

News & Notes

#1075, 17 April 2025

A weekly bulletin for residents of Auroville



Photo by Alexey

*One who performs his duty without attachment,
surrendering the results unto the Supreme God,
is unaffected by sinful action,
as the lotus leaf is untouched by water.*

Bhagavad Gita, 5.10

Pondering



This new consciousness must be a synthetic consciousness. It must embrace and harmonise all the different parts of our being. It must be a consciousness in which the individual, the nation, and humanity are all seen as parts of a single whole. It must be a consciousness in which the divine in each individual is realised, and in which all individuals are seen as equal parts of the Divine. It must be a consciousness which is not only intellectual and emotional, but also spiritual and supramental.

**Sri Aurobindo,
The Ideal of Human Unity**

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Invitation

FROM NEWS & NOTES

Dear community, we welcome you to submit photos and artwork for possible publication on the cover of News & Notes. Please send your submissions to newsandnotes@auroville.org.in and mention 'Cover' in the title.

Katiya & Alexey

House of Mother's Agenda



Aphorism 167: God within is leading us always aright even when we are in the bonds of the ignorance; but then, though the goal is sure, it is attained by circlings and deviations.

The goal foreseen by the Divine is always attained, but only those whose consciousness is united with the Divine Consciousness attain it directly and knowingly; the others—the vast majority of those who are conscious only of their external being—attain this goal only after having made many detours, which often seemed to be going in the opposite direction.

6 October 1969

The Mother, On Thoughts and Aphorisms

<https://incarnateword.in/cwm/10/aphorism-166>

Gangalakshmi (HOMA)

Townhall Speaks

AUROVILLE NEWCOMERS

Please connect with the ATR team at the old Entry office to proceed with your process.

- **Contact:** atr@auroville.org.in

The Working Committee

Anu, Arun, Joseba, Partha, Selvaraj, Tine

CIRCULAR TO ALL RESIDENTS, Newcomers and Volunteers

Date: 11.04.2025

*Issued by: Auroville Foundation,
Ministry of Education, Government of India*

This is to inform that certain residents, newcomers, and others continue to organize gatherings and conduct activities without prior approval.

Those who are holding or participating in such unauthorized meetings, and any illegal and impersonating group claiming to be the Working Committee other than the one recognized by the Governing Board, and those who participate in or support any activities organized by illegitimate groups, and the people impersonating office bearers in illegitimate groups themselves, shall be liable to face action and are in violation of the regulations of Auroville.

The Working Committee of the Residents' Assembly, as constituted by the Residents' Assembly and recognized by the Governing Board, consists of the following members:

- Ms. Anuradha Legrand
- Mr. Parthasarathy Krishnan
- Mr. Arun Selvam
- Ms. Srimoyi Rossegger (inactive)
- Ms. Ingeborg Christine Neuman Zimm (Tine)
- Mr. Jose Eusebio Martinez Burdaspar (Joseba)
- Mr. Selvaraj Damodaran

Hence, the Auroville Foundation requests all residents, newcomers and volunteers of Auroville to follow guidelines and co-operate for the smooth functioning of Auroville to fulfil The Mother's vision.

This is issued with the approval of the Competent Authority.

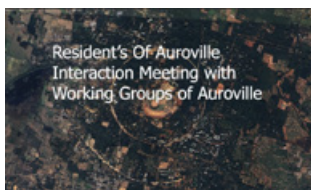
From Mass Bulletin, submitted by Editors

VIDEO OF THE MEETING

of 11 April, 2025

Dear All, [here is the the video link of the meeting](#) of 11 April 2025 with presentations by AVF Legal, ATDC, FAMC, ATSC & the Working Committee and interactions in that order.

Questions that could not be taken up that evening may be sent to the relevant Working Groups.



*The Working Committee
Anu, Arun, Joseba, Partha, Selvaraj, Tine*

TENDER NOTICE—TIMBER AUCTION

Auroville Foundation

Office of the Secretary, Auroville Foundation

Auroville, Tamil Nadu, 605101

[No. AVF-Timber auction/2025/01](#)

Date: 11/04/2025

(Government e-Marketing Portal -GeM)

Specie Types: Acacia/ Pencil Wood & Neem Wood

It is hereby notified that an auction for timber (Specie Types: Acacia/ Pencil Wood and Neem Wood) will be conducted through the Government E-Marketplace (GeM) Portal.

The Eligible contractors, firms, and individuals are invited to participate in the auction through the Government E-Marketing Portal (GeM).

- The GeM auction ID—20278.

The interested parties may visit and inspect the timber available in the yard during office hours, 9:30am—5:30pm.

For further details, terms, and conditions, please refer to the auction listing on the GeM portal.

*Dominique for
Auroville Foundation Officer on Special Duty*

Community News

Matrimandir News & Schedules

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri



6—6:30pm, every Thursday (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm.
- Guests are requested to bring along their Aurocards.
- **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45 pm.

Velmurugan and the Access team

MATRIMANDIR ACCESS INFORMATION

Changes to the Access Policy

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at mmconcentration@auroville.org.in
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir

- The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org
- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

*Antoine for
the Matrimandir executive team*



VISITING MATRIMANDIR with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

The Park of Unity

Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens:

- 9am—3:30pm.
- 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.

The Inner Chamber of Matrimandir

Aurovilians with close family and friends (max. 3, not guests):

- **Monday to Saturday** (Tuesday morning Closed)
8—8:35am. Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in

Thursday Meditations at sunset with Savitri

The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine, for Matrimandir Executives

Auroville Connect

This week we share an article by a fellow traveller on this great adventure called Auroville & a point of resonance

AUROVILLE, A LABORATORY OF CONSCIOUSNESS In Tension and in the Making



There is unity, but the illusion of separation dominates.

The universe is one, but humanity perceives fragmentation. Auroville, founded on a vision of embodied unity, is today torn by conflicts that are not ideological or ecological, but much deeper: conflicts of existence, of preferences and of ego.

Here, ecology is often no more than a pretext, a fashionable cover to mask fear of the unknown, resistance to change and the need for reassuring compromises.

The Indian government's intervention reveals this tension: Some see it as a call to order, an attempt to speed up a project perceived as stagnant. In reality, it is a reaction to inaction, to the gradual renunciation in the face of challenges, to the habit of postponing the ideal on the pretext that it is too big, too ambitious. Hiding behind the argument of 'adapting to today's reality' amounts to abandoning what Auroville exists for.

Others see this intervention as an intrusion contrary to the founding spirit of Auroville. But if this intrusion has been possible, it is because we ourselves have allowed it. It mirrors our own divisions, our lack of real commitment to the original vision. Auroville cannot be violated from the outside; it is from within that the loss of direction takes place.

Humanity is a passage, but Auroville is struggling to come to terms with it.

Unity can be achieved internally, but Sri Aurobindo insists on its incarnation in matter. This does not mean endless discussions, but action, concrete adherence to an ideal that goes beyond individual preferences. The willing servant does not debate; he serves. The intellect divides, the mind wants to control; aspiration unites and sets things in motion.

Auroville, conceived as a living laboratory of transformation, today faces a paradox: everyone thinks they know better than the other how it should evolve. But how can the unknown be defined in advance? Adhering to a vision is not about imposing opinions, but about fully surrendering to it.

The Master Plan, far from being a rigid constraint, is an opening, a window to the infinite, with beauty and perfection as its horizons. For some, this freedom is dizzying and elusive. For others, it is the very essence of the Aurovilian experience.

But the rejection of the initial plan is not a desire for destruction. It is often a disguised way of giving up, a way of saying that the ideal is too difficult, that it should be made 'more coherent' or 'more realistic'. But is dreaming inconsistent? Isn't true coherence about rising to the top of the aspiration rather than adjusting the aspiration to what seems attainable? The future belongs to those who dare and surpass themselves.

Government intervention: symptom, necessity or opportunity?

The intervention of the Indian government is the direct result of our inability to embody our own ideals. Whether we perceive it as a threat or a necessity is irrelevant; what counts is understanding why it was made possible.

If Auroville had been able to align itself with its vision, it would not have needed outside intervention. But by multiplying compromises and allowing divisions to take root, it opened the door to an administrative framework that operates on a very different basis: management, structure and control.

Auroville is based on a spiritual and experimental dynamic, but this dynamic cannot remain a concept. It must be translated into action. Otherwise, others will decide for us—and that's not a threat, it's a fact.

The real issue, then, is not so much government intervention as Auroville's ability to become autonomous in consciousness, to re-align itself with its essence.

The real question: an evolution in consciousness or a power struggle?

Being is free, but the ego creates resistance. The current tensions are not simply disagreements over the application of the Master Plan or the management of State intervention; they reveal a deeper difficulty: humanity is struggling to detach itself from the need for control, possession and opinion.

This is not a conflict between tradition and modernity. It's not even a debate. Loyalty to Auroville does not mean blind rigidity or adjustments dictated by convenience. It involves constant aspiration, without preferences, without limiting mental projections.

The idea of adapting Mother's vision to our current understanding is an illusion. Mother didn't give us an instruction manual; she gave us an impetus, a call to go beyond ourselves. Who are we to decide what is possible and what is not?

When opposition becomes a power struggle, dialogue becomes impossible and outside intervention became inevitable. But it is not compromises that will enable Auroville to find its way back. There is only one thing: pure and total adherence to what is beyond each of us.

Current tensions: an initiatory passage.

Auroville is an experiment in consciousness in matter. And matter, by its very nature, resists. This crisis is not a failure, but an opportunity.

If Auroville is to remain true to its essence, it must overcome duality and recognise that the only true reality is the aspiration towards the Divine. It is not the material world that must be integrated into the Auroville ideal, it is Auroville that must be a breakthrough of aspiration in the material world.

The government's intervention sends out a strong signal:

Either Auroville finds within itself the strength to transcend its divisions, and this intervention will become obsolete. India, in its profound wisdom, will then leave Auroville to its own destiny. Either it remains a prisoner of ego and power games, and becomes a mere administrative town...?

But beyond any analysis, there is one absolute truth: faith in the intervention and guidance of the Divine, despite everything and everyone.

Auroville is not a human project. The consciousness that inspired it transcends all individual or collective wills. Evolution cannot be stopped.

Conclusion: Auroville's future depends on its ability to truly embody its ideal.

Unity does not have to be created; it must be revealed and materialised in matter.

This embodiment in matter is not an option, it is the very essence of the project.

The current tensions are not a legitimate debate; they are a symptom of the ego's resistance to the inevitable.

Collective evolution cannot be decreed, it cannot be imposed; it is the fruit of pure aspiration, without attachment to forms or mental resistance.

Auroville can overcome this crisis, but this will only happen if consciousness prevails over the ego, if adherence to the ideal becomes total, and if trust in the Divine remains at the centre of the path.

The future of Auroville is not in our hands: it belongs to the aspiration that runs through us and to our ability to serve it, without expectations or doubts.

"The moment we recognize, as our enlarging experience compels us to recognize, that there are in the universe knowable realities beyond the range of the senses and in man powers and faculties which determine rather than are determined by the material organs through which they hold themselves in touch with the world of the senses,-that outer shell of our true and complete existence,- the premises of materialistic Agnosticism disappears. We are ready for a large statement and an ever-developing inquiry."—The Life Divine, Sri Aurobindo

**By Sylvie Escarret,
Submitted by the AV Connect Editors**

*Awakening Spirit***SAVITRI BHAVAN SCHEDULE, APRIL 2025****Exhibitions**

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm @ Sangam Hall

- **21 April: Centenary of the Mother's Return to Sri Aurobindo (24.4.1920—2020).** This impressive documentary slideshow by the Sri Aurobindo International Centre of Education recounts the Mother's journey in Her own words from childhood till Her final arrival in Pondicherry. *Duration: 48min.*

The Mother was born on the 21 February 1878 in Paris. She was named Blanche Rachel Mirra Alfassa. Her parents had emigrated to Paris, France, a few months before her birth.

The Mother narrated that her conscious inner life began very early. She liked to sit in her small, cushioned armchair when she was five years old. She had the experience of consciousness above the head, which she felt like a Light and a Force, a pleasant and luminous sensation. And she felt, "That's what I have to live, what I have to be."

Also, during her sleep, she had many out-of-body experiences. When she was about thirteen, she went out of her body clad in a magnificent golden robe and rose very high above her house and the city. The radiance of her golden robe gave solace to the suffering and the sick, the children, the old, the women, and the men. Referring to this experience, she remarked: "Nothing seemed more beautiful for me, nothing could make me happier; and all the activities of the day seemed dull and colourless and without any real life, besides this activity of the night which was the true life for me."

