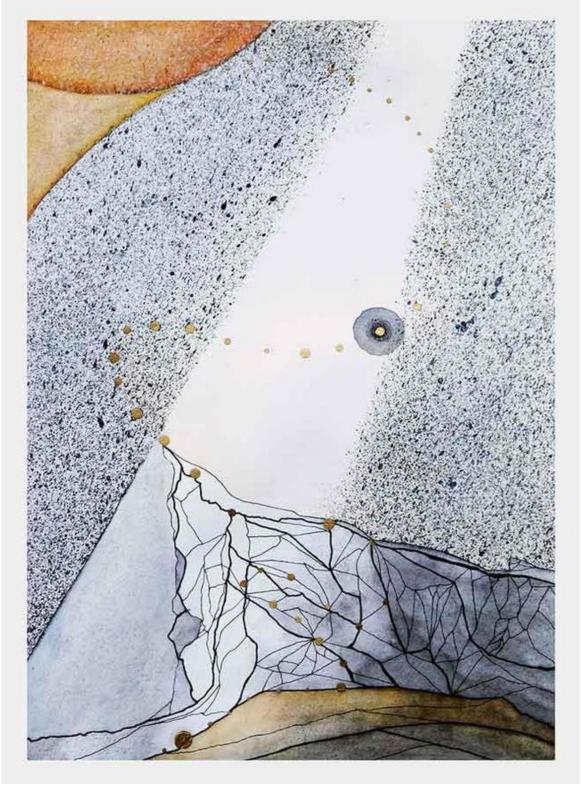
# NEWS AND NOTES

No 824

A weekly bulletin for residents of Auroville

27<sup>th</sup> June 2020



**Nectar of Light** 

pen & watercolor by Lavanya P.

# HOUSE OF MOTHER'S AGENDA



#### 31 December 1966

Mother gives Satprem a red rose:

The red rose is the order of the "knights of the Truth." Don't you know this?... I began placing it when Colonel Répiton came here, the one who made the Africa march during the war. Every morning I would give him a red rose, and with him I instituted it. Since then, when I give any man a rose (I give them a red rose), it's so he becomes a knight of the Truth.

But I don't tell him.

(Soon afterwards, Satprem proposes he might himself translate a certain text in order to save Mother's time. Mother smilingly refuses and wants to do it herself:)

If I listen, Sri Aurobindo will say it to me, so it will be better!

All of a sudden he tells me what I should write - it's so clear! So clear, so evident. Sometimes there's even a word I don't hear well; I say, "What?", like that, and he repeats it!

I think that's why I am becoming deaf! It's because I am constantly listening there (gesture turned upward), all the time. So I am not listening enough here.

It's the same thing with my eyes.... I have started seeing things with my eyes open, and, oh!... People's state, their thoughts, and especially the state of their vital (because it's a vision of the physical, a very subtle, very vitalized physical, and it's a representation of things in pictures). And their state shows itself as... if you knew (Mother laughs) the things one can see!... A myriad of forms, faces, expressions. You'd think it's an album by the sharpest humorist imaginable. It's extraordinarily humorous and sharp in the perception and the sense of how ridiculous people are. Then, in the middle of all that, suddenly a beautiful form, a beautiful picture, a beautiful expression appears; something so beautiful, so pure, so wonderfully noble! And it all turns round and round, constantly. It's very amusing, really.

I had always complained it was a realm in which I didn't see. I mostly saw (in the past), I mostly saw mentally - mental visions - and also, naturally, I saw all the way up (but that was organized), and to some extent in the vital, especially at night, but anyway... The vision was highly developed, very clear and precise, but physically ("physically," I mean in the subtle physical and physically), I had never seen with open eyes: I always saw the stark reality as it is, never anything else, and I had always complained about it. Until suddenly it came: one day I started seeing, and then...! (Mother laughs) Now I am obliged to calm it down, because (laughing) it's too much. But it's unbelievable - unbelievable how full of forms the air is, and such expressive forms! It's as if, yes, a humorist, a caricaturist, even, were constantly making the subtle representation of what goes on materially.

And I think that's what people see when they have what medical science calls "hallucinations," when they have a fever, for instance. But I already knew this because I once had such a high fever that I was in the state in which, according to doctors, you "go off your head." Then I saw (with the material vision), I had the vision of all the hostile beings rushing to attack me from every side - it was frightful! You understand, it's the support of the material consciousness that's no longer there, you are wholly in that vision, and that's why you generally get frightened, while others believe it's a "hallucination." I remember (Sri Aurobindo was there), at the time I told him, "Ah, now I know what hallucinations caused by fever are." - It has nothing to do with hallucinations! But it's not pleasant, it's the vision of a world that's not pretty.

But now, it's not the result of fever, it's simply the vision I have. But then...! As I said, there's anything and everything there, all possibilities; and probably because of the quality of the aura [of Mother], I haven't seen anything really unclean or ugly. But it must exist - it must exist, but it doesn't get in.

But what one sees is the work of a priceless humorist! Things... like men's great ambitions, for example, also their self-satisfaction, the opinion they have of themselves, oh, it's all so comical! Those lives are shown in relation to (and, so to speak, in contact with) the Truth-Light, and then the difference between people's movement (or thought or attitude or action, or state of consciousness) and the Truth, the state of Truth, becomes plain to see, oh, if you knew!... But it's not seen by someone severe or harsh, no, no! It's seen by someone very sharp - very sharp - with a wonderful sense of humor and a charming irony.

It swarms and swarms....

