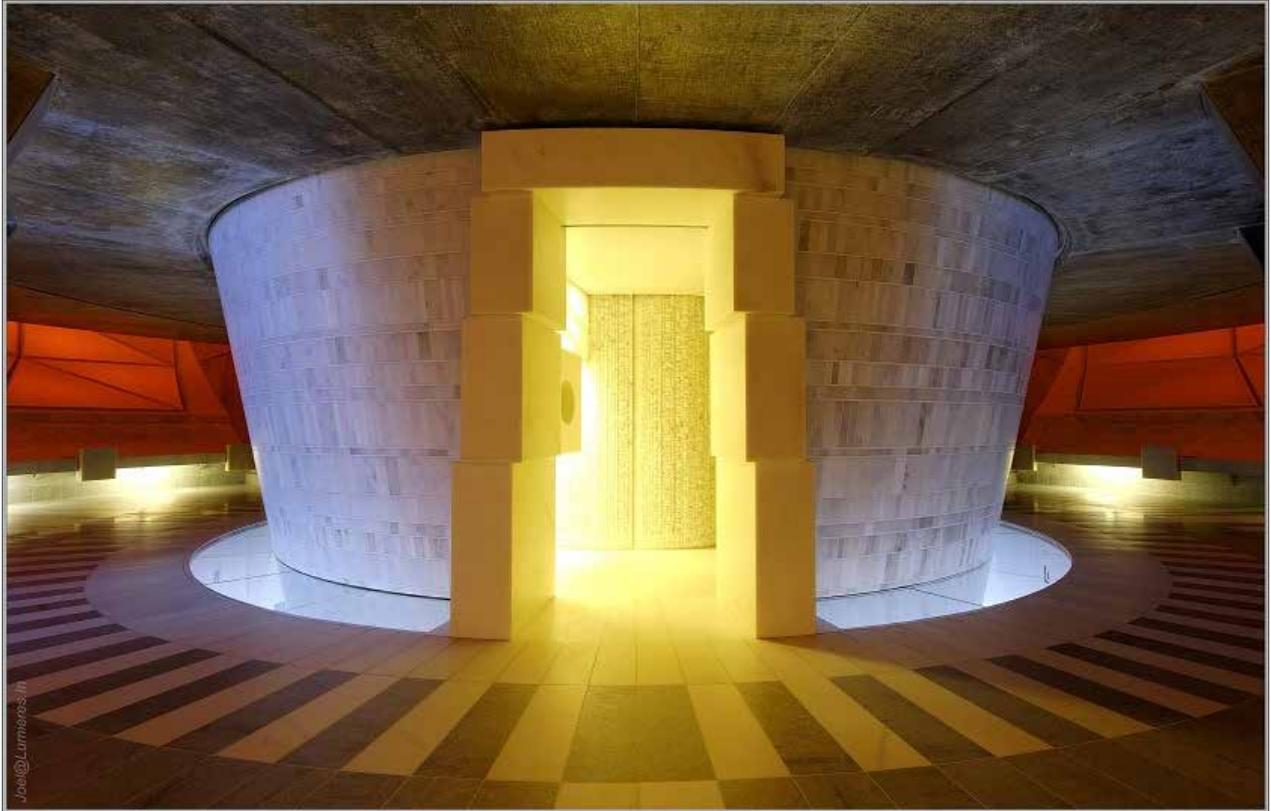




News Notes

#997 A weekly bulletin for residents of Auroville 19 October 2023



She follows to the goal of those that are passing on beyond, she is the first in the eternal succession of the dawns that are coming, — Usha widens bringing out that which lives, awakening someone who was dead. ... What is her scope when she harmonizes with the dawns that shone out before and those that now must shine? She desires the ancient mornings and fulfills their light; projecting forwards her illumination she enters into communion with the rest that are to come.

Kutsa Angirasa — Rig Veda

Pondering



For all problems of existence are essentially problems of harmony. They arise from the perception of an unsolved discord and the instinct of an undiscovered agreement or unity.

For essentially, all Nature seeks a harmony, life and matter in their own sphere as much as mind in the arrangement of its perceptions. The greater the apparent disorder of the materials offered The Human Aspiration or the apparent disparateness, even to irreconcilable opposition, of the elements that have to be utilised, the stronger is the spur, and it drives towards a more subtle and puissant order than can normally be the result of a less difficult endeavour.

For there seems to be no reason why Life should evolve out of material elements or Mind out of living form, unless we accept the Vedantic solution that Life is already involved in Matter and Mind in Life because in essence Matter is a form of veiled Life, Life a form of veiled Consciousness

*The Human Aspiration, The Life Divine
by Sri Aurobindo*

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EDITORS' NOTE

Dear Community Friends, readers of paper version!

We are working on improving the delivery of paper version of News and Notes on Fridays only with no delays.

Please let us know if you do not get your paper copy on Friday before 4:30pm.

Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery us rain on Friday.

*Light and Peace
Roy and Agni*





House of Mother's Agenda



(continued from last week)

If we wish to remedy this Imbalance—for everything that lacks balance in our bodies, our societies, or our cosmic cycles eventually perishes—we must become lucid. We have lost the Password; such is the bottom line of our era. We have replaced true power with devices, and true wisdom with dogmas. This is the reign of the gnomes, on every plane. And it will become more and more a reign of gnomes, unless we relinquish these mortifying half-truths, from above or below, and immerse ourselves in the true Source, within, to recover the practical secret of the Spirit in Matter. 'That which is immortal in mortals... is a god and established inwardly as an energy working out in our divine powers.' (*Rig Veda IV.2.1*) Because they knew this Secret, neither the rishis nor the sages of the ancient Mysteries ever created the monumental schism that presently undermines our lives: 'our Father in heaven, our Mother the earth'; and they did not ever attempt to settle the problem by relegating an earthly human fulfillment to a celestial hereafter: 'Let us conquer even here, let us run this battle-race of a hundred leadings.' Having reached the summits of consciousness, they did not vanish in a pale ecstasy: 'I am a son of Earth, the soil is my mother....' (*Atharva Veda XII.1*) Having traveled to the frontiers of the Infinite, they did not find that the small things here were small: 'O Godhead, guard for us the Infinite and lavish the finite.' (*Rig Veda IV.2.11*) 'May we speak the beauty of thee, O Earth, that is in thy villages and forests and assemblies and wars and battles.' (*Atharva Veda XII.44.56*) They battled, and they were invincible, for they knew that God is within us: 'O Son of the body... full of happiness and light, victorious, to whom no hurt can come.' (*III.4.2,9.1*) A conquering truth of upright men, for whom death is both a falsehood and a defeat. A truth of a divine joy upon the earth. Certainly their truth was premature for the hordes of Europe, who still needed to hear about heaven before earth, but now the time may have come at last to unveil the Mysteries—whether they be Vedic, Orphic, Alchemical, or Catharist—and to recover the whole truth of the two poles within a third position, which is neither that of the materialists nor that of the spiritualists. *The ascent of man into heaven is not the key, but rather his ascent here into the spirit and the descent also of the spirit into his normal humanity and the transformation of this earthly nature. For that and not some post mortem salvation is the real new birth for which humanity waits as the crowning movement of its long, obscure and painful course.*

Sri Aurobindo brings us a message of hope. Ultimately, our present reign of gnomes is the sign of a new emergence. Our darkness and declines always signal the advent of a greater light, which had to descend to break the prevailing limits. There are only two ways of breaking the limits: through an excess of light or an excess of darkness, but while one draws our darkness up into the light and dissolves it, the other precipitates the light into our darkness and transmutes it. One way liberates a few individuals, while the other liberates the whole earth. Ten thousand years ago, a few giants among men had wrestled out the Secret of the world, but this was the privilege of a few initi-

ates, while now we must all become initiates. Ten thousand years ago reigned the Golden Age, while today everything seems to have been swallowed up in darkness. In truth, though, night has not descended upon the world, as the preachers of doom would have us believe; it is only that the light has been buried in the world. The Secret had to be forgotten, humanity had to descend the dark curve of the age of reason and religions, so that all could recover the Secret and the Light everywhere, beneath all the darkness, all the misery, and the pettiness, instead of in a high brazier in some Vedic or Persian sanctuary. We are at the beginning of Time. Evolution does not follow an increasingly sublime and vanishing trajectory, but a spiral: *It is not a tortuous path leading you back, relatively battered, to the starting-point; on the contrary, it seeks to bring to the whole creation the joy of being, the beauty of being, the greatness of being, and the perpetual development, perpetually progressive, of this joy, this beauty, and this greatness. Then everything makes sense.* An eternal spiral that does not end in an ultimate point—for the Ultimate is everywhere in the world, in every being, every body, every atom—but a gradual ascent reaching higher and higher in order to descend lower and lower, to embrace ever more, and to reveal ever more. We are at the beginning of the 'Vast,' which will become ever vaster. The pioneers of evolution have already recognized other levels within the Supermind, opening up new trajectories in an eternal Becoming. Each conquered height brings about a new change, a complete reversal of consciousness, a new heaven, a new earth—for the physical world itself will soon mutate before our incredulous eyes. This is surely not the first change in history; how many were there before us? How many more with us, if only we consent to become conscious? *Successive reversals of consciousness, which will bring an always renewed richness of creation, will take place from one stage to the next.* Each time, the Magus in us turns his kaleidoscope, and everything becomes astonishing—vaster, truer, and more beautiful. We just have to open our eyes, for the joy of the world is at our door, if only we wish it.

Earth's pains were the ransom of its prisoned delight...

For joy and not for sorrow earth was made.

Such is the Secret. It is here, everywhere, within the very heart of the world. The 'well of honey beneath the rock,' the 'childlike laughter of the Infinite' that we are, the luminous Future that pushes back our past. Evolution is far from being over. It is not an absurd merry-go-round, not a fall, nor a vanity fair. It is

... the adventure of consciousness and joy.

Pondicherry, April 14, 1963

**Satprem, The Adventure of Consciousness,
Chapter 17, The Transformation**

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#066

**With love and gratitude,
Gangalakshmi (HOMA)**

Townhall Speaks

FROM THE ENTRY SERVICE—ES # 202

Dated: 19-10-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryboard@gmail.com or auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- Arun Prakash AMBATHY (Indian) staying in Revelation (Patrick's house) and working at Revelation Forest
- Shabbar ALI (Indian) staying in Future School staff quarters and working at Future School



Arun Prakash



Shabbar

NEWCOMER CONFIRMED:

- Poonam MOHANTHY (Indian)
- Catherine Renee FOUCHE (South African)
- Malaika JOSHI (Indian)
- Mikhail SOKOLIN (Russian)
- Priyanka (Indian)
- Shaheen (Indian)
- Shaily SHAH (Indian)
- Victoria BONNEAU (French)

YOUTH TURNED 18 ANNOUNCED:

- Ilengo PION BORG (French) staying in Sharnga and working at Sharnga guest-house & studying Psychology with Matram
- Narchelvi SARAVANAN (Indian) staying and working at Aranya Forest and Sanctuary



Ilengo



Narchelvi

SPOUSE OF AN AUROVILIAN ANNOUNCED:

- Eswari MATHAN (Indian) staying in Humanscapes—changing her status from Newcomer to Spouse of an Aurovillian



Eswari

LEFT ON THEIR OWN:

- Robin BAUMES (French)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
- Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

0413 2622707, auroville.entryservice@gmail.com

Submitted by William for The Entry Service

Community News

Awakening Spirit

DREAM DIVINE SERIES

Savitri
B H A V A N

A short film on The Mother's Symbol by Tara-Di & The Mother's Terrace Darshans (1965-1973)



by Sudha Sundaram'

Wednesday, 25 October, 4:30—5:30pm

In the Sangam Hall of Savitri Bhavan

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to guide newcomers to understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Everyone is welcome

Dhanalakshmi, for Savitri Bhavan Team

AMPHITHEATRE—MATRIMANDIR

Every Thursday at Sunset (weather permitting)

5:30—6pm

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
 - Dear Guests, please carry your Guest Card with you
 - Access only for the Amphitheatre from 5:15pm and for the meditation time.

Thank you, Surya and Amphitheatre Team



SAVITRI BHAVAN
October 2023



Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall. A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

Films

Mondays at 4pm in the Sangam Hall

- **October 23:** Pictures of Sri Aurobindo's Poems—Part One with paintings and recitations by Huta. A meditative film by Manohar, with music by Sunil-da. Duration: 32min.
- **October 30:** Pictures of Sri Aurobindo's Poems—Part Two—A meditative film by Manohar illustrated with paintings by Huta. The poems are read by Huta and accompanied by Sunil's music. Duration: 41min.

Full Moon Gathering

- **Saturday, 28 October, 7:15—8:15pm** in front of Sri Aurobindo's statue

Dream Divine Series

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'.

The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

- There will be a weekly session every Wednesday 4:30—5:30pm.
- The series will include presentations, films, talks, etc., followed by questions and answers.

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** Self-Surrender in Works—The Way of Gita led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Tuesdays 5:30—7pm:** OM Choir led by Narad
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shradhdhavan
- **Fridays 3—4pm:** Readings and exploration of 'The Triple Soul-Forces' of Savitri led by Dr. Jai Singh
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday, 9—5

Everyone is welcome

Dhanalakshmi
or Savitri Bhavan Team

PICTURES OF SRI AUROBINDO'S POEMS,
Part One—Painting and Recitation by Huta



Monday, 23 October 2023, 4pm, at Savitri Bhavan.

Duration: 32min.

Huta expressed about her work: 'I did the paintings according to Mother's inspiration and instructions. In fact, from time to time she corrected my paintings and never forgot to explain to me in detail the colour scheme.' The Mother saw all Huta's paintings of Sri Aurobindo's poems and also approved Huta's recitations. In this Part One, 23 poems by Sri Aurobindo and some of their verses are presented along with Huta's painting and her recitation.

From the poem *Urvasie* (1892), Huta was inspired to illustrate lines about the king Pururavas and about the unearthly beauty and love of Urvasie which attracted Pururavas. Eventually the king followed the journey of his soul to the mountain and reached the Mighty Mother who gave him the miraculous water and immortality.

Pururavas:

'I come to you, O mountains, with a heart
Desolate like you, like you snow swept, and stretched
Towards your solemn summits kindred hands.'

Urvasie:

'Musing, with wide creative brows, she sat
In a slight lovely dress fastened with flowers
All heaped with her large tresses. Golden swans
Preened in the waters by her dipping feet
One hand propped her fair marble cheek, the other
The mystic lotus hardly held. ...
Then with a sweet immortal smile the Mother
Gave to him in the hollow of her hand
Wonderful water of the lake.'

(Collected Poems, *Urvasie*, p.101, 104, 105)

Around 1900—1909, while probably staying in Baroda or Bengal, Sri Aurobindo composed the poem

A Vision Of Science:

'I dreamed that in myself the world I saw,
Where in three Angels strove for mastery.
Law was one, clear vision and denial cold,
Yet in her limits strong, presumptuous, bold;
The second with enthusiasm bright,
Flame in her heart but round her brows the night,
Faded as this advanced. She could not bear
That searching gaze, nor the strong chilling air
These thoughts created, nourishing our parts
Of mind, but petrifying human hearts.
Science was one, the other gave her name,
Religion. But a third behind them came,
Veiled, vague, remote, and had as yet no right
Upon the world, but lived in her own light...' (p.42)

Then in Pondicherry, he wrote in new metres the poem

Beyond The Silence:

'One with the Eternal, live in his infinity,
Drowned in the Absolute, found in the Godhead,
Swan of the Supreme and spaceless ether wandering
winged through the universe,
Spirit immortal.' (p.582).

