

News Notes

#885 A weekly bulletin for residents of Auroville 28th August 2021



KingFishers in Aurodam

Painting by Roy

The Ponder Corner

The psychic being works with perseverance and ardor
for the union to be made an accomplished fact,
but it never complains
and knows how to wait for the hour of realization to come.

The Mother



House of Mother's Agenda

22 November 1967

(continued from last week)

Mother: Shall we translate this? (Mother translates into French the "prayer of the cells in the body")

Now that by the effect of the Grace we are slowly emerging out of inconscience and waking up to a conscious life, an ardent prayer rises in us for more light, more consciousness:

"O Supreme Lord of the Universe,
we implore Thee, give us
the strength and the beauty,
the harmonious perfection
needed to be Thy divine instruments upon earth."

So?

Aren't you convinced?

Why don't you try?

Satprem: But I do! That's why I asked you the question. I am not doubting anything. I asked you how it's done, that's what I don't see.... For instance, I shave every morning. Well, in the morning you are dazed, tired, the mind doesn't work, the vital doesn't work....

Mother: Yes, it's an excellent opportunity.

Satprem: Well, yes, so that's what I do! But I tell you, I just don't see, I don't. I don't know how it can be stirred – it doesn't stir.... It doesn't stir unless I apply the mind or the vital or the heart.

Mother: Bah!

Satprem: It's not that I doubt! I say that my body is a donkey, quite possibly, but I don't doubt.

Mother: It's not a donkey, poor thing! (Mother laughs)

Satprem: Doubt there isn't. But there is a question on the "how," that's what I don't know.

Mother: That problem never arose for me, because... When you do music or when you do painting, you very clearly notice how the consciousness permeates the cells and those cells become conscious. This experience, for instance: there are objects in a box, and you say to your hand, "Take twelve of them." The hand goes like that, without your bothering about it, and it finds the twelve (without counting, just like that), it takes the twelve and gives them to you. That's an experience I had long ago; when I was twenty I began with experiences of that kind. So I know, I knew how the consciousness works. You understand, it's impossible to learn the piano or painting without the consciousness coming into the hands, and the hands become conscious **INDEPENDENTLY** of the brain – the brain may be busy elsewhere, it doesn't matter in the least. Besides, that's what happens in those people who are called "sleep-walkers": they have a consciousness belonging to their body, which makes them move about and do things quite independently of the mind and the vital.

Satprem: I mean that when I am shaving in front of the mirror, if within myself I don't apply the mantra or an aspiration from the heart, well, it's an inert chunk shaving, and in addition the physical mind keeps running. But if I apply a mantra or a mental will ...

Mother: No! It's THE BODY that ends up saying the mantra spontaneously! So spontaneously that even if you happen to be thinking of something else, your body will be saying the mantra. Don't you have that experience?

Satprem: No.

Mother: And it's the body that aspires, the body that says the mantra, the body that wants the light, the body that wants the consciousness – you yourself may be thinking of something else, Tom, Dick or Harry or a book or anything, it doesn't matter.

But now I understand, I understand very well! In the beginning I didn't, I thought I had been made supposedly very ill in order to stop the life I led downstairs (Since the "illness" of 1962, Mother has not left her rooms upstairs.) – the life I now lead is far more busy than the one I led downstairs, so... I wondered why, whether it was a transitional phase. But now I understand: cut off – I would keep fainting. What made the doctor declare that I was ill is that I couldn't take a step without fainting: if I wanted to walk from here to there, poff! I would faint on the way; I had to be held up so my body wouldn't drop to the ground. So the doctor's decision: to bed and no moving. But as for me, not for one minute did I lose consciousness! I would faint but remain conscious, I would see my body and know I had fainted; I didn't lose consciousness, the body didn't lose consciousness. So now I understand! The body was cut off from the vital and the mind and left to its own means; and then little by little, little by little...

I remember, for instance, all that the doctors do: they give you vitamins, this and that. All right. So as soon as I had taken those vitamins, I saw that sort of physical mind start stirring and stirring and stirring: "Vitamins," I said, "I don't want them, they cause excitement in the brain." Then they changed and gave me something some other time, and that was good. And all that, all of it was simply THE BODY: all that it knew, all the experiences it had had, all the mastery from all the parts of the being, from the vital to the mind and above, all of that was gone! And this poor body was left to itself. Then, naturally, little by little something was rebuilt. For a long time I remained unable... unable to do hardly anything (a little something, but hardly anything), but little by little it all was rebuilt, increasingly rebuilt: a conscious, purely conscious being – which is now chattering away! (It was unable to express itself.)

(to be continued next week)

Volume 8. 1967:

Agenda of the Supramental Action
Upon Earth

NSW 885 - 28 August 2021

L'AVENIR D'AUROVILLE / ATDC TAKES A STAND



We were invited by GM Facilitators – Elisa, Jesse and Julia – to participate in the GM to be held on the 20th, titled 'How Can we Manifest the Crown Corridor together harmoniously?'.
We're thankful for the invite and appreciate the enthusiasm. We are confident that the GM will bring forth some clarity to all and will give space to individuals to speak.

As for L'Avenir d'Auroville / ATDC stands, we have communicated to them that we're still in the process of surveying the crown circle, and we shall engage the community once it is done.

Here's our response regarding your Three Topics:

1. What is TDC's and WCom's proposed plan and timeline with regards to the Crown Corridor?

The work that we're doing at present is not a newly proposed plan. Of course, everyone in the community knows and uses the patches of the existing crown and longing to see it finished. This is based on the community-approved Master Plan of 1999, which was subsequently gazetted by GOI in 2010. Auroville as a community has been working on the Crown since 2008 and we have received and utilized donations and other grants on this project for more than a decade. At best, the current ATDC proposes to finish the long-pending Crown at the earliest.

We acknowledge there have been three major impediments to the completion of the crown:

- Concerns related to the existing structures and some valuable trees
- Concerns regarding mobility
- Privately owned lands

At present, we are trying to do the following to assuage these concerns:

- Proper survey to recognise and reconcile with the ground realities. This is ongoing and an important factor to know and understand before discussing further and to avoid phantom issues.
- We believe everyone in the community shares the concerns related to mobility. Moreover, the Mother herself envisaged slow-moving (15km/h) electric vehicles, sans any noise or pollution, and public transportation. We're working on a mobility plan which can be launched in a phase-wise, realistic manner. We're thinking about restricted or alternate access to heavy vehicles. We request the interested and qualified community members to participate in this deliberation.
- Once we demonstrate that we're serious about the Crown on the Auroville-owned lands, we can persuade the external parties. We need to pave the way and stand as an example. No pun intended.

2. What is an update on the surveys of Bliss Forest, Centre Field, Darkali, and the Youth Centre?

As mentioned earlier, the survey is not yet complete. We've met these communities on-site and are very thankful to them for being open-minded and forthcoming to the idea of the survey. After the survey, we shall discuss with them again and find solutions for their concerns. We shall update the community at large in due course.

3. How will the wider community be included?

At present, we are planning a slew of workshops to discuss the Crown elements. We encourage you to participate in the community engagements conducted by ATDC and voice your opinions and suggestions.

Amazingly, the community has grown up and stands together at the prospect of building the city. We are all working towards a unified goal, only different words, and understanding. We are conscious people who have joined with the community with awareness.

We request the community to work with us and contribute constructively.

Regards,

Anbu, Elaine, Lakshay, Saravanan,
Sreevatsa, Toby & Vidhya, ATDC

COVID LOCKDOWN CONTINUES

Dear Community, this is to inform you that the Honorable Chief Minister of Tamil Nadu has issued a press release extending the lockdown until 6 September 2021 at 6.00 am with some additional relaxations.

Some excerpts of the additional relaxations are given below. The translation of the text of the press release is available at this link.

Please remember to continue to apply all due precautions of wearing masks and maintaining distance when interacting with others and in public spaces/facilities, and regularly washing hands or using sanitizer.

Summary of additional relaxations:

*For Covid: SOP = Standard Operating Procedure

- Schools for grades 9th through 12th, colleges, diploma courses and employment training/skill development programs can operate in Tamil Nadu from September 1
- The opening of classes 1 to 8 will be discussed after September 15th.
- Public access to beach shores shall be permitted.
- Creche shall be allowed to function provided
- Swimming pools can open only for practice sessions with 50 per cent occupancy
- Zoos, botanical gardens and boat houses will be operational from the 23rd August.
- Shops and businesses can be open till 10 pm.
- Permission to open theaters with 50% seats.

