

# News & Notes

#903 A weekly bulletin for residents of Auroville 1 January 2022

Regular Events  
December 2021



Happy New Year!

## The Ponder Corner

Our life on this earth is a divine poem that we are translating into earthly language.

*Sri Aurobindo*

Fire is the head of Him and His eyes are the Sun and Moon, the quarters His organs of hearing and the revealed Vedas are his voice, air is His breath, the universe is His heart, Earth lies at His feet. He is the inner Self in all beings.

*Mundaka Upanishad*

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# House of Mother's Agenda

"In fifty years the whole world, all the receptive section of humanity (I am not saying intellectual, I am saying receptive), all the receptive section of the world will be embraced – not "embraced": ABSORBED in the power of Sri Aurobindo's thought. Those who already are have the good fortune of being the first ones, that's all." – *The Mother, Agenda 16 February 1972*

(continued from last week)

In that fair subtle realm behind our own  
 The form is all, and physical gods are kings.  
 The inspiring Light plays in fine boundaries;  
 A faultless beauty comes by Nature's grace;  
 There liberty is perfection's guarantee:  
 Although the absolute Image lacks, the Word  
 Incarnate, the sheer spiritual ecstasy,  
 All is a miracle of symmetric charm,  
 A fantasy of perfect line and rule.  
 There all feel satisfied in themselves and whole,  
 A rich completeness is by limit made,  
 Marvel in an utter littleness abounds,  
 An intricate rapture riots in a small space:  
 Each rhythm is kin to its environment,  
 Each line is perfect and inevitable,  
 Each object faultlessly built for charm and use.  
 All is enamoured of its own delight.  
 Intact it lives of its perfection sure  
 In a heaven-pleased self-glad immunity;  
 Content to be, it has need of nothing more.  
 Here was not futile effort's broken heart:  
 Exempt from the ordeal and the test,  
 Empty of opposition and of pain,  
 It was a world that could not fear nor grieve.  
 It had no grace of error or defeat,  
 It had no room for fault, no power to fail.  
 Out of some packed self-bliss it drew at once  
 Its form-discoveries of the mute Idea  
 And the miracle of its rhythmic thoughts and acts,  
 Its clear technique of firm and rounded lives,  
 Its gracious people of inanimate shapes  
 And glory of breathing bodies like our own.  
 Amazed, his senses ravished with delight,  
 He moved in a divine, yet kindred world  
 Admiring marvellous forms so near to ours  
 Yet perfect like the playthings of a god,  
 Deathless in the aspect of mortality.  
 In their narrow and exclusive absolutes  
 The finite's ranked supremacies throned abide;  
 It dreams not ever of what might have been;  
 Only in boundaries can this absolute live.  
 In a supremeness bound to its own plan  
 Where all was finished and no widths were left,

No space for shadows of the immeasurable,  
 No room for the incalculable's surprise,  
 A captive of its own beauty and ecstasy,  
 In a magic circle wrought the enchanted Might.  
 The spirit stood back effaced behind its frame.  
 Admired for the bright finality of its lines  
 A blue horizon limited the soul;  
 Thought moved in luminous facilities,  
 The outer ideal's shallows its swim-range:  
 Life in its boundaries lingered satisfied  
 With the small happiness of the body's acts.  
 Assigned as Force to a bound corner-Mind,  
 Attached to the safe paucity of her room,  
 She did her little works and played and slept  
 And thought not of a greater work undone.  
 Forgetful of her violent vast desires,  
 Forgetful of the heights to which she rose,  
 Her walk was fixed within a radiant groove.  
 The beautiful body of a soul at ease,  
 Like one who laughs in sweet and sunlit groves,  
 Childlike she swung in her gold cradle of joy.  
 The spaces' call reached not her charmed abode,  
 She had no wings for wide and dangerous flight,  
 She faced no peril of sky or of abyss,  
 She knew no vistas and no mighty dreams,  
 No yearning for her lost infinitudes.  
 A perfect picture in a perfect frame,  
 This faery artistry could not keep his will:  
 Only a moment's fine release it gave;  
 A careless hour was spent in a slight bliss.  
 Our spirit tires of being's surfaces,  
 Transcended is the splendour of the form;  
 It turns to hidden powers and deeper states.  
 So now he looked beyond for greater light.  
 His soul's peak-climb abandoning in its rear  
 This brilliant courtyard of the House of Days,  
 He left that fine material Paradise.  
 His destiny lay beyond in larger Space.

Sri Aurobindo. Savitri

A Legend and a Symbol.

Book 2: The Book of the Traveller of the Worlds.

Canto 2: The Kingdom of Subtle Matter

# Townhall Speaks

## HAPPY NEW YEAR!

Dear Residents of Auroville  
and the children of The Mother,

*"Bon Noël to all, in Peace and Joy.*

*May this new Christmas be for you the advent of a new  
light, higher and purer."*

*The Mother*

On this auspicious day, as we move towards a bright new year, let us all come together harmoniously, rededicate ourselves sincerely and truthfully to manifest Mother's Dream, Auroville.

*Jayanti S. Ravi – Auroville, 25th Dec 2021.*

## INCREASE OF CHILDREN'S MAINTENANCE

from January 2022 onwards

Dear Community, in October 2021 the BCC gave equal opportunities for financial support to all our children regardless of how the parent is contributing to Auroville.

The Children's Maintenance is since then available to any child

- below the age of 18,
- living in Auroville,
- whose parents' resources are insufficient\*

\* As Auroville is at present unable to provide all Aurovilians with sufficient maintenance, people who have their own resources are requested not to apply for maintenance; or if their resources are insufficient, only to apply for what is necessary. (extract from existing Work, Maintenance, and Individual Contribution Guidelines

To support this broader scope the BCC had reduced the individual Children's Maintenance amounts. As of December, 113 more children are receiving financial support, which is less than we budgeted for.

Therefore we are able to increase the Children's Maintenance amounts by Rs 1,000/child, which was also requested by some community members.

It will be adjusted automatically from January '22 onwards, as per the overview below:

Children From 0-18			
Description	At the age of 0-5	At the age of 6-13	At the age of 14-18
	starts with birth ends with 6th birthday	starts with 6th birthday ends with 14th birthday	starts with 14th birthday ends with 18th birthday
Cash	600	600	1,100
Kind	1,700	2,700	3,200
Health Fund (HF)	250	250	250
Nandini	450	450	450
<b>Total</b>	<b>3,000</b>	<b>4,000</b>	<b>5,000</b>

**You can apply for children's maintenance at any time.**

In case you need financial support for your child, please send a mail to [bcc.care@auroville.org.in](mailto:bcc.care@auroville.org.in).

Please mention the name and birthdate of the child and your Financial Service account number.

**Your Budget Coordination Committee (BCC)**

*Aurosugan, Danny, Enrica, Fabien, Hans, Inge, Mahi,  
Mathan, Rathinam, Suryamayi*

## SEARCHING FOR A NEW MEMBER

For the Budget Coordination Committee

Dear Community, we still are in search of a new member for the Budget Coordination Committee (BCC)! Our announcement in early December met with no response.

If you feel inspired to join the BCC, please write to the FAMC at [famc@auroville.org.in](mailto:famc@auroville.org.in) before 15 January 2022, with a statement of your interest/ aspiration and a profile of your relevant skills and work experience.

As mentioned in the BCC mandate, general criteria for being a BCC member are:

1. Proven commitment to the realization of a collective organization and economy as envisaged by the Mother for Auroville.
2. A capacity to see beyond the particular needs of their own representative area of work or interest.
3. An openness and concern for the well being of all aspects of Auroville's maintenance and development.
4. A capacity to work in a team and to give sufficient time to the work, in a spirit of goodwill, collaboration and transparency.
5. An affinity and / or experience with community work in the domain of budgeting and accounting.
6. An in-depth knowledge in any of the areas represented in the BCC.

Additional to the general criteria, BCC is currently looking for additional support in its "Review" section, which reviews the utilisation of City Service budgets to ensure that these are being used as specified and in an efficient manner.

Someone interested in taking up this role would therefore be a great addition to the BCC team. Qualities beneficial for this specific role are (a) management experience, (b) experience in budgeting and accounting or affinity for the latter and a willingness to learn (c) an ease and readiness to communicate, interact and work with service managers in the community (d) minimum half-time commitment.

For further information about the BCC mandate, functioning and responsibilities, please see the [BCC Mandate \(May 2018\)](#).

Thank you for considering to actively participate in this important service to the community. We look forward to hearing from you.

*Sincerely,*

**FAMC (Funds and Assets Management Committee)**

*Amy, Angelo, Jonas, Lisa, Marc,  
Palani, Ranjith, and Stephan*

## NEW GUIDELINES FOR INTERNATIONAL ARRIVAL

Dear community, We here inform everyone coming from abroad that the Tamil Nadu govt has issued new guidelines for international arrival and currently a period of quarantine of seven days followed by a test on 8th day is required for every country of departure and not only for those considered at risk.

Aurovilians and Newcomers are requested to register immediately after their arrival by email with the Resident Service and inform Aurosugan at [SanteCoordination@auroville.org.in](mailto:SanteCoordination@auroville.org.in) or WA 80123 05151 with regard to the documentation concerning their quarantine exit test.

Guests and Volunteers are required to do the same through their guest house or the Guest Registration Service.

We also inform people whose quarantine is ending on 27 and 28 December that our local Health Department is organising a collection of swab tests tomorrow Monday 27 December in Santé at 10.00 am. Please contact Santé Coordination for further details.

Other visitors, who have come to Auroville after 1 December, are required to go to Santé to show the results of their post quarantine test or take a test there if they have not yet done it.

**The Working Committee (Anu, Arun, Chali (TOS),  
Hemant, Partha, Sauro, Srimoyi)**

## RAM1 REPORT

### In preparation for the RAD to stop all development work on the Crown until further notice from the RA

Dear Residents, below is a report of the Residents' Assembly Meeting (RAM) that happened on Monday 20th of December.

#### Residents' Assembly Meeting (RAM 1)

**Day / Date:** Monday, 20.12.2021

**Venue:** Unity Pavilion

**Time:** 4:00pm to 7:00pm

**Attendees:** about 600 attendees (in person) and 191 online RAM called by the Residents' Assembly Service (RAS) per request of 60+ concerned residents

**Facilitators:** Elisa, Fif, Julia

[You can find the full RAM recording here](#)

For the background of this RAD, please [refer to our previous communication](#).

Please click on the below button to give your feedback on the proposal:

[Share Your Feedback On The Proposal](#)

Approximately 600+ people attended the meeting in person (inside and outside the Unity Pavilion), and 191 connected online via live-stream. Newcomers and volunteers were welcomed, as stipulated in the RAD policy, as silent observers and requested to take place outside. A small number of AV youth below 18 years observed silently outside. Childminders took care of 18 children in the back of the building.

People registered their participation to the RAM from 3:30 pm on, and gathered at 4:00 pm.

On a very short note the Secretary of the Auroville Foundation has informed the RAS about her intention to come to the Unity Pavilion and address possible misunderstandings and answer questions. An intensive debate started on the relevance of the AVF Secretary being present at the Residents' Assembly meeting.

The RAM was formally opened at 4:40 pm by the RAS team which introduced themselves, this first RAM and the different steps of an RA Decision-making process.

The meeting facilitators set the intention, inviting different points of views on the topic.

Representatives of the petitioners presented their proposal, giving a timeline of the recent events, and their perspectives. The RAS briefly mentioned the petition they received which was asking not to hold this RAD.

Members of the ATDC presented their views and arguments. Individual members of the Residents' Assembly shared about their perspectives.

The RAM finished at 7:00 pm with an out-of-the-ordinary "pulse" of the people present in the room at that time.

**For a deeper exploration, please refer to the following:**

- [Petition](#)
- [Steps of an RAD](#)
- [Presentation of the petitioners](#)
- [Presentation of the ATDC](#)
- Clarification: What is an RAD, RAM, RAS ([in English](#), [French](#) and [Tamil](#))
- RAD policy (in [English](#), [French](#) and [Tamil](#))
- [RAM recording](#)

The community is now invited to share feedback on the proposal "To stop development of the Crown until further notice of the RA", by 30th of December 2021.

As per the RAD policy, "the RAS will collect and compile the feedback received and hand it over to those who initiated the RAD and made proposal(s). It is the responsibility of those who initiated the RAD to integrate feedback and present the revised proposal at the follow-up RAM including an explanation of

what feedback was integrated, what not and why."

The RAS will announce the date and agenda of the follow-up RAM soon.

\*\*\* End Of Report \*\*\*

*We would like to express our gratitude to all the people who helped with facilitating the event, preparing the room, taking care of the flowers, the music, the video and audio recording, giving "free hugs", childminding, OM singing when needed, respectfully listening and sharing.*

*Finally, the RAS team would like to acknowledge that mistakes have been made in how this first RAM has been handled (in particular in the pre-meeting and at the end of the RAM). We apologize to the large community for this. We will share a separate detailed note soon.*

*Much love,*

*The Residents' Assembly Service*

## FOLLOW-UP RA MEETING IN PREPARATION FOR A RA DECISION ON WHETHER TO STOP ALL DEVELOPMENT WORK ON THE CROWN UNTIL FURTHER NOTICE FROM THE RESIDENTS' ASSEMBLY

Dear Residents, after the first RA meeting of Monday, 20th of December, we would like to invite you to a follow-up Residents' Assembly Meeting (RAM) that is going to be held by the RAS on:

**Sunday, 2nd of January 2022**

**3pm – 6pm**

**Venue: Sri Aurobindo Auditorium, Bharat Nivas**

*Please remember to follow the current Covid SOPs and bring your mask!*

The meeting will be live streamed, and online interaction with virtual participants will be conducted through Zoom. The access links will be shared soon.

### Tentative Agenda

- Welcome & Intention, Agenda and Ground rules
- Presentation of an updated version of the RAD proposal (after integrating feedback received from the community)
- Participative space to collaborate on refining the RAD proposal
- Defining & agreeing next steps as per the RAD Policy
- Closing

### Important Information

- [Report of the first RA Meeting report](#)
- [Recording of the first RAM](#)
- [Steps of an RAD](#) (<https://bit.ly/32vCxRE>)
- Clarification: What is an RAD, RAM, RAS (in [English](#), [French](#) and [Tamil](#))
- RAD policy (in [English](#), [French](#) and [Tamil](#))
- [Petition](#)

### Feedback

As already announced with the Report of the first RAM, as per the RAD policy, once the RA Meeting report is published "the RAS will collect and compile the feedback received and hand it over to those who initiated the RAD and made proposal(s). It is the responsibility of those who initiated the RAD to integrate feedback and present the revised proposal at the follow-up RAM including an explanation of what feedback was integrated, what not and why."

You are welcome to share your feedback on the initial proposal "To stop all development work on the Crown until further notice from the Residents' Assembly":

[Share Your Feedback On The Proposal](#)

Feedback period will run **until Thursday, 30th of December 2021**

**Reference Documents**

- [Relevant materials](#) and [Summary for navigation](#) (provided by the petitioners' representatives and coordination team)
- [Presentation of the ATDC](#)
- [Upcoming RADs: an overview](#)

Warmly, *The Residents' Assembly Service*

**FROM THE ENTRY SERVICE - ES # 113**

Dated: 25-12-2021

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to [entryservice@auroville.org.in](mailto:entryservice@auroville.org.in). We thank you in advance.

