



News Notes

#976 A weekly bulletin for residents of Auroville 25 May 2023



This Self is to be won by the Truth and by an integral knowledge.

Mundaka Upanishad

Hear how thou shalt know Me in My totality ... for even of the seekers who have achieved,
hardly one knows Me in all the truth of My being.

Gita

Pondering



In the Upanishads, in the inspired scripture of the most ancient Vedanta, we find the affirmation of the Absolute, the experience-concept of the utter and ineffable Transcendence; but we find also, not in contradiction to it but as its corollary, an affirmation of the cosmic Divinity, an experience-concept of the cosmic Self and the becoming of Brahman in the universe.

In a certain sense, to use the relative and suggestive phrasing of our human language, all things are the symbols through which we have to approach and draw nearer to That by which we and they exist. The infinity of unity is one symbol, the infinity of the multiplicity is another symbol: again, since each thing in the multiplicity points back to the unity, since each thing that we call finite is a representative figure, a form-front, a silhouette shadowing out something of the infinite, all that defines itself in the universe — all its objects, happenings, idea-formations, life-formations — are in their turn each a clue and a symbol.

*Reality and the Integral Knowledge,
The Life Divine, Sri Aurobindo*

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House of Mother's Agenda

(continued from last week)

This immobility within movement is the basis of all the supramental being's activities. It is the practical premise of any discipline leading to the Supermind, perhaps even the premise of any effective action in this world. We have already said that immobility—an inner immobility, that is—has the power to dissolve vibrations, and that if we are able to remain perfectly still inside, without the slightest reaction, we can even stop attacks by animals or by men. This power of immobility can only be attained after we have begun to come into contact with the great Silence behind, when we can, at will, step back and withdraw far, far away, thousands of miles away from all immediate circumstances. We must be able to be utterly outside life in order to control the inner substance of life. What is remarkable, yet quite natural after all, is that this supramental Power cannot be attained unless one is completely outside, completely seated upon that eternal Foundation, outside time and outside space, as if supreme Dynamism could come only from the supreme Immobility. However paradoxical this fact may seem, it still makes sense practically. One can understand that if the ordinary consciousness, which is upset by the slightest breeze, were to come in contact with this 'warm gold dust,' it would fall to pieces and disintegrate instantly. Only complete Immobility can bear this Movement. This is what was so striking to those who saw Sri Aurobindo: it was not only the light in his eyes (as is also the case with the Mother), but that kind of immobile immensity one felt near him, so compact, so tangible, as if one had entered a physical infinity. One then understood spontaneously, without needing further practical proof, why a cyclone could not enter his room. Whereupon this little phrase of his suddenly made perfect sense: ... the strong immobility of an immortal spirit. It is through the power of this immobility that he worked for forty years, was able to write twelve hours a night, walk eight hours a day ('to bring down light into Matter,' as he said), and fight the most strenuous battles in the Inconscient without ever feeling tired. If when thou art doing great actions and moving giant results, thou canst perceive that thou art doing nothing, then know that God has removed the seal on thy eyelids.... If when thou sittest alone, still and voiceless on the mountain-top, thou canst perceive the revolutions thou art conducting, then hast thou the divine vision and art freed from appearances.

Immobility is the basis of the supramental power, but silence is the condition for its perfect operation. The supramental consciousness does not follow mental or moral criteria to determine its actions. There are no more 'dilemmas'; its actions arise naturally and spontaneously. Spontaneity is the particular mark of the Supermind: spontaneity of life, spontaneity of knowledge, spontaneity of power. In ordinary life, we try to know what is good or right, and once we think we have found it, we somehow try to implement our thought. The supramental consciousness, on the contrary, does not try to know or to decipher what it must do or not do; it is perfectly silent and still, living each second of time spontaneously, unconcerned by the future; then at each second, the exact required knowledge falls like a droplet of light in the silence of the consciousness: 'This has to be done, that has to be said, or seen, or understood.' Supramental Thought is an arrow from the Light, not a bridge to reach it. 'In the level of wideness they meet together and know perfectly,' says the Rig Veda (VII.76.5). And every time a thought or a vision flashes by the consciousness, it is no speculation about the future, but an instant action:

There every thought and feeling is an act.

(to be continued next week)

**Satprem, The Adventure of Consciousness, Chapter 15,
The Supramental Consciousness**

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#055

With love and gratitude,

For and on behalf of Gangalakshmi (HOMA)

Zech



Townhall Speaks

NEW RAS TEAM

Dear Community, this is to inform everyone that a new RAS team has been announced via an Office Order by the OSD, Mr Seetharaman, Auroville Foundation.

The new team members are:

1. Rama Narayana
2. Hans Van Baaren
3. Eglè Borchardt
4. Jacques Rossier
5. Sathish Aramugam

Please welcome the new members and help them with their work. **Best wishes, the Working Committee**

Editor's Note. This was taken off of MassBulletin and not submitted to us by the Working Committee

FROM THE ENTRY SERVICE—ES # 182

Dated: 25-05-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- MarieDoris FELIX (Mauritian) staying in Unity Pavilion staff quarters and working at Unity Pavilion
- Punithavathy VENGADESAN (Indian) staying in Protection and working at Matrimandir



MarieDoris



Punithavathy



Shaon



Vincenzo

AUROVILIAN ANNOUNCED:

- Shaon Sunshine (USA) staying in Invocation and working at Pitanga
- Vincenzo CAFARELLI aka Enzo (Italian) staying in Arati 2 and working at Auroville Language Lab

AUROVILIAN CONFIRMED:

- Gijs VAN DEN BROECK (Belgian)
- Vivekan BRUNSCHWIG (French)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Board, (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
 - Tuesday & Thursday: Newcomer kits, 2:30—4:30pm
- 0413 262-2707, auroville.entryservice@gmail.com

HOUSING AGREEMENTS

Dear Community, as you all might be aware of, in order to apply to be a Newcomer as well as to keep the newcomer status and to finally be announced as Aurovillian, the person that is joining the community needs to be staying in Auroville premise.

It has come to our notice that there are a number of 'housing Agreements' that do not reflect the truth.

Lying about the housing agreement is not something the Entry Board can overlook.

By policy, we are requested to check whenever the Housing agreement feels dubious. The Mentors of the applying Newcomer are also asked to do their part in assuring that the Newcomer is staying in Auroville, and if s/he is not then the Mentors are asked to duly inform the Entry Board.

We are all aware that Housing is often a stumbling block in establishing oneself in Auroville; yet lying about it is not the way to go.

As for policy, whenever a Newcomer will be found staying outside of Auroville, his/her Newcomer process will be put on hold and could be canceled.

Thank you for your support.

Warmly, William for The Entry Service

Community News

Passing On

JULES ARINDAM PASSES AWAY

This is to inform the community that on Tuesday 23 May, at 7:32 in the morning, Jules Arindam passed away at the age of 50 in Jipmer where he had been taken some days earlier. Some of the first generation Aurovilians may remember him: Jules was born in Pondicherry in 1972 to Dawn (daughter of Dietra) and AuroArindam, who was one of the initiative takers of Auroville International. Jules was named by the Mother. He returned to be in his home Auroville in 2019.



We knew him as a musician who taught music and worked at Unity Pavilion and everywhere else, helping out with the sound equipment. Jules was dedicated and professional in his work and carried on his duties cheerfully despite the health challenges he faced due to cancer. Aurovilians and his friends have been closely following his last days, with thankfulness for his kind being and prayers in their hearts.

Our heartfelt condolences to Dawn, his mother, his family and his many friends. Jules will be dearly missed by all.

OM

MATRIMANDIR LAKE DEVELOPMENT

Update May 2023



Background

The Mother's statement that the Matrimandir should be surrounded by water, to create an isolating zone, is the first driving factor for the Lake project. Her additional statements referring to its use as a reservoir and water source for the city is a second driving factor. Her comments that Auroville could investigate the use of desalinating ocean water for the city, is another important driving factor in the story of the Lake.

Overall Lake design

Planning and design considerations for the Lake have resulted in a basic design proposal for a lake of about 90 meters width and central depth of 10 meters being adopted by Roger as the design he finally chose for the Lake.

Current Project Goal

The current Matrimandir Executive team has set the goal of completing this entire Lake plan by Mother's 150th anniversary in 2028.

Preliminary tests

During the year 2015 tests were carried out on the Matrimandir site, through the construction of 6 'Mini -test Ponds' to investigate the suitability of various materials for the Lake's water sealant layer. The sealant materials tested included: Natural local clay, Compacted imported clay slabs, Bentonite mats, HDPE liner in two arrangements.

The sealant which proved itself to be the most attractive was 2 mm thick HDPE liner. (Compacted, imported clay slabs were equally effective as a sealant, but are prohibitively costly. Local clay was quite good, but difficult to get in the large quantities required. Clay is also, unfortunately, susceptible to puncturing by crabs and tree roots.)

Lake phase 1 execution

The construction of the full-scale Test Lake was begun in 2019, with the HDPE sealant layer being completed just before the monsoon of 2022.

Simultaneously, the outer perimeter of the Matrimandir Gardens was surrounded with a 7.5-meter-wide rainwater harvesting channel, (also sealed with HDPE liner) designed to catch runoff from the Matrimandir Gardens area and feed it into the Test Lake.

With the harvesting of the 2022 winter monsoon runoff and with the help of 2023 summer rains, the Test Lake now holds just over 4.15 meters of harvested rainwater.

The retaining walls at both ends of the Test Lake have been built using concrete 'Lego blocks', manufactured on site.

The current height of the end walls is 5.3 meters. These walls will be raised up to about 8.5 meters (and sealed) before October 2023, in order to harvest the rain water falling on the Park of Unity during this year's winter monsoon. (These walls are temporary, and will be dismantled and shifted as the lake grows section by section.)

Lake phase 2 execution

Work has now begun to prepare for the excavation of the Lake, phase 2.

As the existing workshops block lake construction on the East side of Matrimandir, the next section will be excavated on the South side,—in and around the area of the current public Viewing Point.

Preparation work is proceeding on the following aspects:

- Pruning of transplantable trees on the Viewing Point area, in preparation for their removal.
- Removal of boulders from the old 'Rock Garden' area.
- Landscaping and preparation of a new, higher, Viewing Point, just behind the current one, and outside the boundary of the Lake section 2.
- The removal, in steps, of the existing public Viewing Point.
- Excavation of a service road on the outer periphery of Lake section 2, down to the zero level of the lake shoreline. (Zero level is the level of the cobble stone road at the edge of the Gardens)
- Engineering design of the lorry access ramp needed for the 10-meter-deep excavation of Lake section 2.
- Excavation, wherever possible.

The Test Lake section is about 100 meters long. Lake section 2 will be longer (hopefully 250 meters long) but exactly how long will depend on solutions chosen.

Factors involved in setting the length and shape of Lake section 2 are:

- Overall costs in terms of sealant materials needed.
- The treatment of existing plantations of mature trees in the Lake area.

As it is probable that using only harvested rainwater will not be sufficient to fill a large Lake section 2, the team involved in moving forward the project of ocean water desalination has stepped up their efforts to also get this project into action as quickly as possible, so as to be able to supply water for the Lake project.

Additionally, a new concept is being developed to create 'water storage cushions' which can be placed on the bottom of the Lake to hold, in isolation from the harvested rain water, desalinated ocean water which is drinkable. These reservoirs can then be used to back up the city drinking water supply. A sample storage cushion of 1000 cubic meters capacity is currently being made on site, and will be installed in Test Lake 1 as a first trial of this concept. The cushion is being made of 'drinking water quality' HDPE sheet. Until the desalination plant is up and running, it is being proposed to use this cushion to supplement the storage capacity of the 'Elephant' in the Residential Zone for AVWS.

A second new dimension being developed is the prototype of an 'uphill energy storage' project. On the top of the hill which has been built up over the last three years from the earth being dug out of the Test Lake, a mini lake has recently been excavated and lined with HDPE foil to create a reservoir. This reservoir is connected to the Test Lake by a pipe line with the idea that water can be pumped up from the Test Lake during the day using solar power, and then be released in the night to flow back to the Test Lake through a turbine to generate electricity.