Note: The Tamil Nadu and Central governments are strongly encouraging everyone working in the above fields to be vaccinated.

However, it is still a personal choice and not a legal requirement.

With best wishes to all, The Working Committee
(Anu, Arun, Chali, Hemant, Partha, Sauro, Srimoyi)

DEAR TOWN HALL USERS



The Town Hall Space allocation team would like to keep you informed about the changes taking place in the spaces allocated in the Town Hall. Sorry for the late info! Here below a sequence of time-line of communication and progress events in regard to this.

On Wednesday 21st July'21

The Auroville Town Development Council /ATDC sent a request to FAMC/BCC and PCG to use the full second floor of the Townhall. It was copied to the WCom and Townhall Space allocation team.

On Friday 24th July'21

The FAMC and BCC had a meeting with the ATDC team and all together they found a common ground. In principle, FAMC/BCC have expressed their openness to move as soon as an appropriate new space would be found.

The idea was shared, that the approval from FAMC to the earlier wish of Radio to move to the 2nd floor of the Archive building would be the best solution, and then to explore together with Radio and Outreach Media what help would be needed also in regard to funds needed. FAMC informed both of them about this. The idea was to relocate the Radio, dismantle the separation wall between Radio and Housing Service and share the full area between FAMC/BCC and Housing Service.

On Saturday 25th July'21

The Townhall Space allocation team was informed about this proposal and agreed to support this.

In the meantime, the big open space on the 2nd floor of the Town Hall building was freed in case the ATDC would need it immediately. The ACUR office table was moved from the second floor to the first floor which was used by the Residents' Assembly Service (RAS) earlier. BCC extra tables were removed from the open space.

Meanwhile the Housing Service was informed (Ole, Alexey, Venkatesh, and Savithri) about this proposal.

On 5th August

Information from Fabienne (Outreach Media) was shared with us regarding the moving of Radio to the Archives building. It is a priority to move the Radio, which seems the most urgent to reallocate, which includes all the technical parts: Internet, UPS, Generator etc. Sound wizard has already seen the place and given a quotation. Fabienne will be back on Sept 3rd to take it further. However, the work will take some time.

On Saturday 14th August'21

In a WhatsApp call with 3 members of the Space Allocation team, Stefano was asked whether there was any possibility for the Radio to move soon. He clarified that it is not possible to move any part of the Radio furniture separately, but that the studio has to be built first in the Archives building. He expects the funding will be available soon, and he hopes the FAMC will give the green light very soon. The soonest he expects to be able to move is by the end of this year. We received notice from Stefano that he will return to Auroville on Thursday 19th Aug'21

We'll keep you updated with further information on this as things progress.

*Warm regards, The Space allocation team
Inge (BCC), Ganesh (Council), Bharathy (Net admin)
and Annemarie, Donata, Laxmanan (ACUR team)*

FROM THE ENTRY SERVICE – ES # 096

Dated: 28-08-2021

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to entryservice@auroville.org.in.

We thank you in advance.

NEWCOMER ANNOUNCED:



Emma



Roberto

Emma MANI (British) staying in Maitreye II and working at Future School

Roberto PANICHI (Italian) staying in New Creation (Loretta's house) and working at Gastro-nomica

NEWCOMER CONFIRMED:

Lucas Louis Vincent POLLET (French)

AUROVILIAN ANNOUNCED:



Anitha



Kowsalya



Lesley



Michael

Anitha DHARMALINGAM (Indian) staying in Humanscapes and working at Auromode Apartments

Kowsalya ASHOK (Indian) staying in Caretaker House (SAILER Transport Service) and working at Dental Clinics in Protection & Health Center

Lesley BRANAGAN (Australian) staying in Creativity and working at Auroville Today

Michael LEE aka Mike (South African) staying in Auro-modele (Harmony) and working at Perceptiveway

AUROVILIAN CONFIRMED:

Ganesh GOTHANDAPANI (Indian)

SPOUSE OF AN AUROVILIAN CONFIRMED:

Logeshwary VINAYAGAMOORTHY (Indian)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Service

RAS OPENING HOURS



Dear Community, we are happy to announce that we have extended our opening hours:

- Monday 2:00pm – 4:30pm
- Thursday 10:00am – 12:00pm
- Friday 10:00am – 12:30pm

Where: Town Hall ground floor, next to the graphic section. Drop by to share your ideas, concerns or just say "Hello!"

We also welcome residents, who do not have access to the internet, to come to our office to read actual mandates of the working groups and policies on paper.

The Residents' Assembly Service

AVC REPORT MAY JUNE AND JULY 2021

As we celebrate the 150th birth anniversary of Sri Aurobindo let us surrender all our differences to Her and aspire for the collaborative and collective spirit.

[See the Report in the Appendix 1 of this issue.](#)

IMAGINING JEWELS OF THE CROWN



Savitri Bhavan,
Saturday 21st, 9 – 11am

A **2hr workshop for community brainstorming** towards a harmonious manifestation of the Crown Corridor.

Limited seats, please come on time

The workshop will be conducted a few times to allow larger and multiple participation. We request the community to kindly participate. Your energy and time are requirements for the future.

ATDC

Community News

AUROVILLE MATTERS

BROADCASTS FROM MATRIMANDIR



Auroville is aspirational. It is an inspiring attempt to find human unity while honoring the Divine and the diversity of human experience. And the symbolic, geographic, and vibrational center of Auroville is the Park of Unity. The Banyan tree, the Matrimandir, the Amphitheater, and the Matrimandir Gardens all hold space for the heart of the aspiration that is Auroville.

Beginning this Sunday, August 22nd, we invite you to join us for weekly livestream meditations from the Park of Unity. Each week we will explore a different aspect of the Park, taking in the sights, sounds, and energy together.

Every Week at:

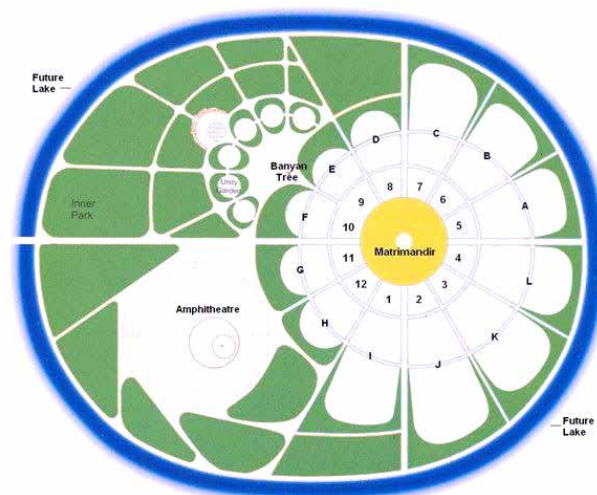
- 6:00 pm India
- 8:30 am New York
- 5:30 am Los Angeles
- 1:30 pm London
- 10:30 pm Sydney



[Click to Learn More And Access The Live Meditations](#)

Matrimandir is the soul of Auroville, a place of silence and beauty that exemplifies the birth of the new. The Mother said that, "Matrimandir is here to teach people that it is not by escaping from the world while ignoring it, that they will realize the Divine in life." It represents the possibility of a spiritual life lived not in a cave or on a mountaintop but in commerce and friendship and co-creation.

In 1969, when discussing the gardens, the Mother indicated that they would have to be of such quality and beauty that people visiting them would experience, physically and concretely, the significance of each garden, which she named as Existence, Consciousness, Bliss, Light, Life, Power, Wealth, Utility, Progress, Youth, Harmony, Perfection.



Viewing Point
Map of the Park of Unity

[Read More About the Twelve Gardens](#)

Each week we will explore one of the twelve gardens, joining our hearts from around the world to take in the sights and sounds together.

This offering is a collaboration between [Auroville Live](#) and AVI USA and with permission support from the Matrimandir Access Team and Outreach Media.

In Friendship,
The Auroville International USA Board
Matthew Andrews, President
Maggie Greer, Vice President
Mary Alexander, Treasurer
Bill Leon, Secretary
Binah Thillairajah
Bryan Walton
Jack Alexander
Julian Lines



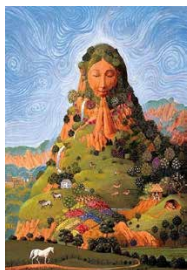
Our Contact Information
Auroville International USA
P.O. Box 188158
Sacramento, CA 95818
(831) 425-5620
<http://www.aviusa.org>

FOR YOUR INFORMATION

**DANCE OFFERING CANCELLED**

Dance Offering 30 July & 6 September in Bharat Nivas is cancelled

Dariya

PACHAMAMA CELEBRATION

The Laboratory of Languages and The House of America Latina – Indigena. (C.A.L.I) are inviting you for the Pachamama Celebration and to one Special Presentation at:

**Laboratory of Languages,
28Th. August at 4, 30 p-m.**

Please, bring some food that you normally use, to offer to the Mother Earth, also flowers and incense, if possible.

