid Lindemann, an Aurovilian researcher for over 20 years, international faculty in integral regression therapy.

Venue Sharnaga Guesthouse Yogahall

contact@auroville-jiva.com, WA 09626006961

Transforming trauma, 14 & 15 January with Sigrid

How to identify trauma and posttraumatic stress disorder?

How to recover a person's full potential, energy and zest for life—and even integrate the wisdom of it all? 2 day workshop with theory and interactive exercises, A toolbox of techniques to apply in your therapeutic work.



The workshop is designed for therapists of body and mind, psychologists, and all who work with trauma.

Facilitator: Sigrid Lindemann, international faculty in integral regression therapy, Sensation method homeopathy, trauma therapy in Auroville for 20 years

- Time: 14 & 15 January, 9—5pm.
- Venue: Sharnaga Guesthouse Yogahall, www.sharnaguesthouse.in
- Jiva Venue: Sharnaga Guest House, www.sharnaguesthouse.in

The Incarnating Soul Webinar

- 17, 18, 19 January

We might ask ourselves... *why we came, what for, what is the aim of our life, why did we incarnate?*

How did our birth inform us and form strong beliefs?

What is the role of consciousness early in our lives?



A selection of the knowledge transmitted by The Mother and Sri Aurobindo, as well as 10 years clinical experience in Integral Regression therapy give insights into these questions. Short introspective moments for the participants invite to recall personal early memories.

- 17, 18, 19 January, 7:30—9:30pm
- **Facilitator Sigrid Lindemann**, International faculty in classical homeopathy and Integral Regression therapy, living in Auroville for over 20 years. Founder of JIVA

Contact: contact@auroville-jiva.com, WA 9626006961

Our Venue Sharnga Guesthouse

- www.sharngaguesthouse.in

Sharnga Guesthouse is a green oasis, with a huge Banyan Tree, horses, birds, a lively tropical garden, with a small pool, gym and rooms from simple to AC, single to family units. A Yoga Hall, AC lounge with big screen, and the great service and international cuisine make it a perfect spot.

YEP We do offer adventure camps with kids programs, <https://www.facebook.com/YEPAV> parallel with wellness and healing sessions for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

- We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution. Acupuncture, Shiatsu, QiGong, TaijiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Pregnancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966

Somatic Yoga Classes with Linda Lee

- Saturdays, 7, 14, 21 & 28 January 2023
10:30am—12noon

Somatic yoga classes are designed to:

- learn how to use Somatics as a preparation for yoga asanas;
- experience ease, comfort, joy and stability that flows from inside out;
- include somatic preparations for Sun Salutations;
- lay down movement pathways for a seamless flow, which establish stability and safety, and stimulate courage, compassion and contentment.
- **Group sessions, Saturdays, 10:30am—12pm**
- **Individual sessions, on request.**

Liquid Flow Essence with Dariya & Daniel

- Tuesday, 10 January—Monday, 16 January 2023
8:45am—6pm + one evening: 50 hours

Liquid Flow is an aquatic bodywork modality given in a warm water pool (ideally 35°C). Developed at the Quiet Healing Center, Auroville, Liquid Flow is inspired and based on the forms and qualities of Watsu, OBA, Healing Dance, and WaterDance.

This intense course with the main Liquid Flow sequence is for students of different aquatic bodywork modalities, who wish to dive deeper into their practice. In combination with practices on land, you will experience the profound effects of this powerful, yet softening, work.

Liquid Flow Essence is a favourite elective of many students. It offers a wonderful new sequence of essential bodywork movements laced together in a graceful, continuous flow. Along with a deepening presence and unconditional holding, this course improves your therapeutic work and leads towards the essence of any aquatic bodywork: being deeply in touch with one's essence, and experiencing a sense of timelessness and connection with ALL.

- **Prerequisites:** Watsu & Liquid Flow Basic or Watsu & OBA Basic.

Heartfull® Meditation Classes with Avantika Nirupama

- Sundays, 8, 15, 22 & 29 January 2023
9:30—10:30am

"Concentrate in the heart. Enter into it; go within and deep and far, as far as you can. Gather all the strings of your consciousness that are spread abroad, roll them up and take a plunge and sink down. A light is glowing there, in the deep quietude of the heart. It is the Divinity in you—your true being. Hear its voice, follow its dictates." The Mother

- Connect to the Light in your own Heart Center
- Surrender mind energy to your Heart Center to transform the mental aspect of your existence
- Surrender pelvic energy to your Heart Center to transform the vital aspect of your existence

Come learn and practice the sacred techniques of Heartfull® Meditation. Heartfull® Meditation techniques will help you understand Sri Aurobindo's dictum "All Life is Yoga" and connect you to his teachings in a deeper way.

