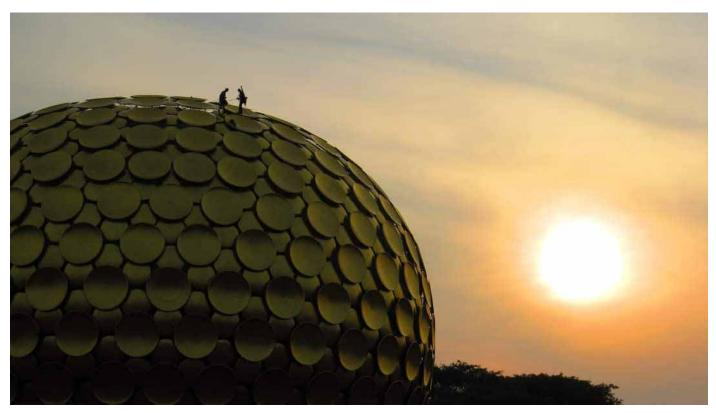
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#984 A weekly bulletin for residents of Auroville 20 July 2023



Equipped with qualities, a doer of works and creator of their consequences, he reaps the result of his actions; he is the ruler of the life and he moves in his journey according to his own acts; he has idea and ego and is to be known by the qualities of his intelligence and his quality of self. Smaller than the hundredth part of the tip of a hair, the soul of the living being is capable of infinity. Male is he not nor female nor neuter, but is joined to whatever body he takes as his own.

#### Swetaswatara Upanishad.

He passes in his departure from this world to the physical Self; he passes to the Self of life; he passes to the Self of mind; he passes to the Self of knowledge; he passes to the Self of bliss; he moves through these worlds at will.

Taittiriya Upanishad

Pondering



There must be an individuation of the psychic person itself sufficient for it not to depend on its past mind and life formations any more than on its past body, but to shed them too in time and proceed to a new formation for new experience. For this discarding of the old and preparation of new forms the soul must dwell for some time between two births somewhere else than on the entirely material plane in which we now move; for here there would be no abiding place for a disembodied spirit.

There must then be a final resort to a plane of pure psychic existence in which the soul would await rebirth; there it could assimilate the energies of its past experience and life and prepare its future

Rebirth and Other Worlds, The Life Divine by Sri Aurobindo

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## **EDITORS' NOTE**

Dear Friends, readers of paper version! We are working on improving the delivery of paper version of News and Notes on Fridays only with no delays. Please let us know if you do not get your paper copy on Friday before 4:30pm.

Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery us rain on Friday.

Light and Peace Roy and Agni

To The Content

House of Mother's Agenda

#### (continued from last week)

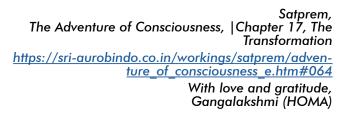
Finally, the whole universe is composed of a single substance of divine Consciousness-Force, and Agni is the element of force or energy in consciousness: 'O Son of Energy,' says the Rig Veda. (VIII.84.4) It is Force-Consciousness, a warmth, a flame, at whatever level we feel it. When we concentrate in our mind, we feel the subtle heat of mental energy or mental Agni; when we concentrate in our heart or in our emotions, we feel the subtle heat of Life-Energy or vital Agni; when we plunge into our soul, we experience the soul's subtle heat or psychic Agni. There is only one Agni throughout, one current of Consciousness-Force or consciousness-energy or consciousness-heat taking on different intensities at different levels. Then there is the fundamental Agni, or material Agni, which is the ultimate state of the energy of consciousness, prior to its conversion or densification into Matter. This is how one becomes the other. (Let us here recalled the Mother's words: 'It is a movement greater than the force or power holding the cells in an individual form.') Modern science has also finally realized that Matter and Energy can be converted into each other (E = mc2 is its great breakthrough), but it has yet to see that Energy is consciousness, that Matter is consciousness, and that by acting upon consciousness one can act upon Energy and Matter. To transform Matter into Energy, modern science knows only of physical processes that produce heat, but by knowing the fundamental Agni, which is the foundation of Energy or Consciousness-Force, one can, in principle, act directly upon Matter and achieve the same transmutation without setting one's body on fire in the process.

The conversation of 1926 then introduces us to two material facts (and their spiritual basis) that are extremely important from the standpoint of transformation: first, that all earthly forms are made up of the same elements, and only different atomic arrangements account for the different features (this is the physical counterpart to the spiritual truth of the world's divine Oneness: 'Thou art man and woman, boy and girl, old and worn thou walkest bent over a staff; thou art the blue bird and the green and the scarleteyed');360 and second, that the solar fire in Matter is the material counterpart of the fundamental Agni, which, as Sri Aurobindo stressed in another part of the same conversation, is the builder of forms. To wield Agni is to be able to change forms, to transform Matter: 'He tastes not that delight (of the twice-born) who is unripe and whose body has not suffered in the heat of the fire,' says the Rig Veda; 'they alone are able to bear that and enjoy it who have been prepared by the flame.' (IX.83.1) It is the warm gold dust that will transmute its material counterpart, the nuclear dust in our body: The subtle process will be more powerful than the gross, so that a subtle action of Agni will be able to do the action which would now need a physical change such as increased temperature. Our atoms too are merely a convenient translation of the eternal ritual; nothing is fixed or inevitable. There is no end to the possible combinations, no end to the new human Being.

#### Second Phase—The Body

The second phase began in 1926 and continued until 1940. It was a phase of individual work on the body and in the subconscient. Up to this point, we have all the clues to achieve the supramental change of consciousness ourselves, and we know the basic principle of transformation. It is Agni 'who does the work,' says the Rig Veda. (I.1.5) But how, practically, is Agni going to change Matter? We cannot yet say; we know only some bits here and there. If we knew the process, says the Mother, it would already be done. All the other realizations have been meticulously recorded by the Indian traditions; we know all the methods for attaining Nirvana; realizing the cosmic Spirit; finding the soul; conquering gravity, hunger, cold, sleep and illnesses; leaving one's body at will; or prolonging life. Everyone can achieve these feats; the way is well charted, and the stages have been described by the seers or the Hindu shastras for thousands of years. It is merely a question of discipline and patience and proper timing. But the transformation is something no one has ever done, an entirely unknown journey, like traveling through a country that does not yet exist. Perhaps it is something equivalent to what happened when the first mental forms began to emerge in the world of Matter and Life. How could the first semi-animal organism that received these mental vibrations understand and describe what was happening to it, and, above all, how could it say what had to be done to control thought? To quote the Mother: You don't know whether this or that experience is part of the way or not; you don't even know if you are progressing or not, because if you knew you were progressing, it would mean that you knew the way-but there is no way! No one has ever been there! We won't really be able to say what it is until it has been done. It is an adventure into the unknown, as Sri Aurobindo would emphasize. We are truly like the old primates before this new creation. From here on, therefore, we can only indicate some broad lines of development, or of difficulty, without being sure whether or not they really belong to the path. The experience is in process. When it has succeeded once, just once, in a single human being, then the very conditions of the transformation will be different, because the path will have been trodden, charted, and the prime difficulties cleared away. The day Plato conceived Phaedrus, he raised up all of humankind to the possibility of Phaedrus. The day a single human being overcomes the difficulties of the transformation, he will raise up all humanity to the possibility of a luminous, immortal, true life.

(to be continued next week)



Townhall Speaks

L'AVENIR D'AUROVILLE ATDC Application Announcement 20-07-2023





## A. Building Application has been received and approved, feedback requested

The following Building Application has been received and approved (feedback requested before the 3rd of August 2023 to application-avenir@auroville.og.in):

- 1. PROJECT NAME: Boobalan—BAB—NO 2621 (Study room & Office )
  - Applicant/s: Boobalan
  - Location/area: Djaima/ Outside Master Plan
  - Area for which approval is sought: 50.31 Sq.m
  - Project brief: This building, originally constructed in 1980 as a store room. However, there is no record of its existence. The applicant desires to legalise the structure and convert it into a study room and he submitted an application for this purpose, which has been granted approval by the application team.

#### B. Application Has Received Preliminary Design Approval, Feedback Requested

The following application has received Preliminary Design Approval (feedback requested before the 3rd of August 2023 to application-avenir@auroville.og.in):

- 1. PROJECT NAME: Jayanthi & Raju—PDA—NO 2615 (Caretaker House)
  - Applicant/s: Jayanthi & Raju
  - Location/area: Discipline Farm / Green Belt
  - Area for which approval is sought: 119 Sq.m
  - Project brief: Caretaker house in Discipline Farm.
- 2. PROJECT NAME—Tanto Far Beach—PDA—NO.
- 2608
  - Applicant/s: Sheril & Daniel
- Location/area: Srima / Outside Master Plan
- Total built of existing building: 174.44 Sq.m
- Project brief: An extension of a ground floor & First floor for the Guest House in the Srima Community (Tanto Far Beach)
- 3. PROJECT NAME—Matrimandir Service Compound— PDA—2619
  - Applicant/s: Antoine, Divya Karun, John, Judith, Sundar
  - Location/area: Administrative Zone
  - Total built of existing building: 2562 sq.m
  - Project brief: Office, Workshops & Nursery for plants

## C. Site Application Have Been Received And Approved, Feedback Requested

The following Site application have been received and approved (feedback requested before the 3rd of August 2023 to application-avenir@auroville.og.in):

- 1. PROJECT NAME—Auroville Dog Shelter—SA—2622 (New Location)
- Applicant/s: Lore Dossche
- Location/area: Red Earth / Outside Master Plan
- Total Site Area of Project: 4 acres (excluding wet land approximately 2 acres)
- **Project brief**: Auroville Dog Shelter's new proposed location

# D. Building Applications Have Been Received And Approved (Information Only)

The following Building Applications have been received and approved (information only):

- 1. PROJECT NAME—Nimila & Arun—BAA NO. 2618
  - Applicant/s: Nimila & Arun
  - Location/area: Arulvazhi School Campus / Outside Master Plan
  - Area for which approval is sought: 118.12 Sq.m
  - **Project brief**: Residential House

### **Constructive feedback guidelines:**

So far, while giving permissions, we have asked the project team to include approval from the neighbors. This has no resonance with the ideals of Auroville where we are supposed to be headed towards a life guided by no desire, no preferences and no sense of ownership. We will no longer request this approval.

Similarly when we publish projects for approval, we will discard all personal feedback with respect to 'neighbors choosing neighbors' or 'neighbors choosing development guidelines'.

All other feedback is welcome and will be part of the process.

Thanks! Sindhuja for L'avenir d'Auroville/ ATDC

#### REPLACEMENT BOREWELLS POLICY





This is to inform the Auroville Residents that L'avenir d'Auroville/ ATDC will no longer approve new and replacement borewells in the Auroville City area. Green Belt will be dealt with on a case-by-case basis. Exceptions will be made only if no other water supply possibilities are available.

Auroville has more than 100 borewells for a small number of people. Historically this has grown on a community-basis but the future growth requests a more professional and sustainable approach. Most existing borewells have capacity to serve more people than one community alone. Water needs to be shared, as no one community can claim this as its own resource. For this reason, the ATDC, will not give permission for new borewells unless it is clear that the need for water cannot be met by any other existing sources. The platform for interconnection of borewells and sharing of water, is Auroville Water Service (AWS). It is AWS who is, on behalf of the Auroville Foundation, the custodian of all the bore-wells and related water-infrastructure in Auroville and the service is established for this purpose. Water supply in Auroville is managed by this service and will be more and more so until the management of all water related infrastructure is held by this organization. As Auroville expands, it is high time to switch to this mode of management for this much needed resource.

Drilling of new borewells and replacement borewells on Auroville land must be done only with the permission of ATDC, without which it will be a violation.'

> Thanks! Toby for L'avenir d'Auroville/ ATDC

#### FUNDS AND ASSETS MANAGEMENT COMMITTEE

AUROVILLE

FUNDS AND ASSETS MANAGEMENT COMMITTEE ACUR, AUROVILLE 605 101 TAMIL NADU, INDIA

#### FOUNDATION

adminifame@auvoville.org.in

## Information on donation channelling processes Date: 18 July, 2023

The Funds and Assets Management Committee (FAMC) issued Guidelines for Fundraising on 16 June 2023.

After receipt of feedback, an updated version of the guidelines has been prepared. Please see this version: V2 dated 5 July '23, attached below.

For the implementation of the Fundraising Guidelines by the recently formed Donation Channelling Group (a subgroup of FAMC) the following steps will be taken to start with:

#### **Registration of projects**

For the registration of projects for which donations are already being received or for which donations are proposed to be raised, an on-line *Project Registration Form* (PRF) has been designed. Project holders are requested to fill up the form and upload it on the designated portal as mentioned in the form.

#### **Release of funds process**

For the disbursement of donated funds to projects, an online *Funds Release Form* (FRF) has been designed. This form needs to be filled up and uploaded each time a project needs to get the funds released from Unity Fund to the project account.

#### General points to be noted

1. All registered units / activities / projects seeking donations and grants (non-GOI) have to register with the DCG before Sept 30, 2023. After this date, funds will be released for registered and approved projects and after receipt of the Funds Release Form (FRF) and Donor Information Form (DIF).

**2**. The Project Registration Form (PRF) includes a selfassessment checklist which is based on the Fundraising Guidelines.

**3**. Projects seeking donations for the first time have to register before starting the process of fundraising (contacting potential donors), including approaching the AVIs.

**4**. Only registered projects will be able to access the donation website(s).

**5**. Approvals of registrations will depend on the size and complexity of the project, but will be done mostly within seven working days of submission. Rejection will be done only after discussion with the project holders and with the FAMC.

**6**. There will be a threshold limit (to be determined and depending on the size of the project) below which funds can be withdrawn from Unity Fund without the need of a FRF.

7. Projects will have to submit quarterly reports to the donors and the DCG. Further disbursement tranches will not be released without this report.

**8**. If project holders do not comply with the fundraising guidelines and DGC processes, the DCG may stop the disbursement of the next requested tranche and may recommend appointment of new project holders to the FAMC.

**9**. If the totally collected donation amount of a project exceeds the project budget as prepared for the purpose of fundraising, the excess amount will be used for similar projects, in consultation with the project holder.

10. The privacy of donors will be protected and their names will be shared only for compliance with applicable statutory provisions.

11. Foreign Contributions: Section 8 of the Foreign Contributions Regulations Act (FCRA), 2010 provides for a cap on administrative expenditure of 20% of the amounts received during the year.

12. Corporate Social Responsibility (CSR) contributions: Rule 7 of CSR Rules provides that the administrative overheads shall not exceed five percent of total CSR expenditure of the donor company for the financial year.

13. If donors wish to contribute to the corpus of a unit, trust or Auroville Foundation as a whole, this will need to be specified by the donor upfront and has to be approved by FAMC prior to its transfer.

14. Donations received will not be transferred to personal Auroville Financial Service accounts.

15. The unclaimed donations will stay with the Unity Fund till the end of the Financial Year. Thereafter, it shall be transferred to City Services Account.

We hope that everyone appreciates this is an essential step towards improving our accounts and inculcating transparency and accountability in our systems.

To get your feedback on the Guidelines, forms and the PRF checklist, a meeting had been arranged at 4:00pm. on Wednesday, 19 July, in SAIIER Meeting Room (I Floor). Sorry due to timelines of submission & coming out of this N&N, you could not read this in time. But we had published this, along with the draft forms on the Auronet on 13 and 17 July.

