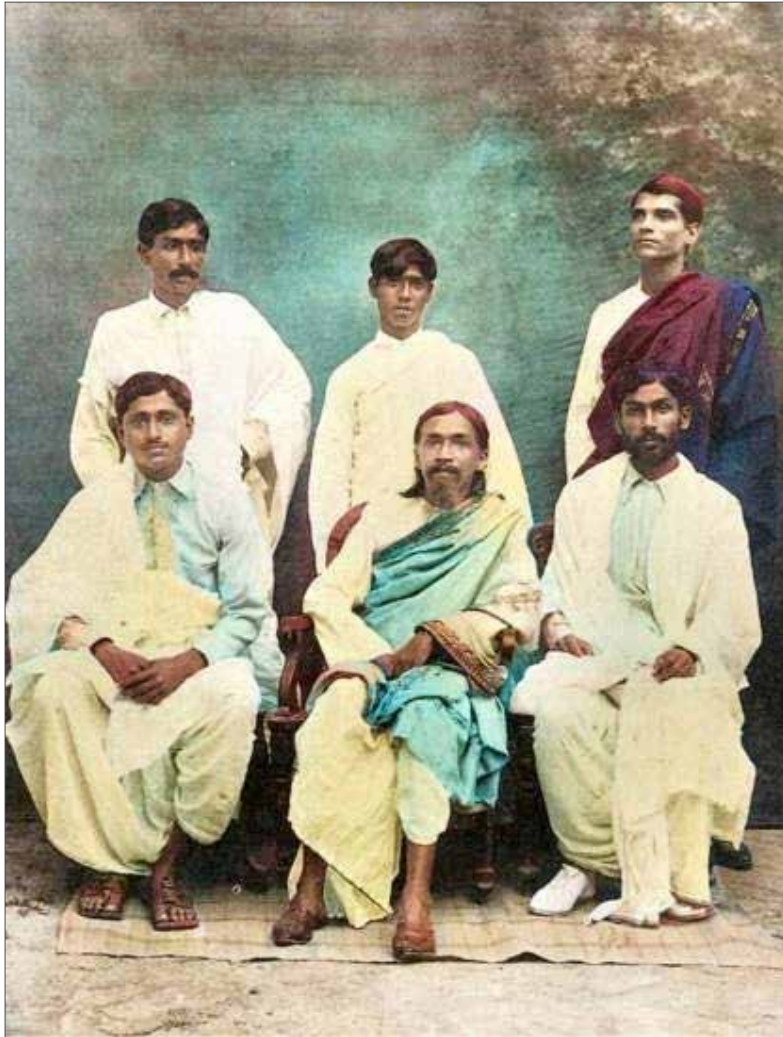




News Notes

#995 A weekly bulletin for residents of Auroville 5 October 2023



Let the Knower distinguish
the Knowledge and the Ignorance

Two are joined together,
powers of Truth,
powers of Maya, — they have built
the Child and given him birth
and they nourish his growth.

Rig Veda

Pondering



They are the seven colors of the light of the divine consciousness, the seven rays of the Infinite, and by them the Spirit has filled in on the canvas of his self-existence conceptually extended, woven of the objective warp of Space and the subjective woof of Time, the myriad wonders of his self creation great, simple, symmetrical in its primal laws and vast framings, infinitely curious and intricate in its variety of forms and actions and the complexities of relation and mutual effect of all upon each and each upon all. These are the seven Words of the ancient sages; by them have been created and in the light of their meaning are worked out and have to be interpreted the developed and developing harmonies of the world we know and the worlds behind of which we have only an indirect knowledge. The Light, the Sound is one; their action is sevenfold.

*The Knowledge and the Ignorance,
The Life Divine by Sri Aurobindo*

Contents

| | |
|--|-----------|
| PONDERING | 1 |
| HOUSE OF MOTHER'S AGENDA | 5 |
| TOWNHALL SPEAKS | 6 |
| From The Entry Service—ES # 200 | 6 |
| Entry Service Timings | 6 |
| COMMUNITY NEWS | 6 |
| Passing On | 6 |
| Ex-Chairman Of The Governing Board, Dr. M.S. Swaminathan, Passes Away | 6 |
| In Memoriam: M.S Swaminathan | 6 |
| Auroville Matters | 7 |
| Message from Matrimandir executives to all Aurovilians | 7 |
| A follow Up Information Meeting on the Latest Matrimandir Lake Development: Lake Information Meeting Part II | 7 |
| The Sun Ray In The Matrimandir Inner Chamber Is Off Center | 7 |
| Awakening Spirit | 8 |
| Savitri Bhavan, October 2023 | 8 |
| Exhibitions | 8 |
| Films | 8 |
| Full Moon Gathering | 8 |
| Dream Divine Series | 8 |
| Regular Activities | 8 |
| Dream Divine Series | 8 |
| An exhibition by Loretta: About Savitri Bhavan & Finding the psychic being | 8 |
| Interview with Sri Kireet Joshi in 2013 | 9 |
| Book Reading Circle: The Power of Now | 9 |
| Study Circle on The Synthesis of Yoga—Sri Aurobindo | 9 |
| Mudra Chi | 9 |
| Brahmanaspati Kshetram | 9 |
| Calendar of regular events, October 2023 | 9 |
| Amphitheatre—Matrimandir: Meditation with Savitri | 10 |
| Unity Pavilion: Daily Peace Meditation | 10 |
| Education | 10 |
| Auroville Institute of Applied Technology | 10 |
| Mathematics: Workshops And Weekly Sessions by Enlight Activity | 10 |
| Auroville Library | 10 |
| Weekly Timings | 10 |
| Children's storytime | 10 |
| Books | 11 |
| Weave Lifelines | 11 |

| | |
|---|-----------|
| For Your Information | 11 |
| YouthLink Open House | 11 |
| Animal Care | 11 |
| Auroville Dog Shelter Announcement | 11 |
| Long-Term Core Staff Member Position Available, 1/2 Maintenance Offered | 11 |
| Health Care | 12 |
| Morning Star Services | 12 |
| Consultations | 12 |
| Teens | 12 |
| Classes | 12 |
| Parents' Group | 12 |
| Aurodent Dental Clinic | 12 |
| Santé Services, October 2023 | 12 |
| Working Hours | 12 |
| Tests and Sample collection | 12 |
| For emergencies | 12 |
| Appointment | 12 |
| Santé Services Schedule | 12 |
| Aurokiya Integral Eye Centre @ Arka | 12 |
| The Arts | 13 |
| CREEVA Presents: Black & White In Life & Beyond by Audrey Wallace-Taylor | 13 |
| About CREEVA | 13 |
| Ikebana: Search For The Heart Of Flowers By Valeria Raso Matsumoto | 13 |
| Temporal Dimensions, by Obayya | 13 |
| Festivals | 14 |
| Auroville Singing Festival | 14 |
| Activities | 14 |
| Tango Dance Class | 14 |
| Join Bollywood Dance Session | 14 |
| Angam Tree Workshop: LA Style Salsa Dance | 14 |
| Swimming Class | 14 |
| New Creation Dance Studio: Schedule | 15 |
| Zumba | 15 |
| Salsa Dance Class | 15 |
| Auroville Tango Activities | 15 |
| Painting Classes with Sathya | 16 |
| Bansuri (Flute) Group Classes With Michael | 16 |
| Capoeira Workshop | 16 |
| Abhaya Offers Martial Arts Classes | 16 |
| Regular Classes | 16 |
| Martial Art Classes For Kids | 16 |
| Bharat Kandare Classes | 16 |
| Kalpana Gym | 17 |
| Food Forest Tour | 17 |
| Anitya: Community Lunch | 17 |

| | |
|---|-----------|
| Auroville Bamboo Centre _____ | 17 |
| Bamboo Centre Campus Tour _____ | 17 |
| Every Saturday Auroville Bamboo Tour _____ | 17 |
| Training and workshop _____ | 17 |
| Daily: Make and Take Hands On Workshops Experiences _____ | 17 |
| One-Day Make and Take Workshops _____ | 17 |
| Furniture Workshop _____ | 17 |
| Bamboo Lampshade _____ | 18 |
| 3 Hours Make and Take Workshops _____ | 18 |
| Bamboo Toys _____ | 18 |
| Bamboo Musical Instruments _____ | 18 |
| Bamboo Jewellery _____ | 18 |
| Bamboo Planter _____ | 18 |
| Upcoming Workshops _____ | 18 |
| Bamboo Furniture Design Workshop _____ | 18 |
| Bamboo Construction Workshop _____ | 18 |
| Mohanam Program: Soul of Soil _____ | 18 |
| Conscious and Cultural Tour, Workshops & Therapy _____ | 18 |
| Daily: Make and Take, Hands-On Workshops _____ | 18 |
| Mohanam campus Tour & Craft Village Visit _____ | 18 |
| Mohanam Sound healing _____ | 19 |
| Saree & Veshti Experience Tour _____ | 19 |
| Kolam Workshop (Every Friday) _____ | 19 |
| Conscious and Cultural Tour & Experience in Auroville _____ | 19 |
| Bio region Village & Temple Tour _____ | 19 |
| Thiruvannamalai Eco & Spiritual Services _____ | 19 |
| Cycle Tour with Bio-Region Youth + Breakfast _____ | 19 |
| Auroville North-West Tour + Lunch _____ | 19 |
| School of Art and Music Activities _____ | 19 |
| Workshop on Organic handmade Soap _____ | 19 |
| Auroville One Day and Half Day Tours _____ | 20 |
| Help Needed _____ | 20 |
| CREEVA: Support Needed _____ | 20 |
| Auroville Singing Festival Seeks Support _____ | 20 |
| YouthLink Matching Donations Campaign _____ | 20 |
| Support Accessible Auroville Public Bus Service _____ | 21 |
| Details of works to be done _____ | 21 |
| Honorary Voluntary _____ | 21 |
| TLC Welcomes Volunteers _____ | 21 |
| Kuilai Creative Center Looking for Volunteers _____ | 21 |
| Dogs Calling All Volunteers! _____ | 21 |
| Call For Farm Volunteers _____ | 21 |
| Gau Seva at Sadhana Forest! _____ | 22 |
| Looking For _____ | 22 |
| Looking For An Informal Spanish Teacher _____ | 22 |
| Looking for Used Skateboard _____ | 22 |
| Looking For House Sitting _____ | 22 |
| Administrator Position Wanted _____ | 22 |

| | |
|--|-----------|
| Available _____ | 22 |
| Space Available _____ | 22 |
| Hero Splendor PRO Available _____ | 22 |
| Old iPhone 6 Available _____ | 22 |
| Taxi Share _____ | 22 |
| To Chennai Airport, 15 October, 2pm _____ | 22 |
| Work Opportunities _____ | 23 |
| AIAT Looking for Green Energy and Electric Systems Faculty _____ | 23 |
| Foods, Goods and Services _____ | 23 |
| Vegan Lunch in Red Dot Cafe _____ | 23 |
| Discover the Magic of Hemp at Hemplanet! _____ | 23 |
| Fiber Optic and IT Troubleshooting Available _____ | 23 |
| Unity Transport Service _____ | 23 |
| UTS: Book Your Taxi _____ | 24 |
| Organic Quality Milk Available _____ | 24 |
| Surabhi Supplies _____ | 24 |
| Rapid Care Service _____ | 24 |
| Free store Opening Times _____ | 24 |
| Nowana Home Delivery _____ | 24 |
| Hairdresser _____ | 25 |
| Rupavathi Joy Activities _____ | 25 |
| Bio-Region Temple Tour _____ | 25 |
| South-Indian Cuisine Cooking Class _____ | 25 |
| Thai Massage _____ | 25 |
| Tailoring _____ | 25 |
| Inside Auroville _____ | 25 |
| Pest Control _____ | 25 |
| Latest News from Inside India Travel Shop _____ | 25 |
| Poetry _____ | 25 |
| Thy Hand Holds Me _____ | 25 |
| Autumn Song _____ | 25 |
| Voices and Notes _____ | 26 |
| Mother on the Lake Surrounding the Matrimandir _____ | 26 |
| In the eighties... _____ | 26 |
| Use of Science and Technology in Modern Times _____ | 27 |
| The Important Thing Now _____ | 27 |
| Another Epistemology To Legitimate Our Deep Feelings _____ | 28 |
| Languages _____ | 28 |
| Classes and Coaching: Spoken English _____ | 28 |
| Learn French By 'the Sounds Of Its Music' _____ | 28 |
| News From Auroville Language Lab _____ | 29 |
| Tomatis _____ | 29 |
| Current Language Courses at ALL _____ | 29 |
| New: English Conversation with Ramesh _____ | 29 |
| New: Private Lessons with Monique _____ | 29 |
| New: French with Jean-François _____ | 29 |
| New: Beginner Spanish with Mila _____ | 29 |
| Spoken Tamil with Saravanan _____ | 29 |
| Beginner Hindi with Alka _____ | 29 |

| | |
|--|-----------|
| German with Ben _____ | 30 |
| Italian Conversation with Fabio _____ | 30 |
| Intermediate Spanish with Susana _____ | 30 |
| Beginner and Pre-Intermediate English with Rupam _____ | 30 |
| To join or enquire _____ | 30 |
| The Language Lab is open _____ | 30 |
| Current Schedule of Classes _____ | 30 |
| Classes, Workshops & Healing Arts _____ | 30 |
| Holistic: Healing and Awareness _____ | 30 |
| Activities by Dr. Sehdev Kumar _____ | 31 |
| Yoga of Forgiveness _____ | 31 |
| Freedom from Fear _____ | 31 |
| Peace Within: Peace Without _____ | 31 |
| Pranayam Classes _____ | 31 |
| Traditional Mantra and Stotra Classes _____ | 31 |
| A Satsang on the Integral Yoga _____ | 31 |
| Angam Tree Therapies _____ | 31 |
| Sound Healing Therapy _____ | 31 |
| Massage Therapy _____ | 31 |
| Dance Movement Therapy _____ | 31 |
| Traditional Massage Therapy Classes _____ | 32 |
| Medical QiGong Training _____ | 32 |
| Arka Wellness Center & Multipurpose Hall _____ | 32 |
| Classes _____ | 32 |
| Treatments _____ | 32 |
| SatyaYuga: Energy Vibration _____ | 32 |
| A Sunlit Path Offerings _____ | 33 |
| Dhrupad Retreat _____ | 33 |
| Dhrupad Concert _____ | 33 |
| Mandalas with Intention _____ | 33 |
| Yoga of Nature Retreat _____ | 33 |
| Vérité Workshops _____ | 34 |
| Restorative Yin & Yoga Nidra: Deep Relaxation for Body & Mind with Emma _____ | 34 |
| Explore Your Five Bodies (Koshas) through the Practice of Yoga with Sabrina _____ | 34 |
| Energy Cleanse through Yoga Kriyas with Mamta _____ | 34 |
| Master Class—Sivananda Yoga with Mani _____ | 34 |
| Purify your Koshas (Bodies) through the Practice of Yoga with Sabrina _____ | 34 |
| Master Class: Mantra, Breathing & Asanas for Internal Organs with Andres _____ | 34 |
| Yoga of Forgiveness with Dr. Sehdev _____ | 34 |
| Verité Programs, October 2023 _____ | 34 |
| Workshops (pre-registration required) _____ | 34 |
| Yoga & Re-creation Programs _____ | 35 |
| Therapies (by appointment only) _____ | 35 |
| Quiet Healing Center _____ | 35 |
| Baby Watsu Class with Appie & Friederike _____ | 35 |

| | |
|---|-----------|
| Cinema _____ | 35 |
| Eco Film Club _____ | 35 |
| Schedule of Events _____ | 35 |
| Planet Earth: From Pole to Pole _____ | 35 |
| Auroville Film Institute Presents _____ | 36 |
| Abbas Kiarostami: The 'Face of Poetry' at the 'Window of Cinema' _____ | 36 |
| Course Overview _____ | 36 |
| Aurofilm At Multi Media Centre Auditorium, Town Hall _____ | 36 |
| Reminder _____ | 36 |
| Fantastic Mr. Fox _____ | 36 |
| Cinema Paradiso _____ | 37 |
| Film Program 09 October 2023 to 15 October 2023 _____ | 37 |
| Accessible Auroville Public Bus _____ | 38 |
| N&N Guidelines _____ | 38 |
| Emergency Services _____ | 38 |

EDITORS' NOTE

Dear Friends, readers of paper version!

We are working on improving the delivery of paper version of News and Notes on Fridays only with no delays.

Please let us know if you do not get your paper copy on Friday before 4:30pm.

Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery us rain on Friday.

*Light and Peace
Roy and Agni*





House of Mother's Agenda



(continued from last week)

It may well be that, once started, the [supramental] endeavor may not advance rapidly even to its first decisive stage; it may be that it will take long centuries of effort to come into some kind of permanent birth. But that is not altogether inevitable, for the principle of such changes in Nature seems to be a long obscure preparation followed by a swift gathering up and precipitation of the elements into the new birth, a rapid conversion, a transformation that in its luminous moment figures like a miracle. Even when the first decisive change is reached, it is certain that all humanity will not be able to rise to that level. There cannot fail to be a division into those who are able to live on the spiritual level and those who are only able to live in the light that descends from it into the mental level. And below these too there might still be a great mass influenced from above but not yet ready for the light. But even that would be a transformation and a beginning far beyond anything yet attained. This hierarchy would not mean as in our present vital living an egoistic domination of the undeveloped by the more developed, but a guidance of the younger by the elder brothers of the race and a constant working to lift them up to a greater spiritual level and wider horizons. And for the leaders too this ascent to the first spiritual levels would not be the end of the divine march, a culmination that left nothing more to be achieved on earth. For there would be still yet higher levels within the supramental realm, as the old Vedic poets knew when they spoke of the spiritual life as a constant ascent, –

'The priests of the word climb thee like a ladder, O hundred-powered. As one ascends from peak to peak, there is made clear the much that has still to be done.'

