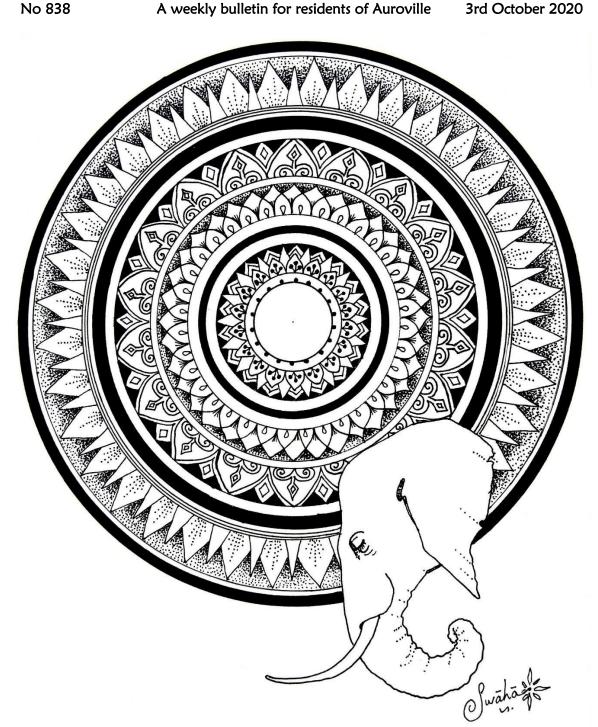
News and Notes



Mandala by Swaha Antoine

HOUSE OF MOTHER'S AGENDA



(continued from last week)

Then among all these living beings, cosmic godheads, superhuman and human and subhuman creatures, and amid all these qualities, powers and objects, the chief, the head, the greatest in quality of each class is a special power of the becoming of the Godhead. I am, says the Godhead, Vishnu among the Adityas, Shiva among the Rudras, Indra among the gods, Prahlada among the Titans, Brihaspati the chief of the high priests of the world, Skanda the war-god, leader of the leaders of battle, Marichi among the Maruts, the lord of wealth among the Yakshas and Rakshasas, the serpent Ananta among the Nagas, Agni among the Vasus, Chitraratha among the Gandharvas, Kandarpa the love-God among the progenitors, Varuna among the peoples of the sea, Aryaman among the Fathers, Narada among the divine sages, Yama lord of the Law among those who maintain rule and law, among the powers of storm theWind-God. At the other end of the scale I am the radiant sun among lights and splendours, the moon among the stars of night, the ocean among the flowing waters, Meru among the peaks of the world, Himalaya among the mountain-ranges, Ganges among the rivers, the divine thunderbolt among weapons. Among all plants and trees I am the Aswattha, among horses Indra's horse Uchchaihsravas, Airavata among the elephants, among the birds Garuda, Vasuki the snake-god among the serpents, Kamadhuk the cow of plenty among cattle, the alligator among fishes, the lion among the beasts of the forest. I am Margasirsha, first of the months; I am spring, the fairest of the seasons.

In living beings, the Godhead tells Arjuna, I am consciousness by which they are aware of themselves and their surroundings. I am mind among the senses, mind by which they receive the impressions of objects and react upon them. I am man's qualities of mind and character and body and action; I am glory and speech and memory and intelligence and steadfastness and forgiveness, the energy of the energetic and the strength of the mighty. I am resolution and perseverance and victory, I am the sattwic quality of the good, I am the gambling of the cunning; I am the mastery and power of all who rule and tame and vanquish and the policy of all who succeed and conquer; I am the silence of things secret, the knowledge of the knower, the logic of those who debate. I am the letter A among letters, the dual among compounds, the sacred syllable OM among words, the Gayatri among metres, the Sama-veda among the Vedas and the great Sama among the mantras. I am Time the head of all reckoning to those who reckon and measure. I am spiritual knowledge among the many philosophies, arts and sciences. I am all the powers of the human being and all the energies of the universe and its creatures.

Those in whom my powers rise to the utmost heights of human attainment are myself always, my special Vibhutis. I am among men the king of men, the leader, the mighty man, the hero. I am Rama among warriors, Krishna among the Vrishnis, Arjuna among the Pandavas. The illumined Rishi is my Vibhuti; I am Bhrigu among the great Rishis. The great seer, the inspired poet who sees and reveals the truth by the light of the idea and sound of the word, is myself luminous in the mortal; I am Ushanas among the seer-poets. The great sage, thinker, philosopher is my power among men, my own vast intelligence; I am Vyasa among the sages. But, with whatever variety of degree in manifestation, all beings are in their own way and nature powers of the Godhead; nothing moving or unmoving, animate or inanimate in the world can be without me. I am the divine seed of all existences and of that seed they are the branches and flowers; what is in the seed of self, that only they can develop in Nature. There is no numbering or limit to my divine Vibhutis; what I have spoken is nothing more than a summary development and I have given only the light of a few leading indications and a strong opening to endless verities. Whatever beautiful and glorious creature thou seest in the world, whatever being is mighty and forceful among men and above man and below him, know to be a very splendour, light and energy of Me and born of a potent portion and intense power of my existence. But what need is there of a multitude of details for this knowledge? Take it thus, that I am here in this world and everywhere, I am in all and I constitute all: there is nothing else than I, nothing without Me. I support this entire universe with a single degree of my illimitable power and an infinitesimal portion of my fathomless spirit; all these worlds are only sparks, hints, glintings of the I Am eternal and immeasurable.

~ Sri Aurobindo, Essays on the Gita, Chapter 8, God in Power of Becoming

~ The Mother, White Roses

P.S. There's a HOMA page on the Auroville website: https://www.auroville.org/contents/1085



It is the Divine Presence that gives value to life. The Presence is the source of all Peace, all Joy, all Security. Find this Presence in yourself and all difficulties will disappear.





AMPHITHEATRE - MATRIMANDIR Meditation at sunset with Savitri - read by Mother to Sunil's music Every Thursday, 5.30 to 6.00 PM (weather permitting)

Enjoy the beautiful open space, the immense sunset and heavenly music in the very center of Auroville! Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to bring/use cell phones, cameras, tablets, etc... Access is still limited to Aurovilians, Newcomers and Pass holders (have it with you) from 5.15 pm. The Gardens are open until the meditation ends.

~ The Amphitheatre Team

WORKING GROUP REPORTS

From WC: Aurovilians in and out details

Community 🔊 News

During these last months of travel restrictions and the need to be aware of who was physically in Auroville and who not, it has come to our attention that many people do not inform the Residents' Service about their departures and arrivals. This makes it impossible to keep accurate records of the number of people who are currently unable to return home to Auroville. It is very important that you inform the Residents' Service when leaving Auroville to go abroad and when returning. There are forms outside the office that can be filled in even

when the office is closed. Those of you who are reading this from abroad and have not informed the Residents' Service already, please help to update

informed the Residents' Service already, please help to update the database by writing to <u>resservice@auroville.org.in</u> and letting them know when you left. This might be helpful specially to facilitate the return at the time when the suspension of visa will be lifted.Thank you for your attention to this important matter. - The Working Committee

From AVC: TOS Council Member Resigns

Siv had to leave for Norway in July to attend to her family emergency health situation and has not been able to come back on account of the Covid 19 restrictions. She sees her life has taken another direction for the time being, which does not enable her to be actively involved in the responsibilities of the Council. Hence, has requested us to accept her resignation. We have accepted her resignation with an appreciation for her accountability and wish her safety and all the best till she is able to return to Auroville.