**NEWCOMER ANNOUNCED:**

- Sivaganesan RAMAMOORTHY (Indian) staying and working at Botanical Garden



Siva-ganesan

**NEWCOMER CONFIRMED:**

- Mohd Umair Azmi ABBAD AHAMED AZMI (Indian)

**NEWCOMER RESTARTING THE PROCESS:**

- Kavitha PRAKASH (Indian) staying in Alip-sa Farm and working at Mira Boutique (Visitor Center)

**AUROVILIAN ANNOUNCED:**

- Ramakrishnan JANAKIRAMAN (Indian) staying in Humanscapes and working at Aurinoco



Rama-krishnan

**AUROVILIAN CONFIRMED:**

- Anand RAJARAM (Indian)
- Marvin Joya II Panganiban aka Zech (Hong Kong SAR)
- Rishi DAMANI (Indian)

**YOUTH TURNED 18 ANNOUNCED:**

- Zea STOREY (British) staying in Ever-green and working at Sante



Zea

**SPOUSE OF AN AUROVILIAN ANNOUNCED:**

- Dhruithi LAIJAWALA (Indian) Staying in Samasti (wife of Rishi DAMANI)



Dhruithi

**SPOUSE OF AN AUROVILIAN CONFIRMED:**

- Suresh SENGENI (Indian)

**FRIEND OF AUROVILLE CONFIRMED:**

- Soma ROY (Indian)

**NOTE:** The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

- A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, *The Entry Service*  
In Her service, *Auroville Council*

**UNDERSTANDING OUR COMMUNITY'S BUDGET**

Various areas of community activity, from education to administration to farming to health and more are supported by our community's "City Services" budget administered by the Budget Coordination Committee (BCC).

How is this overall budget funded and shared between each sector? How many services are supported in each sector? How many people – Aurovilians and others – are serving in each? Who is served by and benefiting from these?

Dear community, the BCC is happy to share a report of the last financial year designed by Suryamayi (BCC member) and Avinash (BCC Resource Person) to make the City Services budget more accessible and relatable to the Auroville community, answering the above questions in words, numbers, graphs and pictures!

This presentation can be accessed online at [budget.auroville.org.in](http://budget.auroville.org.in). If needed, you can email [bccoffice@auroville.org.in](mailto:bccoffice@auroville.org.in) to send you a soft copy.

We encourage you to access the online version, as it has some interactive features, and will be updated if additional data or feedback comes in!

We also warmly invite you to attend a live presentation of this report on Friday, January 7th from 4:30 – 6:00PM at Unity Pavilion.

This presentation will serve as the first step of the participatory budgeting process BCC is holding this year which we encourage all to engage with. (See previous N&N or the Aurnet for more information).

*In community,*

Your BCC (Aurosugan, Danny, Enrica, Fabien, Hans, Inge, Mahi, Mathan, Rathinam, Suryamayi)

*Community News*

**FOR YOUR INFORMATION**

**FROM AV SECURITY TEAM**

**Courage-Reve access is closed for New Year Celebrations**



Dear friends, the tar road access by Courage/Reve will be closed for the New Year weekend, as we expect a lot of visitors.

**The gate will be closed from Friday, 31 December, 6pm till Monday, 3 January, 6am.**

Sorry for any inconvenience caused.

Wishing you all a happy and peaceful New Year!

**Large social gatherings are still banned due to Covid-19 restrictions**

Dear Aurovilians, newcomers, volunteers, guests, friends and visitors, as the end of the year approaches, we encourage you to usher in the New Year keeping in mind that large social gatherings are still banned due to Covid-19 restrictions. We therefore discourage the organization of loud parties on or around the 31 December.

Your collaboration is indispensable to maintain peace and harmony in the Auroville area.

*Sincerely,*

*Auroville Safety & Security Team (AVSST),  
Working Committee & Auroville Council.  
Emergency (24/7): +91 9443090107*

### HEALTH FUND MEMBERS REMINDER

To all members of the AV Health Fund Scheme

If you still have any medical bills from the past months at home please drop them, **together with your doctor prescription and your PT account number and e-mail**, in the Health Fund box at Aspiration Health Centre or at SANTE. As the financial year is going to end, all the pending bills from **April 2021 till February 2022** have to be processed before the end of **March 2022**.

Only the medical bills from **March 2022** can be paid till the end of **April 2022**.

The audit service has been told not to process any bills from last financial year after **March 2022**.

Please check your cupboards while there is still time!

From AV Health Fund Scheme  
Kind regards,  
Health Fund Team

### SOLAR KITCHEN IS CLOSED ON 1 JANUARY



Solar Kitchen is closed on 1 January for both Lunch & Dinner. See you all in the New Year. Wishing peace & progress in our community.

Love, Solar Kitchen Team

### NEW YEAR DINNER @ UPASANA



There is an Auroville Community New year Dinner on 1 January, 2022 at Upasana Pls join, 7pm onwards.

Upasana team

### 2022 NEW YEAR HANGOUT



Come and join us on Saturday, 1 January, for the New Year Hangout at Center Guest House, from 2:30 till 5:30.

Some cookies and coffee will be available but please don't hesitate to bring some cakes or fruit, or sweets, etc. to share.

Looking forward to seeing you all there,  
Don and team

### PHOTO CIRCLE MEETS

Friday, 7 January at 5pm, Citadines



Dear photographers, Photo Circle meets on the first friday of every month, so this time we will meet on Friday, 7 January, at 5pm in the Centre d'Art multimedia room, at Citadines

The Photocircle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques. Anyone can bring and screen a small selection of images. Everybody's welcome.

### CONSCIOUS WILL: DYNAMISING IDEAS INTO ACTION

15 January – 6 February, 2022

Dear friends, very warm greetings of the day

Write to share with you an opportunity to participate in an online peer-led 3-week community-based course focused on "Conscious Will" in light of The Mother and Sri Aurobindo's work, beginning on 15 January. It is for people like me who are struggling with;

- Being proactive
- Being able to keep one's word
- Yearning to be the master of our own time.

If you too wish to cultivate your willpower, come to join us at Conscious Will – Dynamising Ideas into Action to be the leader of yourself.

Apply now: [purnamlabs.auroville.org/conscious-will](http://purnamlabs.auroville.org/conscious-will)

Applications closing on 8 January 2022.

Abhijit

### AURA APP NEWS



Breaking news is that the Aura App breakfast, lunch and dinner is coming. Yes, very soon you will be able to order a meal via the phone app.

Aura Team, [www.auranetwork.app](http://www.auranetwork.app)



### AUROMODE HIVE OPEN HOUSE

Friday, 31 December, from 10am to 5pm.



Auromode Hive would like to invite you to an Open House. We will have some biscuits and free internet! All are welcome to try out our coworking space free of Charge!

- Open from **9am to 5pm** on All Days Except Sundays
- Fully Air Conditioned, Clean & Quiet, Professional Co-working Space
- Two Fully-Equipped Conference Rooms with Projector
- Reliable **High-Speed Internet** Facility
- **Colour Printing** and Scanning Facilities up to A3 size
- Small Self-Service Kitchen, Restroom & Outdoor Zone
- Easy access to Auromode Guest House, Dining
- 24/7 Power Backup and Security, Parking
- Aquadyn Drinking Water.

For Further Queries contact us:

✉ [auromodehive@auroville.org.in](mailto:auromodehive@auroville.org.in)

☎ 70921 97375

📷 [auromode\\_hive](#)

📘 auromode Hive

Please Follow COVID-19 Regulations

Auromode HIVE Team

## THE ARTS

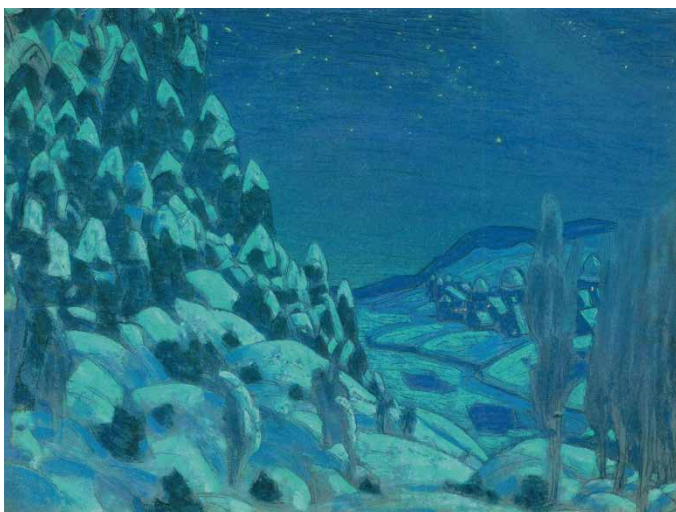
### SETTING THE STAGE: NICHOLAS ROERICH AND THEATER



Slide-show with Explanations  
by Dr. Alexander Pereverzev

Wednesday January 5, 5-6pm,  
Sangam Hall, Savitri Bhavan

All are welcome



The slide-show explores the significant contribution the famous Russian artist, thinker, archeologist, explorer and public figure Nicholas Roerich made to theater. His association with theater spanned four decades during which he worked in more than thirty productions mostly as a costume and decor designer. The slide-show also focuses on Roerich's involvement in the production of Le Sacre du Printemps/The Rite of Spring, which is sometimes considered the most influential ballet of the 20th century.



### GLASS WORKS EXHIBITION

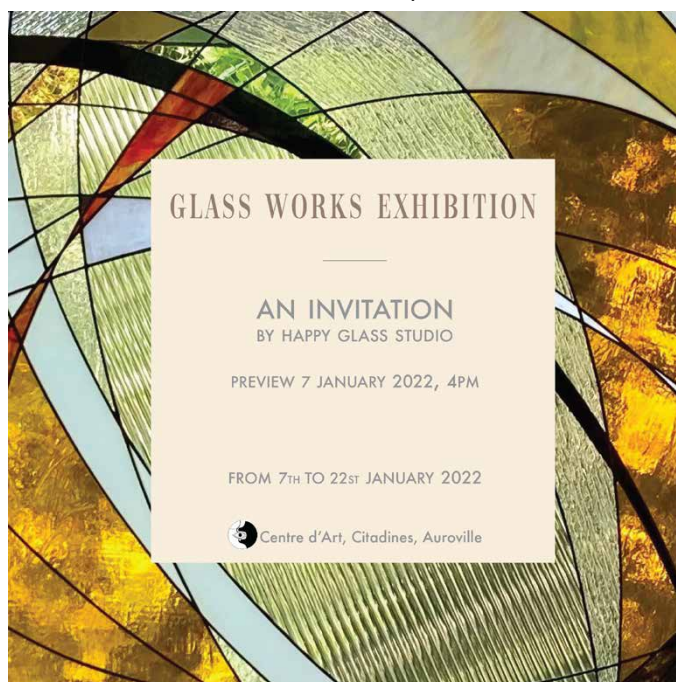
By Happy Glass Studio, 7-22 January  
Centre d'Art Gallery, Citadines

Exhibition opening: Friday, 7 January, at 4pm

Gallery hours: Monday to Saturday

10.00am to 12.00pm – 02.30pm to 05.00pm

Please Park at the town hall. Sunday is closed.



Robert L'Heureux is a Canadian artist from Montreal, Canada. He began his apprenticeship as a stained glass artisan at the end of the 1970s in an effervescent era where new ways of living and expressing oneself were sought. His learning led him throughout his country for many years, to settle where the artistic community was present and involved. Today, after 9 years in India, he has set up his workshop in Auroville, the utopian city, from which he offers his teaching, creations and inspiration to those who seek light in their environment, those who want to go a little further in their perspective. This present exhibition is at the intersection of traditional techniques and new ways of expressing the beauty of glass.

+91 413 2622699, [centredart@auroville.org.in](mailto:centredart@auroville.org.in)  
[www.centredart.in](http://www.centredart.in)

### Looking Back on 2021 Art Exhibition by CREEVA

Opening On December 17th till January 14th, 2022.  
Visitors time : 9am-5pm, Mon-Sat.  
at Savitri Bhavan, Auroville.

The year 2021 has been a unique year for our planet. We think it will be interesting to see how some artists and painters experienced it through their art work. Please come and feel the stimulus of your own thoughts and feelings about this year 2021.



AVAILABLE

**Second-hand Silver Splendor**

Hello, I have an old second-hand silver splendor in running condition that is available. Please contact me via WA or call 6384512182.

Puja

**Plants Available at Savitri Nursery**

- Barringtonia asiatica  
*Supramental Action*  
*An action that is not exclusive but total.*
- Couroupita guianensis (Cannonball tree)  
*Prosperity*  
*Remains only with him who offers it to the Divine.*



- **Also available:**  
*Psychic Work (Cassiajaranai, pink flower tree inside gate of Savitri Bhavan), Sri Aurobindo's Compassion (Portulaca grandiflora), jackfruit, avocado & papaya seedlings, aloe vera, a few other flowers and veggies.*
- Come to the Savitri Nursery to get plants and/or to participate in gardening:  
**Every Wednesday 8:00-9:30am**
- Savitri Nursery FS account: 251421  
(voluntary contribution)

B: +91 9943532829  
Prasad: +9194428 59642  
Suresh: +9197866 26952

WORK OPPORTUNITIES

**Looking for some artists/illustrators to work on a film**

Dear friends, I am presently looking for some artists/illustrators to work on a film project about Sri Aurobindo's life.

Maintenance available. Artists should have good drawing skills. If you are interested, please, contact me.



Thanks & best wishes,  
Olivier, [olivierbarot@auroville.org.in](mailto:olivierbarot@auroville.org.in)

**Social Farming Volunteer Opportunity**



We are looking for a reliable person to support Deepam students with a range of special needs to work at **Auro-Orchard farm, Monday – Thursday, 8:30-12:00.**

Tamil language skills are a bonus, but not necessary.

Previous experience in this area are useful, but also not necessary, you will work together with and be supported by occupational therapist, Leo.

This is an ongoing project that is very rewarding. If you want to join us, please contact Leo on +91 9843272650 or [yasminhelen@yahoo.co.uk](mailto:yasminhelen@yahoo.co.uk).

Leo

**SAVI seeks new member for Administrative Team**

Savi is looking for a new member to be part of our administrative team, must be an Aurovilian or newcomer.

**Administration Assistant (half time)**

- Reception and documentation for RRO Registration
- Visa overviews and monthly reports
- Updates of visa files and lists
- C form management

**Required skills**

- Welcoming countenance
- Office Administrative /organization skills
- Self organized, accurate and reliable
- Good communication skills (oral and written) and English language proficient
- Conversant in MS office, MS excel and database
- Ability to work in a team
- Work well under pressure

Maintenance available after a month of probation

Contact Savi with your CV and a mail stating your interest ([study@auroville.org.in](mailto:study@auroville.org.in))

LOOKING FOR

**Looking For Long Term Housing**

Good day! I am Sindhuja Suresh, a pre-newcomer and a volunteer. My husband is also volunteering and both of my kids are studying in Auroville schools. We are looking for long term Housing-may it be house sitting or other.

**Contact details:** Sindhuja +91 9994352499 (WA and Signal) or [email.indian654321@gmail.com](mailto:email.indian654321@gmail.com)

Thank you. Regards, Sindhuja Suresh

**Green Belt Hut Available**



Hi dear friends I am Balu from Azhagu Bhoomi I have one very nice hut house available location of North Green Belt area near Nine Palms if anyone looking for long term housing please contact;

9786807071(or) email [baluveera.av@gmail.com](mailto:baluveera.av@gmail.com)

**Looking for Furniture**



I was born and grew up in Auroville, was out for some time, and came back to stay beginning 2020 with my now 3 year old daughter.