She added: "Between 11 and 13, a series of psychic and spiritual experiences revealed to me not only the existence of God but man's possibility of uniting with Him, of realising Him integrally in consciousness and action, of manifesting Him upon earth in a life divine. This, along with a practical discipline for its fulfilment, was given to me during my body's sleep by several teachers, some of whom I met afterwards on the physical plane". With one of these teachers, she had a special relationship, and she was led to call him Krishna.

Along with these inner activities, the Mother pursued her outer development, and her favourite activities were music and painting.

When the Mother was twenty or twenty-one, an Indian man gave her a translation of the Gita: "He said, 'Read the Gita and take Krishna as the immanent God, the inner God-head.... the God who is within you.' Well, in one month the whole work was done! The first time I knew that there was a discovery to make within me, well, that was *the most important thing!* This had to be put before everything!"

Around 1903, when she was twenty-five, the Mother had several visions of a man in Indian dress. Later, she found that the man in her visions was Sri Aurobindo.

Then, between 1911 and 1914, the Mother had a whole series of inner experiences, which, she said, prepared her for meeting Sri Aurobindo. About one experience, she remarked: "The first contact, when you go within and THAT'S IT... that concrete reality, that intensity beyond any possible physical intensity. And then the sense of: that's IT—the Di-

vine... ..to enter into contact with the immanent God. I did nothing but that, thought of nothing but that, wanted nothing but that." The Mother practiced a one-pointed aspiration for the "Union with the inner Divine". And finally, she experienced "...that light, that dazzling light, that light and immensity. And the sense of THAT willing, THAT knowing, THAT ruling the whole life, THAT guiding everything..."

In 1910, the Mother saw a picture of Sri Aurobindo. And in spring 1914, she travelled to Pondicherry, arriving there in the morning of the 29 March. She saw Sri Aurobindo in the late afternoon: "I climbed up the stairway and he was standing there, waiting for me at the top of the stairs.... **Exactly My Vision!** Dressed the same way, ... and I saw his eyes and I saw in his eyes that it was He." The Mother had met Krishna, the one who she knew she would meet one day in the body. They shared their spiritual experiences and worked together on the monthly philosophical review *Arya*, published in French and English.

In February 1915, because of the First World War, the Mother had to leave for France. Then, in 1916—1920, she lived in Japan and was exploring its unique and profound culture. Finally, on the 24 April 1920, the Mother came back to Pondicherry and Sri Aurobindo. About their meeting on that day, the Mother said the following:

"We were standing side by side like that, gazing out through the open window, and then **Together**, at exactly the same moment, we felt "Now the Realization will be accomplished" ...I felt the Thing descending massively within me, with the same certainty I had felt in my vision. From that moment on there was nothing to say—no words, nothing. We knew it was THAT."

- The documentary can be seen at the [Sri Aurobindo Ashram website](#).

Regular Activities

- **Savitri Satsang, led by Narad:**
 - Every Tuesday, 4:40—5:30pm @ Savitri Bhavan
 - Followed by OM Choir: 5:30pm—6:30pm
- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Death, Dying, and Beyond: The Science and Spirituality of Death

Le livre: La Mort, Mourir, Et Au-Delà La Science et la Spiritualité de la Mort de Alok Pandey, MD est de nouveau disponible à Savitri Bhavan, Il ya une 20 de copies en Français.

Bienvenue à Tous avec Joie toujours...

House of Mother's Agenda Is Open

House of Mother's Agenda informs you, GangaLakshmi is present at H.O.M.A.

- **Every afternoon, 3—5pm** you have an opportunity to listen to Sweet Mother.



Savitri Satsang, led by Narad

- Every Tuesday, 4:40—5:30pm @ Savitri Bhavan

Savitri Satsang, an experiential reading of Sri Aurobindo's magnum opus, Savitri, shared by Narad in a new series that touches on its mantric beauty, poetic vastness, definitions of words and terms by Sri Aurobindo, the Mother, and by older Ashram disciples, in a deep line-by-line study.

- Followed by OM Choir: 5:30pm—6:30pm



The OM Choir has been in its sacred home of Savitri Bhavan since its beginning for twenty-five years. Even earlier, when the Mother told Narad to bring down a new music, often one hundred and more people come to Aspiration during the prime months of Auroville fully devoted to bring down the new music that has the power of transformation.

Talks of Dr Alok Pandey on Sri Aurobindo's Essays on the Gita



@ Sangam Hall, Savitri Bhavan, 4—5pm, Wednesdays,
9 & 23 April, 21 & 28 May, 11 & 25 June

*Dhanalakshmi, Margrit &
GangaLakshmi for Savitri Bhavan*

ISHA UPANISHAD IN DAILY LIFE

6—26 April, every day, 5—6am IST, Online

ईशा वास्यमिदं सर्वं यत्किञ्च जगत्यां जगत्।
तेन त्यक्तेन भुञ्जीथा मा गृधः कस्यस्विद्धनम् ॥

"All that is in this universe
is pervaded by the Divine.
Renounce and enjoy,
lust not after anyone else's wealth."

All are welcome to a collective learning space for integrating the wisdom from

ईशोपनिषद् (*Isha Upanishad*) in daily life.

More details and registrations are here:


- <https://bit.ly/Isha-Upanishad>

To know more, write to: vidyamandir@auroville.org.in



Deven

BHARAT NIVAS
A weekly study circle on The Synthesis
of Yoga—Sri Aurobindo

A weekly study circle on
The Synthesis of Yoga
- Sri Aurobindo

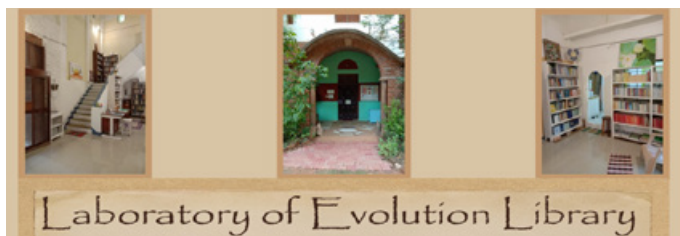


By Deepti Tewari
4:30 pm - 5:30 pm
Every Tuesday
Venue :
Resource Library,
Bharat Nivas, Auroville


BHARAT NIVAS
Scan for Location


Monisha for BN Team

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health .. etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, Cd & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

Education

STEM LAND—ELECTRONIC REPAIR COURSE
Fix & Learn: Hands-On Electronics Repair



We are looking to create a course to train children in fixing mixie, grinder, water filter, microwave oven.

- **If you have an old equipment** that doesn't work or is on it's last legs give it a second life while supporting students learn. Please send a message in SMS, WhatsApp, Signal to the number in the contact. We can pick them up for you in the AV area for the quantity we need for the course.
- **Outcomes:**
 - Understanding appliances
 - Hands on learning
 - Debug and Repair

*Nithyasandhosh, +91 9751241372,
STEM Land, Udavi school campus, Auroville*

INVITATION TO ANNUAL DAY CELEBRATION of New Creation Bilingual School

Sunday, 20 April, 9am—1pm

New Creation School (Aikiyam School) Campus

With great joy and pride, we cordially invite you to the Annual Day Celebration of New Creation Bilingual School with vibrant performances, heartfelt moments, and a celebration of our students' talents and achievements.

Our students and staff have worked hard to bring you entertainment, inspiration, and celebration. Your presence will make the occasion even more special for our young stars.

We look forward to welcoming you!

Radhakrishnan,
Principal NCBS

LATEST EDITION OF VAASAL MAGAZINE

Dear Friends, Vanakkam! We're excited to share with you the latest edition of Vaasal Magazine. In this issue, we delve into the heart of Tamil Nadu, exploring the rich cultural tapestry and history of the ancient city of Tirunelveli.

Discover the city's iconic temples, vibrant food scene, and its significant role in India's independence movement. Plus, we have spiritual insights, Tamil language lessons, and much more!

To fully experience the essence of Tirunelveli and all the fascinating content Vaasal has to offer, please click on the link below to view the magazine:

- <https://heyzine.com/flip-book/f704d0561a.html>

Enjoy the reading!



Sivakumar
for Ilaignarkal Education Centre

AUROVILLE PHYSICAL EDUCATION BODY—AVPEB Announces its One Year Course in Physical Education Teacher's Training 2025/26

**Integral Approach
To Physical
Education-IAPE**

IAPE course aims to create a new squad of sports teachers who are-

- empowered with the latest in sports science,
- equipped with on ground practical training and supervision
- and sparked with the spiritual significance of the human body

Course commences

JULY 2025

For details- Scan QR code to fill the form
or WhatsApp Savitri +91 89404 77667
Lijun +91 84893 11336

IAPE course aims to create a new squad of sports teachers who are:

- empowered with the latest in sports science,
- equipped with on ground practical training and supervision
- and sparked with the spiritual significance of the human body

Course commences: July 2025

The course is open to ALL aspirants and will prioritize those who aspire to become Physical Education teachers in Auroville Schools.

If this interests you and feels like your calling, fill the form to receive the detailed brochure by scanning the QR code in the poster or click the link below:

- <https://tinyurl.com/5n66z934> or scan QR code to fill the form.

We will contact you individually in the coming weeks.

Savitri, +91 89404 77667 WA

Lijun, +91 84893 11336

**for AVPEB, Auroville Physical Education Body—SAIER,
Unit under Auroville Foundation**

DANCE RECITAL



Saturday 19 April, 7:30pm @ at Deepanam Theatre

A ballet & contemporary dance Showcase
by Auroville children and youth.

Fleur

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Offers Bachelor's Degree Courses

• Auroville Institute of Applied Technology at the Aurobrindavan campus **offers bachelor's degree courses** (B.Voc.) in Software Development and Machine Learning, Applied Electronics and Chip Design, Electric & Electronics Technologies (Renewable energy and Mechatronics and Production Technology) affiliated with Pondicherry University.



These courses are skill-centric and of three years; candidates with a +2 or equivalent are eligible to join a B.Voc. course. B.Voc. graduates are eligible for lateral entry in the 4th year of a B.E. course. Students learn by doing projects from the people working on projects (mentorship) and at industrial sites (internship program).

Eligible are students with +2 or equivalent.

• **AIAT is looking for a part-time English teacher** with a minimum qualification of an M.A. in English. Interested candidates should apply to principal.aiat@auroville.org.in

Lavkamad



KUILAI CREATIVE CENTRE

(A CENTRE FOR EXTRA CURRICULAR ACTIVITIES IN AUROVILLE)



செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY AND THURSDAY	10 AM TO 11:30 AM	FREE	ABOVE 18 years
தையல் செயல்பாடு TAILORING ACTIVITY	MONDAY TO SATURDAY	2 PM TO 4 PM	FREE	ABOVE 13 years
மாலை நேர வகுப்புகள் EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8 PM	FREE	From 1 st Grade to 9 th Grade
கராத்தே KARATE	MONDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஹிப்-ஹாப் நடனம் HIP-HOP DANCE	TUESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
சிலம்பம் SILAMBAM	WEDNESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
பரத நாட்டியம் BHARATHA NAATTIYAM	THURSDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
குழந்தைகள் விளையாட்டு பூங்கா CHILDREN PARK	EVERYDAY	10 AM TO 7 PM	FREE	ABOVE 5 years
ஓவியம் மற்றும் கைவினை ART AND CRAFT	MONDAY TO SATURDAY	2 PM TO 3:00 PM	FREE	ABOVE 5 years

Email: kulaicreativecentre@auroville.org.in OR kulaicreativecentre.auroville@gmail.com

WhatsApp: + 91-86084 73385 / 9843195290

WEBSITE : www.kulaicreativecentre.org

Submitted by Selva for KCC

SATORI:

Educational Services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,

satori.auroville@gmail.com

VISUAL MATHEMATICS CLASSES

We are happy to bring back ‘Visual Mathematics classes’ to **children under 7 years**. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

Snehal, +91 9529673687 WA

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact ashree@auroville.org.in/ 8270512606 WA only. **Ashwini**

AUROVILLE LIBRARY

Contacts and Timings

- 0413 2622 894, avlib@auroville.org.in
- **Opening timings:**
 - **Mornings:**
Monday—Saturday: 9am—12:30pm
 - **Afternoons:**
Monday, Wednesday,
Thursday, Friday & Saturday: 2—4:30pm.
Tuesday: 4—6:30pm.

Laura

Books

AUTOBIOGRAPHY BY ANDRÉ HABABOU

Auroville Press wants to inform you that an autobiography by André Hababou (previously published in French)

is now **available in English** under the title

“From Tunis to Auroville, In search of truth”.