~ * ~ * ~

If You Have Dogs

We request the owners of pet dogs, to please tend to their need for long walks/runs, so they are able to expend their energy. If circumstances don't allow you to do so, or if you are aware of a cranky phase in your pet, kindly muzzle it to ensure that no one is bitten. Of late we have been receiving a number of complaints about dogs being left loose and dogs biting people passing by. We also have several complaints about continuous barking at night and dogs roaming around unattended in our communities. It would help to inform and seek an agreement with your immediate neighbors before adding another canine to your family, in order to maintain a friendly neighborhood.

We would also like to gently remind dog owners to vaccinate their pets and keep the booklet updated. It's essential to know the last vaccine date in case anyone's bitten. Please ensure that as the dog owner, you incur all medical costs for the bitten person.

 For the Auroville Council (Enrica, Riju, Shivaya, Vatchala, Balaji, Ganesh K. and Mouttou)

- Alexandre	C
Al sides	L'avenir & aucoville
AUROVILLE	
TOWNSHIP	Auroville Township Planning and Development Research Organization

We write to you as your representatives to provide an update on the challenging situation we face. As you may be aware L'avenir d'Auroville/TDC is supposed to have 8-13 members selected by the community. When we joined the team there were 2 existing members. Since then two members stepped down and when Tejaswini's term ended in February that left just the two of us. Despite our requests for urgent support TDC was not included in the interim selection process held in March.

We are sincerely committed to our work to serve the community and help build Auroville, so have continued to work hard over the last few months. As detailed in our latest update report (<u>https://auroville.org.in/article/80803</u>) we have built technical teams as mandated by the community and taken forward the work necessary to build Auroville in a way that meets our community's needs and aspirations.

We see that the teams we have established are inspired to work hard and serve the community but the situation we are in with just two Interface Team members is throwing up many roadblocks which prevent us from doing this.

The lack of Interface Team members means that:

- We are unable to access funds from Auroville Foundation for our work (as they require us to have a minimum of three selected members as per standing order). Currently we have a few staff supported by BCC and a few volunteering their time but we are unsure how we can support other team members financially in these already challenging times.
- We are unable to fund surveys and other works essential to progress more complex projects. This inability to move ahead with more complex applications is causing members of our community financial and emotional stress and preventing flow of much needed external funds into our economy at this critical time.
- We are unable to make changes to improve processes or policies where we can see that there are gaps or that current ways of functioning are not meeting the needs of the community.
- Team members are leaving due to frustration from the situation and lack of support from other working groups. This means that some functions such as processing of applications will have to be closed. We note with regret the financial and emotional stress this will cause for community members in need of housing and others impacted by this decision but in the current situation we have no other option.

Over the last months we have repeatedly asked other working groups for advice and support on how best to move forward, however we have not received any support to date.

We also do not understand why we were not included in the last interim selection process and why some options for the upcoming selection process do not include us either. We urgently require more members as the current situation is just not sustainable. We question on a daily basis whether we should continue in our roles or whether we should let the institution of TDC collapse. We only continue because we truly believe it is in the best interests of the community.

As your representatives we are sincerely interested to hear your thoughts on the situation we face and how best to proceed. We therefore welcome your comments and questions (at avenir@auroville.org.in) and will be inviting you to join us for a Q&A on Zoom soon.

Warmly, Saravanan and Sreevatsa for L'avenir

APPLICATIONS FOR PRELIMINARY DESIGN APPROVAL - 29th of September 2020

Design approval is not an NOC to start construction but an evaluation of the design & preliminary estimates submitted. The applicant/project holder is to submit the final building NOC form and full set of construction drawings along with detailed estimates for a final building NOC after the approval is given .

Below applications have gone through the TDC evaluation process but awaits community feedback.

Application forms, drawings & area maps for these have been uploaded on the Intranet in the application announcement posting. Kindly mail any feedback before the 17th October 2020 to <u>application-avenir@auroville.org.in</u>

House Extension - Ganesh K - Protection - Application for Preliminary design approval. The design approval shall be given to Ganesh K to build an extension on the first floor of his existing house. The total area is 65 sqm and preliminary estimate is 12,13,000/- This will be built by funds through loan & grants. The extension shall have a living room, kitchen, bedroom, study and bathroom. The design for the structure has been done by Shivangi Gadia.

Mango garden Layout - The Mango garden community is in the green belt, abutting the outer ring road, adjacent to the industrial zone. In 2019, with the endorsement of Green Group,

TDC carried out a brief survey of an area in Mango Garden with a view to allocate sites for free standing houses & some units/services. An area towards the future ring road will be opened up for development with a clear set of site development guidelines issued for the design - construction of the new structures as well as broad outlines for the use of land. The layout has allocations for 3 freestanding houses & 2 units/services. The allocation of space for building of houses was done through an open call by Housing Service. A call for proposal is to be made by TDC for the two remaining spaces for units/services and these will be allocated in consultation with ABC/FAMC. We have received applications from two of the individuals to whom the site was allocated for houses -Mariappan G & Mariappan O. the process followed for Individual Applications is the same as with all other applications.

House - Mariappan G. - Mango Garden - Application for Preliminary design approval. The design approval shall be given to Mariappan G. to build a house in Mango garden (Kottakarai). The house is part of a layout of 3 houses which will have common infrastructure facilities. The total area of the house is not exceeding 96 sqm and preliminary estimate is 9,52,000/- This will be built with private funds. The extension shall have a living room, kitchen, 2 bedrooms and 2 bathrooms. The design for the structure has been done by Rahul Babu.

House - Mariappan O. - Mango Garden - Application for Preliminary design approval. The design approval shall be given to Mariappan O. to build a house in Mango garden (Kottakarai). The house is part of a layout of 3 houses which will have common infrastructure facilities. The total area of the house is not exceeding 96 sqm and preliminary estimate is 9,52,000/- This will be built with private funds. The extension shall have a living room, kitchen, 2 bedrooms and 2 bathrooms. The design for the structure has been done by Rahul Babu.

Last school hall - Application for Preliminary design approval The design approval shall be given to Jean Yves, as project holder for this application, to build a multipurpose hall within the Last school campus.

Last school was built in 6 phases - classrooms (3 phases), art centre, parking; storeroom and dining area. Current population of the school is 75 students. Functions for the proposed hall:

- Space for larger gatherings
- Presentations to all students by faculty from outside
- ATB(awareness through the body) hall
- Theatre performances
- Musical performances

Proposed structure of the Multipurpose hall continues the design language of existing structures of white cubes. The hall is designed as a square of $12 \times 12 \times 6$ metres, but has an addition of storeroom on one side, and on the other of common toilets. Total area of the proposed hall with toilet and storeroom would be 245 sqm. Cost estimated at 85,82,000/- of which Saiier will be allocating 75,00,000/-. The design of the structure has been done by Ganesh Bala.

APPLICATIONS FOR FINAL BUILDING NOC - 29th Sept 2020

Below applications have gone through the full evaluation & review process including community feedback during its preliminary design approval and will be issued the Final building NOC. Application forms, drawings & area maps for these have been uploaded on the Intranet in the application announcement posting. Kindly mail any feedback before the 17th October 2020 to application-avenir@auroville.org.in

Georg & Erika house - Newlands - application for final Building NOC. The building NOC shall be given to Georg to build a house, not exceeding 75sqm in Newlands community. Totalestimated cost of the structure is 15,33,000/- The house will be privately funded and being in the Green belt, has the endorsement of the Green Group. The house has a living space with a kitchenette, bedroom & bathroom. The design for the structure has been done by Georg & Erika.

