News and Notes

#860 A weekly bulletin for residents of Auroville

6th March 2021



Auroville Amphitheatre

by Lugino Fabozzi

HOUSE OF MOTHER'S AGENDA



19 April 1970

(Mother's voice sounds increasingly frail. This conversation perhaps contains the key of everything.)

The Mother: So, have you brought any questions today?

Satprem: Yes, Mother; there are also a few from her [pointing to Sujata].

The Mother: Start with yours, then she will speak.

Satprem: I don't know if it's a "question," but ... I don't very well understand the working of the subtle physical, or the relationship between the subtle physical and the material physical. For instance, you say that Sri Aurobindo is in the subtle physical, working to prepare the new world ... **The Mother:** Yes.

Satprem: ... and that we too, at night, through a part of our being, often work there to prepare... what is to come. How?...

The Mother: Listen, your question comes at the right moment. Last night, for the first time - really the first time - it wasn't a dream, I wasn't asleep, yet there was a whole story (which I am going to tell you), and I was absolutely convinced at the time that it was something going on here (maybe not in that form, but in a similar form). Then I realized that nothing had taken place here (outwardly at least, there was no sign of it).... Giving the names bothers me; I won't tell the names, it doesn't matter. But the names were there, the people, all of it **PRECISE**, as it is here.

I forget how it started, but I was very ill, seriously ill, and my body wasn't asleep, yet wasn't awake (that's a fairly normal state now: I'll be absorbed in a consciousness, which I think is the consciousness of the subtle physical; at least I was there last night). So then, I was very ill, but I knew it wasn't this body (but it was this body's consciousness), it was a family at the Ashram, and the father was seeking help, looking for a doctor (all the details with such precision!...). And while that was going on, the body said to itself, "So I am identified with this person, since he is treating this person (me, that is); and since I am identified, I must do in this person what needs to be done." Then I concentrated and called the forces of the Lord, and treated the person. All that down to the last detail. It lasted for two hours. At the same time, I saw people who were extraordinarily interested in the event, looking on; for instance, among them, not to name him, there was Nolini, bent over like that and looking (Mother opens her eyes wide) to try and understand what was going on. Which means it was taking place in a world that had the full appearance - full appearance - of the material world, but in which people were conscious.

I'm not recounting all the details, but my body **FELT** the battle of the illness. And at the same time, it knew it wasn't its own body, you understand? It was like that, a very complex, very precise consciousness, with a great force. And all of it going on at the same time - I wasn't asleep.

This morning I expected to be told that something very serious had taken place in that family (there are three sick people in it, three women), that something had happened to one of them. And nothing has happened!... But that was a FACT, I mean it was lived in every detail, with an absolutely clear consciousness, and it was in the subtle physical. But... but I tell you, I felt, the body felt very, very ill. Yet at the same time, it knew it was someone else's illness. And it took the attitude, it said, "This is taking place so I take the necessary attitude for this person." And all of it fully conscious. It took the attitude and kept it like that for two hours.

There's only one possibility: it happened during the night, when those people were asleep, and they didn't realize.... You understand, this body's impression is that it has saved someone's life.

Satprem: Yes, you haven't been told about any mishap because you prevented the accident from taking place.

The Mother: I don't know about the end. I "woke up," came back to the ordinary consciousness. At one point I had to get up, and... it rather was a relief for the body, because it was suffering. Afterwards, it didn't suffer anymore. But that was because the work was over.

Satprem: Yes, nothing took place in the physical because you stopped the thing in the subtle physical.

The Mother: Quite possible. But it's... Never, never have I lived so totally in the subtle physical, fully conscious, WITHOUT SLEEPING (I was lying on my bed), and it lasted for two hours. Things were as real, as precise as they are here.... And the same will: it's not another will, it's the same; it's the divine Will through the psychic working in this body. So it acts there or here without difference. In other words, whether I am in this subtle physical or in the material physical, it's the same will, the same psychic will that acts - the SAME, exactly in the same way. Which means that... I don't know what the difference is. There's a difference... it's thin, you don't feel it's something thick or heavy: it's thin. That union between the two, between the subtle physical and the material physical, is taking place all the time - day and night and day and night. The work is... You might almost say that there is an attempt to substitute one for the other.

(to be continued next week)

- Volume 11. 1970: Agenda of the Supramental Action Upon Earth



Humanity is not the last rung of the terrestrial creation.

Evolution continues and man will be surpassed.

It is for each individual to know whether he wants to participate in the advent of this new species.

The Mother Words of the Mother Vol 13, pg 191





WORKING GROUP REPORTS

General Meeting re: the HT Line Controversy Friday, March 12, 4 - 6 PM, Unity Pavilion

As most community members are aware, there has been an ongoing issue with the laying of the HT line through the Bliss area and the Youth Centre. In order to find a solution to lay this cable, Forest Group and the Youth Centre have decided to call a General Meeting on the subject. (Forest Group and Youth Centre intend this meeting to be in preparation of an RAD, however, as the Residents' Assembly Service announced on February 24, any decision making events (RAD) are put on hold for the time being, it is unclear when this RAD will take place.)

The purpose of the meeting is to share with the community the process which has been followed so far and the viewpoint of the Forest Group and Youth Centre. In order to lay the cable with the least impact to the environment and the YC, we propose to follow an alternate route, detailed in an EIA (environmental impact assessment) carried out at the request of the TDC. This alternate route would allow for a swift implementation of laying the HT line and was the favored direction of the stakeholder meeting held at the Youth Centre on November 2nd, 2020, and attended by representatives of the WC, FAMC, GOI Grant Group, TDC, AVES, Unity Fund, FG and YC.

The agenda of the General Meeting is as follows:

- 4.00pm 5.00pm various presentations covering the following topics
- Welcome and introduction
- The Forest Group and management of forested areas in Auroville
- The Youth Centre and Youth in Auroville
- Timeline of communications with regards to laying the HT cable in the Bliss / Youth Centre area
- The EIA (Environmental Impact Assessment) for the area in question conducted on request of TDC
- The Galaxy Concept and the Master Plan
- 5.00pm 5.10pm Tea break
- 5.10pm 5.20pm Concluding presentation placing the HT cable issue in the wider context of the purpose of Auroville
- 5.20pm 6.00pm Interaction with the audience
- 6.00pm 8.00pm Optional soup dinner served for additional informal interaction

~Sincerely, Forest Group & Youth Centre



Bharat Nivas Activities Report December 2020 to January 2021

In December and January, Bharat Nivas saw a resurgence of programs and activities. Slowly the campus starts to take back the regular energy and vitality which was present prelockdown. The team is hopeful that the new year brings a fresh afflatus of inspiration and new avenues of activity and progress. Here's the news from Bharat Nivas during these months:

Sri Aurobindo Centre for Studies

- Bhumika Hall hosted working group meetings (Housing, AV Council, ABS) and meetings of the STEM team, "Let's talk about death" group and the Citizens' Assembly initiative.
- Bhumika Hall was also one of the main venues for the 2-day working group selection process, supported by the Bhumika Hall staff.
- Regular webinars were offered under the banner of "Bharat Nivas Talks - An exploration of India's Spirit and Culture" including:

- Exploring the Auroville Experience Through Dance by Anuradha Majumdar
- Sound and Music Composition in Theater Aurelio Hammer
- Chanting Together by the Samskritam Auroville team
- "Nrityasangeet" Singing and Dancing at the same time by Pujarini Chowdhary
- Staging Sri Aurobindo's Play and Savitri by Aryamani
- Sanskrit classes continued for Aurovilians, Newcomers & Volunteers, including "Introduction to Sanskrit" classes and a class on "The Bhagavad Gita" through Sanskrit.
- The Resource Library upstairs of Bhumika Hall is currently open by appointment only.

Kalakendra

- Regular Bhagavad Gita chanting and practice was held in preparation for the collective chanting of the entire Bhagavad Gita on 25 December.
- Regular painting classes and other activities for Aurovilian children continued.

Sri Aurobindo Auditorium

- A 2-day film festival on Indian Panorama was held.
- The play, "Red Bike" by the Auroville Theatre group was presented.
- Sri Aurobindo Auditorium was one of the main venues for the 2-day working group selection process, supported by many efforts of the Auditorium team.

