

News & Notes



#1138, 2 July 2026

A weekly bulletin for residents of Auroville



Photo by Sven

Pondering



The collective being is a fact; all mankind may be regarded as a collective being: but this being is a soul and life, not merely a mind or a body. Each society develops into a sort of sub-soul or group-soul of this humanity and develops also a general temperament, character, type of mind, evolves governing ideas and tendencies that shape its life and its institutions. But the society has no discoverable common reason and will belonging alike to all its members; for the group-soul rather works out its tendencies by a diversity of opinions, a diversity of wills, a diversity of life, and the vitality of the group-life depends largely upon the working of this diversity, its continuity, its richness.

Sri Aurobindo,
The Human Cycle

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House of Mother's Agenda



The Mother Withdraws

Meanwhile the Mother had continued working out in her own person what she called 'the transitional being' between man and the supramental being, or 'le surhomme' (the overman). We have been able to follow the progress of this work from the moment in December 1950 when Sri Aurobindo transmitted the Mind of Light into her body. On 16 April 1958 she again gave a progress report: 'It can be asserted with certainty that there will be an intermediate being between the mental and the supramental being, a kind of overman who will still have the qualities and in part the nature of man, which means that he will still belong in his most external form to the human species with its animal origin, but that he will transform his consciousness sufficiently to belong in his realization and activity to a new species, a species of overmen.'⁴⁷

What Sri Aurobindo had foreseen in *The Supramental Manifestation upon Earth*, the Mother now announced as a fact: 'We have now reached a certitude, since there is already a beginning of realization.'⁴⁸ The transitional being, overman, was present on earth in the Mother's material body. To understand the importance of this fact, it must be realized that humanity is one just as Matter is one, which means that what is possible in a part of the whole is possible in the whole: what was possible in the Mother became possible for the whole of humanity. This truth is the basis of all spiritual action; without it, the Work of the Avatar would make no sense, for it would remain limited to the person(s) of the Avatar and have no effect on the rest of humanity. The Mother also repeated Sri Aurobindo's expectation that this transitional species would discover the occult means of 'producing new beings without having to use the old animal method, and these beings, who will have a truly spiritual birth, will constitute the elements of the new race, the supramental race.'⁴⁹

A new species requires a new body, a new *material* body. 'It seems—it is even certain—that the very substance which will constitute the intermediate world that is already being built up, is richer, more powerful, more luminous, more resistant, with certain subtler, more penetrating new qualities, and a kind of innate capacity of universality, as if its degree of subtlety and refinement allowed the perception of vibrations in a

much wider, if not altogether total way, and it [i.e. that new substance] removes the sensation of division one has because of the old substance, the ordinary mental substance. There is a subtlety of vibration which ensures that a global, universal perception is something spontaneous and natural. The sense of division, of separation, disappears quite naturally and spontaneously with that substance. And that substance is at present almost universally spread out in the Earth's atmosphere.'

This is one of the first times the Mother tries to formulate something that will become one of the main lines of her subsequent effort: the change of Matter effected by the change of consciousness, or the change of Matter made necessary to incorporate a new consciousness. All degrees of consciousness above the mental degree which denominates human-kind exist somewhere in the invisible worlds, but the substance of those worlds is not the gross material substance. The Earth is a material field. Earthly Matter has already evolved sufficiently to allow for the elements of the vital and mental degrees of manifestation to be embodied in it. If a new, higher degree of the manifestation is to embody upon the earth, earthly Matter has to evolve once again to serve as a means of embodiment, as a body for the consciousness of that new, higher degree.

It may be recalled that Sri Aurobindo and the Mother had been supramentalized many years before in the mental and vital parts of their earthly personality. From then onwards their whole effort consisted in bringing a supramental power of consciousness down into Matter. The result of their effort was the supramental manifestation in 1956. A consequence of this manifestation was the certitude that the supramental Consciousness, now present in Matter, would produce materialized supramental beings. As on all previous occasions in the evolution, the manifestation of such beings would happen in stages, as the enormous evolutionary change gradually worked itself out and produced the corresponding material beings. This is what Mother called *le surhomme* (the overman)—who may consist of various types of beings with a supramentalized consciousness but with a body still generated in the usual human way.

⁴⁷ *The Mother, Questions and Answers 1957-58*, CWM 9 pp. 313-14.

⁴⁸ *Id.*, p. 313.

⁴⁹ *Id.*, p. 314.

Chapter 15: The Manifestation of the Supramental

Part Three: The Road Alone

The Mother: The Story of Her Life

Georges Van Vrekhem

<https://incarnateword.in/other-authors/georges-van-vrekhem/the-mother-the-story-of-her-life/15-the-manifestation-of-the-supramental>

Gangalakshmi HOMA

Townhall Speaks

AUROVILLE ECONOMIC DEVELOPMENT INITIATIVE

Over the past year, the Towards Prosperity process helped deepen our understanding of the needs and aspirations of Auroville's residents. As this work progresses, the next step is to strengthen the economic foundations capable of supporting the long-term development of the City and the prosperity of its residents.

To support this effort, FAMC is initiating the **Auroville Economic Development Initiative**.

As part of this initiative, an **Economic Development Study Group** will be constituted to undertake research, analyse existing data, engage with trusts, units, services, entrepreneurs, and residents, and help prepare an **Auroville Economic Development Framework**.

The Study Group will explore questions such as:

- How can Auroville strengthen its economic ecosystem?
- How can existing units and trusts be better supported?
- What opportunities exist for entrepreneurship, innovation, and youth participation?
- How can economic growth contribute more effectively to the collective wellbeing of Auroville?
- What long-term strategies are needed to build the economic foundations of the City?

Residents who wish to contribute to this process are invited to submit an Expression of Interest.

- **Submit your Expression of Interest here:**
[Google Form Link](#)

Based on the responses received, FAMC, with facilitation support from AWARE, will constitute a small multidisciplinary Study Group representing a diversity of experience, expertise, and perspectives. The intention is to create a thoughtful, collaborative, and action-oriented process that contributes to a stronger, more resilient, and more conscious economy for Auroville.

- **Submission Deadline: 10 July 2026**

William, FAMC Admin

Community News

Obituary

MANFRED MEANS MAN OF PEACE

I met Manfred in 1990 in Herford, Germany and he visited me at the AVI Germany office in Herford at the time. In 1991, the two of us—Manfred and Rolf decided to relocate to AV. Peter Anderschitz invited both of us to come to Petite Ferme, where we lived in two capsules. After our initial period as newcomers to Auroville, we both bought land for Petite Ferme, which had just come up for sale. The first thing we built on this plot was a guesthouse. We lived there temporarily until we had built our own houses. Manfred lived there first on his own, and later with his wife, Girija.



Manfred and Rolf B. initiated several projects for Auroville. A little later, Manfred took over the Auroville Healing Service. These health services helped many elderly Aurovilians in various situations. The Auroville Health Services were housed in the Aurelec premises. The situation for elderly Aurovilians was often very critical when they were no lon-

ger able to move around properly.

Dorothee from Certitude and Manfred recognized this situation and built Mahalakshmi Home together. What a blessing it was for older Aurovillians, who were able to live in this assisted living facility.

Girija provided her husband Manfred with everything he needed and cared for him until he passed away on 22 June 2026. My time with Manfred at Petite Ferme will always remain a highlight of my life! We never had an argument and were always cooperative in many situations.

When Anke, our son Kalyan and I left Petite Ferme and Auroville in 2012 due to illness, we stayed in touch. Over the years, I visited Manfred and Girija at Petite Ferme time and again. None of us will forget Manfred—the man of peace in Auroville—and we will keep his memory alive in our hearts.

Rolf, Petite Farm
Om Namō Bhagavate

Matrimandir News & Schedules

NURSERY ROAD CLOSED FOR 4 WHEELERS

From Monday 29 June onwards

From Monday 29 June onwards, the Nursery road between the Nursery community and the Crown Road (next to Language Lab) will be definitely closed for 4 wheelers.

4 wheelers, please use the Crown Road instead, then the road to Ilaignarkal school.

We are sorry for the inconvenience.

From Matrimandir Bulletin

AMPHITHEATRE:

Meditations at sunset with Savitri

6—6:30pm, every Thursday, weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests at 5:45pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:45pm.**

Velmurugan

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovillians and registered Newcomers: Daily, 6am—7:30pm.
- Aurovillians may bring close family and friends (maximum 3) to the Gardens only: Daily, 9am—3:30pm.
- **Aurovillians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.**
- Aurovillians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.

- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to **registered Volunteers**:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- **It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre. The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from Visitors Centre.
- Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team

Awakening Spirit

SAVITRI BHAVAN, JULY 2026



Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo: A life-sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts In the Square Hall
- **Special Exhibition:** *Le Voyage; Mirra Alfassa—The Mother. Her Journey from Paris to Pondicherry 1878—1920. From July 27 onwards*

Films

- **6 July: About Savitri—Book 1: The Book of Beginnings, Canto 4—The Secret Knowledge, Part 3—**read and commented by The Mother. After the series *Meditations on Savitri*, The Mother, together with Huta, took up the project *About Savitri* from January 1968 to August 1970. The Mother read lines from Sri Aurobindo's epic poem *Savitri* and gave her commentaries that were tape-recorded. Her reading of *Savitri* and commentaries are here under the headings: *The Deeper Truer Vision, The Usual Condition of Man, The Vision of the Immortals, and The Present Ignorant State.*

The texts of *Savitri* and The Mother's commentaries are displayed on the screen.

This is the last compilation of four videos, from altogether 65 videos *About Savitri*, which Savitri Bhavan has been screening since November 2025. Duration: 43min.

Normally, humanity is not aware of the arduous long evolution, its processes, and *the deeper truer vision* of the Divine creation. Human beings suffer and are caught up in the difficulties of life and their 'earth-bound littleness' and are not aware of their inherent godhead and immortality.

Sri Aurobindo, in many of his works and especially in the epic poem *Savitri*, described the evolutionary processes of the unfolding complex living creation and the truth behind the struggle and the intended harmony of the beautiful Divine project and planet.

All that transpires on earth and all beyond / Are parts of an illimitable plan / The One keeps in his heart and knows alone. / Our outward happenings have their seed within... / (p.52)

And The Mother declared: *“Savitri is occult knowledge and spiritual experience. ...Nobody here except myself can explain Savitri.”*

About the struggles of man on Earth and the Divine plan, she said the following:

“...this world seems chaotic and haphazard. In reality it is the marvellous consequence of an all-mighty and all-combining vision which puts each thing at its place, each event at its moment.

In our crude and limited understanding we believe that these have no meaning and no purpose, but when we can rise to a higher and vaster vision we come to know that each thing is at its place, each event at its proper moment and that the whole universe is going by a tremendous and unopposable movement towards the goal of the Divine Realisation.

It is our limitations, our ignorance that create the incoherence. But behind this ignorance there is a Will that knows and does.

Never judge and never despair. That are the first things human beings must learn.”

Further, The Mother stated: *“It’s only in the withdrawing in the depths of the being, in giving more importance to the intuitive capacity, that we can be free from the prison in which our consciousness is shut up. And to acquire this liberty all the blows of life are thrown upon us to wake us up to the necessity of this discovery. But few listen to the Call, few understand the purpose and they like better to believe to Chance and Fate than to a Wisdom governing the universe. The first step is the certitude that all is the result of an infinite Wisdom which we cannot understand unless by the inner process with the Light within.”*

Humanity, in its present ignorant state, knows not its own truth and lives without knowing and understanding. The Mother explained: *“The why of all ... is hidden, and unless it is discovered and lived consciously, life will always be an incoherent horror.*

But we are here to discover, to know and to live, and with this certitude we can bear the horror with the certitude that the Light, the Knowledge and the Purpose will be one day manifested.

With patience and firmness of quiet assurance we must go on, we must endure and we must realise.”

The Mother’s commentaries on *About Savitri* reveal the visionary and profound wisdom about life on earth. They deepen our understanding, widen and uplift our consciousness, and enable us to live a more conscious, progressive, harmonious, and beautiful life.

All 65 videos of **“ABOUT SAVITRI—The Mother’s Commentary”** are available on the AuroMaa website: <https://auromaa.org/about-savitri-the-mothers-commentary/>

The short video of the series **About Savitri | B1C4-07 The Deeper Truer Vision (p.52)** is available at <https://auromaa.org/about-savitri-b1c4-07-the-deeper-truer-vision-p-52/> and on YouTube.

- **13 July: Water: The Great Mystery**—In this interesting and awarded Russian documentary from 2006, scientists from various countries and representatives from the largest religions discuss the importance and the memory of water and present their research work. Duration: 86min.
- **20 July: The Messages of Water—Water Crystals in Motion.** With experiments and photographs of ice crystals Masaru Emoto demonstrated that human consciousness has an effect on the molecular structure of water. Duration: 38min.

Followed by **Has Water Memory?** ‘Yes, water has memory and since ancient times Indian science knows this’, is the answers to the question by Sadhguru at IIT Madras. Duration: 9min.

- **27 July: Water Ceremony for Auroville's 50th anniversary 28-2-2018.** During the water ceremony at sunrise of February 28 2018, young Aurovilians poured the water from 320 different sources on earth into a golden bowl at the Matrimandir amphitheatre and the background sounds of the Auroville Choir and musicians completes the beautiful memorable event. Filmed by Manohar. *Duration: 42min.*

Margrit for Savitri Bhavan

Full Moon Gathering

- **Wednesday, 29 July, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Exploring the Frontiers of Consciousness:

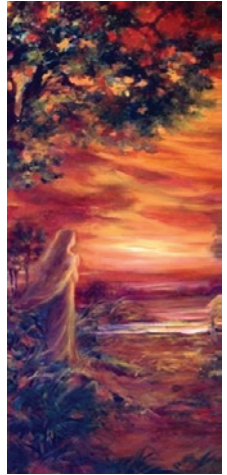
Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo's *Savitri*. The program began on 15 August 2025, focusing on selected cantos from Part One of *Savitri*. Bi-weekly sessions combine guided reflections (via Shradhdhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.


Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more:

- savitribhavan@auroville.org.in,
- www.savitribhavan.org




Light and Delight



Light & Delight
Meditate on Huta's paintings with lines from *Savitri*
Write & share your inspired poetry
Thursdays 5-6:15pm. Savitri Bhavan

Savitri
BHAVAN



- **Thursdays, 5—6:15pm @ Savitri Bhavan**

Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions. We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders:

Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue.

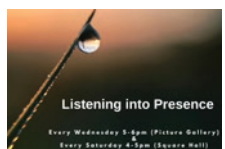
Anandi Z.

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies. Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.

Guided by Misha (Mike).



New Activity

Barbara is giving individual sessions, group work and research initiatives focused on the practice and study of Integral yoga, the teachings of Sri Aurobindo and the Mother and Mother's Agenda.

- Please contact for appointment: 9443493026

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** Faith and Shakti—Chapter XVIII of Sri Aurobindo's The Synthesis of Yoga led by Dr. Jai Singh
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 3—4pm:** Matrimandir—The Soul of Auroville based on the words of The Mother led by Dr. Jai Singh
- **Wednesdays, 5—6pm & Saturdays 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays, 3—4pm:** The Problem of Life—Chapter XXII of Sri Aurobindo's The Life Divine led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit, Velmurugan & Dhanalakshmi

BHAGAVAD GITA CHANTING

- Every Sunday morning, 6:30 —7:30am
- @ The Mother's Flower Garden

For queries: vidyamandir@auroville.org.in

Deven

for Vidyamandir Auroville Team



NEW READING CIRCLE

The Mother's Questions and Answers 1956

| | | |
|---|--|--|
| | | Every Friday 5.30 to 6.30 PM Starts July 3 |
| <u>Reading Circle</u> | | All are Welcome! |
| The Mother's Questions and Answers | | |
| 1956 | | |
| Led by Larry Seidlitz | | |

Fridays, 5:30—6:30pm, Starts 3 July

Led by Larry Seidlitz

All are Welcome!

Rabi for MFG Team

THE SYNTHESIS OF YOGA

| | | |
|--|--|-------------------|
| | <u>A weekly study circle on</u> The Synthesis of Yoga - Sri Aurobindo | |
| | 4:30 pm - 5:30 pm Every Tuesday | Scan for Location |
| | Venue : Resource Library, Bharat Nivas, Auroville | |

Monisha

YOUR OWN VISUAL CREATION OF SAVITRI

A Visual Journal of Savitri

@ Projection Room, Visitors' Centre in June

A quiet evening space to encounter Savitri through reflection and creative expression.

- Mondays, Wednesdays & Fridays, 6—7pm
- No teaching; No guiding; No pressure of performance or comparison of skills but journey of togetherness in experiencing Savitri individually.
- No drawing or artistic skills are required. There is no correct interpretation and no expected outcome.
- Open to ages 13 and above.

