News & Notes

#881 A weekly bulletin for residents of Auroville 31<sup>th</sup> July 2021



By Mirra Alfassa

Ponder Corner he

As for the blows, well, are they always given by the Yoga? Is it not sometimes the sadhak of the Yoga who gives blows to himself? There are plenty of blows in ordinary life according to my experience.

> Sri Aurobindo Letters of Sri Aurobindo, p.347

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# SAVITRIBHAVAN

# August 2021. Exhibitions

Meditations on Savitri – The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery; Glimpses of the Mother Photographs and texts In the Square Hall; Sri Aurobindo A life sketch in photographs, In the Upper Corridor.



House of Mother's Agenda

25 October 1967

Mother reads "Savitri"

A divine force shall flow through tissue and cell And take the charge of breath and speech and act And all the thoughts shall be a glow of suns And every feeling a celestial thrill. Often a lustrous inner dawn shall come Lighting the chambers of the slumbering mind; A sudden bliss shall run through every limb And Nature with a mightier Presence fill. Thus shall the earth open to divinity And common natures feel the wide uplift, Illumine common acts with the Spirit's ray And meet the deity in common things. Nature shall live to manifest secret God, The Spirit shall take up the human play, This earthly life become the life divine.

(XI.I.710)

(Then Mother holds out a small desert flower:)

Mother: Look! It grows in the desert, without water, and it doesn't die.

Satprem: Oh, how pretty!

**Mother**: You know, it looks like edelweiss which grows in the ice. And this is in the desert. It's like velvet. It's not fragrant, but it doesn't die. It's a flower without water. Someone has sent it to me. I find it very interesting. There are marvels in Nature. And see this small red dot....

Sujata: Yes, Mother, it's like a small flower of immortality.

Mother: I'll give you one, but you must keep it carefully....

**Satprem**: Basically, it's the water of life that makes things rot.

Mother: Yes, it's water. Edelweiss doesn't die, one which I had was intact after ten years. When things are dehydrated, they no longer die.

Wait, I'll show you two something (*laughing*), because you are really very nice.... See this (*Mother shows a big red rose of a particular type*), it's Sri Aurobindo. Wherever people grow this rose on earth, it's Sri Aurobindo. It grows as big as this.

(Sujata holds out to Mother a variety of white hibiscus)

When the light is on (I have a light in a tube, a fluorescent tube), they don't wither. When you put those flowers under the light, they stay put, I even saw some that were half closed open. They like that light. In the afternoon I put some in a bowl with water (when they are still nearly closed), I put one or two there, under the light – and they open!

They have a sensitiveness unknown to us.

Sometimes in the morning, I have a closed rose bud, then I take it out of the water like this (gesture of stroking the flower all around), without touching it... and it opens!

And people say it's not conscious!

(to be continued next week)

— Volume 8. 1967: Agenda of the Supramental Action Upon Earth

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# CALL FOR GRANT PROPOSALS SDZ FUNDING IN 2021

The Project Coordination Group (PCG) will be meeting soon to review grant proposals for possible funding by Stichting De Zaaier. The last date for submitting proposals for this call is Monday, 9 August 2021. You are welcome to submit earlier or send us a draft version of your proposal for comment prior to the due date. (If you plan to submit a proposal, please carefully read this full announcement to the end!) All documents related to this purpose are to be submitted in the prescribed forms as attachments, emailed to pcg@auroville.org.in

Only those initiatives that can be carried out under prevailing COVID conditions will be considered.

Please note that in case your proposal is not ready by this date, another call for proposals for SDZ will be announced later this year.

The Project Coordination Group will check whether proposals fall within the SDZ funding criteria and forward those that do to the SDZ Board for final selection and grant allocation.

#### Stichting de Zaaier welcomes project proposals for:

- research studies in the fields of sociology, economy, psychology and inner development;
- exploratory (research) studies into the relations with the world outside Auroville, in particular with the villages (and villagers) surrounding Auroville, as well as proposals for initiatives that seek to contribute to strengthening these relations;
- initiatives that seek to enhance the efficient cooperation of Aurovilians with the aim of making full use of the existing potential in Auroville;
- studies exploring a sustainable future for Auroville and initiatives contributing to such a future;
- initiatives requiring seed money (micro-projects) for innovative and informal education and training, women's development, outreach as well as proposals prepared by youth.

Please note that funds are generally not available for infrastructure, buildings or transport. Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville.

Stichting De Zaaier has also indicated a preference for funding projects where the maintenance of Aurovilians is either provided by Auroville or from a source other than SDZ grants.

A grant application form and budget request spreadsheet are available on request from pcg@auroville.org.in or may be downloaded from the same announcement on Auronet.

NB If you have already received funding for a project through the Project Coordination Group please send in a progress report/status update (if the project is ongoing) or final report (if the project has been completed or all funds have been utilized) before making an application for a new grant. Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or students of any individual classes, your project is to be reviewed by all concerned School Boards prior to the Project Coordination Group review. (Please contact all individual schools before submitting your proposal to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

For more information or assistance please write to pcg@auroville.org.in

The last date for submitting proposals for this call is Monday, 9 August 2021. Please submit earlier if possible.

NB There will be another opportunity to submit proposals for funding by both Stichting De Zaaier and the Foundation for World Education later this year.

# ADDRESS TO THE COMMUNITY BY DR JAYANTI RAVI, IAS

We are pleased to share a brief address to the community by Dr Jayanti Ravi, IAS, who took up charge as the new Secretary, Auroville Foundation, on the 5th of July. To view the video, please <u>click on this LINK</u>.

While some of you may have already met her, setting up a community meeting has not yet been possible with lockdown regulations for large gatherings still in place. Instead, Dr Jayanti Ravi kindly agreed to record this short greeting. We hope to organize a community interaction soon.

Our sincere thanks go out to Richa and Rrivu, with camera support from Luca, for offering their time, energy and expertise to create this video for Auroville.

With best wishes to all,

The Working Committee (Anu, Arun, Chali, Hemant, Partha, Sauro, Srimoyi)

# DIFFICULTIES IN LAND BOARD SELECTION COMMITTEE PROCESS



Dear Community, the Council was recently faced with a difficult situation in the Land Board Selection Committee. The selection process is already behind schedule, so there was added urgency to address and resolve the situation.

We met with the parties directly con-

cerned, consulted with WCom, all members of the Land Board Selection Committee and with several resource people.

Only after conducting these exhaustive meetings, and by listening to everyone's particular concerns, it was felt that the most sensible thing to do was to ask the FAMC and ATDC to replace their representatives on the Land Board Selection Committee for reasons of significant strained interpersonal dynamics.

With the priority of having a healthy and workable environment within the group to select the Land Board this was felt to be the best course of action.

> In Her Service, Auroville Council

NN 881 - 31 July 2021

# FROM THE ENTRY SERVICE – ES # 092 Dated: 31-07-2021

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to entryservice@auroville.org.in.

We thank you in advance.

