



News Notes

#988 A weekly bulletin for residents of Auroville 17 August 2023



Photo by Manohar

These rays are directed downwards, their foundation is above: may they be set deep within us. ...
O Varuna, here awake, make wide thy reign; may we abide in the law of thy workings
and be blameless before the Mother Infinite. **Rig Veda**

The Swan that settles in the purity ... born of the Truth, — itself the Truth, the Vast.
Katha Upanishad

Pondering



The ways have been built, the capacity to follow them has been developed, the goal or last height of the creation is manifest; all that is left is for each soul to reach individually the right stage and turn. of its development, enter into the spiritual ways and pass by its own chosen path out of this inferior existence. But we have supposed that there is a farther intention, — not only a revelation of the Spirit, but a radical and integral transformation of Nature

The Triple Transformation, The Life Divine by Sri Aurobindo

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EDITORS' NOTE

Dear Friends, readers of paper version!

We are working on improving the delivery of paper version of News and Notes on Fridays only with no delays.

Please let us know if you do not get your paper copy on Friday before 4:30pm.

Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery us rain on Friday.

*Light and Peace
Roy and Agni*



House of Mother's Agenda



(continued from last week)

The yogi who with his power had done away with illnesses had not really solved the problem; he had only muzzled the forces of those illnesses. It is perfectly understandable that no transformation is possible as long as these forces are simply muzzled, prowling around in the dark and awaiting their hour. Moreover, since nothing can be subtracted from the universe, they must be converted. But how? Death and diseases are everywhere, in the subconscious of our bodies and in all the bodies in the world. The yogi who had conquered diseases and defied death (though not indefinitely, of course) had conquered only for himself, and that is why he could not fully conquer. How wise is the Law! He had built a protective shell, shut himself up in it like an embryo of light, and let everything beyond it swarm around as usual. But if the shell opens, everything rushes back in! There is only one body! The example of Ramakrishna lashed by the whip that struck the bullock beside him, or of the Mother struggling against a hemorrhage afflicting a disciple several hundred miles away, without her even knowing about it, places us before the real problem. *The body is everywhere!* exclaimed the Mother. The conquest has to be achieved everywhere—for all the bodies and the whole earth. Nothing can be transformed unless everything is transformed. Otherwise one is simply entrenched alone in one's little hole of light. And what purpose does that serve? What good does it do if one man is transformed while the rest of humanity goes on dying? The body of the pioneer of transformation is therefore like a battlefield: this is where the battle of the world is being fought—where everything meets and where everything resists. There is a central point in the ultimate depths, a knot of life and death where the world's destiny hangs. Everything is gathered into one single point.

I have been digging deep and long

Mid a horror of filth and mire,

A bed for the golden river's song,

A home for the deathless fire...

My gaping wounds are a thousand and one...

The pioneer must therefore confront all difficulties, including Death, not in order to destroy them, but to change them. Nothing can be transformed unless it is taken upon oneself: *Thou shalt bear all things that all things may change*, says Savitri. This is why Sri Aurobindo left his body on December 5, 1950, officially because of uremia, he who could heal others in a few seconds. To die on the cross is moving, to be sure, but crucifixions, especially when worshipped, only perpetuate the law of death. *It is not a crucified body that will save the world, insists the Mother, but a glorified body.*

No, it is not spectacular work, but decidedly a 'microscopic work,' and it is through the very mud of the world that one must dig.

Second Phase—The Subscient

Thus, there is another category of difficulties (though still the same behind a different mask), which is not due to the resistance of individual, corporeal matter but to the subconscious resistance of the entire earth. This is where Sri Aurobindo met Death. And this is, too, where Mother would resume the work. If we want to understand where the whole story—our story—is unfolded and to follow the process of the work, we must go back to the evolutionary process itself. The advent of a new stage in evolution, whether it be Life in Matter or Mind in Life, has always resulted from a twofold pressure: a pressure from within or below, from the involved principle seeking to emerge, and a pressure from 'outside' or 'above,' from the same principle as it already exists within its own plane. The conjunction of these two pressures—for example, that of the mind involved in certain living forms and that of the Mind as it was created in its own plane in the course of a descending evolution or devolution—eventually led to a rupture of the vital limits, and suddenly Mind emerged in Life. Everything is involved, already there in Matter, but the involution cannot be unlocked except through a pressure from above responding to a call from below and breaking the seal, just as the sun breaks the seed's shell. At present, the supermind involved in Matter pushes from within, in the form of spiritual yearnings, human aspirations for Immortality, Truth, or Beauty, etc.; at the same time, it presses from above, from its own eternal plane, in the form of intuitions, revelations, or illuminations. This is what the Scriptures expressed in their own way when they linked the appearance of a 'new earth' to that of a 'new heaven' ('a new heaven and a new earth wherein dwelleth the Truth'), because without the new heaven or, rather, the new supramental level of consciousness, the emergence of a new earth would not be possible. The new earth will result from the 'new heaven' of the supramental consciousness, just as the present earth resulted from the old mental or overmental 'heaven' of the gods and religions. So it is for all the evolutionary stages: high and low go together.

(to be continued next week)

Satprem,
The Adventure of Consciousness,
Chapter 17, The Transformation

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#064

Townhall Speaks

L'AVENIR D'AUROVILLE

ATDC Application Announcement 17-08-2023



L'avenir d'Auroville

A. Received and Approved

The following Building Application has been received and approved (feedback requested before the 31 August 2023 to application-avenir@auroville.org.in):

- **PROJECT NAME—Sandeep—BAB—NO 2624** (Re-building of House)
 - Applicant/s: Sandeep
 - Location/area: Discipline / Green Belt
 - Area for which approval is sought: 45 Sq.m
 - Project brief: The present building which was built over 30 years ago, is plagued by various problems such as flooding after every rain, insufficient overhang, and structural cracks. The applicant desires to reconstruct the house and he submitted an application for this purpose, which has been granted approval by the application team.
- **PROJECT NAME—Mohan & Subbulakshmi—BAB—NO 2623** (Sun / Rain Shade)
 - Applicant/s: Mohan & Subbulakshmi
 - Location/area: Soffio / Residential Zone
 - Area for which approval is sought: 46.48 Sq.m
 - Project brief: Sunshades for the house's back verandha and for East windows were not considered in the building. Due to this, it experiences problems throughout the summer and monsoon seasons.

B. Received Preliminary Design Approval

The following application has received Preliminary Design Approval (feedback requested before the 31 August 2023 to application-avenir@auroville.org.in):

- **PROJECT NAME—Svaram Craft Workshop—PDA—NO 2576**
 - Applicant/s: Aurelio
 - Location/area: Svaram / Industrial Zone
 - Area for which approval is sought: 535 Sq.m
 - Project brief: The building will be replacing the existing workshop sheds using the same footprint in the present site of Svaram production. Grilled openings for air and light will allow for good ventilation as facing in the wind direction and guarantee good light and visibility.

Constructive feedback guidelines:

So far, while giving permissions, we have asked the project team to include approval from the neighbors. This has no resonance with the ideals of Auroville where we are supposed to be headed towards a life guided by no desire, no preferences and no sense of ownership. We will no longer request this approval.

Similarly when we publish projects for approval, we will discard all personal feedback with respect to 'neighbors choosing neighbors' or 'neighbors choosing development guidelines'.

All other feedback is welcome and will be part of the process.

Sindhuja
for L'avenir d'Auroville/ ATDC

FROM THE ENTRY SERVICE—ES # 193

Dated: 17-08-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:



Caroline



Pranav



Sohini

- Caroline GINDRE (French) staying in New Creation and working at MM & french pavilion
- Pranav KUMAR (Indian) staying in Felicity and working at Gaia's Garden
- Sohini MITRA (Indian) staying and working at Udavi school

NEWCOMER CONFIRMED:

- Girijashanker Jayshanker DAVE (Indian)
- Saranya KUMAR (Indian)

AUROVILIAN ANNOUNCED:



Aloke



Nivedha

- Aloke MAJUMDAR (USA) staying in Grace and working at Talam
- Nivedha PARIMALARSELVAN (Indian) staying in Auro-mode and working at Progress Landscapes

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Board
(Alain, Grace, Jayanthi, Lakshmanan,
Matilde, Sara, Sonja and Swadha)

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
 - Tuesday & Thursday: Newcomer kits, 2:30—4:30pm
- 0413 2622707, auroville.entryservice@gmail.com
Submitted by William for The Entry Service

ANNUAL REPORT OF THE ENTRY SERVICE

From April 2022 to May 2023

Dear community members, we present to you the Annual Report of The Entry Service for the period from April 2022 to May 2023. The Entry Service comprises four main components: The Entry Board (The Admission Committee), The Entry Secretariat, The Aspiration Team, and the Mentor Pool.

The current Entry Board consists of eight members, selected through the Participatory Working Group (PWG) process. After welcoming three new members in February 2023 (Grace, Sara, and Sonja), the Board is now composed of Alain, Jayanthi, Lakshmanan, Matilde and Swadha as well as our 3 new additions.

We express our gratitude to Matriprasad, Dheena, and Ramanarayan, who served in the previous Entry Board, for their dedication and contributions.

The Entry Secretariat comprises Shanti, Suvedha, and William, while the Aspiration Team is represented by Amir, Falguni, and Ramya.

The Mentor Pool plays a crucial role, consisting of about 150 committed members from diverse cultures, nationalities, and backgrounds, who have been confirmed as Aurovilians for at least three years. Their role as a bridge between the Entry Board, the community, and the applicants is highly valued.

Throughout the year, the Entry Board interacted with applicants from all categories interested in joining the Auroville experiment. The Board conducted more than 250 sharings/interviews in collaboration with respective mentors. Non-Indian applicants were met individually to assist them in obtaining a Letter of Recommendation for their visa from the AV Foundation.

Despite the challenges posed by the post Covid-19 restrictions, the Aspiration Team provided valuable support to potential applicants, offering up-to-date information and resources to aid their integration into Auroville. The Welcome Talk and Yucca program resumed monthly sessions from April 2022 onwards.

Several people in Savitri Bhavan and in Brahmanaspati Kshetram extended their assistance in helping local applicants understand the aims and objectives of Auroville and gain knowledge about the founders, the Mother and Sri Aurobindo.

Despite the below mentioned difficulties, we are pleased to have welcomed a significant number of applicants from various countries, as indicated in the provided statistics.

Major challenges faced during the year include:

- Last August, we were removed from 'auroville.org.in' domain without being given any explanation. We lost several months of work but luckily we had a back up and could still function in our daily tasks and follow ups.
- The Entry Board reacted swiftly after the above event and we created new email addresses as well as a new drive.
 - auroville.entryservice@gmail.com
 - entryservice@auroville.services
- Delays in obtaining Recommendation Letters for aspiring Newcomers .
- Furthermore, there is a need for passionate and qualified mentors from diverse backgrounds to support applicants and aid the Board's decision-making process.
- Housing continues to be a major issue for applicants, as they must secure a long-term contract in Auroville to complete their newcomer process and become Aurovilians.
- The cost of housing and the present situation of Auroville governance is also a concern for many applicants.
- There are still over 170 confirmed Aurovilians who have not yet been entered in the ROR (Register of Residents)

The Entry Board has recently noticed an increase in the number of 'fake housing agreements '. Some Aurovilians provide inaccurate or false attestations about applicants'

living and working situations, necessitating verification of their claims, and this is a draining effort.

In May 2023 the Youth Link prepared a program for the Auroville youth who want to join Auroville as adults and conscious individuals. The program was a successful venture for the participants as well as for the facilitators. We would like to encourage all the youth to participate in it, even if they are already Aurovilians.

Please find below some statistics for the year 2022-23:

- New Aurovilians joined in 2022-23: 49
- Youth turned 18+: 10
- Total Newcomer from April 2022 to July 2023: 113
- New Friends of Auroville (FoA): 03
- New Relatives/Spouses of Aurovilians: 02

We extend our gratitude to the entire community for their ongoing support and cooperation, which has been vital in accomplishing our tasks and objectives.

Warmly, William for The Entry Service

Community News

Passing On

JUERGEN FROM MAHALAKSHMI HOME



Jürgen Klein, born on 19 October 1944 in Bad Aibling, Germany, left his body on the afternoon of Monday, August 14th in his room at Mahalakshmi Home, surrounded by love and light. He had suffered a stroke the week before.

He was at peace.

Rest in Her arms, Juergen—Auroville will look after the children, the books and the plants for you.

With our warmest condolences to Elvira, Tara and Max, we salute a comrade on the path. OM~

SUMITRA PASSES

We regret to inform Auroville Community and band of friends of the passing away of Mrs. Sumitra Manou this morning around 6.30 am at Jipmer hospital due to her chronic health issues at the age of 54.

Sumitra Manou (Veeralakshmi) hailing from a Gandhian family of Then-gamputhur, Nagercoil District, came to Auroville in 1990 as a trainee of a leadership camp and stayed at the old Ilaignarkal campus Matrimandir Nursery. Then she stayed longer to explore Auroville and got trained in teaching pre-school children.

Later she joined New Creation Kindergarten. Sumitra had a passion for cooking nutritive food in a traditional way and serving people happily.

She got married to J. Manou, the then executive of Auroville Electrical Service. He passed away in 2006. Sumitra got a house at Protection.

After working for years at Aikiyam's kindergarten in New Creation, she joined Ilaignarkal Education Centre as a teacher for neo-literates and caretaker of Library & Assets. She became co-executive of Ilaignarkal Education Centre from 2010. Many of us will miss her beautiful smiles and quality hospitality.

Let the Mother hold Sumitra in Her arms.

OM~



Awakening Spirit

SRI AUROBINDO:

The Supreme Avatar of a New Race

Monday, 21 August 2023, 4pm at Savitri Bhavan.



Duration: 39min.

The film opens with Sri Aurobindo's symbol and its significance and is followed by the powerful words of the Mother on Sri Aurobindo in Her own voice:

'What Sri Aurobindo represents in the history of the earth's spiritual progress is not a teaching, not even a revelation; it is a mighty action straight from the Supreme.'

This is the message from 15 August 1964 and from 15 August 1972: *'Sri Aurobindo came on earth from the Supreme to announce the manifestation of a new race and the new world, the Supramental. Let us prepare for it in all sincerity and eagerness.'*

Other texts used in this film are from writings of Sri Aurobindo on Himself.

Altogether, the film gives good insights of Sri Aurobindo education in England, his political work, his time in jail, his sadhana and his four spiritual realizations: that of the silent, spaceless and timeless Brahman; that of the cosmic consciousness and of the Divine as all beings and all that is; that of the Supreme reality as the static and dynamic Brahman as its two aspects; and that of the higher things of consciousness leading to the Supermind.

