

News & Notes

#907 A weekly bulletin for residents of Auroville 29 January 2022



*A nameless movement, an unthought Idea
Insistent, dissatisfied, without an aim,
Something that wished but knew not how to be,
Teased the Inconscient to wake Ignorance.
The Symbol Dawn-Savitri – Sri Aurobindo*

The Ponder Corner

They beheld the self-force of the Divine Being
deep hidden by its own conscious modes of working.
Swetaswatara Upanishad.

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Painting by Gino (Luigino Fabozzi)



House of Mother's Agenda

*"In fifty years the whole world, all the receptive section of humanity (I am not saying intellectual, I am saying receptive), all the receptive section of the world will be embraced – not "embraced": ABSORBED in the power of Sri Aurobindo's thought. Those who already are have the good fortune of being the first ones, that's all."
The Mother, Agenda 16 February 1972*

A Defense of Indian Culture

(continued from last week)

"The Dharma, at once religious law of action and deepest law of our nature, is not, as in the Western idea, a creed, cult or ideal inspiring an ethical and social rule; it is the right law of functioning of our life in all its parts. The tendency of man to seek after a just and perfect law of his living finds its truth and its justification in the Dharma. Every thing indeed has its dharma, its law of life imposed on it by its nature; but for man the dharma is the conscious imposition of a rule of ideal living on all his members. Dharma is fixed in its essence, but still it develops in our consciousness and evolves and has its stages; there are gradations of spiritual and ethical ascension in the search for the highest law of our nature. All men cannot follow in all things one common and invariable rule. Life is too complex to admit of the arbitrary ideal simplicity which the moralising theorist loves. Natures differ; the position, the work we have to do has its own claims and standards; the aim and bent, the call of life, the call of the spirit within is not the same for everyone: the degree and turn of development and the capacity, *adhikāra*, are not equal. Man lives in society and by society, and every society has its own general dharma, and the individual life must be fitted into this wider law of movement. But there too the individual's part in society and his nature and the needs of his capacity and temperament vary and have many kinds and degrees: the social law must make some room for this variety and would lose by being rigidly one for all. The man of knowledge, the man of power, the productive and acquisitive man, the priest, scholar, poet, artist, ruler, fighter, trader, tiller of the soil, craftsman, labourer, servant cannot usefully have the same training, cannot be shaped in the same pattern, cannot all follow the same way of living. All ought not to be put under the same tables of the law; for that would be a senseless geometric rigidity that would spoil the plastic truth of life. Each has his type of nature and there must be a rule for the perfection of that type; each has his own proper function and there must be a canon and ideal for the function. There must be in all things some wise and understanding standard of practice and idea of perfection and living rule, — that is the one thing needful for the Dharma. A lawless impulsion of desire and interest and propensity cannot be allowed to lead human conduct; even in the frankest following of desire and interest and propensity there must be a governing and restraining and directing line, a guidance. There must be an ethic or a science, a restraint as well as a scope arising from the truth of the thing sought, a standard of perfection, an order. Differing with the type of the man and the type of the function these special dharmas would yet rise towards the greater law and truth that contains and overtops the others and is universally effective.

This then was the Dharma, special for the special person, stage of development, pursuit of life or individual field of action, but universal too in the broad lines which all ought to pursue.

The universal embracing dharma in the Indian idea is a law of ideal perfection for the developing mind and soul of man; it compels him to grow in the power and force of certain high or large universal qualities which in their harmony build a highest type of manhood. In Indian thought and life this was the ideal of the best, the law of the good or noble man, the discipline laid down for the self-perfecting individual, *ārya*, *śreṣṭha*, *sajjana*, *sādhu*. This ideal was not a purely moral or ethical conception, although that element might predominate; it was also intellectual, religious, social, aesthetic, the flowering of the whole ideal man, the perfection of the total human nature. The most varied qualities met in the Indian conception of the best, *śreṣṭha*, the good and noble man, *ārya*. In the heart benevolence, beneficence, love, compassion, altruism, long-suffering, liberality, kindness, patience; in the character courage, heroism, energy, loyalty, continence, truth, honour, justice, faith, obedience and reverence where these were due, but power too to govern and direct, a fine modesty and yet a strong independence and noble pride; in the mind wisdom and intelligence and love of learning, knowledge of all the best thought, an openness to poetry, art and beauty, an educated capacity and skill in works; in the inner being a strong religious sense, piety, love of God, seeking after the Highest, the spiritual turn; in social relations and conduct a strict observance of all the social dharmas, as father, son, husband, brother, kinsman, friend, ruler or subject, master or servant, priest or warrior or worker, king or sage, member of clan or caste: this was the total ideal of the *Arya*, the man of high upbringing and noble nature. The ideal is clearly portrayed in the written records of ancient India during two millenniums and it is the very life-breath of Hindu ethics. It was the creation of an at once ideal and rational mind, spirit-wise and worldly-wise, deeply religious, nobly ethical, firmly yet flexibly intellectual, scientific and aesthetic, patient and tolerant of life's difficulties and human weakness, but arduous in self-discipline. This was the mind that was at the base of the Indian civilisation and gave its characteristic stamp to all the culture."

(to be continued next week)

Sri Aurobindo.

The Renaissance in India, pages 162-164

http://sri-aurobindo.in/workings/sa/37_20/the_renaissance_in_india_20.pdf

Townhall Speaks

REPORT OF THE FAMC

Over the month of December 2021

Members: Amy, Angelo, Jonas, Lisa, Marc, Palani, Ranjith, Stephan

Invitee: Under Secretary Mr. Srinivasamurthy.

Guest: Mr. Kalyani (Office of the Secretary, AVF, auditor)

Secretaries: Svenja, Balaji; FAMC Finance Secretary: Madhan

1. Topics of special concern of the Office of the Secretary, Auroville Foundation (AVFO)

- a. **"Envisioning Exercise Group"**. The Secretary, AVFO, has started an "Envisioning Exercise Group" which usually meets every 2nd Wednesday of the month. A couple FAMC members attend regularly. The FAMC is supposed to give inputs on "Economy" for the development of the Industrial Zone; on housing for 15,000 Aurovilians; on the development of the Industrial Zone; on the management of ACARAT; on self-sustainability; on the Auroville overall budget; on lands for income generation; and on simplifying the structure of entities of the Auroville Foundation, among other matters.
- b. **GST sub-committee**. The FAMC has been informed that this Committee has been created by the AVFO. The FAMC was not invited to participate.
- c. **Discipline farm**. A complaint from one of the residents of Discipline Farm was made to the AVFO. The FAMC plans to appoint a team to make an analysis of all the data that was gathered by an assessment group.
- d. **Humanscape records**. Records relating to Humanscapes are still pending submission to AVFO, by the Housing Service.
- e. **Maintenance of records**. It has been suggested by the AVFO that executives whose term is ending will hand over all records pertaining to the unit to their successor(s) or to the accountant of the Trust to have continuity and guarantee availability of records. The FAMC has noted this request.
- f. **Change of purpose of a unit or trust and its management**. Mr. Srinivasamurthy stated that henceforth, any change of purpose of a unit or Trust or its management has to be approved by the Secretary, AVF. The FAMC has objected to this in an email stating that it is not in accordance with the mandate of the FAMC approved by the RA, and would imply a change in policy, which needs to be approved by the Resident Assembly. The Office of the Secretary has not replied to the FAMC response.
- g. **In regards to statements made by the FAMC** Mr. Srinivasamurthy stated that the FAMC is guided by the Rules of the Foundation and that the Secretary is the convener of the FAMC, as provided by the Rules, and that the Secretary of the AVF wishes to see that the FAMC is on the same page in an harmonious way. This has been noted in the minutes of the FAMC meeting.
- h. **TDS refund**. The FAMC has requested further information from the Under Secretary about an email from the office of the Auroville Foundation stating that the TDS refund amount would only be disbursed with the approval from the Governing Board. Verbally it has been reported that the Finance Committee is being formed and disbursement approval may be subject to it and the Governing Board.
- i. **Maitreye II flat allocation to AVF staff**. According to the Under Secretary there is an increasing need for housing as two new staff members have joined the

Office of the Secretary, AVF. The FAMC has agreed to allocate one apartment. The understanding between the FAMC and the Under Secretary is that the apartment will be utilized by the Office of the Secretary, AV Foundation for housing a staff member for a duration of one year, after which the time period may be extended. The AVFO will maintain the flat.

- j. **Centralized accounting**. Draft Standard Operating Procedures (SoP) for Centralized Accounting are in the making which identify levels of access and the process to be followed for changing the chart of accounts.
- k. **51 crore budget submission**. Mr. Srinivasamurthy brought up the topic of the FAMC's announcement on AuroNet with regard to the "special budget" Gol grant, not having come through any process. He expressed that this should have been avoided as the budget was a "work in progress". The FAMC members explained that they are the representatives of the Resident Assembly. FAMC is normally involved in budgeting processes that are submitted to the Government of India (GoI). It is the duty of the FAMC to put the facts forward to the community and to inform the community of the non-involvement of the FAMC in this particular budgeting process.

2. Appeals

General. A change in process has been proposed by the Auroville Council (AVC), but the FAMC considers the proposal still too vague and lacking a timeline of implementation. The FAMC has proposed that all appeals be on hold until the current process, 'experimental' in 2017, has been reviewed, updated and approved by the RA. The matter is being further discussed.

3. Units and Trusts issues

a. General.

- i. **Guest House Trust**. The FAMC met with Guest House Trust (GHT) trustees and discussed (1) the accounting of outstanding funds in different collection accounts; (2) the status of paying the GST penalties by the various guesthouses and the audit charges wrt to the GST penalties; (3) the restructuring of the GH Trust; (4) the status of the executive team of the Exploration unit; the communication with the small guest houses; and (5) the necessary reappointment of new members of the GFCG (Guest Facilities Coordination Group)
 - ii. **Tamil Ulagam**. The FAMC is exploring if this activity could function under Village Action Trust instead of the current Auromitra Trust.
 - iii. **ACUR**. A summary of the feedback received on ACUR's vision paper is awaited.
 - iv. **Nirami Studio**. A Rs. 17 lakhs loan request is pending awaiting a 5-year business plan, describing the expected revenue that will be generated from the additional equipment which would be purchased with the loan.
- b. Appointment, reappointment or resignation of trustees, unit executives and activity managers.** Note: changes concerning trustees are approved in collaboration with the Working Committee.
- i. **Mayurika Creation**, an activity under the unit Auroville Activities (AVA). Managers: Mrs. Grace Nagappan, Mrs. Indirani Sadaiyandi. Approved
 - ii. **Aurokiya**, an activity under the unit Harmony Health. Manager: Mr. Vengadesan Natarajan (Aurosugan). Approved
 - iii. **Nature's Gift**, an activity under the unit Auroville Food Activities (AFA). Manager changes. Appointment of Mrs. Rajaveni Balasundharam, resignation of Ms. Karin Latzke and Mr. Sami (Nicolas Alexander). Approved on condition that the manager will secure the proper registration of the required food licenses.

- iv. **Handy Market**, a unit under ABC Trust. Executive reappointment of Mrs. Revathi Iyanar and new executive appointment of Mr. Pradyumna Rathinam. Executive reappointment of Mr. Sathyamoorthy Patchaiappan (Kalia) is pending as FAMC intends to look into the finances of the unit Progress Landscapes and Constructions of which Kalia is one of the executives.
- v. **Aurosoya**, a unit under Free Flow Trust. Appointment of new executive Mr. Chandarana Dhaval. Approved. Resignation of executive Ms. Catia Antonio Duca Cafaro. Approved.
- vi. **Functional Forms**, a unit under ADPS Trust. Reappointment of executives Ms. Shama Dalvi & Ms. Monica Tobar Alvarez. Approved.
- vii. **Cynergy** a unit under ADPS Trust. Reappointment of executive Mr. Ruchir Sharma. Approved.

c. New activities

- i. **Sundara**, an activity under the unit LEAD (Learn Experience And Develop). Managers: Ms. Rebecca Lopez Isabel, Ms. Teresa Aleman Lopez. Approved.
- ii. **Yoga Cosmopolite**, an activity under the unit LEAD. Manager: Ms. Namah Nugier. Approved.
- iii. **Svasti**, an activity under the unit Harmony Health. Manager: Ms. Aditi Patel. Approved.
- iv. **The Banyan**, an activity under the unit Auro Small Scale Activities (ASSA). Manager: Mr. Mike Lee. Approved.

d. Changing of activity and domain name

- i. **The name of Auroville Timelines**, an activity under the unit Auroville Art Service has been changed into "Timelines Auroville" and the domain name to "Film Institute, Auroville". The activity information will be changed in ACARAT accordingly.

4. Housing issues

- a. **Center Field**. The FAMC has sent a request to the Auroville Town Development Council (ATDC) for a detailed measurement (distance between the two black lines on a map provided, & width of the road), and which houses, according to them, will need to be demolished. The FAMC will ask the Housing Service to make a housing valuation of the assets in the Center Field area that would need to be demolished. The ATDC reply is awaited.
- b. **Botanical Garden**. A request has been made to transform two Botanical Gardens caretaker houses into residential stewardships. This is under review and consideration.

5. Various topics

- a. **Loan issues**. A discussion with the debtor and the guarantor of a loan taken from the Unity Fund for creation of a guest house showed that there are different understandings of the concept of a guarantor guaranteeing a timely loan repayment. The guarantor stated that, as the asset has been built and is owned by Auroville, this is the guarantee. He further stated that when no more revenue would be coming into the guest house and everything would collapse, he would be ready to repay the outstanding loan amounts. The FAMC explained its understanding of a guarantor, e.g. that the guarantor will pay monthly installments on behalf of the person who took the loan when that person is not paying on time. It was agreed that parties will meet to work out a proper financial plan. Additionally, FAMC will write a note on the role of the guarantor for future clarification.
- b. **Rainwater management**. The FAMC supports a proposal from Kireet and will forward it to the BCC to provide Rs 5 lakhs to enlarge existing water catchment areas and to find a solution for rainwater harvesting in the Darkali area, as the proposed Ring

Road threatens the existing rain water harvest structures that have been created over the years. The FAMC has expressed appreciation for the work done by Kireet and his willingness to further support this work with his own funds.

- c. **Accounting charges**. A study done by the FAMC shows that Auroville's accounting units use widely different rates for the same work. The question came up if Auroville's accounting units are 'services' or 'income-generating units' and if accounting charges can be identical for the same type of work. The FAMC Resource Group (FARG) has been asked for its view on the matter.
- d. **'Commercial' vs. 'income-generating'**. The term "income-generating" vs "commercial" was discussed and needs to be fleshed out further to come up with a proper definition. The term "Furtherance of Auroville" (income tax related term) was mentioned. Guidance from Chartered Accountants will be sought.
- e. **FAMC maintenance** The FAMC has decided to ask the Budget Coordination Committee (BCC) for the maintenances of all members and the secretariat team. This is a movement towards the community supporting its working group members instead of the funds coming from a Gol grant.
- f. **Foreign donation monitoring**. It has been agreed to monitor donations that fall under the Foreign Contribution Regulation Act (FCRA) that are distributed to individual projects from the Unity Fund. Project holders would be requested to submit expense budget and project papers, as applicable, before disbursement. It is noted that not all foreign donations are for 'projects'. A special branch could be created in the Unity Fund to do the monitoring; additional human resources would be needed. More details to follow.

**PETITIONS AND RESIDENTS ASSEMBLY
DECISION-MAKING (RAD)**

Dear Community, The RAS approached the Council regarding displeasure directed at them by members of the community in regard to the order in which upcoming RADs should be hosted, and specifically in regard to the current RAD that suggests a pause on Crown development, and why it was given priority over other older proposed RADs.

The current RAD became an urgent RAD because this topic is so central to Auroville at this time and directly affects everyone of us. Therefore it is very reasonable that it took precedence over other RADs.

In the current situation where there are several proposed RADs, RAS, in consultation with Council, has to determine the order in which these are to be held because certain RADs are of greater urgency to the community, bearing in mind that hosting simultaneous RADs is problematic and confusing.

As a first priority, the new draft of a selection process for working groups will be put to a RAD because our next round of selections is due to take place in March 2022. This was already the intention many months ago. The proposal from SPRTF (Selection Process Review Task Force) that is yet to be published will be suggested as an alternative to the current ratified selection process of the PWG 2020 document. Please stay posted for the announcement.

The next RAD after this will be determined in due time with the intention of addressing the most urgent and important topics faced by the community.

We request any petitioners of RADs that were filed prior to the ratification of the interim RAD process, to please contact the RAS again if they still wish to pursue these. It is the responsibility of the representatives of the petitioners suggesting a RAD to drive and hold the process with the assistance of the RAS. Considering the many requests we propose that only one RAD is presented by any group of representatives.

Warm regards, Auroville Council

REGARDING THE DECLARATION FORM

Dear Friends, we have checked the issue of the declaration form with the Foundation Office. It was clarified that this was a pilot/draft to get a pulse of what will be the most appropriate version. The declarations signed by about 20 people so far stand canceled.