We have finally found a place to stay, but it is not furnished and totally empty, so I am looking for furniture and home appliances such as a table, some chairs or stools, a bed cot, a food safe, a fridge etc. If you have any of these things to give or sell, I would be grateful!

Thank you! Kali

WA +33665922171, email [kali\\_1260@yahoo.fr](mailto:kali_1260@yahoo.fr)

**Looking for Rechargeable Cells**



Looking for rechargeable cells, lens solution and charger for cells. Please contact at [nausheen@auroville.org.in](mailto:nausheen@auroville.org.in) or whatsapp 9487833736

Thank you. Love, Nausheen

**Looking for Second-hand Ukulele**

Hello, I am looking for a good second-hand ukulele. Please contact me by WA at 6384512182.

Thank you, Puja

**LOST AND FOUND**

**Lost Sunglasses**



Dear all, this Monday evening around 7pm, I lost my sunglasses while cycling around solar kitchen parking. I was going in the direction of the Town Hall. They are prescription lenses so only useful to me. The brand is Persol. If you find them, please contact me @ 8754765529 or leave them at the Auromode Office.

Thanks Johnn

*Voices and Notes*

**POETRY**

And oneness is the soul of multitude.  
 There all the truths unite in a single Truth,  
 And all ideas rejoin Reality....  
 ...He makes our fall a means for greater rise."  
 Sri Aurobindo-Savitri.

Anandi-ayün

**BUILD THE CITY THE EARTH NEEDS**

Dear all, first I want to thank you that you apologized for the Mob-like meeting and that you apologized also to the Secretary. Perhaps in the future you should avoid those Mob images that are distributed all over the globe.

Please allow me the following pertinent questions:

1. How do you imagine that a minority of around 20 % can impose on a majority of around 80% it's will? This majority, though silent presently and watching with horror the happening, came to Auroville to build the city of Mother. This majority will not waver and will not let go of Her dream and the Auroville project.

2. We all were invited to India to help build the City the Earth needs. Why should India keep workers who openly and practically boycott and refuse to collaborate in the building of the city? Can't you see, that little by little you approach the moment, where you have cut the branch, on which you were sitting so comfortably these last 50 years?

3. Some years ago Auroville went through a very similar hysterical phase. The lie that the Banyan tree of the MM was dying and was spreading through the whole community. Instead of looking, if there was a truth in all that, meetings after meetings took place. Of course the Banyan tree was never dying and you can check his good health at the MM.

4. You are members of a bureaucratic body which theoretically was created to help and support the community of Auroville to move forward. Perhaps you could try to convince our rebellious minority, that it would be wiser and more constructive to finally help and collaborate at last, in building this city. Till now we heard only no, no, no, What about some proposals from their side... there will be so much to do in the future.

At Her Service, Eva of Citadine

**TO BE ABLE TO LOVE**

Question: "What is Hell?"

Answer: " The suffering is to be unable to love."

Fedor Dostoievsky

Submitted by Soham

**OUR 2022 NEW YEAR'S CARD FOR THE LAND**

Welcome 2022!

Dear Friends of Auroville's Beautiful & Harmonious Development, the New Year 2022 is upon us. We are happy to report that the year gone by has seen success with the purchase and consolidation of 12 new plots (comprising 20 acres & 29 cents) by Auroville's Land Board in the planned township area, mostly in the water-catchment area next to Irumbai Lake – all thanks to your generous contributions!



Our annual New Year's card, shown above, is a way to connect with you and to express our sincere appreciation and thanks for your contributions and collaboration, and to let you know that the efforts for providing a unified ground for Auroville's flowering are continuing unabated.

Besides this e-version, we will be sending our land donors a printed copy of our New Year's card by post. If you don't want to receive a hard copy by post, please drop us a line at [lfau@auroville.org.in](mailto:lfau@auroville.org.in) However, due to Omicron, postal service from India to certain countries will unfortunately be delayed.

If you are in Auroville, these beautiful cards will be available for free at major places in the City of Dawn township.

We take this opportunity to thank Aurovilian Piero Cefaloni for the cover photo and Aurovilian Lalit Kishor Bhati for the photos on pages 2 & 4. We sincerely thank Aravinda, along with Jasmin, who this year once again did the design and printing so this inspiring card could see the light of day.

As a special plus, we are pleased to communicate the most recent update from Auroville's PRISMA Books. Facing unprecedented odds, like many others, as the pandemic unfolded in 2020, PRISMA chose to experiment with novel open-access publishing methods, and you can read a reflection on their experience so far in their latest newsletter.

They write: "As world events unfold in ever-interesting timelines, our team continues to experiment with futuristic publishing to present intriguing titles for a serious read in such exciting times." Two of their recent open-access publications include "Sri Aurobindo's Savitri: The Auroville Radio Talks" by Loretta Shartsis, a four-volume work that emerges from talks recorded by her for Auroville Radio over the last seven years, available here, and "Auroville, A Dream", a rich text on its aims and ideals, available here. You can see more of their open access publications or order print books worldwide through their website or through [auroville.com](http://auroville.com).

Each year, your donations have brought Auroville closer to a more consolidated physical base.

Present circumstances show that your support remains vital, and precious. Solidarity works – so let us keep up our collective dynamism! By supporting Auroville's harmonious land consolidation, you strengthen Auroville's ability to be an inspiring beacon of hope and light!

With confidence in Auroville's bright future, our sincere appreciation, and our warmest wishes for a

Merry Christmas and a Happy 2022!

Lands for Auroville Unified (LFAU)  
 and its two campaigns

"Acres for Auroville" (ALL Master Plan land)  
 & "GreenAcres" (Greenbelt only)

[www.land.auroville.org](http://www.land.auroville.org)

<https://land.auroville.org/new-years-card-welcoming-2022/>  
 (with pdfs in English, French & Tamil)



## AUROVILLE RADIO



Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

### Last published podcasts

- [Anubhuti – Industani vocal music live experience](#) (Music)
- [A talk with Michel Danino](#) (Sri Aurobindo)
- [The Hitchhiker’s Guide to the Galaxy, read by Lili Ep.2](#) (Literature)
- [PAPY THE BOOMER – Ep.04 “RAD”](#) (Humour)
- [Happiness, Love and Laughter – ep.122 “Santa goes Green!”](#) (Wellness)
- [A humorous letter to Santa Claus from Auroville Youth](#) (Humour)
- [Tamil Epics – ep.14 “சிலப்பதிகாரம்”](#) (Tamil culture)
- [The best of what’s still around – ep.38](#) (Music)
- [Happiness, Love and Laughter – ep.121 “Building peace and harmony through data”](#) (Wellness)
- [Marlenka’s Weekly Offering – ep.37](#) (Integral Yoga)
- [Une série hebdomadaire de lectures par Gangalakshmi – 378](#) (Integral Yoga)

### Last Youtube live videos

- [Community Meeting, planning method for the Crown](#) (City Life)

...and more! on [www.aurovillerradio.org](http://www.aurovillerradio.org)

For more information write to [radio@auroville.org.in](mailto:radio@auroville.org.in)

*Peace and Love  
With love, Bhagwandas*

## THE IMPORTANCE OF LOCAL FOODS

### Solitude Farm



Dear Friends, at Solitude Farm, we have understood the importance of local foods.

Easy to grow, exceptional medicinal and nutritional value, zero carbon footprint, local foods are the foundation of whole civilisations.

This road back to Nature through understanding what grows locally has emerged hand in hand

with Solitude Farm Cafe which explores this narrative in the most practical way – feeding people.

Over the years, with an increasing public interest and media coverage including television interviews, ted talks, youtube, newspaper and magazine articles, documentaries and talks at various universities and conferences, this narrative of cultural redemption through understanding local food has touched many people throughout India. A reflection of this interest is that the daily farm to plate thali offered at the cafe has become very popular.

About ten years ago it was a struggle to get people to value green papaya and chicken spinach, let alone turkey berry or banana stem, but now, Solitude Farm Cafe has become a destination for people searching out food that has a deeper meaning and connection to Mother Earth.

It is heartwarming, to see how neem flowers in the rasam or ragi adai cooked with drumstick spinach can be a repeat request for hungry teenagers!

As well as the daily farm to plate thali, the cafe serves wild weeds salads, amla and kumquat vegan ice cream, green smoothies, vegan sushi and coolers made with flowers and

leaves. The small farm shop supplies fresh produce such as local spinach and dry goods such as Ayurvedic powders, natural soaps, seeds and local millets.

Solitude farm represents an honouring of Mother Nature and the gifts she offers us. This philosophy demonstrates how local foods are the lowest common denominator in any society. They are the collective value. They are an adhesive, the one thing we can agree upon! You could say they are the fabric of cultures.

My work, as well as running the farm and showing how a non-interventional agriculture is an emerging possibility, (if we focus on nutritional rather than financial value), focuses largely on education. Teaching how to reconnect to Mother Nature through local foods; growing, cooking and eating! This road back to Nature speaks to all age groups, from 4 year olds to school children and adults.

There are many modules that we teach but recently I have started to work with groups from Auroville units and organisations such as Eco-service, Svaram and Thamarai. With these groups we have harvested, cooked and eaten together. Simple and yet so meaningful if these foods can be introduced into people’s lives.

This work is deeply meaningful to me. How to get people to recognise the value of their own culture?

Tamil Culture is like a banyan tree with music, art, architecture, spirituality and a language that is considered to be the oldest in the world. This Culture has emerged precisely because the people of Tamil Nadu had a relationship to where their food came from. The implications of this work are so widespread because food is the foundation of our existence.

Nowadays farmers grow food for financial profit at a huge expense to Mother Nature; fossil fuels, chemicals and agricultural practices that destroy the soil and deplete our water resources are widely recognised as a major contributing factor to climate change. In contrast, local foods do not destroy our planet, they have no ecological cost, they also have amazing nutritional and health values and taste great. Local foods are the source of well being in any society.

One context we have been exploring is the Mid-day meal scheme that is offered in local schools. By valuing local foods, that honour Mother Nature and value biodiversity the problems created by man from climate change to diseases such as diabetes are directly addressed and well being is given a chance to grow. What would the implications be for a generation of children eating these foods on a daily basis?

A healthy society with a collective value?

This is where my work lies. I am aiming at developing a strong outreach throughout Tamil Nadu, trying to bring local food back as a collective value.

So I am writing this mail to get help.

Solitude Farm is dynamic and inspiring but it is also a-lot of work and demands commitment. There are so many aspects to the work from managing the farm and cafe, making Ayurvedic powders, making natural soap, food processing dry goods, jams, pickles etc running the seed bank and community nursery, administration, documentation, maintenance, accounts, teaching and more!

Solitude needs help to make the next steps, to grow and expand further. There are plans and efforts to create an outreach program in Tamil Nadu and more hands and hearts are needed!

If any of this speaks to you, if you have skills, especially in organisation, management, training, computers, media or administration and you would like to be part of this work, please come and talk with me to see how you could participate.

I can be reached at: [krishnamckenzie@auroville.org.in](mailto:krishnamckenzie@auroville.org.in)

Aspiring to create a beautiful world.

*Love, Krishna, 9843319260*

*Solitude Farm Cafe*

[www.krishnamckenzie.com](http://www.krishnamckenzie.com)

## GIVING BACK TO THE EARTH WHAT'S FROM THE EARTH

Mgecoduties – Probiotics House

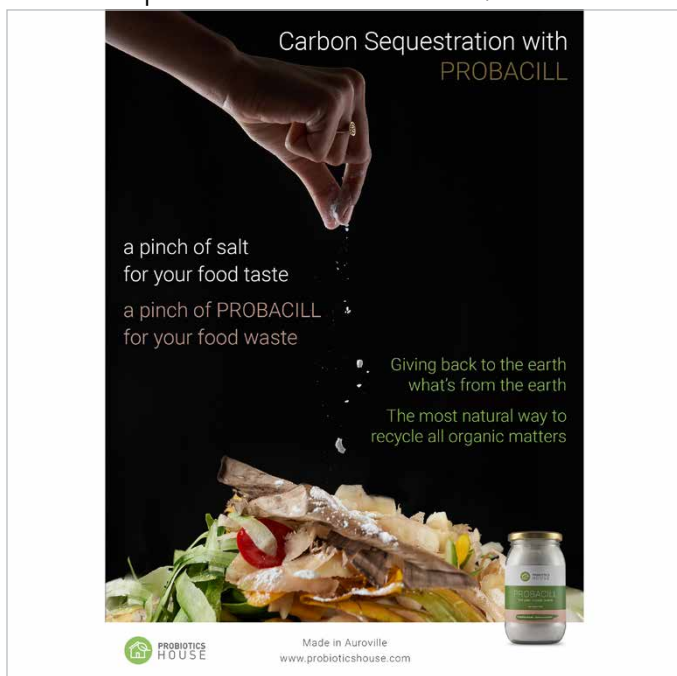
Celebrates Its 10th Anniversary, 2011 – 2021



**PROBIOTICS  
HOUSE**  
Natural Care

I am Dr. Margarita Correa, Co-Founder of MGEcoduties – Probiotics House. I am 65 years old and living in Auroville for the last 23 years. The last 25 years of my life have been a

quest, as I embarked on a mission to find a hidden treasure. That treasure was understanding and work alongside with microorganisms to help mitigate the human footprint burden the planet Earth and its creatures.



In that quest I have been in touch with greatest scientists, personally, that have touched my intellect and my heart with their theories, research and evidence that we can expect miracles from the Mother Nature and its memory. The most notables are: Dr. Louis Kervran (French) with the Biological Transmutations. Dr. Teruo Higa (Japanese) with the Beneficial Bacteria Coexistence. Dr. Bonnie Bassler (American) with Quorum Sensing and Bacteria talk. Dr. Paul Stamets (American) about the magical, mysterious and medicinal world of fungi and their power to heal, sustain and contribute to the regeneration of life on Earth that began 3.5 billion years ago.

In this 25 years' quest, I have learnt a lot, and have failed and succeeded working with microorganisms as well. I have been pushed to the limits to believe, confront, and apply many theories pursuing results that have not explanation sometimes. I can write a book of cases of study, stories, experiences, funny and dramatic moments that has brought to my existence the best of my last 25 years. No regrets but fulfillment.

In 2011 me and Guidelma – the best partner of my life – could not handle anymore the purchase of personal and household cleaning products in our Auroville outlets; as they were all using Palm Oil, phosphates, sodium lauryl sulphates, synthetic substance, chlorine, plastic, etc. That was the moment we decided to make those ourselves, using only local ingredients but keeping LIVE BACTERIA inside, to help with the water remediation. Mammoth task, as to have living bacteria inside was paramount, and scientifically evident by testing them in USA labs in that time. We succeed. After that came Probiotics Ceramics and more. Our mission was to help us and everyone to clean the planet from the beginning, the moment we open the tap before it is too late to clean it. We have progressed with water remediation on many fronts.

But what about the organic waste? Do you know that for 1 ton of organic waste we generate 4 tons of carbon dioxide to

the atmosphere? Since 1995, I have been looking in carbon sequestration meanwhile we produce compost from organic waste. Working with Probiotics in liquid form requires lots of commitment and discipline, for the anaerobic part and the leachates. And still there is a small portion of carbon dioxide generation. I never thought, that the final answer in the simplest way will become light in the year of MGEcoduties – Probiotics House celebrate the 10th anniversary. And that is a Divine Grace's gift.