About his special mission on earth, Sri Aurobindo stated: *'Man is a transitional being, he is not final; for in him and high beyond him ascend the radiant degrees which climb to a divine supermanhood. The step from man towards superman is the next approaching achievement in the earth's evolution...it is at once the intention of the inner Spirit and the logic of Nature's process'.* (Essays Divine and Human, p.157)

He took up the quest and explored the next step in evolution and declared: *'It took me four years of inner striving to find a real Way, even though the Divine help was with me all the time, and even then it seemed to come by an accident; and it took me ten more years of intense Yoga under a supreme inner guidance to find the Way—and that was because I had my past and the world's Past to assimilate and overpass before I could find and found the future.'* 5 May 1932, (Letters on Himself..., p.239)

And further: *'The teaching of Sri Aurobindo starts from that of the ancient sages of India that behind the appearances of the universe there is the Reality of a Being and Consciousness, a Self of all things one and eternal. All beings are united in that One Self and Spirit but divided by a certain separativity of consciousness, an ignorance of their true Self and Reality in the mind, life and body. It is possible by a certain psychological discipline to remove this veil of separative consciousness and become aware of the true Self, the Divinity within us and all. Sri Aurobindo's teaching states that this One Being and Consciousness is involved here in Matter. Evolution is the method by which it liberates itself;...'* (Autobiographical Notes, p.547)

Sri Aurobindo's unique psychological and spiritual research work continued and in 1934 he described his Yoga in the third person: *'The one aim of his Yoga is an inner self-development by which each one who follows it can in time discover the one Self in all and evolve a higher consciousness than the mental, a spiritual and supramental consciousness which will transform and divinise human nature.'* (p.549-550)

The film ends with the words of honor the Mother had inscribed on Sri Aurobindo's Samadhi:

'To Thee who hast been the material envelope of our Master, to Thee our infinite gratitude. Before Thee who hast done so much for us, who hast worked, struggled, suffered, hoped, endured so much, before Thee who hast willed all,

attempted all, prepared, achieved all for us, before Thee we bow down and implore that we may never forget, even for a moment, all we owe to Thee. 9 December 1950 '.

The Mother also stated: *'Sri Aurobindo is constantly among us and reveals himself to those who are ready to see and hear him. Blessing'* (CWM13, p.11.)

All in all, the film is a beautiful artwork owing to the images and dedicated and skillful editing by Aravind T. Akki.

The film is available on YouTube.

- <https://www.youtube.com/watch?v=dPrGsNkNMxQ>

Two short videos will also be screened: **The Power of Sri Aurobindo's Thought (5:24min)** and **My touch is always there—Sri Aurobindo (3:02 min.)**

With light and peace and gratitude... ..and in offering all to Mother and Sri Aurobindo... Margrit

SAVITRI BHAVAN, AUGUST 2023



Exhibitions

- **Meditations on Savitri:** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- **A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor

Films

- **August 21: Sri Aurobindo: The Supreme Avatar of a New Race** 'Man is a transitional being and the step from man towards superman is inevitable because it is the intention of the inner Spirit and the logic of Nature's process', said Sri Aurobindo. Duration: 39min.
Followed by: The Power of Sri Aurobindo's Thought: 5:24min and My touch is always there—Sri Aurobindo: 3.02min.
- **August 28: Nirod-Da: An Inspiration—Honouring the memory of Nirodbaran.** Nirodbaran (1903-2006) was one of the close disciples and the scribe of Sri Aurobindo. A film by the Gnostic Center, New Delhi. Duration: 36min

Full Moon Gathering

- **Wednesday, 30 August, 7:15—8:15pm** in front of Sri Aurobindo's statue

Dream Divine Series

The goal of the project is to guide newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

- Weekly sessions: every Wednesday 4:30—5:30pm.

The series will include presentations, films, talks, etc., followed by questions and answers.

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library:** Monday to Friday 9am—5pm

Everyone is welcome

Submitted by Dhanalakshmi for Savitri Bhavan Team

AMPHITHEATRE—MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm
weather permitting

Meditation with Savitri read by Mother to Sunil's music

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5:45pm and until meditation ends.

Surya & Velmurugan



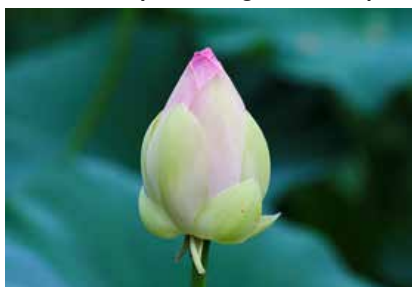
DREAM DIVINE SERIES

The last session of a Study Camp



**Dr. Alok Pandey will be introducing,
Sri Aurobindo's The Life Divine**

Wednesday, 23 August, 5—6pm



In the Sangam Hall of Savitri Bhavan

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to guide newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4—5pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Everyone is welcome

Dhanalakshmi, for Savitri Bhavan Team

191 PAINTINGS INSPIRED BY SAVITRI

A Legend and a Symbol



7—20 August, 9—5 daily (Sundays closed)

On view at Savitri Bhavan



The painter is Aghni (he is the founder of Centro Sri Aurobindo e Mere—Italy and he has Been exploring Sri Aurobindo's epic through Painting for more than 30 years)

These paintings illustrate the Canto 1 of Book 2 of the poem The World-stair, and each one is accompanied by one verse of the canto

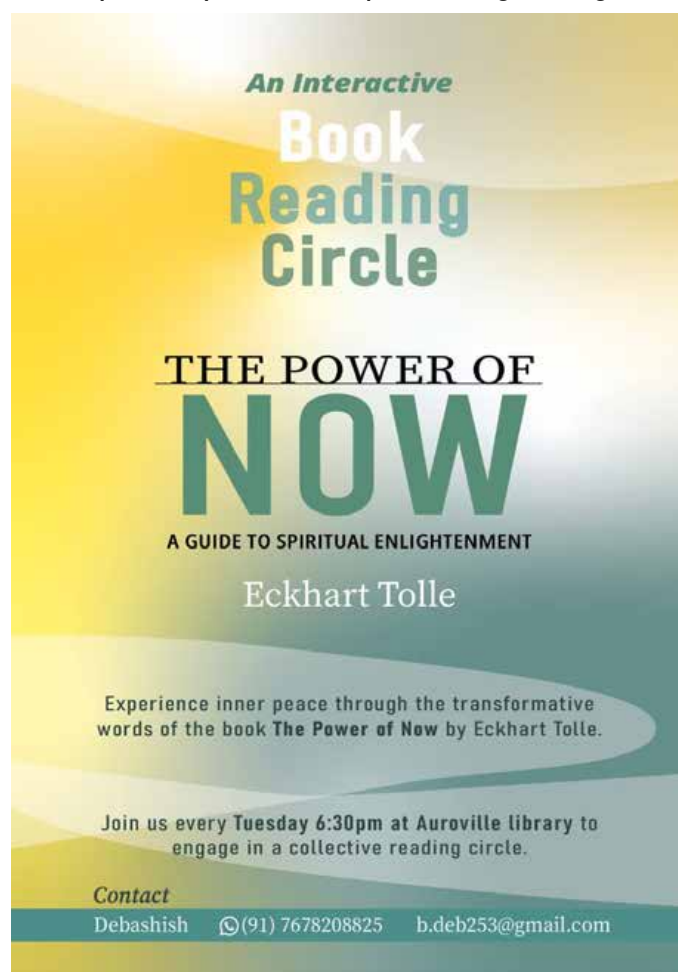
Everyone is welcome

Dhanalakshmi for Savitri Bhavan Team

BOOK READING CIRCLE

The Power of Now

Every Tuesday 6:30—7:30pm, starting 22 August.



Experience inner peace through the transformative words of the book 'The Power of Now' by Eckhart Tolle. Join us at the Auroville Library to engage in a collective reading circle.

Contact:

- Debashish, (91) 7678208825, b.deb253@gmail.com

Debashish

POETRY CIRCLE

Savitri Bhavan Square Hall, 4:45—5:30pm



Dear lovelies, this Monday at Savitri Bhavan, Malcolm offers to present the poetic works of Sri Aurobindo. He is a native English-speaker and spoken-word poet. The programme will be in the Square Hall from 4:45 until 5:30pm. All are welcome.


Musicians who play meditative music (singers, guitarists, flutists, etc.) and would like to participate are encouraged to attend—I'll have my kalimba. See you there!

Peace, Love & Soul, Malcolm

G20 **Auroville** **SHARAT NIVAS**
KTER NIVAS LIPS SHARAT
The Pavilion of India, Auroville

Celebrating the 150th Birth Anniversary of Sri Aurobindo
Kalakendra Art Gallery Presents

**Sri Aurobindo's Life Sketch Photo Exhibition at
Kalakendra Art Gallery**



SRI AUROBINDO- A LIFE SKETCH

Venue: Kalakendra, Bharat Nivas
Date: Tuesday 8th August, 2023 to 2nd September 2023
Time : 9 to 4.30 pm

INAUGURATION on Tuesday, 15th August 2023 at 9 am
after the Flag Hoisting Ceremony

Open daily from 9 am to 4.30 pm Sundays open

Enquiry contact: Kalakendra Office -0413 - 2622448
Parking available outside the Bharat Nivas main gate

BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre
Calendar of Regular Events, August

*To my dear little child
Live only for the Divine*

- Every Thursday, 6—6:30pm: Meditation
- Every Wednesday, 5:30—6:30pm: reading 'The Mother's Questions & Answers, Vol-7'
- First Tuesdays at 6:30 pm Full Moon, reciting Sri Aurobindo's Gayatri Mantra for 30 min

Many thanks, Tixon
No.3/134, Kalathu Mettu Street,
Edayanchavadi,
Auroville

Kshetram2014@auroville.org.in

Location



UNITY PAVILION: DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

MUDRA CHI



We restart our Mudra Chi classes on
Tuesday, 8 August at 4:30pm.

Everybody Welcome.

Facilitator Anandi.ayun.

Submitted by Anandi

**AUROVILLE LITERATURE FESTIVAL
2023**



**AUROVILLE
Literature Festival**

With some of the best
International writers,
Indian writers & Poets.

Celebrating
Sri Aurobindo's
**150th birth
anniversary**

SAVE YOUR DATES

25 to 27 August 2023

Venue: International Zone, Auroville



Scan Here For
Registration

Contact:
aurovillelitfest@auroville.org.in
www.aurovillelitfest.org



**AUROVILLE
Literature Festival**

Celebrating Sri Aurobindo's 150th birth anniversary



25 to 27 August 2023

contact:
aurovillelitfest@auroville.org.in
www.aurovillelitfest.org

Scan Here
For Registration



Auroville's first Literature Festival will take place from 25—27 August, 2023. It will bring together some of the best Indian, International and local writers and poets and focus on the works of Sri Aurobindo: an immensely inspiring and multi-faceted legacy for Auroville and the world on his 150th year.

We are honored to have on board the Chennai International Centre and the Valley of Words Literature and Arts International Festival as our festival partners and are grateful for the support of the Ministry of Culture and the Auroville Foundation.

The two and a half day festival will be held across different pavilions of Auroville's International Zone together with spaces to explore the festival and Auroville books, exhibitions, dance-theater, films, music and even a session about publishing for young and aspiring writers. So watch this space growing in the city of Universal Culture...

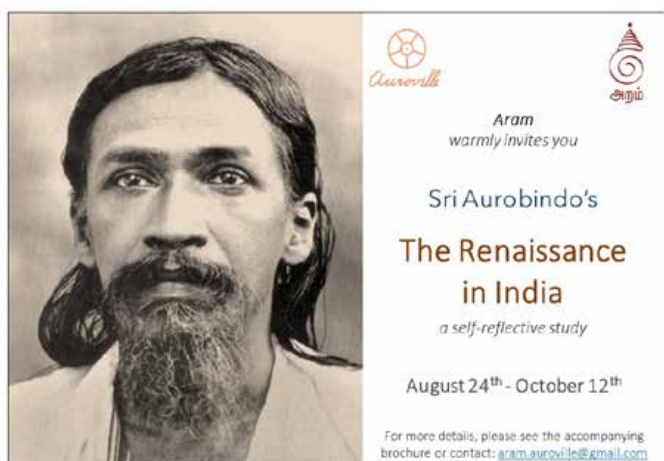
More details will be shared next week. Meanwhile please use the QR code on the poster to register.

Entry to ALF 2023 will be free for all, but it is mandatory to register.

For questions or, if you want to volunteer—write to: aurovillelitfest@auroville.org.in

Anu & Sudha,
festival coordinators.

THE RENAISSANCE IN INDIA A self-reflective study



15 August is not just the Independence Day of India but also the birth anniversary of Sri Aurobindo; a coincidence that he preferred to see as 'the sanction and seal of the Divine Force' that guided him and not just a 'fortuitous accident'.

It is being stated that we are currently in the middle of an Indic reawakening; that a 'New India' is emerging out of the shackles of the old. But what would the contours of an authentic reawakening be—not just politically but more importantly, culturally and spiritually? Sri Aurobindo has clearly articulated his vision for an awakened India in many of his works. His essays on **The Renaissance in India**, first published in 1918 are perhaps among his most powerful.

In this study, we will be *self-reflectively* engaging with these essays and be observant of what they evoke in us. We will be engaging with one chapter every week and meet for an online Dialogue Circle with other participants. Over five such calls, we will finish the book and also review it once. There will be some allied readings and videos as well along with the text to engage with.

- We'll start with an **online Orientation Call** on 24 August, Thursday, 7—8:30AM IST.

Subsequently, we will meet every Thursday at the same time until 12 October. Those interested can come to the Orientation Call first and then choose to sign up if they feel called to.

Contributions are welcome, but not mandatory.

- For further details and registrations please write to: aram.auroville@gmail.com

Warmly, Naveen

Acres for Auroville

LAND FUNDRAISERS NEWSLETTER 15 August 2023



On this August 15, we begin Year 10 of the Acres for Auroville unity action. In our just-ending campaign year, donations enabled the purchase of new land in 9 areas of the Master Plan (City & Greenbelt), and we sincerely thank all the donors whose solidarity have made this possible ! to start off our new year of action, our new Bulletin shares a wealth of articles on pioneers, newcomers, and solidarity for the growth of Auroville that you can access via these links :

1. Acres For Auroville Flier—15 August 2023



In the opening of 'The Life Divine', Sri Aurobindo wrote: 'The earliest preoccupation of man... is also the highest which his thought can envisage, ... at once the contradiction of its normal experience and the affirmation of higher and deeper experiences....'

- <https://land.auroville.org/a4a-flier-15-august-2023/>

2. LFAU Letter—15 August 2023



For those who have accepted Sri Aurobindo's 'gospel of life', the 15th August is a day full of deep meaning and relevance—individually and collectively. Sri Aurobindo said each day should be an opportunity for advancing on the sunlit

path of the future—the future for which Auroville was created.

- <https://land.auroville.org/lfauletter-15-august-2023/>

3. My Life's Journey With Auroville By Gunasundari

Born in the Auroville bio-region, Guna joined the community at age 16, part of a family who worked and were good friends with the first pioneers. After marrying Arumugam, an Aurovilian also involved since childhood, Guna started her 17 years of work to date at the Unity Fund, and received her Business degree all while raising their two children. Guna's story is one of deep commitment to Auroville, part of a family chain spanning four generations!

- <https://land.auroville.org/my-lifes-journey-av-by-guna-sundari/>

4. Gijubhai—An Auroville Newcomer At 87 !

One of the ideals of the Auroville Charter is a 'youth that never ages', meaning that regardless of the years one has lived, one can be full of energy and enthusiasm, full of great dreams and tasks to still accomplish. One such person is Gijubhai—a newcomer to Auroville at 87! In this interview with LFAU's Aryadeep, we present his interesting life-story and accomplishments, and his inspiring aspirations.

- <https://land.auroville.org/gijubhai-dave-newcomer-at-87/>

5. The New 'Art For Land' Exhibition 13 August—17 September

The 2023 main Art for Land Exhibition, 'Individual and Collective Auroville—Moving Forward Together' is now at the Unity Pavilion till September 17th. with the Banyan tree as the exhibition's central artistic theme. We are grateful for the continuing solidarity response from our many Artist supporters, and this year's participation of Cedric Brognard with his collectively-produced painting of the Banyan Tree. AFL's proceeds all go for Auroville land purchase via the A4A campaign!