Participants are welcome to explore any creative medium, including: Sketching and drawing; Visual journaling; Abstract imagery and symbols; Poetry and reflective writing; Words and calligraphy; Collage and mixed media; Simple craft-based responses; Any other form of visual or creative expression inspired by the text.

You are welcome to work in silence or listen to your own music through headphones while creating.

Please bring your own materials and creative tools. For those who may not have materials readily available, a small selection of sketchbooks, colours, and basic art supplies will be available for purchase.

One page at a time, one evening at a time, a personal journey unfolds alongside the pages of Savitri.

Kumud,
7592805013



AUROVILLE DISCOVERY PROGRAM

Every 3rd Saturday of the month



AWARE warmly invites newcomers, volunteers, guests, and community members to participate in the Auroville Discovery Program. The Discovery Program is an invitation to explore Auroville not only as a place, but as a living experiment in human unity and conscious living. The session emphasizes **work as a path of inner discovery**—an opportunity to reflect on the deeper purpose of work, collective life, and personal growth within the context of Auroville.

Through presentations, sharing, and dialogue, participants will gain insights into Auroville's vision, history, ideals, and ongoing experiments.

- Participation is through prior registration.
- Scan/ Register here: [Discovery Registration](#)

For further information and registration details, kindly contact AWARE.



Sajiv
for Aware Auroville

Books



Auroville Library is back to its regular schedule from 01st July 2026.

Our working hours are:

Mornings: 9am - 12:30pm Monday to Saturday

Afternoons: 2pm - 4:30pm Monday to Saturday
(except Tuesday: 4pm - 6:30pm)



Weekly Readings of *The Life Divine*



Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(from 23 January 2026)

All are welcome.

Contacts: 0413 2622894

- avlib@auroville.org.in, <http://library.auroville.org.in/>

Children's Storytime!

- All ages welcome!
- Every Saturday,
10—11am.



Ayesha

MAKE YOUR OWN BOOKMARKS

& choose your favorite ones

Friday, 3 July, 10—11:30am @ Auroville Library



**MAKE YOUR OWN
BOOKMARKS**
& choose your favorite ones

10-11:30am, Friday 3 July
Auroville Library

Voluntary Contribution

Voluntary Contribution

Anandi

LABORATORY OF EVOLUTION LIBRARY



Laboratory of Evolution
Library

Opening: Monday to Saturday 9am to 12 am
Tuesday, Wednesday, Friday & Saturday 2:30 pm to 4:30 pm



Focused on the evolutive vision of Sri Aurobindo & The Mother.
Many related subjects from Traditional knowledge: Religion, Esotericism,
Sciences, NDE, Body Consciousness, Health etc.

The complete works of Sri Aurobindo & The Mother are available in many
languages, also books written by Ashram Disciples & Aurovilians.
Also documents related to Auroville, books, CD & DVD

Open for Aurovilians, Newcomers, Volunteers, & Guests

Located at HORIZON, in front of SVE DAM, Lorenzo Food Laboratory

Kalyani

Education

LAST SCHOOL/ SUPER SCHOOL

Goes online:

Toward Free Progress

Visit website:

- <https://www.lastschool-auroville.org/>

Subscribe YouTube channel Towards
Free Progress @lastschool-auroville:

- <https://www.youtube.com/@last-school-auroville>

Last School
After School २:१
Super School
No School

Chetana

EXPLORING SRI AUROBINDO AND MOTHER in Last School

Last School is happy to open its doors and welcome all those who are interested in exploring Mother and Sri Aurobindo's works.

If you are interested in being part of this initiative and collective learning exploration please register:

- +447515377896 WA or misha@auroville.org.in. Misha



GRANT PROPOSALS 2026 FWE and SDZ

Last date for submission is Monday, 6 July

Aurovilians are invited to prepare and submit grant proposals for possible funding by Stichting De Zaaier and the Foundation for World Education in the second half of 2026.

- **A grant application form and budget request table are available on request** from abundance.pcg@auroville.org.in for this purpose.
- **You are encouraged to send in a draft version** of your proposal before finalizing the application.

Following the procedures set up by the Foundation for World Education and Stichting De Zaaier, proposals will be checked to ensure that the grant request falls within their funding criteria and then forwarded to them to be reviewed for selection and grant allocation by their Board members.

Please note that **funds are not available for infrastructure, buildings or transport**. Requests for equipment will be considered if specifically required for the implementation of the project and are not already available in Auroville.

NB Both SDZ and FWE have indicated a preference for the funding of projects and activities for which the maintenance of Aurovilians is either covered by Auroville or from a source other than the grant being requested.

Please note that if you are submitting a proposal that has anything to do with Auroville or Auroville Outreach schools, or, students of any individual classes, your proposal is to be reviewed by all concerned School Boards **BEFORE** being submitted. (Please contact any individual schools mentioned in your proposal before submitting it to the School Boards.) It is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the donors will know that such requests have the support of schools and thereby have a greater impact on the beneficiaries of the project.

Important to note: *If you have already received funding for a project through Abundance PCG please send in a progress report/ status update (if the project is ongoing) or final report (if the project has been completed or all funds have been utilized) before making an application for a new grant.*

- **Last date for submission is, Monday, 6 July.**

For more information, assistance or a grant application form and budget request table, please write to:

- abundance.pcg@auroville.org.in

Pala, Sauro, Tineke, Vani for Abundance PCG

ADMISSION AT NEW ERA SECONDARY SCHOOL

Admission is going on at New Era Secondary School, a CBSE school under SAIER:

- for the 1st grade and
- from 6th grade to 9th grade and
- for the 11th grade. We are offering Computer Science stream, Biology stream, Pure Science stream, Commerce stream, Humanities stream and Vocational training courses in the 11th grade.

Contact Dr. K. Venkatesh, principal: 9442746448 for further information.

Dr. K. Venkatesh for NESS

SAIER SUMMER INTERNSHIP PRESENTATION

by Interns

Thursday, 2 July, 4—5pm @ SAIER Hall

Four students from Ahmedabad University (ahduni.edu.in) have been in Auroville since 25 May, 2026 on a 6-week Summer Internship Program at SAIER. It's an interdisciplinary batch of students pursuing Psychology, Political Science, Business Administration and Integrated Arts respectively. They will be presenting their learnings from their immersion in Auroville and the projects they worked on.



SAIER

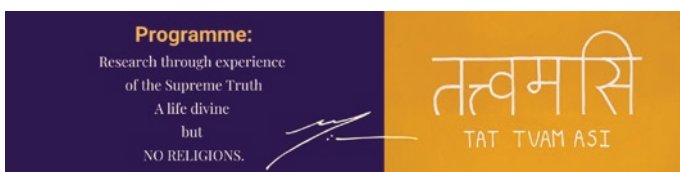
We welcome the community to join the presentation and interact with the students. All are welcome.

Aurevan, Auroshree, Deven, Shaalini, Sohela
For the SAIER Summer Internship Team

FOR YOUNG PEOPLE

living and working in Auroville

*To interns, young volunteers and professionals in Auroville,
And curious youth of Auroville, this is for you.*



Many of you have likely arrived through a particular project, internship, apprenticeship, volunteer programme, or field of work; or as youth of Auroville, are involved today in one or two particular areas of work. Yet Auroville itself is much larger than any single unit, profession, or area of activity.

Alongside your work placement, SAIER would like to invite you into a complementary learning journey shared with other young people currently living and working in Auroville.

We propose to explore the deeper context from which Auroville emerges.

This will include:

- Weekly or bi-weekly Exploration of the context and raison d'être of Auroville, Sri Aurobindo's and The Mother's works, and the ancient Indian quest for meaning and purpose of life
- Consolidated information on and strong encouragement of a regular physical education practice during their stay in Auroville.
- A weekly moment for reflection, dialogue, and self-assessment among interns from different units and fields of study.

The intention is to create a space within your work schedule, in which these questions can be explored and the practical work of daily life can be placed within a wider scope.

An email has been sent to units of Auroville to invite them to explore this possibility. And ensure that if you are interested you will be supported in this exploration.

If this resonates with you, we invite you to fill out this short form. We have already had a first meeting this week and the exploratory sessions are beginning. We look forward to meeting you.



Aurevan

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact
 - ashree@auroville.org.in
 - 8270512606 WA only.

Ashwini

LILALOKA ACTIVITIES

2026—2027

“The place of play” in Sanskrit

Lilaloka is a children’s recreation and learning center that supports personal growth through play and creative activities.

Is open to Auroville children, volunteers, guests, home-schoolers, and children facing learning or behavioral challenges.

The center provides a welcoming, non-competitive environment where children can learn, connect, and develop while strengthening ties between families, schools, and the wider community. Lilaloka offers both individual and group sessions, guided by a team of facilitators specialized in various fields of child development.



Nester

A weekly program for **parents and babies (0–12 months)** that promotes early bonding, healthy attachment, and conscious parenting through supportive and nurturing environment.

A weekly program for **children aged 1–2 years and their parents**, focusing on trust, emotional well-being, and sensory connection. Through careful observation of each child’s developmental needs, the program supports the integral growth of infants and strengthens the parent-child bond.

Infants’ Community

- **Daily mornings, Age: 1½–3 years old**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.



Free-Flow Mornings

Chrysalides

- **Open mornings to all children aged 3 to 6 years old**

Child-led learning through art, nature play, storytelling, and hands-on activities—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Butterflies

- **Open mornings to all children aged 7 to 10+ years old**

This child-led learning program follows an open curriculum and free-progress approach. Using Montessori learning materials, cosmic education, storytelling, and individual and group projects, it encourages self-directed exploration, nurtures personal interests, and fosters a lifelong love of learning beyond a fixed curriculum.

Balaghram Afternoon group

- **Monday to Thursday for children aged 3–7 years,**

This holistic program nurtures intellectual, emotional, physical, and spiritual growth through play and creative exploration. Using Montessori as a tool to support Integral and Inclusive Education, it provides a caring environment for the child’s overall development.

Creative Fridays

- **Afternoons once a week for Children 7–11 years**

A dedicated creative space where children develop fine motor skills, concentration, and self-expression through arts, crafts, and hands-on activities. The sessions encourage imagination, creativity, and confidence while nurturing a joy of making and learning.

Occupational Therapy, Sensory Support & Individualized Learning Sessions and tuition

- **By appointment**

Personalized sessions for both schooled and non-schooled children, designed to support their developmental, sensory, emotional, and learning needs. Occupational therapy focuses on enhancing sensory processing, motor skills, self-regulation, independence, and participation in daily activities. Individualized learning and self-guided tuition are tailored to each child's pace and interests, with close collaboration between parents, educators, and therapists to support the child's integral development and well-being.



For more information:

- lilaloka@auroville.org.in,
9655519546 WA

Christin, Ritam, Leela and Ana

PRANASHAKTI

Auroville Centre for Vital Education

@ Pranashakti Hub (previous Aurofilm office)

Next to CRIPA, Kalabhumi Community



Pranashakti programs are open to the residents community, with priority for Auroville teachers and students. We have a series of sessions across May–June. You are warmly invited to join any or all that resonate. Please click the link to register or scan QR code below.

Improvisation by Misha

- Mondays, 2—4pm, Wednesdays, 2—5pm
- <https://forms.gle/vZyuWjFGKCQacU7r6>

Inward exploration: Learning Integral psychology through the body: gaining deeper body-felt awareness of our being's different layers, our evolutionary energy centres, breath work.



Outward expression: An exploration of improvisation, rhythm, spontaneity and movement—working through the body as a means to deepen presence and expression.

Shaily for Pranashakti

KUILAI CREATIVE CENTRE

Regular Activities

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).



Please contact us to inquire about the class timings.

- kulaicreativecentre@auroville.org.in
- +91 8608473385 WA

Selva from KCC

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei,
9442934078,
satori.auroville@gmail.com

Youth Initiative



Help us Map Auroville's Fruit Trees and Perennial Crops

Mayil Garden is a new YouthLink program focused on regenerative tropical fruit production, ecological restoration, education, and climate-resilient food systems within the Auroville bioregion.

As part of the project's development, we are launching a community initiative to identify and document fruit trees and perennial food crops that thrive across Auroville and its surrounding villages.

Many valuable varieties have been planted, tested, and adapted locally over the years. By gathering this knowledge, we hope to identify locally adapted cultivars, document their performance, locate potential sources of planting material, and create a shared resource that can support future planting, research, education, and food resilience initiatives.

Participate in the Survey

If you grow or tend fruit trees or perennial food crops, or know of remarkable specimens growing within the bioregion, we would be grateful for your contribution.

- **QR: Open the survey.**

The survey takes only a few minutes and can be completed for a single tree or for multiple varieties.

Thank you for helping document the living diversity of fruit trees growing in our bioregion.



Discover the Project

Interested in learning more about Mayil Garden? Scan the QR code to access the Project Overview, objectives, methodology, timeline, and supporting documentation.

- **QR: Open the project folder.**



For questions, suggestions, partnership opportunities, or to share information directly, please feel free to contact us mayil.garden@auroville.org.in.

Christophe

THE IDEA KITCHEN: TACO NIGHTS

Every Friday, 7pm onwards @ YouthLink



Welcome to the Idea Kitchen

Every week we host a taco night with food, music, and games. Anyone can come, eat, and enjoy.

There is no fixed price. Instead, contributions are generosity-based. If you are able to contribute, it helps us cover food, setup, and other basic costs. If you are able to contribute more, it helps keep the space accessible to those who cannot contribute.

Our intention is not to generate large profits, but to generate something much more valuable: **community**. In a time when many spaces are becoming increasingly commercial, this is an experiment in accessibility, trust, and community. If you believe spaces like this matter, we invite you to become a monthly supporter of this initiative. Every donation, regardless of size, helps sustain this vision.

- **To support** please [fill out the form](#)
- or stop by the YouthLink office.

Gautam
for YouthLink Team

Health Care

SANTÉ SERVICES, JULY



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- **No** sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

| | |
|--|--|
| Doctor consults with Dr. Joseph: Monday to Saturday | Nursing Care: Ezhil, Thilagam, Archana, Madhi: Daily No appointment necessary |
| Ayurveda with Dr. Be: TOS | Midwifery & GYN Care with Paula: Monday & Wednesday |
| Integrative Psychotherapy with Juan Andres: Monday to Friday | Homeopathy with Michael: Monday, Thursday, Saturday |
| Physiotherapy & Massage with Galina: Monday to Friday | Physiotherapy with Arun: Monday to Friday |
| Soundbed Session with Thilagam: As per appointment | Holistic Therapy with Louis Patric: Monday to Friday |
| Bio-Well Assessment (Evaluation of your well-being) with Helena, for Inquiry: adminsante@auroville.org.in | Home Care: contact Sante for timings Nurse Care |

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha
for Santé Services

MORNING STAR



Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House. You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted in both English and Tamil

- Wednesdays, 5—7pm @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Magesh:

- +91 9486609821, morningstar@auroville.org.in

Little Red Feet—Baby Play and Support Group

- @ Humanscapes, Common Hall
- Monday, 10am—12pm: Newborn support circle by Rotem for ages 0—1
- Wednesday to Sunday, 9am—12pm: Play and Support Group for ages 0—2

We warmly invite you to our baby play and support group, a nurturing space created especially for parents and babies. Come as you are, connect with other parents, and celebrate the journey of raising your little one.

Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, non judgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

- Rotem: +91 8056888715
- Aditi: +91 9130084284

Submitted by Savithri

ECO FEMME Open House

Every Thursday, 10:30 @ Auroshilpam

Come and join Eco Femme at our **Open House** every Thursday at 10:30. We hold these at our **office in Auroshilpam**, just behind Auromode.

eco ♻️ femme

washable cloth pads

We'll teach you about sustainable menstrual products, the menstrual cycle, and our not-for-profit programs, + you can pick up cloth pads, cups and period panties at discounted rates!

See you soon!

Mila for Eco Femme team

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. **Available services:**

- Primary & emergency eye care
- Spectacles & contact lenses
- Eye Yoga & Vision Therapy
- Workplace & community outreach eye camps
- Support for visits to Aravind Eye Hospital

New services:

- Retina imaging
- Intraocular pressure (glaucoma) monitoring
- Red Light Therapy for eyes
- Dry Eye Therapy

Timings:

- 9am—5:30pm,

Contact:

- 9488005685

Aurosugan



AURODENT OFFER

We are pleased to announce the availability of our surgical specialist and ortho specialist at Aurodent.

Now Available:

- Invisible Aligner Treatment
- Orthodontic Braces Treatment
- Implant Treatment
- Teeth Whitening

Book your appointment now at Aurodent:

- +91 9629199328 WA
- 0413 2622063 landline
- aurodent@auroville.org.in

AURO DENT
Auromode, Auroville
Free Dental Check-up
for Kids (0-14 years)
June and July
For Appointment
9629199328 0413-2622063



Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm
- @ Auromode

Jayasutha

MAATRAM

Maatram offers OCH

(Open Consultation Hour)

- Monday—Friday, 9:30—10am

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
- @ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of:
 - smart phones, social media, video games, eating, porn and gambling. *Megha, Raam & Palani*



International

**THE FRENCH PAVILION PRESENTS
The Cosmic Atomic**

**Wednesday, 8 July, 7pm @ French Pavilion
In English**

An immersive evening of experimental cinema and collective artistic expression.