# NEWCOMER ANNOUNCED:



Senthil PASUPATHY aka Gerad (Indian) staying in Terra Soul and working at Terra Soul Farm

# NEWCOMER CONFIRMED:

Aurore GALARZA (French)

Dmitrii SEMENOV aka Dimitriy (Russian)

### AUROVILIAN ANNOUNCED:



Gopa KOTA (USA) staying in Maitreye II and working at Mattram

# AUROVILIAN CONFIRMED:

Balaji SUBBARAJU (USA)

Olha BONDAR aka Olga (Ukrainian)

Sriranjani BOOBALAN (Indian)

Vijaya SAMPATH (Indian)

Zhengrong ZHAO aka Lhamo (Chinese)

# PARTNER OF AN AUROVILIAN ANNOUNCED:



Girija PUTHAMPURI MURALIDHARAN (Indian) staying in Petite Ferme (Partner of Manfred Lehnert)

# SPOUSE OF AN AUROVILIAN CONFIRMED:

Nithya VELU (Indian)

NOTE:

The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

> Yours, The Entry Service

# EVICTION OF ENCROACHMENT IN AURO-ORCHARD

Please see below the press release that was issued by the Office of the Secretary, Auroville Foundation, following the successful eviction of a long-standing encroachment at AuroOrchard. This was carried out thanks to the strong and active support of our new Secretary, Dr Jayanti Ravi, and with the help of the local police and administrative authorities. Members of the Working Committee, Land Board, Auroville Foundation Office and AuroOrchard stewards were also on site.

We extend our gratitude to all those who worked together with strength and sincerity to regain this piece of Auroville's land.

Best regards, The Working Committee (Anu, Arun, Chali, Hemant, Partha, Sauro, Srimoyi)

#### **Press release:**

#### AURO ORCHARD EVICTION

A long drawn case of encroached land in AuroOrchard, Auroville was cleared today,17th July 2021 at 12.30 pm with the help of District Collector, Dy.Supdt.Police, Revenue Inspectors, local Tahsildar in the presence of the Auroville Foundation officials and the Working Committee.

A family of a former employee of AuroOrchard was illegally occupying Auroville land since 20 years and was creating nuisances to the Auroville community. They were quite hostile and even filed case claiming the encroached land.

Eviction was ordered by the Estate officer which was not respected and hence the Auroville Foundation filed a case in Madras High Court and won the Case. The eviction was carried out as per law.

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Sri Aurobindo's Gayatri Mantra In preparation for 15th August

ॐ तत्सवतिुर्वरं रूपं ज्योताः परस्य धीमहा | यन्नः सत्येन दीपयेत् ||

### Om tat savitur varam rūpam jyotih parasya dhīmahi, Yannah satyena dīpayet.

Let us meditate on the most auspicious form of Savitri, on the Light of the Supreme which shall illumine us with the Truth.

Our practice sessions at the Matrimandir Amphitheatre are truly enjoyable, gathering and deepening our collective invocation. We invite everyone to join – as often as you can – to form the large body of beautiful voices carrying the mantra. More male voices are needed for optimal balance, and experienced singers are welcome to join the practice for harmonising voices.

We would also love to have more children and youth of Auroville to join us, so we request parents and teachers to inform and encourage them.

For more details please see the Auronet post: <u>https://auroville.org.in/article/85538</u>

Practice audio based on the melody by Sunil-da can be downloaded from here: <u>https://tinyurl.com/sagayatri</u>

From August 1st we will gather every Sunday, Tuesday and Friday at 6 pm at the Matrimandir Amphitheatre.

Deep gratitude for this collective invocation.

Warmly, Samskritam Auroville and Sri Aurobindo's 150th Birth Anniversary Celebration Team

# FOR YOUR INFORMATION

#### SRI AUROBINDO ASHRAM TRUST Pondicherry - 605002, India (+91-413-2233628)

#### 15 August 2021

The 15th of August 2021 marks Sri Aurobindo's 149th birth anniversary.

In view of the ongoing pandemic, it will not be possible to hold the usual Darshan programme.

Sri Aurobindo's room will remain closed.

There will be no collective meditation around the Samadhi in the morning, or in the Playground in the evening.

Dining Room will remain closed to visitors.

There will be no march-past in the Playground.

Individual Meditation (07:45pm - 08:15pm)

The recording selected for the evening meditation will be available on the Ashram's website: <u>www.sriaurobindoashram.org</u>

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The Ashram Main Building will remain open on this day from:

7:00am to 12:00 noon 4:00pm to 9:00pm

Darshan message cards will be distributed only in the morning.

Birthday Group: 3:30pm

MANOJ DAS GUPTA Managing Trustee RI AUROBINDO ASHRAM TRUST

# Franz writes...

Today, information about Auroville is abundant. Many people try to make meaning out of Auroville – about its conception, to what direction should we grow towards, and, what are we doing here?

But what was Mother's original Dream and what was her Vision for Auroville back then? We now have more materials on hand to go back in time and retrace her steps. This book is a new compilation of texts and quotes that Mother had left for us. It is our choice to contemplate on this, to reflect what we have made out of Auroville, and for what are we here today.

Don't forget we also have to Dream this New World into Being. Don't forget who we are and where we come from and that we are here to do something together.

A paper version of this book is ready for print. But because of the second lockdown, printing has been delayed. We feel that this book is important for us in this time and space, and so we would like to make the text easily available. That is the reason we are first offering the book on a "web book" format, available on a gift economy basis. As soon as it is feasible, we will continue production of the paper version for readers keen to hold a copy in their hands.

> ~ Franz Read the web-book here <u>https://dream.books.prisma.haus/en/</u>

# **Greetings from Prisma!**

PRISMA is happy to begin this note by sharing with you that we were featured in the recently-published June-July issue of **Auroville Today**. In the article, <u>https://books.prisma.haus/avt1.pdf</u>, you can read about how we have fared through the lockdown, and how we are giving shape to a new publishing platform for Auroville.

Last month PRISMA released Janet's book, Memories of Auroville, in the web-book format. We are happy to report that we have received very positive feedback. You can also read a review by Alan in the same June-July issue of Auroville Today.

The web-book concept has evoked interest in many and PRISMA is currently working on over ten web-book projects with more under active conceptualisation. PRISMA will release one or two web-books at a time over the course of the next few months.

In this month we are excited to launch our second web-book, A Dream – Aims and Ideals of Auroville (https://dream.books.prisma.haus/en/).

This is a new compilation put together by Franz Fassbender, who is also the creator of PRISMA. Through an anthology of messages, expressions and responses of The Mother, this book puts forth Her conception of the dream which is Auroville.

#### Books reborn...

As an active publisher, PRISMA has been creating books for many years now, and we consider it a rare privilege to be able to tell the story of Auroville. The lockdown has forced us to reinvent ourselves, and we have chosen to continue our storytelling tradition at PRISMA by creatively adopting modern and open technologies that empower us to convey the story of Auroville to the world collective.