• <https://land.auroville.org/a-new-a4a-exhibition-2023/>

6. Shraddhavan—A True Child Of The Mother

Last year, Auroville lost one of its forerunners and examples of commitment for so many. Named Shraddhavan—'one who has faith in the higher being'—by The Mother, she joined Auroville from England in 1970. A teacher, Matrimandir worker, writer and poet, she is best known for the creation of Savitri Bhavan with her partner Helmut. Here we share glimpses of her life and links to her many in-depth talks on Savitri and The Life Divine, an inestimable treasure for us all.



• <https://land.auroville.org/shraddhavan-true-child/>

7. New Banking Information

Our sincere thanks to all of you who support our efforts for manifesting the physical base of Auroville! If you are a foreign donor, please know that the Indian Government has instituted new rules, while donations may now be sent only via bank transfer to the 'Auroville Foundation' or via an AVI center. For Indian donors there is no change in practices. All the information is here (and also on the 'How to Donate' page <https://land.auroville.org/donate/>) Version française en pdf. ... பிபிஎஃப்பில் தமிழ்ப் பதிப்பு

• <https://land.auroville.org/new-banking-information/>

8. Inspiring Quotes—The Divine Shakti (Part 2)

In this issue of our Bulletin, we resume and conclude our presentation of the all-important Chapter VI of Sri Aurobindo's booklet 'The Mother' where he speaks of the four great Shakti powers—Mahakali, Mahalakshmi, Maheshwari, and Mahasaraswati—their roles and actions in the material manifestation and their specific powers of strength, beauty, wisdom and perfection in works.

• <https://land.auroville.org/inspiring-quotes-divine-shakti-2/>

We thank you for your support for the land!

Contact: lfau@auroville.org.in and +91 413 2622657

Donating:

- <https://land.auroville.org/new-banking-information/>
- <https://land.auroville.org/>

Happy Darshan, Love, Mandakini



Arts for Land

ART FOR LAND PRESENTS EXCEPTIONAL CONCERTS

Art for Land in collaboration with the Celebration of the 150th Anniversary of Sri Aurobindo is presenting three Concerts.

- The first on 18 August features Debayan Majumdar on Esraj and Apurba Mukherjee on Tabla.

Art for Land presents

Esraj Concert

A rare & unique instrument in today's modern time
by Debayan Majumdar & Tabla by Apurba Mukherjee

DATE & TIME
AUG 18
2023
07.30PM
DURATION 75MINS

Instagram Facebook Twitter
@aurovilleartforland
www.artforland.in
artforland@auroville.org.in

In Association with
Auroville Foundation A4A

Unity Pavilion | International Zone | Auroville | 0413 - 2623576

- On 19 August Sougata Roy Chowdhury on Sarod and Anjishnu Mukherjee on Tabla

Art for Land presents

Sarod Concert

The deep, weighty & introspective instrument
by Sougata Roy Chowdhury & Tabla by the young talented artist Anjishnu Mukherjee

DATE & TIME
AUG 19
2023
07.30PM
DURATION 75MINS

Instagram Facebook Twitter
@aurovilleartforland
www.artforland.in
artforland@auroville.org.in

In Association with
Auroville Foundation A4A

Unity Pavilion | International Zone | Auroville | 0413 - 2623576

- On 20 August Sandeep Chatterjee on Santoor with Apurbo Mukherjee on Table

Celebrating 150th Anniversary of Sri Aurobindo

Art for Land presents

Santoor Concert

100 stringed instrument
by Sandeep Chatterjee &
Tabla by Apurbo Mukherjee

DATE & TIME
AUG 20
2023
07.30PM
DURATION 75MINS

In Association with

Unity Pavilion | International Zone | Auroville | 0413-2623576



Regards, Arun

Education

FRENCH CLASS FOR KIDS

Saturdays, 5:30—6:30pm @ New Creation School

French class (beginner's level) for kids of age group 6 to 12 years old is happening at New Creation school facilitated by Nivetha.

French is an International language rich in culture and a knowledge of this language is definitely beneficial.

- The class takes place once a week on Saturday evening from 5:30pm to 6:30 pm.
- To join the class send an email to nivethavishva@gmail.com or contact 9843188461

Nivetha

AUROVILLE LIBRARY

Weekly Timings:

- Mornings: Monday—Saturday, 9am—12:30pm
- Afternoons: Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

Story time At the Auroville Library!
Every Saturday, 10—11am: Children's storytime.

- Contact: 0413 2622894, avlib@auroville.org.in
- Web: library.auroville.org.in/

Kristen for Auroville Library



TUTORING

Chemistry/Physics
Edexcel, CBSE boards

Please inquire at:
satori.auroville@gmail.com

Sergei (Invocation)



Health Care

SANTÉ SERVICES AUGUST 2023



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

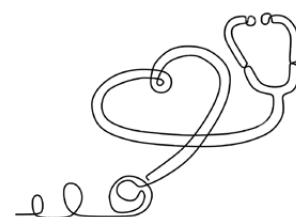
Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily, No appointment necessary
Ayurveda with Dr.Sonia & Dr.Be: Monday/ Wednesday/ Thursday/ Friday	Physiotherapy with Arun: Monday to Saturday
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday, Wednesday, Saturday
Integrative Psychotherapy with Juan Andres: Monday to Friday	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Rebeca: Monday, Wednesday, Friday
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	Functional Medicine with Lize: Tuesday/ Thursday/ Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.



Submitted by Dasha
for Sante Services

AUROKIYA INTEGRAL EYE CARE @ ARKA



Aurokiya
@
Arka's open house
Free Eye Checkup
With
Refreshments and Music

Date : 5th of August, 2023
Timing : 9.30 am -12.00 pm
Place : Arka Wellness Centre

Get in touch with us for your eye care needs

www.aurokiya.com aurokiya@auroville.org.in +91 80123 05151

- Aurokiya is happy to share with you that we will function full day from 9am—5pm.

The following services are available

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind eye hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

You can learn more about Aurokiya by visiting our website:
www.aurokiya.com

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com, WA/ Mobile: 8012305151

Warmest Regards,
Aurosugan for Aurokiya Team

AURODENT DENTAL CLINIC



AURO DENT

Dental Clinic
Auromode, Auroville.

For Appointment please contact us
Email: aurodent@auroville.org.in
Phone: 0413-2622063 What's up: 9629199328

Working hours
Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sudha

Animal Care

LONG-TERM ANIMAL CARETAKER WANTED!

As we are lifting our dog shelter to a new level of professional animal care, we offer you a unique opportunity to join our ever-expanding team at the Auroville Dog Shelter!



**AUROVILLE
DOG SHELTER**

Responsibilities:

- Feeding and handling dogs, which includes cutting and handling meat
- Assisting our vets with dog handling when needed
- Sometimes carrying heavy bags and engaging in physically demanding tasks
- Providing extra feeding for our slow for legged eaters
- Bathing, grooming, and de-ticking of our dogs
- Administering daily medication and supplement syrups
- Offering abundant love and care to our furry residents

Requirements:

- Genuine love for dogs and fearlessness in handling them
- Team player with a reliable schedule adherence
- Ability to work 5 days a week, 4 hours a day
- Passionate and dedicated to the well-being of our 300 residents

Compensation:

- We can offer Rs. 8000 per month as financial compensation

Thanks, Arthur

The Arts

THE TRIO

Rock & Roll and Blues

Sunday, 20 August, 7:30pm @ Visitor's Center

Visitors Center's Right Path Cafe

LIVE MUSIC NIGHTS

in collaboration with @KALABHUMIMUSICSTUDIO.AV



THE TRIO

Rock & Roll and Blues

SUNDAY 20.08 AT 7.30 PM

ANY ENQUIRY? RIGHT PATH CAFE:
04132 622248 OR +91 90430 04819
@ CAFETERIA, AUROVILLE

OUTSIDE VISITOR? KINDLY PARK
YOUR CAR, TWO-WHEELER OR VAN
AT VISITORS CENTER MAIN
PARKING AND WALK TO THE CAFE!

Thanks, Shakti

SINGING FESTIVAL

Dear community, AV Singing Festival will take place on the 14 and 15 October, in CRIPA. We invite participants from all national backgrounds to join this beautiful event. The theme is Singing Hearts of Auroville.



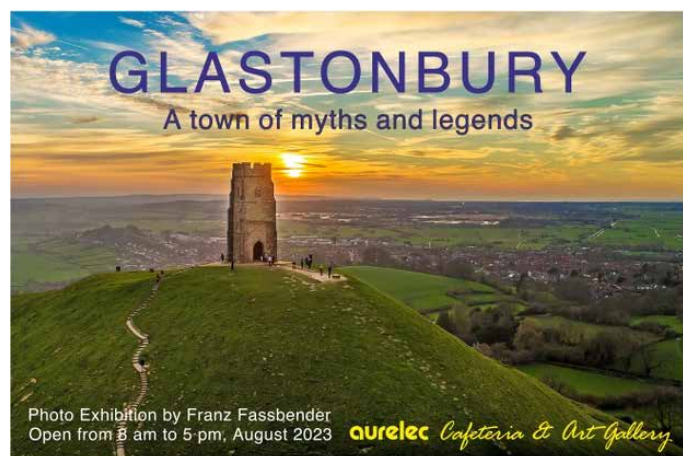
- Participants are required to fill out a form: <https://tinyurl.com/avfestival>. And prepare your song!
- AVSF team:
Shakti, Marta, Rolf, Antoine and Ok.

GLASTONBURY—

A TOWN OF MYTHS AND LEGENDS

Photo Exhibition by Franz Fassbender

August 2023, 8am—5pm, Aurelec Cafeteria



- Why is Glastonbury Tor so special?

It's said that beneath the hill there's a hidden cave through which you can pass into the fairy realm of Annwn. There dwells Gwyn ab Nudd, the lord of the Celtic underworld, with the Cauldron of Rebirth. Later tradition has it that the Holy Grail lies here, brought by Jesus' uncle, Joseph of Arimathea.

- Why is Glastonbury Abbey so famous?

From at least the 12th century, the Glastonbury area has been associated with the legend of King Arthur, a connection promoted by medieval monks who asserted that Glastonbury was Avalon. Christian legends have claimed that the abbey was founded by Joseph of Arimathea in the 1st century.

- Why is the Chalice Well sacred?

According to legend the Chalice Well is believed to have sprung from the ground at the location where the chalice (the Holy Grail), that Jesus drank from at the Last Supper and in which drops of His blood were caught during the Crucifixion was placed.

- Chalice Well

Chalice Well is one of Britain's most ancient wells, nestling in the Vale of Avalon between the famous Glastonbury Tor and Chalice Hill. Surrounded by beautiful gardens and orchards it is a living sanctuary in which the visitor can experience the quiet healing of this sacred place.

Franz

PITANGA

Art exhibition by Hufreesh Dumasia

Whispering Soul, Unveiling the Unseen World



A delicate communication from the soul to the artist. Unveiling suggests an act of revelation, a lifting of the veil to expose what lies beneath. Hufreesh encourages viewers to explore and engage with the mysteries that lie just beyond our grasp through these artworks.

- The exhibition will be open till Thursday, 31 August 31. Monday to Saturday, from 8:30am—12:30pm and 2:30—5:30pm

Andrea for Pitanga Cultural Centre
2622403 / WA 9443902403, info@pitanga.in

MYTHICAL REVEAL



It Matters is delighted to present a cyanotype art exhibition, as a result of a cyanotype workshop. 10 artists from different backgrounds have spent one day exploring the theme of Mythical Reveal.

- The opening is Saturday, 19 August at 4:30pm at Centre d'Art—Citadines, please join us to interpret each myth revealed on paper!
- Exhibition open from 19 to 26 August 2023, Monday—Saturday, from 2—5pm

Please park at the town hall parking.

- More info on instagram: @auroville.curated

Bhakti

BHARAT NIVAS PRESENTS

The Blue Light Dance Studio: Exhibition of Odisha Handicrafts

from Bhubaneswar, Odisha

- Dates: ongoing till 28 February 2024



- Opening Hours: 9am to 5 pm—
- Sundays open: 9am to 1pm only
- Office Contact: 0413 2622488, 8249335483
 - Parking outside the Main Bharat Nivas Gate

Regards, Vani, BN Culture Team


Gatherings

SVE DAME: RESILIENCE



19 AUGUST @ SVE DAME

RESILIENCE



@ MAIN SPACE

12:30 & 3:00
MANDALA MUG PAINTING WITH SVENJA

11:11 AM - 4:44 PM
FABRIC STAMP PRINTING WITH NIKITA

11:11 AM - 4:44 PM
COILING & BASKET WEAVING BY WELL PAPER

@ BUTERFLY BARN

3:33 PM
INTRODUCTION TO SNAKES AND THEIR WORLD, THEIR
RELATION TO THE ENVIRONMENT & HOW TO MINIMIZE
CONFLICT. BY PRITHVI

5:00 PM
FEMININE MOVEMENT BY PRISCILLA

6:45 PM
AUTHENTIC RELATING
BY PREM SHAKTI & DAVE

WORKSHOPS

Love, Elena
for Hibiscus Art Village Project

Activities

BANSURI (FLUTE) Group Classes With Michael

The Sound of Bamboo

Various Styles of the Indian Flute



- Kalabhumi Music Studio
- Every Friday
 - Beginner: 11am—12pm,
 - Advanced: 12noon—1pm

Drop in is possible at any time, flutes available to borrow or buy.
- Contribution:
 - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
 - Guests: Contribution required
- More Info: www.the-sound-of-bamboo.com
- To Donate: <https://pay.auroville.org/divine-arts>
- Learn More About Divine Arts:
 - <https://auroville.org/page/divine-arts>

Warm Regards, Dave, +440 7564119728


djsevans87@gmail.com

DARKROOM WORKSHOP by Sasikanth Somu 24—25—26 August 2023

Program:

- Thursday, 24 August, 2—5pm: Brief look at History of Photography & Introduction to Film Camera.
- Friday, 25 August, 9am—2pm: Film photo shoot (in your own time) 2pm—5pm: Develop your roll of film.
- Saturday, 26 August, 9am—12:30pm & 2—5pm (one can choose either of these sessions): printing contact sheets & photos in the darkroom.

Analogue Photography Darkroom Workshop



Date: 24th, 25th and 26th of August 2023

Venue: Centre d'Art Gallery, Citadines, Auroville

Program & Timings:

Thursday 24th: 02.00 - 05.00pm Brief look at History of Photography & Introduction to Film Camera.

Friday 25th: 09.00am - 02.00pm Film photo shoot (in your own time), 02.00pm - 05.00pm - Develop your roll of film.

Saturday 26th: 09.00am - 12.30pm & 02.00 - 5.00pm (one can choose either of these sessions) - Printing Contact Sheets & photos in the darkroom.

Registration: centredart@auroville.org.in

- Registration Contact: centredart@auroville.org.in
- The workshop fee for Guests: towards contribution.
- The workshop is free for: Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.
- All the material for the workshop is provided except the analogue camera. Analogue/ Film cameras are available to the participants against a contribution.
 - Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in
 - While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.
- Regards, Sergey, Centre d'Art

SWIMMING CLASS



- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact
Mani, +91 8637633696

Submitted by Mani



Dear players, A new game session is open to everyone. It's in the ARKA dining room. You can bring your favorite games as well. It's also potluck time, then bring what you want to share with others, drinks and savory or sweet snacks. Just come, no need to register.

