



News Notes

#965 A weekly bulletin for residents of Auroville 9 March 2023



Auroville Birthday, photo by Tine

Two Unborn, the Knower and one who knows not, the Lord and one who has not mastery: one Unborn and in her are the object of enjoyment and the enjoyer. *Swetaswatara Upanishad*

Two are joined together, powers of Truth, powers of Maya, — they have built the Child and given him birth and they nourish his growth. *Rig Veda*

Pondering



For we can conceive, and since we can, the Divine can still more conceive — and since there is the conception, there must somewhere be the execution, the creation actual or intended, — a universal harmony into which these contrary elements do not enter. The Vedic seers were conscious of such a divine self-manifestation and looked on it as the greater world beyond this lesser, a freer and wider plane of consciousness and being, the truth-creation of the Creator which they described as the seat or own home of the Truth, as the vast Truth, or the Truth, the Right, the Vast, or again as a Truth hidden by a Truth where the Sun of Knowledge.

The Knowledge and the Ignorance finishes his journey and unyokes his horses, where the thousand rays of consciousness stand together so that there is That One, the supreme form of the Divine Being.

This was in their view, expressed in the highly figured enigmatic language of the early mystics, the sense and justification of man's actual existence and his conscious or unconscious Godward effort

The Knowledge and the Ignorance the Life Divine by Sri Aurobindo

Contents

PONDERING	1	The Arts	9
HOUSE OF MOTHER'S AGENDA	4	Auroville Art Camp	9
From the Editors	5	Donation of Artwork by Audrey Wallace-Taylor	9
Editors Note	5	A collective Exhibition	
TOWNHALL SPEAKS	5	celebrating World Women's Day	9
L'avenir d'Auroville/ ATDC		Invoke the beautiful in all pervading Shakti Energy	9
Application Announcement 09-03-2023	5	Live Music Weekend	9
Auroville Model Farm/ Dairy Production Unit—GB—PA	5	Show Activities	10
From The Entry Service—ES # 171	5	Auroville Horse Show	10
COMMUNITY NEWS	5	Activities	10
Passing On	5	Food Forest Tour	10
Ulf Mueller	5	Tango Dance Class	10
Cristof Alward-Pitoëff	6	Salsa Dance Class	10
Honoring Cristof Pitoëff	6	Aurogames Session At Humascape	10
Gratitude	6	Think 3D: Product Design Workshop	10
To all the loving spirits who made this Nritya Mela	6	Rupavathi Joy Activities	10
Born in Auroville	6	Bio-region Temple Tour	10
Blessed with a Baby Boy	6	Indian cooking	10
Awakening Spirit	6	Thai Massage	10
A musical offering to the Divine at Sun set	6	Kirtan & Sacred Songs	10
Sri Aurobindo's Integral Yoga:		Swimming Class	11
A talk by Deepti Tewari	6	Tea Meditation with Joss	11
Amphitheater—Matrimandir:		Analogue Photography Workshop	11
Meditation at sunset with Savitri	6	Art Workshops by senior artist Abhijit Roy	11
Daily Peace Meditation	6	Odissi Beginner Class	11
Poetry Offering to the Sweet Mother	7	Activities by Bruno	11
Narad's Sessions at Auroville & Ashram	7	Lessons of Carnatic Singing	11
Brahmanaspati Kshetram	7	Educational concerts	11
Calendar of regular events of March 2023	7	Looking For	11
Introduction to the Integral Yoga		Looking for Story Readers	11
of Sri Aurobindo and the Mother	7	Looking For a Bicycle in Good Condition	11
Savitri Bhavan	7	Available	11
Dream Divine Series	7	Worktree Bicycle Available	11
Building Matrimandir—Labor Of Love,		Available Hero Passion Pro I3S	12
1971—2008	7	Honorary Voluntary	12
Health Care	7	Introductory Volunteer Program (IVP)	12
Caring for our Elders	7	Gau Seva at Sadhana Forest!	12
Aurodent—Dental Clinic	8	Lost and Found	12
To all members of the AV Health Fund Scheme	8	Missing Book	12
Maatram, March 2023	8	Lost Special Chappals	12
Youth Initiative	8	Taxi Share	12
Safety & Boundaries Awareness	8	To Chennai Airport on Tuesday, 14 March	12
International	8	To Chennai Airport on Sunday, 19 March	12
The French Pavilion presents	8	Foods, Goods and Services	12
Workshop 2: "Wellbeing"	8	Eco Femme Open House	12
Reduce your waste to the minimum in 5 steps	9	Service: Soul Of The Soil	12
Board Games and Pétanque	9		

Voices and Notes	13
Aryan Fighters: Compassion	13
Working Near Trees: Severing Roots	13
Developing the City of the Mother	14
What is a Hierarchy?	14
Hitch-Hiking	15
Classes, Workshops & Healing Arts	16
Editors Note	16
Angamtree Wellness	16
Heartfull® Meditation with Avantika	16
Activities with Tahir	16
Hatha Yoga—Sun & Moon @ Vérité	16
Yoga of Awareness @ at Vérité	16
Ecstatic Dance Conscious Movement @ Vérité	16
Vipassana	16
From Suffering To Freedom...	16
Pitanga	17
Neurographica™ Workshop with Gala	17
ATB Introduction Workshop with Rosa	17
Programme for March 2023	17
Iyengar Yoga with Tatiana	17
Yoga Asanas with Rachel	17
Ashtanga Yoga—Mysore Style with Sheida	17
More Yoga	17
Body—Mind—Spirit	17
Homeopathic Clinic	17
Healing Spaces	17
Authentic Relating Workshop	17
Arka Wellness Center & Multipurpose Hall	18
Classes	18
Treatments	18
Activities by Lakshmi	18
Sound chakras healing	18
Private Transformational yoga classes	18
Vérité Workshops	18
Activities @ Sunlit Path	18
Decoding the Yantra Retreat	18
Dhrupad Retreat	19
JIVA—your journey in healing and transformation	19
Quiet Healing Center	19
Watsu & Meditation with Dariya	19
OBA Basic—Liquid Joy with Fred	19
Somatic Yoga Class with Linda Lee	19
WOGA (Yoga in Water) 1 & 2 with Dariya	19
Languages	19
News From Auroville Language Lab	19
Tomatis	19
Changes in contact info	19
The Language Lab's Opening Hours	19
Current Schedule of Classes	20

Cinema	20
Auroville Film Institute	20
Acting in Cinema	20
Study Circle	20
Auroville From Utopia To Reality 2002	20
Le Pavillon de France présente:	
The Genius of Trees (2020)	20
STREE	21
8 & 9 March: 'Televisnu' by Prithi Gowda	21
10 March: My Body by Semmalar Annam	21
11 & 12 March: Hellaro by Abhishek Shah	21
13 March: Kamlabai by Reena Mohan	21
14 March: An Indian Woman—an historical assessment by Mani Kaul	21
15 March: Gay Matrimony by Debolina Majumder	21
16 March: Love Song... by Richa Hushing	21
17 March: City Girls by Priya Thuvassery	21
18 March: The Last Rhododendron by Yashasvi Juyal	21
19 March: Lajawanti by Pushpendra Singh	21
Aurofilm At Multi Media Centre Auditorium	21
Reminder	21
"Leave No Trace"	21
Cinema Paradiso:	
Film Program 13 to 19 March 2023	22
Accessible Auroville Public Bus	23
Emergency Services	23
Cinema	23
Eco Film Club	23
Schedule of Events	23
Hope in a changing climate + Understanding Plant Milks	23
N&NGuidelines	23
Hard deadline for submissions TUESDAY 3pm	23
How to submit material	23



Photo by Manohar



House of Mother's Agenda

The Gospel of Death and Vanity of the Ideal

(continued from last week)

... "Yet this security and guarantor
 Pressed for credentials an impostor proves:
 A cheat of substance where no substance is,
 An appearance and a symbol and a nought,
 Its forms have no original right to birth:
 Its aspect of a fixed stability
 Is the cover of a captive motion's swirl,
 An order of the steps of Energy's dance
 Whose footmarks leave for ever the same signs,
 A concrete face of unsubstantial Time,
 A trickle dotting the emptiness of Space:
 A stable-seeming movement without change,
 Yet change arrives and the last change is death.
 What seemed most real once, is Nihil's show.
 Its figures are snares that trap and prison the sense;
 The beginningless Void was its artificer:
 Nothing is there but aspects limned by Chance
 And seeming shapes of seeming Energy.
 All by Death's mercy breathe and live awhile,
 All think and act by the Inconscient's grace.
 Addict of the roseate luxury of thy thoughts,
 Turn not thy gaze within thyself to look
 At visions in the gleaming crystal, Mind,
 Close not thy lids to dream the forms of Gods.
 At last to open thy eyes consent and see
 The stuff of which thou and the world are made.
 Inconscient in the dumb inconscient Void
 Inexplicably a moving world sprang forth:
 Awhile secure, happily insensible,
 It could not rest content with its own truth.
 For something on its nescient breast was born
 Condemned to see and know, to feel and love,
 It watched its acts, imagined a soul within;
 It groped for truth and dreamed of Self and God.
 When all unconscious was, then all was well.
 I, Death, was king and kept my regal state,
 Designing my unwilling, unerring plan,
 Creating with a calm insentient heart.
 In my sovereign power of unreality
 Obliging nothingness to take a form,
 Infallibly my blind unthinking force
 Making by chance a fixity like fate's,

By whim the formulas of Necessity,
 Founded on the hollow ground of the Inane
 The sure bizarrerie of Nature's scheme.
 I curved the vacant ether into Space;
 A huge expanding and contracting Breath
 Harboured the fires of the universe:
 I struck out the supreme original spark
 And spread its sparse ranked armies through the Inane,
 Manufactured the stars from the occult radiances,
 Marshalled the platoons of the invisible dance;
 I formed earth's beauty out of atom and gas,
 And built from chemic plasm the living man.
 Then Thought came in and spoiled the harmonious
 world:
 Matter began to hope and think and feel,
 Tissue and nerve bore joy and agony.
 The inconscient cosmos strove to learn its task;
 An ignorant personal God was born in Mind
 And to understand invented reason's law,
 The impersonal Vast throbbed back to man's desire,
 A trouble rocked the great world's blind still heart
 And Nature lost her wide immortal calm.
 Thus came this warped incomprehensible scene
 Of souls emmeshed in life's delight and pain
 And Matter's sleep and Mind's mortality,
 Of beings in Nature's prison waiting death
 And consciousness left in seeking ignorance
 And evolution's slow arrested plan.
 This is the world in which thou mov'st, astray
 In the tangled pathways of the human mind,
 In the issueless circling of thy human life,
 Searching for thy soul and thinking God is here.
 But where is room for soul or place for God
 In the brute immensity of a machine? ..."

(to be continued next week)

Sri Aurobindo, Savitri—A Legend and a Symbol
 Book 10: The Book of the Double Twilight,
 Canto 2: The Gospel of Death and Vanity of the Ideal
https://sri-aurobindo.co.in/workings/sa/2829/0045_e.htm
 With love and gratitude,
 For and on behalf of Gangalakshmi (HOMA), Zech

From the Editors



EDITORS NOTE

Dear Friends, we are ready to publish any of your personal opinion on any subject if it is written in a thoughtful and respectful way.

Roy & AgniJata for News and Notes

Townhall Speaks

L'AVENIR D'AUROVILLE

ATDC Application Announcement 09-03-2023



L'avenir d'Auroville

A. The following projects have received Special Project Approval (information only):

Auroville Model Farm/ Dairy Production Unit—GB—PA

- Applicant/s: Anita & Jothi Prasad
- Location/area: Sustenance Farm/ Green Belt
- Area for which approval is sought: 3.28 acres

Project brief: Land allocated for setting up a dairy farm in addition to the land already allocated to Auroville Model Farm, Training and Production Center

Anita & Jothi Prasad are the Project Holders for this project.

