

News & Notes

#902 A weekly bulletin for residents of Auroville 25 December 2021



Logo by Grazi (put on AVscenery by N&N)

He whose self has become all existences, for he has the knowledge, how shall he be deluded, whence shall he have grief, he who sees everywhere oneness?

Isha Upanishad.1

The Ponder Corner

At a certain point of this constant unrest and travail even the physical mind loses its conviction of objective certitude and enters into an agnosticism which questions all its own standards of life and knowledge, doubts whether all this is real or else whether all, even if real, is not futile; the vital mind, baffled by life and frustrated or else dissatisfied with all its satisfactions, overtaken by a deep disgust and disappointment, finds that all is vanity and vexation of spirit and is ready to reject life and existence as an unreality, all that it hunted after as an illusion, Maya;

The Cosmic Illusion – Life Divine – Sri Aurobindo

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House of Mother's Agenda

(continued from last week)

As the mind's visitors or the heart's guests
 They espouse our mortal brevity awhile,
 Or seldom in some rare delivering glimpse
 Are caught by our vision's delicate surmise.
 Although beginnings only and first attempts,
 These glimmerings point to the secret of our birth
 And the hidden miracle of our destiny.
 What we are there and here on earth shall be
 Is imaged in a contact and a call.
 As yet earth's imperfection is our sphere,
 Our nature's glass shows not our real self;
 That greatness still abides held back within.
 Earth's doubting future hides our heritage:
 The Light now distant shall grow native here,
 The Strength that visits us our comrade power;
 The Ineffable shall find a secret voice,
 The Imperishable burn through Matter's screen
 Making this mortal body godhead's robe.
 The Spirit's greatness is our timeless source
 And it shall be our crown in endless Time.
 A vast Unknown is round us and within;
 All things are wrapped in the dynamic One:
 A subtle link of union joins all life.
 Thus all creation is a single chain:
 We are not left alone in a closed scheme
 Between a driving of inconscient Force
 And an incommunicable Absolute.
 Our life is a spur in a sublime soul-range,
 Our being looks beyond its walls of mind
 And it communicates with greater worlds;
 There are brighter earths and wider heavens than ours.
 There are realms where Being broods in its own depths;
 It feels in its immense dynamic core
 Its nameless, unformed, unborn potencies
 Cry for expression in the unshaped Vast:
 Ineffable beyond Ignorance and death,
 The images of its everlasting Truth
 Look out from a chamber of its self-rapt soul:
 As if to its own inner witness gaze
 The Spirit holds up its mirrored self and works,
 The power and passion of its timeless heart,
 The figures of its formless ecstasy,
 The grandeurs of its multitudinous might.
 Thence comes the mystic substance of our souls
 Into the prodigy of our nature's birth,
 There is the unfallen height of all we are
 And dateless fount of all we hope to be.
 On every plane the hieratic Power,
 Initiate of unspoken verities,
 Dreams to transcribe and make a part of life
 In its own native style and living tongue
 Some trait of the perfection of the Unborn,
 Some vision seen in the omniscient Light,
 Some far tone of the immortal rhapsodist Voice,
 Some rapture of the all-creating Bliss,

Some form and plan of the Beauty unutterable.
 Worlds are there nearer to those absolute realms,
 Where the response to Truth is swift and sure
 And spirit is not hampered by its frame
 And hearts by sharp division seized and rent
 And delight and beauty are inhabitants
 And love and sweetness are the law of life.
 A finer substance in a subtler mould
 Embodies the divinity earth but dreams;
 Its strength can overtake joy's running feet;
 Overleaping the fixed hurdles set by Time,
 The rapid net of an intuitive clasp
 Captures the fugitive happiness we desire.
 A Nature lifted by a larger breath,
 Plastic and passive to the all-shaping Fire,
 Answers the flaming Godhead's casual touch:
 Immune from our inertia of response
 It hears the word to which our hearts are deaf,
 Adopts the seeing of immortal eyes
 And, traveller on the roads of line and hue,
 Pursues the spirit of beauty to its home.
 Thus we draw near to the All-Wonderful
 Following his rapture in things as sign and guide;
 Beauty is his footprint showing us where he has passed,
 Love is his heart-beats' rhythm in mortal breasts,
 Happiness the smile on his adorable face.
 A communion of spiritual entities,
 A genius of creative Immanence,
 Makes all creation deeply intimate:
 A fourth dimension of aesthetic sense
 Where all is in ourselves, ourselves in all,
 To the cosmic wideness re-aligns our souls.
 A kindling rapture joins the seer and seen;
 The craftsman and the craft grown inly one
 Achieve perfection by the magic throb
 And passion of their close identity.
 All that we slowly piece from gathered parts,
 Or by long labour stumblingly evolve,
 Is there self-born by its eternal right.
 In us too the intuitive Fire can burn;
 An agent Light, it is coiled in our folded hearts,
 On the celestial levels is its home:
 Descending, it can bring those heavens here.
 But rarely burns the flame nor burns for long;
 The joy it calls from those diviner heights
 Brings brief magnificent reminiscences
 And high splendid glimpses of interpreting thought,
 But not the utter vision and delight.
 A veil is kept, something is still held back,
 Lest, captives of the beauty and the joy,
 Our souls forget to the Highest to aspire.

(to be continued next week)

Sri Aurobindo. Savitri – A Legend and a Symbol.
 Book 2: The Book of the Traveller of the Worlds.
 Canto 2: The Kingdom of Subtle Matter

Townhall Speaks

NEW SET OF COVID LOCKDOWN GUIDELINES

Valid until 31 December

Dear Community, the Honorable Chief Minister of Tamil Nadu has issued a new set of Covid lockdown guidelines valid until 31st December. These are the key indications:

- Schools from 6th to 12th class will be operating normally from January 3rd without a rotation system
- All colleges and technical colleges will operate as per usual procedure without rotation.
- Meeting halls will be allowed to be used for all the permitted activities.
- People should avoid gathering during the festive season considering the spread of omicron.
- No public access to Tamil Nadu beaches on 31st December and January 1st.
- Public events such as social, cultural and political gatherings will continue to be banned.
- All swimming pools will be allowed to operate.

The translation of the text of the press release of the Honorable Chief Minister is available at this link.

Please remember to continue to apply all due precautions of wearing masks and maintaining distance when interacting with others and in public spaces/facilities, and regularly washing hands or using sanitizer.

With best wishes to all,

The Working Committee (Anu, Arun, Chali (TOS), Hemant, Partha, Sauro, Srimoyi)

TO THE ATTENTION OF PEOPLE

WHO HAVE JUST ARRIVED IN AUROVILLE FROM ABROAD

Every person who has come to Auroville from Europe, Brazil, South Africa, China, Singapore, Bangladesh, New Zealand, Botswana and Mauritius after 1 December is kindly requested to urgently contact Aurosugan by email at SanteCoordination@auroville.org.in or WA 8012305151 in relation to the documentation concerning their quarantine exit test.

Please treat the matter as urgent and important.

We take the occasion to remind that everyone who will reach Auroville from the above countries in the coming days, is kindly requested to immediately report their arrival at the Resident Service and Sante Coordination by email only.

With regards, The Working Committee

(Anu, Arun, Chali (TOS), Hemant, Partha, Sauro, Srimoyi)

DISMISSAL OF AUROVILIAN FROM THE WORKPLACE

Dear Community, The Council commenced a subgroup in July to address the issue of dismissal of Aurovillian from the workplace.

After interacting with individuals and groups directly or indirectly related to this topic, the subgroup felt that instead of a policy or guidelines an awareness and human aspect is more important in such situations.

A mutual understanding to hold a space for both to introspect and to listen to each other so that the dismissal doesn't end up in a surprise. Keeping this aspect in mind the subgroup submitted to the Council a short note of information and clarification for those that find themselves in this situation.

The Council is happy to share it with the community for feedback which can be addressed till 30th December 2021, to avcouncil@auroville.org.in

See the document in this link: <https://auroville.org.in/article/87948>

At Her service, The Auroville Council

FROM THE ENTRY SERVICE - ES # 113

Dated: 25-12-2021

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to entryservice@auroville.org.in. We thank you in advance.

NEWCOMER ANNOUNCED:

- Alope MAJUMDAR aka AI (USA) staying in Auromode and working at Talam



Alope

AUROVILIAN ANNOUNCED:

- Allan Lawson BENNETT (British) staying in Hope and working at Auro Orchard
- Bondeepa PATOR (Indian) staying in Humanscapes and working at Svaram
- Shilpi GUPTA (Indian) staying in Kalpana and working at AHA Kindergarten & Matrimandir



Allan



Bondeepa

AUROVILIAN CONFIRMED:

- Alexandre MANGANO (Italian)
- Gopal DALAMI (Indian)
- Irene DAOUST (Canadian)
- Seul Ki JANG (Korean)



Shilpi

RETURNING AUROVILIAN ANNOUNCED:

- Arabinda PARIDA aka Aravind (Indian) staying in Serendipity and working at Dreamers Cafe



Arabinda

SPOUSE OF AN AUROVILIAN ANNOUNCED:

- Sabari THIRUMAVALAVAN (Indian) staying in Windarra (wife of Thirumavalavan ELUMALAI)
- Santha FRANC (French) staying in Courage (husband of Lila Franc)



Sabari



Santha

SPOUSE OF AN AUROVILIAN CONFIRMED:

- Bhakkiyalakshmi RAJ (Indian)

FRIEND OF AUROVILLE ANNOUNCED:

- Michel DANINO (Indian) & Nicole DELAPORTE aka Elfi (Indian) – Nicole came with the second "French caravan" in 1974 and Michel came in 1977. They were Aurovilians until 1982.



Michel

They have been involved in the publication / editing / translation of works related to Sri Aurobindo, Mother and Satprem, as well as research on Indian culture and history and authored a few books. Michel is a visiting professor at IIT Gandhinagar (Gujarat), where they are living and he recently became a member of the Auroville International Advisory Council.

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

Community News

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Service

ATDC MEMBERSHIP UPDATE

Dear Community members, on 15th December 2021 we are informed by the ATDC team that the following members have resigned:

- Elain
- Lakshey
- Saravanan

Warm regards, The Auroville Council

WE CONDEMN RACISM AND INTIMIDATION

Dear Community, recently certain attitudes and rhetorics have come to our attention that we believe are very concerning, and especially when they are seen in Auroville.

Although racism and intimidation are common in the human condition Auroville strives towards a future where these sorts of sentiments have no place. Persons that still resonate with these forms of unconsciousness invariably don't know any better, still needing to internalize that these sentiments are not aligned with Auroville nor the truth consciousness that we wish to manifest here.