We have in fact spent all these centuries preparing the Base: a base of security and well-being through our science, a base of charity through our religions and morals, a base of beauty and harmony through our arts, and a mental base of rigorous exactitude, but these are all bases for something else. Absorbed as we are in our effort for perfection, we see only one angle of the great Work—the angle of earthly immortality, like the rishis; the angle of eternal Permanence, like the Buddha; the angle of charity, of well-being, all kinds of angles—but we are not going to continue playing forever like children with building blocks! None of these is an end, but only a negative condition of the Play. Nothing has really yet begun! Perhaps we are expected, first, to become conscious of the Play in order for it to begin. We have exhausted all kinds of adventures since Jules Verne, and they have all gradually closed in on us. What war, what revolution is still worth giving one's blood for? Our Everests have

all been deflowered, and the high seas are patrolled night and day; everything is monitored, precalculated, even the stratosphere. Could this be intended to lead us to the only possibility left in this increasingly asphyxiating world? We had assumed we were only shortsighted little moles on a big planet, so we proceeded to rectify the great Eye within, and our wings, by substituting a steel machinery that is now crushing us mercilessly—perhaps to compel us to believe as much in ourselves as we do in our machines, and to understand that we can realize far more than they. 'They go round and round, battered and stumbling, like blind men led by one who is blind,' said the Upanishad long ago. Perhaps the time has come to look beyond all our small constructions and to begin the Play? Instead of playing with shovels, bulldozers, gospels, and neutrons, let us clear the consciousness and cast that seed to the winds of time, that life may truly begin.

O Force-compelled, Fate-driven earth-born race,
O petty adventurers in an infinite world
And prisoners of a dwarf humanity,
How long will you tread the circling tracks of mind
Around your little self and petty things?
But not for a changeless littleness were you meant,
Not for vain repetition were you built...
Almighty powers are shut in Nature's cells.
A greater destiny awaits you in your front...

The life you lead conceals the light you are.
Glancing beyond the old wall, we see that everything is already there, only waiting for us to want it:

I saw them cross the twilight of an age,
The sun-eyed children of a marvelous dawn...
The massive barrier-breakers of the world...
The architects of immortality...
Bodies made beautiful by the Spirit's light,
Carrying the magic word, the mystic fire,
Carrying the Dionysian cup of joy...

(to be continued next week)

Satprem, *The Adventure of Consciousness*,
Chapter 17, *The Transformation*

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#066

With love and gratitude,
Gangalakshmi (HOMA)

Townhall Speaks

FROM THE ENTRY SERVICE—ES # 200

Dated: 5-10-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryboard@gmail.com or auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:



Banumathy Kanagaraju Martina Nirmalraj Thanmalar

- Banumathy ARUNKUMAR (Indian) staying in Celebration and working at Housing Service
- Kanagaraju ANNASAMY (Indian) staying in Muyarchi (Surrender) and working at Ayarpadi farm
- Martina GOTTLE (German) staying in Aspiration (Sharma's GH) and working at EcoFare
- Nirmalraj MURUGAN (Indian) staying in Newlands and working at Payanam
- Thanmalar SHANKAR (Indian) staying in Matrimandir Nursery and working at Matrimandir petals

CHILD OF NEWCOMER:

- Lathika Sri (Indian) born on 05/09/2012 (daughter of Banumathy)

NEWCOMER CONFIRMED:

- Dmitrii SEMENOV (Russian)
- Elamkathir K (Indian)
- Ganesh SHANMUGAM (Indian)
- Kavithanjali RAMACHANDRAN (Australian)
- Shubhendu DASGUPTA (Indian)
- Sujata MOHANTY (Indian)

AUROVILIAN CONFIRMED:

- Lakshmi PANNEERSELVAM (Indian)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

*Yours, The Entry Board
(Alain, Grace, Jayanthi, Lakshmanan,
Matilde, Sara, Sonja and Swadha)*

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
- Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

0413 2622707, auroville.entryservice@gmail.com

Submitted by William for The Entry Service

Community News

Passing On

EX-CHAIRMAN OF THE GOVERNING BOARD, Dr. M.S. Swaminathan, Passes Away



This is to inform the community that Dr. MS Swaminathan, distinguished agricultural scientist and the leader of India's Green Revolution, passed away today, Thursday, 28 September, at the age of 98. He was the founder and chief of the MS Swaminathan Research Foundation in Chennai, the organisation that played a key role in developing high yielding rice varieties that boosted the income and productivity of poor farmers.

As he was holding, among many other functions, the UNESCO Chair of Eco-Technology, it was not surprising that his interest in Auroville was true and lasting. Auroville was honored to have him as Chairman of the Auroville Foundation from 1997-99, and saw him as a committed friend and adviser ever since.

In 2002, during a filmed interview for Swiss TV, Dr. Swaminathan said: 'Auroville stands for fulfillment through work, work which is meaningful, work which can regenerate the environment, which can regenerate the human spirit, and can create more love and understanding and compassion among people. So, I think its message is very relevant to today's world as after the September 11th events this is the message of hope.'

We salute a great man, and great friend of Auroville.

Submitted by Mauna

IN MEMORIAM: M.S SWAMINATHAN

We regret to announce the passing of Shri MS Swaminathan who served as Chairman of the Governing Board, Auroville Foundation from 12 November 1996 to 10 March 1999. It was a great privilege for Auroville to have this association and support.



Born in Tamil Nadu's Thanjavur district, MS Swaminathan was an agronomist, agricultural scientist, plant geneticist, administrator and humanitarian. Known as the father of India's Green Revolution, his groundbreaking work in agriculture helped ensure food security for India. He was named the first World Food Prize Laureate for developing and spearheading the introduction of high yielding wheat and rice varieties in India in the Sixties when the country faced the prospect of widespread famine.

M S Swaminathan was conferred the Padma Shri, Padma Bhushan and Padma Vibhushan for his outstanding work and service and was a recipient of several other awards such as the Lal Bahadur Shastri National Award, the Indira Gandhi prize, and internationally, the Magsaysay Award and the Albert Einstein World Science Award.

Speaking of Auroville during the 50th year he commented: *At the moment, we need such initiatives to promote mutual understanding and cooperation in achieving the goals such as food, and health for all.*

Auroville was truly fortunate to have the support and understanding of this great and compassionate human being. In his acceptance speech to the residents as new Chairman of the Governing Board on 27 February 1997, he said: *Let the spiritual flame that is Auroville always remain an affirming flame in the midst of the sea of despair that we see all around. Let this flame be bright so that darkness can be dispelled. Thank you again for the privilege of serving this project*

Our deepest condolences to his family. May his soul rest in Peace.

*With our Gratitude,
Anu, for the Working Committee*

Auroville Matters

MESSAGE FROM MATRIMANDIR EXECUTIVES to all Aurovilians

Dear fellow Aurovilians, the executives of Matrimandir wish to bring to the attention of all Aurovilians that two Aurovilians, Navros Mody and Sandeep Vinod Sara, have taken it upon themselves to preempt the outcome of the General Meeting called for 2 October, 2023 at 5:30pm at Kalabhumi by instructing their lawyers to serve the following legal notice to the executives of Matrimandir.

This is in violation of the Auroville guideline that all Aurovilians undertake to follow, that Aurovilians do not resolve their differences by going to the courts.

This violation and its implications have to be the main agenda point for the meeting of 2 October, 2023 at Kalabhumi.

*Matrimandir executives,
Antoine, Divya, John, Judith, Sundar*

A FOLLOW UP INFORMATION MEETING on the Latest Matrimandir Lake Development 5:30pm, Tuesday, 10 October 2023 @ Savitri Bhavan Lake Information Meeting Part II



On 19 September the Varuna Lake Team had organized an Information-Meeting about the Matrimandir Lake. The response to this meeting was by far exceeding all expectations. About 100 people were physically present, and 950 watched the meeting online.

After the meeting we got a number of communications which expressed feelings of frustration over the fact that the meeting had to be closed after 2:15 hours, because 3 of the convenors of the meeting had to reach their flight to Hong Kong.

Therefore, we will hold a follow-up meeting on Tuesday, 10 October, again at 5:30pm, and again in Savitri-Bhavan.

This time there is no limitation to the duration of the meeting, so we will be able to discuss questions at full length.

The subjects which the meeting will address are the following:

- The targets for test-phase 1 of the MM-Lake, and the question if it makes any sense to wait for the next phase or not. According to our list of points for the research

of Phase 1, we have achieved all that had to be researched in Phase 1 and it does not add any value to our research, if we wait now. But we are of course open to look at this and discuss our standpoint.

- The desalination plant, its technical concept and its special features to meet the highest possible environmental standards.
- The concept of general water-management for Auroville, as Varuna is proposing it and the role which the Matrimandir Lake has to play in this concept.
- Our technical and scientific support for the Matrimandir Lake. Who are the scientists who accompany this project, how have we structured our flow of information and the procedure for technical decisions?
- Sharing some of the preliminary tests and research we have carried out before starting the full lake.

For those who have not been part of the first meeting on 19 September, here is the link to the youtube-video. If you want to attend the second part, it would be good to be aware of what was discussed in the first part:

- <https://www.youtube.com/watch?v=jPS62FtMkpQ>.

We would be very happy if the participation in this meeting and the interest in the subject is again as great and as full of life as it was on 19 September. We are looking forward to meeting you!

Johti for The Varuna and Lake Team

THE SUN RAY In The Matrimandir Inner Chamber Is Off Center



Sitting in the Inner Chamber this morning I watched the sunray slide across the marble of the Mother's symbol until it gently touched the white carpet of the Chamber floor.

Of course, the Ray should have been centered on the Globe, not sliding around on the Mother's symbol. (We are looking for the mechanical or digital cause of this problem, manifesting for about two weeks now, but to no avail so far.)

I thought of my old friend Ruud Lohman. He was always probing the symbolism of Matrimandir, in all its dimensions. Ruud, long gone, would have surely had a lot to say about this recent destabilization of the Sun Ray.

Clearly, something is amiss.

Perhaps it is reflecting the difficulties and agitation flooding Auroville since many months.

Until recently, a few months perhaps, this stir had not come to touch, visibly, the center of Auroville. The daily works proceeded quietly, steadily,—its gardens always offering a silent evening haven for all.

But recently, with the growing focus on the execution of lake section 2, the energetic swirl of Auroville at large has finally touched the Center. Perhaps the Center has silently called it to come close, to embrace and to solve it?

Some say that the conflict in Auroville is between forces that want to build and forces that want to block the growth of the city. Forces that want to block Auroville's physical manifestation.

My take, rather, is that the opposition is coming from forces that want to block the development of the Auroville Spirit, to prevent the growth of the true Auroville consciousness.

After all, what will be the use of building rapidly a city of concrete and glass? Will that shell then wait for some new, fresh generation of Aurovilians to come and inhabit it, to fill it with the true spirit?

Both are needed now: the physical growth of the city and the growth too, and more urgently, the growth of the true consciousness of Auroville.

Look at the world around: does it need a new city to be built? Even a new green city with all the latest adaptations to the climate crisis will only be one more green city among many now under incubation.

No. Auroville has to be the city the earth needs... the city with a Soul... with a living consciousness of unity. This is the challenge of today.

It is difficult, yes... we each have our position, our conviction of being the holder of the true point of view.... but, as the Mother encouraged us to do so many years ago, we have to strive to act from a true synthesis of views.

Reaching this truer synthesis (we will not reach the pinnacle of truth right away, of course, but we can make some first faltering steps) we will send out into the world a tiny, but very powerful vibration of the Auroville spirit... and it will find its way.

It is challenging, even frightening, to let go of our mental/ vital positions... it is an exploration into unknown territory...

To let ourselves be led by That... to be led by quiet indications coming from a higher, truer source.

But it is something urgent now, totally urgent,—for ourselves, and perhaps for the world.

Achieving this, I am sure that the Ray in the Inner Chamber will return to its center.

John H

Awakening Spirit

SAVITRI BHAVAN, OCTOBER 2023

Savitri
B H A V A N

Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall. A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

Films

Mondays at 4pm in the Sangam Hall

- **October 9:** Interview of Kireetbhai Joshi by Francois G. in 2011. Kireet Joshi's speaks about his vision of Auroville and the Mother's three steps of her actions. Duration: 89min.
- **October 16:** The Yoga of the Earth—Extracts from 'About Savitri'—with reading and comments by The Mother and paintings by Huta. Produced by Savitri Bhavan in 2016 with audio restoration and programming by Holger. Duration: 32min.
- **October 23:** Pictures of Sri Aurobindo's Poems—Part One—with paintings and recitations by Huta. A meditative film by Manohar, with music by Sunil-da. Duration: 32min.
- **October 30:** Pictures of Sri Aurobindo's Poems—Part Two—A meditative film by Manohar illustrated with paintings by Huta. The poems are read by Huta and accompanied by Sunil's music. Duration: 41min.

Full Moon Gathering

- **Saturday, 28 October, 7:15—8:15pm** in front of Sri Aurobindo's statue

Dream Divine Series

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'.

The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

- There will be a weekly session every Wednesday 4:30—5:30pm.
- The series will include presentations, films, talks, etc., followed by questions and answers.

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** Self-Surrender in Works—The Way of Gita led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Tuesdays 5:30—7pm:** OM Choir led by Narad
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** Readings and exploration of 'The Triple Soul-Forces' of Savitri led by Dr. Jai Singh
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday, 9—5

Everyone is welcome

Submitted by Dhanalakshmi
for Savitri Bhavan Team

DREAM DIVINE SERIES

An exhibition by Loretta:

About Savitri Bhavan & Finding the psychic being



Recorded Videos
In the Sangam Hall of Savitri Bhavan



On Wednesday, 11 October,
4:30—5:30pm

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to guide newcomers to understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Everyone is welcome

Dhanalakshmi,
for Savitri Bhavan Team

INTERVIEW WITH SRI KIREET JOSHI IN 2013

Monday, 9 October 2023, 4pm, at Savitri Bhavan.



Duration: 43min.

In this interview by Christine, Kireet Joshi (1931-2014) shares his feelings and unique experiences of working for the Mother and when meeting with her regularly on Sundays.

He met the Mother for the first time in 1952 and went every day to the tennis ground where the Mother played tennis. He got the perception that when she was playing with the ball she was playing with the whole universe. Leaving Pondicherry and back at his place, he saw the Mother everywhere, for seven days.

In 1956, Kireet Joshi came to the Sri Aurobindo Ashram to reside there permanently. He worked in the Ashram Press, the Ashram Library, and then at the Centre of Education. There, the first task was to write a letter to the Prime Minister of India about the Centre of Education and ask for support. The Mother liked the letter and had it printed in the Ashram Bulletin. He studied Sri Aurobindo in-depth before he came for good to the Ashram and thus mastered his philosophy of education.

In 1959, the Mother named the Ashram school Sri Aurobindo International Centre of Education, and until today it has served as a field for experiment and research in education. Experimenting with integral and free education and its unfolding marked the beginning of Kireet Joshi's work with the Mother. Pavitra became the 'post office' between him and the Mother. Twice a day he met Pavitra and Kireet Joshi's questions were brought to the Mother. In 1969, Pavitra left his body, and shortly after, at the samadhi, Champaklal happily informed Kireet that the Mother would like to see him every Sunday in the morning. These Sunday meetings lasted from 18.5.1969 until 30.3.1973.

He prepared well for these meetings and asked the Mother many questions about the Centre of Education, about Sri Aurobindo's Action and Auroville. She would assume the attitude of concentrated listening and her answer would come immediately. She never seemed to be in a hurry. When he spoke, she heard it perfectly, and she replied precisely to each of his questions.

The atmosphere of these meetings was comfortable, easy, and full of love. It was the most joyous time of his life, a golden time in the presence of the Divine Mother.

Professor Kireet Joshi dedicated his whole life to write and publish about the theory and practice of an all-round development of body, mind and soul education and the Integral Yoga of Sri Aurobindo and The Mother. He was actively involved in altering the Indian educational system.

He also established the Sri Aurobindo International Centre of Educational Research (SAILER) at Auroville, and in 1999-2004 he was the chairman of the Auroville Foundation. He always believed in the bright future of Auroville.

This interview given on 15 March 2013 in Pondicherry was one of the last interviews of Kireet Joshi.

- It is available on YouTube: <https://www.youtube.com/watch?v=hGeid61dkqs>

Submitted by Margrit

BOOK READING CIRCLE

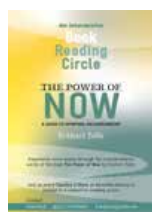
The Power of Now

Every Tuesday 6:30—7:30pm

Experience inner peace through the transformative words of the book 'The Power of Now' by Eckhart Tolle. Join us at the Auroville Library to engage in a collective reading circle.

Contact: (91) 7678208825,
b.deb253@gmail.com

Debashish



STUDY CIRCLE



BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

on The Synthesis of Yoga—Sri Aurobindo

On the Occasion of Sri Aurobindo's 150th Birth Anniversary

Sri Aurobindo Centre, Resource Library

Tuesdays, 4:30—5:30pm

- An exploration, led by Deepti Tewari

Since Two Years Bharat Nivas has been holding a weekly Study Circle on The Synthesis of Yoga—Sri Aurobindo

The Mothers very last message to Auroville: Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of work.