Avantika has been studying Sri Aurobindo and the Mother's teachings, and Heartfull® Meditation, for twenty years. She has a 500-hour yoga teacher's certificate and translated some parts of Savitri in Marathi and Hindi. As mainstream schooling cultivates mind and ignores body and spirit, she home schooled her daughter after reading Sri Aurobindo's understanding of human existence to keep the connection with the Light.

- **Questions?** Contact Avantika at avantikalight@gmail.com

Birenda Massage Course

with Jean-Louis & Sivacoumar

- Thursday, 12—Sunday, 15 January &
Saturday, 21—Sunday, 22 January 2023
9am—5pm

Birenda Massage is a unique Indian massage therapy, which was developed by Birenda, an accomplished therapist from Bengal with 50 years of experience. To facilitate the learning process, the course material consists of three sections: the first part is dedicated to back massage; during the two other sections, you'll learn how to massage the legs, arms and front of the body.

You'll also learn how to prepare yourself before massaging a person, create a trusting relationship with your client, and offer relevant information afterwards.

Manual and certificate upon completion of the course!

- **Prerequisites:** no previous experience required.

Watsu 1 with Petra

- Tuesday 17—Monday 23 January 2023
8:45am—6:30pm: 50 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C) and is known as the mother of all water therapies, created by Harold Dull in the 1980s.

Watsu, the part during which the receiver's face remains on the surface, introduces the qualities and body mechanics to work with someone in water. Watsu offers an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas—ultimately, for freeing body and mind in a flow unique to each client and each session.

In this course, you will first practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another body in water. You will experience floating other people and being floated, on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- **Prerequisites:** no previous experience required.

Guy



VÉRITÉ INTENSIVES

Phone: +91413 2622045, 2622606,

Mobile: 7867805812

programming@verite.in,

www.verite.in

Registration required for the following intensives

Prana Yoga: Tuning Life Energy Training (3-day workshop) with Ananda

- Friday, Saturday & Sunday, 13,14 & 15 January from 9am to 4:30pm

Prana is the universal life energy. Yoga is tuning body-mind-spirit to wholeness. Prana Yoga is based on Hatha yoga, Pranayama, Meditations & Siddha. Through conscious postures, breathing, movement & stillness open the self enhancing, transforming, healing, grounding & tuning the energy flow to detox, rejuvenate the body-mind-energy, build immunity, enhance sensitivity, perception, expand awareness, enrich self-healing and open to higher states of consciousness.

In this training, welcome to Learn, Practice and Expertise ...

- Warmup, Asana Sequences for healthy body, spine & energy flow
- Foundation & Advanced Pranayama, Awareness exercises
- Yoga Nidra, Nada Yoga, Chakra awareness, Meditations
- Cleansing Kriyas and Anti-viral herbs building vital Immunity
- Modern Science of Respiratory, Nervous and Lymphatic systems
- Inner Science of Energy: Chakra, Nadi, Vayu, Mudras, Bandhas, ...

Anatomy for Yoga Practitioners: The Knee

- Saturday, 14 January, from 9:30am to 12pm

The knee is one of the largest and most complex joints in the body that is responsible for weight-bearing and movement. We will explore through practice and an anatomical focus how to keep the knees healthy in yoga poses, how to align, strengthen and stabilize them to prevent injuries or even recover from them. Session open to all, specially designed for yoga teachers or yoga practitioners.

Yoga Nidra: Know your soul & Feel The Universe with Ved

- Saturday, 14 January, from 2 to 4:30 pm

Yoga Nidra is a practice which helps to enhance peace of mind and build self-confidence. It is a form of meditation which helps to eliminate stress, fear and negativity from your body. It is a practice which is easy to adopt in our daily life, and will help you to feel the spiritual power within you. The practice can help to improve sleep, sharpen your mind, and even lower blood pressure. This workshop is open to all levels and ages.

Kathir for Vérité Programming

Languages

The Language Lab's Opening Hours

Monday—Friday:

9:00am—12:00pm & 2:00pm—5:00pm.

Saturday:

9:00am to 12:00pm.

Location: International Zone, after Unity Pavilion & Pump House.

Phone: (0413) 2623 661, 4036920/22.

Email: info@aurovillelanguagelab.org

Find us on    @aurovillelanguagelab

Auroville Language Lab Tomatis Research Centre

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space

Looking for a Volunteer

- To complete the identification and site-mapping of the trees surrounding our building in AutoCad. The work would require a week or so.