*At the service of Truth,
Lieve for L'avenir d'Auroville/ ATDC*

FROM THE ENTRY SERVICE—ES # 171

Dated: 09-03-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- Mohamed Mansoor Rahamathulla aka Masur (Indian) staying in Humascapes and working at TreeCare
- Murugan MUNUSAMY (Indian) staying in Siddhartha Forest and working at Matrimandir



Mohammed

CHILD OF NEWCOMER:

- Pragadish (Indian) born on 22/12/2014 (son of Murugan)
- Logitha (Indian) born on 28/09/2018 (daughter of Murugan)



Murugan

NEWCOMER CONFIRMED:

- Ramanan MUTHUVEL (Indian)
- Sudha SUPPARAMANI (Indian)
- Brigitte VARWIG aka Gitti (German)
- Rajkumar DEVARAJ (Indian)

AUROVILIAN CONFIRMED:

- Dakshani KUMAR (Indian)
- Vallari SHAH (USA)

NOTE:

The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Board

Alain, Dheena, Jayanthi, Lakshmanan, Matilde, Ramanarayana and Swadha

Community News

Passing On

ULF MEULLER

Ulf Meuller left his body on the evening of 1 March, 2023.

Ulf Meuller has been a good friend and well-wisher of Auroville since his first visit here together with his wife Birgitta in 2001. During that first visit, a program on organizational training for our working groups was initiated together with him and Birgitta, and for the next three years they came and worked with our groups, mainly the Working Committee and the Auroville Council. During that time Ulf also arranged for the Chief Architect of his hometown Halmstad in Sweden to participate in the EU Conference held in Auroville.



Since then, Ulf and Birgitta visited Auroville every year except during Covid. With his openness and interest in a deepened understanding of life, Ulf made friends wherever he went, in Auroville and in the Sri Aurobindo Ashram, in Tiruvannamalai and in the Krishnamurti Center in Chennai where he also visited during his yearly stays in India. Ulf made friends and kept them.

Meetings together were always warm and he was always interested to understand, to speak deeply and there was always laughter close by. Ulf had a positive outlook on life, always seeing possibility, love and for Auroville, always Mother and Sri Aurobindo at the center of what Auroville is. During this trip to India, during his visit here, Ulf has left his body. It seems a choice, handing himself over in Her arms, in full surrender. Meeting Ulf a few days before he fell ill, there was friendship, gentleness and a soft flow of gratitude in life and all it gives.

His wife Birgitta and his son Magnus were with him when he passed away. In the afternoon of 3 March, his body was cremated at the Auroville burial grounds, where we welcomed this dear friend for his last rituals together with us.

Ulf is walking that golden bridge, safe and happy, coming for Their Darshan.

Jaya

CRISTOF ALWARD-PITOËFF



This is to inform the community that Cristof Alward-Pitoëff, French, who met Mother in 1969, passed away in the Sri Aurobindo Ashram on the night of 28 February. In the early years, Cristof stayed in Auroville for a short while after which he went to live in the Ashram for good.

Coming from a very talented and well known family of actors in the Paris of the 50s and 60s, his mother Svetlana, who was teaching history of theater in Pondicherry, brought her two sons Cristof and Sébastien; all three were

Ashramites.

Cristof functioned as head of the French section of the Ashram Press, SAICE professor, writer, translator and theater director. Quite a few members of the elder Auroville generation remember him as their friend and teacher in the Ashram school. He translated into French a good number of books by Mother and Sri Aurobindo, especially The Life Divine.

In 2020 he published 'L'aurore d'une vie nouvelle', in which he describes the adventure of Sri Aurobindo and the Mother as seen through his eyes.

In a 3.5-minute clip on Facebook, Cristof movingly speaks about his experience in Auroville in 1969.

His remains were cremated at the Ashram's crematorium in the morning of Thursday 2 March.

OM

HONORING CRISTOF PITOËFF

Sunday, 12 March, 5pm,

Forecomers, Mango field—Ed's place

A Tree planting ceremony for Cristof Pitoëff will take place in in Forecomers. Friends are welcome to join in remembrance and to celebrate the continuation of his Auroville adventure.



- **Directions Mango Field—Forecomers, Off Av side:** Head to Abri (off the main road at the curve near Evergreen or 100m after the Av guards checkpoint by Certitude), go to the right- at Abri go past the boom bar straight ahead, (past the lemon trees and a tall new building),—plunge into the forest for 1.5 km,—when you see a yellow gate at the end of the road, 30m before on the left is an orange gate leading to Mango field, enter and follow the road to the house.

See you there! Renu, 0413 2622261

Gratitude

TO ALL THE LOVING SPIRITS who made this Nritya Mela



Namaskaram our sincere gratitude and thanks to all the loving spirits who made this Nritya Mela possible. Special thanks to Frederick, our sponsors and News and Notes.

Thank you, Pavithra

Born in Auroville

BLESSED WITH A BABY BOY

Dear Community, we are happy to inform you all that we were blessed with a baby boy on 21st January 2023 and we've named him as Justin.

With joy and love, Raja and Vidhya, Celebration Community

Awakening Spirit

A MUSICAL OFFERING TO THE DIVINE AT SUN SET

@ Matrimandir Amphitheatre



Saturday, 11 March, 5:30—6:30pm

Heather Lee on voice and Jean Christophe Bonnafous on Bansuri Flute, text from Sri Aurobindo's Savitri

- Entrance from the Office Gate at 5 pm. Guests are requested to carry their Aurocard with them.

All are welcome! Antoine

SRI AUROBINDO'S INTEGRAL YOGA

A talk by Deepti Tewari

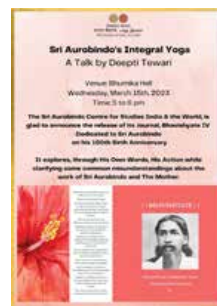
Wednesday, 15 March, 4:30—5:30pm, Bhumika Hall

The Sri Aurobindo Centre for Studies India & the World, is glad to announce the release of its Journal, Bhavishyate IV Dedicated to The Mother & Sri Aurobindo on his 150th Birth Anniversary.

It explores, through his own words, His Action while clarifying some common misunderstandings about the work of Sri Aurobindo and The Mother.

The Journal is available in digital format. The printed version can be requested/collected for a contribution. Please email your request to us at barhatnivas@auroville.org.in

Submitted by Vani, for BN Cultural Team



AMPHITHEATER—MATRIMANDIR

Every Thursday, 5:30—6pm, weather permitting

Meditation at sunset with Savitri

Sri Aurobindo's long mantric poem

read by Mother to Sunil's incredible music

Enjoy the beautiful open space, in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, l-pads, cell phones, etc. No Photos.
- **Dear Guests,** please carry your Guest Card with you
- **Access only for the Amphitheater from 5:15pm.**

Surya & Velmurugan



DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

POETRY OFFERING TO THE SWEET MOTHER

On 19 March, Sunday, 7:30pm @ CRIPA

Dear all! Please come and join us in this beautiful journey of poetry and music!

Auroville is an international community accommodated by so many nationalities as an amazing bouquet of visions, feelings, artistic expression, and beauty. We would like to offer this bouquet to the Mother with aspiration and hope for Her Grace.

Love, The Poetry Group
Submitted by Shakti



NARAD'S SESSIONS AT AUROVILLE & ASHRAM

Monday	6—7pm , Recording on the Life Divine with Narad & Ranganathan at Matru Sudan, 22 Rue Desbassayn de Richmond
Tuesday	5:30pm , OM Choir at Savitri Bhavan followed by Satsang
Wednesday	4pm , Interview with Dr. Pachegaonkar on Homeopathy 6—7pm , Recording on The Synthesis of Yoga with Narad & Ranganathan at Matru Sudan, 22 Rue Desbassayn de Richmond
Thursday	9am , Flower class at Matrimandir for those who want to know their significances, etc. 5pm , OM Choir followed by a talk on flowers at Mother's Flower Garden Near Solar Kitchen, this is on the 2 nd and 4 th Thursday of each month. 6:30pm , Satsang on Savitri at the home of William and Uma, Available only to those seriously interested in Savitri
Friday	6—7pm , Recording on The Synthesis of Yoga with Narad & Ranganathan
Saturday	6—7pm , Recording on Savitri with Narad & Ranganathan
Sunday	Available to meet friends, disciples and devotees, by appointment only

Note: All recordings with Narad & Ranganathan are at Matru Sudan, 22 Rue Desbassayn de Richmond, Three streets north of the Ashram, large brown garage doors.

All are Welcome

Note: Taxi can be shared with anyone going to the Ashram.
Thanks, William



BRAHMANASPATI KSHETRAM

The Mother Sri Aurobindo Centre

Calendar of regular events of March 2023

- Every Thursday, 6—6:30pm: Meditation
- 6 & 20 March, Mondays, 4—5pm: reading "The Sunlit Path" in English & Tamil by Dhanalakshmi
- 7 & 21 March, Tuesday, 5:30—6:30pm: reading "The Mother's Questions & Answers, Vol-7" in English by Rama Narayana
- 7 March, Tuesday, at 6:30pm full moon, reciting Sri Aurobindo's Gayatri Mantra for 30min



Location: No.3/134, Kalathu Mettu Street, Edayanchavadi, Auroville

kshetram2014@auroville.org.in

Submitted by Tixon

INTRODUCTION TO THE INTEGRAL YOGA

of Sri Aurobindo and the Mother

Tuesday, 14 March, 9am—12noon

Introduction to the Integral Yoga of Sri Aurobindo and the Mother



- **Focus:** The Vision and the Way
- **Led by:** Ashesh Joshi
- **Place:** Mirabelle Education Centre, Auromodele
- **Contact:** 9489147202. Please be present by 8:45am
All are Welcome, Ashesh Joshi

SAVITRI BHAVAN



Dream Divine Series:

Wednesday, 15 March, 4—5pm

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

There will be a weekly session every Wednesday 4-5pm. The series will include presentations, films, talks, etc., followed by questions and answers.

- **On Wednesday, 15 March at 4—5pm**, a powerpoint presentation will be shown on 'Benedictions', a book prepared by Savitri Bhavan in 2008 with the facsimiles of The Mother with Her messages on Auroville.

Everyone is welcome, Dhanalakshmi for Savitri Bhavan

Building Matrimandir—Labor Of Love, 1971—2008

- Monday, 13 March 2023, 4pm at Savitri Bhavan.
- Duration: 52min

This impressive and touching documentary on building the Matrimandir shows archival footage of the early stages of the construction and the Foundation Stone ceremony, gives a more comprehensive coverage of the final stages of this project and includes interviews with some of the builders.

The construction of Matrimandir represents a special aspect of the growth of Auroville and its soul.

On 14 August 1970, the Mother gave the message "The Matrimandir wants to be the symbol of the Divine's answer to man's aspiration for perfection. Union with the Divine manifesting in a progressive human unity."

The Foundation Stone of the Matrimandir was laid on Mother's birthday on 21 February 1971. On that day, the Mother's message was: "Let the Matrimandir be the living symbol of Auroville's aspiration for the Divine."

The two-DVD editions of the film in eight languages published by Auroville Video Production in 2008 are available for sale at the Auroville Visitors Center and the income will support the Matrimandir.

The English version can also be seen on Vimeo:

- <https://vimeo.com/44315540>

With light and peace, Margrit

Health Care

CARING FOR OUR ELDERLY

Dear Volunteers, I invite you to be a caring companion in our Elderly care program. We offer our support and care to the elderly who are emotionally challenged and have memory issues. We are looking for a male companion in the afternoons and Sundays. They take time to become friends and then may forget who you are. Do contact me if this calls you to action.

