



News Notes

#963 A weekly bulletin for residents of Auroville 23 February 2023

The Seer, the Thinker, the Self-existent who becomes everywhere has ordered perfectly all things from years sempiternal.

Isha Upanishad

There are no roads nor chariots, nor joys nor pleasures, nor tanks nor ponds nor rivers, but he creates them by his own light, for he is the maker. By sleep he casts off his body and unsleeping sees those that sleep; he preserves by his life-breath this lower nest and goes forth, immortal, from his nest; immortal, he goes where he wills, the golden Purusha, the solitary Swan. They say, "the country of waking only is his, for the things which he sees when awake, these only he sees when asleep"; but there he is his own self-light.

Brihadaranyaka Upanishad



Pondering

Our nature starts from facts and actualities which it takes for real; it is pushed beyond them into a pursuit of uncertain possibilities and led eventually to question all that it took as real. For it proceeds from a fundamental ignorance and has no hold on assured truth; all the truths on which it relies for a time are found to be partial, incomplete and questionable.

The Cosmic Illusion, The Life Divine by Sri Aurobindo





Schedule

	21st Tue	22nd Wed	23rd Thu	24th Fri	25th Sat	26th Sun	27th Mon	28th Tue
07:00 am	Om Choir & Mother on Auroville Savitri Bhavan Narad	Little Gems: Children of the Future Savitri Bhavan Revathy	Spiritual Significance of Flowers Savitri Bhavan Narad	Sri Aurobindo on Self Perfection Savitri Bhavan Maurice Shukla	Science & Spirituality Savitri Bhavan Sensai Vijay	Wealth from the perspective of The Mother & Sri Aurobindo Savitri Bhavan Uma M.	Foundations of Indian Culture Savitri Bhavan Alope Pandey	The Ideal of Human Unity Savitri Bhavan Lopamudra
02:00 pm	Divine Consciousness BHUMIKA HALL	Resolute Will & Impetus to Act SAWCHU	Beauty as Necessity SAWCHU	Culture of Perfection BHUMIKA HALL	Lifelong Learning & Pursuit of Synthesis SAWCHU	Courage to Boldly Spring Forward SAWCHU	Prosperity & the Idea of No Money BHUMIKA HALL	To be Willing Servitor BHUMIKA HALL
04:00 pm	Matrimandir BHUMIKA HALL	Residential Zone SAWCHU	Peace Zone & Crown SAWCHU	Cultural Zone BHUMIKA HALL	International Zone SAWCHU	Industrial Zone SAWCHU	Green Zone & 4 Parks BHUMIKA HALL	Galaxy Model BHUMIKA HALL
05:30 pm	Tamizh Annai Unity Pavilion	Tamil Culture Unity Pavilion	Sri Aurobindo & Bharathiyar Unity Pavilion	Tamizh Folk Culture & Music Unity Pavilion	History of Tamil Temple Architecture Unity Pavilion	Uyir Ezhutthu Unity Pavilion	Yaadum Oorey Yaavarum Kellir Unity Pavilion	Human Unity & Tamil Unity Pavilion
07:00 pm	Manipuri Dance Bharat Nivas Bimbavati Devi	Kalaripayattu & Mayurbhanj Chhau Bharat Nivas Kathivanoor Veeran	Sitar Recital Bharat Nivas Basab Sen	Mother's Flower Garden 21-28 Feb. All Day Inauguration: 21/02 & 10:30 am	Uttar Dakshin Bharat Nivas	Garba Bharat Nivas Rang Leela Group	Mystic Music Unity Pavilion Ustad Ashraf Hydraz	Veena Concert Bharat Nivas 06:00 pm

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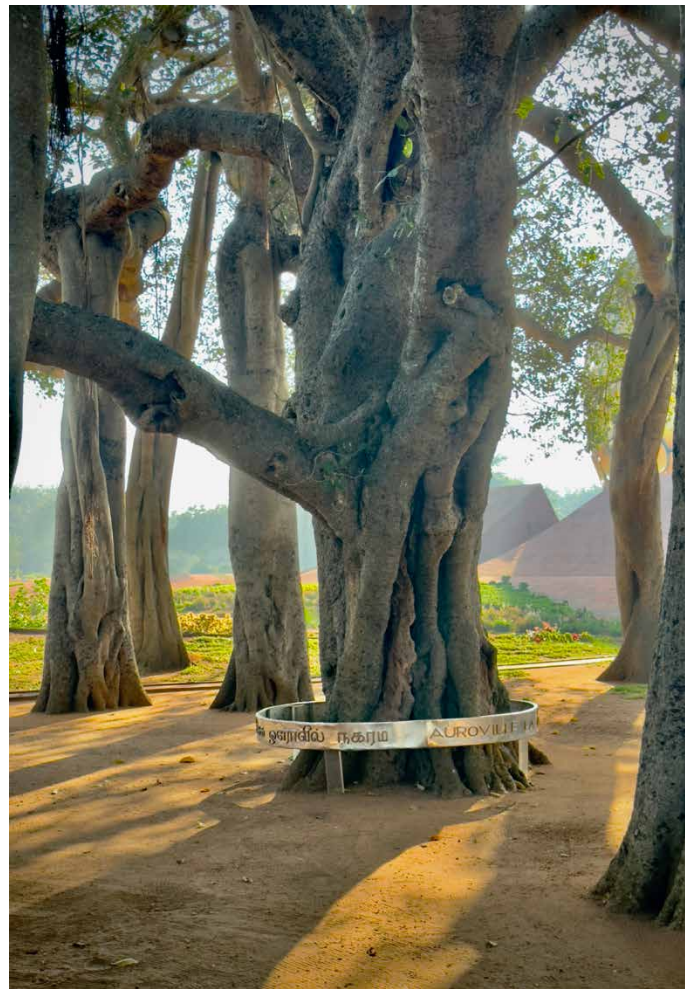
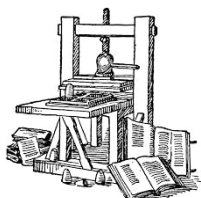
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House of Mother's Agenda

The Gospel of Death and Vanity of the Ideal

(continued from last week)

... "A ravishing edge of sweetness and of pain,
A thrill in its yearning makes it seem divine,
A golden bridge across the roar of the years,
A cord tying thee to eternity.
And yet how brief and frail! how soon is spent
This treasure wasted by the gods on man,
This happy closeness as of soul to soul,
This honey of the body's companionship,
This heightened joy, this ecstasy in the veins,
This strange illumination of the sense!
If Satyavan had lived, love would have died;
But Satyavan is dead and love shall live
A little while in thy sad breast, until
His face and body fade on memory's wall
Where other bodies, other faces come.
When love breaks suddenly into the life
At first man steps into a world of the sun;
In his passion he feels his heavenly element:
But only a fine sunlit patch of earth
The marvellous aspect took of heaven's outburst;
The snake is there and the worm in the heart of the rose.
A word, a moment's act can slay the god;
Precarious is his immortality,
He has a thousand ways to suffer and die.
Love cannot live by heavenly food alone,
Only on sap of earth can it survive.
For thy passion was a sensual want refined,
A hunger of the body and the heart;
Thy want can tire and cease or turn elsewhere.
Or love may meet a dire and pitiless end
By bitter treason, or wrath with cruel wounds
Separate, or thy unsatisfied will to others
Depart when first love's joy lies stripped and slain:
A dull indifference replaces fire
Or an endearing habit imitates love:
An outward and uneasy union lasts
Or the routine of a life's compromise:
Where once the seed of oneness had been cast
Into a semblance of spiritual ground
By a divine adventure of heavenly powers
Two strive, constant associates without joy,
Two egos straining in a single leash,
Two minds divided by their jarring thoughts,
Two spirits disjoined, for ever separate.
Thus is the ideal falsified in man's world;
Trivial or sombre, disillusion comes,
Life's harsh reality stares at the soul:
Heaven's hour adjourned flees into bodiless Time.
Death saves thee from this and saves Satyavan:
He now is safe, delivered from himself;
He travels to silence and felicity.
Call him not back to the treacheries of earth
And the poor petty life of animal Man.

In my vast tranquil spaces let him sleep
In harmony with the mighty hush of death
Where love lies slumbering on the breast of peace.
And thou, go back alone to thy frail world:
Chastise thy heart with knowledge, unhood to see,
Thy nature raised into clear living heights,
The heaven-bird's view from unimagined peaks.
For when thou givest thy spirit to a dream
Soon hard necessity will smite thee awake:
Purest delight began and it must end.
Thou too shalt know, thy heart no anchor swinging,
Thy cradled soul moored in eternal seas.
Vain are the cycles of thy brilliant mind.
Renounce, forgetting joy and hope and tears,
Thy passionate nature in the bosom profound
Of a happy Nothingness and worldless Calm,
Delivered into my mysterious rest.
One with my fathomless Nihil all forget.
Forget thy fruitless spirit's waste of force,
Forget the weary circle of thy birth,
Forget the joy and the struggle and the pain,
The vague spiritual quest which first began
When worlds broke forth like clusters of fire-flowers,
And great burning thoughts voyaged through the sky of mind
And Time and its aeons crawled across the vast
And souls emerged into mortality."

But Savitri replied to the dark Power:
"A dangerous music now thou findest, O Death,
Melting thy speech into harmonious pain,
And flut'st alluringly to tired hopes
Thy falsehoods mingled with sad strains of truth.
But I forbid thy voice to slay my soul.
My love is not a hunger of the heart,
My love is not a craving of the flesh;
It came to me from God, to God returns.
Even in all that life and man have marred,
A whisper of divinity still is heard,
A breath is felt from the eternal spheres.
Allowed by Heaven and wonderful to man
A sweet fire-rhythm of passion chants to love.
There is a hope in its wild infinite cry;
It rings with callings from forgotten heights,
And when its strains are hushed to high-winged souls
In their empyrean, its burning breath
Survives beyond, the rapturous core of suns
That flame for ever pure in skies unseen,
A voice of the eternal Ecstasy.

(to be continued next week)

Sri Aurobindo, Savitri—A Legend and a Symbol

Book 10: The Book of the Double Twilight,
Canto 2: The Gospel of Death and Vanity of the Ideal

https://sri-aurobindo.co.in/workings/sa/2829/0045_e.htm

Townhall Speaks

CITY SERVICES CONTRIBUTIONS AND PAYMENTS January 2023

Summary	Unspecified	Specified	Total
Buffer Opening Balance (BOB)	59,866,151	-	59,866,151
Monthly Contributions (Int. + Ext)	19,798,491	1,928,171	21,726,662
Total Contributions (OB+Monthly Inc)	79,664,642	1,928,171	81,592,813
Total Payments	22,818,812	1,755,264	24,574,076
CS Ending Balance (Includes BOB)	56,845,830	172,907	57,018,737
Monthly loss			-2847414

Specification of Monthly Contributions: (Int. + Ext)

Source	Unspecified	Specified	Total	
Commercial Units	7,059,386	331,982	7,391,368	34%
Services	9,904,495	1,144,914	11,049,409	51%
Aurovilians, Newcomers, & Friends	2,834,610	451,275	3,285,885	15%
Internal Total	19,798,491	1,928,171	21,726,662	

Specification details of Payments

Summary: By Heading

Addi-tional Pay-ments	Regular Payments	Maintenan-ces	Budget Payments	Specified Contribu-tions	Total Payments
Education					
3,250	1,170,917	2,843,116	4,017,283	505,960	4,523,243
Children & Youth					
-	20,750	3,431,844	3,452,594	-	3,452,594
Social Support					
93,081	5,500	3,030,111	3,128,692	107,050	3,235,742
Organization					
143,772	640,415	1,119,205	1,903,392	1,350	1,904,742
Health					
384,905	706,200	434,645	1,525,750	71,770	1,597,520
Village Education					
18,960	321,000	923,113	1,263,073	43,440	1,306,513
Prosperity Services					
17,442	353,600	848,896	1,219,938	69,078	1,289,015
Roads, Cycle Paths, & Transport					
41,937	240,000	16,482	298,419	890,716	1,189,135
Forests					
-	461,350	708,737	1,170,087	17,500	1,187,587
Contingency					
-	-	941,985	941,985	-	941,985
Outreach					
-	624,350	218,182	842,532	-	842,532

Culture & Sports					
19,921	329,800	380,218	729,939	10,900	740,839
Security					
-	582,000	128,419	710,419	4,000	714,419
Farms					
-	10,000	518,242	528,242	2,000	530,242
Land					
-	308,000	128,419	436,419	14,000	450,419
Matrimandir					
-	8,750	240,985	249,735	8,000	257,735
City Planning					
-	114,250	87,747	201,997	-	201,997
Housing					
-	45,000	79,150	124,150	9,500	133,650
Utilities					
-	14,500	35,573	50,073	-	50,073
Projects					
-	5,000	19,091	24,091	-	24,091
Total					
723,268	5,961,382	16,134,162	22,818,812	1,755,264	24,574,076

Dear Residents, as you can see from the above data, BCC finds itself in difficult position of loss of Rs.28,47,414 for the month of January 2023. The above figures are only a bird's eye view of how far we can stretch. We are doing efforts to improve collections of individual contributions, units and services. This process is ongoing. We hope that soon, we can reduce the loss and bring more balance. There is still a significant number of residents not contributing. We count on the support of everyone in this.

In the light of the above situation, the expenses have to be taken under careful consideration so we can move into more "safe waters".

Sincerely, BCC

AUROVILLE HOUSING MANDATE

Residential assets in Auroville are regulated by the Funds and Assets Management Committee (FAMC), an oversight body constituted by the Governing Board. The FAMC delegates the operational responsibilities with regard to residential assets to the Housing Service, a department of the FAMC. A Housing Advisory Group is constituted to advise the FAMC on policy and strategic goals for long term growth of Housing and effective utilization of existing housing assets. The respective roles and responsibilities of the FAMC, the Housing Service and the Housing Advisory Group are as follows:

The FAMC The overall superintendence of all residential assets in Auroville falls within the mandate of the FAMC. The FAMC is to ensure "that all funds and assets of Auroville are being managed in a responsible manner and are used to achieve the vision set out in the Charter of Auroville." FAMC's specific responsibilities in regards to this mandate include:

- Providing an effective oversight to the work of the Housing Service for both operational and strategic matters covering immediate and longer term planning;
- Reviewing and providing guidance in relation to the financial management of all residential assets, including the review of Annual Work Plans and Annual Reports regarding Auroville's Housing;
- Reviewing, and providing guidance in relation to the operational workings and structuring of the Housing Service including, where appropriate, approval of operating procedures and manuals;

- d. Appoint, review, and determine the terms of service (and termination of Service) for the members of the Housing Service and, in particular, the positions of the Finance Coordinator and the Coordinator of Housing Service;
- e. On the basis of recommendations by the Housing Service, approving the allocation of residential property, the period of its occupancy (including Stewardship), and any conditions of occupancy that may apply to that occupancy;
- f. Reviewing and approving an annual budget submitted to it by the Housing Service;
- g. Reviewing and approving policies and key documentation, as well as approving amendments to such documents that are related to housing and submitted to it by the Housing Service; and
- h. Considering, in consultation with the Town Development Council and the Housing Service, Auroville's housing needs within wider strategic planning relating to Auroville's management of funds and assets.

The Housing Advisory Group is responsible for strategic planning for Auroville's housing requirements. Its specific responsibilities include:

- a. The identification of Auroville's housing needs, problems and potential solutions for both current and future generations;
- b. Identifying priority areas for fundraising and advising in relation to the same;
- c. The production of an annual work plan and annual budget highlighting key housing issues that will be encountered or resolved within the following year. This shall be submitted to the FAMC for review and approval;
- d. The production and submission of an annual report to the FAMC setting out information regarding the work of Auroville's Housing sector over the last year.
- e. Drafting and monitoring policies relating to housing for recommendation and approval to the FAMC;
- f. Reviewing all new housing projects that ATDC approves for implementation by project holders;

The Housing Service is responsible for the daily administration and attendance to Auroville's housing issues. It makes decisions that touch upon the Housing Policy and is accountable to FAMC. Specific responsibilities include;

- a. Providing regular updates on its work including, but not limited to, information regarding its finances; at intervals to be agreed with the FAMC.
- b. Providing effective periodic management for residential property owned by the Auroville Foundation;
- c. Recommending to the FAMC the allocation of residential property, the period of its occupancy (including Stewardship) and any conditions of occupancy that may apply, and doing so in a manner that is fair, transparent, free of arbitrariness or conflicts of interest and in accordance with any relevant published guidelines or policies governing the same;
- d. Recommending loans or contribution waivers, where appropriate, to Loan Group for review and further approval, where appropriate from the FAMC;
- e. Approving grants relating to housing maintenance and repairs below a threshold sum set by the Housing Advisory Group in accordance with internal policies governing the same. Such grants shall be reported to the FAMC;
- f. Processing loan requests to housing needs will as per the Loan policy and considering requests for, and recommending to the Loan Group, that loans, be issued in accordance with guidelines and applicable policies;
- g. Maintaining administrative and accounting records necessary for the smooth running of the Housing Service;

- h. Arranging or preparing estimates for repairs approved by the Housing Service and provide oversight during the process of the repairs being undertaken;
- i. Maintaining current data regarding all the residential assets of Auroville, their occupancy and stewardship and make it available to the FAMC;
- j. Collecting and recording contributions due in relation to occupancy and repairing of residential assets;
- k. Reporting regularly to the community on Housing Service works as listed above;
- l. Maintaining and displaying transparency in the decisions made with respect to house transfers, loans and grants sanctioned or any other decisions made by the Housing Service. In case of a conflict of interest from any of the member of the Housing Service in any specific decision to be made, a clear communication as to the nature of the issue is to be presented to the FAMC in order for it to ensure the decisions are made without bias; and
- m. Assisting, as necessary, with the Housing Advisory Group in the discharge of its duties.