Andre recounts his first years in Tunisia, the antisemitism that was prevalent at the time, his difficult transplantation to France, his sensation of never being at home anywhere, and, finally, his discovery of Auroville, which will become his true home for the rest of his life.

**Available at the Visitors Center bookshop,
Vivekan**

Youth Initiative

PIZZA & BOARD GAMES NIGHT @ Youth Center

Saturday, 19 April, 7—10pm

YouthLink invites you to an evening of strategy, laughter, and delicious homemade pizza!

Come enjoy board games of all kinds — from bluffing and team games to slow burners and chaotic fun. Whether you’re here to play, host a table, or just enjoy the vibe and food, this is a night to connect and unwind.

Every contribution from this event helps support community projects and keeps this initiative going. The mozzarella is made in-house, and even the leftover whey is turned into ricotta — nothing wasted, all shared. Bring your appetite, your game face, and your friends. All are welcome.

Organized by YouthLink. Contact: prashast@auroville.org.in.

Prashast Gautam for YouthLink



HEAR FOR YOU

Looking for a space to talk, reflect, and gain clarity? Hear for You offers a one-on-one conversation space where you can freely express yourself in a safe and supportive environment.

Each session lasts about an hour and is focused on active listening and guidance, helping you bring more clarity to your current situation and find what can bring meaning and fulfillment into your life.

Sometimes, all we need is someone to truly listen. I'm here for you. Book an appointment: +91 6384615721 WA

Mailys for YouthLink



Health Care

SANTÉ SERVICES



sante

Schedule

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Gunashree & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Monday (classes*) Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: As per availability	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminsante@auroville.org.in	

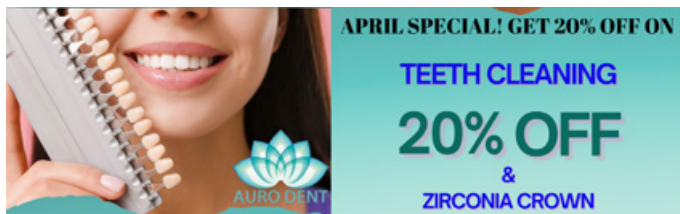
*Ayurveda Classes:

- 2pm, basic principles of Ayurveda
- 3pm, reading of Ashtanga Hrudaya (one of the 3 main literature on Ayurveda)

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in,
<http://sante.auroville.org.in>

AURODENT DENTAL CLINIC APRIL SPECIAL



Get 20% OFF on teeth cleaning,
20% off Zirconia crown

Offer Details: Open to all Aurovilians and Guests.

- Valid until 30 April, 2025

Working Hours:

- Monday to Friday, 9am—5:30pm
- Saturday, 9am—1pm

For Appointments:

- 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in *Jayasutha for Aurodent*

VISIT OF THE TIBETAN DOCTOR AND THE TEAM

16, 17, 18 April @ Pavilion of Tibetan Culture

Tibetan Dr. and the team based in Chennai, Men Tsee Khang, will visit Auroville on

- 16 Wednesday, 2—5:30pm
- 17 Thursday, full day
8:30am—1pm & 2—5:30pm
- 18 Friday, only in the morning from
8:30am—1pm.

The consultation is held at the Pavilion of Tibetan Culture in the International Zone.

- To get your appointment, kindly call 0413 2622401, +91 8489067332 WA

Kalsang for the Pavilion of Tibetan Culture



WEEKLY BABY SUPPORT CIRCLE: LITTLE RED FEET

Every Wednesday, 9am—12pm
@ Humanscapes

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one.



Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA,
auroshruthi@auroville.org.in
Sruthi Sundaram

Animal Care

UNA AND DAYO LOOKING FOR A HOME

Una a light coloured chippiparai female abandoned last year in Auroville. After having a litter she is now sterilized, vaccinated and is being fostered. She is in search of a permanent home. It would need someone with space, and time to let her settle in as it seems she has been through much. Yet given that she is extremely loving.



Una's last remaining pup, Dayo about 2.5 months old, a light brown male chippiparai—indie mix is vaccinated, dewormed, healthy and happy. Presently being fostered along with his mom he is in search for his home.

- For those interested please contact foster
+91 9787825952 tele/ WA

Submitted by Lisa

International

Unity Pavilion Presents

THE MOTHER'S SYMBOL, Matrimandir & 12 Qualities



ART CLASS WITH ARTIST JANAKIRAMAN



SENCHA-STYLE TEA CEREMONY



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

* Sessions are available as a one-on-one experience or for groups (4+ people).

* Children (5+ years) are welcome. Special Kids birthday sessions available.

Rs. 400 per person

Rs. 300 per person for Groups of 4 or more

PRE-BOOKING OR BY APPOINTMENT

Call/Whatsapp: **+91-9385428400** for bookings



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- **Pre-booking or by appointment: +91 9385428400 WA**
Priya for Unity Pavilion

The French Pavilion presents

JOIN US FOR PÉTANQUE
@ the French Pavilion!

Every Sunday, 4—5:30pm, opposite Visitor Center

Discover Pétanque, a classic French game of skill and strategy, played by tossing steel balls close to a small wooden ball (cochonnet). Open to all levels, it's perfect for socializing and having fun. Also a good opportunity to practice your French! Come share a friendly moment and connect with others in a relaxed, welcoming atmosphere!



Vivekan

LA MÈRE RACONTE
(The Mother tells)

French Practice
from classes given by the Mother at the Ashram
Every Thursday, 4:30—5:30pm
@ Pavillon de France

In the 1950s, The Mother gave classes in French at the Pondicherry Ashram, later compiled into *La Mère raconte*.

Using simple and figurative language, she conveyed her thoughts in various registers of French.

This workshop explores these texts, helping participants deepen their understanding of both French and The Mother's teachings. Open to all levels, sessions include reading, vocabulary exploration, and group discussions in French, English, or Tamil. Led by Augustin (Tamil/ English) and Jean-François (French).

Vivekan



The Pavillon de France
and Alliance Française Puducherry present

FEMINITY AND CORPOREALITY IN BOLLYWOOD CINEMA Through French Philosophical thought

A conference by Dr. Pattnaik

In English with simultaneous translation in French

Monday, 29 April, 5pm @ Cinema Paradiso

The lecture will begin by exploring the radical idea that Simone de Beauvoir proffered that one is not born but becomes a woman. Michel Foucault has reminded us that the body, corporeality is not a natural fact, a given in life but has a genealogy and a history. We will explore through the work of these philosophers and contemporary Indian cinema how corporeality and the notion of the feminine are configured and materialised on screen through dominant power structures, as they open up vistas of resistance. The lecture will foreground the body as a site of pedagogy and feminist philosophy and a space of critical subversion.

Dr. Sonali Pattnaik is a poet, author, academic, and visual artist with over 20 years of teaching experience. She holds a PhD in English and specializes in gender, cinema, and visual studies. Her work has been widely published and awarded, both in India and internationally.

Simultaneous translation in French will be available through headphones during the conference.

Vivekan

German

AN ALLE DEUTSCHEN in Dieser Region

Das Deutsche Konsulat offeriert einen Konsultatssprechtag im Herbst in Auroville, falls genügend Interesse dafür besteht. Es handelt sich in erster Linie um eine Beratung und Hilfestellung.

Die mögliche Themenliste ist aus diesem Link ersichtlich: <https://india.diplo.de/in-de/service/2439592-2439592>.

Falls Interesse an einem Gespräch im Herbst besteht, bitte bis zum 22.04.2025 eine e-mail mit Namen und den Beratungswunsch an karin@auroville.org.in senden.

Die Liste wird dann an das Konsulat weitergeleitet.

Karin



Theatre, Music & Arts

Bharat Nivas Presents

An Offering of Prayers

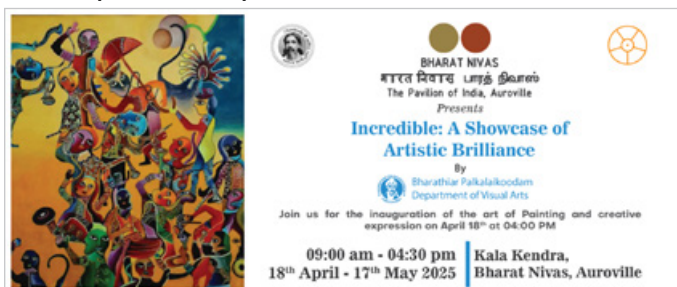
- 18 April, 7pm
- @ Sri Aurobindo Auditorium, Bharat Nivas



BHARAT NIVAS
www.bharatnivas.org
The Pavilion of India, Auroville
Presents
An Offering of Prayers
*immerse yourself in a serene musical experience,
where devotion meets melody.*
by
Arjita (Veena)
Debasish Dass (Tabla)
Bhabanishankar (Harmonium)
07:00 pm
18th April 2025
Venue:
Sri Aurobindo Auditorium,
Bharat Nivas, Auroville

Incredible: A showcase of Artistic Brilliance

• 18 April—17 May @ Kala Kendra, Bharat Nivas



Submitted by Monisha

PHOTO EXHIBITION BY TIM: Trees—Their Outer Garment 1—22 April @ Pitanga



Art Gallery timings: Monday to Saturday,
8:30am—12:30pm and 2:30—5:30pm.

Sundays and holidays closed

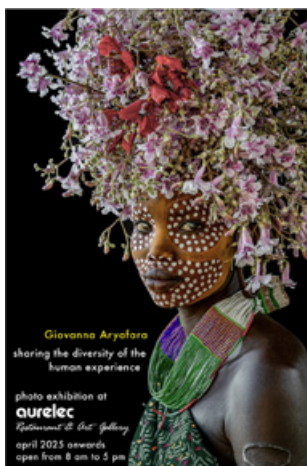
Andrea

GIOVANNA ARYAFARA Sharing the Diversity of the Human Experience

Photo exhibition @ Aurelec
Restaurant & Art Gallery,
open 8am—5pm,
April onwards

Giovanna Aryafara, a photographer, travels the world in search of subjects that awaken our emotions, invoke a sense of shared spirituality, and reveal our world through a minimalist, design-inspired lens.

Her works offer access to the beauty of our Earth, inspired by her love of sharing the diversity of human experience.



Jana for Aurelec

Theatre, Music & Art Activities

THE AUROVILLE CHOIR: CALL FOR TENOR SINGERS

The Auroville Choir is looking for tenor voices (high male voice) to join our ensemble.

- **Full choir rehearsals:**
Every Thursday, 6—8pm.

In addition, each voice section meets separately once a week for focused practice:

- **Men—Tenor/Bass:** Wednesdays, 7—8pm.
- All rehearsals take place @ **CRIPA in Kalabhumi.**

If you are interested in joining us, please contact Nuria

- +91 7639191307, 0413 2622310
- nuria@auroville.org.in.

We look forward to hearing from you!

Nuria



MYSTIC ROOTS KIRTAN IN THE HALL OF LIGHT

Monday, 21 April, 5pm

@ Hall of Light, Creativity Community

Join us for a soulful Kirtan—an offering of devotional music and shared voices. We will sing powerful mantras to:

- Call in the Light and embrace Transformation
- Release old patterns that no longer serve us
- Awaken the heart to Presence, Peace and Community

Giovanni Munay-Ki



24, 25, 26 April @ Centre d'Art Gallery, Citadines

Program & Timings:

- **Thursday, 24 April, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 25 April, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- **Saturday, 26 April, 9am—12:30pm & 2—5pm** (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration Contact: centredart@auroville.org.in

The workshop fee for Guests: Rs 3000 incl. GST.

The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.

All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809 WA

Number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey

SVARAM PROGRAMS

SVARAM Sound Journey

- @ Unity Pavilion, every Wednesday, 5:30—6:30pm



SVARAM Sound Journey

- @ Kala Kendra, Bharat Nivas
- Daily, 2:30—3:30pm.
- For details please click the link or scan the QR Code:



<https://svaram.org/sound-journey-bharat-nivas/>

Here are our other Social Media links:

- YouTube: <https://www.youtube.com/@SvaramStreams/about>
- Facebook: <https://www.facebook.com/svaram.org>
- Instagram: <https://www.instagram.com/svaramsoundexperience/>

Aurelio and the SVARAM Team

For order enquiries: email to svaram@auroville.org.in

For programs, workshops, Soundbaths and group visits:
email to svaramprograms@auroville.org.in

*Aurelio
and the SVARAM Team*

CREEVA: INFORMATION & UPCOMING NEWS



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7 pm.
- **Fabric Painting Workshop** ('Save Water' Theme) by Noorjahan Nasser
 - 12 & 19 April, Saturdays, 9:30am—12:30pm
Contact: +91 80567 02072
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential
 - Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981

For info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

*Sathya for CREEVA Art Studio,
Creativity, Auroville*

Dance Activities

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango

Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance

Embrace the Rhythm
and Let Go!



