

# News and Notes

No.819

A Weekly Bulletin for residents of Auroville

23rd May 2020



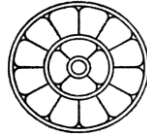
## Attachment to the Divine

Wraps itself around the Divine and takes all its support in Him, so as to be sure of never leaving Him.

There is only one salvation: to cling to the Divine like this (*gesture with two fists*).  
Not to cling to what one thinks of the Divine, not even to what one feels of the Divine ...  
to an aspiration, an aspiration as sincere as possible. And to cling to that.

~ The Mother

# HOUSE OF MOTHER'S AGENDA



25 September 1965 (continued from last week)

**Satprem:** *It's a vicious circle. The impression is that the transformation cannot come about without a development or a general receptivity on the earth, a greater preparation on the earth, and at the same time, that greater preparation on the earth isn't possible without an acceleration of your transforming force.*

**The Mother:** Yes, but it acts, only it's an infinitesimal action. That's why millions of years are nothing. This stagnation, for instance, exists only for our consciousness; it's because the human consciousness, after all, measures everything on its own scale. For it, the history of the earth is an infinite - it isn't so in universal history, but for the human being, the impression is of an infinite (he knows very well that it isn't so, but that's theoretical knowledge), so then, on this scale, nothing changes - but that's not true.

**S:** *Yes, but it should be done in the space of one lifetime.*

**M:** Oh, that... That will only be the last life - the last life before the transformation. That will be the life of the transformation. Which means that all that has been prepared for millions and millions of years will be realized one fine day, and when it is realized, the one (the one or the ones, whatever) for whom it is realized will say, "Here, we've done it!" (*Mother laughs*) Forgetting that it took millions of years to prepare for that minute!

**S:** *It would be good for that minute to come soon.*

**M:** Ah, that's exactly the refrain I keep hearing all the time: "You say that the Truth is manifesting, well, we really hope it will win the Victory soon"! I don't know. Sri Aurobindo, when I saw him the first time, told me, "The others came to prepare and left, but this time, it's to **ACHIEVE**." He, too, left.

He left. True, he told me, "You are the one who will achieve," but he never gave me... He is the only one who told me that, and he said it "just like that," as he used to say things, you know. It wasn't something that gave you an absolute certitude... He had that power: I would tell him something, and when he said, "Yes, it is that way," it **WAS** that way (something I **WANTED** to happen, not something that was), and when he said, "Yes, it is that way," then it **BECAME** that way! The first time it happened, it dazzled me. But that was generally about details. But when he told me, "You are the one who will achieve," it wasn't in that manner: it might have been also his will to go right to the end of... of what was possible.

And I can't say I am asking the question because that's not true, I am not asking it, but the two possibilities are there (*gesture in suspense*). Well, there is no answer either to one or to the other. At times I have the vision that it's going to be the end (a very practical vision of what I want to do), that comes, but against a backdrop of complete uncertainty; and the next minute, there is the possibility of going right to the end of the transformation, with the clear vision of what must be done, but a backdrop... there isn't a backdrop of the Assurance that it will **BE** that way - neither in one case nor in the other. And I know this is deliberate, because it's necessary for the work of the cells. If, for instance, I received from the Supreme the Order (sometimes I receive it clearly, as clearly as...), if I received from Him the certitude that whatever the difficulties, whatever the appearances of the path, this body will go right to the end of the transformation, well, there would be a slackening somewhere, which would be very bad. I know that myself, I know it perfectly well. So, that's how it is: I walk on, without knowing what will happen tomorrow. Yesterday, I could have said, "Yes, maybe this is the end" (as it seems X [X = the Tantric guru] kindly said to people who had gone to see him: he said I had six months to live, that in six months I would go - [*laughing*] that's typical of his usual "predictions"), well, with yesterday's experience, I said, "It's quite possible." And with that same total indifference, you know: "It's quite possible." With a quotation from Sri Aurobindo saying, "Nothing can alter the splendor of the Consciousness of Eternity." That's it. And then when this state has gone and the other one comes, you say, "Whatever does dying mean! What does it mean? How can you say that?" And it's not that the two "states" alternate with... (how can I explain?) oppositions - it's not that at all, it's almost simultaneous (*Mother intertwines the fingers of her two hands*), but now you see this, now you see that. And it's one and the same totality of... something... which is the Truth, but which is still a bit cloudy - it isn't fully grasped like this (*gesture*).

This is the normal state, but it's obviously being worked out, being built, taking shape.

And it's very wise. The supreme Wisdom is infinitely greater than ours! In our enthusiasm, we sometimes think, "Oh, if things were like that!" (*Mother gives herself a slap*) - Be quiet, that's all.

We are very clumsy.

Volume 6. 1965: Agenda of the Supramental Action Upon Earth

P.S. There's a HOMA page on the Auroville website: <https://www.auroville.org/contents/1085>

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The sword has a joy in the battle-play,  
the arrow has a mirth in its hiss and its leaping,  
the earth has a rapture in its dizzy whirl through space,  
the sun has the royal ecstasy of its blazing splendours,  
O thou self-conscious instrument,  
take thou too the delight of thy own appointed workings.



~ Sri Aurobindo  
Essays in Philosophy and Yoga, p.164

## COVID-19 UPDATE

**WC: Lockdown continues till 31 May** - As you know, the current lockdown ended on the 18th. We are aware that many of you are anticipating more relaxations. However, a statement from the Chief Minister of Tamil Nadu was just released that states that the lockdown will continue until the 31st of May. Although there will be some additional relaxations for many districts, **12 districts will continue as before with no new relaxations - Villupuram is one of those districts.** This means we must continue as before until at least the end of this month. CM's statement in Tamil: [https://cms.tn.gov.in/sites/default/files/press\\_release/pn170520\\_069\\_0.pdf](https://cms.tn.gov.in/sites/default/files/press_release/pn170520_069_0.pdf) and English: [DIPR-P.N.No..069-Hon'ble CM Statement-Corona-PR on lockdown extn-Date- 17.5.2020.docx](#)

We would like to remind you of the following:

**What is allowed:**

- Household workers and gardeners. No pass is required.
- Small industries.
- Construction activities with local work force or those who have been living in the area since before the lockdown. (For an SOP for construction activities, please contact L'avenir d'Auroville: [avenir@auroville..](mailto:avenir@auroville..)) Please inform us at [wcoffice@auroville.org.in](mailto:wcoffice@auroville.org.in)
- Shops selling essential goods can be open between 6 am and 7 pm. The timings of PTPS, PTDC, HERS will continue as previously announced.
- Visitors' Centre shop outlets can be open from 10 to 5.
- Eateries, bakeries, cafes, restaurants, only for takeaways between 6 am to 9 pm.
- Auroville Library can be open for returning and borrowing books, not for reading on site, including the Children's Section.
- Auroville taxi movement within the city area only, and with maximum of 2 passengers plus driver.
- Medical emergencies to visit medical establishments in Pondicherry.
- Travel outside of the District or the State by private car, only during the day and with prior registration on the portal 'nonresidenttamil.org'.
- Private self-skilled workers such as plumbers, electricians, carpenters, mechanics, technicians, etc must get permission from the Collector.

Please be aware that for all of the above, the **following measures continue to be in place:**

- Gatherings of more than 5 people outside of one's home and family are to be strictly avoided.
- Distance between others of at least 1 to 2 meters and wearing masks to be strictly maintained at all times outside of one's home.
- Practice frequent use of hand sanitizer or washing of hands with soap.
- If you have any symptoms, stay away from people, stay home and/or see a doctor.
- No more than 1 person at a time is allowed on a 2-wheeler; no more than 2 passengers, plus the driver, in a car.
- All offices, other work spaces and public spaces must also practice the above, and additionally ensure regular (at least twice daily) sanitizing of the inside spaces that are touched frequently, such as floors, desks, work surfaces, door handles, etc. Arrangements for disinfection of the area immediately outside the buildings should also be made and carried out at least weekly. If help is needed to ensure this sanitizing of inside and outside is done, and for an SOP document, please contact the Covid-19 Task Force ([covid19taskforce@auroville..](mailto:covid19taskforce@auroville..)).
- Daily monitoring of the health of all workers and staff by employers.
- Additionally, it is advised that only those who are medically fit and without any co-morbid conditions are called for work.

What **must still remain closed**/inactive is the following:

- Schools, educational and research institutions.
- Playgrounds, sports grounds, swimming pools, gyms, movie theaters and other cultural venues.
- Personal care and body contact therapies.
- Matrimandir Inner Chamber and Petals.
- Information Center.
- All public gatherings and large meetings and respective venues.
- Guesthouses and all guest accommodation, except for guests who are currently registered. No new guests/volunteers/interns from outside of Auroville should be taken on.