- Rashmi, 9448235935
- Enrica, 9840031935

Rashmi for Maatram

AURODENT—DENTAL CLINIC



Dental Clinic
 Auromode, Auroville.
For Appointment please contact us
 Email: aurodent@auroville.org.in
 Phone: 0413-2622063 What's up: 9629199328
Working hours
 Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

TO ALL MEMBERS OF THE AV HEALTH FUND SCHEME

If you still have any medical bills from the past months at home please drop them, together with your doctor prescription, your PT account number and Email, in the Health Fund box at Aspiration Health Centre or at SANTE.



As the financial year is going to end, all the pending bills from April 2022 till February 2023 have to be processed before the end of March 2023.

Only the medical bills from March 2023 can be paid till the end of April 2023.

The audit service has told not to process any bills from last financial year after March 2023.

Please check your cupboards while there is still time!

Best, Stefan, for AV Health Fund

**MAATRAM
 March 2023**

Therapists schedule for Open Consultation Hour (OCH)

	9—10am	4:30—5:30pm
Monday	Saif	Palani
Tuesday	Rashmi	—
Wednesday	Palani	Tia
Thursday	Chetna	—
Friday	Gopa	Tia

OCH is a walk-in session where anyone can come without an appointment. If the therapist is already seeing someone by the time you walk in, please leave your contact details and we will revert.

To see a therapist by appointment, please email/call Maatram or reach out to the individual therapist directly

Other activities conducted by Maatram

- Rural Mental Health activities at Thamarai, Annai Nagar.
- First Thursdays of every month, 10am—12:30noon
- Street Play on Mental Health Awareness, once a month at different venues or by invitation
- Care for senior Aurovilians
- Self-work with Clay

Contacts

- Message or call: 90877 09434
- Email: maatram@auroville.org.in
- Website: maatram.org.in
- Location: Mitra Youth Hostel near Town Hall.
Megha, for Maatram

Youth Initiative

SAFETY & BOUNDARIES AWARENESS

10—23 April

Dear friends, SBA (safety & boundaries awareness), a Youthlink project on sexual harassment is coming up, a two weeks long awareness program on the subject, from 10—23 April.

When our physical boundaries are crossed, it also impacts our mental and emotional health.

This awareness campaign will help us raise our voices and strengthen our boundaries to feel more safe in our surroundings. We want all voices!! Voices of the little ones and older ones. This is a call to curate a concert that will be held on 21 April.

SAFETY & BOUNDARIES AWARENESS



- We are looking for people interested in singing, playing instruments, composing songs on the subject.
 - A couple of songs by 12-14 age group
 - A couple from 15-17 age group
 - A couple from 18+ age group
- We are also looking for artists interested to do an exhibition on this topic and hold an interactive creative space.
- If you would like to participate, Please reach out to:
 - Subsayalag@gmail.com or
 - Lucrezia@youthlink.org.in

We hope to hear from many of you! Sanata

International

THE FRENCH PAVILION PRÉSENTS

Workshop 2: "Wellbeing"

• Thursday, 16 March, 5—6:30pm, @ Pavillon de France

A series of workshops to discover some major works of recent French social sciences. A selection of excerpts from texts or interviews will be offered for reading a few days in advance, then will be read together on the day of the workshop in order to exchange and debate about these theoretical proposals. As a second step, it will be a question of drawing together the possible applications of these thoughts in the Auroville context. Three independent workshops are planned for the next 3 months (once a month).



• Based on the work of Cynthia Fleury, *In French*

A contemporary French philosopher and psychoanalyst, Cynthia Fleury is affiliated with the philosophical movement "care". In 2022, she co-authored with Antoine Fenoglio the book "The Verstohlen Charter" which is about what needs to be defended in order to maintain a sense of Well-being. From the right to silence to that of the horizon, from the need to live furtively to that of experimenting, Cynthia Fleury pushes us to question ourselves on what cannot be stolen. "We needed a manifesto, a charter, with its ten points setting out without hierarchy all that cannot be stolen from us: silence, the horizon, care for the dead, freedom of use, quality of life, physical and mental health, time, the possibility of remaining and becoming; but also the methods that prevent this theft from taking place: proof of care, the investigation, the right to experiment, the generativity of the vulnerable and, more generally, stealth".

• To find out more: Link to an interview on France Culture (33 min). What cannot be bought: [the definition of happiness according to Cynthia Fleury](#)

Participants will need to understand the French language for this workshop. Prior registration is preferable and you can get the excerpts/texts by writing to us at france@auroville.org.in.

Reduce your waste to the minimum in 5 steps

• Tuesday, 14 March, 5pm @ Pavillon de France

A presentation-talk *In French*, 60 min
Laure has been living a nearly zero-waste lifestyle for 5 years. This started as a wish to take responsibility and be proactive about the waste pollution issue which is happening at local, global, individual and collective levels.



In this presentation, she will:

- Share a methodology in 5 steps to reduce your waste to the minimum,
- Show and explain how she keeps her waste low while living in Auroville,
- Answer all your questions to help you reduce your waste on a daily basis.

Board Games and Pétanque

• Friday, 10 March, 3pm onwards @ French Pavilion



Board Games and Pétanque with Véronique

Come to relax and have fun, meet new friends and test your creative thinking by playing board games and Pétanque at the French Pavilion! For all ages and levels. *Thank you, Vivekan*

The Arts

AUROVILLE ART CAMP
MARCH 2023
4TH EDITION

Opening
 @ Pavili6n of Tibetan culture, Sat. 11th March
 9:00 am **Talk by Deepti**
 "Seeking the Divinity within Life",
 an exploration of Sri Aurobindo's action

Open doors
 @ Pavilion of Tibetan culture, Wed. 15th & Thurs. 16th March
 11:00 am to 12:30 pm & 2:00 to 4:00 pm **Artists at work**

Exhibition Opening
 @ Pavilion of Tibetan culture, Sat. 18th March
 3:00 pm **Exhibition of the artworks created during the Auroville art camp's week**

The secret lies in Matter

- Exhibition of the artworks created during the Auroville Art Camp 2023
 - 18—23 March, Pavilion of Tibetan culture, Auroville

Submitted by Julie

DONATION OF ARTWORK BY AUDREY WALLACE-TAYLOR



AV Art Service is organizing the donation of the artwork of painter **Audrey Wallace-Taylor**. If you would like to view and select an artwork for yourself, please email us with "Audrey's paintings" in the subject line.

The reason why we are organizing this is so that Audrey is left free of the responsibility.

aurovillearts@auroville.org.in
Krishna

A COLLECTIVE EXHIBITION

celebrating World Women's Day

Starting 8 March in KalaKendra, Bharat Nivas.

Inauguration time 4:30pm

All are welcome! Over 40 Artists from all over the world will be exhibiting various artworks expressed through various mediums such as Paintings, Ceramic, Film Screening, Cyanotype, Sculpture, Dorodango—a Japanese Mud Art, Handmade Hemp paper and Art etc.



- **Timings: 10am—6pm**

We will also be hosting a range of workshops with the artists.

Workshop Examples

- Kollam Workshop by Grace, 11 March 9am—12pm
- Intuitive drawing through visual expression by Hand of God, 19 March, 15—17:30pm
- Hemp Paper Workshop by Vivek, 24 March, 15—17:30pm
- Cyanotype by Kalai, 25/26 March, 10am—1pm
- Dorodango—Japanese Mud Art by Women Builder Collective, 25/26 March, 15—17:30pm
- Stree: an eclectic curation of women centric films from 8 to 19 march, Video Room, 4pm onwards.

For registrations please Contact

- bharatnivas-kalakendra@auroville.org.in
- 0413 2622488/9442121315

Please consider and Acknowledge receipt.

Thank you, Kalakendra team

INVOKE THE BEAUTIFUL

in all pervading Shakti Energy

Kalakendra Art Gallery, 8—26 March, 2023



Bharat Nivas invites You to A Multi Media Group Art Show & Participatory Workshop "Invoke the beautiful in all pervading Shakti Energy", remembering Sri Aurobindo's 150th Birth Anniversary

- Inauguration: 4:30 pm, Wednesday, 8 March
- Opening Hours: 9am to 5pm; Sundays open
- Contact

- bharatnivas-kalakendra@auroville.org.in
- 0413 2622488/9442121315



Parking outside the Main Gate, Tapas, for BN Cultural Group

KALABHUMI Goes LIVE!

Saturday March 11 7-10 PM

Funkistaan

NOIZEGATE
ROCK 'N' ROLL

VENUE: KALABHUMI MUSIC STUDIO, AUROVILLE

FOOD BEVERAGES DESSERTS

ANY ENQUIRY NIGHT PATH CAFE, 0413 2622488 OR 9442121315

OUTSIDE VISITORS KINOLA PARK YOUR CAR, THIS WHEELER VAN AT VISITORS CENTER FROM 7:30PM AND WALK TO THE CAFE

Visitors Center's Right Path Cafe

LIVE MUSIC NIGHTS

Swaha Blues Band

Sunday March 12 7-10 PM

VENUE: VISITORS CENTER'S RIGHT PATH CAFE, AUROVILLE

ANY ENQUIRY NIGHT PATH CAFE, 0413 2622488 OR 9442121315

OUTSIDE VISITORS KINOLA PARK YOUR CAR, THIS WHEELER VAN AT VISITORS CENTER FROM 7:30PM AND WALK TO THE CAFE

- Kalabhumi, Saturday, 4 March, 7—10pm
- Visitors Center's Right Path Cafe, Sunday, 12 March, 7:30pm

Submitted by Edo

Show Activities

AUROVILLE HORSE SHOW

March 16—19, 6:30—10:30am & 3:30— 6:30pm

The Red Earth Team Would Like To Invite You!

Red Earth Riding School is hosting its annual Auroville Horse Show from March 16—19. The event timings are from 6:30—10:30am and 3:30— 6:30pm.

The highlights of the event include Relay Jumping and Freestyle Music Dressage on Saturday afternoon, as well as 105 cm Jumping and a fun Obstacle course on Sunday afternoon.

- The entry to the event is free, and everyone is welcome to attend.



Warm regards, Jacqueline

AUROGAMES SESSION AT HUMASCAPE

Sessions with Aurogames help develop concentration and memory. Open to all ages from 6 year old on. The sessions take place in small groups, for a better stimulation of the children. For individual sessions, it is best to make an appointment.



- Sessions take place at **Humanscape**, the community building
- Tuesdays, Wednesdays and Thursdays, 4—5pm
- Limited places, please reserve and confirm your venue.
- Possibility of private session on appointment only.
- Free of Charge

Geetha 7094688421, Veronique 9488512678

Activities

FOOD FOREST TOUR

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious **VEGAN ICE CREAMS** and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and infos whats app Sarah 9047421044
sarah@auroville.org.in

www.youtube.com/myfoodforest

Submitted by Sara

TANGO DANCE CLASS

Every Monday, Cripta, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time



For bookings contact us:

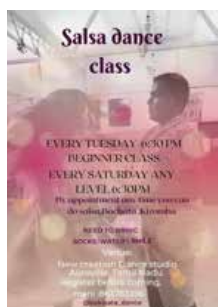
- +918637633696, bakisatadance@gmail.com
Mani, @bakisata_dance

SALSA DANCE CLASS

- Beginner Class:** Every Tuesday, 6:30pm
- All Levels:** Every Saturday, 6:30pm
- By appointment** any time you can do Salsa, Bachata Kizomba

- Need To Bring:** Socks, Water, Smile
- Venue:** New creation Dance studio
- Register before coming:**
+918637633696

Mani, @bakisata_dance



THINK 3D

Product Design Workshop

18, 19, 25, 26 March 2023, 9am—5pm, full day

@ Auroville Institute of Applied Technology in Irumbai

Four days design course for engineers, architects, designers, and students.

Creating your own product from scratch can be tough. That's why we want to help you discover new solutions for designing, constructing, and manufacturing. In our workshop you will get hands-on experience in operating milling machines and 3d Printers. Professionals will guide you through the process of bringing your ideas to life.