Infos +91 9488512678
See you soon, Veronique

RED EARTH RIDING SCHOOL Is Offering Free Riding Classes

Red earth riding school is very happy to announce that every tuesday, Red earth riding school is offering free riding classes for Auroville kids, and the timings are mentioned below:

- Morning: 6—8am
- Evening:
 - 4—5pm (pony walk)
 - 5pm—6pm (riding classes)

You can also choose morning or evening with refreshment and swimming. You are most welcome to explore the riding horses and enjoy the experience.

Office timing

- Morning: 9:30am—12:30pm
- Afternoon: 2—5pm

Contact

- 04132965242, redearthridingschool@gmail.com

Kalivarathan
for Red Earth Riding School



AUROVILLE AIKIDO at Auroville Budokan

From Auroville Aikido at Auroville Budokan, Dehashakti, near Dana: Welcome if you want to watch a class before, try it out or join us right away!



Children classes from 8 of age:

- With Philippe G. and Surya
Monday, Wednesday & Friday: 4—5pm.

Regular attendance required, as part of the school sports' program.

Adults All levels

- Tuesday & Thursday 6—7:30am
Saturdays 6:30—7:30am with Murugan.

Beginners mostly welcome

- Wednesday 5:15—6:30pm and Saturday.
Early morning class.

Women and young girls (with Surya)

- Sunday 9:15 to 10:30am.

Note: Aikido is a Japanese martial art that is for everybody and usually gender mixed. Its regular and sincere practice will make you work on all your different levels: physical, mental, spiritual. We encourage the youth and especially girls and women to come and train with us!

Practice clothes & other info: to start, beginners can wear a T-shirt & long loose pants (for energy flow, avoid tight fitting clothes) then a white keikogi will be required (we have some). Health Fund or your own insurance necessary. Annual and/or monthly reasonable contribution required for the Budokan (activity under LEAD) depending on your status in Auroville. Please be on time, i.e. 10—15min. before your class!

- **Contact:** Surya 0413 2623813 or 8300189062,
or N. Murugan 9952812843/WA—
budokan@auroville.org.in, suryaniworks@gmail.com

Looking forward and in service,
Surya, N. Murugan, Philippe G. and Cristo
for Auroville Aikido

ABHAYA OFFERS MARTIAL ARTS CLASSES

Abhaya is an Aurovilian Activity that offers classes of martial arts since 2015. Our coaches are former pro-fighters with extensive experience in training and teaching. Our philosophy is to train both the external and the internal aspects of martial arts: test our skill and be confident about the efficiency of the techniques, but also develop an inner sense of progress and become aware of our state of consciousness under pressure, through self awareness and self-discipline. Our classes are open to students of all levels, we have both absolute beginners and students that have already competed in elite tournaments.



Our Regular Classes

- Monday 5:30pm: Neijia (internal martial arts) and self defense
- Wednesday 5:30pm: Grappling and MMA
- Friday 5:30pm: Kickboxing and K1

Contacts

- abhaya@auroville.org.in, 9487340778 WA
- Check our work and follow us here: https://www.instagram.com/giacomo_writer_auroville/



Martial Art Classes For Kids

- Tuesday, 5:30pm @ Dehashakti Gym.

Dear Community, Abhaya is receiving a lot of requests about martial art classes for kids.

We are happy to share that we can start offering classes for kids from the age of 7 to the age of 14 for the month of August, every Tuesday at Dehashakti Gym at 5:30pm.

The instructors are Chloe, Brazilian Jiu Jitsu blue belt, and Giacomo, certified instructor of self defense and MMA.

We will mainly offer Brazilian Jiu Jitsu, which is a very safe practice and at the same time one of the most efficient forms of martial art.

- <https://www.youtube.com/watch?v=ZzEB-GtOjys>

- Please contact us to sign up: abhaya@auroville.org.in or 9487340778 WA

Giacomo

ABHAYA

one of the best Indian fighters ever,
Bharat Kandare



Abhaya has the great pleasure to host one of the best Indian fighters ever: Bharat Kandare, the first Indian UFC fighter in the history of MMA. Do you wanna train with us?

- Contact Abhaya via email abhaya@auroville.org.in or via 9487340778 WA for more info.

See you on the tatami

Giacomo

FEMININE DANCE CLASSES IN CRIPA

Feminine Dance classes in Cripa, based on Tribal Fusion and Belly Dance freestyle and combination With 'Masala' music from all over the world, any woman and girl can dance.

- Tuesdays: All Levels.

- Girls: 4—5pm
Starts again on July 11

- Women: 5:30—7pm

- Saturdays: Beginners, 11am—12pm

Renana, +91986544472 WA



AUROVILLE TANGO ACTIVITIES



Monday, Class

7pm intermediates; 8pm beginners

Wednesday, Practica

7:30pm guided practica

8pm practilonga

Friday, Open Source

6:30-8pm



Venue: Harmony Hall, Bharat Nivas

No partner required, bring socks or dance shoes
and plenty of cheer!

+91 98211 66082, tango@auroville.org.in

Submitted by Aurevan

Let's walk!

The second and the last
EDIBLE WEED WALKS scheduled this month
are on Saturdays: 19 August 2023
Time: 7:30am to 8:30am (max 8:45am)

Venue in Auroville: TBA before the walk
to pre-registered participants only
Max number of participants/ walk: 10
(to avoid trampling and compaction affecting the plants)

I offer edible weed walks using the Edible Weeds Coloring book as a guide between December and March and some special ones in August - when weeds flourish after a few summer rains.

To register and contribute write to:
edibleweedwalk@gmail.com
or WhatsApp: 9840936907



Sketch by Nina S

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

- +918637633696, bakisatadance@gmail.com.

Submitted by Mani



SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:** +918637633696

Mani, @bakisata_dance



PAINTING CLASSES WITH SATHYA

- **Watercolor Class** By Sathya. Every Monday 5—7pm.
- **Life Drawing Session.** Every Tuesday 5—7pm.

Contact: +91 9486145072 WA

Warmly, Sathya

Center For Research Education Experience
In The Visual Arts



MOHANAM PROGRAM

Auroville Bio region hub for art , craft and culture to bridge and promote Local Tamil culture for August 2023

Conscious and Cultural Tour,
Workshops & Therapy



Make and take hands-on workshops

Bamboo Musical Instrument	Bamboo Jewellery
Bamboo Toys	Clay Modeling
Terracotta	Incense Making
Paper Mache	Lampshade
Kolam Mandala Painting	Palm leaf craft
Coconut shell craft	Stone Carving

Daily: Make and Take, Hands-On Workshops at Bio region Art & Craft Centre (Mohanam , Cross Cultural Experiences and Educational Tours located in Mohanam campus)

- Advance booking is necessary
- **Contact:** Preferred through Email at mohanamprogram@auroville.org.in, or call +91 8300949079
- **Timing:** 10am—4pm / **Day:** Every day, Except Sundays

Mohanam campus tour

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, sound healing, hands on make and take—art and craft workshops at bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti library, local traditional lunch, herbal tea.

- **Timing:** 10 am—4pm
- **Day:** Every day, Except Sundays

Mohanam Sound healing

Book your sound healing session / south bath for groups at Mohanam village heritage centre. A journey into silence, voice, movement and meditation inspired by nature and rhythmic waves we dive into an inner exploration of embodiment and expression. Union of mind, body and spirit through celebration of sound to enhance the sense of balance and reconnect one to their own consciousness.

- Advance booking is necessary
- **Contact:** Preferred through Email at mohanamprogram@auroville.org.in, or call +91 8300949079
- **Timing:** 10am—4pm / **Day:** Every day, Except Sundays

Saree & Veshti Experience Tour

Let the magic of saree & veshti adorn you!

Choose a saree and Vashti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape / wear the saree & Vashti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience Days & Date: All working Days except Sunday.

- **Timing:** 10am—4pm
- Advance booking is necessary
- **Contact:** Preferred through Email at mohanamprogram@auroville.org.in, or call +91 8300949079

Kolam Workshop (every Friday)

Join for Spiritual Kolam walk and let the inner spirit and emotions lead the flow of Kolam. Enjoy the Delicious Tamil breakfast after the small trip inside the village, early in the morning made by local women to support them economically.

- **Meeting point:** Mohanam Heritage Village
- **Day:** Every Friday
- **Timing:** 4 to 6pm
- **Email:** mohanamprogram@auroville.org.in
- **Phone:** 8300949079

Conscious and Cultural Tour & Experience in Auroville

The future of the world (Integral—Consciousness—Responsible—Education—Empowerment—Sustainability)

- Bio region village & temple tour
- Bioregion historical \ monument \ heritage educational tour
- Auroville Forest tour
- Auroville Farm tour
- Auroville North-West experience
- Auroville entrepreneurship tour

Includes Tea and snacks, Duration: 2 hours.

Date: 1-day advance booking is necessary

Day & Timing: Every day 10 am—5pm

Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles. The route shall include the following destinations-

- Includes Tea and snacks,
- **Duration:** 2 hours.
- **Date:** 1-day advance booking is necessary
- **Day & Timing:** Every Saturday & Sunday, 6am to 8am

Auroville North-West Tour + Lunch

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- **Date and Time:** Every day 10:30am to 1pm (Except Sunday)
- **Meeting / Starting Point:** Visitor center, 1-day advance booking is necessary for group bookings (for single bookings at least before 10am)
- **For Bookings:** mohanamprogram@auroville.org.in or call us at: +91 8300949079

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services: Aurunachala—Auroville Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

- **For more information contact us:** mohanamprogram@auroville.org.in, 8300949079
- Thanks and Regards, Guru, for Mohanam

AUROVILLE BAMBOO CENTRE August Workshop 2023

Auroville Bamboo Tour with Special Bamboo Lunch

AUROVILLE BAMBOO TOUR!

Discover

- Treehouse
- Bamboo Food
- Bamboo Species
- Bamboo Sound Garden
- Showroom

EVERY SATURDAY
11:30 AM - 12:30 PM
AUROVILLE BAMBOO CENTRE

with
Special Bamboo Lunch!
pre-book at minimal cost*

Our team will be happy and helpful to share bamboo work and its many gifts.

Note: People are requested to manage their own transport & contribution for the tour is mandatory.

Mobile : +91 8300949081
Telephone: 0413 2623806
Email : bamboocentre@auroville.org.in








Auroville Bamboo Centre
Kottakarai, Mangalam Campus
Auroville 605 111

- Timings: 11:30am—12:30pm
- Days: Every Saturday
- Registration: One day in advance.

Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: Walk in Registration available.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

- Daily: Make and Take Hands On Workshops, Experiences and Educational Tours available

One-Day, Make and Take Workshops

Auroville Bamboo Centre presents

MAKE & TAKE WORKSHOPS

An immersive learning experience that offers the opportunity to learn the fundamentals of bamboo products under the guidance of an expert.

JEWELLERY, TOYS & MUSICAL INSTRUMENT WORKSHOP





MONDAY TO SATURDAY	09 AM TO 12 PM 02 PM TO 05 PM	3 HOURS
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FURNITURE WORKSHOP





MONDAY TO SATURDAY	9 AM TO 5 PM	FULL DAY
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Mobile : 08300949081

Telephone: 0413 2623806

Mail: bamboocentre@auroville.org.in

FOR REGISTRATION & INQUIRIES:
PREBOOK A DAY IN ADVANCE

Auroville Bamboo Centre
Kottakarai road, Mangalam
Auroville, Tamil Nadu, 605 111

Furniture Workshop

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Expert.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: One day in advance.

Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: Walk in Registration available.

Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: Walk in Registration available.

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- Timings: 9am—12:30pm, 1:30—5pm
- Days: Every day except Sunday
- Registration: Walk in Registration available.

Upcomming Workshops

Experimental Various bamboo lampshade

This workshop focuses on small-scale lampshade making from bamboo and wood combination.

The Bamboo Lampshade workshop will take place over 3 days, covering full day intensive sessions offered for three days from 9am to 5pm.

- Dates: 22—24 August, 9am—5pm

Bamboo Yurt Workshop

BAMBOO YURTWORSHOP

28, 29, 30 AUG 2023



- Basic theory related to yurt construction
- Demo of Bamboo harvest
- Practical hands-on construction experience

PRICE: 7000/- PER PERSON

(Inclusive of Lunch and 2 Refreshments per day;
Accommodation and Transportation not included)



Auroville Bamboo Centre
Kottakarai, Mangalam Campus
Auroville 605 111.

Phone: +91 8300949081 - 0413 2623806
Email: bambocentre@auroville.org.in

This workshop focuses on Bamboo Yurt building construction from bamboo and various natural materials. The Bamboo Yurt workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

- Dates: 28 to 30 August, 9am—5pm

For more information, special requirement, and pre-book contact:

- Preferred: bamboocentre@auroville.org
- or +91 8300949081, 0413 2623806

Flexible training dates offered to groups

Contact:

- Voice call and WA: 8300949081
- bamboocentre@auroville.org
- www.aurovillebambocentre.org

Murugan

ENLIGHT ACTIVITIES

Pottery Workshop

GET YOUR HANDS DIRTY AND CREATE SOME MAGIC



10:00 AM TO 11:30 AM
03:00 PM TO 04:30 PM

MUDDY MONDAYS
WONDERFUL WEDNESDAYS
SATISFYING SATURDAYS

JOIN US FOR OUR POTTERY WORKSHOPS TO EXPERIENCE WORKING IN CLAY AND GAIN ONE-ON-ONE INSTRUCTIONS ON HOW TO CREATE YOUR PIECE. ENLIGHT OFFERS A NATURAL AND RELAXED ENVIRONMENT TO IMMERSE YOURSELF IN POTTERY.

OUR WORKSHOPS ARE FOCUSED ON POTTERY FOR BEGINNERS, SO NO PRIOR EXPERIENCE IS REQUIRED.

ENLIGHT
Light of Auroville

+91 91594 68946

+91 82700 71581

enlight@auroville.org.in

Thread Art Workshop

Thread art workshop

Every Saturday
10:00 am - 12:00 pm
1 day Prior booking needed





Crochet



Macrame



Embroidery

ENLIGHT
Light of Auroville

+91 91594 68946
+91 82700 71581

enlight@auroville.org.in


Cooking Class

cooking class

South Indian culinary art


learning to cook is a life skill

'Complete your travel experience by learning the art of south indian cuisine with native women'




Every Saturday and Sunday
10:00 am to 12:00 pm

1 day prior booking need to be done




enlight@auroville.org.in
9159468946 / 8270071581

Curated Experiences




Curated Experiences


Have 10 or more people group, call us and let us organize one of these itineraries for you




Wellness Retreat



Spiritual Reset



Adventure Activity



Off Grid Living

Call us for an customised enriching and exciting experience

Email: enlight@auroville.org.in
Mobile: +91 8270071581

For Enlight Team,
Arun, Anand, Balaji.

Help Needed

IMMERSIVE THEATER

Dear Lovers of Theatre, you can make it happen! This time, we are on the brink of a new theatrical experience. It's called Immersive Theater, where the audience and the actors are not separated, but take part in the story ...together. Scary? You bet! Thrilling, if we can make it work and arrive, at the end, together, to a new Hope. A new Earth. Auroville!