We appreciate your continued patience, understanding and support. We must all continue to be conscious and disciplined in doing what is necessary to keep Auroville and its surroundings as safe as possible. With best wishes to all,

- The Working Committee and Covid-19 Task Force

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**From the WC:** A new, temporary task force (Covid-19) has been constituted - In response to the call for people to offer themselves for a new temporary task force to continue the work of responding to the current Covid-19 situation, we have received 20 responses. Out of those, 1 is TOS, 3 have offered help/consultancy, 1 responded by declining the invitation, and 2 people suggested 9 others rather than themselves. Therefore, the selection was made from a list of 13 individuals who volunteered themselves to be part of a new task force to take forward the necessary work with the support of the existing task force members and the Working Committee. We are pleased to announce that the following 5 individuals have been selected:

**Harishini Mugundan, Selvam (Saminadane) Govindasamy, Shivangi Gadia, Stefanie Rosenkranz, Sundar Rajamani.**

The selection was made according to the criteria that was announced in the call, bringing together a combination of people who have particular skills and experience, within Auroville and outside of it, trying to create a balance of communication skills with organizational skills and being action oriented. There was also an emphasis on being able to work harmoniously in a team with each other as well as with the existing team members, working groups and others as needed. It was recognized that everyone has qualities and capacities that can be useful and productive, so those who have not been selected as part of this new core team may be contacted to offer specific support as resource persons. We sincerely thank all those who have come forward in response to this call.

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**Visitors not to be encouraged to come to Auroville** - You may have heard that some domestic travel has resumed (special trains only) and some more domestic travel relaxations might be coming in the near future. We would like to remind you that **we are still in a state of lockdown** and there is still a danger of spread of the virus. **Auroville is still not taking new guests and this situation will continue until further notice.** Therefore, even if some people are now able to travel, please do not encourage any visitors to come to Auroville, including family members or friends. We look forward to your understanding and cooperation in this, in order to continue to keep Auroville and its immediate neighbors safe. - The Working Committee and Covid-19 Task Force

ITS, UTS and Sunrise Taxi have passes to go to Pondy for medical purposes. ITS offers this service free of charge.

### Current opening times for food outlets:

- PTDC from 8 am to 1 pm, with 8 to 9 reserved for those who are 60+
- PTPS from 9 am to 4 pm
- HERS from 8:30 am to 2 pm
- Foodlink - 10.30 to 12 for pre-prepared bags of mixed vegetables and fruits; milk as well as yoghurts will be delivered to those who have regular booking; dry goods will be delivered on request. Details are posted at <https://auroville.org.in/article/78629>
- Solar Kitchen: tiffin on order only. Leave tiffins by 9:30. **No mask; no tiffin!**
- Visitors Centre cafeteria - **Open 8AM for breakfast takeaways.** Lunch pick up time 12.15 to 1.30; Evening pick up time. 6.30 to 8.30; <https://auroville.org.in/article/78600> (for full menu scroll down to comment)
- Aurelec Cafeteria: open daily (including Sun) 11:30 -13:30 for tiffin order. For booking, call 2622416 or 9245433988, 9 - 10AM.
- Auroville Bakery and Cafe - 7:30 AM - 5 PM; <https://auroville.org.in/article/79393>
- Ganesh Bakery open for takeaway from 7:30AM to 2 PM.
- Bread & Chocolate - Sourdough bread is available on Tues/Thurs/Sat in our bakery in New Creation . from 11:30AM to 1PM <https://auroville.org.in/article/78779>; Bread & Chocolate Store 8:30 am to 5 pm, Mon/Wed/Fri; <https://auroville.org.in/article/79333>
- Naturellement takeaway (open on Mondays also), 9am-5pm. For food deliveries, please place the order before 4.30pm <https://auroville.org.in/article/78517>
- Neem Tree eatery takeaway lunch time 11 am till 2 pm, dinner time 5:00 pm till 8:00 pm; <https://auroville.org.in/article/78604> and <https://auroville.org.in/article/78649>
- Dreamers Café - open for takeaway from 8am to 1pm (closed Tuesdays); <https://auroville.org.in/article/78937>
- Kafé Delights: 10am-4pm; <https://auroville.org.in/article/79427>
- La Maison at Kottakarai Plaza, 8am to 5pm; 9489956101 or WhatsApp 9843600701; <https://auroville.org.in/article/79448>
- Marc's Coffees for Coffee Lovers- 8:30 AM -4:30 PM, <https://auroville.org.in/article/79494>
- Trio Kitchen (at Aurovelo), Monday to Saturday 10:00-13:00 for take away; <https://auroville.org.in/article/79588>
- Le Morgan Café 8am to 5pm every day (Sunday included); <https://auroville.org.in/article/79519>
- GP cafe is open 8.00 am to 5.00 pm for take away & Tiffin. Phone: 0413 2623 995 / 9442126230

For the up-to-the-minute global stats junkie: <https://www.worldometers.info/coronaviru>

### Some Re-Opening & Service Restoration Announcements (more on p. 6)

#### Blood tests sample collection resumes at Health Centre

Auroville Health Centre will resume collection of blood samples for testing like before (the blood samples which have to be sent to Pondicherry like thyroid and others). You can visit the Health Centre on **Friday between 8.15 to 9.30 am.**

#### HOUSING SERVICE SOFT- OPENING HOURS 9.30 to 12.30

- only by appointment (other than accounts)
- wait outside the office
- wear a mask and use hand-sanitizer
- keep social distancing

#### Presence in the office:

Monday: Accounts - Venkatesh (House sitting); Svenja (Transfers)  
Tuesday: Accounts - Venkatesh; Sundar (Newcomers)  
Wednesday: Accounts-Venkatesh; Savithri (Youth, Volunteers)  
Thursday: Accounts- Venkatesh; Sundar (Newcomers)  
Friday: Accounts - Venkatesh; Svenja (Transfers)  
Saturday: Accounts - Venkatesh; Alexey (Repairs)

For appointment requests please send an email to: [housing@auroville.org.in](mailto:housing@auroville.org.in)

#### NANDINI REOPENS

We are happy to inform you that Nandini is open again. The Distribution Section next to PTDC will be open on Tues/Thurs/Sat afternoons from 2.30 - 4.30 for the time being. PTDC and Food link are closed in the afternoon, therefore it will be easier to manage numbers. We kindly request you to be patient since purchasing at the moment is difficult and we are opening with a limited stock. Furthermore, in order to protect

our members and follow the given guidelines, we will serve only two people at a time and allow a maximum of 3 more people inside. Regretfully items can neither be tried on nor returned.

The Tailoring Section at Aurosarjan will be open on Tues/Thurs/Sat from 9:30 AM - 12:00 noon & 2 - 4 pm.

We look forward to seeing you! **Please come with a mask!**  
-The Nandini Team



This is to inform you that the **Savi Office at Unity Pavilion is open Monday to Friday from 9:30 to 12.** During the lockdown we were available on appointment only and did all the basic communication and procedure required to keep the Volunteers updated with the challenging and always changing situation.

Now - we want to know from units and services whether you are ready to welcome volunteers back to your work. If so, let us know and we'll pass your request to the volunteers that are still present in Auroville. At the moment we do not know when new volunteers will be able to come/travel to Auroville. **Kindly let us know if you have any new volunteer opportunities or update existing volunteer opportunities with us.** Happy to help.

- Savi Team (Sara, Siv, Boomi, Saranya, Manoj, Pranshula)



#### Tanto early dinners

We take orders for parcel and delivery up to 6.30 for take away and delivery around 7 pm. We are not allowed to stay open later than those hours. We will be open 7 days a week.

## WORKING GROUP REPORTS

### Residents Assembly Service Membership Update

We would like to give you an update on the members of the Residents Assembly Service. Anandi Zhang resigned at the end of March and Manoj Kumar completed his three-month trial period. **The Residents Assembly Service team members at present are Manoj Kumar, Sathish and Tatiana.** With appreciation and gratitude for the RAS good work.

- The Auroville Council (Enrica, Riju, Shivaya, Siv, Vatchala, Balaji, Dan, Ganesh K. and Mouttou)

### FAMC: FAQs for Management of Emergency Responses

The FAMC feels the need to give more clarity about the creation of a financial structure for Emergency Responses in Auroville. The need for creating a framework is based on the past experiences of Auroville having faced several situations such as the tsunami and cyclones, and we need to ensure that there is transparency in accounting and reporting.

The details of the framework that have been shared previously, are to be read with the following set of Questions that we have tried to answer...

#### What is an 'emergency' and how will the community be involved in the selection of Aurovilians to participate in the response?

An emergency is an event of such magnitude that it severely affects the coping capacity of Auroville and requires immediate, extraordinary, measures from our Community. This can be because a catastrophe, mishap, calamity or grave occurrence arising from natural or man-made causes has taken place, either in or outside of Auroville. In the past, community involvement in an emergency has been very high, but it has been spontaneous. Generally, the Working Committee has been the focal point organizing a response and has been, rightly, integrally involved.

If a formal selection process was needed to form Task Forces during an emergency (eg. a Covid Task Force), we would not be able to react quickly to the emergency needing attention. In any emergency, a responding team would need to be put together fast. It would be formed from concerned individuals, some with background in disaster management. Anyone could volunteer.