A deeply meditative film by Manohar with beautiful recitations by Huta and music by Sunil.

Margrit

**AUM TAT SAT
All That Is Truth**

Cinema Paradiso,
5pm, Friday, 20 October 2023

Nritya Yoga performance offered at Matrimandir Amphitheatre for Sri Aurobindo's 150th Birth Anniversary

On the occasion of 150th Birth Anniversary of Sri Aurobindo

AUM TAT SAT
Film Premier Screening
Nritya Yoga Performance
offered at Matrimandir Amphitheatre



Date : Friday 20th October 2023
Venue : Cinema Paradiso
(near Town hall)
Time : 5.00 pm to 6.00 pm

All are cordially invited to arrive by 4.45 pm.
Park your bikes in front of the Cinema Paradiso.

The screening our film will be at Paradiso, especially for all those who have missed. All are welcome with friends & family.

Aum Tat Sat is a 3 act exploration of Sri Aurobindo's visionary experience and significance of *Aum Tat Sat* across His Works including 'Essays on the Gita', 'Record on Yoga'.

Our film captures this performance; a confluence of movements of Indian Classical Odissi & contemporary dance, Asanas, Kalaripayattu in resonance of orchestral Raga music and Mantras.

- script & music composition by Arnab
- choreography by Madhumita, Devasmita, Grace
- co-created with 50 artists from Sri Aurobindo Ashram, Auroville, Europe, Russia & USA

Video trailer:

- <https://www.youtube.com/watch?v=ATHibIRVwoA>



QR code for trailer

Best regards, Satyakam

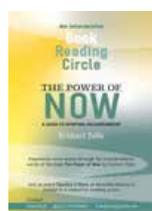
**BOOK READING CIRCLE
The Power of Now**

Every Tuesday 6:30—7:30pm

Experience inner peace through the transformative words of the book 'The Power of Now' by Eckhart Tolle. Join us at the Auroville Library to engage in a collective reading circle.

Contact: (91) 7678208825,
b.deb253@gmail.com

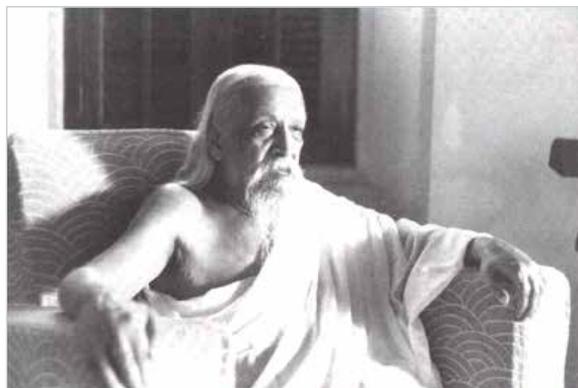
Debashish



**FUNDAMENTALS
of Sri Aurobindo's Philosophy in Savitri**



A series of monthly presentations by Larry Seidlitz
Eighth presentation 'Ishwara-Shakti'
Friday, 27 October 27, 4—5pm
in the Sangam Hall of Savitri Bhavan



In this presentation we will consider Sri Aurobindo's dual principle of Ishwara-Shakti, both from a philosophical perspective in *The Life Divine*, and from a poetical and mystical perspective in *Savitri*. This dual principle is the first, the original duality in which the One Divine differentiates itself into two aspects, the One Self of all and his Consciousness and Force which manifests all that is. The term Ishwara carries the important attribute of being the Lord, the Master of the manifestation which his Shakti, his Conscious-Force displays in the many worlds and fields of being. And Shakti carries the important attribute of being conscious of the Lord of whom she is the manifesting Force. Thus, this original duality is not separated, they are not two, they are the two-in-one.

Everyone is welcome
Dhanalakshmi for Savitri Bhavan Team

STUDY CIRCLE



BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

on The Synthesis of Yoga—Sri Aurobindo
On the Occasion of Sri Aurobindo's 150th Birth Anniversary
Sri Aurobindo Centre, Resource Library
Tuesdays, 4:30—5:30pm

- An exploration, led by Deepti Tewari

Since Two Years Bharat Nivas has been holding a weekly Study Circle on The Synthesis of Yoga—Sri Aurobindo

The Mothers very last message to Auroville: *Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of work.*



To live in Auroville means to do the Yoga of work. So all Aurovilians must take up a work and do it as a yoga

27.03.1973

She also said: '**Programme:** Research through experience of the Supreme Truth. *A Life Divine. But no religions*

02.05.1970

Regards, Vani, BN Cultural Team
0413 2622253

BRAHMANASPATI KSHETRAM

Calendar of regular events, October 2023



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

*To my dear little child
live only for the Divine*

Calendar of regular events of October 2023

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

Every Friday 5:30 - 6.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

29th, Sunday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

kshetram2014@auroville.org.in



Submitted by Rajan

UNITY PAVILION: DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

MUDRA CHI

Every Tuesday at 4:30pm.
At Savitri Bhavan
Facilitator Anandi.ayun.

Everybody Welcome!

Submitted by Anandi



MATHEMATICS
Workshops And Weekly Sessions
by Enlight Activity.



Dear Reader, please take a note of the regular offerings by enlight as mentioned below.

- **Math is a play:** Weekly sessions for elementary levels, 1st and 2nd graders on visual mathematics.

These sessions offer a groundwork for middle school and high school math concepts in a playful, non-rigid way. We work together to understand these concepts through various experiences around us which later prove helpful in learning the same concept in a classroom.

These sessions are ideal for parents and children who are long term residents of Auroville.

- Every Saturday, 10am -12pm @ The European House
Please request an appointment to take it further.

- **Integral Education and Mathematics:** An Introductory workshop on Integral Education and Mathematics for short-term residents and visitors.

This two hour workshop is ideal for parents, teachers and anyone above 18 yrs who would like to learn from the writings of The Mother and Sri Aurobindo and how an understanding in mathematics can support an individual on the path shown by them.

- Every Friday, 4pm—6pm
- **To join or enquire about any of the above activities,** please connect via email enlight@auroville.org.in or phone, Snehal, 9529673687
- To understand our learning approach; please click on the link to listen to our podcast with Auroville radio <https://www.aurovillerradio.org/interview-with-snehal-d-roy/>
- This event is contribution based

Arun, Anand and Balaji For Enlight team

AUROVILLE LIBRARY

Weekly Timings:

- **Mornings:** Monday—Saturday, 9am—12:30pm
- **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

Story time At the Auroville Library!

Every Saturday, 10—11am:

Children's storytime.

- **Contact:** 0413 2622894, avlib@auroville.org.in
- **Web:** library.auroville.org.in/



Kristen for Auroville Library



CALL FOR GRANT PROPOSALS

Annual Review for Funding in 2023—2024

The Project Coordination Group (PCG) will be meeting for the annual review of grant proposals for funding by Stichting De Zaaier in December 2023 and the Foundation for World Education in 2024. A grant application and budget request form are available on request from pcg@auroville.org.in or may be downloaded from Auronet.



STICHTING DE ZAAIER

All documents related to this purpose are to be submitted in the prescribed forms as attachments emailed to pcg@auroville.org.in latest by Monday, 30 October.

Please submit earlier if possible. You are invited to send us a draft version of your proposal for comment prior to the due date. (If you plan to submit a proposal, please carefully read this full announcement to the end!)

Following the procedure set up by the Foundation for World Education, the Project Coordination Group will review and select projects for approval and budget allocation by their Board members. In recent years, funds available with the Foundation for World Education for Auroville projects and programmes amounted to approx. USD 30,000 in total.

With regard to Stichting De Zaaier, the Project Coordination Group will check whether proposals fall within their funding criteria and forward those that do to the SDZ Board for final selection and grant allocation. In recent years, funds available with Stichting De Zaaier for Auroville projects and programmes were in the range of € 50.000 to € 90.000 in total.

Stichting De Zaaier welcomes project proposals for:

- research studies in the fields of sociology, economy, psychology and inner development;
- exploratory (research) studies into the relations with the world outside Auroville, in particular with the villages (and villagers) surrounding Auroville, as well as proposals for initiatives that seek to contribute to strengthening these relations;
- initiatives that seek to enhance efficient co-operation of Aurovilians with the aim of making full use of the existing potential in Auroville;
- studies exploring a sustainable future for Auroville and initiatives contributing to such a future; including initiatives aimed at a more sustainable economy.
- initiatives requiring seed money (micro-projects) for innovative and informal education and training, women's development, outreach as well as proposals prepared by youth.

Please note that no funds are available for infrastructure, buildings or transport. Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville

- A grant application form and budget request form are available on request from pcg@auroville.org.in or may be downloaded from Auronet.

Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or students of any individual classes, your project is to be reviewed by all concerned School Boards prior to the Project Coordination Group review. (Please contact any individual schools mentioned in your proposal before submitting it to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

NB If you have already received funding for a project through the Project Coordination Group please send in a progress report/status update (if project is ongoing) or final report (if project has been completed or all funds have been utilized) before making an application for new grant.

- For more information or assistance please write to pcg@auroville.org.in or contact the Project Coordination Group at the ACUR (Town Hall) by phoning 2622250.
- Last date for submitting proposals for this call is Monday, 30 October.

Pala, for the Project Coordination Group

Sashka for TLC Open spaces team

Health Care

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours: Monday—Saturday, 9am—5:30pm

The following services are provided

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available



Contact

- aurokiya@auroville.org.in; aurokiya@gmail.com
- WA/ Mobile: 8012305151, www.aurokiya.com

Thanks, Aurosugan, Aurokiya team

SANTÉ SERVICES, OCTOBER 2023



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Monday/ Tuesday/ Wednesday/ Thursday/ Friday	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Monday/ Tuesday/ Wednesday/ Thursday/ Saturday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Integrative Psychotherapy with Juan Andres: TOS	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Monday to Saturday	Physiotherapy with Rebeca: Monday/ Wednesday/ Friday
Bio-Well Assessment (Evaluation of your well-being) with Helena: As per availability	Physiotherapy & Massage with Galina: Monday to Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.*
- In case of cancellation or to reschedule, it is necessary to inform us in advance.*

Dasha for Sante Services
sante@auroville.org.in,
<http://sante.auroville.org.in>

AURODENT DENTAL CLINIC

AURO DENT

Dental Clinic
 Auromode, Auroville.

For Appointment please contact us
 Email: aurodent@auroville.org.in
 Phone: 0413-2622063 What's up: 9629199328

Working hours
 Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sutha

AYURVEDA CLASSES



From 6 November I will be starting again the teaching of Ayurveda and how this Science of life can be directly applied on a daily basis to understand oneself and others health and imbalances/diseases but also to gain knowledge on the medicinal plants that grow in the surroundings useful to sustain health all through the year.

Learn how the relations, food, environment, climate, seasons, season of life can influence the state of well-being in the physical, vital and mental.

- Ayurveda classes will be held **in Sante Every Monday:**
 - 2pm:** beginners
 - 3:15pm:** advanced
 - until March 2024 (no class on school breaks).
- If you would like to get an idea of the previous classes, please check on YouTube by searching "Ayurveda Auroville".
- If you are interested please contact Dr.Be directly by Whatsapp message on 9489505691.

With much love and happiness to share this profound knowledge, Dr. Be

MORNING STAR SERVICES

Morning Star is a unit of the Health and Healing Trust, made up of midwives and doulas who support pregnancy, childbirth, breastfeeding and provide women's wellness GYN care in Auroville. We offer our services to all and invite you to participate and benefit. Our goal is to bring respectful health and maternity care to women and families in Auroville.



Consultations

- At Sante**
 Paula offers midwife and GYN consultations at Santé including well-woman care, Pap tests, and other screenings, menarche through menopause. Book an appointment through Sante 0413 2622803
- Other**
 Consultations available with midwives, doulas and breastfeeding advisors—email us if you are interested in specific consultation.

Teens

We offer consultations for teenagers by appointment with strict privacy protocol.
 • Contact by email: morningstar@auroville.org.in

Classes

Childbirth preparation classes, including fathers, are offered throughout the year.
 • **Location:** Hall of Light, Creativity Community
 • **Time: Wednesday evening, 5—7pm.** Movement classes like Yoga, dance, breath work and education on various aspects of pregnancy, birth, newborn and breastfeeding. Most of the sessions are offered in English and Tamil.
 • Like to join the classes? Send WA message to Bala, +91 9892699804

Parents' Groups

Rotem is facilitating a support group for mothers and fathers who have had a baby in the last year.
 • **10—11:30am, Wednesday mornings, Hall of Light**
 • Interested? Send message to Rotem at WA +91 8056888715

Bala

RECONNECTING WITH YOUR INNER CYCLE

Monday, 23 October, 4—6:30pm

@ our office in Auroshilpam ([Google map us!](#))

eco ♻️ femme

The world of menstruation as a gateway to connect with your body and your inner power:

Eco Femme invites you to explore

- Wonderful and wild world of menstruation
- Women as cyclical beings
- Learn menstrual cycle tracking to nurture the power of your womb
- Embodied practices to connect with your body (including some belly dance steps)
- Eco-Sisterhood through sharing authentically.



Cost: On contribution basis, contact us to know more

Prior registration required. Please email us at info@eco-femme.org or message us at 9487179556 to register/ask questions.

P.S. Everyone has a woman in their life—men, please don't shy away from joining!

Submitted by Célia

Animal Care

STERILIZATIONS AND VACCINATION

Services Update

DID YOU KNOW?

An unsterilized female dog, her mate, and all of their babies' babies, if none are ever sterilized, would add up to :



1 YEAR: 16
 2 YEARS: 128
 3 YEARS: 512
 4 YEARS: 2, 048
 5 YEARS: 12,288
 6 YEARS: 67,000



We are happy to announce the availability of limited slots for dog sterilizations at our shelter. This service is open for either AV Community or privately owned dogs of Aurovilian individuals. We hope to be able to expand this service to other dog lovers in the future. Our team of two veterinarians is ready to perform sterilizations every Saturday afternoon, sterilizing up to 3 female or 4 male dogs.

Despite our extremely tight budget, we are committed to providing free or donation-based sterilizations for adopted former shelter dogs. For other dogs, we charge our cost price of Rs. 2500 per dog, which includes if desired by the owner one night of boarding in the shelter. Additionally, if you opt to leave your dog in our shelter for a few days (maximum 7 days) for post-op aftercare and daily vet checkups, the rate is Rs. 250 per day per dog and is only possible if we have an enclosure available. Please inquire.

Due to our current staff situation, we are temporarily unable to offer home pick-up or delivery services for your dog.

We are still actively seeking a qualified vet rescuer who can fill this role. If you want to join our team as an animal caretaker, please contact Arthur at 8122225266 WA

In response to solving the overcrowding in our shelter, we have initiated a rehoming, adoption, and fostering initiative, especially for our 25 puppies. Our goal is to gradually reduce the number of dogs from 300 to a manageable level, allowing us to enhance the care for each dog and eventually be able to resume rescue operations again. We are working hard towards starting the construction of a new Auroville Dog Shelter, which will include essential facilities such as rabies and other quarantine buildings, as well as puppy facilities with night staff on duty.