For any assistance, please write to <u>dcg@auroville.org.in</u>. Please favour us with your feedback on this announcement.

> Naren and Sandeep For Donation Channelling Group

#### FUNDS AND ASSETS MANAGEMENT COMMITTEE Guidelines for fundraising Version V2: 5 July 2023

#### **1. Background and Context**

1. Auroville has been conceived as a universal township for the manifestation of the Auroville ideals and vision as given by the Mother. Auroville Foundation has been established as an autonomous body under the Ministry of Education, Government of India by an Act of Parliament 'for the purpose with a view to making long-term arrangements for the better management and further development of Auroville in accordance with its original charter and for matters connected therewith or incidental thereto'.

2. The development of Auroville as a township requires significant funding, of which a major part will come from donations, grants and contributions while the recurring expenditure of Auroville will increasingly be met from Auroville's own income-generating activities as part of the vision of Auroville being a self-supporting township.

**3**. These guidelines have been prepared for the purpose of having transparent and effective processes relating to fundraising and the expenditure of funds raised.

**4**. This version of the guidelines for fundraising supersedes earlier versions.

#### 2. Alignment with the Auroville ideals

1. Projects for which fundraising is undertaken should align with the ideals of Auroville.

2. Funds for Auroville township development shall be raised and spent only for development in accordance with the Auroville Master Plan as prepared and approved under section 17[e] of the Auroville Foundation Act.

**3**. Fundraising activities and documentation need to outline clearly how Auroville's development will benefit from the funds proposed to be raised.

**4**. The inclusion of a road map for environmental, social and financial sustainability in project proposals is recommended.

#### 3. Reporting

1. Donors and grantors will need to be given regular updates on the impact of their contributions.

**2**. Auroville units, activities and projects that make use of donated funds should have a robust donor relationship program in place to ensure that donors and grantors are regularly informed about project progress.

#### 4. Transparency

1. A high degree of trustworthiness and transparency shall be maintained in project operations, including financial management, governance, and impact reporting.

**2**. Donors, grantors and other contributors must be able to see evidence of their contributions making the impact as envisaged in the project proposals.

**3**. Auroville units, activities and projects should be equipped to provide transparent and reliable accounts of the expenditure incurred with the contributions received.

**4**. Upon completion of a project, a comprehensive completion report of project implementation and impact shall be prepared.

#### 5. Administrative costs

1. Administrative costs shall be kept as low as possible while ensuring that project accounting, monitoring and reporting are undertaken correctly.

2. In the case of certain grants and donations a maximum percentage of total project cost which is permitted as administration and other overhead costs may be provided for in the donation or grant agreement / letter or may be determined by statutory provisions. Such caps on administrative and overhead costs shall be strictly complied with.

#### 6. Utilization

1. When fundraising is done for a specific project or project component, funds received shall be used only for such project or component.

**2**. When unspecified donations are received, utilization thereof shall be in accordance with Auroville budgets and priorities as may be set by the FAMC from time to time.

**3**. Donations and grants received shall be utilized in full for the Auroville projects for which the donations and grants have been raised and there shall be no retention of any part of the funds received by any of the Auroville entities through which such funds are channeled for administrative, accounting or other purposes.

#### 7. Accounting and Audits

1. All Auroville donations and grants shall be received only through the official channels of Auroville Foundation.

**2**. Assets created with donations and grants shall be accounted for as Auroville Foundation assets in the relevant books of account of the concerned unit, activity or project.

**3**. No donations or contributions shall be received by Auroville Foundation or its units, activities and projects for the benefit of an individual.

**4**. Financial accounting and audits of projects funded with donations and grants shall be undertaken as per guidelines and manuals as issued by the Funds and Assets Management Committee (FAMC) from time to time.

**5**. If a donation or grant agreement provides for a project audit, such audit shall be conducted in addition to regular internal and statutory audits.

#### 8. Income Tax Relief

1. Auroville Foundation is authorized to issue donation receipts with income tax relief to donors who are taxable in India under sections 80G, 35(i)(ii) and 35(i)(iii) of the Income Tax Act.

**2**. The applicability of each type of income tax relief will depend on the nature of the project for which funds are being raised.

#### 9. Fundraising and expenditure process

1. For each project, program or activity for which donations, grants or contributions are sought, the process fundraising and project implementation trajectory will include, but may not be limited to the following steps:

**2**. Check the eligibility of the project proposal in the context of Auroville, its objectives and values;

**3**. Evaluate the project proposal in terms of costs and sustainability;

**4**. Determine under which section of the Income Tax Act, tax relief can be offered to the prospective donor(s) (80G, 35(1)(ii), 35(1)(iii))) for donations from within India and / or whether the project qualifies as a CSR project with reference to Schedule VII of the Companies Act 2013;

**5**. Approve the fundraising documentation and the prospective donor / contributor target group;

#### 10. Raise the funds

1. For each project, program or activity for which donations, grants or contributions are sought, the process fundraising and project implementation trajectory will include, but may not be limited to the following steps:

- a. Check the eligibility of the project proposal in the context of Auroville, its objectives and values;
- b. Evaluate the project proposal in terms of costs and sustainability;
- c. Determine under which section of the Income Tax Act, tax relief can be offered to the prospective donor(s) (80G, 35(1)(ii), 35(1)(iii))) for donations from within India and / or whether the project qualifies as a CSR project with reference to Schedule VII of the Companies Act 2013;
- d. Approve the fundraising documentation and the prospective donor / contributor target group;
- e. Raise the funds;
- f. In the case of foreign contributions, ensure receipt of funds through the dedicated SBI Bank account to be used for this purpose;
- g. Receive the funds and issue the donation / contribution receipt with tax relief where applicable;
- h. Allocate/ disburse as already determined earlier in the process;
- i. Undertake the project and monitor progress;
- j. Send periodical progress reports to the donor / contributor;
- k. Prepare the completion report;
- I. Undertake a project audit, where applicable;
- m.Do a project completion review (actual vs. plan review; lessons learned etc.; feedback from donor / contributor etc.)

#### Miscellaneous

1. FAMC may establish committees, subgroups or service units to implement or monitor implementation of these guidelines or parts thereof.

**2**. These guidelines may be updated or amended by the FAMC from time to time.

Naren and Sandeep For Donation Channelling Group



L'avenir & Churoville

& 984 - 20 July 2023

#### FROM THE ENTRY SERVICE-ES # 189 Dated: 20-07-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryservice@gmail.com. We thank you in advance.

#### **NEWCOMER ANNOUNCED:**

Lopa GOSH (Indian) staying in New Creation and working at New Creation Child Development



Lopa

## AUROVILIAN ANNOUNCED

Marie SCHELLENBERGER (French) staying in Revelation and working at Revelation Forest

#### YOUTH TURNED 18 ANNOUNCED:





Eva

Praveena Yam

- Eva Chantal Marie MAYSONNAVE MEILHAC (French) staying in Harmony 2 and studying Last School
- Praveena BALAGURU (Indian) staying in Prarthna and studying at Last School
- Yam Ahava YARDENI (Israeli) staying in Grace and working at TLC

#### FRIEND OF AUROVILLE CONFIRMED:

Anand VENKATASUBRAMANIAN (Indian)

**NOTE**: The Newcomer probation year becomes effective only after the NC kit has been refurned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovilian is the date of confirmation. A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

> Yours, The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

#### **Entry Service Timings**

- Monday, Wednesday, Friday, 9:30am—12:30pm
- Tuesday & Thursday: Newcomer kits, 2:30-4:30pm 0413 262-2707, auroville.entryservice@gmail.com

Submitted by William For The Entry Service



Auronille Matters

#### YEAH RIGHT!

Along the road in Kuilapalayam there are different shops, cafes and restaurants open everyday.

The people running these shops and eateries pay taxes and rent to the local panchayat.

If these shops and eateries were in Auroville, the 'owners'/ stewards/managers of these shops and eateries wouldn't have to pay any rent or tax. And on top, they would also demand maintenance. Does it sound ridiculous? Well, as ridiculous as it may sound, it is actually true.

Our farms in Auroville are worth crores. Our 'farmers' (I am putting it in quotes because they are more like actors) are allowed to move on the land, free of charge. They are allowed to build their house and a guest house, and a little side business. They are not requested to pay any tax or rent whatsoever. And if that wasn't enough, they used to get maintenance too -until just a month ago, then someone must have realized the absurdity, and the maintenance was stopped.

You know, those maintenance were paid with our contributions. We, the people of Auroville, have been paying the wages to those privileged 'farmers'.

Any farmer in Tamil Nadu is able to generate their own income with the fruits of their work at the farm. And they also pay the lease to the landlord. But our Auroville 'farmers' don't seem to manage their own income. It puzzles me. Auroville farmers:

- 1. Don't need to pay a rent nor taxes;
- 2. Receive interest free loans;
- **3**. Often they also obtain grants;
- 4. Run a side business such as guest house, food processing (oils, dried fruits, jams, cheeses, etc), restaurant;
- 5. They charge more for the same farm produce found outside.

I just don't get it. In twenty years in Auroville I've experienced very depressing farm group meetings. I've witnessed farmers discontent towards the Farm Group management and amongst fellow farmers. How can a group of privileged people receive so much, and yet be so arrogantly unhappy and so caught up in politics?

And now the cherry on top of the cake: the same core group members who had been mismanaging the Farm Group for decades, are now accusing and blaming the newly appointed management (now called Farm Service) for something they can't possibly be guilty of.

If this is not absurdity, please tell me what is the meaning of absurdity.

Before criticizing the new management, give them at least the chance to make a mistake. Let them do some work first.

I don't remember where I learnt this from, but I want to share it with you anyway:

When we get something for free we are appreciative. As we continue receiving something for free we start anticipating it. If this continues, we will expect it, and reach a point where we feel entitled. As we continue receiving something for free, we become dependent on it. And then if that free thing is suddenly not given to us anymore, we become resentful and we hate.

## Awakening Spirit

#### SRI AUROBINDO'S INTEGRAL YOGA Evolution Fast-Forward, Part 2 Psychology, Cosmology, Transformational Practice



Monday, 24 July 2023, 4pm at Savitri Bhavan. Duration: 50min.

Sri Aurobindo declared that all life is yoga, and all activities can be made a means for spiritual development while consciousness is the fundamental reality of all existence and is already involved in Matter. The range of Truth-Consciousness which Sri Aurobindo calls the Supermind or Supramental is the next evolutionary step beyond mind that can be reached by awakening aspiration for a greater perfection. A new species of humanity equipped with Supermind is gradually emerging from the present human race.

In Sri Aurobindo's cosmology, pure consciousness is one indivisible whole having two poles: the superconscient ranges above, and the subconscient and inconscient ranges below.

Between these two poles moves the vast spectrum of consciousness and gives birth to the cosmos across many dimensions and scales of time and space. The superconscient pole above is what ancient seers called Satchidananda: the existence, consciousness, and bliss of the Being. The inconscient pole below is inert Matter: the planes where consciousness is in deep slumber.

Evolution is a game played between the two poles: Matter flows into Consciousness and Consciousness into Matter. Consciousness continuously ascends and descends, and its movements are mediated by Supermind, the creative power that manifests the universe.

Supermind is involved in the inconscient pole as the psychic principle. There it supports and drives the evolution of consciousness through all forms rising from below. It is the Agni of the ancient Vedic seers, the knower of all births. This involved divinity is emerging in us through many births as the pure psyche, the divine soul of love and delight. For its growth transformational processes are required by the triple movements of aspiration, rejection, and surrender. When the psychic being is sufficiently developed, it reveals itself as a gentle response and preference for all that is True, Good and Beautiful.

Thus, the psychic transformation is a change that emerges from within whereas the spiritual transformation comes by a descent of higher consciousness from above. These two transformations support and complete each other. The openness to what is above the head unlocks the doors for Divine Peace, Light, Knowledge, Power, and Bliss allowing them to descend. And the descending Divine Force works its way downward from top to bottom and is able to open all centres of consciousness.

In his integral vision Sri Aurobindo synthesised the spiritual wisdom traditions of the past with the modern scientific concept of evolution. It is in his idea of Truth Consciousness, called Supermind or Supramental, and the psychic principle or Psychic Being that we find the most comprehensive vision and practice of an evolutionary yoga, its psychology and cosmology. This film in 3D Motion Graphics by Sopanam Auroville gives a broad overview of the process leading towards psychic, spiritual and supramental transformation. Duration: 50min.

 It is also accessible on YouTube: <u>https://www.youtube.com/watch?v=1tFtHPA87ZM</u> With light and peace and gratitude... ... and in offering all to Mother and Sri Aurobindo, Margrit

#### **SAVITRI BHAVAN, JULY 2023**



#### **Exhibitions**

- Meditations on Savitri: The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- Glimpses of the Mother: Photographs and texts In the Square Hall
- A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

#### Films

- Mondays at 4pm in the Sangam Hall
  - July 24. Sri Aurobindo's Integral Yoga—Evolution Fast-forward, Part 2. Psychology, Cosmology, Transformational Practice: Film by Sopanam, Auroville in 3D motion graphics (2015). Duration: 50min.
  - July 31. Evolution Fast-Forward, Part 3—Parts of the Being & Planes of Consciousness as mapped by Sri Aurobindo and The Mother (2017). Duration: 75min.

#### **Dream Divine Series**

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

 There will be a weekly session every Wednesday 4:30—5:30pm.

The series will include presentations, films, talks, etc., followed by questions and answers.

#### **Regular Activities**

- Sundays 10:30—12noon: Savitri Study Circle
- Tuesdays, Fridays, Saturdays 4—5pm: L'Agenda de Mère: listening to recordings with Gangalakshmi
- Tuesdays 4:30pm: Mudra-chi led by Anandi
- Thursdays 4—5pm: Videos of The English of Savitri led by Shraddhavan
- Saturdays 4:30—6pm: Satsang, led by Ashesh Joshi
- Exhibitions, Main Building and Office are open Monday to Saturday 9am—5pm
- Library and Digital Library is open Monday to Friday 9am—5pm

Everyone is welcome Submitted by Dhanalakshmi, for Savitri Bhavan Team

#### AMPHITHEATRE-MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm weather permitting

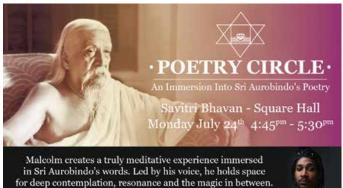
#### Meditation with Savitri read by Mother to Sunil's music

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

#### **Reminder to all**

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, lpads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5.45 pm and until meditation ends.

## **POETRY CIRCLE** Savitri Bhavan Square Hall, 4:45pm—5:30pm



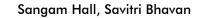
Dear lovelies, this Monday at Savitri Bhavan, Malcolm offers to present the poetic works of Sri Aurobindo. He is a native English-speaker and spoken-word poet. The programme will be in the Square Hall from 4:45pm until 5:30pm. All are welcome. Musicians who play meditative music and would like to participate are encouraged to attend—I'll have my kalimba. See you there.