The play is called 'A FIRE: Spiritual Journey of a Nomad', adapted from the story UN FEU (A FIRE) by Aurovilian Pavitra (Pascal Estrem). By the title, you can guess that we are on the road to self-discovery, when a soul (the Narrator) tells us about his family's amazing journey from the horrors of World War II to a search for our 'brothers and sisters' to arriving (We are Millions) to a New Earth. A New Creation. Auroville!

We figure the cost to be Rs. 5,46,120 or In Dollars \$7,282, in Euros 6,827. That's our total budget for 3 nights of performance at CRIPA, Kalabhumi, Auroville and includes support for the actors, costumes, set design, food and local transport. If you would like to see the full budget breakdown, please let me know. I can send it to you!

Ways to Contribute: It's pretty painless: Just say it's for a project called A FIRE: Spiritual Journey of a Nomad / the Auroville Theatre Group. Our Financial Service account is # 251067.

- For Donations from India:
<https://donations.auroville.org/>
- For Donations from Abroad:
<https://auroville.org/page/donate-from-abroad>

Should you have any questions or need further information about our production, please don't hesitate to reach out to me directly at this email address: jill.navarre@gmail.com or +91 9486416173 WA.

Thank you for taking the time to consider this appeal. Your support, large or small, will truly make a world of difference. We can't do it without you!

With heartfelt gratitude, Jill Navarre
www.theaurovilletheatregroup.com
WA +91 9486416173

Available

MacBook Pro 2015 laptop Available

MacBook Pro 2015 laptop, 2nd-hand, good condition
Apple MJLQ2HN/A 15.4-inch Laptop (Core i7/ 16GB/ 256GB/ Mac OS/ Integrated Graphics) + additional 250GB SD card. If interested, contact L'aura (laura.joyful@gmail.com, 9442788016)

Thank you, L'aura

Small Mosquito Tent

Outdoor mosquitoes. It is like a small tent 2 x 2m. Fully enclosed. Can be used to sleep outdoors or to keep toddlers inside while you are doing something in the garden for example. Very sturdy. 2,5 y old. 1500rs.

If interested please send me a message on WA only!



Kay, 9943368410

Space Available

25 sqm. closed space suitable for workshop/ office/ storage inside Aurelec premises with superb infrastructure, including generator, 24 hours security, parking, canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec in person, or phone to 2622293/294 or adps@auroville.org.in

Siva For ADPS Trust



Looking For

Long-term house-sit



Dear Community, my name is Cibin Thomas, an Aurovilian (single, 42 years old) working at the Ilion activity at Savitri Bhavan. I'm looking for a long-term house-sit.

Please let me know if there is a possibility. Many thanks!.

Contact Details: Cibin Thomas, cibinthomas@gmail.com, Mob/WA: 9961711805.

Warmly, Cibin

Going to the Netherlands?

Hello, is there anybody going to the Netherlands in August or in the first 2 weeks of September? If so, would you be so kind as to bring a parcel for me to the Netherlands? Let me know by 8056482444 WA

Greetings, Brigitte (Dutch)



Work Opportunities

AV PRE-CRECHE IS LOOKING FOR TEACHERS

The AV pre-creche is looking for teachers to replace our ToS team members, with an eventual possibility to continue for longer. Our kids' age group is 1,5 to 3 years old.

- Kindly contact office number 2623161 between 10 and 11, or send a message to 9443215065 or avprecreche@auroville.org.in.



Tatiana for The AV pre-creche team

CONFLICT RESOLUTION POLICY 3

Coordination

Dear Auroville community, the CRP3C (Conflict Resolution Policy 3 Coordination) group has existed for close to two years and looks into issues falling under section 3 of the Conflict Resolution Policy (<https://auroville.org.in/page/conflict-resolution-policy-2015>).

In order to address more specifically the 'Psychological health issues' and the support these persons need, the CRP3C is looking for additional Resources Persons that could help with the following tasks:

- Accompany people for daily activities (walking, doing errands, sport, etc.)
- Presence and support through: talking, playing games, entertaining, etc.
- Specific support for seniors
- Healing modalities

We expect the resource persons to be able to:

- Commit for a given period of time (minimum 2 months)
- Have a capacity to listen with empathy and in certain cases will need to be in good physical condition
- Be patient and good-willed
- Be reliable

As this new kind of 'support' in Auroville would require a specific set of skills (necessary training can be provided), time and commitment, it would be seen as a full or part-time job and support in the form of maintenance can be considered.

If you have time and are interested in this kind of service and work to support community members, please send an email to crp3.auroville@gmail.com

Thank you for supporting the well-being and growth of our community,

Submitted by Sophie for the CRP3 team

Honorary Voluntary

KUILAI CREATIVE CENTER

Dear Friends, we are looking for people and volunteers who could help and guide in various fields, such as helping in Tailoring, Martial Activities, Painting sessions, and teaching English lessons to adults and children, Sports activities, and to teach Music keyboard to the children.



- For contact: 8608473385 or kuilaicreativecentre@auroville.org.in

With regards, Selvaraj.A from KCC

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call
8122274924

*Looking forward
to welcoming you!*

*The Sadhana Forest team,
warmly, Shek*

In Gratitude

SOLAR KITCHEN

I'm happily grateful to Solar Kitchen, for the existence of it in our communal life, to the team(s) who've been working to provide and serve foods with genuine care and smiles, to volunteers who help clean the tables and plates, to those who designed the solar bowl and maintain it all these years. It warms my heart to see these individuals make collective efforts. And I do like Solar Kitchen meals, better than my own cooking, mostly:-) especially evening meals.

With joyful Gratitude, Anandi Z.



Foods, Goods and Services

COFFEE

Coffee Learning Community Workshop

Ongoing workshop and classes at Coffee Learning Community

- Foundations of Speciality Coffee From 28 August—1 September

A holistic introduction to the world of specialty coffee, exploring its many aspects, rather than solely on the final product by tasting and exploring some of the best international and Indian coffees. It covers 6 modules and 1 final assessment and five days of everything about coffee!

Classes will take place from 10am-1pm and 3pm-5pm. at Coffee Learning Community (CLC), First floor Marc's Café



Fermented Drinks Workshop

- Every Saturday 3-5 pm at Coffee Learning Community (CLC)

Learn how to make delicious Kombucha at home following Matilde's recipes. 2-hour session for beginners that will allow you to make safe fermented drinks at home, learning the basics of fermentation techniques. You will take home 3 unique signature recipes: Tepache, Fruit Soda and Kombucha. The session will end with a tasting from the brewery, a scoby and some tea to take home and kick-start your kombucha making journey.

Coffee Cupping Session

- Every Saturday 10 -12 pm at Coffee Learning Community (CLC)

2-hour, in-depth introduction to cupping! We will learn how to use The Flavour Wheel, cup a limited selection of speciality coffees from around the world and score them, following the SCA cupping protocols.

Includes a brewing session of the class's favourite coffee, fresh beans of 100g Marc's Coffee for participants to take home.

- For enquiry please contact: contact@marcscoffees.com, 7200881291

Matilde

VEGAN LUNCH IN RED DOT CAFE



Café Red Dot
The Conscious Café

Low carb—vegan office lunch in Red Dot Cafe, Upasana Sign-up lunch scheme.

upasanared.cafe@gmail.com

Uma

AROHANAM

Arohanam offers its services voluntarily in gratis (Pro Bono) for the below areas only to individuals/ activities who/ which do not have a qualified and experienced in-house resource.



Focus:

- Startups: Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details:

- Name: Surajkiran
- Mobile: 98842 04918, Voice and WA
- Email: surajkiranv@gmail.com
- Location: Auroville

Regards, Surajkiran

FOOD LINK BASKET SYSTEM

Dear community, we are happy to share with you that we are offering a basket system where you can place your order one day before and pick up your baskets



- on Tuesdays, Thursdays or Saturdays from Foodlink between 10:30am and 12:30pm.

You can place your order using a google form with the link:

- <https://tinyurl.com/Foodlink-basket>

To facilitate this, we have decided to stop walk-in shopping at Foodlink from Monday, 31 July, 2023 onwards. Please keep in mind that the system for milk orders will remain the same and you can come and collect the milk as per your regular order.

These changes are being made to meet the need for quick delivery of food to different outlets once the food reaches Foodlink. For example, PTDC and Solar Kitchen need the produce to reach them as early as possible in the morning. We have noticed that the direct sales of produce from the Foodlink shop slows down our entire morning routine.

Our goal is to optimize this process and make quick deliveries to wherever orders have been placed so that the produce reaches fresh and on time.

This will help us keep the place organised with enough time and space in our hands for the work to be done properly and faster.

We understand that this may be a big change for some of you but hope you will understand our need for it. We are open to feedback and suggestions to make this system work better for all of us.

We are sorry for this short notice and will also share this soon in News & Notes and AuroNet. Please feel free to share this with others who may be interested in ordering baskets from Foodlink.

We appreciate your support and goodwill.

Thank you, Foodlink team, Angelica & Falguni

ORGANIC QUALITY MILK AVAILABLE

Organic quality milk available, Morning/ Evening, from Sakthi Natural Garden

- For reservations contact 9585180393

Erumalai (Evergreen)



FREE STORE OPENING TIMES

Morning hours:

- Monday to Saturday: 8:30am—1pm

Afternoon hours:

- Tuesday and Thursday: 2:30pm—4:30pm

We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.



At Her Service,
Kamala For the Freestore team

FOR YOUR NEXT HAIRCUT



For your and/or your child's next haircut contact Ahana with her highly inspired and young talent:

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de

Lovely day,
Ulrike Urvasi

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, Tuesday and Saturday, 9am—12noon, starting from Solar Kitchen

If you want to participate, please book it in advance



Indian cooking

- Every Monday to Friday 12 to 2 noon Evening 5 to 6:30 pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm



If you want to participate, please book it in advance

Thai Massage

- 12—2noon, 5—7pm every day at Creativity

If you want to participate, please book it in advance:

Tailoring

Any kind of Dress, Blouse, Kurtis can be done.

Contacts

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com

Rupavathi Joy

AV Radio

AV RADIO

Dear Aurovilians, Your favourite radio is always working for you. Stay tuned!

- [Here you can listen](#) to the stream channel (playing 24/7).
- [Here you can see](#) on-air schedules.



Last published podcasts

- [Musical Renditions of Sri Aurobindo's Sonnets by Shakti Balu](#) (Music)
- [Soul Tracks—Se.5 Ep.6 'Sleepless Nights and Poolside Parties'](#) (Music)
- [Exploring Education in Arts, Animation and Film-making—Ep. 14 'Animation Hall of Fame—Contd...'](#) (Cinema)
- [Une série hebdomadaire de lectures par Gangalakshmi—446](#) (Integral Yoga)
- [Marlenka's weekly Offering—Ep.101](#) (Literature)
- [La Vita Divina—Ep.29](#) (Sri Aurobindo)

Last Youtube Live Videos

- [Aspiring for the Supermind in the City of evolving Consciousness for the Supermind—Bhoomika Hall](#)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, make a donation to FS account number 0867. Thanks for your help!

....and more! on www.aurovillerradio.org

- For more information write to radio@auroville.org.in

Peace and love,
Wobbly forAvRadio team

Voices and Notes

WHAT'S IN A PARK?

Part 2: Location Location Location!

- Part 1 and other articles [can be found here](#).

There are different types of parks based on land availability, demand and functions required.

So far, the main parks that have been suggested in both 'master plans' for Auroville are based on the four 'powers' of the Mother: Maheshwari, Mahalakshmi, Mahakali and Mahasaraswati. These can probably be classed as [urban parks](#) (medium to large in size, although in some areas of the map these appear to be less than 30 meters wide). There are a few versions of how these parks appear on the maps, but they are quite similar to each other.



Figure 1.
The four parks in the Master Plan 1999 with green corridors as connecting squiggles.

The small parks and corridors linking the urban parks could possibly be classed as [pocket parks](#).

But what do we need our parks to do? Look pretty? Connect green spaces? Provide cycling or walking routes? Increase the area's biodiversity (e.g., to improve pollination of nearby crops)?

I won't get into the green infrastructure or ecosystem service aspects that parks provide as I have somewhat covered this before [here](#) and [here](#) but, ideally, we want locations for parks and vegetation where it makes sense, not just based on a drawing.

It makes sense, for example, to place parks rather than buildings in areas where the soil allows for high percolation to support rainwater infiltration and reduce flooding, and instead to build in areas with lower percolation.



Figure 2.
High percolation areas in darker greens (perhaps it would make sense to join the parks in the dark green area?)

It also makes sense to have parks where there are canyons (where it is also prohibited by law to build) or where parks can connect with each other and/or provide connectivity for pedestrians and cyclists.

For this to become apparent and incorporated in the design process one needs to add different layers to the planning maps, with details such as topography, infiltration rates, current and future mobility and so on.

In urban forestry it is well understood that an established area of vegetation provides more benefits than a newly planted one and is a more financially viable option. Auroville already has many locations which have been revegetated over the last 30+ years which could temporarily be assigned as parks (even for another 50 years), until that space has a comprehensive plan developed for it. Removing existing vegetation where no development can or will occur shortly is essentially destroying existing assets.

The current, globally accepted, standards for development are to make gradual rather than wholesale changes which are adapted as new information about the conditions of the area emerges. Would Auroville be able to follow this as well?

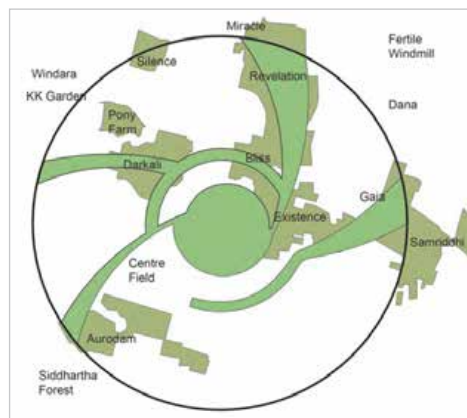


Figure 3.
Areas already with vegetation appropriate for the region overlaid with the previously suggested park locations.

So, this is where the parks are suggested as of now (remember that the 'master plans', so far, are more detailed than the Galaxy Concept but are perspective plans and not [implementable documents](#)). Some vegetated areas already follow the general location of the parks and the high percolation location. Maybe we can try to integrate these in a holistic manner, at least until there is a need to make compromises?

Island, Arboriculturist

AUROWEALTH

Co-Existence

While building an international township (Auroville), I hope we are also assembling a new society. Roads, buildings and other infrastructures are all part of this project, but we must also not forget the relations with the neighbors, with India as a whole, with the rest of the world, and most importantly the relationship we are molding with ourselves.

Cooperation is an essential tool for creating a functioning society. When people come together, share ideas, and work towards common goals, they can achieve great things and create a more inclusive and supportive community. I want to highlight the need to respect and accept each other's differences in our journey towards unity. A diverse society can be a rich source of innovation, creativity, and growth. And learning to coexist can lead to a more tolerant and harmonious society.

The Power Of Money

One of the key elements that has a tremendous impact on the societal development of a community is surely money.

I wish to share some reflections on the role of money and cooperation in the context of our beautiful Auroville society.

We all know that while money can facilitate trade and provide resources, it also has the potential to cause harm when driven by selfishness, greed and inequality. This is a concern which we are witnessing all over the world, and unfortunately also right here and right now in Auroville.

Money undeniably holds influence over power dynamics and social roles, but the higher the disparity of wealth, the less the success and well-being of a community as a whole.