Participation in MERA, the unit we have created for channeling donations and managing budgets for emergencies, both for the current Covid 19 emergency and for future emergencies, is subject to the approval of the FAMC and the BCC members serving at the time any such emergency should arise. The main function of MERA is to ensure funds are used for the purpose intended, accounted for properly, and reported. The terms of the executives of MERA, unlike for regular units, are only for the duration of any particular emergency in question. When another emergency occurs, the FAMC and the BCC at that time will be tasked with appointing executives. Between emergencies, MERA will be dormant.

#### What are the funds being raised for in the current Covid 19 crisis?

**Answer:** Auroville has a lot of goodwill from outside and within the community that translates into financial support for dealing with the health and hygiene related expenses to the pandemic and to the shortage of funds for City Services. The donors themselves dictate the specific usage of their donation. Further information regarding donation is provided below.

#### What various sources of funding do you foresee donating or contributing to Auroville's needs in the current Covid-19 crisis?

**Answer:** Funding source can be internal or external. It is up to the contributor to define the category they wish their financial support to go towards. In relation to external donors, the MERA team or the Unity Fund will inquire from the donor and make sure there is a clear demarcation from them for the use of their donation. Currently, Auroville has received funds from Auroville Internationals, individuals, units, Aurovilians, and well-wishers.

#### How will the funding be routed in the current Covid-19 crisis?

**Answer:** If funds are received from external sources, they will be received via Unity Fund. They will then be channeled into the MERA Financial Service account opened by BCC initially. If funds are received from within Auroville, they will be received into this same Financial Service account.

#### How are the funds segregated into different spending categories in the current Covid-19 crisis?

**Answer:** If there is a donation for the emergency response, we inquire whether the donor(s) would like it to be used for:

1. General Economic support for the community; or
2. Specifically for Health and Sanitation for Covid-19.

The donations are demarcated and made available accordingly.

#### What is the procedure for applying for funding or seeking a budget from the funds raised in the current Covid-19 crisis?

**Answer:** There is a template available on Auronet, or can be requested from [mera@auroville.org.in](mailto:mera@auroville.org.in). The funds requested must be for a project aimed at a direct response to the emergency in Auroville or for an activity/project that would work on a direct response to the emergency in Auroville.

#### How will the Receipts and Expenditure be reported to the community?

**Answer:** MERA will maintain details of the funds received with the help of the Unity Fund and the Financial Service. A monthly report will be shared by the MERA team with the community based on the collection of funds, the disbursement of funds and the utilization of funds (the latter will be collected via a narrative report)

#### Who decides on funding the request once the proposal is submitted?

**Answer:** Proposals will be screened through a 2-stage process. The 1st stage will be evaluation of the project by a Project Review Group (PRG). The PRG will be composed of Emergency Task Force members, which shall be appointed by the Working Committee at the time of an emergency, one Working Committee member, and one BCC member. 2nd stage will be a review of the availability of funding carried out by MERA.

#### What is the role of the Covid-19 Task Force, the Working Committee, the FAMC and the BCC in the framework?

**Answer:**  
**Working Committee:** appoints the emergency task force (in this case the Covid-19 Task Force and designates one member as representative to the project Review Group (PRG).  
**Task Force:** implements emergency measures and supports Working Committee in Liaison work

**FAMC:** created MERA unit, created the financial framework to make sure all emergency measures taken are monitored and all financial transactions are accounted for. Appointment of future executives as and when needed.

**BCC:** sends representatives to MERA, in this scenario provides an accounting framework for the emergency. supports FAMC in implementing a monitoring system.

#### In case of purchase of assets, in which balance sheet are the assets included?

**Answer:** If the project or activity is under a unit of the Health and Healing Trust, it will retain the asset in its own unit. If the project or activity is carried out by a unit NOT under the Health and Healing Trust, it will be under MERA, which is a unit under Health and Healing Trust. An asset registry of MERA will be maintained that includes the location of the asset and the unit utilizing the asset.

**What is the procedure for the terms and selection of executives for the unit?**

**Answer:** The FAMC will apply the usual system of executive appointment as per the COC and the Unit Trust arrangement currently practiced, with the one additional consideration. The intention of MERA is to respond to emergencies. Therefore, executives should be appointed for the duration of an emergency or up to 1 year of service, which can be extended if the emergency has not ended by that time. Once the emergency is over, the appointments will be terminated and MERA will become dormant, but still in place for the next emergency.

**FAMC: note re eligibility for Emergency Support**  
The FAMC and BCC have recently announced Emergency Support Measures for Aurovilians in severe financial need. We must simultaneously announce that we have informed the Financial Service that it **may not allow accounts to go into minus, as a result of monthly maintenances paid to Newcomers or Aurovilians.** If you happen to be an Aurovillian working in a unit that can no longer provide your maintenance, you may be eligible for Emergency Support. This document can be found on the AuroNet at <https://auroville.org.in/article/79539>.

We feel that this is a necessary action towards clarity and to protect our collective economy.

## ANNOUNCEMENTS

### SAIIR project proposals - deadline extended to May 31

SAIIR is extending its deadline for receiving project proposals to May 31st. Please email [kristen@auroville.org.in](mailto:kristen@auroville.org.in) if you need a project proposal form, specifying which project category:

1. Research
2. Activities
3. Publications

As of now we have no news of if, when or how much government grant will be received this year - but are continuing with our process optimistically. Contact [kristen@auroville.org.in](mailto:kristen@auroville.org.in) with any questions.  
-The SAIIR team

### From the Auroville Artist Group -

Funds for performances by Auroville Artists in Auroville should be requested now for the financial year 2020/21. Applications will be considered only until 30.06.20. Please send a mail to [av.artistgroup@gmail.com](mailto:av.artistgroup@gmail.com). I will send you a questionnaire about your performance details. Return it as soon as possible. In a subsequent meeting distribution of funds will be allocated. -Nuria & Rolf



### MGEcoduties - Probiotics House in Reve

Open daily from 8:30 am - 12:00 noon  
We request you to follow the Covid-19 emergency guidelines. Please wear your masks at all times and keep your distance.  
- MGEcoduties Team



### Trio Kitchen at Aurovelo is open for lunch takeaway, Mon-Sat, 10 AM -1PM

We have a new menu, which you can see here: [https://auroville.org.in/sites/www.auroville.org.in/files/article\\_attachments/Trio%20Kitchen%20Menu%2018\\_05\\_0.pdf](https://auroville.org.in/sites/www.auroville.org.in/files/article_attachments/Trio%20Kitchen%20Menu%2018_05_0.pdf). Place your order via WhatsApp to 853-104-4473. Please bring your tiffin!



Neem Tree eatery will start **breakfast**, in addition to lunch and dinner takeaway! Come and enjoy our yummy food at very affordable pricing! Masks and social distance are mandatory! Takeaway only! In true service, - Neem Tree

### Tamarind Bakery is open again

We are once again producing our range of packaged cookies, using mainly organic ingredients, baked with love in our wood-fired ovens in Evergreen forest. The cookies can currently be found on the shelves in PTPS, HERS and Farm Fresh:

Wheat free Oat Crunchies, Vegan choc-orange Biscotti, Langues de Chat, Gluten free Chai Spice Cookies, Choc Chip Cookies and Italian Biscotti. In addition, we are happy to cater to individual orders for your sweet desires. See below the list of Tamarind's bakes for your personal choice:

#### CAKES:

- Chocotoffee -Cheese cake -Lemon cake
- Banana chocolate (sugar free) -Mango sponge cake
- Vegan chocolate cake -Carrot cake (vegan/non-vegan)

**Muffins:** -Fig and honey -Date and nuts (sugar free)

**Brownies:** -Classic orange chocolate -  
- Vegan chocolate walnut

**Cookies:** - Vegan chocolate chip -Snickerdoodles  
- Sweet 'n salty almond-sesame cookies

Please contact Tamar for your order by SMS/WhatsApp to [+91 9751257796](tel:+919751257796). With much care and gratitude!

### Miniature has reopened

Miniature reopened Monday, 18th May. Of course, we started our activities following all the safety rules to protect our workers, with half the team working on alternate days. We wanted to open not because we have orders in progress, but above all to give a signal of hope and support to our economy. A signal for us all to **get back on track and get ready now for the new challenges and opportunities that are emerging.** We must get up to help and support our collective project, allow the Dream to continue to inspire and touch the hearts of those who are ready.

With this in mind, we decided to open an Outlet space, where you can find the latest news regarding our creations. Naturally, hand sanitizing, masks and distancing are expected to be adhered to. Come visit us, after 9:30am at the Aurosarjan building, Auroshilpam. 04132622654, [miniature@auroville.org](mailto:miniature@auroville.org)

## APPEALS

**Volunteers needed for garden weeding work at Matrimandir - see p 9-10 for more info.**

### Appeal from the Scholarship and Education Fund (SEF), SAIIR

To all students (and their parents) who have received a loan from us: **Please begin to repay your SEF loan as soon as possible.** This can be done in any amount. It can be done in one-time payments or as regular account deductions. Make all payments please to account number 240001 mentioning "for SEF".

