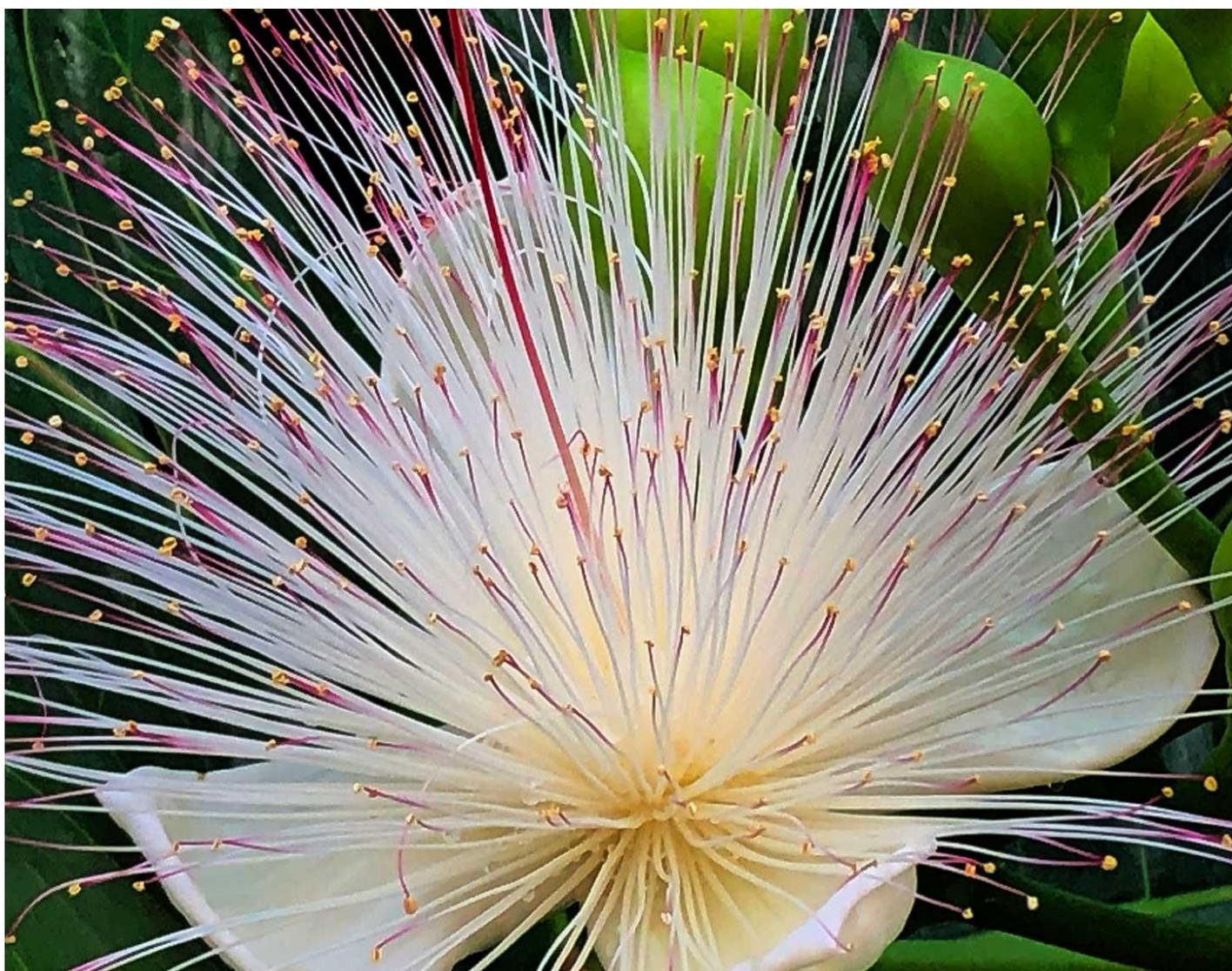


News and Notes

#871

A weekly bulletin for residents of Auroville

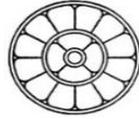
22nd May 2021



Supramental Action

photo: Manohar

HOUSE OF MOTHER'S AGENDA



The Body's Metaphysics

The fact of dying is nothing particularly distressing; what is distressing is this recurrent inhumanity – the almost cruel absurdity of this species hybrid between beast and... what?

We are not in quest of philosophy, but of reality. When one gazes at a pile of polyps, with the latest living growing on their heap of the dead, the picture is striking – and more striking, in a way, in its cosmic aspect than the horrors of centuries of Inquisition (five centuries is a long time), which can hold a candle to the Gestapo's art of torture. The beast is perfectly here. But what about this "heap"... of how many millennia ago? This last of the living growing on the last of the dead?