Constitution of the Housing Advisory Group

The Housing Advisory Group will be composed of members chosen by the FAMC in a fair and transparent manner. The constitution of the group will be as follows:

1. 2 members from the Housing Service;
2. 1 member from the FAMC;
3. 1 member from the Town Development Council;
4. 1 members from the community-at-large

Representative members shall be nominated by their respective groups which will then be subject to final approval by the FAMC.

Community-at-large members

will be selected by the FAMC based on their skills and experience relevant to Housing work.

1. Appointments to the Housing Advisory Group will be for a period of three year terms;
2. The FAMC will endeavor to ensure knowledge retention within the Housing Advisory Group by, where possible, facilitating handovers between departing and newly selected members and, where possible, staggering the terms of Housing Advisory Group membership.
3. Reappointment to the Housing Advisory Group will be done by FAMC following the same process as initial selection;

Criteria for membership of the Housing Advisory Group

To be a member of the Housing Advisory Group, an individual must:

1. Have a commitment to the Charter and ideals of Auroville;
2. Be willing to dedicate their time and energy to the work of the Housing Advisory Group in a spirit of goodwill, collaboration and transparency. This includes the ability to work together harmoniously with the FAMC and Housing Service members;
3. A concern for and willingness to work toward the improvement of Auroville's housing situation;
4. Display competence in areas of work covered by this mandate;

Removal of a member from the Housing Advisory Group

The FAMC reserves the right to remove a Housing Advisory Group member at any time if one or more of the above cited criteria for membership is breached;

- FAMC DRAFT January, 2023

*In Her Service, Smiles,
Geeta for FAMC*

AUROVILLE HOUSING POLICY 2023

At Auroville nothing belongs to anyone in particular.

All is collective property.

To be utilized with my blessings for the welfare of all.

The Mother

As per the words of the Mother and the Charter of Auroville, there is no private property as such in Auroville and all assets, including those created or financed by individuals, belong to the community as a whole. Housing assets may be entrusted to residents under various types of agreements but this in no way implies any form of personal ownership. This Housing Policy formulates guidelines, to address the various situations which exist and may arise with regard to housing in Auroville.

General Principles

- a. All houses, apartments and other immovable constructions created on Auroville land, vested in the Auroville Foundation, are assets of the Auroville Foundation. The Auroville Foundation holds all these assets in trust for humanity as a whole.
- b. Therefore, an Aurovilian or any other person cannot in any way claim to be the private owner of houses, apartments or other constructions in Auroville.

Management and Stewardship

- a. All houses, apartments and other immovable assets created on Auroville land are under the management responsibility of the Funds and Assets Management Committee (FAMC). The FAMC delegates part of this responsibility to the Housing Service.
- b. Stewardship of a house or an apartment is a privilege granted to an Aurovilian or a Newcomer which allows the steward to occupy and reside in the asset as long as the following conditions are fulfilled:
 - i. Is living in Auroville on a regular basis at least nine months of every calendar year; and
 - ii. Is working fully in Auroville for a recognized service, unit or undertaking directly relatable to Auroville
- c. At the same time, it is the responsibility of the steward to care for the housing asset in such a way as to avoid the asset falling into disrepair. Basic repairs, annual maintenance such as painting, as well as upgrading of infrastructure as needed are also the responsibility of the steward. If the steward is not in a financial position to attend to these works, he/she will seek the help of the Housing Repair Service under the Housing Service.
- d. A person who is not an Aurovilian or a Newcomer cannot be a steward of a house or apartment in Auroville and such persons have no right of occupancy.
- e. Any person who is not an Aurovilian or Newcomer and who residing in a house or apartment vested in the Auroville Foundation, including the family members of an Aurovilian or Newcomer, must sign the same declaration as Aurovilians and Newcomers that they have and will not make any claim of ownership on these assets. Such persons will have to ensure the asset and its common infrastructure is kept up properly in close coordination with the Housing Service.
- f. An Aurovilian or a Newcomer cannot be the steward of more than one housing asset at a time.
- g. Residential assets cannot be taken advantage of for personal profit (e.g. renting of rooms). Likewise they cannot be transformed into a guest house, except by the FAMC.
- h. All stewardship allocation must be ultimately approved by the FAMC.

Temporary Absence of a Steward

- a. Any steward who wishes to leave Auroville for a period longer than three months, due to which the house or apartment will be unoccupied, must consult the Housing Service for placing a temporary housesitter.

- b. A suitable house-sitter will be identified in collaboration with the Housing Service, the steward and the closest neighbors. An agreement outlining the temporary stay of the house-sitter will be prepared by the Housing Service. This will be signed by the house-sitter and the Housing Service, mentioning all the pertinent details of the location, duration, context and the details of steward under whom the current stewardship is vested.
- c. House-sitting agreements will have a maximum duration of one year, with the possibility of being extended with the mutual agreement of the steward and the Housing Service.
- d. In case the steward will be absent for a period less than three months, notification of absence must be given to the Housing Service and any temporary house-sitting agreements must be disclosed.

Permanent Absence of a Steward

- a. In case an Aurovilian or a Newcomer leaves Auroville permanently, the house or apartment will be re-allocated by the Housing Service.
 - i. A Newcomer is considered to have left Auroville permanently if his or her Newcomer period has been terminated by the Entry Service without s/he having become Aurovilian;
 - ii. An Aurovilian is considered to have left Auroville permanently if his or her name has been removed from the Register of Residents by the [Termination Committee].
 - iii. An Aurovilian or Newcomer passes away.

Revocation of stewardship

- b. In the case that a steward is not regularly fulfilling the conditions and responsibilities of stewardship, namely, living in Auroville at least nine months out of every calendar year, working fully in Auroville for a recognized service or undertaking directly relatable to Auroville and maintaining the housing asset in proper condition;
- c. Or in the case that a steward has contravened the stipulations of this Housing Policy such as, but not limited to, giving the asset for sub-lease or rental, allowing unauthorized persons to reside there or repeated failure to inform of long absences or allow house-sitters without going through the Housing Service, stewardship may be revoked by the FAMC.

House Allocation

- a. The Housing Service, in consultation with FAMC, will make the allocation of all houses and apartments.
 - i. Inheritance rights are not recognized in Auroville, there being no personal property as such.
 - ii. Adult Aurovilian progeny are considered co-stewards of a house stewarded by their parents if they are living there permanently and provided they are working for and in Auroville. If the Aurovilian parents move to another asset or pass away, upon the request of the adult Aurovilian progeny to Housing Service, he/she will normally be made official steward of the housing asset.
- b. The Housing Service will normally allocate a house or apartment to an Aurovilian or a Newcomer. In exceptional cases, in consideration of services being rendered to Auroville, the Housing Service may make a house or apartment available to consultants, long-term guests, volunteers, students, civil workers and others who will stay in Auroville for a limited period of time with the prior agreement of the FAMC.
- c. The Housing Service may allocate a newly constructed house or apartment to an Aurovilian for stewardship against a specified donation, depending on the project costs for the housing asset. Even though the allocation of stewardship is given against a contribution, continuing stewardship is still subject to fulfillment of the stewardship criteria and responsibilities mentioned in this policy and may be revoked for reasons mentioned in the previous section.

- i. Stewardship of newly constructed houses or apartments may also be allocated pro-bono, depending on the source of funding for the project (e.g., donations). Pro-bono stewardship allocation of a house or apartment is the decision of the Housing Service and is provided only for those Aurovilians who have no financial means. Consideration for pro-bono housing will be based on the same priority criteria mentioned in this policy 2(b). Pro-bono allocations must be approved by the FAMC.
- d. For allocations of used houses, the Housing Service will make the asset ready for occupation by refurbishing the asset to be structurally safe, clean with proper hygiene standards, and properly maintained. Stewardship of the asset will normally be given against a contribution, the extent of which will be based on several factors including the cost of the refurbishment and administrative costs of the Housing Service, among others.
- i. Stewardship of used houses or apartments may also be allocated pro-bono. Pro-bono stewardship allocation of a house or apartment is the decision of the Housing Service and is provided only for those Aurovilians who have no financial means. Consideration for pro-bono housing will be based on the same priority criteria mentioned in this policy 2(b). Pro-bono allocations must be approved by the FAMC.
- e. In case the requests for a housing allocations exceed the number of houses and apartments available, the Housing Service shall consider the following criteria to establish the priority for allocation, in no particular order:
 - i. The ability of the Aurovillian or Newcomer to contribute financially towards his or her housing;
 - ii. The number of Aurovilians or Newcomers in the family;
 - iii. Length of residence in Auroville and history of engagement in work for Auroville during those years;
 - iv. Length of time spent on the waiting list;
 - v. The urgency of the situation.

House Exchange or Transfer

- a. An Aurovillian wishing to become a steward of a house or apartment in exchange for his/her present stewardship of a house or apartment, will contact the Housing Service, who will conduct the house or apartment exchange.
- b. Feedback from the respective communities involved in a house transfer or house exchange will be considered before a decision is made but will not be binding.
- c. Possibilities for obtaining stewardship of a house or apartment through house exchange will be informed to all those who are on the waiting list for allocation of a housing asset and published in the News & Notes and on Auronet. Potential stewards who contact the Housing Service for stewardship of the asset will be considered in light of the priority criteria mentioned in 6e and the feedback obtained from the community, and the decision will be taken accordingly.
- d. The Housing Service will determine the modalities of exchanges or transfers. Any houses involved in a house exchange or transfer have to be properly inspected by the Housing Service and each vacating steward will provide the necessary funds to refurbish the house to a proper and professional standard. Appropriate agreements will be drawn up for the new stewardships and signed by all parties.

New Housing

- a. An Aurovillian or Newcomer or an Auroville unit wishing to construct an individual house or an Aurovillian or an Auroville unit wishing to construct a multiple housing project will obtain the prior written permission of L'Avenir d'Auroville (NOC) and the FAMC. Before giving its approval, L'Avenir d'Auroville and the FAMC will ascertain that:
 - i. The proposed building construction is within the Master Plan guidelines and the building application process has been approved and an NOC obtained;
 - ii. The funds necessary for the construction of an individual house are available or the proposed multiple housing project is financially sound in terms of the health of the business;
 - iii. For a multiple housing complex or project, proper project and financial management have been provided for;
 - iv. Additionally, those applicants who are Newcomers have obtained a proper recommendation from the Entry Service. Before giving its final approval, L'Avenir d'Auroville will inform the Housing Service.
- b. An Aurovillian or Newcomer wishing to construct an individual house will be fully responsible for the realization of the construction.
- c. An Aurovillian or Newcomer permitted to construct will make a fraternal contribution at the rates then in effect to the Housing Repair Fund based on the basic costs of the asset(s).

Newcomer Housing

- a. In order to provide housing to Newcomers so that they may experience Auroville with a minimum of difficulties, small houses and apartments specified as 'Newcomer Houses' are made available for them.
- b. The Housing Service will manage Newcomer housing, and report periodically to the Entry Service and FAMC of allocations and other important information pertaining to Newcomer housing.
- c. The Housing Service will normally allocate Newcomer housing to a Newcomer for a maximum period of one year. The Housing Service may extend this period for a limited time, in cases where the Newcomer process gets extended or due to a lack of permanent housing.
- d. The Housing Service may decide that Newcomer housing can be allocated to an Aurovillian for a period of up to one year provided that a future housing is assured for the said Aurovillian.
- e. The Housing Service allocates Newcomer housing against a monthly contribution from the Newcomer to the appropriate Housing Fund (as mentioned in section 12). The amount will be reasonable to cover the costs for administrative services and for the maintenance of the asset.
- f. Newcomers wishing to construct an individual house or an apartment in a multi-dwelling housing project will make a Payment Agreement with the Housing Service and deposit the value of the house or apartment with the Auroville Maintenance Fund. In case the Newcomer decides to leave Auroville the deposited amount will be refunded to the Newcomer as per the terms of the Payment Agreement. When the Newcomer becomes an Aurovillian the deposit will be transferred as a donation to the Auroville Unity Fund as per the terms of the Payment Agreement. Only Newcomers with a positive recommendation of the Entry Service may enter into Payment Agreements.

Youth Housing

- a. Youth housing is temporary housing designated for Aurovilians who are under the age of 35.
- b. Youth housing is managed and allocated by the Housing Service.
- c. In order to be eligible for Youth Housing, a person should be:
 - i. Aurovilian;
 - ii. Under the age of 35;
 - iii. Living in Auroville on a regular basis at least nine months of every calendar year;
 - iv. Working fully in Auroville for a recognized service, unit or undertaking directly relatable to Auroville.
- d. The Housing Service allocates Newcomer housing against a monthly contribution to the appropriate Housing Fund (as mentioned in section 12). The amount will be reasonable to cover the costs for administrative services and for the maintenance of the asset.
- e. After the age of 35, Aurovilians in Youth Housing are expected to find other accommodation in Auroville.
- f. Youth Housing can be reallocated by the Housing Service in case any of the eligibility requirements mentioned above are no longer being fulfilled by the resident.

Bridge Housing

- a. Bridge housing is temporary housing designated for Aurovilians who are waiting for a permanent housing solution.
- b. Bridge housing agreements are given for a maximum period of 2 years.
- c. To be eligible for Bridge housing, a person should be:
 - i. Aurovilian;
 - ii. Living in Auroville on a regular basis at least nine months of every calendar year;
 - iii. Working fully in Auroville for a recognized service, unit or undertaking directly relatable to Auroville;
 - iv. Having an urgency to shift housing such as in the divorce of couples, expansion of one's family, waiting for construction of a house or apartment, etc., for which one needs a temporary solution.
- d. The Housing Service allocates Bridge housing against a monthly contribution to the appropriate Housing Fund (as mentioned in section 12). The amount will be reasonable to cover the costs for administrative services and for the maintenance of the asset.

Housing Funds

The Housing Service will manage three funds: the Housing Repair Fund, the Newcomer, Bridging and Youth Housing Fund and the Revolving Fund.

- a. **Housing Repair Fund:** The Housing Repair Fund will be used to repair and renovate stewarded residential assets as is required. Its income will come from:
 - i. Fraternal contributions as described under 8c above.
 - ii. Donations towards the allocation of a house or apartment under 6c and 6d above;
 - iii. Other donations and contributions (such as from City Services).
- b. **Newcomer, Bridge and Youth Housing Fund:** The income of this Fund will be used for the reconditioning of Newcomer, Bridging and Youth Housing and will consist of:
 - i. Monthly contributions as cited in section 9e, 10d and 11 above
 - ii. Other donations and contributions (such as from City Services)
- c. **Revolving Fund:** The income of the Revolving Fund will be used for stewardship transfer advances as needed, and other operational needs related to Auroville Housing Service and will consist of:
 - i. Fund-raising

- ii. Other donations and contributions (such as from City Services)

Allocations from the Housing Repair Fund

- a. To be eligible for receiving financial aid from the Housing Repair Fund for the repair or renovation of a housing asset of which one is the recognized steward, one must be:
 - i. Living in Auroville on a regular basis at least nine months of every calendar year; and
 - ii. Working fully in Auroville for a recognized service, unit or undertaking directly relatable to Auroville
- b. In the case that the requests for financial aid exceed the funds available, the Housing Service shall consider the following criteria to establish the priority for allotting aid:
 - i. Nature and urgency of the repair/ renovation requested;
 - ii. Ability of the Aurovilian to contribute by him- or herself and/or obtain donations or loans from other sources, and their ability to repay any loans.
- c. The Housing Service may allocate the aid in the following ways:
 - i. In the form of a full or partial grant.
 - ii. In the form of a full or partial loan, to be reimbursed in monthly or other installments by the unit for which the Aurovilian works and/or by the Aurovilian as he/she has the financial means to do so.
- d. The Housing Service may also request the unit or service in which the Aurovilian works to make a donation or contribution to the Housing Service, to be used for the repair/ renovation of the house or apartment.

Appeal

- a. All disputes of matters under the purview of this policy will be reviewed and decided by the FAMC, whose decision will be final.
 - b. Additionally, any request for an exception to any of the above will also be presented to the FAMC, whose decision will again be final.
- FAMC approved January 2023
 - Feedback from individuals can be sent to famc@auroville.org.in.

In Her Service, Smiles, Geeta for FAMC

L'AVENIR D'AUROVILLE / ATDC

Application Announcement 23-02-2023

A. The following projects have received Building Approval (feedback requested before 9 March 2023 to application-avenir@auroville.org.in):

Temporary Caretaker House & Volunteer Capsules—AV Model Farm & Training & Production Center BA—2603

- **Applicant/s:** Anitha & Jothi Prasad
- **Location/area:** Sustenance Farm / SSSN
- **Area for which approval is sought:** 165 sq.m.
- **Project brief:** The goal of the project is to train Aurovillians, Newcomers, and Volunteers. To practice sustainable farming in order to ensure the food security of Auroville and the Bioregion. We need caretaker residents to look after the farm and to house volunteers. We suggest 7 volunteer temporary capsules with a shared kitchen and toilet. Each capsule will be 10 square metres in size, with a kitchen of 10 square metres, a toilet and laundry room of 10 square metres, and a caretaker home of 72 square metres.