We need to cultivate cooperation, empathy, and higher goals in order to build a harmonious and prosperous society. This is possible only through a responsible administration of wealth within the community, and ultimately it is in the hands of the wealthiest class. That's because usually

the wealthiest class of any state holds significant decision-making power within the governance and the economy. And it seems to me that this is also the case of Auroville.

The Ying And The Yang

As humans, we display a rich diversity of personalities and aspirations, but broadly speaking we can be classified into two types: the Entrepreneurial spirit and the Social Servant mindset. Acknowledging and understanding these different approaches to life is essential in cultivating a balanced and inclusive society that prospers on the strengths of both personality types.

The entrepreneur type thrives on the adrenaline of pursuing success, often measured in the form of monetary gains. Driven by ambition, this individual is willing to take calculated risks and invest time and effort to establish and nurture a business venture. An entrepreneurial spirit also dresses to impress, projecting an aura of confidence and reliability. The ultimate reward for the entrepreneur is financial success, which enables them to afford a better standard of living, provide quality education and medical care for their children, indulge in recreational activities and vacations, and create a comfortable life for themselves and their family.

In contrast, the social servant type seeks fulfillment in contributing to society through their dedicated work. They prefer a stable and stress-free routine, focusing on performing their job diligently and efficiently. Material possessions and luxuries are not their primary concern; instead, they value being an integral part of a healthy and well-functioning society. The social servant cherishes the benefits of affordable education, access to public recreational facilities, and medical assistance, which are essential rewards for their commitment to the community.

People are all different, and their motivations and desires can be influenced by various factors, including culture, upbringing, personal experiences, and changing circumstances. Some people may exhibit characteristics of both types, and their preferences can shift over time. But generally speaking these two personalities are the engine behind any society.

It is crucial to recognize that attempting to force one personality type into the mold of the other, can lead to detrimental consequences. Pressuring a social servant to become an entrepreneur and chase monetary success, may lead to anxiety and stress, and they may struggle to succeed in this role, ultimately affecting their happiness and well-being. Similarly, forcing an entrepreneur to abandon their business and adopt a simpler lifestyle as a social servant, would result in unhappiness, leading to potential negative impacts on their health and overall societal contributions.

To cultivate a healthy society, we must embrace and accommodate both personality types. This entails supporting entrepreneurs in their ventures while ensuring they contribute back to society through a fair tax system. Simultaneously, we must ensure that social servants receive fair compensation and access to essential services as they diligently work for the state/community. Moreover, nourishing an environment of understanding and appreciation for each personality type is vital. By respecting the unique strengths and contributions of both entrepreneurs and social servants, we lay the foundation for a flourishing society where each individual can find fulfillment and purpose.

Supporting The Entrepreneur

The commercial units of Auroville create job opportunities and play a significant role in supporting the overall economic stability for the neighboring communities.

I hope I can raise some valid points regarding the commercial units in Auroville and the challenges of expecting them to contribute 100% of their earnings to the community. It's essential to consider the practical implications and motivations of such a model. Expecting them to give up all their earnings will potentially lead to a decline in the quality and sustainability of their operation. Business owners often invest a considerable amount of time, effort, and resources into their ventures, and the expectation of earning a reward (in this case, money) is a powerful motivator. Without the

financial incentive, the level of dedication and passion that drives business owners to go the extra mile might diminish.

It is important to secure a balance between the success of the commercial units and their positive contributions to the Auroville community.

A 'fair' tax system can play a crucial role in redistributing wealth and supporting public goods and services, benefiting both the business-oriented individuals and those who prefer a more socialist approach. But first of all we have to decide what is a 'fair' tax system. Is it a Flat tax system, or a Progressive tax system?

A flat tax system, where all individuals are required to pay the same percentage of their income in taxes regardless of their income level; or a progressive tax system designed to collect contributions from individuals based on their income level?

It is not an easy debate, and ultimately the determination of a fair tax system depends on the values and principles that a society wishes to uphold.

Perhaps a practical and fair solution would be requiring the entrepreneur to pay:

1. a standard tax from the commercial units similar to what Indian businesses pay to the government (deducted from the commercial unit);

2. and a progressive contribution from the unit owner (as an Aurovilian).

This way, the commercial units can thrive and continue providing valuable services, while also contributing to the welfare of the broader Auroville community.

Supporting The Social Servant

The unfortunate reality is that while entrepreneurs enjoy the benefits of financial freedom (as money provides the freedom to move around and make choices), our service servants are not privileged with the same freedom of movement. The income of social servants is basic and tightly controlled, making it challenging for them to make ends meet.

Entrepreneurs have the advantage of keeping the significant part of their money in real banks like SBI (State Bank of India), allowing them the liberty to utilize their earnings as they wish. They can withdraw money whenever they want, and the bank doesn't ask questions about their spending plans. Moreover, entrepreneurs earn interest on the money they keep in the bank, which is valuable considering the fast devaluation of currency, helping them maintain the value of their money.

On the other hand, service servants are restricted to keeping their money in FS (Financial Service). They not only earn no interest on their savings, causing their money to devalue each day, but they also face limitations on how they can spend their money. Part of their earnings is deducted from their account as a 'contribution' (a tax, despite already contributing to the community through their work). Additionally, part of their money can only be spent at specific Auroville shops within a month of receiving it, or else it vanishes. As a result, social servants cannot exercise full control over their spending, nor can they save money. They are left with just enough to get by, and if they require additional funds for repairs or purchases, they must find alternative sources of income.

Do you see the vast disparity we have created between two social classes?

This current system was never imposed on us by the Foundation, it was a system created by the previous administration of Auroville. Since there are many improvements under way, do you think perhaps it is about time that we reconsider this system?

Finding a win-win situation is crucial. We must find an approach which allows the commercial units to remain sustainable, while also enriching the lifestyle of our social servants. Disparities create problems, if we don't see it right now, we will surely pay the price in the near future.

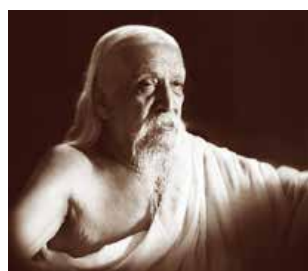
What I have described above is our present day financial system. It may have worked in the pioneer days of Auroville, considering the world economy of those days, but now things are different.

We need to face the reality that our lives are rapidly being affected by the changes in the world today and make some new adaptations.

The success of Auroville depends on understanding this.

Gino

THE TRUE COMMUNISM of the Equal Godhead



For so only can egoism disappear and the true individualism of the unique godhead in each man found itself on the true communism of the equal godhead in the race; for the Spirit, the inmost self, the universal Godhead in every being is that whose very nature of diverse oneness it is to realise the perfection of its individual life and nature in the existence of all, in the universal life and nature.' Sri Aurobindo, The Human Cycle, CWSA 25, 220-1

'The true communism of the equal godhead in the race'

Yves, an economist who, after twelve years in Auroville, left about one year ago, has posted in an internal website a very beautiful analysis of the three cardinal aspects missing in Auroville.

These are two of my comments:

'Collective property is part of humanity's age-long dream, its myths and tales. Manifested at times in rudimentary forms by primitive societies, the past century it was attempted by the Russian kolkhozes, the Chinese communes, the Israeli kibbutz. Yet all of these crumbled, for no state or community can enforce from without a revolution whose *raison d'être* can only spring from within one's utmost being: Self is one, without a second. There are no neighbors, no brothers and sisters in the Self: only oneness. How, then, can we own anything, or even divide it with others, when in Selfhood there are no others?

And when the Mother stated that Auroville belongs to nobody in particular, and here all is collective property to be used for the wellbeing of all, isn't this a reminder of human unity at its highest? In fact, beyond human unity: the indivisible oneness of the Self in each and all, of which collective property is a manifestation. I am an Advaitin communist, Marx should read Adi Shankara: it leads straight to Auroville, the Mother's.'

Then, back from Matrimandir:

'I have just given to the Secretary, met in the amphitheater, a copy of the third edition of *Avatarhood—Human and Divine*. This excerpt from the introduction I wrote to this book is the substratum of my early comment:

'The Avatar is the Divine descending into a human body; but to regenerate society demands people with integrity of heart, empathy and overwhelming compassion; people surrendering needs and personal cravings to the wellbeing of all, finding felicity and bliss in the felicity and bliss of their wider selves, loving their neighbors and co-citizens as oneself—for they are, indeed, oneself. The wider one's consciousness, the wider is the embrace of self and others as indivisible atoms of the same one substance: the Self, 'one without a second'. The creed of Vedanta and Advaita is the key to the ideal society: this is the Avatar's mission. Abolition of the ego and the ordinary mind—the spiritual transformation of Integral Yoga, the second one—is the gateway to the ultimate ideal society, the gnostic society of supramental beings. Embracing Sri Aurobindo's and Mother's Path goes along with the eternal, universal quest of a perfect society by perfect beings. As ancient as the human errand, this is bound to remain unfulfilled as long as the ego's boundaries are not cut and we merge into what we truly are: the Self.'

When I gave *Avatarhood—Human and Divine* to Manoj das Gupta, the main Ashram trustee, I told him: 'Auro-

ville cannot be as long as we don't understand the difference between personal guru and avatar.' Sri Aurobindo and the Mother are not the personal guru advising about one's petty life, like a family doctor looks after our bodies. The Avatar leads society, and Auroville is 'the cradle of the superman' (which Georges van Vreckem translates, much appropriately, as overman). Nothing less will do.

On Sri Aurobindo's 151th Anniversary Day, calling the Avatar
Paulette

AGNI, THE LORD OF TRUTH AND LOVE

'Knowledge, Force and Delight are the three powers of the divine Life; thought and its formations, will and its works, love and its harmonisings are the corresponding human activities which have to be exalted to the divine level. The dualities of truth and falsehood, light and darkness, conceptional right and wrong are the confusions of knowledge born of egoistic division; the dualities of egoistic love and hatred, joy and grief, pleasure and pain are the confusions of Love, perversities of Ananda; the dualities of strength and weakness, sin and virtue, action and inaction are the confusions of will, dissipators of the divine Force. And all these confusions arise and even become necessary modes of our action because the triune powers of the divine Life are divorced from each other, Knowledge from Strength, Love from both, by the Ignorance which divides. It is the Ignorance, the dominant cosmic Falsehood that has to be removed. Through the Truth, then, lies the road to the true harmony, the consummated felicity, the ultimate fulfillment of love in the divine Delight. Therefore, only when the Will in man becomes divine and possessed of the Truth, amrito rtav can the perfection towards which we move be realized in humanity.

The Word arrives. Yo martyes.u amrto r.tava. Agni is, pre-eminent, the Immortal in mortals. It is this Agni by whom the other bright sons of Infinity are able to work out the manifestation and self-extension of the Divine (devaviti - , devatati -) which is at once aim and process of the cosmic and of the human sacrifice. For he is the divine Will which in all things is always present, is always destroying and constructing, always building and perfecting, supporting always the complex progression of the universe. It is this which persists through all death and change. It is eternally and inalienably possessed of the Truth. In the last obscuration of Nature, in the lowest unintelligence of Matter, it is this Will that is a concealed knowledge and compels all these darkened movements to obey, as if mechanically, the divine Law and adhere to the truth of their Nature. It is this which makes the tree grow according to its seed and each action bears its appropriate fruit. In the obscurity of man's ignorance, — less than material Nature's, yet greater, — it is this divine Will that governs and guides, knows the sense of his blindness and the goal of his aberration and out of the crooked workings of the cosmic Falsehood in him evolves the progressive manifestation of the cosmic Truth. Alone of the brilliant Gods, he burns bright and has full vision in the darkness of Night no less than in the splendors of day. The other gods are us.arbudhah., wakers with the Dawn. (...) Will is the first necessity, the chief actualising force. When therefore the race of mortals turn consciously towards the great aim and, offering their enriched capacities to the Sons of Heaven, seek to form the divine in themselves, it is to Agni, first and chief, that they lift the realizing thought, frame the creative Word. For they are the Aryans who do the work and accept the effort, — the vastest of all works, the most grandiose of all efforts, — and he is the power that embraces Action and by Action fulfills the work. What is the Aryan without the divine Will that accepts the labor and the battle, works and wins, suffers and triumphs?'

Sri Aurobindo, *The Secret of the Veda*, chapter. IV—Agni, the Illumined Will

Submitted by Soham Baba

P.S. Some people recently asked me: 'Why are you supporting the Secretary? She doesn't want to surrender to the Residents Assembly's will and decisions.' I answered: 'Ma-

dame the Secretary as I know her (intuitively) is profoundly immersed in the Integral Yoga of Mother and Sri Aurobindo. This is why I love her so much, we have both an intense and sincere aspiration for a new world of Harmony and Universal Love. Our intimacy carries us at once to Heaven, a deep communication in the Spirit.'

I'm not at all interested in the controversy actually affecting Auroville's life. I just go on undisturbed in my sadhana. All this noisy and vain agitation is, according to me, a waste of time and energy. Better to concentrate on the Divine Presence within and also without; it will be much more profitable for everyone and everything. We are here first to realize the Truth (individually and collectively) and manifest it for the fulfillment and happiness of every living being. Then Love will shine invincible, invisible, although super-bright, from our immortal Hearts.

Soham

AUROVILLE

Under the Ministry of Education

It is very interesting to observe that Auroville, this special City of Dawn of the Supramental Avatar Sri Aurobindo and the Mother, has dynamically evolved under the Ministry of Education of Bharat Mata, the Guru of the World.

Here are some cues and clues from our founder, the Mother, as to where Auroville is heading:

'I am perfectly sure, I am quite confident, there is not the slightest doubt in my mind, that this University, which is being established here, will be the **greatest seat of knowledge upon earth**.

It may take fifty years, it may take a hundred years, and you may doubt about my being there; I may be there or not, but these children of mine will be there to carry out my work.

And those who collaborate in this divine work today will have the joy and pride of having participated in such an exceptional achievement.'

- <https://incarnateword.in/cwm/12/students-prayer?search=Make+of+us+the+hero+warriors>¹

That was for the Sri Aurobindo International University Centre, named as such that time. Now it may be SAICE, Sri Aurobindo International Centre of Education (please help correct as necessary). The wordings of the acronyms are expressions of the Divine Consciousness-Force that is emerging from within.

Continuing on with the concentrated Supramental evolution in the magnitude of a city, Auroville now has SAIER—the Sri Aurobindo International Institute of Educational Research.

'Sri Aurobindo tells us that a true community—what he terms a gnostic or supramental community—can be based only upon the INNER REALIZATION of each one of its members, each realizing his real, concrete oneness and identity with all the other members of the community; that is, each one should not feel himself a member connected to all the others in an arbitrary way, but that all are one within himself. For each one, the others should be as much himself as his own body—not in a mental and artificial way, but through a fact of consciousness, by an inner realization.

(silence)

This means that before hoping to realize such a gnostic collectivity, each one must first of all become (or at least start to become) a gnostic being. ...

Sri Aurobindo has also written somewhere else that a double movement is necessary: the effort for individual progress and realization must be combined with the effort of trying to uplift the whole so as to enable it to make a progress indispensable for the greater progress of the individual: a mass progress, if you will, that allows the individual to take a further step forward.'

- <https://incarnateword.in/agenda/1/july-3-1957>

¹ 'We are not here to do (only a little better) what the others do.

We are here to do what the others cannot do because they

do not have the idea that it can be done.

We are here to open the way of the Future to children who belong to the Future.