Tango Dance @ CRIPA

Monday

- Beginner, 6:30–7:30pm
- Intermediate, 7:30–8:30pm

Friday

- Workshop, 6:30–7:30pm
- Open practice, 7:30–8:30pm

Contact: +91 8637633696



Mani

DANCES OF UNIVERSAL PEACE

Sunday, 20 April, 5—6:30pm @ Tibetan Pavilion



Dances of Universal Peace are simple moves in circles while singing sacred songs from around the world—a joyful, intentful meditation in motion.

No previous experience is needed. By donation.

Kaia

AUROVILLE TANGO @ HARMONY HALL, BHARAT NIVAS

New batch starts the first week of each month

- **Monday:**
7–Introduction to Tango 8–Improvers
- **Wednesday**
7:30–Guided Practice
8–Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

+91 9821166082

tango@auroville.org.in



Maud

Sports & Martial Arts

KALPANA GYM

Open 7—9am & 5—8pm Monday to Saturday. *Satyakam*

GIRLS' FUTSAL FOOTBALL CLUB

Tuesday and Friday at 5:10pm @ Dehashakti

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Age group 15+ only.
- Contact Beber 6385635943 for details

Beber



BHARAT NIVAS PRESENTS KALARIPAYATTU CLASS

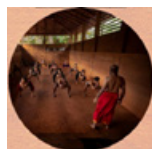
in Collaboration with Kalarigram:

Bhumika Hall, 6—7am, Monday to Friday

- For Registration:
bharatnivas@auroville.org.in,
office: 0413 2622253

- Contribution is applicable

Monisha for BN Team



ABHAYA MARTIAL ARTS

Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Black belts of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**, a martial art academy recognized by the Olympic Committee.



Our regular classes for adults

- **Monday:** MMA/Grappling **5:30pm** with coach Giacomo
- **Wednesday:** MMA/Grappling **5:30pm** with coach Giacomo
- **Friday:** Kickboxing **5:30pm** with coach Ruben

Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA

Brazilian Jiu-Jitsu classes for kids!

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from 4—13 years old on **Tuesdays and Thursdays, 3:30—4:30pm.**

Contribution required.

Send your kids in sportswear, with a bottle of water and a big smile.

The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self e training and it has proven results in building cognitive skills and fine motor development, especially for kids.

For more information and to be part of the WA group contact +91 8448077070

Submitted by Giacomo

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts.

Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.

The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm.** Welcome!

Children/ young students

- **Monday, Wednesday and Friday, 4—5pm.**

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

*Cristo, Rita, Surya & Philippe
for Auroville Aikido*

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

Water therapy, Open water, Oceanic, Water dance, Water movie, Swimming in pool.

@watersport_mani

Book now: +91 8637633696

Package swimming class

Mani



KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

Bioregion & Nature Activities

AUROVILLE BAMBOO CENTRE

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

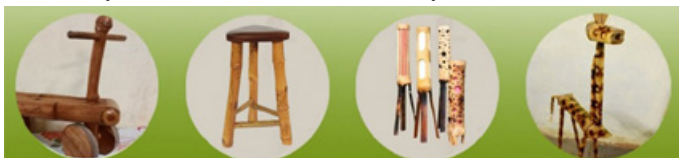
Trainings and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

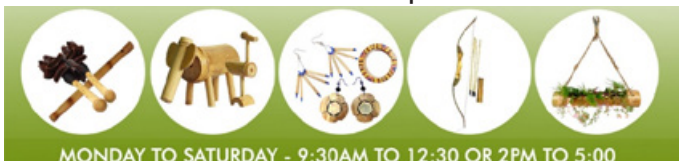
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops



- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Archana
for Bamboo Centre Team

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.



MOHANAM PROGRAM

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

*Balu
for Mohanam Program*

EGAI GIVING

Arts and Crafts



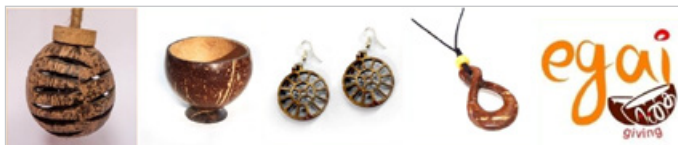
Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488,
egai@auroville.org.in

Anand

ENLIGHT



Explore Auroville



Cycle Tour



Forest Walk



Cooking Class



Fireside Drumming



Folk Dance and Music



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034

enlight@auroville.org.in

Arun, Anand and Balaji for Enlight Team

WELLPAPER WORKSHOP

10am—4pm every day except Sunday.

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- **Wellpaper:**
+91 9385744722, 0413 2969722
Viji



BEING-NATURE-BEING-FOREST

Walk in Presence with Aikya every Monday, 4—6pm
@ Auroville Forest

Having lived for almost 30 years in Auroville, I got to feel the rhythm and subtleties of the forest. And still now, every time, there is something new to discover in the outside nature or in my inside nature. The forest helps me to consciously slow down, and helps in refining my senses.



If I then open to the living wisdom of Nature, a subtle air almost, a Presence of the living, I feel myself, my body bathing in a conscious light of joy and beauty.

I now offer this re-connection to others, to you.

- **Meeting point** in front of Auroville Library to take you to a special location.
- Very small groups, **please register** sending a message to this number: +32491259966 WA.
- **Contribution:** Between 600 and 1000Rs depending on what you can give. Discounts available for groups, Aurovilians, Newcomers and Savi Volunteers.
- **Good to know:** Carry your water, have a mode of transport, come open hearted.

To know more go to my website: <https://spiritandnature.org>

Aikya

Looking For

Volunteer Seeking House Sitting

This is Sajiv, a theatre artist and performer. I am a SAVI volunteer who has been living and contributing my service in Auroville for the past 1.5 years. Being a responsible and caring individual, I am looking for a house-sitting opportunity for a period of 6—8 months (or shorter if needed).

I will take good care of your home, ensuring its upkeep and security while you are away. If you or someone you know is looking for a reliable house-sitter, please feel free to reach out. +91 7396557993 WA, sajiv.pasala@gmail.com.

Sajiv Pasala

Almirah in Reasonable Condition

I need an almirah in reasonable condition, for free or a very reasonable price. Contact Santo.

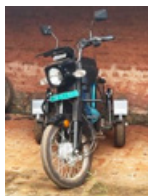
nanci@auroville.org.in, +91 9751907083, Santo

Available

E-Luna Kinetic Green electric scooter for sale

Bought new in 2024. Must sell. In perfect condition. Selling with side wheels, but they can be removed if you don't want them. Sale price includes registration and license. It is a great vehicle and great price! 80,000.

Shari,
+91 7305941614



Housesitting Opportunity for a Cat Lover

Looking for a cat-loving individual—either a SAVI volunteer, newcomer, or Aurovilian—to house-sit a basic apartment in Vikas, from 16 May to 12 August.

The apartment is very simple: it has no WiFi, no TV, no washing machine, no UPS, no air-conditioner, no hot water, and only an Indian style toilet. One indoor cat requires daily care, feeding, and litter box cleaning. There is no need to pay for community contribution. If you're someone who enjoys a simple space and loves cats, this could be perfect for you.

Ivana, ivana@auroville.org.in

Honda Hero Splendor Plus I3S 2010

Well-maintained, recent battery with 19-month warranty left, insurance. 14,000Rs.

Daniel +91 8807300562



Battery with UPS

1-year-old, used battery is in very good condition. The new place that I moved to has its own battery, so I am selling mine. Bought on 12/04/2024, 6CL 150AH. Battery will come with a working condition UPS. Rate: Rs 12000.

+905333501030 WA, Seza

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Contact Mr. Pandian

at Auromode in person, +91 9943390391 or pandian@auroville.org.in



Submitted by Pandian

Co-working space at It Matters

CO-WORKING SPACE

Auroville Main Road

It Matters

Open: 9am-6pm
Mon-Wed-Thu-Fri
Daily rate: 250rs
A/C space / Internet



Call us / also on whatsapp: +91 9344 087 925
Email us: itmatters@auroville.org.in

If you need a co-working space, come to It Matters on Monday, Wednesday, Thursday, Friday from 9am to 6pm. There is high speed internet and A/C. Check it out! Daily rate 250rs. Location: Auroville Main Road

- itmatters@auroville.org.in or +91 9344087925 WA

Bhakti & Sandra

Honorary Voluntary

SAIER IS LOOKING

For a Volunteer Caretaker

SAIER is looking for a volunteer caretaker. Simple long-term accommodation provided in exchange for few hours per day of not exhausting physical work. Extra bonuses can be provided if you become long term member of the team.

- If you are interested please contact Alexey, alexey@auroville.org.in.

Submitted by Alexey

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA



Work Opportunities

SAIER: LOOKING FOR FACILITATOR for Learning Space

SAIER is looking for a teacher/ facilitator to spend time with children newly arrived in Auroville who do not yet have placement in an Auroville school. What we need:

- Aurovilian or long-term volunteer with experience working with children ages 7 to 12.
- Able to hold a space for a group of 10 to 12 kids.
- Multilingual and multi-talented person is highly welcomed.

A maintenance is offered as well as simple accommodation if needed.

- To express your interest please write to saiier@auroville.org.in.

Submitted by Lijun

THE EARTH INSTITUTE: Admin Secretary & Training Co-ordinator

The Earth Institute is seeking a dynamic and dedicated individual for the role of Admin Secretary & Training Co-ordinator.

Requirements:

- Proficiency in English & Tamil
- Proficiency in MS Office tools, Google Docs and other administrative software
- Familiarity with various software platforms is an added advantage

Responsibilities include:

- Handling training course coordination, registrations, and follow-ups
- Managing email and phone communication for training and general inquiries
- Assisting walk-in visitors and handling publication sales
- General administrative support and documentation

If you are passionate about contributing to a meaningful organization and meet the above criteria, kindly send your resume to:

- info@earth-auroville.com
+91 413 2623064/2623330

T. Ayyappan

LIVE EDGE FURNITURE MAKING

We offer an opportunity to be highly creative in a small team. At TreeCare we are passionate about giving a second life to trees that had to be cut for various reasons. If this resonates with you, come work with us.

We work with untreated, air-dried, and solid wood, designing and building unique live-edge furniture and lifestyle products.

- **Work hours and commitment:** A daily commitment of 6 hours for a minimum of 2 months is required. However, we encourage a duration of at least 6 months.
- **Prior Experience:** Any training or education in working with wood, Treecare.



9443737945,

creations@treecareindia.com

Tina for Auroville unit Treecare

**AUROVILLE INSTITUTE
of Applied Technology
Is Looking for an English Teacher**

AIAT is looking for a part-time English teacher with a minimum qualification of an M.A. in English. Interested candidates should apply to principal.aiat@auroville.org.in

Lavkamad



**AIKIYAM SCHOOL:
Join Our Team of Educators!**

Are you passionate about shaping young minds and fostering a love for learning? We are looking for dedicated and qualified educators to join our esteemed institution!

Vacancies:

- **Social Science Teacher (Middle/High School)**
- **Pre-Primary Teacher**

Requirements:

- Bachelor's or Master's Degree in the respective subject with B. Ed (for Social Science Teacher)
- Diploma or Certification in Early Childhood Education (for Pre-Primary Teacher)
- Prior teaching experience preferred
- Strong communication in Tamil, English and classroom management skills

What We Offer:

- Competitive salary package
- Supportive and dynamic work environment
- Professional development opportunities
- Engaging curriculum and innovative teaching methodologies

How to Apply:

- Send your resume and a cover letter to aikiyamschool@auroville.org.in or contact 9786211534, 0413 2622358 for more details.

Join us in nurturing the leaders of tomorrow.

Radhakrishnan, Principal NCBS

Taxi Sharing

To Chennai Airport, Tuesday, 22 April, 3pm

I am looking for a taxi sharing on Tuesday, 22 April around 3pm. My flight is leaving at 9:45pm.

Birgitta, +91 9442300574 WA

Help Needed

**TERRASOUL FARM
Kitchen Roof Fundraising**

Dear friends, our community kitchen roof was seriously damaged during the last cyclone, affecting part of the structure and the kitchen roof.

- We need your support to raise **Rs 80,000** for repairs.

Any contribution, big or small, will be deeply appreciated.