In the last newsletter we shared with you our surprise at the number of visitors to our web projects. At the time of writing this, PRISMA web projects have been visited over 16,000 times by more than 1,000 individuals from over 30 countries. Our surprise turned into curiosity. As we dig deeper it seems that an unforeseen and indirect consequence of publishing books and stories from Auroville openly through the web-book format has allowed random encounters: people who may not be looking for a particular book may stumble across a chapter or a page from our web-book. For us this is tremendously meaningful. These human stories, and these words of the masters can, perhaps, serve as beacons of a luminous future and become signposts for the next generation of Auroville pioneers.

We at PRISMA will continue to create and offer these books on a gift-economy and pay-what-feels-right basis, and we're immensely grateful to the readers who have contributed. In the latest update to the web-book platform we have added a feature wherein you can contribute from the web-book itself.

This new form of publishing is sustained by a community of aware and responsive readers rather than by commercial intents. If readers voluntarily pay authors and publishers, we can create a rich future for digital books. If this doesn't happen—if we accept and settle for the extremely restricted and intensely commercial outlook advanced by contemporary digital publishing monopolies like Apple and Amazon—we will have no one to hold responsible but ourselves for the world we find ourselves in. Through many such small decisions and acts, we, as individuals, have the power to give shape to the world we dream of.

We have made our choices, dear readers, and the rest is up-to you.

# Arulvazhi Education Centre



Dear members of Larger Community and committed friends of Auroville: Arulvazhi Education Centre This centre promotes the educational and cultural needs of rural school going children.

Health and well being of mothers and younger children of Morattandi village.

Periodical seminars to promote participation of larger communities and villages on subjects of mutual interest.

Workshop and seminars that can promote participation of the Tamil population in Tamilnadu—Those who are turned to Mother and Sri Aurobindo's Vision of the future and have goodwill towards Auroville.

An Aurovilian Yoga master Mr. Velumurugan and team are engaged in promoting Traditional yoga practices to the local children of the bio-region .

In a small way encourage participation from Ashram– Auroville–Village–Tamilnadu Centers in some activities.

These are some specialties of this centre.

The seed is directly from the Mother's guidance in 1970, when a handful of children from the Kuilapalayam – the neighbouring village of Aspiration used to assemble at Aspiration playground with tremendous hope and aspiration towards the future. Some of them who had the privilege of Darshan of Mother in those days are now shouldering responsibilities in the community.

In short. Psychic education with value oriented syllabus: here it is promoting to cultivate Mother's qualities that are in Her symbol, flowers and their significance, stories and to feel receptivity to the Force that is working.

This silent work is happening with the collaboration of like minded schools, individuals, and organizations in Auroville and with friends from some centers in a very small way till now keeping the flame burning.

SAIIER and Auroville Foundation have been our Main support so far.

Apart from Yoga master, Muthukumari as a single dedicated person having large experience in working with rural women and children, Nimilaarun a fine arts teacher staying as residential staff with their team are the main hands on Aurovilian staff. They are from the same village with different backgrounds brought up in this atmosphere from their childhood and now making efforts in realizing Mothers Dream.

In the working and planning of the activities of this centre is senior Aurovilian Syamala who had the privilege of participating in Auroville adventure from the formative years

I, Varadharajan and Thillaiganapathi, a senior Aurovilian engaged in many group responsibilities are the executives fulfilling the official formalities of this work.

Sri JV Avadhanulu, Smt.Revathy Sambasivam along with our elder brother Sudhershan form the support group.

I, Varadharajan now proposing to change my status from executive member to support group and relinquish official responsibilities.

If YOU are willing to take up, kindly contact us at: varadharajan1936@gmail.com tel. 2623082, 09442934306

#### **Community Garden Group meets Solitude**



In April 2020 the Community Garden Project was restarted at various communities in Auroville i.e. Creativity, Serenity, Tibetan Pavilion, just to name a few.

We would meet weekly at these communities and help each other to get the gardens going.

After some months, produce started to appear; and after a year, we met again at Solitude and there were many gifts of seeds from different people, and not just in any small quantities! This for me is the proof of the success of the project.

People had felt the need to reconnect with nature vis-àvis where their food comes from, and they had seen that the change was in their hands!

Results have appeared with school-gardens emerging at Last School and Drumstick-Spinach finding its way onto their lunch-menu, along with Air Potato and Green Papaya. The ripple effect of this collective experience can be seen at Deepanam, as well as TLC!

We met for regular pot-luck dinners, which were truly feasts of international cuisines that used local produce. These were also a chance for people to share their experiences and be inspired with new ideas.

In these intimate gatherings a lot of knowledge was shared, – about seasons, recipes, varieties, crop-rotations and practical techniques.

We also started a Garden at the Secretary's Residence opposite Bharat Nivas; and our new Secretary Mrs. Jayanthi Ravi has been enthusiastically gardening with her own hands! We feel this is so encouraging, and hope it inspires all of us to start growing our own food.

Now we are in July, the rains have arrived marvelously, and in a couple of weeks will be the start of the farmers' season.

Every Friday at 4:30 P.M the Community Garden Group meets at Solitude Farm to work in the Community Garden Nursery, preparing seedlings together to plant in all our gardens.

We welcome you to join in this activity, share plants, share seeds, and bring anything that might help further this endeavour.

And all you have to do is show up, to join this beautiful community!

Solitude Farm solitudepermaculture@gmail.com 9843319260

### TerraSoul



TerraSoul Farm Community will start again Saturday Farm tour with optional lunch. booking Ph: 9443434182 or terrasoul@auroville.org.in Contribution required.

Also, we celebrate the reopening TerraSoul farm market Friday's from 9 to 12.30 pm. from the farm to consumer right on the spot.

> Thanking you Juan in Terrasoul

# Cloth pad gifting by Eco Femme

<u>Eco Femme</u> is an Auroville social enterprise which produces and sells washable cloth pads all around the world. In addition to the commercially priced pads we offer menstrual health education and free cloth pads to adolescent school girls and cross subsidised pads to women who cannot afford commercially priced pads – our aim is to ensure affordable access to all.

**ECO** femme We are writing to you today to share an exceptional opportunity to offer free cloth pad kits to women and girls from low income backgrounds. Eco Femme has received a generous donation from a long term supporter of our work and they would be happy if these funds could be utelised to serve women and girls in need of safe reusable menstrual health products.

Women and girls (residents of Auroville) & Women working in units and households, who are not able to afford to buy cloth pads are eligible. We will provide 4 cloth pads each, a pouch and an instruction leaflet.

The interested Women and girls, who wish to switch to cloth pads can visit our office, located in Saracon Campus, Near Ganesh Bakery, Kottakari on **either Tuesday**, **3rd August or Friday**, **6th August at 4:00pm sharp**. This cloth pad gifting is a one time offer and will be limited to maximum of 100 women/girls. First come first service basis will be applied. There will be an instructional session on the proper use and care of cloth pads, this will take a maximum 30 minutes.

This is a great opportunity to start your sustainable menstruation journey!

For any further enquiry, you can reach out to Valli, <u>valli@ecofemme.org</u>, mob. 9159321107.



Revaluing menstruation... because Life depends on it!