The matter will be discussed further with the Secretary.

Sincerely, The Working Committee

(Anu, Arun, Chali, Hemant, Partha, Sauro, Srimoyi)

NOTES ON THE MEETING WITH GOVERNING BOARD

on 18 January 2022 by Six Aurovilians

On the 15 January 2022, the Working Committee of Auroville published that a Governing Board meeting had been called for the 18 January 2022 but no agenda was given.

A group of Aurovilians met the WC on the morning of the 17 January 2022 to request a meeting with the GB. Six Aurovilians: Alain Bernard, Abha, Aravinda, Fred, Prashant and Suhasini volunteered to present to the GB the concerns of many residents regarding the present conflict.

On the 18 January 2022 — Alain, Abha, Fred, Prashant and Suhasini — met with the GB for about 45 minutes from 13.20 hrs. Present in the meeting from the GB were Chairman R. N. Ravi, Dr. Tamilisai Soundararajan, Dr. Nirima Oza; and from the AVF, Dr. Jayanti Ravi and Mr. Srinivasamurthy. Dr. Seetharaman was also present.

One member of the group brought to the notice of the GB that although he had attended a meeting with them in November 2021, none of the points and exchanges that happened in that GB meeting were reflected in the published MoM. He then described how he attended to calls of distress from the Youth Center in Auroville on the night of 4 – 5 December 2021 with the youth, including some of his family members, being intimidated by the police and JCBs. He further described the events of 9 December 2021, with drunken men, first at the Youth Center, later at Darkali, and the trauma it has left on the community. He emphasized that everyone in Auroville is of a single mind when it comes to the purpose of Auroville and building of the city, but the way it was being carried out was contrary to the spirit of the Charter and also the Auroville Foundation Act. The Auroville Foundation Act was passed to nurture and enable Auroville to grow, and was thus deliberately not detailed. This fact was being misused by the present administration to undertake actions that are in contravention to the intent of the Act. He asked for a temporary moratorium for the community to work out the issues.

The second member described being in attendance in the Parliament on the day the bill for the Act was presented; he read out part of the speech of the then Minister of Education Mr. P. Shiv Shankar to elucidate the spirit and aim of the Act. He expressed his distress at the way the present office of the Secretary was functioning in complete contradiction to this. He shared how he had worked with Dr. Kireet Joshi on the bill which became the Auroville Foundation Act and how Dr. Joshi would have been shocked at how this was being misused, creating conflicts with violence and coercion.

The next member began by saying that next month it will be 50 years that she had a Darshan of Mother in Pondicherry, later coming to Auroville in 1978. She said it was difficult to understand how the GB could conclude that Auroville is a failure or has not achieved enough when you look at the variety and depth of work that has been accomplished here. She also said that the 20,000 persons living in the villages that fall within the Master Plan areas should be taken into account for planning purposes. Further, the 6,000 workers who come daily to work in Auroville, along with the interns and volunteers should also be included in the picture since to consider only the 3,500 on the master list gives an erroneous idea. The actions being undertaken in the name of the so-called missing 47,000 are senseless. Also, that the weight and support being given by the Secretary to the views of some people in Auroville is skewing the outcomes.

The fourth member questioned the GB report of November 2021 where the members state that Auroville is stagnating when the Prime Minister and the Home Minister of the country have stated that Auroville is a beacon for the world. Also, it should be noted that Aurovilians are not here to do afforestation, sustainable development or undertake economic activities to generate livelihood but to change human nature itself, guided by the philosophy of Sri Aurobindo. The exemplary work done in the listed fields are an output of this experiment in human unity and this has been recognized by the Government of India.

The present group supported by Dr. Jayanti Ravi, that is purporting to fast-track the development of the city by building a “road” are the ones who have consistently blocked the development of key social and physical infrastructure over the last 30 years.

Also, Dr. Jayanti Ravi has been deepening differences of opinions to create factions within the community rather than using her office to enable collaboration in building the city.

She contested the public statement of Dr. J. Ravi that she has had over 50 consultative meetings with the community and has integrated the inputs in the proposal for the crown road as there are no published minutes of these said meetings with the record of the verbal agreements arrived at. Based on this, she asked for an independent review of Dr. J. Ravi’s decisions. In the absence of a DPR for the Crown Road in the public domain with technical, physical, social and environmental studies, including tender documents, persons requesting information are vilified and intimidated by the factions supporting Dr. Ravi.

The fifth member shared his expertise in the field of planning and GIS, he listed the agencies and organizations that he and other experts work with on planning, both within and without Auroville. When Dr. B V Doshi was the chairperson of the TDC, studies were done for the development of township but they have all been set aside and work that is being carried out of clearing the land is being done without any drawings showing the technical details such as road sections or sociocultural studies that evaluate the impact of the road. Cities are one of the major developmental challenges globally today with noise, pollution, traffic jams, speculative development, urban rural interface, and disasters like floods leading to loss of life and property. Auroville cannot and should not undertake development as elsewhere, becoming part of the problem. Auroville is, and should continue to be, an experimental laboratory where we should be working towards finding solutions to these urban problems. He also pointed out specifically (a point that is missed by most) that the type of green work done here along with soil and water conservation, has brought back agriculture on this once barren plateau and that has increased the incomes, livelihood opportunities and prosperity of the people living in the villages in the immediate vicinity of Auroville.

Having listened to everyone, Chairman R N Ravi informed us that the Secretary is acting on the directives of the Governing Board and there should be no personal critiques against her. He said that he was all for a collaborative approach but there was no question of a moratorium on the development. The project had to be fast-tracked as there was a need to move on with the development of the project. He and the other members of the GB were supportive of a collaborative effort and will take this into account.

The first member of the group clarified to the Chairman that the request for the moratorium was not for an indefinite period but only to give the required time to the process that was actively going on in the community between the planners, residents and architects (Dreamweaving). He hoped that the statements of the Chairman on collaboration and inclusive planning and development would be reflected in the minutes of the GB so that the residents of Auroville could take comfort that their concerns had been heard.

Alain Bernard, Abha, Fred, Prashant and Suhasini

OUTCOME OF THE RA DECISION-MAKING PROCESS



Many thanks to all the residents who participated in this decision-making event!

Dear Residents, here are the results of the RAD (voting): *“To pause all clearing, infrastructure laying and permanent construction work on the Right of Ways of Crown, Radials and Outer Ring in order to enable the community to define a way forward for Auroville’s development, following:*

- collective processes,
- the ‘Master Plan: Perspective 2025’ framework,
- and other relevant regulations.

The outcome shall be approved through a ratified Residents’ Assembly Decision-making process, before the above specified clearing, infrastructure laying and permanent construction work resumes”.

A total of 899 valid votes have been submitted online and in-person. The number of participants exceeded the 10 per cent quorum required to validate the decision (243 votes).*

* Based on data received from the Residents Service, the total adult population of our community eligible to participate in RADs (age – above 18, confirmed Aurovilians) is 2427 (as of the month of January 2022).

Residents’ Assembly Decision:

- 89% (803) Aurovilians supported the above proposal.
- 11% (96) Aurovilians DID NOT support it.



According to the [RAD policy](#):

“8. Responsibility for implementing decisions made through this RAD process lies with the concerned working group/s or resident/s”.

With gratitude, The Residents’ Assembly Service

CALL FOR A RESIDENTS’ ASSEMBLY MEETING

The Residents’ Assembly Service invites you to a Residents’ Assembly Meeting (RAM) to discuss the SPRTF’s selection process proposal, which will be put out to the community for a decision. The event is going to be held by RAS on

Friday, January 28, 4 – 6pm, Unity Pavilion

Please note the event can be affected by covid-19 restrictions, we will keep you informed on any further changes.

Tentative Agenda

- Welcome & Introduction
- Presentation of the proposal
- Q&A session
- Next steps
- Closing

The meeting will be live streamed by Auroville Radio and the access links will be shared.

We look forward to seeing you there

Reference Documents

- [“Participatory Working Groups & the Selection Process of their members 2020”](#)
- [Report of the Inquiry Task Force \(ITF\) on the Selection Process 2021](#)
- [Comments on ITF Report by AVC](#)
- [Provisional Amended Residents’ Assembly Decision-making process](#)

Warmly, The Residents’ Assembly Service

RAM – TO DISCUSS A SELECTION PROCESS PROPOSAL AND PROCEED TO A RAD



Dear Residents, this is to inform you that the Selection Process Review Task Force (SPRTF) is ready to present a revised selection process proposal to the community.

This task force was appointed from the general community to consider the [“Participatory Working Groups & the Selection Process of their members 2020”](#) (PWG 2020), the [Inquiry Task Force report](#), and the previously submitted proposals for selection process, and to propose an alternative method. A proposal that would incorporate the best of all of them into something that the community could agree upon ([read more](#)).

As this [updated selection procedure](#) should be ratified by the residents, the Auroville Council would like to initiate a decision-making process (RAD). [Read the proposal](#)

With regards, The Auroville Council

FROM THE ENTRY SERVICE – ES # 118

Dated: 29-01-2022

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to entryservice@auroville.org.in. We thank you in advance.

NEWCOMER ANNOUNCED:



Eswari Agnes Prabhu

- Eswari BABU (Indian) staying in Humanscapes and working at Nalan and Matri Gold
- Agnes MARY (French) staying in Sharnga and working at Marc’s Coffee
- Prabhu PONMUDI (Indian) staying in Hermitage and working at Hermitage

NEWCOMER CONFIRMED:

- Abhijit ROY (Indian)
- Etsuko SHIMABUKURO (Japanese)
- Silky ARORA (Indian)

AUROVILIAN ANNOUNCED:

- Bernardo OSELLA (Argentinian) staying in Humanscapes and working at Solar Kitchen
- Juan Andres PAPAGNO GAZMURI (Chilean) staying in Sukhavati and working at Sante



Bernardo Juan

AUROVILIAN CONFIRMED:

- Allan Lawson BENNETT (British)
- Bondeepa PATOR (Indian)
- Shilpi GUPTA (Indian)

SPOUSE OF AN AUROVILIAN CONFIRMED:

- Sabari THIRUMAVALAVAN (Indian)
- Santha FRANC (French)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes. A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Service

Community News

AUROVILLE MATTERS

E. KRISHNAMOORTHY



This is to inform the community that in the afternoon of Monday 24 January, our good friend and brother E. Krishnamoorthy of Sangamam passed away in Pondy's General Hospital, where he had remained in treatment for a head wound caused by a road accident on January 12. He would have been 50 next month.

Krishnamoorthy originally came from Kuilyapalayam and worked from the early nineties onwards for the then Auroville Messenger Service, as one of the 'messengers', distributing the Auroville

News and other post items on his bicycle to the various communities. At the time this was the way Aurovilians communicated with each other. With his open smile and upbeat demeanor, he was often received as a welcome presence in those still much quieter days without email or even telephones. After years of riding his bike over sandy paths in the hot sun, he worked for some time at Solar Service and Abri Electrical Service, and more recently at UTS where he handled the phones and did administrative work. In 2017 he had made the big step to become a newcomer and joined as Aurovilian in 2020.

Thank you, Krishnamoorthy, for having been with us so long. May you rest in peace.

Our warmest condolences go out to his family, wife Castoury and their two sons, Madhiazhagan and Mahendren. Krishnamoorthy's remains were cremated at the Auroville mandapam in the late afternoon of January 25th, with family members and many of his friends attending.

OM

*"Alone who stares at the future's covered face,
Man lifted up the burden of his fate. ||1.46||
"When darkness deepens strangling the earth's breast
And man's corporeal mind is the only lamp,
As a thief's in the night shall be the covert tread
Of one who steps unseen into his house. ||1.45||
A Voice ill-heard shall speak, the soul obey,
A power into mind's inner chamber steal,
A charm and sweetness open life's closed doors
And beauty conquer the resisting world,
The truth-light capture Nature by surprise,
A stealth of God compel the heart to bliss
And earth grow unexpectedly divine. ||1.46||*

Sri Aurobindo, Savitri

ART FOR LAND 2021

20 January 2022

Dear Artists, Contributors to Art for Land, With the present situation of Covid again spreading very fast and with increasing Covid protocols coming in place, we have decided to postpone this year's Art for Land Exhibition from its usual time in February to August. Our Dream for this year's Art for Land Exhibition is to have a beautiful offering for Sri Aurobindo's 150th Birth Anniversary, brought together by us all in Harmony and with Love and Gratitude. We invite all artists to feel inspired by these above lines from Savitri and contribute their art works in a spirit of celebration and offering, a gift to Sri Aurobindo for the realization of Auroville.

As we have already been receiving Artworks towards this year's Exhibition, we will keep open for reception of works through the months leading up to August, with the cut-off time for receiving artworks being the 1st of July. This will allow us to photograph and organize the artworks as we go along and update our online presentations of the artists.

Thank you for staying with us and supporting the joint Art For Land – Acres for Auroville fundraising for securing the Land for Auroville's Master plan area (City & Greenbelt).

*With Love, Jaya, Bharati and Silky for Art for Land,
Mandakini & Aryadeep for Acres for Auroville*

FOR YOUR INFORMATION

NANDINI GUIDELINES 2022

Dear Friends & Family, A very happy New Year to you, we wish everyone a year filled with joy, new opportunities and exciting adventures!

Nandini Guidelines 2022

1. Nandini is a collective service for the community and not a shop.
 2. Members take only what they need and are available at the Distribution Section and/or can get their stitching requirements met at the Tailoring Section.
 3. Feedback and suggestions are more than welcome but personal shopping orders will not be taken into account at the Distribution Section.
 4. No refunds for an individual's personal shopping bill.
 5. A member's yearly contribution is calculated from January to December of a given year. Unused amounts in your yearly contribution do not carry over to the next year!
 6. Nandini contributions are similar to that of PTDC; contributions from all of our members are pooled together for purchases and running expenses of the service every month. No funds are leftover at the end of the month or year as balance. A member's unused contribution is used for the benefit of another, who might need it more.
 7. An individual's contribution is meant and used only for that particular individual and NO ONE ELSE!
 8. The fabrics at the Tailoring Section are NOT for sale; displayed fabrics may be used for placing new orders or for repairs and alterations.
 9. All new applications and cancellation of individual memberships need to go through the Nandini team. For this you may personally approach one of the Nandini team members or email your request to nandini@auroville.org.in
- We kindly request and remind our members to come throughout the year and NOT at the end of the year in December simply to finish off one's remaining balance, this is completely against the purpose of the service.

*We thank for your understanding and cooperation and look forward to seeing you, with love and smiles,
Chandra, Devi, Elizabeth & Indrani.*

CONGRATULATIONS TO THE AWARD WINNERS Of The Auroville Film Festival 2022!

International category of “films that develop the theme of human unity”

• **Wisdom Award: A Letter From India** by Naveed Mulki & Shaktiraj Singh Jadeja

A small diverse village of 30000 in southwest India demonstrates its ability to live a harmonious existence. The film is shot in b&w with soft gentle awareness that brings a rich vibration to the viewers.

• **Cinema Paradiso Awards**

◦ **In Your Eyes** by Barak Heymann

A reflection of real, authentic, spontaneous ‘human unity’ is inevitably the internet, the world wide web, so to say... where all identities mingle, they can relate to each other, have access to each other... without judgement there can be understanding and acceptance. The ‘Web Stars’ or the internet influencers are in that sense true icons of human unity... as beautifully portrayed in the film ‘In Your Eyes’... In Israel, those from social margins, outside the mainstream, find a ground, a voice and a huge following, they find love and connection.

◦ **White Eye** by Tomer Shushan

A young Israeli man comes across his stolen bicycle. Seeking justice he contacts the authorities. What develops changes his perception dramatically, compassion comes to the foreground too late.

• **Jury Award: Baluji** by Marie – Cécile Embleton

If there is an inspiration, a lesson in indefatigable spirit, it is in the film ‘Baluji’... ‘Baluji’ also takes us into a sweet journey of love and dedication, the kind of love that we cross our fingers for! A story of truly empowering companionship and collaboration that we all yearn for. And of course music – its practice and pursuit that can heal, connect and liberate!

Category of “films made by Aurovilians, bioregion residents and guests of Auroville”

• **Cinema Paradiso Award: Learning from the Intangible** by Alessandra Silver

The Cinema Paradiso award under the category of Auroville films at the 2022 Auroville Film Festival is given to ‘Learning from the Intangible’ by Alessandra Silver. It is a film that truly captures the essence of an Aurovillian educational experience for children, creating space and opportunities to learn and expand their knowledge and experiential horizons. The “Free Progress” pedagogy and curriculum are embedded in a value system that enables “integral education” grounded in reality, culture, and virtues essential for the sustenance of the human and ecological spirit. The voices of parents and children in Auroville make the “intangible” actually “tangible”, and the film becomes a medium of inspiring educators and parents to engage with a process that will build a generation of citizens who would actualise “the psychic being”. The film is shot and edited to make for lived storytelling. As India moves forward to implement the New Education Policy 2020, this documentary can sensitise and inspire educational policymaking and practice to transform education. The words “nothing can be taught” stay with you beyond the 85-minute film.