Peace, Love & Soul, Malcolm

#### DREAM DIVINE SERIES Ideal and Purpose of Auroville



Wednesday, 26 July, 4:30-5:30pm





Dr. Alok Pandey will speak about Ideal and Purpose of Auroville

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

There will be a weekly session every Wednesday 4:30-5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Thank you, Dhanalakshmi

## **UNITY PAVILION: DAILY PEACE MEDITATION**

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun



The Mother Sri Aurobindo Centre **Calendar of Regular Events, July 2023** 

**BRAHMANASPATI KSHETRAM** 

20 my dear little child

- Every Thursday, 6-6:30pm: Meditation
- Every Wednesday, 5:30—6:30pm: reading 'The Mother's Questions & Answers, Vol-7' in English

Many thanks, Tixon

No.3/134, Kalathu Mettu Street, Edayanchavadi, Auroville Kshetram2014@auroville.org.in





#### **INTERNATIONAL YOUTH DAY**

Dear community, International Youth Day is right around the corner (12 August) and we at YouthLink and Youth Čenter are preparing for a festival to celebrate the youth across generations!

In this event we are aiming to celebrate the joy of being a youth, no matter your physical age, and one aspect that we are weighing into is the celebration



of youth across different time periods, hoping to reconnect some with the youthfulness that once was a driving factor in their lives.

If you have photos from your younger days that define who you were at that time and the time period you were living in that you would like to share with us for our 'time boulevard' installment, please send them to us at

youthlink@auroville.org.in

or bring them to us at our office under Le Morgan, Townhall, and we will add them to our exhibition!

Also, please send us some songs that you really liked from your younger days!

Keep the 12 August, Saturday checked on your calendars! Namu for YouthLink and Youth Center Team

#### **YOUTH DAY FESTIVAL**



GREEN SKILLS FOR YOUTH

Dear Community members, we, the team of YouthLink in collaboration with Youth Center are hosting the second edition of Youth Day Festival on the 12 August, 2023. We invite the av community members and friends to gather for a fun day of celebration, empowerment, love and sharing. The theme of this Festival would be ' Boulevard of different Time zones', where we would enter into differ-ent time capsules and celebrate progress by traveling into these prominent periods of changes. Let yourself dress in different fashion time zones too, where we will channel our inner fashionista and engage ourselves into a full day of a variety of dynamic games and activities and dance to a joyful evening of intuitive good music.

- Dress code: Any Timeline. From 50's to 2020's
- Buffet is served. We have a minimum contribution for the same.

Come and join hands with us for an eventful day of togetherness.

#### Bondeepa, YouthLink and Youth Center team

0 984 - 20 July 2023



MATRIMANDIR Will be Closed For a Week Monday, 17 July—Saturday, 22 July



Matrimandir will be closed for the week from Monday, 17 July up to Saturday, 22 July.

A deep cleaning and some repairs will be underway inside Matrimandir during the week.

- Petals will be kept open during the Aurovilian timings: from 7 to 8am and from 4:30 to 6pm.
- The gardens will be open as usual.

Thank you, John

#### **CALL FOR GRANT PROPOSALS SDZ Funding in 2023**



The Project Coordination Group (PCG) will be meeting to review grant proposals for possible funding by Stichting De Zaaier. The last date to sub-

mit proposals for this call is Monday, STICHTING DE ZAAIER 7 August 2023. You are welcome to submit earlier or send us a draft ver-

sion of your proposal for comment prior to the due date. (If you plan to submit a proposal, please carefully read this full announcement to the end!) All documents related to this purpose are to be submitted in the prescribed forms as attachments, emailed to pcg@auroville.org.in

Please note that in case your proposal is not ready by this date, there will be another call for proposals for SDZ later this year.

The Project Coordination Group will check whether proposals fall within the SDZ funding criteria and forward those that do to the SDZ Board for final selection and grant allocation.

- Stichting de Zaaier welcomes project proposals for:
  - research studies in the fields of sociology, economy, psychology and inner development;
  - exploratory (research) studies into the relations with 0 the world outside Auroville, in particular with the villages (and villagers) surrounding Auroville, as well as proposals for initiatives that seek to contribute to strengthening these relations;
  - initiatives that seek to enhance the efficient cooperation of Aurovilians with the aim of making full use of the existing potential in Auroville;
  - studies exploring a sustainable future for Auroville and initiatives contributing to such a future;
  - initiatives requiring seed money (micro-projects) for 0 innovative and informal education and training, women's development, outreach as well as proposals prepared by youth.

Please note that funds are generally not available for infrastructure, buildings or transport. Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville.

Stichting De Zaaier has also indicated a preference for funding projects where the maintenance of Aurovilians is either provided by Auroville or from a source other than SDZ grants.

• A grant application form and budget request spreadsheet are available on request from pcg@auroville.

**NB** If you have already received funding for a project through the Project Coordination Group please send in a progress report/status update (if the project is ongoing) or final report (if the project has been completed or all funds have been utilized) before making an application for a new grant.

Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or students of any individual classes, your project is to be reviewed by all concerned School Boards prior to submitting to the Project Coordination Group for review. (Please contact all individual schools before submitting your proposal to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

- For more information or assistance please write to pcg@auroville.org.in
- The last date for submitting proposals for this call is Monday, 7 August 2023. Please submit earlier if possible. With gratitude, Pala,

for the Project Coordination Group

Education

#### FRENCH CLASS FOR KIDS Saturdays, 5:30—6:30pm @ New Creation School

French class (beginner's level) for kids of age group 6 to 12 years old is happening at New Creation school facilitated by Nivetha.

French is an International language rich in culture and a knowledge of this language is definitely beneficial.

The class takes place once a week on Saturday evening from 5:30pm to 6:30 pm.



To join the class send an email to nivethavishva@gmail.com or contact 9843188461 Nivetha

#### **FRENCH CLASSES** in the New Creation School Classes will start on 18 July,

We have a new volunteer who wants to start teaching French for people. We will start French classes in the New Creation Free progress school for children. We will start with a first batch of students from 9 to 13



years old. We ask people to commit for at least 6 months.

- Classes will be 3 times a week. Tuesday, Thursday, Saturday for 1.5 hours, starting 5pm
- We will have another class for adult on Saturday and Sunday for about 2 hours each

Our teacher, Jean Marie, is a Newcomer and he is really happy to start sharing his knowledge and being helpful here. We will ask for a contribution of 500 rs/month which will be used as a donation to support our school project.

You can get in touch with Jean Marie 8148401950 or with Beber 6385635943. or email at aurochild@auroville.org.in

Jean Marie

## HOW TO SPEAK KOREAN



This is a volunteering program organized by the Korean Pavilion and Nowana Korean Restaurant in Auroville. This class is focused on how native speakers speak, rather than on grammar. The goal is to practice simple sentences repeatedly and master them by the end of the day. Each class is independent, so you can participate in any class regardless of whether you missed a previous one. After the class and practice session, we will play some simple games that are popular among Koreans. Please join us and have fun!



- Master a few phrases
- No prior knowledge of Korean is required
- · Come and join us for a fun and interactive day
- WA to book: +91 81223 07653

Thanks, Seulki for Korean Pavilion

#### **GOOGLE WORKSPACE TRAINING CLINIC**

Learning how to get the best from google workspace can help you save time and improve efficiency in your work making it easier to find emails/files and collaborate with others in your team.



We are offering a weekly drop-in clinic to help you set up or customize your google workspace on your phones, tablets, or laptops. This will include but will not be limited to:

- **Email**—how to get the most out of email with the least effort.
- Calendar—how to make sure you remember all your meetings.
- Google Docs & Google Sheets—how to create and share documents.
- Google Drive—how to organize documents.

The session will be facilitated at various locations across Auroville

#### on Wednesday morning from 10:30am to 12pm

and coordinated by Flourish (a service unit which aims to help create an ecosystem where those working in Auroville can grow and flourish).



#### The clinic locations and details

|                        | Time                | Support<br>Provider   | Location address   |
|------------------------|---------------------|-----------------------|--|
| ay:<br>ay              | 10am—<br>12pm       | Sathish               | 150dpi, Surrender Community,<br>Gate 2, Auroville                                  |
| Support Da<br>Wednesda | 10:30—<br>12:30     | Madhan                | Yuvabe, Saracon campus, Kot-<br>takarai Road, Auroville                            |
|                        | 10:30am—<br>12:30pm | Dharani/<br>Premkumar | C3streamland designs, Udavi<br>School campus, Edayanchavadi<br>Village, Auroville. |

For any questions, please contact Rishi

• <u>rishi@flourish-av.org</u> or 9822609229 WA.

Rishi

#### **AUROVILLE LIBRARY**

#### Weekly Timings:

- Mornings: Monday—Saturday, 9am—12:30pm
- Afternoons: Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

**Story time** At the Auroville Library! Every Saturday, 10—11am. All ages are welcome!

- **Contact**: 0413 2622894, <u>avlib@auroville.org.in</u>
- Web: <u>library.auroville.org.in</u>/
- Kathrin, for Auroville Library Team

### MATHEMATICS COURSE OFFERED

#### What is being offered?

STEM land is offering a 1-hour session from Mon-Fri to learn Mathematics topics/themes at the 10th grade/O level. This is not tuition for either NIOS, CBSE, or State Board, the goal is to develop intuition to understand the key concepts of Mathematics and then practice with rigor. The goal is to make Mathematics visual, accessible, and useful for life.



STORYTIME

LIBRARY

We will look at all important topics that are necessary for Mathematics at that level. This will help not only in the shortterm goals you may have but also long-term goals of developing a pattern mind and building problem-solving skills.

We will also introduce the easiest methods and shortcuts (after the concept is understood) to make students confident e.g. in calculations of squares, cubes, cube roots, trigonometry core triangles, Pythagorean triples, etc.

• Where and when will the sessions be held?

The sessions will be held in STEM land from 5-6 p.m. Mon-Fri. You can join the next session on 10 July.

Why is STEM Land offering these sessions?

We stand for responsibility, equality, and courage to create we are responding to this request from the community. We have been working with various grades from 3rd to 10th for 10 yrs now in visualizing mathematics, creating projects, etc so we have something to offer to those who want to take responsibility of their learning.

#### What will it cost?

Each youth needs to deposit Rs.300 at the beginning of each month to STEM Land. If the youth attends all the sessions the amount will be returned at the end of the month else not. This is an opportunity for young people to support their parents in a small way by being responsible. Adults are also welcome as long as they commit to the same rigor.

 Please contact Kugan 09159160372 or kugan@auraauro.com.
 Submitted by Sanjeev



#### SANTÉ SERVICES JULY 2023

#### Working Hours

• Monday—Saturday, 9—12:30pm & 2—4:30pm

#### **Tests and Sample collection**

- Monday—Friday before 12pm.
- No sample collection on Saturday.

#### For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

#### Appointment

Please call Santé on 0413 2622803 during working hours for an appointment

#### Santé Services Schedule

| <b>Doctor consults</b> with<br>Dr.Senthil & Dr.Sana:<br>Monday to Saturday | Nursing Care: Ezhil,<br>Thilagam, Archana & Sandhya:<br>Daily,<br>No appointment necessary |
|--|--|
| <b>Ayurveda</b> with Dr.Sonia & Dr.Be: As per availability                 | <b>Physiotherapy</b> with Arun:<br>As per availability                                     |
| Acupuncture with Andres:<br>TOS  | <b>Homeopathy</b> with Michael:<br>Monday, Wednesday,<br>Saturday                          |
| Integrative Psychotherapy  | Pregnancy Care & Wom-  |
| with Juan Andres: Monday to  | en's Wellness with Paula:  |
| Friday   | Tuesday & Wednesday  |
| Physiotherapy & Massage  | <b>Physiotherapy</b> with Rebeca:  |
| with Galina: Monday to Friday  | Monday, Wednesday, Friday  |
| <b>Bio-Well Assessment</b> (Eval-  | Functional Medicine with   |
| uation of your well-being)   | Lize: Tuesday/ Thursday/   |
| with Helena: <b>TOS</b>  | Friday   |

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Submitted by Dasha for Sante Services

#### **MAATRAM JULY 2023**

We provide consultation with professionals trained in Psychiatry, Clinical Psychology, Neuro/Bio feedback therapy, Integral eye movement therapy, NLP, EMDR, Art therapy, maatram self-work with clay etc



#### Therapists schedule for Open Consultation Hour (OCH)

|           | 9—10am |
|-----------|--------|
| Monday    | Saif   |
| Tuesday   | Rashmi |
| Wednesday | Palani |
| Thursday  | Chetna |
| Friday    | Gopa   |

OCH is a walk-in session where anyone can come without an appointment. If the therapist is already seeing someone by the time you walk in, please leave your contact details and we will revert.

To see a therapist by appointment, please email/call Maatram or reach out to the individual therapist directly

#### Other activities conducted by Maatram:

- Rural Mental Health activities at Thamarai, Annai Nagar. First Thursdays of every month
- 10-12:30noon
- Street Play on Mental Health Awareness, once a month at different venues or by invitation
- Care for senior Aurovilians

#### Contacts

- Message or call: 90877 09434
- maatram@auroville.org.in
- Website: maatram.org.in
- Location: Mitra Youth Hostel near Town Hall. Warmly, Megha for Maatram

### **AUROKIYA INTEGRAL EYE CARE @ ARKA**



Timing: 9.00 am -12.30 pm 🕷 Days : Monday- Saturday Place : Arka Wellness Centre

Aurokiya has been providing clinical eye service in collaboration with Aravind Eye Hospital and will start the shared medical appointments process for visiting Aravind. Personalized eye exercise and vision therapy sessions will also be available at Arka with appointments. Contact us for your eve care needs.

- Website: <u>https://www.aurokiya.com/</u>
- Contact: <u>aurokiya@auroville.org.in</u>, <u>aurokiya@gmail.com</u> WA/ Mobile: 8012305151

Warmest Regards, Aurosugan-Aurokiya

#### AURODENT DENTAL CLINIC



Animal Care

## **VACCINATION CAMPAIGN UPDATE**



We would like to provide an update on our ongoing vaccination campaign in response to the mass outbreak of Canine Distemper. Thanks to the community's response, we have made significant progress in safeguarding our beloved dogs against this deadly virus. Over the past two weeks, our dedicated

DOG SHELTER mobile vet and vet technician team have successfully vaccinated 41 dogs using Dhppi Nobivac 5-in-1 vaccine, which provides protection against Rabies, Canine Distemper, Parvo, and other viruses.

Our team has been actively visiting various areas, includ-ing Pour Tous, Adventure, Ganesh Bakery, Matrimandir, Shanti Community, Tollgate area, Realization, Swayam, Edyanchavadi, Kottakarai, Last School, and GP Cafe, among others.

While we have observed a decrease in the number of reported Canine Distemper cases, it is important to note that the mass outbreak is not yet fully over. We strongly urge those who have not yet vaccinated their dogs and pets to do so promptly in order to safeguard them from this dangerous virus. Vaccinations should be administered by a licensed veterinarian or certified vet technician only to ensure that they are in compliance with legal requirements and to guarantee the health and well-being of your beloved pets.

Please contact your vet for more information or WhatsApp us at 9843181598 (Lore)

Thanks, Arthur

## **URGENT WARNING:** CANINE DISTEMPER OUTBREAK

We must alert you to the ongoing and devastating wave of canine distemper that continues to ravage dogs within Auroville and the surrounding areas. In the last few days alone, we had cases in Angiras Garden, Last School, Kuilapalayam, Alankuppam, etc.



This highly contagious viral infection spreads rapidly, similar to the flu, and is, in most cases, fatal for dogs. Our quarantine facilities and other animal care centers are full of cases.

We implore each dog lover to take immediate action to protect your pet dogs, Community dogs, and any dogs in your area. There is a highly effective vaccination available to safeguard against this deadly virus. Do not wait until it's too late. Contact your veterinarian without delay!