For more details, please see our Aurnet post <https://auroville.org.in/article/94585>

Constructive feedback guidelines

So far, while giving permissions, we have asked the project team to include approval from the neighbors. This has no resonance with the ideals of Auroville where we are supposed to be headed towards a life guided by no desire, no preferences and no sense of ownership. We will no longer request this approval.

Similarly when we publish projects for approval, we will discard all personal feedback with respect to "neighbors choosing neighbors" or "neighbors choosing development guidelines".

All other feedback is welcome and will be part of the process.

*At the service of Truth,
Lieve for L'avenir d'Auroville / ATDC*

FROM THE ENTRY SERVICE— ES # 170

Dated: 23-02-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- Ananthi K (Indian) staying in Pitchandikulam and working at French Pavilion
- Mehul KUMAR (Indian) staying in Adhi Guesthouse (Botanical Garden) and working at Hemp Planet
- Sylvie RAQUES (French) staying in Maruthuvam and working at Maruthuvam Healing Forest



Ananthi



Menul



Sylvie

CHILD OF NEWCOMER:

- Amsel (Indian) born on 22-09-2021 (son of Ananthi)

NEWCOMER CONFIRMED:

- Rotem ABDAY (Israeli)

AUROVILIAN ANNOUNCED:

- Manimozhi JAYAMOORTHY (Indian) staying in Sailam Community and working at Matrimandir & SAVI

AUROVILIAN CONFIRMED:

- Daniel RABIN (Canadian)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

*Yours, The Entry Board,
Alain, Dheena, Jayanthi, Lakshmanan,
Matilde, Ramanarayana and Swadha*

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
- Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

0413 262-2707, auroville.entryservice@gmail.com

Warmly, William For The Entry Service

FOREST GROUP MEETING

Samridhi, Friday, 3 February 2023

Present: Archana (Sidhartha Forest), Yuval (Eternity), Ambre (Nilatangam), Vikram (Infinity), David (Aurodam), Eric (Baraka), R. Kanniyappan (Pitchandikulam), G. Vengadesh (Abri Forest), Andreanne (Hermitage), Jessamiin (Udumbu), Iyyanar & Ramani (Freedom), Giri & Moni (Fertile East), Glenn (Anusuya), Philippe (Anusuya), Christoph (Bliss / Anusuya), Manolo (Bliss / Espace), Arun (Revelation), Julien (Revelation), Amos (Evergreen), Zohar (Evergreen), Kumar (Adventure), Mani (Samridhi), Diego (Samridhi), Biggie (Samridhi), Dave (Chairperson), Ancolie & Arun (Notes). 3 Guests-Ivana, Jan and Manu. 30 members present

Topics discussed

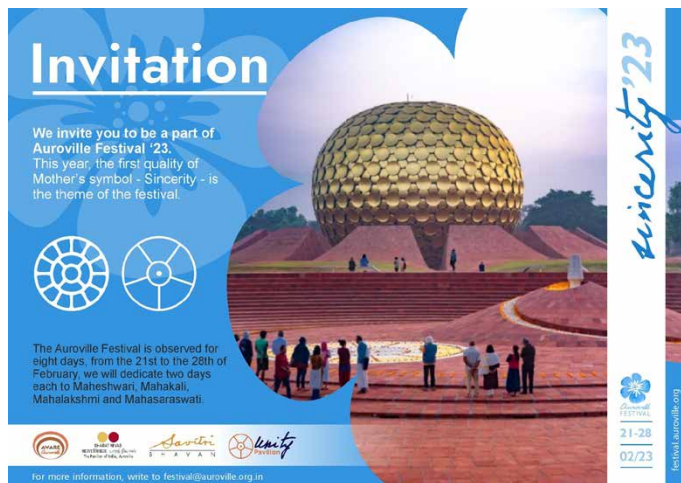
- The forest group** is a service, not a service unit. The foresters have selflessly given their service for decades and now many feel they have been stripped from their basic human rights. When one takes care of land for so many years there needs to be some kind of human rights. Aurovilians, green workers in this case, believe in the true and free Auroville and will continue to serve the Divine Consciousness, nothing less than that.
- Status update.** Ivana, Aurovilian updated the FG about her work in various forests of Auroville: Aranya, Revelation, Evergreen. She is requesting an Apprentice Status with any forest that requires help. +917094344154
- Maintenance request.** Ramani from Freedom Forest is requesting a full maintenance. The GB BCC asked for a fresh communication from the forest group. The FG advised Mrs Ramani to route the request through the RA BCC. The FG also agreed to issue a letter.
- End of forest apprenticeship.** Ancolie is in favour of the concept of apprenticeships. She encourages more people from Auroville who are interested in forest work to work in forests as a forest apprentice. She also gave an update about her forest maintenance. As the forest budget has been taken over by the GB BCC, there has been no action from their side to give her a maintenance except for redirecting it to the GB FAMC. The matter is still pending.
- Forest Budget.** The Forest Budget report and appropriate documents will be submitted.
- Evergreen.** Land adjoining Sustenance, Gowri (Service Farm). No access, 4 acres of land has remained unused for a decade. In October 2022 this land (mainly Work tree and silver work tree) was cleared by unknown people with chainsaws. It was claimed that this land was supposed to become a benchmark Farm conducted by the GB TDC. Recently this land has been ploughed with JCBs in Jan 2023 by Prasad & Anita (farm group accountant). Prasad (GB TDC) stated that an **additional 4 acres will be cleared** in due course but planting on this land has already been carried out on that plot by the Evergreen Team for the last 20 years. That section of forest is a well-established young forest with a large spectrum of Evergreens. We cannot emphasize enough the need and importance of communication and transparency in Auroville. The forest group is not against farming but it seems that residential buildings are also planned to be built on Gowri's disputed land. The Forest group is supporting Vishnu from the Farm Group. More to follow.
- Samridhi.** Mani wants to setup a woodwork workshop with a power supply. The forest group requested the team to submit a proposal with maps + plan and to perhaps explore sharing premises & setup with the Tree House Community at Abri.
- David from Aurodam** updated the FG about the collaboration that he is pursuing with the Pondicherry University Ecological Department
- Ecological Project in the Himalayas.** Arun invited anyone interested in working in an Ecological Project in the Himalayas.
- The next forest meeting will be in Infinity on 3 March.

Submitted by Ancolie

Community News

Auroville Matters

**WE INVITE YOU TO BE A PART
of the Auroville Festival '23.**



This year, the theme of the Auroville Festival is 'Sincerity'. Her qualities are an apt reminder, as to why we are here. We shall use the occasion of the festival to look at various aspects of Auroville through the lens of 'Sincerity'.

The Auroville Festival is observed for eight days, from the **21 to the 28 of February**, and we are planning to dedicate two days each to Maheshwari, Mahakali, Mahalakshmi, and Mahasaraswati.

Every year, during February, we traditionally, informally celebrate the Auroville week, from Mother's birthday on the 21st to Auroville's birthday on the 28th. Since last year, we've given the Auroville week a consolidated form with a dedicated team to organize the events around it as the 'Auroville Festival'. In 2022, the theme was 'Unity' and we explored topics such as unity in the community, unity with the neighboring villages, manifesting City for Unity, along with the announcement of Sri Aurobindo's 150th Birth Anniversary year.

We've further defined the eight days of the Auroville Festival, inspired by the four central petals of Mother's symbol—Maheshwari, Mahakali, Mahalakshmi, and Mahasaraswati. The first four days shall focus on the four powers of the Universal Mother—Wisdom, Strength, Harmony, & Perfection. And, the remaining four days on four attributes we need to develop in ourselves, echoing her Grace—Knowledge, Power, Abundance, & Self Giving.

Each day, we shall begin with some calming and centering activities for concentration, and then move on to physical activities, where the body is activated and energized. Further, there shall be activities and workshops that touch the participant's and attendees' biological functions in a positive manner. After lunch, some discussions and talks have been planned to cater to the cerebral needs, wherein, we shall dive into the details of the possible common actions. A dedicated discussion series has been planned around the City, to honor the inner circle of the Auroville symbol. Finally, each evening shall end with some lively cultural activities.

For more information, please visit festival.auroville.org

Wish you all well!

Love, Auroville Festival Team
Devasmita, Lakshay, Nilima,
Sudha, Uma P, & Uma M

AMPHITHEATER—MATRIMANDIR



24 February

Musical offering to the Divine Mother

- 5:30pm at the Amphitheatre

ममैवांशो जीवलोके जीवभूतः सनातनः

"It is an eternal portion of Me that becomes the Jiva in the world of living creatures..."

Bhagavad Gītā, translation by Śrī Aurobindo

- **Nādaprem:** Vocal, Bansuri, Duduk, Viola, Keyboard, Electronics.
- Entrance from the Office Gate at 5 pm. Guests are requested to bring along their Aurocard.

26 February

The Eternal Through The Ages

- 5:30pm at the Amphitheatre

Visiting Australian Soprano, Heather Lee, will be offering an evening concert of sacred songs in the beautiful atmosphere of the Matrimandir. From St. Hildegard Von Bingen's prayers to Sri Aurobindo's Savitri, and other musical delights.

- Entrance from the Office Gate at 5 pm. Guests are requested to bring along their Aurocard.

28 February

Collective Meditation for Auroville's Birthday with Dawnfire

- 5—6:30am

"Four great Aspects of the Mother, four of her leading Powers and personalities have stood in front in her guidance of this universe and in her dealings with the terrestrial play. One is her personality of calm wideness and comprehending wisdom and tranquil benignity and inexhaustible compassion and sovereign and surpassing majesty and all-ruling greatness. Another embodies her power of splendid strength and irresistible passion, her warrior mood, her overwhelming will, her impetuous swiftness and world-shaking force. A third is vivid and sweet and wonderful with her deep secret of beauty and harmony and fine rhythm, her intricate and subtle opulence, her compelling attraction and captivating grace. The fourth is equipped with her close and profound capacity of intimate knowledge and careful flawless work and quiet and exact perfection in all things. Wisdom, Strength, Harmony, Perfection are their several attributes..."

- Entrance from the Second Banyan Gate only. Open from 4 to 5am and after 5:45am.
- Please note that during the meditation, from 5 to 5:45am the gates will remain closed. All are requested to come early and be seated by 4:55am. Latecomers may join in after 5:45am. Access is limited to the Amphitheatre and up to 7am only. Please remember to leave your pets at home

Your goodwill and cooperation are essential to maintain an atmosphere of peace and silence all through the meditation.

Savitri Music in the Amphitheatre with the setting sun

- 5:30—6pm
- Entrance from the Office Gate at 5 pm. Guests are requested to bring along their Aurocard.

Important Information

The meditations and all the presentations at the Matrimandir are an opportunity for individuals to experience inner silence in a unique collective setting. To maintain the special atmosphere, everyone is requested to observe silence and to leave their cell phones, cameras, tablets and other recording devices at home or in their vehicle. Those in possession of such items will be required to deposit them at the 'Custody Facility' outside the Park of Unity. Matrimandir Management will try to take utmost care of your items, but will not be responsible for theft or existing damage of items deposited at the "Custody Facility".

Please do not bring your pets to the meditation.

Through your participation, you can help make the collective meditation and events at the Matrimandir a precious moment of inner experience.

Thanking you in advance for your understanding and co-operation.

Bonne Fête! Warmly, Antoine

TAMIZH ANNAI



Submitted by Arun, Unity Pavilion

LET'S BE INSTRUMENTS FOR TRANSFORMATION

Perhaps the time has come for us to try to put aside our personal and collective ego and self satisfaction for having been the instruments to have transformed a wasteland into a beautiful town, surrounded by forests, with a great meditation chamber in the center and listen again to the clarion call of the charter—and bend to the task to help auroville become something that belongs to humanity as a whole.

This week we have had the great good fortune to be the site of an international summit on science, spirituality and awakening humanity.

People from all over the world have come as participating speakers, and many attended as guests, and the conversation kept going back to Sri Aurobindo's vision of a future humanity. How to get there?

Which yoga practice, right action, or idea will help us turn back the tide of climate change, and a humanity beset by wars and personal and universal divisions among us.

Perhaps this was a step to help Auroville become the city of the future if we can use it as that. The concert by Krishna Das, and the summit, were a gift to us from the rest of the world, out of respect for Sri Aurobindo.

Can we use this gift to try to move forward to become a true embodiment of human unity?

Or are we so addicted to our egos that we will choose to go on in the spirit of confusion and division one finds everywhere in the world....

Jocelyn Janaka

SHARING OUR WORK FOR FREE ... AUROVILIAN WAY

Reading our News I go back to the 60's and the Esalem time, the "Old New Era" again?... we could find any therapies, any gym, any hatha yoga, any... any... woww...

But my real question is what about the facilitators... and what about the fees... People come to visit us and get money here for their work? ... meanwhile, quite a few of us are going on... for almost 50 years sharing our work for free... Aurovilian way...

Any answers?

In Her Grace, Anandi ayun, Certitude

Passing On

ELLEN



This is to inform the community that our fellow Aurovilian Ellen Tessloff (né Doring) at 11.20 in the morning of today, Sunday 19 February, very quietly and peacefully left her body in her Arati apartment. Her son Manuel had come over from Germany and was by her side. She would have been 95 in April this year.

After a career as a hatha yoga teacher in Germany, Ellen arrived in Auroville in 1996 and was accepted as Aurovilian the year later. Starting out as a welcome presence in Ilaigarkal school she subsequently joined the Auroville Library where she worked for years. On the side, she would translate works of Sri Aurobindo into German for a publishing house connected to her husband.

During the last ten years we have seen Ellen in a wheelchair as she wasn't able to walk anymore due to spondylolisthesis, a degenerative spinal disease leading to paralysis of both legs. Helped by her no-nonsense and strong-willed character, she took it in her stride and managed to keep taking care of herself until the most recent years.

Our warmest condolences go out to her two sons and daughter and close friends.

OM

- Info re visit & funeral will be shared when available.

Farewell Team

Awakening Spirit

OPENING OF THE MOTHER'S FLOWER GARDEN

Mahalakshmi Park, Near Solar Kitchen Roundabout

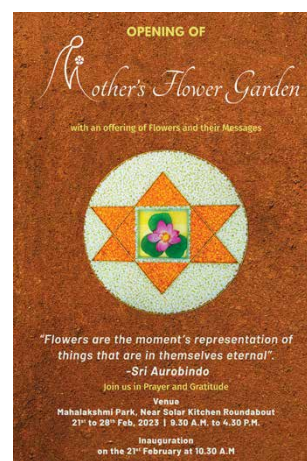
Inauguration: 10:30am, 21 February, 2023

"Flowers are the moments' representation of things that are themselves eternal".

Sri Aurobindo

Join with us in Prayer and Gratitude And The Messages of the Flowers.

- **Date:** 21—28 February,
- **Time:** 9:30am—4:30pm



*With Loving Regards, MFG Team
Jyoti, Naren, Poonam & Rabi*

FLOWER OFFERINGS AT SAVITRI BHAVAN

A photographic exhibition

- 20 February—4 March 4
- Savitri Bhavan, Square Hall

Everyone is welcome



Thank you, Dhanalakshmi
for Savitri Bhavan team



INTRODUCTION TO THE INTEGRAL YOGA of Sri Aurobindo and the Mother

Tuesday, 28 February, 9am—12noon

Introduction to the Integral Yoga of Sri Aurobindo and the Mother on Tuesday, 28 February, at 9am—12noon

- **Focus:** The Supermind
- **Led by:** Ashesh Joshi
- **Place:** Mirabelle Education Centre, Auromodele
- **Contact:** 9489147202.

Please be present by 8:45am

All are Welcome, Ashesh Joshi



THE TEACHINGS OF FLOWERS The Life and Work of the Mother of the Sri Aurobindo Ashram



Monday, 27 February, 4pm at Savitri Bhavan.

Duration: 121min.

Mother named over 900 flowers which were brought to her by the Ashramites, and she gave a brief spiritual explanatory comment for each one. This is published in two outstanding books called *The Spiritual Significance of Flowers*.

Mother was conscious that flowers are extremely receptive and that each flower expresses an essence and spiritual aspiration which is also in human beings and thus she used flowers to transmit forces of spiritual help.

For many years the Ashramites and the Ashram School children received flowers from Mother for help and guidance when they went to see her. People would bring certain flowers to Mother to express their spiritual aspirations, needs and problems, and in return, Mother would choose certain flowers for them and charge them with force to help them.

Consequently, the beauty and spiritual significance of flowers became a subject of great interest and thought as part of the practice of Sri Aurobindo's Integral Yoga and have broadened the concept of spirituality. It also made the concepts of spiritual work and spiritual achievement easy for children to understand and to want to follow.

This sensitive and exquisite film by Loretta Shartsis can nourish our souls and aspiration by the given spiritual knowledge and the captured beauty of flowers and plants accompanied by flute music. Cinematography was made by Caren Lindfield and music by Jean-Christophe Bonnafeous.