Anything else is not worth the trouble and not worthy of Sri Aurobindo's help.'

Zech, 2023.08.04

Poetry

OUT OF THE CRADLE ENDLESSLY ROCKING

Out of the cradle endlessly rocking,
 Out of the mocking-bird's throat, the musical shuttle,
 Out of the Ninth-month midnight,
 Over the sterile sands and the fields beyond, where the
 child leaving his bed wander'd alone, bareheaded, bare-
 foot,
 Down from the shower'd halo,
 Up from the mystic play of shadows twining and twisting
 as if they were alive,
 Out from the patches of briars and blackberries,
 From the memories of the bird that chanted to me,
 From your memories sad brother, from the fitful risings
 and fallings I heard,
 From under that yellow half-moon late-risen and swollen
 as if with tears,
 From those beginning notes of yearning and love there in
 the mist,
 From the thousand responses of my heart never to cease,
 From the myriad thence-arous'd words,
 From the word stronger and more delicious than any,
 From such as now they start the scene revisiting,
 As a flock, twittering, rising, or overhead passing,
 Borne hither, ere all eludes me, hurriedly,
 A man, yet by these tears a little boy again,
 Throwing myself on the sand, confronting the waves,
 I, chanter of pains and joys, uniter of here and hereafter,
 Taking all hints to use them, but swiftly leaping
 beyond them,
 A reminiscence sing.

Walt Whitman

THE ETERNAL

Looking at all these infinite things
 Wiggling in and out of intertwined existence
 Upheld by a Superconscious Force;
 The Word that emerges is the Eternal.
 And this bundle of We
 Are That.
 Only slightly conscious
 With limited force.
 How then to fully embody and express
 That which truly Can and Knows?
 That is for you to willingly aspire to
 And find out,
 As in truth, there is actually no other,
 So you can ask any of your mirrors.
 They will provide experiences of all sorts.
 And so the Great Cosmic Game
 Of the One and Its hierarchical many
 Continues...
 Towards a Life Divine.

Zech, 2023.08.13

I CRIED, AGAIN

I cried, again.
 Not because of
 Injury or separation
 A broken heart or dream
 A chili or an onion.
 But because
 My heartstrings
 Are gently plucked
 By your Song.

Warmly, Anandi Z.

WHO WRITES POEMS?

Who writes poems?
 A poet or his hunger?
 Poems so colorful
 Kashmir in autumn
 It's a call to fill a hole

With love, Ivana

Languages

CLASSES AND COACHING: SPOKEN ENGLISH



Materials, classes and coaching for spoken English offered freely. I have a collection of diverse interesting materials (in English) for 'classes'. The topics include Auroville, science, spirit, human nature, enlightened management, inspiring humor, Savitri. Contact me soon if you would like to pick up these materials or if you have a small group who would like to explore the topics with a native English speaker.

Or, I can participate in an occasional interactive 'class' in simple or advanced English about the purpose, principles and founders of Auroville, or give gentle coaching for actors and presenters.

Patricia at Creativity,

pat@auroville.org.in, 0413 262 3750

NEWS

From Auroville Language Lab



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

- **Looking for:** If you are a true-blue Malayali and speak Malayalam with an authentic Malayalam accent, please contact us by Whatsapp at +919443631861 or email at tomatis@aurovillelanguagelab.org. We need to record some words & sentences as well as some simple daily life conversations in Malayalam for a research project.

Tomatis

There are spaces available for both language & therapeutic programmes!

- Please contact 0413-3509932 or 0413-2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTlG0y-sBMlly-wZNdzCang/videos>
- <https://www.listenwell.com/>

For those who slipped through the cracks, whose requests we were not able to respond to, we sincerely apologize. Please send us an email if still interested, and we'll get back to you soon!

Current Language Courses at ALL

New: Beginner German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben's classes will be structured around the Goethe Institute material & will employ a variety of audiovisual tools and interactive elements. While we organize the class structure & timings, we invite you to enquire and book your spot!

- We hope to start the course mid-September. Timings & dates to be announced soon!

New: Beginner Hindi with Alka

We have a new Hindi teacher!

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other fun activities. This three-month beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will be paced to align with each student's comfort!

- The course will start on September 9. Classes will take place Saturdays, 10am to 12noon.

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- Course will start on September 4 with an introductory class on August 30. Classes will take place twice weekly, on Mondays and Wednesdays, 2:30 to 3:30pm.

New: French with Jean-François

Jean-François offers four 2-month (16-hour) courses. All his courses are open to new registrations.

• Beginner French

This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course started on August 5. Classes take place Saturdays, 2:30 to 4:30pm.

• Beginner French for Teens

This course is for students between 13 to 16 years of age. The course is based on exercises that use many media like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- We need five confirmations to start the course. Classes will take place Saturdays, 11am to 12noon.

• French Conversation

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This course started on August 3. Classes take place Mondays & Thursdays, 2:30 to 3:30pm.

New: Italian with Fabio

Fabio will soon start two new Italian courses in August!

• Beginner Italian

If you are a beginner with little or no knowledge of the Italian language, you are welcome to join this 3-month (24-hour) course. The course will take students through the Italian alphabet and phonetics, spoken grammar, main verbs, pronouns, sentence structure, etc. By the end of the course, learners will be able to introduce themselves & others in a simple way, exchange information about family, work, holidays, home, etc., speak about everyday activities, hobbies, etc. A range of different topics can be explored based on the interests of the students. Feel free to enquire with us and reserve your spot!

- The days & timings of this courses will be fixed at the mutual convenience of the teacher & the students.

• Italian Conversation

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all.

- This course will start August 22. Classes will take place Tuesdays & Thursdays, 2:30 to 3:30pm.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every Tuesday, 2:30 to 4:00pm.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place Tuesdays & Thursdays, 10:30 to 11:30am. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire: Please fill out our form at <http://register.aurovillelanguagelab.org/> You may also drop us an email at info@aurolvillelanguagelab.org, call us at 2623661 or come visit us!

Please Note

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Lan- guage	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	10:30—11:30am	Tuesday & Thursday
	Conversation	TBA	TBA
French	Beginner Started 5 August 2023	2:30—4:30pm	Saturday
	Beginner for Teens To start soon	11am—12noon	
	Conversation Started 3 August 2023	2:30—3:30pm	Monday & Thursday
Tamil	Spoken Beginner To start 12 September	9:30—10:30am	Tuesday & Friday
Sanskrit	Beginner To start September	TBA	TBA
Hindi	Beginner To start 9 September 2023	10am—12noon	Saturdays
German	A1.1 Beginner To start mid-September	TBA	TBA
Spanish	Beginner To start 5 September 2023	2:30—3:30pm	Monday & Wednesday
	Intermediate	2:30—4pm	Tuesday
Japanese	Beginner To start September	10am—12noon	Saturdays
Italian	Beginner To start September	TBA	TBA
	Conversation To start 22 August	2:30—3:30pm	Tuesday & Thursday

The Language Lab is open

- Monday—Saturday, 9am—12noon & 2—5pm
 - Location: International Zone, after Unity Pavilion & Pump House.
 - Phone: (0413) 2623661, 2622467, +919843030355
 - Email: info@aurovillelanguage.org
- Vismai, for Language Lab Team

Classes, Workshops & Healing Arts

PEACE WITHIN: PEACE WITHOUT

Saturday, 19 August, 2—4:30pm
Workshop With Dr. Sehdev Kumar



- Can there be Peace Within if there is Discordance in the Family?
- Can there be Peace in the World if our Leaders are driven by Arrogance and Fear?

- Can there be Peace in our Hearts if demonic forces of Injustice and Inequality keep flourishing in the World unheeded?

Let us aspire for an Integral Vision of Peace that celebrates Love, Harmony, Dignity At all levels In the Phenomenological & Spiritual Universe Alike

Register: +91 7867805812

Dr. Sehdev Kumar, Professor Emeritus, Canada

KOLAMYOGA

- On Sunday, 20 August 2:30 to 6pm we will celebrate with the making of Snake drawn Kolam Naga Panchami in Nature outside...

- Tuesday, 22nd, Vishuda Chakra Yantra Kolam 2:30 to 6pm and
- Friday, 25th, Ajna Chakra Yantra Kolam 2:30 to 6pm

We start each session together in haranga (right gate) Grace her house with Mental Theorie, Physical warm, to enter into the emotional experience of the theme chosen.

You receive a supporting booklet of reading material , all materials, snacks and my (Grace) step by step guidance is provided for the making of the relevant Kolam.

- Each WS cost 1500/- this is all inclusive.
- Visit www.kolamyoga.com if you wish to know more about what is a Kolam , What is KolamYoga and who is your host Grace Gitadelila.
- Registration is required to be able to plannand provide the work materials accordingly ... Limited space with quality attention to 6 participants only!
- info@kolamyoga.com or 8072449091WA

I request to please introduce yourself properly, don't be scared and don't limit yourself to just reaching out with an Ola or Hi ... a bit more text helps ;) And is more motivating to answer to.



KolamYoga



Drawing Visuddha Kolam

Throat chakra as our centre of communication expressed through seven swaras - sa re ga ma pa da ni in Kolam language.

Tuesday, 22nd August'2023

2:30 - 6:00pm

Prepay to register

Contact e-mail:

info@kolamyoga.com

Ph: +91-8072449091

Registered with LEAD,

Hospitality Trust

Workshop fee

1500/- per person

Location:

Sharanga(right gate)



KolamYoga



Drawing Ajna Kolam

Intuition and imagination, perceive inner and outer worlds, woven and knotted in Kolam language.

Friday, 25th August'2023

2:30 - 6:00pm

Prepay to register

Contact e-mail:

info@kolamyoga.com

Ph: +91-8072449091

Registered with LEAD,

Hospitality Trust

Workshop fee

1500/- per person

Location:

Sharanga(right gate)



ACTIVITIES BY LAKSHMI

Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga. is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice.

Please contact for an Appointment:

- 8489764602 Lakshmi or
- lakshmiprem369@gmail.com



Sound Chakras Healing

Guided vibrational sound journey using (Tibetan Bowls and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



Benefits: Peace, Calm and Quietude, Mental clarity, Re-vitalizing, released, Improve sleep, Emotional and mental balance, Inner silence, Deep relaxation, Grounding,

- Individual session, Couple session, Small group (max 4 people)

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust Lakshmi

HOLISTIC HEALTH CARE STUDIO



Appointments

- aurovilleholistic@gmail.com,
christinep@auroville.org.in
- +919489805493 WA
- For kinesio only: +33686928426 WA

Ashtanga Yoga W Christine P	@ Yatra Foundation Monday/ Wednesday/ Friday /Saturday
Integrative & systemic psychotherapy W. Christine P	@ Holistic health care studio, Kuilapalayam
Acupressure Therapeutic Massage	@ Holistic health care
Scientific meditation with sound healing W. Mradul J	@ Holistic health care studio, Kuilapalayam
Analysis of multiple intelligence/ W. Mradul J	@ Holistic health care studio, Kuilapalayam
Kinesiology W Ricardo	@ New creation
Hypnotherapy	@ Holistic health care

In her Light,
Grace GitadelilaGrace, 8072449091 WA
info@kolamyoga.com

Workshop

- Check on our website info and details
- Yoga/ meditation & stress management

Christine for Holistic health and well being center
Auroville Main Road, Kulapalayam
www.auroville-holistic.com

QUIET HEALING CENTER



www.quiethealingcenter.info/ quiet@auroville.org.in
+91 9488084966, Mobile & WA

OBA® (Oceanic Bodywork Aqua) Basic—Liquid Joy with Fred

- Saturday, 12 & Sunday, 13 August
8:45am—6:30pm, 15 hours

OBA (Oceanic Bodywork Aqua) is an aquatic bodywork modality given in a warm water pool (ideally 35°C). It combines elements of light movements and stretching, massage and joint mobilization in connection with breathing and energy work, conducted both on the surface and underwater.

During this course, you'll learn a sequence of simple movements, both on the surface (with and without cushion and noodle) as well as under water and practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water. You'll experience floating other people and being floated, thereby creating a space for deep relaxation and nurturing body, mind and spirit.

OBA offers an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas—ultimately, for freeing body and mind in a flow, unique to each client and each session.

- No previous experience required!

OBA® (Oceanic Bodywork Aqua) 1—Fluid Body with Fred

- Wednesday, 16—Monday, 21 August
8:45am—6:30pm, 50 hours

During this course, you'll learn a sequence of new movements, both on the surface as well as under water; plenty of time will be offered for practice and integration.

You'll be invited to discover the healing energies of the water, release physical pain as well as emotional tensions, and dive within yourself in unexpected ways. You might encounter a wondrous world of memories, of floating weightlessly in the protective womb of your mother, of going back into that very space where you were surrounded by soft warm water.

This course offers an opportunity to experience again the nurturing qualities of being held and loved, and to rediscover trust, peace within yourself, and a deep sense of coming home.

- **Prerequisites:** OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

*Thanks, Guido
for Quiet Healing Center Team*

PITANGA



Program for August 2023

Pitanga Healing Space: Drop-In Classes

- Join WITHOUT prior registration!

Mondays	Program & facilitator	Level of the class
7:30—9am, Resumes 14 August	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
4—5pm, Resumes 14 August	Asanas for teenagers with Lisbeth	For teenagers
<i>Interested new students can give their names to the reception</i>		
Tuesdays		
<i>No drop-in class on this day.</i>		
Wednesdays		
7:30—9am, Resumes 9 August	Asanas with Rachel	All levels
8:30—10:am	Yoga Therapy with Gala	All levels
4—5pm, Resumes 16 August	Asanas for teenagers with Lisbeth	For teenagers
<i>Interested new students can give their names to the reception</i>		
Thursdays		
3—5pm	Art Therapy with Gala	Beginners
4:30—5:30pm	Aviva Exercise with Suriyagandhi	For women only
Fridays		
6:45—8:am	Pranayama with François & Namrita	For former 'The Art of Living' course participants
7:30—9am, Resumes 11 August	Asanas with Rachel	All levels
8:30—10:am	Yoga Therapy with Gala	All levels
9—10:am	Rosa's ATB special for seniors	Seniors
Saturdays		
9—10:am	Yoga for children with Gala	Children 5—8 yrs
10—11:am	Yoga for children with Gala	Children 7—9 yrs
11:am—12pm	Energy Games for children with Gala	Children 9 yrs+

Prior registration Required

Iyengar Yoga with Tatiana

- Mondays 5—6:30pm, Level 1
- Tuesdays 7:30—9am, Yoga for the Spine, All levels
- Wednesdays, 5—6:30pm, Level 2—3
- Saturdays 9—10:30am, Restorative Yoga, Level 2—3



Family Art Therapy class with Gala.

- Friday, 3—5pm, for a max of 2 parents & 2 children. By reservation only.

By Appointment

- Acupuncture by Heidi
- CranioSacral Therapy by Anne H.
- Thai Yoga Massage by Juan



If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !
2622403/ WA 9443902403, info@pitanga.in

PITANGA



Course: Professional Training, Advanced Massage and Bodywork, Module 4 with Shari

- Weekly twice, for 8 weeks (48 hrs)
- 4 September to 25 October, 2023
- Mondays & Wednesdays, 10am—1pm



We will be working on all levels of therapeutic massage and bodywork including anatomy, the body/mind/spirit as the vehicle for doing body-

work, intimacy and moving deeply into the essence of healing. This will include deep listening, integration, and loving/compassionate touch.