Created by Kanchan Avchare, theatre artist, filmmaker, poet, and founder of Dakshin Studios, The Cosmic Atomic is a 20-minute sensory film that explores the journey of human civilization and poses a timeless question: "Where are we going as a civilization?"

Through slow-moving imagery, evocative soundscapes, and poetic collage, the film reflects on our collective boons and burdens in a time marked by war, ecological change, and increasing separation.

Screened under the night sky, the experience will continue with an open creative session where participants are invited to respond through drawing, writing, or sketching on large white sheets. This participatory moment will be facilitated by Rishi, encouraging reflection, dialogue, and artistic exchange.

An evening of contemplation, creativity, and shared exploration through cinema and art.

Vivekan



**BHARAT NIVAS
Pavilion of India**




BHARAT NIVAS
भारत निवास ભારત નિવાસ
The Pavilion of India, Auroville

In collaboration with



Presents

KALARIPAYATTU PERFORMANCE

Entry : 300 per person
Every Saturday
11:00 am - 11:30 am
Venue:
Bharat-Kalari,
Near Sri aurobindo Auditorium,
Bharat Nivas, Auroville




BHARAT NIVAS
भारत निवास ભારત નિવાસ
The Pavilion of India, Auroville

Presents

Wide Art Show

By
Sharitha Palakakoodam
Department of Visual Arts

Join us for the inauguration on April 15th at 04:30 PM

09:00 am - 04:30 pm
From 15th April 2026

Venue:
Kala Kendra, Bharat Nivas, Auroville




BHARAT NIVAS
भारत निवास ભારત નિવાસ
The Pavilion of India, Auroville

Presents

GEOGRAPHY OF THE MOON

By
Virginia Bones
(vocals)

Andrea Rubbio
(strings, loop station and Percussions)

All are welcome

06:30 pm
Friday, 03rd July 2026

Venue:
SAWCHU,
Bharat Nivas, Auroville

*Monisha
for Bharat Nivas*

UNITY PAVILION JUNE EVENTS

| Date | Venue | Event Details |
|-----------------------------------|---------------|---|
| Tuesdays 10—11pm | Hall of Peace | Himalayan Meditation with Pierre: Silent meditation creating a space of peace, awareness, healing and inner harmony. These gatherings invite participants into stillness, connection, and a shared experience of meditation and presence. |
| Wednesdays, 1 July, 10—12pm | Unity Hall | The Grow Young Club: A warm and welcoming gathering where elders come together to meet, share stories, and build meaningful connections. Engage in some light & fun activities and games. This gentle social space fosters friendship, companionship, and a sense of unity in a relaxed and caring atmosphere. Refreshments will be provided. Transport available. |
| Thursdays, 5pm | Hall Of Peace | Silent Meditation by Pierre: Tune into your psychic self and enter deep inner peace, silence, and calm for inner awakening and self-discovery. |
| Fridays, 6—7pm | Unity Hall | The Flow: Chakra Meditation by Sergei & Preeti: Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance. |
| Saturdays, 10am | Garden | Kids Art Class by artist Janakiraman: A playful exploration of watercolour techniques for children. |

By Appointment:

- 0413 2623576, 9699930672
- unitypavilion@auroville.org.in

| Date | Venue | Event Details |
|------------------|---------------|---|
| Daily | Hall of Peace | Tao of Tea—Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea’s spiritual and healing power, nourishing both body and soul. +91-9385428400 WA |
| Tuesdays, 5pm | Hall of Peace | 12 Qualities and The Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation. +919489082447 WA |
| Daily | Oneness Hall | One to one sessions on the Science of Chakras, Integral Yoga, Chakra Balancing and guided Meditation. One to one/ group Life Coaching & Counselling with Preeti based on life skills & Integral Transformation offers a safe space to heal and unlock your potential 9699930672 WA |

The Flow: Chakra Meditation

- Every Friday, 6—7pm



- Peaceful Chakra Music to tune into your senses & sharpen your consciousness;
- Introduction on chakras;
- Nadi shodhana pranayama;
- Guided chakra meditation;
- Beej chakra mantra chanting;
- Yoga nidra session;
- Live sounds performance & mixing;
- Chakra sound frequencies;
- Binaural infra-rhythms;
- Visuals for concentration;

Connect with the Source and enter the Flow. Through chakra music, ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body.

As the energy flows, it releases emotional blockages, eases stress, and restores balance-leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration! Presented by The Unity Pavilion Research Team:

- **Sergei:** Electronic Musician, Specialist in Social & Musical psychology
- **Preeti:** Author, Life coach, and Researcher with 25+ years in Integral Yoga & Holistic Development

Sencha Style Tea Ceremony The Universe in a Cup of Tea

- Through appointments only, +91 9385428400 WA

A promotional graphic for a Sencha-style tea ceremony. It features a white teapot on a tray with flowers, the text 'TAO OF TEA 茶道 (TAO ZAI)', and the Unity Pavilion logo. A quote reads: "The Universe in a cup of Tea" The unreal veil of enchanted embroidery lifted, the cup of tea appears, glistening. Below, it says 'THE HALL OF PEACE, UNITY PAVILION' and 'DISCOVER THE SPIRITUAL & HEALING JOURNEY WITH SENCHA-STYLE TEA CEREMONY'. To the right, a box contains the text 'FOR INFORMATION & APPOINTMENT Call/Whatsapp +91-9385428400' with a small image of a tea set.

We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available.) During this rare, transformative experience, you will explore & experience the healing aspects of the tea. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

Integral Life Coaching & Counselling

- By Appointment: 9699930672 WA

A diagram for Integral Life Coaching & Counselling. It features a central figure in a meditative pose with the text 'AT THE CENTER OF IT ALL IS YOU Your Inner Peace Your Purpose Your Potential'. Surrounding this are eight colored segments: MIND (Clarity • Focus • Beliefs • Mindset), EMOTIONS (Emotional Intelligence • Awareness • Empathy • Healthy Relationships), ENERGY & VITALITY (Energy • Motivation • Focus • Discipline • Resilience), BODY (Health • Strength • Yoga • Nutrition • Rest • Movement), SPIRITUALITY (Inner Peace • Higher Consciousness • Meditation • Integral Yoga • Self-Realization), PURPOSE & CONTRIBUTION (Calling • Service • Impact • Growth • Make a Difference), FINANCES & ABUNDANCE (Wealth Mindset • Financial Freedom • Conscious Creation), and RELATIONSHIPS (Connection • Love • Communication • Trust • Support). To the right is a flyer titled 'FEELING OVERWHELMED, STUCK OR OUT OF BALANCE?' with the subtitle 'THE WHEEL OF INTEGRAL LIVING' and the motto 'BALANCE - INTEGRATE - THRIVE'. It describes a holistic approach to balance and integrate all areas of life through Integral Yoga and Modern Wisdom. It lists various tools like NLP, Emotional Intelligence, Quantum Mechanics, and Neuroscience & Neuroplasticity, and ends with the phrase 'Step Surviving. Start Thriving.'

Integral Life Coaching & Counselling (one to one/ group) with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential. Break negative patterns, emotional loops, reprogram your mind, overcome your fears, anxiety, confusion, gain clarity and direction with an integrated, practical approach & powerful tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development.

The Grow Young Club: From 1 July

- Wednesdays, 10—12am

A promotional graphic for 'THE GROW YOUNG CLUB' at the Unity Pavilion. It features an illustration of a diverse group of people sitting around a table. The text includes 'A SPACE FOR INNER PEACE & COLLECTIVE AWAKENING', 'Friendship, Companionship, Unity.', and three key features: 'INTERACTIVE ACTIVITIES & GAMES' (Engaging group activities that spark joy, creativity and connection), 'MEANINGFUL CONNECTIONS' (Meet like-hearted people and build friendships that last), and 'REFRESHMENTS & SNACKS' (Light refreshments to keep the energy high and spirits bright!).

A warm and welcoming gathering where elders come together to meet, share stories, and build meaningful connections. Engage in some light & fun activities, games and refreshments. This gentle social space fosters friendship, companionship, and a sense of unity in a relaxed and caring atmosphere. Refreshments provided, transport can be arranged on request.

The Mother's Symbol and 12 Qualities with Jaya

- By Appointment

A deep exploration with Jaya into the profound symbolism of The Mother's Symbol and the twelve qualities that form the foundation of inner growth and transformation. Through reflection, dialogue, and contemplation, discover how these qualities can become living forces in daily life and guide the journey toward a deeper consciousness.

Preeti for Unity Pavilion

PAVILION of Tibetan Culture

Library opening hours:

- Monday and Tuesday,
9:30am—12:30pm



*Kalsang
for Tibetan Pavilion*

Theatre, Music & Arts

SONIC JOURNEYS

Friday, 3 July, 8—9:30pm @ Kalabhumi Music Studio

An album and music appreciation session featuring: electronic music synthesis with Daniel. Join us as we trace the fascinating evolution of electronic music; from early pioneering instruments to modern digital workstations.

- Drop in event!

Parking:

- Cars: at Gaia field/ Cripa back entrance
- Two-wheelers: @ Kalabhumi Music Studio

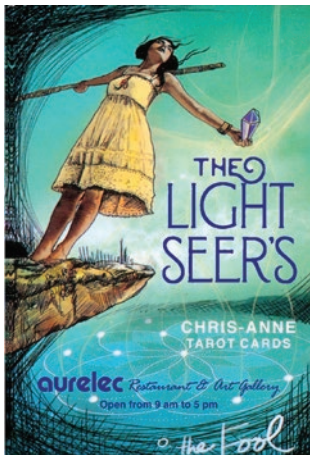
Edoardo

MAJI: ECHOES OF GOLD

20 April—27 July, Monday—Saturday,
9am—5pm
@ Maroma Art Gallery: MAJI

Supriya

THE FOOL EXHIBITION @ AURELEC



On the edge of an epic journey, the Fool peers into the abyss below and senses the seed of life calling out to her. She sees the opportunity and stardust swirling, and she knows that her dream begins with this single step. She's not sure what she will learn or exactly where she's headed, but she has clarity about one thing: she will need to jump in order to begin. With her crystal amplifier to guide her, and her wand to protect her, she feels her toes slide past the threshold of her current reality.

Chris-Anne, Tarot Cards
Franz, Aurelec

Theatre, Music & Art Activities

SVARAM ACTIVITIES

Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner. **By appointment only**

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Garden Tour



- Monday—Saturday, 9:30am—4:30pm
- Sunday, 9:30am—11:30pm
- For details and booking: Scan the QR Code or [click here](#)

Aurelio for the SVARAM Team

WOMEN'S CHOIR RESTARTS

The women's choir "Auroville Harmonies" is restarting its rehearsals to prepare a new program.

If you are interested and want to join our musical trip around the world, contact Antoine for an audition:

antoine@auroville.org.in, 8940740529, Antoine

ORIGAMI WORKSHOP

Open to everyone! If you are interested in joining, please contact Kiran at 9486367456 WA or call for more information.

Kiran



KALABHUMI MUSIC STUDIO'S MUSIC ACADEMY

Learn music in Auroville...

KALABHUMI MUSIC STUDIO'S MUSIC ACADEMY
learn music in Auroville...

Piano for kids (with Sahitya)

Hindustani Vocals (with Ronny)

tabla/violin/viola/trumpet (with Shanks)

Guitar & Bass (with Rolf)

Singing (with Shakti)

TO APPLY fill out the form!

- Hindustani Vocals (with Ronny)
- Piano for kids (with Sahitya)
- Tabla/ violin/ viola/ trumpet/ bass/ guitar (with Shanks)
- Guitar & Bass (with Rolf)
- Singing (with Shakti)

To apply: [fill out the form](#) (QR code)!

Edoardo

CREEVA

Center for Research Education Experience in Visual Art

Art activities in July 2026

- Watercolor painting workshop by Sathya every Wednesday 5—7pm
- Life drawing session 10am—12pm
- Live Portrait Sketch by Sathya

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.



Contact Abi: 8220612413, abirami@auroville.org.in

For more info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

CREEVA Art Studio:

- @ Creativity Community, near Solar Kitchen, Auroville.



Sathya
for CREEVA Art Studio, Creativity **CREEVA**

Dance Activities

MUSIC AND DANCE CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm
@ SAWCHU

Caveri Suresh, a Bharatnatyam Dance teacher for 27 years, is offering this class to **Beginners, Intermediate** and **Advanced** students.

Caveri Suresh, for Diya
Dance Studio



Music and Dance Classes

- Saturday, 3—4pm @ Bharat Nivas

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari for Aurohamsadhwani Arts Team



@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers’ dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children’ ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens’ ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764 **Fleur**

DANCE CLASSES BY MANI

- Please register before coming (registration only).
- Bring your socks and water bottle.

Tango Dance Evenings

- **Tuesdays & Thursdays, 7pm @ CRIPA (Small Room)**

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

Let’s share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes

- **Mondays & Fridays, 7pm @ CRIPA (Small Room)**

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

Let’s share the joy of dance, connect with positive energy, and keep improving.

- Aurovilians & Newcomers: Donation-based
- Guests & Others: Contribution welcome



8637633696, Mani



Tuesdays, 4—6pm @ CRIPA

After the response last year, we have decided to bring the “Garba Immersive” back this year. So if you have been connected with us or brand new, all are welcome! We have designed this in a way that it will be engaging for everyone. With a larger team, more facilitators and co-creators and a lot of goodwill—We are humbled with what is possible.

Movement, rhythm, music, sound, singing and what emerges from a collective will all be ours to experience and live.

If you have always wanted to soak onto one of the biggest and liveliest festivals in the world—now is the time :)

- **For more details:** 8870730567, WA message only.

Megha

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 7pm: Tango class
- Wednesday, 7:30pm: Practilonga
- Friday, 6:30pm: Practice
- Saturday: Bi-monthly Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!

- +91 9821166082,
- tango@auroville.org.in



Submitted by Maud

MODERN & CONTEMPORARY DANCE CLASSES

Wednesdays, 4—5:30pm @ New Creation

For children ages 8—12

Join our ongoing Modern & Contemporary Dance group, led by two teachers. We are looking for committed and enthusiastic new students who are excited to explore the world of dance together!

Classes include:

- Warm-up games; Creative movement improvisation
- Strong group-building activities; Dance technique
- Plenty of opportunities for self-choreography and creative expression

Interested? We'd love to hear from you!

- +49157 53563369 WA

Malia & Leela

Sports & Martial Arts

MARTIAL ARTS

@ Bharat Nivas



Bharat Kalari
KALARIPAYATTU
 Regular Classes
 Venue: Bharat Kalari Bharat Nivas Auroville | Time: Monday - Friday 7.00 - 8.00 am 5.00 - 6.00 pm

 BHARAT NIVAS
 EYE EYE LIFE SOUND
 The Position of India, Auroville

WhatsApp Group QR

 Enquiry Contact:
 +91 86376 32916
info@kalarigram.org
www.kalarigram.org

Regular Classes:

- **Morning:** 7—8am; **Evening:** 5—6pm
- **Contribution:** Drop-in: Rs.300 per class
 - Monthly (one class per day): Non-AV Rs.3000; AV Rs.2000
 - Monthly (morning & evening both): Non-AV Rs.5000; AV Rs.3000

Weapons Training: Drop-in: Rs.150 per class

- **Wooden Weapons:** 8—8:30am
- **Metal Weapons:** 6—6:30pm
- **Contribution:**
 - Monthly (one class per day): Non-AV Rs.2000; AV Rs.1000
 - Monthly (morning & evening both): Non-AV Rs.4000; AV Rs.2000
- **Note:** Weapons practice requires initiation @ Kalarigram.
- **Registration:** Please scan the QR code before attending.

Regular Silambam Class

- Wednesday & Saturday, 5—6pm @ SAWCHU

Grappling & Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm
- @ Harmony Hall

Monisha

BUDOKAN: Class Hours and Activities

Aikido:

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday:
 - Advanced: 6—8am
 - Weapon class: 8—9am



For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaiso:

Aikitaiso it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am;
- Saturday: 9—10am

For Aikido & Aikitaiso:

8300643963 WA, Philippe,
9952812843 WA, Murugan,
+ 33622053932 WA Michaël

Yoga:

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu: Saturday & Wednesday (on appointment)

Michaël
for Auroville Budokan, Dehashakti



Abhaya Martial Arts For more than ten years, Abhaya Martial Arts Academy has been active in Auroville with regular martial arts classes. The Academy was founded as the Indian branch of the Shou Dao School, where Shou Wu is practiced—a system that integrates internal martial arts and self-defence, while also engaging in MMA, the most demanding testing ground to guarantee real martial progress.