Then, the other day (yesterday or the day before), I said to Him, "All right, that will do! Now I'd like to go into silence and peace and a luminous immensity" (you remember, like during that meditation we once had here; that's far more pleasant!). Then it calmed down.

(to be continued next week)

Volume 7. 1966: Agenda of the Supramental Action Upon Earth

P.S. There's a HOMA page on the Auroville website: <a href="https://www.auroville.org/contents/1085">https://www.auroville.org/contents/1085</a>



Work as if the ideal had to be fulfilled swiftly & in your lifetime; persevere as if you knew it not to be unless purchased by a thousand years yet of labour. That which you dare not expect till the fifth millennium, may bloom out with tomorrow's dawning, and that which you hope and lust after now, may have been fixed for you in your hundredth advent.



~ Sri Aurobindo Thoughts and Aphorisms #311

#### **COVID-19 UPDATE**

From the CoVID-19 Task Force & WC - As more and more activities are opening up around the country, and restrictions are being removed, still new cases are on the rise, so it is important to be cautious and safe. Also, with opening up of trains and domestic airline travels, some of our community members who were stranded in other parts of India and abroad have now started to return. Please see some of the information below if you are planning to return to AV, or know of someone who is planning to come. The guidelines below are largely from the TN government guidelines, and as advised by our Vanur Block Medical officer.

#### Who is returning?

- 1. Aurovilians/ Newcomers stranded in different parts of India.
- 2. Aurovilians/ Newcomers stranded abroad traveling via repatriation flights operated by the Government of India; commercial flights have not yet started. According to the latest GOI circular, repatriation from abroad is limited to Indian passport holders, OCI holders with Indian family members and some very specific Entry Visa holders.

Auroville still remains closed for new guests and all volunteers/ interns or trainees. Guest houses should not take in any new guests, and individuals should not invite family or friends from outside our immediate vicinity to stay with them. Hotels are still closed as per TN Govt. guidelines.

#### What needs to be done when planning your return or if you know someone who is returning?

- 1. Inform the Covid Task force at covid19taskforce@auroville.org.in or whatsapp us on +919873837493
- 2. Check the guidelines issued by the respective Airlines for Air travel before travelling and also check the specific guidelines for the airport you are arriving at.
- 3. Ensure you have a valid TN e-pass if arriving from another state or any district other than Villupuram, Thiruvannamalai, Cuddalore, Kallakuruchi. Please note that this is mandatory and required by the TN govt. TN e-pass should be in the name of the passenger with details of the driver and taxi in which you will be travelling from the airport / other places.
- 4. Be prepared for a possible Covid-19 test at the airport/ railway stations, especially if you are arriving from hotspot states, e.g. Maharashtra, Gujarat or Delhi. If you are tested then there could be a quarantine at the nearest facility. Until you get the test results, you may be offered options between paid and unpaid quarantine shelters. You need to enquire about this before starting your travel, as this keeps changing and depends on the location.

# Booking of taxi to come to AV

- 1. The AV taxi services UTS, ITS, Sunrise, and Aurocabs are all functioning and we recommend you use one of these taxi services, as safety protocols have been discussed with them and we have had consultation meetings with the managers of all these services.
- 2. At the individual end; please ensure your safety precautions by having minimum physical contact with the vehicle, handling your own luggage, having the driver open the door, having your mask on all throughout the journey and maintaining proper hand sanitisation and respiratory hygiene.

#### Quarantine on Return

- 1. Depending on the symptoms, travel history, age etc. an individual could be asked for an institutional quarantine at the airport/railway station, yet this is at the discretion of the Medical officer on duty.
- 2. Upon return from any state outside Tamil Nadu or Chennai, a quarantine of 14 days is mandatory as per TN Govt. regulations. This is regardless of the test results if any during the travel. As per suggestion from our Block Medical Officer, quarantine is advised even when returning from other Tamil Nadu districts with Villupuram, Thiruvannamalai, Cuddalore and Kallakuruchi districts as exceptions.
- 3. Please check for yourself and inform the Task Force about the possibility of a home quarantine when planning a return to AV. A prior information will help us assist you with the essentials, if required, during the quarantine. In case it is not possible to do a home quarantine, please contact the Task Force in advance to work out an alternative.

#### **Protocols for Testing**

- 1. Testing vs. Screening: Screening is monitoring health with recording of symptoms and thermal scanning for body temperature, whereas testing is collection of swab samples and then sending those to a government authorised Covid-19 testing centre.
- 2. As per Indian Council for Medical Research (ICMR) guidelines there are only specific cases where a testing will be done, such as for people traveling from abroad, from another state (especially from a hotspot state), for people who have come in contact with a Covid positive patient etc.
- 3. When testing is recommended by the BMO, the Task Force will coordinate and assist you through the process.

We request each of you to pass on this information if you know someone who is travelling and might not have read the information here. We would also like to request all workplaces/ unit holders to keep their employees informed about the protocols as mentioned above.

<u>Please inform the Task Force</u> while you are planning your travel and send us your travel details when finalized. In this way we can help you with any kind of assistance needed before/ during the travel or upon arrival in AV.

Also, through this massbulletin, we would like to remind you of the <u>precautions</u> that we should all be continuing to follow, particularly now that the number of cases in the State and in the country has seen a dramatic increase once again.

- 1. If you have any Covid-19 related symptoms such as fever, dry cough, sore-throat, etc. stay at home, do not come into contact with other people, and seek medical advice/treatment. If you have an employee or a co-worker with symptoms please advise them to go back home immediately.
- 2. Always wear a mask or a face cover when you are outside and in public places, definitely in places where 1-2m social distancing is not a possibility.
- 3. Wash your hands often with soap and water (for at least 20 seconds) and/or use an alcohol-based hand sanitiser, if you have touched surfaces that are touched by others.
- 4. Avoid being in large gatherings or groups and maintain 1-2m social distancing if you are amongst people.