The goal for the construction of Lake section 2 is to have it excavated and lined with HDPE foil before the winter monsoon of 2024.

John for the
Matrimandir executive team, May 2023

ASPIRING TO CONNECT

Part 4

In this episode, let's access our **weaknesses** and also the **threats** which are likely to hamper our growth and progress as stipulated by our reverent divine parents, who have already bestowed on us a grand and enviable legacy through their long and ardent Tapasya (austerity/penance) and practical experiments by creating, first the Aurobindo Ashram at Puducherry and the second our international township, the Auroville.

As we are aware, the **Mission** is to establish the Essential Unity in the community. The dream, the Charter and Auroville Foundation Act are the basis of the principle of self governance and individual freedom with equanimity, harmony and unity. Immaculate planning of International Township for 50,000. A community with four zones and Matrimandir, a unique spiritual center; spread out in a 20 Sq km area with natural forests, abundance of natural resources and sea nearby. All leading from soil, to society/community, to **surrender** of the individuals and the groups, to **soul**, to finally culminate into **spirituality**—from psychic being to the Divine.

Weaknesses

- The first few years i.e. from 1968 to 1973 when the mother was physically present and the constructive and celebrative effects on few senior disciples, the things progressed rather effectively for the next 10 to 15 years.
- **Natural Resources:** Reforestation and organic farming developed in the town is unable to meet the demand of a small population like approx 3000 people. Besides, the cost of the products is also not competitive and tends on the higher side, as felt by some Aurovilleans.
- **Man Made Resources:** The building and institutes constructed envisaging the target town population of approx. 50,000, are obviously seen to be underutilized with the skeleton population for the last 50 years or so.
- **Infrastructural Developments:** Possibly for lack of finance the stipulated development could not be achieved.
- **Management and Administration:** It seems due to limitations in management and administrative structure, things could not progress as per the stipulated growth.

Threats

- For various reasons, as described above, the situation seems to be worsening with multiple group formations and the resulting misconceptions and misunderstandings in the community and also with the Government Administrative Body.

It may be worthwhile to narrate an episode from our scriptures, to highlight how to convert threat into an opportunity and success. (RV.I.24.1 and RV.I.30) The deeper study of such episodes may help us to introspect our situation appropriately and look for possible and potential solutions by going to the root of our problems.

Śunahśepa-ākhyāna is famous as detailed in the Aitareya Brāhmaṇa (7.3) and few other scriptures with some modifications. The story in brief:

Śunahśepa, a learned but poor Brāhmin youth was a middle son of the three children. He was sold by his father to a prince, as a sacrifice in exchange for 100 cows, in order to satisfy the hunger of his family. He was taken away by the prince to his kingdom and ceremoniously tied down to the sacrificial post to be sacrificed the next day. So the death

was staring in his face and he was all alone and possibly without any support from other quarters.

In such a crisis, he deliberated with a calm mind to work out a strategy to escape from the clutches of death. He relied on his Vedic knowledge and invoked various deities with beautiful verses spread over seven sūktas (RV.I.24 to 30). With the sincere and pains-taking efforts through the night, he ultimately succeeded in pleasing Varuṇa, who granted him the freedom. Once set free, he converted this adversity into a great opportunity. He actively participated in that great sacrifice as a Rtvij (one of the 4th sacrificial priests), and with his sincerity and presence of mind, became the favorite of Viśvāmitra—the great sage. He must be a technocrat, as he could devise a new method of pressing Somā herbs for production of Somā-juice. So he became darling not only of the saints but also of the deities, who loved the Somā-juice to achieve immortality. The great saint Viśvāmitra was so impressed with his Vedic knowledge and his thoroughness in performing the sacrificial rituals that he offered to adopt him as his eldest son, ready to confer all his wealth, spiritual knowledge and the responsibility to manage his cult. The deities also bestowed upon him wealth and granted him as a special case, the share in the Soma-juice at sacrifices. Thus he achieved divine status.

Therefore, he may be called a 'LightHouse', which throws light all-round for long distances. Various lessons can be drawn from this wonderful episode:

a. Morals

- As an ideal son, he obeyed his father to save the family from hunger although mistreated by him.
- His 'Never say die' attitude, even in the worst crisis, is very inspiring. Self-belief, presence of mind and proper and timely use of knowledge is the best tool for retrieval.
- He achieved Rishi-hood by converting adversity into an opportunity.
- He achieved divinity by his scientific invention of pressing of Somā.

b. Social Implications

- He saved life of the king Hariścandra, as an act of great social as well as national service.
- His was perhaps the first case of adoption, as he was adopted by the great sage Viśvāmitra as his eldest son. (who already had 100 sons of his own)
- His act made everybody happy- three different families and the society at large.

c. Spiritual interpretation

- The Vedas are the life-source of culture and can help in any eventuality.
- His self-selling act was for the sake of his family and also for the society- a great benevolent act.

To have faith in universal spirituality, at the time of crisis, one has to remain calm and collected.

Therefore, it seems that our present situation is required to be examined holistically from different levels like physical, mental, vital, psychic and spiritual levels and true assessment will guide us to devise possible solutions on short term as well as on long term basis.

Dr. Vijaysinh L. Ramaiya,
New Comer, Vikas Community
9974171108, vijaykunvalsad@gmail.com

AV International

AUROVILLE INTERNATIONAL USA

Accountability

Dear Friends, Auroville International USA is accountable for every dollar that we send to Auroville to be sure that it's sent for a charitable purpose that's in alignment with our mission. We are accountable to our donors and to the US Internal Revenue Service. We also comply with the Indian Foreign [Contribution Regulation Act](#) (FCRA). In our efforts to maintain our own fiscal integrity, we are requiring that all project holders complete a short online form in order to be eligible to receive funds from AVI-USA.



- [Please click this link to access the form.](#)

We also request that if the project has developed an **annual report**, you email the most recent version to info@aviusa.org. AVI-USA sends funds to Auroville on a monthly basis, and our next funding transfer will happen on or around June 7. **At that time, we will only be sending funds for projects that have completed the form.** Any funds designated for a project that has not completed it will be held until the following month, or until we receive the form.

Going forward, each project will need to complete this form annually in May in order to continue receiving funds from AVI-USA.

- Feel free to reach out via info@aviusa.org if you have any questions.

Sent with love and appreciation for all you do to bring Auroville into being,

Matthew Andrews, Executive Director,
Auroville International, USA,
(+1) 413 8351280, www.aviusa.org

Awakening Spirit

AMPHITHEATRE—MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm
weather permitting



Meditation with Savitri read by Mother to Sunil's music

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5.45 pm and until meditation ends.

Surya & Velmurugan

DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

SAVITRI BHAVAN

June 2023

Savitri
B H A V A N

Exhibitions

- **Meditations on Savitri:** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- **Glimpses of the Mother:** Photographs and texts In the Square Hall
- **A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor

Films

- **Mondays at 4pm in the Sangam Hall**

◦ **June 19: Journey to the Life Divine, Part 1**—This feature-film covers the lives of Sri Aurobindo and the Mother from childhood onwards until November 1926. It shows the spiritual development and work of Sri Aurobindo and the Mother and the work they did for the new evolutionary step towards a Life-Divine for mankind and earth. *Duration: 100min.*

◦ **June 26: Journey to the Life Divine, Part 2**—To create a new world for a spiritual life was the Mother's dream even when she was in France. The second part of the feature-film is about how the Mother and Sri Aurobindo worked this out in the Ashram. *Duration: 90min.*

Full Moon Gathering

- **Saturday, 3 June, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Dream Divine Series

The new project 'The Dream Divine Series' started in the month of March 2023 is to make newcomers understand the Aims and Ideals of Auroville and learn about the Life and Works of Sri Aurobindo and The Mother and Integral Yoga.

- **Wednesday 4:30—5:30pm**, weekly sessions. The series will include Presentations, films, talks, etc., followed by a Q&A session.

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Everyone is welcome

**Submitted by Dhanalakshmi
for Savitri Bhavan Team**

DREAM DIVINE SERIES 'Matrimandir—The Twelve Gardens'



A recorded Presentation by Marie—2011
Wednesday, 31 May, 4:30—5:30pm
@ Sangam Hall, Savitri Bhavan

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Everyone is welcome

Thank you, Dhanalakshmi, for Savitri Bhavan Team

POETRY RECITAL

Savitri Bhavan, Square Hall, 4:45—5:30pm

**Sri Aurobindo
POETRY RECITAL**
Savitri Bhavan - Square Hall
Monday May 29th 4:45^{pm} - 5:30^{pm}

Malcolm is a native English-speaker and spoken-word poet. He offers to present the works of Sri Aurobindo.

Speaker
Malcolm

Dear lovelies, this Monday at Savitri Bhavan, Malcolm offers to present the poetic works of Sri Aurobindo. He is a native English-speaker and spoken-word poet.

The programme will be in the Square Hall from 4:45pm until 5:30pm. All are welcome.

Musicians who play meditative music and would like to participate are encouraged to attend—I'll have my kalimba. See you there.

Peace, Love & Soul, Malcolm



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Calendar of Regular Events for May 2023

- **Thursdays, 6:—6:30pm:** Meditation
- **Tuesdays, 5:30—6:30pm:**
Reading 'The Mother's Questions & Answers—Vol. 7'
in English by Rama Narayana

Many thanks, Tixon
No.3/134, Kalathu Mettu Street,
Edayanchavadi, Auroville
Kshetram2014@auroville.org.in



SRI AUROBINDO CENTRE FOR ADVANCED RESEARCH



Sri Aurobindo Centre for Advanced Research



(SACAR), Pondicherry

Organizes a 5 day in-house immersive Retreat

Paripoornata

14—18 June

Journey towards Perfection: the four-fold development

Through Self-reflective readings, Interactive sessions, Group Activities, Individual exercises, one night stay at Auroville, Nature walk and many more.

Course Fee: Towards contribution, please ask for details.

- For registration and further details contact: 9640768561
- Last Date of Registration: 30 May, 2023

Venue: SACAR, 39 Vanniar Street, Vaithikuppam, Puducherry

With many thanks, Anandi, Progress

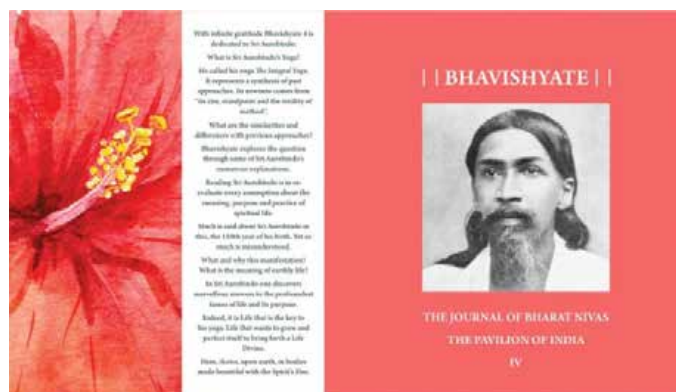
JOURNAL, BHAVISHYATE 4

Dedicated to Sri Aurobindo

The Sri Aurobindo Centre for Studies, Bharat Nivas is glad to announce the availability of the Journal, Bhavishyate 4—Dedicated to Sri Aurobindo.

BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

It explores, through his own words, His Action while clarifying some common misunderstandings about the work of Sri Aurobindo and The Mother.



Please note, The Journal is available both in hard copy and in digital format.

- **The printed version (Hard copy)** can be requested/collected against a small contribution from Sri Aurobindo Center For Studies, Bharat Nivas
- **For Soft Copy (pdf version)** please email your request to us at bharatnivas@auroville.org.in

Regards,
Vani, BN Culture Team

For Your Information

LOCK CHANGED



Dear friends, this morning we went to our office in Town Hall and discovered that the lock had been changed.

We received no prior communication from ACUR, FAMC, or AVFO.

For the time being, our open house will be on Tuesday, between 10 and 12, at the AV Council room in Town Hall.