In addition to teaching children and adults—and accompanying some of them to important tournaments—Abhaya has been responsible for the training of the First Responders of the Security, and has long-standing collaborations with a few NGOs, supporting orphans, underprivileged women and survivors of human trafficking. Some of these women, after years of training, have become instructors themselves.



Thanks to the excellent results achieved and the constantly growing number of students (recently up to 80 per month), Abhaya is collaborating with highly skilled instructors—masters of Muay Thai, Shou Dao, BJJ and Boxing—offering even more classes and opportunities to learn not only how to defend oneself and understand one’s own body, but also how to transmit this knowledge to others.

Starting from January, Abhaya will adopt a new belt system, and will open a clearer pathway for students and instructors to grow within the Academy.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual; Short nails, wear, and no jewelry;
- Stay home if you’re unwell or have open wounds
- **For updates and participation:**
+91 94873 40778
- For more info contact us: abhaya@auroville.com

Giacomo for Abhaya

AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- **Mondays and Wednesday, 5pm**
- **Please contact Balaji:**
8940224950



Boys 16yo+ are playing

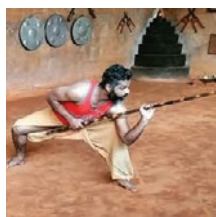
- **Tuesdays and Fridays, 5pm**
- **Please contact Beber**
638563 5943



Submitted by Beber

KSHETRA KALARI @ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment
 - 9042009200



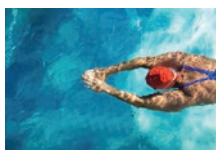
Maneesh

MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovilian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!



- **To enquire:** +91 8940288090 WA *Sonia and Ana*

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class



All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique.

- Limited spaces available to ensure quality and care for every participant.
- @ Auroville, flexible timings available

8637633696, Mani

Bioregion, Crafts & Nature Activities

| | | | |
|---|---|--|---|
|  MAROMA  | MAROMA ASPIRATION OUTLET STORE  <small>OPEN 9AM - 5PM</small> | THE MAROMA TOUR  <small>BOOK AT www.maromaexperience.com</small> | MAJI ART GALLERY  <small>OPEN 9AM - 5PM</small> |
| <small>SHOP. TOUR. BE INSPIRED.</small> | | | |

Daily 9am—5pm

Maroma Aspiration Outlet Store

- **Open daily 9am—5pm**

Explore Maroma's collection of natural fragrances, body care, home fragrance, gifts, and handcrafted products.

The Maroma Tour

Discover the story behind Maroma through a guided campus visit, hands-on workshop, refreshments, and a Q&A session.

- **Book your tour:** www.maromaexperience.com

Maji Art Gallery

- **Open daily 9am—5pm @ Maroma Campus**

Visit MAJI, Maroma's contemporary art gallery, featuring a curated collection of artworks, crafts, and creative expression from Auroville and beyond. *Jesse for Maroma*

SOLITUDE FARM ACTIVITIES



Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only **on Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm:

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

- **Mini Permaculture Workshop**
 - Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- *Introduction to permaculture through local food:* Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- *Handmade Soap-Making:* By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service:

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude:

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots. Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna
for Solitude Farm & Café

FOUNDATIONS OF FERMENTATION



Every Saturday 10am—12pm
@ Coffee Ideas! (former Marc's Cafe)

This beginner-friendly workshop is all about reconnecting with ancestral microbes and learning to make naturally carbonated, healthful beverages using traditional methods. No commercial yeast, no fancy equipment, just real ingredients, wild starters, and intuitive brewing.

Perfect for those who want to:

- Learn traditional skills in a fun, interactive way
- Understand and embrace the power of natural microbes

What you'll learn to make:

- **Kombucha:** From brewing basics to bottling and flavoring
- **Tepache:** A traditional, naturally fermented pineapple drink
- **Ginger Ale & Wild Sodas:** Crafted with fruit, herbs, and wild starters
- **Wildcrafted Fruit Vinegar:** Zero-waste, nutrient-rich, and easy to brew

You'll learn:

- The science behind natural carbonation and how to get the fizz just right
- How to balance sugar and fermentation time for the perfect flavor
- How to ferment confidently without commercial yeast or additives

Bonus: Receive 1 live kombucha scoby to start your own batch at home!

Contact: admin@coffeeideas.in, contact@coffeeideas.in
+91 8148660246

Walk-in: You can also simply arrive 10 minutes early and join the session.
Sagarika & Matilde

FOUNDATIONS OF SPECIALTY COFFEE COURSE

6—10 July



☘ COFFEE COURSE ☘

FOUNDATIONS OF Specialty Coffee

Where? Coffee Ideas! (former Marc's Cafe)
When? JULY 6 - 10

You'll learn in depth about coffee:
Species, Processing, Roasting, Sensory Awareness, Espresso, & Manual Brewing.

Join our upcoming Foundations of Specialty Coffee course, running from July 6—10.

- **Module 1:** Coffee history, species, and varieties
- **Module 2:** Roasting and its impact on flavour
- **Module 3:** Sensory training and olfactory development
- **Module 4:** Perfect espresso extraction and familiarisation of the barista station
- **Module 5:** Manual brewing and extraction principles

A five-day, hands-on immersion, designed to sharpen both palate and technique.

If this peaks your interest, visit coffeeideas.in or write to admin@coffeeideas.in to register.

Location: Coffee Ideas, former Marc's Cafe, Unit of Freeflow Trust, Auroville Foundation. Auroville Main Road, Kulapalayam.
Sagarika

PEBBLE GARDEN—STORY OF THE LAND

Walk & Talk

Saturday, 4 July, 8—11am



- 8148715966 WA for Registration link.

Deepika

EDIBLE WEED WALK:

Nourished by Sunday Rain

Saturday, 4 July 2026, 7:30—8:30am (max 8:45am)



@Accessible area within Auroville

Sunday rain falls soft, nourishing the quiet earth; Wild sprouts wake to life. Come find these hidden green wonders with us! Saturday morning promises a beautiful, vibrant exploration!

- Final location shared with registered participants on Friday.
- Only 5 pairs (10 people total), Rs 800 for two
- Single registration possible (Rs 300) if you bring along your Edible Weeds coloring book and its colored insert.

Contact & Booking:

- 98409 36907 WA, edibleweedwalk@gmail.com

Instructions: Send your names and the number of participants to receive your QR code.

Witness the magic of a sudden green awakening.

Nina

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722, 0413 2969722. Viji



AUTHENTIC CULINARY EXPERIENCES:

ACE

ACE Kitchen Gatherings @ Creativity, Auroville

Small, informal kitchen gatherings at the ACE Kitchen in Creativity. Sessions may be led by: Experienced home cooks; Traditional knowledge holders; Bakers and fermentation practitioners; Anyone sharing food they know well.

To participate, cook with us, suggest a theme, or explore hosting a session, please get in touch.



culinary.experiences@auroville.org.in, +91 8279300821

Manu Bahuguna
& Sacha Elder

MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



MOHANAM PROGRAM

For more information and registration:

Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- **Office timing:** 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—4:30pm



Bamboo
Candle

Potter

Coconut
Shell Craft

Dream
Catcher

Incense
Making

Kolam
Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour

Wood Fossil
Visit

Munnur-
Perumukkal

Kaluveli Tank
Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's northwest zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Deep Sound Bath 5 Elements by Satyaguga

- Tuesdays, 7, 14, 21 and 28 July, 5—6:30pm

Connect to your inner self through vibrations & divine chants.



Thiruvannamalai Spiritual Services:

Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville; Tour, retreat space; Camping, Temple visit; Ashram, Girivalam Full Moon experience

For booking and more information

- +91 8300949079
- mohanamprogram@auroville.org.in

Rajaveni

INSIDE INDIA

Pausing cycle & local tours for the summer

Inside India is pausing our cycle tours and local tours for the summer.

- We look forward to welcoming you back from the second week of July, when our tours will resume.



tours@insideindiaauroville.com,
Shaheen

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm, 1:30—5pm



Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.



Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops

- Pre-book in advance,
- Monday—Saturday, 9am—5pm



Geodesic Dome Workshop

- 3 & 4 July, 9am—5pm

The bamboo Geodesic Dome workshop is perfect for anyone who wants to gain skills on sustainable lifestyle and hands on experience working with bamboo, while also exploring various aspects of sustainable living.



Musical Instrument special Workshop

- 17, 18 July, 9am—5pm: One day Workshop

Explore the soothing sounds of handcrafted bamboo instruments and learn how each one creates its unique rhythm. Experience a hands-on session blending creativity, nature, and music in a calming, fun environment.



Hyperbolic Paraboloid Dome Workshop

- 23, 24 & 25 July, 9am—5pm

Its is a Dome-shaped bamboo structure based on a hyperbolic paraboloid, saddle-like form made by bending straight bamboo into curves. It looks complex, built using simple materials and smart (Includes refreshment).



Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081

Bala Sundaram

THE COLOURS OF NATURE (TCOON)

Workshops & Visits

Step into a world of cloth, pattern, and slow craft. At The Colours of Nature (TCoN), we're launching a new series of hands-on textile workshops—warm, friendly, and designed for beginners and curious makers alike. 100% natural dyes.



Workshops (Create & Take Home)

Shibori + Indigo (Resist & Dye):

Fold, bind, stitch & wrap fabric to create traditional resist patterns—then dye your own prepared cloth in indigo, revealing deep blues, and unique, unexpected detail.

Batik + Indigo (Wax Resist & Dye):

Learn the fundamentals of wax-resist design: apply wax, build layers, and create motifs—then dye your cloth in indigo to bring your patterns to life.

Embroidery:

Slow down and enjoy the needle's rhythm. Learn essential stitches and techniques to add texture, detail, and personality to fabrics.

Workshop Schedule

- Morning session: 9am—12:30pm
- Afternoon session: 1:30—5pm

Workshop Pricing

- 2-hour workshop: Rs 2,200 per person
- Half-day workshop: Rs 4,400 per person

Guided Visits

Discover our studio space and processes with a short guided tour:

- Duration: 30 minutes
- Times: 11:30am and 4:30pm
- Price: Rs 1,100 per person

Outside of these timings, we will do our best to offer tours. Visits to The Colours of Nature dye workshop products exhibition are free.

Note: We do not offer workshops on how to prepare dyes from raw plants; these processes take many days—sometimes weeks—and we are still developing the right format to teach them properly.

To Book a Guided Visit/ Workshop:

- colnature@auroville.org.in,
- +91 63796 61916 WA
- www.thecoloursofnature.com

Submitted by Petra

ENLIGHT

| | | | | | |
|-------------------|----------------|-----------------------|--|------------|---------------|
| | | | Contact: Arun / Balaji +91 88381 72521 / enlight@auroville.org.in | | |
| | | | | | |
| Explore Auroville | Bioregion Tour | Art & Craft Workshops | Fireside Drumming | Cycle Tour | Cooking Class |

Arun, Anand and Balaji
for Enlight Team

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk:

AuroOrchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville's food system for more than five decades.

Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms. We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets:

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.

- Please [sign up for the baskets here](#) to get added to the list.



Volunteering:

Spread over 25 acres, AuroOrchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents. Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday, 7—9am and/ or 9:30am—12pm.
- We offer breakfast made with farm produce!

Link to [sign up for volunteering](#) here.



Anshul

SADHANA FOREST PLANT BASED SATURDAY

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Submitted by Aviram

EGAI CRAFTS—WORKSHOPS & EXPERIENCES

Art of Giving—Eco-Friendly Craft Workshops
@ Auroville

Workshops:

- **Coconut Shell Craft Workshop, 2.30hrs:** A hands-on creative workshop where participants learn to design and make eco-friendly products from coconut shells. Participants can create and take home: Earrings, Pendants, Keychains, Bowls, Cups and Hanging Lamps.
- **Bamboo Instrument Making Workshop, 2hrs:** Experience the art of making simple musical instruments using bamboo and natural materials, including bamboo overtone flute, bamboo ocarina, shakers and percussion instruments.
- **Incense Making Workshop, 1 hr:** Learn the traditional process of making natural incense sticks using eco-friendly ingredients and local methods.
- **Palm Leaf & Coconut Leaf Weaving Workshop, 1 hr:** Participants learn basic weaving techniques using coconut and palm leaves to create decorative and utility products.
- **Wooden Toy Making Workshop, 2.30hrs:** A creative and educational workshop introducing participants to traditional toy-making using wood and bamboo materials.
- **Coconut Recipe Cooking Experience, 2.30hrs:** An experiential cooking session introducing traditional coconut-based recipes and sustainable food practices.
- **Origami Workshop, 1hr:** Explore the beautiful art of paper folding with traditional techniques and creative designs.
- **Pottery Workshop, 1hr:** Enjoy the full creative experience via detailed instruction and crafting by a expert potter.

Workshop Highlights:

**Crafting From Our Corridors
To Your Corridors**



- Hands-on Make & Take experience
- Eco-friendly and sustainable materials
- Suitable for students, families, travelers, and educational groups
- Supports local artisans and village communities
- Promotes traditional crafts and waste management awareness
- Customized group workshops available

Location: Egai Crafts, Auroville, Tamil Nadu—605101

Contact: +91 9791896488, +91 9629297514
egai@auroville.org.in, www.egai.co.in

Booking is recommended for workshops and group visits.

Anand For Egai

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.



- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.

South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone,
- rupavathijoy@gmail.com

Rupavathi

Office Spaces

Hive Coworking Space Open House



NEED A PLACE TO WORK?

OPEN
HOUSE



FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

- Every Friday, 9am—7pm @ Hive, Auromode.

Step into Hive and experience a cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA or drop by. *Dhesh for Hive*

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.



Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in *Laure*

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294
or e-mail adps@auroville.org.in

Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
• pandian@auroville.org.in *Pandian*

Spaces Available at Ecoteco Campus Building

There are two spaces available for use at the Ecoteco Campus Building in Reve Area:

- 118 sqm Office Space
- 67 sqm Godown Space.
- 9443960008, Diana; 9894442349, Prabhu

Diana

Help Needed

NESS SCHOOL: WILLING TO RECEIVE extra fruits from your garden

We are messaging this from NESS School. We are willing to receive extra fruits (lemon, mango, papaya, black jamun, etc) from your garden for our students as a donation. If you provide us permission, we will come and collect them. Expecting your generosity in this regard.

K. Venkatesh for NESS School, ness@auroville.org.in

Looking For

Looking for e-cycle

I am looking for used electrical cycle or bike. Expecting good condition and reasonable price for my son to use for going to school. Thank you.

9843372908, Devanathan from Fraternity

Looking for a phone

I am Ramesh from Pony Farm. I am currently in need of a phone, as I do not have one at the moment and am unable to buy a new one right now.

If anyone has a spare phone that they are not using and would be willing to lend or donate, I would be very grateful. You can hand it over to me at:

- Town Hall Bakery in the morning
- Solar Kitchen during lunchtime

Thank you for your support and generosity.

Ramesh

Need a Female Housekeeper

We need a female housekeeper. 9442663282.

Gaya

Available

Pure organic coconut oil

Pure organic coconut oil available in Auroville, interested people please call me 8300017247.

Anand



Hero Pleasure Plus Scooter

Hero Pleasure Plus in very good condition. Registration: December 2021; Odometer Reading: 23,098 km; Well-maintained and in excellent running condition.

8608854330, Rabindra

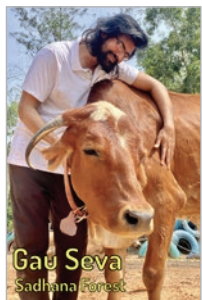
JUKI DDL-5530 Industrial Sewing Machine

Made in Japan, Original Juki DDL-5530 industrial straight stitch machine. New servo motor installed (silent & energy efficient). Includes industrial table and stand, Knee lifter and pedal system. Suitable for garment production, tailoring, fashion design and upholstery work. Can be tested before purchase. 9843846458 WA

Iyyappan

Honorary Voluntary

GAU SEVA AT SADHANA FOREST



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call 8122274924

Aviram

AUROVILLE PRE CRECHE is calling you

To become a little present, a little patient, a little quiet, a little conscious with the little ones of Auroville.

"When you take the children very young, it is wonderful. There is so little to do: it is enough to be."

Working at the AV Pre Creche reveals the profound truth in these simple words of The Mother. A little child learns and responds to our presence more than our actions and our words.



In this sense, volunteering at the Pre-Crèche is not only about supporting children; it is also an invitation to Self-discovery. If you are curious about human development and want to understand how a city that aspires to unending education begins by nurturing consciousness from the very earliest years, this is for you.

You may arrive thinking you are coming to help children grow. You may discover that they are quietly helping you do the same. **Minimum commitment:**

- 4 months, 3 days per week, 2 hours per day

To apply, please write with a brief introduction and your interest in this work to: avprecreche@auroville.org.in

Suganya and Nilima

VOLUNTEERING AT FOODLINK



FoodLink needs help with day-to-day operations in the morning. Tasks involve deliveries, billing, preparing orders, etc. We're looking for residents or registered volunteers who are willing to work:

- 4 hours 6 days a week for at least 3 months from 8am—12pm or 11am—3pm.

