

News & Notes

#1026, 9 May 2024

A weekly bulletin for residents of Auroville



Chinnar Wildlife Sanctuary, Painting by Roy

Like a hawk, a kite He settles on the Vessel and upbears it; in His stream of movement He discovers the Rays, for He goes bearing his weapons: He cleaves to the ocean surge of the waters; a great King, He declares the fourth status. Like a mortal purifying his body, like a war-horse galloping to the conquest of riches He pours calling through all the sheath and enters these vessels.

Rig Veda

Pondering



What lies beyond? Not a Nihil, not a void; for there is no such thing as absolute void or real nullity and what we call by that name is simply something beyond the grasp of our sense, our mind or our most subtle consciousness. Nor is it true that there is nothing beyond, or that some ethereal substance of Matter is the eternal beginning; for we know that Matter and material Force are only a last result of a pure Substance and pure Force in which consciousness is luminously self-aware and self-possessing and not as in Matter lost to itself in an unconscious sleep and an inert motion.

Material substance. Sense, Life, Thought found themselves upon what the ancients called the Earth-Power,

Here in the material world everything is founded upon the formula of material substance. Sense, Life, Thought found themselves upon what the ancients called the Earth-Power, start from it, obey its laws, accommodate their workings to this fundamental principle, limit themselves by its possibilities and, if they would develop others, have even in that development to take account of the original formula, its purpose and its demand upon the divine evolution

**The Ascending Series of Substance,
The Life Divine,
Sri Aurobindo**

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House of Mother's Agenda



(continued from last week)

A treasure misspent or cheaply, fruitlessly sold
In the bazaar of a blind destiny,
A gift of priceless value from Time's gods
Lost or mislaid in an uncaring world,
Life is a marvel missed, an art gone wry;
A seeker in a dark and obscure place,
An ill-armed warrior facing dreadful odds,
An imperfect worker given a baffling task,
An ignorant judge of problems Ignorance made,
Its heavenward flights reach closed and keyless gates,
Its glorious outbursts peter out in mire.

On Nature's gifts to man a curse was laid:
All walks inarmed by its own opposites,
Error is the comrade of our mortal thought
And falsehood lurks in the deep bosom of truth,
Sin poisons with its vivid flowers of joy
Or leaves a red scar burnt across the soul;
Virtue is a grey bondage and a gaol.

At every step is laid for us a snare.

Alien to reason and the spirit's light,
Our fount of action from a darkness wells;
In ignorance and nescience are our roots.

A growing register of calamities
Is the past's account, the future's book of Fate:
The centuries pile man's follies and man's crimes
Upon the countless crowd of Nature's ills;
As if the world's stone load was not enough,
A crop of miseries obstinately is sown
By his own hand in the furrows of the gods,
The vast increasing tragic harvest reaped
From old misdeeds buried by oblivious Time.
He walks by his own choice into Hell's trap;
This mortal creature is his own worst foe.

His science is an artificer of doom;
He ransacks earth for means to harm his kind;
He slays his happiness and others' good.
Nothing has he learned from Time and its history;
Even as of old in the raw youth of Time,
When Earth ignorant ran on the highways of Fate,
Old forms of evil cling to the world's soul:
War making nought the sweet smiling calm of life,
Battle and rapine, ruin and massacre
Are still the fierce pastimes of man's warring tribes;
An idiot hour destroys what centuries made,
His wanton rage or frenzied hate lays low
The beauty and greatness by his genius wrought
And the mighty output of a nation's toil.

All he has achieved he drags to the precipice.
His grandeur he turns to an epic of doom and fall;
His littleness crawls content through squalor and mud,

He calls heaven's retribution on his head
And wallows in his self-made misery.

A part author of the cosmic tragedy,
His will conspires with death and time and fate.

His brief appearance on the enigmaed earth
Ever recurs but brings no high result
To this wanderer through the aeon-rings of God
That shut his life in their vast longevity.

His soul's wide search and ever returning hopes
Pursue the useless orbit of their course
In a vain repetition of lost toils
Across a track of soon forgotten lives.
All is an episode in a meaningless tale.

Why is it all and wherefore are we here?

If to some being of eternal bliss
It is our spirit's destiny to return

Or some still impersonal height of endless calm,
Since That we are and out of That we came,
Whence rose the strange and sterile interlude
Lasting in vain through interminable Time?

Who willed to form or feign a universe
In the cold and endless emptiness of Space?

Or if these beings must be and their brief lives,
What need had the soul of ignorance and tears?

Whence rose the call for sorrow and for pain?

Or all came helplessly without a cause?

What power forced the immortal spirit to birth?

The eternal witness once of eternity,
A deathless sojourner mid transient scenes,
He camps in life's half-lit obscurity
Amid the debris of his thoughts and dreams.

Or who persuaded it to fall from bliss
And forfeit its immortal privilege?

Who laid on it the ceaseless will to live
A wanderer in this beautiful, sorrowful world,
And bear its load of joy and grief and love?

Or if no being watches the works of Time,
What hard impersonal Necessity

Compels the vain toil of brief living things?

A great Illusion then has built the stars.

But where then is the soul's security,
Its poise in this circling of unreal suns?

Or else it is a wanderer from its home
Who strayed into a blind alley of Time and chance
And finds no issue from a meaningless world.

Or where begins and ends Illusion's reign?

Perhaps the soul we feel is only a dream,
Eternal self a fiction sensed in trance.'

(to be continued next week)

Sri Aurobindo, Savitri, A Legend and a Symbol

Book Six: The Book of Fate

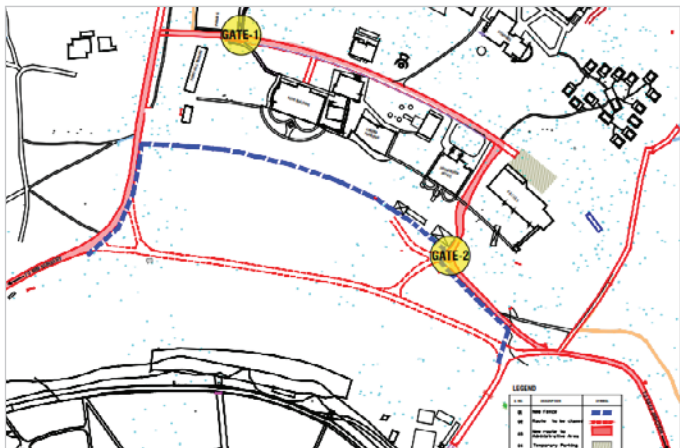
Canto Two: The Way of Fate and the Problem of Pain

<https://incarnateword.in/cwsa/34/the-way-of-fate-and-the-problem-of-pain>

With love and gratitude, Gangalakshmi (HOMA)

Townhall Speaks

CLOSING THE ROAD on Matrimandir Northern Fence Line



Dear Auroville Community, the unpaved road between Matrimandir and Town Hall, going from the Matrimandir Worker's gate, passing in front of Cinema Paradiso, to the Y intersection near the Matrimandir Office Gate will be permanently closed in a few days. This is owing to the Matrimandir Lake team expanding its excavation work in front of Town Hall. This road was never meant to be a permanent road, therefore this road closure takes us to the next step of preventing the city center from being used as a shortcut for those seeking to go from one end of Auroville to the other.

The enclosed map shows how the Administrative Area buildings/ Town Hall campus can now be accessed and where the temporary parking (currently in front of the Paradiso) can shift to.

For the time being, until the Crown is complete, the Administrative Area can be approached from the west (MM Nursery side) and the east (Surrender/ Gaia junction side), and the Town Hall campus can be entered into from the two gated ends i.e. the ACUR end gate and the Foundation gate.

Regarding the temporary parking in front of Cinema Paradiso which is currently used by many, a shaded space for temporary parking exists behind the SAILER building (photos attached) which can be used by those entering the campus from the Foundation side.

Dr G. Seetharaman (MS), Govind, Jaya, Ponnusamy,
Sindhuja & Toby

Community News

Awakening Spirit

Savitri
B H A V A N

Schedule May 2024

Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall.
- **A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor

This month

- No Films
- No Mudra Chi
- No OM Choir

Full Moon Gathering

- Thursday, 23 May, 7:15—8:15pm
in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays 10—11:30am:** Bases of Yoga Book Reading Circle led by Debashish
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday 9—5

The Dream Divine Series: Building Matrimandir—A Labour of Love, Auroville 1971—2008

- In the Sangam Hall of Savitri Bhavan
on Wednesday, 15 May, 4:30—5:30pm

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to introduce newcomers to the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and The



Mother and the Integral Yoga. There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Bases of Yoga—The Mother's Talks: An Interactive Book Reading Circle

- Every Saturday, 10—11am

'One must truly say, Yes I want to progress with sincerity ... whatever happens, I want to progress. Then it comes'. The Mother

During September 1954—May 1955, the Mother took up Sri Aurobindo's book 'Bases of Yoga' in her Wednesday classes for comments and answers to questions. In this reading circle we will explore those powerful and transformative words expressed by the beloved Mother, to understand the meaning of 'Yoga' and how we can adopt the teaching in our daily life (*This Book is part of collected works Vols. 6 and 7*).

- Free for all. Join us every Saturday 10—11am

Venue: Garden Room, Savitri Bhavan

- For more details, contact Debashish,
7678208825 WA, b.deb253@gmail.com

Everyone is welcome

Dhanalakshmi for Savitri Bhavan

BHARAT NIVAS PRESENTS

**A weekly study circle on The Synthesis of Yoga
Sri Aurobindo By Deepti Tewari**

A weekly study circle on

The Synthesis of Yoga
- Sri Aurobindo



By Deepti Tewari

The Mother's very last message to Auroville

"Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work.

"To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga."
27.03.1973

"Programme: Research through experience of Supreme truth. A Life Divine. But no religions."
02.05.1970

4:30 pm - 5:30 pm
Every Tuesday

Venue :

Resource Library,
Bharat Nivas, Auroville

Scan for Location



The Mother's very last message to Auroville

'Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of Work'

'To live in Auroville means to do the Yoga of Work. So all Aurovilians must take up a work and do it as a yoga.

27.03.1973

'Programme: Research through experience of Supreme truth. A Life Divine. But no religions.'

02.05.1970

Parking available outside at the Bharat Nivas Main Gate

**Monisha,
BN Team**

AMPHITHEATRE—MATRIMANDIR

Meditation

with Savitri read by Mother to Sunil's music

Every Thursday, 6—6:30pm (weather permitting)

Every Thursday at sunset, Meditation with Sri Aurobindo's long mantric poem, Savitri read by Mother to Sunil's music. We follow the sun and the timing changes with the season...

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you and note that access is for the Amphitheatre only from 5:45pm and until meditation ends.

Surya for Amphitheater team





BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

*To my dear little child
The eternal Mother
eternally embraces her
child.*

Calendar of regular events of May 2024

Every Thursday 6:00 - 6:30pm
Meditation

9th & 23rd Thursday 6:30 - 7.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

23rd, Thursday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

Location



kshetram2014@auroville.org.in

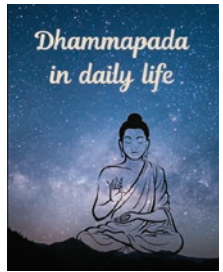
SATSANGA ON DHAMMAPADA IN DAILY LIFE

12 May, Sunday to 8 June (4 Weeks)

5am—6am every day, Online Zoom Call

We warmly invite you for an online Satsanga to integrate the teachings of Dhammapada in our day-to-day life. We will be referring to the original verses in Pali and also Commentaries on the Dhammapada by The Mother as a guidance to integrate these pearls of wisdom offered by Gautama Buddha into our everyday life.

We request that participants commit to attending everyday for the first three days (Sunday, 12 May to Tuesday, 14 May) and then decide whether they would like to continue or not for the remaining period of the Satsanga.



- **Why and What:** Absorb all the 26 chapters of the Dhammapada and hold space for individual and collective reflections, practices, experiments and above all—Divine Grace.
- **How:** श्रवण, मनन, नदिधियासन (Listening, Reflecting, Self-enquiry & Embodiment)
- **Which Language:** English will be the primary means of communication and we also will listen to the original Dhammapada verses in Pali/Hindi and sometimes also Commentaries on the Dhammapada by The Mother audio in French. The reflections can be shared in any language preferred by the participant.
- **Who:** Whether you are a beginner or well-versed with Dhammapada, the format welcomes all to learn and share together.

In this collective learning journey, we will all progress together, each at his/her pace. If this interests you and you'd like to participate then please sign up on:
<https://tinyurl.com/dhammapadasatsanga>

- **To know more,** feel free to connect with us
devabhasha@auroville.org.in

Deven

PERFECTING MATH

For Grades: Students going to 7th and 8th

Duration: 03/06/2024—28/06/2024

(3 days a week—1 hour each)

- **Objectives**

- Revisit Arithmetic, Algebra, and Geometry from previous grades.
- Figure out gaps in understanding
- Focus on improving conceptual understanding and accuracy in calculations.



Perfecting Math

- **Materials Needed (will be provided)**

- Notebook (squared)
- Ball pan (blue or black), correction pen (green), 2 pencils, Eraser, Sharpener
- Geometry toolbox
- 1 File folder

- **Register by 26 May**

Snehal

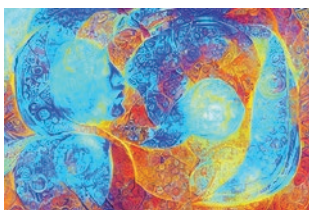
INTEGRAL MATHEMATICS:

A Journey of Insight and Inspiration

Understanding Purusha

- 25 May, 4—5pm
- Sangam Hall Savitri Bhavan

Embark on a transformative journey through the qualitative realm of mathematics, where the mind's eye uncovers profound insights and timeless wisdom. In this illuminating lecture series, we delve deep into the essence of mathematics and its profound impact on the human spirit.



1. Section 1:

'Echoes of Wisdom': Delve into the sacred texts of ancient Sanskrit scriptures, including Vedic and Vedantic teachings, resonating with the wisdom that transcends time. Explore the same texts that ignited the intellectual flame within Sri Aurobindo, illuminating pathways to understanding mathematics in its purest form.

2. Section 2:

'Insights Illuminated': Navigate the corridors of knowledge as we revisit the profound commentary and insights of Sri Aurobindo. Gain clarity and depth in your comprehension of mathematics through the lens of a visionary sage, enhancing your appreciation for its qualitative dimensions.

3. Section 3:

'Inspirations Unveiled': Trace the footsteps of the greatest mathematicians in history and uncover the narratives behind their revolutionary discoveries. Connect with the human spirit that propels mathematical exploration, finding resonance in their journeys of insight and revelation.