Before 2021 year finalizes, MGEcoduties – Probiotics House present our 10th anniversary gift named PROBACILL. "A pinch of salt for your food taste, a pinch of PROBACILL for your food waste".

See our YouTube videos:

- [https://www.youtube.com/watch?v=1WxDdC\\_eDwU](https://www.youtube.com/watch?v=1WxDdC_eDwU)
- <https://www.youtube.com/watch?v=ssmEpBw6SLk>

Two years ago, I was diagnosed with Parkinson Disease. Since that day I choose not to take allopathic medicine at all, only Ayurvedic medicine. My brain is slowing down gradually, but the major tasks have been done, and I feel proud of the achievements. My brain also become selective in what to do and I left it as it is. I have deep gratitude to my mother for her endless support, Guidelma, my family, Auroville community, all the team of MGEcoduties, The Mother and The Divine Grace.

PROBACILL is ready to be in your place. The cost of treating organic waste is only 1 rupee per person per day!

**Dr. Margarita Correa**

[www.probioticshouse.com](http://www.probioticshouse.com)

### LETTER TO

**Dr. Jayanti Ravi, Secretary of the Auroville Foundation Members of the Governing Board of the Auroville Foundation Auroville Foundation Bhavan Auroville**

December 22, 2021



Dear Dr. Ravi, Dear members of the Governing Board, As this eventful year draws to a close we, representatives of the international community of Auroville friends and supporters, would like to express our sincere wish that the New Year will see further harmonious development of Auroville, worthy of Sri Aurobindo's 150th anniversary.

We stand ready to support Auroville in the preparations for this event and have already offered to the 150th Anniversary Group that we will help with programs taking place in the International Zone – a zone to which we naturally feel a special connection, but which so far is the least developed zone of Auroville.

It is envisaged to particularly highlight Sri Aurobindo's writings on "The Ideal of Human Unity", which elaborate on the next stage of human evolution our present civilization is urged to attain: the spiritual fraternity of humankind.

This ideal of Human Unity is also the core of Auroville's own values and raison d'être. In this light it has been very painful for us to see the present division in the community on the question of how and by which means the further development of Auroville can be hastened, and the fearsome events in its wake.

It has been very reassuring, however, to receive the recent news that a group from the Vastu Shilpa Foundation, under the wise guidance of Shri B.V. Doshi, is prepared to support Auroville in its striving towards working out Detailed Development Plans, as stipulated in the Auroville Master Plan. And it has been especially reassuring to learn that these planners have invited a group of Auroville architects, including David Nightingale and Omar, to collaborate with them, applying the inspiring community building participatory "dreamweaving" process.

We would like to encourage this collaborative approach, to move forward by striving for unity in common action, since we firmly believe that any further development can only be based on mutual trust and goodwill. It is in true dialogue and hands-on collaboration that unity will be realized and healthy development will be hastened.

We are eternally grateful to India that it has allowed this experiment in Human Unity, "decreed by the Divine", as The Mother said, to be founded and to flourish on its soil, generously supported by both the Union and the State government.

Since its inception, Auroville and its unique galaxy model have inspired many thousands of people worldwide. Auroville's groundbreaking work of healing wounds of the past, inflicted on the earth and on people, has been proof that Human Unity is not just a lofty philosophical ideal, as Sri Aurobindo said, but can only be achieved in collaborative action on the ground.

The actual realization of Human Unity is part of the individual as well as of the collective yoga of all Aurovilians, a yogic endeavour that can only be based on the free unfolding of one's innermost soul values, without any fear. We therefore appeal to you to safeguard that all Aurovilians can follow their path of yoga freely, unencumbered by fear of reprisals.

The enormous scope of Auroville's achievements since its inception – in the fields of education, afforestation, water management, alternative energy, agriculture, rural development and more – by a comparatively small group of Aurovilians has attracted millions of visitors and thousands of volunteers from all over the world. It has also gained respect and support by international governments, financing many important projects in Auroville and the bioregion.

It is our sincere wish that Auroville International can further encourage and extend these kinds of programs and let Sri Aurobindo and The Mother's message of Human Unity spread out from India to a troubled world in desperate need of it.

*Yours respectfully,*

**Christian Feuillette** AVI Chairman  
[christian.pragna@auroville.org.in](mailto:christian.pragna@auroville.org.in)

**Friederike Mühlhans** AVI Secretary  
[friederike@auroville.de](mailto:friederike@auroville.de)

**Cc Auroville Working Committee**  
**Auroville Town Development Council**  
[Letter of Auroville International.pdf](#)

## GREEN COLUMN

### New possibilities and a book review

While the extended ruling of the National Green Tribunal – which halted the cutting of trees till the 3rd of January – is still holding (see last Green Column), we are aware that



these intense and eventful times are also an opportunity to find common ground, that human Unity that Auroville stands for. Conversations, discussions, brainstorming and meetings are taking place in search for more holistic, harmonious and inclusive planning methods in a collaborative spirit. The meeting on Dream weaving in Unity Pavilion last Monday showed an attempt to organize this with the inclusion of many Auroville architects, multidisciplinary experts and members of the community in concert with the Vastu Shilpa Foundation under the guidance of Shri BV Doshi. These are positive developments and hopefully they will be explored in depth in this coming year of Sri Aurobindo's 150th anniversary.

*For the New Year we like to recommend some inspiring reading, below a short book review.*

### The Nutmeg's Curse by Amitav Ghosh.

Most of us have accepted that the climate crisis started with the widespread use of coal at the beginning of the Industrial Age but Ghosh takes this history at least three centuries back. Most of his ire is reserved for European colonisers, but the book should have devoted more space to illustrate how the ruling elites in developing countries are doing the same today. Ghosh challenges every shibboleth of establishment 'wisdom', every prevailing paradigm, because he wants to make us think outside our comfort zones. He has succeeded!

The biggest challenge Ghosh throws down is to the prevailing understanding of when the climate crisis started. Most of us have accepted that it started with the widespread use of coal at the beginning of the Industrial Age in the 18th century and worsened with the mass adoption of oil and natural gas in the 20th. But Ghosh takes this history at least three centuries back, to the start of European colonialism in the 15th century (the Dutch Nutmeg plantations in Indonesia). How European colonialists decimated not only indigenous populations but also indigenous understanding of the relationship between humans and Earth. How this was an invasion not only of humans but of the Earth itself, and how this continues to the present day by looking at nature as a 'resource' to exploit. It makes one rethink what is going on around us, from the dawn of European colonial conquests to the ongoing Covid-19 pandemic.

We know we are facing more frequent and more severe heatwaves, storms, floods, droughts and wildfires due to climate change. We know our expansion through deforestation, dam building, canal cutting – in short, terraforming, the word Ghosh uses – has brought us repeated disasters, of which Covid-19 is only the latest manifestation. Are these the responses of an angry Gaia who has finally had enough? By using the word 'curse' in the title, the author makes it clear that he thinks so. Ghosh has quoted many non-European sources to enquire into the relationship between humans and the world around them so that he can question the prevalent way of looking at Earth as an inert object to be exploited to the maximum.

There have always been challenges to the way European colonialists looked at other civilisations and at Earth. It is just that the invaders and their myriad backers in the fields of economics, politics, anthropology, philosophy, literature, technology, physics, chemistry, biology have dominated global intellectual discourse.

Ghosh's success is in bringing these other voices together to throw open the challenge anew, to call for a paradigm change and to situate it in today's world. Ghosh does challenge the way rulers around the developing world are following the same extractive model as the European colonisers.

The Nutmeg's Curse expands the climate and other crises in both time and space. By doing so, it has the potential to change the direction of many academic disciplines, not to mention policymaking.

Ghosh points to an alternate model of development, from the ashrams of Mahatma Gandhi, the Occupy movement and Greta Thunberg to Black Lives Matter. By doing so he moves to address an audience that is not only interested in history, geography and literature, but also in our common survival.

*Review by Joydeep Gupta*  
*(published by The Third Pole)*

**Lisbeth & Gijs for AV Green Centre**  
[avgreencenter@auroville.org.in](mailto:avgreencenter@auroville.org.in)

# Regular Events



## December 2021

### CLASSES, WORKSHOPS & HEALING ARTS

#### PRACTICE SESSIONS FOR NADA YOGA

Following the workshop on December 18, we are inviting all those interested in regular practice of Nada Yoga with Mandar and Dakshayani. These sessions are held in Progress Hall, Bharat Nivas (behind Sawchu).

Those attending for the first time, please come 5-10 minutes earlier. The announced schedule of Mondays and Thursdays morning and evening may be modified or expanded depending on the number and level of participants. For further enquiries, please write to [devabhasha@auroville.org.in](mailto:devabhasha@auroville.org.in)

We welcome you for regular practice of:

## नादयोग NAADA YOGA

Facilitators: Mandar and Dakshayani ([baithak.org](http://baithak.org))



Commitment to regular practice and punctuality is essential. Beginner or advanced, all are welcome :)

**MORNING: EVERY MON & THU, 6:30 - 7:30 AM**

**EVENING: EVERY MON & THU, 5:30 - 6:30 PM**

**VENUE: PROGRESS HALL, BHARAT NIVAS**

For questions/registration, write to:

[devabhasha@auroville.org.in](mailto:devabhasha@auroville.org.in)

Samskritam Auroville and Bharat Nivas Team

#### FAMILY CONSTELLATION WORKSHOP

Saturday, January 8 instead of 22, 9am – 6pm

Creativity Hall of Light, facilitator: Moghan

Contact: [moghan@auroville.org.in](mailto:moghan@auroville.org.in) 9751110486

#### AURINOCO WEBINARS

3 Session Stress Management with JV  
on January 7, Friday, 8, Saturday & 9, Sunday  
6:15pm - 7:15pm



Modern life led to unprecedented levels of stress, anxiety and worry. The pandemic is adding to the already high stress levels and popular stress busters like travel and social gatherings became risky. Unmanaged stress impairs your productivity, health and wellbeing. Managing stress could significantly reduce such deleterious effects and enable you to be more effective in the moment, even in difficult situations. This is a non-religious primer in stress management with emphasis on 'how to'; based on a fusion of ancient wisdom of Yoga and modern scientific research.

- **Friday:** Science of stress, first-aid for stress, stress busters
- **Saturday:** Prevention of stress, freedom from emotional overwhelm
- **Sunday:** Negative thoughts, worry, anxiety etc. and building resilience

*In the spirit of Auroville, this event is open and free to all. Please join the webinar in time and keep your microphones muted till question time. It is best to attend all the three sessions.*

**How to join the webinar?**

[Join Zoom meeting with link](#)

Meeting ID: 995 5933 1169 Passcode: wellth

If you are new to Zoom, please set up Zoom client / app and familiarize yourself with the controls.

#### About JV Avadhanulu

I was diagnosed with four incurable diseases in 1987 and the medical opinion was that I would not live beyond the age of 50. I am now 75, and enjoy excellent health and wellbeing; thanks to Yoga. I lived in Auroville from 2007 to 2016 and am facilitating workshops and retreats since 2008. For details, please visit [www.wellth.org.in](http://www.wellth.org.in)

**Aurinoco Webinars** is an initiative to leverage the fiber optic network of Auroville to create a new window for borderless participation in Auroville and make Auroville belong to the whole of Humanity.

#### INTEGRAL HEALTH

Service For the Community

Mondays to Fridays 9 – 12.30am

We are providing alternative health care for body, mind and emotion through classical homeopathy and transpersonal regression therapy as well as general health advice since 2001. **Homeopathy** is the 2nd biggest medicine globally, practiced since 200 years,

**Sigrid** offers consultancy since 1997, her special focus is on constitutional remedies for chronic diseases, migraine, autoimmune diseases, and women issues, and treatment of children and teenagers incl special needs children, focus in school and behavioural issues. She additionally offers trauma therapy and integral regression therapy

**Malar** offers consultancy in Tamil, as well as First Aid Remedies and PC remedies, lifestyle changes.

**First Aid Kits** with 32 remedies are available, description in English, French, German and Tamil are available. Please contact us if you would like to learn how to use homeopathy for First Aid.

Available from our dispensary remedy box in the waiting area, accessible 24-7, for free:

**PC Shock Trauma, PC Allergy, PC Diabetes, PC High Blood Pressure etc. 70 more PC information remedies for trauma**, as well as chronic diseases are available. Benefits are well established – no side effects.

Harmony and Samata, remedies related to Mothers and Sri Aurobindo energy.

Consultations are free for Aurovilians and Newcomers, from others donations are welcome. Consultations are generally held in English, French, German and Tamil. Malar is managing the office, the FirstAidKits and PC remedies, **daily Mondays to Fridays 9 – 12.30am.**

Please contact us at [integralhealth@auroville.org.in](mailto:integralhealth@auroville.org.in) to enquire about the most suitable approach for your health or psychological issue.

**Integral Health, Prayatna 2623669, Sigrid: [sigrid@auroville.org.in](mailto:sigrid@auroville.org.in), Malar: [malar@auroville.org.in](mailto:malar@auroville.org.in), 9080054843**

## SERENDIPITY ACTIVITIES AND THERAPIES

### **Karma Yoga (Permaculture) with Sanaan**

Every day Monday through Saturday from 2 to 5 pm, drop in.

This yoga teaches each one of us to act according to a divine purpose, freeing our mind from any attachment to work and its results. In Serendipity we have a beautiful organic vegetable garden and we follow the practice of natural farming. We will also take care of the maintenance of the community compound and the landscaping of the gardens, which are immersed in the tropical dry evergreen forest.



### **Qi Gong with Lhamo**

Every Tuesday and Friday from 7.30 to 8.45am, drop in class.

Qigong can be described as a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Specifically, this form of gentle exercise is composed of movements that are repeated a number of times, often stretching the body, increasing fluid movement (blood, synovial and lymph) and building awareness of how the body moves through space.

### **Tai Chi with Lhamo**

Every Wednesday and Thursday from 4 to 5pm, drop in class.

This martial art is an ancient Chinese tradition that has evolved over centuries and even though tai chi developed for self-defense, it has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements.

### **Ayurvedic & Stone Massage with Simona**

On appointment only (+91 9489511648)

The specialty of this massage is that it takes up the traditional concepts of Ayurveda and marma (vital points) therapy along with modern anatomy and physiology. Prime aim of this massage is to provide health or rejuvenation thanks also to the healing qualities of the oil helping the skin to perform its diverse functions efficiently. A technique with hot stones can also be applied, which gives further release along marma points.

### **Bach Flowers Remedies with Stefania**

On appointment only (+91 9486363442)

These remedies are made out of watered-down extracts from the flowers of wild plants, containing its healing energy. They work not only with adults, as they are especially effective with children and even pets. It's a safe and natural method of healing that gently restores the balance between mind and body by casting out negative emotions which interfere with the equilibrium of the being as a whole.

### **Conscious Life Counseling with Stefania**

On appointment only (+91 9486363442)

This exploration offers a flexible and safe framework for introspection and self-discovery, which aims at personal and spiritual growth. Different techniques (like Awareness Through the Body, Psychosynthesis, Integral Psychology and Astroshamanism) will be used to develop consciousness-based attitudes and skills that help an individual to face particular moments of challenge or change in life.

### **Facial Acupuncture and Massage with Lhamo**

On appointment only (+91 9565524237)

Facial acupuncture works on the principle that in the face there is a holographic miniaturization system covering the whole human body. The theory and techniques of facial massage comes from facial acupuncture and it is useful for people who are more sensitive and feel uncomfortable with the needles. Through massaging the face, neck, head and using acupressure, the whole body is treated and supported.