As you may know, the Scholarship and Educational Fund (SEF) was established in 2008 to provide financial help to students of Auroville who want to pursue their higher education outside of Auroville. All financial assistance is given in the form of an interest-free loan which is repayable as soon as the beneficiary is financially able to start repaying. To date we have handed out support totally approximately *one crore rupees*.

Our aim is to create a revolving fund that is big enough to help all Auroville students in need. But this can only be done if beneficiaries repay their loans regularly. While some of you have repaid your loans in total (thank you very much for that), most of you have not, and we find it very difficult to recover the funds from you. This is a general appeal to the community. We will also address you - in most cases again - individually.

Please note that all non-specific contributions to the SEF are used for student loans only. To date no administrative expenses or maintenance have been paid from these funds.



At present the SEF team consists of Auralice, Chali, Davaselvy, Devi, Lucas, Palani, Suryagandhi and Vennila.

We trust in your understanding and appeal to your goodwill towards this community effort to create and maintain the SEF revolving fund for all students now and in future. Thank you, - the SEF team

## LOST & FOUND



**SPECS** - I found a pair of ESPERTO reading glasses on the way around Matirmandir, black and blue in colour. If they are yours, contact me on 9578548128

or [aurosathish5@gmail.com](mailto:aurosathish5@gmail.com). Regards, Satheesh

## THANK YOU



To the **AVI Centres in Europe and North America** for their generous donations and committed fundraising efforts on behalf of Auroville and the surrounding villages. We are so blessed to have your love and support, and we are **GRATEFUL!**

## FOR YOUR INFORMATION

### More Results of AVI's Fundraising Campaign for Helping Auroville

For your information and in a spirit of transparency, here are the updated cumulative results of the fundraising campaign launched by AVI about one month ago in order to help Auroville get through these difficult times. Donations from members of the various AVIs continue to flow in. So far, donations, already sent or about to be sent, amount to about 29 lakhs (19 lakhs for the emergency fund BCC-City Services, and about 10 lakhs for Village Support-AVAG). You will find the detailed figures (in Euros) in the following dynamic table. Please note that these are the amounts that transited through the AVIs, as some people would rather send the funds directly to Unity Fund. Thanks again to all the generous donors.

Jointly, for AVI-Board,  
Christian Feuillette AVI-Board chairman

### EMERGENCY FUNDS FOR AUROVILLE COMING FROM ABROAD (already sent or coming soon)

#### Donations to BCC-Emergency (City Services) through 14.05.20 (in Euros):

- Germany: €12518 (€3000 from AVI-Germany + members donations)
  - Canada: 3770 (€1300 from AVI-Canada + members donations)
  - Nederland: 3050 (€2000 from AVI-Nederland + members donations)
  - France: 1200 (€500 from AVI-France + members donations)
  - AVI-Board: €1000 - UK: € 740 -Belgium: € 500
- Total: €22778**

#### Emergency donations for the Villages (AVAG Fund) through 14.05.20 (in Euros)

- USA: €7400 (€2775 from AVI-USA + €4625 donation from US Foundation)
  - Germany: 4370 (€500 from AVI-Germany + private donations)
  - Canada: 660 (€200 from AVI-Canada + private donations)
  - France: 400 (€200 from AVI-France + private donations)
- Total: €12830**

**Grand total: €35608**

## SANTÉ SCHEDULE UPDATES

Santé is open during regular working hours:

**MON - SAT, 8:45-12:30 & 2:00-4:30, EXCEPT TUES PM**

The following services are offered:

Doctors:

Dr. Igor - Mon-Wed-Fri (9:00-12:30) & Thurs (2 - 4:30)

Dr. Brian - Mon-Wed-Fri (2:00-4:30) & Tues / Thurs (9:00 - 12:30)

Doctors alternate on Saturday (9:00 - 12:30)

Nursing care is available during open timings.

Other Therapies:

Acupuncture with Andres - Mon & Fri afternoon (2:00 - 4:30) & Thursday morning (9:00-12:30)

Ayurveda with Be - Wed & Fri morning (9:00 - 12:30)

Homeopathy with Michael- Mon & Wed afternoon (2:00 - 4:30) Paula for pregnant ladies & urgent patients only:

Tues & Wed morning (9:00 - 12:30)

Lab services have resumed for basic service.

Other contact therapies are suspended till further notice.

We apologise for any inconvenience this may cause.

Only account or Aurocard - no cash payments are accepted.

### Latest News from The Travel Shop/Inside India

We are sorry, but until airlines are operating, we can't give you any news regarding unresolved matters, be it rescheduling, refund or any other. **The moment we have news we will inform you.** We do not want to raise false hope by speculating when that will be, so please bear with us and wait. We will not open the office for some time, but we are all working from our home offices. **You can contact us only through e-mail.**

International Flight Ticket [travelshop@auroville.org.in](mailto:travelshop@auroville.org.in)

Domestic Flights/Trains /Bus, [domestic@inside-india.com](mailto:domestic@inside-india.com);

Tours and Domestic Hotel bookings- [insideindia@auroville ...](mailto:insideindia@auroville...)



### Ecoservice Notice

We would like to remind the community that the Eco Service is NOT a conventional garbage collecting business. One of our challenges in Auroville is to be conscious in the matter, and waste is truly a big part of it, even if waste might be the last thing one thinks of when we think of yoga. Eco Service has been trying hard over the last years to raise awareness on this subject.

**During the current Coronavirus crisis and lockdown, the Eco Service has continued to function thanks to volunteers seeing the importance of the service and stepping up to help.** In this time, we have been facing difficulties in continuing to pick up community waste due to a **lack of storage space and landfill area.** It became even more obvious to a larger group of people that **we have to make a huge effort and make it a priority to deal with our waste in a better way.** This includes discarding our waste with more consciousness and respect for the ones working in this domain so they can work with dignity and pride in what they do.

There is no going back! Now we have to step up and help with more consciousness and some basic effort in selecting the products we buy and how we discard the waste we produce. Waste has a long journey and does not disappear into thin air by magic. We would like to remind everyone, please:

- 1) Do not mix compostable material (vegetable scraps, etc) into other waste.
- 2) Wash and dry dirty plastic packets and packaging, including milk, curd and ready-made dosai mix.
- 3) Rinse out and crush aluminum cans.
- 4) Wash tin cans and remove paper labels.

- 5) Cut paper labels out of plastic packets (biscuits, tofu, cheese, etc)
- 6) Put earbuds and sanitary/medical waste in a small plastic bag and discard in the sanitary waste barrel. Hair can go in the compost.
- 7) Put bakery paper and butter paper in the compost.
- 8) Try to fix/stitch clothes, bags and shoes before simply throwing them away.
- 9) Do not tear paper into small pieces.
- 10) Last but not least, try to reduce sanitary waste. **Washable diapers and Eco Femme products are a great alternative to disposable sanitary products.** Please use them!

And a few more points about **segregating our waste**.

- Please make sure all the waste is CLEAN (as much as possible), DRY and SEPARATE before putting it in the appropriate bins and **compress it as much as possible** by opening and flattening cardboard boxes, plastic bottles....
- Tetra Packs (juices, milk and soya milk, big or small) need to be fully empty, cut open, cleaned (or at least rinsed) and dried. Taking out the plastic part would be a plus!
- A number of items can be brought to PTDC: clean plastic or glass bottles & jars, some plastic containers, Tetra Packs, clean white paper, batteries and light bulbs.

**See the poster on the last page of this issue re: itemized separation. It would be a good idea to print (in color) and laminate one to hang/post near your community's waste collection area.**

If you want to have a hands-on experience, please contact Eco-service and join for a day or more :). You will better understand and appreciate the work done there as well as the issues they are facing (mixed, damp and unclean waste which smells bad and attract all kinds of animals! We can all put our efforts together to make it better :)

We thank you all in advance for the renewed effort we know you will be making in your waste management from now on!

~ Kali and Palani for the Eco Service Team,  
in collaboration with the Working Committee

**From Solitude Farm Café** - There has been a huge surge of interest in Local foods that point us in the direction of understanding food security. Local foods have been much forgotten and yet are very tasty and have huge medicinal and nutritional benefits.

**Solitude Farm cafe has been offering tiffin lunches during the lockdown** and I have been meaning to inform the community that **picking up your lunch from Solitude is an option as well as making it your full, or part-lunch scheme.** Please come and try food that is truly fresh from the fields. This is a field to fork restaurant without the hype. These foods are a reflection of our local culture and as they become less and less valued, we witness a cultural erosion that has an impact on our lives in respect to health, ecology, traditions and more. This food has almost zero carbon footprint and the lunch also gives you a good opportunity to see how you could easily grow these foods yourself!

**The menu:** Every day we offer millet/red rice dosa with a chutney (green, papaya, coconut, peanut etc.); a grain (e.g. red rice, varagu, etc) along with a dhal, sambar, korubzhu, etc ; two different vegetable dishes with turkey berry, plantain, tapioca, green papaya, banana stem, banana flower, yam, spinach etc; a wild green salad with roselle, piper longum leaves, chicken spinach, guava leaves, spring onion, giloy leaves, green mango, tamarind leaves, green papaya, sweet potato leaves and more!! (If you are not familiar with these plants it may sound a bit different, but I can assure you it is absolutely amazing!). And of course, we offer some fruit which

is often sweet papaya (about which we never cease to hear that "it is sweetest papaya that we have ever had!").