Of all the experiences a human being can collect, cruel or sublime, I have found nothing more striking, nothing more extraordinary than to see in vivo the workings of a little cell struggling with a calamity – for that is a cosmic portrayal. It is our whole History laid bare, as it were, polyps included. It is the first and ultimate Mystery – not at all what takes place on Venus or Jupiter (but Venus and Jupiter are in it, too). There, you do not "walk about" things like Aristotle's Peripatetics: you are in them. And you are in them for days and years, long years, and for hours, long hours too, in the middle of dying, at the extreme end of "life" under the incomprehensible Pressure of a Power capable of shattering everything: all at once, all the old calamities are there, and year after year, second after second. "You would think you are incapable of bearing it for more than a few minutes," said Mother, "and it lasts and lasts..." So it is a continuous "portrayal", and detailed. You go on living nevertheless. But it is another kind of life. It is undoubtedly what other species must have lived when they found themselves thrown into an unbreathable or unlivable milieu – and they went on living nevertheless, since we are here three billion years later. This Miracle, smiling, obstinate, in the depths of an idiotic Matter – or at any rate mechanical and unconscious enough to immediately catch hold of its Miracle and wrap it in a new protective crust which it rolls round and round, like the polyps... until the next fecund calamity. It is the "paradox of Hell", of which we are the product, after many other Hells piled up under our human crust. But this particular crust is thicker and more resistant with all the "science" it has accumulated and all the commandments of god it has pocketed in its pouch of concrete. This is perfect Hell, infallible and organized. Yet, in each of us, as in this polyp at the top of its pile, there is a last end of the living, struggling on their heap of the dead, but completely "drugged" by their nocturnal milieu – a baleful milieu, we might say, but perhaps this "bale" carries in itself its ultimate cry of salvation, like blind, ruined Oedipus: "Is it when I am nothing that I truly become a man?" Or its ultimate self-explosion, its saving "calamity". For this paradox of Hell was always a Divine Paradox.

So you see, or live, this miraculous cell, so imperturbable, so radiantly sure of finding the solution, in spite of the pain inflicted on you by this skeleton woven around it, in spite of the old invention of death crusted over it, and especially you see it so devoid of any sense of "impossibility" – there is no impossibility. The cell has lived for billions of years to cry that out, though it does not "cry" out: it smiles imperturbably, it KNOWS, and it tries and tries again to convince us of its own Miracle. To a periwinkle clinging to its rock, if it could see clearly, a pretty seagull on the beach would be absolute "metaphysics"! It would be "supernatural". But the cell lives metaphysics, it is fully and constantly in metaphysics, without philosophy, without gospel, and without "laws" –it even tries to find a solution to our momentary stupidity, it KNOWS that our human rut is like so many other ruts before our advent, and that over there, on a lovely beach, there is... another species that will be like the end of its pains and its long nights under one crust or another: at last the beginning of its true life under the Sun that pulled and pulled it and which it recognizes within, in itself, as its own sun, its own all-possible.

We, humans, are the metaphysics of a certain number of preceding obscurities – and what divine, unknown Physics are we the obscure ghosts of? Shall we remain ossified, stuck in the momentary and pretentious "physics"? Or else, as Savitri says,

*But many-visaged is the cosmic Soul;
A touch can alter the fixed front of Fate;
A sudden turn can come, a road appear...
Or we may find when all the rest has failed
Hid in ourselves the key of perfect change.
(to be continued next week)*

– Satprem, The Tragedy of the Earth - from Sophocles to Sri Aurobindo, The Victory Over Matter



If one knows how to teach the cells the splendour that lies within them, if one knows how to make them understand the reality which makes them exist, gives them being, then they too enter the total harmony, and the physical disorder which causes the illness vanishes as do all other disorders of the being.



–The Mother

Kailas: Condolences from Mother's Flower Garden

Our deepest condolences to Richard & all the friends and family of Kailas. Kailas Jhavery (Ashram) inspired & supported The Divine Flowers team in our dream to have The Mother's Flower Garden, housing the flowers that The Mother gave significance to, in Auroville. Meeting with her & Richard and listening to their personal interactions with The Mother has enriched us and inspired us to shape the flower exhibitions at Savitri Bhavan these past 4 years. We shall miss your presence Kailas. Your faith in The Mother, advice, your love and goodwill meant a lot to us.



Covid Updates

Dear Community,

As you may be aware, our Auroville family has now experienced the passing of two of its members due to complications from Covid that came on top of pre-existing health conditions. We are writing in response to several requests we have received for more information about what happened.

Both Renzo and Nolly had tested positive after experiencing some symptoms and becoming unwell. They were supported at home for several days by doctors, nurses, the Ambulance Team and other volunteers. Due to their ages, the pre-existing conditions and borderline oxygen levels, they were advised to agree to be admitted into a hospital, which they were reluctant to do, but when their oxygen levels started dropping even lower they finally agreed and were taken to JIPMER. Renzo had been there since the evening of 12th of May and Nolly since the evening of 15th. They were being monitored and getting oxygen and medication regularly; however, their respective conditions deteriorated and they passed in spite of the care they received at home and then in the hospital.

Both were cremated at the Karuvadikupam crematorium, as per government protocols for Covid-related deaths. Our thoughts and prayers go out to all those who were part of Nolly's and Renzo's lives, and we wish them peace on their journey.

Let's all take this to heart and take all necessary precautions, as advised by the government and medical personnel, to reduce the spread of the virus and try to make sure we don't lose any more of our family in this way.

Sincerely, Santé Coordination & Core Teams, Ambulance Team and the Working Committee

From the Working Committee - Fri. 14.5 - This is to inform you that Valli, one of the Working Committee secretaries (name mentioned with her permission) has tested positive today for Covid 19 with a Rapid Antigen Test. Since the 3 secretaries work very closely together, they will all have to quarantine so the Working Committee office will be closed for at least one week.

Although we have tried to make arrangements for urgent ongoing work, we request everyone to please be patient with what will be unavoidable delays in follow up with topics that are brought to our attention. Thank you for your understanding.

