



News & Notes

#967 A weekly bulletin for residents of Auroville 23 March 2023



Vandhi and Chetties

The Purusha is all this that is, what has been and what is yet to be;
he is the master of Immortality and he is whatever grows by food.

Two are there, hidden in the secrecy of the Infinite, the Knowledge and the Ignorance;
but perishable is the Ignorance, immortal is the Knowledge;
another than they is He who rules over both the Knowledge and the Ignorance.

Swetaswatara Upanishad.

Pondering



For we can conceive, and since we can, the Divine can still more conceive—a universal harmony into which these contrary elements do not enter. The Vedic seers were conscious of such a divine self-manifestation and looked on it as the greater world beyond this lesser, a freer and wider plane of consciousness and being, the truth-creation of the Creator which they described as the seat or own home of the Truth, as the vast Truth, or the Truth, the Right, the Vast.

*The Knowledge and the Ignorance,
The Life Divine by Sri Aurobindo*

Contents

PONDERING	1
HOUSE OF MOTHER'S AGENDA	4
TOWNHALL SPEAKS	5
Land Asset Stewardships Redefined	5
From The Entry Service—ES # 173	5
Security Works On Roads	5
Tender For Cashew Plot	5
COMMUNITY NEWS	5
Auroville Matters	5
Tribute to Cristof	5
Roger Anger: 100 Years	6
Awakening Spirit	6
Introduction to the Integral Yoga of Sri Aurobindo and the Mother	6
Amphitheatre—Matrimandir: Meditation with Savitri read by Mother to Sunil's music	6
Daily Peace Meditation	6
Savitri Bhavan	6
Journey to the Life Divine—Part 1	6
Dream Divine Series	7
Liberty and Law	7
A Talk by Dr. Alok Pandey	7
Youth Initiative	7
French Class 2023 For Beginners	7
Hip Hop Workshop For Beginners	7
For Your Information	7
Digital Payments	7
Call for Grant Proposals: SDZ Funding in 2023	8
Children	8
Summer Camp In May	8
Explorations in Education with Dr. Alok Pandey: Early Childhood Education	8
Open House at Aha! Kindergarten	8
Why can't Elephants be Red	9
Health Care	9
Aurodent—Dental Clinic	9
To all members of the AV Health Fund Scheme	9
Maatram: March 2023	9
Therapists schedule for Open Consultation Hour (OCH)	9
Other activities conducted by Maatram	9
The Arts	9
Talk and Slide Show by Matej Ukmar	9
An offering of Carnatic Instrumental Music by the Group "Divine Sound"	9

Pitanga	10
Exhibition: Marlenka presents her art works	10
Artist Statement	10
Art Exhibition at Kalakendra	10
Invoking the beautiful in all pervading Shakti Energy	10
Art Workshops at Kalakendra	10
Offered by Kashmira : Painting	10
On Making Handmade Hemp Paper	10
Cynotype Printing workshop	10
Dorodango: Japanese Mud Art	10
Workshop Acting in Cinema	10
The Auroville choir: Call For Male Singers	10
Auroville Harmonies: Women's Choir Singing the World	10
Concert in CRIPA	10
Activities	10
Reduce Your Waste	10
Tango Dance Class	11
Salsa Dance Class	11
Aurogames Session At Humascape	11
Whispers of Serenity: A soulful evening of Dhruvad by Niloy Assan & Roman Das	11
Analogue Darkroom Workshop	11
Program & Timings	11
Food Forest Tour	11
Last Weed Walks for the Season	11
Rupavathi Joy Activities	12
Bio-region Temple Tour	12
Indian cooking	12
Thai Massage	12
Svaram Workshops	12
Dhruvad and Nada Yoga Workshop	12
"Sound of Silence" with Gongs Workshop	12
Swimming Class	12
Work Opportunities	12
Looking For A Manager	12
The Scholarship & Educational Fund	12
Looking For	13
Looking For A North Indian Cook	13
Looking for a space of 200 to 300 sq feet	13
Seeking House Sitting	13
Looking for Percussion Instruments for Children	13
Seeks a Heating Pad	13
House Sitting	13
Honorary Voluntary	13
Gau Seva at Sadhana Forest!	13
Inner Climate Academy Seeks Assistance	13

Available	13
Sofa & Glass Dispenser Available	13
Bajaj Dominar Available	13
Quality of Bamboo panels available	13
Lost and Found	13
Cycle found at Matrimandir	13
Taxi Share	14
To Chennai Airport, Monday, 27 March, 10am	14
To Chennai Airport, 29 March, 7pm	14
To Chennai Airport, 1 April, 9:30pm	14
Foods, Goods and Services	14
Eco Femme Open House	14
Soul Of The Soil	14
Goyo, Korean Silent Restaurant is Open	14
Korean Tea Ceremony	14
Voices and Notes	14
A Letter to Dr. Jayanti Ravi, Secretary of the Auroville Foundation	14
Service Ring/Crown Road And Streets... Mother's Car-Free City...	15
Espace Community	16
Current responsibilities	16
Prior responsibilities	16
Conclusion	16
Why a Garden City and Not a Forest	17
From the Avatar	17
Water Matters	17
Classes, Workshops & Healing Arts	17
Vipassana	17
Mindfulness Meditation with Ivana	17
Auromode Yoga Space	18
Auromode Yoga Festival	18
Authentic Relating Workshop	18
Sunlit Path Activities	18
Healing Sessions	18
Ayurvedic Marma Massage	18
Archetype Reading	18
Yoga Classes	18
Ayurvedic Healing	18
21-day Ultimate Health Challenge	18
Support Group in Auroville	18
Registration	18
JIVA: Your Journey In Healing And Transformation	19
ReiKi Healing Sessions with Niyati	19
The Art of Dying	19
Integral Regression Therapy	19
Mirrabelle offers webinars, classes and workshops in "Natural Horsemanship"	19
2 Webinars Natural Horsemanship with Mirrabelle	19
Acupuncture, Qigong, Shiatsu with Andres	19
Journey of the Soul	19

Transforming trauma	19
The way of the heart: 5 TH Sufi Retreat with Nirupam	19
Integral Regression Therapy with Sigrid Lindemann	19
Family And Systemic Constellation Workshop	19
Quiet Healing Center	19
Somatic Yoga Class with Linda Lee	19
Woga (Yoga in Water) 1 & 2 with Dariya	19
Woga (Yoga in Water) Instructor Training Course with Gianni & Petra	19
Vérité Workshops	19
Prevention & Reversal of Cognitive Decline with Lize	19
Mindfulness with Heart with Moller	19
Optimal Longevity with Lize	19
Metabolic Syndrome: How to Reverse the Causes & Symptoms with Lize	19
The Healing Power of Gayatri Mantra with Sabrina	19
Languages	20
News From Auroville Language Lab	20
Tomatis	20
Current Schedule of Classes	20
Contact us	20
The Language Lab's Opening Hours	20
Cinema	20
Acting in Cinema	20
The French Pavilion presents En Corps (Rise)	20
Aurofilm	21
At Multi Media Centre Auditorium, Town Hall	21
Reminder	21
"THE TASTE OF OTHERS"	21
"CINE-master class"	21
Study Circle	21
"The Mime Of Things" By Drupad Gaonkar	21
Cinema Paradiso	22
Film Program 27 March to 2 April 2023	22
Eco Film Club	23
Schedule of Events	23
Fruit Haven Ecovillage	23
N&N Guidelines	23
Accessible Auroville Public Bus	23
Emergency Services	23





House of Mother's Agenda

December 13, 1969

Mother: I keep receiving almost daily some Aphorisms of Sri Aurobindo, which I had completely forgotten. There are really quite interesting things. ... Some of them give me the exact impression of a clothing (we might say an intellectual clothing, but it's not that, it's from a higher mind, but it's mentalized, that is to say, accessible to thought), a clothing of the experience I had of the supramental Consciousness, in which the difference between good and evil and all that looked like childishness, and Sri Aurobindo expresses it in those Aphorisms in a manner accessible to intelligence. Only... those who understand don't understand right! Because they understand below.

Do you remember those Aphorisms?... In one he says, "If I can't be Rama, then I want to be Ravana..." and he explains why it's that series.¹ (silence)

I have the name of A.R.'s "master." I told you he has a guru. ... (Mother looks for a scrap of-paper)

"Sitaram Omkarnath."

I don't know him at all. ... He isn't well known, at any rate.

Ah, L. went to Delhi (he even met A.R.), so I asked him about N.S.; he said she was relieved a lot, but not cured. That's what everyone here had, the same thing: a relief, but no cure.

Satprem: Yes, for all those in contact with you, it's a different case.

Mother: Yes. But I can see, that's what Sri Aurobindo also had: there is a certain power that comes from the contact with the supramental forces, which Sri Aurobindo had, and which I have experienced (when I said, "He takes things away as one would do with one's hand," and nothing remains), but it's not cured, in the sense that out of weakness one lets the ailment come back. I clearly see that, I have the same experience now, but... that's not what I call "cure"; and I clearly see that to cure, something else would be needed. Something else would be needed. Ultimately to put it quite tritely, one can cure only if the disease isn't necessary to the individual's development.

One can give the body an indication of the direction it should follow in order to be cured, but... ninety-nine times out of a hundred, it won't do it.

Yes, people call them miracles, but to me, they are incomplete miracles!... In all the transfers (what I call "transfer of power"), at the time of the transfer, there is in the body a sort of disequilibrium, and if you aren't VERY attentive, or if the disequilibrium is a bit stronger than usual, it results in a pain. If you make the mistake of taking the wrong attitude, the pain turns into an illness. But with the true attitude, the pain can be taken away in a few seconds—that experience occurs almost every day, which is to say that I've had it hundreds of times. And for others, it's the same thing—you can do it for someone else. But all that you can do is... to teach the body the way to cure itself—but it doesn't learn! (Mother laughs) (silence)

Satprem: There's a practical problem there: one can see that one would like to do away with certain movements because one realizes there's a flaw, but one doesn't know how to do it. Should it be done from above?... One puts the light on it every time such a movement comes, and then. ...

Mother: It depends on the kind of movement, mon petit, in which part of the being and the kind of movement.

I am convinced that every difficulty is a special problem. We can't make a general rule.

Satprem: The other day, for instance, you said that birth is a purge ... (Mother laughs)

You remember, you said that with people who have repressed everything, it comes out again in the children.

Mother: Yes, Yes!

Satprem: And you said it gives the key of what shouldn't be done.

Mother: Yes.

1

220—"Men talk of enemies, but where are they? I only see wrestlers of one party or the other in the great arena of the universe."

221—"The saint and the angel are not the only divinities; admire also the Titan and the Giant."

222—"The old writings call the Titans the elder gods. So they still are; nor is any god entirely divine unless there is hidden in him also a Titan."

223—"If I cannot be Rama, then I would be Ravana; for he is the dark side of Vishnu." (Rama is a divine incarnation, whereas Ravana is the incarnation of a demon.)

Mother gave this comment on the last of these Aphorisms: "It means that gentleness without strength and goodness without power are incomplete and cannot entirely express the Divine. I might say that the charity and generosity of a converted Asura are infinitely more effective than those of an innocent angel."