You will learn about:

- principles of engineering design
- subtractive and additive manufacturing methods
- basics of CAD Software
- Manufacture parts on 3d printers as well as Milling machines

If you are interested in taking part in the workshop, [register here](#) or write a mail to info@aiat.in.

Jean Yves Tariot for
Auroville Institute of Applied Technology,
+91 9159387573, mob. & WA



RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, 9am—12noon, starting from Solar Kitchen

Indian cooking

- Every Saturday, 2—4pm, at Creativity.

Thai Massage

- Everyday after 5pm

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com



Rupavathijoy

KIRTAN & SACRED SONGS

Saturday, March 11, 5pm, Anitya Community

We invite you for our last kirtan before summer with our dear friends Matthew Andrews and Raquel Jover.

It's a free event, yet donations are welcome and will be given to the Tamarai Educational Project taking place in Anitya.

Mathilde for the Joi Anitya team





SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact Mani, +91 8637633696

Submitted by Mani

TEA MEDITATION WITH JOSS

Tea Meditation -with Joss
 Sunday 12th March 11am
 for more information call: +91 73344 54425
 On Donation basis
 At Serendipity Guest House, next to Center guest house

ANALOGUE PHOTOGRAPHY WORKSHOP

March 2023

Analogue Darkroom Workshop at the Centre d'Art, Auroville by Sasikanth Somu.

- 16, 17 and 18 March @ Centre d'Art Gallery, Citadines

Program & Timings

- Thursday, 16 March, 2—5pm: Brief look at History of Photography & Introduction to Film Camera.
- Friday, 17 March, 9am—2pm: Film photo shoot (Outdoors in your own time) 2pm—5pm: Develop your roll of film.
- Saturday, 18 March, 9am—12:30pm & 2—5pm (Participants can choose either of these sessions) Printing Contact Sheets & Photos in the Darkroom.



All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution. Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi at sasi@auroville.org.in, +91 91593 55809WA

Number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey for Centre d'Art

ART WORKSHOPS BY SENIOR ARTIST ABHIJIT ROY

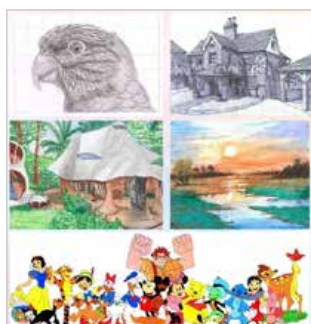
Every Saturday, 2—4pm,

Study Room (Sri Aurobindo Centre)



Come along and learn how to sketch paint & draw under following categories of your choice

- Fundamentals of drawing, 10 sessions
- House Portrait, 5 sessions
- Urban Sketching (paint along)
- Water colour landscape (paint along)
- Draw Cartoon Characters (paint along)



Contribution required

For Registration please send an email to bharatnivas@auroville.org.in Vani, for BN

ODISSI BEGINNER CLASS

Young Tamil-Aurovilian Odissi dancer is starting an Odissi beginner class for children above 5 years old.

- Contact +91 9047332837 if you are interested.

Thank you, Manohar



ACTIVITIES BY BRUNO

Lessons of Carnatic Singing

Each class begins with the meditative practice of yoga of sound (yoga nado-pasana) by visualizing the eight chakras corresponding to the eight notes, then we will sing a raga while studying the pulse and rhythms as well as a composition of the Carnatic repertoire.

- Every Monday classes for children: 5—6pm.
- Every Friday classes for adults: 5—6pm.
- Private lessons (volunteer) on demand.



Educational concerts

- Every Monday and Friday, 6—7pm, Bruno, at the veena, will introduce you to the nature, construction, subtleties and purposes of Carnatic music.

Venue

- Music room at Bruno's in Utility in Auroville.

Please leave your vehicle at the entrance to the community.

Contact

- Mobile: 9597922185, Bruno.
- Email: nadopasana@auroville.org.in

Submitted by Bruno, Utilite

Looking For

Looking for Story Readers

Dear community, we are looking for people who love to read books to children in English or Tamil. Story time is every Saturday, from 10—11am at the Auroville library.

- Please contact: avlib@auroville.org.in/ 2622894



Auroville Library

Looking For a Bicycle in Good Condition



A gardener who has been working in Auroville for many years looking for bicycles in good condition. If any one has one who wants to give away or against small contributions, kindly let me know.

Thanks for your help wholeheartedly in supporting the gardener wishing to have one.

Dheena, Aspiration, 9047654077, dinar@auroville.org.in

Available

Worktree Bicycle Available

"A Worktree wooden balance bicycle for young children in good condition is available. Please contact 9488830338 on WhatsApp for details."



Manu

Available Hero Passion Pro I3S

Hero Passion Pro I3S model, vehicle Reg Date 28/12/18, Pondy registration, in very good condition. If interested, please contact: 9150560132WA, 8608854330 call.



Rabi

Honorary Voluntary

INTRODUCTORY VOLUNTEER PROGRAM (IVP)

March 14—18, 8:15am—6pm



We are delighted to announce that we are bringing back the IVP, a program that will take volunteers on a journey of discovery through Auroville. It is a unique opportunity for Volunteers to experience the diverse realities of Auroville and to meet fellow Volunteers & Aurovillians. Through the IVP, we also hope to inspire volunteers to give their best to our community and be future ambassadors of Auroville.

This is a full-time 5 day program that will include:

- Review of Mother & Sri Aurobindo’s works
- Introduction to Auroville, its history, its vision for future
- Tour of various Auroville units & farms
- Art, cultural, ecological & educational visits
- Fun games & social circles
- Lunches & tea breaks

Apply by March 10, as we have limited spots available on a first-come first-serve basis. We do have a few limited spots for Auroville Guests as well.

Email study@auroville.org.in with subject “Apply for IVP—March 2023”. Units can also apply on behalf of their volunteers. Contribution is expected that will go towards the cost of venues, lunches & refreshments.

Aurovillians are requested to encourage their volunteers to participate. Units are encouraged to cover the cost of participation, as gratitude towards your volunteers for the goodwill, talents and diversity they bring to Auroville. We do hope to organize an IVP regularly going forward.

With gratitude, Don, Gaurav, Manimozhi, Monica, Pranshula, Sandjivy, Saranya and Vivek (the Savi team)

Submitted by Saranya for Savi

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day from 6am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us:

sadhanaforest@auroville.org.in,

WA 8525038274 or call 8122274924.

Looking forward to welcoming you! The Sadhana Forest team, warmly, Shek

Lost and Found

Missing Book

I mistakenly placed a book on a Freestore shelf which I need to return to its owner. The book has some missing pages which I possess.



- Its name is **Penetration**, written by Ingo Swan.

Much appreciated and thank you to call me and deposit it to PTDC office with my name if you have it.

Claudine, call at 2622970 or 9791278577

With gratitude

Lost Special Chappals

Last Wednesday, 1 March, I left Pitanga as the last person- at 5pm and found that my special chappals Black, Declathon, size 39 disappeared. They are adapted for a foot injury with extra heel support and walking without them is difficult. Instead there were big thick black chappals with beige ridged soles.



- Please check your footwear if you were at Pitanga on Wednesday, 1 March.
- And—whoever—return them to the Pitanga Reception

Thank you, Lisbeth, Madhuca



Taxi Share

To Chennai Airport on Tuesday, 14 March

To stay ECO Friendly, I am very willing to share a taxi from Town Hall Auroville to Chennai Airport on Tuesday, 14 of March. Departure from Auroville about 3:30pm (15:30). Please contact via +34685673777 WA or only sms on: +917289907792.

Thanks, Sunny

To Chennai Airport on Sunday, 19 March

19 March at 9:30pm from Auroville to Chennai Airport. Possible to share both ways and to go earlier. Galina

WA +7 9857229519, svetgalina@list.ru

Foods, Goods and Services

ECO FEMME OPEN HOUSE

Every Thursday morning from 10:30am

Dear friends, join our open house at our office in Auroshilpam every Thursday morning from 10:30am. Come and learn about sustainable menstrual products and our not-for-profit programs and pick up discounted cloth pads, cups and cloth nappies.



See you soon! The Eco Femme Team'

SERVICE: SOUL OF THE SOIL

Offers its services voluntarily in gratis for the below areas only to individuals/activities who/which do not have a qualified and experienced in-house resource. **Focus:**

- Social and Service Startups: Products and Services
- Concept Note Writing, Project Proposal and Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram and LinkedIn Marketing Business Communication and Content Development—Guidance only

Surajkiran, 98842 04918 Voice & WA, surajkiranv@gmail.com



ARYAN FIGHTERS: COMPASSION

This compassion observes with an eye of love and wisdom and calm strength the battle and the struggle, the strength and weakness of man, his virtues and sins, his joy and suffering, his knowledge and his ignorance, his wisdom and his folly, his aspiration and his failure and it enters into it all to help and to heal. In the saint and philanthropist it may cast itself into the mould of a plenitude of love or charity; in the thinker and hero it assumes the largeness and the force of a helpful wisdom and strength. It is this compassion in the Aryan fighter, the soul of his chivalry, which will not break the bruised reed, but helps and protects the weak and the oppressed and the wounded and the fallen. But it is also the divine compassion that smites down the strong tyrant and the confident oppressor, not in wrath and with hatred,—for these are not the high divine qualities, the wrath of God against the sinner, God’s hatred of the wicked are the fables of half-enlightened creeds, as much a fable as the eternal torture of the Hells they have invented,—but, as the old Indian spirituality clearly saw, with as much love and compassion for the strong Titan erring by his strength and slain for his sins as for the sufferer and the oppressed who have to be saved from his violence and injustice.



Sri Aurobindo, *Essays on the Gita, Chapter 7, The Creed of the Aryan Fighter*, pp. 53—54

[Submitted by Paulette]

WORKING NEAR TREES: SEVERING ROOTS

This article has been prompted by recent observations of trees getting their roots severed during works in Auroville, in this case, along the current, enforced, Crown Right of Way.

Working near trees requires certain considerations. It typically starts with an assessment of trees which may be affected by the scheme to decide which ones to keep or remove. This results in guidelines to not overly damage the ones deemed retainable so they can be maintained as assets rather than turning them into liabilities (British Standards Institution (BSI), 2012).

Here I will only speak about direct physical damage to roots by severing; Other notable aspects are through compaction, chemicals or restricting root space.

Severing tree roots can lead to their decaying, removal of the anchorage that keeps a tree standing, reduction of health or/and death of the tree. This will not necessarily occur when the damage is done but rather over a period of several years, often long after contractors have left the work site. However, trees with their roots severed one meter from the stem have been shown to be 66% easier to pull/push over than without severance (Roberts et al., 2006).

Construction work near trees should be properly evaluated. The UK minimum root protection area (RPA) is 12 times the diameter of a tree measured at 1.5 meters from ground level (a 12-meter radius for a 1-meter diameter tree). Before digging within this area root presence or absence should be verified. Foundations within this area are most often of the pile or raft variety rather than the typical trench foundation.

Most tree roots spread out wider than deeper and, usually, do not go below a meter in depth in the ground as there is often not enough oxygen below that to sustain them (through respiration). This is why it is usually feasible to dig under tree roots (Figure 1) instead of through them to install cables and pipes. For trees with tap roots, one can dig under the roots but to the side of the stem rather than directly under it.

Figure 1. Inserting a pipe or cable through the root system instead of severing them (Roberts et al., 2006)

TREE ROOTS IN THE BUILT ENVIRONMENT

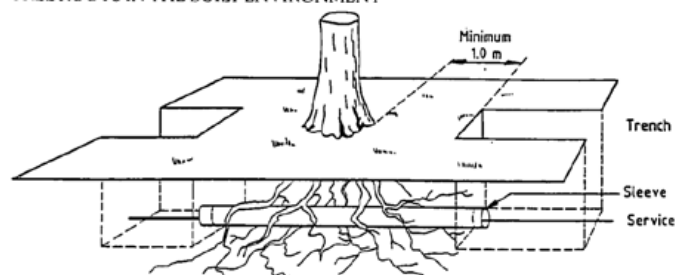


Figure 8.16 Trenching along radii to minimise damage. (After BSI, 2005.)