Till that Day

Inside the Mother Earth arms and care

Note: for you to send to people you know...

Anandi-ayün

Smile please, everything will be OK

Sonríe por favor, todo estará bien

SOLAR KITCHEN TO OPEN

Dear Community, thank you for your overwhelming response to our Trial meals the last couple of days. We served 400-450 lunches every day and received feedback regarding the food served, booking challenges and many other areas that we can work on serving the nutritional needs of our community better.

We thank all the volunteers who supported us in the operations, we are reaching-out for more support in the upcoming months. If you wish to volunteer in a committed way, let's reflect together what in-kind support could be offered if needed. Contact us via skoffice@auroville.org.in.

We are happy to announce that we are starting from September onwards to provide lunch in the dining room, tiffin take-aways and specific collective delivery (Aspiration, New Creation, Fraternity & Promesse) services.

Kindly book for you and your children via solkitchen@auroville.org.in or 2622197 & 2622106 before this Saturday, the 28th August, so that your lunch schemes which are part of your City Service maintenance can be switched back to Solar Kitchen. Daily bookings can be done in advance or the same day before 10AM.

We are also working on providing lunches for office campuses, please contact us if you are interested.

Let's meet and have lunch together.

Love,

**Harishini, Manimaran, Shakthi, Vanitha,
Solar Kitchen Team & Volunteers.**

MULTI-LINGUAL TRANSLATION**WELCOME TO JOIN IN**

As of August 15, 2021, Mother's symbol has been translated into 46 languages, including the four languages of Auroville, i.e. Tamil, French, Sanskrit and English, as well as indigenous languages and those used across the world, including Afrikaans, Amharic, Arabic, Assamese, Bahasa Indonesia, Bulgarian, Chinese, Croatian, Czech, Danish, Dutch, Esperanto, German, Gujarati, Hebrew, Hindi, Hungarian, Italian, Japanese, Kannada, Korean, Lithuanian, Macedonian, Malayalam, Marathi, Nepali, Niugini Pisin, Norwegian, Odia, Persian, Polish, Portuguese, Punjabi, Romanian, Russian, Spanish, Swahili, Swedish, Telugu, Tibetan, Ukrainian, Urdu.

The symbols in these languages form part of the Living Symbols exhibition, as also artistic expressions in Kolam, painting, photographs and children's artworks.

**Living Symbols exhibition**

10am – 4:30pm, August 15 – September 15,
Kalakendra, Bharat Nivas

And, Sri Aurobindo's Independence Day Message – The Five Dreams is available in 41 languages including the four languages of Auroville, i.e. Tamil, French, Sanskrit and English, as well as Afrikaans, Amharic, Arabic, Assamese, Bengali, Bulgarian, Chinese, Czech, Danish, Dutch, Esperanto, German, Gujarati, Hebrew, Hindi, Hungarian, Italian, Japanese, Kannada, Korean, Lithuanian, Macedonian, Malayalam, Marathi, Nepali, Norwegian, Odia, Persian, Portuguese, Punjabi, Romanian, Russian, Spanish, Swahili, Swedish, Tibetan, Ukrainian.

Have them in your language?

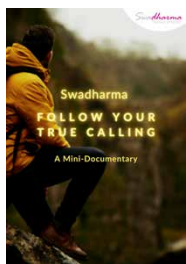
If your language is not represented here, would you like to have them translated into your mother tongue and/or other language(s) of proficiency by volunteering yourself or recommending someone else?

Please write to Anandi Zhang

at symbol-in-translation@auroville.org.in



SWADHARMA PRESENTS



Our deep gratitude to everyone who was present to bear witness to the journeys of our 17 seekers at the Swadharma 9.0 Final Presentations. Swadharma is a five week intense learning journey to help young seekers of the world discover their true calling. After witnessing 8 powerful & transformative cohorts of Swadharma in Auroville, this time we were challenged to take the course online.

We are now thrilled to be sharing with you a mini-documentary of Swadharma 9.0 which was concluded on August 7th, 2021. This was a collaborative effort between the Swadharma alumni and the participants.

This short film tells the story of the intimate & transformative journey that the participants undertook over the course of 5-weeks and showcases the power of technology & the online environment to facilitate this process.

It truly is remarkable how the online space can dissolve barriers of physical distance and create a space of closeness that we like to call the "Soul Space". The seekers transform themselves in the context of their own lives and begin to follow their true callings through grounded action while engaging intensely with life.

Watch the documentary here: <https://bit.ly/swadharmamovie>

Warmth,

Divyanshi, Manoj, Surya, Palak, Leela, Lalit
Swadharma Team

MULTI MEDIA CENTRE AUDITORIUM (MMC, TOWN HALL)

AUROFILM "The Secret Of Kells"

Friday 3 September 2021, 8:00 PM

Directed: by Tomm Moore, Nora Twomey, Irish-French-Belgian, 2009.

Music: by Bruno Coulais

Synopsis: The Secret of Kells is an animated film about the making of the Book of Kells, an illuminated manuscript. Set in 9th century Ireland, during the age of Viking expansion, the film's protagonist is Brendan, a curious and brave boy living in the tightly knit Abbey of Kells under the care of his stern uncle, Abbot Cellach, who is obsessed with building a wall around the Abbey to prevent Viking attacks. Unbeknown to Cellach, his young nephew Brendan, works secretly as an apprentice in the scriptorium of the local monastery, learning the ancient art of calligraphy.

As the Vikings approach, revered illuminator Aidan arrives at the monastery and recruits Brendan to complete a series of dangerous, magical tasks... Of the same Irish studio "Cartoon Saloon" that made The Bread Winner and Song of the Sea. And the film will be introduced by Abhijit Roy, a professional animator with a passion for the animation film art who has joined our team!

English version with English subtitles

Duration: 1h15'

Please follow the current SOP (masks, distance, etc...)

Aurofilm,

Kalabhoomi, Auroville 605 101, TN, India

Tel. 91-0413-2622037

on Auroville Website: auroville.org – art and culture

"HANGOUT" AT CENTER GUESTHOUSE



Last week we had even more participants which was great, so our next Hangout will be at Center Guest House again on Saturday August 28th, from 2.30 – 5.30 pm.

You and your friends and family can come by any time and stay as long as you want, it's totally informal. Whether you want to play games, or just chat with friends or meet new people of all ages please do come on by and join in.

We will have some juices, coffee, tea and cookies for which you will either need to please make a modest donation, or just bring some snacks to share with all.

The usual board games will be available and if you have a preferred game at your home do bring it along and look for partners to play with.

All ages are totally welcome.

We look forward to seeing you all again soon.

Don and Veronique

SKETCHING MY WAY HOME



Lisa Suchanek's exhibition of monochrome ink sketches is a glimpse into Lisa's process of self-discovery through painting. She explores topics such as the central nervous system, setting clear intentions, setting healthy boundaries, self and co-regulation, self-compassion, self-humour, humility and stillness.

In her art practice she focuses on noticing (sometimes elegantly, sometimes clumsily) the experience of being at home in herself. Pausing to make marks on paper, to create textures with paint, to explore ideas with brush strokes, has the power to be a microcosm of our psychological and physical patterns.

Lisa uses sketching as a subtle practice of slowly expanding the space between her thoughts, feelings, sensations and the way she reacts to them. For her, art is a way to befriend and transform her body in movement and her mind through active listening. Instead of trying to forcefully transcend her messy human ness, she wishes to embrace it and playfully lean into transformation.

Lisa Suchanek is an artist who grew up in Auroville amongst the trees, the red dirt and Windows 95. In the Netherlands, she received a BA in Liberal Arts and Sciences as well as an MA in Media Studies where she specialised in sound. Although her focus on media, philosophy and art seemed to fit her well, she felt something was missing. The last two years she has been curiously inquiring inwardly and outwardly into various body centred healing practices and psychological theories that embrace inner multiplicity. She gradually began to apply these modalities to her painting as a practice of embodiment, of unlearning, of self-discovery and healing. She intends to approach her life with a beginner's mind and an open heart.