Through these three enlightening sections, we invite you to integrate and nurture the qualities of insight, intuition, and intellectual depth that mathematics cultivates within the receptive mind. Join us as we embark on a quest to unravel the qualitative tapestry of mathematics, illuminating the path to greater understanding and enlightenment.

Snehal

AUROVILLE SCHOOLS STEAM ADVENTURE

Drawing inspiration from the successful Arts and Craft Camp that saw Auroville teachers come together and co-create a nourishing and learning experience for our children, we are organizing 'Auroville Schools STEAM Adventure' for all the students of Auroville. Parents can enroll their children by filling the appropriate google form below:



Discover, Innovate, Create
Auroville Schools STEAM Adventure!

SPARK YOUR CHILD'S IMAGINATION AND DIVE INTO A WEEK OF THRILLING STEAM (SCIENCE, TECHNOLOGY, ENGINEERING, ART AND MATH)

Join us for lots of fun
Scan to register now!

MON 27 MAY TO FRI 31 MAY
9:00 am - 12:00 pm
Bharat Nivas
For 8-12 year children

- https://docs.google.com/forms/d/1Qp0agsBwtFjzbPH9VSfOZ0Xp40ay7_a-0QNiVI6i0q8/edit

Features:

- Dive into a week of dynamic STEAM activities
- Hands-on exploration ignites creativity and curiosity
- Led by passionate Auroville school educators and senior students
- Join us for lots of fun

AV Schools STEAM Camp
Scan to Register Now

Location: Bharat Nivas

Date: Mon 27 May to Fri 31 May
Time: 9:00 am - 12:00 pm
Eligibility: 13+ years

Features :

- ✓ Engaging STEAM activities
- ✓ Hands-on learning experiences
- ✓ Hosted by Auroville School Teachers
- ✓ *Special focus on Leadership, Teamwork and Collaboration*

An orientation session will be held on Saturday 25th May

- For any queries write to saiier@auroville.org.in
Anupama, Radhakrishna, Yasmin, Anna,
Poovizhi and Nilima.

VOLUNTEERS FOR SUMMER PROGRAM For Kindergarten Children

6 to 31 May, Mondays, Wednesdays and Fridays

We would like to invite the volunteers who are interested in taking part in the summer program from 6 to 31 May 2024 for 3 alternative days in a week (Monday, Wednesday and Friday).

The timings will be 9am to 12pm in Nandanam Kindergarten and Centerfield Kindergarten.

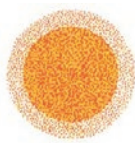
Meeting will be held on Thursday, 25 April at 1:30pm at Nandanam Kindergarten to discuss the details of the program and overview

K.Lakshmi

INTEGRAL APPROACH TO PHYSICAL EDUCATION

One year course in Auroville

The Auroville Physical Education Board (AV-PEB, SAILER) has designed a teachers' training foundation course for physical education (PE) teachers in Auroville (AV). This comprehensive program has been designed to cover basic aspects of PE teaching in AV as well as understanding physical education in the Light of Sri Aurobindo and The Mother.



The aim is to create, in years to come, a new sports teaching squad for AV, with sports teachers having knowledge of sports science as well as practical training, with a deeper understanding of the spiritual significance of the human body. This new squad will be better equipped and more effective in implementing physical education, conducting research and in offering services to AV schools and community.

Key Components of the Course

Integral Education Principles

- **Main Facilitator**
 - **Praveen**, Member of PE Committee of Sri Aurobindo Ashram
- **Major Topics**
 - Introduction to Integral Yoga
 - Auroville Aims and Ideals
 - Understanding the Integral Approach to Education
 - Spiritual and Mental Well-being
 - Yoga and Meditation Practices
 - Psychological Aspects of Physical Education
 - Stress Management Techniques

Sports Sciences

- **Main Facilitator**
 - **Savitri**, BSc Sports Science/Nutrition
MSc Sports Nutrition
- **Major Topics**
 - Anatomy and Physiology
 - Biomechanics
 - Exercise Physiology
 - Sports Nutrition
 - Sports Injuries and Rehabilitation
 - Sociology of sports

Practical Training

- **Main Facilitators**
 - **Pedro**, BSc Sports Science, MSc Sports Science, PhD Sports Science
 - **Ruben**, Mental Health Educator, Martial Arts trainer and practitioner,
- **Major Topics**
 - Teaching Practicum in Auroville Schools
 - Pedagogy and Teaching Methodologies:
 - Teaching Games for Understanding (TGFU)
 - Lesson Planning and Implementation
 - Assessment and Evaluation Techniques
 - Classroom Management Strategies
 - Mentorship and Feedback Sessions
 - Project Implementation in Physical Education Settings
 - First aid training

Criteria for Participation

- The course is open to ALL and will prioritize those who wish to become PE teachers in AV.
- The foremost task from the participants for this program is:
 - Commitment to learn
 - Commitment to attend fully

Requirement on enrolment

To begin with, the course is designed for those who can give a part time commitment six days a week, including practicum/teaching sports at various AV schools from 2.30 to 5pm Monday through Friday. Throughout the year, there will be ongoing assessment of participants' quality of work as well as at the end of the year an assessment and review in order to reach a PASS grade.

Support for Aurovilians and Newcomers

In order to make it possible for as many participants as possible to attend this course AVPEB will work towards ensuring material support for the participants. We would like no aspirant to miss this opportunity due to a financial constraint or concern.

At the end of this course each participant will be able to integrate the new PE teaching squad in AV and be a teacher on par with the other teachers of AV.

Contact

All those you feel called and those who would like to know more, please click on the link or scan the QR code below to [fill the form](#)

Nilima for SAIER



SUMMER CAMP at our Kulai Creative Centre—May'24 Need your support!



At our Kulai Creative Centre, we conducted a Summer Camp each year in May for our students who are participating in various Activities throughout the year. And we wish to delight them by conducting many types of fun activities and outings during their summer holiday breaks including lunch and snacks, while their parents are still working.

Most of the children are from our AV Bioregion. These children will range in age from 10 to 17.

- Trip to Kodai for Four Days (A Hill Station in South India)
- Visit to Matrimandir and Many other places in Auroville.
- Eye care sessions by Aurokiya Eye Care.
- Many fun games and activities
- Free lunch and free snacks

Any sort of support is welcome! **For your support:**

- <https://aviusa.org/?form=Kulai>
- <https://auroville.org/page/donate-from-india>
- **From Auroville: FS account 240051, Kulai Creative Centre Collection**

For contact: +91 8608473385,

- kulaicreativecentre@auroville.org.in or
- kulaicreativecentre.auroville@gmail.com

Selva from KCC

AUROVILLE LIBRARY

Weekly Timings

- **Mornings:** Monday—Saturday, 9am—12:30pm
- **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

Story time At the Auroville Library!

Every Saturday, 10—11am: Children's storytime.

- **Contact:** 0413 2622894, avlib@auroville.org.in.

Kristen, for the Auroville Library

SUMMER CAMP WITH ENLIGHT

May and June



ENLIGHT
Light of Auroville

SUMMER CAMP

Age 10-15 **Months**
May and June

Activities:

- Art and craft workshop
- Drumming workshop
- Swimming class

Contact Anand
enlight@auroville.org.in
+91 9159468946

Age 10—15, Activities: Art and craft workshop, Drumming workshop, Swimming class

- **Contact Anand:**

- enlight@auroville.org.in, +91 9159468946

Arun, Anand and Balaji

Health Care

AUROKIYA

Integral Eye Centre

Arka, Auroville

Therapeutic Eye Compress Sessions (For) Digital Eye Strain & Dry Eye

- **Digital screen exposure** reduces Meibomian (tear) gland secretion, leading to tear-film instability and Dry Eye. Dry Eye damages the eye surface causing eye strain, itching, irritation, redness, watering or headache
- **Therapeutic Eye Compress** offer protection and relief from Digital Eye Strain and Dry Eye



Consult us for More Information

- aurokiya@gmail.com, www.aurokiya.com

*Aurosugan
for Aurokiya Eye Care*

SANTÉ SERVICES, MAY 2024



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr.Senthil: Monday to Friday	Nurse Care. Thilagam, Ezhil, Archana, Sandhya. Daily, No appointment necessary
Ayurveda with Dr.Be: Monday/ Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: Monday/ Tuesday/ Wednesday/ Friday/ Saturday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email adminsante@auroville.org.in	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

- In Santé, we value our patient’s confidentiality & make every effort to ensure their privacy.*
- In case of cancellation or to reschedule, it is necessary to inform us in advance.*

Dasha for Sante Services,
sante@auroville.org.in, <http://sante.auroville.org.in>

AURODENT DENTAL CLINIC



Dental Clinic
 Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What’s up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sudha

MAATRAM

Closing For The Month Of May

Maatram will not conduct any OCH sessions (Open Consultation Hours) as we will remain closed for the month of May 2024.



Megha for Maatram

maatram

International

NEW CO-WORKING SPACE!

The **European House** is pleased to welcome you in its co-working space. Come benefit from our wifi and the quiet of our place to focus and get your work done !

New co-working space !

- Mon 8:00AM to 12:00PM
- Tues 8:00AM to 12:00PM
- Thur: 8:00AM to 12:00PM

GOOD WiFi 20 Chairs FREE Tea

- **What you can offer?:** Free contribution, Help us pay our internet bills and improve the place !
- **What you Get:** A quiet environment, Come enjoy the quiet of our conference room 3 mornings a week!
- **A place you can privatize!**

Do you need a place to host a meeting? A workshop? Or any other group activity: Send a request and book the place!

- **Good WiFi, 20 Chairs, Free Tea**

+33 695524430, europa.house.auroville@gmail.com

Marie

Ecology

ECO SERVICE

Is Revising Its Tariff

Dear Community members, the Eco Service is revising its Tariff, after 5 years. Every year the general costs go up at least 10% and things have become dearer post lockdowns. Our employee wages, staff welfare, material, infrastructure maintenance and operational costs all have become considerably costlier than 5 years ago.



The revision is as follows

Residential & Educational Establishments:	Previous	Revised
Glass, Plastic & Paper	40/bag	70/bag
Mixed/Unsegregated Waste & Landfill	100/bag	175/bag
Sanitary	150/bag	175/bag
Commercial Establishments:	Previous	Revised
Glass, Plastic & Paper	40/bag	100/bag
Mixed/Unsegregated & Landfill	100/bag	200/bag
Sanitary	150/bag	175/bag

Mixed use spaces where residences and commercial units are combined will be charged as per the Commercial tariff.

Commercial establishments include:

- Units, Restaurants, Guest Houses

We would like to once again remind all community members the following:

- Please do not send us pillows, mattresses, clothing, ceramics or books that can be sent to either the Free Store or given to the Library.
- Please rinse bottles of medicines, honey, creams, pickles, sauces before binning.
- Please send the milk, jam and soy milk bottles to either PTDC or PTPS
- Please bring in your E-waste items directly to Eco Service whenever possible instead of putting them into the bins.

Do keep in mind that effective segregation at source will surely result in lower billing as well as in reducing our workload.

- The revised tariff will come into effect w.e.f. 01.06.24 (1 June 2024)

Summit for The Eco Service

ecoservice@auroville.org.in, 7598911090 WA

The Arts



BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

**In Collaboration With Aurodhan Pondicherry
Presents**

Uniting With Inner Movements

- Saturday, 11 May, 7pm
- @ Sri Aurobindo Auditorium

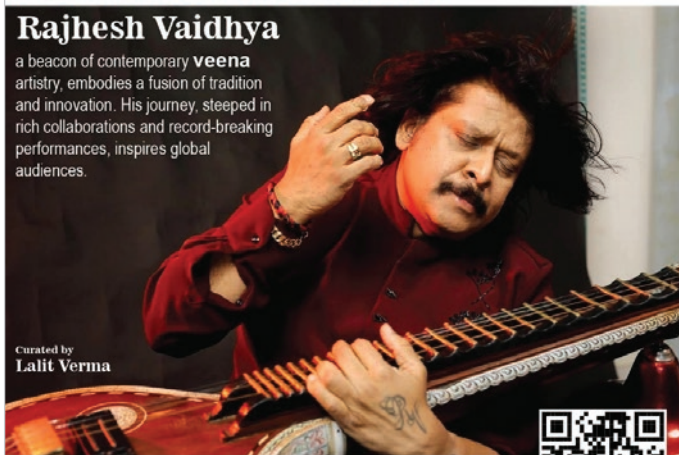
**UNITING WITH
INNER MOVEMENTS**

"While there, one can be wider than the world; While there, one is one's own infinity."
- Sri Aurobindo (Savitri)

Rajhesh Vaidhya

a beacon of contemporary **veena** artistry, embodies a fusion of tradition and innovation. His journey, steeped in rich collaborations and record-breaking performances, inspires global audiences.

Curated by
Lalit Verma



Scan for Location

07:00 Pm - Saturday, 11th May 2024

**Sri Aurobindo Auditorium,
Bharat Nivas, Auroville**

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Bharat Nivas Main Gate

'While there, one can be wider than the world, While there, one is one's own infinity.' Sri Aurobindo (Savitri)

Rajhesh Vaidhya, a beacon of contemporary veena artistry, embodies a fusion of tradition and innovation. His journey, steeped in rich collaborations and record-breaking performances, inspires global audiences.

- **Curated** by Lalit Verma
- **Enquiry Contact:** Krishna at +91 97878 80211

Parking available outside at the Bharat Nivas Main Gate

Monisha, BN Team

Gatherings

KARAOKE PIZZA NIGHT Saturday, 11 May, 7—10pm

KARAOKE PIZZA NIGHT

7:00 - 10:00 PM

Youth Center

Saturday 11th May

Pick your slice
Sing your heart out
& share the joy
of music & pizza



& Youth Center

Dear Community, YouthLink & Youth Center are thrilled to extend its warm invitation to you for an exciting Karaoke Pizza Night! Join us for an unforgettable evening where you can sing your heart out while relishing on delicious pizza.

Whether you believe you have the voice of a professional or you're just a shower singer, this event is tailor-made for everyone to come together, have a blast, and foster a sense of togetherness within our community. Don't forget to bring your favorite song to share with us!

Looking forward to seeing you there!

