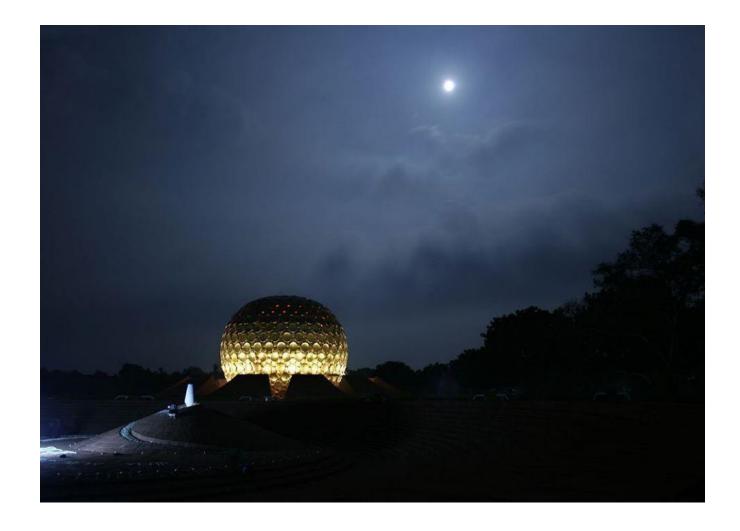
NEWS AND NOTES

No 825

A weekly bulletin for residents of Auroville

4th July 2020



HOUSE OF MOTHER'S AGENDA



31 December 1966 (continued from last week)

(After Satprem has read to Mother the conversation of September 30, in which she envisaged the transition from man to the new being.)

My feeling (it's a sort of feeling-sensation) is that intermediary stages are necessary.

And then, when you see how man has had to fight against all of Nature in order to exist, you get the feeling that those who will understand and love those beings will have with them a relationship of devotion, attachment, service, as animals have with man; but those who won't love them... will be dangerous beings. I remember, I once had a very clear vision of the precarious situation of those new beings, and I said (this was before 1956, before the descent of the supramental power), I said, "The Supramental will first manifest in its aspect of Power, because that will be indispensable for the safety of the beings." And it was indeed Power that descended first - Power and Light. The Light that gives Knowledge and Power.

That's something I feel more and more clearly: the necessity of intermediary phases.... It's perfectly obvious that something is going on, but it's not the "something" that was seen and foreseen and will be the ultimate outcome: what's going to take place is ONE of the stages, not the ultimate outcome.

Sri Aurobindo also said, "There will first come the power to prolong life at will" (it's far more subtle and marvelous than that). But that's a state of consciousness which is now being established: it's a sort of constant and settled relationship and contact with the supreme Lord, which abolishes the sense of wear and tear; it replaces it with a sort of extraordinary flexibility, an extraordinary plasticity. But the SPONTANEOUS state of immortality isn't possible - at least not for the time being. This structure must be changed into something else, and judging from the way things are going on, it will take a long time before it's changed into something else. It may go much faster than in the past, but even assuming that the movement is speeding up, it still takes time (according to our notion of time). And the rather remarkable thing is that to be in the state of consciousness in which wear and tear no longer exists, you must change your sense of time: you enter a state in which time no longer has the same reality. It's something else. It's very peculiar... it's an innumerable present. I don't know.... Even that habit we have of thinking ahead of time or foreseeing what's going to happen or... it hinders, it reconnects you with the old way of being.

So many, so many habits that have to be changed.

Voilà.

So I wish you a happy new year.

(In the afternoon, Mother sent the following note to Satprem, like a continuation of the morning's conversation, meaning that the integral realization, that of the new being, will only be possible when...)

Oh, to be spontaneously divine without watching oneself be, having gone beyond the stage where one wants to be divine.

(to be continued next week)

Volume 7. 1966: Agenda of the Supramental Action Upon Earth

P.S. There's a HOMA page on the Auroville website: https://www.auroville.org/contents/1085



A new consciousness is coming, based upon inner silence and quietude.
You must wait quietly for that to develop.
True knowledge, true perceptions of people and things
will come in that new silent consciousness.



~ Sri Aurobindo Letters on Yoga Vol 4, p 1414



AMPHITHEATRE - MATRIMANDIR

Meditation at sunset with Savitri - read by Mother to Sunil's music Every THURSDAY, 6 - 6.30 PM (weather permitting)

For the time being, access is limited to Aurovilians, New- comers and Pass holders. Enjoy the beautiful open space, the immense sunset and heavenly music in the very center of Auroville!

<u>Reminder to all</u>: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to bring/use cameras, i-pads, cell phones, etc. Please carry your pass with you. Thank you.

~ Amphitheatre Team

COVID-19 UPDATE

As you are probably aware, the lockdown in Tamil Nadu has been extended until 31st July. Please find at this link the official new guidelines and English translation here from the Tamil Nadu Govt. Please be aware that under the new guidelines during the month of July there will be a full curfew and lock-down on every Sunday (5th, 12th, 19th, 26th July) in Tamil Nadu which means opening of any shops, restaurants and movement of individuals will be restricted.

The number of Covid-19 positive cases globally, in India, and in Tamil Nadu are increasing at an alarming rate, and the potential risk is getting closer to us. The active cases in Vanur block as of 29th June are as follows and map can be seen here: link.

- Karasanur -- 1 case
- 2. Pudukuppam near Uppuvelore PHC -- 1 case
- 3. Kalaivanar Nagar near Navarkulam -- 2 cases
- 4. Kottakupam Indra Nagar -- 3 cases
- 5. Kottakupam Chinnamudaliarchavadi -- 2 cases
- 6. Kottakupam Colony -- 1 case
- 7. Bommaiyarpalayam -- 1 case
- 8. Thenkodippakkam -- 2 cases

All these cases are imported cases, which means that they came infected from outside (Chennai or were working in Pondicherry). The authorities have carried out local contact tracing, which is small in number, but please note that contact tracing is not always fool proof and so there could be other undetected cases around these places from whom the virus could still spread.

Additionally, the number of active cases in Pondicherry, as of 29th June, is at 417, with 21 active cases in Muthialpet.

With the above in mind, we strongly recommend to minimize movement outside of the Auroville area, to not go to Pondicherry unless absolutely necessary, to avoid inviting family or friends from the above areas to Auroville, be extra conscious and follow all safety protocols.

Safety Protocols to follow more strictly, as the number of cases in the vicinity is increasing.

- Always wear a mask or a face cover when you are outside or in a public place and be careful about touching surfaces in public
- Maintain social distancing while shopping, or going out for any other purposes.
- Discourage any unnecessary movement around, even in the surrounding villages of Auroville.
- Wash your hands often with soap and water and/or use an alcohol based sanitiser.
- Download Aarogya Setu App.
- Please write to covid19taskforce@auroville.org.in if you require Standard operating procedures (SOP's) for workplaces, shops, offices, restaurants and construction sites. Or you can download them all from here

We request all to follow SOP's at workplaces, and all other precautionary measures with utmost care and attention to detail at this critical time. It is due to the community's collaboration and support that we all have stayed safe, so let's continue to do our best towards this in the coming days. Stay Well and Be Responsible. ~ The Covid 19 Task Force and the Working Committee.

Please see the latest release from Pondicherry government <u>here</u>.

The link for the Tamil Nadu Govt guidelines for people entering/returning to TN from outside of the state and outside of India is: https://stopcorona.tn.gov.in/wp-content/uploads/2020/03/Covid19-Tamilnadu-Advisory-19.05.2020-3-Pages-English-634KB.pdf

Update on Travel e-pass - Anyone traveling to Karnataka state and international passengers traveling to Kempegowda international airport are required to register on the SEVA SINDHU website, https://sevasindhu.karnataka.gov.in/Seva sindhu/English to register to enter Karnataka state. It is mandatory. Otherwise, you are sent back from the Atibele Check post (if you are traveling by road). One must fill out the details and get the entry pass (Self Registration) to Karnataka, if entering the state by road, train and flight. Therefore, to travel to Karnataka by road must have:

- Vehicle Travel e-pass
- Self Registrations e-pass from the SEVA SINDHU website.

Avoid unnecessary travel, stay safe & healthy! ~~ Raju, AV Vehicle Service, Town Hall, +91 944-307-4825, +91 413 262-3302

A guest is looking for a Taxi sharing from Auroville to Bangalore International Airport or city on Sunday, 5th July Sharing possibilities: Auroville to Bangalore Airport - 2 seats available or Bangalore to Auroville - 3 seats available. Note: If people willing to return to Auroville from Bangalore, should get permission from working Committe and Covid-19 Task Force at covid19taskforce@auroville.org.in. Travel epass and seva sindhu's self-registration can be arranged by Raju from Aurocabs Taxi service. <u>aurocabs@auroville.org.in</u> or +91 9443074825

Current global stats: https://www.worldometers.info/coronavirus/?

Bread & Chocolate Store Update

Following the new lockdown rules for the month of July, we are changing our opening days:

MONDAY to SATURDAY from 8am to 4pm Sunday will be closed as per the July lockdown rules. Thank you for your understanding. ~B&C Team

We are obliged to close at 4 pm at Auroville Main Rd. You can still order for lunch, but not for dinner. We can deliver up to 4 pm. ECR is closed, SriMA is closed.