• **Special Motivation Award: Lockdown – 48 Athisayam** by Yatra Srinivassan

Special Motivation award under the category of Auroville films at the 2022 Auroville Film Festival goes to ‘Lockdown – 48 Athisayam’ by Yatra Srinivassan. A satirical take on life within four walls, this film calls for public viewing on a significant day to day experience with male alcoholism and marital relations. This short film uses language and actions to open a window into the reality of life on the peripheries of Auroville.

• **Wisdom Award: Conversations on Death** by Serena Aurora

The Wisdom award under the category of Auroville films at the 2022 Auroville Film Festival is given to ‘Conversations on Death’ with Aurovilians by Serena Aurora and Danielle de Diesbach. A thought-provoking exposition, the film reflects on the meaning of death, and ‘death in Auroville’. A wide gamut of ideas is brought forth including the conquest of death “where each cell of our body will have to become conscious.” Pithy words by Sri Aurobindo and The Mother punctuate Danielle de Diesbach’s exploration as she sets out to interview Aurovilians, young and old. The perspectives of the interviewees along with the meditative words and music offer an understanding that frees you from the fear and apprehension of death. “The material or physical causes of death are not its sole or its true cause: its true inmost reason is the spiritual necessity for the evolution of a new being.” The film is aurally and visually orchestrated with substance and meaning, drawing ‘Death’, typically considered a ‘dark’ subject, into the light.

• **Jury Award: En Udambu (My Body)** by Earthling Koushalya

The Jury award under the category of Auroville films at the 2022 Auroville Film Festival is given to ‘En Udambu (My Body)’ by Earthling Koushalya. A socially sensitive film on the use of online social media as a medium of sexual violence against women, this is a powerful representation of women reclaiming their bodies as their own, against this violation. The protagonist uses the same online space to challenge the male toxic behaviour that violates her privacy, with a counter-strategy in which her body becomes a weapon of resistance and breaks the barriers of social stigma and shame that she is threatened by. The private and public lens on ‘My Body’ merge in the depiction of love and pride that a woman has for her body, against the fear she is expected to live with, to protect her body. Subtle lighting and music combine to bring the actors’ narrative alive, with scope for more.

• **Mongbra Award: Pre-Monsoon** by Jonak Chakrabarti

The Mongbra award under the category of Auroville films at the 2022 Auroville Film Festival is given to ‘Pre-Monsoon’ by Jonak Chakrabarti. A fun film with a youthful perspective... sometimes abstract, sometimes real...in Auroville. Awarded for its creative and experimental take on memories and growing up, relationships with the self and others, friendships and dreams... magnifying life with curiosity and love. A scientist, a detective and an experiment in an unsuspecting town, truly this is what an Aurovillian journey can be. Free of any ‘isms’, finding your own paths with freedom and a spirit of unlearning and being one with nature and its surprises. The scripting, camerawork and editing make the film engaging, but warrant a shorter and tighter film.

Here are the statistics at the closing of AVFF 2022:

1260 viewers have tuned in to the event, and 8520 “Sales” (all films are free) we’re made. These led to 2990 streams, mostly from here in Asia (2530), followed by Europe (246), North America (110) and Australia (49).

OPENING NOWANA IN AUROMODELE

(Previous Roma’s Kitchen)



Dear Community, we are planning to officially open Nowana, the Korean restaurant in Auromodele Community, on Saturday, 29 January, at 6pm. Please come and enjoy.

With regards,
Nowana team

THE DREAMWEAVING HAS BEGUN!



On 21st & 22nd January the Dreamweaving architects met for their first formal session together, with two members of Vastu Shilpa Consultants (Doshi's office) joining over Zoom. The sessions started with an introduction from Mona & David. Among other things, they stressed that the Dreamweaving process will not create the Detailed Development Plan for the Crown or the city but will provide initial inspiration from Auroville architects. The Vastu Shilpa Consultants have been approached to take up the task of DDP preparation. An FAQ is being worked on and will be published on Auronet.

This was followed by presentations on the Auroville Economy and on City Form and Bioclimatic Design, which you can watch on the AV Radio Youtube channel.

Then the 18 participating architects shared their emerging ideas, inspirations and designs for the Crown in 11 presentations. After each presentation, there was positive feedback on what others felt useful or inspiring, highlighting elements they would 'steal' and try to incorporate into their own work over the next 2 weeks.

The presentations drew from a wide range of resources and explored aspects from the 'DNA of the Galaxy Vision' to rainwater capture, storage and percolation, to analysis of functional needs and mobility opportunities in relation to the Masterplan: Perspective 2025 on and beyond the Crown.

Meanwhile, on 26th January, the randomly selected community members (approx. 12-15) who will be part of the next stages of the Dreamweaving process and give inputs, will meet for the first time to be briefed about the process. The next Dreamweaving event, on 4th & 5th February, will see the participating architects presenting their new or modified concepts. The session will be live-streamed for the community and also include the participation of architectural peers, focus groups representing diverse perspectives, technical and analytical inputs and the randomly selected citizens group.

Simultaneously, some events and spaces are taking shape, which are offered by the community, for the community, inspired by the Dreamweaving process. These and the resources generated will also be offered to the Dreamweavers but without expectations attached. Pass by the 'DW Col-lab Desk' outside Solar Kitchen on Monday, Wednesday & Friday lunch times this week to find out more and look out for announcements on Auronet.

Finally, after an appeal was sent out to assist with the funding of the Dreamweaving exercise, AVI USA generously offered 2000 USD to cover the costs of logistics, venue and food for the participants, while within the community itself almost two lakhs rupees have been donated.

It is yet another indication that there is immense support and goodwill for this process for which we express our deep gratitude

*Alan and David,
The Citizens' Assembly Exploration
and Dreamweaving team*

LATEST NEWS FROM INSIDE INDIA



Mr. Ganesh is available at **Kalpana** for issuing, rescheduling for all kind of ticketing Bus, Train, Flights and travel insurance which include Covid.

One can meet him

- from 10:00 to 16:00
- by phone 2623030 or / and by WhatsApp after office timings: +91 9894598686
- by e-mail: travelshop@auroville.org.in or domestic@inside-india.com

All payments (including Credit / Debit cards use) should be routed via the Financial Service.

Flights from Chennai Airport

- **Emirates and Qatar Airways:** Everyday flights to Italy, Switzerland, Netherlands, Paris, Frankfurt, Munich, Düsseldorf and Hamburg.
- **British Airways:** Flights to London weekly 3 days Tuesday, Thursday and Sunday.
- **Etihad Airways:** Weekly 3 days to Paris, to Milan on Monday, Thursday and Sunday. On Thursday only to Rome. On Monday, Thursday, Saturday and Sunday to Zurich. On Monday, to Geneva.

Important notice:

Several counties require a Passenger location form to be filed online before travelling and an negative PCR test.

- With a latest advisory guidance for international travellers issued on 11 January 2022 arriving into Chennai that mandates all passenger to undergo home quarantine for 7 days & undertake an RT-PCR test on the 8th day of arrival. Passenger are mandated to upload the results of a repeat RT-PCR test for Covid – 19 done on 8th day on the Air Suvidha portal.

SLOW FASHION

Tulita Sewing Upcycling aims to reduce textile pollution by recreating new clothes and accessories.

In Sanskrit, Tulita means Balanced.

Tulita works towards conscious, balanced and healthy fashion that respects both humans and the Earth.

- Restore, repair, reuse, what you already have:
 - Select your favorite clothes/accessories for which you want a second life.
 - If necessary, choose additional fabrics from our selection of unearthed treasures.
 - Imagine together & co-design: partial or complete transformations, customizations, visible and invisible mendings... Everything is possible!
- Remade, recreate, reinvent (with new pre-consumer fabrics cut during the garment manufacturing process, normally thrown directly into the landfills):
 - 100% upcycled clothing and accessories available to order, to your own measurements, your specific needs and your unique style!



Be part of the Fashion Revolution!

Contact me at 8098796307 (WA and Telegram), or by email at tulita.upcycling@gmail.com

*Thank you very much,
Tulita Sewing Upcycling*

LUNCH AND DINNER DELIVERED TO YOUR DOOR

Dear Friends, we deliver Lunch/dinner at your home or your workplace. The delivery system is working even on Sunday too.

1. Indian Lunch/Dinner delivery system for Aurovilians/Newcomers/volunteers and Guests.

2. Also we are making lunch/dinner/snacks/tea for the small gathering/birthday party/meetings/workshops too.

The menu is: Rice, Dal, Salad (Veg.), Veg. curry, Chapati.

3. Other Non-Veg. foods for Lunch/dinner based on the customer needs and call us at least a day before.

Please call by in advance whatsapp 8098782233 or 9159837630

Thanking you, kind regards, Arunkumar and Valli



Centre d'Art
Auroville

IN THE LAND OF MAJESTIC GIANTS

28 January to 12 February 2022

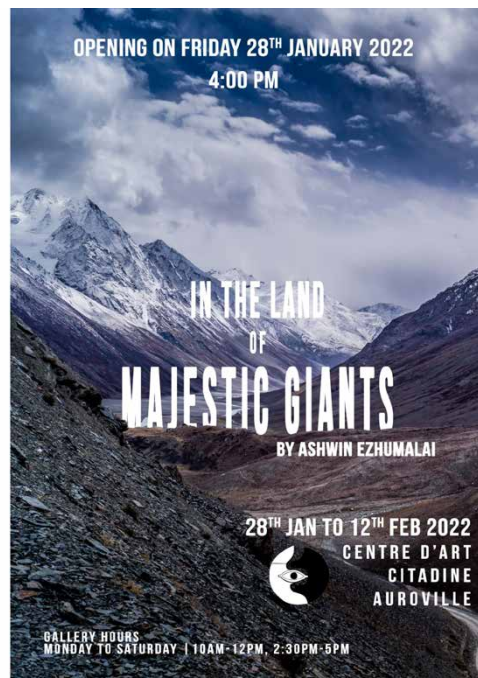
Centre d'Art Gallery, Citadines, Auroville invites you to an exhibition "In The Land Of Majestic Giants" by Ashwin Ezhumalai.

Exhibition opening: Friday 28 January 2022, 4pm

Gallery hours: Monday to Saturday, 10am to 12pm – 2.30pm to 5pm

Please Park at the town hall. Sunday is closed.

Project Brief: In the Land of Majestic Giants



This installation focuses on mountains and works to bring out the sheer beauty, spirit and immense energy that one can sense on these terrains. It presents photographic visuals from some of the rarely visited valleys and passes from Himachal Pradesh. The aim is to give a visual experience of the vastness of the Himalayan ranges along with its varying terrain and diverse landscape below and above the tree line, glaciers, grassy hills and snow-capped mountains. It tries to bring out my perspective and journey with these majestic beings. Moreover, it also tries to highlight some of the treks and travels done by a small group of Aurovilians in these remote, and harsh conditioned landscapes.

Contact: centredart@auroville.org.in
www.centredart.in

THE ARTS

ADISHAKTI THEATER FESTIVAL IN AUROVILLE



Dear Auroville Community and Performing Art lovers, this is to bring you the wonderful and early news that Adishakti Laboratory for Theater Art Research, situated near Hope community, would like to present a five day Theater Festival between the 23rd and 27th of March 2022, at the Sri Aurobindo Auditorium, Bharat Nivas.

The festival would be Adishakti's offering towards Sri Aurobindo's 150th Birth Anniversary as well as their participation towards Bharat Nivas' 50th Anniversary. I am sure that this kind of festival has not

happened in a long time in Auroville and so is definitely worth our anticipation.

Many of us may have had the privilege to watch Adishakti's high energy, high quality and delightful shows over the last 25 years, be it at Adishakti's own performance spaces or at the Sri Aurobindo Auditorium. This March they will be presenting a retrospective of their work through five different performances: **Impressions of Bhima, Brhannala, Nidravatvatvam, Bali, Bhoomi**

All five plays are explorations or interpretations of episodes and characters from either the Ramayana or the Mahabharata. I will share the details about the plays in March.

Friends, I have offered to coordinate this festival in my individual capacity and I am writing this note to let you know that to cover the cost of hosting this event I will definitely need your help. Right now the budget is being prepared and I will be able to share information on this topic soon. Thank you in advance for your support.

Joy (Dana)

PUBLIC REHEARSAL CANCELED

Surya Performance Lab Auroville presents "Is this the end?" a theatrical, choreographic, musical show inspired by a poem from Sri Aurobindo.

Because several artists are sick we are unfortunately again obliged to cancel our public rehearsal of Friday 28 of January. Please join us directly at Sri Aurobindo auditorium for our performances on 10, 11, 12 of February at 8pm.

Thank you for your understanding.
Surya Performance Lab team

WORK OPPORTUNITIES

COUNCIL NEEDS YOUR HELP

Dear Community, the Council is in need of more resource people to help us with our many tasks. We often hear people say that the Working Groups do not include the community in their processes enough. Here is an opportunity to change this and get involved. We invite you to please come forward if you are willing and have some time to offer.

The tasks we need help with range from joining subgroups, holding certain topics for us, drafting emails and documents, supporting council members with their tasks or being part of implementation and monitoring groups (IMG). Please come with a positive mind frame and a willingness to collaborate and work, then surely this will be rewarding for all involved.

If you are interested and willing to help, please send us an email (avcouncil@auroville.org.in) with some basic information as listed below.

- Name:
- Phone:
- Languages spoken and written:
- Skills and qualifications:
- Work experience in and out of Auroville:
- Special interests:

We look forward to meeting you and will be in touch.

Warm regards, For the Auroville Council

Balaji, Claudine, Ganesh K. Meenal, Sai Suresh, Suryan, Shivaya, and Shiva

NEED FOR CULTURAL MASSBULLETIN MANAGEMENT PERSON

As you know, the regular massbulletins are meant for short, unexpected and urgent announcements for the community at large. The service is NOT for notifications regarding cultural performances and events. However, more and more requests for cultural announcements come in and we look for a person willing to take up this service for the community. If you're into art & culture, know how to find your way on a computer and are willing to undertake this service for the community, pls get in touch with me and I'll tell you the ins and outs of the same.

Thank you! Contact me at mauna@auroville.org.in or WA via 9443168323.

SVARAM TIMBER RESEARCH PROJECT

We are offering a versatile and focused 6 month Volunteer/Intern placement for our evolving field project. Halftime work entails



- documentation, labeling, analyses, and monitoring
- media, film/rec interviews
- hands-on, physical tree care in research plantation, nursery, pruning, weeding
- preparatory wood crafts with hand tools, saw, axe etc.

This engagement calls for a dynamic, active personality, fit for hands-on pioneer work, at the same time an inquiring, structural, scientific mind, botany or nature work background, and surely a crafty green motivation!

Maintenance support is available, for Aurovilian or newcomer long-term project work too.

Please write to us at svaramdesign@gmail.com

Thanks and Regards, Bondeepa

*SVARAM, Musical Instruments & Research
Kottakarai, Irumbai Post, ph. 0091 413 2622220
svaram@auroville.org.in, www.svaram.org*

HOUSING SERVICE LOOKING FOR A NEW MEMBER

Dear Auroville Community, the role of the Housing Service is essential to the whole of the community. The Housing Service and the Housing Board aim to strengthen the team and to assure a better service.

We are presently looking for a new member with finance and management background to fill the vacancy left by the previous coordinator. It is a full-time position as coordinator who should fulfill the following responsibilities:

As office coordinator:

- Distribute and follow up with office workflow procedures
- Maintain files and records
- Manage the HS email inbox and approve the draft of each section of the Service
- Prepare the monthly as well as the annual report in collaboration Prepare needed presentation in coordination with the rest of the team
- Liaison to other working groups
- Maintain an atmosphere of collaboration with the rest of the team

As financial coordinator:

- Oversee the work of the accounting section
- Approve the small budget requests (5,000./ and below) in consultation with the other Housing service members
- Audit the office expenses
- Prepare the BCC annual budget proposal
- Signing of the payment vouchers (FS Cheque)

It goes without saying that excellent communication and interpersonal skills, a good amount of patience as well as a strong commitment to the work are essential requirements.

The position comes with a full time maintenance and there will be a three months trial period.

If you are interested and would like to hear more, please contact us at housingboard@auroville.org.in and we will send you an application form.

We would be happy to welcome you to our team.

Thank you,

Housing Service / Housing Board

GAU SEVA AT SADHANA FOREST!

Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day from 6am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us please email sadhanaforest@auroville.org.in, WA 8525038274 or call 8122274924. Looking forward to welcoming you!

The Sadhana Forest team

LOOKING FOR A CAFE MANAGER

Solitude farm cafe is looking for a cafe manager. The person should be inspired by nutrition, vegan, local food and community. Commitment and experience is a must.

There is a beautiful vision that we aspire to manifest collectively. If you feel you have the skills needed please contact me directly.

Yours, Krishna, 9843319260

LOST AND FOUND

Lost Sunglasses.



Lost approximately 2 weeks ago. Gold and brown framed 'Persol' sunglasses. I am missing them dearly. If found please contact 9486972147.