The building shall be used according to its description in the building application and any change in function or purpose of building is subject to TDC approval throughout the lifespan of the building.

The project holder can <u>begin construction on site after</u> <u>picking up the signed NOC</u> document from the TDC office.

House Extension - Prakash - New Creation field - application for final Building NOC. An earlier application done by Prakash to extend the house on the ground floor had received NOC. This now stands cancelled as Prakash has re-submitted his request for extension. The building NOC shall be given to Prakash to build an extension on the first floor of his existing house. The existing house is 85sqm and the proposed extension is for 23sqm. The estimated cost is 6,20,000/- and will be funded through HS loan & grant. The design of the structure is done by Bhaskar. The project holder can <u>begin construction on site</u> <u>after picking up the signed NOC</u> document from the TDC office.

SNL fiber connections - planning and developing Auroville's underground cable infrastructure

In close collaboration with BSNL and TNEB, a major part of the overhead lines inside Auroville have been replaced with underground cables. In the case of telephones all overhead lines have been replaced. (There was a time when for each telephone in Auroville a pair of two GI (galvanised iron) wires would run all the way to a location near JIPMER hospital from where the overhead lines would transit to a multi-pair underground cable to the telephone exchange on Ranga Pillai Street, Puducherry!)

Auroville Telephone Service periodically receives requests for BSNL fiber connections. **BSNL works with local contractors** who string overhead fiber cables through trees. If this continues we will soon be back to square-one and have again all sorts of overhead lines criss-crossing Auroville.

L'avenir d'Auroville has already given a mandate to all Auroville infrastructure services that all infrastructure within the City area (to start with) must be laid along the planned underground infrastructure service corridors for longevity, future access for maintenance, repair and replacement and to have a comprehensive planned development. With this background in mind, Auroville Telephone Service and Aurinoco Systems have applied jointly to operate as a franchisee for BSNL fiber data broadband over Auroville fiber infrastructure. This would mean that Auroville residents and units will have the option of getting certain BSNL services whereby data transport takes place over the Auroville underground fiber network.

Already about 80% of the city area is covered with Auroville underground fiber infrastructure, in most cases up to the outer periphery of communities/clusters. The remaining 20% is under development.

The BSNL broadband fiber subscription is being tested in the Aurinoco network lab and very soon Auroville Telephone Service and Aurinoco Systems hope to announce the BSNL plan offerings that will be rolled out to various areas of Auroville. Meanwhile we request all residents and units not to engage local contractors who install overhead lines as that undermines the efforts of the past more than 30 years to migrate from overhead lines to underground cables.

Jointly, Auroville Town Development Council/l'avenir d'Auroville, Auroville Telephone Service, Aurinoco Systems, Auroville Electrical Service

Call for registered chartered engineers

L'avenir d'Auroville/TDC through its EMC team calls for empaneling of registered chartered engineers. This will help us to ensure we have a pool of registered chartered engineers, for checking of running account bills and to provide necessary technical recommendations as requested. Technically eligible people are requested to mail <u>emc-avenir@auroville.org.in</u> with their CV, copy of the registered certification and any other relevant documents.

ANNOUNCEMENTS

Our Dear Dr. Kamla Tewari departed this Earth on Tuesday, 29th September, surrounded by loved ones. A full obituary will appear next week. There is no Feldenkrais Inspired Movement class on 2nd & 5th October. Normal class schedule resumes on the 9th.



In the announcement last week about the publication of Nadia's book, <u>Auroville 80</u>, there was an important omission! The post should have ended with: The book is on display at the bookshop of the Visitors Center

(discounted for Aurovilians). All profits from the book will go to Acres for Auroville for securing Auroville's missing land. Acres for Auroville sincerely thanks Nadia for her solidarity, and congratulates her on creating this very beautiful book".

Covid, Crisis or Creation? - An invitation for creative self-reflection. Read yourself like a book. Are you in? <u>ourhome@auroville.org.in</u>



CREEVA is organising a large group exhibition of the art that has been created during the covid19 lockdown. It will be held at Savitri Bhavan once the restrictions are relaxed. We are inviting ~ 20 artists to participate in the event, so whoever is

up for it, please contact us and submit at least three of your artworks at the CREEVA studio in Creativity. Audrey - 04132622641 $\underline{creeva@auroville.org.in}$

We, Balu and Suriya (Matrimandir Nursery) are very happy to announce the arrival of our baby boy Pavin on 24.09.2020. Jayan is super excited for the much-awaited sibling!



Call for Grant Proposals Annual Review for Funding in 2020-2021

The Project Coordination Group (PCG) will be meeting for its annual review of grant proposals for funding by Stichting De Zaaier in 2020 and the Foundation for World Education in 2021. All documents related to this purpose are to be submitted in the prescribed forms as attachments emailed to pcg@auroville.org.in latest by Monday, <u>5 October.</u>

<u>Please submit earlier if possible.</u> You are invited to send us a draft version of your proposal for comment prior to the due date. (If you plan to submit a proposal, please carefully read this full announcement to the end!)

Following the procedure set up by the Foundation for World Education, the Project Coordination Group will review and select projects for approval and budget allocation by their Board members. In recent years, funds available with the Foundation for World Education for Auroville projects and programs amounted to approx. USD 30,000 in total. *Please note that no funding is available for the maintenance of Aurovilians*: maintenance of Aurovilians is either to be covered by Auroville or from a source other than Foundation for World Education grants.

With regard to Stichting De Zaaier, the Project Coordination Group will check whether proposals fall within their funding criteria and forward those that do to the SDZ Board for final selection and grant allocation. In recent years, funds available with Stichting De Zaaier for Auroville projects and programs were in the range of \leq 50.000 to \leq 90.000 in total.

In addition to the criteria given as bullet points below, the SDZ Board has indicated that they are willing, "to consider proposals in relation to COVID-19 challenges" and, "initiatives aimed at a more sustainable economy with a comprehensive plan or roadmap that can support the various initiatives to become more than the sum of the parts".

Stichting De Zaaier welcomes project proposals for:

- research studies in the fields of sociology, economy, psychology and inner development;
- exploratory (research) studies into the relations with the world outside Auroville, in particular with villages (and villagers) surrounding Auroville, as well as proposals for

initiatives that seek to contribute to strengthening these relations;

- initiatives that seek to enhance efficient co-operation of Aurovilians with the aim of making full use of the existing potential in Auroville;
- studies exploring a sustainable future for Auroville and initiatives contributing to such a future;
- initiatives requiring seed money (micro-projects) for innovative and informal education and training, women's development, outreach as well as proposals prepared by youth.

Please note that *no funds are available for infrastructure, buildings or transport.* Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville

Stichting De Zaaier has indicated a preference for the funding of projects and activities for which the maintenance of Aurovilians is either covered by Auroville or from a source other than SDZ grants.

A revised grant application form, budget request form and guide for filling these in are available on request from pcg@auroville.org.in or may be downloaded from Auronet.

Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or, students of any individual classes, your project is to be reviewed by all concerned School Boards prior to the Project Coordination Group review.

For more information or assistance please write to pcg@auroville.org.in or contact the Project Coordination Group at the ACUR (Town Hall) by phoning 2622250. Last date for submitting proposals is Monday, 5 October.