Vaccinations are available at the shelter (please pre-book) for Rs. 500 per dog. Our purchasing price per vaccination is half of this amount so your contribution helps pay forward the vaccination of one street dog. We provide free vaccination boosters for all adopted puppies from our shelter. We remain hopeful that with your support and regular donations, we can strive towards offering unlimited free vaccinations for every dog in the future. If you have something to spare, we would be grateful if you could donate to our **FS account 251391**.

- For reserving a vaccination slot, please contact Arthur via at 8122225266 WA or our shelter phone 8939449413 (Tamil spoken 9—5)

Thanks, Arthur
for The Auroville Dog Shelter Team

The Arts

KATHAK PERFORMANCE

Saturday, 21 October, 7 pm

@ Sri Aurobindo Auditorium, Bharat Nivas

Duration: 1 hour

A fabulous Kathak Performance
 By the Disciples of Guru Shri Karnataka Kalashree Mysore
 B Nagaraj from Articulate Dance Studios

Venue: Sri Aurobindo Auditorium
 Date: Saturday 21st, October 2023
 Time: 7 pm, Duration: 1 hour

Entry for Aurovilian free of charge.
 Guest & Visitors scan the QR code

Enquiry contact: Krishna at 9787-880211

A fabulous Kathak performance by The Disciples of Guru Shri Karnataka Kalashree Mysore B Nagaraj from Articulate Dance Studios

Guru Mysore B Nagaraj, a versatile artist, trained in Kathak dance, with degrees from Prayag Sangeet Samithy and guidance from renowned gurus. His mastery extends to both Lucknow and Jaipur Gharana styles. He's been recognized for his ability to convey stories through Kathak with grace, performing across India and internationally.

Nagaraj has worked with Guru Smt Maya Rao and other choreographers, being a graded artist of Doordarshan. His artistry transcends boundaries, gracing stages in Singapore, Nepal, Scandinavia, North America, the Middle East, and Europe. He has enriched Michigan State University as a visiting scholar.

He's not only a dancer but a mentor through the Articulate Dance studios, nurturing classical dance aspirants. His NGO, Articulate

Ability, empowers the visually challenged with dance, providing training and performance platforms.

Among his numerous accolades are 'Karnataka Kalashree Award 2020' for lifetime achievement and 'Senior Fellowship' from the Ministry of Culture.

- **Enquiry contact:** Krishna at 9787-880211 Parking available outside the Bharat Nivas main gate
- Free for Aurovilians and newcomers
- Guest & Visitors to scan the QR code or click the link <https://in.bookmyshow.com/events/a-fabulous-kathak-performance/ET00372616?webview=tru>

Regards, Vani

CREEVA PRESENTS:

**Black & White In Life & Beyond
by Audrey Wallace-Taylor
(1933—2023)**

Art Exhibition cum Fundraiser For CREEVA
7—24 October 2023 @ Pitanga

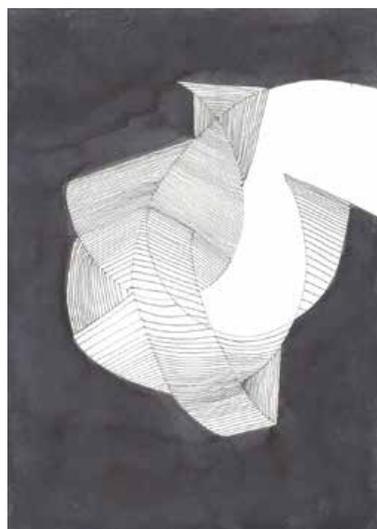
The exhibition will be open Monday to Saturday
8:30am—12:30pm and 2:30—5:30pm

Organized in loving memory for Audrey by CREEVA and her close friends. Proceeds from sales of the exhibition will support CREEVA, Audrey's art and life project in Auroville.



CREEVA

About CREEVA:



CREEVA is a platform to experience art first hand, where one can experiment with mediums, form, themes.

Creeva offers the chance to go on a journey to find expression, as each one has an individual expression and style; the way you speak, the way you walk and move. CREEVA allows such deep exploration; one can practice the yoga of art regularly and peacefully.

The founder of Creeva was Audrey. In the early years she was gifted with the means to explore, to

find her own expression, to follow her passion to paint, to draw. Audrey has passed on into the Light but Creeva remains, to offer the opportunity to any who would avail themselves of such freedom, such possibilities of exploration.

Andrea for Pitanga Cultural Centre,
2622403 / 9443902403 WA, info@pitanga.in

HOMAGE

Audrey and Eva

27 October—11 November

Monday—Saturday, 2:30—5:30pm

Opening on Friday, 27 October, at 4.30pm

Homage is an exhibition dedicated to Audrey and Eva, two artists who dedicated their Aurovilian life to transmit the beauty of art to the community.



HOMAGE

Audrey
Wallace Taylor



Opening on
Friday
27 October
at 4.30pm

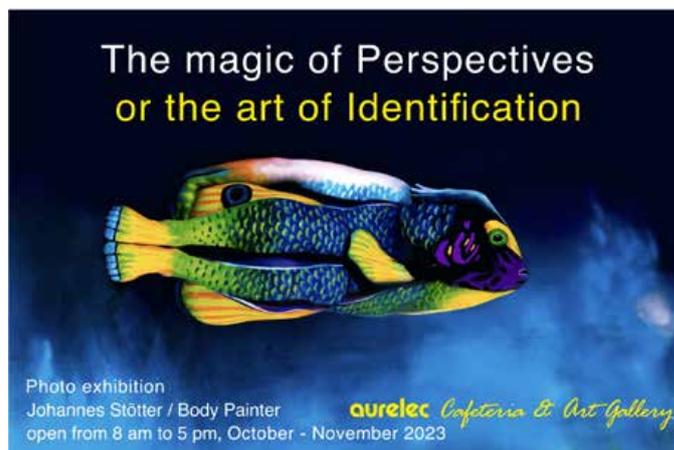
They have been artists and teachers, and always connected with education. Audrey taught how to approach art, how to play with it, how to experience and enjoy it. Eva was inspired by the children's world she came to know when she was a teacher. "In the school I learnt a lot from the children about creativity and the absence of mental limitations" she used to say.

They recently passed away a few months apart from each other, so we are happy to remember their passionate work through a double exhibition in Centre d'Art, Citadines.

- All donations for Audrey's work will go to CREEVA, the art workshop open to the community that Audrey created in 2017 and supported over the years Marco

JOHANNES STÖTTER, THE MASTER OF ILLUSIONS

October—November, 8am—5pm @ Aurelec Cafeteria



**The magic of Perspectives
or the art of Identification**



Photo exhibition
Johannes Stötter / Body Painter
open from 8 am to 5 pm, October - November 2023
aurelec Cafeteria & Art Gallery

THE STORY OF PRAHALADA

A contemporary Therukutthu performance

Saturday, 28 October, 6:45pm

@ Sawchu, Bharat Nivas

Followed by Garba celebration Sukla Paksha Purnima at 7:45pm

Bharat Nivas
presents
"The Story of Prahalada"
A contemporary Therukutthu performance
By
Pondicherry University's
Performing Arts Department
students

Time: 6.45 pm
With folksongs, theatre, dance
and humour

Followed by
Garba celebration
Sukla Paksha Purnima

Time: 7.45 pm

All are Welcome to join us!

Venue: **SAWCHU, Bharat Nivas on Saturday 28th, October 2023**

Enquiry contact: Krishna at 9787-880211
Parking available outside the Bharat Nivas main gate

By Pondicherry University's Performing Arts Department students with folk songs, theatre, dance, and humour

In a lively street performance, students from Pondicherry University's Performing Arts Department bring "The Story of Prahalada," an ancient Indian tale, to life through Therukutthu.

This play mixes various elements like dance, music, and more, offering an engaging, easy-to-understand version in different languages. The story unfolds against a backdrop with colourful designs, told through expressive movements and strong voices.

The story is about Prahalada, a devoted follower of Lord Vishnu, facing off against the wicked demon king Hiran-yakashipu. The performers wear striking costumes and makeup, transforming into different characters. Rhythmic songs and traditional instruments add to the experience, blending acting, dance, and music.

As the story progresses, the audience is taken to a divine world where Lord Vishnu protects Prahalada by becoming Narasimha, a half-man, half-lion deity. The highlight is a thrilling battle between good and evil. This Therukutthu show is a spiritual journey, reminding us of faith's strength and the age-old battle between light and darkness. It's a mix of tradition and modern theatre, showcasing Indian mythology and folklore in a simple, enjoyable way.

All are Welcome to join us!

- Enquiry contact: Krishna at 9787-880211
- Parking available outside the Bharat Nivas main gate

Regards,
Vani BN Cultural Team

THE ART WORK OF AUDREY WALLACE TAYLOR

Bharatnivas-Kalakendra Presents the ArtWorks of

Late Audrey Wallace Taylor

Aurovilian Senior Artist

In her Sweet Memory and her engaged dedication to creativity and teaching of Art at her famous Studio Creeva.

- **Inauguration:** Saturday, 14 October With music and Recitation
- **Duration of Exhibition:** 12 to 29 October
- **Timings:** 9 am to 5 pm
- Open on Sundays also

Parking Outside the main Gate



Tapas

IKEBANA: SEARCH FOR THE HEART OF FLOWERS

By Valeria Raso Matsumoto

From 13 to 21 October 2023 @ Centre d'Art, Citadines, 10am—12pm, 2—5:30pm



Centre d'Art
Auroville

Opening on Friday, 13 October, 4pm

IKEBANA
SEARCH for the HEART of FLOWERS

An exhibition by
VALERIA RASO MATSUMOTO
With the special participation of
Kenji Matsumoto

13th to 21st October 2023
10am-12pm 2pm-5:30pm

Opening
Friday 13th October at 4pm

Centre d'Art, Citadines, Auroville
centredart@auroville.org.in
Please park at Town Hall parking

Please park at Town Hall

Marco

Festivals

**AUROVILLE ILAIGNARKAL EDUCATION CENTRE
Festival of Evolution Special Invitation**

- Monday, 16—Tuesday, 24 October
- Visiting time 10am—12noon and 2—5pm
- Special group singing: 6—7pm.

Ilaignarkal Education centre invites you all
NAVRATRI KOLU FESTIVAL
DISPLAY OF TRADITIONAL DOLLS IN A THEME EXPLAINING THE EVOLUTION AND CONSISTENCY

This year special theme—**COMMON TOOLS to DIVINE TOOLS** for Creation, Protection and Destruction

From October 16th(Monday) to October 24th (Tuesday) 10am to 12 noon and 2pm to 5pm

Join us every evening for Aarathi and Prasadham and special group singing between 6pm -7pm everyday @ IEC, near Townhall

Artists are welcome to perform Music and Dance on the event. Please contact IEC office @ +91 413 262 3773 to register.

Ilaignarkal Education Centre, cordially invites you to participate in the cultural event—Navaratri Utsav—doll show as part of Dasara Celebrations. The festival of Navratri holds significance as it represents the different stages of Evolution. This year the theme is on 'Common Tools to Divine Tools' for creation, protection and destruction. We invite all of you to be with us and participate in the special weeklong event. RSVP: 0413 2623 773, tamil@auroville.org.in

R. Meenakshi
for Ilaignarkal Education Centre Team

HALLOWEEN CELEBRATION

@ Youth Center, Saturday, 28 October, 3—10pm



Bring your kids and family!!

With respect towards the original celtic festival of Samhain, and honoring the traditions, we are coming together to celebrate Halloween and have a fun evening of togetherness, community sharing and love and other fun activities.

Event Highlights:

- Costume Contest with Prizes for the Best Dressed
- Witch's Brew Bar—Special Halloween Mocktails
- Dance your heart out to Live DJs
- Jesse Special Play
- Haunted House Experience
- Special Halloween themed baked goodies and pizza
- Trick or Treat Candy Stations
- Face Painting and Tarot Readings
- Photo Booth to Capture Your Spooky Moments
- **Dress Code:** Come in with your favorite costumes
- **Location:** Youth Center
- **Time:** 3—10pm
- **Date:** Saturday, 28 October, 2023



Please note: It is strictly a no alcohol and no substance zone.
Looking forward to seeing you all!
YouthLink and YouthCenter team,
Bondeepa

KARAOKE PIZZA NIGHT

Friday, 20 October, 7—10pm @ Youth Center

Dear Community, Youthlink & Youth Centre are thrilled to extend its warm invitation to you for an exciting Karaoke Pizza Night

KARAOKE PIZZA NIGHT

7:00 - 10:00 PM
Youth Center
Friday 20th Oct

Pick your slice
Sing your heart out
& share the joy of music & pizza

*Youth Center now has pizza nights also on Saturdays & Sundays

Join us for an unforgettable evening where you can sing your heart out while relishing on delicious pizza.

Whether you believe you have the voice of a professional or you're just a shower singer, this event is tailor-made for everyone to come together, have a blast, and foster a sense of togetherness within our community. Don't forget to bring your favorite song to share with us!

- Youth center now has **pizza nights** also on Saturdays and Sundays

Looking forward to seeing you there! **Gautam**

Activities

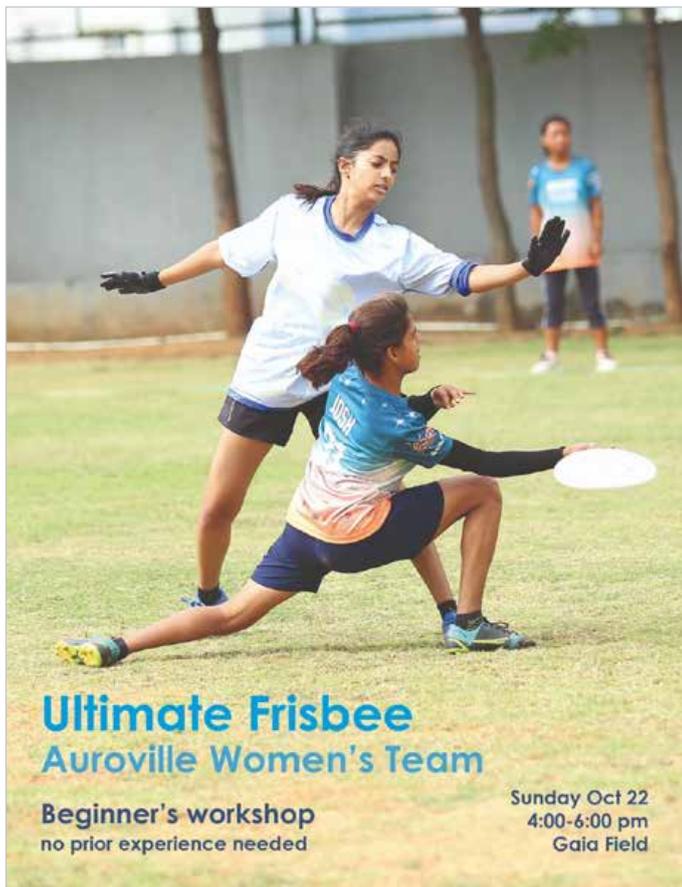
ULTIMATE FRISBEE WOMEN'S TEAM

22 October, 4—6pm @ Gaia field

Hi ladies, we are starting Auroville Ultimate frisbee women's team practices again!

It's going to be lots of fun and training...