— Volume 10. 1969:
Agenda of the Supramental Action Upon Earth

https://sri-aurobindo.co.in/workings/ma/agenda_10/1969-12-13-01_e.htm

With love and gratitude,
For and on behalf of Gangalakshmi (HOMA), Zech



Townhall Speaks

LAND ASSET STEWARDSHIPS REDEFINED

Dear Aurovilians, the detailing and implementation of the Galaxy Master Plan is being prepared on many levels and with urgency by the ATDC.

In order to move forward with the development of Auroville City as per the Master Plan and considering that non-ownership is a core value of life in Auroville, going forward all rights for development of the Auroville lands will follow land-use as defined in the Master Plan and by the ATDC, and endorsed by FAMC. Individual rights over land or other assets, as has been practiced till now, will change now to community ownership as per the planning parameters by ATDC and caretaker agreements worked out by FAMC and its subgroups.

This implies that going forward all "land stewardships" that were given or as understood in the past, especially in the City Master Plan area **no longer hold validity** in the context it was practiced. L'avenir d'Auroville / ATDC is the authorized body that will decide on the land use of all Auroville lands. City Center and the lands in the City Master Plan area will immediately be directly under the joint work team of ATDC and FAMC. The Land board team will assist in the maintenance of these land assets.

All the green belt lands also will follow planning parameters in consideration of the ground realities and the necessary change thereof as feasible. The maintenance and caretaker agreements for the green belt lands, farms and lands outside of the Masterplan area are being considered for their proper use.

Persons who have been given land stewardship in the past and have questions about their situation can make an appointment for a personal interaction by writing to avenir@auroville.org.in and/or famc@auroville.org.in.

*At Her service,
Chandresh, FAMC, ATDC*

FROM THE ENTRY SERVICE—ES # 173

Dated: 22-03-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- Lakshmi KRISHNAKUMAR (Indian) staying in Sunship and working at Pitchandikulam
- Logeshwari JAYAMOORTHY (Indian) staying in Human-scapes and working at Housing Service



Lakshmi



Logeshwari



Balaganesh

AUROVILIAN ANNOUNCED:

- Balaganesh SIVAPRAKASAM (Indian) staying in Douceur and working at Morning Star & Aurothaima

AUROVILIAN CONFIRMED:

- Anuradha SENGUTTUVAN (Indian)
- Raquel SANCHEZ (Spanish)
- Sankarshan KINI (Indian)
- Surya RAVISHANKARAN (Indian)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

*Yours, The Entry Board
Alain, Dheena, Grace, Jayanthi, Lakshmanan, Matilde,
Ramanarayana, Sonja and Swadha*

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
 - Tuesday & Thursday: Newcomer kits, 2:30—4:30pm
- 0413 262-2707, auroville.entryservice@gmail.com**

SECURITY WORKS ON ROADS

Dear Community, AVES will be installing 16 streetlights with security cameras. Most of these are located on incoming main mud roads into Auroville to monitor traffic. The control room will presently be situated in FO.

Please be informed that work for this has commenced by AVES, RS and Aurinoco.

*At the service of Truth,
Lieve for L'avenir d'Auroville / ATDC*

TENDER FOR CASHEW PLOT

Dear All, an open tender for cashew plot will be held on 24 March 2023, in front of Town hall (next to new parking) from 10—12am.

All interested are welcome to submit their offer on the announced day and place only. All relevant information will be displayed. The tender will be finalized in the afternoon.

Thanking you in advance for your participation in a fair and transparent process.

*Regards, Land Board
Raja, Rajavelu, Satyakam and Venkat*

Community News

Auroville Matters

TRIBUTE TO CRISTOF

To Cristof my soul brother.



As soon as we arrived in Auroville in February 1981, we met you on the roads. After a series of conversations, we knew that through your conscious and voluntary sacrifice you were among the awakened beings who were preparing, through successive reversals of consciousness, another life on earth, despite what you had to go through.

An infinite gratitude for your translation of the Life Divine into French, during 25 years; thank you for your enlightened voice which echoed the call of the new creation in your plays which I always followed.

of the new creation in your plays which I always followed.

As the years passed we supported and nurtured each other at the Ashram, simply rejoicing to see each other again and always moving forward, forward in this world filled with so much ignorance and battles.

At the same time there have been your various visits throughout the history of Auroville; to the Matrimandir, to Savitri Bhavan, as well as when some Aurovilians departed. We are all one soul family, where each one has an essential work to live and manifest in truth and love, without separation.

In her Agenda, Mother says “you need to be a hero”. .. it depends on the choice of each of us.

*Ganga Lakshmi,
House of Mother Agenda, Savitri Bhavan*

“Earth’s pains were the ransom of its prisoned delight.”

Savitri, Book 1, Canto 3

“Yet for joy and not for sorrow earth was made”

Savitri, Book 10, Canto 3, Sri Aurobindo

Warmly,

Satyavidhi for Ganga Lakshmi

ROGER ANGER: 100 YEARS

24 March 1923—2023

24th March, 5pm, India Space—Bharat Nivas

In 1965, the Mother invited Roger Anger to prepare the town plan for Auroville. She worked with him through several attempts and several models until she was satisfied that Roger had captured her vision with the iconic Galaxy plan, that we are still discovering. Far from being an outdated plan, the Galaxy has revealed itself to be a forerunner of the urbanism of the future with its ability to integrate life in all parts, the human being, and a growing Consciousness. His centenary dovetails perfectly with Sri Aurobindo’s

150th birth anniversary and India’s 75th year of independence, with his seminal contribution towards a conscious urbanism that will stand out for all time, both for Auroville and India, but also for the world.

L’avenir d’Auroville / ATDC and the 150th year programs welcome you at the India Space, Bharat Nivas, to a commemorative event in honour of Roger’s work and legacy for Auroville.

*At the service of Truth,
Lieve for L’avenir d’Auroville / ATDC*

Awakening Spirit

INTRODUCTION TO THE INTEGRAL YOGA

of Sri Aurobindo and the Mother

Tuesday, 28 March, 9am—12noon

Introduction to the Integral Yoga of Sri Aurobindo and the Mother on Tuesday, 28 March, at 9am—12noon

- **Focus:** The Inner Being
- **Led by:** Ashesh Joshi
- **Place:** Mirabelle Education Centre, Auromodele
- **Contact:** 9489147202.



Please be present by 8:45am

All are Welcome, Ashesh Joshi

AMPHITHEATRE—MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm
weather permitting

**Meditation with Savitri read by Mother
to Sunil’s music**

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!



Reminder to all

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5.45 pm and until meditation ends.

Surya & Velmurugan

DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

SAVITRI BHAVAN

Savitri
B H A V A N

Journey to the Life Divine—Part 1

- Monday, 27 March, 4pm at Savitri Bhavan.
Duration: 100min.

This film created by the Sri Aurobindo Ashram, Pondicherry traces the spiritual development of Sri Aurobindo and the Mother and talks of the work they accomplished to prepare the new evolutionary step towards the Life Divine for the whole of mankind and planet Earth. They were conscious of their mission already in childhood. The film discusses Sri Aurobindo’s early spiritual experiences, his involvement in politics and the time he spent in jail, as well as his distinct ‘Aadesh’ ordering him to go to Chandannagar and then to Pondicherry. It traces the Mother’s unique spiritual development, her studies of occultism and training in Tlemcen, Algeria, her life in Japan, and her meeting with Sri Aurobindo in Pondicherry.

A special emphasis is put on Sri Aurobindo’s arrival in Pondicherry on 4 April 1910, the Mother’s first arrival there on 29 March 1914, and her final arrival on 24 April 2020. Sri Aurobindo said about his sadhana in 1915-1920, “Heaven we have possessed but not the Earth. But the fullness of the yoga is to make, in the formula of the Veda, Heaven and Earth equal and one. Sadhana and work are waiting for the Mother’s coming”. The meeting of Sri Aurobindo and Mother, then known as Mirra Alfassa, was of essential importance for the progress of the Divine Work and signaled a distinctive change in the future of the earth and its evolution.

As Sri Aurobindo stated: “A spiritual evolution, an evolution of consciousness in Matter in a constant developing self-formation till the form can reveal the indwelling Spirit, is then the key-note, the central significant motive of the terrestrial existence.”

The film is also available at the Sri Aurobindo Ashram website.

- <https://www.youtube.com/watch?v=uZwBKJLifas>

*With light and peace and gratitude
and in offering all to Mother and Sri Aurobindo, Margrit*

Dream Divine Series

- Every Wednesday 4—5pm

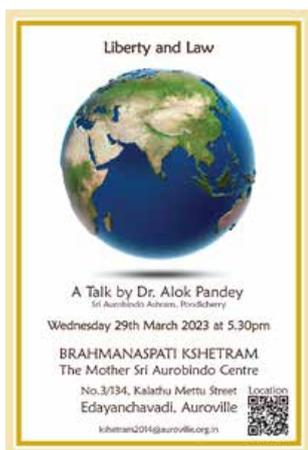


Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session. The series will include presentations, films, talks, etc., followed by questions and answers.

- On Wednesday, March 29, 4-5 pm,
- Shradhavan about "Savitri Bhavan and Savitri". A recorded talk to visitors from Kolkata
- In the Sangam Hall of Savitri Bhavan

Everyone is welcome

Thank you, Dhanalakshmi for Savitri Bhavan Team



LIBERTY AND LAW A Talk by Dr. Alok Pandey

Sri Aurobindo Ashram,
Pondicherry

Wednesday, 29 March,
5:30pm

Brahmanaspati Kshetram
The Mother Sri Aurobindo
Centre

No.3/134, Kalathu Mettu Street
Location

Edayanchavadi, Auroville

kskshetram2014@auroville.org.in

Youth Initiative

FRENCH CLASS 2023 FOR BEGINNERS

27 March—7 April, 5—6:30pm

After the success of the French Course we have decided to offer you the same format with French Courses.

Join our second French class 2023 for beginners happening again at the Youth Center!

- Taking place from the 27 March to 7 April 2023 taught by Vijaya Wauquier.

French is an international language rich in culture, a knowledge of this language is beneficial for travel, higher education, international job market etc.

- This class starts at 5pm until 6:30pm.
- No class on Weekends
- To register email us at youthlink@auroville.org.in or come to our office in Town hall between 9:30am—12pm and 2—4pm to sign up.

Nivetha from Youthlink team



HIP HOP WORKSHOP FOR BEGINNERS

Sunday, 2 April, 10am—12pm

We are happy to inform you that YouthLink is offering you a Hip Hop workshop for beginners happening at Cripa (small room)! Taking place on Sunday, 2 April 2023 taught by Balaji.



Hip Hop dance is a vibrant form of dance that combines a variety of free-style movements to create a culture piece of art which has evolved into one of the most popular and influential styles of dance.

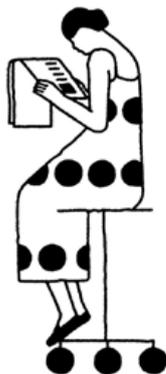
The workshop will include the basics and foundation like bounce, groove and style which even a beginner can dance and get involved in.

- This class starts at 10 am until 12pm.
- To register email us at youthlink@auroville.org.in or come to our office in Town hall between 9:30am—12pm and 2—4pm to sign up.