Korean Dinner Wed, Fri and Sun evenings

At Visitors Centre Cafeteria, on Friday October 2nd -which is Korean Thanks Giving Day- Lee (Kyoung Hyoun) will start offering Korean dinners 3 days a week. The Cafeteria deeply thanks Lee and her friends for all the know-how, care and attention they have put into this project. We are all very excited! You

can see the full menu on Auronet and on Visitors Centre Facebook page or by joining the Cafeteria whats app group.

Please try and book in advance for the opening evening so we have an idea of quantities. **We will serve only Korean items on the opening evening** as it is a special day. After that, on Wednesdays, Fridays and Sundays, regular Cafeteria items will also be served, along with Korean items. ~Your Cafeteria team

APPEALS

Appeal to Aurovilians and friends

The Scholarship and Educational Fund (SEF), a sub-unit of SAIIER, provides financial help to students of Auroville who want to pursue their higher education outside of Auroville. This help is extended in the form of an interest-free loan. In the current financial year, in response to an increase in applications for financial support, the SEF has exhausted its funds exceptionally early i.e. already now in September, but it is still receiving requests for much-needed support.

We appeal to Aurovilians and friends to contribute to the SEF by donating to the FS acc. no. 240001 of SAIIER, stating as purpose "SEF". (Kindly note that all contributions are used exclusively for student loans; till date no administrative expenses or maintenance have been paid from any nonspecified donations to the SEF.)

We trust in your understanding and goodwill towards the students of Auroville. In case of questions please mail to sef.secretary@auroville.org.in.

~ On behalf of all students in need of support, sincere thanks, the SEF team (Auralice, Chali, Davaselvy, Devi, Lucas, Palani, Suryagandhi and Vennila)



Smartphones needed

Aikiyam School is in urgent need of smartphones for a number of children who do not have access

to online communication with their teachers at the school. We presently have a list of around 20 children who cannot communicate with the school in this way, and are therefore unable to properly access the programs being offered by the school. If you have an old android phone which you no longer need, and it is still functioning, the school would be happy to receive it. Please contact the school at 0413 2622358 or aikiyamschool@auroville.org.in, or drop the phone (and charger if you have one) at the Aikiyam School office at New Creation.



DIGITAL IMAGES for Next "Land" Card/Calendar Dear Auroville photographers &

artists, residents & friends,



In Brief: Could you please look into your digital collection and send us a photo/paintings/picture that can be very appropriate and appealing for the New Year 2021 greeting card plus calendar?

Explanation: Each year, the land fundraisers create and distribute our now-annual New Year's card plus calendar. It increases awareness of our work at LFAU and its two campaigns Acres for Auroville & GreenAcres and helps to raise needed funds for purchase of Auroville's still missing plots. This is a labor of love designed to inspire us all for the New Year ahead. We are also able to convey something of Sri Aurobindo's and the Mother's vision of the future within the backdrop of Auroville's material existence.

We send the cards by email to over 2000 people. They are then distributed for free to Aurovilians and guests (printed for just 2 Rs each). Each year, a benefactor pays for all the postal costs for mailing the cards to donors and supporters outside AV.

We take great care in selecting photos/pictures and the quotes. For the New Year, 2021, we are in the process of selecting the photos and we invite you to propose a "candidate" from your digital collection. If you find something striking, inspiring, suggestive of a positive future, of the vision and work of Sri Aurobindo and the Mother ... something that conveys the Auroville spirit ... and if it is available in good resolution (above 1 MB), please send it to us at <u>lfau@auroville.org.in</u>. You can of course send us more than one picture/photo. If your offering is selected, we will gratefully acknowledge your work on the card. With thanks,~ Aryadeep, Mandakini, Sigrid, Jothi, Joël

WELCOME

FROM THE ENTRY SERVICE - ES # 052- 03-10-2020

Our team is happy to recommend the following individuals as Aurovilians, Newcomers and Friends of Auroville, joining Auroville. Prior to Newcomer, Aurovilian and Friend of Auroville status confirmation, there is a period for feedback from the community: For Newcomers, Associates and Friends of Auroville two weeks, and for Aurovilians and Returning Aurovilians, one month. Kindly forward your support or grievances to entryservice@auroville.org.in.

NEWCOMERS ANNOUNCED:

- Friedrich ECKHARDT aka Karthik (German) staying in Grace Community and working at Matrimandir Garden
- Isabel Maria TORRES MORALES (Spanish) staying in Sunship and working at Red Earth Riding School







Isabel

Sheida

AUROVILIAN ANNOUNCED:

• Sheida SHARIFI (Iranian) staying in Citadines and working at Quiet Healing Center

SPOUSE/PARTNER/CLOSE FAMILY MEM-BER OF AN AUROVILIAN ANNOUNCED:

 Suraj SINGH aka Prem Karunesh (Indian) partner of Chetna Punia and staying in Svedam



NOTE:

- The Newcomer probation year becomes effective only after the duration of the process cannot exceed 18 months from the date of confirmation.
- An Aurovilian is a resident of Auroville, aged 18 and above, whose name has been entered in the Register of Residence (RoR) as maintained by the Auroville Foundation Office.
- The change of status from Newcomer to Aurovilian is the B-Form. An Aurovilian's name is entered into the RoR after he/she has met with the Secretary of the AVF with an appointment arranged by the Entry Secretariat. These appointments are fixed by the Entry Secretariat according to the availability of the Secretary, but not at any personal request of an individual.
- The Auroville Foundation processes issuing of ID cards only to the Aurovilians who are registered in the RoR.

FOR YOUR INFORMATION

Current GOI immigration/travel restrictions: https://boi.gov.in/content/advisory-travel-and-visarestrictions-related-covid-19-1

AV Art Service Cooperative of Activities:

Brief Accounts for 2019-2020

Total Sales Income: Rs. 65,81,448.35

Total Tangible Contributions to AV: Rs. 20,14,664.45 Percentage of Sales Income Contributed to AV: 30.6% Total Intangible Contributions to AV by activities registered under the cooperative:

- 20 Free Performances
- 4 Free public art installations
- 34 Free exhibitions
- 32 Free workshops (1-4 days long)
- 7 Free courses (10 days 3 months long)
- 3 Public art events (7-10 days long)
- 524 Free 2 hrs. classes
- 20 Free 1.5 hrs classes
- 160 Free 1 hr. classes
- 10 Free participations in fund-raising events
- 41 Free participations in events that were free for Aurovilians
- 400 Free art studio sharing (3-hr slots)
- 1 500 copies of a free art/culture magazine
- 20 Free art work for Art for Land
- 19 Free films made for AV projects/services
- 4000 Free photographs for AV projects/units/services (approx. no)

On page 5 of News & Notes #835 - 12th September 2020, a statement was published by the FAMC saying "Regretfully, we note the AV Arts did not accept that activities under it have any responsibility for contributing to City Services." This may be read in conjunction with the above information. The figures show that artists registered with the AV ArtS Co-op do take responsibility to contribute to Auroville substantially.

Given the substantial nature of the intangible contributions the activities registered with the AV Arts Cooperative have made, we have applied to the FAMC to recognise the generosity by removing the fixed tax and instituting a percentage donated by choice especially applicable to the cooperative.