Would you be interested in trying it out? or do you know someone who would?



**Ultimate Frisbee
Auroville Women's Team**

Beginner's workshop
no prior experience needed

Sunday Oct 22
4:00-6:00 pm
Gaia Field

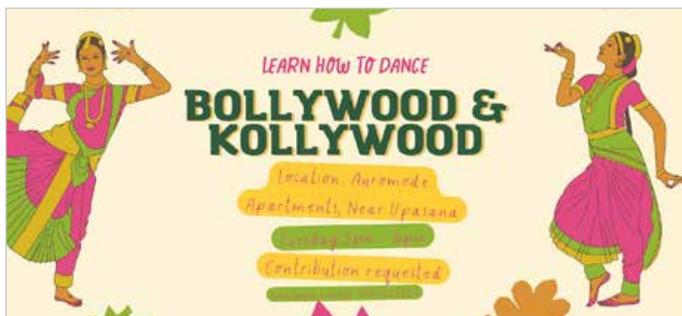
- We're going to have a **beginners workshop** this **Sunday, 22 October** from 4—6pm at Gaia field for any girls/women who want to try it out!

Hope to see you on the field.

- No prior experience needed, just some enthusiasm & water
Smiti for Av Ultimate Women's Team

JOIN OUR BOLLYWOOD DANCE SESSION

@ Auromode! Every Tuesday, 5—6pm



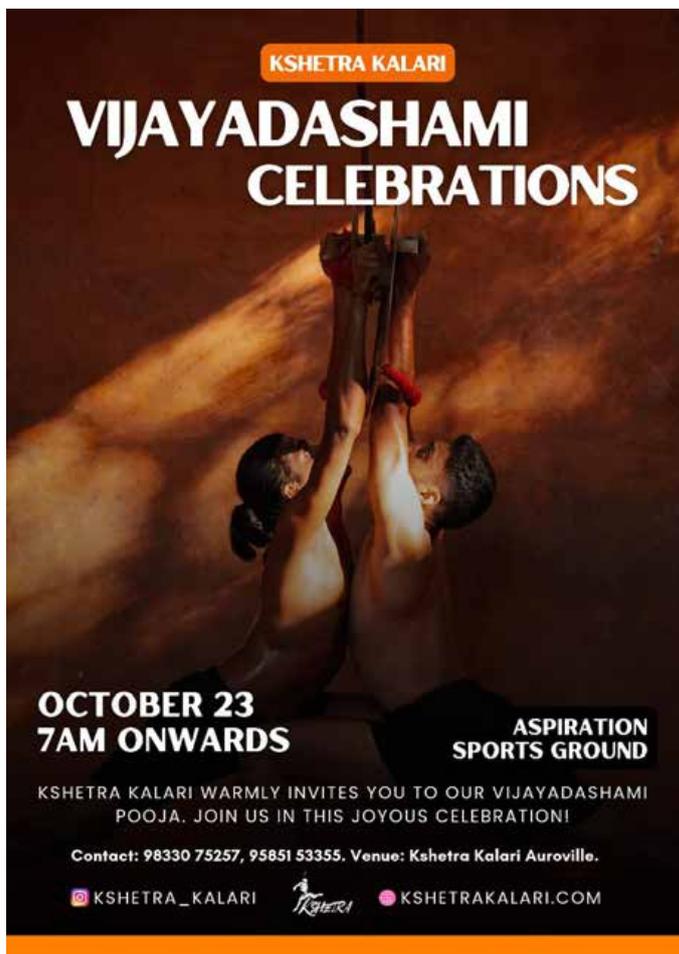
Auromode Apartments, Near Upassana and CSR

For more information and to reserve your spot, contact:

- balaganesh.siva@gmail.com, +919446762034 WA only
- Don't miss out on the chance to add some Bollywood and Kollywood flair to your dance repertoire. See you on the dance floor! Contribution Requested.

Balaganesh SIVA

KSHETRA KALARI ASPIRATION

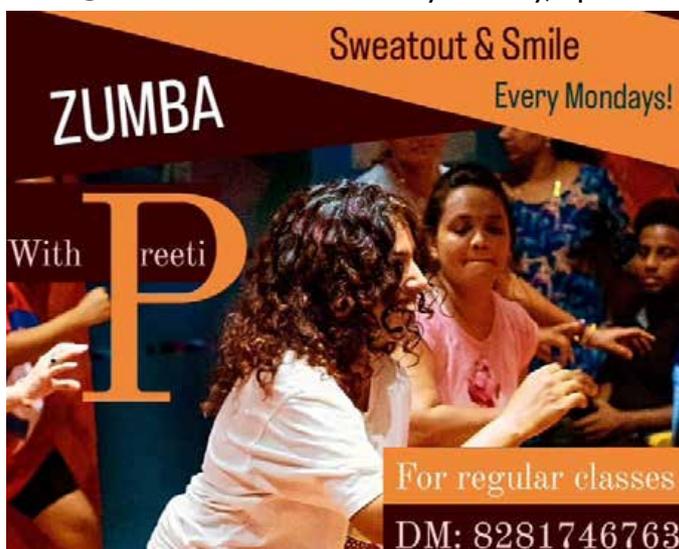


- **Kalari Class for Beginners**
 - Morning classes: 6:30 – 7:30am
Monday, Wednesday, Friday
 - Evening classes: 5 – 6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30 – 7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200, Maneesh
Where Body Becomes Eyes, Maneesh For Kalari Team



ZUMBA

Zumba classes are happening
@ New Creation Studio every Monday, 6pm



TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

By appointment: any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time



For bookings contact us:

- +918637633696, bakisatadance@gmail.com.

Submitted by Mani

ANGAM TREE

Workshop: LA Style Salsa Dance



Every Thursday, 7:30pm @ CRIPA, Kalabhumi

Salsa is dance from Los Angeles, It's all with Music & Dance with Presences of mind. It is FUN, GREAT skill to have in life, way to make new friends, relieves stress, builds confidence, exercise and universal dance. SALSA dancing not only feels good, but it also improves your physical strength, endurance, flexibility and coordination. You can get a real high in energy from dancing and in the stressful world we reach this natural calm is a Good Thing.



Beginner:

- Basic steps, Front and back, Side to side, Cross legs, Front turning, Back turning
- Practice with Partners with all basic steps, Partner sequences, Turning and leading
- How to get the beats or rhythms, Dance with Partners
- Feedback sessions
- Contribution Based

Contact: Instructor Raja, +91 9751395939, Voice and WA

- www.angamtree.com/workshops
- Kindly WhatsApp to be added in the Salsa WhatsApp +91 9751395939, www.angamtree.com

Thank you, Raja Narayanasamy

SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment:** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:** +918637633696



Mani, @bakisata_dance

AUROVILLE TANGO ACTIVITIES



Monday, Class

7pm intermediates;
8pm beginners

Wednesday, Practica

7:30pm guided practica
8pm practilonga

Friday, Open Source

6:30—8pm



Venue: Harmony Hall, Bharat Nivas

No partner required,
bring socks or dance shoes
and plenty of cheer!

+91 9821166082, tango@auroville.org.in

Submitted by Aurevan

SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact +91 8637633696, Mani



PAINTING CLASSES WITH SATHYA

- **Watercolor Class** By Sathya. Every Monday 5—7pm.
- **Life Drawing Session.** Every Tuesday 5—7pm.



Contact: +91 9486145072 WA

Warmly, Sathya

NEW CREATION DANCE STUDIO: SCHEDULE

- These are drop in classes, no experience needed.
- Ballet classes for teens only.
- Please contact Savitri for any info: savitri@auroville.org.in or 8940477667

Timings	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am						
8am						Pilates basic (Savitri)
9am	Aikiyam ATB (Isora)					Fleur ballet teens
10am			Animal Flow (Dev)			Fleur ballet teens
11am		Aikiyam ATB (Isora)				
12noon						
12:30pm						
	Cleaning No classes					
1pm						
2pm						
3pm	Fleur ballet teens			Gymnastic private (Terra)	Ballet private	
4pm 4:45		Elodie practice			Elodie practice	Power Flow Movement (Purvi) From 4:30—6
5pm	Pilates interm (Savitri)	Fitness Dance (Elodie)		Fitness on Swiss ball (Savitri)	Low Impact toning (Elodie)	
6pm	Zumba (Preethi)	Salsa (Mani)				Salsa (Mani)

Submitted by Savitri

BANSURI (FLUTE) Group Classes With Michael

The Sound of Bamboo

Various Styles of the Indian Flute



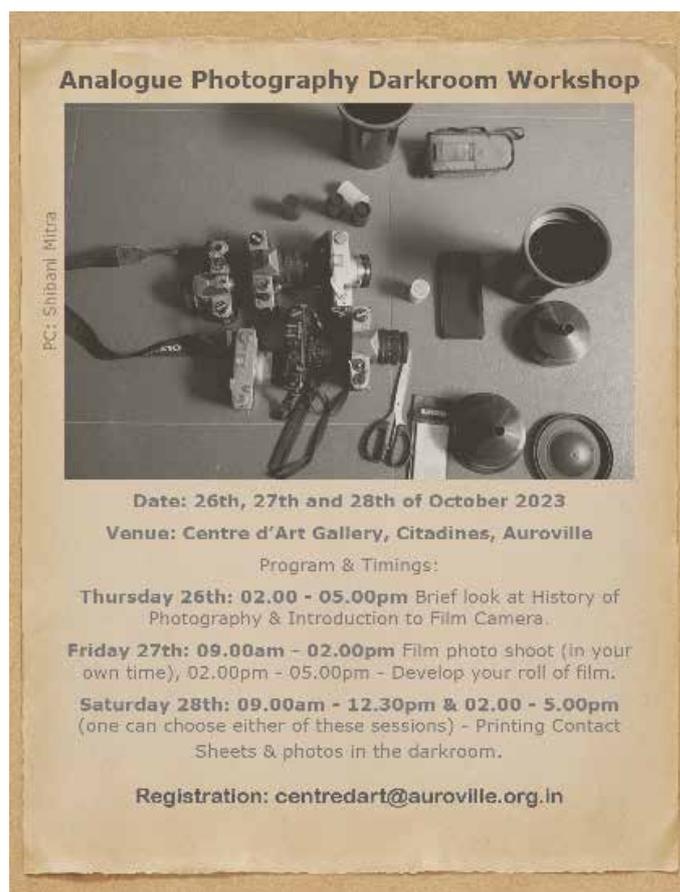
- Kalabhumi Music Studio
- Every Friday
 - Beginner: 11am—12pm,
 - Advanced: 12noon—1pm
 - Drop in is possible at any time, flutes available to borrow or buy.
- Contribution:
 - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
 - Guests: Contribution required
- More Info: www.the-sound-of-bamboo.com
- To Donate: <https://pay.auroville.org/divine-arts>
- Learn More About Divine Arts:
 - <https://auroville.org/page/divine-arts>
 - Dave, +440 7564119728, djsevans87@gmail.com

ANALOGUE PHOTOGRAPHY

Darkroom Workshop

By Sasikanth Somu,

26, 27, 28 October 2023



Program:

- Thursday, 26 October, 2—5pm: Brief look at History of Photography & Introduction to Film Camera.
- Friday, 27 October, 9am—2pm: Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- Saturday, 28 October, 9am—12:30pm & 2—5pm (one can choose either of these sessions): printing contact sheets & photos in the darkroom.

Registration Contact: centredart@auroville.org.in

The workshop fee:

- For Guests: towards contribution.
- The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.
- All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in



Centre d'Art
Auroville

While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Regards, Sergey,
Centre d'Art

MARTIAL ARTS
Auroville Aikido News



- **Classes for Children**
 - We are happy to welcome them all on **Monday, Wednesday, Friday, 4 to 5pm.**
 - We also take new students (from age 8)
- **Adult classes**
 - **Tuesday—Thursday—Saturday, 6 to 7:30am and Wednesday, 5:15 to 6:30pm**
- **Women & teen-age girls' classes**
 - **Sunday, 9:15 to 10:30am.**

Contact us at budokan@auroville.org.in or SMS Surya on 08300189062.

At Her service, Surya CR, Murugan N., Philippe G. and Cristo for Auroville Budokan at Dehashakti
Best regards, Surya

ABHAYA
Offers Martial Arts Classes

Regular Classes

- **Monday 5:30pm:** Neijia (internal martial arts) and self defense
- **Wednesday 5:30pm:** Grappling and MMA
- **Friday 5:30pm:** Kickboxing and K1



Contacts

- abhaya@auroville.org.in, 9487340778 WA
- Check our work and follow us here: https://www.instagram.com/giacomo_writer_auroville/



Martial Art Classes For Kids

- **Tuesday, 5:30pm @ Dehashakti Gym.**
- <https://www.youtube.com/watch?v=ZzEB-GtOjys>
- Please contact us to sign up: abhaya@auroville.org.in or 9487340778 WA

Bharat Kandare Classes

Abhaya has the great pleasure to host one of the best Indian fighters ever: Bharat Kandare, the first Indian UFC fighter in the history of MMA. Do you wanna train with us?

- **Contact Abhaya** via email abhaya@auroville.org.in or via 9487340778 WA for more info.

See you on the tatami, Giacomo

KALPANA GYM

Kalpana Gym has a new Caretaker

It is open

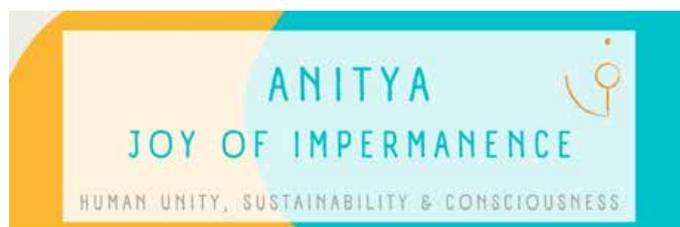
- 7—9am & 5—8pm
- Monday To Saturday

All Are Welcome!



Satyakam

ANITYA



JOIN OUR COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members



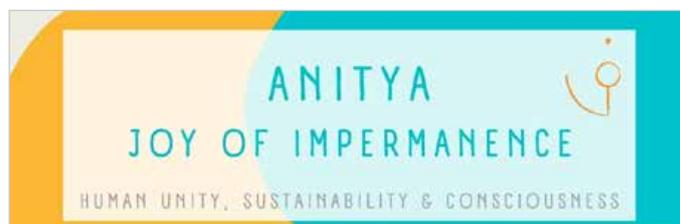
Limited seats available

Every Thursday & Saturday- Contribution required

Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:
Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

Anitya is a community project registered under LEAD, Auroville
Location: Center Field, after center GH, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in



EDUCATION ON URBAN FARMING

Come and join us to explore how to create, take care and harvest food from a small permaculture kitchen garden



Theory + Hands-on Class

No prior experience required

Open to all - Every Thursday from 4:30 to 6:00 pm

Urban Farming is the practice of growing fruits and vegetables within city limits.
Our goal is to inspire, encourage and empower you in growing your own food.

Free contribution

Info & registration by WhatsApp: +39-3276744420

Anitya is a community project registered under LEAD, Auroville
Location: Center Field, after center GH, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in



Love and light,
Serena

FOOD FOREST TOUR



Sarah

AUROVILLE

One Day and Half Day Tours

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints. We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.