WORKING GROUP REPORTS

From the FAMC: Re: our December 2019 report

We have been asked by L'Avenir not to publish our input into the decision-making process regarding the review of building permission applications, because this puts undue pressure on L'Avenir. We entirely appreciate the pressures that L'Avenir operates under and are happy to oblige. In the future, we will simply list the projects we have reviewed in our report, without commenting on the content of our input.

We wish to clarify that our contribution to the applications process does not consist of final decisions, but endorsements for applications based on the financials. L'Avenir makes the final decisions. The FAMC looks primarily at the source and reliability of the funding, the amount of the funding in relation to what is being proposed, the capacity of the project holder and contractor to complete the project in accordance with specifications, the assurance that there is adequate and reasonable oversight during the construction phase, the cost of maintaining whatever is built and the plan for covering these costs to ensure that whatever is constructed is sustainable. We also consider the amount of land that is being considered because the returns per area are an important consideration for Auroville's long-term economic viability. This does not mean that we only endorse projects that have high returns. But, we do look at the real need of the project vs. the request so that viable applicants are not allocated excessive amounts of land.



Building without approvals or NOC

TDC, as a development and planning council, needs to prioritize urban planning & development work in the coming years and would like to prepare for it in a cohesive manner, eventually taking the help of qualified people who understand Auroville's vision. This work however, is frequently pushed back and left unfinished as we often spend our limited resources on processing the many requests from individuals who propose projects or buildings that are felt to be 'the need of the moment'. As the team continues working to find a balance between carrying out work that would initiate overall planning and satisfying the residents requesting NOC for their proposals, one disturbing trend is now coming to the fore that of going ahead with construction without following the process of acquiring the necessary approvals issued by TDC. We therefore put this posting out to bring to your attention the necessity of getting an NOC and what it means to go ahead without one.

The purpose of requesting an NOC before building is:

- regulating construction for example, how many schools/ residences /libraries /cafe's do we actually need?
- ensuring that zoning guidelines are followed these help in land use planning and are in place for developing our urban plan
- ensuring that the feasibility of a project or a building is adequately considered by an applicant before initiating the project - this is especially of importance to larger impact projects
- having minimum standards followed with regard to safety, general well-being, structural stability, etc.

To the layperson, it may seem that a small extension to an existing building or changing the use of an existing structure are trivial compared to 'new' or 'large' projects, and that these do not require an approval. This is, however, incorrect. The application process needs to be followed and an approval/NOC gotten from TDC for all construction however big or small. Despite having such a process for some years, building without an NOC continues in Auroville.

When a structure is built without an NOC or a land use initiated without approvals:

- It is considered a violation and is listed as such.
- Violations jeopardize Auroville's development vision & goals and result in haphazard and unplanned urbanization.

We do not have a large team to verify construction activities in Auroville and residents have, on many occasions, pointed out potential violations. When these are brought to our attention, we make every effort to study the case thoroughly, including making visits to the site to verify whether or not it constitutes a violation. Many violations however go unnoticed.

We are working on a policy document regarding violations and the consequences/sanctions that could be imposed for them. This document will be shared with working groups and residents for feedback and will be the basis for handling building and land use violations going forward. We hope that the community will support and assist us in the task of taking forward Auroville's development in a coherent and planned manner.

Please write to <u>application-avenir@auroville.org.in</u> if you are not sure whether a particular renovation or remodeling you intend carrying out requires an NOC.

Internal Delivery Service Initiative

As one of the main consequences of the lifting of some of the lockdown measures two weeks ago, courier delivery vehicles (bringing letters and parcels) have started to come into Auroville again, leading to an increase in the number of motorbikes and mini carriers. Most come in via the Certitude entry point, others via Visitors Center check post, to proceed to the residential areas and industrial zone. Traffic, pollution, noise disturbance and people roaming around trying to find the place where goods shall be delivered, will increase significantly in the coming months unless we take pro-active steps to reduce it.

It is a fact that the maintenance of these main access roads, in particular the stretch between Certitude and SK that is degrading constantly, weighs heavily on the community's budget. It is obvious that the entire mobility in Auroville has to be re-thought and restructured. The Delivery Service for online purchased goods and courier letters/ parcels is just one initiative in that direction.

Although each of us may be happy to see his own parcel from an internet supplier coming to his door, we have to acknowledge that these habits have an adverse impact on the collective atmosphere in Auroville. In order to foster less traffic and pollution inside Auroville, the Auroville Council wants to initiate the implementation of a collective dropplace and an internal pickup/distribution and delivery service with electric vehicles to your doorstep. Supported by numerous individuals and/or activities, as well as by Auroville Safety & Security Team, the goal is to significantly reduce the traffic and all related disturbances, for the sake of increased well- being for all and with the aim of working towards developing a pollution-free Auroville. Already a year ago a number of Aurovilians have expressed interest and willingness to organise a "AV Internal Delivery Service" of letters and parcels. A year later, after having experienced the quiet and peaceful atmosphere of an almost motor-free Auroville throughout the lockdown, it was felt that it was the right moment to start to build it up.ITS is willing to take up the delivery part, at least in the initial phase.

A survey to assess needs/expectations and challenges has been prepared, and can be found here: https://bit.ly/3iaBycq. Please do take a moment to fill it out, as it will help us to create the best service possible. In the Initial phase, it will run as a pilot project for 3-6 months. It will start operating on Monday July 13th.

We encourage Aurovilians to start using this service for their online orders from Amazon, Flipkart, Snapdeal, etc. and give the delivery address below when ordering:

Name / Community Internal Delivery Service (UTS - Service Area) 605101 TN Auroville

You can also send your email address and mobile number to UTS so they can contact you to inform you of arrival and delivery status of your order. For cash on delivery orders please contact UTS with the details of the order and to arrange payment. Same day deliveries of goods received will be made throughout Auroville, or you can pick them up directly yourself at UTS, 24/7.262-3586/7 or uts@auroville.org.in

A group of committed Aurovilians will be directly and actively involved in executing the work and building up the Delivery Service. Details of payment and handling of goods are being worked out. Please, welcome this initiative. Feedback is most welcome.

~ UTS, ITS, AVSST, FAMC, BCC, and AVC

And a related appeal

Looking for furniture and equipment for the Auroville Internal Delivery Service

As stated above, the service will start as a pilot project based at the UTS office, available 24/7. As it develops and the volume of deliveries increases, we will be looking for an almirah, some shelves, a table and a chair, a laptop or computer and a simple smartphone. Any of the above mentioned items will be received with gratitude.

We are also welcoming Aurovilians or Newcomers that might want to actively work on this project. Please contact Krishna UTS, or Shivaya (Auroville Council) 0413 262 3587, 9443362218, 948 960 1312, or shivaya@auroville.org.in. Thank you!

City Services Contributions and Payments - June. 2020

A more detailed report is available on the Auronet

SUMMARY	Total
Buffer Opening Balance (BOB)	6,44,96,371
Monthly Contributions (Int. + Ext)	1,72,99,702
Total Contributions (OB+Monthly Inc)	8,17,96,073
Total Payments	1,53,92,790
CS Ending Balance (Includes BOB)	6,64,03,283
0.0 + lo lo / fra	10.06.013

Monthly loss/gain 19,06,912

Internal Contributions

Source	Total
Commercial Units	45,24,560
Services	53,76,242
Aurovilians, Newcomers, & Friends	19,94,890
Internal Total	1,18,95,692

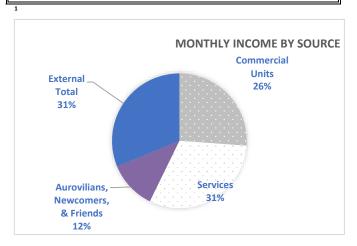
¹"**Total in 33%**" are contributions that are counted toward calculating the 33% minimum net profit contribution to City Services.

External Contributions

Government of India for SAIIER	51,24,800
Government of India for Other	-
Other Contribution	2,79,210
Project Contributions	-
Foreign Contributions	-
External Total	54,04,010

City Services Payment

		Yearly
		Accumulated
	Total	since April
Heading	Payments	20
Education	30,01,005	57,42,902
Social Support	18,64,305	29,84,467
Children & Youth	14,65,266	37,32,783
Health	14,11,680	18,06,914
Village Education	13,67,625	20,33,004
Organization	13,12,784	26,65,169
Forest	10,65,724	20,11,157
Culture & Sports	6,39,785	8,08,461
Roads, Cycle Paths		
&Transport	5,88,380	3,67,748
Prosperity Services	5,70,279	9,47,531
Security	5,57,212	11,07,408
Farms	4,90,370	9,78,668
Land	2,82,325	4,86,828
Outreach	2,69,978	6,91,819
Matrimandir	1,96,925	4,06,654
Housing	91,980	1,76,064
Contingency	86,163	6,46,730
City Planning	78,039	1,58,073
Utilities	36,468	78,610
Projects	16,498	32,491
Total	1,53,92,790	2,78,63,482



"Total Contributions" includes specified contributions that are not counted as part of the 33% minimum net profit contribution to City Services.

