

News & Notes

#1061, 9 January 2025

A weekly bulletin for residents of Auroville



Happy Pongal

Three powers of Speech that carry the Light in their front, . . .
a triple house of peace,
a triple way of the Light. *Rig Veda*

He is born a seer with the mind of discernment;
an offspring of the Truth,
a birth set within the secrecy, half arisen into manifestation.
Rig Veda

Pondering



But the supramental change in its process carries us into less explored regions; it initiates a vision of heights of consciousness which have indeed been glimpsed and visited, but have yet to be discovered and mapped in their completeness. The highest of these peaks or elevated plateaus of consciousness, the supramental, lies far beyond the possibility of any satisfying mental scheme or map of it or any grasp of mental seeing and description... It would be difficult for the normal unilluminated or untransformed mental conception to express or enter into something that is based on so different a consciousness with a radically different awareness of things; even if they were seen or conceived by some enlightenment or opening of vision, another language than the poor abstract counters used by our mind would be needed to translate them into terms by which their reality could become at all seizable by us... As the summits of human mind are beyond animal perception, so the movements of supermind are beyond the ordinary human mental conception... it is only when we have already had experience of a higher intermediate consciousness that any terms attempting to describe supramental being could convey a true meaning to our intelligence; for then, having experienced something akin to what is described, we could translate an inadequate language into a figure of what we knew... If the mind cannot enter into the nature of supermind, it can look towards it through these high and luminous approaches and catch some reflected impression of the Truth, the Right, the Vast which is the native kingdom of the free Spirit.

*The Ascent towards Supermind,
The Life Divine, Sri Aurobindo*

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House of Mother's Agenda



(continued from last week)

I was asked for an illustration for H.; I saw the image, the Lord's face with a sardonic smile. And then, after last night's experience, this morning suddenly that expression of the face changed, and I saw the image of the true, the true sorrow of Compassion—I don't know how to explain it.... The sardonic smile changed: from sardonic it grew bitter, from bitter it grew sorrowful, from sorrowful it grew full of an extraordinary compassion....

(silence)

So we could say that Falsehood is the sorrow of the Lord. And that His Joy is the cure for all Falsehood.

Sorrow had to be expressed so as to be erased from the creation.

And sorrow is Falsehood—the Lord's sorrow, sorrow in its essence, is Falsehood.

So to live in Falsehood is to hurt the Lord.

It opens up horizons....

And His Joy is the cure for everything.

That's the problem seen from the other angle.

So, if we love the Lord, we cannot give Him cause for sorrow, and necessarily we emerge from Falsehood and enter Joy.

That's what I saw last night. It was all silvery. All silvery, silvery....

There was even the vision of how the vibrations were in the cells: vibrations that were silvery, sparkling, rippling, but very regular, and precise... (how can I put it?). It was the contradiction of Falsehood in the cells; like little flashes of silvery light.

But that [Falsehood] is the great obstacle, the extreme difficulty. It's something gluey which entered the creation and sticks to everything, and which has become a material habit too, because it's not only Mind that has Falsehood in it: there's Falsehood in Life, in Life itself. In the completely inanimate, I don't know.... Maybe it came with Life? (According to *Savitri*, the origin of Falsehood lies in Life.) But it's as though Unconsciousness, in order to go towards Consciousness, to return to Consciousness, had taken the path of Falsehood and Death instead of the path of Truth.

And Falsehood is this: the sorrow of the Lord.

I was asked for a message for next year, and things of that sort kept coming to me, so I didn't say anything. They wouldn't even understand, it's incomprehensible if you don't have the experience. And if you say just like that, almost dogmatically, "Falsehood is the sorrow of the Lord," it doesn't mean anything.

Or if you say it in a literary way, it's no longer true.

And if you said, "Falsehood is the Lord's way of being unhappy" (!) (*Mother laughs*), people would think you're not being serious.

Well. My children, I think it's time to go and do our work. I wish you a happy new year!

The Mother's Agenda, December 31, 1963

<https://incarnateword.in/agenda/4/december-31-1963>

*With love and gratitude,
Gangalakshmi (HOMA)*

Townhall Speaks

DIWALI & PONGAL BONUS DISBURSEMENT

Dear Trustees & Executives & Managers of Auroville Units/ Activities/ Services/ Projects,

The Bonus Act “[25 September, 1965.]—[An Act to provide for the payment of bonus to persons employed in certain establishments and for matters connected therewith]”.

Therefore, Diwali & Pongal Bonus disbursement can only be given to the staff of the Units/ Activities/ Services/ Projects with salaries below of Rs. 21,000/- per month and not to Aurovilians. Aurovilians are under the central maintenance policy and are not considered employees. This disbursement by some Units/ Activities/ Services/ Projects puts the Auroville Foundation Tax Exemption status in jeopardy.

If some of the Trustees, Executives & Managers of Auroville Units/ Activities/ Services/ Projects feel that certain Aurovilians merit an “incentive”, this has to be brought for prior approval to the FAMC, who will qualify it based on the turnover, expenses and profit (losses) of the Units/ Activities/ Services/ Projects under their 67% of the surplus. Keep in mind that any incentive paid attracts a GST of 18%.

All income-generating units will only use the maintenance module feature of the financial services to provide monthly maintenance and special incentives to Aurovilians and will not disburse any kind of bonus to Aurovilians.

*In Her Service, Chandresh, Geeta, Margarita,
Sathyannarayananji and Torkil*

AUROVILLE THE DREAM

Welcoming Newcomers and Volunteers!

**Weekly sessions starting Thursday, 9 January
4—6pm @ Unity Pavilion**

Dear AV Community! While you all wait for the situation to clear regarding your process and, as many of you have questions about Auroville, we invite you to join the weekly sessions, every Thursday, from 4 to 6pm at Unity Pavilion, with a fellow new aspirant on this journey along with you. Each session will add new elements as it progresses.

There will be time for Q&A and we hope to update you about the Newcomer and Volunteer process, so these sessions will help you with your own process as well. Members from the community and the Working groups will join from time to time to answer your questions.

Happy New Year and see you there!

*The Working Committee,
Anu, Arun, Joseba, Partha, Selvaraj, Tine*

INVITATION TO WELLNESS OPEN HOUSE

Saturday, 11 January, 3—5pm @ Unity Pavilion

The FAMC invites all Auroville residents to an Open House to discuss and present our proposed Work Plan for Auroville’s Health and Wellness. This is an opportunity for the community to engage, provide feedback, and share thoughts on how we can collectively shape a responsive and sustainable health and wellness framework.

What to Expect:

- Presentation of the proposed work plan and key initiatives.
- Overview of the new working group’s roles, responsibilities, and objectives.
- Open forum for RA feedback and questions.
- Opportunities for future collaboration and involvement.

This meeting is a vital step in ensuring Auroville’s health and wellness systems reflect the collective aspirations and needs. We look forward to your presence and valuable contributions.

*Suriya for FAMC
and Health and Healing Trust*

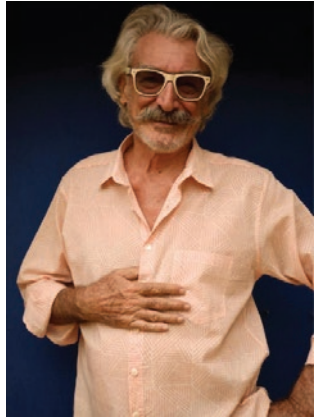
Community News

Passing On

MARCO FEIRA

Marco Feira passed away in his house in Sharnga community on 26 December 2024 at the age of 75. He had been suffering from pancreatic cancer.

Marco joined Auroville almost 30 years ago. His was a full and varied life, initially shaped by his love for the arts, later by his love for the spiritual. While growing up in Turin, Italy, he started painting and joined the Arte Povera movement, using everyday materials to create a new pictorial language. In the late 1960s he travelled to Afghanistan, Pakistan and India where he fell in love with the arts and antiques.



His focus expanded and he became one of the first Italian dealers in Asiatic art and antiquities, running, by the end of the 1970s, a business with more than 20 employees.

India touched him in other ways as well. He started studying Indian philosophy and the Vedas, with his first book being one by Sri Aurobindo which, he said later, he hadn't understood at all. Together with his wife Liliana, Marco discovered Auroville. After visiting Auroville for many years, they joined in 1997. Here Marco and Liliana started the fashion and jewellery unit Miniature—a name chosen as a living reminder to keep the production small.

Marco will be particularly remembered for his role in stimulating the arts in Auroville. Together with four other Aurovilians, he started the AV Art Service in 2010, aiming at supporting and developing the arts in Auroville. He stressed the importance of art for Auroville and was inspired by what the Mother had said about art:

“Art is nothing less in its fundamental truth than the aspect of beauty of the Divine manifestation. ... like a Yogi an artist goes into deep contemplation to await and receive his inspiration. To create something truly beautiful, he has first to see it within, to realise it as a whole in his inner consciousness; only when so found, seen, held within, can he execute it outwardly; he creates according to this greater inner vision. This too is a kind of yogic discipline, for by it he enters into intimate communion with the inner worlds.”

He was one of the founder editors of the occasionally-published magazine called MAGzAV, which focused on questions around what the new culture of Auroville was, how art could contribute to the building of the city, and how Auroville artists could foreground critical aspects of the budding values of the community.

Marco also curated many art shows, amongst which was the exhibition Transformation that was part of The Auroville Festival—City for “Transformation” at the India International Center, New Delhi, in September 2012. The exhibition, which showed works of Auroville artists, was a great success and led Marco to dream about an Museum of Modern Art in Auroville, which would host art that spoke directly to the viewer, who should experience ‘something’ and ask questions so deep that answers would have to be found at the spiritual level.

Cinema was another art form Marco loved. He brought to life the Cinema Paradiso in Auroville’s Multimedia Centre, showing films from different parts of the world, and he started the bi-annual Auroville Film Festival, a platform for movies made by people from Auroville and elsewhere. The experience led to exchange programmes with film festivals

in other parts of the world and to the decision to make film making part of the curriculum of some of Auroville's schools. His focus on art was supported by his focus on Tai Chi Chuan. Marco had spent a year in a Zen monastery in Italy learning breathing techniques, concentration and meditation, which became part of his daily routine. In Auroville he studied Tai Chi Chuan as taught by The School of the Inner Way of Vlady Stevanovitch. He studied this form intensively and became a teacher himself, ultimately training between 20 and 40 people a year for more than 20 years.

Marco's remains were buried on 27 December at the Auroville Burial Grounds with many attending. Auroville salutes a wonderful man whose artistic insights, touch and initiatives will have a lasting impact on the city to come. Our warmest condolences go out to Liliana, Ambra, Alessio, Igor, Ramon, Diego.

OM, Krishna

REMEMBERING MARCO

A great friend of the late Giorgio Molinari, Milan's photographer and an Aurovilian, Marco also experimented with photography. He displayed an exhibition with pics from a baroque church and common life, a theatre of the absurd. Marco had mounted it on elegant satinated aluminium frames; he wished to donate them to Pitanga but, aerally moving by the wind, they indented the walls and this was the end of the adventure, alas.

A joyous occasion was an exhibition in Chennai to celebrate the (50?) years of the Italian Chamber of Commerce. Sauro had invited us Italian photographers: Giorgio, Marco, Pino and myself; it was interesting to see how different our photographs were, though we hailed from the same country. Next to us was a hall with war and slum photographs; I forgot the celebration and merged instead into the world's tragedy evoked by a Chennai photographer. How distant from what we Aurovilians, hosted in a super deluxe hotel with banquets hall and delicious food, presented! Inverting responsibilities? It was surreal.

Marco was a fine cinema critic and his choices showed the impassioned social commitment that characterised our Italian generation. Today, hardly anything of this remains.

Paulette

JEAN-MARIE PASSES



This is to inform that Jean-Marie (Siddhartha Forest) left his body during the night of 31 December to 1 January, at home.

Submitted by Roy

Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION

Please note that the Matrimandir Access team has made **Some small changes to the Access Policy**

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday eve-

nings will have to book one or two days in advance at mmconcentration@auroville.org.in

- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org

Access to the Park of Unity

The Park of Unity:

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders:

- Daily 7—8am, 5—6pm.



Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass.
- Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir

- The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org
- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

*The Matrimandir executive team,
Antoine, Divya Karun,
John H., Judith, Sundar K*

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri

5:30—6pm, every Thursday
(weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **New:** Guests with Aurocard wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Thank you.

Surya and Velmurugan for Amphitheater team

Special Calendars 2025

THE MOTHER'S PAINTINGS wall calendar, 2025

For the first time ever, a calendar of the Mother's paintings has been brought out. It depicts 14 of her paintings, some of them painstakingly digitally restored. The calendar has been printed on high-quality art paper at a specialised printing press to bring out their true beauty.

(The paintings have been taken from the forthcoming book, *The Mother as an Artist*, to be available later in 2025.)



The calendar is available from Sabda in Pondicherry. Cost in India: Rs.200 each including tax. Rs.175 each for 10 or more copies.

- It can also be ordered online (postage extra) at this page: <https://www.sabda.in/static/2025items.php>
- Supplies are limited.

From the explanatory text on the back cover: "...The Mother's artistic work was marked by a unique blend of emotional depth and spiritual insight, reflecting her inner experiences and her connection with higher planes of consciousness. Her paintings convey the subtle and invisible aspects of reality, aiming to express the deeper, unseen forces that shape the world."

- For more details, contact kim@auromail.net +919245445725 WA, ph. Mauna

MATRIMANDIR CALENDAR 2025

Matrimandir Calendar 2025 is again available!

The 2025-edition emphasizes the beautiful Darshan decorations around the Banyan tree and the Amphitheatre, bonfires, a gorgeous sunset, and some of the new gardens. Each page of the Matrimandir Calendar 2025 is colorful, and there are 12 additional smaller photos on the calendar-page with a quote from Sri Aurobindo's Savitri.



The price is Rs. 180.— (plus postage and 18% taxes when applicable). Shops will add their taxes and commission to this price. All proceeds from the sale of the calendar is donated to the Matrimandir as always.

Kindly place your orders.

tine@auroville.org.in
+91 9843984181 WA, +91 8903938649, Tine

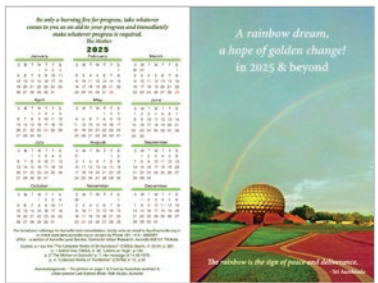
Acres for Auroville

THE LAND FUNDRAISERS

Annual New Year's Card for 2025

Freely distributed at the Town Hall kiosk and at PTDC

The year 2025 is upon us! We, at the land fundraising team, once again take this occasion to create and share a New Year's card to highlight Auroville's inspiration and its profound goals of human unity and spiritual evolution. This year, we present images of the



"If in the meaningless Void creation rose,
If from a bodiless form Matter was born,
If life could climb in the unconscious tree,
If its green delight break into emerald leaves
And its laughter of beauty blossom in the flowers
If sense could walk in stone, nerve and cell
And thought seize the grey matter of the brain,
And soul leap from its canopy through the flesh,
How shall the numberless Light not leap on men,
And unknown powers emerge from Nature's sleep?"
Savitri, Book X, Canto IV

"A new creation from the old shall rise,
A knowledge inarticulate and speech,
Beauty expressed here in paradise bloom,
Pleasure and pain also into absolute bliss.
A language unshakable shall speak at last,
The Superconscious Conscious on earth,
The Eternal's wonders join the dance of Time."
Savitri, Book IX, Canto IX

With our greetings for 2025 and appreciation for your goodwill and collaboration, *Acres for Auroville (India) & (International)*

Matrimandir—the heart and soul of Auroville, and the manifestation of decades of dedicated commitment by Aurovilians and friends in support of these goals. We thank Auroville photographer and architect Lalit Kishore Bhati who has offered his photos for our card.

The cards are distributed for free at the Town Hall kiosk and at PTDC.

*With our warm New Year's greetings to all,
Aryadeep, Jothi, Mandakini
for the Land Fundraising team*

Awakening Spirit

SAVITRI BHAVAN



Schedule, January 2024

Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays 4pm in the Sangam Hall

- **January 13: *Life After Life:*** A video documentation based on the research work and book *Life After Life* by Dr Raymond A. Moody. People who were clinically dead, speak about their out-of-body experiences and how they came back to life. Duration: 59min.

This film by Peter Shockey is based on the research by Dr. Raymond A. Moody involving thousands of people who experienced clinical death, and “went to the other side” and were subsequently revived.

Six people are talking about their personal out-of-body experiences, their journey to the other side, and their return. The causes of their near-death experiences (NDE) were: lightning, suicide, complications after surgery, double lobar pneumonia, multiple bee stings, and assassination by the KGB. They describe their experiences as *out of body*. They talk of *angels and ecstasy, soul travel, tunnel leading to the light, life preview and return*.

On the other side and in warm light and unconditional love, they often see their relatives or friends. Often, they see a panorama that consists of everything they ever have done in their lives, from their birth until the time they call death.