Follow us: Facebook| Twitter | Instagram

If you'd like to learn more about our ongoing work, you can sign up to receive our newsletter, 'Periodically'. We

send one per quarter, so you won't find us clogging up your inbox! To see our back issues and to sign up, <u>click HERE</u>.

https://www.youtube.com/watch?v=pCL7wepl80E https://www.youtube.com/watch?v=bQhm06ash3w

> Kathy Walkling, Co Founder and not for profit team leader, +919443135005 Eco Femme, Saracon Campus, Kottakarai, Auroville 605111, Tamil Nadu, India. <u>www.ecofemme.org</u>

# Practice for August 15th at Bharat Nivas



We will be chanting some prayers in Sanskrit, and singing Vande Mataram and Jana Gana Mana during the flag hoisting ceremony at Bharat Nivas on 15th August, 2021.

All are welcome for practice on this Sunday August 1st at 5 pm in Bharat Nivas, next to the Auditorium entrance. Follow up practice sessions will be decided on that day depending on the need of the group.

Warmly, Deven for Samskritam Auroville and Bharat Nivas Team

# Hangout at Center Guest House



Hello again, FINALLY, after several months of inactivity, we are once again allowed to resume our regular "gatherings"! ③

Our next Hangout will once again be at Center Guest House, and this on Saturday, July 31st, from 2.30 – 5.30 pm.

As usual you and your friends and family can come by any time and stay as long as you want, it's totally informal. Whether you want to play games, or just chat with friends or meet new people of all ages please do come on by and join in ... it's fun!

We will have some juices, coffee, tea and cookies for which you will either need to please make a modest donation, or just bring some cake or snacks to share with all.

The usual board games will be available and if you have a preferred game at your home do bring it along and look for partners to play with.

All ages are totally welcome.

I look forward to seeing you again very soon.

Don 🙏

# Auromode Hive – A Co-working Space

Auromode HIVE is a brand-new co-working space in the Heart of Auroville. We are offering attractive memberfriendly subscription plans. Located at auromode campus, it comes with a well-lit, fully air-conditioned, quiet and clean surrounding. Facilities include work desks, high-speed internet, two fully-equipped conference rooms with a projector and white board, printing and scanning facilities up to a3 size, comfortable seating arrangements, a self-service kitchen, restroom, and an outdoor zone.

Our goal is to provide members the finest facilities without compromising on comfort or ambience. Auromode HIVE will be a space for professional development and personal growth where members from diverse fields will get the opportunity to meet and build relationships. Being at the Auromode campus permits easy access to Auromode Guest House, Dining, 24/7 Power Backup and Security, Parking Facility, Aquadyn Drinking Water and other amenities.

We are open from 9 am to 5 pm every day except Sundays. Hope to see you at our Co-working Space.

You can reach at <u>auromodehive@auroville.org.in</u>or call/WhatsApp us on 70921 97375

Our WhatsApp Business Number also contains details on our Subscription plans.

Warmly, Auromode team

AVAILABLE



**Huyundai i10 car** Available. Good condition. Contact 98433 87755.

Thanks, Bobby

# Apartments Available



Despite all the restrictions we have fortunately been able to continue with the construction of Vibrance and work is progressing well.

There still are several flats available of

various sizes from studios to 3BHK. The ground floor spaces can also be customized as work from home or office spaces and have direct access to the radial road.

Please contact us at <u>Sumark@auroville.org.in</u> for more information if you are interested.

Sumark – Construction Service

Office 413 2623 708, Kevin +91 7094956887,

Peter +91 9751378408, e-mail <u>Sumark@auroville.org.in</u> Kriya community, Auroville 605 101, TN, India

Looking forward to hearing from you, Kevin, Michael G., Eric R., Peter K

# **LOOKING FOR**

# Looking for a 2 bhk house/apartment



Hello, my name is Rochna & I have recently moved to Auroville. After living in Mumbai, the search for quiet brought me here. I am a full-time professional straddling two careers: one as a brand & communications consultant & the other as co-founder

of an integrated health start-up. I am also pursuing an MS in Mind Body Medicine from Saybrook University in Ca, USA.

I am eagerly looking for a 2 bhk house/apartment that I can stay in for a year or so. I am a quiet sort working out of my home, and am careful about cleanliness and will look after your home as my own. My cell: +91 91677 79527.

Thank you, Rochna

# Looking for a French speaking person



Dear family, my name is Prachita, born and brought up in Auroville. I am learning the French language at the Language Lab. As I am shy when speaking French and I may make mistakes while speaking with others, therefore, I am looking for an Aurovilians who I could speak French

with, communicate with, better improve my knowledge and get rid of my shyness.

Please contact me email: prachita@auroville.org.in

Thanking you

Prachu

# **Needs a Working Laptop**



Dear friends, We are engaged in various projects and have come to the end of the road with our laptop. We are searching for a computer that could be donated to us, mainly for writing documents and emails.

If you can help please let us know.

Contact : <u>solitudepermaculture@gmail.com</u>

Love, Krishna Mckenzie, Solitude Farm solitudepermaculture@gmail.com 9843319260

# **WORK OPPORTUNITIES**

# Matrimandir has a New Compost Project



Dear Community, Matrimandir is looking for a team to accept the stewardship of the new compost project located just after the Visitor's Centre. The team will be chosen by Matrimandir and FAMC together. If

there are more than one good team, the community will be asked to choose the team for stewardship from these.

# Criteria for the team:

- 1. Need to have one member with localized scientific knowledge of composting.
- 2. Experience in community service management and finance.
- 3. Long term commitment to the project and the capability to regularly supply high quality compost to Matrimandir. There will be an expectation that quality compost will be available after 12 months of starting operations.
- 4. Willingness of the management to invest startup capital costs which shall include the cost of making a safe shed if needed.

# Compost project & assets

(Refer doc "New compost map-NOC-expenses"):

- 1. Fenced & gated 1.5-acre plot at corner of VC and tar road.
- 2. Borewell, pump and overhead tank.
- 3. Three phase TNEB & electrical distribution room.
- 4. Caretaker's room with outside portable toilet-shower.\*
- 5. Shredder machine for kitchen waste and 4 big compost bins set.
- 6. 70x16 meters dismantled metal structure with cement foundation (deemed fully unsafe). Originally built for the process of vermi-composting.

\*Portable toilet-shower has been given on permanent care by the 50th Anniversary group.

Matrimandir was given the specified compost project donation for below reasons and these cannot be changed:

- 1. To regularly supply Matrimandir with high quality compost which is pathogen free (approx. 10 cu.mtr. Per month or 6 tractor loads).
- 2. To collect Auroville's kitchen waste and supply back compost to farms and communities as per a regular service unit operation.

The chosen team will be expected to sign an MoU with Matrimandir and FAMC.

Those interested may write to

# matrimandir@auroville.org.in

Matrimandir Executives & FAMC



# **Online Academy**



Dear Community, We are looking to launch an online academy, where we will be providing various wellness & leadership related workshops and training online.

We are looking for volunteers/

newcomers or Aurovilians who are looking for a **long-term work opportunity** and are enthusiastic to work with online tools and communication-based work. All training will be provided.