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www.centredart.in

SURRENDER IN SAVITRI



Monday, 30 August 2021, 4pm
at Savitri Bhavan
Duration: 63min

Jamshed Mavalwalla examines the topic of Surrender in SAVITRI and other works of Sri Aurobindo and the Mother, the role and workings of the psychic and the importance of the Divine Mother's Force.

He discusses human surrender, Aswapati's surrender, Savitri's surrender and the Supreme Lord's decision to make Savitri an instrument of His work.

Surrender is giving oneself to the Divine Mother, offering everything one has or is to the Divine Shakti – all one's actions, works, ambitions, and feelings.

There is a correlation between surrendering to the Divine Mother and realising one's psychic being. In *Letters on Yoga*, Sri Aurobindo writes: "When the psychic awakes, it can bring a sudden and true surrender of the whole being..." and "...No complete surrender is possible without the psychic opening."

In SAVITRI, **Aswapati's** surrender is mentioned for the first time in Book Two, Canto 14, *The World Soul* where, in response to his heart's yearning, Aswapati is granted a *darshan* of the Divine Mother.

Overwhelmed by the irresistible light and bliss... "And the self-giving of his silent heart. / He fell down at her feet unconscious, prone." (p.296). Then, in *The Book of the Divine Mother* Sri Aurobindo describes how Aswapati offers his heart as a living sacrifice for the great work of transformation.

"His living, sacrificed and offered heart / Absorbed in adoration mystical, / Turned to its far-off fount of light and love." (p.332). The result of such surrender is infinite in potency because it is in God's hands. The strength of surrender is limited only by the Divine Will which knows what is best for the world and for each living being inhabiting it.

The characteristic of **Savitri's** surrender is described in the very beginning of the poem: "A wide self-giving was her native act..." (p. 15). Then, in *The Book of Yoga* describing her quest for her soul we read that Savitri goes deep within herself into the secret cave that is the home of her soul. She realizes that her soul and all the different centers of her consciousness have been transformed. Savitri is completely ruled by her soul or psychic being. She has surrendered herself into the hands of the great World-Mother and follows only Her supreme Will.

In her further journey and communication with the Supreme, Savitri asks for boons to help humanity, "Thy peace, O Lord, a boon within to keep /...They calm, O Lord, that bears thy hands of joy. /...Thy oneness...Thy energy..." and... "Thy sweetness give to me for earth and men." (p.696-697)

And the Supreme Lord answers, "All thou hast asked I give to earth and men." He says that Savitri's will is one with the Will of the Supreme, and that the Supreme will work through Savitri as his instrument: "...I bind by thy heart's passion thy heart to mine... / ...And lay my splendid yoke upon thy soul. / Now will I do in thee my marvelous works." (p.698)

The video talk can also be seen at the Savitri Bhavan website <http://savitribhavan.org/777-2/>

SRI KRISHNA RASA PANCHAMRUTAM

On the Auspicious Occasion of Janmashtami

Arpanaa
Presents

Shri Krishna Rasa Panchamrutam

A Music and Dance Concert
in the
Katha - Nritya - Geetham Style

By
Dr. Jayanti Ravi Vocals and Narration
Krupa Ravi Bharat Natyam

Accompanied by
Shri Kannan Mridangam
Shri Kalai Arasan Violin
Shri Sarthak Haruray Flute

On Sunday 29th August 7:30 - 8:30pm
At Mini Amphitheatre Matrimandir
Entry from Office Gate
Kindly be seated by 7:15pm
Guests need to carry Aurocard

Organised by Geeta (Kalpana) and Yogini (Kalpana) for Arpanaa (a service under AV City Services) along with the Matrimandir team.

INDIA'S REBIRTH

EVERYDAY @ 7:50 PM ON mentza

INDIA @ 75

SRI AUROBINDO @ 150

CATALYZING

India's Rebirth

Out of the ruins of the West

INDIA'S REBIRTH

Sri Aurobindo

<https://portfolio.mentza.com/portfolio/rethinkindia>

LOOKING FOR

Citadines Looking Maintenance Person



Citadines community is looking for an Aurovillian/NewComer for the maintenance and repairs of the buildings. The person needs to have prior experience, speak basic English and be able to work as a team.

Send application to citadines@auroville.org.in

Looking for a housekeeper



We are looking for a housekeeper, Swiss style. Please contact 9443362528

Prema

Looking for Splendor



Looking for a motorbike, ideally an old Splendor.

Luca, 7339596254, l@lucafs.it

Looking for a playpen



Looking for a playpen (also called play fence or play yard) for a toddler. Ideally it should be made of wood and should have an approx. size of 1.80/2.00m by 1.50m.

If you have something of this kind please write to: ratna@auroville.org.in or to dorothee@auroville.org.in and let us know the details and the price. You can also phone 2622258 (Ratna) or 2622238 Dorothee.

Thanks and warm regards,

Ratna

Looking for a house



I am Swetha, volunteering at AVC (helping with digital marketing) and Solitude Farm.

I'm interested in house sitting. I speak Tamil Bengali English Hindi.

I'm an organised person, I love plants, cats and dogs. I'm vegetarian and a yoga teacher. I find Auroville calling to me and would love to house sit.

My mother and sister will be visiting which is why I'll need a bigger place. Happy to meet face to face to discuss more.

Best regards, Swetha

swetha@aurovilleconsulting.com

Looking for Two Cycles



I'm looking for 2 adult bicycles. If you have a spare one, we will be happy to put it to use. Also open to buying an old one. Whatsapp or call: Priyanka 9704258709.

Thanks, Priyanka

Exchange Living Space



Inquiring to exchange my good Creativity flat (ground floor with mezzanine, 71 sqm plinth, good infrastructure). for a housing situation more suitable for my needs at this time.

Patricia 262 3750,

pat@auroville.org.in

Looking for inversion table

(for back pain relief)

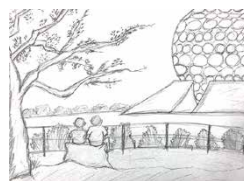


I will be much obliged if someone can let me use theirs for a few sessions or wants to sell. Plz contact at phone: +918130635746 or email: shyadav08@gmail.com.

Shekhar Yadav

WORK OPPORTUNITIES

HR INITIATIVE



HR Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Young dynamic supervisor

You have a liking for performing arts, a good team spirit and are a good coordinator. You will supervise the maintenance of our space, as well as receive guests and be flexible, welcoming and able to cater to their needs. If you have experience in this field, it's a plus.

Good English as well as basic Tamil communication skills, basic computer skills, daily, part time, you are flexible in timings, maintenance provided after probation period.

Program Manager

You are a compassionate, caring leader who strongly believes and is committed to our vision. You are accountable, results oriented and proactive. You will be responsible for overseeing and organizing programs and activities, marketing and promotions, communications, developing and nurturing partnerships with funders, donors and various stakeholders.

You have a bachelor's degree (or experience with a proven track record), experience in program and team management, understanding of project management, a proactive approach to problem-solving with strong decision-making skills. You are able to meet deadlines in a fast-paced, quickly changing environment.

You have strong written and verbal communication skills in English, spoken Tamil and Hindi are a plus. Competency in IT fluency: Microsoft applications including Word, Excel, Outlook, PowerPoint. Full time, maintenance available.

Accounts & Data Manager

You will join our diverse team to manage our farm sales and expense details, you will handle and categorize the invoices as well as compile and update data from production, harvests and irrigation.

The farm is open to discuss how they can provide support/contribution for a long-term commitment.

And other positions, please inquire about details

- Volunteers for Auro Orchard
- Marketing Position
- Digital Marketing

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at hriauroville.org or hr_hub@auroville.org.in

hr_hub@auroville.org.in

www.hriauroville.org

if you are searching for work: [fill in this form](#)

HR Initiative

OPPORTUNITY TO WRITE CONTENT FOR AUROVILLE.ORG



A 6-WEEK LEARNING JOURNEY

WRITE FOR AUROVILLE WEBSITE



Calling Volunteers for Content Writing

- Learn deeply about Auroville & help build the next version of auroville.org.
- Hone your writing & editing skills
- A space for conscious collaboration & mentorship with Action Circles every Monday 7:30 - 8:30 PM IST

6 SEP - 16 OCT

APPLY BY AUGUST 30TH

For queries: webcontent@auroville.org.in

Dear friends, the main Auroville website is being re-designed and we are looking for volunteers that can help us in writing & editing content to really communicate and share with the world Auroville's unique contributions and innovations.

The content written by the volunteers will be written under the guidance of Web Office Team in collaboration with a domain-expert, and thereafter be sent to the units of Auroville for feedback and confirmation.