Thanks,
Giovanni, Sathish, Tatiana, Manas,
Mandakini, Robert, Sandeep,
Satprem, Veronique

Art for Land

ART FOR LAND PRESENTS Blissful Rhythms of the Spirit

5 May to 31 July, 10am—12:30pm and 2—4:30pm

Dance with Soham

5 May to 31 July, Every Friday, 4—5:30pm
@Unity Pavilion



Art for Land Presents

Blissful Rhythms of the Spirit

"Inaudible to our deaf mortal ears the wide world rhythms wove their stupendous chant to which life strives to fit our rhyme beats here, melting our limits in the illimitable tuning the finite to infinity"
- Sri Aurobindo

Dance with SOHAM
Every Friday May 5th to July 28th
Time: 4pm - 5:30pm

"Life is worth living at one condition: You have to reinvent yourself thoroughly everyday"
- Soham

Exhibition Timings:
From May 5th to July 31st
10am to 12:30pm and 2pm to 4:30pm
NOTE: Closed on Sundays & Public Holidays

Address:
unitypavilion@auroville.org.in | Unity Pavilion
International Zone, Auroville | 0413 - 2623576

NOTE: Closed on Sundays & Public Holidays

'Inaudible to our deaf mortal ears the wide world rhythms wove their stupendous chant to which life strives to fit our rhyme beats here, melting our limits in the illimitable tuning the finite to infinity' Sri Aurobindo

- Life is worth living at one condition: You have to reinvent yourself thoroughly everyday
- Lose yourself in the ineffable beauty of the stars

Soham

The Arts



Visitors Center's Right Path Cafe

LIVE MUSIC NIGHTS

enjoy every moment.

ROCK-BLUES CONCERT

GOOD VIBES

MEHUL EDO RONNY ROLF SANTOSH

Saturday 27.05 at 7.30 pm

in collaboration with @KALABHUMIMUSICSTUDIO.AV

ANY ENQUIRY? RIGHT PATH CAFE:
04132 622248 OR +91 90430 04919
CAFETERIA, AUROVILLE

OUTSIDE VISITOR? KINDLY PARK YOUR CAR,
TWO-WHEELER OR VAN AT VISITORS CENTER
MAIN PARKING AND WALK TO THE CAFE!

Youth Initiative

YOUTHLINK IS OFFERING A SALSA WORKSHOP

Sunday, 28 May, 10—11:30am

@ New Creation Dance Studio



We are happy to inform you that YouthLink is offering a Salsa workshop for beginners happening at New Creation (Dance Studio) on Sunday, 28 May, taught by Balaji.

This fun and energetic dance is the most popular of all the Latin dances because it is easy to learn and fantastic for all ages and dancing abilities. Salsa dancing has many fast turns,

exciting footwork, rhythmic hip movements, and lively music.

- This class starts at 10am until 11:30am.
- To register email us at youthlink@auroville.org.in or come to our office in Town hall at 9:30am—12pm or 2—4pm to sign up.

Nivetha for Youthlink team

AUROVILLE YOUTH INITIATION PROGRAM (AVYI)

YouthLink is launching a new initiative called Auroville Youth Initiation program (AVYI) specifically for youth between 16 to 25 under the category of 'Children of Aurovilians'. This program is to give our potential youth Aurovilians the opportunity to learn more about Auroville, their peers, and themselves; so that they can make a more informed decision on joining the Auroville community as full fledged members.

It will be a four day program from the 29th May to the 1st of June (Mon-Thurs), starting at 9am and ending every day at 4:30pm. We have curated a program that emphasizes participation, sharing, and fun.

You can find the detailed itinerary attached below, and you can sign up through [our google form](#).

Feel free to reach out to us for further information.

29 May	30 May	31 May	1 June
Check in + activity 9am followed by an energizer			
Introduction to the program	The Mother's dream	Auroville Organisation	Theater exercise: Auroville Entry Board
Blind Babble		Presentation of your favourite place in Auroville	Auroville: Pros and Cons
Game: Spectrum of feelings	Auroville history and spirit		Auroville and me
Lunch break 12:30pm—2 pm Followed by an energizer			
Meeting with Aurovilians from different generations and backgrounds	One on one sharing 1	Auroville Finances and Economy	One on one sharing 2
	Theater exercise: Working in Auroville	Working with 5 introspective questions	Appreciation round
	How to be a true Aurovillian		Feedback and learnings
Check out 4:30pm			

With much love, sincerely, Namu
For YouthLink Team, youthlink@auroville.org.in

Education

AUROVILLE LIBRARY SUMMER TIMINGS

Starting on Monday, 1 May to 30 June, our new opening times will be as follows:

1 May to 30 June Timings

- Monday—Saturday: 9am—12:30pm
- Tuesday, Thursday & Saturday: 4—6:30pm
- Monday, Wednesday & Friday afternoons closed



Katherine for Auroville Library
0413 2622 894, avlib@auroville.org.in
Website: library.auroville.org.in/

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Auroville Institute of Applied Technology is offering Aurovilians and the youth from the Bioregion an opportunity to join a Bachelor Degree course (B.Voc.) affiliated with Pondicherry University in following subject:

- Software Development & Machine Learning
- Green Energy and Electric Systems
- Production Technology



These courses are skill oriented and not certificate oriented. You will learn from the people and practice at Auroville units. These courses are conducted in small classes (25-30) students. and are of 3 years duration. During this course, they are entitled to get a Diploma Certificate after 1 year and an advanced Diploma certificate after 2 years.

- Eligible are students who have completed +2 or equivalent courses.
- Students who have passed 10th with min. 50% marks should join 1st the ITI certificate course of 2 years duration. 10th +2 years ITI with an equivalent certificate are also eligible to join a B.Voc. course.
- Aurovilians Kids will get a 10% discount on College fees.

For more Information please contact

- 8903166923 or 0413 2980040
- or visit our campus in Irumbai.

Dr. Sanjeev Ranganathan & Lavkamad

Health Care

AURODENT DENTAL CLINIC



Dental Clinic
Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

SANTÉ SERVICES IN MAY 2023

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +(91) 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on (0413) 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr. Senthil & Dr.Sana, Monday to Saturday	Nursing Care , Ezhil, Thilagam, Archana & Sandhya, Daily, No appointment necessary
Ayurveda with Dr. Sonia, Monday / Thursday / Friday	Physiotherapy with Osnat—Tuesday & Thursday
Acupuncture with Andres—Monday To Friday	Homeopathy with Michael—Monday / Wednesday / Saturday
Integrative Psychotherapy with Juan Andres, Monday To Friday	Pregnancy Care & Women's Wellness with Paula, Tuesday & Wednesday
Physiotherapy & Massage with Galina, Monday to Friday	Physiotherapy with Rebeca, Monday / Wednesday / Friday
Bio-Well Assessment (Evaluation of your well-being) with Helena, Tuesday & Saturday	

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Love, Dasha

MAATRAM WILL STOP OCH TILL END OF JUNE

OCH (Open Consultation Hour)

For appointments please

- Message or call: 90877 09434
- Email: maatram@auroville.org.in
- Website: maatram.org.in
- Location: Mitra Youth Hostel near Town Hall.



Warmly, Megha for Maatram

Animal Care

JOB AND VOLUNTEER OPPORTUNITIES

- The Auroville Dog Shelter is seeking highly motivated staff workers who love dogs to join our team. The daily tasks will include feeding our dogs, cleaning kennels, cooking food, etc. We are also a SAVI-registered unit and are looking for a volunteer who is a wizard and influencer on social media. If you want to work hands-on with our 300 lovely residents, contact us!



AUROVILLE
DOG SHELTER

- **We are seeking old water tanks** that can be repurposed as dog houses. If you have any old water tanks that you no longer need, or know where we could get some, we would be grateful if you could donate them to our shelter.



We would like to express our gratitude for your unwavering support! The new Auroville Dog Shelter has achieved a lot in just a month, but there is still a lot of work to be done.

- **We invite you to join us and our beloved residents as volunteers** in this significant undertaking to establish a model dog shelter for Auroville.
- **Your contribution can help us** achieve our goal. Please donate to our **FS account: 251391**.

We look forward to seeing you all next Sunday!

With gratitude, Arthur for Auroville Dog Shelter

DOGGY BATHING DAY!

Sunday, 28 May, at 10am



Due to the scorching temperatures reaching a record high and in response to numerous requests, the Auroville Dog Shelter invites all of you to join us for a refreshing doggy bathing day on the upcoming Sunday, 28 May, at 10am.

Everyone is welcome to come and cool down and chill with our dogs and the team at the Auroville Dog Shelter.

Sunday is also an excellent chance to get a tour of our shelter and explore the numerous volunteer and support initiatives we've established, ensuring that every dog enthusiast can assist our beloved dogs in various ways!

- If you're interested in volunteering, simply message Lore via 9843181598 WA.

With gratitude, Auroville Dog Shelter, Lore

CANINE DISTEMPER HEALTH WARNING!

We urgently need to inform the Auroville community about a concerning rise in canine distemper cases among dogs. This viral infection used to be rare, with only one case every 3 to 4 months. Last week alone, we picked up cases near Mango Hill, the Town Hall area, Aurovelo, and the beach. We have also received



reports from other animal care organizations in Pondicherry, who are sounding the alarm about an explosive number of new canine distemper cases.

The canine distemper virus (CDV) causes canine distemper in dogs and puppies. It can be spread easily through airborne droplets from an infected dog who coughs, sneezes, or leaves behind nasal or eye discharge, and can infect a healthy animal up to 10 meters away. It spreads easily from one dog to another, like when people catch a cold, but unfortunately, canine distemper ends up being deadly for most dogs.

Here are some symptoms to look out for

- Sneezing and coughing: clear nasal discharge
- Fever
- Lethargy: lack of energy and vitality
- Anorexia: loss of appetite
- Vomiting and diarrhea
- Pus-filled bumps on the belly
- Eye problems: thick, yellow discharge, inflammation of the eye, sudden blindness
- Strange behavior: running in circles, head tilt, muscle twitches, jaw chewing, seizures, salivation, paralysis

There is no direct cure for canine distemper, only supportive therapy treatment, but there is a vaccination to protect your dog. Please contact your vet about the life-saving vaccination, which will help curb the spread of this highly contagious virus.

Thanks, Auroville Dog Shelter, Lore

Children

SUMMER PROGRAM

For Auroville Kindergarten Children

Monday, Wednesday, Friday,
8 May—2 June, from 9am to 12pm.

Kindergarten, Nandanam and Aha teachers are offering 4 weeks of activities (crafts, games, stories, blocks, pool) to their students, ages 4 to 7.

- **When?**
 - 8 May—2 June,
 - Monday, Wednesday, Friday,
 - 9am—12pm.
- **Where?**
 - at Kindergarten, Center Field, 8—19 May
 - at Nandanam, 22 May—2 June.



Parents, please put a towel and swimsuit in your child's bag. Snacks will be served but no lunch.

- Volunteers above 14 of age are welcome to help the teachers run the program!

Submitted by Odile

Activities



SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact Mani, +91 8637633696

Submitted by Mani

MUD 3D PRINTING WORKSHOP

3 June

Minvayu FabLab is offering a mud 3d printing workshop to those interested in sustainable building, parametric 3d modeling, earthen architecture, engineering and low cost housing.

This is a one day course suitable to anyone interested in this new and up-coming technology.