The film is available on Loretta's website Integral-Yoga-Talks <https://www.integral-yoga-talks.com/en>

*With light and peace and in offering all
to Mother and Sri Aurobindo, Margrit*

SAVITRI BHAVAN, MARCH 2023



Exhibitions

- **Meditations on Savitri.** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- **Glimpses of the Mother.** Photographs and texts in the Square Hall.
- **A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor

Films

- **Mondays at 4pm in the Sangam Hall**
 - **March 6:** A New Birth—A Meeting of THE MOTHER with Surendra Nath Jauhar on 11.05.1967. Duration: 23min. Followed by Adoration of The Divine Mother, duration 5min.
 - **March 13:** Building Matrimandir—Labour of Love 1971—2008, The Matrimandir is the soul of Auroville; the documentary shows the dedicated work and construction. Duration: 52min.
 - **March 20:** The Matrimandir—Honoring Piero Ciconesi. Piero tells about the construction of the Matrimandir after Mother's passing on November 17, 1973. Interview by Francois Gautier and Yatra Arts Media, Kulapalayam, Auroville. Duration: 70min.
 - **March 27:** Journey to the Life Divine, Part 1
This film covers the lives of Sri Aurobindo and the Mother from childhood onwards. Duration: 100min.

Talks

- **Tuesday, 7 March, 2023 4—5pm, Sangam Hall**

The Third talk in the new series on 'Fundamentals of Sri Aurobindo's Philosophy in Savitri' by Larry Seidlitz will be on 'The Psychic Being'

Full Moon Gathering

- **Tuesday, 7 March, 7:15—8:15pm**
- in front of Sri Aurobindo's statue

Regular Activities

- **New Activity: Dream Divine Series**
 - **Wednesdays, 4—5pm**

The Savitri Bhavan Team is happy to announce the launching of a new project called

'The Dream Divine Series' from the month of March 2023 onwards. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville and learn about the Life and Works of Sri Aurobindo and The Mother and Integral Yoga. Envisaged is a weekly session every Wednesday 4-5pm. The series will include presentations, films, talks, etc., followed by a Q&A session.

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** Self-Surrender in Works—The Way of Gita led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Tuesdays 5:30—7pm:** OM Choir led by Narad
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan

- **Thursdays 5:15—6:30pm:** Hymns to the Mystic Fire by Sri Aurobindo led by Nishtha
- **Fridays 3—4pm:** Readings and exploration of 'The Parable of the Search for the Soul' of Savitri led by Dr. Jai Singh
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Everyone is welcome

Thank you, Dhanalakshmi
for Savitri Bhavan Team

AMPHITHEATER—MATRIMANDIR

Regular

Every Thursday, 5:30—6pm, weather permitting

Meditation at sunset with Savitri

Sri Aurobindo's long mantric poem

read by Mother to Sunil's incredible music

Enjoy the beautiful open space, in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.
- **Dear Guests,** please carry your Guest Card with you
- **Access only for the Amphitheater from 5:15pm.**

Surya & Velmurugan

HEARTFULL® MEDITATION WITH AVANTIKA

Savitri Bhavan (Reading Room)



Tuesdays, March 7, 14, 21, 28, 9:30—10:30am

"Those who feel the unquenchable thirst for something different will be protected in a cocoon of Light to traverse all perils of the convulsions of the old and dying world—for in part of their being they already belong to that Light, to the New World. And all one has dreamt to be the most beautiful, the most marvellous, the most fantastic is nothing compared with what will be realised." The Mother

- Open and connect to the Light in our own Heart Center (Heart Chakra)
- Surrender mind energy to Heart chakra to transform mental aspect of human existence
- Provide a shield of Divinity (the true us) around body

Sri Aurobindo says, "Blows fall on all people. It's not because there's anything wrong with you but because you are full of desires. To turn to the divine is the only truth in life."

Heartfull® Meditation techniques are a proven pathway to systematically turn to the divine.

- Please contact Avantika at avantikaLight@gmail.com for any questions.

She is a Purna Yoga teacher at 500hour level. Heartfull meditation is one of the four petals of Purna yoga which is founded by Savitri and yoga-asana master Aadil in the US to nurture the whole us to help us feel more alive and to shine our Light into the world, which is essentially what Sri Aurobindo and the Mother want us to have: each cell of our body holding only Light (meaning no Prana or Chi), not metaphorically but literally.

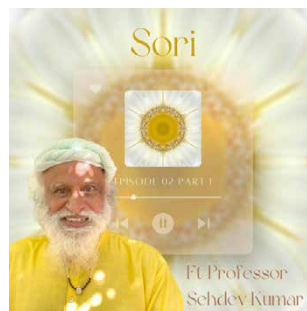
Avantika

SORI

Episode 2 Part I The Yoga of Forgiveness with Professor Sehdev Kumar

Welcome to Episode 2 part I of the Sori podcast exploring apology and forgiveness, this time live from Auroville, India.

In this episode I had the most captivating conversation and a deep meeting of hearts with Professor Sehdev Kumar exploring the Yoga of Forgiveness and how this relates to the healing of personal and collective hurts.



- For more information about Sehdev Kumar's work and books available check out: www.lotusinthestone.com

Special thanks to Nadaka and Gopika for the permission to share their beautiful music from their Album **Surya** chants of light.

- Track 2: Arogya Mantra by Nadaka & Gopika
- Track 4: Navagraha by Nadaka & Gopika

Episode 2 Part II A way back to love: The journey of apology and forgiveness

Welcome to Episode 2 part II of the Sori podcast exploring apology and forgiveness from Auroville, India.

Here's episode 2.2 of the Sori podcast. In this episode we will be exploring the journey to forgiveness and how this makes space for gratitude and love.



You will have an introduction to the Sori workshops and how the imagination and creativity can be experienced as a healing gift that lives within us all.

Conversations with special guests Yogini and Megha unfold the personal journey of how apology and forgiveness can be discovered and experienced in family and relationships. A musical conversation with cellist Gundolf explores the dialogue and meeting of hearts that is needed as the ground within which forgiveness can grace us.

Special thanks to Marco for your beautiful contributions to the workshop. Rekha, Michael and Gopika for your support and hospitality.

Special thanks to Nadaka and Gopika for the permission to share their beautiful music from their Album—**SURYA** chants of light.

- Track 1: Suryaya Swaha by Nadaka & Gopika
- Track 5: Suryashtakam by Nadaka & Gopika

- Hear the full album [Surya CD on Spotify](#)
- Nadaka & Gopika's YouTube channel
- Web Site www.Ragamantra.com

Edited by Theodore Lowry in collaboration with Reculture North Studios.

- For more information contact www.alkimiasoul.com
- Podcast links: www.alkimiasoul.com/podcast
- [Spotify link](#)

Creative Holistic Wellbeing Services

DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday 6 to 6:45pm
- Thursday 5 to 5:45pm

Submitted by Arun

Acres for Auroville

THE LAND FUNDRAISERS FEBRUARY 2023 ISSUE



new land in the City area

We are happy to present the « February Birthdays » issue of our LFAU—A4A quarterly newsletter. Our news bulletins aim to raise awareness and the needed funds for completing Auroville's Master Plan area, its designated physical base. Each issue shares good news about land consolidation, inspiring life stories from Auroville's pioneers, and creative solidarity actions for developing and realizing the City of Dawn. This issue, as the others preceding it, provides rich nourishment and encouragement for our collective journey of building Auroville.

- <https://land.auroville.org/a4a-february-2023-newsletter/>

Acres For Auroville Flier—21 February 2023

The Mother called us to “Come to the Future”, inviting us to “the great adventure” of creating the City of Dawn. Today, at least three generations have been born in this unique space and it is the privilege of all of us—Auroville-born and not Auroville-born—to participate in building this bridge to a new age.

- <https://land.auroville.org/a4a-flier-21-february-2023/> with version française en pdf and பிடிஎஃப்பில் தமிழ்ப் பதிப்பு

LFAU Letter—21 February 2023

The Charter of Auroville was written on 7 February 1968, incarnating the revolutionary ideals of the City of Dawn. February 2023 now marks the 55th birth anniversary of Auroville, with its vision and striving towards a new age for humanity. May the Charter's ideals radiate out from Auroville to help revolutionize the life of humanity as a whole.

- <https://land.auroville.org/lfaul-letter-21-february-2023/> with version française en pdf and பிடிஎஃப்பில் தமிழ்ப் பதிப்பு

New Auroville Land and Consolidation in 2022!

We are happy to announce that between January and December 2022, 14 new plots of previously-missing Master Plan land were added to Auroville's physical base, completely financed by donations from friends and Aurovilians. Ten plots were added to the City area and four plots in the Greenbelt. Warm appreciation to the donors whose generosity made this possible!

- Take a look at the photos here! <https://land.auroville.org/new-avland-consolidation-in-2022/>

My Infinite Gratitude—by Joy

Joy grew up in the Sri Aurobindo Ashram and in 1977 she joined Auroville, following Jean Legrand, now her life partner of 45 years. After living at Aspiration, they helped found Djaima, where their daughter Anandamayi was born. Joy's story shares a rich history of Auroville's growth, materially and culturally, along with the dedicated aspirations and contributions of its pioneers.

- <https://land.auroville.org/my-infinite-gratitude/>

Art For Land exhibition by Pierre Legrand

The current Art For Land exhibition at the Unity Pavilion features works by Aurovilian Pierre Legrand, ongoing till 12 March. The Material and the Spiritual can influence each other to alter Life and the Environment. Engineer and

artist, his 1968 meeting with The Mother sparked his invention of a coded script, combining mathematics and art, which structures his work.

- You can view and purchase his works to support AV land consolidation at the Unity Pavilion or at <https://artforland.in/artists/pierre-legrand>
- Our article: <https://land.auroville.org/afl-exhibition-by-pierre-legrand/>

The new Integral Yoga Talks website by Loretta

Aurovilian Loretta has created an open-access, free gift-economy website:

- <https://www.integral-yoga-talks.com/en/>

with the aim of bringing the presence of Sri Aurobindo and The Mother and encouraging the practice of their Integral Yoga. It shares text, audio and film, notably Loretta's ongoing series of AV Radio talks on Savitri and on Mother's Questions and Answers. We share her story of creating the film The Teachings of Flowers—The Life and Work of The Mother of the Sri Aurobindo Ashram. <https://land.auroville.org/the-new-integral-yoga-talks-website/>

A Dedicated Life—Farewell to Mahalingam

On February 3, our dear friend and brother, oldest Aurovilian Thiru Mahalingam Sangukrishna, left his body in peace at the age of 103. Indian Independence fighter, spiritual seeker, Ashramite, long-time Aurovilian, Tamil teacher at Transition School, translator of Sri Aurobindo and The Mother's works, his life was rich and well-lived. The City of Dawn most respectfully salutes him, and will greatly miss him. With gratitude to him, we share our article previously published in honor of Mahalingam's 100th birthday.

- <https://land.auroville.org/remembering-a-thiru-mahalingam/>

The Future—Messages from The Mother

Here is a New Yera's compilation of inspiring quotes from The Mother about the future and us. It begins with « Let the birth of the new year be the new birth of our consciousness » and « Leaving the past far behind us, let us run towards a luminous future ». She encourages us to use the past « as a spring-board to leap towards the future » for « each new dawn brings the possibility of a new progress ». As Sri Aurobindo wrote in Essays on the Gita, «We do not belong to the past dawns but to the noons of the future».

- <https://land.auroville.org/inspiring-quotes-21-february-2023/>

We thank you for your support for the land!

- Contact: lfau@auroville.org.in and +91 413 2622657
- Donating: <https://land.auroville.org/new-banking-information/> and <https://land.auroville.org/donate/>

Love, Mandakini for the team

Health Care

TO ALL MEMBERS OF THE AV HEALTH FUND SCHEME

If you still have any medical bills from the past months at home please drop them, together with your doctor prescription, your PT account number and Email, in the Health Fund box at Aspiration Health Centre or at SANTE.



As the financial year is going to end, all the pending bills from April 2022 till February 2023 have to be processed before the end of March 2023.

Only the medical bills from March 2023 can be paid till the end of April 2023.

The audit service has told not to process any bills from last financial year after March 2023.

Please check your cupboards while there is still time!

Best, Stefan, for AV Health Fund

963 - 23 February 2023

AURODENT—DENTAL CLINIC



Auromode, Auroville.

For Appointment please contact us

aurodent@auroville.org.in

0413 2622063, 9629199328 WA

Working hours

Monday—Friday, 9am—1pm & 2—6pm

Saturday, 9am—1pm

MAATRAM

February 2023

Therapists schedule for Open Consultation Hour (OCH)

	9—10am	4:30—5:30pm
Monday	Saif	Palani
Tuesday	Rashmi	-
Wednesday	Palani	Tia
Thursday	Chetna	-
Friday	Gopa	Tia

OCH is a walk-in session where anyone can come without an appointment. If the therapist is already seeing someone by the time you walk in, please leave your contact details and we will revert.

- To see a therapist by appointment, please email/call Maatram or reach out to the individual therapist directly

Other activities conducted by Maatram:

- Rural Mental Health activities at Thamarai, Annai Nagar.
- First Thursdays of every month between 10 to 12.30 noon
- Street Play on Mental Health Awareness, once a month at different venues or by invitation
- Care for senior Aurovilians

Contacts

- Message or call: 9087709434
- maatram@auroville.org.in
- maatram.org.in
- Mitra Youth Hostel near Town Hall.

Warmly, Megha for Maatram

Youth Initiative

KRAV MAGA WORKSHOP

Monday, 27 February, 10am—12noon
Dehashakti Gym

YouthLink invites you to a Krav Maga workshop held by Malaika.

Krav Maga is an Israeli martial art. It is an effective, modern, and dynamic self-defense and fighting system which is derived from a combination of techniques used in aikido, judo, karate, boxing and wrestling. It is designed to be practical and intuitive for people of any age, shape, or size. You will learn how to defend yourself and your loved ones, while gaining increased awareness and instinctive reflexes.

This workshop is open to anyone who is interested.

- To register: email us at youthlink@auroville.org.in or come to our office in Town hall: 9:30am—12pm and 2—4pm.

Warmly, Aurore from Youthlink team



Ecology

WATERFEST'23

Stewardship for Water and Biodiversity

WaterFest'23—Stewardship for Water and Biodiversity" is underway. It was launched on 2 February (World Wetlands day) and will go on till 22 March (World Water day). The 7 week long festival, being held for the 4th time, is being celebrated across the Pondy-Villupuram-Auroville-Cuddalore (PVAC) Bioregion. The objectives are, 1) to celebrate our deep connection with water and 2) build collaboration for an integrated management of our water resources.



WaterFest'23 is being organised by AllForWaterForAll, a collective of individuals and organisations who share the same vision of the PVAC Bioregion and are willing to engage in collective action.

The One School One Pond (OSOP) is an initiative taken up in collaboration with the Education Dept where each school adopts a pond as their environmental lab. OSOP integrates all the subjects under the "My School My Pond" theme and provides an experiential learning to the students. As the students will maintain the pond in partnership with the local community and the Municipality, they will develop social skills and get sensitised to a vital community need.

The Neer Kudams (ceremonial water pots) filled with water from Ousteri or Kalluveli, travels from school to school and symbolises the interconnectedness of water and life. The students take the Water Pledge but before that they are immersed in the sound of water through a short musical piece composed specially for this festival.

A workshop has been organised from 7 to 21 March 2023 to train women from the self-help groups to make craft out of the stems of water hyacinth which have become a menace in the rural ponds.

The opening ceremony took place in Alliance Francaise attended by the Min of Tourism, French Deputy Consul, French Institute, Dept of science and technology, PWD and others

- Mohanam School** (Balu and Segar) are also organizing the Neer koodam visits to schools in the bioregion and Auroville.
- Schools wishing to participate** may kindly get in touch with Balu 9943644757 or Segar at 9751292838. The event includes receiving the Neer Koodam, a short music meditation, taking the water pledge—Schools may focus a lesson on the importance of water and organize a pond cleaning activity. The Neer Koodam then passes on to the next school.

Upcoming Auroville Events

- 18—22 March: Auroville hosts the closing of the festival. This will be at the ponds near the Visitors Center/road to Solitude. There will be Exhibitions, Talks, Games and cultural events and a ceremony for all the Neer koodams.

A calendar of events will be published shortly.

- You can find a [Link to the Calendar \(in progress\) here](#).

Water is crucial to our survival, so let's together make this event a succes. How?

- Participate, Volunteer, Contribute
- Water Festival **FS account 251257**
- Contact watermattersmela@gmail.com

Renu for Water mela 2023 Team

For Your Information

CALL FOR PROPOSALS FOR SDZ



Aurovilians are welcome to send proposals for consideration for funding by SDZ to pcg@auroville.org.in by 27 February: please contact us at this same address for more information.

NB Several more calls for proposals will be announced throughout the year."

Thank you, Pala,
for the Project Coordination Group

International

KOREAN PAVILION PRESENTS



Vista from Simple Mind

- 4—6 March 2023
- Pavilion of Tibetan Culture

Photo exhibition

by Venerable Deokjo Sunim, Buddhist Abbot, Bullilam, Hermitage Songgwangsa Temple, Korea

A Simple Mind tea & talk

by Venerable Deokjo Sunim, Buddhist Abbot, Bullilam, Hermitage Songgwangsa Temple, Korea

- 5 March, 3—5pm
- Pavilion of Tibetan Culture



Submitted by GunHui

THE FRENCH PAVILION PRESENTS

How to regain economic sovereignty

- Thursday, 2 March, 5pm @ French Pavilion

Conference-discussion, with Jonathan

In French only, 1h + discussions



After a year-long journey of raising awareness about how money can be used and using alternative tools with money, Jonathan offers to share what is being done in the Francophone countries presently around alternative currencies.