### **Community Lunch Potluck with Serendipity Team**

Every Saturday from 12:45 to 1:45pm, drop in.

Food and love are two of the most vital forms of human nourishment, it is a natural combination, because through cooking we give. For this end, it is very important that we carefully choose the best organic ingredients, as much as possible coming from Serendipity's vegetable garden or Auroville farms, and we surely don't want to go for industrial and processed ingredients. Because this is food to be made with love for the body and soul of our beloved companions.

### **Gua Sha (Chinese Detox Scrub) with Lhamo**

On appointment only (+91 9565524237)

This is one of China's oldest treatments. The practitioner uses a tool like a flat piece of jade to scrub the skin to help release blocks, stagnant blood, energy and restore a natural flow. When the toxins in the deep layers of the body reach the surface through scraping, they get more easily released from the body. This treatment is also suitable for healthy people to detoxify, to purify and improve the metabolism of the whole body.

### **Head & Shoulders Marma Massage with Bala**

On appointment only (+91 9892699804)

Marma points means "vital points that hold life force energy". In this massage the practitioner uses fingers and hands to press (isometric / constant pressure) the specific point in head, face, neck and shoulders. This massage is based on the principles of Ayurvedic and various martial art traditions. Marma massage can help in relieving deep-seated tensions and improving circulation and energy flow.

### **Hypnotherapy with Lhamo**

On appointment only (+91 9565524237)

In modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. There are many different aspects and parts in our outer and inner life. And there are parts that don't have a positive appearance. But in hypnosis, we can turn them into positive possibilities and let them teach us how to discover their positive meaning.

### **Shiatsu Massage with Sara and Simona**

On appointment only (+91 9443617308 and +91 9489511648)

Shiatsu is a manipulative therapy developed in Japan and incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

### **Small Children (0-6) Chinese Massage with Lhamo**

On appointment only (+91 9565524237)

A very interesting way of looking at small children's health and well being. It is a way to cure infants' daily problems (cold, digestive functions, fever, cough, etc.) and increase the immune system without medicine. It works through very soft massage using different acupressure points than adults. It is an empowering tool for parents to deal with their kids daily ailments. It is very effective for newly born babies and suitable for children up to 6 years old.

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, Tamil Nadu, India

Landline: +91 (0)413 2965693

Mobile/Whatsapp: +91 9385623342

Email: [serendipity@auroville.org.in](mailto:serendipity@auroville.org.in)

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



## JIVA

### Your journey in healing and transformation



"Jiva" is a growing collaborative of highly experienced therapists living in Auroville. Therapy, Workshops, Retreats and Courses and Classes. We offer transformational practices addressing all issues of body, mind, emotion. And soul, for conscious evolution, Acupuncture, Shiatsu, Qi-Gong, TaijiChuan, Energy work, Fasting Natural Horsemanship, Horse assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & pregnancy, Integral Regression therapy, trauma therapy, advanced classical homeopathy Systemic constellation & family constellation

[www.auroville-jiva.com](http://www.auroville-jiva.com): See our newly uploaded Photos and Videos!

Whatsapp 9626006961, [contact@auroville-jiva.com](mailto:contact@auroville-jiva.com)

[Facebook](#)

### Integral regression therapy training

January 2022

Intro Session: 2 January 2022, 9 – 12noon



A therapy and energy work based on Sri Aurobindo and The Mothers integral Yoga, based on trauma therapy, past life regression therapy, inner child work, NLP, and a client centric approach.

Typically, integral regression therapy addresses unexplainable pains, trauma from accidents or early childhood, questions about past lives, life purpose or restricting behavior patterns.

An in-depths training through a series of webinars the theory of this deeply healing approach is transmitted.

Therapists wishing to integrate this approach in their psychotherapeutic or body- mind- healing work shall come for presence sessions, for four 3 day workshops to Auroville, to practice facilitating the 2hrs therapy sessions, and their own personal transformation.

Sigrig Lindemann is integrating her large professional background in this focused approach to transforming deep, longstanding issues towards an evolving consciousness and purpose of life. Sigrig is a transpersonal regression therapist, trainer in hypnotherapy and teacher of advanced classical homeopathy, with her background in Integral Yoga, living over 20 years in Auroville, Pondicherry.

All info Sigrig:[contact@auroville-jiva.com](mailto:contact@auroville-jiva.com), WA 9626006961

### Explore Your Mind

#### • 3-day workshop in hypnotherapy: 7,8,9 January

"The answers you seek never come when the mind is busy, they only come when is still" What is hypnosis?

- How do the right and left brain function practically?
- How do conscious and subconscious interact?
- Explore the depths of your mind and relax!

Meditate with ease! Expand your therapeutic toolbox! Apply Self-hypnosis Workshop combining experiential learning and "Theory of the Mind"

Certified course from Ekaa [www.ekaa.co.in](http://www.ekaa.co.in)

- 7 January, Friday: 4 – 7pm,
- 8 & 9 January, Saturday, Sunday: 9 – 5 pm

At Sharnga Guesthouse Yoga hall

#### Info meeting:

5 January 5- 5.30pm at Sharnga Guesthouse Terrace

[www.sharngaguesthouse.in](http://www.sharngaguesthouse.in)

Trainer Sigrig Lindemann, Certified Faculty in Hypnotherapy, Regression therapy and Classical homeopathy, Germany and Auroville

#### • Yoga nidra: 7 – 25 January

Webinar with Egle "Nothing behind, everything ahead": 21 day Yoga Nidra online course, January 7 – 25

The course includes 9 live zoom sessions 2 times a week, audio recordings for practice, home exercises & sharing.

#### Description:

What is your aim? What do you want to achieve? This is not a rehearsal. This is not a drill. This is your life.

You are here to make the most of it. It's your consciousness that is the vehicle of change, that undergoes radical change from one life to another. It's your consciousness that's on a remarkable journey. But where is it going?

Into the heart of the subconscious mind, where all the answers lie, where one can discover ones Divinity.

The treasures lie in the subconscious mind, not in the conscious part/Ego. Consciousness needs to become the partner of the unconscious, not its lifelong sworn foe.

#### Contents:

In this course we will explore one of the theories of the subconscious mind and the Archetypes of Self, Ego, Person, Shadow, Animus/Anima, what is a "God-program" and OBE (Out of Body experience).

Each topic will be followed by Yoga Nidra session to deepen the knowledge. Yoga Nidra is a tool, which enables a rapid shift from Beta to Theta brain wave state, which alters our perception. The knowledge is then not a mere mental construct anymore, but is reified and becomes an experience

#### Details:

Live sessions on 7, 9, 12, 14, 16, 19, 21, 23 & 25 January 8pm IST, Indian time (3:30pm CET; 6:30am PST)

[Contact@auroville-jiva.com](mailto:Contact@auroville-jiva.com),

WA 09488047368

#### The Way of the Sufi: 9 – 13 January

Retreat with Nirupam Gyan

[Find yourself whirling...](#)

Sufi Zikr & Whirling, Sacred Gurdjeff dances, active meditations, breath, dance... woven together magically... Your heart will open wide, your mind is still and you watch the world flying by... Sufi Whirling is an ancient transformative practice

The Sufi Way Retreat – a life changing 5 days. Nirupam Gyan Sufi is sharing Sufi & Gurdjeff & more internationally for over a decade,

5 previous workshops here have met with an overwhelming response.

All info and registration, Sigrig:

[contact@auroville-jiva.com](mailto:contact@auroville-jiva.com), WA 9626006961

#### Gurdjeffs Sacred Dances: 16 – 20 January

Gyan Experience the Sacred Dances of Gurdjeffs with Nirupam Gyan – a tool to being present, in the moment, aware – and not asleep.

Gurdjeff movements help to balance our 3 centers: the physical, the emotional and the intellectual.

Through the unusual combination of movements, the asymmetry, the will to break habits, they help us to acquire a new quality of presence. It's a meditation through the movements.

While being in the movement, we may experience the stillness inside, and be simultaneously aware of our inner and outer space.

Facilitator: Nirupam Gyan

Venue: Pavilion of Tibetan Culture

[contact@auroville-jiva.com](mailto:contact@auroville-jiva.com),

WA 09626006961

## Natural Horsemanship

### Individual and group sessions ongoingly

Mirrabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!

Natural horsemanship improves your self-confidence, your trust, your skills in nonverbal communication – and its just fun time to BE with a sensitive, naturally trained horse!

Mirrabelle lives with horses since she is 3 years young. Past 10 years she fulfils her life`s dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse.

Mirrabelle has studied human and horse psychology , and offers consultancy on all aspects of horse care – hoofs, nutrition, psychology, care, riding and therapy!

**Contact:** WA 9626565134, [contact@auroville-jiva.com](mailto:contact@auroville-jiva.com)

**Venue:** Sharnga Guesthouse [www.sharngaguesthouse.in](http://www.sharngaguesthouse.in)

## Sharnga Guesthouse

is a green oasis, with a huge Banyan tree, horses, birds, a lively tropical garden, with a small pool, gym and rooms from simple to AC, single to family units. A Yoga Hall, AC lounge with big screen, and the great service and international cuisine make it a perfect spot.

YEP We do offer adventure camps with kid`s programs, parallel with wellness and healing session for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

<https://www.facebook.com/YEPAV>

## QUIET HEALING CENTER



[www.quieth healingcenter.info/quiet@auroville.org.in](http://www.quieth healingcenter.info/quiet@auroville.org.in)

+91 413 2622329/+91 9488084966 (mobile)

**Watsu & OBA** are aquatic bodywork modalities given in a warm water pool (ideally 35°C). Watsu, during which your face always stays on the surface, introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. During the OBA part you are also brought under water (with a nose clip), which offers a unique experience.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Watsu & OBA offer an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas – ultimately, for freeing body and mind in a flow unique to each person and each session.

Participants in this course often appreciate the group space, which fosters deep, meaningful, and nurturing connections.

Didactic material and certificate are given upon completion of the course. No previous experience required (also no need to be able to swim)!

## Watsu® 1 (Transition Flow) with Dariya & Daniel

Wednesday 12 January – Sunday 16 January

8.45 am – 6.00 pm

In this course you will be taught to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions.

You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible. On land, you will be introduced to both Co-Centering and Tantsu.

**Prerequisites:** Watsu Basic

Didactic material and certificate are given upon completion of the course.

## Regular Offerings January 2022

Therapeutic Treatments	Therapists
Acupuncture	Linda
Aquatic Bodywork (Watsu® / Oba® / Liquid Flow / Water-dance)	Appie, Daniel, Dariya, Friederike, Guido, Orev, Ursula
Ayurvedic Birenda Massage	Jean-Louis, Kumar, Eli
Ayurvedic Marma Massage	Kumar
Craniosacral Therapy	Shola
Deep Tissue Massage	Andrei, Shola
Etiomedicine	Lisa
Foot Reflexology	Sheida
Healing Touch Massage	Sami
Homeopathy	Michael Z.
Hypnosis Therapy	Shola
Individual Meditation Sessions	Samrat
Kahuna Massage	Anwar
Lymph Drainage	Dodo
Physiotherapy (Pt)	Jussi
Quantum Shiatsu	Sami
“Quiet” Massage	Rita
Sound Healing / Sound Bed	Sami
Thai Yoga Massage	Andres
Traditional Chinese Medicine	Linda

\*Social Distancing Practiced in all Sessions



**NEWS FROM  
AUROVILLE LANGUAGE LAB**



**New Language Courses**

Language	Level	Start Date	Time	Day(s) of Classes
Hindi	Beginner	8 January	10:00am – 12:00pm	Saturdays
French	Beginner Group 1	3 January	02:00pm – 03:00pm	Mondays – Thursdays
	Beginner Group 2	3 January	03:15pm – 04:15pm	Mondays – Thursdays

Please fill out our form at <http://register.aurovillelanguagelab.org/> to join, or inquire about, any language classes at the Lab! As well as drop us an email or call!

**Please Note** Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!

**ALL: Schedule Of Classes as of 27.12.2021**

Language	Level	Time	Day(s) of Classes
English	Complete Beginners!	To be determined! Inquiries Welcome!	
	Beginner & Pre-Intermediate	10:00am – 11:00am	Tuesday & Thursday
	Beginner & Pre-Intermediate – Group 2	10:00am – 11:00am	Wednesday & Friday
	Intermediate	02:30pm – 03:30pm	Wednesday & Friday
French	Beginner – Group 1	02:00pm – 03:00pm	Monday & Thursday
	Beginner – Group 2	03:15pm – 04:15pm	Monday & Thursday
German	A1.1 Beginner Online – To Start – Inquiries Welcome!	07:30am – 08:30am	Tuesday, Wednesday & Thursday
Hindi	NEW from January 8 – Beginner	10:00am – 12:00pm	Saturday
Tamil	Spoken Beginner	09:30am – 10:30am	Tuesday & Friday
	Written & Spoken Beginner	04:30pm – 05:30pm	Monday & Thursday
	Tamil for Children	04:15pm – 05:15pm	Friday
Spanish	Beginner	02:30pm – 03:30pm	Tuesday & Friday
	Intermediate	03:30pm – 05:00pm	Monday & Friday
	Conversation	02:00pm – 03:00pm	Wednesday
Japanese	Beginner	10:00am – 12pm	Saturday
Italian	Beginner	04:00pm – 05:00pm	Wednesday & Friday

**Tomatis**

There are spaces available for both language & therapeutic programmes!

Please contact 4036922 or email us at [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org) to schedule your Listening Tests & Consultations

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

**The Language Lab's Opening Hours**

**Monday – Friday:**  
9:00am – 12:00pm & 2:00pm – 5:00pm.

**Saturday:**  
9:00am to 12:00pm.

**Location:** International Zone, after Unity Pavilion & Pump House.  
**Phone:** (0413) 2623 661, 4036920/22.

**Email:** [info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org)



**VÉRITÉ PROGRAMS DECEMBER 2021**

Phone: +91413 2622045, 2622606,

Mobile: 7867805812

[programming@verite.in](mailto:programming@verite.in), [www.verite.in](http://www.verite.in)

**Yoga & Re-creation Sessions (Drop-in)**

*Social distancing practiced in all sessions*

Days	Title of the Sessions	Timings	Presenters
Wednesday	Wellness Wednesday (start 19 January)	11 am to 12 noon	Maggie
Wednesday	Somatic Explorations	5 to 6.15pm	Maggie
Friday	Vinyasa Flow Yoga	5 to 6.20pm	Tahir
Saturday	Ecstatic Dance/ Conscious Movement (start 8 Jan)	5 to 6.40pm	Tahir
Day & Date	Title of the Intensive	Timings	Presenters
Sunday – Friday, 2-7 January	Lomi Lomi Basics (Hawaiian Massage Course)	8.30am to 6.30pm	Claudia
Friday & Saturday, 14 & 15 January	Nonviolent Communication – Speaking from the Heart	9.30am to 1.30pm	Vega
Saturday, 15 January	Somatic Movement Intensive – Feel & Move Better	9.30am to 5pm	Maggie
Saturday, 15 January	Power of Dreams	2 to 4.30pm	Dr. Sehdev
Tuesday-Friday, 18-21 January	Diaphragmatic Breathing Joints & Glands	9 to 10am	Viraj
Saturday, 22 January	Explorations in Consciousness	2 to 4.30pm	Dr. Sehdev
Monday – Wednesday, 26-28, January	Somatic Series – Releasing through the Back Body	11 am to 12 noon	Maggie
Saturday, 29 January	Lotus in The Mud	2 to 4.30pm	Dr. Sehdev
Title of the Therapies		Timings	Therapist Name
Heart-Centered Resilience		By appointment only	Susan

**Registration required for the following intensives**

Please contact Verite @ 0413 2622045, 2622606, 7094104329, or [programming@verite.in](mailto:programming@verite.in), [treatments@verite.in](mailto:treatments@verite.in)



**Wellness Wednesday** (starts 22 Jan) with Maggie - Wednesday 11 am to 12 noon: Release stress and unwind tension: session may include gentle stretches, self-massage, mindfulness, breathwork and embodiment practice. Suitable for all. Contact 0413-2622045 (or email [programming@verite.in](mailto:programming@verite.in)).