All who come back have a new value system. It is based on loving others and seeking love-based relationships. And they have no more fear of death. They know the importance of Love through experiences of unconditional Love and Wisdom on the other side.

Professor Dr. Raymond A. Moody has studied Philosophy, Medicine, and then near-death experiences for almost 50 years. He is widely recognized as the leading authority on near-death experiences, and it was he who coined the term. His groundbreaking book *Life After Life* (1975) inspired scientific interest in life after death. Raymond A. Moody trained hospice workers, clergy, psychologists, nurses, doctors, and other medical professionals in matters related to death, dying, grief, and recovery. He also promoted a sincere scientific understanding and perspective and a new consciousness about Death, Dying, and the Afterlife.

The film is also available on Vimeo under the title *Life After Life*: <https://vimeo.com/85524391>

- **January 20: *Our Gratitude:*** A musical offering specially composed by Shobha Mitra for the centenary of the Mother's first meeting with Sri Aurobindo on 29 March 1914, performed by the Ashram Choir in the Savitri Bhavan Amphitheatre on 30 March 2014. Duration: 35min.
- **January 27: *Alexandra David Nèel: 1911—1924 Journey through India, China and Tibet.*** This remarkable woman (1868-1969) was a close friend of the Mother in Paris, and visited Sri Aurobindo in 1911. The film is in French with English subtitles. Duration: 104min.

Full Moon Gathering

- **Monday, 13 January, 7:15—8:15pm** in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in *The Life Divine* led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Wednesdays 4:30—7pm:** Savitri Satsang followed by OM Choir led by Narad
 - **Savitri Satsang, 4:30—5:15pm**
@ Savitri Bhavan, Square Hall

From the Mother: The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted. A complete system of yoga which can serve as a guide for those who want to follow the integral sadhana.

- **Om Choir, 5:30—6:15pm**

The voice that chants to the creator Fire, the symbolled OM, the great assenting Word. Savitri

Please join us in this collective aspiration, in the form of united prayer. No prior singing experience required. *Narad*

- **Thursdays 4—5pm:** Videos of *The English of Savitri* led by Shraddhavan
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from *The Synthesis of Yoga* led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Dhanalakshmi & Margrit for Savitri Bhavan

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo



By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :

Resource Library,
Bharat Nivas, Auroville



Scan for Location



LABORATORY OF EVOLUTION LIBRARY

Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ...etc. You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, Cd & DVD, films & lectures.

- **Open Monday to Saturday 9am—12pm**
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building.

Kalyani for LOE



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Calendar of regular events of January 2025

Every Tuesday 6:45 - 7:30pm

Savitri Reading

Every Thursday 6:00 - 6:30pm

Meditation

9th & 23rd, Thursday 6:30 - 7.30pm, reading

“The Mother’s Questions & Answers- Vol-7”

in English

13th, Monday at 6:30pm full moon, reciting

Sri Aurobindo’s Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street

Edayanchavadi, Auroville

Location



kshetram2014@auroville.org.in

Education

MARGAZHI VAIBHAV

Culmination Day Performance

Sunday, 12 January, 10:15—11:30am

@ Unity Pavillion

About 100 students from Auroville Schools have been chanting The Thiruppavai every morning from 16th Dec, a devotional practice during the month of Margazhi. The Tiruppavai are verses of the poet-saint Andal, and it is believed that they carry the entire essence of the Vedas.

On one of the days this year, an Aurovilian youth who is a trained Bharatnataym dancer was invited to perform for the students a choreography based on Lord Vishnu’s Dashavatar. The idea caught the fancy of the students coming regularly and along with their teachers, they decided to make their own choreography selecting a few Parsurams (stanzas) that they had been chanting. This is how the idea to hold a culmination day for the month-long commitment emerged.

We are delighted to invite you to the **Margazhi Vaibhav Culmination Day Performance**, a celebration of devotion, perseverance, and community spirit.

Join us as we appreciate our students’ dedication and immerse ourselves in the sacred sounds and timeless verses.

Dress Code: Traditional attire is encouraged, but all are welcome.

Nilima for Margazhi Vaibhav Organising Team

DOMINIQUE DARR GRANT

For Young Aurovilians 14—30

We are happy to launch Dominique Darr’s Grant first edition. Through the Dominique Darr Grant, Centre d’Art wishes to encourage artistic expression of the Auroville youth and showcase their talent. The DD Grant is intended to support young artists in the production of an exhibition to be held at the Centre d’Art in August 2025. Photography and video will be the main mediums in tribute to Dominique Darr’s profession and passion.



Grant Info: Funding for an exhibition at Centre d'Art in August 2025

Eligibility: Open to Aurovilians from 14 to 30 years old

Categories: Video/ Photo

2025 edition theme: The sun, the moon and the truth—Three things cannot be long hidden. (Gautama Buddha).

Timeline

1 March 2025: Preliminary project submission deadline

15 March 2025: Announcement of the laureates

15 July 2025: Final production deadline

15 August 2025: Collective exhibition

- Please send an email to centredart@auroville.org.in if you wish to have more information. Marco

KULAI CREATIVE CENTRE

Next to Auroville Bakery, Kuilapalayam

kulaicreativecentre.auroville@gmail.com

8608473385



	10–11:30am	12–1pm	3–4:30pm
Monday	English Class	Mother's 12 Quality Session Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tuesday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednesday	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thursday	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiam, Silambam, Up-cycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15.		

Selva for KCC

AUROVILLE LIBRARY

Our Reading Circles

- **Mondays 6—7pm:**
The Prophet by Kahlil Gibran, hosted by Malcolm, +91 9080159721
- **Tuesdays 6:30—7:30pm:**
A New Earth by Eckhart Tolle, hosted by Debashish +91 7678208825
- **Thursdays 6—7pm:**
When Things Fall Apart by Pema Chodron, hosted by Helen & Serena +91 7094753054, +91 8489760966

Auroville Library Contacts and Timings

- 0413 2622 894, avlib@auroville.org.in
- **Opening timings:**
 - **Mornings:** Monday—Saturday: 9am—12:30pm
 - **Afternoons:** 2—4:30pm: Monday, Wednesday, Thursday, Friday & Saturday; Tuesday: 4—6:30pm. Laura

Ecology

COME & CHECK ECO SERVICE TREASURES

Monday to Saturday,
10:30am—12:30pm & 3—4:30pm

Dear Community, we are delighted to offer a variety of valuable items at Eco Service, like plates, PVC pipes, repair materials, mirrors, glass bottles, and much more.



We welcome all recyclers or anyone needing such items to take them anytime from Monday to Saturday between 10:30am—12:30pm and 3—4:30pm.

- It's best to call Sumit at 6379669034 to confirm his availability before you come by. See you soon!

Laura H. for Eco service team

Health Care



Aurokiya Integral Eye Centre
(An Auroville Unit)



FOCUS




Eye Yoga & Wellness Retreat

For Registration & Details

Date: January 14 to 18, 2025
Time: 7:00 AM - 8:00 AM
Place: Arka, Auroville

Limited Seats: 15



LINK

Aurokiya Integral Eye Centre is hosting our 7th Eye Yoga and Wellness Retreat. Join us as we guide you through eye exercises to refresh your visual system and natural eye healing.

- **To register and for more information**, please scan the QR code or [click on the following link](#).
- **For details and other programs** contact 8012305151/ 9704258709

Aurosugan for Team Aurokiya

TIBETAN DOCTOR IS IN AUROVILLE

Greetings to you all for the year 2025! May you all have a great year with better health, wiser and a wonderful year. This is to let you know that for the month of January 2025, Doctor and the team from Men-tsee-khang based in Chennai are visiting us on



- Wednesday, 15 January: 2—5:30.
- Thursday, 16 January, full day: 8:30am—1pm & 2—5:30pm.
- Friday, 17 January: 8:30—1pm.

To get your appointment kindly call 0413 2622401 or message to 8489067332 WA.

The consultation is held at the Pavilion of Tibetan Culture International zone Auroville. You can also find Herbal products produced by Mentseekhang based in Dharamsala. You are always welcome to visit us during our visiting hours and Wishing you All a very Happy New Year.

Kalsang

WEEKLY BABY SUPPORT CIRCLE: LITTLE RED FEET

Every Wednesday, 9am—12pm @ Humanscapes

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Morning Star!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one.



Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

SANTÉ SERVICES



Santé

Schedule, January 2024

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Senthil & Dr. Pavan: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: Monday to Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday (except Friday)
Midwifery & GYN Care with Paula: Monday & Wednesday	Adaptive Therapy (all ages) with Asita: Wednesday & Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry email: adminsante@auroville.org.in	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in,
<http://sante.auroville.org.in>

AURODENT DENTAL CLINIC



List of Services: Complete dental checkup, X-rays (1-3) teeth, Dental cleaning, Filling treatments, Root canal Treatment, Extractions, Crowns (Zirconia, ceramic), Bridges, Acrylic/ cast partial dentures, Flexible denture, Complete denture, Inlay/ Onlay treatment, Implant placement/ implant crown, Periodontal treatment, Teeth whitening, Night guard

Working Hours:

- **Monday to Friday:** 9am—5:30pm
- **Saturday:** 9am—1pm

For Appointments:

- 9629199328 WA, 0413 2622063 Landline

*Sutha for Aurodent Dental Clinic,
Auromode, Auroville*

OFFERING NURSING SERVICES

My name is Madhi and I'm 26 years old. I've been living in Auroville since my childhood with my family. I have done my bachelors degree in B.Sc (Nursing) and I have two years experience as a staff nurse in hospitals (one year in psychiatric ward, six month in ICU and six month in emergency). Past two years I've been working with private diagnosis and health care in Auroville.

Home visit care for elderly people, bed ridden patient, psychiatric patient, etc.

Kindly get in touch with me if you need assistance, hospital care, home care, home visits, or a caretaker. I'm happy to offer my professional skills in the appropriate and proper way.

*Madhi,
9597222826 call/ WA,
madhiazhagan014@gmail.com*

NOTE FROM AUROVILLE HEALTH SERVICES

We are looking for a person (preferably French speaking, otherwise English speaking), who could attend to a French senior lady on four days per week for two hours per day. Payment available.

*9787626452, 9655963914,
Mechtild for AVHS*

ORTHOPAEDICS SERVICES

Available

Dear community, this is Sruthi, 26 years old, an Aurovilian who was born and brought up in Auroville. I have completed my Masters degree in Physiotherapy and I am professionalized in Orthopaedics. I am ready to provide regular home visit care at your place.

- **Services provided:** Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care

Pain is a sign that has to be taken care of.

Kindly get in touch with me if you need home visits.

- Sruthi, 7904769496, WA/ call
- auroshruthi@auroville.org.in

Submitted by Sruthi

Animal Care

SERENITY HOUSE OPENS!

A New Home of Hope for Our Dogs

After months of dedicated effort, we are happy to announce the opening of the newly renovated Serenity House! Once a run-down, cage-like structure, this transformed space now provides a safe and beautiful home for 30 to 40 of our beloved dogs.



The building features six dormitories, each with access to its own spacious "Hope Garden." Auroville's Youth Centre and Youth Link helped us to build beautifully designed dog houses, which will be placed in each garden. One of them, filled with soft white beach sand, is for our paraplegic and paralyzed dogs to prevent injuries from hard or rocky surfaces.

This upgrade significantly enhances the well-being of our dogs and frees up vital space for rescue animals—victims of accidents and abuse who need urgent help.

Help Us Grow the Gardens of Hope!

To complete this transformation, we need your help! We envision lush, green spaces filled with trees and plants that provide shade and beauty. We warmly invite the Auroville Community to contribute by donating tree saplings, bushes, flowering plants, creepers, or any other vegetation to help turn Serenity House and its gardens of Hope into a verdant paradise for our furry friends.

We'll be celebrating this incredible milestone with an *Opening Day Party* soon, and everyone is welcome to visit, enjoy the company of our dogs, and see the changes firsthand.

- **If you'd like to donate plants or saplings**, please contact Arthur through WA Chat: 8122225266.

Thank you for supporting this journey of hope and healing!
Arthur for Auroville Dog Shelter

Youth Initiatives

AUROVILLE YOUTH

Integration (AVYI) Program 2025

22 February, Saturday, to 26 February, Wednesday,
9am—4pm

Join Us for the 2025 Auroville Youth Integration (AVYI) Program!

YouthLink is excited to announce another edition of the Auroville Youth Initiation (AVYI) during the Auroville Week of 2025!



This program is designed for Auroville youth (ages 16-25) to explore Auroville's vision, history, and structure while also diving deeper into self-discovery and connection with their peers.

Co-Create With Us!

While we've prepared a range of exciting activities, we want this program to be shaped by YOU! If there's something specific you'd like to learn or experience, share your ideas with us. Let's create a meaningful and inspiring journey together!

- **Register [via link](#)** or scan the QR code!
- **Reach out to us: youthlink@auroville.org.in**

Jisung on behalf of Youthlink



MAKER SPACE

Monday to Thursday, 8:30am—12:30pm

@ Youth Center

This collaborative workspace is a hub for creativity, exploration, and skill development for makers of all ages. We have already had 30 participants engage in exciting projects, and we are looking to expand our offerings. Your generosity will help us provide a space where individuals can experiment, learn, and create in a hands-on, project-based learning environment.



- If you are interested in supporting our Maker Space with a donation, please reach out to us at Youthlink@auroville.org.in or for in cash donations you can directly transfer to our account 251048.
Lucrezia & Youthlink team

JOIN INTERACTIVE PSYCHOLOGY SESSIONS WITH YOUTH!

Wednesdays, 4:30—6pm @ Youth Space, Center Field

Empowering youth through open conversation, Creating a safe space for self-reflection and intentional learning.

- Facilitated by Juan Andres
- Age group: 16 ~ 30

Jisung on behalf of Youthlink



THANK YOU from YC & YL

We from Youth Center and YouthLink would like to express our sincere gratitude for your contribution in making the Annual Youth Center fair possible. This year's "Fair and Square" was a true expression of joy and community, and we would like to give a big shoutout to all the volunteers, units, and individuals who came together to co-create this event! We have also received multiple inputs regarding the dreams of what you would like to see in the Youth Center in the future, and we will be working diligently to meet the hopes and dreams of the youth!

Lots of love & gratitude and wishing you all a joyous 2025!

Namu for YouthLink and Youth Center team

International

Pavillon de France and Centre d'Art Present

JOIN US FOR PÉTANQUE @ THE FRENCH PAVILION!

Every Sunday, 4—5:30pm, opposite Visitor Center

Discover Pétanque, a classic French game of skill and strategy, played by tossing steel balls close to a small wooden ball (cochonnet). Open to all levels, it's perfect for socializing and having fun. Also a good opportunity to practice your French!

Come share a friendly moment and connect with others in a relaxed, welcoming atmosphere!



Vivekan

A SERIES OF 3 CONFERENCES

on the History of Art

The Epic Stories of Hairstyles... Through Art!

Mondays, 13 et 20 January 2025, à 5pm

@ Centre d'Art—Citadines

Presented by Nathalie Schmitt,
lecturer for the National Museums, In French

Embark on a captivating journey through a virtual museum, unveiling famous paintings, iconic sculptures, literary texts, and timeless myths—all connected by one theme... hairstyles!

Bringing together exceptional guests for the first time, these sessions promise a unique immersion blending charm, symbolism, and identity:



Samson and Delilah will revive the tales of magical powers linked to hair... A Dominican monk and Che Guevara will debate the cultural and identity impact of hairstyles through the ages... Marie Antoinette, in a burst of extravagance, will unveil the art of wigs as symbols of power and style... A few Indian deities will enrich this exploration with their spiritual and mythological symbolism.

These conferences invite you to view art through a unique and original lens, with hairstyles as the central motif traversing eras, cultures, and styles.

Vivekan

LA MÈRE RACONTE (THE MOTHER TELLS)

French Practice
from classes given by the Mother
at the Ashram

Thursday, 16 January, 4:30—5:30pm



@ Pavillon de France

The Mother gave classes in French at the Ashram of Pondicherry in the 1950s. These classes were recorded and gave rise to a book entitled "La Mère raconte". In these short stories, the Mother uses different registers of the French language to express her thoughts in a simple and figurative way. We offer a workshop for reading the texts contained in this book. The workshop is aimed at people who want to deepen their knowledge of French and the thoughts of the Mother. Participants must have a minimum knowledge of French.

The workshop, lasting one hour, will be held every Thursday at the Pavillon de France, from 4:30 to 5:30 pm.

Each workshop will consist of reading the text in French, understanding its vocabulary and discussing its meaning collectively. For sharing, everyone can use French, English or Tamil. The workshop will be led by Augustin, a volunteer at the Ashram who is fluent in Tamil and English and Jean Francois, a French teacher.