- Terrasoul Farm, A/C No. 105205, +91 9443434182, terrasoul@auroville.org.in

Juan



Foods, Goods & Services

SOUTH INDIAN BREAKFAST

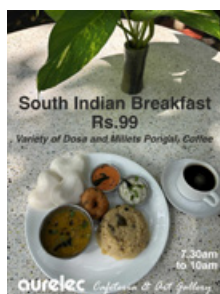
@ Aurelec Cafeteria

7:30—10pm

Variety of Dosa and
Millets Pongal, Coffee

Rs.99

Submitted by Shiva



TASTE OF YOGA VÉRITÉ CAFÉ

**Vérité**
VEGAN CAFE
TASTE OF YOGA
Raw | Gluten-free | No added sugar
Vérité Integral Learning Center



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats, light lunch & drinks have been designed with utmost care, integrating sattvic principles to promote overall well-being.

Monday to Saturday
08:30 - 16:30

Kathir for Vérité programming

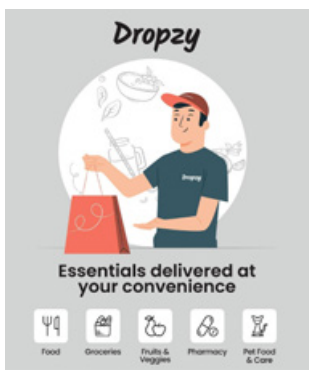
DOWNLOAD OR ACCESS

Dropzy App

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter

**BHARAT NIVAS**

Medicinal Herbal Nursery Counter
Green and Clean Land



Venue: Bharat Nivas Cafe,
Bharat Nivas, Auroville

Green and Clean Land:

Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity.

Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Monisha

ANNAPURNA FARM BASKETS



Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.

Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET: Explore the Benefits of Hemp!



Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.

- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.

Davide

FOODLINK MARKET is open every day



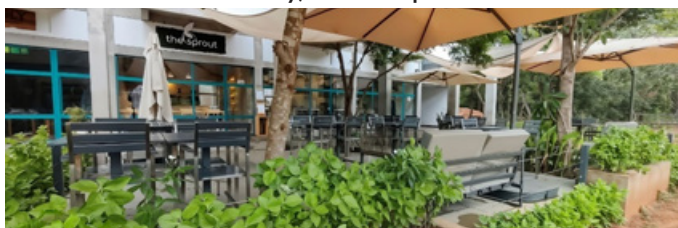
Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info,** call/ WA +91 83002 68804 or pass by.

*Isabella
for FoodLink*

THE SPROUT TIMINGS Daily, 7am—4pm



*Monica for The Sprout team,
www.thesprout.in*

LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.

We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!



Debo for The Living Room Cafe Team

FREE STORE

Our operating hours are:

- **Monday—Saturday:** 9am—12:30pm
- **Tuesday & Thursday:** 2:30—4:30pm

We kindly request that all items/clothes be dropped off only during our working hours. Please do not leave anything outside when we are closed.

Your support helps us continue serving the community, and we truly appreciate your generosity!

Kamala for the Free Store team

ANY TIME DOSA AND PONGAL

@ the Pathway Café

Bharat Nivas Café has been serving Ma-sala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.



Arabinda for Bharat Nivas team

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh I.T.S.



**Book
A Taxi 24/7**



+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.auroillesunrisetaxi.in



RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

Balaji & Arun

INSIDE INDIA



inside india
DREAMS & MEMORIES

- Kalpana Office, 10am to 5pm, Monday to Saturday
- Landline 0413 2623030, +91 9894598686 WA.
- ticketing@insideindiaauroville.com

Olivier Normandin for the Inside India Team

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulapalayam.

8940648542, Michel



QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

*Govindaraj & B
for Qutee Electric Scooter Service*

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine

Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring

We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph.,
rupavathijoy@gmail.com

Rupavathi

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:**
surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service

Please contact Ranjith, Aurovilian:

- +91 8610997059, subramani13@auroville.org.in

Ranjith

SARVAM COMPUTERS OFFERS RELIABLE SERVICE



Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Submitted by Bala

Voices & Notes

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.488](#) (Integral Yoga)
- [Exploring Education in Arts, Animation and Film-making, Ep.49—“Seeing with the Painter’s Eye”](#) (Arts & Culture)
- [Marlenka’s weekly Offering—Ep.133](#) (Literature)

Latest Youtube videos

- [Who Knows Where the Time Goes—Cover by Shalini & Dave—Auroville Singing Festival 2025](#)
- [Energy Benefits: Explained!—Nate Hagens](#)
- [The Auroville Choir presents songs on HOPE—Live performance from Cripa, Auroville](#)
- [“Blue Bird—The New Dawn”—An Evening of Sri Aurobindo’s Poetry in the World’s Languages](#)
- [L’Oiseau Et l’Enfant—Cover by Liane—Auroville Singing Festival 2025](#)

...and more! on www.aurovilleradiotv.org

For more information write to radio@auroville.org.in

Be Part of Auroville Radio TV’s Creative Journey

We are passionate about bringing fresh, engaging podcasts to you through Auroville Radio TV, our radio website and Youtube channel. Now, we invite you to be part of this creative journey!

Do you have an idea that could inspire, inform, or uplift our community? Share it with us! If it aligns with our vision, we’ll support you in shaping it into inspiring podcast.

Let’s co-create something meaningful and extraordinary together!

- Send your ideas to radio@auroville.org.in
- Explore more on:
 - www.aurovilleradiotv.org
 - www.youtube.com/@AurovilleRadioTV

Follow us for more updates!

Looking forward to hearing your ideas!

*Sai Priya
for Auroville RadioTV Team*

KINDNESS WITHOUT EXPECTATION OF RETURN

Storytelling by Elli



One pleasant summer morning, a small boy went out to play by the riverbank, where the water flow was moderate. While playing, he found himself far from the shore, where the water was unstable. Suddenly, the boy began to sink and, out of fear, started shouting for help.

A local farmer, busy working his field, heard the cries for help. Without hesitation, he left his work and followed the cries. Upon reaching the riverbank, he saw the boy waving his hands and shouting for rescue. Without thinking twice, he immediately jumped into the water, swam to the boy, pulled him by the arms, brought him to the shore, hugged him, calmed him, cleaned him, and sent him home. The farmer then returned to his work in the field.

The next morning, the farmer noticed a luxurious car arriving at his home's courtyard. A distinguished-looking man stepped out and stood at the farmer's door. The farmer came out and looked at the stranger. The man extended his hand with a broad smile and said he was the father of the boy the farmer had saved yesterday and had come to thank him and repay him.

The farmer looked at the man before him, smiled, and said: 'Thank you, sir. I did what I did because it was a mitzvah from my heart, and that is my reward—the opportunity to help is the reward. Thank you.'

The distinguished man hesitated for a moment. At that moment, the farmer's son, about the same age as the man's son, came out of the house. The man saw him, an idea came to his mind, and he said to the farmer: 'I would be very happy if you would allow me to take your son under my patronage and fund his education. I have money and connections and would very much like to be your son's sponsor. Please.'

The farmer pondered. He knew he wouldn't be able to provide his son with a broad, good, and beneficial education. A smile appeared on his face, and he said: 'I like this idea very much. It's a respectable and fitting reward.'

Thanks to the rich man's help, Alexander Fleming was admitted to the best schools in Britain and became one of the most outstanding students. He was accepted into a prestigious medical school. During his studies and laboratory work, in 1928, he discovered penicillin, a discovery that saved millions of people worldwide.

But our story doesn't end here; listen and hear:

During World War II, the son of that rich man fell ill with a lung disease, and hope for his recovery was lost. Then they brought penicillin, which saved his life. That person who was saved was none other than Winston Churchill, who served as Britain's Prime Minister twice.

This story shows us that kindness and seeing others are qualities that bring good karma. Do good just for the opportunity to do for others, without expecting anything in return.

Stay tuned for upcoming articles. Thank you.

Elli the storyteller

SURMOUNTING THE CORRUPTION

Of Money, Power, and Sex

I asked the following questions to both incarnateword.in/AskAi and ChatGPT ([full archived Q&A HERE](#)) with very interesting and appropriate answers:

- Can you find references of Sri Aurobindo and the Mother warning on the dangers of being corrupted by the lure of money, power and sex and the adverse and hostile beings behind them?
- As these adverse and hostile asuric and rakshasic forces are very powerful beings, can you outline the rationale of the core aim of the Divine Manifestation of the new apex species the Supramental being, of finally transforming or destroying these adverse and hostile forces from this universe?
- Can you outline the significance of Auroville in working consciously to hasten the advent of the new apex species, the Supramental being, and the challenges that the invited willing servitors of the Divine Consciousness will encounter and how to surmount these challenges?
- What is the role of the Central Government of India in the progress and success of the core aim of Auroville to hasten the advent of the Supramental being?
- As Earth is a battlefield between the Divine and undivine consciousness-forces with Auroville and India as concentrations of the battle towards the Divine Manifestation of the new apex species, the Supramental being, what are the most conducive attitudes for the aspiring servitors of the Divine Consciousness to cultivate and act on during the transitional stages?
- I have retitled this conversation to "Surmounting the Corruption of Money, Power and Sex". What can you say about it?

[Here again is the Q&A in full.](#)

Note: for readers of the printed version, please scan the QR Code to access the link or type the address below on your browser.



Zech,

<https://zechjoya.blogspot.com/2025/04/surmounting-corruption-of-money-power.html>

Poetry

PAST? TENSE...

These ideas came, and I find them quite revealing and chewy. Hence the designs.

Past? Tense...

Present? Tense...

Future? Tense...

Now

Own

Won

Finally,

Rest in peace...



PAST? TENSE...
PRESENT? TENSE...
FUTURE? TENSE...

Now
Own
Won

WHERE LONGING ENDS

*Where longing ends
Belonging begins*

Anandi Z.

Classes, Workshops & Healing Arts

MINDFULNESS OFFERINGS IN APRIL

Booking is required:

+91 7094753054 WA or visit innersightav.org

Mindfulness Kindfulness—half day retreat

- **Saturday, 19 April 9:15am—12:30pm**
@ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalise in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.

This session blends mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care, and compassion.

Participants will have the choice of practicing in a seated position or lying. It is suitable for all—those new to meditation and experienced meditators looking to deepen their practice.



Miksang—Mindful photography exploration

- **Sunday, 27 April, 8:30—10:30am**

Miksang means 'Good Eye' in Tibetan. It is a form of contemplative, mindful photography. The focus is not on technique, but on discovering a moment of fresh, direct perception where the world stops us out of the blue and wakes us up to something deep and true.

It is a practice to align our eye, mind and heart together in a single moment.

It can help you open more fully to the present and see the ordinary magic of the world erupt in front of you. *Helen*



AUROMODE SPA

Offers Cosmetology Services

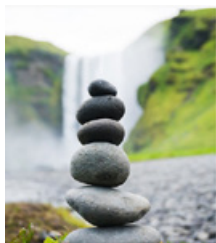
Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, hair-cuts and hair coloring. Working from Monday to Saturday **only by appointment call or WA: 9443635114.**

Meha for Auromode SPA



INTEGRAL UNFOLDMENT

Life Coaching (Aletheia Coaching School)



Are you feeling stuck? Looking for a renewed purpose?

Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

By Dave (JOI Anitya) +44 7564119728 WA

WORLD GAME FOR ADULTS AND CHILDREN



Create, Explore with the World Game in Auroville

This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to “know oneself”, this being the core of all learning.

Click to know more: [Adults](#) or [Children](#)

Facilitated by Aikya or Elena

- **Duration:** 1,5 Sessions are on appointment.
- Individual session or together with a good friend.
- **Price for 1 person:** Rs 1500; for 2 people: Rs 2000. **Discounts** available for Aurovilians, Newcomers and Savi Volunteers.
- The session can be done in English, Francais, Espanol, Nederlans.

To book an appointment: +32491259966 WA,
spiritandnature@auroville.org.in.

Elena

ACTIVITIES BY LAKSHMI & VALERIA

+918489764602, lakshmiprem369@gmail.com

Transformational Yoga

- **Tuesdays, 9:15am, Wednesdays, 10:45am @ Vérité**

Going beyond physical practice, Transformational Yoga is an integral approach to physical health, emotional balance, mental and spiritual clarity. You will learn and practice Ha-tha Yoga asanas, Pranayama



breathing, mantra chanting and meditation techniques as tools to make a difference in your everyday life.