If it is interesting for you and you want to learn how digital marketing and PR building works. Basic contribution is provided.

Looking forward for sincere people looking to grow. Who know the basics of computers and the internet. Good basic English will be necessary.

Message us on WhatsApp, Mimansha 9003996080

Regards,

Romel & Mimansha

# **Auro-Orchard Looking for Aurovilians**



We are looking for Aurovilians/Newcomers to join our team as Accounts & Data Manager. Auro-Orchard is a 44-acre farm started in 1968 blessed by the Mother to 'feed Auroville'. We are a diverse team with diverse backgrounds and skills and we would like to have someone to

help us with this crucial role.

Work & Responsibilities:

- Managing the farm sales and expense details.
- Handling and categorising the invoices.
- Compiling and updating data from production, harvests & irrigation.

We are open to discussing how the farm can provide support/contribution for a long-term commitment.

If you are interested, please write to us at auroorchard@ auroville.org.in or you are welcome to visit us Monday – Friday from 7 am – 12 am.

Please feel free to share this with others who may be interested.

Thank you, In Service, Auro-Orchard team

oices ana otes

#### Work opportunities: HR Initiative

HR Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

#### Program Manager

You are a compassionate, caring leader who strongly believes and is committed to our vision. You are accountable, results oriented and pro-active.

You will be responsible for overseeing and organizing programs and activities, marketing and promotions, communications, developing and nurturing partnerships with funders, donors and various stakeholders.

You have a bachelor's degree (or experience with a proven track record), experience in program and team management, understanding of project management, a proactive approach to problem-solving with strong decision-making skills.

You are able to meet deadlines in a fast-paced quickly changing environment. You have strong written and verbal communication skills in English, spoken Tamil and Hindi are a plus. Competency in IT fluency: Microsoft applications including Word, Excel, Outlook, PowerPoint. Full time, maintenance available.

#### Accounts & Data Manager

You will join our diverse team to manage our farm sales and expense details, you will handle and categorize the invoices as well as compile and update data from production, harvests and irrigation. The farm is open to discuss how they can provide support/contribution for a long-term commitment.

#### **Digital Marketing**

You are looking for a long-term work opportunity and you are enthusiastic to work with online tools and communication-based work. All training will be provided. You are sincere and looking to grow. You have basic computer / internet skills and speak good basic English. Basic contribution is provided.

#### And other positions

(please inquire about details)

Volunteers for Auro Orchard

Digital Communication & Community Manager

Senior PHP developer

Marketing Position

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else.

You can find us at hriauroville.org or

hr\_hub@auroville.org.in



Dear Aurovilians,

Enjoy the last podcasts of your favourite radio. Stay tuned!

<u>Here you can listen</u> to the stream channell (playing 24/7).

<u>Here you can see</u> on-air schedules.

#### Last published podcasts:

<u>Soul Tracks – The Mayfly Sessions, ep. 12 "My 1980s</u> <u>Part 3" (Music)</u>

<u>Audible Weed Walk – ep.51 "If I grow wild weedy</u> <u>greens, will it still be wild?"</u> (Food education)

<u>Neo Urban Chronik – S2-Ep.3 "Declarion of no inter</u> <u>est"</u> (Humour) <u>Savitri, B. X, C. II, Part 4</u> (Integral Yoga)

<u>Happiness, Love and Laughter – ep.106 "From Struggle</u> to Strength!" (Soul Wellness)

Marlenka's Weekly Offering - ep.29 (Integral Yoga)

<u>Une série hebdomadaire de lectures par Gangalak-</u> <u>shmi – 360</u> (Integral Yoga)

<u>What do you know – ep. 15 "The Seven Tetrads of Inte-</u> <u>gral Yoga by and with Giacomo" (Yoga & Philosophy)</u>

....and more! on <u>www.aurovilleradio.org</u>

For more information write to <u>radio@auroville.org.in</u> *Peace and Love* 

AUROVILLE RADIO

# **COBRA'S KISS**



According to a legend, the Mother asked the queen cobra in Auroville: "Please don't bite Aurovilians." The snake answered: "Yes, but let the citizens not to kill snakes." Usually there is a peaceful neutrality in the city between people and reptilians.

But once I visited the Grace community and saw a dead Russel viper - big beautiful poisonous snake. I asked why the members of the community killed the viper.? They said: "This snake has bitten a dog and the mammal died after twenty minutes. There was a danger for the children of the community.'

Some years ago, Goupi lived in the Djaima commu-nity. In Sanskrit, "Djaima" means "Mother's Victory". Once Goupi saw a cobra in the community. It was big and so beautiful! Goupi forgot about the danger and took the snake by hand. But the cobra didn't like it and bit him in his thumb. Goupi felt that pain moved up through his arm. He had a black stone in his house. It is not a real stone but an organic remedy against the poisons. Goupi put this "stone" on his finger and felt that poison moved through his arm in the opposite direction. After twenty minutes or maybe half an hour all poison had gone out, but the finger stayed a little bit deformed afterwards.

In Tamilian, a snake is "pambu" and cobra "nalla pambu" or "good snake". It is a symbol of Shiva. In San-skrit Naga means a serpent, a snake god who inhabits the nether-world.

In the north of India there is a territory with the name Nagaland. Every year in India thousands die from snake bites. In Auroville there are about thirty species of snakes, only four of them poisonous: Krait, Cobra and two species of Viper.

Rudyard Kipling, a Nobel laureate, wrote about the fight between a mongoose and cobra in one of his fairy tales. I have been living in Auroville for about thirty years, Jean in Two Banyans – more than fifty years. We didn't see any battle between a mongoose and cobra. The mongooses are more numerous than cobras in the city. Maybe the mongooses regulate the number of cobras in the city.

The snakes are a very important component in the ecosystems. They are not vegetarian and keep the rodent's population on the low level. For Aurovilians the respect of serpents is a part of the normal ecological consciousness. Let every God's creature feel comfortable and safe in our city.

Boris

# THE PLIGHT OF THE COWS



I have been following 1 family and its cows carefully now for an entire year. Here is what happens to you if you are born a cow in the villages around Auroville

1. At the age of 2 you suffer the insult of artificial insemination. While you are not producing milk, you fend for yourself at garbage dumps and perhaps the owner will feed you a little watery food each day.

2. Approaching your delivery time you are tied up on a 2-foot rope and fed. There is no chance to escape with your baby.

3. After delivery the calf is tied away, no matter how much you and your baby cry for each other. It will be brought to start the flow of milk and then pulled away within seconds each time. After the 'owner' has squeezed out every drop it will get a chance at its mother's udders but will end up starving. A little food is fed by the owner just to keep your calf alive. The calf hardly grows and spends all day tied in the sun or rain on a 2-foot-long rope with little food and water.

4. You are left to fend for your food and roam the streets and fields during the day. Since you are milked twice a day, your udders are full and you are desperate to be milked. A calf would feed several times.

5. After a few months you are subject to the insult of artificial insemination again. Now you are pregnant and lactating at the same time. About 6 months later, when you are no longer producing milk, your calf who is about 9 months old by now and still looks tiny will be set free to fend for herself if she is a female. If he is a male he goes for slaughter.