Contribution Details

	Total in	Total
Commercial Unit	33%	Contribution
Cynergy	6,20,820	6,20,820
Maroma	4,06,940	4,22,940
Conscious Living	2,56,940	2,61,940
Eco Femme	2,26,025	2,26,025
Miniature	2,20,820	2,20,820
AV Consulting	1,88,170	1,88,670
Svaram	1,81,230	1,81,230
Cadd Studio	1,01,940	1,16,540
Aureka	94,700	96,700
AV Bakery	88,170	88,170
Hers	67,145	77,145
Tanto	65,615	75,615
La Ferme Cheese	73,772	73,772
Aurospirul	60,410	61,410
Eco Pro	60,410	60,410
Sunlit Future	60,410	60,410
Varuna	10,410	60,410
The Colors Of Nature	57,940	57,940
Boutique Visitors Center	36,940	36,940
Right Path Café (VC Café)	35,361	35,861
La Terrace	6,940	31,940
MG Ecoduties	30,410	30,410
Auroville Papers	24,290	28,490
Coffee Ideas	26,940	26,940
Shradanjali	26,940	26,940
Avitra	13,410	26,410
Auromics	17,350	26,350
Progress Landscape	25,000	25,500
Capability	23,880	23,880
Aurorachana	20,940	22,940
AVA-Mia Studio	21,665	21,665
Aurodent	20,820	20,820
AV Online Store	20,820	20,820
Naturellement	20,820	20,820
Pitchandikulam Forest	,	·
Consultants	20,820	20,820
Painting Service	18,470	18,470
Flame	16,940	17,940
Magica	17,910	17,910
Inside India	17,350	17,700
AVA-Wasteless	17,350	17,350
Kallialay Surf School	17,350	17,350
Tree House Community	17,350	17,350
EV Future	16,940	16,940
Mahasaraswathi Constr.	16,940	16,940
Mereville Trust	16,940	16,940
Sciro Pizza	16,940	16,940
Holistic	15,615	15,615
To be Two (Auromode)	15,205	15,205
Omega	12,940	15,190

Commercial Unit	Total in 33%	Total Contribution
LEAD-Integral Learning Center	14,052	14,052
Sound Wizard	10,410	13,910
AFA-Aurora	13,880	13,880
ASSA-Aire	13,880	13,880
Imago	13,880	13,880
Tree Care	13,880	13,880
Abacus Accounting	11,940	12,940
Aurosarjan Trust	2,000	12,500
Aurosoya	10,410	10,610
Anveshan	10,410	10,410
Arthena	10,410	10,410
Aurinoco Systems	10,410	10,410
AVA-Centre D'art	10,410	10,410
Buildaur	10,410	10,410
Catami/Dreamers Coffee	10,410	10,410
Filaure	10,410	10,410
M&M Cheese	10,410	10,410
New Dawn Carpentry	10,410	10,410
New School Crafts	10,410	10,410
Sumark	10,410	10,410
Upasana	10,410	10,410
Well Café	10,410	10,410
Worktree	10,410	10,410
Auromode Trust	10,000	10,000
Mandala Pottery	6,940	9,440
Boutique D`Av Pondy	8,675	9,175
Deepam Candles	8,940	8,940
Aqua Dyn Research	8,470	8,470
Auroville Energy Products	8,470	8,470
Rangoli	8,470	8,470
Nala Builders	8,440	8,440
H & S Design	8,355	8,355
Auroville Press	7,470	7,470
AFA-Masala Project	6,940	6,940
AFA-Natures Gift	6,940	6,940
Amano	6,940	6,940
Artisan Revolution	6,940	6,940
ASSA-Naham Consulting	6,940	6,940
ASSA-Studio One	6,940	6,940
Auro Lakshimi Construction	6,940	6,940
AVA-Kalya's Delight	6,940	6,940
AVA-Spirit of Leadership	6,940	6,940
Bamboo Center Aurovile	6,940	6,940
CSR-AV Design Consultants	6,940	6,940
Eutecne	6,940	6,940
Gastronomica	6,940	6,940
Glimpse	6,940	6,940
LEAD-IPK Activities	6,940	6,940
Linea Dental	6,940	6,940
Lumiere	6,940	6,940
Mantra	6,940	6,940

Commercial Unit	Total in	Total Contribution
Mira Computers	6,940	6,940
Natura	6,940	6,940
PAPUI AND SOMETHINGELSE	6,940	6,940
Pragati Construction	6,940	6,940
School for sust. Managemant	6,940	6,940
Sunshine Music	6,940	6,940
Taboo	6,940	6,940
Tapasya Design Studio	6,940	6,940
The Neem Tree	6,940	6,940
AFA-Royalty Bakery	6,740	6,740
ADPS (Aurelec)	6,561	6,561
La Maison Boutique	6,470	6,470
ASSA-Prime	5,557	5,557
Bon	3,470	5,470
ASA-Mona	5,205	5,205
Aurocabs Taxi	5,205	5,205
Prakrit	5,000	5,000
LEAD-ATB	4,674	4,674
Joy Postcards	3,770	3,770
LEAD-Joy Activities	3,542	3,542
AFA-Auro Amirtham	3,470	3,470
AFA-Essence of Nature	3,470	3,470
AFA-Joy Health Food	3,470	3,470
AFA-Solitude Lunch	3,470	3,470
AFA-Taste of Korea	3,470	3,470
ASSA-Artomic	3,470	3,470
ASSA-Bhakti Mills	3,470	3,470
Office 4 Architecture and Des.	3,470	3,470
ASSA-Raman Constructions	3,470	3,470
ASSA-Rocking Bubbles	3,470	3,470
ASSA-Softnet	3,470	3,470
ASSA-Swastika	3,470	3,470
Atmarati Architects	3,470	3,470
Auro Bacio	3,470	3,470
Aurodesign	3,470	3,470
Auroline	3,470	3,470
Aurore	3,470	3,470
Auroville Press Publishers	3,470	
Auroville Printers	·	3,470
Auroville Printers Auzolan	3,470 3,470	3,470 3,470
AV ARTS-Medi Clown	3,470	3,470 3,470
AVA-150 DPI	3,470	3,470
AVA-150 DPI AVA-ATB with AMIR	3,470	3,470
AVA-Aurosystemica	3,470	
AVA-Aurosystemica AVA-Bear and Trout Studio	3,470	3,470 3,470
AVA-Bear and Trout Studio AVA-Blossoms		
AVA-Biossoms AVA-Brainfever Media Product.	3,470	3,470
	3,470	3,470
AVA-Centre de Soins Naturelle	3,470	3,470
AVA Food Laboratory	3,470	3,470
AVA-Food Laboratory	3,470	3,470
AVA-Future Dreams	3,470	3,470

Commercial Unit	Total in 33%	Total Contribution
AVA-Happy Art Glass Studio	3,470	3,470
AVA-Hemplanet	3,470	3,470
AVA-Inscapes	3,470	3,470
AVA-Local Guide	3,470	3,470
AVA-Matrigold	3,470	3,470
AVA-Natraj	3,470	3,470
AVARTS-Surya Performance Lab	3,470	3,470
AVA-Translating Engineer	3,470	3,470
AVA-Vikram Devatha	3,470	3,470
AWS -Indi Surfboard	3,470	3,470
Bike Care	3,470	3,470
Comfort Design	3,470	3,470
Discovery	3,470	3,470
Earth & Us	3,470	3,470
Eco Fare	3,470	3,470
Ecoteco Pools	3,470	3,470
Freeland	3,470	3,470
Functional Forms	3,470	3,470
Gecko!	3,470	3,470
Iruita Dreams	3,470	3,470
Kalki	3,470	3,470
Kottakarai Food Processing	3,470	3,470
LEAD-ACI Project	3,470	3,470
LEAD-Aurothaima	3,470	3,470
		•
Light & Sound	3,470	3,470
Light Fish Lively	3,470 3,470	3,470 3,470
Mohanam	3,470	3,470
Mukti Accounting		
	3,470	3,470
New Creation Corner Frites Nymphea	3,470 3,470	3,470
OK Upcycling Studio	3,470	3,470
Pitchandikulam	3,470	3,470 3,470
Pottery Sipapu Prisma	3,470	3,470
Quantum Mech Training	3,470	3,470
Radiance	3,470 3,470	3,470 3,470
Roads in Construction	3,470	
Upcycling Studio kiosk	3,470	3,470 3,470
V Design	3,470	,
White ant studio		3,470
	3,470	3,470
Yatra Nova ASSA-Anjali	3,470 3,310	3,470 3,310
Akriti Construction	3,000	3,000
ASSA-Selvam Multip.Team	3,000	3,000
Ganesh Bakery	3,000	3,000
Stone Age Handicraft	3,000	
Naturally Auroville	3,000	3,000
AVA-Oceans	1 000	3,000
AFA-Vegan Essence	1,000	2,000 1 735
	1,735	1,735
ASSA-Dream Studio	1,735	1,735