Soil can be excavated by air or by hand within the RPA to avoid damage to roots.

Figure 2 Trench to install utility line excavated by pneumatic excavator



Figure 3 Solar Kitchen tree with severed roots. Notice the roots are not deep

Figure 2 shows an example of the number of roots severed and the proximity to the stem.

[Photos of other examples of severed roots.](#)

If anything, these are good examples of what not to do. Everywhere where standards exist, with regards to work near trees, this is unacceptable and would incur fines.

A point to consider is that young trees respond better to damage than older trees or trees that already have previous damage. Many trees in the area are now in the latter two so we can expect to see more tree decline than previously. For me these will be case studies over the next few years.

My concern is both for the immediate impact to these trees from a safety point of view but also in the long run. When these assets will have to be removed, we will have to replace them with tiny trees. To amplify my concern, I would like to mention here that there are over [1119 trees along the proposed Crown Right of Way](#). Trees of 7.5 cms stem diameter and below, such as some of the ones that were planted recently along the stretch between the Solar kitchen and Mahalakshmi home as mentioned previously in [News and notes Issue # 950—24/11/22](#), have not been included in this report. What is going to happen to all those trees?

Figure 4 Trees that were approved for planting in 2020 removed without reason. So far, at least 5 of these trees have been removed



References:

British Standards Institution (BSI). (2012). *British Standard (BS 5837:2012): Trees in Relation to Design, Demolition and Construction—Recommendations*. British Standards Institute.

Roberts, J., Jackson, N. A., & Smith, D. M. (2006). *Tree Roots in the Built Environment*.

Thanks, Island Lescure, Director—Consulting Arborist +91 7598103616, treescapes.in

DEVELOPING THE CITY OF THE MOTHER

Recently an email conversation took place between Satprem and one of the Secretary's close supporters (a resident of Auroville for decades). The latter shared these words:

"We are in a crucial moment in the life of Auroville, despite small discussions I keep a central idea in my head: which one of the two blocks contending today keeps open the possibility of developing the City of the Mother? This is the big question in front of us. ... That is the central decision that I and you have to take at this crucial moment."

Whether this really represents "the big question" remains to be seen, but it is a topic worth sharing some thoughts about. So here are some of mine. The first and most important element, I believe, is to start defining what "the City of the Mother" should be like. **Is it a 'city' made of buildings, or is it made of people?**

Ideally, it should be both—and the buildings should reflect the dedication and consciousness of the residents. This is, I believe, the case of most habitats and constructions done over the past 55 years—even more so of those that explored alternative building methods and materials. But the core constituent of the 'city the earth needs' is not its mortar, bricks and concrete: it is its beings—its humans, slowly and sometimes painfully growing into a novel form of life.

Auroville's aim is a new consciousness, a consciousness of Unity that stems from our individual and collective adventure in the unknown. We will not be pioneers in building any city of 50,000. This has been done all over the world, and repeatedly so. Building cities for the sake of development, without consciousness, is what has led us to our current stage of world crisis. What we want to become is pioneers in this wonderful, exciting, daunting and incomprehensible adventure in the unknown, this leap of faith towards the discovery of something totally different.

In my view, the "central decision" that needs to be taken has nothing to do with roads and buildings. The form of the city is irrelevant—it is the tool, and it will unfold along the way. Yes, it may be a needed feature; but buildings by themselves are nowhere close to an aim. I personally have no opinion on the city's shape or the speed at which it comes—it is welcome as long as it emerges from our collective adventure of consciousness.

The choice we are asked to make is that of being courageous enough to let go of the rigid mind—so that we can act from a space of Heart, under the psychic's influence, the only space that rises beyond divisions and strives for Unity. The choice is that of flexibility and curiosity, a constant openness to being surprised by what She has planned for us, rather than clinging to our limited mental constructs and projections.

The choice is that of humility, of admitting that we do not know how Auroville will be built. The Mother provided a doorway, an initial framework; but it is up to us to step through it and welcome what unfolds. We are collectively in the unknown, and this thirst for new discoveries is our strength: we are here to seek, to explore, to experiment.

These are some of the important choices to be made, individually and collectively.

I believe there are more than "two blocks contending today", contrary to what is being depicted. I am among those who try to remind themselves that in the end we do not know, and this unknown is our treasure. To have some individuals claim they 'know better' than others, and that others are wrong and should be kicked out, can only create another failure, another castle for the mind. **We need to integrate, not to exclude.**

'Awareness Through the Body', a method conceived by Aloka and Joan for Auroville schools, teaches children and adults how to go inside, step after step. Blindfolded, you walk in the dark, surrendering your control, surrendering your mind, open to what emerges.

That is what is being asked from us, at a collective level: to explore slowly, with our entire beings and consciousness, what a new path could be. The blindfold is essential, for

what we are looking for is inside. The uncertainty is essential, for if we weren't lost, how would we find ourselves? It is the hour of Miracles.

Miracles require Courage and Faith.

Faith requires a perfect Surrender to the Divine.

Will we let go of the belief that we know better, and drop the attitude of imposing on others what we believe to be 'the truth'?

Will we dare the experiment, the leap of faith, the Auroville Adventure?

Maël, 4 March 2023

WHAT IS A HIERARCHY?

The Divine Consciousness-Force

Is the Divine Mother Shakti Herself

The Cosmic Creatrix:

Mahashakti in one of Her supreme aspects

"The Mother as the Mahashakti of this triple world of the Ignorance [body-life-mind or physical-vital-mental] stands in an intermediate plane between the supramental Light, the Truth life, the Truth creation which has to be brought down here and this mounting and descending **hierarchy** of planes of consciousness that like a double ladder lapse into the nescience of Matter and climb back again through the flowering of life and soul and mind into the infinity of the Spirit."

"There is, without doubt, an almost ineradicable difference between individuals, the one arising from their special role, their place, their status in the infinite **hierarchy** of beings; but whatever this role or status may be, within it each one can develop his own qualities to perfection, each one can and must aspire to gain the perfect purity, the perfect sincerity, the deep harmony which bring us into accord with the laws of order in the universe."

"Mind, life and body then become merely an instrumentation for the increasing expression of this Self in the world, — instruments not equal in their **hierarchy**, but equal in their necessity to the whole, so that their complete perfection and harmony and unity as elements of our self-expression become essential to the true aim of our living."

"In the Indian view it is the individual that evolves from birth to birth and the **hierarchy** of the vegetal, animal, human kinds [is] a fixed unchanging ladder for its ascent.

There follows on this initial stage an evolution of life in the form and an organisation of a **hierarchy** of living forms by the working of liberated life forces.

It is higher planes that flood the constantly unfolding unseen energies which have raised its evolution from the obscurity in which it began to the splendor of a light of consciousness to which the highest human mind shall only be the feeble glimmer of a glowworm fire before the sun in its flaming glories.

There is a stupendous **hierarchy** of grades of consciousness between darkest Matter and most luminous spirit.

There is in this world we live in no equality of all on a flat level, but a **hierarchy** of ever-increasing precipitous superiorities pushing their mountain-shoulders upwards towards the Supreme."

"The term lower must not be considered in a pejorative sense; it refers only to the position in the **hierarchy** of the planes. For although this part of the nature [the vital and its mixtures] in earthly beings tends to be very obscure and is full of perversions, — lust, greed of all kinds, vanity, small ambitions, petty anger, envy, jealousy are its ordinary guests, — still there is another side to it which makes it an indispensable mediator between the inner being and the outer life."

"Unity and universality, not separative division, would be the foundation of the consciousness of the race; love would be absolute; equality would be consistent with **hierarchy** and perfect in difference; absolute justice would be secured by the spontaneous action of the being in harmony with the truth of things and the truth of himself and others and therefore sure of true and right result; right reason, no longer mental but supramental, would be satisfied not

by the observation of artificial standards but by the free automatic perception of right relations and their inevitable execution in the act."

- <https://incarnateword.in/search?query=hierarchy&page=2&phrase=true>

"It is a grouping organised in order of merit. For instance, you have a chief at the centre and you may have four persons around him, and around these four, 8, then 12, 24, 36, 48, 124, and so on, each with his special mission, his special work, his particular authority, and all referring in an ascending order to the centre. That is a **hierarchy**. In governments¹ they try to form hierarchies, but these are untrue, they are arbitrary and not worth anything. But in all ancient initiations there were hierarchies which were expressions of individual merit — individual powers and merits — having always at their centre the representative of the Supreme and the Shakti; sometimes having only the Supreme, depending on the religions. But the groups were always organised in that way, that is, with a growing number of individuals, each one having to refer to the officer immediately above him. For instance, the 124 had to refer to the 48, the 48 had to refer to the 24, the 24 refer to the 12, the 12 to the 8, and so on. That is a **hierarchy**. The word is used in a very imprecise and vague way. They speak of a **hierarchy** and think it is the men who govern and have subordinates. But the true hierarchy is an occult hierarchy, and this occult hierarchy had as its purpose the manifesting, the expressing of a more profound hierarchy which is a hierarchy of the invisible worlds."

- https://sri-aurobindo.co.in/workings/ma/04/vol_04_e.pdf (page 391)

¹ <https://www.merriam-webster.com/dictionary/government>

Om Namo Bhagavate,
Zech, 2023.03.02

HITCH-HIKING

Formia is situated on the West coast of Italy between Rome and Naples. It probably grew into a town by now, but in the early 80's it was just a small village with not much happening. The road that passed near the Catering School to downtown had nothing but farming fields on both sides, you could glimpse the sea on one side and the railway on the other. People from Formia were all into some form of agriculture. It didn't matter what profession they had, they were all proudly obsessed with growing food and how to prepare it. When someone went to visit a friend, they would always bring some *rucola* or beans or something; and when the visit was over they would leave with a bag of tomatoes or plums or whatever was in season. Don't ask me why, but that's how it was in Formia. Even the fruits and veggies vendor would have a separate box with own grown goodies which he would give for free to regular customers and people he liked. Once I was passing by a church, and an old lady was thanking the priest for I don't know what: "Don Mario these apricots are from my tree, here". A friend was going to the dentist and had a plastic bag containing a baby pear tree. He explained to me that the dentist had done a good job and the bag with the seedling was for him.



On Monday mornings men always commented on the football games of the previous day: Zico this and Maradona that, but Paolo Rossi scored the last minute goal, the referee didn't give the penalty, etc. But that talk was only for fun, the serious talk was always reserved for home grown food. Some people even became extra passionate when they spoke about their home made wine. If somebody liked you very much, for whatever reason, they would bring you a generous piece of their home made cake or bread. And the weather was always a good reason to talk and predict how the grapes or the tomatoes were going to turn this year.

I was staying at the campus/ residence of the Catering

school in Formia during the week, and went home for the weekend. My father always insisted that I became a chef or did a career in hotel and restaurant management. It was a big college and there were lots of students staying at the campus like me. Most students came from towns between Rome and Naples, I came from Rome.

Every Saturday everybody was excited to go home for the weekend, and everything was done in a hurry. All my friends gulped down their lunch and rushed to the bus stop with their laundry. I was never in a hurry, I preferred to eat my lunch calmly, skip the bus crowded with loud students, and wait for the next bus which would come half empty 15 mins later. At the train station I would wait another 15 mins for the direct train to Rome, which was also half empty, and then once inside I could take a nap until terminus.

But today it was different. A bus strike starting from after 12:30 had been announced, and everybody was even more in a hurry than usual. I didn't care about the strike, I valued my calm and my lunch much more. I thought I would be hitch-hiking my way to the train station. I was about 16, I had music playing in my ears coming from my headphones, I had long hair (yes long hair!) I was wearing my new fake Levi's jeans, and I felt cool.