6. As your delivery date approaches you are tied up on a rope two feet long all day.

7. Once the second delivery takes place, the story repeats itself but not for long. Eventually you are spent and you go to slaughter with your male calf since it's no longer commercially viable to keep you, and you cannot keep producing babies and milk.

We can choose compassion everyday by choosing what we eat but they have no choice.

> Dr Nandita Shah, SHARAN Auroville Aurelec Premises, Kuilapalayam, Auroville 605101 TN, India, 0413 2622637

# **CLASSES AND WORKSHOPS**

# **CARPENTRY WORKSHOP BASICS & INTERMEDIATE** 11TH - 14TH AUGUST 2021



The carpentry workshop is devel-GreenPracticer oped by Auroville Consulting by partnering with Walter at Pitchandikulam. During the 4-day event,

from 9 am to 4.30 pm, the participants will get introduced to the basic methods and techniques such as wood carving and wood turning.

You will also be introduced to interesting concepts like tensegrity and joinery. We welcome Aurovilians, Newcomers, and registered guests to participate, minimum contribution required.

Please write to us at: register@agpworkshops.com



# TANGO CLASS

Every Monday At Cripa Beginner class 6:30 to 8:30 For the more information call Mani: 8637633696

# SALSA CLASS

Every Tuesday, New Creations dance studio Beginner class 6:15 to7:30pm Intermediate 7:30to 8:30 pm For the more information call Mani: 8637633696



### SAVITRI BHAVAN

August 2021

# HAVAN

#### Exhibitions

**Meditations on Savitri** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery

 $\ensuremath{\textbf{Glimpses}}$  of the Mother Photographs and texts In the Square Hall

**Sri Aurobindo** A life sketch in photographs In the Upper Corridor

#### Films

#### Mondays 4pm

In this month we present recordings of some of the Dr. M.V. Nadkarni Memorial Lectures given at Savitri Bhavan.

The late Dr. M.V. Nadkarni was a great Savitri-lover, scholar, teacher, devotee of Sri Aurobindo and the Mother and opened doors to Sri Aurobindo's Savitri for thousands of people. These videos can also be accessed on the Savitri Bhavan website.

#### August 2: SAVITRI – The Way of Love

The first Dr. M.V. Nadkarni Memorial Lecture was given by Narad (Richard Eggenberger). Duration: 64min.

August 9: The Rainbow Bridge – Sri Aurobindo's SAV-ITRI as a mantra for transformation by Sonja Dyne

Duration: 73min.

#### August 15: The Yoga of the Earth. Special Film on Sri Aurobindo's Birthday at 4pm and 4:45pm

The sensitive and meditative film is a new version of 'About Savitri' from Book 1, Canto 1, The Symbol Dawn of the poem Savitri in which the Mother shares her unique insights into the past and future of our planet. Duration: 32min.

August 16: Journey of Love – The third Dr. M.V. Nadkarni Memorial Lecture was given by Dr. Alok Pandey. Duration: 77min.

August 23: Love – The Truth that Saves was by Dr. Larry Seidlitz. Duration: 54min.

August 30: Surrender in Savitri Jamshed Mavalwalla speaks about the subject Surrender in Savitri and correlates the passages from Savitri. Duration: 63min.

#### Full Moon Gathering

Sunday, August 22, 7.15-8.15pm in front of Sri Aurobindo's statue

#### Mudra-Chi

A Body Prayer in Tai-Chi Form based on Mother's Mudras. Facilitator: Anandi. Saturday, 7th August 2021 at 5pm

#### **Regular Activities**

Sundays 10.30-12 noon: Savitri Study Circle

Mondays, Tuesdays 3-4pm: Psychic Awakening led by Dr. Jai Singh

**Tuesdays, Fridays, Saturdays 4-5pm**: L'Agenda de Mère: listening to recordings with Gangalakshmi

Wednesdays 9-10am & Saturdays 3-4pm: Introduction to Integral Yoga, led by Ashesh Joshi

**Fridays 3-4pm**: Reading of the Mother's Commentaries on the Dhammapada, led by Dr. Jai Singh

Saturdays 4-5.15pm: Satsang, led by Ashesh Joshi

Exhibitions, Main Building and Office are open Monday to Saturday 9-5. Library is open Monday to Friday 9-5

The Digital Library can be accessed on request Monday to Friday 9-4.

Everyone is welcome

# SAVITRI – THE WAY OF LOVE

The First Dr. M.V. Nadkarni Memorial Lecture By Narad (Richard Eggenberger).

## Monday, 2 August 2021, 4pm at SAVITRI BHAVAN. Duration: 64min.

Late Dr. M.V. Nadkarni was a great Savitri-lover, scholar, teacher, and devotee of Sri Aurobindo and the Mother who introduced thousands of people to Sri Aurobindo's Savitri.

Narad met Dr. Nadkarni and his family in the 1960s at the East-West Cultural Center in the USA. In those early days, many other young and devoted souls were seeking enlightenment and eagerly absorbing the writings of Sri Aurobindo and Mother.

Narad's inspiring and touching lecture explores many beautiful passages on Love occurring throughout the poem. For him, Savitri is the Way – and on this Way Love shall guide us, inspire us, heal us, and one day transform us.

At the end of the talk, Narad also shares some disciples' recollections of their special experiences with Sri Aurobindo and his light and love.

The video talk can also be seen at the Savitri Bhavan website.

### **MUSIC COURSES**



1. Musical Aural training/Solfeggio, aims to develop a sense of pitch and rhythm, through individual and group exercises, and thus allow one

to translate sounds into and from Musical notation.

2. Harmony, Music Theory & Counterpoint, aims at giving us the tools to understand how different types of music are built, and also help us to create our own musical compositions.

3. Music Composition is where we look at and discuss different topics relevant to composers, and we also look at different compositions, as well as our own pieces, and we create different exercises to help us become more fluent in writing/composing our own music.

These are courses loosely based on international Music Conservatory Programmes as well as musical higher studies, but flexible to our own informal setting, and adapted to suit our different levels.

Open to all. Regular attendance is encouraged.

Limited places. Basic to advanced levels.

For further information, and if interested, please contact Pushkar at <u>pushkar@auroville.org.in</u>

#### **DANCE OFFERING**

Listening – Allowing – Unfolding – Celebrating – Offering



Dear Dance & movement practice lovers, we are restarting Dance Offering sessions.

Welcome into this circle of contemplation, mindfulness, connections, expression, celebration with like-minded communities.

We would like to change a few things: coming

on time, leaving when it is complete together & contributing as an exchange....

And for NOW, ONLY EVERY SECOND WEEK! Mondays at 5.15 pm to 6.45 pm on 2, 16, 30 August & 6, 20 September. In Harmony Hall Bharat Nivas

# DATA STRUCTURES AND ALGORITHMS COURSE BY STEM LAND



STEM land is offering an intermediatelevel course on data structures and algorithms using Python. Basic knowledge of python is a prerequisite.

This course is aimed to bring a positive impact on how one thinks and codes by enhancing their proficiency at Data structures and Algorithms.