We will explore techniques for treatment of specific conditions including the most often requested work on neck, shoulders, upper back, thoracic and lower back conditions, and contraindications.

This is the fourth in a series of 4 eight-week courses with the intention of going deeply into what it means to be a successful professional in this field.

- Contribution requested.
- Certificate of Completion will be offered.
- The class size is limited to 8 students.

ERRATA: Last week we published the wrong contact number. Sorry! Please use this number only:

- For registration, please contact Shari: +91 73059 41614

Yoga with Rachel restarted!

- Monday, Wednesday, Friday 7:30—9am

Welcome to our drop-in classes. No prior registration is necessary. The classes are suitable for all level of practitioners.

Feldenkrais Classes with Shari

Shari resumed her classes on

- Friday, 11 August, 5:15—6:45pm

Art Therapy in the style of Neurographica™ with Gala

Gala offers art therapy classes for children and adults with the intention of balancing the mind and stimulating creativity and imagination.

The classes are based on the Neurographica method developed by Russian psychologist Dr. Pavel Piscev. Through the process of drawing, guided by the teacher, one recognizes patterns and hidden obstacles and finds new creative solutions and organic ways to release outdated patterns in one's life.



The process of drawing helps to release tension and mental stress that is present in life.

- For adults: Thursdays, 3—5pm, drop-in class.
- Family Art: Fridays, 3—5pm, by reservation.
- This class is for a max. of 2 parents & 2 children.

If you wish to receive our programme of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Andrea for Pitanga Cultural Centre
0413 2622403/ 9443902403 WA,
info@pitanga.in

NATURE CURE



Welcome to a 7-day health camp with Dr Arun Sarma (IMANAH) on:

NATURE CURE
स्वाधीन स्वास्थ्य महाविद्या



1-7 SEPTEMBER, 2023
7:30 AM TO 6:00 PM
TIBETAN PAVILION, AUROVILLE

For details and registration, please visit:
tinyurl.com/avnc2023

Welcome to a 7-day Health Camp on Nature Cure/ स्वाधीन स्वास्थ्य महाविद्या with Dr Arun Sharma in Auroville from 1—7, September.

- More details are here: <https://tinyurl.com/avnc2023>

Feel free to contact Deven (Samskritam Auroville) on dev-abhasha@auroville.org.in and Sivaraj (Martuvam Auroville) on martuvam@auroville.org.in

Dhanyavaad, Nandri



VÉRITÉ PROGRAMS

August 2023

+91 0413 2622045, 2622606,
+91 9363624083, 8489391876

programming@verite.in

www.verite.in

Intensives (pre-registration required)

Day & Date	Intensives	Timings	Presenters
Saturday, 19 August	Energy Cleanse through Yoga Kriyas	9:30am—12pm	Mamta
Saturday, 19 August	Yearnings for Peace—Peace within, Peace without—Dr Sehdev	2—4:30pm	Dr. Sehdev
Friday, 25 August	Restorative Yin & Yoga Nidra—Deep Relaxation for Body & Mind	9:30am—12pm	Emma
Saturday, 26 August	Sivananda Yoga—Masterclass	9:30am—12pm	Mani

Yoga & Re-creation Programs

Days	Drop-in Sessions	Timings	Presenters
Mondays	Pranayama and Meditation—Re-balance your nervous system	10:30—11:30am	Radhika
	Yin Yoga—Healthy Hips	3:30—4:30pm	Emma
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Sivananda Yoga	9—10am	Mani
	Gentle Vinyasa Flow	10:30—11:30am	Emma
	Face & Eye Yoga	3:30—4:30pm	Mamta
	Vinyasa Yoga	5—6pm	Rebeca
Wednesdays	Yoga for inner alignment, Asanas for grounding & centring	10:30—11:30am	Radhika
	Yin Yoga—Healthy Spine	3:30—4:30pm	Emma
	Hatha Vinyasa Yoga	5—6pm	Andres
	Kirtan (contributions are voluntary)	5—6pm	Mamta & Savitri
Thursdays	Sivananda Yoga	9—10am	Mani
	Peace with Pranayama—Nourish your prana	5—6pm	Mamta
	Vinyasa Yoga	5—6pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement	5—6:30pm	Vega
Saturdays	Mindful Flow—Awaken in Movement & Stillness	5—6pm	Savitri

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Private Yoga Session / Yoga Therapy	Andres
Thai yoga Massage	Andres
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Private Yoga Session / Yoga Therapy	Nadia
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja

Savitri, Programs Coordinator, Vérité Programming



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities August 2023

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe by appointment 9943410987	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana by appointment 9047654157	Monday to Saturday
Facial, Manicure, pedicure, Threading, Waxing, Hair-cuts, Hair Coloring, Henna Coloring	Meha—by appointment 9443635114	Monday to Saturday
In Nutrition, Diet, Weight Loss and Weight Management, Psychosomatic.	Nadia, 9489035457 Only Appointment	Monday and Wednesday afternoon
Tarot, Oracles and Akashic Records Reading (TOS)	Valentina: 9791719387 +393462258049 (WA)	Monday to Friday (Morning)
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti: 0413 2623767 antarcalli@yahoo.fr	Monday to Sunday Also, in French

Classes

Class	With Whom	When
Acro Yoga	Damien-9047722740	Monday: 3pm to 4:30pm, Tues: 5 to 6:30pm
Pilates	Teresa-7867998952	Tuesday & Thursday 7:30—8:30am Friday 5:30—6:30pm Appointment
Iyengar yoga (TOS)	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30—8am Monday, Thursday, Saturday, 5—6:30 pm.
Sound Chakras healing	Lakshmi, 8489764602	Only for Appointment



VERITÉ WORKSHOPS

Pre-registration required

Please contact Verite @ 0413 2622045,
2622606, 9363624083

or programming@verite.in, www.verite.in

Energy Cleanse through Yoga Kriyas with Mamta

• Saturday, 19 August, 9:30am—12pm

Purify your energy channels with 3 Hatha Yoga Kriyas: Jala neti (saline nasal rinse), Trataka (Fixed gaze) & Kapalbhathi (Skull shining breath). They cleanse your body from the inside out, develop immunity & steadfastness, paving the way for evolution of consciousness.

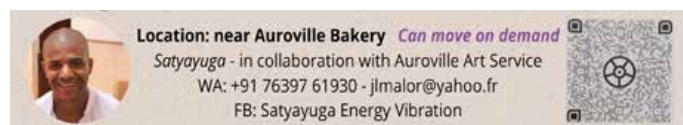
Yearnings for Peace: Peace Within, Peace Without with Dr. Sehdev

• Saturday, 19 August, 2—4:30pm

Harmony, Tranquility, Beauty & Generosity are essential expressions of Peace. Disharmony, tension, fear, and depression are various expressions of a life that is not at peace with itself. In this state of peacelessness, all our life energies are slowly dissipated. Peace Within—peace in our hearts, bodies, and minds, and Peace Without—in our families, nations, and in the world at large, are all of one piece. Through one's own life experiences and encounters, this workshop explores Peace as the most scintillating force in all its existential and spiritual manifestations.

*Love and light, Savitri, Programs Coordinator,
Verité Programming*

SATYAYUGA



Energy Vibration

- **Reiki with Kototamas:** give energy for the wellbeing and struggle against stress
- **QiGong:** work on the rejuvenation of the body & automassage and Yoga facial. 7 people max
- **Personal trainer:** using Karla Kattai, conscious muscular exercises and stretching of articulations 1 to 3 people
- **Reflexology:** Manual and natural method centered on the selfregulation of human body by pressing reflex zones & Vibrational massage with bowls
- **Nada Yoga Ananda:** Connect to your inner self through Vibrating Chants, @ 4pm for about 2hours.
 - Ecstatic Wednesday
 - Shamanic Friday
 - Sacred Sunday
- **Gongs, Tibetan Bowls & Didgeridoo meditation for Full Moon and New Moon.** Working with the energetic forces of the Moon, we will create an energetic field to power your intention. @ 7pm for around one hour
- **Tibetan bowls. Gongs. Five Elements Sound Massage.** Connect to your inner self through Sound Massage and Vibrating Chants & find peace in a Sound Cocoon
- **Shamanic journey.** A four hour Workshop to connect yourself to the Source. Experience a powerful Sound Journey in your inner self thanks to energetic exercises and transformative sounds. Every Friday, near Auroville Bakery, 10am—12noon & 3—5pm. 7 people max, possibility to split

*Warmly,
Satyayuga (Jean-Luc Malor)*

Cinema

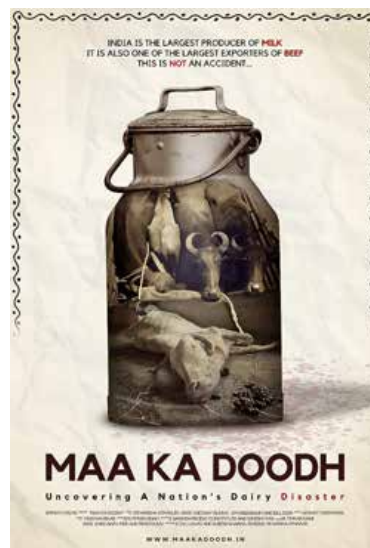
MOTHER'S MILK

Documentary film screening

MMC Auditorium, Cinema Paradiso

Saturday, 19 August, 3 pm

Maa ka Doodh (transl. Mother's Milk). 2023, Dir. Harsha Atmakuri, w/ Maneka Gandhi, Acharya Prashant, English-Hindi w/ English subtitles, 126 mins



On behalf of the Animal Climate Health Save Foundation, I'm pleased to announce the screening of the film 'Maa Ka Doodh' at the Multimedia Center—Cinema Paradiso. This feature-length, award-winning documentary sheds light on the sensitive issue of dairy consumption in India and elucidates how the country has attained its rank among the top-most beef exporters in the world. It highlights the atrocities of the dairy industry on the bovine populations in India and

its impacts on the country's public health, ecosystems, and cultural beliefs so as to find alternatives centered on novelty, sustainability, and ethics.

Regards, Shubh, 9267914188

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday 25 August

Girls for Future and their fight against Climate Change

2022 / 88 minutes / DW

This inspiring documentary takes us on a journey into the activities of four young girls who are paving a way forward in their respective countries. They offer solutions to the climate crisis that are simple, straight-forward and people-oriented. In addition to their ideas, they also offer hope.

Submitted by Shek





CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
21 August 2023 to 27 August 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice. *To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.*

Indian and diaspora – Monday 21 August, 8pm
EK JAGAH APNI (A place of our own)

India, 2022, Dir. Ektara Collective w/ Manisha Soni, Muskan, Aakash Jamra, and others, Drama, 88mins, Hindi w/ English subtitles, Rated: U (G)

Yet another much acclaimed film from the makers of 'Turup'/Checkmate (which was first screened at the Cinema Paradiso, then at the Auroville Film Festival where it won the Best Film award, and recently by Aurofilm). This film, set in Bhopal, MP is a peek into the lives of the transgender community—as they try to live their lives, work, and rent a place to live. We follow Laila and Roshni as they received a sudden eviction by their prejudiced landlord. They must put their wits together to find a new home and reclaim their place in society. In doing so, their courage, resilience and humanity shine through the difficulties they face. *This screening has been made possible via a generous sharing by the Ektara Collective. Don't miss!*

Potpourri – Tuesday 22 August, 8pm
IT'S SUCH A BEAUTIFUL DAY

USA, 2012, Dir. Don Hertzfeldt, w/ voice Don Hertzfeldt, Animation-Comedy-Drama, 62 mins, English w/ English subtitles, Rated: NR (R)

Don Hertzfeldt, the director, tells the story of a man named Bill, who struggles to put together his shattered psyche. All this is done with very simple, but heartwarming drawings mixed with some live action moments. We listen to simple stories about life itself, with some very dark humor intended. You'll laugh, you'll cry, but most of all you'll only spend 62 minutes of your life on something that was quite clearly worth it...*Don't miss!*

Interesting – Wednesday 23 August, 8pm
SWIMMING THROUGH THE DARKNESS

India, 2018, Dir. Supriyo Sen w/ Kanai Chakraborty and others, Documentary, 76mins, Bengali-Hindi w/ English subtitles, Rated: NR (PG-13)

Hailing from a poor family, blind man Kanai Chakraborty chooses the daring life of a swimmer. But his success in the sport couldn't ensure him a job, and hence he has to keep swimming to retain a respectable identity at the age of 40. As he continues stumbling off the water while sailing smooth on it, this National Award-winning film chronicles the roller-coaster journey of a gritty man who constantly negotiates with destitution, desire and destiny while chasing his dream.

Selection – Thursday 24 August, 8pm
UNDIR TRÉNU (Under the tree)

Iceland, 2017, Dir. Hafsteinn Gunnar Sigurðsson, w/ Steinþór Hroar Steinþórsson, Edda Björgvinsdóttir, Sigurður Sigurjónsson and others, Comedy-Thriller, 89 mins, Icelandic w/ English subtitles, Rated: NR (R)

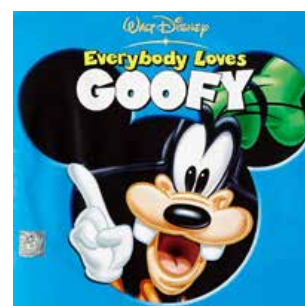
Agnes throws Atli out and does not want him to see their daughter Asa anymore. He moves in with his parents, who are involved in a bitter dispute over their big and beautiful tree that casts a shadow on the neighbors' deck. As Atli fights for the right to see his daughter, the dispute with the neighbors intensifies—property is damaged, pets mysteriously go missing, security cameras are installed and there is a rumor that the neighbor was seen with a chainsaw.

International – Saturday, 26 August, 8pm
LIVING

UK, 2022, Dir. Olivier Hermanus, w/ Bill Nighy, Aimee Lou Wood, Alex Sharp and others, Drama, English w/ English subtitles, 102 mins, Rated: PG13

Overwhelmed at work and lonely at home, a council bureaucrat's life takes a heartbreaking turn when a medical diagnosis tells him his time is short. Influenced by a local decadent and a vibrant woman, he continues to search for meaning until a simple revelation gives him a purpose to create a legacy for the next generation.

Children's Matinee—Sunday, 27 August, 4:30pm
EVERYBODY LOVES GOOFEY



USA, 2003, Dir. Danny Webb, Animation-Family, 52 mins, English, Rated: NR (G)

It's nonstop laughs as Goofy, the world's wackiest hound dog, returns to a hilarious collection of his greatest cartoon shorts. You'll love every minute of Goofy's outrageous antics in this delightful collection, overflowing with the magic of Disney animation.

Classic Film Festival@ Ciné-Club:

Ciné-Club Sunday 27 August, 8pm
LE GRAND BLEU (The big blue)

France-Italy, 1988, Dir. Luc Besson, w/ Jean-Marc Barr, Jean Reno, Rosanna Arquette and others, Adventure -Action, 168 mins, French w/ English subtitles, Rated: PG.

The rivalry between Enzo and Jacques, two childhood friends and now world-renowned free divers, becomes a beautiful and perilous journey into oneself and the unknown. It is a heavily fictionalized and dramatized story of the friendship and sporting rivalry between two leading contemporary champion free divers in the 20th century.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available. For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. *We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.*

Thanking You, Nina for MMC/CP
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Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & Newcomers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

N&N Guidelines



Hard deadline for submissions TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
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NewsAndNotes@auroville.org.in, 0413 2622133

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7):

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