SAWCHU & Progress Hall

- A festive Christmas High Tea potluck was held wherein children & adults enjoyed the presence of the Christmas clown (Fif), sang with her Christmas carols & tasted varieties of dishes made by many.
- Regular classes were held for Aurovilians, Newcomers, volunteers and children, including Ashtanga Yoga, Capoeira & Dance classes (Bharatnatyam, Odissi & Hip Hop).
- Well-received talks and workshops on "Nature Cure", "Sanskrit as Yoga" and "Nada Yoga" were organised by the Sanskritam Auroville team.

Harmony Hall

 The inaugural ceremony for the newly finished hall was held on 25 December, with a dance program and a collective chanting of the eighteen chapters of the Bhagavad Gita organized in the early morning by the Sanskritam Auroville group, as this day also happened to be Gita Jayanti this year.

Atithi Griha Guesthouse

 The first floor expansion of the Guesthouse was inaugurated and the rooms are being furnished and made ready to receive new guests.

Sharanam

 Sharanam dormitory adjacent to Atithi Griha Guesthouse continued to be kept as a Covid-19 quarantine facility for Aurovilians.

Swagatham Guest House

 New suites added before the pandemic have been opened up to receive guests from the Auroville Foundation and other visitors.

Tamil Heritage Centre (Suryamandalam)

 Work on construction of the new Suryamandalam Centre is ongoing, & is slated for completion in the coming months.

General

- Republic Day was observed on 26 January with flag-hoisting, Sanskrit chanting and singing of Jana Gana Mana, the national anthem, and Vande Mataram followed by a South Indian Breakfast at Annam Kitchen.
- As the campus is currently being maintained on the bare minimum of employed staff due to budget restrictions,

- collective cleaning sessions involving Aurovilians working on the campus along with volunteers happened regularly.
- Weekly meetings of the Bharat Nivas Trustees and team members continues for furthering activities on the campus, fixing and maintaining various buildings and facilities and preparing the campus to become a fully engaged site and community resource for Auroville.

ANNOUNCEMENTS



Open Tender for cashew plots

Friday,12th March, 10 AM to noon in front of Town Hall (next to new parking).

All interested are welcome to submit their offer on the

announced day and place only. All relevant information will be displayed. The tender will be finalized after 12 noon.

Thank you for your participation in a fair and transparent process. See the contract for your reference: https://drive.google.com/file/d/1PL62uk16MDcBTb1F6PG39j1W EuLXSp33/view?usp=sharing

Greetings from Foodlink!

We are happy to announce that the Foodlink market has extended its service hours from 1st of March. The current timings are:



Monday to Saturday, 9.30 AM to 3 PM

We are sure to enjoy your continued support. Happy provisioning! Warm regards, Sumathi, Vivek and Angurajan



1940'S VINTAGE RALEIGH SPORTS REPAINTED AND REASSEMBLED BY ARTIST RAMESH AND THE AUROVELO TEAM Tickets only Rs. 200

Visit us at the Unity Pavilion or call us at

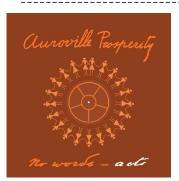
or call us at 0413 262 3576

Lucky Draw on 7th March, 5:30 PM at the UP



We are pleased the announce the birth of our son, Sasitharan on 16th February 2021 at Rajiv Gandhi hospital.

~Jayamoorthy and Gayathri



Calling Mother's Vision for Auroville Prosperity into ACTION

Auroville Prosperity along with the Citizens Assembly, the Farm Group, Wasteless, the Aura Network, the Bio-region Kaluveli Initiative, Santé, Spiral Dynamics and others

will come together the last week of March to join their efforts and move into ACTION.

If you are interested and you wish to engage, please save these dates: 21st - 28th March, 10AM to 4:30 PM, Unity Pavilion. Detailed program to be published soon.

Taxi share - from Chennai airport, Wed., 10th March, 10:30 AM. Sharing either way possible. Please contact me on 9489244823 Prem Shakti

Auroville Film Festival 2022 - Jan 18-23

Opens submissions for international films in the category of films that develop the theme of human unity. Please submit through FilmFreeway. Submissions for this category will close on July 31st. Submissions for the 3 AV categories will open later through our website: aurovillefilmfestival@auroville.org.in



LOST & FOUND

LOST - On Auroville's Birthday February 28th, we have lost one of our Aurocard number 2600011, Bodkhang guest house on the way from Tibetan Pavilion to Matrimandir. If you find, kindly contact us at 2622401/8489067332/9655933922.

~ Namgyal and Kalsang

LOST - Black wired earphones (JBL); white dialed watch (Timex); black smart watch (Fossil) on Monday, 1st March in the area around the Solar Kitchen junction towards the stretch of Dinesh restaurant extending to Kuilapalayam main road. Likely fell off on the road or the sidewalks. If found please do let me know. 8277365089 or archanaraghu09@gmail.com. Thanks!

LOST - Green cap w/ neck cover (has Columbia written on it). If you find it or have a spare one, pls write stigmatad@gmail.com. Also looking for a cycle lock/number lock. Thanks for helping me stick to "never buying anything new" challenge.

APPEALS

Memory Plaque for Kirthiga and Samichsha's Family

Dear brothers and sisters!

It has been over a year since Sundar and Mahesh with their daughters Kirthiga and Samicsha tragically passed away. They will stay in our hearts forever.

We would like to commemorate their remembrance with a stone plaque on their burial grounds in Adventure, and to achieve this we need your help. Your donations small or big are heartily welcome on the FS Account created for that purpose (251372). ~ In gratitude.

Family and friends of Sundar, Mahesh, Kirthiga and Samichsha

WELCOME

FROM THE ENTRY SERVICE - ES # 072, 06-03-2021

Our team is happy to recommend the following individuals as Aurovilians, Newcomers & Friends of Auroville. Prior to Newcomer, Aurovilian or Friend of Auroville status confirmation, for Newcomers, Associates and Friends of Auroville two weeks and for Aurovilians and Returning Aurovilians one month window for

community feedback. Kindly forward your support or grievances to entryservice@auroville.org.in.

NEWCOMER ANNOUNCED:

 Pedro LEGUINA (Spanish) staying in C ertitude and working at Unitary Design Studio

AUROVILIAN ANNOUNCED:

- Bernard VUILLOD (French) staying in Surrender and working at PTDC
- Chun Whoa LEE (Korean) staying in Realisation and working at PTDC & Dehashakthi
- Gunhui KIM aka Mint (Korean) staying in Sukhavati and working at Korean Pavilion and SquareDot
- Harishini MUGUNDAN (Indian) staying in Kalpana and working at AV Child Protection









Pedro

Bernard

Chun

Gunhui

Harishini

- Jin Yeo KIM (Korean) staying in Realisation and working at Shradhanjali
- Linda LEE (South African) staying in Auromodele (Agni Jata) and working at Quiet Healing Centre
- Manikandan NAGAPPAN aka Sathish (Indian) staying in Kriya and working at Unity Transport Service
- Siegfried Hans WERNER aka Siggi (German) staying in Auromode and working at Housing Service.









Jin

Linda

Manikandan

Siegfried

AUROVILIAN CONFIRMED:

- Helen EVELEIGH (British)
- Idoya TOBAR (Spanish)
- Stefano CESCA (Italian)

FRIEND OF AUROVILLE ANNOUNCED:

 Geeta SUD (Indian) - Geeta comes from a family of long time devotees who have contributed, through the years, towards the building of Matrimandir. She is now able to fulfill her long-standing dream of being part of the Auroville experience, and as a first step, to become a "Friend of Auroville".



Geeta

• Pinky JOWEL (Indian) - Dr. Pinky Jowel is an IAS Officer presently posted as Special Secretary of Rural Development and Panchayat Raj Department, Gov't of Tamil Nadu in Chennai. She has been visiting Auroville since 2015 and developed a deep connection with its spirit. More recently, she has been offering support to various situations and



Pinky

projects relating to Auroville. Going forward, she is willing to help wherever she can and act as a bridge between Auroville, the State Government and even the Central Government in relation to issues/projects.