AV Art Service and the policy for activities

On page 7 of News & Notes #835 - 12th September 2020, in the April Report of the FAMC, there was a statement under the para titled 'Policy issues'. This may be read in conjunction with the following to avoid disinformation:

There were 12 three-hour-long meetings with regard to the policy and these meetings were attended by representatives of FAMC, Hospitality Trust, KK Trust, Artisana Trust, Service Trust, LEAD, ASSA, AVA and AVArtS. A policy which had the complete consensus of all representatives was arrived at and sent to the FAMC. The FAMC suggested 71 edits. Everyone agreed on all edits except AVArtS, which made 5 points. These were: (1) disagreed on the deletion of a review after one year of the policy so that amendments could be made based on experience (2) requested a new paragraph to cover temporary replacement of an activity manager in case necessary (3) requested to add a clarification that immovable assets can be held by the Umbrella Unit (4) disagreed with the removal of a line stating that AV Art Service Cooperative's contribution are still to be mutually agreed with FAMC (5) Requested to insert the word 'current' before each mention of the Code of Conduct.



September Update

village Thank you for all the support that has been continually coming in for our COVID 19 care campaign. Please see

attached a report on our recent work in the past month in the surrounding villages especially on community mobilisation for co-operation, care, safety and immunity building. We continue to be active in building awareness and a community of care for the well-being of all. See the report below or for more information https://villageaction.in

With solidarity, ~ All at Auroville Village Action Group

Pandemic Response Report AVAG Sep. 2020-compressed-1.pdf



Let us talk about death, shall we? Sat.17th Oct. 3 - 5 PM, at Pavilion of Tibetan Culture

We all start dying the moment we are born. Cells are formed and cells are dying. Bodies and souls evolve and decline. Many books have been written about death. Many words have been spoken about dying. Have you? Are we reluctant to speak about death before it reaches one of our loved ones or ourselves? Or do we want to look at the obvious end before it appears?

Initially created as a sub-group of Third-Age (under Mattram's umbrella), "Let's talk about death" group aims to reach any age of Auroville's population by providing time, space and content to talk freely about death. We have met several times to ponder upon how we want to do this and what platform we want to offer to Auroville. In our research we stumbled upon "Death Cafe". What is needed to hold a Death Cafe is a venue, a facilitator and most importantly, cake. We now have it all.

The topic of our first meeting will be death. The rest is up to us. We can discuss fear and grief, trauma and pain, forgiveness and surrender, we can share happy anecdotes, we can cry or laugh. We can speak about different spiritual and religious believes, and we can also remain silent.

In the future, we are aiming to bring help with getting our things in order like Living Will, Farewell Form, Testament, etc. Anything what might happen might happen. Furthermore, it might be more structured, within Auroville's specificities. Also, we are starting to constitute a library which will content documentation on the subject from various origins. All suggestions are welcome.

Just come, share and have cake with us on the 17th. (Next meeting will happen Saturday 7th Nov, 3 to 5pm, venue TBA)

Due to restrictions we can receive up to 20 guests. To register, contact Julietta or Dan <u>julietta@auroville.org.in</u> & dan@auroville.org.in

~ "Let's talk about death" group: Fakeera, Julietta, Kalsang, Lisa, Valeria and Dan

Ed note: I attended Death Café's a few times in the U.S. It's a very rich and interesting conversation to have with your fellow community members! ~ SUS

MATRIMANDIR



Opening of Inner Chamber

The Inner Chamber is now open from 4:30 - 6:30 PM with prior booking (Aurovilians, Newcomers & LT volunteers holding a valid MM pass, 15 people per sitting in the Inner ied after one use

Chamber. Mat will be folded after one use.

The Petals are open from 7 to 8am. (No booking required).

1 person per petal (12 petals open). A/C will be off, but will be used to cool the room before your visit. After concentration, the petal will be closed. For details on protocols, SOPs etc, see Auronet: <u>https://auroville.org.in/article/81400</u>

If you would like to come to the Inner Chamber for concentration, please inform the Matrimandir Access team at <u>mmconcentration@ auroville.org.in</u>. (Note: You will first get the public auto-response regarding closure, but this is for visitors who write to this address. The email of all Aurovilians will be answered.) Please give your Name and Community and what evenings you would like to come and how long you would like to sit. As the number of places is very limited you will be informed by email of the date/s and time/s when you can come. Every effort will be made to meet your request/s.

You are reminded that the Park of Unity is open everyday from 6 am to 8 am (for Aurovilians and Newcomers only) & 4:30 pm to 6.30 pm every day (for Aurovilians, Newcomers and Volunteers holding a valid Matrimandir Pass)

Thank you, ~ Matrimandir Executives and Access team

LOOKING FOR

Long-term housesitting - I am an Aurovillian, teacher at Isaiambalam School for 5 yrs., looking for long term house sitting. Siva-9944427769, <u>sivasmail2k@gmail.com</u>

A biography in English of the French painter Fabienne Verdier. I'm told it was floating around Auroville a year ago. Please let me know if you have it. ALSO: Someone who can use a laptop for a small project. Audrey at 2622641 or 9786411419.

In-home **Guitar lessons** for 41 yr old male living near Aurelec in Kuilapalyam. Pawan: 91197 62631 or <u>mitpawan@gmail.com</u>

Skateboard - for a 14-yr-old (larger size). Happy to pay a contribution if good condition. Also needing an **office chair**. <u>amylucksted@hotmail.com</u>

AVAILABLE

Living Space - in Adventure community, for a single person (AV/NC/Volunteer) w/ equipped common kitchen. FMI: pauli@auroville.org.in or 9488239348 (WhatsApp only).

A 2-unit studio house - available up to 30th November at AuroAnnam. Kipaak Homestay for guests. Registered, volunteers, Newcomers and Aurovilians may also apply. 1 unit has 2 large BRs, a single room, kitchen and bathroom. 2nd unit has 1 large BR, kitchen w/ dining hall and bathroom. Contact: 852 391 5031, Mawite.

Used Solar Water Heaters - available against a contribution to Aurovilians/Newcomers. <u>atithigriha@auroville.org.in</u> or call Dominique (2622445) 9:00 am - 11:00 AM.

Large refrigerator - Anouke +31634562467 (WhatsApp only)

Yamaha electric piano P-45B. <u>niva@auroville.org.in</u>, or 984 319 1370.

Household worker - 3 days/wk. Discreet, dignified presence, reliable, clean, neat work, speaks English. I've employed her for several years, but now needs a 2nd job due to the economic slowdown. <u>srimoyi@auroville.org.in</u> or WA 9626915199.

House helper - Ambiga from Edeyanchavadi is looking for part time household work - 2 AMs & 6 PMs. She is a good worker who needs precise instructions and a few reminders in the beginning. If you need her services, contact her directly 9943575709 (Submitted by Joy, Dana)

Make an Offer! Sofa set (3 seater, 2x 1 seater). 1 Sofa cum bed. 1 Coffee table. 2 Office desk tables 6x2,5x2,5'' (each sit 2 people comfortably). 4 Office chairs w/o wheels. 1 office chair with wheels. 2 foldable tables (desk size). 2 celling light fixtures with 2 long led tubes 20W each. 1 air compressor new gen. 1 aircrete foam machine. 1 UPS inverter with battery 1 year old. Joseph What's App +917094027046

GREEN MATTERS



Water Saving Tip of the Week! Turn off the tap when brushing your teeth. Running the tap while brushing your teeth can waste 15 litres of water! With Love from the Water Group - helping Auroville become a water-sensitive city.

watergroup@auroville.org.in/www.aurovillewater.in

Let's Talk Trash!