Nivetha from Youthlink team

For Your Information

DIGITAL PAYMENTS



Over the last many years, various FAMC teams have been requesting all the executives & managers pertaining to products, services and hospitality to go digital and reduce cash handling from customers. In the recent 'Systems & Processes Audit' that was conducted over a representative sample across units and activities by Auroville Foundation, it was identified that a lot of cash transactions are continuing to be supported across the sectors of Auroville entities that conduct commerce with outside. Also many of the cash

transactions across various units didn't follow proper accounting processes and/or were not accountable by the executives or accountants. Digital, cashless transactions help to ensure accuracy and transparency of financial records, reduce opportunities of financial misappropriation, save time & labor and are more secure in the operations of the unit or activity.

Earlier there were limited means to get the digital transaction modalities to be readily adopted by one and all entities of Auroville. Today the technology and adoption for going digital is readily supported by the Government of India. Even vegetable vendors, tea shop owners etc are ready to take "google pay" and many other available methods for receiving the payments. Auroville Foundation is keen to follow up with the Digital India initiatives within Auroville also. Many entities may already have digital only payments setup. But this directive is taken up by FAMC to enable and make all the entities within Auroville to go digital as soon as possible.

To facilitate this move from cash to digital transactions quickly and effectively, all executives and managers who have yet to adopt digital payments are required now to register with the TalamPay (including point-of-sale UPI QR codes) developed internally in Auroville by Talam. Please get in touch with them ASAP for information and registration by filling this form.

In Her Service,

1+0+0+0+0+0+0+0+0+0 = 1 (Equals One),
FAMC

CALL FOR GRANT PROPOSALS

SDZ Funding in 2023

The Project Coordination Group (PCG) will be meeting to review grant proposals for possible funding by Stichting De Zaaier. The last date to submit proposals for this call is Monday, 17 April 2023. You are welcome to submit earlier or send us a draft version of your proposal for comment prior to the due date. (If you plan to submit a proposal, please carefully read this full announcement to the end!) All documents related to this purpose are to be submitted in the prescribed forms as attachments, emailed to pcg@auroville.org.in



Please note that in case your proposal is not ready by this date, there will be another call for proposals for SDZ later this year.

The Project Coordination Group will check whether proposals fall within the SDZ funding criteria and forward those that do to the SDZ Board for final selection and grant allocation.

Stichting de Zaaier welcomes project proposals for:

- research studies in the fields of sociology, economy, psychology and inner development;
- exploratory (research) studies into the relations with the world outside Auroville, in particular with the villages (and villages) surrounding Auroville, as well as proposals for initiatives that seek to contribute to strengthening these relations;
- initiatives that seek to enhance the efficient co-operation of Aurovilians with the aim of making full use of the existing potential in Auroville;
- studies exploring a sustainable future for Auroville and initiatives contributing to such a future;
- initiatives requiring seed money (micro-projects) for innovative and informal education and training, women's development, outreach as well as proposals prepared by youth.

Please note that funds are generally not available for infrastructure, buildings or transport. Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville.

Stichting De Zaaier has also indicated a preference for funding projects where the maintenance of Aurovilians is either provided by Auroville or from a source other than SDZ grants.

A grant application form and budget request spreadsheet are available on request from pcg@auroville.org.in

NB If you have already received funding for a project through the Project Coordination Group please send in a progress report/status update (if the project is ongoing) or final report (if the project has been completed or all funds have been utilized) before making an application for a new grant.

Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or students of any individual classes, your project is to be reviewed by all concerned School Boards prior to submitting to the Project Coordination Group for review. (Please contact all individual schools before submitting your proposal to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

For more information or assistance please write to pcg@auroville.org.in

The last date for submitting proposals for this call is Monday, 17 April 2023. Please submit earlier if possible.

NB There will be another opportunity to submit proposals for funding by Stichting de Zaaier announced later this year.

*With gratitude, Pala,
for the Project Coordination Group*

SUMMER CAMP IN MAY

Share your experience, skill and knowledge!!

3—25 May, 9:30am—4:30pm



We conduct a SUMMER CAMP in May each year to keep students occupied and delighted throughout their breaks. Most of them are from our Av Bio-region and Kids from Auroville also can apply for participation.

This year's Summer Camp will be held from c, and we would love to have you there to share your knowledge in a variety of subjects or teach our kids yoga, painting, crafts, gardening, or anything else you want to share about Auroville. These pupils will range in age from 10 to 17. There are 50 students in total.

- Please get in touch with us if you wish to contribute anything or for further information.

kuilaicreativecentre@auroville.org.in or 9843195290.

Selva and Kuilai Creative Centre Team.

Your contribution is most welcome.

Our Account Num: 240051

EXPLORATIONS IN EDUCATION WITH DR. ALOK PANDEY

Early Childhood Education

Saturday, March 25, 9:30—11 am, Aha! Kindergarten

Dear community, we warmly invite you to our second session on 'Explorations in Education with Dr. Alok Pandey'.

Last time we reflected together on the fundamentals of education — meaning of education, need for education in humans, psychic education and related topics. If you are interested in watching the recording of first session, please contact us.

For this upcoming talk, the focus area is 'Early Childhood Education'. Early education of the child operates in a matrix of multiple participants—parent, educator and environment. Being aware and sensitive to this matrix is essential for the harmonious and holistic development of the child. We'll explore some key questions regarding the educational needs of a young child (up to 7 years of age):

- What is the significance of early years on the child's progress from an Integral Development Paradigm?
- What is 'Svabhav'? What is its role in the child's early years
- How to provide an optimal environment aimed at Free Progress to a child in the early years?
- [Here is a link to Dr.Alok Pandey's earlier talk](#) on Education which may help you to familiarise and deepen your interest in the topic:

*Warm Regards, Arati for Aha! Kindergarten,
aha@auroville.org.in*

OPEN HOUSE AT AHA! KINDERGARTEN

Saturday, 25 March, 11am—2pm



Dear Community, we warmly invite you to Open House at Aha Kindergarten!

We will share children's works and Aha! team will be present to answer any questions on the Aha! free progress approach, children's activities & engagements etc. Before the open house, at 9:30 AM, there is a talk by Dr. Alok Pandey on early childhood education. You are warmly invited to attend, if interested.

- Light refreshments will be served.

Warm Regards, Arati for Aha! Kindergarten,
aha@auroville.org.in

WHY CAN'T ELEPHANTS BE RED

Auroville Foundation & NIVONGS BOOKS
invite you
to a conversation between
Vani Tripathi Tikoo
&
the students, parents & teachers

Why can't Elephants be red?

Friday, 24th March
9:30 - 10:45 a.m.
@Udavi School
&
11:15 a.m. - 12:30 P.m.
@SAWCHU, Bharat Nivas campus

Regards, Arun

Health Care

AURO DENT

Dental Clinic
Auromode, Auroville.

For Appointment please contact us
Email: aurodent@auroville.org.in
Phone: 0413-2622063 What's up: 9629199328

Working hours
Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

TO ALL MEMBERS OF THE AV HEALTH FUND SCHEME

If you still have any medical bills from the past months at home please drop them, together with your doctor prescription, your PT account number and Email, in the Health Fund box at Aspiration Health Centre or at SANTE.



As the financial year is going to end, all the pending bills from April 2022 till February 2023 have to be processed before the end of March 2023.

Only the medical bills from March 2023 can be paid till the end of April 2023.

The audit service has told not to process any bills from last financial year after March 2023.

Please check your cupboards while there is still time!

Best, Stefan, for AV Health Fund

MAATRAM: MARCH 2023

We provide consultation with professionals trained in Psychiatry, Clinical Psychology, Neuro/Bio feedback therapy, Integral eye movement therapy, NLP, EMDR, Art therapy, self-work with clay etc



Therapists schedule for Open Consultation Hour (OCH)

	9—10am	4:30—5:30pm
Monday	Saif	Palani
Tuesday	Rashmi	—
Wednesday	Palani	Tia
Thursday	Chetna	—
Friday	Gopa	Tia

OCH is a walk-in session where anyone can come without an appointment. If the therapist is already seeing someone by the time you walk in, please leave your contact details and we will revert.

To see a therapist by appointment, please email/call Maatram or reach out to the individual therapist directly

Other activities conducted by Maatram

- Rural Mental Health activities at Thamarai, Annai Nagar. First Thursdays of every month between 10 to 12.30 noon
- Street Play on Mental Health Awareness, once a month at different venues or by invitation
- Care for senior Aurovilians

Contacts

- Message or call: 9087709434
- Email: maatram@auroville.org.in
- Website: maatram.org.in
- Location: Mitra Youth Hostel near Town Hall.

Warmly, Megha for Maatram

The Arts

TALK AND SLIDE SHOW BY MATEJ UKMAR

Kalakendra is happy to invite you all to a Talk and Slide show by Artist Matej Ukmar, during the ongoing Multimedia Group Art Show:



- **A Digital Creation:** A Talk & Slide Show on his Artistic journey
- 30 March, Thursday, 3—5pm
- Kalakendra Art Gallery

Tapas For Bharatnivas

AN OFFERING OF CARNATIC INSTRUMENTAL MUSIC by the Group "Divine Sound"

Umayalpuram Mali (Mridangam), S, Venkatramanan (Kanjira), Valangiman Hari (Ghatam), V. Sivapriya (Konnakol), N. Rajaraman (Ghetu) Lead Music on Violin (MSG Suresh)

- **Venue:** Sri Aurobindo Auditorium, Bharat Nivas
- **Date:** Saturday, 25 March, 7—8:15pm.

Regards,
Vani BN Cultural Team

On the occasion of 150th of Sri Aurobindo's Birth Anniversary & 50th of Bharat Nivas

SOUL'S HEARS
KTR DTR 1000 Bharat
The Nation of India, Auroville

Whispers of serenity
A soulful evening of Divyapad
by Anil, Abhinav & Zomara Das

Date : Thursday 10th March 2023
Venue : Sri Aurobindo Auditorium
Time : 7 to 8.15 pm

All are cordially invited. Entrance by 6.50 pm

PITANGA

(0413) 2622403 / WA 9443902403

info@pitanga.in

Exhibition: Marlenka presents her art works

25 March—10 April.

- You are warmly invited to the opening of Malenka's Art Exhibition on **Saturday, 25 March, at 4:30pm** at Pitanga

Artist Statement

To see, the gift of sight. Light and colour fill my eye, simply noticing the beauty that surrounds me. I can do no other.

To see the beauty in the dappled lighting as the breeze makes the overhead leaves dance, bringing a tableau on the wall. So much beauty to care about.

Naturally putting some of that eye's delight onto paper... aquarelle with its transparency of washes, pastels with rich colours delicious to my eye, acrylics and ink! To play, to make something beautiful... I can do no other.



Immersed in the doing is a consciousness-raising endeavor. I can do no other. Whether anyone may like my work is not the goal. That being said still I must confess that if someone may feel a touch of joy, a sense of felicity, perhaps wonder... I am glad.