Gautam

Multiple Activities

BHARAT NIVAS

Regular Workshops, Classes & Exhibitions





BHARAT NIVAS
 भारत निवास பாரத் நிவாஸ்
 The Pavilion of India, Auroville



REGULAR WORKSHOP, CLASS & EXHIBITION

- 

MONDAY TO FRIDAY
 06:00 AM - 07:00 AM
KALARIPAYATTU CLASS at Bhumika Hall
- 

TUESDAY & THURSDAY
 06:30 PM - 08:30 PM
FENCING CLASS at Harmony hall
- 

MONDAY, WEDNESDAY & FRIDAY
 06:30 PM - 09:30 PM
TANGO CLASS at Harmony hall
- 

TUESDAY
 04:30 PM - 05:30 PM
THE SYNTHESIS OF YOGA at Resource Library
- 

FRIDAY
 11:00 AM - 12:00 PM
SAVITRI STUDY CIRCLE at Resource Library
- 

WEDNESDAY
 05:45 PM - 06:55 PM
INTEGRAL HEALING at Bhumika Hall
- 

MONDAY TO SATURDAY
 09:30 AM - 12:30 PM
RESOURCE LIBRARY at 1st Floor - Bhumika Building

EXHIBITIONS - MONDAY TO SUNDAY

- 

09:00 AM - 05:00 PM
THE DAWN OF AUROVILLE - PHOTO EXHIBITION at Kala kendra
- 

09:00 AM - 04:30 PM
WILDLIFE ART GALLERY at Old LOE Building (old post office)
- 

09:00 AM - 04:30 PM
THE CITY THE EARTH NEEDS at India Space

Enquiry Contact: Krishna at +91 97878 80211
 Parking available outside at the Bharat Nivas Main Gate

Theatre & Dance Activities

DANCE CLASSES BY MANI

Salsa Dance Class



Choose your Dance

- ✓ Bachata Dance
- ✓ kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now

+91 86376 33696

Bakisata_dance

SALSA DANCE CLASS

Tuesday salsa class 6:30 pm
Saturday workshop 7:0 pm

New creation, dance studio
Embrace the Rhythm and Let Go!

Tango Dance

MONDAY
Beginner 6:30 to 7:30 pm
Intermediate 7:30 to 8:30pm

FRIDAY
Workshop 6:30 to 7:30pm
Open practice 7:30 to 8:30pm

Auroville, cripa

CONTACT US BY

+91 86376 33696

Bakisata_dance

TANGO DANCE



Submitted by Mani

A CALL TO CO-CREATE

Multidisciplinary Improvisation Lab

Thursdays, 5—7pm @ Cripa Small Hall

Through Dance, Move, Visual Arts, Poetry, Spoken Word, Theater. And Music

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

A CALL TO CO-CREATE
MULTIDISCIPLINARY IMPROVISATION LAB

THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
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- Safe space for artistic exploration.
- Self-motivated creation.
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- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL
DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

Discover The Boundless Potential Of Collaborative Improvisation

Krishna

AUROVILLE TANGO

Stanna
STUDY
TANGO

AUROVILLE TANGO
APRIL
New batch starts
the first week of each month

MON 19:00 Introduction to Tango 20:00 Opensource	WED 19:30 Guided Practica 20:00 Practilonga
---------------------------------------------------------------------	----------------------------------------------------------------

HARMONY
Bharat Nivas

No partner required.
Bring socks or dance shoes.
And plenty of joy!

@ Harmony Hall,
Bharat Nivas

New batch starts the first week of each month

- **Monday**
 - 7pm—Introduction to Tango,
 - 8pm—Open Source
- **Wednesday**
 - 7:30pm—Guided Practica,
 - 8pm—Long Practice

No partner required.
Bring socks or dance shoes.
And plenty of joy!

- +91 9821166082, tango@auroville.org.in

Submitted by Maud

ZUMBA WITH PREETI

New Creation Dance Studio
Sweatout & Smile
Every Mondays!

ZUMBA

With **P**reeti

For regular classes
DM: 8281746763

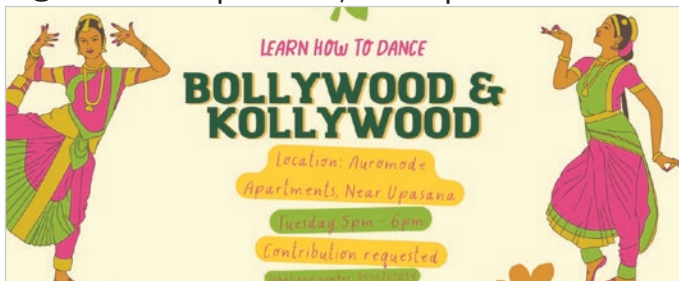
Zumba classes are happening
@ New Creation Studio, every Monday, 6pm
For regular classes DM: 8281746763

Submitted by Vega

JOIN OUR BOLLYWOOD DANCE SESSION

@ Auromode! Every Tuesday, 5—6pm

@ Auromode Apartments, Near Upassana and CSR



Learn How To Dance Bollywood & Kollywood, Tosalion, Au-
rzmedt! For more information and to reserve your spot, contact:
balaganesh.siva@gmail.com, +919446762034 WA only

Don't miss out on the chance to add some Bollywood and
Kollywood flair to your dance repertoire. See you on the
dance floor! Contribution Requested.

Balaganesh SIVA

Music and Art Activities

CREEVA ART ACTIVITIES

Centre for Research Education
Experience In Visual Arts



Our Art Activities:

- **Watercolor Landscape** by Sathya
Wednesday 5—7pm.
- **Figurative Drawing Session**
Friday 5—7pm.
- **Root Of Art** by C. Sivacoumar to know the basic value
of art, contact: +91 8870129626
Saturday 4:30—6:30pm.
- **Portrait by Sathya.** All
art lovers! Looking for
a unique and person-
alized portrait experi-
ence? I'm offering live
portrait sketches and
paintings done within
about 30 minutes of
your sitting. Capture
your essence in a
beautiful artwork. Let
me know to book your session.



Open Studio is a creative space where individuals can ex-
plore various forms of visual art, such as Printmaking, Draw-
ing, Painting, Recycled art, Installation, Collage, Sculpting,
and more. Art supplies are provided, and you are welcome
to stay as long as you'd like during your session. A facilitator
will be available if you need assistance.

- The studio is open
from 12:30 to 4:30pm, Monday to Friday.
- If you plan to attend at other times, please inform in
advance, contact Abi +919042058981.

CREEVA Studio, Creativity Community
sathyacolour@auroville.org.in,
+91 9486145072 WA, Sathya

EXPLORE

WaterColor Techniqu

- Wednesday & Saturday,
10am—12pm @ At Unity Pavilion
- Art with Mr. K. Janakiraman
- For More Details
9443648774, 7558401106

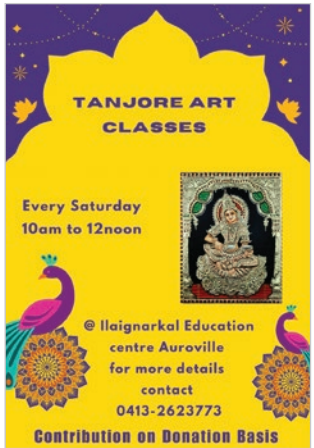
Submitted by Arun



TANJORE ART CLASSES

Every Saturday, 10am—12noon
@ Ilaignarkal Education center

Tanjore Paintings Hold Cultural And Religious Significance, originating In Tamil Nadu, India. They Depict Hindu Deities And Mythology With Vibrant Colors and Intricate Details. The Use Of Gold Leaf Adds Opulence, Reflecting the Region's Artistic Heritage. These Paintings Serve Representations Of South Indian Art, Preserving Traditional Techniques and Contributing to The Rich Tapestry Of India's Cultural History



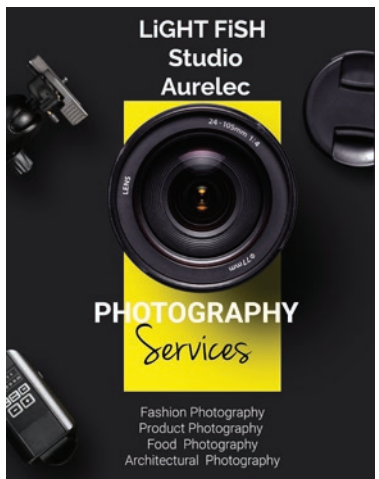
- For more details contact 0413 2623773
- Contributions on Donation Basis

Ayyanar

LIGHT FISH PROFESSIONAL PHOTOGRAPHY STUDIO


Photography Services

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography



Samvit Blas, Light Fish,
9442526287,
sales@light-fish.com

SVARAM
SOUND EXPERIENCE
SOUND JOURNEY
Starting 10th April onwards
Wednesdays, 5:30-6:30 pm
SVARAM Atelier, 2/F UTSAV Building



We are inviting you to an especially curated Sound Journey Pre-registration required . Maximum 20 participants Please scan the QR Code below for details or email us at svaramprograms@auroville.org.in *Timon for SVARAM*

The Sound of Bamboo

Various Styles of the Indian Flute



Group Classes With Michael

@ Kalabhumi Music Studio, Every Friday
Beginner: 11am—12pm,
Advanced: 12noon—1pm

Drop in is possible at any time, flutes available to borrow or buy.

- **Contribution:** Guests: Contribution required, Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- **Connect:** michael@sound-of-bansuri.com
+91 9150567003 WA
- **More Info:** www.the-sound-of-bamboo.com
- **To Donate:** <https://pay.auroville.org/divine-arts>
- **Learn More About Divine Arts:**
 - <https://auroville.org/page/divine-arts> Michael

Sports & Martial Arts

SWIMMING CLASS BY MANI

Swimming class

Swim to Serenity: Waves of Strength!

Watersport_mani

Book Now

+91 86376 33696

20% Swimming class only

- water therapy
- open water
- Oceanic
- water dance
- water movie
- swimming in pool

Package swimming class

Mani

GIRL FUTSAL/FOOTBALL CLUB

Every Wednesday at 5:10pm @ Dehashakti

We started a girl's football team in dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

- Just contact Beber 6385635943 for more details

Beber



KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Class for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By apointment, 9042009200, Maneesh



*Where Body Becomes Eyes,
Maneesh For Kalari Team*

ULTIMATE FRISBEE

- **Regular Sessions**
 - Wednesday, Saturday, 4:30—6:30pm @ Gaia Field

No prior experience needed!

*Selvi for
Ultimate Frisbee
Auroville Women's Team*



AUROVILLE AIKIDO SUMMER UPDATE

@ Auroville Budokan, Dehashakti near Dana:

Adults' regular schedule for beginners and all levels:

- **During the Summer we continue our early classes but discontinue the Wednesday evening and Sunday morning.**



So, welcome to join this beautiful and complete practice in the form of a Japanese martial art:

- **Every Tuesday, Thursday, Saturday from 6 to 7:30am** (with N. Murugan and/or Surya). Reasonable contributions required for the Budokan (a LEAD activity).

Children classes (from age 8) will restart in July.

For more info, please contact us:

- Surya 8300189062, 0413 2623813
- Philippe 8300643963/WA
- N. Murugan 9952812843/WA
- budokan@auroville.org.in, m

Looking forward to see you at the Budokan dojo,

Surya for Auroville Aikido

ABHAYA MARTIAL ARTS

For the month of May we take a break

Dear Friends, Abhaya Martial Arts has trained more than 200 students since December 2023, hosting also Muay Thai coaches, Brown belt (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We also started to give to our students official belts and degrees recognized by Shou Dao School, a martial art academy recognized by the Olympic Committee.



For the next months, the two main coaches Giacomo and Ruben are gonna be out of station and there will be different weekly classes:

- **For the month of May we will all take a break.**
- **From June we will resume** with regular classes.

Stay posted!

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA

Giacomo

BHARAT NIVAS PRESENTS

**Kalaripayattu Class
in Collaboration with Kalarigram**

Bhumika Hall, 6—7am,
Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in, office: 0413 2622253

Vani for BN Team



KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm

- Monday To Saturday

All Are Welcome!

Satyakam

TAI CHI CHUAN IN SHARNGA

Summer Schedule—May 13 to June 22

Tuesday—Friday:

- 7:30—8am Chi
- 8—9am Tai Chi Chuan form

Except 27 May—1 June when there will be class only on 28 May, Tuesday, and 31 May, Friday



taichi.auroville.org, taichi@auroville.org.in

Warmly, Krishna

Craft Activities

EARTH

Through Interactive Workshops

MAY ON-CAMPUS

Training Courses

CSEB Design : 06th May - 11th May
CSEB Intensive : 13th May - 18th May
AVD Intensive : 20th May - 25nd May

AUROVILLE
EARTH INSTITUTE

Embark on this thrilling adventure with us and explore the untapped potential of Earth through interactive workshops! Limited seats are available on a first-come, first-served basis. Register now & Join the Clan!

- **Contact:**
+91 8508181074 / +910413 2623330/ 2623064
- **Registrations are open:**
<https://registration.earth-auroville.com/>

T. Ayyappan,
Co-Director

PAPER CRAFT WORKSHOP @ Wellpaper, Auroville

10am—4pm, Every Day Except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- Contact Zeevic,
call +91 9385744744,
0413 2969722

Wellpaper



Zeevic

WELLNESS WOODCRAFT ACTIVITY OF AUROVILLE Carpentry & Wooden Craft Workshops



Fri
&
Sat

DIY WOODWORKING

AGE: 15+ DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

MAKE & TAKE WORKSHOP
Kitchenware & Home Decor

(Bowl, Chopping Board, Rolling pin, Candle & Incense holder)

Start your woodworking journey with hand & power tools. Carpentry and woodworking allows you to express your creativity by designing and building unique & personalized projects.



SPOON CARVING WORKSHOP

BEGINNER LEVEL



Basics of wood & tools
Marking & cutting
Shaping with hand tools
Sanding & finishing

Age: 15+

2 Days
Make & Take
workshop

WELLNESS WOODCRAFT
AUROVILLE

Every
Wed & Thu

DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Whether you're creating a piece of furniture, kitchenware or a home decor, woodworking gives you the freedom to design and build something that reflects your personal style and interests.



WOOD JOINERY BEGINNER LEVEL

Mortise & Tenon
Half-laps
Bridle Joints
Hand & Power tools

Mon
&
Tue

DM to Book spots: 9952589649
wellnesswoodcraft@auroville.org.in

Age: 15+

Woodworking can also provide a sense of community and connection with other like-minded individuals.

- **Advance Booking Is Necessary:**
wellnesswoodcraft@auroville.org.in, +91 9952589649WA

Anand For Wellness Woodcraft

Bioregion Activities



+91 9159468946, enlight@auroville.org.in

Enlight in this journey is focused on "Creating awareness about responsible tourism and slow travel. Encouraging alternative and more mindful experiences and interactions.

Tours

- **Journey Auroville**

Experience the international township and travel through its cultural consciousness. It's art and crafts, units and activities.