The Tamil Nadu government has announced that **new restrictions will be implemented in Tamil Nadu from May 15th.** You may find at this [link](#) the full press release of the Chief Minister of Tamil Nadu with the English translation listing all the new restrictions applicable from 15th May 2021.

Following the issuing of these guidelines **HERS will be open from 6 to 10 AM and PTPS from 7 to 10 am.** We understand that these restrictions are affecting everyone and we kindly request patience and cooperation. We would like to thank all those who are working in our food outlets to have agreed to adjust the opening times in order to reduce the unavoidable inconvenience for all. **The list of restrictions does not include eateries therefore they can continue to function according to the existing guidelines for delivery and takeaway only (6 - 10 AM, 12 to 3 and 6 to 9 PM).**

Pharmacies may remain open as usual. Please see below more details of the new guidelines:

- Shops selling groceries, vegetables, meat & fish are allowed to operate only til 10 AM at no more than 50% capacity. All other shops are prohibited from opening.
- Tea shops **will not be allowed to operate.**
- E-pass is compulsory to travel between districts from May 17 in Tamil Nadu; E-registration system is mandatory for travel within and between districts.
- **ATMs, petrol stocks, medical, country drug stores are allowed to open as usual.**
- Pedestrian stalls selling vegetables, flowers and fruits will not be allowed to operate.

- Distribution through e-commerce companies such as Dunzo is allowed only until 10 AM.
- **Other E-commerce companies can operate from 2 to 6 pm.**

We will update further as and when needed.

- The Working Committee

WORKING GROUP REPORTS

From the WC: IMPORTANT re: guest registrations

It has come to our notice that a significant number of guests have been staying in Auroville without being registered and others not extending or updating their registrations on time.

We must remind everyone that ALL guests, whether family or friends, Indian or foreign, must be registered within 24 hours of arrival in Auroville. For foreign guests a C-form will be registered and for Indian guests an Indian arrival form is required. Generally, if a guest is staying in a 'large' guesthouse then the registration will be done by the guesthouse. If the guest is staying in a small guesthouse or with friends/family at their homes, the registration needs to be done in person with the Guest Registration Service. At the moment the Guest Registration Service at Town Hall operates only in the mornings (9.30 to 12.30). Registrations or extensions of registrations can be done by email (grs@auroville.org.in) for those who are under quarantine or sick and are unable to come in person for registration. It is the responsibility of the hosts to ensure that this is done in a timely manner! We look forward to your understanding and cooperation with this.



AVSST's duty report for March 2021 is available on Auronet. To find it, click on Reports (in red at the top of the column)

- Auroville Safety & Security Team.

ANNOUNCEMENTS

Attn: Auroville Cashew growers

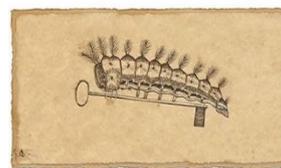
Siddhartha Farm is buying Auroville cashews again. FMI, please contact us via siddhartha.farm@auroville.org.in or 9488866332.

Dreamers Cafe in Visitors Center is closed for the summer due to the lockdown.

Contact info for Arya Accounting

Last week the contact info for the new accounting activity, "ARYA ACCOUNTING", offering bookkeeping, accounting & consulting services, was inadvertently omitted. **Here's how to reach us:** aryaaccounting@auroville.org.in or call Eli, 9159810362 or Sheida 915 997 1595.

LO YOGA INTEGRALE E I
DODICI ARCHETIPI



GIACOMO
COLOMBA

Very soon my third book will be released, entitled "Integral Yoga and the twelve archetypes". After "The Seven Tetrads of Integral Yoga" and "Devi", I am going back to writing about yoga, this time from a different point of view, linked to the Jungian work on the twelve archetypes. With this work we will discover the parallels between Integral Yoga and psychology, in relation to the process of mutation towards a new supramental species, and the need to go

through what is called the "heroic phase" or "post-avatic", to pass from the archetypes of passed to the neotypes of the future. If you are interested in booking a copy, please contact me at giacomo@auroville.org.in. Thank you.

-Giacomo



Taxi share - from/to Kodaikanal, anytime this week. Contact +44 756 411 9728. With love and gratitude. Prem Shakti

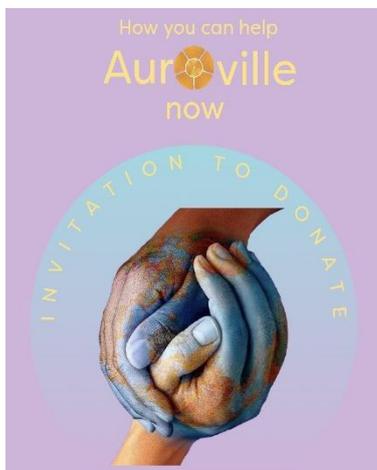


THANK YOU

To the Solar Kitchen Team

Thank you so much for all these years of dedicated hard work. Going on even during these difficult times. We pray that you can go on serving the community. At the service of Truth, Tina. Shakti Community.

APPEALS



From AVI-USA

Thank you for sharing our campaign to raise money for Auroville. People are responding with generosity and it's so heartwarming to see. Please continue to share the link to donate with lovers of Auroville all around the world. Together we can shore up Auroville's financial resources in order to be able to respond to the emerging needs as events continue to evolve rapidly in India. People can donate in any currency and

using credit card, Google Pay, PayPal, or bank transfer: www.aviusa.org/donate.