To live in Auroville means to do the Yoga of work. So all Aurovilians must take up a work and do it as a yoga

27.03.1973

She also said: 'Programme: Research through experience of the Supreme Truth. A Life Divine. But no religions

02.05.1970

Regards, Vani, BN Cultural Team
0413 2622253



MUDRA CHI

Every Tuesday at 4:30pm.

At Savitri Bhavan

Facilitator Anandi.ayun.

Everybody Welcome!

Submitted by Anandi

BRAHMANASPATI KSHETRAM

Calendar of regular events, October 2023



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

*To my dear little child
live only for the Divine*

Calendar of regular events of October 2023

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

Every Friday 5:30 - 6.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

29th, Sunday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

kshetram2014@auroville.org.in

Location



AMPHITHEATRE—MATRIMANDIR

Every Thursday at Sunset (weather permitting)

5:30—6pm

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

- Dear Guests, please carry your Guest Card with you
- Access only for the Amphitheatre from 5:15pm and for the meditation time.

Thank you, Surya and Amphitheatre Team

UNITY PAVILION: DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

Education

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Auroville Institute of Applied Technology is **conducting skills and employability centric Bachelor Degree courses** in

- Software Development & Machine Learning
- Green Energy and Electric Systems
- Production Technology



All these courses are affiliated with Pondicherry University at AIAT campus in Aurobrindavan near the Tollgate !

The Education at AIAT is practicing Integral Yoga, Indian heritage, Meditation, Physics, Mathematics, English and Entrepreneurship as minors in addition to the major subjects.

The classes are conducted in 'Dual Mode' i.e. students are learning at the Institute's campus but also at the industrial campus. At Industrial campus students are learning by doing under the guidance of the people in the industry. During the internship period of 2 months/ year they may also get some financial support from the industry!

Till date AIAT has admitted 16 Students in Software Development & Machine Learning and 2 in Green Energy and Electrical Systems. The admission is being done through CENTAC but also directly. Students who have passed out +2 or 10th+ 2 years ITI are eligible for admission at AIAT College. Theist date of admission to the college is 14.10.2023!

AIAT charges affordable fees. AIAT offers special bus transport for students from Pondy or Vanur Block. Special discounts are available for Girls candidates.

For more information regarding admission or Curriculum or job opportunities pl. contact

- Auroville Institute of Applied Technology
- phone: 0413 2964055
- or mobile: 8903166923

Submitted by Lavkamad

MATHEMATICS

Workshops And Weekly Sessions by Enlight Activity.



Dear Reader, please take a note of the regular offerings by enlight as mentioned below.

- **Math is a play:** Weekly sessions for elementary levels, 1st and 2nd graders on visual mathematics.

These sessions offer a groundwork for middle school and high school math concepts in a playful, non-rigid way. We work together to understand these concepts through various experiences around us which later prove helpful in learning the same concept in a classroom.

These sessions are ideal for parents and children who are long term residents of Auroville.

- Every Saturday, 10am -12pm @ The European House Please request an appointment to take it further.

- **Integral Education and Mathematics:** An Introductory workshop on Integral Education and Mathematics for short-term residents and visitors.

This two hour workshop is ideal for parents, teachers and anyone above 18 yrs who would like to learn from the writings of The Mother and Sri Aurobindo and how an understanding in mathematics can support an individual on the path shown by them.

- Every Friday, 4pm—6pm
- **To join or enquire about any of the above activities,** please connect via email enlight@auroville.org.in or phone, Snehal, 9529673687
- To understand our learning approach; please click on the link to listen to our podcast with Auroville radio <https://www.aurovilleradio.org/interview-with-snehal-d-roy/>
- This event is contribution based

*Arun, Anand and Balaji
For Enlight team*

AUROVILLE LIBRARY

Weekly Timings:

- **Mornings:** Monday—Saturday, 9am—12:30pm
- **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

Story time At the Auroville Library!

Every Saturday, 10—11am:

Children's storytime.

- **Contact:** 0413 2622894, avlib@auroville.org.in
- **Web:** library.auroville.org.in/



*Kristen
for Auroville Library*



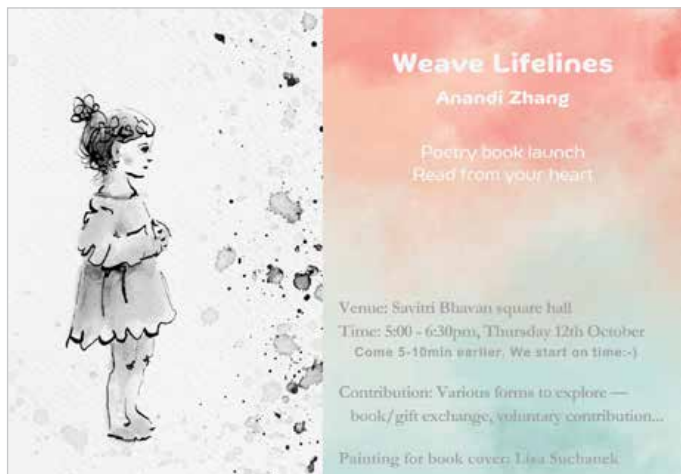
Books

WEAVE LIFELINES

5—6:30pm, Thursday, 12 October

@ Savitri Bhavan Square Hall

Weave Lifelines by Anandi Zhang Poetry book launch.



Painting for book cover: Lisa Suchanek

Read from your heart

- Come 5-10 min earlier. We start on time
- **Contribution:** Various forms to explore — book/ gift exchange, voluntary contribution...

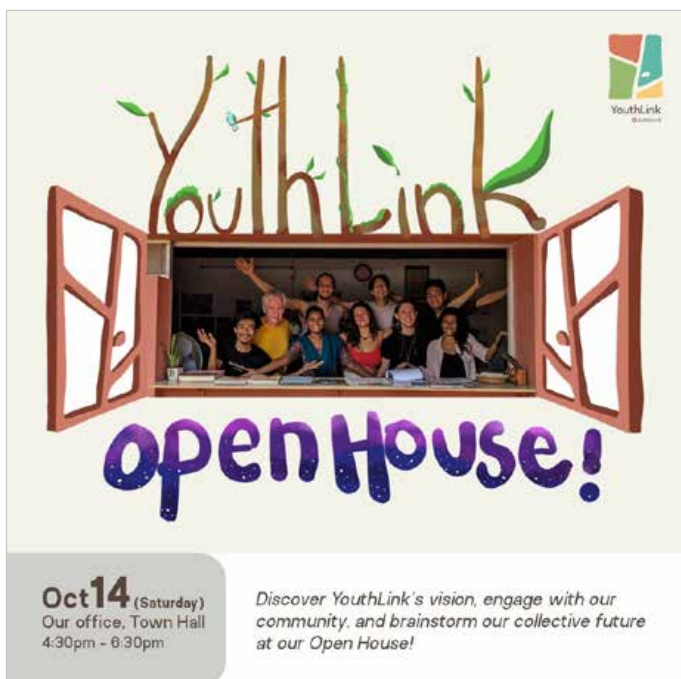
With joyful Gratitude, Anandi Z.

For Your Information

YOUTHLINK OPEN HOUSE

14 October, Saturday, from 4:30—6:30pm

In front of our office at Town Hall



YouthLink warmly invites you to our open house on 14 October, Saturday, from 4:30—6:30pm, in front of our office at Town Hall! The main aim of this open house is to engage with our community, to introduce ourselves, to showcase what we have been doing so far, and to brainstorm together on our collective future.

- **4:30pm:** Presentation by the team
- **5:30pm:** Feedbacks and suggestions with focus groups
- **6:15pm:** Closing

Presentation: Who we are, how we have organized ourselves, insights that we have gathered on self organization and team management.

Feedbacks: We will be divided into the 5 coordination groups of YouthLink (Administration, communication, outreach, education, projects) and one can freely move from one group to another, discussing and brainstorming on future directions.

Closing: a music sharing session to close off in a warm and collective manner.

Let us put our brilliant minds together to shape a beautiful, vibrant future!

Namu for YouthLink Team

Animal Care

AUROVILLE DOG SHELTER

Announcement

As announced in our September transparency report, Lore bid farewell to the shelter at the end of September to pursue her personal dreams. Over the last six weeks, we've been actively seeking a qualified candidate for a half-maintenance position, but unfortunately, no one has come forward to join our team. Despite having hired a second veterinarian which enables us to provide the best quality care for our 300 resident dogs seven days a week every afternoon, our ability to respond to emergency rescue calls is currently limited.

- Until we fill the position of a rescue driver who is also legally qualified for canine first aid, **we can only respond to rescue calls during daytime hours, from 9am to 5pm.**
- For any emergency rescue calls outside of these hours, please reach out to BARK India.



Thanks, Arthur

for The Auroville Dog Shelter Team

LONG-TERM CORE STAFF MEMBER POSITION

Available, 1/2 Maintenance Offered



The Auroville Dog Shelter is in a phase of expansion, and to match our growth, we are offering an opportunity for a dedicated dog lover to join our permanent core staff team. This role entails assuming responsibilities and necessitates your ability to work within our team.

- **In exchange for 25 hours of work per week** (spread across 5 days), we are able to offer 1/2 maintenance to Aurovilians or Newcomers, who are willing to work hand-in-paw with us to elevate the dog shelter to new heights. Beyond caring for our cherished four-legged residents, you will share responsibilities as an integral part of our core team. This role may also involve participating in dog rescues (holding a valid driver's license is a big bonus) and assisting our veterinarian.

Given the training, dedication, and responsibilities involved, we request a commitment of a minimum of one year following a trial period. This position requires the ability to handle stress, engage in physically demanding tasks, maintain a disciplined work ethic, and, above all, you need to show a profound love for animals.

- **For further details and to arrange an interview,** please feel free to contact Coco at +33672046070 or Arthur at 8122225266 via WA.

We look forward to welcoming you to our core staff team in the near future.

Thanks, Arthur

for The Auroville Dog Shelter Team

Health Care

MORNING STAR SERVICES

Morning Star is a unit of the Health and Healing Trust, made up of midwives and doulas who support pregnancy, childbirth, breastfeeding and offer women's wellness GYN care in Auroville. We offer our services to all and invite you to participate and benefit. Our goal is to bring respectful health and maternity care to women and families in Auroville.



Consultations

Consultations available with midwives, doulas and breastfeeding advisors. We offer consultations at Santé during pregnancy and through the child-bearing year. We provide well-woman care including Pap tests, and other screenings, menarche through menopause.

- Book an appointment through Sante: 0413 2622803

Teens

We offer consultations for teenagers by appointment with strict privacy protocol.

- Contact by email morningstar@auroville.org.in

Classes

Childbirth preparation classes, including fathers, are offered throughout the year.

- Location: Hall of Light, Creativity Community
- Time: Wednesday evening
 - 5—6pm, Movement classes like Yoga, dance, breath work, etc
 - 6—7pm, Education on various aspects of pregnancy, birth, new-born and breastfeeding
- Most of the sessions are offered in English and Tamil.
- To join the classes: Bala, +91 9892699804 WA

Parents' Group

Rotem is planning a support group for mothers and fathers who have had a baby in the last year.

- 10—11:30am, Wednesday mornings, Hall of Light
- Interested? Rotem, +91 8056888715 WA
- If you would like to know more about our work email us at morningstar@auroville.org.in
- For general administrative queries: Bala, + 91 9892699804 WA.

Best Regards, Balaganesh SIVA

AURODENT DENTAL CLINIC



Dental Clinic
Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sutha

SANTÉ SERVICES, OCTOBER 2023



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

| | |
|---|--|
| Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday | Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary |
| Ayurveda with Dr.Be & Dr.Sonia: Monday/ Tuesday/ Wednesday/ Thursday/ Friday | Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday |
| Acupuncture with Andres: Monday/ Tuesday/ Wednesday/ Thursday/ Saturday | Homeopathy with Michael: Monday/ Wednesday/ Saturday |
| Integrative Psychotherapy with Juan Andres: TOS | Physiotherapy with Arun: Monday to Saturday |
| Functional Medicine with Lize: Monday to Saturday | Physiotherapy with Rebeca: Monday/ Wednesday/ Friday |
| Bio-Well Assessment (Evaluation of your well-being) with Helena: As per availability | Physiotherapy & Massage with Galina: Monday to Friday |

- *In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.*
- *In case of cancellation or to reschedule, it is necessary to inform us in advance.*

Dasha for Sante Services

sante@auroville.org.in

<http://sante.auroville.org.in>

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours: Monday—Saturday, 9am—5:30pm

The following services are provided

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available




Aurokiya Integral Eye Centre
Eye Yoga & Vision Therapy Sessions
 The sessions enhance visual skills eye-tracking, focusing, convergence, eye-hand coordination, visual processing speed, and more!
 Join sessions at your convenience to rejuvenate, relax, refresh and remove your glasses dependence
 CONTACT US FOR YOUR SESSIONS
 www.aurokiya.com
 aurokiya@gmail.com: aurokiya@auroville.org.in
 +91 80123 05151 : +91 94880 05685
 PLACE
 Arka Wellness Centre



Contact

- aurokiya@auroville.org.in; aurokiya@gmail.com
- WA/ Mobile: 8012305151, www.aurokiya.com

Thanks, Aurosugan,
Aurokiya team

The Arts

CREEVA PRESENTS: Black & White In Life & Beyond by Audrey Wallace-Taylor (1933—2023)

Art Exhibition cum Fundraiser For CREEVA
7—24 October 2023 @ Pitanga

The exhibition will be open Monday to Saturday
8:30am—12:30pm and 2:30—5:30pm

Organized in loving memory for Audrey by CREEVA and her close friends. Proceeds from sales of the exhibition will support CREEVA, Audrey's art and life project in Auroville.

About CREEVA:

CREEVA is a platform to experience art first hand, where one can experiment with mediums, form, themes.

Creeva offers the chance to go on a journey to find expression, as each one has an individual expression and style; the way you speak, the way you walk and move. CREEVA allows such deep exploration; one can practice the yoga of art regularly and peacefully.

The founder of Creeva was Audrey. In the early years she was gifted with the means to explore, to find her own expression, to follow her passion to paint, to draw. Audrey has passed on into the Light but Creeva remains, to offer the opportunity to any who would avail themselves of such freedom, such possibilities of exploration.

Love, Andrea

Pitanga Cultural Centre,
2622403 / 9443902403 WA, info@pitanga.in

IKEBANA: SEARCH FOR THE HEART OF FLOWERS

By Valeria Raso Matsumoto

From 13 to 21 October 2023 @ Centre d'Art,
Citadines, 10am—12pm, 2—5:30pm
Opening on Friday, 13 October, 4pm

About Ikebana, by Valeria Raso Matsumoto

Ikebana is the Japanese Art of Flower Arrangement. It is a disciplined art form where the arrangement is a living thing in which nature and humanity are brought together. It is steeped in the philosophy of developing a deep connection with nature.

In the most traditional school of Ikebana, the three main elements of the composition are said to represent Heaven, Humanity and the Earth. In Ikebana, empty space plays an essential part of any arrangement.

The elements, placed asymmetrically, are given emphasis by the empty spaces. Thus, the totality of a well-done arrangement brings about a state of serenity and peace to the viewer.

Born around the 6th AD in Japan as a religious offering at Buddhist temples, Ikebana slowly became popular among the aristocracy and the samurai class. To reach a state of peace of mind and a state of concentration before going to battle, some samurai would perform both Ikebana and Tea Ceremony to purify their heart and mind. By the 16th century, Ikebana had become a Zen practice.

One becomes quiet when practicing Ikebana. One becomes more patient and tolerant of differences. The ephemeral side of Ikebana helps us to not become attached to the material creation, but rather to love and respect it in the real moment of its existence. Together with some flowers, leaves, a vase and our inner being, we achieve silence and harmony between Nature and ourselves.

Valeria Raso Matsumoto was born in Sicily, Italy. Graduated in Psychology at the University of Padua. She has sailed around the world for 8 years with her husband Kenji Matsumoto. She lived for 15 years in Japan where she studied Ikebana for 10 years. She graduated from the Sogetsu school of Tokyo with the stage name Suiren (Water Lily). Since 2001 she has been living and teaching Ikebana in Auroville.

Please park at Town Hall

Marco

TEMPORAL DIMENSIONS, BY OBAYYA

@ Centre d'Art, Citadines



- Exhibition is open till 7 October 2023
- **Gallery hours:** Monday to Saturday, 10am—12pm and 2—5:30pm
- Please Park at town hall parking.

Thank you, Marco



Festivals

AUROVILLE SINGING FESTIVAL

14 October, Saturday, 7:30pm and
15 October, Sunday at 5:30pm @ CRIPA.

Dear Auroville Family! The AV Singing Festival will take place on 14 October, Saturday at 7:30pm and 15 October, Sunday at 5:30pm in Cripa.



We invited participants from all national backgrounds to join this beautiful event. The theme is 'Singing Hearts of Auroville'. We Formed Two Different Sets Of Performances For Two Different Days!

AVSF team: Shakti, Marta, Rolf, Ok, Antoine

Activities

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

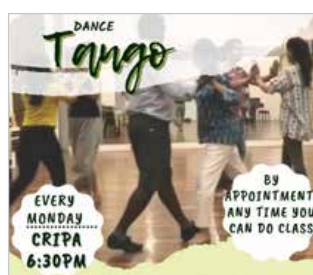
By appointment: any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

- +918637633696, bakisatadance@gmail.com.