LEFT ON HIS/HER OWN:

Audrey Serre (French)

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been completed and returned. Be aware that the duration of the process cannot exceed 18 months from the date of confirmation.
- An Aurovilian is a resident of Auroville, aged 18 and above, whose name has been entered in the Register of Residents (RoR) as maintained by the Auroville Foundation (AVF) Office.
- The change of status from Newcomer to Aurovilian is official only once the individual has filled in and signed the B-Form. An Aurovilian's name is entered into the RoR after he/she has met with the Secretary of the AVF with an appointment arranged by the Entry Secretariat. These appointments are fixed by the Entry Secretariat according to the availability of the Secretary, but not at any personal request of an individual.
- The Auroville Foundation processes issuing of ID cards only to the Aurovilians who are registered in the RoR.

FOR YOUR INFORMATION



Zoom Discount

Since the Corona pandemic, several of us have begun to take classes and courses

online. Most of us (units and individuals) have separate Zoom accounts. If we have Zoom Meetings Pro License, we pay double the amount we would have to pay if, as Auroville, we buy an annual plan for "Education". The Annual plan for education includes 20 licenses.

So why not all of us come together to purchase the Annual Education Plan, as a part of which each of us will receive our individual license? If you or your unit is interested, please fill this form by 31 March, 2021: https://forms.gle/bordMKDiryyKU1ap8. Based on the number of registrations, we can decide whether, how and when to move forward. Please do circulate it amongst units/services/activities in Auroville who are using Zoom or would like to.

~ Love and regards, Divyanshi, for ACI

"HANGOUT" at Center Guesthouse Saturday March 6th, 2.30 - 5 pm

Our next gathering will once again be at **Center Guest House**. As usual you and your friends and family can come by any time and stay as long as you want, it's totally **informal**. Whether you want to play games, or just chat with friends or meet new people of **all ages** please do come on by and join in ...it's fun!

We will have some juices, coffee, tea and cookies and you are invited to bring some cake, sweets or snacks to share with all. The usual board games will be available and if you have a preferred game set at your home bring it along and look for partners to play with. Seniors and people of all ages are welcome.

~ Don and Shivaya - Thirdage group



Prisma Goes Digital!

Prisma started operating in Auroville 33 years ago as a specialized independent publisher. And today, on Auroville's Birthday, we are happy to launch digital Prisma with a new website: https://books.prisma.haus/en/.

During the past three decades we have been publishing books, collecting photographs, and writing texts and essays describing, archiving and photographing the activities and environment of Auroville and Pondicherry. But it is not only India that interests us; anybody from anywhere can come and ask for our technical and practical advice on how to print in this time, most efficiently, a book of any size and in any quantity. We are working already with customers in the West and East and to make our activities and facilities more available.

This special time of lockdowns is a very creative time for us, and we've been trying to use it to the fullest extent. We have designed and compiled four new books - very valuable books - which are a mirror of our Auroville background, our aspirations past and

On top of that we have an expanded online directory of Prisma services at https://www.prisma.haus/en/. Book lovers are now able to buy directly from our web shop and receive a 10% discount - our gratitude towards public support of small publishers and booksellers. Our upcoming digitization initiatives will also bring exciting new ways of reading and connecting to independent publishing.

You would be hearing more from us as we look towards a future of even greater possibilities. Yes, that is our new mantra. Meanwhile, please visit our family of websites:

> main directory: https://www.prisma.haus/en/ Prisma Books: https://books.prisma.haus/en/ Prisma Design: https://design.prisma.haus/en/ Prisma Dreams: https://dreams.prisma.haus/en/ Prisma Arts: https://arts.prisma.haus/en/

~ from the new Prisma Design team

Auroville Supper Club March Menu at Mitra Guest House

6. March 6:30pm Efrat & Team: Couscous dish with vegs & beans stew, colourfull Salad & Malabi dessert

13. March 6:30pm Henri & Team: Tofu or chicken basquaise, rice, dessert by Sita & Sanna

20. March 6:30pm Roshan & Team: menu to be announced most likely a carnivor feast and tofu dish



Booking recommended | Mobile 07094532505 | WhatsApp +4591118176



Enquiry & Registration: +91 85239 15031

MATRIMANDIR



AMPHITHEATRE - MATRIMANDIR Change of timing for the change of season for the Meditation at sunset with Savitri - read by Mother to Sunil's music Every THURSDAY (weather permitting)

from March 11th onward: 6.00 to 6.30 pm

Enjoy the beautiful open space, the immense sunset and heavenly music in the very center of Auroville!

Access is still limited to Aurovilians, Newcomers and Pass Holders. Please carry your pass with you -Access only for the Amphitheatre from 5.45 pm. After the meditation is over, the gardens will close.

Reminder to all: We request everyone not to bring/use cameras, i-pads, cell phones, etc.

Introduction to Nachiketas

Once again, we invite everyone to be with us at the small amphitheatre in the Matrimandir Gardens any evening at 7 PM between March 11th to 13th.

This time our search is based on an Indian story that happened long ago about a boy whose name was *Nachiketas*. The exploration is on how to give dramatic form to an ancient teaching.

The story takes place at a time when all of human life was intertwined with the presence and actions of the gods, and the boundaries between the physical plane and the subtler realms were not yet sharply established and, depending on the circumstances, both humans and gods could cross over. This was a time when the greatest men walked on Earth. In India, they were called Rishis, exceptional teachers and knowers. They gave their knowledge a high poetic and symbolic form. The more ancient of these forms are known to us as the *Vedas* and *Upanishads*.

The story of Nachiketas belongs to this time. It is to be found in the Katha Upanishad. It is about Death and Immortality, about questions and answers to that eternal question, to that eternal search. The sources for the script are: *Nachiketas*, from the "Value-Oriented Education Series", Kireet Joshi General Editor; Sri Aurobindo's translation of the Katha Upanishad from his *Kena and other Upanishads*; Sri Aurobindo's *Savitri*.

Participants: Anandamayi, Aravind, Giacomo, Kushmita, Megha,

Nidish, Otto, Sheetal, Srimoyi, Vivekan Concept and direction: Aryamani Sound design: Aurelio and Varun

Lighting: Jean, Ashwin and other members of the team

Costumes: Angela and Carla Voice preparation: Patricia General assistance: Pala

For all their support, our sincere thanks go to: SAIIER, Matrimandir, Charu, Bobby, Carlos, Jasmin, Jean Christophe

WORK OPPORTUNITIES

HR Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Management, Promotion and Fundraising - You are managing and fundraising for our theatre project. You will take care of all communication for the project including initiating and following up on promotion and marketing activities. You speak and write in excellent English. Hindi is a plus. Part time or full time, maintenance provided.

And other positions (please inquire about details):

- Volunteers for Auro Orchard
- Experienced Social Media Curator (on project basis)
- System Administrator (ERPNext)
- Software Developer (ERPNext)
- Distribution Consultant (ERPNext)
- Electromechanical Engineer
- Digital Communications & Community Manager

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else.

hr_hub@auroville.org.in

LOOKING FOR

Someone going to Mumbai - who can carry a mobile phone there for me. Someone will pick it up from wherever you are. nandita@sharan-india.org or 948 848 3286.

Cycle - Does anyone have a 16 inch bike (or similar, for a 5 yr old) that we could borrow for a few weeks? Thanks! Yajna

948 600 8509.

Audio Recorder to borrow - Needed from from time to time to record children's stories that I have written in different languages for my website StoryYoga for Children (www.storyyoga.wordpress.com). We already have many stories/ languages available, but we have more to add and need a way to record them. This project is done entirely with volunteers, so if you have a recorder you might let me use periodically, and/or if you have knowledge of editing audio files and wouldn't mind helping with this, please let me know. Noel at earthyoga@hotmail.com... Thank you! OM

Work - Gawtami, who has been working at our place for 15 mo., needs more work. She's available every AM except Thurs + a few afternoons. She is young, discreet, efficient, reliable, has a scooter (very little English). She hails from Alankupam, can't work in remote forest places, & prefers no keet houses.