- 5. Avoid going to Pondicherry and Chennai (and its surrounding districts of Kancheepuram, Tiruvallur, and Chengalpet) unless it is a medical emergency. Both cities and the districts around Chennai are under a lockdown/curfew until July 2nd. Please see the latest release from Pondicherry government <a href="here">here</a>. Stay safe and be well!
- ~ The Covid Task Force and The Working Committee

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Here's some bits and pieces from other sources:

**Update on Travel e-pass** - Anyone traveling to Karnataka state and **international passengers traveling to Kempegowda international airport are** required to register on the SEVA SINDHU website, <a href="https://sevasindhu.karnataka.gov.in/Seva-sindhu/English">https://sevasindhu.karnataka.gov.in/Seva-sindhu/English</a> to register to enter Karnataka state. It is **mandatory**. Otherwise, you are sent back from the Atibele Check post (if you are traveling by road). One must fill out the details and get the entry pass (Self Registration) to Karnataka, if entering the state by road, train and flight. Therefore, to travel to Karnataka by road must have:

- Vehicle Travel e-pass
- Self Registrations e-pass from the SEVA SINDHU website.

Avoid unnecessary travel, stay safe & healthy!

~ Raju, AV Vehicle Service, Town Hall, +91 944-307-4825, +91 413 262-3200 /201

#### State-wise Travel Regulations:

https://auroville.org.in/sites/www.auroville.org.in/files/article\_attacments/Travel%20Regulations%20Covid.pdf

The link for the Tamil Nadu Govt guidelines for people entering/returning to TN from outside of the state and outside of India is: https://stopcorona.tn.gov.in/wp-content/uploads/2020/03/Covid19-Tamilnadu-Advisory-19.05.2020-3-Pages-English-634KB.pdf

https://www.newindianexpress.com/states/tamil-nadu/2020/jun/19/other-states-people-entering-puducherry-need-to-register-themselves-with-phcs-2158834.html

https://www.firstpost.com/tech/science/favipiravir-is-now-the-first-oral-covid-19-treatment-approved-in-india-all-you-need-

to-know-8509951.html

SOP's for Restaurants/Eateries from GOI & Tamil Nadu: <a href="https://auroville.org.in/file-download/80003/29681">https://auroville.org.in/file-download/80003/29682</a>; <a href="https://auroville.org.in/file-download/80003/29682">https://auroville.org.in/file-download/80003/29682</a>

Current global stats: <a href="https://www.worldometers.info/coronavirus/?">https://www.worldometers.info/coronavirus/?</a>

From the NYTimes, 23/6/20 - https://www.firstpost.com/ tech/science/mental-toll-of-covid-19-pandemic-may-be-causing-more-

ripples-than-a-tsunami-8514201.html



#### **WORKING GROUP REPORTS**

#### Land Board Report - June 2020

Facts and Figures: During the lockdown land board field team continued watchman duties and watering the 7000 trees that were planted (ensuring regeneration of soil and possession). We at the office were relieved briefly from the business of encroachments and speculators, however this has resumed with a renewed vigor unfortunately. The Land Board team is composed of 27 persons led by 8 selected members of which 6 are currently serving (Antonio and Jayendra are not serving). J Naveen (from La Ferme) has joined as an apprentice with the survey team. Anoop Parakkal, an advocate, has joined Sathya 5 in the legal team.

Annual Income 19-20: The Land Board generated income Rs. Rs. 3,05,895 /-from the lease of cashew trees. Rs. 5,82,075 /-from firewood and timber sales. Free firewood amounting to a net-worth of Rs.71,160 was contributed to schools of Auroville. We are exploring possibilities to increase revenue.

Good News-Purchases: The lands we were hoping to purchase for Mother's Birthday (delayed by the WC for unknown reasons) are now purchased! These represent 4 different purchases, adding a total of 4.91 acres of land to the greenbelt. Hooray! We also thank the LFAU fund-raising team (Mandakini and Aryadeep) and the generosity of donors in making this possible. In order to learn how to speed-up land purchase, we are tracking each step to identify where the delays are. Delays cost us our reputation, land and goodwill. The Land Board has

requested the FAMC to consider additional clauses in the sale documents (when some documents are unobtainable), as we are losing important purchases due to this-we are waiting for their reply to proceed.

#### Good News-cases won:

- 1) We are happy to report that the court case concerning a 5 acres portion that was encroached in New Farm has been won by the Auroville Foundation, (Hope / Auro-Orchard area).
- 2) A case against Dinesh Tea shop occupying Peromboke land has been won by the Auroville

Foundation, the WC and AVF are requested to guide the next steps.

#### AV access to private land:

- 1) The field team has fenced the Auroville land near the Ami and Abri corner. One piece of land has been purchased by a private party who has dug a well (that failed) without permission. In a joint meeting with the Working Committee, it was agreed that only agricultural access from AV land will be provided.
- 2) The plot between Sanjana and Sukhavati was being cleared of brush, after which the LB blocked the access, till as we speak directly to the owners.
- 3) LB has blocked the access from AV land to lands of a private party (Newlands area) the access was created without our permission nor was there a willingness to make an agreement with the LB, on conditions for granting access (ie: barring commercial activity). So far the authorities are reluctant to carry out eviction orders, thus precautions are necessary and access from AV land may not be simply assumed.