- **One day tours:** Every Saturday, 9:30am to 5:30pm
- **Half Day Tours:** Every Friday, 9am to 1pm
- **Pre—Registration** is required.
- **Contact us** to know more details: youthlink@auroville.org.in and +91 85248 25120 WA
- Here is the link for the itinerary, fee and other important details:
 - https://drive.google.com/drive/folders/1tGQNBGlSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link or
 - please scan this code to know more.



Regards, Bondeepa

DREAMCATCHING OPEN SESSIONS

Essentially each session is open to anyone (aurovilians, newcomers) and offers an aspirational and safe space to explore 'the DNA of Auroville', in a quiet, non-confrontational and meditative manner.



We invite you to come and experience this positive and creative space where we explore ideas to concretely bring down The Dream.

- Please write to dreamcatchingav@gmail.com for information and to receive the 'pearls/notes' of each session.
- Currently the sessions are being held at Naturellement Garden Cafe terrace at Udyogam. However it is best to confirm beforehand in case of change of venue to another rooftop.

Love, David and Mona

Help Needed

THAMARAI WISH LIST

Dear Community, our After schools in Annai nagar and Edayanchavadi village are thriving with over 80 village children attending daily. We dream about every child blossoming to full potential. We have a wish list of items that would help us create a better environment for the children. If you have any of these laying around at home and don't need anymore, we are happy to receive and collect them from you.



- Please contact Bridget
 - on 9442270640,
 - thamarai@auroville.org.in
- or visit our web site www.thamarai.org

Wish list

- 7 litre pressure cooker, bells, table and standing fans, AA rechargeable batteries
- dehumidifier, used laptops and tabs, head sets. OTG cables, memory card readers and memory cards. Projector.
- garden tools
- sports and general education materials.
- or general donations welcome to FC account 251633

Bridget for The Thamarai team

CREEVA

Seeks Funds

We are in need and would deeply appreciate your financial support.

- Click on: <https://donations.auroville.org/>
- **FS #24001** Unity Fund mentioning Creeva
- avunityfund@auroville.org.in



CREEVA

Thank you a lot, Marlenka and Sathya for Creeva

Honorary Voluntary

TLC WELCOMES VOLUNTEERS

Every Friday from 1:30—3pm
in TLC's Base Camp

TLC (The Learning Community) is welcoming volunteers for our 'Open spaces' activities every Friday from 1:30—3pm in TLC's Base Camp, starting from 13 October.



- We are looking for **volunteers, guests or community members** who are willing to offer activities, such as sports, arts, crafts, music, drama etc. for all Auroville kids aged 6—14. You can offer your skills and talents for one whole term or more.
- If you feel inspired to participate, please contact Sashka on 9442180610 WA.

Sashka for TLC Aspiration and Community team

KUILAI CREATIVE CENTER

Looking for Volunteers

Dear friends, we are looking for volunteers who could help in

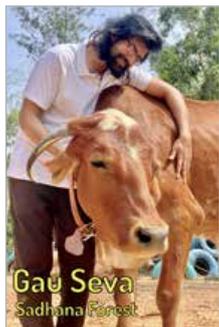
- **Teaching English** lessons to Beginners and Intermediates (Children and Adults)
- **Tailoring lessons** during Monday to Friday.
- Also, people who are willing to **teach Hindi and French**.



Kindly contact:

- kulaicreativecentre@auroville.org.in
- + 918608473385 WA / 9843195290 WA **Selva**

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from **7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

*Looking forward to welcoming you!
The Sadhana Forest team, Shek*

CALL FOR FARM VOLUNTEERS

At AuroOrchard farm, join us from Monday to Saturday
7am to 9am OR/AND 9:30am to 12pm

- Learn to work with plants and soil
- Observe farming systems in a large and established farm
- Work with a diverse and dynamic group
- Enjoy breakfast with us at 9am with produce sourced from the farm.

No former experience or skill required. Minimum physical ability is needed.

Please contact

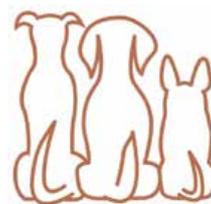
- auroorchard@auroville.org.in
 - Voice call: 9882685365 (Anshul)
 - WA: 9566631079 (Nidhin)
- Nidhin, <https://auroorchard.auroville.org>*

DOGS CALLING ALL VOLUNTEERS!

Are you new to Auroville and seeking a hands-on experience of the Yoga of Work? Do you have a special love for animals, particularly dogs?

Are you ready to commit 25 hours every week to care for our incredibly affectionate 300 dogs?

An incredible, potentially life-changing experience awaits you! Join us at the Auroville Dog Shelter, where you can become a SAVI registered volunteer, receive training as an animal caretaker, and be part of the most exciting phase in our history—building a model shelter for all of India! This is a once-in-a-lifetime opportunity, and you wouldn't want to miss the chance to make a real impact!



**AUROVILLE
DOG SHELTER**

Contact us now:

- Coco: +33672046070 WA
- Arthur: +918122225266 WA

Arthur

Looking For

Looking for a Keyboard Stand

I'm Shanks, musician and Aurovillian. I'm looking to buy a keyboard stand from anyone who has one that is not being used. Kindly contact me on chungates@gmail.com.



Shanks

Looking for House Sitting

Looking For House Sitting From 18 October, preferably long term, min. 3 months. I'm Dave, a newcomer, volunteering with Divine Arts (LEAD). Originally from the UK, I have been in Auroville for 3.5 years. I love to sing, dance and facilitate spaces where we can embody human unity (e.g. sacred song circles, conscious relating workshops, dances of universal peace etc).



The stewards of my current place are now returning earlier than planned so a little short notice. I appreciate any leads you might have if not your own place.

- You can connect with me on +44 7564119728 WA or djsevens87@gmail.com **Love & Gratitude, Dave**

Looking for a Web Designer

A web designer or anyone who can assist me to get the passion for Shiatsu, a Japanese Healing Way, out there: Website Creation, social media, networking etc.



- Please kindly contact; Ulrike Urvasi, shiatsuindia@gmail.com or 9751513906 (anything else but calls).

Ulrike

Perfect for House Sitting

Mother says: *With confidence we will go forward. With certainty we will wait....*

It is therefore with confidence that I call upon the beautiful community to help me find a house sitting for a long period as this is the sine qua non for my transition from newcomer to Aurovillian. I'm absolutely perfect for taking care of a house.



- Please reach out 8248429962 or princessflorentin@gmail.com **Thank you, Sonia**

Morning Star Seeks Temporary Location



Dear Auroville Community, as you are aware, our dream of a state-of-the-art maternity home for birth in Auroville is currently in the design phase. We are now actively seeking a temporary location where we can offer birthing services.

The minimum requirements are:

- Good access road, including access for emergency vehicles. Availability of running water and electricity Toilet facilities with shower,
- Ground floor and Privacy
- Area of at least 40 sq m each- 2 rooms



If you are aware of potential locations that could meet, or are close to our criteria, please feel free to get in touch with us. The AV Unit, Morning Star, must register this facility under the TN Clinical Establishment Act, so the location must meet specific requirements.

*With Gratitude, Balaganesh
for Morning Star team*

Taxi Share

From Chennai Airport, 26 October, 8am

To stay ECO friendly I am very willing to share a taxi from Chennai Airport to Auroville on Thursday, 26 October.

Departure from Chennai Airport at about 8am.

- Please contact +34685673777 WA or +917289907792 (only SMS).

Sunny

Work Opportunities

AIAT LOOKING FOR

Green Energy and Electric Systems Faculty.

Auroville Institute of Applied Technology is looking for a faculty in Green Energy and Electric Systems! AIAT is offering a 3 year bachelor degree course in Green Energy and Electric systems. This course is affiliated with Pondicherry University. Candidates who have a Master Degree in Electrical Engineering and practical experience in renewable energy are eligible for this position. Also part time engagement is possible.



- Candidates with a bachelor degree in EEE and working experience in the field of renewable energy may also apply on a part time basis!
- Aurovilians applying for this post will be paid maintenance or equivalent salary.
- For more information pl. contact
 - Lavkamad, phone 9443238303

Submitted by Lavkamad

Foods, Goods and Services

ORGANIC QUALITY MILK

Available

Organic quality milk available, Morning/ Evening, from Sakthi Natural Garden

- For reservations contact 9585180393

Erumalai (Evergreen)



WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of PCB Assembly, SMD soldering, desoldering and minor repair of appliances.



The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact

- Dhandapani, Executive at 0413-2622295,
- Mobile 9443090082/8098193820
- or via email to newwaves@auroville.org.in

Priya, Petite Ferme, Auromodele

TECH ELVES SERVICES

Dear all, YouthLink continues to offer our Tech Elves service to the community.

Created with the purpose of helping everyone better understand their technology, this initiative aims to provide technical support to anyone who needs it!

So if you have any issues you are currently facing with your phone, computer, smart tv etc, reach out to us and we will come and solve your problem while hopefully teaching you as well.

- Youthlink@auroville.org.in, +91 7397787112

The YouthLink Team, Sananta



NEEM TREE CAFE HAS JOINED DROPZY

Dear Friends, Neem Tree Cafe has joined Dropzy mobile app platform to deliver your favorite food to have at your convenience from home through delivery or self-pickup.

Dropzy is an Auroville based initiative developed by 150dpi and deliveries are done through Integrated Transport (ITS) team personnel with care and on time.

At this moment, Neem Tree Cafe only serves Dinner through Dropzy.

- We take orders in Dropzy from 7:30pm till 9pm.
- Download the mobile app now and show your support.
 - Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

Coming soon. More information on Dropzy can be found here: <https://www.dropzy.in>

*Regards, Partha,
for Neem Tree Cafe Team*



KOMBUCHA WORKSHOP AT MARC'S CAFE

Saturday, 21 October, 3—5pm @ Marc's Cafe

Join us for a workshop this Saturday from 3 to 5 at Marc's Cafe. Learn how to make kombucha at home and take home a scoby and some tea to start right away. We'll also be covering beet kvass and fruit soda!



- **When:** Saturday, October 21st
- **Where:** CLC, above Marc Cafe Store

Reserve your spot now! Send a message to admin@marcscoffees.com for more details.

Matilde

DROPZY HAS GONE LIVE

Happy to announce that Dropzy has gone live as of 2nd October with the following categories Food, Groceries, Fruits & Veggies, Body Care, Home Decor, Services and Therapies.



Kindly do download the mobile app to register yourself to place orders supporting the outlets in around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android:

- <https://play.google.com/store/apps/details?id=app.auroville.dropzy>
- Or scan this QR code



iPhone

- Coming soon.

We will be adding new categories to service our user base in the upcoming weeks. Dropzy is a multi-purpose mobile app platform and it isn't merely only a delivery service solution.

Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam For Dropzy
Mobile: +91 8098144686, www.dropzy.in

DISCOVER THE MAGIC of Hemp at Hemplanet!

Open Monday to Saturday, 10am—4:20pm
@ Reve Area, 1st Floor, Building 1, Auroville

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!



- Hemp Food Selection: Hemp Hearts, Hemp Seed Oil, Hemp Protein Powder, Hemp Granola Bars, Hemp Pasta & more!
- Hemp Seasonings
- Hemp Body Care Treasures: Hemp Soaps, Hemp Shampoos, Hemp Balms, Hemp Body Butter, Hemp Seed Oil

Daive

FREE STORE OPENING TIMES

Morning hours:

- Monday to Saturday: 8:30am—1pm

Afternoon hours:

- Tuesday and Thursday: 2:30pm—4:30pm



We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

At Her Service, Kamala For the Freestore team

FIBER OPTIC AND IT TROUBLESHOOTING AVAILABLE



I am Ramakrishnan Aurovilian experienced in the fiber internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fiber internet infrastructure and IT troubleshooting work for our

Auroville community Since 2015

And I am happy to provide the below services to our Auroville community

- **Internet speed;** Boosting up for dual bands 2.4 GHz or 5 GHz
- **Wired/wireless;** Fibre ONT modems, Routers, Switches installation/repairing work
- **Fiber optic cable;** Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- **CCTV;** Configuration/Installation/repairing work inside and outside your house
- **Smart-TV/laptops/printers;** Configuration/Installation/repairing
- **Other network communications devices;** Configuration/Installation/repairing

For any internet-related issues/complaints,

- **Please feel free to contact me:** Ramakrishnan, 9943919899, ramkrishna@auroville.org.in

Ramakrishnan

UNITY TRANSPORT SERVICE



Unity Transport Service would like to thank you for being our precious client for all these years. We are extremely happy to be at your service at any time. We are located in the service area and work 24x7. As we are a registered unit, we can provide you with a GST bill for your accounting procedures.

We would like to convey that we have experienced drivers that have been with us for the last 15 plus years.

We have a full range of taxis now:

Toyota Etios: 4+1 seater, Maruti suzuki Ciaz: 4+1 seater, Maruti suzuki Swift: 4+1 seater, Toyota Innova: 7+1 seater, Toyota Crysta: 6+1 seater, Load carrier, Tempo traveler: 14 + 1 seater, Buses

Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

Regards, Lakshmi
For UTS Transport Service Team

UTS: BOOK YOUR TAXI

Affordable shared rides, less traffic, more savings

For Booking

8098776644
9442566256

OR

Scan QR

Website: sharedtransport.auroville.org
Email: sharedtransport@auroville.org.in

Join our Sharedtransport Service!—your eco-friendly and efficient travel solution!

Regards, Rajesh.D

SURABHI SUPPLIES



Dear Auroville Community, **Surabhi Supplies** is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices achieved through bulk purchases and volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

- If you have any inquiries, please don't hesitate to reach out to us at:
 - surabhisupplies@auroville.org.in
 - +91 98438 46458 WA/Call

Submitted by Iyyappan

VEGAN LUNCH in Red Dot Cafe



Café Red Dot
The Conscious Café

Low carb vegan office lunch in Red Dot Cafe, Upasana.

Sign-up lunch scheme.

upanasared.cafe@gmail.com,

Uma



LATEST NEWS

from Inside India Travel Shop

Mr. Ganesh our Travel Consultant will be at our **Kalpna office from 10am till 4pm, Monday to Friday**. Saturdays only on appointment. He can also be contacted anytime by

- landline phone 2623030
- or +919894598686 WA,
- or by email: travelshop@inside-india.com



- **Qatar airways** limited time one way offer to USA. Book for travel before 15. November 2023.
- **Oman airways** one month Special fare is available from Chennai to Milan.
- **Air Vistara** special, discounted fares for customers holding a valid business Visa and traveling outside India for Meetings, Incentives, Conference or Exhibitions.
- **Emirates** to offer Premium Economy on several routes to and from Mumbai and Bengaluru from 29th October 2023.
- **Spicejet** new and exclusive daily flights from Pondicherry to Bangalore to Hyderabad. Enjoy convenient Spicejet one stop connections to Delhi and Visakhapatnam.

Joster

RAPID CARE SERVICE

Rapid Care Services has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are the 3 mandatory factors that we work on.



RAPID CARE SERVICES
One call to solve all your problem

Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality. We make sure the work is completed on an economical budget without compromising quality.

Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.