We strongly condemn racism or intimidation in Auroville.

In Her service, Auroville Council

NEW BUDGET PROPOSALS FOR COMMUNITY SERVICES

Dear Community, after two unusual and challenging years, the BCC is preparing for a new budgeting process for the coming financial year, 2022-2023.

We invite existing or newly proposed services to submit budget requests for this upcoming year. To do so you will need to fill in two forms: an excel sheet and narrative form. You can find these attached on Auronet, or obtain them by emailing the BCC Office (bccreview@auroville.org.in). There are 2 versions of the Narrative form:

- If you are proposing a new service, fill the Narrative Information Form
- If you are an existing Service, fill the Narrative Report Form.

Please fill both of these documents carefully, so that we can have a clear overall understanding of your service, and **send it to us by January 7th, 2022** to bccreview@auroville.org.in. The BCC team will review these and come back to you with any questions.

On January 7th, 2022 BCC will start a participatory budgeting process to get input from the community on our overall priorities for the City Services budget. These inputs will inform the allocation process.

We hope all of you will participate by attending the first presentation, to be held at Unity Pavilion on Friday, January 7th from 4:30 – 6:00pm.

With dedication, Your BCC



AUROVILLE MATTERS

PEGGY RUSTOMJI PASSED AWAY



On photo: Peggy is wearing sunglasses

In the early morning of 15 December, Peggy, the mother of Jehangir and Rishad Rustomji, first generation of students of Auroville, passed away in her home in Kodaikanal. Both her sons were with her during the time of transition.

Some of us affectionately remember her sitting in the school bus that would bring students and teachers from the Ashram and Pondicherry to Auroville in the seventies, – in those halcyon days when we embarked on the Auroville adventure on an empty canvas.

OM

RAINWATER HARVESTING & MONSOON 2021



So far, we measured 2687 mm in Ga-ia's Garden after more than 100 days of rain. Several times basins flowed over regularly. The soil got saturated and communities and their inhabit-

ants suffered from flooding roads, paths and houses. I was asked to come to several and give advice.

Darkali is getting too much water inflow from Matrimandir area. One of their well created waterbodies is disputed and we hope to improve their overall water catchment in the coming year.

Transition school. Michael Mason created a rainwater harvesting system 20 years ago. The whole system needs to be upgraded, improved and extended.

Shanti & Sincerity. Their houses and paths were flooded by too much rain, which the area could not cope with. Percolation ponds and some bunds are needed. The paths were eroded, so it will be good to raise the paths with soil from the new ponds.

In Aurodam Li Mei suffered from water inundation as her house is situated in a low lying area. The soil hardly percolates and streams were flowing around. A swale with bunding may help for future floods.

Adventure got water from all sites and the houses were heavily flooded. It needs several percolation ponds and the roads need to be raised with the soil from the ponds. Bunds are needed to prevent further inflow.

Then we walked with Angad to improve that area in order to prevent future floods.

Are we going to receive more rains, torrential rains and cloudbursts in the coming years? Is this the new normal? Indications are there and it is not normal. What it tells us now is that we better prepare and maintain our water systems properly by desilting, extending and deepening where needed.

Kireet

PEACE BUILDERS TO CREATE THE BRIDGE



The first meeting was held on December 15th seated around the Peace Table at Unity Pavilion with 12 people. The following people were present: Luigi – Suryan – Narad – Pashi ji – Umberto – Eric – Enea – Jaya – Guy – Bianca – Satya – Uma as facilitator. Joss – Paul – Kalsang

were also invited, but could not join.

The meeting had the aim of bringing together Aurovilians to try to find concrete proposals together to overcome this difficult moment starting from listening to the heart and wisdom of each one. Narad opened the meeting with Om chanting and Pashi ji quoted from The Mother on Auroville.

Each of those present expressed their feelings about the events of the last days and there was a deep listening without judgement to everyone. Gratitude emerged for the great opportunity that Auroville offers to all those who have felt called to fulfil the Dream and also for the support of India to make it happen.

The atmosphere in the room was peaceful and collaborative. All agreed on the need to bridge the disagreements by using compassionate and peaceful courage to bring everyone back to their true centre, which perhaps got lost in the painful events.

Collaboration is the only way forward.

It has been affirmed the necessity to suggest to Madam Secretary a pause for reflection so as not to escalate more the tensions and to foster a better understanding of the development plans while listening to all the parties involved. Stopping the flood of news to the media from both sides is needed.

All participants decided to continue with Peace Building meetings, extending them gradually to more participants, taking responsibility to connect each other for collaboration. The circle got the new name of Peace Builders to create the bridge.

Bianca suggested as concrete proposal to gather once a week (maybe on Sunday at 5pm) all Aurovilians in Matrimandir Gardens in silence, to slowly reach again the spirit of unity and the centre we absolutely need to work as a big family for the amazing vision that Mother gave to us all. Every time we gathered in the gardens for the important celebrations, in the silence we felt truly united by the Dream and the energies that lovingly surrounded us helped us to keep alive the trust and commitment of each one in doing their part.

Let us all go back together to the Gardens to reaffirm this commitment in the silence of our hearts!

And it doesn't matter if at the beginning we will be few; the second time maybe others will feel the call inside. Until one day we will surely be able to take each other by the hand in a great circle of love, singing together the joy of having finally found ourselves and being understood in our precious diversities that create the wonderful uniqueness of Auroville.

THEY WENT AHEAD...



At the change of year, we remember those of our family who have gone before us in 2021... Warm and deeply felt memories and gratitude go out to our comrades on the path who left their bodies and are now in lighter spaces.

This year they are *Bhavani Shankar, Matthias Achenbach, Dany Foureau, Menaig Renouf, Ellen Eckelmann, Werner Stoff, Renzo Pezzato, Nolly Senden, A. Jothi, M. Durai, Janet Fearn, Ananda Bertaux, Gerard Carabin, Bernard Borg* and *M.Surya*.

We also remember and honour here *Peter Kuhrt, Parvathi Jaiswal, Manoj Das, Kailas Jhavery, Davide Montemurri, Rishikesh, J. Chellathai* and *Peggy Rustomji*.

We will meet again. Jay MA

<https://auroville.org/categories/262>

IAC CALLS FOR ENVIRONMENTAL AUDIT

of Auroville's current, future plans

An article has appeared in the Times of India revealing that The members of the International Advisory Council (IAC) of the Auroville Foundation have urged the Governing Board of the Auroville Foundation to conduct a thorough [environmental audit](#) by independent experts of current and future [plans](#) of the Foundation.

The appeal came in the wake of protests by a section of residents of Auroville against a road project by the foundation by clearing trees and residential and community buildings as per the master plan envisaged in 1999.

Given recent developments, and Auroville's outstanding work in eco-restoration for decades, which has earned it worldwide respect, a thorough environmental audit, by respected and independent experts, of current and future plans seem an urgent necessity," said the IAC members in a letter addressed to the members of the governing board.

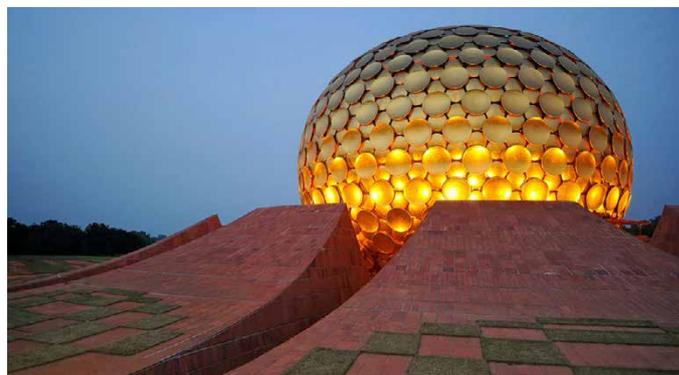
They urged the board to utilise the expertise and experience of many experts in Auroville in the planning of the township. "A first step could be to identify common ground, such as any area of the development of the future city that stakeholders and experts will all agree on, and focus on that initially, rather than on contending issues," they said.

They called for an actual practice of inclusiveness. "...differing views and perspectives are unavoidable, yet Auroville's challenge is to bring them together and find ways to harmonise them," they said.

[To read the full Article click here.](#)

FOR YOUR INFORMATION

NEW YEAR AT MATRIMANDIR



*A moment passed that was eternity's ray,
An hour began, the matrix of new Time.*

Savitri p.399

Friday, December 31, 2021

- **4:30 – 6:30pm** Flower, candles and silence under the Banyan Tree
- **5:15 – 6:15pm** A musical offering on the Bansuri (Indian Flute) at the Mini-Amphitheatre
Entrance from the Office Gate. Guests are requested to bring along their Aurocard.
- **4.30 – 9pm:** The Inner Chamber will remain open for Aurovilians and Newcomers.
- **11pm – 12:15am:** Midnight meditation for Aurovilians and Newcomers only with prior booking. Please note that only 45 people will be allowed to be in the Inner Chamber at any given time. Those who wish to attend the midnight meditation are requested to send a mail to mmconcentration@auroville.org.in to reserve their place. Last entrance into the Matrimandir will be at 11:45pm.

Covid protocols to be followed strictly

Saturday, January 1, 2022

- Morning Meditation under the Banyan Tree
6 – 6:30am: Entrance from the Office Gate. Guests are requested to bring along their Aurocard. Last entry for guests at 6.15 am.
- Evening

*As when a timeless Eye annuls the hours,
 Abolishing the agent and the act,
 So now his spirit shone out wide, blank, pure:
 His wakened mind became an empty slate
 On which the Universal and Sole could write.*

Sri Aurobindo, "Savitri", Book I, Canto V

5:15pm: Russian Singing bells at the Amphitheatre.
 Entrance from the Office Gate. Guests are requested to bring along their Aurocard.

Bonne Annee and Happy New Year to all!

SOLITUDE COMMUNITY GARDEN SESSION



Please come to Solitude on Wednesday at 5pm there will be a 1 hour community garden session with members of our circle garden team that has been together since lockdown. Last week we planted basil, brinjal, lettuce and tomatoes.

Some of the seeds came from the team's gardens. You can help sow and transplant seeds and seedlings. There will be tomatoes to take away and plant in your gardens or balconies. Beyond all concepts, ideas, ideals and beliefs, food is our common need and value. Please come and build our community with this simple act of honoring Mother nature and participating in the growing of our food.