- **Township Cycle Tour**

Learn about the Four Zones and Green Belt each focussed an important aspect of the township life.

- **Bioregion Village Tour**

Take a break from your city life and dig deep into the heart of rural villages around the Auroville, where a land of history and culture can be experienced.



Wellness

- **Heart Chakra Massage**

This massage helps to relieve tension, open your heart centre and move stagnant energy out.

- **Ashtanga Yoga**

Yoga can be very effective in developing coping skills and reaching a more positive outlook on life.

- **Sound Healing**

Balances your chakras by using specific frequencies that reverberate through the body.

- **Karлакattai**

Karлакattai using wooden clubs restores vitality and youthfulness, strengthen and condition the whole body, you feeling energized and focussed in everyday life.



Programs

- **Agri Holidayism**

Experience and Enjoy visiting working farms or other for the purpose of recreation and active connecting with one's rural agricultural roots. Learn about farming, food production and sustainability, and the village farming culture Live an authentic village and farm life by interactive experiences of rural life.



- **Cooking Class—Adupankarai Cooking Experience**

Every Thursday, Saturday and Sunday, 10am—12:30pm

- Learn to make Tamil Traditional foods with our Akka.
- Cuisine—Only Veg Dishes



• **Fireside Drumming**
The Power of The Healing Drum Circle

When you gather people in a circle around a fire and add the rhythmic beat of the drum, the result is the perfect environment to develop social bonds. Learn how to use these community-building tools for the healing drum circle.



• **Musical Instruments Workshop**

Tune into the joy of music through the journey of creating your own instrument and the delight of playing it and feeling contentment. Music is the voice of the soul and radiates within our spiritual essence. The mentioned instruments are representative only one can choose from our offerings in our centre.



Outstation Trips

• **Thiruvakkarai**

One Day Advance Booking

Thiruvakkarai (also spelled as Tiruvakkarai) is a village in the Vanur taluk of Viluppuram district of the Indian state of Tamil Nadu. Situated on the periphery of Auroville global township, it is the home of National Fossil Wood Park, Sandstone Canyon Stream and Chandramouleeswar temple. Dating back to the 12th Century, the Tiruvakkarai Vakrakalli Amman Koil is a temple dedicated to a form of Hindu Goddess Kali known as Vakra Kali.*



• **Pondicherry Tour**

Sl. No	Day	Activity
1	One	Aurobindo Ashram, Art and Craft village, French Quarter and Sri Manakula Vinayagar temple visit
2	One	Mangrove Boating, Backwater Kayaking, Paradise Beach
3		Back to Auroville
4	Two	Scuba Diving Morning 3 hrs Training Afternoon 8 km Ocean diving

Fun with Pottery

Join us for our Pottery workshops to experience working with clay and gain one-on-one guidance on how to create your piece of work. We offer a natural and relaxed environment to immerse yourself in pottery and its earthly experience. Our workshops are for all those who want to have fun and experience the joy of Getting your hands muddy and creating happiness.



*For Enlight team,
 Arun, Anand and Balaji
 +91 9159468946,
 +91 8270071581
enlight@auroville.org.in*

AUROVILLE BAMBOO CENTRE, MAY 2024

Bamboo Centre Campus Tour



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Training and workshop

Daily Make and Take Hands On Workshops

One-Day, Make and Take Workshops

- 9am—12:30pm, 1:30—5pm,
- Every day except Sunday
- Registration one day in advance

Furniture Workshop, Bamboo Lampshade, Bamboo Giraffe, Bamboo Bicycle (For Kids)



3 Hours Make and Take Workshops

- 9am—12:30pm or 1:30pm—5pm
- Every day except Sunday,
- Walk-in registration available
- Bamboo Toys, Bamboo Musical Instruments, Bamboo Jewellery
- Bamboo Planter, Bamboo Archery

Bamboo Building & Self Awareness Camp

- For the age group of 13 to 16 Years
- 29—31 May 2024



Are you someone with a passion for creativity? Join us and explore the boundless possibilities of expressing your creativity through bamboo and Self confidence!

It is time to Build your own bamboo Yurt (Foldable Tent)

Cultivate Your Skills, Join Us to Master the Art of Bamboo Yurt Construction. Build Your Dream Yurt and take it Home at the End of the Camp!

- Please connect with us to inquire about our charges.

Bamboo Art & Craft Summer Camp

- For the age group of 10 to 13 Years
- 25 May 2024



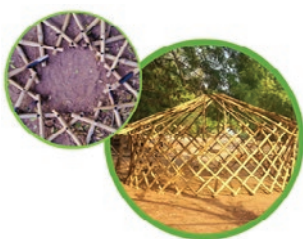
Adventure Awaits at Summer Camp! Join us for a summer filled with exciting activities, express your creativity, meet new friends, and unforgettable memories in the great outdoors. Innovation, Creativity, Explore Bamboo Forest Walk, Bamboo Toys Making

- Please connect with us to inquire about our charges.

Hands-On Bamboo Yurt Workshop Intermediate Courses

- 10—11 May, 2 Days

Venture of tradition and innovation at our Mongolian Bamboo Yurt workshop. Discover the art of crafting sustainable shelters infused with centuries of nomadic wisdom. Join us as we weave together culture, community, and conservation in every bamboo beam.



Program

- **Day1:** Bamboo presentation, Splitting technique, Joineries techniques, Bending techniques
- **Day 2:** Design, Visit, Practical work
- 3700/- Inclusive of Lunch,
- 2 Refreshments per day, Minimum 4 PP

Hands-On Bamboo Joineries Workshop

- **Beginner Courses, 24—25 May 2024, 2 Days**

Explore the intricate art of bamboo joineries at our workshop, where craftsmanship meets sustainability. From classic to contemporary, unlock the secrets behind timeless connections in bamboo structure. Join us and witness the fusion of tradition and innovation in every joint.



Program

- **Day1:** Bamboo presentation, Splitting technique, Joineries techniques, Bending techniques
- **Day2:** Practical work, Practice Various Joineries
- 3700/- Inclusive of Lunch,
- 2 Refreshments per day, Minimum 2 PP

Hands-On Bamboo Lampshades Workshop

- **Beginner Courses, 17—18 May, 2 Days**

This workshop focuses on creating a bamboo lamp. We will work from a picture, do the design, technical drawings, make the product, and explore different finishing and customizations. The bamboo lamp can be taken away.



Program

- **Day1:** Bamboo presentation, Splitting technique, Joineries techniques, Bending techniques
- **Day2:** Design, Practical work
- 3700/- Inclusive of Lunch,
- 2 Refreshments per day, Minimum 2 PP

For more information, special requirement, and pre-booking contact:

- Preferred bambooworkshop@auroville.org.in
- or +91 8300949081 Voice call and WA, 0413 2623806

Flexible training dates offered to groups

Murugan, www.aurovillebamboocentre.org

MOHANAM

Conscious & Cultural Tour, Workshops & Therapy May 2024

Auroville Northwest Experience. Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture



MOHANAM PROGRAM
Soul of Soil

Tours

Auroville Northwest Tour

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- **Every day 10:30am—1pm except Sunday**



Auroville Northwest Tour

Date and Time: Every day 10.30 am to 1 pm (Except Sunday)



Mohanam Campus Tour

Timing: 10 am-4 pm
Day: Everyday, Except Sundays

Mohanam Campus Tour

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, Saree & veshti library, herbal tea.

- **10am—4pm, every day except Sundays**

All above Tours One Day Advance booking is necessary

Contact:

- Preferred mohanamprogram@auroville.org.in
- or call: +91 8300949081

Make and Take Workshops



- **10am—4pm every day except Sundays**

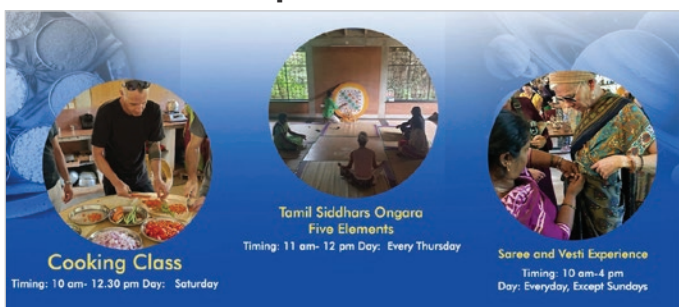
Join and Experience the learning aspect of engaging in arts and Craft Workshop, Manifest your inner self through various materials and form using creative technique.


Pottery making	1 hrs
Kolam Mandala Painting	2 hrs
Coconut shell craft	3 hrs
Incense Making	1—1/2 hrs
Lampshade Making	3 hrs
Paper Marbling	1 hrs
Candle making	1—1/2 hrs
Soap making	2 hrs or 1 day

Daily Make and Take Hands-On Workshops at Bioregion Art & Craft Centre (Mohanam , Cross Cultural Experiences and Educational Tours located in Mohanam campus)


- All above workshops one day Advance booking is necessary
- +91 8300949081, mohanamprogram@auroville.org.in

Classes and Therapies






Cooking Class
Timing: 10 am- 12.30 pm Day: Saturday



**Tamil Siddhars Ongara
Five Elements**
Timing: 11 am- 12 pm Day: Every Thursday



Saree and Vesti Experience
Timing: 10 am-4 pm
Day: Everyday, Except Sundays

Mohanam offers a variety of classes, and therapies, where participants can explore the classes and therapies.

- **Cooking Class:** Learn how to cook traditional South Indian foods and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
 - 10am—12:30pm every Saturday
- **Saree and Vesti Experience:** Choose a saree and Veshti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape / wear the saree & Vashti. You can ask us for a photoshoot as an add on, south Indian style make-over—choose between kolam & cooking for an inclusive traditional
 - 10am—4pm, every day except Sundays

All above Classes and Therapies one day Advance booking is necessary

- **Contact:** +91 8300949081
 - Preferred: mohanamprogram@auroville.org.in

Auroville Bioregion Experience with Mohanam Team

- 10am—4pm every day except Sundays

Village Tour	3hrs
Munnur & Perumukkal visit	6hrs
Salt Dune & Kaluveli Tank Visit	6hrs
Bio-region Village Temple Tour (Irumbai Shiva Temple & Panchavadi Hanuman Temple)	4hrs
Navagraha Temple visit (Moratandi Navagraha Temple & Prithyangara Temple)	3hrs
Wood Fossil Visit and Quarry Shower	6hrs

All above activities one day Advance booking is necessary

- +91 8300949081, mohanamprogram@auroville.org.in

Camps

Mantra and Yantra Camp

- 17 May 2024
- For the age group 10—13 Years



Our camp offers a unique opportunity for children to explore the ancient arts of Mantra and Yantra. Through interactive workshops and hands-on activities, participants will learn the significance of sacred sounds (Mantras) and mystical diagrams (Yantras) in Hindu and Buddhist traditions. Delve into the history, symbolism, and practical application of Mantras and Yantras in meditation, healing, and spiritual growth. Empower your child with tools for inner peace, focus, and self-discovery.

- **Activities:** Sound Voice Practice, Mudra Practices, Mantras Practices, Yantra Painting, Team Building

Wellbeing Camp

- 18 May 2024, for the age group 13—16 Years



Join our Well-being Camp designed for youth and children. Dive into a world of holistic health, mindfulness, and personal growth in a fun and supportive environment. Our camp offers engaging activities, workshops, and outdoor adventures aimed at nurturing physical, mental, and emotional well-being. From yoga and meditation to nature walks and creative arts, participants will develop essential life skills and cultivate a deeper connection with themselves and others.

- **Activities:** Yoga & Meditation, Creative Hands on Workshop, Sound Bath, Nature Walk, Team Building

Mohanam Summer Camp

- 10—11 May, for the age group 8—13 Years



Our summer camps for children are fantastic opportunities for them to learn new skills, make friends, and have fun in a structured and supervised environment.

This camp offers a unique opportunity for children to explore the various Arts, Craft, and Workshop and of Mantras. Through interactive workshops and hands-on activities, children's will learn multiple experiences.

Activities: Drawing class, Drums class, Clay class, Craft class, Yoga class, Mantra class, Science base Activities, Auroville Excursion Tour

All above Camps Advance booking is necessary

- **Contact:** +91 8300949081
 - Preferred: mohanamprogram@auroville.org.in
 - 10am—4pm, Everyday, Except Sundays

Thiruvannamalai Eco & Spiritual Services

- Thiruvannamalai—Mohanam Services
Aurunachala—Auroville (Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience)

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and ning / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

- **Contact:** +91 8300949081
 - Preferred: mohanamprogram@auroville.org.in

Balu For MohanamCentre

EGAI @ ISAIAMBALAM ROAD

+91 9791896488 WA /0413 2963034

We are creating sustainable livelihood for native artisans and craftsmen using coconut shells to encourage the next generation to pursue this art. We are also making the younger generation to become aware of the harm of plastic and start using local and eco-friendly products.



Products

We make craft work out of eco-friendly materials like coconut shell. All our products are unique by design. The raw materials are sourced from local communities and are sustainable. We spend a great deal of time ensuring the quality of each product.



Workshops

- **Coconut Shell**

Embark on a crafting journey with coconut shells can be both exhilarating and challenging. For those eager to start but unsure where to begin, do some beginner-friendly tutorials to get you going.



- **Incense Making**

Come and make your own Agarbatties. Learn the basic methods of making incense so you can create your own blends and aromas! Learn in an easy way, with resources that will help you throughout the process of learning.



- **Musical Instruments**

Learn to Make handcrafted piece of musical art that you can carry with you in your handbag or make a decoration at home. It is made of pure natural coconut shell.



Velai Craft Co-working Space

We are offering a fully furnished machine shop to make and manufacture products and handicrafts as per your needs. We are also offering space to hold workshops for art and craft.



Kalai Skilling Initiative

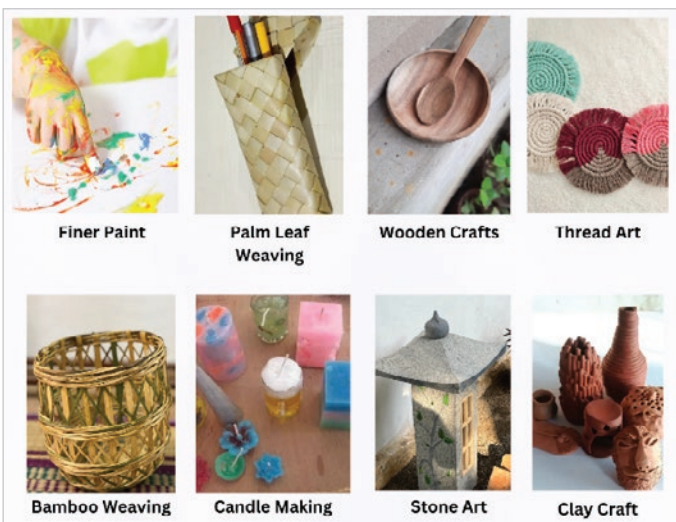
Learn a craft and build your future. Conscious intent for youth of all needs 'Dream' of self-determination.