Our Let's Talk Trash team is extremely happy to share our journey of cleanups with our larger community. We also would like to extend our heartfelt gratitude to everyone who has supported us in many ways to continue this work for these many years.

We started this initiative without any larger plans over a small meeting among some friends in front of Solar Kitchen. We were all remembering those old times where seeing so much litter inside Auroville areas was very unusual and sharing concerns about the waste that we see on the roads and fields these days. We planned to do a cleanup on a Sunday morning and we did it as planned. Every participant felt so much satisfied with the work and was motivated to continue, which brought us this far now where we have crossed 3 years with 50 cleanups. We were greatly supported by Ecoservice in many ways to continue our work

Like every journey for the goodness goes through tests, we have also come through many of them. We feel sharing this with larger community is important as it is a work done for the collective. The challenges as follows:

- a. We had financial difficulties to buy materials like gloves, masks, pick-up sticks, organizing complimentary breakfast for the participants, etc
- b. We currently have difficulties in washing our gloves, etc after our every cleanup
- c. Finding a kitchen to make simple breakfast for our participants

While these are the difficulties faced by our group, the community at large is still facing and combating the bigger challenge of waste management. We feel the larger challenge makes our challenges look small and thus we pursue to take it forward with more power everytime. We realized that our cleanup initiative is doing only a small part in this battle and the shift in minds of people about their consumption and disposal will only play a major role to fight this. We would like to seek a lot of support at all possible levels for our initiative and actual vision, from our community.

Amidst all these difficulties, we have organized our 50th week of cleanup on 20th September, 2020 which was also registered as part of global event of 'World Cleanup Day 2020'. We had more than 50 participants of different age groups participating in this event. Glimpses of this event can be seen on this link. We have collected 179kgs of glass waste and 135kgs of mixed waste in this event.

We are taking our initiative forward by exposing our young participants to information about plastic and waste management by collaborating with various groups that work in waste management in Auroville. We would like any kind of support from the community for our initiative. All the individuals involved in the organizing team and support teams do this work only with the interest in waste management and wellness of our community with zero financial benefits.

"Towards a conscious community, we march together" With Love, the 'Let's Talk Trash' team



R

The regular weekly Radio Program listing has been moved to the Regular Activities addendum!

New programs coming: - THE ACADEMIK GENIUS BROTHERS Present

The Making Off of the Show: "THE GREAT EXPECTATIONS OF PRINCESS POUR TOUS" - A Regular Radio Series of 14 Episodes LIVE, each Saturday & Sunday at 2.30 pm from 3rd October - AAROHAN a Journey in to the World of Indian Classical

Music - presented by Yogini (music curated by Chandra Pai) LIVE every Friday at 3 pm from 2nd October

Last published podcasts:

- The interview: Karine, plogger around Luminosity - We interviewed Karine, a fashion designer involved in plogging. - Savitri, B. VII, C. III, Part 4 - Savitri reaches the end of her journey through her mind...

Education in Auroville

To the parents of Auroville,

Your valuable input on the schooling of your child is kindly requested: During the last months you as a parent have taken on lots more responsibility and came up with lots more creativity than you have in the months and years that your child went to school. What did you enjoy most about this time of a different kind of parenting? Where did you feel frustrated? When did you feel thrilled? Kindly help us create a platform for sharing all our (Home)Schooling sources (websites, apps, books, worked-out materials) as well as our reflections on our discoveries about learning and the up-keeping of that beautiful self-inherent enthusiasm every child has. What are you exploring? What does your child enjoy the most? Did you get to know your child in a very different way? How about responsibility and relationship as some of the potential primary pillars, while letting go ever more of rigid discipline, boring by-hearting and solely teacher-directed learning. Have you found the keys to unlock your child's learning potential? How do you feel yourself about Mother's and Sri Aurobindo's "Life-Long-Learning" and our Aurovilian "University of Human Unity"? How many happy "I don't know." moments did you have which lead to "Let's explore together!" adventures? The way we educate our children is the way we are creating the future society. That is certainly worth continuous reflections as well as courageous actions. So we are inviting you to connect with us. While media platforms are still under construction, you are most welcome to send your inspirations, questions, ideas to essence.touch@yahoo.de ~ Ulrike Urvasi _____



I am often asked why I am vegan and so I thought that I would write down some of my reasons.

When I see calves taken away from their mothers so that her milk can be sold my heart goes out to them. I believe that every baby should be connected to its mother.

When I see cows undergo artificial insemination just so that they can give birth to keep their milk flowing, I see it as the rape of a gentle being. I can't accept this as a part of our culture.

When I see chickens huddled together in cages in fear awaiting their turn for slaughter and then screaming when they are picked out and fighting to the very end for the only thing in the world that they own, their very life, I cry inside. And with the other animals it's the same.

When I see the cattle population increasing so fast that all the milk produced can no longer all be sold, I weep for the babies that did not get their mother's milk and our children who are seeing rapid deforestation and climate change because we think we will be deprived without the milk, curds and cheese.

When I see my patients recovering from obesity, diabetes, hypertension, hypothyroid, PCOD, prostate enlargement, cancers and even auto-immune diseases just by simple dietary changes, I know that eating foods that are designed by nature for our species is the only way to go. Disease is so rampant these days. No animal in Nature drinks another species' milk, nor eats another animal that it cannot eat raw. Our eating habits have been drawn up by our culture, advertisements and commercial interests, instead of by Nature, and we are paying the price with our health. But the price we pay is nothing compared to what our children will pay in terms of climate change and pandemics.

When I see all these things, I am so happy that I made the switch to vegan. At least I can sleep at night with a clearer conscience. And perhaps when I made the switch years ago, it may have been a deprivation but now its surely not. So why deprive another species of its right to live and our children of a future? That's why I am happy to be vegan.

~ Submitted by Dr. Nandita Shah

Discovering the Soul

The universe is divine (Satchitananda). It is macrocosm. The soul of man is one of the multiplicities of the divine. Man is microcosm. First he should know, "Who am I?"

When she was in France, the Mother organized a study circle. The members of the group discussed about their occult experiences. In one meeting a lady in the group presented her occult experience. She was looking at a glowing point of incense. She was determined to reject all thoughts from her mind except the glowing point. After some days of practice, she succeeded in her effort. She was looking at the glowing point only. No other thought arose in her mind. She continued the practice and later found that the glowing point also disappeared from her mind. She felt that she was on the other side of her mind. None in the group could explain the occult features of her experience.

The occult experience of the lady can be interpreted in the light of the Vedic System of Existence. The mental consciousness (chit-sakti) implies the presence of soul (state) concealed in it. Man experiences three states of consciousness. During waking, state he is aware of the activities of the outer mind. He withdraws his consciousness from his outer being and enters into sleep state which is also called dream state. During dream state, the soul slips into his vital consciousness. He returns to waking state only when the outer being has taken enough rest. Samadhi state is third state. This is possible only by practicing Yoga. During this state, the soul ascends to the next higher state of consciousness and can return to waking state again.

The intellect of man is an instrument of his mind. It is in close proximity with his soul concealed in his mental consciousness. It is aware of the impulsions of the soul and begins to act on them. The mental consciousness is withdrawn inward and the intellect is able to reject the thoughts arising from the sensational, emotional and intellectual mentality. It has retained the thought of glowing point alone. The interiorisation of the mental consciousness is so acute that the intellect does not get the required power from the mental consciousness to hold the form of glowing point which, therefore had disappeared from the mental consciousness. Further concentration of consciousness enables the soul to ascend to the next degree of consciousness i.e., the intuitive mental consciousness along with the liberated intelligence. The force of intuitive consciousness is different from the force of mental consciousness. That is why the lady felt that she had been on the other side of the mind.