Tomatis

Thank you to all those who have contacted us. We will get back to you one by one!

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-meth-od.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyy-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: Sanskrit with Kaushal

Great news for Sanskrit learners! We are going to start a new Sanskrit Beginners Course with Kaushal this January!

Growing up in a traditional environment with exposure to Sanskrit texts, Kaushal pursued his interest in Sanskrit more actively later in life. He is now interested in helping others reach a good basic understanding of this rich, extraordinary language. This two-month course will take you through the sounds and the alphabet, and shall explore simple words, conversation, and chanting of select mantras.

- The course will start on 5 January and classes will take place every Thursday, 2:30pm to 4:30pm.

New: Beginner Italian

Great news for Italian learners!

Our new Beginner Italian course is slated for early January, 2023! As always, spaces are limited. You are welcome to enquire with us and reserve your spot!

New: Tamil Written and Spoken with Murugesan

Our teacher, Murugesan, is ready to start a new Beginner Written & Spoken Tamil Course. This course is for those who wish to enrich themselves with the complex beauty of the Tamil written alphabet and speech. Murugesan will explore the difference between spoken & written Tamil, and focus on developing listening & reading skills through songs & lyrics. Grammar will also be taught with an emphasis on practical usage.

- Classes will take place Mondays & Thursdays, 10am to 11am.

The course will start as soon as we have a minimum of 5 students. It will run for three months comprising 24 hours of teaching.

New: English for Total Beginners with Rupam

If you can read this, then obviously this course isn't for you! But, if you know someone who could use some basic, everyday English in their daily lives, feel free to pass this along. This one-month semi-intensive course will begin with the alphabet and take the students through basic nouns, verbs, and simple sentence structures.

- Classes will take place Mondays, Wednesdays, & Fridays 11:00am to 12noon.

New: Intermediate Spanish with Susana

Our long-time teacher, Susana is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- This course started on 22 November and classes take place every Tuesday, 2:30pm to 4:00pm.

German with Verena

• A1.1 Beginner German

Verena's A1.1 Beginner German Course started this week! Verena has been trained through the Max Mueller Bhavan, Chennai/ Goethe Institute, and she brings a variety of interactive tools and offbeat approaches to her classes. We have always got excellent feedback on her course! By the end of this three-month course, you would be able to carry out simple conversations in German like introducing yourself, talking about your work, your family, your hobbies, and ask & answer questions about everyday things like shopping, restaurants, holidays, etc. No previous knowledge of German is needed for this course!

- Classes take place Mondays & Wednesdays, 11:00am to 12:30pm.

Course started on 28 November comprising 36 hours of teaching over three months.

• A1.2 Beginner German

This course is for students who have already taken a Beginner Course with Verena in the past or have a basic knowledge of German. The course is meant to deepen the basics previously learned and further advance the learner's German language skills.

- Classes take place Mondays & Wednesdays, 9:00am to 10:30am.

Course started on October 31 comprising 36 hours of teaching over three months.

French with Jean-François

Jean-François is offering four 3-month (24-hour) courses:

• Beginner French

This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course started on November 5.
Classes take place Saturdays, 2:30pm to 4:30pm.

• Beginner French for Teens

This course is for students between 13 to 16 years of age. The course is based on exercises that use many mediums like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- The course started on November 12,
and classes take place Saturdays, 11am to 12noon.

We have 3-4 spots left.

• French Conversation (Pre-Intermediate)

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François will also review the grammar useful for basic conversation.

- This course started on November 21.
Classes take place Mondays & Thursdays, 2:00pm to 3:00pm.

• French Conversation (Intermediate)

This course is for those who have a good level in French. In this course, the basics of public communication like expression, understanding, argumentation, meeting participation shall be deepened. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. At the end of the course, students will also have reviewed the grammar useful for interaction.

- This course started on November 3.
Classes take place Mondays & Thursdays, 3:30pm to 4:30pm.

English Conversation with Ramesh

Ramesh's classes are ideal for pre-intermediate and intermediate level English speakers. The course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, building listening comprehension, fluency and confidence in speech. Ramesh will also touch upon basic grammatical concepts.

Ramesh runs two groups:

- Mondays & Thursdays, 2:00pm to 03:00pm and
- Tuesdays & Fridays 3:30pm to 4:30pm.

This is a monthly course.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place Tuesdays & Thursdays, 10:15am to 11:15am. Enquire now to join!