Vivekan

SAMBHAVNA

A documentary film in presence of film director Réjane d'Espirac

In French: Saturday, 18 January, 5pm

In English: Saturday, 25 January, 5pm

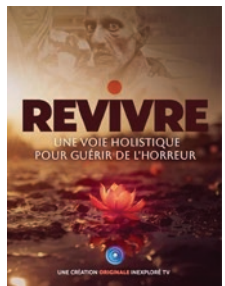
@ Town Hall—Cinema Paradiso

Duration: 52 min + Q&A with film director



Where to find the strength to live again after experiencing horror? Forty years ago, the Indian city of Bhopal, in Madhya Pradesh, became the site of the **worst industrial disaster in history**. On the night of December 2, 1984, a highly toxic gas leaked from a pesticide plant owned by the American company Union Carbide, killing thousands of people and causing cancer and chronic illnesses in hundreds of thousands more. For the past 40 years, these toxins have continued to pollute the surrounding soil and water, creating new health issues. After a few years, conventional treatments (primarily steroids, antibiotics, painkillers, and psychotropic drugs used in large doses over long periods) ceased to be effective. What could be done?

One man had an idea: to establish a clinic in the heart of the contaminated area that offers free treatment to victims using medicinal plants, yoga, and Ayurveda. Its name: **Sambhavna**, meaning “possibility.” More than just a place for care and support, Sambhavna symbolizes the potential for rebirth after horror. Like a lotus blooming in the mud, it represents grace amid chaos. Its story serves as a living reflection on the kind of humanity we wish to cultivate. The documentary explores this story of **resilience and healing**.



“Touching and profound”—Indra Sinha, author of “Animal’s People”

“The essence of real healing and love”—Farah Edwards, cofounder of Bhopal Medical Appeal.

Réjane d'Espirac, the director, will attend the screenings for a discussion and Q&A. **Vivekan**

AN EVENING OF FRENCH POP AND JAZZ

with Sequence 5

Wednesday, 22 January, 7pm

@ French Pavilion (opposite Visitor Centre parking)

Join us for a **jazz music and French pop concert** featuring the band Sequence 5, as they bring to life a delightful blend of timeless melodies and rhythmic energy!

Enjoy the melodies of Barbara Pravi, the timeless compositions of Édith Piaf and Louiguy, and the poignant lyrics of Jacques Prévert and Jacques Brel. The vibrant gypsy jazz stylings of Django Reinhardt and Stéphane Grappelli, along with the Latin-inspired rhythms of Dorado Schmitt, promise to create a rich and unforgettable musical experience. Enjoy the music in a **beautiful, warm, and convivial atmosphere**, accompanied by light refreshments to make the evening even more special.

Let's create unforgettable memories together—don't miss this enchanting night of music! Free entry. All are welcome!

Vivekan



SEEKING OUR INNER BEING

The 'Seeking our Inner Being' Project is happy to present you a few discussions in various languages and from various backgrounds, on the topic of: "Organisation from a Psychic Perspective."

Please, find below:

- [YouthLink](#)
- In [Tamil](#) (also in English version)
- In [French](#) (also in English version)
- In [English](#)
- [Women Circle](#)

Soon to come, the Italian, Korean, Spanish and German groups. Stay in touch through:

- <https://innerbeing.world>
- <https://www.youtube.com/@SeekingourInnerBeing>
- innerbeing.auroville@gmail.com

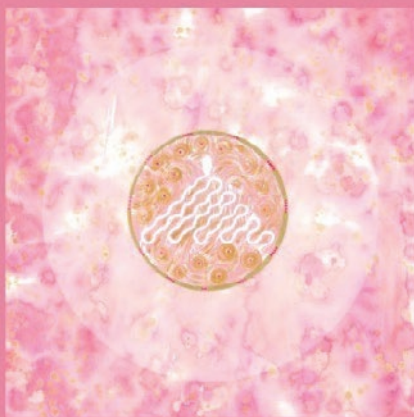


Auroville, India
Innerbeing.world

Dan
for InnerBeing Team

Theatre, Music & Arts

KALALAPA



Kalālāpa

-HER music in the art

By

Jyothirmayee Bommanna



PAVILION OF
TIBETAN CULTURE

04 TO 11
JAN 25



AUROVILLE
ART SERVICE

PAVILION OF TIBETAN CULTURE INTERNATIONAL ZONE AUROVILLE
9.30AM-12.30PM & 2.30PM-4.30PM. Closed on Sundays

Exhibition Opening: **04th JAN 4-6 PM**

Her Music in the Art
by Jyothirmayee Bommanay

4—11 January

@ Tibetan Pavilion

9:30am—12:30pm & 2:20—4:30pm

Closed on Sundays

Priya
for Art Service

CENTRE D'ART, CITADINES

Bhumilucis by Aurodeva

- 17—29 January,
- Tuesday—Friday, 2—5:30,
Saturday, 10—12:30, 2—5:30
- Opening: Friday, 17 January, 4:30pm

Bhumilucis or “Land of Light”, is a collaborative art project created by Auroville’s school youth. Using only Auroville earth & flora, nearly 100 students aged 4 to 14, have come together to craft a series of participatory art installations and earth-paintings with the help of curator Aurodeva.

The young artists, divided into groups, were tasked with a variety of responsibilities such as foraging and painting, or crafting our earth-based pigment: “Mud-Goo”. Individual groups then merged their efforts to the larger body of work, together creating *Bhumilucis*.

The project is a dialogue between the students and their home—a celebration of talent, unison, and belonging.



Activities Open Call

Centre d'Art would like to open its gallery to new activities for the 2025/26 Season. It could be a participatory project, a workshop, a lecture, a performance... We are looking for events that share the joy of creation, spark curiosity, ignite creativity, connect people... for adults and children alike.

If you are interested please send your submission **before 31 January 2025** to centredart@auroville.org.in and write “Activity submission” as the subject of the email.

The email should contain:

- Contact details
- A short biography of the artist/ facilitator
- The title of Participatory/ Workshop project and its explanatory text
- Images of some work in jpg or pdf (max 20 images) in low definition

Marco



BHARAT NIVAS, THE PAVILION OF INDIA, PRESENTS



We are delighted to announce that the Auroville Margazhi Festival 2025 will take place from 4 to 13 January.

You are cordially invited to join us at Sri Aurobindo Auditorium/ SAWCHU for an enriching cultural experience.

- Entry is free for Aurovilians/ Newcomers/ volunteers and guests residing at Auroville’s guest houses.
- We kindly request that you all **arrive by 6:45pm** to facilitate smoother coordination.



Let the beats fill your heart and the melodies inspire your soul.

07:00 pm
09th January 2025
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate



bookmyshow
Scan for Ticket




Ulaga Mahakavi

07:00 pm
10th January 2025
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate




bookmyshow
Scan for Ticket



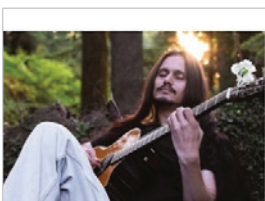
Shakti - Anubhuti
Odissi Dance offering
by
Yasomati Mishra

07:00 pm
11th January 2025
Venue:
SAWCHU,
Bharat Nivas, Auroville

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate




bookmyshow
Scan for Ticket



Our Eternal Musical Tale
A Fingerstyle Guitar Storytelling Concert
Offering by
Karhanachar

07:00 pm
12th January 2025
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate



bookmyshow
Scan for Ticket



Tamil Cultural Tappatam Folk Dance

07:00 pm
13th January 2025
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate



bookmyshow
Scan for Ticket

In Service of the Mother,
Janamejay Mohanty

Celebration of New Year 2025 and Auroville Festival 2025

Dates: 12 January - 28 February 2025
Venue: Bharat Nivas, Auroville



We are excited to invite the community to join us in celebrating the dawn of a new year and the vibrant Auroville Festival 2025! This is a time for unity, creativity, and spiritual connection as we come together to mark new beginnings. Be Part of the Celebration!

We invite you to participate in this joyous occasion and book your stalls in advance for various activities, including arts, crafts, food, performances and much more. Let's create an unforgettable experience for all!


Live Counters, Chats / Pasta, Fresh juice, Chops, Healthy lunch, Open mic, Music, Dance, Games, Activity Center, Handicrafts, Handlooms, Apparel, Home decors, Cosmetics



Bharat Nivas Pathway
 Invites to the **Daily Rhythms: Dance & Music Experience**
 By Bio-region Artists
 In collaboration with **ENLIGHT**


From 12th January 2025
10:00 am - 04:30 pm
Monday - Sunday (Daily)
Venue:
Pathway / Kala Kendra open Amphitheater / SAWCHU
Bharat Nivas, Auroville

Embodying India



Kala Kendra
Presents
EMBODYING INDIA
A tribute to Frédéric Soltan
Writer Dominique Rabotteau

09:00 am - 04:30 pm
From 19th January - 09th February 2025
Venue:
Kala Kendra,
Bharat Nivas, Auroville



Scan for Location

Monisha for Bharat Nivas

Dance Activities

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

- @ New Creation dance studio
- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance

Embrace the Rhythm
and Let Go!



Choose your Dance

- ✓ Bachata Dance
- ✓ Kizomba Dance
- ✓ Salsa Dance
- ✓ Tango Dance

Register Now
+91 86376 33696

SALSA DANCE CLASS

Tuesday salsa class 6:30 pm
Saturday workshop 7:00 am

Tango Dance

@ CRIPA, Auroville

Monday

- Beginner, 6:30—7:30pm
- Intermediate, 7:30—8:30pm

Friday

- Workshop, 6:30—7:30pm
- Open practice, 7:30—8:30pm

Contact: +91 8637633696

@Bakisata_dance



TANGO DANCE

MONDAY
Beginner 6:30 to 7:30 pm
Intermediate 7:30 to 8:30pm

FRIDAY
Workshop 6:30 to 7:30pm
Open practice 7:30 to 8:30pm

Auroville, cripa

CONTACT US BY
+91 86376 33696
Bakisata_dance

Submitted by Mani

AUROVILLE TANGO

Tango @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7—Introduction to Tango,
8—Open Source
- **Wednesday**
7:30—Guided Practica,
8—Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

+91 9821166082, tango@auroville.org.in



AUROVILLE TANGO
New batch starts

MON
19:00 Introduction to Tango
20:00 Open source

WED
19:30 Guided Practica
20:00 Practilonga

No partner required.
Bring socks or dance shoes.
And plenty of joy!

Maud

Music & Art Activities

EXPLORE WATERCOLOR TECHNIQUES

@ Unity Pavilion

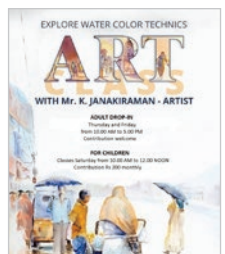
Adult Drop-In

- Thursday and Friday, 10am—5pm
- Contributions welcome

Classes for Children

- Saturday, 10am—12noon
- Monthly contribution Rs 200.

Artist: 8015362636,
Office: 0413 2623576



EXPLORE WATER COLOR TECHNIQS

ART CLASS

WITH Mr. K. JANAKIRAMAN - ARTIST

ADULT DROP-IN
Thursday and Friday
From 10:00 AM to 5:00 PM
Contribution welcome

FOR CHILDREN
Classes starting from 10:00 AM to 12:00 NOON
Contribution Rs 200 monthly

Submitted by Lisa

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop

by Sasikanth Somu

23, 24, 25 January 2025

@ Centre d'Art Gallery, Citadines, Auroville

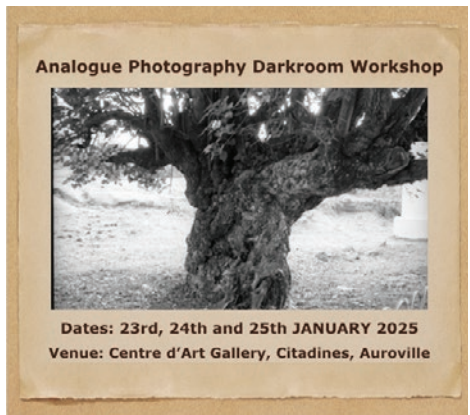
Program & Timings:

- **Thursday, 23 January, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 24 January, 9am—2pm:** Film photo shoot (in your own time), **2pm—5pm:** Develop your roll of film.
- **Saturday, 25 January, 9am—12:30pm & 2—5pm** (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration contact: centredart@auroville.org.in

The workshop fee for Guests: Rs.3000 incl. GST.

The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.



All the material

for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809WA.

Number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

CREEVA ACTIVITIES



- **Watercolor Landscape class** by Sathya
 - Monday, 5—7pm.
- **Figurative Drawing Session**
 - Tuesday, 5—7pm.
- **Open Studio** (A space to explore your artistic expression.) Art supplies are available.
 - Open from 12:30—4:30pm, Monday to Thursday. If you plan to attend at other times, please inform us in advance.
 - Contact Abi, +91 9042058981
- **Portrait:** For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.

*CREEVA Studio,
Creativity Community, Auroville
sathyacolour@auroville.org.in,
+91 9486145072 WA, Sathya*

SVARAM PROGRAMS

SVARAM Sound Experience: Sound Journey

- Every Wednesday, 5:30—6:30pm @ Unity Pavilion



The Quantum-Karmic Multiverse Book Reading Satsang

- Every Thursday 5—6pm

We invite you to discover the powerful connection between quantum mechanics and ancient wisdom with Nadim Hamdan, the author of *The Quantum-Karmic Multiverse*. Engage in group discussions, guided meditations, and visual presentations that bring these profound ideas to life.



For details please click the link below or scan the QR Code:
<https://svaram.org/the-quantum-karmic-multiverse/>

Kara-Tommaso-SVARAM Fusion

- 14 January

SVARAM Sound Experience proudly partners with KARA, a master of ethnic-electronic fusion, and Tommaso, a rhythmic drumming expert, for an immersive musical journey. Come and join us!



For details please click the link below or scan the QR Code:
<https://svaram.org/kara-tommaso-svaram-fusion/>

ISSP International Program January 2025

- 20—25 January

We are continuing our Integral Sound Studies and Practices with immersive subjects on Music and Medicine—The Therapeutic Process.



For details please click the link below or scan the QR Code:
<https://svaram.org/issp-international-program-jan-2025/>

Healing Arts and Sound

- 26—31 January

Come and join us in this a 6-day series of Open Workshops which include Plants as Healers and Divine Soul Healing, Marama Roopanam and Naada Yoga, Cranial Sacral Touch, The Consciousness-Energy-Substance of the Glorious Body.



For details please click the link below or scan the QR Code:
<https://svaram.org/healing-arts-and-sound/>

Aurelio
and the SVARAM Team

Sports & Martial Arts

KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm

- Monday to Saturday

All are welcome!

Submitted by Satyakam

RUN FOR THE JOY OF RUNNING

We are thrilled to announce that preparations for the 15th edition of the Auroville Marathon 2025 are in full swing.

This event has always been a celebration of togetherness, health, and the vibrant spirit of Auroville, and we look forward to another memorable year with all of you.

Mark your calendars!



Auroville Marathon
RUN FOR THE JOY OF RUNNING - 2025

Auroville Marathon: 16 February 2025

- **Online Registration:** Opens on 9 December 2024 and closes on 25 January 2025.
 - To register online, please visit:
<https://www.aurovillemarathon.com/register/>
- **Manual Registration:** Available from 20 December 2024 to 25 January 2025.
 - For manual registration, please visit Saracon between 10am—12pm and 2—4pm.

For Auroville Community Members and Residents of the Bioregion

The registration fee is waived, but a coupon is required to participate. To obtain a coupon, please send an email to marathon@auroville.org.in with your details, and we will provide the coupon via email. Alternatively, you can visit the Saracon Office during the specified times to collect it in person. Once you have the coupon, you can complete your registration for the Auroville Marathon 2025.

For your information: This year, we have added an option to purchase T-shirts for runners on the registration page. You can select your preferred T-shirt size while registering for the marathon.

Please note that runner T-shirts are not included in the registration fee and need to be purchased separately.

Let us come together to celebrate the joy of running and the camaraderie that makes this event so special.

We eagerly await your participation and support to make this marathon another resounding success.

Prabhu & Marathon Team

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. *NEW*, from Wednesday, 30 October. Welcome!

Children/ young students

- Monday, Wednesday and Friday, 4—5pm.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

*Cristo, Rita, Surya & Philippe
for Auroville Aikido*

ABHAYA MARTIAL ARTS

Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Black belts of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**, a martial art academy recognized by the Olympic Committee.



Our regular classes for adults

- **Monday:** MMA/Grappling 5:30pm with coach Giacomo
- **Wednesday:** MMA/Grappling 5:30pm with coach Giacomo
- **Friday:** Kickboxing 5:30pm with coach Ruben

Contribution required. Be punctual, short nails. in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA

Brazilian Jiu-Jitsu classes for kids!

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from 4—13 on Tuesdays and Thursdays, 4—5pm.

Contribution required.

Send your kids in sportswear, with a bottle of water and a big smile.

The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self defence training and it has proven results in building cognitive skills and fine motor development, especially for kids.

For more information and to be part of the WA group contact +91 8448077070

Giacomo

AUROVILLE ULTIMATE FRISBEE

11 & 12 December @ Gaia Field

Auroville Ultimate Frisbee is excited to announce that we will be hosting the **Southeast Regionals**, a key event in India's National Championship Series!