Kaivinai Outreach Program

- Monday to Saturday, 10am—5pm.

Community and village artisans, working, growing their skills and livelihood opportunities. Book your workshop and support them.



Finer Paint

Palm Leaf Weaving

Wooden Crafts

Thread Art

Bamboo Weaving

Candle Making

Stone Art

Clay Craft

Tamil Suvai

Creating a fusion of cuisine and craft fun activity for a warm summer day. Patrons can partake in easy to do crafts activities, taste foods and join our journey. Bringing together local entrepreneurs and providing native food unique to the bioregion community. People wanting to set up stores contact us at egai@auroville.org.in to register.



Book Your Workshop Now, talk to Anand

- egai@auroville.org.in, 09791896488

Submitted by Arun

Honorary Voluntary

VOLUNTEER OPPORTUNITY:

English Teaching with Reach for the Stars in Auroville

Sundays, 2—3:30pm

Reach for the Stars in Auroville is seeking English teaching volunteers for weekly classes held on Sundays from 2 to 3:30pm. If you're passionate about education and making a difference, join us in empowering students through English language skills.

- Requirements:** Fluency in English, enthusiasm for teaching.
- Contact:** reachavteam@gmail.com

Make a difference with Reach for the Stars!

Poovizhi for RFTS team

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

MARTUVAM

Is Looking For Website Designer

We need volunteer who knows about website designing and posting, our work about is introduction to Natural healing herbal plants,

If any body is interested please contact

- Martuvam, 9345454232, martuvam@auroville.org.in

Thank you, Sivaraj

Nature Activities

CONSCIOUS

Nature Immersion

@ MahaKali Park

Every Wednesday and Sunday 7am

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic 'Web of Life' brings, in turn, insights for our self-study and yoga of work.



- **Contribution** accepted for the management of the site.
- Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.
- **Meeting point** at Revelation's main gate 5-10 min before the time of the session (Search for 'Revelation Forest' on Google Maps)
- **Contact:** +919500183706, Arun +918349917282, Rahul. Better to confirm your venue by one WA message, especially if it rains
- We also do custom programs, training and healing sessions on prior demands.

Please note: The park is not yet accessible without our supervision, thank you for your understanding!

- Gmap link: Revelation forest Auroville

Submitted by Arun

FOOD FOREST TOUR

A poster for a Food Forest Tour. The title 'FOOD FOREST TOUR' is written in large, bold letters. Below it, the text reads: 'I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options. This tour includes a MINI-RAW-FOOD-WORKSHOP where we will harvest herbs, fruits and flowers to prepare some delicious VEGAN ICE CREAMS and more... EVERY SUNDAY from 9:30 to 11:30 at La Ferme Community (5min from AV Bakery) for groups of min 5 people it can happen any day of the week Sign up and infos whats app Sarah 9047421044 myfoodforestgarden@gmail.com myfoodforestinfo.wordpress.com www.youtube.com/myfoodforest'. The poster is decorated with illustrations of various fruits and vegetables like tomatoes, lemons, papayas, and leafy greens.

I welcome you to a tour through my permaculture garden!
We will take a look at local foods and you will get an idea on how to start growing your own food.
Come and connect with nature and learn about healthy and sustainable food options
This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious **VEGAN ICE CREAMS** and more...
EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)
for groups of min 5 people it can happen any day of the week
Sign up and infos whats app Sarah 9047421044
myfoodforestgarden@gmail.com
myfoodforestinfo.wordpress.com
www.youtube.com/myfoodforest

Submitted by Sarah

Work Opportunities

DONATION CHANNELING GROUP

Seeks Executives

to Implement Approved Process

Dear Friends, DCG needs a few executives to implement the DCG Process approved by the Governing Board. Presently we will do it manually and later on with the help of the portal / software. It involves normal computer proficiency, mostly in Excel and Word.

- It is a full time commitment.
Full time maintenance is available.

The names of suitable persons will be given to the FAMC who will make the decision.

- We also need some members who can work part-time also.
Please write to dcg@auroville.org.in. **Naren & Sandeep**

CRIPA

Is Looking For A New Manager

In view of the imminent departure of our dedicated manager Christophe B., CRIPA is looking for a committed person to take up the job. The work at hand is described below. Aurovilians and Newcomers who feel they can fulfill all the requirements, can write to cripa@auroville.org.in and ask for an appointment with our team.



Job Description: Cripa Manager

This is a full time job

- **Timings**

The person will need to be adaptable, especially at the beginning, till we find the best way to function.

- **The manager will:**

- Be responsible for opening and closing the building, and for being there whenever needed, especially when the room is in use by non-aurovilians or non-habitual users.
- Be aware that CRIPA is a space for performing arts and related activities: theater, dance and music.
- Welcome and deal with people. Reply to phone and email inquiries from Auroville and outside.
- Organize the schedules effectively, impartially and fairly. Maintaining weekly (or monthly) schedule for users. Be sharp, check often and update changes.
- Make sure that the hall and all facilities are in good condition and ready for use.
- Together with the technician, the person helps organize and prepare the room for performances and other events; lights set up, sound set up, props, acoustic templates.
- Create announcements for News and AuroNet, posters, etc for performances and other events (workshops, festivals...)
- Follow up/supervise the *amma's* work and pay wages.
- Follow up/supervise the watchman and pay wages.
- Receive payment and deposit to our account.
- Keep all accounts for SAIER (equipment, repairs) and BCC (maintenance and running costs).
- Organize and supervise the purchasing of equipment and summer repairs yearly, following all the steps SAIER requires.
- Communicate with SAIER. Keep records, history and files, of activities for SAIER: writing the annual report.
- Help to create a CRIPA website on the main AV website, Art & Culture section.
- Participate in regular CRIPA meetings (once weekly).

Christophe B. and the CRIPA team

AUROVILLE EARTH INSTITUTE

Communication & Website Specialist

• Job Description

- Fine tuning and updating the new website under construction to be ready for launch;
 - Writing and revising content about construction techniques and research for the new AVEI website;
 - Curating content about our work, research and training for social media handles on Instagram, Facebook, LinkedIn, etc.
 - Planning social media growth strategies to increase the audience that we can disseminate knowledge of sustainable technology to.
 - Researching and writing articles about AVEI's projects and research for the AVEI newsletter and other publications;
 - Proofreading reports of the Institution before publication;
 - Maintaining the log of our Library;
 - Responding to email and phone inquiries about AVEI activities.
- **Skills:** English proficiency, copywriting, communication, digital design, content curation, web design, social media marketing, basics of video editing
 - **Software:** InDesign, Photoshop, Canva, WordPress (HTML knowledge would be a bonus), MS Word



Apply now and mail us at AVEI Communication:

communication@earth-auroville.com

T. Ayyappan

Looking For

Seeking Half-time Gardener

Anitya community looking for a half time gardener, ideally who can speak/ understand a little English.

Responsibilities include:

- Maintenance and care of plants/ trees/veg garden in anitya
- General land care, raking leaves, cleaning and maintenance
- Water area care—tanks, pumps etc
- Odd jobs that might come up related to community maintenance



We are looking for someone who will love this land like we do, who will look after it with care and responsibility. References are a must.

- Part time (half days) work with remuneration appropriate to experience.

Please contact Nikki

- +917094716136, nikethana2001@gmail.com Nikki

Room Cooler

I am looking to borrow a portable room cooler for two months. Please let me know if you have one available, as the heat in the top room of the building has become unbearable. lvana.frousova@yahoo.co.uk, 7094344154 /no WA Ivana



Travel Companion Needed

Dear Community, my daughter needs to travel back to Pune alone and it would be helpful if we can find an adult to accompany her on the flight. If there is anyone traveling to **Pune after 10 May**, please reach me on 8888860442/ nilima_nc@auroville.org.in Nilima

Available

Office Space Available

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Interested people may contact **Mr. Pandian** at Auromode in person, +91 99433 90391 or



pandian@auroville.org.in

Help Needed

FUNDRAISING FOR VOLUNTEERING at Saping school in Nepal

Dear all, this is Nirmal, I grew up in New Creation under the Guidance of Tixon who currently manages Roy's (Alistair Wicks) Boarding House and Nirami print studio.

I got the opportunity to teach at the school in Saping, Nepal and make a meaningful impact in the lives of others by contributing to a community in need and to witness the transformative power of education firsthand.



However, I recognize that embarking on this journey requires financial resources that I currently lack. That's why I'm reaching out to you all to support me in this endeavor. My plan was to start in the first week of June and spend a month there, it would roughly require 35k for the trip and to support my stay. Whatever one could contribute would be much appreciated. **FS Acc no: 6980**

Volunteering at the School is a chance to immerse in a culture rich in history, tradition, and resilience. It's a chance to learn from the local community, to exchange ideas and experiences, and to forge connections that transcend borders and boundaries.

Your contributions will help to support the ongoing work of the School from providing essential resources like textbooks and stationery to improving infrastructure and facilities, your generosity will directly impact the lives of the students and teachers who call this school their home.

I'm seeking your encouragement and belief in the power of volunteerism and compassion. Together, we can show that even small acts of kindness can make a big difference in the world and the strength of human unity

Thank you for the time given to read this message and believe in the power of giving back.

Yours Truly Nirmalraj, Happiness community.

Housing Loan Repayment Assistance

Dear Community Members & Friends, We, Vinai & Rama, are working in the Service Units & staying in Petite Ferme Auromodele. We are currently reaching out to request your assistance with our housing loan repayment. Due to unforeseen circumstances, we are currently facing financial challenges that make it difficult for us to meet our repayment obligations. Your support would greatly alleviate this burden and help me ensure the stability of my housing situation.

- Any contribution, no matter how small, would be sincerely appreciated by my FS account no: **106445**.

Thank you for considering my request during this time of need.

Vinai.m & Rama

Taxi Share

Taxi to Sri Ma once a week in May

If you're interested to share a taxi to Sri Ma once a week in the month of May get in touch to reserve a place

Isha, message +91 96555 34514

Animal Care

URGENTLY STAFF AND VOLUNTEERS NEEDED!

The Auroville Dog Shelter is offering two positions for animal caretakers, 25 hours per week and can compensate with half a maintenance.

- Please message Arthur, 8122225266 WA
Auroville Dog Shelter,
Arthur



PUP NEEDS A HOME

Found this healthy female pup (local breed, but likely a mix w/ breed dog) near Acceptance running after vehicles. If the vehicle slowed down it ran underneath belly-up pleading to be picked. It seemed familiar with riding; likely abandoned. She was alone, without any other litter mates.

To save her from being run over and dehydrated in the sun, I brought her. Unfortunately, I cannot keep this healthy, sweet, and very intelligent pup. My option is to find her a kind human home or to leave her back close to where I found her but somewhat more fortified—with baths, deworming, and basic vaccination. She has been treated with a minor skin rash, had two medicated baths, was dewormed, and got her first vaccination shot.

Indies are smart and way more robust than any breed of dogs. Please open your heart and home /spread the word.

- Contact: ninasauroville@gmail.com

Nina



URGENT APPEAL FOR HELP

The infrastructure of our old dog shelter is deteriorating rapidly, posing serious risks to both our workers and the well-being of our dogs. This month the roof of our kitchen collapsed, forcing us to hastily convert a half-finished dormitory into a temporary cooking area. Years of neglect and the use of substandard materials and unprofessional work have contributed to the shelter's current state, with internal fences, enclosures, roofs, and electrical lines in urgent need of repair.

With only Rs. 50,000 in monthly funding from BCC against running costs of Rs. 3 lakh, we are unable to cover the necessary expenses. We urgently appeal to Aurovilians, dog lovers, and friends for support in repairing and temporarily fixing up the old shelter until the construction of the new facility is complete. Your donations of building materials, as well as your time and energy, are crucial in extending the life of the old shelter for a few more months. Please join us in ensuring the safety of our dogs.

You can contact us through our new website:

- <http://www.aurovilledogshelter.com>

or message Arthur directly: 8122225266 WA

Arthur for Auroville Dog Shelter



Foods, Goods and Services

NEW MOBILE NUMBER & SUMMER SEASON



Dear community, Foodlink has a new mobile number. Kindly save it in your phone: **+91 8300268804**.

Summer season is here! *Ila-venil* stretching from mid-April to mid-June. As the heat increases, we can enjoy an abundance of fruits. It is an invitation to adapt our diets to the seasonal harvest, incorporating banana, custard apple, coconut, jackfruit, mango, papaya, pomelo, ramphal, soursop, tamarind, and watermelon into our meals.

To see all the veggies, roots, and greens available this season, check out:

- foodpathsauville.com/summer-season-2024

Isabelle M. , Foodlink, landline 0413 3509946

[Foodlink basket order form here](#)

ROOTS SOCIAL MEDIA



Dear All, Roots social media (WhatsApp/FB) had started as part of Roots, an activity under City Services. With COVID waves while the nascent **Activity itself de facto stopped** (and eventually the **Activity/FS Account #106567 initiated by Anandi Zhang closed**), the

sharing, and learning about healthy food grew manifold in the WhatsApp group. Over time its scope got defined as local, bio-regional, learning/sharing (as opposed to commercial in its intent) group—focused on food, healthy eating, locavore, local produce, foraging, and preparing.

Roots in social media/ WhatsApp group is currently not associated with any Activity—and would continue as an informal/spontaneous social media group as is.

Nina and Sangeetha

ECO FEMME OPEN HOUSE

Every Thursday, 10:30am

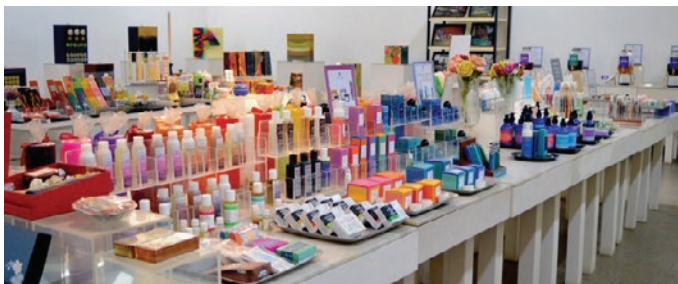
The advertisement features a woman's hands holding a green and purple striped menstrual cup. In the top right corner, there is a circular logo for 'GOTS' (Global Organic Textile Standard) with the text 'Organically certified' below it. The brand name 'eco femme' is prominently displayed in the center. At the bottom left, a QR code is provided. The bottom right corner contains the website 'ecofemme.org' and icons for Facebook, Instagram, and YouTube. A pink banner at the very bottom contains the text 'Revaluing menstruation... because Life depends on it!'.

