



News Notes

#1132 A weekly bulletin for residents of Auroville 21 May 2026



Pranashakti—Bookmark session. Photo submitted by Alexey

Pondering



Love is the keynote, Joy is the music, Power is the strain, Knowledge is the performer, the infinite All is the composer and audience. We know only the preliminary discords which are as fierce as the harmony shall be great; but we shall arrive surely at the fugue of the divine Beatitudes.

Sri Aurobindo,
Aphorisms, "The End"

Contents

PONDERING	1	Bharat Nivas, Pavilion of India	13
HOUSE OF MOTHER'S AGENDA	4	Kalaripayattu performance	13
TOWNHALL SPEAKS	5	Wide: Art Show	13
Residents' Meeting	5	Theatre, Music & Arts	13
Note for Auroville Units	5	Mannin Mandhiram: Magic of the earth	13
Financial Service Saturday Afternoon Closure	5	The Fool exhibition @ Aurelec	13
COMMUNITY NEWS	5	MAJI: Echoes of Gold	13
Matrimandir News & Schedules	5	Theatre, Music & Art Activities	13
Closure of the Matrimandir Inner Chamber	5	Yuvabe Theatre Initiative—Volunteer Call	13
Matrimandir Newsletter May 2026	5	Basic Analogue Photography Darkroom Workshop	14
Amphitheatre: Meditations at sunset with Savitri	5	CREEVA: Art activities	14
Matrimandir Access Information	6	Svaram Activities	14
Obituary	6	Kalabhumi Music Studio's Music Academy: Learn music in Auroville	14
Passing of Thomas Eckelmann	6	Dance Activities	14
Awakening Spirit	6	Classes in Bharat Nivas	14
Bhagavad Gita Chanting	6	Bharatnatyam Dance Classes	14
Savitri Bhavan, May 2026	7	Music and Dance Classes	15
Bharat Nivas Program: Cancelled on 26 May	7	Dance Classes by Mani	15
Auroville Discovery Program	8	Dance, Movement and Ballet for Children	15
Bhagavad Gita in Daily Life	8	Auroville Tango	15
Books	8	Sports & Martial Arts	15
Laboratory of Evolution Library	8	Kshetra Kalari @ Aspiration Sport Ground	15
Auroville Library	8	Budokan: Class Hours and Activities	15
Education	8	Martial Arts @ Bharat Nivas	16
Maroma: Summer School Holiday Program	8	Kalaripayattu Regular Class Updated Timings	16
Pranashakti: Auroville Centre for Vital Education	9	Regular Silambam Class	16
STEAM Summer Camp	9	Grappling & Rudiments of Martial Arts for kids	16
Kuilai Creative Centre Regular Activities	9	Morning swimming classes for children	16
Tuition Classes Available	9	Abhaya Martial Arts	16
Learning Space opens doors for kids	10	Swimming Class	16
Admission at New Era Secondary School	10	Auroville futsal/ football club	17
Satori: Educational services	10	Bioregion, Crafts & Nature Activities	17
Lilaloka	10	Authentic Culinary Experiences—ACE	17
Youth Initiative	11	The Colours of Nature (TCoN): Workshops & Visits	17
Karaoke + Tacos + Community	11	Wellpaper Workshop	17
Health Care	11	Auroville Bamboo Centre	18
Santé Services, May	11	Solitude Farm Activities	18
Morning Star	11	Mohanam program	19
Maatram	11	Sadhana Forest Plant based Saturday	19
Aurokiya	12	Activities by Inside India	19
Integral Eye Centre	12	Maroma Campus Tour!	19
Aurodent Clinic @ Auromode	12	Activities at AuroOrchard	20
International	12	Activities by Rupavathi	20
Pavilion of Tibetan Culture	12	Egai EveryVillage	20
Library	12	Enlight	20
Unity Pavilion	12	Celebrate the Rain-Fed Bounty!	20
May Events	12	Auroville Earth Institute: Upcoming On-Campus Training Courses	21
The Mother's Symbol, Matrimandir and 12 Qualities	12	Office Spaces	21
Sencha Style Tea Ceremony	12	Hive Coworking Space Open House	21
Integral Life Coaching & Counselling	13	Kinisi Cowork	21
		Aurelec Spaces Available	21
		Spaces Available at Ecoteco Campus Building	21

Taxi Share	21
To Chennai Airport, 31 May, 9am	21
Lost & Found	21
Lost single key on chain	21
Available	21
HP Deskjet Printer	21
Looking For	21
Looking for a homestay	21
Looking for a Volunteer or an Amma	21
Honorable Voluntary	21
Volunteers for NESS	21
Pour Tous Water service	22
Aarambham Learning Space	22
Gau Seva at Sadhana Forest	22
Botanical Gardens	22
Work Opportunities	22
Aurora's Eye Films: Call for video editor	22
AIAT: Seeking of Assistant Professor	22
AWARE: Looking for media & comms specialists	22
NESS School	23
Looking for Primary Class Teacher	23
Ecology	23
Servicing of Septic Tanks	23
Repair it. Sort it. Save it.	23
Litter Clearing Service	23
Upcycling Open Studio	23
Poetry	23
A Little Paper Boat	23
The Architecture of Becoming	24
God earns His due	24
Voices & Notes	24
Auroville Radio TV	24
Admittance to Auroville: goodwill to make a collective experiment for the progress of humanity	24
Clarity of Purpose: A Foundation for Harmony	25
Food System Envisioning	25
Animal Care	26
Urgently seeking volunteers for Dog Shelter	26
Join Auroville Dog Shelter Team	26
Foods, Goods & Services	26
Annapurna Farm Baskets	26
Freestore Summer Timings May and June	26
Auroville cashew nuts: Ready to purchase	26
FoodLink Market	26
Neem Tree Cafe Offer	26
The Sprout Cafe & Restaurant	26
Sudha's Kitchen	26
Visitors Centre Cafeteria	27
Living Room Café	27
Taste of Yoga: Vegan Café	27
Auromode Restaurant is Open	27
Auroville Bakery Cafe in Town Hall	27
South Indian Breakfast	27
Naturellement Garden Cafe	27

Closed for renovations	27
Coffeeideas will be closed for repairs	27
Nowana will be closed from 25 May	27
PT Purchasing Service Opening Hours	27
Pour Tous Water Free Service	28
Qutee Electric Scooter Service	28
Integrated Transport Service	28
UTS Transport Service	28
Sunrise Taxi Service	28
KINISI E-mobility	28
Inside India	28
Abacus Accounting	29
Prakrit	29
AVDzines	29
Rapid Care Services	29
Tree Care Services	29
Surabhi Supplies	30
Sarvam Computers offers reliable service	30
Classes, Workshops & Healing Arts	30
Mindfulness with Helen in May	30
Compassionate Communication Practice Sessions	30
Improvisation, Voice, Movement & Self-Awareness	30
Clown & Presence workshop	30
Pitanga Cultural Centre May	31
Yoga and Classes	31
Healing Space	31
Classes by Prior Registration	31
Vipassana Group Sit	31
Weekly Sessions in Vedic Philosophy	31
Vérité Program, May	32
Classes	32
Therapies	32
Workshops	32
Loneliness Listening Circle	32
Arka Wellness Center Program, May	33
Treatments	33
Classes	33
Services	33
Leela Therapy	33
Regular Yoga Classes @ SAIER Conference Hall	33
World Game for Adults and Children	33
Auromode Spa Offers Cosmetology Services	34
Languages	34
News from Auroville Language Lab	34
Cinema	34
Morning Star presents: More Than Blue	35
Eco Film Club: Every Friday @ Sadhana Forest	35
Cinema Paradiso Film Program 25—31 May	35
Paradiso: Children's Special	36
Emergency Services	36
About N&N	36
Accessible Auroville Public Bus	36

House of Mother's Agenda



For his experience of cosmic existence will be, by its form of nature and by an individualised centration, that of one living in the universe but, at the same time, by self-diffusion and extension in oneness, that of one who carries the universe and all its beings within him. This extended state of being will not only be an extension in oneness of self or an extension in conceptive idea and vision, but an extension of oneness in heart, in sense, in a concrete physical consciousness. He will have the cosmic consciousness, sense, feeling, by which all objective life will become part of his subjective existence and by which he will realise, perceive, feel, see, hear the Divine in all forms; all forms and movements will be realised, sensed, seen, heard, felt as if taking place within his own vast self of being. The world will be connected not only with his outer but with his inner life. He will not meet the world only in its external form by an external contact; he will be inwardly in contact with the inner self of things and beings: he will meet consciously their inner as well as their outer reactions; he will be aware of that within them of which they themselves will not be aware, act upon all with an inner comprehension, encounter all with a perfect sympathy and sense of oneness but also an independence which is not overmastered by any contact. His action on the world will be largely an inner action by the power of the spirit, by the spiritual-supramental idea-force formulating itself in the world, by the secret unspoken word, by the power of the heart, by the dynamic life-force, by the enveloping and penetrating power of the self one with all things; the outer expressed and visible action will be only a fringe, a last projection of this vaster single total of activity.

At the same time the universal inner life of the individual will not be confined to an inner pervasive and inclusive contact with the physical world alone: it will extend beyond it through the full realisation of the subliminal inner being's natural connection with other planes of being; a knowledge of their powers and influences will have become a normal element of the inner experience, and the happenings of this world will be seen not solely in their external aspect but also in the light of all that is secret behind the physical and terrestrial creation and movement. A gnostic being will possess not only a truth-conscious control of the realised spirit's power over its physical world, but also the full power of the mental and vital planes and the use of their greater forces for the perfection of the physical existence. This greater knowledge and wider hold of all existence will enormously increase the power of instrumentation of the gnostic being on his surroundings and on the world of physical Nature.

(to be continued next week)

The Life Divine, "The Gnostic Being"

Sri Aurobindo

<https://incarnateword.in/cwsa/22/the-gnostic-being>

Gangalakshmi HOMA

Townhall Speaks

RESIDENTS' MEETING

29 May, 4:30—6pm
@ Sri Aurobindo Auditorium

Dear Residents, this is to inform you that the next Residents' Meeting is scheduled to be held on 29 May 2026 at the Sri Aurobindo Auditorium from 4:30—6pm.

The Secretary, Auroville Foundation, will address the gathering and discuss various ongoing and upcoming activities concerning the community.

Resident members who wish to provide inputs or raise matters on specific subjects are kindly requested to forward them by email to the Working Committee on or before 19 May 2026, mentioning their name and the community in which they reside.

Every effort will be made to address the inputs and questions raised by residents during the meeting, with special emphasis given to the question-and-answer session.

Residents who are interested in contributing to any Auroville activities are also encouraged to submit their suggestions. Based on the availability of time, opportunities may be provided for them to present their ideas during the meeting.

Any change in the meeting schedule will be communicated in due course.

In addition, several other important subjects relevant to the community will be presented for the benefit of all resident members.

All Auroville residents are therefore cordially invited to attend the meeting and participate actively.

*The Working Committee
From Massbulletin*

NOTE FOR AUROVILLE UNITS

Most units host a web page on the main auroville.org website. If your unit description and service details are missing, and if you would like to include a page on Auroville's official website, please send us a brief introduction of when the unit started and what services you offer.

You will also need to send us updated telephone and email contact details, openings hours, etc. Recent photos are welcome. Kindly send 2 or 3 photos as separate files in jpeg format.

Here is the link to our website <https://auroville.org/> if you would like to browse.

*Giri, Ruban, Abha
for Auroville Web Team*

FINANCIAL SERVICE

**Saturday Afternoon Closure
until end of June**

From this week onwards till the end of June, Financial Service will be closed on Saturday afternoons.

*Financial Service Team,
From Massbulletin*



Community News

Matrimandir News & Schedules

CLOSURE OF THE MATRIMANDIR INNER CHAMBER

18 May—14 June

Because of annual maintenance work, the Matrimandir Inner Chamber will remain closed for everyone from 18 May, 2026 to 14 June, 2026. We regret the inconvenience caused.

- The Matrimandir Inner Chamber will **reopen on the 15 June.**

Kindly watch this space for any changes to the reopening date. The Chamber will be reopened for Aurovilians and Newcomers sooner if it is possible.

- The **Matrimandir viewing point will remain OPEN** as usual from **9am—5pm** everyday.