It will start with the smallest primitives and move to queues, stacks, trees, hashes, graphs and also look at the algorithmic aspects of loops, recursion, memorization, dynamic programming, and backtracking. In specific, the goal is to look at the space and time complexity of these and speed improvements.

The first six sessions will be on continuous Saturdays – 7th, 14th, 21st, 28th August, and 4th and 11th September from 11:00 a.m. to 1:00 p.m. Those completing the first six modules will continue the course on more advanced topics.

The course is being offered by Vaidegi G who worked at Aura Auro. She also worked/working on projects like B2B e-commerce website backend (monolithic), Uber Optimization (AdTech), Uber Riders, Data Engineering, Banking backend built by Microservice architecture and System design. She is currently working as a Tech lead in Accenture Bangalore. To enroll in the course, please write to ganesh@auraauro.com

# Regards, STEM Land team

# AWARENESS THROUGH THE BODY WITH ROSA

Rosa is getting ready to re-start ATB regular sessions with adults. There will be different days and venues, so please if you are interested write to <u>rosa@auroville.org.in</u> to find the most appropriate for you.

Please be aware these will not be dropping classes. Only registered people will be allowed to join... the first two sessions will keep open for those who want to give themselves a try, but after that we will request regularity to be able to go deeper and to explore our many selves creating together a safe space for it.

So if you are interested, if you know someone who may be interested to join us, please share this info and send your email. There is a limited number of participants on the basis of first come, first get in.

# **ART SESSION SCHEDULED FOR AUGUST 2021**

CREEVA has been open to support and educating artists and those who are curious to explore their potential in drawing and painting.

- Watercolor Landscape by Sathya, (2nd, 9th, and 23rd of Aug) Mondays 5-7pm.
- Painting The Music with Sangarabranan on Wed 9:30-11:30AM.
- Leaf Me Alone by Bhavyo, Thursdays 2-4pm.
- Exploring Color by Audrey, Fridays 9.30-11.30am.

• Figurative Life Drawing with Audrey, Sat. 9-11 am.

Welcome to "Open Studio" It provides all kinds of art materials and space to work on your own exploration of visual art. Monday to Friday 9:30am-4:30pm.

Contact: Audrey 0413-2622641, Sathya 9486145072. <u>creeva@auroville.org.in</u>

Creeva Studio, Creativity, Auroville.

Warmly, Sathya

# YASHI'S BOUTIQUE & CAFE \* DESSERTS

Croissants from The Bakery, Cakes by KALLIA, Tiramisu by Delicious Bites, special-order Sandwich Bread from Gastronómica, cafe serving-pieces special-ordered from Murugan Pottery, Bamboo-Lemongrass Tea blend from the Bamboo Centre, coffee beans from Marc's Cafe... with ice cream coming soon and the Boutique being a showplace of several local and AV Artisans.

Cafe items, including teas and coffees, will be discounted for Volunteers, Newcomers, and Aurovilians.

Auroville Rd, Kuilapalayam, 605 101 XRRH+8F Kuilapalayam, Tamil Nadu

0413 2950817 open 9am -9pm,

closed Wednesdays, free WiFi



# SOUL OF SOIL Auroville & Kazhuveli Bio-Region Eco Experience Program

Touch • Ride • Feel • Taste • Hear • Discover • Experience

# Coming Soon Steam & Diet Café



Mohanam Steam and Diet Cafe is a speciality restaurant creating handcrafted, wholesome and nutritionally balanced healthy recipes using traditional ingredients and herbs. We will be soon open for lunch, dining and takeaway.

For more information contact us:

mohanamprogram@auroville.org.in, 8300949079

# Opening Arimugam Help Desk at Mohanam Village Heritage Centre:

Do you know about the Mohanam Village and Heritage Centre?

The first cultural centre in the bio region, established more than twenty years ago to bridge villages to international community by strengthening art and craft segment. Mohanam believes in the power of connecting individuals through specialized network and cultural exchange programs.

Come and meet us at "Arimugam help desk" a network that acts like an assistance centre, unique to the bio region.

The goal of Arimugam would be to provide the needed and necessary information, network and linkages to the newcomers, guests and visitors and enable them to facilitate their interaction with the bio region.

Arimugam is on a mission to enhance the relationship between Auroville and surrounding villages to empower the community.

We invite you to reach out for art, craft, agriculture and culture related projects related to empowerment, livelihood and impact creation.

Join us if you are interested to learn, collaborate and if you are looking for mentorship.

For more information contact us:

mohanamprogram@auroville.org.in, 8300949079

CREEVA



# BAMBOO CENTRE TRAINING PROGRAM FOR AUGUST - 2021



Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree.

# **Training And Workshop**

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

The Auroville Bamboo centre offers training to individuals and groups in:

# Bamboo Camp in Kodaikanal 24th to 28th of August

Guided Tour (1. 30 hr) Every Saturday 11 to 12.30

Come and enjoy every Saturday guided tour through our bamboo farm and campus

Meeting Point: Mohanam Campus, Auroshilpam, Near Color of Nature

# **Make and Take Workshops**

- Bamboo Toys
- Bamboo Musical Instruments
- Bamboo Jewelery

Every day in the month of August in advance booking 10.00 am to 12.00pm or 2pm to 4pm

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Contribution: Contributions requested from guests/ Volunteers.

Flexible training dates offered to groups Contact: voice call and Whatsapp 8300949081 bambooworkshop@auroville.org.in, www.aurovillebamboocentre.org

## **PITANGA PROGRAMME FOR AUGUST -2021**



Pitanga Cultural Centre, Samasti, (0413) 262 2403/2622994 <u>pitanga@auroville.org.i</u>n

Advance registration required

# Yoga Iyengar

Asanas women's only	Level 2, Regular practitioners	Mon	11.00 – 12.30pm	Tatiana
Asanas regular practitio- ners	Level 1 & 2	Tues	5.00 – 6.30pm	Tatiana
Asanas for the spine	Drop, all levels	Wed	4.00 – 5.30pm	Tatiana
Asanas	Mixed level	Thurs	7.30 – 9.00am	Tatiana
Asanas special practice	Level 2 & 3	Sat	9.00 – 10.30am	Tatiana

# Yoga – Mixed Style

Yoga Therapy	Drop in all levels	Mon, Wed, Fri	8.30 – 10.00am	Gala
Asanas	for children 7-9 yrs	Sat	10.00 – 11.00am	Gala

# **Other Exercises**

Self shiatsu	Drop in french & english	Mon	4.15 – 5.30pm	Patricia
Self shiatsu	Regular practitioners	Wed	5.15 – 6.45pm	Patricia
Aviva exercise	Drop in for women	Thurs	4.30 – 5.30pm	Suriya- Gandhi
Pranayama	Regular practitioners	Fri	6.45 – 8.00am	Francois/ Namrita
Feldenkrais	Drop in	Fri	5.15 – 6.45Pm	Shari
Discover energy body	For children 7-9 yrs	Sat	11.00 – 12.00pm	Gala

# Dance

Odissi	Regular	Fri	3.30 –	Paliba
Dance (*)	Practitioners	Fri	5.15pm	Rekha

# **Health Care at Pitanga**

- Thai Yoga Massage, Chi Nei Tsang with Juan
- Ayurvedic & Birinda Massage with Kumar

**Note:** Please bring your own yoga mat and piece of cloth to cover the yoga props and if you have your own yoga belt please bring it.