Call us for initial contact, 8:30 AM to 5 PM. Please no emails. ~ Yvelise and Emanuele, 0413 262 3407.

3 kva PCU solar inverter in good condition for reasonable price. Boobalan, Siddhartha Forest, boobalanbullet@auroville.org.in or 978-708-4506

An English speaking lady to help my wife with housework, Mon/Wed/Fri, 2 PM- 4 PM & Sat/Sun, 8 AM - 5 PM. Language preference: Hindi/English. Pawan @ 91197 62631/Anamika @ 93453 21570

A CD player for the kids. In case you have any and are not using

it or would simply like to pass it on - we will be very happy to bring it to life. Namaste. Ulrike Urvasi 9442069249 (sms only) or ulrike@auroville.org.in

HOUSE - Long term, house sitting, stewardship. Family of 3 looking for accommodation, preferably house. We are finishing a house-sitting contract soon, so we need a place ASAP. If you know any place available, contact me: pedro.santos.guedes@gmail.com or 875 460 4810.

AVAILABLE

One bedroom available at Kipaak Home, AuroAnnam. A double bed room with shared bathroom and kitchen. Up to 3 friends can share. Contact me at 8523915031 or <a href="mailto:mailt

A tiny house is available at Udayan. Please contact Mawite 8523915031 for more details.

otorbike - Bajaj Platina, 2010, 45,000 kms, motor strong, runs

good, recently fully serviced. 948 636 3525.

Furniture (high table, wall mounted folding table, shelves) Megha Merta, WhatsApp: 8870730567"

Housekeeper - Pari, 37, is looking for half time work in the Aspiration/Auromodele area. Very responsible, good English, takes good care of house, garden, pets Cooks well and very friendly w/ children. Contact Rita, 894 087 8665.

Office Spaces at Auromode - The last two office spaces (24 & 34 sqm) in a brand new building with very quiet, green atmosphere

sqm) in a brand new building with very quiet, green atmosphere available from 1st March 2021 with following facilities: Generator Power back-up, Aqua Dyn drinking water, Car & Bike parking, 24 hours Security service.

CO-WORKING SPACES: -We are planning to open Co-working office spaces for 20 people with additional facilities (A/C, Wi-Fi, common printer, common kitchenette and common toilet) We would like to have your feedback about this project. It would be ready by end of May-2021 and include the facilities mentioned above. Pandian, AUROMODE TRUST, Auroshilpam. 04132622224; pandian@auroville.org.in; auromode @auroville.org.in

GREEN MATTERS



Use a broom instead of a hosepipe to clean patios and sidewalks. With love from the Water Group, helping Auroville become a water-sensitive city. watergroup@auroville.org.in/www.aurovillewater.in

URGENT!

Sewage Sludge disposal and co-composting

Dear L'avenir, ATDC, FAMC, Working Committee, AV Council,

PT Water works on the Sewage Sludge disposal and cocomposting. As you all know that PT Water requested many times to get a Site for Sewage sludge disposal and co-composting. Pour Tous Water(PTW) is not only disposing of the Sewage sludge. The same service is doing the co-composting (with coir fibres, EM or other compost raw materials). The one load of solid sludge mixed with 4 litres of EM, coconut coir fibres, other composts raw materials. Before fertilizer/compost the sludge the PTW removes the following item from the sludge. "Toilet paper, napkins, tissues, menstrual pads, tampons, diapers, condoms, dental floss, plaster/band-aid, ear buds and medical waste (syringes, razors, etc.)". A few times a year the PTW is cleaning the septic tank. The septic tanks and pipes are blocked by the sand, it will be difficult to suck the sludge. The major part of the work is done by PTW Service. It is not an easy job of removing the sludge and de-sludging. Often it does have an offensive odor and cause health hazards.

It is with goodwill and generosity that Johnny approved a 3-year arrangement at Fertile Forest. Now, after more than four years, Fertile would like Pour Tous Water to stop dumping sludge there.

Most urgent concern: The PT Water team is currently trying to find a new permanent site for Auroville's sewage sludge disposal and sludge treatment. Without the support and encouragement of the TDC, ATDC, FAMC, Working Committee, it won't be possible. This includes researching and considering topics of logistics, quantification, phasing, treatment and financial issues, all under the time pressure of finding a new site immediately.

Please regard this issue as a <u>very urgent</u> concern to search for a site for sewage sludge disposal. For the last 20 years we have had no permanent solution for this pressing need. Even villagers are coming forward to give us their land, but Auroville is not taking it seriously by allocating a suitable location. In addition, we are looking for Aurovilians who can work with the PT Water Team to manage the sludge treatment plant. We welcome your thoughts, suggestion, ideas. ptw@auroville.org.in

~Thanking you, Grace

You're invited: Citizens' Assembly film showings

The Citizens' Assembly and Auroville Water Group invite you to watch some Aurovilian water players reflect on our water situation! The series will be screened every Thursday at 4:30pm till March 18. See you there!

Thurs, March 11th, 4:30 PM at MMC:

Film: Chapter 7: Education & Awareness (39 mins), followed by Q&A with speakers

Summary: To become water conscious, our community needs to understand the current situation with water and ways we can act. This video features five different views on the current water situation in Auroville from the perspective of education and awareness. Please join us in exploring the dreams, challenges and opportunities these Aurovilians face in their unique context. Presenting different perspectives here are: Ing-Marie, Meenakshi, Ribhu, Satprem and Tom. FMI: https://events.auroville.org.in/events/17279

Water Group (Eric Chacra, Giulio, Ing-Marie, Tency) www.aurovillewater.in; www.facebook.com/aurovillewatergroup

Water Talks: March 2021

Let's talk about water! Each Monday in the month of March, a member of the Auroville community will dive into the topic of water in an engaging presentation or site visit. This year's theme is "Systems that Work", and focuses on systems that help us catch, conserve, or recycle water. Please see the schedule below and join us! All talks/walks are free of cost, but if you would like to support the ongoing work of the Water Group, our FS# is 252000. Thank you! Water Group (www.aurovillewater.in)

- March 8, Residential Zone Sewage Treatment Plant, 4:00pm "An Odour-Free Visit to the Residential Zone Wastewater Treatment System" The RZ wastewater treatment plant has been treating and supplying treated water for approximately 380 people since Dec 2018. Join Vijai, engineering working to maintain the treatment plant together with the CSR dewats team, as well as Tency, CSR coordinator, as they explain how the system works and some of the challenges they've encountered. (Meet at the crossroads between Maitreye and Sharanga communities, in the road in front of Nolly's house.)
 - March 15: Surprise speaker
 - March 22: Special event for World Water Day!
 - March 29, Buddha Garden, 5:00pm "Whole Water in Buddha Garden"

~Water Group: (Eric Chacra, Giulio, Ing-Marie, Tency) www.aurovillewater.in/ www.facebook.com/aurovillewatergroup





Last week was really intense, some radio programs are gone, some are new arrivals. Enjoy it and stay tuned!

<u>Here</u> you can listen to the stream channel (playing 24/7). <u>Here</u> you can see on-air schedules.

Last published podcasts:

What do you know - ep. 8 "German Edition" (Yoga & philosophy) Lunaria - ep.7 "Feminine Archetypes: Inner Wise Woman and Menstrual Phase" (Women's health)

<u>Soul Tracks - S02 Ep.4 "The Hindi Special - with Deepa!"</u> (Music) AV Meaningwave set I (Arts and culture)

Audible Weed Walk - ep.31 "Recognizing, appreciating and eating is unshackling weedy food" (Food education)

The Tamil Literary Forum - ep.23 "ஆரோவில் பற்றி அன்னை கூறியவை" (Tamil culture)

Neo Urban Chronik - ep.34 "The tragedy of 3 queens with Florence" (Humour)

Marlenka's Weekly Offering - ep.23 (Integral yoga)

<u>Une série hebdomadaire de lectures par Gangalakshmi - 349</u> (<u>Integral yoga)</u>

What do you know - ep.7 "Program Introduction" (Yoga and philosophy)

....and more! on <u>www.aurovilleradio.org</u>.