Antoine for Matrimandir Executives

MATRIMANDIR NEWSLETTER

May 2026

Matrimandir

May 2026



[Please read the newsletter here](#)

Submitted by John for MM team

AMPHITHEATRE:

Meditations at sunset with Savitri

6—6:30pm, every Thursday,
weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests at 5:45pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:45pm.**

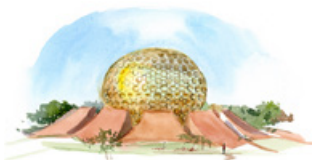


Velmurugan

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers:
 - daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only:
 - daily, 9am—3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- *Savitri* Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.



Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to registered Volunteers:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- **It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre. The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

Obituary

PASSING OF THOMAS ECKELMANN

This is to inform the community that Thomas Eckelmann from Gratitude passed away late in the morning of 13 May 2026, at his residence.

The mortal remains of Thomas Eckelmann were cremated on Saturday, 16 May, at the Auroville Cremation Ground.



From Mass Bulletin

Awakening Spirit

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome

For queries: vidyamandir@auroville.org.in

Deven
for Vidyamandir Auroville Team



SAVITRI BHAVAN, MAY 2026



Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo: A life-sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

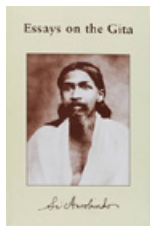
Full Moon Gathering

- **Saturday, 30 May, 7:15—8:15pm** in front of Sri Aurobindo's statue

Concluding chapters of 'Essays on the Gita' by Dr. Alok Pandey.

- **Wednesday, 3 June, 4—5pm @ Sangam Hall**

Everyone is welcome



Guided Yoga Nidra sessions

- **Every Tuesday, 11am—12noon @ Sangam Hall**

Guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey. This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early.

Things to bring: A yoga mat if can or cushions are available to lie down.

Conducted by Sunny and Team

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies. Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies. *Guided by Misha (Mike).*



Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo's *Savitri*. The program began on 15 August 2025, focusing on selected cantos from Part One of *Savitri*. Bi-weekly sessions combine guided reflections (via Shraddhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.

Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more:

- savitribhavan@auroville.org.in,
- www.savitribhavan.org



Light and Delight

- **Thursdays, 5—6:15pm @ Savitri Bhavan**



Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions. We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue. *Anandi Z.*

Remembering Sri Aurobindo's Uttarpara Speech

Delivered at Uttarpara, Bengal, on 30 May 1909

- **Saturday, 30 May, 10am—12noon @ Sangam Hall**

30 May marks a truly special day in history. It is the anniversary of Sri Aurobindo's famous Uttarpara Speech, where he shared his transformative spiritual realizations with the world.

To honor this legacy, we are hosting a community gathering and we would love for you and your family to be a part of it.

- **Guest Speaker:** Shri Sraddhalu Ranade




Your presence will add immense value to our collective reflection. Please join us for an inspirational morning!

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidltz
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Wednesdays, 5—6pm & Saturdays 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm. *Margrit, Velmurugan & Dhanalakshmi*

BHARAT NIVAS PROGRAM: Canceled on 26 May


A weekly study circle on
The Synthesis of Yoga
 - Sri Aurobindo



4:30 pm - 5:30 pm
Every Tuesday

Venue :
 Resource Library,
 Bharat Nivas, Auroville

Scan for Location



Dear Aurovillians, Please note that our regular reading sessions will be **cancelled for the next Tuesday, 26 May.**

We appreciate your understanding and look forward to resuming our regular schedule from 2 June onwards.

Monisha, BN Team

AUROVILLE DISCOVERY PROGRAM

Every 3rd Saturday of the month
@ Visitors Centre Auditorium, Auroville

Work as a means of Inner Discovery



AWARE warmly invites newcomers, volunteers, guests, and community members to participate in the Auroville Discovery Program. The Discovery Program is an invitation to explore Auroville not only as a place, but as a living experiment in human unity and conscious living. The session emphasizes work as a path of inner discovery—an opportunity to reflect on the deeper purpose of work, collective life, and personal growth within the context of Auroville.

Through presentations, sharing, and dialogue, participants will gain insights into Auroville's vision, history, ideals, and ongoing experiments.

- Participation is through prior registration.
- Scan/ Register here: [Discovery Registration](#)

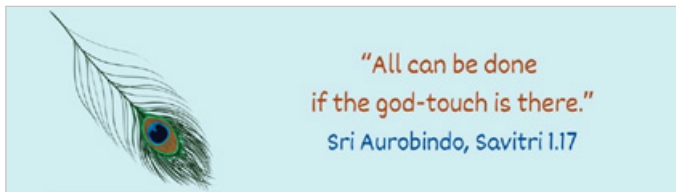
For further information and registration details, kindly contact AWARE.

Sajiv for Aware Auroville



BHAGAVAD GITA IN DAILY LIFE

1—30 June, 2026 (Monday to Friday)



5—6am (ब्रह्म मुहूर्त *), Online Zoom Call


We are happy to invite you to join us on a **collective learning yajna** to integrate the wisdom from Bhagavad Gita in day-to-day life. We will be referring to all 700 shlokas of the Gita in Sanskrit along with daily practices, reflections and reading excerpts from Sri Aurobindo's Essays on the Gita and The Mother's writings. **All are welcome.**

(* ब्रह्म मुहूर्त—*Brahma-Muhurta* is often described as a period (*muhurta*) that begins one hour and 36 minutes before sunrise and ends 48 minutes later. It is considered a very auspicious time for regular yogic practices.)

- For more details and registration click: tinyurl.com/gitainlife
- Feel free to also write to us on: vidyamandir@auroville.org.in

Deven & Shaalini for Vidyamandir

Books



Laboratory of Evolution Library


Opening: Monday to Saturday 9am to 12 am
Tuesday, Wednesday, Friday & Saturday 2:30 pm to 4:30 pm

Focused on the evolutive vision of Sri Aurobindo & The Mother.
Many related subjects from Traditional knowledge: Religion, Esotericism, Sciences, NDE, Body Consciousness, Health etc.

The complete works of Sri Aurobindo & The Mother are available in many languages, also books written by Ashram Disciples & Aurovilians.
Also documents related to Auroville, books, CD & DVD

Open for Aurovilians, Newcomers, Volunteers, & Guests

Located at HORIZON, in front of SVE DAM, Lorenzo Food Laboratory



AUROVILLE LIBRARY

Weekly Readings of *The Life Divine*



Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(from 23 January 2026)

All are welcome.

Contacts:

- 0413 2622894,
- avlib@auroville.org.in
- <http://library.auroville.org.in/>

Opening timings

Summer at the Auroville Library
Closed FRIDAY 1st May 2026

Our summer timings begin on
Saturday 2nd May - Tuesday 30th June 2026

Open 9am - 12.30pm Monday to Saturday
Open 4pm - 6.30pm Tues, Thurs & Sat

Wishing everyone a cool summer!



Children's Storytime!

- All ages welcome!
- Every Saturday,
10—11am.

Ayesha
for Auroville Library team



Education

MAROMA

Summer School Holiday Program

for Aurovilians and Guests

27—29 May, Wednesday—Friday, 10—11:30am

Join us this May for a hands-on creative program at Maroma, designed for children and families.

Program Highlights:

- **Day 1**—Incense Leaves (Wednesday, 27 May)
- **Day 2**—Candle Making (Thursday, 28 May)
- **Day 3**—Clay Work (Friday, 29 May)

Each session offers a guided, tactile experience using natural materials, reflecting Maroma's focus on craftsmanship and sustainability.

- **Capacity:** Limited to 20 participants
- **Note:** Children under 8 must be supervised

Spaces are limited and allocated on a first-come, first-served basis.

To register: please send an email to maroma@maroma.com including:

- Number of participants
- Age(s) of child(ren)
- Preferred day(s)

Do not hesitate to WA/call on 9486623749 if you have any questions.

Also if you would like to book a Maroma Tour, please checkout our Experience website:

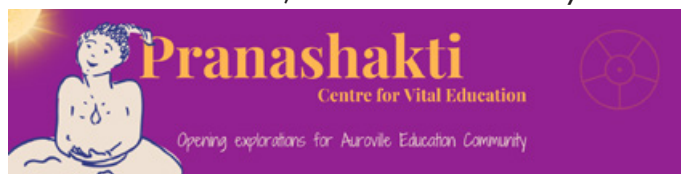
- www.maromaexperience.com

Jesse for Maroma Experiences

PRANASHAKTI

Auroville Centre for Vital Education

@ Pranashakti Hub (previous Aurofilm office)
Next to CRIPA, Kalabhumi Community



Pranashakti programs are open to the community, with priority for Auroville teachers and students. We have a series of sessions across May–June. You are warmly invited to join any that resonate. Please click the link to register or scan QR code below.

Outdoor Games

Playhood by Natasha, interactive play facilitator



Step into the joy of movement, connection, and play through simple outdoor games. A space to unwind, engage, and rediscover the spirit of play together.

- Thursdays, 14 May—25 June, 5—6:30pm
- <https://forms.gle/FdZbBuTF9LLf41gT6>

Integral-Psychology & Improvisation (Lucas & Misha)



Inward exploration: Learning Integral psychology through the body: gaining deeper body-felt awareness of our being's different layers, our evolutionary energy centres, breath work.

Outward expression: An exploration of improvisation, rhythm, spontaneity and movement—working through the body as a means to deepen presence and expression.

- Mondays, 2—4pm, Wednesdays, 2—5pm
- <https://forms.gle/vZyuWjFGKQCacU7r6>

Art Creation

Art Cultivation (Chithra)

- Monday to Friday, 11—22 May, 8:45—10:45am
- <https://forms.gle/k8idyo9p1XjuUqYi6>

Origami

By Kiran

- Tuesdays, 12, 19 May & Thursdays, 14, 21 May 4:30—5:30pm
- <https://forms.gle/xdHybQU4svdmwRMw5>

Create Your Joy

By Anandi

- Fridays, 8, 15 May, 3, 10 July, 4—5:30pm
- <https://forms.gle/sjSvchUDvxnoyS54A>

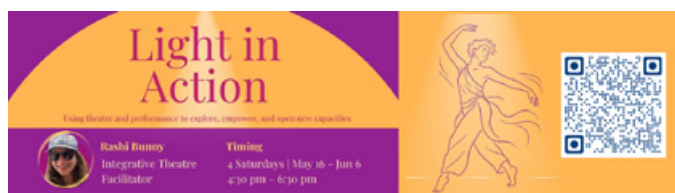
Story & Reflection

Threads of Stories (Anandi)

- Wednesdays, 6 May—24 June 24, 4:30—5:30pm
- <https://forms.gle/sjSvchUDvxnoyS54A>

Expression & Body

Light in Action-Theatre Workshop (Rashi)



A theatre workshop series for creative exploration & self-expression with Rashi.

- Saturdays, 4:30—7pm
 - 16 May: Body; 23 May: Emotions
 - 30 May: Voice; 6 June: Expression

Open to ages 20+ interested in using theatre and performance to explore, empower, and open new capacities.

Priority for Auroville teachers.

Please register to confirm your participation:

- <https://forms.gle/qYE9fAXzbVA7hNb76>

Shaily for Pranashakti

STEAM SUMMER CAMP

All weeks in May, Monday to Thursday, 2—4pm
@ Deepanam School. Ages 7—12



This Summer, Begin Your Adventure Quest! Dive into a world of fun, hands-on STEAM adventures filled with exciting challenges and creative experiments. Explore new ideas, build amazing creations, and discover something new every day! Unleash your imagination, solve thrilling missions, and turn your ideas into reality. A summer full of adventure, learning, and endless possibilities awaits!

- **To register:** 9047705400 WA, Prema **Abilash**

KULAI CREATIVE CENTRE REGULAR ACTIVITIES

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).

Please contact us to inquire about the class timings.

- kulaicreativecentre@auroville.org.in
- +91 8608473385 WA **Selva from KCC**



TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact
 - ashree@auroville.org.in
 - 8270512606 WA only. **Ashwini**

LEARNING SPACE

opens doors for kids

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.



A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students. Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15—8:45am
- Pick up time 3:30—4:40pm (by the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways.

- For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey

ADMISSION

at New Era Secondary School

Admission is going on at New Era Secondary School, a CBSE school under SAILER:

- for the 1st grade and
- from 6th grade to 9th grade and
- for the 11th grade. We are offering Computer science stream, Biology stream, Pure science stream, Commerce stream, Humanities stream and Vocational training courses in the 11th grade.