Please contact us if you're interested, thanks!

- foodlink@auroville.org.in, +91 8300268804 WA

Aumurto for FoodLink Team

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested: earthyoga@hotmail.com, Noel
- or stop by in the morning sometime to explore the possibilities.

Noel Parent

VOLUNTEERS FOR NESS

New Era Secondary school is a recognized CBSE school under SAIER following CBSE syllabus and Integral education. The school is urgently in need of volunteers who are willing to help in various fields like:

Academic area, Office Secretaryship, Clerical works, Sports area, Arts and craft, Communication skills, Project proposal writing, Fundraiser, Event organizer, etc.

Those who are interested to volunteer in NESS at least committed to volunteer for three months. For further details please contact us.

K. Venkatesh, 9442746448

POUR TOUS WATER SERVICE

Pour Tous Water is looking for **part-time & full-time volunteers (min. 6 months)**, especially those interested in plumbing work. Women plumber or any one with sincere interest are encouraged to join. Training will be provided.

Work includes: Emergency plumbing support (leaks, blockages, taps, toilets, water heaters, etc.) + basic report, record documentation & WA coordination/ updates.

- PTW provides free service for Auroville Community, aligned with Prosperity Vision, "Service for All" . Contact for more details 9843644308 WA, ptw@auroville.org.in.

Join and support this essential community service. **Grace**

Work Offering

LOOKING FOR A FULL-TIME JOB

Sought: Work That Seeks Me Back

In Auroville, work always found me. In April, an office order found me instead, removing me.

After 20 years at MMC-Cinema Paradiso, I duly filled out the HRS form to access a few months of bridging fund. I have been advised to find something soon, or else...

What I left behind: 360 films/ 900+ hours of programming per year, 2 official off days/year in 20 years, zero spent on holidays or social expenses. An adequate running budget, an expensive sound system replaced (Rs. 5 lakhs+) through an AVI-USA donation, a new projector (Rs. 5 lakhs) and laptop (Rs. 74K) purchased from funds we had set aside, Rs. 6 lakhs+ still in reserve for further equipment work that are always expensive, and a recurring donation stream generously pledged by the community that more than replaced the monthly budget we had lost. It was a community theatre. It was supported and held by the community.

What I also bring: ecology and wildlife (MS with Dr. Rauf Ali, PhD from the USA), expertise in forest and habitat assessments, and substantial experience in the development sector: project and programme evaluation, grant review, monitoring, management, advisory.

What I am looking for: full maintenance, ideally flexible hours, independence, and work that is needed and that needs me. Available from 1 August. The arrangements, however, need to start soon.

Nina, nina@auroville.org.in

Work Opportunities

AWARE: LOOKING FOR MEDIA & COMMS SPECIALISTS



Looking for
**Media & Comms
Specialists**

www.awareauroville.com

**AWARE
Auroville**

Auroville grows when aspirants gather from around the world with clarity of purpose. AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open: Filmmakers; Cinematographers; Editors; Content Creators

- **Contact:** +91 73965 57993 WA, aware@auroville.org.in, awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations. **Sajiv for Aware**

eco • femme

washable cloth pads

Looking for a Social Media Manager

Eco Femme is hiring a full-time in house social media manager with full maintenance.

We are a social enterprise founded in 2010. We make menstrual cloth pads and provide menstrual education to women and girls in India. To know more about us, visit www.ecofemme.org.

We are looking for a creative communicator with at least one year of hands-on experience managing social media accounts (Instagram, Facebook and YouTube, LinkedIn), video editing skills and a good aesthetic sensibility.

- **The position is available immediately**, with a minimum one-year commitment.

Contact us to get the full job description or know more about the application process.

- Send an email to laure@ecofemme.org.

Hiring a full-time in-house Graphic Designer

We are an Auroville social enterprise that makes menstrual cloth pads and provides menstrual health education. (More on www.ecofemme.org)

We are looking for a creative and committed Graphic Designer (from Auroville or outside) to join our team. The ideal candidate brings strong visual communication skills and an affinity for our mission around menstrual health and sustainability.

- **Full-time in-house job** at our office in Auroshilpam, Monday to Friday, 9 am to 5 pm with 1h break
- **Compensation:** full maintenance + lunch at Eco Femme.
- **If interested**, please email laure@ecofemme.org with your CV and cover letter, sharing why you want to join and why you'd be suitable for this role.

For more information, contact laure@ecofemme.org

Laure

NESS SCHOOL

Looking for Primary Class Teacher

NESS school is a CBSE school under SAIER looking for a Primary class teacher who can handle first standard.

We are looking for an Aurovilian or Newcomer especially Female person who acquire a Minimum UG degree with a DTED or B.Ed.

- **Contact:** Dr. K. Venkatesh, 9442746448, principal.

K. Venkatesh for NESS

AIAT:

Seeking of Assistant Professor

Auroville Institute of Applied Technology:

- <https://aiat.edu.in/>

is currently seeking qualified candidates for the position of **Assistant Professor in the field of Electrical Engineering**.

Applicants must have Master's degree in Electrical Engineering. Experience with IoT, solar energy systems, battery technologies, and electric vehicles (EVs) will be an added advantage.

Interested candidates are invited to send their CV to

- info@aiat.edu.in.



Amarnath

Ecology

LITTER CLEARING SERVICE

If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below. Lets Keep Our City Clean Together.



Sumit for Eco Service,
ecoservice@auroville.org.in, 6379669034




Open Studio Mornings

Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

📍 Location : Recentre, Ok Upcycling Studio
☎ Tel : 6384043908

Tuesdays, 10am—12pm @ Ok Upcycling Studio, Recentre
Discover the fundamentals of upcycling; Tour the studio; Purchase or place orders for upcycled items; Join our "Make Your Own Upcycled Item" workshops. Come explore, learn, and get inspired! **6384043908, Veronese**

SERVICING OF SEPTIC TANKS

- Please call Pour Tous Water Team, who can arrange for the service: 2622899 or 9843644308.
- In case of questions, please contact ecopro@auroville.org.in. **Lucas, EcoPro, 2622469**

Voices & Notes

THE UNDIVINE HUMAN LIFE

This must first be fully acknowledged before the aspiration for a Life Divine irrefutably comes.

"...our present life is undivine and all the life too that is below us."

"...the distinction between the divine and the undivine has an insistent value, a very pressing significance. This then is an aspect of the problem which it is necessary to bring into the light and assess its true importance."



<https://incarnateword.in/cwsa/21/the-divine-and-the-undivine>

Victory Over Falsehood: *"The lords of Falsehood hold, at present, almost complete sway over poor humanity. Not only the lower life-energy, the lower vital being, but also the whole mind of man accepts them. Countless are the ways in which they are worshipped, for they are most subtle in their cunning and seek their ends in variously seductive disguises. The result is that men cling to their falsehood as if it were a treasure, cherishing it more than even the most beautiful things of life. Apprehensive of its safety, they take care to bury it deep down in themselves; but unless they take it out and surrender it to the Divine they will never find true happiness.*

Indeed the very act of bringing it out and showing it to the Light would be in itself a momentous conversion and pave the way to the final victory. For the laying bare of each falsehood is in itself a victory—each acknowledgment of error is the demolition of one of the lords of Darkness. ..."

Note: To continue on with Sri Aurobindo and the Mother's revelations and guidance towards Victory over falsehood and the Life Divine, [please click here](#), scan the QR Code or visit zechjoya.blogspot.com and look for the same title.

Zech Joya



MOTHER'S AUROVILLE: THE SPIRITUAL KIBBUTZ

Contrarily to a certain narrative, Auroville was not founded with moneyless hippies on drugs. Quite the opposite. Auroville could only be born out of the self-offering of pioneers who settled, alone or with some companion, in a desertic spot, with no water and no infrastructure whatsoever; youths who physically worked hard, even 12 hours a day; using their bodies and personal money to make the place livable and expand, teaching by example more idealists to join. There was no other chance to settle in Auroville, and anyhow no reason: a spot where to live in full the 1968 revolution.



My first fourteen years in Auroville's green belt, where I lived until 1999, are the most precious apprenticeship to Auroville's consciousness. Like my close neighbors, I was financially self-sufficient; none of us would take away Auroville's precious money, the simple idea was repulsive to us. We came to give, not to take! But for physical survival we depended on mutual solidarity; "human unity" was an impelling necessity, we lived it day in and day out.

Still free from genocidal Zionism, in the seventies and eighties the kibbutzim's ideology appealed to youth all over the planet; it was normal for idealists to freely move between Auroville and some Israeli kibbutz, sharing goals and lifestyle. The Matrimandir Camp, with no servants and no paid workers, was run along a similar principle; working both at the construction site and at the same time in the kitchen, the residents lived spontaneously Mother's essential teaching: **the only hierarchy in Auroville is spiritual; the more advanced one is, the less the material needs, till they shrink to nothing.** The same rules applied to people like me and friends who, cycling from Pondy once a month for the full moon concreting lasting a few days, worked on shift, on the Matrimandir roof and scaffolding but also at the kitchen, same as the residents. And like them, we too were lodged and fed for free in exchange of our work. It was in fact same as if living in a kibbutz, as Mother wished for the whole Auroville: a perfect organisation based on ethics, idealism and goodwill.

A major difference with the Sri Aurobindo Ashram (and an obvious one) is that, there, Mother accepted servants and paid workers; she commented that the ashramites are too lazy, but she did expect the best from the young, energetic Auroville residents and rejected servants and paid workers. She specified, though, that these can be hired exceptionally, for not more than one year, the time to train some resident to do the same job.

In the name of an effectively lived human unity, Mother wished full integration as Aurovilians of ALL the paid workers. In the meantime, their children went to the same free schools along with the Auroville children and, if they accepted, instead of wages the parents received the same identical Auroville Prosperity as the residents [who worked and had no other financial means, the one condition the Mother set to disburse it].

Didn't Mother tell Satprem, in the famous conversation on 31 December 1967, that Auroville is an adaptation of the communist system? In saying so, honouring her own mother, a Marxist and a strict disciplinarian whom she thanked for the ethical education she received, the backbone and true lighthouse that percolates throughout her entire Auroville creation. Is it by chance that both were Jew, and Mother set guidelines evoking a kibbutz's organisation?

The absence of such ethics, guiding from deeply within, is the one source of incomprehension and failures, for the past three decades making people overturn Mother's detailed, well-articulated instructions; incapable to acknowl-

edge that Mother's Auroville is the ideal society, a first signpost heralding the transition towards the supramental society of gnostic beings.

Nothing less than Mother's complete set of well-articulated guidelines will do. The catch is the ideal society—not our petty selves.

Paulette

THE REDHEAD LADY

A few days ago I wrote an article about food security. Not long after, somebody thought it would be a good idea to invite me to give a presentation on the same subject.

Now, let me tell you something. Writing an article and standing in front of a room full of people are two completely different sports.

I arrived at Unity Pavilion while people were slowly filling the hall. Nice, relaxed atmosphere... until I found out I was going to be the only speaker.

Fantastic.

At that moment my confidence quietly packed its bags, wished me good luck, and left through the nearest emergency exit.

I'm not one of those people who enjoys standing on a stage. Give me a farm, a muddy field, a broken irrigation pipe—I'm happy. Give me a microphone and fifty pairs of eyes staring at me? That's a whole different level of agriculture.

So I asked the host, "Can I do the presentation sitting down?"

"Sure," they said. "Just move your chair right into the middle of the room."

Excellent. Not only was I giving the presentation—I was becoming the presentation.

I even asked a colleague if they wanted to join me.

"No, Gino... you've got this."

Translation: You're on your own, my friend.

By now my nose was completely blocked, I was sweating like I had just harvested an entire rice field by myself, and people kept walking in and taking their seats. I remembered a breathing technique that was supposed to calm me down.

I didn't even finish my first breath before the microphone landed in my hand.

"Let's start, Gino."

Well... there goes meditation.

"Good evening everybody..."

Three sentences later, the technician interrupted me.

"Could you move your chair onto the stage?"

So I moved the chair. Sat down. Started again.

"Good evening everybody..."

A few sentences later...

"Actually, could you move a little to your right? You're blocking the screen."

Of course I am. So I moved again. Sat down. Started again.

At this point I wasn't giving a presentation anymore. I was participating in a furniture relocation exercise.

Meanwhile, the microphone was slowly sliding out of my sweaty hand like it had decided to escape too.

Then I heard the technician say the words every nervous speaker dreams of hearing:

"Let me switch on the spotlights."

Two enormous lights turned on and pointed directly at me.

Perfect. Now every single drop of sweat had its own personal spotlight. I could actually feel one making the long journey from my forehead to my eyebrow.

"Good evening everyone..."

My voice was trembling, my blocked nose made me sound like I had just finished crying over a sentimental movie, I had the microphone in one hand and my phone with my notes in the other.

Against all expectations—and perhaps against several laws of probability—I somehow made it through the presentation without any major disasters.

Then came the questions.

As I looked across the audience, one unmistakable splash of bright red immediately caught my attention.

There she was. One of Auroville's old pioneers. Our beloved redhead lady. The kind of person whose hair announces her presence before she even speaks.

Age may have softened her appearance, making her look almost fragile at first glance, but don't be fooled. Behind that gentle face is a remarkably sharp mind, extraordinary lucidity, and a personality strong enough to shake an entire meeting. She has spent decades watching Auroville evolve, and she has never been afraid to remind us of Mother's words whenever she feels we've drifted away from them. Sometimes people become uncomfortable listening to her. But discomfort and truth have always been close relatives.

Her question—or perhaps more accurately, her observation—went straight to the heart of the matter.

“Most of the hands-on farming is done by outside workers, whereas Mother had envisioned Aurovilians themselves taking responsibility for agriculture.”

As always, she didn't go around the subject. She went straight through it.

Looking back, I don't think I gave her the answer she deserved. Perhaps my attention got slightly lost along the way, as her question unfolded into what could almost be called a passionate speech. But I'd like to take this opportunity to answer her properly.

If we want young Aurovilians to take up farming, we first need to create an environment that inspires them to do so.

Young people are naturally drawn to places that are alive with learning, experimentation, innovation and purpose. They rarely commit themselves to environments that feel stagnant.

Agriculture in Auroville has the potential to become much more than food production. It can be a place for education, experimentation, ecological research, and a way for people to reconnect with nature in a meaningful way. But these possibilities can only flourish once we remove the stagnation that has held the sector back for too long.

That is why we should actively build partnerships with agricultural universities, research institutes, and farming organisations in India and abroad.

Such collaborations could create opportunities for student internships, field studies, knowledge exchange, joint research projects, and practical innovation.

After all, Auroville was founded as a place of experimentation. Agriculture should be one of the fields where that spirit is most alive.

Young volunteers and pre-newcomers often ask me whether there are opportunities to work on Auroville farms in exchange for simple or affordable accommodation.

I wish I could answer yes.

Unfortunately, those opportunities are still very limited, and every year we lose enthusiastic people who choose to volunteer elsewhere instead.

One practical solution would be to establish a simple agriculture campus.

It doesn't need to be luxurious—just functional. Simple accommodation, shared kitchens, shared toilets, and basic facilities reserved for agriculture students, teachers and volunteers.

Some time ago I wrote a project proposing exactly this. Like many other projects, it received little attention.

If Auroville genuinely wants to strengthen its food system, then it also needs to strengthen its support for those who produce the food.

I said this during the presentation, and I repeat it here.

Auroville's development is unavoidable. As our population grows, we must prepare today for the needs of tomorrow. Good planning today prevents much bigger problems in the future.

The farming sector is already behind schedule, and Auroville cannot afford to neglect one of its most fundamental systems: its food chain.

FarmService, as the administration supporting Auroville's farms, is determined to move beyond stagnation. But to do that effectively, it needs operational independence, a clear mandate, and it needs them now.

Unfortunately, FarmService still remains a sub-department, and that is holding it back from fulfilling its potential.

Food security is not built overnight.

It is built through long-term vision, practical support, and the willingness to start doing today what tomorrow will depend on.

So I'd like to thank our beloved redheaded lady, whom I respect and admire, for bringing up that important point.

Her question gave me the opportunity to explain what I believe is one of the keys to Auroville's future: making farming a place where young people genuinely want to be.

And if she's reading this... don't worry. Next time I'll be better prepared for your question. Although I still can't promise I'll finish answering before you ask the next one.

Gino, Farm Service

Poetry

FACE BEHIND THE LIGHT

*I have wandered through shadow and
flame,*

Through veils of gold and veils of dust.

*I have searched for the Face behind
the light,*

*For the silence where whispers turn to
trust.*

*But what is this thirst, this hunger, this
ache?*

A wound that is fire, yet never burns?