Thanks, Auroson

LOOKING FOR**Long term house sitting**

Hello dear friends, Lakshmi (Aurovilian) looking for a long term house sitting. I'm responsible and reliable. I will take care of your house as it would be mine.

Contact me at 8489764602, Lakshmiprem369@gmail.com

Love and Gratitude, Lakshmi

House Sitting

Hello, I am currently doing my new-comer process and I am looking for a long-term house-sitting, or an individual Aurovilian house to rent (could be a first floor) with good Wifi, UPS and hot water. My previous house-sitting here has been successful. I am a quiet person, I am into Yoga, volunteering at Sanskrit Research Institute, and looking for a beautiful space to take care of from now on.

Sabrina Jecker

AVAILABLE**Wooden Lajin bench**

Custom made in 2013. Good condition. Lajin is a Chinese stretching technique. Contact only for this purpose of Lajin stretching. Comes with a small mattress and 2 weights of 2 kg. Height: 49 cm – Length: 130 cm – Width: 39 cm.

Fixed contribution requested. Will be available only on 7th of April, after our departure. Payment requested 1 month before (beginning of March). **Contact Details:** yvelise@auroville.org.in (first contact by mail only)

Deep freezer

(hard top chest freezer, double lid) and stabilizer

Used for ice bath only (Wim Hof method). Model: CHF-400HGW. Brand Blue Star. 400 L capacity, 3 years old. In good to very good condition. High energy efficiency compressor. Size: Height 83 cm – Length 143.5 cm – Depth 66 cm. Fixed contribution requested. Will be available only on 7th of April, after our departure. Payment requested 1 month before (beginning of March). **Contact Details:** yvelise@auroville.org.in (first contact by mail only)

Wall table and 4 stools

Custom made in 2011, beautifully finished, work tree. Table: Height: 80 cm, Length: 148 cm, Width: 74 cm, Thickness: 5 cm. Round Stools: Height: 46.5 cm, Diameter: 32.5 cm. Fixed contribution requested. Will be available only on 7th of April, after our departure. Payment requested 1 month before (beginning of March). **Contact Details:** yvelise@auroville.org.in (first contact by mail only)

Set of 3 granite carved bricks

They are carved with local tree leaves designed by Emanuele. Can be inserted in a wall or in wooden stairs for example for decoration, to add a "fancy" touch. Size of each brick: 30 cm by 10 cm by 10.5 cm. Fixed contribution requested. Will be available only on 7th of April, after our departure. Payment requested 1 month before (beginning of March). **Contact Details:** yvelise@auroville.org.in (first contact by mail only)

Cot to Give Away

We have an extra Bed Cot to Give Away. If Anyone is interested, Do Contact Me. *Mimansha 9003996080*

Stamp Book to Give Away

I have some stamp books and a lot of stamps to give away to collectors who may be interested.

Please write to chali@auroville.org.in if you would like to take a look. Looking forward to hearing from you.

Chali (Madhuca)

TAXI SHARING**8 February, 2022, 00:30**

Taxi Sharing from Chennai airport to Auroville

eric.stardust@gmail.com

HELP NEEDED**AUROVILLE RADIO TV NEEDS YOUR HELP!**

We are happy to announce that the Auroville-RadioTv is going to move to the first floor of the Archives building.

The new location having more potential for growth, we have re-think the studio taking into consideration the various needs of the community to become a full flesh recording studio in the next future. The project is therefore divided into two phases.

The first phase will allow the radio to shift its regular work without major interruption. It is expected to be finished by March, thanks to a great team and a generous donor. However, our budget is short of 5 Lakhs to finish in a timely manner.

We appeal to you to help this essential service of Auroville that have adapted to the pandemic constraints by streaming our events and meetings (with more than 15k view in the last month only!) despite a very low budget and a lack of manpower.

We are counting on your support to continue serving the community at our best. Please donate!

Financial account number 251369, specify "Donation for relocation – Phase 1". In addition, we are also proud to say that the project is realized with the help of Auroville units only!

Thank you!



Voices and Notes

AUROVILLE RADIO

Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

Last published podcasts

- [Savitri, B. XI, C. I, Part 2](#) (Integral Yoga)
- [Soul Tracks – Se.03 Ep.09 "A Beatles Deep Dive 1969-1980"](#) (Music)
- [Happiness, Love and Laughter – ep.129 "An Appeal to the Governing Board by an Aurovilian youth"](#) (Wellness)
- [Aarohan – ep.39 " Kirana Gayaki.....The Legacy Continues!"](#) (Music)
- [Happiness, Love and Laughter – ep.128 "Crowdsourcing the Crown and other acts of co-creation"](#) (Wellness)
- [The Hitchhiker's Guide to the Galaxy, read by Lili – Ep.5](#) (Literature)
- [Tamil Epics- ep.17 "சிலப்பதிகாரம்"](#) (Tamil Culture)
- [Happiness, Love and Laughter – ep.127 "Moving towards Unity with Humour and Silence"](#) (Wellness)
- [Marlenka's Weekly Offering – ep.41](#) (Integral Yoga)
- [Une série hebdomadaire de lectures par Gangalakshmi – 382](#) (Integral Yoga)
- [The Life of Sri Aurobindo in Tamil-Ep.1 "ஸ்ரீ அரவிந்தரின் வாழ்க்கை வரலாறு"](#) (Sri Aurobindo)

Last Youtube live videos

- [DREAMWEAVING Round 1 – Day 1 Morning \(City Life\)](#)

...and more! on www.aurovilleradio.org

Please help us to relocate the radio!

Donate to F.A. number 251369

For more information write to radio@auroville.org.in

Peace and Love

MEDIA AND INFORMATION

Often in Auroville we receive mail from RAS urging us to vote. Voting should give people their right to choose what is best for them and for society. But the reality is that most people in Auroville don't have enough information about what they are voting for, and that's why our voting system doesn't work.

Who is responsible in a society like Auroville, for the lack of information or incomplete and misleading information? Well, all of Auroville media is responsible. The media in Auroville are OutreachMedia, AurovilleRadio, TubeThambi, New&Notes, Massbulletin, and Auroville Today. And none of these media has been able so far to provide true and neutral information to the people of Auroville and to the world about what is actually going on these days and why. Nobody has taken the initiative to investigate the nature of this matter, to interview individuals involved in it and to allow freedom of expression (from both sides) for the truth to emerge.

All we've got is merely one sided propaganda. I'm sorry to say this but what I saw on YouTube by Auroville media so far was only biased and incomplete information. Incomplete information can be more misleading than a lie. Media information should be kept always neutral, true and professional. Unfortunately, restriction on freedom of speech is prevalent in Auroville. The attitude is "if you can't agree with me, then we will not let you speak". Media in Auroville is censoring what kind of stories see the light of the day. This is the kind of censorship practiced by the very same media people who are now claiming to fight for freedom of speech.

I find it highly contradictory that Auroville calls for people to vote when all information spread around is one sided. How are people going to truly vote or not vote if information is kept controlled and freedom of speech is censored?

The lack of proper neutral media and freedom of expression is a reflection of our society. In fact it's true to say that Auroville has no justice system. Our working groups such as FAMC and Council are biased and dysfunctional. Things here aren't sorted according to Auroville ideals, practice of yoga or a minimum of human rights and justice.

In Auroville there is no right or wrong, there is only whom we know and what we agree with. There are lots of injustices inflicted by Aurovillians on Aurovillians, and nothing can be done about it. Not even the police are allowed to intervene. We say that we must solve our issues amongst ourselves, which in reality means that the strongest have it always their way, or the issues remain unresolved for ever. It means that a few families own and rule Auroville while holding wealth and power, and everybody else is here to obey and keep quiet. If this is where Auroville is going, then the experiment is failing significantly.

It was us Aurovilians who called the Foundation in 1988 to protect Auroville from private ownership. And now the same "Aurovilians" are behaving as the landlords of Auroville.

As Aurovilians we have committed ourselves to a level of integrity. And look at us now, how can we live up to our commitments as Aurovilians in this huge sense of inequality and manipulation?

How are we ever going to create a society in line with the highest ideals that Auroville is meant to manifest?

Gino

RESPONSE TO A LETTER FROM AVI

Extract from the letter of AVI, which appeared in New and Notes in January 2022:

"...However, there is a matter which is of grave concern to us and to the community itself, affecting the very future of the project which you have done so much to support. It is the security of residency which non-Indian members of the community must be assured of in order to be able to live in Auroville."

We have learned about a new rule for the admission of non-Indian nationals to Auroville, which demands the support for the Master Plan. **Although the Master Plan is widely accepted as a framework, its scope is currently part of the decision-making process of the Residents' Assembly.** The collective processes to move forward with the city planning could be hampered by additional individual visa requirements, and create uncertainty for people who need to extend their visa. We are very concerned that this new rule will undermine harmony and balance within the Auroville community and counteract all the endeavors to increase the population of Auroville...."

Dear AVI members, thank you for your letter and support for Auroville. In fact it is a support to The Mother. The individuals, their fear and non confidence are difficult to address.

However, to the first part in italics I wish to answer that the threats which form part of the campaign by vested interests are nonexistent, spreading half truth and lies and reactions to emotions where freedom seems to be the key word. You should verify your sources and preferences.

Now, the essential part is underlined. However let us be clear: the master plan has already set the scope with the recommendations from the RA. It has no further decision making role on the implementation which is the responsibility of the Governing Board but residents can certainly help and collaborate in the implementation. That is what some Aurovilians cannot swallow unless we decide to run away from the Vision.

Imagine every 40 to 50 years, a new breed of people wish to review the aim and objectives with legal arguments or mental perceptions!

Auroville will soon be in the drain as another failed utopia. We are the destructive elements of our dream!

And the tool being used: the RA, a legal body of the residents to construct together our society, this RA being transformed into a weapon to stop the construction!

Mother wanted Auroville to be built fast! Did She know the human mind's capability to destroy itself? "The Ideal Of Human Unity" describes that clearly.

Nobody can foresee the morrow with certitude, during a travel of 14000km or a life. That is its beauty. Are we becoming old?

The threat of visas does not exist. It has been projected by a group which keeps provoking everyone with their actions, and to keep a climate of uncertainty alive by circulating false and twisted information. (The bigger the lie the more the media laps it up). Is all this not surprising in Auroville? Should we not be free of such manipulations and manipulators? Do we have to clear Auroville of such elements, or find a more honest process of entry? Is it not the etiquette of Auroville? We are still a society that is 'becoming', still an aspiration – not yet a realization.

Compromise on a vision does not even deserve a single glance.

At Her Service, Jean-Jean

Where there is duality, there other sees other, other hears, touches, thinks of, knows other. But when one sees all as the Self, by what shall one know it? it is by the Self that one knows all this that is... All betrays him who sees all elsewhere than in the Self; for all this that is is the Brahman, all beings and all this that is are this Self.

Brihadaranyaka Upanishad

MMC/CP AND AVFF WOULD LIKE TO THANK

the following groups and people who each contributed importantly to the event.

We very much hope to be able to schedule the festival after lockdown restrictions are lifted. We were really happy that we were able to organise the online film festival platform with the support of Shift72, who came on as a partner with a heavily discounted package, and AVI USA who funded it.

**AUROVILLE
7TH FILM
FESTIVAL 2022**

Partners of AVFF are:

ACUR Management, Anveshan, Auroville Consulting, Auroville Outreach Media, Auroville Radio, AVI Germany, AVI USA, brainfever media productions, Budget Coordination Committee, Centre d'Art, Green Moves, Marc's Café Store, Miniature, Moveable Sound, Naturellement, Right Path Café, SAILER, Sharnaga Guesthouse, Solitude Farm, Tanto, Tube Thambi Auroville

African Film Festival New York, Cineuropa, Dharamshala International Film Festival, European Film Festival, Goethe Institut Max Mueller Bhavan, Kriti Film Club, New York Indian Film Festival, Shift72, South Asian Short Film Festival, Tamilnadu Film Festival

The people behind are:

Aashay, Alex, Amando, Aneeta, Anne, Anushka, Aparna, Aurolice, Christoph, Christophe, Clemens, Daljeet, Daniel, Dhani, Edo, Era, Gali, Gerhard, Henrik, Hubert, Jeanluc, Jill, Jurriaan, Kavita, Kirtana, Krishna, Kshitij, Laxmanan, Lijun, Luca, Mahatma, Malcolm, Marco F, Marco S, Marie-Pierre, Masha, Matilde, Matt, Mehul, Moghan, Philippe, Pooja, Rakhil, Rando, Raul, Ray, Rena, Riju, Rolf, Sacha, Sasikant, Shakti, Silvia, Stefania, Stefano, Suresh, Surya, Susana, Suzie, Swaha, Tom, Valentina

The bands are:

ADR Trio, Bulletproof Funk, DJS Trio, H&M Duo, Last Minute, NoizeGate, Swaha Blues Band

The judges are:

Aanchal, Francis, Premendra, Radhika, Richa, Simona

Thank You To All Of You!

From: MMC/CP team, AVFF team

THE CITY IS DAWNING

When Mother called Auroville: "The City the Earth Needs," she wasn't joking. We have made jokes. Through Her, the President of USA and the Premier of the Soviet Union agreed to build an international city for peace and human unity in India to offset the possibility of a nuclear holocaust. When Kennedy was assassinated and Khrushchev fired, she turned to the United Nations. They refused, but UNESCO passed a resolution that all nations should support the development of Auroville. They also sponsored two young people from every country to come to India and inaugurate Auroville. The nuclear holocaust did not happen and the Berlin Wall came down. Today World War III is taking the form of a "Plandemic". Vaccines are bio-weapons. Fear, threat of death, and the loss of freedom are consuming populations, including us.

The Mother has the Dream, and each of us came here with our dreams. They can be woven together. They must be woven together to come true. Now, because we have been shocked awake by two years of lockdown and the violence of December in Humanity's "City", we know what to do.

Thanks to Bhaga and Gilles, we have two volumes of direct messages by the Mother on how to build Auroville. She said "stop lying", "truth or the abyss!"

The dream weavers are at work. Can't we collaborate to build the "City the Earth Needs?"

Submitted by B

DEAR MEMBERS OF THE RESIDENTS' ASSEMBLY

We feel we must bring to your attention a serious breach of trust which has happened recently between the seven members of your Working Committee.

There was a Governing Board meeting scheduled with very short notice to take place in Auroville on 18th January 2022. A note answering 10 questions raised by the Governing Board on points of Governance and the management and organization of Auroville had already been prepared and sent officially to the Office of the Secretary well in advance.

The day before, on 17th January 2022, all seven members of the Working Committee met in our office with the aim of discussing what would be presented to the Governing Board. We felt it was also important to try to discuss the current disturbing environment post 5th December and 9th December, 2021, events.

In our diversity of opinions we could not agree on one common statement. Anu, Srimoyi, Partha and Arun, four members of the Working Committee, informed us that they will make one joint statement representing their views of the events and what led to them. We, the other three members, Chali, Hemant and Sauro, had already made individual statements in December and were informed that these would then be tabled to the Governing Board in the upcoming meeting as well.

On the morning of 18th January 2022, at 10:30 (we had been told earlier that we would have to meet the Collector at 11), a mail was sent by Anu which, in addition to their statement, had a powerpoint presentation to be presented by the four of them about Governance of Auroville, Selection of working group members and other general Auroville topics, as well as proposed action points as follow up to the last Governing Board meeting. The 3 of us had not been invited to be part of the preparation.

We were shocked at this exclusion of us as three selected members of the Working Committee of the Residents' Assembly. When we asked the reason for this act of exclusion and division we were told that there was no time to consult us.

As a first response we prepared a letter of objection to the Governing Board (see attached), with a copy to the International Advisory Council, of our exclusion from the preparation of the presentation, and tabled it officially to the Governing Board. The Chairman then proceeded with the presentation, which in our view had errors of judgment and facts and was undermining the role of the Residents' Assembly.

We then shared our views and made some corrections on the presentation with the Governing Board, including the topic of Governance, and we tabled other topics such as the recent 'agreement' that people have been asked to sign when going for a visa recommendation letter and the complaint about a number of Aurovilians that has gone to the RRO. Also, the question was asked: After all the achievements of Auroville and the appreciation received by many eminent persons and entities from India and the world over the 54 years of Auroville's existence, what has happened in the last six months that now the project is perceived as "a failure"?

We feel that this action from the other four members was a serious breach of trust and makes our work more challenging than ever. The current atmosphere of distrust is not healthy for the members of the Working Committee and the work it is mandated to carry out, and therefore it is not healthy for Auroville as a whole.

*Chali, Hemant and Sauro
20 January 2022*

CLIMATE AND US

Protecting landscapes, biodiversity will be key in 2022



As we usher in the New Year, and the government's policies on the environment are carried over for debate in 2022, landscapes must be seen beyond their utility for the economy. While reforms in forest governance may be welcome, are we managing to strike a balance between diversion of natural forests and plantation efforts? It has been an eventful year for the environment sector in India. Not only because the environment ministry launched large scale reforms to rationalise the current economic needs of the country but also because India took an important stand on behalf of the Global South at the Glasgow climate change negotiations (COP 26) last month.