Contact Dr. K. Venkatesh, principal: 9442746448 for further information.

Dr. K. Venkatesh for NESS

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,

satori.auroville@gmail.com



LILALOKA

“A place where play transforms, where joy opens the path.”—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.



“Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique.”

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.

Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- **Once a week, age: 0—12 months, parents and babies together.**

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- **Two times per week (or as per group needs), age: 1—2 years old, with parents**

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants’ Community

- **Daily mornings, age: 1½–3 years**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- **Three times per week, open mornings to all children aged 5+**

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- **Twice per week, age: 3–6 years**

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- **Once per week, children 6–11 Years**

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- **By appointment**

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

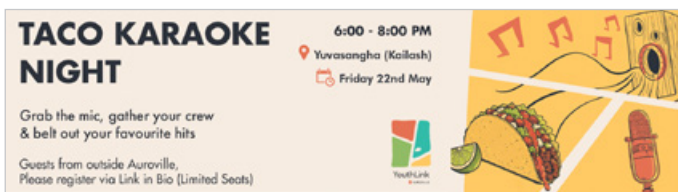
- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela

Youth Initiative

KARAOKE + TACOS + COMMUNITY

Friday, 22 May, 6—8pm @ Yuva Sangha (Kailash)



Come together, share some good food, sing your heart & enjoy the simple joys of community.

In the midst of it all, isn't joy our greatest wealth?

- Guests from outside Auroville, please register at <https://forms.gle/9DF3NY7tnbGJ6DQi7> (Limited seats)

Gautam
for YouthLink Team

Health Care

SANTÉ SERVICES, MAY



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- **No** sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Ezhil & Archana, Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Not available
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	Home Care Contact Santé for timings: Physiotherapy w/ Arun Doctor Consultation w/ Dr. Sana

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services

MORNING STAR



Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House. You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted in both English and Tamil

- **Wednesdays, 5—7pm @ Creativity—Hall of Light**

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Magesh:

- +91 9486609821, morningstar@auroville.org.in

Little Red Feet—Baby Play and Support Group

- @ Humanscapes, Common Hall
- **Monday, 10am—12pm:** Newborn support circle by Rotem for ages 0—1
- **Wednesday to Sunday, 9am—12pm:** Play and Support Group for ages 0—2

We warmly invite you to our baby play and support group, a nurturing space created especially for parents and babies. Come as you are, connect with other parents, and celebrate the journey of raising your little one.

Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, non judgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

- Rotem: +91 8056888715
- Aditi: +91 9130084284 *Submitted by Savithri*

MAATRAM

Maatram offers OCH Open Consultation Hour

- Monday—Friday, 9:30—10am

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
- @ Maatram, 1st floor, Arka



In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
 - and addictive behaviours related to use of: smart phones, social media, video games, eating, porn and gambling.
- Megha, Raam & Palani

AUROKIYA

Integral Eye Centre

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. Available services:

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital



New services:

- Retina imaging,
- Intraocular pressure (glaucoma) monitoring,
- Red Light Therapy for eyes,
- Dry Eye Therapy

Timings:

- 9am—5:30pm,

Contact:

- 9488005685

Aurosugan for Aurokiya

AURODENT CLINIC @ AUROMODE

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic. He will be providing specialised treatments, including: *Dental implant placement; Wisdom tooth extractions; Other complex extractions.* Appointments can be booked directly at Aurodent Clinic.



For appointment



- +91 9629199328 WA,
- 0413 2622063 landline
- aurodent@auroville.org.in



Working Hours

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Submitted by Jayasutha

International

PAVILION of Tibetan Culture

Library

- Monday and Tuesday, 9:30am—12:30pm

Kalsang for Tibetan Pavilion



UNITY PAVILION MAY EVENTS

May Events

Day-Time	Venue	Event Details
Thursday, 5pm	Hall Of Peace	Silent Meditation by Pierre: Tune into your psychic self and enter deep inner peace, silence, and calm for inner awakening and self—discovery.
Friday, 5—6pm	Hall of Peace	Peace Meditation by Pierre: Rest in the vibration of peace through silent inner concentration, awakening the psychic presence and a deeper state of harmony.
Saturday, 10am	Garden Hall of Peace	Kids Art Class by artist Janakiraman: A playful exploration of watercolour techniques for children.

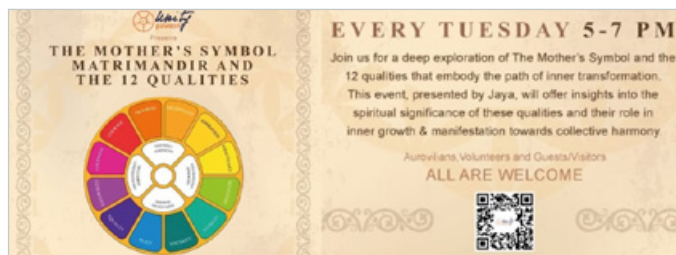
By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea —Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation. One to one/group Life Coaching & Counselling with Preeti based on life skills & Integral Transformation offers a safe space to heal and unlock your potential 9699930672 WA

- 0413 2623576, 9699930672, unitypavilion@auroville.org.in

The Mother's Symbol, Matrimandir and 12 Qualities

- Every Tuesday, 5pm



A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation with Jaya.

- By appointment, 0413 2623576

Sencha Style Tea Ceremony



The Universe in a Cup of Tea

We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available). During this rare, transformative experience, you will explore & experience

the healing aspects of the tea. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- Through appointments only, +91 9385428400 WA

Integral Life Coaching & Counselling



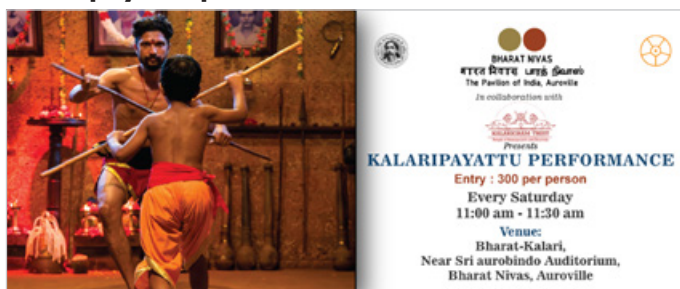
Integral Life Coaching & Counselling (One to one/ group) with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential. Using an Integrated, practical Approach & Powerful Tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development.

- By Appointment: 9699930672 WA

Preeti for Unity Pavilion

**BHARAT NIVAS
Pavilion of India**

Kalaripayattu performance



Wide: Art Show



Monisha for Bharat Nivas

Theatre, Music & Arts

**MANNIN MANDHIRAM:
Magic of the earth
Extended till 23 May!**

Exhibition by Kripa. Photo documentary of terracotta votive forms making in Auroville

- 3—23 May @ Pitanga

Gallery timings:

- Monday to Saturday, 8:30am—12pm & 2:30—5:00pm.

Anandamayi & Enzo



THE FOOL EXHIBITION @ AURELEC



On the edge of an epic journey, the Fool peers into the abyss below and senses the seed of life calling out to her. She sees the opportunity and stardust swirling, and she knows that her dream begins with this single step. She's not sure what she will learn or exactly where she's headed, but she has clarity about one thing: she will need to jump in order to begin. With her crystal amplifier to guide her, and her wand to protect her, she feels her toes slide past the threshold of her current reality. She sends one last intention prayer up to the Universe and lets go, feeling the rush of the unknown rise up to meet her. She falls into the void, where her beautiful future awaits.

Chris-Anne, Tarot Cards
Franz, Aurelec

MAJI: ECHOES OF GOLD



20 April—27 July, Monday—Saturday
9am—5pm

@ Maroma Art Gallery: MAJI

Supriya

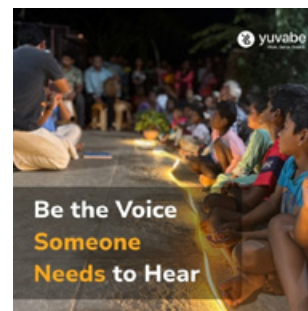
Theatre, Music & Art Activities

YUVABE THEATRE INITIATIVE—VOLUNTEER CALL

Be the voice someone needs to hear

Yuvabe Theatre is seeking committed volunteers for a community-driven theatre play aimed at raising awareness on emotional and mental health, and helping reduce suicide rates in and around us.

This heartfelt play is crafted to understand pain and emotions and create awareness around emotional & mental health. It is purely a service to the community—no theatre experience needed.



Weekly Schedule

- Thursday & Friday: 3—5pm
- Saturday: 9am—12:30pm
- Timings are flexible for the team

Who Should Join: People who truly care, community-minded individuals, empathetic listeners, youth & change-makers. Any language background is welcome.

What to Expect: A 3-month commitment of dedicated participation, with a purpose-driven focus on theatre for mental health awareness. This is unpaid—pure community service. Ready to make a difference? Reach out & join the stage.

bhuvana@yuvabe.com, +91 9159325119, Abilash

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop

By Sasikanth Somu, 28, 29, 30 May
@ Centre d'Art Gallery, Citadines, Auroville



Program & Timings

- **Thursday, 28 May, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 29 May, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- **Saturday, 30 May, 9am—12:30pm & 2—5pm,** one can choose either of these sessions: Printing Contact Sheets & Photos in the darkroom.

Registration Contact: centredart@auroville.org.in

Participants are required to be present for all three days.

The workshop fee: For Guests Rs.3000 incl. GST. The workshop is free for Aurovilians, Newcomers and Registered Volunteers, who are residing in Auroville. Newcomers and Registered Volunteers are requested to provide the details of their registration with ATR Auroville. If a non-paying participant is unable to attend all three days of the workshop, he can finish the remaining days the next year only.

All the material for the workshop is provided except the analogue camera. Analogue/ Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 9159355809 WA.

The number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

CREEVA: ART ACTIVITIES

Center for Research Education Experience in Visual Art
Watercolour painting workshop

- Every Wednesday, 2—4pm

Life drawing session

- Every Saturday, 10am—12pm

T-shirt Painting, Bottle Painting Workshop

Paper Pulp Doll Art Workshop

- Every Sunday, 3—4:30pm

Rediscover the joy of creativity and childhood play, through eco friendly paper pulp. By Giribala Tripathy: From Odisha, based in Pondicherry, Sri Aurobindo Ashram artist with over two decades of creative and sustainable art practice.

Live portrait sketch

For personalised live portrait sketch book a session with Sathya.

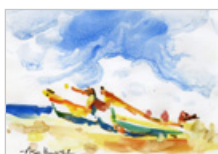
Open studio

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

For info contact Sathya: +91 9486145072

- sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity



SVARAM ACTIVITIES

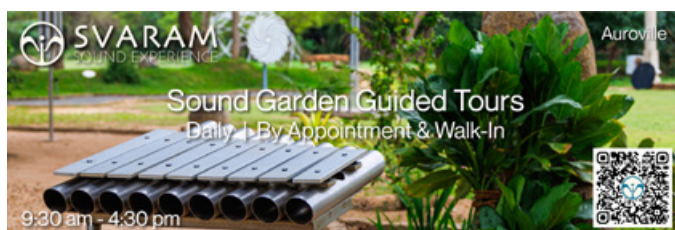
Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner. **By appointment only**

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Garden Tour



- Monday—Saturday, 9:30am—4:30pm
- Sunday, 9:30am—11:30pm
- For details and booking: Scan the QR Code or [click here](#)

Aurelio for the SVARAM Team

KALABHUMI MUSIC STUDIO'S MUSIC ACADEMY

Learn music in Auroville...

- Hindustani Vocals (with Ronny)
- Piano for kids (with Sahitya)
- Tabla/ violin/ viola/ trumpet/ bass/ guitar (with Shanks)
- Guitar & Bass (with Rolf)
- Singing (with Shakti)

To apply: [fill out the form](#) (QR code)!

Edo

Dance Activities

CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm,
@ SAWCHU

Caveri Suresh, a Bharatnatyam Dance teacher for 27 years, is offering this class to Beginners, Intermediate and Advanced students.



Caveri Suresh,
for Diya Dance Studio

Music and Dance Classes

• **Saturday, 3—4pm @ Bharat Nivas**

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

• **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari
for Aurohamsadhwani Arts Team

DANCE CLASSES BY MANI

- Please register before coming (registration only).
- Bring your socks and water bottle.