Love, Krishna

PRESENTATION ON DREAMWEAVING PROCESS FOR AUROVILLE

Dear Aurovilians, we would like to invite you to a community meeting at Unity Pavilion on Monday December 27th, from 4.30-6.00pm to give you all an update on our attempt to organize an inclusive collaborative planning method for the Crown through the 'Dreamweaving' process.

The holistic process will include a group of Auroville's architects, multidisciplinary experts, and members of the community, supported by the planners of the Vastu Shilpa Foundation VSF (the office of BV Doshi). The method is a step towards a Detailed Development Plan (DDP) in harmony with Auroville's ideals, and vision.

We will be explaining how we got here and who was involved, where 'here' is, and how we envision the 'Dreamweaving' process will unfold. Once we have done this we will try to sense acceptability. After having spoken with many Aurovilians and received the almost unanimous support of the Auroville architects to engage, this community feedback is our last milestone before starting the process.

David and Omar (with a lot of help from many others)

GO NATURE FRESH COCONUT MILK



This is Rajaram from Arya community, and we are happy to announce that I have started a small-scale unit named Go Nature....

We are specially in the production of fresh coconut milk, coconut curd, coconut flour and other more coconut items, so fresh coconut milk and fresh coconut curd will be available in PTDC, PTPS, HRES, and Farm Fresh...

Pls contact us for the special orders (Gonature.auroville@gmail.com) Rajaram: 9047144668, 9655384668.

Thanks for your understanding and cooperation...

Regards, Rajaram

CHRISTMAS EVE AT VISITORS CENTRE CAFETERIA



There will be a special Xmas dinner menu on Friday the 24th evening with both non veg and vegan options.

Please see for details on AuroNet and please book by email to cafeteriavc@auroville.org.in indicating your choice.

Regular menu will also be served that evening.

A Merry Christmas full of light to all

Your Cafeteria team, Nicole

AURO-SANTHAI



We at Mohanam are conducting a Saturday Christmas market on **December 25, 2021 10am – 5pm** as part of our ongoing project called Aurosanthai. We invite you for one day full of fun and entertainment, while showing solidarity and support to our local economy. Come and attend workshops, Talks and other special activities that mohanam has experience in conducting and organizing for years. These are the main attractions at Aurosanthai

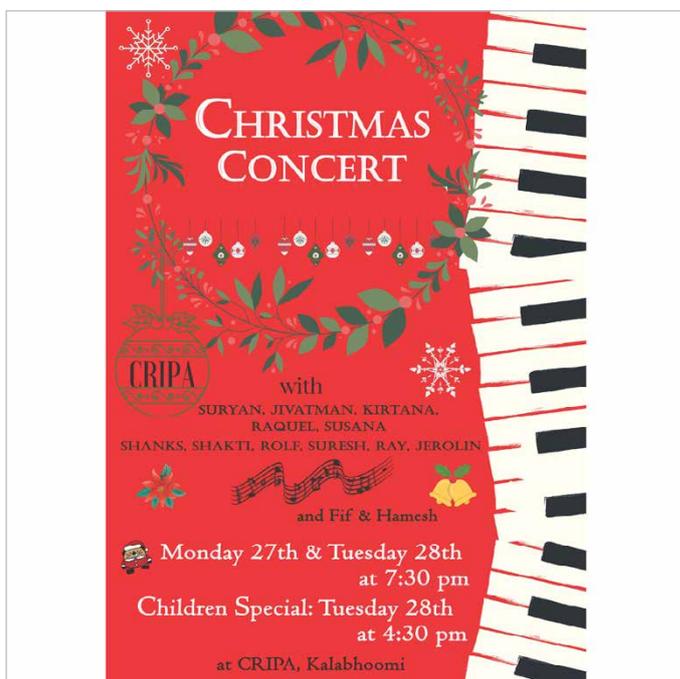
- Auroville and local village art and craft stalls (with farmers market)
- Traditional and modern food fusion stalls.
- Live Music Performances
- Hands-on Workshops.

For more information contact:

E-mail at mohanamprogram@auroville.org.in

Or call +91 8300949079

CHRISTMAS CONCERT

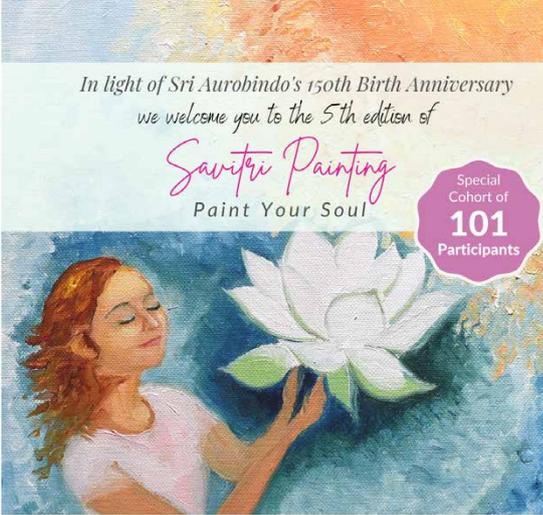


THE ARTS

SAVITRI PAINTING

Very warm greetings from Auroville

I wanted to offer a special invitation to you all to participate in the upcoming course [Savitri Painting](https://www.purnam.auroville.org/savitripainting), a five-week online intense journey where through the transformative power of Savitri and by lavishing in the coloured radiances, we dive deep into the journey of discovering our deepest essence.



In light of Sri Aurobindo's 150th Birth Anniversary we welcome you to the 5th edition of *Savitri Painting* Paint Your Soul

Special Cohort of **101** Participants

Apply Now
<https://purnam.auroville.org/savitripainting>

23 Jan - 27 Feb 2022
 Applications Closing on 31st Dec 2021

Sri Aurobindo has called these three means – poetry, art and music as the 3 greatest means for the education of the soul. As Sri Aurobindo's 150th birth anniversary is coming, we are happy to offer the gift of Savitri Painting journey to as many sincere sadhaks from across India and the world

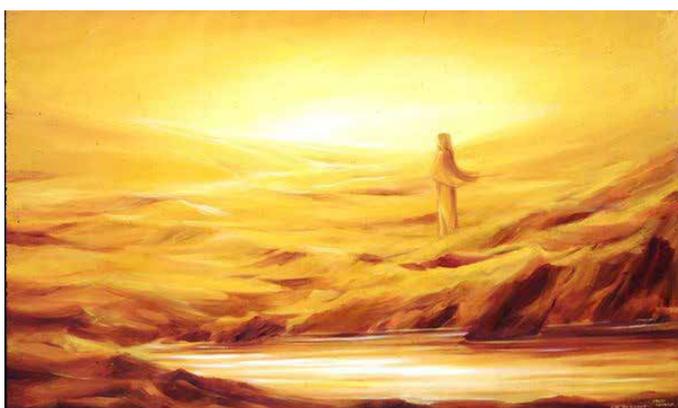
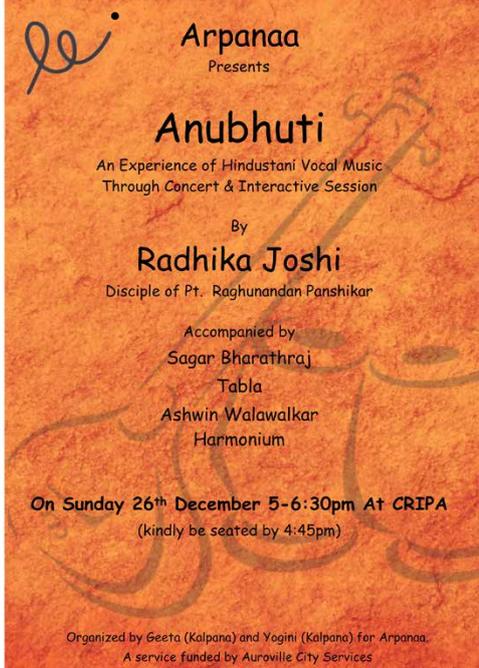
In light of Sri Aurobindo's 150th birth anniversary, we have launched a very very very special cohort where we will be 101 sadhaks taking the course simultaneously. Here is an invitation to the special cohort: <https://www.youtube.com/watch?v=bx9L9bHZcMM&t=4s>

The course neither requires you to be an artist nor a devotee, but it requires you to be a seeker. If the purity of Savitri, the joy of colours and the warmth of a collective attracts you, come join us. Apply at <https://purnam.auroville.org/savitripainting>

Please do share about the course with seekers in your networks particularly those close to Savitri.

It is with the greatest pleasure I share about Savitri Painting with you, and hope to see many seekers from around the world apply and participate, basking in the light of Savitri.

Warmth, Divyanshi

Arpanaa Presents

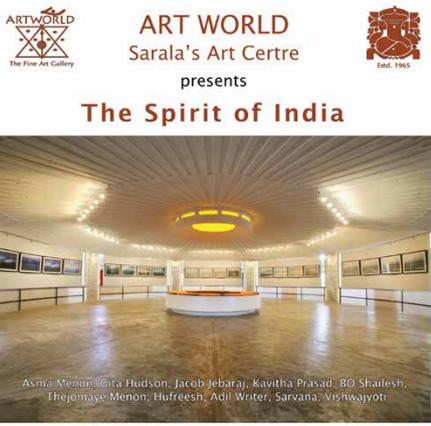
Anubhuti
 An Experience of Hindustani Vocal Music Through Concert & Interactive Session

By **Radhika Joshi**
 Disciple of Pt. Raghunandan Panshikar

Accompanied by
 Sagar Bharathraj
 Tabla
 Ashwin Walawalkar
 Harmonium

On Sunday 26th December 5-6:30pm At CRIPA
 (kindly be seated by 4:45pm)

Organized by Geeta (Kalpana) and Yogini (Kalpana) for Arpanaa.
 A service funded by Auroville City Services

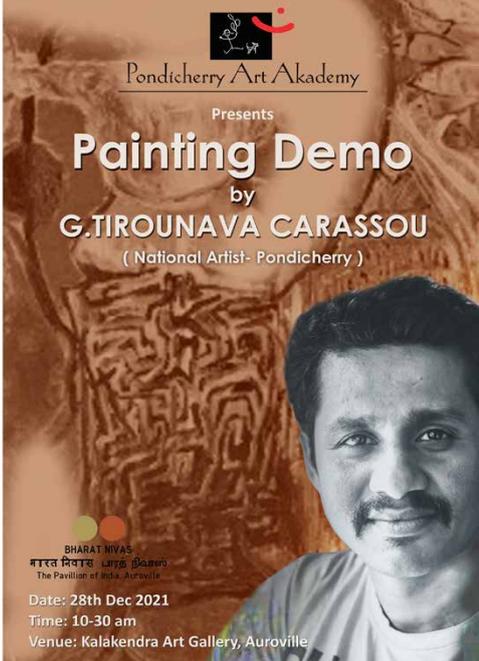


ART WORLD Sarala's Art Centre presents

The Spirit of India

India is a story of unity, diversity, freedom, spirituality, culture and the essence of legend.
 It is an eclectic ensemble of 10 artists celebrating the spirit of India through diverse viewpoints and philosophies with distinct interpretations.