Of course, Solitude cafe helps sustain us on a financial level, but more than that it is an example that has received an enormous amount of coverage in the last year of **how we can change our world simply by honoring local foods.**

"The society that doesn't know where its food comes from is a society without culture, and humanity without culture will perish." - Masanobu Fukuoka.

I would go as far to say that **this food is a cultural redemption.** Looking forward to your visit. Please e-mail [krishnamckenzie@auroville.org.in](mailto:krishnamckenzie@auroville.org.in) to register for the lunch scheme. Yours, Krishna, Solitude Farm Cafe

[Solitude Farm | Weekly Newsletter](#)

### Visitor's Centre Cafeteria on Local Food Sufficiency

Re: the current Pulse question on eating more local food and food sovereignty, one of the points highlighted is "eateries putting more local food on the menu..." I would like to share what we did at Visitors Centre Cafeteria during the month of April under lockdown.

The VC Cafeteria went on producing food for the Lunch Scheme and various takeaways. We drew as much as possible on our own farm garden resources (Thank you Krishna, Shankar and Vikram for helping set that up and making it flourish!). Apart from tomatoes, onions and mushrooms that kept on coming from the market, we sourced most other vegetables and all fruits from Foodlink and concentrated on using every edible part of the plants in order not to waste anything and to keep our costs as low as possible. Preparing simple Mini Rice Meals and Healthy Plates whose menu changes every day is really well suited to this approach.

Plantain (cooking banana) flower, stem and fruit all went into different pooriyals (vegetable side dishes) for the mini rice meals. Papaya both green and ripe has been a staple for salads and desserts, we used the drumsticks in the sambars as well as their leaves that also went in soups, and used the other seasonal veggies, radish, brinjals, beans, chilli, tomatoes in a variety of ways both western and local style. We swapped market palak for Basella spinach, Kire spinach for Sissoo to make soups and gratins, and regular potatoes for sweet ones. Some dishes disappeared... but others were tried and this period gave us the opportunity to make changes and be more reliant on food grown in Auroville. Figures for the month show only Rs 22,275/- going to outside providers for fruits and vegetables and a value of Rs 88,829/- being kept and circulated in Auroville for procuring farm produce, including eggs and milk.

We were very lucky that our organic goods container was filled just before lock down enabling us to draw on our reserves for all our wheat, sugar, pulses, rice, oil and other needs so we could continue to provide mostly organic food during the period.

### Easy Procurement Solutions

Since the recent relaxation, we have been able to procure many needed materials and equipment from Pondy for Aurovilians without much hassle. We are grateful that we are now able to resume our work on behalf of the Auroville community and be of service. In addition to procuring our normal items (construction materials, household electronics and appliances etc.), we would also like to try to expand our service to pick-up and drop off of items purchased in Pondy through other means. So, if **you've made a purchase in Pondy and need to find a way to get here**, please get in touch with us and we will do our best to find a reasonable solution for you.

Easy Procurement Solutions (EPS); [eps@auroville.org.in](mailto:eps@auroville.org.in)

**Udavi School Annual Report 2019-2020 can be seen here:**  
[https://auroville.org.in/sites/www.auroville.org.in/files/art-icle\\_attachments/Udavi\\_annualreport2020.pdf](https://auroville.org.in/sites/www.auroville.org.in/files/art-icle_attachments/Udavi_annualreport2020.pdf)





The **FARMER'S MARKET** happens MONDAYS & FRIDAYS at TERRSOUL from 9.30 on. A few farms will offer their **FRUITS & VEGETABLES**.

Please bring your **BAGS** and **EMPTY JARS**, and please respect the rules (masks, distance, spray)

Please share this information with your friends.

### INTEGRAL HEALTH

*Classical homeopathy hypnotherapy child care*

*Providing alternative health care for Aurovilians, Newcomers and volunteers since 2001.*

Information on the 200 year experience of homeopathy treating epidemic diseases is available. An introduction to homeopathy can be found here: <https://www.youtube.com/watch?v=MXpp45i4Vrw&feature=outu.be&fbclid>

We are also offering a **short training in "Homeopathic First Aid"** for accidents, fevers on **Wednesday 27 May, 5pm in English and Tamil.**, on request in German and French. Sign up via [integralhealth@auroville.org.in](mailto:integralhealth@auroville.org.in) or phone 2623669 mornings. And we'll send you a zoom link!

**First Aid Kits with 32 remedies** are available, description in English, French, German and Tamil are available. Please contact us if you like to learn how to use homeopathy for First Aid.

Available free from our remedy box in the waiting area, 24/7. Come take anytime:

- **Okoubaka:** alleviates complaints after exposure to pesticides.
- **PC Shock Trauma, PC Allergy, PC Diabetes, PC High Bloodpressure etc.** and **70 more PC remedies for trauma**, as well as **chronic diseases** are available
- **Harmony and Samata**, remedies related to The Mother's and Sri Aurobindo's energy.

Benefits are well established - no side effects.

Transformational sessions in integral regression therapy are also available.

**Consultations** are available in English, French and German, and Tamil. And are free for Aurovilians, Newcomers & long-term volunteers. Donations are welcome. You may contact us at [integralhealth@auroville.org.in](mailto:integralhealth@auroville.org.in) to enquire about the most suitable approach for your health or psychological issue.

Integral Health, Prayatna 2623669, Sigrid, [sigrid@auroville.org.in](mailto:sigrid@auroville.org.in), [www.sigridindemann.com](http://www.sigridindemann.com); Aditi, 9428429642; Malar [malar@auroville.org.in](mailto:malar@auroville.org.in) 9080054843

### NEEDED

**Housekeeping work** - I am Selvi from Apprapet. For a long time I am looking for work, full or half day as an amma. I have three children and no income and I can't support my family. so please if anyone need for house-keeping work please contact me at 9786807071. Thank you, - S. Balu

**Housesitter** - Still looking for the appropriate responsible housesitter for Nilatangham main house, starting July, for some months. Contact [ambre@auroville.org.in](mailto:ambre@auroville.org.in)

**Second hand AC and batteries for a UPS** - We really, really, **really** would appreciate your help! It is HOT! Love, Ganga, WhatsApp +91 6379 555 708 or ph +91 956 693-5374.

**Wellness retreat home cohabitants** - If there is anyone interested in conscious, healthy, and meditative living and is looking to share a large modern beautiful home, please feel to get in touch with me. It would be like living in a wellness retreat :) - G, [sattvig@gmail.com](mailto:sattvig@gmail.com), 840-799-7970

### AVAILABLE

**We're MOVING - Come see what's available!**  
**SATURDAY, 23<sup>rd</sup> May, 2 -5:30 PM**

At **Angiras Garden**, left, 6th house - tall white house with Mother's symbol in the windows. We are shifting to a smaller house, and have a couple of beautiful beds w/ mattresses, plus cupboards, tables and chairs, office chairs, desks, children cycles (brand new), baby strollers, car seat for toddler, also Royal Enfield motor bike. With Love, Prem Shakti, 9489244823

**Excellent Amma** with 18 years' experience available for full-time work. Contact 948 636 3525 for particulars.

**Amma** from Kottakarai village available - 20 years' experience in house cleaning and gardening in Auroville. Contact: Anton, 9443085056 or Amudha 0413-2622105

**Excellent amma** - Due to some reshuffling, an excellent amma is available on Mondays and Thursdays. Please contact Alain Grandcolas (94433.62217)

### WORK OPPORTUNITIES

#### Job Opportunity: FAMC Administrator

FAMC urgently needs an Aurovillian or Newcomer who is able to take care of secretarial tasks, such as taking minutes, making agendas, responding to emails, and issuing resolutions.

What we need from you:

- Be present: Monday - Friday 9.00 - 5:00 are the office timings.
- Have good communication skills
- We expect you to inform the rest of the team in advance of any changes in your work routine. We expect a commitment of at least 6 months after a three month trial period.
- Be self-motivated and driven. We expect you to be proactive and get the work done.
- Ability to work in a team
- Be accountable: we expect you to organise your work transparently, report on deliverables/outcomes, and take the initiative to ask for help when you need it.
- Maintain confidentiality

Required skills:

- Excellent written and oral English
- Good computer skills
- Good work organisation skills (reliability and responsibility)
- Team work
- Other languages a bonus

What can you expect?

- A maintenance.
- The current team will train you on the tasks involved, most of which are recurring, so you will get used to them soon.
- If you need mentoring on specific tasks FAMC and/or secretariat members are available to guide you.
- Growth potential towards higher levels of responsibility

Please contact: [famc@auroville.org.in](mailto:famc@auroville.org.in) with subject- FAMC SECRETARY along with a motivation letter and a recent CV.