A cry that is music before it is sung?

A longing that curves, but never returns.

O Light, not distant, not apart,

Not a lamp upon the mountain's crest,

But a fire in which I yearn to walk,

A cave where I long to rest.

I seek You not as sun or moon,

Not as vision, nor as sign,

But as the fire that consumes the self,

As the spark that undoes me and mine.

Let me fall into Your roaring depths,

Let me be burned, let me be blind—

Until I see with the Awakened Eye,

Until I am Light, undefined.

What world, what grain of sand remains,

When the seer and the seen are One?

What name remains, what form endures,

When the river dissolves into the sun?

The flute, the breath, the music merge,

The silence sings, the song is free.

No seeker now, no sought remains—

Only Light.

Only Thee.



TUITION FEES

*Tuition fees in Earth School
soar skyward—*

*Clouded by the sense of separation,
each pays the price
of our in-humanity.*

*What feeds it?
What freezes?
Where is the intuition
that sets us free?*

Anandi Z.

THE COSMOS WAITS

*Nebulae never negotiate.
Galaxies claim no dominion.
The stars spend themselves
without possession.*

*Only man
teaches dust
to dream of thrones.*

*Civilizations flare
like brief comets
brilliant,
then forgotten.*

*Yet beyond the noise of empires,
the universe continues
its patient experiment:*

*to see
whether consciousness
can become
greater than power.*

Rahul Chaudhary

Animal Care

SEEKING VOLUNTEERS FOR DOG SHELTER

Aurovilians & Newcomers Welcome

We are seeking dedicated volunteers to assist in the ongoing care and management of our dog shelter.

Areas of support required:

Medical assistance (qualified professionals or students); Provision of essential supplies; General shelter maintenance and animal care

Interested individuals are encouraged to get in touch at the earliest: 9443203092, aurovilledogshelter@auroville.org.in



Dr. Kumar, Sugar, Shanthi

JOIN AUROVILLE DOG SHELTER TEAM

Auroville Dog Shelter is seeking a dedicated Aurovilian to join our team.

Skills Required: Basic computer knowledge, accounting skills

Support Provided: Half maintenance

9443203092, aurovilledogshelter@auroville.org.in

If you are interested in supporting our work for community dogs, we would love to hear from you.

Dr. Kumar for Auroville Dog Shelter Team

Foods, Goods & Services

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

BARAKA MANGOES

Available

Mango season has started at Baraka.

Please pass by to get some.

We also have spicy pickles and soon mango jam.

Mahi

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul, freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout, www.thesprout.in

SUDHA'S KITCHEN!

Healthy Plate monthly scheme
for Aurovillian Volunteers & Guests

- **Special Offer:** Aurovillians get 20% discount
- **Group Bookings Welcome**

Contacts: +91 8608123072 WA, +91 4133509884

Come enjoy delicious, nourishing food in a warm place
with beautiful trees surrounded!

Arun

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria,
7:30—10am

Variety of Dosa, Millets Pongal,
Coffee, Rs.99



Submitted by Shiva

NATURELLEMENT GARDEN CAFE

50% discount scheme on Thursdays

Open 9am—8pm, Tuesdays closed

The busy season is over and we are happy to restart our
50% discount scheme on Thursdays for Aurovillians, New-
comers and volunteers from April onwards.

Martina for Naturellement team

VISITORS CENTRE CAFETERIA



The Right Path Cafe

Breakfast: 7:30-11am (Mon-Sun)
Lunch: 12:15- 4pm (Mon-Sun)
Dinner: 6:30- 9pm (Wed-Mon)
All-day snacks

*Organic, wholesome,
multi-cuisine food for all*

Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a
South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet;
Organic Chapati; Seasonal Auroville Vegetable; Sambar;
3x a week with Veg Kurma & Rasam; 3x a week with Or-
ganic Chicken Curry, or Fish Kuzhambu, or Auroville Egg
Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovillians, Newcomers,
Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a **half month** scheme is also available.

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering,
with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer
your participants to the realm of food and explore with us
the different possibilities we offer, please contact us:

For enquiries or registration

- cafeteriavc@auroville.org.in, 9043004919 WA *Lee*

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy
to announce that we are open!

We look forward to seeing you all.

Pavithra





Verité
Integral Learning Center
VEGAN CAFE
TASTE OF YOGA

Raw | Gluten-free | No added sugar

Mon to Sat
08:30 - 16:30



Open Monday—Saturday, 8:30am—4:30pm
@ Verité Integral Learning Center

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being.

Submitted by Hon

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe serves South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.



From Massbulletin

LIVING ROOM CAFÉ

| | | | |
|---|--|--|--|
| <p>The Living Room</p> <p>Wholesome meals, fresh coffee, and warm company – all waiting for you at The Living Room. Opposite Auroville Library. Breakfast, lunch & dinner served daily. Everyone's welcome.</p> <p>Kalpana, Crown Rd, opp to the Auroville Library, Auroville, Tamil Nadu 605101</p> | | | |
| | <p>Open 9am-9pm All days of the week +91 9566142115</p> | | |

+91 9566142115, Satyakam

POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.



The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

• ptw@auroville.org.in

Please note: Do not give any cash to any team member of PTW. We request to avoid calling our workers directly on their contact numbers.

*Danny, Grace
for Pour Tous Water team*

PT PURCHASING SERVICE OPENING HOURS

- Shop: 8am—7pm, Monday to Saturday
- Canteen: 8am—3pm

Vishnu

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee
 - 9443372418/ WA 9092637055
 - or email govindaraj@auroville.org.in
- for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service: offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings: directly through our STS (ITS) office, 8098776644/ 9442566256, its@auroville.org.in.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville

Rajesh.D



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

SUNRISE TAXI SERVICE



**Book
A Taxi 24/7**

 **+91 9843880591**

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.auroillesunrisetaxi.in



KINISI E-MOBILITY SERVICES

- **E-Cycle, E-Scooter rentals:**

- Flexible pricing depending on the duration of rentals for guests.
- For registered long-term volunteers, special discounted rates apply.



- **KIM Scheme:** Exclusive benefits for Aurovilians, Newcomers and Auroville Units.

- **Repair & Service:**

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- Battery, Motor, and Controller Sales/Replacement.

Contact Us:

- Mobile: +91 8300460 679/680
- Email: info@kinisi.in, Website: kinisi.in



Timings:

- 9—12:30 & 14:30—16:30
- Open daily, including Sundays and holidays *Avvaiyar*

ABACUS ACCOUNTING

New Financial Year 2026—27

Greetings and Support from Abacus Accounting

On the occasion of the commencement of the new financial year 2026–27, we extend our best wishes to all units for a successful and productive year ahead.

We would like to inform you that Abacus will provide comprehensive support across the following areas:

- Accounts and Bookkeeping
- EPF, ESI, GST and TDS compliance
- Individual Income Tax Return filing
- PAN-related services
- Tally and Zoho training, along with regular follow-up support
- Ongoing operational support with a focus on strengthening administrative processes through Standard Operating Procedures (SOPs)
- Taking up accounts and compliance support for Non-Auroville entities, including externally registered companies

Units interested in availing our services or seeking support are kindly requested to get in touch with us. We will review your requirements and extend the necessary support in a structured and timely manner. Should you require any assistance or clarification, please do not hesitate to contact us. We look forward to your association.

- Saracon Campus, Kottakarai
- 9894442349, 0413 2622962
- abacus@auroville.org.in / abacus962@gmail.com

Prabhu for Abacus Accounting

AVDZINES:

Ready to provide better and faster service

We are happy to announce that Avdzines has been upgraded with new printers and is now ready to provide better and faster service.

Our services include: Printing; Scanning; Lamination; Book Binding; Package Designing & Manufacturing; Photo Framing; Passport Photos

We warmly invite you to visit and support our service @ Mangalam Campus, near Well Paper

- Monday to Saturday, 9:30am—12:30pm, 2—4:30pm
- For enquiry and appointments: 9443459063 WA

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA, *Guna for AVDzines*

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

| Category | Service |
|---------------------|---|
| Metal Works | Channels, Doors, Piping, Fabrication |
| Plumbing | End to End, Job works |
| Furniture | Repairs, Made to order |
| Masonry | Repairs, Renovations and Remodulation |
| Painting | End to End, Job works, Floor Waxing |
| General Maintenance | Fumigation, All Home Utilities, Fencing |
| Installations | Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera |
| Electrical Works | Wiring, Metre box, Lights, Switches & Sockets, Motion sensor |
| Cleaning Service | Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors. |
| Landscape Design | Overall design of outdoor spaces, from entrances to courtyards and community areas. |
| Repair & Renovation | Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure. |
| Transport Service | Load Carrier facility |

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 *Balaji & Arun*

INSIDE INDIA



inside india
DREAMS & MEMORIES

Inside India's Updated Summer Timings

Inside India is open for your next journey:

- **Monday to Friday, 10am—5pm**
- **We are now closed on Saturdays until the second week of July**
- **For urgent matters or emergencies, you may contact our ticketing agent Ganesh: +91 9894598686.**

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write to us at tours@insideindiaauroville.com to start planning.
- Visit our Office in Kalpana Community (Opp. Auroville Library).

Shaheen for Inside India Team

TREE CARE SERVICES

Regular tree maintenance is essential for ensuring safety, health, and longevity. Over time, trees can develop deadwood, structural weaknesses, or imbalanced growth that increases the risk of branch failure, especially during storms or high winds.



TREE CARE
Arboricultural technicians
☎ +919042059890
☎ +919159843579 | +918940188350
📍 Kriya, Auroville, TN - 605101
🌐 treecareindia.com

Routine inspections and pruning help identify and address these issues early, reducing hazards and costly interventions later. Proper maintenance also improves air circulation, light penetration, and overall vitality, enabling trees to better withstand environmental stress such as heat and drought.

Investing in regular tree care not only protects people and property but also supports a healthier, more resilient urban landscape.

- **Monday to Saturday, 8am—4pm**
- **9159843579 Emergency tree work**
- office@treecareindia.com:
Consultations, tree inspections & pruning

Jonas

not just a **Furniture company**

We Design
Produce & Manage your wood works

Prakrit

Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

*Mehul for Prakrit,
+91 9634424066*

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



- Utsav Phase—1A, First Floor, Vérité Radial, Auroville
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263,
sarvamcomputers@auroville.org.in

Bala

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

**+91 9843846458 WA,
Phone, lyappan**

Classes, Workshops & Healing Arts



FOOT REFLEXOLOGY WORKSHOP

Learn the fundamentals of foot reflexology with Ravi

11–12 July 2026

Saturday 9 am–4 pm

Sunday 9 am–1 pm

Registration closes 8 July

+91 74484 33118 | care@themaromaspa.com
www.themaromaspa.com

MAROMA
Spa

11–12 July @ Maroma Spa
Saturday 9am–4pm, Sunday 9am–1pm

This two-day workshop introduces the foundations of foot reflexology through theory and hands-on practice. Drawing on traditional knowledge and a holistic understanding of the body, it offers a beginner-friendly approach to learning techniques that support relaxation, balance, and wellbeing.

Ravi combines years of training and practice in Thai massage, Ayurveda, and reflexology to offer a thoughtful and practical introduction to this therapeutic art.

What is included:

- 10 hours of guided instruction
- Handbook and workshop materials
- Lunch on Day 1, tea and snacks on both days

Registration closes 8 July

- +91 7448433118, care@maromaspa.com
- www.thematomaspa.com

Buvanewari

MINDFULNESS WITH HELEN IN JULY

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness.

Helen also offers one-on-one sessions and private group sessions in person and online on request.

- **For details & bookings:** 7094753054 WA
or visit innersightav.org

Mindfulness Kindfulness Half Day Retreat

- **Sunday, 12 July, 9:30am–12:30pm**

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts.

Everyone is warmly welcomed. Participants can choose to sit on a cushion, mat or chair & will hold silence throughout the retreat to allow inner deepening.



Introduction to Mindfulness Workshop

- **Sunday, 19 July, 10:30am–12:30pm**

Discover how to find inner calm in the chaos of everyday life. Learn simple techniques to steady the mind and connect with presence, clarity, and joy.

This workshop is perfect for anyone wanting a calmer, more present way of being, or a deeper understanding of what mindfulness is.



Mindful Photography Workshop

- **Sunday, 19 July, 2:30–5pm**

This workshop explores miksang, a contemplative photography practice. Miksang is a practice to synchronise the heart, mind & inner being. It invites us to see the world with fresh eyes, to let go of our ideas, stories & techniques.

The session includes an intro to miksang, mindfulness practices to attune & time for individual practice. Everyone is welcome. You just need something to take photos with (a phone is fine).



Mindfulness Based Stress Reduction Course

- Monday, 27 July to Sunday, 2 August
 - 7:30am—9:30am, Monday—Saturday
 - 9:30am—12:30pm, Sunday

This evidence-based course blends ancient mindfulness practices with emerging neuroscience research. It offers practical tools to work with stress, anxiety, burnout, physical & emotional pain whilst building resilience, focus & presence.



It supports those facing work pressure, relationship struggles & health concerns as well as those wanting to see deeper into their patterns, mind & true nature. Suitable for beginners as well as those looking to deepen their practice.

Helen

PITANGA RE-OPENS on Monday, 6 July

Yoga and Classes

| Days | Drop-in Classes | Timings | Presenters |
|-----------|---|-------------|--------------------|
| Monday | Yoga Therapy, not on 06/07 | 8—9:30am | Gala |
| | Doing No-Thing Consciously | 5:30—6:30pm | Mike |
| Tuesday | Yoga: Restore & Relax | 5—6:30pm | Florina |
| | Kundalini Yoga—From 14/07 | 5:30—7pm | Bel |
| Wednesday | Yoga Therapy | 8am—9:30am | Gala |
| | Dynamic Yoga Flow | 5:30—7pm | Florina |
| Thursday | Aviva Exercise—for women only | 4:30—5:30pm | Suriyagandhi |
| | Yoga: Restore & Relax | 5:30—7pm | Florina |
| Friday | Pranayama, for former “The Art of Living” course participants | 6:45—8:15am | François & Namrita |
| | Yoga Therapy | 8am—9:30am | Gala |
| | Awareness Through Movement | 5:15—6:15pm | Nausheen |
| Saturday | Breathing & Mudra | 8am—9:30am | Gala |
| | Truth based Relationships | 2:30—4:30pm | Juan Andres |

| Days | Classes with prior registration | Timings | Presenters |
|------------------|--|----------|------------|
| Thursday | Neurographica®—Art Therapy for adults/families | 3—5pm | Gala |
| Monday to Friday | Ashtanga Yoga (self-paced) From 13/07 | 7—10am | Monica M |
| Saturday | Led primary series | 7—8:30am | |

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

| Days | Drop-in Classes | Timings | Presenters |
|-------------------|--|----------|------------------|
| Monday, Wednesday | Teen Yoga: On Pause until further notice | 4—5:15pm | Lisbeth, Florina |

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth’s absence.

Healing Space

| Presenter | By Appointment |
|-----------|--|
| Afsaneh | Bio-Resonance (with Bi-Com machine) |
| | Chiropractic |
| Gaspard | Sound Healing Therapy with Singing Bowls |

New Activities:

Awareness Through Movement, with Nausheen

- Fridays 5:15—6:15pm

Regulating your nervous system starts with slow, mindful movements.

Moving with curiosity and awareness allows the brain to sense subtle changes and rewire chronic tension patterns.

By allowing the brain to discover a more efficient way to move, this practice restores daily ease, eliminates pain, and elevates your overall well-being.

Pitanga joins Auroville’s journey toward a cashless economy. Contributions are digital—either by FS account, Auro-card or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us.

See you at Pitanga, with a smile!

*Anandamayi & Enzo for
Pitanga Cultural Centre*

2622403 / 9443902403 WA, info@pitanga.in



Thursdays, 2, 16, 30 July, 6—8pm

Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply. All participants are required to consent to a confidentiality agreement before joining the circle.

No contribution is expected; you may offer a donation for the hall if you can. Guests are also welcome to join the circle.

- [Register here before 5pm on the day of the circle:](#)

Raamkumar, 9943211101

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



WORLD GAME FOR ADULTS AND CHILDREN

“Where contemplation meets playfulness and transformation.”