Encroachments: A new restaurant, adjacent to the Eucalyptus grove-near Courage- Since May 2018, some 96 cents were encroached by the adjacent land owners, who is incidentally a relative of one of the LB members. The matter was referred to the anti-land grab cell and to the Villupuram Collector. The

VO and Revenue dept. have given a report on the incorrect patta transfer and occupation, but the next steps are being held up at Villupuram RDO which has not yet recovered its capacity since the lockdown. Now the same party has provided access to another developer (who has purchased land nearby). This was disappointing news, as the LB was under the impression that negotiations for this land were underway and were simply held up due to an issue with the their certificate that our lawyer was looking to resolve. We pray that the misunderstandings can be reversed in this case and in others. The LB team wishes to prioritize purchases from the original land owners.

Meanwhile the AVFoundation together with the WC have approached the appropriate authorities regarding development activities in the notified area of the Master Plan based on a Govt.Order.

On Going: The Auro-Oceanic has been in controversy with AV since 2016, due to having no planning permission. Mid 2019 the Land Board was in negotiations with the Auro-Oceanic owners, an evaluation report of the building was made, as the matter concerns a building asset a sub-group was formed with designated members from LB, FAMC, Avenir and WC, later the FAMC interfered in the sub-group's work by requesting the matter be put on hold due to the pandemic. During the lockdown Auro-Oceanic tried again to erect overhead poles which Auroville has prevented over the past three years. (As per AV electricity plan no overhead poles are wanted in the Master Plan area), thus the underground cable was finally agreed upon, after which the GB was contacted. The Chairman responded and a new group has been constituted and is now following the matter (see WC reports on the topic).

Observation: -LB being on the field and on the frontline of matters needs the assistance and support of the groups to speed up responses, share strategy and adapt to particular situations. Empowered members from WC, FAMC and LB could help to make rapid decisions. The current top down approach is not conducive to efficiency or actual responsibility (nor motivation). A lack of coherence and confusion of group responsibilities and strategies in our organization result in lost opportunities or are used by greedy individuals for personal gains. As are false allegations and mistrust of the LB.

**Pressure tactics:** Please note that speculators are using pressure tactics like JCB clearing, fencing, sending trouble makers, placing political flags and loud music to test the response and to create panic in order to hike the prices. Let us be aware of this and stand together. Ideally: Alternative solutions for a win-win situation for both land owners and Auroville should be studied. A task force could help to find these. Suggestions for improvement are always welcome. **Last Minute Update:** A joint meeting of LB, WC and FAMC has

Last Minute Update: A joint meeting of LB, WC and FAMC has finally been called for 6/23. Some of the above issues will be discussed.

Avenir LB meeting: held on June 9th, th topics were:

- the drilling of borewells. Proper compliance by Auroville should be followed with NOC given by the Water Group through l'Avenir.
- 2) Sharing of maps on purchase priorities for water conservation and housing development.
- 3) Clarity on the protocol for assigning stewardship for endangered lands and speed of assigning it, (If too much time is wasted land could be encroached).
- 4) LB agreed to take up a trial plot to study the indigo crop requirements/viability, as it has high revenue potential.

Observation: the priority for LB is to look after the non-stewarded lands and to fence lands that are in danger and/or to reclaim encroached lands. We remind all that it is the responsibility of the stewards to protect Auroville land-ldeally stewards should immediately inform the LB of any encroachment or police complaints. Stewards should be ready to invest their own funds to maintain and fence the AV land. When land is lost to encroachers, stewardship needs to be reviewed. LB can and does assist in difficult situations, however it is unfair that the LB is obliged to spend considerable

time and resources on the insistence of the Forest Group to maintain stewards with poor records. LB encourages L'Avenir to assign stewardship to different nationalities joining together to take up protection and development of endangered areas. Ideally Avenir, LB and Forest Group could coordinate better assigning or reviewing stewardships.

#### **ANNOUNCEMENTS**

# One more asset is cultransfer:

Housing Asset for Transfer
One more asset is currently available for

Kalpana Community - Single
 To apply, please click on the "Houses Available"
 button in the far right column of the Auronet

main page. You will be directed to our new Housing Transfer App at https://housing.auroville.org.in. All you need to do is:

- click on the transfer you are interested in,
- view all the details and pictures of the asset for transfer, and if you wish to apply,
- click on the "Apply" button and fill in the online application form.

Once the indicated deadline for applying has passed, you will receive an email from Housing Transfer with the date for the group site visit. For any questions, please feel free to come and see Svenja at Housing Service Office

#### Vibrance Housing Project Restarting

After a long delay, construction at Vibrance is finally restarting! We have a range of flats available spread over ground +3 floors. The ground floor studios can also be converted for low impact public uses such as offices. Please contact us by email: <a href="mailto:Sumark@auroville.org.in">Sumark@auroville.org.in</a> for more details. ~ Peter and Kevin, Sumark Construction Service

#### **NEWS from DOSA CORNER at Visitors Centre!**

Dosa Corner is reopening on Wednesday July 1st, 6 to 9 PM Same menu: dosas, (ragi, red rice, egg, etc) as well as parothas & kurma, lassis and kulfis made with Auroville milk. Same prices, same organic quality, same support for Auroville farms produce. One change: Service will be downstairs at Cafeteria with informal outside seating on back veranda and in garden. Aurovilians, Aurocard holders only! No cash.

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# WELCOME

#### FROM THE ENTRY SERVICE - ES # 038, 27-06-20

Our team is happy to recommend the following individuals as Aurovilians, Newcomers and Friends of Auroville, joining Auroville. Prior to Newcomer, Aurovilian and Friend of Auroville status confirmation, for Newcomers, Associates and Friends of Auroville two weeks and for Aurovilians and Returning Aurovilians one month window for community feedback. Kindly forward your support or grievances to <a href="mailto:entryservice@auroville.org.in">entryservice@auroville.org.in</a>.