As I was walking past the main gate, the security guy looked at his watch and said "hey I think you just missed the last bus". I reassured him that I was going to hitch-hike. He didn't seem convinced, but I was.

At the bus stop there was nobody except an old man sitting on a stone by the road and a cow looking at us from behind a fence. The old man looked at me with contempt. He probably thought "look at the youth of today!". But I didn't care, I dropped my bag on the ground, I stuck my thumb out and started hitch-hiking. It was a windy day, and each passing car added to the cold wind. A few minutes passed and the old man now started looking at me with even more contempt as if he didn't approve of me hitch-hiking. But hitch-hiking was my only hope to get to the train station.

Several cars passed and the only living beings around were the cow, the old man with his harsh face and myself, and I started to lose belief in God. Then suddenly a car stopped a few meters ahead of us. I grabbed my bag from the ground and rushed to the car. But the old man was quicker than me and took the front seat. "Jeez—I thought—this guy first gives me bad looks because I'm hitch-hiking, then he even takes the front seat".

The first few seconds of the journey were silent, then the driver broke the ice: "this year it rained well didn't it?" "yeah—replied the old man—we're gonna have good wine in September I think". The driver continued: "I hope so because last year we had a terrible vintage ". And the old man replied "the seasons can't always be good".

"Here they are, engaging in farming talk"—I thought to myself—"I wish I knew what to say, so I could join the conversation. If only we could talk about music. Like the latest album of Pat Metheny or Pino Daniele". But no, from wine the driver moved onto tomatoes and how his wife makes a good conserve, and I felt like a foreigner who didn't speak the local language.

At some point the driver looked at me from the little mirror in the middle of the car and asked: "So, signor Antonio, who's this young fellow you brought with you? A nephew of yours?" The old man quickly replied "I don't know him, I thought he was a relative of yours. I was just going to ask you the same question".

The car stopped by the side of the road, the two men turned around looking at me with big eyes, and the driver asked me "So who are you, and what are you doing in my car???"

"Ehm, I was hitch-hiking. I'm sorry, I thought you picked us up".

The two men firstly looked at each other, then they broke into a loud laugh.

Old man: "How old are you? Aren't you afraid of getting inside strangers' cars? Jeez, the youth of today!"

The driver looked at me with a friendly smile and exclaimed: "you must have missed the last bus". Then he

simply went back to driving. The two kept laughing and making jokes:

"I thought he was a relative of yours, and you thought he was a relative of mine. This is a good one, I must tell it to my wife..."

Then the driver exclaimed:

"Hey young fellow, where would you like to go?"

Me: "You can drop me anywhere you like, sir".

Driver: "I know I can drop you anywhere I like, but where do you need to go?—and the two laughed again—"Train station?"

Me: "That would be very kind of you, sir".

He took me all the way to the train station. As I got out of the car I thanked him, and he also got out of the car, opened the car boot, called me, and grabbed a few lemons. "Here, these are from my garden".

Gino

Classes, Workshops & Healing Arts

EDITORS NOTE



Dear Friends, each first issue of the month we will publish full long schedules of the classes/ therapies/ activities in the issue with the color front page. In the next issues of the month with the b/w front page we will print brief references to classes/ therapies/ activities.

This is done for the need to fit in our budget.

If you want your activity schedule be printed as a long version in every issue please transfer 300Rs per page per issue to our PT account 252652 News and Notes Activities Contribution and we will do it for you.

Light and Peace, Roy and AgniJata

ANGAMTREE WELLNESS

Laure is an experienced Ayurvedic deep tissue massage therapist trained in Auroville. She loves helping people and relieving them from any pain through massage.

The deep tissue massage she offers is an oil based massage of either one hour (back only) or 1h30 (full body). It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. It helps to be generally healthy. It particularly promotes good blood circulation in the whole body, relieves tension(s), pain and blockages throughout the body. The pressure and intensity of the massage will be adjusted to your preference.

Deep tissue massage is perfect to give relief to back pain, joint pain, neck pain, stress, and more.

Kindly book for your appointment by call or sms.

- Contact: +91 88074 34864, Angamtree Wellness, Auromode.

Submitted by Raja Narayanasamy

HEARTFULL® MEDITATION WITH AVANTIKA

Savitri Bhavan (Reading Room)

7,14,21,28 March, Tuesdays, 9:30—10:30am

- Open and connect to the Light in our own Heart Center (Heart Chakra)
- Surrender mind energy to Heart chakra to transform mental aspect of human existence
- Provide a shield of Divinity (the true us) around body

Avantika

ACTIVITIES WITH TAHIR

Hatha Yoga—Sun & Moon @ Vérité

- Every Monday, 9—10am

Hatha Yoga is a preparatory process of Yoga. The word "ha" means sun, and "ta" means moon. "You can explore Hatha Yoga in ways that take you beyond certain limitations, but fundamentally, it is a physical preparation—preparing the body for a higher possibility.



Yoga of Awareness @ at Vérité

- Thursday 10:30—11:30am:

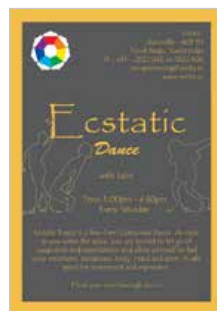
Yoga awareness is a different style of Yoga's incorporation of meditation and breathing can help improve a person's mental well-being. Regular yoga practice creates mental clarity and calmness; increases body awareness; relieves chronic stress patterns; relaxes the mind; centres attention; and sharpens concentration.

Ecstatic Dance Conscious Movement @ Vérité

- Every Saturday, 5—6:30pm.

Ecstatic Dance is a Freeform Conscious Dance. As soon as you enter the space, you are invited to let go of judgments and expectations, and allow yourself to feel your emotions, sensations, body, mind, and spirit. A safe space for movement and expression

- Contact 0413 2622045, 7867805812 WA or email programming@verite.in.
- Organizing Group: Verite



Submitted by Tahir

VIPASSANA

Every Sunday, 8:30am—12:30pm

All old students of Vipassana meditation in the tradition of Sayagyi U Ba Khin (www.dhamma.org) are welcome to attend a half day Vipassana course at the following Venue in Auroville.

- **Venue:** Udavi School (Near front entrance), near Tank, Edayanchavadi, Auroville 605101
- **Contact:** Sanjay Tumati, +91 8790982210 WA, sanjay@aurauro.com **Laure**



FROM SUFFERING TO FREEDOM...

Sunday, 19 March, 8:45am—5pm,

Arka Wellness Centre

"...the way of Knowledge through the mind's discernment between Reality and the appearance." **Sri Aurobindo**

"Each one is the artisan of his own miseries," says the Mother, we don't live in the World but in our own interpretation of the world! Despite how it appears, our psychological suffering is self-created...



In this practical **Self Knowledge Workshop**, we will learn a powerful method of deconditioning self-inquiry to "cut" through our painful beliefs with a "sword" of discriminative Truth. Unmasking our wrong ways of taking things, our false story lines about our issues, through our investigation, a liberating breakthrough is experienced, a new happy Light dawns from within, a more flowing and wise way of life...

Facilitated by Antarijyoti, French senior Aurovilian who has been sharing his lifelong research and meditation, and has been giving psycho spiritual consultations for the last 10 years, as part of the Arka team of practitioners.

- **Registration and info:** landline 0413 2623767, antarcalli@yahoo.fr

Antarijyoti

PITANGA



0413 2622403/ WA 9443902403
info@pitanga.in

Neurographica™ Workshop with Gala

- 3 days, daily 2 hours
- Wednesday, 15 to Friday, 17 March 10:30am—12:30pm

Art materials will be provided. Participation is limited to a small group.

ATB Introduction Workshop with Rosa

- Sunday, 12 March, 9am—1pm

This is a small workshop for those who would like to have a taste of ATB!

Programme for March 2023

Iyengar Yoga with Tatiana

Practices for residents only, with prior registration!

- Tuesdays 4:30—6pm, Yoga for the Spine, Drop-In

This is not a medical class. Participants can join if they have spine problems but need to be able to fully take care of themselves, carry their own props etc.

- Thursdays 4:30—6pm, Mixed level, Regular practitioners only

This class is open to residents who are practicing regularly already.

- Saturdays 9—10:30am, Restorative Yoga, Level 2-3, Regular practitioners only

This is a class for the very advanced students.

- Saturdays 11am—12pm, Pranayama, Regular, Open for residents only.

For any Iyengar Yoga practitioner who is practicing regularly.

Yoga Asanas with Rachel

- Mondays 5—6:30pm, Hip opening, All levels, Drop-in
- Tuesdays 7—8:30am, All levels, Drop-in
- Wednesdays 7—8:30am, All levels, Drop-in
- Thursdays 7—8:30am, All levels, Drop-in
- Fridays 5—6:30pm, For beginners, Drop-in

Please note: Classes are paused in from Friday, 24 to 31 March.

- One-on-one lessons available on request.

Ashtanga Yoga—Mysore Style with Sheida

- Mondays 7—8:30am, Drop-in
- Thursdays 7—8:30am, Drop-in

More Yoga

Yoga de l'énergie, in French	Monday, 3—4:30pm	Ricardo
Yin Yoga, in French, Drop-In, 11 & 25 March	Saturday, 5—6:15pm	Aurélie
Pranayama, Regular only	Friday, 6:45—8am	François, Namrita
Yoga Therapy, All levels	Monday, Wednesday, Friday, 8:30—10am	Gala
Asanas for children, 7—9yrs, Regular	Saturday 10—11am	Gala
Asanas for teenagers, 10-15yrs, Regular only	Monday, Wednesday 4—5pm	Lisbeth

Body—Mind—Spirit

Dynamic Qi Gong, Regular	Paused	Andres L
Dynamic Balance Course (ongoing course, ends 28 th)	Tuesday, 9—10:15am	Osnat
Taoist Qi Gong In French, Drop-In	Tuesday, 7:30—9am	Elisa T.
Taoist Qi Gong In English, Drop-In	Thursday, 3:15—4:45pm	Elisa T.
Neurographic Drawing, For adults, Drop-In	Thursday, 3—4pm	Gala
Yoga Nidra, Drop-In	Thursday, 11:30am—12:30pm	Rosa A.
Awareness and Joy, For seniors, Drop-In	Friday, 9—10am	Rosa A.
Feldenkrais, Drop-In	Friday, 5:15—6:30pm	Shari
Aviva Exercise, For women, Drop-In	Thursday, 4:30—5:30pm	Suriya-Gandhi
Odissi Dance, Beginners, Drop-In	4:45—5:15pm 3:45—4:30pm	Rekha
Odissi Dance, Intermediate, Regular	Mon 5:15—6:15pm Fri 4:30—5:15pm	Rekha
Reading class "The Life Divine"	Friday 4:30—5:30pm	Balvinder

Homeopathic Clinic

"Svasti" Homoeopathic Clinic with Dr Aditi Patel, B.H.M.S., Homoeopath (Registered).

Consultations for new cases are held by appointment only. Please contact her by phone (+91-9428429642) for any enquiry, or come in person on Monday to Friday 3:30—4:30pm to Pitanga.

Healing Spaces

Please book your appointment for a healing space by phone: 262 2403

Acupuncture	Heidi
Bio-Resonance	Afsaneh
Cranio Sacral Therapy	Anne
Chiropractic Adjustment	Afsaneh
Essenian Healing	Patrick
Thai Yoga Massage	Bernardo

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Submitted by Andrea, on behalf of Pitanga

AUTHENTIC RELATING WORKSHOP

Tuesday, 14 March, 5:30—7:30pm

With Prem Shakti @ Bharat Nivas Harmony hall

The intention of this offering is to create a safe container for heart centered, authentic expression that leaves us more alive and resourced, so we carry the light into the world.