There are limited places. First come, first served. Please register in advance.

# **QUIET HEALING CENTER**



www.quiethealingcenter.info/quiet@auroville.org.in +91 413 2622329/+91 9488084966 (mobile)

# **Regular Offerings August 2021**

Therapeutic Treatments	Therapists	
Acupuncture	Linda	
Aquatic Bodywork	Daniel, Dariya, Friederike,	
(Watsu®/Oba®/Liquid Flow)	Guido, Orev, Petra	
Ayurvedic Massage	Marcia, Kumar	
Ayurvedic Birenda Massage	Kumar	
Body Psychotherapy	Marcia	
Deep Tissue Massage	Andrei	
Foot Massage / Reflexology	Sheida	
Homeopathy	Michael Z.	
Individual Meditation Ses-	Samrat	
sions	Sumu	
Kahuna Massage	Anwar	
Physiotherapy (Pt)	Jussi	
Reiki	Tania	
Thai Yoga Massage	Andres, Sheid	

# JIVA – YOUR JOURNEY IN HEALING AND TRANSFORMATION



"Jiva" is a growing collaborative of highly experienced therapists living in Auroville. Therapy, Workshops, Retreats and Courses and Classes. We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution

Acupuncture, Shiatsu, QiGong, TaijiChuan, Energy work, Fasting. Natural Horsemanship, Horse assisted Therapy, Vedic Astrology, Medical Clowning, Yoga Nidra, Gentle Birth & Pregnancy, Integral Regressiontherapy, trauma therapy, advanced classical homeopathy.

www.auroville-jiva.com, contact@auroville-jiva.com, Whatsapp 9626006961

Facebook https://www.facebook.com/groups/1025676841155617

# **Holotropic Breathwork**

30, 31 July & 1 Aug 2021



Intense breathing technique results in a "holotropic state" bringing on an increase in life energy.

Presenter: Fr Thomas Kurianthanam, trained in the US, and representing

Grof Transpersonal Training (GTT) in India and Sri Lanka. Thomas Kurianthanam has been offering holotropic breathwork retreats and workshops since 2016, to over 1200 people mostly in India and US. Thomas K C represents Grof Transpersonal Training (GTT) in India and Sri Lanka.

All info and registration: <u>Contact@auroville-jiva.com</u> WA 9626006961

# The Way of the Sufi

#### Retreat with Nirupam Gyan, 4 – 8 Aug 2021

Find yourself whirling...



<u>gL9ZptVY&feature=youtu.be</u> Sufi Zikr & Whirling, Sacred Gurdjeff dances, active meditations, breath, dance... woven together magically..

https://www.youtube.com/watch?v=2cv

Your heart will open wide, your mind still... you see the world flying by...

Sufi Whirling is an ancient transformative practice The Sufi Way Retreat is a life changing event ,

Nirupam Gyan sufi is sharing Sufi & Gurdjeff & more internationally for over a decade, 3 previous workshops here have met with an overwhelming response.

Photos of the retreat:

https://www.facebook.com/groups/1025676841155617

All info and registration Sigrid, WA 9626006961 <u>contact@auroville-jiva.com</u>

# **Gurdjeffs Sacred Dances**

13-15 Aug with Nirupam Gyan



physical, the emotional and the intellectual. Ihrough the unusual combination of movements, the asymmetry, the will to break habits, they help us to acquire a new quality of presence. It's a meditation through the movements. While being in the movement, we may experience the stillness inside, and be simultaneously aware of our inner and outer space.

Facilitator Nirupam Gyan, Venue Pavilion of Tibetan Culture, Organised by JIVA

contact@auroville-jiva.com WA 09626006961

**Regular classes** Natural Horsemanship and Horse Assisted Therapy with Mirrabelle and 7 horses of all seizes and characters <u>www.auroville-jiva.com</u>, <u>contact@auroville-jiva.com</u>, Whatsapp 9626006961

# **ARKA WELLNESS CENTER & MULTIPURPOSE HALL**

\*Covid SOP must be followed.

2255	r	1
Treatment	Practitioner	Time
Body Logic & Deep Tissue	Pepe	Monday to
Massage.	9943410987	Saturday
Cranio Sacral, Lomi Lomi Kahuna Massage, Bare Foot Body Massage.	Silvana 9047654157	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Hair Cuts, Hair Colouring, Henna Colouring.	Meha 9443635114	Monday to Saturday
Ayurvedic Marma Massage.	Roberto 7548872194	Monday to Saturday
Orthopedist & Naturopath offering Foot Reflexology & Metamorphic treatment fol- lowing Haptosynesia.	Alexandre 9500278523	Monday to Saturday
Shiatsu, Thai Yoga Massage,		
Osteothai, Somatic Body- work.	Marco 8778839827	Monday, Friday & Saturday
Chinese Fire Cupping and Moxibustion Therapy.	Chun 8098900708	Monday to Saturday
Psycho Spiritual Tarot, De- conditioning Self-Inquiry & Inner-Voice Dialogue. Also in French.	Antar- joti 0413- 2623767	Monday to Saturday
Ayurvedic Massage, Garsha- na with wool and silk gloves, Chinese Anmo and Energy Techniques .	Mukta 9655422346	Monday to Saturday

CLASSES			
Acro Yoga	Damien 9047722740	Monday to Saturday	
Pilates Classes	Teresa 7867998952	Tues & Thurs 7:30-8:30am. Appointment.	
lyangar Yoga	Olesya 9159052743	Mon, Wed, Sat 6:30-8:00am. Mon, Thurs, Sat 5:00-6:30pm. Tue 5:00-6:30pm Regular Students only.	

# **IMPORTANT INFORMATION ABOUT NEWS & NOTES**

# HARD DEADLINE FOR SUBMISSIONS OR CANCELLATIONS: TUESDAY 3PM FOR THE ISSUE TO BE PUBLISHED THAT SATURDAY (THOUGH THE DIGITAL VERSION GENERALLY GOES OUT ON THURSDAY)

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy. **How to submit material**: Material (no pdf files, please) may be sent (in English only) to: <u>newsandnotes@auroville.org.in</u>.

Please do NOT send submissions and inquiries as a "Reply" to the digital subscription mail. There is NO guarantee that anyone will see communications sent this way!

Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm. Please do your best to submit copy that is ready for printing (i.e. Word shows you typos, extra spaces, punctuation errors, etc – don't make us do all the work!).

We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

Articles for the Notes section should ideally be no longer than 500 words.

Visiting hours: Hit or Miss. Call first or email for appointment.

**Disclaimer**: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall: 0413-262-213



NN 881 - 31 July 2021

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News & Notes

#881 A weekly bulletin for residents of Auroville 31th July 2021

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