Commercial Unit	Total in 33%	Total Contribution
AVA-Agnijata	1,735	1,735
AVA-Cocoon	1,735	1,735
AVA-Have Fun Pottery	1,735	1,735
AVA-Sarvam Computer	1,735	1,735
Bhojanam	1,735	1,735
ASSA-Eternal	-	1,500
LEAD-Mohanam Program	955	955
LEAD-Rainbow Swan Studio	746	746
LEAD-Being	671	671
LEAD-Stilelibero	248	248
LEAD-Hall of Light	247	247
Total	43,31,960	45,24,560
Percent of Total	96%	100%

Service	Total in 20%	Total Contribution
EUU - Exploration GH (Total	10tai iii 20%	Contribution
76)	2,21,058	2,21,058
Auromode GH	83,495	83,495
New Creation GH	40,118	40,118
Atithi Griha GH	30,046	30,046
Arka GH	26,578	26,578
Gaia's Garden GH	23,630	23,630
Center GH	16,459	21,359
Isai Ambalam GH	17,350	17,350
Mitra GH	14,260	14,260
Sharnga GH	13,880	13,880
Aspiration GH	13,086	13,086
Verite GH	11,007	11,007
Needam GH	8,000	8,000
EUU Moongate GH	6,940	6,940
Reve GH	6,940	6,940
Tanto Far Beach GH	6,940	6,940
Afsanah GH	3,470	4,270
Joy Community GH	3,876	3,876
International House	3,811	3,811
EUU - Creativity GH	3,470	3,470
EUU - Gratitude GH	3,470	3,470
EUU - New Community GH	3,470	3,470
EUU - Sonja & Umberto GH	3,470	3,470
EUU Siddhartha Forest GH	3,470	3,470
EUU-Goodness GH	3,470	3,470
Samarpan GH	3,470	3,470
Samasti GH	3,470	3,470
Horizon GH	3,000	3,000
Savitri Bhavan Hostel	1,735	1,735
Discovery GH	1,200	1,200
Youth Camp Fraternity GH	900	900
Subtotal	5,85,539	5,91,239

Service	Total in 20%	Total Contribution
Additional Guest		
Contributions	39,471	39,471
Less Volunteer refund	91,227	91,227
Net Additional Guest		
Contributions.	1,30,698	1,30,698
Total	7,16,237	7,21,937

Comice	Total	Total
Service	Total	Contribution
Financial Services	40,87,510	40,87,510
Roads Service Collection	-	2,51,014
Quiet Healing Centre	55,110	56,110
Botanical Garden	50,315	50,315
CSR	45,110	45,110
Working Committee	24,290	24,290
Blue Light	16,560	16,560
Bharat Nivas	10,410	10,410
Citadine	10,410	10,410
Sacgred Groves Care	10,410	10,410
Visitor Center	10,410	10,410
ABC	6,940	6,940
New Era Secondary School	6,940	6,940
Anntara	3,470	3,470
AV Arts Service	3,470	3,470
FRM-Aurogreen Farm	3,470	3,470
AWS/Water supply	3,470	3,470
Auroville Village Action Group	3,470	3,470
Ayarpaadi	3,470	3,470
Electrical Services	3,470	3,470
GFCG - Guest Facilities Coord.	3,470	3,470
Sri Sanskrit Research Institute	3,470	3,470
Land Board	3,470	3,470
La Piscine	3,470	3,470
Pour Tous Distribution	3,470	3,470
Red Earth Riding School	3,470	3,470
FRM-Solitude Farm	3,470	3,470
SAIIER-Stemland	3,470	3,470
Tomatis Project	3,470	3,470
Telephone Service	3,470	3,470
Auroville Vehicle Service	1,735	1,735
Birth Center	1,735	1,735

ANNOUNCEMENTS





Santé Update

We are happy to announce that Santé is resuming many of its therapies and treatments

from Monday, 06/07/2020. Please note, only minimum contact therapies are available. You can see the schedule here: Santé Therapist Schedule - July 2020

Santé services are open to Aurovilians, Newcomers and registered guests with an Aurocard. No cash transactions at this time. For the wellbeing of both our patients and staff, there will be health and safety precautions applied at all times (masks need to be worn, use of regular disinfectant/ hand hygiene, proper social distancing). Please bring your own sheet for physiotherapy sessions and keep in mind that showers in clinic are not allowed.

We would also like to take this opportunity to welcome Monique as a new member of the Santé team. Monique has a wealth of experience in her field and offers counselling in well-woman care, preconception, couples'/family counselling and life guidance to youth, women & men.

Another wonderful news :) Rebeca, our current physiotherapist, has joined Santé as a new team member and will be offering physiotherapy sessions (minimal contact treatment) from 06/07/2020.

For all appointments, please call the Santé reception.

The Re-Newed FreeStore

Auroville FreeStore offers a range of clothes and accessories to Aurovilians & Newcomers. Thanks to our community exchange system, things are free at the Auroville FreeStore.

We hope this message finds you all happy, healthy and in good spirits. It has been a while since we have been able to receive and welcome you in the Free Store. Before we restart our service, we would like to inform you on a few important points to keep in mind. In the last decades we have been kindly requesting you to wash everything you bring and to make sure all items are in a good state. Basically, we want you to bring items the way you would like to receive items: clothes, other items, yourself.

At this particular time, it's important to take responsibility for each other and ourselves. It means that *hygiene is more important than ever!* By re-opening the FreeStore, the exchange of items will increase. We all need to be aware before bringing things you need to WASH with soap or detergent! Once you take items of the FreeStore you need to do the same. WASH before using! The Free Store team will do her part to make sure everything is in good and clean state.

The FreeStore team is happy to announce that we will re-start our service from Monday 6th of July onwards.

To bring or choose your items, YOU MUST get an appointment!

We offer and receive only by appointment on MONDAY/ WEDNESDAY/FRIDAY from 3 to 5pm.

Plan your visit online at www.picktime.com/aurovillefreestore or contact us at 0413 262 3680 during the appt timings.

No appointment = No entry.

As we begin to reopen during the global coronavirus (COVID-19) pandemic, we are following the directions of the state and local authorities.

- PLAN A VISIT ONLY FOR ESSENTIAL NEED
- BRING YOUR GOODS WELL-WASHED! (follow CDC guidance.)
- WEAR A MASK DURING YOUR VISIT

Donations: max 10 pieces/visit!

Thank you for your understanding and cooperation and we hope to welcome you soon again in the Free Store.

~The FreeStore team

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Dinner Scheme at Visitors Centre Cafeteria

The Cafeteria is offering Aurovilians and Newcomers the possibility of booking a Dinner Scheme, similar to the Lunch Scheme: same cost as lunch, same options of full or half month. Please inform us at: cafeteriavc@auroville.org.in or in person. You will have the choice of either eating your dinner at the Cafeteria from 6.30pm onwards, or bringing your own tiffin for take away. If you choose the take away option, food can be picked up from 12.15 PM onwards. In service,

~ Your Cafeteria Team

Satchitananda Raw Vegan restaurant is fully open

We are excited to announce that Satchitananda Raw Vegan restaurant is fully open now, for meals and juice fasting (feasting!) We use organic ingredients that are raw and local to make delicious healthy high-prana meals.

Lunch is available from 12-2pm Monday through Saturday

What better way to beat the summer heat, improve immunity and cleanse the body than a juice feasting program? You will be provided 8 fresh drinks (fruit-superfood smoothies/vegetable juices/nut milk) to keep you hydrated and fresh throughout the day, available for pickup morning and afternoon with advance booking.



We are easy to find, right next to Ganesh Bakery. Please do come by and visit...we will be happy to serve you and you will also find some resources here on healthy eating and living.

0413 2622778, 7639655833; whatsapp: 822-005-8170 or kofpu@auroville.org.in/ananditrans@auroville.org.in ~ Anandi V.



Quiet Healing Center has reopened!

Following recent guidelines from the Auroville Covid-19 Task Force, Quiet Healing Center is now offering treatments for medical or therapeutic purposes to Aurovilians, Newcomers, and Auroville registered guests, or volunteers carrying an Aurocard. You will need to wear a mask before entering the reception and fill out an intake form. Your temperature will be assessed at the reception before you are allowed to enter the therapy centre for treatment. You are also expected to bring two sheets: a "lungi" to cover yourself and another one to cover the treatment table. Be aware that our showers cannot be used afterwards.

Bookings must be made in advance by phone: 948-808-4966; 948-807-9871 or 262-2329 (landline with call forwarding). We are taking all necessary precautions to ensure a healthy and safe environment for your treatment.

Quiet Healing Center Staff

AV Library - Back to Usual Timings

Just to inform that we are resuming our usual timings now: Mornings: Mon - Sat, 9 AM - 12.30 PM

Afternoons: Mon, Wed, Thurs, Fri, Sat: 2- 4.30; Tues: 4-6.30 Standard social distancing rules (mask, sanitised hands, no reading inside) still apply for now. ~ Auroville Library team.