Tango Dance Evenings

• **Tuesdays & Thursdays, 7pm @ CRIPA (Small Room)**

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes

• **Monday & Friday, 7pm @ CRIPA (Small Room)**

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

Let's share the joy of dance, connect with positive energy, and keep improving.

Aurovilians & Newcomers:
Donation-based



Guests & Others: Contribution welcome
8637633696, Mani

DANCE, MOVEMENT AND BALLET for Children



@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764

Fleur

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 7pm: Tango class
- Wednesday, 7:30pm: Practilonga
- Friday, 6:30pm: Practice
- Saturday: Bi-monthly Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!

- +91 9821166082,
- tango@auroville.org.in



Maud

Sports & Martial Arts

KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

BUDOKAN: CLASS HOURS AND ACTIVITIES

Aikido: Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday:
 - Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaiso: Aikitaiso it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am; Saturday: 9—10am

For Aikido & Aikitaiso:

8300643963 WA, Philippe,
9952812843 WA, Murugan,
+ 33622053932 WA Michaël

Yoga:

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu: Saturday & Wednesday (on appointment)

Michaël for Auroville Budokan, Dehashakti

MARTIAL ARTS @ BHARAT NIVAS

Kalaripayattu Regular Class Updated Timings



Bharat Kalari KALARIPAYATTU
Regular Classes

Venue: Bharat Kalari, Bharat Nivas, Auroville
Time: Monday - Friday
7.00 - 8.00 am
5.00 - 6.00 pm

WhatsApp Group QR
Enquiry Contact: +91 86376 32916
info@kalarigram.org
www.kalarigram.org

Regular Classes:

- **Morning:** 7—8am; **Evening:** 5—6pm
- **Contribution:** Drop-in: Rs.300 per class
 - Monthly (one class per day): Non-AV Rs.3000; AV Rs.2000
 - Monthly (morning & evening both): Non-AV Rs.5000; AV Rs.3000

Weapons Training: Drop-in: Rs.150 per class

- **Wooden Weapons:** 8—8:30am
- **Metal Weapons:** 6—6:30pm
- **Contribution:**
 - Monthly (one class per day): Non-AV Rs.2000; AV Rs.1000
 - Monthly (morning & evening both): Non-AV Rs.4000; AV Rs.2000

Note: Weapons practice requires initiation at Kalarigram.

Registration: Please scan the QR code before attending.

Regular Silambam Class

- **Wednesday & Saturday, 5—6pm @ SAWCHU**



From 20 August 2025 Regular Silambam Class with Hari Haran

05:00 pm - 06:00 pm
Every Wednesday & Saturday
Venue: SAWCHU, Bharat Nivas, Auroville

To join, Contact: Hari Haran at +91 63743 71865
Parking available outside at the Main Gate

Grappling & Rudiments of Martial Arts for kids

- **Tuesday & Thursday, 4—5pm**
- @ Harmony Hall



BHARAT NIVAS
The Pavilion of India, Auroville
Presents
GRAPPLING & RUDIMENTS OF MARTIAL ARTS FOR KIDS

Every Tuesday & Thursday
04:00 pm - 05:00 pm
Venue: Harmony Hall, Bharat Nivas, Auroville

Giacomo MMA & Shou Wu Certified International Coach, Self Defence and Self Estem Coach
Monica Aikido Instructor

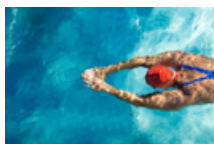
CONTACT TODAY!

Monisha

MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance



Build confidence, improve technique, and enjoy the water!

- **To enquire:** +91 8940288090 WA

Sonia and Ana



Abhaya Martial Arts For more than ten years, Abhaya Martial Arts Academy has been active in Auroville with regular martial arts classes. The Academy was founded as the Indian branch of the Shou Dao School, where Shou Wu is practiced—a system that integrates internal martial arts and self-defence, while also engaging in MMA, the most demanding testing ground to guarantee real martial progress.

In addition to teaching children and adults—and accompanying some of them to important tournaments—Abhaya has been responsible for the training of the First Responders of the Security, and has long-standing collaborations with few NGOs, supporting orphans, underprivileged women and survivors of human trafficking.

Some of these women, after years of training, have become instructors themselves.

Thanks to the excellent results achieved and the constantly growing number of students (recently up to 80 per months), Abhaya is collaborating with highly skilled instructors—masters of Muay Thai, Shou Dao, BJJ and Boxing—offering even more classes and opportunities to learn not only how to defend oneself and understand one’s own body, but also how to transmit this knowledge to others.

Starting from January, Abhaya will adopt a new belt system, and will open a clearer pathway for students and instructors to grow within the Academy.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual;
- Short nails, wear, and no jewelry;
- Stay home if you’re unwell or have open wounds

- **For updates and participation:** +91 94873 40778

- For more info contact us: abhaya@auroville.com

Giacomo for Abhaya



SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique.

- Limited spaces available to ensure quality and care for every participant.
- @ Auroville, flexible timings available

8637633696, Mani



AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- **Mondays and Wednesday, 5pm**
- Please contact Balaji: 8940224950



Boys 16yo+ are playing

- **Tuesdays and Fridays, 5pm**
- Please contact Beber 638563 5943



Submitted by Beber

Bioregion, Crafts & Nature Activities

AUTHENTIC CULINARY EXPERIENCES—ACE

A new Unit of Auroville, approved under FAMC. ACE is a culinary knowledge initiative based in Auroville. Many people in and around Auroville carry deep cooking knowledge—from regional traditions, family practice, and years of lived experience. ACE wants to create a space where that knowledge can be shared with others who genuinely want to learn.



Sessions are small, hands-on, and informal. Usually 6 to 8 people. Participants cook together, eat together, and learn by doing. ACE is not a cooking school. There is no demonstration, no passive watching. Just people cooking and sharing knowledge around a common table.

ACE Kitchen Gatherings

- @ Creativity, Auroville

As part of its preparatory phase, ACE will begin hosting small, informal kitchen gatherings at the ACE Kitchen in Creativity. These are not formal workshops or cooking classes. They are shared kitchen sessions where small groups come together to cook, exchange food knowledge, and eat together.

Sessions may be led by:

- Experienced home cooks
- Traditional knowledge holders
- Bakers and fermentation practitioners
- Anyone sharing food they know well

Others will be more open—a group of people cooking something together and seeing where it goes.

Most gatherings will be small, usually 6 to 8 people. Participants will contribute towards ingredients and basic kitchen expenses.

Over the coming months, these gatherings will help ACE connect with prospective mentors and workshop facilitators as we prepare for more structured programs planned for later in 2026.

We are also open to hosting sessions in people's own kitchens or suitable community spaces.

To participate, cook with us, suggest a theme, or explore hosting a session, please get in touch.

- culinary.experiences@auroville.org.in, +91 8279300821

Manu Bahuguna & Sacha Elder

THE COLOURS OF NATURE (TCoN)

Workshops & Visits



Step into a world of cloth, pattern, and slow craft. At The Colours of Nature (TCoN), we're launching a new series of hands-on textile workshops—warm, friendly, and designed for beginners and curious makers alike. 100% natural dyes.

Workshops (Create & Take Home)

Shibori + Indigo (Resist & Dye)

Fold, bind, stitch & wrap fabric to create traditional resist patterns—then dye your own prepared cloth in indigo, revealing deep blues, and unique, unexpected detail.

Batik + Indigo (Wax Resist & Dye)

Learn the fundamentals of wax-resist design: apply wax, build layers, and create motifs—then dye your cloth in indigo to bring your patterns to life.

Embroidery

Slow down and enjoy the needle's rhythm. Learn essential stitches and techniques to add texture, detail, and personality to fabrics.

Workshop Schedule

- Morning session: 9am—12:30pm
- Afternoon session: 1:30—5pm

Workshop Pricing

- 2-hour workshop: Rs 2,200 per person
- Half-day workshop: Rs 4,400 per person

Guided Visits

Discover our studio space and processes with a short guided tour:

- Duration: 30 minutes
- Times: 11:30am and 4:30pm
- Price: Rs 1,100 per person

Outside of these timings, we will do our best to offer tours. Visits to The Colours of Nature dye workshop products exhibition are free.

Note: We do not offer workshops on how to prepare dyes from raw plants; these processes take many days—sometimes weeks—and we are still developing the right format to teach them properly.

To Book a Guided Visit/ Workshop:

- colnature@auroville.org.in
- +91 63796 61916 WA
- www.thecoloursofnature.com

Submitted by Petra

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722
- 0413 2969722



Viji

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm,
1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—
2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.

Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops:

- Pre-book in advance,
- Monday—Saturday, 9am—5pm



Musical Instrument special workshop

- 22, 23 May, 9am—5pm

Explore the soothing sounds of handcrafted bamboo instruments and learn how each one creates its unique rhythm.

Experience a hands-on session blending creativity, nature, and music in a calming, fun environment.



Bamboo Furniture workshop

- 29, 30 May 9am—5pm,
includes lunch and refreshment

Discover the timeless charm of bamboo by crafting a hand built seater using traditional joinery technique.



Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081

Bala Sundaram

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.



- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm:

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- 3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service:

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude:

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots. Come, eat well, and feel well.

- Booking:** solitudepermaculture@gmail.com

Krishna for Solitude Farm & Café

MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration: Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- Office timing: 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—4:30pm



Bamboo Candle | Potter | Coconut Shell Craft | Dream Catcher | Incense Making | Kolam Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour | Wood Fossil Visit | Munnur-Perumukkal | Kaluveli Tank Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's northwest zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Thiruvannamalai Spiritual Services: Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville; Tour, retreat space; Camping, Temple visit; Ashram, Girivalam Full Moon experience

For booking and more information

- +91 8300949079
- mohanamprogram@auroville.org.in

Rajaveni

SADHANA FOREST PLANT BASED SATURDAY

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge. Aviram

ACTIVITIES BY INSIDE INDIA



Inside India Office, Kalpana Community

Kolam Mandala Workshop, Every Friday

Join us for our Tamil Kolam Workshop. Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Every Friday from 10am to 12pm. Open to all skill levels.

Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 9am to 1pm, with a hearty Auroville-style lunch.
- Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

- 9am—1pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

tours@insideindiaauroville.com
Shaheen for Inside India

MAROMA CAMPUS TOUR!

Every second Saturday

10:30am—12pm

@ Maroma Aspiration Campus



A guided, campus-wide experience including production visits, candle and soap making, the Maroma Gallery, and a hands-on incense workshop (with take-home gifts).



Enjoy healthy refreshments and an open Q&A session.

- Rs 500 (Adults)
- Rs 300 (Under 14)
- **Aurovilian Special:**
Half-price for Aurovilians

Book: <https://maromaexperience.com/>
9486623749 WA

Jesse

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk:

AuroOrchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville's food system for more than five decades.

Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms. We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets:

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.



- Please [sign up for the baskets here](#) to get added to the list.

Volunteering:

Spread over 25 acres, AuroOrchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents. Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday, 7—9am and/ or 9:30am—12pm.
 - We offer breakfast made with farm produce!
- Link to [sign up for volunteering](#) here.



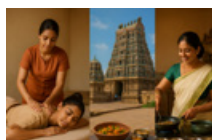
Anshul

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



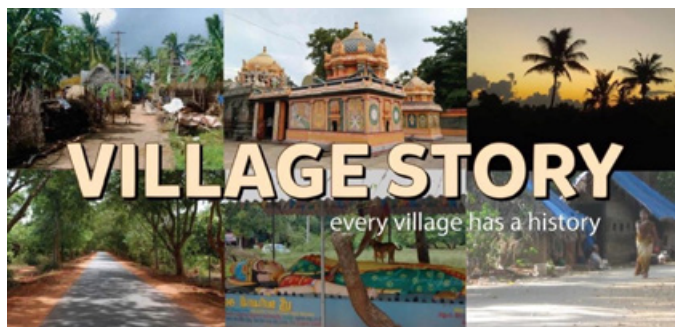
South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone,
- rupavathijoy@gmail.com

Rupavathi



Skill-cation: Experiential Learning

Egai EveryVillage is an in-Auroville community 2 to 3-day educative experience teaching real, usable skills, initiative focused on skill-cation in arts and crafts **customized to the learners' needs**—an experience, a form of self-investment both skilling and vacation. Exploration today is not just about sightseeing and relaxation; it's trips and tours to acquire or enhance a skill—whether it's cooking local cuisine, pottery, photography, yoga training, scuba diving, language learning, farming, eco-conservation.