Submitted by Andrea, on behalf of Pitanga

ART EXHIBITION AT KALAKENDRA

Invoking the beautiful in all pervading Shakti Energy

- The ongoing Art Exhibition at Kalakendra from 8—26 March, *has been extended upto Sunday, 2 April.*
- Visiting hours of the Gallery: 10am—5pm

Art Workshops at Kalakendra

will take place during this exhibition. See details below:

Offered by Kashmira : Painting

- Tuesday, 21 March, 3—5:30pm
- Anwar Khan: Demo

On Making Handmade Hemp Paper

- Friday, March 24, 3—5:30pm
- Offered by Vidushi & Vivek



Cynotype Printing workshop

- Saturday, 25 & Sunday, 26 March, Two Mornings, 11am—1:30pm
- Offered by Kalai

Dorodango: Japanese Mud Art

- Saturday, 25 & Sunday, 26 March Two Afternoons: 3—5:30pm, Saturday and Sunday afternoons
- Workshop offered by Vidush, Women Builder Collective

Workshop Acting in Cinema

By Internationally acclaimed Filmmaker Sri Pushpendra Singh by the Auroville Film Institute, from 20 March to 2 April

- 10am—5pm in Video Room, Kala Kendra & Harmony Hall in Bharat Nivas
- For details visit: <https://filmstitute.auroville.org/2023/02/05/acting-in-cinema/>
- For registrations contact: Richa Hushing +91 9969879319

bharatnivas-kalakendra@auroville.org.in

0413 2622488, 9442121315, Tapas For Kalakendra

THE AUROVILLE CHOIR

Call For Male Singers

We, the Auroville Choir, are looking for more male voices to join us. Specifically we need 4 tenors and 2 basses. If you have some experience in singing, consider joining now!



The program for this year includes music by Purcell, Vivaldi, Mozart, Gorecki, Gjeilo, Whitacre, Jenkins, and others.

- Our rehearsals take place every Thursday from 6—8pm at CRIPA (in Kalabhumi).
- In addition, each voice has a separate rehearsal to study the music.
- For the male voices it's every Tuesday, 6:45—8pm in Pitanga.
- If you are interested in joining us, please contact Nuria at 7639191307, +34 663472313 WA or nuria@auroville.org.in

Looking forward to hearing from you! Nuria

AUROVILLE HARMONIES

Women's Choir Singing the World Conducted by Antoine



Concert in CRIPA

- Friday, 24 March, 6:30pm
- Tuesday, 28 March, 8pm

Thanks in advance, Antoine

Activities

REDUCE YOUR WASTE

Tuesday, 28 March, 5:30pm, Hive Coworking Space at Auromode

Dear All, Auromode Hive would like to invite you to a Workshop "Reduce Your Waste to the Minimum in 5 Steps with Laure" at Hive Coworking Space.



Laure has been living a nearly zero-waste lifestyle for 5 years. During this one-hour talk, she will:

- Share an easy methodology in 5 steps to reduce your waste to the minimum
- Show and explain how she keeps her waste low in Auroville
- Answer all your questions.

Follow her journey on Instagram: @Ecolorette

Dhesh
for Auromode Hive Team, www.auromode.in
7092197375 WA

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

- +918637633696, bakisatadance@gmail.com

Mani, @bakisata_dance



SALSA DANCE CLASS

Beginner Class:

Every Tuesday, 6:30pm

- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba

- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:** +918637633696

Mani, @bakisata_dance



AUROGAMES SESSION AT HUMASCAPE

Sessions with Aurogames help develop concentration and memory. Open to all ages from 6 year old on. The sessions take place in small groups, for a better stimulation of the children. For individual sessions, it is best to make an appointment.



- Sessions take place at **Humanscape**, the community building
- Tuesdays, Wednesdays and Thursdays, 4—5pm
- Limited places, please reserve and confirm your venue.
- Possibility of private session on appointment only.
- Free of Charge

Geetha 7094688421,
Veronique 9488512678

WHISPERS OF SERENITY

**A soulful evening of Dhrupad
by Niloy Assan & Roman Das**

- Sri Aurobindo Auditorium, Bharat Nivas
- Thursday, 30 March, 7—8:15pm.

Announcement

Roman Das, the Pakhawaj player is available on Wednesday, 29 March, for private class or a workshop in the afternoon in the Music Room near Foyer/Bharat Nivas. All those who are interested, thank you for registering by mail to bharat-nivas-auditorium@auroville.org.in



Regards, Vani BN Cultural Tea

ANALOGUE DARKROOM WORKSHOP

Centre d'Art, Citadines, Auroville by Sasikanth Somu
6, 7 and 8 April 2023

Program & Timings

- Thursday, 6th, 2—5pm: Brief look at History of Photography & Introduction to Film Camera.
- Friday, 7th, 9am—2pm: Film photo shoot (in your own time), 2—5pm, Develop your roll of film.
- Saturday 08th, 9am—12:30pm & 2—5pm (one can choose either of these sessions) Printing Contact Sheets & photos in the darkroom.

The workshop fee for Guests is Rs.3000 inclusive GST 18%. The workshop is free for Aurovillians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.



- Registration Contact: centredart@auroville.org.in

All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution. Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in.

While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Kind regards, Sergey

FOOD FOREST TOUR

Every Sunday, 9:30—11:30,
at La Ferme Community
(5min from AV Bakery)

Sign up and infos:

- 9047421044 WA, Sarah
- sarah@auroville.org.in,
- www.youtube.com/myfoodforest

Submitted by Sarah



LAST WEED WALKS FOR THE SEASON

Time: 7:30am to 8:30am (upto 8:45am)
Venue in Auroville: TBA before the walk
Pre-registration required (max 10 people)



Edible Weeds Project @ Pranimverse

Submitted by Nina

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, 9am—12noon, starting from Solar Kitchen

Indian cooking

- Every Saturday, 2—4pm, at Creativity.

Thai Massage

- Everyday after 5pm

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com



Rupavathi Joy

SVARAM WORKSHOPS

Dhrupad and Nada Yoga Workshop

- Pitanga, 9:30am—12:30pm, 28 March
- Info and Registration: svaramprograms@gmail.com

The session welcomes anyone who is interested in incorporating a meditative approach to music in their individual sadhana, including classical music enthusiasts, yogic sound and music practitioners, and music students who seek to learn more about the foundations of Dhrupad and Indian classical music. No prior background is required to participate in the session.

The session will center on the unique voice-training techniques of Dhrupad/ Naad Yoga. Specifically, the session will delve into the basic method of the long vowel Akaar, which aims to enhance the voice, voice resonance fluctuation, and other aspects of vowel and consonant pronunciation, breath control, and silent internal processes used in Dhrupad. These techniques are not only crucial to Dhrupad singing but can also be applied to voice training across various singing genres. Each concept will be introduced and explained through practical singing exercises.

About the facilitator: Niloy Ahsan is an unconventional vocalist, mastering a distinctive repertoire, and an in-depth understanding of the traditional style of Dhrupad-Dhamar. He belongs to the majestic Dagar Gharana. He has been trained by stalwarts- Padma Shri Ustad Wasifuddin Dagar and Padma Shri Gundecha Brothers.

“Sound of Silence” with Gongs Workshop

- 25 March, 2—5:30pm, Pavilion of Tibetan Culture,
- Info and Registration: svaramprograms@gmail.com

An immersive experiential vibratory workshop, open to all. No previous experience with instruments, music, or sound. If you can feel vibration this is for you

Who is this designed for:

- Students from first-time players to gong masters who are interested in a very different approach to gong play.
- Anyone wanting to experience the subtle energies through the gong’s rich overtones.
- Balancing science and sound we will explore the subject of vibrational therapy through hands-on exercises and presentations.
- Unlike typical gong baths and workshops, we will practice the art of gentle play, deep listening, and meditation.
- Introduction to an entirely new set of tools for the gong.

About the facilitator: Farid functions as an integrative wellness coach and researcher around the science of sound and collaborated with makers, musicians, scientists, doctors, and educators from several countries to develop new modalities of sound as medicine.

Regards, Bondeepa, SVARAM
Musical Instruments & Research
Kottakarai, 0091 413 262220
svaramsoundhealing@gmail.com



SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact
Mani, +91 8637633696

Submitted by Mani

Work Opportunities

LOOKING FOR A MANAGER



Surya Performance Lab is a dynamic professional dance-theater group based in Auroville. It is an activity under the Auroville art service that creates shows, does tours, workshops, and artistic research.

We are now creating a new show, and we are looking for a manager who can assist us with project management, marketing, and communication. Fluency in English is required, and knowledge of Tamil and/or Hindi is appreciated but not mandatory. Skills and experience in management and communication are expected.

- It is a full-time or part-time job.
- Volunteers, newcomers and aurovilians are welcome. Surya Performance Lab can offer little contribution.
- **Contacts:** suryaperformancelab@auroville.org.in, cell: 8903869078

Thank you for your support and Seva.
Thierry and Philippe, 8903869078

THE SCHOLARSHIP & EDUCATIONAL FUND

The Scholarship & Educational Fund (SEF), a sub-unit of SAIER, is looking for an Aurovillian who is capable of taking up the administrative tasks of the SEF. Currently these are being handled by three persons as there is no one who has the time to take responsibility for all of them.

The tasks are as follows

- correspondence with SEF applicants and verifying completeness of applications; calling for meetings of the SEF team (and students) and recording of meeting minutes; photo documentation;
- arranging with SAIER accounts section for the release of funds to students as per team agreement and as per documentation of payments;
- monthly cross-checking of accounts with SAIER, Unity Fund and FS; on excel sheets, handling internal account status from different sources, updating on outstanding student loans and on funds available for granting loans;
- following up on repayments from students;
- fundraising;
- surveying of SEF beneficiaries in regard to studies & occupations;
- annual reports to SAIER and to donor agencies.

For the first few weeks or months, this is likely to be a full-time job; later the work will be a part-time job.

Decisions on loans to students are being made in team meetings—about ten a year—when the team also meets new applicants and their parents. The present team consists of Auralice, Chali, Davaselvy, Devi Namasivayam, Lucas, Palani, Suryagandhi, and Vennila.

If you are interested in this work, please write to scholarshipfund@auroville.org.in.

Thank you, Lucas

Looking For

Looking For A North Indian Cook



Dear Friends, I am looking for a North Indian cook for lunch and dinner. If you know an Amma, please let me know. My number is +919999988843 and email ID is divyanshi@auroville.org.in

Looking for a space of 200 to 300 sq feet

Hi, this is Anand, manager of Wellness Woodcraft, an activity registered under Kattida Kalai trust. I am looking for a space of 200 to 300 sq feet inside our community to set up my workshop plus training center.

Wellness Woodcraft makes sustainable eco friendly wooden hand made handicrafts and kitchenware and home accessories.

I would be grateful if you could get in touch with me at the below mentioned contact details. In case you have space to provide for my activity.

Anand Rajan, 9952589649
wellnesswoodcraft@auroville.org.in,

Seeking House Sitting

As my newcomer process has concluded, and I am awaiting housing to complete my Aurovillian process.

A sincere, humble,DIY (do-it-yourself) person by nature; has a neutral mind; takes good care of the space/environment, and materials. Animal and nature lover; especially conscious of hygiene and cleanliness.

I am single; looking for an economical Auroville housing for 1 year; also as a requirement for concluding my newcomer period.

- Workplace: PTDC.
 - Current residence: Maitreye-2, Newcomer housing.
 - Contact Details: 7892832343 Call, WA, Telegram, Signal
- Warm regards, Karan



Looking for Percussion Instruments for Children

Thamarai would be happy to get some donated instruments (used or new) that children in our projects can use in circle time activities. We need instruments that can be easily played without training such as percussion instruments rather than guitar etc...

Please contact Jagrata till 3 April on +491719355661 WA for further details or mail: jagarata@gmx.net or thamarai@auroville.org.in

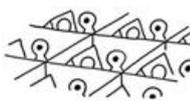


Jagrata

Seeks a Heating Pad

I need a heating pad to ease my neck pain. I got a pad for cold but not for heat. I can even offer an exchange if you want it.