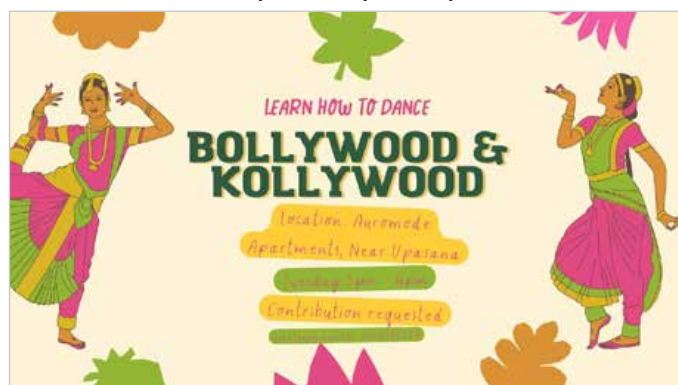


Submitted by Mani

JOIN OUR BOLLYWOOD DANCE SESSION

@ Auromode!

Every Tuesday, 5—6pm



Auromode Apartments, Near Upassana and CSR

Are you ready to groove to the vibrant beats of Bollywood and Kollywood music? Look no further, because we've got just the dance session for you!

Meet our talented instructor, Pranathi, who brings over a decade of experience as a trained Bharatnatyam dancer. She has been sharing her passion for dance by choreographing and teaching both children and adults for the past 5 years.

Whether you're a seasoned dancer or just looking to have some fun and learn new moves, this is the place to be! Impress the world with your epic dance skills.

For more information and to reserve your spot, contact:

- balaganesh.siva@gmail.com, +919446762034 WA only

Don't miss out on the chance to add some Bollywood and Kollywood flair to your dance repertoire. See you on the dance floor! Contribution Requested.

Balaganesh SIVA

ANGAM TREE

Workshop: LA Style Salsa Dance



Salsa is dance from Los Angeles, It's all with Music & Dance with Presence of mind. It is a Fun, Great skill to have in life, a way to make new friends, relieves stress, builds confidence, exercise and universal dance.



- Beginner, Basic steps (40 minutes): Front and back, Side to side, Cross legs, Front turning, Back turning
- Practice with Partners with all basic steps (20 minutes)
- Break (10 minutes)
- Partner sequences. Turning and leading. How to get the beats or rhythms. Dance with Partners
- Feedback sessions
 - Contribution based. You can learn more about us and register on www.angamtree.com/workshops

+91 9751395939, www.angamtree.com

Thank you, Raja Narayanasamy

SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact +91 8637633696



Mani

NEW CREATION DANCE STUDIO: SCHEDULE

- These are drop in classes, no experience needed.
- Ballet classes for teens only.
- Please contact Savitri for any info:
savitri@auroville.org.in or 8940477667

| Timings | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------|--------------------------|------------------------|-------------------|---------------------------------|----------------------------|--|
| 7am | | | | | | |
| 8am | | | | | | Pilates basic (Savitri) |
| 9am | Aikiyam ATB (Isora) | | | | | Fleur ballet teens |
| 10am | | | Animal Flow (Dev) | | | Fleur ballet teens |
| 11am | | Aikiyam ATB (Isora) | | | | |
| 12noon | | | | | | |
| 12:30pm | | | | | | |
| | Cleaning No classes | | | | | |
| 1pm | | | | | | |
| 2pm | | | | | | |
| 3pm | | | | Gymnastic private (Terra) | Ballet private | |
| 4pm | Fleur ballet teens | Elodie practice | | | Elodie practice | |
| 4:45 | | | | | | Power Flow Movement (Purvi) From 4:30 to 6 |
| 5pm | Pilates interm (Savitri) | Fitness Dance (Elodie) | | Fitness on Swiss ball (Savitri) | Low Impact toning (Elodie) | |
| 6pm | Zumba (Preethi) | Salsa (Mani) | | | | Salsa (Mani) |

Submitted by Savitri

ZUMBA

Zumba classes are happening
@ New Creation Studio every Monday, 6pm



New Creation Dance Studio
Sweatout & Smile
ZUMBA
Every Mondays!
With Preethi
For regular classes
DM: 8281746763

SALSA DANCE CLASS

- **Beginner Class:**
Every Tuesday, 6:30pm
- **All Levels:**
Every Saturday, 6:30pm
- **By appointment:**
any time you can do Salsa, Bachata Kizomba
- **Need To Bring:**
Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:** +918637633696



Mani, @bakisata_dance

AUROVILLE TANGO ACTIVITIES



HARMONY Starting JULY
WEEKLY TANGO
AUROVILLE TANGO

Monday, Class

7pm intermediates;
8pm beginners

Wednesday, Practica

7:30pm guided practica
8pm practilonga

Friday, Open Source

6:30-8pm



Venue: Harmony Hall, Bharat Nivas

No partner required,
bring socks or dance shoes
and plenty of cheer!

+91 98211 66082, tango@auroville.org.in

Submitted by Aurevan

PAINTING CLASSES WITH SATHYA

- Watercolor Class By Sathya.
Every Monday 5—7pm.
- Life Drawing Session.
Every Tuesday 5—7pm.

Contact: +91 9486145072 WA



Warmly, Sathya

BANSURI (FLUTE) Group Classes With Michael

The Sound of Bamboo Various Styles of the Indian Flute



- Kalabhumi Music Studio
- Every Friday
 - Beginner: 11am—12pm,
 - Advanced: 12noon—1pm
 - Drop in is possible at any time, flutes available to borrow or buy.
- Contribution:
 - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
 - Guests: Contribution required
- More Info: www.the-sound-of-bamboo.com
- To Donate: <https://pay.auroville.org/divine-arts>
- Learn More About Divine Arts:
 - <https://auroville.org/page/divine-arts>

Warm Regards, Dave,
+440 7564119728,
djsevans87@gmail.com

CAPOEIRA WORKSHOP

Friday, 6 October, 5—7pm
@ Deepanam School

We are happy to inform you that YouthLink is offering you a Capoeira workshop happening at Deepanam School!

- Taking place on Friday, 6 October, taught by Ginga Saroba Group.



Afro-Brazilian martial art incorporating music, dance and movements. It was developed in Brazil during the 18th century. Derived from traditions brought across the Atlantic Ocean by enslaved Africans and fueled by the burning desire for freedom. It soon became widely practiced on the plantations as a means of breaking the bonds of slavery, both physically and mentally.

Join us to discover a piece of history through a fun and beautiful martial art.

- This workshop starts at 5pm until 7pm.
- To register email us at youthlink@auroville.org.in or come to our office in Town hall between 9:30am & 12pm and 2 & 4pm to sign up.

Warmly, Nivetha from Youthlink team

ABHAYA

Offers Martial Arts Classes

Abhaya is an Aurovilian Activity that offers classes of martial arts since 2015. Our coaches are former pro-fighters with extensive experience in training and teaching. Our philosophy is to train both the external and the internal aspects of martial arts: test our skill and be confident about the efficiency of the techniques, but also develop an inner sense of progress and become aware of our state of consciousness under pressure, through self awareness and self-discipline. Our classes are open to students of all levels, we have both absolute beginners and students that have already competed in elite tournaments.



Regular Classes

- Monday 5:30pm: Neijia (internal martial arts) and self defense
- Wednesday 5:30pm: Grappling and MMA
- Friday 5:30pm: Kickboxing and K1

Contacts

- abhaya@auroville.org.in, 9487340778 WA
- Check our work and follow us here: https://www.instagram.com/giacomo_writer_auroville/



Martial Art Classes For Kids

- Tuesday, 5:30pm @ Dehashakti Gym.

Dear Community, Abhaya is receiving a lot of requests about martial art classes for kids.

We are happy to share that we can start offering classes for kids from the age of 7 to the age of 14 for the month of August, every Tuesday at Dehashakti Gym at 5:30pm.

The instructors are Chloe, Brazilian Jiu Jitsu blue belt, and Giacomo, certified instructor of self defense and MMA.

We will mainly offer Brazilian Jiu Jitsu, which is a very safe practice and at the same time one of the most efficient forms of martial art.

- <https://www.youtube.com/watch?v=ZzEB-GtOjys>
- Please contact us to sign up: abhaya@auroville.org.in or 9487340778 WA



Bharat Kandare Classes

Abhaya has the great pleasure to host one of the best Indian fighters ever: Bharat Kandare, the first Indian UFC fighter in the history of MMA. Do you wanna train with us?

- Contact Abhaya via email abhaya@auroville.org.in or via 9487340778 WA for more info.



See you on the tatami, Giacomo



KALPANA GYM

Kalpana Gym has a new Caretaker

It is open

- 7—9am & 5—8pm
- Monday To Saturday

All Are Welcome!

Satyakam

FOOD FOREST TOUR

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious

VEGAN ICE CREAMS and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and infos whats app Sarah 9047421044

www.myfoodforest.info
myfoodforestgarden@gmail.com

Sarah

ANITYA:

Community Lunch

ANITYA
JOY OF IMPERMANENCE
HUMAN UNITY, SUSTAINABILITY & CONSCIOUSNESS

JOIN OUR COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members

Every Thursday & Saturday- Contribution required

Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:
Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

Anitya is a community project registered under LEAD, Auroville.
Location: Center Field, after center GH, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in

Love and light,
Serena

AUROVILLE BAMBOO CENTRE

October Program 2023



Bamboo Centre Campus Tour

AUROVILLE BAMBOO TOUR!

Discover

- Treehouse
- Bamboo Food
- Bamboo Species
- Bamboo Sound Garden
- Showroom

EVERY SATURDAY
11:30 AM - 12:30 PM
AUROVILLE BAMBOO CENTRE

with
Special Bamboo Lunch!
pre-book at minimal cost*

Our team will be happy and helpful to share bamboo work and its many gifts.

Note: People are requested to manage their own transport & contribution for the tour is mandatory.

Mobile : +91 8300949081
Telephone: 0413 2623806
Email : bamboocentre@auroville.org.in

Auroville Bamboo Centre,
Kottakarai, Mangalam Campus
Auroville 605 111

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- Timings: 11am—12:30pm; 2:30pm—4:30pm
- Days: Every day except Sunday
- Registration: One day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- Timings: 11:30am—12:30pm
- Days: Every Saturday
- Registration: One day in advance.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily: Make and Take Hands On Workshops Experiences

One-Day Make and Take Workshops

Furniture Workshop

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

- Timings: 9am—12:30pm; 1:30pm—5pm
- Days: Every day except Sunday
- Registration: One day in advance.

Bamboo Lampshade

Come and learn to make your own Bamboo Lampshade at Bamboo centre and take home your own handmade lampshade at the end of the workshop.

- Timings: 9am—12:30pm; 1:30pm—5pm
- Days: Every day except Sunday
- Registration: One day in advance.

3 Hours Make and Take Workshops

Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- Timings: 9am—12:30pm or 1:30pm—5pm
- Days: Every day except Sunday
- Registration: Walk-in registration available

Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional craftsmen and take home your own hand made instrument at the end of the workshop.

- Timings: 9am—12:30pm or 1:30pm—5pm
- Days: Every day except Sunday
- Registration: Walk-in registration available

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- Timings: 9am—12:30pm or 1:30pm—5pm
- Days: Every day except Sunday
- Registration: Walk-in registration available

Bamboo Planter

Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.

- Timings: 10am—12:30pm or 2:30pm—5pm
- Days: Every day except Sunday
- Registration: Walk-in registration available

MAKE & TAKE WORKSHOPS
An immersive learning experience that offers the opportunity to learn the fundamentals of bamboo products under the guidance of an expert.

JEWELLERY, TOYS & MUSICAL INSTRUMENT WORKSHOP

MONDAY TO SATURDAY | 09 AM TO 12 PM / 02 PM TO 05 PM | 3 HOURS

FURNITURE WORKSHOP

MONDAY TO SATURDAY | 9 AM TO 5 PM | FULL DAY

Mobile : 08300949081
Telephone: 0413 2623806
Mail: bamboocentre@auroville.org.in

FOR REGISTRATION & INQUIRIES :
PREBOOK A DAY IN ADVANCE

Auroville Bamboo Centre
Kottakarai road, Mangalam
Auroville, Tamil Nadu, 605 113

Upcoming Workshops

Bamboo Furniture Design Workshop

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs, tables, shelves, etc...

- The Bamboo Furniture workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.
- Dates: 10 to 12 October

Bamboo Construction Workshop (Wall Panel Making)

This workshop focuses on Bamboo construction technique from bamboo and various natural materials making dis-mandible Wall Panels.

- The Bamboo Construction workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.
- Dates: 26 to 28 October

For more information, special requirement, and pre-book-ing contact:

- Preferred through Email at bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or telephone number: +91 8300949081, 0413 2623806, 2964727

Flexible training dates offered to groups

- Contact: Voice call and WA 8300949081

www.aurovillebamboocentre.org

Murugan For Bamboo Centre

MOHANAM PROGRAM:

Soul of Soil

Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture for October 2023



Conscious and Cultural Tour, Work-shops & Therapy

Make and take hands-on workshops

- Terracotta
- Soap Making
- Kolam Mandala Painting
- Coconut shell craft
- Incense Making
- Lampshade & Paper Marbling
- Stone Carving

Daily: Make and Take, Hands-On Workshops

- @ Bio region Art & Craft Centre (Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam campus)
- Advance booking is necessary
- Contact: Preferred through e-mail at mohanamprogram@auroville.org.in, or call +91 8300949079
- Timing: 10am—4pm
- Day: Every day, Except Sundays

Mohanam campus Tour & Craft Village Visit

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, sound healing, hands on make and take—art and craft workshops at bio region art and craft centre, Lively one vil-lage boutique with products by bio region village artisans, saree & veshti library, local traditional lunch, herbal tea.

- Timing: 10am—4pm
- Day: Every day, Except Sundays

Mohanam Sound healing

Book your sound healing session / south bath for groups at Mohanam village heritage centre. A journey into silence, voice, movement and meditation inspired by nature and rhythmic waves we dive into an inner exploration of embodiment and expression. Union of mind, body and spirit through celebration of sound to enhance the sense of balance and reconnect one to their own consciousness.

- **Advance booking** is necessary
- **Contact:** Preferred through e-mail at mohanamprogram@auroville.org.in, or call +91 8300949079
- **Timing:** 10am—4pm
- **Day:** Every day, Except Sundays

Saree & Veshti Experience Tour

Let the magic of Saree & Veshti adorn you!

Choose a saree and Vashti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape / wear the saree & Vashti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience

- **Days & Date:** All working Days except Sunday,
- **Timing:** 10am—4pm
- **Advance booking** is necessary
- **Contact:** Preferred through e-mail at mohanamprogram@auroville.org.in, or call +91 8300949079

Kolam Workshop (Every Friday)

Join for Spiritual Kolam walk and let the inner spirit and emotions lead the flow of Kolam. Enjoy the Delicious Tamil breakfast after the small trip inside the village, early in the morning made by local women to support them economically.

- **Meeting point:** Mohanam Heritage Village
- **Day:** Every Friday, 4 to 6pm
- **Email:** mohanamprogram@auroville.org.in
- **Phone:** 8300949079

Conscious and Cultural Tour & Experience in Auroville

The future of the world (Integral—Consciousness—Responsible—Education—Empowerment—Sustainability)

Bio region Village & Temple Tour

- Bioregion historical, monument, heritage education-tour
- Auroville Forest tour
- Auroville Farm tour
- Auroville North-West experience
- Auroville Entrepreneurship tour
- **Includes** Tea and snacks, **duration:** 2 hours.
- **Date:** 1-day advance booking is necessary
- **Day & Timing:** Every day 10am—5pm

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services: Aurunachala—Auroville: Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in, 8300949079

Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles. The route shall include the following destinations-

- **Includes** Tea and snacks, **duration:** 2 hours.
- **Date:** 1-day advance booking is necessary
- **Day & Timing:** Every Saturday & Sunday, 6—8am

Auroville North-West Tour + Lunch

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- **Date:** Every day, 10:30am—1pm, Except Sunday
- **Meeting / Starting Point:** Visitor center, 1-day advance booking is necessary for group bookings (for single bookings at least before 10 am)
- **For Bookings:** mohanamprogram@auroville.org.in or call us at: +91 8300949079

School of Art and Music Activities

Classes available for Kids 5 to 15 years old

| Class | Day and Time |
|---------------------------|-----------------|
| Silambamb | Sunday, 8am—9am |
| Western Dance | Sunday, 1pm—2pm |
| Indo African Djembe Class | Sunday, 1pm—2pm |
| Karate and Kick Boxing | Sunday, 8am—9am |

For more information, contact us:

- mohanamprogram@auroville.org.in, 8300949079

Workshop on Organic handmade Soap



Workshop on Organic Handmade Soap

Introduction participants to the arts of melt and power soap marking

Time
Adult: 11am to 12:30
Kids: 9:30am 11am

Fees
Rs: 1100 for adults
Rs: 900 for kids

Workshop Details
Art of cold process handmade soap making

Facilitator: A.Ramesh aged 50 years having 20years experience in cold process soap making process ..

Introduction participants to the arts of melt and power soap marking. Towards contribution.

- **Time:** 11am—12:30 Adults, 9:30am—11am Kids.

Art of cold process handmade soap making. Facilitator A.Ramesh aged 50 years having 20 years experience in cold process soap making process.

Registration:

- mohanamprogram@auroville.org.in,
- 0413 2622667, 8300949079

Regards, Murugan For Mohanam

AUROVILLE ONE DAY AND HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints. We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.