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to “know oneself”, this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour, Individual session or together with a good friend. In English, Francais or Nederlands.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers. **+919488084952 WA, Aikya**

VÉRITÉ PROGRAM, JULY

- www.verite.in,
- programming@verite.in
- 0413 2622045, 2622606,
- 9363624083, 8489391876



Classes:

| Days | Drop-in Classes | Timings | Presenters |
|------------|---------------------------------------|--------------|------------|
| Monday | Vinyasa Yoga Flow | 9:15—10:15am | Meghan |
| | Restorative Yoga | 3:30—4:30pm | Mani |
| | Hatha Vinyasa Yoga | 5—6pm | Andres |
| | Deep Sound Bath | 5—6pm | Satyayuga |
| Tuesday | Yoga Asana: Deep Stretch & Relaxation | 7:30—8:30am | Radha |
| | Yogasana, Pranayama & Relaxation | 9:15—10:15am | Mani |
| | Vinyasa Yoga Flow | 3:30—4:30pm | Meghan |
| | Cool Down Pranayama | 5—6pm | Mamta |
| Wednesdays | Vinyasa Yoga Flow | 9:15—10:15am | Meghan |
| | Hatha Yoga | 3:30—4:30pm | Ivana |
| | Hatha Vinyasa Yoga | 5—6pm | Andres |
| Thursdays | Yoga Asana: Deep Stretch & Relaxation | 7:30—8:30am | Radha |
| | Yin Yoga | 9:15—10:15am | Mani |
| | Vinyasa Yoga Flow | 3:30—4:30pm | Meghan |
| | Sivananda Yoga | 5—6pm | Mani |
| | Deep Sound Bath | 5—6pm | Satyayuga |
| Fridays | Meridian Yoga with Pranayama | 9:15—10:15am | Mani |
| | Yoga Nidra w/ Chanting | 3:30—4:30pm | Mani |
| | Deep Sound Bath | 5pm—6:30pm | Satyayuga |
| | Hatha Vinyasa Yoga | 5—6pm | Andres |
| Saturdays | Deep Sound Bath | 5—6:30pm | Satyayuga |

Vinyasa Yoga Flow with Meghan

- Mondays & Wednesdays, 9:15—10:15am
- & Tuesdays & Thursdays, 3:30—4:30pm

Vinyasa Yoga Flow is a continuous, breath-guided practice where postures move smoothly from one to another in a creative sequence. This flowing style builds strength, flexibility, balance, and endurance while improving coordination and circulation. The rhythmic connection between breath and movement creates a moving meditation that calms the mind, releases tension, and leaves you feeling energized, centered, and refreshed. A moderately dynamic flow for those used to physical activity.

Restorative Yoga with Mani

- Mondays, 3:30—4:30pm

Helps the body to elicit the relaxation response. Gentle and breath coordinated movements help restore the body to its parasympathetic nervous system function.

Hatha Vinyasa Yoga with Andres

- Mondays, Wednesdays & Fridays, 5—6pm

Participants are guided towards a tension-free state of well-being, through postures (*asanas*), breathing techniques (*pranayama*), activation of the energetic centers (*chakras*), and relaxation techniques (*yoga nidra*, *savasana*). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (*santosa*), equanimity (*śamatha*), health, connection and well-being are established in daily life!

Deep Sound Bath with Satyayuga

- Mondays & Thursdays, 5—6pm
- & Fridays & Saturdays, 5—6:30pm

Sound Healing is an ancient art that has been used throughout history to awaken the inner being and align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level.

Yoga Asana with Radha

- Tuesdays & Thursdays, 7:30—8:30am

Mindful movement help release tension from the body and mind. We start with Pranayama (breath work), then gently progress to Asana (postures). The dynamic flow of the asana sequences activates the muscles, providing a vigorous, full body stretch while also promoting mental stability. The flow helps build stamina, strength, and flexibility. Each session concludes with Dharana (meditation) and Dhyana (concentration), leaving the practitioner feeling both energized and relaxed. The class is suitable for beginners to advanced level practitioners.

Yogasana, Pranayama & Relaxation with Mani

- Tuesdays, 9:15—10:15am

A complete yoga session including asana, kriya, pranayama, chanting with relaxation to activate energy & begin the day in peace & harmony. Suitable for all, including beginners.

Cool Down Pranayama with Mamta

- Tuesdays, 5—6pm

Beat the summer heat with simple, accessible Yogic practices that involve using your own breath movements to regulate the body's internal temperature. You will learn and practice cooling Pranayamas like Chandra Bhedana, Sheetali & Sheetkari. The session ends with a guided relaxation to help you stay cool in your body & mind.

Hatha Yoga with Ivana

- Wednesdays, 3:30—4:30pm

Traditional yoga postures, from Balasana to Savasana, with a focus on breathing, strength, flexibility, and relaxation. We practice at a gentle, mindful, and slow pace, suitable for all levels. Beginners are welcome, and even advanced yoga practitioners can benefit from this foundational session.

Yin Yoga with Mani

- **Thursdays, 9:15—10:15am**

Yin Yoga is a slow, meditative practice that involves holding passive postures for longer durations to gently stretch deep connective tissues, improve flexibility, and promote relaxation and inner awareness.

Sivananda Yoga with Mani

- **Thursdays, 5—6pm**

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alteration between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Meridian Yoga with Pranayama with Mani

- **Fridays, 9:15—10:15am**

A gentle, graceful asana flows to activate and balance the subtle energy lines of the major organs through holding the poses, with support of yoga props. Concludes with energy balancing (Ida and Pingala) and Pranayama (Nadi Shodhana).

Yoga Nidra with Chanting with Mani

- **Fridays, 3:30—4:30pm**

A deeply restorative practice combining guided yogic “sleep” with the subtle power of sound and mantra. As the body relaxes into stillness, gentle chanting helps to quiet the mind, regulate the nervous system, and create a soothing inner rhythm. This practice guides you into a state between wakefulness and sleep, where deep relaxation, emotional release, and mental clarity can naturally arise. The integration of chanting enhances focus and inner awareness, supporting a profound sense of calm, balance, and rejuvenation. Suitable for all levels, no prior experience is required.

Therapies:

Acupressure Therapy with Ashok

This traditional therapy involves applying firm finger pressure or using acupressure tools on specific acupoints along the body’s energy pathways (meridians) to stimulate the flow of Qi (life energy).

Cupping Therapy with Ashok

Cupping therapy is an ancient healing technique that some people use to ease pain. A provider places cups on your back, stomach, arms, legs or other parts of your body. A vacuum or suction force inside the cup pulls your skin upward.

Deep Tissue Massage with Ashok

A deep tissue massage is a therapeutic technique using slow, deep strokes and firm pressure to release chronic muscle tension and “adhesions”, painful tissue that restrict movement and blood flow.

Foot Reflexology with Ashok

Foot Reflexology is a therapeutic practice that applies gentleness to firm pressure on specific points of the feet that correspond to different organs and systems in the body. This holistic treatment helps stimulate natural healing, improve circulation, release tension, and restore energetic balance. Deeply relaxing and rejuvenating, Foot Reflexology supports overall wellbeing, reduces stress, and promotes harmony between body and mind.

Integrated Deep Tissue Massage & Acupressure Therapy with Ashok

Combining Acupressure and Deep Tissue Massage creates a powerful, holistic therapy that addresses both the energetic and physical aspects of the body. While deep tissue massage breaks down muscle knots and scar tissue, acupressure targets specific meridian points to release blocked energy (Qi), resulting in deeper pain relief, enhanced relaxation, and faster recovery.

Integrated Shiro Abhyanga & Pada Abhyanga with Ashok

Shiro & Pada Abhyanga are deeply relaxing Ayurvedic therapies using warm, herb-infused medicated oils to restore balance and calm the entire body. Shiro Abhyanga focuses on the head, neck, and shoulders, applying gentle pressure to vital energy points on the scalp to relax the nervous system, relieve mental stress, and promote better sleep. Pada Abhyanga focuses on the feet and lower legs, stimulating important nerve endings and energy centers connected to the internal organs, helping to relax and reset the nervous system deeply.

Pada Abhyanga (Ayurvedic Foot Massage) with Ashok

Pada Abhyanga is a deeply therapeutic Ayurvedic foot and lower leg massage that uses warm, medicated oils to restore balance and calm the entire body. In Ayurveda, Pada means foot, and Abhyanga means massage. Because the feet contain thousands of nerve endings and crucial energy centers connected to our internal organs, massaging them doesn't just soothe tired feet—it acts as a powerful reset button for the entire nervous system.

Shiro Abhyanga (Ayurvedic Head Massage) with Ashok

Shiro Abhyanga is a deeply relaxing Ayurvedic head, neck, and shoulder massage using warm, herb-infused oils. The name says it all: Shiro means head, and Abhyanga means massage. It focuses on gentle pressure applied to the scalp's vital energy points to calm the nervous system, relieve mental stress, and promote better sleep.

Holistic Face & Neck Massage Therapy with Mamta

This is a slow, grounding, and nurturing experience designed to deeply relax the entire body, calm the mind, and rejuvenate the face. The session gently weaves together a range of sensory and therapeutic tools, including neck and shoulder stretches when needed, guided breathwork with slow breathing and gentle humming, and the use of aromatic essential oils. Elements of sound and music further support relaxation, while oil massage is applied along key energetic points and pathways inspired by Ayurvedic Marma points and Traditional Chinese Medicine meridians. Gua Sha combs are also used to enhance circulation and release fascial tension, complemented by lymphatic drainage techniques along lymph nodes and channels to support detoxification and overall balance.

Thai Yoga Massage with Mani

The therapist will guide and support the client in various yoga-like poses and stretches and apply gentle but firm pressure along the main energy channels of the body to help release energy blockages and allow vital energy to flow. Wear comfortable clothing suitable for movement.

Yoga Chikitsa: Personalized Yoga Therapy with Mani

One-to-one yoga therapy sessions tailored to everyone's specific needs. Yoga Chikitsa includes assessment, teaching of various yogic tools, and structuring an appropriate practice sequence. The practice may include jattis (loosening of joints) kriyas (structured movements), asanas (isometric stretches) pranayamas (rhythmic control of breathing) and relaxation techniques. The aim is to enhance the flow of pranic energy, facilitating the release of accumulated toxins. The benefits of regular, consistent practice can include an increase in energy, improved healing response, and enhanced quality of life.

Food is Medicine: Lifestyle Health Practices Consultation with Parvathi

Personalized guidance in nutrition and lifestyle modifications to support health and well-being. Learn about your body's constitution (Tri dosa) and the plants, foods, spices and lifestyle practices that benefit your constitution and help prevent health complications.

Physiotherapy and Rehabilitation with Veeramani

Providing hands-on treatment for the clients with musculoskeletal problems and teaching corrective exercises to become pain-free and return to their normal life.

Head Massage with Hair Care with Parvathi

A relaxing massage to the head and scalp using hair tonic oil. Stimulates blood circulation, helps to condition the hair, strengthen the roots, & relieve stress.

Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs with Parvathi

Healing Facial Therapy helps cleanse the facial skin, remove dead cells, boost collagen, reduce wrinkles, treat acne and allow the skin to glow, and feel soft and smooth. The indigenous herbs used are natural products that are selected for your specific skin type.

Ayurvedic Massage: Detoxifying & Energy Balancing with Radha

Massage therapy is a core part of Ayurvedic healing, designed to enhance both physical and mental well-being. Using warm herbal oils and specific massage techniques helps the body heal, relieves stress, boosts energy, and promotes deep relaxation. This therapy is not just about relaxation but also aims to rejuvenate the body, improve circulation, flush out toxins, and bring the body's energies into balance, making it beneficial for overall health.

Swedish Massage with Radha

Swedish massage is a relaxing, therapeutic, full-body treatment designed to support overall well-being. It focuses on gently working the muscles and soft tissues throughout the body to promote healing, reduce tension, and create a calming effect on the nervous system. The massage involves smooth, flowing strokes with the use of oil, making it soothing and comfortable. It's a gentle technique suitable for people of all ages and is perfect for restoring balance.

Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage with Raja

A massage that integrates elements from Acupressure (application of pressure on specific points on the body), Deep Tissue (sustained, slow, deep strokes to target the inner layers of muscles and connective tissues) and Heart Healing (a gentle, relaxing technique that improves the delivery of oxygen to the heart).

Healing Sound Bath with Tuning Forks with Satyayuga

Sound Healing is a gentle yet powerful method to help you reconnect with your own innate high-level vibration. The vibration of the tuning forks and Tibetan bowls helps to recalibrate and free blocked energy, balance the right and left brain, and harmonize the chakras. This resonance supports the recalibration of our energy system, allowing creativity and peace to flow.

Aromatherapeutic Massage for Face and Feet w/ Vyshnavi

This therapy is a deeply relaxing aromatherapeutic massage focusing on the face and feet. It is a unique integrative treatment that combines the principles of reflexology, marma therapy, lymphatic drainage, breathwork, and aromatherapy. Pure, therapeutic-grade essential oils are carefully selected based on the individual needs of each client. These oils are incorporated throughout the session, used during guided breathwork, applied to the chakras, and blended into massage oils for the face and feet, enhancing both physical and emotional well-being.

Energy Healing Reiki with Vyshnavi

An energy healing technique that promotes physical, emotional, and spiritual well-being by channelling universal life energy through the practitioner's hands. Practitioners gently place "vital energy" flows through the body; a Reiki practitioner gently places their hands on or near the client's body to help guide this energy to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

Holistic Foot Reflexology with Vyshnavi

Manual pressure is applied to specific "reflex points" of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, brings more oxygen & nutrients to the cells & helps reduce stress, improves digestion & promotes sound sleep.

Workshops:

- Pre-registration required

| Day, Date | Workshops | Timings | Presenters |
|-------------------|--|--------------|------------|
| Saturday, 4 July | Awareness Through the Body: Explorations | 9:15am—12pm | Amir |
| Saturday, 4 July | Introduction to Ayurveda & its Lifestyle | 2—4pm | Dr. Geeta |
| Saturday, 11 July | Panchakarma: Ayurvedic Purification Techniques | 2—4pm | Dr. Geeta |
| Saturday, 18 July | Face & Eye Yoga: Face Your Self | 2—4:30pm | Mamta |
| Saturday, 25 July | Awareness Through the Body: Explorations | 9:15am—12:pm | Amir |

Awareness Through the Body: Explorations with Amir

- Saturday, 4 July, 9:15am—12pm

Awareness through the body (ATB) facilitates a space for introspection to reconnect with oneself, by exploring tools and giving opportunities for inner discovery. ATB offers a means to increase our capacity to be present. ATB is an eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga. In the next sessions, we will explore the element of Space to cultivate contact with oneself and the world in a more intimate way. Explore tools, opportunities and space, to reconnect with yourself and increase your capacity to be present.

Introduction to Ayurveda & its Lifestyle with Dr. Geeta

- Saturday, 4 July, 2—4pm

Ayurveda, the ancient Indian medical system, includes Panchakarma, which is a set of five cleansing procedures. Learn the appropriate use of and principles behind these practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- Saturday, 11 July, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Anandhi

REGULAR YOGA CLASSES @ SAIER Conference Hall 6:45—8am

Suitable for all levels. Join Dev's yoga classes.

- To transform your Physical, Vital & Mental wellbeing
- Support lifestyle disorder & pain management

Our yoga classes:

- Monday: Hatha yoga class
- Tuesday: Dynamic Yoga
- Wednesday: Deep stretches, deep relaxation, OM chant
- Thursday: Intensive Yoga
- Friday: Pranayama (Awareness of breath)

For more details:

- Contact 9790171722, Dev
- Aurovilian & Newcomer: Contribution
- Savi Volunteers: Rs. 200/class or 2000/month &
- Guests: Rs 300/class or 3000/month

Dev

ARKA WELLNESS CENTER**July Program**arka@auroville.org.in, 0413 2623799**Treatments**

| Therapist | Treatments, When |
|--|---|
| Pepe | <ul style="list-style-type: none"> • Body Logic, Soft Massage, Deep Tissue Massage Monday to Saturday By appointment, +91 9943410987 |
| Silvana | <ul style="list-style-type: none"> • Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage Monday to Saturday, by appointment only +91 9047654157 |
| Antarjyoti <i>English</i> & <i>French</i> | <ul style="list-style-type: none"> • Psychospiritual Introspective Tarot Reading • Deconditioning Self Inquiry • I Ching oracle • Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr |
| Niyati Thakkar | <ul style="list-style-type: none"> • Integral Regression therapy • Integral Reiki healing • Holotropic technique breathwork Monday to Sunday, by appointment only, +91 7041391995, narayani-nc@auroville.org.in |

Classes

| Teachers | Classes | When |
|----------------------|-------------------------------|--|
| Damien | Acroyoga | By appointment only, +91 9047722740 |
| Rotem | Low impact strength training | Tuesday & Thursday, 7:30—8:30am By appointment only, +91 8056888715 |
| Aurosugan & Priyanka | Eye yoga and wellness retreat | Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709 |

Services**Aurokiya: Eye care center**

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, max. stay 3 weeks
- Contact Arka 0413 2623799,
arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680,
ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

For any details and queries, you can contact us at

- arka@auroville.org.in, 0413 2623799 Ramana

VEDIC PHILOSOPHY AND ASTROLOGY

Weekly Sessions in Vedic Philosophy

- Saturdays, 3:30—4:30pm IST

I host a free, weekly live session where we explore one idea from Vedic philosophy and reflect on how it applies to everyday life.