<u>Update from</u> AUROVILLE LANGUAGE LAB

We have decided to gradually start classes for people inside Auroville from July onwards,

following all the usual Covid-19 precautions.

We have done a huge cleaning and sanitizing of the whole ALL building to prepare for this small-scale opening.

We are starting with Tamil with Saravanan, English with Asha and Miko, Spanish Beginners with Mila and Spanish Intermediate with Susana for now. There'll also be an online class for German with Verena. We also have some spaces available for the individual Tomatis program (appt for Tomatis call 0413-4036922)". Please call the Lab or send us an email to sign up: 2623661/4036920; info@aurovillelanguagelab.org

Taste of Korea at Le Morgan closing after 4th July

Taste of Korea at Le Morgan will be open through the 4th July. Our 1 month experimental period is complete, and now we will have a break time. We were very happy to host you for dinner with Korean food at Le Morgan premises. We will announce when we will open again. Thank you for all your support, especially Jean Marc and Odil for lending beautiful space, Swadha for dessert, ammas of Le Morgan, Koreans and Korean food lovers. Gratitude! ~ Taste of Korea team

LOST AND FOUND

LOST: Ladies watch - Citizens watch with a metal wristband, lost between PTDC and the Town Hall. I would love to get it back. Tineke, 2622 261/ 94434 69330.

LOST - A green cloth shoulder bag in A 4 size - On Friday 26th June at noon in PDTC, just back from the tailor, with a red zip and striped lining, inside 2 blouses. If found please let me know - It's my schoolbag! Lisbeth, 944 203 2047

WELCOME

FROM THE ENTRY SERVICE - ES # 039 - 04-07-2020

Our team is happy to recommend the following individuals as Aurovilians, Newcomers and Friends of Auroville, joining Auroville. Prior to Newcomer, Aurovilian and Friend of Auroville status confirmation, for Newcomers, Associates and Friends of Auroville two weeks and for Aurovilians and Returning Aurovilians one month window for community feedback. Kindly forward your support or grievances to entryservice@auroville.org.in.

NEWCOMERS ANNOUNCED:

- Alexandre MANGANO (Italian), staying in Aspiration and working at Matrimandir
- Irene DAOUST (Canadian), staying in Grace and working at Matrimandir
- Patricia ROUSSET (French), staying in Transformation and working at Health Service

CHILD OF NEWCOMER:

 Monish SHANKAR (Indian) - born on 03/10/2013 (son of Shankar BALAKRISHNAN)

AUROVILIANS ANNOUNCED:

- Lucas BOCK (German) staying in Ritam and working at Ritam (with Barbara as a therapist)
- Maud UDIN (French) staying in Grace and working at Auroville Design Consultants
- Siva PERUMAL (Indian) staying in Isai Ambalam staff quarters and working at Isai Ambalam School
- Valentina Beatriz SEPULVEDA (Chilean) staying in Kalpana and working at Auroville Today & AV Arts Service
- Vasantharaj GANDHI (Indian) staying in Le Ferme and working at Isai Ambalam School
- Viacheslav MITEVSKII aka Slava (Russian) staying in Vikas and working at Matrimandir

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been completed and returned. Be aware that the duration of the process cannot exceed 18 months from the date of confirmation.
- An Aurovilian is a resident of Auroville, aged 18 and above, whose name has been entered in the Register of Resident (RoR) as maintained by the Auroville Foundation (AVF) Office.
- The change of status from Newcomer to Aurovilian is the B-Form. An Aurovilian's name is entered into the RoR after he/she has met with the Secretary of the AVF with an appointment arranged by the Entry Secretariat. These appointments are fixed by the Entry Secretariat according to the availability of the Secretary, but not at any personal request of an individual.
- The Auroville Foundation processes issuing of ID cards only to the Aurovilians who are registered in the RoR.

OBITUARY

Joan Tomb

A friend, mentor, and guardian angel to many in Auroville. Joan was a strikingly beautiful, generous, strong, independent woman.

Joan heard of the Mother through Dietra (Claire Worden), and in '71 she and June Maher traveled together to India to meet the Mother. On 2nd April 1972, June excitedly phoned Joan and read out this

message from Mother:

"It is the hour to be heroic. Heroism in full sincerity." "Heroism is not what it is said to be, it is to become wholly unified."

"We are here to prepare the way for the new creation. For centuries and centuries humanity has waited for this time. You are here at this moment, that is to say on earth, because you chose it at one time. You do not remember it anymore, but I know it. That is why you are here. Well, you must strive, you must conquer all weaknesses and limitations, above all you must tell your ego: 'Your hour has gone.' It is the Divine Consciousness which will allow the race to develop itself and the supramental being to take birth."

Joan later wrote, "Not sure how June received this. We were both very moved. It strengthened the bond that we both felt....and affirmed that 'YES', we took birth so as to participate in this work, this process. Not really knowing what it actually meant....to be wholly unified with the new Consciousness.... [which was] part of the inner process."

In the early years, Joan drove from Pondy to Auroville, staying stretches of time in Forecomers. She soon moved to Auroville as a resident. Living in her treehouse, she worked with Pierre Elouard to design and build her house and named the place Recueillement. She always had an open door and a big heart.



For many years, she travelled back and forth from the US to Auroville, and in early 2011, Joan came back to Auroville for the last time, cleared out her house, and handed over the keys to the housing group. Shortly before her 80th birthday Joan wrote, "Although I miss the babies born in Auroville and the close expressions of spiritual family there, here is the best home for me now. My spiritual family in Auroville live forever here in my heart wherever I reside. I feel the Mother's presence at work, arranging even details of my life, which was my experience in Auroville as well. So, while the outward has changed, my inner life is the same.'

Joan, at the age of 85, left her body at 3:30 pm on June 23rd, in her apartment in Tucson Arizona with 3 of her 4 children by her side. She leaves behind 4 children (Laura, Leslie, David, Libby), 4 grandchildren (Pavan, Varun, Ezra, Anna), her sonin-law (Leo Katz), and a great grandson (Leo Dennis Katz Costa), a grandson in law (Nic Costa), and 2 life companions (Paul Pinthon and Zach). A link to a clip of Joan talking about her life: https://youtu.be/9Rz6vJALKxQ

Thank you, Joan, for being a profound part of this spiritual family. We wish you light and joy in your next adventure. Remain close to the Mother. ~OM!

APPEALS

"Made with Love"

"Made with Love" is an initiative to support new mothers and families. Volunteers cook (if you don't cook, you can always take away from AV restaurants) in rotation for the first 6 weeks after a mother has her baby. If you feel inspired to join and deliver a meal, or have any questions, you can contact us at 805-688-8715. Thank you! ~ The Morning Star Team

FOR YOUR INFORMATION



Auroville Campus Initiative

DEPARTMENT OF FURTHER LEARNING, SAIIER

ACI has developed a platform to re-imagine Auroville as a The Auroville Campus (https://edu.auroville.org). We see Auroville as a campus where learning is happening from birth to death & in all contexts of life. Auroville embodies a new paradigm of transformative learning for integral living, and through this platform we aspire to make visible how this is happening, as well as (on a practical level) put together the different learning opportunities offered by Auroville.

The Auroville Campus Portal is a free-of-cost service for fellow Aurovilians and Units to put the learning opportunities they are offering - workshops, courses and regular classes - all in one place. This will facilitate a student who wishes to come to Auroville to learn, to easily find the full range of learning opportunities offered by Auroville, and begin to weave their learning journey using the opportunities available in this ecosystem. Contact us for more at aci@auroville.org.in

The Morning Star Birth Center - We are in service of new life in Auroville, women's health and family life. We propose a Women's Wellness Center that includes a Birth Center. We offer preconception, pregnancy, birth, breastfeeding, family planning and counseling services. The people of Morning Star: Krishna, Magesh, Monique, Paula, Rotem, Shanti Contact us by email MorningStar@auroville.org.in

Ecological Horticulture - 6 mo course Oct 2020- March 2021

The Botanical Garden organises a 2nd course in ecological horticulture, with participants from Auroville, bioregion and commercial sector. The training goes into all aspects of plant biology, ecosystems and places an emphasis on practical hands-on experiences. You will also gain knowledge through site visits, ranging from Eco-restoration projects around India run by Auroville Botanical Gardens to the Eco-systems in Auroville and its surrounding bioregion.

Our lecturers have many years of experience in the fields of horticulture, landscaping, forestry, biology and project management, as well as a deep concern for the conservation and restoration of natural habitats. To know more, or if interested to join: www.auroville-botanical-gardens.org http://auroville-botanical-gardens.org/auroville-ecologicalhorticulture-course/

Funding Auroville - fundraising for land & land-related projects We are a fundraising service for green projects, connecting institutional funders to project holders in Auroville. We have compiled a potent listing of over 100 foundations for regenerative work. We support project holders in the process: from getting precision to your project proposal, to follow up and advise during your ongoing project to sharing the work of reporting to the funder. Our team has trained in fundraising with Ken Vanosky, Friend of Auroville, for past years, and is well networked to experienced professionals within Auroville. info@funding.auroville.org ~ ~ ~ ~ ~ ~ ~ ~

We hope for your encouragement, collaboration and active support for our new steps. If there is interest, we can give short presentations on Zoom about our projects.