Ivana, 7094344154, Ivana.frousova@yahoo.co.uk



House sitting

Hello friends, I'm Lakshmi, Aurovillian, looking for a long term house sitting. I like cleanliness, beauty, and neatness. I will take care of your house as if it were mine. If you have anything to offer to me or if you know someone who does please contact me at: 8489764602 or lakshmiprem369@gmail.com.



Namaste, Lakshmi

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day from 6am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us: sadhanaforest@auroville.org.in, WA 8525038274 or call 8122274924.

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

INNER CLIMATE ACADEMY SEEKS ASSISTANCE



Inner Climate Academy (www.innerclimateacademy.org) is seeking a volunteer to assist us with speaking, reading and writing Tamil. The role has flexible hours, amounting to one day per week. An interest in environmental issues is essential and experience working with local communities in Tamil Nadu would be a bonus.

Please contact Amy on amy@innerclimateacademy.org www.innerclimateacademy.org

Inner Climate Academy (ICA), Amy

Available

Sofa & Glass Dispenser Available

- Maroon 3 seater sofa cum bed from urban leaders. 3 years old. Maroon fabric. Towards contribution. Please call Kay 9943368410
- Glass dispenser with tap from Currimbhoy's. 5,5l capacity. Please call Kay 9943368410



Thank you, Kay

Bajaj Dominar Available

2017 Bajaj Dominar 400 ccm ABS, 47000 Km good condition, towards contribution

9444247688, Jurgen



Quality of Bamboo panels available

Quality of Bamboo panels available for fencing purposes 5.5 feet * 5 feet, sizable bamboo panels for fencing purposes available in large quantities



Ramakrishnan, 9943919899, ramkrishna@auroville.org.in

Lost and Found

Cycle found at Matrimandir

Cycle found at Matrimandir, second banyan, after the February 28 bonfire. Contact John at 2622153, 2622228

Thanks, John





Taxi Share

To Chennai Airport, Monday, 27 March, 10am

To Chennai airport on Monday, 27 March, around 10am from Auroville to Chennai airport. +82 1096101647 WA SunMi, +91 9487644182

To Chennai Airport, 29 March, 7pm

I'm leaving on the 29 March, at 7pm from New Creation, Claude Jouen House to Chennai Airport. Please contact Nadia, nadia.loury@orange.fr, +33 607634492 WA

Nadia

To Chennai Airport, 1 April, 9:30pm

Sharing a taxi from Auroville to Chennai International Airport, around 9:30pm on Saturday, 1 April in order to catch a flight in the morning.

Please call +91 8015043812 or WA +39 3248276121.

Viola

Foods, Goods and Services

ECO FEMME OPEN HOUSE

Every Thursday morning from 10:30am

Dear friends, join our open house at our office in Auroshilpam every Thursday morning from 10:30am. Come and learn about sustainable menstrual products and our not-for-profit programs and pick up discounted cloth pads, cups and cloth nappies.



See you soon!

The Eco Femme Team'

SOUL OF THE SOIL

Offers its services voluntarily in gratis for the below areas only to individuals/activities who/which do not have a qualified and experienced in-house resource.



Focus

- Startups: Products and Services
- Concept Note Writing, Project Proposal Writing, Application Form (With Predefined Questions) Preparation, Financial Projections, Donor Acquisition Documentation: Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details

- Surajkiran, 9884204918 Voice and WA
- surajkiranv@gmail.com, Auroville

Regards, Surajkiran

GOYO, KOREAN SILENT RESTAURANT IS OPEN

After a long~ long~ Silence, Goyo, the Korean silent restaurant in Luminosity, opens again for lunch on Tuesday and Thursday in February & March. Please book for lunch minimum a day before by SMS



9489693809 or goyo@auroville.org.in We are happy to host you with special ambience and Korean home style cuisine. Please book for lunch minimum a day before by SMS 9489693809 or goyo@auroville.org.in

Korean tea ceremony

Also there will be a Korean tea ceremony on Monday, Wednesday & Friday at 2:30 or 4pm at Goyo hosted by Mint & Imsoon.

- Please book it +919489904112WA or mint@auroville.org.in

Peace Goyo With gratitude,
Won Ja & xMint for Taste of Korea

Voices and Notes

A LETTER TO DR. JAYANTI RAVI, Secretary of the Auroville Foundation



To:

Dr. Jayanti Ravi

Secretary of the Auroville Foundation

Foundation Office

Auroville

Cc: Governing Board, International Advisory Council

Auroville, March 6, 2023

Dear Dr. Jayanti Ravi,

We would like to thank you for your hospitality to meet us and the International Advisory Council at your office on February 18. We appreciated the opportunity to give personal introductions by each of us as well as the open atmosphere and opportunity to discuss and exchange on several important issues.

Responding to our questions you emphasized that there is freedom of expression in Auroville. This affirmation is very important to us and for our work in our countries. In line with this mutual view and aspiration regarding the ground reality, we would like to ask you:

- To arrange for everyone to be able to use free and uncensored e-mail traffic, as it used to be;
- To allow the editors of News & Notes to be inclusive and include the reports of the RA groups as well, as it used to be;
- To ensure that Auroville is free from harsh censorship, so that it can again become a real hub of internal communication within Auroville;
- To take care to ensure better communication and flow of information to the whole community, built upon Auroville and worldwide recognized standards such as due process, proportionality, sincerity and substantiating allegations.

We all agreed and shared the aspiration that all groups should work together to manifest Human Unity and the City the Earth needs. The Residents' Assembly, one of the three core pillars of the Foundation, has been crippled. This is one of the reasons why communication between the Foundation and the community isn't developing in a healthy way at present, which also hinders progress in the building of the City.

In the interest of genuine communication and sound dialogue, in the way that Sri Aurobindo described in Human Unity, which implies that all three bodies are interdependent and thus work together at the highest level, we would like to ask you to restore the Residents' Assembly and its Working Committee in their proper legal positions. We suggest you consult with the Residents' Assembly Service which is using the Masterlist to control the eligibility of who is allowed to vote. We encourage you to update the Register of Residents as soon as possible. The update may resolve any speculation that the lack of progress in the update prevents residents from expressing their voice in community affairs. There is also the all-important issue of ensuring visa secu-

city for those who live here and those from abroad who are supported in their plans to volunteer or settle in Auroville by our AVI Centres. We support you in your wish to encourage and attract young people from all over the world to participate in building Auroville. A key factor for people coming, and staying, is the housing need and the assurance of a reasonable period of ongoing visa stability. Can you offer them the housing and visa security to make our work for Auroville sustainable?

We all expressed our support for the Dreamweaving process. We have provided some support for the operation of this process. You invited us to encourage the Dreamweaving process, which could also be applied in other fields of Auroville's community life. As regards the City building, we understand that this collective process has been abandoned in favour of an authoritarian approach to city planning, characterised by a lack of communication, damaging effects and negative results for the current mobility in the city.

Our recent initiative to invite both groups working on town planning to sit with us and talk together about the current state of play regarding the Dreamweaving results unfortunately failed. The ATDC, the internal working group of the Governing Board, did not want to join a meeting with the TDC selected by the Residents' Assembly. Therefore, we urge you to do all in your power to reinstate this work in a genuine way and in the spirit of the original process. This would engender a far greater support from the community for the planning of the city. We are still in favour of applying the approach of the Dreamweavers and look forward to the results of the Heart Weavers as well.

Finally, we would like to ask you to give clarity about the position of Friends of Auroville as they don't picture in the new Housing Policy document. Does this mean any change in their status as stewards?

Looking forward to your answers and into designing a constructive way forward towards re-creating Human Unity in Auroville and building the City the Earth needs,

Yours respectfully,

Christian Feuillette Friederike Mühlhans
 Chairman, Auroville International Secretary,
 Auroville International

Email: chairperson@auroville-international.org
 Email: secretary@auroville-international.org

On behalf of the AVI Board

SERVICE RING/CROWN ROAD AND STREETS...

Mother's Car-Free City...

The new cities, today, are car free—and so are large sectors of the old ones, restructured accordingly. Is it surprising that in planning Auroville as a futuristic town cars were entirely banned? "Huge parking areas await us, since no cars run within Auroville" Roger Anger replied—one way to introduce "the city the earth needs". From the first report he submitted to the Mother, on whose margins she commented, 7.9.1965:



"The mobility principle in Auroville must be defined right now. Shall we allow the presence of cars? Probably in just a few years India will know, same as Europe and the US, the major urban problem the automobile is. The reign of cars has conditioned the urbanism of the 20th century and continues to tyrannize it. Although outdated, and everybody knows it, still the automobile strives at its best to create hell inside the cities and kill the outskirts. Therefore, the option to follow is to forbid and suppress the usage of this means of transportation within the town—and replace it by another, more hygienic, less cumbersome and noisy, more aesthetical, maybe newer if possible."

Heralding Auroville as the first car-free city in the world, this report contained 'in nuce' the whole planning concept. I will never forget the moment Roger handed over to me a copy, the first of many documents to follow: it was an initiation. "The Avatar's Model town" was my first compilation, on behalf of the Centre for Human Unity founded by Kireet; distributed along with the News as the successive compilations.

Below is how Mother's architect introduced the crown road (in the Galaxy album, the service ring) and the requalification of streets; this early interview for the Auroville magazine "1" referred to the yin-yang model, 1967, on whose postcard the Mother wrote "the town of the future". It was re-published in March-June 1971 in the Journal of the Indian Institute of Architects (JIIA).

"... We are going to create a shade-architecture that will allow for undercover traffic and sudden outbursts of light within patios and hanging gardens. Within this ring a bustling life will exist, the town's vital soul. The ring itself, encircled by a hundred-metre-wide canal where small artificial islands will provide a rhythm, will be the intersection of all sectors, the town's centripetal focus. This is where, in addition to the fairy-like charm of canals, the main exchange centre will be located. Here one will find theaters, sports grounds, recreation halls, forums for meetings, hotels for visitors who will come here to participate in the activities of Auroville."

Also:

Q.: What have you planned to facilitate the meeting of man with man?

R.A.: Auroville will attempt the rehabilitation of streets, a change from rush-ways to a satisfactory and happy system of circulation for man, from meeting place to meeting place: squares, fountains, gardens, pools, staircases, wings of shade, sudden shafts of light, etc.

In the residential zone these streets, with all their meeting places, will become arteries for creative neighborhoods (not dormitories!) of people enjoying some particular common activity that will be their distinctive mark, a source of unique self-giving to others. There will be auditoriums, amphitheatres, research and leisure centres, restaurants and shops for several such neighborhoods. Finally, in the cultural zone, installations will be built where the whole town may enjoy festivities with as many as 100,000 visitors.¹ ..."

The liveliness of the ring/crown nurturing a feisty atmosphere, in the no-cars city, goes along with the rediscovery of the street fostering human encounters as in the beautiful cities of old. Key-points that the Billinger/Helmut plan, 2001, will highlight—inspiring the plan by L'Avenir, endorsed by Roger, in February 2005. At that time feasible, neither plan was implemented.

In the Galaxy all cars and polluting vehicles halt outside the greenbelt to be. Two outer parking lots were already featured in a map of the yin/yang model, 1967. A large agricultural zone (in Mother's self-sufficient city a recurring element) was envisaged too. Asked "Would you like to take us on a science-fiction pre-visit to Auroville... by car...?", Roger replied: "Huge parking areas await us, since no cars run within Auroville."