Inauguration: Monday, 3rd Jan 2022, 4:30 pm
 Exhibition: 3rd - 12th Jan 2022, Venue: Kalakendra Art Gallery
 Opening hours: 10:00 am to 5:00 pm (Sunday open)
 Bharat Nivas - Pavillion of India - Auroville
 Please park your vehicles outside the gate
 Covid guidelines to be respected



Pondicherry Art Akademy Presents

Painting Demo
 by **G. TIROUNAVA CARASSOU**
 (National Artist- Pondicherry)

SHARAT NIVAS
 भारत निवास एंड गैलरी
 The Pavillion of India, Auroville

Date: 28th Dec 2021
 Time: 10-30 am
 Venue: Kalakendra Art Gallery, Auroville

WORK OPPORTUNITIES

AUROORCHARD COMMUNICATIONS TEAM

AuroOrchard is a 44-acre farm started in 1968 blessed by the Mother to 'feed Auroville'. We are a diverse team with diverse backgrounds and skills.

In our efforts to manage the farm collectively and to collaborate with the community, we are putting together a communications team to help us move forward with this work.

We are looking for Aurovilians/Newcomers/Volunteers to join us in this team and in our vision to grow food for Auroville.

Work for the communications team will involve:

- Writing
- Documentation of work on the farm
- Follow up with teams within the farm
- Research
- Communication with the community (newsletters, websites etc.)
- Preparing proposals for fundraising

We are open to discussing how the farm can provide support/contribution for a long-term commitment.

If you are interested, please write to us at auroorchard@auroville.org.in or you are welcome to visit us Monday – Saturday from 7 – 12am.

Please feel free to share this with others who may be interested.

Thank you! In Service, AuroOrchard team

INDO-GERMAN CENTRE FOR SUSTAINABILITY/IIT MADRAS

Two job openings in an exciting project

Dear friends, we are starting a new project to create a so-called Nook self-learning space in Katchipettu, a village of marginalised communities on the outskirts of Sriperumbudur. We are looking for two people in their 20s with Tamil language proficiency to be a Nook Fellow and a Nook Innovation Lead to run the place there.

As this is really about alternative ways of education and learning, we are looking for people who have some idea of the criticism of mainstream education, are creative out-of-the-box thinkers, able to work independently and want to make a difference. The positions are at IIT Madras with a duty station in Katchipettu.

I feel, this is potentially of interest for alumni of your courses but even for Auroville youths (candidates do not need to have any formal educational degrees, they only need to fulfil the criteria of the job description or demonstrate potential).

Please find more information about the Chennai Nook on our website: <https://www.igcs-chennai.org/research/igd/>

Attached I am also sharing the two job descriptions and how to apply:

- https://bit.ly/jd_il_cn
- https://bit.ly/jd_nf_cn

I would very much appreciate it if you could disseminate and forward to youth in Auroville.

Many thanks, Dr. Christoph Woiwode
Visiting Faculty (Landuse/Urbanisation)
Indo-German Centre for Sustainability (IGCS)
Dep. of Humanities and Social Sciences
Indian Institute of Technology Madras (IITM)
Chennai 600 036, India
and RWTH Aachen University, Germany
Dep. of Economic Geography
submitted by Divyanshi Chugh

SAVI IS LOOKING FOR TWO NEW MEMBERS

Savi is looking for two new members to be part of our administration preferably an Aurovillian or newcomer.



Administration Assistant 1 (half time)

- Reception desk; Volunteers orientation; First Information
- Foreign applicant enquiries;
- Applications management (orientation, matching, confirmation)
- Volunteer Agreement checks
- Light Registration (Indian volunteers) – Database

Administration Assistant 2 (half time)

- Reception and documentation for RRO Registration
- Visa overviews and monthly reports
- Updates of visa files and lists
- C form management

Required skills

- Welcoming countenance
- Office Administrative /organization skills
- Self organized, accurate and reliable
- Good communication skills (oral and written) and English language proficient
- Conversant in MS office, MS excel and database
- Ability to work in a team
- Work well under pressure

Maintenance available after a month of probation

Contact Savi with your CV and a mail stating your interest (study@auroville.org.in)

*Regards,
the Savi Team*

HR INITIATIVE WORK OPPORTUNITIES

HR Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Coordinator

You have the ability to organize, to take notes, to chair meetings, you are able to listen to people, you have patience, and you are innovative. You have proficient computer skills; the ability to answer emails, use Word, spreadsheets, and Google docs. You have very good English communication skills. Tamil would be a plus. Maintenance available either full or part time.

Communication

A diverse team with diverse backgrounds and skills is looking to put together a communications team.

The work for the communications team will involve: Writing; Documentation of work on the farm; Follow up with teams within the farm; Research; Communication with the community (newsletters, website etc.); Preparing proposals for fundraising.

Support/contribution for a long-term commitment can be arranged.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at hriauroville.org or hr_hub@auroville.org.in

LOOKING FOR

Looking for Short Term House Sitting, Volunteer



Hi! I am Anuradha S, presently volunteering for Aurora Artisanal trust. I am currently house sitting at Acceptance but the steward is returning sooner than expected. I am looking for a short term house sitting from January to April.

I have a peaceful lifestyle, can make a small contribution & take care of pets.

In case you have something available, please reach out to me directly on +91 9035002951

*Thanks,
Anuradha Subramanian*

Looking for a Cycle Saddle Bag



Looking for a cycle saddle bag. Please contact [nausheen 9487833736, nausheen@auroville.org.in](mailto:nausheen@auroville.org.in)

*Warmly,
Nausheen*

Youthlink – Looking For

Dear Friends, YouthLink’s office, based under Le Morgan Cafe – Town Hall, is looking for items in the below list, all in preferably good condition please, to help create a super environment for service:



- A working wall clock!
- Clipboards or any stationery items, such as magazine stands.
- A metal/steel shelving unit (Depth 40cm).
- Letter trays and/or large plastic trays.
- Small metal shoe rack!
- Whiteboards.

Please contact us at youthlink@auroville.org.in, or feel free to drop by our office in the mornings!

*Much appreciation,
YouthLink Team:)*

House Help

We are looking for a person to take up full time work as house help for a house in Auroville.

Work would include cleaning tasks, cooking, ironing, some grocery purchasing and light garden work.

Please contact if you have the following requirements:

- have a basic understanding of English
- have a valid 2 wheeler driving license
- have prior work experience either in an Auroville household or restaurant

*Contact Harsh,
2622128/09108242808*

Bikini Lost



By mistake, I put my friend’s swim suit in the Free store. It is a bikini, size 36-38 with a top bandeau blue color with red coral design and little shiny things. If you took it can you please contact me, thanks +917868075767

Helena

AVAILABLE

New Creation School Has Received Workbooks

*“The child is a fire to be kindled, not a vase to be filled”
François Rabelais.*

Hi, Sandosham school at New Creation school has received many workbooks for learning French, maths and science. For children from 6 to 12 years old. There are also books for all ages. These books come from France.

We would like to donate some before they get damaged by time. Please contact.

**+91 9488512678, Veronique,
SANDOSHAM school manager**

Sweet, cute, intelligent puppies for adoption, excellent hunters, mix of breed and local beauty, ready to become lifelong companions to a responsible child/adult/family. They were born on Diwali and will share their light with you on Christmas.

Contact Ashesh 9489147202, asheshjoshi@auroville.org.in

HELP NEEDED

TO COMPLETE STUDIES

Dear Auroville family and friends, I have started my higher studies at Hindustan College of arts and science in the Microbiology department, completed 3 semesters, and I am now moving toward the 4th semester final exams.

So far my studies have been flowing well with no obstacles and no stops. That is because of the immense help and financial support and the love that you have given me throughout my studies till date. I am very thankful and grateful for the support.

The details of the fees are given below:

- 4th semester fee: Rs.33,000
- Balance 50% hostel fee: Rs.35000
- Exam fee: Rs.2150
- Total required amount is Rs. 70150.

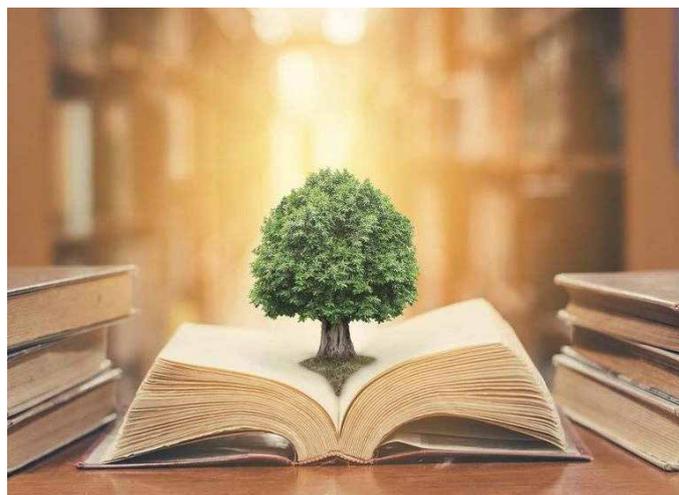
Unfortunately this years fundraising was not very successful and I have to borrow Rs 65000 for the fees and hostel that have to be paid by today 21st December 2021.

This is again a humble request to support me for my studies so that I can return the loan soon.

All financial help is much appreciated. Financial Service account #251777, “Bouthan Studies”

A big thanks for all the help and support extended to me so far. I love my studies and I am deeply grateful to have the opportunity to learn.

*With hope, Bouthan
Submitted by Shiviya*



Voices and Notes

PERSONAL STATEMENT

Although I am currently TOS and have been since October 8, I have been hearing and reading about the recent events in Auroville from multiple sources, as well as seeing pictures and video footage. Real pain, sorrow, frustration and, at times, fear are starkly visible in the images and can be felt in all the many communications I have seen. These events have left me deeply shocked and saddened, and feeling great concern for the Dream of Auroville, the Auroville that I and so many others came to try to build, grow and be a part of, to serve the spiritual call of Mother and Sri Aurobindo.