#### **NEWCOMER CONFIRMED:**

• Ganesh GOTHANADAPANI (Indian)

#### **AUROVILIANS ANNOUNCED:**

- Castoury KRISHNAMOORTHY (Indian) staying in Sangamam and working at Auroville Herbarium
- Cristina PERETTI aka Bodhi (Italian) staying in Terramata and working at Quiet & Language Lab
- Katharina POTOCKA (German) staying in Siddhartha Forest and working at Botanical Garden
- Khushmita SANGHVI (Indian) staying in Kalpana and working at Eco Femme
- Margherita FASSI (Italian) staying in Kriya and working at The Learning Community (TLC)

 Poornima KALOYA (Indian) staying in Serenity and working at Natura & Matrimandir

#### LEFT ON HIS/HER OWN:

• Chloe DE LA FONTAINE (French)

#### NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been completed and returned. Be aware that the duration of the process cannot exceed 18 months from the date of confirmation.
- An Aurovilian is a resident of Auroville, aged 18 and above, whose name has been entered in the Register of Resident (RoR) as maintained by the Auroville Foundation (AVF) Office.
- The change of status from Newcomer to Aurovilian is official only once the individual has filled in and signed the B-Form. An Aurovilian's name is entered into the RoR after he/she has met with the Secretary of the AVF with an appointment arranged by the Entry Secretariat. These appointments are fixed by the Entry Secretariat according to the availability of the Secretary, but not at any personal request of an individual.
- The Auroville Foundation processes issuing of ID cards only to the Aurovilians who are registered in the RoR.

#### **APPEALS**

Wanted: Old Android phones for Thamarai - for learning calls with village children

Would you have an old android phone at home that could be given to our project so we can enhance the quality of education we can give to our children? If so, please contact Hedia 94489852375 or Bridget 9442270640 or email thamarai@aoroville.org.in and we are happy to collect the phone from you. To learn more about Thamarai: https://www.youtube.com/watch?time\_continue=4&v=b4NJ6iFH6t4&feature=emb\_logo. With gratitude,

~ Hedia and Bridget, for the Thamarai team

#### FOR YOUR INFORMATION

#### Tiffin booking at Solar Kitchen

To book a tiffin at Solar Kitchen, you have to book a full month, 6 days/week, or half month, 3 days/week. Your tiffin has to be at the Solar Kitchen tiffin entrance latest at 9.30 am as it will undergo an Anti-Virus treatment before being filled. Best to have two tiffins, so you can drop one, when taking the freshly filled one. You can pick up your tiffin from around 11.30 am onwards from the tiffin entrance. The contribution is Rs. 1,870 for 6 luches/wk (no Sundays!) and Rs. 935 for a half mo booking. As Solar Kitchen is losing roughly 6 lakhs per month under the present conditions the menu is simplified and healthy with lots of AV grown vegetable, white rice, AV varagu or AV brown rice and some vegetable soup/sambar/dal and AV curd. Bon appetit! ~ Solar Kitchen Team

#### Study Group on Land

Sigrid offers an open "study group" on Auroville's land situation, weekly **Wednesdays 6-8pm**, at Svedam, Well Cafe building. Resource persons will be invited for different aspects. All are welcome, <a href="mailto:sigrid@auroville.org.in">sigrid@auroville.org.in</a>

Fundraising for land since 2013

A reminder: Auroville Library is only open for borrowing & returning books. You may not sit or study inside the library at the moment. We are putting 6 (socially distanced) chairs outside where you may sit to read. Everyone visiting the library must wear a mask and sanitize hands before entering and whilst inside the building. Thank you for your understanding during these uncertain times. ~ The Auroville Library Team



#### **CAUGHT STEALING!**

On the 3<sup>rd</sup> of June, we thief had a Auromodel (Franca's place) at 10.22PM, who was caught by my CCTV He entered camera. my guest house by the mesh breaking door. The same night he has also entered Vikram' house and Sang's. Be aware!

**Traffic safety reminder** - Hey drivers out there - *please* when making right turns, especially with limited/no sight distance, STAY ON YOUR OWN SIDE OF THE ROAD!! As traffic increases, it is IMPERATIVE that we develop safer driving habits if we are to avoid serious injury. Thanks!

~ submitted by Swaha US

Chlorine Dioxide/MMS Study Group -The recent post inviting interested persons has culminated in establishing this AV Chlorine Dioxide/MMS Study Group, email list: cd@auroville.org.in. The Study Group is: a collection of self-responsible Aurovilians consolidating & sharing our data around use of Chlorine Dioxide (ClO2)/MMS within Auroville for water purification, surface disinfectant, and internally for wellbeing. The aim is to gather and document our experience of what works, what doesn't, any bad or positive experiences and best practices to establish a broad and solid knowledge base around this substance toward either ruling out definitively or making more widely available use.

Looking forward to sharing more with the community soon. Sincerely,  $\, \hbox{-}\!\, \text{Kaliananda} \,$ 

#### **WORK OPPORTUNITIES**

#### MGEcoduties is looking for a proficient Accountant

The person will have several skills to consider that demonstrate your ability to perform the job duties. Skills to include on the accounting resume include:

- 1. Standards of accounting
- 2. Knowledge of regulatory standards
- 3. General business knowledge
- 4. Tally Tally.ERP9.5.6 Software proficiency
- 5. Data analysis
- 6. Attention to detail
- 7. Effective communication in English and Tamil
- 8. Critical thinking
- 9. Problem-solving
- 10. Prioritizing
- 11. Aurovilian / Newcomer

Please contact us with your resume at the below address.