Minvayu3d@gmail.com

Thanks! Jorge



SALSA DANCE CLASS

- **Beginner Class:**
Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:**
+918637633696



Mani, @bakisata_dance

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

- +918637633696, bakisatadance@gmail.com. Mani



CYANOTYPE PRINT WORKSHOP

27 May, 10am—1pm @ Kalakendra



DORODANGO, JAPANESE MUD ART

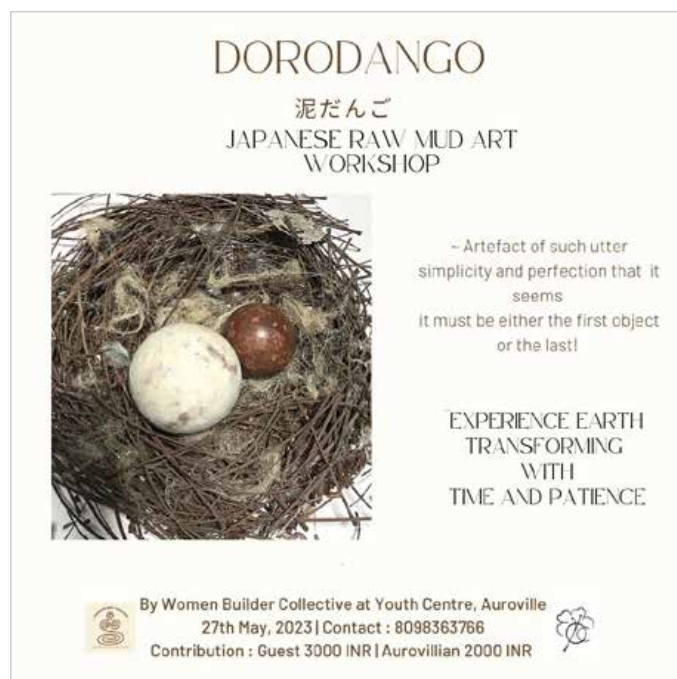
28 May, 11am—1pm @ Kalakendra



Regards,
Vani, BN Culture Team

DORODANGO, JAPANESE MUD ART

27 May, @ Youth Center



Deep, Cheenu, Lili, Mirco and Sasha
for Youth Center Team

TRIP TO THIRUVANNAMALI ORGANIZED



I am organizing a group trip to Thiruvannamali Every Monday, leaving in the morning and back in the evening.

- If you wish to join us, please WA @ 9090819998.

Best wishes, Arabinda

ART WORKSHOPS BY SENIOR ARTIST ABHIJIT ROY

Every Thursday & Saturday, 2—4 pm

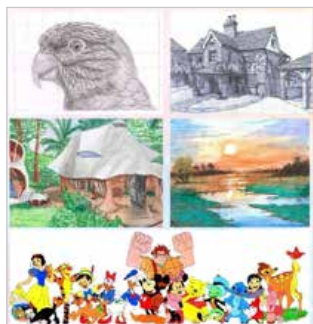


Study Room, Sri Aurobindo Centre, Bharat Nivas

Come along and learn how to sketch paint & draw under following categories of your choice.

- Fundamentals of drawing (10 sessions)
- Duration: 2 hours
- Contribution required

For Registration please send an email to bharatnivas@au-rovillle.org.in



Regards, Vani,
BN Cultural Team

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, Wednesday and Saturday
9am—12noon,
starting from Solar Kitchen



Indian cooking

- Every Monday to Friday after 5pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm



Thai Massage

- Every day at Creativity

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com

Rupavathi Joy

FOOD FOREST TOUR



Every Sunday, 9:30—11:30,

at La Ferme Community (5min from AV Bakery)

Sign up and infos: 9047421044 WA, Sarah sarah@aurovillle.org.in, www.youtube.com/myfoodforest. Sara

BAMBOO CENTRE

Workshops May 2023

Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

- **Daily:** Make and Take Hands On Workshops, Experiences and Educational Tours available

One-Day Make and Take Workshops

Furniture Workshop

- 9am—12:30pm; 1:30—5pm, every day except Sunday
- Registration one day in advance.

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

Bamboo Toys

- 9am—12:30pm; 1:30—5pm, every day except Sunday
- Walk-in registration available

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

Bamboo Musical Instruments

- 9am—12:30pm; 1:30—5pm, every day except Sunday
- Walk-in registration available

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

Bamboo Jewellery

- 9am—12:30pm; 1:30—5pm, every day except Sunday
- Walk-in registration available

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

www.aurovillebamboocentre.org

Thanks and Regards,
Murugan



ENLIGHT

Social responsibility outreach initiatives



To provide meaningful and mutually beneficial opportunities to share knowledge, exchange ideas, consider practice, discuss challenges, generate learning and build connections.

Amantran Agaman

—which is welcome and begins as its endeavor to facilitate understanding of the bio region villages their communities and culture. By framing the experiences in a language allowing visitors and guests to understand local customs and traditions. Design and deliver peer and collaborative continuous learning relationships as part of human interactions for Inclusive Growth. Facilitators being the youth of the local villages through experience sharing and activities. Bringing social and economic benefit in an inclusive, sustainable and people-centered way. Focused on people-centered and locally-led approaches driven by inclusivity of individuals and communities. Activities and learning being co-created, developed and delivered by, with and for the people, communities, practitioners, organizations and decision-makers.

Kalai marṛum kaivṇai

—is a service that has for its objective to aid and assist the underprivileged but hard-working bioregion village artisans and craftsmen in a growing technology run and industrialized world to key their arts and crafts to continue in continuity. KMK is a bridge of contact for all contributors to contribute to their upliftment and respectful livelihood. Ensuring continuity of their valuable and rich knowledge and experience as a blessing and boon from them as a community activity for the village's growth and development.

- Mentoring local village folk to build and grow their concepts and ideas, live their goals and dreams.
- Hand Holding to implement tools, technologies, procurement and marketing activities.
- Eco-system to interact with peers to share expertise and experiences together to grow opportunities.

Weaves for Dreams

—is a social initiative by women for women. A nation achieves development via women's empowerment and is possible only through associating them with self-employment, but it is not an easy task for village and tribal women. They have to depend on others for their dreams and it keeps them backward. **The goal of Weaves for Dreams** is to provide a platform for women to weave their own path to self-emancipation through skillfulness and working their skills to economic and financial stability.

- All of the women will have increased their basic knowledge on clothing activities like drafting, knitting, darning, cutting and stitching new garments.
- They will have gained the skill of tailoring which helped them to earn a decent amount of money for their livelihood lifelong.
- This training course will give all these women a sense of self-reliance that they shall have not to be dependent on anyone for money.

Tamizh Consciousness

— at its simplest, is sentience and awareness of internal and external existence. Tamil' means 'sweetness' and 'Culture' has been defined as 'sweetness and light'. 'Tamil' and 'Culture', therefore, make a most graceful combination both in Language and Life. Culture has been defined as a 'way of life', as 'sweetness and light', as 'activity of thought and receptiveness to beauty and humane feeling'. Imbibing Tamil tradition and culture to the youngsters, to sensitize young minds on the rich legacy left back by their ancestors.

For the future generations to take pride in its land and its rich language and culture. Be proud of displaying our cultural richness to people of other states. Share with our fellow members that Tamils were a pioneer in all the forms of sciences, be it medicine, astrology or food habits. Our past generations knew that Music has a very deep connection with sound health; they used 108 musical instruments to facilitate good health and well-being using sound as a medium.

- Creating awareness programmes official and school level programmes.
- Designing and conducting cultural programmes at community as well school level.
- Establishing cultural societies at the school level for educational development.
- Organize competitions and conscious circles of learning.

Your support and donations

— will aid in developing the local communities which is the main goal of conscious tourism.

- <https://auroville.org/page/donate-from-india>

Kindly contact us at the following email ID before making your contributions

For Enlight Team, Arun, Anand, Balaji,
enlight@auroville.org.in

Looking For

Seeking a Place to Stay in Vienna

My name is Bernardo. I'm Aurovilian. I have been living in Auroville since 2019. I'm working in Pitanga as a Thai Yoga masseur. I was also working in Auro Orchard and Evergreen Forest.

I'm a dancer and I'm going to be in Vienna Austria doing teacher training in inclusive dance and Therapeutic movement. A method of inclusive way of dance called DanceAbility, for people with or without disabilities. After this training I want to come back to Auroville in September and start a project for the community and with local populations. To create spaces to express thought in the body in a safe space of playfulness and creativity. Oriented in performances and connecting disabilities and see them in a different way. Unify us through movement.

I'm looking for someone that lives or knows someone in Vienna, Austria. I'm looking for a place to stay from 27 June to 28 July. I have a low budget that's why I'm reaching all of us with this message.

- My contact number: +919626384416
- soysemillaresonante@gmail.com

Hope that magic will happen ... oh it's happening right now
Bernardo

Looking for an Exhibition Space

I have been working on a series of beautiful, inspiring collages, which I would like to share with the community. Kindly contact me if you can offer a free public space for an exhibition.

With gratitude, Soham



Available

White Lotus Plants Available



White Lotus plants are freely available this week at Matri-mandir due to pond clearance. Please contact Shankar in the gardens. Just bring a bag!)

Merci, John

Vivo and Fusion Tablet Available

Used Phone Vivo Y91i (Ocean Blue, 2GB RAM, 32GB Storage), android version 8.1.0 processor 2.0 GHz Octa-core with charger, case and screen guard. Few scratches, but otherwise functioning regularly. Purchased in sept 2020

Used Tablet FUSION5 4G Tablet (2GB RAM, 32GB Storage, Wi-Fi + 4G LTE + Voice Calling) (White, 10.1 Inch) 25.65 CM with charger and case and screen guard. Android version 8.1.0, Purchased on 01-08-2022



dhitika_no1@yahoo.co.in, 974231653
Anariyoti

Lost and Found

Found Two Keys

Two keys with S and heart in holder found in Certitude area.

- WA 9585835386.

Thanks, Kannan



Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day **from 6am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call
8122274924

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

Foods, Goods and Services

GUEST REGISTRATION SERVICE

Summer Schedule



Guest Registration Service at Town Hall will be

- open **ONLY** in the mornings during the month of June 9:30—12:30, Monday—Saturday
- closed in the afternoons.

Guest Registration Service Team,
Visitor Center,

grs@auroville.org.in,

+91 413 2622704, 2623449, Raji

LAZY, CRAZY, HAZY SUMMER SALE!

Do pass by 22 May, Monday—27 May, Saturday.
9am—12noon & 1—4pm.



LAZY, HAZY, CRAZY SUMMER SALE!!!

MANDALA POTTERY
DANA COMMUNITY
0413 2622685
+91 8015280059

For our Mandala Pottery stock clearance sale, we have grouped our functional ceramics into price brackets of 50, 100, 200, 400....and more if you want that!;)

- Bring LARGE shopping bags!;)
- 0413 2622685, +918015280059

Adil, Mandala Pottery, Dana Community.

LITTLE OAK BY BERNARD LEACH, the GodFather of craft potters

Note From the Editors

Founded in 1920 by Bernard Leach and Shoji Hamada, the Leach Pottery, St Ives, is among the most respected and influential potteries in the world.

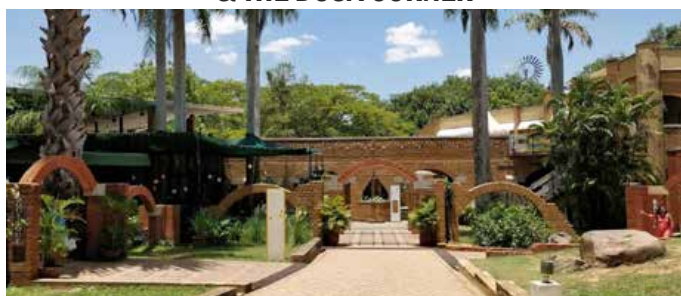
The Leach Pottery is considered by many to be the birthplace of British studio pottery. One of the great figures of XX century art, Bernard Leach played a crucial pioneering role in creating an identity for artist potters across the world.

Bernard Leach has had a profound influence on the birth of ceramics in Auroville.



The Editors of N&N

CAFETERIA AT VISITORS CENTRE & THE DOSA CORNER



will both be closed

Monday, 29 May—Friday, 2 June

The Cafeteria at Visitors Centre and the Dosa Corner will both be closed from Monday, 29 May to Friday, 2 June included, for repairs and maintenance as well as a welcome break. Sorry for any inconvenience caused.

*Your Cafeteria and Dosa Corner team,
Thanks, Nicole*

SAVI HAVING SUMMER BREAK



Two weeks: 22 May—5 June

Dear Community, Savi will be having its summer break for two weeks starting from 22 May.