### MATRIMANDIR

#### Volunteers needed for garden weeding work

The gardens have grown a lot of weeds in the past 45 days of lockdown. Since we are working now with half the labor, it is taking a long time to weed them out so it spreads a little bit more. We could of course somehow manage to get it done but we felt it would be good for the soul to have some of you come and help. Please come **weekdays between 7am and 9am** via

the office gate to the gardens. The main garden person will guide you to the areas to be weeded. After that you can inform garden coordinator to see if you like to come at a different time. Thank you! - Matrimandir Team

**The 12 Gardens and the 800 Flowers**

- Pavel Bogdanovich

**The Bliss Garden**

*"Ananda is the essential nature of bliss of the cosmic consciousness, and in activity, its delight of self-creation and self-experience."* - [Sri Aurobindo SABCL 15: 93]

The main flower: Ananda

*"Calm, tranquil, equal, smiling and very sweet in its truly simple austerity"*



**Sub-gardens:**

Ananda in the physical - *"May it be welcome, even if it manifests itself rarely"*

Ananda in the centres - *"This will be one of the benefits resulting from physical conversion"*

Ananda in the physical body - *"Purified of all desire and all repulsion, with perfect equality and surrender, the physical body is ready to enjoy the Divine Ananda"*

Krishna's Ananda - *"Manifold, abundant and so full of charm"*

**Ananda (12 flowers)**



Ananda in the physical



Ananda in the centres



Ananda in the physical body



Krishna's Ananda



Sachchidananda



Ananda of endurance

Sachchidananda - *"Strong and pure, it stands erect with its creative power"*  
 Ananda of endurance - *"To know how to bear and endure undoubtedly creates a strong and lasting joy"*



Nature makes an offering of her beauty



Bird of paradise

Nature makes an offering of her beauty - *"It is a spontaneous and effortless offering"*  
 Bird of paradise - *"A bird that never flies away"*

**Sweetness (6 flowers)**

*"Let the sweetness and the happy feeling increase, for they are the strongest sign of the soul, the psychic being awake and in touch with us. Let not mistakes of thought or speech or action disturb you - put them away from you as something superficial which the Power and Light will deal with and remove. Keep to the one central thing - your soul and these higher realities it brings with it."* - Sri Aurobindo

**Gentleness (Kindness)**  
 - *"Always gracious and loves to please"*  
**Vital gentleness** (no comment given)  
**Sweetness (Gentle mind)**  
*"Adds its smiling touch to life without making a fuss"*  
**Kindness of Nature** - *"She is kind when she is loving"*



Gentleness (Kindness)



Vital gentleness



Sweetness (Gentle mind)



Kindness of Nature

**Joy (17 flowers)**

*"It is an inner joy and cheerfulness that helps, but this is merely a vital bubbling on the surface. It is all right in ordinary life, but in yoga it merely expends the vital force for nothing"* - Sri Aurobindo

**Joy of integral peace** - *"Calm and tranquil, an unfailing smile"*  
**Joy of beauty** - *"Beauty is the joyous offering of Nature"*  
**Joyful expression** - *"It enjoys itself and gives enjoyment to others"*  
**Joy's call** - *"It is modest and rarely makes itself heard"*



Joy of integral peace



Joy of beauty



Joyful expression



Joy's call



Joy of spirituality



Joy of integral faithfulness

**Joy of spirituality** - *"The reward of sincere efforts"*  
**Joy of integral faithfulness** - *"That bond of love which makes all faithfulness so easy"*  
**Joy of victory** - *"It resembles victory without having its power"*  
**Joy in fairyland** - *"Light, smiling, effortless, it invites us to share its joy"*



Joy of victory



Joy in fairyland





Joy of vegetal Nature in answer to the new Light



Spontaneous joy of nature (Restfulness)



Vital joy in Matter



Contemplation of the Divine

Joy of vegetal Nature in answer to the new Light - "It dances with joy and laughs happily"

Spontaneous joy of nature (Restfulness) - "It is man who has made Nature sorrowful"

Vital joy in Matter - "The reward for abolishing selfishness"

Contemplation of the Divine - "Occupied exclusively with its joyful contemplation"



Spiritual happiness



Glad remembrance

Spiritual happiness - "Calm and smiling, nothing can disturb it"

Glad remembrance In activity and in silence, in taking and in giving, always the glad remembrance of Thee"



Joy of union with the Divine



Sun-drop

Joy of union with the Divine - "Lavishly scented, it fills the heart with joy"

Sun-drop - "Luminous and lovely it brings joy"

### Cheerfulness (4 flowers)

"Cheerfulness is the salt of the sadhana. It is a thousand times better than gloominess" -Sri Aurobindo

Cheerfulness - A joyful smile of nature" Cheerfulness in work for the Divine "Work for the Divine and you will find an ineffable joy filling your being"



Cheerfulness



Cheerfulness in work for the Divine

Mental cheerfulness "It knows how to enjoy everything" Cheerful endeavor - "The joy that one finds in the effort towards the Divine"



Mental cheerfulness



Cheerful endeavour

### Enthusiasm (16 flowers)

"As a rule, I mean in their unchanged condition, the lower parts get interested and enthusiastic when the ego mixes with the interest. But the pure enthusiasm can come into them as they get more and more converted and purified and they then become very indispensable forces for the realisation" -Sri Aurobindo

Enthusiasm - "True enthusiasm is full of a peaceful endurance"

Cheerful enthusiasm - The best way of facing life. Joy unites with enthusiasm in action"

Psychic enthusiasm - A state that only the Divine can awaken"

Integral enthusiasm- "The whole being does whatever it does with ardour"



Enthusiasm



Cheerful enthusiasm



Psychic enthusiasm



Integral enthusiasm



Cheerful enthusiasm in the higher vital



Cheerful enthusiasm in the most material vital

Cheerful enthusiasm in the higher vital - "The result of perfect surrender to the Divine"

Cheerful enthusiasm in the most material vital "The most material vital will find its joy in enthusiastic action when it is governed by the Supermind"



Enthusiasm in action



Cheerful enthusiasm in action

Enthusiasm in action - All actions are done with energy and ardour"

Cheerful enthusiasm in action - "Action will become joyfully enthusiastic when it is governed by the Supermind"

## Bliss

### Ananda

- Divine Ananda
- Krishna's Ananda
- Sachchidananda
- Ananda of endurance
- Poetic ecstasy
- Spontaneous beauty
- Bird of paradise

### Joy

- Joy of integral peace
- Joy of beauty
- Joyful expression
- Joy of spirituality
- Joy of integral faithfulness
- Joy of victory
- Vital joy in Matter
- Joy of vegetal Nature in answer to the new Light
- Contemplation of the Divine
- Spiritual happiness
- Sun-drop

### Cheerfulness

- Cheerfulness in work for the Divine
- Mental cheerfulness
- Cheerful endeavour

### Enthusiasm

- Cheerful enthusiasm
- Enthusiasm in action
- Enthusiasm in higher vital
- Psychic enthusiasm
- Integral enthusiasm

### Sweetness

- Gentleness (Kindness)
- Sweetness (Gentle mind)
- Kindness of Nature

P.S. Hope you have learned something interesting about Bliss.



### Calling the Future - Community Survey

Numerous initiatives are being shared and considered all over the world in response to the global confinement, bringing forth ideas on how not to fall back into the same, and often dangerously unsustainable, patterns as before.

Two very different perspectives are emerging. One is to massively reinvest billions into the same way of life - the notion of unlimited expansion and growth - and try to continue as if nothing has happened. The other is to put these investments and energy into rebuilding a new society based on more sustainable models, while actively involving the population in that process.



**What about Auroville?** Tomorrow, or in a few weeks or months, do we want to come back to familiar ways of functioning and behaviour which do not really achieve what we ultimately want to see manifested?

Or shall we use this opportunity to learn from the many things this confinement has shown us about our way of life, and come up with new ideas and initiatives for the future?

In fact, this is already happening. So today, with some friends and the support of the Residents Assembly Service, we are launching this survey to collect all the good initiatives that have been taken during the lockdown, as well as the new ideas and expectations that are arising, and to reflect on how they can be implemented. We are looking forward to having your feedback. Here is the link to fill in the survey: [https://docs.google.com/forms/d/e/1FAIpQLSeOTp\\_Xn83TW\\_XB3EcEkH6ymLsdzUpDT...](https://docs.google.com/forms/d/e/1FAIpQLSeOTp_Xn83TW_XB3EcEkH6ymLsdzUpDT...) Some print copies are available at PTDC, PTPS and Town Hall desk for those who can't fill it on the internet. You can return the completed print copy to the place you picked it up.

- Warmly, Alan, Amy, Dan, Isha, Laurence, Maël

\* \* \* \* \*

### Who stole the moon?

in the wild  
wolves lost a new song for the full moon night,  
and fireflies sought vainly in bushes,  
for the hidden moon.

Flowers had an overstock of perfumes  
to spread in moon-nights,  
Ocean was tormented to kiss his lover in tide.