- On coming Tuesday we will explore: **Frustration and judgements**

Shakti Wierzbicka





**ARKA
WELLNESS CENTER & MULTIPURPOSE HALL**

Regular activities, March 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday to Saturday
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30—8:30am. Wednesday 4:15pm Friday 5:30pm, Only by Appointment.
Iyengar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm.
Qigong Yang Style, self-massage	9600094875, +353877420282 (WA), Marco	Monday to Saturday, 8:30—9:30am, by Appointment only
Chakra Breathing Meditation		Friday: 7:30—8:30am by Appointment only
Heartfull Medita- tion	Avanthika, 6380238326	Wednesday 9:30—10:30am
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, 9943410987, by appointment	Monday to Saturday
Cranio sacral, Lomi Lomi Ka- huna massage, Barefoot body massage	Silvana, 9047654157, by appointment	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacolouring	Meha, 9443635114, by appointment,	Monday to Saturday
Shiatsu, Thai Yoga Massage, Osteothai, Somatic Bodywork and Sound Healing. Only by Appointment	Marco, +353877420282, WA 9600094875	Monday to Sunday
Chinese Fire Cupping and Moxibustion Therapy (TOS)	Chun, 8098900708	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina: 9791719387, +39346225804, WA	Monday to Friday (Morning)
Acupuncture, Only by Appointment	Dr. Mohammad Sahel, 9994208068	Monday to Saturday
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarjyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

Thanks & Regards,
Ramana, Arka

ACTIVITIES BY LAKSHMI

Sound chakras healing

Guided vibrational sound journey using (Tibetan Bowls and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



- Individual session, Couple session, Small group, max 4 people

Private Transformational yoga classes

- Transformational Yoga, Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork



- Please contact me for an Appointment
- Lakshmi 8489764602
- or lakshmiprem369@gmail.com

Activity offered under Abhaya,
an activity of ASSA, under Artisana Trust

VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @ 7867805812
0413 2622045, 2622606,

or programming@verite.in, www.verite.in



1. Prevention & Reversal of Cognitive Decline with Lize

- Monday, 13 or 20 March, 9:30am—12pm

2. Mindfulness with Heart with Moller

- Tuesday or Thursday, 14 or 16 March
9:30am—12pm

• Optimal Longevity with Lize

- Wednesday, 15 or 22 March, 9:30am—12pm

**• Restorative Yin & Yoga Nidra:
Deep Relaxation for Body & Mind—with Emma**

- Friday, 17 March, 9:30am—12:30pm

**• Metabolic Syndrome- How to Reverse the Causes &
Symptoms—with Lize**

- Friday, 17 March, 9:30am—12pm

**• Purify your Koshas (Bodies) through the Practice of
Yoga with Sabrina**

- Saturday, 18 March, 9:30pm—12pm

**• Yearnings for Peace: Peace Within, Peace Without
with Dr. Sehdev**

- Saturday, 18 March, 2—4:30pm

Kathir for Vérité Programming

ACTIVITIES @ SUNLIT PATH

Decoding the Yantra Retreat

- March 16, 17 & 18 @ Sunlit Path,
Auroville

Join us next week for a 3-day exploration into the sacred symbology of the Yantra. We draw yantras and understand the sacred geometry of these ancient and powerful symbols.



- Sacred Geometry method of Drawing Yantras
- Sacred Symbology of the Yantra
- Sacred Architecture and Rituals

All materials will be provided. No prior art experience required. Limited to 12 participants.

Vivechana (www.asunlitpath.org/vivechana) is an entrepreneur, publisher and sacred artist.

Dhrupad Retreat

- March 24, 25 & 26, 10am—12pm & 3—5pm @ Sunlit Path, Auroville

Join us for a 3-day immersion into the meditative and healing vibrations of Dhrupad music! We'll have a mix of vocal classes, active listening sessions, question and answer sessions, exploration of nada yoga as a way to connect to the self as well as private classes with Niloy for those that wish to dive deeper into their musical journey. This retreat is open to those from all backgrounds. While prior training in music and/ or yoga can be useful, it is not a prerequisite.



Niloy Ahsan (<https://www.asunlitpath.org/niloy>) is an exceptional Dhrupad vocalist in the Dagar lineage.

- Both Retreats are organised in collaboration with Abhaya, an Auroville activity of ASSA

To register: 8870988843 WA, Sudha

JIVA

your journey in healing and transformation



We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution. Acupuncture, Shiatsu, Qi-Gong, TaijiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Peggancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation

www.auroville-jiva.com, WA 9626006961

contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

- Reiki Healing Sessions with Niyati

Contact 9626006961 WA, contact@auroville-jiva.com

- Integral regression therapy

- Intro Session, 9 March, 7—9pm, ONLINE
- Intro Session, 10 March, 10—1pm in AV
- Individual therapy sessions of 2-3 hrs are offered by Sigrid on request.

- Training in Integral Regression Therapy

- 2 March, 7—9pm Online Webinar
- 3 March, 10am—1pm at Integral Health, Prayatna

The first of 7 modules consisting of 2 webinar sessions will take place in March 2023

- Mirrabelle offers webinars, classes and workshops in "Natural Horsemanship"

- Individual and group sessions ongoingly
- Sessions in afternoons, 4—6pm or mornings, 8—10am

Contact 9626565134 WA, contact@auroville-jiva.com

- 2 Webinars Natural Horsemanship with Mirrabelle

- Horse Care and Management (5 lessons)
- What we can learn from horses about leadership (5 lessons)!

Contact Mirrabelle directly on WA 00919626565134 or via contact@auroville-jiva.com

- Acupuncture, Qigong, Shiatsu with Andres

Contact for an appointment: 9626006961 WA, contact@auroville-jiva.com

- Journey of the Soul,
 - 7 March, 10am—1pm

Contact 9626006961 WA, contact@auroville-jiva.com

- Transforming trauma, 19 & 20 March
 - 2 day workshop with theory and interactive exercises ,
 - Venue Sharnaga Guesthouse

Contact 9626006961 WA, contact@auroville-jiva.com

- The way of the heart—5th Sufi Retreat with Nirupam
 - 26—30 March
 - Venue: CRIPA
 - Info and Registration www.auroville-jiva.com

Contact 9626006961 WA, contact@auroville-jiva.com

- Integral Regression Therapy with Sigrid Lindemann

Contact 9626006961 WA, contact@auroville-jiva.com

Submitted by Sigrid

QUIET HEALING CENTER



Watsu & Meditation with Dariya

- Monday, 13 & Tuesday, 14 March, 8:45am—6pm, 15 hours

Prerequisites: Watsu Basic

OBA Basic—Liquid Joy with Fred

- Monday, 13 & Tuesday, 14 March 9am—6:30pm, 15 hours

No previous experience required!

Somatic Yoga Class with Linda Lee

- Saturday, 18 & 25 March, 10:30am—12pm

No previous experience required!

WOGA (Yoga in Water) 1 & 2 with Dariya

- Thursday, 30 & Friday, 31 March 8:45am—6pm, 12 hours

No previous experience required (also no need to know how to swim)!

www.quieth healingcenter.info/ quiet@auroville.org.in

Mobile & WA +91 9488084966

Guy

Languages

NEWS FROM AUROVILLE LANGUAGE LAB



Tomatis

We are still processing the existing requests for Listening Tests and Consultations. Apologies to those who have been waiting a while. We are taking new enquiries, so feel free to place your requests with us; they will be added to the list.

- <https://www.aurovillelanguagelab.org/>
- <https://www.listenwell.com/>

Change in contact info

Please use the following numbers to contact us:

- 2623661 Lab
- 2622467 Tomatis
- +919843030355 WA only

The Language Lab's Opening Hours

Monday—Friday: 9am—12pm & 2pm—5pm.

Saturday: 9am to 12pm.

Location: International Zone, after Unity Pavilion & Pump House.

Email: info@aurovillelanguagelab.org

Current Schedule of Classes

Language	Level	Time	Day(s) of Classes
English	Beginner & Pre-Intermediate	10:15—11:15am	Tuesday & Thursday
	Total Beginners To start soon	11:00am—12noon	Monday, Wednesday, Friday
	English Conversation Group 1	2—3pm	Monday & Thursday
	English Conversation Group 2	3:30—4:30pm	Tuesday & Friday
French	Beginner To start 11 March 2023	2:30—4:30pm	Saturday
	Beginner for Teens To start 11 March 2023	11am—12noon	
	French Conversation 1 To start 6 March 2023	3:30pm—4:30pm	Monday & Thursday
	French Conversation 2 To start 6 March 2023	2 -3pm	
German	A1.1 Beginner	TBA	TBA
	A1.2 Beginner	TBA	
Hindi	Beginner, To start soon	10am—12noon	Saturday
Tamil	Spoken Beginner, Started 7 February 2023	9:30—10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start soon	10—11am	Monday & Thursday
Sanskrit	Beginner TBA	TBA	TBA
Spanish	Beginner, Started 15 February	2:30—3:30pm	Monday & Wednesday
	Elementary, To start soon	TBA	TBA
	Intermediate, Started 22 November	2:30—4pm	Tuesday
Japanese	Beginner, To start 11 March 2023	10am—12noon	Saturdays
Italian	Beginner, Started 13 February 2023	4—5pm	Monday & Wednesday
	Elementary, To start 14 March 2023	11am—12noon	Tuesday & Friday

Find us on    @aurovillelanguagelab
Auroville Language Lab Tomatis Research Centre

Vismai,
for Language Lab Team

Cinema

AUROVILLE FILM INSTITUTE

Acting in Cinema

A 15 days workshop for actors and directors with Pushpendra Singh from 20 March to 2 April 2023 in Auroville

To know more please visit: <https://film-institute.auroville.org/2023/02/05/acting-in-cinema/>

- Or write to support_filminstitute@auroville.org.in
- Or message +91 9969879319 WA/ Telegram



Study Circle

Film Institute @ Auroville is delighted to introduce an open study circle, 5 to 6:30pm at the Video Room in KalaKendra, Bharat Nivas.



The Study Circle is designed in concurrence with the ongoing research and academic pursuits of the Film Institute Fellows. The sessions are open for all.

Upcoming Week's Schedule

- 5—6:30 pm, Video Room, KalaKendra, Bharat Nivas

Monday	13 March	Reading	2 Short Stories , Anton Chekov
Tuesday	14 March	Reading	Jungian Studies : Projections
Wednesday	15 March	Screening	Au Hasard Balthasar , Robert Bresson
Thursday	16 March	Reading	Transcendental style in film , Paul Schrader
Friday	17 March	Reading	Transcendental style in film , Paul Schrader
Saturday	18 March	Reading	Transcendental style in film , Paul Schrader

For more information write to:

- support_filminstitute@auroville.org.in
- contact AVFI fellow Kumud: +91 7592805013 WA
- Kalakendra 0413 2622488.

Warm regards, Richa, Auroville Film Institute

AUROVILLE FROM UTOPIA TO REALITY 2002

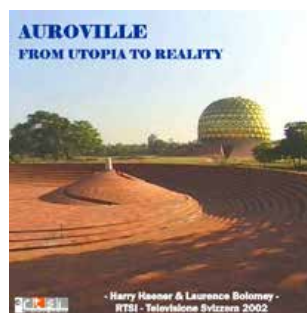
Cinema Paradiso, Friday, 10 March, 5pm

A 52-minute documentary on Auroville, in English, made in 2002 for Swiss TV by Laurence Bolomey and Harry Haener.

The doco presents Auroville through a number of its residents — Afsaneh, Arumugan, Bettina, Bhaga, Deepti, Diego, Gilles G, Johnny, Joss, Kamala, Kanchina, R. Kanniappan, Liliana, Lucas D, Luigi Z, Marco F, Mauna, Philippe, Raman, Renu, Roy W, Shivaya, Valli—and through observations by Prof. M.S. Swaminathan—UNESCO Chair in Eco-technology as well as by the late Prof. Albert Jacquard—Geneticist and professor of Human Ecology. It is interwoven with scenery from Kottakarai and Sanjeevnagar villages.