Tube Tambi: An Auroville Social Media Collective Launches

Tube Tambi, in collaboration with Auroville OutreachMedia, is an initiative to organize, develop and strengthen Auroville's social media presence on the web, starting with

OUTREACHMEDIA Auroville YouTube. It grew out of a few common communication brainstorming sessions attended by AV Radio,

Auroville Art Service, Auroville.org, Auroville Digital Archives, OutreachMedia and the creators of Tube Tambi.

Tube Tambi hopes to be an educational platform for Auroville youth in the matters of social media algorithms, digital marketing, and production. We also want to provide entry level learning to Auroville youth so they can move on to more technical work with other Auroville services. Here are a few examples of the services that Tube Tambi will provide:

> Subscribing Organizing Liking Commenting Hash-tags Thumbnails Descriptions Graphics Linking Scheduling **Publishing Across Platforms**

Tube Tambi participants will learn while providing a service to Auroville. It will maintain a neutral platform and assist all Aurovilian social media projects. Tube Tambi will also be doing the small meticulous things most people either don't do, don't know they should do, or don't have the time to do with their YouTube channels. We help with the development of new and old channels, starting with Youtube.

WHY is this important? - A Tube Tambi Account features and supports only Aurovilians and the authentic content they have created to showcase Auroville. Through this platform, all Aurovilians with a YouTube channel and their videos could be found in one place. Our goal is that our original content is the first to pop up rather than external promotional content about Auroville. This could organize, unify and strengthen Auroville's internal social media content (starting with YouTube) on the web. Outside subscribers and their channels will not be featured or supported so as to maintain clarity for Auroville internally and separate itself from content being created about Auroville externally. The more we organize, engage and support Auroville YouTube content (because YouTube is owned by Google), the clearer it will be regarding Auroville's visibility on the web.

How to begin? - If you have a social media account (limited to Youtube for now) that you use to showcase Auroville in ANY way, subscribe to a Tube Tambi account. Click https://www.youtube.com/channel/UCPXz6NNgAXbyW9QleH LQ and subscribe. To view a Tube Tambi account, click http://tiny.cc/weouqz. Every like, comment and subscription matters when it is done collectively. For example: When a

new video is uploaded, Tube Tambi will go to the video for a like, comment, subscription, share and cross publishing. If you feel that you do not have the time to participate, we kindly ask only that you subscribe. For more details about Tube Tambi, write tubetambi@zohomail.in for a consultation about our free services.

Youth Opportunity - We understand that most Auroville youth already have their own personal social media accounts and are very intuitive when it comes to using today's various social media platforms, software and equipment. We are looking for Auroville girls and boys who are interested in being the face of Tube Tambi content, creating content which drives the organic growth of the channel, and other Auroville YouTube channels. Having your own laptop, smart phone or camera is a plus. If you are interested in participating as an Auroville youth (ages 16 +), send an email to tubetambi@zohomail.in

To subscribe and support, scroll to the bottom of the web page and follow the subscription link:

https://tubetambi.wixsite.com/auroville

Thank you, Merci, Gracias, धन्यवाद, நன்றி,

Vielen Dank, Спасибо, тт, 谢谢, ありがとう, 감사, Bedankt, Tack, and more

Mattram (Sharing for Connection) - We offer counselling service to help your process of healing, transformation and growth in a holistic way, with a team professionally trained psychologists, psychotherapists & psychiatrists.

For appts: mattram@auroville.org.in.

FMI about our activities visit www.mattramav.in

All Covid health precautions are expected to be observed, including sharing your health history when you visit.



Is The Mother's symbol in your language?

Mother's symbol has been translated into 30 languages, including the four languages of Auroville: Tamil, French, Sanskrit and English, as well as indigenous languages and those used across the world, including Amharic,

Chinese, Croatian, Danish, Dutch, Esperanto, German, Hebrew, Hindi, Hungarian, Italian, Japanese, Kannada, Korean, Macedonian, Marathi, Nepali, Niugini Pisin, Odia, Portuguese, Russian, Spanish, Swedish, Telugu, Tibetan, Ukrainian. For further reading, please click on this link:

The Mother's symbol in multiple languages.

If it has not yet been translated into "your" language and you would like to do it, please write to Anandi Zhang at symbol-in-translation@auroville.org.in

EcoService Auroville "The Art of Waste" Movie by Rena https://www.youtube.com/watch?v=INN0jSCtlxs&feature=youtu.be

While I was on the way to shoot the scenery for this documentary I realized that something has to be done to assist

the task of EcoService For this reason, Agnes R. and I, Rena, created an arrangement with EcoService for The EcoService Fairies.



Our aim is to inform our communities about proper segregation, facilitate your waste setup and to help you understand better how to participate in this enormous task that the sorting women and collection people from AV-EcoService perfrom.

Until now we've gotten referrals from ES when there is a problem to solve. Now we give you the opportunity to contact us directly if you need our support.

We still need some volunteers, so if you can offer some time and a great energy, it will be very much appreciated. Thank you for your collaboration and understanding. -Agnes & Rena rena@auroville.org.in; agnes@auroville.org.in

WHY RAW FOODS?

- High in natural enzymes
- rich in prana, brings prana not only to the body but also into the mind
- > helps purify the 72000 nadis and expand consciousness
- Helps in maintaining the quality and quantity of body enzyme stock/pool which helps in promotion of longevity.
- All of our life processes depend on the functioning of enzymes.
- They are the physical agents of life, important for digestion, for detoxification from internal and external pollution
- > For repairing DNA, for maintaining our immune system and our metabolic and regenerative processes.
- Each cell has 90 million methyl groups at birth. All aging physical and mental degeneration are marked by a loss methyl group. When we cook our foods we destroy proteases, this creates a need to secrete hydrochloric acid for digestion, Hydrochloric acid is the primary donor of methyl group.
- Hydrochloric acid being more used in digestion, less available to donate to methyl group, accelerating the aging.
- Enhances the electrical potential in our cells, between the cells at the interface of the cells membrane when cells have micro chemical potential, they have the power to get rid of the toxins and pull, select the appropriate nutrients in the body.
- Helps in losing weight because it gives more utilizable nutrients with less volume of food intake.

WHY NOT COOKED FOODS?

- Cooking diminishes the amount of nutrients, vitamins, minerals, proteins, fats, organic acids and other lesser known phyto-nutrients, such as bio-flavinoids, which are key components for activation of the gene expression.
- Pesticides, fungicides are broken down to form toxic compounds and there is an increase of free radicals.
- Cooking carbohydrates destroys chromium which is the co-factor for its assimilation.
- Body draws chromium from our body store, over time resulting in tissue chromium depletetion
- Researches show 85% nutrients destruction or loss of bioavailability
- Proteins are coagulated while cooking, disrupting DNA & RNA structures, disrupts mineral absorption.
- Cooking oils destroy most of the nutritive fat that we need such as Omega-3, this often creates carcinogenic, mutagenic by- products.
- Heating Carbohydrates rich foods like potatoes, rice, and cereals creates a by-product called acryl amide which is a human carcinogen which causes stomach tumors, damages central and peripheral nervous system. Foods which have high amount of acrylamide are baked potatoes, french fries, biscuits, bread and carbohydrates foods.

~ submitted by Anandi V.



July 4th is International Day of Cooperatives

Cooperatives are important in the world's economic and social development. Based on the principle of cooperation, cooperatives help create new ethics

and values in business and economics. In 1895 ICA (International Cooperative Alliance) was formed and since 1927 it observes the first Saturday in July as International Cooperative Day. In 1994 the United Nations recognized and reaffirmed that cooperatives were vital in the world's economic, social and cultural development, with 1995 marking the centenary of ICA's establishment.

- submitted by Swaha US, in acknowledgment of aligned historical efforts in the wider world

WORK OPPORTUNITIES

AvRadioTv urgently needs a graphic designer HELP YOUR FAVORITE RADIO STATION!!

Write/call us at radio@auroville.org.in; 262 3331

HR Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Production management - You are interested to join our unit long-term, managing the production, sales, invoicing and preparing accounts for our products. You have basic skills in website <u>management</u> and graphic design. You are responsible, good at working both independently and in a team, take initiative, have good communication skills and an interest in education /games. Part-time, maintenance provided.

And other positions (please inquire about details):

- Ecofemme Ambassador Co-ordinator
- Secretary (part-time)
- Communications-in-Charge

Please contact us for more information if you are interested in any of these work opportunities, or if you are looking for something else. hr-hub@auroville.org.in

~ HR Initiative (Angelo, Joel, Siv, Stephanie)

LOOKING FOR

Long-term housesitting - Sebastien, Camille and Laly (2 yrs old) are still looking for a long-term house sitting. We are Aurovilians, currently living at Kriya. We'd love to take care of your house or flat, garden and pets if you have some, during your time out of town. Please contact Camille: 8098796307 or camille@auroville.org.in. Warm thanks!