This will be in the form of a 6-week online learning journey from Sep 6th to 16th Oct with the primary focus being on writing articles for the Auroville Health & Education sectors. The journey is a space for not just work but also mentorship and learning to consciously collaborate with Action Circles every Monday

The commitment expected is *one or two articles per week of 500-1000 words* and attending the Monday circles, from 7:30 – 8:30 PM IST. The volunteers will be plugging in from all over India and thus the time for circles has been kept outside office hours. It is a voluntary work opportunity.

We invite you to this journey of joyful growth through work :) For more details and the application form, visit the link here – <https://bit.ly/avwebcontent>

Do apply at the earliest as we will be taking a limited number of candidates on a first-come, first-serve basis.

Feel free to reach out to us for any questions here: webcontent@auroville.org.in

Warm regards,
Manoj, Surya, Manohar & Divyanshi
For Auroville Web Services

Voices and Notes

AUROVILLE RADIO



Dear Aurovilians, your favourite radio has solved its technical problems. More proposals from this week onwards. Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

Last published podcasts:

[Audible Weed Walk – ep.54 “Edible weeds we can carry in their own basket or make a rakhee”](#) (Naturally sustainable food)

[Aarohan – ep.25 “Raga Madhmad Sarang”](#) (Music)

...and more! on www.aurovilleradio.org

For more information write to radio@auroville.org.in

Peace and Love

ELECTRIC-MOTOR-CYCLES ON BICYCLE PATHS



Dear Community, I am rather saddened to recently discover speed breaker/humps put in place on a few cycle paths...

In the last 3, 4 years of only cycling in AV & around, it seems such a shame that we have the 'Fast & Furious' also on our cycle paths...

I don't want to be blamey blamey or pointy pointy, but I just hope, or perhaps recommend, that Kinisi (& other providers) are informing their users of e-cycles to either perhaps avoid the cycle paths & stick to the roads, or advise users to be conscious of their speed when using cycle paths, as we all share these marvellous paths!

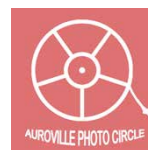
Oh & with those who have FULL cycle frame bags, to please avoid the narrow paths! I'm aware that 'analogue' users can also be too fast & somewhat reckless, but as the e-cycle is now more prevalent than times before, it would be nice to not be anxious or frightened to use the lovely cycle paths of Auroville (of which are really beautiful, & allow for further exploration of the community), without too many incidents of diving out the way of e-cycles (as I'm sure many, & myself have experienced)...

Not to say that I am unhappy with the increase of cycle users! Cycling has numerous benefits; for the body, the mind, building connections, & Mother Earth; so it is great that the increase is there, buuuuu just not in the speedy speeding department.

Let's share these paths safely & consciously, together!! Looking forward to exchanging a smile as we pass one another.

With Much Love & Light, Devna.

AUROVILLE PHOTO CIRCLE



After a few months off, the Photo Circle re-starts in Centre D'Art (Citadines/Town Hall) on Friday 3rd of September at 5pm.

Photo Circle meets **on the first Friday of every month.**

The Photo Circle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques. Anyone can bring and screen a small selection of images.

Everybody's welcome.

THE KALABHUMI CROWN AFFAIR (2), HELLO AGAIN



Two weeks later, Residents assembled again (20.8.21) in the Kalabhumi amphitheatre. If you weren't there, it's fine. A representative selection of your sisters and brothers laughed a lot. No music this time, but Ancolie Love made a spectacular flower kolam in the shape of the Auroville symbol. It looked like a perfect circle but another back story on the "Crown Corridor" says that the road was adjusted to accommodate the Surrender Complex. Of course in front of Gaia, there's that tree in the Crown Road to forever remind us.

Jesse said: "We're meeting today because there's a deep conflict within the Community, otherwise we wouldn't be here." Wonderful that conflict brings us together. We begin to understand that conflict is normal. Yes. We're learning that the "normal" violent and negative reactions to conflict will be overcome to discover unity. Our survival depends on it. We came for Unity in diversity, difference, and conflict. Navroz said he's "allergic to harmony" because those calling for it, want you to agree with them. It took me about 40 years to realize that I'm to blame for all the problems in Auroville. I ignorantly believed in some of them, nurtured them in my mind, and performed in the drama.

Amazing to see working group members on stage performing so well. Toby (TDC) and Hemant (WC) certainly have a future. They will undoubtedly be nominated for the Genius Brothers. The new Secretary has already openly nominated herself. That Selection Process will fall under the new revised guidelines that can't be used because RA ratification would take too long, but they have been preempted by the temporary emergency guidelines now in effect. That may seem complicated but Wazo has volunteered to sort it out.

While things were turning in circles on the stage, Krishna threw a legal wrench into the story. Legal and illegal standing orders and office orders got into the mix. There was no way out. No exit in this script except goodwill (non-allergenic variant).

An old back story emerged how even the original masterplan was not the one approved by the Community but one that was hacked by bureaucrats in Delhi. Then we hear that the new Secretary is really only the secretary of the Governing Board and there is no GB.

Back in the old days, our beloved Roger Anger announced there would be no pillars in the Matrimandir

Chamber because they were not needed to hold up the roof. When someone reacted, "but Mother saw them," he replied: "Mother did not understand." Piero understood, and we put the steel foundations in the floor for the pillars. Piero though, had a problem with anyone building anything in the city area. Two Matrimandir workers (Joel and Gaetsn) made a keet house (no bricks) in Center Field. Piero personally tore it down and we lost those two workers. Another, Divakar, was building his house in Sincerity and Piero tried to break it down with a sledgehammer until Gerard forcibly dragged him away. Divakar promised: "When this space is needed for the city, I will dismantle my house myself stone by stone."

Times have changed. We now live in the weirdest global chaos and crisis ever. The whole world is wearing masks while Gaia still gives all of herself hoping we'll choose evolution over extinction. WW III is on. 8 billion of us are targets. Many, even in Auroville, have already been shot twice in the arm. Fake news is the new normal. Where does the Crown and the Corona story make sense?

We were reminded at the gathering by Aravinda to behave as if Mother is watching us, because She is. Big Brother too, and BB has already scanned our eyeballs (Aadhar) to make sure. Most of us agree with Sri Aurobindo that this is the "Hour of God." Do we agree with Mother who said we are "puppets" that's why we can laugh?. (Mother smiles)

Submitted by B

INFORMATION FOR NEWS & NOTES AUTHORS AND WRITERS



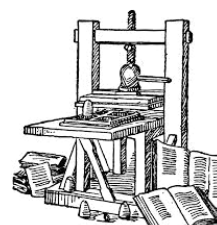
Dear fellow aurovilians, we found the tendency of receiving too many posters to be published in News and Notes, different shapes, fonts, formats and colours, sometimes not readable because of the size of the font or choice of the colours.

In order not to transform our lovely newspaper into glamour magazine please follow the format of posters we offer to you:

- Please use landscape or square format (avoid using portrait format)
- When you are formatting the text on your poster please keep in mind that the final size of your banner in the newspaper will be around 10 cm width, so please choose the size of the font accordingly.
- Please keep in mind that the printable version is black and white, so choose contrast colors for the font and background.
- **The best decision is to avoid posters and to send us the illustration/side picture/logo along with the text.**

Avoiding posters helps to keep the unique style of the N&N, saves space and makes it more comfortable to read.

News & Notes Team,
Roy and Agni



AYURVEDA HEALTH TIPS, SEASONAL CHANGES, SUMMER RAINS



The weather is changing and has a direct effect on the body and the mind. Both have to adjust while passing from one season to the next. It is called Rtusandhi in Ayurveda (the junction of two seasons, where the body is more vulnerable and likely to experience imbalances, discomfort or symptoms).

During the summer, the body struggles to keep its inner temperature to a cool 35-36°C when outside temperature can rise well above. Now that the peak heat of the summer is over, thanks to the summer rains that cool down the atmosphere, we notice that days are warm, almost hot but nights can be slightly chilly, especially while sleeping. This is when a bit of humidity and coolness in the air bring loss of appetite, bloating, coughing, mucus, feverish state.

Pitta ferments and shows signs of acidity, sourness or strong/foul smell in the body and some kind of bitterness, impatience, frustration, anger in the mind. Vata gets cold and makes the joints more painful, the digestion and bowel movements more irregular, and the mind might be imbibed with anxious thoughts, worries, and lack of concentration.