It's also possible to donate to a specific unit using that link, but if they select "Where Needed Most", those funds will go to the Auroville Budget Coordination Committee (BCC), which is ensuring that Auroville has the resources needed to meet emerging needs, whether they are related to health infrastructure (including efforts by Sante and Health Task Force), food security, or village outreach. - In Unity



Choose Auroville milk - support your health & Auroville's farms!

This is an appeal to all those of you who consume milk, to procure it from our Auroville farms.

Why milk from Auroville, what's the difference?

When buying milk, we have many choices, from commercially processed packaged milk, to fresh milk from the villages, to fresh or pasteurised milk from Auroville farms. The dangers to health of store-bought milk (frequent adulteration, toxicity) are well known & documented. What about 'village milk', conveniently delivered to our doorstep? There are vast differences in quality. Many cow owners in the village do their best while operating under the constraints and pressures of a difficult environment and a harsh, competitive economy. If you get milk from the village, we recommend getting to know the practices of the suppliers in detail. Frequent concerns with milk (store-bought or 'village') are:

- Residues of antibiotics and other drugs (due to not observing withdrawal periods prescribed for such medication)
- Heavy metals/ micro-plastics absorbed through uncontrolled grazing on the road side (these toxins enter the human body via the milk)
- Aflatoxin (a carcinogen particularly prevalent in Tamil Nadu, due to substandard feeds)
- Some store-bought milk goes through ultra-heat treatment making it less nutritious than milk gone through ordinary pasteurisation.
- The life quality of cows and calves

Safety & quality of Auroville milk - - Auroville milk comes in eco-friendly/ recyclable packaging. The minimum standards to which the members of Auroville's Dairy Group adhere include: record keeping for each animal, healthy upbringing of calves, standards for feeding, and recommendations for grazing. Every month the dairy group visits one of the dairy farms to learn from each other and improve practices.

At Foodlink you will find a monthly updated chart where you can read which Auroville farms produce milk and how well they adhere to the dairy group standards. Despite its significantly

greater safety and quality, there has been an ongoing decline in our community's consumption of Auroville milk. Individual farmers are having to struggle to find his own 'customers', doing home deliveries and even travelling with their milk as far as Pondy!

We are urging all of you who buy milk to get your supplies from Auroville farms, for its obvious advantages for everybody... for your health, for healthy cows and healthy farming. The small difference in price is well worth it!

Auroville milk is available from Foodlink, PTDC and other AV outlets. If you have any questions, don't hesitate to contact Foodlink, or else Tomas or Charlie who convene the Dairy Group. And feel free to visit the farm where your milk comes from! In service, Farm Group

OBITUARIES

Nolly



In the afternoon of Monday, 17th May, long-term Dutch Aurovilian Nolly Senden, who had been taken two days before to JIPMER because of serious Covid symptoms, passed away there due to a stroke. She was 85. Since January she had been recovering in Mahalakshmi Home from a leg injury, and after she started showing symptoms and tested positive, she was brought back to her house in Samasti, taken care of by a qualified nurses & doctor team. From there she eventually was taken to JIPMER. She had not taken any vaccination.

At the end of the eighties, Nolly started frequently coming to Pune, India, to be trained as a qualified Iyengar hatha yoga teacher, and started visiting Auroville at the same time. Having completed the study, in '92 she came for good, just in time to make sure that the then budding Pitanga Hall was foreseen with a Yoga Hall. Thank you, Nolly! She also built a Pitanga caretaker house on the side, where she lived for several years.

From the moment the hall was ready, she would be seriously, persistently teaching hatha yoga to increasingly large groups of eager residents, at times gaining the nickname 'General' due to her no-nonsense, commanding approach. Also, in her work as executive of SEWA, as well as in her dealing with the many workers who worked with her over the years, she would show her sternness, dedication and, at the same time empathy and compassion. After suffering a mild stroke, Nolly stopped teaching yoga and moved to Sri Ma for some five years to then eventually build her final house at the outskirts of Samasti.

During the months that she remained in Mahalakshmi Home, where she was fully taken care of and 24 hours a day attended to, this strong, no-nonsense and independent woman may have received and enjoyed the love, warmth and sympathy she may have quietly longed for.

Thank you, Nolly, for having been with us, may you be in peace. Our warmest condolences go out to her sisters and brother in Holland. -OM-

Renzo Pezzato



In the evening of Sunday, 16th May, Italian Aurovilian Renzo Pezzato, left his body at the age of 67 at JIPMER, having been taken there because of serious Covid symptoms. He had been in the ICU for several days.

Renzo came from Treviso, Italy, where he worked for years as Head of one of Italy's Electrical Departments, after which he became quite proficient in glassblowing (Murano Glass). In 2019 he came to Auroville and was accepted as Aurovilian the year after. Initially working at Matrimandir gardens and being a very technical person, he gradually gravitated towards AuroService, at which unit he took up the drip irrigation arrangement for the City Center. He lived in Vikas and people who worked with him knew him as a gentle, kind person with a strong sense of service, certainly for people in need.

Thank you, Renzo, for having been with us; we will meet again.

- OM-

WELCOME

Entry Service continues to be closed to the public.

FROM THE ENTRY SERVICE - ES082 - 22.5.2021

Our team is happy to recommend the following individuals as Aurovilians, Newcomers & Friends of Auroville, joining Auroville. confirmation, there is time provided for community feedback. For Newcomers/Associates/Friends of Auroville, 2 weeks; for Aurovilians/Returning Aurovilians, 1 month. Kindly forward your support or grievances to entryservice@auroville.org.in.

AUROVILIAN CONFIRMED:

- Marko BOSKO (Croatian)
- Peter LLOYD (British)
- Sankar BALAKRISHANAN (Indian)
- Veronese ROBIN (Canadian)

LEFT ON HIS/HER OWN:

- Bruno FAUCHER (French)
- Jorge LOPEZ (Spanish)
- John Paul LACROIX (aka Phoenix) (Canadian)
- Mira JOSHI (Belgian)
- Soyoko AWAZU COLOMBET (Japanese)
- Xavier COLOMBET (French)
- Soham COLOMBET (French)
- Yong Hwi KIM (Korean)
- Danu KIM (Korean)
- Sunu KIM (Korean)
- Yoon KYUNG LEE (Korean)

NOT READY TO JOIN AUROVILLE:

The Entry Board, in consultation with the mentors concerned, has not accepted the following Newcomers joining Auroville. The reasons have been communicated to them.

- Girija Puthampuri MURALIDHARAN (Indian)

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

FOR YOUR INFORMATION

VSB Computers, an activity under Artisana Trust, has started to function again. Services, units or individuals who need computer parts, peripherals, stationery items, servicing etc., please contact us. We are ready to provide "best service" to the community. venkatesh@auroville.org.in; 9442746448. Thanks!

International Travel: Latest info from Inside India

We advise booking only direct flights from India to your country of destination - and if transit is required, to do it in Europe.

Lufthansa has adjusted flight operations to & from India. Effective 16 May, all ten weekly flights to & from Delhi, Mumbai & Bangalore will transit in Bahrain. This change was made due to new UAE regulations that restrict flights between India & Dubai for passengers who were transiting there so far for operational reasons.

Meanwhile, German authorities have lifted entry restrictions. Now accepted are antigen tests valid for 48 hours, and Covid-19 PCR tests valid for 72 hours. This facilitates travel for passengers on long-haul flights or those needing to transit en route to Germany. Further a test will no longer be required if you arrive in Germany from a country outside the European Schengen area and immediately transit to another country not part of the Schengen area.

You can contact Mr Ganesh who works as consultant for ticketing for issuing, rescheduling etc. & all kind of ticketing & travel insurance, directly by phone / WhatsApp: +91 98945 98686 or by e-mail: travelshop@auroville.org.in. Billing & payments are done as usual via Inside India.

Nowana Korean Restaurant - Beverage takeaway/delivery

We've started fresh beverage service for takeaway & delivery w/ 20% discount for Aurovilians:

- (1) Lemon Mint Crush;
- (2) Lemon Soda;
- (3) Lemon Juice;
- (4) Watermelon Juice;
- (5) Pineapple Juice [each serving 300ml]

Please bring your containers for takeaways.

WhatsApp: +91 94870 06490 (noon to 9 PM)

Homemade food delivery at your doorstep

We are offering fresh, hygienic, affordable home-cooked meals (lunch, dinner, healthy snacks) for home delivery only. There will be **no billing for Aurovilians, only minimum contribution:** it is a warm invitation to restart our frozen economy and show practical support. We have employed women who love cooking as chefs, to bring you food cooked at home with a motherly feeling, which always tastes better than outside food. We offer to pick up your tiffin box from your home and bring it back with your meal. Please call us the day before with your order. We take meal/snack orders on a monthly basis too.

The options for the mains are: Idly, Dosa, Chappathi, Alu Parota, Rava Kichadi, Pan Cake, Chicken Biryani, Finger Chips, Cutlet. *Gravy options are:* Coconut Chutney, Dal Sambar, Channa Paneer Masala, Chicken Gravy, Channa Mushroom Masala.

Call / WhatsApp - 80987 82233. Thanking you, Arunkumar & Valli

Home-cooked food available at KiPaak

Delicious healthy meals can be ordered for takeaway from **Wednesday to Saturday, by booking at least one day in advance.** On request dinner will also be available for takeaway (minimum 5 meals). Menu below:

WED	Veg: Dal, Vegetables, Fried Potato Spicy/Non: Roasted Banana Flower, Iromba & Rice Non-veg: Bekanthu Chicken Curry, Vegetables Spicy/Non: Roasted Banana Flower, Iromba & Rice
THU	Veg: Sambar, Vegetables, Fried Potato Spicy/Non: Roasted Banana Flower, Singju Salad & Rice Non-veg: Bekanthu Prawn Curry, Vegetables Spicy/Non: Roasted Banana Flower, Singju Salad & Rice
FRI	Veg: Dal, Vegetables Spicy/Non: Roasted Banana Flower, Iromba & Rice Non-veg: Pork/Chicken/Fish/Prawn Curry, Vegetables Spicy/Non: Roasted Banana Flower, Iromba & Rice
SAT	Veg: MePok, Vegetables Spicy/Non: Roasted Banana Flower, Singju, Egg & Rice Non-veg: MePok (Chicken/pork) Spicy/Non: Roasted Banana Flower, Singju, Egg & Rice

Please bring your tiffin or request home delivery (charged extra) For prices or for monthly booking please enquire with us. Contact 85239 15031 - Stay well and stay safe.

Marc's Cafe Store is now open 8 AM - 4:30 pm
for takeaway, coffee, bakery items and gelato.

Bread & Chocolate is now open from 8 -10 AM & 12 to 3 PM
for takeaway as per the new lockdown rules.
Please call or WhatsApp +91 63695 96783 to order.

News from Prisma!

We launched our websites 2 months ago, and we are happy to report that they have been visited over 5,000 times by some 600 individuals from 23 nations. We certainly did not expect this kind of interest!

Presenting Web Books

As a small publisher we find ourselves in a world dominated by large technology companies that have private profit as their guiding interest. These corporations wear an image of goodwill, noble intent and lofty principles - and this is regularly contradicted by their actions. It's important for us to be aware of the actions of technology companies, and to act so as to remain self-contained and self-reliant.

The action being taken by Prisma Books is to adopt open standards and open-source technologies in publishing in the form of the "Web Book" format. By investing in this kind of R&D as a progressive alternative to proprietary e-books, we hope to remain independent so that we can freely narrate the story of Auroville, as we have been since 1988. We also wish to bring to Auroville contemporary and radical methods of publishing made possible by positive and resilient technologies.

Read our Web Books - <https://books.prisma.haus/en/web-books>
The creation, research & development of this platform is part of the ongoing work of Prisma Design; you can read more about the broader efforts at <https://design.prisma.haus/en/digital-sovereignty>

Offering Books on Gift Economy

Prisma Books is now offering books on a Gift-Economy & Pay-What-Feels-Right basis. We invite readers of these books to give what feels right for the value they receive from the book.

Having been a niche publisher for many years, we found ourselves at a crossroads in the midst of the lockdown in 2020. The circumstances we faced were unprecedented and we knew that we needed to re-invent ourselves. We took this as a creative challenge and brought in something new. Rather than recoil to self-preserve, we have chosen to expand into trust-based economic models. Publishing in this manner is an experiment in abundance - where we trust that when we give, we will also receive. Read our books on gift economy <https://books.prisma.haus/en/books-on-gift-economy>

Launching book 'Memories of Auroville'

We are happy to announce the launch of 'Memories of Auroville' by Janet Fearn, a book about the very early days of Auroville, based on interviews done in 1997 with Aurovilians who lived here between 1968 & 1973. This is the first book in Auroville to be published as a Web Book. The author & the publisher have also chosen to offer the book online on a Gift-Economy & Pay-What-Feels-Right basis. The print version will be available for purchase later in the year. Read - <https://memoriesofauroville.com/>

Oh in case you haven't noticed, Prisma Books now has a full-fledged Web Shop built with our own few hands. Please pick or gift books made with dedication by our small team and let us know how the online shopping experience has been for you! We ship worldwide and accept digital & card payment methods.

Wishing you an immunity surge brought upon by Auroville dreamers and forerunners! - The new Prisma Design team

WORK OPPORTUNITIES

HR Initiative is a service that helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Administrative position: You will organize the correspondence for our project, take minutes, communicate with members of working groups, trusts and units. You are able to understand regulations of the Tamil Nadu govt. and to read govt. documents. You have good computer skills, good English & Tamil communication skills and are independent and great at organizing. You are good at negotiating for win-win solutions, persistent and not easily discouraged. This position is full time at the beginning. Maintenance available.

Electromechanical Engineer: You have knowledge in electromechanics & hands-on experience in repairs (building infrastructures, water/electrical/AC systems). You will repair (hands-on) medical equipment, plan repair works, write instructions for the use and maintenance of the equipment. You will make sure that all the equipment is in good working condition for smooth functioning of the unit. Part-time; maintenance provided.

Other positions (please inquire about details):

- Volunteers for Auro Orchard
- Volunteer for a Marketing Position
- Management, Promotion and Fundraising
- Digital Communication & Community Manager
- Senior PHP developer

Please contact us for more info or if you are interested in any of these work opportunities or if you are looking for something else. Find us at hriauroville.org or hr_hub@auroville.org.in.

LOOKING FOR

iPhone 7 or 8 or SE - my smartphone was stolen last week. If you have something you'd like to give away. Please contact Rishi at 934-214-2480

Housing: We are Kristen & Alexey, Aurovilians, 34 and 42 years old, and we need a place to live. We can offer a monthly contribution & any work that needs to be done. Kristen works at Av Archives & Av Library; Alexey at Aurodent. If you have any ideas for us, please contact kristen@auroville.org.in / 83002 88303 (Alexey WhatsApp) / 262 2466. Thank you ♥

An infrared projector - Auroville Language Lab needs one to use for the classes. Please contact us if you know of one.

A book - 'Quantum Mechanics' by Amit Goswamy. Does anyone have a copy of this or know where to borrow it? Thanks! Cristo jim@auroville.org.in / 262 2356.

AVAILABLE

Electric Scooter - Brand new & still has the plastic covering. I just bought it and it's great but I would prefer to shift to an electric bike. I would be happy to sell it at a discount. Please contact Nandita - nandita@sharan-india.org or text/WA 94884 83286.

A home at AuroAnnam - One single bedroom, double bedroom w/ kitchen & attached bathroom. Wifi, backup UPS, fridge, hot water and basic kitchenette provided. Contact 852 391 5031.

Exchange living spaces? - I steward a good flat at Creativity, ground flr w/ mezzanine, 71 sqm. Before breaking and remodeling, I am inquiring about exchanging for a housing asset more suitable for my needs at this time. Stewards interested to exchange, contact: 0413 262 3750 or pat@auroville.org.in

Houseworker - Shandya from Edayanchavady is looking for part-time work. Please contact Lakshmi 8489764602.

GREEN MATTERS



Water Saving Tip

Consider getting a dual-flush toilet. It has two flush options: a half-flush for liquid waste and a full flush for solid waste. Better yet: use a composting toilet!

watergroup@auroville.org.in / www.aurovillewater.in

Treatment of neem trees full of dead leaves

Some of us are attempting to save the neem trees afflicted with fungus from potentially dying, and to reduce possible infection of other trees. This is an initiative proposed by MGEcoduties and myself. I will act as coordinator. We will provide good compost & a bacterial solution from MGEcoduties. You can read the details of the procedure & research in my post on Auronet: <https://auroville.org.in/blog/island/84961>.

Please let me know if you are interested and approximately how many trees you want to treat so we can supply you with the materials. Contact me at island@auroville.org.in or 75981 03616.
- Island

The Magic Boat

This year we have been are blessed with rains. Irumbai Lake is full of water!. But on the roadside from the Visitor Centre & from the Ashram Farm towards Kottakarai, one can see garbage piles one beside the other. Even in the lake water itself is plastic pollution.

Question: How can we clean up all this waste?
Answer: The magic pedal boat will do it!

People can enjoy a boat trip around the lake and give a donation so that wages can be paid to clean up the lake area every year. People without money can be required to bring 1 bag of collected plastic for 1 hour with the boat on the lake. All together the project will create work opportunities, eco awareness & joy.

If you think this is a good idea, you can be part of its realisation. Approx. Rs. 25,000 are needed. Our acct # is 0486 and pls mention "magic boat". FMI: siddhartha.farm@auroville.org.in or 948 886 6332. Many thanks, - Siddhartha Farm Team



Your favorite radio hope you all stay well and safe! Stay tuned! [Here](#) you can listen to the stream channel (playing 24/7). [Here](#) you can see on-air schedules. Last published podcasts:

[Suryamayi's PhD on Auroville - chapt.5 "Prefiguring a Utopian Anarchic Policy?"](#) (Research)

[Audible Weed Walk - ep.41 "Time for Pandum, time to start afresh: what can be done?"](#) (Food education)

[What do you know - ep. 12 "Karma and Rebirth with Larry"](#) (Yoga and philosophy)

[Soul Tracks The Mayfly Sessions 2 - Irish Rock!](#) (Music)

[Happiness, Love and Laughter - ep.105 "Expect and Know it has Happened"](#) (Wellness)

[Happiness, Love and Laughter - ep.104 "See it to Believe it"](#) (Wellness)

....and more! on www.aurovillerradio.org.

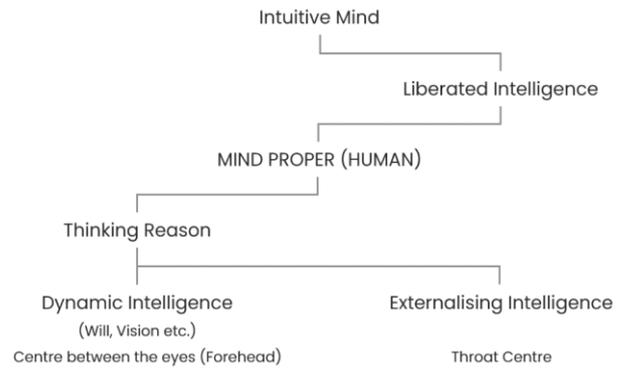
FMI: radio@auroville.org.in. Peace and Love



by Sathyamuthu Arunachalam

The poem that appeared last week, *The Magic Wood*, was offered as part of the May Collective Poetry initiative organized by Anandi-a.

The Plane of Liberated Intelligence



In "Mother's Agenda" on 24 January 1961, the Mother speaks of the conscious and total presence of the Supramental Force in her body. It was present within the consciousness of her physical body. It was white and brilliant and slightly bigger than her physical body, and was much more powerful. The account of activities of that body would be well understood if the reader had a good knowledge of the Vedic System of Existence. That experience lasted for an hour in the midnight. The Mother had received a distinct and precise command that the account of the experience should be recorded in the next morning just as it occurred. She entered trance and spent 2 hours in consolidating and perfecting her experience. The purpose of this article is to know the importance of trance in making the spiritual experience genuine and perfect.

According to Sri Aurobindo, man has two kinds of intelligence, dynamic intelligence and externalizing intelligence. The centre between the eyes is the centre of the dynamic intelligence, and the throat centre is the centre of activities of the externalizing intelligence. These two would interfere with the genuine spiritual experience and spoil the validity of it by their unwanted play with it. This could be prevented by the Sadhak by rising above the mind and entering into the plane of Liberated Intelligence, where he would experience total silence (Mouna) in the Samadhi State. The crown centre which is just above the centre between the eyes is the centre of Liberated Intelligence. Sri Aurobindo says that the proper role of human mind is to manifest the spiritual experience in life without deforming it. This could be best achieved by remaining in the Silence (Mouna) State which is inaccessible to the intellect. It is well known that Sri Aurobindo has written all his major works by going through the text in Mouna State and his mind remained as a channel of expression only.

Avvaiyar, a great Tamil poet (1000 CE), has written a small booklet known as 'Sri Vinayagar Agaval', wherein she speaks of the Evolutionary Yoga of Nature. The Lord Ganesh had blessed her with the wisdom by which she could control, purify and perfect the senses and the instruments of knowledge (mind, intellect, ego, etc.). But this was a prolonged affair, and she had to enter into Samadhi often in the plane of Liberated Intelligence that is totally free from the disturbances of the mind. She considers this state as a great boon granted to her by Lord Ganesh.

Let us try to experience the Samadhi State by concentrating the consciousness in the crown centre just above the centre between the eyes.

Reference: Sri Aurobindo, *The Hour of God*, *The Divine Plan*.

- Somasundaram

CLASSES/WORKSHOPS

Aurinoco Webinars presents:

3-Evening Session Pranayama w/ JV
21st - 23rd May (Fri - Sun), 6:15 - 7:15 PM

"It is in good health that the way to transformation is found"
-The Mother

This workshop introduces you to an integrated Yoga practice consisting of:

- Easy-to-do exercises based on yoga for flexibility
- Eight simple but powerful Pranayama practices
- Yoga Nidra (Deep Relaxation) to release stress and recharge

It can be practiced by people of any age. Pranayama improves lung capacity and lung efficiency. The benefits include reduction in stress, enhanced energy level and improved wellbeing. Sustained practice reduces the breathing rate - the key to retarding the aging process and boosting immunity.

Intended outcome

You will gain confidence to practice on your own. By practicing for about thirty minutes per day, you enjoy a new level of wellbeing.

In the spirit of Auroville, this webinar is free & open to all. No registration is required. On the days of the webinar, please avoid eating after 2PM and avoid drinking anything after 5:45 PM

You can join using Google Meet on your computer/laptop (Chrome browser reqd.) or Android or Apple smartphone. Click to join <https://meet.google.com/hut-enpc-bwg>

JV Avadhanulu has been facilitating workshops and retreats in Auroville since 2008. Read more about him [here](#).

Sustainable Livelihood Institute (SLI) presents:

**Online Workshop on Musicking Livelihoods
22nd May, Sat, from 5 - 7pm**

In challenging times, music can provide solace to mind and rhythm to work. Stress, panic & restlessness have become common among us as we are going through a situation entangled with uncertainty because of the pandemic and a new emerging work culture. Working for over half a decade in the space of livelihoods, we bring to you 'Musicking Livelihoods'. The workshop will help you explore rhythm in your work and unravel the meaning that one's livelihood brings to life, with the ultimate goal of celebrating one's work & life through the inherent rhythm.

Click <https://forms.gle/asMjKyZxNMBDGpcc6> to reserve your seat with a contribution. For any other queries, write to us projects@navsli.in or +91 86082 09664 (WA)

Arnab Bishnu Chowdhury, senior faculty of SLI & founder of Know Your Rhythm, & Sevastiana Korotyńskaia, a violinist who collaborates with Arnab & has helped compose several therapeutic compositions, will guide us through the workshop.



**Awareness Research Auroville (ARA) presents
Detox & establish deeper connection to oneself
2-day weekend retreats
offered on a regular basis**

Explore the power of fasting on lemon water, to cleanse the body and experience more clarity & shift in your energy levels & awareness.

Retreat components:

- Physical cleanse through fasting
- Sharing & support with emotional issues or struggles
- Q&A on fasting & detox processes at different levels
- Individual energy work (activation of subtle body)
- Learning techniques to facilitate energy flow to bring proper emotional flow
- Exploring/experiencing 'Stillness/Beingness'
- Understanding/experiencing oneself as an Energy Being

Duration: 5-6 hours a day on weekends. Small groups and/or individual sessions*.

Requirements: Willingness to experiment with fasting & to change; good health, without any deep issues.

We will start as soon as situation allows; offering it once or twice a month, as appropriate. If interested, contact ARA (Awareness Research Auroville): ara@auroville.org.in WA: +91 94880 47368

**People inspired to make this experiment, but having deeper struggles, are offered individual sessions to start with. Working 1 on 1 is an efficient way to understand you better and cater to your particular needs. Please inquire for more details.*



Auroville Language Lab

While we are closed, we welcome those who are interested in joining either Hindi or Tamil groups (or any other language inquiries) to fill out our form: <https://register.aurovillelanguage.org/>, or send us a mail all@auroville.org.in. We look forward to hearing from you!

⇒⇒⇒⇒PLEASE GO PAPERLESS!

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EMERGENCY NUMBERS

**Auroville Emergency Contact Numbers
Save them in your phone now!**

- Auroville Safety and Security Team (24/7): 9443090107
- Ambulance: Auroville: 9442224680
- PIMS: 0413-2656271/72
- Farewell: mobile number: 8903836246. reachable 24/7
- Mattram: 9487746051, reachable 24/7
- Emergency Service of India: 108
- JIPMER hospital 2278380 / 2272389
- General Hospital 2336050
- Puducherry helpline: 104
- TN COVID helpline: 044-29510500



Important information about News & Notes

**Hard deadline for submissions or cancellations: Tuesday 5pm
FOR THE ISSUE to be published that SATURDAY
(though the digital version generally goes out on Thursday)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy. **How to submit material:** Material (no pdf files, please) may be sent (in English only) to: newsandnotes@auroville.org.in.

Please do **NOT** send submissions and inquiries as a "Reply" to the digital subscription mail. There is NO guarantee that anyone will see communications sent this way!

Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm. Please do your best to submit copy that is ready for printing (i.e. Word shows you typos, extra spaces, punctuation errors, etc - don't make us do all the work!).

We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

Articles for the Notes section should ideally be no longer than 500 words.

Visiting hours: Hit or Miss. Call first or email for appointment.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall: 0413-262-2133