**Vinyasa Flow Yoga with Tahir** – Friday 5 to 6.20 pm. Vinyasa is an approach to yoga in which you move from one pose directly into the next. There’s a flow to a Vinyasa yoga session, though the specific poses and the pace of the flow vary from one session to the next. Vinyasa promotes a healthy life for the body, mind and spirit. Contact 0413-2622045 (or email [programming@verite.in](mailto:programming@verite.in)).

**Lomi-Lomi Basics (Hawaiian Massage) Course** with Claudia (5.5 day course) Sunday to Friday, 2 - 7 January, 2022 from 9am to 1pm and 3 to 6:30 pm

Learn this ancient Hawaiian massage based upon the principles of Huna philosophy, using oil and long fluid strokes. Contact Claudia for more info, mob. +91 9488483312

**Somatic Explorations with Maggie** - Wednesday 5 to 6.15 pm: Mind-body training in the tradition of Thomas Hanna. Somatics is a system of slow, mindful movement. It improves the function of the nervous system, creating more ease and freedom within ourselves. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Contact 0413-2622045 (or email [programming@verite.in](mailto:programming@verite.in)).

**Ecstatic Dance/Conscious Movement with Tahir** (starts 8 January) Saturday, 5 to 6:40pm; contact 0413-2622045, [programming@verite.in](mailto:programming@verite.in).

**BAMBOO CENTRE TRAINING PROGRAM**

January 2022



Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree.

**Training And Workshop**

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

**Workshops**

The Auroville Bamboo centre offers training to individuals and groups in:

- **Bamboo and Keethroof Workshop**  
4 - 8 January, 5 days workshop
- **Bamboo and Pouredmud Concrete Workshop**  
18 - 22 January, 5 days workshop
- **Bamboo and Product Design Workshop**  
27 - 29 January, 3 days workshop

**Guided Tour**

Every Saturday 11 to 12.30, Duration: 1. 30 hr,

Come and enjoy every Saturday guided tour through our bamboo farm and campus

**Meeting Point:** Mohanam Campus, Auroshilpam, Near Color of Nature

**Make and Take Workshops**

- Bamboo Toys
- Bamboo Musical Instruments
- Bamboo Jewelry

Every day in the month of December in advance booking 10am - 12pm or 2pm to 4pm

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Contribution: Contributions requested from guests/ Volunteers.

**Flexible training dates offered to groups**

**Contact:** Voice call and WA: 8300949081

[bamboocentre@auroville.org.in](mailto:bamboocentre@auroville.org.in)  
[www.aurovillebamboocentre.org](http://www.aurovillebamboocentre.org)

**SAVITRI BHAVAN**  
January 2022  
*Savitri*  
B H A V A N

**Exhibitions**

• **Meditations on Savitri**

The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery

• **Glimpses of the Mother**

Photographs and texts In the Square Hall

• **Sri Aurobindo**

A life sketch in photographs In the upper corridor

**Films: Mondays 4pm**

We continue the series of Meditations on Savitri with meditative films of passages from Sri Aurobindo's epic poem Savitri – A Legend and a Symbol, read by the Mother, accompanied by Her own organ music and illustrated with paintings by Huta under the guidance and inspiration of the Mother.



- **January 3:** Meditations on Savitri, Book 6 – The Book of Fate, Canto 1-2: The Word of Fate and The Way of Fate and the Problem of Pain. Duration: 33min.
- **January 10:** Meditations on Savitri, Book 7 – The Book of Yoga, Canto 1-7, Duration: 74min.
- **January 17:** Meditations on Savitri, Book 8 & Book 9 – The Book of Death and The Book of Eternal Night, Duration: 42min.
- **January 24:** Meditations on Savitri, Book 10 – The Book of the Double Twilight, Canto 1-4 Duration: 41min.
- **January 31:** Meditations on Savitri, Book 11 – The Book of Everlasting Day

God's everlasting day surrounds Savitri; she sees all Nature marvellous. Above her rise level after level of higher worlds in which her soul goes floating up. Duration: 46min.

**Full Moon Gathering**

Monday, January 17, 7:15-8:15pm in front of Sri Aurobindo's statue

**Regular Activities**

- **Sundays 10.30–12 noon:** Savitri Study Circle
- **Mondays 3-4pm:** Psychic Awakening led by Dr. Jai Singh
- **Tuesdays 3-4pm:** Yoga and the evolution of man led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4-5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Fridays 3-4pm:** Readings of the Mother's commentary on Dhammapada
- **Saturdays 3-4pm:** Introduction to Integral Yoga, led by Ashesh Joshi
- **Saturdays 4-5.15pm:** Satsang, led by Ashesh Joshi
- **Saturdays 4.30-5.30pm:** Mudra-Chi, led by Anandi
- Exhibitions, Main Building and Office are open **Monday to Saturday 9-5**
- Library is open **Monday to Friday 9-5**
- The Digital Library can be accessed on request **Monday to Friday 9-4**

Everyone is welcome

**AUROVILLE AIKIDO AT AUROVILLE BUDOKAN**

(near Dana)



Welcome to watch a class before starting or start right away with us.

**Children classes (from age 8):**

Monday, Wednesday & Friday: 4.30 to 5.30 pm with Cristo and Surya. Regular attendance required as a school sports' program.

**Adults:** with Murugan – **All levels:** Tuesday & Thursday 6 to 7.15 am Saturdays 6.30 to 7.30 am.

**Note:** Aikido classes are gender mixed. We encourage the youth and especially girls and women to come and train. Practice clothes & other info: to start, beginners please wear long loose pants & t-shirt with sleeves (no tight fitting please) then a white "keikogi" will be required (we have some). Health Fund or private insurance necessary. Annual or monthly reasonable contribution required for the Dojo.

To be on time, please be at the Dojo/Budokan 10-15 min. before class starts.

**For more info, contact:** Surya: 0413-2623813 or 9655485487 Murugan 9952812843

E-mail [budokan@auroville.org.in](mailto:budokan@auroville.org.in): Surya, N. Murugan and Cristo for "Auroville Aikido".



*Auroville Budokan, Dehashakti/Danae*

<http://budokan.auroville.org>, [Auroville webpage](#), [Aikido](#)

**MIXED MARTIAL ARTS CLASSES**

Every Monday and Wednesday 5:30pm to 7 pm  
**Dehashakti Gym.**

Mixed Martial Arts classes: we train different aspects: sport, self-defense, posture & conditioning, self-confidence. Open to students of all levels starting from the age of 15. Be punctual, short nails, sportswear, no jewelry.

Contact 9487340778, Giacomo

**TAIJIQUAN (TAI CHI)**



Learn "Chen Style Taijiquan Practical Method" from disciples of the lineage holder Master Chen Zhonghua. Authentic Chinese Martial Art. Details, Dates & Videos at <https://www.the-taiji-family.com>. Contact Michael & Sarah: tel 91 505 67003 [micha@taiji-shiatsu.de](mailto:micha@taiji-shiatsu.de)

**QIGONG**



Qigong is the "Yoga of China", wholeistic systems to practice and refine the body, our life-energy, the mind and to nourish our soul. Suitable for all ages. Bodywork and Meditation. More Details and Dates at <https://www.the-taiji-family.com>

Contact Michael: tel 91 505 67003 [micha@taiji-shiatsu.de](mailto:micha@taiji-shiatsu.de)

**QI GONG DYNAMIC STYLE**

Specific set of gentle exercises to activate and reinforce free flow of energy, "Qi", in the spine, meridians and joints through coordination of all movement from the energy center Dan Tian.

- Guided by Andres Lokuta.
- **On Gaya frisbee field.**
- **7-8 am on Tuesday, Thursday, Saturday.**

For info, contact WA 9655474497



## TAI CHI HALL, SHARNGA



- **Mondays and Saturdays:**  
7.30-8.30 Chi and 8.30-9.30 Tai Chi form
- **Tuesdays - Fridays:**  
7.30-8 Chi and 8-9 Tai Chi form
- **Sundays** no class

We practice the Stevanovitch Method and three forms: 24, 108 and 127

[taichi.auroville.org](http://taichi.auroville.org), [artduchi.com](http://artduchi.com)  
[taichi@auroville.org](mailto:taichi@auroville.org), 0413-2623187

### MERIDIAN STRETCHES AND CHI GONG

Energizing and mindfulness for the early risers.

**Qi Gong** – with presence cultivating, balancing and embodying more life force; through movement, static positions, breath and intention to circulate energy

**Meridian Stretches** – 6 (assana like) stretches, a self healing modality to enhance flow in the 12 main meridians; for flexibility, circulation, general health

Some of us have been practicing together over past months and are welcoming anyone interested to join us 2 early mornings per week to join us:

Svedame, Butterfly Barn,  
Tuesdays and Fridays 6.15 to 8am

A session looks like this:

- Chi gong practice, including warm up (52 min with recorded gong for timing), followed by:
- 2 rounds of Meridian stretches and rest for integration

To allow our neighbors to sleep longer, pls park your motorized vehicle by the gate and walk straight in towards BB.

For additional info you can contact 9786658967

**Auromode Yoga Space** 

**YOGA SCHEDULE**

**Tuesday - Vinyasa flow with Rebeca**  
5 30 pm to 6 45 pm

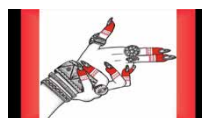
**Wednesday - Pregnant Yoga with Camilla**  
5 30 pm to 6 30 pm

**Thursday - Vinyasa flow with Rebeca**  
5 30 pm to 6 45 pm

**Friday - Multi style Yoga with Bala**  
5 00 pm to 6 15 pm  
Please bring your own mat .  
No need to register .  
Beginner to Intermediate level

We also offer Deep tissue Massage ,Ayurvedic  
Massage and Marma head massage  
[contact@auromodeyogospace.com](mailto:contact@auromodeyogospace.com)

## MUDRA CHI



Dear people, we have classes every Saturday at 4.30pm to 5.30 at Savitri Bhavan. From now on, we are going to add some "Corporal Consciousness Exercises" at the beginning.

Everybody Welcome, facilitator Anandi-a

### IYENGAR YOGA WITH OLESYA AT ARKA HALL

**Mornings:** Mon/Wed/Fri 6.30am to 8.00am

**Evenings:** Mon/Thurs/Sat 5.00pm to 6.30pm

Contribution is required

For more info: WA +91-915-905-2743, Olesya

*Thank you, Olesya.*

### TANGO CLASSES



#### Mondays

- BEGINNERS from 6:00 to 7:00
- INTERMEDIATE 7:15 to 8:15.

Girls and couple 20% discount,  
Please bring socks for dancing and water bottle.

**Place:** Cripa,

For more information please text me.

I'm starting a new batch for beginners every month

**Tel. 8637633696, thanks, Mani**

### SALSA CLASSES

#### Tuesdays

- BEGINNERS from 6:00 to 7:00
- INTERMEDIATE 7:15 to 8:15.

Girls and couple 20% discount,

Please bring socks for dancing and a water bottle.

**Place:** New Creation

For more information please text me.

I'm starting a new batch for beginners every month

**Tel. 8637633696, thanks, Mani**

### ECSTATIC DANCE



Ecstatic Dance at Cripa every Saturday from 5.00 to 6.45pm.

What is Ecstatic Dance? Ecstatic Dance is a Freeform Conscious Dance. As soon as you enter the space, you are invited to let go of judgments and expectations, and allow yourself to feel your emotions, sensations, body, mind, and spirit. Because this is a safe space for movement and expression, for more information contact +919345315894

*Warmly, Tahir*

### DEEP TISSUE MASSAGE AT AUROMODE



We are offering Deep tissue massage at Auromode

Deep tissue massage involves applying firm pressure and slow strokes to reach deeper layers of muscle and fascia (the connective tissue surrounding muscles).

It's used for chronic aches and pain and contracted areas such as a stiff neck and upper back, low back pain, leg muscle tightness, and sore shoulders.

For more information and booking  
[contact@auromodeyogospace.com](mailto:contact@auromodeyogospace.com)

+919345315894

*Warmly, Tahir*

903 - 1 January 2022

## CHINESE FIRE CUPPING AND MOXIBUSTION THERAPY

**Fire cupping** is an ancient form of therapy of China, in which a local suction is created on the skin by introducing the fire to the inside of the glass or bamboo cups, fire cupping is one of the best deep-tissue therapies.

**Moxibustion** has been used in China, Japan and Korea for thousands of years. Treatment is done by burning a Chinese medicinal herb, called Moxa or Mugwort, over a specific acupuncture point. The radiant heat stimulates the points and spread its potent effect to the whole body along the channels.

Both therapies are based on traditional Chinese meridian system and can release one's accumulated toxin from deep inside the body, activate one's blood circulation to dissipate blood stasis as well as improves one's immune system, with good efficiency in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea, etc...

Chun is an Aurovillian from China, a certified physiotherapist, he has been enthusiastic about non-drug therapeutics since early age and experienced in Acupressure, Gua Sha, Fire cupping and Moxibustion therapies.

Chun Xu, [chun@auroville.org.in](mailto:chun@auroville.org.in)

## TERRASOUL FARM SATURDAY FARM TOUR



TerraSoul Farm Community start again **Saturday Farm tour** with optional lunch booking.

Contribution required.

Ph: 9443434182 or [terrasoul@auroville.org.in](mailto:terrasoul@auroville.org.in).

Also we celebrate the reopening **Terrasoul farm market** Friday's from 9 to 12.30 pm. from the farm to the consumer right on the spot.

*Thanking you, Juan in Terrasoul Sustainable Livelihood Institute*

## AUROORCHARD TOURS



AuroOrchard is happy to be restarting the weekly **Wednesday tours**, now in the **afternoon from 2:30 to 4:30 pm**.

The tour will cover an introduction to the farm, its history & purpose, our agricultural practices, and time for your questions.

We look forward to sharing our work and journey with you. Tours will start from the Neem tree near the AuroOrchard office. We kindly request you to be on time. Contributions are welcome as they support us to continue doing these tours.

Please let us know in case you would be joining us on 9842873272 or [auroorchard@auroville.org.in](mailto:auroorchard@auroville.org.in).

## VEDIC ASTROLOGY



Consultations using traditional Vedic Astrology to help you get clarity on any issue or area of life. We can meet in person, or online over Zoom if you are not in Auroville. Each session lasts for an hour, so pl plan accordingly.

More details available at [www.allthingsvedic.in](http://www.allthingsvedic.in).

WA 9843948288 or email [vikram@auroville.org.in](mailto:vikram@auroville.org.in) for queries and bookings. Please let me know if you need any other details

*Regards, Vikram*

## AYURVEDIC DEEP TISSUE MASSAGE

Laur offers Ayurvedic Deep tissue massage on Tuesday pm, Friday pm and weekends at Auromode. It goes together with the yoga classes that are already appearing in the regular events.