Dear Friends, come join our Open House every Thursday at 10:30am. We hold these at our office in Auroshilpam, just behind Auromode. We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies. See you soon!



Mila, The Eco Femme Team

HALF-PRICE MAROMA PRODUCTS for all Aurovilians in the Outlet Store



Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is

- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

See you there!

Jesse for The Maroma Team

ANITYA: Community Lunch 12:30 on Thursdays and Saturdays



Our Community Lunches Are Still Happening During The Summer! Contact Serena on WA to book one day in advance: +91 84897 60966

- Contribution required, (discount for AV/ NC & Volunteers)

See you at 12:30 on Thursdays and Saturdays in our community kitchen!

Nikethana for the Anitya team

KINDNESS KITCHEN

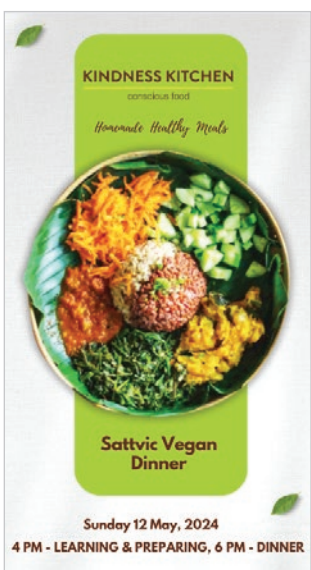
Sunday 12 May

4pm—Learning & Preparing, 6pm—Dinner

Join us for a delightful and nourishing Sattvic Vegan dinner experience! Indulge in a culinary journey that celebrates harmony, purity, and balance. Whether you're a dedicated vegan or simply curious about exploring plant-based cuisine, our dinner promises an evening of culinary delight and soulful connection.

Come gather with us as we celebrate the beauty of compassionate eating and the joy of mindful dining.

- **Menu: Sattvic Thali, Vegan**
 - Vegetable Poha (puffed rice)
 - Sambaar (No Dal)
 - Ash Gourd Curry
 - Beetroot Curry
 - Desert



Hosted at the home of Nirmala & Naresh: Pushpanjali, Kottakarai, Bioregion Auroville.

- [To RSVP fill this form](#) or WA +91 9223379171

Kindness Kitchen is an experiment in generosity and heartfelt connections. No prices, no strings attached.

Guests are invited to contribute from the heart, not for what they received, but for those who come after. At the end, everyone has an opportunity to keep the chain alive and pay it forward with money, time or other expressions of wealth for future guests.

*Snehal
on behalf of Naresh and Nirmala*

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec. If you have any requirements, please contact Dhanda

- Office Landline
0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in,
newwavesauroville@gmail.com
- Office open afternoons only
Monday to Saturday at 2—5pm



Dhanda

**CRAVING
SOUTH
INDIAN
FOOD ?**
Vegetarian & Homely Food

Artiste Café

**Break-Fast,
Lunch &
Dinner Available**

**Open Monday to Saturday
(8.30 am to 9.30 pm)**

Open-Mic night at Yatra's 'Artiste Café' every Saturday
from 7pm to 9:30pm!

Artist Café
Near New Creation, Kuilapalayam, Auroville.
2623071, 9786772209
yatraartistecafe@gmail.com



- Open Monday to Saturday (8:30am to 9:30pm)
- Open-Mic night at Yatra's 'Artiste Café' every Saturday, from 7pm to 9:30pm!

Artist Café Near New Creation, Kuilapalayam, Auroville.
2623071, 9786772209, yatraartistecafe@gmail.com

Yatra Srinivassan

QUTEE

Electric Scooter Service

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418 for any of your requirements. Upgrade to electric transport and solar power.

B for Qutee Electric Scooter Service

COMPUTER & NETWORKING

I am Ramakrishnan Aurovillian experienced in Computer & Networking for 8+ years and gained more knowledge in creating-on new Fiber internet infrastructure and IT troubleshooting work for our Auroville community since 2015 And I am happy to provide the below services to our Auroville community

- Computer & Laptop—Sales & Repairing
- Ups Battery & Inverter—Sales & Repairing
- Cctv Camera Installation—Sales & Repairing
- Printer Sales & Repairing
- Printer Toner Refilling
- Routers And Modems Sale & Repairing
- Fibre Optics Cable Splicing—Sales & Servicing

Please feel free to contact Ramakrishnan:

- 9943919899, ramkrishna@auroville.org.in. Ramakrishnan

ANNOUNCEMENTS

From Sarvam Computers

Dear Community members, Sarvam Computers is shifted to the new office space in Utsav Phase—1A, First floor. (Near Verite)

- **Working Hours:**
9am to 5pm except Sunday.

Customized computer assembling, all Computers, Laptops & all apple computers upgrade, Data backup and recovery, Network configuration & solutions, Repair & maintenance, all operating system installation.

- **Please contact Bala:** 9443211891, 9786953603
engelssarvamcomputers@auroville.org.in

Bala



RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera
Electrical Works	Wring, Metre box, Lights, Switches & Sockets, Motion sensor.

- **Contact:** + 91 8270071581/ +91 7639810621
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

For Rapid Care, Balaji & Arun

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



Contact us for all your procurement needs:

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone: Iyyappan

Let's simplify and optimize your sourcing process together!

Iyyappan, Surabhi Supplies

DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. Dropzy delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Dropzy
Food, Groceries, Fruits & Veggies, Body Care, Wellness, etc.
Stay home, order and access. We'll drop it to you.

Dropzy is made locally by 150dpi, an Auroville activity.
www.dropzy.in
8098144686

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- Download link as shown below:

[Android](#)

[iPhone](#)

[Desktop](#)



Stay tuned in to our announcements and the app regularly, for more updates.

Sathish Arumugam for Dropzy,
+91 8098144686, www.dropzy.in

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour: Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen.

- Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine—Cooking Class: Learn to cook some delicious delicacies of south India with Rupavathi.

- Monday to Saturday, 10am—5pm @ Creativity. Please book sessions in advance.

Thai Massage

- Monday—Saturday, 9am—5pm

To book massage sessions or for more information, please contact me personally.

Tailoring: We can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact Phone/WA 8098845200, rupavathijoy@gmail.com

Rupavathi Joy

TRAVEL NEWS FROM INSIDE INDIA

Tuesday, 30 April, 2024

Namaste, Bonjour, Hello and Vanakkam from Inside India!

We are open and ready to take the hassle away from you when it comes to booking your travels, be it in and out of India, as well as Inside India itself...

- Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10:30am till 4pm,
- Landline 2623030 Monday to Friday. Saturdays on appointment only.
- He can also be contacted anytime
 - via mobile or WA: +91 9894598686
 - and by email: travelshop@inside-india.com
- We can also help you build the dream tour of India in general, Southern India in particular. You may send us your request by insideindia@auroville.org.in or insideindia@inside-india.com



Some current offers

- **Malaysia Airlines** is pleased to offer special fares for travel from India to Australia/ New Zealand. The fares are available in Business as well as Economy.
- **Etihad Airways** offer fares from Chennai to Paris.
- **Malaysian Airways** offer fares from Chennai to Seoul.
- **Air India** special fare from Chennai to Milan, Sydney and Melbourne.
- **Aeroflot flight** offer fare is available from Delhi—Moscow—Delhi.
- Explore Rome with **Biman Airline** weekly on Monday, Tuesday and Thursday and Direct flight from Chennai to Dhaka weekly on Saturday, Monday and Thursday.

Trip ideas

Looking for a weather change, why not Nepal, Kashmir, or Ladakh... and of course closer to Auroville, Kodaikanal is there too...

A change of scenery only one short flight away, Cochin maybe... Sri Lanka of course... Andaman Islands? Maldives...

We are accepting both Indian and International debit and credit cards, as well as UPI IDs and QR code payments at our office. #Conditions apply. And of course transfers on our Financial Service Account are very welcome...

Travel Tips

- **Several travelers were 'boarding denied'** as check-in staff didn't accept the e-FRRO Stay Visa as valid document without backing it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available anymore, take at least a photocopy of the original Visa.
- **Indian nationals** can now be issued long-term, multi-entry Schengen visas valid for two years after having obtained and lawfully used two visas within the previous three years. The two-year visa will normally be followed by a five-year visa, if the passport has sufficient validity remaining. During the validity period of these visas, holders enjoy travel rights equivalent to visa-free nationals.
- **Sri Lanka** has shifted from the Electronic Travel Authentication (ETA) visa programme to a new E-visa scheme with effect from 17 April 2024. In this context, the ETA website was discontinued on 16 April 2024
- **The Embassy of the Republic of Turkey** announces that Turkish authorities has commenced requiring the 'Electronic Airport Transit Visa' (e-ATV) for Indian & Nepalese passport holders traveling to Mexico, Panama, Colombia and Venezuela, Transiting via the Istanbul Airport.
- Also, this [Link will tell you all that you need](#) to know about Flight delays and/or cancellations. *Joster*

FREE STORE Summer Opening Hours

In the months
of **May and June**
we will be open from
8:30am to 1pm

- Kindly note: **No afternoon**



*Kamala
for Free Store Team*

Auroville Media

AUROVILLE RADIO

Dear Aurovilians, Your favourite radio is always working for you. Stay tuned!

- [Here you can listen](#) to the stream channel (playing 24/7).
- [Here you can see](#) on-air schedules.



Last published podcasts:

- [Soul Tracks Se. 6, Ep. 1—Beatley Dan?](#) (Music)
- [Marlenka's weekly Offering—Ep.117](#) (Literature)
- [À la découverte de notre Être Psychique, entretiens en Français, Se. 2, Ep. 1](#) (Spirituality)

...and more! on www.aurovillerradio.org

For more information write to radio@auroville.org.in

Peace and love, Wobbli

Voices and Notes

SOME UNANSWERED QUESTIONS About The Fruit Tendering Process

It's been over a month since farmers were told that they had to agree to their fruit being harvested and sold by outside contractors. What has happened since then?

The contract for the fruit trees of Auro-orchard were purchased by a consortium from Auroville consisting of Visitors Centre, Cafeteria and PTDC. Some farms felt that readily participating in this bid would legitimise the process and therefore decided not to participate with this proposal. AuroOrchard said they did not have a problem with this approach as it at least ensured that the fruit remained in Auroville. The fruit from three other farms—Cholai, Kottakkarai and Sustenance—were purchased by outside contractors for a total cost of Rs 28,000. Recently they have started arriving at the farms to assess what is available. Having done this, the contractors are now ready to take cash from the farmers to buy back the contract for a slightly increased cost of Rs 30,000. This could be because it now appears that the harvest won't be as good as they first thought, so they are likely to lose money.

While buying back the lease may be a tempting way to keep the fruit for Auroville consumers it is also expensive as the fruit is bought twice over. It also shields the AVFO from the consequence of its actions and means that both they and the contractors don't get to feel the effects of what is a very impractical and immoral way of dealing with Auroville farm assets. Impractical because it is difficult to see how putting the fruit out to tender improves the food security of the community. Immoral because food is not just another asset to be sold to the highest bidder, but a basic need to which everyone should have access. Especially when the food is carefully grown to be as healthy as possible, free of pesticides and other poisons and doesn't deplete our natural resources of soil and water.

There are still many other questions which have not been answered.

According to the conditions of the contract the fruit must be offered to Auroville before being offered to the open

market. How will this be done? Many contractors pick their fruit in large amounts and then ripen it artificially, this in contrast to Auroville farmers who tend to ripen more on the trees and to pick in smaller quantities according to the needs of the community.

A more problematic question is that if the fruit is ripened artificially, how will it be kept separate from other fruit in the usually very large containers which are used for this purpose? There are different methods of artificial ripening and some of the chemicals used can be very poisonous. If this is the way the fruit is going to be ripened it will completely negate the careful organic way in which the fruit has been grown in Auroville. ([you can read more about this in here](#))

In the light of these concerns Auroville farmers think that this contracting out of fruit and cashews should not be repeated. Please support us by writing to the relevant groups asking for answers to these questions.

How will the fruit be offered to Auroville?

How will it be picked and ripened? If it is ripened with other fruit how can we be sure that the fruit offered to Auroville actually comes from Auroville farms? If it is ripened with poisonous chemicals do we want this in Auroville?

Farmers have continued to question various groups and individuals about where the money is going for these contracts and whether any money is going to be returned to the farms. Naturally they feel strongly that they should be reimbursed for the work they have put into planting and maintaining the trees in the first place and preparing them for harvest. Another question that needs answering is who will take care of the fruit trees once the contractors have harvested the crop so they can continue producing healthy fruits for Auroville? Who will pay for this?

A few months ago all farmers' maintenance was cut so this loss of harvest is acutely felt. Requests to the FAMC/AVFO/WC for money from the contracts have been met by further requests from them for each farm to create a budget for the farm. Although they have given no indication that even if a budget is created the farm will receive the amount of the budget request or even any money at all. In fact, some farms have been told that in future 40% of any income they make will be taken by the AVFO, although there is no transparency about where the money will go and whether it will be used to support farms in the future. Is the purpose of Auroville farms to grow food for the community or to make profits?

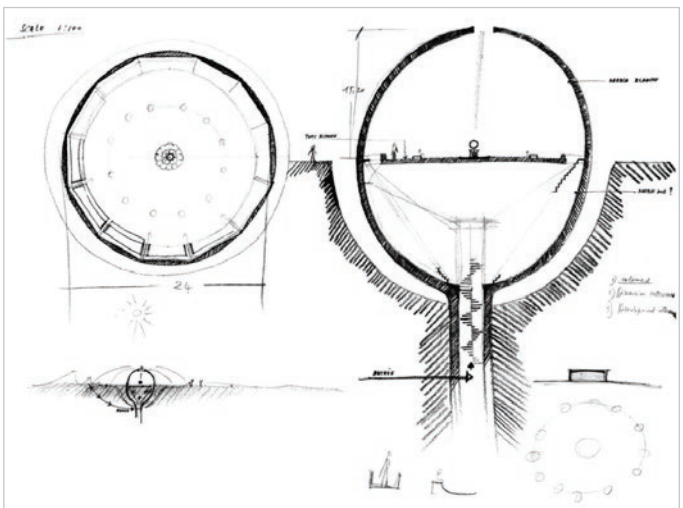
We will continue to ask for clarification, and you can demonstrate your concern by asking for clarification as well.....