The Galaxy Concept is a beautiful one, and I am not against the Master Plan as a perspective and framework. However, I don't believe it was intended to be a fixed or static plan and it is in fact stated on pg 84 that "Although the Master Plan (Perspective 2025) indicates a time horizon of 25 years, it will neither be traditional nor static and rigid." (Full quote of the paragraph is reproduced below.) Having read the transcripts of the interviews of Roger and having a lifelong connection with Mother, I don't believe they were rigid or fixed either, as can be seen in the many available writings and documented interviews. (From an interview with Roger: "People come here to live the experience and it is from this experience that their living conditions, their environment will be created. Q. So Auroville may never be finished, then? R. Perhaps not, but that has absolutely no importance. What is important is not to build a city, it is to build, I repeat, a new humanity. Having said that, how much delay and how much time it will take, only the future will show us. I hope it will be soon!")

But for me being for or against the Master Plan is not the point. **The point is how we live together, how we develop together, how we make decisions together, act together, treat each other.** And the physically aggressive actions involving JCB's and busloads of police in the middle of the night and then JCB's and a large group of hired outsiders behaving like gundas during the day after an agreement had been reached, and all of this planned behind closed doors between the Secretary and Aurovilians against other Aurovilians...**this is simply not justifiable.** How can we claim to be aspiring and working towards an "actual human unity" and "peace and progressive harmony" while carrying out, ordering or condoning violence, aggression, threats, intimidation and literal bulldozing because of internal disagreements?

I was present at the Inauguration, I grew up in Auroville most of my childhood and have spent most of my adult life in service to the Dream, to the aims and the ideals, and have lived in all its realities, the beautiful and hopeful as well as the discouraging, disappointing and frustrating ones. I believe with all my heart and soul that this authoritarian approach using external entities to force contentious development, or anything else, is not the way for Auroville, and goes against its spirit, its aims and its ideals.

Another point I would like to address is that of participation by residents in major decision-making. **I believe every resident, no matter their perspectives or opinions, should have the chance to participate and it is reasonable to expect the Working Committee to allow and support that process.** Quoting pg 9, 20(1), of the Auroville Foundation Act, "There shall be a Working Committee of the Residents' Assembly which shall assist the Residents' Assembly or, as the case may be, the Governing Board, in discharging its duties under this Act." I believe the Working Committee, of which I am currently a member, is primarily accountable to the Residents' Assembly and must put aside individual preferences and positions to give the RA its voice in organized decision-making processes, even if many of Auroville's processes are still far from perfect.

Auroville, its processes and its residents are very much 'works in progress', and therefore so is the Working Committee, but it must represent the RA to the best of its ability and, ideally, try to synthesize all of the diversity of views and positions in our complex community without resorting to force.

I hope and pray that this kind of thing never happens again among us, that it is agreed that divisive forces and tactics are unacceptable in Auroville, that the deep hurt and wounds and rifts that have been caused will be acknowledged as something real and regrettable, that we can all dig deep and find a way to build the city and walk the path of an evolution of consciousness in a spirit of creativity, exploration, experimentation, flexibility, pragmatism and open-mindedness, with all our diversity and differences, while acknowledging and embracing our common love and commitment to The Mother and Sri Aurobindo.

Chali, 15 December 2021

Although the Master Plan (Perspective 2025) indicates a time horizon of 25 years, it will neither be traditional nor static and rigid. In the framework of Perspective 2025, the Planning Group would prepare a detailed Five Year Development Plan containing the priority item to be taken for development as given in Table 22. At the close of the first Five Year Development Plan, the progress would be assessed. A second phase detailed development plan would then be prepared on the basis of the feedback obtained from the field/monitoring which will be followed by further detailed development plans for subsequent years and period. (Pg 84 of the Auroville Master Plan, Perspective 2025)

Editor note: This letter first appeared on Aurnet.

WE ARE ONE

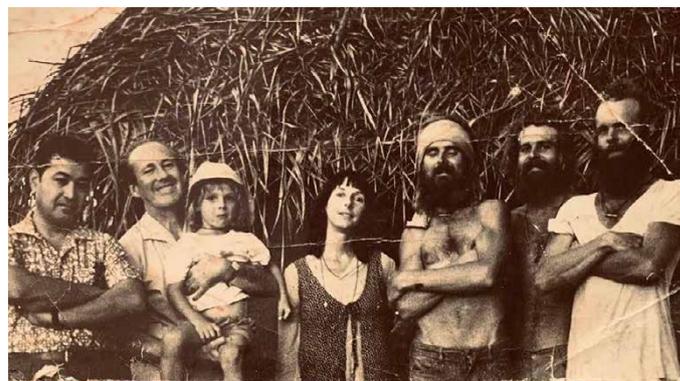
Rallied behind Mother and the Charter of Auroville we could be united and strong but following instead our petty personal desires, we are divided and weak.

United we could start to build the city the earth needs and attract all the positive forces from in- and outside to help us in this endeavor. But divided and weak we are inviting the destructive forces who want to harm, to destroy or to profit.

To believe that in a conflict like the present one there are winners and losers is an illusion. Either we rise together or we fall together... because we are One, if we like it or not.

Eva of Citadyn

I DREAMED IN A DREAM



Fertile begins. Jan, Johnny, Bois and Denis (Namas)

I DREAM'D in a dream, I saw a city invincible to the attacks of the whole of the rest of the earth;

I dream'd that was the new City of Friends;

Nothing was greater there than the quality of robust love—it led the rest;

It was seen every hour in the actions of the men of that city, And in all their looks and words.

Walt Whitman

THE AUROVILLE FOUNDATION ACT

as Seen by Kireet Joshi

“This particular act has been so designed that even as it is, whatever it is, you have complete freedom to develop Auroville according to the Charter of Auroville, there’s nobody who can prevent you, as long as you say and you can show that you want nothing but the Charter of Auroville. You have complete freedom.

And how is this been designed? There are three provisions in the Act. We say there will be a governing body, there will be an international Advisory Council, and there will be a Residents Assembly and all the three are equal authorities. And what will be the relationship between these three bodies? The relationship is of mutuality and this word ‘mutuality’ is very important.

The true soul experience is an experience of mutuality. Egoistic experience is an experience which wants to throw away everybody else, egoistically, as if we have nothing to do with anybody else. Even if you try to do it, it is impossible. In this world, as Sri Aurobindo says, there are always three terms of existence: the individual, the group in which he lives, and largest group which is humanity as a whole. And nobody can get rid of these three terms. The world cannot get rid of groups and the individuals, individual cannot give up group or their largest group, and no group can exist without a membership of individuals and the largest group around. The three are inter related. There is a spiritual unity of the three, individual, groups and the largest group.

Therefore, if you are really spiritually governed, you will see mutuality of the three. It is in mutuality of the three but it depends how you develop this mutuality. And Sri Aurobindo says “by no mechanical law can you attain to this mutuality”. It is only when you develop true brotherhood and you exercise true brotherhood that this mutuality can be experienced and can be realised. Now, this Auroville Act has been so enacted that, whether you like it or not, you are bound to develop brotherhood. It’s a kind of a gift. This act is of such a nature that you are bound, even if you want to throw away brotherhood, you are bound to have it, it’s like a spiritual compulsion. It is laid down that Auroville will be organised by the people of Auroville. Secondly that the freedom of individuals in Auroville, as long as they develop according to the Charter, nobody can infringe it, not even Governing Board. Governing Board, of course, has the power of control, supervision, to see that everything is run smoothly and, particularly, that it is bound to promote the ideals of Auroville. This fundamental heavy responsibility assigned to it ensure that the aims of the Charter are fully promoted and implemented.

The most important function of the International Advisory Council is to advise and to make sure that the freedom of the members of Auroville is guaranteed. This is the function of the Advisory Council. If the Governing Board takes any arbitrary action by which the freedom of Auroville is infringed, if you can prove that this action infringes the freedom of Auroville to promote the Charter of Auroville, it can be knocked down. So you can see the mutuality. The Governing Board has to salute the Residents Assembly, has to give assurance to the Advisory Council that its actions are not arbitrary, Residents Assembly has to salute the Governing Board—nothing wrong in saluting anybody. This is the called mutuality, saluting each other is a fundamental law of life. To egoism, this kind of a salute is very difficult to digest. Why should I salute anybody in the world? But so long as we live in that consciousness, we are not acting according to the Charter of Auroville.”

*From a talk given in Auroville
on the 19th July 2003*

APPEAL

16 December, 2021

Dear Auroville Family,

The last weeks of 2021 have been intense and challenging at many levels of our existence. While we have been exposed to our vulnerabilities, these tough times have also made us realize how big the Auroville family is. Much much bigger than 50,000 future inhabitants. Crown road has become a catalytic bond, no matter if one finds standing for or against the project. What matters is a strong connection to Auroville. Diversity is our best friend.

Our respected elder Dr.Karan Singh, respected members of the present International Advisory Council (IAC) and respected members of our previous IAC have given us wise advice. We need to pause and listen to find ways to build collaboration amid the current chaos.

In this light I would like to appeal to everyone to reflect on this advice. Let everyone involved ‘help with a cooling off period and to begin rebuilding trust’. Let’s ‘keep calm and under no circumstances indulge in any act of violence’. Let’s ‘refrain from bringing in external agencies. Let ‘the manner in which Auroville is built is as important’.

Let’s build in ‘practice of inclusiveness’. Let our ‘first step could be to identify common ground, such as any area of the development of the future city that stake-holders and experts will all agree on, and focus on that initially, rather than on contending issues’. Let’s support youth and restore trust of our future. Let’s integrate Mother’s Nature with Mother’s City. Let’s work towards harmony and collaboration. Let’s build ‘the City of Dawn’. Let’s embrace and heal each other.

Let’s welcome the New Year 2022 with a new hope and Light.