Skillcation is a shift in the traditional perception of travel. For learning travellers, these small breaks and learning pursuits are a way to recharge, improve focus, and build transferable skills such as problem-solving, creativity, adaptability, and resilience. It involves smaller groups, focused stays, and involvement with Auroville and local village communities.

Anand, 9791896488, egai@auroville.org.in



Arun, Anand and Balaji for Enlight Team

CELEBRATE THE RAIN-FED BOUNTY!

Saturday, 23 May, 7:30—8:30am (max 8:45am)
@ Accessible area within Auroville



(Final location shared with registered participants on Friday)

The Details:

- **Limit:** Only 4 pairs (8 people total remaining)
- **Cost:** Rs 800 for two
 - **Note:** Single registration possible: if you have the book with colored insert (Rs 300)

Secure your spot:

- 9840936907 WA, edibleweedwalk@gmail.com
(Send your names and number of participants for the QR code)

Be prepared to be wowed!

Nina

AUROVILLE EARTH INSTITUTE:

Upcoming On-Campus Training Courses

We are pleased to announce our upcoming training programs at the Auroville Earth Institute. These hands-on courses offer a unique opportunity to explore sustainable construction techniques with a focus on earth-based technologies.



Below are the details of our upcoming sessions in June

- 1—6 June: CSEB, Intensive
- 8—13 June: AVD, Intensive

For more information and to register, please visit:

- www.earth-auroville.com

Contact: training@earth-auroville.com

Ayyapan

- Every Friday, 9am—7pm @ Hive, Auromode.

Step into Hive and experience a cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA or drop by. **Dhesh for Hive**

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:



- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in

Laure

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in **Siva for ADPS Trust**

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
- pandian@auroville.org.in **Pandian**

Spaces Available at Ecoteco Campus Building

There are two spaces available for use at the Ecoteco Campus Building in Reve Area:

- 118 sqm Office Space
- 67 sqm Godown Space.
- 9443960008, Diana; 9894442349, Prabhu **Diana**

Taxi Share

To Chennai Airport, 31 May, 9am

I would like to ride share a taxi to Chennai Domestic Airport on 31 May, starting at around 9am. I need to reach the Airport by 1pm. Please contact me at 8777630473.

Amrita

Lost & Found

Lost single key on chain: Lost single key on chain with carved, wooden kingfisher. **7598611950 WA, Paula**

Available

HP Deskjet Printer

A HP Deskjet Printer—Model No. 2131 (Print/ Copy/ Scan) is available to be given away free of cost. The printer is in working condition; however, it does not have the required cartridge. Interested persons may collect the printer:

- SEWA Office, Town Hall,
Monday to Friday, 9am—12:30pm and 2—5pm and
Saturday, 9am—12:30pm. **Sandjivy for SEWA**

Looking For

Looking for a homestay

I am Filip, looking for a house sitting for a month, starting from May! I am clean, I can take care of pets and plants. I would be grateful for any response

Filip, filip.matejcek1@gmail.com

Looking for a Volunteer or an Amma

I am looking for a volunteer or a Amma to work in my new kitchen The Union Cafe at Bharatnivas.

8098845200, Rupavathi

Honorable Voluntary

VOLUNTEERS FOR NESS

New Era Secondary school is a recognized CBSE school under SAIER following CBSE syllabus and Integral education. The school is urgently in need of volunteers who are willing to help in various fields like:

Academic area, Office Secretaryship, Clerical works, Sports area, Arts and craft, Communication skills, Project proposal writing, Fundraiser, Event organizer, etc.

Those who are interested to volunteer in NESS at least committed to volunteer for three months. For further details please contact us. **K. Venkatesh, 9442746448**

POUR TOUS WATER SERVICE

Pour Tous Water is looking for **part-time & full-time volunteers (min. 6 months)**, especially those interested in plumbing work. Women plumber or any one with sincere interest are encouraged to join. Training will be provided.

Work includes: Emergency plumbing support (leaks, blockages, taps, toilets, water heaters, etc.) + basic report, record documentation & WA coordination/ updates.

- PTW provides free service for Auroville Community, aligned with Prosperity Vision, "Service for All" . Contact for more details 9843644308 WA, ptw@auroville.org.in.

Join and support this essential community service.

Grace for Pour Tous Water Service team

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations:

Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy. We can provide lunch and some additional bonuses to come as you will stay with the team longer.



For details: aarambham@auroville.org.in

- +91 83002 88303, WA messages

Alexey

GAU SEVA AT SADHANA FOREST



Your heartfelt service is needed at the Sadhana Forest Gaushala!

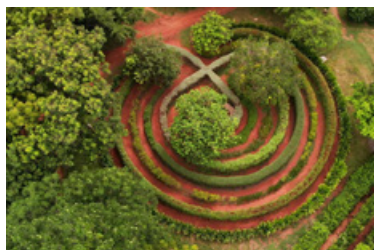
You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274 WA or call
8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel: earthyoga@hotmail.com
- or stop by in the morning sometime to explore the possibilities.

Noel Parent

Work Opportunities

AURORA'S EYE FILMS: CALL FOR VIDEO EDITOR

Aurora's Eye Films, based in Auroville, is looking for a skilled and sensitive video editor to join us on an upcoming feature documentary currently in post-production.



This project is a deeply human, observational documentary that requires an editor who can work with subtle storytelling, rhythm, silence, and emotional nuance. The film brings together voices, experiences, and moments that need to be held with care and clarity in the edit.

We are looking for someone who:

- Has strong experience in documentary editing
- Is comfortable working with long-form interview material
- Has a good sense of pacing, structure, and storytelling
- Is open to a collaborative and reflective process
- Resonates with the values of Auroville and seva-based work

Details:

- Project-based role (with potential for ongoing collaboration)
 - Based in or able to work from Auroville preferred
 - Editing to be done in close collaboration with the director
- If you feel aligned and would like to contribute to this film, please share:
- Your portfolio/ showreel
 - A short note about your experience and interest

Contact: serena_aurora@auroville.org.in

We look forward to connecting with editors who value depth, presence, and meaningful storytelling. *Serena*

AIAT: SEEKING OF ASSISTANT PROFESSOR

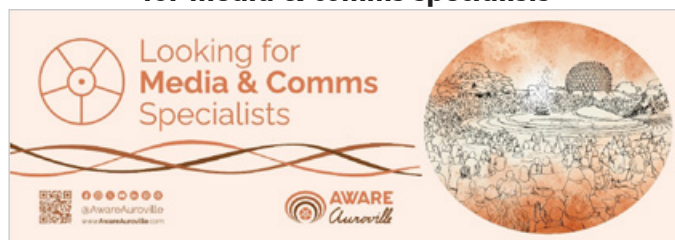
Auroville Institute of Applied Technology, <https://aiat.edu.in/>, is currently seeking qualified candidates for the position of Assistant Professor in the field of Computer Science.



Applicants must have Master's degree in Computer Science. Interested candidates are invited to send their CV to amarnath@aiat.edu.in.

Amarnath

AWARE: LOOKING for media & comms specialists



Invitation to the City the Earth Needs.

Auroville grows when aspirants gather from around the world with clarity of purpose.

AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open: Filmmakers; Cinematographers; Editors; Content Creators

- Contact: +91 73965 57993 WA, aware@auroville.org.in, awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations. *Sajiv for Aware*

NESS SCHOOL

Looking for Primary Class Teacher

NESS school is a CBSE school under SAIER looking for a Primary class teacher who can handle first standard.

We are looking for an Aurovillian or Newcomer especially Female person who acquire a Minimum UG degree with a DTED or B.Ed.

- **Contact:** Dr. K. Venkatesh, 9442746448, principal.
K. Venkatesh for NESS

Ecology

SERVICING OF SEPTIC TANKS

The settled sludge needs to be removed at regular intervals (to permit continuous settling of solids), that is between a few months and a few years dependent on septic tank size and number of wastewater generating users.

- Please call Pour Tous Water Team, who can arrange for the service: 2622899 or 9843644308.
- In case of questions, please contact ecopro@auroville.org.in. Lucas, EcoPro, 2622469

REPAIR IT. SORT IT. SAVE IT.

Tuesdays, 9:30—12:30, Road to Vérité before The Sprout Cafe turn



Every week, a small crew gathers at EcoService to give electronics and household goods a second life—and honestly, it's one of the best mornings of the week. Open to everyone.

Darren, 9600263842

LITTER CLEARING SERVICE

As we all have noticed of late there has been a growing amount of litter being dumped along the roads, pathways and in the bushes within the city, we are pleased to announce to the community a much needed extension of our regular waste pick up service.

Auroville has a dedicated service to clear the litter and waste from the areas that are hard to reach by our larger vans.

A three wheeler has been acquired for the purpose and will begin the operation in two shifts 3 days a week to start with. The service will largely concentrate on within the designated City Area only (and not along the tar road) and may gradually extend to the greenbelt.

This Service will be totally run by Citizen Volunteers (Aurovillians and Newcomers) along with an Eco Service member as it may need more than one person (and maximum two) to do the task. In Kind remuneration will be provided.

- If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below.

Lets Keep Our City Clean Together.

Sumit for Eco Service, ecoservice@auroville.org.in, 6379669034





Open Studio Mornings

Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshop

Location : Recentre, Ok Upcycling Studio
Tel : 6384043908



Tuesdays, 10am—12pm @ Ok Upcycling Studio, Recentre
Discover the fundamentals of upcycling; Tour the studio; Purchase or place orders for upcycled items; Join our "Make Your Own Upcycled Item" workshops. Come explore, learn, and get inspired! 6384043908, Veronese

Poetry

A LITTLE PAPER BOAT

What is it you wait for, O my Fellow Pilgrim?

Is it for the tides that rise
and rise and rise again?

Is it for the raft
that treads the wild storms
Across

the boiling tumultuous seas?



Speak to me,
O my shadowy self—
What boat will it be
That would take you
To yet another shore
Away from me
Away from your self?

What butterflies will dye
Your fluttering eyelashes,
and lift you
on their broken wings
And take you to their broken home?

In the moonless dark nights
In the brooding shadow of the raven
What fireflies would dance with you
To the rhythms
of their throbbing womb?

There is no other shore, Anna—
Only endlessly whirling images
Of you and I

Where the shifting sand dunes
turn into spirals
And the impregnable labyrinth becomes a mystery.
Where the unwieldy wings of freedom
Melt away
And Icarus is swallowed by the sea.

O My Fellow Pilgrim
All I can offer you
Is my little paper boat
And the vast open sea.

Will you come with me?
And bless my fragile vulnerabilities
In the white waters
And in the black sea?

Sehdev Kumar

THE ARCHITECTURE OF BECOMING

All day
I sit beside sentences
that refuse to remain sentences.

Shraddhavan's voice moves softly through the room
while *The Life Divine*
opens hidden chambers inside thought,
and somewhere between word and silence
the mind loosens its borders.

Outside,
Auroville continues its unfinished prayer.

A city of paradoxes —
half vision, half vulnerability;
where human beings arrive seeking unity
while still carrying ancient distances within themselves.

And yet, beneath every disagreement,
something deeper persists.

Not perfection.
Not certainty.

But an evolutionary longing,
as though the earth itself
is attempting to remember
a greater possibility hidden inside matter.

The rain falls without preference.

Upon Matrimandir's stillness.
Upon conversations unfinished.
Upon forests listening patiently
to what humanity has not yet learned to hear.

Perhaps evolution is not a climb toward superiority,
but a gradual transparency to Light —
consciousness learning
how to move through human beings
without distortion.

And perhaps the real revolution
will arrive quietly:

when thought no longer separates,
when work becomes offering,
when relationship becomes widening,
and when the soul within one human being
recognizes itself
in all others.

Then harmony will not need to be created.

It will simply be remembered —
like stars awakening at last
to the realization
that they were never separate from the sky.

Rahul Chaudhary

GOD EARNS HIS DUE

God earns His due
from our earnest yearning.
All approaches
and reproaches
musical to Her ears.

Anandi Z.

AUROVILLE RADIO TV

Your favourite radio is always working for you.
Stay Tuned!