This is part of a wish to take our responsibilities on our modes of consumption and our sovereignty over money. Economic sovereignty can be described as reclaiming consciousness and power over how this life energy is used.

Board Games for Everyone with Véronique

- Friday, 24 February, 3—5pm @ French Pavilion

Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages and levels.



Trois petites histoires et puis s'en vont...

- Wednesday, 1 March, 5pm, French Pavilion

Paper theater for small children, with Mireille In French, 30min followed by playtime.

An elephant puts itself in danger, mongooses bicker, a dog, a cat and a mouse join forces. How to find each other after being separated. Tender stories that tell us about life...

For small Children. In French.



Thank you, Vivekan

Gatherings

OVERCOMING APARTHEID

Informal Community Gathering with South African activist & minister Jay Naidoo

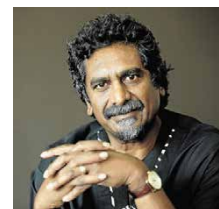
Sunday, 26 February, 4—6:30pm, Unity Pavilion.

This will be a free-flowing interaction, followed by juice and a few snacks. (Feel free to contribute some simple finger foods).

Jay Naidoo, former leader in the South African struggle against Apartheid, and Minister responsible for Reconstruction and Development in the country's first democratic government, where he worked closely with Nelson Mandela, has recently been visiting Auroville. Tamil Nadu is his family's native land.

The insights he shares from his intimate experience of how the divisive apartheid system was overcome without major violence and a society of inclusion & unity upheld by Mandela, and of the pathbreaking Truth & Reconciliation process with its rich learnings and challenges, is felt by many to be very significant for our situation in Auroville.

During his short stay in Auroville, Jay met and interacted with a good number of Aurovilians including youth, and it was felt this opportunity should be made possible to all. We are therefore happy to share that he changed his travel plans to be with us for a few more days, and to invite everybody interested to.



In the spirit of Ubuntu,
Aravinda, Jasmin, Sathiya and Suryamayi

The Arts

THE RENAISSANCE IN INDIA

17 February—2 March, 9am—5 pm,
Sundays open

Kalakendra Art Gallery

Inauguration: Friday, 17 February,
4:30pm

Bharat Nivas invites you to a Photo Exhibition, Inspiration taken from the texts The Renaissance in India by Sri Aurobindo, Celebrating Sri Aurobindo's 150th Birth Anniversary

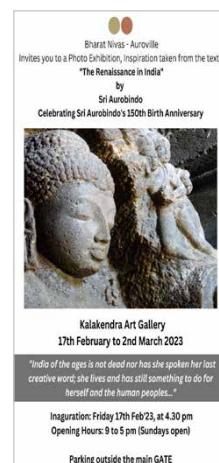
"India of the ages is not dead nor has she spoken her last

creative word; she lives and has still something to do for

herself and the human peoples..."

Parking outside the main Gate

Regards, Vani, BN Cultural Team



CONCERT AUROVILLE RENAISSANCE CAPPELLA

PAX—Da pacem, Domino, in Pitanga

• Friday, 24 & Saturday, 25 February, 7:30pm

• Sunday, 26 February, 5pm

Director: Eugene Liven d'Abelardo

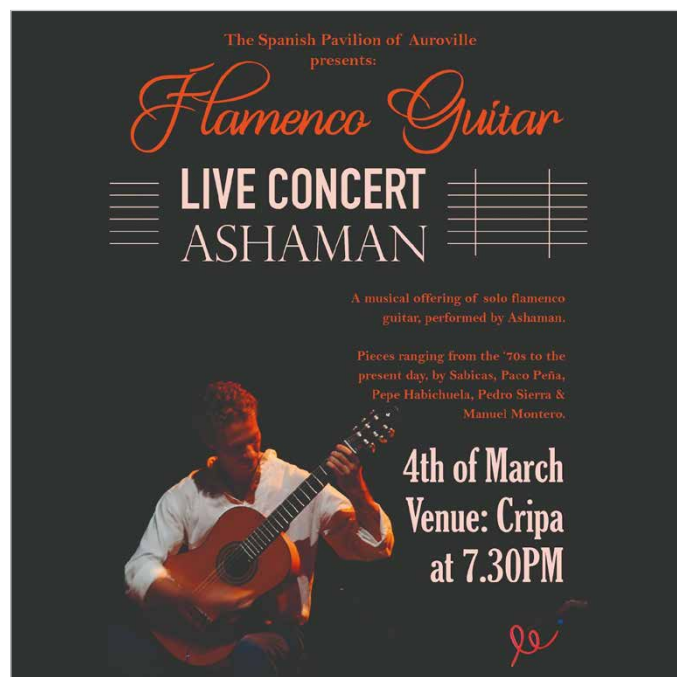
Gregorian chant and works from Melchior Franck (1579-1639), Johannes Eccard (1553-1611), Antoine Brumel (1460-1512), Costanzo Festa (1490-1545), Cypriano de Rore (1515-1566), Orlando di Lasso (1530-1594), Jean Mouton (1459-1522), Heinrich Schütz (1585-1672), Felix Mendelssohn (1809-1847), Arvo Pärt (*1935), Pushkar Carlotto (*1970), Rens Tienstra (*1988).

Singers: Anandamayi, Elke, Núria, Paula, Ane, Tineke, Gita, Shanks, Stefano, Julien, Louis, Pranit, Antoine, Miko.

Submitted by Andrea



FLAMENCO GUITAR LIVE CONCERT BY ASHAMAN



The Spanish Pavilion of Auroville invites you to a musical offering of solo flamenco guitar, performed by Ashaman.

Pieces ranging from the '70s to the present day, by Sabicas, Paco Peña, Pepe Habichuela, Pedro Sierra, & Manuel Montero.

Thank you, Mónica, Rachel, Stella on behalf of the Spanish Pavilion Team.

HIBISCUS ART FESTIVAL: SACRED SYNERGY



The annual festival of art, learning and co-creating is back!
What to expect: Workshops, Community Art Activities, Art Exhibition, Artisanal Market, Live Music and Dance, DJ, Holistic Food and lots more!

• To participate or to book a stall at the market, please contact us @ 7019230205/ 8098565426/
hibiscusav@gmail.com

Love, Peace & UFOs, Hibiscus AV Team
Achla, 7019230205

963 - 23 February 2023



"MIRRORED"

"Every painting is the artist's self-portrait."



Bharat Nivas Kalakendra invites you to a display of works by Bonobithi Biswas, visiting artist-in-residence from Mumbai

17th February, 2023 to 26th February, 2023
Inauguration: 4:30 pm, Friday, 17th February, 2023
Venue: Kalakendra, Bharat Nivas, Auroville

Contact no.: 0413-2622488/ +91 8104598763
Parking outside the Main Gate



"FACE IT"

Invites you to Upcycling Work in Progress offered by Guest Artist-in-Residence Bettina Schori (Denmark)



Venue: Kalakendra Gallery Space

Inauguration at 4.30 pm on Friday 17-2-023
Duration : 17 to 24, February 2023
Opening Hours: 9 to 5 pm
Contact: 0413-2622488
Bettina : +4527146715

CENTRE D'ART GALLERY, CITADINES

Exhibition "Chronotype"

Centre d'Art Gallery, Citadines, Auroville invites you to an exhibition "Chronotype" Experimental photography of the late Giorgio Molinari

- **Exhibition opening** on Friday, 17 February, 4:30pm
- **Exhibition Date:** 17 February—3 March
- **Gallery hours:** Monday to Saturday, 10am—1pm, 2—5pm. Sunday is closed
- **Where:** Centre d'Art Gallery, Citadines, Auroville.



Please Park at town hall.

Free pickup and drop from the visitors Center on Friday and Saturday from 2:30 to 4:30pm.

Chronotype

Experimental photographs of the late Giorgio Molinari

Photography's usual mission is to fix on the film an instant of space-time continuum, most often reproducing on the two-dimensional surface of the medium an image that one thinks to be close to reality and that deeply stimulates those unconscious processes of reconstruction by similitude, constituting the very base of human visual perception.

Chronotypes, on the other hand, were set on the film for a span of some time. The considerable time lapse of several seconds, as well as the space captured in two dimensions, diverts the object of the reference point usually seen as implicit for the photographed subject. The reduction of a three dimensional object on a plane that crosses it in a perceivable delay, though remaining apparently still, is in my opinion the most coherent representation of that unknowable reality of which we are an inseparable part. Although it may seem surprising, the result maintains a fidelity to reality outside of any subsequent interpretative mediation.

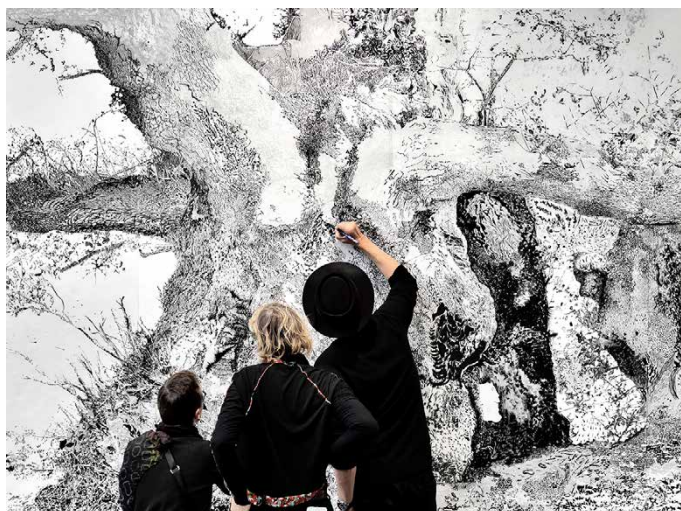
Coming from Italy, Giorgio lived in Auroville from 2003 until his death in 2020 at the age of 83.

Here he dedicated himself to making pictures for Auroville and Aurovilians as a gift, and supporting the Arka Project.

Warm regards, Sri/ Centre d'Art

Roots of the Sky ☿ Participative Project

- 6—11 March, 9am—12pm & 1:30—5:30pm



Come and draw with us the Banyan Tree.

This participatory project will take place at Centre d'Art Citadines in the presence of the artist.

It is to meet a tree that Cedric Bregnard returned to Auroville. 10 years after his first stay, the Swiss artist has an appointment with the monumental banyan tree that reigns in the gardens of the Matrimandir. For years Cedric has been immortalizing trees around the world, ancestral specimens of different species, of these sacred beings that border on immortality.

What started as an individual photographic project has evolved over time and circumstances into a collective performance. With Cedric's guidance, the public is invited to give back contrast to a monumental photograph of the Banyan by intervening with black ink on the half-tone image. The artist becomes the initiator of an almost alchemical link with the matter. During the next few weeks, Centre d'Art gallery will host the performance entitled Roots of the Sky ☿.

On its walls, like an immense fresco, a photographic panorama representing the banyan tree in shades of gray will welcome the public who will be invited to participate. All those who want to (no need to be an artist, we are all creators, says Cedric), will be able to enter a particular space/time where they will have to, by "writing" on the image of the tree, restore it in all its presence.

"It's a physical encounter—explains Cedric—the spirit of the tree remains imprinted on the film. By intervening in the shadows, we bring out the light, by getting lost in the infinite details of the texture of the bark or the leaves, we bring it back to life, out of time."

You will enter and leave your worries and fears at the door. You will be in a non-mental attitude.

You will be given a brush/pen and will be assisted in the expression of your personal calligraphy.

You will be alone and in the midst of others.

Your gestures will become a spontaneous dance in communion with the tree, a tribute to the living. When you look at the results of previous performances, what strikes you is the surprising beauty, the homogeneity of a work done by so many different people. According to Cedric this harmony comes from the inner attitude of the participants.

Everyone participates with a common and respectful intention, in a personal gesture without judgment.

Now, beyond the symbolic implications of this performance and the importance of the banyan tree for Auroville, this is a unique project, to which you are invited, a total art project, in which you will be the author and the beneficiary of the experience, and he, the giant tree, face to face.

Dominique Jacques/ Centre d'Art

Visitors Center's Right Path Cafe

LIVE MUSIC NIGHTS

Sunday
Feb 26
7:30 PM



Suryan

singer-songwriter
Soulful interpretations
and original songs

BLUES - R&B - JAZZ

ANY ENQUIRY? RIGHT PATH CAFE:
04132 622248 OR +91 90430 04919
CAFETERIA.AUROVILLE

OUTSIDE VISITOR? KINDLY PARK YOUR CAR,
TWO-WHEELER OR VAN AT VISITORS CENTER
MAIN PARKING AND WALK TO THE CAFE!

in collaboration with @KALABHUMIMUSICSTUDIO.AV

Activities

ART WORKSHOPS BY SENIOR ARTIST ABHIJIT ROY

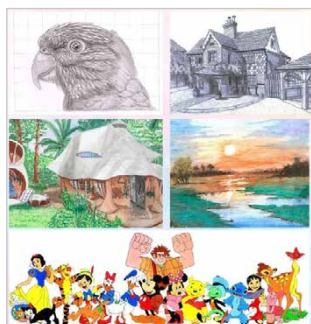
Every Saturday, 2—4pm,

Study Room (Sri Aurobindo Centre)

BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

Come along and learn how to sketch paint & draw under following categories of your choice

- Fundamentals of drawing, 10 sessions
- House Portrait, 5 sessions
- Urban Sketching (paint along)
- Water colour landscape (paint along)
- Draw Cartoon Characters (paint along)



Contribution required

For Registration please send an email to bharatnivas@auroville.org.in

Regards, Vani, BN Culture team

CREEVA: SESSIONS FOR MARCH AND APRIL 2023

Center for Research Education Experience
in the Visual Arts

Please confirm with the artist before coming

Paint Your Story

- Monday & Wednesday, 5—6:30pm, only until mid April

Explore mediums like watercolors, pastels, acrylics with Chhavi, +91 9741574568

Explore Drawing & Colour

- Thursday, 9:30—11:30am

By Audrey, 0413 2622641, +919489408358

- Thursday, 9:30—11:30am

Life Model Session: A Sketching of Human Figure

- Friday, 9:30—11:30am, Book at least 2 days in advance

By Audrey, 0413 2622641, +91 9489408358

Clay Sculpture

- Saturday, 2—3:30pm

By Sangaraparanan, +91 9047722987

Oil Painting

- Wednesday, Sunday, 10:30am—12pm

By Sangaraparanan, +91 9047722987

Open Studio

- Saturday, Sunday, 9:30am—5pm

You canbook for "OPEN STUDIO" on Weekends! Enjoy a conducive space to create your art; art supplies included

- To book, call Sangaraparanan or Audrey

creeva@auroville.org.in,
Chhavi for CREEVA Studio,
Creativity, Auroville

SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact Mani, +91 8637633696

Submitted by Mani



I JUST WANNA WRITE

- This week on "I Just Wanna Write": Embracing your own voice: advice from author Neil Gaiman.

I Just Wanna Write is a weekly podcast about creative writing on Auroville Radio. Every episode is a short synthesis of what you can find in more detail in my blog The Creative Writing Playground. There you'll find many kinds of writing games and exercises, all aimed to both enhance your creativity and deepen your awareness about your rich inner life. To enter it you'll need to sign up since it's only for Auroviliands and Newcomers, and it's for free. Just go to gatedreams.com and sign up to the creative writing section.

Catch you later Auroville.
Peace, Francesca.



FOOD FOREST TOUR

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious

VEGAN ICE CREAMS and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and infos whatsapp Sarah 9047421044
sarah@auroville.org.in

www.youtube.com/myfoodforest

Thank you, Sarah

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

- +918637633696, bakisatadance@gmail.com

Mani, @bakisata_dance



SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:** +918637633696

Mani, @bakisata_dance



FOREST IMMERSION

7—8am, Monday to Friday



Submitted by Arun

COLLECTIVE FOLK DANCES



Submitted by Lizon

THE PHOTO CIRCLE MEETS

Friday, 3 March, 5pm

Centre d'Art multimedia room, Citadines

Dear photographers, the Photo Circle meets on the first Friday of the month. This time we will meet on Friday, 3 March, at 5pm in the Centre d'Art multimedia room, at Citadines.

The Photocircle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques. Anyone can bring and screen a small selection of images.

Everybody's welcome.

Thank you, Marco



AUROGAMES SESSION AT HUMASCAPE

Sessions with Auromates games help develop concentration and memory. Open to all ages from 6 year old on. The sessions take place in small groups, for a better stimulation of the children. For individual sessions, it is best to make an appointment.



- Sessions take place at **Humanscape**, the community building
- Tuesdays, Wednesdays and Thursdays, 4—5pm
- Limited places, please reserve and confirm your venue.
- Possibility of private session on appointment only.
- Free of Charge

Geetha 7094688421, Veronique 9488512678

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, 9am—12noon, starting from Solar Kitchen



Indian cooking

- Every Saturday, 2—4pm, at Creativity. If you want to participate, please book it in advance.