Love, Hemant Lamba

AUROVILLE RADIO



Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

Last published podcasts

- [PAPY THE BOOMER – Ep.03 Galaxy](#) (Humour)
- [Soul Tracks – Se.3 Ep. 6 Wild West Wanderings](#) (Music)
- [Interview with Uma](#) (City Life)
- [The Hitchhiker’s Guide to the Galaxy, read by Lili – Ep.1](#) (Literature)
- [Happiness, Love and Laughter – ep.120 “Unity in Diversity with Kripa”](#) (Wellness)
- [Tamil Epics – ep.13 “சிலப்பதிகாரம்”](#) (Tamil culture)
- [The best of what’s still around – ep.37](#) (Music)
- [Une série hebdomadaire de lectures par Gangalakshmi – 377](#) (Integral Yoga)
- [Marlenka’s Weekly Offering – ep.36](#) (Integral Yoga)

Last Youtube live videos

- [Residents’ Assembly meeting – Unity Pavilion, 20th Dec. 2021](#) (City Life)
- [Academic Genius Brothers “3 songs & 1 silence”](#) (Play)

...and more! on www.aurovillerradio.org

For more information write to radio@auroville.org.in

*Peace and Love
With love, Bhagandas*

HELPFUL HINTS/ADVERTISEMENTS

AYURVEDIC RECOMMENDATIONS FOR WINTER



Visarga Kaala, when the moon is more influential and the sun rays are soft and warm.

The body gets some rest from the past seasons. The digestive fire becomes stronger, appetite increases and slowly Kapha accumulates strength and builds up the immunity. There's a feeling of coming back to the warmth of one's inner place. If imbalanced, it may give a sense of emptiness in the heart, dullness in the mind or feeling depressed or lonely (Vata or Kapha imbalances).

Help the body to regenerate: **KEEP AGNI STRONG** – in the abdomen for an optimum nutrient assimilation and in the heart for clarity and joy.

What kind of digestive fire do you have?

VATA digestive fire:

- Irregular, weak appetite, can easily skip meals, Irregular digestion, tendency to gas, bloating, constipation. Favour tastes such as sweet, sour and salty

PITTA digestive fire:

- Strong appetite, must eat when hunger manifests, otherwise becomes irritable. Fast digestion, acidity before meals, tendency to loose motion Favour tastes like sweet, bitter, astringent and use green fresh aromatic herbs: parsley, coriander, rosemary...

KAPHA digestive fire:

- Weak appetite but really enjoys food. Slow, heavy digestion, tendency to create mucus or post-digestive acidity. Favour all spices, bitter and astringent tastes

General Guidelines In The Food:

- Sweet, sour and salty tastes
- Eat warm, cooked food spiced up with: ginger, pepper, turmeric, cumin, clove, asafoetida, mustard seed, ajwain, cinnamon, fennel seed, fenugreek seed, onion, garlic
- Proteins: Mungdal, black gram (Maasha) beans, chick-peas, lentils, white meat, egg, mutton (meat soup), nuts and seeds, spirulina, hemp seeds
- Vegetables: green leaves, carrot, beet, eggplant, cauliflower, broccoli, bitter-snake-bottlegourd, moringa (drumstick), chow-chow
- Sweet = Cereals: millets, wheat, barley, rice, oats
- Sweet = Fruits: apple, banana, papaya, passion fruit, pomegranate, grape, guava, pear, rosella, all citrus preferably sweet
- Ghee or sesame oil, olive, sunflower, apple cider vinegar
- Beverages: herbal masala teas, hot water, with honey or jaggery; wine prepared with jaggery (called Arishtam), sugarcane juice, golden milk
- Ayurvedic blend to stimulate absorption: Trikatu (for Kapha), Hingwashtak churna (for Vata), Avipatikar churna (for Pitta)... with honey

To Avoid:

- Cheese, yogurt, curd, lassi at dinner (they should be eaten for breakfast or lunch)
- Cold beverages
- Raw vegetables
- Heavy and difficult to digest (deep fried food, etc.)
- Ice-cream

In The Activities:

- Main principle: stabilize, centre, recharge
- Sleep longer
- Keep a regular rhythm (with meals and bedtime)
- Massage with sesame oil + apply heat to let the oil penetrate
- Hot shower or bath, Foot bath with warm salty water
- Keep the body warm with cotton, wool, silk, leather
- Physical exercise: 30 minutes daily of stimulating Yoga, Pranayama, Meditation-concentration, Qi-Gong, Toning...
- Nasya: 1 drop of Anu Tailam in each nostril

To Avoid:

- Prolonged fasting
- Humid and cold air, wind, fan
- Long hours at the computer
- Stay awake late at night

*Wishing warmth and love
Be @ Sante*

OUR AURA NETWORK PHONE APP



A User's Feedback:

*Slowly learning to ask what I need and offer what I have.
Slowly learning to be an unguarded sharer.
Slowly learning to receive and give unconditionally.*

*Slowly learning to enjoy this dance of gifting it forward.
Thank you Aura for helping me share my things and skills with our loving community.*

The Aura Team, www.auranetwork.app

AUROMODE HIVE OPEN HOUSE

Friday, 24 December, from 10am to 5pm.



Auromode Hive would like to invite you to an Open House. We will have some biscuits and free internet! All are welcome to try out our coworking space free of Charge!

- Open from **9am to 5pm** on All Days Except Sundays
- Fully Air Conditioned, Clean & Quiet, Professional Coworking Space
- Two Fully-Equipped Conference Rooms with Projector
- Reliable **High-Speed Internet** Facility
- **Colour Printing** and Scanning Facilities up to A3 size
- Small Self-Service Kitchen, Restroom & Outdoor Zone
- Easy access to Auromode Guest House, Dining
- 24/7 Power Backup and Security, Parking
- Aquadyn Drinking Water.

For Further Queries contact us:

- ✉ auromodehive@auroville.org.in
- ☎ 70921 97375
- 📷 [auromode_hive](#)
- 📘 auromode Hive

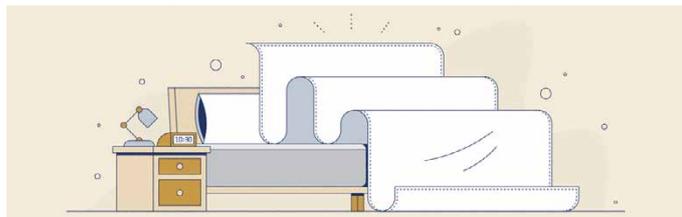
Please Follow COVID-19 Regulations

Auromode HIVE Team

PROBIOTICS HOUSE TIP SERIES # 33

How to Whiten Sheets in 4 Simple Steps

(Continued from the last week)



Frequently Asked Questions

If you're looking to make your sheets white again, keep reading for answers to some common questions about whitening yellowed sheets.

• Can I Get Sweat Stains Out of Sheets?

Sweat stains on sheets are a pesky reality for many people. Your body naturally produces oil while you sleep, but sweat stains can also be affected by room temperature, hydration levels, and salt intake.

If possible, try to stay cool at night by wearing breathable clothing, and using a fan. To get sweat stains out of sheets, try using the borax and white vinegar methods.

• How to Get Yellow Stains Out of White Sheets?

Yellow stains on white sheets are not a welcome sight for most people. Your white sheets naturally turn yellow because of sweat and body oil, and can stain over time if you don't take proper precautions.

To prevent yellow stains on white sheets, wash your sheets once a week or more if possible to consistently remove buildup — every four to five days is most ideal.

• Can Yellow Stains on Pillow Cases Be Removed?

Yellow stains on your pillowcase occur because of natural oils from your face and hair. For many people, the culprit of yellow-stained pillowcases is an unwashed face or forgetting to remove makeup before bed. To ensure you get your much-needed beauty sleep, be sure to use both an oil and water cleanser on your face and wash your pillowcases as often as possible, ideally once a week or more.

• How to Whiten Dingy Sheets?

Dingy sheets are often caused by washing darks and lights together. While this might save time, your light clothes (and sheets) will suffer the consequences of being washed with darks.

To prevent dingy sheets, be sure to wash your lights and darks separately and reinforce with a whitening ingredient like vinegar, or borax.

• How to Get Blood Out of Sheets?

Getting blood out of white sheets can be a daunting task. Bloodstains are notoriously difficult to remove, but it's still possible to get blood out of your sheets if you're proactive and act quickly.

To remove blood from your sheets, be sure to use cold water and don't rub, as this will cause the blood to set further into your sheets. Once you've removed as much blood as possible, use our Probiotics Cloth-Pad-Bar first, and after finished with hydrogen peroxide to get blood out of sheets.

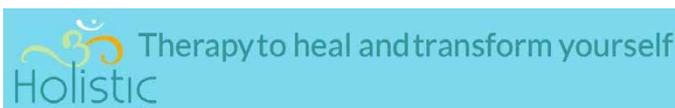
After some time, white sheets naturally start looking yellow or dingy. However, you can use whitening agents like lemon, vinegar, or hydrogen peroxide to counteract the stains and keep your sheets looking hotel-quality white.

**Probiotics House
Guidelma & Margarita
MGEcoduties – Reve.**

CLASSES, WORKSHOPS & HEALING ARTS

YOGA, MEDITATION & STRESS MANAGEMENT WORKSHOP

From 24 to 28 December 2021



<https://www.auroville-holistic.com/yoga-and-meditation-workshop/>

Registration

For registrations & more information, please contact +91 9489805493 or christinep@auroville.org.in

Timing & venue:

From 7:45am-to 1:00pm, Holistic Studio@Kuilapalayam
For Beginners as advanced students
<https://www.auroville-holistic.com>

Ms. Christine Pauchard

PITANGA CULTURAL CENTER



Emotional support and therapy for realignment

Vani is offering emotional support and therapy to realigning through the following therapies:

PITANGA
CULTURAL CENTRE

Energy therapy: Fusion of deep guided relaxation, visualisation, reiki, pranic healing, and foot & cranial reflexology. (Duration 1h)

Rediscovering the Self-healing power and natural Intelligence of the body: Experiencing the Presence within by quieting the thought process and contacting the body. (Duration 1- 1.5 hrs)

Journey to the memory of the body: Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these old believe systems put in place in the past, which keep us from living a very joyful life in the present. (Duration 1- 1.5 hrs)

If you wish to take an appointment for these or any of Pitanga's activities, please call us at 2622403 or write to us at: pitanga@auroville.org.in

See you at Pitanga, with a smile !

Calling for Peace Through the Body

Calling for PEACE THROUGH THE BODY

21 days
ATB and Yoga Nidra
Offered by Rosa & Francesco

Saturday 11th Dec. to Friday 31st Dec. 2021
Every morning 7 – 8 am
At Pitanga

An invitation to residents to join in a quiet space, a space where to release, and move back inside in the search of a whisper for Peace.
Join on the days when you can; no need for booking. This is an offering of help in times of challenge and growth.