Dance of the Chakras

- **Every Tuesday, 5pm—6:30pm @ Verite**

A Meditative Healing Experience. Join us for a transformative journey through movement, breath, and energy! Dance of the Chakras is a sacred meditative dance that aligns, heals, and energizes your body, mind, and spirit. Through fluid movements and rhythmic expression, we awaken each chakra, releasing blockages and inviting balance.

Benefits: Deep emotional and energetic healing. Release stress and stagnant energy. Activate inner peace and self-awareness. Connect with your authentic self. No dance experience needed—just an open heart!

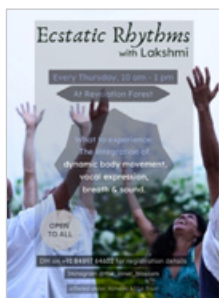
Ecstatic Rhythms

- **Fridays, 10am—1pm @ [Revelation Forest](#)**

Embark on a transformative journey, integrating Dance, Voice, and Breath: a unique workshop designed to awaken your authentic self through the harmonious fusion of movement, vocal exploration, and breathwork.

What to Expect:

- Dynamic Movement
- Vocal Activation
- Breathwork
- Rs 600 Guests, Rs 350 Savi volunteers, conscious donation Av/Nc



Sound Chakras Healing

Guided vibrational Sound Journey using Shamanic Drum, Tibetan Bowls and tuning forks to Reduce Stress, Anxiety, Depression, Stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.

- Individual Sessions, Couple Sessions
- Group Sessions (on request)



Reignite your inner harmony: holistic intuitive massage

After a long pause, I have felt the deep call to return to my offering—holding space for you through holistic Intuitive Massage. This is more than just bodywork; it is a fusion of intuitive touch, Lomi Lomi, deep connection, and presence, allowing for profound release and renewal.

This journey is for those who seek to reconnect with themselves, to feel nurtured, held, and revitalized. If you feel the call, I welcome you with an open heart. By appointment only.

Unlock Your Life Purpose: A Human Permaculture Workshop with Bernard Alonso

Unlocking Your Life Purpose Essential Tools for Transformation	A Human Permaculture Journey with Bernard Alonso
 QR CODE FOR THE FREE ONLINE TOOL TO UNLOCK YOUR TALENTS	1st Session - free & open to all - from 5 to 6:30 pm: SATURDAY, APRIL 12
FIND CLARITY EMBRACE CHANGE CREATE YOUR LIFE DESIGN	Full week-end to go deeper: FRIDAY, APRIL 18 SATURDAY, APRIL 19 SUNDAY, APRIL 20
In Unity Pavilion FOR MORE INFO AND REGISTRATION CONTACT : VANEESA HUSSAIN 8955251173	Prior registration & Contribution required

We will start with a session open to all:

- **Friday, 18 April, 4—6:30pm**

And continue for those who want to go deeper:

- **Saturday & Sunday, 19, 20 April**
Full day, lunch included
- Identify your unique strengths & purpose
- Design a personalized roadmap for your future
- Learn Human Permaculture principles for a fulfilling life
- Engage in hands-on, collaborative Learning

Limited spots available—Pre-registration and contribution required! [More info and registration](#)

- Here there is a [link for the flyer](#)
- More details:
permaculturehumaineinternationale.org

Unlock the Garden of Your Heart: A Journey of Love & Healing

- **26 & 27 April, 10 am—5:30pm**
@ Lahe by Loka, near Auroville Visitors Centre parking

Step into a sacred space where healing, connection, and love await. To open your heart, soften your edges, and let love in!

Join us for a **transformative 2-day experience** designed to help you: Heal emotional wounds, Reconnect with your inner child, Rediscover your radiance, Attract love into your life.

How we'll guide you: Breathwork, Meditation, Vocal Activation, Intuitive Movement, Compassionate Sharing

Our signature ritual: Sound Healing in Water—our hallmark offering, designed to unlock the deepest chambers of your heart.

It's time to deepen your self-awareness, awaken your heart, and live an authentic life filled with love.

Let your heart bloom.

- Contribution: 4k for guests, 2k for Av and Newcomers
- Surprise Bonus for people who sign up today.

Lakshmi +918489764602, Valeria +9181485 38159



Program April 2025

Drop-In Classes:

Join without prior registration!

Mondays	
7:30am–9am	Asanas mixed level with Rachel, not on 28 April
8am–9:30am	Yoga Therapy with Gala
10:30am–12:30pm	Prenatal Yoga Circle with Flowrina
4pm–5pm	Listening Within guided by Mike
5:30pm–6:45pm	Vinyasa Flow Yoga with Dinagar, not on 29/4
Tuesdays	
7:30am–8:45am	Self Practice with Rachel, not on 29 April
7:30am–8:30am	Hatha Yoga with Priyamvada
10am–12pm	Kolam Yoga with Grace
4pm–5:15pm	Yoga: Restore & Relax with Flowrina
Wednesdays	
7:30am–9am	Asanas mixed level with Rachel, not on 30 April
8am–9:30am	Yoga Therapy with Gala
5:15pm–6:15pm	Feldenkrais with Veronique D., not on 30 April
5:30pm–6:45pm	Vinyasa Flow Yoga with Dinagar, not on 23 & 29 April
Thursdays	
7:30am–9am	Yoga: Chakra Conditioning with Flowrina
4pm–5:15pm	Healthy Pelvic Floor with Flowrina, for women only
4:30pm–5:30pm	Aviva Exercise with Suriyagandhi, for women only
5:30pm–7pm	Kundalini Yoga with Bel
5:30pm–7pm	Yoga: Restore & Relax with Flowrina
Fridays	
6:45am–8am	Pranayama with François & Namrita, for former “The Art of Living” course participants
7:30am–9am	Asanas mixed level with Rachel
8am–9:30am	Yoga Therapy with Gala
4:30pm–5:30pm	Readings of The Life Divine with Balvinder
5:15pm–6:15pm	Feldenkrais with Shari
5:30pm–6:45pm	Vinyasa Flow Yoga with Dinagar, not on 25 April
Saturdays	
7:30am–8:45am	Yoga: Prana Flow Conditioning with Flowrina
8am–9:30am	Breathing & Mudras with Gala
9am–10:30am	Asanas intermediate level with Rachel
2:30pm–4:30pm	Truth Based Relationships–Practical Sessions with Juan Andrés
4pm–5pm	Odissi Classical Dance, a beginners’ class with Agila, assisted by Rekha

Youth Activities

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

- **Energy games for children, 9 yrs. +, with Gala**
 - Saturdays 10am–11pm

Classes, by Prior Registration

- **Art Therapy with Gala**
 - Thursdays, 3–5pm for adults
 - Fridays, 3–5pm for families

Healing Space, by Appointment

- Acupuncture by Heidi S.
- Antigymnastique® individual session by Francesca F.
- Cranio Sacral Technique by Anne H.
- Shamanic Healing by Auromira
- Yoga Therapy with Nadia A.

New Activities

- **Listening Within guided by Mike:** Mondays 4–5pm

Through stillness and silence, we will listen deeply into our bodies. You may sit or lie down, however you feel comfortable.

Tuning into the natural workings of our unique bio-intelligence, feeling its rhythms in our bodies. Letting go of any sort of technique/method or meditation we will attempt to tune directly into Presence. Letting go of our assumptions/ideas to truly feel into the utmost natural expression of our Life, by listening deeper and deeper within...

"In absolute silence sleeps an absolute Power". Sri Aurobindo

- **Healthy Pelvic Floor with Flowrina**

A weekly drop-in class about the maintenance and health of the pelvic floor.

- Thursdays 4–5:15pm
- For women only

Just like a house needs a strong foundation, our bodies rely on a well-aligned pelvic floor for stability and health. This class is designed to bring awareness and care to this essential part of our body.

Through interactive and practical sessions, we'll explore exercises to strengthen and relax the pelvic floor as needed. Inspired by yoga and pelvic floor gymnastics, the class will offer valuable techniques for long-term wellbeing.

Open to women of all ages and levels, including pregnant and postnatal participants. Prevention is key—start caring for your foundation now. Flowrina invites: *"I'm here to guide and support you on this journey."*

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless.

If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile!

2622403/ 9443902403 WA, info@pitanga.in,
Andrea for Pitanga Team

VEDIC ASTROLOGY FOR BEGINNERS

Starting May 2025

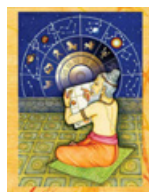
The new batch of Vedic Astrology will begin in **May 2025**. This is for beginners, and will cover Astronomy, Indian Philosophy and Mythology, as well as the basics of Vedic Astrology.

It will be a **year-long online program**, with in-person retreats to get an experiential feel of the topics involved.

If you are interested and curious about these topics, please find the **registration link**:

- <https://allthingsvedic.in/astrology101>

Vikram



MOVEMENT EXPLORATION: Move, Breathe, and Flow

- Every Friday, 5pm @ Vérité, Auroville

Through dance, breath, and stillness, we create harmony between body, mind, and spirit, releasing blockages, enhancing our senses, and opening to the natural flow of life.

Valeria, +91 8148538159



SITARA MUNAY-KI YOGA

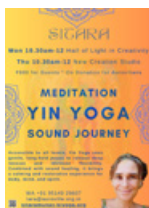
Sitara: Meditation—Yin Yoga—Sound Journey

- Mondays, 10:30am—12pm @ Hall of Light, Creativity
- Thursday, 10:30am—12pm @ New Creation Studio

This is a drop-in class, offered on donation.

Sitara has been living in Auroville for 22 years. Over time, she held many different transformational workshops, and recently she started to offer Yoga Teacher Trainings. To learn more about Sitara see <https://sitaramunay-kiyoga.org/sitara/>

In this class, accessible to all levels, she will teach her favorite combination of meditation, yin yoga and sound journey. Yin Yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.



Sitara Munay-Ki: Sacred Sound Journey to find your Mission

- Every Monday, 5—6pm,
@ Hall of Light, Creativity

Only on registration: +393288181300 WA
gp@auroville.org.in

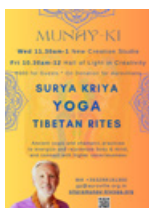
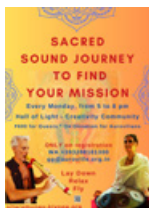
Munay-Ki: Surya Kriya & Tibetans Rites

- Wednesdays, 11:30am—1pm
@ New Creation Studio
- Fridays, 10:30am—12pm
@ Hall of Light in Creativity

Original combination of ancient yogic and shamanic practices.

Note: Suggested donations: Rs600 for Guests, on donations for Aurovilians.

- [New Creation Studio](#) is on the second floor of the building just after La Piscine. Stairs in the narrow pathway alongside the pool's brick walls.
- [Hall of Light](#) is in the Creativity Community, in the center of Auroville.
- Check sitaramunay-kiyoga.org for all our activities!



Sitara & Giovanni Munay-Ki

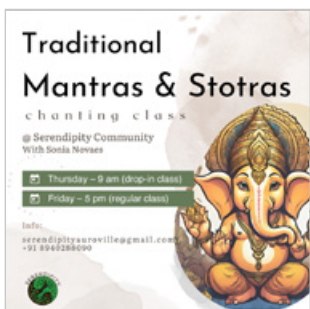
TRADITIONAL MANTRAS AND STOTRAS Chanting Classes

@ Serendipity Community
with Sonia Novaes

- Thursdays, 9am, Drop-in class
- Fridays, 5pm, Regular class

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes.

Sonia, serendipityauroville@gmail.com, +91 8940288090



QUIET HEALING CENTER



Woga® Class with Friederike & Tamara (Yoga in Water)

- **Monday, 21 April, 4:30—6pm**

Discover the benefits of yoga in warm water! **Woga** is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.



- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Woga® (Yoga in Water) Course 1 & 2 with Dariya

- **25—26 April, 8:45—5pm, 12 hours**

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height. Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.



Classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. The key difference is that you are in a warm water pool! Swimming skills are not required.

By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim).

Guido for Quiet,
+91 9488084966,
www.quiethealingcenter.info/
quiet@auroville.org.in

AUROMODE YOGA SPACE **Summer Break April & May**

Dear friends, students, and supporters, we want to take this opportunity to thank each and every one of you for your incredible support throughout the season. Your energy, dedication, and presence have made this journey truly special.



As we move into the summer, Auromode Yoga Space will be on a break starting from 1 April, 2025. During this time, we are working on evolving our offerings, expanding our scope, and bringing new dimensions to our yogic practice in Auroville.

We also extend our heartfelt gratitude to all the students and teachers who have been a part of our space. Wishing you all a wonderful summer, and we look forward to seeing you again after the break!