To address this critical situation, we have secured a stock of Nobivac DHPPi vaccination, which also provides protection against rabies. We are offering this essential vaccination for Rs. 500 per dog. Act now to ensure the well-being and safety of your beloved dogs.

Contact us for information and a vaccination appointment. <u>Aurovilledogshelter@auroville.org.in</u> or aurovilledogshelter@gmail.com

Arthur for Auroville Dog Shelter

#### EXPERIENCED DOG WALKER



Hello, my name is Kiran! I am an experienced dog walker. If you find yourself short on time but still want to ensure that your dog gets a pleasant walk, feel free to reach out to me. I am available in the late afternoons and would love to give your dog a great walk.

9498410380 WA, Kiran

#### **ANIMAL CARE JOB**

Are you a passionate dog lover looking for a rewarding animal care job?

Join our dedicated team at the Auroville Dog Shelter!

As we are upgrading the level of care for our dogs and have lots of new and super interesting projects in the pipeline, we are seeking individuals to support us in providing the best possible care for our dogs.



We are seekina:

#### **Position: Animal Caretaker**

- Working Hours: 4 hours per day, 6 days a week
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals and enjoying physical work

#### **Position: Social Media Person**

- Working Hours: flexible, work from home possible
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals, experience with social media marketing, skills in graphic design

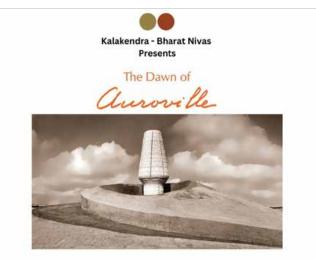
If you have a genuine love for dogs and are eager to make a positive impact, we invite you to join our team!

> Thanks a lot! Auroville Dog Shelter, Arthur

The Ants

### KALAKENDRA PRESENTS

#### Dawn of Auroville



**Permanent Photographic Exibition** 

Venue: Kalakendra Art Gallery - Time: 9am -5.00 pm Office Contact: 0413 2622488

Parking outside the Main Bharat Nivas Gate

- Venue: Kalakendra Art Gallery.
- Office Contact: 0413 2622488

A permanent photographic exhibition with basic information on the conception of Auroville, its inauguration, and the beginning of Matrimandir till November 1973. It has been curated by Sri Aurobindo Ashram Archives in collaboration with Auroville Archives and Bharat Nivas.

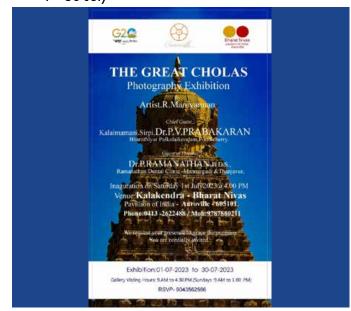
Parking outside the Main Bharat Nivas Gate.

AUROVILLE

DOG SHELTER

## **The Great Cholas**

#### Photography Exhibition by Artist R. Manivannan • 1-30 July

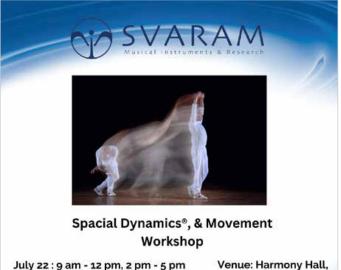


- Gallery Visiting Hours:
  - 9am—4:30pm
  - Sundays: 9am—1pm

9043562566, Regards, Vani, BN Cultural Team



## MOVEMENT AND FLOW WORKSHOP



July 22 : 9 am - 12 pm, 2 pm - 5 pm July 23 : 9 am - 12 pm For registration, please contact: •91 8148749230 (Whatsapp) svaramprograms@gmail.com



**Bharat Nivas** 

Dear All, Svaram is hosting a **Movement and Flow Workshop** with international dancer Bernard Thiry. The goal of the workshop is to discover the dynamics of space that surrounds us and supports our physical body.

The Spacial Dynamics® technique brings a new understanding of who we truly are. With slow-motion exercises, explorations, dances, massages, and group activities, we take the path of developing greater awareness of ourselves and others, of the earth and the Cosmos in a simple and joyful way. Bernard is an International dancer, choreographer, and movement therapist. He constantly seeks to connect with the invisible, making the invisible visible is his quest. He searches for the pure experience, detached from all these codes printed in us or around us. So, the show and the movement, whether theatrical or danced, written or improvised, can connect oneself, the public, and the Universe together.

#### • For Registrations please

email us at <u>svaramprograms@gmail.com</u> to register,
or +91 8148749230 WA.

Regards, Shaheen, Program Co-ordinator, Svaram

#### **WOMEN CHOIR RESTARTS**



The women choir 'Auroville Harmonies' is restarting its rehearsals to prepare a new program.

If you are interested and want to join our musical trip around the world, contact Antoine for an audition:

antoine@auroville.org.in, 8940740529

Thanks, Antoine

## ANALOGUE DARKROOM WORKSHOP by Sasikanth Somu



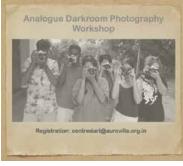
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27, 28 and 29 July @ Centre d'Art Gallery, Citadines
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#### **Program & Timings**

- Thursday, 27 July, 2—5pm: Brief look at History of Photography & Introduction to Film Camera.
- Friday, 28 July,:
  - 9am—2pm, Film photo shoot (in your own time),
  - 2—5pm, Develop your roll of film.
- Saturday, 29 July, 9am—12:30pm & 2—5pm (one can choose either of these sessions): printing contact sheets & photos in the darkroom.

The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.

The workshop fee for Guests: towards contribution



- Registration Contact: <u>centredart@auroville.org.in</u>
- All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.
- Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi <u>sasi@auroville.org.in</u>.
- While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Regards, Sergey, Centre d'Art

## RED EARTH RIDING SCHOOL Is Offering Free Riding Classes

Red earth riding school is very happy to announce that every tuesday, Red earth riding school is offering free riding classes for Auroville kids, and the timings are mentioned below:

- Morning: 6—8am
- Evening:
  - 4—5pm (pony walk)
  - 5pm—6pm (riding classes)

You can also choose morning or evening with refreshment and swimming. You are most welcome to explore the riding horses and enjoy the experience.

## Office timing

- Morning: 9:30am—12:30pm
- Afternoon: 2—5pm

Contact

 04132965242, <u>redearthridingschool@gmail.com</u> Kalivarathan for Red Earth Riding School

## AUROVILLE AIKIDO at Auroville Budokan

From Auroville Aikido at Auroville Budokan, Dehashakti, near Dana: Welcome if you want to watch a class before, try it out or join us right away!



Children classes from 8 of age:

 starting on 10 July with Philippe G. and Surya Monday, Wednesday & Friday: 4—5pm.

Regular attendance required, as part of the school sports' program.

#### Adults All levels

• Tuesday & Thursday 6—7:30am Saturdays 6:30—7:30am with Murugan.

#### Beginners mostly welcome

• Wednesday 5:15—6:30pm and Saturday. Early morning class.

#### Women and young girls (with Surya)

• Sunday 9:15 to 10:30am.

**Note:** Aikido is a Japanese martial art that is for everybody and usually gender mixed. Its regular and sincere practice will make you work on all your different levels: physical, mental, spiritual. We encourage the youth and especially girls and women to come and train with us!

**Practice clothes & other info:** to start, beginners can wear a T-shirt & long loose pants (for energy flow, avoid tight fitting clothes) then a white *keikogi* will be required (we have some). Health Fund or your own insurance necessary. Annual and/or monthly reasonable contribution required for the Budokan (activity under LEAD) depending on your status in Auroville. Please be on time, i.e. 10—15min. before your class!

 Contact: Surya 0413 2623813 or 8300189062, or N. Murugan 9952812843/WA – budokan@auroville.org.in, suryaniworks@gmail.com

Looking forward and in service, Surya, N. Murugan, Philippe G. and Cristo for Auroville Aikido

#### **ABHAYA OFFERS MARTIAL ARTS CLASSES**

Abhaya is an Aurovilian Activity that offers classes of martial arts since 2015. Our coaches are former pro-fighters with extensive experience in training and teaching. Our philosophy is to train both the external and the internal aspects of martial arts: test our skill and be confident about the efficiency of the techniques, but also develop an



inner sense of progress and become aware of our state of consciousness under pressure, through self awareness and self-discipline. Our classes are open to students of all levels, we have both absolute beginners and students that have already competed in elite tournaments.

#### **Our Regular Classes**

- Monday 5:30pm: Neijia (internal martial arts) and self defense
- Wednesday 5:30pm: Grappling and MMA
- Friday 5:30pm: Kickboxing and K1

#### Contacts

- <u>abhaya@auroville.org.in</u>, 9487340778 WA
- Check our work and follow us here: <u>https://www.</u> instagram.com/giacomo\_ writer\_auroville/



Thank you, Giacomo for Abhaya

## TAI CHI CHUAN WORKSHOP

7 August to 26 August, 2023 From Mondays to Saturdays, 7:30—10:30am

## INNER WAY TAI CHI SCHOOL

TAI CHI HALL in Sharnga Presents

THE ART OF CHI - Stevanovitch's method



- Beginners, chi and tai chi basics
- Approaching the 24 posture form

The 3-week workshop is essentially directed towards: Mastery of the body through breathing and muscular relaxation; Improvement of movement through balance and coordination; Learning to mobilize Chi.

First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

- Information and booking: <u>taichi@auroville.org.in</u>
- Website: taichi.auroville.org, www.artduchi.com

Yunsung Cho, AV Arts Service

AUROVILLE

## **AUROVILLE TANGO ACTIVITIES**







Venue: Harmony Hall, Bharat Nivas No partner required, bring socks or dance shoes and plenty of cheer!

> +91 98211 66082, tango@auroville.org.in Submitted by Aurevan

#### FEMININE DANCE CLASSES IN CRIPA

Feminine Dance classes in Cripa, based on Tribal Fusion and Belly Dance freestyle and combination With 'Masala' music from all over the world, any woman and girl can dance.

- Tuesdays : All Levels.
  - Girls: 4-5pm Starts again on July 11 • Women: 5:30—7pm



Saturdays: Beginners, 11am-12pm

Renana, +91986544472 WA



#### SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact Mani, +91 8637633696

Submitted by Mani

#### **RUPAVATHI JOY ACTIVITIES**

#### **Bio-region Temple Tour**

Every Sunday, Wednesday and Saturday 9am—12noon, starting from Solar Kitchen



#### Indian cooking

- Every Monday to Friday after 5pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm

#### Thai Massage

Every day at Creativity

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com

### TANGO DANCE CLASS

- Every Monday, Cripa, 6:30pm
- By apointment: Any time you can do class

#### Information

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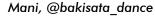
- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

#### For bookings contact us:

+918637633696, bakisatadance@gmail.com. Mani

#### SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- All Levels: Every Saturday, 6:30pm By appointment any time you can do Salsa, Bachata Kizomba
- Need To Bring: Socks, Water, Smile
- Venue: New creation Dance studio
- Register before coming: +918637633696







For more information on the timings and how to join in please write to kuilaicreativecentre@auroville.org.in or to our 8608473385 WA With regards, Selva from KCC

Rupavathi Joy

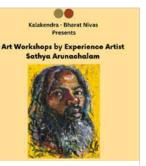
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### ART WORKSHOPS by Experience Artist Sathya Arunachalam

## • Workshop Details:

Specialtechnic with Blue metal, Jute fabric, Cotton, Textile, Leaf dipped into colour & Coconut fibre

- July onwards, Every Day
- 10—12:30pm & 2:30—
   4:30pm
- Contact: 0413 2622488 & Sathya, 9080371145



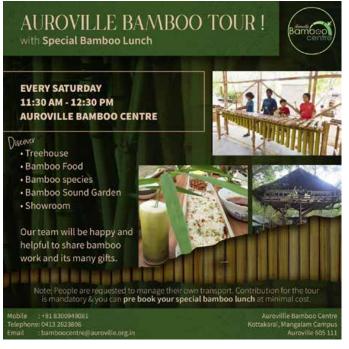
Regards, Vani, BN Cultural Team

## **BAMBOO CENTRE**



July Workshops 2023

## Bamboo Centre Campus Tour



Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place.

Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

## Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

• Daily: Make and Take Hands On Workshops, Experiences and Educational Tours available

#### **One-Day Make and Take Workshops**



## **Furniture Workshop**

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: one day in advance.

## **Bamboo Toys**

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: walk-in registration available

## **Bamboo Musical Instruments**

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: walk-in registration available

## **Bamboo Jewellery**

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: walk-in registration available

## Bamboo Summer camp in Auroville



The Bamboo Summer School will take place over 6 days, covering full day intensive sessions offered daily from 9am to 5pm. The sessions are offered according to two areas of focus, as follows:

## • Natural Building With Bamboo:

- Theory and practice of working with bamboo
- Harvesting bamboo and working in a bamboo forest
- Treating bamboo against insects
- Bamboo carpentry: bending, cutting, joineries, split and weave bamboo
- Bamboo construction
- Dates: 31 July to 5 August

For more information, special requirement, and pre-booking contact: preferred: <u>bamboocentre@auroville.org</u>

- or phone number: +91 8300949081, 0413 2623806
- Flexible training dates offered to groups

## Contact: Voice call and WA: 8300949081

- <u>bamboocentre@auroville.org.in</u>
- <u>www.aurovillebamboocentre.org</u>

Thanks and Regards, Murugan

## SOUL OF SOIL

Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture



Conscious and Cultural Tour Experience Program

## Make and take handson workshops

| Bamboo Musical Instrument | Bamboo Jewellery |
|---------------------------|------------------|
| Bamboo Toys               | Clay Modeling    |
| Terracotta                | Incense Making   |
| Paper Mache               | Lampshade        |
| Kolam Mandala Painting    | Palm leaf craft  |
| Coconut shell craft       | Stone Carving    |

**Daily**: Make and Take, Hands-On Workshops at Bio region Art & Craft Centre (Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam campus)

- Advance booking is necessary
- Contact: preferred <u>mohanamprogram@auroville.org.in</u>, or call +91 8300949079
- 10am—4pm, Every day except Sundays

## Mohanam campus tour

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, sound healing, hands on make and take—art and craft workshops at bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti library, local traditional lunch, herbal tea.

10am—4pm, Every day except Sundays

## Mohanam Sound healing

Book your sound healing session/ south bath for groups at Mohanam village heritage centre. A journey into silence, voice, movement and meditation inspired by nature and rhythmic waves we dive into an inner exploration of embodiment and expression. Union of mind, body and spirit through celebration of sound to enhance the sense of balance and reconnect one to their own consciousness.