Current Schedule of Classes

Lan- guage	Level	Time	Day(s) of Classes
English	Beginner & Pre-Intermediate	10:15— 11:15am	Tuesday & Thursday
	Total Beginners To start soon	11:00am— 12noon	Monday, Wednesday, Friday
	English Conversation Group 1: Started 7 November	2—3pm	Monday & Thursday
	English Conversation Group 2: Started 8 November	3:30— 4:30pm	Tuesday & Friday
French	Beginner Started 5 November	2:30— 4:30pm	Saturday
	Beginner for Teens Started 12 November	11am— 12noon	
	French Conversation 1 Started 21 November	2—3pm	Monday & Thursday
	French Conversation 2 Started 3 November	3:30pm— 4:30pm	
German	A1.1 Beginner Started 28 November	11am— 12:30pm	Monday & Wednesday
	A1.2 Beginner Started 31 October	9— 10:30am	
Tamil	Spoken Beginner, Started 1 November	9:30— 10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start soon	10—11am	Monday & Thursday

Hindi	Beginner To start soon	10am— 12noon	Saturday
Sanskrit	Beginner, To start 5 January 2023	2:30— 4:30pm	Thursday
Spanish	Beginner, To start February 2023	TBA	TBA
	Intermediate, Started 22 November 2022	2:30— 4pm	Tuesday
Japanese	Beginner To start February 2023	TBA	TBA
Italian	Beginner To start February 2023	TBA	TBA



A note to present and past students

- If you've borrowed any of our books, please bring them back! We are cataloging our reference library.
- If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

- **Please Note** Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!

Cinema

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "pre-views" of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 13 January: Dirt! The movie

2013 / 80 minutes/ Bill Benenson + Gene Rosow

Inspired by William Bryant Logan's acclaimed book *Dirt: The Ecstatic Skin of the Earth*, *Dirt! The Movie* takes a humorous and substantial look into the history and current state of the living organic matter that nourishes life as we know it. *Dirt! The Movie* will make you want to get your hands in the soil!



Warmly, Shek



Reminder: A Mexican Mini Film Festival

- Friday and Saturday, 6 & 7 January at 6 and 8pm at Video room (Visitors' Centre)
- and Sunday, 8 January at 10:30am at MMC Auditorium (Town Hall)

For details please see the posters and last News & Notes!

Friday 13 January, 8:00pm: "WENDY AND LUCY"

At Multi Media Center (MMC, Town Hall)

Directed: by Kelly Reichardt, US, 2008

With: Michelle Williams

Synopsis: Wendy decides to go to Alaska with her dog Lucy to find a job. Arriving in Oregon and having no money, the young woman steals food for Lucy from a supermarket but is arrested by the police. Meanwhile, Lucy disappears. The film then follows Wendy's search for her beloved dog... Kelly Reichardt is a prolific independent American director who delivers a touching movie in her signature minimalist and realist style, sometimes referred to as "Neo-Neo realism".

Original English version with English Subtitles. Duration 1h20'

Merci beaucoup, Surya and Susana

Aurofilm, Kalabhoomi,

aurofilm@auroville.org.in, 0413-2622 037

News & Notes Guidelines

Hard deadline for submissions

TUESDAY 3pm



The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail.
- There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,

NewsAndNotes@auroville.org.in, 0413-262-2133



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
9 January to 15 January 2023



Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Maintaining standard Covid protocols, i.e. temperature check, registration, and Mask (and not scarves) etc. are a must even now. Please come prepared. To organize seminar/program please contact us via email.

We continue to have issues with our projector. It is getting repaired, and we will continue the program with an older alternative. Clearly it is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian—Monday 9 January, 8:00pm:

THE LIFT BOY

India, 2019, Writer-Dir. Jonathan Augustin w/Moin Khan, Nyla Masood, Sagar Kale, and others, Comedy-Drama, 107mins, English-Hindi-Marathi w/ English subtitles, Rated: NR (PG)

Having a lift-man husband, Raju's mother Laxmi is firm about wanting a better life for her son. However, as Raju's father Krishna Tawde suffers from a heart attack and for three weeks, 24yrs old Raju temporarily replaces him. Here he strikes an unlikely friendship with Maureen D'Souza the landlady and an artist, to him Raju could confide his dream to be a writer.

Potpourri—Tuesday 10 January, 8:00pm:

THE BUTLER

USA, 2013, Dir. Lee Daniels w/Forest Whitaker, Oprah Winfrey, and others, Biography-Drama, 132 mins, English w/English subtitles, Rated: P-G.

As Cecil Gaines serves eight presidents during his tenure as a butler at the White House, the civil rights movement, Vietnam, and other major events affect this man's life, family, and American society.