In the past decades we saw increased toxification of our land, water, air and food, and realised what it does to our health. It is part of the economic growth story as we know it. We saw repeated **conflicts over the tension between financial capital and other forms, such as natural, cultural and social capital**. The resolution is often flawed **because public institutions that are required to make decisions have been progressively weakened and disabled**.

These 30 years have taught us that the apparent tension between money and life is superficial. If you dig a little deeper you find that we cannot ensure sustainable growth unless it is affordable and inclusive. We know that rivers cannot be cleaned without affordable sanitation for all; we cannot have blue skies and clear lungs without mobility systems that move people and not vehicles. We also know today that investment in natural capital — trees and water — will help build the resilience we need in the climate-risked world. This is how India needs to reinvent its growth story; it has to be based on the needs of all and not just a few; it has to protect the environment because that is the survival base for life. It cannot be a matter of either-or.

The UN Human Rights council on the Environment

According to the UN Human Rights Council a clean, healthy and sustainable environment is an universal right (October 2021). The UNEP executive passed a resolution on the right to a clean environment. This right was first proposed in the 1972 Stockholm Declaration. Over 13,000 civil society organisations and indigenous peoples' groups, more than 90,000 children worldwide, the Global Alliance of National Human Rights Institutions and private sector stakeholders have campaigned relentlessly for the right since. The UNEP resolution emphasises "the rights to life, liberty and security of human rights defenders working in environmental matters: they are subject to constant physical attacks, detentions, arrests, legal action and smear campaigns. Some 200 environmental defenders have been murdered in 2020 alone." UNEP would deepen its commitment to protecting and promoting environmental human rights defenders. It is hoped the resolution emboldens governments, legislators, courts and citizen groups in pursuing the Common Agenda for renewed solidarity. This agenda was presented last month by UN Secretary-General Antonio Guterres who said: "Let no one be left behind, as we forge a healthier planet with less conflict and more space for youth to be heard."

The State of the Indian Environment

India is the world's second most polluted country. All of India's 1.4 billion people live in areas where the annual average particulate pollution level exceeds the WHO guideline. Ninety-four percent live in areas where it exceeds India's own air quality standard. Particulate pollution has increased by 22% since 1998, cutting 1.3 years off the life of the average resident over those years.

A quarter of India's population is exposed to pollution levels not seen in any other country, with 248 million residents of northern India on track to lose more than 8 years of life expectancy if pollution levels persist. Lucknow has the highest level of pollution in the country: 13 times greater than the WHO guideline.

Residents of Lucknow stand to lose 12.1 years of life expectancy if pollution persists.

The Western Ghats, a biodiversity hotspot, are in dire need of protection as several developmental projects are queued up, threatening the fragile ecosystem and encroachment of forest land goes unchallenged. States have consistently opposed protection measures, as they cannot find a balance between saving livelihoods and protecting ecology. However, the dangers of destroying this ecosystem in times of climate crisis have risen to new levels. Floods, droughts, landslides, heatwaves and extreme weather events affect the economy directly. Will states accept that the climate crisis is a reality? Instead of delaying the decision-making process, can they devise more decisive climate-proofing actions to save the valuable Western Ghats and thereby the entire region housing over 20 crore people?

Melting Himalayan glaciers. Glaciers in the Himalayas are melting at an exceptional rate because of global warming, threatening the water supply of millions of people in Asia, according to a study published on Monday by the Wadia Institute of Himalayan Geology. They found that the Himalayan glaciers have lost ice ten times more quickly over the last few decades than on average since the last major glacier expansion 400-700 years ago, a period known as the Little Ice Age. The study shows that Himalayan glaciers are shrinking far more rapidly than glaciers in other parts of the world. A team led by researchers at the University of Leeds, UK, made a reconstruction of the size and ice surfaces of 14,798 Himalayan glaciers during the Little Ice Age. They calculated that the glaciers have lost around 40 per cent of their area -shrinking from a peak of 28,000 square kilometres (km²) to around 19,600 km² today. During that period they have lost between 390 cubic kilometres (km³) and 586 km³ of ice. The water released through that melting has raised sea levels across the world by between 0.92-1.38 millimetres. "This acceleration in the rate of loss has only emerged within the last few decades, and coincides with human-induced climate change," the authors said. The Himalayan mountain range is home to the world's third-largest amount of glacier ice, after Antarctica and the Arctic and is often referred to as 'the Third Pole'. The acceleration of melting of glaciers has serious implications for hundreds of millions of people who depend on Asia's major river systems for food and energy, including the Brahmaputra, Ganges and Indus.

Sources: Down to Earth, UN, WTO, hindustantimes.com

The Green column reports on green issues in Auroville, the Bioregion, India and the wider world. It is published bi-monthly in the News and Notes and sometimes on Auronet.

We like to hear from you!

Lisbeth & Gijs avgreencenter@auroville.org.in

HELPFUL HINTS/ADVERTISEMENTS

THE AURA NETWORK UPDATE



The Community is enjoying meals at the Atithi Griha Guest House using the Aura Network. This service opens more possibilities for our circular cashless economy. To know more, check out the phone app.

The Aura Network Team, www.auranetwork.app

**KAPHA IN WINTER:
ENHANCING STRENGTH AND PROTECTION**



Winter is the cold season where Kapha dosha naturally accumulates in the body to protect us from any cold or dryness in the air. Kapha is also the energy behind our immunity that reinforces our strength, resistance (the effort to fight against hostile environment or viruses) and endurance with a jolly, happy, optimistic mood. That is where the prevention focuses on and helps us not to catch any virus, viral fever, cold, cough or any other ailments.

The Ayurvedic Daily Routine as preventive or healing in case of winter ailments highlights:

1. Getting up before 6am (Kapha time is 6-10am. When Kapha is imbalanced in body and mind it is more difficult to get up in the morning, feeling of stagnation, abdominal heaviness, it might give a feeling of laziness, melancholy or depression)
2. Early morning after brushing the teeth and scrapping the tongue, drink a big glass of warm water (can add some lemon juice for extra Vitamin C)
3. Light exercise (even if it's just 15 minutes per day) to wake up and warm up the body or Surya Namaskar and Pranayama (Bhastrika, Kapalbhathi, Bhramari – to clear the upper tract from phlegm)
4. Eat every meal warm, cooked and with spices (eg: ginger, turmeric, black pepper, cumin, cinnamon, ajwain, basil, garlic, thyme, rosemary, parsley), food for Kapha is light and easy to digest (eg: veg soup, mung dal soup, rasam...) Avoid Kapha-increasing foods such as dairy products and sugar/sweet food.
If the digestion feels heavy, take Ginger-Turmeric-Black pepper powders (= Be No1 for digestion) with a sip of warm water after food
5. Drink hot water with ginger and lemon or herbal teas (Tulsi, karpooravali, thyme for the respiratory tract; Mint, chamomile or fennel herbal tea for the liver stagnation) or green tea
6. 1tsp of Chyavanprash every day or any source of vitamin C (citrus fruits, amla – the season has started)
7. 2 drops of Anu Tailam (ayurvedic medicated oil) in each nostril in the morning and at bedtime, when there is congestion in the nose and sinuses, light frontal headache)
8. Gargle with hot water, salt and turmeric to clear the throat from mucus and phlegm
9. Steam inhalation with thyme decoction, eucalyptus essential oil
10. Clean the atmosphere with sage fumigation or holy basil vaporization
11. Wash your hands regularly especially before preparing and eating food and before/after the use of the toilet
12. Wear warm clothes, cover the throat, wear socks or slippers indoor
13. In case of fever, headache, cough: stay at home to rest, keep warm by eating/drinking warm, shower with warm water, sunbathe for some minutes, take 1/2tsp of Tulsi, Amla, Cinnamon, Ginger, Turmeric, Black Pepper powders (=Be No3 for immunity) with the lemon juice + honey, 3 times per day before food until feeling better. Eat when appetite manifests and take a light and easy to digest meal (green leafy vegetable soup, sambar, rasam). For fever: Nilavembu decoction (30ml twice a day before food)

In Siddha: Kabasura Kudineer is also available

**Take good care of yourself and loved ones
Be @ Santé Clinic**

Regular Events
February 2022

CLASSES, WORKSHOPS & HEALING ARTS

MUSIC-CLASS

Saturday, 5 February 2022, 4 – 6pm

Saiier-Building first Floor

Introduction into History and Theory of Western Classical Music. The Romantic Period of the 19th Century (from Schubert to Wagner to Mahler).



Video clips of Operas and Concerts will be shown.

Beginners welcome.

Hartmut, ph. 7094812897, vonlieries@gmx.de

RUSSIAN SINGING BELLS



Sound Bath

Relax – Retune – Recharge

Experience deep interiorization, tranquility and self-healing invoked by harmonious resonating sounds of this unique instrument from Russia. Silent listening to the play of resonances induces a state of quietness in the mind, peace in the heart and happy relaxation in the body. Base tones of the bells help to reset the whole system to its original equilibrium, bringing the sense of completeness, centering and integration. Duration 1h30.

- Monday – Wednesday sessions on request
- Thursday, Friday, Sunday at 3pm
- Saturday at 2pm

Limited number of participants.

Please register with Vera in advance.

Vera, Ph/WA/Telegram +919486247202.

Soul Resonance: Collaborative Workshop

We Co-Create Music in a group setting playing the Russian Singing Bells together! We learn to express our deepest aspirations in sound, to hear and support essential vibrations of others and gradually come to a transformative experience of our inner connection which translates itself into a spontaneous joyful music of Harmony. For groups of 6-15 people. Duration 1h30.

Please register with Vera in advance. The event will take place with minimum 6 participants.

Vera, Ph/WA/Telegram +919486247202.

ANALOGUE DARKROOM WORKSHOP

18, 19 and 25, 26 February 2022,

Centre d'Art Gallery, Citadines, by Sasikanth Somu

Program & Timings:

- **Friday 18, 2 – 5pm:** Brief look at History of Photography & Introduction to Film Camera.

- **Saturday 19, 9am – 12:30pm:**

Film photo shoot,
2pm – 5pm: Develop your roll of film.

- **Friday 25, 2 – 5pm:** Contact Sheet Printing.

- **Saturday 26, 9am – 12:30pm and 2pm – 5pm:** Printing photos in the darkroom.

Registration Contact: centredart@auroville.org.in

The workshop is free for Aurovilians, Newcomers and registered volunteers. All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.



Warm Regard,

Centre d'Art Atelier, Citadines

+91 413 2622699

centredart@auroville.org.in,

www.centredart.in

FIRST WEED WALK FOR THIS SEASON

on Saturday, 5 February 2022



- A weed-walk will be held weekly on Saturdays

Time: 7:30am to 8:30am (or 8:45am max)

Location : In Auroville

- Pre-registration required

RSVP: WhatsApp/SMS : +91 8628955394

or backtoroots@auroville.org.in

Details about location /contribution at registration

- What to bring:

Yourself, the "Edible weed and naturally growing plant" book if you have (If you do not have the book, we will have a few copies to share). Plus, bring what you need to be comfortable at the walk!

TAROT, ORACLE CARDS, AND AKASHIC RECORDS READINGS WITH VALENTINA



Cards and Akashic Records are precious tools for inner inquiry. They help broaden your vision and understanding of the present moment. Sessions are available in English and Italian, only by appointment at Arka. Please, send a message to Valentina +39 3462258049 (WA)

MIXED MARTIAL ARTS CLASSES

Every Monday and Wednesday 5:30 – 7pm,

Dehashakti Gym.

Mixed Martial Arts classes: we train different aspects: sport, self-defense, posture & conditioning, self-confidence. Open to students of all levels starting from the age of 15. Be punctual, short nails, sportswear, no jewelry.

Contact 9487340778, Giacomo

CHILDREN PORTRAITS

Originally from the Czech Republic, Ivana has been living in the UK for 9 years. She now lives in Auroville since July 2014. Starting painting late, Ivana tries to do the maximum to be a good painter. Her main focus is on portraits of children. Her message is "Children are our future."



It is depend on how we behave to them and how they experience our behavior to each other". Everybody, who sends a photo of his/her smiling baby of age 6-18 month old, could receive a copy of her drawing by e-mail. The originals are exhibited publicly to bring attention to the right upbringing of children.

ivana.frousova@yahoo.co.uk,

+91 7094344154, Vikas, Auroville

YOGA WARRIORS/ YOGA KRIEGER

Inviting all Kids who really want to take a 'Time Out' to Stretch and Strengthen as well as Rest and Relax. We have a bag full of Yogasanas as well as Games and Visualizations for Warm up and Cool down to challenge and inspire you.

Sessions in English and if requested in German are commencing and all kids are welcome (3-10yrs for now, age-grouping and possibly more sessions coming up)

- **Tuesdays, 8:30 – 9:30am:** first time on 8 February and

- **Saturdays, 4:30 – 5:30pm:** first time on 12 February (if German students are present, this will be the class where German will be spoken.)

- **at the European House, International Pavilion,** next to the Tibetan Pavilion. Bring a Yoga Mat if you can.

Looking forward to seeing you there and / or you contacting us (specific age-grouped and German classes on request): ulrike@auroville.org.in, WA 00491745803786

COCONUT SHELL CRAFT WORKSHOP



3 hours workshop

Monday to Saturday

from 2:00 pm to 5:00 pm

Learn & Make Earrings, Pendants, Keychains & more on your own creative unique design.

1 day prior booking need to be done

✉ egai@auroville.org.in

🌐 www.egaicrafts.com



📍 Saracon Campus, Auroville, Tamil Nadu - 605 111.
📞 +91 97918 96488
📞 +91 91594 68946

NONVIOLENT COMMUNICATION

weekly practice meeting.

Weekly nonviolent communication practice group on 4.30-6.30pm, Thursday. We practice connecting, speaking, and listening from our heart through various ways.

Anybody who has done an intro workshop of NVC is most welcome. Please contact : Vega 8531012459'

Warm regards, Vega



Regular classes in Taijiquan and QiGong

- **Dynamic QiGong with Andres**
Tuesday, Thursday, Saturday 7-8am
behind Kalabhumi



- **Taiji Quan and Qigong with Michael & the Taiji Family**

- **Qigong:** Tuesday, Thursday 4 – 4:45pm

Qigong is the “Yoga of China”, a holistic system to practice and refine the body, our life-energy, the mind and to nourish our soul. Suitable for all ages. Bodywork and Meditation

- **Taijiquan (Tai Cho):** Tuesday, Thursday 4:45pm – 6pm

Learn “Chen Style Taijiquan Practical Method” from disciples of the lineage holder Master Chen Zhonghua.

Authentic Chinese Martial Art. Venue “The Learning Community” near Transition School

www.auroville-jiva.com, [Whatsapp 9626006961](https://www.whatsapp.com/channel/00299a61111111111111),
contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

Horsemanship & Therapy

Regular classes and therapy sessions with Mirrabelle

- **Natural Horsemanship** focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you! Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication – and its just fun time to BE with a sensitive, naturally trained horse!



- **Horse Assisted Therapy** Children and adults alike explore and heal with horses, discover nonverbal communication, rhythm, care and love for centuries. Mirrabelle works with special needs children past 7 years. Mirrabelle lives with horses since she is 3 years young. Past 10 years she fulfils her life`s dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse. Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care – hoofs, nutrition, psychology, care, riding!

Contact: WA 9626565134, contact@auroville-jiva.com

Venue: Sharnga Guesthouse

Time on appointment: mornings and after 4pm daily

Integral regression therapy sessions



A therapy and energy work based on Sri Aurobindo and The Mothers integral Yoga, based on trauma therapy, past life regression therapy, inner child work, NLP, and a client centric approach. Typically, integral regression therapy addresses unexplainable pains, traumata from accidents or early childhood, questions about past lives, life purpose or restricting behaviour patterns.

Sigrid Lindemann is a transpersonal regression therapist, trainer in hypnotherapy and teacher of advanced classical homeopathy, with her background in Integral Yoga, living over 20 years in Auroville, Pondicherry.

All info: Sigrid, contact@auroville-jiva.com, WA 9626006961

INTEGRAL HEALTH

Classical homeopathy, Hypnotherapy, Child care

We are providing alternative health care for body, mind and emotion through classical homeopathy and transpersonal regression therapy since 2001 Homeopathy is the 2nd biggest medicine globally, practiced since 200 years, and further developed by our teacher Dr. Sankaran, Mumbai, www.theothersong.com

- Aqua Terra – Water of Unity

We are offering Aqua Terra, a homeopathic remedy prepared from the water from 324 water sources on Auroville`s 50th Birthday. We invite all interested to share the research as well as potential benefits for Auroville community. All are welcome to pick up Aqua Terra C 200 and C 1000 from our remedy box in the waiting area.

- **Sigrid** offers therapeutic consultancy since 1997, special focus on constitutional homeopathic remedies for chronic diseases, migraine, autoimmune diseases, and treatment of children incl special needs children and behavioral issues.

- **Malar** offers consultancy in Tamil, as well as First Aid Remedies and PC remedies.

First Aid Kits with 32 remedies are available, description in English, French, German and Tamil are available. Please contact us if you like to learn how to use homeopathy for First Aid.