- Advance booking is necessary
- Contact: preferred <u>mohanamprogram@auroville.org.in</u>, or call +91 8300949079
- 10am—4pm, Every day except Sundays

## Saree & Veshti Experience Tour

## Let the magic of saree & veshti adorn you!

Choose a saree and veshti from a variety of beautiful saree and veshti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape/ wear the saree & veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience

- Advance booking is necessary
- Contact: preferred <u>mohanamprogram@auroville.org.in</u>, or call +91 8300949079
- 10am—4pm, Every day except Sundays

#### **Conscious and Cultural Tour Experience in Auroville** The future of the world (Integral—Consciousness—Responsible—Education—Empowerment Sustainability)

- Bio region village & temple tour
- Bioregion historical/monument/heritage educational tour
- Auroville Forest tour
- Auroville Farm tour
- Auroville North-West experience
- Auroville entrepreneurship tour
- Includes Tea and snacks, Duration: 2hours.
- 1-day advance booking is necessary
- Day & Timing: Every day 10am—5pm

## Auroville North-West Cycle Tour + Lunch

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- Every day 10:30am—1pm, except Sunday
- Meeting/ Starting Point: Visitor center, 1-day advance booking is necessary for group bookings (for single bookings at least before 10am)
- For Bookings: <a href="mohanamprogram@auroville.org.in">mohanamprogram@auroville.org.in</a> or call us at: +91 8300949079

## Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles. The route shall include the following destinationsIncludes Tea and snacks, Duration: 2hours.

- 1-day advance booking is necessary
- Every Saturday & Sunday, 6—8am

#### Saturday evening Aurosanthai market Indo African Drum Circle with Food & Campfire

Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes.

- Every Saturday between 6 to 7:30pm (Pre-booking is mandatory),
- Venue: Mohanam Village Heritage Centre,
- For more information: <u>mohanamprogram@auroville.org.in</u> or call us at: +91 8300949079

## Kolam Village Walk

Join for Spiritual Kolam walk and let the inner spirit and emotions lead the flow of Kolam. Enjoy the Delicious Tamil breakfast after the small trip inside the village, early in the morning made by local women to support them economically.

- Meeting point: Mohanam Heritage Village
- Every Friday, 6am to 8am
- Facilitator: Mohanam youth
- Contacts: <u>mohanamprogram@auroville.org.in</u> or +91 8300949079

#### Thiruvannamalai Eco & Spiritual Services

- Thiruvannamalai—Mohanam Services
- Aurunachala—Auroville
- Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience. The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities.

You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

• For more information: <u>mohanamprogram@auroville.org.in</u> or call us at: +91 8300949079

#### **Bike Tour**



## **Roots & Rythms**



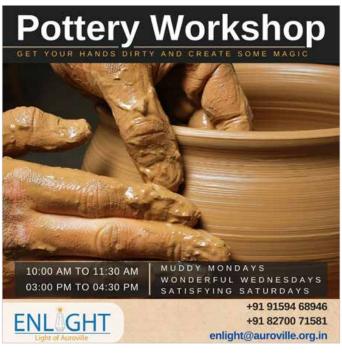


Submitted by Balu for Mohanam Program

## **ENLIGHT ACTIVITIES**



#### **Pottery Workshop**



Join us for our pottery workshops to experience work with clay and gain one-on-one instructions on how to create your piece. Enlight offers a natural and relaxed environment to immerse yourself in pottery.

- Our workshops are focused on pottery for beginners, so no prior experience is required.
  - +91 91594 68946
  - · +91 82700 71581
  - <u>enlight@auroville.org.in</u>

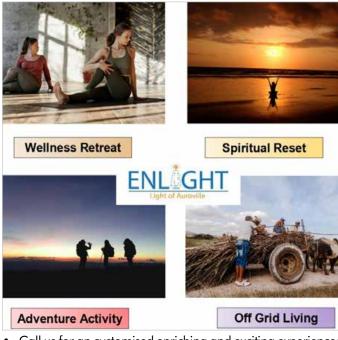
## **Thread Art Workshop**



- Every Saturday, 10am—12noon
- 1 day prior booking is needed

## **Curated Experiences**

Have 10 or more people group, call us and let us organize one of these itineraries for you.



- Call us for an customised enriching and exciting experience: Email: enlight@auroville.org.in
  - Mobile: +91 8270071581

Enlight team, Arun, Anand and Balaji



## Looking for a Bed and Inverter

Dear Residents, I am looking for

- Double Size Wooden Bed
- Inverter/Battery (Used or New)
- Please contact me 9943919899, ramkrishna@auroville.org.in



Thank you, Ramakrishnan

#### Looking for House to Sit



Dear Auroville family, I'm Chloé ex Aurovilian, who was working at AV radio. I'm now back with my 4 years old daughter as a volunteer for 9 months. We are housesitting until the end of August (the 25th max) and are looking for another place to stay, if possible until the end of our stay (beginning of April), at least a few months.

We'll be glad to take care of your house, plants, pets... My boyfriend, the father of my daughter, will join us during his vacation. Contact me at 9042059543 or <u>radiochloe@</u> <u>gmail.com</u>, thank you! Peace and Light, Chloé

## Wanted Damaged and Broken Solar Panels

Good day, dear community. With the ongoing repairs and

maintenance happening at the Youth Center Mirco and Sasha would like to inquire if there is anyone out there who would like to get rid of their old, damaged or broken solar panels in an eco-friendly way? They would be incorporated into construction of walls in the tree



houses and creating privacy partitions. Perhaps you have some other material that can be used for that?

Please contact:

Sasha: +919047232400, Mirco: +919944025718

Thank you in advance, and have a wonderful day.

## **Looking For Long-term House Sitting**



Dear Community, I am a confirmed Aurovilian and looking for a longterm house sitting. I am single, originally from Italy and I contribute to the Community through various activities. I am a neat, clean, reliable, quiet and respectful person. Please reach out on

8667648515 or mail to solespazio@gmail.com

With Love & Gratitude, Enzo

## Looking to House Sit

I am looking for a house or an apart-ment from 12 July to 10 August, 2023. Even if the dates are not completely concurrent, do not hesitate to contact me. I have already done several house sittings. I can take care of your animals.



Satyayuga (Jean-Luc), +917639761930

<u>ilmalor@yahoo.fr</u>

## House Sitter For August And September, In The Greenbelt

Looking for a dog loving house sitter that is happy to look after the dog and garden: Aurovilian, Newcomer or Savi volunteer. Single person preferred, but couple possible. Call or WA 9489601312

## Second hand working condition ceiling/pedestal fans

Dear Friends, Udavi School is in need of second hand working condition ceiling/pedestal fans to be used in the classrooms at the primary section of the school. If you have ceiling/pedestal fans in working condition and do not use them anymore and want to donate, Udavi School will be happy to use them in the classrooms. If it is necessary and needed a small contribution can be made. On availability you are requested to contact us. We will organise to pick them up. Your contribution will be appreciated Thank you. Contact details:

<u>udaviadmin@auroville.org.in</u> or 9487068021

Regards, Sudhir for Udavi School

Warm regards, Sasha



## HP Envy 5530 Available

Dear Residents, I am ready to offer this printer with minimum contribution and it's a Colour type printer with Wireless, model: HP Envy 5530



 Contact: 9943919899, <u>ramkrishna@auroville.org.in</u> Thank you, Ramakrishnan

## Mini iPad Available

Apple iPad mini 2 Wi-Fi (Wi-Fi, w/o GPS) You can check spec online. Good quality, good condition, towards contribution.

• Contact me 6385635943

#### Seashell Curtain

72 individual hanging strands of beautiful seashells as a curtain/ separator for doorway or long window.

Each full strand is 1.5 meters long, 72 pieces in all.

Contact: isha@auroville.org.in





# Taxi Share

## To Chennai Airport, late afternoon, 27 July

Anyone going to Chennai airport in the late afternoon of 27 July? Or coming from the airport to Auroville, to share a taxi? Thank you, Umberto Cerasoli

Isha



### **DONATION FOR FRISBEE TOURNAMENT AT SAKKATH**

Greetings to you. My name is Gothainayagi, I'm 18 years old and I play frisbee and I'm a bharatanatyam dancer also. I am reaching out for your help. I did a course in frisbee—called Women's Ultimate Fellowship and in this programme I had lessons on



how to become a young women leader. And the follow up of this one year programme was for me to become a leader and to teach what I have learnt...

So I had taken the responsibility to put together a few people and form a frisbee team called Alphas and I am one of the youngest females who is leading, coaching and captaining this mixed gender team. It has been that many people dream of going and playing frisbee outside, especially since they have been waiting for this tournament... But since all of us are students it is hard for us to fund and for us to manage... So it would be a great help if you can support us in any way

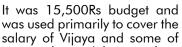
#### The expenses are

- Travel van for 22 ppl, 25k, Jersey for the team, 30k
- Accommodation for 4 days 22 ppl, 900 per night per person.
- Team registration Rs 5600

Our Financial Account Number is: 106116 (Alphas) Thanks a lot, Gothainayagi, 9442238704

### **YOUTH CENTER APPEAL**

Dear community, as you may remember since May 1<sup>st</sup> Youth Center's budget has been discontinued (along with three full time maintenance).



our watchmen. It has now been three months that we have been exhausting our savings to pay that and an additional maintenance of one of our team coordinators who. To be completely honest we have approached 0 and on September 1st will no longer receive the bridging maintenance.

We are doing everything we can to try and organize more events, involve more volunteers, and do jobs. However with the lack of tourism and with much of the community being on holiday our efforts are insufficient.

It also so happens that most of our upcoming events might not come into reality as they are planned for August (the international youth day festival) and November(international Kids day). There are more options we are currently initiating but our primary hope is the support of the people from the Auroville community.

We reach out to everyone and anyone who loves and cares for the Youth Center and it's future. We have established a wonderful team who are fully invested into taking Youth Center to new heights becoming an irreplaceable part of the community. It is our most strong belief that all this is only a stumble not a fall.

- If you would like to help us make it through this financial conundrum please contact
  - Sasha: +91 9047232400
  - Mirco: +919944025718
  - Deep: +919488494930
  - Cheenu: +918270404258
  - or Lili: +919585942813
- or make a donation to our FS acc.: 0099
- and spread the word.

With Love and Gratitude, Youth Center team.



#### AUROVILLE MEDIA INTERFACE (AMI) Is Expanding Its Team.

Jobs for Newcomers and Aurovilians; maintenance available We are looking for autonomous workers who could take care of some of the following tasks:

- video content creation/video & photo coverage/video editing
- social media creation & management
- content writing
- graphic design
- welcoming journalists and TV crews
- TV channel operations management
- secretariat & accountant skills & logistics (good English skills needed)

AMI is Auroville's Official Media & Press Relations Service. • Newsletter:

- https://uroville.org/page/auroville-media-interface
- <u>https://www.facebook.com/aurovillemediainterface</u>
- Write to: <u>mediainterface-avf@auroville.org.in</u>
  - Joel

MEDIA INTER

#### **CENTRE D'ART AUROVILLE** Is Looking For A New Collaborator

Centre d'Art is a cultural center dedicated to Art and Beauty.

Our work includes disseminating and archiving Dominique Darr's photographs, organizing art events and workshops.



We host painting, mixed media and photography exhibitions, promote artists and facilitate artistic exchanges. We carefully curate our programs in order to offer Aurovilians and the general public diversity in art and unity around beauty.

A new collaborator is needed for our exhibition team beginning in August.

We are looking for an artistically inclined individual with good interpersonal skills, works well with a diverse team, speaks and writes fluent English and has communication, writing and organizational skills.

Hands-on proactive skills for preparation of art exhibits, detail oriented, strong appreciation for spatial installation, French speaking and curating experience will be appreciated.

- If you are interested please send us a mail with your resume at centredart@auroville.org.in and we'll contact you shortly.
- Applications are open until 31/07/23

Thanks, Maud

## **AUROVILLE EARTH INSTITUTE**

## Job Description: Admin Secretary

- Training course coordination—On campus + Online **On-Campus** 
  - Emails, Phone calls and Follow ups 0
  - Registration to the course
  - Feedback Updates, MS word, google doc and Summary 0
  - Documentation of trainees like clicking photos during course

#### Online

- Creating student accounts and tracking progress
- Sending out course-specific emails on course dates 0 and course completion requirements
- Troubleshooting technical problems and answering 0 basic questions by email and in the course forum
- Issuing certificates to those who complete a course

#### Secretary Job

- Emails, Phone calls 0
- **Publication** sales
- Helping walk in visitors with needed information
- Assisting for various office works
- Office purchasing
- Collecting bills from various units in Auroville or 0 around when needed

Languages: Tamil, English and any other language is plus Software: MS Word, MS Excel, Photoshop (Moodle or other open-source platforms and other software are plus)

## Job Description: Assistant Trainer

- Assisting in training courses on CSEB and other AVEI techniques
  - Getting trained to conduct the practical training 0 courses
  - Getting trained to use and quality check the Auram press
- Assisting in research on various earth AVEI techniques
- Identification of soils
- Casting samples to be tested
- Conducting various series of tests 0

- Supervision of construction sites
  - Daily supervision on site
  - Management of workers
  - Supply of materials
  - Campus infrastructure maintenance

Languages: Tamil, English and any other language is plus Software: MS Word, MS Excel is plus



Warm regards, Malavika S Nair, Auroville Earth Institute

AWARE Maro

Opportunity for Newcomer/Aurovillian with a passion for media and communications.

**Full Time** (Maintenance is possible)

AWARE aims to promote human unity through effective communication and collaboration. We focus on various aspects of Auroville, including spiritual, cultural, social, economic, organizational, and ecological aspects, to help Auroville realize its vision.

AWARE is unique in its conscious approach towards communicating actions, collecting insights, ideating different approaches, and innovating the most appropriate way to communicate. Aware offers its services on a free and fair basis and is run by Auroville residents to provide authentic information.

## Skills and Knowledge desired

- The ability to work well independently and within a team
- Strong written and verbal communication skills
- Creativity and innovation
- Management skills
- Basic understanding of web and social media promotion
- Problem-solving abilities
- Medium level IT skills

Above all we need someone who is driven by Auroville's vision and feels the need to communicate this in the most sincere and earnest form to the world.

aware@auroville.org.in, 98100 52574 WA

Warm regards, Nilima

## **ITS: WE ARE HIRING**



0 984 - 20 July 2023

Centre d'Art Auroville



## UDAVI SEEKS VOLUNTEERS Kitchen, 8:30am to 11am at least Every day, Monday to Friday

Dear Friends, at Udavi School we need volunteers to help in the kitchen for cutting vegetables from 8:30 am to 11am at least. We cook simple south Indian meals for our children every day, Monday to Friday.



If this is something that interests you please get in touch with us for further information. Thank you for your support and help. **Contact details**:

udaviadmin@auroville.org.in or Mobile 9487068021

Regards, Sudhir for Udavi School

## **NEW CREATION CRECHE NEEDS A VOLUNTEER**

Dear Friends, New Creation is a project to help village's families by providing to the people a free creche and kindergarten service. We are looking for 1 volunteer teacher to join our team.

If you want to know more about our work, what we are doing here and what is possible to do

 please contact Anand our school manager
 9363223552 or <u>auro-</u> <u>child@auroville.org.in</u>.



With love and light, Anand

## GAU SEVA AT SADHANA FOREST!



Your heartful service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am** 

onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

<u>sadhanaforest@auroville.org.in</u>,

8525038274WA or call 8122274924

Looking forward to welcoming you! The Sadhana Forest team, warmly, Shek



#### FREE STORE OPENING TIMES

#### Morning hours:

- Monday to Saturday: 8:30am—1pm
- Afternoon hours:
  - **Tuesday and Thursday**: 2:30pm—4:30pm

We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

At Her Service, Kamala For the Freestore team

free Stare

#### AIRCON AIR CONDITIONING CLEANING SERVICE

**Aircon Clean** offers a comprehensive Air Conditioner cleaning service known as Jet Service.

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and



outdoor unit with AC jet pump. After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

 Contact Aircon Clean now at 9786809518 or email us at <u>airconclean.av@gmail.com</u>

Regards, Julien

#### **ARKA'S KITCHEN IS OPEN FOR LUNCH**

We are happy to inform you Arka's kitchen is open to receive its guests, **open for lunch Monday to Saturday** 

- AV/NC @ Rs.200/-
- Guest Rs.250/-
- children Above 10 Years 1/2 price.
- Lunch timing 12:15 pm to 1:30pm.
- Pre Booking is required (Please call one day before on this number 0413 2623799 in office timing: Morning 8:30am—12:30pm & Afternoon 2—5:30pm.