We show it this week at the occasion of a short visit by Mr Haener who will be present at the viewing.

Submitted by Mauna (ex-Auroville Outreach)



LE PAVILLON DE FRANCE PRÉSENTS

The Genius of Trees (2020)

Saturday, 11 March, 5pm, Cinéma Paradiso

Documentary by Emmanuelle Nobécour, In French, 93 min

Trees are man's best allies in preserving life on Earth. Even if they have lived through all climates and in particularly hostile situations, they are also very fragile in the face of rapid climate change.



In this film, science highlights the invaluable role of trees and reveals its superpowers through the molecular and planetary scale. Hypersensitive and ultra-connected, trees are in constant interaction with their environment. They are a model of resilience, energy balance and resource management.

Thank you, Vivekan

STREE

4pm, from 8 to 19 March

Video Room of Kalakendra, Bharat Nivas

An eclectic curation of 10 films about women/ by women in India to be screened as a part of A Bharat Nivas Kala Kendra's collective exhibition celebrating World Women's Day starting 8 March 2023 in the Video Room of Kalakendra, Bharat Nivas. At 4pm (from 8 to 19 March)



1. 8 & 9 March: 'Televisnu' by Prithi Gowda

15 min/ India/ 2011

A surreal tale of a young Indian woman who tries to fix her computer but ends up fixing her life.

Awards:

- 2011: National Board of Review Award Winner
- 2011: Wasserman Finalist, First Run Film Festival
- 2010: Linda Mabalot New Directors/New Visions Award, Los Angeles Asian Pacific Film Festival
- 2010: Audience Award for Short Film, South Asian International Film Festival, NYC



Link: <https://vimeo.com/17893688>

2. 10 March: My Body by Semmalar Annam

18min/ India/ 2020

Synopsis: A young woman does something unpredictable when 2 perverted men challenge her very existence.

Link: <https://www.youtube.com/watch?v=Yiy4zCDW7bY&t=4s>



3. 11 & 12 March: Hellaro by Abhishek Shah

121 min/ India/ 2019

In 1975, a young girl named Manjhri married off to a small village in the Rann of Kutch. There has been no rain in the village since many years due to a curse. Until one night, with the beat of drums... Magic happens.



Awards: National Award for Best Feature Film

4. 13 March: Kamlabai by Reena Mohan

46 min/ India/ 1992

Kamlabai Gokhale was one of the first actors of India, and the first lady of Indian film. She is ninety-two years old now and lives by herself in a flat. Family members come to visit her now and then. She is an invalid, confined to her bed. But her personality is unwavering. The film, not purely nostalgic, gives an impression of the history, particularly the history of Indian film and theatre as it was experienced by a woman who struggled against the social structures of her times.



Awards: [National Film Award for Best First Non-Feature Film of a Director](#)

Link: <https://youtu.be/kdpv1xCj4O8>

5. 14 March: An Indian Woman—an historical assessment by Mani Kaul

20 min/ India/ 1975

Unpaid... overworked... a woman at home.... mother ! How much does her labour cost ? Raising such questions, this film fathoms history—of matriarchy and patriarchy, of morality, of oppressive anti-woman modes.



Link: <https://www.youtube.com/watch?v=mBWYq9sXRoa>

6. 15 March: Gay Matrimony by Debolina Majumder

68 min/ India/ 2019

Synopsis: Gay India Matrimony revolves around three characters who are out to explore their marriage prospects. Sayan and Gourab are assigned male at birth, while Debolina, the director of the film, is assigned female at birth. All three are looking for a same-gender partner, and the very suggestion of wanting to marry a same-gender partner drives everyone around them into complete frenzy.



7. 16 March: Love Song... by Richa Hushing

30 min/ India/ 2008

A film exploring certain uncertainties, questioning conventional notions of marriage, belonging and morality in an urban Indian milieu.

8. 17 March: City Girls by Priya Thuvassery

28 min/ India/ 2021

A short documentary on young women from a small town claiming the big city for themselves.



9. 18 March: The Last Rhododendron by Yashasvi Juyal

38 min/ India/ 2020

In a small village in the mountains of Uttarakhand, as a daughter is summoned by an urban promise, her mother is haunted by the possibility of a ghost village. 'The Last Rhododendron' narrates the journey of a conflict where one generation is connected to the possibilities of the city, and the other is tethered to the survival of their land.



10. 19 March: Lajawanti by Pushendra Singh

65 min/ India/ 2014

A folk tale set in the Thar Desert explores the inner struggles of a married woman to honour a dream and in that search find the higher meaning of love and freedom.



Warmly, Richa



At Multi Media Centre Auditorium, Town Hall

Reminder: Friday 10 March "Mississippi Mermaid" (La sirène du Mississippi) by François Truffaut, France, 1969

Friday 17 March, 8pm: "LEAVE NO TRACE"

Directed by Debra Granik, US, 2018 With: Ben Foster, Thomasin McKenzie, Jeff Kober, Dale Dickey

Synopsis: Adapted from Peter Rock's 2009 novel "My Abandonment", which is based on a true story. Will, an Iraq War veteran suffering from post-traumatic stress disorder (PTSD), lives with his 13-year-old daughter, Tom, in the old growth Forest Park near Portland, Oregon. They live in isolation, using forest survival skills and only entering the town occasionally for food and supplies. But then they are discovered and arrested and placed in social services. The father-daughter duo tries to adapt to the rules of civilization. As Tom learns new skills, Will's fears slowly begin to engulf him... The film received universal critical acclaim, with praise for the performances of Foster and McKenzie. *Original English version with English Subtitles.* Duration 1h49'



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
13 to 19 March 2023



Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Maintaining standard Covid protocols, i.e. temperature check, registration, and Mask (and not scarves) etc. are a must even now. Please come prepared. To organize seminar/program please contact us via email.

We continue to have issues with our projector. It is getting repaired, and we will continue the program with an older alternative. Clearly it is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian— Monday 13 March, 8pm

JAYA JAYA JAYA JAYA HEY

India, 2022, Writer-Dir. Vipin Das w/ Basil Joseph, Anand Manmadhan, Noby Marcose, and others, Comedy-Drama, 145mins, Malayalam w/ English subtitles, Rated: NR (PG)

Jayabharati was brought up by her father, hoping she will be a strong woman—like the late Prime Minister, Indira Gandhi. Despite that she, like most middle-class girl, was married off before she could complete her studies—to Rajesh. Slowly Rajesh started physically abusing her. When she confided with her parents, they advised her to 'adjust'. But she had other plans.

Potpourri—Tuesday 14 March, 8pm

AFTER YANG

USA, 2021, Dir. Kogonada w/ Colin Farrell, Judie Turner-Smith, and others, Drama-Shi-Fi, 96 mins, English w/ English subtitles, Rated: PG

When his young daughter's beloved companion, an android named Yang, malfunctions, Jake searches for a way to repair him. In the process, Jake discovers the life that has been passing in front of him, reconnecting with his wife and daughter across a distance he didn't know was there.

Interesting—Wednesday 15 March, 8pm

GOOD NIGHT OPPY

USA, 2022, Writer-Dir. Ryan White w/Angela Bassett, Stephen Colbert, Jon Stewart, and others, Documentary, 105mins, English w/ English subtitles, Rated: PG

The inspirational true story of Opportunity, a rover that was sent to Mars for a 90-day mission but ended up surviving for 15 years. Follow Opportunity's ground-breaking journey on Mars and the remarkable bond forged between a robot and her humans millions of miles away

German—Thursday 16 March, 8pm

MAGICAL MYSTERY ODER:

DIE RÜCKKEHR DES KARL SCHMIDT

(Magical Mystery or: the return of Karl Schmidt)

Germany, 2017, Dir. Arne Feldhusen w/ Charly Hübner, Annika Meier, Detlev Buck, and others, Comedy, 110 mins, German w/ English subtitles, Rated: G

In collaboration with Goethe Institute/Max Mueller Bhavan. Based on a novel of Sven Regener. After recovering from a phase of drug induced mental illness, Karl Schmidt meets his old friends from the music business. He is hired as a driver for a tour with a techno DJ team, which wants to go back to their roots. A silly road movie through raves and discos in Germany.

International—Saturday, 18 March, 8pm

IL PLEUVAIT DES OISEAUX

(And the Birds Rained Down)

Canada, 2019, Dir. Louise Archambault, w/ Andrée Lachapelle, Gilbert Sicotte, Rémy Girard, Drama, France w/ English subtitles, 127 mins, Rated: PG 13

Three elderly hermits live in the woods. While wildfires threaten the region, their quiet life is about to be shaken by the arrival of two women—A story of intertwined destinies, where love can happen at any age.

Children's Matinee—Sunday, 19 March, 4:30pm

THE ADDAMS FAMILY

Canada-USA, 2019, Dir. Greg Tiernan, Conrad Vernon w/ Oscar Isaac, Charlize Theron, Chloë Grace Moretz, and others, Animation-Comedy, 90 mins, English, Rated: PG

The mysterious and spooky Addams family—Gomez, Morticia, Pugsley, Wednesday, Uncle Fester and Grandma—prepares for a visit from their even creepier relatives. But trouble soon arises when shady TV personality Margaux realizes that the Addams' eerie hilltop mansion is getting in the way of her dreams to sell houses in the neighbourhood.

No Festival @ Ciné-Club Sunday 19 March, 8pm

QUEEN OF THE DESERT

USA-Morocco, 2015, Dir. Werner Herzog w/ Nicole Kidman, James Franco, and others, Adventure—Drama, 128 mins, English—Arabic w/ English subtitles, Rated: PG.

A chronicle of Gertrude Bell's life, a traveler, writer, archaeologist, explorer, cartographer, and political attaché for the British Empire at the dawn of the twentieth century.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Please donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You,

Nina for



MMC/CP Group Account# 105106,

mmcauditorium@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825

Cinema

 Auroville TO PONDICHERRY			
	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35
 Pondicherry TO AUROVILLE			
	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800 (Aurovilians & Newcomers/ No validity)
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

Emergency Services

- Ambulance (24/7):** Auroville—9442224680
- PIMS—0413 2656271
- Security (24/7):**
- Auroville Safety & Security Team—9443090107
 - Auroville Police Station—0413 2677318
 - Kottakuppam Police Station—0413 2236148
 - Vanur Fire Station—0413 2677368
- Health: Health Center—0413 2622123**
- Santé—0413 2622803
 - Farewell—8903836246
- Mental health 24/7 support:**
- Vandrevalla Foundation +91 9999666555
- India Emergency Response Service (24/7):** 108

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

- 16:00** Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30** Tour of Sadhana Forest
 - 18:00** Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30** Eco Film Club begins with “previews” of short Sadhana Forest films
 - 20:00** Dinner is served
 - 21:15** Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!
- The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00:)



Friday, 17 March

Hope in a changing climate + Understanding Plant Milks

37 minutes/ John D. Liu + EarthlingEd

• **Hope in a Changing Climate**

Restoring fertility and hope to the Loess Plateau is a major project. Until recently this was a very poor region. Centuries of continuous agriculture have removed the trees and left the land vulnerable to erosion from wind and rain. Hope in a Changing Climate follows John on a journey to find out how the lessons learnt about the Loess Plateau could help restore degraded lands around the world.

• **Understanding Plant Milks**

EarthlingEd explains in this informative short film the facts concerning the growing market for plant milks all over the world.

Warmly, Shek



N&N Guidelines

Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced. Please AVOID CAPS letters. Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in. Articles for the Notes section should ideally be no longer than 500 words. Please do not send submissions and inquiries as a “Reply” to the digital subscription mail. There is no guarantee that anyone will see communications sent this way. Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Roy & Agnijata, News & Notes, Media Centre, Town Hall, NewsAndNotes@auroville.org.in, 0413 2622133