An article in the French magazine Planete, 1968, calling to Auroville so many youths, explained: "As for transportation, if they exclude completely the car within the urban area, this implies monorails, minicars and mobile sidewalks for pedestrians."

And Roger, in conversation with Luigi and Aryamani, 10.3.1996:

"Nothing stopped us at the concept level. We thought of underground roads, of mobile sidewalks... everything was possible.

L.: Everything imaginable...

R.: Yes. That is how the Galaxy was born."

The town would be built via systems engineering by the Planning Research Corporation, collaborating with NASA for the Apollo Mission to the moon. Nothing was out of reach, nothing impossible, for the Mother and Roger.

The Galaxy—"the Avatar's model town"—is not an unfathomable model from space: it is the manifestation in matter of a mode of living, of serving, compelled from within. Willing servitors of the divine consciousness... Only the gnostic supramental consciousness can manifest the ideal society; Mother's town, named after Sri Aurobindo, is a signpost. This demands relinquishing the cravings and greed of the infrarational age; overcoming the subjective age too, fully entering the spiritual age.

The admission form to be signed by the Mother to be accepted commences with the text "To be a true Aurovilian": psychic being to the forefront. Unless this is established and rules, Their town remains a chimera.

¹ Regarding the 100 metres wide canal encircling the ring/crown, Roger has always been fascinated by the use of water in architecture, and boats are seen in this plan. However, having to face reality, in the Galaxy the only water bodies foreseen are the Matrimandir lake and the CIRHU's cascade. As for the hotels for visitors, the Mother will formulate guidelines banning money circulation and private business within the town; and about Matrimandir she will tell Roger "in principle not for visitors".

To Roger, my master of surrender, Paulette

ESPACE COMMUNITY

Recently an announcement has been made regarding stewardships within the "city" area by the Foundation Office (FO) appointed ATDC and FAMC. As a response, I wanted to share about Espace, a Forest Group managed land located partially within the "city" limits, as it is clear that very little information has been shared about how lands are managed as forest or similar in Auroville. This is just an example.



Espace was started in 2002 by me—it was a monoculture cashew plot that had just been purchased by Auroville and someone needed to fence it and protect it and since it was in the "green-belt" (as designated in the masterplan). The default was to either plant

forest or farmland on it. The soil was deemed not suitable for farmland by the then Green Group and as such it was to become forest.

Shortly afterwards I also started taking care of several acres that had been managed by what used to be Fertile Windmill (now Baraka) as it was a plot that was too far for them to manage, and it made more sense for me to do so as I was able to. Several years later, after the main area was secured, fence-wise and by making good relations with the neighboring private landowners, three more plots, which are much more remote and isolated, were added to Espace.

I currently manage this area with Manolo. We receive no budget and no maintenances for this work.

It is about 10 acres. We have drawn up a management plan of the area, as can be seen below, for the time being.

Current responsibilities

- Keep both overhead electric lines clear of vegetation (Tamil Nadu and Pondicherry) (317 metres)
- Keep paths clear
- Keep an eye on trees that may fail near accessways and buildings. Remove if necessary
- Be familiar with AV Forests Long Term Management and Stewardship Criteria document
- Be familiar with management plan of Espace

- Adhere to or evolve management plan of Espace
- Maintain fence-line both in terms of fence integrity and vegetation growing into neighboring land (1255 metres)
- Maintain good relations with neighbors
- Remove opportunistic creepers that negatively affect growth of trees
- Prune trees to improve timber value as and when it makes sense
- Harvest dead wood and sell it
- Investigate when it sounds like someone may be encroaching upon managed land (poachers, wood thieves, JCB work)
- Communicate and coordinate with Land Board for disputes, fencing and potential land purchasing
- Improve and maintain social food forest area



Prior responsibilities

- Select, obtain and transport seedlings in planting season
- Dig and plant in the planting season
- Create bunds for stormwater management

The idea in the medium term was to make a path through the social food forest area all the way to the Nine Palms dams for people to be able to use for recreational or educational purposes. I have conducted numerous walks, open to the public, over the years for this purpose.

Conclusion

Trying to understand how the FO appointed ATDC and FAMC would manage this place:

Without it costing more money than Auroville is currently contributing to it

- Having no proper maps or orientation of where things are/ which plots are to be managed (I have communicated the location several times due to issues such as the mis-location of structures and boundaries)
- Having no trained staff nor being in contact with people of competence for carrying out this sort of work
- Having no management plans
- Having no contact with or recognition from the Forest Group due to the manner in which they have acted, since quite some time

Having managed Espace for almost 20 years, I have never been approached by any Town Development Council (or of anything with a similar name) to do anything with it. Every aspect can surely be improved upon, and it certainly needs to fit into an overall plan but now it seems that the FO appointed ATDC and FAMC want to claim ownership on the management of it with the pretext of removing ownership. So, approximately 10 people, with no land management experience, want to now decide what happens on this land instead of people elected by the 45+ people from the Forest Group who have decades of experience in managing this sort of thing? All this to do what?

And finally, as an aside, a little bit about the vegetation used as there is very little knowledge that it is the nearly extinct [Tropical Dry Evergreen Forest](#) (TDEF) type or East Deccan Dry Evergreen Forests species of which seeds have been [recovered from temple groves throughout Tamil Nadu](#) since, everywhere else, [most of this vegetation has been wiped out](#). This is the vegetation adapted to the region and therefore the most suitable to plant. Again, it is not to say that we need to plant this everywhere, it is to say that this is something that should be considered as one of the main sources of vegetation choice due to its suitability. Density and location of vegetation are different topics.

Island

WHY A GARDEN CITY AND NOT A FOREST

Introduction to the psychology and terminology of Mother India:

Purusha = Spirit; Divine being; God; the Supreme One

Prakriti = Nature; body-life-mind; objectified vessel of God evolving from imperfection to perfection; transitional; progressive; ever-changing; matter, mineral, vegetal, animal, flora, fauna, all Earth life forms and species

Psychic being = spark of God evolving from ignorance to gnosis, from sleep to awakening; the individual Purusha in Prakriti

Human being = Psychic being + Prakriti; Homo sapiens species

Avatar = direct incarnation or emanation of God in a human being

Auroville = project or agenda of the Avatar to hasten the evolution of the human being towards perfection

Sri Aurobindo and the Mother = Double Avatar that has brought down to the Earthplay the new Supramental Consciousness-Force

Supramental = beyond mind

Supramental being = New being evolved from transitional human being; totally new species

The synthesis and understanding, the rationale of Auroville as a Garden City of Dawn, Cradle of the transitional beings, and not a forest:

Matrimandir - The Soul of Auroville:

• <https://www.youtube.com/watch?v=FBkFpwuVZJU>

To Thee Homage:

• https://www.youtube.com/watch?v=_GbJznFogY

From the Avatar:

“Every time a god has taken a body, it has always been with the intention of transforming the earth and creating a new world. But till today, he has always had to give up his body without completing his work. And it has always been said that the earth was not ready and that men had not fulfilled the conditions necessary for the work to be achieved.

But it is the imperfection of the incarnate god that makes the perfection of those around him indispensable. If the incarnate god embodied the perfection necessary for the required progress, then this progress would not be conditioned by the state of the surrounding material world. And yet without any doubt, interdependence is absolute in this world of extreme objectification; therefore a certain degree of perfection in the manifestation as a whole is indispensable for a higher degree of perfection to be realised in the incarnate divine being.

It is the necessity of a certain perfection in the environment that compels human beings to progress; it is the inadequacy of this progress, whatever it may be, that drives the divine being to intensify his endeavour for progress in his body. Thus the two movements of progress are simultaneous and complete each other.”

Words of the Mother, Volume 15

• https://sri-aurobindo.co.in/workings/ma/15/vol_15_e.pdf (read very carefully and understand pages 278-282)

And decide whether to consciously participate or not in the Auroville of the Double Avatar, the Auroville of the transitional beings and willing servitors of the Divine Consciousness-Force towards the manifestation of the Supramental being, the Auroville that is the City of Dawn.

More information on the ongoing progress of the Matrimandir Gardens are here, which will eventually be extended to the entirety of Auroville as the Garden City of Dawn:

• <https://matrimandir.org/gardens>

• <https://drive.google.com/file/d/1NZx4eDiC174tc3utyKZzojBJDwdbW87d/view?usp=sharing>

*Om Namō Bhagavate,
Zech, 2023.03.20*

WATER MATTERS



I saw someone feeding dogs on the beach. The dogs refused to eat kibble. It wasn't because they had never seen it before as may have been expected, but rather because they had no access to water to drink. The summer is coming, and one way you can help all animals—birds, dogs and even cows or goats is by putting out

large bowls or tubs of water where they can easily access it. We all know what dehydration can feel like! If you would like a large water bowl and can commit to filling it with clean water, then I can try to get some made of concrete for you.

• Please get in touch +91 9488483286 WA only/ nandita@sharan-india.org with your name, so if there are sufficient numbers, I can order some.

On another note, animal agriculture is the leading cause of climate change, and, even conservatively, it is the cause of 1/3 of the greenhouse gasses, and definitely one of the largest causes of deforestation, loss of biodiversity and water shortages. So here is what we can all do—reduce the consumption of animal products by replacing them, if really needed, with alternatives. We are so lucky that reasonable alternatives to milk, cheese, curds and paneer are available and so are a lot of meat alternatives. Or improve your health by eating more fruits and vegetables instead. If new dairy farms are opening up in Auroville, it's because of a perceived demand. The resulting drought can be harmful to all. We need to act collectively.

Nandita

Classes, Workshops & Healing Arts

VIPASSANA

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) are welcome to attend a half-day Vipassana course at Udavi School in Auroville.



- **Every Sunday, 8:30am—12:30pm**
- You can also drop in and join as long as you wish.
- No registration is required.
- **Venue: Udavi School** (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location here.

Contact: Sanjay Tumati, +91 8790982210 WA, sanjay@aurauro.com

Laure, +91 8807434864 mob.
+33 695651135 WA

MINDFULNESS MEDITATION WITH IVANA

Mindfulness meditation has many benefits for every practitioner. All are welcome!

An explanation will be given at the beginning of the class and practice will be after for 20 minutes. It is free for everybody.



Any necessary cancellation of this class will be published at <https://auroville.org/in/front>

- **Venue:** Hall of Light, Creativity, Auroville
- **Time:** 12:45—13:15, Daily from Monday till Friday
- **Polite Notice:** Please be on time and keep your vehicle at the parking place of the Hall of Light.
- **Contact:** ivana.frousova@yahoo.co.uk

Submitted by Ivana

AUROMODE YOGA SPACE

Auromode Yoga Festival

March 29 to April 7, 6:30—9:30am

Every day except Sunday,
Practice, Practice, Practice



- 6:30—7:45am: Kriyas, meditation and pranayama
- 8—9:30am: Asanas—Hatha / Vinyasa flow
- Monday and Friday, 5:30—6:45pm: Vinyasa flow

We invite beginner to intermediate level students who have been practising yoga for a while to improve your self practise and discipline.