Last published Podcasts

- ["Humanity 2.0" by Aviram Rozin with Jazz—A Book Read by Shalev—"Epilogue"](#) (Society & Conscious Living)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.537](#) (Integral Yoga)



Latest Youtube Videos

- [LIVE: Music Concert by Lakshmi Santra & Group | Kaviguru Rabindranath Jayanti | Auroville](#)

...and more! on www.aurovilleradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya for AurovilleRadioTV

ADMITTANCE TO AUROVILLE: goodwill to make a collective experiment for the progress of humanity



People grow more and more remote from Mother's vision and will as years pass by. How many here, today, take the trouble to ascertain what these are, humbly studying documents diligently compiled? Reverting to directives to be applied undiluted and uncensored, as the Sri Aurobindo Society did throughout Mother's years and afterwards—and which the founders of Auroville lived as the most natural thing in the world? Auroville is Mother's creation—not what we tailor, expand, dilute or shrink to justify mediocrity and personal wants and whims.

Stating that she had lost faith in all others and that he would convey in written her decisions, the Mother appointed as her secretary to Auroville Shyamsunder, a lawyer and a millionaire who had surrendered to her his entire fortune. He daily reported, discussing Auroville's affairs down to the minutest detail. Besides his personal journals extolling his bhakti and Mother's 4,000 messages and letters to him (no other being received so many), his legacy consists of two books faithfully chronicling their unique interaction. One's being in Auroville should commence by introjecting these two books, documenting life under Mother's direct guidance: psychic living, joyful service for the wellbeing of all.

Other books have been published on Mother's statements, guidelines, directives, policies and all that concerns effective life during the founding years. Besides Shyamsunder's, I also published two books gathering all the available material, sponsored respectively by the Auroville Foundation and by SAILER. Bhaga (Laboratory of Evolution/Centre of Human Unity), with the help of Shraddhavan (future Savitri Bhavan), forty years ago assembled a photocopied documentation sponsored by the AVI USA. As for Gilles Guigan, he published two books with Mother's general messages; however, the real catch is the complete compilation he did according to the year, frequently revised as more documents emerged; it is available on request.

Highlighting the substantial difference between the Sri Aurobindo Ashram versus Auroville, on 10 November 1969 the Mother made it adamant clear:

“Q: What is the fundamental difference between the ideal of the Ashram and the ideal of Auroville?”

The Mother: There is no fundamental difference in the attitude towards the future and the service of the Divine. But the people in the Ashram are considered to have consecrated their lives to Yoga (except, of course, the students who are here only for their studies and who are not expected to have made their choice in life). Whereas in Auroville simply the goodwill to make a collective experiment for the progress of humanity is sufficient to gain admittance.”

This psychic quality is all that’s needed to gain admittance. But goodwill, to hasten “the progress of humanity”, is not something to play with, beating around the bush. Bhakti and faith commence with unconditional surrender to Mother’s directives, whatever they are, whether we understand or not, agree or disagree. This only is goodwill. And “goodwill to make a collective experiment for the progress of humanity” means that we don’t come here to grab something for ourselves & family, but to foster the advent of the ideal micro-society for which Mother has given precise guidelines. Society—not our personal advantages and wellbeing—is what Mother’s undiluted Auroville is about.

Mother’s Admission Form commences with *To be a true Aurovilian*, a call for the inner discovery, which is the starting point of the first realisation and transformation of Integral Yoga. Nothing more, but also nothing less. Unless the psychic being takes the lead and guides, collectively, no ideal society is possible. Let’s stop deluding ourselves.

Submitted by Paulette

CLARITY OF PURPOSE: A Foundation For Harmony

This essay examines the integral unity required to sustain Auroville’s evolutionary mission. It argues that persistent internal friction arises primarily from ambiguity regarding the community’s foundational goals. By systematically analyzing the Three Core Documents, the functional intent of the Prosperity System, and the distinct stages of both the individual and collective spiritual-supramental-physical transformation defined by Sri Aurobindo and the Mother, the text establishes that genuine harmony is an active consequence of purposeful convergence rather than a passive ideal.



Crucially, the essay bridges inner spiritual-supramental execution with outer material-physical structure by anchoring Auroville’s growth in the legal framework of the Auroville Foundation Act of 1988. It demonstrates that the statutory protection and administrative support provided by the Government of India are not external disruptions, but intrinsic mechanisms designed to safeguard the township’s progressive, multi-dimensional development. Ultimately, the piece serves as a call for participants to clarify their specific intent, recognizing that structural adherence to the Rule of Law and the integral inner and outer spiritual-supramental-physical commitments are inseparable components for manifesting the Core Vision-Goal.



Note: To read the full post with references, please scan the QR Code or visit zechjoya.blogspot.com and look for the same title.

Zech

FOOD SYSTEM ENVISIONING

For the past year, a group of Aurovilians have been meeting regularly in order to address the challenges on Auroville’s food system that became more visible in the recent years, and to envision a new system that improves the interconnectedness between the community, the food and the farmers of Auroville. We believe Auroville can nurture a new paradigm where food can be truly valued as sacred for the body, grown with care and respect for natural processes and recognized as a need and not as a commodity.

Auroville’s food system holds a wide range of diversity in its stakeholders (farmers, distribution centers, community kitchens) and consumers (individuals, units/services, schools). We are also aware that owing to our multi-cultural fabric, we have different understandings, approaches and references to food in its production, distribution and consumption. How do we envision a system that honors and leverages this diversity while uplifting the quality and standard of food for the community as a whole? How can we build more transparency and accountability in food production and distribution, while offering our active participation and support?

We are exploring different ways to address these questions with some key actors. If you are interested in working towards this endeavor or have any questions, you can reach out to us at avfoodsystemenvisioning@gmail.com.

The below article is the first in a series of our reflections and aspirations that we will be sharing with you in the coming months to nurture a space for conversations on food and farming in Auroville.

Why is agriculture important in and for Auroville?

From the day of our birth we must eat if we are to survive and this continues for the rest of our lives. Without sufficient healthy food it is very difficult, if not impossible, to become a healthy adult.

Healthy food is a basic need for a healthy human body from which all our other human characteristics develop and express themselves.

Everything we eat comes from the Earth and every time we eat, we have a connection with the Earth whether we are conscious of this or not. Yet the connection between our food and the earth from which it comes has become increasingly complex. In these times, whether we eat healthy or not depends on whether we can afford to pay for the food we need. This is being determined by a wide range of factors, including global and local economic, social, and food systems, all of which are underpinned by the capacity of the natural world. The majority of humans are living in ways that disconnect them from the Earth. This is being intensified by food becoming a commodity which can be accessed only by those with sufficient money. Rather than food being acknowledged and treated as a basic need required by everyone.

Auroville cannot isolate itself from these basic realities and individual Aurovilians cannot ignore their need for food. What does this mean for how our community should access food? Since part of Auroville’s vision is to be a self-sustaining community, growing as much of its own food as possible is an obvious component of this. This leads us to the further question of how this food should be grown and subsequently distributed, and for the case of Auroville in particular, a site of material and spiritual researches, how can we move towards a food system that acknowledges terrestrial realities while growing towards the higher consciousness it is meant to express?

Over the last five decades, Auroville has undertaken remarkable ecological restoration work.

Alongside this, a network of community farms has taken root, supplying fruits, vegetables, grains, milk, and eggs to the kitchens of Auroville. The challenges in Auroville’s food system are similar to those around the world—lack of investment in key infrastructure areas, lack of labour and facilities for young farmers, lack of community-based

solutions for distribution and processing, lack of farmer training, professional development, and community-wide commitment to food resilience, not to mention the increasing commodification of food, labour shortages, climate shocks, wildlife pressures, and financial strain.

In Auroville, we have the opportunity to cultivate a new kind of agriculture that not only addresses these growing concerns globally but shifts the perception of agriculture as a 'business' or a transaction with nature, towards a participatory interchange, a way of mutual action and growth. Developing a strong food system has a role to play in both—the evolution of consciousness, and building the City the Earth needs.

(to be continued)

Amy, Anshul, Arul, Aumurto, Deven, Isabelle, Manas Arvind, Nicole, Nidhin, Pavan, Priya, Tanisha, Tomas and Elisa for Food System Envisioning

Animal Care

URGENTLY SEEKING VOLUNTEERS FOR DOG SHELTER

Aurovilians & Newcomers Welcome

We are seeking dedicated volunteers to assist in the ongoing care and management of our dog shelter.

Areas of support required:

- Medical assistance (qualified professionals or students)
- Provision of essential supplies
- General shelter maintenance and animal care



Interested individuals are encouraged to get in touch at the earliest: 9443203092, aurovilledogshelter@auroville.org.in

Dr. Kumar, Sugar, Shanthi

JOIN AUROVILLE DOG SHELTER TEAM

Auroville Dog Shelter is seeking a dedicated Aurovilian to join our team.

Skills Required: Basic computer knowledge, accounting skills

Support Provided: Half maintenance

9443203092, aurovilledogshelter@auroville.org.in

If you are interested in supporting our work for community dogs, we would love to hear from you.

Dr. Kumar for Auroville Dog Shelter Team

Foods, Goods & Services

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

FREESTORE SUMMER TIMINGS

May and June

Monday to Saturday, 9am—12:30pm

No afternoon

Kamala for Freestore team

AUROVILLE CASHEW NUTS:

Ready to purchase

The cashew season is here again.

If you have naturally grown Auroville cashew nuts, Siddhartha Farm would be delighted to purchase them from you.

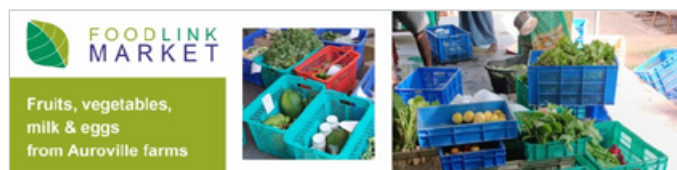


- For more information: +91 88380 12456.

Suha, Siddhartha Farm

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Auocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

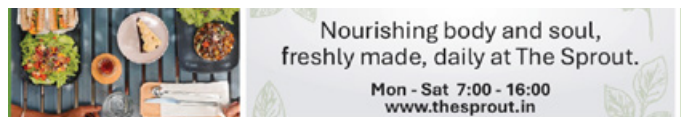
NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy! *Parthasarathy Krishnan*

THE SPROUT CAFE & RESTAURANT



Monica for The Sprout team,
www.thesprout.in

SUDHA'S KITCHEN!

Healthy Plate monthly scheme for Aurovilian Volunteers & Guests

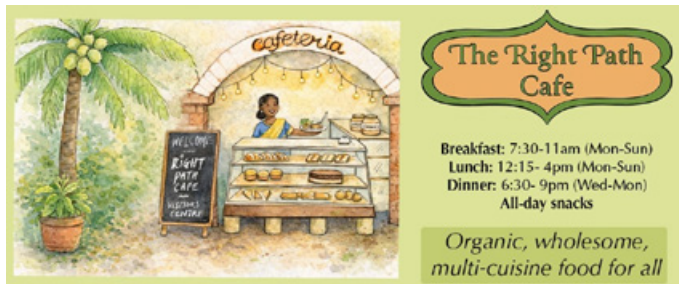
- **Special Offer:** Aurovilians get 20% discount
- **Group Bookings Welcome**

Contacts: +91 8608123072 WA, +91 4133509884

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

VISITORS CENTRE CAFETERIA



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovilians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

For enquiries or registration

- cafeteriavc@auroville.org.in, 9043004919 WA Lee



+91 9566142115, Satyakam



Open Monday—Saturday, 8:30am—4:30pm

@ Verité Integral Learning Center

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being. Submitted by Hon

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra



AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe serves South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

From Mass Bulletin



SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria, 7:30—10am

Variety of Dosa, Millets Pongal, Coffee Rs.99

Submitted by Shiva



NATURELLEMENT GARDEN CAFE

50% discount scheme on Thursdays

Open 9am—8pm, Tuesdays closed

The busy season is over and we are happy to restart our 50% discount scheme on Thursdays for Aurovilians, Newcomers and volunteers from April onwards.

Martina for Naturellement team

CLOSED FOR RENOVATIONS

Coffeeideas will be closed for repairs

Coffeeideas (former Marcs cafe) will be closed for repairs on 26 & 27 May. Thanks for your understanding

Matilde for Coffeeideas team



Nowana will be closed from 25 May for renovations

The restaurant will reopen on 1 June but, as some renovation work will continue, our services will temporarily be limited to:

- Take-away and Dropzy delivery: 12—9pm
- Dine-in: 6—9pm
- Thursdays: Closed as usual

We will announce when normal timings will resume.