*Many thanks, Laure, 8300941041*

## PSYCHIC TAROT CARD READING BY CARMEN



A tarot card reading helps to Bring Clarity of Mind and washes away negative energy and fills a person's heart and life with positive energy so as to induce him to take risks.

Let the cards guide you on your path to gain insights into the past, present or future.

The reading includes predictions, answers to the question, guidance towards the solutions, complete analyses of the situation and suggestions for improving life.

**In person appointment:** you can fix an appointment and come for a visit. **Phone:** If you're unable to travel, phone sessions are available.

**Career, Love, Relationship, Family, Future, Money, Life**

**Contact:** Carmen at 8531017772

## TAROT, ORACLE CARDS, AND AKASHIC RECORDS READINGS WITH VALENTINA



Cards and Akashic Records are precious tools for inner inquiry. They help broaden your vision and understanding of the present moment. Sessions are available in English and Italian, only by appointment at Arka. Please, send a message to Valentina WA +39 3462258049

## TRANSFORMATION GAME WITH CARMEN



Just as life is filled with this rich variety of experience, so is the Transformation Game a fun and complex board game which offers a playful yet substantial way of understanding and transforming key issues in your life.

It can be played at varying levels of intensity, from a light-hearted way of gaining insight into yourself, to a tool to help solve problems, clarify important personal issues, or creatively enhance relationships.

**Players:** from 1 person till 4 persons

With appointment only

8531017772, Carmen

## MATTRAM

Centre for Psychological Development & Support



We provide consultation with professionals trained in Psychiatry, Clinical Psychology, Neuro/Bio feedback Therapy, Integral Eye Movement Therapy (IEMT), Neuro-linguistic Programming (NLP) therapy etc

## Open Consultation Hour (OCH)

Walk-in, between 9.00 – 10.00am  
from Monday to Friday

### Therapists (for OCH) as listed below:

- Monday \_\_\_ Saif
- Tuesday \_\_\_ Rashmi
- Wednesday \_\_\_ Palani
- Thursday \_\_\_ Gopa
- Friday \_\_\_ Chetna

**For routine appointments:**

[mattram@auroville.org.in](mailto:mattram@auroville.org.in)

24/7 support: 9487746051

## RUSSIAN SINGING BELLS



### Sound Bath

#### Relax – Retune – Recharge

Experience deep interiorization, tranquility and self-healing invoked by harmonious resonating sounds of this unique instrument from Russia. Silent listening to the play of resonances induces a state of quietness in the mind, peace in the heart and happy relaxation in the body. Base tones of the bells help to reset the whole system to its original equilibrium, bringing the sense of completeness, centering and integration. Led by Vera Joshi. Duration 1h30.

Wednesday, Thursday, Friday, Sunday 3pm,  
Saturday 2pm

Please register with Vera prior to session.

Individual and group sessions can be arranged at your convenient time.

Ph/WA +919486247202.

### Soul Resonance: Collaborative Workshop

We Co-Create Music in a group setting playing the Russian Singing Bells together! We learn to express our deepest aspirations in sound, to hear and support essential vibrations of others and gradually come to a transformative experience of our inner connection which translates itself into a spontaneous joyful music of Harmony. Minimum 6 people are required for this workshop. Duration 1h30.

Led by Vera Joshi. Duration 1h30.

Saturday, Sunday 11am.

Please register with Vera prior to session

Ph/WA +919486247202.

## SOUND JOURNEY

## OM CHOIR & SATSANG BY NARAD

Each Tuesday at 5.30pm in the Unity Pavilion



The OM Choir meets each Tuesday at 5.30pm in the Unity Pavilion.

After the OM Choir at 7.00pm there is a Satsang gathering with Narad at the home of Uma and William in Kalpana (E1-2B above the parking area)

### BANSURI CLASSES

Learn the North Indian Bamboo Flute. Weekly group classes and private lessons. Drop in possible at any time.

Infos, demos and the up-to-date schedule at <https://www.the-sound-of-bamboo.com>

Contact Michael: tel 91 505 67003

[mail@the-sound-of-bamboo.com](mailto:mail@the-sound-of-bamboo.com)



### MUSIC-WORKSHOP ON WESTERN MUSIC

Thursday, 30 December, 4 – 6pm  
at SAIER-building, first floor.

- History and Introduction into Theory Part Two
- The Classical Period and the history of the Opera

All are welcome.

The demonstration of the different points of the workshop will be supported by Videos and Music-Samples.

The workshop is given by Hartmut each month one time

For date-details please contact me at 7094812897 and [vonlieres@gmx.de](mailto:vonlieres@gmx.de)



### MUSIC COURSES



1. Musical Aural training/Solfeggio, aims to develop a sense of pitch and rhythm, through individual and group exercises, and thus allow one to translate sounds into and from Musical notation.

2. Harmony, Music Theory & Counterpoint, aims at giving us the tools to understand how different types of music are built, and also help us to create our own musical compositions.

3. Music Composition is where we look at and discuss different topics relevant to composers, and we also look at different compositions, as well as our own pieces, and we create different exercises to help us become more fluent in writing/composing our own music.

These are courses loosely based on international Music Conservatory Programmes as well as musical higher studies, but flexible to our own informal setting, and adapted to suit our different levels.

Open to all. Regular attendance is encouraged.

Limited places. Basic to advanced levels.

For further information, and if interested, please contact Pushkar at [pushkar@auroville.org.in](mailto:pushkar@auroville.org.in)

### ART WORKSHOP BY CRYSTAL

Time: Every Thursday afternoon: 2 to 4 pm

Venue: Kalakendra Art Gallery

Automatic Drawing with Ink and Water color expressing your own voice. Contribution required Rs. 220/- per person

All are welcome, Kalakendra Team,  
Tapas and Anandi



### CHILD PORTRAIT



I (Roof Studio/Auroville Art Service) offer to draw your baby so that you can keep the memory of his/her first smile forever.

My mission is to bring attention to children and their upbringing by my drawing/painting of them. "How to Bring Up a Child?" is an essential question to our society. I do not provide an answer but hope to trigger a public discussion about it. My values

are gratitude, humbleness and love.

My work is my impressions of the happy child, not a photo-like picture. I purposely chose smiling kids of an early age as they smile only when they are really happy. I enjoy my work and if you send me a photo of your child between 6 – 18 months of age, I will send you back for free a photo of my work. I will keep the right to exhibit the picture publicly and the copyright to it. I work with full confidentiality – no information about you or your baby will ever be made public. The photo should have some shadows, no flat light please. You could hold your baby so naturally it will be create shadow from the side of you. And a smile needs to be there.

Please contact me on: [ivana.frousova@yahoo.co.uk](mailto:ivana.frousova@yahoo.co.uk)

Love, Ivana

### CONSCIOUS CLOTHING



Upasana believes conscious clothing leads to conscious living. Walk in to Upasana studio to Redesign, recreate, reimagine your vintage Garments/textiles. Bring your vintage textile – dupatta – sarees – dresses which is your cupboard to redesign, recreate and reimagine with us. Pls write to us to book time for you 9442982957

Regards, Upasana team

### NONVIOLENT COMMUNICATION

Tuesdays, 4.30-6.30pm



Weekly nonviolent communication practice group on 4.30-6.30pm, Tuesdays in the hall of light (in the Creativity community). We practice connecting, speaking, and listening from our heart through various ways. Anybody who has done an intro workshop of NVC is most welcome.

Please contact : Vega 8531012459

### ANALOGUE DARKROOM WORKSHOP

by Sasikanth Somu

Date: January 7, 8 and 14, 15.

Venue: Centre d'Art Gallery, Citadines

Program & Timings:

- Friday 7th, 2 – 5pm: Brief look at History of Photography & Introduction to Film Camera.
- Saturday 8th, 9am – 12:30pm: Film photo shoot, 2pm – 5pm Develop your roll of film.
- Friday 14th: 2 – 5pm Contact Sheet Printing.
- Saturday 15th, 9am – 12:30pm and 2 – 5pm: Printing photos in the darkroom.

Registration Contact: [centredart@auroville.org.in](mailto:centredart@auroville.org.in)

The workshop is free for Aurovilians, Newcomers and registered volunteers.

All the material for the workshop is provided except the analogue camera.

Analogue/Film cameras are available to the participants against a contribution.

Warm Regard, Centre d'Art

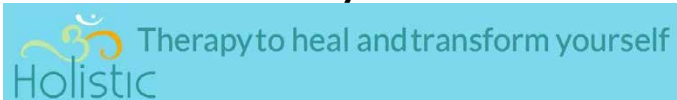
Centre d'Art



Auroville

### HOLISTIC AND HOLISTIC HEALTH CARE UNIT

January 2022



Healing & consciousness

For more info: [www.auroville-holistic.com](http://www.auroville-holistic.com) or Mob/whats' app: +919489805493

or Mail: [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com)

Ashtanga Yoga Classes Mysore style with Christine P	Classes started already. Classes at 7:45am.	For beginners, advanced students. The teaching is adapted to each one and his (or her) own issue (So you can join even if you have physical issue)
Hypnotherapy with Christine P	Any time on appointment Lasts 2h, Hypnosis	Healing Purpose / Regression
Scientific meditation with sound healing with Mradul	On appointment Lasts 1h30 min	For the purpose of deep relaxation
Reiki Session with Mradul	On appointment	
Mindful Meditation	Mondays & Wednesdays	Transcendental Meditation/Mantra Meditation/Chakra meditation on request
NLP Session/ Health & Life Coaching with Christine P (Zoom too)	On appointment: 1st appointment lasts 1h30 min to 2h	Healing purpose: Improve work performance & qualities. Goal setting, Relationship issues ...etc
Health & consciousness Program with Christine P & Mradul J.	Contact us for details and appointment, Involvement in the therapy and advises given are required, Talk one to one session/ CBT/NLP/Meditation	Looking for your next step in your life? Difficulty to make a choice or take decisions. Suffering from panic attack, anxiety, sleeping disorder, depression... etc Anyone who wants to enhance his (or her) relationships...etc
AMI: Analysis of multiple Intelligence with Mradul J.	On appointment basis: 1st appointment last 20 min: to take the finger printzzz2nd appointment for the counseling( 1h)	Scientific way to discover your hidden talent and potential.
Acupressure therapeutic massage with Christine P	Any time on appointment Last 1h30 min-	For any health issue, or emotional blockage. Re balancing the energy and harmonization of the chakra.
Hatha Yoga Classes	Tuesdays & ThursdayszzzAt 4:45pm.	For health, stretching & fitness.
Yoga Nidra	Saturdays: 3 to 4:00 PM	

**ARKA WELLNESS CENTER & MULTIPURPOSE HALL**

\*Covid SOP must be followed.

**Treatments**

TREATMENT	PRACTITIONER	TIME
Body Logic & Deep Tissue Massage.	Pepe 9943410987	Monday to Saturday
Cranio Sacral, Lomi Lomi Kahuna Massage, Bare Foot Body Massage.	Silvana 9047654157	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Hair Cuts, Hair Colouring, Henna Colouring.	Meha 9443635114	Monday to Saturday
Ayurvedic Massage	Roberto +343803614902	Monday to Saturday
Orthopedist & Naturopath offering Foot Reflexology & Metamorphic treatment following Haptosynesia.	Alexandre 9500278523	Monday to Saturday
Shiatsu, Thai Yoga Massage, Osteothai, Somatic Bodywork.	Marco 8778839827	Monday to Sunday
Chinese Fire Cupping and Moxibustion Therapy.	Chun 8098900708	Monday to Saturday
Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Inner-Voice Dialogue. Also in French.	Antarjoti 0413-2623767	Monday to Saturday
Ayurvedic Massage, Garshana with wool and silk gloves, Chinese Anmo and Energy Techniques .	Mukta 9655422346	Monday to Saturday

**Classes**

Acro Yoga	Damien 9047722740	Monday to Saturday
Pilates Classes	Teresa 7867998952	Tuesday & Thursday 7:30-8:30am. Wednesday: 4:15pm, Friday: 5:30pm Appointment.
Iyengar Yoga	Olesya 9159052743	Monday, Friday, Saturday 6:30-8:00am. Monday, Thursday, Saturday 5:00-6:30pm.



**CINEMA**

**AUROVILLE FILM FESTIVAL 2022**

For the love of Cinema!



It's been an incredibly difficult year for all of us. Let's start the new year on a

positive note, by coming together around our shared love of film!

This January 18th-23rd, come to the town hall campus to enjoy 6 days of great cinema, food and music, while rediscovering our common aspiration for human unity.

We're looking for artists to make art installations on the theme of human unity, to be placed in the town hall area. If you are a creator and have ideas to inspire community harmony and reconnection, please reach out to Marco at 9443262654.

Have a happy and peaceful year, from the AVFF, and we'll see you in 2022.

[aurovillefilmfestival@auroville.org.in](mailto:aurovillefilmfestival@auroville.org.in)

**ECO FILM CLUB**

Every Friday at Sadhana Forest

**Schedule of Events:**

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 Free bus from Sadhana Forest back to Solar Kitchen  
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

**\*\*Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

**Friday 7 January**

**Can Indigenous Knowledge Save the Planet?**

2019 / 54 minutes / Ute Pfeiffer

In this novel documentary, we are shown how indigenous knowledge of various ecosystems across the planet is needed to heal the damage we have caused. It looks at the lives of some Indigenous storytellers across Brazil and Cameroon to see what a new way of living could look like.

**Gau Seva at Sadhana Forest!**

**Join us on any day at 7am**



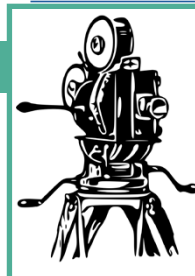
Your heartfelt service is needed at the Sadhana Forest Gashala! You are most welcome to join us on any day at 7am, and have a vegan breakfast at 8.45.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us please email [sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in) or call 8525038274.

Looking forward to welcoming you!

The Sadhana Forest team

Warmly, Shek





At Multi Media Centre Auditorium (MMC, Town Hall)

Friday 7 January 2022, 8:00pm

**"THE LITTLE PRINCE"**

Directed by: Mark OSBORNE, France, 2015

**Synopsis:** Animated film based on the 1943 novella "The Little Prince" by Antoine de Saint-Exupéry. At the heart of it all is a little girl who's being prepared by her mother for the very grown-up world in which they live – only to be interrupted by her eccentric, kind-hearted neighbor, the Aviator, who introduces her to an extraordinary world where anything is possible. A world that he himself was initiated into long ago by The Little Prince. It is here that the little girl's magical and emotional journey into her own imagination – and into the universe of The Little Prince – begins... The film received many positive reviews, earning praise for its style of animation and homage paid to the source material, and became the most successful French animated film abroad of all time

Original English version with English subtitles

Duration: 1h48'

Please note that Abhijit Roy will offer an analyse of the film the next day/Saturday 8th at Aurofilm, Kalabhoomi, 5 to 6.30 pm in our "Cine-Master Class" series.

Covid 19, please follow the current SOP.