Please follow us on instagram page Auroville Arka.

Thanks & Regards, Ramana, Arka

### REPAIR

#### of Air Conditioners, Fridges, Washing machines and Appliances



**Loganathan** working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowledge through looking after and repairing all kinds of machines.

He happily repairs your machines and appliances. Contact:

+91 9443493025 phone, SMS, WA

## FOR YOUR NEXT HAIRCUT



For your next haircut contact Ahana with her highly inspired and young talent:

• Ahana @ 9751513906 (WA, Signal and Telegram only)



Ulrike

Jagdishan



& 984 - 20 July 2023

## AUROMODE HIVE OPEN HOUSE

28 July 2023, 10am - 5pm



Dear Community, join us at Hive's Open House on Friday, 28 July 2023, from 10am to 5pm!

Discover the Hive coworking space and find your inspiration in an environment built for productivity and connection.

Try out our coworking space for free and see the difference. We will have free internet.

Visit our website at <u>www.au-romode.in/hive-coworking</u> for more details on our plans and facilities.



 For inquiries, feel free to reach out to us on WA at 70921 97375/ 9042759540.

We can't wait to welcome you to our thriving community!

- Website: <u>https://www.auromode.in/hive-coworking</u>
- Facebook: <a href="https://www.facebook.com/auromode.hive.9">https://www.facebook.com/auromode.hive.9</a>
- Instagram: <u>https://www.instagram.com/auromode\_hive/</u>
- Google Map: <u>https://goo.gl/maps/Ki1gebb6PowiQX2m9</u>

Warm regards, Dhesh, Auromode HIVE Team

### POUR TOUS WATER Free Service To The Aurovilians



Dear Friends, Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all).

The service and labor is free. If material is necessary for your work, the city service advances it, and you are paying to the collec-

tion account, which is going back to City Services only to cover the material cost.

All service transactions are through Financial Service accounts, we do not handle cash for the services and appreciate you helping us with this. Pour Tous Water keeps plumbing materials on hand for emergencies to save money on petrol and avoid time-consuming round-trips to the store.

• For plumbing and water works, please contact us at Pour Tous Water's office numbers: 2622899, 9843644308, and <u>ptw@auroville.org.in</u>.

Sincerely, Grace, for Pour Tous Water

## LATEST NEWS FROM INSIDE INDIA-TRAVEL SHOP

Due to the road construction you can only reach us via the Garden Entrance of Kalpana opposite Humanscapes

 Our e-mail address has changed to <u>travelshop@inside-india.com</u>, landline 2623030

## Mr. Ganesh our Travel Consultant

- Will be at our Kalpana office from 10am—4pm Monday to Friday.
- He can also be contacted anytime: +91 9894598686, phone or WA
- or by email: <u>travelshop@inside-india.com</u>
- Emirates offers are available from Chennai to Frankfurt, Paris.
- Etihad Airways offers fares from Chennai to Frankfurt, Amsterdam, Milan, Rome
- Oman Airways has special fares from Chennai to Milan.
- Srilankan Airways special fares from Chennai to Paris, London and Melbourne.

Joster

## SOLITUDE FARM BASKET SERVICE

For many years Solitude Farm has run a basket service where we provide a basket of fruits and veg, and greens on a weekly basis.

In this summer season we have papayas, soursop, pineapples, jackfruit, mangos sometimes, guava, a little later there will be chikoos and there are also vari-



Solitude Farm

ous vegetables such as beans and, bottle gourd, pumpkin, brinjals, capsicums, spinach and a bag of mixed greens that we use for Salad st the farm cafe.

If you have a connection to Tamil culture, there are banana flowers, sundakkai (turkey berry), banana stem, green mangoes and more. There is even a juice kit with flowers and leaves that make delicious coolers.

The produce changes through the seasons and we invite participants to come and learn from us how to use produce such as jackfruit seeds or bread fruit, green papayas etc.

- The baskets can be picked up
  - on either Monday, Wednesday or Friday.

The pricing changes depending on how long you subscribe for. A one year subscription is much cheaper than a one month subscription. The baskets are generous in size and can weigh up to 8 kgs, the more you understand local foods, the more produce we are able to give!

If you would like to eat food that has no carbon footprint and does not harm Mother Earth, food that is equally tasty and also reflects the values of Ayurveda, often addressing problems such as Diabetes and other such diseases, then the basket service is a great local solution for sourcing organic and most importantly local produce.

• If you would like to sign up for the basket or the lunch scheme at Solitude Farm Cafe, please contact us.:

<u>solitudepermaculture@gmail.com</u> 9843319260 WA, Solitude farm & café, Auroville, Krishna



#### **REFLECTIONS ON THE AUROVILLE ART SERVICE**

Dear Auroville Community & All the Auroville Artists,

It's been a long time since I wrote to any of you on this Artists Group.. However, here is something I wanted to share with you all, as an artist or someone who has been associated with the Art Scene of Auroville for very long. I have written this to the new Auroville Art Service appointed by the AV Foundation that has had several divisive, intimidating, unilateral appointments of many such groups.

Art from any society is the reflection of the health, value systems and the governance of the society. I have always felt that Art can make a huge impact on the controlling regime by its beauty, expression, dissent and the innovative ways one can express through Art..

Here is my mail for your food for thought, when you make your new art works from now on. It's time to change, Act, Come to support and raise your voice as an artist through your work.

Much love, Dharmesh

#### Here is my mail to the AVF appointed arts service & response to Saumya's note in last N&N:

Dear Saumya, Supriya and Team,

I have read your recent note of expression in the news & notes AVF edition. Though it is clear from your note, where you justify your position and appointment, I have a few queries, and hence this note. I do hope that I will get an honest answer to this, as honest as your note.

As an artist, curator who has worked, established Kala Kendra and experience with several artists of Auroville, here are my concerns, which I hope you will address or clarify.

These appointments are done without any consultation with any of the existing artists groups, services or others, purely on an arbitrary basis. Do you think that this is the process the City in making, as Auroville, can justify this as its Governance system?

I am one of the artists, whose few expressions, installations have been brutally removed, criticized by a section of people, who support your appointments; and vilified for being expressive through art installations, in the public realm. Do you think this is justified for a community of artists, who represent a future, progressive outlook to the Art in Auroville?

I know you may not have the intentions or authority, being new to this administrative job. However, Is there a policy statement, vision of future development or inclusive and progressive, innovative way of Art Expression that you new executives of Art Service appointed by AV Foundation have worked on? Can you share this vision with the Art Community of Auroville?

Several of us artists, who are active and connected with the Artists Community of India, and abroad, feel that Auroville's present situation is much more beyond your simplistic expression and understanding. We would like to know on what basis, with what policy or regulations, are you planning to integrate us all with the new regime? A regime which has consistently demonstrated that the Community of Auroville is incapable of a governance system that is democratic, consensus oriented and forward looking to nurture the art scene for a City of the Future. We would like to know a clear statement that demonstrates that you are not a simple tool of oppression and control of the Art Expression of Auroville Artists.

I have personally known some of you for quite some time, maybe not so much personally. Your appointment and acceptance of this position, in violation of all principles of normal justice, did come as a surprise, pushing us all to resist, not cooperate or to ignore your new positions; You represent the force with which the Auroville Community has been crushed under the weight of a small group of Aurovilians who have taken a more fanatic path to development and vision of Auroville. Do you think this is the way forward to any sort of Human Unity, future you envision; including for Art of Auroville?

You may disagree with some of my use of phrases, expression here, however, you are all wise enough to understand that Art has never been controlled by such regimes. In fact, it flowers and flourishes under such controlled regimes. I do hope that your building blocks of the new bridges you talk about are in fact built by new foundations, vision and the freedom of expression of the Auroville Artists, whether or not they join your team or function as independent Artists, or under other umbrellas within the country or elsewhere. I would like to know your view point, clearly on how you are able to allow Artists, art services and their own way of expression, when they do not join your side of the divide, we are seeing so prevalent in Auroville. Kindly express clearly on the same.

Last but not the least, I do hope that you will honestly reply to this, promptly as an artist or an administrator, who will be showing us a goodwill, generosity to exist in our freedom within the Community of Artists, and not force us, exclude or intimidate us with your policies, rules and regulations that originate from a very cultish, fanatic Auroville Vision much narrower than the Charter or the Indian Constitution or the Master Plan, whatever it is. I hope that you will not hinder us upon our path of expression and existence in the coming months and force us to exit the art scene or find our own path ahead. We hope to have clear answers that reflect your urge to build bridges, rather than see us as the other and celebrate our right to dissent from your AV Art Service.

I have seen many such attempts earlier from similar groups in the last 30 years of my Auroville life and I openly would like to defy your orders to join your art service, or be bowed down by the new regime, as an artist, as an Indian, as a community member. Would you be able to take the same attitude and let us exist with whichever group we decide to be with and celebrate our dissent? As an artist I feel my freedom of expression is paramount to me, beyond the emotional outbursts and justifications of burning or building the bridges. As an artist community, Auroville Artists should be just let be, rather than being penalized for choosing to go with the Dream of the The Mother, and not toe the line of the forces that have appointed you as their AV Arts Service.

I do hope to get clear and to the point answers so that I can exist in spite of any of the forced agendas of the regime supported by your neutral or sided positions. I wait for your answer.

Warmly, Dharmesh Vikramsinh Jadeja

#### **AUROVILLE FARM GROUP OPEN LETTER TO GB-FAMC**

Dear Torkil and Chandresh, members of AFO FAMC,

the Farm Group does not agree with your analysis of the farming situation in Auroville or your so-called solution. Our thoughts are as follows:

You say that farmers only produce 20% overall of what Auroville needs; this is because of subsidies given to the farmers rather than structural issues relating to the Auroville market. As we have explained to you, a large part of the reason for this deficit is because the Auroville market demands food that it is impossible to grow in this area. Farmers cannot do much about that and a better approach would be to try and change the habits and attitudes of Auroville consumers towards the food that can be grown in this climate and with the present natural resources. Auroville farmers can and will produce more of these items provided they could be sure that most of what /everything/ they grew would be sold.

You say that FAMC have tried to engage farmers but that they have been resistant to this. We have met just two or three times with the famc and twice with the farm service. new group and as a result of that In the last meeting with FAMC, Gheeta, Torkil and Chandresh, we all agreed in principle to look at ways both groups could move forward together; focusing on the things with which we can agree. In the meantime we heard nothing from the FAMC until the setting up of the Farm Service which has been imposed on the farmers. Two days later, the Farm Service was created and at our first meeting with them, Prasad informed us that they, not FAMC, would only be dealing with us. And now this. Now, last week an email reduced farmers' maintenance. You say that the Farm Service is moving ahead with dealing with surpluses through restructuring Foodlink. Just to let you know that farmers are still getting produce returned and being told not to bring in certain items because Foodlink cannot deal with them. In other words, the new Farm Service Foodlink is having the same problem as before, in fact possibly more. making farmers pay for the things they say they will do but aren't doing.

If you want to go ahead with making farmers support themselves please be aware that you are encouraging farmers to grow what makes the most profit which is not necessarily what Auroville needs. Do you think this is a good move? It is also unclear about expectations with regard to the standard of Auroville Produce. The existing high standards ensure that Auroville food is grown in a way that is healthy for people as well as the Earth. Do you subscribe to those values? Or is the value measured only in profit and production? At present it sounds very much like the latter and Auroville farmers do not agree with this. You talk about new ways of farming; can you please explain? If you mean the Gratitude project or Unity farm, we do not see any much new happening there.. You talk about the new farms which are having no subsidies and so we should all have no support; are you talking about Unity farm which got a budget of over 7 lakhs to start up? Or the Gratitude project with several lakhs of investment? If farms would get all such startup investment the situation might look quite different now.

Growing more food also requires investment so where is that supposed to come from? Many farms do not have resources for new investment to grow more and for those that do it will take time to make the necessary changes to increase production. You say that the new initiatives of which you talk have/will be carried out without subsidy and presumably investment. Please do explain this further. How will/have these new projects been set up with no financial backing and how are the people doing the work managing with no financial support? (using savings? Getting jobs outside Auroville?) We would very much like to know. Please clearly explain this to us.

Farmers have shown lots of goodwill to try to cooperate with you although your group has been imposed on Auroville without any proper process.

Now getting these decisions thrown at us;

First our common farm group accounts are frozen. These accounts are vital for farmers to be able to take emergency loans, seed/compost loans, infra loans, it also blocks the repayment of several lakhs of rupees to farms from a fund which farmers have pooled to pay operating cost of foodlink and any excess gets paid back at the end of the financial year.

The Farm group and its subgroups are being dismissed as non-existent; these groups are simple working groups where farmers meet, look at each other's work, plan crops and are crucial for learning and regulation of production.

Foodlink being taken over without any respect for its executives and no time for a proper transition and finally cutting off the personal maintenance from farmers, again from one moment to the other without any proper prior communication is totally unacceptable.

We really start to wonder about your motives and capacity; anyone with a little sense of reality will realize that all these measures are surely not going to help to increase food for Aurovilians.

We will continue to work on the land because that is what farming is about. We will find ways to survive and keep supporting Aurovilians because that's what is needed. Unless you stop making these unilateral decisions and there is a normal communication it will be difficult to work with you any longer.

> Wishing for better times, Tomas, For the Auroville Farm group

Inspiration

#### **PERCEPTION & AWARENESS**

Here's a very interesting discussion on the different levels of perception and awareness, taking into the spectrum the higher consciousness-forces that are now at play on Earth but hardly perceptible or even incomprehensible to most humans:

<u>https://incarnateword.in/cwm/04/17-march-1951</u>

Peace within is required to be more receptive of why the hastening and intensifying psychophysical transformations are happening globally. But this must be a conscious dynamic peace, not a stoned zombified peace, as we are here to consciously engage in this terrestrial progress.

Again very thankful for the illuminating guidance of our Avatar founders Sri Aurobindo and the Mother here in Auroville, such as this as the Divine's response to the aspiring proactive Bhakta:

'There are two complementary aspects of the liberating action of the Divine Grace upon earth among men. These two aspects are equally indispensable, but are not equally appreciated.

The sovereign immutable peace that liberates from anxiety, tension and suffering.

The dynamic all-powerful progress that liberates from fetters, bondages and inertia.

The peace is universally appreciated and recognised as divine, but the progress is welcomed only by those whose aspiration is intense and courageous.'

• <u>https://incarnateword.in/cwm/15/darshan-messages?</u> <u>search=Make+of+us+the+hero+warriors+we+aspir</u> <u>e+to+become.</u>

Zech, 2023.07.15

#### WHY AM I HERE?

'The fact of being born with a psychic being and upon earth which is a spiritual symbol proves that we have each one of us a great responsibility, doesn't it?