As always, thank you all for your continued support.

Emmanuel for Nowana Team

PT PURCHASING SERVICE

Opening Hours

- Shop: 8am—7pm, Monday to Saturday
- Canteen: 8am—3pm

Vishnu

POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.



The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

• ptw@auroville.org.in

Please note:

- Do not give any cash to any team member of PTW. We request to avoid calling our workers directly on their contact numbers.

Danny, Grace for Pour Tous Water team

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee
 - 9443372418/ WA 9092637055
 - or email govindaraj@auroville.org.in
- for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B
for Qutee Electric Scooter Service

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

• its@auroville.org.in

Rajesh.D

UTS TRANSPORT SERVICE



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS



**Book
A Taxi 24/7**

+91 9843880591

Office: **(0413) 2220591, 2220592**
 Office cell: **8610915429**
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in



KINISI E-MOBILITY

Our Services Include:

- **E-Cycle, E-Scooter rentals:** *Flexible pricing depending on the duration of rentals for guests.
 - * For registered long-term volunteers, special discounted rates apply.
- **KIM Scheme:** Exclusive benefits for Aurovillians, Newcomers and Auroville Units.
- **Repair & Service:**
 - Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
 - Battery, Motor, and Controller Sales/Replacement.



Contact Us:

- Mobile: +91 8300460 679/680
- Email: info@kinisi.in
- Website: kinisi.in



Timings:

- 9—12:30 & 14:30—16:30
- Open daily, including Sundays and holidays

Avvaiyar



Inside India Timings: Inside India is open for your next journey Monday to Friday, 10am—5pm at our Office in Kalpana Community (Opp. Auroville Library)

- We are also open the second & fourth Saturdays of each month
- For urgent matters or emergencies, you may contact our ticketing agent Ganesh: +91 9894598686.

As per the guidelines of the Ministry of External Affairs (MEA), all documents requiring attestation or apostille must be submitted through authorized outsourced agencies. In this regard, you may submit the relevant documents with Inside India, and we will assist you in obtaining the attestation or apostille through an authorized agent.

Shaheen
for Inside India Team

ABACUS ACCOUNTING

New Financial Year 2026—27

Greetings and Support from Abacus Accounting

On the occasion of the commencement of the new financial year 2026–27, we extend our best wishes to all units for a successful and productive year ahead.

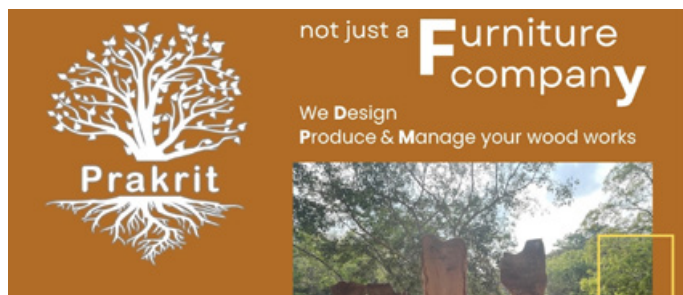
We would like to inform you that Abacus will provide comprehensive support across the following areas:

- Accounts and Bookkeeping
- EPF, ESI, GST and TDS compliance
- Individual Income Tax Return filing
- PAN-related services
- Tally and Zoho training, along with regular follow-up support
- Ongoing operational support with a focus on strengthening administrative processes through Standard Operating Procedures (SOPs)
- Taking up accounts and compliance support for Non-Auroville entities, including externally registered companies

Units interested in availing our services or seeking support are kindly requested to get in touch with us. We will review your requirements and extend the necessary support in a structured and timely manner. Should you require any assistance or clarification, please do not hesitate to contact us. We look forward to your association.

- Saracon Campus, Kottakarai
- 9894442349, 0413 2622962
- abacus@auroville.org.in / abacus962@gmail.com

Prabhu
for Abacus Accounting



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

AVDZINES

@ Mangalam campus,
near Wellpaper & Bamboo Centre

You are also welcome to send your job via email and WA

- **Working Hours:** 9am—12:30pm & 2—5pm
- **Type of jobs that can be given:**
Printing, Layout designing, Passport Photos, Package designing & Manufacturing, Photo framing & Lamination, All kinds of boxes & paper bags and Screen printing.
- For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in, avdzines@gmail.com
9443459063 WA,
Guna for AVDzines

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

Balaji & Arun

TREE CARE SERVICES

Regular tree maintenance is essential for ensuring safety, health, and longevity. Over time, trees can develop dead-wood, structural weaknesses, or imbalanced growth that increases the risk of branch failure, especially during storms or high winds.



TREE CARE
Arboricultural technicians
☎ +919042059890
☎ +919159843579 | +918940188350
📍 Kriya, Auroville, TN - 605101
🌐 treecareindia.com

Routine inspections and pruning help identify and address these issues early, reducing hazards and costly interventions later. Proper maintenance also improves air circulation, light penetration, and overall vitality, enabling trees to better withstand environmental stress such as heat and drought.

Investing in regular tree care not only protects people and property but also supports a healthier, more resilient urban landscape.

- **Monday to Saturday, 8am—4pm**
- **9159843579** Emergency tree work
- **office@treecareindia.com:**
Consultations, tree inspections & pruning

Submitted by Jonas

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



• **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, lyappan

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



- Utsav Phase—1A, First Floor, Vérité Radial, Auroville
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263, sarvamcomputers@auroville.org.in

Bala

Classes, Workshops & Healing Arts

MINDFULNESS WITH HELEN IN MAY

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness.

Helen also offers one-on-one sessions and private group sessions in person and online on request.

- Details & bookings: 7094753054 WA or innersightav.org

Mindfulness Kindfulness—Mini-retreat

- **Online, Sunday, 24 May 2:30—4:30pm**

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts.

Everyone is warmly welcomed. Participants can choose to sit on a cushion, mat or chair & will hold silence throughout the retreat to allow inner deepening.



Mindfulness Based Stress Reduction 1-week course

- **Monday, 25 to Saturday, 30 May**
- 7:30am—9:30am, Monday—Friday and 9:30am—4pm, Saturday

This evidence-based course blends ancient mindfulness practices with neuroscience research. It offers practical tools to work with stress, anxiety, burnout, physical & emotional pain whilst building resilience, focus & presence.



It supports those facing work pressure, relationship struggles & health concerns as well as those wanting to see deeper into their patterns, mind & true nature. Suitable for beginners as well as those looking to deepen their practice.

Helen

COMPASSIONATE COMMUNICATION

Practice Sessions

Tuesdays, 5, 12, 19 & 26 May, 5:30—7:30pm

@ Naturellement Garden Cafe (AC room)

Four experiential practice sessions—based on principles of Nonviolent Communication (NVC)—to bring your awareness and competency to the next level. A powerful process for deepening connection—with yourself and others. We will explore the concepts and skills through exercises and role plays.

- Listen with empathy; Recognise and speak from your underlying needs; Express yourself honestly without blame or judgment; Build a foundation for more compassionate and authentic relationships

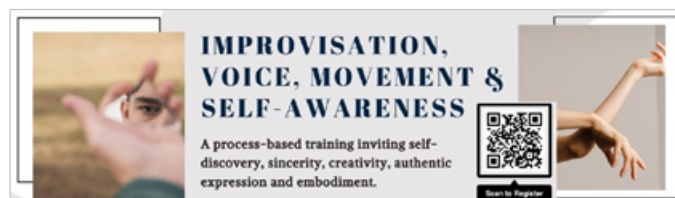
Inquiry & contact:

- 9159856148 WA
- [Registration link](#)

Submitted by Honor

IMPROVISATION, VOICE, Movement & Self-Awareness

Monday, 2—4pm and Wednesday, 2—5pm @ CRIPA



A process-based training inviting self-discovery, sincerity, creativity, authentic expression and embodiment.

No fixed method/approach but a flexible process of discovery adaptive to each participant's journey, rooted in self-inquiry & awareness, learning through experience, reflection & collaboration. A space to experiment, fail, and discover.

It involves public speaking fundamentals, voice & movement practices, improvisation & scene creation, listening & body intuition, monologue work, reading and reflecting on Mother and Sri Aurobindo's texts, journaling & reflection.

Develops your confidence & stage presence, voice, breath & body awareness, emotional flexibility, authentic expression

For who? Those who thirst for progress, those seeking and interested in self-discovery.

Facilitator: Misha (Mike)

For queries: misha@auroville.org.in

Misha

CLOWN & PRESENCE WORKSHOP

Mondays, 2—6pm, @ CRIPA, Small hall

We are happy to invite you to Clown & Presence workshop

We will explore games and techniques drawn from Clown training, physical theater and vocal research.

Our focus will be on developing intuition, deepening body awareness as a channel for expression and communication, and cultivating presence through active listening.

Through collective and individual play we will learn to embrace spontaneity, expressing emotions with authenticity, and reveal our unique essence.

- Further info misha@auroville.org.in

Mike



PITANGA CULTURAL CENTRE MAY



Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8—9:30am	Gala
	Doing No-Thing Consciously Not on 25/05	4:15—5:15pm	Mike
	Iyengar Yoga	5—6:30pm	Olesya
Tuesday	Yoga: Restore & Relax Not on 26/05	5—6:30pm	Florina
Wednesday	Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8—9:30am	Gala
	Dynamic Yoga Flow	5:30—7pm	Florina
Thursday	Iyengar Yoga	7—8:15am	Olesya
	Prana Kriya Not on 28/05	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriyagandhi
	Iyengar Yoga	5—6:30pm	Olesya
	Yoga: Restore & Relax Not on 28/05	5:30—7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants,	6:45—8:15am	François & Namrita
	Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8:15—9:45am	Gala
	Dynamic Yoga Flow Not on 29/05	5—7pm	Florina
Saturday	Iyengar Yoga	7—8:15am	Olesya
	Breathing & Mudras	8—9:30am	Gala
	Truth Based Relationships, practical sessions, not on 16/05	2:30—4:30pm	Juan Andres

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Francesca F	Antigymnastique®, NA
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Olesya	Visceral Massage
	Neurology Massage
	Psychosomatic of diseases
	Women’s Health Therapy

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/families	3—5pm	Gala

New Activities

Sivananda Hatha Yoga—with Nikki (Nicola)

- Mondays, Wednesdays & Fridays, 7:30am—9am

Hatha Yoga in the Sivananda lineage—open to all levels. Following a *Prāṇāyāma* session (breathing exercises), the class will move into an invigorating sequence of classical hatha yoga *Āsana* (postures) with emphasis on the breath and on relaxation. We progressively work towards prolonged holding of the postures. In *Savāsana* (final relaxation) we bring about physical, mental and spiritual relaxation.

Pitanga joins Auroville’s journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi
for Pitanga Team,
2622403/ 9443902403 WA,
info@pitanga.in

VIPASSANA GROUP SIT

Every Sunday, 9am—12pm
@ Udavi school, near tank, Edayanchavadi

Dear Meditators, you are all very welcome to the weekly half-day Vipassana meditation course for “old students” only (meaning for those who have completed at least one 10-day course as taught by SN Goenka).



- First building to the left near the parking. [Location](#). No registration is required.

You can come for the whole course or just drop in for some time whenever you want. Please keep your cell phones off or in airplane mode for the duration of the course.

8807434864, Laure

**WEEKLY SESSIONS
in Vedic Philosophy**

Saturdays, 3:30—4:30pm IST

I host a free, weekly live session where we explore one idea from Vedic philosophy and reflect on how it applies to everyday life.



Each week, we take a concept from the Vedas, Gita, Upanishads, Yoga Sutras, or related texts, understand it in simple language, and sit with one small question or practice for the coming days. The sessions are conversational and reflective. About 30 minutes of sharing, followed by quiet reflection or a gentle interactive activity. This free to join.

You can join any week and step away anytime.