This is a single-gender tournament which will bring together both men's and women's teams from the Southeast. Come cheer on the players, enjoy the energy, and witness teams battling it out for glory in their respective categories!

Do reach out to us with any questions: [@rhino.ultimate](#)

Uttara for

The Auroville Women's Ultimate Frisbee Team (Rhinos)

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic
- Water dance
- Water movie
- Swimming in pool

[@watersport_mani](#)

Book Now: +91 8637633696

Package swimming class



Mani

TAI CHI HALL IN SHARANGA

Schedule of classes

- Every day except Sundays.
 - Mondays and Saturdays: 7:30—9:30am
 - Tuesdays to Fridays: 7:30—9am

Krishna



BHARAT NIVAS PRESENTS

Kalaripayattu Class

in Collaboration with Kalarigram:

Bhumika Hall,
6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in,
office: 0413 2622253

Monisha for BN Team



GIRLS' FUTSAL FOOTBALL CLUB

Every Wednesday at 5:10pm
@ Dehashakti

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Just contact Beber 6385635943 for more details

Beber



KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

Bioregion & Nature Activities

ENLIGHT
Light of Auroville



Explore Auroville



Cycle Tour



Cooking Class



Pottery Workshop

+91 97918 96488/82700 71581
enlight@auroville.org.in

Arun, Anand & Balaji



Terrasoul Community Permaculture - New Arboriculture

Saturdays, 8am—12pm @ Terrasoul Farm Community
Hands-on Saturday

- Introduction to Agroforestry & Food Forest, Basics of Agroforestry & Food Forests
- Tree Management, Planting, Pruning, Fertilization, Irrigation, Disease Management
- Tree Biology Essentials: Anatomy

No experience needed.

Commitment and good will are required.

- **Every Saturday, 8am—12pm**
 - Tea Break: 10:30am, closing: 12pm
- **Optional Farm Tour & Lunch:**
 - Farm Tour: 12:00—1:00 PM
 - Lunch: Tamil vegan meal (contribution required)

Juan, +91 9443434182, terrasoul@auroville.org.in

BHARAT NIVAS KALA KENDRA PATHWAY: EGAI

Invites to the Coconut shell Workshop

- 10am—4pm, Monday—Saturday @ Kala Kendra, Bharat Nivas, Auroville



Ready to spark your coconut creativity? Your creativity in a hands-on! Experience and learn the art of designing unique crafts made from eco friendly materials. In this workshop you create either Pendant, Earrings, Keychains, or bowls through new and unique techniques and carry your product with you as a souvenir.



- **Inauguration at Kala Kendra, Bharat Nivas, 3 January, 3pm.**

What you Learn? Eco-friendly crafting, Designing techniques, Creative craftsmanship, Sustainable artistry, Hands-on Creation

Invites to the Incense Stick Workshop

- 10am—4pm, Monday—Saturday @ Kala Kendra, Bharat Nivas, Auroville

Master the art of aromatic creation? Awaken Your Senses with Every Stick! Experience and learn the art of making two different types of Incenses (Agarbattis and Cone shaped Incense). In this workshop you will be able to make your own best natural Incense in an easy way and carry your product with you as a souvenir.



- **Inauguration at Kala Kendra, Bharat Nivas, 3 January, 3pm.**

What you Learn? Incense Crafting Basics, Agarbatti Making, Cone Incense Techniques, Natural Ingredients Usage, Hands-on Creation.

Monisha, BN Team

AUROVILLE BAMBOO CENTRE January Program 2025

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

Trainings and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops



- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops



- **Walk-in registration available**
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops—January 2025

HYPERBOLIC PARABOLOID DOME WORKSHOP

Come and experience with The Magical Grass in Earth "BAMBOO"



23,24,25 JANUARY -2025

Rs: ₹ 10,700

The Bamboo Hyperbolic Paraboloid Dome workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

BAMBOO & WOOD FURNITURE DESIGN WORKSHOP

Come and experience with The Magical Grass in Earth

"BAMBOO"



29 TO 31 -JANUARY 2025

Rs: ₹ 9000

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs, tables, shelves, etc... The Bamboo Furniture workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or telephone number: +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- **Contact:** Voice call and WA: 8300949081
- www.aurovillebamboocentre.org

Archana from Bamboo Centre Team



MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in,

Call/WA: 8300949079

Office: 10am—4pm, Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes at Mohanam Campus

1 day Advance booking of classes is necessary:

Classes and Workshops

Cooking Class



Saree Workshop



- **Cooking Class:** Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.
 - 3—5:30pm, Monday to Saturday
 - Sunday: 10am—12:30pm
- **Siddha's Ongara Five Elements Chanting:** Choose a saree and Veshti from a variety of beautiful sarees and Vashtis in our library. Get your traditional south Indian look with help of our women's group members who will assist you to drape/wear the saree & Veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience.
 - 10am—4pm, Monday to Saturday

Make & Take Workshops



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

...and more, including Traditional leaf craft, bamboo jewellery, and dream catchers. Manifest your inner artist and try your hand at traditional handicrafts

*One day advance booking necessary

- Try your hand at traditional handicrafts by joining our various art and craft workshops. Manifest your inner artist using various materials and forms through creative techniques—and take your self-made creation back home as a souvenir or thoughtful gift.

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours

Tours inside Auroville



Auroville Northwest Tour

Mohanam Campus Tour



10:30am - 1:00pm
Monday - Saturday

Experience the beauty and richness of Tamil culture, tradition and heritage



10:00am - 4:00pm
Monday - Saturday

Taste local food, tour the bamboo farm, attend art and craft workshops with local artisans & more

*One day advance booking necessary

1 day advance booking is necessary:

- **Auroville Northwest Tour:** Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville. Hear the inspiring stories of various entrepreneurship units and the way they are carrying forward age-old traditions with modern techniques.
 - 10:30am—1pm, Monday to Saturday
- **Mohanam Campus Tour:** Come and visit Mohanam Village Heritage Centre to experience Tamil culture with all your senses. Taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.
 - 10am—4pm, Monday to Saturday

**AUROVILLE
PONGAL FESTIVAL
2025**

MOHANAM CAMPUS

- Bhakti yoga festival
- Kolam competition
- Dance and music
- Cultural programs
- Traditional games
- Sharing circle (on Tamil connection to Asia and world)

14-15 JANUARY, 2025

CONTACT US:
CALL- 0413-2190757
CALL/WHATSAPP: +91 8300949079
mohanamprogram@auroville.org.in

MOHANAM
Bharatam Cultural Heritage Centre

FOR LOCATION, SCAN

Volunteers Invitation

Join the Mohanam Team—Make a Lasting Impact!

Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis!

We're looking for individuals with skills in: Facilitation and training, Written Documentation and Filing, Administration, Accounting, Teaching kindergarten children, WordPress Website Management, Newsletter Creation, Film Making, Canva Designing, Digital Marketing and Promotion, Physical Marketing and Promotion, Fundraising and Grant Writing, Program Coordination, Kitchen Management, Campus Logistics and Maintenance, Team building and leadership, Content Writing—blogs, social media posts, program descriptions, etc., Social media handling—instagram, facebook, youtube and linkedin

Volunteering Duration

- **Short term volunteers:** Minimum 3 months
- **Long term volunteers:** Minimum 6—12 months

Language you must know: English. Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi

Campus Timings: 8:30am—5pm, Monday to Saturday. We might require you to be there on Sunday in case of special programs/events.

Do you share our passion for empowering village children, youth, artists, artisans and girls, while appreciating Tamil culture? Yes! We invite you to contribute your expertise and make a real difference in our community.

Benefits of Volunteering with Mohanam: Be part of a meaningful cause. Help fulfil mother's vision of bridging auroville and villagers. Gain valuable experience and develop new skills. Work in a supportive and collaborative environment. Campus lunch and beverages

- [Submit your application through this link](#) or scan the QR code and submit your application.



Thiruvannamalai Eco & Spiritual Services

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

Balu for Mohanam Program

Looking For

Looking for a Cook

I am looking for a househelp aka a cook who can make north Indian home food. If you know anyone, please let me know at +91 9566330619. *Divyanshi*

Looking for an Electric Car

I'm interested in adopting an electric car like Reva if you're not using it. I'll ensure it's well-maintained, serviced regularly, and driven with care. I will be happy to offer a remuneration. Please get in touch with me at 9999955321.

Manisha

Available

Available Djembé and Acoustic Guitar

Djembé: Medium size, **Acoustic Guitar:** ideal for beginners players. Both excellent condition. *Sonia, 8248429962 WA*

Office Spaces Available: Aurelec

- A well protected 47sqm building, opposite Aurelec, northern side, is available.
- Conveniently located office room (around 50 sqm.) inside Aurelec premises is available.
- 35.12 sqm. space available inside Aurelec Premises.



These spaces are ideal for a workshop or office, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco), canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in
Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Interested people may contact **Mr. Pandian** at Auromode in person, +91 99433 90391 or pandian@auroville.org.in
Pandian for Auromode

Help Needed

FINANCIAL HELP FOR GIUSEPPE

Dear Auroville family and dear guests and visitors, We turn to you again for financial help for Giuseppe, an old Aurovillian without personal resources.

- **His Indian Stay Visa fees of Rs 16500** have to be paid within next week, and we have no funds for it.
- We also **need support to pay the caregivers** that are looking after him from morning 6am till evening 7pm. (Rs 35,000—40,000 per month) We have presently not a single Rupee left on the Financial Service account.

Any amount is hugely appreciated.

- Giuseppe's Financial Service Account is FS acc. 102518

With much gratitude and best wishes for the New Year,

Enrica and Shivaya

*For more information, please call either of us
+91 9840031935, +91 9489601312*

CAREGIVERS/ PRESENCE FOR GIUSEPPE

- We are looking for 1 or 2 people (Aurovilians, Newcomers, volunteers) to take up the early afternoon shift from 1—3pm, preferably 6 days a week.
- We also often need a person that steps in when one of the caregivers is not able to attend.
- Additionally on Saturday and Sunday presence is necessary and often we lack people.

Please contact Enrica, +91 98400 31935

Shivaya

Taxi Sharing

To Chennai Airport, Monday, 3 February

To stay Eco Friendly I am very willing to share a taxi from Auroville to Chennai Airport on Monday, 3 February 2025
Departure from Auroville Town Hall at 10pm.

Contact +34685673777WA or srimaa221@gmail.com.

Sunny

Honorary Voluntary

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



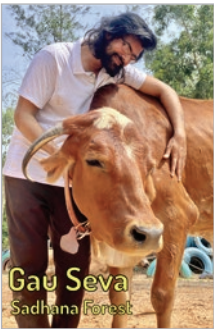
**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever.

- For regular volunteering, special projects or needs, please call first. **B for Ecoservice**

GAU SEVA

at Sadhana Forest!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

The Sadhana Forest team,
Aviram

KCC: LOOKING FOR IDEAS, INFORMATION, Materials, Stories, Links, Physical Or Online Support

Dear Ones, we are doing a great preparation and work plans towards "Integral Activities on Mother's Qualities" and very gladly looking for some *ideas, information, materials, stories, links, physical or online support for working on to create some children books with pictures and stories, calendars, gardening work, craft, stitching, games, and many more*. Please reach out to us on how you wish to be part of it. Students above 5 to 13 also can participate in this programme.



- Monday to Saturday, 11 am—1 pm & 2—4pm

For registration, please write to...

- kulaicreativecentre@auroville.org.in

- WA: + 91 8608473385/ 9843195290

Selva for KCC

Work Opportunities

KINDERGARTEN HEAD @ Mohanam, Auroville

Join our team at Mohanam, Auroville, as a dedicated Kindergarten Head. We're seeking a passionate educator to lead our thriving kindergarten program.

Responsibilities:

Curate current curricular, Manage teachers, Ensure student well-being, Manage resources, Collaborate with parents, Report and documentation

Qualifications:

Master's degree in early childhood education or B.Ed, 3+ years experience, Strong leadership, communication, and organization skills, Passion for child development.

Apply now: mohanameducation@auroville.org.in

Submitted by Balu

IT MATTERS ART GALLERY: Job Offer

February 2025 onwards

Timings & contribution:

- 1:30—6pm, 4.5 hour shifts, Monday, Thursday, Friday, Saturday, Sunday, **From December to April**
- **From May to November**, we will be closed on Tuesdays, Wednesdays and Sundays

The contribution will be based on working hours and calculated according to the Auroville Maintenance.

Skills:

Good command of English (speaking & writing), write emails and coordinate with people in proper English, understand the basics of accounting, like to interact with people.

Be interested in arts, be interested in sales, be open to multi-tasking, be focused and efficient, proactive profile, can handle computer work and social media.

Job description:

We are looking for someone who is open to do many different tasks. These tasks include:

Taking the role of a Manager and help the gallery to flourish, Shop keeping, welcoming people in the gallery, giving relevant information, cashing in any sales from the shop or activities/ workshops/ café.

Coordinating with our accounting office, creating excel tools for inventory, contracts etc. Coordination/ facilitation for activities and workshops and events. Suggesting events or fun activities,

Creating communication content such as posters on Canva, taking photos during activities, insta posts, managing social media etc

We want to open a small café, so in the beginning you'll need to be ready to take orders, waiter snacks and drinks

Coordinating with external people for cleaning or repair/ maintenance work in the gallery, Open to new tasks if needed, Closing the shutters and taking in chairs every evening (sometimes moving tables is also required).

You're welcome to propose initiatives that interests you and that would benefit the gallery

Our team will take the time to explain everything to you, we will be a total of 4 or 5 people, but most of your shifts you will be alone and autonomous

- **If you are interested**, please contact us through email: itmatters@auroville.org.in

Bhakti & Sandra

Foods, Goods & Services



 **vérité**
VEGAN CAFE
TASTE OF YOGA

Raw | Gluten-free | No added sugar

Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats, light lunch & drinks have been designed with utmost care, integrating sattvic principles to promote overall well-being.

Monday to Saturday
08:30 - 16:30

Vérité Integral Learning Center



Kathir

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria
7:30—10pm

Variety of Dosa and Millets Pongal, Coffee
Rs.99

Submitted by Shiva



LIVING ROOM CAFÉ
Now Open!

8am—4pm, closed on Wednesdays
Opposite the Auroville Library

All are welcome to enjoy delicious meals and coffee in a cozy and inviting atmosphere at The Living Room Cafe, located opposite the Auroville Library. We are now serving breakfast and lunch to Aurovilians, Newcomers, Volunteers, and Guests every day of the week except Wednesdays.



We look forward to serving you!

Debo for The Living Room Cafe Team

NATURELLEMENT AND GARDEN CAFÉ
Closed for Pongal



Wednesday, 15 and Thursday, 16 January

We will keep our restaurant as well as production closed for Pongal on the coming Wednesday, 15 and Thursday, 16 January.

We will be reopen from Friday as normal, 9am—7pm.

Wishing you a beautiful and peaceful Pongal!

Chitra for The Naturellement team!

BELLA VITA
Will Be Closed for Pongal
Thursday, 16 January.

Bella vita will be closed for Pongal on the coming Thursday, 16 January.

We will be reopen from Friday as normal, 10am—9pm.

Wishing you a beautiful and peaceful Pongal,

*Chitra
for The Bella vita team!*

THE SPOUT TIMINGS

Daily, 7am—4pm



We would like to inform you that The Sprout returns to its regular schedule, open daily from 7am to 4pm until further notice. *Monica for The Sprout team, www.thesprout.in*

AUROMODE TANTO: FRIDAY DISCOUNT DINING

Dear All, we are happy to announce that we will be having a **50% discount for dining on every Friday for Aurovilians.**

Our timings: Monday to Saturday

- **Lunch:** 12—3:30pm
- **Dinner:** 6—9pm
- We are also available on Dropzy for deliveries.



We are closed on Sundays.

You can call or WA us at 7448811088.

Pavithra for Auromode Tanto Team

UPDATE FROM PTPS CANTEEN



We are excited to announce that the PTPS Canteen is now ready to accept UPI and other digital payments (please note, **no cash payments** will be accepted), in addition to FS and Aurocard payments.

We look forward to serving you with delicious food and drinks! *Iyyappan & Kumaran for PTPS*

FOODLINK

Market open every day



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info,** call/ WA +91 83002 68804 or pass by.
- [FoodLink basket order form here](#)

Temporary Unavailability of Packaged Milk

FoodLink will be pausing the supply of packaged milk (packets & bottles) to PTDC and Hers Supermarket from 1 January 2025 onwards for approximately 2 weeks as we improve our processes and update our compliances.

We will still be able to offer unpacked/unbottled raw milk directly to the community, who are invited to collect it in their own containers or have it packed/bottled on the spot at our office (next to PTDC in the Solar Kitchen campus).

- **Please use our basket order form,** e-mail us at foodlink@auroville.org.in or WA us on +91 8300268804 **to place orders for raw milk.**

We would be happy to respond to any questions or concerns. Thank you for your cooperation and support.

Nidhin and Aumurto, FoodLink

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.

Davide

GASTRONOMICA: FRESH FLAVORS EVERY DAY!