Each week, we take a concept from the Vedas, Gita, Upanishads, Yoga Sutras, or related texts, understand it in simple language, and sit with one small question or practice for the coming days. The sessions are conversational and reflective. About 30 minutes of sharing, followed by quiet reflection or a gentle interactive activity. This free to join.

You can join any week and step away anytime.

If this feels interesting, please register here:

<https://online.allthingsvedic.in/courses/Snippets-of-Hindu-Vedic-Philosophy-by-Vikram-Devatha>



Foundations in Vedic Astrology

I am starting a new cohort to learn to interpret your own birth chart using Vedic astrology, astronomy, Indian philosophy, and mythology. It is a year-long, beginner-friendly program. We meet weekly online, and the journey includes mentor support, reflective practices, and optional in-person retreats in South India near ancient temples.

The program is offered on a sliding scale to keep it accessible, and there is also a certification option through a reputed university in India.

Here is a presentation where I explain the structure, vision, curriculum, retreats, and practical details of the program:

- <https://www.youtube.com/watch?v=HZzeZA0JQQ>
- **Starts: September 2026**
- **Weekly timeslot:** will be decided with the group, most probably Saturdays
- **Duration:** 1 year; **Fees:** sliding scale

You can read the full details and sign up here:

- <https://www.allthingsvedic.in/laying-the-foundations>

Vikram

ANGAM TREE WELLNESS HUT
HEAL • RELAX • REJUVENATE

CONTACT FOR AN APPOINTMENT AND PRICE:

- 📍 Celebration Community, Near Svaram Sound Garden, Auroville - 605101.
- 📞 WhatsApp: +91 9751395939
- ✉ Email: angamtree@auroville.org.in
- 🌐 www.angamtree.com
- 📍 Google Map: [Angamtree Wellness Hut](#)

Angam Tree Services

- Ayurvedic Acupressure Deep Tissue Massage with Oil, Aromatic Breathing and Sound Healing, 70—80 minutes
- Ayurvedic Acupressure Deep Tissue Massage with Singing Bowl, 50—60 minutes
- Head, Back and Leg Massage with Little Oil and Sound Healing, 40-50 minutes

ANGAM TREE WELLNESS HUT
Sound Meditation & Healing Session

EVERY SATURDAY & SUNDAY
2:00 PM - 3:00 PM

VENUE: Angam Tree Wellness Hut, Celebration Community, Near Svaram Sound Garden, Auroville - 605101.

WHATSAPP: +91 97513 95939

RESERVATION REQUIRED

Without Oil Sessions

- Varma Pressure Points with Sound Healing without oil, 40—50 minutes
- Sound Healing for Individual, 40—50 minutes
- Sound Bath for Group of 6—8 People, 40—50 minutes

+91 9751395939 WA,

angamtree@auroville.org.in,

Raja for Angam Tree

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.



Offered by Kardash, whose training has been based on the wisdom and techniques of:

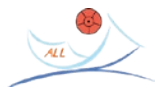
- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy.

- Meetings can be in-person in Auroville or online.
- For more details see www.innersightav.org or +91 9940934875 WA

Kardash

Languages



AUROVILLE LANGUAGE LAB Current Schedule of Classes

| Language | Description/ Level/ Teacher | Duration/ Cycle | Time & Day(s) of Classes |
|----------|----------------------------------|--|-----------------------------------|
| English | Intermediate with Ashwini | 24 hours (3 months) Started on 15 June | 5-6pm, Monday, Thursday |
| English | Pre-Intermediate with Riki | 12 hours (1 month) Started on 1 June | 4.30–6pm Monday & Wednesday |
| French | Intensive with Isabelle— NEW! | 20-hours (2 weeks) Started on 15 June | 11am–1pm, Monday to Friday |
| Tamil | Pre-Intermediate with Saravanan | 24-Hour (3 months) Started on 11 May | Monday & Wednesday 5:30–6:30pm |
| | Intermediate with Saravanan | 24-Hour (3 months) Started on 17 February CURRENTLY ON PAUSE | 9:30–10:30am, Tuesday & Friday |
| | Beginner with Saravanan | 24-Hour (3 months), Starting on 3 July | 9:30–10:30am, Tuesday & Friday |
| German | Beginner with Verena | 36-Hour (3 months) Started on 16 July | 9–10:30am, Tuesday & Friday |
| Hindi | Beginner with Ashwini | 24-Hours (3 months), Started on 15 June | 4-5pm, Monday, Thursday |

Schedule of Free Evening Practice Sessions

- **Mondays:** French Conversation with Isabelle/ Coco & Gaspard
- **Tuesdays:** Spanish Conversation with Gloria
- **Wednesdays:** Sanskrit Chanting with Remesh, 5:45—6:45pm
- **Thursdays:** English Conversation with Riki
- **Fridays:** Tamil Conversation with Prathiba
- **Tuesdays & Fridays:** Journal Club with Sophy, starts 30 June, Tuesdays and Fridays.

We are closed on Saturday afternoons from 12pm. Building tours and the Tomatis introductory film are therefore available by request only.

Contacts: 2623661 (Lab), 3509932 (Tomatis), 9843030355 WA

- www.aurovillelanguage.org/registration

Mita



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
Film Program 6—12 July

Cinema Paradiso programs at the MMC warmly welcome the community. Doors open 15 minutes before showtime and close once the film begins, so please arrive on time. For everyone's enjoyment, kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

Indian—Monday, 6 July, 8pm

Mini

India, 2018, Dir. Mainak Bhaumik, w/ Kamalika Banerjee, Mimi Chakraborty, and others, Drama, 114 mins, Bengali w/ English subtitles, Rated: PG.

The movie revolves around a little girl who lives with her mother and maternal grandma as her father has left them for another woman. Although Mini is mature enough, she fails to keep her cool when her classmates tease her about it. Mini's aunt Titli, on the other hand, is an independent woman, a fashion designer, who lives life on her own terms. At the same time, she respects family values.

Pot Pourri—Tuesday, 7 July, 8pm

Un Coeur a Louer (Lease on Love)

France, 2022, Dir. Michael Kennedy w/ Rebecca Liddiard, Dan Jeannotte, and others, Comedy-Romance, 86 mins, French w/ English subtitles, Rated: PG.

Poppy is a marketing specialist whose life is turned upside down when she fakes an engagement with her boss's handsome new client Milo, to win over her strict building manager and get Milo the penthouse suite.

Selection—Wednesday, 8 July, 8pm

Anna Pavlova—A Legend of World Ballet

USSR-France, 1985, Dir. Emil Loteanu, w/ Galina Belyaeva, Sergei Shakurov, and others, Biography-Drama-Music, 165 mins, Russian w/ English Subtitles, rated: PG.

The film is based on the biography of the legendary Russian ballerina Anna Pavlova. She became an internationally regarded ballerina after her performances in 1909 with the Diaghilev's Ballet in Paris and in London. Anna Pavlova eventually formed her own troupe. She made a successful world tour together with Viktor De'Andre, who was her husband and manager.

Interesting—Thursday, 9 July, 8pm

The Secret to Concentration

Germany, 2026, Dir. Christian Schidlowski, w/ Angelina Kohler, Jan Peter Konopinsky and others, Documentary, 49 mins, English w/ English Subtitles, Rated: PG.

How to increase your attention span. It investigates the science of focus in a highly distracted world by following three extreme performers: a world-champion swimmer, an air-traffic controller, and a professional e-sports player. The film suggests that improving focus requires developing routines, ensuring recovery, and setting clear goals to activate the brain's optimal performance states.

International Film Saturday, 11 July, 8pm

Listen to Your Heart

USA, 2010, Dir. Matt Thompson, w/ Alexia Rasmussen, Kent Moran, and others, Drama-Music-Romance, 102 mins, English w/ English, Rated: PG.

When Danny, a struggling musician, meets Ariana, a hearing-impaired girl, he falls in love with her. Although Ariana is unable to listen to his songs, she manages to inspire him to make great music.

Children's Matinee—Sunday, 12 July, 4pm

Sing 2

USA, 2021, Dir. Garth Jennings w/ Mathew Macconoughey, Resse Witherspoon, and others, Animation-Family, 110 mins, English w/ English Subtitles, Rated: PG.

With his theatrical company a local success, Buster Moon is dreaming of bigger things. Unfortunately, when a talent scout dismisses their work as inadequate for the big time, Buster is driven to prove her wrong, and he inspires his players to gamble everything to sneak into a talent audition in Reshore City for demanding entertainment mogul Jimmy Crystal.

Classic World Cinema—Sunday, 12 July, 8pm

Hamlet Goes Business

Finland, 1987, Dir. Aki Kaurismäki, w/ Pirkka-Pekka Petelius, Esko Salminen and others, Comedy-Romance-Drama, 86 mins, English w/ English Subtitles, Rated: PG.



Aki Kaurismäki transforms Shakespeare's inward masterpiece into a dour pastiche of film noir that sacrifices poetry and profundity for a memorable, distinctly cinematic mood. Infusing the hysterical precision of modernism with the anarchic bitterness of punk rock, Kaurismäki comes up with clever visual incarnations of many of the play's big moments and funny twists on some of its big lines.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us:

- mmcauditorium@auroville.org.in.

Krishna & Ramesh

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Families and children are welcome!
- Dinner for children will be served at 19:00. :)

Friday, 3 July

Last Chance to See—Amazonian Manatee

2009, 59 minutes, Tim Green

In the Amazon Basin, a conservation project works with local hunting communities to protect the endangered Amazonian manatee. By rescuing, rehabilitating, and releasing injured animals, the project aims not only to save individual manatees but also to foster greater appreciation for the species. With only a few thousand thought to remain in the wild, each successful release is significant. The episode follows the careful assessment and release of a rescued manatee, highlighting a hopeful approach to conservation through community involvement.

Aviram

Emergency Services

EMERGENCY SERVICES

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803;
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation—9999666555

India Emergency Response Service (24/ 7):

- 108

Accessible Auroville Public Bus



Auroville TO PONDICHERRY

| Monday to Saturday | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|---------------|---------------|---------------|
| Svaram Musical Center | 7:00 | 8:50 | 14:50 |
| Vérité Guest House—Junction | 7:02 | 8:52 | 14:52 |
| Town Hall—Main Parking | 7:06 | 8:56 | 14:56 |
| Solar Kitchen—Roundabout | 7:10 | 9:00 | 15:00 |
| Certitude Entrance | 7:12 | 9:02 | 15:02 |
| New Creation Road | 7:17 | 9:07 | 15:07 |
| SBI Bank—Kuilapalayam | 7:19 | 9:09 | 15:09 |
| ECR Junction—Aroma Guest House | 7:23 | 9:14 | 15:14 |
| Quiet Healing Center—Junction | 7:26 | 9:17 | 15:17 |
| Lotus Hotel—S.V Patel Salai | 7:36 | 9:30 | 15:30 |
| Ashram Road Junction | 7:38 | 9:33 | 15:33 |
| Ashram Dining Hall | 7:40 | 9:35 | 15:35 |



Pondicherry TO AUROVILLE

| Monday to Saturday | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|---------------|---------------|---------------|
| Ashram Dining Hall | 8:00 | 12:15 | 18:10 |
| Ashram Road Junction | 8:02 | 12:17 | 18:12 |
| Lotus Hotel—S.V Patel Salai | 8:07 | 12:22 | 18:17 |
| Quiet Healing Center—Junction | 8:17 | 12:32 | 18:27 |
| ECR Junction—Aroma Guest House | 8:20 | 12:35 | 18:30 |
| SBI Bank—Kuilapalayam | 8:25 | 12:40 | 18:35 |
| New Creation Road | 8:27 | 12:42 | 18:37 |
| Certitude | 8:32 | 12:47 | 18:42 |
| Solar Kitchen—Roundabout | 8:34 | 12:50 | 18:44 |
| Town Hall—Main Parking | 8:38 | 12:54 | 18:48 |
| Vérité Guest House—Junction | 8:42 | 12:58 | 18:52 |
| Svaram Musical Center | 8:45 | 13:00 | 18:55 |

Submitted by Raju, avbus@auroville.org.in

Electrical Bus

PRTC ELECTRIC BUS SCHEDULE

**Pondy—Auroville (JIPMER):
10EA**

| | | | | | | |
|-----------------------------------|------|------|-------|-------|-------|-------|
| Pondy Bus Stand | 5:00 | 7:40 | 10:20 | 13:00 | 15:40 | 18:15 |
| Indira Gandhi Statue | 5:05 | 7:45 | 10:25 | 13:05 | 15:45 | 18:20 |
| Murugaa Theatre (Accord Hotel) | 5:15 | 7:55 | 10:35 | 13:15 | 15:55 | 18:30 |
| JIPMER | 5:20 | 8:00 | 10:40 | 13:20 | 16:00 | 18:35 |
| Toll Gate (AIAT) | 5:30 | 8:10 | 10:50 | 13:30 | 16:10 | 18:45 |
| Hope (Adi Shakti) | 5:30 | 8:10 | 10:50 | 13:30 | 16:10 | 18:45 |
| Edayanchavadi | 5:35 | 8:15 | 10:55 | 13:35 | 16:15 | 18:50 |
| VC Parking | 5:40 | 8:20 | 11:00 | 13:40 | 16:20 | 18:55 |
| Alankuppam | 5:50 | 8:30 | 11:10 | 13:50 | 16:30 | 19:05 |

**Auroville—Pondy (ECR):
10EA**

| | | | | | | |
|-----------------------------------|------|-------|-------|-------|-------|-------|
| Alankuppam | 5:55 | 8:35 | 11:10 | 13:55 | 16:35 | 19:10 |
| VC Parking | 6:10 | 8:50 | 11:25 | 14:10 | 16:50 | 19:25 |
| Edayanchavadi | 6:10 | 8:50 | 11:25 | 14:10 | 16:50 | 19:25 |
| Reve (Aroma Garden) | 6:25 | 9:05 | 11:40 | 14:25 | 17:05 | 19:40 |
| Certitude (AV Security) | 6:25 | 9:05 | 11:40 | 14:25 | 17:05 | 19:40 |
| Kuilapalayam (SBI Bank) | 6:35 | 9:15 | 11:50 | 14:35 | 17:15 | 19:50 |
| Gaia's Garden (Mango Hill) | 6:45 | 9:25 | 12:00 | 14:45 | 17:25 | 20:00 |
| Bommayapalayam | 6:55 | 9:35 | 12:10 | 14:55 | 17:35 | 20:10 |
| Quiet Healing Centre | 7:05 | 9:45 | 12:20 | 15:05 | 17:45 | 20:20 |
| Serenity Beach | 7:05 | 9:45 | 12:20 | 15:05 | 17:45 | 20:20 |
| Sivaji Statue (Karuva-dikuppam) | 7:10 | 9:50 | 12:25 | 15:10 | 17:50 | 20:25 |
| Murugaa Theatre (Accord Hotel) | 7:15 | 9:55 | 12:30 | 15:15 | 17:55 | 20:30 |
| Indira Gandhi Statue | 7:20 | 10:00 | 12:35 | 15:20 | 18:00 | 20:35 |
| Pondy Bus Stand | 7:25 | 10:05 | 12:40 | 15:25 | 18:05 | 20:40 |



About N&N

NEWS AND NOTES GUIDELINES

Visiting hours: Monday & Tuesday, 10am—12pm

Hard deadline for submissions: Tuesday 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

AgniJata & Alexey,
NewsAndNotes@auroville.org.in

**Pondy—Auroville (ECR):
10EB**

| | | | | | | |
|-----------------------------------|------|------|-------|-------|-------|-------|
| Pondy Bus Stand | 5:30 | 8:10 | 10:45 | 13:30 | 16:10 | 18:50 |
| Indira Gandhi Statue | 5:40 | 8:20 | 10:55 | 13:40 | 16:20 | 19:00 |
| Murugaa Theatre (Accord Hotel) | 5:50 | 8:30 | 11:05 | 13:50 | 16:30 | 19:10 |
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**Auroville—Pondy (JIPMER):
10EB**

| | | | | | | |
|-----------------------------------|------|-------|-------|-------|-------|-------|
| Alankuppam | 6:50 | 9:40 | 12:15 | 14:45 | 17:40 | 20:20 |
| VC Parking | 7:00 | 9:50 | 12:25 | 14:55 | 17:50 | 20:30 |
| Edayanchavadi | 7:00 | 9:50 | 12:25 | 14:55 | 17:50 | 20:30 |
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| Toll Gate (AIAT) | 7:20 | 10:10 | 12:45 | 15:15 | 18:10 | 20:50 |
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| Murugaa Theatre (Accord Hotel) | 7:35 | 10:25 | 13:00 | 15:30 | 18:25 | 21:05 |
| Indira Gandhi Statue | 7:45 | 10:35 | 13:10 | 15:40 | 18:35 | 21:15 |
| Pondy Bus Stand | 7:55 | 10:35 | 13:10 | 15:50 | 18:35 | 21:15 |

**+91 8098776644,
Avvaiyar for ITS Team**