Cell & WA 8098845200, rupavathijoy@gmail.com

Rupavathi Joy

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day from 6am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us:

sadhanaforest@auroville.org.in,

WA 8525038274 or call 812274924.

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

Looking For

Need a used cycle for 2 year old children who can't afford it..

Mariappan G, Community Mango Garden

Phone 8940662433



If you are Traveling

Eugen from Courage is going to travel on 1st June 2023 to Switzerland. If you also like to travel in the same time please call me immediately, so we can make an appointment, 8903621185, 2623137 Love, Eugen

Lost and Found

New Shawl Lost

A new shawl left behind in Aurodam Parking area on 20 February, Call 9442067481

Gillian



Misplace Book Needs to be Returned



I mistakenly placed a book on a Freestore shelf which I need to return to its owner. The book has some missing pages which I possess. Its name is:

- Penetration, written by Ingo Swan

Much appreciated and thank you to call me if you have it, at 2622970 or 9791278577

Claudine



Taxi Share

To Chennai Airport, 21 February 7:30am

My flight is at 2pm. Pick up from Auroville, Reve

Estefania +34617720512 WA

To Chennai Airport, 1 March, 3am

Starting from Auroville 3am on 1 March to Chennai International Airport. Contact Robin, +91 7845497061

Thanks Robin

Foods, Goods and Services

ECO FEMME OPEN HOUSE

Every Thursday morning from 10:30am

Dear friends, join our open house at our office in Auroshilpam every Thursday morning from 10:30am.

Come and learn about sustainable menstrual products and our not-for-profit programs and pick up discounted cloth pads, cups and cloth nappies.

See you soon!

The Eco Femme Team'



Help Needed

FREE EYE SCREENING CAMP

24 February, Illaigarkal Educational Centre

Aurokiya Eye Care (AEC) in collaboration with Aravind eye hospital Pondicherry and Illaigarkal Educational Centre is organizing a special free comprehensive eye camp for Auroville and Bioregion villages on 24 February 2023 at Illaigarkal Educational Centre.

The one-day free eye camp is dedicated to celebrating the special occasion of Mother's birthday, Auroville's birthday, and Shri Aurobindo's 150th birth anniversary. All examinations would be free of cost and glasses, medicine would be available at a nominal fee.

- If you would like to support the initiative you could help us through FS No 251595.


The following services will be provided at the eye camp

1. Refractive errors examination
2. Blood Pressure and Random Blood Sugar
3. Intraocular Pressure and Glaucoma examination
4. Diabetic Retinopathy and Retinal diseases evaluation
5. Cataracts and other eye problems

Share the information with your cared ones (Ammas, Gardeners, workers). If you would like more information, please contact aurokiya@auroville.org.in.

Thanks, Aurosugan,
Aurokiya Eye Care






Aurokiya Eye Care


Jointly with

Aravind Eye Hospital, Pondicherry

Presents



Free Eye Screening Camp





For Auroville and Bioregion

Dedicating vision to celebrate Mothers Birthday, Auroville Birthday, and Shri Aurobindo's 150th Birth Anniversary

Date: February 24, 2023 (Friday)
Time: 9:00 AM – 3:00 PM
Venue: Illaigarkal Educational Centre, Auroville (Near Town Hall)

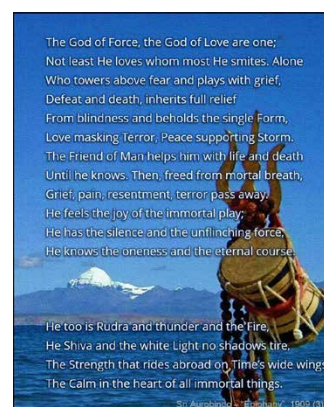
Complete eye consultation for all eye problems, medicines and spectacles would be available at a subsidized price

 aurokiya@auroville.org.in All Are Welcome !!  8012305151

Supported by: AVI USA & Daniel Brewer Legacy Fund

Auroville Poetry & Voices

UNTIL HE KNOWS



The God of Force, the God of Love are one;
 Not least He loves whom most He smites. Alone
 Who towers above fear and plays with grief,
 Defeat and death, inherits full relief
 From blindness and beholds the single Form,
 Love masking Terror, Peace suppo'rt'ing Storm.
 The Friend of Man helps him with life and death
 Until he knows. Then, freed from mortal breath,
 Grief, pain, resentment, terror pass away.
 He feels the joy of the immortal play;
 He has the silence and the unflinching force i
 He too is Rudra and thunder and the Fire,
 He knos the oneness and eternal course
 He Shiva and the white Light no shadows tire,
 The Strength that rides abroad on,Time's wide wings,
 The Calm in the heart of all immortal things.

Sri Aurobindo, Epiphany, 1909 (3)

"Until he knows..."

"The aim of human life is to discover the Divine..."

It doesn't stop there...

"... and to manifest it."

"... the eternal course."

Om Namoh Bhagavate, Zech, 2023.02.19

COMMERCIAL EUCALYPTUS

In the children camp of Auroville near Kodaikanal I heard not only one time an Australian song: "Kookaburra sits on the old gum tree, merry merry king of the bush is he. Laugh, Kookaburra, laugh!"



That is a song of Auroville's Antipodes. People of the southern hemisphere are antipodes for those in the northern one.

Kookaburra is the laughing Kingfisher of eastern forest of Australia. Its voice is similar to human laughter. Australians like this bird very much. Gum tree is Eucalyptus. In the continent there are about 300 species of Eucalyptus. In India there are now more than 100 species.

In the Kodaikanal region Eucalyptus trunks stay naked, without branches. People use the leaves for receiving oil. Eucalyptus oil has medical significance.

Eucalyptuses in Auroville are not used for commercial purposes. They produce oxygen and biomass on 365 days every year. During covid pandemy it was important to have medicinal oxygen in hospitals. Eucalyptus and other trees make Auroville air very healthy. There is Eucalyptus honey in Auroville shops: somewhere bees collect nectar from Eucalyptus flowers.

Sol omnibus lucet—Sun shines for everybody. But mostly the Eucalyptus near Kodaikanal cannot use its beams. The trunk of commercial Eucalyptus is rich in consumerism, actions not in collaboration with nature, and mercenary.

Some people use Eucalyptus oil, but everybody needs oxygen. Human Karma is not better from making Eucalyptus nude. Mamma mia! Plants give life for mankind, but often human beings transform into berserks.

Nature loves the tree—planters and hates cruelty for greenings. About 2500 years ago Mahavira was born. He created Jainism with the principles of Ahimsa (non violence) and Aparigraha (non possession). Ahimsa and Aparigraha are good for contemporary mankind.

Boris

YAMAS & NIYAMAS

Foundation Of Ethical Living And Society

Hinduism and Jainism outline five social restraints known as the yamas. Different texts may present different yamas, but the five in Patanjali's Yoga Sutras are the best known; in his Ashtanga yoga or "eight-limbed path", yamas are the first limb. The Yamas and Niyamas are ethical codes, ways of right living; the Yamas are things not to do, restraints—whereas the Niyamas are things to do, observances.

As every limb builds on the techniques of the previous limb, the yamas are the foundation of Patanjali's entire system:

- **Ahimsa:** Non-harming, non-violence—including to nature.
- **Satya:** Truthfulness in words, thoughts, and actions.
- **Asteya:** Non-stealing. Modern interpretations include non-appropriation, mindfulness about the natural resources.
- **Brahmacharya:** youth celibacy, householders' fidelity, right use/conservation of sexual energy.
- **Aparigraha:** Non-greed, non-possessiveness of material goods and people, non-hoarding.

Establishing the observance of the five Yamas as the one preliminary condition, Patanjali describes five Niyamas as the second limb:

saucha (cleanliness), *santosha* (contentment), *tapas* (self-discipline), *svadhyaya* (self-reflection), *ishvarapranidhana* (surrender to a higher power).

In "The Synthesis of Yoga" Sri Aurobindo highlights that his Path, besides comprising the three paths of the Bhagavad Gita (bhakti/devotion, karma/work, jnana/knowledge), should also encompass a synthesis of the essence of the major yogic paths. But there is a big proviso: **everything in Yoga is dangerous but the psychic being**, he warned. In

Integral Yoga the observance of the Yamas and Niyamas falls in the domain of the psychic being; its awakening, taking control of the sadhana, making it safe, is the precondition to even commence the journey.

This is even more necessarily true in paths such as Kundalini, Kriya, Tantra and the likes, up to Raja and Hathayoga. Due to their triggering subtle powers, even in the occult range—the world of the vital beings—demand unconditional purity, surrendering to the divine Force. Misuse of occult powers thus acquired falls back like a boomerang. No true guru of any energy path will initiate disciples into high-risk disciplines (wrong kundalini's awakening leads to inflation of the personality and even madness) unless the preliminary inner work that Patanjali describes as Yamas and Niyamas is an established reality. Psychic being!

Submitted by Paulette

Each one here represents an impossibility to be resolved, but as for Your Divine Grace all things are possible. Your work will be, in the detail as in the ensemble, the accomplishment of all the impossibilities transformed into divine realisations.

The Mother, Collected Works, Volume 5, 2003, p. 361

Classes, Workshops & Healing Arts

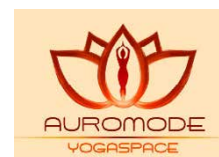
AUROMODE YOGA SPACE

200 Hour Hatha/ Vinyasa flow Yoga TTC Intensive

6—26 March, 6:30—9:30am & 3—7pm,
every day except Sunday

We invite you to join us for this intensive 21 days of Yoga TTC to learn Hatha and Vinyasa flow styles of yoga.

- Daily Asanas, Pranayamas, and Meditation
- Weekly Satsangs, yogic philosophy & lifestyle
- Experience all four mangas (paths) of Yoga in Auroville
- Bakhti Marga—Local temple visits & chanting
- Karma Yoga—Visit & involve in a few projects like farms in Auroville
- Jnana Yoga—Study of Bhagavad Gita, local culture and legends, yogic lifestyle
- Raja Yoga—Practice of Asanas & other bodywork



Consider this TTC more like a student training course: how to be a constant student of the greatest subject of all—**Your Life**

**Best Regards, Bala, Balaganesh.siva@gmail.com
+919892699804 WA**

AWARENESS THROUGH THE BODY

Training with Amir & Lison

Basic Tools of ATB

- Sunday, 5 March, 9am—5pm,
ATB hall in Transition School.



In this workshop we Explore the steps forward into awareness in Kindergarten age; To set the foundation for the ability to "Listen" and self-regulate, using fun as foundation.

It is A training workshop for those who have taken part in prior workshops, to explore the practice of ATB for children in their early steps of awareness. A journey that allows one to get in touch with one's Inner-Child.

For more information

- <https://awarenessthroughthebody.org/>
- <https://www.atbwithamir.com/>

For registration

- connect@atbwithamir.com
- +91 9751257709 WA, Amir

Submitted by Amir

ALKIMIA

Arts Psychotherapy, Training, Supervision & Consultancy

Alkimia UK registered Community Interests Company (C.I.C.) 12673237

Dr Carolina Herbert, UK registered Arts Psychotherapist & Clinical Supervisor (UKCP), Certified LifeCycle Celebrant and qualified Trainer.

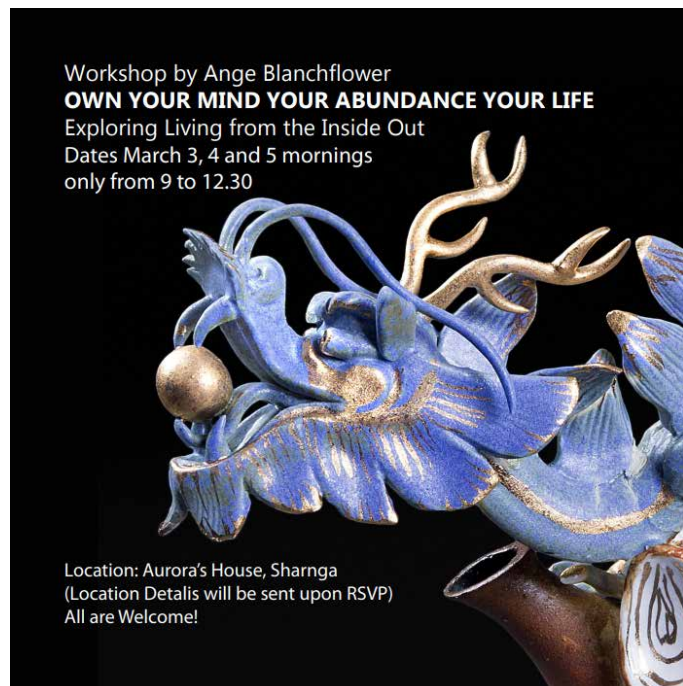
- carrie@alkimiasoul.com,
- www.alkimiasoul.com
- WA/ Mobile +447883871883



Many thanks, Carolina

WORKSHOP BY ANGE BLANCHFLOWER

Own Your Mind Your Abundance Your Life



All are Welcome!
Ange

HEALER IN TOWN

Dear friends, in Auroville we have one great Healer, his name is **Mohamed Ansari**.

- He is in Arka 6 days a week.
- His phone is 9994208068.

It is a precious phone no. He pulled me out of extremely difficult situations. On top of that he has a golden Heart. **Soham**

P.S.: I almost forgot to tell you that he is an Acupuncturist, Homeopath and so on...



He found the vast Thought with seven heads that is born of the Truth; he created some fourth world and became universal..

The Sons of Heaven, the Heroes of the Omnipotent, thinking the straight thought, giving voice to the Truth, founded the plane of illumination and conceived the first abode of the Sacrifice. . . . The Master of Wisdom cast down the stone defences and called to the Herds of Light, . . . the herds that stand in the secrecy on the bridge over the Falsehood between two worlds below and one above; desiring Light in the darkness, he brought upward the Ray-Herds and uncovered from the veil the three worlds; he shattered the city that lies hidden in ambush, and cut the three out of the Ocean, and discovered the Dawn and the Sun and the Light and the Word of Light.

Rig Veda

SING! THE EMBODIED VOICE RETREAT

3, 4 and 5 March, 10am—1pm

Join us at A Sunlit Path for "Sing! The Embodied Voice", a 3-day retreat by Shalini Sekhar on March 3rd, 4th and 5th from 10am to 1pm, organized in collaboration with Abhaya, an Auroville activity under ASSA.



Soften and release, play and rest and inhabit your wild voice. Only 10 participants will be taken, so please sign up soon.

- **8870988843 WA to register**
- Rest, movement and awareness practices
- Movement and visceral soundmaking
- Bodywork to open and find support in your body
- Sing simple music from India and around the world
- Partner and group work. Balance safety and emotional challenge.
- Sing your own song. How does it feel to be seen and heard?
- Connect voice-body-breath-spirit and discover yourself.

Shalini Sekhar is singer and voice worker based in Auroville. She has studied the voice from teachers of different traditions—Indian, Western, and Middle Eastern—and has also studied mindfulness and embodiment practices. She is currently deeply immersed in postgraduate research in Voice Pedagogy. She brings all of this together in her work with the voice.

Sudha, Warmly,
Abhaya Team

CLASSES WITH TAHIR @ VERITE

Yoga of Awareness

- Thursday 10:30 to 11:30am

Yoga awareness is a different style of Yoga's incorporation of meditation and breathing can help improve a person's mental well-being. "Regular yoga practice creates mental clarity and calmness; increases body awareness; relieves chronic stress patterns; relaxes the mind; centres attention; and sharpens concentration.



Hatha Yoga—Sun & Moon

- Every Monday, 9—10am

Hatha Yoga is a preparatory process of Yoga. The word "ha" means sun, and "ta" means moon. "Hatha" means the Yoga to bring balance between the sun and the moon in you, or the Pingala and Ida in you. You can explore Hatha Yoga in ways that take you beyond certain limitations, but fundamentally, it is a physical preparation—preparing the body for a higher possibility.

Ecstatic Dance

- Every Saturday, 5—6:30pm

Ecstatic Dance is a Freeform Conscious Dance. As soon as you enter the space, you are invited to let go of judgments and expectations, and allow yourself to feel your emotions, sensations, body, mind, and spirit. a safe space for movement and expression.

Contact

- Organizing Group: Verite
- 0413 2622045, 7867805812 WA
programming@verite.in.

Best Regards, Tahir



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, February 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday to Saturday
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30—8:30am. Wednesday 4:15pm Friday 5:30pm, Only by Appointment.
Iyengar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm.
Qigong Yang Style, self-massage	9600094875, +353877420282 (WA), Marco	Monday to Saturday, 8:30—9:30am, by Appointment only
Chakra Breathing Meditation		Friday: 7:30—8:30am by Appointment only
Heartfull Medita- tion	Avanthika, 6380238326	Wednesday 4:30—5:30am
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, 9943410987, by appointment	Monday to Saturday
Cranio sacral, Lomi Lomi Ka- huna massage, Barefoot body massage	Silvana, 9047654157, by appointment	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacoloring	Meha, 9443635114, by appointment,	Monday to Saturday
Shiatsu, Thai Yoga Massage, Osteothai, Somatic Bodywork and Sound Healing. Only by Appointment	Marco, +353877420282, WA 9600094875	Monday to Sunday
Chinese Fire Cupping and Moxibustion Therapy	Chun, 8098900708	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina: 9791719387, +39346225804, WA	Monday to Friday (Morning)
Acupuncture, Only by Appointment	Dr. Mohammad Sahel, 9994208068	Monday to Saturday
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarjyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

Thanks & Regards,
Ramana, Arka

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966, WA & Mobile

Somatic Yoga Class with Linda Lee

• Saturday, 4, 18 & 25 March 2023, 10:30am—12pm

Somatic yoga classes are designed to:

- learn how to use Somatics as a preparation for yoga asanas;
- experience ease, comfort, joy and stability that flows from inside out;
- include somatic preparations for Sun Salutations;
- lay down movement pathways for a seamless flow, which establish stability and safety, and stimulate courage, compassion and contentment.