FMI: radio@auroville.org.in

Celebrating Love: The Secret of All Secrets

The poetry and songs of the great sage-poet Kabir of 15th century India are quite well-known to many of us here in Auroville. Many accomplished singers and exponents of Kabir's message of oneness and of divine love have visited Auroville over the years and have enriched us greatly. Many of us have also attended several presentations in Auroville of verses of Kabir in original Hindi by Prof. Sehdev Kumar, with his very poetic trans-creations in English, based on his book *The Vision of Kabir*. Kabir's dohas couplets - and songs, expressed in most endearing words and earthy metaphors, are an exquisite expression of Bhakti, of Divine Love; for over five hundred years, they have touched the hearts and minds of people all across India.

Now, for the past few weeks, inspired by Prof. Sehdev, and in collaboration with him, and based on his compositions in English, a group of us here in Auroville, are engaged in trans-creating Kabir in several Asian and European languages, including Chinese, French, German, Italian, and even Esperanto.

nainan ki karu kothari , putalui palang bichhau

I shall make my eye into a bridal chamber In its pupil I shall lay the bridal bed

I'll use my eyelashes like silken curtains

And there, O my Beloved I shall endear You For ever And ever.

manka pherat yug bhaya, phira na man ka pher

For eons You have been moving the beads in your hand Yet nothing has moved in your heart

O dear friend Leave aside the beads Open your hands

Let the heart Turn!

It is our fervent hope and wish to take Kabir's message of universal love and oneness to all parts of the world, through his verses in many languages, keeping the elegant simplicity of his words and metaphors intact. If you have a poet's heart, and certain love for the spirit, we invite you to join the project, entitled "Celebrating Love: The Secret of All Secrets - Verses of Kabir", and to trans-create some 80 of Kabir's couplets in your own language, preferably in collaboration with one other person, all based on Prof. Sehdev's English versions.

~ Anandi Zhang and others

Looking for collaborators

Priyadarshini Ohol is a multidisciplinary transmedia artivist visiting Auroville. Through art she experiments with post trauma embodiment & transformation, world scale artivistic impact, cocreation & co-ownership, attachment-detachment, open space radical inclusion, open culture vs appropriation, body politics, marginalized identity resistance, politicalactivism and sociopolitical ideals. Her avante-garde, agile work is based on principles of conscious living, scientific enquiry, freedom, selfcare, expressionism, experimentation, spontaneity, flow, play. The artistic manifestations are in the form of performance, individual/community memory painting, movement, expressive movement, butoh, physical theatre, lens based audio-visuals, interdisciplinary installations, writing, photojournalism, public art, activism. Some of Priyadarshini Ohol's works can be viewed on www.ohol.art.

She is interested to explore/connect/meet/greet/converse/learn from/ visit with artists, creators, makers, memory banks, human libraries to explore possibilities of collaborations, co-creations, sharing, engaging with the community. ohol.priya@gmail.com, Social: @oholart on; 9967303965 10-7pm.





It's our Birthday!

Think we are going to have a fire.
Entrance through the office gate.
Fog or mist slowly lifts a little.
Sun always hiding but light reveals us all after two and a half hours of a fire reaching out and up then gently catching its dark pyramid center, through eyes watching, burns its fuel in the design it was built.
Matrimandir hardly showed its form.

Tackling scooty's exit, friend joined in moving bikes left and right.
Calling 'the best happy birthday to you' sped away.
Coffee and warmth in apartment the normal Sunday begins. But
All has moved ahead, for The Mother spoke to us this morning telling us our mission, Auroville's purpose from the beginning into the future, as if we heard it for the first time.

- by Audrey, https://audreywt.auroville.org; photo: Manohar

Positive data for the Astra Zeneca vaccine (similar to the Indian "Covishield" vaccine) March 2021

The first data presented in December last year for the validation of the Astra Zeneca vaccine were only partly convincing; Here below are the curves of peoples infected after the vaccine compared to peoples who had received the placebo (not vaccinated). We can see in the standard condition of 2 identical doses (right graph) that there are still quite a few sick people (in red) in the vaccinated group compared to the control (in blue). The efficiency calculated on this basis was 60%. The graph on the left was of a smaller number of peoples with the first lower dose of vaccine and the second normal dose. We see that the number of peoples infected among vaccinated peoples (in red) represent about 10% of unvaccinated people. So we had about 90% protection.

These mixed results have cast doubt on the effectiveness of this vaccine and many persons were reluctant to be get this vaccine.

New data Scotland has started the vaccination in December and the population has been well followed for the last 3 months: December to March (Vasileiou et al. 2021). The number of persons admitted to the hospitals who were vaccinated, means 400 000, was compared to the number of non-vaccinated peoples. The data gave a sharp decrease in the number of peoples admitted to the hospital in the vaccinated group. The results show an 84-94% decrease in hospitalizations measured 21-34 days after the first injection. The persons above 80 years old were not counted. In conclusion the Astra Zeneca vaccine (and Covishield) gives a sharp decrease in hospitalized persons 2-3 weeks after the first dose. It seems to protect very old persons (above 80) but it was not quantified.

So how do we reconcile these data (90% now) with those of the previous validation (60% in December). They differ in the criterion used. The validation (60%) was based on the number of peoples infected while the new one (90), take into account the hospitalizations. So there may have been more people infected now but not sick enough to be hospitalized. This is compatible with a positive effect of vaccination sufficient to limit severe forms but not sufficient to prevent infection. Therefore, we can be infected, but our immune system, has been activated by the vaccine and defends itself more quickly and limits the infection of the virus. Infection is a race between the division of the virus and the division (and activation) of the lymphocytes that defend us. After a vaccination, we will start with a head start and will win the race against the virus. See analysis of different vaccines and the immune response: https://vaccinsarnetadn.wordpress.com

Note: The decision for vaccination is respected as a personal one. ~ submitted by Jose Remacle, Friend of Auroville

Year of the Metallic Ox

According to the lunar calendar, since the 12th of February we live in the year of metallic ox. The previous year was the year of metallic mouse (or rat). They are the mammals. But mice & rats often damage some plants/products. The rats have fleas which sometimes were the source of human plague. But ox (or cow) gives milk. In India it is a sacred animal. The ox-carts played an important role in the first years of Auroville and now they don't disappear in our city.

The scientific name of ox is Bostaurus, its ancestor was the auroch. There are different kind of ox: yak in Tibet, buffalo in India etc. The ox constellation above Auroville has the Latin name Taurus. If any Aurovilian likes stargazing, he knows that the celestial ox permanently moves without rest around the Polar (North) star. Of course really our planet is rolling, not the starry sky.

On the second of February I visited the Tibetan Pavilion and I received the Tibetan calendar from Kalsang. In Tibet they celebrate New Year for three days, from 12th to 14th February. They take, among other kinds of food, a special tea with milk, butter and salt.

Different countries have own traditions for new year celebration. The Korean new year has the name Seollal. It was dinner in the cafeteria of the Visitors Centre on the 12th February. They served new year rice cake soup, Rosella and fruit cocktail etc. Chinese New year dinner happened on 14th February in Mita Guest House. They proposed soup, dumplings, noodles and other Chinese specialities. In China they celebrate New Year during one week, from 11th to 17th February. Usually it is a great movement in the country during the celebration: people visit relatives, friends. In 2020 this movement was limited because the virus made the problems.

Auroville has many residents and guests from Tibet, Korea and from other Asian countries. Our friends in Findhorn community don't feel such eastern influence. Of course they know about the lunar calendar but this knowledge doesn't touch their life.

Among Aurovilian's there are many Tamilians, for them the Tamil New Year is important, 14th April. "Putandu vartical" - Happy New Year in Tamilian. Our multinational city is a paradise for the polyglots. It is a mirror of the planet's cultural richness. Like a magnet Auroville attracts the people from all continents. Only dwellers of Antarctica I didn't meet here, but in future they will arrive here certainly.

~ submitted by Boris



CULTURAL ACTIVITIES



Due to the rains, we had to cancel the event earlier, but it is back for all the persons who missed it! Book your slot between 7pm and 9pm on 5th, 6th or 7th March.