- We'll be open from the 5 June.

Regards, the Savi team

AIRCON AIR CONDITIONER CLEANING



Aircon Clean offer comprehensive Air Conditioner cleaning service known as 'Jet Service'

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life. Save up to 30% power usage with a regular cleaning service.

Contact Aircon Clean now

- 9786809518, airconclean.av@gmail.com

Regards, Julien

RED DOT CAFE

Low carb office lunch. Vegan option available. Sign up for a lunch scheme, perfect for a Group lunch meeting.

- Red dot cafe at Upasana
- +91 9962197716,
upasanared.cafe@gmail.com



Uma

FREE STORE SUMMER HOURS

Dear Aurovilians & NewComers,

- the Free Store will be open **Monday to Saturday** in the mornings **only from 9am to 12:30pm**, for the months of **May and June 2023**.

Please bring the clothes in good condition and clean. We request you to drop your things during opening hours only. A few times we found the clothes soiled by some pets or even didn't get the dropped things at all.

Thank you for your collaboration!



Kamala & Vijaya

LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Due to the road construction you can only reach us via the Garden Entrance of Kalpana opposite Humanscapes

- Our e-mail address has changed to travelshop@inside-india.com, landline 2623030



Mr. Ganesh our Travel Consultant

- Will be at our Kalpana office from 10am—4pm Monday to Friday. Saturdays only on appointment.
- He can also be contacted anytime: +91 9894598686, phone or WA
- or by email: travelshop@inside-india.com
- **Lufthansa** starts daily operation of Boeing 747-800 from Bengaluru to Frankfurt effective 2 June 2023
- **Air India** has direct (dream liner aircraft) flights from Delhi—Amsterdam from 11th June onward, 4 flights weekly—Monday, Wednesday, Friday, and Sunday

Flights from Chennai

- **Etihad** has special fare to London, Frankfurt, Milan and Amsterdam
- **Air Vistara** offers fare to London, Frankfurt
- **Srilankan, KLM, Air France** competitive fares are available to Paris
- **Qatar** airways has offers to Milan
- **Qatar** airways pleased to announce:
 - 4 weekly flights to Nice starting from 9 May 2023.
 - 4 weekly flights to Lyon starting from 3 July 2023. Resumption of daily flights to Birmingham starting from 10 July 2023.
 - And greater connectivity with flights to Lyon via Doha.
 - They can also rediscover Birmingham in England and Nice in France as we resume flights to these amazing destinations and provide you with greater connectivity across our network. You can book by 20 April 2023 for travel until 30 November 2023 and save up to 10%* on business class and 10%* in economy class for travel to Nice.
- **Sri Lankan** airlines offer flights to Seoul from Chennai in Economy class, flights are weekly two days Tuesday and Sunday and weekly three days on Monday, Wednesday and Friday From Chennai to Narita also.

Keep all Covid vaccination documents as some countries are again requesting to present them. This could be even the case while returning to India. Keep in mind that one Indian state has introduced wearing masks in public spaces and Kerala is recommending it too.

Joster

ARIMUGAM

Offers its services voluntarily in gratis (Pro Bono) for the below areas only to individuals/activities who/which do not have a qualified and experienced in-house resource.



Focus:

- Startups: Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WA and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details: Surajkiran

- 98842 04918 Voice and WA, surajkiranv@gmail.com

Location: Auroville

Regards, Surajkiran

150DPI DIGITAL SOLUTIONS

We are an activity registered under Kattida Kalai Trust. Our activity has been serving our community since 2006. We provide the following services:

- Website design and development
- Web and mobile applications
- Domain and web hosting
- Security and maintenance
- Customised GST billing solutions
- UI and UX designs
- Database Development and
- Management
- IT Training



For 150dpi, Sathish Arumugam,
8098144686, hello@150dpi.com,
Surrender Community

POUR TOUS WATER

Free Service To The Aurovilians



Dear Friends, Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all).

We would like to express our gratitude to the BCC, which is supporting the budget to cover the running costs of Pour Tous Water.

The service and labor is free. If material is necessary for your work, the city service advances it, and you are paying to the collection account, which is going back to City Services only to cover the material cost.

Pour Tous Water would like to work with you in collaboration on transparency and accountability. All service transactions are through Financial Service accounts, we do not handle cash for the services and appreciate you helping us with this. Pour Tous Water keeps plumbing materials on hand for emergencies to save money on petrol and avoid time-consuming round-trips to the store.

- **For plumbing and water works**, please contact us at Pour Tous Water's office numbers: 2622899, 9843644308, and ptw@auroville.org.in.

Sincerely, Grace, for Pour Tous Water

Poetry

∞

The force that through the green fuse drives the flower
Drives my green age; that blasts the roots of trees
Is my destroyer.

And I am dumb to tell the crooked rose
My youth is bent by the same wintry fever.

The force that drives the water through the rocks
Drives my red blood; that dries the mouthing streams
Turns mine to wax.

And I am dumb to mouth unto my veins
How at the mountain spring the same mouth sucks.

The hand that whirls the water in the pool
Stirs the quicksand; that ropes the blowing wind
Hauls my shroud sail.

And I am dumb to tell the hanging man
How of my clay is made the hangman's lime.

The lips of time leech to the fountain head;
Love drips and gathers, but the fallen blood

Shall calm her sores.

And I am dumb to tell a weather's wind
How time has ticked a heaven round the stars.

And I am dumb to tell the lover's tomb
How at my sheet goes the same crooked worm.

Dylan Thomas

∞

No Bell, No Sound

Vajra and Bell:

Great Bliss and Emptiness.

Emptiness is not nothingness.

Emptiness is phenomena lacking inherent existence.

No bell, no sound.

No Source, no cosmos.

As Above, so below.

In the seeker hides the Sought.

We are That:

Satchitananda

The Great Bliss,

The Existent Consciousness-Force,

The Embodied Ananda,

The Delight of the Infinite.

Conscious now becomes the updation,

Fast-forwarding the evolution,

In the physical the salvation.

On Earth emerging soon:

The Divine Manifestation.

Zech, 2023.05.20

Ear of Ears

One is a poet because one is a seer.

Not only a seer but a hearer

Possessing the ear of ears.

Hear more here from the Poet Avatar and His torchbearers: Sri Aurobindo, or the Adventure of Consciousness, Mantric Poetry:

- https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#046

Zech, 2023.05.18

Voices and Notes

ERRATA



In our Last Issue Issue #975—May 18, 2023 we published an Article by Satprem, entitled 'Progress On The Crown Road' which included the Earth Institute logo.

However Satprem did not request the Logo to be added to the article. We therefore apologize for this indiscretion

The Editors of N&N

ECOSYSTEM

In Aspiration community I lived for about 30 years, I arrived in 1991 from the Soviet Union. I had some know-how. Once I sat in the dining room with tea. Kalyani, a French woman, passed by near to me. I raised my cup of tea and said: "À votre santé" (for your health). She answered: "No, à ta santé". What is the difference? À votre santé is plural, polite, officielle. It is good for France. A ta santé is singular, friendly, and simple. It is better for Auroville.



Kalyani planted a tree in Aspiration between kitchen and dining room. A common name of it is Kadam, botanical name Anthocephalus cadamba. It is from Greek words: anthos—flower, kephale—head. According to the Mother, flowers of the tree have a spiritual name: Supramental Sun. In the commentary it says, we aspire that its rays may illuminate and transform us.

About three days of the year the tree produces the flowers—like the gold balls with a nice aroma. A lot of different insects gather in that time with the great musical sounds. Relations between trees and insects are win-win, useful for both sides.

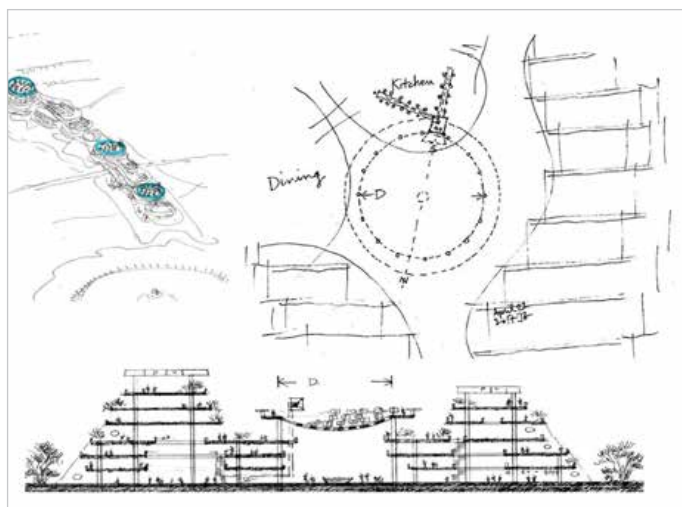


Not far from the kitchen there is another tree with common name red bead wood, botanical name is Adenanthera pavonina. Its seeds are bright red, sometimes they are numerous under trees. Children like to collect them.

Near this tree there is a house, a lady from Korea lived in it. She was a quiet positive person but one morning I was near her house and she was running to me with a loud cry: "Help! Help!" I understood that it happened something awful but in her bathroom I found a small snake, perhaps not venomous. Some people are very afraid of snakes!

Boris.

AUROVILLE AND SMALL HELIOSTATS



Cities and towns have high densities of people, associated habitats, and consumption of energies. Solar energy concentrators can deliver increased temperatures and therefore increase energy potential and applications (cooking, etc.). Towns in the sunny high-beam radiation tropics and solar concentrators can fit together but require special design, installation and care for safe operation. Small Heliostats CSP Systems on Long-Span Hanging Roofs are suggested for urban design consideration in Auroville.

Goodman, Joel H., 'Small heliostats CSP systems on long-span hanging roofs', *Journal of Green Building*, Vol. 14, number 2, Spring 2019, p219-242.

Dr. Gerhard Weinrebe, Schlaich Bergemann und Partner, had a July 2003 discussion with Mr. Bergemann, together with Prof. Schlaich about the small heliostats tower(s) system on long-span hanging roofs with the two-way cables shell structural system and a result was: '... a large (>200m diameter) concrete shell roof with micro-heliostats is feasible from a constructional point of view...' (Weinrebe 2003).

Weinrebe, Gerhard, Schlaich Bergemann und Partner, BI heliostats with long span hanging roof, email July 7, 2003.

Joel

WHERE ARE WE?

Here is where we are:

The World of Mind (mental)

Mental and Supramental (beyond mind) consciousnesses are ways of being.

The Supramental being sees things as they are.

The mental being sees things as they "should" be, "supposed to be", imposing something unreal to the Real, creating an illusion, acting on that illusion and experiences the karmic effects of that illusory perception-action. It has been since the beginning of this particular mental space-timing. That is why this mental world is called a falsehood. An undivine neighbourhood.

And why is it that way? It is just so. A Lila. A Play of the Supreme. A holographic multidimensional cosmic game of hide-and-seek.

But as it is based on "should", then there are limitless "coulds". Possibilities of all sorts. Endless.

And as the old one with an apex species the human is not anymore fun as it has become gruesome, another possibility is a complete reprogram: a Life Divine, which fully since nineteen-fifty-six has already begun.

Unstoppable.

"It is DONE."

And so We the exponentially increasing few, continue on to create the new: a New World based on the seeded, Supremely decreed Vision-Goal of the Double Avatar of the Future, Sri Aurobindo and the Mother:

'Man is a transitional being...'

'The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.'

And as you can see, We are continuing with the building of a City. A City of Dawn, a cradle for the transitional beings, willing servitors of the Divine Consciousness-Force, working towards the emergence of the Supramental beingness.

And in whose womb is happening this metamorphic birthing? Within no other than Bharat the Goddess Mother.

On this seventh Bhumi, on this blessed marvelous Earth emerging soon...