How to help body and mind with the food

- Eat only when hungry and the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve digestion (all spices are good apart from red powder-chilli powder).
- Eat green leafy vegetables, take light dishes made with mung dal, vegetable soups... all pulses and dal are good when cooked with enough spices.
- For non-vegetarian, eat white meat or small fishes.
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed
- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, millets (varagu, ragi, kambu), rice
- Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- Chew some neem leaves

Some immunity enhancers:

- Giloy/Guduchi (*Tinospora cordifolia*), a very good immune regulator; 1 tsp of powder morning and evening in warm water
- Amalaki (amla): full of vitamin C; consumed fresh if available or in powder
- Turmeric: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt

- Tulsi (*Ocimum tenuiflorum/sacatum*): for the lungs, fresh leaves in warm water
- Ashwagandha (*Whitania somnifera*): immune regulator and calming the nervous system; 1 tsp morning and evening in milk or warm water
- Saffron, aloe vera, licorice
- Chyavanprash Avaleha: 1 tsp in the morning with breakfast
- In the activities, help Pitta and Vata to be centred and grounded:
- Keep warm, take warm showers, cover your neck from chilled breeze
- Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- Regular exercise, 30 minutes daily
- Gardening, cultivating, weeding, cooking
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth as long as you want then spit it out and rinse the mouth with warm water (can be done early morning or at bedtime after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril
- Fragrances: sandalwood, rose, jasmin

Let's all be well and healthy.

Be at Santé Clinic

CLASSES, WORKSHOPS & HEALING ARTS

नमस्ते 🙏

We welcome you to a weekly study circle on नाट्यशास्त्र | Natyashastra.

Natyashastra, also often called the fifth Veda, is one of the most essential texts of drama, dance, music, arts and fine arts in India. Beginners and professionals, all are invited to learn together. Yogini Gandhi, Rekha Tandon and Aravinda Maheshwari are amongst the facilitators as well as students of this study circle. We will be referring to video-based lectures on Natyashastra by Prof. Bharat Gupt in English along with Sanskrit verses from the original नाट्यशास्त्र text by Bharat Muni.

Regular Sessions:

Date: Every Monday from 23rd August, 2021

Time: 2:30 pm to 3:30 pm

Venue: Bhumika Hall, Bharat Nivas

For registration, please write to:

devabhasha@auroville.org.in

Warmly,

Samskritam Auroville
and Bharat Nivas Team

VEDIC ASTROLOGY



Consultations using traditional Vedic Astrology to help you get clarity on any issue or area of life. We can meet in person, or online over Zoom if you are not in Auroville. Each session lasts for an hour, so pl plan accordingly.

More details available at www.allthingsvedic.in.

WA 9843948288 or email vikram@auroville.org.in for queries and bookings. Please let me know if you need any other details

Regards, Vikram

MINDFULNESS CIRCLE



MindfulnessCirclew/Jass(+917339459425)
in Serendipity (ex Joy Community)
on Tuesdays, 7 – 8:30 PM

Mindfulness is the art of opening up to the present moment, embracing all that is alive within us and around us. It helps us to stop and slow down, understand the deeper meaning of things and align ourselves with our true aspirations. We will practice different mindfulness exercises together (mindful sitting, walking, eating, sharing, etc.). This is a drop-in group session.

Serendipity (Ex. Joy Community Guest House)
Center Field, Auroville – 605101, Tamil Nadu, India

Landline: +91 (0)413 2965693

Mobile: +91 (0) 9487272393

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>

TAI CHI HALL IN SHARNGA

Presents



Tai Chi Chuan Workshop
The Art Of Chi – Stevanovitch's method
6 September to 11 September, 2021

From Monday to Saturday, 7.30am – 10.30am

Beginners, chi and tai chi basics, approaching the 24-posture form Taught by Krishna, the workshop is essentially directed towards:

- Mastery of the body through breathing and muscular relaxation;
- Improvement of movement through balance and coordination;
- Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

Information and booking: taichi@auroville.org.in

Website: taichi.auroville.org, www.artduchi.com

YOGA RETREAT AT AUROMODE YOGA SPACE

Yoga - Retreat - Auromode Yoga Space
SEPTEMBER 6 TO 15, 2021

**10 days yoga retreat to build a stronger ,
healthier and new you . Based on Hatha
and Vinyasa yoga styles**

Asanas ,Pranayama, Chanting, Meditation Anatomy
& physiology, yoga history & philosophy ,fitness, skills
,local culture & more....

6 00 am to 9 00 am - Session 1

4 00 pm to 7 00pm - Session 2 *

(Monday , Friday and Saturday only)

More details -contact@auromodeyogaspace.com /
Balaganesh.siva@gmail.com



EDIBLE WEEDS EXPLORATION

w/the coloring book



When: on Saturdays

28 August'21 to 25 Septemer'21

Time: 7:30am to 8:30am (max 8:45am)

Pre-registration required, max number: ten

If raining @ 6.30am walk is cancelled w/
refund

Contribution is welcome

All details re location and contribution at
registration

What to bring: yourself, the "Edible weed and natu-
rally growing plant" book if you have (if you do not, we
will have a few to share). Also bring what you need to be
comfortable for the walk

WhatsApp/SMS @ +91 8628955394

or backtoroots@auroville.org.in

Nina

TRANSFORMATIONAL YOGA-INTENSIVE

Monday 31 – Friday 3 from 7.30am – 9am



Come and join this Intensive workshop
to purify the mind, body, emotions and
prana. We will practice asanas along
with Pranayama, Raja & Mantra yoga
and Meditation. Ideally for those who
want to work on the self-discovering &

inner Progress

You will learn:

- how to breathe
- achieve clarity, peace and stillness
- improve balance
- boost positivity
- stabilise emotions
- self-love, self-esteem and self-compassion
- to be present
- deepened relaxation
- greater self-esteem

For registration please contact Lakshmi

Lakshmiprem369@gmail.com or 8489764602

(Activity under the umbrella of Synthesis Unit)

Thanks

PRANAYAMA WORKSHOP TO RELEASE FEAR, ANGER AND ANXIETY.



In this workshop we will work on releasing
fear and building trust in ourselves.

We will practice specific Kryas to work on
mental well-being and on the organs related
to Fear, Anger and Anxiety, which are liver,
kidneys and spleen.

Practicing Pranayama will enable you to
overcome your fears and bring more bal-
ance and consciousness to your body and mind.

Saturday 28th August, 8am – 11am

For registration and location please contact Lakshmi

Lakshmiprem369@gmail.com or 8489764602

(Activity under the umbrella of Synthesis Unit)

Thanks

PITANGA PROGRAMME FOR SEPTEMBER 2021



Pitanga Cultural Centre, Samasti,
(0413) 262 2403/2622994
pitanga@auroville.org.in
Advance registration required

Yoga Iyengar

Asanas Women's only	Level 2, Regular practitioners	Mon	11.00 – 12.30pm	Tatiana
Asanas Regular practitioners	Level 1 & 2	Tues	5.00 – 6.30pm	Tatiana
Asanas for the spine	Drop all levels	Wed	4.00 – 5.30pm	Tatiana
Asanas	Mixed level	Thurs	7.30 – 9.00am	Tatiana
Asanas Special practice	Level – 2 & 3	Sat	9.00 – 10.30am	Tatiana

Yoga – Mixed Style

Yoga Therapy	Drop in – all levels	Mon, Wed, Fri	8.30 – 10.00am	Gala
Asanas	for children 7-9 yrs	Sat	10.00 – 11.00am	Gala

Other Exercises

Self Shiatsu	Drop in -French & English	Mon	4.15 – 5.30pm	Patricia
Self Shiatsu	Regular Practitioners	Wed	5.15 – 6.45pm	Patricia
Aviva exercise	drop in-for women	Thurs	4.30 – 5.30pm	Suriya-gandhi
Pranayama	Regular Practitioners	Fri	6.45 – 8.00am	Francois/Namrita
Feldenkrais	Drop in	Fri	5.15 – 6.45 Pm	Shari
Discover energy body	for children 7-9 yrs	Sat	11.00 – 12.00pm	Gala

Dance

Odissi Dance (*)	Regular Practitioners	Fri	3.30 – 5.15pm	Rekha
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Health Care at Pitanga

For the following therapies & treatments, please book your appointment on phone, 2622403

- Thai Yoga Massage, Chi Nei Tsang with Juan
- Ayurvedic & Birinda Massage with Kumar

Note: Please bring your own yoga mat and piece of cloth to cover the yoga props and if you have your own yoga belt please bring it.

There are limited places. First come, first served. Please register in advance.