MGECODUTIES, Auroville Road, Reve Area, Auroville 605101

Internship opportunity - Marketing plus admin role in a new activity in Auroville. We are an Online Training Academy, and looking for someone with computer skills and good English communication skills. If you are a team player, and love interacting with people, social media, and can help with administrative tasks, this role is perfect for you. Lots of learning and growth opportunities will be provided, as well as basic maintenance. If interested, please drop us a line at <a href="maintenanto-minenanto

News & Notes - Putting out an initial feeler for a reliable person with excellent English proficiency who would be willing to learn the ropes at the News and Notes, so that I have some backup if needed. Work is repetitive & detailoriented. Ability to work with different formats a must. If interested, <a href="mailto:admin-newsandnnotes@auroville.org.in">admin-newsandnnotes@auroville.org.in</a>

**HR** Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

**Communications-in-charge** - You will work with the villages of the Auroville bioregion, taking care of its communication and documentation needs, which includes:

- · Quarterly newsletter
- · Annual report
- · Website updates
- · Social media
- · Fundraising project proposal writing and reporting

You have fluency in both written and spoken English and computer literacy. You have the necessary skills and the ability to be self-motivated and are a sensitive and engaged team player, responsive to the needs of the organization. Tamil is desirable but not essential. Graphic and social media skills also desirable. Maintenance is available but commensurate to skills, experience, and time commitment.

#### Other positions (please inquire about details):

- Customer Care and Website Maintenance
- Ecofemme Ambassador Coordinator
- Secretary (part-time)
- Production Management

Please contact us for more information if you are interested in any of these work opportunities, or if you are looking for something else. <a href="mailto:hr-hub@auroville.org.in">hr-hub@auroville.org.in</a>

~ HR Initiative (Angelo, Joel, Siv, Stephanie)

#### **AVAILABLE**



Vacuum cleaner (new) bought 1 mo. ago and never used. 1200 W. Still has 1 year warranty. +91 6381311532 valentina.beatriz.s@gmail.com

Furniture & bike: 1 wooden bed size 1.08 m wide x 1.9 m long, small wooden tables, big

wooden desk .94m X 1.4 m, wooden armchair, fridge, various other items. Motobike: Yamaha 2011. <a href="maggy@auroville.org.in">maggy@auroville.org.in</a>; 948-996-9825.

Old TVS XL Super HD - Not pretty (needs seat covers & a good cleaning), but was running fine before the lockdown. New petrol tank (Jan) and new carburator (Nov). FMI: 890-344-9398 (text/WA)

Gardener - full time or part time Giri Chandrasegar has been working as Madhuca's community gardener for the last 7 years, to our satisfaction. His work included gardening (pruning, raking etc) fence maintenance/repair, compost making, watering, wastewater treatment plant maintenance and he is also a 'second' mason. Unfortunately the work has reduced and we cannot afford to keep him. We hope he will find a new job as a gardener elsewhere in Auroville. Further references or information can be requested via madhuca@auroville.org.in. To contact:

Giri mob 8940434388 or his son, Satish mob. 8248682807 -Madhuca Community (Anandamayi, Chali, Lisbeth, Marco, Dominique, Matilde, Marc, Nele)

# **LOOKING FOR**

**Used scooter without gears,** preferably a 3 wheeler. Please contact Pawan at 9119762631

**Book** - <u>Born a Crime</u>, by Trevor Noah. I leant my copy to someone, and don't remember who. I'd like it back now, so please be in touch if you have it. <u>shanti@auroville.org.in</u> or 0413 2623 314

Long-term housesitting - Sebastien, Camille and Laly (2 yrs old) are still looking for a long-term house sitting. We are Aurovilians, currently living at Kriya. We'd love to take care of your house or flat, garden and pets if you have some, during your time out of town. Please contact Camille: 8098796307 or <a href="mailto:camille@auroville.org.in">camille@auroville.org.in</a>. Warm thanks!

**Long-term housesitting -** Valentina & Pablo (son) are looking for long-term house sitting. We would love care for your home and pets. Would also love to take care of your garden as well.

Contact valentina@auroville.org.in or +91 949-889-6117.

**Long-term housesitting** - I am Lakshmi, Newcomer. I'm looking for a long term, or any other possibility to housesit. I feel very connected to nature, plants, flowers and animals, and would be happy to take care of your garden and house. Contact: 848-976-4602 or <a href="mailto:lakshmiprem369@gmail.com">lakshmiprem369@gmail.com</a>. ~ Love & Gratitude. Lakshmi

#### **MATRIMANDIR**



During this period of limited activities and movement, The Park of Unity is becoming an ever more popular place for evening "recreation" for Aurovilians and Newcomers. Residents of Auroville are welcome at the Matrimandir Gardens. However it is important that everyone, younger or older, remembers and respects the purpose and significance of this special place. Please remember that people are coming to Matrimandir for quiet concentration and as the Inner Chamber and Petals remain closed, the Garden of Unity, the Banyan Tree and the Lotus Pond in particular are places being used for meditation. Please remember that noise carries in the Gardens and any talking or playing around on the Petals is magnified in the area of the Lotus Pond. The area directly around Matrimandir needs to be a zone of Silence.