A Life Divine, Zech, 2023.05.22

THE LIFE DIVINE

"Lastly, to be fully is to have the full delight of being. Being without delight of being, without an entire delight of itself and all things is something neutral or diminished; it is existence, but it is not fullness of being. This delight too must be intrinsic, self-existent, automatic; it cannot be dependent on things outside itself: whatever it delights in, it makes part of itself, has the joy of it as part of its universality. All undelight, all pain and suffering are a sign of imperfection, of incompleteness; they arise from a division of being, an incompleteness of consciousness of being, an incompleteness of the force of being. To become complete in being, in consciousness of being, in force of being, in delight of being and to live in this integrated completeness is the divine living.

But, again, to be fully is to be universally. To be in the limitations of a small restricted ego is to exist, but it is an imperfect existence: in its very nature it is to live in an incomplete consciousness, an incomplete force and delight of existence. It is to be less than oneself and it brings an inevitable subjection to ignorance, weakness and suffering: or even if by some divine composition of the nature it could exclude these things, it would be to live in a limited scope of existence, a limited consciousness and power and joy of existence. All being is one and to be fully is to be all that is. To be in the being of all and to include all in one's being, to be conscious of the consciousness of all, to be integrated in force with the universal force, to carry all action and experience in oneself and feel it as one's own action and experience, to feel all selves as one's own self, to feel all delight of being as one's own delight of being is a necessary condition of the integral divine living."

Sri Aurobindo, The Life Divine, p. 1061-1062

Submitted by Soham

Auroville Radio

AUROVILLE RADIO



Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

Last published podcasts

- [La Vita Divina—Ep.27](#) (Sri Aurobindo)
- [The Power within—Conversation with Shankerdevy of Talam team \(In Tamil and English languages\)](#) (Commercial Units)
- [Exploring Education in Arts, Animation and Film-making—Ep. 4 "How Do I Learn To Draw From Scratch?"](#) (Cinema)
- [I just wanna write—Ep.10 "Turning Pages, Turning Thoughts. Using Creative Writing to Move Past Negative Beliefs"](#) (Creative Writing)
- [Marlenka's weekly Offering—Ep.91](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi—436](#) (Integral Yoga)

Auroville Radio TV is maintained and supported with the help of a small town budget and voluntary donations. Thanks for donating to us.

- If you wish, **make a donation to F.A. number 0867** ...and more! on www.aurovillerradio.org
 - **As non Aurovilian you can donate** [please visit this link](#).
- For more information write to radio@auroville.org.in

Peace and Love

Regards, Wobbli

Classes, Workshops & Healing Arts

MOTHER'S MUDRAS

Mother's Mudras in a Tai-chi Form.

- **Every Tuesday at 4:30 at Savitri Bhavan.**

On Sundays, after the Savitri reading, by 12, we practice also.

Everybody Welcome. Facilitator: Anandi ayün

'A harmonious collective aspiration can change the course of circumstances'. **The Mother**



HALF-DAY VIPASSANA COURSE

Every Sunday, 8:30am—12:30pm @ Udavi School

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10-day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.



- **Date:** Every Sunday
- **Timings:** 8:30am—12:30pm but you can also drop in and join as long as you wish.

No registration is required.

- **Venue:** Udavi School (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).
- **Contact:** Sanjay Tumati, +91 8790982210WA, sanjay@aurauro.com

Thanks, Laure,
+91 8807434864 mob., +33 695651135 WA

ACTIVITIES BY LAKSHMI

Sound Chakras Healing

Guided vibrational sound journey using (Tibetan Bowls and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



Benefits: Peace, Calm and Quietude, Mental clarity, Revitalizing, released, Improve sleep, Emotional and mental balance, Inner silence, Deep relaxation, Grounding,

- Individual session,
- Couple session,
- Small group (max 4 people)

Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga. is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice. Please contact for an Appointment:



- 8489764602 Lakshmi or
- lakshmiprem369@gmail.com

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust

Lakshmi

ANGAM TREE:

Holistic Wellness Initiatives

Angam Tree Wellness Hut has now with your grace grown into Angam Tree Varmam Wellness Research and Education



Centre a goal focused on Holistic Wellness. Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Our community outreach and social responsibility work is fostering the following two initiatives:

Massage Therapist Development Program

It is a scholarship based platform for bio-region villages. Student Massage Therapists to learn more about the science and craft of therapy via research and becoming a more evidence-based practitioner.



This is an opportunity to not only create a positive change in our learning and growth as contributing individuals within our communities, but also for other us to create better outcomes in our practice and generational continuity of our knowledge and skills.

Siddha Holistic Wellness Circle



To ensure continuity of our Tree of traditional and ancient healing systems. The sharing circle is focussed on facilitating meaningful action oriented dialogue, discussions and continuous learning's on yoga, meditation, massage therapy and sound healing.

Based in the lineage of siddha varma, or the yoga of adepts using verb and verse. As siddha yoga practitioners, believe that the science and practice of yoga are more than just systems of creating optimal health in the physical body and but means to achieve absolute knowledge, indestructible body, mind and spirit.

Angam Arogyam Udyan

It is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness. Approximately 50% of drugs currently used are derived from medicinal plants. More than 80% of the world population has made use of some form of traditional knowledge in health, as a form of self-care in health.

- They are more affordable than most conventional medicines.
- They are easy to obtain and don't require prescriptions.
- They strengthen the overall immune system.
- They can stabilize hormones and metabolism.
- They can be found in nature, so cost very little to harvest and produce.

Your support and donations will help young individuals to learn and develop the traditional craft of therapy. Ensuring them a means of livelihood and continuity of the healing arts generation to generation.

- You can learn more about us and our initiatives at <https://angamtree.com/donate/>

For Angam Tree, Raja, +91 9751395939

RELAXING OIL MASSAGE



- Relaxing oil massage to reconnect body and soul.
- Full body, 90 minutes.

On donation for aurovilians, newcomers and volunteers.

- Someone could land me a MASSAGE TABLE to offer massages to an Aurovilian who had a stroke? For one or two months.

Best regards, Umberto, 7598331379

NEEDED SHIATSU MODELS!

4 to 11 June 2023, mainly times after 3pm,
@ Budokan, Dehashakti.

Always wanted to check out Shiatsu? Shi-atsu, this therapeutic 'thumb pressure' touch which is so much more than that!

Save dates and times, connect with us before the training and we'll invite you for your special taste of Shiatsu.



Many models needed! Spread the word! Please come in comfortable and flexible clothes. Shiatsu is practiced on the mattress on the floor with a clothed body. Let us know any health issues that you are facing in case there are any.

- For any questions and registration: Ulrike Urvashi 9751513906 (WA, Signal, Telegram)
- mothersworkforTheMotherswork@gmail.com

Ulrike

HEARTFULL® MEDITATION WITH AVANTIKA

- Savitri Bhavan
May 30 2023, Tuesday, 9—10am
- Arka Guest House
May 31 2023, Wednesday, 9—10am

'Those who feel the unquenchable thirst for something different will be protected in a cocoon of Light to traverse all perils of the convulsions of the old and dying world—for in part of their being they already belong to that Light, to the New World. And all one has dreamt to be the most beautiful, the most marvelous, the most fantastic is nothing compared with what will be realized.' *The Mother*



- Open and connect to the Light in our own Heart Center (Heart Chakra)
 - Surrender mind energy to Heart chakra to transform mental aspect of human existence
 - Provide a shield of Divinity (the true us) around body
- Heartfull® Meditation** techniques are a proven pathway to systematically turn to the divine.
- Please contact Avantika at avantikaLight@gmail.com for any questions.

Avantika



ARKA
WELLNESS CENTER & MULTIPURPOSE HALL
Regular activities, May 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday: 3 —4:30pm Tuesday: 5 —6:30pm
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30—8:30am. Friday 5:30—6:30pm, Only by Appointment.
Iyengar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm.
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, 9943410987, by appointment (TOS)	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana, 9047654157, by appointment	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacoloring	Meha, 9443635114, by appointment,	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina (TOS): 9791719387, +39346225804, WA	Monday to Friday (Morning)
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarjyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

Thanks & Regards, Ramana

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966 mob. & WA

Pregnant Women Classes w/Appie & Friederike

• Monday 29 May 2023, 9:30—11am

Experience the relaxing and connecting benefits of floating in warm water. You are invited to come with or without your partner or birth-attendant.

Submitted by Guy



VÉRITÉ

May 2023

0413 2622045, 2622606,
7867805812

programming@verite.in

www.verite.in

Workshop

Yearnings for Peace: Peace Within, Peace Without with Dr.Sehdev

Saturday, 3 June—2pm—4:30pm

Harmony, Tranquility, Beauty & Generosity are essential expressions of Peace. Disharmony, tension, fear, and depression are various expressions of a life that is not at peace with itself. In this state of peacelessness, all our life energies are slowly dissipated. Peace Within—peace in our hearts, bodies, and minds, and Peace Without—in our families, nations, and in the world at large, are all of one piece. Through one's own life experiences and encounters, this workshop explores Peace as the most scintillating force in all its existential and spiritual manifestations.

REGULAR EVENTS—JUNE 2023

Classes

Yin Yoga—Healthy Hips with Emma

• Monday 3:30—4:30pm

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilize and strengthen joints, ligaments and deep fascia network while providing a restful context for meditation.

• Contact 0413 2622045, 7867805812 WA,
programming@verite.in

Deep Sound Bath with Satyayuga

• Monday 5—6pm

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone and drum along with mystic chanting.

• Contact 0413 2622045, 7867805812 WA,
programming@verite.in

Face & Eye Yoga with Mamta

• Monday 5—6pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

• Contact 0413 2622045, 7867805812 WA,
programming@verite.in

Gentle Vinyasa Yoga with Emma

• Tuesday 10:30—11:30am

This Gentle Vinyasa practice explores the Range of motion of the body while working on mobility and flexibility. The class focuses on breath and mindful movements with a moderate intensity.

• Contact 0413 2622045, 7867805812 WA,
programming@verite.in

Holistic Hatha Yoga with Sabrina

- Tuesday & Thursday 5—6pm

Come and experience a complete Hatha Yoga class, to balance the whole being! Each class includes pranayamas, mantras, mudras, asanas and meditation.

- Contact 0413 2622045, 7867805812 WA, programming@verite.in

Peace with Pranayama with Mamta

- Wednesday 5—6pm

Prana is the vital force or subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices like Pranayama help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will be exploring the meaning of Prana & Pranayama, its references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana.

- Contact 0413 2622045, 7867805812 WA, programming@verite.in

Yin Yoga—Healthy Spine with Emma

- Friday 5—6pm

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilize and strengthen joints, ligaments and deep fascia network while providing a restful context for meditation.

- Contact 0413 2622045, 7867805812 WA, programming@verite.in

Mindful Flow—Awaken in Movement & Stillness with Savitri

- Saturday 5—6pm

A guided session in which we first ground ourselves and bring awareness to our bodies with the help of sound and music. Then we explore slow, small, movements of the body, from head to feet, bringing attention to sensation. Next, we expand outward, with intention, moving both freely and mindfully—with awareness of our sensations and surroundings, as well as of others. Finally, we bring our focus inward, shifting into stillness to heighten awareness of subtle sensations and the natural flow of our body and breath. We close with a circle for sharing and appreciation.

- Contact 0413 2622045, 7867805812 WA, programming@verite.in

Treatments and Therapies

- By appointment: treatments@verite.in +91413 2622606, 917867805812WA

Biodynamic Craniosacral Therapy with Mila

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

Private Yoga Sessions / Yoga Therapy with Nadia

Yoga therapy is the specific application of sequences of posture, breathwork and meditation with the support of props, to address an individual's physical, mental, and emotional needs within a holistic and highly personalized framework. Yoga Therapy is for those who require specific guidance and modification or may not be able to follow a regular class due to special needs, pace, or recuperation requirements, typically these include back care, joint issues, energetic/hormonal imbalances, lack of mobility due to injury, injury to the nervous system, PTSD, anxiety, circulatory problems and much more.



- By appointment: treatments@verite.in +91413 2622606, +917867805812WA

Holistic Head and Face Massage—with Lalita

This massage uses a blend of almond and carrot oil which is soothing and fragrant. In addition to cleansing the skin, and massaging the facial muscles, this massage also gently stimulates pressure points on the head to help relieve stress and bring one to a state of relaxation.