Saint Manickavasahar (900 C.E) says, "My intellect is so active that I could not reach the centre (nucleus) of my mental consciousness". Sri Ramanamaharishi of Tiruvannamalai repeated the experiment carried out by the French lady in the study circle in a different way. Waves of thoughts from his heart ocean invaded his mind. He picked them up one by one and put them in the imaginary fire in his mind. He found at one stage that his mind was perfectly silent and there was no thought in it. Since he was a great Yogi, he intensified his concentration and went deep into his being. He noticed his soul (Jeevatma) shining like a small ball and thinly covered by the mental consciousness. He said, "I am not the mind; I am the soul, eternal and immortal." The discovery of one's soul is essential before discovering the Soul of universe by oneself.

~ Submitted by Somasundaram.

The Opposite of GOD

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Would people in Auroville please become aware of the number of untrained and stray dogs there are here now, how their behavior is affecting the environment, our own behavior, and even changing the course of Auroville's evolution?

Once a wild animal which hunted in packs, dogs have come a long way since humans started domesticating them. However, their instincts to hunt, bark aggressively at anything they don't recognize, and attack without provocation, still remain and must be curtailed for them to live peacefully among us. In civilized areas of the world, there is a protocol for training dogs as pets. Dogs are usually confined to the owner's property, and when not, they must be accompanied, with or without a leash. When the dog defecates, the owner is expected to pick it up with gloves and dispose of it in the appropriate bin.

As we live very closely with dogs, there is the possibility of them becoming more human. However, the possibility of us becoming more like them also arises. Has anyone noticed some people becoming more territorial in Auroville in the last few years, showing aggression to anyone who has crossed their perceived physical (or mental-opinion) territory? Dogs can provide companionship, and wanting security for our home and community is a valid concern. However, can we remember that the best thing we can do to prevent theft is to stop stealing/grabbing ourselves? This could be resources, or simply someone else's time and energy. Aggressive pets can't save us from the lessons of karma. And the disturbances caused by untrained pets that we don't take responsibility for have their own karmic consequences.

In the next few days/weeks, please observe:

\* How the relative peace & quiet of Auroville is punctuated by barks and howling during day and night. Notice how much of the barking is actually at other dogs who have entered the territory of the defender dog. How is this of any use to us? It is simply noise pollution.

\* Each loud bark (especially at night) reverberates through the nervous systems of all beings in the environment - humans, cats, small animals, trees, and plants. How many beings lose sleep this way?

\* When you enter a community where you are invited for the first time, how are you greeted? Before being lovingly greeted by your friend in their home, are you greeted with aggression by the community dog(s)?

\* Notice how stray/untrained dogs attack cats without provocation, and cats have to defend themselves constantly. Some of us love dogs, but do we love cats?

Ising from the<br/>ntality. It hasThese letters: D-O-G. They are the exact opposite of: G-O-D.<br/>Are stray/untrained dogs the devil incarnate? Well, for thoseNews & Notes # 838 - 3rd October 20209

with sensitive nervous systems, sometimes it feels so. But not for all. Dogs can be joyful and faithful companions. The meaning of this alphabetical coincidence is that DOGconsciousness is dragging us in the opposite direction of GODconsciousness. GOD-consciousness means recognizing your infinite divine Self in everyone and greeting them with love, not with fear and aggression.

In these times of the PANDEMIC:

\* When we are so obsessed with sanitizing surfaces and hands to kill all bacteria/viruses, does it make sense to kiss and cuddle an animal who routinely licks its own private parts and behind?

\* Can we protect our children who play barefoot from the dangerous excrement of community dogs? Are we supposed to clean up the poop of our neighbor's dogs, while they are walking around and peeing around our house to extend their territory?

\* As we have a COVID task-force, it is time to have a CANINE task-force, to help drive the territorialism, fear, and aggression away from Auroville, to keep our immunity high and keep our city on its original path.

\* Let the stray and untrained dogs be sent where they belong - to special shelters and training centers, where qualified people who know how to work with and care for them can do so.

Let our integrity and state of consciousness be our best security. Fencing and restricted entry options are better security than dogs. Security guards are more effective when not watching movies on their phones. Dogs can easily be bribed with food by an intelligent thief. Dogs were neither meant to be our constant companions in Auroville, nor our security guards.

MOTHER could foresee all this happening, which is why she warned us against pets.

We want to reach the supramental, but you will not find any dogs there, nor guarding the gates of heaven. We want to be superhuman, but first we will have to be sufficiently human,

In English, when we say something has "gone to the dogs" it means it has deteriorated or fallen into ruin. Let the day not come when someone says this about Auroville. Let us reclaim our divine city, from the dogs, and make it a place worthy of the GODS.

-Submitted anonymously, in anticipation of being barked at by some fellow humans :)

#### **CULTURAL ACTIVITIES**



#### AUROVILLE ART SERVICE -'basket' for the week

1. ANANDI OFFERS ONLINE MUDRA-CHI - Mudra-Chi is a body prayer based on Mother's mudras. FMI: http://youtu.be/XmKKPHIOPHk & http:// www.youtube.com/watch?v=XmKKPHIOPHk&fe

To join a session, email anandi7@auroville.org.in with a copy to <u>aurovillearts@auroville.org.in</u> w/ 'to join mudra chi' in the subject line.

2. AV ART SERVICE OFFERS ONLINE STORY BUILDING SESSION WITH RASHMI - Saturdays at 11am, for the age group 6-16. To join the zoom session, whatsapp Rashmi 94482 35935. https://us04web.zoom.us/j/7873465090?pwd=YXdnSmNXSThO TzlNRDRodEZkY0JtUT09

**3. 'OUR HOME' OFFERS A LOCKDOWN REFLECTION CREATIVE ENGAGEMENT** - OUR HOME will send you a list of words. You will be invited to choose one word (or more:-) and reflect on the questions it raises within you. By the end of 7 days, you will send back the word(s) you selected with either a painting, a written text, a poem, a series of photos, or any other creative engagement you choose to share your reflection through.

After we have received at least 10 inputs from participants, we will find a way to share them. You can choose to have it shared with your name or anonymously. Those who would like to participate may email ourhome@auroville.org.in

**5. LISTEN TO BEETHOVEN PIANO TRIO OP. 1 NO. 1** - Organised by The Poona Music Society, Goethe-Institut and Alliance

Francaise Pune. To view this concert, please click on: <a href="https://ponamusic.com/streams/">https://ponamusic.com/streams/</a>

6. ART TEACHING RESOURCES - An array of interesting resources from the San Francisco Museum of Modern Art (SFMOMA) <u>https://www.sfmoma.org/teacher-resources/</u>

7. VIDEO RESOURCES - "Country Dog Gentlemen Travel to Extraordinary Worlds" is a video series in which canine characters from Roy de Forest's playful painting 'Country Dog Gentlemen' take you on adventures to learn about famous artworks in SFMOMA's collection (including works by Frida Kahlo, Henri Matisse, and Georgia O'Keeffe). https://www.sfmoma.org/series/countrydogs/