In order to reduce the current level of disturbance there are a few changes that should be noted. First, to ensure that the directive of the Working Committee that the Gardens are open only to Aurovilians and Newcomers is respected, you will be asked to show your Auroville ID card when you come to the gate. Please continue to wear your masks and sanitize your hands. You will be asked to deposit your cell phone at the Access Office where you will be given a token. Last reclaim will be 6.30pm. Please keep in mind that the visiting hours are from 4.30 to 6.30 pm only. You will find a few duty people walking around the Garden of Unity, under the Banyan Tree and on the periphery of Matrimandir to remind you to respect these zones of Silence. Please cooperate with them.

Thank you for your kind cooperation.

News and Notes #823 – 27<sup>th</sup> June 2020



#### **AMPHITHEATRE - MATRIMANDIR**

Meditation at sunset with Savitri - read by Mother to Sunil's music Every THURSDAY, 6 - 6.30 PM (weather permitting)

For the time being, access is limited to Aurovilians, New-comers and Pass holders. Enjoy the beautiful open space, the immense sunset and heavenly music in the very center of Auroville!

<u>Reminder to all</u>: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to bring/use cameras, i-pads, cell phones, etc. Please carry your pass with you. Thank you. ~ Amphitheatre Team

#### **GREEN MATTERS**



#### Water Saving Tip of the Week!

In order to reuse the wastewater from your kitchen dishes, put a plastic bowl in the sink, slightly smaller than the sink size. Fill the bowl with water and use this for washing your

dishes, with chemical-free soap. When it is time to rinse, open the tap and all of the water flowing from the tap goes into the bowl. Then discharge this smaller bucket of water into a 20-litre bucket that sits on the floor next to the dishwashing sink. When the bucket is full, water the garden plants with it. With love from the Water Group, helping Auroville become a water-sensitive city. <a href="watergroup@auroville.org.in">watergroup@auroville.org.in</a>



**Erratum:** The poem published last week was by Zech. Editor mistook Palawan for a previously used name, rather than the place the poem was written. Apologies for that confusion!



Hello Auroville! Your radio is always a work in progress. The stream channel is working well and it can be heard here:

http://aurovilleradio.org:8000/av-radio-128.mp3. It broadcasts mixed music and LIVE events from our studio.

#### Next LIVE episodes:

A Cup of Joy every Monday at 2:30pm
The Best of What's Still Around every Wednesday at 2:30pm
Natural Cultural Redemption every Tuesday at 10:30am
The Neo Urban Chronic every Friday at 10:30am

# Last podcasts produced:

<u>Nutritional Cultural Redemption - ep.1 "Introduction"</u> by Krishna McKenzie

Neo Urban Chronik - ep.1 "Iconoplastik?" by Froggy the Frenchy

A Cup of Joy - ep.4 "The Power of laughter, a "cup of joy" always at our disposal" by Vega and Francesco
Nutritional Cultural Redemption - ep.2 "Local fruits from
Mother Earth soil" by Krishna McKenzie

All the recordings are available and ready to be copied on your memory stick at the AurovilleRadioTv premises in Town Hall, opposite the Financial Service. Please visit our website <a href="https://www.aurovilleradio.org">www.aurovilleradio.org</a>. You can call us 0413-2623331 or write to <a href="mailto:radio@auroville.org">radio@auroville.org</a>.in

We want to hear your suggestions:)

# Health is Wealth- Part 1 (Transformation)

I would like to share my vision of a comprehensive health/wellness model with you. I am aware that Quiet and

Sante have both made progress in this area, and we can be proud of their efforts. The following program(s) can be incorporated into their models or can inspire a new project altogether.

In the current context of COVID-19 and the challenges we have faced in the last few months, we have learned that it is very valuable to have a good immunity, to live a healthy lifestyle, and to know a thing or two about health to be able to take care of oneself when in isolation.

Have any of you ever been for a residential detox + rejuvenation treatment? In this program you stay a certain number of days at a health facility and, after seeing the resident doctor(s), are provided all diet, medicines, and treatments that you need, ideally customized for your individual needs, until some of your health goals are met. One example of this is an Ayurvedic 'Panchakarma' that is common in Kerala. Western detox programs that are common in Southeast Asia include juice fasting and colonics.

Why residential? When someone is looking to treat a serious illness, or let go of unhealthy chronic habits and addictions, it is helpful to have a controlled environment to give them exactly what they need and give them a break from what they unconsciously choose. This detox process digests and dissolves toxins in the body-mind and allows the intelligence to choose a healthier way in the future.

There are many success stories of healing chronic illnesses and breaking addictions with these programs, and some of you may have experienced it. In the last decade or so some Integrative health centers have come up where a patient is assessed by a team of therapists from different disciplines and provided a comprehensive program that includes diet, medication, mediTation, exercise, therapies, counseling, etc. In addition, their residential accommodation promotes healing - limited or no WiFi, natural eco-friendly materials, soft warm lighting, etc.

In the most authentic wellness centers, the patient does not simply decide what therapies they want, as they would in a resort. Instead, the team of caregivers designs a program, which the patient can accept, or request to modify slightly.

When someone chooses different therapies because they can pay for them, this is a kind of health-consumerism. Also, if our minds always knew exactly what we needed, would we ever be ill in the first place? It is a challenge, but also a need, to be able to surrender to the Divine in well-intentioned and qualified people.

Often such programs are expensive because of the amount of people and customization involved. Can it work here in Auroville? We certainly have the talent and knowledge here with so many health professionals and therapists. In addition, money is still not AS important here as in the outside world, because so many Aurovilians and volunteers put their time and energy into work that they believe in or enjoy, which is not directly paid for. We also have knowledge from so many disciplines, that it would be beautiful to combine them and treat on what is agreed on (common ground), and do so in an affordable way.