C'entre d'Art invites you for a group exhibition "TRANSPARENCY" Opening on 6th March at 4.30 PM

Exhibition dates 6th - 24th march 2021. Gallery hours Monday to Saturday - 2.30 - 5.30 PM.

Sunday closed. Please park at the Town Hall parking.

INTERNATIONAL WOMEN'S DAY CELEBRATION Saturday, March 6th, 4.30PM to 6 pm at Tibetan Pavilion

On International Women's Day we salute the women throughout history who have stood up against injustice in their society and those women who continue to fight for change and a better future. Long live the International Women's Day!

Fif and Sudha are offering "Share Joy, Happiness, Humour and Laughter". A few games are organized by Jayanthi.

Please encourage and support us also by sending the women who are working in your units and houses to our program. After all, it's a day of enjoyment for all the women together! Please share this event with Aurovilians, Newcomers, Guests, Friends and Ammas. You could support us through your little contribution to our account number: 103868.

Thanking you, on behalf of Mirra Women's Group, Grace

"Cine-master class"

- RASA YATRA: When documentary meets devotion Saturday 6th March, 5 - 7.30 PM, at Aurofilm, Kalabhoomi



KIRTAN TUESDAY, 9th March, 5 - 6.30 PM, Butterfly Barn, Svedame

Welcome to join this circle of singing from our hearts and celebrating Divinity of life!

Telebrating the Telling the

Women's Art Exhibition 8th to 31st March, 2021

Inauguration on
International Women's Day
Monday, 8th March, 2021
4pm to 6:30pm
Kalakendra Art Gallery

Daily opening hours
9am to 5pm (Including Sundays)

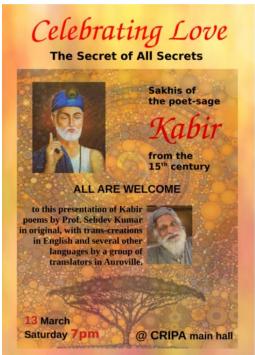
Workshops, talks, discussions and film screenings will be offered by exhibiting Women artists, in the field of:

- Dance
- Painting
- Poetry and Literature
- Music
- Ceramics
- Photography and Film
- Food stalls

2 & 4 wheeler to be parked outside the main gate











Auroville Art Camp March 20st - March 26th Tibetan Pavilion

Sri Aurobindo and the Mother assign a highest status to an art which serves as revealer and teacher of a quest for the All-Beautiful. In this spirit, we decided in 2019 at the occasion of Auroville 50th birthday to organise an Artist camp with residency in Auroville. 35 artists were selected and invited to work on the theme " A new world is possible "

The art camp focuses on the collaboration of Indian national artists with Aurovilians artists, working on a specific theme during one week. One of our intentions is to create a bridge between Aurovilian artists and Indian artists. Art students are also invited to participate as this is a great platform for exchange and learning.

Art is a profound centre of this journey towards the future. The ambition of the first Auroville art camp was to try to evoke a New World. By organising an Art Camp with artists from all over India, we tried to create a concentrated atmosphere in which we could work on this new world to come through art and the search for Beauty which is an ideal to be. The support and feedback of the community have motivated us to renew the experience.

The theme of the second edition, inspired by several passages of Savitri the epic poem of Sri Aurobindo, is the "City of Dawn". We published a call for artists in Sept 2019 which lasted two months. We received hundreds of applications from all over India and from Auroville of course. The diversity, richness and quality of the bodies of work we received was stunning. We are grateful to have been able to select wonderful artists, some of them well-known & established.

The second camp could not happen in March 2020 as planned, so it was postponed to 2021. We decided not to make a new selection and invite the artists selected for 2020.

Here are the selected artists:

Indian Nationals:

Basuki Dasgupta (Tumkur, Ka), Debasish Dutta (Vadorada, GJ), Madhuri Kathe (Mumbai, Mh), Neeraja Divate (New Delhi, DL), Pradeep Ahirwar (Bhopal, Mp), Rakesh Ray Choudbury (Guhawati, As), Shrikkant Kadam (Pune, Mh), Uday Goswami (Bhopal, Mp)

AUROVILIANS: Birgitta, Claire Iono, Crystal, Helgard, Jyoti, Miki, Nathalie, Nele, Shanta.

Selected students: Jyoti Singh (Sagar, MP) and Milo, Xin Peng (Auroville).

A catalog with the presentation of the selected artists and their work will be published online in the coming weeks.

The art camp will open with a talk by Deepti, "The pathways of the morning star - an exploration. Art as a search for the mystic fire." On Sunday 21th, all the artists will perform a collective art installation on the path going from Visitors Centre to the Matrimandir view point. There will be three open doors during the week.

On March 27th for the closure, an exhibition of the artworks created during the art camp will happen at Centre d'Art.

We will share a detailed program with you one week before the event. Thank you to all those who make it possible.

With Gratitude, The Auroville Art Camp team

The TempleTree Exhibition

at the Pavilion of Tibetan Culture is extended till 13th of March due to popular demand. You haven't missed it! All are invited.



CLASSES/WORKSHOPS



Transformational Yoga Monday 8th - 11th March, 8 - 9.40 AM Friday 12th, 8 - 9.40 AM, 4.30 - 6 PM

Come and join this Intensive workshop to purify the mind, the body, the emotions and prana. We will practice asanas along with Pranayama, Raja & Mantra yoga and Meditation. Ideally for those who want to

work on the self-discovering and inner Progress. Transformational Yoga, inspired of Sry Aurobindo and Mother's teaching, the yoga that goes beyond asanas. Benefits include:

- Stabilize emotions
- Improve balance and lungs functions
- Boost positivity and immune system
- Mental clarity
- Deepened relaxation
- · Greater self esteem
- · Purifying body and mind
- Enhance presence, perception and awareness

Registration: Lakshmi 8489764602 or lakshmiprem369@gmail.com

DANCE OFFERING with Dariya & friends Mondays, 5PM - 7PM, Harmony Hall, Bharat Nivas (weekly from 8th March on)

WE ARE BACK - after the longest break in last 19 years! Welcome back to DANCE OFFERING, a unique space to practice deep listening, presence, connection, self-expression, creativity, celebration & more, through authentic movement or stillness. Space for free dance or contact improvisation, for individual and collective discoveries. From introspection in stillness, to free movement...towards radiating stillness in expended awareness.

- -LISTENING to the present moment of your being in the body;
- -ALLOWING to surface what wants or needs to be moved, expressed, transformed;
- -UNFOLDING in your unique way within a group; --CELEBRATING or mourning whatever is alive and present;
- -OFFERING the fruits of our practices for the benefits of ALL. For adults of all ages and abilities! Feeling so grateful to discover this new beautiful venue with wooden floor



contact@auroville-jiva.com www.auroville-jiva.com WA 9626006961

The Way of the Sufi - Retreat with Nirupam Gyan 7th - 11th March

Find yourself whirling. https://www.youtube.com/watch?v=2 cvgL9ZptVY&feature=youtu.be. Sufi Zikr & Whirling, Sacred Gurdjeff dances, active meditations, breath, dance... woven together magically.

Your heart will open wide, your mind still... you see the world flying by. Sufi Whirling is an ancient transformative practice. The Sufi Way Retreat is a life changing event, Nirupam Gyan sufi is sharing Sufi & Gurdjeff & more internationally for over a decade, 3 previous workshops here have met with an overwhelming response.

What is trauma? - Webinar 4 afternoons 2-5 PM starting 15th March

How to identify trauma and posttraumatic stress disorder? How to recover a person's full potential, energy and zest for life - and even integrate the wisdom of it all?

A webinar with 4 modules, combining theory with interactive exercises - a toolbox of techniques to apply in your therapeutic work. The workshop is designed for therapists of body and mind, psychologists, and all who work with trauma.

Facilitator: Sigrid Lindemann

Integral Regressiontherapy - Webinar and Seminar 18th March, 6 pm

A therapy and energy work based on Sri Aurobindo and The Mothers integral Yoga, incorporating trauma therapy, past-life regression therapy, inner child work, NLP, in a client centric

approach is transmitted. Therapists wishing to integrate this approach in their therapeutic work shall come for four 3 day workshops to Auroville, to practice facilitating the 2 hr therapy sessions.