**8. AURINOCO ART INSTALLATION** -See a short video by Piero Cefaloni about it. <u>https://youtu.be/eWYE\_kBRy18</u>

**9. ONLINE SCREENING OF EVER SLOW GREEN** Ever Slow Green, a film by Christoph Pohl and brainfever media productions, Auroville, will be screened online (free of charge) by the Eugene Environmental Film Festival. To access it, visit https://eugevoff.org

**10. STHAPATHYA KALA PARISHAD LECTURE SERIES 2020** - For those interested in Indian sculpture and architecture, listen to this wonderful lecture by Dr. K. Dakshina Murthy Sthapathi, speaking about God as defined in sculptural architecture. https://m.facebook.com/story.php?story\_fbid=1753358341892 88&tid=100051386163861&sfnsn=wiwspwa&extid=phkpfr6m94e gwUjD

11. KSHETRA KALARI ASPIRATION TEACHES SURYA NAMASKAR TO KIDS - This video, shared by Kshetra Kalari, Aspiration, leads children through the Surya Namaskar. https://youtu.be/g\_D\_76\_fhyQ

12. NEW VIDEO FROM NINA SENGUPTA & KRISHNA MCKENZIE - EDIBLE WEED WALK - Learn about Pirandai on https://youtu.be/pDKzMb2torw

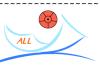
**13. GOETHE INSTITUT ORGANISES THE SCIENCE FILM FESTIVAL 2020 ONLINE** - Keep an eye out for these wonderful films to watch with your children (ages 5 - 17+). School principals and teachers are requested to register to access trailers and activity sheets. <u>https://youtu.be/pDKzMb2torw</u>

#### **CLASSES/WORKSHOPS**

#### New Hatha Yoga classes at New Creation Studio MONDAY & FRIDAY - 7:30 - 8:45 AM

Dasha, who has just completed her 200hr teacher training course with Bala Yoga School, will be offering Hatha/Vinyasa yoga twice a week. She looks forward to begin her teaching journey and to gain experience. Feel free to drop in!

#### AUROVILLE LANGUAGE LAB NEWS



#### New Classes:

Sanskrit lessons: Angelo Salerno, an Aurovilian for 5 years, who lived for many years in the Sri Aurobindo Sadhana Peetham in California,

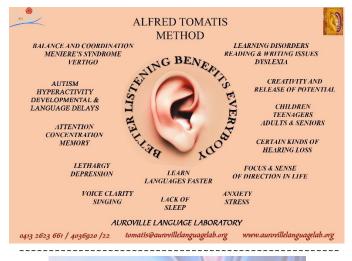
USA, has proposed to teach Sanskirt twice a week at the Lab starting from Thursday, the 1<sup>st</sup> October. He will offer an "Introduction to Sanskrit" which will follow a good quality textbook, including the devanagari alphabet (reading, writing, pronunciation) plus Sanskrit grammar. The class will be tailored to fit the student's need, interest or prior experience with Sanskrit.

<u>French lessons for Kids</u>: Ludivine, a young Aurovilian, will offer French lessons for kids from Sat., 3<sup>rd</sup> Oct, 10.30 AM

**English lessons for Kids (3-12 years old): E**nglish for kids with Anastasia has started and is going very well, with different ages and levels twice a week. Ludivine will offer an additional day for the same group on Wednesdays.

<u>Spanish conversation</u> - Wednesday PMs. Rachel from Spain offers fun Spanish conversation with a mix of films, games, and simply being together, talking Spanish, for all levels. Exact timing to be fixed.

For other regular classes and how to register, please check our class schedule in the Regular Activities addendum. Tomatis: We were rather surprised to find out recently that many people in Auroville think the Tomatis Method is used only for language learning. We've published information about it many times before, but somehow this seems to have been missed by some people. Actually, the ear is involved in much more than simply hearing. Dr. and Mrs. Tomatis spent their lifetime studying the connections between the ear, the nervous system and the brain. They made the critical difference between hearing and listening, considering listening a much higher faculty than hearing, one that involves and integrates all aspects of the being: body, mind, pysche, consciousness. The Tomatis method involves a listening training which works in a holistic way, and has many different applications, in addition to language learning. The programs are individualised based on the needs of the person, and the outcome of the Listening Test, which is our basic diagnostic tool. Here is a visual description of most of its varied applications.



Discover your unique super power and how to apply it in real life.

# ZONE OF GENIUS WORKSHOP

The zone of genius is a call to live through your true self and find fulfillment and inspiration in what you do in life.



Contact - afhidalgo11@gmail.com WhatsApp - +573115558785

Want to know what makes you unique? Are you confused about what to dedicate yourself in life? Would you like to discover how to use your talents to do more of what you love? Come and join us for this 2- hour intensive workshop to tap into your ZONE OF GENIUS. Come to discover your unique super power and how to apply it in real life. <u>afhidalgo11@gmail.com</u>

Coming together for the land A moment of silent aspiration for the consolidation of the land for Auroville`s future 1<sup>st</sup> October, 5 PM Amphitheatre, Matrimandir All are welcome, guests are requested to bring their AuroCard

#### Aurinoco Webinars presents: 3 Evening Session Pranayama w/ JV

6:15PM -7:15 PM, 9th - 11th Oct (Fri-Sun)

"It is in good health that the way to transformation is found" ~ The Mother

This workshop introduces you to an integrated Yoga practice consisting of

- Easy-to-do exercises based on yoga for flexibility
- Eight simple but powerful Pranayama practices
- Yoga Nidra (Deep Relaxation) to let go of stress and recharge yourself

It can be practiced by people of any age. Pranayama improves lung capacity and lung efficiency. The benefits include reduction in stress, enhanced energy level and improved wellbeing. Sustained practice reduces the breathing rate - the key to retarding the aging process and boosting immunity.

#### Intended outcome

You will gain confidence to practice on your own. By practicing for about thirty minutes per day, you enjoy a new level of wellbeing.

This webinar is free and open to all. No registration is required. On the days of the webinar, please avoid eating after 2PM and avoid drinking anything after 5:30 PM.

How to join the webinar? - Via computer, laptop or phone, using Google Meet. Chrome browser required for PC. For phone use Google Meet App. To join, click on https://meet.google.com/hut-enpc-bwq

#### About the Facilitator

I was diagnosed with four incurable diseases in 1987 and the medical opinion was that I would not live beyond the age of 50. I am now 74, and enjoy excellent health and wellbeing thanks to Yoga. I lived in Auroville from 2007 to 2016. I am facilitating workshops and retreats in Auroville since 2008.

Aurinoco Webinars is a new initiative to leverage the internet and fiber optic network of Auroville in the current situation to bring opportunities for 'unending education' directly to your residence.

Important information about News & Notes Hard deadline for submissions or cancellations: Tuesday 5pm FOR THE ISSUE to be published that SATURDAY (though the digital version generally goes out on Thursday)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy. <u>How to submit material</u>: Material (no pdf files, please) may be sent (in English only) to: <u>newsandnotes@auroville.org.in</u>.

Please do NOT send submissions and inquiries as a "Reply" to the digital subscription mail. There is NO guarantee that anyone will see communications sent this way!

<u>Please try your best to send your announcements, reports, film</u> <u>schedules whenever they are ready.</u> Any modifications of submitted *News* items must be sent to the editors before Tuesday 5pm. Please do your best to submit copy that is ready for printing (i.e. Word shows you typos, extra spaces, punctuation errors, etc - don't make us do all the work!).

We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

<u>Articles for the Notes section</u> should ideally be no longer than 500 words.

Visiting hours: Hit or Miss. Call first or email for appointment.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: