

# News & Notes

#879 A weekly bulletin for residents of Auroville 17<sup>th</sup> July 2021



Drawing by Neeti

## AN INVITATION FOR EVERYONE IN AUROVILLE

For the opening of the year of Sri Aurobindo's 150th birth anniversary, we invite you all to sing Sri Aurobindo's Gayatri Mantra with the sunrise on 15th August 2021, following the lighting of the dawn fire and meditation at the Matrimandir Amphitheater.

Everyone present that morning will be invited to join in this collective Invocation. The melody chosen is that of Sunil-da, an eminent composer and lovingly known as the Mother's musician in the Ashram.

We welcome everyone to come for practice sessions, as often as you can, to form the large body of beautiful voices carrying the mantra.

Your aspiration, presence and participation is sure to enhance the joy and beauty of this very special occasion.

The practice sessions will start from July 18th, 2021.

Days & Time:

Every Sunday and Friday from 6.00 pm onwards

Venue:

Matrimandir Amphitheatre

Looking forward to seeing you all there.

**Sanskritam Auroville and  
Sri Aurobindo's 150th Birth  
Anniversary  
Celebration Team**

## The Ponder Corner

What is that work and result, if not a self-involution of Consciousness in form and a self-evolution out of form so as to actualize some mighty possibility in the universe which it has created? And what is its will in Man if not a will to unending Life, to unbounded Knowledge, to unfettered Power?

**Sri Aurobindo, The Life Divine, The Two Negations: The Materialist Denial**



# House of Mother's Agenda

(continued from last week)

The Mystery

We may say "this inconscient", "that inconscient", and the Rock and the atoms — we may say anything we like — but the body says, "I want to walk". It is there on its indubitable beach, breathing that indubitable, but difficult air, and it searches for the solution — to "search" means to walk one more step, and one more, and every day a little more, and naturally it hurts! The old fins have neuralgia, but the legs to come, or to be made, are inevitable, we may almost say that they are "already accomplished", since the fait accompli is the body's landing on that beach. For a first penguin, there is no "handbook" and never was any! There is no "method": the walking creates the method.

And there is no "past", except in our learned heads, there are no "laws", except for those who come after — the "past" is under water and the aquatic laws are now worthless! You have to grow legs, that is all. The world of doubt and questioning does not arise, does not exist for a body agonizing with its old death and still living with its new life: either it takes this step today, this minute, or it does not take it.

And it is carried by the radiant, but painful, fact of that air it breathes and of those millions of "spongy" cells which know, without knowing anything. The "Mystery", they live it — and it is totally Divine. Theology and Newton, that is for the Son of Mist. As for the body, it is no one's son, only the son of this Supreme Fact. It is the Son of Bliss, and it comes to the end of its millions of pains.

The question mark is for this mental self that has accompanied this old body for so many years, and which looks on the unfolding Phenomenon, rather dumbfounded. It looks on it from outside, and would like to understand, for that is its old function. There is, besides, a very odd fact that has occurred thousands of times: the mental self is there, studying and observing its corporeal chaos minute after minute and second after second, and as soon as it notices, "Oh, this movement is better" ("better" in the sense that it hurts less and "that" goes through more easily), or "this position is more favorable ..." the next second, everything goes awry, and if it tries to reproduce what it observed, then the whole body coagulates, and not only does the "chaos" become more chaotic, but sometimes the body no longer even knows how it is supposed to breathe! It is instantly dangerous.

Any mental intervention is instantly mortal — but *physically* mortal, meaning that you might very well collapse. You fall back into the old system.

You are really like a frail baby, yet so powerful, surrounded with a mortal world. That is what took place at the beginning of the operation ten years ago, when that awesome "rush" started descending drop after drop into this old mental body: it was an onslaught, a hue and cry from all the "laws" of the world which came to strangle its heart as if it were a heart attack, to make its brain seethe as if before an imminent stroke," and so on. Everything was against! Everything was there to have it believe that

... Really an onslaught of that "mental Inconscient" Mother spoke of. And then ... these miraculous cells, radiant, stubbornly undoing the old death — illusory death. Then you are as if back from the dead. And you understand, too, why some "terminal" poor devils on their deathbeds, divested of their mental crust, suddenly touch that Miracle, those pure and simple cells, and "miraculously" recover — they are cured of their natural death which is everyone's illusory life! For millions of years now, the "miracle" has been trying to pierce through our crust and our sorrows. It was nothing else that drove those million species, come hell or high water, so they may become aware of It. And because we are all in the agonizing night of our species, in the sordid chaos of our old castles, we will be compelled to become aware of what is there, under our false rags, or else to follow the law of the dead.

So the Rock beneath the feet, which that awesome Energy hits against, pounds again and again through this old specimen, does seem to be the *collective*, mental Inconscient of the world — there is only one body! There is only one solution, a world solution. And all the aggressive, coalesced forces of the world resist like iron. We say "the atoms" because our old education taught us the implacable "composition of matter," but that "composition" is only what we think, or what our microscopes think; it is like our wonderful cells: take away that cloak of darkness, and they function radiantly — the *same* cells. Thus those same atoms are perhaps enveloped in another cloak of darkness, and they may show themselves to be as permeable, fluid and radiant as these reborn cells. There is a "*false Matter*", said Mother — it is not Matter *itself* that is illusory, it is a Matter seen and lived through a distorting milieu: an Inconscient. A cloak of lead.

But lead can melt.

And it can only melt under its own radiant Sun.

*"This nescience of Matter is a veiled, an involved or somnambulist consciousness which contains all the latent powers of the Spirit"*

says Sri Aurobindo in *The Hour of God*.

The capital turning point of Evolution is behind us. It was reached that day of 1910 when Sri Aurobindo, under the impact of that "rush" from above, began hewing the way through his own matter and pounding that rocky darkness below, that "horizontal layer," so that the immortal Beginningless may rejoin its immortal beginning and AWAKEN this somnambulist consciousness in Matter and in the very roots of life. The two extremities of existence have joined, Evolution has come full circle to its eternal beginning, and no force in the world can stop this breaking forth, this blossoming of the Immortal in these millions of bodies of Itself and these myriad atoms. The dawn of Evolution contained its own radiant end, and that is its true beginning.

*Satprem . The Tragedy of the Earth - from Sophocles to Sri Aurobindo . The Victory Over Matter*

# Townhall Speaks

## DR. JAYANTI ARRIVES

Dear Community,

We are happy to share that **Dr. Jayanti Ravi** has arrived and taken up office as the new Secretary, Auroville Foundation. We have started having our interactions about the work and introducing her to various aspects of Auroville. In the next few weeks we are going to organize interactions with different working groups and take her around to visit a variety of places and people as part of her introduction to the complexity and diversity of life in Auroville. If circumstances allow, we will organize a community interaction, but in the meantime, we are looking into the possibility of a recorded video address, followed by an interactive session with residents online.

We are looking forward to working in close collaboration.

*With best wishes,*

*The Working Committee*

*(Anu, Arun, Chali, Hemant, Partha, Sauro, Srimoyi)*

## APPEAL PROCESS

Dear Friends, the Auroville Council has formed a sub-group to review the Appeal Process. This process was set up in 2017 to "create a framework to meaningfully address occasionally occurring serious dissatisfactions of individuals with Working Groups' decisions." So far, appeals have been raised to address 20 issues brought by individuals/groups.

As part of this review, the Auroville Council is asking community members for their feedback. The Council is reaching out to the community at large, as well to those who have had experience with the appeal process including those who have appealed, working groups members, those who have worked as part of an Appeal Body (members of the arbiter pool), and Facilitators.

The Appeal Process document has been broken down into appropriate sections to enable feedback to be given in a way which will be the most useful for the team to be able to assess the changes needed. The feedback will be assembled by the sub-group and each input considered according to its relevance to that section. To be considered, the feedback should be:

- Directly relevant to the Appeal Process
- Concise and to the point
- Contain suggestions as to how a section could be re-worded

The feedback integration process will be done in a transparent way so that it is clear how the input has been integrated, or reasons given why it cannot be integrated. The final document will be presented to the community for approval.

The feedback should be given before end of July 2021.

**Appeal process document:**

<https://auroville.org.in/page/appeal-process-2017>

**Feedback form:**

[https://auroville.formstack.com/forms/appeal\\_process\\_feedback](https://auroville.formstack.com/forms/appeal_process_feedback)

We thank you in advance for your input to this important process.

*Warmly,  
The Auroville Council*

## EXTENDING THE LOCKDOWN

Dear Community,

This is to inform you that the Honorable Chief Minister of Tamil Nadu has issued a press release **extending the lockdown until 19-07-2021 at 6-00 am**. A key relaxation is the extension of the opening time of restaurants and eateries till 9 p.m. Schools and colleges remain closed and cultural events and large gatherings/meetings are still not allowed. Below are some key features of the new guidelines. The translation of the text of the press release is available at this link.

Please remember to continue to apply all due precautions of wearing masks and maintaining distance when interacting with others and in public spaces/facilities, and regularly washing hands or using sanitizer.

**With best wishes to all.**

**The Working Committee**

*(Anu, Arun, Chali, Hemant, Partha, Sauro, Srimoyi)*

## Key features of the current lockdown

- Ban on opening theaters for another 1 week;
- Ban on political meetings and community meetings continues;
- Entertainment, sports and cultural events are still not allowed;
- Schools and colleges will not be open;
- Government of Tamil Nadu allows restaurants, tea shops, sidewalk shops, sweet shops to operate till 9 pm subject to conditions;
- Permission to conduct written test on Central and State Government Employment following Government Guidelines;
- Permission to conduct job placement guidelines on behalf of Central and State Governments;
- Permission to continue to hold weddings with 50 people and funerals with 20 people.

## NOTICE FROM THE LAND BOARD



Dear residents, it has come to our attention once again that Auroville residents are, from time to time, supporting and even facilitating both the purchase of lands by private landowners and developers, as well as the development of private lands (fencing, architectural and construction services, brokering, etc.) within the Master Plan area.

This is seriously undermining the ongoing efforts to keep land speculation at bay while Auroville continues the pain-staking work of land purchase and consolidation.

We request all residents who are approached by private land owners and developers to refuse any support that is asked for purchase or development within the Master Plan area and to inform the Land Board as soon as information is received that a plot of land is for sale.

Thank you for your understanding and solidarity.

*Best regards, Working Committee  
Sincerely, Cleo, Secretary, Land Board  
1st Floor, Town Hall, 0413 2623699*

## FAMC MONTHLY REPORT APRIL 2021

### Units and Trusts

1. The office of the Secretary, Auroville Foundation is taking up the task of internal audits. The Foundation will start with auditing 'Housing'. Focus will be the beneficiaries of the Government of India (GoI) grants. The FAMC was encouraged by the Secretary-in-charge to continue to conduct management audits to strengthen the audits done of entities under the Auroville Foundation.
2. The FAMC reviewed the audit of Kalpana building project and after due deliberation accepted to return the building deposit of Adwitya.
3. The FAMC having deliberated, rejected the application of the City Centre Canteen (at ACUR) for the following reasons:
  - Lack of cooperation with the subgroup (FAMC-BCC) created to resolve all pending issues with the application and Laxmanan.
  - Unresolved issues with Laxmanan and his wife being proposed as manager of the activity is not acceptable while these remain.
  - The Canteen has been receiving cash for many years in spite of several reminders from the FAMC not to do so.
  - D. The Canteen building was created without the No Objection Certificate (NoC) of TDC.
  - C. The scope of the Town Hall Canteen is to primarily serve the Town Hall users, however the present reality is that it primarily serves guests.
  - E. Since there is no legitimate way to operate the Canteen anymore (FS account has been closed as of 31st March), The FAMC recommends the closure of the Canteen without any further delay.An appeal is in process.
4. AIRE Mask activity graduated into a unit, under Auro-mode Trust. Executives are Juan Felipe and Lola.
5. Gastronomica activity graduated into a unit, under Artisana Trust. Executives are Antonello, Helena and Davide.
6. Yuvabe, a new unit approved under Swagatam Trust, is focused on providing consulting services in the area of software programming, content research and design. Executives Sundar K. and Abilash S..
7. FAMC met Sumark with regard to the MoU for Vibrance project. After studying the agreement a revised MoU was agreed to by all concerned.
8. Request of the unit UTS (Unity Transport Service) to change parent entity from Swagatam Trust was approved. Henceforth under Kattida Kalai Trust.
9. Request of the activity Oceans for change of parent entity from AVA (Auroville Activities), for streamlining of accounts, was approved. Henceforth under ASSA (Auroville Small Scale Activities).
10. Request of the unit Auroville Consulting to change parent entity from Swagatam Trust, was approved. Henceforth under CSR Trust (Centre for Scientific Research). An MoU signed with regards to future contributions to City Services.
11. Nalan an activity under ASSA – change of entity name and scope of work was approved. Henceforth called Good Earth, to sell and promote products for sustainable environmental products.
12. Atelier Maa, under ASSA change of name approved. Henceforth named Kimaya.
13. Nowana, Korean restaurant, a unit under Artisana Trust, approved after the MoU was finalised, agreed to and signed by all concerned.

### New Activities Approved

1. Coffee Break, under AVA, a cafe with a focus on organic coffee and a space to learn about coffee. Managers are Dinesh, Mira and Dinagar.
2. Inspire Studio, under ASSA, provides cultural cosmetics, paintings, and crafts. Manager is Poornima Kaloya.
3. Arya Accounting, under AVA. Manager is Sheida Sharif.
4. VSB Computers, under ASSA, supplying necessary and essential office materials to activities and units. Managers are Venkatesan and Aravindh.

### Resignation or Reappointment of Activity Managers, Unit Executives, and Trust Trustees

1. Resignation of Marco Feira as executive of Auroville Art Service, a unit under Auroville Service Trust, was approved.
2. Resignation of Claude and Samata (Ingeborg) as trustee of New Engineering Trust approved.
3. Resignation of Divya Kapoor, and appointment of Yorit Rozin as trustee of Auroville Village Action Trust approved.
4. Appointment of Sabine as additional manager of Ilion, an activity under ASSA, approved.
5. Executive reappointment, Balasundharam (Balu), Yuval and Ranjit, of Bamboo Centre under Swagatam Trust, approved.
6. Executive reappointment, Vidhyalakshmi, Sreevatsa and Vijay, of V Designs a unit under Swagatam Trust, approved.
7. Executive reappointment of Subbulakshmi, Verena Keinberger of Auro Yali a unit under Kattida Kalai Trust, approved.
8. Resignation of executive Eugene Eigenmann and appointment of R. Ulaganathan, of Aurolakshmi Construction under Discovery Trust, approved.
9. Appointment of Lakshay Dharan as executive of AIAT (Auroville Institute of Applied Technologies) under Auroville Village Action Trust, approved.
10. Resignation of Emanuele as executive of Naturally Auroville, under GNP Trust, approved. Jean-Francoise has been encouraged to find an additional, new executive as soon as possible.

### Auroville Council (AVC) Related

A question was raised concerning the Housing Service representative in the Housing Board. As the Housing Board Mandate revision was nearing completion, it was felt it would be better to wait and then reconstitute the Board.

The FAMC reviewed the changes to the Housing Board Mandate, which the Auroville Council suggested, after completing the open community process. The FAMC and the Auroville Council settled on one version and published the new Housing Board Mandate.

### Budget Coordination Committee (BCC) Related

Together the BCC and FAMC reviewed La Terraces accounts. A joint communication was issued with the necessary changes.

### Land Board Related

FAMC, Land Board and Working Committee continued the weekly meetings.

## Appeals

1. Padmanaban and Jaques's appeal concerning the decision regarding the Auromodele housing project: after the first meeting, ATDC offered to reopen and review the proposed building project.
2. Morning Star's appeal concerning a unit application for a Maternity Centre. The facilitated meeting was held and the Morning Star team agreed to withdraw their appeal given the FAMC willingness to have a fresh look at their application.

## Housing Service (HS):

Housing situation of an Auroville couple and Housing Service was mediated. After a facilitated meeting FAMC agreed that the full housing deposit balance can be released back to the couple.

## Miscellaneous:

1. An issue forwarded by the Project Coordination Group (PCG) concerning a complaint of a recipient of funds for a program that got canceled due to Covid, and an Auroville unit for refund of tickets that got canceled on short notice. The PCG requested a clarification of how to reach a conclusion. The FAMC suggested that a mediation be encouraged, and if that is not agreed, perhaps it needs to go to arbitration to bring the topic to a close.
2. An advertisement using Auroville name and property was brought to FAMC notice. The said issue was the Subu's Cricket Academy using Auroville's Palmyra cricket ground facility. As this was an address and long standing program in principle it was seen as acceptable. The trustees were reminded that an agreement, if it does not already exist, should be signed between them and the outside party. This agreement concerning an outside entity using Auroville assets needs to be notified to the FAMC.
3. The Citizen Assembly Exploration Group made a presentation to the FAMC to share the process and outcome of this pilot project and to receive feedback in terms of considering the potential of this process for the FAMC's scope of work or in other areas.  
The Citizen Assembly Exploration Group felt this model had potential for tackling community-wide issues in an informed, harmonious and constructive way.
4. Dominik requested a leave Auroville Allowance to assist him to settle back in his home country. This was reviewed and he was given an allowance.
5. Bharat Nivas applied for a tax exemption under Social Science Research, to increase its funding resources for research activities on campus. This was approved.
6. Centralized and Standardised accounting initiatives from the former FAMC are being followed up and relevant pending information is being sought.
7. The FAMC called out a status quo of functioning for the small guest houses registered under Exploration, an umbrella unit under the Guest House Trust, whilst the FAMC maps and tracks the several issues to be able to address the concerns raised. This is ongoing.

## STUDYGROUP ON LAND

**Q & A on Auroville's land: Why is it crucial for our future to consolidate the land puzzle? Why time is running out? How much water is there? And more...**

Sigrid, engaged in fundraising for land since 8 years, offers her insights and concerns. Wednesdays 5-6.30pm at Le Morgan, Townhall. All are welcome!

The Auroville landwebsite:  
LFAU Lands for Auroville Unified  
[www.land.auroville.org](http://www.land.auroville.org)

## UPDATE ON THE LAND BOARD SELECTION PROCESS



### Feedback Phase

Dear Residents, the feedback on the Land Board selection process nominees (<https://bit.ly/3dOQ1KD>) was over on the 11th of July, 2021.

We received 171 feedback in total which has been compiled and shared (on 13th of July) with the Auroville Council and the Working Committee as stipulated in the Selection of the new members of the Land Board, 2021 (<https://bit.ly/2UQdFjl>).

We would like to thank all those who took the time to participate in this feedback process.

Warm Regards,  
the Residents' Assembly Service

## FROM THE ENTRY SERVICE – ES # 090

**Dated: 17-07-2021**

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to [entryservice@auroville.org.in](mailto:entryservice@auroville.org.in).

We thank you in advance.

NEWCOMER ANNOUNCED:

**Alexander PEREVERZEV** (Russian) staying in Savitri Bhavan Hostel and working at Savitri Bhavan



AUROVILIAN ANNOUNCED:

Babu  
VEERASAKTHIVEL

Patricia  
ROUSSET

Udhayalakshmi  
RAMACHANDIRAN



**Babu VEERASAKTHIVEL** (Indian) staying in Siddhartha Forest and working at Siddhartha Forest & Dehashakti Gym

**Patricia ROUSSET** (French) staying in Transformation (Samata GH) and working at Auroville Health Services

**Udhayalakshmi RAMACHANDIRAN aka Ramya** (Indian) staying in Udavi Staff Quarters and working at Udavi School

**NOTE:** The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Service

## HOUSE TRANSFER – HOUSING SERVICE

Dear Community, three assets is currently available for transfer:

- Luminosity – Community – (Single)
- Sacred Grooves – Sag001 – (Single)
- Sacred Grooves – Sac002 – (Couple)

To apply, please click on the new “Houses Available” button in the very right column of the Auronet main page. You will be directed to our Housing Transfer App at <https://housing.auroville.org.in>

All you need to do is: click on the transfer you are interested in, view all the details and pictures of the asset for transfer and if you wish to apply, click on the “Apply” button and fill in the online application form.

Once the indicated deadline for applying has passed, you will receive an email from Housing Transfer with the date for the site visit.

For any questions, please feel free to come and see Venkatesh at Housing Service Office

*Thank you, The Housing Service  
For asset transfers*

*On Behalf of the Auroville Housing Service Team  
(Alexey, Aravind, Ole, Savithri, Sundar, Venkatesh)  
Best regards, Venkatesh, Sundar*

# Community News

## FOR YOUR INFORMATION

### Programme For 15th August 2021

Sri Aurobindo's 150th Year

At the Amphitheatre

Dawnfire followed by an All Auroville Invocation of Sri Aurobindo's GAYATRI MANTRA

At Bharat Nivas

Flag hoisting ceremony

Exhibition: Five Dreams

Sri Aurobindo's 1947 Independence Day's Message (SAWCHU)

- Life of Sri Aurobindo (Film showing at Bhumika Hall)
- Refreshments
- Symbolic opening of Surya Mandala (originally THC)

Savitri Bhavan

Readings from Savitri around a flower exhibition dedicated to significances related to Sri Aurobindo and the Supramental Consciousness

Evening Webinar

The Five Dreams with Dr Karan Singh, Dr Shashi Tharoor, Ameeta Mehra and Dr Aster Patel.



Details of final programme/time closer to the date.

## Sri Aurobindo's 150th year commemoration

Dear Auroville Community, greetings from the Admin team set up for Sri Aurobindo's 150th year commemoration in Auroville. Auroville is being included as part of an initiative started by Tara Jauhar of the Delhi Ashram in tandem with the Ministry of Culture which is supporting the 150th year commemoration nationwide as it also corresponds with India's 75th anniversary. The Auroville Core Team (Anu, Christine, Hemant, Juergen, Meenakshi) has sent preliminary proposals.

The Admin team started working just before lockdown and has been working throughout. A good number of interesting proposals have been received and we have been looking at the practical details, logistics and the funding all this will need. More people are joining the team while others will be part of different sub groups.

A website is under preparation and we hope to go online in the next weeks while a schedule of webinars is also being planned. We hope to link our programmes, proposals and aspirations to people across Auroville, the AVIs, the Sri Aurobindo centres, as well as friends and well-wishers in India and around the world.

This Sesquicentennial year will start on August 15th 2021, at dawn, and spread out till the end of 2022, with highlight moments between January to March 2022, August and December 2022. However, many events like Read Sri Aurobindo – Anytime-Anywhere, Reminiscences, plus youth podcasts will happen more freely. For an overview of the 15th August programme see below.

We have written to the AVI centres and will start contacting other friends and well-wishers in Auroville and India should they wish to channel their help and contributions through the Auroville Unity Fund or, through ideas and participation, in the spirit of humanity collaborating together “to hasten the advent of a more harmonious Future”. Our gratitude for all concretely working towards such a future.

Please share your thoughts, reflections, insights, and wishes related to Honouring Sri Aurobindo's 150th Birth Anniversary in Auroville by writing to us at [sriaurobindo150th-admin@auroville.org.in](mailto:sriaurobindo150th-admin@auroville.org.in)

The preliminary proposals shared by the Core Team will shortly be uploaded on the Auronet for your reference.

We very much look forward to hearing from you and collaborating together.

*With you in Their light,  
For the Sri Aurobindo 150th Admin Team,  
Aneeta, Ankita, Anu, Devasmita, Megha, Pala*

### Tibetan Doctor Visit




Dear all, this is to inform you that the Tibetan Doctor visits us in Auroville on Friday the 23rd and 24th of July. For your information and appointment, you are requested to call us at 0413 2622401 or WhatsApp us to 8489067332.

The consultation is happening at the Pavilion of Tibetan Culture, International Zone.

**Note** We request everyone to avoid coming through the path of Bharath Nivas. You can take the way through International Zone road.

*Submitted by Kalsang  
on behave of Pavilion of Tibetan Culture  
International Zone.*

## Savitri Solar Dawn

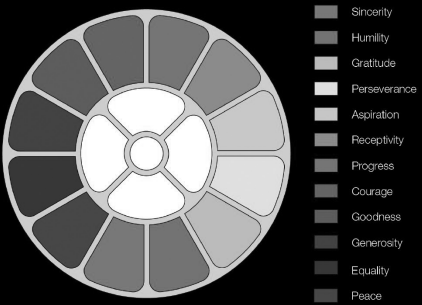



The Epic of the Future

A Call for Co-Creation and Collaboration

Dear Friends, we invite you all to joyfully gather with us for a year-long celebration leading to the 150th birthday of Sri Aurobindo on 15 August 2022, as a massive 'thank you' for his epic Vision and Work.

visit [savitrisolardawn.org](http://savitrisolardawn.org) for details

Concerning the great efforts being made in regard to the 150 Anniversary Celebrations of Sri Aurobindo I wanted to personally share about one of our contributions:

We are launching one of our initiatives around the upcoming 150th anniversary year of Sri Aurobindo and wanted to specifically invite the cultural creatives of the worldwide community to co-create this open forum.

Please let me know how this could best be shared as it wants to bring together the SAVITRI lovers in creative expression and gratitude for the gifts the epic of the future is offering.

Sending Golden Rays from around Matrimandir which only recently could open again its doors to Her Gardens and Chamber.

Invitation for your creative contributions inspired by SAVITRI, celebrating globally the, co-creating a rich tapestry of the emerging dawn...

<https://savitrisolardawn.org/>, Aurelio

### Economic Relief Fund

Apply by Saturday, July 17th: Economic Relief Fund for Auroville Units & Services



Dear Community, This is a last reminder of the possibility to apply for an economic relief grant to help cover the fixed costs of Auroville's units and services.

For details on the fund and how to apply, see the previous N&N, or the MERA page on Auronet: <https://auroville.org.in/group/management-emergency-response-auroville-mera>

You may also write to us directly at [mera@auroville.org.in](mailto:mera@auroville.org.in)

We continue to invite all those based in Auroville/India who wish to support this fund to make a contribution to MERA via the Auroville Unity Fund, and all those based internationally to contribute directly via AVI USA's campaign: <https://aviusa.org/support/ppp/>



Our thanks go out to all donors, and to AVI USA who led the fundraiser.

In community, Team MERA  
(Hemant, Rathinam, Stephan, Suryamayi)



## Auroville Electrical Service

Auroville Electrical Service has another contact number to register your complaint.

If you didn't get through our regular Landline Number 0413-2622132, then we have an alternate mobile Number 9488868747. So please call in the above numbers to register your complaints.

Thanking you,

Always at your service, AVES Team

Ph: 0413-2622132, 2622264, 9488868747



## The Auroville Safety & Security Team

AVSST's duty reports for May 2021 are available on Auronet. To find it, go in the "Reports" section of Auronet by clicking where indicated in the following screenshot:



As you may know, we receive a lot of items that have been picked up on the road which people then bring to our office. Quite a number of items remain unclaimed.

Auroville Safety & Security Team (AVSST)

Emergency (24/7): +91 944 30 90 107

Vehicle Access: +91 94 88 75 24 35

Office: +91 413 2623 400

Website: [safety.auroville.org](http://safety.auroville.org)

## UPASANA 's network server is hijacked by ransomware virus.



Our computer got compromised due to an accidental download and the company's main network server has been attacked by a Ransomware and all files have been encrypted. The file extension added by the exception is (.zqqw).

There is also a notepad (.txt) file on the desktop and server asking for a \$980 ransom. The note claims that they will give us a software to decrypt and restore all data when the ransom is paid. They have also given a trial decryption of 1 file.

General feedback has been that even ransom is paid getting the data back is bleak, UPASANA is chosen not to oblige and pay ransom. UPASANA feels it is not worth supporting this act to continue to attack someone else for money. We felt truly shocked and felt deeply attacked.

Cyber Crime is a serious killer of another kind. It did feel as if someone had died in the organization.

This announcement to Alert community.

Be safe, Be protected.

UPASANA Team,  
Conscious Clothing

## Upasana believes conscious clothing leads to conscious living

Walk in to Upasana studio to Redesign, recreate, reimagine your vintage Garments/textiles. Bring your vintage textile – dupatta – sarees – dresses which is your cupboard to redesign, recreate and reimagine with us ."

Pls write to us to book time for you.

9442982957

regards, Upasana team.

## Auditions: Women Choir Auroville Harmonies



Dear all happy singers,

**The Auroville Harmonies** – women choir, will soon resume rehearsing, in compliance with the safety guidelines. If you are interested in joining our group, please contact Antoine for an audition. If you don't yet know us, visit

[https://www.youtube.com/channel/UCEKeShBKL1BEO12Pq\\_V\\_n-A](https://www.youtube.com/channel/UCEKeShBKL1BEO12Pq_V_n-A)

See you soon! Antoine, 8940740529

[antoine@auroville.org.in](mailto:antoine@auroville.org.in)

## Solar Kitchen to Open

Hoping that the Solar Kitchen will be able to reopen by 15 August, the FAMC intends to complete the selection of the new executive team by 1 August 2021. This is an open call for those interested to serve as part of a new executive team at the Solar Kitchen.

Please see Auronet about the ins and outs of the job and how you can apply.

FAMC

## ANNAM kitchen Open



ANNAM kitchen located behind Kalakendra (Bharatnivas) now open to serve as usual the South Indian Lunch from 12.00PM onwards for Aurovilians/ Newcomers and AV guests.

We welcome lunch schemes and we are ready to deliver your take away lunch boxes at Matrimandir office gate, Aurelec and Pour Tous (Kuilapalayam).

Kindly book the group lunches between 8.30AM to 9.30AM on 8903049770 and also you may call us on 0413-2623070 to know the availability of the food in a short time. (Kitchen closed on Sundays)

Regards, Ramesh.V

## Small Restaurant Opens



We are happy to announce that we are opening a small restaurant. This is only delivery lunch/dinner at your home or your working place.

**The lunch scheme is covering:** Rice, Dal, Salad (Veg.), Veg. curry, Chapati.

The lunch scheme also covers: those Aurovilians who would like to get Vegetable Salad include sprouts and even lightly steamed veggies like broccoli, cooked corn, cauliflower, chickpeas.

The lunch scheme is covering: simple lentil-rice dish, Veg. salad.

Salad that is sure to make you fresh, light and healthy.

**The dinner is:** Chapati, Veg. Curry. Dosa with Mint Chutney, coconut chutney. Aloo Parata with Coconut chutney. Idli with coconut chutney, peanut chutney.

You can book via whatsapp 8098782233 at least a day before

Thanking you,  
Arunkumar and Valli

## Satchitananda Restaurant

A group of Aurovilians approached us in May 2021 to prepare lunch and dinner tiffins based on specific 'Nature Cure' guidelines after attending a 5-day health camp in Auroville with Dr Arun Sharma.

Many of them found it to be a life-transformative experience with a lot of visible and subtle health improvements.

Since the last 8 weeks, Satchitananda Restaurant team has been preparing and offering lunch and dinner tiffins from Monday to Friday.

It consists of raw salads as lunch and conservatively cooked meals as dinner.

We are now happy to offer the service to the larger community. More details are available in the poster attached below:

# Satchitananda

---

## Raw Salads and Vegan Cooked Food

---

### Lunch & Dinner Tiffins

Prepared using organically grown ingredients (mostly) and based on "Nature Cure" principles as suggested by Dr. Arun Sharma <https://akarma.life/inspiration/>

<p>Lunch (Rs. 100*)</p> <p>Raw and Alkaline Salad that tastes good naturally without any added salt.</p>	<p>Dinner (Rs. 150*)</p> <p>Vegan and oil-free meals that are conservatively cooked to retain health and taste.</p>
--	---

(\*20% Discount for Aurovilians and Newcomers)

For more details and booking, contact Anandi on +91 82200 58170 [ananditrans@auroville.org.in](mailto:ananditrans@auroville.org.in)

Delivery of tiffins can be arranged through ITS

## Steam & Diet Café



Mohanam Steam and Diet Cafe is a specialty restaurant creating handcrafted, wholesome and nutritionally balanced healthy recipes using traditional ingredients and herbs.

We will be soon open for lunch, dining and takeaway.

Contact us all working Days except Sunday, 1-day advance booking is necessary:

[Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in) or

[Sahithi-mohanam@auroville.org.in](mailto:Sahithi-mohanam@auroville.org.in) or

call us at: +91 8300949079



## Mohanam Village Heritage Centre



Do you know about the Mohanam Village and Heritage Centre which is the first cultural centre in the bio region established more than twenty years ago to bridge villages to the international community by strengthening the art and craft segment? Mohanam believes in the power of connecting individuals through specialized networks and cultural exchange programs.

We are now launching "Arimugam help desk" a network that acts like an assistance centre unique to the bio region. The goal of Arimugam would be to provide the needed and necessary information, network and linkages to the newcomers, guests and visitors and enable them to facilitate their interaction with the bio region. Arimugam is on a mission to enhance the relationship between Auroville and surrounding villages to empower the community.

We invite you to reach out for art, craft, agriculture and culture related projects related to empowerment, livelihood and impact creation. Join us if you are interested to learn, collaborate and if you are looking for mentorship.

Contact: [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in) or [Sahithi-mohanam@auroville.org.in](mailto:Sahithi-mohanam@auroville.org.in) or call us at: +91 8300949079

### An Appeal for funding Studies

My name is Bouthan, was born and brought up in Auroville and I have done my schooling in Deepanam school and later New Era Secondary School.

I have passed my 12th grades in Science stream and now pursuing 2nd year in B.Sc in Microbiology at the Hindustan College Coimbatore.

Due to Covid-19 situation, not much funds were received by the Auroville Scholarship & Educational Fund and they will not be able to help me. Therefore, I am now looking for financial support for my studies.

It would be deeply appreciated if some people could come forward to help me with sponsoring my 2nd year of studies. By August 2nd the payment of Rs 35'000 for the first semester needs to be made. The total cost for one year, including hostel fees is Rs 1,36,000.

I am immensely grateful for all the support. Donations can be made on FS # 251777 Bouthan Study.

For more information and breakup of the fees please contact us: [bouthansam414@gmail.com](mailto:bouthansam414@gmail.com), 09159410995

*Thank you! With lots of Love and Hope*  
**Bouthan.V**

### AVAILABLE

**Various items for shop display** available at Aurovics. Please whatsapp 9843387755

### LOOKING FOR

#### Taxi Share



Sharing a taxi from Auroville to Chennai airport on July 20, Tuesday, leaving at 5:30 morning. Contact S.kumar. What's app +918447181515

[kumarsehdev455@gmail.com](mailto:kumarsehdev455@gmail.com)

## OBITUARY

### Daive Montemurri



On Sunday 4 July Daive Montemurri, a longtime participant and friend of Auroville, peacefully left his body in his house at Nettuno (Rome). He was 91 years old.

Daive has been in contact with Auroville for many years, especially since he did the 'L'homme après l'homme' (Man after Man) movie in collaboration with Boni Menato.

The documentary, which was an eye-opener for many, included in-depth conversations with Satprem in Nilgiris in the early eighties. Together with Boni, he also started the Italian Institute for Evolutionary Research.

Daive remained very inspired by Sri Aurobindo's and Mother's vision. A friend who was with him during his transition mentioned that he had been preparing himself to leave his body since March this year, and that he passed away peacefully, his eyes open and a smile on his lips. We remember him with fondness and gratitude.

OM

P.S. For an integral version of 'L'homme après l'homme' see [the following link](#)

## Voices and Notes

### WALK IN THE CLOUDS

An installation



I invite you to take a walk in the clouds. Through poetry and painting I have tried to capture the key moments of any adventure, as well as bring a calm and enriching atmosphere to the corridor of **Last School** for the start of the new year. Soaked in the theme of clouds, my daily muse, this work is an expression of my journey through life so far.

Tue, Thu, Sat 4-6pm — July 20th to August 7th

**Last School, Jasmine**

### A RAIN

A child stood  
Beneath a tall bush  
Full of white blossoms.  
Then lifting a hand  
To shake the branch above  
He received a rain  
Of scented petals.

Eyes closed,  
He spread arms  
And swayed in the rain.  
Then he left quietly,  
Contented,  
Ready to start  
A new day.

**Anandi Zhang**

## SPIRITUALITY THROUGH COVID

### a call for testimonials (2)

Does it make sense to link Spirituality and Covid?

I believe Yes. Definitely, and for 2 reasons.

Firstly, there is a spiritual aspect in every event, situation, occurrence that happens in our life, whether we are conscious of it or not. Secondly, as Spirituality is the higher aspect of our life, linking Covid and Spirituality invites us to tackle the first from a higher level, with the positive outcome to take a bit distance with its lower levels. 2 weeks ago, the 1st call for testimonials was with regard to any spiritual experience and/or challenges, before, during and after the common Covid symptoms.

Many thanks to those who have answered this call. The quality of your sharings, through the diversity of the occult experiences you went through, makes this collection very valuable to Auroville. Today I call again for your inputs on how you may have been challenged on your Spiritual path during this Covid period, whether you have experienced strong symptoms or not.

Did this whole affair of Covid, create unexpected reactions from you, directly linked to your spiritual path?

Before, during and after your Covid experience, were there any challenges directly connected to your spiritual path?

While your body was eventually fighting the virus, did you experience any specific battles that were directly related to your spiritual growth?

Were there any occult experiences that you would like to share?

Once the testimonials are collected, I am planning to compile them anonymously in a document, propose it to the community for information, and pass it to the archives afterwards.

This collection may also reveal spiritual 'key-practices' that could be helpful in the future.

*Please, send your testimonial by email to [dan@auroville.org.in](mailto:dan@auroville.org.in) Prarthna +91 95002 71460, 0413 403-6979*

## CLASSES AND WORKSHOPS

### QUIET HEALING CENTER

Auroville 605 104, Tamil Nadu, India

[www.quiethalingcenter.info](http://www.quiethalingcenter.info) / [quiet@auroville.org.in](mailto:quiet@auroville.org.in)

+91 413 2622329 / +91 9488084966 (mobile)



### Woga® (Yoga in Water) 1 & 2 with Dariya

- Saturday 24 July: 10.30 am – 5.30 pm (including lunch)
- Sunday 25 July: 9.30 am – 5.00 pm (including lunch)

Woga consists of classic yoga poses and stretches, modified for standing and floating in water, which is waist-to-chest high. Water yoga sessions are structured like their equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool!

Thanks to a decrease in gravity, water allows greater ease of movement, unblocks articulations, lengthens and melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

No previous experience required (also no need to know how to swim)!

## Open Heart-Space Meditation

### Workshop with Samrat

- Friday 30 July (4.00 – 5.30 pm)
- Saturday 31 July (9.00 am – 12.00 pm)
- Sunday 1 August (9.00 am – 12.00 pm)

Open Heart-Space Meditation is a simple practice of becoming aware of the reality as it is without judgment, interpretation or reaction, and settling into its vast, luminous expanse. We learn to embrace and let go of each experience as it arises and subsides. Eventually, the mind falls silent and sinks into the open heart-space, a doorway to oneness, where the inner and outer worlds meet and merge.

We use practices from insight meditation and various spiritual traditions to help dissolve habitual patterns of closing ourselves from the reality that is ever-present in each moment. The key pointers during this intensive will be dropping our identities and opening to an embrace of awareness and love.

No previous experience required!

## UNLOCKING YOUR HAPPINESS: KEYS TO DE-STRESS



### A 2-day Interactive Funshop!

With Hamish and Fif – MeDiClown Academy.

SATURDAY and SUNDAY 24th and 25th of July  
CRIPA in KALABHUMI

The pandemic has not been a pleasant experience for all of us. Let's take some time for ourselves, get together, and de-stress in this funshop.

In this transformative experience, you can de-stress, reflect, connect with yourself and others, while having loads of fun and laughter.

- Empathy, Kindness, and Compassion
- Increase self-confidence
- Self-love
- Improve mental health and mental acuity
- Regulate your blood pressure
- Self-management and time-management
- Re-discover yourself
- Self-acceptance

By registration only: @mediclownacademy

+91 9489214408, [www.mediclownacademy.org](http://www.mediclownacademy.org)



## YOUR JOURNEY IN HEALING AND TRANSFORMATION



Hands on Experience in Bio-Region Art & Craft Pavilion Classes

**1. Tamil Language Class** with Anand Anna. Those who are interested to join in spoken Tamil class. Please enroll your name in Mohanam.

Day: Monday and Thursday Time: 10:00 am to 11:00 am

**2. Indo-African Drumming Class** with Tamaralarasan

Wednesday: 5 to 6 pm and Saturday 4 to 5 pm

**3. Drum Circle with food and campfire**

Feel the touch of your soul through fusion instrumental music, freestyle dancing and traditional drumming with Campfire, followed with Tamil traditional Dinner.

Day: Every Wednesday

For Bookings: [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in) or call us at: +91 8300949079

## SOUL OF SOIL

Auroville & Kazhuveli Bio-Region Eco Experience Program for July 2021. Hands on Experience in Bio-Region Art & Craft Pavilion

### Bamboo Segment

#### 1. Indigenous Musical Instrument Training:

We at Mohanam are happy to share our vast experience and knowledge gained over 15 years ago. Come and learn to make your own traditional / folkloric instruments at Mohanam Village Heritage Center from professional craftsmen and take home your very own hand made instrument at the end of the workshop. The workshops include the following instruments-

- Overtone Flute making
- Frame Drum or Thappu/Parai
- Pambai
- Udukai
- Ocean Drum

#### 2. Bamboo Jewellery Workshop

Come and learn to make your own Bamboo Jewellery at Mohanam Village Heritage Center from professional craft women and take home your very own hand made Jewellery at the end of the workshop. The workshops include the following Jewellery –

- Earrings
- Bracelet
- Pendant
- Necklace

#### 3. Bamboo Toys

Come and learn to make your own Bamboo Toys at Mohanam Village Heritage Center from professional craft men and take home your very own hand made Toys at the end of the workshop. The workshops include the following Toys:

- Cow
- Elephant
- Giraffe
- Crane
- Race car

For all above program please contact us followed by: Date: All working Days except Sunday 1-day advance booking is necessary Contact: Preferred through Email at [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in), or optional +91 8300949079.

## Bio Region Tours

### 4. Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to fully take advantage of the best routes in and around Auroville using cycles proved by Mohanam.

The route shall include the following destinations-

ROUTE 1 (Village tour)

- Start at Mohanam Campus @ 6.00am
- Kottakarai Tea Shop
- Irumbai Lake
- Shiva Temple
- Thuruva Lake
- And back to Mohanam Campus and Breakfast @8.00am

Includes Tea and snacks

Duration: 2 hours

Date: 1-day advance booking is necessary

Day & Timing: Sunday 6am to 8am

For Bookings: Preferred through Email at [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in), or optional +91 8300949079

### 5. Auroville North-West Heritage Tour + Lunch

Experiencing Auroville Entrepreneurship unit visit in the north-west side of Auroville

Date and Time: Every day 10.30am to 1pm (Except Sunday)

Meeting Point – Lively, Opp. Ganesh Bakery

For Bookings: Preferred through Email at [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in) or optional +91 8300949079

## Wellness & Therapy

### 6. Sound Healing by Balasundharam by appointment

Music & sound making instruments are as old as humanity and have always been used to promote healing & transformation of consciousness. This session will be hugely beneficial to you to relaxation.

Pre-booking is required.

Facilitator: Balasundharam Ponnusamy

For Bookings: [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in) or Call us at: +91 8300949079

### 7. Oil Bath for Men and Women + Nutrition Diet (10am-3pm)

Oil bath, Diet lunch and Relaxation

The cooling and purifying Oil Bath is a very common treatment in South India and especially in Tamil Nadu. This traditional practice has been going since ancient times especially as part of Ashtanga tradition

We give the treatments on all working days between 10am and 3pm

The treatment includes information, oil bath, shower, rest period and traditional herbal drinks that bring balance to the body. It concludes with the traditional meals associated with this treatment, combining the spices required for the body to find its true health.

- for Men: Wednesday and Saturday
- for Women: Tuesday and Friday

For Bookings: [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in) or

Call us at: +91 8300949079

## 8. New Moon & Full Moon Gathering

New Moon:

Rejuvenation activity 2 days before new moon:

- Collective meditation
- Music
- Expert Talk

Full moon (Celebration & rejoice)

Importance and understanding of body, mind and soul.

Meeting point: Mohanam Village Heritage Centre

For all above program please contact us followed by:

1-day advance booking is necessary

Contact: Preferred through Email at [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in), or optional +91 8300949079.

### BAMBOO CENTRE TRAINING PROGRAM FOR JULY - 2021



Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree.

#### Training And Workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

The Auroville Bamboo centre offers training to individuals and groups in:

#### • Bamboo and Trekking Camp in Kolli Hills

25th to 28th of July-4 days – WORKSHOP

Note: Meeting place is Semmedu Bus Station - Kolli Hills at 4pm

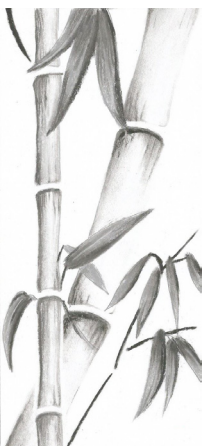
#### • Guided Tour (1. 30 hr) Every Saturday 11 to 12.30

Come and enjoy every Saturday guided tour through our bamboo farm and campus

Meeting Point: Mohanam Campus, Auroshilpam, Near Color of Nature

#### Make and Take Workshops

- Bamboo Toys
- Bamboo Musical Instruments
- Bamboo Jewelry



Every day in the month of July in advance booking: 10.00 am to 12.00pm or 2pm to 4pm

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Contribution requested from guests/ Volunteers.

Flexible training dates offered to groups

Contact: Voice call and Whatsapp: 8300949081

[bambooworkshop@auroville.org.in](mailto:bambooworkshop@auroville.org.in)  
[www.aurovillebamboocentre.org](http://www.aurovillebamboocentre.org)

## JIVA - YOUR JOURNEY

### IN HEALING AND TRANSFORMATION



Jiva is a growing collaborative of highly experienced therapists living in Auroville. Therapy, Workshops, Retreats and Courses and Classes. We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution.

Acupuncture, Shiatsu, QiGong, TaijiChuan, Energy work, Fasting

Natural Horsemanship, Horse assisted Therapy, Vedic Astrology, Medical Clowning, Yoga Nidra, Gentle Birth & pregnancy, Integral Regressiontherapy, trauma therapy, advanced classical homeopathy

[www.auroville-jiva.com](http://www.auroville-jiva.com)

Whatsapp 9626006961, [contact@auroville-jiva.com](mailto:contact@auroville-jiva.com)

Facebook <https://www.facebook.com/groups/1025676841155617>

#### Explore your mind

3-day workshop in hypnotherapy 23, 24 & 25 July

The answers you seek never come when the mind is busy, they only come when is still

What is hypnosis? How to do right and left brain function practically? How do conscious and subconscious interact? Explore the depths of your mind and relax! Meditate with ease! Expand your therapeutic toolbox! Apply Selfhypnosis

Workshop combining experiential learning and Theory of the Mind. Certified course from Ekaa [www.ekaa.co.in](http://www.ekaa.co.in)

23th July, Fri 4 – 7 pm, 24, 25 July 9- 5.30 pm

at Sharnga Guesthouse Yogahall

Info meeting 21 July at 5- 5.30 pm.

at Sharnga Guesthouse Terrace

**Trainer:** Sigrid Lindemann Certified Faculty in Hypnotherapy, Regressiontherapy and Classical homeopathy, Germany and Auroville [www.sigridlindemann.com](http://www.sigridlindemann.com)

**Venue:** Sharnga Guesthouse Yogahall

[www.sharngaguesthouse.in](http://www.sharngaguesthouse.in)

When we enter a holotropic state with the intention of healing and self-discovery, it invites a kind of inner radar that scans our unconscious and brings to consciousness that material to which we most need to attend and heal." S. Grof. Intense breathing techniques bring about this "holotropic state" bringing on an increase in life energy. Participants are guided and work in pairs in this experience based workshop.

**Presenter:** Fr Thomas Kuriantham, trained in the US, and representing Grof Transpersonal Training (GTT) in India and Sri Lanka. Thomas Kuriantham has been offering holotropic breathwork retreats and workshops since 2016, mostly in India, but also in Sri Lanka, South Africa, Kenya and US.

About 1200 people have participated in my workshops and retreats. Since covid started I have been giving only individual sessions. Thomas K C represents Grof Transpersonal Training (GTT) in India and Sri Lanka.

**All info and registration:**

[Contact@auroville-jiva.com](mailto:Contact@auroville-jiva.com)

WA 9626006961

## Transforming trauma 17 & 18 July

How to identify trauma and posttraumatic stress disorder? How to recover a persons full potential, energy and zest for life – and even integrate the wisdom of it all? 2 day workshop with theory and interactive exercises , A toolbox of techniques to apply in your therapeutic work The workshop is designed for therapists of body and mind, psychologists, and all who work with trauma.

**Facilitator:** Sigrid Lindemann, international faculty in integral regression therapy, Sensation method homeopathy, trauma therapy in Auroville for 20 years

Time: 16 & 17 July 9 – 4.30 p.m.

Venue: Sharnga Guesthouse Yogahall

## The Way of the Sufi

Retreat with Nirupam Gyan 4 - 8 Aug 2021

Find yourself whirling...

<https://www.youtube.com/watch?v=2cvgl9ZpfVY&feature=youtu.be>

Sufi Zikr & Whirling, Sacred Gurdjeff dances, active meditations, breath, dance... woven together magically. Your heart will open wide, your mind still... you see the world flying by Sufi Whirling is an ancient transformative practice The Sufi Way Retreat is a life changing event, Nirupam Gyan sufi is sharing Sufi & Gurdjeff & more internationally for over a decade, 3 previous workshops here have met with an overwhelming response.

Photos of the retreat:

<https://www.facebook.com/groups/1025676841155617>

All info and registration Sigrid, [contact@auroville-jiva.com](mailto:contact@auroville-jiva.com) WA 9626006961

[www.auroville-jiva.com](http://www.auroville-jiva.com)

## NEWS FROM

### AUROVILLE LANGUAGE LAB

ALL: SCHEDULE OF CLASSES as of 13.07.2021

Language	Level	Time	Day(s) of Classes
English	Beginner & Pre-Intermediate	10:00 am - 11:00 am	Tues & Thur
	Intermediate	03:00 pm - 04:00 pm	Wed & Fri
	Intermediate/Advanced	10:00 am – 12:00 pm	Sat
French	Beginner	To be determined!	
	Intermediate	11:00 am – 12:00 pm	Tues & Thur
	Workbook Sessions	10:00 am – 11:00 am	Fri
German	A1.2 Level	Please See Online Schedule!	
Hindi	Beginner	To be determined!	
Tamil	Spoken Beginner	09:30 am – 10:30 am	Tues & Fri
	Beginner (previously on-line group)	03:15 pm – 04:15 pm	Mon & Thur
	Beginner	To be determined!	
Spanish	Beginner	To be determined!	
	Intermediate	03:30 pm – 05:00 pm	Tues & Thur

ALL: SCHEDULE OF ONLINE CLASSES as of 13.07.2021

Language	Level	Time	Day
German			
(started 14th Jun)	A1.2	04:30 pm – 06:00 pm	Mon & Thur

## In-Person Classes Start Again

We are happy to announce that in-person classes will start again at the Lab, as long as everyone follows the SOPs regarding washing hands, writing their names & contact info in the Covid tracking register, taking temperature, using the sanitiser, wearing masks in the public areas, & social distancing.

## Tomatis Updates

There are spaces available for both language & therapeutic programmes!

Please contact 4036922 to schedule your Listening Tests & Consultations.

**ALFRED TOMATIS METHOD**

**BETTER LISTENING BENEFITS EVERYBODY**

**LEARN LANGUAGES FASTER**

**AUROVILLE LANGUAGE LABORATORY**  
0413 2623 661 / 4036920 / 22 tomatis@aurovillelanguagelab.org www.aurovillelanguagelab.org

*Balance and Coordination*  
*Meniere's Syndrome*  
*Vertigo*

*Autism*  
*Hyperactivity*  
*Developmental & Language delays*

*Attention*  
*Concentration*  
*Memory*

*Lethargy*  
*Depression*

*Voice Clarity*  
*Singing*

*Lack Of Sleep*

*Learning Disorders*  
*Reading & Writing Issues*  
*Dyslexia*

*Creativity and Release of Potential*  
*Children Teenagers Adults & Seniors*

*Certain Kinds Of Hearing Loss*

*Focus & Sense Of Direction In Life*

*Anxiety*  
*Stress*

## German Update: Verena's BACK!! Yay!

German classes will restart soon! There will be a new Beginners group, & previous students are most welcome for higher levels. Please stay tuned!

## Tamil Updates

Saravanan's pre-lockdown **Spoken Tamil Beginners** group will start again; you know who you are, so drop us an email confirming your attendance!

Murugesan will start a new afternoon **Tamil Beginners** group, which will be based on learning the Tamil alphabet, reading & writing. We have received very good feedback from students in the ongoing batch, who are really enjoying learning Tamil! Please get in touch with us ASAP so we may form a new group!

## Spanish Updates

Mila is waiting for six students to start a new **Beginners** group. If interested, please let us know! The **Upper-Intermediate & Intermediate** groups continue.

## English Updates

We are really happy to welcome Anushka (she with the marvellous voice), who is from the UK. She will replace Miko who has returned to the US for a little while. All of Miko's English students are welcome back to the first class, which was on Friday 9th July, 03:00pm - 04:00pm. Others are welcome too! Spaces are available!

Vatsla had resumed her **Intermediate/Advanced** group, which meets on Saturday mornings.

Rupam started a new group for **Beginners** in the mornings, on Tuesdays & Thursdays, 10:00am – 11:00am.

## French Updates

Chris will continue to teach the **pre-lockdown Beginners group** which restarted on Thursday 8th July, 11:00am – 12:00pm.

## IMPORTANT INFORMATION ABOUT NEWS & NOTES

### **HARD DEADLINE FOR SUBMISSIONS OR CANCELLATIONS: TUESDAY 5PM FOR THE ISSUE TO BE PUBLISHED THAT SATURDAY (THOUGH THE DIGITAL VERSION GENERALLY GOES OUT ON THURSDAY)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy. **How to submit material:** Material (no pdf files, please) may be sent (in English only) to: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in).

Please do NOT send submissions and inquiries as a "Reply" to the digital subscription mail. There is NO guarantee that anyone will see communications sent this way!

**Please try your best to send your announcements, reports, film schedules whenever they are ready.** Any modifications of submitted News items must be sent to the editors before Tuesday 5pm. Please do your best to submit copy that is ready for printing (i.e. Word shows you typos, extra spaces, punctuation errors, etc – don't make us do all the work!).

**We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.**

**Articles for the Notes section should ideally be no longer than 500 words.**

**Visiting hours:** Hit or Miss. Call first or email for appointment.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

*News & Notes, Media Centre, Town Hall: 0413-262-213*