Interesting—Wednesday 11 January, 8:00pm:

HOW MUCH DOES YOUR BUILDING WEIGH, MR. FOSTER?

UK, 2010, Dir. Carlos Carcas, Norberto López Amado w/ Norman Foster, Deyan Sudjic, Biography-Documentary, 78 mins, English w/ English subtitles, Rated: NR (G)

Renowned architect Norman Foster has created some of the world's most iconic buildings. We see stunning views of his buildings and structures, as he pursues his quest to improve life through design. A treat for architecture enthusiasts.

Selection—Thursday 12 January, 8:00pm:

LUNANA, A YAK IN THE CLASSROOM

Bhutan, 2019, Dir. Pawo Choyning Dorji w/ Sherab Dorji, Kelden Lhamo Gurung, and others, Drama-Comedy, 110 mins, Dzongkha w/ English subtitles, Rated: Not Rated (PG)

An aspiring singer living with his grandmother in the capital of Bhutan dreams of getting a visa for Australia. It is the first film from the Himalayan kingdom of Bhutan to be nominated for an Oscar—a story with a big heart, and a reminder of film's ability to communicate universal truths across international borders.

International—Saturday, 14 January, 8:00pm:

JUDAS AND THE BLACK MESSIAH

USA, 2021, Dir. Shaka King w/ LaKeith Stanfield, Daniel Kaluuya, Jesse Plemons, and others, Biography-Drama, 126 mins, English w/ English subtitles, Rated: R

FBI informant William O'Neal infiltrates the Illinois Black Panther Party and is tasked with keeping tabs on their charismatic leader, Chairman Fred Hampton, just as Hampton is falling in love with fellow revolutionary Deborah. A career thief, O'Neal revels in the danger of manipulating both his comrades and his handler. But a battle wage for his soul. Will O'Neal align with the forces of good, or subdue Hampton and The Panthers by any means, as FBI Director J. Edgar Hoover commands?

Children's Matinee—Sunday, 15 January, 4:30pm:

ABOMINABLE

USA-China, 2019, Dir. Jill Culton w/ Chloe Bennet, Albert Tsai, Tenzing Norgay Trainor, and others, Animation-Adventure, 90mins, English, Rated: PG

After discovering a Yeti on the roof of her apartment building, teenage Yi and her two friends embark on an epic quest to reunite the magical creature with his family. But standing in their way are a zoologist and a financier who want to capture the beast for their own gain.

Bruno Ganz Film Festival @ Ciné-Club

Sunday 15 January, 8:00pm:

YOUTH WITHOUT YOUTH

USA-Germany, 2007, Dir. Francis F Coppola w/ Bruno Ganz, Tim Roth, Alexandra Maria Lara and others, Drama-Fantasy, 124 mins, German-Sanskrit w/ English subtitles, Rated: R.

The film opens in 1938, with an elderly Romanian professor contemplating suicide. He got struck by lightning, and consequently rejuvenated. He subsequently develops psychic powers, which attract the attention of Nazi agents. He flees to Switzerland, where he meets a reincarnation of his past lover. He discovers information both about her various past incarnations, and about the evolutionary potential of humanity.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You,

MMC/CP Group Account# 105106,

mmcauditorium@auroville.org.in

Emergency Services

Ambulance (24/7): Auroville—9442224680

• PIMS—0413 2656271

Security (24/7):

• Auroville Safety & Security Team—9443090107

• Auroville Police Station—0413 2677318

• Kottakuppam Police Station—0413 2236148

• Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

• Santé—0413 2622803

• Farewell—8903836246

Mental health 24/7 support:

• Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7): 108

Accessible Auroville Public Bus



BEYOND THE STEP !

avbus@auroville.org.in,

+91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800 (Aurovilians & Newcomers/ No validity)
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



The Last Moment

NEWS&NOTES

Auroville's internal collective instrument to share information

It is important for the community to have a vehicle for information that reflects the efforts, work and life of Aurovilians and reaches all residents. Although intended for internal distribution, the N&N is viewed by a wider public.

We recognize and emphasize the importance of respectful communication, particularly on subjects with differences in perception and standpoint.

We wish also to emphasize that the N&Ns is an independent service for and by the residents of Auroville. Thus no fraction of the community can claim to have control over it or pressurize the editors in favor or against groups.

The N&N serves as a platform where observations, questions, and various viewpoints co-exist, reflecting the diversity of our community life and its freedom to express and evolve as a collectivity.

The Auroville Council

Balaji, Claudine, Philippe, Samrat, Shiva, Shivaya, Suryan, Svenja