Lover ran to the roof again and again,  
watching the falling stars with melancholy.  
In an empty garden too,  
with big battery torch, behind the banyan tree,  
she searched his bag,  
to see if he had stolen it for her.

In an armchair under open skies, Mother  
with tumultuous mind, was knitting for her grandsons  
a story to tell.  
What could she say?

"It was stolen by the whipped-will of the poor"  
or  
"the owls, in desolation, flew away with it"  
or

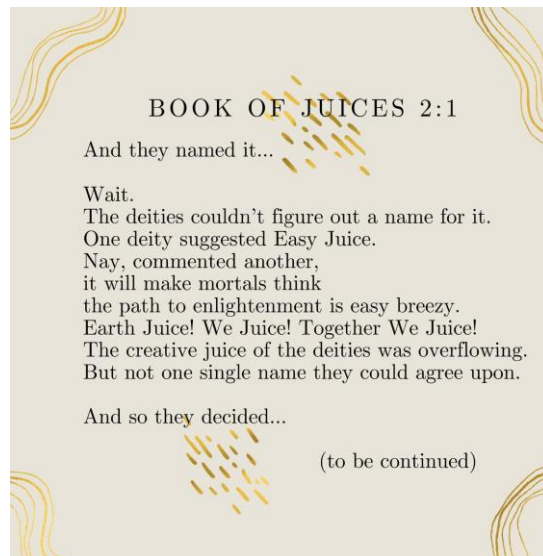
"the wolves hid it from us", or "the ocean took it,  
to seek his profundity",  
or

"the one who stole honey from bees, nectar from flowers, skin  
from the innocents; homes from the weak,  
Dreams from adolescents,  
and  
shadows from earth ..."

The story fell,  
unwoven;  
each and every time.

Vivek singh  
Needam-certificate community

\* \* \* \* \*



### An Integral View of the Current Global Chaos - In the Light of the Integral/Supramental Yoga of Sri Aurobindo and the Mother

~ submitted by Zech

As a continuing narrative from my poems, writings and sharings, and without beating around the bush, the ongoing seeming crises and chaos are all part of The Lila, The Evolving Play of the One and Its Many. Whether we like it or not, aware or unaware, going with the flow or tossed about, we are all at play in The Great Cosmic Game.

With the evolution of consciousness and life on Earth that has been unfolding for billions of years reaching critical mass in complexity with Homo sapiens, we have at last reached the peak of the Age of the Mental Animal Human being, ushering in the next quantum leap in the transformation to a higher species. The Supramental Age has already well started since 1956, and we are now in the increasingly chaotic transitional stages before the physical manifestation of the Supramental being.

To understand the seen and unseen forces at play on Earth involved in the evolutionary process, here is Sri Aurobindo: "Looking at what happened in 1914 - or for that matter at all that is and has been happening in human history - the eye of the Yogi sees not only the outward events and persons and causes, but the enormous forces which precipitate them into action. If the men who fought were instruments in the hands of rulers and financiers, these in turn were mere puppets in the clutch of those (hidden/hyperdimensional) forces. When one is habituated to see the things behind, one is no longer prone to be touched by the outward aspects - or to expect any remedy from political, institutional or social changes; the only way out is through the descent of a (embodied) consciousness which is not the puppet of these forces but is greater than they are and can compel them either to change or disappear." - Source: <https://veilofreality.com/the-hidden-forces-of-life-by-sri-aurobindo>

The undivine and still powerful Lord of Falsehood and his supraphysical horde, who play their sinister roles relentlessly, will not just go in a whimper. To anyone familiar with the revelations in the Mother's Agenda (Jan 12, 1965), let us be reminded what this asura, who calls itself The Lord of Nations, said to the Mother after she sneaked in as him to fool Hitler in attacking Russia: "I know, I know I will be defeated eventually, but before my end comes I will wreak as much destruction on earth as I can." And so Hitler blunders big time and ultimately loses the war. But these hostiles just go on to their next possessions. Then Stalin, and so on with all the human warmongers and their cabal as enumerated in history, all the way to the present. The Lord of Falsehood knows their time is almost up, but will continue to create chaos with the usual

mottos "Dumb them down, instill fear, divide and conquer."  
...and at the finale "I burn, you burn."

However, we also have to fully factor in the influence of the Divine and Compassionate Supramental Consciousness-Force that is exponentially increasing. There will be destruction, but not catastrophe. It's all part of The Great Cosmic Game... a felt experience though, and pain is a bummer.

So the Battle of Kurukshetra continues, and one has to choose which camp to join. All over the world we can observe the ongoing battles, both within ourselves and their external expressions in society. Here in Auroville, in creating it the Mother was specifically clear: "...to live in Auroville, one must be a willing servitor of the Divine Consciousness."

Here's the Mother in the Agenda of June 9, 1971:  
*"There's an onslaught of adverse forces. A ferocious onslaught. But the Response is beginning to come - just a very small beginning. In each person there was like a storm, and it's not completely over. Everything you thought was conquered and pushed away is rushing back - in the most unexpected persons - under every guise, but mainly in the character, oh!... doubts, revolts, everything...."*

#### Solutions?

There's no one single solution, as The Great Cosmic Game is a massively multi-player, multi-dimensional multi-beings, multi-platform, multi-level, highly interactive game. There are many solutions just under our noses. To fellow practitioners of Integral/Supramental Yoga, we are very privileged to be under the wings of the ultimate revolutionaries: Sri Aurobindo and The Mother.

It has long been obvious for me: human beings are compromised. "Man is a transitional being." That is why I am more interested in the hidden forces that precipitate the human drama, individually and collectively, and how to transcend, or best, to transform beyond humanity's limitations and the Ignorance that are dragging it down.

With Integral/Supramental Yoga, practicing the teachings is the push, not just hollow devotion. And as humans are still predominantly "mental" beings, then the keyword is "understanding" the teachings. Without proper understanding, application is difficult, as there are many pitfalls and deceptions, subtle twistings of the Truth by the adverse and hostile forces.

And so follows the importance of Jnana Yoga (Yoga of Knowledge of the One and Its Many), a crucial aspect of the triune practices in the Integral/Supramental Yoga, which include Karma and Bhakti Yogas.

Also, the accent on "doable solutions", applicable to the capacity of each unique individual, that are presented in the many-level Integral/Supramental Yoga (Beginner, Intermediate, Advanced and everything else in between). We don't expect everyone to be at the same level.

And so my adventure continues here in Auroville. Why Auroville? Of course the whole Earth is the Stage, but Auroville is the cradle of the Supramental being, according to the Mother, and Sri Aurobindo in his writings, they the revolutionaries who started the Supramental Age. That is why Auroville was created in the first place, and is progressing as an ongoing experiment in both the individual and collective evolution of the species: - Source:  
[www.auroville.org/contents/95](http://www.auroville.org/contents/95)

Anyone with goodwill is welcome.  
So what say you, o wise human?

Also available on AuroNet showing group discussion and commentaries: <https://auroville.org.in/blog/zech/79602>

## GREEN MATTERS



### Water Saving Tip of the Week!

Leaky faucets that drip at the rate of one drop per second can waste up to 10,000 litres of water each year. Be sure that there are no leaky taps in your house or your community.

With love from the Water Group, helping Auroville become a water-sensitive city. [watergroup@auroville.org.in](mailto:watergroup@auroville.org.in)

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### From Doughnuts to a Post - Covid Future and Some Rumbblings in the Green Movement

#### The Dutch Doughnut Model

We mentioned earlier that the city of Amsterdam embraced 'the doughnut model' to mend their post-corona economy. What does this mean? Dutch officials decided to ditch neoliberal doctrine of "markets are all that matters" for British economist Kate Raworth's guidance described in her bestselling book [Doughnut Economics: Seven Ways to Think Like a 21st-Century Economist](#). Here are the basics:

- The inner ring of her doughnut (or *medu vada*) sets out the minimum we need to lead a good life, derived from the [UN's sustainable development goals](#), ranging from food and clean water to housing, sanitation, energy, education, healthcare, gender equality, income and political voice. Anyone not attaining such minimum standards falls through the doughnut's hole.
- The outer ring of the doughnut/*vada* represents the ecological ceiling drawn up by earth-system scientists. These are the boundaries across which human kind should not go to avoid damaging the climate, soils, oceans, the ozone layer, freshwater and abundant biodiversity.
- Between the two rings is the good stuff: the dough, the sugar & spice where everyone's needs and that of the planet are being met.

The model is announced by the municipality of Amsterdam as the starting point for public policy decisions. Deputy mayor Marieke van Doorninck: "I think it can help us overcome the effects of the crisis (...) It can help us to not fall back on easy mechanisms. (...) The doughnut does not bring us the answers but a way of looking, so that we don't keep on going on in the same structures as we used to." One of the insights was that Amsterdam port is a major hub for cocoa, which is often grown with slave and/or child labour. A question then becomes: do we consider this impact as part of our economic choices? If yes, what can we do about it? Another insight was that tourism was pushing out affordable housing. A coalition platform was launched where public and private players can meet and sign up for "Doughnut Deals" to implement urban projects and evaluate them using the model. Could this be something Auroville can use?