Visit Gastronomica for a wide selection of fresh bread, focaccias, sliced pizza romana, and sandwiches. We also offer quality cured meats, cheeses, homemade sauces, and sweets in jars, all available for takeaway. Additionally, we have a full range of handcrafted pasta, including tagliatelle, penne, fusilli, and more. Our daily lunch specials feature dishes like ravioli, lasagna, or roast chicken. Whether you're looking for a quick meal or premium ingredients to take home, we have something for everyone!



- **Monday to Saturday:** 9am—7pm
Sunday: 10am—3pm
- **Location:** right opposite Auroville Bakery, Kulapalayam
- **Contact:** +91 70102 883943

Davide

ANY TIME DOSA AND PONGAL @ THE PATHWAY CAFÉ

Bharat Nivas Cafe has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20.



Please, come and enjoy, welcome to Bharat Nivas cafe.

Arabinda for Bharat Nivas team

NOTE FROM THE FREE STORE

We kindly request everyone to utilize the **Nandini Tailoring section for personal repair work**. The Free Store will only handle repairs for clothes intended for exchange.



Timings

- **Mondays—Saturdays:** 9am—12:30pm
- **Tuesdays and Thursdays:** 2:30—4:30pm

*At Her service,
Kamala for the Free Store Team*

REDUCED-PRICE MAROMA PRODUCTS

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is:



- **Located in the Maroma Campus in Aspiration**
- **Open 9am—5pm, Monday—Saturday.**

Jesse

ECO FEMME



Looking for an Auroville experience?

Come and visit Eco Femme's open house

- **Thursday, 10:30—11:30am** to learn about menstrual health, cycle tracking and our social enterprise.
- Organic cloth pads, nappies and cups available at special rates.

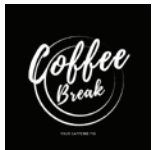
*Merve for Eco Femme,
Auroshilpam, Auroville*

COFFEE BREAK OPEN ON TUESDAYS

Coffee Break is open on Tuesdays now

We are open every day,
8am—6pm

Dinesh



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

*Lakshmi
for UTS Transport Service Team*

INTEGRATED TRANSPORT SERVICE



Best Wishes from ITS! As we enter this exciting new year, we extend our warmest wishes to the entire Auroville community, our valued customers, and our ever-supportive partners. Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone.

From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

In 2025, we remain steadfast in our mission to promote sustainable, efficient, and people-centered transport solutions. Together, let's continue to move forward toward a greener, more connected, and harmonious future.

Thank you for being an integral part of our journey. May this year bring you joy, success, and memorable experiences. Let's make 2025 extraordinary—together!

Rajesh I.T.S.



SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

**Book
A Taxi 24/7**

 **+91 9843880591**

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in



Sathish

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 *Balaji & Arun*

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money. **Contact us for all your procurement needs:**

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone

lyyappan

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine

Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring

We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm. This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact :
- 8098845200 WA/ ph., rupavathijoy@gmail.com

Rupavathi

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.

8940648542, Michel



INSIDE INDIA—TRAVEL NEWS

Tuesday, 7 January, 2025

We're here to make your travel seamless, whether you're flying to far-off lands or exploring the magic of India. From flights and trains to buses, travel insurance, and visas—we've got it all covered! Need a taxi, a cozy place to stay, or help with passport renewals? Count on us.



inside india
DREAMS & MEMORIES

Get in Touch with Mr. Ganesh, Your Travel Consultant

- You can find Mr. Ganesh at our Kalpana Office from 10am—5pm, Monday to Saturday.
- He's available on landline 2623030 or via mobile/WA at +91 9894598686.
- Reach him by email at ticketing@insideindiaauroville.com.
- Yes Ganesh will be present on Saturdays too

Exclusive Offers & Tailored Travel

Dreaming of a custom journey through the breathtaking South of India? Drop us an email at insideindia@auroville.org.in or tours@insideindiaauroville.com, and let us bring your travel dreams to life!

Current Flight Deals:

- **Oman airways:** From Chennai to Frankfurt, London, Munich.
- **Emirates:** From Chennai to Paris, Frankfurt.
- **Qatar airways:** From Chennai to Frankfurt, London, Munich, Rome, Athens.
- **Etiihad airways:** From Chennai to Paris, London, Dublin, Amsterdam, Brussels, Zurich, Madrid, Munich, Rome, Milan.
- **Air India:** From Chennai to Paris, Frankfurt, London, Amsterdam, Milan, Zurich.
- Also, a rather Good news: **IndiGo** is now operating daily direct flights connecting Puducherry with Bengaluru and Hyderabad from 20 December 2024.

Travel Updates You Should Know

- **Indian Railways:** Starting November 1, passengers can book train tickets 60 days in advance (reduced from 120 days), making trip planning easier and more flexible.
- **Chennai Airport:** International travelers can now drop off baggage at the I-to-D transfer facility before moving to domestic terminals.
- **Indonesia:** Complete the SATUSEHAT Health Pass (SSHP) before arrival.
- **Thailand ETA System:** From December, nationals of visa-exempt countries will need an Electronic Travel Authorization (ETA).
- **VFS Global** to offer new Indonesia e-Visa on Arrival service to Indians.

Airport Fast-Track Options:

- **DigiYatra:** Enjoy fast check-ins with facial recognition at Chennai Airport.
- **New Parking Facility:** Skybridge access to terminals at Chennai Airport for easier parking.

Fast-Track Immigration—Trusted Traveler Program:

Indian nationals and OCI cardholders can now apply for FTI-TTP for smoother immigration processing. Learn more and apply at the official FTI-TTP website.

Important Reminders

Be sure to bring your Original Visa along with your e-FRRO Stay Visa to avoid check-in issues.

We accept a variety of payment methods, including debit/credit cards, Aurocard, UPI, and QR codes at our office.

Other News

1. The Malaysian government has extended the visa waiver for Indian nationals visiting Malaysia for business or tourism purposes until December 31, 2026. This allows a stay of up to 30 days. Additionally, travelers must complete the Malaysia Digital Arrival Card (MDAC).

2. The Royal Thai Embassy in New Delhi wishes to announce the implementation of Thailand's Electronic Visa System (e-Visa) in India with the offline payment method. For details contact us.

- The e-Visa system will be effective from 1 January 2025.

- Effective January 1, 2025, non-Thai nationals must apply for all visa types through www.thaievisa.go.th. Applications can be submitted personally or via representatives; however, the Embassy and Consulate Generals are not responsible for incomplete submissions made by representatives. Detailed application procedures are available on the e-Visa website.

- Applicants are required to pay visa fees through offline methods, with specific instructions provided by the respective Embassy or Consulate-General. Please be aware that visa fees are non-refundable under any circumstances.

- The processing time for visa applications is approximately 14 working days from the date the visa fee receipt is issued.

- The 60-day visa exemption for tourism and short business purposes for Indian ordinary passport holders remains effective until further announcement.

- Additional details and information regarding Thailand's e-Visa system for the Embassy and Consulate-Generals will be provided in due course.

3. Indian travelers intending to stay with relatives in United Arab Emirates must now submit their host's rental agreement, Emirates ID, residence visa copy, and contact details as part of the visa application process. Additionally, all Indian tourists are required to provide hotel booking confirmations and return ticket details.

Thank you for choosing Inside India. Here's to a week of incredible journeys ahead!

*Olivier
for Inside India Team*

Poetry

DIMMED BY DARK CLOUDS

Dimmed by dark clouds

The sun

Depresses not

Despises not

Dies not

With a shining smile

It dyes the clouds

In splendid colours

Knowing for sure

The dense darkness

Will be blown away

By the breath of wind

Or disperse by itself

When Nature changes

To another mood

With joyful Gratitude, Anandi Z.

WHAT WE NEED IS HERE

Geese appear high over us,
pass, and the sky closes. Abandon,
as in love or sleep, holds
them to their way, clear
in the ancient faith: what we need
is here. And we pray, not
for new earth or heaven, but to be
quiet in heart, and in eye,
clear. What we need is here.

Wendell Berry

Voices & Notes

AUROVILLE RADIO

Dear Aurovilians, your favourite radio is always working for you. Stay Tuned!

Last published podcasts:

- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.476](#) (Integral Yoga)
- [Marlenka's weekly Offering—Ep.125](#) (Literature)
- [Seeking Our Inner Being Group Discussion, Ep. 1 \(French, Part 4\)](#) (Spirituality)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.475](#) (Integral Yoga)
- [Soul Tracks Christmas Caper!](#) (Music)



....and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

Peace and love

Sai Priya for Auroville RadioTV

OPEN LETTER TO ANURADHA MAJUMDAR LEGRAND

Dear Anu, you may be surprised that I call you “dear,” but I am addressing this open letter to Anu’s soul, which is truly dear to me—as is every soul embodied on this little planet. That said, I must express my surprise at a recent development. During the Special Talk on Good Practices at Auroville, held in Gujarat on January 3, 2025, you introduced yourself as “at present a member of the Working Committee.”

This came as a surprise for several reasons. First, your term as a member of the Working Committee officially ended on January 2024. Second, a few months ago, you announced your resignation from the committee, which itself seemed unusual since your term had already concluded.

Given these facts, I am puzzled as to why you publicly presented yourself as still holding this position. Could there be a valid reason I am unaware of? Was there a new selection process that reappointed you for another term? Or is there another meaningful explanation?

Additionally, I am curious about the continued signing of communications from the so-called committee by other former members—Srimoyi, Partha, and Arun—whose terms also ended alongside yours.

You have often spoken about the importance of realigning Auroville with its original purpose and ideals, including building the City at the Service of Truth. So, what is the Truth behind your statement?

In that spirit, I hope you will clarify the reasoning behind your statement, as it places you de facto as a representative of all of us. Transparency and integrity are essential to fostering trust and ensuring alignment with Auroville’s founding principles.

I trust you will agree that our actions and communications must reflect these values. Thank you for taking the time to address this matter. I look forward to your response.

Sincerely, Olivier, Revelation

PROGRESSING TOWARDS THE SUPRAMENTAL VICTORY

Here is just one of the Mother's Visions of Auroville from 64 years ago:

"It was the idea of an ideal city, the nucleus of a small ideal country, having only superficial and extremely limited contacts with the old world. One would already have to conceive (it's possible) of a Power sufficient to be at once a protection against aggression or bad will (this would not be the most difficult protection to provide) and a protection (which can just barely be imagined) against infiltration and admixture.... From the social or organizational standpoint, these problems are not difficult, nor from the standpoint of inner life; the problem is the relationship with what is not Supramentalised—preventing infiltration or admixture, keeping the nucleus from falling back into an inferior creation during the transitional period. ...

I am constantly seeing images! Not images, living things—like answers to questions. A magnificent peacock was taking shape (it's the symbol of victory here in India) and its tail opened out, and on it a construction appeared, like this construction of an ideal place..."

<https://incarnateword.in/agenda/02/july-18-1961>

Fast-forward to the present Circa 2025...

Go out and about in the emerging City of Dawn and the surrounding districts and explore, engage... feel the swirling energies of seeming contradictory yet complementary progress. The ever-hastening Renaissance of Mother India is pushing Auroville to fully awaken to its *raison d'être*.

"A protection against infiltration and admixture..."

We altogether continue on, with the Supreme Divine Mother MahaShakti orchestrating the development of Her City of Dawn, amongst other very interesting goings-on. Matrimandir as Her Temple magnificently stands beside the central Banyan Tree as the Golden Beacon beckoning all receptives towards the Divine Manifestation of the new apex species the Supramental being.

For the curious non-initiates and confused:

Sri Aurobindo and the Mother as Avatars always reveal for a specific reason and purpose.

Envision a future-oriented Gurukulam, a car-free Garden City similar to a secured and well-managed university campus ++, the Greatest Seat of Knowledge for the Integral Supramental Yoga, which includes the study of all the inner and outer knowledge and experiences humans have accumulated acting as a living experimental center in preparation for the advent of the new species, to be manifested in a few generations' time. So the informed systematic preparation is crucial, which has always been the Agenda even before Auroville's inception in 1968. May we always remember. This is the unique particularity of this City of Dawn, Cradle of the Supramental being. It is no coincidence that Auroville has evolved under the Ministry of Education and within Mother India the Guru of the World, now in an unstoppable Renaissance. Even the theme of the recent visit to Auroville of Mother India's President Droupadi Murmu is titled "Aspiring for Supermind (Supramental) in the City of Evolving Consciousness". Connect the dots.

Thus Auroville's purpose is for a totally New Supramental World. This is crystal clear in our integrated Core Ideal Vision-Goals:

<https://auroville.org/page/core-documents>

We are not invited here just to live out the same old human ways.

Surrounding the City of Dawn will still be the buzzing mental-human world. But once inside the Protected City it

should be a whole different vibes and experience, acting as a transformative contagion for the whole Earth.

Again from the Mother:

"Humanity is not the last rung of terrestrial creation. Evolution continues and man will be surpassed. It is for each one to know whether he wants to participate in the advent of the new species. For those who are satisfied with the world as it is, Auroville obviously has no raison d'être."

<https://incarnateword.in/agenda/7/september-21-1966>

There are, as usual, the old world forces averse to this Original Radical Ideal of our Avatar founders who have and are influencing unawakened humans here in Auroville, vehemently resisting change and creating disharmony and chaos, which is exactly what the ongoing evolutionary battle is all about. It is high time they are courageously faced, tackled and rejected head on, faithfully supported by the easiest and most joyful Sunlit Path of Bhakti to the Supreme Divine Mother MahaShakti.



The Kurukshetra War of the Bhagavad Gita is as always an excellent reference in understanding this Divine Play and making a conscious choice for the New Supramental Dharma. Sri Aurobindo's Essays on the Gita is a must guide for all aspiring willing servitors and Hero Warriors of the Divine Consciousness-Force:

<https://incarnateword.in/cwsa/19>

"Oohlala!" is an apropos joyful remark as we observe and experience the intensity of the current upward push, another renewed and reinvigorated consolidation phase in the progressive march towards the Supramental Victory.



Zech, 2025.01.06

<https://zechjoya.blogspot.com/>

AUROVILLE STORIES: 1968–2068



What is your most powerful memory or hopeful vision related to Auroville? From mid-January through February (and perhaps beyond), let's come together to create short visual stories from our past or future that we can share in the MMC and online in order to:

- inspire us and the world,
- help bridge our internal divisions,
- flesh out roadmaps and destinations of our collective journey, and
- have a lot of fun! Please complete this registration form at <https://bit.ly/AurovilleStories> (or by scanning the QR code above) to learn more and express your interest.

Contact Daniel Greenberg at daniel@ic.org or on WA, Telegram, or Signal at +1 9783941711 if you have thoughts or questions.

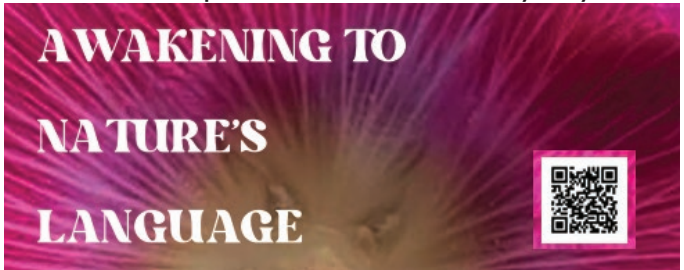
*Daniel Greenberg,
Co-Director, Foundation for Intentional Community*

Classes, Workshops & Healing Arts

AWAKENING TO NATURE'S LANGUAGE OF THE HEART

17—19 January

A Workshop in Auroville Facilitated by Aikya



Reconnect with the inner and outer nature through a transformative journey.

Highlights: Forest Bathing, Documentary Screening, Interspecies Practices, Introduction to the Flower World, Ceremonial Fire & More!

Limited to 10 participants!

Scan QR code for details or connect +32491259966 WA

<https://spiritandnature.org>

[Subscribe to our newsletter](#)

"Nature as a teacher of the multiplicity of creative expressions of Spirit"

Submitted by Aikya

MINDFULNESS OFFERINGS IN JANUARY WITH HELEN

Miksang, mindful photography exploration in the forest

- **Tuesdays, 7 & 21 January, 4—6pm**
@ Revelation Forest

Miksang means 'Good Eye' in Tibetan. It is a form of contemplative, mindful photography. The focus is not on technique, but on discovering a moment of fresh, direct perception where the world stops us out of the blue and wakes us up to something deep and true. It is a practice to align our eye, mind and heart together in a single moment. It can help you open more fully to the present and see the ordinary magic of the world erupt in front of you.



- **Booking is required.** To register WA Helen on 7094753054 or visit innersightav.org

Mindfulness Kindfulness, half day retreat

- **Saturday, 25 January, 9:15am—12:30pm**
@ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalise in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.

This session blends mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compassion.

Participants will have the choice of practicing in a seated position or lying. It is suitable for all—those new to meditation and experienced meditators looking to deepen their practice.

- **Booking is required.** To register WA Helen on 7094753054 or visit innersightav.org

Weekly Mindfulness Practice Session

- **Tuesdays, 7:15—8am @ Maloka Hall, Anitya**

Join for this weekly guided mindfulness practice. No need to book, just turn up.

- For details on location etc. WA Helen on 7094753054

Helen

NADA YOGA

Nada Yoga is a practice of concentration known from Hinduism as well as Buddhism which consists of fixing attention on a sound that can be heard inside the ears and head. It is an ancient art that uses sounds and tones to create inner transformations and create a greater sense of unity.



NADA YOGA Ananda
Divine chants
 Co creative music
 Jam

Connect to your inner self through the vibrations of tibetan bowls, gongs, throat singing

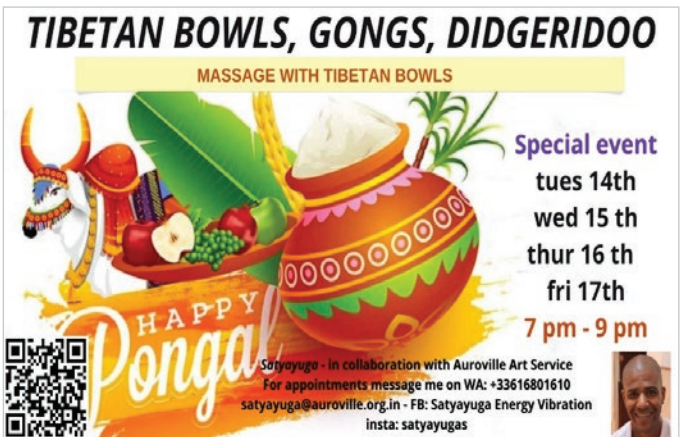
3 pm - 5 pm
 near Auroville Bakery

Wednesday (Friday (Sunday

- **Sunday:** focused on the soul (the divine) (Mantras, overtones...)
- **Wednesday:** focused on energy (bijas mantras, overtones (throat singing), harmonics (throat singing mixed with the nose, head vibrators), kotodamas (Japanese vibrational chants and reiki).
- **Friday:** focused on beauty, powerful emotion (Native American energy).

Jam possibilities. I can lend around twenty instruments (djembes, shamanic drums, clapbox...)

You can come with your stones and crystals to recharge them using the giant Tibetan bowls.



TIBETAN BOWLS, GONGS, DIDGERIDOO

MESSAGE WITH TIBETAN BOWLS

Special event
 tues 14th
 wed 15 th
 thur 16 th
 fri 17th
 7 pm - 9 pm

HAPPY Pongal

Satyayuga - in collaboration with Auroville Art Service
 For appointments message me on WA: +33616801610
 satyayuga@auroville.org.in - FB: Satyayuga Energy Vibration
 insta: satyayugas

Submitted by Satyayuga

FOR GROWN UP AUROVILIANS: A World Game Session Gift

As we step into the New Year, I'd love to invite you for a special World Game—Sandplay session. It's a beautiful, creative way to reflect, dream, and set intentions for the year ahead—like crafting your own vision board, but in the sand! This is my free gift to you for this January month.



- **Priority will be given to long-term Aurovilians.**

Maybe you remember exploring this game in the early days of Auroville? It's a chance to reconnect with that spirit and rediscover the magic of this simple yet profound practice.

Curious to play? Contact me to schedule your session.

Aikya, 9488084952 WA only chat, no calls please

AUROMODE SPA

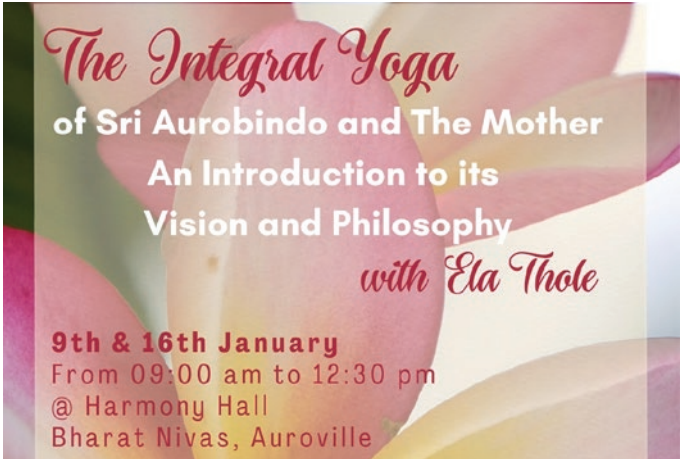
Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, hair-cuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.



Megha for Auromode SPA

Inside India Presents:



The Integral Yoga
of Sri Aurobindo and The Mother
An Introduction to its
Vision and Philosophy
with Ela Thole

9th & 16th January
From 09:00 am to 12:30 pm
@ Harmony Hall
Bharat Nivas, Auroville



Insights into its Practice
with Ela Thole

10th & 17th January
From 09:00 am to 12:30 pm

- tours@insideindiaauroville.com
+ 91413 2622047, + 91 8524953784
Office No. 2, Kalpana, Auroville—605101
- Contact us to book your spot! Contributions apply

Olivier

NATURE IMMERSION AND FOREST THERAPY

11 and 12 January, Saturday and Sunday
4—5pm @ Revelation Forest

In the lush, living sanctuary of Revelation Forest, where nature's magic comes alive—wander through vibrant greenery, listen to the rustle of leaves, and feel the calm energy of the forest embrace you.

- **Be still:** Find peace in the heart of the forest
- **Ground with the earth:** Feel rooted and steady
- **Breathe in joy:** Inhale the freshness of nature

Facilitator: Rahul

Contributions: Welcome

Text Rahul to join us: 8349917282

Carolyn Rebecca & Arun for Revelation

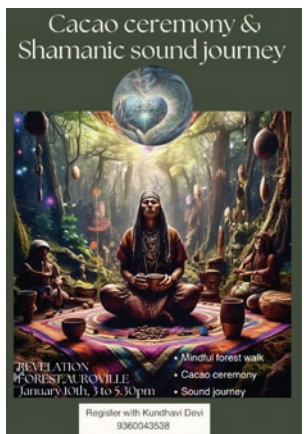


CACAO CEREMONY & SHAMANIC SOUND JOURNEY

Friday, 10 January, 3—5:30pm @ Revelation Forest

Two sound healers, one shaman, authentic ceremony in the forest. Be prepared for the most sacred journey of your lifetime where Mama Cocoa, frequencies from sacred instruments and other dimensions will transport your soul into peace, your heart into joy and mind into complete bliss.

- **Forest Walk:** The forest will clear our auras and ground us for the ceremony.
- **Cacao Ceremony:** Gather around the altar for a sacred cacao ceremony, invoking the wisdom and love of Mama Cacao.



- **Shamanic Sound Journey:** Our sound healers will transport you to realms of deep relaxation and inner harmony.
- **Light language:** Activate your DNA and align yourself with your highest potential.

Contribution based

Registration: Kundhavi Devi, 9360043538

Carolyn Rebecca for Revelation

JOURNEY TO INNER PEACE:

Free Yoga Classes in Anitya Community

Located in the peaceful environment of Auroville's Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.



Yoga for All: Experience Connection and Calm in Anitya

- **Sunday, 12 January—Thursday, 6 February**

We will be offering free classes in the serene setting of the Anitya community. These offerings are an invitation to relax, recharge, and rediscover balance.

Transcendental Meditation Introductory Lecture

Start your yoga journey with an introductory lecture on Transcendental Meditation. This is an informational session designed to provide insights into how this simple pure mental yet profound technique can enhance your well-being and help you find calm amidst life's challenges.

- **Sunday, 12 January, 11:15am—12:15pm**

Hatha Yoga Classes

Reconnect with yourself through gentle stretches, mindful breathing, and deep relaxation. These sessions are designed for all levels, whether you are new to yoga or an experienced practitioner. Each class is an opportunity to build strength, improve flexibility, and cultivate inner peace.

Schedule:

- **Sundays, 10—11am (12, 19, 26 January, 2 February)**
- **Mondays, 5—6pm (13, 20, 27 January, 3 February)**
- **Thursdays, 5—6pm (16, 23, 30 January, 6 February)**
- **Saturdays, 5—6pm (18, 25 January, 1 February)**

Parent-Child Yoga

Share the joy of yoga with your little ones! These sessions are specially crafted to create a playful and nurturing environment where parents and children can bond, move, and relax together. It's a wonderful way to introduce mindfulness and balance to your family's routine. Starting at (\pm) 4 years old with a parent. Children from 7+ can join alone.

Schedule:

- **Thursdays, 3:30—4:30pm, (16, 23, 30 January, 6 February)**

Details and Venue

- **Location:** Maloka Hall, Anitya Community (follow the signs after Center gh/ Serendipity)
- **Fees:** All classes are free, but donations to support the space are warmly appreciated.

For more information contact Mathilde by WhatsApp messages: +91 7094058699

We look forward to welcoming you to this transformative experience!

*Mathilde
for the JOI Anitya team*

AUTHENTIC RELATING

Every Wednesday,
9:30am—12:30pm
@ Hall Of Light,
Creativity Community
with Dave &
Prem Shakti

This offering creates a safe space for heart-centered, authentic expression, leaving us more alive and resourced to share our light with the world. Authentic Relating uses interactive games to build skills for deep, meaningful connections, fostering wholeness through honest self-expression. It cultivates genuine, fulfilling, and mutually rewarding relationships. Please bring comfortable clothes and your presence.



Register now here: <https://tinyurl.com/ARAuroville>. Dave

SITARA MUNAY-KI YOGA

Sitara: Meditation—Yin Yoga—Sound Journey

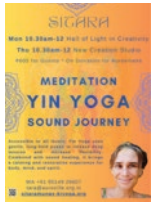
- Mondays, 10:30am—12pm @ Hall of Light, Creativity
- Thursday, 10:30am—12pm @ New Creation Studio

This is a drop-in class, offered on donation.

Sitara has been living in Auroville for 22 years. Over time, she held many different transformational workshops, and recently she started to offer Yoga Teacher Trainings. To learn more about Sitara see

- <https://sitaramunay-kiyoga.org/sitara/>

In this class, accessible to all levels, she will teach her favorite combination of meditation, yin yoga and sound journey. Yin Yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

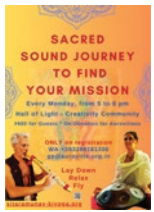


Sitara Munay-Ki: Sacred Sound Journey to find your Mission

- Every Monday, 5—6pm,
@ Hall of Light, Creativity

Only on registration: +393288181300 WA

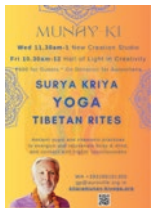
- gp@auroville.org.in



Munay-Ki: Surya Kriya & Tibetans Rites

- Wednesdays, 11:30am—1pm
@ New Creation Studio
- Fridays, 10:30am—12pm
@ Hall of Light in Creativity

Original combination of ancient yogic and shamanic practices.



Note: Suggested donations: ₹600 for Guests, on donations for Aurovilians.

- [New Creation Studio](#) is on the second floor of the building just after La Piscine. Stairs in the narrow pathway alongside the pool's brick walls.
- [Hall of Light](#) is in the Creativity Community, in the center of Auroville.

Check sitaramunay-kiyoga.org for all our activities!

Sitara & Giovanni
Munay-Ki

AUROMODE YOGA SPACE

Aurothaima—Hospitality Trust Yoga Schedule—January 2025

Pre-registrations is a must for all the program through Email or WA. Write to us to know more about the fees structure and other details:

- balaganesh.siva@gmail.com
- +91 98926 99804 WA only



Evening Vinyasa Flow Yoga with Bala or Arun

- Every day, Monday to Sunday, 5:30—7pm

This evening session offers a well-rounded Vinyasa Flow Yoga class led by either Bala or Arun. It is designed to help you release tension from the day, improve balance and mobility, and find inner calm through fluid, breath-centered movements.



Gentle Hatha/ Yin Yoga with Cora

- Tuesday to Sunday, 10:30—11:45am

Discover the transformative power of Gentle Hatha Yoga with Cora, a nurturing practice that emphasizes mindfulness, alignment, and accessibility.

Harmony of Sound, Vibration & Marma Head Massage

- By Appointment

Experience a unique and deeply relaxing therapy session combining **sound healing, vibration techniques, and marma head massage**. These ancient practices help balance energy, relieve stress, and restore harmony to mind and body. Book your appointment for a personalized session.

22 days—200-Hour Yoga Teacher Training Course (Intensive)

- 8 to 29 January, 6:30—9:30am & 3:30—7pm

This intensive 200-hour Yoga Teacher Training Course (TTC) is designed for aspiring yoga teachers and dedicated practitioners looking to deepen their practice. The course covers asana, pranayama, meditation, philosophy, anatomy, and teaching methodology. Upon completion, participants will receive a certification to teach yoga. Pre-registration required. Internationally valid Yoga Alliance Certification is issued for successful participants.

Find:

- [Yoga Shala](#)
- [Auromode Apartments](#)

Submitted by Balu

SOUND CHAKRAS HEALING

Guided vibrational Sound Journey using Shamanic Drum, Tibetan Bells and tuning forks to Reduce Stress, Anxiety, Depression, Stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



- Individual Sessions, Couple Sessions
- Group Sessions (on request)

For appointments, contact me at:

Lakshmi +91 8489764602, lakshmiprem369@gmail.com

*Offered under Abhaya,
Lakshmi*

ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Treatments	Therapist, When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe, Monday to Saturday, by appointment +919943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana, Monday to Saturday, by appointment only: +919047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French), Monday to Saturday, by appointment only: 0413 2623767 antarcalli@yahoo.fr
Integral Regression therapy, integral reiki healing, Breathwork—the hylotropic way	Niyati Thakkar, Monday to Sunday, by appointment only: +917041391995 niyatithakkar2112@gmail.com
Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity, helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines)	Olesya, by appointment only: +9159052743 olesya@auroville.org.in
Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice	Shruti, by appointment only: +917904769496 auroshruthi@auroville.org.in

Classes

Classes	Teachers	When
Pilates	Teresa (TOS)	Tuesday & Thursday 7:30—8:30am. Friday 5:30—6:30pm by appointment only: 7867998952
Iyengar yoga	Olesya	Wednesday & Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm. Or by appointment: 9159052743
Eye yoga and wellness Retreat	Aurosugan & Priyanka	Monday to Sunday: 7—8am, by appointment only. 8012305151/ 9704258709
Hatha Yoga	Priyamvada	Monday & Friday: 7:30—8:30 or by appointment, 9486261640

Services

Services	Description	Contact Details
Aurokiya	Eye care center	Monday & Saturday 9am—12:30pm, 1:30—5pm 8012305151 aurokiya@auroville.org.in
Maatram	Phychological & Emotional consultation	By appointment: 9159052743 maatram@auroville.org.in
Convalescence Facility	Post-surgical and care facility	Please contact Arka 0413 2623799 arka@auroville.org.in (for Aurovilians only—max. stays 3 weeks)
Emergency Services	Ambulance & emergency service	9442224680 ambulance@auroville.org.in
Swasty	Homeopathic consultation	By appointment: 9428429642 adititva@auroville.org.in
Health & Healing Trust	Administration office	Health & Healing Trust healthhealingtrust@auroville.org.in

Ramana, Arka

CRANIO-SACRAL SESSIONS

Dear Community, I am giving free Cranio-sacral sessions for Aurovilians and Volunteers from now until around mid of February. For anyone interested please write to me on simoniverse@gmail.com, on +43 6801603829 WA, or message/call +91 8580972590.



Simon

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body’s consciousness.



- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

Contact 9385428400 call/ WA to book your session today! Donation Based
Submitted by Isha

TRADITIONAL MANTRAS AND STOTRAS

Chanting Classes

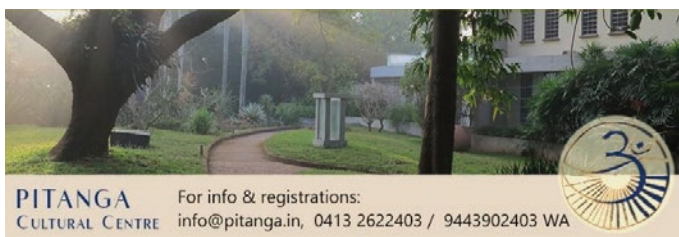
@ Serendipity Community with Sonia Novaes

- **Thursdays, 9am,**
Drop-in class
- **Fridays, 5pm,**
Regular class

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you’d like to explore further and continue your studies of mantras and chants, you’re welcome to join our regular classes. **Sonia**



serendipityauroville@gmail.com, +91 8940288090



PITANGA
CULTURAL CENTRE

For info & registrations:
info@pitanga.in, 0413 2622403 / 9443902403 WA



Program January 2025

Pitanga will be closed on Wednesday, 15
and Thursday, 16 January for Pongal.

Drop-In Classes, join without prior registration!

Mondays	
7:30am–9am	Asanas mixed level with Rachel
8:30am–10am	Yoga Therapy with Gala
10:30am–12:30pm	Prenatal Yoga Circle with Flowrina
4pm–5pm	Doing No-Thing Consciously with Mike
5:30pm–6:45pm	Hatha Yoga with Priyamvada
Tuesdays	
7:30am–8:45am	Self Practice with Rachel
4pm–5:15pm	Yoga: Restore & Relax with Flowrina
5:30pm–7pm	Antigymnastique® with Francesca F
Wednesdays	
7:30am–9am	Asanas mixed level with Rachel
8:30am–10am	Yoga Therapy with Gala
5:30pm–6:45pm	Hatha Yoga with Priyamvada
Thursdays	
7:30am–9am	Yoga: Chakra Conditioning with Flowrina
4:30pm–5:30pm	Aviva Exercise with Suriyagandhi, for women only
5:30pm–7pm	Yoga: Restore & Relax with Flowrina
Fridays	
6:45am–8am	Pranayama with François & Namrita, For former “The Art of Living” course participants
7:30am–9am	Asanas mixed level with Rachel
8:30am–10am	Yoga Therapy with Gala
4:30pm–5:30pm	Readings of The Life Divine with Balvinder
5:15pm–6:15pm	Feldenkrais with Shari
5:30pm–6:45pm	Hatha Yoga with Priyamvada
Saturdays	
7:30am–8:45am	Yoga: Prana Flow Conditioning with Flowrina
9am–10:30am	Asanas intermediate level with Rachel,
11am–12:30pm	Kundalini Yoga with Bel, not on 11 January
2:30pm–4:30pm	Truth Based Relationships—Practical Sessions with Juan Andrés
4pm–5pm	Odissi Classical Dance, a beginners’ class especially for children, with Agila, assisted by Rekha, not on 4 January

Classes

by prior registration

- **Art Therapy with Gala**
 - Thursdays, 3–5pm for adults
 - Fridays, 3–5pm for families

Youth Activities

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

- **Asanas for Teenagers with Lisbeth**
 - Mondays, Wednesdays, 4pm–5:15pm
These classes are for the teenagers from AV schools.
- **Yoga for children, from 9 yrs. +, with Gala**
 - Saturdays 10am–11am
- **Energy games for children, 9 yrs. +, with Gala**
 - Saturdays 11am–12pm

Healing Space, by appointment

- Acupuncture by Heidi S.
- Antigymanstique® individual session by Francesca F.
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- Cranio Sacral Technique by Anne H.
- Shamanic Healing by Auromira
- Shiatsu by Patricia G. (for Auroville residents only)
- Syntropy Insight Bodywork with Véronique D.
- Thai Yoga Massage by Juan
- Yoga Therapy with Nadia A.

New Activities

Shamanic Healing by Auromira

- For appointments, please contact Pitanga

Shamanic healing is an ancient practice that reconnects us with the wisdom of our soul and the healing power of nature. By addressing the energetic roots of imbalance, shamanic healing supports enhanced well-being, clarity and a deeper connection with yourself and purpose.

Auromira, a naturopathic doctor and shamanic practitioner with over 20 years of experience in health and wellness, offers an integrative and supportive approach. Her practice is fully inclusive and trauma informed, all are welcome!

Yoga classes with Flowrina

- **Prenatal Yoga circle:**
 - Mondays 10:30am—12:30pm

A safe place for pregnant ladies to come together: to exercise and practice different techniques that are meant to tone, release and relax body and mind, share prenatal/postnatal experiences, find support, direction, guidance, and community

Practices: Yoga asanas, modified for your specific need/trimester, breath work, sound work, mantra chanting, Nidra Yoga practices, guided meditation meant to connect with your body and your baby, other prenatal practices.

Note: If you want to participate in this class, please contact Flowrina before WhatsApp +40740185768. It is better to get to know you a little bit and learn about are your expectations before you are coming to class.

- **Yoga: Restore & Relax:**
 - Tuesdays 4pm—5:15pm and
Thursdays, 5:30pm—7pm

This is a drop-in class for all levels. Main focus is to connect, release and relax through correct posture, alignment of the body, restorative asanas, conscious breath and deep relaxation.

- **Yoga: Chakra Conditioning:**
 - Thursdays 7:30am—9am

This is a drop-in class for all levels.

Main focus is to bring awareness and vitality into the main energy points (chakras) through different pranayama, asana, mantra or other yoga techniques. Each class will end with a guided shavasana meant to tap into the fine line between concentration and relaxation.

• **Yoga: Prana Flow Conditioning:**

- Saturdays 7:30am—9am

This is a drop-in class for all levels.

Main focus is to find the right balance of Vitality and Strength through different breath work practices and body work movements. Each class will end with a guided shavasana meant to tap into the fine line between concentration and relaxation.

- We welcome *Florina Padurau from Romania, volunteering with us in her capacity as a certified and experienced yoga teacher. In Auroville her name will be Flowrina.*

Workshops

**Workshop Born Free
with Ange Sabine Blanchflower**



A Five-Day Transformative Workshop

- Monday, 20—Friday, 25 January,
- Daily 12:45—1:45pm, for 5 days
- Bonus session on Monday 27 January
- Registration required.

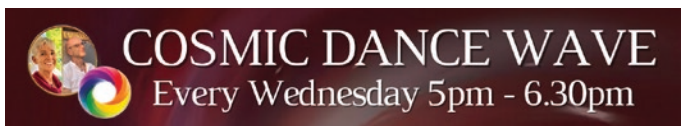
Ange invites, *“Discover how you can deconstruct the Beliefs that keep you from living your best life and your Purpose.”*

Ange Sabine Blanchflower is a Consultant with the Proctor Gallagher Consultants Division. Her mentor Bob Proctor is to this day the leading Teacher of Self Development and Human Potential. And the approach is a holistic one—Spiritual, Mental and Physical.

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless.

If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile!

2622403/ 9443902403 WA,
info@pitanga.in, Andrea for Pitanga Team



A Healing Journey Through Movement

We warmly invite you to experience our transformative Cosmic Dance Wave, where the ancient art of healing merges with the freedom of dance. This unique journey guides you through four Divine energies:

- **Earth Energy—Mahasaraswati:** Ground yourself and connect to your physical light body and call in Divine manifestation
- **Water Energy—Mahalakshmi:** Leave your emotional baggage behind and flow into love, beauty and abundance
- **Fire Energy—Mahakali:** Find your true inner power and transform anger and fear through dynamic expression
- **Air Energy—Maheswari:** Clear your mental patterns and move into higher consciousness and create a Divine reality

Through this sacred practice, you'll experience:

Deep healing across physical, emotional, vibrational, and mental planes, Elevation of your personal frequency, Connection to states of wholeness and higher consciousness. Integration of body, mind, and spirit

Sandyra

It Matters

Schedule from 9 to 18 January

Weekly Activities—A/C Room

- **Location:** It Matters, Auroville Main Road
- **Info:** [@auroville.curated](#)

All activities are: Rs./600 for guests and Rs./150 for Aurovilians/ Newcomers/ Savi Registered Volunteers. Discount vouchers available, only for weekly activities, not for workshops.

- **Workshop pre registrations:**
 - itmatters@auroville.org.in, or +91 9344087925 WA

Date	Activity
9 January, Thursday, 4:15–5:15pm	Laughter Yoga & Relaxation with Ancolie Dove
9 January, Thursday, 5:30–6:30pm	Tai Chi, The way of the Leaf with Kaarthikeyan Kirubhakara
10 January, Friday, 4–5pm	Learn Native American Flute with Sitara
10 January, Friday, 5–6:15pm	Free Dance & Cacao Ceremony with Sitara
11 January, Saturday, 1:45–2:45pm	The Savitri Research Project with Matthias
13 January, Monday, 4:50–5:30pm	Science of Meditation with Matthias
16 January, Thursday, 4:15–5:15pm	Laughter Yoga & Relaxation with Ancolie Dove
17 January, Friday, 4–5pm	Learn Native American Flute with Sitara
17 January, Friday, 5–6:15pm	Free Dance & Cacao Ceremony with Sitara
18 January, Saturday, 9:30–10:30am	Tai Chi Detox with Kaarthikeyan Kirubhakaran
18 January, Saturday, 11–12:30pm	From Art History to Practice Series, Fauvism, with Sandra

Date	Workshops in January
11 January, Saturday, 3–5pm	Learn the Ancient Art of Henna (A Bindu to Wonders)—Rs./900
16 January, Thursday, 9:30–12pm	Mask from Plastic Waste (Face It)—Rs./1100
17 January, Friday, 9:30–12pm	Mask from Plastic Waste (Face It)—Rs./1100
18 January, Saturday, 3–5pm	Scrap Leather to Keychain (Upcycling)—Rs./1100

**Pre-registration for Workshops is mandatory/
50% discount for Aurovilians and SAVI volunteers*

Bhakti & Sandra

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

- **Please note:** for Aurovilians, Newcomers and SAVI volunteers contribution is of own choice.
- Leela therapy is offered by Kardash in **person** or **on-line**.
- For more details see www.innersightav.org or contact Kardash on 9940934875 WA.



Kardash

QUIET HEALING CENTER



Watsu® & Meditation with Dariya

- 16—17 January, 8:45am—6pm, 15 hours

Meditation is an important tool for listening, accepting and knowing ourselves, as well as becoming more intuitive towards others. In our understanding, the purpose of meditation is to cultivate presence and peace of mind, enabling us to connect with our unique essence and the world around us. It also encourages development of our intuition and perception through the heart, complementing the rational mind. This can help us make choices from a deeper place. Essentially, meditation helps in our personal growth and enhances our ability to deeply listen to and be fully present with the person we float during a Watsu session.



- **Prerequisites:** Watsu Basic

Prana Yoga Immersion Classes with Ananda

- 16—25 January, 7—8:30am

Prana is the universal life energy. Yoga is tuning body-mind-spirit into wholeness. Prana Yoga Immersion classes are based on Hatha Yoga, Pranayama, Meditation & Siddha.



Through conscious postures, breathing, movement & stillness you will open and tune your self-enhancing, transforming, and healing energy flow to rejuvenate your body-mind-spirit, build your immunity, enrich your self-healing, enhance your sensitivity and perception, expand your awareness, and open higher states of consciousness.

In this training, you will learn, practice and experience: warmup & asana sequences for a healthy body, spine & energy flow; basic & advanced Pranayama practices & awareness exercises; Yoga Nidra, Nada Yoga, Chakra awareness & meditations; modern science of respiratory, nervous and lymphatic systems; and inner science of energy: Nadi, Vayu, Chakra, Mudras, Bandhas.

Holistic Rebalancing Massage Training with Ananda

- 16—25 January, 9am—5pm, 60 hours

Holistic Rebalancing is a powerful healing and balancing tool for body-mind-energy through massage. It has 5 kinds of tools to enhance and balance 5 elements in our system: water, fire, air, earth, and space. It has ancient roots from the Indian system of Yoga, Varma & Ayurveda. In contemporary times, it has techniques integrated from deep tissue massage, joint release, myofascial work, cranio-sacral work, Tibetan pulsing, energy work, reflexology, vital Varma points, breath work and holistic science.



- **Module 1** focuses on developing expertise with spine, sacrum and neck.
- **Module 2** extends on the foundation of Module 1 (prerequisite).

This training is for anyone who wants to heal oneself, is an intuitive healer and wants to learn an effective art and science of healing, wants to work professionally with people through healing touch, wants to share love and healing touch with family / friends, wants to learn the mysteries of body, energy and right tools to heal or is already into healing and want to make it more effective and effortless.

- A **certificate** will be provided on successful completion of this training.

OBA 3—Oceanic Body with Nirvano

- 18—23 January, 8:45am—6:30pm, 50 hours

This training in **Oceanic Bodywork® Aqua 3** includes advanced techniques for both surface and underwater work. The focus on slowness, silence, love, and compassion, as well as the expression of emotions, allows for a deeper and more authentic connection between the giver and receiver, helping them explore their oceanic body and consciousness.



OBA 2 techniques will be reviewed and refined under supervision, while new OBA 3 techniques, both above and below water, will be introduced to create a seamless flow of movement. The deep and intimate nature of this bodywork can evoke emotions, necessitating a safe space both in water and on land for sharing and acknowledging these feelings. The training will include both theoretical and practical instruction on managing emotions.

Receiving and giving Oceanic Bodywork Aqua sessions is a transformational journey that offers deep relaxation, joyful experiences, and a dissolving of boundaries.

- **Prerequisites:** OBA 2.

Watsu® Yoga Round with Fred & Roberto

- 24 January, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken, and celebrate the energy of your being.



When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Liquid Flow Essence with Dariya & Daniel

- 25—31 January, 8:45am—6pm, 50 hours

Liquid Flow is an aquatic bodywork modality given in a warm water pool (ideally 35°C). Developed at the Quiet Healing Center, Auroville, Liquid Flow is inspired and based on the forms and qualities of Watsu, OBA, Healing Dance, and WaterDance.



This intense course with the main Liquid Flow sequence is for students of different aquatic bodywork modalities, who wish to dive deeper into their practice. In combination with practices on land, you will experience the profound effects of this powerful, yet softening, work. Liquid Flow Essence is the favourite elective of many students. Inspired by different aquatic bodywork modalities, it offers a wonderful new sequence of essential mobilisation possibilities in a flow with ease and continuity.

- **Prerequisites:** Watsu & OBA Basic

Oceanic Bodywork—Fire & Earth Intro with Nirvano

- 27—28 January, 8:45am—6:30pm, 15 hours

Body Rhythm & Loving Touch. An introduction to Oceanic Bodywork® Fire & Earth. Immerse yourself in the rhythmic heartbeat of your body, enveloped in the loving atmosphere of healing hands. Experience the relaxation and enjoyment of massaging and being massaged with scented oil.

This introduction focuses on learning the simple massage and breathing techniques of Oceanic Bodywork Fire & Earth, along with an introduction to aromatherapy and incense, and group singing & dancing. Guided meditations and awareness exercises will accompany the journey. No previous knowledge of massage and bodywork is required.

- **Please bring** two sheets that can become oily, wear comfortable clothing for dance and active meditations and for oily, and sarong or lungi.

Prana Yoga Immersion Classes with Ananda

- **31 January—6 February,**
7—8:30am

Prana is the universal life energy. Yoga is tuning body-mind-spirit into wholeness. Prana Yoga Immersion classes are based on Hatha Yoga, Pranayama, Meditation & Siddha.



Through conscious postures, breathing, movement & stillness you will open and tune your self-enhancing, transforming, and healing energy flow to rejuvenate your body-mind-spirit, build your immunity, enrich your self-healing, enhance your sensitivity and perception, expand your awareness, and open higher states of consciousness.

In this training, you will learn, practice and experience: warmup & asana sequences for a healthy body, spine & energy flow; basic & advanced Pranayama practices & awareness exercises; Yoga Nidra, Nada Yoga, Chakra awareness & meditations; modern science of respiratory, nervous and lymphatic systems; and inner science of energy: Nadi, Vayu, Chakra, Mudras, Bandhas.

Holistic Reflexology Training with Ananda

- **31 January—6 February,**
9am—5pm

Holistic Reflexology is a deeply relaxing, healing & balancing tool for body-mind-energy. With meditative presence, loving energy & by activating and relaxing nerve endpoints, lymphatic nodes and energy points in hands and feet, we support harmonizing internal organs, blood circulation, nervous, hormonal, lymphatic systems and boost immunity.



This training is for anyone who wants to heal oneself, is an intuitive healer and wants to learn an effective art and science of healing, wants to work professionally with people through healing touch, wants to share love and healing touch with family/ friends, wants to learn the mysteries of body, energy and right tools to heal or is already into healing and want to make it more effective and effortless.

- A **certificate** will be provided on successful completion of this training.

Guido for Quiet,
+91 9488084966,
www.quieth healingcenter.info/
quiet@auroville.org.in



BODY IN LIGHT: ENERGY HEALING WORKSHOP

22, 23, 24 January, 9am—5pm
@ Svaram Atelier, Utsav building

Do you want to step into the harmonious frequency of the universe?

3 Days of radical Self-empowerment:

- Discover your Divinity
- Awaken the Goddess within

We explore with joy the 3 paths to ascension:

- Heal old pains, patterns and programming
- Align to your Divine Essence
- Tune into mystical moments of realization by stepping into the frequency of the four powers of the Divine Mother: Wisdom, Harmony, Strength & Creation

Dive into powerful techniques for self-healing, and learn Fundamentals, Principles and Universal Laws of energy healing.

More information: <https://bit.ly/bodyinlight-workshop>

Register: contact@auroville-ijiva.com, +91 9443619403WA.

Sandhya



DISCOVER A SPIRITUAL JOURNEY

With a Sencha Style Tea Ceremony

During this unique experience you will also explore the healing aspects of the tea of your choice. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover,



- **The session can be conducted** 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.
- **Venue:** To be decided, the ceremony can be conducted at your place of residence as well.
- Possibility to **buy the tea** after our session.
- Sessions are **donation-based** with the flow of Generosity.

+91 9385428400 Call/ WA, Isha

EXPERIENCE THE POWER OF KUNDALINI YOGA

Thursdays, 5pm @ Hall of Light, Creativity,

Elevate your spirit and awaken your inner energy through the transformative practices of breath, movement, and meditation. Kundalini yoga offers numerous benefits:

Physical Benefits: Kundalini Yoga can improve flexibility, strength, and balance, reducing pain and enhancing overall physical health. Mental Clarity Regular practice can improve focus, reduce stress, and promote emotional well-being, leading to a calm and centered mind.

Spiritual Growth: Kundalini Yoga can help you connect with your inner self, expand consciousness, and experience a sense of deeper purpose and meaning.



- **Drop-in classes.** Please arrive 5 minutes early. Bring water and a cloth to cover your mat.
- **Contribution Fee:** ₹350 for guests ₹150 Savi volunteers
- **Contact:** +91 7598892065 WA
Bel, a certified kundalini yoga teacher.

Bel

VÉRITÉ, JANUARY

Please contact Vérité @ 0413 2622045,
2622606, 9363624083

or programming@verite.in, www.verite.in



Yoga & Other Classes

	Drop-in Classes	Timings	Presenters
Mondays	Yoga for Happy Hips	7:30— 8:30am	Dev
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Yoga Asana: Deep Stretch & Relaxation	7:30— 8:30am	Radha
	Transformational Yoga	9:15— 10:15am	Lakshmi
	Dance of the Chakras	5—6:30pm	Lakshmi
Wednesdays	Yoga for Happy Hips	7:30— 8:30am	Dev
	Hatha Vinyasa Yoga (begins January 8)	5—6pm	Andres
	Cosmic Dance Wave: A Healing Journey through Movement	5—6:30pm	Sandyra
Thursdays	Hatha Yoga Essentials	7:30— 8:30am	Dev
	Yin Yoga: Deep Tissue Release	9:15— 10:15am	Radhika
	Open Heart Space Meditation	3:30— 4:30pm	Samrat
	Yoga Asana: Deep Stretch & Relaxation	5—6pm	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Pranayama & Meditation	7:30am— 8:30am	Radhika
	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement	5—6:30pm	Vega
Saturdays	Strengthen & Align Yoga	7:30— 8:30am	Dev
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga	5—6pm	Mani

Treatments and Therapies

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Auromira	Shamanic Naturopathic Healing
Dev	Personalized Yoga Sessions
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: an 8-Step Skin Care Treatment with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage

Radhika	Birenda Massage
	Craniosacral Therapy
	Foot Reflexology
	Integrated Craniosacral Therapy & Foot Reflexology
Raja	Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Integrated Energy Healing & Holistic Foot Reflexology

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday—Sunday, 10—12 January	Self-Awareness & Love (3-day workshop)	9:15am—4:45pm	Ananda
Friday, 10 January	Food is Medicine: Remedies for Health Issues	2—4pm	Parvathi
Friday, 17 January	Understanding Pranayama & its Practice in Asanas & Meditation	9:15am—12pm	Radhika
Saturday, 18 January	ATB (Awareness Through the Body) Explorations	9:15am—12pm	Amir
	Introduction to Shamanic Journeying	1:45—4:45pm	Aurora
Friday, 24 January	Master Class: Yoga to Enhance Strength & Flexibility	9:15am—12pm	Dev
Saturday, 25 January	Releasing Fear & Anxiety with Pranayama	9:15am—12pm	Lakshmi
	Food is Medicine: Lifestyle Health Daily Practices	2—4pm	Parvathi
	Special Event: Pizza Pop-Up	6—8pm	Chetana & Radha
Friday, 31 January	Harness Your Inner Strengths: A Self-Awareness Journey	9:15am—12pm	Lakshmi

Workshops

Self-awareness and Love with Ananda

- Friday to Sunday, 10—12 January, 9:15am—4:45pm

Experiential Inner journey course for Self-discovery, Healing & Expansion with Awareness Exercises, Active & Passive Meditations, Psychology, Inner Science & Love. Learn tools and processes to integrate in daily life for clarity, presence, flow, health, happiness, peace & evolution.

Food is Medicine: Remedy for Health Issues with Parvathi

- Friday, 10 January, 2—4pm

Learn how to use food as a natural remedy for common health concerns. Discover targeted nutrition strategies and healing foods that can help manage conditions like inflammation, digestive issues, hormonal imbalances, and more. Gain insights on restoring gut health, reducing symptoms, and creating personalized dietary plans to support your body's healing processes.

Anandhi & Aparna for Vérité programming

**LEARN ENGLISH & HINDI
One-on-One Sessions!**

- Spoken & written skills, grammar focused, for all levels
- Customized to YOUR goals, flexible scheduling
- Real-life practice, fast progress
- For more information contact Ashwini
8270512606/ ashree@auroville.org.in

Ashwini

**NEWS FROM
Auroville Language Lab**

Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.



- Send an email to tomatis@aurovillelanguagelab.org.

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book!
Check it out at <https://books.aurovillelanguagelab.org>
- To enquire or register:
tomatis@aurovillelanguagelab.org or call
0413 2622467 or 3509932.

New Courses

New Private and small group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

New Sanskrit Course on Sanskrit Grammar, Vedic & Classic

Introducing a text-oriented Sanskrit method for spiritual seekers. For the past five years, Nishtha developed a systematic Sanskrit grammar that from the beginning incorporates the earlier Vedic grammar along with that of the later Classical period. This method is especially meant for students that are interested to study the main source texts of the Indian spiritual tradition, from the Rig Veda via the early and later Upanishads to the Bhagavad Gita.

Some highlights of the introductory sessions will be

- appreciating the historical background of the Sanskrit language by looking at the rich Vedic contribution to Sanskrit grammar
- introducing the first paradigms of verb conjugation and stem declination by the complete grammatical analysis

of the much-known shlokas “sarveśām svastir bhavatu”, and “sarve bhavantu sukhinah”

- study of basic Sanskrit pronouns (Sa, Sā, Tad, Tvam, Aham) with their subtle psycho-spiritual application in text-samples from Veda, Upanishad and Gita
- proper metrical recitation of the Vedic poetry
- a thorough explanation of what is called the Vedic accent with many text-samples .

This class takes place once a week during the free evening sessions.

New 10-Day Urdu Course

Registration open for a 10-day introductory course in Urdu, which will take place daily, Monday to Friday, for the first two weeks of January 2025. Started 6 January. Register now. Email: info@aurovillelanguagelab.org.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French with Coco and Gaspard
- **Tuesdays:** Spanish with Gloria
- **Wednesday:** Sanskrit Chanting of the Lalitasahasra-naama (1,000 Names of the Goddess) with Remesh 5:30—6:30pm
- **Thursdays:** English with Amy. We are looking for one more anchor starting January.
- **Fridays:** Urdu with Nabila. And Tamil with Delpina. These are welcome new additions, for a month!

We are still looking for native speakers to facilitate German, Italian and Hindi conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Communication with the Lab

- For language-related matters: +91 9843030355WA.
- For Tomatis please use the 350-9932.

Current Schedule of Classes as of 9 January

Language	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30–10:30am	Tuesday & Thursday
	Pre-Intermediate & Intermediate	11m–12pm	Tuesday & Thursday
	Creative Writing	9:30–10:30am	Monday & Wednesday
	Learn English through theatre	11am–12pm	Monday & Wednesday
French	Beginner	4:30–5:30pm	Started 17 November, Monday & Wednesday
	Conversation—Intermediate	2:30–3:30pm	Started 19 November, Tuesday & Thursday
	Conversation—Pre-Intermediate	11am–12:30pm	Friday, Starting 29 November
Urdu	10-day Beginner	3–4pm	Started 6 January, Monday to Saturday

Tamil	Spoken Beginner	9:30–10:30am	Started 5 November, Tuesday & Friday
German	Level A1 Beginner	5–6:30pm	Started 5 November, Monday, Tuesday & Friday
Spanish	Beginner	2:30–3:30pm	Monday & Wednesday
Italian	Beginner	TBA	TBA
	Advanced	4–5:30pm	Wednesday
Didgeridoo	Beginner	4:45–5:45pm	Tuesday & Thursday

Louis
for Auroville Language Lab

Cinema

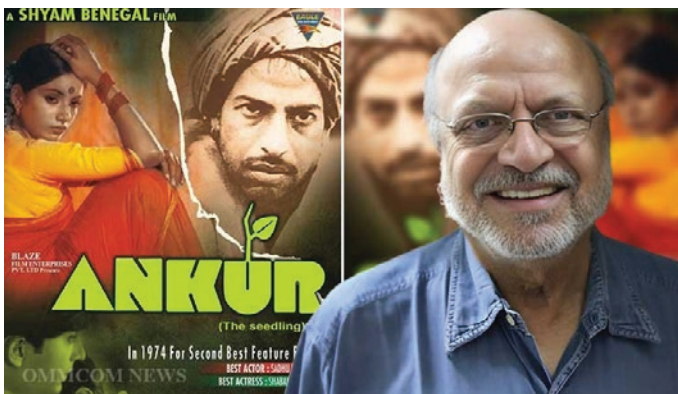


Presents @ Multi Media Centre Auditorium, Town Hall

Friday, 10 January 2025, 8pm

Special screening! In memory of the legendary Indian filmmaker "Shyam Benegal" who passed away recently, Aurofilm pays tribute to his great contribution to the seventh art, screening one of his first feature films.

"ANKUR" (The seedling)



Directed by Shyam Benegal, India, 1974

Cast: Shabana Azmi, Sadhu Meher, Anant Nag...

Synopsis:

In a small village in Andhra Pradesh still marked by feudalism, Lakshmi lives a poor lifestyle along with her husband, Kishitaya, a deaf-mute with a penchant for the bottle. Both work for a wealthy landlord. The landlord's son, Surya, having to stop his studies, returns home to look after the estate as well as to formalize his pre-arranged marriage to the young Saroj. When Kishitaya is punished for a petty theft and absconds from the place, Lakshmi is left alone to fend for herself... Shyam Benegal creates a sublime and provocative examination of hypocrisy, economic disparity, and the social status of women in Ankur. The film was highly acclaimed and went on to win 43 prizes including the Golden Bear at the 24th Berlin Film Festival. It also happens to be the debut feature film of Shyam Benegal, introducing the actors Anant Nag and Shabana Azmi.

Original Hyderabad (from Andhra Pradesh) version with English subtitles

Duration: 2h.18'

Friday, 17 January, 8pm

“Drifting Clouds”

(Original title: *Kauas pilvet karkaavat*)

Directed by Aki Kaurismäki, Finland, 1996

With: Kati Outinen, Kari Väänänen, Elna Salo, Sakari Kuosmanen

Synopsis: Tram driver Lauri loses his job. Shortly later, the restaurant where his wife Ilona works as a head waitress is closed. Too proud to receive money from the social welfare system, they strive to find new jobs. But they are completely unlucky and clumsy, one disaster is followed by the next... One of the most beautiful films by filmmaker Aki Kaurismäki, a tireless storyteller of the working class condition, with devastating humor, legendary drunkenness, and infinite humanity! The film is the first in Kaurismäki's Finland trilogy, the other two films being *The Man Without a Past* and *Lights in the Dusk*.



Original Finnish version with English subtitles—Duration: 1h37'

- **Note:** Contributions are very welcome!
Aurofilm Collection Acc. No. **252658**

Susana and Aurofilm team

ECO FILM CLUB:

Every Friday at Sadhana Forest

Schedule of Events

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with “previews” of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 10 January

Fifteen Minute City: Urban Planning Solution To Climate Change

18 minutes/ 2023/ CNA Correspondent

Documentary talks about the idea of 15-minute city, seen as a key climate solution, fostering sustainable living, and enhancing quality of life. It showcases how this is being done in different cities around the world.

Preserving a Dharma Kingdom

22 minutes/ 2024/ Jangsa Trust

Documentary emphasizes the importance of preserving spiritual and cultural heritage while promoting sustainable living practices in Bhutan to ensure long-term health of both the environment and society. It highlights the balance between modernity and tradition, underscoring the significance of stewardship for future generations.

Aviram



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
13 January 2025 to 19 January 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday 13 January, 8pm
Kottukkaal (The Adamant Girl)

India, 2024, P.S. Vinothraj w/ Soori, Anna Ben, Nirosha, and others, Drama, 100mins, Tamil w/ English subtitles, Rated: R

From the maker of Koozhangal (Pebbles) comes a story of a young woman Meena's love for a man—Pandi from a lower caste. It sparks conflict with her family, who believe she is possessed. The story explores her struggle against societal prejudices, with her family attempting to cast out her perceived "spell" of forbidden love. On a journey to an exorcist, accompanied by her betrothed, the trip unveils tensions between tradition and personal freedom, exposing her silent rebellion. A rooster, tied to a stone, but managing to break free for a moment, is like a powerful symbol of Meena's limited life. It is not action packed. It is a film to watch, observe, and reflect upon.

Potpourri—Tuesday 14 January, 8pm
Touki Bouki

Senegal, 1973, Writer-Dir. Djibril Diop Mambéty w/ Magaye Niang, Myriam Niang, Christoph Colomb, and others, Drama, 85mins, Wolof-Arabic-French w/ English subtitles, Rated NR (G)

Mory, a cowherd who rides a motorcycle mounted with a cow's skull, and Anta, a university student, have met in Dakar, Senegal's capital. Alienated and disaffected with Senegal and Africa, they long to go to Paris and work up different con schemes to raise the money. Mory steals clothing and money from a wealthy gay man who had brought him home, and he and Anta book passage on a ship to France.

Selection—Wednesday 15 January, 8pm
The Most Reluctant Convert

USA, 2021, Dir. Norman Stone w/ Max McLean, Nicholas Ralph, Eddie Ray Martin, and others, Biography-Drama, 73mins, English w/ English subtitles, Rated: NR (PG)

C.S. Lewis' journey from atheist to believer begins with his turbulent childhood. After losing his mother and becoming estranged from his father, Lewis deems existence bleak. His tutelage under atheist William T. Kirkpatrick and experiences in The Great War solidify his materialist views. However, friendships with J.R.R. Tolkien and Hugo Dyson challenge him to consider Christianity, forcing a choice between materialism and faith.

Interesting—Thursday 16 January, 8pm
Planet A

S.Korea-Taiwan-Bulgaria-UK, 2022, Dir. Haru Lev, Experimental-Documentary, 74mins, Korean-English-Japanese w/ English subtitles, Rated: PG-13

This film is an omnibus of 15 music videos created for liberation for all, involving 35 musicians and 15 performers/artists. The original soundtrack, released first by Korean-based musicians, addresses worldwide issues such as animal massacres, speciesism, excessive capitalism, and climate change. This screening has been made possible by the director, visiting Auroville, and Kyonghyon Lee. There will be a brief Q&A with the director after the screening.

International—Saturday, 18 January, 8pm

Vermiglio

Italy-France-Belgium, 2024, Writer-Dir. Maura Delpero w/ Tommaso Ragno, Roberta Rovelli, Martina Scrinzi, and others, Drama-History, 119 mins, Italian w/ English subtitles, Rated: NR (R)

In a remote Alpine village during World War II, a deserting soldier disrupts a local family's life by falling in love with the eldest daughter, Lucia. Drawn from the director's own family history. Their unexpected romance transforms the family's life, set against a breathtaking landscape that captures the transition from a traditional way of life to a new era, revealing intimate human stories of love, survival, and personal transformation. A must watch!

Children's Matinee—Sunday, 19 January, 4pm

Snowflake, The White Gorilla



Spain-Canada-USA-France, 2011, Dir. Andrés G. Schaer & Raja Gosnell w/ Claudia Abate, Joan Sullà, Pere Ponce and others, Fantasy-Comedy, Catalan-English w/ English subtitles, Rated: G

Snowflake, the only white gorilla in the world, is the zoo's main attraction. While children adore her, other gorillas—Petunia, Elvis, and Anvil—shun her for being different. With the help of Jenga, the eccentric red panda, Snowflake embarks on a secret mission to escape the zoo and find a circus witch who can make her a "normal" gorilla. Will she find the cure, or learn that being true to yourself is more important than fitting in? Trivia: There really was an albino gorilla named Snowflake!

David Lean Film Festival @ Ciné-Club

Ciné-Club Sunday 19 January, 8pm

Oliver Twist

UK, 1948, Dir. David lean, w/ Alec Guinness, John Howard Davies, and others, Drama-Adventure, 116 mins, English w/ English subtitles, Rated: R

Oliver, an orphan, flees to London and encounters the Artful Dodger, who introduces him to Fagin's gang of young pickpockets. During a theft, Oliver is mistakenly blamed and arrested. Mr. Brownlow, the victim, takes pity on the boy, sensing a mysterious connection to Oliver's past.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in.

Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

*Nina, MMC/ CP Group Account# 105106,
mmcauditorium@auroville.org.in*

Emergency Services

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- PIMS—0413 2656271

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- Auroville Police Station—0413 2677318
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- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

News from N&N

GUIDELINES



Hard deadline for submissions TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

EDITORS' NOTE



Dear readers,

1. We are back to the office, and if you have some questions and need to meet us in person, please come to the office in visiting hours on **Monday and Tuesday between 9:30am—12pm.** Please **AVOID** coming on Wednesday and Thursday, as during these days we are finalizing the current issue.

2. Change of the name. Please notice, that I return to my birth name Katia (Agnijata as my angel is still with me). Please call me Katia.

Roy & Katia (AgniJata), News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Below link to join WhatsApp group of Auroville Bus

to get the regular updates of the bus:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>