- **One day tours:** Every Saturday, 9:30am to 5:30pm
- **Half Day Tours:** Every Friday, 9am to 1pm
- **Pre—Registration** is required.
- **Contact us** to know more details: youthlink@aurville.org.in and +91 85248 25120 WA
- Here is the link for the itinerary, fee and other important details: https://drive.google.com/drive/folders/1tGQNBGlSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link or
- please scan this code to know more.



Regards, Bondeepa

Help Needed

SUPPORT NEEDED

CREEVA stands for Center for Research, Education and Experience in the Visual Arts, the inspiration of Aurovilian Audrey Wallis Taylor. Audrey personally financed Creeva during her lifetime.



Since Audrey's passing, a small group of artists have united to continue CREEVA, as for years many classes have introduced students to the joy and self discovery of the visual arts.

We are in need and would deeply appreciate your financial support to **FS #252422**.

Margaret

AUROVILLE SINGING FESTIVAL SEEKS SUPPORT



Dear Music Lovers, we are preparing the Auroville Singing Festival for 14 & 15 October in CRIPA. The theme of the festival is 'Singing hearts of Auroville' and our aspiration is to create Unity in the beautiful diversity of voices from Auroville, by presenting our native souls and expressing ourselves through songs.

As there are no funds available for Cultural events in 2023 we invite you to support this event with a donation toward **Financial Service Acct. 0250 Auroville Artist Group**.

With love, Shakti, Marta, Antoine, Ok and Rolf



YOUTHLINK MATCHING DONATIONS CAMPAIGN

YouthLink has been provided the amazing opportunity to raise funds through a matching donation campaign. This means that whatever donation you make between now and December gets doubled!

So you may be asking yourself, what is YouthLink?

We are a diverse group of youth from Auroville who work towards creating a positive impact in Auroville. We largely cater to the youth of Auroville (ages 16-30), and work towards providing opportunities and experiences. Our main scopes of work are to empower, integrate, and connect young people through our educational workshops, inte-

gration programs, and community gatherings. We create opportunities for links within the community that we believe should go together; such as teachers to students, initiatives with similar scopes, work opportunities with job seekers, and people who can support one another; such as mentors to mentees or newfound friendships.

Our team is ever-growing and evolving. Currently at 10 members, we are a diverse and proactive community with a common mission and intentions which enable us to work efficiently and harmoniously.

We are also actively improving our organizational structure in order to maintain and increase our efficiency and harmony, experimenting with different methods of decision making, non-hierarchical structures, and management of responsibilities. Our current method embraces the values of self motivation and encourages proactive responses, providing our members the opportunity to explore self discipline and growth, while retaining a macro perspective of our society and the world.

So how can you help, and why?

We currently receive a budget from BCC (4 maintenances plus 5,000Rs budget), however it only covers approximately one third of our monthly expenses.

Our hope is that our matching donation campaign can collect enough money for these maintenances, so that YouthLink can continue to offer free programs.

We also believe that YouthLink currently serves a secondary purpose of being an informal training center, for the organization produces youth that are well connected within Auroville, have a strong understanding of Auroville's structures (both social as well as organizational), and are proactive and vibrant, both as individuals and in teams.

And we believe that we can still do more. Every day there are interesting offers and opportunities of collaboration that find us from inside and outside Auroville, as well as ideas from our team. We currently find ourselves not having the time and space to fully concentrate on all the avenues we could explore, hence we are also looking to expand the team in the near future, moving into avenues such as intensive courses and vocational training.

When you donate to YouthLink, you will be providing a team member the opportunity to develop capacity and grow through work, and in extension be offering invaluable programs to the Auroville community as well, such as safety and boundaries workshops, first aid courses, and Auroville introduction programs; which all work towards creating a safe environment for our youth to grow up and to continue the experiment of human unity and collective living. We are constantly researching and communicating with the community to find which areas to focus our efforts!

Please consider supporting us on our journey to shape the future of Auroville through your financial means!

- You can find more information about us on our website: youthlink.org.in or visit our office at Town Hall, under Le Morgan (open to visitors: Monday to Friday, 10am—12pm).
- Please consider supporting us through Financial Service account: 251048 YouthLink
- Or through unity fund, [link provided on our website](#).

Remember, with each donation, double the impact! :)

Namu For YouthLink Team



SUPPORT

Accessible Auroville Public Bus Service



Accessible Auroville Public Bus service started in 2016 with help of an Italian donor, who contributed to purchase a public bus to Auroville. Since 2016, we have received good support from Aurovilians, guests and all. The service self-sustained by collecting contributions from the bus users to cover the running expenditures. We were supported by the AVI Canada to cover the yearly maintenance like, Insurance, Fitness Certificate, Yearly Maintenance of the vehicle. Since the covid-19, the users of the bus have reduced and it became hard to cover the running cost of the bus. Therefore, we often request help from the community to support. We tried different options to increase the bus users but still no progress. Only during the season, the bus is filled with people. So, it shows that most of the aurovilians are willing to use the individual vehicles to visit Pondicherry, other than using the public transport.

We do not get any financial support from the BCC for our monthly running cost or yearly maintenance. We tried a few times with BCC to support the public transport in Auroville to avoid an increase of individual transports, taxis, etc.,. It was never accepted by the BCC since 2016.

Therefore, we invite Aurovilians, New Comers, Volunteers and Unit workers from Pondicherry to use this service to support the public transport in Auroville. While increasing the number of users, the service will sustain itself without any financial crisis. So far, the service could function because the financial gaps were generously covered by advances given by Auroville Vehicle Service, but it cannot continue.

• **Let us join together to reduce the carbon footprint and the traffic around us.**

By supporting public transport, you could have a safe Journey, reduce the carbon footprint and save money.

Last week, we took an advance of a lakh rupees to cover the annual maintenance of the bus (Repainting the vehicle, renewal of bus insurance, mechanical work, tyres replacement etc.,). We need to pay back this amount to Auroville Financial service in a month. Therefore, we kindly request you to contribute small or big to cover the loan amount.

• **For donations Avbus A/c No: 251675**

Details of works to be done

- Re-Painting of Bus—Rs.15,000
- Tinkering work—Rs. 11,000 (Body + flooring + rear door)
- Tyres Replacement—Rs.21,500 (2 rear Tyres)
- Seat repair + Seat cover replacement: Rs.18,000 (10 seats)
- Renewal of Insurance: Rs.31,000 (2023-2024)
- Mechanical works: Rs.8,150
- **Total: Rs.1,04,650**

Raju for AAPB Team

Honorary Volunteer

TLC WELCOMES VOLUNTEERS

Every Friday from 1:30 to 3pm in TLC's Base Camp, starting from 13 October

TLC (The Learning Community) is welcoming volunteers for our 'Open spaces' activities every Friday from 1:30 to 3pm in TLC's Base Camp, starting from 13 October.

- We are looking for **volunteers, guests or community members who are willing to offer activities**, such as sports, arts, crafts, music, drama etc. for all Auroville kids aged 6—14. You can offer your skills and talents for one whole term or more.
- If you feel inspired to participate, please contact Sashka on 9442180610 WA.

Sashka for TLC Aspiration and Community team



KUILAI CREATIVE CENTER

Looking for Volunteers

Dear friends, we are looking for volunteers who could help in

- **Teaching English** lessons to Beginners and Intermediates (Children and Adults)
- **Tailoring lessons** during Monday to Friday.
- Also, people who are willing to **teach Hindi and French**.

Kindly contact:

- kuilaicreativecentre@auroville.org.in
- + 918608473385 WA / 9843195290 WA

Selva from KCC



DOGS CALLING ALL VOLUNTEERS!

Are you new to Auroville and seeking a hands-on experience of the Yoga of Work? Do you have a special love for animals, particularly dogs?

Are you ready to commit 25 hours every week to care for our incredibly affectionate 300 dogs?

An incredible, potentially life-changing experience awaits you! Join us at the Auroville Dog Shelter, where you can become a SAVI registered volunteer, receive training as an animal caretaker, and be part of the most exciting phase in our history—building a model shelter for all of India! This is a once-in-a-lifetime opportunity, and you wouldn't want to miss the chance to make a real impact!

Contact us now:

- Coco: +33672046070 WA
- Arthur: +918122225266 WA

Thanks, Arthur



**AUROVILLE
DOG SHELTER**

CALL FOR FARM VOLUNTEERS

At AuroOrchard farm, join us from Monday to Saturday
7am to 9am OR/AND 9:30am to 12pm

- Learn to work with plants and soil
- Observe farming systems in a large and established farm
- Work with a diverse and dynamic group
- Enjoy breakfast with us at 9am with produce sourced from the farm.



AuroOrchard

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

MONDAY to SATURDAY
7AM TO 9AM and/or
9:30AM TO 12PM

EMAIL: auroorchard@auroville.org.in
WHATSAPP: 9566631079 (Nidhin)

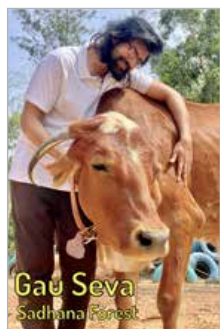
No former experience or skill required. Minimum physical ability is needed.

Please contact

- Email: auroorchard@auroville.org.in
- Voice call: 9882685365 (Anshul)
- WA: 9566631079 (Nidhin)

Nidhin, for AuroOrchard team
<https://auroorchard.auroville.org>

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

Looking forward to welcoming you!
The Sadhana Forest team,
Warmly, Shek

Looking For

Looking For An Informal Spanish Teacher

I am looking for an informal Spanish teacher. I offer in exchange to teach to draw/meditation. I have books from the AV library but we could just talk. I am a beginner.

ivana@auroville.org.in, 7094344154



Ivana

Looking for Used Skateboard

I used to skateboard in my home country and as I recently learnt there is a skatepark here in Auroville I would be very happy to practice again this most loved hobby of mine!

Giveaway would be most appreciated but can pay a moderate amount if needed.

- Contact: lugmansow@outlook.com or text/call +15819783688 WA



Thank you! Lugman

Looking For House Sitting

Looking For House Sitting From November (preferably long term, min. 3 months) Hi, I'm Dave, I'm a newcomer, working with Divine Arts (LEAD). Originally from the UK, I have been in Auroville for 3.5 years. I love to sing, dance and facilitate spaces where we can embody human unity (e.g. sacred song circles, conscious relating workshops, dances of universal peace etc).



- You can connect with me on +44 7564119728WA or djsevens87@gmail.com

With Love & Gratitude, Dave

Administrator Position Wanted

Competent, highly recommended woman Administrator is looking for a secure job, preferably in the northern half of AV. Aged around 40, she has 15 years experience looking after the day-to-day needs and problems of an AV unit. Speaks excellent English and Tamil. Has own moped for transport.



- For more info contact Tim at Aurelec ph. 2622296 or home 2622381, or email timwrey@auroville.org.in. *Tim*

Available

Space Available

25 sqm. closed space suitable for workshop/ office/ storage inside Aurelec premises with superb infrastructure, including generator, 24 hours security, parking, canteen and sports facilities.



Interested people may contact Mr. Siva at Aurelec in person, or phone to 2622293/294 or adps@auroville.org.in

Siva for ADPS Trust

Hero Splendor PRO Available

Hero Splendor PRO motorcycle in good condition. Please contact Manu (9488830338) for more details.

Warm regards, Manu



Old iPhone 6 Available

I am selling my old iPhone 6 (black) in good working condition with recently changed battery and display. Towards contribution

Manou, +91 6230832547 WA,
manou.tamo@gmail.com

Taxi Share

To Chennai Airport, 15 October, 2pm



I am a single person traveling from Auroville to Chennai Airport at 2pm on 15 October.

If anyone is interested in sharing a taxi, please let me know.

WA +91 6230832547, Manou

Work Opportunities

AIAT LOOKING FOR

Green Energy and Electric Systems Faculty.

Auroville Institute of Applied Technology is looking for a faculty in Green Energy and Electric Systems! AIAT is offering a 3 year bachelor degree course in Green Energy and Electric systems. This course is affiliated with Pondicherry University. Candidates who have a Master Degree in Electrical Engineering and practical experience in renewable energy are eligible for this position. Also part time engagement is possible.



- Candidates with a bachelor degree in EEE and working experience in the field of renewable energy may also apply on a part time basis!
- Aurovilians applying for this post will be paid maintenance or equivalent salary.
- For more information pl. contact
 - Lavkamad, phone 9443238303

Submitted by Lavkamad

Foods, Goods and Services

VEGAN LUNCH

in Red Dot Cafe



Low carb—vegan office lunch in Red Dot Cafe, Upasana.

Sign-up lunch scheme.



upasanasred.cafe@gmail.com, Uma

DISCOVER THE MAGIC of Hemp at Hemplanet!

Open Monday to Saturday, 10am—4:20pm
@ Reve Area, 1st Floor, Building 1, Auroville

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

- Hemp Food Selection:
- Hemp Hearts
- Hemp Seed Oil
- Hemp Protein Powder
- Hemp Granola Bars
- Hemp Pasta & more!
- Hemp Seasonings
- Hemp Body Care Treasures:
- Hemp Soaps
- Hemp Shampoos
- Hemp Balms
- Hemp Body Butter
- Hemp Seed Oil



Davide

FIBER OPTIC AND IT TROUBLESHOOTING AVAILABLE



I am Ramakrishnan Aurovilian experienced in the fiber internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fiber internet infrastructure and IT troubleshooting work for our

Auroville community Since 2015

And I am happy to provide the below services to our Auroville community

- **Internet speed;** Boosting up for dual bands 2.4 GHz or 5 GHz
- **Wired/wireless;** Fibre ONT modems, Routers, Switches installation/repairing work
- **Fiber optic cable;** Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- **CCTV;** Configuration/Installation/repairing work inside and outside your house
- **Smart-TV/laptops/printers;** Configuration/Installation/repairing
- **Other network communications devices;** Configuration/Installation/repairing

For any internet-related issues/complaints,

- **Please feel free to contact me:** Ramakrishnan, 9943919899, ramkrishna@auroville.org.in

Ramakrishnan

UNITY TRANSPORT SERVICE



Unity Transport Service would like to thank you for being our precious client for all these years. We are extremely happy to be at your service at any time. We are located in the service area and work 24x7. As we are a registered unit, we can provide you with a GST bill for your accounting procedures.

We would like to convey that we have experienced drivers that have been with us for the last 15 plus years.

We have a full range of taxis now

- Toyota Etios: 4+1 seater
- Maruti suzuki Ciaz: 4+1 seater
- Maruti suzuki Swift: 4+1 seater
- Toyota Innova: 7+1 seater
- Toyota Crysta: 6+1 seater
- Load carrier
- Tempo traveler: 14 + 1 seater
- Buses
- Any Taxi bookings can be done directly to our UTS office.



- **The contact numbers are,**
 - **Landlines:** 0413 2623586, 0413 2623587
 - **Cellphones:** 9047015801, 9443362218
 - **Email:** uts@auroville.org.in

Thank you so much for the support you have extended to us all these years.

Regards, Lakshmi
For UTS Transport Service Team

UTS: BOOK YOUR TAXI

Eco-Friendly Taxi sharing "Book and save"

Book Your Taxi!

Affordable shared rides, less traffic, more savings.

Join our Sharedtransport Service

Your Eco-friendly and Efficient travel solution!

For Booking

8098776644
9442566256

OR



Scan QR



Website: sharedtransport.auroville.org
Email: sharedtransport@auroville.org.in

ITS
Integrated Transport Services

Regards, Rajesh.D

ORGANIC QUALITY MILK AVAILABLE

Organic quality milk available, Morning/
Evening, from Sakthi Natural Garden

- For reservations contact 9585180393

Erumalai (Evergreen)



SURABHI SUPPLIES



Dear Auroville Community, **Surabhi Supplies** is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices achieved through bulk purchases and volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

- If you have any inquiries, please don't hesitate to reach out to us at:
 - surabhisupplies@auroville.org.in
 - +91 98438 46458 WA/Call

lyyappan

RAPID CARE SERVICE

Rapid Care Services has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are the 3 mandatory factors that we work on.



Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality. We make sure the work is completed on an economical budget without compromising quality.

Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.

List of services provided by Rapid Care Services

- Aluminum channel work
- Welding, Carpentry
- Masonry—renovations and remodulation
- Plumbing, Painting, Insect Treatment
- Fencing, Electrical
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

- Balaji, 8270071581, Arun, 7639810621
- rcsrapidcareservices@gmail.com
- rapidcare@auroville.org.in

Balaji and Arun for Rapid Care Team

FREE STORE OPENING TIMES

Morning hours:

- Monday to Saturday:
8:30am—1pm

Afternoon hours:

- Tuesday and Thursday:
2:30pm—4:30pm



We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

At Her Service, Kamala For the Freestore team

NOWANA Delivery

MONSOON

Sep 1 to Nov 30

Stay dry and enjoy your favorite NOWANA at home



91 73396 43557
0413 296 5490

NOWANA

HAIRDRESSER

For your and/ or your child's next haircut: inspired, striving for the perfect, 11yrs young artist Ahana looks after your and/ or your child's hair and well being.

After everyone who came was happy and content, we are now requesting short and long **Hair Models** to step forward and try something new and beautiful!

- For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de

Lovely day, Ulrike Urvasi



RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

- Can be scheduled anytime throughout the week.
- Please contact in advance for more information and booking. 8098845200.



South-Indian Cuisine Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

- Monday—Saturday between 10am and 5pm @ Creativity.
- Please book sessions in advance.



Thai Massage

- Monday—Saturday between 9am & 5pm
- To book massage sessions or for more information, please contact personally.