In the consumerist model, the consumer decides what they want and can get it if they can afford it. In the one-size-fits all model, a person who has benefited from a certain diet and regime tries to convince everyone to follow the same, thinking they will benefit the same way. The model with the most potential for transformation is the individualized/customized model where a therapist or a team of therapists does their best to understand a patient's needs and goals and offers a customized interdisciplinary program that is ideal for that patient only, for that time, until it can be modified when they have gotten healthier.

In addition to consultations, diet, treatments, and body/mind exercises, a comprehensive healing program could also include sound healing, art therapy, movement therapy, and group exercises to open the heart and connect with oneSelf in others.

If there is enough interest in the community, we can come together for this Auroville project. Could you please get in touch with me if you are:

- A healer/therapist who can see the value of interdisciplinary healing and would be willing to work with other healers on a comprehensive customized program for individuals in need.
- Someone who has been through a program like this whether Ayurvedic or Western detox, or Integrated wellness. I would love to hear your experience.
- A unit in Auroville that is aligned with wellness and would be willing to administratively support volunteers and newcomers to work on this.
- Anyone else who can contribute in any way either in work, financing, or can offer a space for it.
- ~ submitted by G; sattvig@gmail.com, 8407997970)

# **CULTURAL ACTIVITIES**



AUROVILLE ART SERVICE - 'basket' for the week

1. AV ART SERVICE - Offers free music classes to Aurovilians and Newcomers. If you like to sing, Shalini Sekhar will share with you the

things she has learnt about a free and relaxed voice, exercises to practice, and songs in different languages. Contact her at write.shalini@gmail.com for online lessons.

- **2. MOMA FREE ART COURSES -** Access free art courses offered by MOMA at <a href="https://www.coursera.org/moma">https://www.coursera.org/moma</a>
- **3. FREE GUITAR CLASSES** Avail free guitar classes for beginner and intermediate levels. <a href="https://www.justinguitar.com/">https://www.justinguitar.com/</a>
- 4. SHARPENED VISIONS A POETRY WORKSHOP

Enroll for free into this course that will cover key poetic terms and devices by studying poems by a handful of modern and contemporary poets. Throughout the course there will be the opportunity to workshop poem drafts and get feedback. https://www.coursera.org/learn/poetry-workshop

**5. SADHANA FOREST - A NEW BOOK AND VIDEO BY YORIT** Sadhana Forest presents "I live in a Hut" by Yorit Rozin. This is an illustrated book for children made from unique hand-made collages of photos and water colour drawings, which invite the reader to explore the magic and beauty of nature through the eyes of a little girl who lives with her family in Sadhana Forest. The book became a charming video book, audio book and a song. All are available to be downloaded for free at <a href="https://sadhanaforest.org/i-live-in-a-hut-a-book-audio-book-and-song-by-yorit-rozin/">https://sadhanaforest.org/i-live-in-a-hut-a-book-audio-book-and-song-by-yorit-rozin/</a>. This is a link for the YouTube video: <a href="https://youtu.be/PN8S6jaZeZI">https://youtu.be/PN8S6jaZeZI</a>

#### **CLASSES/WORKSHOPS**



Auroville
Green Practices offers
a free webinar
Wednesday, 1st July,
11:00 AM - noon

Auroville Green Practices is curating a webinar with architect Manu Gopalan from Sacred Groves on "How to Build A Home with Net-Zero Investment", explaining the "Build-Free Collective". This webinar will help people inspired to build a small, simple and low-cost home with materials of low carbon

footprint. The process & technology is simple and easy to learn.

In short, "anyone" can build themselves a cozy, low-cost home! The webinar is free to all Aurovilians, Newcomers, registered guests and volunteers. <a href="mailto:info@agpworkshops.com">info@agpworkshops.com</a> or WhatsApp to +91-8608217030 to register.

Be sure to have a look at the Regular Activities Addendum for the classes and treatments that have restarted. The Addendum will be sent for printing next week, so please send your July offerings by 30th June, 5PM

#### ⇒⇒ PLEASE GO PAPERLESS!

RECEIVE THE NEWS&NOTES by EMAIL weekly!
It comes 2 days sooner and is in color! Subscribe at

newsandnoteslist+subscribe@auroville.org.in or click directly on this link

#### **EMERGENCY NUMBERS**

Auroville Emergency Contact Numbers Save them in your phone now!

Auroville Safety and Security Team: 9443090107:

04132623400; security@auroville.org.in

Ambulance: Auroville: 9442224680

PIMS: 0413-2656271/72

Farewell: mobile number: 8903836246. reachable 24/7

Emergency Service of India: 108
JIPMER hospital 2278380 / 2272389

General Hospital 2336050 Puducherry helpline: 104

TN COVID helpline: 044-29510500

Important information about News & Notes

Hard deadline for submissions or cancellations; Tuesday 5pm

FOR THE ISSUE to be published that SATURDAY (though the digital version generally goes out on Thursday)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy. How to submit material: Material (no pdf files, please) may be sent (in English only) to: newsandnotes@auroville.org.in.

Please do NOT send submissions and inquiries as a "Reply" to the digital subscription mail. There is NO guarantee that anyone will see communications sent this way!

Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm. Please do your best to submit copy that is ready for printing (i.e. Word shows you typos, extra spaces, punctuation errors, etc - don't make us do all the work!).

We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

 $\underline{\text{Articles for the Notes section}}$  should ideally be no longer than 500 words.

<u>Visiting hours</u>: MON 9-2; TH PM 2-4; FRI & SAT mornings 9-12 <u>Disclaimer</u>: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 0413-2622133, email: newsandnotes@auroville.org.in