NEWS FROM AUROVILLE LANGUAGE LAB

Covid SOPs

A gentle reminder to all to please follow the SOPs regarding washing hands, writing your names & contact info in the Covid tracking register, taking temperature, using the sanitiser, wearing masks in the public areas, & social distancing, when at the Language Lab. We look forward to seeing you!

Please ensure mobile phones are either on Airplane Mode or switched off when entering the building! We maintain a wireless-free space, as well as to avoid disruptions to Tomatis & language classes. Thank you for understanding.

Tomatis Updates

There are spaces available for both language & therapeutic programmes! Please contact 4036922 to schedule your Listening Tests & Consultations.

Hindi Update

Rupam is ready to start a group for **Beginner Hindi** for September! This course will take place in the mornings, Monday, Wednesday & Fridays.

In this 3-month course, the content is:

- Building confidence in conversation,
- Introduction to grammar,
- Reciting poems,
- Exploring Navarasa (the 9 emotions),
- Playing Antakshari,
- & Singing & relishing the beauty of the Hindi language.

Please let us know if you would like to join!!

Italian Update

Originally from Italy, **Enzo** is ready to teach Italian to the community. So if you are curious to learn & explore **Beginner Italian**, please give us call or send us an email!

Spanish Update

Mila is waiting for six students to start a **new** Beginner group, also to start in September, in the afternoons.

The Spanish Beginner's course is a practical introduction to the Spanish language. We follow "Madrigal's Magic Key to Spanish: A Creative & Proven Approach", a number one book to learn Spanish in USA.

During the 3-month introduction course, students will learn:

- The Spanish alphabet, phonetics, listening & reading skills,
- Extensive vocabulary (more than 1000 Spanish words) that derives from English through simple rules,
- How to create verbs from nouns, learning a large set of Spanish verbs,
- Verb conjugations for past, present & future tenses for regular verbs,
- Adverbs, adjectives, & formation of sentences,
- To write and speak using all the material learnt.

Kindly inform us if you would like to join this course!

Please fill out our form at <http://register.aurovillelanguagelab.org/> to join, or inquire about, any language classes at the Lab! As well as drop us an email or call!

PLEASE NOTE: Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a class, thank you!

ALL: Schedule Of Classes As Of 23.08.2021

Language	Level	Time	Day(S) of Classes
English	Beginner & PreIntermediate	10:00 am – 11:00 am	Tues & Thur
	Intermediate	03:00 pm – 04:00 pm	Wed & Fri
	Intermediate/Advanced	10:00 am – 12:00 pm	Sat
French	NEW Beginner	To be determined! Inquiries Welcome!	
	Beginner	10:45 am – 11:45 am	Tues & Thur
	Workbook Sessions	10:00 am – 11:00 am	Fri
German	A1.1 Beginner	04:00 pm – 05:30 pm	Tues & Thurs
Hindi	NEW Beginner	10:00 am – 11:00 am	Mon, Wed & Fri
Tamil	Spoken Beginner	09:30 am – 10:30 am	Tues & Fri
	Beginner (previously online group)	03:15 pm – 04:15 pm	Mon & Thur
	Written & Spoken Beginner	04:30 pm – 05:30 pm	Mon & Thur
Spanish	NEW Beginner	Afternoon – to be determined!	Tues & Fri
	Intermediate	03:30 pm – 05:00 pm	Tues & Fri

The Language Lab is open:

Monday – Friday, 9:00 am – 12:00 pm & 2:00 pm – 5:00 pm,

Saturday, 9:00 am to 12:00 pm.

Location:

International Zone, after Unity Pavilion & Pump House.

Phone: (0413) 2623 661, 4036920/22.

Email: info@aurovillelanguage.org

PSYCHIC TAROT CARD READING BY CARMEN



A tarot card reading helps to Bring Clarity of Mind and washes away negative energy and fills a person's heart and life with positive energy so as to induce him to take risks.

Let the cards guide you on your path to gain insights into the past, present or future.

The reading includes predictions, answers to the question, guidance towards the solutions, complete analyses of the situation and suggestions for improving life.

In person appointment: you can fix an appointment and come for a visit.

Phone: If you're unable to travel, phone sessions are available.

Career, Love, Relationship, Family, Future, Money, Life

Contact: Carmen at 8531017772

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in
+91 413 2622329/+91 9488084966 (mobile)

Oceanic Bodywork Aqua – OBA® 1

with Dariya & Daniel

Tuesday 14 – Sunday 19 September
8.45am – 6.30pm (including lunch)

OBA is a deeply relaxing form of aquatic bodywork in a warm water pool. It combines in a unique way elements of soft stretching, deep tissue massage and joint release, as well as energy and breath work both above and below the water surface; especially designed movements allow your whole spine to swing and your energy to flow again.

During this 6-day course, you'll learn the various movements and techniques of this wonderful bodywork after which you'll be able to offer a complete session to your friends and acquaintances.

OBA invites you to experience the healing energies of water in a new way, during which chronic physical pain as well as emotional tensions can be released. Above all, it invites you to experience again the nurturing qualities of being held and loved, and to rediscover trust, peace within yourself, and a sense of coming home.

Prerequisites: OBA Basic or equivalent course.

JIVA

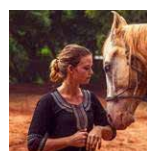
Your Journey In Healing And Transformation

"Jiva" is a growing collaborative of highly experienced therapists living in Auroville. Therapy, Workshops, Retreats and Courses and Classes

We offer transformational practices addressing all issues of body, mind, emotion..and soul, for conscious evolution Acupuncture, Shiatsu, QiGong, TaijiChuan, Energy work, Fasting, Natural Horsemanship, Horse assisted Therapy, Vedic Astrology, Medical Clowning, Yoga Nidra, Gentle Birth & pregnancy, Integral Regressiontherapy, trauma therapy, advanced classical homeopathy

www.auroville-jiva.com, Whatsapp 9626006961
contact@auroville-jiva.com, [Facebook](#)

Natural Horsemanship



Mirrabelle offers webinars, classes and workshops in "Natural Horsemanship"

Next workshop is planned for 28 & 29 Aug

Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care – hoofs, nutrition, psychology, care, riding!

Whatsapp 9626565134, contact@auroville-jiva.com

Integral regression therapy

30 Aug 9 – 12 am Intro Session

A therapy and energy work based on Sri Aurobindo and The Mothers integral Yoga, based on trauma therapy, pastlife regression therapy, inner child work, NLP, and a client centric approach.

All info Sigrid, contact@auroville-jiva.com, WA 9626006961

Detox – Restore- Rejuvenate

7 days live & online 21-27th August with Elitom Elamin

It's time to get more in control over your energy levels, re-boot and re-energise the body-mind system, get healthy and shed what doesn't serve any longer physically, emotionally & mentally.

Dates: 21-27 August – Live & Online

Venue: Tanto Far-Beach retreat, Sri Ma, Auroville, India
Contribution & registration required

Info & Registration:

WA.: +9194880 47368, contact@auroville-jiva.com

Weight Management Weekend

Transcending Emotional Eating, 28 & 29 August

Are you struggling with Emotional eating and gaining weight, that is becoming a barrier for you to enjoy your life? Join the 2 day detox with juices and learn ways to balance the emotions and build a proper relationship with food.

Date: 28 & 29 August – 3 hours in the morning and 3 hours in the evening.

Venue: SriMa/Tanto Far Beach resort, Auroville
Contribution & registration required.

WA: +91 9843134414, contact@auroville-jiva.com

WISDOM BYTES

<https://youtu.be/BQiAMV6mi4k>



Transforming trauma 28 & 29 August

How to identify trauma and posttraumatic stress disorder? How to recover a person's full potential, energy and zest for life – and even integrate the wisdom of it all?

2 day workshop with theory and interactive exercises ,
Time 27 & 28 Aug 9 – 4.30 p.m.

Venue Sharnga Guesthouse Yogahall

www.sharngaguesthouse.in

Note: For more details on Jiva workshops see August Regular Activities and N&N # 884, 21 August 2021

IMPORTANT INFORMATION ABOUT NEWS & NOTES

Hard deadline for submissions or cancellations: Tuesday 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- **Articles for the Notes section should ideally be no longer than 500 words.**
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- **Please try your best to send your announcements, reports, film schedules whenever they are ready.** Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

Visiting hours: call or email for appointment.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes,
Media Centre, Town Hall
0413-262-213

APPENDIX 1

AVC REPORT MAY JUNE AND JULY 2021

As we celebrate the 150th birth anniversary of Sri Aurobindo let us surrender all our differences to Her and aspire for the collaborative and collective spirit.