Surely. One has a big responsibility, it is to fulfill a special mission that one is born upon earth. Only, naturally, the psychic being must have reached a certain degree of development; otherwise it could be said that it is the whole earth which has the responsibility. The more conscious and individualized one becomes, the more one should have the sense of responsibility. But this is what happens at a given moment; one begins to think that one is here not without reason, without purpose. One realizes suddenly that one is here because there is something to be done and this something is not anything egoistic. This seems to me the most logical way of entering upon the path—all of a sudden to realize, 'Since I am here, it means that I have a mission to fulfill. Since I have been endowed with a consciousness, it is that I have something to do with that consciousnesswhat is it?'

Generally, it seems to me that this is the first question one should put to oneself: 'Why am I here?'

I have seen this in children, even in children of five or six: 'Why am I here, why do I live?' And then to search, with whatever consciousness is available, with a very little bit of consciousness: why am I here, for what reason?

This seems to me the normal starting-point.'

• <u>https://incarnateword.in/cwm/04/24-march-1951</u> (read it all... piercing and illuminating)

Zech, 2023.07.17

0 984 - 20 July 2023

## **SOMEONE ASKED**

'So how to create a functioning RA?'

Synchronicity, a very timely question, As this just popped up for our attention, An upgraded group label with a diviner vibration: From Residents Assembly to a Deva Sangha Performing a conscious collective Yoga Towards the true meaning, purpose and function Of Aurovilians in this City of Dawn: A community of would be gnostic beings Congregating for the Divine Manifestation. Here are our Avatar founders for elucidation:

• Mother's Agenda, July 3, 1957

Zech, 2023.07.10



## PEACE WITHIN: PEACE WITHOUT WORKSHOP by Sehdev Kumar



- Saturday, July 22, 2—4:30pm
- Location: Vérité, Auroville
  - Can there be Peace Within if there is Discordance in the Fam



Can there be Peace in the World if our Leaders are driven by Arrogance and Fear?

Can there be Peace in our Hearts if demonic forces of Injustice and Inequality keep flourishing in the World unheeded?

Let us aspire for an Integral Vision of Peace that celebrates Love & Harmony at all levels In the Phenomenological & Spiritual Universe Alike

> Dr. Sehdev Kumar, Professor Emeritus, Canada, Author, Poet, Mediator, Author

## DOES GOD EXIST? WHERE? HOW? WHY?

Auromode Yoga Space: Satsang Saturdays Saturday, 22 July, 4:30pm—6:30pm



This week we are happy to invite Professor Emeritus Sehdev Kumar, Historian & Philosopher of Science, Physicist, Bioethicist, Poet & Author of 7000 Million Degrees of Freedom, Ocean in a Drop: Verses and Vision of Kabir. He

has taught courses on A Dialogue between Science & Religion in many universities in the world.

This satsang is intended to explore the meaning and the presence of the Divine for each one of us existentially. Following the presentation we will have Q/A and discussion.

- Discussion will be in English.
- Simple traditional prasadam offered.
- Free and open for all.
- <u>blaganesh.sive@gmail.com</u>, +91 9892699804 WA



Submitted by Bala

## **QUIET HEALING CENTER**



www.quiethealingcenter.info/ <u>quiet@auroville.org.in</u> +91 9488084966, Mobile & WA

# $\mathbf{OBA} \circledast$ (Oceanic Bodywork Aqua) Basic—Liquid Joy with Fred

• Saturday 12 & Sunday 13 August 8:45am—6:30pm: 15 hours

**OBA** (Oceanic Bodywork Aqua) is an aquatic bodywork modality given in a warm water pool (ideally 35°C). It combines elements of light movements and stretching, massage and joint mobilization in connection with breathing and energy work, conducted both on the surface and underwater.

During this course, you'll learn a sequence of simple movements, both on the surface (with and without cushion and noodle) as well as under water and practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water. You'll experience floating other people and being floated, thereby creating a space for deep relaxation and nurturing body, mind and spirit.

OBA offers an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas—ultimately, for freeing body and mind in a flow, unique to each client and each session.

• No previous experience required!

#### OBA® (Oceanic Bodywork Aqua) 1: Fluid Body with Fred

#### Wednesday, 16 — Monday, 21 August 8:45am—6:30pm: 50 hours

During this course, you'll learn a sequence of new movements, both on the surface as well as under water; plenty of time will be offered for practice and integration.

You'll be invited to discover the healing energies of the water, release physical pain as well as emotional tensions, and dive within yourself in unexpected ways. You might encounter a wondrous world of memories, of floating weightlessly in the protective womb of your mother, of going back into that very space where you were surrounded by soft warm water.

This course offers an opportunity to experience again the nurturing qualities of being held and loved, and to rediscover trust, peace within yourself, and a deep sense of coming home.

• **Prerequisites**: OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

Guy

## RELAXING OIL MASSAGE

Relaxing oil massage to reconnect body and soul.

• Full body, 90 minutes.

On donation for aurovilians, newcomers and volunteers.

Best regards, Umberto, 7598331379

8 984 - 20 July 2023



#### HALF-DAY VIPASSANA COURSE Every Sunday, 8:30am—12:30pm

## @ Udavi School

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10-day course are welcome to attend a half-



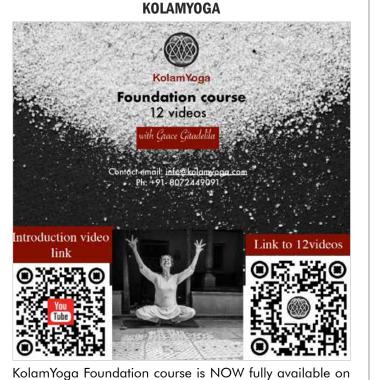
day Vipassana course at Udavi School in Auroville.

- Date: Every Sunday
- Timings:

8:30am—12:30pm but you can also drop in and join as long as you wish.

No registration is required.

- Venue: Udavi School (building on the left when you are at the front ontranco), poor Tank in Edwards word (Association
- front entrance), near Tank in Edayanchavadi (Auroville).
  Contact: Sanjay Tumati, +91 8790982210WA, sanjay@auraauro.com
  - Thanks, Laure, +91 8807434864 mob., +33 695651135 WA



KolamYoga Foundation course is NOW fully available on Video. Watch Introduction video:

- <u>https://youtu.be/IErbDiGJVTA</u>
- BUT, if you are willing or prefer to commit to a three month training of 4 sessions a month and you are in Auroville in August—September—October or November—December—January Completing 12 sessions..

You can apply to have an interactive learning Foundation Course with Grace Gitadelila in her House in Sharanga (rightgate)! There is space for 6 people, not more! The costs are the same as purchasing the Video online from the KolamYoga website: www. kolamyoga.com 18000/- all inclusive (Work/learning materials, 18%Tax, City service contribution etc..)



• BUT, If you are Tamil from the rural environment of Auroville, this course is Free of cost for you.. under conditions that you commit to attending the 12 sessions within a mutually agreed framework.

(We decide together the timetable) Also look out for the coming **one off experiences offered**: Shatkona, Ashtakona, All the seven Chakra each individually... and a celebration of the sacred Sarpa Rekha in our Kolam language..

 You can write to Grace Gitadelila <u>info@kolamyoga.com</u> or +91 8072449091 WA/call

Most Welcome!

Grace, on behalf of KolamYoga

## **ACTIVITIES BY LAKSHMI**

#### **Sound Chakras Healing**

Guided vibrational sound journey using (Tibetan Bowls and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



**Benefits**: Peace, Calm and Quietude, Mental clarity, Revitalizing, released, Improve sleep, Emotional and mental balance, Inner silence, Deep relaxation, Grounding,

 Individual session, Couple session, Small group (max 4 people)

### **Private Transformational Yoga Classes**

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga. is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice.



Please contact for an Appointment:

- 8489764602 Lakshmi or
  - lakshmiprem369@gmail.com

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust Lakshmi

## ANGAM TREE: THERAPIES



Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

#### **Sound Healing Therapy**

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions of our life and where the body is a pathway of that inper voi



- the body is a pathway of that inner voice, we all have the potential to heal ourselves.
  - Contribution based

## To The Content

## Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use



of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.

• Contribution based

#### **Dance Movement Therapy**

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms



prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.

Contribution based

#### You can learn more about us and register

www.angamtree.com/therapies

#### **Traditional Massage Therapy Classes**

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamilnadu, Southern India. It is one of the oldest systems of medicine in India.

#### The certificate course has three levels:

- 1. Basic: 10 Hours
- 2. Intermediate: 20 Hours
- **3**. Advanced: 30 Hours

#### Course modules:

- 1. Varma Massage Therapy
- 2. Varma Touch Therapy
- 3. Varma Myology (Muscles)
- 4. Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at <u>www.angamtree.com</u>

• Kindly share your profile with us: <a href="mailto:angamtree@auroville.org.in">angamtree@auroville.org.in</a>

We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

Contribution based

Warm regards, Angam Tree, Raja Narayanasamy Celebration Community, +91 97513 95939 angamtree@auroville.org.in





Location: near Auroville Bakery Can move on demand Satyayuga - in collaboration with Auroville Art Service WA: +91 76397 61930 - jImalor@yahoo.fr FB: Satyayuga Energy Vibration



- **Reiki with Kototamas**: give energy for the wellbeing and struggle against stress
- QiGong: work on the rejuvenation of the body & automassage and Yoga facial. 7 people max
- **Personal trainer**: using Karla Kattai, conscious muscular exercices and stretching of articulations 1 to 3 people
- **Reflexology**: Manual and natural method centered on the selfregulation of human body by pressing reflex zones & Vibrational massage with bowls
- Nada Yoga Ananda: Connect to your inner self through Vibrating Chants,
   @ 4pm for about 2hours.
  - Ecstatic Wednesday
  - Shamanic Friday
  - Sacred Sunday



- Gongs, Tibetan Bowls & Didgeridoo meditation for Full Moon and New Moon. Working with the energetic forces of the Moon, we will create an energetic field to power your intention. @ 7pm for around one hour
- Tibetan bowls. Gongs. Five Elements Sound Massage.
   Connect to your inner self through Sound Massage and Vibrating Chants & find peace in a Sound Cocoon



 Shamanic journey. A four hour Workshop to connect yourself to the Source. Experience a powerful Sound Journey in your inner self thanks to energetic exercices and transformative sounds. Every Friday, near Auroville Bakery, 10am—12noon & 3—5pm. 7 people max, possibility to split



Warmly, Satyayuga (Jean-Luc Malor)



By

Appointment

#### PITANGA



Pranayama Course—The Art of Living, Part 1 with François & Namrita



#### Thursday, 10—Sunday, 13 August 2023 6:30—8.30am, for 4 days

The Art of Living Part 1, four days intensive pranayama course, combines breathing techniques, meditation and features Sudarshan Kriya, a breathing technique that uses specific rhythms of breath to detoxify every cell of the body and infuse it with energy.

- Registration required.
- Please come in loose, comfortable clothing and on empty stomach.
- Attendance on all 4 days is compulsory.

If you wish to receive our programme of activities by email, please write to us: <u>info@pitanga.in</u>

See you at Pitanga, with a smile ! Andrea for Pitanga Cultural Centre 0413 2622403/ 9443902403 WA, info@pitanga.in

#### PITANGA PROGRAM FOR 20-31 JULY 2023



#### 0413 2622403/ 9443902403 WA info@pitanga.in

• Pitanga opens after repair on Thursday, 20 July.

#### lyengar Yoga with Tatiana

• Mondays, 5-6:30pm, Level 1

The general asana practice class is for people who do not have major physical problems. Each session includes the practice of



Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

#### • Tuesdays, 7:30—9am, Yoga for the Spine, All levels

The class is suitable for all levels of practitioners. In the classes, special attention is paid to relaxing the back and the correct position of the spine in various types of asanas.

Please note that this is not a healing session. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks. • Wednesdays, 5—6:30pm, Level 2—3

The class is for seasoned practitioners. Classes are divided into weeks and include both asanas and pranayama. Inverted poses such as Salamba Sarvangasana, Salamba Sirshasana (headstand) are practiced in every class.

• Saturdays, 9—10:30am, Restorative Yoga, Level 2—3

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level.

Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

#### **Pitanga's Healing Space**

- Acupuncture by Heidi
- Cranio Sacral Therapy by Anne H.
- Thai Yoga Massage by Juan

#### Join WITHOUT prior registration

|                    | Program & facilitator   | Level of the class                                     |  |  |  |
|--------------------|---|--|--|--|--|
| Mondays            | Mondays   |  |  |  |  |
| 8:30—10am          | Yoga Therapy with Gala  | All levels   |  |  |  |
| Resumes:<br>August | Asanas for teenagers with<br>Lisbeth. Interested new<br>students can give their<br>names to the reception | For teenagers  |  |  |  |
| Resumes:<br>August | Odissi Dance with Rekha   | Beginners  |  |  |  |
| Tuesdays           |   |  |  |  |  |
| Resumes:<br>August | Odissi Dance with Rekha   | Beginners  |  |  |  |
| Wednesdays         |   |  |  |  |  |
| 8:30—10am          | Yoga Therapy with Gala  | All levels   |  |  |  |
| Resumes:<br>August | Asanas for teenagers with<br>Lisbeth. Interested new<br>students can give their<br>names to the reception | For teenagers  |  |  |  |
| Thursdays          |   |  |  |  |  |
| 3—5pm              | Neurographic Drawing with<br>Gala   | Beginners  |  |  |  |
| 4:30—5:30pm        | Aviva Exercise with Suriya-<br>gandhi   | For women only   |  |  |  |
| Fridays            |   |  |  |  |  |
| 6:45—8am           | Pranayama with François &<br>Namrita  | For former The Art<br>of Living course<br>participants |  |  |  |
| 8:30—10am          | Yoga Therapy with Gala  | All levels   |  |  |  |
| 9—10am             | Rosa's ATB special for<br>seniors with Rosa   | Seniors  |  |  |  |
| Resumes:<br>August | Odissi Dance with Rekha   | Beginners  |  |  |  |
| Saturdays          |   |  |  |  |  |
| 9—10am             | Yoga for children with Gala   | Children 5—8 yrs                                       |  |  |  |
| 10—11am            | Yoga for children with Gala   | Children 7—9 yrs                                       |  |  |  |
| 11am—12pm          | Energy Games for children<br>with Gala  | Children, 9 yrs+                                       |  |  |  |

If you wish to receive our program of activities by email please write to us: <u>info@pitanga.in</u>

See you at Pitanga, with a smile ! Submitted by Andrea, for Pitanga



#### ARKA WELLNESS CENTER & MULTIPURPOSE HALL Regular activities, July 2023

#### Classes

| Classes                  | With Whom                           | When  |
|--------------------------|-------------------------------------|---|
| Acro Yoga                | Damien<br>9047722740                | Monday: 3 —4:30pm<br>Tuesday: 5 —6:30pm   |
| Pilates                  | Teresa<br>7867998952                | Tuesday & Thursday,<br>7:30—8:30am.<br>Friday 5:30—6:30pm,<br>Only by Appointment.    |
| lyangar yoga             | Olesya <b>(TOS)</b> ,<br>9159052743 | Monday, Wednesday,<br>Saturday, 6:30—8am.<br>Monday, Thursday,<br>Saturday, 5—6:30pm. |
| Sound Chakras<br>healing | Lakshmi,<br>8489764602              | Only by Appointment   |

#### **Treatments**

| Treatment   | With Whom   | When                               |
|---|---|------------------------------------|
| Body Logic, Soft Massage<br>And<br>Deep Tissue Massage.   | Pepe, 9943410987,<br>by appointment                         | Monday<br>to<br>Saturday           |
| Cranio sacral, Lomi Lomi<br>Kahuna massage,<br>Barefoot body massage                              | Silvana,<br>9047654157, by<br>appointment                   | Monday<br>to<br>Saturday           |
| Facial, Manicure, Pedicure,<br>Threading, Waxing,<br>Haircuts, Haircolouring,<br>Hennacolouring   | Meha,<br>9443635114,<br>by appointment,                     | Monday<br>to<br>Saturday           |
| In Nutrition, Diet, Weight<br>Loss and Weight Manage-<br>ment, Psychosomatic.                     | Nadia: 9489035457<br>Only Appointment                       | Monday &<br>Wednesday<br>afternoon |
| Tarot,Oracles and Akashic<br>Records Reading  | Valentina <b>(TOS)</b> :<br>9791719387,<br>+39346225804, WA | Monday<br>to Friday<br>(Morning)   |
| Psychospiritual<br>Introspective Tarot Reading,<br>Deconditioning<br>Self Inquiry. Also in French | Antarjyoti:<br>0413 2623767,<br>antarcalli@yahoo.fr         | Monday<br>to<br>Sunday             |

Thanks & Regards, Ramana, Arka, 0413 2623799



#### VÉRITÉ WORKSHOPS & THERAPY

Pre-registration required 0413 2622045, 2622606, 9363624083 WA, programming@verite.in

www.verite.in

#### **Yogic Kriyas with Mamta**

• Friday, 22 July, 9:30am—12pm

Just as we clean our bodies daily, our inner organs need cleansing too. Internal purification through specific Yogic practices (Kriyas) helps our vital force (Prana) to flow. We will explore the origin and purpose of the Kriyas, learn & practice Trataka and Kapalbhati Kriyas, and close with a guided meditation.