Tailoring

We can tailor and customise any kinds of dresses, saris, blouses and kurtas.

- For any of the above services, contact
 - Phone/WA 8098845200
 - rupavathijoy@gmail.com

Rupavathi Joy

INSIDE AUROVILLE

Inside Auroville will be offering a Learning Journey of creating sustainable community centered experiential travels to understand and build our environment ecosystem through holistic tourism. Focused on experiencing experiences experientially to understand the yoga of life and the learning journey. The offerings will be walk through tours, wellness and spiritual iterations.

- More details as we evolve in your journey of Experiencing Auroville Entrepreneurship.

Regards, Surajkiran Venugopal, 9884204918

PEST CONTROL

We Control All kinds of Pests Treatments on Warranty

- Ants, Bed Bugs, Cockroaches, Fleas, Hornet's, Mice, Rats, Spiders, Termites, Wasps & more

Get rid of them once and for all!

We will help you to eliminate wide variety of Residents and commercial Pests

Contact us: 9943919899, ramkrishna@auroville.org.in

Ramkrishnan



LATEST NEWS

from Inside India Travel Shop

Mr. Ganesh our Travel Consultant will be at our **Kalpana office from 10am till 4pm, Monday to Friday**. Saturdays only on appointment. He can also be contacted anytime by



- landline phone 2623030
- or +919894598686 WA,
- or by email: travelshop@inside-india.com
- **Air Vistara** has competitive fares from Chennai to Paris.
- **Emirates** to offer Premium Economy on routes to and from Mumbai and Bengaluru from 29th October 2023.
- **Ethiopian airline** special offers are available from Chennai to Rome, Paris, Istanbul, Tel Aviv and Zurich.
- **Royal Nepal** airline has direct flights from Bangalore to Kathmandu on Tuesday, Thursday and Saturday.
- **Spicejet** new and exclusive daily flights from Pondicherry to Bangalore to Hyderabad. Enjoy convenient Spicejet one stop connections to Delhi and Visakhapatnam.

Covid is not over and we advise you to wear a mask at crowded places while traveling.

Joster

Poetry

THY HAND HOLDS ME

*Thy hand holds me
In a soft strength
That sustains
In a warmth
That melts
In a touch
That stays*

*With joyful Gratitude,
Anandi Z.*

AUTUMN SONG

*Like a joy on the heart of a sorrow,
The sunset hangs on a cloud;
A golden storm of glittering sheaves,
Of fair and frail and fluttering leaves,
The wild wind blows in a cloud.*

*Hark to a voice that is calling
To my heart in the voice of the wind:
My heart is weary and sad and alone,
For its dreams like the fluttering leaves have gone,
And why should I stay behind?*

Sarojini Naidu



MOTHER ON THE LAKE

Surrounding the Matrimandir

• 23 June 1965/ Agenda

My plan is simple (Mother's sketch)



Sketch of the Park of Unity with the Mother's Pavilion, drawn by Mother in front of Huta

The central point is a park...with flowers, palm trees, water, if possible running water. From a practical point of view it would be very good, at the edge, outside the park, we could build reservoirs that would provide water to the residents...

The greatest difficulty is the water, because there is no river nearby, up there. But they are already trying to channel the rivers; there was even

a project to channel water from the Himalayas across the whole of India: X had made a plan and had spoken about it in Delhi; they objected that it would be rather expensive, obviously! But, anyway, even without such grandiose things, something must be done to supply the water. That will be the greatest difficulty; that will take the most time. All the rest, light, power, will be done on the spot in the industrial section — but water cannot be made! The Americans have seriously thought of finding a way to use sea-water, because the earth no longer has enough drinking water for man — the water which they call 'fresh': it is ironical; the amount of water is not enough for the needs of man, so they have already started chemical experiments on a large scale to transform sea-water and make it utilizable — obviously, that would be the solution to the problem.

But that already exists.

It exists, but not on a sufficiently large scale.

It does in Israel.

Do they do that in Israel? Do they use sea-water? Obviously, that would be the solution — the sea is there. We shall see. It would have to be brought up.

• 25 June 1965/ Huta

Ah. Now the Mother's Pavilion. This will be a separate island surrounded by a lake, tall trees, gardens with various kinds of flowers...

The Park of Unity will be divided into twelve gardens, which will represent the twelve attributes of the Supreme Mother. In these gardens I would like to have various kinds of flowers—especially the different types of hibiscus—the Divine Consciousness....

On the other side, towards the boundary of the gardens, I wish to have a lake... When the lake will be dug, all the soil will be collected on one side in order to make it look like a mountain where there will be fir-trees.

• 31 Dec, 1969 Agenda

Roger had an idea, that of an island at the center, with water around, running water which will be used for the whole water supply of the city, and when it has flowed through, it will...pass through a plant and it will go to irrigate all the cultivated lands around. So the center is like an islet...

There are material difficulties, for this islet we need water... to have the water we must transform it, there isn't enough underground water... We would need transformed sea water. In Israel they have found a way... so then we would need to have water to make this islet...

• 28 March 1970/ Huta

Huta: I wonder whether Auroville will be built according to your vision or according to the vision of human beings... I have heard there would be no lake around the Matrimandir... everything will be built on a small scale and not according to the Divine's Will...

Mother: It has been decided and remains decided that the Matrimandir will be surrounded with water. However, water is not available just now. So it is decided to build the Matrimandir now and surround it with water only later, in a few years time...



Emanuele Scanziani

Submitted by Roy

IN THE EIGHTIES...

In the eighties people lived spontaneously according to the Mother's guidelines; in fact, far below. I don't remember one single car and most people lived in huts; in the green belt, without electricity, fans, hardly any phone, and when the windmill did not turn we had no water either; then a bullock cart from Grace gifted us water in barrels, for free. We got whatever food was available via the Auroville baskets, and it was rationed. The Internet did not exist, obviously no one had air conditioners. The 'summer holidays' did not exist either; everyone stayed in Auroville enjoying the heat with long blackouts and we were happy and believed Auroville will be and nothing else mattered.



Those were the type of people who attended our general meetings and filled them up; 250 people were a lot those days, life in Auroville was hard and we were not numerous. We did not vote: we raised our hands and took decisions on the spot and these were implemented. But of course,

there were informative articles in the News and we debated a lot among ourselves. Our adhesion was sincere, anyone was free to speak; those who participated were motivated and whatever was decided was authentic. If something went wrong, or someone did wrong things, the community was immediately informed, a general meeting was called, and the process started all over.

We lived by the heart, and whenever the heart took over there were no parties or rivalries, and no secrets. This way, 250 Aurovilians spent an entire day at Bernard Borg's place, graciously feeding all. With one sole exception we raised our hand to confirm a youth who had admitted smoking ganja and asked for help; even the Secretary recommended sending him for rehabilitation. At another splendid general meeting, the father of a villager Aurovillian presented himself as a notorious thief, promising to

never steal again; he kept his promise and everybody was happy. Merged in a world where color and culture and status were superseded by the vision of something magnificent we were called to build and made us one, people had a big heart those years, and the heart is the gateway to the psychic. No matter what we had to go through, sharing harshness and difficulties was the easiest way to brave them all and live content. Only the Ideal existed.

Those were also the people who attended the 15 October 1987 meeting, lasting seven hours, and pledging not to leave until a decision was taken, binding for all. It was preceded by months-long preparations of two opposite models: Paolo Tomasi/Piero's, and Roger's, with whom we worked every evening for months, in an incandescent atmosphere 1968-like. The collective experience of working with Mother's architect was so electrifying that often it was difficult to fall asleep, back home. Prem Malik had lent to me the original Matrimandir fundraising brochure, A3 size, with Mother's full-page blessings and signature. I photocopied it and exhibited every single page at the entrance; those humble photocopies (we had no money) did the miracle. Two notorious detractors of Roger spoke first, asking 'What are we doing here? The Mother has already decided, let's go home.' Out of 250 people, 200 fiery Aurovilians wished to tear down the ferrocement structure, to erect instead the tubular metal structure (prefabricated, it was to be assembled in two months) agreed upon by the Mother. But Roger calmly cooled down the ebullient souls, asking us to surrender: Piero would complete the Chamber—and he would complete the gardens and the lake. And the miracle did happen: we surrendered. Six months later the fight would start anew, but such is the Matrimandir saga: like Shiva, drinking the whole poison of Auroville. The Integral Yoga rollercoaster is about a new humanity in the making, and this takes time.

Evoking the years of my Auroville apprenticeship, today seems evoking a fairytale. But it was a fairytale that we lived, day in and day out, and we would have not exchanged our sort for anything else in the world. Whatever duress we had to go through was nothing, compared to the magnificent destiny awaiting us, just for simply living the Dream. One day, that Dream will be.

Paulette

USE OF SCIENCE AND TECHNOLOGY in Modern Times

Prakriti (Matter) is the expression of Purusha (Consciousness). In the hierarchical Cosmic Play of the many levels of consciousnesses, which is based on the opposites, Matter can be used by either those allied with the Divine Consciousness or the undivine consciousness.

That is why in the very beginning of the Auroville Charter, this diversity based on unity or our essential Oneness is clearly stated:

'Auroville belongs to nobody in particular. Auroville belongs to humanity as a whole.'

And immediately thereafter a clear 'choice' is implied, a 'must':

'But, to live in Auroville, one must be a willing servitor of the Divine Consciousness.'

This 'conscious choice of use' for either the Divine purpose or undivine purpose applies to everything that is Prakriti, physical-vital-mental or body-life-mind (for example one's psychophysical body or computer systems, money, etc.), as a tool of expression of the evolving individual Purusha, the Psychic being.



This 'progressive Spiritual Evolution' also implies that many are still in the egoistic stage, which although false and undivine is the appropriate attitude at that stage, with each individual having the potential, the chance to advance to the True and Divine. Hence the Lila or the Cosmic Play that we are all in, starting billions of years ago from the Inconscient and the Ignorance of Mind (mental) evolving towards the Superconscient and Gnosis of Supermind or the Supramental, leading to the goal of this shared existence: The Divine Manifestation... a Life Divine here on Earth.

Human beings or the Homo sapiens species as our current consciousness' (individual Purusha's) modality of manifest expression (Prakriti) is only a transitional stage, where we find ourselves circa 2023 in the advanced technological Age of Information and Communications, the IoT, A.I., all sorts.

I see this evolutionary stage as something that will intensely compel the few highly conscious humans to practice the advanced levels of the Integral Yoga of the Avatars Sri Aurobindo and the Mother that states in one core sentence:

'Man is a transitional being...'

In the meantime, here are some references and guidance from the Mother:

'How does the Mother view the progress of Science and Technology in India? What contribution can they make to the growth of the Spirit in man?'

Its only use is to make the material basis stronger, complete and more effective for the manifestation of the Spirit.'

- <https://incarnateword.in/cwm/18/basic-issues-of-indian-education>

'Sweet Mother, If the children want to do practical work from the age of nine in the field of electronics or technology, should they be encouraged?'

Yes, of course.'

- <https://incarnateword.in/cwm/12/correspondence>

For the moment let us all help in the Renaissance of Bharat Mata, the Guru of the World, as True Aurovilians working for the progress of Auroville, the City of Dawn:

- Auroville will be the place of an unending education, of constant progress, and a youth that never ages.
- Auroville wants to be the bridge between the past and the future. Taking advantage of all discoveries from without and from within, Auroville will boldly spring towards future realisations.
- Auroville will be a site of material and spiritual researches for a living embodiment of an actual human unity.

- <https://auroville.org/page/core-documents>

Zech, 2023.09.30

THE IMPORTANT THING NOW

Circa 2023: a most relevant reminder has popped up that is most appropriate to our current local, national and global circumstances:

'From a spiritual point of view, India is the foremost country in the world. Its mission is to give the example of spirituality. Sri Aurobindo came on earth to teach this to the world.'

This fact is so obvious, that even a simple, ignorant farmer here is in his heart closer to the Divine than all the intellectuals of Europe.

All those who want to become Aurovilians must know that and behave accordingly, otherwise they are unworthy of being Aurovilians.'

(Another Note)

'In the beginnings of humanity, the ego was the unifying element. It is around the ego that the various states of being were formed. But now that a superhumanity is about to be born, the ego must disappear and leave place for the psychic being which has slowly developed

through divine agency to manifest the Divine in man.

The Divine manifests in man under the psychic influence, and that is how the coming of superhumanity is prepared.

The psychic being is immortal, so through it immortality can manifest on earth.

Hence, the important thing now is to find one's psychic being, unite with it, and allow it to replace the ego, which will be forced either to convert itself or disappear.'

The Mother

• <https://incarnateword.in/agenda/13/february-8-1972>

Here are the Avatars for the deeper understanding of and identification with one's Psychic being:

• <https://incarnateword.in/search?query=psychic+being&page=1&phrase=true>

And why is it important to find and unite with our Psychic being, which is only the first step prior to the Yoga, the Union with Source Spirit and the crucial Supramentalisation of our being?

Because the Lords of Falsehood and Death, with the hordes of adverse and hostile vital beings, are still around.

'And as long as these two beings exist, there will be difficulties.'

'...they are doing as much damage as they can.'

• <https://incarnateword.in/cwm/04/8-march-1951>

• <https://incarnateword.in/cwm/03/12-may-1929>

As Avatars, Sri Aurobindo and the Mother have revealed fully the Cosmic Play, and the way to eventually eliminate all difficulties and undivinites and transform all to the Divine. The coming of the Avatars is only to kickstart the most difficult paradigm shift, the initial descent of the Supramental Consciousness-Force and Its embodiment in their physical bodies as primary contagions. As the evolving and awakening Psychic beings in the same physical bodies, it is up to us to continue on for the full Supramental manifestation...

This current human vessel, this Homo sapiens psychophysical modality is only temporary:

'Man is a transitional being, he is not final.'

And that is why they created Auroville, within Bharat Mata the Guru of the World:

- The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.
- Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine.

• <https://auroville.org/page/a-true-aurovilian>

Are the troubles and difficulties humans and all sentient beings here and all over the world not clear and felt enough? Are most really that blind and numb not to see and feel?

It is of utmost importance for all Aurovilians to at least be aware of these and then make the choice to consciously collaborate with the needed psychophysical transformations for the coming Divine Manifestation. It is only through the fully awakened Psychic beings that the Supramentalisation process in the physical will happen.

As the unstoppable evolutionary process is hastening and intensifying, if you choose to stay in the Ignorance of the ego you will only suffer. We have been warned enough by Sri Aurobindo and the Mother:

'The choice is imperative:

Truth or the abyss.'

All modern tools for True Knowledge (Jnana) and Action (Karma) are now at our disposal... use them divinely.

And remember the first and last word of the Divine Sunlit Path: **Surrender** (Bhakti)

Om Namo Bhagavate,
Zech, 2023.10.01

ANOTHER EPISTEMOLOGY

To Legitimate Our Deep Feelings

Is the relationship between the Original Peoples and the Earth merely sentimental, psychological? Or is there, as their shamans, healers and elders affirm, an energy, a force to be drawn from the environment, like physical, mental and spiritual nourishment, particularly beneficial to human development?



We may need other epistemology, other ways of knowing, to assess the benefits of nature-human connection. We may actually need to remember the multiplicity of epistemologies that our global society has wiped out of the surface of the Earth, with the annihilation of more than 90% of First Nations, of their languages and of their systems of knowledge

and ways of evolution. We might then recognize the nature-human connection, not only as a puerile attachment, but as a scientific basis for our holistic development.

Today, the global polycrisis is finally leading back some of our communities, networks and think-tanks all over the planet, towards natural environment and their insightful presence. There we experience support... and get out of polarizations, despair, and collapse... with fairer and wiser perspectives. There we find the perfumes of the 'New Earth', with a crystalline empowerment into loving behaviors and monumental innovations... There we live the ultimate freedom of taking part into a planetary Great Adventure.

May we listen to the Original Web of Life and find relief.

Mukhande, mukhande@protonmail.com

Languages

CLASSES AND COACHING:

Spoken English

Materials, classes and coaching for spoken English offered freely. I have a collection of diverse interesting materials (in English) for 'classes'. The topics include Auroville, science, spirit, human nature, enlightened management, inspiring humor, Savitri. Contact me soon if you would like to pick up these materials or if you have a small group who would like to explore the topics with a native English speaker.

Or, I can participate in an occasional interactive 'class' in simple or advanced English about the purpose, principles and founders of Auroville, or give gentle coaching for actors and presenters.

Patricia at Creativity

pat@auroville.org.in, 0413 2623750

LEARN FRENCH BY 'THE SOUNDS OF ITS MUSIC

Learn French by 'the Sounds of its Music' With the Aurolang

2 method in 50 lessons on book + CD-Rom With English, Tamil and Hindi translations.

Just click on it to hear and pronounce correctly from the start. Or train and drill with a native speaker in French Pavilion (International zone Auroville)

- Every Tuesday & Thursday 5 to 7pm

by Jean-Marie Master in Applied linguistics Brussels State University

- Book + CD: 500 INR. First batch 30 hours class drill: free contribution

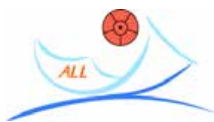
- Mail: ecohome2@skynet.be or jeanmarieDemulier@gmail.com

- Call: 918148401950 WA

Thanking you, Jean-Marie, Aspiration

NEWS

From Auroville Language Lab



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Tomatis

There are spaces available for both language & therapeutic programmes!