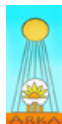
Stay connected and keep an eye on News & Notes for updates on our schedule once we return.

Bala

ARKA WELLNESS CENTER

April Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	<ul style="list-style-type: none"> • Yoga of Mother and Sri Aurobindo • Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) • Mother's Flower Medicine (vibrational remedy) • Individual Sessions and Groupwork • Psychosomatic Therapy and Breath Therapy • Consciousness/ Energy/ Body Work based on Integral Yoga <p>Only by Appointment baritam@auroville.org.in</p>
Pepe	<ul style="list-style-type: none"> • Body Logic, Soft Massage, Deep Tissue Massage. <p>Monday to Saturday, by Appointment +91 9943410987</p>
Silvana	<ul style="list-style-type: none"> • Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage <p>Monday to Saturday, by Appointment only +91 9047654157</p>
Antarjyoti (English & French)	<ul style="list-style-type: none"> • Psychospiritual Introspective Tarot Reading • Deconditioning Self Inquiry <p>Monday to Saturday, by Appointment only 0413 2623767, antarcalli@yahoo.fr</p>
Niyati Thakkar	<ul style="list-style-type: none"> • Integral Regression therapy • Integral reiki healing • Holotropic technique breathwork <p>Monday to Sunday, by Appointment only +91 7041391995 niyatithakkar2112@gmail.com narayani-nc@auroville.org.in</p>
Olesya	<ul style="list-style-type: none"> • Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines) <p>by Appointment only, +91 9159052743 olesya@auroville.org.in</p>
Shruti	<ul style="list-style-type: none"> • Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, <p>by Appointment only, +91 7904769496 auroshruthi@auroville.org.in</p>

Classes

Teachers	Classes	When
Damien	Acroyoga	by Appointment only +91 9047722740
Teresa	Pilates	<p>Tuesday & Thursday, 7:30—8:30am</p> <p>Friday, 5:30—6:30pm</p> <p>by Appointment only +91 7867998952</p>

Olesya	Iyengar yoga	Wednesday, Saturday, 6:30—8am Monday, Thursday, Saturday, 5—6:30pm or by Appointment +91 9159052743
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am by Appointment only +91 8012305151/ 9704258709
Priyamvada	Hatha yoga	Monday, 8—9am, Friday, 7:30—8:30am by Appointment +91 9486261640

Services

Aurokiya: Eye Care Center

- Monday & Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Maatram: Psychological & Psychiatric Consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-Surgical and Care Facility

- For Aurovilians only, Max. stays 3 weeks
- Please contact Arka
0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & Emergency Service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic Consultation

- By appointment: +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration Office

- Health & Healing Trust
healthhealingtrust@auroville.org.in

Ramana, Arka

COSMIC DANCE WAVE:



A Healing Journey Through Movement

We warmly invite you to experience our transformative Cosmic Dance Wave, where the ancient art of healing merges with the freedom of dance. This unique journey guides you through four Divine energies:

- **Earth Energy—Mahasaraswati:** Ground yourself and connect to your physical light body and call in Divine manifestation
- **Water Energy—Mahalakshmi:** Leave your emotional baggage behind and flow into love, beauty and abundance
- **Fire Energy—Mahakali:** Find your true inner power and transform anger and fear through dynamic expression
- **Air Energy—Maheswari:** Clear your mental patterns and move into higher consciousness and create a Divine reality

Through this sacred practice, you'll experience:

Deep healing across physical, emotional, vibrational, and mental planes, Elevation of your personal frequency, Connection to states of wholeness and higher consciousness. Integration of body, mind, and spirit. @ Verité

Sandhya

VÉRITÉ EVENTS APRIL 2025

Please contact Vérité
@ 0413 2622045, 2622606,
9363624083

or programming@verite.in, www.verite.in



Yoga & Other Classes

	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Yogic Breathing Techniques for Opening the Lungs	9:15—10:15am	Mani
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga (no class April 15)	7:30—8:30am	Mani
	Transformational Yoga	9:15—10:15am	Lakshmi
	Dance of the Chakras	5—6:30pm	Lakshmi
Wednesdays	Yoga Asana: Deep Stretch & Relaxation. (no class April 2)	7:30—8:30am	Radha
	Yoga to Energize the Joints (no class April 16)	9:15—10:15am	Mani
	Peace with Pranayama (no class April 2)	5—6pm	Mamta
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Transformational Yoga	9:15—10:15am	Lakshmi
	Open Heart Space Meditation	5—6pm	Samrat
Fridays	Sivananda Yoga	7:30—8:30am	Mani
	Deep Sound Bath	5—6pm	Satyayuga
	Movement Exploration	5—6pm	Valeria
Saturdays	Hatha Yoga for all	7:30—8:30am	Swetha Shri
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga	5—6pm	Mani

Treatments and Therapies

Therapist	Therapies (by appointment only)
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
Parvathi	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 18 April	Pranayama, Mantra and Kirtan Chanting: The Journey Within	9:15am—11:15am	Swetha Shri
Friday, 18 April	Food is Medicine: Lifestyle Health Daily Practices	2—4pm	Parvathi
Saturday, 19 April	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 19 April	Face & Eye Yoga	2—4:30pm	Mamta
Friday, 25 April	Introduction to Ayurveda and Its Lifestyle	2 —4pm	Dr Geeta
Saturday, 26 April	Introduction to Shamanic Practices	9:15am—12:15pm	Auromira
Saturday, 26 April	Panchakarma: Ayurvedic Purification Techniques Workshop	2—4pm	Dr Geeta

Pranayama, Mantra and Kirtan Chanting: The Journey Within with Swetha Shri

- Friday, 18 April, 9:15—11:15am

A gentle introduction to *prāṇāyāmsa* (yogic breathwork) and mantra (sacred sound). You will learn simple yoga postures to ease into stillness and tools to integrate calm into your daily life.

Food is Medicine: Lifestyle Health Daily Practices with Parvathi

- Friday, 18 April, 2—4pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi shares her knowledge of traditional herbal healing practices through herbal cooking sessions, emphasizing the idea that food can be medicine. She will also demonstrate the proper way to prepare decoction/ infusion teas.

Master Class: Sivananda Yoga with Mani

- Saturday, 19 April, 9:15am—12pm

The session begins with basic breathing and pranayama practices and continues with sun salutations and the 12 classical Sivananda hatha yoga poses. The asana sequence is designed to massage and rejuvenate the entire spine, freeing the flow of prana. Between asanas, there is time for relaxation. This rhythmic alternation between effort and relaxation allows a re-patterning of the nervous system, enhancing the ease and effectiveness of the final guided relaxation.

Face & Eye Yoga with Mamta

- Saturday, 19 April, 2—4:30pm

Learn self-massage techniques to release tension in the facial area, stimulate blood circulation & improve the efficiency of our sense organs.

Introduction to Ayurveda and its Lifestyle with Dr. Geeta

- Friday, 25 April, 2—4pm

Ayurveda, the ancient Indian medical system, offers simple lifestyle practices for self-care and healing. Learn the principles and practices of diet, exercise, sleep and relaxation which help to detoxify, rejuvenate, and restore balance to body, mind and spirit, according to your own nature.

Introduction to Shamanic Practices with Auromira

- **Saturday, 26 April, 9:15am—12:15pm**

Explore the ancient practice of shamanic journeying—a powerful tool reconnecting us to Nature for healing, guidance, and self-discovery. Whether you're a complete beginner or an experienced practitioner, you'll gain practical insights to deepen your self-inquiry practice. This highly experiential workshop includes guided meditative live drum journeys, along with a step-by-step approach to ensuring successful and safe practice. You'll leave with a deeper understanding of shamanic practices and the tools to continue your journey with clarity and confidence.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- **Saturday, 26 April, 2—4pm**

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop, you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Aparna & Anandhi

EXPERIENCE THE POWER OF KUNDALINI YOGA

**Thursdays, 5—6:30pm @ Hall of Light, Creativity,
Saturdays, 11am—12:30pm @ Pitanga**

Kundalini Yoga is an ancient form of yoga that combines movement, breath, sound, and meditation to bring the practitioner into a balanced and harmonious state of being.

The unique combination of repetitive movements followed by periods of stillness in Kundalini Yoga sets it apart from other forms of yoga practice.

The skillful integration of these elements helps re-educate the nervous system, allowing it to relax deeply and enabling participants to experience an elevated state of well-being.

Other key benefits of this powerful practice include:

Physical Benefits: Kundalini Yoga can improve flexibility, strength, and balance while reducing pain and enhancing overall physical health.

Mental Clarity: Regular practice enhances focus, reduces stress, and promotes emotional well-being, leading to a calm and centered mind.

Spiritual Growth: Kundalini Yoga helps deepen your connection with your inner self, expand consciousness, and cultivate a sense of purpose and meaning.

- **Drop-in classes.** Please arrive 5 minutes early. Bring water and a cloth to cover your mat.
- **Contribution Fee:** Rs400 for guests
- **Contact:** +91 7598892065 WA

Bel



SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.

- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- **Contact** 9385428400 call/ WA to book your session today! Donation Based

Submitted by Isha



It Matters

Schedule from 18—25 April Weekly Activities—A/C Room

All activities are:

Rs./500 for guests and 50% discount for Aurovilians/ Newcomers/ Savi registered volunteers.

Extra discount vouchers available, only for weekly activities, not for workshops.

ITMATTERS.AUROVILLE.ORG

@AUROVILLE.CURATED



LOCATION:
Auroville Main Road
Kuilapalayam

- **It Matters Café is open now!**
- **Workshop pre registrations:**
 - itmatters@auroville.org.in,
 - **or +91 9344087925 WA**

Date	Activity
Friday, 18 April, 3—4pm	Abundance & Psychology with Matthias
Sunday, 20 April, 2:30—3:30pm	Integral Yoga Psychology with Matthias
Friday, 25 April, 3—4 pm	Abundance & Psychology with Matthias
Sunday, 27 April, 2:30—3:30pm	Integral Yoga Psychology with Matthias
Date	Workshops in April*
Saturday, 26 April, 3—5pm	Language & Verbal Awareness with Vismai—Rs./900
Date	Event
Friday, 25 April, 4—6pm	Live Music and coffee/tea
TBC	Henna design: come experience the traditional henna hand design in a A/C and cozy environment

**Pre-registration for Workshops is mandatory/
50% discount for Aurovilians and SAVI volunteers*

More info on instagram: [@auroville.curated](#)

Saranya for It Matters

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation.

I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.
- Please note updated timings:
 - Mornings: Monday & Wednesday,
 - Afternoons: Tuesday & Thursday
 - Full Day: Alternate Friday or Saturday

Submitted by Kardash



ACTIVITIES BY ANGELA @ ANITYA

@ Anitya Community/ Joy of Impermanence,
Thamarai Hall

Offering a massage session

I'm happy to share that I will now be offering massage sessions as part of well-being practices at Joi Anitya. You are welcome to experience:

- **AMA Massage:** A seated acupressure massage using rhythmic thumb pressure, stretching, and percussion on energy points (tsubos) to promote relaxation and revitalization (20-30 min, clothed, on an AMA chair).
- **Swedish Oil Massage:** A deeply relaxing full-body massage that relieves pain, improves sleep, reduces stress and muscle tension, and supports overall well-being (60 or 90 min).

These sessions are offered as part of my volunteering at Joi Anitya. The money will support their project. If you're interested, feel free to reach out to book a time!

Looking forward to sharing this practice with you.

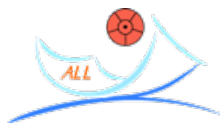
Angela for JOI Anitya, +33 750604028 WA

*Languages***LEARN****English and Hindi**

- **Learn spoken/ written English and Hindi** language for fluency and confidence!
- **For more information** contact Ashwini: 8270512606.

Ashwini, Aspiration

NEWS FROM
AUROVILLE LANGUAGE LAB
10 April, 2025

**Current Schedule of Classes as of 17 April**

Lan-guage	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30–10:30am	Tuesday & Thursday Monthly with Rupam
	Pre-Intermediate & Intermediate	10:30–11:30am	Tuesday & Thursday Monthly with Rupam
	Creative Writing	9:30–10:30am	Monday & Wednesday Monthly with Rupam
	Learn English through theatre	11am–12pm	Monday & Wednesday Monthly with Rupam
	Beginner with Ashwini	4:30–5:30pm	Wednesday & Friday
	Kids with Ashwini	5:30–6:30pm	Tuesday & Thursday
French	Beginner	TBC	TBC with Jean-François
Tamil	Beginner	9:30–10:30am	Tuesday & Friday with Saravanan
Spanish	Beginner	2:30–4pm	Monday & Wednesday with Mila
Hindi	Spoken Beginner	5:30–6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	Registration Open with Karuna

Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.