Long-term housesitting - Valentina & Pablo (son) are looking for long-term house sitting. We would love care for your home and pets. Would also love to take care of your garden as well. Contact valentina@auroville.org.in or +91 949-889-6117.

Long-term housesitting - I am Lakshmi, Newcomer. I'm looking for a long term, or any other possibility to housesit. I feel very connected to nature, plants, flowers and animals, and would be happy to take care of your garden and house. Contact: 848-976-4602 or lakshmiprem369@gmail.com. ~ Love & Gratitude. Lakshmi

MATRIMANDIR



Crystal Group for the Garden of Existence

You will soon begin to see a new work happening in the **Garden of Existence** at Matrimandir. As

explained in the general information meeting given by the Matrimandir team in Unity Pavilion in March this year, Matrimandir has received the offer of a large group of natural quartz crystals to replace the central granite stone presently in this garden.

We have received a wide positive feedback about the crystal group, and also, during the community review of the gardens conducted last year, there was a significant voice calling for improvement in the central part of this garden. We have also heard community concern voiced about the need for a design process for the central area to be re-built surrounding the crystal group. We will thus proceed soon to carefully remove the large granite stone and intend now to just install the crystal groups as a first phase of the work.

The work will then be paused for some time so that Auroville designers & donors can submit designs for the surrounding area, and the most appropriate design for the crystal surroundings will be chosen by a panel.

The Matrimandir gardens, as Roger often told us, will always evolve. We are sure that this crystal adventure will be an interesting movement to follow.....

~ Matrimandir Executives

GREEN MATTERS



Water Saving Tip of the Week!

For the shower: purchase a large bucket and either step in it or put it near you - close enough that water flows into it when you're showering. Of course, while having the

shower, first rinse the body, close the tap, use shampoo and soap (chemical-free), and again open the tap for final rinse. Then use the water collected in the bucket to water your garden or flush the toilet. With love from the Water Group, helping Auroville become a water-sensitive city. watergroup@auroville.org.in

Water Words: How much water do you use at home?

In our recent correspondence <u>Water</u>, <u>Auroville</u>, <u>and Coronavirus</u> (https://auroville.org.in/article/79286), we shared the importance of understanding your own water consumption at home and the terrific opportunity we all have right now to collect this information. Knowing the number of liters of water that you consume each day increases your water literacy, gives you a frame of reference for others' consumption, and provides a benchmark to start reducing your own water consumption.

Let's pause to differentiate your "water footprint" from "home water usage". According to this article from India Water Portal, "The water footprint of an individual is the amount of water they use in and around their home, school or office throughout the day. It includes the water used directly, like that from a tap as well as the water used indirectly, like the water it took to produce the food they eat, the products they buy, the energy they consume and even the water they save by recycling". But small steps first. Let's start at home to examine the amount of water we use every day.

You can calculate your water usage at home by following the steps below:

- 1.Determine all uses of water at your household. Think about your kitchen (cooking, cleaning, filtered water, etc), bathroom (toilet, sink, shower, etc), other cleaning (mopping, laundry, etc), garden (watering), etc. (And don't forget those little drips that come from your air conditioner!)
- 2. Quantify this water.
- 3. Here are a few tips to help you out:
- If you already have a water meter installed, it may be tempting to take the monthly reading and divide by the number of days to determine your daily water usage. Just make sure that it is including all water in your house. Also remember meters aren't always the most accurate. It would be good to compare your usage collected manually to the meter reading, and maybe you'll discover it's time for a new water meter!
- Old models of toilets use around 8-10 liters per flush, whereas new models use 2 liters per flush. You may need to do some research on your toilet model (likewise if you have a washing machine). Even just becoming aware of how many times you flush the toilet per day is a big step!
- To calculate how much water you are using in the kitchen sink or shower, catch the water in a bucket and then quantify it
- Alternatively, find out how many liters are coming from your kitchen or bathroom taps, take a 1 liter bottle and with a timer, see how long it takes to fill that bottle. Then estimate how much time per day you run the tap. Calculate to arrive at how many liters per day comes from your taps.

(If you are interested to know how your water usage compares with others in Auroville, please read the CSR Geomatics report (https://auroville.org.in/article/79237), specifically pages 27

onwards. Not so easy to figure out how much we consume, is it?)

Once you know how much water you consume, the next step is to start to reduce that number. More on that next week.

~ Water Group

(Tom, Tency, Satprem, Ing-Marie, Giulio, Eric Chacra) watergroup@auroville.org.in / www.aurovillewater.in



Environmental Impact Assessment (EIA) 2020

As mentioned in the last Green Column, because of the econ_omic impact of COVID-19, the Indian

Government has been easing rules and regulations for industries, mining and other developments. This is a summary of the citizens' responses to the diluting of the EIA 2020, addressed to the Ministry of Environment, Forests and Climate Change (MOEF&CC):

- India ranks 177 out of 180 in the Environmental Performance Index in 2018. It is a cause of worry that we have slipped 36 places in just a matter of 2 years since 2016.
- India has lost over 1.6 million hectares of tree cover between 2001 and 2018, roughly four times the geographical area of Goa. The trend continues. On April 7 alone, at least 30 proposals affecting 15 tiger reserves, sanctuaries, eco-sensitive zones, wildlife corridors and other forest areas were cleared or discussed over virtual meetings. Healthy forests are vital as source of our rivers and biodiversity, and deforestation is linked to the spread of deadly pandemics such as COVID19.
- India's population has increased 19% in 4 years (from 116 to 138 crores). The lands of India, its forests and the tribal people living there, the coastal lands and its 160 million people, the fisheries providing security and livelihood for over 14.5 million people, the hills and mountains, in short India's huge and rich diversity of ecosystems is under severe pressure.

Background of EIA

Till 1994, there was no requirement for any person or business putting up a project in any part of the country to get an environment clearance. In 1994, the MOEF&CC issued the environment impact assessment (EIA) notification, requiring all new industrial and developmental activities to do an EIA and get an environment clearance. The 1994 EIA Notification was very simple: just 3 pages, together with 8 pages of forms and annexures - a total of 11 pages. As a result of this notification, 32 kinds of industries from cement to thermal and nuclear power projects, etc., were required to get an EIA done, and to obtain an environment clearance before the project could start.

One important thing to understand is that the 11 page, 1994 EIA notification was simple, direct and easy to read and understand, even though it was amended 13 times. The 2006 notification had already become very complicated and required expert assistance, with more than 39 amendments and 250 office memorandums. The 2020 notification is 80 pages and may require the assistance of PhDs. It is not known whether this is being done on purpose.

Some Dilutions in the EIA 2020

The report lists over 30 areas of concern where the law is being diluted. We picked a few:

<u>Dilution 1: Shifting classification of different categories of development and industries.</u> More than 25 red and orange category industries (with highly toxic and negative environmental impact) can now be started without public consultations and approval, such as mining explorations, river valley projects, thermal power, production of chemical and acid products, cement plants, etc.

<u>Dilution 2</u>: Some categories of industry can expand upto 50% of their current capacity without public consultation or environmental clearance.

<u>Dilution 3:</u> <u>B</u>oundaries of protected, eco-sensitive areas, borders and critically polluted areas are reduced.

<u>Dilution 4:</u> Highways of 70 meter width, elevated roads and flyovers are now allowed without public approval inside National Parks and Wildlife sanctuaries.

And the list continues, including extended validity periods for mining concessions from 30 to 50 years, river valley projects from 10 to 15 years, etc.

The demands for strengthening conclude that the EIA 2020 must include a process for registering a complaint by a citizen of India and that the agencies and responsible officers should be known and approachable. The citizens say that Environmental **and** Social Impact Assessments need to be strengthened, not weakened, in times of crisis.

Sources: The United Conservation Movement; Environment Ministry of the Ashoka University Student Government

~ Gijs and Lisbeth, AVGreen Center

The Green Column appears bi-monthly in the News and Notes and on Auronet. We report on green issues in Auroville, the bioregion and the wider world. We like to hear from you! avgreencenter@auroville.org.in





Hello Auroville! Your radio is always a work in progress and online!

The streaming channel is working well and can be heard here: http://aurovilleradio.org:8000/av-radio-128.mp3. It broadcasts mixed music and LIVE events from our studio.

Next LIVE episodes:

A Cup of Joy by Vega & Francesco every Monday at 2:30pm <u>Nutritional Cultural Redemption</u> by Krishna McKenzie every Tuesday at 10:30am

<u>The Best of What's Still Around</u> by Dhani Muniz, Wed, 2:30pm <u>Youth Conversations</u> by Youth Center activists, Thursday, 3pm <u>The Neo Urban Chronik</u> by Froggy de Frenchy, Friday, 10:30am

All the programs are also available as podcasts (just click on the title). New programs are in progress so... STAY TUNED!

All the recordings are available and ready to be copied on your memory stick at the AurovilleRadioTv premises in Town Hall, opposite the Financial Service.

Please visit our website www.aurovilleradio.org, call us at 0413-2623331 or email radio@auroville.org.in

We want to hear your suggestions:)

Unifying through the Sacred Feminine

"A woman's highest calling is to lead a man to his soul so as to unite him with Source.