Sigrid Lindemann integrates her varied professional background in this focused approach to transforming deep issues towards an evolving consciousness & purpose. She is a transpersonal regression-therapist, trainer in hypnotherapy and teacher of advanced classical homeopathy, living over 20 years in Auroville.



Quiet Healing Center

www.quiethealingcenter.info / quiet@auroville.org.in +91 413 2622329 / +91 9488084966 (mobile)



Feminine Dance Fusion Workshop with Galit Sat., 6th March, 9 AM - 12 noon

Nurture yourself with one of the most ancient and beautiful forms of dance, based on movements that are healthy and natural to the female form.

In this workshop, you'll release and open the flow of energy throughout your body, embracing how you are now while discovering the joy within. We'll also explore the technical foundation of tribal fusion belly dance and learn new options of movement. We invite creative self-expression to allow women finding their own way to reconnect with their femininity and power.

Galit was trained at Arabeque Oriental Dance School, Jerusalem, with Rachel Brice, master of Tribal Fusion dance, and has been teaching belly and tribal fusion dance since 2011.

Watsu & OBA Basic with Petra Monday 8 - Thursday 11 March, 8.45 AM - 6.30 PM)

Watsu & OBA are aquatic bodywork modalities given in a warm water pool (ideally 35° C). It combines elements of light movements and stretching, massage and mobilization of the joints in connection with breathing and energetic work conducted both on the surface and under water.

Watsu & OBA offer an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas - ultimately, for freeing body and mind in a flow unique to each client and each session.

In this course, you will practice basic techniques and qualities of being: grounding, presence, stillness, movement, attention. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit. No previous experience required!



Guided Chakra Healing Meditation Workshop with Tania Friday 12th March, 2 - 5 PM

This workshop includes a guided chakra healing meditation, during which you'll go on a journey throughout your body and its chakras. This meditation will nourish your body and spirit by increasing your energy

levels, bringing more balance and relaxation, and giving you an enhanced feeling of well-being. It may also lead to a release of blockages caused by stress, fear, anxiety, anger etc. We'll introduce tools which promote purification, healing, and balancing of the chakras, and offer an increased awareness of your body. We'll also explore the importance of proper grounding, healthy breathing, listening to your body, self-love, use of crystals, and some basic energy exercises.

Tania has been practicing meditation for over 20 years. This guided chakra healing meditation was born out of her successful experiences during her own self-healing journey. She is also a certified and practicing Reiki master.



Conscious Touch with Verena Saturday & Sunday 13th/14 March, 9.30 AM - 6 PM

This workshop is designed to increase trust through conscious touch as an instrument for healing and connection.

During this workshop, you will gain a better knowledge of the body; learn basic massage techniques; develop trust and concentration; activate healing energies; relieve stress and anxiety; and practice hygienic massage standards in personal and professional situations. You will also learn different ways to develop a deeper heart-connection. Open to all, who would like to learn how to touch with love, care, presence, and skill. No previous experience required.

Holistic Rebalancing - Massage Training with Ananda Monday 15 - Sunday 21 March 2021 9.30 AM - 5. PM

Holistic Rebalancing is a powerful balancing tool for body-mindenergy based on healing techniques developed in 1980's. It's a synthesis work combined with deep tissue massage, joint release, energy work, breath work, body awareness and meditation.

In this 7-days course you will learn powerful techniques of joint release to melt & relax, deep tissue massage to release pain/holdings/memory, and energy work to heal from inside; the physical and energetic body anatomy; breath work and tools for body awareness; reading and various approaches of different body types; five types of touch related to the 5 elements: water, fire,

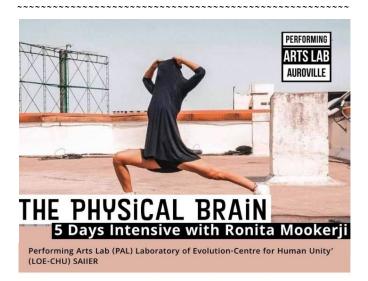
air, earth, space; special focus on neck, shoulder & back; meditations to be healthy and energetic as a hollow bamboo for the natural healing process; effective ways to give deep healing sessions effortlessly; and to hold space with changing body-mind-emotions-energy. No previous experience required!

Oceanic Bodywork Aqua (OBA) 1 with Dariya and Daniel Thursday 18 - Tuesday 23 March 2021, 9 AM - 6 PM

Oceanic Bodywork Aqua (OBA) combines elements of soft stretching movements, aquatic deep tissue massage, and joint release, as well as energy and breath work in a unique way above and below water. Especially designed movements allow your whole spine to swing and energy to flow again. This form of aquatic therapy invites you to experience the healing energies of water in a new way. Chronic physical pain as well as emotional tensions can be released. Special positions may remind you of how you felt to be held as a child.

During this 6-day course (with mainly under-water work) you'll learn various techniques of this wonderful healing modality in a playful and friendly way. At the end of this course you'll be able to offer friends and acquaintances a complete OBA session.

Prerequisites: OBA Basic or equivalent course.



*reservations in advance required
Contact:
Irena Taskovski, itaskovski@gmail.com Whatsapp : +44 7562 977143

16th-20th March, 9 AM - 1:30 PM, CRIPA

Performing Arts Lab PAL is organizing contemporary dance and movement training for Auroviilians, NC & Volunteers led by Ronita Mookerji https://ronitamookerji.com/index.php/reformances/

About teacher: Ronita Mookerji, based in Bangalore, is an award-winning choreographer and performer and works as an Independent Contemporary Dance Artist/Teacher in Interdisciplinary arts for over 12 years now. She is trained in Bharatanatyam for over 25 years and did her Arangetram in 2005. She has also trained in Odissi for 2 years. She graduated with Honours from Attakkalaris Diploma in Movement Arts and Mixed Media in 2009 and worked with the Attakkalari Dance Repertoire from 2009-16.

About workshop: Physical Practice and Awareness through Contemporary Dance: THE PHYSICAL BRAIN

The Contemporary Dance/Movement workshop will combine elements and technique understanding from Contemporary Dance and Martial Arts, Kalaripayattu, that I have learnt and am training in, currently. The workshops will throw light on body work, floor work, space work, energy work through exercises, bodyconditioning and movement sequences from strong physical practice within the system of Contemporary Dance Techniques. Through the flow of dynamic sequences, which encompass qualitative and quantitative play of physical tasks (using the physicality of the body), time, space and rhythm, dynamism,

participants will be challenged to explore, experiment and broaden their own aspects of the Physical Body, and the Thinking Body (mental capacity) through some Improvisational /Compositional explorations and investigations in the sessions.

Aim: To bring an understanding, awareness and deeper connection with the physical body through contemporary dance and to activate the mental capacity along with it, through play of structure and creativity.



Introduction to GURDJIEFF MOVEMENTS Saturday, 13th March, 9 AM to 12.30 pm Pavilion of Tibetan Culture

In this half day of workshop, we will experience the work of Gurdjieff. We will touch the basic of his

teaching through the exploration of the movements. The practice will give us opportunity to observe ourselves in new ways.

Venue: Pavilion of Tibetan Culture International Zone For registration and information: sweet.yoffi@gmail.co

FILMS



INTEGRAL YOGA - SRI Aurobrindo's & the Mother's vision of Supramental consciousness and How Haridas Chaudhuri Brought It to the West Monday, 8th March, 4pm

Haridas Chaudhuri was the first person to write a Ph.D. dissertation on *The Life Divine*; later Sri Aurobindo approved of him being sent as a representative of the Integral Yoga to the USA. In 1951, he founded the American Academy of Asian Studies and the Cultural Integration Fellowship (CIF) in California. In 1968, Haridas Chaudhuri launched The California Institute of Integral Studies (CIIS), a private, non-profit university which maintains strong ties with Auroville.