From Auroville farmers:

Priya (Buddha Garden), Tomas (Annapurna), Anshul (Auroorchard), Juan (Terra Soul), Charlie (Aurogreen)

EARLY DESIGN IDEAS

by Paolo Tommasi



Submitted by Roy

FOR ALL ASPIRING TRUE AUROVILIANS

'No politics', cry some of the invited participants in this Auroville experiment. Correct, for the True Aurovilians, whose purpose in participating in this City of Dawn of the Kalki Avatar Sri Aurobindo and the Mother is to learn deeply and practice their Integral Supramental Yoga to prepare for and hasten the advent of the new apex species the Supramental being. Let the politicians do their politics, as that is their unique role in the Divine Play. Should you as the supposed True Aurovilian dabble in politics, then you reap the karmic effects of that action.

'Auroville for the New Man'. say some of the invited participants. Correct, for the True Aurovilians, whose specific purpose is not to get too attached to the psycho-vital-physical animal impulses and programmings of the Old Man, the transitional Homo sapiens species. The Core Vision-Goal of Auroville boils down to '*Man is a transitional being, he is not final*'. And for this revolutionary psychophysical transformation beyond the human, the way is the yogic guidance we call the Integral Supramental Yoga¹ of Sri Aurobindo and the Mother, founders of this City of Dawn.

To Be a True Aurovilian² is quite specific, with specific instructions for a specific Vision-Goal to be achieved. That is why Auroville was and is being created, as a sanctuary specifically for the True Aurovilians and not for those who have other things and agendas in mind. The Earth is spacious enough for all other specific experiments and ideals. Thus Sri Aurobindo and the Mother our Avatar founders speak of creating this '*protection against infiltration*'³ to shield the True Aurovilians from the old world forces, from the past that seeks to endure.

As eternally living immortal Avatars who have already supramentalised the Subtle Physical realm, our founders oversee the progressive integral developments of this City of Dawn, decreed by the Supreme. They progressively direct and modulate in place the necessary unique players and collaborators to help with the experiential life necessities of the True Aurovilians who are still in this transitional human stage, such as food, shelter, clothing, basic needs, Integral education and works.

Auroville as it has evolved from its inception in the divine consciousness of its Avatar founders Sri Aurobindo and the Mother, to its inauguration on 28 February 1968 to the present, coming under the administration of the Ministry of Education of Mother India since 1988, is a dynamic, self-correcting collective transformative system involving the Government and residents of our host nation Bharat Mata and official archetypal invitees and guests from more than sixty nations around the world. This varied mix is a necessary formula for Unity in Diversity which is the integral basis for a hastened and intensified Supramental evolutionary process for a collective '*change of consciousness*' estimated to run progressively for around 300 years starting from 29th February 1956, the first descent of the Supramental Consciousness-Forces on Earth⁴, and eventually culminating in the advent of the new apex species the Supramental being.

Here in this particular link and interconnected hyperlinks are our Avatar founders Sri Aurobindo and the Mother with their authentic guidance for all aspiring True Aurovilians, while all their other revelations and instructions are freely available in our many libraries and online:

- <https://incarnateword.in/compilations/the-hidden-forces-of-life/action-of-higher-worlds-and-evolution>

We continue on in the easiest and most joyful Sunlit Path of Surrender, of Bhakti to the Supreme Divine Mother Maha-Shakti, the secret unveiled by our Avatar founders...

**Om Namō Bhagavate Zech,
2024.05.05**

¹ <https://incarnateword.in/>

² <https://auroville.org/page/core-documents>

³ <https://incarnateword.in/agenda/02/july-18-1961>

⁴ <https://incarnateword.in/agenda/1/february-29-1956>

VIKAS:

Miraculous Rescue And Humbling Experience

To watch workers—to-day, invariably Tamilians—building or repairing Auroville’s assets is a humbling experience. In the absence of Satprem in 1999, for three months, I supervised the construction of Vikas’s third building (where I live). Spending eight



hours daily on site, having tea with the workers, I was impressed by their dignity and professionalism; I pleaded for them to become Aurovilians, no one accepted.

To be admired at the joy of physical work the best of them exude is a recurring experience; whether sitting on aerial stools to paint our three-floors building, or fixing the thirty-meters deep borewell and the broken pipes—or now, when three plumbers from L’Avenir Water (plus Selvam checking regularly) managed to change parts of the wet pipe of Vikas’s third building without breaking the old pavement and structure.

Vikas’ basement was ravaged by dirty water, for three months no one dared to take the risk. None of them, not even the chief plumber working for the past twenty-five years, had ever attempted anything similar. It was an extremely delicate operation, performed in impossible conditions. The team had only a 2 inches gap to move; the pipe (inclined, and also shifting the angle) was constricted between the pillar and the stairs. Heavy sludge was inside; at first, they couldn’t work because of the steady leakage; the same happened at the second spot, even more infectious. To contain the odor, sand was spread along the parapet. In and out, the plumbers kept removing/installing segments until the new ones fit properly, then glued them.

The first day the plumbers were on site for 11 hours. They lit a fire and worked with a torch, but at 7 in the evening they were forced to stop for want of a new long segment. Our old gardener (a mason who had participated in the construction of Vikas first and second building) helped throughout.

Those two days I went up and down the stairs countless times. To watch the dedication, respect, and solidarity uniting those people (one of them is a tall, handsome Muslim youth) was a much rewarding experience—but also one that raises questions.

Will the day come when, instead of hiring local manpower, will we do the work ourselves? Or integrate our best workers as Aurovilians—as the Mother expects from us?

Are the Matrimandir’s golden days gone forever, when we Aurovilians did the physical work (the children too) together with the hired workers?

Not many villagers had yet joined Auroville; but we never lacked the enthusiasm, and stamina, of doing physical work, equals among equals, at the pursuit of a new world and society shattering all obstacles. And we built Matrimandir.

A big thanks to Selvam and his team who performed a miraculous rescue, and to Govind eng who pushed them to do something they had never performed before. Also thanks to Cristo eng, Shanmugan (Pour Tous Water), and Shankar (Matrimandir), all of them came on call. Vikas’s third building materialized in a spirit of solidarity and sharing, with Auroville’s best professionals advising Mohan contractors gathering a most qualified manpower; in that spirit, twenty-five years later, it has been rescued.

Paulette

Note. This is the link to a Google photographic album documenting the strenuous rescue:

- <https://photos.app.goo.gl/XfnVYTLnhzQ5UGWr5>

Please ensure that the hole with a filter in the bathroom, as well as the kitchen pipe, are regularly cleared and the waste matter is thrown in the garbage—not in the toilet or the pipes!—to avoid clogging the drainage system.

Those three plumbers are remarkable, and so is our over 70 gardener, a hard worker. However, this was the first time I watched a Muslim in the team, stunningly joyful. 'You are a Muslim! From which village?' I told him. 'Yes, I am from Pillaichavady' he replied. And me: 'Very good! Hindus and Muslims, together, friends!' and all laughed. They laughed most of the time, though it was so hard; but the one who laughed the most was him. He also wiped pipes and cut them—hence the drips—wearing gloves and a mask, and scraped the encrusted sludge; when he saw me taking pictures he said 'No! No! Marriage!' I replied: 'Work is sacred. You are a handsome boy, don't worry: your marriage will be very happy!' and he let me take pictures, smiling all the time, reassured.

When I first reached the Ashram, 50 years ago, it took me ten years to overcome the guilt complex of being a Westerner. Being taught by a Tamil Muslim, joyfully scraping sludge, plunged me back in my atavist shame.

Paulette

Poetry

FROM BLOSSOMS

*From blossoms comes
this brown paper bag of peaches
we bought from the boy
at the bend in the road where we turned toward
signs painted Peaches.*

*From laden boughs, from hands,
from sweet fellowship in the bins,
comes nectar at the roadside, succulent
peaches we devour, dusty skin and all,
comes the familiar dust of summer, dust we eat.*

*O, to take what we love inside,
to carry within us an orchard, to eat
not only the skin, but the shade,
not only the sugar, but the days, to hold
the fruit in our hands, adore it, then bite into
the round jubilation of peach.*

*There are days we live
as if death were nowhere
in the background; from joy
to joy to joy, from wing to wing,
from blossom to blossom to
impossible blossom,
to sweet impossible blossom.*

Li-Young Lee

BUBBLES BOUNCE

*Bubbles bounce
Bumping into each other
Yet none bursts.*

*Only a screensaver
Can do the trick.*

Or its programmer?

*With joyful Gratitude,
Anandi Z.*

Classes, Workshops & Healing Arts

VERITÉ PROGRAMS

Please contact Verite @ 0413 2622045,
2622606, 9363624083 or
programming@verite.in, www.verite.in



Verité

Vérité Programming Summer Break:

Vérité will be closing all programming activities (Classes, Workshops, and Therapies) from May 1, 2024.

- We expect to resume on June 1, 2024.
- We welcome proposals for inclusion in the June 2024 program. Please submit them by May 10, 2024.

We wish you a very happy summer.

Vérité Programming Team, Kathir

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

- For more details see www.innersightav.org or contact-Kardash on 9940934875 WA.

Kardash.

BHARAT NIVAS PRESENTS

Integral Healing

Integral Healing

Light of Ayurveda and guidance of Mother and Sri Aurobindo

5:45 pm – 6:55 pm

Every Wednesday

From 01 May 2024

Venue:

Bhumika Hall,
Bharat Nivas, Auroville



Workshop by DR. GEETA AUROPREMI

- Brief introduction of Ayurveda
- Swasthya, Aswasthya
- Dosha, prakriti
- Some herbs
- Lifestyle

₹.550 for guest / ₹.350 for Volunteer (savi Id)

Brief introduction of Ayurveda, Swasthya, Aswasthya, Dosha, Prakriti, Some herbs, Lifestyle

Enquiry Contact Monisha +91 8489347454

*Submitted by Monisha
for BN Team*

It Matters

Schedule from Tuesday, 10 to Sunday, 19 May

- **Location:** It Matters, Auroville Main Road next to Progress Transport Service
- **Info:** instagram [@auroville.curated](#) on itmatters.auroville.org/activities or
- All activities are Rs./600 for guests, Rs./150 for Aurovilians/ Volunteers. Discount vouchers available.



Date	Activity
10 May, Friday, 5—6pm	Mystery Activity: Reveal on insta the same day,
11 May, Saturday, 10—11am	Upcycled DIY with Abhipsa
11 May, Saturday, 2—4pm	Intuitive Painting with Marie-Claire Barsotti*
12 May, Sunday, 10—11:45am	Discover Acroyoga with Damien
13 May, Monday, 9—9.30am	Monday Smart Start with Ange Sabine Blanchflower
15 May, Wednesday, 10—11am	Dynamic Flow & Yoga Nidra Sound bath with Chandra
16 May, Thursday, 5:30—6:30pm	Mandala Drawing with Thamizh
17 May, Friday, 5—6pm	Mystery Activity: Reveal on insta the same day,
18 May, Saturday, 10—11am	Upcycled DIY with Abhipsa
18 May, Saturday, 2—4pm	Intuitive painting with Marie-Claire Barsotti*
19 May, Sunday, 10—11:45am	Discover Acroyoga with Damien
19 May, Sunday, 3—4pm	Art of Movement with Sushant

* extra fees for material may be applicable, please check website
Bhakti and Sandra



- **Scientific Meditation with sound healing for distress Mind Body and Soul.** Experience exclusive sound frequencies created by a Japanese Scientist.
 - Monday, Wednesday, Friday, 7—8:30am
 - Advance registration required
- **One To One Health & Wellness Therapy.** Anxiety, Depression, Mental Disorders, Sleep disorder Emotional Blockage Sensory Development
 - Pre appointment is required
- **Analysis of Multiple Intelligence using Scientific Neuroscience Tools.** Eligibility: Anyone from 6 years to 60 years of age
 - Pre appointment is required
- **Conscious Circle & Chanting**
 - Tuesday, 6:30—7:30pm
 - Reserve your space in Advance

*Yatra Srinivasan, Near New Creation Sports Ground,
0413 2623071, +91 9751033162,*

<https://www.yatraarts.org/>, <https://www.yatraartsmedia.org/>



The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)

Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/flowers also available. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a 'once-in-a-lifetime' experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. the ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/WA +91 9385428400 Isha

YOU DONT WANT TO MISS THIS!

MINDFUL MONDAY

1 Reduces stress

2 Makes you happier

3 Better Sleep

4 Regulates heart rate

5 Promotes positive mood

EVERY MONDAY 07:30AM FOLLOWED BY BREAKFAST

WITH MRADUL JAIN

Learn how a unique japanese scientific meditation blended with ancient wisdom...can change your life!

Every Monday, 7:30am, followed by breakfast

You don't want to miss this! Learn How A unique Japanese scientific meditation blended with ancient wisdom...that can change your life! Reduces stress, Better Sleep, Makes you happier, Regulates heart rate, Promotes positive mood

- Book Your Spot Now
 - Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kuilapalayam
 - 0413 2623071, +91 9751033162 *Yatra Srinivassan*

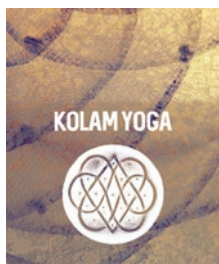
KOLAMYOGA IS NOW SHARING

For free! The first five! Only this year 2024!

Foundation tutorial/ course videos. Filmed/edited by skilled videographer Park Song-Wan. Music by Anungla Radha Longkumar, Danny Becher, Joy Legrand.

Content creation, Kolam syllabus development and distribution (youtube account name) Grace Gitadelila KolamYoga The aim is to give better/ freer access to whoever feels a call to dive into an integral understanding of an essential part

of Tamil culture, a Universal code language, gain knowledge and access to tools of empowerment and self development. And bring forth an awakened call to reconnect consciously with Source its resonance FIELD of all creation!



- [Introduction to KolamYoga](#)
- [Lesson 1 Threshold Guardians](#)
- [Lesson 2 Temple, Gopuram and Kulam](#)
- [Lesson 3 Vaishnavite Padi Kolam](#)
- [Lesson 4 Sun Disc & Swastika/ Suvastika](#) (release full moon 25 April)

Every Month around the full Moon of this year 2024 will see the release of the next 7 KolamYoga foundation videos! Concluding in December with the last of the 12 (13 including the Introduction). If this sparks in you a commitment to learn and practice the foundation Kolam tasks.. I make myself available to give time and encouragement to your learning through for example communication

- +918072449091 WA
- all this free of charge!
- If you additionally wish to see me personally I will need to request a monetary contribution of INR 1500/- per session.