Available from our remedy box in the waiting area, 24-7, for free: PC Shock Trauma, PC Allergy, PC Diabetes, PC High Bloodpressure etc. and 70 more PC remedies for trauma, as well as chronic diseases are available. Benefits are well established – no side effects. Harmony and Samata, remedies related to Mothers and Sri Aurobindo energy.

- Consultations are free for Aurovilians and newcomers, from others donations are welcome.
- Consultations are generally held in English, French, German, and Tamil

Timings: Malar is managing the office, the FirstAidKits and PC remedies, daily Mondays to Fridays 9 – 12:30am,

Contact: You are welcome to contact us at integralhealth@auroville.org.in to enquire about the most suitable approach for your health or psychological issue.

Sigrid, sigrid@auroville.org.in, www.sigridlindemann.com

Malar malar@auroville.org.in, 9080054843

Integral Health, Prayatna 2623669

Central building 1st floor

CHINESE FIRE CUPPING AND MOXIBUSTION THERAPY

By appointment, Arka Wellness Centre

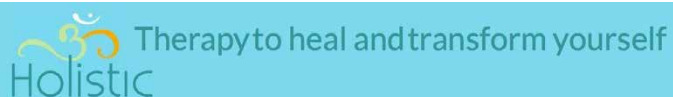
- **Fire cupping** (火罐) is an ancient form of therapy of China, in which a local suction is created on the skin by introducing the fire into glass or bamboo cups, fire cupping is one of the best deep-tissue therapies.
- **Moxibustion** (艾灸) has been used in China, Japan and Korea for thousands of years. Treatment is done by burning a kind of Chinese medicinal herb, called Moxa or Mugwort, over a specific acupuncture point. The radiant heat stimulates the points and spread its potent effect to the whole body along the “Qi” channels (meridians).

Both therapies are based on traditional Chinese meridian system and can release one`s accumulated toxin from deep inside the body, activate one`s blood circulation to dissipate blood stasis as well as improves one`s immune system, with good efficiency in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea, etc...

Chun is an aurovilian from China, a certified physiotherapist. To book your appointment: chun@auroville.org.in, +91 80989 00708 (WA)

HOLISTIC AND HOLISTIC HEALTH CARE UNIT

January 2022



Healing & consciousness

For more info: www.auroville-holistic.com or Mob/whats' app: +919489805493

or Mail: contact@auroville-holistic.com

- **Ashtanga Yoga Classes, Mysore style** with Christine P, at 7:45 am, for beginners, advanced students. The teaching is adapted to each one and his (or her) own issue (So you can join even if you have physical issue)
- **Hypnotherapy** with Christine P, any time on appointment, lasts 2h - hypnosis. Healing Purpose / Regression
- **Scientific meditation with sound healing** with Mradul, on appointment, lasts 1h30 min, for the purpose of deep relaxation
- **Reiki Session** with Mradul, on appointment .
- **NLP Session/ Health & Life Coaching** with Christine P, (Zoom too), on appointment: 1st appointment lasts 1h30 min to 2h, healing purpose: improves work performance & qualities. Goal setting: relationship issues... etc
- **Health & Consciousness Program** with Christine P & Mradul J. Contact us for details and appointment: involvement in the therapy and advises given are required talk one to one session/CBT/NLP/Meditation.
Looking for your next step in your life? Difficulty to make a choice or take decisions. Suffering from panic attack, anxiety, sleeping disorder, depression... etc Anyone who want to enhance his (or her) relationship. etc
- **AMI: Analysis of multiple Intelligence** with Mradul J., on appointment basis: 1st appointment last 20 min, to take the finger print. 2nd appointment for the counseling (1h) Scientific way to discover your hidden talent and potential.
- **Acupressure therapeutic massage** with Christine P . Any time on appointment, lasts 1h30 min. For any health issue, or emotional blockage. Re balancing the energy and harmonization of the chakra.
- **Hatha Yoga Classes**, Tuesdays & Thursdays, at 4:45pm. For health, stretching & fitness.



VÉRITÉ PROGRAMS FEBRUARY

Phone: +91413 2622045, 2622606,

Mobile: 7867805812

programming@verite.in, www.verite.in

Yoga & Re-creation Sessions (Drop-in)

Social distancing practiced in all sessions

Days	Drop-in Sessions	Timings	Presenters
Tuesdays	Chandra Flow Hatha Yoga	8 to 9:30am	Sabrina
Wednesdays	Wellness Wednesday	11am to 12noon	Maggie
Wednesdays	Somatic Explorations	5 to 6:15pm	Maggie
Thursdays	Chandra Flow Hatha Yoga (focus on backpain)	5 to 6:30pm	Sabrina
Fridays	Vinyasa Flow Yoga	5 to 6:20pm	Tahir
Saturdays	Ecstatic Dance/Conscious Movement	5 to 6:40pm	Tahir

Intensives (pre-registration required)

Day & Date	Intensives	Timings	Presenters
Saturday, 12 February	Freedom from Fear	2 to 4:30pm	Dr. Sehdev
Friday-Sunday, 18-20 February	Self Love & Awareness: Inner Journey Meditation Retreat	9:30am to 4:30pm	Ananda
Saturday, 19 February	Somatic Movement Intensive - Feel & Move Better	9:30am to 5 pm	Maggie
Monday-Wednesday, 21-23, February	Somatic Series - Releasing through the Shoulders	9:30 to 10:45am	Maggie
Friday & Saturday, 25 & 26 February	Speaking from the Heart: Non-violent Communication	9:30am to 1:30pm	Vega & Edo
Friday-Sunday, 25-27 February	Prana: Tuning Life Energy Training	9:30am to 4:30pm	Ananda
Saturday, 26 February	Yoga of Forgiveness	2 to 4:30pm	Dr. Sehdev

Therapies (by appointment only)

Heart-Centered Resilience by Susan

CRANIO SACRAL THERAPY

by appointment, with Anne



Cranio sacral therapy is a method inspired by osteopathy. It is practiced on a table, clothed, in a safe and non-judgmental space, with light touch and listening hands. It tunes and supports the structural and emotional healing of physical and mental trauma. If you need to take a break, let go of the pressure, talk or be quiet, I welcome you WA 9488084684

GENTLE HATHA YOGA WITH KHUSHMITA

Monday, Wednesday, Friday, 7 – 8:30am,

SAWCHU, Bharat Nivas

Start your day with a gentle asana and pranayama practice ending with a deep guided relaxation. Suitable for all 9960643579, khushmita@auroville.org.in

Warmly, Khushmita

PRAYERS AND MEDITATIONS

Prayers and Meditations

The Mother

Light a flame of consecration and bask in the light of true surrender and devotion to the Divine.

A collective reading of the Spiritual diary of the Mother full of love for the Divine - Prayers and Meditations

with Divyanshi, Co-founder of Purnam Centre for Integrality

Commencing 15th November 2021
Every Monday to Friday 8:00AM to 8:20AM

Apply by 11th November 2021
<https://bit.ly/prayersandmeditationform>

SERENDIPITY ACTIVITIES & THERAPIES

Qi Gong with Lhamo

Every Tuesday and Friday
from 7:30 to 8:45am, drop in.

Qigong can be described as a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Specifically, this form of gentle exercise is composed of movements that are repeated a number of times, often stretching the body, increasing fluid movement (blood, synovial and lymph) and building awareness of how the body moves through space.



Tai Chi with Lhamo

Every Wednesday and Thursday from 4 to 5pm, drop in.

This martial art is an ancient Chinese tradition that has evolved over centuries and even though tai chi developed for self-defense, it has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements.

Karma Yoga (Permaculture) with Sanaan

Every day Monday through Saturday from 2 to 5 pm, drop in.

This yoga teaches each one of us to act according to a divine purpose, freeing our mind from any attachment to work and its results. In Serendipity we have a beautiful organic vegetable garden and we follow the practice of natural farming. We will also take care of the maintenance of the community compound and the landscaping of the gardens, which are immersed in the tropical dry evergreen forest.

Hypnotherapy with Lhamo

On appointment only (+91 9565524237)

In modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. There are many different aspects and parts in our outer and inner life. And there are parts that don't have a positive appearance. But in hypnosis, we can turn them into positive possibilities and let them teach us how to discover their positive meaning.

Ayurvedic & Stone Massage with Simona

On appointment only (+91 9489511648)

The specialty of this massage is that it takes up the traditional concepts of Ayurveda and marma (vital points) therapy along with modern anatomy and physiology. Prime aim of this massage is to provide health or rejuvenation thanks also to the healing qualities of the oil helping the skin to perform its diverse functions efficiently. A technique with hot stones can also be applied, which gives further release along marma points.

Bach Flowers Remedies with Stefania

On appointment only (+91 9486363442)

These remedies are made out of watered-down extracts from the flowers of wild plants, containing its healing energy. They work not only with adults, as they are especially effective with children and even pets. It's a safe and natural method of healing that gently restores the balance between mind and body by casting out negative emotions which interfere with the equilibrium of the being as a whole.

Conscious Life Counseling with Stefania

On appointment only (+91 9486363442)

This exploration offers a flexible and safe framework for introspection and self-discovery, which aims at personal and spiritual growth. Different techniques (like Awareness Through the Body, Psychosynthesis, Integral Psychology and Astroshamanism) will be used to develop consciousness-based attitudes and skills that help an individual to face particular moments of challenge or change in life.

Community Lunch Potluck with Serendipity Team

Every Saturday from 12:45 to 1:45 pm, drop in.

Food and love are two of the most vital forms of human nourishment, it is a natural combination, because through cooking we give. For this end, it is very important that we carefully choose the best organic ingredients, as much as possible coming from Serendipity's vegetable garden or Auroville farms, and we surely don't want to go for industrial and processed ingredients. Because this is food to be made with love for the body and soul of our beloved companions.

Facial Acupuncture and Massage with Lhamo

On appointment only (+91 9565524237)

Facial acupuncture works on the principle that in the face there is a holographic miniaturization system covering the whole human body. The theory and techniques of facial massage comes from facial acupuncture and it is useful for people who are more sensitive and feel uncomfortable with the needles. Through massaging the face, neck, head and using acupressure, the whole body is treated and supported.

Gua Sha (Chinese Detox Scrub) with Lhamo

On appointment only (+91 9565524237)

This is one of China's oldest treatments. The practitioner uses a tool like a flat piece of jade to scrub the skin to help release blocks, stagnant blood, energy and restore a natural flow. When the toxins in the deep layers of the body reach the surface through scraping, they get more easily released from the body. This treatment is also suitable for healthy people to detoxify, to purify and improve the metabolism of the whole body.

Head & Shoulders Marma Massage with Bala

On appointment only (+91 9892699804)

Marma points means "vital points that hold life force energy". In this massage the practitioner uses fingers and hands to press (isometric / constant pressure) the specific point in head, face, neck and shoulders. This massage is based on the principles of Ayurvedic and various martial art traditions. Marma massage can help in relieving deep-seated tensions and improving circulation and energy flow.

Shiatsu Massage with Sara and Simona

On appointment only (+91 9443617308 and +91 9489511648)

Shiatsu is a manipulative therapy developed in Japan and incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

Small Children (0-6) Chinese Massage with Lhamo

On appointment only (+91 9565524237)

A very interesting way of looking at small children's health and well being. It is a way to cure infants' daily problems (cold, digestive functions, fever, cough, etc.) and increase the immune system without medicine. It works through very soft massage using different acupressure points than adults. It is an empowering tool for parents to deal with their kids' daily ailments. It is very effective for newly born babies and suitable for children up to 6 years old.

(Ex. Joy Community in front of Center GH)

Center Field, Auroville, +91 (0)413 2965693

Mobile/Whatsapp: +91 9385623342

Email: serendipity@auroville.org.in

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



PITANGA
Programme for February 2022
 Pitanga Cultural Centre, Samasti,
 (0413) 262 2403/2622994
pitanga@auroville.org.in

Iyengar Yoga

Prior registration necessary

Iyengar Yoga, For Seniors, Regular	Monday, 9.30- 11am
Iyengar Yoga, For ladies, Regular, [Level 2-3]	Monday, 11- 12:30pm
Iyengar Yoga, Drop-in, [All levels]	Tuesday, 7 – 8:30am
Iyengar Yoga, Regular, [Levels 2-3]	Tuesday, 5 – 6:30pm
Iyengar Yoga, Regular, [Levels 2-3]	Thursday, 7 – 8:30pm
Iyengar Yoga, Drop-in, [All levels]	Thursday, 5 – 6:30pm
Yoga for Immunity, Self-Practice, Regular, [Levels 2-3]	Saturday, 9 – 10:30am

Iyengar Yoga practitioners, please note the following:

Classes earmarked "All levels" mean:

1. Students can come to the class regardless of experience of Iyengar Yoga practice
2. Performing inverted poses in this class is optional.
3. If the student is unable to complete the basic pose, the teacher will offer an alternative.

Classes earmarked "Level 2-3" mean:

1. The class is designed for experienced practitioners!
2. In each lesson, inverted poses are performed.
3. If the student cannot perform the basic version of the asana, he/she should know alternative options for replacement according to the peculiarities of his/her practice.

Exercises

Feldenkrais, Drop-In	Monday, 5:15 – 6:30pm	Shari
Maitri Tunes, Drop-In, An exploration of sound and stillness	Monday, 5:30 – 6:30pm, Private sessions available on request	Sheetal
Self-Shiatsu, Drop-In, In French / English	Monday, 4 – 5:15pm	Patricia
Self-Shiatsu, [Regular only]	Wednesday, 5:15 – 6:45pm	Patricia
Taoist Qigong, Drop-In, [Beginners], In French	Wednesday, Saturday, 7 – 8:30am	Elisa
Taoist Qigong, Drop-In, [Beginners], In French	Saturday, 7 – 8:30am	Elisa
Aviva Exercise, For women, Drop-In, [not on 6/1]	Monday, Friday, 5 – 6:30pm	Suriyagandhi
Odissi Dance, [Regular]	Friday, 3:30 – 5:15pm	Rekha

Yoga

Pranayama, [Regular only]	Friday, 6:45 – 8am	François & Namrita
Gentle Yoga Practice, [All levels]	Monday, Wednesday, Saturday, 7:30 – 9am	Rachel
Asanas, [All levels]	Thursday, 10:30 – 12pm	Rachel
Asanas, [All levels]	Friday, 9 – 10:30am	Rachel
Asanas on alignments, [Mixed level]	Tuesday, Thursday, 3 – 4:30pm	Rachel
Asanas on alignments, [Intermediate level]	Monday, Friday, 5 – 6:30pm	Rachel
Hatha Flow, [All levels]	Tuesday, 10:30 – 12pm	Rachel
Hatha Flow, [All levels]	Wednesday, 5 – 6:30pm	Rachel
Hatha Flow, [All levels]	Saturday, 3 – 4:30pm	Rachel
Hatha Yoga In French Drop-in, [All levels]	Tuesday, Friday, 11 – 12:30pm	Sylvie
Yoga Nidra In French, Drop-in	Monday, 5:15 – 6:30pm	Sylvie
Yoga Therapy, [All levels]	Monday, Wednesday, Friday, 8:30 – 10am	Gala
Asanas, Teenagers	Monday, Wednesday, 4 – 5:00pm	Lisbeth
Asanas, Children, 7 – 9yrs	Saturday, 10 – 11:00	Gala
Private Yoga lessons	Available on request	Rachel

Discovery Spaces

Flow Game, Finding clarity alone and together	Tuesday, Wednesday, Friday, Saturday, 9:30 – 12:30pm, For booking, write to: sheetal@auroville.org.in	Sheetal
Energy Games & Art class, Children 7-9 yrs	Saturday, 11 – 12noon	Gala

Homeopathic Clinic

"Svasti" Homeopathic Clinic with Dr Aditi Patel, B.H.M.S., Homoeopath (Registered).

Consultations for new cases are held by appointment only. Please take your appointment with Dr Aditi directly, by calling +91-9428429642.

Patients with any urgent requirements and regular patients can drop-in from Tuesday to Thursday 10 – 11:30am and will be attended to on first come, first served basis

Healing Spaces

Please book your appointment for a healing space by phone: 262 2403

Energy therapy	Vani
Rediscovering the Self-healing power and natural Intelligence of the body	Vani
Journey to the memory of the body	Vani
Focusing on Presence (in French)	Sylvie
Shiatsu	Ulrike
Essenian Healing	Patrick D.
Reiki	Pierre
Self-Healing – Based on Craniosacral Therapy	Kirtan

About our healing spaces:

Energy therapy: Fusion of deep guided relaxation, visualisation, reiki, pranic healing, and foot & cranial reflexology.

Rediscovering the Self-healing power and natural Intelligence of the body: Experiencing the Presence within by quietening the thought process and contacting the body.

Journey to the memory of the body: Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these old believe systems put in place in the past, which keep us from living a very joyful life in the present.