**At Aurofilm, Kalabhoomi (next to CRIPA)**

Saturday 8 January 2022 5 – 6.30pm

**Cine-Master Class on THE LITTLE PRINCE, Animation**

If you like to discuss, share and learn more about films and Cinema, we invite you to our Cine-Master classes! Welcome to the 17th chapter led by Abhijit Roy on: "The Little Prince", animation

**Overview:** Abhijit, media & entertainment professional and passionate about animated films, will offer us a study-analysis of "The Little Prince". This animated film was released in 2015 as a fantasy adventure film directed by Mark Osborne and based on the 1943 novella of the same name by French author Antoine de Saint-Exupéry. Part of the story is told using 3D Animation, from the point of view of a young girl who has just met the book's narrator, a now-elderly aviator. This is used as a framing narrative to tell the story of his meeting with the Little Prince in the Sahara desert using Papermation. The voice cast includes many award winning Hollywood actors. The film premiered at the 2015 Cannes Film Festival and received positive reviews, earning praise for its style of animation and homage paid to the much beloved source material. It won the César Award for Best Animated Feature Film and Annie Award for Production Design and Music.

Aurofilm is screening the film at MMC on Friday, a day before this study and we hope all or most of you will have seen the movie! As usual, informal exchanges and discussions will follow the presentation.

Abhijit Roy has more than 13 years international work experience as a professional Digital Artist, Team Lead, Trainer and Technical Director in various Hollywood movies and TripleA Games in the field of Visual Effects and Motion Capture Animation, respectively. His film credits include - Man of Steel, Transformers 3, Conan the Barbarian, Immortals and Maleficent. His Gaming credits include - Batman - Arkham Asylum, Tomb-raider, FIFA 2019 and Wrestle-mania.

We follow the Covid-19 SOP. FYI the Aurofilm building is half open-air and well ventilated. You may carry your torch light.

**MEDITATIONS ON SAVITRI, BOOK 6**

Monday, 3 January 2022, 4pm at Savitri Bhavan.



**The Book Of Fate, Canto 1-2**

*The Word of Fate and The Way of Fate and the Problem of Pain.* Duration: 33min.

Narad, the heavenly sage, who can move freely between earth and heaven, leaves Vishnu's Paradise to visit earth. He descends to Aswapati's palace in Madra, where the King and Queen welcome him. As they listen to the sage's chants, Savitri arrives surrounded by the halo of love. She tells her father about Satyavan: "Father and king, I have carried out thy will. / One whom I sought I found in distant lands; / I have obeyed my heart, I have heard its call.... / My father, I have chosen. This is done." (p.424)

Aswapati asks Narad to bless their union. But some hesitation in the sage's reply alarms Savitri's mother. Pressed by her, Narad reveals that Satyavan is a marvelous result of the earth and heaven coming together, fully worthy to be Savitri's mate, but he has only one more year to live: "This day returning Satyavan must die." (p.431)

Savitri's mother insists that her daughter should make another choice.

But Savitri replied with steadfast eyes: ... / "If for a year, that year is all my life. / And yet I know this is not all my fate... / For I know now why my spirit came on earth / And who I am and who he is I love. / I have looked at him from my immortal Self, / I have seen God smile at me in Satyavan; / I have seen the Eternal in a human face." (p.435,436)

Gripped by pain, Savitri's mother challenges Narad and asks who made this cruel law of Time and Fate, of grief and suffering, and that perhaps there is even no God and no soul at all.

In response, Narad imparts to her the knowledge that the Eternal lives hidden in the soul of man. The mortals are not aware of the Immortal's meaning in the world. Human thought is a light of Ignorance. And pain has a purpose: without it the human heart would never learn to climb towards the Sun of divine Truth and the spirit would be doomed to suffer until man is free. It is particularly the great souls who come to save this suffering world that must share its pain.

Hard is the world-redeemer's heavy task;... (p.448) / He must enter the eternity of Night / And know God's darkness as he knows his Sun... / Imperishable and wise and infinite, / He still must travel Hell the world to save. (p.450)

Narad also agrees that there is greatness in Savitri's soul which can transform the whole world, but that it can reach its goal only through suffering. Savitri alone completing her heaven-sent task can save the world and face her hour of Fate.

A day may come when she must stand unhelped / On a dangerous brink of the world's doom and hers, / Carrying the world's future on her lonely breast, / Carrying the human hope in a heart left sole / To conquer or fail on a last desperate verge, / Alone with death and close to extinction's edge. (p.461)

Having shared this knowledge, Narad, the heavenly sage, leaves the earthly scene.

A meditative film of Huta's paintings illustrating passages from Savitri read by The Mother and accompanied by her own organ music which can connect us to the Divine Presence within and lead us towards the spiritual truth and the New Consciousness.

With love and may peaceful progress be with us in the last days of this Year and in the coming New Year.....and in offering all to Mother's and Sri Aurobindo's Grace...

Margrit



**CINEMA PARADISO**  
**Multimedia Center (MMC) Auditorium**  
 Film Program  
 3 January 2022 to 9 January 2022

Cinema Paradiso-Multimedia Center is in operation at 50% seating capacity as per the regulations. It is open to all. **Mask is a must (and not scarves etc.) as well as standard Covid19 protocols.** Please come and enjoy the films. To organize a seminar/program please contact us via email.

Please note: though the regulations now allow us to operate in full capacity, being cautious with the new news of rising numbers, we are extending the half occupancy for now. We will keep you informed if those changes.

**Indian – Monday 3 January, 8pm**  
**JAMUN**

India, 2021, Writer-Dir. Gaurav Mehra w/ Raghuvir Yadav, Shweta Basu, Prasad Sunny Hinduja, and others, Drama, 92mins, Hindi w/ English subtitles, Rated: NR (G)

Jamun Sharma, is a homeopathic doctor who tries to get through life with his daughter Chetana. Chetana is squint-eyed, much to the worry of her dad, who is obsessed to find a match for her. He also has a son, Amar, unemployed and is busy trying to find an investor to start a business. But Amar suddenly passes away and Jamun himself becomes incapacitated due to Parkinson's disease. What about Chetana and her dad's dream for her? Well acted drama of a typical dysfunctional middle-class family.

**Italian – Tuesday 4 January, 8pm**  
**COMEDIANS**

Italy, 2021, Dir. Gabriele Salvatores, w/Ale, Franz, Natalino Balasso, 96 mins, Comedy, Italian w/ English subtitles, Rated: NR

Theatrical adaptation (Trevor Griffiths): a group of aspiring comedians at a Manchester evening school reunite for their last rehearsal before performing for an agent from London.

**Interesting – Wednesday 5 January, 8pm**  
**RISING PHOENIX**

UK, 2020, Dir. Lauren Greenfield, Documentary-Sport, 105 mins, English w/ English subtitles, Rated: PG 13

The history and current standing of the Paralympic Games, which has grown to become the world's third largest sporting event. Top athletes and insiders discuss the Paralympic Games and how it impacts a global understanding of disability, diversity and excellence.

It is a testament to resiliency, determination and passion, an extraordinary look at what makes us human.

**Selection – Thursday 6 January, 8 pm:**  
**THE TIME TRAVELLER'S WIFE**

USA, 2009, Dir. Robert Schwentke, w/ Eric Bana, Rachel McAdam, Ron Livingston, Comedy-Fantasy, English-German w/ English subtitles, 107 mins, Rated: PG-13

When Henry DeTamble meets Clare Abshire in a Chicago library, they both understand that he is a time traveler, but she knows much more about him as he has not yet been to the times and places where they have already met. He falls in love with her, as she has already with him, but his continuing unavoidable absences while time traveling – and then returning with increasing knowledge of their future – makes things ever more difficult for Clare.

**International – Saturday, 8 January, 8pm**  
**ANNETTE**

France-Belgium-Germany, 2021, Dir. Leo Carax, w/Adam Driver, Marion Cotillard, Simon Helberg, 141 min., Drama-Musical-Romance, English w/ English subtitles, Rated: R

Los Angeles, nowadays. Henry is a stand-up comedian with a fierce humor. Ann, an internationally renowned opera singer. Together, under the spotlight, they form a happy and glamorous couple. The birth of their first child, Annette, a mysterious girl with an exceptional destiny, will turn their lives upside down.

**Children's Matinee – Sunday, 9 January, 4:30pm**  
**MONSTER FAMILY 2**

USA, 2021, Dir. Holger Tappe w/ Ewan Bailey, Daniel Ben Zenou, Jessica Brown Findlay and others, Animation, English w/English subtitles, 103mins, Rated: PG

To free Baba Yaga and Renfield from the clutches of Monster Hunter Mila Starr, the Wishbone Family once more transforms into a Vampire, Frankenstein's Monster, a Mummy and a Werewolf. Aided by their three pet bats, the Family zooms around the world again to save their friends, make new monstrous acquaintances and finally come to the realization that 'Nobody's Perfect' – even those with flaws can find happiness.

**MARCEL CARNÉ FILM FESTIVAL @ Ciné-Club**  
**Sunday 9 January, 8:00pm**

**LE JOUR SE LÈVE (Daybreak)**

France, 1940, Dir. Marcel Carné w/ Jean Gabin, Jacqueline Laurent and others, B&W, Drama-Romance, 93 mins, French w/ English Subtitles, Rated: NR

Taciturn labor François cherishes the ingenuous orphan Françoise but grows increasingly disturbed by her attraction to a seedy entertainer, Valentin. When Clara, Valentin's assistant and lover, leaves him, she takes up with the reluctant François, who still continues to pine for Françoise. Amused by François' frustrations over his increasing attentions to Françoise, Valentin taunts him, bringing about a shocking and tragic act. The film is a perfect example of French poetic realism.


**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.


**For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.**

Thanking You, MMC/CP Group Account# 105106, [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

**ACCESSIBLE AUROVILLE PUBLIC BUS**



 <b>Auroville TO PONDICHERRY</b>				
	Trip 1	Trip 2	Trip 3	Trip 4
Svaram	7:00	9:30	14:15	17:00
Verite Udayogam Junction	7:02	9:32	14:17	17:02
Auroshilpam Youth Center Junction	7:04	9:34	14:19	17:04
Town Hall Parking	7:06	9:36	14:21	17:06
Mahalakshmi Home	7:10	9:41	14:27	17:11
Vikas Radial Junction	7:11	9:43	14:30	17:13
Solar Kitchen (Round About)	7:12	9:44	14:32	17:14
Certitude Enterance	7:15	9:47	14:34	17:17
New Creation Road	7:19	9:52	14:39	17:22
SBI Bank / Kuilapalayam	7:20	9:54	14:41	17:24
Handy Market (ECR Junction)	7:24	9:59	14:46	17:29
Quiet Healing Center – Junction	7:27	10:04	14:49	17:33
Lotus Hotel, SV Patel Road	7:37	10:16	15:01	17:50
Ashram Road Junction	7:40	10:20	15:05	17:55
Ashram Dinning Hall	7:45	10:20	15:05	17:55

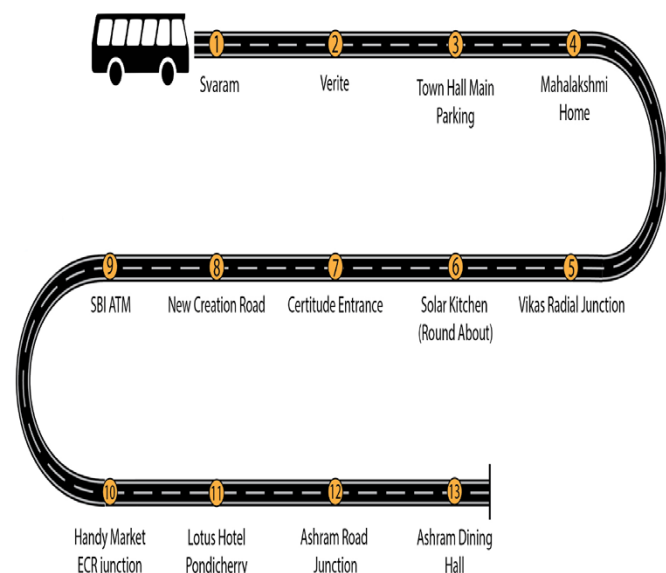
 <b>Pondicherry TO AUROVILLE</b>				
	Trip 1	Trip 2	Trip 3	Trip 4
Ashram Dinning Hall	8:00	13:00	15:30	18:10
Ashram Road Junction	8:02	13:02	15:32	18:14
Lotus Hotel, SV Patel Road	8:06	13:06	15:36	18:18
Quiet Healing Center – Junction	8:18	13:18	15:48	18:30
Handy Market (ECR Junction)	8:21	13:21	15:51	18:33
SBI Bank / Kuilapalayam	8:26	13:26	15:56	18:38
New Creation Road	8:28	13:28	15:58	18:40
Certitude	8:35	13:35	16:03	18:45
Solar Kitchen (Round About}	8:38	13:38	16:06	18:48
Vikas Road Junction	8:39	13:39	16:07	18:49
Mahalakshmi Home	8:40	13:40	16:08	18:50
Town hall Main Parking	8:45	13:45	16:13	18:55
Auroshilpam Youth Center Junction	8:47	13:47	16:17	18:57
Verite Udyogam Junction	8:49	13:49	16:19	18:59
Svaram	8:50	13:50	16:20	19:00

**Bus Charges**

- Monthly Rs.550 (Aurovilians & New comers)
- Rs.100 one way for Aurovilian & New comers
- Rs.150 one way for Guest

**Email:** [avbus@auroville.org.in](mailto:avbus@auroville.org.in)

**Phone:** +91 94430 74825



**EMERGENCY SERVICES**

**Ambulance (24/7):**

- Auroville – 9442224680
- PIMS – 0413 2656271

**Security (24/7):**

- Auroville Safety & Security Team – 9443090107
- Auroville Police Station – 0413 2677318
- Kottakuppam Police Station – 0413 2236148
- Vanur Fire Station – 0413 2677368

**Health**

- Health Center – 0413 2622123
- Santé – 0413 2622803 / 0413 2623937
- Farewell – 8903836246

**Mental health 24/7 support:**

- Matram – 9487746051

**India Emergency Response Service (24/7)**

- 108

**SANTÉ SERVICES DECEMBER 2021**

**Working Hours**

Monday – Saturday: 8.45 – 12.30pm & 2.00 – 4.30pm  
(closed Tuesday afternoon for team meetings)

**Tests and Sample collection**

Monday – Friday before 12.00 pm.  
No sample collection on Saturday.

**For emergencies**

Auroville Ambulance (24/7): Phone+91 94422 24680  
Government Ambulance (24/7): Phone: 108

**Appointment**

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor consults with Dr. Brian, Dr. Senthil, Dr. Ig-or & Dr. Prabha Daily	Nursing Care Ezhil, Thilagam & Archana Daily (No appointment necessary)
Acupuncture with Andres Monday - Friday	Ayurveda with Dr. Berengere Wednesday / Thursday / Friday
Homeopathy with Michael Monday / Wednesday / Friday	Psychotherapy with Juan Andres: Monday / Tuesday / Wednesday / Friday
Midwifery & Family counselling with Monique Tuesday	Pregnancy Care & Women's Wellness with Paula Tuesday & Wednesday
Physiotherapy with Rebeca (TOS from 01/01 onwards)	Physiotherapy with Osnat Monday / Thursday / Friday
Physiotherapy and Massage with Galina Monday - Friday (TOS from 24/01 - 21/02)	Paediatric Physiotherapy with Swati Monday & Wednesday (TOS from 29/12 - 10/01)

*In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.*

**IMPORTANT INFORMATION ABOUT NEWS & NOTES**



**Hard deadline for submissions or cancellations: Tuesday 3pm**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:**

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please **AVOID CAPS** letters
- Material (no pdf files, please) may be sent in English only to [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in).
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.
- We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

**Visiting hours: call or email for appointment.**

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

*News & Notes,  
Media Centre, Town Hall, 0413262-2133*