• Group sessions: Saturdays, 10:30am—12pm

• Individual sessions: upon request.

Prerequisites: no previous experience required!

KaHuna Basic Massage Training with Sang

• Wednesday, 8 till Sunday, 12 March

- day 1: 9am—6pm
- day 2,3 & 4: 7am—6pm
- day 5: 7am—3pm

KaHuna is an ancient massage technique, which originated in the South Pacific. KaHuna body workers use their hands, as extension of the heart, as well as forearms and elbows in long fluid strokes, while performing traditional dance steps. We will live and learn the magic of KaHuna massage in the beautiful surrounding of the Quiet Healing Center.

This basic course includes meditation & yoga, chantings and prayers, Huna philosophy, traditional Hula dance steps, giving and receiving KaHuna of massages... and vegetarian lunches.

Prerequisites: no previous experience required

Watsu & Meditation with Dariya

• Monday, 13 & Tuesday, 14 March, 8:45am—6pm

Meditation is an important tool to listen, accept and know ourselves, and to become more intuitive towards ourselves and others. In our understanding, the purpose of meditation is to cultivate presence and peace of mind, which foster possibilities to connect to our unique essence and the world around us. It also encourages development of our intuition and perception through the heart, besides perception through the rational mind. This might at times support making choices from a deeper place.

Meditation essentially helps to develop our capacity for personal expansion and is the basis for our ability to deeply listen to, and be fully present with the person we float during a Watsu session.

Prerequisites: Watsu Basic

Thanks, Guy for the Quiet Healing Center Team





VÉRITÉ PROGRAMS—MARCH 2023

+91 413 2622045, 2622606

+91 7867805812/ 8489391876

programming@verite.in, www.verite.in

Yoga & Re-creation Programs

Days	Drop-in Sessions	Timings	Presenters
Mondays	Hatha Yoga - Sun & Moon	9—10am	Tahir
	Hip Opening And Arm Balance Hatha Vinyasa Yoga Flow	10:30—11:30am	Abhi
	Yin Yoga	3:30—4:30pm	Emma
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Slow Flow Yoga	9—10am	Emma
	Backbend & Hip Opening Hatha Yoga Flow	10:30—11:30am	Abhi
	Holistic Yoga	5—6pm	Sabrina
	Vinyasa Flow	5—6pm	Rebeca
Wednesdays	Holistic Yoga	9—10am	Sabrina
	Backbend & Hip Opening Hatha Yoga Flow	10:30—11:30am	Abhi
	Restorative Yoga	3:30—4:30pm	Rachel
	Nataraj Dance Meditation	5—6:30pm	Nirmal
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Hatha Yoga on Alignment	9—10am	Rachel
	Yoga of Awareness	10:30—11:30am	Tahir
	Vinyasa Flow	5—6pm	Rebeca
	Holistic Yoga	5—6pm	Sabrina
Fridays	Free Flow Dance & Movement (no class 24 March)	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Ecstatic Dance	5—6:30pm	Tahir
	Chakra Dance Meditation	5—6:30pm	Nirmal

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai Yoga Therapy	Andres
Cranio-sacral Therapy	Giuliano
Functional Medicine	Lize
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Mindfulness Based Life Coaching	Moller
Private Yoga Session / Yoga Therapy	Nadia
Private Yoga Session / Yoga Therapy	Rachel
Foot Reflexology	Radhika
Integrated Cranio-sacral and Foot Reflexology	Radhika
Integrated Ayurvedic Accupressure, Deep Tissue & Heart Healing Massage	Raja
Private Yoga Session	Sabrina
Heart-Centered Resilience	Susan
Lomi-Lomi Massage	Umberto
Ayurvedic Abhyanga Massage	Umberto

Intensives (pre-registration required)

Day & Date	Intensives (pre-registration required)	Timings	Presenters
Friday, 3 March	Metabolic Syndrome	9:30am—12noon	Lize
Saturday, 4 March	Explore Your Five Bodies (Koshas) Through the Practice of Yoga	9:30am—12:30pm	Sabrina
Saturday, 4 March	Odissi Dance Foundations for Beginners	2—4:30pm	Stella
Mondays, 6,13,20, 27, March	Prevention and Reversal of Cognitive Decline	9:30am—12noon	Lize
Tuesdays, 7,14,21,28, March	Mindfulness with Heart	9:30am—12noon	Moller
Wednesdays, 8,15,22,29, March	Optimal Longevity	9:30am—12noon	Lize
Thursdays, 2,9,16,23,30, March	Mindfulness with Heart	9:30am—12noon	Moller
Fridays, 3,17,24,31, March	Metabolic Syndrome	9:30am—12noon	Lize
Saturday, 10 March	Foods that Heal: Eat, Enjoy, Rejoice!	9:30am—12:30pm	Stella
Friday & Saturday, 10 & 11 March	Speaking From The Heart Based on Non-Violent Communication	Friday 9:30am—4:30pm	Vega
Saturday, 11 March	Yoga for Energy Pathways	9:30am—12:30pm	Andres
Saturday, 11 March	Freedom from Fear	2pm—4:30pm	Dr. Sehdev
Saturday, 17 March	Restorative Yin & Nidra Yoga	9am—12:15pm	Emma
Saturday, 18 March	Shaucha: Yoga to Purify Body, Energy & Mind	9:30am—12noon	Sabrina
Saturday, 18 March	Yearnings for Peace: Peace Within, Peace Without	2pm—4:30pm	Dr. Sehdev
Saturday, 25 March	Balance Your Five Bodies (Koshas) Through the Practice of Yoga	9:30am—12:30pm	Sabrina
Saturday, 25 March	Yoga of Forgiveness	2pm—4:30pm	Dr. Sehdev

Many thanks, Kathir for Vérité Programming



PITANGA:

0413 2622403/ WA 9443902403,

info@pitanga.in

Workshops: Please register with us

ATB Introduction Workshop with Rosa

• Sunday, 12 March, 9am—1pm

This is a small workshop for those who would like to have a taste of ATB!

Awareness through the Body is a comprehensive curriculum of exercises that aims to raise awareness and enable the participants to become conscious of their own perceptions and abilities so that they may become self-aware, self-directed individuals. The activities are creative and often fun; they develop gradually and encourage concentration, focus, relaxation, and a sense of accomplishment.

We explore the body and through the body awaken the consciousness of the entire being and all the parts that form it.

Neurographica™ Workshop with Gala

- Wednesday, 1—Friday, 3 March, 10:30am—12:30pm
3 days, daily 2 hours

Neurographica™ is a trademarked drawing method developed by Russian psychologist Dr Pavel Piscarev in 2014. The psychological drawing method is very practical: Neurographica is used to balance our mind and inspire creativity and imagination. It helps to initiate positive changes in our life. Neurographica is about breaking patterns as it helps to recognize our patterns and hidden obstacles. Through the drawing process, guided by the teacher, one is finding new creative solutions, and helps to release outdated patterns in one's life.

- Art materials will be provided. Participation is limited to a small group.

Tai Ji—Qi Gong Workshop with Cilica Chlimper (France)

- Friday, 3 March, 9am—1pm

Learn to:

- Understand the Yin Yang principles flowing in the body.
- Re-join tranquillity, equilibrium, and harmony.
- Understand how those disciplines can enlighten consciousness.

Cilica has been practicing these disciplines for more than 40 years and teaching them in France for 22 years. More than 200 people come to her classes and workshops every year. She is currently giving classes at the Sri Aurobindo Ashram.

Submitted by Andrea on behalf of Pitanga

SERENDIPITY: ACTIVITIES AND THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville—605101

Landline: +91 (0)413 2965693

Mobile/WA: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipityauroville.org>

<https://www.facebook.com/serendipityauroville>

A 2 days Workshop on Multidimensional Spirituality

- Saturday and Sunday, 4/5 March, 9am—12.30pm, 2—5pm
- Joy Hall, Serendipity Guest House

This is an introductory workshop to explore and experience astroshamanism and holistic spirituality. During this workshop, participants are initiated to some of our core practices of astroshamanism.

Particular attention is given to identify and develop tools allowing each participant to connect with their authentic life purpose and spiritual source of empowering guidance. We also acknowledge areas of darkness and grievances, and employ spiritual healing practices of release and forgiveness, which participants can learn and use also on their own.

The aim is to create a bridge between human separated reality and luminous dimensions based on unity. The purpose is to connect with the Source, a unified mind consciousness, and emancipate ourselves from the human condition, retrieve our multidimensional consciousness and a full mastering of who we really are, establishing explicit realities, where our actual identities dwell.

- Booking required:
stefaniasavardi@gmail.com or 9486363442 WA



Tea Meditation

- Sunday, 26 February, 11am with Jass

Tea is an ancient drink that has been hailed for its beneficial effects for ages. The story goes that centuries ago some monks threw these leaves in a pot of hot water and discovered that after drinking the infusion they could meditate much better! And so tea and meditation have always been intertwined. In this session we will explore the traditional Chinese way of serving tea, 'Gong Fu Cha', drinking quality Chinese tea in a silent and mindful manner.

- For more information call +91 73394 59425
- On Donation basis

Warmly, Sara for Serendipity

JIVA: YOUR JOURNEY IN HEALING AND TRANSFORMATION



www.auroville-jiva.com, WA 9626006961

contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

Natural Horsemanship

- Individual and group sessions ongoingly

Mirrabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!



Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication—and it's just fun time to BE with a sensitive, naturally trained horse! Mirrabelle lives with horses since she was 3 years young. Past 10 years she fulfills her life's dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse. Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care—hoofs, nutrition, psychology, care, riding and therapy!

- Sessions afternoons 4—6pm or mornings 8—10am

Contact: WA 9626565134, contact@auroville-jiva.com

New: Webinars Natural Horsemanship with Mirrabelle

- Horse Care and Management (5 lessons)
 - Basic needs,
 - Basic anatomy
 - Feed needs,
 - Deworming
 - Basic medical terminology

What we can learn from horses about leadership (5 lessons)

- History of horses and humans, and its significance
- Basic needs: similarities and differences
- Different kinds of intelligence and what they mean
- Non-verbal communication and energy levels, how to find neutral
- Setting yourself up for success, value-based Teamwork!
- Contact Mirrabelle directly: 919626565134 WA or contact@auroville-jiva.com

Integral Regression Therapy

- Intro Session, 2 March, 7—9pm Online Webinar
- Intro Session, 3 March, 10am—1pm, Integral Health, Prayatna

Integral regression therapy and energy work based on Sri Aurobindo and The Mothers integral Yoga, integrating trauma therapy, past life regression therapy, inner child work, NLP, and a client centric approach. Typically, integral regression therapy addresses unexplainable pains, trauma from accidents or early childhood, questions about past lives, life purpose or restricting behavior patterns. Individual therapy sessions of 2-3 hrs are offered by Sigrid on request.



- [Watch Sigrids interview with Jim Garrison](#), Ubiquity University, San Francisco, California on "Integral Yoga applied: Heal and transformation with Integral Regression Therapy"

Training in Integral Regression Therapy An in-depth training is offered through a series of 4 webinars detailing the theoretical backbone of this deeply healing modality. Therapists wishing to integrate this approach in their psychotherapeutic or body- mind—healing work shall come for 3 practice workshops in between theory modules in Auroville, The practice and personal experience will enable them to practice facilitating the 2hrs therapy sessions, and their own personal transformation.

The first of 7 modules consisting of 2 webinar sessions will take place in March 2023

Reiki Healing Sessions with Niyati

Reiki: The Science to Realize the Absolute.

An easy therapy to bring body, mind and soul in unison and as a result bestow on oneself naturalness, awareness and totality or completeness of life & living.

"Rei" means Omni Present and "Ki" means Life Force. Reiki therapy is channeling the abundant life force to a concentration of healing. Reiki energy works with the chakras of the body, healing the tangible & intangible aspects of life.



What Reiki can give in abundance is awareness: Awareness of your body, of your mental health, of your emotional health. When you have some mental and emotional issues you're fighting, it's like your companion, bringing back your natural flow. Book a session for a healing experience.

- 9626006961 WA, contact@auroville-jiva.com

Inner Child Work Workshop

- 8 February, 10—4pm, with Sigrid Lindemann

Inner Child Work is an additional tool to foster self confidence, and let go of early belief systems. The therapist holds the space to allow an early, even very early childhood experience to surface for healing. The adult client is empowered for healing himself, with the skilled facilitation of the Inner Child therapist.



Inner Child Work can be practiced as a session itself, or woven into a counseling or therapy session. It is especially effective in self confidence and relationship issues, lack of self love, and limiting belief systems.

We offer a first introduction to "Inner Child Work"

Facilitator Sigrid Lindemann, senior faculty in integral regression therapy, and Advanced Homeopathy (Sensation Method Dr. Sankaran), in Germany and Auroville, living in Auroville, Pondicherry for more than 20 years.

- Register via contact@auroville-jiva.com 9626006961 WA

Integral Regression Therapy

- With Sigrid Lindemann

These 2-3 hr intensive individual sessions are composed for a lasting healing effect. These deeply transforming session integrate Inner Child Work, Trauma Therapy, Energy Work, Past Life Therapy on the basis of Sri Aurobindo's and The Mother's Integral Yoga



Therapist Sigrid Lindemann, International faculty in Advanced Homeopathy (Sensation Method), transpersonal regression therapist and supervisor, <https://tasso.ekaa.co.in> Founder of Integral Regression Therapy

- contact@auroville-jiva.com, 9626006961 WA

Journey of the Soul

- 20 February, 10am—2pm

A 1 day workshop to explore the "Layers of the heart", an inner journey described by the Mother, and more recently by Soleil Lithman, a long term associate of Auroville. After a short Intro, we will follow a guided meditation. This workshop is an opening toward the dimensions of inner work proposed by The Mother. A workshop for all.



Facilitator Sigrid Lindemann, an Aurovilian researcher for over 20 years, international faculty in integral regression therapy, 14 Aug 10 am—2pm

Venue Sharnga Guest House Yogahall contact@auroville-jiva.com

YEP We do offer adventure camps with kids programs, <https://www.facebook.com/YEP-AV> parallel with wellness and healing sessions for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

- We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution. Acupuncture, Shiatsu, QiGong, TaijiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Pregnancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation

Languages

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space

Tomatis

We are still processing the existing requests for Listening Tests and Consultations. However, please feel free to enquire and place your requests with us.

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyy-wZNdZcAng/videos>
- <https://www.listenwell.com/>

A visitor's feedback from our Open House last Saturday:

A visitor's feedback from our Open House last Saturday: "I was introduced to a wonderful science of how frequency can be a tool for understanding, receptiveness, and the connection with one's learning ability. I could see the impact it would have on the society in future. Thank you for the opportunity given."

Visit us at our Open House on 25 February,
9:30am—12:30pm!

Current Language Courses at ALL

New: Beginner Italian with Fabio

Great news for Italian learners!

Fabio has joined us as our new Italian teacher and is ready to start a Beginner course as soon as we have 4-5 confirmations! Fabio was born and brought up in Italy where he obtained a degree in Linguistic and Intercultural Mediation, a course focused on intercultural exchange. He is deeply interested in Italian and European history. If you are a beginner with little or no knowledge of the Italian language, you are welcome to join this 3-month (24-hour) compact course. The course will take students through the Italian alphabet and phonetics, spoken grammar, main verbs, pronouns, sentence structure, etc. By the end of the course, learners will be able to introduce themselves & others in a simple way, exchange information about family, work, holidays, home, etc., speak about everyday activities, hobbies, etc. A range of different topics can be explored based on the interests of the students.

- Classes will take place twice weekly,
on Mondays and Wednesdays, 4pm—5pm.
- Course started on 13 February comprising 24 hours of teaching over three months.

New: Elementary Italian

Fabio will start a new course for Elementary Italian end of March or beginning of April. This three-month course is for the students who are currently enrolled in the Beginners Batch to continue their exploration of the Italian language, and also for any learners who already have a basic knowledge of Italian. Feel free to enquire with us and reserve your spot!

New: Spoken Tamil with Saravanan

The current course will conclude soon. We will start a new batch in February!

Saravanan has been running this interactive and practical-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes will take place
Tuesdays & Fridays, 9:30am—10:30am.
- Course started on 7 February comprising 24 hours of teaching over three months.

New: French with Jean-François

Jean-François's current batches are concluding soon. He will soon be starting new batches for all his courses. He offers four 2-month (16-hour) courses:

- **Beginner French**
 - This course will start on March 11.
 - Classes will take place
Saturdays, 2:30pm—4:30pm.

This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- **Beginner French for Teens**

- The course will start on March 11,
- and classes will take place
Saturdays, 11am—12noon.
We have 3-4 spots left.