Coaching Session: "l'Accompagnement en Présence"

Seance D'accompagnement En Présence – 1h30-

Formée à l'Accompagnement en Présence depuis 2017, je vous propose mon expérience de Praticienne. Chaque séance est une invitation à laisser venir en vous les réponses dévoilées par vos sensations corporelles. Ce processus de focusing est simple, il vous amène exactement à l'endroit du corps qui a besoin d'être entendu.

Coaching: Focussing on Presence

Trained in the coaching method "l'Accompagnement en Présence" since 2017, I offer you my experience as a practitioner. Each session is an invitation to let the answers get revealed by the bodily sensations you are experiencing. This focusing process is simple, it brings you exactly to the place of the body that needs to be.

Shiatsu: The Quantum Shiatsu practised by Ulrike Urvasi for over 20 years follows an understanding which is multi-dimensional and holistic, reminds of and activates the self-healing forces in each one of us.

Essenian Healing: Essenian treatments are a therapeutic approach that uses the healing power of light and sound as well as the massage of energy points with the aim of maintaining or restoring a harmonious balance between body, soul and spirit. The healing acts by restoring the flow of energy that has been disrupted by stress, illness, negative thought forms and the difficulties of everyday life.

Shamballa Reiki: Pierre is offering treatments for those who are open to using the Universal Energy, we call Reiki, to keep us aligned during the immense shift we are all going through. In his observation "the cosmic clock is turning; the Universal Energy remains the same".

Self Healing based on Craniosacral therapy: Self Healing sessions offered by Kirtan are a non-medical healing approach based on Craniosacral Therapy. It is a way for you to experience your True Self in a profoundly deep, practical, and lasting way, by attuning you to your own blueprint for health. It calls forth your natural re-alignment, resonance and healing forces.

If you wish to receive our program of activities by email, please write to us: pitanga@auroville.org.in

See you at Pitanga, with a smile !

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 413 2622329/+91 9488084966 (mobile)

Regular Offerings February 2022

Therapeutic Treatments	Therapists
Acupuncture	Linda
Aquatic Bodywork (Watsu® / Oba® / Liquid Flow / Waterdance)	Appie, Daniel, Dariya, Friederike, Guido, Orev, Ursula
Ayurvedic Abhyanga/ Massage	Umberto
Ayurvedic Birenda Massage	Eli, Jean-Louis, Kumar, Sheida
Ayurvedic Marma Massage	Kumar
Clinical Massage Therapy	Maggie
Craniosacral Therapy	Shola
Deep Tissue Massage	Andrei, Shola
Etiomedicine	Lisa
Foot Reflexology	Sheida
Healing Touch Massage	Sami
Holistic Massage	Maggie
Hypnosis Therapy	Shola
Individual Meditation Sessions	Samrat
Kahuna Massage	Anwar
Lymph Drainage	Dodo
Physiotherapy (Pt)	Jussi
Quantum Shiatsu	Sami
Raindrop Technique	Dodo
Sound Healing / Sound Bed	Sami
Therapeutic Oil Massage	Maggie
Thai Yoga Massage	Sheida
Traditional Chinese Medicine	Linda

PRANIC NOURISHMENT

Open talk with "Pranic World Festival" founder & director Nicolas Pilartz

4 February, 2022, 4pm

Venue – ARA – Petite Ferme Auroville

[google maps link](#)



Breatharian-ism. A radical concept for most people. Is it possible? How does it work? How does it connect to the ideas of Sri Aurobindo, and human evolution/potential/transformation?

There is a growing global movement of people who begin to "nourish" themselves in ways which do not include solid food. These ideas enter the mainstream language and knowledge forgotten is being resurrected. In many wisdom traditions, the world over – there are human beings and lineages who have progressed towards eating less and also to not at all. Is this a coincidence?

This talk is an opportunity for:

- those who have heard about pranic life-style, would like to understand it better, and to know the difference between pranic living and fasting.
- seek a change in regards to one's eating habits & would like to understand the process of alternative energy cultivation; its effects on body, emotions & mind.
- talk about the reasons to go on in this path, the benefits, as well as the difficulties, and how to stay safe.
- to receive insights from a person walking this path since 2012; about advantages & opportunities of pranic life-style, which go way beyond fasting, and awaits humanity.

This talk will be followed by a 9-day Pranic initiation & process live & online, from 5 to 13 February, [link](#).

Contact: ara@auroville.org.in / WA +91 9488047368

ARA (Awareness Research Auroville)



ARKA WELLNESS CENTER & MULTIPURPOSE HALL

*Covid SOP must be followed.

Treatments

Body Logic & Deep Tissue Massage.	Pepe: 9943410987	Monday to Saturday
Cranio Sacral, Lomi Lomi Kahuna Massage, Bare Foot Body Massage.	Silvana: 9047654157	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Hair Cuts, Hair Colouring, Henna Colouring.	Meha: 9443635114	Monday to Saturday
Ayurvedic Massage	Roberto: +393803614902, 8489202450	Monday to Friday
Orthopaedist & Naturopath offering Foot Reflexology & Metamorphic treatment following Haptosynesia.	Alexandre: 9500278523	Monday to Saturday
Shiatsu, Thai Yoga Massage, Osteothai, Somatic Bodywork.	Marco: 8778839827	Monday to Sunday
Chinese Fire Cupping and Moxibustion Therapy.	Chun: 8098900708	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina: 9791719387, +393462258049 (What's App)	Monday to Friday Morning
Ayurvedic Massage, Garshana with wool and silk gloves, Chinese Anmo and Energy Techniques.	Mukta 9655422346	Monday to Saturday

Classes

Acro Yoga	Damien: 9047722740	Monday to Saturday
Pilates Classes	Teresa: 7867998952	Tuesday & Thursday 7:30-8:30am Wednesday: 4:15pm Friday: 5:30pm, Appointment.
Iyengar Yoga	Olesya: 9159052743	Monday, Wednesday, Saturday, 6:30-8:00am, Monday, Thursday, Saturday, 5:00-6:30pm.

BHARAT NIVAS: WEEKLY ART CLASSES RESUME

Day: Thursday,
Date: 27, January 2022
Time: 2 to 4 pm (Afternoon)
Venue: Kalakendra Art Gallery
Teacher: Christel



All Are Welcome

Covid Guidelines and distancing to be respected

For more info,
Tapas: 9442121315,
Krishna: 9787880211

Exhibitions

- **Meditations on Savitri:** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- **Glimpses of the Mother: Photographs and texts** in the Square Hall upto Feb.15th
- **Sri Aurobindo: A life sketch in photographs** in the upper corridor

Films: Mondays 4pm

- **February 7: Meditations on Savitri, Book 12 – Epilog – The Return to Earth**

A meditative film of passages from Sri Aurobindo's epic poem Savitri – A Legend and a Symbol, read by the Mother, accompanied by Her own organ music and illustrated with paintings by Huta under the guidance and inspiration of the Mother. Duration: 24min.

- **February 14: The One Whom We Adore as The Mother**

An audio-visual presentation by the Sri Aurobindo Archives on The Mother's life from childhood onwards, her trainings, her meeting with Sri Aurobindo and the creation of the Ashram and Auroville. Duration: 63min.

- **February 28: Building Matrimandir – Labour of Love 1971-2008**

The documentary shows the construction of the Matrimandir which is the soul of Auroville. Duration: 52min.

Full Moon Gathering

Wednesday, February 16, 7.15-8.15pm in front of Sri Aurobindo's statue

A workshop on MUDRA-CHI

On Saturday, February 26, at 4:30pm. Led by Anandi

Regular Activities

- **Sundays 10:30–12noon:** Savitri Study Circle
- **Mondays 3-4pm:** Psychic Awakening led by Dr.Jai Singh
- **Tuesdays 3-4pm:** Yoga and the evolution of man led by Dr.Jai Singh
- **Tuesdays, Fridays, Saturdays 4-5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Fridays 3-4pm:** Readings of the Mother's commentary on Dhammapada
- **Saturdays 3-4pm:** Introduction to Integral Yoga, led by Ashesh Joshi
- **Saturdays 4-5:15pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9-5
- **Library** is open Monday to Friday 9-5
- **The Digital Library** can be accessed on request Monday to Friday 9-4

Everyone is welcome

TAI CHI HALL IN SHARNGA PRESENTS
The Art Of Chi – Stevanovitch’s Method

Tai Chi Chuan Intensive

January 31 to February 19 (Sundays excluded)
Monday to Saturday, 7:30 – 10:30am



Beginners: Chi and Tai Chi basics

Three weeks, three steps through the discovery of the Chi work and the full 24-posture form. Lead by Marco and Krishna, the work is essentially directed towards:

- Concentration techniques to stay focused;
- Mastery of the body through breathing and muscular relaxation;
- Improvement of movement through balance and coordination;
- Learning to mobilize Chi. First perceiving it, then guiding it in one’s body with the use of three factors: will, imagination and muscular activity.

For information and booking: Krishna, 0413-2623187
taichi@auroville.org.in, taichi.auroville.org, www.artduchi.com

This is a recreational activity

Regular Classes

- **Mondays and Saturdays:** 7:30-8:30 Chi and 8:30-9:30 Tai Chi form
- **Tuesdays – Fridays:** 7:30-8 Chi and 8-9 Tai Chi form
- **Sundays** no class

We practice the Stevanovitch Method and three forms: 24, 108 and 127

taichi.auroville.org, artduchi.com
taichi@auroville.org.in, 0413-2623187

NEWS FROM AUROVILLE LANGUAGE LAB

*Covid SOP must be followed.



Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 4036922 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations

For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyw-ZNdZcAng/videos>
- <https://www.listenwell.com/>

New Language Courses

Language	Level	Start Date	Time	Day(s) of Classes
Tamil With Murugesan	Beginner written & Spoken	January 2022	3pm – 4pm	Tuesdays – Thursdays

Please [fill out our form](#) to join, or inquire about, any language classes at the Lab! As well as drop us an email or call!

Please note: registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!

ALL: Schedule Of Classes as of 24.01.2022

Language	Level	Time	Day(s) of Classes
English	Complete Beginners!	To be determined! Inquiries Welcome!	
	Beginner & Pre-Intermediate	10:00am – 11:00am	Tuesday & Thursday
	Beginner & Pre-Intermediate – Group 2	10:00am – 11:00am	Wednesday & Friday
	Intermediate	02:30pm – 03:30pm	Wednesday & Friday
French	Beginner – Group 1	02:00pm – 03:00pm	Monday & Thursday
	Beginner – Group 2	03:15pm – 04:15pm	Monday & Thursday
German	A1.1 Beginner Online	07:30am – 08:30am	Tuesday, Wednesday & Thursday
Hindi	Beginner	10:00am – 12:00pm	Saturday
Tamil	Spoken Beginner	09:30am – 10:30am	Tuesday & Friday
	Written & Spoken Beginner	04:30pm – 05:30pm	Monday & Thursday
	NEW – Written & Spoken Beginner Inquiries Welcome!	03:00pm – 04:00pm	Tuesday & Thursday
	Tamil for Children – Beginner	04:15pm – 05:15pm	Friday
Spanish	Beginner	New cycle in February! Inquiries Welcome!	
	Intermediate	03:30pm – 05:00pm	Mon & Fri
	Conversation	02:00pm – 03:00pm	Wed
Japanese	Beginner	10:00am – 12pm	Saturday
Italian	Beginner	04:00pm – 05:00pm	Wednesday & Friday

The Language Lab’s Opening Hours

Monday – Friday: 9:00am – 12:00pm & 2:00pm – 5:00pm.

Saturday: 9:00am to 12:00pm.

Location: International Zone, after Unity Pavilion & Pump House.

Phone: (0413) 2623 661, 4036920/22.

Email: info@aurovillelanguagelab.org



SOUL OF SOIL

Auroville & Kazhuveli Bio-Region Eco Experience Program, February 2022

Touch ◦ Ride ◦ Feel ◦ Taste ◦ Hear ◦
Discover ◦ Experience

Hands on Experience

• Bamboo Musical Instrument Workshop

We at Mohanam are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at Mohanam Village Heritage Center from professional crafts men and take home your own hand made instrument at the end of the workshop.

• Bamboo Jewellery Workshop

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Mohanam Village Heritage Center from professional crafts men and take home your own handmade Jewellery at the end of the workshop.

• Bamboo Toys making Workshop

Come and learn to make your own Bamboo Toys at Mohanam Village Heritage Center and take home your own hand made Toys at the end of the workshop.

• Clay Modelling and Terracotta Workshop

Come, invent and create desired articles, which may include flower petals, figurines, jewelry and numerous other objects. The resulting product hardens without firing to form a sturdy article, which even if it includes thin surfaces will stand normal handling. Learn making and take your designed article.

• Kolam Mandala Painting Workshop

Learn the art of painting Kolam in various mediums, starting from canvas from our experts. Book now and register to be a part of the workshop.

Days & Date:

All working Days except Sunday

1-2 days advance booking is necessary

Contact: Preferred through e-mail at Mohanamprogram@auroville.org.in or +91 8300949079

Social Entrepreneurship Experiential Workshop by Sahithi Divi

Now based in Auroville, calls it home as path shown by mother. Sahithi is a forbes India 30 under 30 special mention, 2021, who has a masters degree in social entrepreneurship from, Hult international business school, California, San Francisco, a design thinking practitioner, national brand ambassador for SDGs by (CISMSE / ICTMAE) and founder of women leadership platform called Impact Scientist which is now a project of Mohanam.

- Introduction to United Nations Sustainable Development Goals and social entrepreneurship
- Design thinking session and activity (human centric problem-solving mechanism)
- Visit to two Auroville based social enterprises or rural enterprises (based on choice of participants to understand the business model, challenges and opportunities)

Time duration: 4 hours (min. one and max. 8 participants)

Lunch provided

Cost: 2500 INR (must apply 2 days in advance)

Contact: +91 8300949079, sahithi-mohanam@auroville.org.in

Social Entrepreneurship/Business Mentorship

Services (Contact at least one day in advance)

- LinkedIn
- Business profile
- Ideation / incubation support

Contact: +91 8300949079, sahithi-mohanam@auroville.org.in

Language and Music Classes

1. Tamil Language Class with Anand Anna.
Those who are interested to join in spoken Tamil class. Please enroll your name in Mohanam.

Day: Tuesday and Thursday.
Time: 10:00 am to 11:00 am
2. Indo-African Drumming Class with Mathew Prabhu

Wednesday: 5 to 6 pm and
Friday: 11 am to 12 noon

Pre-registration is mandatory
Email at:
mohanamprogram@auroville.org.in
or call us at: +91 8300949079

Bio Region Village Tours

• Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles.

- Includes Tea and snacks
- **Duration:** 2 hours
- **Date:** 1-day advance booking is necessary
- **Day & Timing:** Sunday 6am to 8am

• Village Walk with Mohanam Youth

Come and experience Simple Village Life and Culture by walking through the village with village youth for 3 hrs either morning or evening. Prior booking is necessary for preparation. (Min. 5 persons)

- **Date and Time:** Every day (Except Sunday)
- **Meeting/Starting Point:** Mohanam Village Heritage Centre
- 1-day advance booking is necessary

For Bookings: mohanamprogram@auroville.org.in or call us at: +91 8300949079

• Auroville North-West Cycle Tour + Lunch

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- **Date and Time:** Every day 10.30 am to 1 pm (Except Sunday)
- **Meeting/Starting Point:** Lively, Opp. Ganesh Bakery
- 1-day advance booking is necessary for group bookings (for single bookings at least before 10am)

For Bookings: mohanamprogram@auroville.org.in or call us at: +91 8300949079

• Morning Kolam Village Walk (every friday)

Let the inner spirit and emotions lead the flow of Kolam. Enjoy the Tamil breakfast after the small trip inside the village, earlier in the morning made by women, to support them economically.

- **Day & Timing:** Every Friday 6 to 8am
- **Facilitator:** Kolam Practitioner
- mohanamprogram@auroville.org.in, 8300949079

• Indo African Drum Circle with Food and Campfire



Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes.

- With basic Contribution from each participant
- **Day and Time:** Every Wednesday, 6 to 7:30pm (Pre booking is mandatory)
- **Venue:** Mohanam Village Heritage Centre

For more information contact us:

Email: mohanamprogram@auroville.org.in

Phone: 8300949079


• Thiruvanamalai Tour booking

You can book the complete tour (cab, food, stay, local visit to spiritual places) by the mohanam youth to Thiruvannamalai

For more information contact us:

Email: mohanamprogram@auroville.org.in

Phone: 8300949079


Know Mohanam

Do you know about the Mohanam Village and Heritage Centre which is the first Cultural Centre in the bio region established more than twenty years ago to bridge villages to international community by strengthening art and craft segment. Mohanam believes in the power of connecting individuals through specialized network and cultural exchange programs.

We welcome you to have a cup of tea with us and know what is happening around you. Join us if you are interested to learn, collaborate and if you are looking for mentorship or any other thing in the same field and also your suggestions are important for us.