\*\*[The Amsterdam city portrait](#) was created by Doughnut Economics Action Lab, in collaboration with Biomimicry 3.8, Circle Economy.

#### Re- imagine the Future with a Global Green New Deal

The UN Environment Program (UNEP) responded to the global crises of 2008 with a mix of policy actions that would stimulate economic recovery while improving the sustainability. The [Global Green New Deal](#) (GGND) calls on governments to allocate a significant share of stimulus funding to green sectors and sets out three objectives: (i) economic recovery; (ii) poverty eradication; and (iii) reduced carbon emissions and ecosystem degradation. It proposed a framework for green stimulus programs as well as supportive domestic and international policies.

We knew in 2009 that our system was broken. The Covid-19 pandemic confirms everything we know about the cruelty of the global economy and the injustices of our societies. Before this crisis struck, millions were already suffering from climate breakdown and perverse inequality. Now calls for climate justice are ringing louder than ever, from every corner of the globe. In India the Center for Financial Accountability is hosting a series of webinars on “*Creating a people’s plan to build resilient economies, based on the principles of a just transition and recovery.*” See: [www.cenfa.org/rtf](http://www.cenfa.org/rtf).

**Review ‘Planet of the Humans’** a contrarian Eco-documentary by Michael Moore and Jeff Gibbs -was uploaded free online on Earth day and recommended on Auronet and several sites. Michael Moore - the radical off-beat activist and filmmaker of documentaries like Bowling for Columbine and Super Size Me - has enraged renewable energy experts and environmentalists, with some calling for him to apologise, or even retract the film. Critical reviews came in thick and fast. The documentary now has over 6 million views on [YouTube](https://www.youtube.com/watch?v=Z8W11111111). Across its 102 minutes, Jeff Gibbs weaves a narrative that renewable energy is just as bad as fossil fuels, high-profile environmentalists (like Bill Mc Kibben from 350.org, Al Gore and Val Jones) are corrupted by capitalism and population growth is the great unspoken enemy. “It’s truly demoralizing how much damage this film has done at a moment when many are ready for deep change” said Naomi Klein, Canadian activist and journalist. “There are important critiques of an environmentalism that refuses to reckon with unlimited consumption and growth. But this film ain’t it.” Moore has continued to defend the film.

Why are so many people so angry? Well, are renewables really just as bad as fossil fuels? The film’s commentary on renewable energy is said to be out-of-date, superficial, simplistic, misleading and biased. The pace of change in the renewable energy industry is rapid so a film that wants to inform viewers should be as up-to-date as possible. But much of the footage and issues in this film are a decades old. It criticises solar and wind because you need lots of materials, energy and metals to make them. But the film does not actually compare net gains or look at lifecycle analyses of the technologies it criticises. It criticizes biomass energy by looking at one subset of biomass technology that is essentially bad (for example ethanol from corn is environmentally damaging, but ethanol from waste starch is not).

As [Georges Monbiot writes in the Guardian](#) “It is an excruciating mishmash of environment falsehoods and plays into the hands of those Michael Moore once opposed. The film does not deny climate science. But it promotes the discredited myths that deniers have used for years to justify their position. It claims that environmentalism is a self-seeking scam, doing immense harm to the living world. This has long been the most effective means by which denial - most of which has been funded by the fossil fuel industry - has been spread. Everyone hates a scammer.”

Many films have criticized green technologies, while letting fossil fuels off the hook, but now the attacks come from a famous campaigner for social justice, it feels like being stabbed in the back.

Gijs & Lisbeth, AV Green Center, [avgreencenter@auroville.org.in](mailto:avgreencenter@auroville.org.in)  
*The Green Column appears bi-monthly in the News & Notes and on Auronet. We report on green issues in Auroville, the bioregion and the wider world. We like to hear from you!*

## CULTURAL ACTIVITIES



### AUROVILLE ART SERVICE - ‘basket’ for the week

1. **IN ISOLATION: YOU, ME, WE** - The Lucie Foundation is proud to present its second Open Call in partnership with Musée Magazine. This Open Call will feature 40 photographers / images that will be displayed in an Online Exhibition on both [Lucie Foundation](http://www.luciefoundation.org) and

[Musée’s](#) websites, 10 images from each category. The top 10 images/finalists will also be published in a dedicated article in the Fall issue of [Musée Magazine](#).

**Theme** for this Open Call is: **IN ISOLATION: YOU, ME, WE**  
 Categories: Portrait, Documentary, Fine Art and Landscape  
 Photographers of all backgrounds and using all formats are welcome to submit up to 5 images per category.

2. **INTEGRAL CONSCIOUSNESS: Sri Aurobindo’s Yoga and how Haridas Chaudhuri brought it to the West** - Free streaming is offered of this film on <https://integralinspirations.vhx.tv/products/integral-consciousness-sri-aurobindo-s-yoga-and>

On the website, click RENT \$0.99. In the new page, click on the option RENT \$0.99. Click on PROMO CODE under Payment Details. Type the promo code INTEGRAL and then click on Apply. The price changes to \$0.00  
 Fill in your name and email and create a password. Check the box that allows newsletters. Click on Redeem Now.

3. **ISA PRIETO shared with us -**  
<https://www.sketchbookproject.com>

This is a digital library of artists’ sketchbooks. You can share your own sketchbook and access the sketchbooks of numerous artists.

The digital library is the virtual extension of the Brooklyn Art Library and contains 25,019 complete scanned sketchbooks. Isa says: “Now with the lockdown and so many people hanging out at home - I thought this could be an interesting project”

Opportunity to register for the **European Film Festival** (not EUFF) has recently launched. You will find all the details and links below. Full film details with synopses and trailers can be found on the dedicated [website](#) that is embedded in the infographic below, as well as in the attached .pdf.

The catalogue offers features and shorts from across the continent representing multiple genres and styles. The films on offer have been awarded across the festival circuit, from Karlovy Vary and Amsterdam to Locarno and Raindance. There is no screening fee and access is provided to a virtual screening room once participants [sign up](#). All 19 films are available to watch till June 18<sup>th</sup> with no restrictions on personal schedules. At this time of confinement, I hope this digital initiative can offer some respite by bringing creative Europe home, and also provide us a testing ground for the possibility of an online version of EUFF.

## CLASSES/WORKSHOPS



### Tatiana's online yoga classes

Yoga Iyengar			
Asanas - Simple movements	All levels	Mon	7.30 - 8.45am
Inverted Asanas-included	Level 1 & 2	Tues	5.30 - 7.00pm
Asanas - level 1 & 2	15 mi extra if also Inverted asanas	Wed	7.30 - 8.45pm
Asanas - level 1 & 2	15 min extra if also Inverted asanas	Fri	7.30 - 8.45am
Immunity & Hormonal Balancing	Intermediate & Advance	Sat	4.30 - 6.00pm

Regular students only and advance registration required. This classes till end of May- 2020



# ECOSERVICE

YOU separate in 6 Categories WE do it in 60!  
All sanitary is directly bury in the ground.

MIX PAPER	
NEWSPAPER (crumple)	
NEWSPAPER (flat)	
WHITE PAPER	
NOTEBOOK	
BOOKS	
MAGAZINE	
CARDBOARD	
CEMENT BAGS	
PAPER FOR BREAD	
PAPER	

HARD PLASTIC	
SOFT PLASTIC	
PLASTIC BOTTLE	
TRANSPARENT (noise)	
TRANSPARENT (no noise)	
CARRY BAGS	
MILK, OIL & WATER BAGS	
PLANTS BAGS	
SACKS	
PLASTIC ROPE	
BUBBLE WRAPPER	
BLACK & WHITE FOAM	
PVC PIPE	
FLEX PIPE	
PLASTIC	

TISSUES & NAPKINS	
CONDOM	
DIAPERS	
MENSTRUAL PADS	
DENTAL FLOSS	
CIGARETTE & EAR BUDS	
PLASTER	
HAIR & DUST	
SANITARY	

BRASS & COPPER	
ALUMINIUM	
ALUMINIUM CAN	
ALUMINIUM FOIL	
ALUMINIUM SPRAY	
OIL TIN	
IRON	
THIN IRON	
STAINLESS STEEL	
WIRE	
METAL	

AUROVILLE BOTTLE	
CLEAR BOTTLE	
GREEN BOTTLE	
BIG LOCAL BEER	
SMALL LOCAL BEER	
BREEZER	
1/4 BOTTLE	
BROKEN GLASS	
GLASS	

ELECTRONICS	
CIRCUIT	
PRINT. CARTRIDGE	
TAPE CASSETTE CD	
BULBE	
BATTERIES	
TOXIC PRODUCT	
STYROFOAM	
TRANSPARENT (PRINT) ALUM. WRAPPER	
TETRAPACK	
PET FOOD BAGS	
PILLS	
TIRES TUBES TIRES	
CLOTHES, SPONGE EVERTHING ELSE... buried in the ground!	
NON-RECYCLABLE	

KEEP EVERYTHING CLEAN & DRY

NO ORGANIC WASTE!