## Yearnings for Peace: Peace Within, Peace Without with Dr.Sehdev

### • Saturday, 22 July, 2—4:30pm

Harmony, Tranquility, Beauty & Generosity are essential expressions of Peace. Disharmony, tension, fear, and depression are various expressions of a life that is not at peace with itself. In this state of peacelessness, all our life energies are slowly dissipated. Peace Within—peace in our hearts, bodies, and minds, and Peace Without—in our families, nations, and in the world at large, are all of one piece. Through one's own life experiences and encounters, this workshop explores Peace as the most scintillating force in all its existential and spiritual manifestations.

## Thai Yoga Therapy with Andres at Vérité

Sometimes referred to as assisted yoga, Thai Yoga Therapy (Nuad Boran) is an ancient technique used to improve the flow of energy throughout the body. The practitioner uses acupressure, stretching, pulling and rocking techniques to relieve tension, promote relaxation and improve flexibility and circulation.

 By appointment: 0413 2622045, 2622606, 9363624083 WA, <u>treatments@verite.in</u>

Savitri, Programs Coordinator, Vérité Programming



VÉRITÉ PROGRAMS July 2023 +91 0413 2622045, 2622606, +91 9363624083, 8489391876 programming@verite.in

<u>www.verite.in</u>

### Intensives, pre-registration required

| Dates                                  | Intensives  | Timings   | Presen-<br>ters |
|--|---|---|-----------------|
| Friday &<br>Saturday,<br>7 & 8<br>July | Speaking from the<br>Heart—Based on<br>Non-Violent<br>Communication | Friday:<br>9:30am–4:30pm<br>Saturday:<br>9:30am–1pm | Vega            |
| Saturday,<br>8 July                    | Freedom From Fear   | 2–4:30pm  | Dr. Sehdev      |
| Saturday,<br>15 July                   | Restorative Yin and<br>Yoga Nidra                                   | 9:30am–12pm   | Emma            |
| Saturday,<br>15 July                   | Yoga of Forgiveness   | 2–4:30pm  | Dr.Sehdev       |
| Saturday,<br>22 July                   | Energy Cleanse<br>through Yoga Kriyas                               | 9:30am–12pm   | Mamta           |
| Saturday,<br>22 July                   | Yearnings for Peace—<br>Peace Within, Peace<br>Without.             | 2–4:30pm  | Dr. Sehdev      |

## Therapies, by appointment only

| Therapies   | Therapist |
|---|-----------|
| Individual Self-Work with Clay  | Megha     |
| Biodynamic Cranio-sacral Therapy                                      | Mila      |
| Private Yoga Session / Yoga Therapy                                   | Nadia     |
| Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage | Raja      |
| Lomi Lomi Massage   | Umberto   |
| Ayurvedic Abhyanga Massage  | Umberto   |

## Yoga & Re-creation Programs

| Days            | Drop-in Sessions                                   | Timings           | Presen-<br>ters |  |
|-----------------|--|-------------------|-----------------|--|
| Mondays         | Yin Yoga–Healthy Hips<br>(no class 24 Jul)         | 3:30–4:30pm       | Emma            |  |
|                 | Deep Sound Bath                                    | 5–6pm             | Satyayuga       |  |
|                 | Hatha Vinyasa Yoga                                 | 5–6pm             | Andres          |  |
| Tuesdays        | Gentle Vinyasa Flow                                | 10:30–<br>11:30am | Emma            |  |
|                 | Face & Eye Yoga                                    | 3:30–4:30pm       | Mamta           |  |
|                 | Vinyasa Yoga                                       | 5–6pm             | Rebeca          |  |
| Wednes-<br>days | Yin Yoga—Healthy Spine<br>(no class 26 July)       | 3:30–4:30pm       | Emma            |  |
|                 | Hatha Vinyasa Yoga                                 | 5–6pm             | Andres          |  |
| Thurs-<br>days  | Peace with Pranayama                               | 5–6pm             | Mamta           |  |
|                 | Vinyasa Yoga                                       | 5–6pm             | Rebeca          |  |
| Fridays         | Hatha Vinyasa Yoga                                 | 5–6pm             | Andres          |  |
| Saturdays       | Mindful Flow—Expression<br>in Movement & Stillness | 5–6pm             | Savitri         |  |

Savitri, Programs Coordinator, Vérité Programming

Cinema

## MOHANAM AUROVILLE PRESENTS Cultural Film Competition

Last Date of Submissions: 25 July 2023



**Theme**: Heritage And Culture Of Bio-Region Around Auroville—Pondicherry

- + Appreciation Scholarship For Best 3 Films
- + Recognition From Tourism Department
- Eligibility: Individual
- Age: 16 Years To 40 Years
- Cultural & Historical Village Spaces Within 30—40Kms Of Auroville And Pondicherry
- Participate, Win And Get Recognized By The Tourism Ministry

#### Scan For Registration & Details!

- Last Date Of Submissions: 25 July 2023 Early Submissions Are Most Welcome
- Contact Details:
  - <u>www.mohanam.org</u>
  - mohanamprogram@auroville.org.in
  - Contact: +91 8300949079
  - Mohanam, Isaiambalam, Auroville-605101
    - Balu for Mohanam Program

#### ECO FILM CLUB

#### Every Friday at Sadhana Forest

#### Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club



- 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
- 20:00 Dinner is served

**21:15** Free bus from Sadhana Forest back to Solar Kitchen Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

**\*\*Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

### Friday, 28 July Economy in Transition

2022 / 68 minutes

This programme asks how we would power a sustainable world and how we deal with inequalities across the world. It features the world's largest solar plant in Morocco which will supply energy for millions and shows how technology is harnessing the sun's energy 24/7. It also features how a start up in South Africa is using recycled plastic bags to create solar backpacks for school children.

#### Submitted by Shek

#### MANIFEST DANCE-FILM FESTIVAL 2023

Friday, 28 July—Sunday, 30 July @ Alliance Francaise Pondicherry



International Dance-Films, Live Performances, Masterclasses and Workshops:

- 28 July: 7pm 8pm
- 29 July: 10am 9pm
- 30 July: 10am 9pm
- @ Alliance Française de Pondichéry
- 58 Suffren Street, White Town, Pondicherry 605001

Sincerely, Ashavari Majumdar

C&N 984 - 20 July 2023



#### CINEMA PARADISO Multimedia Center (MMC) Auditorium Film Program 24 July 2023 to 30 July 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theater halls. Since a mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. To organize the seminar/program please contact us via email.

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

#### Indian and diaspora—Monday 24 July, 8pm CHHATRIWALI

India, 2023, Dir. Tejas Prabhaa Vijay Deoskar w/Rakul Preet Singh, Satish Kaushik, Sumeet Vyas, and others, Comedy-Drama, 116 mins, Hindi w/ English subtitles, Rated: NR (PG-13)

Sania, a chemistry graduate, offers private tuition but is unable to secure a job. Ratan Lamba offers her a position as the quality control manager at a condom factory. Sania rejects the job initially, but eventually accepts. However, she keeps the details a secret even from her fiancé. After her marriage, while interacting with her sister-in-law Sania realizes how important her work is, in ensuring safety, and avoid unwanted pregnancy.

#### Potpourri—Tuesday 25 July, 8pm AFERIM!

Romania-Bulgaria, 2015, Dir. Radu Jude, w/ Teodor Corban, Mihai Comanoiu, Toma Cuzin and others, Adventure-Comedy, 108 mins, Romanian w/ English subtitles, Rated: NR (R)

Set in early 19th century Wallachia, when a local policeman, Costandin, is hired by a boyar (local noble), to find Carfin, a Gypsy slave who had run away from the boyar's estate after having an affair with his wife, Sultana. Costandin sets out to find the fugitive, beginning a journey full of adventures. Gypsy slavery lasted from the 14th century up until the middle of the 19th century, a situation which is very little known and almost nonexistent in the public debate today, although its impact continues to influence Romania's social life.

#### Interesting—Wednesday 26 July, 8pm MOMENT OF CONTACT: THE ROSWELL OF BRAZIL

USA, 2022, Dir. James Fox w/ James Fox, Marco Aurelio Leal, Cinthya Covo Leão, and others, Documentary, 108mins, English-Portuguese w/English subtitles for non-English conversations, Rated: NR (PG)

This film is an exploration of extraterrestrial encounters, this one centered on a series of events in 1996 when citizens of Varginha, Brazil, reported seeing one or more strange creatures and a UFO crash. Several locals, including a group of girls aged 14-21yrs, had a close encounter with a being described as about 4 feet tall, with brown oily skin, a large head and huge red eyes.

## Selection—Thursday 27 July, 8pm MASS

USA, 2021, Dir. Fran Kranz w/ Jason Isaacs, Martha Plimpton, Ann Dowd and others, Drama, 111 mins, English w/ English subtitles, Rated: PG 13

The parents of both the shooter and one of the victims of a school shooting tragedy agree to meet and talk in an attempt to move forward.

#### International—Saturday, 29 July, 8pm GUY RITCHIE'S THE COVENANT (The covenant)

UK-Spain-USA, 2013, Writer-Dir. Guy Ritchie w/Jake Gyllenhaal, Dar Salim, Sean Sagar, and others, Thriller-War, 123mins, English-Dari w/English subtitles, Rated: R

The film follows US Army Sergeant John Kinley and Afghan interpreter Ahmed. After an ambush, Ahmed goes to Herculean lengths to save Kinley's life. When Kinley learns that Ahmed and his family were not given safe passage to America as promised, he must repay his debt by returning to the war zone to retrieve them before the Taliban hunts them down first.

#### Children's Matinee—Sunday, 30 July, 4:30pm LITTLE NEMO

Japan-USA, 1989, Dir. Masami Hata, William T. Hurtz w/ Gabriel Damon, Mickey Rooney, Rena Auberjonois and others, Animation-Adventure, 85 mins, English, Rated: G

Each night, young Nemo goes to Slumberland and has adventures and befriends the king of Slumberland, Morpheus. But one night Nemo discovers Nightmare Land, and the evil nightmare king, throwing Slumberland and Nemo himself into danger.

#### Arthur Penn Film Festival @ Ciné-Club Ciné-Club Sunday 30 July, 8pm THE MISSOURI BREAKS

USA, 1970, Dir. Arthur Penn w/ Marlon Brando, Jack Nicholson, and others, Drama—Western, 126 mins, English w/ English subtitles, Rated: PG.

When vigilante land baron David Braxton hangs one of the best friends of cattle rustler Tom Logan, Logan's gang decides to get even by purchasing a small farm next to Braxton's ranch. From there the rustlers begin stealing horses, using the farm as a front for their operation. Determined to stop the thefts at any cost, Braxton retains the services of eccentric sharpshooter Robert E. Lee Clayton, who begins ruthlessly taking down Logan's gang.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at <u>mmcauditorium@auroville.org.in</u>. We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.

> Thanking You, Nina for MMC/CP Group Account #105106, <u>mmcauditorium@auroville.org.in</u>

NR.N. Guidelines

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



#### Auroville TO PONDICHERRY

|                                | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Svaram Musical Center          | 7:00   | 8:50   | 14:50  |
| Veite Guest house—Junction     | 7:02   | 8:52   | 14:52  |
| Town Hall—Main Parking         | 7:06   | 8:56   | 14:56  |
| Solar Kitchen (Round About)    | 7:10   | 9:00   | 15:00  |
| Certitude Enterance            | 7:12   | 9:02   | 15:02  |
| New Creation Road              | 7:17   | 9:07   | 15:07  |
| SBI Bank—Kuilapalayam          | 7:19   | 9:09   | 15:09  |
| ECR Junction—Aroma Guest House | 7:23   | 9:14   | 15:14  |
| Quiet Healing Center—Junction  | 7:26   | 9:17   | 15:17  |
| Lotus Hotel—S.V Patel Salai    | 7:36   | 9:30   | 15:30  |
| Ashram Road Junction           | 7:38   | 9:33   | 15:33  |
| Ashram Dinning Hall            | 7:40   | 9:35   | 15:35  |



## Pondicherry TO AUROVILLE

| 1      |  |  |
|--------|--|--|
| Trip 1 | Trip 2   | Trip 3   |
| 8:00   | 12:15  | 18:10  |
| 8:02   | 12:17  | 18:12  |
| 8:07   | 12:22  | 18:17  |
| 8:17   | 12:32  | 18:27  |
| 8:20   | 12:35  | 18:30  |
| 8:25   | 12:40  | 18:35  |
| 8:27   | 12:42  | 18:37  |
| 8:32   | 12:47  | 18:42  |
| 8:34   | 12:50  | 18:44  |
| 8:38   | 12:54  | 18:48  |
| 8:42   | 12:58  | 18:52  |
| 8:45   | 13:00  | 18:55  |
|        | 8:00<br>8:02<br>8:07<br>8:17<br>8:20<br>8:25<br>8:25<br>8:27<br>8:32<br>8:34<br>8:38<br>8:38 | 8:00       12:15         8:02       12:17         8:07       12:22         8:17       12:32         8:20       12:35         8:20       12:35         8:27       12:40         8:32       12:47         8:34       12:50         8:38       12:54         8:42       12:58 |

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

#### How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to <u>newsandnotes@auroville.org.in</u>.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

#### **Disclaimer:**

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

> Roy & Agnijata, News & Notes, Media Centre, Town Hall, <u>NewsAndNotes@auroville.org.in</u>, 0413 2622133



Ambulance (24/7): Auroville—9442224680

• PIMS-0413 2656271

#### Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station-0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center-0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

#### Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): • 108