- Please contact 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTiG0y-sBMly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: English Conversation with Ramesh

Good news for all those waiting: Ramesh is restarting his English Conversation course! This two-month (16-hour) course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, listening comprehension, and fluency & confidence in speech. Please note that these classes require a basic foundation in the English language and are ideal for intermediate-level English speakers. Spots are limited and several people have already signed up. Register soon!

- The course will start on October 17.
- Classes will take place **Tuesdays & Fridays, 4pm to 5pm.**

New: Private Lessons with Monique

We are really excited to welcome our old volunteer Monique back to the Lab! A native French speaker, Monique recently retired from a 40-year career teaching English & French from middle school up to university level. Having worked with teenagers as well as adults, from absolute beginners to PhD-level students, Monique can accommodate a diverse range of language needs. She will be offering private lessons to individuals or small groups (2-3) in English, French, & beginner-level German. She has also developed an immensely useful language learning website that she will guide the students through, for self-study and further learning. Email us with your requirements & we will arrange a course for you.

New: French with Jean-François

Jean-François offers three 2-month courses. New batches start late October. These fill up quick, so please register soon.

• Beginner French

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start October 28.
- Classes take place **Saturdays, 2:30 to 4:30pm.**

• French Conversation (Post-Beginner to Pre-Intermediate level)

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

- This course will start on October 28.
- Classes take place **Saturdays, 10:30am to 12noon.**

• French Conversation (Intermediate level)

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This 16-hour course will start on October 23.
- Classes take place **Mondays & Thursdays, 2:30 to 3:30pm.**

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, 'Madrigal's Magic Key to Spanish: A Creative & Proven Approach.' Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- We hope to start as soon as we have 6-7 confirmed registrations.
- Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30 to 3:30 pm.**

Spoken Tamil with Saravanan

Saravanan has been running this interactive and practical-oriented course for the past seven years. The class modules are based on a booklet called 'Fun with Tamil', which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am.**
- Course started on September 12 comprising 24 hours of teaching over three months.

Beginner Hindi with Alka

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

- The course started on September 9.
- Classes will take place **Saturdays, 10am to 12noon.**

German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

- **Beginner German**
 - This course is now closed to new registrations.
 - **German Conversation**
- This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

- This course will start as soon as we have 4-5 registrations.
- Classes will take place **Tuesdays & Thursdays, 4 to 5pm.**

Italian Conversation with Fabio

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

- This course started on September 12.
- Classes will take place **Tuesdays & Thursdays, 2:30 to 3:30pm.**

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30 to 4:00pm.**

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30 to 11:30am.** Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire

Please fill out our form at <http://register.aurovillelanguagelab.org/> You may also drop us an email at info@auovillelanguagelab.org, call us at 2623661 or come visit us!

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

The Language Lab is open

- **Monday—Saturday, 9am—12noon & 2—5pm**
- **Location:** International Zone, after Unity Pavilion & Pump House.
- **Phone:** (0413) 2623661, 2622467, +919843030355
- **Email:** info@auovillelanguagelab.org

Current Schedule of Classes

| Language | Level | Time | Day(s) of Classes |
|----------|--|----------------|--------------------|
| English | Pre-Intermediate & Intermediate | 10:30—11:30am | Tuesday & Thursday |
| | Conversation | 4— 5pm | Tuesday & Friday |
| French | Beginner To start 28 October 2023 | 2:30—4:30pm | Saturday |
| | Conversation 1 To start 28 October 2023 | 10:30am—12noon | |
| | Conversation 2 To start 23 October 2023 | 2:30—3:30pm | Monday & Thursday |
| Tamil | Spoken Beginner Started 12 September | 9:30—10:30am | Tuesday & Friday |
| Sanskrit | Beginner, To start October | TBA | TBA |
| Hindi | Beginner Started 9 September 2023 | 10am—12noon | Saturdays |
| German | A1.1 Beginner Started 11 September | 9:30—11am | Monday & Wednesday |
| | German Conversation To start soon | 4—5pm | Tuesday & Thursday |
| Spanish | Beginner To start October 2023 | 2:30—3:30pm | Tuesday & Thursday |
| | Intermediate | 2:30—4pm | Tuesday |
| Japanese | Beginner To start November 2023 | TBA | TBA |
| Italian | Beginner TBA | 2:30—3:30pm | Monday & Wednesday |
| | Conversation Started 12 September | 2:30—3:30pm | Tuesday & Thursday |

Vismai, for Language Lab Team

Classes, Workshops & Healing Arts

HOLISTIC: HEALING AND AWARENESS



- **Appointments**
 - aurovilleholistic@gmail.com, christinep@auroville.org.in
 - +919489805493 WA
 - **For kinesio only:** +33686928426 WA
 - **Workshop:** Check on our website info and details www.auroville-holistic.com
 - **Ashtanga Yoga With Christine P.**
 - Monday/ Wednesday/ Friday/ Saturday, 7:45am
 - Resume on 17 October
 - **Integrative & systemic psychotherapy w/ Christine P**
 - @ Holistic health care studio, Kuilapalayam
 - **Acupressure Therapeutic Massage**
 - @ Holistic health care
 - **Kinesiology With Ricardo**
 - @ New creation
 - **Hypnotherapy**
 - @ Holistic health care
- Submitted by Christine*

ACTIVITIES BY DR. SEHDEV KUMAR

Three Workshops @ Vérité, Auroville

Register: +91 7867805812

Yoga of Forgiveness

- **Saturday, 14 October, 2—4:30pm**
From the Darkness of Hatred & Indifference
To the Light of Forgiveness
From Fear & Festering Revenge
To the Courage of Being
- **Video Links**
 - Bhakti Movement In India, Prof. Sehdev Kumar
<https://youtu.be/y4td9i6fhFg>
 - An Exploration of the dynamics and power of Forgiveness in Families, between Friends and among Nations
<https://youtu.be/p18qUDakJEM>
- **Zoom Sessions**
 - Zoom Session #1: Ushering of Atomic Age & Moral Dilemmas
 - Zoom Session #2: World Beyond Wars: Seven Steps Towards Global Peace



Freedom from Fear

- **Saturday, 21 October, 2—4:30pm**

Peace Within: Peace Without

- **Saturday, 28 October, 2—4:30pm**



Submitted by Sehdev

PRANAYAM CLASSES

Every Monday, 5:30pm @ SAWCHU,

Pranayam classes in SAWCHU building, every Monday at 5:30pm. Offering for Aurovilians and newcomers, Guests may offer.

Please register:

- arabinda@auroville.org.in,
9090819998 WA



Best wishes, Arabinda

TRADITIONAL MANTRA AND STOTRA CLASSES

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes.

Submitted by Sonia

A SATSANG ON THE INTEGRAL YOGA



A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

'The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville,' — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

- **Facilitated** by Zech Joya
- **Schedule:** Tuesdays and Thursdays, 5:30—7pm
- **Venue:** Conference Room, G/F SAILER Building, Town Hall Complex, Auroville

Please [click this link for details](#) or scan the above QR Code



Cheers! Zech

ANGAM TREE



Therapies

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



- Contribution based

Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



- Contribution based

Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.



- Contribution based
- You can learn more about us and register at www.angamtree.com/therapies
- +91 9751395939, www.angamtree.com

Traditional Massage Therapy Classes

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamilnadu, Southern India. It is one of the oldest systems of medicine in India.



• The certificate course has three levels:

- Basic: 10 Hours
- Intermediate: 20 Hours
- Advanced: 30 Hours

• Course modules:

- Varma Massage Therapy
- Varma Touch Therapy
- Varma Myology (Muscles)
- Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at www.angamtree.com

Kindly share your profile with us at the below mentioned email address. We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

- Contribution based
- angamtree@auroville.org.in, +91 97513 95939 Raja

MEDICAL QIGONG TRAINING

Medical Qi Gong training at the client's home at a time that suits them. el, ye,ho (eli) Qigong instructor A graduate of the Wingate college of excellence in israel. Encounter with Chinese medicine in motion A harmonious combination of conscious breathing movement is accompanied by aids and actions. I am happy to share the knowledge I have gained in studies and life experience for the benefit of harmonious world and love



- Those who are interested leave a name and your convenient time address to ellimagen@gmail.com or 9952749221 WA

Elli



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, October 2023

Classes

| Classes | Teacher | When |
|------------------------|-----------|--|
| Acro Yoga | Damien | Monday: 3p—4:30pm, Tuesday: 5—6:30pm for regular classes By Appointment: 9047722740 |
| Pilates | Teresa | Tuesday & Thursday 7:30—8:30am Friday, 5:30—6:30pm By Appointment: 7867998952 |
| Iyengar yoga | Olesya | Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm. Or by Appointment: 9159052743 |
| PSound Chakras healing | Lakshmi | by Appointment: 8489764602 |
| Heartful Meditation | Avanthika | Thursday: 9—10am 6380238326 |

Treatments

| Treatment | Therapist | When |
|--|-------------------------------|--|
| Body Logic, Soft Massage and Deep Tissue Massage. | Pepe | Monday to Saturday by Appointment 9943410987 |
| Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage | Silvana | Monday to Saturday by Appointment 9047654157 |
| Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Hair colouring, Henna colouring | Meha | Monday to Saturday: by Appointment 9443635114 |
| In Nutrition, Diet, Weight Loss and Weight Management, Psychosomatic | Nadia (English & French) | Monday and Wednesday afternoon by Appointment: 948 9035457 |
| Tarot, Oracles and Akashic Records Reading (TOS) | Valentina | Monday to Friday Morning: 9791719387 +393462258049 |
| Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry | Antarjyoti (English & French) | Monday to Sunday By Appointment: 0413 2623767 antarcalli@yahoo.fr |

Submitted by Ramana

SATYAYUGA

Location: near Auroville Bakery *Can move on demand*
Satyayuga - in collaboration with Auroville Art Service
WA: +91 76397 61930 - jlmalor@yahoo.fr
FB: Satyayuga Energy Vibration

Energy Vibration

- **Reiki with Kototamas:** give energy for the wellbeing and struggle against stress
- **QiGong:** work on the rejuvenation of the body & automassage and Yoga facial. 7 people max
- **Personal trainer:** using Karla Kattai, conscious muscular exercises and stretching of articulations 1 to 3 people
- **Reflexology:** Manual and natural method centered on the selfregulation of human body by pressing reflex zones & Vibrational massage with bowls
- **Nada Yoga Ananda:** Connect to your inner self through Vibrating Chants, @ 4pm for about 2hours.
 - Ecstatic Wednesday
 - Shamanic Friday
 - Sacred Sunday
- **Gongs, Tibetan Bowls & Didgeridoo meditation for Full Moon and New Moon.** Working with the energetic forces of the Moon, we will create an energetic field to power your intention. @ 7pm for around one hour
- **Tibetan bowls. Gongs. Five Elements Sound Massage.** Connect to your inner self through Sound Massage and Vibrating Chants & find peace in a Sound Cocoon
- **Shamanic journey.** A four hour Workshop to connect yourself to the Source. Experience a powerful Sound Journey in your inner self thanks to energetic exercises and transformative sounds. Every Friday, near Auroville Bakery, 10am—12noon & 3—5pm. 7 people max, possibility to split

Warmly, Satyayuga (Jean-Luc Malor)

A SUNLIT PATH OFFERINGS

Dhrupad Retreat

- October 6, 7, 8 @ A Sunlit Path
 - Friday & Saturday, 10:30am—12:30pm & 5—7pm
 - Sunday, 10:30am—12:30pm & 3—5pm
- Register: +91 8870988843 WA

A Sunlit Path, in collaboration with Abhaya, an Auroville activity of ASSA, is happy to bring you another Dhrupad Retreat With Niloy Ahsan on 6, 7, 8 October from 10:30am—12:30pm & 5—7pm. Dhrupad is an ancient form of Indian classical music known for its meditative and therapeutic qualities. It's a musical journey that aligns the mind, body and soul.



Led by Niloy Ahsan, an exceptional Dhrupad vocalist in the Dagar lineage, this retreat will introduce you to the profound practice of Dhrupad and Nada Yoga, making it accessible for beginners while enriching the knowledge of those already on their musical and yogic journey. Discover how sound can become a bridge between your outer and inner world, creating a harmony that resonates deep within.

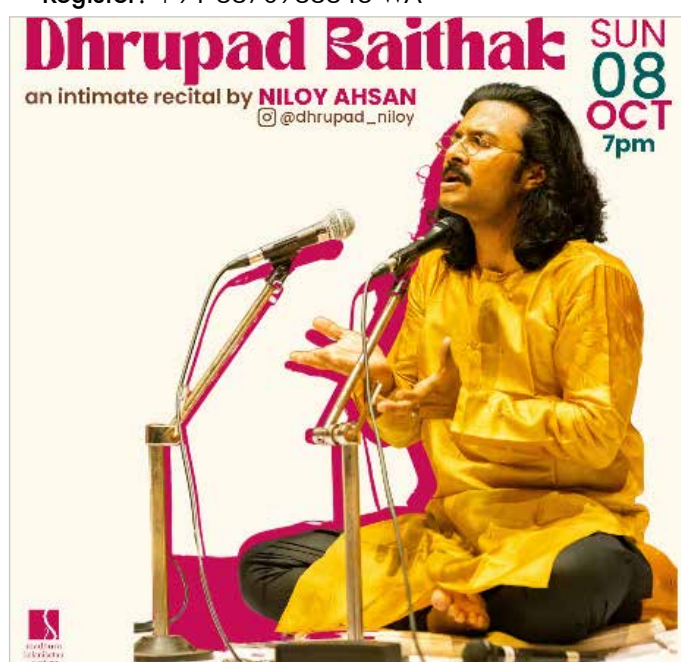
During these three days, you will:

- Cultivate inner peace and self awareness.
- Deepen your understanding of music and yoga.
- Experience the joy and wisdom of classical Indian music.
- Connect with like-minded souls on a spiritual journey.
- Discover the healing power of sound.
- Cultivate mindfulness and presence in your daily life.

This retreat is a welcoming space for all, whether you are just starting or well along your path. Come as you are, with an open heart and a willingness to explore the magic of sound and silence.

Dhrupad Concert

- Sunday, 8 October, 7pm @ A Sunlit Path
- Register: +91 8870988843 WA

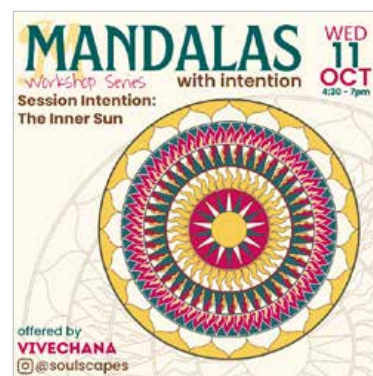


Join us for the unique experience of a dhrupad concert in an intimate setting with the exceptionally talented Niloy Ahsan. Spaces are limited, please register in advance.

Mandalas with Intention

- Wednesday, 11 October, 4:30—7pm
- @ A Sunlit Path
- Register: +91 8870988843 WA (limited spots are available)

Join us for a journey of self-exploration through the world of mandalas. In our Mandala Workshop series, the ancient art of sacred geometry meets the power of visualization, journaling, and color resonance. We invite you to unlock the hidden depths of your being, tap into your creativity, and connect with your inner wisdom through the sacred art of mandalas.



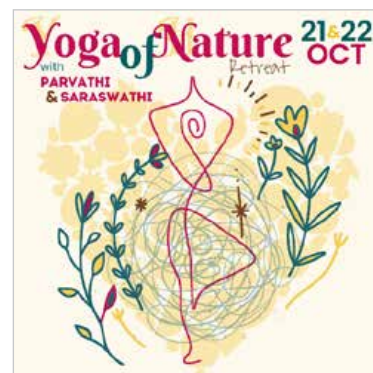
Whether you're new to mandalas or a seasoned explorer, this series offers a flexible path to self-discovery. You can choose to attend individual workshops that resonate with you, or immerse yourself in the full series to experience the complete journey into the world of mandalas.

Vivechana is a seasoned artist, designer, and symbol enthusiast with over 15 years of exploration in the world of mandalas and sacred geometry. Through her company, Soulscapes, she intertwines art and spirituality to create transformative experiences.

Yoga of Nature Retreat

- Saturday, 21 October, 6:30am, Sunday, 22 October, 5pm
- @ A Sunlit Path
- Register: +91 8870988843 WA (limited seats)

Join us for our Yoga of Nature Retreat at A Sunlit Path with Saraswathi Vasudevan and Parvathi Nagarajan. Our journey commences at 6:30am on Saturday, concluding at 5pm on Sunday.



Saraswathi Vasudevan is a yoga teacher, trainer and therapist, founder of YogaVahini and serves on the Voluntary Board of Directors of Yoga Alliance and Parvathi Nagarajan is a treasure-trove of knowledge in the realm of medicinal plants with over two decades of experience. Their combined wisdom and heart promises a transformative journey of self-exploration and wellness.

In the two days, you will experience:

- Revitalizing yoga asana and meditation sessions in KYM tradition
- Wholesome meals to nourishing and heal your body
- Inspiring Chanting and Philosophy sessions
- Dive into the five elements through the lens of Yoga & Ayurveda
- Mindful walks in nature
- Heartfelt sharing circles

You are welcome to either book a room above A Sunlit Path or arrange your stay elsewhere.