This course is for students between 13—16 years of age. The course is based on exercises that use many mediums like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- **French Conversation (Pre-Intermediate)**

- This course will start on March 6.
- Classes will take place
Mondays & Thursdays, 3:30—4:30pm.

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François will also review the grammar useful for basic conversation.

- **French Conversation (Intermediate)**

- This course will start on March 6.
- Classes take place
Mondays & Thursdays, 2—3pm.

This course is for those who have a good level in French. In this course, the basics of public communication like expression, understanding, argumentation, meeting participation shall be deepened. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. At the end of the course, students will also have reviewed the grammar useful for interaction.

New: Tamil Written and Spoken with Murugesan

- Classes will take place
Mondays & Thursdays, 10am—11am.
- The course will start as soon as we have a minimum of 5 students. It will run for three months comprising 24 hours of teaching.

Our teacher, Murugesan, is ready to start a new Beginner Written & Spoken Tamil Course. This course is for those who wish to enrich themselves with the complex beauty of the Tamil written alphabet and speech. Murugesan will explore the difference between spoken & written Tamil, and focus on developing listening & reading skills through songs & lyrics. Grammar will also be taught with an emphasis on practical usage.

New: English for Total Beginners with Rupam

- Classes will take place
Mondays, Wednesdays, & Fridays, 11am—12 noon.

If you can read this, then obviously this course isn't for you! But, if you know someone who could use some basic, everyday English in their daily lives, feel free to pass this along. This one-month semi-intensive course will begin with the alphabet and take the students through basic nouns, verbs, and simple sentence structures.

Sanskrit with Kaushal

- The course started on 5 January
- and classes will take place every
Thursday, 2:30—4:30pm.

Our teacher, Kaushal is offering a new Sanskrit Beginners Course. Growing up in a traditional environment with exposure to Sanskrit texts, Kaushal pursued his interest in Sanskrit more actively later in life. He is now interested in helping others reach a good basic understanding of this rich, extraordinary language. This two-month course will take you through the sounds and the alphabet, and shall explore simple words, conversation, and chanting of select mantras.

Intermediate Spanish with Susana

- This course started on 22 November
- and classes take place every Tuesday, 2:30—4pm.

Our long-time teacher, Susana is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

German with Verena

A1.1 Beginner German

Verena's A1.1 Beginner German Course started this week! Verena has been trained through the Max Mueller Bhavan, Chennai/ Goethe Institute, and she brings a variety of interactive tools and offbeat approaches to her classes. We have always got excellent feedback on her course! By the end of this three-month course, you would be able to carry out simple conversations in German like introducing yourself, talking about your work, your family, your hobbies, and ask & answer questions about everyday things like shopping, restaurants, holidays, etc. No previous knowledge of German is needed for this course!

- Classes take place Mondays & Wednesdays, 11am—12:30pm.
- Course started on 28 November comprising 36 hours of teaching over three months.

A1.2 Beginner German

This course is for students who have already taken a Beginner Course with Verena in the past or have a basic knowledge of German. The course is meant to deepen the basics previously learned and further advance the learner's German language skills.

- Classes take place Mondays & Wednesdays, 9—10:30am.
- Course started on October 31 comprising 36 hours of teaching over three months.

English Conversation with Ramesh

Ramesh's classes are ideal for pre-intermediate and intermediate level English speakers. The course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, building listening comprehension, fluency and confidence in speech. Ramesh will also touch upon basic grammatical concepts.

Ramesh runs two groups:

- Mondays & Thursdays, 2—3pm
- and Tuesdays & Fridays 3:30—4:30pm.
- This is a monthly course.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place Tuesdays & Thursdays, 10:15—11:15am.

Enquire now to join!

A note to present and past students:

- If you've borrowed any of our books, please bring them back! We are cataloging our reference library.
- If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire

Please [fill out our form](#) to join or inquire about any language classes at the Lab! You can drop us an email to info@aurovillelanguagelab.org, or call us at 2623661

- **Please Note** Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!

Change in contact info

Due to the abrupt disconnection of VOIP services by Aurinoco, please note that the following numbers **do not function anymore: 4036920,921&922**. We apologize for the inconvenience. Rumour has it that these numbers cannot be restored unless Aurinoco repairs its relation with the company which was providing these services. Even if Aurinoco manages to establish a relation with another company to provide VOIP, our earlier numbers will not work. And since BSNL does not provide VOIP, for the moment, it's back to the good old copper connection BSNL for telephony.

Please use the following numbers to contact us:

- 2623661 Lab
- 2622467 Tomatis
- +919843030355 WA only

Current Schedule of Classes

Language	Level	Time	Day(s) of Classes
English	Beginner & Pre-Intermediate	10:15—11:15am	Tuesday & Thursday
	Total Beginners To start soon	11:00am—12noon	Monday, Wednesday, Friday
	English Conversation Group 1	2—3pm	Monday & Thursday
	English Conversation Group 2	3:30—4:30pm	Tuesday & Friday
French	Beginner To start 11 March 2023	2:30—4:30pm	Saturday
	Beginner for Teens To start 11 March 2023	11am—12noon	
	French Conversation 1 To start 6 March 2023	3:30pm—4:30pm	Monday & Thursday
	French Conversation 2 To start 6 March 2023	2—3pm	
German	A1.1 Beginner Started 28 November	11am—12:30pm	Monday & Wednesday
	A1.2 Beginner Started 31 October 2022	9—10:30am	
Hindi	Beginner To start soon	10am—12noon	Saturday
Tamil	Spoken Beginner, To start 7 February 2023	9:30—10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start soon	10—11am	Monday & Thursday
Sanskrit	Beginner Started 5 January 2023	2:30—4:30pm	Thursday
Spanish	Beginner Started 15 February	2:30—3:30pm	Monday & Wednesday
	Elementary To start soon	TBA	TBA
	Intermediate Started 22 November	2:30—4pm	Tuesday
Japanese	Beginner To start February 2023	TBA	TBA
Italian	Beginner To start 13 February	4pm—5pm	Monday & Wednesday

The Language Lab's Opening Hours

Monday—Friday: 9:00am—12:00pm
& 2:00pm—5:00pm.

Saturday: 9:00am to 12:00pm.

Location: International Zone,
after Unity Pavilion & Pump House.

Email: info@aurovillelanguagelab.org

Find us on    @aurovillelanguagelab

Auroville Language Lab Tomatis Research Centre

Vismai, for Language Lab Team

Cinema

AUROFILM PRESENTS



At Multi Media Centre Auditorium, Town Hall

Reminder:

- Aurofilm will not have a film show during the Auroville week, so **no film on Friday 24 February**

Friday 3 March, 8pm: "WALL-E"

Directed by Andrew Stanton, US, 2008

Synopsis: Wall-e is an animated science fiction film that follows a story set on the 22nd century. Rampant consumerism, corporate greed, and environmental neglect had turned Earth into a garbage-strewn wasteland, and a megacorporation had evacuated humanity to space on giant starliners, leaving trash compacting robots to clean up the planet. Seven hundred years later, in 2805, the clean-up has failed and the last remaining active robot, named Waste Allocation Load Lifter: Earth Class (WALL•E) has developed a personality. One day, WALL•E's routine of compressing trash and collecting interesting objects is broken by the arrival of an egg-shaped white robot called EVE, with whom he falls in love and pursues across the galaxy... The film won many Awards, and it is considered by many critics the greatest animated films ever made!

Original English version with English Subtitles. Duration 1h37'

Note: to discover more about this computer animation film, our Animation expert, Abhijit will offer a "Cine-Master-Class on the film the very next day, Saturday, 4, at 5pm in Aurofilm, Kalabhoomi

"CINE-master class"

- Saturday, 4 March, 5—6:30pm**
at Aurofilm, Kalabhoomi (next to CRIPA)

If you like to learn more about films and Cinema, to discuss and share about a film, we invite you to our Cine-Master classes! This time we welcome you to "WALL-E" led by Abhijit Roy:

Overview: Abhijit, media & entertainment professional and passionate about animated films, offers us this time a study-analysis of the Ninth film in the filmography of one of the most successful Animation Studios—PIXAR.

"WALL-E" is the second film by Director Andrew Stanton after his earlier film, the lovely "Finding Nemo" and follows a solitary robot in the future, left on Earth to clean up the garbage. His romantic adventures begin when he is visited by a probe, EVE, sent by the starship Axiom.

Aurofilm is screening "WALL-E" at MMC on Friday, just the day before this study. We hope all or most of you will have seen the movie to come for the study! As usual, informal exchanges and discussions will follow the presentation. **Nina**

THE FRENCH PAVILION PRESENTS

Auroville, Story of an Utopia and interview with Roger Anger

Reference Documentary by Nicole Avril and J.P. Elkabbach made in 1973

- Saturday 25th February, 5pm**
- Cinéma Paradiso, Town Hall**

in French subtitled in English, 90min

Mother was still in her body when the documentary was made. Few western journalists were interested in the project of Auroville in the seventies; but one of them, Jean-Pierre Elkabbach, came to investigate for "Antenne 2" in 1972. His documentary of 118 minutes reveals Auroville as it was at this time: several houses rising from the red desert, schools like Last School, the Pyramid or so called "yogurt pots" and of course the Matrimandir under construction.



The documentary also includes precious interviews, and among them Roger Anger and Kireet Joshi but also those from Aurovilians like Riid, Jean P., Vincenzo, Rod H., and many others.

An exceptional documentary to discover or rediscover Auroville...

Thank you, Vivekan,
on behalf of French Pavilion team

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

- 16:00** Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30** Tour of Sadhana Forest
- 18:00** Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30** Eco Film Club begins with "previews" of short Sadhana Forest films



20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 3 March

Eco India + Together We Grow

2021 / 50 minutes

Eco India shows us a new model of tourism that can benefit local communities and empowers travelers to take responsibility while they are enjoying the beauty of nature.

Together We Grow tells the inspiring story of a thriving hub helping to build resilience into its local community by growing, sewing, repairing and sharing. You name it, Common Unity is doing it!

Warmly, **Shek**

AUROVILLE FILM INSTITUTE PRESENTS

Still to Motion: Photography Basics



Still to Motion PHOTOGRAPHY BASIC

Theory and Practice

Mentor: Rivu Laha (Cinematographer, Film maker)

24 sessions over 12 weeks (3 months)
27th February - 25th May

11:00 to 13:00 hrs IST
Mondays and Thursdays

To register write to - support_filminstitute@auroville.org.in
or call - Swanand Kottewar - 8956126016

Acting in Cinema

- 20 March—2 April, Auroville: A 15 days workshop for actors and directors with Pushpendra Singh

The workshop will have 2 units.

- In Unit 1 Pushpendra Singh will look at cinema's history through its relationship with acting. He will analyze films in terms of acting styles and how various movements in Cinema have been shaped by change in acting styles.
- In Unit 2 both, screen actors and directors, will go through acting exercises dealing with psycho-physical aspects of acting and direction. Drawn from exercises by Constantin Stanislavski and Sandy Meisner, the participants will work in a live space. This stage will end with the participants shooting a short on one's own DSLR or smartphone.

Pushpendra started his journey in theater with Barry John and was later trained at Film and Television Institute of India where he also taught briefly. His directorial debut feature, Lajwanti (2014) premiered at Berlinale. His second feature, Ashwatthama (2017) received the Asian cinema grant and premiered in the New Currents Competition at Busan film festival. His creative documentary, Pearl of the desert (2019) premiered in the Main Competition at IDFA and his latest feature, Laila Aur Satt Geet premiered in the inaugural Encounters Competition at Berlinale. Pearl of the desert received the Best musical film at Krakow film festival and he was awarded the Best Director at Hong Kong International Film Festival for Laila Aur Satt Geet (2020)—which also won NETPAC Award at Jeonju film festival. He has also had retrospective at MoMA, New York.

- To know more please visit: <https://filminstitute.auroville.org/2023/02/05/acting-in-cinema/>
- OR write to support_filminstitute@auroville.org.in
- Or message +91 9969879319 WA/ Telegram

Study Circle



Film Institute @ Auroville is delighted to introduce an open study circle, 5 to 6:30pm at the Video Room in KalaKendra, Bharat Nivas.



The Study Circle is designed in concurrence with the ongoing research and academic pursuits of the Film Institute Fellows. The sessions are open for all.

Upcoming Week's Schedule

- 5—6:30 pm, Video Room, KalaKendra, Bharat Nivas

Monday	27 February	Screening	The India Trip (1971 , Canada) Dir. by Bill Davies
Tuesday	28 February	Screening	Transcendence (1972 . Auroville) Dir. by Pramod Rati. Auroville Timelines: Tribute to Soil Hands and Feet (2019)—Richa & Rivu
Wednesday	1 March	Screening	Cave of Forgotten Dreams (2010), Werner Flerzog. 90 mins
Thursday	2 March	Screening	Film History—Pre Cinema & The First Films
Friday	3 March	Reading	The Outsider by Albert Camus: reading by Swanand Kottewar
Saturday	4 March	Film Philosophy with Once Upon a Time in Anatolia Online by Deb Kamal Ganguly (register at www.filminstitute.auroville.org)	

For more information write to:

- support_filminstitute@auroville.org.in
- contact AVFI fellow Kumud: +91 7592805013 WA

Invitation to join Film-Philosophy

with N B Ceylan's Once Upon a Time in Anatolia

- Analysis, appreciation, concept formation and film-philosophy.
- 4 & 5 March_online; 14:30—18:30 IST
- with Deb Kamal Ganguly



From the Zone there is no escape for anyone with a sense of self-esteem and an acute, self-questioning conscience. The brilliance of Ceylan has explored the horror of banality, the violence of meaninglessness, the burden of the homogeneous empty secular time. Through the gradual and incremental collective reading of this great example of slow cinema, the course would locate the core of gray, barren, maleness, being symptomatic of an all encompassing yet invisible statehood, not really as a political entity outside the self, but an entity corroding the boundary of the philosophical autonomy of the self.

Participants are welcome who might be interested in the cinematic possibility of philosophical nature of an individual in the contemporary time; the quality of relationship between the 'routine work' of the individual and the impersonal modalities of functioning of the state apparatus, the nature and the burden of the secular time, and the cinematic utterances of multiple subjective temporalities within the body of a film.

Mode of Teaching: In the online sessions, sequences from the film will be shown and discussed in depth. Also reading material will be shared during the course.

- To know more please visit: <https://filminstitute.auroville.org/2023/02/05/acting-in-cinema/>
- Or write to support_filminstitute@auroville.org.in
- Or message +91 9969879319 WA/telegram

Warm regards, Richa

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800 (Aurovilians & Newcomers/ No validity)
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7): 108

The Last Moment

MANUEL FOR ELLEN



How many lives can a human being live? How many worlds can a person know?

My mom Ellen was born in 1928 in a mid-sized northern German city called Kiel. She was 5 years old when the Nazis seized power. Her family, including many left-wing journalists, socialists and unionists, was in the resistance from the first moment, many were killed by the Nazis, there was a lot of fear in her first life. Ellen experienced the bombing of Hamburg, the air raid shelters of Berlin, the horrors of World War II and the terror of the Nazis. These experiences made her the staunchest pacifist and anti-fascist.

But Ellen always had the music. She learned to play the flute as a young girl, she sang incessantly, and then discovered the cello as her instrument, which would accompany her throughout her life. Music gives hope. Music gives strength and courage. And music also helps over difficult times.

After the war, in Ellen's second life, she lived in Hamburg with her then husband Ragnar and had three children: Ingmar, Janina and Manuel. Fortunately, I was one of them. During this time she also discovered Hatha Yoga and became a pioneer of the early German Yoga movement. At the beginning of the 70s, when she separated and moved to a small village in the middle (and, to be honest, nowhere) of Germany, she started her third life, which was characterised by music, yoga, nature and a lot of curiosity. Ellen familiarised herself with a wide variety of worldviews, studied great thinkers and thinking itself, engaged in a massive range of self-awareness techniques, and formed her own very special view of existence from the fragments that particularly touched her, which she gladly shared with others, not least in her legendary and numerous yoga courses, which she gave in the Hessian "Hinterland" for many years.

Already since the founding of Auroville, she followed the emergence of the City of Dawn with great interest. After her children were out of the house, she began searching for a place to call home for her fourth and final life. Her search took her half-way across the planet and Auroville is where she has remained since 1996. First she supported the team of the Ilaigarkal School and then she worked for many happy years with Jürgen at the Library. At the same time she translated works of Sri Aurobindo from Dutch into German, which impressed us children very much, because as far as we know she does not speak Dutch at all. Nevertheless, her translation was highly praised.

But what made Ellen tick was much more. Her friends loved her for her humour, which could certainly be sharp at times. "Ellen, what is the meaning of life," the 90-plus-year-old Ellen was sometimes asked. "There is none," she said, "don't kid yourself." And if you could read her a little, you know, yes, there is a meaning and she always lived and taught in her life:

"Be good to people. Stay curious. Do not judge too quickly, because behind all that is visible, waits the invisible, true. From this you can learn and create your own universe that serves all humankind."

I take this from her and try to pass it on to my children, hoping that they will pass it on to their children as well and maybe one day we will achieve what Ellen wished for after all: Peace. Now, finally, she has found her peace. We'll miss you a lot, young lady.

Manuel



News and Notes

Roy & Agnijata, News & Notes,
Media Centre, Town Hall

NewsAndNotes@auroville.org.in, 0413 2622133