List of services provided by Rapid Care Services:

Aluminum channel work, Welding, Carpentry, Masonry—renovations and remodulation, Plumbing, Painting, Insect Treatment, Fencing, Electrical, Washing machine repair & installation, A/c repair and installation, Inverter repair and installation, Dth repair and installation and, Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

- Balaji, 8270071581, Arun, 7639810621
- rcsrapidcareservices@gmail.com
- rapidcare@auroville.org.in

Balaji and Arun for Rapid Care Team

HAIRDRESSER

For your and/ or your child's next haircut: inspired, striving for the perfect, 11yrs young artist Ahana looks after your and/ or your child's hair and well being.

After everyone who came was happy and content, we are now requesting short and long **Hair Models** to step forward and try something new and beautiful!



- For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de

Lovely day, Ulrike Urvasi

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.



Starting point from Solar Kitchen.

- Can be scheduled anytime throughout the week.
- Please contact in advance for more information and booking. 8098845200.

South-Indian Cuisine Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.



- Monday—Saturday between 10am and 5pm @ Creativity.
- Please book sessions in advance.

Thai Massage

- Monday—Saturday between 9am & 5pm
- To book massage sessions or for more information, please contact personally.

Tailoring

We can tailor and customise any kinds of dresses, saris, blouses and kurtas.

- For any of the above services, contact
 - Phone/WA 8098845200
 - rupavathijoy@gmail.com

Rupavathi Joy

PEST CONTROL

We Control All kinds of Pests Treatments on Warranty

- Ants, Bed Bugs, Cockroaches, Fleas, Hornet's, Mice, Rats, Spiders, Termites, Wasps & more



Get rid of them once and for all!

We will help you to eliminate wide variety of Residents and commercial Pests

Contact us: 9943919899, ramkrishna@auroville.org.in

Ramakrishnan

Poetry

GRATITUDE IS A STREAM

*Gratitude is a stream
That knows its source
And goes on its course
All the way to the sea.*

*With joyful Gratitude,
Anandi Z.*

BIRD

*It was passed from one bird to another,
the whole gift of the day.
The day went from flute to flute,
went dressed in vegetation,
in flights which opened a tunnel
through the wind would pass
to where birds were breaking open
the dense blue air -
and there, night came in.*

*When I returned from so many journeys,
I stayed suspended and green
between sun and geography -
I saw how wings worked,
how perfumes are transmitted
by feathery telegraph,
and from above I saw the path,
the springs and the roof tiles,
the fishermen at their trades,
the trousers of the foam;
I saw it all from my green sky.
I had no more alphabet
than the swallows in their courses,
the tiny, shining water
of the small bird on fire
which dances out of the pollen.*

Pablo Neruda

Auroville Radio

AUROVILLE RADIO

Dear Aurovilians, your favorite radio is always working for you. Stay tuned!



- [Here you can listen](#) to the stream channel (playing 24/7).
- [Here you can see](#) on-air schedules.

Last published podcasts

- [La Vita Divina Ep. 35](#) (Sri Aurobindo)
- [Soul Tracks Se5, Ep11](#) (Music)
- [Marlenka's weekly Offering – Ep.106](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi – 451](#) (Literature)
- [Exploring Education in Arts, Animation and Film-making – Ep. 20](#) (Creative Writing)

Last Youtube Live Video:

- [Matrimandir Lake Information Meeting Part II](#)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you, as an Aurovilian, wish to **make a donation you can do so at F.S. account number 0867**. Thanks for your help!

....and more! on www.aurovillerradio.org

For more information write to radio@auroville.org.in

Peace and love, Wobbi

Voices and Notes

REQUIEM

Once I attended a performance at Pitanga where two ladies were singing; 'Duet of two cats'. One lady started: 'Miau!' the other one answered: 'Miau, miau!' These voices of cats mean their readiness to fight and love.



Shakespeare (Sonnet 8) wrote: 'Music to hear, why hear'st thou music sadly?' I heard a duet for two heavenly cats, from constellations Leo (Lion) and Leo minor (little Lion). They are laughing sarcastically. It was a requiem about innumerable trees, innocent victims of new roads in Auroville. The Lord created the Milky Way without killing any trees.

Boris

WHAT IS YOUR VISION-GOAL?

To all Receptives:

What is the significance of this revelation of the Mother for the full blossoming of the Golden Supramental Age on Earth, the Satya Yuga?

“Just imagine an extremely powerful will with the capacity to transform matter according to its liking!”

- <https://incarnateword.in/cwm/15/the-supramental-manifestation-upon-earth>

What do you see being transformed?... as this personal Vision-Goal is the key to your actions from this moment onwards and their eventual manifestation.

The Divine Oneness Within

The Divine Oneness is indeed within.

Well, That is just about It.

From These quietly contemplate.

For the receptives with the fighting instinct of a Hero Warrior:

1962:

“The fight is within the body.

It can't go on. They (the asuric forces) must be defeated or else this body is defeated.... All depends on what the Lord decides....

It is the battlefield. How far it can resist I don't know. After all, it depends on Him. He knows if the time has come or not, the time for the beginning of the Victory—then the body will survive. If not, in any case, my love and consciousness will be there.”

- <https://incarnateword.in/agenda/03/april-3-1962>

1970:

“It has to be worked out, as they say, realized in every detail, but the change IS DONE—the change is done.

Which means that the material conditions, which were elaborated by the mind, FIXED by it (Mother clenches her fist tight), and which appeared so inescapable, to such a point that those who had a living experience of the higher worlds thought one had to flee this world, abandon this material world if one really wanted to live in the Truth (that's the cause of all those theories and beliefs), now things are no longer like that. Now things are no longer like that.

The physical is CAPABLE of receiving the higher Light, the Truth, the true Consciousness, and of man-i-fest-ing it.

It's not easy, it calls for endurance and will, but a day will come when it will be quite natural. It's only just the open door—that's all, now we have to go on.

(silence)

Naturally, what was established hangs on tight and defends itself desperately. That's the cause of this whole trouble (swarming gesture in the earth atmosphere)—but it has lost the battle. It's over. It's over. ...

That was the work Sri Aurobindo had given me, that was it. Now I understand. ...

All the rest looks so old, so old, like something... that belongs to a dead past—which is trying to come back to life, but it can't anymore.

And all, all circumstances are as catastrophic as they can be: troubles, complications, difficulties, everything, just everything goes at it relentlessly like that, like wild beasts, but... it's over.”

“The change IS DONE.”

- <https://incarnateword.in/agenda/11/march-14-1970>

The Mother

2023: As torchbearers of the Supramental Avatars we continue on in Bhakti to the Supreme Divine Consciousness-Force...

Om Namō Bhagavate
Zech, 2023.10.16

SUPERMIND/OVERMIND, Divine/Antidivine, Good/Evil, Shadow And The Evil Persona

The diatribe between good and evil is as ancient as humanity itself. In the Western world it took the form of dualism, encompassing both: unorthodox and heretics (Gnostics, Manicheans, Bogomiles, Cathars, Templars, Rosicrucians) as well as the orthodox. According to the Judaic-Christian tradition Luciferus, 'the carrier of light', was the most beautiful angel. God-like, he believed he was God itself, and turned into 'the prince of darkness', the king of devils. His fall was because of hubris, pride. The motive of pride recurs again with our progenitors Adam and Eve; tempted by Satan (Luciferus' biblical name), they ate the apple from the tree of Knowledge, and God chased them from the terrestrial paradise. This marks the beginning of the human condition, and is also where the split between East and West commences. In Indian metaphysics, everything and everyone is God; how, then, can absolute evil have a separate existence of its own, or even be postulated?

Tradition says that, for the joy to know itself in detail, out of its single Self the One Godhead created four emanations. These four divine principles were: the being of Consciousness; that of Love and Delight; that of Life; and that of Light and Consciousness. In Sri Aurobindo's cosmogony, this is where Supermind and Overmind part from each other. Supermind is the intermediary world linking the upper hemisphere of Sat-Cit-Ananda to the lower hemisphere of mind, life and body. The dynamic, creative aspect of the Supreme, Supermind is Truth-Consciousness, Truth-Force – and Knowledge by Identity too. In the Supermind the four divine emanations still are one, and so is all manifest and unmanifest existence. At its highest, Overmind (the plane of the gods) still is one with Supermind; separation commences in the lower range of the overmental plane; and with it, ignorance. In the progressive descent towards Nescience all the antinomies arise, their illusory existence being taken for real; this is Maya. Self-veiled Supermind is Sacchidananda in the play of manifestation, implicit even within the grossest gradation of Matter.

Sri Aurobindo first found evidence of the Supermind in the bedrock of the densest Inconscience. As the Upanishads tell us, what is above is also below: the opposites are indeed one, and so are light and darkness. Some excerpts from the Mother help elucidate the state, between good and evil, where All is One. About the dualities, to be reabsorbed, of which Sri Aurobindo speaks in The Synthesis of Yoga, the Mother concluded:

‘He has spoken of the dualities Personal-Impersonal, Ishwara-Shakti, Purusha-Prakriti. There is one more: the Divine and the Anti-Divine.’¹

She also stressed:

‘The rejection of the one and the acceptance of the other is childishness. It is an ignorance. And all mental translations, like that of an Evil eternally evil, giving rise to the idea of Hell, and of a Good eternally good... all this, all, all are childishness.

...it is the Separation which gave birth to this division between that one calls the good and the bad; but from the point of view of sensation—sensation in the most material part—one can say it is suffering and Ananda. The movement then is to stop all separation and realise the total consciousness in every part...'²

(To be continued)

Paulette

¹ 30 May 1958, 15, 346

² 16 March 1968, 11, 111-14

**LEARN FRENCH
By 'the Sounds Of Its Music'**



Learn **French** by 'the **Sounds** of its Music' With the **Aurolang 2** method in 50 lessons on book + CD-Rom With English, Tamil and Hindi translations. Just click on it to hear and pronounce correctly from the start. Or train and drill with a native speaker in French Pavilion (International zone Auroville)

- **Every Tuesday & Thursday 5 to 7pm**

by Jean-Marie Master in Applied linguistics Brussels State University

- Book + CD: 500 INR. First batch 30 hours class drill: free contribution
- Mail: ecohome2@skynet.be or jeanmarieDemulier@gmail.com
- Call: 918148401950 WA

*Thanking you,
Jean-Marie, Aspiration*

NEWS

From Auroville Language Lab



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Tomatis

There are spaces available for both language & therapeutic programmes!

- **Please contact** 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTiG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: English Conversation with Ramesh

Good news for all those waiting: Ramesh is restarting his English Conversation course! This two-month (16-hour) course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, listening comprehension, and fluency & confidence in speech. Please note that these classes require a basic foundation in the English language and are ideal for intermediate-level English speakers. We have two spots left.

- The course started on **October 17**.
- Classes will take place **Tuesdays & Fridays, 4—5pm**.

New: Private Lessons with Monique

We are really excited to welcome our old volunteer Monique back to the Lab! A native French speaker, Monique recently retired from a 40-year career teaching English & French from middle school up to university level. Having worked with teenagers as well as adults, from absolute beginners to PhD-level students, Monique can accommodate a diverse range of language needs. She will be offering private lessons to individuals or small groups (2-3) in English, French, & beginner-level German. She has also developed an immensely useful language learning website that she will guide the students through, for self-study and further learning.

- Email us with your requirements & we will arrange a course for you.

New: French with Jean-François

Jean-François offers three 2-month courses. New batches start late October. These fill up quick, so please register soon.

• **Beginner French**

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start **October 28**.
- Classes take place **Saturdays, 2:30—4:30pm**.

• **French Conversation (Post-Beginner to Pre-Intermediate level)**

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

- This course will start on **October 28**.
- Classes take place **Saturdays, 10:30am—12noon**.

• **French Conversation (Intermediate level)**

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This 16-hour course will start on **October 23**.
- Classes take place **Mondays & Thursdays, 2:30—3:30pm**.

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- We hope to start as soon as we have 6-7 confirmed registrations.
- Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30—3:30pm**.

German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

- **Beginner German**
 - This course is now closed to new registrations.
- **German Conversation**

This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

- This course will start as soon as we have 4-5 registrations.
- Classes will take place **Tuesdays & Thursdays, 4—5pm.**

Spoken Tamil with Saravanan

Saravanan has been running this interactive and practical-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am.**
- Course started **on September 12** comprising 24 hours of teaching over three months.

Beginner Hindi with Alka

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

- The course started on **September 9.**
- Classes will take place **Saturdays, 10am—12noon.**

Italian Conversation with Fabio

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

- This course started on **September 12.**
- Classes take place **Tuesdays & Thursdays, 2:30—3:30pm.**

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30—4pm.**

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30—11:30am.** Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire

Please fill out our form at <http://register.aurovillelanguage.org/> You may also drop us an email at info@aurovillelanguage.org, call us at 2623661 or come visit us!

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Language	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	10:30—11:30am	Tuesday & Thursday
	Conversation Started 17 October 2023	4—5pm	Tuesday & Friday
French	Beginner To start 28 October 2023	2:30—4:30pm	Saturday
	Conversation 1 To start 28 October 2023	10:30am—12noon	
	Conversation 2 To start 23 October 2023	2:30—3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September	9:30—10:30am	Tuesday & Friday
Sanskrit	Beginner To start November 2023	TBA	TBA
Hindi	Beginner Started 9 September	10am—12noon	Saturdays
German	A1.1 Beginner Started 11 September	9:30—11am	Monday & Wednesday
	German Conversation To start soon	4—5pm	Tuesday & Thursday
Spanish	Beginner To start October 2023	2:30—3:30pm	Tuesday & Thursday
	Intermediate	2:30—4pm	Tuesday
Japanese	Beginner To start November 2023	TBA	TBA
Italian	Beginner TBA	2:30—3:30pm	Monday & Wednesday
	Conversation Started 12 September	2:30—3:30pm	Tuesday & Thursday
Persian	Beginner To start November 2023	TBA	TBA

The Language Lab is open

- **Monday—Saturday, 9am—12noon & 2—5pm**
- **Location:** International Zone, after Unity Pavilion & Pump House.
- **Email:** info@aurovillelanguage.org
- **Phone:** (0413) 2623661, 2622467, 919843030355

Vismai, for Language Lab Team

Classes, Workshops & Healing Arts

INTRODUCTION TO KOLAMYOGA



Book an Introduction to Kola-myoga Session with Grace. Get answers to what is the true essence of Kolam? Why is it also Yoga? How does it function in today's world? How is it relevant to me/ you and us in a personal way? How can it be a support to my growth and realizations? Why should I

bother to find out more about Kolam? How to deepen my already existing Kolam practice? How to empower myself through Kolam practice? How to better understand myself through Kolam practice? What is a Kolam practice? Kola-mYoga what is that? And so much more to experience in the making of a Kolam!!!

How Grace aligns it to our experience in Auroville. How she is learning SELF Governance through this KolamYoga practice! How this can be relevant to you too in your manifestations and ability to co-create the fabric of life. In the images attached you find how Grace aligns each chapter of the Foundation course of Kolam Yoga to the 12 aspects of the Mothers petals in her Symbol.

- Explained also in this Video: https://youtu.be/70BhN9JpY2U?si=GKIVJelZ43-w5_sz
- A one hour/ to one and half hour max, session towards contribution that includes GST, City Service contribution and all materials provided. KolamYoga is an activity under 'Leads' Hospitality trust in Auroville. Location and timing for a personal or group session can be negotiated!
- Inquiry & Sign up through WA +91 8072449091

Most welcome, Grace

ART RETREAT: FIND YOUR INNER SPACE

24, 25 and 26 November

- Embark into a process of
 - Introspection & Reflection
 - Creative inspiration and expression
 - Skill development with new tools
 - Collective growth with a group project
- Why This Retreat Is For You

Art, one of the mediums of higher vital education, helps us to learn more about our vitality and how to channel and express it without suppressing it. In other words, if you feel you need a space to explore your own inner creativity and learn new skills along with getting to know your own inner being, this retreat is for you. We welcome you with open canvases!!