- For more information: balaganesh.siva@gmail.com
+ 91 9892699804 WA

Best regards,
Balaganesh SIVA

AUTHENTIC RELATING WORKSHOP

Tuesday, 21 March, 5:30—7:30pm

With Prem Shakti @ Bharat Nivas Harmony hall



The intention of this offering is to create a safe container for heart centered, authentic expression that leaves us more alive and resourced, so we carry the light into the world.

On coming Tuesday we will explore:
An art of letting others go. **Shakti**

SUNLIT PATH ACTIVITIES

Healing Sessions

Healing Sessions by Giacomo Colomba at A Sunlit Path, organised in collaboration with Abhaya, an Auroville activity of ASSA.



Ayurvedic Marma Massage

Ayurvedic Marma Massage is an energy healing practice based upon knowledge of the vital energy points known as marma points. Marma therapy clears stagnation in the vital energy points and restores vitality in the body. Unlike massage that works at the level of musculature, working at the layer of energy requires a gentle, light touch by the masseur. Ayurvedic Marma Massage's potential to harmonise all aspects of the physical and mental body is tremendous. A clear and strong intention held by both the therapist and the client activates this immense healing possibility.

Archetype Reading

In Psychology, the Archetypes are the universal language of the unconscious and our inner self constantly communicates to us with it. Art, visualization exercises, self contemplation and dreams retelling are among the best tools to approach the inner alchemical processes that are happening in us and that are using this ancestral universal language that cannot be learned nor forgotten. Through this language, our Self can communicate to us bypassing the psychological areas damaged by traumas.

- **Giacomo Colomba** is a writer and researcher on Integral Yoga, Hermeticism and Posthuman Philosophy, a martial artist and an Ayurvedic masseuse. You can read more about him at <https://www.asunlitpath.org/giacomo>
- To book a session: 8870988843 WA.

Warmly,
Sudha for Abhaya Team

YOGA CLASSES

We will have 2 yoga classes this week in Anitya, offered by Wani, our friend from Austria. Save the dates!

- **Sunday, 26 March, 9am**
- **Wednesday, 29 March, 5:30pm.**
- For all levels. Donation based.
- Contact Wani for info: +917845720801

Mathilde for the Anitya—Joy of Impermanence team



STRAIGHTEN YOUR SPINE,
BALANCE YOUR MIND & EMOTIONS



AYURVEDIC HEALING

Angam tree welcomes you at the Auromode campus (right next to Hive co-working space) to receive relaxing and healing massages by Raja and Laure.

- Raja gives Ayurvedic acupressure and deep tissue massage with holistic healing.
- Laure gives Ayurvedic deep tissue oil massage.
- To book an appointment: +91 9751395939



Laure

21-DAY ULTIMATE HEALTH CHALLENGE

3—23 April

We're happy to recommend the upcoming 21-day Ultimate Health Challenge facilitated by the Satvic Movement team (satvicmovement.org) team from 3—23 April, 2023.

- It's an online program with sessions every morning from 6 to 7am.

Support Group in Auroville

Over the last few months some of us in Auroville who had taken this online program have come together for Satvic cooking workshops, potluck meals and sessions to learn and reflect together. On Sunday, March 19 we had a potluck meal and a session with 40 participants and the group is steadily growing.

For the 21-day program in April 2023 also we will be forming an informal support group for residents in and around Auroville. The support will be offered in the form of collective study and reflection circles locally as well as an exploration of a community kitchen experiment that serves whole-food plant-based vegan dishes. We will also read and reflect on excerpts from the book 'Integral Healing' which has a compilation of Sri Aurobindo and The Mother's writings on health and healing.

Registration

- You can sign up for the program on ultimatehealthchallenge.in

It has a fee which you can directly pay to Satvic Movement. It's also important to clarify that Samskritam Auroville team neither takes any financial incentive from this program nor charges any fees for the services and support. We offer all our learning programs and services as an unconditional gift and we run solely on voluntary donations.

- To know more or to join the support group, please write to us on devabhasha@auroville.org.in

All are welcome.

Warmly, Deven and Shilpa
For Samskritam Auroville and Bharat Nivas team



JIVA

Your Journey In Healing And Transformation

www.auroville-jiva.com, WA 9626006961
contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

ReiKi Healing Sessions with Niyati

- 9626006961WA, contact@auroville-jiva.com

The Art of Dying

- Webinar 14-16 March, 4:30—6pm, With Sigrid Lindemann in cooperation with Namah
- 9626006961WA, contact@auroville-jiva.com



Integral regression therapy

- Intro Session 24 March 7- 9pm ONLINE
- Intro Session 24th March 10-1pm in AV @ Integral Health, Prayatna
- Individual therapy sessions of 2-3 hrs are offered by Sigrid on request.
- The first of 7 modules consisting of 2 webinar sessions will take place in March 2023,

Mirrabelle offers webinars, classes and workshops in "Natural Horsemanship"

- Individual and group sessions ongoingly
- Sessions afternoons 4-6 pm or mornings 8 -10 am
- Contact 9626565134WA, contact@auroville-jiva.com

2 Webinars Natural Horsemanship with Mirrabelle

- Horse Care and Management (5 lessons)
- What we can learn from horses about leadership (5 lessons)
- Contact 9626565134WA, contact@auroville-jiva.com

Acupuncture, Qigong, Shiatsu with Andres

- 9626006961WA, contact@auroville-jiva.com

Journey of the Soul

- 24 March, 10am—1pm
- A 1 day workshop to explore the "Layers of the heart"
- Venue: Sharnga Guest House Yogahall
- Contact@auroville-jiva.com

Transforming trauma

- 25 & 26 March, 9—5pm, Venue Sharnga Guesthouse
- 9626006961WA, contact@auroville-jiva.com

The way of the heart: 5TH Sufi Retreat with Nirupam

- 26- 30 March,
- A deeply meditative yet physically active retreat.
- Venue: CRIPA
- Info and Registration www.auroville-jiva.com
- 9626006961WA, contact@auroville-jiva.com

Integral Regression Therapy with Sigrid Lindemann

- 2-3 hr intensive individual sessions
- 9626006961WA, contact@auroville-jiva.com

Submitted by Sigrid

FAMILY AND SYSTEMIC CONSTELLATION WORKSHOP



Saturday, 8 April, 9am—6pm
Creativity Hall Of Light

Contact: Moghan, 9751110486
mehlemmoghan@gmail.com

Thanks Moghan

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966

Somatic Yoga Class with Linda Lee

- Saturday, 25 March, 10:30am—12pm
 - Group sessions: Saturdays, 10:30am—12pm
 - Individual sessions upon request.
 - No previous experience required!

Woga (Yoga in Water) 1 & 2 with Dariya

- Thursday, 30 & Friday, 31 March, 8:45am—6pm, 12 hours

Woga is the union of two words: water and yoga. It is based on yoga poses and stretches modified for warm water.

- No previous experience required (also no need to know how to swim).

Woga (Yoga in Water) Instructor Training Course with Gianni & Petra

- Saturday, 1—Thursday, 6 April, 8:45am—6:30pm, 42 hours

In this 6-day course, you will acquire the basics of Woga

- Prerequisites: Woga 1 & 2 and an activity as certified instructor in aquatic Guy

VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @ 0413 2622045,
2622606, 7867805812

or programming@verite.in, www.verite.in



Prevention & Reversal of Cognitive Decline with Lize

- Monday, 27 March, 9:30am—12pm

Declining brain function need not be a part of aging.

Mindfulness with Heart with Moller

- Tuesday, 28 March, 9:30am—12pm
- Thursday, 30 March, 9:30am—12pm

Mindfulness meditation takes us into the heart of our innate ability to be aware.

Optimal Longevity with Lize

- Wednesday, 29 March, 9:30am—12pm

"Die young, as late as possible".

Metabolic Syndrome: How to Reverse the Causes & Symptoms with Lize

- Friday, 31 March, 9:30am—12pm

Actionable strategies to reverse not only the symptoms but also the cause of metabolic syndrome, and prevent its progression to diabetes.

The Healing Power of Gayatri Mantra with Sabrina

- Saturday, 1 April, 9:30am—12pm

The Gayatri mantra connects us with the sun, giving us energy, and helps to purify body and mind.

Thushar, Programs Coordinator

Languages

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space

Tomatis

We are still processing the existing requests for Listening Tests and Consultations. Apologies to those who have been waiting a while. We are taking new enquiries, so feel free to place your requests with us; they will be added to the list.

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguage.org/tomatis-method.php>
- <https://www.aurovillelanguage.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Schedule of Classes

Language	Level	Time	Day(s) of Classes
English	Beginner & Pre-Intermediate	10:30—11:30am	Tuesday & Thursday
	Total Beginners To start soon	TBA	TBA
	English Conversation Group 1	2—3pm	Monday & Thursday
	English Conversation Group 2	3:30—4:30pm	Tuesday & Friday
French	Beginner Started 11 March 2023	2:30—4:30pm	Saturday
	Beginner for Teens To start 25 March 2023	11am—12noon	
	French Conversation Started 6 March 2023	2 -3pm	Monday & Thursday
Tamil	Spoken Beginner, Started 7 February 2023	9:30—10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start soon	10—11am	Monday & Thursday
Sanskrit	Beginner To start 6 April 2023	2:15pm—4:15pm	Thursday
	Intermediate To start 4 April 2023	2:15pm—4:15pm	Tuesday
Hindi	Beginner To start 5 April 2023	2:15pm—4:15pm	Wednesday
German	A1.1 Beginner	TBA	TBA
Spanish	Beginner Started 15 February 3	2:30—3:30pm	Monday & Wednesday
	Intermediate Started 22 November	2:30—4pm	Tuesday
Japanese	Beginner Started 11 March 2023	10am—12noon	Saturdays
Italian	Beginner Started 13 February	4—5pm	Monday & Wednesday
	Pre-Intermediate To start 4 April 2023	3pm—4pm	Tuesday & Thursday

Contact us

- 2623661 Lab
- 2622467 Tomatis
- +919843030355 WA only

The Language Lab's Opening Hours

Monday—Friday: 9:00am—12:00pm & 2:00pm—5:00pm.

Saturday: 9:00am to 12:00pm.

Location: International Zone, after Unity Pavilion & Pump House.

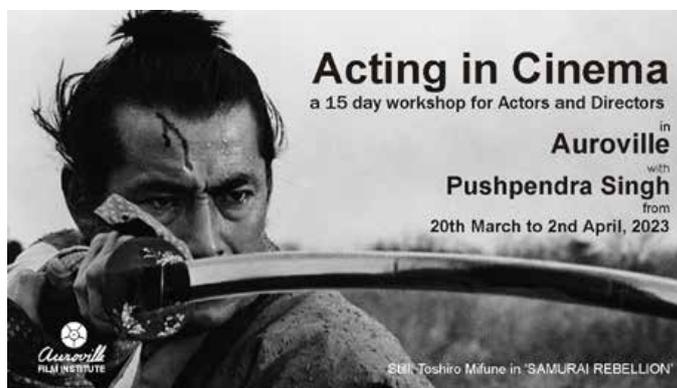
Email: info@auvillelanguage.org

Find us on    @aurovillelanguagelab
Auroville Language Lab Tomatis Research Centre

Vismai,
for Language Lab Team

Cinema

ACTING IN CINEMA



Submitted by Richa

THE FRENCH PAVILION PRESENTS En Corps (Rise)

A film directed by Cédric Klapisch
Saturday, 25 March, 5pm, Cinema Paradiso

Film in French with English subtitles, duration: 110 min

26-year-old ballet dancer Élise sustains an injury during a performance and is told she will probably never be able to dance again. She has lost her purpose and has to change her life. With the help of friends, she finds other work. This takes her to Brittany where she meets a company for modern dance. The new experiences and friendships rekindle the fire in her. Will she be able to dance again?