- Send an email to tomatis@aurovillelanguagelab.org.

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book!
Check it out at <https://books.aurovillelanguagelab.org>
- To enquire or register:
tomatis@aurovillelanguagelab.org or call
0413 2622467 or 3509932.

Courses

Looking for additional French teacher

Due to increased demand, we are currently looking for a native French speaker to teach French classes at the beginner level. Please contact the Language Lab with your details.

Private and group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Beginner English with Ashwini:

- Wednesday and Friday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

Head on over to the Lab's online form and complete your registration now so that we can keep you posted!
<https://aurovillelanguagelab.org/registration/>

Spoken Hindi for Beginners with Ashwini

- Started 4 April, Wednesdays and Fridays,
5:30—6:30pm.

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Conversational Tamil (pre-intermediate) with Saravanan

- Registration Open. Class times and dates for the next batch to be confirmed once enough students register.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Beginner Spanish Course with Mila

- Mondays and Wednesdays, 2:30—4pm, started 17 March.

This comprehensive beginner Spanish course, starting 17 March led by our veteran instructor Mila, is designed to equip you with the fundamental skills needed to understand and speak Spanish. Over the course of three months (36 hours), you will delve into essential grammar, vocabulary, and pronunciation, enabling you to engage in basic conversations and navigate everyday situations in Spanish. Whether you're planning a trip to a Spanish-speaking country or simply want to expand your language skills, this course offers a supportive and immersive learning environment to kickstart your Spanish language journey.

Italian—Beginner Level, Registration Open

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguagelab.org/registration/>

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Tuesdays:** Spanish with Gloria
- **Thursdays:** We are looking for a new anchor to host one more meet-up for English.
- **Fridays:** Conversational Hindi with Smriti, 5—6pm

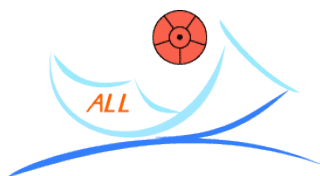
We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- **For language-related matters:** +91 9843030355WA.
- **For Tomatis** please use 0413 3509932.

*Mita, Mano, Louis & Vismai
for Auroville Language Lab*





**Presents at Aurofilm Studio in Kalabhumí
(next to CRIPA)**

**Aurofilm's Screenings in April
New Venue and Timing!!!**

Attention: Dear film lovers, we inform you that in the upcoming months from April to June, Aurofilm will not screen its Friday movies at the MMC auditorium/Cinema Paradiso. We hope to return in July after the summer!

However, during the month of April, we will be screening the Friday's films at our Studio in Kalabhumí, next to CRIPA. And we will start at 7:30pm.

We hope to raise enough financial support to continue promoting the best values of Cinema as a service to the community! Therefore, Aurofilm is happy to announce that it has been accepted as an AVI USA partner. Here we are sharing the link to support us. You can consider becoming a monthly supporter!

- <https://give.aviusa.org/page/AuroFilm>
- Or, you can make your contribution through our financial collection account number **252658**.

We look forward to seeing you at our studio in Kalabhumí!

Friday, 18 April 7:30pm: "The Holy Innocents"
Original title: *Los Santos Inocentes*

Directed by Mario Camus, Spain, 1984

With: Alfredo Landa, Francisco Rabal, Terele Pávez, Agustín González, Juan Diego

Synopsis: Set in rural Spain, the movie tells the story of Paco, a poor farm worker, and his family as they endure the oppressive and dehumanizing control of the aristocratic landowners they serve. Through the experiences of Paco and his family, the film explores the brutal class divisions and the exploitation of the lower class in a stagnant, rigid social system. The poignant performances and vivid storytelling bring to life the struggles of those who are forced to endure inequality, highlighting themes of power, submission, and dignity. The movie won in 1984 the Cannes Jury Prize as it is a see for its powerful depiction of social injustice and its unforgettable portrayal of human endurance.

Original Spanish with English subtitles. Duration : 1h43'



Friday, 25 April 7:30pm: "The Virgin Spring"
Original title: *Jungfrukällan*

Directed by Ingmar Bergman, Sweden, 1960

With: Max von Sydow, Birgitta Valberg, Gunnel Lindblom, Birgitta Pettersson

Synopsis: Set in medieval Sweden, The Virgin Spring tells the harrowing tale of a young woman, Karin, who is brutally attacked and murdered while on her way to church. Her parents, devastated by the loss, unknowingly take in the three men responsible for her death, leading to a shocking and tragic confrontation. Director Ingmar Bergman weaves a tale of revenge, faith, and the search for justice, exploring the themes of innocence, guilt, and the complexities of human morality. The film won the Academy Award for Best Foreign Language Film as it is a must-see for its masterful storytelling and unforgettable exploration of vengeance and moral conflict.

The film will be introduced by Dr. Alexander Pereverzev!

Original German, Swedish, Serbian version with English subtitles. Duration: 1h29'



Note: Contributions are very welcome!—Aurofilm Collection Acc. No. **252658** **Susana and Aurofilm team**

AN APPEAL FOR £160

HELP us at Cinema Paradiso in supporting the screening of an inspiring work by a woman Palestinian filmmaker, exploring essential food and foraging this April.

While we typically receive films free of charge, unique circumstances require us to cover a discounted screening fee of £160. We are seeking a donor who can directly pay the UK-based distributor by early April or pay via AVIs or INR and cover for the exchange rates as well.

- To contribute, please email mmcauditorium@auroville.org.in. Nina for MMC-CP

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 18 April. Planet Earth: Caves

2017/ 49 minutes/ Alastair Fothergill

The Earth's large, deep calcareous caves are virtually inaccessible and therefore barely explored—many requiring expert diving where flooded. Some of these caves are of such volume that they can contain the Empire State Building! Come explore caves and their fascinating, unique wildlife in this episode narrated by Sir David Attenborough. **Aviram**

CINEMA PARADISO PRESENTS

Cinema Paradiso—Eco-Film Fest 2025

- **Let There Be Darkness**

Friday, 18 April 2025 @ 8pm @ MMC Auditorium

Official Selection Bogura International Film Festival 2025,
Best Documentary Barddhaman Short Film Fest 2024.



India, 2023, Writer-Dir. Dyutiman Bhattacharya w/ Barun Chanda and others, Documentary, 18mins, English w/ English subtitles, Rated: NR (G)

As city lights expand, the beauty of night fades. This film uncovers light pollution's impact on wildlife, health, and ecosystems, urging us to reclaim darkness through poetic storytelling and expert insights.

Presented to us by its director—an artist, novelist, actor, and IPS officer—the film underscores a vital truth: development must increasingly coexist with nature. It delivers a poignant reflection on the profound losses we risk if we fail to do so.

This is the first of two must-watch features for the evening!

- **Chasing Time**

Friday, 18 April 2025 @ 8pm @ MMC Auditorium



USA, 2024, Writer-Dir. Sharah Keo & Jeff Orlowski-Yang w/ James Balog, Kieran Baxter, Hrafnhildur Hannesdóttir, and others, Documentary, 40mins, English w/ English subtitles, Rated: NR (PG)

Building on the revelations of Chasing Ice and Chasing Coral (both we've screened), this film returns to Iceland as renowned photographer Balog concludes his life's work. Stunning visuals and scientific insights capture climate change's irreversible impact, offering a powerful reflection on humanity's role in shaping the planet's future. We sincerely thank the film team for sharing this screening with us. *This is the second of two unmissable features for the evening!*

- **Plastic People**

Saturday, 19 April 2025 @ 8pm @ MMC Auditorium



Ben Addelman's SXSW Film TV Festival 2024 World Premiere, Sheffield 20 DocFest 24 **Official Selection**

Canada, 2024, Writer-Dir. Ben Addelman w/ Ziya Tong, Rick Smith, Mary Kosuth, and others, Documentary, 84mins, English w/ English subtitles, Rated: NR (PG)

This award-winning film uncovers the invisible threat of microplastics invading our bodies—from organs to bloodstream, even reaching newborns before birth. As scientists expose the dangers of single-use plastics, it reveals an escalating crisis affecting us all, often unnoticed and unseen all around us. We extend our heartfelt thanks to the filmmakers for sharing this powerful film with us.

Don't miss this powerful and topical film that involves all of us!

- **The White House Effect**

Sunday, 20 April 2025 @ 8pm @ MMC Auditorium



USA, 2024, Dir. Bonni Cohen, Pedro Kos, Jon Shenk w/ George Bush, Ronald Reagan, and others, Documentary, 94mins, English w/ English subtitles, Rated: NR (PG)

This gripping film traces the origins of the climate crisis, revealing a pivotal political battle during the George H.W. Bush era that shaped environmental policy. Through powerful storytelling and sharp insights, it exposes the decisions that defined today's challenges, offering a striking exploration of history's role in the fight for our planet's future. We extend our gratitude to the filmmakers for sharing this compelling story with us!

An unforgettable exploration of the climate crisis' dramatic origins!

- **Green Superheroes 2030**

Tuesday, 22 April 2025 @ 8pm @ MMC Auditorium



Grand Finale for The 20th Eco Film Fest, Cinema Paradiso, Auroville

Official Selection Los Angeles International Children's Film Festival 2025

Green Superheroes 2030 USA, 2024, Writer-Dir. Los Angeles Barea w/Connor Berryhill, Mandeiya Flory, Zachary Fox-Devol, and others, Documentary, 79mins, English-and other languages w/English subtitles for non-English usage, Rated: NR (G)

This film follows young individuals restoring fragile ecosystems, demonstrating resilience and innovation in the face of environmental challenges. Through stunning visuals and compelling stories, it inspires urgent action and hope for a sustainable future. Selected as PBS in collaboration with the Colorado Environmental Film Festival for their Earth-Day feature, we warmly thank the filmmaker for sharing this meaningful premiere screening in India with us!

As the closing feature of the weeklong 20th Eco-Film Fest 2025, we end on a powerful message of hope and a vision for the future.

Special Screening @ MMC Auditorium, Auroville

• I want to Talk

Wednesday, 23 April 2025 @ 4pm & @ 8pm



India, 2024, Dir. Shoojit Sircar w/ Abhishek Bachchan, Ahilya Bamroo, Nirvan Patnaik, and others, Drama, 122mins, Hindi w/ English subtitles, Rated: NR (PG)

Arjun Sen, a high-powered advertising executive, faces a life-altering illness that shatters his world and forces him to confront his mortality. Amid surgeries and uncertainty, he embarks on an emotional journey to heal his strained bond with his young daughter, Reya. Together, they navigate loss, resilience, and the redemption of reclaiming time sacrificed to ambition.

On Marco (Feira)'s birthday, we are privileged to present this special screening, made possible by Ahilya from our Auroville community and the filmmakers. Ahilya's powerful performance enriches this remarkable cinematic journey. This event celebrates Marco's enduring legacy, which has profoundly shaped our community's passion for meaningful and impactful cinema.

Interesting—Thursday 24 April, 8pm

Expedition Amazon

USA, 2024, Dir. Laura Anderson & Anna Derryberry, Nature-Documentary, 47mins, English w/ English subtitles, Rated: NR (G)

Explorers delve into the Amazon's diverse ecosystems, uncovering the secrets of mangrove forests, pink dolphins, and Andean bears. As they navigate urgent conservation challenges, they reveal hopeful solutions to protect this vital freshwater resource. This captivating documentary showcases the Amazon's beauty and fragility, offering a powerful call to action for preserving one of Earth's most magical regions.

Maintenance

We need to get some long overdue major maintenance work taken care of at the Multimedia Center Auditorium. To facilitate the work there will be no screening or programs on the following days.

- Friday, 25 April,
- Saturday, 26 April,
- Sunday, 27 April and
- Monday, 28 April.

Thank you for your understanding!

If the work ends in time, we may have a screening on **Monday @ 8pm**. We will try and announce it on that day.

Our recent maintenance work involved significant expenses. As our recurring budget has not been reinstated for over six months, we kindly invite you to support us by donating directly to our **FS account (105106)**. Please note that MMC will need to pay GST on any amount received. However, for small or individual contributions, this may still be the most straightforward option. Your support is greatly appreciated.

Nina, MMC/ CP Group Account# 105106,
mmcauditorium@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108



NEWS AND NOTES

Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of New and Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours: Monday & Tuesday, 10am—12pm

Hard deadline for submissions: Tuesday 3pm

Poster to publish: Width 9.5cm x Height 4cm

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