- **Limited spots available.** Contact us for more details
- For registrations and to get to know more: Please send us a mail to youthlink@auroville.org.in or send us a text on +91 8524825120 WA
- **Last Registration Date:** 20 November, 2023

Thanks and Regards, Bondeepa

PRANAYAM CLASSES

Every Monday, 5pm @ SAWCHU

Pranayam classes in SAWCHU building, every Monday at 5pm.

- Offering for Aurovilians and newcomers, Guests may offer.



Please register:

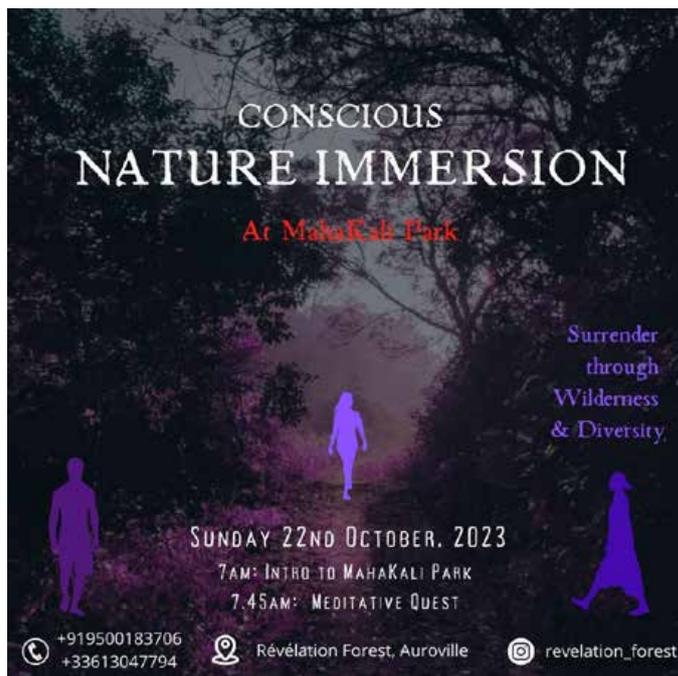
- arabinda@auroville.org.in, 9090819998 WA

Best wishes, Arabinda

CONSCIOUS NATURE IMMERSION

at MahaKali Park

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature.



Introduction to MahaKali Park with Arun

- Sunday, 22 October, 7—7:45am

Major Arun invites you for a peaceful discovery and understanding of MahaKali Park and an introduction to the history and context of green spaces within Auroville. The background of the cradle land and the current state of the vegetation's evolution through a holistic understanding of ecology is shared during the outdoor walk.

Meditative Quest with Mukhande and Gaspard

- Sunday, 22 October, 7:45—8:30am

Solen Mukhande will curate a Meditative Quest surrounded by natural harmonics of life, in the forest's early morning. Her voice will guide you into a more focus and silent body and mind, in order to increase your connectivity. Through openness and precise intentions elucidated by the higher mind, we enter into a luscious contemplation of Nature, where Earth manifests as the Divine Mother.

- From 8:30—9am

The meditation will be followed by a 30min sound bath for deepening and integrating our alignment. Gaspard will ring his 14 Tibetan bowls attuned to planets' frequencies.

Contact

- WA Only +33613047794/ +919500183706 (free, donation accepted, no registration)
- **Venue:** Meeting point at entrance sign 5 min before the time of the session. Park in front of CSR/Auromode, walk 200 meters.

Mukhande, for Révélation



FAMILY AND SYSTEMIC CONSTELLATIONS

Workshops

In Creativity Hall Of Light



9am to 6pm on Saturdays

21 October, & 18 November, 16 December

Contact Moghan, 9751110486,

Moghan@Auroville.Org.In

Submitted by Moghan

CONSCIOUS COMMUNICATION

For Parents and Families

Vega is offering 2 sessions to explore how to deepen our communication from the heart in our relationships

THURSDAY
OCTOBER 12 & 19

10 - 12 AM

Vega has been practicing and training in non-violent communication for the past 10 years

Confirm your presence: +91-7094058699

Hosted by Monique & Mathilde
Location : @Maloka in Anitya Community

Submitted by Mathilde

Traditional
Mantras & Stotras
Chanting Classes

at Serendipity Community

Thursday 9:00 AM (drop-in class)
Friday 5:00 PM (regular class)

with Sonia Novaes

Email: serendipityauroville@gmail.com | WhatsApp: +91 8940288090

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes.

Submitted by Sonia



Therapies

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



- Contribution based

Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



- Contribution based

Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.



- Contribution based. You can learn more about us and register at www.angamtree.com/therapies
- +91 9751395939, www.angamtree.com

Traditional Massage Therapy Classes

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamilnadu, Southern India. It is one of the oldest systems of medicine in India.



- **The certificate course has three levels:**
Basic: 10 Hours, Intermediate: 20 Hours, Advanced: 30 Hours
- **Course modules:**
 - Varma Massage Therapy
 - Varma Touch Therapy
 - Varma Myology (Muscles)
 - Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at www.angamtree.com

Kindly share your profile with us at the below mentioned email address. We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

- Contribution based, angamtree@auroville.org.in, +919751395939 **Raja**

HOLISTIC: HEALING AND AWARENESS



Appointments

- aurovilleholistic@gmail.com, christinep@auroville.org.in
- +919489805493 WA
- **For kinesio only:** +33686928426 WA

Ashtanga Yoga With Christine P Subscription has to be done one day before the class	Every days @7:45 AM. Except Sundays, Full moon and new moon
Integrative & systemic psychotherapy w. Christine P	@ Holistic health care studio—Kuilapalayam
Acupressure Therapeutic Massage	@ Holistic health care
Kinesiology With Ricardo	@ New creation
Hypnotherapy	@ Holistic health care

- **Workshop:** Check on our website info and details www.auroville-holistic.com

Submitted by Christine

AUROMODE YOGA SPACE



200 Hr Hatha & Vinyasa flow Yoga TTC Intensive

- **November 1 to November 22, 2023**
6:30—9:30am & 3—7pm, every day except Sunday

Join us for this 21 days of self-discovery and yogic exploration. Our program includes:

- **Daily Asanas, Pranayamas, and Meditation**
- **Weekly Satsangs**, where you'll delve into yogic philosophy and lifestyle
- **Experience all four paths (margas) of Yoga** in the unique setting of Auroville:
 - **Bhakti Marg:** Visit local temples and engage in uplifting chanting sessions
 - **Karma Yoga:** Participate in Karma yoga
 - **Jnana Yoga:** Dive into the study of the Bhagavad Gita, Patanjali Yoga Sutras
 - **Raja Yoga:** Cultivate your physical practice through Asanas and other bodywork

Our participants have attested to the life-changing impact of this intensive, even for those who may not intend to become yoga instructors. Think of this TTC as a course on how to be a perpetual student of the most profound subject of all—YOUR LIFE.



Don't miss this opportunity to deepen your practice, broaden your understanding of yoga, and embark on a journey of personal growth.

- Balaganesh.siva@gmail.com,
- +919892699804 WA

Auromode Yoga space Regular events

October 2023

- **Tuesday, 5—6pm, Bollywood dancing with Pranati**
Join us to have a fun evening of laughter, dance and to have a good workout
- **Friday, 5:30pm—6:45pm, Vinyasa Flow with Bala**
Drop in Yoga classes for beginner to Intermediate level students.
- **Contribution requested.** No need to register. Bring your own yoga mat and a towel.

Contact

- Balaganesh.siva@gmail.com, +919892699804WA
Balaganesh SIVA

ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, October 2023



Classes

Classes	Teacher	When
Acro Yoga	Damien by Appointment: 9047722740	Monday: 3—4:30pm, Tuesday: 5—6:30pm For regular classes
Pilates	Teresa	Tuesday & Thursday 7:30—8:30am. Friday: 5:30—6:30pm by Appointment: 7867998952
Iyengar yoga	Olesya	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm. Or by Appointment: 9159052743
PSound Chakras healing	Lakshmi:	by Appointment: 8489764602
Heartful Meditation	Avanthika: 6380238326	Thursday: 9—10am

Treatments

Treatment	Therapist	When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	by Appointment 9943410987 Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	by Appointment Monday to Saturday 9047654157
Facial, Manicure, pedicure, Threading, Waxing, Haircuts, Hair colouring, Henna colouring	Meha	Monday to Saturday: by Appointment 9443635114
In Nutrition, Diet, Weight Loss and Weight Management, Psychosomatic.	Nadia (English & French)	Monday and Wednesday afternoon by Appointment: 9489035457
Tarot, Oracles and Akashic Records Reading (TOS)	Valentina	Monday to Friday Morning: 9791719387, +393462258049
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday By Appointment: 0413-2623767 antarcalli@yahoo.fr

*Submitted by Ramana, Arka,
0413 2623799*

PITANGA



Program for October 2023

Classes — Registration required

• **Iyengar Yoga with Tatiana and Chloé**

All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.

◦ **Mondays, 5pm—6:30pm, Level 1, Tatiana**

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulder stand) or preparatory stages. Regular attendance is expected.

Tuesdays, 9am—10:30am, Spine class, All levels, Chloé

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

◦ **Wednesdays, 5pm—6:30pm, Level 2-3, Tatiana**

For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

◦ **Saturdays, 9am—10:30am, Restorative Yoga, Level 2-3, Tatiana**

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

◦ **Saturdays, 11am—12:30pm, Mixed Level, Tatiana**

An active practice class for Iyengar Yoga practitioners of all levels. Suitable for beginners. Exceptionally, this class can be attended without registration as well.

• **Art Therapy class with Gala**

- Thursdays, 3—5pm, for adults
- Fridays, 3—5pm, for families

Youth activities

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

Date	Activity
Mondays, Wednesdays, 4—5:15pm	Asanas for teenagers, with Lisbeth
Saturdays, 9—10am	Yoga for children, 5—8 yrs., with Gala
Saturdays, 10—11am	Yoga for children, 7—9 yrs., with Gala
Saturdays, 11am—12pm	Energy games for children, 9 yrs+, with Gala

Healing Space

• **By appointment, 262403, 9443902403**

- Acupuncture by Heidi
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh

Drop-In Classes

	Class & teacher	Class level
Mondays		
7:30—9am	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
Tuesdays		
4:45—5:30pm (Not on 24/10)	Odissi Dance with Rekha	Beginners
Wednesdays		
7:30—9am	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
Thursdays		
4:30—5:30pm	Aviva Exercise with Suriyagandhi	For women only
4:30—6pm	Vocal Sound Healing with Lola	All levels
Fridays		
6:45—8am	Pranayama with François & Namrita	For former 'The Art of Living' course participants
7:30—9am	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
9—10am	Lola's ATB special for seniors with Lola	Seniors
3:45—4:30pm (Not on 20/10)	Odissi Dance with Rekha	Beginners
4:30—5:30pm	Weekly Readings of the Life Divine with Balvinder	All are welcome to join.
5:15—6:15pm	Feldenkrais class with Shari	All levels
Saturdays		
11am—12:30pm	Iyengar Yoga with Tatiana	Mixed levels

Talks



• **20 October: Healthy to 100**

Stay mentally and physically healthy and vibrant as you age.

• **3 November: Resilience**

Tools to stay mentally, emotionally, and physically resilient through difficult times.

- All are welcome. No registration is necessary.

Lize is a Functional Medicine Practitioner and volunteers at Santé—Auroville Institute for Integral Health and Pitanga.

The talks are organised in collaboration with Santé.

**New class starting on 26 October:
Vocal Sound Healing**

- Every Thursday, 4:30—6pm with Lola



Practice and embody the power of the voice, your most potent healing instrument. The voice is the only tool more powerful than the gong, especially your own voice, because you are self-generating the healing vibrations to shift energetic blocks.

The practice is about opening yourself up to a new way of exploring your voice. Immerse yourself in this session, discover your own voice, take a step to experiment through sound, music and movement. No experience is needed.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in.

See you at Pitanga, with a smile!
Submitted by Verena

A SATSANG ON THE INTEGRAL YOGA



A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

'The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville,' — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

- **Facilitated** by Zech Joya
- **Schedule:** Tuesdays and Thursdays, 5:30—7pm
- **Venue:** Conference Room, G/F SAIER Building, Town Hall Complex, Auroville

Please [click this link for details](#) or scan the above QR Code



Cheers! Zech

MEDICAL QIGONG TRAINING

Medical Qi Gong training at the client's home at a time that suits them. eli, ye,ho (eli) Qigong instructor A graduate of the Wingate college of excellence in israel. Encounter with Chinese medicine in motion A harmonious combination of conscious breathing movement is accompanied by aids and actions. I am happy to share the knowledge I have gained in studies and life experience for the benefit of harmonious world and love



- Those who are interested leave a name and your convenient time address to ellimagen@gmail.com or 9952749221 WA **Elli**

VÉRITÉ WORKSHOPS

Pre-registration required

0413 2622045, 2622606, 9363624083

or programming@verite.in, www.verite.in

Master Class—Energy Pathways: Restore Flow of Prana through Mantra, Pranayama, Asana, & Prana Nidra with Andres

- Friday, 20 October, 9:30am—12pm

The body energy lines wisdom—SEN lines (Thai) or Nadis (Sanskrit)—is one of the most important and fundamental pillars of both Yoga and Thai Yoga Massage. Sen Lines or Prana Nadis are energetic pathways of life, giving breath in the body. When the energy doesn't flow appropriately through these energy lines, disease may appear. In this workshop, you will learn the origin of this ancient knowledge and practical application for Yoga postures (Asanas)—theory booklet included.



The Shoulder for Yoga Practitioners (Theory & Practice) with Rebeca

- Saturday, 21 October, 9:30am—12pm

The shoulder is one of the most complex joints in the body, and primarily responsible for all range of motion of the arm. Through practice and a focus on anatomy, you will learn ways to keep the shoulders healthy in yoga poses, and how to align, strengthen and stabilize to prevent or recover from injuries. The session is open to all; especially designed for yoga teachers and practitioners.

Balance your Koshas (Bodies) through the Practice of Yoga with Sabrina

- Saturday, 21 October, 9:30am—12pm

According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths called 'Pancha koshas', from gross/physical to the more subtle bodies. You will be guided through 5 different yogic practices to balance each of your 5 koshas: 1 asana sequence, 1 pranayama set, 1 mantra japa, 1 pratyahara practice and 1 meditation. Experiment and explore the effects of each practice; learn tools that help to maintain harmony, balance and inner peace. Open to all levels. Can be done independently from the workshop 'Explore your Koshas.'

Understanding Pranayama & its Practice in Asana & Meditation with Radhika

- Friday, 27 October, 9:30am—12pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

Awareness Through the Body with Amir

- Saturday, 28 October, 9:30am—12pm

Exploring FORM: tuning and cultivating the observer within through being guided into various physical shapes that embody expressions of different inner qualities. Relax with the intention to approach the physical plane spontaneously, while easing into receptivity to the inner movement.