Warmly, Sudha,
A Sunlit Path Family & Abhaya Team
www.asunlitpath.org



VÉRITÉ WORKSHOPS

Please contact Verite @ 0413 2622045,
2622606, 9363624083 or
programming@verite.in,
www.verite.in

Restorative Yin & Yoga Nidra: Deep Relaxation for Body & Mind with Emma

• Friday, 6 October, 9:30am—12pm

The workshop will be divided into two parts. The first one will include theory and practice, where we will journey through conscious relaxation, exploring a contemplative Yin Yoga practice to restore the natural condition of the deep tissues in the body while releasing tension in the physical, energetic, and mental layers. Then we shall transition into a relaxing Restorative Yoga practice which unwinds deep tension helping you to slowly let go of stress and feel more connected to your body. Finally, we shall experience Yoga Nidra — known as yogic sleep — a form of guided meditation practiced laying down, where we move into a deep state of conscious sleep, which is a deeper state of relaxation, taking us effortlessly into restful balance and harmony.

Explore Your Five Bodies (Koshas) through the Practice of Yoga with Sabrina

• Saturday, 7 October, 9:30am—12pm

Through a specific Hatha Yoga practice Sabrina will guide you to become aware of our bodies, develop inner clarity and discrimination and sharpen our yoga practice. As attention is strengthened and awareness expanded, better understanding of ourselves and self-management can occur in our everyday life.

Energy Cleanse through Yoga Kriyas with Mamta

• Friday, 13 October, 9:30am—12pm

Purify your energy channels with 3 Hatha Yoga Kriyas: Jal-neti (saline nasal rinse), Trataka (Fixed gaze) & Kapalabhati (Skull shining breath). They cleanse your body from the inside out, develop immunity & steadfastness, paving the way for evolution of consciousness. Anyone registering for this workshop must either bring their own Jalneti pots or buy it from us at the registration desk for Rs 50/-

Master Class—Sivananda Yoga with Mani

• Friday, October 13—9:30am—12pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Purify your Koshas (Bodies) through the Practice of Yoga with Sabrina

• Saturday, 14 October, 9:30am—12pm

According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths called 'Pancha koshas', from gross/physical to the more subtle bodies. In this practical workshop, Sabrina will guide you through a Hatha Yoga session to purify and detoxify your physical body, your energetic system, and your thoughts and emotions. You will learn specific asanas, pranayama's, kriyas, mudras and mantras to stimulate the cleansing of the whole system, releasing what is no longer needed and settling into a sense of balance, well-being, and contentment. This purification practice is the doorstep to connect with deepest layers of your being, reach mental clarity and accelerate your spiritual development. A beautiful session, open to all levels. Come with an empty stomach or have a light breakfast.

Master Class: Mantra, Breathing & Asanas for Internal Organs with Andres

• Saturday, 7 October, 9:30am—12pm
(theory booklet included)

A workshop to help you understand the relationship between emotions and organs, and the effect of asanas on our internal organs through specific breathing techniques, asanas and mantras that bring equanimity to your emotions and well-being to your internal organs.

Yoga of Forgiveness with Dr. Sehdev

• Saturday, 14 October, 2—4:30pm

From the Darkness of Hatred & Indifference to the Light of Forgiveness is a momentous step. From Fear & Festering Revenge, to the Courage of Being is the True Journey of the Spirit. We must let go of what ties us to the prison bars, and dream once again of Freedom. In this freedom alone lies our true Redemption.

Savitri

Programs Coordinator, Vérité Programming

VERITÉ PROGRAMS, OCTOBER 2023

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083, 8489391876
- Email: programming@verite.in
- Website: www.verite.in



Workshops (pre-registration required)

| Day & Date | Workshops, pre-registration required | Timings | Presenters |
|-------------------------|--|-----------------|------------|
| Friday, October 6 | Restorative Yin & Nidra Yoga | 9:30am— 12pm | Emma |
| Saturday, October 7 | Master Class—Mantra, Breathing & Asanas for Internal Organs | 9:30am— 12pm | Andres |
| Saturday, October 7 | Explore Your Five Bodies (Koshas) through the Practice of Yoga | 9:30am— 12pm | Sabrina |
| Friday, October 13 | Energy Cleanse through Yoga Kriyas | 9:30am— 12pm | Mamta |
| Friday, October 13 | Sivananda Yoga—Mas- terclass | 9:30am— 12pm | Mani |
| Saturday, October 14 | Purify your Koshas (Bod- ies) through the Practice of Yoga | 9:30am— 12pm | Sabrina |
| Saturday, October 14 | Yoga of Forgiveness | 2pm— 4:30pm | Dr Sehdev |
| Friday, October 20 | Master Class on Energy Pathways: Restore Flow of Prana through Mantra, Pranayama, Asana, and Prana Nidra | 9:30am— 12pm | Andres |
| Saturday, October 21 | The Shoulder in Yoga: Theory & Practice | 9:30am— 12pm | Rebeca |
| Saturday, October 21 | Balance your Koshas (Bodies) through the Practice of Yoga | 9:30am— 12pm | Sabrina |
| Saturday, October 21 | Freedom from Fear | 2pm— 4:30pm | Dr Sehdev |
| Friday, October 27 | Understanding Pranaya- ma and its Practice in Asanas and Meditation | 9:30am— 12pm | Radhika |
| Saturday, October 28 | Awareness Through the Body | 9:30am— 12pm | Amir |
| Saturday, October 28 | Yearnings for Peace: Peace Within, Peace Without | 2pm— 4:30pm | Dr Sehdev |

Yoga & Re-creation Programs

| Days | Drop-in Classes | Timings | Presenters |
|------------|--|----------------|-----------------|
| Mondays | Sivananda Yoga | 9:30am—10:30am | Mani |
| | Pranayama & Meditation | 11am—12pm | Radhika |
| | Yin Yoga—Healthy Hips | 3:30pm—4:30pm | Emma |
| | Deep Sound Bath | 5pm—6pm | Satyayuga |
| | Hatha Vinyasa Yoga | 5pm—6pm | Andres |
| Tuesdays | Gentle Vinyasa Flow | 11am—12pm | Emma |
| | Face & Eye Yoga | 3:30pm—4:30pm | Mamta |
| | Vinyasa Flow | 5pm—6pm | Rebeca |
| | Holistic Hatha Yoga (no class 24 & 31 October) | 5pm—6pm | Sabrina |
| Wednesdays | Sivananda Yoga | 9:30am—10:30am | Mani |
| | Yoga for Inner Alignment—Pranayama & Asanas | 11am—12pm | Radhika |
| | Yin Yoga—Healthy Spine | 3:30pm—4:30pm | Emma |
| | Kirtan Songs for your Soul | 5pm—6pm | Mamta & Savitri |
| | Hatha Vinyasa Yoga | 5pm—6pm | Andres |
| Thursdays | Peace with Pranayama | 11am—12pm | Mamta |
| | Open Heart Space Meditation | 3:30pm—4:30pm | Samrat |
| | Holistic Hatha Yoga (no class 26 October) | 5pm—6pm | Sabrina |
| | Vinyasa Flow | 5pm—6pm | Rebeca |
| Fridays | Hatha Vinyasa Yoga | 5pm—6pm | Andres |
| | Free Flow Dance & Movement | 5pm—6:30pm | Vega |
| Saturdays | Sivananda Yoga (No class on 7 October) | 5pm—6pm | Mani |
| | Mindful Flow—Awaken in Movement & Stillness | 5pm—6pm | Savitri |

Therapies (by appointment only)

| Therapies (by appointment only) | Therapist |
|---|-----------|
| Thai yoga Massage | Andres |
| Private Yoga Session / Yoga Therapy | Andres |
| Individual Self-Work with Clay | Megha |
| Biodynamic Cranio-sacral Therapy | Mila |
| Private Yoga Session / Yoga Therapy | Nadia |
| Integrated Craniosacral & Foot Reflexology | Radhika |
| Craniosacral Therapy | Radhika |
| Foot Reflexology | Radhika |
| Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage | Raja |
| Private Yoga Session / Yoga Therapy | Sabrina |

Savitri, Programs Coordinator, Vérité Programming

QUIET HEALING CENTER



Baby Watsu Class with Appie & Friederike

• Friday, 13 October at 9:30am

A special opportunity to connect with your baby!

You'll be guided on how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs. In the end, there is free playtime.

Please go first to the reception, bring towels and a closed swimming pants for your baby.

For babies between 2 and 12 months with their parent(s).

Appie for Quiet Healing Center,
www.quiethealingcenter.info, quiet@auroville.org.in,
 Mobile & WA: +91 9488084966

Cinema

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen
 Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 13 October

Planet Earth: From Pole to Pole

2017 / 49 minutes / Alastair Fothergill & Mark Linfield

Narrated by David Attenborough, this series offers breathtaking visuals and informative content about Earth's diverse ecosystems. This episode journeys across the planet, from pole to pole, following the influence of the sun and discovering how its seasonal journey affects the lives of all who live on earth, from polar bears to emperor penguins!



Submitted by Shek

AUROVILLE FILM INSTITUTE

Presents



**Abbas Kiarostami: The 'Face of Poetry'
at the 'Window of Cinema'**

Poetry and Cinema Series

Specially Curated Sessions of Film Analysis



and Film Appreciation

7 & 8 October 2023,
14:30 to 18:30 IST _Online.

Course Overview:

Aesthetes, especially cinema aesthetes often wonder what poetry is in cinema. What makes a film poetic; how film-makers create poetic masterpieces?

Within the discourse of Poetry and Cinema—the name of Abbas Kiarostami is inescapable. Revered as one of the most significant Iranian filmmakers, Kiarostami, also an acclaimed poet, has an eye for the quintessential ordinary—which he observes and expresses with extraordinary simplicity and profundity—rooted in the politics and poetics of Iran.

Kiarostami's lifelong quest can be seen in his distinct application of cinematic means to perceive the deeper drones of reality beyond the surface, where his poetry often becomes the silent signpost. The poetic journey of Abbas Kiarostami is quite exciting, as one can find in his works a confluence of various poetic traditions like Japanese Haiku, Persian Sufi poetry and modern Iranian poetry.

This two-day course will identify, analyze and appreciate a few of Kiarostami's core artistic-philosophical / poetic leanings and that make up his cinematic world.

We'll look at the important and evocative segments of his various films (e.g. The Wind will Carry Us, 1999; Taste of Cherry, 1997; Where is My Friend's Home, 1987; Five Dedicated to Ozu, 2003; Certified Copy, 2010)—and discuss the films' interrelationship with poems written by Kiarostami himself over the years.

To know more visit:

- <https://film institute.auroville.org/2023/09/25/abbas-kiarostami-the-face-of-poetry-at-the-window-of-cinema/>

Or call/ message:

- +91 9969879319 WA & Telegram

Warmly, Richa



At Multi Media Centre Auditorium,
Town Hall

Reminder

- Friday, 6 October 'Full Time' By Éric Gravel, France, 2021



Fantastic Mr. Fox

- Friday, 13 October, 8pm

Directed by Wes Anderson, US, 2009

Overview: Fantastic Mr. Fox is a stop-motion animated film based on the 1970 children's novel of the same name by Roald Dahl. The cast voices include very famous actors: George Clooney, Meryl Streep, Jason Schwartzman, Bill Murray, Willem Dafoe, and Owen Wilson.

Synopsis: Mr and Mrs Fox steal together everything they can; but they decide to stop all this to lead an idyllic family life with their son, Ash. After twelve years of peaceful family life, the bucolic existence is too heavy for Foxy's animal instincts. And one day, their nephew Kristofferson comes to visit. Very quickly, Mr. Fox returns to his old life as a thief and, in doing so, endangers not only his beloved family, but the entire animal community...!

Original English version with English Subtitles.

Duration 1h.27'

Surya, for Aurofilm team





CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
09 October 2023 to 15 October 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice. To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora—Monday 9 October, 8pm
TAANAKKARAN (Circle Inspector)

India, 2022, Writer-Dir. Tamizh w/ Vikaram Prabhu, Anburasan, MS Bhaskar, and others, Drama-Sports, 141mins, Tamil w/ English subtitles, Rated: UA (PG-13)

Based on real life incidents from 1997, in the story Arivu is a young cop who just got selected into Tamil Nadu Police and is sent to the Police Recruit School (PRS) for training. He is joined by a few of his friends and soon befriends other trainees of his batch. Amongst them are much older trainees, who cleared their interviews in 1982, but could not get placed until now. Most trainers see them as unfit men and mock them constantly. However, Arivu motivates them. In doing so he and his entire batch faces the wrath of a ruthless trainer, Eshwaramurthy. Can Arivu manage to win against all these odds?

Potpourri—Tuesday 10 October, 8pm
THE MAN FROM THE EATH

USA, 2007, Dir. Richard Schenkman w/ David Lee Smith, Tony Todd, John Billingsley, and others, Fantasy-Mystery, 87mins, English w/ English subtitles, Rated: NR (PG)

From one of the acclaimed writers of Star Trek and The Twilight Zone comes a story that transcends both time and space. In this film, an impromptu goodbye party for Professor John Oldman becomes a mysterious interrogation after the retiring scholar reveals to his colleagues, he is more than a thousand years old and has a stranger past than they can imagine.

Interesting—Wednesday 11 October, 8pm
SOME KIND OF HEAVEN

USA, 2020, Dir. Lance Oppenheim w/ Dennis Dean, Lynn Henry, Anne Kincer, Documentary, 81 mins, English w/ English subtitles, Rated: NR (G)

Behind the gates of a palm tree-lined fantasyland, four residents of America's largest retirement community, The Villages, FL, strive to find solace and meaning.

Selection—Thursday 12 October, 8pm
RELATOS SALVAJES (Wild tales)

Argentina-Spain-France-UK, 2014, Writer-Dir. Damián Szifron w/ Darío Grandinetti, María Marull, Mónica Villa, and others, Comedy-Thriller, 122mins, Spanish w/ English subtitles, Rated: R

This is a funny film that explores some of the darker parts of humanity, but it does so with a lot of wit and intelligence. The film is composed of six short segments: 'Pasternak', 'Las ratas' ('The Rats'), 'El más fuerte' ('The Strongest'), 'Bombita' ('Little Bomb'), 'La propuesta' ('The Proposal'), and 'Hasta que la muerte nos separe' ('Till Death Do Us Part').. Each one tells a unique story.

International—Saturday, 14 October, 8pm
TO LESLIE

USA, 2022, Dir. Michael Morris w/ Andrea Riseborough, Drew Youngblood, Tom Virtue and others, Drama, English w/ English subtitles, 119 mins, Rated: R

Inspired by true events. A West Texas single mother wins the lottery and squanders it just as fast, leaving behind a world of heartbreak. Years later, with her charm running out and nowhere to go, she fights to rebuild her life and find redemption.

Children's Matinee—Sunday, 15 October, 4:30pm
THE BOXTROLLS

USA-Canada, 2014, Dir. Graham Anabla, Anthony Stacchi w/ voices Ben Kingsley, Jared Harris, Nick Frost and others, Animations-Adventure-Comedy, 96 mins, English w/ English subtitles, Rated: PG

A young, orphaned boy raised by underground cave-dwelling trash collectors tries to save his friends from an evil exterminator.



Robert Altman Film Festival@ Ciné-Club:
Ciné-Club Sunday 15 October, 8pm
McCABIE & Mrs MILLER

USA, 1971, Dir. Robert Altman w/ Warren Beatty, Julie Christie, and others, Drama—Western, 116 mins, English w English subtitles, Rated: R

Charismatic gambler John McCabe arrives in a mining community and decides to open a brothel. The local residents are impressed by his confident demeanor and fast talk, but crafty prostitute Constance Miller sees through McCabe's words and realizes he isn't as sharp as he seems. For a share in his profits, Mrs. Miller agrees to help plan and run McCabe's establishment, but soon a powerful company threatens to destroy what they have built up.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, Nina for MMC/CP
 Group Account #105106,
mmcauditorium@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Svaram Musical Center | 7:00 | 8:50 | 14:50 |
| Veite Guest house—Junction | 7:02 | 8:52 | 14:52 |
| Town Hall—Main Parking | 7:06 | 8:56 | 14:56 |
| Solar Kitchen (Round About) | 7:10 | 9:00 | 15:00 |
| Certitude Entrance | 7:12 | 9:02 | 15:02 |
| New Creation Road | 7:17 | 9:07 | 15:07 |
| SBI Bank—Kuilapalayam | 7:19 | 9:09 | 15:09 |
| ECR Junction—Aroma Guest House | 7:23 | 9:14 | 15:14 |
| Quiet Healing Center—Junction | 7:26 | 9:17 | 15:17 |
| Lotus Hotel—S.V Patel Salai | 7:36 | 9:30 | 15:30 |
| Ashram Road Junction | 7:38 | 9:33 | 15:33 |
| Ashram Dinning Hall | 7:40 | 9:35 | 15:35 |



Pondicherry TO AUROVILLE

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Ashram Dinning Hall | 8:00 | 12:15 | 18:10 |
| Ashram Road Junction | 8:02 | 12:17 | 18:12 |
| Lotus Hotel—S.V Patel Salai | 8:07 | 12:22 | 18:17 |
| Quiet Healing Center—Junction | 8:17 | 12:32 | 18:27 |
| ECR Junction—Aroma Guest House | 8:20 | 12:35 | 18:30 |
| SBI Bank—Kuilapalayam | 8:25 | 12:40 | 18:35 |
| New Creation Road | 8:27 | 12:42 | 18:37 |
| Certitude | 8:32 | 12:47 | 18:42 |
| Solar Kitchen—Round about | 8:34 | 12:50 | 18:44 |
| Town hall Main Parking | 8:38 | 12:54 | 18:48 |
| Verite Guest House—Junction | 8:42 | 12:58 | 18:52 |
| Svaram Musical Center | 8:45 | 13:00 | 18:55 |

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & Newcomers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in, 0413 2622133

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7):

- 108