"Widen yourself to the extreme limit of the universe... and beyond. Always take upon yourself all the necessities of progress, and resolve them in the ecstasy of Unity. Then you will be divine."
The Mother

PITANGA
CULTURAL CENTRE

Pitanga – Cultural Centre | Samasti | Auroville 605101 | T.N. India
(0413) 262 2403 | pitanga@auroville.org.in

Anatomy of the Spine

Anatomy of the spine
Applied
Anatomy program
With Osnat



January 2022
Wednesday 19th
Thursday 20th
Friday 21st
Daily
9 - 12 & 2 - 4 pm
At Pitanga

3 days course
15 hrs program

An applied Anatomy program which combines theoretical learning of the musculoskeletal system including aspects of anatomy, physiology and biomechanics with practice that connects the anatomy with the function.

The course designed for bodywork-teachers and therapists who wish to deepen their understanding of the body-motor-system.

Registration is required at Pitanga.
Contribution is expected.
For further inquiry: osnat@auroville.org.in



Pitanga - Cultural Centre | Samasti | Auroville 605101 | T.N. India
(0413) 262 2403 | pitanga@auroville.org.in

RUSSIAN SINGING BELLS



Sound Bath

Relax – Retune – Recharge

Experience deep interiorization, tranquility and self-healing invoked by harmonious resonating sounds of this unique instrument from Russia. Silent listening to the play of resonances induces a state of quietness in the mind, peace in the heart and happy relaxation in the body. Base tones of the bells help to reset the whole system to its original equilibrium, bringing the sense of completeness, centering and integration. Led by Vera Joshi. Duration 1h30.

Wednesday, Thursday, Friday, Sunday 3pm,
Saturday 2pm

Please register with Vera prior to session.

Individual and group sessions can be arranged at your convenient time.

Ph/WA +919486247202.

Soul Resonance: Collaborative Workshop

We Co-Create Music in a group setting playing the Russian Singing Bells together! We learn to express our deepest aspirations in sound, to hear and support essential vibrations of others and gradually come to a transformative experience of our inner connection which translates itself into a spontaneous joyful music of Harmony. Minimum 6 people are required for this workshop. Duration 1h30.

Led by Vera Joshi. Duration 1h30.

Saturday, Sunday 11am.

Please register with Vera prior to session

Ph/WA +919486247202.

SERENDIPITY

Auroville Introduction 4 Days Program

January 5th to 8th, 8am to 4:30pm

An honest exploration to unveil community life in Auroville!

- Program free of charge for Auroville guests and volunteers
- Priority given to people staying in Serendipity
- Advance registration required (serendipity@auroville.org.in)



The Auroville introduction program is for people who want to know more about Auroville. The program will help interested people to get a better understanding about what Auroville is and aspires to be. Participants will get an insight into Auroville's inner workings and have hands-on experiences with various aspects of Auroville. Specifically: on day 1 we unravel the roots and history of Auroville; on day 2 we familiarize you with some of its current activities; day 3 focuses on the potentialities of the community; day 4 brings it all together in synthesis with the Dream.

For further understanding, a typical day will be as follow:

- 07.30 – 08.00: Open silent meditation.
- 08.00 – 09.00: Hatha yoga.
- 09.00 – 09.30: Auroville farmer breakfast.
- 09.30 – 10.45: Reflections and sharing on Synthesis of Yoga quotations by Sri Aurobindo.
- 11.00 – 12.30: Visit of an Auroville project and discussion on Auroville governance / food sustainability / community living.
- 12.45 – 13.45: Italian / South Indian / Japanese lunch break in Serendipity.
- 13.45 – 15.00: Yoga of inner discovery
- 15.15 – 16.30: Visit of an Auroville project and discussion on alternative mobility/ education/ economy.

New Tai Chi Weekly Classes by Lhamo

Every Wednesday and Friday from 4 to 5pm

Feel the flow, feel your energy!

- Starting January 5
- Drop in. No registration required

Tai chi is a non-competitive martial art known for its self-defense techniques and health benefits. As a form of exercise, it combines gentle physical exercise and stretching with mindfulness. This martial art is an ancient Chinese tradition that has evolved over centuries and even though tai chi developed for self-defense, it has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements. Lhamo will be teaching 24 forms of Tai Chi Quan (which is a simplified style) for beginners; but according to the students level she will then progress to other forms of Tai Chi Quan like the 42 Style and the 37 Wu Style. This class is aimed at beginning practitioners, but can also be a refresher training for already experienced students. Participants will have the possibility to attend individual classes on a drop in basis.

Serendipity

(Ex. Joy Guest House)

Center Field, Auroville – 605101,

Tamil Nadu, India

Landline: +91 (0)413 2965693

Mobile/Whatsapp: +91 9385623342

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>

**NEWS FROM
AUROVILLE LANGUAGE LAB**



New Language Courses

Language	Level	Start Date	Time	Day(s) of Classes
Italian	Beginner	17 December 2021	03:30pm – 04:30pm	Wednesdays – Fridays
Hindi	Beginner	08 January 2022	10:00am – 12:00pm	Saturdays

Please fill out our form at <http://register.aurovillelanguagelab.org/> to join, or inquire about, any language classes at the Lab! As well as drop us an email or call!

Please Note: Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!

ALL: Schedule Of Classes as of 17.12.2021

Language	Level	Time	Day(s) of Classes
English	Complete Beginners!	To be determined! Inquiries Welcome!	
	Beginner & Pre-Intermediate	10:00am – 11:00am	Tuesday & Thursday
	Beginner & Pre-Intermediate – Group 2	10:00am – 11:00am	Wednesday & Friday
	Intermediate	02:30pm – 03:30pm	Wednesday & Friday
French	Beginner	To be determined! Inquiries Welcome!	
German	A1.1 Beginner Online – To Start – Inquiries Welcome!	07:30am – 08:30am	Tuesday, Wednesday & Thursday
Hindi	NEW to start – Beginner	10:00am – 12:00pm	Saturday
Tamil	Spoken Beginner	09:30am – 10:30am	Tuesday & Friday
	Written & Spoken Beginners – To Start – Inquiries Welcome!	04:30pm – 05:30pm	Monday & Thursday
	Tamil for Children	04:15pm – 05:15pm	Friday
Spanish	Beginner	02:30pm – 03:30pm	Tuesday & Friday
	Intermediate	03:30pm – 05:00pm	Monday & Friday
	Conversation	02:00pm – 03:00pm	Wednesday
Japanese	Beginner	10:00am – 12pm	Saturday
Italian	Beginner	03:30pm – 04:30pm	Wednesday & Friday

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 4036922 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations

ALFRED TOMATIS METHOD

Balance and Coordination
Meniere's Syndrome
Vertigo

Learning Disorders Reading & Writing Issues Dyslexia

Autism
Hyperactivity
Developmental & Language delays

Creativity and Release of Potential
Children Teenagers Adults & Seniors

Attention Concentration Memory

Certain Kinds Of Hearing Loss

Lethargy Depression

Focus & Sense Of Direction In Life

LEARN LANGUAGES FASTER

Voice Clarity Singing

Lack Of Sleep

Anxiety Stress

AUROVILLE LANGUAGE LABORATORY

0413 2623 661 / 4036920 / 22 tomatis@aurovillelanguagelab.org www.aurovillelanguagelab.org

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

The Language Lab's Opening Hours

Monday – Friday:

9:00am – 12:00pm & 2:00pm – 5:00pm.

Saturday:

9:00am to 12:00pm.

Location: International Zone, after Unity Pavilion & Pump House.

Phone: (0413) 2623 661, 4036920/22.

Email: info@aurovillelanguagelab.org

PRAYERS AND MEDITATIONS

Prayers and Meditations

The Mother

Light a flame of consecration and bask in the light of true surrender and devotion to the Divine

A collective reading of the Spiritual diary of the Mother full of love for the Divine - Prayers and Meditations

with Divyanshi of Purnam Centre for Integrality

Regular Reading Circle
Every Monday to Friday 8:00AM to 8:20AM

Register
<https://bit.ly/prayerslab>

Welcome to the session on:

श्रीमद् भगवद्गीता
SHRIMAD BHAGAVAD GITA

We will focus on Chapter 4 of the Gita known as ज्ञानकर्मसंन्यासयोगः (The Yoga of Knowledge) with explanation of key Sanskrit shlokas



Dr Sampadananda Mishra is a scholar of Sanskrit and Indian culture with over 25 years of dedicated service. He is devotee of Sri Aurobindo and The Mother. Presently he is working as a Professor at Rashtram School of Public Leadership and Rishihood University, Sonipat.



SATURDAY - 25TH DECEMBER, 2021
10:30 AM TO 12:00 PM
ZOOM MEETING ID: 929 9405 2722
PASSCODE: YOGA

For questions or registration, please write to:
devabhasha@auroville.org.in
Warmly, Samskritam Auroville Team

CINEMA

AUROFILM PRESENTS

At Multi Media Centre Auditorium (MMC, Town Hall)

There will be no film Friday, 24 December (Christmas eve and New Year's eve).

Our next programs will be in January:

Friday 7th, 7:30pm an Animated film for General Audience!

At Aurofilm/Kalabhumi

Saturday 8th, 5 - 6:30pm, a Cine-Master Class by Abhijit Roy on the Friday film.

Wishing all a peaceful end of 2021...

THE FRENCH PAVILION PRESENTS

Saturday 25 December, 2021 at 5pm
Town Hall – Cinema Paradiso

Dance Spring in Fall

Directed by Philippe Chevallier, and Denis Sneguirev
Film in French only, duration: 85 min



How did twenty retirees from Marseille end up on one of the most prestigious theater stages in Paris? Nurses, housewives, teachers or doctors, aged 60 to 87 and without any choreographic experience, perform Stravinsky's masterpiece "The Rite of Spring". The result of 7 years of work with the revolutionary choreographer Thierry Thieû Niang, the show was applauded throughout France. How this project enriched the lives of the participants, freeing them, giving them faith in themselves and bringing a little spring into their fall. The film traces this extraordinary human journey to its climax.

MEDITATIONS ON SAVITRI, BOOK 5

Monday, 27 December 2021, 4pm at Savitri Bhavan.



The Book Of Love, Canto 1-3

The Destined Meeting Place, Satyavan and Satyavan and Savitri. Duration: 32min.

Savitri had traveled for months the earth, passed through many cities and crossed rivers and plains in order to find her mate and to take up her unfinished divine task. Everything is led by the Omniscience, and events take place at the appointed place and time. Unknowingly she has come near her goal. Savitri's road leads up to a highland world where the air is soft and delicate, the surroundings green and delightful. She is surrounded by high mountain peaks. A gentle breeze stirs meadows of flowers.