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage with Raja

Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body.

Private Yoga Sessions / Yoga Therapy with Sabrina

Yoga is an amazing tool to relieve and strengthen the body and mind, bringing back energy and a sense of balance. Through yoga-therapy, pranayamas, mudras, mantras and asanas, Sabrina proposes to create and guide you through your own personalised sequence according to your needs.

Ayurvedic Abhyanga Massage with Umberto

Abhyanga massage is an ancient Indian Ayurvedic oil technique for healing and detoxifying the body, mind and spirit. The Abhyanga works in a synchronized manner to restore the flow of life energy in the body. This Ayurvedic detox and stress reduction therapy is performed with coconut or sesame oils, which help to nourish your nervous system, relax the muscles, and maintain the flexibility of your joints. The session ends with a face massage and rest.

Lomi Lomi Hawaiian Massage with Umberto

Lomi Lomi is a Hawaiian massage and includes long, fluid, rhythmic strokes over the whole body using the hands as an instrument of the heart. Energetic, emotional and muscular blockages are released allowing circulation, oxygen, life and spirit to flow through body and mind. While the whole body is accepted unconditionally, the muscles and connective tissue are stretched, stiff joints are loosened, circulation improves, skin glows, and internal organs are gently manipulated into their correct relationships. The therapist works with deep breathing and a heart-centered focus, giving balance, energy flow, and a heart-opening peace to the client.

Heart-Centered Resilience with Susan

Learn simple, heart-focused skills to help regulate your body's response to stress. These scientifically validated tools have been proven to increase wellbeing, personal and professional performance, and quality of life. One or two 60-90 minute sessions are very useful, but for optimum learning, a series of 3 sessions is recommended.

Individual Self-work with Clay with Megha

Clay has innate qualities that help us connect with ourselves creating a more real, tangible and physical experience of our subtler state and inner environment. While our breath becomes an intricate part as we connect with the "earth" it brings awareness, presence and balance within. Through feeling and sensing clay we will immerse into an inner journey using certain hand building techniques and the wheel.

- By appointment: treatments@verite.in +91413 2622606, +917867805812WA



VÉRITÉ PROGRAMS

June 2023

0413 2622045, 2622606,
7867805812 WA, 8489391876 WA

programming@verite.in

www.verite.in

Yoga & Re-creation Programs

Days	Drop-in Sessions	Timings	Presenters
Mondays	Yin Yoga—Healthy Hips	3:30—4:30pm	Emma
	Deep Sound Bath	5—6pm	Satyayuga
	Face & Eye Yoga	5—6pm	Mamta
Tuesdays	Gentle Vinyasa Flow	10:30—11:30am	Emma
	Holistic Hatha Yoga	5—6pm	Sabrina
Wednesdays	Peace with Pranayama	5—6pm	Mamta
Thursdays	Holistic Hatha Yoga	5—6pm	Sabrina
Fridays	Yin Yoga—Healthy Spine	5—6pm	Emma
Saturdays	Mindful Flow—Awaken in Movement & Stillness	5—6pm	Savitri

Intensives, pre-registration required

Day & Date	Intensives, pre-registration required	Timings	Presenters
Saturday, 3 June	Yearnings for Peace: Peace Within, Peace Without	2pm—4:30pm	Dr. Sehdev
Saturday, 10 June	Restorative Yin and Yoga Nidra	9:30am—12pm	Emma
Friday, 16 June	Yogic Kriyas	9:30am—12:30pm	Mamta
Saturday, 17 June	Balance Your Koshas through the Practice of Yoga	9:30am—12:30pm	Sabrina
Saturday, 17 June	Astrology—Play of the Elements	10am—12pm	Vikram
Saturday, 24 June	The Healing Power of Gayatri Mantra	9:30am—12pm	Sabrina

Therapies, by appointment only

Face and Head Massage	Lalita
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Private Yoga Session / Yoga Therapy	Nadia
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Private Yoga Session	Sabrina
Heart-Centered Resilience	Susan
Lomi Lomi Massage	Umberto
Ayurvedic Abhyanga Massage	Umberto

Thushar, Programs Coordinator



SERENDIPITY

(Ex. Joy Community in front of Center GH)

Center Field, Auroville—605101

Mobile/WA: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipityauroville.org>

<https://www.facebook.com/serendipityauroville>

Shiatsu Massage with Sara

- On appointment only, +91 9443617308, Sara

Shiatsu is a manipulative therapy developed in Japan and incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

Sara for Serendipity

PEACE WITHIN: PEACE WITHOUT

Vérité, Saturday, 3 June, 2—4:30pm



- Can there be Peace Within if there is Discordance in the Family?
- Can there be Peace in the World if our Leaders are driven by Arrogance and Fear?
- Can there be Peace in our Hearts if demonic forces of Injustice and Inequality keep flourishing in the World unheeded?

Let us aspire for an Integral Vision of Peace that celebrates **Love & Harmony & Dignity** at all levels In the Phenomenological & Spiritual Universe Alike

- Register: +91 7867805812

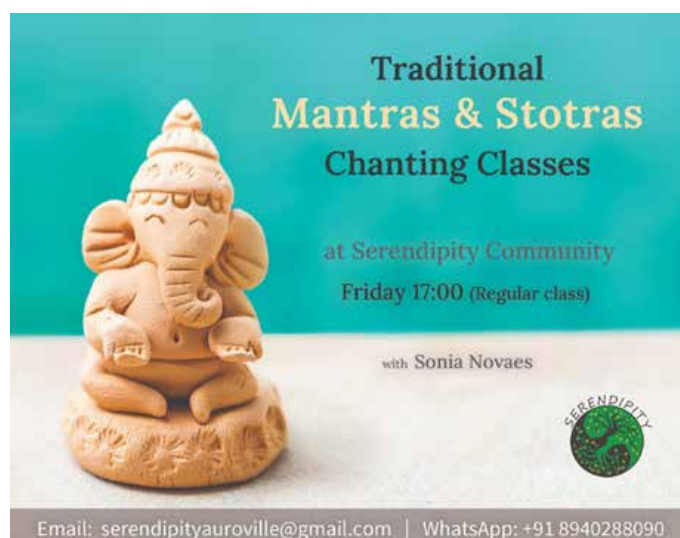
Dr. Sehdev Kumar,

Professor Emeritus, Canada, Author, Poet, Mediator, Author of *Angels in Black Holes*, *Ocean in a Drop: Verses of Kabir*

TRADITIONAL MANTRA & STOTRA

CHANTING CLASSES

Friday 5pm @ Serendipity Community



Sincerely, Sonia, Om

1 YEAR PROGRAM IN VEDIC ASTROLOGY

I'm offering a new one-year program of Vedic astrology, designed to provide a comprehensive understanding of this ancient Indian system of astrology.

We will explore various aspects of Vedic Astrology, including the stories of the signs, mythology of the Nakshatras, using Avasthas and planetary strength, calculating and interpreting planetary periods, retreats on the Navagrahas, and preparing for client sessions.

- Sessions will be online on Saturdays, starting from 3 June.
- Please message, if you're interested in joining. My email is vikram@auroville.org.in and WA +919843948288

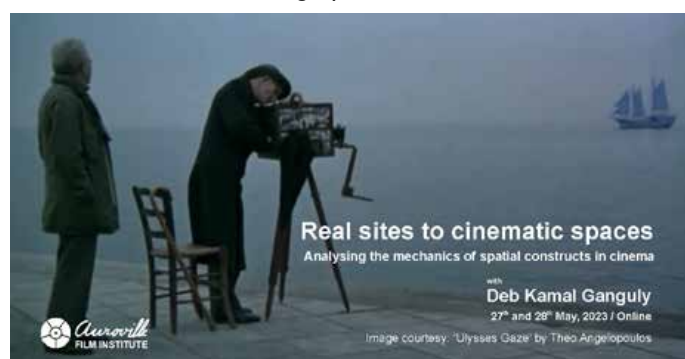


Regards Vikram

Cinema

REAL SITES TO CINEMATIC SPACES

- 27 & 28 May, 14:30—18:30 IST_Online.
- Analyzing the mechanics of spatial constructs in cinema...
- With Deb Kamal Ganguly



This short course will look into the mechanics of creating / constructing a 'cinematic space' out of a 'real site'. Unlike studio-set films which create cinematic worlds in a completely controlled manner, in location based films / scenes, the real, regular sites can be dynamised into 'cinematic spaces' of extraordinary appeal.

There is a thrilling possibility to creatively rearrange, realign, relate the existential realities of the space to the 'cinematic affect' one wishes to arrive at.

We'll appreciate and analyze examples of remarkable spatial constructs in non-fictional as well as fictional film contexts.

To know more, please visit:

- <https://film-institute.auroville.org/2023/05/14/real-sites-to-cinematic-spaces>
- Or call +919969879319 WA & Telegram

Warmly, Richa,
Film Institute @ Auroville

STUDY CIRCLE: SUMMER BREAK

We are taking
A SUMMER BREAK.
We will resume with our
study circles
from August 2023.



A CALL FOR SUBMISSIONS:

8th Edition of the Auroville Film Festival

The 8th Edition of the Auroville Film Festival will take place in January 2024. We are now open for submissions, films for the three local categories are to be entered using the form on our website <https://film-festival.auroville.org/submissions-2024/>:

**AUROVILLE
8TH FILM
FESTIVAL 2024**

1. Films made by Aurovilians, bioregion residents or guests of Auroville
2. Films made about Auroville / bioregion
3. Films made by students of Auroville / bioregion

Students 17yrs old and below are eligible to enter films in the students category. Films produced after August 15, 2021 are eligible for above 3 categories and the deadline for submission is September 15, 2023.

A note to prolific filmmakers: please do make a selection of the best! In this edition we have decided on screening only 30hrs of films in total (the last editions screened 50hrs!).

- Entries for the international category of 'Films that develop the theme of human unity' are to be submitted via <https://filmfreeway.com/AurovilleFilmFestival>

Films for this category need to be produced in January 2021 or later and the deadline for submission is July 31, 2023. Please do submit your films to AVFF'24 and help spreading the word.

Submitted by AVFF team

ECO FILM CLUB

Every Friday at Sadhana Forest



Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 2 June

Protecting the Environment / Sustainability

2014 / 81 minutes / Susan Kucera



Explore the wisdom of the people who sustainably live off the land, as this poignant Documentary goes on a global journey to get insightful commentaries from the world's greatest scientists. Ponder what we can do to preserve our planet.

Submitted by Shek



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
29 May 2023 to 04 June 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theater halls. Since a mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. To organize the seminar/program please contact us via email.

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian— Monday 29 May, 8pm
UUNCHAI(Height)

India, 2022, Dir. Sooraj R. Barjatya w/ Amitabh Bachchan, Anupam Kher, Boman Irani, and others, Adventure-Drama, 173mins, Hindi w/ English subtitles, Rated: NR (PG)

Amit, Om, Javed and Bhupen are all senior citizens now, who have been friends for over 50yrs. Bhupen, whose only family were these friends, held a dream to climb Everest with his buddies. When Bhupen suddenly passes away, Amit finds tickets Bhupen had made for this trip. He convinces Om and Javed and together they set out to spread Bhupen's ashes in the mountains. Unaware of this plan, Javed's wife Shabina accompanies them only until Kanpur to visit their daughter. However, a stranger, Mala Trivedi joins them from Lucknow who does not seem to be quite who she claims to be. The journey continues...

Potpourri—Tuesday 30 May, 8pm
GO

Japan, 2001, Dir. Isao Yukisada w/ Yôsuke Kubozuka, Ko Shibasaki, and others, Drama, 122 mins, Japanese-Korean w/ English subtitles, Rated: PG 13

A wild—at times bloody—story about a guy from the North Korean community in Japan, who tries to find out what his roots are and where he belongs to. Sugihara speaks Japanese, he looks like an ordinary Japanese punk and has Japanese friends—but he is different. What most people don't know, there are strong reservations in Japan against the Koreans in the country, so eventually Sugihara hits some walls, especially when he falls in love with a Japanese girl and doesn't dare to tell her the truth. A much-acclaimed film, not to be missed!