Community at Large members for Housing Board

The Auroville Council with the FAMC made an announcement to the community for the community at-large members for the Housing Board. In accordance with the revised Housing Mandate (<https://auroville.org.in/article/84487>), five community at-large members have to be selected. 17 Aurovilians wrote to the Council expressing their interest. The final selection was done by the FAMC.

Land Board Selection Committee & the selection of new Land Board members.

In mid May the Land Board Selection process (LBSC) was initiated by the Council together with the Working Committee. RAS live streamed via zoom the selection of the community-at-large nominees for LBSC. This selection committee is composed of one representative from each of the four working groups (AVC, FAMC, TDC & WCOM), four community at large members & one out-going member from the Land Board. An issue arose internally in the groups whereby after much consultation with all the concerned parties the Council recommended the replacement of the representatives from the FAMC and the ATDC, which was accepted.

Presently the feedback received is being reviewed by the committee & some candidates are being interviewed. Soon the results will be announced to the community.

Selection of new Matrimandir Executives

At the end of June, the Matrimandir executives reminded the Council that their term of office was ending on 1st of August and that there was urgency in selecting a full team of new executives. Three from the previous seven executives had already stepped down and one out of the remaining four expressed the wish to step down without delay although the new executive team had not been selected yet. It was agreed by the Council together with the Wcom that a selection process similar to 2017 would be used. But the process got delayed as the FAMC expressed its wish to partake in the selection process as the new executives are to be selected which for FAMC falls under its mandated work. There are discussions & correspondence exchanges regarding this and soon some conclusion will be reached to announce the call for nomination.

Auroville's Growth

After requesting information on the follow up to this topic from ATDC the Council was informed by Housing Board that members from FAMC, ATDC, Entry and Housing met on the topic of growth on 21st July and the notes were shared. The Council together with the Entry and the sub group will bring this topic to the community through a GM at a later stage in order to work on the way forward collectively.

Inquiry Task Force

The Inquiry task force that was appointed by Council and WCom jointly to look into the tampering of the ballot boxes at the last selection process 2021, has come up with a report of their findings. Please find it via this link (<https://auroville.org.in/article/85852>) The Council takes this opportunity to thank the team who have given their time to this sensitive topic and for having come up with an extensive report. The work of the ITF is complete and the team has dissolved.

Meeting with the New Secretary

On 14 July, the Council met with the new AVF Secretary, Mrs. Jayanti Ravi to welcome her. After the brief introduction a lot of the discussion was concerning the Auroville Organizations & it's working, as well as a general exchange on conflict resolution. Her inclination to understand, her willingness to share her experiences & knowledge, and her friendliness were all much appreciated.

Reviewing & revisiting the processes

- **RA Decision making process**

After the pause by RAS of all activities in relation to collective decision-making, the members from Wcom, AVC and RAS have prepared amendments for an interim RAD after incorporating the feedback received earlier from the community. The final version of the interim RAD document was published to the community for feedback on 3rd August (<https://auroville.org.in/article/85727>)

Efforts have also started to collectively work on an entirely new way to make Community wide decisions.

- **Selection Process 2021**

There is a general sense amongst the AVC and Wcom that the last process was a successful process in regard to the number of participants. To start with, the same model of the last selection process will be taken as a base of a review. AVC met with RAS in June who shared their observations and suggested amendments to the PWG 2020 documents. The Council is now looking into reviewing the Selection Process and soon a task force including members of the community will be formed.

- **Appeal Process**

This process was set up in 2017 to "create a framework to meaningfully address occasionally occurring serious dissatisfactions of individuals with working group decisions." So far, 20 appeals have been raised by individuals/groups. To review this process, the Auroville Council has reached out to the community for their feedback in July through massmail. Simultaneously the feedback from the facilitators & arbiters who have been directly involved in appeals was requested. The task force will be reviewing the document based on the feedback from the different sources.

Due Diligence

Regarding dismissing an Aurovillian from the workplace, a sub group constituted by members of FAMC, AVC and Koodam are working on a document that will help executives and managers to follow a just and fair process for all involved. The Sub-group is interacting & receiving feedback from the different concerned groups and various individuals with related experience. This work and the document will soon be presented to the community for feedback.

Social Hub

The previous Council together with Koodam, representatives from Matram, AVCP, AVSST, AVHS and Sante had developed the concept of a Social Hub

The Social Hub is intended to create a dedicated service that can hold challenging cases and ensure continuity – as Working Group members rotate every few years – and to allow Council and other Working Groups to focus more on their other mandated responsibilities.

This is a preliminary purpose and concept of the Social Hub.

The Social Service Hub wants to enable the growth of a compassionate community by connecting health care and social work practitioners as well as other relevant community resources with community members in need of support. The AV Social Services' role is to support relevant practitioners, Working Groups, and other concerned community members, by coordinating challenging situations, including those where community members require psychological and emotional support, face challenging family situations and/or various types of violence, abuse, and addictions.

Council will convene soon a meeting of the concerned groups to move things forward.

Communication with Residents

During the 3 months Council has approached the community through N&N and AuroNet with calls for communication and feedback.

- Feedback and suggestions on the review of the RA Decision-making after RAS paused all RADs and asked for amendments on the actual process.
- Call for 5 new members for Housing Board and for 5 new members for the Land Board.
- Selection and announcement of the 5 Aurovilians for Design Evaluation Panel for Matrimandir.
- Invitation for Resource persons for subgroups when being formed.
- Call to study the organization of Auroville and a proposal for an open forum with the purpose of harmonizing our internal structure and see how we as a community would like to engage this.
- Reminder for the community with proposals, requests and remarks to openly communicate with the Council.

The AVC noticed that there is little feedback coming from the community towards new organizations and developing better channels of communication is needed.

Appeal, arbitration & mediation

ACUR Appeal: This appeal is against FAMC's decision in regard to the application for registering a unit for the canteen at town hall. The facilitated meeting between both the parties has taken place. The arbiters are appointed & the process is going on.

African Pavilion Appeal: This appeal is against a decision of the Council. The facilitated meeting has taken place and the appeal is ongoing. Usually it is the AVC that acts as process holder. But as this appeal is against a decision of the Council, the working committee is holding the process, which means that they choose and appoint the arbiters and make sure all the steps are being followed and fulfilled.

Re-Centre Appeal: This appeal is against a decision of ATDC. This appeal has been with the Council for a year.

A facilitated meeting between the parties has taken place, after which Re-Centre re-examined their needs in terms of land requirements and came to the conclusion that they requested the continuation of the process. An appeal body has been formed. So far ATDC have not conceded to adhere to the continuation of the appeal process. Council is attempting to find the most sensible way forward for all concerned.

Appeal about apartment allocation: This is against a decision taken by FAMC regarding the allocation of the apartment in an apartment building of a community. The facilitated meeting happened but without resolving the issue. Arbiters are being approached to start with this appeal.

Arbitration regarding Sanjana:

In July the Council met with both the parties involved in the housing project, the architect & Sanjana project management team (PMT), in order to move forward with this issue. Previously the PMT were reluctant to enter into arbitration. Recently they have agreed and the scope of the arbitration is being worked on to start with the actual process.

Buddha Garden and Siddhartha Farm access dispute

A long-standing dispute regarding the entrance access for these two Auroville farms was handed over to two mediators approved by both the farms. The Council has stepped back and let these mediators work independently. In order to de-escalate the tension and to help the process the Council had used most of its accumulated excess budget from BCC to lease the neighboring plot to give access to Buddha Garden.

Joy guest house conflict

Regarding a conflict between the guest house and an Aurovillian working there, the Council after several meetings with the individual parties have drafted an MOU asking the parties to refrain from interacting with each other. The issue was taken up further by Koodam, Wcom and FAMC.

Conflicts and other issues

In the past three months the Council has been involved in addressing many conflicts. We are grateful for the support extended by Koodam, Auroville security & Auroville Child protection team (AVCP) in holding these conflicts.

Together with Matram some issues involving long-time Aurovilians are being worked on.

A long-standing issue regarding the stewardship of an asset and a general misunderstanding between parties in New Creation has been extensively addressed. The next steps towards resolution have been handed back to FAMC and Housing Board. We await their suggestions in this joint effort to find a lasting solution. This has been delayed awaiting the formation of the new HB.

At Her Service,

For the Auroville Council

Balaji, Claudine, Ganesh K. Meenal, Sai Suresh, Surya, Shivaya, and Shiva

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