In a sunlit recess upon the forest verge a single narrow path runs straight as an arrow amongst the giant trees. There Savitri gets her first sight of the one for whom she has come so far. At first, she sees him simply as a part of the beautiful scene, but suddenly her heart looks at him and recognises the one who is nearer to her than her own heart-strings.

All in a moment was surprised and seized,... / A mystic tumult from her depths arose;... /

Swept through the turmoil of her bosom's space... (p.395)

Savitri reins in the horses, and the chariot stops. Her inner vision recognises his eyes from her past, eyes that have claimed her soul and known through many lives. Satyavan's soul responds and he turns to this vision of beauty like the sea to the moon and adores a new divinity in things. *Gaze met close gaze and clung in sight's embrace. (p.396)*

Then Satyavan speaks first to Savitri and asks her name. *Musing she answered, "I am Savitri, / Princess of Madra. Who art thou? What name / Musical on earth expresses thee to men? (p.402)* Satyavan tells her about the blindness and exile of his father, King Dyumatsena, and about his own life in the forest amongst the wild birds and animals. In Nature he felt a divine touch and a call but had not been able to touch the World-Mother's feet.

I glimpsed the presence of the One in all./ But still there lacked the last transcendent power.../ O golden princess, perfect Savitri,.../ Descend, O happiness, with thy moon-gold feet/

Enrich earth's floors upon whose sleep we lie. (p.405, 406, p.408)

Her fathomless soul looked out at him from her eyes; / Passing her lips in liquid sounds it spoke.../ "O Satyavan, I have heard thee and I know;/ I know that thou and only thou art he." (p.409)

Savitri comes down from her chariot and gathers an armful of flowers from the forest-verge with which she weaves a simple garland. Before the sun, their witness and marriage-fire,

The wedding of the eternal Lord and Spouse / Took place again on earth in human forms: /

In a new act of the drama of the world / The united Two began a greater age. (p.411)

Satyavan shows to her his parent's hermitage and her future world. Savitri is happy and tells him that her heart will stay here, but that she will swiftly return to Madra to inform her father Aswapati about her meeting and her choice.

A meditative film of Huta's paintings illustrating passages from Savitri read by The Mother and accompanied by her own organ music which can connect us to the Divine Presence within and lead us towards the spiritual truth and New Consciousness.

In the beginning there is also a short video of Huta speaking about her work with The Mother. Duration: 5min.

Offering all to Mother's and Sri Aurobindo's Divine Grace...

Margrit



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
 Film Program
 27 December 2021 to 2 January 2021

Cinema Paradiso-Multimedia Center is in operation at 50% seating capacity as per the regulations. It is open to all. **Mask is a must (and not scarves etc.)** as well as standard Covid19 protocols. Please come and enjoy the films. To organize a seminar/program please contact us via email.

Please note: though the regulations now allow us to operate in full capacity, being cautious with the new news of rising numbers, we are extending the half occupancy for now. We will keep you informed if those changes.

Indian – Monday 27 December, 8 pm
KAAMYAAB (Round figure)

India, 2018, Dir. Hardik Mehta w/Sanjay Mishra, Deepak Dobriyal, Sarika Singh, and others, Drama-Comedy, 109mins, Hindi w/English subtitles, Rated: NR (G)

The film literally means – successful. In the story Sudheer is a retired actor. He was an ‘aloo’(potato), a nickname given to the character actors from 80s and 90s Bollywood film. While he has enjoyed his fair share of popularity for his larger-than-life roles, Sudheer is now a recluse. However, an unsuccessful video interview with the media stirs up old memories and instills a new ray of hope in his heart, to reach a new benchmark and face the camera, even if it is for one last time. So, out of retirement will he be able to reach his dream goal?

Interesting – Wednesday 29 December, 8 pm
THE KINGMAKERS

Denmark-USA, 2019, Dir. Lauren Greenfield, Documentary, 101 mins, English w/ English subtitles, Rated: R

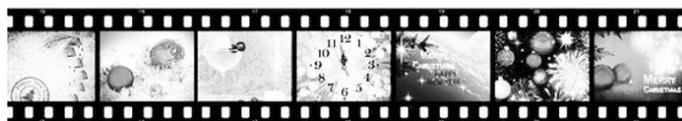
An extraordinary look into the controversial political career of Imelda Marcos. As the former first lady of the Philippines, Imelda Marcos is best known for her opulent lifestyle, but it was her behind-the-scenes influence of her husband’s presidency that rocketed her to the global political forefront. A journey through the Marcos family’s long history of corruption, extravagance and brutality, this documentary tells a cautionary tale of a powerful female leader whose questionable sense of reality divided a nation.

International – Saturday, 1 January
NO SCREENING AT THE CINEMA PARADISO



Let us try and tread lightly on earth.

Wishing you a
 healthy, peaceful, and a harmonious 2022



Children’s Matinee – Sunday, 2 January, 4:30 pm
LUCA

USA, 2021, Dir: Enrico Casarosa, w/ Jacob Tremblay, Jack Dylan Grazer, Emma Berman and others, Animation, English w/English subtitles 95mins, Rated: PG

On the Italian Riviera, an unlikely but strong friendship grows between a human being and a sea monster disguised as a human.

MARCEL CARNÉ FILM FESTIVAL @ Ciné-Club
Sunday 2 January, 8:00 pm

Marcel Carné was a French film director. A key figure in the poetic realism movement, Carné’s best known films include Port of Shadows, Daybreak, The Devil’s Envoys and Children of Paradise, the last of which has been cited as one of the greatest films of all time.

LES QUAI DES BRUMES (Port of shadows)

France, 1938, Dir, Marcel Carné w/ Jean Gabin, Michel Simon, and others, Drama-Romance, 91mins, French w/ English subtitles, Rated: NR

Jean is an army deserter who arrives in Le Havre, planning to leave the country on one of the many ships anchored there. He gets distracted in the foggy port city, however, when he falls in love with the lovely Nelly. Jean faces some sinister competition, as Nelly is caught between the influence of her overbearing godfather and a petty gangster. Jean wants to skip town with Nelly, but tempers are escalating quickly.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to “Cinema Paradiso” (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You,
 MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

THE 7TH AUROVILLE FILM FESTIVAL



The 7th Auroville Film Festival will take place January 18 – 23 and feature international and Aurovilian films. Save the dates!

A festival is a day or time when people celebrate something. It’s tough to celebrate a moment when things go in opposite directions. But that’s the time when we can really reflect on our individual journeys. So let’s come together at the Auroville Film Festival to watch films that develop the theme of human unity.

As we all know, unity refers to that which is one and cannot be divided; associated with humanity it refers to all that is one or all that can become united in humanity. It also includes all the processes exploring its development: oppositions, difficulties, failures, etc...

It can be experienced within oneself or in relation with other human beings ...or even with everything that exists in the world... animals, plants and nature, stones, situations, events ...

Human unity aims at unity in diversity; a unity beyond religions, nationalities and, more generally, beyond uniformity. It springs from the deepest source of one’s own being, and it embraces all forms of existence.

We’re looking for artists to make art installations on the theme of human unity, to be placed in the town hall area. If you are a creator and have ideas that can inspire greater community harmony and reconnection, please reach out to Marco at 9443262654.

aurovillefilmfestival@auroville.org.in

APPENDIX

ACCESSIBLE AUROVILLE PUBLIC BUS

 Auroville TO PONDICHERRY				
	Trip 1	Trip 2	Trip 3	Trip 4
Svaram	7:00	9:30	14:15	17:00
Verite Udayogam Junction	7:02	9:32	14:17	17:02
Auroshilpam Youth Center Junction	7:04	9:34	14:19	17:04
Town Hall Parking	7:06	9:36	14:21	17:06
Mahalakshmi Home	7:10	9:41	14:27	17:11
Vikas Radial Junction	7:11	9:43	14:30	17:13
Solar Kitchen (Round About)	7:12	9:44	14:32	17:14
Certitude Enterance	7:15	9:47	14:34	17:17
New Creation Road	7:19	9:52	14:39	17:22
SBI Bank / Kuilapalayam	7:20	9:54	14:41	17:24
Handy Market (ECR Junction)	7:24	9:59	14:46	17:29
Quiet Healing Center – Junction	7:27	10:04	14:49	17:33
Lotus Hotel, SV Patel Road	7:37	10:16	15:01	17:50
Ashram Road Junction	7:40	10:20	15:05	17:55
Ashram Dinning Hall	7:45	10:20	15:05	17:55

 Pondicherry TO AUROVILLE				
	Trip 1	Trip 2	Trip 3	Trip 4
Ashram Dinning Hall	8:00	13:00	15:30	18:10
Ashram Road Junction	8:02	13:02	15:32	18:14
Lotus Hotel, SV Patel Road	8:06	13:06	15:36	18:18
Quiet Healing Center – Junction	8:18	13:18	15:48	18:30
Handy Market (ECR Junction)	8:21	13:21	15:51	18:33
SBI Bank / Kuilapalayam	8:26	13:26	15:56	18:38
New Creation Road	8:28	13:28	15:58	18:40
Certitude	8:35	13:35	16:03	18:45
Solar Kitchen (Round About}	8:38	13:38	16:06	18:48
Vikas Road Junction	8:39	13:39	16:07	18:49
Mahalakshmi Home	8:40	13:40	16:08	18:50
Town hall Main Parking	8:45	13:45	16:13	18:55
Auroshilpam Youth Center Junction	8:47	13:47	16:17	18:57
Verite Udyogam Junction	8:49	13:49	16:19	18:59
Svaram	8:50	13:50	16:20	19:00

**Bus Charges**

- Monthly Rs.550 (Aurovilians & New comers)
- Rs.100 one way for Aurovilian & New comers
- Rs.150 one way for Guest

Email: avbus@auroville.org.in

Phone: +91 94430 74825

EMERGENCY SERVICES

Ambulance (24/7):

- Auroville – 9442224680
- PIMS – 0413 2656271

Security (24/7):

- Auroville Safety & Security Team – 9443090107
- Auroville Police Station – 0413 2677318
- Kottakuppam Police Station – 0413 2236148
- Vanur Fire Station – 0413 2677368

Health

- Health Center – 0413 2622123
- Santé – 0413 2622803 / 0413 2623937
- Farewell – 8903836246

Mental health 24/7 support:

- Mattram – 9487746051

India Emergency Response Service (24/7)

- 108

IMPORTANT INFORMATION ABOUT NEWS & NOTES

**Hard deadline for submissions or cancellations: Tuesday 3pm**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.
- We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

Visiting hours: call or email for appointment.

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