Interesting—Wednesday 31 May, 8pm
DAS LIED VON DEN ZWEI PFERDEN
(The Two Horses of Genghis Khan)

Germany, 2009, Writer-Dir. Byambasuren Davaa w/Urna Chahar-Tugchi, Hicheengui Sambuu, Chimed Dolgor, and others, Documentary, Mongolian w/ English subtitles, Rated: NR (PG)

Urna, a singer, traces her way back to her roots in Outer Mongolia to keep a promise to her grand mother who had to destroy her beloved horse-head-violin during the Chinese Cultural Revolution. The ancient song of the Mongols—same as the title of this film, was engraved on the violin's neck. Only the neck survived the cultural storm. Back in Mongolia, Urna takes the broken part to Hicheengui, a renowned horse-head-violin maker, to build a new body for the old instrument. Then, Urna set out to look there for the song's missing verses.

Selection—Thursday 1 June, 8pm
EL CIUDADANO ILUSTRE (The distinguished citizen)

Argentina-Spain, 2016, Dir. Mariano Cohn, Gaston Duprat w/ Oscar Martinez, Dady Brieva, and others, Comedy-Drama, 118 mins, Spanish w/ English subtitles, Rated: NR (R)

After refusing big and prestigious awards all over the world, Mr. Mantovani, a Nobel Prize winner in literature, accepts an invitation to visit his hometown in Argentina, which has been the inspiration for all of his books. But turns out he had used real people as characters of his creation that earned him the Nobel Prize. Expect the unexpected when you have used real people as characters in your novels. The whole system of art comes into question. Should the artist violate real people in order to make his art relevant?

International—Saturday, 3 June, 8pm
THE WHALE

USA, 2022, Dir. Darren Aronofsky w/ Brendan Fraser, Hong Chau, Sadie Sink, and others, Drama, 117 mins, English w/ English subtitles, Rated: R

In this Oscar winning film, which revolves around a reclusive, morbidly obese English teacher who lives alone in the wake of a tragedy. He attempts to reconnect with his estranged teenage daughter for a chance at redemption. An emotional story of heartache, empathy, and grace. A film to watch!

Children's Matinee—Sunday, 4 June, 4:30pm
WONDER PARK



Spain-USA, 2019, Dir. Drown, w/ Sofia Mali, Jennifer Garner, Ken Hudson Campbell and others, Animations-Adventure, 85 mins, English-French, Rated: PG

June, an optimistic, imaginative girl, discovers an incredible amusement park called Wonderland hidden in the woods. The park is full of fantastical rides and talking, funny animals—only the park is in disarray. June soon discovers she's the only one who can fix it, so she bands together with the animals to save this magical place

Woody Allen @ Ciné-Club Sunday 4 June, 8pm
MATCH POINT

USA, 2005, Dir. Woody Allen w/ Scarlett Johansson, Jonathan Rhys Meyers and others, Drama—Thriller, 124 mins, English W/ English subtitles, Rated: R.

In this dramatic thriller, at a turning point in his life, a former tennis pro falls for a femme-fatal type who happens to be dating his friend and soon-to-be brother-in-law. The two embark on an illicit affair which ultimately leads to dire consequences for them and their partners.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available. For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, Nina for MMC/CP
 Group Account #105106,
mmcauditorium@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in, 0413 2622133

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7):

- 108

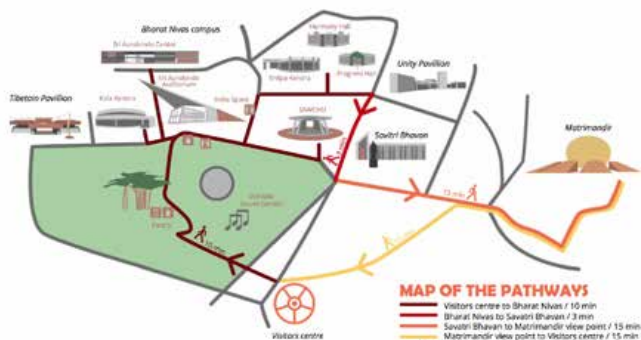
INAUGURATION OF EKATTVA MAARG

at Bharat Nivas

Inauguration Details: Saturday, 27 May,
10:30am—5pm

@ Bharat Nivas Back Gate
(opposite of the Visitor Centre)

Bharat Nivas is happy to invite you all for a long-awaited and exclusive opening of Ekattva Maarg—A Unity Path to Discover Auroville. The Auroville discovery pathway comprises the loop that starts at the Visitor centre and passes through Bharat Nivas, Unity Pavilion, Savitri Bhavan, the Matrimandir View point and ends at the Visitors Centre.



The project will offer to the guests of Auroville and interested aurovilians guided tours, ongoing and new exhibitions as well as daily activities, such as painting, theatre, mud-art, mime show, sustainability, dance, sound bath, kolam yoga, incense and many more.

Bharat Nivas is going to present soon a new cultural program and to offer a pleasant ambience to families with few "snack corners" and a new cafeteria.

On the inauguration day of Ekattva Maarg an enjoyable and lively program awaits aurovilians and our guests in the morning and afternoon: folk dance group performance (Parai drum dance, Oyil Dance & Kolattam), Nadaswaram music concert, Opening of the Painting [Exhibition of Luigi Fabozzi](#) at Kalakendra Art Gallery, workshops (Mud Art, Movie projection, Mime Show) and new food stalls. The activities will continue regularly from then onwards (see attachment).

- A guided discovery walk through Ekattva Maarg will be offered on regular basis and will start at 10:30 am with a prior registration at ekattvamaarg@auroville.org.in or via phone: +91 78455 24014

All are cordially invited!

Bharat Nivas Team

Ekattva Maarg

एकत्व मार्ग

A WALK TO DISCOVER AUROVILLE

Bharat Nivas, the India Pavilion, is excited to connect with neighboring pavilions through the revival of the Auroville Discovery Walk. Our goal is to promote human unity by creating physical, intellectual, emotional, and spiritual connections among people from diverse backgrounds.

The Auroville Discovery Walk includes a loop with destinations that starts at the Visitor's Center, including the Tibetan Pavilion, Unity Pavilion, Savitri Bhavan, Bharat Nivas, and the Matrimandir viewing point. As you take this walk, we invite you to indulge in the Sound bath, enjoy snacks under the Banyan tree, and take the time to individually discover and deepen your experience of Auroville.

Our docent-led, guided tours will give you insight into the history and significance of each destination along the loop, as well as introduce you to a range of current and upcoming events based on the diverse experiments and practices across disciplines in Auroville and the bio-region.

At Bharat Nivas, you can engage with Kalakendra art and multi-disciplinary exhibition hall, attend a workshop on Kolam Yoga by Grace in the Sri Aurobindo Auditorium Foyer, book a session on Sound bath and other craft based activities, watch movies on Auroville, register for various talks or explore the India Space to learn more about the city's model and design. You can register for all events and workshops at the Visitor's Center. While the Auroville Discovery Walk is free, a small contribution is requested for the craft based workshops and for the guided Tours.

Join us in experiencing Auroville through this connected pathway and discover the rich diversity and unity that defines our community.

For registration of these activities please contact

- Information Service Desk at the Visitor Center
- or write to: bharatnivas@auroville.org.in
- balur8384@yahoo.com
- Mobile: +919943707570

EKATTVA MAARG:

Sound Bath

- Harmony Hall

The Sound Bath is a unique experience offered by Svaram Musical Instruments and Research. The experience offers participants a journey with sound through different soundscapes created by artists and artisans using a variety of instruments aimed at promoting a deeper and harmonious connection to our own being and a relaxing experience.



Experience Kolamyoga

- Sri Aurobindo Auditorium, Foyer

Welcome to experience the making of a Kolam. A two-dimensional representation drawn with your own unique physical proportions on the earth's surface with the help of sacred powders. You will be guided into an ancient pictorial language creating a personal prayer, acknowledgement of codes, symbols, pictorial or abstractions of life, its forms and shapes. You will taste the vast reservoir of Powers, Beauty, Harmony and Knowledge that resides within us all.



Coconut Shell Craft Workshop

- Sawchu Shilpa Kendra

Experience and learn the art of designing unique crafts made from eco-friendly material (i.e.) Coconut shell which are environmentally friendly and sustainable. In this workshop you create either pendant, earring, key chain or bowls through new and unique techniques and you will carry your product with you as a souvenir.



Incense Making

- Sawchu Shilpa Kendra

Experience and learn the art of making two different types of incenses (Agar-battis and cone shaped incense) Which are combustible. In this workshop you will be able to make your own best naturals incense in an easy way and you will carry your product with you as a souvenir.



Regular Movie Screening

- India Space

They will be a regular movie screening on Auroville, Sri Aurobindo's Five Dreams & Genius of India at India Space. All are welcome.



All about sustainable living in Auroville by Laure

• India Space

During this interactive session with Laure, she will share her tips and tricks to live a sustainable and healthy life, what Auroville does in terms of sustainability and she will answer all your questions too. This workshop is also available on demand for a group of minimum 5 people.



Draw Along—Art Workshop

• Sri Aurobindo Centre, Study room 1

Come along and learn how to sketch paint & draw on the spot along with the artist and carry your creation with you as a souvenir.



Cynotype Printing

• Kala Kendra Art Studio

Nature of workshop: It is to illuminate the urgency of incorporating health, both that of mind and body in equilibrium with elements of nature, as a collective and as an individual.



Japanese Mud Art Workshop

• Kala Kendra Art Studio

Please check at the registration desk about the possible day and time for the activity.



Pottery And Clay Art Workshop

• Kala Kendra Art Studio

Discover a fun filled ancient art of pottery and clay craft. Create your own unique souvenir... all handmade with love.



Classical Mime Show By iMIMEgination Team

• Progress Hall

Workshop on demand is available for a minimum group of 6 people. Please check at the registration desk about the possible day and time for the activity.



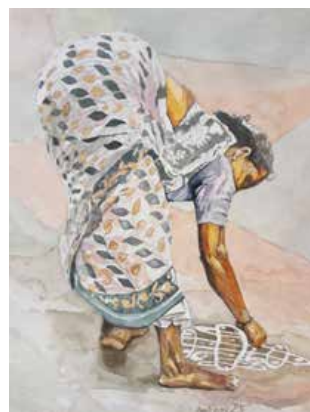
BN Cultural Team

EXHIBITION OF LUIGI FABOZZI

@Kalakendra, Innauguration 27 May

Luigi Fabozzi's artistic journey began at a very early age, but because of his social and outgoing nature, his relation with painting is inconstant to this day. Taking long breaks from painting (months and even years), he resumes art only when he feels the need to withdraw from social life.

Seeing art as a temple to seek refuge and quieting emotions and thoughts, Luigi Fabozzi uses watercolor as a form of meditative practice to center himself in times of turmoil and confusion.



During his life in Europe, Luigi Fabozzi was inspired by the local architecture and urban landscapes; whilst here in India he is mainly fascinated and inspired by the people. This has had a significant effect on his painting technique: while in Europe he was able to sit and paint for an hour or longer (in Europe the sunlight changes very slowly), here he is forced to take photos of the subject and then later paint by looking at the photos from his smartphone. This also gives him the chance to zoom in and do detailed work.

Luigi Fabozzi's technique, although acquired through many years of practice, is very simple: he doesn't trace from the photo, he doesn't project the photo onto the paper, and he doesn't adopt any other form of bypassing work. He doesn't make corrections and he doesn't use special tools.

He lightly draws the general / imprecise shape of the subject with pencil, just to get the approximate proportions. But he won't go into painting until he feels that he is concentrated enough.

Luigi Fabozzi believes that inspiration is caused by the impressions that the environment has on us (people of the rural areas here are very different from Europeans of the city), and the need we have to express those impressions, but ultimately there is a greater force which expresses itself through the artist, and which makes the artist an instrument.

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