Come and meet us at Mohanam Village Heritage Centre, near Colour of Nature, North- West of Auroville

Book Appointment:
mohanamprogram@auroville.org.in
 or call us at: +91 8300949079

Our Upcoming Events in February:

• Aurosanthai saturday market (Every Saturday)

Mohanam Village Heritage Centre puts up Saturday market called Aurosanthai for the support and economic benefit of artists in bio-region areas around Auroville. Join us to support Vocal for Local and visit us to relish the creativity and sumptuous dishes by the locals.

Main Attractions

- Auroville and local Village Arts & Craft stalls (with the farmers market)
- Traditional and modern Food Fusion stalls.
- Live Music Performances.
- Hands-on Workshops.

For more information contact us:

Email: mohanamprogram@auroville.org.in

Phone: 8300949079

CINEMA

AUROFILM PRESENTS

At Multi Media Centre Auditorium (MMC, Town Hall)

Reminder: Friday 28 January

BABETTE 'S FEAST

by: Gabriel AXEL, Denmark, 1987 (and Cine-Master-Class at Aurofilm/Kalabhoomi on Sat. 29th at 5pm on A. Tar-kovsky, "Mirror")

Friday 4 February, 7:30pm

"MONSOON WEDDING"

Director: Mira NAIR, India, 2001

With: Naseeruddin Shah, Lillete Dubey, Shefali Shah, Vijay Raaz, Rajat Kapoor

Overview: An Indian family, the Vermas, is preparing to celebrate the wedding of their daughter Aditi according to tradition. From all over the world, hundreds of guests are invited. Preparations are going well, but incidents and revelations will spice up the wedding... Monsoon Wedding is a film with many flavours of Bollywood yet subtle and scintillating in its own unique way. Directed by Indian-Ugandan-American Mira Nair, the film exposes and reveals several undercurrents of emerging middle classes in urban India with probing frankness rarely, if ever, seen in Indian cinema. And presents the events and characters through many eyes and many lenses, with humour, subtlety, and a certain dramatic gusto and candour, witch touch upon the audience what is universal and unifying. *Mira Nair was the second Indian director to be awarded the Golden Lion at the Venice Film Festival after Satyajit Ray for Aparajito/The Unvanquished. It was also nominated for a Golden Globe for Best Foreign Language Film.*

Introduced by Prof. Sehdev Kumar as part of the Aurofilm Series, "**International Film Classics and the Human Condition**". All are invited to stay for a short discussion and comments after the screening of the film.

Hinid version, with English subtitles – Duration: 1h54'
Covid 19, please follow the current SOP at MMC.

FRENCH PAVILION PRESENTS

Saturday 29 January 2022 at 5pm, Town Hall – Cinema Paradiso

The brain that changes itself

Film only in French, duration: 70 min
Directed by Mike Sheerin

Norman Doidge opens the doors to a field of research in perpetual evolution. A groundbreaking look at human development and adaptive potential.

Like an Oliver Sacks, the Canadian psychiatrist Norman Doidge explains in a clear and entertaining way the neuronal plasticity and the adaptability of the brain. Intriguing clinical stories serve as a starting point for this dive into the folds of the brain. Delivering with great clarity new knowledge on the structural and functional reorganization capacities of the brain, Norman Doidge opens the doors to a field of research in perpetual evolution, like the brain itself. This documentary is an adaptation of the eponymous book by the same Norman Doidge (original title: The brain that changes itself). Translated into French in 2008 and published by Belfond, this book topped sales in Canada and appeared on the New York Times bestseller list.



MEDITATIONS ON SAVITRI, BOOK 11

Monday, 31 January 2022, 4pm at Savitri Bhavan.



The Book of Everlasting Day

The Eternal Day: The Soul's Choice and the Supreme Consummation.

Duration: 46min.

God's everlasting day surrounds Savitri and she sees all Nature marvelous and faultless. Above her rise level after level of higher worlds. Into those heights her soul soars up like a bird in spiral flight. Drowned in a sea of splendor and bliss, she turns and sees the living source of their charm and delight, the glorious godhead, and recognises him as the One whom she faced as Death and Night. The two look at each other, Soul seeing Soul.

The divine Being invites Savitri to heaven: *Ascend, O soul, into thy blissful home... / O immortal, to felicity arise.*" (p.685) *But Savitri refuses the offer: I climb not to thy everlasting Day, / Even as I have shunned thy eternal Night. / To me who turn not from thy terrestrial Way, / Give back the other self my nature asks... / I know that I can lift man's soul to God, / I know that he can bring the Immortal down.* (p.685, 686, 687)

The glorious godhead speaks once more about all the imperfection on earth and tempts Savitri: *O flame, withdraw into thy luminous self. / Or else return to thy original might... / Be one with the infinity of my power: / For thou art the World-Mother and the Bride... / Receive him into boundless Savitri, / Lose thyself into infinite Satyavan.* (p.691, 692)

Again, Savitri defies the alluring voice of the radiant God and sticks to her mission to save the world and man: *"In vain thou temptst with solitary bliss / Two spirits saved out of a suffering world; / My soul and his indissolubly linked / In the one task for which our lives were born, / To raise the world to God in deathless Light, / To bring God down to the world on earth we came, / To change the earthly life to life divine. / I keep my will to save the world and man; / Even the charm of thy alluring voice, / O blissful Godhead, cannot seize and snare. / I sacrifice not earth to happier worlds... / Since God has made earth, earth must make in her God; / What hides within her breast she must reveal."* (p.692,693)

After this, the reply comes that Savitri is the force of the Divine, its will and voice, and that she can stamp her will on Time from the spiritual heights: *"O living power of the incarnate Word,... / Thou art my vision and my will and voice.... / But if thou wilt not wait for Time and God, / Do then thy work and force thy will on Fate... / Ascend, O soul, into thy timeless self; / Choose destiny's curve and stamp thy will on Time."* (p.693, 694,695)

And then, absolved from visions' and thoughts' grip, the founded spheres and forms get loose and heaven worlds vanish in spiritual light. Savitri finds herself in spaceless orbits and lives fulfilled in an ineffable world with energy of the triune Infinite: *In a measureless Reality she dwelt, / A rapture and a being and a force,... / To marry all in God's immense delight, / Bearing the eternity of every spirit, / Bearing the burden of universal love, / A wonderful mother of unnumbered souls. / All things she knew, all things imagined or willed:* (p.695)

And a voice cries: *Choose, spirit, thy supreme choice not given again;* (p.696)

Savitri asks the Lord to give her for the soul of men on earth Divine blessings of peace, calmness, joy, oneness, energy, deep love and sweetness: *"Thy peace, O Lord, a boon within to keep / Amid the roar and ruin of wild Time / For the magnificent soul of man on earth. / Thy calm, O Lord, that bears thy hands of joy... / Thy oneness, Lord, in many approaching hearts, / My sweet infinity of thy numberless souls... / Thy energy, Lord, to seize on woman and man... / Thy embrace which rends the living knot of pain, / Thy joy, O Lord, in which all creatures breathe, /*

Thy magic flowing waters of deep love, / Thy sweetness give to me for earth and men." (p.695, 696)

After a silence, a still blissful Voice is heard: *"O beautiful body of the incarnate Word, / Thy thoughts are mine, I have spoken with thy voice. / My will is thine, what thou hast chosen I choose: / All thou hast asked I give to earth and men... / Now will I do in thee my marvelous works..."* (p.698) Because Savitri chooses to share earth's struggle and pain and leans in pity over earth-bound men, she joins the Supreme Power of Work in Time and will raise the Earth-Soul to Light and bring down God into the lives of men. The great Voice praises Savitri's wonderful excellences and talks about her future work with the Supreme: *"For ever love, O beautiful slave of God! / O lasso of my rapture's widening noose, / Become my cord of universal love... / Built is the golden tower, the flame-child born. / Descend to life with him thy heart desires. / O Satyavan, O luminous Savitri, / I sent you forth of old beneath the stars, / A dual power of God in an ignorant world... / Bringing down God to the insentient globe, / Lifting earth-beings to immortality."* (p.702) The earth shall be stirred with sublime impulses and humanity shall awaken to its deeper self.

The Soul of Savitri plunges down through unseen worlds amidst joyful voices like a sinking star. She holds the Soul of Satyavan within her breast.

From a timeless plane that watches Time, a Spirit gazes out upon destiny with a glance of undying Love. A power leaned down, a happiness found its home. */ Over wide earth brooded the infinite bliss.* (p.712)

A meditative film of Huta's paintings illustrating passages from Savitri read by The Mother and accompanied by her own organ music which can connect us to the Divine Presence within and lead us towards the spiritual truth and the New Consciousness.

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday 4 February

Last Chance to See: Northern White Rhino

2009/ 59 minutes / Tim Green

Thankfully, lessons have been learned from the extinction that might mean the black rhino will not be allowed to dwindle into extinction. A relocation project for some of the remaining individuals is underway in Kenya. Rhino from Nairobi National Park are released into a 90,000 hectare conservancy, and although the area is fenced and protected, it's the closest the rhinos can get to a wild existence. Radio transmitters fitted into the relocated rhinos' horns allow the rangers to track the rhinos more easily in the vast conservancy. Sadly, the Northern White Rhino has been officially declared extinct.



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
31 January 2022 to 6 February 2022

Cinema Paradiso-Multimedia Center is in operation at 50% seating capacity as per the regulations. It is open to all. Mask is a must (and not scarves etc.) as well as standard Covid19 protocols. Please come prepared and enjoy the films.

Please note: we have rolled back our timing to **7:30pm** for now. To organize seminar/program please contact us via email. If as per regulation, there are any changes we will let you know.

Indian- Monday 31 January, 7:30pm:
SARDAR UDHAM

India, 2021, Dir. Shoojit Sircar w/ Vicky Kaushal, Banita Sandhu, Shaun Scott, and others, Biography, 164mins, Hindi-English w/ English subtitles, Rated: NR (R)

The Jallianwala Bagh Massacre of 13 April 1919 remains as a deep scar in Indian psyche, when Michael O'Dwyer blocked the escape route had fired on a peaceful gathering of ~20, 000 men, women, children, and for which India has never received an apology. After this criminal act O'Dwyer went back to England and won accolades. Udhham Singh – who believed in a casteless, classless society based on equity was stirred by this event. This film, based on true events, tells how he persevered and avenged the death of the innocents.

Italian – Tuesday 1 February, 7:30pm:
MISS MARX

Italy, 2020, Dir. Susanna Nichiarelli, w/ Romola Garai, Patrick Kennedy, John Gordon Sinclair, Biography, 107 mins, English w/ English subtitles, Rated: PG13

Bright, intelligent, passionate and free, Eleanor is Karl Marx's youngest daughter. Among the first women to link the themes of feminism and socialism, she takes part in the workers' battles and fights for women's rights and the abolition of child labor. In 1883 she meets Edward Aveling and her life is crushed by a passionate but tragic love story.

Interesting – Wednesday 2 February, 7:30pm:
COLECTIV (Collective)

Romania-Luxemburg, 2019, Dir. Alexander Nanau, Documentary, 109 mins, Romanian-English w/ English subtitles, Rated: NR
 The director follows a team of investigators at the Romanian newspaper Gazeta Sporturilor as they try to uncover a vast health-care fraud that enriched moguls and politicians and led to the deaths of innocent citizens. A movie with international resonance, because the problems of medical systems, e.g. lack of equipment and capacity, corruption and political interests are increasingly evident in many nations including the situation created by the recent pandemic. Starting from the Romanian realities, the film manages to tell a story with universal validity.

Selection – Thursday 3 February, 7:30pm:
MOFFIE

South Africa-UK, 2019, Dir. Oliver Hermanus, w/ Kay Luke Brummer, Barbara-Mariè Immelman, Michael Kirch, Drama-Romance, Afrikaans-English w/ English subtitles, 104 mins, Rated: NR

A young man in 1981 South Africa must complete his brutal and racist two years of compulsory military service while desperately maintaining the secrecy of his homosexuality.

International – Saturday, 5 February, 7:30pm:
ENCANTO

USA, 2021, Writer-Dir. Jared Bush-Byron Howard-Charise Castro Smith w/Stephanie Beatriz, Maria Cecilia Botero, John Leguizamo, and others, Animation-Adventure, 102mins, English-Spanish w/English subtitles, Rated: G

The film tells the tale of an extraordinary family, the Madrigals, who live hidden in the mountains of Colombia, in a magical house, in a vibrant town, in a wondrous, charmed place called an Encanto. The magic of the Encanto has blessed every child in the family with a unique gift from super strength to the power to heal-every child except one, Mirabel. But when she discovers that the magic surrounding the Encanto is in danger, Mirabel decides that she, the only ordinary Madrigal, might just be her exceptional family's last hope. *If you have already watched this film this is your chance to catch it on the large screen, and if you have not watch – you simply cannot miss!*

6 February
NO PROGRAMS DUE TO LOCKDOWNN

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

IMPORTANT INFORMATION ABOUT NEWS & NOTES



Hard deadline for submissions or cancellations: Tuesday 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.

- Please AVOID-CAPS letters
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.
- We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

Visiting hours: call or email for appointment.


Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.


News & Notes,
Media Centre, Town Hall, 0413-262-213

ACCESSIBLE AUROVILLE PUBLIC BUS



BEYOND THE STEP !

 Auroville TO PONDICHERRY				
	Trip 1	Trip 2	Trip 3	Trip 4
Svaram	7:00	9:30	14:15	17:00
Verite Udayogam Junction	7:02	9:32	14:17	17:02
Auroshilpam Youth Center Junction	7:04	9:34	14:19	17:04
Town Hall Parking	7:06	9:36	14:21	17:06
Mahalakshmi Home	7:10	9:41	14:27	17:11
Vikas Radial Junction	7:11	9:43	14:30	17:13
Solar Kitchen (Round About)	7:12	9:44	14:32	17:14
Certitude Enterance	7:15	9:47	14:34	17:17
New Creation Road	7:19	9:52	14:39	17:22
SBI Bank / Kulilapalayam	7:20	9:54	14:41	17:24
Handy Market (ECR Junction)	7:24	9:59	14:46	17:29
Quiet Healing Center – Junction	7:27	10:04	14:49	17:33
Lotus Hotel, SV Patel Road	7:37	10:16	15:01	17:50
Ashram Road Junction	7:40	10:20	15:05	17:55
Ashram Dinning Hall	7:45	10:20	15:05	17:55

 Pondicherry TO AUROVILLE				
	Trip 1	Trip 2	Trip 3	Trip 4
Ashram Dinning Hall	8:00	13:00	15:30	18:10
Ashram Road Junction	8:02	13:02	15:32	18:14
Lotus Hotel, SV Patel Road	8:06	13:06	15:36	18:18
Quiet Healing Center – Junction	8:18	13:18	15:48	18:30
Handy Market (ECR Junction)	8:21	13:21	15:51	18:33
SBI Bank / Kulilapalayam	8:26	13:26	15:56	18:38
New Creation Road	8:28	13:28	15:58	18:40
Certitude	8:35	13:35	16:03	18:45
Solar Kitchen (Round About}	8:38	13:38	16:06	18:48
Vikas Road Junction	8:39	13:39	16:07	18:49
Mahalakshmi Home	8:40	13:40	16:08	18:50
Town hall Main Parking	8:45	13:45	16:13	18:55
Auroshilpam Youth Center Junction	8:47	13:47	16:17	18:57
Verite Udyogam Junction	8:49	13:49	16:19	18:59
Svaram	8:50	13:50	16:20	19:00

AV Bus Fares

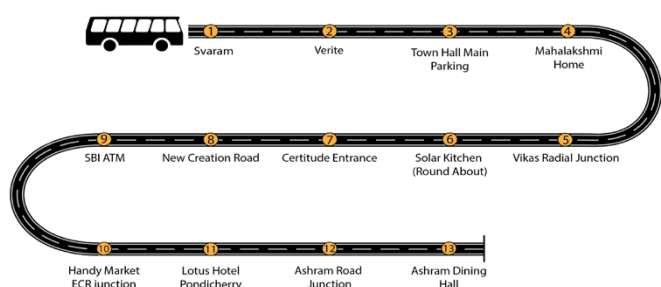
- Trip 1, resumed from 10.01.2022 as the schools in Pondicherry opened partially.

Fare regulations:

- Cash / Account payment.
 - Aurovilians/ New Comers, Rs.100 / per round trip.
 - Guests/ Volunteers- Rs.150 / per round trip.
- Monthly Bus passes:
 - **General Passengers** bus Pass: Rs.550 / 10 round trips allowed in a month.
 - **Students** bus pass: Rs.850 / per month.
 - **Workers of Auroville Units/ Service** from Pondicherry Rs.850 / per month

Email: avbus@auroville.org.in

Phone: +91 94430 74825



EMERGENCY SERVICES

Ambulance (24/7):

- Auroville – 9442224680
- PIMS – 0413 2656271

Security (24/7):

- Auroville Safety & Security Team – 9443090107
- Auroville Police Station – 0413 2677318
- Kottakuppam Police Station – 0413 2236148
- Vanur Fire Station – 0413 2677368

Health

- Health Center – 0413 2622123
- Santé – 0413 2622803 / 0413 2623937
- Farewell – 8903836246

Mental health 24/7 support:

- Mattram – 9487746051

India Emergency Response Service (24/7)

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