If this feels interesting, please register here:

<https://online.allthingsvedic.in/courses/Snippets-of-Hindu-Vedic-Philosophy-by-Vikram-Devatha>

Vikram

VÉRITÉ PROGRAM, MAY

www.verite.in



- 0413 2622045, 2622606
- 9363624083, programming@verite.in,

Classes

Days	Drop-in Classes	Timings	Presenters
Tuesdays	Hatha Yoga in the Sivananda Lineage	7:30—8:30am	Nikki
Wednesdays	Yoga Asana: Deep Stretch and Relaxation	7:30—8:30am	Radha
	Somatic Explorations	9:15—10:15am	Radhika
Thursdays	Hatha Yoga in the Sivananda lineage	7:30—8:30am	Nikki
	Yoga for Back Care	5—6pm	Keshav
Fridays	Yoga Asana: Deep Stretch and Relaxation	7:30—8:30am	Radha
	Slow Vinyasa Yoga	5—6pm	Keshav
Saturdays	Pranayama and Meditation:	7:30—8:30am	Radhika
	Cool Down Pranayama	5—6pm	Mamta

Therapies:

Pre-registration required

Therapist	Therapies (by appointment only)
Ashok	Acupressure Therapy
	Cupping Therapy
	Deep Tissue Massage Therapy
	Foot Reflexology
	Integrated Deep Tissue Massage & Acupressure Therapy
Mamta	Holistic Face & Neck Massage Therapy
Mila	Biodynamic Craniosacral Therapy
Nikki	Swedish Massage
	Pregnancy Massage
	Postnatal Massage
	Baby Massage
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8—Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Radhika	Craniosacral Somatic Therapy
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Susan	Heart-Centered Resilience
Veeramani	Physiotherapy & Rehabilitation
Vyshnavi	Aromatherapeutic Massage for Face and Feet
	Energy Healing Reiki
	Holistic Foot Reflexology

Workshops Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 2 May	Awareness Through the Body: Explorations	9:15am—12pm	Amir
	Introduction to Ayurveda & its Lifestyle	2—4pm	Dr. Geeta
Saturday, 16 May	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr. Geeta
Friday, 22 May	Face & Eye Yoga: Face Your Self	3—5:30pm	Mamta

Face & Eye Yoga: Face Yourself with Mamta

- Friday, 22 May, 3—5:30pm

The physical & mental state of our inner world determines how we experience our outer world, and our sense organs are the tools for each experience we have. Face & Eye Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve the efficiency of our organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise in this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Hon

LONELINESS Listening Circle

Thursdays, 7, 21 May, 4, 18 June, 6—8pm



Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply.

All participants are required to consent to a confidentiality agreement before joining the circle.

No contribution is expected; you may offer a donation for the hall if you can. Guests are also welcome to join the circle.

- [Register here before 5pm on the day of the circle:](#)

Raamkumar,
9943211101

ARKA WELLNESS CENTER PROGRAM, MAY
arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	<ul style="list-style-type: none"> Body Logic, Soft Massage, Deep Tissue Massage Monday to Saturday By appointment, +91 9943410987
Silvana (TOS)	<ul style="list-style-type: none"> Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English</i> & <i>French</i>	<ul style="list-style-type: none"> Psychospiritual Introspective Tarot Reading Deconditioning Self Inquiry I Ching oracle Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	<ul style="list-style-type: none"> Integral Regression therapy Integral Reiki healing Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Rotem	Low impact strength training	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 8056888715
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, max. stay 3 weeks
- Contact Arka 0413 2623799,
arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680,
ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

For any details and queries, you can contact us at

- arka@auroville.org.in, 0413 2623799 Ramana

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.



Offered by Kardash, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy.

- Meetings can be in-person in Auroville or online.
- For more details see www.innersightav.org or +91 9940934875 WA Kardash

REGULAR YOGA CLASSES @ SAIER CONFERENCE HALL

6:45—8am

Suitable for all levels. Join Dev's yoga classes.

- To transform your Physical, Vital & Mental wellbeing
- Support lifestyle disorder & pain management

Our yoga classes:

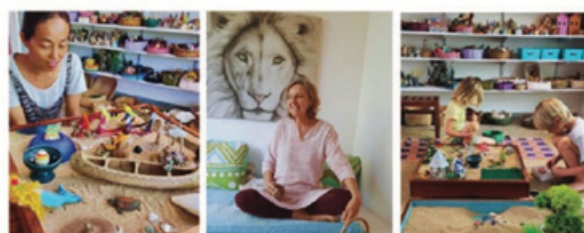
- Monday: Hatha yoga class
- Tuesday: Dynamic Yoga
- Wednesday: Deep stretches, deep relaxation, OM chant
- Thursday: Intensive Yoga
- Friday: Pranayama (Awareness of breath)

For more details contact 9790171722, Dev

- Aurovilian & Newcomer: Contribution,
- Savi Volunteers: Rs. 200/class or 2000/month &
- Guests: Rs 300/class or 3000/month Dev

WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Francais, Nederlands.

+919488084952 WA, Aikya

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



Languages

NEWS FROM



Auroville Language Lab

Please register

through the following contact options

- +91 4132623661,
- +91 9843030355 WA
- info@aurovillelanguagelab.org
- <https://www.aurovillelanguagelab.org/registration>

Current Schedule of Classes

- 21 May
- <https://aurovillelanguagelab.org/current-schedule/>

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Beginner Conversation, with Ashwini	36 Hours, (3 months), Started 18 March	4—5pm, Monday, Wednesday & Friday
French	Intensive, with Isabelle—NEW!	20 hours (2 weeks), Started 18 May	11am—1pm, Monday to Friday
Mandarin Chinese	Survival Conversation, with Shiju Hsieh	24 hours (2 weeks), Started 4 May	Monday to Friday 10—11:30am
Tamil	Pre-Intermediate, with Saravanan	24 Hour (3 months), Started 11 May	Monday & Wednesday, 5:30—6:30pm
	Intermediate, with Saravanan	24 Hour, (3 months), Started 17 February, Currently On Pause	9:30—10:30am, Tuesday & Friday
German	Beginner, with Verena	36 Hour (3 months), Started on 3 March	9—10:30am, Tuesday & Friday
Hindi	Beginner with Ashwini	24 Hours (2 months), Started on 6 April	5—6 pm, Monday, Wednesday & Friday

Private one-on-one classes:

- Possible for all languages
- Please inquire

Language Lab Building Tours with Mita

The Language Lab warmly invites you to discover the Auroville Language Lab building through a guided tour highlighting its thoughtful design and inspiring approach to sustainable, healthy, and conscious construction.

- Every Saturday, 3—3:45pm, by free contribution
- Registration mandatory by Friday, **no drop-ins:** +91 98430 30355
- **Drop-ins:** Also welcome, open to everyone

Come explore this stellar example of mindful architecture and learn more about the vision behind the building. We look forward to welcoming you!

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions usually happen weekdays from 5–6pm (barring exceptions) as follows:

- **Mondays:**
 - French, 5—6pm
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Wednesdays & Thursdays:**
 - Sanskrit chanting with Remesh 5:30—6:30pm

Communication with the Lab:

- Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).
- **For language-related matters:** +91 9843030355WA.
- **For Tomatis:** please use 0413 3509932.
- [Language Lab Brochure](#)
- **Register now:**
 - info@aurovillelanguagelab.org or
 - www.aurovillelanguagelab.org/registration

Mita



**MORNING STAR PRESENTS:
More Than Blue**

Saturday, 30 May, 5—7pm @ MMC, TownHall

A Documentary Screening & Community Conversation on Postpartum Depression: *More Than Blue* is a groundbreaking documentary illuminating the faces and voices of postpartum depression through the real stories of real families. Duration: 1hr 20min



Detailed Schedule

- **5—5:10pm:** Arrival & Introduction. Introduction to the documentary and the importance of awareness around postpartum depression and maternal mental health.
- **5:10– 6:30pm:** Screening of the Documentary
- **6:30—6:50pm:** Q&A and Community Conversation
- **6:50—7pm:** Closing Reflections & Thank You

More Than Blue is a groundbreaking new documentary that illuminates the faces and voices of postpartum depression across America. Through the real stories of families across the country, the film shines a light on perinatal mood and anxiety disorders—too often unseen, unheard, or misunderstood. While we have come a long way over the last decade in terms of screening patients, most individuals experiencing conditions like postpartum depression, anxiety, or psychosis still go undiagnosed or untreated. We need to do better. Pairing raw personal stories with expert insights, the film aims to raise awareness, reduce stigma, and ensure mothers receive the care they need to recover and heal. *More Than Blue* is both a testament to the strength of families and a call to action—grounded in the science and stories—to ensure that no one suffers in shame or silence.

Balaganesh

ECO FILM CLUB

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Families and children are welcome!
- Dinner for children will be served at 19:00. :)

Friday, 22 May—Planet Earth: Caves

2017, 49 minutes, Alastair Fothergill
The Earth's large, deep calcareous caves are virtually inaccessible and therefore barely explored, many requiring expert diving where flooded. Some of these caves are of such volume that they can contain the Empire State Building! Come explore caves and their fascinating, unique wildlife in this episode narrated by Sir David Attenborough. *Aviram*



**CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
25—31 May**

Cinema Paradiso programs at the MMC warmly welcome the community. Doors open 15 minutes before showtime and close once the film begins, so please arrive on time. For everyone's enjoyment, kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

**Indian—Monday, 25 May, 8pm
Daab Chingri (Bangla movie)**

2019, 1h 18m, drama. Director: Sudeep Das. Stars: Saheb Bhattacharjee, Arunava Dey, Shreya Ghosh.

When the owner of an old age home, that delivers home-cooked food to people to meet the expenses of its residents, is diagnosed with cancer, a young girl helps upgrade the service to an online business model and raise funds for the owner's treatment.

**Potpourri—Tuesday, 26 May, 8pm
Return of The Hero (French: Le Retour Du Héros)**

2018, Franco-Belgian comedy film directed by Laurent Tirard and starring Jean Dujardin and Mélanie Laurent.

**Selection—Wednesday, 27 May, 8pm
The Salt Princess (Die Salzprinzessin)**

German w/ English subtitles, 2015. The plot follows King Christoph, who wants to name one of his three daughters as his successor. He asks them to describe how much they love him. The elder sisters offer flashy, material comparisons (diamonds and velvet). The youngest, Princess Amélie, tells him she loves him 'as much as salt'. Deeply offended by what he perceives as a lowly comparison, the King banishes her. Amélie ventures into the forest, eventually discovering the true, life-sustaining value of salt when a mysterious curse causes all the salt in the kingdom to turn into useless foam, leading the King to realize his daughter's wisdom.

**Interesting—Thursday, 28 May, 8pm
Blue Planet (Part 3) Coral Reefs (English)**

**International Film Saturday, 30 May, 8pm
Life With Father**

Director: Michael Curtiz. Writers: Clarence Day, Donald Ogden Stewart, Howard Lindsay. Stars: William Powell, Irene Dunne, Elizabeth Taylor. Genre: Classics, Comedy, Family.

This 1947 American comedy offers an idealized, Technicolor glimpse into a late-Victorian household ruled by the dogmatic Clarence Day Sr. (William Powell). The film serves as a brilliant cultural case study. It illustrates the exact friction that occurs when rigid social conditioning meets an evolving human consciousness.

**Children's Matinee—Sunday, 31 May, 4pm
Leo**

2023, PG, 1h 42m. Animated Movie. Directors: Robert Marianetti, Robert Smigel, David Wachtenheim. Writers: Robert Smigel, Adam Sandler, Paul Sado. Stars: Adam Sandler, Bill Burr, Cecily Strong.

**Classic World Cinema—Sunday, 31 May, 8pm
Blue Jasmine**

2013, PG-13, 1h 38m. Director: Woody Allen. Writer: Woody Allen. Stars: Cate Blanchett, Alec Baldwin, Peter Sarsgaard.
A New York socialite, deeply troubled and in denial, arrives in San Francisco to impose upon her sister. She looks like a million dollars but isn't bringing money, peace or love.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.

Submitted by Uma Melin



25—30 May, 1:30pm

Monday, 25 May,	Barbie and the Magic of Pegasus
Tuesday, 26 May,	Alice in Wonderland, 1951
Wednesday, 27 May	Snow White and the Seven Dwarfs
Thursday, 28 May	The Princess and the Pea
Saturday, 30 May	It's Time for Holidayssss Mr Bean

Submitted by Uma Melin

Emergency Services

EMERGENCY SERVICES

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803;
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation—9999666555

India Emergency Response Service (24/ 7):

- 108



About N&N

NEWS AND NOTES GUIDELINES

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:



- Tuesday 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

AgniJata & Alexey,
NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

 Auroville TO PONDICHERRY			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35
 Pondicherry TO AUROVILLE			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted by Raju, avbus@auroville.org.in