“Cédric Klapisch films bodies in motion with a rare fluidity; we are all carried away by the life force of a young woman who finds the courage to give herself a second chance.” — Le Journal du Dimanche

Thank you!
Vivekan



**At Multi Media Centre Auditorium, Town Hall
Reminder**

- Friday 24 March, "THE UNMAILED LETTER" by Mikhail Kalatozov, USSR, 1960

Friday 31 March, 8pm, "THE TASTE OF OTHERS"

- original title: Le Goût des autres



Directed by Agnès Jaoui, France, 2000

With: Jean-Pierre Bacri, Anne Alvaro, Alain Chabat, Agnès Jaoui, Gérard Lanvin and Christiane Millet.

Synopsis: Castella is a successful businessman caught behind the fast-changing times. More out of boredom than out of interest, he allows his wife Anglique to drag him to a performance of Racine's "Bérénice." Much to his surprise, he is overwhelmed by the power and beauty of the lead actress, Clara. Finally, these two polar opposites are forced together. Other characters and intermingling stories will bring more substance... This was the first realization of Agnès Jaoui, approaching the style of Alain Resnais and Claude Sautet. Using the comedy genre, she essentially deals with the theme of prejudice and contempt. The film won several prizes, including four César, and was nominated for the Oscar for best foreign language film.

Original French version with English Subtitles. Duration 1h52'

"CINE-master class"

- 5—7:30pm on Sunday, 26 March, at Aurofilm, Kalabhoomi (next to CRIPA)

If you like to discuss, share and learn more about films and Cinema, we invite you to our Cine-Master classes! Welcome to this chapter led by our special guest speaker Pr. Sivakumar Mohanam on: "The Spirit of 45" by Ken Loach (UK, 2013)

Overview: A Filmmaker and Film teacher (LV Prasad Film & TV Institute, and Loyola College, Chennai) Professor Sivakumar Mohanam will offer a presentation on Ken Loach's latest documentary film "The Spirit of 45" which will be screened and followed by an open discussion.

Synopsis: The film focuses on and celebrates the radical changes in post-war Britain under the Labour government of Clement Attlee, which came to power in 1945. Relying primarily on archive footage and interviews, and without a narrative voice over, the film recounts the endemic poverty in prewar Britain, the sense of optimism that followed victory in World War II and the subsequent expansion of the welfare state, founding of the National Health Service and nationalization of significant parts of the UK's economy. The film documents the extent to which these achievements, as Loach sees them, have since been subject to attack in the decades that followed, particularly under the Conservative governments of Margaret Thatcher in the 1980s. Loach said that the model for the film was "oral history, with pictures".

(Film in its Original English version with English Subtitles, duration 1h.34')
Susana

STUDY CIRCLE

Film Institute @ Auroville is delighted to introduce an open study circle, 6 to 8pm at the Video Room in KalaKendra, Bharat Nivas.



The Study Circle is designed in concurrence with the ongoing research and academic pursuits of the Film Institute Fellows. The sessions are open for all.

Upcoming Week's Schedule

- 6—8pm, Video Room, KalaKendra, Bharat Nivas

Monday	27 March	Screening	Passion of Joan of Arc (1928) , Carl Th. Dreyer
Tuesday	28 March	Screening	Uski Roti (1970) , Mani Kaul
Wednesday	29 March	Screening	On the Waterfront (1954) , Elia Kazan
Thursday	30 March	Screening	Meghe Dhaka Tara (1960) , Ritwik Ghatak
Friday	31 March	Screening	Nights of Cabiria (1957) , Federico Fellini

For more information write to:

- support_filminstitute@auroville.org.in
- contact AVFI fellow Kumud: +91 7592805013 WA
- Kalakendra 0413 2622488.

Warm regards, Richa, Auroville Film Institute

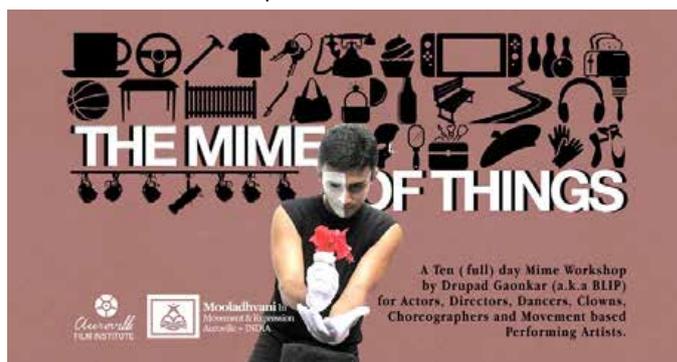
"THE MIME OF THINGS" BY DRUPAD GAONKAR

14—24 April.



Film Institute @ Auroville is thrilled to announce its upcoming workshop The Mime Of Things. It is a 10 days course on the subjective aspects of objective THINGS that we encounter in our day to day life and how Mimes use them as Metaphors to create A Poetry of the PHYSICAL.

This is part of the ongoing Non— Verbal Adjectives: an exploration of Silent & Non Verbal Art-forms project by Mooladhvani In Movement & Expression and Auroville Film Institute.



We are surrounded by things that seem inanimate in nature but hold some strange value in our lives not necessarily due to their general use and function but due to some subjective association we have attributed to them in course of our day to day interactions with those items. Sometimes they hold a fascination right from our first interaction and may continue to grow with the passage of time eventually dictating our interactions with everything else. Mimes know this all too well and use this as part a of their invisible world, giving what could be a cup, or a pen, a wall or to that matter a hammer; a life and an expression that is all hidden within us.

For queries and registration please visit :

- <https://filminstitute.auroville.org/2023/03/14/the-mime-of-things/>
- or call message : +91 9969879319 WA & Telegram

Warmly, Richa Film Institute @ Auroville.



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
27 March to 2 April 2023



Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theatre halls. Since mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. To organize seminar/program please contact us via email.

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian— Monday 27 March, 8pm

LAILA AUR SATT GEET

(The shepherdess and the seven songs)

India, 2020, Dir. Pushpendra Singh w/Navjot Randhawa, Sadakkit Bijran, Shahnawaz Bhat, Ranjit Khajuria, and others, Drama, 96mins, Gojri-Hindi w/English subtitles, Rated: A (R)

Gujjar-Bakarwal tribe is a community of nomadic shepherds in Kashmir. Laila, a strikingly beautiful girl from that community, marries Tanvir and migrates to the plains to escape the winter. There Rishi, a local police officer and his consort Mushtaq, a forest officer, raid the tribe's camp to catch a glimpse of her. What follows is a twisted game between Mushtaq and Laila, wherein she, disillusioned by her husband, must use her wits to thwart advances. Part allegory, part ethnographic study, and part feminist fairytale, using local folk songs—seven, to be exact—to describe Laila's inner and outer worlds. *The film is shared with us by the director via Film Institute of Auroville. This is the last of the women-centric film we have been screening in March.*

Potpourri—Tuesday 28 March, 8pm

RARE BEASTS

UK, 2019, Dir. Billie Piper w/ Billie Piper, Leo Bill, Kerry Fox, and others, Comedy-Romance, 87 mins, English w/ English subtitles, Rated: PG

Mandy is a mother, a writer, a nihilist. She is a modern woman in a crisis. Raising a son amidst a female revolution, mining the pain of her parent separation and professionally writing about a love that no longer exists, she falls upon a troubled man, Pete, who is searching for a sense of worth and belonging.

Interesting—Wednesday 29 March, 8pm

PEARL OF THE DESERT

India-S.Korea, 2019, Dir. Pushpendra Singh w/ Moti Khan Manganiyar, Nijre Khan Manganiyar, Anwar Khan Manganiyar, and others, Documentary, 82mins, Hindi w/ English subtitles, Rated: U/A (PG-13)

Moti Khan, a 12yrs old Indian boy, is a talented singer and loves the Manganiyar songs. However, Moti finds singing for their patrons humiliating as they are still treated lowly, and he aspires to earn respect from the world through music. He sets on a journey to the bigger world—will he be able to keep the spirit of Manganiyars? *The film is shared with us by the director via Film Institute of Auroville. The director will be available for a brief Q&A after the screening.*

Selection—Thursday 30 March, 8pm

LUNANA: A YAK IN THE CLASSROOM

Bhutan-China, 2019, Writer-Director. Pawo Choyning Dorji w/ Sherab Dorji, Ugyen N Lhendup, Kelden L Gurung, and others, Drama, 110mins, Dzongkha-English w/ English subtitles, Rated: NR (PG)

Ugyen, young teacher in Bhutan, shirks his duties while planning to go to Australia to become a singer. As a reprimand, his superiors send him to the most remote school in the world, a Himalayan village called Lunana. At the end of the long trek Ugyen finds himself exiled from his familiar comforts—and with no textbooks, not even a blackboard. Though poor, the villagers extend a warm welcome to him. But he wants to simply quit and go home, yet he remains and begins to be transformed through the amazing spiritual strength of the villagers.

International—Saturday, 1 April, 8pm

ENTERGALACTIC

UK-USA, 2022, Dir. Fletcher Moules w/voices Kid Cudi, Jessica Williams, Laura Harrier and others, Animation-Comedy-Music, English w/English subtitles, 93 mins, Rated: PG

Jabari, a charming, streetwear-clad artist on the cusp of real success. After a chance run-in with his cool new photographer neighbor, Meadow, Jabari has to figure out whether he can make space for love in his life.

Children's Matinee—Sunday, 2 April, 4:30 pm:

MY FATHER'S DRAGON



Ireland-USA, 2022, Dir. Nora Twomey w/ Rita Moreno, Leighton Meester, Judy Greer, and others, Animation-Adventure, 95 mins, English, Rated: PG

After a move to the city with his mother, Elmer runs away in search of Wild Island and a young dragon who waits to be rescued. His adventures introduce him to ferocious beasts, a mysterious island and the friendship of a lifetime.

Woody Allen @ Ciné-Club Sunday, 2 April, 8pm

Woody Allen is an American filmmaker, actor, and comedian whose career spans over fifty years. His many works and his cerebral movie style, mixing satire and humour, have made him one of the most respected movie directors in the modern era.

WHAT'S NEW PUSSYCAT

USA-France, 1965, Dir. Clive Donner w/ Peter Sellers, Romy Schneider, Peter O'Tool, and others, Comedy, 148 mins, English w/ English subtitles, Rated: PG.

A playboy who refuses to give up his hedonistic lifestyle to settle down and marry his true love seeks help from a demented psychoanalyst who is having romantic problems of his own.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Please donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

ECO FILM CLUB
Every Friday at Sadhana Forest

Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

Friday, 31 March

Fruit Haven Ecovillage

2021 / 46 minutes / Oliver Kaposi

Raw vegan/frutitarian community in the jungle of Ecuador, Fruit Haven and their sister community Terra Frutis brings you this full documentary movie about their life. It highlights the power of community in creating wonderful and happy living spaces.

N&N Guidelines

Hard deadline for submissions
TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in, 0413-262-2133

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800 (Aurovilians & Newcomers/ No validity)
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108