Haridas Chaudhuri and Alan Watts established those institutions as meeting places for counter-cultural movements and connecting the cultural traditions of East and West. In the film, Haridas Chaudhuri speaks about the Renaissance of India and shares his insights into Sri Aurobindo's revolutionary work and spiritual experiences. Debashish Banerjee then talks about the Mother and her spiritual collaboration with Sri Aurobindo in Pondicherry, explaining how her spiritual power makes it possible for everybody and anybody to progress in Sri Aurobindo's Integral Yoga. It is a beautiful documentary expressing the deep desire for change among the 1960s generation and the search for a new evolutionary consciousness which brought the Yoga psychology of the East closer to the Western psychology on the basis of Sri Aurobindo's work and philosophy. Duration: 55min.

Foo Film Club @ Sadbana Forest



Eco Film Club @ Sadhana Forest Friday, 12th March 2021

Friday at Sadhana Forest Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:30 Free bus from Sadhana Forest to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. FMI about the bus: Sadhana Forest at (0413) 267 7682

Friday, 12th March: Called to Rescue, 65 Minutes / 2016 / Directed by Loghan Call and Naomi Sophia Call

How the union of chance encounters, inner callings, and the unconditional love shared by animals is changing the course of countless lives and possibly our planetary evolution.

**Note: Families and children are welcome! Dinner for children will be served at 19:00:)



FRIDAY 12 MARCH 2021, 8:00 PM MMC AUDITORIUM, Town Hall)

"DEVI"- THE GODDESS

Directed by SatyajitRAY, India, 1960

With: Soumitra Chatterjee, Sharmila Tagore, Chhabi Biswas Music by: Ustad Ali Akbar Khan

<u>Synopsis</u>: "Devi "The Goddess" is based on a short story by Provatkumar Mukhopadhyay. In 19th-century rural Bengal, a young woman, Doyamoyee, is deemed a goddess when her father-in-law, Kalikinkar, a rich feudal land-lord, has a dream envisioning her as an avatar of Kali. Soon Kalikinker starts to worship Doyamoyee officially and changes her room and lifestyles etc. Many people start to visit her and offer prayers and drink charanamrito (water with which the devi's foot has being washed). The life of Doyamoyee changes complety and little by little she is compelled to a life of isolation and myth, far away from a life of reality. That saddens her deeply but she is unable to escape as she was bound to superstitions and in a patriarchal society... The story finely plotted the religious dogmatism. Original Bengali version with English subtitles - Duration: 1h33'

Note: The film will be preceded by a 9 min short film by Aurofilm: "Maunam - Physical Poetry" with Drupad, 2008.

- Covid, please follow the current SOP.

Important information about News & Notes

Hard deadline for submissions or cancellations: Tuesday 5pm
FOR THE ISSUE to be published that SATURDAY
(though the digital version generally goes out on Thursday)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy. <u>How to submit material</u>: Material (no pdf files, please) may be sent (in English only) to: newsandnotes@auroville.org.in.

Please do NOT send submissions and inquiries as a "Reply" to the digital subscription mail. There is NO guarantee that anyone will see communications sent this way!

Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm. Please do your best to submit copy that is ready for printing (i.e. Word shows you typos, extra spaces, punctuation errors, etc -don't make us do all the work!).

We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

<u>Articles for the Notes section</u> should ideally be no longer than 500 words.

<u>Visiting hours:</u> Hit or Miss. Call first or email for appointment.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall: 0413-262-2133



Cinema Paradiso

Multimedia Center (MMC) Auditorium Film fully program 8 March to 14 March 2021

Cinema Paradiso-Multimedia Center is operational in full capacity, and open to all now. Mask is a must (and not scarves etc.) plus standard Covid19 protocols will be followed. In observance of International Woman's Day (on 8 March) we have several (not all) great women-centric films this week.

Special Screening - Monday 8 March, 8:00 pm:

BHOR (Dawn)

India, 2018, Writer-Dir. Kamakhya Narayan Singh w/ Devesh Ranjan, Saveree Gaur, Nalneesh Neel, and others, Drama, 93mins, Hindi w/English subtitles, Rated: NR (G)

After doing the festival rounds this debut film by the director is now creating buzz. Budhni is a girl from the Mushahar (rateaters) community in Bihar. Being at the bottom of the caste ladder is not easy for this dalit girl - yet journey is not that of a struggle alone but fulfilling aspirations. Married off before attaining legal age - she wants to continue her studies. She rejects open defecation and roots to have toilets. What is perhaps most heartwarming about this film are realistic, down-to-earth characters that are not stereotypical. Her father-inlaw is not a cruel patriarch but a rational man, her husband is supportive. It is a much acclaimed "...beautiful film about the harsh realities"! This special screening on International Women's Day is made possible by the director. Don't miss!

Italian - Tuesday 9 March, 8:00 pm:

• IO SONO L'AMORE (I am love)

Italy, 2009, Dir. Luca Guadagnino, w/ Tilda Swinton, Flavio Parenti, Edoardo Gabriellini, Drama-Romance, 120 mins, Italian w/ English subtitles, Rated: R

As a young, working class Russian, Emma is whisked away to marriage and life in the aristocracy of Milan. She dutifully raises her kids and organizes huge dinners and parties at their mansion. Though technically Emma is part of the family - she remains an outsider. Being an avid cook herself, she easily clicks with a brilliant young chef introduced to the family by her own son. Very little doubt where it's headed at this point as Emma unleashes the pent-up energy she has been forced to hide.

Interesting - Wednesday 10 March, 8:00 pm:

EVER SLOW GREEN

Auroville, 2020, Dir. Christoph Pohl, Documentary, 56 mins, English, Rated: NR

A unique afforestation project took root on an eroded desert plateau in Tamil Nadu, India 50yrs ago. Driven by the necessity to make the harsh conditions more livable, some early residents developed expertise in cultivating the Tropical Dry Evergreen Forest, that is native to the coromandel coast. Today, the lush Auroville forest is an outstanding example of eco-restoration. The screening will be followed by a Q&A with Christoph

Favorite - Thursday 11 March, 8:00 pm:

SUFRAGETTE

UK-France, 2015, Dir. Sara Gavron, w/ Carey Mulligan, Anne-Marie Duff, Helena Bonham, Carter, Drama-History, 106 mins, English w/English subtitles, Rated: PG 13

This film tracks the story of the foot soldiers of the early feminist movement, who had to deal with the increasingly brutal State for their rights. They were working women who were willing to lose everything in their fight for equality - their jobs, homes, children and lives. Maud was one such foot soldier whose fight for dignity is gripping, heart-breaking and inspirational.

International - Saturday, 13 March, 8:00 pm:

NOMADLAND

USA-Germany, 2020, Dir. Chloé Zhao w/ Frances McDormand, David Strathairn, Linda May, 107 mins, Drama, English w/ English subtitles, Rated: R

Following the economic collapse, in the Great Recession, Fern packs her van and sets off on the road exploring a life outside of conventional society as a modern-day nomad. The third feature film from director, a poetic character study on the forgotten and downtrodden, features real nomads Linda May, Swankie and Bob Wells as Fern's mentors and comrades in her exploration through the vast landscape of the American West.

Children's Matinee - Sunday, 14 March, 4:30 pm:

• PLAYING WITH FIRE

USA, Dir: Andy Fickman, w/ John Cena, Keegan-Michael Key, John Leguizamo and others, Comedy, 96mins, English w/English subtitles, Rated: PG

A crew of rugged firefighters meet their match when attempting to rescue three rambunctious kids.

LUIS BUNUEL FILM FESTIVAL @ Ciné-Club Sunday 14 March, 8:00 pm:

LE JOURNAL D'UN FEMME DE CHAMBRE (The diary of chamber maid)

France, 1964, Dir. Luis Bunuel w/Jeanne Moreau, Georges Ge'ret, Michel Piccoli, and others, Crime-Drama, 97 mins, French w/English Subtitles, Rated: NR.

Celestine, the chambermaid, has new job with the Monteils. They are a strange lot. The farm-laborer Joseph is a fascist and sexually attracted to Celestine. Celestine befriends her neighbor, an ex-officer, who likes damaging his neighbor's things. Celestine decides to stay back to get Joseph convicted for a crime she thought he had committed, rape and murder of a child. She seduces and fakes evidence against Joseph, but he is released as evidence are inconclusive. Celestine marries the ex-officer and assumes the role of housewife like Madame Monteil.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, MMC/CP Group