Please note the following Workshop Cancellations

- **Freedom from Fear with Dr. Sehdev**
 - Saturday, October 21, 2pm—4:30pm
- **Yearnings for Peace: Peace Within, Peace Without with Dr. Sehdev**
 - Saturday, 28 October, 2pm—4:30pm

Sincerely, Savitri
Programs Coordinator, Vérité Programming

VERITÉ PROGRAMS, OCTOBER 2023

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083, 8489391876
- Email: programming@verite.in
- Website: www.verite.in



Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai yoga Massage	Andres
Private Yoga Session / Yoga Therapy	Andres
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Private Yoga Session / Yoga Therapy	Nadia
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Private Yoga Session / Yoga Therapy	Sabrina

Workshops (pre-registration required)

Day & Date	Workshops, pre-registration required	Timings	Presenters
Friday, October 20	Master Class on Energy Pathways: Restore Flow of Prana through Mantra, Pranayama, Asana, and Prana Nidra	9:30am—12pm	Andres
Saturday, October 21	The Shoulder in Yoga: Theory & Practice	9:30am—12pm	Rebeca
Saturday, October 21	Balance your Koshas (Bodies) through the Practice of Yoga	9:30am—12pm	Sabrina
Saturday, October 21	Freedom from Fear	2pm—4:30pm	Dr Sehdev
Friday, October 27	Understanding Pranayama and its Practice in Asanas and Meditation	9:30am—12pm	Radhika
Saturday, October 28	Awareness Through the Body	9:30am—12pm	Amir
Saturday, October 28	Yearnings for Peace: Peace Within, Peace Without	2pm—4:30pm	Dr Sehdev

Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Sivananda Yoga	9:30am—10:30am	Mani
	Pranayama & Meditation	11am—12pm	Radhika
	Yin Yoga—Healthy Hips	3:30pm—4:30pm	Emma
	Deep Sound Bath	5pm—6pm	Satyayuga
	Hatha Vinyasa Yoga	5pm—6pm	Andres

Tuesdays	Gentle Vinyasa Flow	11am—12pm	Emma
	Face & Eye Yoga	3:30pm—4:30pm	Mamta
	Vinyasa Flow	5pm—6pm	Rebeca
	Holistic Hatha Yoga (no class 24 & 31 October)	5pm—6pm	Sabrina
Wednesdays	Sivananda Yoga	9:30am—10:30am	Mani
	Yoga for Inner Alignment—Pranayama & Asanas	11am—12pm	Radhika
	Yin Yoga—Healthy Spine	3:30pm—4:30pm	Emma
	Kirtan Songs for your Soul	5pm—6pm	Mamta & Savitri
	Hatha Vinyasa Yoga	5pm—6pm	Andres
Thursdays	Peace with Pranayama	11am—12pm	Mamta
	Open Heart Space Meditation	3:30pm—4:30pm	Samrat
	Holistic Hatha Yoga (no class 26 October)	5pm—6pm	Sabrina
	Vinyasa Flow	5pm—6pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5pm—6pm	Andres
	Free Flow Dance & Movement	5pm—6:30pm	Vega
Saturdays	Sivananda Yoga (No class on 7 October)	5pm—6pm	Mani
	Mindful Flow—Awaken in Movement & Stillness	5pm—6pm	Savitri

Savitri, Programs Coordinator,
Verité Programming

QUIET HEALING CENTER



OBA® (Oceanic Bodywork Aqua) Basic—Liquid Joy with Fred

- Saturday, 21 & Sunday, 22 October
8:45am—6:30pm, 15 hours

OBA (Oceanic Bodywork Aqua) is an aquatic bodywork modality given in a warm water pool (ideally 35°C). It combines elements of light movements and stretching, massage and joint mobilization in connection with breathing and energy work, conducted both on the surface and underwater.

During this course, you'll learn a sequence of simple movements, both on the surface (with and without cushion and noodle) as well as under water and practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water. You'll experience floating other people and being floated, thereby creating a space for deep relaxation and nurturing body, mind and spirit.

OBA offers an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas—ultimately, for freeing body and mind in a flow, unique to each client and each session.

- No previous experience required!

OBA® (Oceanic Bodywork Aqua) 1—Fluid Body with Fred

- Tuesday, 24— Sunday, 29 October
8:45am—6:30pm, 50 hours

During this course, you'll learn a sequence of new movements, both on the surface as well as under water; plenty of time will be offered for practice and integration.

You'll be invited to discover the healing energies of the water, release physical pain as well as emotional tensions, and dive within yourself in unexpected ways. You might encounter a wondrous world of memories, of floating weightlessly in the protective womb of your mother, of going back into that very space where you were surrounded by soft warm water.

This course offers an opportunity to experience again the nurturing qualities of being held and loved, and to rediscover trust, peace within yourself, and a deep sense of coming home.

- **Prerequisites:** OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

www.quiethealingcenter.info/ quiet@auroville.org.in

Mobile & WA: +91 9488084966

Guido for Quiet Healing Center Team

A SUNLIT PATH OFFERINGS

We at A Sunlit Path, in collaboration with Abhaya, an Auroville activity of ASSA, are happy to offer community gatherings as a way for all kinds of people to come together and connect to themselves and each other in a meditative manner. Our community gatherings, including Kolam Gatherings, Moon Gatherings, Kirtans and Satsangs, will be open to everyone. We hope you feel welcome to join us and feel nourished by the experience.

Our classes, workshops and retreats will be offered on a contribution basis to help meet our many basic expenses. We envision being sustainable and flourishing soon as we journey together with sincerity and faith on The Sunlit Path and to be a source of strength to the community.

Regular Classes

- **Hatha Yoga**
 - Monday, Wednesday, Friday, 7—8am
 - by Sudha Suthanthiram @breathewithsudha
- **Hindustani Vocal**
 - Tuesdays, 6—7pm
 - by Lakshmi Santra @lakshmi.santra

Dhrupad Retreat by Niloy Ahsan @dhrupad_niloy

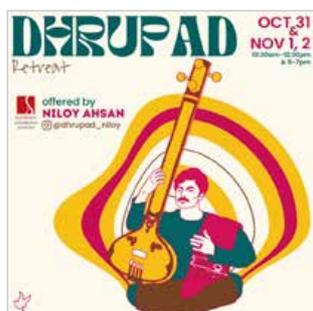
- 31 October, 1 & 2 November
10:30am—12:30pm & 5—7pm @ A Sunlit Path

Join us for a journey into stillness through sound. Dhrupad is an ancient form of Indian classical music known for its meditative and therapeutic qualities. It's a musical journey that aligns the mind, body and soul.

Led by Niloy Ahsan @dhrupad_niloy, an exceptional Dhrupad vocalist in the Dagar lineage, this retreat will introduce you to the profound practice of Dhrupad and Nada Yoga, making it accessible for beginners while enriching the knowledge of those already on their musical and yogic journey. Discover how sound can become a bridge between your outer and inner world, creating a harmony that resonates deep within.

This 3-day retreat is a welcoming space for all, whether you are just starting or well along your path. Come as you are, with an open heart and a willingness to explore the magic of sound and silence.

- **Register:** +91 8870988843 WA



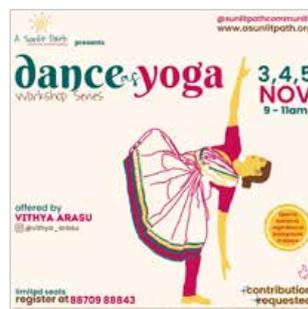
Dance and Yoga Workshop Series

by Vithya Arasu @vithya_arasu

- 3, 4 & 5 November, 9—11am @ A Sunlit Path

We are delighted to bring you our first "Dance as Yoga" offering at A Sunlit Path by the exquisite Bharatanatyam and Odissi performer, teacher and choreographer Vithya Arasu @vithya_arasu.

- Read more about Vithya here:
<https://www.asunlitpath.org/vithya>



This workshop series is open to everyone, whether you are a yoga practitioner, seeker, dancer of any form or someone simply interested in tasting the beauty and wisdom of Indian classical traditions. Vithya will bring you aspects of Indian classical dance in a yogic spirit, helping you connect to yourself deeper.

- Learn from the Natyasastra, the root of all Indian performing arts
- Explore facial muscles used in abhinaya or expression and hand positions or mudras used in dance and yoga
- Discover strength through ancient body conditioning methods
- Align your breath with graceful hand and leg movements used in Indian classical dance
- Learn a short choreography
- **Register:** +91-8870988843 WA

Warmly, Sudha

A Sunlit Path Family & Abhaya Team

www.asunlitpath.org

@sunlitpathcommunity

Cinema

AUROFILM

At Multi Media Centre Auditorium, Town Hall

Reminder

- Friday, 20 October, Scent Of A Woman by Martin Brest, US, 1992

Mr. Jones

- Friday, 27 October, 8pm

Directed by: Agnieszka Holland, Poland, 2019

With: James Norton, Vanessa Kirby, Peter Sarsgaard

Overview: Based on real events, the film tells the story of Gareth Jones, a journalist from Wales, who in 1933 travels to the Soviet Union and uncovers the truth about the Holodomor, the devastating famine in Ukraine.

Synopsis: Gareth Jones is an ambitious young journalist, who has gained some highlights for his interview with Adolf Hitler. The son of an English teacher in the Welsh colony of Hughesovka in Soviet Ukraine, Jones is also fascinated by how Stalin's Soviet Union has gone from a backward peasant state to an industrial powerhouse that appears to be the only country unaffected by the Great Depression and believes that its success means that a British-Soviet alliance is the key to preventing the Nazi domination of Europe. Once there, he discovers that the journalists are far from being able to carry out their investigations as they see fit...

Original English version with English Subtitles.
Duration 2h.21'

Surya for Aurofilm Team



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
23 October 2023 to 29 October 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice. To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora – Monday 23 October, 8pm
CHHATRIWALI (Woman in charge)

India, 2023, Dir. Tejas Prabha & Vijay Deoskar w/Rakul Preet Singh, Sumeet Vyas, Satish Kaushik, and others, Comedy-Drama, 116mins, Hindi w/ English subtitles, Rated: NR (PG-13)

This is a social drama with dollops of humor that underlines the importance of contraceptives and sex education in schools and society without being preachy. Sania is bright, educated, but unemployed woman who offers tuition. Impressed by her Ratan Lamba offers her a job in his condom factory as a quality check manager. Sania rejects it only to accept it later without any other option. However, she hides the details about her job from all and claims that she works for an MNC. After marriage it is with interacting with her sister-in-law, she realized the importance of awareness and education to avoid unwanted pregnancy and other serious health issues. Witty script, tight storyline, and good acting makes this film important and enjoyable to watch.

Potpourri – Tuesday 24 October, 8pm
WEREWOLF BY NIGHT

USA, 2022, Dir. Michael Giacchino w/ Gael García Bernal, Laura Donnelly, Harriet Sansom Harris, and others, Action-Adventure, 52mins, English w/ English subtitles, Rated: NR (R)

On a dark and somber night, a secret cabal of monster hunters emerges from the shadows and gathers at the foreboding Bloodstone Temple following the death of their leader. In a strange and macabre memorial to the leader's life, the attendees are thrust into a mysterious and deadly competition for a powerful relic--a hunt that will ultimately bring them face to face with a dangerous monster.

Interesting – Wednesday 25 October, 8pm
STRUGGLE: THE LIFE AND LOST ART OF SZUKALSKI

Poland-USA, 2018, Dir. Ireneusz Dobrowolski, w/ Stanislaw Szukalski, Glenn Bray, Robert Williams, Biography-Documentary, 115 mins, English w/ English subtitles, Rated; NR (G)

This documentary chronicles the life of Polish-American artist Stanislaw Szukalski (1893-1987) from his early years in Chicago, to his time in Poland and Los Angeles, and his artistic and political contributions to the world.

German – Thursday 26 October, 8pm
NAHSCHUSS (The last execution)

Germany, 2021, Dir. Franziska Stünkel w/Lars Eidinger, Luise Heyer, Devid Striesow and others, Drama, 116 mins, German w/ English subtitles, Rated: G

In collaboration with Goethe Institute/Max Mueller Bhavan. The true story of the life of Werner Teske, the last man to be executed in former East Germany in 1981 before the death penalty was finally abolished in 1987. Psychodrama of the fictional character Franz Walter, an ambitious scientist, who accepts to work for the Stasi in exchange for a professorship. When he realizes what is going on, it is impossible to escape the clutches of the state.

International – Saturday, 28 October, 8pm
FIRE ISLAND

USA, 2022, Dir. Andrew Ahn, w/ Joel Kim Booster, Bowen Yang, Margaret Cho and others, Comedy-Romance, English w/ English subtitles, 105 mins, Rated: R

A group of queer best friends gather in Fire Island Pines for their annual week of love and laughter, but a sudden change of events might make this their last summer in gay paradise.

Children's Matinee—Sunday, 29 October, 4:30pm
THE NIGHTMARE BEFORE CHRISTMAS



USA, 1993, Dir. Henry Selick w/ voices Danny Elfman, Chris Sarandon, Catherine O'Hara and others, Animations-Family-Fantasy, 76 mins, English, Rated: PG

Jack Skellington, king of Halloween Town, discovers Christmas Town, but his attempts to bring Christmas to his home causes confusion.

Robert Altman Film Festival@ Ciné-Club

Ciné-Club Sunday 29 October, 8pm
CALIFORNIA SPLIT

USA, 1974, Dir. Robert Altman w/ George Segal, Ann Prentiss and others, Comedy – Drama, 108 mins, English w/ English subtitles, Rated: R.

When a casual gambler befriends a professional one, he begins to mirror his life, sending both deeper into the sleazy gambling world where the stakes keep getting bigger. The film's aesthetic accurately captures the depressing surroundings in which gambling thrives.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available. For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, Nina for MMC/CP
 Group Account #105106,
mmcauditorium@auroville.org.in

**THE FRENCH PAVILION PRESENTS:
Gallant Indies (Les Indes Galantes)**

A Film By Philippe Béziat

Saturday, 21 October, 5pm @ Cinema Paradiso
in French with English Subtitles, duration: 1h38



Based on Jean-Philippe Rameau's opera-ballet that was directed by Clément Cogitore for the Opéra National de Paris.

In 2019, eight opera singers and 30 dancers from a wide variety of artistic and demographic backgrounds convened at Paris's Opéra Bastille to begin work on an ambitious new production of Les Indes galantes, a cornerstone of French musical history. Philippe Béziat's documentary, Gallant Indies, captures the work of this multifaceted troupe under the direction of artist and filmmaker Clément Cogitore; together, they shepherd Rameau's opera into the 21st century, while exquisitely and joyfully mirroring the true diversity of contemporary France. Replete with gorgeous melodies and fantastic dance numbers, from rehearsals to public performances, it is a human adventure and a meeting of political realities that we follow: can a new generation of artists storm the Bastille today?

- Trailer: <https://www.youtube.com/watch?v=YBZVDpfqZVs>

Thank you, Vivekan

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 27 October

Money, happiness and eternal life—Part 2

2017 / 43 minutes / Jörg Seibold

From Buddhists and bankers to Eskimos and psychologists, we explore the phenomenon of greed with people from all walks of life. How can it be defined? What makes us greedy? And what are the repercussions?

Shek

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

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Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

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