On completing all tasks given of the entire foundation course and well communicated with me, I hand out a KolamYoga Foundation course certification! **Grace**

INTEGRAL ALIGNMENT
ALINEAMIENTO INTEGRAL



Reservas en: 
Bookings on: +91 7457085676, Rachel

- One to One lessons—Small groups

Weaving a tapestry of gentle guidance, leading you through each asana with detail. Verbal cues as a golden thread connecting breath and movement to the essence of your being. Each Asana as an expression of balance, inviting you to return with yourself, aligning your body, mind and spirit.

- *Clases particulares—Pequeños grupos*

Tejiendo un tapiz de suaves movimientos, guiándote verbalmente a través de cada asana con detalle, como un hilo dorado que conecta la respiración y el movimiento con tu propia Esencia. Cada Asana, como expresión de equilibrio, invitándote a resintonizar contigo misma, alineando cuerpo, mente y espíritu.

Submitted by Rachel

ARKA
Wellness Center & Multipurpose Hall
Regular Activities, May

For Any Details And Queries, You Can Contact Us At
arka@auroville.org.in & 0413 2623799



Treatments

Treatment	Therapist	When
Body Logic, Soft Massage & Deep Tissue Massage.	Pepe	Monday. to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti English & French	Monday to Sunday by Appointment: 0413 2623767 antarcalli@yahoo.fr
Chinese Fire Cupping and Moxibustion Therapy	Chun	Monday to Saturday by Appointment 8098900708

Classes

Classes	Teacher	When
Acro Yoga	Damien	For guests, only on appointment on Monday, Wednesday, Friday from 11am—12:15pm OR 3—4:15pm. Intermediate regular classes for long term stay: Aurovilian, Newcomer & Volunteer +91 9047722740 WA
Pilates	Teresa	Tuesday & Thursday, 7:30—8:30am, Friday 5:30—6:30pm by Appointment 7867998952
Iyengar yoga	Olesya	Wednesday & Saturday 6:30—8am Monday, Thursday & Saturday, 5—6:30am Or by Appointment 9159052743

Ramana for Arka

TRADITIONAL
Mantra and Stotra Classes
 @ Serendipity Community with Sonia Novaes
 Thursday, 9am, Drop-In Class
 Friday, 5pm, Regular Class

- serendipityauroville@gmail.com, +91 8940288090

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes.

Sonia



LEELA THERAPY

Leela therapy is available for those wanting to resolve their personal issues or dealing with mental or emotional challenges, such as depression or trauma. It can also support those looking to deepen their personal & spiritual growth. Therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).



**INNER
SIGHT**

- For more details see www.innersightav.org or WA Kardash on 9940934875.

Submitted by Kardash

QUIET HEALING CENTER Summer Break



Till Monday, 17 June

Quiet Healing Center will be closed from Friday, 26 April till Monday, 17 June for annual repair and maintenance works. With our apologies for any inconvenience,

Guido

for Quiet Healing Center Team

www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966 Mobile & WA

THERAPIST TRAINING IN QUIET

Looking for life-changing work?

We are holding a therapist training at the **end of the month in Quiet**. A long time friend of Auroville and international teacher is here to share Wood's Method Gravity Colon Hydrotherapy. We are holding this training for Aurovilians who would like to devote their time by the ocean and work at Quiet for minimum of one year. This practice deeply heals and changes lives. Learn the magic of emotionally intelligent bedside manner and witness the magical healing capacity of the human body.



- Serious candidates only please inquire at 7639163541

Lucas

ACROYOGA



- For guests and beginners on appointment only,
- Monday, Wednesday, Friday, 1am—12:15pm or 3—4:15 pm
- Contact +91 9047722740 WA

Damien

NEWS FROM Auroville Language Lab



Please remember to put your mobile phones on flight mode and switch off all wireless and blue-tooth devices before you enter the Lab. We are a wireless-free space!

Conversation Practice Sessions

Conversation Practice sessions will be on Mondays for Samskrit, Tuesdays for Spanish & Tamil, Wednesdays for French, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for Hindi, German & Italian. Please come forward for other languages! All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or message to +91 98430 30355 WA. Please let us know if you'll be coming so that the intervenors can decide to do other things with their time in case there are no bookings!

Evening Programs!

- **5—6pm, Monday to Friday**

From 1 February 2024, we launched a new experiment. The Language Lab extended its opening summer hours from 5—6pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, poetry readings as well as self-learning and guided study in different languages with our mediathèque.

This program is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests, and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests, are welcome to join. Come share your language with others!

Sanskrit Chants with Vishawanathanji

Sanskrit Chants with Vishawanathanji will now take a break until the first of June.

Our first full-length publication

We are delighted to share that our first full-length publication, 'From Resonance to Bonding' by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies.

- Order through our website:

<https://books.aurovillelanguagelab.org/>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free here, before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on 'Resonance in the Womb' full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). It will be ready as a paperback in India very soon; if all goes well, by end-June. In other countries it is already available in both formats.

Tomatis

There will be a short week-long break for the week of 13—18 May to enable the polishing of the tiles in the corridor. There are spaces available **after that** for both language & listening training programmes!

- Please contact 0413 3509932 or 0413 2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyy-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Summer Break for some classes

There will be a short recess for teachers of Tamil, Spanish, French and English (with exceptions) with resumption around mid-June. Exceptions include: pre-intermediate and intermediate English, with Rupam and Taranti. The mediatheque will be open and all are welcome.

Language Courses at ALL

New! TEFL Preparation Course

- Tuesday/Thursday 10:30am—12pm, 2—23 May

The Language Lab is happy to provide an introduction and basic training for those seeking to Teach English as a Foreign Language (TEFL). Aurotaranti will facilitate the course.

New Beginner French with Samuel from 14 May

- Tuesdays and Thursdays, 4—5pm
- Starting 14 May 2024
- Duration 8 hours (over one month)

Samuel, from Martinique, is a native French speaker who is keenly interested in introducing the French language to eager learners. In this 8-hour (1 months) course, he will give you a really fun yet structured introduction to basic French. Get ready to enjoy yourselves in this short course!

New Beginner Hindi with Kaushal from 1 June

- Wednesdays, 2—4pm
- Starts in early June 2024 (TBA)

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

New Beginner Sanskrit with Kaushal from 1 June

- Thursdays, 2—4pm
- Starts in early June 2024 (TBA)

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation and chanting of selected mantras.

There's a language you would like to learn but it's not listed ... please let us know!

To join or enquire

- Please fill out our form at <http://register.aurovillelanguagelab.org/>
You may also drop us an email at info@aurovillelanguagelab.org,
- call us at 2623661, text us at +91 9843030355
- or or come visit us!

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Looking for

We found a volunteer for the Telegu translation editing work, and for most of the other tasks. But we could definitely still do with someone to help with fundraising. We always welcome volunteer language teachers. We are looking for a French teacher for 3 months.

The Language Lab is open

- Monday—Friday, 9am—12pm & 2—7pm
- Saturday, 9am—12pm & 2—5pm
- Location: International Zone, after Unity Pavilion & Pump House.
- Email: info@aurovillelanguage.org
- Phone: (0413) 2623661, 2622467, 919843030355

Mita, for Language Lab Team

Cinema



Aurofilm Presents At Multi Media Centre Auditorium (MMC, Town Hall)

- Reminder: Friday, 10 May, 8pm

A Woman of Paris, US, 1923

This week we present a 1923 silent film, written, directed and with music by Charles Chaplin; and the first in which he does not appear as an actor!

With: Edna Purviance, Carl Miller, Lydia Knott, Adolphe Menjou

Synopsis: Two young lovers Marie and Jean date against the will of their respective families and decide to leave the provinces for Paris where they will marry. While

Marie grows impatient at the station, Jean, helpless, is prevented from reaching on time. He misses Marie at the station and she therefore leaves for the capital alone and disappointed. A year later, living with his mother in Paris, Jean meets again by chance the woman he loved madly. In the meantime, Marie has conquered chic Paris leading a luxury life courted by the rich Frenchman Pierre Revel. Will Marie accept Jean in her life?

Original silent version with music, English inter-titles, duration 1h.18'

We hope you will enjoy this romantic drama with Chaplin's sharp eye and love for humanity... After this film show, we will take a little break to return early July with new Friday movies and Cine-Master Classes! With love and light for your Summer time, wherever you are. You may also go to our Aurofilm YouTube channel to follow or discover our productions!

Surya & Susana



KUNG FU PANDA PART 3
11 May, 7pm @ Unity Pavilion



The legend continues! Dive back into the world of awesomeness with Kung Fu Panda Part 3! Join us on 11 May at 7pm for the ultimate panda-packed adventure. Get ready for thrills, laughs, and epic Kung Fu battles that will leave you on the edge of your seat!

Don't miss out on the action!

Arun

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.

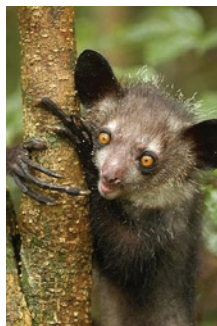
****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 17 May

Last Chance to See—Aye Aye

2009 / 59 minutes / Tim Green

This documentary showcases the efforts taken to conserve the elusive and fascinating aye-aye. Conservationists are struggling to preserve the remaining fragmented islands of forest by planting green corridors and engaging local communities. In a Malagasy village, Fry and Carwardine witness a traditional healing ceremony. The aye-aye has been a victim of cultural beliefs as well as habitat loss, regarded by some natives as a symbol of death.



Aviram



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
13 May to 19 May 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Indian Subcontinent—Monday 13 May, 8pm
Laapataa Ladies (Lost Ladies)

India, 2023, Dir. Kiran Rao w/ Nitanshi Goel, Sparsh Srivastav, Savita Malviya, and others, Comedy-Drama, 122mins, Hindi w/ English subtitles, Rated: NR (PG)

This much acclaimed film by both critics and audience—is set in 2001, somewhere in rural India. It is about the adventures of two young brides who get lost from the same train. The chaos that ensues is both funny and moving; and sparks an unexpected series of events that lead them into a journey of immense discovery; about themselves, womanhood, and life itself. Can't miss this comedy of errors!

Potpourri—Tuesday 14 May, 8pm
The Tree Of Life

USA, 2011, Writer-Dir. Terrence Malick w/ Brad Pitt, Sean Penn, Jessica Chastain, and others, Drama-Fantasy, 139mins, English w/ English subtitles, Rated: PG-13

The impressionistic story of a Texas family in the 1950s. The film follows the life journey of the eldest son, Jack, through the innocence of childhood to his disillusioned adult years as he tries to reconcile a complicated relationship with his father. Jack finds himself a lost soul in the modern world, seeking answers to the origins and meaning of life while questioning the existence of faith.

Interesting—Wednesday 15 May, 8pm
Hack Your Health: The Secrets Of Your Gut

USA, 2024, Dir. Anjali Nayar w/Giulia Enders, Heiner Krammer, John Cryan, and others, Documentary, 79mins, English w/English subtitles, Rated: NR (G)

An informative yet lighthearted film exploring the intricacies of the digestive system, especially the gut microbiome, and its pivotal role in maintaining overall health and well-being. Simply told, this film is enjoyable and essential. Don't miss!

Selection—Thursday 16 May, 8pm
Wo Hu Cang Long (Crouching Tiger, Hidden Dragon)



Taiwan-Hong Kong-USA-China, 2000, Dir. Ang Lee w/ Chow Yun-Fat, Michelle Yeoh, Ziyi Zhang, and others, Action-Adventure, 120mins, Mandarin-Chinese w/English subtitles, Rated: PG-13

In early 19th century Qing Dynasty China, the renounced swordsman, Li Mu Bai, who yearns for enlightenment—decides to end his carrier and gives his sword, Green Destiny, to Governor Yu, via a female warrior Yu Shu Lien. However, it is stolen, and the chase is on to find it. The search leads to the House of Yu where the story takes on a whole different level.

International—Saturday, 18 May, 8pm

20.000 Especies De Abejas (20,000 Species of Bees)

Spain, 2023, Writer-Dir. Estibaliz Urresola Solaguren w/ Sofía Otero, Patricia López, Arnaiz Ane Gabarain, and others, Drama, 128mins, Spanish-Basque-French w/English subtitles, Rated: NR (PG)

In this acclaimed debut feature the director gently and compassionately tells a story about exploring gender and personal identities. Ane, a sculptor living in the south of France, in the middle of a professional and personal crises decides to spend the summer, along with her three children, in a Basque Country village with her widowed mother Lita and her aunt Lourdes, who are also beekeepers. Coco alias Lucia is 8-years old and is confused about her gender identity. As she explores, women in her family reflect on their own lives and desires as well. The experience and revelations can change their lives forever. A must watch!

Children's Matinee—Sunday, 19 May, 4pm

The Secret Of Kells



Ireland-Belgium-France, 2009, Writer-Dir. Tomm Moore & Nora Twomey w/ Evan McGuire, Brendan Gleeson, Mick Lally, and others, Animation-Adventure, Irish Gaelic-Norwegian-Latin-English w/English subtitles, Rated: NR

Young Brendan lives in a remote outpost under siege from barbarian raids. A new life of adventure beckons him when a celebrated master arrives from the isle of Iona with an ancient but unfinished book, brimming with secret wisdom and powers. To help complete the magical book, Brendan must overcome his deepest fears on a dangerous quest that takes him into the enchanted forest where mythical creatures hide. It is here that he meets the fairy Aisling, a young wolf-girl, who helps him along the way. But with the barbarians closing in, will Brendan's determination and artistic vision illuminate the darkness and show that enlightenment is the best fortification against evil?

Marcel Pagnol Film Festival @ Ciné-Club

Ciné-Club Sunday 19 May, 8pm

César

France, 1936, Dir. Marcel Pagnol w/ Raimu, Orane Demazis and others, Comedy-drama, 168 mins, French w/ English subtitles, Rated: NR.

Fanny, abandoned by Marius, marries Panisse who adopts Césariot, the child of love, and raises him as his son. Today, Césariot is an adult and Panisse is dying. Fanny reveals the truth to her son, who then decides to go in search of Marius, his father, regarding her future.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. You could financially support through a one-time or recurring donations to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution.

Nina, MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

Accessible Auroville Public Busavbus@auroville.org.in, +91 9443074825**Auroville TO PONDICHERRY**

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35

**Pondicherry TO AUROVILLE**

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Bus passes

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way Monthly** (Workers/Volunteers)
- Rs.1200: **Student Monthly pass**

AV account / Cash / UPI Transfer :

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join On WhatsApp group**of Auroville Bus** to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

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NewsAndNotes@auroville.org.in*

Editors' Note



Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery is rain on Friday.

*Light and Peace,
Roy and AgniJata*