A man's greatest calling is to protect woman so that she is free to walk the earth unharmed".

(Indigenous wisdom)

The Sacred Feminine is not a distant God but a presence within us, needing our attention. In response to the patriarchal imbalance, she has been cast into the shadows for a long time.

Sadly, in her place has come to stand a masculinized feminine form; the woman who strives for masculinity and denies the value of her own inner wisdom. In the fight for approval and to match the masculine energy, the radiant and true light of the Feminine has become all but silenced.

Patriarchy is a man-made system of fear, dominance, power and control, seeking to diminish and suppress the yin and exult the yang. Yet any system that must rely on force and suppression to claim power and control is entrenched in a lie,

for Truth - which is in fact Love - does not exist in nor depend on violence: physical, emotional or spiritual. Consequently patriarchy, a man-made belief is therefore not a system of truth. Reflecting a state of cognitive dissonance with Life, patriarchy is not only a retreat from the Feminine, it is an opposition towards Life; an opposition to the natural counterpoint to the Love Consciousness she embodies as well as to the Divine Masculine.

With the advent of patriarchal religions, slowly she began to worship gods made by men; the values of the men became her values. The loss of the relationship with the goddess led to the adoption of masculine characteristics. Femininity was occupied by feminism, and, the pursuit of equal rights distorted to a match with the male nature. Today we live in a phallic world and the dominant images are of wealth, power and technology instead of love, beauty, ecstasy of union, wisdom and numinous experiences.

For eons before patriarchy, there were worldwide "Mother/ Female and Earth"-honoring societies that lived in a more egalitarian, sustainable and peaceful culture that thrived without war. Remembering those lost matrifocal civilizations authenticates and validates the significance of the Sacred Feminine and female values as we rebuild a healthier global unity. Historically, the oldest human interpretation depicts the divine as a woman, and the original Goddess was expressed as the Earth Mother. Since women create life, the divine goddess is the metaphor that the earth nourishes our existence as a mother her child. The devaluation of the sacred feminine and the Earth Goddess has created a world of greed, separation, division, destruction and war.

The real cure for this phallic world is the retrieval of the sacred feminine and the transformation of the inner world of humans. The retrieval of the Sacred feminine is crucial and essential to the balance of the collective, and to the growth and transcendence of the individual.

The Sacred Feminine and Divine Masculine energies transcend gender. However; unlike a man's instinct to suppress their femininity, most women are quite comfortable with the masculine aspect of themselves. Many women have neglected their own femininity in the name of success and survival. The loss of the feminine energy is a serious problem in our society for it is shaped by masculine aspects that impose a patriarchal culture based on race, power games, rationalism and success built through strength.

The loss of feminine energy is also a serious problem for men. The absence or repression of the feminine aspects reduces the emotional depth and is a source of discontent, loneliness, and a feeling of meaninglessness in men. Losing touch with feminine aspects is of course, a serious problem for women too, it affects their natural way of being and the search for their identity. It is time to balance the masculine and feminine principles within our belief systems, religious doctrines, cultural ethos, and within ourselves.

To gain this equilibrium, we must shift our focus to the idea of Universal Motherhood. We need to emphasize "Motherly" love, wisdom, compassion and creativity, as well as respect sexuality as natural and sacred and not something to be debased. We must empower women and celebrate their contribution to spirituality, culture and society. And we must awaken ourselves, teach our children and educate our men.

Awareness of the Sacred Feminine will aid us in appreciating the feminine nature in women and men. Awareness of a Universal Motherhood will help us to respect the earth and Mother Nature. Awareness of the Feminine Principle will help us honor women's bio-physical and emotional passages through life, and to help all people (women particularly) to attain healthy self-esteem.

And this awareness will encourage all persons to find inner balance and peace, thereby increasing respect and tolerance of each other - which ultimately will promote greater societal and world harmony.

~ submitted by Sumit

bringingthelifeback

~ * ~ * ~ * ~ * ~ * ~

Who took away the crowd from the banyan tree in summer, when birds & children, old & young, used to play with time?

Who took away the gathering, for someone sick at home?
As if the Buddha of compassion went to sleep long ago and forgot his work.

Who took away
even the flute of Krishna?
And now?
Now more claws in dark night
than voices of women singing.
Now more hustle and bustle in the mind
than the stories of grandmothers.
Now temples more engaged
with transactions than with peace
Bargaining with the fear and insecurities.

Love flew away,
with the old wise man
to high mountains, hiding under layers of snow,
the rest washed away by the river
to settle on ocean's floor.

I am waiting for the churning, by us - the humans. No gods, no devils, shall play that role now.

It is our own fight.

The fight to live for,

The fight to bring back to life

Life.

~ Vivek Singh - Needham, Certitude



CULTURAL ACTIVITIES



Be part of history!

July 6th, 2 - 5 PM at the Pavilion of Tibetan Culture.

HH Dalai Lama celebrates his 85th birthday on 6^{th} July

Pavilion of Tibetan Culture and MeDiClown Academy invite you to join us in painting MeDiClown Noses made of Nungus from Auroville. We will gift them to His Holiness as part of our India NoseLove project, to share happiness throughout India and the world. Paints, brushes and Nungu noses provided.

Space is limited. To register: bodkhang97@gmail.com or info@mediclownacademy.org

Wear your mask! Safe physical distancing strictly adhered to.

We will laugh and chant!

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AUROVILLE ART SERVICE - 'basket' for the week

1. GOETHE ON DEMAND - In cooperation with Filmgalerie 451, the Goethe-Institut presents an online streaming programme called Goethe

on Demand. It contains an exquisite selection of films that is free of charge on Vimeo until 31 July 2020. https://www.goethe.de/ins/in/en/kul/sup/vim.html

- **2. POPCAST NEW SOUNDS FROM GERMANY -** What's new in German pop? This playlist goes with the monthly Popcast by Goethe-Institut and Zuendfunk. From indie to electro, the best new tracks are popped right into your mobile. https://open.spotify.com/playlist/25A4LMxhydRvpQGjF6ckPZ
- 3. CO-OPERATIVE ART PRODUCTION FUND Generator is a co-operative art production fund created by Experimenter in collaboration with its artists and friends. The fund will award several production bursaries of varying amounts through the year towards the realisation of artists' projects. Open to all visual artists, irrespective of medium of practice. There are no limitations concerning age, region or provenance of the applicant. If you are a visual artist and have a project that needs a stimulus of funds for completion or need seed funding or basic financial support that will help you continue your practice, please see the link below and apply online. For further information, please write to admin@experimenter.in; https://experimenter.in/labs-generator.html
- **4. NINA SENGUPTA AND EDIBLE WEEDS** Nina has launched a YouTube channel with virtual edible weed walks! She will also post daily photos and information that will help you identify the edible weeds on the linked Facebook page, Instagram, and Twitter. https://youtu.be/d94sx5neSkg

Be sure to have a look at the Regular Activities Addendum for the classes and treatments that have restarted.

TRANSPARENCY restarts

Open call for Artists

for a group exhibition in April 2021 at Centre d'Art, Auroville on the theme of Transparency

Any media is accepted

Due to the uncertain situation, the collective exhibition Transparency will not take place in September as planned. Transparency is postponed to April 2021. Therefore, the artists who want to participate have time to submit their work till the end of February 2021. For more information, contact us at: centredart@auroville.org.in

CLASSES/WORKSHOPS

Aurinoco Webinars presents:

 $\begin{array}{c} Pranayama \ with \ JV \\ 12^{th} \ through \ 14^{th} \ July \ (Sun-Tues), \ 7 - 8 \ AM \end{array}$

"It is in good health that the way to transformation is found" ~ The Mother

This workshop introduces you to an integrated Yoga practice consisting of

- Easy-to-do exercises based on yoga for flexibility
- Eight simple but very powerful Pranayama practices
- Yoga Nidra (Deep Relaxation) to let go of stress and recharge yourself

It can be practiced by people of any age. Pranayama improves lung capacity and lung efficiency. The benefits include reduction in stress, enhanced energy level and improved sense of wellbeing. Sustained practice reduces the breathing rate the key to retarding the aging process and boosting immunity.

Intended outcome: You will gain confidence to practice on your own. By practicing for about thirty minutes per day, you enjoy a new level of wellbeing.

This webinar is free and open to all. No registration is required. Please have your breakfast only after the Pranayama session.

How to join the webinar - By computer, laptop or smart phone using Google Meet. If joining via computer, Chrome browser is required. If joining by smart phone, please download and use Google Meet App. To join the Webinar, click on https://meet.google.com/enh-xkzi-hww

IMPORTANT: Please familiarize yourself with muting/unmuting of audio/video. Put phone in speaker mode. The icons of microphone, red disconnect button and speaker disappear after some time. To see them back, tap on the screen.

About the Facilitator: JV lived in Auroville from 2007 to 2016. He has been facilitating workshops and retreats in Auroville since 2008.

Aurinoco Webinars is a new initiative to leverage the internet and fiber optic network of Auroville in the current situation to bring opportunities for 'unending education' directly into your residence.

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